

The Cape Courier

Volume 32 Number 8
May 22 - June 4, 2019

An Independent Not-for-Profit Newspaper
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MEMORIAL
DAY

Town Council sends school budget to voters, ordinance to committee, approves pay-to-park

By Kevin St. Jarre

The Town Council has unanimously approved the Fiscal Year 2020 School Budget as recommended by the Cape Elizabeth School Board, sending it to Cape Elizabeth voters for approval. Unlike in some recent contentious years, communication and dialogue has been ongoing in this budget cycle between the Council and the School Board, leaving little to iron out. Town Manager Matthew Sturgis said there was very little discussion, adding that what there was, was “all positive.”

Town Councillor Jeremy Gabrielson said that “comments on the school budget from the council and the public were all supportive of both the budget itself and the process.”

Town Council members had complementary things to say of the School Board’s commitment to meeting the needs of all students as reflected in the budget, and Superintendent Wolfrom’s leadership.

Wolfrom said that in September 2018, the Cape Elizabeth School Board met to discuss

their goals for the 2018 to 2019 school year. “A top priority was to work collaboratively, and to improve communication with the Town Council as we moved into the FY20 budget development season. Toward this effort two joint meetings of the Cape Elizabeth and Town Council were held in the fall and early winter to discuss how we could work together,” she said.

Wolfrom explained that out of these meetings came the establishment of a Finance Sub-Committee comprised of the town manager, town council chair, council finance chair, school superintendent, school board chair and board finance chair. “We held monthly meetings throughout the budget development process to discuss our progress in budget development. As a result of these discussions we developed a shared generator project and a shared lease purchase plan that would be more cost efficient for the citizens of Cape

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CEHS student leads creation effort for new Beekeeping Club

By Kevin St. Jarre



Contributed photo

CEHS student Helen Vaughn holds the “queen cage” which contains the queen bee of one of the packages the club installed in the hives.

Cape Elizabeth High School has a new beekeeping club; an idea sparked by a student as industrious as the bees they now keep.

Helen Vaughn is a junior at CEHS and she started the club in the fall of 2018, but they didn’t receive the bees until April 29. Vaughn said, “I started beekeeping last spring with my dad and we have two hives at our house. Last winter, my dad and I took beekeeping classes at the Honey Exchange in South Portland. Our mentor, Phil Gaven, mentioned how at South Portland High School they had two hives, and at the time

I was looking for a project for my Girl Scout Gold Award. I thought that a beekeeping club would be a great idea!”

While using the creation of the club as her Gold Award project didn’t really work out, Vaughn persisted. “I find beekeeping absolutely fascinating, and every time I’m in the hive I learn something new or end up with more questions. I knew that other people would probably learn to love it as much as I do, so I started the club,” she said.

-see BEES page 5

Kindergartners participate in art exchange with Iceland



Photo by Jean Whitney

Kindergartners learn about Iceland, as part of an art exchange led by Jeff Badger.

Kindergarten students in Danielle Scully’s kindergarten class at Pond Cove Elementary School participated in an art exchange with students in Iceland this spring, making international connections through experiential learning, without ever leaving the classroom.

Students and faculty from the University of Southern Maine visited the Pond Cove classroom and taught a lesson about life in Iceland, and the kindergarten students created drawings about their everyday lives in Maine. With images of their favorite activities, foods, and signs of spring in New England. The next week, the USM students traveled to Iceland as part of an art education course focused on educational theory in Nordic countries. Once in Iceland, the USM students visited Krikaskóli (“tree school”) in the town of Mosfellsbær and delivered a similar presentation about Maine to the Icelandic students who created their own drawings to share with their new friends at Pond Cove.

The Pond Cove students were surprised

to learn that Icelandic kids enjoy pungent dried fish, or harðfiskur, as an afternoon snack, and were amused that the Icelandic word for raccoon is þvottabjörn, which translates as “washing bear.” The Icelandic students were surprised that Maine students actually ride in big yellow school buses (“just like in movies”) and amazed at how many large mammals live in Maine. The arctic fox is the only mammal native to Iceland.

This project was led by Jeff Badger, one of the USM course instructors and co-chair of the Fine Arts Department at Southern Maine Community College. Badger has organized other art exchanges through his own Tetra Projects, as well as through Friends of Aomori, the non-profit that supports the sister state relationship between Maine and Aomori, Japan. In March, Cape Elizabeth middle school students in Marguerite Lawler-Rohner’s art classes exhibited prints in an art exhibition in Japan that was facilitated by Friends of Aomori.

CEHS Student Rohan Freedman selected as a 2019 U.S. Presidential Scholar

By Kevin St. Jarre

Cape Elizabeth High School senior Rohan Freedman has been selected as a 2019 U.S. Presidential Scholar.

Freedman is one of two from Maine, and one of 161 high school seniors chosen from across the country, for the honor by the White House Commission on Presidential Scholars. The selection is based on academic achievements, artistic and technical excellence, essays, school evaluations and transcripts, technical expertise, leadership skills, citizenship, service and contributions to their school and community. They will be honored for their accomplishments next month in Washington D.C.

Of the award, Freedman said, “I am honored and humbled to have been selected. It is still surreal. Reading about the other Presidential Scholars around

the country and their many accomplishments has made me realize how fortunate I am to be part of this group. It inspires me to keep working hard and dreaming big to make a difference in the world.”

CEHS Principal Jeffrey Shedd said, “This is a really competitive program that seeks to identify the nation’s strongest students and artists. This is a huge honor for Rohan.”

Each student so-honored also selects a teacher they believe should be recognized, and Freedman chose Winthrop Phillips, an English teacher at CEHS. Of Phillips, Freedman said, “With so many influential teachers at CEHS, making a single choice was challenging. My freshman year, I had Mr. Phillips as my English teacher. From what I remember, this class was harder than all my other class-

-see SCHOLAR page 2



The Cape Courier
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Is sharing not possible?

I am a dog owner in Cape who walks my dogs in the off-leash area at Fort Williams. It has been with a feeling of disappointment and foreboding that I've followed the debate about eliminating the off-leash area at the park.

I was prompted to write by this week's letter from a sincere and thoughtful sounding fellow Cape resident. He described his and his family's desire to sometimes spend time, undisturbed by dogs, specifically in the off-leash area of the park, and a couple of times he and his family were in fact disturbed by dogs. He did not explicitly advocate for elimination of the off-leash area, but that was perhaps implied in the context of the current debate.

The point my husband and I frequently

shake our heads over, is that there is a limited and restricted off-leash area within the park, labeled as such. The vast majority of the park is there for everyone's undisturbed-by-dogs enjoyment, as are most parks and open space, and all beaches in the area except in the off-season. Off-leash areas have been disappearing over the last several years, making the area at Fort Williams even more rare and important to the dog owners who go there. If it is a choice between you being able to go everywhere within the park, undisturbed by dogs at any time, and completely eliminating your fellow residents' opportunity for an off-leash area anywhere, are you really OK with that? Is sharing not possible?

Priscilla Velentgas

Town Council

Continued from page 1

Elizabeth," she said. In the effort to promote collaboration and communication, the plan is to continue these sub-committee meetings.

Wolfrom said, "As a superintendent for the past seven years, I have worked to create open lines of communication with the communities in which I serve. I think it is important during budget season to inform the citizens about where we are in the budget development process, and to provide all of the documents that are considered by the School Board. I have had many positive comments from Cape Elizabeth residents regarding the budget updates on our website and my articles in the Cape Courier. I hope that through these efforts the citizens of Cape Elizabeth feel that they have an accurate and complete understanding of the budget development process."

Wolfrom expressed her gratitude, saying, "I would like to thank Matt Sturgis and the Town Councilors for their dedication to working with the School Board throughout the budget development process. I am sure that this joint effort will continue for many years as we all strive to provide a quality and

fiscally responsible educational experience for our students."

Dog ordinance

The Town Council did vote to send it to the Ordinance Committee, with the expectation that the council would take it up again in June. It wasn't immediately clear if the council would set a public hearing in June, or if they plan to vote on the amendment then. The council did vote to adopt the plan for Cliff House Beach, which puts new rules in place for dogs there. Gabrielson said, "We received one citizen comment in favor of reviewing and revising rules for off-leash dog areas in Fort Williams, but there was no action [taken] relative to dog use at Fort Williams."

Paying at Fort Williams Park

The Town Council voted 7-0 to install a pay-and-display parking system at Fort Williams Park, but residents of Cape Elizabeth will be able to park for free with vehicle parking stickers.

Starting this July, nonresidents who park in certain areas will be charged \$2 per hour, with a two-hour minimum, or \$10 for a full day. Kiosks will dispense tickets, which must be displayed on dashboards, from May through October.

Three parking areas to the rear of the park, often used by locals who perhaps know the park better than visitors, will remain free to all visitors during the tourist season. These are likely to fill first, so Cape Elizabeth residents looking to take a stroll or to walk their dogs might want to try to get there early. Parking will remain free throughout the entire park from November through April.

Nonresidents can purchase a season pass for \$15. This will make it more reasonable for residents of neighboring communities who frequently visit the park.

THANK YOU!

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Thank you to this recent generous contributor:

Judy Wilson

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Let us hear from you!



We love feedback!
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Disappointed in town council

We are truly ashamed of our town council that they would choose to totally ignore the desires of Cape's residents and move ahead with pay-to-park at Fort Williams Park. There have been TWO referendums that have clearly shown we do NOT want that. We think it's unconscionable that they would go ahead without even allowing for another referendum to check if public opinion has changed.

Jane Spencer-Sears and Jack Sears

Scholar

Continued from page 1

es, including BC Calculus. Assignments kept me in a state of constant disappointment with the grades I received, seldom scoring an A. A skilled writer, Mr. Phillips loves what he does. He inspired me to conference with him for insights on my graded writing pieces. We would always argue about the meaning of my sentences or the order I had chosen. Regardless of who was right, I realized good writing is difficult and there is no black and white way to write. It takes creativity partnered with hours of brainstorming and thousands of revisions to forge a thoughtful writing piece. Today, when I write an essay, I think of my freshman year English class and all the struggles and frustrations that resulted in our many writing conferences that pushed me to think creatively and critically. Thank you, Mr. Phillips!"

