Cape resident wins SCORE Award
By Marta Girouard

After lunch at work one day, Cape resident Jodi Breau was flossing her teeth when the thought crossed her mind that someone should make a prettier floss container. Fast forward 15 years and she set out to do so. Then she found out about all the plastic waste: for every person in the U.S. who flosses their teeth according to ADA recommendations, just the empty floss dispensers alone would fill a landfill the size of a football field six stories high. “I went from creating pretty floss containers to embarking on a mission to eliminate plastic dental floss,” Breau said.

Breau created Dental Lace Inc., a refillable dental floss and 99 percent zero waste product. Dental Lace is a glass container with a stainless-steel cap. The floss is 100 percent Mulberry silk. The refill bags are certified compostable and the boxes are 100 percent post-consumer paperboard. The container can be re-used, the bags composted, the boxes recycled and the floss biodegrades. The only waste is the waterproof label on the container, which stays on the reusable container.

“I have no background in business,” Breau said. “I just started talking and researching.” Breau retired from her job as a school librarian and devoted her time and energy to getting Dental Lace off the ground. The idea for Dental Lace was first pitched to SCORE, where she was paired with mentors Alan Shaver and Kathleen O’Hara.

SCORE is a nonprofit organization that provides free business mentoring services to prospective and established small business owners. Breau had her first sale in January 2017 and today she averages 5,000 orders a month. The product is sold wholesale in 30 countries and all over the US. It can be found online at dentallace.com and Amazon.com, and in town, it is available at the RGA.

In March, Dental Lace was named a 2018 American Small Business Champion.

Augusta disappoints, Cape School Board defends, looks to community for help
By Kevin St. Jarre

Once again, for the third year in a row, the state’s annual contribution towards education in Cape Elizabeth has been reduced, this year by nearly $1 million. Through eight budget workshops, the Cape Elizabeth School Board has labored to find options to maintain the high level of education Cape schools have long provided.

According to a statement from the School Board, “To say that this is an exceptionally challenging budget cycle is an understatement. Three consecutive years of state funding cuts have left the district with an extremely diminished ability to continue providing the diverse educational programs our community expects and has mandated this School Board to preserve.”

Winthrop Phillips is the president of the Cape Elizabeth Education Association, more commonly known as the union representing faculty and many staff members in the district. He agreed that the board has what’s best for Cape students in mind. “This comes on the heels of a big cut in State funding last year. That’s not the board’s fault. The board has shown how supportive they are of our schools. The difficulty comes from the fact that the state doesn’t want to fund education the way it should. This has put districts like Cape Elizabeth in a heck of a bind.”

According to Superintendent Howard Collier, the School Board conducted a review of all services, programs and capital improvements. “My read of the school board is that they will make their decision on a budget for 2018-19 based on what is in the best interest of students,” he said shortly before the eighth and final workshop. “Our goal is to present a budget to the Cape Elizabeth town council and voters that the School Board believes is necessary to maintain the high quality of education the community values.”

The Cape Elizabeth School District was informed that state funding, meant to help defray local costs of educating Maine’s students, was being cut by $875,654. Collier said, “We have lost over 60 percent of state funding for our local schools over the past three years. We find this shortfall of funding unacceptable and unsustainable over time.”

Phillips said, “I think Senator Millet has done what she can, but not enough of the legislature has followed suit. The pub-

Cape resident and entrepreneur Jodi Breau

Lions Club donates defibrillator
By Mara DeGeorge

Josh D’Aquila, a Cape firefighter for five years, tells the familiar story of being on Storm Duty and running calls back-to-back-to-back, most often for downed electrical wires. As soon as the apparatus returns to the station, he takes a break and hangs up his helmet on its hook, only to hear the dispatch tones over the loudspeaker about to announce another call. No matter. He’s there on duty, to serve the community. He removes his helmet from its hook and re-dons his gear, climbs back into the apparatus, ready to go.

Storm Coverage (or Storm Duty) is loosely defined as firefighters that are available to volunteer for shifts in both firehouses, in order to be ready more quickly for calls during a storm. It takes longer for firefighters to get from their homes to the station during a storm, and it takes longer for the apparatuses to get from the firehouse to an emergency during a storm. Therefore, having firefighters on hand makes up for some of that lag time in an emergency. Cape firefighters are passionate about what they do and why this part of their job is important. Peter Dune, a Cape firefighter for five years, and also a per diem firefighter for Scarborough and Old Orchard Beach, shares, “The fire apparatuses in an on-call department like Cape Elizabeth are staffed as they are in full-time departments. Firefighters that the roads are safe. Sometimes this is a handful of hours, and sometimes for a few days in a row, as long as the firefighters can afford to give their time away from family and other obligations. While the firefighters are called out during Storm Duty, they sleep, take care of routine tool and equipment inventory, and attend to any other needs and tasks in the station. Firefighter Nicole Penney says, “For Storm Coverage, we try our best to be available to the Cape community dur-

Lions Club President Benson Dana, left, presents to Public Works director Robert Malley
SUPPORT FOR MARY ANN LYNCH

We are writing in support of Mary Ann Lynch’s candidature to the Maine State Legislature.

Mary Ann is passionate about this opportunity. She has the experience and drive to be an exceptional leader for us in Augusta. Mary Ann truly wants what is best for our town. She is a long-time resident of Cape Elizabeth, having raised her own children here and now has grandchildren living here. As the oldest of nine siblings, Mary Ann is a natural leader. Based on her high-brow and knows how to find and apply for grant money. During her years on the Town Council, Mary Ann advocated for creating a safer intersection in the center of town, helping to develop a comprehensive study of plans and identifying funding sources to help finance the project.

Mary Ann is a devotee to the quality of our schools. She knows that when our schools are exceptional, our town thrives in countless ways. Repeated and significant cuts to our town’s share in state funding for our schools has our taxpayers taking on more responsibility to fund our schools. Mary Ann will work to adjust the EPA formula that determines the state allocation for education.

Please join us in supporting Mary Ann Lynch for Maine Legislature. We are truly fortunate to have a candidate with her drive, vision and experience. Her leadership will benefit all residents of Cape Elizabeth.

GARTH AND HEATHER ALBENBURG

Support for Anne Carney

Integrity. Transparency. Leadership. In today’s political climate, these are character-istics that Anne Carney, whom we’ve known for almost 30 years, embodies and that make her the best candidate to represent us in Augusta.

Throughout her work as an attorney and her work at the Cape Elizabeth Land Trust, Anne has continually demonstrated her commitment to transparency; to both listen and communicate openly. If you have the good fortune to talk with Anne, you will quickly find that she is open and curious to hear about your concerns, needs and ideas. She is equally willing to share her thoughts in a straightforward manner that always leaves room for people with different opinions to be heard with respect.

