

The Cape Courier

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Cell-phone tower, private way, drainage permit discussed by board

By Wendy Derzawiec

The Planning Board will hold a public hearing Dec. 19 on a proposal to build a 180-foot cell-phone tower on a wooded section of the William H. Jordan Farm on Wells Road.

Despite objections from several neighboring residents, the board ruled the application from Global Signal Acquisitions IV LLC (Crown Castle) complete at their meeting Nov. 21.

The application calls for a monopole tower and supporting equipment on a 75-by-75 foot concrete slab, within a 100-by-100 foot gravel area surrounded by fencing. Crown Castle is also seeking a permit to improve an access road that lies within a wetland buffer.

Three cell-phone carriers, including Verizon, ATT and T-Mobile, as well as town communications equipment, had been housed on a Crown Castle tower located at 14 Strout Road, about a quarter-mile from the proposed new location. In January of this year, the company reported that they could not renew their lease and asked the town to create a new tower-overlay zoning district on the Jordan property.

The new tower district was approved by the Town Council in August. Shortly after that, the Planning Board approved plans submitted by Justin Strout, owner of the 14 Strout Road property that had been leased to Crown Castle, to replace four towers there with a single monopole.

Strout, representing his family business Tower Specialists Inc., was one of several neighbors at the Nov. 21 meeting who contended the Crown Castle application was

incomplete. "I would say that the survey concerns me," said Strout, referring to a town requirement for a stamped land survey that Crown Castle is asking be waived. "When you have a road that is going right along the edge of the property line ... especially when they have to widen it and a spillway and a bunch of other things, I'd like to know that it's where it's supposed to be," he said. He cited other information he provided for his tower application that he believed was missing from Crown Castle's.

While Strout and a few others objected to insufficient documentation and other details, most neighbors said their greatest concern was the potential impact the new tower would have on the Leighton Farms and Cross Hill subdivisions.

One, Tiger Lily Lane resident Matthew Campbell, said the photo simulations presented by Crown Castle should depict the new tower in a winter setting without leaves on the trees. Another, Peppergrass Road resident Jonathan Baldwin, said he believed the simulations did not truly represent the visual impacts on the neighborhood. "I strongly object to the approval of this tower," Baldwin said. "With (towers at) 14 Strout Road already in place and the efforts to colocate towers in to one area, this seems completely redundant."

"The town encourages 'colocation' - multiple antennas on one tower - by requiring that towers accommodate more than one carrier," said Town Planner Maureen O'Meara. "The way you limit towers is by not creating

-see BOARD page 4

CEHS Mock Trial team are eight-time state champs



Contributed photo

Front row, from left to right: Lilia Membrino, Christena Gikas, Zoe Evans, Marco Hansel, Marianna Godfrey, Libby Palanza, Rishi Yadav, Dan Howard and Colby Mayer.

Back row, from left to right: Swetha Palaniappan, Keiana Alabre, Addy McGrath, Tori McGrath, Devan Newell, Sami Vaughan, Izabella Rodriguez, Hannah Johnson, Sophie Miller, Lauren Cutter, Assistant Attorney Coach David Hillman, Maggie Pierce, Will Pearson, Grace Roberts, Emelie Jarquin-Manegold, Olivia Tighe, Lead Attorney Coach Dick O'Meara, Lilli Frame, Assistant Attorney Coach Jon Sahrbeck, Hannah Liess, Assistant Attorney Coach Sheila Sawyer, and Teacher Advisor Mary Page.

Congratulations to the CEHS Mock Trial Team on winning their 8th consecutive Mock Trial State Championship. This is the 8th consecutive win for CEHS Mock Trial and the team heads to the National High School Mock Trial Competition in

May. CEHS won by beating the Kennebunk Mock Trial Team on December 6, in a trial presided over by Justice Donald Alexander in the State of Maine Supreme Judicial Courtroom.

CEHS senior Brendan Tinsman signs National Letter of Intent



Contributed photo

Pictured: Front row: Jen Tinsman (mom) Brendan Tinsman, Patrick Tinsman (dad)
Back row: Chris Tinsman (brother) Ashley Tinsman (sister) Jake Tinsman (brother) Andrew Wood (CEHS Varsity Baseball Coach)

Cape Elizabeth High School senior Brendan Tinsman recently signed his National Letter of Intent to attend and play baseball at Wake Forest University in Winston-Salem, NC. The university competes in the NCAA Division I Atlantic Coast Conference. Tinsman verbally committed to playing baseball for Wake Forest in November of his freshman year at CEHS, before ever playing a high school game, while already being recruited by many other Division I baseball programs. Having attended a camp at Wake Forest, he immediately knew this was the school he wanted to attend and the baseball program he wanted to play for.

Tinsman has played on nationally ranked

travel teams based out of California, Virginia and Massachusetts, and played in events that have taken him all over the United States and Canada. He has achieved a number of accomplishments, including being named to the USA Today All USA Baseball team as a sophomore and junior, the All State team as a junior, and the Perfect Game All American 2nd Team as a junior.

"Brendan has always had the goal, dream and drive to play baseball at the highest level possible. Signing a NLOI to play at the collegiate level in the Atlantic Coast Conference at Wake Forest is such a huge accomplishment, one that we are so proud of," stated his parents Jen and Patrick Tinsman.

Anne Carney announces run for Maine House of Representatives

By Marta Girouard

On December 2, Anne Carney officially launched her campaign to represent Cape Elizabeth (District 30) in the Maine House of Representatives. A crowd of over 60 gathered at the Cape Elizabeth Grange Hall for coffee and breakfast treats, with Jonathan Brogan, Dr. Tony Owens, Tricia Naddaff and Beverly Sherman each speaking about Carney's dedication to Cape Elizabeth and her leadership experience.

Naddaff, a business owner who knows Carney personally and has worked with her professionally as a corporate attorney, spoke of her leadership qualities. "Anne is extremely compassionate. She has such a breadth of experience ... and she keeps her heart open to everybody. She understands that to be in government is to be in government for everybody, not just the people who look like you or act like you or think the same way you do. She understands that it is in service of all, and she has the heart to be able to do that."

A resident of Cape Elizabeth for 27 years,



Photo by Scott Dorrance

Carney is running as a Democrat for a seat that will be open in November 2018, when Representative Kim Monaghan, whose service is limited to the four terms she will

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The Cape Courier
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Letters should not exceed 250 words. We reserve the right to refuse letters and to edit for length, accuracy, clarity and civility. We do not withhold names and writers may be limited to one letter per month. Petition-style letters will be declined. Letters reflect the opinion of the author, not The Cape Courier. Email letters to: editor@capecourier.com or mail to P.O. Box 6242, Cape Elizabeth, ME 04107. Please note: Letters will be acknowledged by email.

NEXT ISSUE: Jan 17
DEADLINE: Noon, Jan 5th

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Thank you to community for 'banding together'

The Fort Williams Park Foundation was thrilled with the response to our call for volunteers to band trees against winter moths in Fort Williams Park on Nov. 11. Over 50 people came out on a very cold day to help protect the park's trees and to learn how to protect their own. Thank you to all who participated, to the Town of Cape Elizabeth for their support, and to the Cape Elizabeth Land Trust for their collaboration. This was a great example of our community banding together (forgive the pun) to protect our trees. We will band the trees again next year and plan to spray them with horticultural oil in the spring as a follow-up. Together we can make an impact.

The Fort Williams Park Foundation is an independent non-profit organization that is dedicated to preserving the horticultural and historic resources of Fort Williams Park. We work to make the visitor experience in the Park ever better.

Lynn Shaffer
President, Fort Williams Park
Foundation Board

A great community puts its people first

One value I try to teach my children is to save our hearts' love for people; we do not love inanimate objects. If our house burnt down and we had each other we would still have everything worth loving. It is with a heavy heart that I write my concern that our town is failing our people. How is it that we came to believe that the potential for another greenbelt trail on ocean rocks was more important than the people who live there? How are residents supposed to feel with petitions

Dangers of cell tower construction

I am a Cape Elizabeth resident who is a chemical, environmental and toxicological researcher and consultant. I have written three books, published numerous papers in the scientific and medical literature that address the dangers of exposure to electromagnetic radiation and have consulted and given expert testimony on behalf of communities seeking to ban cell tower construction.

My published research, as well as that of numerous other scientists, has clearly demonstrated that there is a dose-response relationship between radiation exposure and disease causation. Accordingly, having two cell towers in close proximity would expose nearby residents to unreasonably high radiation levels and increase the likelihood of their falling ill with cancer and other diseases.

I urge the town council to vote down the cell tower proposed by Crown Castle.

Harold I. Zeliger, Ph.D.

Ensuring the viability of a Cape Elizabeth Farm

We are the fifth generation to be part of operating Jordan's Farm at 21 Wells Road and we are writing to explain what a tower on our property means to our farm and to Cape Elizabeth.

Like any business a farm must evaluate its assets and identify ways to leverage those assets. Some might choose to sell property. This is never the first choice for a farmer. The tower project before the Planning Board on December 19th is a way for Jordan's Farm to generate revenue from wooded land and at the same time ensure that Cape Elizabeth can continue to enjoy the products from our fields.

The proposed tower at 19 Wells Road is replacing an existing tower that sits on an adjacent property. An existing tower will come down and a new tower will be erected on our property. The new tower will have less of an impact visually and will continue the existing services.

We are disheartened by the reaction of neighbors to the construction of a tower. Our family has always felt they are good neighbors. Our grandfather knew that what we hold dear (our land) is beautiful and he sought ways to be neighborly. It is disturbing to us that the very people who seek to enjoy our property want to deny us the opportunity to "preserve our farm" and keep the non-tillable land from becoming houses.

We recognize there are people who support our efforts to keep Jordan's Farm a vital part of our town, and we thank you. It would be appreciated if you could let the Planning Board know of your support prior to their December 19th meeting. (Contact Maureen O'Meara, maureen.omeara@capeelizabeth.org)

Scott Butterfield
Mark Butterfield
Philip Jordan

THANK YOU!

