

The Cape Courier

www.capecourier.com

Volume 22 Number 13 September 19, 2009

An Independent Not-for-Profit Newspaper
Serving Cape Elizabeth Since 1988



Harvest time



Photo by Beth Angle

Guinea fowl enjoy a harvesting of their own at Alewife's Brook Farm. More pictures from farms around town appear on page 5.

Shore Road path gets green light; Goddard Mansion has a reprieve

Shoreland zoning amendments also approved by Town Council

By Elizabeth Brogan

Three public hearings filled the Town Hall chamber to overflowing on Sept. 14, with the Town Council listening to dozens of residents speak their minds on the proposed Shore Road path, the fate of the Goddard Mansion, and shoreland zoning amendments.

Path 'concept plan' endorsed

The council listened to 34 residents speak before making the decision, by a 6-1 vote, to endorse the "concept plan" of the Shore Road Pathway Committee for a 5-foot-wide asphalt path, with an esplanade, running from Fort Williams Park to the Town Center on the land side of Shore Road.

The majority of speakers were in favor of the project, many describing Shore Road as unsafe for pedestrians, cyclists and even drivers. Some, including several children, and many parents, said they would like to be able to use the road on foot or bicycle, while others emphasized that the road was already widely used, but not without significant risk.

"This is not a 'build it and they will come'," said Susan Mitchell. "We're already there."

Opponents of the path disagreed that the path would improve safety, or even that it would be used as anticipated. Many were concerned that the beauty of the road, along with more than 30 mature trees, would be lost.

Councilors Jim Rowe, David Backer, Sara

Lennon, Paul McKenney, David Sherman, and Anne Swift-Kayatta were persuaded that safety concerns on Shore Road outweighed objections to the project.

Councilor Penny Jordan, who voted against the path, said that while she "understood totally the safety issues," she was not convinced the path presented a solution which could overcome her cost concerns.

Although the original cost estimate for the project had been \$883,000, Town Manager Michael McGovern said the current estimate is \$979,052.

The plan for the path was presented to the council in April after almost a year and a half

-- see HEARINGS, page 18

Fourteen vie for seven seats on Town Council and School Board

By Elizabeth Brogan

Residents will choose from among seven candidates to fill four Town Council seats and from another seven candidates to fill three School Board seats in the upcoming Nov. 3 municipal election.

Town Council

The three-year terms of Councilors David Backer, Sara Lennon and Jim Rowe are expiring and retiring Councilor Paul McKenney is leaving a one-year unexpired term.

Lennon is the only incumbent seeking reelection to the council. She will be joined on the council slate for three three-year seats by Kimberly J. Monaghan-Derrig, Christopher M. Straw, Jessica L. Sullivan and James T. Walsh.

Two candidates are vying for the unexpired one-year council term. They are Frank J. Governali and Michael S. Jordan.

School Board

The three-year terms of School Board members Patricia Brigham, Karen Burke and Peter Cotter are expiring.

Cotter is the only incumbent seeking reelection to the School Board. He will be competing with John C. Christie III, Richard B. Dunham, Ruth Anne Haley, David C. Hillman, Frederic K. Sturtevant and Mary K. Williams-Hewitt to fill three seats.

Portland Water District

A seat on the Portland Water District Board of Trustees, representing Cape Elizabeth and South Portland for a five-year term, should also be filled in the Nov. 3 election. However, no one from either community returned nominating papers for this seat.

A successful write-in candidacy is still possible, said Town Clerk Debra Lane. To write in a candidate for this seat, a voter

-- see CANDIDATES, page 2

Cape students to get first flu vaccinations at Sept. 25 clinic

By Wendy Keeler

When Cape Elizabeth students found out that most Cape kids will get nasal flu vaccines instead of shots at a flu clinic planned for district students Friday, Sept. 25, many felt the kind of relief they get when a teacher informs them that an exam will in fact be a quiz. At the flu clinic, the first of as many as three this fall, students will receive inoculations for the regular seasonal flu, not H1N1.

Heeding a recommendation to schools by the federal Center for Disease Control and Prevention, Cape Elizabeth is offering seasonal flu and H1N1 flu vaccines to all Cape district students, members of one of the age groups most susceptible to contracting and spreading the H1N1 strain, also known as "swine flu." To receive the Sept. 25 vaccine, students had to return consent forms signed by parents by Sept. 17. Parents who decide after that date that they

want their children to be vaccinated on Sept. 25 should contact their child's school nurse. The school system will provide vaccines for every student, school officials say.

"Each student who needs or wants the vaccine, whose parents have signed the consent form, will be able to get it," Cape Elizabeth Middle School nurse Cindy Tardif said. "If what we ordered is not enough, we can have more driven here right on the spot."

Nurses from Home-Health Visiting Nurses in Saco will give Cape Elizabeth High School and Middle School students the first vaccines during the morning of Sept. 25. Pond Cove students, for whom Sept. 25 is an early-release day, will attend the clinic at the Fire Station after school with parents.

Eighty percent of the vaccines ordered for

the clinic are in the form of a pain-free mist made up of live vaccine, which is sprayed into the nose. The spray, which contains weakened, live flu virus rather than the inactivated flu virus that shots contain, cannot be given to anyone who is pregnant or has asthma, active wheezing, a history of Guillain-Barre syndrome, or long-term medical conditions such as heart disease, kidney disease, and diabetes

Additional clinics

When *The Cape Courier* went to print on Sept. 15, time slots for vaccinations for students in middle and high school had not been set. Dates of additional clinics were also unknown. Children 9 years old and younger who have never had a seasonal flu vaccine will need a second dose four weeks after the Sept. 25 vaccination, which Superintendent Alan Hawkins said kids might be able to receive at the same time they get the H1N1 vaccine.

Students of all ages have to wait four weeks from the time they get the seasonal

-- see FLU VACCINATION, page 18

'Each student who needs or wants the vaccine ... will be able to get it.'
—Cindy Tardif, Middle School nurse



The Cape Courier
 P.O. Box 6242
 Cape Elizabeth Maine 04107
 207-767-5023
 www.capecourier.com

OUR MISSION STATEMENT

The mission of *The Cape Courier* is to foster a sense of community by presenting news specific and unique to Cape Elizabeth and its residents, and, whenever possible, to promote volunteerism within our community.

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LETTER & SUBMISSION POLICY

We welcome letters to the editor. They should be no more than 250 words. We reserve the right to refuse letters and will not withhold names. Letters reflect the opinion of the author and not the view of *The Cape Courier*. We invite submissions, and reserve the right to edit accepted submissions.

NEXT ISSUE

Saturday, Oct. 3, 2009

DEADLINE

Noon Tuesday, Sept. 22, 2009

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Sullivan will bring 'focused and practical approach' to council

We are writing to urge the voters of Cape Elizabeth to elect Jessica Sullivan to the Town Council on Nov. 3, 2009. Jessica has very deep roots in our town, descending from an old Cape farming family. She has a background in health care, small business management and community volunteerism. Jessica is currently on the Thomas Memorial Library Board of Trustees. She will work hard to preserve the special characteristics of Cape Elizabeth, while facing our daunting fiscal challenges. She listens carefully and has a collaborative style that is crucial for problem solving. Jessica will bring a very inclusive, focused and practical approach to research and decision making on the council. Please vote for Jessica Sullivan on Nov. 3.

Bill and Jo Boeschstein

Fresh Air Fund hosts and volunteers provide 'simple summertime pleasures' to many

This summer, 98 New York City children found out once again just how special summer is in southern Maine. Fresh Air Fund hosts, volunteers and local supporters dedicated their time and efforts to help these inner-city youngsters experience simple summertime pleasures in your community.

None of this would be possible without Suzanne Barr, your local Fresh Air Fund volunteer leader, who works throughout the year to make sure host families and children have the opportunity to enjoy memorable summertime experiences together. I invite you to join Suzanne and the local Fresh Air Fund committee to help spread the word about the wonderful opportunity of hosting next summer.

