

The Cape Courier

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In the Spirit of Community

Fully Involved: A View Into CEFD, Recommendation for no off-leash dogs at Fort Williams Park surprises many

By Mara DeGeorge



Photo by Joanne Lee

Pictured holding his Citizen Award is Hudson Brandeis with (left to right): Cape Elizabeth Fire Chief Peter Gleeson, Doug Babkirk and Paramedic Pat Dugas.

In a recent Courier issue, we featured a Robinson Woods rescue. Six-year-old Hudson Brandeis was walking with his 67-year-old healthy grandfather, Doug Babkirk, in Robinson Woods when “Grampy” tripped on a log and fell down. They needed help, fearing that he had broken his hip, but didn’t have a cell phone with them.

The boy left his grandfather and found a woman who called his dad who then called 911. Members of CEFD Fire and Rescue crews assisted in rescuing the patient from a half mile into the trail. This rescue call went smoothly and thankfully this story has a happy ending. Hudson remained calm and helped rescue person-

nel to help his grandfather get the care he needed.

Family and friends, CEFD and CEPD personnel, along with Hudson and his Grampy, gathered on April 1 at Town Center Station. A Cape Elizabeth Fire Department Citizen Award, a wooden plaque with the CEFD seal, was presented to Hudson, “In recognition of exhibiting bravery and composure in a stressful situation in the aid of rescuing his injured Grampy, October 3, 2018.”

Look forward to Fully Involved: A View Into CEFD next time, as we feature Use of Donated Structures for Fire Department Training.

Leasing options, possible parking-fee revenue reduce town tax-rate proposal

Projected revenues from parking fees at Fort Williams Park, along with reduced expenditures for equipment, has brought the proposed tax-rate increase for non-school services down to 2.5 percent for fiscal 2019-20.

Town Manager Matthew Sturgis issued a revised message and pro forma summary for the 2019-20 municipal budget proposal on April 2 (updated 04/09). The revisions, based on workshop consensus of the Finance Committee, propose a town budget of \$13.38 million, down \$245,660 from the \$13.63 million requested for non-school services in early March.

The reduction primarily reflects a lease rather than purchase of a front-end loader and rotary mower for Public Works, Sturgis said.

Possible revenues of \$300,000 from a proposed pay/display parking-fee system

at Fort Williams Park further reduces the amount forecast to be raised by taxes. As of April 9, the proposed tax increase for non-school services is 11 cents, down from 42 cents (9.8 %) proposed in March.

The Town Council will hold a public hearing Monday, May 6, on combined school and town budgets for 2019-20; and, at the same meeting, a hearing on the parking-fee proposal for Fort Williams Park. Votes on the budget and on the parking fees are scheduled for May 13.

The School Board on April 4 adopted a \$26.9 million school budget for 2019-20, and will present that budget to the Finance Committee, a committee of the whole Town Council, on April 24.

The townwide school-budget validation referendum will be June 11.

By Kevin St. Jarre

For quite some time, the Cape Elizabeth Conservation Committee has been deliberating and researching potential updates to the community’s dog ordinance. In recent years, the issue of dogs running and playing off-leash has been a topic of some discussion, with additional restrictions placed on dogs when and where dogs can be off-leash and under voice control.

The Conservation Committee did not recommend any changes to the Fort Williams Park portion of the dog ordinance. Instead, they recommended that all town properties be zoned into three categories: Category 1 where no dogs would be allowed at all, Category 2 where dogs must be on a leash at all times, and Category 3 where dogs may be off-leash if under voice control.

At their March 28 meeting, three of the four members of the Fort Williams Park Committee reviewed the Conservation Committee’s recommended updates to the dog ordinance, and then the Fort Williams Park Committee voted to delete the Fort Williams Park portion of the dog ordinance altogether, and to designate the entirety of Fort Williams Park as Category 2, where dogs must be on-leash at all times. This change then was returned to the Conservation Committee for their consideration at their April 9 meeting, when the Conservation Committee would then vote to send a final recommendation to the Town Council, the next step in

enacting any changes.

However, between the March 28 changes that the Fort Williams Park Committee recommended, and the April 9 meeting when the Conservation Committee could review the FWPC’s recommendation, the chair of the Fort Williams Park Committee, Jim Walsh, sent a letter via iPhone and dated April 3 to Kathleen Raftice, Director of Community Services and Fort Williams Park, asking her to communicate to the Town Manager and the Town Council that the FWPC voted to recommend that Fort Williams Park become a full leash-required facility with no off-leash area provided.

Of the recommendation, the letter from Walsh also stated, “This should be approved as soon as possible so it can be property [sic] communicated and signed for the upcoming spring, summer, and fall visitor season.”

However, at the April 9 meeting of the Conservation Committee, the Fort Williams Park portion of the dog ordinance was restored to include an area for off-leash dogs, and the committee voted to send their recommendation to the Town Council. They also attached the FWPC’s recommendation, but not as part of their own.

There have long been conversations surrounding off-leash dogs at Fort Williams Park; often they have been centered around people cleaning up after their dogs, or dog owners who do not watch their dogs while

-see OFF LEASH page 14

Friends of Fort Williams Park hires new executive director

Jennifer Scarpitti-Nelson has joined Friends of Fort Williams Park as its new executive director.

A resident of Cape Elizabeth, Scarpitti-Nelson has more than 20 years of financial and management experience, most recently as manager of finance and administration at Common Good Ventures/Lift360, a Portland-based nonprofit dedicated to strengthening leaders, organizations and communities in New England. She replaces James McCain, who left FFWP in January to concentrate on his landscaping business.

“I am thrilled to be on board and continue all the great work that the Friends of Fort Williams Park board, staff and volunteers have begun,” Scarpitti-Nelson said. “James’ leadership will be big shoes to fill, but Fort Williams Park is a favorite place for me and my family, and to be able to be a part of an organization that is so committed to preserving and enhancing all that Fort Williams has to offer is exciting.”

Scarpitti-Nelson has a Bachelor of
-see EXECUTIVE DIRECTOR page 15



Contributed photo

Cape Elizabeth resident Jennifer Scarpitti-Nelson has been named the new executive director of Friends of Fort Williams. Scarpitti-Nelson has more than 20 years of financial and management experience, most recently as manager of finance and administration at Common Good Ventures/Lift360.



The Cape Courier
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Cape Elizabeth Maine 04107
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The mission of The Cape Courier is to foster a sense of community by presenting news specific and unique to Cape Elizabeth and its residents, and, whenever possible, to promote volunteerism within our community.

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Letters should not exceed 250 words. We reserve the right to refuse letters and to edit for length, accuracy, clarity and civility. We do not withhold names and writers may be limited to one letter per month. Petition-style letters will be declined. Letters reflect the opinion of the author, not The Cape Courier. Email letters to: editor@capecourier.com or mail to P.O. Box 6242, Cape Elizabeth, ME 04107. Please note: Letters will be acknowledged by email.

NEXT ISSUE: May 7
DEADLINE: Noon, Apr 26

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Resident 'glad' town has hired a Finance Director

I'm glad that the Town has hired a Finance Director. I hope he has the authority to probe the proposed 2020 Municipal Budget. I believe the 6.6% budget increase should be challenged given that inflation continues to be below 2%.

I have difficulty understanding the governmental mindset that budgets have to increase. If new spending is badly needed it

makes sense to go through the entire budget and eliminate some items that are not needed as urgently. This is what most homeowners do.

I also hope the Finance Director has authority to challenge the upcoming School Budget.

Steve Roberts

Play softball

Dear 9-, 10-, and 11-year-olds, I am encouraging girls in the 4th and 5th grade to sign up for softball. First of all, it is super fun. I am speaking from experience. I have done T-Ball and three years of 2nd and 3rd Grade softball. I am moving into the next level and I am sure I will enjoy it very much. It is also very fun because you get to be playing with other girls your age. You get to enjoy time with your team, too!

My second reason is that you get exercise when you play. You run, bat and catch. You run the bases when you get a hit. Hitting (or batting) takes power so it is a good exercise. Catching involves running and throwing the

ball. It is really good exercise. Lastly, it is very exciting. You get to cheer on your team. It is also very fun when you get a hit and everyone is cheering for you. It is also just plain exciting to play. If you are in the 4th or 5th grade, I encourage you to sign up for softball!

P.S. Opening Day is April 27th and then games are played twice a week through mid-June. You can sign up at www.cape-ll.com.

Finn Rose Gilbert
4th Grader, Pond Cove Elementary School

Dog owners at Fort 'are respectful of each other and grounds'

I hear there is a dialogue going on about this issue and I really want to weigh in. I have been taking my dog to the Fort for two years now and have never experienced a negative incident. I did not read what some are characterizing as a negative piece in the Courier so I am not aware of those bullet points. I will simply state that all the owners who walk

their dogs at the Fort are respectful of each other and the grounds there. I have never had to draw an owner's attention to something they needed to pick up or a need to address their dog's behavior. This has not been my experience in any other dog park.

By comparison to the Fort, Gull Crest is very poorly cared for by those who frequent it- so for all this positive behavior, why should those at the Fort be punished for being compliant? There is ample space at the Fort for those who are not "dog people" to enjoy and the limits of the space are clearly marked. Out-of-town visitors are welcome without any imposition of a user fee on them, but I feel that being a tax payer in this town should afford us some level of privilege as there are so many services that are not rendered to us, trash pick up just being one example. Again, I am not knowledgeable about what the negative points were made in the Courier, but I hope my opinions are clear and worth listening to.

Gayle Hickok

THANK YOU!

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Thank you to this recent generous contributor:

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Let us hear from you!



We love feedback!
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April Fool's Day article 'well done'



Contributed photo

Cape Elizabeth resident Audra Welton was excited to find out there would be a restaurant in town bearing her name, only to find out it was not meant to be...just the annual Cape Courier April Fool's Day article

The April Fool's Day inspired article in The Cape Courier gave my family a huge laugh! For two days we believed, "Audra's"...an upscale, buffet style, eatery" was breaking ground this month. My son was quick to point out, "From now on, every time you introduce yourself in Cape Elizabeth, people will say, "Oh. Audra...like the buffet?!" Relief paired with roaring laughter filled our home the moment I took the time to read the article in full. Well done!

PS My mother also admits to being a huge Big Valley fan!

Audra Welton

Concerns about plastics and the environment

Mrs. Derman's 2nd grade class recently completed a project on persuasive letters. The students' instructions were to submit it to a person or place relevant to the content of the letter. Below is a submission from that class. The author's hope is that the community's residents, who each have the power to make an impact, will hear the letter's message.

Dear Editor,

I think there should be less plastics in the world. Because it hurts the environment. They throw it into the dump and they take that into a big pile of trash that hurts our planet and also some of it goes in the water. It kills lots of sea animals and then it spreads pollution that kills birds so that's why I think there should be less plastic.

