

The Cape Courier

Volume 29 Number 14
Sept. 23 - Oct. 6, 2016

An Independent Not-for-Profit Newspaper
Serving Cape Elizabeth Since 1988

capecourier.com

Loose pigs damage fields, Public Works works fast



Contributed photo

Pigs wandered onto the Gull Crest fields and damaged them, tearing up the grass alongside the playing surfaces.

By Kevin St. Jarre

Pigs wandered onto the athletic fields at Gull Crest recently, digging up the surface. Jeff Thoreck, athletic administrator for the Cape Elizabeth school district, said that despite the damage, it could have been worse.

Thoreck said, "As you can see from the photo, we were very fortunate the damage from the pigs burrowing in the sod occurred on the outside perimeter of the athletic fields at Gull Crest. Had this happened on the playing fields we would have had to close them indefinitely. Upper and lower Gull Crest fields are frequently used by the high school, middle school and youth teams in the fall. Losing this space would have created some serious logistical challenges with facility scheduling."

Thoreck said he credits Cape Elizabeth Public Works for their repair work. He said, "If it were not for them, I am not sure we would have been able to host the cross-country meet that was scheduled that afternoon. The teams were just starting to arrive as [Public Works] were finishing up."

Attempts to reach the owners of the pigs were unsuccessful.

Cape Elizabeth School Board holds monthly meeting

by Pam Torre

On the evening of Sept. 13, the Cape Elizabeth School Board approved a \$90,782 lease purchase agreement for a new school bus. \$31,544 was budgeted to pay for the lease this year with an interest rate of 2.08 percent.

Two high school student representatives, Kinnon McGrath and Maggie Gleason, discussed the installation of a new security system and a new door at the high school. Seniors will be issued security cards to be used with the new system. In general, students were positive about the new safety measures. They also reported on a change to the Upper Links program that fosters connections between freshmen and upperclassmen to allow the students to meet more regularly, instead of just once.

Greg Marles, facilities manager, presented the annual construction report, which included 33 different projects. The department completed \$2.2 million dollars worth of work in eight weeks for the schools. Some

-see SCHOOL BOARD, page 14

Public hearing on paper roads draws long line of speakers

By Bob Dodd

Nearly 40 residents provided the Town Council with a great deal of input – about 90 minutes' worth – into what the town should do with its paper roads.

The town has identified about 50 paper roads that need to be acted on by 2017. The majority comments were narrowly focused on just a handful.

Councilors voted to table any action on the paper streets until their Oct. 5 meeting, providing time to process the input from the public hearing at a future workshop.

Paper streets are roadways that have appeared in development plans over the years but were never built. The undeveloped parcels have taken on many guises over the years: as informal pedestrian pathways, gardens or yard extensions, or simply strips of land left to grow wild.

The Town Council has proposed a list of recommendations for all but five of the 50 or so paper streets within the town. Recommendations consist of one of three possible actions for each: 1) vacating the town's paper street rights to the abutting property owners; 2) extending the town's rights for up to another 20 years; or 3) accepting outright the town's rights to the property.

The list of recommendations includes a brief statement behind the recommendation to vacate, extend or accept the town's rights to each paper street listed. A more detailed report behind each of the recommendations is also available for public review.

In 1997, the town extended its rights to paper streets for 20 years, as allowed by state law. The extension expires in 2017, prompting the council to act now on the various recommendations.

Shore Acres roads a major point of contention

Public hearing comments largely zeroed in on paper streets in the Shore Acres neighborhood, Surfside Avenue and Atlantic Place, recorded in the original 1911 subdivision plans and that for generations have provided pedestrian access to the shore.

Twenty-five of the 40 residents who spoke focused their comments on these undeveloped roads. This group was clearly divided between those advocating for the town to vacate its rights to the paper streets and those urging the town to either permanently retain these rights or extend its rights for up to another 20 years.

The 2,250-foot-long Surfside Ave., a shoreline dirt path, and the 580 foot Atlantic Place to be both provide access to shoreline.

Supporters of vacating the town's rights argued that all Shore Acres residents have deeded rights to continue to use the pathways even if town vacates its rights. Several raised concerns regarding adverse impact on abutting property values, increased traffic, parking problems and safety issues in the neighborhood if the parcels were made part of the town's greenbelt trail system.

"You now have the opportunity to end this," said Kara Leopold, alluding to the neighborhood divisiveness over the issue, "and give people some peace in their homes, and I urge you to do this."

Those advocating for the town to retain its rights to the parcels supported making the pathways publicly accessible to all residents. Several said the pathways would make an important addition to the greenbelt trail system.

-see PAPER ROADS, page 14

Wave watching at Two Lights State Park



Photos by Martha Again



The Cape Courier
 P.O. Box 6242
 Cape Elizabeth Maine 04107
 207-838-2180
www.capecourier.com

OUR MISSION STATEMENT
 The mission of The Cape Courier is to foster a sense of community by presenting news specific and unique to Cape Elizabeth and its residents, and, whenever possible, to promote volunteerism within our community.

BOARD OF DIRECTORS
 Trish Brigham, Debbie Butterworth, Bob Dodd, Jerry Harkavy, Martha Kelley, Bill Springer, Beth Webster

Publisher: Kim Case
info@capecourier.com

Editor: Kevin St. Jarre
editor@capecourier.com

Advertising Manager: Jess LeClair
 (Display and classified ads)
advertising@capecourier.com/207-631-8414

Bookkeeper:
billing@capecourier.com

Proofreaders:
 Jerry Harkavy

Webmaster: Wendy Derzawiec

Photo finishing: Ann Kaplan

Distribution: Tracy Northrup

Technology Services: Chad Braley

For general information:
info@capecourier.com/207-838-2180

Writers: Debbie Butterworth, Wendy Derzawiec, Bob Dodd, Erika Carlson Rhile, Marta Girouard, Robin Loughman, Sarah MacColl, Ellen Van Fleet

Photographers: Martha Agan, Jenny Campbell, Ann Kaplan, Joanne Lee, Katherine Urbanek

The Cape Courier is printed by Alliance Press in Brunswick and mailed free to residents 22 times a year. We disclaim all legal responsibility for errors, omissions or typographical errors. All reasonable care is taken to see that errors do not occur. We print corrections upon timely notification.

LETTER & SUBMISSION POLICY
 Letters may not exceed 250 words. We reserve the right to refuse letters and to edit for length, accuracy, clarity and civility. We do not withhold names and writers may be limited to one letter per month. Petition-style letters will be declined. Letters reflect the opinion of the author, not The Cape Courier. Email letters to: editor@capecourier.com or mail to P.O. Box 6242, Cape Elizabeth, ME 04107. Please note: Letters will be acknowledged by email.

NEXT ISSUE: Oct. 7
DEADLINE: Noon, Sept. 23

SUBSCRIPTIONS
 \$21.10/year in Maine; \$25 out of state
 \$15 student (9 months)
 \$12 half year
 (These amounts include state sales tax, which The Cape Courier is required to charge.)

Name: _____

Address: _____

Amount enclosed: \$ _____

Today's date: _____

Mail to:
 The Cape Courier
 P.O. Box 6242
 Cape Elizabeth, ME 04107

Fort Williams faces battle with invaders

There has been a lot of concern and effort in Cape regarding so-called "invasives." Fort Williams Park is attacking it head on, and today I saw a sign in Robinson Woods specifically addressing "swallowwort."

Our family moved into a home abutting Fort Williams with a yard covered in swallowwort. I learned that back in the day, the military planted swallowwort in Fort Williams because it grows fast and thickly covers, great for wartime. This explains why it's so prevalent along Shore Road and surrounding areas.

Three years ago our yard was covered in swallowwort pods. In an attempt to be a good neighbor, it became my mission to 'de-pod'; I took down wheelbarrows full of pods. The next year we had less than half the amount and 3 years on, it's nearly gone, even being next to ground zero, Fort Williams Park.

I'm not a gardener, not even close, but I've seen that swallowwort appears to be an annual; it doesn't require taking out the roots, but only getting rid of pods, so that it doesn't reseed. Then doing this consistently for 2+ years, merely breaking the vine, so that the pods don't ripen and burst, works better than doing nothing at all.

Unlike purple loosestrife, bittersweet and knotweed, which are everywhere and require removal of roots, swallowwort is largely contained to our immediate area: it hasn't gotten as far as Scarborough.

So many invasives are impossible to get control over; we have a unique opportunity with swallowwort before it chokes our native plants further and spreads.

To those of us who have this nasty invasive wouldn't it be great that if every time we see a pod, we pull a pod? Hopefully in a few years, working together, it will be eradicated in Cape Elizabeth and we'll have saved our neighbors in other communities while preserving our native plant habitat. Swallowwort is also bad for butterflies; they think it's milkweed. With a little bit of effort, we can peaceably get rid of this wartime carry over.

Thank you for your consideration,

Beth Herriman

THANK YOU!

Your voluntary subscriptions and other contributions help keep this community newspaper coming to your mailbox.

Thank you to this recent generous contributor:

Anonymous

Checks made out to The Cape Courier may be mailed to P.O. Box 6242, Cape Elizabeth, Maine, 04107. Future contributions will be acknowledged in an alphabetical format. Please include a message on your correspondence if you prefer to remain anonymous.

Support for State Senator Rebecca Millett

I am proud, relieved, and delighted that Rebecca Millett is willing to represent our community in the state Senate once again. During this period of heightened political froth, Rebecca's steady leadership, ability to work with all groups, and respect for and from her colleagues, are all characteristics that are more important than ever, and which contribute to her being a particularly effective state senator. Her intelligence, hard work, determination, and persistence complete the package.

Rebecca has energetically assumed leadership positions on issues critical to creating a better future for our children and all Mainers. Six years on the Cape School Board have given Rebecca an informed view of how state education policies play out locally. This experience allowed her to lead the way

on progress on the arcane school funding formula, which has historically created budgeting headaches for local districts.

On a broader issue that affects our quality of life and the potential for our children to find well paying jobs within our borders, Rebecca understands that Maine's differentiated economic proposition is its abundant and potentially pristine natural resources. This is why Rebecca has worked so hard to pass bills focused on safeguarding and improving water quality throughout the state.

Like all Mainers, Cape residents deserve to have strong and experienced representation in our state government. Please join me in voting for Rebecca Millett for state Senate.

Frank Governali

Support for Martha MacAuslan for senate

My name is Tammy Walter and I am fortunate enough to live in Cape Elizabeth and to be represented by Martha "Molly" MacAuslan.

In my official capacity as president of the Spurwink Rod and Gun Club, I have had many dealings with the Town Council in Cape Elizabeth where Martha is chairperson.

I found her to be a true champion of fairness. Although our club may not have always agreed with the direction of the Town Council, I feel as though she has always

been respectful to us. Martha "Molly" MacAuslan has always been keen to listen to all sides of an issue.

Martha is a freethinking open-minded voice of reason and I have the utmost respect for her.

We need to change the attitude in Augusta and elect legislators who listen to all viewpoints, not just that of their party. If that's what you're looking for, join me and vote for Martha "Molly" MacAuslan for state Senate.


Tammy Walter

The Cape Courier needs YOU!


SEEKING: Proofreading Volunteers

The Cape Courier is seeking new volunteers to join our proofreading team. If you have editing experience we'd love to hear from you! We meet for a few hours twice a month. No computer experience needed, just bring your favorite red pen. Can't beat the perks: good company and tasty pastries!

Email us at info@capecourier.com





Owned and operated by NRT



The Balfour's
FREE
Opinion of Value

There is a Difference in Real Estate Services

2015 Top Producer 

HIRE BRUCE & RAYE AND START PACKING
Broker/Associate Broker

831.0166 cell/text
799.5000 x114
www.balfoursellshomes.com

Ranger Ron keeping the beaches clear



Photo by Martha Agan

Ron Ahlquist, also known as Ranger Ron to kids, works tirelessly to keep the beaches clean, safe, and looking good.

By Martha Agan

Ron Ahlquist, also known as Ranger Ron to the children he meets at informative school visits, has the task of keeping up the appearance of Kettle Cove, Two Lights and Crescent Beach State Parks in Cape Elizabeth.

