New intersection plans under consideration

By Elizabeth Brogan

The Cape Courier

The Maine Department of Transportation's new plans for a signalized and rede- signed intersection at Route 77, Scott Dyer Road and Shore Road were unveiled at a public meeting held Sept. 30 at Town Hall. The plans are the culmination of a lengthy process going back to 2003, when a traffic-engineering study performed by Wilbur Smith Associates on behalf of the town found excessive traffic backups on Shore and Scott Dyer roads during peak hours and over four-hour and eight-hour periods. The findings were considered three "signal- ization wars," and later test failures of the intersection based on national stan- dards, according to Town Planner Maureen Livada.

Editor's note: The Town Council candidates were given three questions and asked to limit their answers to 200 words per question. Candidates are listed in alphabetical order.

1. What do you believe Cape Elizabeth’s priorities should be at this time?

Livada: Cape Elizabeth must take a common sense, business approach to address the needs and wants of the town to be able to operate efficiently in a period of economic stress facing the community. We must take a hard look at the $30 million dollar budget and try to see where we can continue to operate the services without any dramatic changes. I believe if we form a committee to oversee the bidding process on the major expenses the town incurs in this competitive environment, we will find that perhaps we can enhance our services and actually save some money.

It is important to continue the wonderful hard work that our private sector has done to raise the funds to build Han- naford Field and improve the recreational facilities. Cape Elizabeth has some of the brightest and most resource- ful citizens of any community and I would hope to encour- age them to come to the forefront and do their share to keep our town the greatest place to live.

Suffield: I bring to the School Board a sense of responsibility and a commit- ment to do what is best for the students, faculty and administration of our schools and the taxpayers of Cape Elizabeth. Cape Elizabeth residents are at a critical crossroad with regard to funding our schools. I have the skills that are necessary to build a reasonable consensus in our community: in particular, the ability to listen, to respect divergent opinions, and to work toward effective compromise.

My professional experience is diverse: a career in public relations has taken me from Cape Elizabeth to the legislature, the press, the bar, and the rest of public policy. I want to thank the people of Cape Elizabeth for allowing me to serve on the council.

The Cape Courier

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Editor’s note: Cape Elizabeth’s five School Board candidates were given three questions and asked to limit each of their an- swers to 200 words per question. Candidates are listed in alphabetical order for each race.

1. What makes you the best candidate for the School Board?

Three-year seat:

Kathy Ray: I have been on the school board for five years and feel I have taken the time to listen and learn about the schools’ needs while also being fiscally responsible to the citizens who voted for me.

Fred Sturtevant: Cape residents are looking for a fresh approach with regard to the School Board, someone with new ideas. I bring those new ideas and a different per- spective. I come to this candidacy as a new- comer, ready to roll up my sleeves and get to work.

I have 20 years of career experience in information technology, including five years in the South Port- land School System. I will leverage that experience to provide the board with a greater knowledge of where technology is head- ed, where the Cape schools need to invest in technology, and where they do not.

In my career I have many opportunities to work as part of a team, in leadership roles, and as a contributing member of the team. This will benefit me as a member of the School Board, as there will be times when I will need to lead, as well as when I will need to be an active participant.

I bring to the School Board a sense of commitment, a keen interest and excitement, technical knowledge, school-related work experience, and a common sense approach to problem solving. Above all, I bring a strong belief in fiscal responsibility and a commit- ment to doing what is best for the students, faculty and administration of our schools and the taxpayers of Cape Elizabeth.

Mary Townsend: Cape Elizabeth resi- dents are at a critical crossroad with regard to educating their children. We have some of the best school buildings, technology, and where they do not.

A second important priority is

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Mary Townsend: Cape Elizabeth resi- dents are at a critical crossroad with regard to educating their children. We have some of the best school buildings, technology, and where they do not.
Sherman: ‘dedicated, loyal and fair-minded’

We are writing in support of Dave Sherman for election to the Cape Elizabeth Town Council. We are fortunate to have a candidate with Dave’s character, intellect, and vision. For the past 10 years Dave has understood the need for change and wants to challenge the Town Council to see things in new ways, while preserving the basic qualities we all love about our town. He has a strong commitment to Cape Elizabeth and is dedicated to finding a way to preserve the quality of our children’s education.

Dave’s experience, as chair of the Planning Board and president of the Cape Elizabeth Education Foundation (CEFEE), has given him a unique insight in understanding what will develop a governmental/commercial interest. Joan has shown himself to be objective, honest and fair in the many challenges he faced in these positions. As president of CEEF Dave fostered thinking and legislation to the organization. His vision and drive helped CEEF become an important part of our community.

Dave is a proven leader who will bring a fresh voice, creative ideas, and a practical approach to problem-solving to the Town Council. We cannot think of a more dedicated, loyal and fair-minded person to represent the citizens of Cape Elizabeth. We hope you will join us in supporting Dave Sherman on Nov. 4, 2008.

Mark and Karen Hare

Zajkowski: ‘the kind of person our council needs’

I am writing in support of Dr. Mark Zajkowski for Town Council in our upcoming election. I have worked alongside Mark in our private oral and maxillofacial surgery practice, and am convinced that he is the kind of person our council needs. Mark has shown a record of wide accomplishment in multiple professional associations that have prepared him well for this position. Mark has the unique ability to look at issues from many sides, digest relevant information, and work with all parties to come to a mutually beneficial outcome.

He is unfailingly polite, even to those who may disagree with him, and truly a consensus builder.

“Tzaz” as we call him in the office, is a steadfast supporter of our school system, and with his children both in Pond Cove Elementary, understands how vital our schools are to our future as well as our property values. His wife has dedicated her time to our schools, serving as co-president of the Pond Cove Parent Association. I have watched their family come to love our town, and know that they will want the best for all of us.

If you want our town council to support our schools, blend responsible development with preservation of the traditional small town feel, and maintain the high standards that Cape Elizabeth stands for, please join me in voting for Mark No. 4.

Dr. David J. Moyer

Townsend: ‘calm, collaborative style’

I have known Mary Townsend for the last 10 years. I am writing to support her campaign for election to the school board. I have always admired Mary’s commitment to our community efforts. She feels strongly about personal duty and giving back to our community. When thinking about Mary’s positive traits, the words patience, caring, and strong leadership come to mind. She is the first to acknowledge the opposition’s view on any issue. In our current budget cuts, a school board member’s collaborative style would be a welcomed asset to the school board. Please consider Mary Townsend when you vote Nov. 4.

Laura McGrath

Sullivan ‘will bring unique perspective and experience’

I am writing to urge voters to elect Jessica Sullivan for the 13th District on November 4th, Jessica is intelligent, articulate, capable and friendly. She has a background in health care, small business, and is an active volunteer at Mercy Hospital.

Jessica will bring some unique perspectives and experiences to her service in Augusta. She’s a fifth generation Cape and comes from hard working farmers. During her husband’s military years, she lived in various parts of the United States, and in Europe, before returning home. She has the time, energy and dedication to serve her community. Jessica will work hard for us.

She will make an outstanding State Representative for Cape Elizabeth. Vote for Jessica Sullivan on Nov. 4.

Sheila Murphy

Zajkowski ‘has the qualifications and qualities of character needed’

It is with great enthusiasm that I write a letter of support for Mark Zajkowski in his quest to become a Town Councilor.

I have known Mark for more than ten years, having personally met him as a colleague in my profession of oral and maxillofacial surgery. While we primarily share a similar perspective on issues, at times we have not agreed. It is in those situations where I have learned to appreciate Mark’s ability to actively listen, eloquently share his concerns, and work together to reach a mutually satisfactory solution. His ability to compromise for the better common good is admirable.

Mark has done an outstanding job representing our state society of oral and maxillofacial surgeons at the national level. He has made it his habit to thoroughly inform our society of pertinent issues in advance so his voice will reflect the wishes of our society members at large. His position as past president of the Maine Dental Association further assists him in his competency as a potential member of the Town Council.

It is clear to me that Mark Zajkowski has the qualifications and qualities of character to assist us all as a Town Councillor. I believe he will bring great character and strong leadership to the council, keeping this great community on track. I encourage all residents to offer their support for him.

Robert Schaefer

NEXT ISSUE
Saturday, November 1

DEADLINE
 Noon Tuesday, October 21

SUBSCRIPTIONS:
$18 per year in Maine
$25 per year out of state
$15 student (9 months) + $12 half year

Name:
Address:

Amount enclosed: $__

MAIL TO:
The Cape Courier
P.O. Box 6242
Cape Elizabeth, ME 04047

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Cape Elizabeth/Maine 04047

OUR MISSION STATEMENT
The mission of The Cape Courier is to foster a sense of community by presenting news specific to Cape Elizabeth or its residents and whenever possible to promote volunteerism within our community.

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To contact us for general information or classified ads, e-mail us at info@capecourier.com or call our office at 207-767-5023.

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To submit letters or general news items, contact the editor at editor@capecourier.com.

To submit items for Neighborhood/Busines Nighborhood/Schools/Religion/Sports, contact the associate editor at associateeditor@capecourier.com.

LETTER & SUBMISSION POLICY
We welcome letters to the editor. Letters should be no more than 250 words and may be edited. We reserve the right to reject letters and we will not withdraw names. Letters to the editor reflect the opinion of the writer and not the view of The Cape Courier.

We invite submissions, but reserve the right to edit accepted submissions. Publication of submission is at the discretion of the editors.
Townsend an ‘ideal candidate’

I am writing in support of Mary Townsend’s candidacy for the Cape Elizabeth School Board. I have had the privilege of working with Mary recently, and I can confidently say her extraordinary work ethic and approachability make her the ideal candidate.

In addition to being extremely open-minded, Mary actively solicits opinions from many community members. Mary is a consensus builder; whether working with high school students, parents or senior citizens, she has a genuine interest in our community. What I am most impressed with about Mary is her ability to see the bigger picture; the willingness to always ask whether or not a certain proposed measure is beneficial to our community.

Mary Townsend possesses a great vision of investing in our schools while understanding what is economically feasible for Cape Elizabeth. She has innovative ideas to improve the business of education in these economically trying times. There is no one more dedicated to the welfare of our youngest citizens’ education than Mary Townsend. I urge you in joining me to vote for Mary Townsend for the Cape Elizabeth School Board.

Anna Tranfaglia

Zajkowski ‘uniquely qualified’

I am proud to voice my strong support for Mark Zajkowski for Town Council. Mark Zajkowski is uniquely qualified to balance the competing interests that our town currently faces. As a parent of two young kids in the school system, he is a strong supporter of giving our schools the financial support they need to help Cape Elizabeth students continue to succeed.

Over the years, I have gotten to know Mark both professionally and personally. While Mark was President of the Maine Dental Association (and I was in state government), I worked with him on several thorny public policy issues affecting dental health in Maine. On each, Mark analyzed the issue and its intricacies swiftly but thoughtfully, solicited input from others, communicated his views eloquently and then worked collaboratively with colleagues to reach the best possible solution.

On a personal level, I have had the pleasure of being Mark’s friend and neighbor for almost ten years. “Dr. Z” is among the friendliest, most approachable people I know, and he consistently values listening more than he does talking.

I am confident that Mark will put his skills to work for all of us as a member of the Town Council, and I urge voters in Cape Elizabeth to cast a vote for Mark Zajkowski on Nov. 4.

Mike Mahoney

Broad Cove resident wants policing of traffic left to police

I have resided in Broad Cove for over 33 years and to those extremely apprehensive matrons who have moved to this area in recent years, I should like to advise them that Broad Cove roads are not country lanes where one can meander leisurely across them.

Salt Spray Lane is the only access road into the neighborhood and the only one for all residents. I have never known of any fatalities involving children or pets as a direct result of any persons young or elderly who live and drive here.

I wonder if you have radar or stop watches to determine the speed accurately of all vehicles.

Your continual harassment of my granddaughter is wearing thin and I am documenting each time this happens for my attorney to peruse.

When you and your youngsters and pets are on the road, although you have the option of your backyard, it is up to you as a parent to exercise caution as well as any driver.

To constantly “yell” at my granddaughter and at times at me, as a passenger, to accommodate you is indicative of a serious lack of restraint.

I deplore the advent of any persons who feel it necessary to police our community. We have the police for that. Whatever did we do before you arrived...

Irma Rice

Customer Appreciation & Day-Long Celebration of Our Store’s Fifth Anniversary

Please Join Us!
Wednesday, October 22
Champagne Reception from 4 pm-8 pm
Meet Our Local and Area Artists and Businesses
Food, Festivities and Hourly Drawings

Hosted by Ann Perrino, Julie Ciraldo, Virginia Hanson, Lisa Harrington and Katie MacColl

You’re Invited

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Sullivan: ‘knowledge and experience’

As a native Mainer, I am writing today to urge citizens of Cape Elizabeth to vote for Jessica Sullivan for State Representative of Cape Elizabeth and Maine.

I have had the pleasure of meeting and talking with Jessica for over 14 years, and believe that she is the kind of state representative we need in Augusta.

Vote for Jessica Sullivan on Nov. 4.

Tom Dunham

Zajkowski for ‘efficient management’

I am writing in support of Dr. Mark Zajkowski in the upcoming Town Council elections.

As a surgeon, Mark is disciplined yet caring. As the manager of his practice, Mark understands the need to be efficient and fiscally responsible when running a business. As a person, Mark is a family man and strong supporter of our community who is kind, friendly, outgoing and an excellent good listener.

These are traits that will serve him and the people of our town well. Mark recognizes and is sensitive to those members of our community who are living on low and/or fixed incomes. As such, he will work to promote the efficient management of our town’s infrastructure while at the same time working to broaden the tax base by promoting limited business development in the town center. Furthermore, he values the open spaces and parks of our community and will work to protect the beautiful environment in which we all live.

Mark has given freely of himself in many volunteer capacities and is again offering to give of himself as one of our elected representatives to the Town Council. Please join me in supporting this most capable individual.

Bill Boeschoten

Sherman would be a ‘thoughtful, rational voice on the council’

I am writing in support of Dave Sherman’s candidacy for Town Council. I have known Dave for over 14 years and believe he would make an exceptional town councilor.

A very intelligent, caring person, Dave would be a thoughtful, rational voice on the council committed to making well-informed decisions. As a town councilor, he would actively listen to the concerns of different segments of the Cape Elizabeth population.

Dave’s family moved to Cape Elizabeth when he was 16, and then, after college and the start of his career as a lawyer, he returned in 1993 and now he and his wife have three sons in the school system. He cares deeply about the community, having served on the Planning Board for six years, including two as chairperson, and as a board member and president of the Cape Elizabeth Education Foundation. Dave has also been on the board of the Boys and Girls Club of Greater Portland.

We trust Mark to bring a balanced and intelligent approach to solving the challenges Cape Elizabeth will be facing. Join us in voting for Mark Zajkowski for Town Council.