By Jack Glennon, 2nd Grade
Mrs. Derman's Class
Pond Cove Elementary School



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Cape Elizabeth Then and Now: Namesakes of Fort Williams (Part Two)

By Jim Rowe



Photo by Jim Rowe

Battery Keyes, Fort Williams

This is the second in a series on the back stories of some of the historic names associated with Fort Williams.

Constructed in 1906, the remains of Battery Keyes lie on the rocky point at the very northeastern end of Fort Williams. The concrete battlement is entirely exposed and is accessible for park visitors.

Battery Keyes was named for Union Civil War General Erasmus Darwin Keyes, who grew up in Kennebec County, Maine. Keyes was a dashing figure- intelligent and capable by all accounts. Eschewing the career path of his father, a renowned doctor, Keyes instead sought out the military. He was an 1832 graduate of the United States Military Academy at West Point, graduating 10th in a class of 45.

Prior to the outbreak of the Civil War, Keyes was sent via Cape Horn to the west coast of the U.S., where he served at frontier

garrisons and in campaigns against native tribes.

By the time North-South hostilities erupted, Keyes had risen to become the third highest-ranking brigadier general in the Army. He commanded the Army of the Potomac's IV Corps during the first half of the war. Various courts of opinion have graded Keyes's leadership anywhere from sound and even heroic to unremarkable. Military historians generally regard him with favor.

Following the war, Keyes moved to San Francisco, where he was a highly successful businessman. He was an executive in a number of fields, including gold mining, wineries, and banking. He lived to be 85 years old.

Aside from Battery Keyes in Fort Williams, his name was also bestowed upon the home of Maine's National Guard headquarters in Augusta, Camp Keyes.

Welcoming conflict as an opportunity

By Janie Downey Maxwell

Organizational Habits is a column about ideas, tools, and inspiration to help you get your best work done. Janie Downey Maxwell moved to Cape Elizabeth in 2013. She manages adult programs at the Thomas Memorial Library and is active with the southern Maine theater community and an actor, singer, and director. Questions? Don't hesitate to contact Janie at janie@organizationalhabits.com.

When you're trying to get something done, the last thing you want is something, or someone, standing in your way. But sometimes conflict is exactly what you need to stop, to reconsider the direction you're heading, and to make a change.

In Sherri Mitchell's book "Sacred Instruction", she shares these thoughts on the beauty of conflict:

- Conflict is a messenger and a motivator to evolve your thinking or to take an action. Conflict creates friction and friction is energy which can lead to movement and change.

- Conflict can be a pathway for new ideas to emerge.

- Conflict makes you more aware of your position because it illuminates something that's been hidden. When someone disagrees with you, you have to take a step back and think hard. "What exactly is it that I believe?"

- Conflict can help you get organized and be decisive. If you can't go in Direction A, what do you need to do to shift gears and head off in Direction B?

- Conflict shows you a crack that you may have chosen to overlook.

- Conflict can be internal. Internal conflict might be the most difficult to face when your inside no longer matches your outside.

- Conflict is natural. No one gets to live a life that's always happy and conflict-free. When you solve a conflict, another will rise - you can bet on it.

- If you find you live in constant conflict, look for common causes. What can you change at an elemental level that will make your world more peaceful and harmonious?

The trick to me with conflict is to pay attention to it and not just continue on a path around it. To look for the message. And then to ponder before taking action. What's that saying? "Think twice, speak once?"

Local Writers at TML on April 27

On Saturday, April 27, from 4 - 5 p.m., Local Writers at Thomas Memorial Library will present a special all-poetry program in honor of National Poetry Month. The afternoon event will feature a group reading by contributing poets to the "BALANCING ACT 2 Anthology" (Littoral Books 2018), introduced by Editor Agnes Bushell. The event will be hosted by Portland Poet Laureate Linda Aldrich and Cape poet Marcia F. Brown.

Forty-three years after the publication of the original "Balancing Act" in 1975, Littoral Books has once again gathered poems from women across the State of Maine for "Balancing Act 2". This new anthology contains the poetry of 50 Maine women, of all ages, from all over the state, some well-known and widely published, others making their publishing debut, together creating a rich, varied, many-layered volume of contemporary poetry.

The April 27 celebration will include readings by contributing poets Muriel Allen, Shana Genre, Kate Hagopian-Berry, Georgie Hunt, Rebecca Irene, Meghan Sterling, Jeri Theriault and Anna Turner. The Anthology will be available for purchase at the event.

Now in its eighth year, the Local Writers reading series is free and open to the public. Light refreshments will be provided. The Thomas Memorial Library is located at 6 Scott Dyer Road, Cape Elizabeth. For more information, visit: thomasmemoriallibrary.org.

Featured Poets:

Muriel Allen has worked as a bookkeeper and a bookseller. Now retired, she has facilitated a poetry workshop at The Osher Life

Long Learning Center. She lives in Portland.

Shana Genre grew up in North Berwick, and later studied English and creative writing at the University of Maine at Farmington. Her writing has been published in a variety of magazines and literary journals. She lives with her husband and two children in Portland, where she teaches at Deering High School.

Kate Hagopian-Berry received her Ph.D. in English Literature from University of North Carolina, Greensboro in 2012. She was a finalist in the 2017 Belfast Postmark Poetry Competition. She lives and writes in Bridgton.

Georgie Hunt's writing has appeared in a variety of publications. She lives in Cape Elizabeth.

Rebecca Irene has had her work published in literary journals and reviews. She lives in Portland where she supports her word-addiction by waitressing.

Meghan Sterling is a poet, teacher, marketing writer and recent transplant to her husband's native Maine. She lives in Portland.

Jeri Theriault has been widely published in journals and anthologies. Her third chapbook won the 2013 Encircle Chapbook contest, and a full length collection of her work was released in 2016. She lives in South Portland.

Anna Turner is a poet and essayist. A Maine native, she works as a preschool teacher and is pursuing an English degree at the University of Southern Maine. She lives in Portland.

Recycling Center open on Sundays for yard cleanup

The Recycling Center will be open for the disposal of brush, leaf and yard wastes on the Sundays listed below. As a reminder, items intended for the Compactors (single-stream recyclables & household refuse) will not be accepted. Fees will be assessed on all applicable items.

SPRING 2019 SCHEDULE

Sunday, April 28: 10:00 a.m. to 5:00 p.m.
 Sunday, May 5: 10:00 a.m. to 5:00 p.m.
 Sunday, May 12: 10:00 a.m. to 5:00 p.m.
 Sunday, May 19: 10:00 a.m. to 5:00 p.m.



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Harassment complaints, motor vehicle burglaries reported

Reported by **Marta Girouard**

COMPLAINTS

- 3-26 An officer met with a subject in the Scott Dyer Road area regarding harassing text messages.
- 3-26 An officer spoke with a resident of the Scott Dyer Road area regarding harassing phone calls from a person known to the complainant. The caller was contacted by this officer and advised to cease.
- 3-27 An officer met with a resident of the Sawyer Road area regarding an ID theft complaint. Someone added themselves as an authorized user of one of the victims credit cards.
- 3-28 An officer spoke with a resident of the Broad Cove area regarding a motor vehicle burglary complaint, loose change is missing from the vehicle.
- 3-28 An officer spoke with a resident of the Old Ocean House Road area regarding a motor vehicle burglary. Loose change is missing from the vehicle.
- 3-28 An officer received a ring found outside the police station, owner was identified and property returned.
- 3-29 Two officers responded to a residence in the Scott Dyer Road area for a well being check.
- 3-30 An officer met with a resident of the Spurwink Avenue area regarding a speeding vehicle complaint.
- 4-2 An officer met with a resident of the Mitchell Road area regarding a phone harassment complaint.
- 4-3 An officer met with a Portland resident regarding a phone harassment complaint.
- 4-4 An officer met with a resident of the Shore Road area regarding a phone harassment complaint.
- 4-5 An officer responded to a location in the Route 77 area for trespass complaint. The subject was located and warned.

SUMMONSES

- 3-29 Cape Elizabeth resident, operating under the influence, Route 77
- 3-29 Portland resident, operating after suspension of license, Route 77
- 4-5 South Portland resident, speeding (44/30 zone), Sawyer Road, \$128

JUVENILE SUMMONSES

4-4 Cape Elizabeth resident, speeding (65/45 zone), Bowery Beach Road, \$230

ACCIDENTS

- 03-26 Margaret Linnell, Mitchell Road
- 04-05 Elena Keller, Laura Briggs, Mitchell Road
- 04-07 Russell Thompson, Heather Mullen, CEHS

ARRESTS

- 3-29 Cape Elizabeth resident, operating under the influence, Ocean House Road

FIRE CALLS

- 03-27 Overlook Lane Fire Alarm
- 03-28 Granite Ridge Road Investigation
- 03-29 South Portland Mutual Aid
- 03-31 Spurwink Low Hanging Utility Line
- 03-31 Scarborough Mutual Aid
- 03-31 South Portland Mutual Aid
- 04-01 Woodland Road Structure Fire
- 04-01 Ocean House Road Electrical Hazard
- 04-01 Broad Cove Road Investigation
- 04-02 Spurwink Avenue CO Alarm
- 04-02 South Portland Mutual Aid
- 04-03 Sawyer Road Lightning Strike Investigation
- 04-05 South Portland Mutual Aid
- 04-05 South Portland Mutual Aid
- 04-05 South Portland Mutual Aid

RESCUE CALLS

There were three runs to Maine Medical Center. There was one run to Mercy Hospital. There were three patients treated by rescue personnel but not transported.

Judy's Food Pantry - a community feeding itself

Cape Elizabeth United Methodist Church
280 Ocean House Road. Every Tuesday from 3:00-5:00 p.m., July through November The second and fourth Tuesday, December through June.

School news from the superintendent

By **Dr. Donna Wolfrom**

I would like to thank the many community members, administrators, staff and Cape Elizabeth School Board members who participated in the district Future Search on March 15 and 16. Over 100 participants met for table discussions on Historical Implications, Prouds and Sorries, Vision: Preferred Programs, Practices, and Processes, and Portrait of a Graduate. Data from each table group was shared with the entire group of participants and was collected for further review. Next steps include the crafting of an executive summary, the development of district goals, and finally, the development of a strategic plan that will provide the roadmap toward meeting the goals. There will be opportunities for staff and community input and feedback throughout the process.

I would also like to thank Cape Elizabeth School Board members, district administrators, Cape Elizabeth Town Council members, members of the Facilities Needs Assessment Committee, district staff and community members for their input and participation in the FY20 Budget Development process. Combined meetings of the Town Council and School Board began in October in order to pave the way for a collaborative and communicative budget development process. Out of those meetings came the creation of the Town Council/School Board Budget Sub-committee that has been meeting monthly in order to share information about the development of the town budget and the school budget. Administrators and School Board members worked collaboratively to identify and understand staff and programs that are included in the budget, and to make hard decisions about items that could not be included in an effort to be fiscally responsible. The recommendation by the Facilities Needs Assessment Committee to include funding for a needs assessment in order to address the needs of our buildings, was honored by the School Board and is, at present, included in the FY20 Budget. On April 4, the FY20 proposed budget was adopted by the Cape Elizabeth School Board. On April 24, the FY 20 School Budget will be presented to Town Council. Public referendum is scheduled for Tuesday, June 11. Please visit the FY20 Budget Update postings on the Cape Elizabeth School Board website for details on the budget development process.