The Fresh Air Fund, an independent, not-for-profit agency, has provided free summer vacations to over 1.7 million New York City children from low-income communities since 1877. For more information on how you can help to continue this wonderful tradition of volunteering, please call Suzanne Barr at 207-885-9840 or visit www.freshair.org (where you can also check out photos from 2009!).

Jenny Morgenthau
 Fresh Air Fund Executive Director

Lighthouse Day affords an exciting 'look see'

How excited I was to have my 1:15 p.m. tower ticket to climb to the top of the venerable Portland Head Light on Lighthouse Day.

I went to Fort Williams early to see what the procedure was for gaining admittance and got my ticket for later in the day.

Our lovely park was filled with people arriving on foot, by car and by bus/trolley from the large cruise ship docked in Portland. About the only mode of transportation not seen was horseback which would have been totally appropriate for the George Washington-commissioned lighthouse!

The Coast Guard graciously handled the ticketing and directed the attendees up to the observation deck and back safely. There were eighty some cast-iron steps in the circular stairs and then the big step out onto the deck. A grand bird's eye view of the keeper's

house, as the red roof was directly below the deck, with crashing surf off to the left and right. It was misty and the fog horn was talking to the Two Light's horn to add to the atmosphere. I loved it.

Travelers from around the world visit "our" beautiful park. The people of Cape Elizabeth see that it is well kept and free to all. I was proud to be a longtime Caper, sharing the park and the lighthouse with so many on Sept. 12. My paternal ancestor, John Libby, landed on Richmond Island 154 years before Washington commissioned Portland Head Light. On Lighthouse Day, I felt like quite the adventurer climbing up to take a "look-see," wondering how it might have looked in 1637.

Sheila Libby Alexander

Candidates

Cont. from page 1

must include both the name of the write-in candidate and the town in which the candidate resides, either Cape Elizabeth or South Portland. Should a write-in candidate not be elected, or should such a candidate decline to accept the seat, the board will have a vacancy.

Lane spoke to a representative from the Portland Water District on Sept. 10. "My question was whether a special election will be held if no one is elected at the Nov. 3 election. I was told that if no one is elected, it is a decision of the Portland Water District Board of Trustees whether to hold a special election, and if so, when."

Election

The municipal election will be held Tuesday, Nov. 3, at the Cape Elizabeth High School gym. The polls will open at 7 a.m. and will close at 8 p.m.

Absentee ballots will become available approximately 30 days before the election but may be requested now. Requests for ballots may be made online at www.capeelizabeth.com by downloading, filling out, and delivering or mailing an application form. Absentee ballots may also be requested by calling Town Clerk Debra Lane's office at 799-7665 or by visiting Lane's office in Town Hall at 320 Ocean House Road.

No reason is needed for absentee voting. For updated election information, go to the town Web site at www.capeelizabeth.com.

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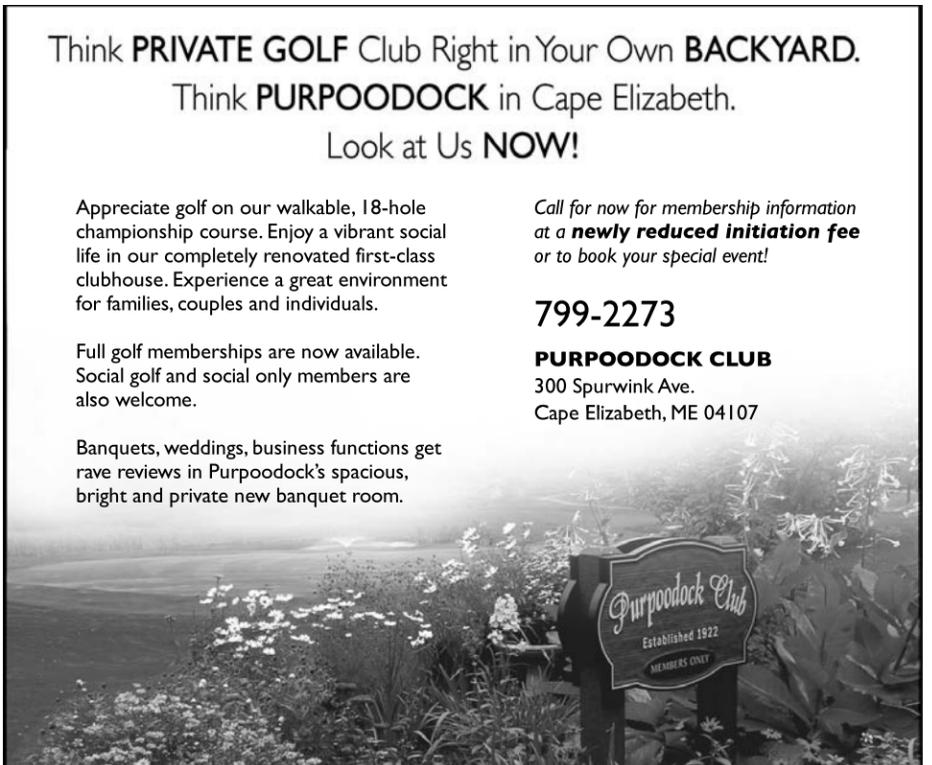
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Recycling Center announces fee waiver, some Sunday openings for fall

Fees will be waived at the Recycling Center for residents hauling their own material or heavy items from Oct. 17 to Nov. 1, 2009.

Funds for the fall heavy-item pickup were not included in the fiscal 2010 municipal budget.

The fees will be waived during that time period for residents bringing in their own materials or heavy items, said Public Works Director Robert Malley. Contractors, however, will still be assessed fees in accordance with current regulations, he said.

Sunday openings

The Recycling Center will also be open from 10 a.m. to 4:30 p.m. on four Sundays

during October and November for the disposal of brush, leaf, yard and wood waste only.

The Sunday dates are Oct. 25, Nov. 1, Nov. 8 and Nov. 15.

Fees will not be assessed for residents the first two Sundays, Oct. 25 and Nov. 1, but will be assessed for all applicable items Nov. 8 and Nov. 15. (go to the town Web site at www.capeelizabeth.com for list of applicable items).

Items normally destined for the Transfer Station (household rubbish) will not be accepted on Sundays.

For more information please call Public Works, 799-4151.

No heavy-item pickup, no e-waste collection this fall

Crisp air, brilliant leaves and the sound of school buses arrive in Cape Elizabeth, but the seasonal e-waste collection and heavy-item pickup will not.

E-waste, including televisions, mercury thermometers, thermostats and fluorescent light bulbs, are considered hazardous and may not be discarded with regular trash.

For the last three years the town has collected e-waste at the Recycling Center on one day in October, but this year's collection was not included in the fiscal 2010 budget.

The next collection of e-waste will be part of the overall hazardous waste collection day in May, 2010.

Residents may dispose of some e-waste in designated areas at the Recycling Center during regular hours. These items include:

*computer equipment: CPUs (computer towers), printers, keyboards, peripherals

*electronics

*old stereo equipment

Compact fluorescent light bulbs may be returned year round to Drillem's, Walmart or Shoppers TruValue in South Portland.

Thermostats may be returned year round to the Granite Group or Sid Harvey Incorporated, St. John Street, Portland to receive a \$5 reward coupon.

No fall heavy-item pickup

Residents are also reminded that there will be no fall heavy-item pickup this year. The \$18,000 cost of disposal and the hiring of an outside contractor were also not included in the fiscal 2010 budget.

Savings from eliminating the fall e-waste collection were estimated at \$1,700.

The town discontinued funding the spring heavy-item cleanup in 2003.

State control board collecting unwanted pesticides this fall

The state's Board of Pesticides Control is offering free disposal of old, unwanted pesticides this fall.

Registration for the service is required by Sept. 25, 2009. To register, find out collection dates and locations, and learn important information about the temporary storage and transportation of obsolete pesticides, go to the BPC Web site at www.thinkfirstspray-last.org. or, call the BPC at 287-2731.

Pesticides are among hazardous wastes collected at the town's annual collection, but the next scheduled collection in Cape Elizabeth will not be until May, 2010, said Cape Elizabeth Public Works Director Robert Malley.