Jim and Chris Newton

Townsend will find ‘common ground’

Our town is at a crossroad, facing tough decisions about the direction to take with regard to our schools. We have acute and long-term budget issues to tackle head-on. At the same time, we have to make clear-headed choices as to what constitutes the best curriculum we can offer our kids to prepare them for 21st century jobs and global problems.

We’re lucky in Cape Elizabeth that a number of our fine community members have stepped forward to run for School Board, especially as we stand at this challenging crossroad. However, I believe Mary Townsend is the right person at the right time to help us agree on the right direction to take our schools.

I believe Mary, with her well-honed communications and analytical skills will be able to put her finger on the pulse of what a broad range of constituents want and support for our schools. She will engage a true cross section of our town, school faculty and administration, fellow board members, and town leaders in meaningful and productive discussions of our school budget and curriculum development across the grades. She will listen well to all voices, and then synthesize the ideas and concerns she’s heard into actionable plans that will move us more closely to our vision of what our schools can be, in a way we can afford. She’ll work with us all to find common ground on which to build.

Please join me in voting for Mary Townsend for School Board on Nov. 4.

Tricia Wasserman

Zajkowski: ‘a balanced and intelligent approach’

Please join us in supporting Mark Zajkowski for Town Council this Nov. 4. Mark will bring to the Town Council thoughtful, intelligence and great listening skills.

These are going to be challenging times for our nation, our state and certainly our community. We are going to need leaders with vision, discipline and the ability to make the hard decisions that are going to be required. Mark Zajkowski has these qualities in abundance.

We have known Mark for over five years and have had the opportunity to get to know him personally, and to observe him with others. One of the first things you notice about Mark is that he is a careful and respectful listener. Given the many challenges that will be facing us and the conflicting demands on limited resources, we’re going to need leaders who truly listen.

Even though our children are no longer in school, we are in complete agreement with Mark that Cape schools have been shortchanged for too long. The health of a community is best measured by the quality of its schools. When a community skimps on its schools, it not only jeopardizes the education of its children; it directly and negatively impacts property values. Our property values are going to be under enough pressure in this economy without adding a slowly deteriorating school system.

We trust Mark to bring a balanced and intelligent approach to solving the challenges Cape Elizabeth will be facing.

Join us in voting for Mark Zajkowski for Town Council.

Allene Cooley
Fall Heavy-Item Pickup: Oct. 20-Nov. 3

Cape Elizabeth’s Public Works Department Fall Heavy-Item Pickup begins soon.

No fees, for items usually requiring such, will be charged to residents from Oct. 20 to Nov. 8. Fees will be charged for contractor-generated material brought to the facility.

The Fall Heavy-Item Pickup is intended for bulky items only, such as large furniture, wood waste, brush and limbs.

“The idea is collecting items that folks would not be able to transport to the Recycling Center on their own,” said Public Works Director Rob Bauman.

Rubbish and other items destined for the Recycling Center hopper will not be collected. Residents should also be sure to separate items with a white line from the rest of the pickup and keep Public Works crews on schedule.

If you have any questions regarding this schedule or the area in which you are located, please call the Public Works office at 799-4151 or e-mail us at al.ward@capeelizabeth.org.

Monday, Oct. 20

Area 1
Ocean House Road, south of Fowler Road, Old Ocean House Road; including East End, Westfield Shingle Acres, Pond View Drive, Wentworth Road, Dean Way, Broad Cove area, Two Lights, Kettle Cove Road and Crescent View area.

Area 2
Mitchell Road and all side roads leading off it. Chambers and Oakwood roads, Ocean House Road, north of Mitchell Road to the South Portland Line, including Waterhouse and State Avenue area. Spurwink Avenue and all of its side roads to Wells Road. Sawyer Road, Wells Road, Cross Hill and Eastman Road. All materials must be placed at the edge of the curb prior to 7 a.m. on the 20th.

Thursday, Oct. 23

Area 3
Ocean House Road, south of Mitchell Road to Fowler Road. Clinton Road, Fox Hill Road, Scott Dyer Road; including Elizabeth Park, Brentwood and Wainwright Drive. Spurwink Avenue, south of Wells Road (Recycling Center end). Fowler Road and all side roads leading off it. All materials must be placed on the edge of the curb prior to 7 a.m. on the 23rd.

Wednesday, Oct. 29

Area 4
Ocean House Road, south of Mitchell Road to the South Portland Line, including Waterhouse and State Avenue area. Spurwink Avenue and all of its side roads to Wells Road. Sawyer Road, Wells Road, Cross Hill and Eastman Road. All materials must be placed on the edge of the curb prior to 7 a.m. on the 29th.

Monday, Nov. 4

Area 4
Shore Road and all side roads leading off it; including the neighborhoods of Delano Park, Cape Cottage, Oakhurst and Mountain View Park. Cottage Farms, Cliff Avenue, Stone Drive and Woodland Road are also included in this area. All materials must be placed at the edge of the curb prior to 7 a.m. on the 4th.

If you have any questions regarding this schedule or the area in which you are located, please call our Public Works offices at 799-4151 or e-mail us at cepwd@capeelizabeth.org.

Revised Heavy-Item Pickup Rules and Regulations:
1. Household refuse or other items normally deposited in the Transfer Station hopper will not be picked up. Residents must bring their normal household refuse directly to the Recycling Center.
2. This pickup is intended for bulky items, such as large furniture, wood waste, brush and limbs. MAKE SURE THAT DISSIMILAR ITEMS ARE NOT STACKED ON TOP OF EACH OTHER!! Separating items along the curb facilitates the removal of materials and keeps us on schedule!
3. No disposal fees, for items requiring such, will be charged to residents, from Oct. 20th to November 8th. Fees will still be charged for contractor-generated material brought to the facility.
4. Each household is limited to one dump truck load, which measures approximately 10′ x 7′ x 4′. No community piles. Homeowners must have the materials out at the requested date and time to ensure an orderly and efficient collection. Crews will not return to areas once they have been completed.
5. All materials, including brush and limbs, shall be placed on the curb or edge of pavement. Equipment cannot back into driveways or onto lawns to retrieve materials. Stumps of any kind or size will not be accepted.
6. Leaves and yard waste must be bagged and placed in compostable leaf and lawn bags. Plastic bags containing yard waste will not be picked up. The town does not provide compostable bags to residents. Compostable bags are sold at several local hardware and department stores.
7. Collections will be made on privately-maintained roads within approved subdivisions only. The Public Works director will determine if the roads are sufficiently wide for equipment to operate on and retrieve materials.
8. Wood waste, demolition materials, and building materials generated by private contractors will not be picked up. Materials generated from new-home construction and associated site work will also not be picked up.
9. No fiberglass items, cans of paint, herbicides, pesticides, petroleum products, microwaves, computers and/or monitors, televisions, fluorescent lamps, pressure-treated wood or hazardous and/or universal wastes will be collected.
10. Fifty-five gallon drums, automotive fuel tanks, gasoline containers, propane tanks will not be picked up. All white goods will also be collected.

Winnick Woods dedicated Sept. 25

The former owners and donors of the land encompassing the Winnick Woods trail system were on hand Sept. 25, 2008, for the dedication of Winnick Woods. Located off Sawyer Road.

Mrs. Alice Larrea, along with her father, Louis Winnick, and her spouses joined town councilors and members of the Conservation Commission for the dedication of the Winnick Woods trail system. The culmination of years of planning and dedicated volunteer efforts.

Here is the text of remarks made by Mary Ann Lynch, Town Council chairman:

In the late 1990s Alice Larrea donated this parcel of land, more than 70 acres to Cape Elizabeth, for the purpose of passive recreation like bird watching and hiking. She asked that the land be known as “Winnick Woods” in honor of her family.

Since then, the Conservation Commission, the Town planner, Maureen O’Meara, and many other volunteers have worked diligently to make Mrs. Larrea’s dream a reality. First the Commission and Maureen worked to develop a Master Plan, which was approved by the Council in 2006. All involved worked hard to balance the need to protect sensitive wetlands and wildlife habitat with public access and use. The Plan was recognized statewide by the Maine Association of Planners as the “Plan of the Year.” The Commission has also worked with the U.S. Fish and Wildlife Service to maintain habitat for the New England cottontail rabbit, whose habitat is approval of the Plan the Conservation Commission, all volunteers themselves, worked with other volunteers to construct many bridges and boardwalks necessary to make the trails navigable and to protect the environment. Also the 2007 CEMS community project was on the trail’s classes of 8th graders cleaned up along the trail.

I’d like to take a minute and reflect on what a great community effort this has been. In a year with three school budget votes and a lot of talk of “us vs. them” this project exemplified all of us working together. Middle-Schoolers, retired folks, community volunteers, and town employees all worked together to make this a reality. So today let us celebrate a true community wide effort in making Mrs. Larrea’s vision a reality.

This is a tremendous gift to the community. On behalf of the people of Cape Elizabeth I’d like to express a heartfelt thanks to Mrs. Larrea for her amazing vision and generosity. And I’d also like to thank all the people who worked to make Mrs. Larrea’s vision a reality. Thank you.

--from the town Web site www.capeelizabeth.com

Officiating at the ribbon-cutting at Winnick Woods Sept. 25 were, center holding ribbon, Alice Larrea, donor of the property, with Town Council Chairman Mary Ann Lynch to her left; and, Conservation Commission Chairman Dick Bauman. To Mrs. Larrea’s right is Glynis O’Meara, daughter of Town Planner Maureen O’Meara. In the background are Louis Winnick, who owned and farmed the property with his wife Elaine, also pictured, and Carol Hans, Conservation Commission member.
Townsend ‘is a team player’

Mary Townsend’s candidacy for School Board Representative in Cape Elizabeth is a welcome development in this year’s local election. Those who followed the ’08/’09 school budget process know Mary as a tena-
cious advocate for our educational system.

As a longtime member of St. Alban’s Church, I’ve had the privilege of working with Mary during periods of growth and transition. Her tenure on the church’s ves-
try revealed an uncanny ability to identify gaps and implement solutions. One such gap existed in the area of youth education. The church was in need of a program that could respond to the unique yearnings of its mid-
dle school youth. Those involved knew this was no simple undertaking. We marveled at Mary’s determination to bring the idea to fruition.

Her vision for an adaptation of a program known as ‘J2A’ (Journey to Adulthood) earned parish-wide support. The program, now in its fourth year, is a vessel for youth development and fellowship. The qualities we seek in our school board representatives are exemplified in Mary’s contributions to J2A.

Mary Townsend is a team player. She is an organized, innovative thinker who keeps her eyes on the big picture. She’s also an as-
tusive observer of the economic downturn and cares about the impact it will have on our district. These attributes will serve her con-
istents well. Yet it’s her thoughtful pursuit of outstanding education for our children that is paramount in maintaining the standard for which our community is known.

Sue Raftice

Haley: ‘a thoughtful and unbiased thinker’

In this day and age of quick answers, it is always an important moment when you meet someone who epitomizes all those qualities of the thoughtful and unbiased thinker. Ruth Anne Haley, a person relatively new to our town, would add a new perspective to the discussion of how to best educate our children in tough economic times. Her ex-
tensive experience, and success, while serv-
ing on the school board in a much larger community would stimulate new approaches and ideas. She is a mother, wife, professional educator and dedicated hardworking fiscal conservative. In addition, her ability to ask the right questions to get to the bottom of an issue is a respected leadership quality which would enhance the Cape Elizabeth School Board and in turn the town of Cape Eliza-
abeth.

As a professional employed by Central Maine Community College, Ruth Anne re-
alizes the importance of a good education. She also realizes the responsibility of indi-
viduals who serve on a school board to bal-
ance the interest of all the citizens of a town. I believe she will help find creative ways to provide the best education systems possible with the belief that it doesn’t have to involve higher taxes.

I am an educator and a concerned tax payer, and I urge you to join me in writing in the name Ruth Anne Haley for the three-
year term.

Lynda Brearey

Dill: solving problems ‘across party lines’

Representative Cynthia Dill worked with both Democrats and Republicans in the 123rd legislative session to overhaul Maine’s tax system, and will continue to work in this re-
gard when she is reelected and returns next session.

Here in Cape Elizabeth in March of 2008, Cynthia organized and hosted a panel discus-
sion about tax reform held at the Town Hall. Panel members included: Rep. John Pioti, House Chair, Taxation Committee; Sen. Peter Mills, R-Somerset; Sen. Carl Turner, R-Cumberland; Anne Swift-Kayatta, Presi-
dent, Maine Municipal Association; Dana Connors, President, Maine State Chamber of Commerce; and Martha Freeman, Director, Maine State Planning Office. The Speaker of the Maine House of Representatives Glenn Cummings, also spoke to those in attendance and watching on TV.

The panel members and Cynthia agreed that there is a need to comprehensively re-
form our tax code to reduce income and capital gains tax rates, while broadening the sales tax base in order to obtain economic prosperity and reduce our tax burden.

Our country is better suited to serve by elected of-
ficials who put aside partisan bickering and work to solve problems across party lines. Cynthia Dill is such a person, and we should reelect her in November.

Tom Clarke

Sherman impresses with his ‘integrity’

Since I first met David Sherman 30 years ago, I was impressed by his integrity. He stood out then as a person who would always be sure of himself and comfortable with his decisions.

David returned to Cape Elizabeth after college and law school to raise his family here because of our quality of life. He be-
came active in the Boys Club, a proven lead-
er for the Cape Elizabeth Education Foun-
dation, and led the Planning Board through difficult decisions.

David is a thoughtful, wise listener, who does not rush to judgement. I take much pride in recommending Da-
vid Sherman for the Town Council. He will be a tremendous asset.

Judit M. Dooley

Sherman: ‘leadership and energy’

By electing David Sherman to the Cape Elizabeth Town Council on November 4th, we’ll be adding a reasonable, experienced voice to the group chosen to manage our town. As I think back on the last few years of debate within our town, it’s clear that the issues we face deserve an approach that’s equal parts pragmatic and creative. Having served with Dave on the Cape Elizabeth Ed-
ucation Foundation (CEEF), I’ve seen this approach first-hand through his hard-work, intelligence, and professional capabilities. With Dorie Barber, he successfully led the effort to raise $750,000 for the benefit of our schools, much of which has been used to fund initiatives that are paying meaningful dividends today. Without his leadership and energy, it’s hard to imagine how this effort would have succeeded. Dave is fiscally conservative and will de-
vote considerable time to the examination of how our town can achieve savings and ef-
ciciencies. While a strong proponent of our schools, he’s sensitive to our expanding tax rate and its burden on all the citizens of Cape Elizabeth. Dave is no stranger to our town – his family moved here in 1978 and he and his wife returned in 1993 to raise their sons. He’s committed an enormous amount of time for the benefit of not only Cape Eliza-
thed (Planning Board, CEEF, coach of youth soccer and baseball), but also surrounding charities (Boys and Girls Club of Greater Portland, Catherine Morrill Day Nursery). To each organization, he has given tirelessly and left them in better shape than before he arrived. In a town consisting of so many ca-
pable individuals, I cannot think of a person better suited to lead our community in such challenging times. Please join me in vot-
ing for Dave Sherman for Town Council on Nov. 4.