Every other day he moves piles of sand and seaweed to make the beaches enjoyable for beachgoers. Often the piles are pushed up against the dunes to help preserve and protect the dunes.

This approach to dune restoration is done

throughout Maine's coastal state parks.

Ahlquist also often removes trash left as a constant reminder of people's visits.

The Maine Coastal Program dedicated the week of Sept. 17 to 24 for waterway cleanups around our state. Details can be found by searching Maine Coastweek Coastal Cleanup.

Cape Elizabeth residents have the opportunity to enjoy the state parks in their own town. Many people support the parks by buying a Maine state park pass each year.

Disposal fees at Recycling Center waived

Disposal fees at the Recycling Center will be waived for residents transporting their own material and/or items from Saturday, Oct. 15 through Monday, Oct. 31. Commercial haulers will still be assessed fees in accordance with current regulations.

In addition to the above dates, the Recycling Center will also be open the following Sundays for the disposal of recyclables, leaves, yard waste, wood waste, bulky waste

and brush only. Fees will be assessed for all applicable items on Sunday, Nov 6 and Sunday, Nov 13. As a reminder, no household refuse will be accepted at the Transfer Station on the Sundays listed below.

- Sunday, Oct. 23: 10 a.m. to 4:30 p.m.
- Sunday, Oct. 30: 10 a.m. to 4:30 a.m.
- Sunday, Nov. 6: 10 a.m. to 4:30 a.m.
- Sunday, Nov. 13: 10 a.m. to 4:30 a.m.

Speak Out

Each issue, The Cape Courier provides a topic and invites readers to share their opinions. Those who respond must choose one side or the other, and make a well-reasoned case for their position. One submission from each side will be selected and printed here in the next issue. It is our hope that these dialogues will be thought-provoking.

Topic for the October 7 issue:

“Kids today spend too much time in front of screens.”

Email your submissions to editor@capecourier.com with “Speak Out” in the subject line. The deadline for the next issue is Sept 16, 2016. You must include an email address or phone number. Suggestions for future topics are welcomed.

We reserve the right to refuse any or all submissions and to edit for length, accuracy, clarity and civility. We do not withhold names. Submissions to Speak Out reflect the opinion of the author, not The Cape Courier. Our selection of topic is no indicator of any position taken by The Cape Courier.



DRINAN PROPERTIES

30 Years' Experience • 24/7 On-Call Service
Fully staffed office & maintenance division

Leasing more homes than anyone in Greater Portland • drinanproperties.com
(207) 799-6828 or 799-0829 • mike@drinanproperties.com

CHOOSE LOCAL, CHOOSE VRCCE

10% OFF EXAMS FOR NEW AND REFERRING CLIENTS

- General & Preventive Medicine
- Surgery • Dentistry
- House Calls • Training
- Behavior • Nutrition
- Rehabilitation with Underwater Treadmill

207 OCEAN HOUSE ROAD
CAPE ELIZABETH, MAINE
207-799-6952 • VRCCE.COM



VETERINARY AND REHABILITATION CENTER OF CAPE ELIZABETH

celebrating 30 years of feeding friends and family the pleasure has been ours

thank you THANK YOU THANK YOU
thank you THANK YOU THANK YOU
thank you THANK YOU thank you THANK YOU
THANK YOU thank you thank you THANK YOU
thank you thank you THANK YOU thank you
thank you thank you thank you thank you



the good table restaurant

Route 77, Cape Elizabeth • 799-4663
www.thegoodtablerestaurant.net

*** I Fix... You Smile! ***

Wish List

Home Improvements

Dave Thibodeau • wishlisthomeimprovements.com
Call: 874-0178

- ✓Carpentry
- ✓Repairs
- ✓Doors
- ✓Custom Woodwork



2015 BEST OF HOUZZ!
www.houzz.com/pro/greathelpdave

Lively and public pool forum held, rules discussed

By Sarah MacColl

A public forum held Aug. 25 was intended to give Pool Manager Andrew Kemp helpful input about what works at the Richards Community Pool and what needs to change. The crowd had little to say about the fitness center, but was passionate about the pool.

Ann Houser, forum moderator, summed up the brainstorming session with two points. First, people appreciate the pool and staff tremendously. This was elucidated by the evening's flip chart list, "What's Working."

Second, many issues in a "Needs Improvement" category are about intended or assumed rules and how people don't always pay attention to them. (See sidebar.)

For example, the locker rooms get very messy when groups of younger swimmers come in and drop their backpacks in a heap on the floor. Some said it was irritating and unsafe, but the question was is there a good place to put all of those bags, and if a rule existed.

Lap swimmers who have finished their workout as part of a program sometimes hang around and chat in the pool, while others are waiting for the lanes. Forum participants wondered if a lifeguard should enforce a non-chatting post-workout rule

Water walkers are welcome, but people wondered what the rules are when it comes to walkers and swimmers wanting to use the water at the same time.

On a policy note, the question was when should a program change if there are not enough people enrolling, or when demand is too high and there is not enough room for the program in the assigned lanes? Again, forum



Photo by Martha Agan

A public forum held Aug. 25 was intended to give Pool Manager Andrew Kemp helpful input about what works at the Richards Community Pool and what needs to change.

members asked if a rule may be appropriate for Community Services to consider.

The term "pool culture" was mentioned. Attendees felt the culture may need to change to accommodate new realities of who is using the pool and how. Yet culture develops over time from habitual staff and user interaction and is not typically changed by edict. There was some agreement that helping lifeguards help users follow rules is important and that communication is crucial and rules clarification will help.

As a backdrop for the brainstorming session, Russell Packett, director of Community Services, provided the financial data about the pool as well as an update for the in-

stallment of the new air handling system and other facility improvements. In FY 2016, net revenues were broken down as follows: 24 percent from memberships, 24 percent from youth programs, 18 percent from Coastal Maine Aquatics pool rental, 17 percent from adult programs, 10 percent miscellaneous, such as pool parties and various other rentals, and 7 percent all other, including school programs. It costs \$102 hourly to run the pool, spread over its open hours. It costs \$8.50 hourly to run the fitness center.

The Community Services Committee extended its thanks to all who attended.


What's Working?

Working Well

- Lap swim at a variety of hours
- Waterworks class
- Great staff
- Cards for pool access
- The new Coast Endurance class
- Hot tub
- Access to the pool for summer Rec Camp kids
- The new youth Cyclones program
- Pay as you use
- Pool time for training for Special Olympics
- Adult swim lessons
- The new circle swim signs
- The early a.m. adult classes

Needs Improvement

- Clarity for pool users to know whom to ask to solve each kind of problem
- Locker size too small
- Rules for locker room, including supervision and stuff storage
- Allocation of lanes for formal programs based on changing demand
- Circle swimming monitoring
- Water walkers and other non-swimming exercisers: when, where?
- Protecting early a.m. lap swim times from erosion
- Improve "blurred" times (effective transitions from formal class to lap swim time)
- Not enough older lifeguards
- Outside shoes on pool deck
- Kids not following rules
- Airborne items during lap swims
- Wet locker room floors at 5:30 a.m.
- Community Services monthly meetings: clarify that they are open to public
- Consistency and communication when private lessons or high school kayak programs will reduce pool lanes
- Accommodate all different levels of swimmers
- Install digital clock for swimmers needing visible timing device





**RE/MAX[®]
OCEANSIDE**

Frank S. Strout
Broker

1237 Shore Road, Cape Elizabeth, Maine 04107
Office: 207.799.7600 x104 Cell: 207.776.4245
Toll Free: 888.558.0558
Frankstrout@remax.net www.OceansideMaine.com

Each Office Independently Owned and Operated





Brahms Electric



For All Your Residential Electrical Needs
(Repairs/Remodels and New Construction)

Dependable and Affordable!
Call: (207) 749-1343




RUDY'S

SOCIAL HOUR

3 - 5 PM

If you don't use it, you'll lose it!

Social Hour is a great time to get
drink specials and amazing bites
(\$4 fish tacos!!)



All are welcome. 517 Ocean House Road, Cape Elizabeth • 207-799-0270 • rudysme.com



Time for Senior Photos!

CLAUDIA DRICOT
PHOTOGRAPHY

207.899.5039
claudiadricot@gmail.com
claudiadricot.com

The Cape Courier makes a great gift for a young Caper heading off into the world. Keep them in touch with what is happening back home! Get them a subscription today!

Harassment, trespass, animal complaints, and an organizer found

Reported by Debbie Butterworth

COMPLAINTS

- 8-20 An officer met with a resident regarding a telephone harassment complaint.
- 8-22 An officer met with a resident of the Mitchell Road area regarding a trespass complaint.
- 8-22 An officer met with a resident of the Spurwink Avenue area regarding a trespass complaint.
- 8-22 An officer met with a resident of the Shore Road area regarding a harassment complaint.
- 8-23 An officer met with a resident of the Ocean House Road area regarding a motor vehicle burglary complaint. Cash and gift cards were taken from the vehicle.
- 8-23 An officer met with a resident of the Spurwink Avenue area regarding a trespass complaint.
- 8-24 An officer met with a resident regarding harassing phone calls.
- 8-24 An officer met with a resident of the Old Ocean House Road area regarding tax fraud ID theft.
- 8-25 An officer received a Kindle Fire that had been found on the roadway on Route 77. The owner was identified and property returned.
- 8-27 An officer received a small personal organizer containing money, miscellaneous receipts and a business ID.
- 8-27 An officer met with a resident in the Spurwink Avenue area regarding a trespass complaint.
- 8-27 An officer met with a resident in the Mitchell Road area regarding suspicious activity and a possible theft.
- 8-28 An officer met with a resident of the Ocean House Road area regarding criminal mischief to a residence.
- 8-28 An officer met with a resident of the Shore Road area regarding illegal use of fireworks near his residence.
- 8-29 An officer responded to a residence in the Spurwink Avenue area with the animal control officer regarding an animal trespass complaint.
- 8-31 An officer met with a Public Works foreman at the clubhouse at Lion's Field Little League facility where he had discovered that someone had tried to gain entry and damaged the door.

- 8-31 An officer met with a resident of the Spurwink Avenue area regarding issues with a private contractor.
- 9-1 An officer met with a resident of South Portland regarding a suspicious person complaint.
- 9-2 Two officers responded to a residence in the Spurwink Avenue area regarding an animal trespass complaint.
- 9-2 Two officers responded to a residence in the Spurwink Avenue area regarding an animal trespass complaint.
- 9-3 An officer met with a resident in the Ocean House Road area regarding damage to a door of a storage shed.
- 9-4 An officer met with a resident of the Mitchell Road area regarding a motor vehicle violation complaint.
- 9-4 An officer responded to a residence in the Shore Road area for a dog that had been continuously barking for several hours. No one was home. The officer made contact with the owner who was warned that he was in violation of a town ordinance.
- 9-4 An officer responded to a report of a large gathering of juveniles at the end of Tall Pine Road. When the officer arrived, several juveniles fled the area leaving behind numerous beer cans and a bicycle. The silver and black mountain bike was brought to the police station for safekeeping.
- 9-5 An officer met with a resident of the Ocean House Road area regarding a harassment complaint.