--from the town Web site
www.capeelizabeth.com



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Over the last few generations, however, as the time commitments of everyday life have grown, many towns and villages throughout Maine have moved away from the traditional town meeting. We have elected instead to select a subset of our town to serve as a "Town Council" for the purposes of: (a) deciding everyday matters; (b) providing oversight of Town operations; and (c) investigating highly technical issues.

Although we have abandoned our traditional form of local government, we have not abandoned its central tenet: when issues of sufficient importance arise, **we the people, as a whole, should decide** the outcome.

I believe that the **Shore Road path**, the razing of that unique piece of Maine history known as the **Goddard Mansion**, and the replacement of **Thomas Memorial Library**, like the now-rejected town center **traffic light**, each rise to a sufficient level of importance to warrant a **town-wide referendum** in conjunction with a regularly scheduled election.

The Town Council should not lose sight of either its role or its place in history. **Let us**, the residents of Cape Elizabeth, **decide** these issues for ourselves.

Regards,



Christopher M. Straw
chris@chrisstraw.com

CELT Harvest Festival, BBQ, triathlon set for Sunday, Sept. 27; volunteers needed

The Cape Elizabeth Land Trust (CELT), a nonprofit organization committed to the conservation and stewardship of distinctive lands cherished by the Cape Elizabeth community, will hold its fifth annual Harvest Festival and community barbecue on Sunday, Sept. 27, at the Cape Elizabeth Middle School field from 9 a.m. to 2 p.m.

The annual community event follows the Noyes, Hall & Allen CELT Challenge Triathlon and Duathlon taking place that day at the high school swimming pool, adjoining trails and roads. The CELT Harvest Festival will play host to the triathlon awards ceremony and features a community barbecue sponsored by Hannaford Supermarkets.

"Hannaford is delighted to support the Cape Elizabeth Land Trust and the Harvest Festival," said Hannaford Community Relations Specialist, Tap Fitzgerald. "125 years ago, Hannaford was founded in the very fields where the community will enjoy a barbecue featuring hamburgers, hot dogs, veggie burgers, corn on the cob, local varieties of apples and much more." The community barbecue is open to the public, and the \$7 ticket price benefits the Cape Elizabeth Land Trust's Saving Cape Great Places initiative.

In addition to the community barbecue, this year's Harvest Festival is dedicated to family-fun activities and exhibits. Exhibits include live farm animals, live owls from Chewonki Foundation, a Cape Elizabeth fire engine, oversized kite flying, an astronomy exhibit, and an environmental education area sponsored by Saco & Biddeford Savings. Activities include gourd painting, face painting, leaf-print banner making, an obstacle course, root beer toss, a nature scavenger hunt, soccer, volleyball, animal-track mold creations, a tug-of-war and sack races. Weather permitting, ReMax will also be providing hot air balloon rides from 9 a.m. to 11 a.m.

The Harvest Festival also features a pie contest (see details below) and a photographic exhibition from the CELT Photo Contest. The Cape Farm Alliance will also participate with fresh farm produce and share local recipe favorites. And the crowds will be serenaded by the blue grass tunes of the Muddy Marsh Ramblers, sponsored by the law offices of Bingham with offices in Portland, Boston and New York.

"We have had a tremendous outpouring of community and sponsorship support for the CELT Harvest Festival," said Chris Franklin,

Executive Director for the Cape Elizabeth Land Trust. "The triathlon and Harvest Festival have become one of our biggest annual fundraisers for the Land Trust." The net proceeds from the triathlon and Harvest Festival will benefit the Cape Elizabeth Land Trust and its mission to conserve distinctive lands cherished by the community.

Harvest Festival sponsors include Hannaford Supermarkets (food sponsor), Bingham (music sponsor) Saco & Biddeford Savings (education area sponsor), Maine Magazine (media sponsor) and Coastal Wellness (wellness sponsor). Supporting sponsors include Allen & Coles Moving and Storage, Nestlé Waters, the Buttered Biscuit, and VONT + HMG Search Marketing, Cape Farm Alliance and King Arthur Flour.

Volunteers needed

Though dozens of volunteers have already committed their time and energy to coordinate the daylong event, dozens more are needed to assist with day-of-event activities. Community-minded volunteers interested in committing a couple hours of their time in the morning or afternoon of Sunday, Sept. 27, to help make the event a success are encouraged to contact Lisa Flaim at the Cape Elizabeth Land Trust at 767-6054 or info@capelandtrust.org.



The Harvest Festival barbecue is always a big hit.

For more information about the CELT Harvest Festival or to volunteer, visit www.capelandtrust.org/triathlon/harvest or call 767-6054.

Is yours the best tasting pie? Find out!

The Cape Elizabeth Land Trust's Best Tasting Pie contest provides residents of Cape Elizabeth and surrounding communities with the opportunity to show off their pie-making skills against a competitive field of bakers.

The Best Tasting Pie Contest takes place on Sunday, Sept. 27 at the fifth annual CELT Harvest Festival.

"Last year, we had 50 pie entries that were carefully tasted and judged by Cape Elizabeth town councilors," said Chris Franklin, Executive Director of the Cape Elizabeth Land Trust, the nonprofit beneficiary of the Harvest Festival and Triathlon/Duathlon. "Over each of the past four years, the number of entries has increased. This year we are hoping for our best turnout yet."

Awards for Best Tasting Pie will be presented in five categories: chocolate pies, fruit pies, cream pies, Maine pie (all Maine ingredients), best-looking pies and best-tasting pie created by a child 12 or under.

The Best Tasting Pie Contest is just one of many community activities featured at the CELT Challenge Harvest Festival, which immediately follows the Noyes Hall & Allen CELT Challenge Sprint Triathlon/Duathlon on Sunday, Sept. 27. (See story above for details about other Harvest Festival events).

Contestants interested in submitting an entry to the "Best Tasting Pie Contest" are encouraged to contact Anne Carney at 767-7404 or via e-mail at anne.carney@maine.rr.com with PIES in the subject line.

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Seen at Cape farms...



Photos by Beth Angle

Jodie Jordan takes a break with a canine friend at Alewive's Brook Farm. That's a lobster for Jodie and a cob of fresh sweet corn for the dog.



A rooster stands over three hens at Cranky Rooster Farm on Fickett Street.



Above, a harvest of onions dry in the sun at William H. Jordan Farm. Below, sheep stare at Shady Oaks Stables on Fowler Road.



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CAPE ELIZABETH

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Andrea Pellechia | 770.2214
Anne Bosworth | 770.2206



CAPE ELIZABETH

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Anne Bosworth, Listing Agent
Andrea Pellechia, Buyer Agent



CAPE ELIZABETH

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Anne Bosworth | 770.2206
Andrea Pellechia | 770.2214



CAPE ELIZABETH

Location. Location. Location. This beautifully well maintained Shore Road colonial has it all. Eat in kitchen, formal dining room and spacious bedrooms round out this classic colonial. Large sunny rooms, water views and a great location. A pleasure to show. **\$589,000** MLS# 928802

Anne Bosworth | 770.2206



CAPE ELIZABETH

Beautifully remodeled throughout in Mt. View Park. State of the art kitchen with stainless steel appliances and granite countertops, living room with fireplace, formal dining room, spacious master suite with walk-ins and private bath, mudroom and 1st floor laundry. Close to beaches. **\$498,400** MLS# 933350

Andrea Pellechia | 770.2214



CAPE ELIZABETH

New Listing! This 3 bedroom, 2 bath ranch has been lovingly maintained. Featuring an expansive living room with parquet floors and fireplace, sunny kitchen and spacious daylight family room both with fireplaces. Two private decks; great neighborhood near schools & shopping. **\$239,900** MLS# 948461

Mary Jo Cross | 770.2210
Diane Shevenell | 770.2224

Bottle shed provides an 'amazing service'

By Jennifer Hansen

Recently, my kids and I completed our first tour of duty at the bottle shed. After hearing others' war stories, we arrived at the battle ground appropriately attired: old clothes and thick gloves. Even with advanced preparation, we weren't quite ready for all the foreign smells: old beer, sour milk, and aging soda. Bravely, we dragged bag after bag inside and tackled the piles of bottles and cans. We ripped. We sorted. We emptied. We tossed. We piled. Once we got going, the kids made a game of getting the proper bottle into the proper bin. As I dug through the pop cans and beer bottles, water jugs and wine bottles, I thought what an amazing service the bottle shed provides. Not only does the shed bring in dollars for many Cape nonprofit groups throughout the year, but the shed also helps

keep piles and piles of recyclable materials out of the waste stream. After two hours, we turned the remaining bags and bottles over to the next volunteer. I'm certain we will return many times over the following years. Come your turn, you will not be bored in the bottle shed.