Mark Sawyer
Community garden is ‘put to bed’

By Judy Simonds and Nancy Miles

On Saturday, Oct. 4, members of the Cape Community Garden gathered to put their garden plots to bed for the winter. Included in this effort were the two plots designated to grow produce for the Plant-A-Row for the Hungry program. This project has been one of the features of the garden since 2003. The program is a nationwide people-helping-people program designed to assist in feeding the hungry in their own community. Launched in 1995 as a public service campaign, it was developed by the Garden Writers Association to encourage gardeners to grow a little extra and donate the produce to local soup kitchens and food banks that serve the homeless and hungry.

The Cape Community Garden participates in Plant-A-Row through the sponsorship of the University of Maine Cooperative Extension Master Gardeners. We are fortunate to be active in such an organization that helps provide food and services to Americans who suffer from hunger or the daily threat of hunger. In 2007, the total donations for Cumberland County were 12,208 pounds of fresh produce. This year, the Cape Community Garden donated 270 pounds of fresh vegetables. This year, the Cape Community Garden donated 270 pounds of fresh produce. This year, the Cape Community Garden donated 270 pounds of fresh produce. This year, the Cape Community Garden donated 270 pounds of fresh vegetables toward this effort. It’s always a challenge to try to beat our record of 503 pounds donated in 2005. For the Cape Community gardeners, the joy of giving to those less fortunate combines with the pleasure of raising organic food for our families along with the sharing of friendship and solving the inevitable gardening challenges.

Nearing the end of the gardening season, we are planning our annual potluck supper where problems are discussed such as the tomato blight, snails and grubs, weeds, and wondering whose plot will get a new family of the killdeer birds next spring. They have hatched three years in a row. From left to right in back are: Judy Simonds, Tzeana Gross, Ann Connellan, Steve Parthurst, Ashley Werbner-Collins, Beth Feeman, Rachel Stamieszkin, Mick Lary, Mary Murray Coleman, Nancy Miles and Lee Ann Layton. In front row: Ryan and Trevor Collins.
Town Council
Cont. from page 1
shared interests. At all levels of government, special interest groups increasingly tend to divide the world into “us” or “against us” factions. Going hand in hand with this tendency is a predisposition to attack opponents and question their motives. Our community does a better job than most at avoiding going down this path. If we are to continue with our higher level of civic discourse, we need to work hard to continue to balance priorities and to focus on our shared interests as a community.

Zajkowski: Cape Elizabeth has drawn families from all over the country for years because of the quality of life we enjoy and the high quality schools we offer. Supporting our schools and (school board budget requests) must be our top priority to not only preserve what generations have enjoyed before, but for current and future students as well. Our schools support our children’s future, preserve our property values, and maintain a level of excellence that demands investment to realize returns. If we arbitrarily set “caps” to what our schools can depend on, I fear that we are undermining the core of our town and sacrificing our future.

Cape also needs to balance reasonable commercial and residential development with preserving the unique small town character that we all love and enjoy. This includes reviewing the intersection at town center, creating a safe Shore Road path, and developing the town center to provide expansion of our tax base to help ease the burden on our homeowners.

I also believe that one of the most unique features of Cape Elizabeth is the access to open space that we enjoy. We must continue to work with the Land Trust to preserve and maintain access for all of our citizens to our natural resources.

2. How should the tension between rising taxes and school budgetary needs be resolved, looking forward?

Livada: Our school system is one of the greatest in the state if not the country. I know first hand because both my daughter and son went through our schools. Several years ago, I went back to school to obtain my teaching degree. I did my student teaching at Cape Elizabeth High School and later taught and coached in both the high school as well as the middle school. We have some extremely dedicated faculty and administrators. We also have an $18 million school budget which is an enormous amount of money for a town of 9,000. If we cannot continue to offer our children a top rate education for $18 million dollars a year something is radically wrong.

To remove tension between rising taxes and budgetary needs of the school we must take a look at the budgeted needs. If “only losers ride the bus” in high school maybe we can cut a few of the bus routes? If everyone drives to school maybe we should sell parking passes? Having taught in the schools I have seen first hand how much paper is being wasted and have realized that the copier machine is something the teachers fight over (provided they work). What is the cost to operate the copier machines? Let’s negotiate a better contract. Let’s negotiate a fuel contract. Let’s take a look at textbook contracts.

Let’s be competitive and efficient. $18 million will be enough.

The School Board has to look at expenditures and be realistic and prudent. We need a level of transparency for the community to see what our needs truly are. Do we need a salad bar or do we need a stove? Or do we need the private sector to come in and offer an alternative that may be more cost effective and offer a healthier meal?

Sherman: Over the past five years, every school budget hearing before the Town Council has reminded me of the movie “Groundhog Day.” The same scenario unfolds each spring. Educators, parents, and students make a strong case for increased spending. Many residents counter that taxes are too high. And the Town Council does its best to strike a balance, leaving many dissatisfied. By likening this event to a Hollywood movie, I don’t mean to diminish the convictions of those involved in the debate. It is my hope that in the not-so-distant future, we will not wake up like the hero in “Groundhog Day” to relive the same debate. We’re all for good schools and we’re all for managing taxes. So how can we reconcile the two?

First, we need a broad cross section of the community to get involved in these discussions as early as possible. If elected, I will call upon a variety of stakeholders to provide input regarding the school budget. For those who have an idea to improve efficiency or who claim that certain programs are unnecessary, I ask them to share their views with me or, better yet, the School Board. In my view, specific suggestions are more helpful than simply stating that the overall budget is “too high.” We have so many talented people in Cape, let’s come together earlier, engage with members of the School Board, and see if their proposed budget can be supported by a broad cross-section of our community before we reach the Town Council.

Second, I will encourage a more entrepreneurial approach to Fort Williams to increase revenues. Although the town rejected parking fees a few years ago, might we consider a summer jazz concert or relocating/expanding the gift shop? Is there a way to generate revenue from the tour buses? We should work hard to make the Fort self-sustaining by being more creative and forward-thinking.

Third, we have to examine every aspect of our town’s budget. Every last dollar spent on our schools has been scrutinized. Let’s do the same on the municipal side. We also need to examine our town’s debt level. From 1990 to 1994, our town’s debt hovered between $5,000,000 and $6,000,000. Now in 2008, it has risen to over $26,000,000, with annual principal and interest payments in excess of $2,700,000. Our school and town buildings have been renovated, our streets repaved, our sewers rehabilitated, and much equipment replaced or refurbished. We should consider reducing our debt by being mindful that every dollar we spend, whether it’s for our schools or our town’s infrastructure, affects our collective bottom line.

Fourth, to expand our commercial tax base, we have to consider amending our ordinance in ways that will encourage development in a responsible manner and in keeping with our town’s character.

Fifth, I will encourage civility and respect in this discussion. At the end of the day, families with children care about schools and our citizens’ tax burden. Residents without children are concerned about taxes and the next generation’s future. There’s a much common ground in our community, regardless of people’s age, family status, or income.

Sixth, please vote for me. I will explore new (and old) ideas to make this town better.

Swift-Kayatta: The tension arises from the dilemma of school funding in Cape Elizabeth. We spend less per student than several other comparable communities, yet Cape homeowners on average pay more taxes than homeowners in those same comparable communities. This dilemma exists because the state aid-to-education formula returns proportionally few tax dollars to Cape Elizabeth and because we also have little commercial tax base to lessen resident tax burden. As a result, those who say we should spend more on our schools have a case, and those who say we are taxed too much also have a case.

I have a different way to address this dilemma by supporting moderate real growth in school spending per student, while insisting on continued efficiencies as the school population drops. This focus on moderation in rising expenditures and on supporting the town’s existing economic base has helped our town maintain a school system that is both high performing and cost efficient, allowing us to avoid a mandated merger with a larger system. The current economy will require even more resourcefulness in maintaining this balance.

Zajkowski: I think we need to take a step back and remember that we all want the same things—quality of life and good schools. If we maintain these, all of our citizens benefit.

Unfortunately, we can’t expect the benefits of living in the 21st century by trying to stay in the 1950’s. While I strongly favor funding our schools to remain years ahead of our budget caps, I realize that a percentage of our citizens are living on fixed incomes. Like many of us, I am a small business owner and understand the need to balance our priorities and exercise fiscal constraint. I would like to find ways to fund the school budget and other priorities by realizing potential cost savings... -- Continued on next page
Candidates Night to be held in two parts, Oct. 20 and Oct. 22

Candidates Nights will be held on Monday Oct. 20 and Wednesday Oct. 22, both in the Town Hall Chambers from 7 to 9 p.m. The events will be hosted by the Cape Elizabeth High School advanced placement government class.

Candidates Night I, on Oct. 20, will feature candidates for the School Board and Town Council.

According to government teacher, Ted Jordan, candidates will be seated in the chambers with a student seated in the center, serving as moderator. Other students will help with questions. Beginning with School Board candidates, each candidate will have up to five minutes to give a brief introduction before the question period begins. Questioning of each set of candidates will continue for 45 minutes, with each candidate given two minutes to answer each question. At the end of each question period, the candidates will be given an opportunity to make closing statements.

Candidates Night II, on Oct. 22, will follow the same format for candidates for the Maine Legislature.

The events are open to the public and will also be televised on CETV, channel 3.

*Married with three children in our schools.
*A “can do” attitude.

Swift-Kayatta: First, I have the experience needed to do the job: nine years on our Council, with two as Chair; before that, Chair of the Board of Trustees of Thomas Memorial Library; and, before that, President of the Middle School Parents Association. I have also worked together with many Cape citizens on some of the organizations that serve our community: Rotary; the United Way Foundation; and Project Graduation.

Second, I have shown that I can do the work necessary to balance the important but competing demands on our community. As treasurer of Citizens United, I helped lead statewide efforts to defeat an initiative that would have slashed school funding and public safety services. At the same time, as town councilor, I have kept my word to restrain those spending increases that are not justified by either inflation or growth in demand for town services.

Finally, my commitment is to Cape Elizabeth as a whole and not to any one interest group. I will use my experience, my training, and my knowledge about the many needs of our town to offer a prudent and balanced stewardship of our remarkable resources: Fort Williams, our excellent schools, our Town Center, and a tradition of volunteerism.

Zajkowski: Our town council needs the voice of young families now more than ever. I have served in multiple leadership capacities over the past 9 years on a local, state and national level and taken lessons from every experience with me, most recently as President of the Maine Dental Association.

My surgical background has taught me that calmness, patience, understanding, as well as the willingness to listen often provide the background to building consensus. As a small business owner, I understand the need to have realistic budgets and adhere to them. I will always be honest and forthright with my positions on a number of issues. That will never change, and I won’t tell you what you want to hear just to get elected. Frankly, what you see is what you get with me.

Any of my neighbors can tell you that I’m approachable, easy to get along with, and not afraid to make a difficult decision. I will support our schools, prioritize the town’s needs to maintain our quality of life, and work with you to ensure our town remains the most desirable to live in all of Southern Maine. One of my greatest honors has been the ability to care for many of your families. I’d be honored again to serve you on our Town Council, and ask for your support on Nov. 4.
Noyes, Hall & Allen CELT Challenge Triathlon and Duathlon, Cape results

Triathlon
425-yard swim, 14-mile bike, 3.1 mile run

**Men’s Individual Triathlon Results**

<table>
<thead>
<tr>
<th>Time</th>
<th>Place</th>
</tr>
</thead>
<tbody>
<tr>
<td>Paul Lemon</td>
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</tr>
<tr>
<td>Brian Livingston</td>
<td>1:14:40.11</td>
</tr>
<tr>
<td>Mark Fleming</td>
<td>1:23:41.45</td>
</tr>
<tr>
<td>Kurt Nielsen</td>
<td>1:23:56.78</td>
</tr>
<tr>
<td>Mike Takach</td>
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<tr>
<td>Alan DeGeorge</td>
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<tr>
<td>Marco Diaz</td>
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<tr>
<td>Tom Dolan</td>
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</tr>
<tr>
<td>Malcolm Toon</td>
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<tr>
<td>Michael Connolly</td>
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**Women’s Individual Triathlon Results**

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<tr>
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<th>Place</th>
</tr>
</thead>
<tbody>
<tr>
<td>Catharine Payson</td>
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<tr>
<td>Nikki Dresser</td>
<td>1:14:33.53</td>
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<tr>
<td>Stacy Camino</td>
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<tr>
<td>Sveflana Fischer</td>
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<tr>
<td>Sandra Livingston</td>
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<tr>
<td>Karen Stoughton</td>
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<tr>
<td>Elizabeth Hafner</td>
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<td>Sheila Grace</td>
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<tr>
<td>Anne O’Brien</td>
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<td>Abigail McIvor</td>
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<td>Joni Hewitt</td>
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<tr>
<td>Melissa Redman</td>
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<td>Collette Howe</td>
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<tr>
<td>Penny Armstrong</td>
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**Team Relay Triathlon Results**

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</thead>
<tbody>
<tr>
<td>Alina Perez-Smith</td>
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<tr>
<td>Carrie McGasker</td>
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<tr>
<td>Matt Botes</td>
<td>1:09:59.99</td>
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<tr>
<td>Evan Long</td>
<td>1:09:28.71</td>
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<tr>
<td>Gail Hillman</td>
<td>1:23:12.90</td>
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<td>Thomas Vaughan</td>
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<td>Pauline Dowe</td>
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<td>Claire Depke</td>
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<tr>
<td>Elizabeth Monaghan</td>
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**Men’s Individual Duathlon Results**

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</thead>
<tbody>
<tr>
<td>Duncan McAlister</td>
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**Women’s Individual Duathlon Results**

<table>
<thead>
<tr>
<th>Time</th>
<th>Place</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carol Vaughan</td>
<td>1:35:53.66</td>
</tr>
</tbody>
</table>

Please join us in voting for Dave Sherman for Town Council on November 4th!

**Triathlon Results**

**Time**

- **Men’s Individual**
- **Women’s Individual**
- **Team Relay**

**Duathlon Results**

**Time**

- **Men’s Individual**
- **Women’s Individual**
- **Team Relay**

The Noyes, Hall & Allen CELT Challenge Triathlon and Duathlon were held Sept. 28, despite stormy weather. Cape results, at left and above, are as received from CELT. At left, Paul Lemon rests.
World War I hand grenade meets demise at gravel pit, with help of Portland bomb squad

By Wendy Keeler

After resting peacefully for 90-plus years among other war memorabilia, a World War I hand grenade finally saw action in the last four and a half hours of its existence—in a gravel pit in Cape Elizabeth, where members of Portland’s bomb squad unit exploded it the afternoon of Tuesday, Oct. 7.