Your voluntary subscriptions and other contributions help keep this community newspaper coming to your mailbox.

Thank you to this recent generous contributor:

Jon & Paddy Clark

Checks made out to The Cape Courier may be mailed to P.O. Box 6242, Cape Elizabeth, Maine, 04107. Future contributions will be acknowledged in an alphabetical format. Please include a message on your correspondence if you prefer to remain anonymous.

Correction

In the Nov. 22 issue, in the article on Paul Stevens's presentation to the CEHPS, it was printed that the Maine Historical Society owns the Winslow Homer studio at Prout's. The Portland Museum of Art is the owner of the studio.

and signs around town demanding we be able to walk through their yards to climb rocks in front of their kitchen windows? They say they are concerned about their privacy and safety. I believe them. There is no town benefit in keeping paper streets or continuing this conflict that equals or exceeds the very human concerns of people who live there. I can't imagine how hurt, targeted, and vulnerable they must feel. We have put them in a horrible position. A great community puts its people first. There are sometimes very real moral dilemmas that occur in communities; this is not one of them.

Please reach out to those affected to tell them we care, we want them here, and are very sorry for all this has put them through. Let us remember that if our town burned to the ground and we had each other, we would still have everything here worth loving.

Jennifer Bodenrader

The Cape Courier
Wishing you and yours a joyous holiday season!




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Cape Elizabeth Then and Now: The Annie C. Maguire

By Jim Rowe



Photo courtesy of the Cape Elizabeth Historical Preservation Society



Photo by Jim Rowe

Millions of sightseers at Portland Head Light are reminded of the events of Christmas Eve 1886 when they read the hand-painted ledge just a few yards to the south of the light tower.

The three-masted British barque Annie C. Maguire (photo of the wreck pictured above on left), enroute from Argentina, came aground and languished there in the frigid mid-winter temperatures on that December 24, one hundred and thirty-one years ago.

Quick action by light keeper Joshua

Strout, his family, and a few neighbors on that night saved all of those onboard with the combined use of a breeches buoy and also by laying planks and ladders to form a bridge to the stricken vessel.

The cause of the wreck remains inconclusive even today. Vague reports from crew members suggest that visibility was good and that the weather on that night may not have been a major factor. A salvage operation was mounted, recovering some of the ship's cargo, rigging, etc. But the ship itself was smashed to bits just a

week later by a vicious nor'easter.

Joshua Strout's grandson, John Strout, who later served as assistant light keeper at Portland Head and head keeper in other locations, celebrated his 21st birthday in 1912 by memorializing the wreck in paint and with a makeshift marker. The message was initially lengthier than what appears today. The painted message on rock is pictured above on right as it appears currently. But even in its abbreviated form, the words transport us to a time when navigating Maine's storied

rockbound coast was indeed a perilous undertaking...even under the watchful guard of a venerable lighthouse.

Comprehensive Plan Committee by the numbers

If you care about our schools, you may be surprised to learn that children may not be a town priority for much longer. At least, that is the narrative coming out of the Comprehensive Plan Committee, which claims the under-5 population in town is down a whopping 50%.

That the Committee would put forth this erroneous statistic without checking its facts is troubling but not surprising. In constituting the Committee, the Town Council failed to provide families of Pond Cove and younger children a place at the 9-member table, even though names were submitted for consideration and we constitute roughly 25-30% of the Town's population.

This Council oversight is causing ripple effects throughout the Comprehensive Plan. For example, the Committee assumes ongoing school enrollment declines while in the real world enrollment has leveled off and is almost 2% higher than anticipated less than a year ago.

These errors should worry you even if you don't have kids in the school as they are being used to justify weakening our zoning ordinances.

Under the guise of claims that our housing stock is misaligned with its imaginary demographic shifts, the Committee is contemplating recommending allowing new construction on dozens of otherwise undevelopable nonconforming lots in historic neighborhoods such as Oakhurst. Even more troubling, some Committee members advocated

discussing their conclusions first before considering the underlying facts.

Although I am thankful to all town residents that volunteer their time to the community as a whole and generally believe informed decisions of advisory boards deserve a modicum of deference, the draft Comprehensive Plan sections should go back to the drawing board.

Chris Straw

Thank you, Seniors at CEHS

This year I was fortunate to receive services from the CEHS Senior-to-Senior Program! Mr. Tom Kohan, Faculty Advisor for this special Program, reached out to Seniors to rake the leaves in my yard. They not only cleaned up my front and back yards; these young men then brought the leaves to the Transfer Station. They did a thorough job! I could not have been more satisfied! My special thanks go out to Mr. Tom Kohan, Faculty Advisor, and the Seniors who volunteered their time. They are: Tate Perkins, Ryan Collins, David Hare, Jonathan Bergh, and Robel Hagos.

Wishing you each a Happy Holiday!

Jane Vachon



Recycling Center Holiday Hours

Closed - Sunday, December 24th (Normal)
Closed - Monday, December 25th
Open - Tuesday, December 26th from 8:00 AM to 5:00 PM
Closed - Sunday, December 31st (Normal)
Closed - Monday, January 1st
Open - January 2nd from 8:00 AM to 5:00 PM



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Scott Dyer Road & Hill Way “winterized” for the season

By Robert Malley

As the start of the winter approaches, work is wrapping up for the season on the Scott Dyer Road/Hill Way Project. The project has now been “winterized,” which entailed placing temporary asphalt against the exposed pavement joints. This was done to facilitate plowing on both public walks and private driveways this winter. There are also some temporary pavement markings that still need to be applied such as crosswalks and center lines. It had been hoped to finish the project in early November but that was not possible given some rainy weather and late season de-

mands on the paving contractor’s schedule. The surface layer of pavement still needs to be placed on Hill Way and the new sidewalks and is now scheduled to be done in the spring of 2018.

Town staff appreciates the patience of all those residents who had to detour around or transit through the project this summer. We want to especially thank those residents who live between Farm Hill Road and Longfellow Drive. They had to endure the most invasive part of the construction which involved replacing a sanitary sewer line in front of their homes.

Winter Moths: Tree warden asks residents to report concentrations

Winter moths have been sighted in town and the town’s tree warden is asking residents’ help in pinpointing their concentrations.

The small, light-brown males have begun to appear around porch lights and headlights, Tree Warden Todd Robbins said. “The hatch just occurred on Thanksgiving and the bands are now collecting,” he said, referring to the sticky material that has been wrapped near the bases of town trees to capture flightless females before they lay their eggs. Many residents have banded trees on their property as well.

Residents sighting concentrations of male and/or female winter moths are

asked to report their findings to Robbins. To do so, visit, https://www.capeelizabeth.com/government/rules_regs/forms/winter_moth_form.html or contact Tree Warden Todd Robbins, todd.robbs@blackpointcorporation.com

Winter moths are invasive insects that threaten hardwoods, including maple, ashes and oak, and fruit trees. Repeated defoliation by winter-moth larvae in the spring will lead to the tree’s death. Earlier this month, dozens of volunteers assisted in banding trees in Fort Williams Park to protect against winter-moth defoliation.

Parking ban on Cape streets in effect

Cape Elizabeth’s overnight winter parking ban is now in effect. No vehicle should be left on the roadways from 1 a.m to 5 a.m. from Dec. 1-April 1. Cape Elizabeth Public

Safety and Public Works may call for daytime parking bans during major snowfalls this coming winter.

Time to move hoops away from road

Cape Elizabeth Public Works would like to remind residents that it’s time to remove portable basketball hoops from the edge of the roadway. Hoops need to be 10 feet or more from the roadway to avoid damage - to plowing equipment and to the hoops themselves.

The heavy-steel rims on basketball hoops are about the same height as the mirrors

and warning lights of the town snowplows and can do substantial damage, said Public Works Director Robert Malley. In turn, the hoops can also be damaged by the plows.

Public Works is not responsible for damage to basketball hoops left in the town right-of-way, nor does the Town wish to see the equipment damaged.

Board

Continued from page 1

too many tower-overlay districts,” she said, but the Town Council did agree to allow the overlay zone on the Jordan property.

The new tower is expected to provide similar coverage to what was being delivered at the Strout Road location.

Planning Board chair Carol Anne Jordan was recused from discussion because she is part owner of the Jordan property. Joe Chalut, acting as chairman, encouraged neighbors to attend when the board visits the site Dec. 3, and to bring concerns to the Dec. 19 hearing. Federal law prohibits local boards from taking health impacts into consideration when approving towers, O’Meara said.

Dec. 19 hearings on private way, drainage permit

The board will hold two other public hearings on Dec. 19. One is an application to build a private accessway for a new home at the end of Beach Bluff Terrace; the other is for an “after-the-fact” wetlands permit to accommodate a drainage system at 26 Han-

naford Cove Road.

The private accessway would provide access and frontage for a lot owned by Peter Weare, behind the home he owns at 69 Beach Bluff Terrace. The lot fronts the portion of the Thompson Road “paper street” that was vacated by the town in 2016.

The wetlands permit would allow disturbance of 1,557 square feet of wetland that occurred when a drainage system was installed at 26 Hannaford Cove Road by a previous owner. The current owners, Ronald Bailyn and Patricia Morris, are planning to replace the failing system.

Permit to connect solar panels approved

In other matters, the Planning Board on Nov. 21 approved a request from the Sprague Corp. to alter 400 square feet of wetland to install underground electric utilities for a solar farm at 95 Bowery Beach Road, next to Green Spark Farm.