For those people leaving items at the bottle shed, thank you! Your contributions are greatly appreciated. Remember, the bottle shed is for redeemable beverage containers only (juice, water, soda, alcohol but NOT milk). All containers should be EMPTY. Bonus points for those of you who rinse the containers!

For those manning the bottle shed, thank you! Your service to these organizations is appreciated.

For more information on the bottle shed, visit www.capeelizabeth.com/recycle/bottle_shed.

New open top silver bullet provides easy access



Photo by Jennifer Hansen

A new recycling bin with an open top provides an easy alternative to the silver bullet recycling bins at the Recycling Center. The new bin is located past the silver bullets and the trash hopper, near the sheetrock/metal/ asphalt bins.

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Reported by Debbie Butterworth

COMPLAINTS

- 8-20 An officer met with a resident of the Broad Cove area regarding a possible missing person who was later accounted for.
- 8-21 An officer met with a Falmouth resident who reported damage to the plaintiff's vehicle while parked at Kettle Cove. There were small dents on the driver's door.
- 8-22 An officer met with a resident regarding a harassing phone call.
- 8-26 An officer met with a resident of the Shore Road area regarding an issue with a contractor.
- 8-30 An officer met with a resident in the Spurwink Avenue area regarding a motor vehicle burglary complaint. Missing from the vehicle was an iPod.
- 8-30 An officer met with a resident of the Shore Acres area for a criminal mischief complaint. A window of the residence was smashed.
- 8-31 An officer met with a resident of the Eastman Road area for report of a motor vehicle burglary. Money was missing.
- 8-31 An officer met with a resident of the Scott Dyer Road area regarding unauthorized charges on a credit card. The bank has been contacted.
- 8-31 An officer spoke with a resident of the Sawyer Road area regarding a motor vehicle burglary complaint. Missing from the vehicle was an iPod and an inverter.
- 9-1 An officer met with a resident of the Shore Road area regarding criminal mischief to a motor vehicle. Someone had dented a fender and gouged the paint.
- 9-1 An officer met with a resident of the Fowler Road area who reported that a taillight on his vehicle had been smashed during the night.

- 8-26 Portland resident, operating after suspension, Spurwink Avenue
- 8-26 Cape Elizabeth resident, uninspected vehicle, Scott Dyer Road, \$133
- 8-26 Cape Elizabeth resident, seatbelt violation, Scott Dyer Road, \$70
- 8-26 Cape Elizabeth resident, seatbelt violation, Sawyer Road, \$70
- 8-26 Portland resident, speeding (61/45 zone) Bowery Beach Road, \$185
- 8-27 Portland resident, speeding (45/35 zone), Spurwink Avenue, \$137
- 8-27 Cape Elizabeth resident, seatbelt violation, Kettle Cove, \$70
- 8-28 Portland resident, uninspected vehicle, unregistered vehicle, no proof of insurance
- 8-28 Cape Elizabeth resident, uninspected vehicle, Shore Road, \$133
- 8-28 South Portland resident, OUI
- 8-29 Scarborough resident, failure to provide proof of insurance, Route 77, \$171
- 8-31 Cape Elizabeth resident, speeding (44/30 zone) Shore Road, \$137

JV SUMMONS

- 8-24 possession of marijuana, drug paraphernalia, tobacco
- 8-24 possession of marijuana

ARRESTS

- 8-22 Scarborough resident, OUI, Ocean House Road
- 8-24 Cape Elizabeth resident, OUI, Ocean House Road
- 8-26 Portland resident, operating after license suspension
- 8-29 South Portland resident, OUI

ACCIDENTS

- 8-22 Jason Baille, Ziaul Islam, accident on Shore Road
- 8-27 Edward Greer, James Medley, accident on Spurwink Avenue
- 8-29 Erica Small, Joshua Carver, accident on Mitchell Road

FIRE CALLS

- 8-18 Rocky Hill Road, structure fire
- 8-21 Trundy Road, fuel leak
- 8-21 Delano Park, fire alarm
- 8-22 Spoonrift Lane, fire alarm
- 8-23 Shore Road, vehicle accident
- 8-22 Bridle Path Road, power line down
- 8-23 Wabun Road, unpermitted burn
- 8-24 Fort Williams, crowd and traffic control
- 8-25 Watercraft recovery
- 8-24 Pulpit Rock, Spurwink Road, arcing wires
- 8-24 Greenview Road, fire alarm
- 8-26 Bowery Beach Road, fire alarm
- 8-26 Linwood Road, CO2 alarm
- 8-26 Locksley Road, CO2 alarm
- 8-27 Fowler Road, animal rescue
- 8-27 Star Road, fuel leak

RESCUE CALLS

There were 15 runs to Maine Medical Center. There were 3 runs to Mercy Hospital. There were 3 patients treated by Rescue personnel but not transported.

SUMMONSES

- 8-19 Cape Elizabeth resident, possession of marijuana, Sawyer Road
- 8-19 Cape Elizabeth resident, unregistered vehicle, Route 77, \$70
- 8-19 Cape Elizabeth resident, speeding (34/25 zone) Mitchell Road, \$119
- 8-20 South Portland resident, unregistered vehicle, Shore Road, \$70
- 8-22 Scarborough resident, OUI, Ocean House Road
- 8-22 Cape Elizabeth resident, seatbelt violation, Scott Dyer Road, \$70
- 8-22 Two Cape Elizabeth residents, underage, possession of alcohol by consumption, Hill Way
- 8-24 Cape Elizabeth resident, OUI, Ocean House Road
- 8-25 Biddeford resident, possession of alcohol, underage, Fowler Road
- 8-25 Cape Elizabeth resident, seatbelt violation, Route 77, \$70
- 8-26 South Portland resident, uninspected vehicle, Sawyer Road, \$133

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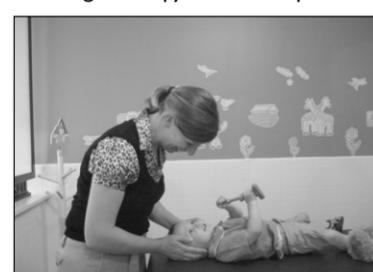
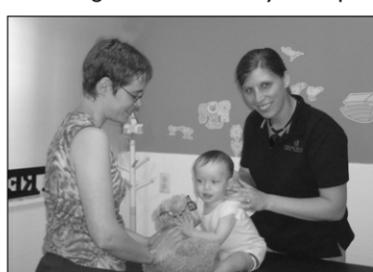
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Alumni with spirit



Photo by David LaRose

Gathering Aug. 28 at Hannaford Field for the ninth annual Kevin Brady Memorial Alumni Soccer Game, in which the CEHS boys' and girls' teams play CEHS alumni teams, are past winners of the Kevin Brady Spirit Award and Scholarship, left to right, Amory Houghton, Haley Thompson, Brett Brown, Ashley LaRose, Jeff Hodge, Danya Michaels, David Downing, Abby Putnam, David Croft, and Fritz Maddrell. The award and scholarship are given each year to a boy and girl player in memory of CEHS soccer player, Kevin Brady, who died in August 2000. This year, the CEHS girls beat alumni players 2-0, and the boys' alumni team won 4-1.