Anne’s integrity is measured by her honesty, and her consistent work ethic. You will find that Anne is steadfast in following through on her commitments. Anne does not overstate her qualifications or her involvement in community efforts but invests tremendous effort to accomplish goals and is quick to recognize the contributions of others.

Anne has demonstrated her collaborative approach to leadership throughout both her legal career and in her work with the CELT. At a time when politics is so keenly divided, Anne’s ability to lead and build alliances is more important than ever. For all these reasons and the many that have been described in previous letters, we hope that you will join us in voting for Anne Carney in the June primary.

TRICIA NANDAFF AND DAN SPROTT

Puzzle mystery solved

We so enjoyed the “thank you for the puzzles” article in your Mar 14-27, 2018 issue. You might be very surprised to find out it is not a woman but my husband John who provides the enjoyment. He’s a 44-year resident of CE in his 70’s now and loves doing jigsaw puzzles during the winter months. He was thrilled to read your kind words and that people actually enjoyed the puzzles he brought to the swap shop. Stephanie, your article was so poetically written and you are thoroughly thanked for taking the time to express the joy the “puzzle guy” brought!

Mr. & Mrs. Puzzle

Spring is finally here: time to clean up the yard

The Recycling Center will be open for the disposal of brush, leaf and yard wastes on the Sundays listed below. As a reminder, items intended for the Compactors (single-stream recyclables & household refuse) will not be accepted. Fees will be assessed on all applicable items.

SPRING 2018 SCHEDULE

Sunday, April 22: 10:00 a.m. - 5:00 p.m.
Sunday, April 29: 10:00 a.m. - 5:00 p.m.
Sunday, May 6: 10:00 a.m. - 5:00 p.m.
Sunday, May 13: 10:00 a.m. - 5:00 p.m.

TRICIA NANDAFF AND DAN SPROTT

Please consider a donation towards site renovations

The Courier is refreshing our website and we are seeking the community’s financial support to make it happen. Can you contribute to our GoFundMe campaign to help us raise $10,000?

Why? Because like all newspapers, we are having to stretch our print advertising dollars more and more to produce the same paper you know and love. But unlike other papers, the Courier is a non-profit; we exist to serve the entire community. To keep our advertising rates low and continue not to charge for many of the services others do, we need to step-up our game. We don’t want to change a thing about the paper – just create a more useful online presence for our readers and advertisers.

It’s going to be an expensive, complex project but there’s no doubt that it’s time to get creative and move this much-beloved institution into the digital age! Can you help us?

Funds will go towards hiring a web firm, staff training and website upkeep, and fees and maintenance of the new site. We appreciate your generosity – the Courier has been a staple of Cape Elizabeth for decades. Please help us keep it going!
lic wants good schools for its children. That makes sense; that’s good for Maine.”

The education students receive in Cape Elizabeth has long been known to be among the best in the state, often ranking first in Maine, and representing well nationally. Simply to maintain that same level of excellence, without losing any programs, services, or teachers, would represent an increase in local property taxes.

According to the School Board’s statement, the board quickly set aside any new spending, saying, “Funding new initiatives and/or improving the infrastructure of our buildings is, sadly, presently not within our means.”

Accepting that, the board set out to explore options, and to see what the impact of various levels of funding would be. The board even examined what the impact would be on schools if the school budget were drastically cut.

Even with a cut to the budget so dramatic it was described as “devastating,” resulting in the loss of services and programs, larger class sizes, and the elimination of perhaps as many as eight full-time teachers, there would still be a property tax increase. One estimate had the increase at 5.5 percent, which would mean an annual increase in property taxes of approximately $225 for home valued at the median value of $314,000.

To maintain what schools in Cape Elizabeth have been able to provide for students, the board recognized that the budget must increase between 2.1 and 3.2 percent. Much of this increase is due to contractual

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John Goddard (1811-1870 and pictured on left), was a wealthy businessman who made his fortune in the timber trade around Bangor, Maine. He built his luxurious retirement home here on the Cape Elizabeth shore. The imposing mansion was completed in 1858, constructed from locally harvested granite. At the outbreak of the Civil War, Goddard was commissioned a colonel in the Union army and had a very brief tenure as commander of the First Maine Cavalry.

Upon Goddard’s death in 1870, the home remained with his family for a time. Heavily mortgaged and accruing a delinquent and growing tax bill, the manor was sold in 1898 to Joseph Symonds, an Associate Justice of the Maine Supreme Judicial Court. Symonds kept the home for only a year, and sold it to the U.S. government in 1899. It then became part of Fort Williams (the fort was dedicated to the memory of Gen. Seth Williams that same year).

As part of Fort Williams, the former Goddard Mansion provided quarters for four non-commissioned officers and their families. It also housed the NCO club in its basement.

With the Army’s departure from Fort Williams in 1962, and Town of Cape Elizabeth’s acquisition of the fort property two years later, the Goddard Mansion and other fort structures gradually settled into a state of dereliction.

An arsonist’s torch took much of the mansion’s interior and about half of its roof in the mid-1970s. Concerned about liability exposure and visitor safety, and with no resources available for reconstruction, town officials ordered the remainder of the interior and roof destroyed by the fire department.

Today, the Goddard Ruin is but a suggestion of its former grandeur, but serves as inspiration for poets, writers, artists, photographers, and romantics. Renovation or restoration costs (estimated in the several millions of dollars) cloud the crumbling edifice’s future.

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The story of the Cape Elizabeth Memorial Day flag

By Roger Bishop

Sometimes the best-laid plans take unex- pected turns but ultimately result in a ben- eficial outcome. So is the story of the United States flag that is carried by members of the Cape Elizabeth Lions Club at the town’s Memorial Day Service. This tradition has been taking place for the past 23 years. So where did the flag come from and why has it become a symbol of community spirit and service to the town?

The intent was to have it fly from the newly erected flagpole on top of Battery Knoll at Fort Williams. But it did not take long to real- ize that the massive size of the flag created concern among Cape citizens. The strong winds on the knoll could present a safety is- sue as the flag whipped from side to side. To address this concern, it was decided the flag would only be flown on holidays and when the wind was calm. Even with this com- promise, there were still some citizens who were concerned that this large flag would de- tract from the natural beauty of the park.

At this point the flag was semi-retired and carefully stored at the fire house. Not long af- ter, it was decided that the flag should be flown on the Town Center flagpole on Memorial Day during the traditional town observance. One slight problem popped up, however. At half-mast the flag was simply too large for the smaller pole and it would touch the ground as well as render any guests or speakers nearby a not-so-friendly slug.