Eight solar panels have already been in-


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2018 Publication Schedule					
Issue No.	Ads/Copy Due	Issue Published	Issue No.	Ads/Copy Due	Issue Published
01	Jan 5	Jan 17	12	June 22	July 4
02	Jan 26	Feb 7	13	July 13	July 25
03	Feb 9	Feb 21	14	Aug 3	August 15
04	March 2	March 14	15	Aug 17	Aug 29
05	March 16	March 28	16	Aug 31	Sept 12
06	March 30	April 11	17	Sept 14	Sept 26
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08	April 27	May 9	19	Oct 12	Oct 24
09	May 11	May 23	20	Oct 21	Nov 7
10	May 25	June 6	21	Nov 4	Nov 21
11	June 8	June 20	22	Nov 30	Dec 12

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A winter farmers' market for our community

By Mary Ellen Chadd

Cape Elizabeth is home to Alewives Brook Farm and Green Spark Farm, two farms growing greens through the winter here in Cape and selling at the Portland Winter Farmers' Market. Many Cape residents are regulars at the Portland Farmers' Market, and others enjoy supporting the variety of farm stands and U-pick farms in our awesome community. As Cape residents, we have the opportunity to get to know our neighbors – farmers, lobstermen, chefs, artists, doctors, entrepreneurs and all kinds of career professionals. Our local farmers' market provides a space to gather in winter.

My husband Austin and I earn our livelihood by farming vegetables year-round, in the sun and the snow, on four acres of leased land we call Green Spark Farm on Fowler Road. We sell the majority of our certified organic vegetables at the Portland Farmers' Market in the summer and the winter. This fall, I led a documented search of over forty-seven different locations in Greater Portland to find a suitable location to move the Portland Winter Farmers' Market. I kept a spreadsheet to compare locations by square footage, parking spot counts, and commuting distance. Toting my twin toddlers along, I visited top location choices, took pictures, and asked about loading docks, double door centerpins, and fees. I also represented the Portland Farmers' Market at City Hall in support of the amendments to the City Ordinance to allow the move.

Certainly, I was motivated to grow the winter market for my own farm business, but I was also motivated by local pride. Pride for the place I grew up, on the boarder of South Portland and Cape Elizabeth (Richards Street in South Portland, bordering Maxwell's Farm), and pride for the people, farmers, customers and residents, of this place. From my perspective as a Cape resident and farmer, the vision of a vibrantly popular and accessible regional winter farmers' market for my community, is becoming realized.

The Portland Winter Farmers' Market opened in its new location at Maine Girls' Academy (MGA, formerly Catherine McAuley), 631 Stevens Ave, on Saturday, December 2nd. The MGA gymnasium is three times the size of previous winter market sites, and offers increased customer accessibility with a 125 space parking lot, and service on two bus lines with a bus stop out front. This location has the space capacity to allow our farmers' market to grow the number of farm vendors, serving more farms in Maine as well as more customers.

One more way our market improves accessibility is by participating in the state-



Contributed photo

Jodie Jordan, of Alewives Brook Farm

wide Maine Harvest Bucks program, allowing us to grow more local produce for families on a limited budget. This market provided Greater Portland's neediest families with an extra \$82,000 in fresh local food over the last five years. In the winter, when funds for families tend to be tighter, our market actually increases to a double dollar match to get more fresh veggies onto residents' dinner tables. The Portland Winter Market's new location means increased access to farm products for more residents, growth in locally grown sales for more farms, and the capacity to create one of the best winter farmers' markets in the state.

Here in Cape, we have the opportunity to support our neighbors personally, and enjoy the benefits of a community of colorful professionals. We have the chance to befriend one another, grow up and grow old together. The farmers' market is a gathering spot for the love of local food, agriculture, and community. In this era of isolating screen time, gathering together face to face is essential, especially in winter. As a resident of this land and place and community in Cape Elizabeth, participating in the farmers' market is my patriotic act. Come join me, and introduce yourself. I'll meet you at the market!

The Portland Winter Farmers' Market runs on Saturdays 9 a.m.-1p.m., from December through April 21 at the Maine Girls' Academy, 631 Stevens Ave in Portland. The Winter Market will host a Grand Opening Celebration December 23rd.



Contributed photo

Austin and Mary Ellen Chadd, of Green Spark Farm

Cape Elizabeth Water Extraction Team to hold annual Polar Dip



Contributed photo

Pictured are participants braving the icy waters at the 2016 Polar Dip

The Cape Elizabeth Water Extraction Team is holding its annual Polar Dip on Monday, January 1, 2018 at Kettle Cove Beach and invites everyone to start the new year off with a bang. The Dip begins promptly at 11:00 a.m., and participants are encouraged to arrive at Kettle Cove Beach at least 30 minutes early. Hot beverages will be available for purchase at the event.

Participants need not register in advance and are asked to make a minimum \$10 contribution to participate. All proceeds from the annual event, now in its 18th year, benefit CEHS Project Graduation 2018.

Project Graduation was started in Maine in 1980 after a string of teenage deaths and injuries, the most tragic of which resulted in the death of five teenagers. Parents and community businesses in Oxford County

came together to establish the first Project Graduation. Their goal was to increase awareness and reduce the number of youth alcohol and drug related crashes. This concept spread throughout Maine and by 1983, the number of teen fatalities occurring during graduation period plummeted to zero. Six years later, Project Graduations events were held in all 50 U.S. states and two Canadian provinces. It is a proven model that not only keeps youth safe, but shows teens that an entire community cares about them by supporting an alternative to the traditional graduation night drinking event.

For additional information about the Polar Dip or Project Graduation, please contact the CEHS Project Graduation 2018 committee at CEHSgraduation2018@gmail.com.

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Library presents new programs for seniors and teens, a writer's group and introduces new therapy dog, Ollie

Library Seeking Book Donations for the Book Fairy Pantry Project

The library is partnering with Judy's Pantry as part of the Book Fairy Pantry project, an effort to get children's books into the hands of children in need by connecting with food pantries nationwide. If you have new or gently used children's books you'd like to donate, please drop them off in the collection box in the children's library. The books will be delivered to Judy's Pantry to benefit Cape Elizabeth families. Judy's Pantry is located in the Cape Elizabeth United Methodist Church. The pantry is open, free of charge, to Cape Elizabeth residents who have limited resources and are struggling to eat healthy food — no paperwork, no questions asked. Books will be collected at the library as part of the Book Fairy Pantry Project on an ongoing basis. For more information, please visit the library's website.

Upcoming Programs

For Adults:

Maine Author Jeff Ryan on the Appalachian Trail

Thursday, December 14,
6:30 pm – 8:00 pm

Maine author Jeffrey Ryan took 28 years to hike the Appalachian Trail. He kept meticulous notes and shot wonderful film, then digital shots of his journey. He'll be at the library on December 14th to talk about behind-the-scenes stories from his humorous and eventful tale, and read from his highly acclaimed first book: "Appalachian Odyssey: A 28-Year Hike on America's Trail." Jeff will also talk about his newly released 2nd book: "Blazing Ahead; Benton Mackaye, Myron Avery, and the Rivalry That Built the Appalachian Trail." Jeff traveled the country researching the unlikely partnership and rivalry between two men who dreamed of, and then created the AT — an undisputed national treasure. Copies of Ryan's books will be available for purchase and the author would be delighted to sign copies.

Democracy Café

Tuesday, January 9

6:30 pm – 8:00 pm

The Thomas Memorial Library Democracy Café opens on January 9th! Please join us on the second Tuesday of each month as we take a deep dive into what a democracy is and how we can make our democracy better. The group will choose a topic to focus on each month plus we'll bring in a few guest speakers. Come prepared to talk — and to listen. Share, learn, and connect to help make our world a better place.

Senior Tech Time!

Wednesday, January 10
10:30 am – 12:00 pm

Due to popular demand, we are setting up time each month for Seniors to come in to get help with technology questions. We'll choose a topic each month to help get you comfortable with skills like searching the Internet, creating documents in Word, and learning to Google! You can come every month, or just come on the months that interest you most. Senior Tech Time will meet the second Wednesday of each month from 10:30-noon. We'll start off working together as a group in the Conference Room downstairs. Then we'll move upstairs to the computers to make sure you leave with all of your questions answered. We'll start off with a general overview in January — then choose specific topics that appeal to the group for future months. Please let Adult Librarian Kevin Goody know if you have a topic you'd like to cover!

Writer's Accountability Group (WAG!)

Wednesday, January 17
10:30 am – 12:00 pm

Are you looking for a way to get started writing? Or, if you're already writing, would you like to connect with other writers? Starting January 17th, we are delighted to introduce our first Writer's Accountability Group (WAG!). We'll host monthly meetings on the 3rd Wednesday of each month from 10:30-noon. Please join us to meet other writers; share your work; share resource ideas about editors, publishers, and agents; give yourself a deadline each month to show up with your latest work; and have fun! Let's WAG together starting in January.

Regular "on-going" adult programs:

Knitters Mondays at 1:00 pm

Morning Book Group, 1st Wednesday of the month, 9:30-11:00 am

Evening Book Group, 3rd Thursday of the month, 7:00-8:00 pm

For Tweens & Teens

Mondays: Magic Mondays (2:30-4:30pm)

Tuesdays: Tabletop Gaming Club

Love playing challenging board games? Join our new Tabletop Gaming Club on Tuesdays, starting December 5th from 2:30-5pm! Each week there will be two sessions: 2:30-3:30pm after school for ages 11-13 and 4-5pm for ages 14-18. We will have games like "Sherlock Holmes," "Pandemic," "Betrayal at House on the Hill," and many more! Each week we'll feature a new game. No registration required.

Wednesdays: Creativity Lab (for elementary & middle school students, drop in between 2:30 and 4:00 pm)

Thursdays: Crafternoons (2:30-3:30 pm) Open to ages 10 and up

Thursday: Dungeons and Dragons (4:00 -7:00 pm) Open to ages 11 and up

Fridays: Game On! (2:30-4:30 pm)

Starting in January:

Dumbledore's Army: A Weekly Meeting for Wizards and Muggles to Create, Discuss, and Enjoy All Things Harry Potter!

Thursdays from 3:30-4:30 after school in the Room of Requirement beginning January 4th, 2018. Open to ages 11 and up. No registration required.

Winter Wizard Reading Tournament!

Participate in our new winter reading program with a Harry Potter theme! Get sorted into your Hogwarts house and earn points for your House by reading books. Each book you read is worth 5 points! Each book you read puts you into the drawing for weekly prizes! Earn extra points for reading a recommendation from your House Librarian! One grand prize winner will be drawn at the end of the program. Runs from January 2nd 2018-February 23rd 2018. Open to ages 11-18.