Last week I attended the grades five and six choral and instrumental concert. It was a joy to see the students so excited about this musical experience. Cape Elizabeth is so fortunate to have music teachers who go above and beyond expectations in order to instill this joy in their students. The fifth grade band students were a wonder as they played recognizable pieces after having their instruments and rehearsing together for only a few short months. The grade six

band students displayed such growth as they first shared sectional parts and then played their piece together as a full band. Chorus pieces displayed student ability to sing in harmony and to sing in parts, often using sounds and claps to enhance the musical piece. The support of parents and community members was evident as the bleachers were full!

While this concert was just one of the many K-12 performances in which Cape Elizabeth students participate, it is evident that all of the music teachers in our district provide an exceptional experience for our young musicians, and that they spend many additional hours to their school day preparing for these wonderful events. As a result of the incredible dedication of our music teachers, the support of our community members and parents, and the enthusiasm and commitment of our students, I am proud to announce that the NAMM (National Association of Music Merchants) Foundation has designated Cape Elizabeth (for the fourth year in a row) as one of the "2019 Best Communities for Music Education." This year, we are one of only two school districts in Maine to receive the award. Following is a description of this award, as provided by NAMM.

"The Cape Elizabeth School Department has been honored with the Best Communities for Music Education designation from the NAMM Foundation for its outstanding commitment to music education. The Cape Elizabeth School Department joins 623 districts across the country in receiving the prestigious award in 2019. This is the fourth year that the Cape Elizabeth School Department has received this distinction.

The Best Communities Music Education designation is awarded to districts that demonstrate outstanding achievement in efforts to provide music access and education to all students. Districts that have been recognized by the NAMM Foundation are often held up as models for other educators looking to boost their own music education programs.

The NAMM Foundation is a nonprofit supported in part by the National Association of Music Merchants and its approximately 10,300 members around the world. The foundation advances active participation in music making across the lifespan by supporting scientific research, philanthropic giving and public service programs. For more information about the NAMM Foundation, please visit www.nammfoundation.org.

Congratulations to the dedicated and talented music teachers in Cape Elizabeth. You are well-deserving of this honor and we are proud and thankful for your work with our students.

- Rebecca Bean: Pond Cove Elementary School Music
- Emily Piller: Cape Elizabeth Middle School Chorus
- Caitlin Ramsey: Cape Elizabeth Middle School Band
- Tom Lizotte: Cape Elizabeth High School Instrument
- Joanne Lee: Cape Elizabeth High School Choral

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The CEMS Mental Health Initiative invites public for a free film screening

IndieFlix, a leading independent online streaming platform, along with its non-profit arm, the IndieFlix Foundation, is sparking a global conversation about anxiety through screenings of its documentary, "Angst: Raising Awareness Around Anxiety." On April 26 from 6:00 -7:00 p.m, the Cape Elizabeth Middle School Mental Health Initiative will hold a special screening of the documentary at the Cape Elizabeth High School Auditorium to open up a dialogue between local families, students, staff, community members and experts. The event will feature a viewing of the 56-minute film, followed by an informative panel discussion, moderated by Scilla Andreen, IndieFlix CEO and "Angst" producer. The panel of experts includes: Smita Sonti, M.D., a primary care physician who practices in Scarborough, and has served as the Cape Elizabeth Schools' physician for several years; Sarah Hanson, LCSW, CEMS social worker; Jill Young, RN, CEMS school nurse; and Kate Danielson, M.S., M.A., LCPC Child and Family Therapist who has a private practice in South Portland.

Producers Scilla Andreen and Karin Gornick have one goal: to start a global conver-

sation and raise awareness around anxiety. Through candid interviews, they utilize the power of film to tell the stories of many kids and teens who discuss their anxiety and its impacts on their lives and relationships, as well as how they've found solutions and hope. The film also includes a special interview with Michael Phelps, a mental health advocate and one of the greatest athletes of all-time. In addition, the documentary provides discussions with mental health experts about the causes of anxiety and its sociological effects, along with the help, resources and tools available to address the condition.

Anxiety disorders are the most common mental health challenge in the U.S., impacting 54 % of females and 46 % of males, with age seven being the median age of onset, according to the World Health Organization. While anxiety disorders are highly treatable, only one-third of those suffering receive treatment. Everyone involved in the development of "Angst" has a personal experience with anxiety – from the producers to the interviewees. To learn more, visit www.angstmovie.com.

Board adopts \$26.9 million school budget for 2019-20

The School Board on April 4 adopted a \$26.9 million school budget for 2019-20.

The budget is up 5.9 % over 2018-19. Based on most recent valuation estimates it would raise the school tax rate to \$14.36, an increase of 4.4 %. For a home valued at \$314,000, the school budget would add \$188.40 to the tax bill.

The board will present its budget to the Town Council Finance Committee on April 24. A public hearing on the full municipal budget - school, county, town and Community Services - is scheduled for May 6, with the Town Council vote May 13. A town wide validation referendum on the school budget is set for June 11.

The \$26,890,420 school budget is \$475,000 less than what was drafted in February and reflects the board's desire to cap the spending increase at 6 %. During budget deliberations in March, the board agreed to a net decrease of \$427,328 in requested expenditures.

The vote for budget approval April 4 was unanimous, with board members lauding the

collaboration, cooperation and communication that went into it.

"Dr. Wolfrom, your approach to the budget process guided us well, and your regular updates to the community have been really appreciated," said board member Kimberly Carr, directing her comment to Superintendent Donna Wolfrom.

The budget was developed over a series of workshops, all video-recorded. Each meeting included a statement of budget goals; public comment periods; and administrator responses to questions submitted in writing by the board. Regular budget updates were posted on the School Department's website and Facebook page; and, representatives of the School Board and Town Council met regularly with the superintendent and town manager for updates and to share ideas.

"I am proud of the work we have all done to put together this budget that holds students

-see BUDGET page 15

Light House swimmers compete at New England Swimming Championships



Photo by Jim Newton

From left to right: Jeremy Phelan, Orion Huey, and Jen Boucher recently competed at the New England Swimming Championships held at Harvard University

Light House swimmers recently competed at the New England Swimming Championships held at Harvard University in late March. Over 700 swimmers representing 93 teams from all over New England as well as New York, New Jersey, Ohio, Missouri, Indiana, Washington and Oregon competed at the championships. Ages of the participants ranged from 18-85 and during the course of the four-day meet, five National records and 32 New England records were broken.

Jeremy Phelan, competing for the first time in 47 years, placed second in the

1650 (mile swim) event and garnered additional fourth and sixth place awards.

Jen Boucher, another swimmer out of the water for nearly 27 years improved her time and position in her only event of the 100 breast stroke where she placed third. Orion Huey, the youngster of the group and defending New England champion won the 50 fly and earned additional two second places and fourth place finishes.

Congrats to the trio and watch for future updates on open water competitors this spring and summer.



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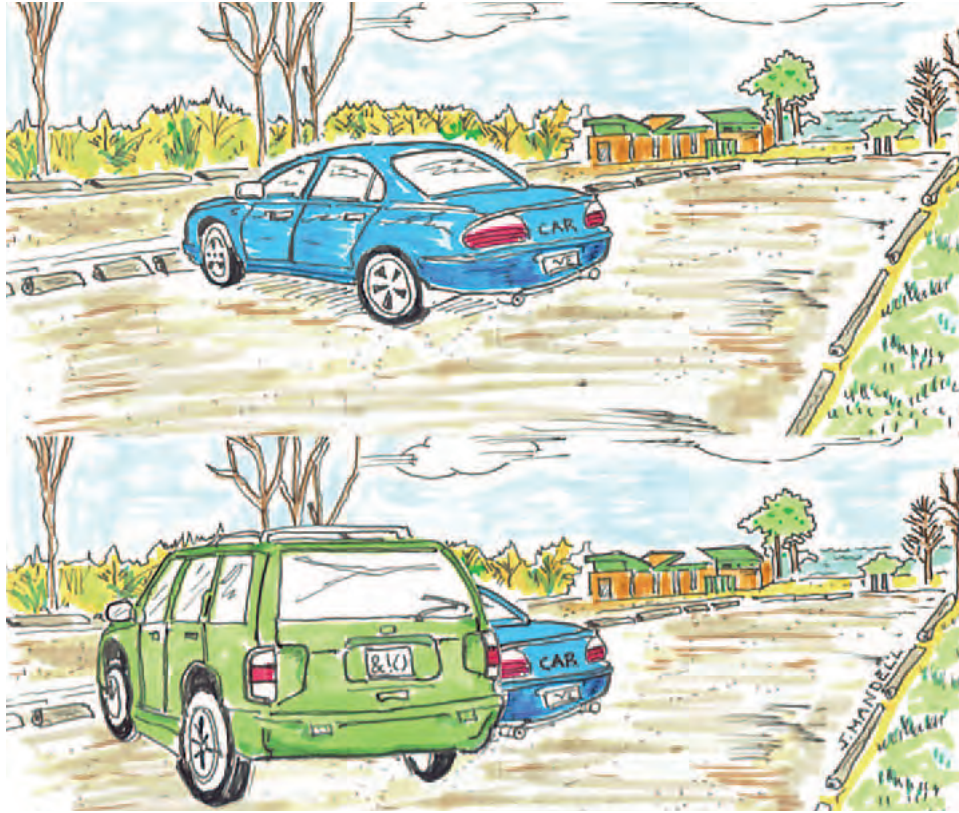
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Capetoons: Off-season parking at the beach

By Jeff Mandell



Drawn by Jeff Mandell

Our Library: Making a Difference

This column by Thomas Memorial Library Foundation shares true stories from library users on how our library is making a difference to them and to the community.

Knitters of tales

By Mary Capobianco

When I shared with a fellow board member that I knit, she immediately invited me to join the Thomas Memorial Library knitters' group that meets every Monday from 1:00 to 3:00 p.m. at the library.

"I would love to come," I replied, and I would have loved to attend, but I feared that my knitting skills were not good enough to allow me to sit with a group of experienced knitters. So for three months, I continued to knit at home alone pulling out stitches, trying to find drop loops and regretting that what tangled from the left and right needles looked nothing like the pattern on the page.

Finally on a cold Monday in January, I decided to join the group and see how good knitters knit! As I walked into the room, clutched in my hands was my best effort to date. I knew I could proudly share what I had accomplished over my months of struggles, but I also knew that I could not knit in a group.

As I sat down, I marveled as beautiful socks, sweaters, and penguin hats came to life around the table. As the needles clicked so did the voices of the women. I sat in my chair, needles poised, yarn wrapped around my left finger and listened to tales of winter illness, searches for new homes, and the explanation of "paper streets." I found out the best place to browse for beautiful yarns or where to get a great cup of coffee.