Enter the Lions Club. Around 1995 the Li- ons were asked or in the military vernacular “volunteered” to march with the flag in the parade. Since that time, it has been the Lions honor and privilege to carry our nation’s colors. It requires at least 18 people to carry the 20 by 38-foot flag to the Town Center. Although it is a heavy burden, it is not nearly as heavy as those we honor carried. Please join the Lions Club and other citizens of Cape Elizabeth on Monday, May 28 to observe the holiday.

CEFD

Continued from page 1

The Cape Elizabeth School Board has held seven budget workshops since the beginning of February. One more is scheduled to occur after this paper goes to press, on April 5. On Tuesday, April 10, the School Board is sched- uled to formally vote on the budget, and on Wednesday, April 11 several members of the School Board will hold two public forums to present the proposed budget. The first fo- rum will begin at 9 a.m. and the second will begin at 6 p.m., both to be held within Town Hall chambers. The budget will be formally presented to the Town Council during a joint workshop on Tuesday, April 24 at 7 p.m. within Town Hall.

To say that this is an exceptionally chal- lenging budget cycle, is an understatement. Three consecutive years of state funding cuts have left the district with an extremely diminished ability to continue providing the diverse educational programs our community expects and has mandated this School Board to preserve. Without significantly raising local taxes, the loss of $878K in state funds cannot be absorbed painlessly. With the bud- get’s current impact on local property taxes being greater than 10 percent, the focus can only be to maintain progress and continue to serve the needs of all students. Funding new initiatives and/or improving the infrastructure of our buildings is, sadly, presently not within our means.

Enter the 2007 Patriot’s Day Storm. Like it was yesterday. Davis was working in Waterville at the time and was on his way home. It was the third day of the Patriot’s Day Storm and the crew had been at the station for at least 36 hours. Chief McGouldrick called Davis ask- ing him to cover for a few hours. The crew were fatigued for fi ght- ing fires and trying to clear debris, provide assistance to the crew, and gener- ally being available to help where needed.

What can homeowners do during a storm to help the Department and help themselves? There are more than 350 hydrants in Cape Elizabeth. CEFD and Public Works person- nel have a list of all hydrants, each with a number and location. Having a clearly marked and visible house number assists fi refighters for locating the emergency scene. Likewise, when calling for an emergency, turn off outside lights and be prepared to hear instructions over the radio. These tips are important during a storm, but every- day as well.

Mike Davis, a veteran fi refight- er coming up on 41 years, has exciting stories to share from his years of service. He is admired by his younger colleagues in the Department for his skill in operating the pump and getting everyone to and from the station swiftly, but safely. He recalls being on Storm Duty dur- ing the 2007 Patriot’s Day Storm, like it was yesterday. Davis was working in Waterville at the time and was on his way home. It was the third day of the Patriot’s Day Storm and the crew had been at the station for at least 36 hours. Chief McGouldrick called Davis ask- ing him to cover for a few hours. The crew were having trouble clearing calls because of the incredible volume. At all times, there were four to six calls in the queue, mostly for water in basements, trees on houses, and downed power lines.

“I agreed to handle it and met the crew on Ocean View Road for wires down and told them that Chief asked for help. We got home to get rest. We went from home to home. I knew how to expedite the calls while still attending to residents’ concerns. At one call, where there was smoke to the house, I turned on the smoke detector before turning on the lights. We were going back into the garage. The homeowner was surprised, and now un-
COMPLAINTS
3-10 An officer met with a resident of the Scott Dyer Road area regarding a criminal threatening complaint.
3-15 Two officers responded to a residence in the Spurwink Avenue area for a domestic disturbance.
3-15 An officer met with a resident of the Ocean House Road area regarding a theft of prescription medication.
3-19 An officer met with a resident of the Bowery Beach Road area regarding the theft of an ornamental brass lantern from the back yard.
3-19 An officer met with a resident of the Bowery Beach Road area regarding a criminal mischief complaint.
3-19 An officer met with a resident of South Portland regarding a possible harassment complaint.
3-23 An officer received a wallet from a Massachusetts resident who found it at Two Lights State Park. The owner was contacted and property returned.
3-24 An officer met with a resident of the Broad Cove area regarding a suspicious post. It was later found to be a miscommunication.
3-26 An officer met with a resident of the Broad Cove area regarding the theft of a purse that contained some cash and several credit cards, one of which was used before the victim could cancel it.

SUMMONSES
3-17 Cape Elizabeth resident, speeding (49/35 zone), Route 77, $152
3-20 Saco resident, operating after license suspension, failure to file accident report
3-22 Cape Elizabeth resident, operating under the influence of alcohol, Route 77
3-22 Scarborough resident, speeding (55/35 zone), Spurwink Road, $230
3-23 Westbrook resident, failure to stop for sign, Sawyer Road
3-26 Cape Elizabeth resident, impudent speed, Spurwink Avenue, $134

ARRESTS
3-20 Cape Elizabeth resident, outstanding warrant, Grover Road
3-23 Cape Elizabeth resident, operating under the influence of alcohol, Route 77

ACCIDENTS
3-13 Julie Tedlisk, Aaron Merriam, accident on Woodland Road
3-14 Kurt Nielsen, accident on Old Ocean House Road
3-25 Matthew Arnold, accident on Sawyer Road
3-25 Larry Rideout, Keith Johnson, accident on Shore Road

FIRE CALLS
3-13 Alevit Cove Road, furnace problem
3-19 South Portland mutual aid
3-14 Brewer Road, gas leak
3-15 Tote Road, chimney fire
3-17 Cooper Drive, mulch fire
3-19 South Portland mutual aid
3-20 Bowery Beach Road, elevator rescue
3-21 South Portland mutual aid
3-21 Surf Road, line down
3-25 Shore Road, car accident

Thefts of prescription medication, ornamental brass lantern reported

RESOLVE CALLS
There were 16 runs to Maine Medical Center.
There were 2 runs to Mercy Hospital.
There were 2 patients treated by rescue personnel but not transported.

Scam Alert Bulletin Board
Reported by Jessica D. Simpson

Prescription medication scam
As the price of prescription drugs continues to rise, you might find yourself searching online for more affordable medications. Beware of bogus companies that take your money and never send you the product, or worse, send you a product that could cause you harm. Also, be sure to read the fine print on prescription drug coupons you find online. You might discover your purchase won’t count toward your deductible, or that the coupon expires after a certain number of refills.

Microsoft alert
A tech scam twist: You receive a call from someone claiming to be with “Microsoft” giving an urgent warning to renew your license key or your computer will cease to function.

Keep in mind this statement from Microsoft: “Microsoft will never proactively reach out to you to provide unsolicited PC or technical support. Any communication we have with you must be initiated by you.” You can report the scam at www.microsoft.com/reportascan.

Drug Take Back Day is April 28

On Saturday, April 28, residents will be allowed to bring in their unused and unwanted prescriptions and over-the-counter medications to the Cape Elizabeth Police Department from 10:00 a.m. - 2:00 p.m. for disposal.