Cape Little League to hold annual meeting on Oct. 6 at CEHS

Cape Elizabeth Little League will hold its annual meeting at 7 p.m. on Tuesday, Oct. 6, in the Cape Elizabeth High School cafeteria. All members of the CELL community are invited to discuss the previous 2009 season and the 2010 season.

"CELL is always looking for volunteers, and the annual meeting is a great time to get involved," CELL President Mark Hare said.

Each year Cape Elizabeth Little League serves more than 470 boys and girls aged 5-14. Anyone seeking more information can contact Hare at 767-1838 or president@cape-ll.com.

Cape Soccer Club raising money

Community members who donate returnable bottles to Hannaford stores can raise money for the Cape Elizabeth Soccer Club (CESC). The nonprofit organization, which provides soccer opportunities to Cape Elizabeth youth up to the age of 14, serves 250 children.

Bottles can be dropped off at Hannaford stores in pre-labeled, prepaid, green Clynk bags, available by contacting CESC board member, Janelle Deschino, at deschino@qwest.net or 767-0151.

"This is a simple and convenient way to raise funds for our club," said Deschino.

'Dream come true'



Photos by Gail Osgood



At top, members of Cape Elizabeth Soccer Club's under-10 girls' team get tips from Gary Newell, the coach of the Cape Elizabeth High School girls' varsity team, at a clinic Sept. 3 that Newell and junior varsity girls' coach Don Burke held for the U10 girls at Hannaford Field. Above, the younger players share some fun with varsity players. "What a great moment for the little girls. To be on the back of a varsity player must have been a dream come true," U10 parent Gail Osgood said. "This was just a great story of the positive things that happen in our community," fellow U10 parent Sue Guerette said.

What's news in your sport?

Student athletes, coaches, parents, boosters, and fans, send us your sports news! No time to write an article about your favorite team? Just send us a photo with caption information.

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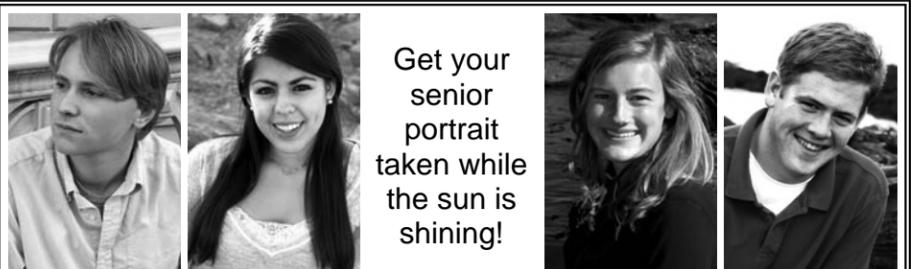
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'Company' at Portland Players through Sept. 27



Photo by Janie Downey

"Company," a musical about a single man and the five married couples who are his best friends, had a real life twist on opening night, Sept. 11, when Assistant Director Joe Swenson proposed marriage to Director Jamie Lupien on stage. "Since this show is all about being single and getting married, it was shocking and fun and made everyone cry," friend Janie Downey wrote in a Sept. 12 e-mail to The Cape Courier. "Jamie said, 'yes,' by the way."

The musical, "Company," will run through Sept. 27 at the Portland Players. The production, which features music and lyrics by Stephen Sondheim, revolves around Bobby, a single man unable to commit fully to a steady relationship, the five married couples who are his best friends, and his three girlfriends. The play opened on Broadway in 1970.

"Company" is directed by Jamie Lupien, who is assisted by Joe Swenson. Rebecca Rinaldi is music director, and Joanna Chantal is stage manager.

The cast includes Todd Daley, Greg Charette, Bob Gauthier and Joshua Chard. Show times are at 8 p.m. Fridays and Saturdays and 2:30 p.m. Sundays. Tickets are \$20 for adults, \$18 for senior citizens and \$15 for students. College students need IDs.

To make reservations, call the box office, 799-7337, from 4 to 6 p.m. Monday through Friday, 10 a.m. to noon Saturday, or 90 minutes before curtain call on show days. The theater is located at 420 Cottage Road in South Portland.

My Sister's Keeper training sessions planned this fall

My Sister's Keeper (MSK), a mentoring program for women in transition from corrections, will facilitate an orientation session for interested mentors and community volunteers from 6 to 8 p.m. on Thursday, Oct. 22, at the Cape Elizabeth United Methodist Church (CEUMC).

Mentor training sessions will follow from 6 to 8 p.m. on three consecutive Thursdays, Oct. 29, Nov. 5, and Nov. 12, at the church.

My Sister's Keeper provides mentors for women transitioning from incarceration to the community. Mentors strive to empower women to make positive choices for their spiritual, physical, emotional and mental health needs. Working collaboratively with faith groups, community groups and government agencies, My Sister's Keeper assists women with the resources they need and provides mentors with direction through training as well as practical and emotional support.

To register or get more information, please contact Kelly Dell'Aquila, director of services, at 712-5962 or kcoogs@aol.com. Cape Elizabeth United Methodist Church is located at 290 Ocean House Road.

Pancake fundraiser for volleyball team planned Oct. 3

The Cape Elizabeth High School volleyball team will host a pancake breakfast fundraiser from 8 to 10 a.m. Saturday, Oct. 3, at Applebee's Restaurant in South Portland, 200 Running Hill Road, South Portland.

Tickets, which are \$5 each, buy pancakes, butter and syrup and a cup of juice and coffee. Proceeds raised at the breakfast will help the team purchase a volleyball net, referee stands, and team uniforms.

To buy a ticket or get more information, contact at amywent@gmail.com or 767-3311.



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CAPE CALENDAR

By Wendy Derzawiec, 767-4074
(E-mail: derzawie@maine.rr.com)

Agendas for town and School Board meetings are available online at: www.capeelizabeth.com

Tuesday, September 22

School Board Finance Committee, 6:30 p.m., high school library, 345 Ocean House Road

Zoning Board of Appeals, 7 p.m., Town Hall chamber, 320 Ocean House Road

School Board workshop, 7 p.m., high school library, 345 Ocean House Road

Thursday, September 24

Recycling Committee, 7 p.m., Public Works, Cooper Drive

Thursday, October 1

Pond Cove Parent Association Costume Swap, 3-6 p.m., Pond Cove/Middle School cafeteria, 14 Scott Dyer Road

Health Insurance Review Committee, 7 p.m., William H. Jordan Conference Room, Town Hall, 320 Ocean House Road

Ongoing each week

Al-Anon, Newcomers' meeting, 6:15 p.m., regular meeting 7:30 p.m. **Thursdays**, at United Methodist Church, 280 Ocean House Road (Rt. 77). Regular meeting 7 p.m. **Fridays** at St. Alban's Episcopal Church, 885 Shore Road

Alcoholics Anonymous, 2 p.m. **Saturdays**, First Congregational Church, 301 Cottage Rd., So. Port.; 7 p.m. **Wednesdays**, St. Bartholomew Church, 8 Two Lights Rd.; 7 p.m. **Fridays**, St. Alban's Church, 885 Shore Road

Cape Elizabeth Historical Preservation Society, 9 a.m.-noon **Thursdays**, except for holidays, storm days, Thomas Memorial Library, 6 Scott Dyer Rd.

Volunteers assist with information searches. Public welcome. Meetings are first Monday of the month, 7 p.m., at the library.

Cape Elizabeth Lions Club, 6:39 p.m., first and third Tuesdays (except July and August) at the Bowery Beach Schoolhouse, head of Two Lights Road. For more information about the Club, contact Kim Brooks, 767-2733, or Bruce Balfour, 799-4221.

Fire-Police meetings, 7 p.m. third Thursday of each month except July and August at the Cape Elizabeth Police Station, 325 Ocean House Road.

Scrapbooking Sessions, 9 a.m.-4 p.m. first Saturdays except July and August, Bowery Beach Schoolhouse, Two Lights and Wheeler roads. Cost is \$15, to benefit Cape Elizabeth Lions local and international activities. Participants should bring own supplies. For more information call Kim Brooks, Lions president, 767-2733.