The 2019 U.S. Presidential Scholars are comprised of one young man and one young woman from each state, the District of Columbia and Puerto Rico, and from U.S. families living abroad, as well as 15 chosen at-large, 20 U.S. Presidential Scholars in the Arts and 20 U.S. Presidential Scholars in Career and Technical Education.



Contributed photo

Cape Elizabeth High School senior Rohan Freedman has been selected as a 2019 U.S. Presidential Scholar.



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Cape Elizabeth Then and Now: The story behind the story

By Jim Rowe



Photo from town website

Painting of Elizabeth Stuart (1596-1662). Cape Elizabeth was named after her, likely by either Captain John Smith who sailed past this area in 1614 or by Prince Charles.

Oftentimes we must dig to find history. But on special occasions, history finds us.

It is generally accepted that Cape Elizabeth was named for Elizabeth Stuart, daughter of King James VI of Scotland/James I of England and sister of Prince Charles. The name was likely coined by either Captain John Smith, who sailed past our area in 1614 and noted it as significant on a map, or by Prince Charles himself.

It has long been on my back burner to research this story further. But alas, more urgent pursuits always seem to bully their way past Elizabeth to the front of the line.

Recently, my wife and I were fortunate to travel up the Rhine River from Amsterdam to Basel, Switzerland. One of our stops along the way was at Heidelberg, Germany. Heidelberg is storybook beautiful and a wonderfully historic place overlooking the Neckar River. Known for its prominent university, the city is physically dominated by an immense castle/palace (now mostly in ruin).

Our wonderful guide, Charlotte, told us about Frederick V (1596-1632), who,

following much negotiating, married a woman I was soon to find out was "our Elizabeth."

Charlotte gives these tours multiple times per week, yet she became a bit emotional when telling of Frederick and Elizabeth's poignant love story- including their glorious 1613 wedding and triumphant arrival in Heidelberg shortly thereafter.

One of the stipulations in the marriage agreement had been that Frederick would expand the castle at Heidelberg, which he did. He spent lavishly on beautification of the grounds and entertainment as gifts to his bride. But decidedly lacking were improvements to defense capability, leaving the castle vulnerable.

In the tenuous political climate of early 17th century Europe (The Thirty Years War), Frederick became, if only for a year, the King of Bohemia, making Elizabeth the Queen of Bohemia. Because of the brevity of their respective titles, they are sometimes referred to as "The Winter King" and "The Winter Queen."

Frederick's enemies gained power in



Photo by Jim Rowe

Heidelberg Castle in Germany, where Frederick V and Elizabeth Stuart lived and reigned.

the religion-fueled European tug of war and he and Elizabeth fled into exile, mostly at The Hague, Netherlands, between 1622 and 1632. In 1629, Frederick nearly drowned in a boating accident, which did take the life of their eldest son, Frederick Henry. His own convalescence from the incident was lengthy.

Frederick and Elizabeth had 13 children together.

Elizabeth's grandson succeeded to the British monarchy in 1714 as George I, commencing the Hanoverian dynasty.

The name and memory of Elizabeth, the Winter Queen (August 19, 1596 - February 13, 1662) remain important to us here in 21st century Cape Elizabeth!

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Cape Elizabeth school news from the superintendent

By Dr. Donna Wolfrom

We recently received news that U.S. News ranked Cape Elizabeth High School the second highest ranked high school in Maine, the first highest ranked traditional high school.

This ranking was based on six factors deemed to be significant. These factors were weighted, and data regarding these factors came from third-party sources such as Common Core of Data, the U.S. Department of Education website, College Board Advanced Placement examination data, and International Baccalaureate examination data.

The six weighted factors include College Readiness (30%), which is measured by the proportion of 12th graders in a school who took and passed AP/IB exams; College Curriculum Breadth (10%), calculated using students who took and passed multiple AP/IB exams in 2016-2017; Math and Reading Proficiency (20%) based on proficiency on state tests; Math and Reading Performance (20%), a comparison of the district's performance on state assessments with what U.S. News predicted for schools with similar demographic characteristics; Graduation Rates (10%) based on students who entered ninth grade in 2012-2013 and graduated four years later; and Underserved Student Performance (10%), how the sub groups of black, Hispanic, and low income students performed in comparison with non-underserved students in the state.

More information is available on the website, <https://www.usnews.com/education/best-high-schools/search>.

It seems very appropriate to celebrate this honor during the month in which we celebrate Teacher Appreciation Week.

As we celebrate this high school honor, we acknowledge that all of the teachers in Cape Elizabeth contribute to the success of our high school students.

While technically our teachers work approximately 6.5 hours per day, we understand that most of them arrive at school early in order to plan and prepare for our students, leave work late, in order to grade assessments, plan for the next day, provide extra help to support students, and then take work home to complete during the late afternoon and evening hours. In addition, teachers are usually mentally planning and thinking about students most of their waking hours. We see examples daily of teachers going above and beyond for their students.

I was thinking of this dedication as I sat at the recent Pond Cove event, Pond Cove's Got Talent, a playground fundraiser. Teachers had worked long hours viewing auditions, selecting talented students, organizing the program, and creating additional fundraisers for the event, such as 50/50, silent auction, and a bake sale.

Many of the Pond Cove teachers were present to support their students at the event, which lasted well past 8 p.m., knowing they had to be up early the next morning, prepared to teach their students. Examples of support such as this are evident throughout the school year as our K-12 teachers work with and for their students. It is the expertise of our teachers and the support they provide that produces the amazing student results honored by U.S. News.

In addition to the amazing Cape Elizabeth teachers and staff, the citizens of our community contribute greatly to the success of our schools and students.

Throughout the FY20 school budget process, starting with the meetings of the Facilities Needs Assessment Committee throughout the fall, continuing through the Future Search event in March, and evidenced in the presentation of the FY20 School Budget to the Town Council in early May, Cape Elizabeth citizens have demonstrated dedication to providing a highly effective and excellent education for our students. Evident in the Future

Search data on "Prouds" was the the expressed appreciation for the wide variety of extra and co-curricular activities that are offered to our students, and for the extensive course selection that is offered at the high school.

Student participation in, and appreciation of, course offerings was illustrated last week at the Cape Elizabeth High School Spring Concert, where students spoke about the music courses that are offered at Cape Elizabeth High School, and the opportunity to expand their depth of knowledge through these courses. It is the dedication and support of the citizens of Cape Elizabeth, through their gifts of time and funding that make Cape Elizabeth such a wonderful community.

As we work to finalize the FY20 Cape Elizabeth School Budget, I would like to thank our citizens for their interest and support of our schools. The U.S. News rating reflects not only the work of the students and the K-12 teachers, but also the support of the community.

Congratulations, everyone, and thank you for your contributions to making Cape Elizabeth High School the highest ranked traditional high school in Maine, and the second highest ranked high school in Maine.

Organizational habits

By Janie Downey Maxwell

Organizational Habits is a column about ideas, tools, and inspiration to help you get your best work done. Janie Downey Maxwell moved to Cape Elizabeth in 2013. She manages adult programs at the Thomas Memorial Library and is active with the southern Maine theater community and an actor, singer, and director. Questions? Don't hesitate to contact Janie at janie@organization-habits.com.

Slowing down to be more productive

I just finished "Joyful" by Ingrid Fetell Lee, a product designer and student of JOY in the world. One of Lee's last studies in the book is on the joy of being in nature. Participating in a natural life helps you slow down. It keeps you grounded. It helps you be meditative and at the same time lifts your energy. And it makes you feel healthier and happier which helps you be more productive.

Think about when you were a kid and everything outside felt new and exciting. I've been thinking about elements of nature and what we can do to be more observant of them and to appreciate them more to get back some of that kid-energy.

Air

- Fly a kite
- Hang wind chimes
- Hang a mobile inside

Water

- Spend time out in the rain or snow
- Take a hot bath or cold shower
- Hand wash the dishes
- Head to the ocean when it's below

freezing to see the sea smoke

Light

- Hang a prism in a window to see how light breaks apart into colors
- Spend time looking at the night sky
- Figure out how to get more natural light into your house or where you work

Fire

- Get beeswax candles that bring fire into your house without any artificial smells
- If you have a fireplace or wood stove, use it
- Put in a fire pit outside
- Go camping and make sure to include a closing campfire

What can you add to the list? How can you find more ways to bring nature into your life?

PCPA to hold book fair May 22-24

The Pond Cove Parents Association is running a book fair open to the public May 22-24 with community hours from 3:30 - 7 p.m. nightly.

The goal of the fair is to offer families a chance to stock up on books in preparation for the summer.

Event: Pond Cove Book Fair

Dates: Wednesday, May 22 through Friday, May 24

Hours: 3:30 - 7p.m. (Open to public)

Location: Pond Cove School Lobby

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Bees

Continued from page 1

She first approached Assistant Principal Nate Carpenter, to make sure that the club would even be allowed to keep bees on school campus. Next, she went to Joe Wagner, CEHS's Achievement Center coordinator, to be the club advisor. Vaughan said, "He's kept bees before and knows what to do. Since then, I've met with Mr. Shed, our principal, Mr. Thoreck, the athletic director, Mr. Schwarz, the facilities manager, Mrs. Braxton, the school nurse, and others. Everyone was very supportive from the beginning and thought it would be a great idea. It really didn't take long to get everyone's permission and everyone was very flexible."

Vaughan also met with teacher Sonia Medina, who additionally is a point person for the Cape Elizabeth Education Foundation, and then presented her idea to the CEEF board in application for a grant. "We received \$2,000 which has paid for pretty much everything we've needed to get started. I'm really grateful that we didn't have to do all that fundraising ourselves," Vaughan said.