Everyone asked about my knitting project and was truly interested in the block-by-block afghan that I was creating one square at a time. No one seemed to notice that I only was able to knit two rows in the three hours I sat with them because I needed to recite the stitches in my head 'pick up the yarn, yarn over, draw through, slip off the needle.' I marveled that they were able to talk and knit without missing a stitch.

Suddenly it was time to go, and I re-

alized that this group was not about the quantity of knitting; it was about the cables of community. Here on a cold January day, a group of knitters came together to check in on each other. They shared stories, caught up on the news, and encouraged each other's projects. It did not matter if you had been coming for years or a new drop-in member.

Yes, I would have gotten more knitting done at home, but what I received, sitting with these women, was worth more than the extra rows completed for a blanket. It reminded me that public libraries offer more than books, videos, lectures; they offer community and friendship. This is not something you can find alone at home.

My afghan when done will keep my family warm, but it will also remind me of stories, laughs and friendships. I encourage all knitters to come join this group who are weaving more than strands of colorful yarns. They are spinning their stories and inviting others to join the community of Thomas Memorial Library.

Shortly after this piece was written, knitting group member Evelyn Ruth Swanson (Evie) Strom passed away on February 14, 2019. Evie was known for her sharp mind and her uncanny ability to find connections with people she had just met. She had a generous nature and enjoyed volunteering, being with family and friends and going on adventures. The knitting group at the Thomas Memorial Library will deeply miss Evie's warm smile and knitting advice.

The knitting group is only one of the many small groups that encourages dialogue and builds a stronger feeling of community at Cape Elizabeth. The others include two book clubs, the Democracy Cafe discussion group, Writer's Accountability Group, Senior Tech Time and lecture series. Check the TML website for more interesting opportunities.




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CEHS's Model UN team has another strong showing at Dartmouth

By Kevin St. Jarre



Photo by Melissa Oliver

Members of CEHS's Model UN team recently competed at Dartmouth College against students from more than 30 schools throughout New England and beyond. Pictured here, from left to right, are Swetha Palaniappan, Macgregor Francis, Kyla Christie, Ellie McAnuff, Ella Stanley, Rohan Freedman, Zahra Freedman, Nicoletta Coupe, Sophie Miller, Molly O'Sullivan and Raina Sparks.

Cape Elizabeth High School's Model United Nations team's legacy of success endures, despite losing many talented members to graduation last June. CEHS teacher and Model UN faculty advisor, Melissa Oliver, continues to coach the team and was impressed by the performance. "A strong showing from our delegates capped off a successful rebuilding year for the CEHS Model UN program," she said.

The team competed recently at the Dartmouth Model United Nations, or DartMUN, conference held annually in Hanover, New Hampshire. Three of the students distinguished themselves in committee:

*Ella Stanley was awarded Best Position Paper for representing Myanmar in the Future Crisis Committee: Post-Apocalyptic Asia.

*Nicoletta Coupe received a Verbal Commendation for representing Katsu Kaishu in the Historic Crisis Committee: The Fall of the Tokugawa Shogunate.

*Raina Sparks received a Verbal Commendation for her role - head of the DHS - in Ad-Hoc.

Here, delegates walk into a committee room with no knowledge of what their crisis will be and no opportunity to research. Oliver said, "They receive their positions and their scenario in their first session, and are told, 'Go!' In this scenario, the committee was forced to rebuild a government following the death of the President, Vice-President, Speaker and remainder of the Cabinet - save one (a la Kiefer Sutherland in Designated Survivor). This is a physical and mental grind for delegates, and Raina, in typical fashion, shined."

Zimpritch Poetry Symposium to welcome poet Richard Blanco

By Makena Deveraux

As National Poetry Month comes to a close, we will be welcomed into May by the annual Gabe Zimpritch Poetry Symposium. This day-long poetry workshop, for a select number of CEHS students with an interest in writing, will be led this year by world-renowned poet, Richard Blanco. Born in Madrid, Spain, after his family was exiled from Cuba, Blanco now lives in Bethel, Maine. He has published nearly a dozen works from poetry to memoirs, with ideas of cultural identity, community, and belonging at the forefront of most of his pieces. He was chosen to be the fifth inaugural poet of the United States in 2013 for President Obama's second inauguration, making him the youngest, first Latino, immigrant and openly gay writer to hold this distinction.

Blanco has received numerous honors for his writings and performances, including the PEN/American Beyond Margins Award, two Maine Literary Awards, honorary doctorates from Macalester College, Colby College, the University of Rhode Island, and many others. He has also taught at Georgetown University, Wesleyan University, American University and Central Connecticut State University.



Contributed photo

Poet Richard Blanco

The workshop will be concluded by an evening poetry reading from the teen writers as well as Blanco from his latest book of poetry "How to Love a Country," signed copies of which will be available for purchase. The public is encouraged to come to the reading, which will be held on May 2 at Cape Elizabeth Town Hall, from 6:30-7:30 p.m. Make sure to mark your calendars! A wonderful night of poetry awaits.

Opening on Board of Zoning Appeals

The Town Council Appointments Committee is accepting applications from residents to fill a vacancy on the Board of Zoning Appeals. The opening is for an unexpired term ending Dec. 31, 2019.

Those interested in applying may fill out an application at the following link: [https://www.capeelizabeth.com/gov-](https://www.capeelizabeth.com/government/rules_regs/forms/form.htm)

[ernment/rules_regs/forms/form.htm](https://www.capeelizabeth.com/government/rules_regs/forms/form.htm).

Applications may also be obtained at the Town Hall, or by contacting Debra Lane, Assistant Town Manager at debra.lane@capeelizabeth.org or 207-799-7665.

The deadline to submit applications is 4 p.m. Tuesday, April 30.



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More students enrolling at PATHS

Student interest in career-and-technical education is on the rise at Cape Elizabeth High School, according to Principal Jeff Shedd. He has reported an upward trend in the number of juniors and seniors choosing to enroll at the Portland Arts and Technology High School, which serves as the region's career-and-technology education center.

Cape Elizabeth has long been one of 14 schools sending students to PATHS, with anywhere from 5 to 7 students enrolled in one of the center's 19 programs. Since the 2017 school year, however, enrollment from Cape Elizabeth climbed to 12; then 17; and next year the projected enrollment is 20 students.

"At least 20, maybe in the low 20s somewhere ... so it's been a huge increase in terms of the number of students who are taking advantage of the many wonderful offerings that PATHS has," Shedd told members of the School Board at their meeting on April 4.

Offerings range from automotive technologies to music and dance to welding and woodworking. Students completing a two-year program at PATHS have a chance to earn national certification or college credit toward their area of study.

Shedd credited the school's counseling department for facilitating the increase. "Counselors Eamon Keenan and Brandy Lapointe have cooperated with PATHS to coordinate (their) coming in to talk to all of our sophomores every year for the past three years, to try to publicize more about what there is to offer," Shedd said.

Counselors also help students plan for completing diploma requirements, Shedd said. Students enrolled in PATHS attend classes at the Portland campus for half the day, and the rest of the day at Cape High earning core academic credits. "There are some sacrifices with that, typically kids take care of a lot of their requirements in their freshman and sophomore year, and junior and senior year is typically when kids go over to PATHS."

And, in addition to regular tours offered at PATHS, Assistant Principal Nate Carpenter regularly accompanies students on individual tours of the facility, Shedd said.

"It's a great investment of time and I'm really pleased with the progress that we've made in getting kids to take advantage of that great opportunity," Shedd said.

Lizotte sings with students at final concerts before retirement



Contributed photo

Cape Elizabeth music teacher and band advisor Thomas "TL" Lizotte is retiring at the end of this school year after more than 30 years as an educator. Here, he's pictured singing "Sweet Georgia Brown" with Anna Stevens at a recent Jazz Combo night. Also shown are (left to right) Harry Baker, Anna Stevens, Alex Hansen, Shane Kennedy, Heath Kennedy, Marco Hansel, Katherine Clay, Jack Sands.

CEHS club to host International Night and potluck dinner on April 28

By Kevin St. Jarre

The Cultural Communications Club at Cape Elizabeth High School is sponsoring an International Night and potluck dinner on April 28, from 4:30 p.m. to 6:30 p.m. in the high school cafeteria. The Club asks each family to bring a dish that has some significance to you—whether it is part of your family's tradition, grounded in your past, or expressive of your culture.

The event is open to everyone in the community.

In a recent letter to parents, students, and staff, CEHS Principal Jeffrey Shedd said that although the context of this event is different from a similar one two years ago, the purpose is the same, and that is to celebrate diversity. "We would like to pack the cafeteria for International Night—just as we did two years ago," Shedd wrote.

Shedd said that during the International Night event, students with connections to Saudi Arabia, Israel, China, Korea, Afghanistan, France, Germany, Pakistan, Turkey, Congo and other cultures will share their backgrounds. Food that has connection to the varied backgrounds or families will then be shared.

Shedd explained, "We will come together and share small aspects of our stories—simple reflections on family, on food, on culture, on origins, on traditions, on our diversity, and our unity."

Shedd's letter also gave some of the context for the coming event. "Increasingly, in this age of political polarization and social media, so many people seem to react to one another without ever getting to know one another. We form judgments before listening. In the process, we miss out on the opportunity to replace stereotypes with facts and understanding," he wrote.

Shedd wrote that "while CEHS may on the surface seem a homogeneous culture, our backgrounds are more diverse than we may appreciate—and we are on a pathway to greater diversity."

One of those pathways is the continued hosting of foreign exchange students from around the world. One of those, Sarah Almutawa, is from Saudi Arabia,

and Shedd said that she in the lead organizer of International Night.

Almutawa said, "I was inspired by my personal experience as an exchange student here in the United States to organize an International Night for the Cape Elizabeth community. Participating in an international evening held by my exchange program this February made me realize that there is beauty in diversity. I wanted to showcase this beauty here in Cape so everyone can enjoy it."

Almutawa said she was told from "day one that Cape is predominantly white," but she says she's found a richer cultural environment than some might think. "[T]he more time I spent walking the hallways and talking briefly with students or walking the streets and meeting strangers the more I've come to see that in Cape, there is more diversity than meets the eye."

She believes that some Cape Elizabeth residents themselves may not be aware of the diversity long or short existent within their own community.

"As people leave this event, I want them to know that the diversity in Cape is only going to continue to grow. In order to be inclusive of upcoming immigrants and those who move in from far away, community members need to acknowledge and recognize the existing diversity Cape Elizabeth already possesses," Almutawa said.

I cannot deny that it also as an attempt to leave a special mark from an exchange student in this high school.

Community members interested in joining in the event are asked to please RSVP by going to the potluck signup link <https://forms.gle/VWbWynPrz73V-VM7n7> and answer a few simple questions. CEHS teacher Sonia Medina is the advisor of the Cultural Communications Club.

CEHS music concert and farewell celebration May 2

The Cape Elizabeth High School chorus and concert bands will perform Thursday, May 2, at 7:30 p.m. in the high school auditorium.