ACCIDENTS

- 8-23 Kris Maylaert, Daniel Ramirez, accident at Fort Williams Park
- 8-23 Patrick Callahan, Robery Schatz, accident on Ocean House Road
- 8-26 Gloria Luce, Arthur Johnson, accident on Meadow Way
- 8-29 Carolin Corbin, Sonia Sarate, accident on Ocean House Road
- 9-1 Ann Googins, Claudia Dricot, accident in Pond Cove Shopping Center

SUMMONSES

- 8-25 Portland resident, operating after license suspension, Route 77
- 8-27 Portland resident, operating after license suspension, Route 77
- 8-27 South Portland resident, speeding (60/45 zone), Bowery Beach Road

- 8-30 Portland resident, operating after license suspension, Route 77
- 9-2 South Portland resident, speeding (60/35 zone), Spurwink Avenue, \$263
- 9-2 Cape Elizabeth resident, animal trespass, Spurwink Avenue
- 9-2 Portland resident, operating after license suspension, displaying suspended license, Route 77
- 9-3 Portland resident, uninspected vehicle, Route 77, \$133
- 9-3 Saco resident, refusing to stop for police, refusing to submit to arrest
- 9-4 Belfast resident, parking in handicapped space, \$165
- 9-5 Scarborough resident, operating after license suspension, failure to pay fine, \$310

JUVENILE SUMMONS

- 8-27 Cape Elizabeth resident, violation of interim license, Cape Elizabeth High School
- 8-28 Scarborough resident, false public alarm
- 9-2 Cape Elizabeth resident, unregistered vehicle, Scott Dyer Road

- 9-2 Cape Elizabeth resident, violation of learner's permit

ARRESTS

- 8-23 Waterboro resident, operating after license suspension, Scott Dyer Road
- 8-25 Portland resident, operating after license suspension, Route 77
- 8-29 South Portland resident, warrant, Ocean House Road
- 9-3 Saco resident, failure to stop for police officer, failure to submit to arrest
- 9-5 Hollis resident, warrant, Fort Williams

FIRE CALLS

- 8-28 Rocky Point Lane, fire alarm
- 8-29 South Portland Mutual Aid
- 8-29 South Portland Mutual Aid
- 8-30 Portland Mutual Aid
- 8-31 South Portland Mutual Aid
- 9-4 Crescent View Avenue, fire alarm

RESCUE CALLS

There were 18 runs to Maine Medical Center. There were 3 patients treated by rescue personnel but not transported.

Read The Cape Courier at capecourier.com

TwoLightsDental.com

Family | Cosmetic | Invisalign

Dr. David Jacobson

Cape Elizabeth's Trusted Dentist 207.767.3241





town & shore

ASSOCIATES LLC

www.townandshore.com



Scarborough

This charming one owner home has it all! Close to beaches and situated on a 1.99 acre lot, you will love the spacious farmer's front porch and rear deck! This 3-4 bedroom home boasts an open floor plan with hardwood floors, a wood burning fireplace, a lovely kitchen, and 3 spacious bedrooms, plus an additional 4th bedroom or "bonus" room over the 2 c garage. 3rd floor is easily accessible and ready to be finished if desired! \$462,900

Cape Elizabeth

Charming and unique cape style home situated on almost 2 acres! Featuring an open kitchen, family room, dining and living area with a vaulted ceiling, wonderful windows, a gas stove and a fireplace with hardwood flooring throughout! The 1st floor offers one bedroom and a full bath and there are two additional bedrooms on the 2nd floor. \$489,000



VIRTUAL TOUR AT MASKEWITZ.COM



DIANNE MASKEWITZ
BROKER/OWNER
207.523.8112



BRENDA CERINO
ASSOCIATE BROKER/OWNER
207.523.8113

South Portland Adult Education

CLASSES OFFERED FALL 2016

For detailed information, please visit www.southportland.maineadulted.org

ACADEMIC CLASSES

- **HiSET/Accuplacer Preparation Class:** If you did not earn your high school diploma, the HiSET (High School Equivalency Test) is a test you can take to earn the equivalency of the diploma.
- **Math Lab for HiSET/Accuplacer**

ENRICHMENT CLASSES

- Beginning Guitar
- How to Sell on eBay!
- Chalk Painting Furniture
- Paint a Vintage Holiday Sign
- Fiction Writing Workshop
- Fall Healthy Lawn Care Made Simple Seminar
- Creating a Mosaic

BUS TRIPS

- The National Shrine of Our Lady of La Salette in Attleboro, Mass.
- Christmas Craft Fair in Boston, Mass.
- Haunted Happenings in Salem, Mass.
- Shop 'Til You Drop in Wrentham, Mass.

Phone: (207) 767-3266 ext. 3834
Email: brenneda@spsd.org or beaulian@spsd.org
Website: www.southportland.maineadulted.org
South Portland High School, 637 Highland Avenue, South Portland, Maine

ON-LINE CLASSES

- Interview Skills
- Career Preparation

LANGUAGE CLASSES

- English as a Second Language Evening Classes
- ESL Daytime Classes
- Travel Spanish
- Italian for Travelers

DRIVING CLASSES

- School Bus Driver Training
- Driving Dynamics

What is the Cape Elizabeth Education Foundation?

By Robin Loughman

Funding for fresh ideas to enrich learning doesn't always fall within the public school budget. Opportunities may pop up unexpectedly, like a chance to bring in an expert speaker. Others may percolate as an existing program evolves.

Fortunately, the seeds of creativity don't have to lie dormant. Constant nudging to "dream big" from the Cape Elizabeth Education Foundation encourages classroom pioneers to turn all kinds of mind-stretching proposals into reality.

Founded by visionary parents in 2001, CEEF to date has granted \$1.3 million to 239 cross-disciplinary projects benefiting students and teachers in all three district schools. Funds are raised through direct appeals and events.

CEEF's focus on innovation has "remained steadfast," said Liz McEvoy, grants committee chair on the nonprofit's 15-member board. "Our grants have always included a huge mix of ideas," she said, listing lan-

guage arts and world languages, the sciences, robotics, publications and theater arts as examples.

As goes the world, so go proposals. Reflecting new trends in education, a recent CEEF grant for "project-based learning" is now supporting a pilot program to boost student engagement in the middle school. Social issues, too, are addressed, such as those spotlighted on "Sexual Assault Awareness Day," a student-planned seminar held last May at the high school.

"This was one that was really outside the box for us," said CEEF Executive Director Ellen Jordan, noting that the messages were for everyone, not just women. Open to juniors, seniors, parents and faculty, the event earned high marks for its professionalism, broad appeal and down-to-earth speakers.

Grant proposals are solicited from administrators, students and teachers twice a year and announced in the spring and fall. CEEF's guidelines call for creative ideas that enhance the curriculum, encourage collaboration, explore new teaching practices, and have a widespread effect on current and future students and teachers.

According to McEvoy, each grant cycle typically allocates from \$7,000 to \$25,000. Last spring, however, close to \$75,000 was awarded, including an "impact grant" of nearly \$43,000 to upgrade the library at Pond Cove Elementary School into "more of a 21st-century media center," she said.

Jordan credits the Cape Elizabeth community for CEEF's continuing ability to encourage creativity. "These projects wouldn't be funded if we didn't have so many generous people in this town: parents, alumni, businesses, people who've grown up here

who come back. It's such a wide variety of people who think this is an important thing to do and that's what makes it so valuable."

Jordan also praised the school district for providing education that addresses the whole person. "One of the things that Cape Elizabeth does, and that CEEF plays a role in, is provide a very holistic education. It's not just test, test, test. It's 'How are you going to be the best person you can be?'"

As an educational partner, CEEF aligns with the school district's goals "but pushes it a little with innovation," explained Jordan, adding that she meets monthly with Interim Superintendent Howard Colter on CEEF activities and other issues and connects with the Board through member Michael Moore, liaison to the CEEF board.

CEEF's board of directors includes a cross section of community residents, teacher advisors, and two high school students who share a position.

The next deadline for proposals is Oct. 24. In early November, applicants will be invited to go before CEEF's grant committee to support their requests.

"It's so uplifting," said Jordan, describing presentation sessions that often run well into the night.

"On the one hand, you have people in the community entrusting us to do amazing things with their money. And on the other hand, you see these students and teachers who are giving of their own free time come in and say, 'I have this really neat idea... would you take a chance on me?' And we're able to."

For more information on CEEF, visit www.ceef.us.



Photo by Martha Agan

John Elwell of Cape Elizabeth adds minerals from the ocean to his fall garden. Here he collects rockweed from mounds of loose seaweed brought to shore by stormy waves. In the summer he edges his garden with seaweed to keep weeds out. The salt and sharp edges of seaweed deter slugs and other garden pests. Using it as a mulch can also aerate the soil, much like peat moss, and is known to help reduce fungus and diseases in garden plants.

Cape Elizabeth Lions Club Seeking New Members



Everyone is welcomed. Meetings are the 1st & 3rd Tuesday of every month.

Call Bill at 653-6496 or email: Cape.Elizabeth.Lions@Gmail.com to sign up for your first meeting (at least 4 days in advance, please).

Facebook: Cape Elizabeth Lions Club



Invisible Fence Brand
The Brand Vets Recommend Most For Dog Safety and Freedom

Invisible Fence of Southern ME
"Your Pet is Our Priority"

207-781-2400

417 US Rte. 1 Falmouth

www.invisiblefence.com

TVK Construction

ALL JOBS - Big or Small

Terry V. Keezer, Owner
Fully Insured



207.252.7375
www.TVKconstruction.com

The next Courier deadline is Friday, Sept 23

The Cape Courier

Strong Community Means Healthy Business.



Advertise with Us Today!

207-631-8414 • advertising@capecourier.com

Buying, Selling or Investing?



Vicki Kennedy Jeff Kennedy Frank Strout Doug Schauf Lisa Jesmain Steve Seabury Guy Gledhill Rusty Pillsbury


Local knowledge with decades of experience.
Call or stop by for all your real estate needs.

RE/MAX
Oceanside 

207-799-7600
1237 Shore Rd., Cape Elizabeth
www.OceansideMaine.com

you know what they say about apples...

hot apple pie with cinnamon ice cream, macintosh apple martinis, apple pie salad, butternut squash and apple galette, caramel apple belgium waffle...



the good table restaurant

Route 77, Cape Elizabeth
799-4663
www.thegoodtablerestaurant.net

Autumn Equinox

When I arose one October morn
I heard the wail of the lighthouse horn.
And the morning sky was blazing red,
Looking easterly of Portland Head.

I knew the meaning of its mournful wail
And the prediction of an oft told tale.
Red sky in the morning, goes the refrain.
It won't be long before we have rain.

Fog and rain have become more frequent,
The fragrance of the air unusually piquant.
Many hours of daylight have been lost
And colder nights bring the threat of frost.

The oaks and maples are all ablaze
Heralding the start of the leaf-peeping craze.
In the mountains snow has been falling
And overhead wild geese are calling.

The carpet of acorns that lie thick underfoot
Will be hidden by squirrels in each cranny and nook.
Leaves of yellow, red and gold, in profusion,
Lie on my lawn in jumbled confusion.

The days and weeks are slipping by fast,
It's time I prepare for winter's cold blast.
Though I work hard, it's always my fear
That I'll still be preparing this time next year.

by Leslie L. Newton

Do you have a poem you'd like to have considered for print? We would love to read it! Email editor@capecourier.com and put 'Poem' in the subject line of your email. All submissions will be reviewed and published at the editor's discretion.

'American Pickers' to film in Maine



Contributed photo

"American Pickers" Mike Wolfe, Danielle Colby and Frank Fritz are returning to Maine and searching for leads on antiques.

Mike Wolfe, Frank Fritz and their team are excited to return to Maine! They plan to film episodes of the hit series "American Pickers" throughout the region this fall.

"American Pickers" is a documentary series that explores the fascinating world of antique "picking" on History Channel. The hit show follows Wolfe and Fritz, two of the most skilled pickers in the business, as they hunt for America's most valuable antiques. They are always excited to find sizeable, unique collections and learn the interesting stories behind them.

As they hit the back roads from coast to coast, Wolfe and Fritz are on a mission to recycle and rescue forgotten relics. Along the way, the Pickers want to meet characters with remarkable and exceptional items. The pair hopes to give historically significant

objects a new lease on life, while learning a thing or two about America's past along the way.

Wolfe and Fritz have seen a lot of rusty gold over the years and are always looking to discover something they've never seen before. They are ready to find extraordinary items and hear fascinating tales about them.

"American Pickers" is looking for leads and would love to explore your hidden treasure. Anyone who has a large, private collection or accumulation of antiques that the pickers can spend the better part of the day looking through should send in his or her name, phone number, location and description of the collection with photos to: americanpickers@cineflix.com or call 855-old-rust.



**FEE-ONLY
FINANCIAL PLANNING
INVESTMENT MANAGEMENT SERVICES**

CONTACT....