Residents should take advantage of this opportunity to clean their medicine cabinets and dispose of the unwanted medications in a safe and environmentally friendly manner. For more information contact Officer David Galvan at 767-3323 EXT. 208.

Our conversations confirm what a gift it is to live and raise a family in Cape Elizabeth. We have a nationally recognized school system, excellent recreation facilities, some of the most beautiful vistas in the world and an engaged and active citizenry. It was a privilege to serve you on the Town Council. My proven record serving on the Town Council and working with the Legislature for Governor Brennan and for the Maine court system, underscores my experience and expertise in forging consensus and getting things done, while appreciating that every dollar we spend comes from hard-working taxpayers and needs to be invested wisely.

- Education: Supported our schools, guiding the kindergarten wing and high school renovation to a 7-0 vote on the Town Council.
- Shore Rd. Path: Initiated and proposed the Shore Road Path and worked to find the funding and consensus to get it done.
- Community Services: Voted to build the Community Center that provides services to people of all ages; supported on line car renewal and proposed moving town elections from May to November, which increased participation and reduced costs.

Ready on Day One: With more than 20 years of legislative expertise and experience, there will be no learning curve for me in my efforts to support public education, affordable health care, common sense gun control and protect our environment, as we grow the Maine economy.

As a Clean Election Candidate, I will not be indebted to any special interests.

My promise to you is that I will always listen, be accessible, and work diligently to find bipartisan solutions that help Maine prosper.

I am grateful for your past support, and humbly ask for your vote for state representative on election day.

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Cape Elizabeth Community Gardens plot vacancies

This upcoming 2018 garden season we have some garden plot vacancies. If you are a Cape Elizabeth resident who is a new or experienced gardener and is interested in growing fresh organic produce at one of the beautiful Cape Elizabeth Community Garden locations, please send your name, mailing address, phone number and e-mail address to Rachel Stainsieskin at smok75@maine.rr.com. Please also indicate if you have a preference for either the Maxwell or Gull Crest location. Your name will be added to the wait list in the order in which your e-mail is received.

Gardeners use organic methods, and in addition to tending their own plots, spend additional hours during the season on general garden duties. In each garden, vegetables are grown in several plots for the Maine Harvest for Hunger program. Produce goes to local food pantries, learning centers, and named in memory of Judy Simonds, one of the garden founders. For more information, please visit www.capegardener.org or call Rachel at 767-3603.

Family seeks to reduce size of cell-phone tower zone on Strout Road

The site of the town’s first communications-tower zoning district may shrink to about a quarter of its size if owners of the underlying property receive their request for a zone change. Justin Strout, representing family-owned Tower Specialists Inc., is asking that the town reduce the tower overlay district on almost all of 14 Strout Road to just the portion that could realistically support 180-foot towers. The Town Council on March 12 referred the request to the Planning Board.

Strout, the grandson of local radio communications pioneer Herbert Strout, said the 25-acre parcel is owned by a family trust and might be subdivided for housing some day. “When they do that we thought it would better to not have tower overlay if we’re selling house lots,” Strout said.

Tower Specialists are working to consolidate the towers on the property, with four of seven current towers scheduled to come down this year, and a fifth one next year. That would leave one current and one new tower on the property, each 180-foot high.

Strout said the smaller area is the only practical location for 180-foot towers and required setbacks. “Anything other than that would be way down in elevation and would not be a good location for a tower anyway. So that’s why we want to tighten it up,” he said.

The requested site could also support a third tower, but the two planned towers are enough to meet existing needs and needs in the immediate future, he said.

In his submission packet, Strout gave the history of the property: In 1942, longtime Cape Elizabeth resident, Herb Strout, established Community Radio for home radio repair. This transitioned into TV and later 2-way radio repair for both business and emergency services. In 1953 Herb purchased a 32-acre piece of property off Sprawwink Ave., now known as 14 Strout Road, to create Cape Elizabeth’s first commercial tower site. This site is still vital today and will continue to be into the future. Herb’s son, Paul, founded Tower Specialists, Inc. (TSI) in 1965, just after graduating from CEHS, creating the second generation entering the tower field. TSI, a veteran-owned company, specialized in tower construction for emerging technologies; first there was FM radio, then cable TV, and finally cellular telephones. Paul’s son, Justin, became the third generation to carry on the family tradition and has been involved in tower construction for the last 25 years. Paul and Justin are currently constructing the new 180-foot tower that was approved as The Strout Tower Consolidation Project by the Planning Board in September of 2017.

One of the goals of the Town Council is to improve cellular and telecommunications infrastructure and explore related revenue opportunities.

April is National Poetry Month

By Makena Deveraux

April is seen as the inception of spring in Maine; the month sprouting between the chilly days of March and the flowering days of May. However, many may not know about April is that it is National Poetry Month. As winter melts into spring, people turn to celebrate an art form that has been around for thousands of years and influenced millions. Poetry is all around. A tree in the backyard can be a poem, the cat meowing for food, or even fingers curling around the hand of a loved one. Poetry can even be a feeling such as grief, joy or animosity.

Everyone is a poet, for poetry is something so unique it is hard to define, but it can be shaped into whatever the poet wants it to be. Everyone experiences poetry; it doesn’t have to be written on a piece of paper. However, a lot of the appreciation for this art comes from actual words seen or heard and labelled as “poetry.”

On April 26, the annual Zimpritch Poetry Symposium will be held from 8 a.m. to 2:30 p.m at Thomas Memorial Library. This year it will be hosted by Stuart Kestenbaum, the current poet laureate of Maine. The symposium will offer an opportunity for twelve Cape Elizabeth High School students to not only develop their poetry writing skills, but also to look at poetry from many different perspectives to bring out students’ own unique style. A reading will be held at 7 p.m. on the same day at the library where everyone from the community is invited to come and listen to the students give oral performances of their most developed poems from the day. It will be a wonderful opportunity to support not only poetry this month, but also young people brave enough to share their creativity with others.
CEEF kicks off six-week fundraising campaign in partnership with the Thompson family

A community social on March 29, hosted by Nancy and Tim Thompson in conjunction with the Cape Elizabeth Education Foundation (CEEF) at the Purpoodock Club, brought together friends, family and members of the community to recognize and celebrate past recipients of The Thompson Award. The Thompson family also announced a six-week fundraising campaign to support the development of mental health awareness.

A large contingent of students from Cape Elizabeth recently spent the entire evening dancing away with their new friends from Strive at the Strive Rocks Dance Marathon.

A group of generous and committed community members would like to impact change. We hope you join us. Learn more about CEEF at www.cef.us

Strive Rocks!

Friends, family and members of the community gathered on March 29 to recognize and celebrate past recipients of The Thompson Award. The Thompson family also announced a six-week fundraising campaign to support the development of mental health awareness.