The South Portland/Cape Elizabeth Rotary Club, each Wednesday at 6:15 p.m. at the Purpoodock Country Club on Spurwink Road in Cape Elizabeth. For more information on the SP/CE Rotary Club, contact club president Joan Frustaci, 767-2490.

American Legion, 7 p.m. second Monday of each month, Cape Elizabeth United Methodist Church, 280 Ocean House Road. For more information contact Deb Schneider, 767-6109.

CELT plans three walks: for bird lovers, children, and Cape geology enthusiasts

Cape Elizabeth Land Trust has three walks—for children, for bird lovers, and for people interested in Cape Elizabeth geology—planned between Sept. 23 and Oct. 3.

CELT volunteer Lisa Gent will lead a walk through Robinson Woods for children ages 3 to 5 years old and their caregivers from 9 to 10 a.m. on Wednesday, Sept. 23. Children will have the opportunity to explore the habitat of the woods to search for birds, reptiles and amphibians, mammals and plant life. The focus of the walk will be on signs of fall and the approaching change of seasons. Lots of hands-on explorations and games will be included. Participants should dress in comfortable clothes and bring a water bottle. The group will meet near the kiosk at the Robinson Woods parking area on Shore Road.

CELT volunteer Bob Cash will lead a walk focused on fall bird migration from 9 to 11 a.m. Sunday, Sept. 27, at Great Pond and Kettle Cove. The walk will be held rain or shine, so participants should dress appropri-

ately in footwear for wet walking. The group will meet at the end of Fenway Road.

CELT volunteer Sheldon Smith will discuss the glacial history of the region and then lead a walk to view the geological history of Cape Elizabeth, on Saturday, Oct. 3. The group will meet at 8:30 a.m. at the CELT office, 330 Ocean House Road, for the pre-walk discussion and then proceed in a shuttle van to Kettle Cove, where the walk will begin. The group will view Scarborough and Cape Elizabeth formations. At the end of the walk, which will take about three and a half hours and end at about 1 p.m., participants will head back to the CELT office via Great Pond. Hiking experience is recommended. Snacks and water will be provided, but group members should bring a lunch.

All events are \$12 per family or \$6 per person. Registration is through Cape Elizabeth Community Services, located in the Community Center, 334 Ocean House Road. For more information, call 799-2868.

'Producers' to run through Sept. 27 at Lyric



The "Bavarian Ladies" group performs in "Springtime for Hitler," a fictional play within Mel Brooks' play, "The Producers," which will run through Sept. 27 at the Lyric Music Theater.

The Mel Brooks musical, "The Producers," will run through Sept. 27 at Lyric Music Theater. Directed by Michael Donovan, the story concerns two theatrical producers who scheme to get rich by overselling interests in a Broadway flop, which unexpectedly turns out to be successful.

The cast features Brian McAloon, Fran Page, Cory Bucknam, Mark Barrasso, Cape Elizabeth resident Vincent Knue, and Kyle Dennis. Cape Elizabeth actor Genevieve Myers' performance in the production's ensemble will be her last Maine show before Myers leaves for the American Musical and Dramatic Academy (AMDA) in New York City. Cape Elizabeth resident Louise Keezer is the production's costume designer.

Based on Brooks' 1968 movie of the same name, the play won a record-breaking 12 Tony awards and broke the record for the largest single-day box office gross in theater history.

Show times are 8 p.m. on Fridays and Saturdays and 2:30 p.m. on Sundays.

To order tickets, which are \$19.99, call the box office at 799-1421 or 799-6509 from 10 a.m. to 2 p.m. Monday through Saturday, from 5 to 7 p.m. Wednesday through Saturday, and from noon to 2 p.m. on Sunday. Tickets also can be purchased on the theater's Web site, www.lyricmusictheater.org.

The theater is located at 176 Sawyer Street in South Portland.

CAPE CABLE GUIDE

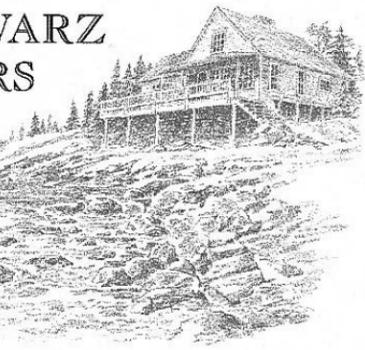
CHANNEL 3

Planning Board replay
Sept. 19 - 2 p.m. & 8 p.m.
Zoning Board of Appeals (live)
Sept. 22 - 7 p.m.

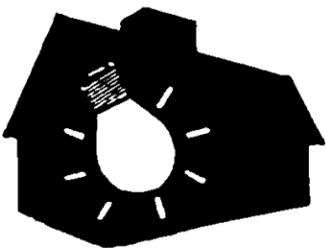
Zoning Board replay
Sept. 23 & 24 - 2 p.m. & 8 p.m..
Schedule is subject to change. See program guide on Channel 3 for update listing.

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Cub Scouts sign-up, first pack meeting planned for Sept. 24

Boys interested in joining Cub Scouts can sign up at a meeting planned from 6 to 7:30 p.m. Thursday, Sept. 24, in the Pond Cove School cafeteria. The sign-up portion of the evening will run from 6 to 6:45 p.m., followed by the first pack meeting of the year, which will run from 6:45 to 7:30 p.m.

Boys will be able to meet other Scouts and participate in games and activities while parents speak with Cub Scout representatives and fill out forms. The recruit fee is \$40. Subscriptions to *Boy's Life* magazine will be available for an additional fee. Checks or cash will be accepted. All are welcome to attend.

Cub Scouting offers boys in grades 1-5 opportunities to participate in outdoor events, sports, games and activities in a program designed to build character, citizenship and personal fitness. Activities include woodworking, crafts, archery, an overnight camping adventure, cooking over a fire, ice fishing, and racing a car Scouts build themselves. Parents are active participants in the den and pack meetings.

For more information, please contact Cubmaster AJ DiNinno at 799-1277.

New wellness studio for people over 40 to offer week of free events

Cape resident Colleen Myers has joined forces with chiropractor Fawn Dunphy and personal trainer MaryAnn Molloy to create Our Wellness Room in Mill Creek, South Portland, a health studio geared toward people who are over 40. The studio is located in the Chiropractic Healing Arts Center, 85 E St.

Enjoying strength and vitality through movement, professional care and self care will be the focus of a free weeklong grand opening that will run from Sunday, Sept. 20, to Saturday, Sept. 26.

Some events will be geared to runners and other athletes, including participants in the Maine Senior Games, who will be honored at an open house planned from 6 to 8 p.m. on Sept. 25.

The public is invited to a book signing and discussion with Fred Brancato, the author of the book "Ancient Wisdom and the Measure of our Days" about the losses and gains experienced by people as they age. A former professional ball player who now teaches tai chi, Brancato will lead free tai chi classes at the studio from 6 to 8 p.m. Tuesday, Sept. 22, and from 9 to 11 a.m. Saturday, Sept. 26.

Kripalu yoga instructor Keita Whitten will lead free gentle yoga classes at 7 a.m., 9:30 a.m., and 5:30 p.m. Wednesday, Sept. 23. Myers, who is also a Kripalu-trained yoga teacher, will offer free classes at 10 a.m. on Monday, Sept. 21, and Thursday Sept. 24. Myers specializes in helping people who don't think they can do yoga get started in a chair, move to standing and working on flexibility, strengthening, balance and stress reduction.

Restoration of bone and joint health through natural means will be the topic of two events on Sept. 21: a lunch and learn session at noon, and an evening seminar at the University of Southern Maine, which the group will co-sponsor. Dunphy and Molloy will address the importance of chiropractic care and strength training for optimal bone and joint health from 5 to 7 p.m. Thursday, Sept. 24, at the studio.

For more information or to register for the events, please contact Myers at 409-9391.