The concert will feature performances by the chorus, symphonic band, and wind symphony and will be the final concert for departing seniors. Immediately following the performance, there will be a Farewell Reception in the cafeteria to honor the seniors and to celebrate the career of Mr. Tom Lizotte, who will be retiring in June after 17 distinguished years as the CEHS band director.

Both the concert and reception are free to the public.

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30 award-winning artists to participate at 12th Annual Paint for Preservation

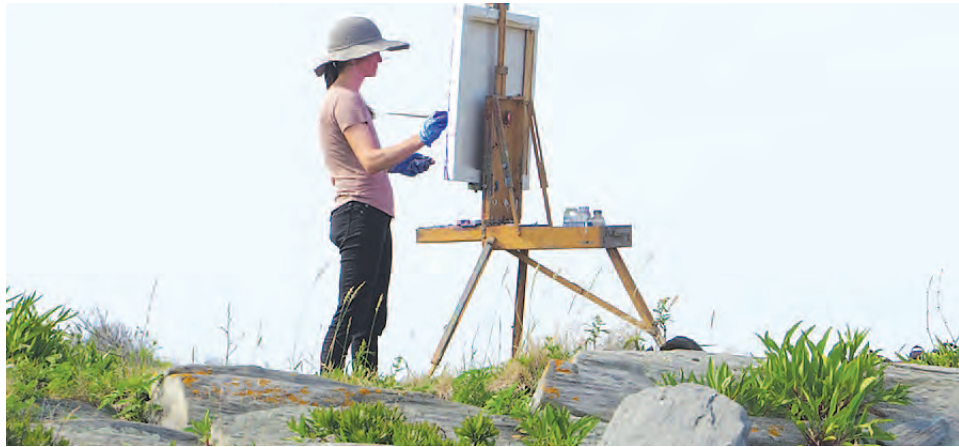


Photo by Bob Harrison

Emily Trenholm paints at Two Lights

Acrylic, gouache, oil, watercolors and mixed media paintings will all be on display this summer as 30 award-winning artists fan out across Cape Elizabeth from June 28-30. They will be painting outdoors – en plein air – throughout the weekend, at locations that highlight the incredible land- and seascapes of Cape Elizabeth.

Their creations will be auctioned (many while still wet) at the 12th Annual Paint for Preservation on Sunday evening, June 30, at a stunning seaside home looking over Pulpit Rock. Proceeds from the gala, including a portion of the art sales benefit the Cape Elizabeth Land Trust.

Selected artists this year include: Olena Babak, Hartland, ME; Charles Fenner Ball, Bangor, ME; Ken DeWaard, Hope, ME; Marsha Donahue, Millinocket, ME; Mike Dorsey, Ipswich, MA; Carol Douglas, Rockport, ME; Cooper Dragonette, Cape Elizabeth, ME; Erin McGee Ferrell, Falmouth, ME; Margaret Gerding, Kennebunkport, ME; Lindsay Hancock, Gray, ME; Alison Hill, Monhegan, ME; Jill Hoy, Somerville, MA; Anne Ireland, Bath, ME; John Knight, Portland, ME; Marguerite Lawler, Portland, ME; Janet Ledoux, Biddeford, ME; Nathaniel Meyer, South Portland, ME; John O'Shaughnessy, Wells, ME; Colin Page, Camden, ME; Holly Ready, Cape Elizabeth, ME; Bjorn Runquist, Spruce Head, ME; Matthew Russ, Waterville, ME; John Santoro, Portland, ME; Lou Schellenberg, Litz, PA; Caleb Stone, Rockport, MA; Judy Taylor, Seal Cove, ME; Charles Thompson, Saco, ME; Michael Vermette, Indian Island, ME; Brita VonSaltza-Bruce, Cape Elizabeth, ME; Graham Wood, Cape Elizabeth, ME.

"We're so excited to have these amazing artists for this fundraiser. It truly is recognized as one of the premier art auctions in Maine each year," says Claudia Dricot, chair

of this year's planning committee, and one of its founders.

Anne Zill, director emerita of the University of New England Art Gallery and an independent art curator, juried the artists from a very competitive field according to Dricot.

Samples of each artist's work may be previewed at www.capelandtrust.org/paint and a map of the artists' painting locations will be available as the date nears.

In addition to the larger paintings, art lovers may purchase an unmarked "Mystery Box" containing a smaller painting by one of the participating artists. For many, this is the highlight of the event. Tickets for the cocktail reception and auction are now on sale at www.capelandtrust.org/paint.

The event has garnered generous support from area businesses, including Ethos, Key Bank, R.M. Davis, Inc., 360 Uncoated, Eyecare Medical Group, Inn by the Sea, Oak Hill Distributors, Town & Shore Associates, Wright-Ryan Construction, Inc., Casco Bay Frames & Gallery, The Marc Gup Realty Group of Keller Williams, Huffard House Interior Design, Knickerbocker Group, Maine Limousine Service, Two Lights Dental, and Veterinary & Rehabilitation Center of Cape Elizabeth, as well as Geary Brewing Co. and Lone Pine Brewing Co. Cape's own caterer Brett Cary, Chef of Chimney Rock Catering Co., will be preparing the delicious treats, and Kaja Veilleux of Thomaston Place Auction Galleries donating his time and talent as auctioneer.

Paint for Preservation is the only fundraiser of the year to benefit The Cape Elizabeth Land Trust. CELT permanently conserves and provides stewardship for lands cherished by the community. For more information, visit www.capelandtrust.org or call (207) 767-6054.

Stewart brothers pursue passion for snowboard and skier cross racing



Contributed photo



Contributed photo

Brothers Zachary (pictured in the middle in the bottom photo above) and Gannon (pictured in the middle in the top photo above) Stewart, have been quietly and successfully pursuing their passion for Snowboard Cross racing (SBX) and Skier Cross ski racing (SX) for the last several years. In competitive "Cross" racing, skiers or boarders race in heats of four through a technical race course of banks, turns and jumps. The first two across the finish line proceed through to the next heat, until ultimately a winner is determined. SBX and SX are Olympic race events.

Zachary, a Cape Elizabeth resident and former student, is now a senior at Carrabasset Valley Academy. He has been competing on the North American SBX tour for the last three years, traveling throughout the U.S., Europe and Canada to grow this skills. He has been selected twice to represent the United States in the Junior World Championships, last August in New Zealand and in March in Austria. Zach's goal is to achieve a spot on the United States Snowboard team and compete in World Cup SBX racing.

Gannon, a sophomore at CEHS, just won Skier Cross Junior Nationals for the fourth consecutive year at the United States Ski and Snowboard event held annually at Copper Mountain, Colorado. It is no small accomplishment in SX when anything can and will happen on the race course. When he turns 16, he will begin competing in the North American SX tour. Gannon also enjoys alpine racing where he was a member of CEHS's state championship alpine team, qualified for the Maine State Ski Team and participated at The Eastern High School Alpine Championships in early March.

Gannon, a sophomore at CEHS, just won Skier Cross Junior Nationals for the fourth consecutive year at the United States Ski and Snowboard event held annually at Copper Mountain, Colorado. It is no small accomplishment in SX when anything can and will happen on the race course. When he turns 16, he will begin competing in the North American SX tour. Gannon also enjoys alpine racing where he was a member of CEHS's state championship alpine team, qualified for the Maine State Ski Team and participated at The Eastern High School Alpine Championships in early March.

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Photo by Diana Onacki

A small bird warms itself in the first sunlight of April, not far from the Portland Head Light.

Naturalist's Corner

By Erika Carlson Rhile
CELT Education Committee Chair

It's a great time to look for Spotted salamander egg masses in vernal pools. Females lay about 100 eggs in a jelly-like cluster that clings to submerged vegetation. What's really cool is that the salamanders carry a green alga in their cells which is passed to their eggs. This is a mutualistic symbiotic relationship where the alga photosynthesizes oxygen for the salamander larva, and then the larva produce carbon dioxide, which is consumed

by the alga. Sometime between 70 -100 days after hatching, a 3" long salamander will crawl ashore. Spotted salamanders can be up to 7" long and live for 30+ years.

The Irish word for fox, sionnach, is believed to be the root of "shenanigans." The word's origins make more sense as red fox kits are out this time of year play-fighting near their dens.

Take a walk: Look for a carpet of trout lilies blooming along the boardwalk at Great Pond.

CELT April and May community programs

Nature Journaling

Cape Elizabeth Land Trust is proud to welcome Bowdoin College Professor Emeritus, Nathaniel T. Wheelwright, for a lecture on Nature Journaling. Professor Wheelwright and best-selling author Bernd Heinrich wrote "The Naturalist's Notebook" to teach nature lovers of all ages to be more mindful, curious and knowledgeable about the natural world, no matter where they live, using a calendar-journal format and Heinrich's classic illustrations as inspiration. Professor Wheelwright's presentation will describe the origin of the project and the joys, challenges and fulfillment of keeping a systematic nature journal.

Tuesday, April 30, 7:00 - 8:00 p.m.

CELT office: 330 Ocean House Road, Cape Elizabeth; \$6/person

Nature Walk— Vernal Pools and Wild Flowers in Robinson Woods

Learn more about Cape's natural habitats and their unique flora and fauna from Cape naturalist Tony Owens. Sponsored by the Cape Elizabeth Land Trust, this walk will increase your awareness and appreciation of the varied open spaces here in Cape Elizabeth. Walk will be held rain or shine so dress appropriately with footwear for wet walking.

Tuesday May 14, 9:00 - 11:00 a.m.

Meet at Robinson Woods Kiosk
\$6/person

Medicinal Herb Walk: Robinson Woods

Join Mischa Schuler, herbalist and owner of Wild Carrot Herbs on a walk through Robinson Woods. As the plants reawaken to spring, we will visit with these extraordinary beings in their young stages of growth - learning to recognize their patterns across the refreshed landscape. Our evening will be rich with herbal folklore and inspired by the full moon and setting sun.

Thursday, May 16, 6:00 - 7:30 p.m.

Meet at Robinson Woods Kiosk
\$6/person

Little Explorers (ages 3-5 with an adult)

Children and caregivers will spend an hour exploring the natural wonders of the Maine woods in spring during this Cape Elizabeth Land Trust event. Join CELT volunteer, Lisa Gent on a gentle hike through Robinson Woods where we will explore the habitat around us while we search for birds, reptiles and amphibians, mammals and plant life. Lots of hands on exploration and games included! Please dress in comfortable clothes and bring a water bottle.

Friday, May 17, 9:00 - 10:00 a.m.

Meet at Robinson Woods parking lot

Shore Rd. \$6/family

Tidepooling the Rocky Shore

Explore the rocky intertidal zone of Maine and see what kinds of plant and animal critters thrive in this special habitat. Join Natasha Rathlev of the Cape Elizabeth Land Trust on this summer evening to search for crabs, snails and other marine life. Recommended footwear is lace-up, closed-toed shoes that can get soaking wet. The program will take place on the Kettle Cove Beach.

Friday, May 17, 4:30 - 5:30 p.m.