For Children

Story Times for Winter continue beginning December 18 (there will be no regular story times during the week of December 10-16. For complete details on the children's weekly story time schedule, please visit the children's program page on the library's website.

Winter Family Sing-Along with Ann Sparling

Saturday, December 16 from 10:30 - 11:15a.m. Children's musician Ann Sparling returns for a winter celebration in song, especially for families with young children.

Families Discover Great Artists

This new program for families with children ages 3 and up will take place on the first Saturday of every month from 3:00 - 4:00 p.m. Kiah Gardner will lead families in an exploration of a particular artist's life and work through books, images, and hands-on art projects. The first program will take place on Saturday, January 6 at 3:00 p.m. with an exploration of Matisse. No registration is necessary and families with children from tots to teens are welcome!

Read to a Dog

The library's Read to a Dog program returns with a new therapy dog. Ollie, a six-year-old mini poodle, will visit the library with his handler, Cape resident, Eileen Taft, on Thursday afternoons beginning January 4. Children can sign up to read to Ollie for 15 minutes at time from 3:15 - 5:00 p.m. For complete details and registration information, please visit the library's website.

On display in the Library's Art Gallery:

Notice: There are currently openings in 2018 for artists to display their work. If you are interested, please stop by the library for a gallery application.

December:

"TWO SEASONS AT DEVA LOKA, GARDEN SANCTUARY CAPE ELIZABETH"

PAINTINGS BY MICHAEL J. CAUDLE

An art exhibit titled "Two Seasons at Deva Loka, Garden Sanctuary Cape Elizabeth" will be on exhibit in the Stier Family Gallery through December 31, 2017. Michael is a local artist who has exhibited once before at the Stier Family Gallery, along with two other artists, in July 2016. This exhibit encompasses a significant number of botanicals and garden room pieces that were painted "plein air" at "Deva Loka". He has used watercolor over pencil throughout this exhibition. His extensive inventory of paintings depict venues along the Maine Seacoast, including a series of both winter and summer scenes of Fort Williams Park. There will be an Opening Reception on Thursday, December 7, 2017 from 6:00 to 8:00pm. All are welcome!



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Cape Robotics Tournament a success

Thank you to all of our volunteers, business sponsors and spectators for making our November Robotics Tournament a success. Twenty-nine robots from all over Maine competed in the event. Team 56C, partnered with Team 56E and Team 1764B (Yarmouth), won the Tournament. Team 56C also won the Skills Award and the Excellence Award. In their debut event, Team 56H, won the Sportsmanship Award. Both Team 56F and Team 56G finished in the top five robots during the qualifying matches. Go Cape Robotics!

Pictured (on right) from left to right back row: 56C: Caleb Weinstein-Zenner, Nate Labrie, Ryan Collins, Oliver Kraft; 56E: Joe Jacobson, Joey Labrie

Front row from left to right: 56H: Eva Morris, 56G: Evan Gebhart, Matthew Zimmerman, Matthew Leighton

Not pictured, 56F: Cully Richard, Matthew Yim and Ryan Connolly; 56G: Carter Merriam; 56H: Lauren Abrahamsen, Josie Caton, Nora Lane, and Carmen Erickson.



Photo by Shawn Weinstein-Zenner

Cape residents give back



Contributed photo

Cape Elizabeth residents recently volunteered at Preble Street to "unstuff" the bus of donated food items from Cape Elizabeth Schools. Pictured left to right: Andrew Rinaldi, Mary Petrik, Marshall Pillsbury, Madalyn Simopoulos, Gavin Simopoulos, Nate Mullen, Sal Deschino, Rob Simopoulos, Dylan Hewitt (not pictured: Noah Pillsbury)

CEHS Theatre to present two plays

On December 15 and 16 at 7:00 p.m., Cape Elizabeth High School Theatre will present a twin-bill of Neighborhood 3: Requisition of Doom, a one-act play by Jennifer Haley, along with Tim Farrell's student improv troupe performing Why Jeff Shedd Has Grey Hair.

In a suburban subdivision with identical houses, parents find their teenagers addicted to an online horror video game. The game setting? A subdivision with identical houses. The goal? Smash through an army of zombies to escape the neighborhood for good. But as the line blurs between virtual reality and reality, both parents and players realize that fear has a life of its own.

New CEHS Theatre Director Christine Marshall is excited to bring this play to life at Cape Elizabeth High School

with such a strong cast. "The play, on its surface, is a contemporary thriller, with our addiction to virtual reality at its center. But beneath the central plot, the play speaks to our diminishing ability to speak to one another directly, to communicate fully, to understand each other. It's a very exciting production and the cast is just wonderful. These students are taking on the demands of a very complex storyline and running with it. It's a pleasure to work with them."

Tickets cost \$5.00 and are available at the door at Cape Elizabeth High School auditorium. Play material is considered in the "PG-13" range.

Please contact Christine Mackenzie at cdmacme@gmail.com with any questions.

Boy Scouts paint a starry night



Contributed photo

Pictured left to right: Josh Trachimowicz, Alex Kang, Tim Fredericks
Local boy scouts meeting at Pond Cove Elementary had a chance to paint their own starry night recently. Den Mother Kelly Fredericks of troop 30 organized a visit from local artist Kim Case who talked about what it's like to be a professional artist and led a painting tutorial.

Cape Elizabeth Education Foundation announces grants for Fall 2017

The Cape Elizabeth Education Foundation (CEEF) is honored to announce the grants awarded for our Fall 2017 cycle:

- Emily Piller for a Middle School Ukulele program;
- Festival of Curiosity for its one-day, Middle School STEAM event;
- Jeff Shedd for renovation of the High School Faculty Lounge;
- Joyce Nadeau for summer cultural experiences program at the High School;
- Rebecca Bean to bring the Portland Symphony KinderKonzerts to Pond Cove School;
- Laura Briggs for a Chewonki preparedness and mindfulness program for the Middle School
- Cameron Rosenblum for three-day artist-in-residency program for Pond Cove School.

Congratulations to all of the grantees, and a thank you to all CEEF donors - you make big dreams possible!



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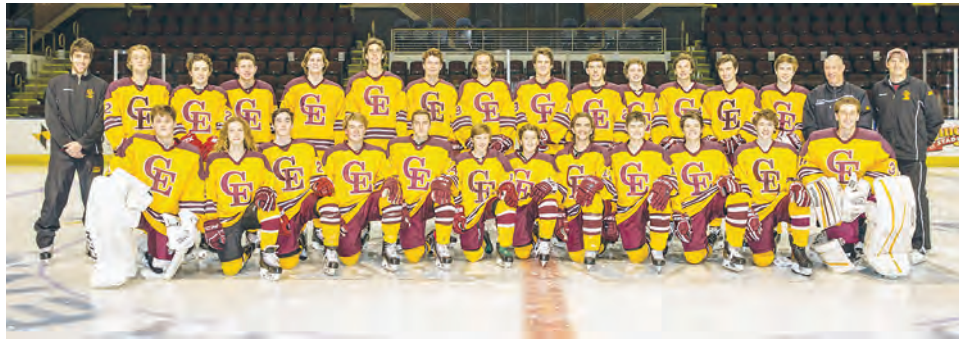
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CEHS boys hockey to collect Christmas trees



Contributed photo

Pictured is the Cape Elizabeth High School Boys 2017-2018 Hockey Team

The Cape Elizabeth High School Boys Hockey team will be picking up Christmas trees starting at 8am on December 31st and again on January 7th. Donations received will help defray the costs of the overall season including ice time and transportation. For more information, watch for the Insert in this edition of the Cape Courier.

Sales will be starting soon for this year's Boys Hockey Calendar Raffle. Prizes include Bruins tickets, Sea Dog tickets, restaurant gift cards and more. To purchase a calendar, please email littlemache@gmail.com or agreenwoodwc@gmail.com.

And make sure to come cheer on the boys as they start their 2017/18 season!

CEHS girls' soccer team shows a lot of heart

By Kevin St. Jarre



Contributed photo

Pictured is Cape Elizabeth coach Craig Fannan, along with senior captain Bridget Brett and junior captain Tory McGrath.

Cape Elizabeth High School's girls soccer team finished their season as regional Class B runners-up, losing to Yarmouth in the regional championship 1-0.

It was a roller-coaster season for the Capers. The season-opener was a bit of a shock, when the girls lost to Freeport 1-0.

They won their next five games, however, outscoring their opponents 25-3. Next came a decisive loss to Yarmouth, the eventual regional and Class B state champions, by a score of 7-0, and this loss was followed by another four losses in a row. Some began to doubt whether or not the team could recover.

They finished their season in 7th place, and they faced tough opponents in 2nd place Oak Hill, and then 3rd place Greely in their first two playoff games. The Capers enjoy being underdogs, however, and with the odds against them, they defeated Oak Hill 6-0, and Greely's Rangers 3-2.

Facing 1st place Yarmouth for the chance to advance to the state championship was certainly daunting, as they had lost to Yarmouth 7-0 earlier in the season, but the Capers rose to the challenge, held the game tied and scoreless for the first 62 minutes, and lost 1-0 only on an unlucky bounce that resulted in a goal.

The team is young, and many of these talented and gutsy players will return next year.

Cape schools seeking volunteers

Middle School Coding Club Assistant Advisors

The Middle School Coding Club is looking for volunteers to serve as Assistant Advisors for club sessions on Wednesday or Thursday mornings from 7:00-7:55 a.m. The ideal volunteer will have coding experience (or the willingness to learn) and will be able to study the tutorials before meeting with students. The students will be working with XCode or SNAP! (Build Your Own Blocks) and Photoshop. If you are interested in this volunteer position please contact Dean Zaharis, manager of data services, at dzaharis@capeelizabetschools.org. Further information about the club can be found at www.xcodeclub.org.

Pond Cove Art Studio Assistant

The Art Department at Pond Cove Elementary School is looking for a volunteer to help mount and hang student art in the halls of Pond Cove. The ideal volunteer will be able to dedicate 1-2 hours every other week. If you are interested in this assignment please contact John Holdridge at jholdridge@capeelizabetschools.org.