Once the club had a green light, there came a natural, seasonal pause. "Throughout the winter, there wasn't too much to do once everything had been approved. The club usually met every other Wednesday during Achievement Period in the A.C. and I tried to teach everyone a little bit about keeping bees. Winter is always the slowest time of year for beekeepers, especially for us, considering we didn't have our bees yet. We've talked about the pests to watch out for, mostly varroa mites, what to look for during weekly hive inspections, and all the basics. Mr. Wagner has brought in some frames and boxes to show how everything fits together, and then in March we finally got our own hives. We painted them maroon, Cape colors, over several days after school and during A.P. in Mrs. Gross' room. Then a week ago or so, we had to put the foundation wax into all 80 of the frames," Vaughan said. Finally, the bees arrived. The club plans to meet every Tuesday after school to do their weekly hive inspection.

Vaughan hopes that everyone in the club will become skilled beekeepers, and will be able to continue to care for them after she graduates. "It's been hard to make beekeeping seem exciting when it's just me showing everyone pictures off of my laptop. I hope that over the summer, all of the club members will get a lot of time in the hive, and learn to care for the bees as much as I do," she said.

She also hopes some of the misconceptions about bees can be overcome. "It would be wonderful if people didn't worry or freak out when they see bees. There's become a stigma around bees that they're evil and out to get you, that they want to sting you. A lot of time people accidentally identify wasps or hornets as bees. Bees actually evolved from wasps and aren't carnivores anymore. They can't even eat the sugar from your ice cream cone or apple; it has to be in a liquid sugar

water or nectar form. Bees actually die when they sting someone, so they try to avoid that as much as possible. They'll first try and fly in your face, and buzz angrily around you. They also don't go attack people; they're just defending their hive. As long as you don't bother the bees, they won't bother you. Don't swat, just walk away. They've really just our friendly, fuzzy friends," Vaughan said.

Additionally, she'd like to point out that something people spend time and money eliminating are actually quite important. She says "dandelions, dandelions, dandelions. In early spring, about mid-April, the weather gets slowly warmer and people think that the bees can come out and forage. But nothing is blooming yet. Dandelions are one of the first blooms of the year for bees, and they desperately need them after a long, cold winter of eating stored honey and pollen. I can't stress enough how important dandelions are. Leaving aside some dandelions can really help bees just emerging from their hives."

She hopes people will avoid using pesticides on lawns, and plant a variety of native wild flowers for bees. Vaughan urges Cape residents to check to make sure that they supply both pollen and nectar because some hybrid flowers, although beautiful, don't necessarily provide for bees. Also, she hopes more people will try keeping bees. "The Colony Collapse Disorder (CCD) is a serious problem and we're always in need of more bees. Every hive and educated beekeeper helps," she said.

The CEHS Beekeeping Club is going to have a table at Family Fun Day selling native bee homes, wildflower seeds and informational packets about Maine native bees. "A lot of people are beginning to recognize honeybees, but there are about 178 other species of bees in Maine. Most people don't realize these populations exist or that we have an effect on them. Native bee populations are suffering just as much as honeybees are from pathogens, pesticides and a lack of recognition," Vaughan said. Her new Gold Star project is to raise awareness about bees and beekeeping. She said, "If you want to come help out both my project and the club, come see us at Family Fun Day! I'm also really open to help anyone interested in learning how to keep bees or if they just want to come check out our hives sometime."

Minister at Cape Elizabeth United Methodist Church to retire



Contributed photo

The Rev. Casey Collins will be retiring in June from the Cape Elizabeth United Methodist Church for health reasons

The Rev. Casey Collins, who has been a minister for 27 years in seven churches, including the past two at the Cape Elizabeth United Methodist Church, will be retiring in June for health reasons. Pastor Collins' final service at the Cape Elizabeth UMC will be Sunday, June 2, at 10 a.m.

Pastor Collins began her career of service by working for the Salvation Army while still attending Ithaca College in Upstate New York. She went on to work for Massachusetts Home Care for five years, helping to serve the elder population. For the next eight years, she raised two children before

receiving her Masters in Divinity from the Bangor Theological Seminary. She became a third-generation United Methodist minister, following in the footsteps of her father and grandfather.

During her 27 years in ministry, Pastor Collins served churches in West Cumberland, Raymond, Grey, Peaks Island and Cape Elizabeth, all in Maine, and in Milford, New Hampshire.

While in Cape, Pastor Collins also served with the Cape Diversity Coalition. In retirement, Pastor Collins will be living in Cumberland, Maine.



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Capetoons: Outshined

By Jeff Mandell



Drawn by Jeff Mandell

Pond Cove playground “fun” raiser a huge success

By Lindsay Barrett



Contributed photo

“Pond Cove’s Got Talent,” a “fun” raiser held on May 1 raised \$4,000 for the new playground

On May 1, the Pond Cove students, staff, and families rallied together at a “fun” raiser to build excitement about rebuilding the school playground and celebrate the school community’s many talents. “Pond Cove’s Got Talent” was an overwhelming success, with more than 500 guests in attendance. Forty two student performers in 26 acts wowed the crowd with their singing, dancing, instrumental performances, magic tricks and more. The heartwarming grand finale included a whole-group dance party on stage.

The event was organized by the Pond Cove Playground Committee, made up of parents, staff and community members. While admission to the show was free to

enable all families to attend, a 50/50 raffle, bake sale, silent auction, and percentage of sales from the Mainly Burgers food truck raised \$4,000 for the new playground. This brings fundraising totals to \$182,000, well on the way to the project’s \$300,000 goal. The event is slated to become an annual tradition to support maintenance of the new playground.

Fundraising between now and June is key to allow the playground to be constructed this summer as planned. To make an individual donation or to become a Pond Cove Playground Business Partner, visit Pondcoveplayground.org.

Coaches vs. Cancer games raise funds



Contributed photo

The Cape High School Softball and Baseball organizations held their Coaches vs. Cancer games on Wednesday, May 8 against Yarmouth. The score of the softball game was Cape 10, Yarmouth 3. The score of the baseball game was Cape 2, Yarmouth 9. The American Cancer Society was the overall winner with \$415 collected to support this important cause.



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EXPERIENCED, REFERENCES UPON A REQUEST

Fully Involved: A view Into CEFD, Ploggers pick up donated structures

By Mara DeGeorge

Here in Cape Elizabeth, there is always a lot of building construction going on: house renovations, house teardowns and rebuilds, property subdivisions and more. It's exciting to see it transform the landscape over time and for the family who lives in the new house, really exciting for it to be complete.

In the case where a homeowner decides to completely demolish their existing structure, there is an opportunity for the Fire Department. Who knew?

On Lawson Road, the Huffard Family knew. Bronwyn Huffard shared, "When we knew we were going to take the house down all the way, we kept joking that if it comes down, it may have been of some use to someone and that would be a waste. We joked with [Captain] Jeff Kennedy about whether we wanted to burn it."

A casual conversation between a Huffard child and a Kennedy child ensued and the offer was made. They said, "Let us know if anyone in the Department wants to use our house..." And Jeff said, "Yes."

Ben Huffard starting asking questions about what that would mean and it evolved into a training exercise for the Department. The Huffards were thrilled that the house

they were tearing down was going to be used to help keep Cape Elizabeth safe.

That night back in early December, approximately 20 firefighters gathered at Town Center Station to collect gear, equipment, and trucks before heading to Lawson Road. This was not a training exercise in live burning, but instead a chance to climb ladders carrying tools and equipment, use ventilation saws to cut holes in the roof and garage doors, breach walls (cut out sheetrock between studs in order for a firefighter to escape if doors are blocked or non-operational), bust out all windows, practice overhaul (tear down ceilings to ensure fire is not smoldering in the floor/ceiling spaces), and work together to improve communication and keep skills sharp. It was a productive training session in a controlled, safe environment.

In addition to live burn training at the burn facility in Yarmouth, during other times of the year, CEFD Fire Training has included Search and Rescue drills (SAR) in the Spurwink School (old library) and on roof props constructed for training. Drills involving training in complete darkness with theatre smoke, as well as cutting holes in props are effective, but working on a real structure is a

-see CEFD page 14



Contributed photo

Members of the tennis team, (left to right) Brad Bodenski, Tommy Villiotte, David Libby and Conner LaBonty collected 70 pounds of trash on Fowler Road alone during Plogging Week, which took place during the week of April 21. Cape Elizabeth student and coordinator Zoe Evans reached out to all spring sports teams and ultimately had five teams get involved, with three more planning on plogging a different week this season. The 7th and 8th grade girls lacrosse team incorporated a scavenger hunt while plogging, and the 7th and 8th grade boys lacrosse teams plogged as well. Evans also reached out to multiple science teachers in the high school and middle school to spread the words about plogging and asked them to show two short videos about plogging and the environment. Many tried to incorporate it into their class plans and Evans felt this really helped spread awareness about plogging.

Scam alert bulletin board

By Jessica D. Simpson

Grant Scams

Government grant scams are on the rise. Scammers lure targets through ads (newspaper, email, text messages, and even by hacking into your friends' social media accounts), claiming you're eligible for a \$25,000 grant for a \$1,200 fee. Know that government agencies do not hand out "free" money and most government grants go to institutions following lengthy applications. Never pay money to receive money. Watch out for requests to wire money for upfront fees or taxes or requests for banking information for "deposits."

Tech Support Refund Scam

You may know about the tech support scam, where you get a call or pop-up about a virus on your computer and need to give someone remote access to "fix" the problem. Now there's a refund twist to this scam. Scammers call, explaining you bought a tech protection plan in the past and that the vendor is going out of business and owes you a refund. Scammers might ask for your bank account information or for remote access to your computer, which leaves you vulnerable to further fraud. If you get a call like this, hang up and you can report it to the AARP Fraud Network at www.aarp.org/fraudwatchnetwork.



Photo by Mara DeGeorge

Top of roof "hopping over": Lieutenant Austin Cantara; standing: Deputy Chief Steve Young; ladder top: Cody Munson; ladder middle: Nicole Penley; ladder bottom: Jonathan Warren.

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Volunteer Profile: Alicia Lawrence

By Jane Vaughan



Contributed photo

Alicia Lawrence with Senator Rebecca Millett receiving an award for her volunteer work.

While passing through the Boys and Girls Club of Portland on her way to swim practice, Alicia Lawrence would notice the children spending time there.