Kettle Cove Beach ; \$6/family

Good Night, Cape Elizabeth: Spring/Summer

Children ages 2-6 (with an adult) are invited to the CELT office to enjoy a bedtime hour about butterflies & their habitat in Maine, during the Cape Elizabeth Land Trust event. Join Children's author, Melissa Kim, and CELT volunteer, Jill Darling for stories, a craft, and a brief visit outdoors to learn about butterflies and their habitat in Cape Elizabeth. Come in your pajamas, and bring a snack. Parents/Guardians must be present. Participants who register at least 48 hours in advance of the program will receive notification of changes or cancellation.

Tuesday, May 21, 6:00 - 7:00 p.m.

CELT office: 330 Ocean House Road, Cape Elizabeth. \$6/parent & 1 child. Each additional child \$3.

Native Plants Nature Walk - Robinson Woods

Join The Wild Seed Project's Heather McCargo to learn about plant life in Maine. The Robinson Woods is a beautiful forest with a variety of interesting native plants. In this walk, we will learn about some of the wildflowers, ferns, shrubs and trees native to Maine. Heather will talk about which species are adaptable to gardens and developed landscapes, the threats to their survival, and inspire you with their unusual reproductive strategies and edible and medicinal properties. Learning to recognize the native species in our midst is the first step to advocating for their preservation.

Thursday May 23, 5:00 - 6:30 p.m.

Meet at the Robinson Woods Kiosk
\$8/person

Participants can register for the above programs through Cape Elizabeth Community Services. www.capecommunityservices.org. Proceeds from these programs will be given to CELT, and participants who register 48 hours in advance of the program will receive notification of changes of cancellation. Please contact the Cape Elizabeth Land Trust with any questions. 767-6054.

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Cape birding observations for April

By E. Brooks Bornhofft

Spring is here and the northbound migration of birds has really just begun. During the second week of April there was a profusion of sparrow activity. Chipping sparrows arrived adding to the mix of Fox, White-throated and Song sparrows. Slightly larger than a Chickadee, the Chipping sparrow has a bright rusty crown atop its head. This bird's song is very similar to that of the Dark-eyed Juncos and somewhat similar to that of a Pine warbler.

On the gloomy late afternoon of April 9 as the snow fell I was observing the activity around our feeders when I noticed some commotion a little bit further off in the background. Taking a closer peek revealed four Cedar waxwings fluttering and plucking at an ornamental berry bush. During the winter months Waxwings depend on fruit for survival. I noticed that one-by-one the waxwings would disappear down to the ground area where I knew there was a seasonal creek (which ultimately feeds into Pond Cove). Interestingly, the bill and esophagus of the Waxwing has evolved to allow for them to swallow berry's and fruits whole. Because the winter fruit available to waxwings is high in sugar but largely low in water these birds must drink water more often than many.

Around dusk on April 11 Great Pond was abuzz with activity. I flushed at least seven woodcocks around "Little Great Pond" and watched the shadowy outline of three first of season ("FOS") Great Blue herons gracefully flying over the pond before darkness set in. Additionally, there were significant numbers of clamorous Canada geese trying to get comfortable for the evening.

On April 12 my wife was walking in Robinson Woods and saw what had to be one of the first osprey's spotted around Cape this spring. The bird was atop a snag along the far side of Pond Cove. Perhaps even more exciting was the second bird she had spied which was a Winter wren. To hear the ecstatic song of this little bird calling from the thawing bogs of damp coniferous woods or old stone wall nooks is a very special occasion indeed. Describing the voice of a Winter wren is no easy task, at times a rather sharp chick, chick, often a rippling sort of trill and with twists and turns that increase in octave from one note to another. The haunts and habits of the Winter wren are most appropriately captured by Edward Forbush when he wrote, "this little Brownie of the forest creeps like a wood mouse under the roots of trees standing on banks overhanging the water, in and out of brush heaps and wood piles along river bottoms and on the banks of woodland brooks, cautious and furtive – an absurd little creature."

The two most noteworthy birding days so far this April were on April 13 and 14. The first Pine warblers could be heard in our woodlands. Eastern phoebes have showed up in great numbers as well. We had a Purple finch at our feeders too. Strangely I have not seen any Purple finches this past winter in Cape. Additionally, I recorded seeing 12 Swamp sparrows and not one but two Yellow bellied sapsuckers. This woodpecker is the most migratory of the woodpecker species we have in Maine. Speaking of woodpeckers there were what seemed like waves of Norther flickers (yellow shafted) rolling through Cape during these two glorious early spring days. I noted seeing

more than 20 flickers which is the highest count I have had in the last three springs. On an equally impressive note, a walk-through Great Pond Preserve II yielded at least 50 Hermit thrushes. Lastly, a single Glossy ibis flew over our house headed north, around sunset on April 14.

Join CELT at Elsmere BBQ on April 24

Thanks to the folks at Elsmere BBQ on Cottage Road for supporting the Cape Elizabeth Land Trust. Bring your friends and family to dine in or take out on Wednesday, April 24 and 8% of all food sales (including take out) will support CELT. Join with CELT volunteers and Board members from 4:00 p.m. to close for great food, great community spirit, raffle prizes and more.




Photo by Diana Onacki

The Old Man of Richmond Island with Ram Island Lighthouse in the background.

*In winter, I plot and plan.
In spring, I move.*

- Henry Rollins



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Library hosts author Colin Woodard, *The Harp Twins*, offers workshop on *Cryptid Hunting* with author Lija Fisher

ADULT PROGRAMS

Senior Tech

Wednesday, April 24, 10:30 a.m. - noon
If you have tech questions, Senior Tech meets on the fourth Wednesday of each month. We're here to help you in any way we can with your tech questions. We work together as a group to answer similar questions and break out into smaller groups to answer individual questions. If you have a question, we will help you find an answer. Bring your curiosity and bring your devices.

Do You Know Who Is Buried in Cape Elizabeth?

Thursday, April 25, 6:30-8:00 p.m.
We have a very special event lined up for you with a presentation from The Gravestone Girls. Our host, Brenda Sullivan, will take us on a virtual tour of New England cemeteries, looking at the art, history, and symbolism in a 90-minute Powerpoint format. The slides will take you from colonial burial grounds to 21st century locations examining why we have cemeteries and grave-stones, why they look like they do, and how styles and art have evolved over almost 400 years.

Prior to the talk, The Girls will hit the road and go through cemeteries in the Cape Elizabeth area, taking pictures for use in the presentation. We'll learn about the region, and we'll learn more about the history of Cape Elizabeth as told by our graveyards. Sullivan will bring handouts for you to use for your own cemetery adventures. And she'll bring along some of her gravestone artwork castings so you can see gravestone rubbings up close.

Learn About Your Civil War Ancestors with a Talk + a Hands-on Workshop

Saturday, April 27, 9:30-12:30 p.m.
As part of our 100th year Anniversary Celebration, we are hosting a lively, informative "Discover Your Civil War Ancestors" presentation and mini-workshop. Our host is historian Clay Feeter from York, Maine. "Millions of Americans have Civil War ancestors, yet most of us don't know the full story of their service, what battles they

fought in, and what kind of lives they led for those four hard years of our nation's greatest conflict."

We'll start with an informative and interactive talk followed by a hands-on workshop where each participant will learn how to do "live" Civil War ancestor searches. Bring in any information you have about your possible Civil War kin: full names, birth and death dates, states where they lived in 1861-1865, etc. Note: most Civil War aged soldiers were born between 1815-1847. Then Feeter will help unearth and bring stories to life about where your ancestors fought, marched, were wounded, captured, and even where they died. Remember: You have eight sets of great-great grandparents, and four sets of great grandparents! Don't forget to bring any data you have on maternal lines.

Please bring your own laptop if you want to work from that. Or you can work on one of the library computers.

Meet National Bestselling Author Colin Woodard

Tuesday, April 30, 6:30-8:00 p.m.
There's never been one America, Woodard argues in his award-winning book, "American Nations: The Eleven Rival Regional Cultures of North America." But rather there are several Americas, each with its own, centuries-old ideals, values, and religious and cultural heritage. Understanding the real map of the continent and its rival cultures is essential to understanding our history, from the divisions of the American Revolution and the Civil War to the "blue county/red county" election cycles, past, present, and future.

In this gripping and enlightening presentation, Woodard will discuss how early colonial settlement patterns shaped the continent's cultural, political, and religious landscape, the constitutional structure of the union, and our linguistic, political, and genealogical landscape. We hope you'll join us for an excellent presentation with plenty of time for questions.

Cape Entrepreneurs

Thursday, May 2, 6:30-8:00 p.m.
If you're an entrepreneur or have your heart set on starting your own business, please join us for a new monthly gathering

of kindred souls. At our CEO (Cape Elizabeth Opportunity) Roundtable, you'll have a chance to share ideas, get advice, and talk shop in a supportive, non-competitive setting.

This month, Nancy Strojny from SCORE, joins us to talk about local community resources that are a low to no cost way to help you start and grow a business.

The Cape Entrepreneur's Group meets on the first Thursday of each month. We hope you'll join us to share, learn, and connect.

Portland Stage Talk-Back Series: The Last Five Years

Saturday, May 4, 1:00-2:00 p.m.

We are excited to have Portland Stage join us this season for a series of "talk-backs" about each of their upcoming shows. In May, we close out our series with a Portland Stage discussion of *The "Last Five Years."*

"THE LAST FIVE YEARS" by Jason Robert Brown | Apr 30- May 19

This hit musical by Tony award winning lyricist Jason Robert Brown deconstructs a love affair and marriage between an aspiring novelist and a struggling actress over five years. Told almost entirely through song, this piece moves backward and forward through time weaving the beginning and ending of a love affair.

Chair Yoga

Monday, May 6, 11:30 a.m. - 12:30 p.m.

No prior experience is needed for this experience of gentle, mindful movement and deep breathing to calm the nervous system and focus the mind. You'll stretch and move while sitting in your chair with a handful of standing and balancing postures accessible to all. We'll finish with a guided body scan that invites you to relax into the present moment, that place where true power lies.

Yoga offers many benefits, including lower blood pressure, greater strength and flexibility, improved balance, and a calmer mind. You'll learn why yoga is more than the physical postures you see in pictures and commercials, and how you can incorporate it into your life in a way that works for you. Chair yoga can be practiced at any age. When you tap into this ancient practice you'll learn many ways to find a more peaceful, powerful you. No prior experience, mats, or towels are needed. Just wear comfortable clothing, sneakers or flat shoes, and bring water to drink.

Meet the Harp Twins

Tuesday, May 7, 6:30-7:30 p.m.

We're excited to have the Harp Twins join us again this May. They played to a "sold out" house last time they were here, so plan to arrive early if you want a good seat.

Camille and Kennerly Kitt are identical twin actresses and electric/acoustic harpists, who compose, arrange, and perform as The Harp Twins. The Kitt sisters have released over 100 singles online, as well as six physical cover albums. As actresses, the Harp Twins have appeared in several films. The twins play a mix of music that will astound and delight you. We hope you'll join us for an inspiring evening.