Each year Strive holds an all-night Dance Marathon fundraiser and this year over $100,000 was raised. Students from local high schools put together teams to help fundraise as well. This year the Cape Elizabeth High School team was the largest high school fundraiser, raising over $4,000 for Strive. It is the second year in a row that Cape came away with the trophy as the largest high school fundraising team.
Six Cape writers honored with awards

By Makena Deveraux

Six students from Cape Elizabeth High School were honored for receiving Regional Scholastic Writing Awards at a ceremony at the University of Southern Maine on March 16 at USM’s Hannaford Hall.

The Scholastic Art & Writing Awards, now in its 95th year, is the longest running and most prestigious recognition program for creative teens in grades 7 through 12. Maine students submitted 534 works to the Scholastic Writing Awards. National judging occurs in mid-March. In addition to the Gold Keys in Maine, 86 Silver Keys were awarded to distinguished works and 124 Honorable Mentions were awarded to notable works.

The following students from CEHS were honored:

Makena Deveraux
Rohan Freedman
Zahra Freedman
Grace Roberts

Raina Sparks
Charlotte Thayer

The Scholastic Art & Writing completion received nearly 350,000 submissions and in a statement revealed that students who received a national award are in the top 1 percent of all submissions. These students join many distinguished alumni including Truman Capote, Sylvia Plath, Robert Redford and Stephen King just to name a few.

From those 36 Gold Key Award winners, whose works were submitted to the national competition, 11 students from Maine received National Gold and/or Silver Medals, and three of them were from CEHS. Those students from CEHS that earned National Scholastic Medals for writing are:

Grace Roberts- Gold and Silver Medals
Makena Deveraux- Silver Medal
Raina Sparks- Silver Medal

Congratulations to all students their families and teachers. If one would like to read these wonderful writings, Scholastic will publish award winning writing online at www.artandwriting.org. You can also read about the tradition and legacy of the Scholastic Art & Writing Awards.

Portland Symphony Orchestra performs at Pond Cove

On March 27, the woodwind section of the Portland symphony orchestra performed a KinderKoncert at Pond Cove. The theme of the program was how hard work, practice and teamwork are essential within a performing ensemble. This was a showcase of the woodwind instruments and for many students, their very first concert. This event was made possible through the generous support of donors to the Cape Elizabeth Education Foundation.

School Board

Continued from page 3

obligations; there are no extras in a budget with that increase. The lower end of the range, a 2.1 percent increase, would mean a nine percent increase in property taxes. This would mean an annual increase of around $400 for the same $314,000 home.

According to the School Board’s statement, “The School Board is fully aware that an increase to property taxes at this level would be financially challenging for many community members. We do not want to over-burden tax payers and are currently examining all possible ways to reduce expenses and consider creative solutions. However, given that over 80 percent of the total school budget is spoken for through contractual agreements, there is very little room for further reductions without significantly changing the landscape of our academic programs and reputation.”

CMEA’s Phillips said, “This has been emphasized at Board meetings: we don’t have a budget problem, we have a funding problem. If the community were to look at the budget of the past four years, they’ll see that this year’s budget increase is similar. What isn’t similar is the state contribution. That is why this looks so out of whack.”

The budget will be formally presented to the Town Council during a joint workshop on Tuesday, April 24 at 7 p.m., within Town Hall. On Monday, May 7, the Town Council will hold a public forum during which people will be able to make comments. The Town Council will then accept or reject the overall budget number, but they do not have a line item veto power over the school budget. After the Town Council accepts a budget, it will be presented to Cape Elizabeth voters for approval.

Colter said, “Citizens should learn all they can about this budget and let the school board and town council know what they think, what they value, what they believe is best in the long run for the Town of Cape Elizabeth.”

“Cape Elizabeth is a great town. It has beautiful beaches and vistas, a park that is known world-wide, friendly people, a rural feel for a place so close to Maine’s largest city, and a school system that is outstanding,” Phillips said, “This is when we need the community to come out and speak up for schools. I encourage all . . . to speak to your neighbors about the importance of ensuring that our schools continue to be the state’s best.”
Cape students contribute to new opus ‘Girl in Six Beats,’ opens April 21

By Kevin St. Jarre

Two Cape Elizabeth High School students, Makena Deveraux and Ella Briman, were part of a writing team that penned a libretto, titled “Girl in Six Beats.” A libretto is essentially the lyrics to an opera; the music was composed by Daniel Sonenberg, the composer of “The Summer King.”

Commissioned by Opera Maine, “Girl in Six Beats” is a collaboration between Opera Maine, The Telling Room and the University of Southern Maine. It was made possible with the support of the Crewe Foundation and an Opera America Innovation Grant, and supported by the Ann and Gordon Getty Foundation.

Briman and Deveraux, along with five other Maine students named Emelia Baley, Myah Garrison, Emily Greene, Zoe Siliwski and Kaspar Wilder, participated in a July 2017 workshop offered by The Telling Room, a non-profit organization in Portland dedicated to helping young people tell their stories with the written word.

Led by Maine-based actor, director and theater educator Marjolaine Whittlesey, the workshop prompted the students to write an original libretto drawing on personal experiences and concerns. The seven writers then gave the libretto to Sonenberg, who composed the 30-minute opus in consultation with the team. “Girl in Six Beats” is scored for five principal singers, small chorus, light percussion performed by the singers, and piano.

Deveraux said of the experience, “Last summer, the summer [after] my sophomore year, I really wanted to do a writing workshop and the summer [after] my sophomore year, I really wanted to do a writing workshop since I love to write. I just had no idea what kind of writing I wanted to do. So, I found myself traversing the internet and saw that the Telling Room was offering the opportunity for teens to write an opera in a week-long workshop. I was intrigued by the idea of working with teens, since opera tends to be associated with old, wealthy individuals. So I immediately signed up, having no previous knowledge of how writing an opera worked or ever having attended an opera. The workshop consisted of seven girls, including me, that were all as excited as I was. Though most of them knew a lot more about opera than I did. We were all very different in wonderful ways which allowed us to bring unique ideas to the drawing board and generate the storyline of “Girl in Six Beats,” though it took a lot of compromise and changing things around to make everyone happy. It was a really interesting experience that truly enlightened me on the subject of opera and all the steps and hard work that goes into creating one. I hope that younger people and teens alike can become more aware about this art form and grow an interest in it, because opera can take on many forms and embody many ways of thinking. “Girl in Six Beats” truly represents the unconventional thinking of teenagers and the beauty that can come from unique-mind people.”