"We would always just pass right through and go straight to the basement, but there were always kids around talking to us, they'd come into the locker room, they'd be in and out. And I realized that I didn't really want them to be strangers anymore," she said.

Lawrence, currently a senior at Cape Elizabeth High School, was inspired to start volunteering weekly at the club nearly three years ago.

"I wanted to do more for the club that was providing us with a practice," she explained. "I usually mentor the kids, teach them some reading and homework skills or play games with them."

She said the experience has had a tremendous impact on her: "Everybody's story is so different and how they got to where they were on that day. I just am so interested in where everybody else has come from. I like connecting with people that I wouldn't have otherwise connected with."

But her volunteer work didn't stop there. As a former competitive skier, Lawrence found that she still missed the sport, so she became involved with Lakes Region Disabled Sports in Gilford, New Hampshire.

"Essentially, I am teaching students with disabilities how to ski," she explained. "It feels amazing, and it doesn't feel like work at all. I enjoy it so much. And teaching other

people the skill that I grew up knowing is just — I'll never take it for granted."

She taught 10 lessons there per year for a total of about 60 hours.

After spending three winters there, Lawrence taught her last classes this year and said "the last day was very sad."

Lawrence's volunteer work has garnered multiple recognitions, including the honor of Distinguished Finalist for the 2019 Prudential Spirit of Community Awards for outstanding volunteer work and the President's Volunteer Service Award.

She recently received a Sentiment from the State Senate in recognition of the Prudential Award, at the request of Senator Rebecca Millett.

Lawrence will be attending Cornell University in the fall, where she plans to continue her swimming career. She is also interested in studying biological engineering and agricultural sciences.

"I really have learned a lot through LRDS about prosthetics and different equipment to use, and I think that going on to try to develop other materials is something that's really interesting to me," she explained.

Of course, Lawrence "absolutely" plans to continue volunteering, both while at college and beyond.

"I just want to keep doing community service because it's one of those things that feels good for me. I feel like I'm finally doing something that's greater than myself," she said.

Our Library: Making a Difference

By George Morse, Thomas Memorial Library Foundation

This column by Thomas Memorial Library Foundation shares true stories from library users on how our library is making a difference to them and to the community.



Contributed photo

Kevin Goody, Adult Services Librarian at Thomas Memorial Library

Book Club Surprises Wilson

Wilson grew up on a farm in rural Maine, went to college planning to be a fourth generation farmer and ended up as a professor in a Big Ten university. Midway through his career, Wilson and his wife decided they would move back to Maine when they retired.

Seventeen years later, Wilson was excited about the move back to Maine. He and his wife picked Cape Elizabeth for its rural setting, natural beauty, ocean location and closeness to Portland.

During Wilson's academic career, he was immersed in academic journals, often coming across exciting results but never finding page-turners. In his retirement, he hoped for the freedom to read a wider variety of mysteries and thrillers.

Not long after settling in, Wilson started attending the Thomas Memorial Library's evening book club. Fortunately Kevin Goody, the Adult Services Librarian who leads the evening book club, suggested a diverse collection of options to the group. The group read: "Cutting for Stone" by Abraham Verghese; "The Oregon Trail" by Richer Buck; "A Man Called Ove" by Fredrik Backman; "The Boys in the Boat" by Daniel James Brown and many others. Goody had the group vote on what to read next. Often Wilson didn't like the first third of the book but then found most of them excellent by the end. The book club was highly successful in pushing him to read a wider variety of books.

But it also delivered a second unexpected benefit.

Wilson was an extrovert who met and worked with a lot of different types of people both in the classroom and through his outreach education assignment. But in moving to Cape Elizabeth, a town where neither he nor his wife had family or friends before moving, he wasn't certain how he'd build a social network and he knew this was an important part of feeling settled in a new location.

The informal way Goody ran the book club and the comfortable physical setting allowed Wilson to get to know other members and become friends with a number of the regulars. In fact, Wilson realized that this surprise benefit, getting to know other members and feeling more a part of the community, might have been more important than what he had hoped for in joining the book club.

Goody, the book club librarian, and the book club itself is just one example of the ways the librarians and many library programs make a difference to Cape Elizabeth, in this case building a more welcoming community for newcomers and serving as a community hub for people of all backgrounds.

This is a true story but "Wilson" requested that we use a pseudonym rather than his real name. The photo is of Kevin Goody, the Adult Services Librarian at Thomas Memorial Library, who leads the evening book club.

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Dun-Roamin' Farm keeps on growing

By Tina Fischer



Photo by Beth Angle

Jim and Evelyn Cox in one of their two greenhouses at Dun-Roamin' Farm on Sawyer Road, where they have grown plants and Christmas trees for the past 30 years. Their self-serve flower stand is open every day from Mother's Day until they sell out, usually around the Fourth of July.

Growing plants and Christmas trees at Dun-Roamin' Farm has always been a side business for Evelyn and Jim Cox, which is surprising, considering how much they've produced at the 63-acre farm over the past 30 years - and how much they still grow today.

They bowed out of the holiday tree business 10 years ago. Son Jay now grows 20-plus acres of balsam firs at his farm around the corner from his parents, but Evelyn and Jim continue to grow thousands of hardy flowering annuals and seedlings. Their cheerful stand at the farm on Sawyer Road is stocked with a broad selection of colorful plants, more than 20 varieties, and they sell annuals and seedlings to Jordan's Farm on Wells Road. Geraniums in particular are a customer favorite; Norm and Greg Jordan sell them at their farm stand in the center of town and Cox geraniums line the bleachers at Fort Williams during high school graduation - one for each senior.

Evelyn and Jim have both retired from their earlier careers and they talk every year about perhaps scaling back at the

greenhouses, but instead they find themselves adding flower varieties and increasing their output. "Last year was our last year," Evelyn laughs.

"I'm not really sure why we started this, honestly!" she says. Neither she nor Jim had any horticultural training, though Evelyn's father had grown fruit trees at the farm. "All we knew was that you planted things and they grew!"

Dun-Roamin' Farm is Evelyn's family homestead. Evelyn grew up watching her father tend a large orchard he had planted after he purchased the farm from the Dyer family in 1930. Her dad worked full-time for the railroad but, on the side, grew apples, peaches and plums - 600 trees in all - for nearly 40 years, and wholesaled his

harvests to Hannaford.

Evelyn and Jim made the farm their home in 1975, after Jim retired from the marine corps and they were "done roaming." They cleared what remained of the aged fruit trees and started growing Christmas trees, while Evelyn worked full-time at Blue Cross Blue Shield. The Cox's three children and six grandchildren caught the farming bug and loved helping out with the tree farm. It wasn't long before daughter Julie talked Jim into growing annuals and seedlings, in addition to the trees. They had a stall at the Portland Farmer's market at first but then opened the farm stand on Sawyer Road.

In 2008, Jim and Evelyn phased out the Christmas trees once son Jay's crop was ready for cutting. True to the family credo, Jay's Old Farm Christmas Place (at the historic Dyer-Hutchinson farm) is his side job; he's also a commercial fisherman. Because farming has always been a family affair for the Coxes, Jim and Evelyn help out at Jay's seasonal gift shop.

The Cox family is passionate about keeping small-scale agriculture a viable and vibrant part of Cape Elizabeth's economy and landscape. "We think it's important to keep the land open," Evelyn notes. Jim and Evelyn were founding members of the Cape Farm Alliance in 2008 and Jay remains an active advocate. Jim still offers seasonal plowing services.

Evelyn and Jim also volunteered in the community for many years, on various committees and particularly with Cape Rescue, where Jim was a driver and Evelyn was a captain for 20 years. "That was my life; it took up all of my time with going out on calls and trainings..." And yet, the Coxes were still growing trees and plants then, too.

They've stepped back from their volunteer work, but staying connected to the community is a large part of why Evelyn

says they continue to run the greenhouses. "We want to stay busy and active in the town. We also have a product that people really want. I could sit and knit and watch television all day and be perfectly happy," Evelyn says, though anyone observing her in the greenhouse - watering, trimming, admiring the fruits of her labor - might find that hard to imagine. She shows a visitor a few of the new varieties they're trialling and notes which plants will be sent off to Jordan's Farm. "Penny wants more basil so we've added more flats of that and we're growing jalapeños for the first time this year..."

Clearly, the Coxes are done roaming, but not done farming.

Dun-Roamin's self-serve flower stand at 1086 Sawyer Rd. is open every day until 6 p.m., until they sell out, usually around the Fourth of July. They have lots of plants for Memorial Day including cemetery baskets.



Photo by Beth Angle

Dun-Roamin' Farm sells hanging pots and both flower and vegetable seedlings for gardeners.