Laongdao "Tak" Suppasettawat, CFP®, CPA
Maine Licensed Registered Investment Advisor

(207) 799-2010
tak@takadvisory.com
www.takadvisory.com

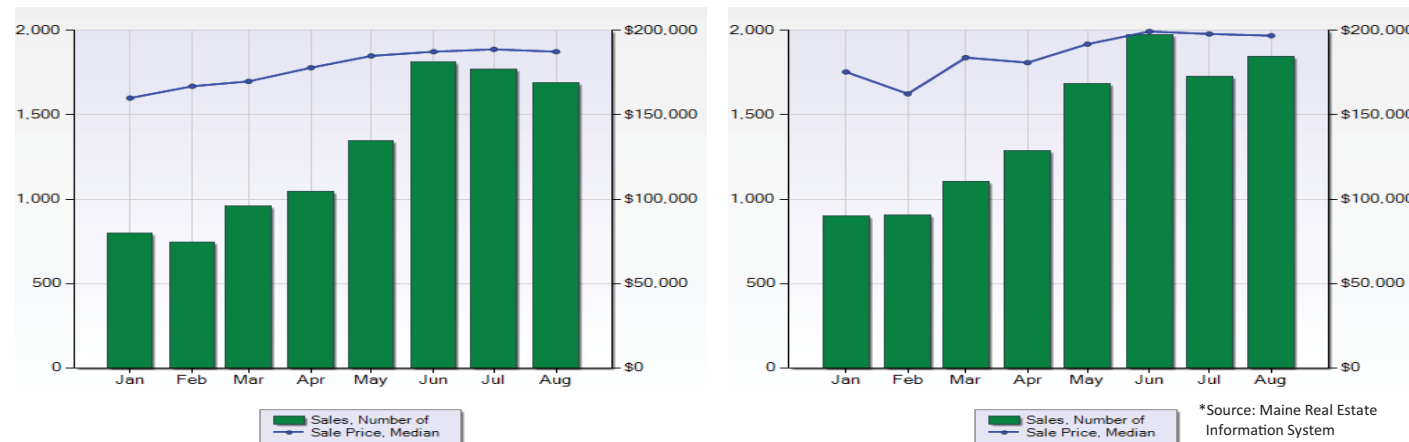


Ocean House Real Estate

Buy. Sell. Live. ... Local.

CAPE ELIZABETH MARKET INFORMATION

Single family home sales: Jan—Aug 2015 compared to Jan—Aug 2016



*Source: Maine Real Estate Information System

Buying, selling, or want more market information?

CALL US @ 207-799-0900

303 Ocean House Road
Cape Elizabeth, ME 04107

www.OceanHouseRealEstate.com



GET ORGANIZED!
SANCTUARY HOME ORGANIZING
DECLUTTER ♥ ORGANIZE ♥ DOWNSIZE
20% OFF SPECIAL OFFER
Call now for a free estimate!
Leslie Girmscheid
207-272-6027
LeslieG@maine.rr.com
www.SanctuaryHomeOrganizing.com

Your town, your paper, and now your online community. Join the conversation at: facebook.com/capecourier

Achievement Period, an integral part of CEHS



Photo by Marta Girouard

Teachers Erin Hill and Sarah Harrington believe the Achievement Period has aided teaching and learning at CEHS.

By Marta Girouard

Every Monday through Thursday from 10:40 a.m. to 11:10 a.m., no classes are taught at Cape Elizabeth High School. Instead, Achievement Period is held. All students are assigned to an advisory group and, during this time, they have the opportunity to get additional support from their teachers.

The program works via an online system where teachers can “claim” a student. Once the student is claimed in the system, an email is triggered and sent to the student, parent and teacher.

“It’s normal for students to need help and part of Cape Elizabeth High School’s mission statement is to make sure they get that help,” said Principal Jeff Shedd.

Achievement Period has been in place for two and a half years and has been very successful.

“AP has a lot of benefits,” said English teacher Erin Hill. “If we miss it, we feel it.” Students can use the time in a variety of ways. If they have missed a day of school,

they can use the period to catch up or get additional support on classwork. Hill uses the time to work with students who would like feedback on their writing, for example.

Social Studies teacher Sarah Harrington notices differences in students who take advantage of Achievement Period.

“They have a sense of pride in their work and responsibility in themselves,” said Harrington. “In the second semester, I see a lot of growth. Students who participated in Achievement Period in the first semester start out on a much better foot.”

Shedd conducted an analysis on Achievement Period usage and in a single semester, teachers submitted 2500 claims. Although students cannot use the online claiming tool, they can ask a teacher to claim them or they can also drop in to see their teacher if he or she is free during that day’s Achievement Period.

“Achievement Period has really become a part of our school culture,” said Harrington. “We all depend on it as a part of our day.”

Schooner Fare plays Cape Elizabeth High School, second of two bands bringing history to life

Ted Jordan, a Social Studies teacher at Cape Elizabeth High School, has long been a fan of the musical act Schooner Fare whose folk songs have been bringing history to life for audiences for decades.

Jordan said, “I started going to their performances back in the mid-1980s and instantly loved their music. As performers, I liken them to Jimmy Buffett and the Coral Reefer Band: both groups have fun up there on stage and the audience just can’t resist it.

saw former student Erik Nilsen playing with his group, Ghosts of Johnson City. Their songs also tell stories from our past. It was that night that I decided to apply for a grant from Cape Elizabeth Education Foundation under the heading of ‘History through Music.’ They agreed with my idea and funded both of these shows.”

Ghosts of Johnson City appeared at CEHS last school year. Jordan said, “Ghosts of Johnson City’s song in particular told sto-



Photo by Kevin St. Jarre

Chuck and Steve Romanoff, who make up the band Schooner Fare, recently played at Cape Elizabeth High School.

When I started teaching here at CEHS, a colleague of mine in the Social Studies department, Hannah Ashley, received a grant from the Portland String Quartet for them to come a few times during the year to play for the students. I attended their performances and really enjoyed them. I then conceived of the idea to try and bring Schooner Fare to play their folk music to our history students since their songs told stories from our past.”

After an unsuccessful attempt to book the band, Jordan put the idea on hold. He decided last year to try again. Jordan said, “Fast-forward to last fall when my wife Ellen and I

ries of those people whose stories are often told, the losers in our history as opposed to the winners. We heard a lot of tragic stories from them in March. Schooner Fare’s songs today covered a wide range of history. Most of them are upbeat but the most poignant, I felt, was their ‘Powder Monkey’ which tells the story of the boys who were picked off the streets to work on these warships by going down into the powder magazine to bring the gunpowder to those working the cannons. There was strong imagery in that

-see SCHOONER FARE, page 14

Need New Window Coverings?



HunterDouglas

Ask us about FREE measuring and design service for all Hunter Douglas custom window treatments.

Duette® honeycomb shades are energy efficient, easy to maintain, and simple to install and operate. Their innovative honeycomb construction helps keep heat in during cold winter months and hot air out during summer months. Come in and visit us today to experience Duette® honeycomb shades in person and to see other Hunter Douglas window coverings we have to offer.

HunterDouglas Gallery

THE CURTAINSHOP

175 Western Avenue
South Portland

Mon-Sat: 9:30 AM - 7:00 PM
Sundays 11:00 AM - 5:00 PM

207-773-9635
www.maineblindsandshades.com

Wm H Jordan Farm

JORDAN'S FARM

Wells Road Market

21 Wells Road
Cape Elizabeth
Open Daily 9:00 - 6:00

YOUR PLACE FOR LOCAL

Support Your Local Farms!!

CORN . PEPPERS . TOMATOES

BROCCOLI . CARROTS . APPLES

MEATS . CHEESES & MORE!!!

SEASON

SOIL PRODUCTS: Pickup or We Deliver

FOR THE GARDEN & LAWN

Clean Earth Compost ~ Screened Topsoil

Surf n' Turf Compost ~ Straw ~ Pine Wood Chips

BARK MULCHES

Dark Mix ~ Pine Spruce Mix

Natural Cedar

FOR THE HARDSCAPE PROJECT

Pro-Base ~ Masonry Sand

Crushed Stone ~ Stone Dust

www.jordansfarm.com

Mon - Sat

8am - 5pm

Sunday

9am - 4pm

Jordan's Farm

Questions? Need Products Delivered? Call 807-1761

Producers of Clean Earth Compost and Healthy Food!

Marie Ahearn, Cape Elizabeth resident and painter



Contributed photo

"Pursuit," by Marie Ahearn, acrylic on canvas, 2' x 4'

By Kevin St. Jarre

Marie Ahearn is a painter and resident of Cape Elizabeth whose work will soon be on display in the local library.

Ahearn said, "I'm currently preparing a show that will hang for the month of December in the Stier Family Gallery at the Thomas Memorial Library. I'll have an opening reception on the afternoon of Saturday, December 3."

Ahearn's daughter, Kim Knauft, a sophomore at Cape Elizabeth High School, will perform holiday music during the reception. "I hope it will be a fun way to take a break and kick off the month," said Ahearn.

Of her style, Ahearn said, "My work is brightly colored and exuberant. I enjoy the 'flow' of overlapping shapes within a somewhat flat pictorial space. I would say I have a pop sensibility and I embrace it more and more each day."

As with most artists, her style has changed over time. Ahearn said, "Over the years, my personal style and concerns have crystallized. I enjoy looking at and thinking about all kinds of art and paintings... And, I do mean all. Maturing as an artist, for me, has been all about answering the questions; What is my particular vision? What do I have to offer? What do I need to say?"

When asked about the tension business sometimes causes for artists, Ahearn said, "I love selling my work. Painting is a form of communication. If someone wants to own one of my paintings and live with it or 'gift' it, that's the best. It tells me that the piece spoke to them in a big way. That is very satisfying to me. It gives me more energy to create and share my work."

Ahearn said of those who have influenced her art, "Three artists who I consider big names that have had a large influence on me are Henri Matisse, Alexander Calder and Elizabeth Murray. In each of them I find the encouragement I need to 'lighten up.'"

She also finds much to admire in local artists. "I find lots of inspiration in regional artists, particularly Maine artists. The ones that come to mind right now are Philip Barter, Dahlov Ipcar, Bernard Langlais and Eric Hopkins."

When it comes to seeing art on display, Ahearn said, "I love when I happen upon a work that stops me in my tracks. That's the best. For example, there's an oral surgery office in South Portland that has a great Philip Barter painting over the reception desk. It's incredible. The Jetport has awesome Bernard Laglais bear sculptures. They are stunning. The PMA has that big Catherine Bradford superwoman painting. It's pretty great when a particular painting is so unexpected in a building where the expectation is to see paintings."

She finds artistic fuel in a multitude of places, said Ahearn, "Lately I find it every-

where. I look at stuff around me: maritime art, whaling museums, weathervanes, illustration, kids' books, tattoos, advertising, murals, graffiti, any graphic depiction of water, surf art, cartoons, knick knacks...it goes on and on. And with my smartphone I can take pictures of and record it all."

As with many artists, Ahearn said there is one commodity of which she wishes she had more. "Time," she said, "Art is so labor intensive and I never tire of it."

Her first sale was a romantic one. Ahearn said, "I was in graduate school and the studio phone rang. I answered it. An older man asked if anyone in the studio would paint a cartoon for him to give as a card to a woman he was falling in love with. He had an idea of what he wanted. I said I'd do it. He was really pleased with what I made for him and grateful. It felt great and I still like the memory."