Morning Book Group - The Lilac Girls

Wednesday, May 8, 9:30-11:00 a.m.





Our morning book group meets on the second Wednesday of each month. In May, we'll be discussing *Lilac Girls*, by Martha Hall Kelly. We hope you'll join us to read and discuss. New members are always welcome.

"Inspired by the life of a real World War II heroine, this remarkable debut novel reveals the power of unsung women to change history in their quest for love, freedom, and second chances."

Ongoing Adult Programs

- Knitting Group - Every Monday at 1:00 p.m.
- Chair Yoga - Second Monday at 11:30 a.m.
- Democracy Cafe - Second Tuesday from 6:30-8:00 p.m.
- Morning Book Group - Second Wednesday from 9:30-11:00 a.m.
- Writers' Accountability Group - Third Wednesday from 10:00 a.m.-noon
- Senior Tech - Fourth Wednesday from 10:30 a.m.-12:00 p.m.
- Entrepreneurs Gathering - First Thursday from 6:30-8:00 p.m.
- YA Anonymous Book Group - First Thursday from 6:30-7:30 p.m.
- Maine Wildlife Lecture Series - Second Thursday from 6:30-7:30 p.m.
- Evening Book Group - Third Thursdays from 7:00-8:30 p.m.
- NEW! Songwriting Workshop - Fourth Thursday from 6:15-8:15 p.m.
- Chess Club - Every Saturday from 9:00-

-see LIBRARY page 13

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Cape Elizabeth, ME 04107

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Library

Continued from page 12

11:00 a.m.

• Portland Stage Talk-Backs— First Saturday of the month, 1:00-2:00 p.m. thru May 2019

PROGRAMS FOR TEENS & TWEENS

Weekly Programs

Our Dungeons & Dragons Club meets every Tuesday from 3:00 - 6:00 p.m. in the library's conference room downstairs. Open to tweens and teens ages 11 and up. *This session is currently full. If you'd like to be put on the waiting list, please email Alyssa at alapierre@thomas.lib.me.us.

Join us for Crafternoons at the library after school every Thursday from 2:30-3:30 p.m. Kiah and Alyssa will be making a new drop-in craft each week in the Children's Room.

Teen Lounge

Come play board and card games, take a turn on the Wii, color in one of our adult



Contributed photo

Lija Fisher, the author of the new middle-grade series "Cryptid Catcher," will present a workshop for kids on writing and hunting for Big Foot, Nessie, and other cryptids on April 26.

coloring books, or do an easy craft every Friday after school from 2:30-4:30 p.m. in our Community Room! Open to teens in grades 6 and up. No registration required.

PROGRAMS FOR CHILDREN

Our regular story time schedule continues with weekly programs for babies, toddlers, preschoolers, and families (see our complete schedule on the library's website. Please note, there will be no morning story time on Thursday, April 25 as some of our story time staff will be attending professional conferences on that day.) We also have some special events and monthly programs coming up:

Cryptid Hunting, with author Lija Fisher

For ages 8 and up
Friday, April 26
3:15 - 4:15 p.m.

We are excited to host Lija Fisher, the author of the new middle-grade series "Cryptid Catcher," for a workshop for kids on writing and hunting for Big Foot, Nessie, and other cryptids! She lives in Colorado, but she will be in Maine for a visit. Her books are about a boy who inherits his father's life mission of hunting legendary creatures. With help from the International Cryptozoology Museum in Portland, and the Myth Blasters-- a group of Maine middle school crypto-researchers--he sets out on adventures to find the world's remaining cryptids. Book sales and signing will follow the event. No registration necessary! (Hint: see if you can find our own Nessie, Yeti, and Big Foot hiding in the children's library as we prepare for Lija's visit, and come to our Cryptid Crafts program on April 18 to make your own cryptid crafts to take home).

Early Release Adventure: Improv Workshop with CEHS Students

For ages 8 - 12
Wednesday, May 1
2:15 - 3:15 p.m.

Join three awesome high school students from the CEHS Improv Club for a fun workshop filled with theater games and improv exercises. No acting experience necessary!.

Registration is not necessary.

Families Discover Great Artists for families with children 3 and up

Saturday, May 4
3:00 - 4:00 p.m.

Join Miss Kiah for her monthly family art program. Each month, families learn about a famous artist, and then create art inspired by his or her work. This month, rescheduled from last month, explore the work of painter Wassily Kandinsky. No registration necessary.

Musical Story Hour with Jud Caswell, for ages 3 and up

Thursday, May 9
1:00 - 1:45 p.m.

Singer/songwriter Jud Caswell entertains with songs, musical games, and stories with his own original musical accompaniment. No registration necessary.

Animal Advocates Club, for ages 8 - 12

Thursday, May 9
3:30 - 4:30 p.m.

Join Felicia Mazzone from the Animal Refuge League of Greater Portland for her monthly visit with an animal friend to work on projects that benefit shelter animals. No registration necessary. (Note: this meeting was rescheduled from the April 25 meeting.)

Save the Date! Train Day returns to TML

Wednesday, May 22
9:00 a.m. - 3:00 p.m.

The Maine3Railers Model Train Club returns this year to set up their model train display all day in the Community Room, plus we'll have a special train-themed Musical Story Hour with Jud Caswell that day at 1:00 p.m. If you have a little train enthusiast, or even a big one, be sure to mark your calendars.

Scam alert bulletin board

By Jessica D. Simpson

IRS Scams Continue

April 15 has passed but not the IRS impostors. Now that your taxes have been filed, you might not initially be suspicious of a call, email or text from the IRS.

However, scammers posing as IRS agents or Treasury Department officials are out in force and continuing their deceptive ways. You must remember that the IRS will first contact you through the mail if you owe taxes.

If you receive a phone call or suspicious email or text from the IRS, chances are it's a scammer posing as an IRS agent. If you receive a scam call, hang up immediately and report the call to the IRS at 800-366-4484 or www.tigta.gov. If you receive an email, forward it to the IRS at phishing@irs.gov, and then delete it.

Travel Deal Scam

Are you looking to make a get-away as spring arrives? Know that scam artists are out there looking to take advantage of deal-seeking travelers.

Be leery of "free vacation" offers — there is often a catch, such as taxes and fees, mandatory presentations or add-ons. Stick to trusted sites if booking travel online, and never pay a deposit or other rental fees by wire transfer. Watch out for unsolicited calls, texts or emails offering too-good-to-be-true deals. Research businesses before committing money to a trip.



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Town of Cape Elizabeth

Board Vacancy

The Town Council's Appointments Committee is seeking applications for an unexpired term on the **Board of Zoning Appeals**.

The term expires December 31, 2019. Applicants are asked to apply online at www.capeelizabeth.com.

The deadline to submit applications is 4:00 p.m. Tuesday, April 30, 2019.

For more information please contact **Debra Lane, Town Clerk** at debra.lane@capeelizabeth.org or 799-7665.

CAPE CALENDAR

By Wendy Derzawiec

Wednesday, April 24

Town Council Budget Workshop - School Board Budget Presentation, 7 p.m., Town Hall chamber

Thursday, April 25

Energy Committee, 6:30 p.m., Thomas Memorial Library

Town Council Workshop, 7 p.m., William H. Jordan Conference Room, Town Hall

Tuesday, April 30

School Board Policy Committee, 3 - 4:15 p.m., William H. Jordan Conference Room, Town Hall

Monday, May 6

Town Council Budget Hearing, 7 p.m., Town Hall chamber

Tuesday, May 7

Planning Board Workshop, 7 p.m., William H. Jordan Conference Room, Town Hall

Ongoing each week

Al-Anon, Regular meeting 7 p.m. Thursdays, at United Methodist Church, 280 Ocean House Road. Regular meeting 7 p.m. Fridays at St. Alban's Church.

Alcoholics Anonymous, 2 p.m. Saturdays, First Congregational Church, 301 Cottage Road, South Portland; 7 p.m. Wednesdays, St. Bartholomew Church; 7 p.m. Fridays, St. Alban's Church.

Cape Elizabeth Historical Preservation Society, 9 a.m.-noon Thursdays, Public Safety Building

Cape Elizabeth Lions Club, 6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road

Cape Farm Alliance, third Wednesday, 7 p.m., Community Center

South Portland/Cape Elizabeth Rotary Club, each Wednesday at 6:15 p.m. Purpoodock Country Club, Spurwink Avenue. 767-7388.

Codependents Anonymous (CODA) group at Cape Elizabeth United Methodist Church Regular meeting weekly on Saturdays at 10:30 a.m. Call 799-4599 FMI.

CABLE GUIDE

Planning Board replay
April 24 - 2 p.m.
April 25 - 2 p.m. & 8 p.m.
April 27 - 10:30 a.m.

School Budget Presentation to Town Council (live)
April 24 - 7 p.m.

School Budget Presentation to Town Council replay
April 25 - 10 a.m. & 5 p.m.
April 26 - 11 a.m. & 5 p.m.
April 28 - 2 p.m. & 8 p.m.

Board of Zoning Appeals replay
April 26 & 27 - 2 p.m. & 8 p.m.
April 28 - 10:30 a.m.

CHANNEL 3

Cape Elizabeth Church of the Nazarene
April 27 & 28; May 4 & 5 - 9

Town Council Budget Hearing (live)
May 6 - 7 p.m.

Town Council Budget Hearing Replay
May 7 - 2 p.m. & 8 p.m.
May 8 - 2 p.m.

Town Council Comprehensive Plan Workshop (live)
May 8 - 6 p.m.

SERVICES

Cape Elizabeth Church of the Nazarene

499 Ocean House Road (Route 77)
799-3692

www.capenazarene.org

Sunday School for all ages: 9:30 a.m.
Sunday Worship Celebration: 10:45 a.m.
Services streamed live or on demand:
watch.capenazarene.org

Cape Elizabeth United Methodist Church

280 Ocean House Road
799-8396

www.ceumc.org

Sanctuary Service: 10 a.m.
Child Care & Sunday School: 10 a.m.
Adult Sunday School: 9 a.m.

The Church of Jesus Christ of Latter-day Saints

29 Ocean House Road
799-4321

Sacrament Meeting:
Sunday, 10- 11:00 a.m.

Sunday School: 11:10 a.m. - 12:00 p.m.
Primary: 11:10 a.m.-12:00 p.m.

Relief Society, Priesthood:
12:00 -1:00 p.m.

The Church of the Second Chance

Greater Portland Christian School
1338 Broadway, South Portland
641-3253

Sunday: 10:30 a.m.-12:15 p.m.

Congregation Bet Ha'am

81 Westbrook St., South Portland
879-0028

www.bethaam.org

Worship: Friday, 7:30 p.m.
Saturday, 10 a.m.

Family Shabbat Services:
Second Friday, 6:30 p.m.

First Baptist Church of South Portland

879 Sawyer Street South Portland,
799-4565

www.spfbc.com

Sunday Morning Worship: 9:30 a.m.
Coffee Time is at 10:45 a.m.