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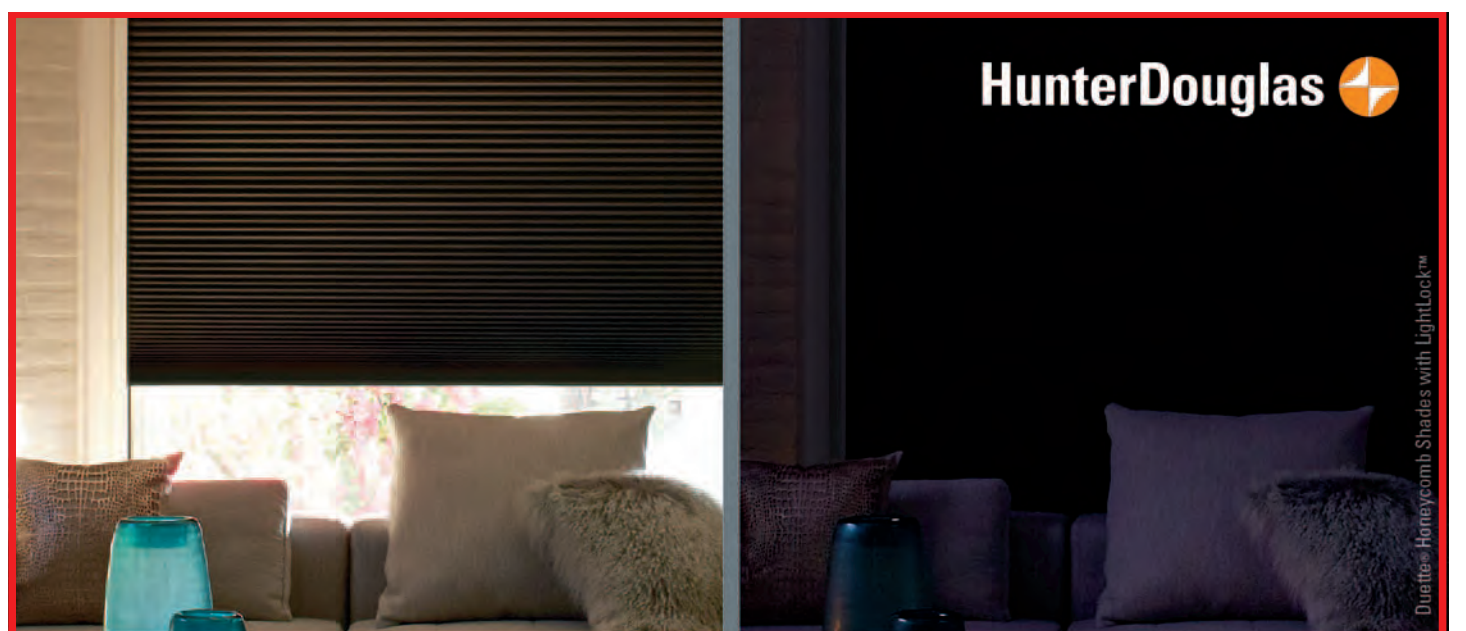
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CEHS students participate in 2019 PATHS Art Show



Contributed photo

Ian Provencher displays his artwork, including stacks of creative and unique t-shirts, for which the artist is becoming especially known.

Cape Elizabeth High School juniors Ian Provencher and Sophia St. Jarre are also students in the Commercial Art program at Portland Arts & Technology High School (PATHS). They, along with their classmates, recently showed their work in the annual art show, where visitors could see and even purchase pieces of art.

The PATHS Commercial Art program is taught by veteran instructor and artist Diane Manzi, and the program's stated

goal and purpose is to help students learn how to make and market their art to generate income. Building a strong portfolio and setting up art exhibits to show and sell work is ongoing. Students learn how to effectively create layout and design for posters, logos, illustrations and tee shirts by hand and computer.

Each year students participate in competitions and have their work exhibited at various locations in the community.



Contributed photo

Sophia St. Jarre enjoys a breakfast supplied by the PATHS Culinary Arts program as she sits beside her display at the PATHS Art Show. She is most interested in illustration.

CELT's June Programs

National Trail's Day Cross Town Walk
Join Cape Elizabeth Land Trust's (CELT) Executive Director Cindy Krum, Vice President Chris Pezzullo, current board member and past CELT board president Kathleen Janick for the annual Spring Cross Town Walk. Beginning at Portland Head Light, located at Fort Williams, this walk will traverse seven miles of both Town of Cape Elizabeth and CELT trails highlighting Cape's great places. This walk offers a unique overview of Cape's diverse ecosystems including Spurwink Marsh, Robinson Woods and Great Pond. The walk takes approximately three and one half hours and includes a picnic lunch provided by CELT at Kettle Cove. Hikers will meet at the Portland Head Light and will carpool (arranged prior to walk) back to Fort Williams after the picnic. Snacks, drinks and lunch provided. All participants must register at least 48 hours in advance of the program and will receive notification of changes or cancellation.

Saturday, June 1, 8 a.m.-1:30 p.m.
Meet at Portland Headlight in the dirt parking lot closest to the lighthouse.
\$10 per person

Invasive Plants Nature Walk
Join Mike Hankes, a member of Cape

Elizabeth Land Trust's Stewardship Committee, at CELT's newest property to learn about invasive plants found in Cape Elizabeth. During this CELT sponsored event you can expect to learn how to identify specific invasive plant species, eradication strategies, and why invasive species pose a threat to an ecosystem. Participants should meet at 498 Spurwink Avenue, and be prepared to go on a gentle hike rain or shine. Please register at least 48 hours in advance of the program in order to receive notification of changes or cancellation.

Thursday, June 20, 5:00-6:30 p.m.
498 Spurwink Avenue (CELT Property)
\$6 per person

CELT & TML Series: Coastal Habitats Talk and Walk

Join the Thomas Memorial Library and the Cape Elizabeth Land Trust (CELT) for the second program in our Talk & Walk series. Natasha Rathlev, CELT education coordinator, will lead a talk and walk on coastal habitats. The talk starts at 1:00 p.m. Then we'll take a walk outside to see how habitats shift near the shore. You can come to one or both. No registration is needed. Please dress appropriately for a gentle walk outside that ends at Crescent Beach.

Thursday, June 20, 1:00-3:00pm
Meet at Thomas Memorial Library for the talk at 1:00 p.m. or at Inn by the Sea for the walk at 2:00 p.m.
Free event

Participants can register for the above programs through Cape Elizabeth Community Services www.capecommunityservices.org. Proceeds from these programs will be given to CELT, and participants who register 48 hours in advance of the program will receive notification of changes of cancellation. Please contact the Cape Elizabeth Land Trust with any questions. 767-6054.

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REMEMBER AND HONOR
Memorial Day

Birding observations for the first two weeks of May

By E. Brooks Bornhoff

The fits and starts of spring migration across Cape definitely hit a steadier stride starting on the fourth day of May. A herald of springtime, Baltimore Orioles have been showing up every day now with their fluid whistling tones that seem to carry across the upper canopies of our forests. On this same day along Shore road there were a wonderful dozen or more Blue-headed Vireo's announcing their arrival with sweet slurred songs. This neotropical migrant is, in general, challenging to see, and is more often heard. One way to quickly identify a Vireo is to watch the bird's movement. Blue-headed Vireos move in a deliberate, methodical fashion, which is in contrast with the lightening quick pace of wood warblers occupying the same middle elevations of mature and second growth woods. Interestingly, when male Blue-headed Vireos compete over a territory boundary they usually begin in a very polite manner by counter singing. This is when the males looking to claim the territory sings in turn to resolve their dispute.

The first of season Ruby-throated Hummingbird was welcomed back to our yard on May 4 as well. Other first of season birds on this day include Rose-breasted Grosbeaks (male and female) and a single Purple Sandpiper (Pond Cove).

The excitement continued the following day with the first of season Gray Catbirds arriving across cape. Black throated Green Warblers could be heard calling throughout the woods as well. A solitary Nashville Warbler was spotted along Shore Road, more precisely the bird was foraging along an area of streamside woodland on the Robinson property. Nashville warblers have a gray head, white eye ring and are yellow below, olive above. Ironically, this bird, at most, passes through Nashville during migration and does not nest anywhere near Tennessee, preferring the cool, open mixed woods of places far north.

Northerly breezes, breaking clouds and a guiding glow from the waxing crescent moon on the night of May 7 created the right conditions for a totally massive movement of migrant birds. Walking along Shore Road that night I counted well over 500 peeps and calls within a 20-minute time span! At some points along the way it felt like I could feel the collective energy of thousands of little gems racing towards their northern haunts. Early the next morning Black and White Warblers had arrived in very solid numbers along with Common Yellowthroats (a spectacular and common warbler).

On May 8 the American Yellow Warblers arrived in our swamps and watery places with force. Additionally, on this day we had a White crowned Sparrow at our feeder. Upon first impressions this bird's largely plain gray appearance can be rather deceiving. Best described by ornithologist Edward Forbush, "It is a red-letter day for the novice in New England ornithology when he or she meets this bird of distinguished appearance. Its gray vesture, black and white crown and elegant form give it an aristocratic appearance as if it were above the common heard of sparrows and in a class by itself." This sparrow is an uncommon migrant in Cape and in most years one or a couple are seen here and there, from time to time for two or so weeks.

Additional and previously mentioned warblers seen and/or heard across Cape so far this Spring include (listed by frequency of spotting), Myrtle Warbler, Palm Warbler, Pine Warbler, American Yellow Warbler, Common Yellowthroat, Northern Parula,

Black and white Warbler, Ovenbird (a very special warbler of the deep forest floors), Black throated Green Warblers and a Northern Waterthrush! I was particularly excited about my seasons first Northern Waterthrush, spotted along the pond margins of Robinson Woods II. This large wood warbler is a very shy and furtive character that can be found with some luck within the shadowy understories of Cape's woods near still and stagnant water pools. Interestingly, this warbler has longer legs than most other warblers which allows it to do some wading for insects.

On May 12 I spotted three Laughing gulls on a rock outcropping just offshore along Crescent Beach State Park. My wife, son and I were also treated to our first of the year Veery. Wintering east of the Andes in South America, the breezy spiraling song of this little thrush is heavenly.

Also, on May 12 I made a visit to a hidden gem of a birding spot - Turkey Hill Farms 20 acre preserve under easement. Working my way up towards the top of the property, I was pleasantly surprised to find a big congregation of warblers, including my first of season American Redstarts and a Great-crested Flycatcher. Rounding out the weekend, we had a female Great-horned owl calling from a towering oak tree on our property. Based on the piercing screams coming from the distance I was able to confirm a rather long-standing hunch I've had this spring - that this screeching noise was a young Great-horned owl begging for food!

Free native tree walk on May 25

Join Cape's Tree Warden Todd Robbins, and the Friends of Fort Williams Park to celebrate Arbor Day Week. Visit specimen trees within the Park and stroll along historic tree groves.

The walk will be held on May 25 from 9-10:30 a.m. Learn to identify different tree species, how to control pests and much more. RSVP to asouthworth@fortwilliams.org.



Photo by Francis Rankin

Cape Elizabeth sunrise on a spring morning in May.

Summer coupon supports open spaces and local farms

Thanks to the generous support of Piper Shores, CELT is again offering its summer Farm Coupon as a thank you for joining the land trust.

Anyone who joins the land trust between now and September 15 will get a \$10 Farm Coupon redeemable at five of Cape Elizabeth's farms offering fresh, locally-grown fruits, vegetables, and seafood.