Contributed photo

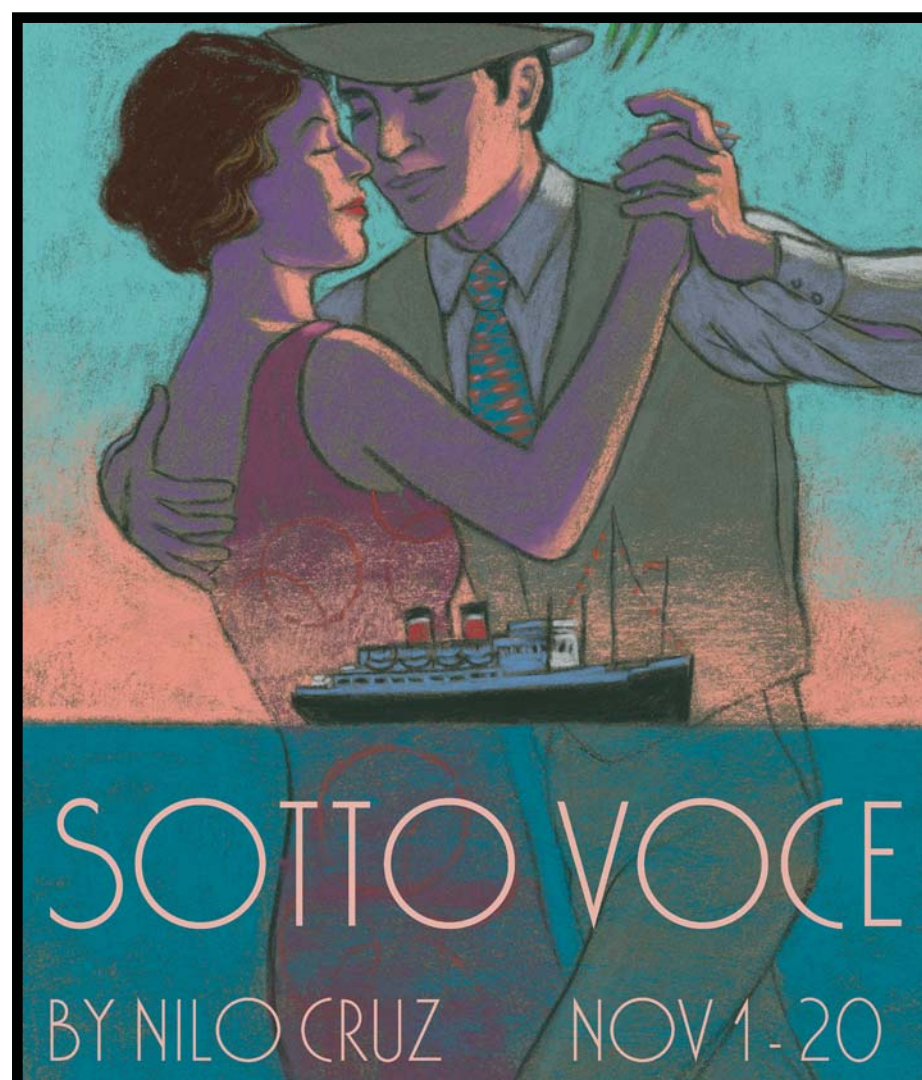
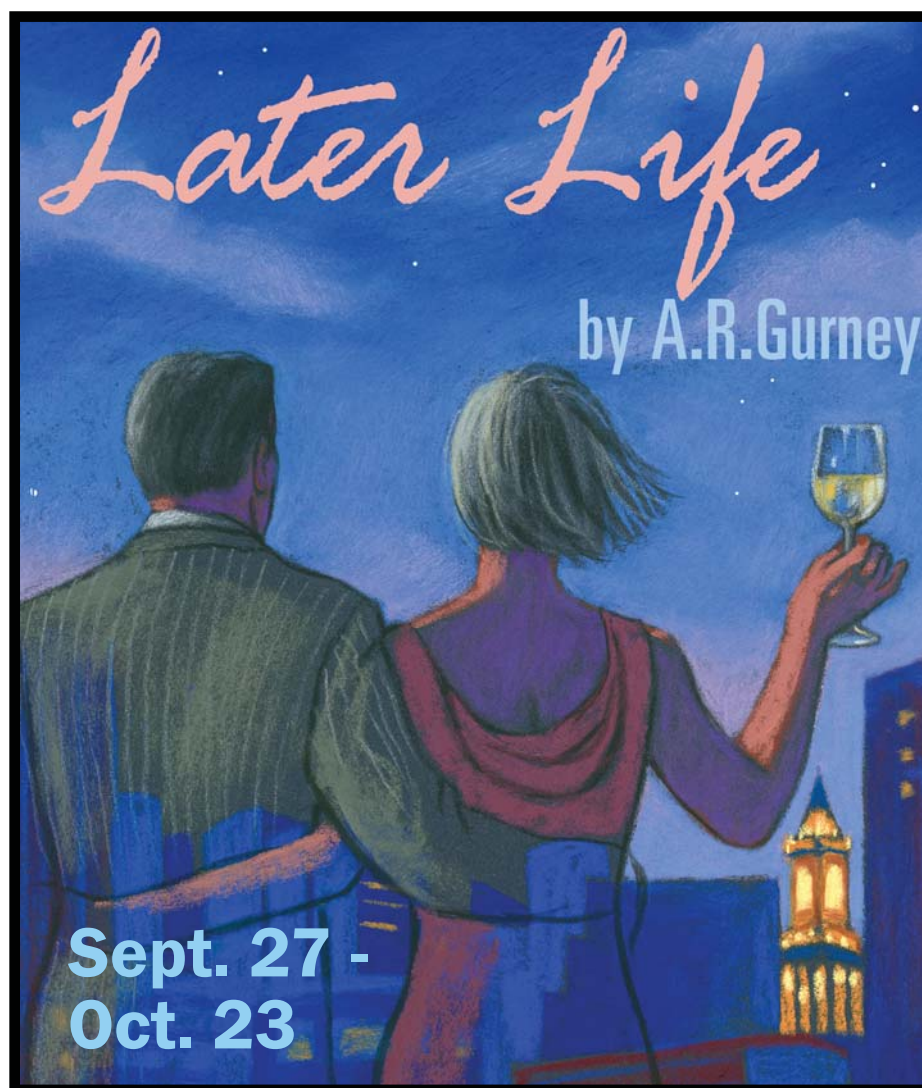
Cape Elizabeth resident and painter, Marie Ahearn

When choosing an artistic destination, other than Cape Elizabeth, Ahearn said it depends on the purpose of the trip. She said, "If the purpose of trip is to produce work, I would go to Provincetown. It is beautiful, inspiring, familiar and 100 percent supportive of the arts. If the purpose of the trip is to see new things and get inspired, I would go Asia, probably Seoul, Korea to see a big lantern festival."

In order to see Ahearn's work, she said, "Come check out my show at the Thomas Memorial Library in December. Also I have a studio in Portland at the 'Running with Scissors' building. There is an open house and holiday sale there on Dec. 10. On social media, my public Instagram page is MarieAhearnDesigns and my public Facebook page is MarieAhearnPaintings."

PORTLANDSTAGE The Theater of Maine

Explore the 2016-17 Season!



Buy Tickets: 774.0465 | portlandstage.org
25A Forest Ave, Portland Maine | In the Heart of the Arts District

CEMS ice hockey sign-ups

It's time to register skaters for middle school ice hockey. The teams include 5th through 8th grade girls and boys and will generally play one game per week, scheduled on Sunday afternoon or evening throughout the season. Pond skaters welcome. Registration deadline is October 31st. For more information or sign-ups, please contact Joe Hetrick at jhhetrick@gmail.com

CEHS Field Hockey Pumpkin Sale

The Cape Elizabeth High School Field hockey team is hosting a pumpkin sale fundraiser on Saturday, Oct. 1 from 9 a.m. to 1 p.m. The sale will be at the CEHS Hanaford Turf Field (the area near the concession stand). In addition to pumpkins, there will also be cider and baked goods for sale.

**Support *The Courier!*
Send in your voluntary
subscription today!**

'Screenagers' documentary coming to Cape Elizabeth high school

By Kevin St. Jarre

A free screening of the nationally recognized award winning documentary "Screenagers: Growing Up in the Digital Age" will be offered on Oct. 13 at 7 p.m. at the Cape Elizabeth High School auditorium. The event is generously co-sponsored by the Middle School Parents Association and the High School Parents Association and is open to all community members, including parents, students and teachers.

The movie has already been shown in Scarborough, Cumberland, Rockport, Freeport and Bangor, with upcoming screenings planned in Portland, Bath and Brunswick.

Filmmaker and physician Delaney Ruston takes a personal approach exploring the challenges teenagers and parents face with an average 6.5 hours spent on screen time per day. The film has been featured on PBS Newshour, The New York Times, Forbes, NPR, The Washington Post and Education Week, among other news outlets. The synopsis describes: "Along with surprising insights from authors, psychologists, and brain scientists, Screenagers reveals how tech time impacts kids' development and offers solutions on how adults can empower kids to best navigate the digital world and find balance."

Dr. Alina Perez, a psychologist for the Cape Elizabeth school district, said, "We are excited to bring this movie to Cape Elizabeth. It addresses many of the questions, concerns and challenges that parents face with screen

JOIN US FOR A SPECIAL SCREENING OF
SCREENAGERS
GROWING UP IN THE DIGITAL AGE

October 13, 2016 at 7 PM
Cape Elizabeth High School Auditorium
FREE admission

Contributed image

"Screenager" is a free documentary to be screened at CEHS about teens and the amount of time they spend in front of electronic screens.

Anything Goes

Anything Goes offers a multitude of property management services for **Greater Portland residents and businesses.**

Contact us for more details!

Allow us to assist with all of your property management needs!

207-799-2702 **www.ag207.com**

use at home that we as educators hear about and come into contact with so often."

Screen-time statistics can be sobering: Kids spend on average 6.5 hours a day on screens and that doesn't include classroom or homework screen time. Boys spend on average the equivalent of 1.5 days on video games every week.

Some recent studies show us that screen time increases dopamine production and causes behavior that mimics addiction.

Testimonials:

"Sit your kids down and watch this movie. Sit on them if you have to. It's a MUST SEE for anyone with kids in their lives!" - Martha Adams, chief creative officer for Girls Rising
"I saw "Screenagers" two days ago at my son's school IS276 NYC. It was an incredible eyeopener to me...Most that was presented was not new to me, but the way it was pre-

resented got totally under my skin and pointed out exactly what we are dealing with in my family. I thank you so much for sharing, this already has brought changes into our life." -Kirsten R. C. New York parent

"My husband and I have just been very concerned about this issue for some time, and as I'm a geneticist at UCSF Children's Hospital Oakland, I'm very interested in the science behind it. The film is first rate- you've made a REMARKABLE piece: thoughtful, provocative and beautifully filmed and edited." -Beth T., Geneticist at UCSF Children's Hospital

"Just wanted you to know that your movie has the attention of most of the important people in my community. You have conquered Marin! It's making a huge buzz..." -Michelle G., educator. More information at: www.screenagersmovie.com.

MAINE VETERINARY MEDICAL CENTER
in Scarborough, Maine

We treat all pet emergencies 24/7

Open 24/7 year round including holidays. Located next to Scarborough Downs in the Enterprise Business Park right off Route 1.

207.885.1290
mvmc.vet

COTTAGE BROOK CONDOS

LUXURY CONDOMINIUMS: COMING SOON!

19 SINGLE LEVEL CONDOS: 4 COMING THIS SUMMER!

- 2 Car Garage
- Full Basement
- Open Floor Plan
- Low HOA Fees
- Gas Fireplace
- Customized Layouts/Finishes

FOR MORE INFORMATION:
Call Jim McFarlane 207-712-4737
jimmymac@kw.com
or Taylor Owen 207-233-3933

kw MCFARLANE FIELD ASSOCIATES
KELLERWILLIAMSREALTY

WWW.COTTAGEBROOKHOMES.COM

Screening of 'PlantPure Nation,' coyote discussion, kung fu for kids

Library to present screening of 'PlantPure Nation'

People interested in the benefits of a plant-based diet will find much information at a free screening of the film "PlantPure Nation" on Saturday, Sept. 24 at 2:30 p.m. The documentary film tells the story of three people on a quest to spread the message of one of the most important health breakthroughs of all time. It also explores the topical issues of the small family farmer, food deserts, modern medicine and the challenges of getting plant-based nutrition included in the political process. Kristen Scarcelli and Cape resident Karen Coker, co-leaders of Plant IQ, also will be presenting a slideshow and food demonstration at Community Services on October 6. For more details about the film, please visit the library's website.