Sunday School is at 11:15 a.m.

Sermon audio is available on our website

Promised Land World Reach Center

536 Cottage Road, South Portland
799-3152

Sunday Prayer & Intercession: 9:30 a.m.
Sunday Worship: 10 a.m.

Family Bible Studies: Wednesday, 7 p.m.
Sermon recordings available to download

Saint Alban's Episcopal Church

885 Shore Road

799-4014

www.stalbansmaine.org

Sundays: 8 a.m., 9:30 a.m.

Celtic Service: Sunday, 5:30 p.m.

Nursery: Sundays, 9:30 a.m.

Saint Bartholomew Roman Catholic Church

8 Two Lights Road

799-5528

www.saintbarts.com

Sunday Mass: 9 a.m. and 11 a.m.

Monday & Tuesday Masses: 8 a.m.

First Congregational Church United Church of Christ

301 Cottage Road, South Portland
799-3361

www.fccucc.org

Worship: 8:30 a.m., 10 a.m.

Sunday School: 10 a.m.

Preschool Child Care: 10 a.m.

Game Room

First Congregational Church of Scarborough

167 Black Point Road, Scarborough
883-2342

www.fccscarborough.com

Sunday Morning Worship: 9:30 a.m.

Sunday School & Nursery Care

Drug Take Back Day is April 27

April 27 will be the seventeenth National Drug Take Back Day. Please stop by the Cape Elizabeth Police Department between 10 a.m. and 2 p.m. to drop off your old, expired, or unwanted prescription medications.

Since 2010, Maine agencies have collected over 377,018 pounds of unwanted medications, which were incinerated to prevent them from ever being diverted or discarded into the environment. Maine is ranked #1 in the U.S. per capita, for total pounds of medications collected. If you are not able to stop by on April 27, the Cape Elizabeth Police Department routinely accepts unwanted medication each day between 8 a.m. and 4 p.m. Questions can be directed to Officer Darin Estes at darin.estes@capeelizabeth.org or by calling the Cape Elizabeth Police Department at 207-767-3323 and choosing extension 208.

Off leash

Continued from page 1

standing with a group of people and chatting. Different organizations of Cape Elizabeth resident dog owners organize clean-up days, but not everyone who brings dogs to the park are residents of the town. It cannot be denied that there have been times when someone is out for a run in Fort Williams Park and is approached by other people's off-leash dogs. This is sometimes stressful for the runner, or in the cases of the very young or the infirm, a loose dog may, even innocently, knock someone down. *n.b. This story included a quote from a resident in favor of the entire park being designated as "on-leash," but that source asked to withdraw the quote just before the paper went to press. The Cape Courier strives to be balanced, but wanted to respect the source's wishes.*

Cape resident Teresa Fox supports preserving the off-leash portion, saying, "The off-leash area at Fort Williams has a community of dog owners who enjoy walking their dogs and meeting friends in this special place. These dog owners are good stewards of the park cleaning up human trash and any dog waste on a daily basis. We also coordinate April Scoop, an additional clean-up effort every spring. This will be our eighth year. We love this area of the fort and strive to make it a beautiful area for all to enjoy."

Another Cape resident, Pauline Doane, said, "My husband Joe and I have two black labs, one is 15 1/2 and the other is 10. We've been coming to the Fort for 15 years. I have always abided by the rules, staying in

the designated areas and put them on-leash when not. In all those years, I have not seen any dog attack a person or another dog. People in that area all know each other, as they usually go the same times every day. Years ago I noticed more poop not picked up, but in the last few years it's much much better. Not sure why they would take away the off-leash area from us who respect the rules. I pay taxes in this town and hope to keep enjoying my mornings with my dogs. It's not a huge area that is off-leash, especially since we cannot be on the soccer field from April 1 to November 1."

While there is an Ordinance Committee meeting scheduled for April 23, the agenda indicates that the committee will be discussing "Traffic Regulation Amendments," and not the dog ordinance. On April 24, the Town Council will come together, but it is a meeting with the School Board to hold a budget workshop.

In fact, according to the town's website, an agenda item indicating that the dog ordinance revisions will be considered by the Town Council has yet to be scheduled.

Those wishing to make their feelings known about dogs on Fort Williams Park may reach out to Town Manager Matt Sturgis or the members of the Town Council whose email addresses can be found here: https://www.capeelizabeth.com/government/elected_officials/town_council/members/home.html



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March 2019 real estate transfers

NEW OWNER	LOCATION	SALE PRICE	USE
62 STARBOARD DRIVE LLC	62 STARBOARD DRIVE	\$141,400	CONDOMINIUM
KNEELAND BARRY W	9 ALGONQUIN ROAD	\$450,000	SINGLE FAMILY
PIANTIDOSI ANDREW F	13 BRENTWOOD ROAD	\$397,250	SINGLE FAMILY
GENTILE RUSSELL C	45 BROAD COVE ROAD	\$675,000	SINGLE FAMILY
DAVIS ANDREW S	23 BRENTWOOD ROAD	\$399,000	SINGLE FAMILY
LEE KATHLEEN D	1 HEADLAND LANE	\$530,800	RESIDENTIAL
AKINS VICTORIA A	51 MURRAY DRIVE	\$425,000	SINGLE FAMILY
PB&J ACQUISITIONS LLC	1243 SAWYER ROAD	\$358,000	SINGLE FAMILY
KTO LLC	4 CAPE WOODS DRIVE	\$250,000	CONDOMINIUM
GORSKI CHRISTOPHER A	36 CLIFF AVENUE	\$650,000	SINGLE FAMILY
SAMPLE IAN	82 OCEAN HOUSE ROAD	\$345,000	SINGLE FAMILY
WUESTHOFF NOAH	12 MCAULEY ROAD	\$390,000	SINGLE FAMILY
CUTTER RAYMOND E	970 SHORE ROAD UNIT 2	\$290,000	CONDOMINIUM
CIMINO LISA A	13 WILDWOOD DRIVE	\$310,000	CONDOMINIUM

Executive director

Continued from page 1

Arts degree in economics from Saint Anselm College in Manchester, New Hampshire. Prior to working for Lift360, she held several positions at The Standard insurance and investment company, including senior pension administrator and vice president of retirement services.

She has also served as a volunteer president/secretary and on the executive committee of the Cape Elizabeth Middle School Parents Association, and as co-president, special events community volunteer and member of the board of directors for the Cape Elizabeth Education Foundation.

Friends of Fort Williams Park is a 501(c)(3) nonprofit with an office in Cape Elizabeth. Its mission is to preserve and enhance the natural resources and visitor experience of Fort Williams Park by providing planning and stewardship for projects that support the Park's ecology, accessibility, and open space.

As executive director, Scarpitti-Nelson will oversee the daily operations of the organization, lead fundraising and other events, manage staff, and be the primary source of contact for the public.

Scarpitti-Nelson was chosen by the FFWP Executive Committee after a nationwide search. Her years of experience in finance and nonprofit work made her the ideal candidate.

"Jen's experience in finance and the nonprofit sector, combined with her leadership tenure at the Cape Elizabeth Edu-

cation Foundation, led us to believe in her potential," said FFWP President Barbara Powers. "We were especially pleased to know of her community connections, devotion to our town, and sincere appreciation of Fort Williams Park as an important local asset and beautiful natural resource worthy of our support.

"Meeting Jen during the interview process only underscored our sense of a match. We are honored that she said 'yes' to the offer to become our newest staff member and the organization's next director."

Keeping it Green in Cape

Celebrate Earth Day with a "Week of Plogging" Sunday, April 21 to Saturday, April 27.

Keep Cape roads, trails and beaches clean and green by picking up trash when out for a walk or run. It's Simple:

- Grab a plastic bag and pair of gloves

- Go for a walk or run on Cape roads, trails and beaches and pick up trash along the way

- Take pictures and post them with #ploggingME

For more information visit www.aftplanet.com/plogging.

Budget

Continued from page 5

firmly in the center and sets a priority for the future of our facilities," said Carr. "I particularly appreciate the extra time and effort that was put in to ensure that we have a budget that includes funding for a needs assessment of our facilities, and it is sensitive to the tax impact on our residents," she said.

The budget includes \$189,000 for a facilities-needs assessment, an item recommended by an ad hoc committee that met four times this fall to determine the need for the study.

Also, for the first time in the last four years, the budget is counting on an increase in state subsidy. After decreases averaging more than \$700,000 annually between 2016 and 2018, general purpose aid from Augusta is budgeted at \$1.65 million for 2019-20, up \$400,000 over this year.

Heather Altenburg, acting board chair on

April 4, said, "I feel very hopeful with this budget, it feels like the first one since I've been on the board where we're starting to gain ground again."

Health insurance costs are slated to rise 6.78%, just shy of the 7% increase budgeted. Elizabeth Scifres, chair of the board's finance committee, said the difference, approximately \$7,000, will remain in contingency to cover unexpected insurance expenditures, such as an employee switching from single to family coverage. Administrators had initially budgeted for a 10% health-insurance increase, but after learning in March that the increase would not exceed 7%, the board opted to hold \$53,811 of the \$101,848 savings in contingency and to decrease spending by the remaining \$47,673.

Budget details, summaries, links to workshop video and an archive of written updates are posted on the School Department's: <https://budget.cape.k12.me.us/>.

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Catching up on the Courier in Spain



Contributed photo

The Gray family from Cape Elizabeth recently caught up on the Cape Courier in Spain. They are pictured here at the Plaza Mayor in Madrid.

Fog and clouds rolling by usher in a bright blue sky



Photo by Kim Case

Fog lifting at Kettle Cove on a mid-April spring day.



Solution to April 10 Cape Crostic

(Up here) in Maine, the blueberry scent lies like a fog over carpets of balsam, and the mosquitoes are fat and in charge. (Blueberries) are one of the state's largest crops, covering sixty thousand acres, and they're a symbol (every bit) as important as the lobster to the image of Maine as a happy, vital place. -Jeanne Marie Laskas, "Hidden America"

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- B. AUTOMOBILE SAFETY
- C. SATURATION
- D. KALEIDOSCOPIC PHOTOGRAPHY
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- F. SCHOOL SAFETY
- G. HEXAGONAL
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- J. DEPRECATING
- K. ESTABLISHMENTS
- L. NEVERMORE QUOTH THE RAVEN
- M. AYE CAPPY
- N. MAINE BERRIES
- O. EFFECTS
- P. RAMESES
- Q. IRREVERENT
- R. CHAST
- S. ASSISTANT

8th Annual Dog Park Scoop to be held on April 27

The 8th Annual Dog Park Scoop will take place on Saturday, April 27, between 8:00-10:00 a.m. at Fort Williams Park. Folks are asked to check in at the picnic table near the upper field. Gloves and bags will be provided. We will scoop both dog waste and human generated trash as a thank you to the Fort rangers who work so hard all year long to keep Fort Williams a clean treasure in the state of Maine. For more information, contact Karen at (207) 233-2582.

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