In addition to helping sustain our local farms and farmers, CELT members help to conserve and care for Cape's open spaces, wetlands, and woodlands that provide wildlife habitat and recreational opportunities, and give Cape its rural

character.

"Piper Shores is excited to participate in this program again," said Andrea Killiard, marketing and life enrichment director. "We have long been supporters of land conservation in Cape Elizabeth—this program is unique because it also supports the sustainability of our local farms and farmers."

Members also get a free trail map and car decal. To join CELT, support conservation and farming, and get your Farm Coupon, make your gift online at www.capelandtrust.org, or call the office at 207.767.6054.



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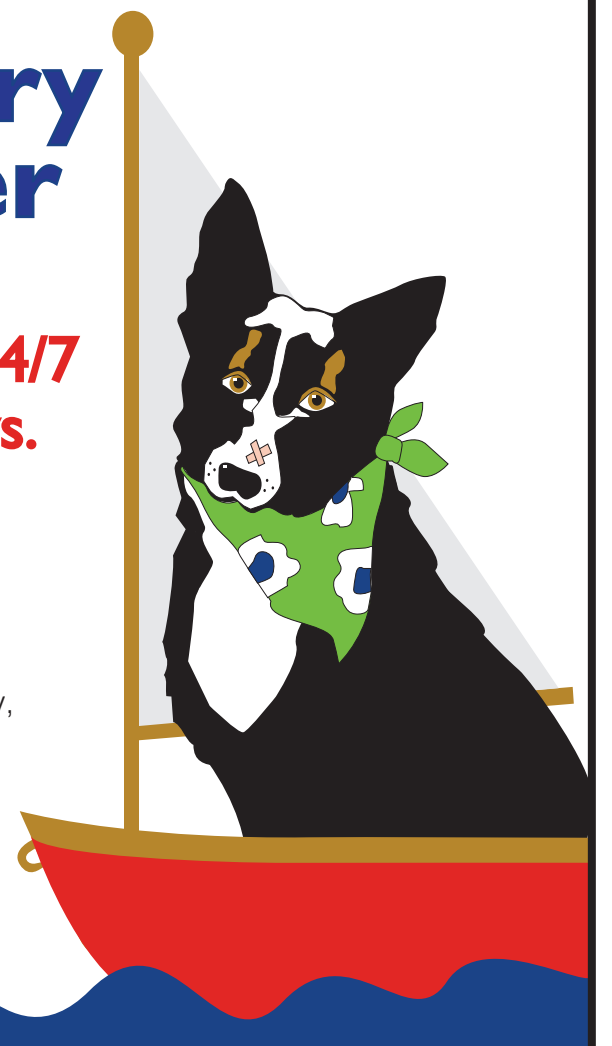
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Library offers presentations on the Pacific Coast Trail, the Appalachian Trail, hosts artist Perryn Anable Ferris

ADULT PROGRAMS

Senior Tech Time

Wednesday, May 22, 10:30 a.m. – 12:00 p.m.

Senior Tech meets on the fourth Wednesday of each month. We're here to help with your tech questions in any way we can. We work together as a group to answer similar questions, then break out into smaller groups to answer individual questions. You wouldn't believe some of the things we've been able to help solve

A Short History of "Upta" Camp

Thursday, May 23, 6:30 – 7:30 p.m.

In the nineteenth and twentieth centuries, Maine saw a steady and tremendous rise in tourism and vacationing. Who vacationed here? Those with money and time as city air pushed and the cool air of Maine pulled. People arrived by ship and train, by car and eventually by plane as they visited the coast, mountains, woods, and lakes of Maine resorts, grand hotels, motels, tea rooms, and diners. In this fun talk, David Jones will walk us back in time using beautiful old maps, photos, and quotes from famous tourists and writers.

Songwriting Workshop

Tuesday, May 28, 6:15-8:15 p.m.

Our songwriting workshop meets on the fourth Tuesday of each month through the end of the year. Whether you are a new writer, experienced writer, or want-to-be-a-writer, we hope you'll bring in your work and get expert advice from award-winning songwriter Jud Caswell.

Tales from Hiking the Pacific Coast Trail

Thursday, May 30, 6:30-7:30 p.m.

In 2010 Anne O'Regan left her home in Boston and traveled west to do what, on average, only 300 people accomplish each year. Starting in Campo, California on the Mexican border, she backpacked north for 2,650 miles on the Pacific Crest Trail (PCT). Traveling through California, Oregon and Washington, she completed her thru-hike five months later in Manning Park, Canada. Join us as O'Regan shares tales from the trail, and offers a unique visual presentation gleaned from over 3,000 photographs taken along the way.

Trail Dreams

Saturday, June 1, 1:00-2:30 p.m.

Brad 'Old Buzzard' Cook joins us to talk about how the solace of nature and the dream of hiking the Appalachian Trail altered and saved a life. Cook's informative and inspirational story examines the physical, psychological, spiritual, and societal effects and benefits derived from an active participation in the natural world and the reasons why our children have been increasingly denied access to the therapeutic value of nature. Learn more at www.traildreams.com.

Cape Elizabeth Garden Club presents: Alliums

Tuesday, June 4, 6:30 – 8:00 p.m.

Aurelia Scott of Portland joins us to speak about "Alliums." Scott is the author of "Otherwise Normal People: Inside the Thorny World of Competitive Rose Gardening" published in 2007. Her website is aureliascott.com. This talk is open to the public; you do not need to be a Garden Club member to attend and learn. Scott will begin at 6:30 p.m. Refreshments will be served after the program.

Cape Entrepreneurs

Thursday, June 6, 6:30-8:00 p.m.

If you're an entrepreneur or have your heart set on starting your own business, please join us for a new monthly gathering of kindred souls. At our CEO (Cape Elizabeth Opportunity) Roundtable, you'll have a chance to share ideas, get advice, and talk shop in a supportive, non-competitive setting.

This month, we'll have a project update to hear more about what you're working on and any challenges you'd like help with. The Cape Entrepreneur's Group meets on the first Thursday of each month. We hope you'll join us to share, learn, and connect.

Special notice!

Stier Family Art Gallery Reception

Thursday, June 6, 6:00-8:00 p.m.

We are delighted to welcome artist: Perryn Anable Ferris. All are welcome to attend to view Ferris's art and grab a tasty bite!.The reception is generously sponsored by the Thomas Memorial Library Foundation.

ONGOING ADULT PROGRAMS

- Knitting Group – every Monday at 1:00 pm
- Chair Yoga – second Monday at 11:30 a.m.
- Democracy Cafe – second Tuesday from 6:30-8:00 p.m.
- Morning Book Group – second Wednesday from 9:30-11:00 a.m.
- Writers' Accountability Group – third Wednesday from 10:00 a.m.-noon
- Senior Tech – fourth Wednesday from 10:30 am-12:00 p.m.
- Cape Entrepreneurs– first Thursday from 6:30-8:00 p.m.
- YA Anonymous Book Group – first Thursday from 6:30-7:30 p.m.
- Maine Wildlife Lecture Series – second Thursday from 6:30-7:30 p.m.
- Evening Book Group – third Thursday from 7:00-8:30 p.m.
- Songwriting Workshop – fourth Thursday from 6:15-8:15 p.m.
- Chess Club – every Saturday from 9:00-11:00 a.m.

PROGRAMS FOR TEENS

Teen Programs (Weekly)

Crafternoons, Thursdays

Join us for Crafternoons at the library after school every Thursday from 2:30-3:30pm!

Kiah and Alyssa will be making a new drop-in craft each week in the Children's Room.

Teen Lounge, Fridays

Come play board and card games, take a turn on the Wii, color in one of our adult coloring books, or do an easy craft every Friday after school from 2:30-4:00 p.m. in our Community Room. Open to teens in grades 6 and up. No registration required.

Monthly:

Teen Takeover: Amazing Race Edition

Friday, May 31, 5:30 - 7:30 p.m.

Do you have what it takes to win The Amazing Race? Join up with a team, travel to all seven continents, and complete both detours and roadblocks to make it to the Pit-Stop! Prizes will be awarded to the winning team! Team will be assigned at random at the start of the race. Open to teens in grades 6 and up. Refreshments will be provided. Registration is REQUIRED, so please visit our website for more information.

PROGRAMS FOR CHILDREN

Our regular story time schedule continues with weekly programs for babies, toddlers, preschoolers, and families (see our complete schedule on the library's website.) We also have some special events and monthly programs coming up:

Train Day returns to TML

Wednesday, May 22, 9:00 a.m - 2:00 p.m.

The Maine3Railers Model Train Club returns this year to set up their model train display all day in the Community Room, plus we'll have a special train-themed Musical Story Hour with Jud Caswell at 1:00 p.m.

Musical Story Hour with Jud Caswell: Train Edition, for ages 3 and up

Wednesday, May 22, 1:00 - 1:45 p.m.

Singer/songwriter Jud Caswell entertains with songs, musical games, and stories with his own original musical accompaniment, this time, all about trains. No registration necessary.

Animal Advocates Club, for ages 8 - 12

Thursday, May 23, 3:30 - 4:30 p.m.




-see LIBRARY page 14

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Reunions

By Susan Garrity

I feel very fortunate that I spent my life growing up in Cape Elizabeth and was able to raise my children here. Living in such a beautiful place is a privilege and I have wonderful memories spending my childhood exploring Fort Williams and other undeveloped gems of the Cape, that are now neighborhoods.

Graduating in 1979, I have always been involved in planning our high school reunions. Our fifth reunion was much like our high school parties; it was held during the day and we had kegs. It was held at Heatherstone, which was owned at the time by the family of Anne Hewes. They generously allowed 100 of us to take over their yard with a band and good friends. Those of us who already had children brought them with us as well. It was a great day and I looked forward to future reunions.

In 1999, our 10th reunion was held at the Portland Club and was quite well attended. In lieu of a 15th, several of us went to the Basin Bash in Windham at the home of Scott Hall for his annual summer party that many of us have been attending since 1977. There we were able to reconnect with people from many classes.