Pond Cove Library and Learning Commons (LLC) Assistants

Opportunities exist to volunteer on a regular basis in the Pond Cove LLC. Days and times can be arranged to meet the needs of those willing and able to commit to a regular schedule. Please contact John Holdridge at jholdridge@capeelizabetschools.org.

French Tutors

The Foreign Language Department is looking for native speakers of French to provide some tutoring and extra challenge for advanced middle school students. If you would like to find out more about this opportunity please contact John Holdridge at jholdridge@capeelizabetschools.org.

Career Fair Presenters

We are looking for professionals from a variety of fields who would be willing to have career conversations with students as part of the CEMS Career Conversation series or at the CEHS/SPHS Career Fair to be held on Wednesday May 2. If interested in finding out more about these opportunities to share your professional experience, please contact John Holdridge at jholdridge@capeelizabetschools.org.

We will be collecting "stocking stuffers" to donate to the Barbara Bush Children's Hospital "Owwie Box". Stop by our office today and bring good cheer to a deserving child this holiday season! Collecting through December 20th.




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CEHS football team celebrates successful 2017 season



Contributed photo

Front L to R: Jacob Brydson, Andrew Hartel, Jack Glanville, Matt Laughlin, Finn McQueeney. Back L to R: Head Coach Aaron Filieo, Spencer Sprague, Jack Tower, Matt Conley, Bear Huffard, Ryan Weare, Louis Daukas, Jacob Budischewsky, Nate Labrie, Luc Houle (Not pictured: Issac Monroe-Gipson)

The Cape Elizabeth High School Football Team players, coaches and families gathered on Sunday, Dec. 3 in the CEHS Cafeteria to celebrate the team's very successful 2017 season which culminated in winning the Class C South Conference Championship and an appearance in the Class C State Championship game in Orono against Maine Central Institute. Cape Football Boosters President Ann Convey welcomed everyone and expressed thanks to the Boosters officers and Board members, as well as others who took lead roles in making this season a success both on and off the field. After dinner, Head Coach Aaron Filieo and the entire coaching staff presented certificates and varsity letters to the players before presenting the following individual awards:

The Mickey Maher Volunteer Award, given each year in memory of Mickey Maher, to one or more volunteers who have gone above and beyond in supporting Cape Football: Peter and Linda Weare

The Kyle Toot Award, given each year to honor a player who exemplifies the spirit of high school football: Jack Glanville

Most Valuable Player, Team: Ryan

Weare

Most Valuable Player, Offense: Andrew Hartel

Most Valuable Player, Defense: Louis Daukas

Coaches' Award: Bear Huffard

The Donnie Martin Brother Award:

Jacob Budischewsky

Comeback Player of the Year: Issac Monroe-Gipson

Paul Lavallee Lineman of the Year Award, given in memory of Paul Lavallee: Luc Houle

Most Improved Player, Offense:

Spencer Sprague

Most Improved Player, Defense: Jack Tower

Unsung Hero Award: Nate Labrie

Braveheart Awards: Seniors: Jacob Brydson; **Juniors:** Matt Conley; **Sophomores:** Matt Laughlin; **Freshmen:** Finn McQueeney

The entire CEHS Football Family would like to thank the community for its wonderful and enthusiastic support during this season and we hope to see everyone in the stands at Hannaford Field next year!

CEHS football players named to All-Conference Team



Contributed photo

Six CEHS football players were recently honored as members of this year's All-Conference Team. Pictured are front L to R: Coach Mike McLaughlin; Senior and Team Captain Ryan Weare; Head Coach Aaron Filieo; Junior Louis Daukas; Senior and Team Captain Jack Glanville; Senior Jacob Brydson. Rear L to R: Coach Peter Weare; Senior and Team Captain Luc Houle; Coach Rob Susi; Junior Andrew Hartel

Juniors Matt Conley and Bear Huffard received Honorable Mention recognition for the All-Conference Team. Senior Nate Labrie was named to the Campbell Conference All-Academic Team, which requires a cumulative GPA of at least 93. In addition, Ryan Weare was named the Class C Most Valuable Player for 2017. Ryan, a four-year letterman in football at CEHS, rushed for over 1,300 yards and made 92 tackles during the season.

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Cape Athlete Profile: Finn Bowe, shooting guard for the Capers

By Kevin St. Jarre

Finn Bowe is a senior on the Cape Elizabeth High School varsity basketball team, coached by Jim Ray. He has played shooting guard for CEHS for four years now.

When asked what he likes best about the sport, Bowe said, "My favorite part of basketball is working towards a common goal with my teammates everyday."

While he remembers his first experience on a basketball team was probably Saturday morning basketball in 1st grade, Bowe said, "My first time being on a real travel team would have been fifth grade."

There is a family history in the sport. "I ended up playing basketball because that's what my whole family has always done. I grew up with basketball always on the TV, and I would always watch my brothers' games and try to emulate them," he said.

Bowe points out the two ends of the game are different. "The most challenging part of playing basketball is probably being able to stay in good enough shape to be able to play high-pressure defense for an entire game. It is a lot tougher to stay engaged on defense than on offense," he said.

Bowe's coach, Jim Ray, has led the

team for nearly a quarter of a century with over 300 victories, and was inducted into the New England Basketball Hall of Fame in 2013. Ray was coaching when the program won a state championship in 2015, which was Bowe's freshman season. Bowe said, "Something Coach Ray has constantly told me and all my teammates throughout my years at Cape is that it takes lots of unselfish players to make up a great team. It has shown to be true too, as the best teams I have played on during my high school years were teams where no one cared who scored as long as the team got wins."

Bowe enjoys the effort winning takes, saying, "My favorite part of competing in sports is the feeling of hard work paying off when you get a big win. Our entire team goes through tough practices together day in and day out, so it is a great feeling when the team can grind out a big win against a good opponent."

When asked to give advice to younger players who might be watching the Capers from the stands today, but whom might be varsity starters in the future, Bowe said, "Play as much basketball as you can. There are many skills that some players possess that can't be taught, that



Contributed photo

Finn Bowe goes over the reach of a defender to get the shot off. The senior plays shooting guard for the CEHS Capers.

are only attained by lots of experience in the sport. The most important skill to

develop at a young age is ball handling. Everyone wants to be a good shooter and put up a lot of three pointers, but if you cannot handle the ball then basketball will be a lot less fun. Shooting will come to you as you get older and stronger, but dribbling is a skill that is very important to start developing early on. Have fun with the sport! The best way to get better is to just play as much as you can, and that can only be done if you enjoy playing it! Don't get too stressed about how good you are right at this moment, just keep working hard and playing often and you will surely improve."

Forced to choose a sport other than his current choice, Bowe said, "If I had never started playing basketball, I think hockey would have been a really fun sport to try."

As for future plans, he said, "I have some interest in playing on a college team, but I also have a strong interest in going to a bigger university where I wouldn't be able to play. At this point in time I am trying to keep my future plans wide open."

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Enjoying nature in your backyard

By Kevin St. Jarre



Photo by Kevin St. Jarre

Pictured is the bluejay. The bird's name derives from its noisy nature and it is sometimes called a "jaybird."

Many Cape Elizabeth residents do their best to see their feathered and furry friends through the lean, cold times. Squirrels, blue jays, cardinals, chickadees and many other birds take advantage of this food to get them through the winter.

According to the University of Maine Cooperative Extension, the black-oil sunflower seeds might provide the most bang for the buck. They write, "If you are only going to offer one type of food, this is the best choice. Over 40 species of bird will eat black-oil sunflower, and at least 14 species have it as one of their favorites. The shells are thinner than the grey-stripe sunflower, making it easier for the smaller birds to crack them open. The oil content of the seeds is over 40 percent, which means it's a high-energy

food. Be sure to clean up the hulls from under the feeder, and don't put them on your garden, flowerbeds, or in the compost pile. The hulls contain a growth inhibitor that could keep your plants from growing. Sunflower kernels (removed from the hulls) are more expensive, but do cut down on the mess."

There are seeds homeowners might want to avoid, like white proso millet. Again, according to the UMaine Extension, "Although this is a favorite of many birds, it is also very attractive to house sparrows, who compete with local songbirds for nest sites, and brown-headed cowbirds, who lay their eggs in songbird's nests. If these birds are common in your area, you might want to avoid white proso millet."



Photo by Kevin St. Jarre

Pictured is the tufted titmouse, a small songbird, and a species in the tit and chickadee family

Safflower might be a nice alternative to the white proso millet because safflower has the advantage that house sparrows, starlings and squirrels don't seem to like it.

Still, many Cape residents looking to help the wildlife are not looking to feed one species to the exclusion of others, so many of the mixed bags might be the way to go. The UMaine Extension writes of mixes, "There are many types of seed mixes available on the market. Before you buy, take a close look at the list of ingredients and decide if the mix is suited to the species of bird you want to attract. You should also consider using different mixes at different times of the year. For example, you might use a mix that is mostly white proso millet, scattered on the ground in spring and fall for migrating

birds, then switch to another mix in summer and winter. If you want to attract the greatest variety of birds, use a mix that is mostly black-oil sunflower."

One thing residents should keep in mind is the issue of house cats. Millions of songbirds are killed each year in the United States by these pets, and some even attribute a rise in pests such as ticks to a decline in the bird population due to predation by house cats. Those feeding birds would not want to subsequently release a cat into the yard, lest one forgets which animal one wanted to feed.

Feeding small wildlife can produce hours of watching enjoyment, and can help boost populations, with all the benefits that can bring.