A Cape Elizabeth police officer in front of the Cape police station assists a bomb-suit-clad member of Portland’s bomb squad unit after the Portland officer removed a hand grenade from a Cape resident’s car using the pole located on the road behind them, on Oct. 7.

Public Safety Log

Reported by Debbie Batterworth

COMPLAINTS
9-15 A driver’s license was turned in by a resident in the Sawyer Road area regarding a dispute with the contractor and mediated a settlement agreeable to both parties.

9-16 An officer met with a resident in the Shore Acres area concerning a dog-bite complaint. The plaintiff and the defendant’s dog were both bitten. The offending dog’s owner is known. The complaint will be followed up by Animal Control.

9-17 An officer met with a teacher at CESM regarding a hit and run accident that occurred sometime during the day resulting in minor damage to a bicycle.

9-18 An officer spoke with a resident of the Scott Dyer Rd area regarding a burglary that may have occurred around the end of July. Missing from the residence were 3 ladies’ rings with a total value of $13,000.

9-18 An officer met with a resident who turned in drug paraphernalia. The items were supposed to be turned in to the Juvenile Court, but the plaintiff did not have transportation. The court was advised.

9-18 An officer met with a resident of Portland regarding a bicycle/parked car accident that occurred on 8-21-2008. The operator of the car opened the door closed as the bike was passing, causing an injury. The plaintiff wanted a report on file for documentation purposes.

9-19 An officer met with a resident in the Elizabeth Farms area regarding a burglary complaint. Missing from the residence were some checks.

9-20 An officer met with a resident in the Broad Cove area regarding a burglary complaint. The resident reported that items had been disturbed but nothing appeared to be missing from the residence.

9-20 An officer met with a resident of the Sparwick Avenue area regarding a domestic situation. He met with the 2 subjects involved and advised them of available options.

9-22 A resident called to inform the PD of an abandoned bicycle near a utility shed on Stonegate Road. The bicycle was retrieved and brought back to the PD.

9-22 An officer spoke with a resident of the Sawyer Road area disputing a parking ticket. The contractor made contact with the resident and mediated a settlement agreeable to both parties.

9-23 An officer met with a resident in the Broad Cove area concerning a dog-bite complaint. The plaintiff and the defendant’s dog were both bitten. The offending dog’s owner is known. The complaint will be followed up by Animal Control.

9-24 An officer met with a caretaker of a residence in the Ocean House Road area. He had located 2 plastic bags in the backyard that contained VHS tapes and a couple of VCRs. The owner of the property was later located.

9-25 A resident of the Shore Acres area called to report an unauthorized animal attacked & killed his car while the owner was away from home, between 7 and 10 a.m.

SUMMONSES
9-17 CE resident, failure to show insurance, $229
9-24 CE resident, failure to show insurance, unregistered vehicle, Route 77, $241
9-24 CE resident, failure to show insurance, unregistered vehicle, Scott Dyer Rd., $241
9-24 SP resident, speeding (33/25 zone) Scott Dyer Rd., $119
9-25 NH resident, unoccupied vehicle, Scott Dyer Rd., $122
9-25 CE resident, driving with expired license, Sparwick Ave., $337
9-26 SP resident, failure to produce insurance, Mitchell Rd., $171

JV SUMMONSES
9-19 2 CE residents, violation of interim license, Ocean House Rd.

ACCIDENTS
9-24 James Gibbons, John Gildik, accident on Route 77

FIRE CALLS
9-16 Angel Point Rd., grill fire
9-23 Pilot Point Rd., long-hauling wire
9-24 Ocean/Elm Ave., broken water pipe
9-25 Scott Dyer Rd., car fire
9-26 Scott Dyer Rd., elevator entrapment
9-29 Pleasant Ave., water problem

RESCUE CALLS
There were 19 runs to Maine Medical Center. There were 4 runs to Mercy Hospital.

Around noon that day, a Broad Cove resident drove the grenade, part of his father’s World War I memorabilia, to the Cape police station, to find out where he could dispose of the explosive. After looking at the grenade through the man’s car window, police called Portland’s bomb squad unit.

“In any instance like that, we don’t know the volatality of the device, so we call the bomb squad and let them deal with it,” Cape Elizabeth Police Chief Neil Williams said.

Robot

The bomb squad’s robot got the first peek at the grenade.

“The robot has a camera on it that can get in close, and there’s a TV in the van, so [unit members] can look at it that way,” Williams said. What they were looking for was that some unused “hand grenades have holes drilled in the bottom, indicating they’re safe,” said Williams. “But this one didn’t.”

Plan B

At this point, the bomb squad typically would have used the robot’s mechanical arm to pick up the explosive and drop it into a containment trailer. But the unit’s containment vehicle wasn’t available on Tuesday, Williams said, so we went to Plan B.”

“We got a Public Works truck with about a foot and half of sand throughout the bed and lay a bomb blanket on top of that. Then someone from Portland’s bomb squad suited up in a bomb suit and used a pole device that was able to pick up the grenade and put it into the truck,” said Williams, who drove the Public Works truck to “a safe place” in the town center, where the device was detonated by the bomb squad.

“They put a separate charge together with the grenade and they blew it up that way,” Williams said.

Was it a live grenade?

“We’ll never be able to tell,” Williams said. “It appeared that way, but once you blow it up, you blow it up. There was no reason to [examine it for] any criminal evidence. Some residents heard the explosion, which occurred around 4 p.m. Others only heard rumors, fueled by coincidence.

Coincidence

Although police evacuated Pond Cove Plaza offices closest to Jordan Way, where the man’s car was parked, school children were not evacuated—because of the concurrence of a couple of events made it appear that way. End-of-the-day school buses were moved away from Jordan Way. Around the same time, fourth-graders returning from a field trip to Old Fort Western in Augusta entered the fourth-grade wing with their backpacks from the Scott Dyer Road side, which led to confusion: Did they evacuate the kids, and then send them back inside?

At one point, a fire call came in, so volunteers fire fighters had to get to the fire station via the high school—the same route by which fire trucks had to leave to respond to the call. By 4:30 p.m., however, all was quiet.

Cape Elizabeth is lucky to get the kind of help it got on Tuesday from the bomb unit. Williams said later in the week.

“That’s one of the fortuitous things in our district,” Williams said. “We have very good mutual aid pact, and departments are always willing to come and help each other.”

Medication drop-off to be held Oct. 18

Cape citizens can help save the environment, prevent theft, and possibly save a life by packing up unwanted, unused, and outdated prescription and over-the-counter pills, ointments, and drops and delivering them in their original, labeled containers to the South Portland Community Center on Nelson Road between 10 a.m. and 2 p.m. on Saturday, Oct. 18.

The Medication Collection Project is the effort of the Cape Elizabeth and South Portland police departments, who are partnering with two community coalitions, South Portland Community Advocates for Social Action (SPCAS A) and Cape Elizabeth’s Healthy Opioid Outreach for Prevention and Educa tion (HOPE).

Keeping unneeded and outdated medications in homes increases possibilities of accidental poisonings, drug overdoses and theft. Unwanted prescription medications should never be flushed. Sewage treatment plants are not sophisticated enough to remove drugs from effluent, which means medications end up in Casco Bay. In addition to causing environmental harm to ground and surface water, traces of medications, from narcotics to hormones, have been found in birds’ eggs.

Medications suitable for drop-off range from controlled substances, including: ‘scheduled’ drugs such as narcotics and non-controlled prescription medications, both human and veterinary, to over-the-counter meds such as allergy products bought with out a prescription.

The state of Maine offers senior citizens a program called Safe Medication for Maine. For more information about the program call 1-866-637-9743 or visit www.safemed disposal.com. For more information about the drop-off, contact Cape Elizabeth Community Liaison Officer Mark Dorval at 776-3323 or HOPE member Pam Richards at 799-3804.
Old Blue wins an award!

Since Bill and Sheila Alexander of Mitchell Road rescued a 1952 Morgan Drophead Coupe from Claremont, Calif., where it had spent 30 years under a tarp, the car, which they call “Old Blue,” has seen some sights.

“Old Blue’s illuminated signals, which are raised by the driver to signal a turn. The show featured two marques—Morgan and Jaguar—and included more than 600 British cars from the U.S. and Canada. But the Alexanders are Morgan mavens, so next year they will be cheering when the Morgan Car Co. celebrates its 100th anniversary as the only car company in the world in continuous production that is still in the ownership of the original founders.

The win was popular with spectators, because Old Blue is so cute, and even the traffickers work!” said Sheila, about Baby Blue’s illuminated signals, which are raised by the driver to signal a turn.

Ann Veronica to celebrate five years with Oct. 22 open house, champagne reception

Ann Veronica owner Ann Perrino works with student apprentices Nate Dubuque and Chloe Brown, of Cape Elizabeth.

Ann Veronica will celebrate its fifth anniversary with a champagne reception and open house on Wednesday, Oct. 22, when store hours will be extended to 8 p.m. The all-day celebration will be held at the retail shop, located at 546 Shore Road.

The event will include “free drawings and special gifts throughout the day, followed by an evening champagne reception,” says Perrino, whose store features her own line of hand-printed canvas bags, clothing and accessories, the work of Maine jewelers and artists, and national apparel lines such as Fresh Produce Sportswear.

“I am grateful to this community for supporting not only my work but also the many Cape artists who sell here, our student apprentices and our staff,” she continues.

For more information about the anniversary celebration, call 767-8181.

What’s news in your neighborhood?

Having a neighborhood party? Has your spouse gotten a promotion at work? Kids put on a circus and invited the whole block? Tell us about it! Send your news to The Cape Courier, P.O. Box 6242, Cape Elizabeth 04107; use the drop box across from the tax office at Town Hall, 320 Ocean House Road; or, e-mail us at communityeditor@capecourier.com.
Inn by the Sea, which just completed a multi-million-dollar renovation, has hired Wells native Kevin Swanson as food and beverage manager. A graduate of the University of New Hampshire, Swanson served most recently as operations manager for Wolfgang Puck Catering in Los Angeles. He has trained and supervised more than 200 banquet butlers for the Hollywood & Highland Grand Ballroom and off-site events. He also worked with the Academy of Motion Picture Arts and Sciences, which produces the annual Academy Awards. Previously Swanson helped direct large-scale events for the Los Angeles Philharmonic, as well as working on PGA Golf tournaments, the Ryder Cup, and the Los Angeles Opera and the Los Angeles Music Center, the Los Angeles Philharmonic, as well as working on PGA Golf tournaments, the Ryder Cup, and U.S. Open tournaments all over the country.

One of Swanson’s first roles at the inn will be to help oversee “Gala by the Sea,” the final event of Portland’s inaugural wine festival, Harvest on the Harbor, a three-day celebration of Maine food and international wines scheduled Oct. 23 to 25. Inn by the Sea will host the festival’s closing black-tie, five-course gourmet dinner with wine pairings prepared by inn chef Mitchell Kaldrovich and two James Beard award winners, David Pasternack and Sam Pasternack.

Another of Swanson’s first roles at the inn is one of the first early childhood programs in the nation to earn accreditation from the National Association for the Education of Young Children (NAEYC) since the organization of early childhood professionals established a more rigorous accreditation process. NAEYC accreditation, along with a state of Maine quality rating certificate, allows parents of kids at the school to receive a double tax credit towards child care on their Maine state income tax.

To earn accreditation, Funny Farm went through an extensive self-study process, measuring the program and its services against the 10 new NAEYC early childhood program standards and more than 400 related accreditation criteria. The program received NAEYC accreditation after an on-site visit by NAEYC assessors to ensure that the program meets each of 10 program standards. NAEYC-accredited programs are also subject to unannounced visits during their accreditation, which lasts for five years.

Scott and Lisa Rockwell have owned and operated the school for the past 16 years.

Jonathan W. Bregan of Norman, Hanson & DeTroy has been selected for inclusion in the 2009 edition of The Best Lawyers in America in the specialty of personal injury litigation. Selection is based on a peer-review survey comprising confidential evaluations by attorneys across the country.

More Neighbors on page 32
Sherman: ‘well acquainted with needs’ of town

I am writing this letter in support of David Sherman for Town Council. David has spent most of his life in Cape Elizabeth, has served on the Planning Board for six years, and has headed up the Cape Elizabeth Education Foundation for 2 years. As a result, he is well acquainted with the needs and problems of our town. He is an attorney with a prominent law firm in Portland and would be able to lend some valuable legal expertise to the Council. I can assure you that David is a man of honor and integrity, and would be totally committed to his job as councilman.

I urge all Cape Elizabeth to vote for David Sherman in November.

Janet S. Houghton

Townsend ‘will serve the needs of our teachers, administrators and students’

We are fortunate to live in a community where we likely know those called to serve us further by running for public office. I am fortunate to know Mary Townsend who is running for the School Board. Shortly after having met Mary, she began the grassroots campaign which resulted in the approval of the long overdue high school renovations and allowed us to bring our kindergarten students back to the elementary school setting where they belong.

I was immediately impressed with her skills to organize concerned citizens, decipher and disseminate ideas and information all with a strategic and fair-minded approach. Her abilities empowered me to become more community minded and involved.

In the years since, Mary has continued to mobilize others and build consensus advocating for the betterment of our schools. In addition, she has served on the Vestry at St. Albans and built a dynamic middle school youth program there, again, advocating for the needs of our area youth.

As a member of the School Board, I know Mary will serve the needs of our teachers, administrators and students and will give all citizens the opportunity to engage in a positive forum to address the needs of education in Cape Elizabeth.

Please join me on Nov. 4 to elect Mary Townsend to serve on the School Board.

Jane Anderson

Re-elect
Cynthia Dill
for
Maine House of Representatives
Creative Solutions, Responsible Leadership

- Economy
  Endorses comprehensive tax system reform
- Energy
  Supports the exploration of alternative energy sources
- Education
  Sponsors legislation to exempt Cape schools from mandatory consolidation
- Environment
  Believes in the protection of Maine’s natural treasures

For more information:  www.cynthiadill.com

Paid for by Dill for House Seat #121, 1227 Shore Road, Cape Elizabeth, Maine 04107  Janet O'Toole, Treasurer

Tammaro Landscaping & Property Services, Inc.

Fall Clean-Up
Call 831-8535

- Full Yard Clean-Up
- Partial Yard Clean-Up
- Curb Side Clean-Up
Sullivan ‘understands business’

Sadly, as is so often the case, the legislators say one thing to their home town constituents, but do something else when they vote in Augusta. Cynthia Dill says that she wants to reduce taxes and she claims to be a friend of small business. But, Cynthia Dill voted for LD2377 – the beverage tax – voted for this near midnight, and without prior public hearings on April 15, 2008. The Maine Economic Research Institute (MERI) has just issued its ratings on the 123rd legislators, and Dill received a very weak rating of 18 (100 being the best, 0 the worst). MERI is a non-partisan, non-profit, independent institute that researches Maine’s economy. It bases 50 percent of its ratings on the legislator’s individual voting record, and 50 percent on survey responses concerning each legislator, from business lobbyists. MERI’s current chair and vice-chair are Democrats.