As our 20th Reunion approached, we had a great committee that worked very hard to find missing classmates so that everyone would be invited. This is the most difficult part of the planning. We went to Purpoosuck Club and had a wonderful turnout. We had "Deemed Worthy" play, which was comprised of recent Cape grads, and a late night party at my house.

The following day we were fortunate to be able to utilize the tents at Ram Island Farm that had been set up for the Beach to Beacon, held the day before. Many of us brought our children on Sunday and it was wonderful seeing all our kids playing and getting to know one another.

In 2004, we celebrated 25 years. Planning the reunions became as much fun as the actual reunion. We would meet at various locations for happy hour, compare lists and try to locate people and motivate them to commit to coming. That year we also had a pre-party at the Port-hole on Friday night, with the reunion Saturday night at Purpoosuck with music by the Elmore Twist Band. Sunday I hosted an outdoor party with kiddos with a big slide. So much fun!!

In 2009, we changed it up a bit and went to Camp Ketcha. We also had a disc jockey instead of a band. Great turnout as usual, but no one wanted to take over the planning for the 35th. In 2014, I felt badly about there not being a get-together, but life is busy and time slipped away.

I have remained close to many people I attended school with. It helps that I

-see REUNIONS page 15

Local writers at Thomas Memorial Library on May 25

On Saturday, May 25 from 4-5 p.m., the Local Writers monthly reading series concludes its eighth season featuring Maine writers of prose and poetry at the Thomas Memorial Library located at 6 Scott Dyer Road in Cape Elizabeth.

The event is free and open to the public. Writers' books will be available for sale by Kelly's Books to Go and light refreshments will be available.

The series will welcome former Maine State Poet Laureate Betsy Sholl, together with author and playwright Bruce Pratt. The Local Writers events are co-hosted by Portland Poet Laureate, Linda Aldrich and Cape Elizabeth writer, Marcia F. Brown.

Betsy Sholl served as Poet Laureate for the State of Maine from 2006 - 2011. Her ninth collection of poetry, "House of Sparrows: New and Selected Poems", was recently released by University of Wisconsin Press.

Sholl's previous collection "Otherwise Unseeable" (University of Wisconsin Press, 2014) was the winner of the Four Lakes Prize and MWPA's 2015 Maine Literary Award for a book of poetry. Other awards include The Felix Pollak Prize, the AWP Prize for Poetry, and a fellowship from the National Endowment of the Arts.

Sholl teaches in the MFA in Writing Program of Vermont College of Fine Arts, and has long been a popular teacher and leader of poetry writing workshops throughout New England.

Bruce Pratt is an award winning short story writer, poet, and playwright. He is the author of the novel "The Serpents of Blissful" from Mountain State Press, the poetry collection "Boreal" from Antrim House Books, and the forthcoming short story collection "The Trash Detail" from New Rivers Press. His fiction, poetry, drama, and essays have appeared in magazines and journals across the United States and in Canada, Ireland, and Wales.

Pratt edits the annual anthology "American Fiction" and is the past director of The Northern Writes New Play Festival. He lives in Swanville, Maine with his wife Janet.

Report of an abandoned dog, possible violation of protection order, well-being check at local business

Reported by Marta Girouard

5-5 suspension of license, Shore Road Malden, Massachusetts resident, speeding (69/45 zone), \$230

COMPLAINTS

- 4-22 Two officers responded to a residence in the Ocean House Road area for a domestic disturbance.
- 4-22 An officer met with a resident of the Shore Road area regarding an abandoned dog.
- 4-23 An officer while on routine patrol found an open door at a seasonal residence. The building was searched and secured and owner notified.
- 4-29 An officer met with a resident of the Spurwink Avenue area regarding a possible violation of a protection order.
- 4-29 A subject came to the PD to turn in an iPhone found in the Sawyer Road area. Owner identified and contacted.
- 4-29 An officer responded to a residence in the Ocean House Road area for a well-being check.
- 4-29 Two officers responded to a local business for a well-being check on two elderly subjects in the store who were lost and confused.
- 4-29 Two officers responded to a residence in the Scott Dyer Road area for a well being check.
- 4-30 Two officers responded to a residence in the Mitchell Road area for a well being check.
- 5-4 An officer received a DHHS referral from the Cumberland County District Attorney's office for follow-up investigation.

SUMMONSES

- 4-27 Cape Elizabeth resident, speeding (48/25 zone), \$230
- 5-1 Cumberland resident, failure to produce insurance, Sawyer Road, \$186
- 5-1 Cape Elizabeth resident, speeding (59/30), Sawyer Road, \$278
- 5-4 South Portland resident, speeding (54/45 zone), Route 77, \$114
- 5-4 Bristol, New Hampshire resident, speeding (64/50 zone), Route 77, \$124
- 5-4 Falmouth resident, operating after

JUVENILE SUMMONSES

- 4-30 Possession of marijuana by juvenile

ACCIDENTS

- 04-23 Philip Tarling, Milo Cook-sharp, CEHS Access
- 04-25 Katherine Concannon, Olde Colony Lane

ARRESTS

- 4-30 Scarborough resident, warrants, Avon Road

FIRE CALLS

- 04-24 South Portland Mutual Aid
- 04-25 Olde Colony Lane Motor Vehicle Accident
- 04-27 Woodland Road CO Alarm
- 04-27 South Portland Mutual Aid
- 04-27 Spurwink Avenue Electrical Fire
- 04-30 Oakhurst Road Investigation
- 04-30 South Portland Mutual Aid
- 05-01 South Portland Mutual Aid
- 05-01 South Portland Mutual Aid
- 05-02 South Portland Mutual Aid
- 05-02 Ann Arbor Drive Fire Alarm
- 05-03 Old Mill Road Fire Alarm
- 05-03 Starboard Drive CO Alarm
- 05-05 Murray Drive Fire Alarm
- 05-06 South Portland Mutual Aid
- 05-06 South Portland Mutual Aid

RESCUE CALLS

There were 14 runs to Maine Medical Center
There were no runs to Mercy Hospital
There were seven patients treated by rescue personnel but not transported.

Kids-beginner sewing skills camp
Sewers will make simple projects
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CAPE CALENDAR

By Wendy Derzawiec

Wednesday, May 22

Town Council Workshop - Comprehensive Plan Review, 6:00 p.m., Town Hall chamber

Monday, May 27

Memorial Day Holiday. Town Hall, Thomas Memorial Library, Recycling Center closed. Recycling Center open 8 a.m.-5 p.m. Tuesday, May 28

Memorial Day Parade and Memorial Ceremony, 9 a.m., Town Center

Tuesday, May 28

School Board Policy Committee, 3 p.m. -4:15 p.m., William H. Jordan Conference Room, Town Hall

School Board Workshop, 6:30 p.m., High School Library and Learning Commons

Board of Zoning Appeals, 7 p.m., Town Hall chamber

Town Council Ordinance Committee, 7 p.m., Town Hall

Saturday, June 1

Paper Shredding Event, 9 a.m.-1 p.m., Public Works, below the Recycling Center

Monday, June 3

Town Council Workshop, 7 p.m., William H. Jordan Conference Room, Town Hall

Tuesday, June 4

Planning Board Workshop, 7 p.m., William H. Jordan Conference Room, Town Hall

Ongoing each week

Al-Anon, Regular meeting 7 p.m. Thursdays, at United Methodist Church, 280 Ocean House Road. Regular meeting 7 p.m. Fridays at St. Alban's Church.

Alcoholics Anonymous, 2 p.m. Saturdays, First Congregational Church, 301 Cottage Road, South Portland; 7 p.m. Wednesdays, St. Bartholomew Church; 7 p.m. Fridays, St. Alban's Church.

Cape Elizabeth Historical Preservation Society, 9 a.m.-noon Thursdays, Public Safety Building

Cape Elizabeth Lions Club, 6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road

Cape Farm Alliance, third Wednesday, 7 p.m., Community Center

South Portland/Cape Elizabeth Rotary Club, each Wednesday at 6:15 p.m. Purpoodock Country Club, Spurwink Avenue. 767-7388.

Codependents Anonymous (CODA) group at Cape Elizabeth United Methodist Church Regular meeting weekly on Saturdays at 10:30 a.m. Call 799-4599 FMI.

SERVICES

Cape Elizabeth Church of the Nazarene

499 Ocean House Road (Route 77) 799-3692

www.capenazarene.org

Sunday School for all ages: 9:30 a.m. Sunday Worship Celebration: 10:45 a.m. Services streamed live or on demand: watch.capenazarene.org

Cape Elizabeth United Methodist Church

280 Ocean House Road 799-8396

www.ceumc.org

Sanctuary Service: 10 a.m. Child Care & Sunday School: 10 a.m. Adult Sunday School: 9 a.m.

The Church of Jesus Christ of Latter-day Saints

29 Ocean House Road 799-4321

Sacrament Meeting: Sunday, 10 - 11:00 a.m.

Sunday School: 11:10 a.m. - 12:00 p.m. Primary: 11:10 a.m.-12:00 p.m. Relief Society, Priesthood: 12:00 -1:00 p.m.

The Church of the Second Chance

Greater Portland Christian School 1338 Broadway, South Portland 641-3253

Sunday: 10:30 a.m.-12:15 p.m.

Congregation Bet Ha'am

81 Westbrook St., South Portland 879-0028

www.bethaam.org

Worship: Friday, 7:30 p.m. Saturday, 10 a.m.

Family Shabbat Services: Second Friday, 6:30 p.m.

First Baptist Church of South Portland

879 Sawyer Street South Portland, 799-4565

www.spfbc.com

Sunday Morning Worship: 9:30 a.m.

Coffee Time is at 10:45 a.m.

Sunday School is at 11:15 a.m.

Sermon audio is available on our website

Promised Land World Reach Center

536 Cottage Road, South Portland 799-3152

Sunday Prayer & Intercession: 9:30 a.m. Sunday Worship: 10 a.m.

Family Bible Studies: Wednesday, 7 p.m. Sermon recordings available to download

Saint Alban's Episcopal Church

885 Shore Road

799-4014

www.stalbansmaine.org

Sundays: 8 a.m., 9:30 a.m.