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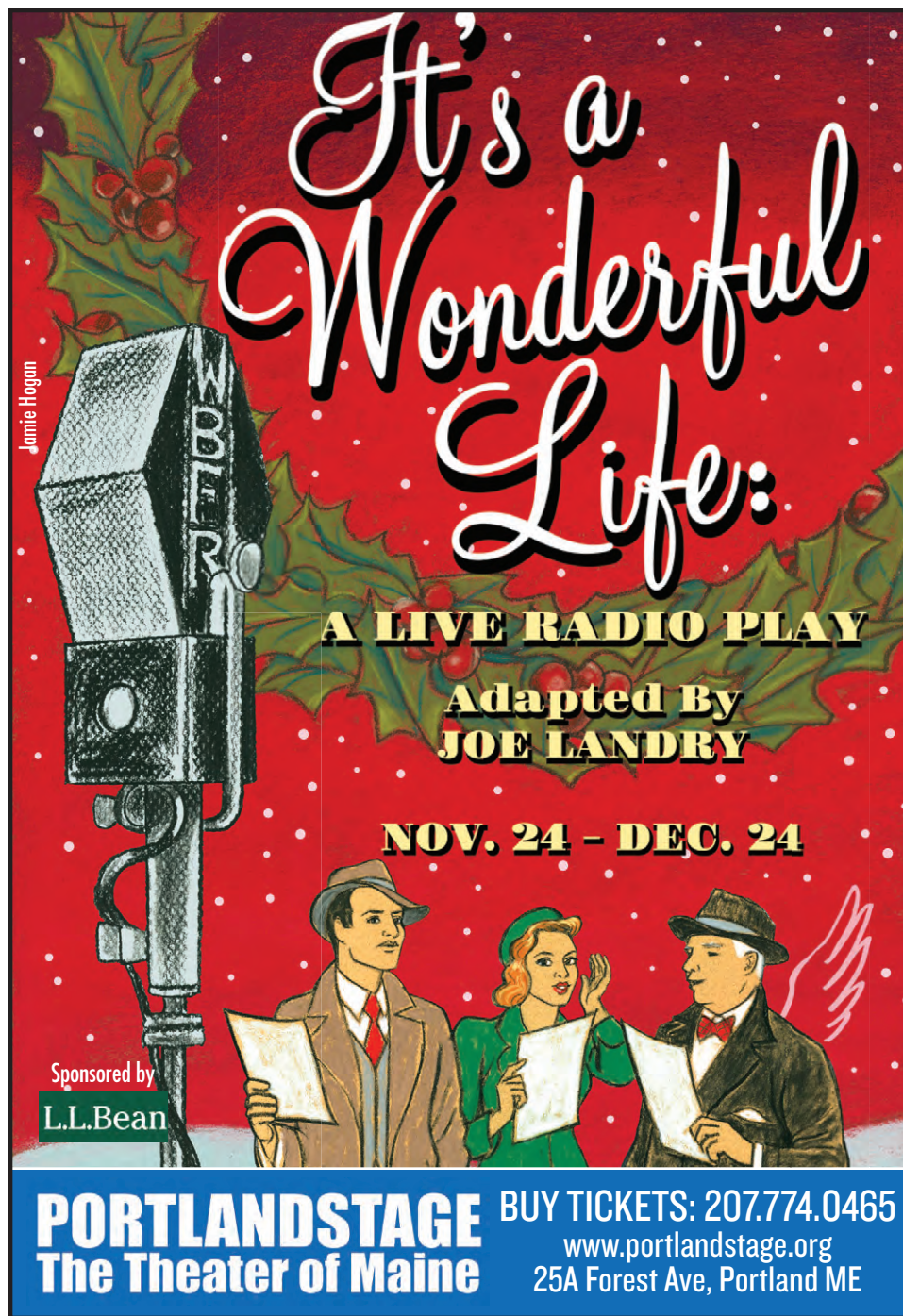
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December Naturalist's Corner

By Erika Carlson Rhile

• Dec. 3: Full Cold Moon/Supermoon - the only Supermoon of 2017, the moon will look larger and brighter since it's at its closest approach to Earth.

• Dec. 13-14: Geminid Meteor Shower - the Geminids originate from the asteroid Phaethon. It will have one of its closest approaches to Earth this year (within 6 million miles!) leaving a debris trail close to Earth's orbit that could produce up to 120 shooting stars per hour.

• Dec. 21: Winter Solstice - as of 11:28 am it's officially winter. Sunrise is at 7:11 am and

the sun will set at 4:07 pm.

Attract downy and hairy woodpeckers to your feeders by putting out suet. Once they learn it's there, they'll keep returning, but so will squirrels. Watch for barred owls perching above your feeders; they especially like the rodents who visit late at night.

Are you noticing a lot of wild turkeys? They are loving this year's bumper crop of acorns and eat them whole.

Christmas fern (which actually stays green year-round) is easy to identify: the individual leaflets called pinnae are shaped like Christmas stockings.

Cape residents performing in "A Christmas Story, the Musical"



Contributed photo

Six Cape Elizabeth residents are involved in the current production at Portland Players, *A Christmas Story, the Musical*. Pictured: Zoe Tergelsky, Isaac Dinnerstein, Zoe Dinnerstein, Miles Sims-Kastelein-Henry. Not pictured, Director Janie Downey Maxwell and Asst Director John Schrank.

The show runs weekends, 12/1-12/17 at Portland Players on Cottage Road in South Portland.

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Registration Deadline is December 31, 2017
Dogs registered after January 31, 2018 will be charged \$25/per dog late fee in addition to the license fee

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- Both renewal and new licenses may be obtained at:
www.capeelizabeth.com

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Artist Rachael Eastman looking for danger meeting beauty

By Kevin St. Jarre



Contributed photo

A painting by Rachael Eastman titled "Tempest I" oil on box panel 4 in. x 4 in.

Rachael Eastman is an artist with deep Cape roots, whose work can be found in Ocean House Gallery here in Cape Elizabeth, as well as at William Scott Gallery in Provincetown, Mass., and Littlefield Gallery in Winterport.

When asked what her current projects are, she said, "I am working on a series of nocturnes . . . wave action, and the building of storms, a face-based exhibition for Harlow Gallery with Martha Miller and JD O'Shaugnessy, as well as a Hamilton waters exhibition with my talented painting-colleague and fiancé J. D. O'Shaugnessy."

When pressed to describe her style, Eastman said, "I don't ever fit within 'style' as a word, but I am after the sublime . . . danger meeting beauty, as it comes together with light, water, and ethereal pursuit. I attempt to paint and draw the feel of the atmosphere."

As for the art community, Eastman has seen some changes. "The art 'world' has become much more interactive, and virtual and I prefer more direct experience. It has become incumbent on the artist to wear many hats. It has been overwhelming, and most of us painters seek to release the overwhelming and simply paint. I am less about concept than many in my era, and more about the eye as the arbiter. I also want to view and seek to make a work that is soul or sense stirring," she said.

"Art life and art business is not for the faint of heart. A process fraught with change and challenge. My work is directed on an inner cord. The business aspect is most healthily dealt with in focused warm detachment, and after a work or body of work is complete. I believe a work ultimately finds its own right home," Eastman said.

She can identify a couple of influential artists. She said she has been influenced by "JMW Turner and Albert Pinkham Ryder, [and their] mystical, passionate embrace of material and mood. They painted the 'feel' of the ocean . . . the action, lightness, dreams and deep darkness all at once. Foreboding beauty. Only paint and seizure can do it."

Asked about young upcoming artists

in her field, she said, "Every artist with innocence in his or her eye, be they 4 or 94. Those are my young. R. B. Lethem, Harold Garde, Wolf Kahn, Lois Dodd . . . 'young' in the important ways. May I grow to be as young as they are."

Eastman said she has favorite places to view art. "Art of the ocean, by the ocean . . . naturally. In the best exhibitions, when left quiet in a museum or studio . . . and out in nature."

She said she is finding inspiration at "the ocean at sunrise or in moonlight, and in the Hudson River School works that captivate and that coax us toward feeling."

Unlike so many of her fellow artists, Eastman did not wish for more time to create, but instead for a "release of the painting 'shoulds' while working, and an embrace of the 'musts'."

When asked about first making money from her art, she thought the question was an odd one, but answered, "Age 12? Earlier? Not much and not often, but art was an all of my life thing, despite intermittent financial rewards. Most of us need better resources to boost studio time so as to release the need for multiple hats and jobs. So many hard working artists who I revere struggle in ways that tear at my heart, particularly as they/we age."

If she were to win a free trip to focus solely on her art for a month, she knows where she would go. "To Japan, and to the cliffs over the waters of Ireland, with my fiancé J. D. We would paint and love our way around the water's edges."

People can see more of Eastman's work by visiting one of the galleries, or by going to her website:

<http://rachaeleastman.com/home.html>



Rachael Eastman

Contributed photo

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CAPE CALENDAR By Wendy Derzawiec

Thursday, December 14

Town Council Workshop, 7 p.m., William H. Jordan Conference Room, Town Hall

Tuesday, December 19

School Board Appreciation Event with Leadership Team, 5-6 p.m., Planning Board, 7 p.m., Town Hall chamber

Thursday, December 21

Thomas Memorial Library Committee, 6 p.m., Thomas Memorial Library
Fort Williams Park Committee, 7 p.m., Public Works

Monday, December 25

Christmas Holiday. Town Hall, Thomas Memorial Library, Richards Pool, fitness center closed

Tuesday, December 26

School Board Finance Committee, 6 p.m., High School Library and Learning Commons
School Board Workshop, 6 p.m., High School Library and Learning Commons

Monday, January 1

New Year's Holiday. Christmas Holiday. Town Hall, Thomas Memorial Library closed. See www.capecommunityservices.org for pool, fitness center hours

Tuesday, January 2

School Board Executive Session, 6-8 p.m., Superintendent's Office, Town Hall
Planning Board Workshop, 7 p.m., William H. Jordan Conference Room, Town Hall

Wednesday, January 3

Comprehensive Plan 2019 Committee, 7 p.m., Town Hall

Thursday, January 4

Recycling Committee, 7 p.m., Public Works

Monday, January 8

Town Council, 7 p.m., Town Hall chamber

Tuesday, January 9

School Board Executive Session, 6-7 p.m., William H. Jordan Conference Room, Town Hall
School Board Business Meeting, 7 p.m., Town Hall chamber
Conservation Committee, 7 p.m., Town Hall Lower Level Conference Room

Monday, January 15

Martin Luther King Jr. Holiday, Town Hall, Thomas Memorial Library closed.
Recycling Center open 10 a.m.-7 p.m.