Jessica Sullivan is a licensed physical therapist who comes from a Cape farming family. She has helped her husband grow and manage a business that now employs 40 people. She understands business, she understands health care, and she understands hard work. We need legislators in Augusta who truly know what it means to “make payroll,” and to be responsible for the livelihoods of others. Jessica knows that cutting taxes, not raising them, is the key to improving our business climate and economy. I urge you all to vote for Jessica Sullivan on Nov. 4.

Jan Staples

Support candidates who ‘support Cape Elizabeth and its school system’

I urge all of you to support these candidates who support Cape Elizabeth and its school system. They are responsible and fiscally minded. This is especially needed with people losing their jobs, houses and financial security.

These candidates include: For Town Council Evan B. Livada and Anne E. Swift-Kayatta; for School Board (two-year term) Piotr Stameskzin; for School Board (three-year term) Katharine N. Ray and Ruth Anne Haley (write-in candidate) [please write in Mary]; for Chair and Vice-Chair, I am writing to express my support for Mary Townsend for School Board in the November election.

Why Mary? I met Mary at the Middle School playground the week that I moved to Cape Elizabeth. I was surrounded by strangers, and she was the first person to reach her hand out to introduce herself and welcome me to the community. I think that this one gesture points to three of Mary’s strengths that will serve her well as a School Board member: she is confident, she is concerned, and she is a communicator.

Mary and I have worked closely together on several school campaigns, and I am always astounded by her commitment and her competence. She is a tireless worker with exceptional organizational skills. In addition, she is a strong critical thinker who is able to come up with creative solutions to difficult problems. These skills will prove invaluable given the challenges that Cape Elizabeth schools face with regard to preparing our town’s children for the global world in a weak economic environment.

Finally, and most importantly, Mary is a consensus-builder. Just as she reached her hand out to me at the playground, she will reach her hand out to all members of our community to hear their concerns about our schools, and across the aisle to Town Council members in an effort to achieve a positive budget process. If I sound like a cheerleader for Mary, I am. Please join me in voting for her on Nov. 4.

David W. Freeman

Townsend is a ‘consensus-builder’

I am writing to express my support for Mary Townsend for School Board in the November election.

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Jan Staples

Citizens ‘incredibly luckily’ to have Swift-Kayatta

Citizens of Cape Elizabeth are incredibly lucky to have Anne Swift-Kayatta serve on our town council, and we should definitely vote to re-elect her this November.

Anne’s experience is very broad and diverse – Town Councilor since 1999; member of the Thomas Memorial Library Board of Trustees from 1996-1999; President, CE Middle School Parents Association, 1996-1998; classroom volunteer; and member of numerous town committees, including Library Building Study Committee, Comprehensive Plan Committee; Tax Cap Task Force; CE Schools Future Directions Planning Group; School Facilities Committee; and the Community Center Study Committee.

Anne was also elected from people all over the state to be Maine Municipal Association’s President in 2008; serves on the Board of United Way of Greater Portland Foundation and is a member of the Rotary Club of South Portland/Cape Elizabeth.

I admire Anne’s ability to balance the need for responsible taxation with her commitment to excellent municipal services and schools. Anne fought TABOR because it would wreak havoc on our community and served as the Treasurer of Citizens United to Protect our Public Safety, Schools and Communities from 2004-07; while at the same time resisted the pressure to increase municipal and school budgets beyond the reach of middle-income Cape residents.

Taking a thoughtful and firm stand on issues after careful review of all the facts is sometimes difficult, but Anne’s commitment to what is best for our town as a whole is undeniable. She is exceptionally professional, well prepared, extremely smart, quite funny and very warm-hearted. It is people like Anne that make Cape Elizabeth a fantastic place to live and raise a family.

It has been an honor serving alongside Anne Swift-Kayatta on the Town Council, and I strongly urge fellow Cape residents to join me in re-electing her on Nov. 4, 2008.

Cynthia Dill

Vote for the Democrats!

Barack Obama • Tom Allen • Chellie Pingree
Larry Bliss • Cynthia Dill • Jane Eberle • Richard Feeney

Back in February, Barack Obama took the Cape Elizabeth caucus by storm. The Democratic momentum and voter excitement has swept the nation over since. We need all Democrats, and similarly inclined independents and Republicans, to join us in getting out the vote. We need President Barack Obama and a working majority in Congress to put this country back together. Tom Allen’s Senate race is one of the most closely watched in the nation. He needs your support to enact effective policy on the economy, domestic energy, education, and health care. In our U.S. congressional race, Chellie Pingree needs your vote to take on entrenched lobbying interests in Washington, end corporate corruption, and put families first. Larry Bliss, a four-term State Representative from South Portland, will continue his good work in Augusta by replacing our great State Senator Lynn Bronmle with whom term is over. Happily, our two current State Representatives, Cynthia Dill and Jane Eberle are running for re-election. They will work hard to support the interests of all Cape Elizabeth residents by enacting much-needed tax reform and passing bills empowering energy initiatives, education, and small business. Re-elect Richard Feeney as our Cumberland County Commissioner so he can continue his efforts to improve efficiency and accessibility of our county government.

Join us in supporting our outstanding Democratic candidates on November 4th

Paid for by the Cape Elizabeth Democratic Committee.
Saturday, Oct. 18
Volleyball fund-raiser, 7:30-10:15 a.m., Applebees, South Portland
Book Discussion, “In the Language of God”, 8-9 a.m., St. Bartholomew Church, 8 Two Lights Road
Medication Collection, 10 a.m.-2 p.m., South Portland Community Center, Nelson Road, South Portland

Sunday, Oct. 19
Organ Concert, 7 p.m., Cape Elizabeth United Methodist Church, 280 Ocean House Road. Free, celebrating the church’s 150th anniversary

Monday, Oct. 20
School Board Wellness Committee, 3:15 p.m., Town Center Fire Station, Jordan Way
Candidate’s Night - Municipal, 7 p.m.-10 p.m., Town Hall chamber, 320 Ocean House Road

Tuesday, Oct. 21
Let’s Talk About Our Schools’ High School, 7:30 p.m. and 7:15 p.m., William H. Jordan Conference Room, Town Hall, 320 Ocean House Road
School Board Policy Committee, 12 p.m., William H. Jordan Conference Room, Town Hall, 320 Ocean House Road
Cool Cape Series, 7 p.m., Cape Elizabeth United Methodist Church, 280 Ocean House Road. Alternative energy plans in Cape Elizabeth and nearby towns
Planning Board meeting, 7 p.m., Town Hall chamber, 320 Ocean House Road
Lions Club membership drive and informational meeting, 6:15 p.m., Bowery Beach Schoolhouse, Two Lights and Wheeler roads

Wednesday, Oct. 22
School Board Finance Committee, 8 a.m., Superintendent’s Office, Town Hall, 320 Ocean House Road
Candidate’s Night - Legislative, 7 p.m.-10 p.m., Town Hall chamber, 320 Ocean House Road

Thursday, Oct. 23
School Board Emergency Preparedness Planning, 1 p.m.-4 p.m., Town Center Fire Station, Jordan Way
Recycling Committee, 7 p.m., Public Works, Cooper Drive
Book Discussion, “In the Language of God”, 8-9 a.m., St. Bartholomew Church, 8 Two Lights Road

Tuesday, Oct. 28
Zoning Board of Appeals, 7 p.m., Town Hall chamber, 320 Ocean House Road
School Board workshop, 7 p.m., High School library, 345 Ocean House Road

Wednesday, October 29
School Board Finance Committee, 8 a.m., Superintendent’s Office, Town Hall, 320 Ocean House Road
Shore Road Pathway Study Committee, 7 p.m., William H. Jordan Conference Room, Town Hall, 320 Ocean House Road

Thursday, October 30
School Board Personnel Committee, 8 a.m., William H. Jordan Conference Room, Town Hall, 320 Ocean House Road

Ongoing each week
All-Around, Newcomers’ meeting, 6:15 p.m., regular meeting 7:30 p.m., Thursday, at United Methodist Church, 280 Ocean House Road (Rt. 77). Regular meeting 7 p.m. Friday at St. Alban’s Episcopal Church, 885 Shore Road

Alcoholics Anonymous, 2 p.m. Saturday, First Congregational Church, 301 Cottage Rd., So. Portland, 7 p.m. Wednesday, St. Bartholomew Church, 8 Two Lights Rd.; 7 p.m. Friday, St. Alban’s Church, 885 Shore Road

Cape Elizabeth Historical Preservation Society, 9 a.m.-noon Thursday, except for holidays, storm days, Thomas Memorial Library, 6 Scott Dyer Rd. Volunteers assist with information searches. Public welcome. Meetings are first Monday of the month, 7:30 p.m., at the library.

Cape Elizabeth Lions Club, 6:39 p.m., Friday afternoon, Ten Pound Island (except July and August) at the Bowery Beach Schoolhouse, head of Two Lights Road. For more information about the Club, contact Kim Brooks, 767-2733, or Bruce Balfour, 799-4221.

Fire-Police meetings, 7 p.m. third Thursday of each month except July and August at the Cape Elizabeth Police Station, 325 Ocean House Road
Scrapbooking Sessions, 9 a.m.-4 p.m. first Saturday except July and August, Bowery Beach Schoolhouse, Two Lights and Wheeler roads. Cost is $15, to benefit Cape Elizabeth Lions local and international activities. Participants should bring their own supplies. For more information call Kim Brooks, Lions president, 767-2733.

The South Portland/Cape Elizabeth Rotary Club, each Wednesday at 6:15 p.m. at the Purpoodock Country Club on Sparrow Lane in Cape Elizabeth. For more information on the SPCR Rotary Club, contact President Tony Wagner, 799-7997.

American Legion, 7 p.m. second Monday of each month, Cape Elizabeth United Methodist Church, 280 Ocean House Road. For more information contact Deb Schneider, 767-6109

Cape dancer to perform in Portland Ballet’s ‘Halloween Spooktacular’ on Oct. 26

Cape ballet dancer Hannah Wallace will dance in Portland Ballet’s “Halloween Spooktacular”, to be held at 2 p.m. on Sunday, Oct. 26, at the John Ford Theater at Portland High School. A sophomore at Cape Elizabeth High School, Wallace has been dancing since she was four years old, first at Nina Marlow’s School of Ballet in Phoenix, Ariz., and since 2004 at Portland Ballet School.

This summer, Wallace spent six weeks at the Joffrey Ballet School’s intensive summer dance program in New York City. On Dec. 17, she will dance for the fourth year in a row in Portland Ballet’s “Vicarious Nutcracker” at Merrill Auditorium. In Arizona, Wallace performed in the “Nutcracker” for three years with Ballet and Friends.

Advance tickets for “Halloween Spooktacular” are $8 for students and $13 for adults. Tickets bought at the door will cost $10 for children, and $15 for adults. To buy tickets in advance, visit www.brownsprurrtickets.com or call 1-800-838-3006.

CETV presentations focus on structural safety, recycling

Town Code Enforcement Officer Bruce Smith invites residents to view two videos emphasizing structural safety.

CETV cable Channel 3, Cape Elizabeth’s public access station, will broadcast “The Quiet Heroes - Saving Lives Every Day by Making Buildings Safer” and “Home Fire Sprinklers: Protecting Your Community” weekdays at 6 p.m.

“The Quiet Heroes,” a 6-minute video published by the International Code Council, (http://www.iccsafe.org) provided the first overview of the history of building codes, and firsthand testimony of how building inspection and code enforcement has saved lives, despite fires, earthquakes, floods and other natural disasters.

“Home Fire Sprinklers,” a 15-minute video, immediately follows with an overview of home-sprinkler systems and the advantages they provide. It features interviews with building, municipal and fire-service representatives who have experience with local fire-sprinkler installations. The video is published by the nonprofit Home Fire Sprinkler Coalition, (http://www.homefiresprinkler.org).

Maine Recycles Video Award winners

Also on CETV, winners of the State Planning Office’s 2007 Maine Recycles Video Competition have been released for public access and include one from Cape Elizabeth High School.

The 60-second public service announce-ments promote recycling in Maine and were part of the state’s first recycling video competition. Cape High’s submission, “Thinking Outside the Box,” won an honorable men- tion in last year’s competition, tying with Bangor High School’s submission for most original PSA.

Six PSAs from the competitions will be shown on CETV, leading off with the first- and second-place winners, “There’s No Wrong Way to Recycle,” by George’s Valley High School, Thornton and “The Essay in the World,” by South Portland High School.

In addition, there will be four honorable mention winners in these categories:

Most Likeable - “Cleaning the Bleachers,” Portland High School (tied with York High School);
Most Educational - “Recycling B-Ball,” Thornton Academy (tied with York High School);
Most Memorable - “Make a Change,” Falmouth High School;
Most Original - “Thinking Outside the Box,” Cape Elizabeth High School. Cape High students working on the project were Dylan Sherry, Nicholas Whitman and Nicholas Quaranto.

All six videos will air on CETV cable Channel 3 in Cape Elizabeth daily at noon and 4 p.m.

For other award winners and information on this year’s contest, see http://www.maine-recycles.com.

Cape resident, former war correspondent, to show rare Korean War photos Oct. 27

John Rich, a Cape Elizabeth resident and former correspondent for NBC News, will narrate a presentation of his color photographs from his years covering the Korean War.

The presentation will take place at 7 p.m. on Oct. 27 at the South Portland Public Li-brary, located at 482 Broadway.

According to a press release, Rich took more than a thousand pictures during his assignment in Korea, capturing images of generals, marines, pilots, but also refugees, children and destruction.

Rich, who had been loaned a new Leica 35-mm camera, used it throughout his as-signment in Korea, using only color film, more difficult to process under field condi-tions than black-and-white film, and unusual for the time.

According to the press release, the 55-year-old photos were “packed away in an old tea chest” and forgotten, until this year.

A graduate of Bowdoin College, Rich spent 30 years as a war correspondent for NBC News, covering first the Korean War and then every major armed conflict until his retirement after the Congo War. He first re-ported on radio, then on television. After the Korean War, he never took another photo in any other war he covered.

Rich has been featured in a segment on NBC Nightly News.
Two drivers’ education classes offered this fall; after-school programs have openings

Community Services will offer two drivers’ education classes this fall—one from Oct. 20 to Nov. 6, and a second from Dec. 1 through Dec. 18. All students must be at least 15 years old by the first class, and not 16, as the Community Services’ brochure incorrectly stated. Some Community Services’ after-school enrichment classes also have openings. Many will begin in November. For more information, please contact Leslie Young at leslie_young@cape.k12.me.us or Kelly Flynn at kelly Flynn@cape.k12.me.us. Both can be reached at 799-2868.