Celtic Service: Sunday, 5:30 p.m.

Nursery: Sundays, 9:30 a.m.

Saint Bartholomew Roman Catholic Church

8 Two Lights Road

799-5528

www.saintbarts.com

Sunday Mass: 9 a.m. and 11 a.m. Monday & Tuesday Masses: 8 a.m.

First Congregational Church United Church of Christ

301 Cottage Road, South Portland 799-3361

www.fccucc.org

Worship: 8:30 a.m., 10 a.m.

Sunday School: 10 a.m.

Preschool Child Care: 10 a.m. Game Room

First Congregational Church of Scarborough

167 Black Point Road, Scarborough 883-2342

www.fccscarborough.com

Sunday Morning Worship: 9:30 a.m. Sunday School & Nursery Care

CABLE GUIDE

Planning Board replay

May 22 & 23 - 2 p.m.

May 23 - 8 p.m.

May 25 - 10:30 a.m.

Town Council Comprehensive Plan Workshop (live)

May 22 - 6 p.m.

Comprehensive Plan Workshop of 5/22 replay

May 23 - 10 a.m. & 5 p.m.

May 24 - 2 p.m. & 8 p.m.

May 26 - 10:30 a.m.

May 27 & 31 - 8 p.m.

CHANNEL 3

Cape Elizabeth Church of the Nazarene

May 25 & 26, June 1 & 2 - 9 a.m.

Comprehensive Plan Workshop of 5/15 replay

May 27 & 31 - 4 p.m.

Board of Zoning Appeals (live)

May 28 - 7 p.m.

Board of Zoning Appeals replay

May 29 & 30 - 2 p.m. & 8 p.m.

June 1 - 10:30 a.m.

CEFD

Continued from page 7

much more authentic training experience.

No Lawson Road neighbors complained to either the Huffards or Chief Gleeson regarding noise, bright lights, or number of personnel gathered. Some family members came to watch and said it looked exciting and productive. The Huffards were thrilled. The Department was thrilled. Win-win. After CEFD left, the Huffards found a smiley face painted in their garage saying "Thanks, CEFD."

If you are contemplating tearing down your house, please think of the Cape Elizabeth Fire Department. It doesn't have to be a

live burn. Non-burn training can be incredibly useful and effective. However, if the structure fits the criteria for live burning especially as it pertains to surrounding exposures and water availability, it can be used for that purpose. Chief Gleeson would be pleased to explore any opportunities and can be contacted at peter.gleeson@capeelizabeth.org or 207-799-6409.

Look forward to Fully Involved: A View Into CEFD next time, as we feature members who have made the leap from Volunteer to Career.

Library

Continued from page 12

Join Felicia Mazzone from the Animal Refuge League of Greater Portland for her monthly visit with an animal friend to work on projects that benefit shelter animals. No registration necessary. (Note: these meeting dates are different than those originally advertised due to scheduling conflicts.)

Early Release Adventure: Playing with Pictures: Making Artistic Choices, with Marie Ahearn

for ages 6 and up

Wednesday, June 5 (rescheduled from April)

2:15 - 3:45 p.m.

What happens if you change the color of an object, or use thick lines instead of thin lines? Artist Marie Ahearn will lead kids in an exploration of how different artistic choices in artwork convey different emotions and meanings. Through working one image many different ways, kids will begin to develop a sense of how color, line, shape, media and composition can be used to express different feelings and tell visual stories.

Families Discover Great Artists

For families with children 3 and up Saturday, June 1, 3:00 - 4:00 p.m.

Join Miss Kiah for her monthly family art program. Each month, families learn about a famous artist, and then create art inspired by his or her work. This month, explore the work of famous fashion designers like Coco Chanel--design your clothing for paper dolls. No registration necessary.

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Piano lessons for all ages. Beginners through advanced. Sandi Palmquist: 329-8345.

Guitar Lessons: All ages and abilities. Travel to you. Call Richard Corson: 207-400-0484

Judy's Food Pantry - a Community Feeding Itself

Cape Elizabeth United Methodist Church 280 Ocean House Road. Every Tuesday from 3:00 - 5:00 p.m., July through November. The second and fourth Tuesday, December through June.

Reunions

Continued from page 13

remained in Cape. Many of my closest friends are still nearby. Even if my friends left town, many would return to see their parents or just to get back home.

Since our last reunion in 2009, we have lost far too many classmates. Funerals and wakes have been the place where I would catch up with old friends. I did not like this. My new motto became, "Let's not wait for the wake!" I was determined to try and keep in touch with people outside of the funeral setting. I don't want to only see my old friends at wakes.

This year's reunion will be different. We are combining forces with the classes of 1977, 1978, 1980 and 1981. Mark Brown, class of 1978, has been instrumental in helping to locate the class of 1978. Betsy Johnson, class of 1979 has been building our database so we can reach out and spread the word.

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Have something to sell?
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Cape Challenge 5k set for June 2

The Cape Challenge 5k, which is sponsored by Spectrum Healthcare, Two Lights Dental, KR Builders and many other generous local sponsors, is a signature community event set for Sunday, June 2. It draws upwards of 400 runners to the 5K Race series, including students, 12 and under, to the 1-Mile Dash and a Kids' Fun Run for children 8 and under. This event is a collaborative effort of the Pond Cove Parent's Association, the CEMS and CEHS Parent Association and the proceeds from this fundraiser, and accompanying raffle earnings, provide critical support to students and teachers of all three of Cape's schools!

runinarace.com/CapeChallenge/ or race day at Cape Elizabeth Middle School for \$25 for the 5k and \$15 for the 1-mile dash. No advance registration is required for the Kids Fun Run. Logo t-shirts will be available for pre-purchase on or before May 27 and during packet pickup on Saturday, June 1 from 4-6 p.m. in the Pond Cove / CEMS Cafetorium. Sign up to volunteer for this event at the Cape Challenge 5K/1-Mile Volunteer page at www.signup.com. Please contact race co-chairs: Cristen Murray, cristenmurray@gmail.com, and Allison McLaughlin, amclaughlin11@gmail.com, for more details or questions. Residents should also note that Scott Dyer Road will be closed to auto traffic from 9:30 -10:00 a.m. on Sunday, June 2 due to the race.

Online registration and print/mail registration forms for the 5k race (\$20) and 1-mile dash (\$12) are available via https://www.

I am hoping this story will motivate people in town to reach out and plan to attend this special get together of old Capers.

Our multi-year reunion will be held Saturday, August 10 at Purpooduck from 6 p.m. – midnight. The band will be Level 7. Tickets are \$50 per person and will include heavy appetizers, desserts and Italian sandwiches.

For more information you can contact Susan Garrity at 207-329-3554. Checks can be mailed to Susan Garrity/Class of 1979, 193 Ocean House Road, Cape Elizabeth, ME 04107.

I would also like to somehow remember and honor our classmates who have passed. We have lost so many and I would appreciate suggestions on how to recognize them.



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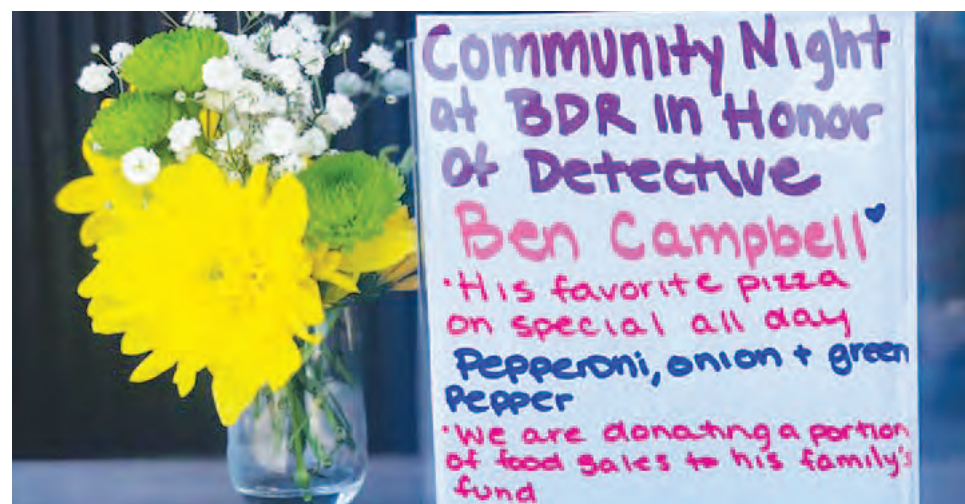




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Funds raised for Trooper's family



Contributed photo

On a recent Monday community night at Bird Dog Roadhouse, \$500 was raised for Trooper Ben Campbell's family. Trooper Campbell died on April 3 after being struck by a tire that had separated from the wheel of a logging truck. He had been attending to a disabled vehicle on Interstate 95.

GrandyOats Wins Second softi™ Award

GrandyOats, a pioneering organic granola and snack maker has just become a two-time Specialty Food Association softi™ award winner. The company's Turmeric Ginger Cashews, a spicy and subtly sweet roasted cashew snack, recently took a second softi™ for the company. Last year GrandyOats won its first softi™ award for Coffee Crunch Coconola, a line extension on its Coconola Grain-Free granola line.



Contributed photo

GrandyOats Turmeric Ginger Cashews

"What started as a grandiose idea has turned into 40 years of product innovation," says Aaron Anker, Cape Elizabeth resident and GrandyOats Co-Owner and VP of Marketing and Sales. "We're excited to continue spicing up the snack category with our Turmeric Ginger Cashews."

Made in small batches by 'Real Granolas' at GrandyOats solar-powered bakery, these roasted cashews are organic, vegan, gluten-

free, paleo, oil-free, kosher and non-GMO. Available in bulk sections across the country, GrandyOats hopes that this softi™ award winning product will help encourage more bulk purchases. GrandyOats has been a leader in bulk since their founding in 1979.

Courier warms up in the Bahamas



Contributed photo

Pictured holding the Courier in Eleuthera, Bahamas is Pond Cove fourth grader Ella Boyer. Also pictured are Grace (with the conch shell) and Michelle and Mark Boyer.

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