Tuesday, January 16

Planning Board, 7 p.m., Town Hall chamber

Ongoing each week

Al-Anon, Regular meeting 7 p.m. Thursdays, at United Methodist Church, 280 Ocean House Road. Regular meeting 7 p.m. Fridays at St. Alban's Church.

Alcoholics Anonymous, 2 p.m. Saturdays, First Congregational Church, 301 Cottage Road, South Portland; 7 p.m. Wednesdays, St. Bartholomew Church; 7 p.m. Fridays, St. Alban's Church.

Cape Elizabeth Historical Preservation Society, 9 a.m.-noon Thursdays, Public Safety Building

Cape Elizabeth Lions Club, 6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road

Cape Farm Alliance, third Wednesday, 7 p.m., Community Center

South Portland/Cape Elizabeth Rotary Club, each Wednesday at 6:15 p.m. Purpoodock Country Club, Spurwink Avenue. 767-7388.

Codependents Anonymous (CODA) group at Cape Elizabeth United Methodist Church
Regular meeting weekly on Saturdays at 10:30 a.m. Call 799-4599 FMI.

Trespassing, outstanding warrant arrest, number of thefts reported

Reported by Debbie Butterworth

COMPLAINTS

- 11-14 An officer met with a resident of the Ocean House Road area regarding trespass and criminal threatening complaint.
- 11-15 An officer met with a resident of the Shore Road area regarding a residential burglary. Jewelry is missing from the residence.
- 11-17 An officer met with a resident of the Sawyer Road area regarding a motor vehicle burglary. Money is missing from the vehicle.
- 11-17 An officer met with a resident who reported that a purse was stolen from her vehicle while parked in the Ocean House Road area.
- 11-23 An officer met with a resident of the Scot Dyer Road area regarding a landlord/tenant issue.

SUMMONSES

- 11-17 Scarborough resident, operating after license suspension, Route 77
- 11-21 Auburn resident, speeding (48/30 zone), Sawyer Road, \$185
- 11-18 South Portland resident, speeding (53/30 zone), Sawyer Road, \$215
- 11-22 South Portland resident, seatbelt violation, Shore Road, \$70
- 11-24 Cape Elizabeth resident, failure to report an accident, leaving the scene of an accident, Old Fort Road
- 11-27 Raymond resident, uninspected vehicle, Route 77, \$133

ARRESTS

- 11-17 Westbrook resident, outstanding warrant, Starboard Drive

ACCIDENTS

- 11-15 Rachel Kriger, accident on Ocean House Road
- 11-21 Kristen Macisso, accident on Spurwink Avenue
- 11-23 Anthony Paine, accident on Bowery Beach Road
- 11-24 Stephen Malter, accident on Sawyer Road
- 11-24 Jay Petersen, Michael Wilson, accident on Old Fort Road

FIRE CALLS

- 11-15 Ocean House Road, car accident
- 11-15 South Portland mutual aid
- 11-15 South Portland mutual aid
- 11-15 Hawthorne Road, fire alarm
- 11-15 Surf Road, investigation
- 11-15 Ocean House Road, investigation
- 11-16 Rugosa Way, fire alarm
- 11-16 Kettle Cove, watercraft rescue
- 11-16 Spurwink Avenue, fire alarm
- 11-20 South Portland mutual aid
- 11-20 South Portland mutual aid
- 11-21 Fenway Road, investigation
- 11-21 Beverly Terrace. Investigation
- 11-22 South Portland mutual aid
- 11-22 Shore Road, fuel leak
- 11-22 Elmwood Road, investigation
- 11-23 South Portland mutual aid
- 11-24 Oakhurst Road, fire alarm
- 11-24 Cheverus Road, investigation
- 11-24 Beverly Terrace, smoke investigation
- 11-24 Starboard Drive, fire alarm
- 11-26 Shore Road, wire down

RESCUE CALLS

There were 22 runs to Maine Medical Center. There were 2 patients treated by rescue personnel but not transported.

Scam Alert Bulletin Board

Reported by Jessica D. Simpson

Fake websites

Scam artists set up fake websites offering anything you could want to buy around the holidays as gifts, at prices that are too-good-to-be-true. And guess what? They are! You'll never receive the gift you thought you bought, and the scammers could turn around and use your credit card information for their own purchases. Stick to well-known shopping sites, and always type in the web address, rather than clicking from a link to the retailer.

Gift cards during holiday season

Are you buying gift cards this holiday season? Consider this. Thieves hit store gift card racks, secretly write down or scan the numbers off the cards, then check online or call the toll-free number to see if someone has bought the cards and activated them. As soon as a card is active, the scammers drain the funds. By the time your gift recipient tries to use the card, the money is long gone.

Planning

Continued from page 4

stalled on 11-foot high poles, said property owner Seth Sprague. "We think trenching underground is really the best way for us to complete the project," he said. Plans are to connect the panels to a utility pole and connect to a grid on the other side of Fowler Road. "Once the conduit is in the ground we intend to refill the trench, replant ... and when the project is finished there will be no evidence the soil was disturbed."

Ocean House Road access approved, Berry subdivision amended

In other matters Nov. 21, the board also approved "Edgecomb Way," a new private road off of Ocean House Road that will provide access to a lot behind 75 Ocean House Road; and, an amendment to the Berry subdivision, requested by Dr. William Holt, to convey a little over an acre of the 16 acres at 31 Hannaford Cove Road to abutter Thomas Egan. Egan is looking to increase the buffer between his and the Holt property, said Bob Metcalf, landscape architect representing Holt.

CABLE GUIDE

Town Council replay

Dec. 13 & 14 - 2 p.m. & 8 p.m.
Dec. 16 - 10:30 a.m.
Jan. 10 & 11 - 2 p.m. & 8 p.m.
Jan. 13 - 10:30 a.m.

School Board replay

Dec. 15 & 16 - 2 p.m. & 8 p.m.
Dec. 17 - 10:30 a.m.

CHANNEL 3

Jan. 12 & 13 - 2 p.m. & 8 p.m.
Jan. 14 - 10:30 a.m.

Cape Elizabeth Church of the Nazarene

Dec. 16, 17, 23, 24, 30, Jan. 6, 7, 13 & 14 - 9 a.m.

Planning Board (live)

Dec. 19 - 7 p.m.
Jan. 16 - 7 p.m.

Planning Board replay

Dec. 20 & 21 - 2 p.m. & 8 p.m.
Dec. 23 - 10:30 a.m.

Town Council (live)

Jan. 8 - 7 p.m.

School Board (live)

Jan. 9 - 7 p.m.

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6 SUNNY BANK ROAD, CAPE ELIZABETH | \$2,500,000
Sheilah Lloyd, Buyer Agent



89 CEDAR BEACH ROAD, HARPSWELL | \$1,800,000
Sheilah Lloyd, Buyer Agent



450 MITCHELL ROAD, CAPE ELIZABETH | \$1,000,000
Sheilah Lloyd & Mary Jo Cross, Buyer Agents



19 PARK CIRCLE, CAPE ELIZABETH | \$825,000
Sheilah Lloyd & Mary Jo Cross, Listing Agents



176 VAUGHN STREET #1, PORTLAND | \$569,900
Mary Jo Cross, Listing Agent



307 PINE STREET, SOUTH PORTLAND | \$422,000
Mary Jo Cross, Listing Agent

Courier visits Morocco



Contributed photo

Pictured are Cape Elizabeth residents Dan DeSimone and Melora Gregory holding the Courier on a recent trip to Marrakech

Deschino helps the Herons advance



Contributed photo

2017 CEHS graduate Mariah Deschino attends Hobart and William Smith College in Geneva, NY where she plays soccer for the #2 Nationally ranked Division III William Smith Herons who went 19-2-0 overall and went 9-0-0 in the Liberty league and earned their 11th straight conference regular season and tournament titles. The Herons advanced to the third round of the NCAA tournament and look to be in the hunt again next year. Mariah played in 18 of 21 games and is studying Pre-Health.

White to have new composition performed



Contributed photo

Local composer Terry White will be having a new composition performed at the prestigious MidWest Clinic in Chicago, Ill. on Wednesday, Dec. 20. White's composition "Mystery and Mayhem" will be performed by the Lamar M.S. and Performing Arts Academy concert band from Austin, Texas. White is a former band director in the Westbrook schools and retired from Cape Elizabeth Middle School in 2010 after having been band director there since 1997. Locally he is the arranger for Classical Night Fever (Motor Booty Affair), the Portland Jazz Orchestra and the Portland Symphony Orchestra as well as numerous high school marching and jazz bands, including CEHS.

WISHING YOU

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SERVICES

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 499 Ocean House Road (Route 77)
799-3692
www.capenazarene.org
 Sunday School for all ages: 9:30 a.m.
 Sunday Worship Celebration: 10:45 a.m.
 Services streamed live or on demand:
watch.capenazarene.org

Cape Elizabeth United Methodist Church
 280 Ocean House Road
799-8396
www.ceumc.org
 Chapel Service: 8 a.m.
 Sanctuary Service: 10 a.m.
 Child care & Sunday School: 10 a.m.
 Adult Sunday School: 9 a.m.

The Church of Jesus Christ of Latter-day Saints
 29 Ocean House Road
767-5000
 Sacrament Meeting:
 Sunday, 9-10:10 a.m.
 Sunday School: 10:15-11 a.m.
 Primary: 10:15 a.m.-noon
 Relief Society, Priesthood: 11 a.m.-noon

The Church of the Second Chance
 Greater Portland Christian School
 1338 Broadway, South Portland
641-3253
 Sunday: 10:30 a.m.-12:15 p.m.

Congregation Bet Ha'am
 81 Westbrook St., South Portland
879-0028
www.bethaam.org
 Worship: Friday, 7:30 p.m.
 Saturday, 10 a.m.
 Family Shabbat Services:
 Second Friday, 6:30 p.m.