Scrapbooking event to benefit Maine Chapter of Alzheimer’s Association

The sixth annual Memory Crop, a day of album making, will be held Saturday, Nov. 1, at St. Bartholomew Church. The event will include an introduction to scrapbooking, demonstrations on photo organization and scrapbooking techniques, a raffle, lunch, gifts and the chance to buy various cropping tools, paper, stickers and other products.

‘Physics for Adults’ taught by high school teachers set for Nov. 12

Cape Elizabeth High School’s physics department will teach “Physics for Adults” from 6:30 p.m. to 8:30 p.m. on Wednesday, Nov. 12, in Room 316 at Cape Elizabeth High School. In the class, which is designed to be fun, participants will do an experiment and learn the concepts behind the physics. There is no fee, but registration is required. To sign up, call Community Services at 799-2868.

Time travel: Historical Society photos, monthly presentations offer trips to days past

The Cape Elizabeth Historical Preservation Society, which holds free monthly presentations at 7 p.m. the first Monday of each month in the library’s community room, will present “Sea to Sea in 1903—A Cross-Country Journey in a 1902 Oldsmobile Roadster” on Nov. 3. Dr. Denis Stires of the Androscoggin Historical Society will read excerpts from the pictorial journals of Lester Whitman and Eugene Hammond, who embarked on this adventure in the first automobile to drive across the country, coast to coast from California to Portland, in 1903. Their vehicle of choice was a two-passenger 1902 Oldsmobile Runabout with a four-cylinder, single-cylinder engine.

Stires is a local historian in his hometown of Livermore and is also the family genealogist who shares these stories at his extended family’s reunions. “The photos, albums and anecdotes he will share are guaranteed to provide the listener with a wild and interesting story of the exploits of ‘Whit’ and ‘Ham’ and the trials and tribulations they encountered along the way,” CEHPS member Barbara Sunborn said.

**Final ‘Cool Cape’ presentation Oct. 21**

By Ted Haider

The final of six presentations about how best to cope with the ever-changing environment will be held on Tuesday, Oct. 21, at 7 p.m. at Cape Elizabeth United Methodist Church.

The final session will address alternative energy plans and projects in Cape Elizabeth and nearby towns. Guest speakers will include Bill Slack of the Cape Elizabeth Alternative Energy Committee and Eric Cote, a town councillor from Saco. The presentation will be an open discussion about the Energy Committee’s findings and options for finding new energy sources for the town, and a look at Saco’s windpower project.

The session is free and open to the public. The series, titled Cool Cape, has focused on practical ideas for improving energy efficiency in the Cape with such topics as home electrical efficiency, home insulation, local and sustainable food, and energy-efficient transportation. A petition has been available at all sessions that will be delivered to the Cape Town Council, urging them to sign the U.S. Mayor’s Climate Accord, making Cape Elizabeth the next official “Cool Community” in Maine. The series has been organized by Carol Hubbard of the Cape Elizabeth United Methodist Church, and sponsored by the Sierra Club and Maine Partners for Cool Communities. For more information, contact Hubbard at hubbac@gmail.com. To learn more about Cool Communities in Maine, go to http://www.coolmaine.org.
If fibroids are making your life miserable, here’s a solution that could make you very happy.

Now you can end the discomfort of uterine fibroids without traditional surgery. There’s another treatment option called uterine fibroid embolization (UFE), a minimally-invasive procedure that blocks blood flow to fibroids, causing them to shrink. A one night hospital stay is usually all that’s required, and you’ll be back to your regular activities in about a week.

UFE has been shown to relieve symptoms in up to 90 percent of women treated, and is recognized by the American College of Obstetricians and Gynecologists as a safe and effective option for women with symptomatic uterine fibroids. Spectrum Medical Group’s Board certified interventional radiologists have performed more UFE procedures than anyone else in the area.

If you’ve been told you need traditional surgery to treat uterine fibroids, contact Spectrum to learn more about UFE, and get your heavy, painful periods under control.
Senior citizens invited to share memories of Cape Elizabeth on Oct. 21

Cape Elizabeth photographer and writer, Jan Reale-Hatem, a member of the Cape Elizabeth Historical Preservation Society, will hold the last part of her free, informal series, “I Remember Cape Elizabeth: Senior Stories, Extraordinary Memories,” held Tuesday, Sept. 30, at the Community Center. Reale-Hatem encourages people to turn out to share personal stories about life in Cape Elizabeth, and to bring photographs to share.

“We will simply invite interested people to bring their memories and to share these memories with others,” Reale-Hatem said. “The informal nature of the series is designed to allow people of all ages to come out of their homes and share histories of particular life events. These memories are not just ordinary memories; they are extraordinary memories.”

To make a reservation, call 799-2868.

October luncheon for seniors planned in high school’s newly renovated cafeteria

Community Services will hold its October luncheon for the “55 and older group” in Cape Elizabeth High School’s newly renovated cafeteria at noon on Thursday, Oct. 23, an early-release day for all Cape Elizabeth students. The cost for the luncheon will be $7 per person. A fresh haddock meal will be prepared by cafeteria staff members.

After lunch, a group of Girl Scouts will show seniors how to fold paper cranes, which the troop plans to hang in the school gym on Election Day, Nov. 4. The girls hope to enlist as many Cape residents as possible to fold 1,000 cranes, a symbol of community members working together.

To make a reservation, call 799-2868.

Hiking, geo-caching event planned on Oct. 18

Cape adults are invited to participate in a hiking and geo-caching activity planned from 9 a.m. to noon on Oct. 18 at Camp Kent-cha in Scarborough.

“The event is offered through “Take It Outside: Easy Adventures for the Fifty Plus or Minus Set,” a new program organized by Cape Community Services, Southern Maine Agency on Aging (SMAA), and other recreation departments. The program encourages people to be physically active outdoors in fun, but not extreme, activities.

Equipment will be provided. The cost of the activity is $10. Registration forms can be obtained at the Community Services office.

Community Services adult programs open

Community Services has openings in some adult programs.

“Managing Your Money,” on Oct. 21, is free, as is “Fall Cleanup Time,” set for Oct. 22.

“Fine Wine On A Tight Budget,” which will be offered on Oct. 28, has a $25 fee. “Swim Fit,” offered from Oct. 28 through Nov. 20, costs $58.

“Adaptive Aquatics,” which will begin on Oct. 28 and run through Dec. 11, has a $51 fee.

“Looking Your Very Best” will have three sessions on Oct. 21, Nov. 18, and Dec. 9, has a fee of $45 for all three sessions, or $15 for each.

For more information about these programs, call 799-2868 or see the Community Services fall offerings brochure online by going to www.cape.k12.me.us/commserv.htm and clicking on “Fall 2008” under “Course Offerings.”

Business and Community Leaders

• How was Rotary able to donate $40,000 for SMCC scholarships?

• What is Rotary? What can Rotary do for you or your business?

• How can I join other leaders to help my community?

The Rotary Club of Breakwater Daybreak invites you to a delicious breakfast meeting at SMCC’s beautiful McKernan Center to hear Rotarian Mike McGovern, Cape Elizabeth Town Manager, answer these questions and more.

WHEN: Wednesday October 22, 2008 7:15 to 8:15 a.m.
WHERE: The McKernan Center on the SMCC campus
RSVP: Breakfast is free, but reservations are required. Please call Gary Berenson at 329-9854.
Dear Cape Citizen:

Our Town Council needs the voice of young families now more than ever. I hope to support our schools, and school-board budget requests, as a top priority. Our schools ensure our children's future and preserve our property values. It is critical for every member of this wonderful community that we fund our school system and empower our educators.

Cape also needs to balance reasonable commercial and residential development with preserving the unique small-town character that we all love and enjoy. This includes finding a workable intersection at town center, creating a safe Shore Road pathway, and developing a charming town center to expand our tax base and help ease the tax burden for every home owner.

One of the most wonderful features of Cape Elizabeth is the access to beautiful open space that we all enjoy. We must find creative ways to purchase new land, protect our farms, and partner with the Land Trust to take care of our valuable ecosystems, open land and natural resources.

I have served in many leadership capacities over the past nine years on a local, state and national level and have taken lessons from every experience with me, most recently as President of the Maine Dental Association. My surgical background has taught me calmness, patience, understanding, and a willingness to listen. I have never been one to take the politically expedient way out of a problem—I am honest and forthright on my positions.

With these experiences and skills, I would be honored to serve as your Town Councilor and earn your vote on Election Day. Thank you.

Mark Zajkowski

November 4, 2008

Mark Zajkowski
for Town Council

Town of Cape Elizabeth
Board & Commission
Vacancies

The Town Council Appointments Committee is pleased to announce the following board and commission vacancies. A description and meeting schedule of each board is available on the town’s Web site.

- Arts Commission
- Community Services Advisory Commission
- Fort Williams Advisory Commission
- Recycling Committee
- Riverside Memorial Cemetery Trustees
- Thomas Memorial Library Trustees
- Zoning Board of Appeals

Applicants may apply online at www.capeelizabeth.com. Applications are also available at Town Hall. Questions, please contact Debra Lane, Assistant Town Manager at 799-7665 or debra.lane@capeelizabeth.org.

Applications must be submitted to Debra Lane no later than Friday, November 7, 2008. Terms will begin January 1, 2008.

What have YOU recycled today? Cape Elizabeth Recycling Committee
Home composting: a crucial part of recycling

By Greg Walsh

Our dog—a food-crazed dachshund—hates everything about both recycling and composting. Since our family adopted the recycling lifestyle, little Sassy never gets anything out of the garbage bag when we leave her alone and forget to secure the kitchen closet door. Sure, she still rips into the bag and scatters its contents over several rooms, but there is precious little in the way of food scraps to be found in that bag.

When we let her outside, she often takes off at a run, heading for the compost pile out back. But there, too, she typically comes back disappointed. The compost pile, which gets all of our food scraps and most of our yard waste, is surrounded by chicken wire and virtually impenetrable except by aerial approach. As soon as we dump kitchen scraps on top of the pile, crows seem to immediately auger in for the attack. But poor Sassy can only sit back and watch.

There is no need to feel sorry for her, since she still gets plenty of food scraps from friendly hands in the kitchen. As for the rest of us, we have become great enthusiasts for both recycling and composting.

They say that compostable material comprises about 30 percent of garbage stream headed into the hopper at a typical transfer station like Cape Elizabeth’s. We all know from personal experience that a bag full of coffee grounds, vegetable peels, corn cobs and last week’s watermelon has a lot of heft to it. All those items and lots more could just as easily be recycled through composting.

Here in Cape Elizabeth, recycling is measured two ways: by tons of material actually recycled at the ecomaine facility in Portland, and by tons of material brought in to be burned, partly converted to electricity, and with the resulting ashes destined for the nearby landfill.

In the year ended this past June 30th, for example, we know from ecomaine reports that Cape Elizabeth residents deposited 3,274 tons of material into the hopper at the Transfer Station, all of it destined to be burned. In the same period Cape residents deposited about 1,037 tons into various recycling bins around town, mostly the silver bullets. That’s a 24 percent recycling rate, for that recent year.

In the never-ending effort to increase our town’s recycling rate, we can do two things: make sure we are all recycling as much as possible through those silver bullets and make sure we are reducing weight of actual “garbage” by composting as much of it as possible. Either way the result is the same if less of that heavy garbage is being hauled out of town.

Composting is a simple and natural household routine that can involve every family member. Instead of tossing that old watermelon into the garbage can, you simply walk it, along with other appropriate materials, to your own compost pile out back. You can even take the dog along with you. She may be disappointed to see all those scraps heading for the wrong side of the chicken wire, but she’ll still love you on the way back.
School Board

My goals are clear: I am not afraid to speak out and will represent the schools over a period of 17 years. I am the Cape schools as my children attended sources. Also, I have ample experience with needed to make the best use of our town re-

dreds of Cape citizens about the genuine 
schools has allowed me to speak with hun-

dred.

ity of opinion, I have focused on common 
to build consensus. Where there is a dispar-

ly poignant one, given our nation’s current 
economic situation. As the next few weeks 
and months play out on the national politi-

cal and economic front, it will be important

for municipalities like Cape Elizabeth to pay close attention to the economic burden of its citizens. The balance between an increased 
tax burden and quality education for our stu-
dents is a delicate one—one that will be in-

creasingly delicate if, as some are predicting, 
our economy should enter a recession. I do not believe the “tension” between ris-
ing taxes and the school budget can be elimi-
nated, nor should it be. It is a natural part of 
the budgetary process. As a School Board 
member, I will strive to reduce this tension 
by seeking out (and paying heed to) the opin-

ions of the taxpayers of this great communi-
ty. Those community members must be not 
only those vocal at School Board meetings 
and Town Council meetings, but also those 
who have opinions and suggestions, but per-

haps are not as vocal. The “tension” can only 
be reduced if community members, those 
with students in the Cape school system and 
those without, feel as though they have 
been heard, and their opinions matter.

Two-year seat

Stamieszkin: I think that some tension is unavoidable—there always will be questions about what we need and how much we should spend. Having clear accountability for results and transpar-
cency of the financial process will go a long way in allevi-
ating this tension. Also, I think that an annual critical review of programs and expenditures to find ways to reduce costs by eliminating ineffective programs, and looking for op-
portunities to collaborate with other school systems to leverage our purchasing power will increase the support of the entire community. One thing we clearly cannot allow is disrepect of minority views and a failure to appreciate the situation of all Cape families.

Winker: I don’t believe there is an an-

---Continued on next page---
swet to this question. Over the past three years economic conditions on a national, state and local level has presented an enorm- ous challenge for all of us to balance the needs of our schools with the financial re- sources to support them. The support of the citizenry to maintain the quality of education we are accustomed to has, at times, provided a difference of opinion within our communi- ty. This challenge has presented us with the opportunity to examine the operation of our schools and seek alternative methods to de- liver the educational services to our children in the most cost effective manner without compromising our standards.

3. What is your opinion about the School Board’s budget process? If you believe it needs to be streamlined, then how?

Three-year seat
Ray: The school budget process starts with the school’s ad- ministration gathering to- gether their budget. In the past this has included a review of pro- grams to ascertain those that meet the needs of students and those that should be discontinued or re- vamp ed. The administration submits their budget to the superintendent, who then does the same review and makes appropri- ate changes. The budget is then presented to the School Board and additional changes are made. This process is public and open to any citizen. When the School Board votes on the budget, it then becomes the School Board’s budget. After the School Board has accepted the budget, it is presented to the Town Coun- cil for a vote. The Town Council votes up or down on the budget. In the past, this was when the process ended. With the school consolidation law, the budget now goes to the voters for approval. This past budget season, it took three votes for the voters to approve a budget number. If I could have a wish, it would be that the voters be- come as informed as possible about the school budget prior to the vote. Sturtevant: The budget pro- cess is by nature a cyclic process that requires several “rounds.” This was evi- dent this year in particular. Voters were asked on three separate occasions to decide upon a percentage increase for the 2008-2009 bud- get. I believe that we must ask school admin- istration professionals to provide a reasonable budget on their first submission. This budget proposal must be one that passes the “straight face test” to the School Board, the Town Council, and the average taxpayer of Cape Elizabeth. Having worked in a local school sys- tem for five years, I know that what often happens is common- place in most any budget cycle process. The first version of the budget proposed contains a number of elements of which those making the requests know will be cut, in an effort to “cut the fat.” This allows those proposing the budget to make these cuts, providing a sense of cooperation that can be leveraged in an ef- fort to keep those budget items that they deem vital to their success. My proposal is: Ask that the first budget pro- posed by school administration be their “real” budget, with no intentional “fat.” I believe such a proposal could reduce dramati- cally the time it takes to execute the school bud- get approval process.