Garden Club plans Oct. 7 meeting

The Cape Elizabeth Garden Club will hold its next meeting at 11:30 a.m. Wednesday, Oct. 7, at the Broad Cove home of club member Nona Geyerhahn. The program will feature Robert Sawyer of Harpswell, who will speak about irises and show photos to illustrate his talk. Members will bring their own sandwiches. Dessert will be provided.

Workshops are being planned for the November and December meetings. The club meets monthly from May through December. In order to accommodate working members, the club varies its meeting times between daytime and nighttime.

Club members, who care for the gardens at Portland Head Light and the Thomas Memorial Library, encourage gardening as a visual pleasure as well as to support the greening of the planet.

New members are welcome. For information about the club, please call Betty Montpelier at 799-0229 or e-mail Barbara Anderson at andersoncape@aol.com.

2009 Alzheimer's Memory Walk set for Sept. 29

Cape Elizabeth resident Kathy Feenstra has set up a team to walk on Saturday, Sept. 29, in Memory Walk 2009, a fundraiser for the Maine chapter of the Alzheimer's Association.

The noncompetitive walk will begin at 8 a.m. at St. Maximilian Kolbe Church at 150 Black Point Road in Scarborough. Walkers will go to Higgins Beach and then head back to the church, stopping for a few snack breaks along the way. Registration will open at 7 a.m. The chapter seeks to raise awareness about Alzheimer's and to provide programs and services for individuals, families, professionals and communities.

To learn more, register, make a donation, or sign up for Feenstra's team or another one, visit www.alz.org/maine or call 1-800-272-3900. Anyone interested may also contact Feenstra at kathyfeen@yahoo.com or 767-6222.

Genealogical Society's Oct. 3 gathering, 'Sticky Wickets,' to be a working meeting



Carol McCoy, chairman of the Greater Portland Chapter of the Maine Genealogical Society, works at the county courthouse. The chapter, which meets once a month in Cape Elizabeth, is currently working on a project to index Cumberland County deeds from 1760 to 1796, to create a searchable computer data base. "It's quite an undertaking," member Diane Brakeley said. "It's amazing what you can find online now, but ... someone has to enter that data by hand [including] the old stuff which was handwritten."

"Sticky Wickets" is the title of the Greater Portland Chapter-Maine Genealogical Society's next gathering, a working meeting, set for 1 p.m. Saturday, Oct. 3, at the Church of Jesus Christ of Latter Day Saints, 29 Ocean House Road.

"Bring your most troublesome relatives and your brick walls, and we'll sit down and

help each other work towards a solution," members state on the chapter's Web site, www.rootsweb.ancestry.com/~megpcmg/. "Be sure to bring with you whatever information you already have."

A social time will be held at 12:30 p.m. Meetings are free and open to all. For more information, call Linda Aaskov at 490-5709.

Lions Club to host two lobster dinners this fall

The Cape Elizabeth Lions have scheduled two lobster dinners this fall.

The first will be from 5 to 6 p.m. Saturday, Oct. 10, at the Bowery Beach Schoolhouse, at Two Lights and Wheeler roads.

The dinner will feature lobster, baked potato, corn and dessert.

The cost is \$12 for one lobster or \$18 for two. Eat in or take out.

Another lobster dinner is scheduled for Saturday, Nov. 24.

These dinners will take the place of the club's monthly pancake breakfasts, which resume in January.



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'Bubble in Paradise' at St. Alban's Oct. 17



Cast members from the musical, "Bubble in Paradise," which will be performed Oct. 17 at St. Alban's, gather at the church. Cast member Erik Olsen is missing from the picture.

Some of the St. Alban's Episcopal Church choir members who inspire parishioners with hymns on Sunday mornings may bring down the house with laughter and fun when they perform a 14-song musical in mid-October.

"Bubble in Paradise," a two-act musical comedy created by St. Alban's parishioner, South Portland resident, Mary Lancey, will be performed at 7:30 p.m. on Saturday, Oct. 17, at Bonoff Hall at St. Alban's. Lancey not only wrote the script, but also all of the music and lyrics for the show.

The year is 1971. A woman learns her journalist husband George, embedded with the Army in Vietnam, has been declared legally dead. At a surprise birthday party to console her, George's widow, Cordelia, meets Mal, an eligible, exotic man from a South Pacific island. The two are instantly attracted to one another. In the meantime, the "deceased" husband returns, by chance, to the same city. The head wound he sustained overseas leaves him with total amnesia. By another coincidence, he ends up working for Mal. When Cordie and Mal decide to get married, Mal asks George to be his best man.

Cast members include Jim Strand, Jay Houghton, Barbara Hall, David Morrill, Audrey Delafield, John Balicki, Dave Abbiati, Robin Legere, Gordon Gayer, Lori Schnieders, Gloria DeCapua, and Erik Olsen.

The show is a fundraiser for Saint Alban's. A \$10 donation is suggested. For more information, please contact Lancey at rodmarel@myfairpoint.net or 799-4802.

—Wendy Keeler

'Book Arts' show features work by Cape artist who will teach class on handmade books

Cape Elizabeth artist Suzi Van Wye, whose artist's book is currently on display in a University of Southern Maine book arts exhibit, will teach a Community Services course, "Handmade Books," from 5:30 to 8:30 p.m. on Tuesdays from Oct. 13 to Nov. 10.

Van Wye's piece, "Ride Out," is one of 30 artists' books—books or book-like objects intended by artists to be works of art—in the show, which will run through Oct. 14 on the sixth floor of the Glickman Family Library in Portland. A reception for the event will take place from 5 to 6 p.m. on Wednesday, Sept. 23.

A longtime art teacher at Cape Elizabeth Middle School, Van Wye now teaches art at



Cape Elizabeth artist Suzi Van Wye's piece, "Ride Out," is part of a show underway through Oct. 14 at the Glickman Family Library on the University of Southern Maine's Portland campus.

Waynflete School in Portland.

To reserve a space in Van Wye's Community Services class, call 799-2868 or visit the Community Services office in the Community Center, 343 Ocean House Road.

Three fall fitness classes have openings

Community Services has openings in three fall fitness programs. A beginners' spinning class will be offered from 6 to 6:45 a.m. on Wednesdays and Fridays from Sept. 23 to Oct. 30. The cost of the class, which instructor Ashlea Loring will teach, is \$108.

Ashlea Loring will teach another spinning class, "Teacher Time: Cycle & Abs," for school staff members from 3 to 4 p.m. on Mondays and Wednesdays from Sept. 21 to Nov. 2. The cost for the class is also \$108.

"Greatest Zumba Loser," which will fea-

ture dancing to energetic music and weekly nutrition and behavior modifications, will run from 9 to 11 a.m. on Saturdays from Oct. 3 to Nov. 21. The team that loses the most weight and inches will be named the winning team. Patty Medina will teach the class, which has a \$96 fee.

All of the classes will be held at the Community Center, 343 Ocean House Road.

To register, visit the Community Services office located in the Community Center. For more information, please call 799-2868.

American Legion Post 152 hopes to qualify Cape student to compete in oratorical contest

Members of Cape Elizabeth American Legion Post 152 hope to qualify a Cape Elizabeth High School student to participate in the American Legion National High School Oratorical Contest. County- and state-level contests to be held shortly after the new year.

The winner of the state contest will travel to Indianapolis, Ind., for the national finals, will be held in the spring of 2010. Scholarships in amounts of \$18,000, \$16,000 and \$14,000 will be awarded. Each state winner who participates in the first round of the na-

tional contest will receive a \$1,500 scholarship, with an additional \$1,500 for students who progress to the second round.

The National High School Oratorical Contest was developed primarily to instill a better knowledge and appreciation of the United States Constitution in high school students.

All students, freshmen through senior, are eligible. To apply, or to get more information, contact Post 152 Commander Les Newton at 799-6676 or Post 152 Americanism Officer Joseph Hannemann at 767-2494.