First Baptist Church of South Portland
 879 Sawyer St., South Portland

799-4565
www.spfbc.com
 Sunday Morning Worship: 9:30 a.m.
 Awana Clubs (Grades 3-8): Tuesday,
 6:20 p.m.

Promised Land World Reach Center
 536 Cottage Road, South Portland
799-3152
 Sunday Prayer & Intercession: 9:30 a.m.
 Sunday Worship: 10 a.m.
 Family Bible Studies: Wednesday, 7 p.m.
 Sermon recordings available to download

Saint Alban's Episcopal Church
 885 Shore Road
799-4014
www.stalbansmaine.org
 Sundays: 8 a.m., 9:30 a.m.
 Celtic Service: Sunday, 5:30 p.m.
 Nursery: Sundays, 9:30 a.m.

Saint Bartholomew Roman Catholic Church
 8 Two Lights Road
799-5528
www.saintbarts.com
 Sunday Mass: 9 a.m. and 11 a.m.
 Monday & Tuesday Masses: 8 a.m.

First Congregational Church United Church of Christ
 301 Cottage Road, South Portland
799-3361
www.fccucc.org
 Worship: 8:30 a.m., 10 a.m.
 Sunday School: 10 a.m.
 Preschool Child Care: 10 a.m.

First Congregational Church of Scarborough
 167 Black Point Road, Scarborough
 883-2342
www.fccscarborough.com
 Sunday Morning Worship: 9:30 a.m.
 Sunday School & Nursery Care

CE United Methodist Church to hold Blue Christmas service

On December 21, the Cape Elizabeth United Methodist Church will hold a Blue Christmas service at 7 p.m. The Blue Christmas service, held on the Winter Solstice, focuses on people who are facing hardships,

such as the death of loved ones, divorce or separation, living with cancer or other illnesses, or just finding it difficult to embrace the joys of the season. The public is invited.

United Methodist Church Public Supper on Jan. 6

The Cape Elizabeth United Methodist Church's first Public Supper of the new year will be on Saturday, January 6 from 4:30-6 p.m., featuring casseroles, beans, salads, breads and pies. Prices will be \$8 for adults, \$5 for children and \$20 for families. Take-out will be available.

United Methodist Church Christmas services

On Christmas Eve, December 24, the Cape Elizabeth United Methodist Church will hold a regular morning service at 10 a.m. and a Family Christmas service at 6 p.m. with traditional hymns and the candlelight singing of Silent Night. There will be no 8 a.m. chapel service on Christmas Eve.

Dr. David Jacobson
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Interfaith Prayer and Candlelight Vigil on December 14

First Congregational Church, UCC and Congregation Bet Ha'am, both of South Portland will be co-hosting an Interfaith Prayer and Candlelight Vigil to end gun violence on December 14th, the fifth anniversary of the shooting at Sandy Hook Elementary School of Newtown, CT. Prayers, poems and silent interludes will mark not only the tragedy in Sandy Hook, but also to remember the 500,000 American victims and survivors of gun violence since December 2012.

This event is part of a nationwide tribute in partnership with the Newtown Founda-

tion, Newtown Action Alliance, Brady Campaign to Prevent Gun Violence, Everytown Survivor Network, Faiths United to Prevent Gun Violence, Moms Demand Action for Gun Sense in America, Organizing for Action, States United to Prevent Gun Violence, St. Marks Episcopal Church and Women's March.

The Vigil will start at 5:30PM outside First Congregational at 301 Cottage Road. In case of inclement weather, the Vigil will be moved inside to the church's sanctuary.

Don Roy Trio Benefit Concert at First Congregational Church

Come hear this lively trio play at 2:00 on Sunday, January 21st at First Congregational Church in South Portland. This concert is dedicated to Gail Dransfield, who played fiddle with the Roys for many years.

The Don Roy Trio, featuring Don Roy on fiddle, Cindy Roy on piano and step-dancing, and Jay Young playing bass, deliver tight, seamless sets of tunes, with driving energy and passion. Don Roy is firmly rooted in the Franco-American musical tradition. A champion fiddler, he is also a celebrated luthier, playing his beloved music on a fiddle he crafted himself. Don embraces each part of the music and audiences are quickly caught up in the infectious joy he shares.

Cindy Roy grew up amidst the fabled house parties of her grandparents' day. Today she is known as the heartbeat of

the group, marking the pulse of each tune with her percussive footwork as she accompanies Don on piano. Cindy also showcases her footwork with the occasional step-dance.

Jay Young joined forces with the Roys in the 1980s, offering a conversant folk repertoire and claims to have developed a psychic connection with Cindy, allowing the group to shift intuitively through each moment of music, producing a harmonious and flawless listening experience for their listeners.

Tickets are \$12 ahead of time (available online at Brown Paper Tickets.com and locally at the church office and Nonesuch Books). The cost will be \$15 at the door. Children under age 16 are half price. Proceeds will be split between the church and The Locker Project. Snow date is January 28.

St. Bartholomew Parish Christmas Mass times

Saint Bartholomew Roman Catholic Church
 8 Two Lights Road 799-5528
www.saintbarts.com
 Sunday Mass: 9 a.m. and 11 a.m.

Monday & Tuesday Masses: 8 a.m.

CHRISTMAS MASS SCHEDULE
 Dec. 24 - 4 p.m. and 9 p.m.
 Dec 25 - 10:30 a.m.

Dates for CE Lions Club Pancake Breakfasts and Spaghetti Dinners

The Cape Elizabeth Lions Club invites you to attend their Pancake Breakfasts and Spaghetti Dinners at their clubhouse at Bowery Beach Schoolhouse, 1 Wheeler Road, Cape Elizabeth.

Proceeds benefit maintenance of the Bowery Beach Schoolhouse and Cape Lions Charities.

Dates for Pancake Breakfasts are on the following Sundays: January 14,

February 11, March 11, April 8, and May 13, 7:30 to 11 a.m. Tickets are \$7 for adults and \$5 for children under 12.

Dates for Spaghetti Dinners are the following Saturdays: January 20, February 17, and March 17, 5:00-7:30 p.m. Tickets are \$10 for adults and \$5 for children under 12.

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Carney

Continued from page 1

have completed, comes to an end.

An active community volunteer, Carney has served for seven and a half years as In-House Volunteer Attorney for Pine Tree Legal Assistance, Maine's legal aid organization. She has been on the Cape Elizabeth Land Trust Board of Directors for eight years, and recently concluded a three-year tenure as board president. In the past, she has also served on Town committees, including the Thomas Memorial Library Board of Trustees.

When asked what motivated her to run for office, Carney stated that she looked for how she could be most impactful after the 2016 election. "The harmful effect of the Trump administration's priorities – especially the repeal of the ACA (Affordable Care Act), rolling back environmental protections and its disregard of civil rights – was clear to me," she said. "I knew the House District 30 seat would be open, and as an attorney used to working within both the federal and state legal systems, I knew we had lots of opportunities in Maine to enact legislation to create affordable health insurance options, protect our environment, and meet the priorities that are important here in Cape and throughout Maine, despite attacks at the federal level. These are tough issues to resolve, but I have the legal experience and leadership skills to take them on."

At the campaign launch, Carney spoke about the concerns voters have already expressed to her, and pointed to areas of focus that include: environmental protection and conservation, education and healthcare. Citing the challenges Maine will face as a result of the changes in federal tax law, Carney said, "I'm all the more determined to

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get to Augusta and start to make the changes we can on a state- wide level that will maintain and elevate the quality of life in Maine ... and that's what I'm going to roll up my sleeves to do."

Carney and her husband David Wennberg have three adult children. When asked what she loves most about Cape, she stated,

"I love being part of an engaged and caring community. My favorite place to be in Cape is outside, walking with my dogs Shadow and Moxie, biking with family and friends, or buying delicious food from local farm stands."

Carney said she looks forward to meeting with residents to learn their priorities

for Augusta. To learn more about her campaign, visit her website, which is currently being set up, at www.anneformaine.com. She also has a FaceBook page called Anne for Maine.

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Future Cape Courier fan...



Contributed photo

Ed and Wendy Derzawiec of Sweet Fern Road are grandparents of Luke Edward Hatz, born to their daughter and son-in-law, Jamie and John Hatz, in Abington, Pa., on Nov. 3. Jamie's brother and sister, Gary and Julie Derzawiec, also of Sweet Fern Road, are uncle and aunt. Luke weighed 8 pounds, 5 ounces, and joins his big brother Alex as the Derzawiec's second grandchild.

Nicholson, Caruso announce engagement



Contributed photo

Lauren Nicholson, daughter of Cape Elizabeth residents B.J. and Diane Nicholson, was recently engaged to Steven Caruso of Gloucester, MA. Lauren graduated CEHS in 2011. Lauren and Steve met at Salve Regina University in Newport, RI where they graduated in 2015. Lauren majored in biology, and after graduation, she attended Massachusetts College of Pharmacy and Health Sciences where she graduated as an R.N. Lauren currently works as a surgical nurse in the orthopedic surgery department at Beth Israel Deaconess in Boston, MA. Steve works for Caruso & McGovern Construction. Lauren and Steve reside in Gloucester, MA. A Sept. 8, 2018 wedding is planned at Wentworth-by-the-Sea, Portsmouth, NH.

Book donations requested

At the end of December, Charlie Urbanek is traveling to Tanzania to teach at Rift Valley Children's Village for two weeks. She will be working with the younger children (elementary and middle school level) and solo teaching a few lessons on the art of journaling. Part of her volunteer requirements is helping to fill a need that the village has. Right now they are in need of books at

the middle or high school level. Her goal is to collect 200 lbs of books before she leaves on Dec. 28. In early January her sister, Liv, will be joining her and is hoping to bring some books over as well. We have a bin on our front porch (15 Abaco) and would appreciate any and all contributions of books that are in good condition. Thank you!

Seasons Greetings and Happy New Year!



Erin Grady, Broker
 eringrady207@gmail.com
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I would like to wish all in our community a wonderful holiday season! I appreciate the opportunity to have worked with so many of you in the past and look forward to working with you in the future as well!



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