Kung fu for kids, tai chi for adults

Paul and Rosalie DiCriscenzo, martial arts practitioners and instructors, will provide two free workshops at the library on Thursday, Sept. 29. Kids ages 8 to 12 can get a taste of the power and energy of Chinese martial arts practice through both unarmed kung fu techniques as well as sword practice in an after school program from 3:30 to 4:30 p.m. The workshop will include warmup and simple qigong exercises, learning some basic unarmed kung fu techniques as well as sword moves using a foam padded practice sword, and finishing up with cool down exercises to relax the muscles to prevent soreness. All participants will get a Young Dragon Certificate of Achievement for their efforts in the workshop.

In the evening, the DiCriscenzos will offer a lecture, slideshow, and workshop for adults in Wudang style tai chi and Wudang five animals qigong practice. They will discuss the history of Wudang Mountain in Hubei province, China and its Taoist traditions and practices, the various types of martial arts practiced there for physical health, spiritual well-being, and energetic development, and the benefits of incorporating Wudang tai chi and qigong into one's life. The physical health benefits of this practice will be discussed as well as the additional benefits of greater personal energy and power as a result of regular practice, followed by a short lesson to give the attendees a chance

to experience the flowing tai chi and qigong movements for themselves. Both programs are free. The kids' program required advance registration; no registration is necessary for the adult event. Further details and online registration are available on the library's website.

Conservation biologist to discuss Maine's coyotes

Wildlife conservation biologist Geri Vistein returns to the library in October to present "Coyote: America's Songdog." Vistein last visited the library in 2013, when her eye-opening audiovisual presentation was met by an enthusiastic audience. Audience members are invited to come along and learn of coyotes' long history on the North American continent, their complex social life and ecology, and about their relationships with Native peoples, European American settlers, as well as their relationship with modern society. This fascinating presentation is intended for adults, but inquisitive older children are welcome to attend as well. Come learn co-existence skills that will enhance your life, and hear the Songdog sing.

Library offers five-week parent-child workshop

The library is offering its third annual parent-child workshop on five consecutive Fridays from 10:30 to noon, beginning Oct. 7. The workshop is a fun play-based program designed to give parents special time with their children ages 1 to 3. Community resource professionals will be on hand at each session to answer questions about early literacy, speech and hearing development, child behavior, nutrition, and the importance of music and play in a child's early years. During the workshop, the library's Community Room will be transformed into an early childhood center, with developmentally appropriate toys and activities at a variety of stations. As parents and children play with the toys and interact with other attendees, the resource professional of the day will be on hand to meet with parents and answer any questions or concerns they may have about their child's development in an informal way. Advance registration is required. For more information, or to register, please visit the library's website.

Cape Elizabeth High School's announces semifinalists in National Merit Scholarships

Cape Elizabeth High School Principal Jeffrey Shedd is pleased to announce this year's recipients of the 2017 National Merit Scholarship Corporation's Semifinalist Student recognition.

More than 1.5 million students entered the 2017 Merit Program when they were juniors by taking the PSAT, which served as an initial screen of program entrants. The nationwide pool represents less than one percent of U.S. high school seniors.

Approximately 16,000 semifinalists have

an opportunity to continue in the competition for over \$32 million in merit scholarship awards to be offered next spring.

CEHS semifinalists are:

Natalie Gale, daughter of Ann and Tom Gale

McCarthy Huffard, son of Bronwyn and Ben Huffard

Wesley Parker, son of Laura and Mark Parker

James Planinsek, son of Tracy and John Planinsek

Tonka trucks needed

The Kindergarten team is looking for new or gently used Tonka Trucks for outside play. Please contact teacher Catherine Cornell if you can help meet this need. ccornell@capeelizabethschools.org

Please recycle this newspaper



463 Cottage Road
South Portland, ME

799-1681

Hours by appointment

The Workroom by Design

Custom Sewing for Your Interior:
Home/Boat

Window Treatments

Slipcovers

Pillows

Outdoor/Boat Cushions

please call: 542.9164



Residential Upholstery & Fabrics

Richard L. Morrison
799.6714

Established 1974

Carmela
Designer

Cape Elizabeth School Department

Cape Schools Open Minds and Open Doors

SPECIAL EDUCATION AND SECTION 504 CHILD FIND NOTICE

The Cape Elizabeth School Department has a duty to locate, evaluate and identify any child between the ages of 5 and 20 who is residing/attending school in the District who qualifies for Special Education services or Section 504 accommodation or services.

Children eligible for special education include those children with disabilities who have autism, deaf-blindness, developmental delay, emotional disturbance, multiple disabilities, hearing, cognitive, orthopedic, speech or language, visual or other health impairment, specific learning disability, or traumatic brain injury and who, because of such impairment require special education services.

Children eligible for Section 504 accommodations or services include those children who have a physical or mental impairment that substantially limits a major life activity.

If you suspect your child has a disability and may require special education or Section 504 accommodations, or if you would like additional information, please contact:

Jessica Clark, Director of Special Education
207.799.2217 or jclark@CapeElizabethSchools.org

Cape Elizabeth School Department, 320 Ocean House Road, Cape Elizabeth, Maine 04107



DISTINCTIVE MAINE REAL ESTATE



Left - Right: Bob Knecht, Rowan Morse, Susan Lamb, William Davison, Gail Landry, Steve Parkhurst, Whitney Harvey, Sue Lessard, Lucy Foster-Flight, Dianne Maskewitz, Mark Fortier, Lynn Hallett, Brenda Cerino-Galli, Tish Whipple, Sandy Johnson, Jeff Davis, Cindy Landrigan

LUXURY PORTOLIO INTERNATIONAL

one union wharf | portland | 207.773.0262
www.townandshore.com

LEADING REAL ESTATE COMPANIES OF THE WORLD

Public prayer event for women at First Baptist

On Friday, Sept. 23, The First Baptist Church in South Portland is hosting a free simulcast prayer event for women called "Cry Out!" The event will run from 7 p.m. to

10 p.m. at the church, located at 879 Sawyer Street. For more information, email sjoriordon@aol.com, call 799-4565, or visit www.cryout16.com.

For those interested in Boy Scouts

Troop 30 of Cape Elizabeth meets Wednesday nights at the Lions Club on Two Lights Road from 7 p.m. to 8 p.m. The troop participates in a variety of character-building activities throughout the year, including community service projects, hiking and camping, learning first aid, etc. Boys

in grades six and up are eligible to participate and are invited for a trial meeting on Wednesday, Oct. 5 at the Lions Club on Two Lights Road, 7 p.m., to see what it is all about. Those with question should email Jen Gray jgriffin9@aol.com or AJ DiNinno at ajdininno@gmail.com.

CAPE CALENDAR

By Wendy Derzawiec

Tuesday, Sept. 27

School Board Workshop, 6:30 p.m., High School Library and Learning Commons

Board of Zoning Appeals, 7 p.m., Town Hall chamber

School Board Finance Committee, 8 p.m., High School Library and Learning Commons

Tuesday, Oct. 4

Planning Board Workshop, 7 p.m., William H. Jordan Conference Room, Town Hall
Wednesday, October 5

Town Council, 7 p.m., Town Hall chamber

Thursday, Oct. 6

Candidates Night No. 1, 7-9 p.m., Town Hall chamber. Ongoing each week

Ongoing each week

Al-Anon, Regular meeting 7 p.m. Thursdays, at

United Methodist Church, 280 Ocean House Road. Regular meeting 7 p.m. Fridays at St. Alban's Church.

Alcoholics Anonymous, 2 p.m. Saturdays, First Congregational Church, 301 Cottage Road, South Portland; 7 p.m. Wednesdays, St. Bartholomew Church; 7 p.m. Fridays, St. Alban's Church.

Cape Elizabeth Historical Preservation Society, 9 a.m. to noon Thursdays, Public Safety Building

Cape Elizabeth Lions Club, 6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road

Cape Farm Alliance, third Wednesday, 7 p.m., Community Center

South Portland/Cape Elizabeth Rotary Club, each Wednesday at 6:15 p.m. Purpoodock Country Club, Spurwink Avenue. 767-7388.

Free concert by 'Duo Teriano'

Duo Teriano, the award-winning teaching and performing team of Johannes Dietrich, violin, and Marie-Aline Cadieux, cello, will be performing a free concert at the Cape Elizabeth United Methodist Church on Saturday, Sept. 24 at 7 p.m. The public is invited to attend.

Duo Teriano will be performing classical standards, along with rediscovered gems from the Baroque, Classical and Romantic periods. Both Dietrich and Cadieux are recipients of the Pennsylvania/Delaware String Teachers Association Outstanding String Teacher Award. The duo's name comes from the northern Italian town where they spent

their first wedding anniversary.

As a violinist and chamber musician, Dr. Dietrich has performed throughout the United States, as well as in Austria and Italy. Cellist Marie-Aline Cadieux, professor of music at Kutztown University in Pennsylvania, performs regularly with the Allentown-based chamber ensemble SATORI. She has performed across Europe and has become an established presence in the Mid-Atlantic music scene.

At the Sept. 24 recital, they will be performing eight pieces from Dancia, Campioni, Griesbach, Ysaye, Cassado, Bret, Martinu and Romberg.

Public Supper at United Methodist Church

A Public Supper will be held at the Cape Elizabeth United Methodist Church on Saturday, Oct. 1 from 4:30 p.m. to 6 p.m., featuring casseroles, beans, salads, breads and pies.

This first supper of the season will be the church's annual heirloom supper with many of the dishes being prepared with local ingredients.

The church is located at 280 Ocean House Road. Prices for the supper remain at \$8 for adults, \$5 for children and \$20 for families (two adults and children). Take-out will be available.

Musical Event at Spurwink Church

Harvest Song, a musical event hosted by the Cape Elizabeth United Methodist Church, will be held at the Spurwink Church on Route 77 at 2 p.m. on Sunday, Oct. 30.

This celebration of music, open to the public, will include singing and instrumental performances by individuals and also traditional hymn singing by all present.

The event is free, but a goodwill offering will be taken to support Judy's Pantry, which provides 30 to 35 families in Cape with fresh produce and nonperishable food items throughout the year.

CABLE GUIDE

Cape Elizabeth Church of the Nazarene
Sept. 24 & 25, Oct. 1 & 2 - 9:00 am
Planning Board replay
Sept. 24 - 10:30 am
Board of Zoning Appeals (live)
Sept. 27 - 7 p.m.
Zoning Board replay
Sept. 28 & 29 - 2 p.m. & 8 p.m.

CHANNEL 3

Oct. 1 - 10:30 am
Town Council (live)
Oct. 5 - 7 p.m.
Town Council replay
Oct. 6 & 7 - 2 p.m.
Oct. 7 - 8 p.m.
Candidates Night #1 (live)
Oct. 6 - 7 p.m.



Meet our LSVT Certified Clinicians

Costal Rehab is proud to offer
LSVT BIG & LOUD®

Specialized treatment programs for **Parkinson's Disease** and other movement disorders



Improve your quality of life today!

Visit www.coastalrehab.me or call us at 767-9773 for details

Support of our advertisers supports this newspaper.

KEY SOLUTIONS REAL ESTATE



David E. Cyr
Florida REALTOR®

Cape Homeowner for Over 30 Years!

SARASOTA REAL ESTATE

Find a **Sarasota Area** home with the ideal features and the perfect location. Call for a free consultation and to view home listings.

Serving Siesta Key, Sarasota, Venice, Bradenton, Lakewood Ranch, and surrounding communities.

Offices in Siesta Key and Lakewood Ranch
6021 Midnight Pass Road, Sarasota, FL 34242

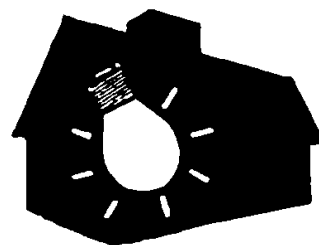
Email: davidecyr@gmail.com

MAINE: (207) 767-4726

Cell: (941) 400-4691 Office: (941) 894-1255



BOWDLER ELECTRIC INC.