Townsend: Soup to nuts, last year’s budget approval process took nine months of effort from our su- perintendent, School Board, Town Council and community, and we did not have an ap- proved budget in the hands of our school department until after the new school year had begun. This delay hindered planning for the upcoming year and caused our schools to lose a few talented teachers. This is an inefficient use of our town’s resources and staff’s time. Our ability to streamline is constrained by both state law and town charter, but having said that, the super- intendent and school b oard members are the experts on the edu- cational needs of our district and should be trusted to develop a reasonable budget designed to meet the educational requirements of our district. If the Town Council disagrees, an equitable compromise number should be set and sent to voters by early May so if a second vote is necessary, the town will be able to hold that election during June primaries. Stream- lining to this extent will allow our schools to focus on what they do best: creating and sustaining a first-rate school system that will prepare our students to become successful individuals and citizens.

Two-year seat
Stamieszkin: I am not sure that the an- swer lies in “streamlining.” What we do need is transparency of the process, solid understanding of financials and better com- munications. The budgeting process requires continuous communication between all con- stituents, including the Town Council. It can- not be a crisis du jour followed by multiple referendums. I would like to see us move towards “zero-based” budgeting in order to allocate funds most efficiently. We cannot simply increase costs every year on a fixed base. At the same time, capping costs with- out regard to variable components driven by enrollment dynamics, energy costs and new educational initiatives does not seem practi- cal either. Also, when evaluating initiatives, we need to take their implied multi-year costs into consideration, including main- tenance and capital replacement. It is hard work and it needs to be done well—there are no silver bullets when it comes to allocating scarce resources.

Winker: I have seen the budget process evolve over the past three years and suspect it shall continue to evolve as chang- es in state and federal mandates require the shifting of resources to meet these mandates. Would I like to see the pro- cess streamlined—but do I feel this would best serve our schools and our com- munity—not necessarily. The process, as it exists, provides for a series of checks and balances to ensure the effective delivery of programs and services, as well as providing accountability at each level of the process. I believe effective communication to the vot- ers throughout the budget process would bet- ter serve our community.
Award-winning illustrator, author Kevin Hawkes to visit Pond Cove this month

When award-winning Maine illustrator and author Kevin Hawkes visits Pond Cove School on Oct. 28, 29, and 30, he will be presenting his work to students in the media center, where he will discuss art techniques and illustrate how books are made.


To prepare for his visit, students have been reading as many of his 36 books as they can, in addition to sprucing up hallways with scenes or characters from Hawkes’ books.

“A Cape seventh-grader prepares to sail through the air on a “zip line” at Cow Island during the first days of October. “The kids are in a Swiss seat harness with carabiners clipped onto a rope 20-plus-feet in the air, and they go for a 400-foot ride,” CEMS Principal Steve Connolly said.

“It’s all up to the kids how far they want to take these challenges. It’s challenge by choice.”

By Wendy Keeler

“The kids get so much from these experiences,” said Connolly, who will never forget some of the sights during the three days. “I saw smiles. I saw smiles everywhere.”

Cape seventh-graders enjoy middle school’s inaugural Rippleffect days on Cow Island

Maine illustrator Kevin Hawkes, left, who will visit Pond Cove this month, displays the book he illustrated, “Velma Gratch and the Way Cool Butterfly,” with the author Alan Madison, in April at the Reading Round Up Conference in Augusta at the Civic Center, where the two won the Maine Library Association’s 2007 Lupine Award, which recognizes an outstanding contribution to children’s literature of Maine.

A Cape seventh-grader prepares to sail through the air on a “zip line” at Cow Island during the first days of October. “The kids are in a Swiss seat harness with carabiners clipped onto a rope 20-plus-feet in the air, and they go for a 400-foot ride,” CEMS Principal Steve Connolly said.

“It’s all up to the kids how far they want to take these challenges. It’s challenge by choice.”

By Wendy Keeler

“The assignments that Cape Elizabeth Middle School seventh-graders got from their teachers Oct. 1 to Oct. 3 bore little resemblance to those they usually get in the classroom. In one, they were instructed to use three blocks of Styrofoam, three eight-foot two-by-fours, and three pieces of rope, to build a raft and paddle out on it into the waters of Casco Bay to retrieve an object from a man in a kayak. In another, kids hung from a rope 20 feet above ground and went for a 400-foot ride.

At the Rippleffect outdoor adventure program on Cow Island, which this year replaced the school’s traditional five-day Camp Kieve outdoor experience program at Nobleboro, seventh-graders sea-kayaked, designed and built their own rafts; flew through the air on ziplines, and a lot more.

“There are experiences kids just don’t have if they aren’t put into an environment like Cow Island,” CEMS Principal Steve Connolly said. “We put them in unique situations and give them unique challenges. We can’t duplicate the way they work together in this kind of situation, because they’re isolated and away from home.”

If funds permit, CEMS seventh-graders in future years will also get their turn on Cow Island, Connolly said.

“The kids get so much from these experiences,” said Connolly, who will never forget some of the sights during the three days. “I saw smiles. I saw smiles everywhere.”

Photos by Hayden Atwood
By Richard G. Mullen, CEHS Theater Director

It’s a tale as old as time—and it’s coming soon to the stage at Cape Elizabeth High School in eight performances, starting Friday, Nov. 14, and ending Wednesday, Nov. 26, the day before Thanksgiving. “Beauty and the Beast” is part of this season’s holiday events.

With Sara Friedman as Belle, Charles Colburn as her father, Casey Oakes as the Beast, and Sawyer Theriault as Gaston, the high school has partnered with Pond Cove School to form a cast of 60.

Featured, too, is our student pit band, led by Flash Allen, with such musicians as Luc A.J. Frustaci, Thomas Campbell and Hannah Towers.

Cape Elizabeth High School’s production of “Beauty and the Beast” includes cast members, left to right, seated at front, Casey Oakes and Sara Friedman; and rear, Sawyer Theriault, A.J. Frustaci, Thomas Campbell and Hannah Towers.

By Flash Allen, with such musicians as Luc A.J. Frustaci, Thomas Campbell and Hannah Towers.

This year’s Middle School Parents Association’s annual Scholastic Book Fair will include a “cafe night,” planned for 6:30 to 8:30 p.m. on Oct. 22 in the cafeterium. The event, which will include gourmet hot chocolate, hot cider, and pastries, will offer parents a chance to learn about Cape Elizabeth Middle School teachers’ favorite books when they were in middle school, and also a chance to read. All funds raised at the cafe will directly support middle school programs.

The book fair will be held through Oct. 23 in the middle school conference room, located across the hall from the main office. Fair hours will run from 7:30 a.m. to 3:30 p.m. from Oct. 20 to 23. The fair will also be open from 6:30 p.m. to 8:30 p.m. on Oct. 22 and 23.

In the “One for Books” program, students are encouraged to donate one dollar or loose change to a special fund to purchase books for a school in a rural district in Maine. Scholastic will match the amount dollar for dollar with a donation of books to national nonprofit organizations that assist children in need.

For more information about the book fair, please contact Kim Gillies at gillies4@verizon.net or 767-2734 or Kelli Flaherty at kflaherty@maine.rr.com or 767-1071.

Pond Cove Book Fair underway until Oct. 23

Pond Cove will hold its annual Scholastic Book Fair through Thursday, Oct. 23, in the Pond Cove “knuckle,” located between the media center and fourth-grade wings. Hours will be from 8 a.m. to 4:30 p.m. on Monday, Oct. 20; 8 a.m. to 4:30 p.m. and 6:30 p.m. to 8:30 p.m. on Tuesday, Oct. 21; 8 a.m. to 4:30 p.m. on Wednesday, Oct. 22; and 8 a.m. to 2:30 p.m. on Thursday, Oct. 23, during parent-teacher conferences.

For more information about the fair, contact Mary Ellen Carignan, at 767-3162 or mcarigna@maine.rr.com.

This year, Pond Cove students will pool loose change they have collected to earn books for Pond Cove and local charities. For every dollar raised in the One for Books program, Scholastic Books will donate a book to one or more of the local chapters: Kids in Distressed Situations, Inc.; National Center for Family Literacy; and the Marine Toys for Tots Foundation.

To check out the books that will be on sale this year, visit http://bookfairs.scholastic.com/homepage/pondcove.
Project Graduation holds calendar fundraiser

Cape High School’s 2009 Project Graduation, a program that raises money in order to provide high school seniors with a safe, chemical-free celebration following graduation, has note cards and two calendars for sale. The Kate Libby calendar is filled with colored snapshots of everyday life, and Cape resident Beth Rand’s calendar and note cards feature the nautical beauty of Maine.

Both calendars are available in 11- by 14 inch, and 5- by 7 inch sizes. Note cards come in packs of six. All items may be bought at the CEHS front office, the Community Center, or in the CEHS cafeteria on Election Day.

For more information, contact Suzan Mistler-Belcher at 799-7172 or smistler-belcher@gmail.com.

‘Pumpkin math’ man returns to Pond Cove after 10-year hiatus

Bill Jordan of Jordan’s Farm holds a box of the many pumpkins he brought Pond Cove School’s 120 first-graders on Thursday, Oct. 9. Behind him are first-grade teacher Amy Ki-eran and some happy students.

Bill Jordan did the arithmetic when he delivered more than 10 dozen pumpkins from his farm to Pond Cove School’s first-graders on Oct. 9. But the owner of Jordan’s Farm will let Pond Cove’s 120 first-graders do the rest of the figuring when they perform “pumpkin math.”

Years ago, Jordan learned about Pond Cove’s pumpkin math tradition for first-graders.

“I found out that the kids would measure pumpkins, weigh them, measure the stems, and cut some open and count the seeds,” Jordan said. “Each classroom had maybe four pumpkins, and I thought, ‘All the kids ought to have a pumpkin of their own.’”

So Jordan made that happen. He delivered a truckload of pumpkins to Pond Cove when his son Phil, who is now 16, was in first grade. He never forgot the experience.

“I remember how much fun the kids had measuring, and I always wanted to follow upon it, but it never worked out until this year.”

—Wendy Keeler

Bill Jordan said.” Each classroom had maybe four pumpkins, and I thought, ‘All the kids ought to have a pumpkin of their own.’”

—Bill Jordan
Thirty-eight CEHS students named Advanced Placement scholars

Thirty-eight students at Cape Elizabeth High School have earned Advanced Placement Scholar Awards in recognition of exceptional achievement on AP exams. Students taken to AP exams after completing challenging college-level high school courses. The College Board recognizes several levels of achievement based on the number of full-year courses and exams taken. Three students qualified for the National AP Scholar Award by earning an average grade of 4 or higher on four or more of these exams: Zachary Belden, Benjamin Bond, Haley Cushing, Olivia Earnshaw, Kevin Johnson, Matthew Roy and Lillian Wennberg.

Seventeen students qualified for the AP Scholar Award by completing three or more AP exams with grades of 3 or higher: Rhys Ainsworth, Jonathan Aronson, Kelsey Blumenthal, Sether Hanson, James Kerney, Emily MacDuffie, Skye McIlvaine-Jones, Rachel Muscat, Evan Negele, Emily O’Neil, Michael Ott, Caitlin Pomeroy, Anne Skapinsky, Jillian Smith, Abhijit Srungaravapu, Michael Taintor and James Wilcox. These students have one more year in which to complete college-level work and possibly earn a higher-level AP Scholar Award.

HSPA’s citrus sale fundraiser underway

The Cape Elizabeth High School Parents Association is holding its annual fruit sale, featuring fresh citrus from Florida’s Indian Rivers Groves. The fundraiser supports enrichment activities, teacher grants, and student scholarships.

To order fruit, go to www.fruitorder.com, click on “Order Fundraising,” and enter “583522” in the “Organization ID Box.”

Fliers are also available in this issue of The Cape Courier, and forms will be available Election Day in the high school cafeteria. Orders must be in by Nov. 10, and fruit delivery is anticipated the second week of December.

For more information, contact Suzan Muster-Belcher at 794-7127 or smister-belcher@gmail.com.

Box Tops coupons benefit middle school, Pond Cove

This year for the first time, community members have an opportunity to raise money for Cape Elizabeth Middle School as well as Pond Cove when they shop. Every Box Top for Education coupon clipped from food and household products made by various companies earns 10 cents for each school.

To do so, cut coupons along the dotted lines and send them to school with students or drop them in the Box Tops collection bins in the middle school or Pond Cove School lobbies. When dropping off coupons at IGA, the Community Center, the Swap Shop, or Thomas Memorial Library, people should indicate which school should receive the donation. Donations that have not been labeled will be divided equally between the two schools. Coupons must be turned in by February.

For more information about the program, go to www.boxtops4education.com or e-mail Joanne Sullivan at jsullivan@maine.rr.com.

Five CEHS seniors receive National Merit Scholarship recognitions

Five Cape Elizabeth High School students have been named recipients of the 2009 National Merit Scholarship Corp.’s semifinalist and commended-student recognitions. More than 1.5 million students entered the 2009 Merit Program when they were juniors by taking the PSAT, which served as an initial screen of program entrants. Semifinalists, who will continue in the competition for Merit Scholarship awards to be offered in the spring, are Jonathan Aronson, son of Jennifer and Frederick Wennberg.

Anyone wanting to volunteer in the Cape schools or accompany students on a school field trip must attend one school department volunteer-awareness session.

Fliers for choosing a Home Energy Evaluator

Wrong.

Only Maine Home Performance ensures the homes you receive the most effective energy evaluation available. Our EnergyStar evaluators are nationally recognized as building performance professionals and are trained using Building Performance Institute (BPI) standards. Our evaluators look at your whole house and how the different systems work together—then, in a unique service, we back up our work with follow-up tests to ensure that the energy savings become a reality.

This way, your investment in energy efficiency pays off in a more comfortable home and a healthier environment for you and your family.


Volunteer awareness session scheduled Oct. 29

The next awareness session is scheduled for 8:45 to 9:15 a.m. on Wednesday, Oct. 29. The session will be held in the Pond Cove Middle School cafeteria. If necessary, parents may bring children.