Briman said, “I have previously participated in many programs with the Telling Room, an independent writing organization for kids, and I was very excited to see that they were offering a summer camp with the opportunity to collaborate on the libretto of an opera. A lot of us in the camp were already interested in music and theater, and we connected quickly outside of our writing. It felt like a daunting task, writing a libretto in a week. The process was incredible: with seven of us, writing hardly felt like work. The first day, ideas flowed out and we ran with them. The story arch was put together on the third day using note cards tacked on the wall, connected with string. We wrote in parks, we wrote in dusty theater rehearsal spaces, and we wrote during our lunch breaks on the docks of Casco Bay. We would split up and write, edit in groups, and take things apart. The characters that we had dreamt up suddenly were real, and new thoughts of lighting, staging and costumes were born. It was a whirlwind week of writing, teamwork and a collaboration that I will never forget.”

“Girl in Six Beats” tells the story of a teenage girl’s internal journey of discovery through a purgatory-like dreamscape, in the immediate aftermath of her attempt to end her own life. She encounters the twin angels who argue over her fate. Meanwhile, she meets a lost soul condemned who convinces her that she must assert her own voice, and she commits herself to life in order first to restore her most important relationship - that with her mother.

World premiere performances by USM Opera Workshop are at the University of Southern Maine, Corthell Concert Hall on April 21, at 8 p.m., and April 22, at 2 p.m.
Celebrate National Garden Month in April
By Amy Melissa Witt

There are 117.6 million individuals actively engaged in gardening in the U.S. Gardening not only furnishes you with beautiful flowers, and fresh, nutritious fruits and vegetables, it helps reduce stress, provides a source of physical activity, helps create and maintain wildlife and pollinator habitats, and offers opportunities for engaging with other gardeners.

The following ideas are just a few ways that you can get involved in, celebrate and help promote gardening in your community.

- Inventory your gardening gear (pots, tools, seeds) and donate the excess to a community or school garden.
- Plant native trees and shrubs and educate others about their benefits.
- Design and plant a Pollinator Garden for your enjoyment and as a means for educating others about the importance of pollinators and beneficial insects.
- Work on a gardening project with a child.
- Get together with neighbors to purchase mulch or compost in bulk. Buying mulch and compost by the yard is more economical and eliminates the waste of plastic bags.
- Participate in Maine Harvest for Hunger by growing and donating extra produce to local food pantries, like Judy’s Pantry in Cape Elizabeth. According to the U.S Department of Agriculture, 16.4 percent of Maine households (more than 200,000 people) are food insecure. Maine ranks 9th in the nation and 1st in New England for food insecurity. Contact your local University of Maine Cooperative Extension office for more information and an enrollment packet.
- Plan to grow and make this year’s gifts including herbal teas, vinegars, jams, and wreaths.
- Help a neighbor establish and plant a vegetable or flower garden.
- Join the greening committee at your workplace.
- Volunteer to help maintain the gardens for a local non-profit organization.
- Organize a community green-up day (on your street, a park, on a local trail, at the beach, the library, or in the town center).

Join Amy Melissa Witt and professional photographer Michael Leonard for an evening in the Children’s Garden at Fort Williams on Monday, June 18, 6 – 7:30 p.m. Amy will introduce you to the plants in the garden and Michael will show you how to make your best shots using a phone or camera. Cost is $25/person. Register online at Cape Elizabeth Community Services www.capecommunityservices.org. For more information, contact Earth Walkers at amy@earthwalkers.me.

Amy Melissa Witt is a horticulturist and director of Earth Walkers www.earthwalkers.me. His work is frequently seen in books, magazines, and television including Wood Warblers and Fly Catchers. Michael Leonard www.phototoursbymike.com is a professional photographer. His work is frequently seen in books, magazines, and television including the Weather Channel and National Geographic’s “Wild” program.

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Cape resident writes, illustrates and publishes children’s book about peace

By Marta Girouard

Cape resident Erin Sullivan has released her first children’s book, one which she wrote, illustrated and published herself. “Peace is a Choice You Make” is a book about recognizing that peace begins with each and every one of us.

The book centers around young Kate, who feels sad, mad, and even sick in her belly after witnessing a day of hurtful words towards herself and others. Kate hopes to find a way to bring peace to herself and those around the world, and in her journey, a crow named Patsy flies in with wise words to help her on a path towards peace. In the book, Sullivan includes “Peacework Exercises” that help readers create peace within, with the hope of sharing that peace with the world.

“Peace is a Choice You Make” draws on Sullivan’s life experiences. “In my life, I have done what I would label as ‘harmful’ actions toward others and myself. When I can forgive myself and accept those actions and allow the emotions that arise: anger, sadness, guilt, etc. to flow through me, I am creating peace within. I am letting go of the internal critic and loving me. Then I remind myself that everyone on the planet has done something they would label as ‘harmful,’ it’s part of being a human. When you love and accept yourself, naturally, your Inner Peace Warrior will shine through,” she stated.

Sullivan was inspired to write the book because of her desire for peace on earth and she wanted to share how she has found peace in the thoughts and interactions with others throughout the day. “I learned this as an adult and imagined what kind of world we could live in if we teach children how to choose peace,” Sullivan said.

This is Sullivan’s first children’s book and she has others in the works. She found the processing of writing, illustrating and publishing “Peace is a Choice You Make” challenging at times but also a great learning experience. “It was a practice for me in communication, patience and rolling with what showed up in front of me. The experience literally brought me to living the message of ‘Peace is a Choice You Make,’” Sullivan stated.

Along with being an author, illustrator and artist, Sullivan has had her own massage practice for 11 years. She has lived in Cape Elizabeth for 13 years and two of her places to walk, bask in the sun or watch the sunset are Kettle Cove and Crescent Beach.

April Naturalist’s Corner

By Erika Carlson Rhile

Have you heard peepers yet? First spring peepers are heard on Sawyer Road on March 27.

• Skunk cabbage is one of the first spring plants to come up through snow cover. Some Native Americans would eat the new leaves after boiling for at least a half hour so that the cabbage’s calcium oxalate would convert to a starch matrix. If you don’t boil and change the water, the leaves will burn mucus tissues. The older the plant’s leaves the “skunkier” the smell.

• The Killdeer calls its name as it flies over farmland Related to the piping plover, killdeer love pastures and fields far from water. Many a person has been fooled by the bird’s “broken-wing” act, in which it flutters along the ground in a show of injury, luring intruders away from its nest.

• Song sparrows are singing again. Audubon said: “Though its attire is exceedingly plain, it is pleasing to hear.”

• Have you seen male turkeys displaying? Dawn is when they are most actively trying to attract hens.

• Watch for the Full Pink Moon on April 30.
Check out the Library’s New Poetry Dispensing Machine!