799-5828

All Calls Returned

Mark Bowdler, Master Electrician
Residential & Commercial

www.BowdlerElectric.com

General Wiring

- ✓ Circuit Breaker Panels
- ✓ Troubleshooting
- ✓ Service Calls
- ✓ Consulting
- ✓ Generators & Switches
- ✓ Ground Faulted Outlets
- ✓ Outside Receptacles
- ✓ New Switches & Outlets
- ✓ Update House Wiring
- ✓ Flat Screen TV Install
- ✓ Hardwired Smoke/CO Detectors
- ✓ Microwave Installation
- ✓ Surge Protection

Construction

- ✓ New Housing
- ✓ Room Additions
- ✓ Remodels

Lighting

- ✓ Recessed
- ✓ Under-Cabinet
- ✓ Outside Spots
- ✓ Post Lights
- ✓ Fixture Changes
- ✓ Bath Fan/Lights
- ✓ Landscape
- ✓ Paddle Fans

Add Circuits

- ✓ Computers
- ✓ Appliances
- ✓ Air Conditioners
- ✓ Hot Tubs
- ✓ Etc...

Cable TV/Phone & Network

We Do It All!

GENERATORS

- **KOHLER** Automatic Systems
- **HONDA's** with Electric Start

Make sure you have reliable backup power!

New youth minister at St. Bartholomew Church

Christina King is the new youth minister for high school youth at St. Bartholomew parish. King has just moved to Maine from Atlanta, Georgia with her husband Bryan. She has a bachelor's degree in education and special education from Young Harris College and Georgia Gwinnett College. She has experience working with children and youth, some with disabilities, in many camp settings and religious settings. King is

excited to meet the high school teens from St. Bartholomew and accompany them on their journey of faith. Come to the first orientation session on Sunday, Sep. 18, noon to 1:30 p.m. in the Teen Room at St. Bartholomew Church, 8 Two Lights Road. To find out more about Youth Ministry at St. Bartholomew Church, contact Christina King at Christina.King@portlanddiocese.org or 799-5528

Sunday Gospel reflections

With two parents working outside the home and an average of two active school-age kids, it is difficult for busy parents to take time to reflect and pray on the Sunday Gospel. Similarly, young adults struggle with living a spiritual life in an increasingly secular world. Msgr. Henchal, pastor of St. Bartholomew, and Kathy Jones, the cluster pastoral life coordinator, are offering just an hour each week for prayer, reflection, and faith sharing on the Sunday Gospel reading to challenge and inspire us to be all that God wants us to be. They will meet on Thursdays,

7 p.m. to 8 p.m. at St. Maximilian Kolbe Church in Scarborough from Oct. 6 through Nov. 17. Even if one can't attend every week, people are invited to drop in when they can and take advantage of this opportunity to grow in their spiritual lives. No fee. Tailored to those between 20 and 60 years old. Sign-up online on the parish web-site www.saintbarts.com, or by contacting Kathy Jones at St. Bartholomew Church, 799-5528 x102 or kathy.jones@portlanddiocese.org.

Blessing of the animals final one for retiring Rev. Ruth Morrison

The Cape Elizabeth United Methodist Church will hold its annual Blessing of the Animals on Sunday, Oct. 2 at 2 p.m. in the Outdoor Chapel.

The public is invited to bring any of its pets. Dogs are always the most prominent pet at the blessing, but in past years there also have been cats, goldfish, a rabbit and a goat. If you are bringing your cat, please bring a carrier.

This will be the final animal blessing by the Rev. Ruth Morrison, who will be retiring in June. The Rev. Morrison started these blessings in 2005 in Cape Elizabeth, but she had been doing them for many years when she was the minister at the Goodwins Mills

United Methodist Church. The Cape Elizabeth UMC is encouraging the public to bring many pets to this final blessing by the Rev. Morrison.

All pets will receive an individual blessing from the Rev. Morrison and each dog will also receive a treat.

The church's Outdoor Chapel is located on a trail at the far corner of the parking lot. The church is located at 280 Ocean House Road.

SERVICES

Cape Elizabeth Church of the Nazarene

499 Ocean House Road (Route 77)
799-3692

www.capenazarene.org

Sunday School for all ages: 9:30 a.m.
Sunday Worship Celebration: 10:45 a.m.
Services streamed live or on demand:
watch.capenazarene.org

Cape Elizabeth United Methodist Church

280 Ocean House Road
799-8396

www.ceumc.org

Chapel Service: 8 a.m.
Sanctuary Service: 10 a.m.
Child care & Sunday School: 10 a.m.
Adult Sunday School: 9 a.m.

The Church of Jesus Christ of Latter-day Saints

29 Ocean House Road
767-5000

Sacrament Meeting:
Sunday, 9-10:10 a.m.

Sunday School: 10:15-11 a.m.

Primary: 10:15 a.m.-noon

Relief Society, Priesthood: 11 a.m.-noon

The Church of the Second Chance

Greater Portland Christian School
1338 Broadway, South Portland
641-3253

Sunday: 10:30 a.m.-12:15 p.m.

Congregation Bet Ha'am

81 Westbrook St., South Portland
879-0028

www.bethaam.org

Worship: Friday, 7:30 p.m.
Saturday, 10 a.m.

Family Shabbat Services:
Second Friday, 6:30 p.m.

First Baptist Church of South Portland

879 Sawyer St., South Portland
799-4565

www.spfbc.com

Sunday Morning Worship: 9:30 a.m.
Awana Clubs (Grades 3-8): Tuesday,
6:20 p.m.

First Congregational Church United Church of Christ

301 Cottage Road, South Portland
799-3361

www.fccucc.org

Worship: 9:30 a.m.

Sunday School: 10 a.m.

Preschool Child Care: 10 a.m.

Promised Land World Reach Center

536 Cottage Road, South Portland
799-3152

Sunday Prayer & Intercession: 9:30 a.m.
Sunday Worship: 10 a.m.

Family Bible Studies: Wednesday, 7 p.m.
Sermon recordings available to download

Saint Alban's Episcopal Church

885 Shore Road
799-4014

www.stalbansmaine.org

Sundays: 8 a.m., 9:30 a.m.

Celtic Service: Sunday, 5:30 p.m.

Nursery: Sundays, 9:30 a.m.

Saint Bartholomew Roman Catholic Church

8 Two Lights Road
799-5528

www.saintbarts.com

Sunday Mass: 9 a.m. and 11 a.m.
Monday & Tuesday Masses: 8 a.m.

Vindle Builders
Ron Spidle, owner
Custom framing to fine carpentry
Where integrity means business
207-329-9017
Fully insured
vindlebuilders.com

CASCO BAY WOODWORKS
Specializing in residential remodeling for over 25 years.
John Olsson, Owner
(207) 856-2299
Additions • Kitchens & Baths
Custom Cabinetry • Repairs

Kathleen O. Pierce
Realtor, SRES, ABR, Previews Specialist
Office: (207) 799-5000 ext. 116
Cell: (207) 232-4030 Fax: (207) 799-9226
kathleen.pierce@nemoves.com
COLDWELL BANKER
295 Ocean House Road
Cape Elizabeth, ME 04107
RESIDENTIAL BROKERAGE
Owned and Operated by NRT, LLC. An Equal Opportunity Employer

COASTAL
Plumbing & Heating
New Construction
Remodeling • Service
Oil • Propane • Natural Gas
(207) 939-5822
www.coastalplumbingme.com

Spiritual Workers
in a Physical World, Inc.
Be kind to people, animals, and the earth!
spiritualworkers.com

Between Tides
Cape Elizabeth Library
Photography and Book Arts Exhibit by Raul Jarquin
October 1st to 31st
Meet the Artist Thursday October 6th at 6:00pm

Paper roads

Cont. from page 1

tem, and provided a rare opportunity to protect public access to the Maine coast.

“As many of us know,” said Maynard Murphy at the hearing, “the Surfside and Atlantic Place paper streets in its entirety would be one of the most scenic portions of the greenbelt trail system.”

Several who spoke urged the town to retain its rights for up to another 20-year period to give time for a deeply divided Shore Acres neighborhood and for town officials to resolve how the paper streets there should be handled.

“I prefer that the town would mediate the

sides,” said Aaron Anker. “I think extending (the town’s rights temporarily) allows you to study it longer and get potential buy-in.”

Several other paper streets also draw interest

The public hearing also included public comment on several of the other paper streets on the town’s action list.

Some involved appeals to the town to vacate unused parcels to abutting property owners in order to establish the necessary setbacks to add a garage or a deck to existing homes.

One paper street attracted comments from a handful of abutting homeowners. Thompson Road is a paper street that runs parallel to Beach Bluff Terrace and abuts the back-

yards of several properties. Construction of two driveways from Shore Road along a short portion of Thompson Road. was approved a few years ago to allow access to two new homes.

Several neighbors urged the town to vacate its rights to the remainder of Thompson Road so that they would not have parallel roads running along both their front and back yards.

Eric Kruger, also a Beach Bluff Terrace homeowner, urged the town to retain some of its rights to extend a portion of Thompson Road. further, since he saw this as the most viable means for providing access to abutting property he purchased envisioning future homes for his two young sons.

Schooner Fare

Cont. from page 8

mournful tune.”

The members of Schooner Fare were impressed by the audience, which was comprised of CEHS 11 and 12 graders, along with senior citizens who also attended. Jordan said, “I’m happy that our students have now been exposed to both bands. Chuck and Steve Romanoff told me at the end of today’s show that they were very impressed by how great our students were as an audience; they clapped and sang along to the songs. This isn’t true of other schools that they have played for.”

School board

Cont. from page 1

of the larger projects at the high school included 35,000 square feet of new roofing, 18 replacement windows, new robotics lab in the former video conferencing room, and replacement of kitchen ovens. The middle school and elementary schools had 18,000 square feet of new roofing, replacement windows in the libraries, new flooring in the nurse’s room, new bathroom stalls and plumbing, and new third grade lockers. All three schools will now have secured vestibules.

High school principal Jeff Shedd presented findings of the New England Association of Schools and Colleges (NEASC) accreditation report. He listed priorities for this coming year and the next few years. The first major goal is to plan for and communicate plans for implementing practices for proficiency-based diplomas for the current eighth grade class. The second goal is to continue to pilot the new teacher evaluation system. Shedd also discussed the expansion of the Freshman Academy to include two

classes, one for boys and one for girls. The Freshman Academy was started last year to help certain incoming freshmen acclimate to the high school environment; find their voice and become better learners.

Mr. Shedd also discussed the expansion of the Student Driven Learning process. This year the schools have tripled the number of students in the program and quadrupled the number of staff involved. The advisory program was also revised to include themes of reducing stress and asking for help. An initiative to improve student study skills includes having the staff read “Make It Stick.”

The superintendent’s report, presented by Howard Colter, stated that the opening of school was positive and met with enthusiastic and smiling faces from students and staff. Technology has been a bit slow to roll out to students this year. Staff is currently working on the implementation in all three schools. There was a meeting between special education staff and parents that was very positive and informative. The plan is to continue these meetings on a monthly basis.



FIREWOOD

Cut • Split • Delivered
Stacking Available

Order green wood now for next year & save money!

Contact Cape Resident
Steve Murray: 233-4882



Erin Grady, Broker
eringrady207@gmail.com

Cell: 207.650.4458 Office: 207.767.2224 x3
299 Ocean House Rd., Cape Elizabeth, ME 04107
www.bostwickandcompany.com

Bostwick
REAL ESTATE & COMPANY

Working with buyers & sellers for over 25 years in our community. Please contact me for all of your real estate needs. I would love to work with you!

The Cape Carpenter

carpentry • custom decks • interior/exterior painting
tile work • kitchens • bathrooms • create your own to-do list
remodeling • finish basements • clean-up garage & attics

**Dependable, Honest, Affordable, Fully Insured,
Excellent References, Cape Elizabeth Resident**


FREE ESTIMATES Dan Tardy 767-5032



Support of our advertisers supports this newspaper.