For more information, contact Volunteer Services Director Gail Schmader at 799-7339.

Checklist for choosing a Home Energy Evaluator

- Qualified, state-approved and trained energy evaluators
- Detailed report of suggested improvements with expected payback times noted
- Special equipment, including infrared cameras
- Detailed follow-up visit to ensure energy savings
By Paul Casey
Middle School Cross-Country Coach

Each school day afternoon, 60 runners from grades six through eight show up for an afternoon of cross-country running. Workouts vary from three- to four-mile woods runs to team challenges and pacing drills. The middle school girls’ team has earned five first-place finishes: a first in each of the meets the team has entered. The boys have earned four first-place and one second-place finish.

The strongest performance of the year for the teams was on Monday, Sept. 26, when both the girls’ team and the boys’ team earned first place in the Scarborough Invitational at Smiling Hill Farm in Westbrook. Cape girls outrun eight other teams from Cumberland County, while the boys outdistanced 10 competing Cumberland County teams.

Middle School cross-country teams win 12-town Scarborough invitational

Boosters selling ESPN magazine subscriptions

Parents of Cape high varsity baseball players are selling subscriptions to ESPN magazine to raise money for a spring-training trip to Florida. A two-year subscription, or a two-year renewal of an existing subscrip-
Event to address adult issues such as hospice, funeral planning, Meals on Wheels, wellness

St. Bartholomew Parish will host an evening for adults that will focus on personal well-being, with special emphasis on preparing for issues of aging, at 7 p.m. on Oct. 23. The event will provide information about hospice, trusts and estates, Meals on Wheels, funeral preparations, and classes focused on living well and maintaining balance. Speakers will include David Mailhot of Jones, Rich & Hutchins funeral home, and representatives of Allegiance Hospice and Hospice of Southern Maine. Attorney Roger Asch, Marc Mutty of the Roman Catholic Diocese, and representatives of the Southern Maine Agency on Aging will also be present to answer questions. The event will be free and open to all. For more information, please contact Gail Atkins at 799-5528 or gail.atkins@portland-dioce.org.

Free organ concert part of Methodist Church’s 150th anniversary celebration

As part of Cape Elizabeth United Methodist Church’s eight-month celebration to commemorate its 150th anniversary, the church will host an organ concert at 3 p.m. on Sunday, Oct. 19. Jeremy House, a performance organist from central Illinois, will perform. In May, the church will host an organ concert at 3 p.m. commemorating its 150th anniversary, the church’s 10-month celebration to answer questions. The event will be free and open to all. For more information, please contact Ted Haider at indyhaider@aol.com.

Table sign-up for St. Bartholomew fair underway

All crafters looking for a venue at which they can sell arts and crafts can sign up now for a table at the St. Bartholomew Parish Christmas Fair planned on Sunday, Nov. 22. The $50 table fee includes free lunch. All interested should contact Gail Atkins at 799-5528 or gail.atkins@portland-dioce.org.

Public supper to be held Nov. 1

The Cape Elizabeth United Methodist Church will host a public supper from 4:30 to 6:30 p.m. on Saturday, Nov. 1, featuring casseroles, baked beans, salads, breads and desserts. The buffet-style dinner will cost $7 for adults, $3 for children and $20 for families (two adults and children). Takeout also will be available. The church is located at 280 Ocean House Road.
HOPE group
Cont. from page 10

**Code of silence**

“This is an unpleasant, difficult issue for people to talk about, and there’s sort of this code of silence around it. The silence was really the precipitating factor [in the establishment of this group],” said HOPE chairperson, Nancy Pezzullo, a Cape parent who helped start the group this spring with Cape Elizabeth High School Health Educator Andrea Cayer; Cape Elizabeth Community Liaison Officer Mark Dorval; CEHS Social Worker, Bill Knaek, and parents Susan Klopff, Alison Riker, and Joanie Daly.

Survey
In the spring, when they took the Maine Youth Drug and Alcohol Use Survey (MY-DARS), 42.6 percent of Cape high students reported using alcohol in the past 30 days, compared to a state average of 52 percent. More than a quarter of CEHS students—27.4 percent—reported using marijuana in the preceding month, compared to an average 19.1 percent in the state. More than an average percentage of CEHS students reported using nicotine, inhalants, and prescription drugs than other high schools at other high schools in the state in the survey. Said CEHS Principal Jeffrey Sheldon, who earlier this month received preliminary survey results from the Maine Office of Substance Abuse.

This spring was the first time that Cape five- through 12th-graders took the MY-DARS, administered for the first time in Maine in 1996. Administrators and health educators at CEHS and Cape Elizabeth Middle School await more detailed reports.

**HOPE**

In March, after CEHS hosted a panel discussion about prescription drug abuse at the high school, a group of concerned parents, high school teachers, and Cape police officer Mark Dorval attended a meeting of a regional group, the Rivers Region Substance Abuse Action Team, which also includes community members from South Portland, Scarborough, and Cape Elizabeth.

**My motivation is that I want to keep my kids and everyone else’s safe. ... You have to try.**

—Alison Riker

HOPE events planned this fall

**Saturday, Oct. 18,** from 10 a.m. to 2 p.m.: In conjunction with Cape and South Portland police and a South Portland action group, H.O.P.E. will hold a medication collection at the South Portland Community Center on Nelson Road, where residents are encouraged to deliver unwanted, unused, and outdated prescription and over-the-counter pills, ointments and drops [see story on page 11].

**Monday, Oct. 20,** from 7 to 9 p.m.: HOPE invites community members to the group’s monthly meeting, held the third Monday of each month in the Cape Elizabeth High School library.

**Thursday, Oct. 23,** and **Friday, Oct. 24:** Spring high school parent/teacher conferences: HOPE members will have a table in the lobby where parents can get information about the organization and meet with parents from the Maine Office of Substance Abuse on topics ranging from tips to prevent under-age drinking; what parents should do if they suspect their child is using drugs or alcohol; laws about furnishing alcohol to minors, hosting parties, illegal possession, and more.

**Monday, Oct. 27,** at 7 p.m., Cape Elizabeth High School cafeteria: Maine Attorney General Steven Rowe will discuss underage drinking and the part parents and community members play in the problem.

Rowe will base much of his presentation on the 2007 “Surgeon General’s Call to Action” ([www.surgeongeneral.gov/tobacco/mydars/index.pdf](http://www.surgeongeneral.gov/tobacco/mydars/index.pdf)).

**Wednesday, Nov. 17,** at 7 p.m., Cape Elizabeth High School library: The High School Parents Association will feature HOPE at its monthly meeting. Chairperson Andrea Cayer, Cape Elizabeth Community Liaison Officer Mark Dorval, and parent Susan Klopff will offer information, “so people from the community can learn more about who we are, what we want to do, and how to get involved,” Pezzullo said.

**Wednesday, Dec. 3,** at 7 p.m., Cape Elizabeth High School auditorium: Dr. Mark Publicker, medical director of Mercy Hospital’s Recovery Center in Portland, will speak to students with the state’s largest substance abuse center, at an event HOPE will co-sponsor with the High School Parents Association. Among the information Publicker discussed at a CEHS curricular contract meeting in August: the extent to which abuse by girls is on the rise; the increased incidence of schizophrenia among people who use marijuana, and the higher incidence of drug and alcohol abuse among adolescents who work in after-school jobs.

**“Great Pond,” by Ruth Sylmor, won third place in the Cape Elizabeth Land Trust Photo Contest. First and second prize-winners appear on page 20. Winners in the kids’ category were Jasper Hunsel (1st place), Noelle Webster (2nd place), and Sierra Rintell (3rd place). All entries may be viewed at CELT’s Web site, at www.capelandtrust.org.**

**O’Meara and [then] Town Council Chair Mary Ann Lynch.**

The intersection currently includes a blinking red-and-yellow light only. MDOT project engineer Shawn Smith presented plans with Scott Dyer and Shore Road still “off,” but realigned to meet Route 77 (Ocean House Road) in more of a perpendicular or “T” pattern. The plans include left-turn lanes on Route 77 to access Shore and Scott-Dyer Roads, crosswalks and a complete green-yellow-red traffic signal.

According to Lynch, the new intersection contains “a smaller footprint in terms of pavement,” as well as a shortened crosswalk across Route 77 near Cunningham Farms and Jonesey’s.

Lynch said the meeting was attended by a small group of vocal residents who opposed changes to the intersection as unnecessary, as well as another group supporting a traffic signal for public safety reasons. In an Oct. 12 e-mail to The Cape Courier, McGovern explained how the new intersection would be financed. “In the 2008 bond issue approved in 2007 a total amount of $1,250,000 was set aside for town center improvements including the high school traffic light, the town center intersection, sidewalk replacements and additions and drainage improvements,” McGovern said. “To date, for the high school traffic light and for the design of sidewalk and drainage improvements, just over $250,000 has been spent. This leaves a balance of $986,000 for town center improvements. With some enhancements for engineering, the balance for planning purposes should be assumed to be $985,000. The remaining state election will go through the Portland Area Comprehensive Transportation Committee (PACTS) for the town center intersection is $363,566. Any amount over this is an expense of the town of Cape Elizabeth. The Oct. 1 estimate of projected project cost is $11.1 million. The local share is therefore projected to be $376,434. Therefore, the project could be completed with currently available funds and still have $248,566 for other town center improvements.”

McGovern further explained that “if the project does not move forward, the town of Cape Elizabeth would need to re-visit approximately $130,000 to the Maine Department of Transportation for expenses to date” and “would also forego the $363,566 grant.”

As this newspaper went to press, on Oct. 14, the council was set to consider the proposed plans at its regular meeting on Oct. 15.

According to a story which appeared on page 11, was proposed in an agenda item for the council’s Oct. 15 meeting. (This newspaper went to print on Oct. 14.) The council also planned to elect a new chair at that meeting.

“I know there will also be much praise as well for Mary Ann’s service to Cape Elizabeth (at the Oct. 15 meeting),” McGovern said.

According to Acting Town Clerk, Debra Lane, and assuming the Jan. 27 election date, if the Jan. 27 election is approved by the council, nominating positions for the soon-to-be-vacant seat will become available Oct. 20 and be due Dec. 1. Town Manager Mike McGovern expected the council to set a public hearing for Monday, Nov. 10.

To view or download the MDOT drawings and for updated information following the council’s Oct. 15 meeting, go to the town Web site at www.capeelizabeth.com.
Jennifer Fortin and Jeff Mitchell of Smugglers Cove Road are pleased to announce the engagement of their son, Jeffrey John Mitchell, to Jennifer Leigh Fortin. Jeff is a 1998 graduate of Cape Elizabeth High School and a 2002 graduate of Gettysburg College in Gettysburg, Pa. He is currently a director with Boston Logic, a real estate consulting firm in Boston, Mass. Jen is a 2001 graduate of Syracuse University in Syracuse, N.Y., and earned a master's degree in education from Lesley University in Boston. She is currently employed by the Danvers school system in Danvers, Mass.

An August 2009 wedding on Cape Cod is planned.

Army National Guard Sgt. Maj. James L. Campbell, Jr., the son of Patricia Campbell of Cape Elizabeth, recently graduated from the U.S. Army Sergeants Major Academy Nonresident Course at Fort Bliss, El Paso, Texas.

In the two-year program, which parallels the academy’s resident course, students complete the sergeants major course via the Web site on the Internet, or through correspondence. A command sergeant major, Campbell is assigned to the 3rd Battalion, 12th Aviation, at Otis Air National Guard Base in Barnstable County, Mass., where he lives with his wife, Michelle. He has served in the military for 26 years.

Cape brothers, USM team experience weightlessness 30,000 feet above Gulf of Mexico

At top, Cape Elizabeth resident, John P. Wise, Jr., left, and fellow University of Southern Maine student, Adam Courtmanche, delight in their first experience of weightlessness aboard NASA’s “Weightless Wonder.” Below, standing with the rest of the Dirigo team in front of a KC-135 aircraft are Wise family members, left to right, rear, Sandra Wise and John P. Wise, Sr., second and third from left; front row, James Wise, second from left, and team leader, John P. Wise, Jr, second from right.

By Wendy Keeler

This was no mundane lab experiment. The sky was the limit for members of the Wise family of Cape Elizabeth, who conducted experiments recently aboard NASA’s gravity-defying C9 aircraft, “Weightless Wonder,” 30,000 feet above the Gulf of Mexico. Members of the first student team from Maine accepted into NASA’s Reduced Gravity Student Flight Opportunities Program in Houston, Texas, the four Wises, John, Jr., 19; James, 20; Sandra, 41, and John, Sr., 43, are now analyzing data from their self-designed experiment aboard the vessel, also called the “Vomit Comet,” which produces 30-second periods of weightlessness by flying a series of 30 parabolas—steep climbs to 30,000 feet followed by free falls to 24,000 feet.

“Absolutely,” John, Jr., said. “It was one of the most amazing experiences of my life,” said John, Jr., a University of Southern Maine sophomore, who heads the team. “Microgravity—zero gravity—felt like nothing I have ever experienced. I felt like a cloud, or a big balloon.”

Serving as both flight and ground crews, the USM team included John Jr., a biology major; his brother James, a chemistry major who is also a sophomore; their mom, Sandra, a graduate student in toxicology; their father, John, Sr., a USM professor who is principal investigator of the Wise Laboratory of Environmental and Genetic Toxicology at USM; and other undergraduate students, university faculty and staff members.

In July, the team prepared the experiment, “Effects of Altered Gravity on Cellular Function,” at Ellington Field in Houston.

“The experiment analyzed how hypergravity and microgravity (i.e. space travel) alter cell function, DNA damage, and DNA repair mechanisms,” John, Jr., said.

“Dirigo”

The five undergraduates, who got to be the flyers, experienced hypergravity, zero gravity, and lunar and martian gravity. The team, which members named “Dirigo,” after the Maine state motto, which means, “I guide,” in Latin, also worked alongside NASA researchers at Johnson Space Center’s Bioscience Laboratory in Houston.

Dirigo’s proposal, chosen out of more than 70, was selected for its scientific merit and outreach potential to be part of the NASA program, which provides undergraduate teams from across the U.S. the chance to conduct self-designed experiments in a reduced gravity environment, said John, Jr., a Cheverus graduate.

Return trip

Currently collecting data from their experiments, Dirigo members hope to make a return trip next year.

“We are submitting another proposal this year, and we are very confident we will be accepted again,” John, Jr., said.

For some families, working—or flying—together might not have been as smooth. The key: working as professionals and not as family members, Wise said.

“People always ask me what it’s like working with my family—in particular with my dad. My mom, my dad, and I have… developed a professional relationship,” John, Jr., said.

And working with brother James?

“Despite our bickering every now and then, [James] was useful to our team and to me, because he wasn’t afraid to doubt me,” Wise said.

For more information about the team and Dirigo’s experiments, visit www.usm.maine.edu/toxicology/microgravity/.