The library has developed a fun and unique way to bring poetry to the public and help promote its remarkably large and diverse poetry collection. The Zimprich Poeticam 3000 is the brainchild of three library staffs, Andy Ryer, Jenny Verina, and Kiah Gardner (who also created the artwork for the machine.) It was fashioned by retrofitting an old toy vending machine to be a robot-like machine that will dispense a poetry-filled capsule to anyone who wants to add a little taste of poetry to their day. This one-of-a-kind creation was funded by the Gabriel A. Zimprich Poetry & Writing Fund, which also supports the library’s Zimprich Poetry & Writing Collection. The Poeticam 3000 can be found on the library’s upper floor near the main desk.

Programs for Adults

The New Tax Bill: Highlights, implications, and Tax Saving Tips
Thursday, April 12 6:30 – 8:00 p.m.
We are pleased to have Cape resident Tak Supassuetaw join us in April to tell us what’s in store with the new tax laws. This will be an informal and conversational presentation with lots of time for questions and answers. Mr. Tak is a licensed registered investment advisor, a certified financial planner, and a certified public accountant. He has over twenty years of experience working in the global financial services industry. She is committed to operating at the highest level of integrity, accessibility and knowledge.

Planting a Mediterranean Garden in Maine
Tuesday, April 17 6:00 – 8:00 p.m.
The Cape Elizabeth Garden Club is delighted to welcome Harriet Robinson, PhD and former Stroudwater District Director, to inspire us with ideas for planting a Mediterranean garden in Maine. Coffee and other beverages will be served at 6:00 PM. The PowerPoint presentation starts at 6:30. The general public is welcome!

Writer’s Accountability Group
Wednesday, April 18 10:00 a.m. – noon
TML’s new Writer’s Accountability Group (WAG!) meets on the 3rd Wednesday of each month from 10:30 a.m.-noon. From future writers who haven’t found the time to get going, to published authors looking for inspiration for their next book, we’re here to support you in a relaxed, library setting. All levels of expertise and genres are welcome to:

• Share ideas about writing, editing, and publishing.
• Share snippets of your work with a creative, supportive group.
• Connect with other writers who are as passionate about the craft as you are.
• Give yourself a deadline each month to show up with your latest work.
• Have fun!

Volunteer Feature: Tools For Life
Thursday, April 19 6:30 – 7:30 p.m.
Cape resident and TML patron Mary Trace is the director of the Salvation Army’s Tools for Life program. Tools for Life is committed to providing help in a cognitively enriched environment and acting as a bridge for new immigrants to access English language acquisition and life skills needed to succeed in America.

Since 2011, over 1,500 homeless and recently homeless have taken the Salvation Army’s Tools for Life 11-week series of classes to learn life and job skills and move forward in their lives. In 2017, Tools for Life expanded to include an ESL lab and ESL classes. Tools for Life is also starting weekly New Immigrant Orientation and Assimilation classes, and a University of Maine Eat Well Program. They are also providing resources to their patrons to help find housing, and to explain their responsibilities as tenants.

Mary is looking for volunteers to tutor, mentor, and help with childcare at the Tools for Life facility in Portland to allow single immigrant moms time to take ESL classes and participate in labs. Mary gives when talking about the huge impact her volunteers have on the lives of these new immigrants. We hope you’ll join us to learn more.

Poetry Reading featuring Stuart Kestenbaum and CEHS Poets
Tuesday, April 24, 6:30 p.m.
As the culmination of this year’s Gabriel A. Zimprich Poetry Symposium, student poets will be joined by poet Stuart Kestenbaum in a reading open to the public. A selected group of high school students will have spent the day working on their own poems with Kestenbaum, and will share their work in an evening reading from 6:30 – 7:30 p.m. Stuart Kestenbaum is the author of four collections of poems, and a collection of essays. The director of the Haystack Mountain School of Crafts from 1988 until 2015, he has written and spoken widely on craft making and creativity, and his poems and writing have appeared in numerous small press publications and magazines including Tikkun, the Sun, and the Beloit Poetry Journal. He was appointed Maine’s poet laureate in 2016. All are welcome.

Songwriting Workshop
Tuesday, April 24 6:15 – 8:15 p.m.
Our new songwriting workshop continues in April with local songwriter and performer Jud Caswell. Jud starts each session with a short discussion of some of the elements of songwriting craft and moves on to sharing songs. Feedback is focused on questions or concerns raised by the songwriter, with discussion focused on issues of craft and technique.

Participants should bring a song that is “in process” for feedback and support, along with 10 copies of lyrics to share. We’ll have a sign-up sheet when you get here and will have time each night to share six or seven songs. Come a little early if you want to make sure to get on the list!

The goal of the workshop is to provide a safe place for songwriters to grow their ability. Songwriters of all levels and abilities are welcome!

FILM: Finding the Balance Between Nature and Culture
Thursday, April 26 6:00 – 8:00 p.m.
How can land trusts work more closely with their community to address the traditions and aspirations of community members? Join us for a screening of a documentary by Maine’s Emmy award winning filmmaker Mark Ireland. “Community Conservation: Finding the Balance Between Nature and Culture” profiles four land trusts in different regions of Maine: coastal, inland, western mountains and Downeast. Shot throughout four seasons, Ireland captures the beauty of Maine from coast to mountains, from farmland to deep forests. Hikers, kayakers, immigrant farmers, kids, fishing guides, balsam tree-tippers, canoe-builders and more, tell the stories of local communities finding balance in nature.

Following the film, please join us for a discussion with filmmaker Mark Ireland and members of several local area land trusts to explore ways CELT and other land trusts can better serve local communities. Refreshments will be provided and we’ll have a separate area set up for kids to play – so please feel free to bring the little ones!

Please register to attend by emailing: info@capeandtrust.org.

Altered Book Club
Thursday, April 12 6:30 – 7:30 p.m.
Join Kiah on the second Thursday of every month to turn discarded books into works of art! For adults and older teens.

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Thomas Memorial Library offers poetry reading, film screening, April vacation week programs, and special Earth Day event
Creativity Lab
Wednesday, 2:30 – 4:00 p.m.
Drop in and make something. All ages welcome. No registration required.

Crafternoons
Thursdays, 2:30 – 3:30 p.m.
Join Kiah and Alysssa in a different craft project after school. Come in and see what we’re up to! Open to ages 11 and up.

Game On!
Fridays, 2:30 – 4:30 p.m.
Play board games, card games, and Wii U games after school! All ages welcome!

Altered Book Club
Thursday, April 12
6:00 – 7:30 p.m.
Join Kiah on the second Thursday of every month to turn discarded books into works of art! Open to ages 16 and up.

Special April Vacation Week Programs for Children and Families
In addition to our regular weekly story times throughout the month, we have the following upcoming special events for children and families coming up during April vacation week (please check our website for our regular weekly program schedule.)

Mad Inventor’s Workshop
for ages 5 and up
Tuesday, April 17
2:00 – 3:00 p.m.
Come see what you can make out of doodads, thingsigs, tools, and your imagination! No registration is necessary for this fun open-ended creativity program.