207-631-8414 • advertising@capecourier.com

Assisted Living. *Emphasis on Living.*



Kindred Assisted Living – Village Crossings offers the privacy of assisted living, the amenities of a fine hotel, and the peace of mind of licensed nursing care and emergency response on a stand-by basis. Our 32-acre campus features:

- Private studio, one- and two- bedroom apartments
- Elegant restaurant-style dining
- Group trips and excursions
- Cafe and TV room for community gatherings
- Beautifully landscaped courtyards and patios
- Activity craft and game rooms
- Garden walking paths
- Library and computer center
- Short and long-term respite care services available

Kindred Assisted Living Village Crossings

78 Scott Dyer Road • Cape Elizabeth, Maine 04107
207.799.7332 • 207.799.7334 fax
ME TTD/TTY# 800.457.1220
www.kindredvillagecrossings.com

© 2016 Kindred Healthcare Operating, Inc. CSR 188525-01, EOE

CASSIDY PAVING & EXCAVATING

- Parking Lots
- Driveways
- Road Grading
- Gravel Work
- Seal Coating
- Tree Removal

671-5432
Scott Dyer Rd

The deadline for the
Oct. 7 issue is
Sept. 23 at noon.

BUSINESSES/SERVICES

ELDER CARE SERVICES

All aspects of care. Gentle, kind, compassionate care for your loved one. 25 years exp. Excellent ref. Daytime or overnight. Please call 671-6966.

POP'S PAINTING

Interior/Exterior - Clean, neat. Professional finish painters. Painting in Cape for 14 years. References & insured. 767-3915.

ROOF MASTERS

Family Owned & Operated. Roofing Cape Elizabeth Since 1951. Call Now For A Free Roof Estimate.

FREE RECYCLING SERVICE

with Swartz Enterprises curbside trash removal services starting at \$10/week, other discounts apply. CLYNK returnables collected. Contact Tim Swartz, 809-9735. See our display ad in this issue. www.swartzenterprises.net Email: tim@swartzenterprises.net.

ANTIQUES, COLLECTIBLES & BOOKS

WANTED! Also buying paintings & prints. G.L. Smith Books & Collectibles 97 Ocean St., South Portland; 799-7060.

WISH LIST HOME IMPROVEMENTS

Fine woodworking, general carpentry and repairs. Call Dave at 874-0178.

ALL JOBS BIG OR SMALL

TVK Construction. Fully insured. Call owner Terry Keezer for a free estimate: 252-7375.

CAPE LAWN MOWING & SNOWPLOWING - 767-8176.

carmela designer
Est. 1974

UPHOLSTERY
799-6714

UNDER PRESSURE

Power Washing Services. Removing Mold & Mildew from Siding, Fences, Patios, Roofs. Locally Owned, Fully Insured, 207-615-5577. Underpressure1@myfairpoint.net www.thepressurewashers.com.

FRESH START PAINT SERVICE

Professional painting, kitchen/bath remodeling, handyman services, fully insured. Excellent refs. 216-3131/freshstartpaintservice@yahoo.com.

MUSIC LESSONS

Flute lessons: For beginners and intermediates of all ages. Call Kris: 767-3712.

Piano lessons for all ages. Beginners through advanced. Sandi Palmquist: 329-8345.

EVENTS

Walking Tour of Eastern Cemetery, 224 Congress St., every Wed., Sat. and Sun. @ 11am. \$10 adults, \$5 students & seniors, under 12 is free. www.spiritsalive.org.

FOR SALE

FUTON: LL Bean mission style, light oak. Light use, approx 10 yrs old. Includes queen quality mattress & cover. Available for pickup after Sept 26. \$500. Picture available. Contact Laura: 653-8631.

PUPPIES: Weimaraner puppies! Born 8/30/16 Ready to go home 10/25/16. Call John for more details: (207) 602-0623.

CAR: Looking for a stick? 2006 Audi A4 Avaunt. Black/black. Quattro, 6-speed manual. Turbo. Bluetooth, moonroof, heated seats, power everything. 6 CD changer. Pristine condition, all scheduled maintenance performed, plus brand new tires. 117K miles. \$9200. Cape Elizabeth. 318-2467 or sanders9@maine.rr.com.

Enjoy Cape Elizabeth photo note cards by naturalist Martha Agan, magan@maine.rr.com. Card assortments available at Ocean House Gallery near the library parking area.

PICNIC TABLE: 5pc. Jarrah picnic table for sale contact lynnasey34@rocketmail.com.

HELP WANTED

Jr. Dentist wanted to provide general dentistry with focus on periodontic control & restorative dentistry. Send resume: Gentle Family Dentistry, 4 Scott Dyer Rd., Cape Elizabeth, ME 04107.

REAL ESTATE

HOUSE WANTED: Ranch or first-floor bedroom needed. Livable, repairable, or land to build. Replies confidential, 30-Day closing. (207)-650-7297.

The Feminine Touch
Wallpapering by
Sue Gabriel
799-3138
Free estimates - References



Next deadline: September 9 For Issue Date: September 23

CLASSIFIED AD RATES

\$4/line
Checks, cash, PayPal (credit cards)
Minimum credit-card order: \$12

MAIL WITH PAYMENT TO:
The Cape Courier
P.O. Box 6242, Cape Elizabeth, ME 04107

NAME	PHONE	EMAIL
------	-------	-------

ADDRESS	ZIP Code	START DATE	**No. of ISSUES
---------	----------	------------	-----------------

PLEASE MAIL or EMAIL THIS FORM!
Please don't leave it at our office if no one is there.

SPECIAL OFFER

Spruce it up for SUMMER! Yard Clean-Out Special: \$100 for 10 cubic yards, up to 2 hours work. SWARTZ ENTERPRISES, Tim Swartz, tim@swartzenterprises.net OR Call 809-9735.

advertising@capecourier.com
or CALL: 207-631-8414

UPCOMING ISSUES

Oct. 7
Deadline: Noon, Sept. 23
Oct. 21
Deadline: Noon, Oct. 7

Rosemary Anne Reid
Insurance Agent

P.O. Box 3082 • Portland, Maine 04104-3082
Phone: (207) 775-5441 • Fax: (207) 934-3131

www.rosemaryinsurance.com • rreid1@maine.rr.com
Life • Disability • Retirement • Long Term Care Insurance

Enhancing Neighborhood Trees & Shrubs Since 1880.

- Tree Removal & Pruning •
- Stump Grinding • Browntail/Winter Moth Treatments •
- Fertilizing & Plant Health Care •

Call For a Free Estimate
207.828.0110

www.davey.com/portlandme **DAVEY** *Proven Solutions for a Growing World*

THE HOBBS FUNERAL HOMES:
Celebrating 75 years serving Cape Elizabeth

We are very proud to be a local, family-owned business serving the Cape Elizabeth community for 75 years. Our first funeral was on December 7, 1941, when the Hobbs Funeral Home was founded by Frank H. Hobbs, Sr., and Elizabeth A. Hobbs. Today, their son, Jeffrey R. Hobbs, is president and owner. And the third generation of the family is now an integral part in the business: Jeffrey D. Inman and Randall B. Hobbs, fully-licensed grandsons of the founders.

Owner Jeffrey Hobbs says, "We're more than just a funeral home, we're neighbors and also a community resource. We have always been local, independent, and family-owned and operated. We take pride in providing highly personalized, caring service for all faiths. Our central philosophy is a "Family Caring for Families."



HOBBS FUNERAL HOME • 230 Cottage Road • South Portland, Maine 04106 • (207) 799-4472

Efficiency Maine **QUALIFIED PARTNERS** ANGIE'S LIST BBB A+ rating

Don't unplug your Smoke Detectors!

There are several reasons for false alarming. It may be outdated; it may need to be vacuumed, or, if located next to the kitchen or bathroom, it may need to be a photo electric type.

TIPS FOR 2016 SMOKE DETECTORS

24 Hour Service Senior/Veteran Discounts on Service Calls baumanvolts@yahoo.com

Call for details and free estimate. **www.trustthisbiz.com/bauman_electric Phone 207-571-4607**

Bostwick
REAL ESTATE & Company

INVENTORY IS LOW & DEMAND IS HIGH.
NOW is the time to get your property on the market!
CALL ELISABETH for an honest, NO pressure, market analysis of your property: **207-415-1383**
Selling Cape Elizabeth for more than 23 years.
www.bostwickandcompany.com

On top of Katahdin



On a recent trip to Baxter State Park, Chris and Julie Munz hiked up Mount Katahdin with their 10-year old son Jack, making it all the way to the top.

The Sportsmen's Alliance of Maine honors Tammy Walter's volunteer efforts



The Sportsmen's Alliance of Maine presented Tammy Walter, president of the Spurwink Rod and Gun Club in Cape Elizabeth, with the S.A.M. president's award for volunteer of the year. The award was given in recognition of her volunteer efforts in support of LD 1500, An Act to Protect and Promote Access to Sport Shooting Ranges. Walter said she was humbled by the presentation and "...is thankful for Maine's independent attitude, outdoor enthusiasts and our lawmakers who recognized the need to protect the dwindling resource of safe, accessible shooting ranges in Maine."

Faith Buckley promoted at Maine State Ballet

Faith Buckley, a senior at Cape Elizabeth High School, was recently promoted to "Apprentice" at Maine State Ballet in Falmouth. She has been a student at the school since the age of 7 and has performed in numerous productions including nine performances of the "Nutcracker" at the Merrill Auditorium.

The Maine State Ballet Company, established in 1986, is a leading professional

dance company in the state of Maine. Comprised of over 25 dancers, the company trains and performs throughout the year.

Artistic director and co-founder Linda MacArthur Miele is a former dancer with the New York City Ballet and protégé of George Balanchine. Jonathan Miele, co-founder, is a former professional Broadway show dancer.

Coldwell Banker Residential Brokerage
Cape Elizabeth Office announces



Mary Walker
August 2016 Broker of the Month

Kathy Duca, Vice President/Managing Broker, is pleased to announce that **Mary Walker** has been named **Broker of the Month for August 2016** for superior sales.

Mary has been a Licensed Broker since 1982. She is a 2015 International Sterling Society Agent, CBRB Accredited Real Estate Professional, Affinity Relocation & Departure Specialist, USAA Certified Agent, Accredited Buyer Representative, Senior Real Estate Specialist and Accredited Staging Professional Realtor.


Mary was previously employed by the Maine State Housing Authority and Management Resources, Inc. and held the Certified Property Management Designation.

Mary brings a wealth of experience to every transaction says Duca. She is an outstanding agent and gives her clients truly remarkable customer service.

For professional real estate services, please contact Mary at 799-5000 x109 • Cell: 831-7291 Email: Mary.Walker@NEMoves.com

The Cape Courier loves to travel

Going somewhere? Then please pack The Cape Courier, take a high-resolution shot of people reading Cape news from afar, and send it to editor@capecourier.com.




A special Maine *Wine Dinner*

Tuesday, October 11 by the Sea
4-Course Dinner with pairings from Cellardoor Winery
\$70. person, reservations required
5:30pm introduction ~ 6pm first course served

Sample menu items:
Butternut Squash Gnocchi
Grilled Octopus
Braised Short Ribs
Taleggio (Poached Pear)

Reservations available at **207.799.3134** or **InnbytheSea.com**

October 7-16
Experience unknown flavors from Out of the Blue!
Chef specials of delicious, lesser known Gulf of Maine seafood.




SEA glass
At Inn by the Sea

40 Bowery Beach Road | Cape Elizabeth, ME 04107 | InnbytheSea.com

JOIN US NOV. 6-12 FOR SPECIAL PAIRED BEER DINNERS FOR PORTLAND BEER WEEK

WHAT MAKES A DISH "WOW" WORTHY?
A culinary mind that never stops creating.

CHEF DAVID TURIN
Exciting Maine palates for over 25 years.



DAVID'S

DAVID'S RESTAURANT
Portland
davidrestaurant.com

DAVID'S 388
South Portland
david388.com

PRIVATE DINING & CELEBRATIONS at DAVID'S OPUS TEN
Portland
davidopus10.com

DAVID'S KPT
Kennebunkport
boathouseme.com/dining

ONE DOCK PRIME STEAKHOUSE
Kennebunkport
kennebunkportinn.com/dining

Support The Courier!
Send in your voluntary subscription now!