Special Author Event!
Explore Medieval Scotland with Author Diane Magras for ages 9 - 12
Wednesday, April 18
1:00 – 2:00 p.m.
Author Diane Magras will read from her new middle grade historical adventure book, “The Mad Wolf’s Daughter,” and lead participants in activities such as “Build a Medieval Villain,” “Create Your Own Heraldic Flag,” and “Arm a Medieval Castle.” Book sales and signing will follow the event, as well as drawing for a free copy of Diane’s book!

Go Fly a Kite! Family Kite Making Workshop
Wednesday, April 18
3:30 – 4:30 p.m.
Families with kids 5 and up can come make a kite that actually flies using simple materials. All materials will be provided. Please register in advance on the library’s website so we can be sure to have enough materials available.

Spring Sing-along with The High Spirits
For families with young children
Friday, April 20
10:00 – 10:45 a.m.
Join Cape residents, Anna and Dave Patterson, a.k.a., the High Spirits for another fun family sing-along, play-along, dance-along event. No registration necessary (note: this event replaces our regular Friday morning story times on this date.)

Special Earth Day Event!
Build a Pollinator Palace for Your Yard!
For all ages
Saturday, April 21
3:00 – 4:00 p.m.
Attract beneficial pollinating insects to your yard by creating an “insect hotel” or “pollinator palace” out of natural and recycled materials. This project is not only fun, creative, and beautiful, but also something important you can do to support native insects and our local ecosystem. All materials will be provided, but you can bring along items you may have around your house and yard, such as broken flower pots, bamboo stakes, bricks, sticks, and wooden boxes. Stop by the library or visit the library’s website for a complete list of useful materials you can bring for project. No registration necessary!
**CAPE CALENDAR**

By Wendy Derzawiec

**Wednesday, April 11**
School Board Budget Public Forum, 9-10 a.m., Town Hall chamber
School Board Budget Public Forum, 6-7 p.m., Town Hall chamber

**Thursday, April 12**
Town Council Budget Workshop with School Council, 7 p.m., location TBD

**Monday, April 16**
Patriot’s Day Holiday; Town Hall, Thomas Memorial Library closed. Recycling Center open 10 a.m.-7 p.m.

**Thursday, April 19**

**Monday, April 23**
Planning Board, 7 p.m., Town Hall chamber

**Tuesday, April 24**
School Board budget presentation to Town Council, 7 p.m., location TBD
Board of Zoning Appeals, 7 p.m., Town Hall chamber

**Ongoing each week**
Al-Anon, Regular meeting 7 p.m. Thursdays, at United Methodist Church, 280 Ocean House Road. Regular meeting 7 p.m. Fridays at St. Alban’s Church.
Alcoholics Anonymous, 2 p.m. Saturdays, First Congregational Church, 301 Cottage Road, South Portland, 7 p.m. Wednesdays, St. Bartholomew Church, 7 p.m. Fridays, St. Alban’s Church.
Cape Elizabeth Historical Preservation Society, 9 a.m.—noon Thursdays, Public Safety Building
Cape Elizabeth Lions Club, 6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road
Cape Farms Alliance, third Wednesday, 7 p.m., Community Center
South Portland/Cape Elizabeth Rotary Club, each Wednesday at 6:15 p.m. Purposooldock Country Club, Sparwink Avenue, 767-7388.
Codependents Anonymous (CODA) group at Cape Elizabeth United Methodist Church, Regular meeting weekly on Saturdays at 10:30 a.m. Call 799-4599 FMI.

**EVENTS/NEWS**

**Dave Mallett at First Congregational Church in South Portland**

Meetinghouse Concerts is bringing Dave Mallett and his band to perform on Saturday, April 28.
Touted as one of America’s true original troubadours, the singer-songwriter has recorded 17 albums, including the American folk classic Garden Song (Inch by Inch, Row by Row). Known for his carefully written, poetic offerings, his body of work has provided material for an eclectic list of artists that includes Alison Krauss, Pete Seeger, Hal Ketchum, Emmylou Harris, John Denver and the Muppets.
The concert will begin at 7:30 p.m. Proceeds from the concert will support Nonesuch Books and on-line at Brown grams or through community school departments.

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Beau Supper at Peoples United Methodist Church

The Peoples United Methodist Church, 310 Broadway, South Portland, will hold a Bean Supper on Saturday, April 21, from 5-6...
Cape Elizabeth sixth grader Zeb Welton, traveled to Washington, DC for a home school field trip with his mom, Audra Welton for the March For Our Lives rally on March 24. Zeb designed his own sign. He attached it to the foam board with a decorative tape covered in palm trees to remember those killed in the Florida school shooting. Of his experience, he said: “It was very moving. There were so many people at the March, listening to the kids and agreeing with what they were saying. The kids were telling the government that there should be better gun control and that they want to be safer.”

Dental Lace
Continued from page 1

by SCORE. Breau’s company is one of 102 American Small Business Champions, and Dental Lace is now eligible to achieve the honor of Grand Champion and win one of three additional $15,000 grand prizes, which will be announced in September. Dental Lace has also won other awards since the company was launched: the Portland Press Herald Source Award and the Package Design Award from Graphic Design USA.

Breau is grateful for the support of her office, which is headquartered in her home, is furnished with items from the Swap Shop. One neighbor with experience in patents pointed her in the right direction to get started on that process and other neighbors have even helped her assemble the floss. “Libraries are really important to me and Thomas Memorial Library has been so helpful,” Breau said. “During the power outage in October I set myself up there and didn’t have to shut down my business.”

How Dental Lace got its name is a unique story. Breau was on a red-eye flight and sat next to a businessman when one gentleman asked her “what do you do?” Instead of saying she was a librarian, she said she was an entrepreneur creating a better dental floss. Later as she was sleeping, she felt a hand on her arm. “I woke up to hear one of the gentlemen say ‘Dental Lace.’ I said ‘What?’ ‘Dental Lace, that’s what you should name your company,’ I said ‘I’m stealing that.’ “You should, it’s a good name,” he said. And so I did,” stated Breau. Breau feels it’s a good time for Dental Lace to have emerged on the market, given the increasing trend of consumers aiming to cut down on the consumption of plastic waste. Dental Lace Refillable Floss is the only fashionable refillable eco-friendly dental floss on the market today and Breau’s goal in the next five to ten years is to take Dental Lace as far as it can go. “Every time I sell one glass container, it replaces seven plastic containers,” she stated.

Rick & Sam Rosu-Myles hold the Courier at the top of Snowbird Ski Resort on the tram loading area during a father/son ski trip in March. Snowbird received 41 inches of snow during their stay, given them the best skiing conditions Utah has to offer.