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Library plans special events for fall

By Rachel Q. Davis

Children's Librarian & Webmaster

The library has several special events spanning all age ranges coming up this fall. In October, the library will host a book launch party for Cape Elizabeth author Beth Cadena's first picture book, "Supersister." The book, which will be published by Clarion on Oct. 19, follows its hero through a typical day of accomplishing ordinary feats for her family in an extraordinary way. It's a fresh take on a new sibling story designed to empower young readers by reminding them of all the super things they can do by themselves. Beth Cadena will read and sign copies of her book in a special program for young children and their families on Saturday, Oct. 24 at 11:30 a.m.

In November, the library will host a concert featuring "Two Old Friends." The duo of Mac McHale and Emery Hutchins will en-

ertain adult audiences with plaintive ballads and foot-stomping tunes, soaring mandolin solos, gospel sing-alongs, traditional Irish tunes and storytelling. This free concert will take place on Tuesday, Nov. 10, at 7 p.m.

Finally, in December author Deva Fagan will present a program for fourth-graders and up called "Enchanted Swords, Wicked Witches, and Princesses in Disguise." Deva will discuss the use of myths and fairy tales in modern fiction and will talk about the process of writing her own fairy-tale-inspired fantasy novel, "Fortune's Folly."

Kids will have an opportunity to test their fairy-tale trivia knowledge, see whether they could be a fortuneteller, and win prizes. The program will take place on Saturday, Dec. 5, at 3 p.m. For details on all these events, please visit the library's Web site at www.ThomasMemorialLibrary.org/fall09.

Library launches new book clubs for kids

By Rachel Q. Davis

Children's Librarian and Webmaster

This October, kids who love to read fantasy and mystery novels will have their own monthly book discussion group at the library.

The book clubs, for kids in grades four through seven, are designed to introduce readers to recent fantasy and mystery books that haven't circulated very much, and also to introduce kids to series they might like to follow.

The Hidden Magic Club will meet the first Wednesday of the month from 3:15 to 4:15 p.m. and will feature a different fantasy book each month (first meeting: Oct. 7.)

The Daring Detectives Club will meet the third Wednesday of the month from 3:15 to 4:15 p.m. and will feature a different mystery novel each month. In addition to discussing the book, kids in this club will also engage in an activity related to crime detection, such as secret codes and fingerprint analysis (first meeting: Oct. 21.)

Registration for both clubs is required and limited to 10 participants each. A copy of the current featured title will be put on hold for

each participant from the library's collection, as well as from other Minerva libraries. Registrations will be accepted until the program limits are reached.

Lonely Books Club continues

In addition to these two new book clubs, the library's ongoing Lonely Books Club will resume monthly meetings beginning Wednesday, Oct. 14 from 3:15 to 3:45 p.m. The Lonely Books Club, sponsored by the South Portland-Cape Elizabeth Rotary Club, is an ongoing reading program designed to encourage kids to read older children's books that no longer circulate very much. Kids receive a T-shirt and gift certificates to Nonesuch Books when they read and write reviews of books that are considered "lonely."

For details on all three book clubs or to register, please stop by the library, or visit the library's Web site at www.ThomasMemorialLibrary.org/programs.

Regular library hours resume Sept. 12

Beginning Sept. 12, the library will be open 9 to 5 on Saturdays. All other library hours remain the same.

Friends of the Library lobby sale continues

The Friends of the Thomas Memorial Library (FOTML) have an ongoing used book sale in the library's lobby. Volunteers frequently replenish the selection of hardcover and paperback bestsellers and other books of interest for adults, as well as popular hardcover and paperback books for children. Prices range from 50¢ to \$2. All proceeds go to the Thomas Memorial Library Foundation to benefit library programs and services.

Donations of books, audiobooks, videos, and DVDs are still being accepted and may be dropped off in the library's entryway during regular library hours (no textbooks or magazines, please.)

FOTML's huge annual Fall Book & Bake Sale will take place October 8 to 10. (See *The Cape Courier* and the library's Web site for complete details as the date approaches.)

Ann Bennett to exhibit at library in October

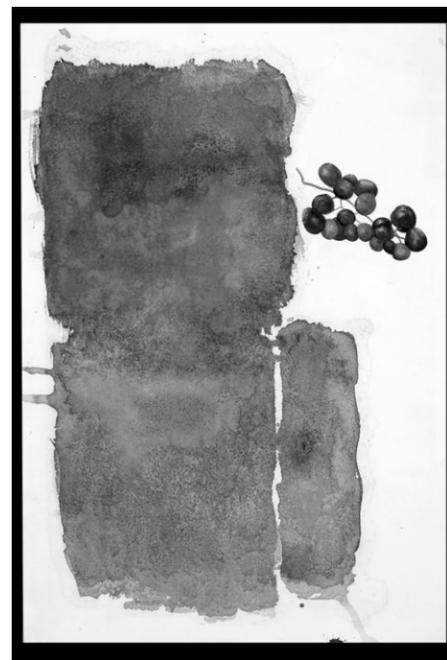
Ann Bennet, of Cape Elizabeth, will show her art in an exhibit titled "Emergence: a Collection of Botanical and Nature Portraits," at the Thomas Memorial Library in October.

Using, among other media, watercolor, graphite and other natural substances, Bennett describes her work as "evolving beyond traditional botanical into the creation of a new contemporary vision."

Some of her watercolors are the "old-English two-brush method," applying paint with one brush and water with the other. "This allows colors to reflect through to the surface," Bennett says.

Bennett is a member of The American Society of Botanical Artists and has taught botanical watercolor at Maine College of Art and the University of Southern Maine, Continuing Studies.

"Since moving to Cape Elizabeth my botanicals have broadened to encompass this wonderfully diverse environment: coastal salt marshes, vernal pools, the ocean, the New England woods opening new creative possibilities teeming with life. Painting nature allows me to see the minutest detail, the unusual, and share it through my work.



A painting of grapes is among the works by Ann Bennett to be exhibited in October.

Gratefully, I am part of the evolution of contemporary botanical art."

'Nine thousand miles apart...' photography exhibit runs through September at library



Two images by photographer Mason Philip Smith: Tibetan Lama and Bridge & Mill

"Nine thousand miles apart ...," an exhibit of color photographs by fine arts photographer Mason Philip Smith, will continue at the Thomas Memorial Library through September. The exhibit includes color panoramic images of Maine and color portraits of faces from Yunnan, China.

Smith, a resident of Cape Elizabeth, has had one-man exhibitions at the University of Maine in Orono, at the University of Southern Maine, Portland; the Portland Museum of Art, the University of New England, also in Newton and Greenfield, Mass.; Gettysburg, Pa; and Archangel, Russia. In addition, he has exhibited extensively in group exhibitions throughout the Northeast, including at the DeCordova Museum in Lincoln, Mass.

In recent years he has photographed widely in Asia, and "Traces," an exhibit of his images from Korea, China, Japan, Vietnam and Thailand was held at the University of Southern Maine Portland campus during the summer of 2005. In September of 2007 an exhibition of his images from Asia and Newfoundland was held at the Sherman Hines Museum of Photography in Nova Scotia. In February of 2008, 14 of his images of people and places in Yunnan, China, were selected by the Sherman Hines Museum of Photography for its permanent collection. He has produced three photographic books about Yunnan.

Smith is currently creating a series of panoramic images of his native Maine.

Fall story time postponed

The library's fall story time session has been postponed until further notice in order to facilitate mold abatement in the Community Room. For updated information, please visit the library's Web site at www.ThomasMemorialLibrary.org.

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Seniors invited to share stories about life in Cape Elizabeth in free, informal series

Cape Elizabeth photographer and writer, Jan Reale-Hatem will lead a free, informal series, "I Remember Cape Elizabeth: Senior Stories, Extraordinary Memories," from 10 to 11 a.m. Tuesdays from Sept. 22 to Oct. 13, at the Community Center.

A member of the Cape Elizabeth Historical Preservation Society, Reale-Hatem encourages people to turn out for one or more of the sessions to share personal stories "about growing up during World War II, farming, fishing, riding the trolley from Portland, school

experiences, Fort Williams, or anything else," she said. "These informal sessions will give participants an opportunity to record their memories and make memory postcards to help preserve Cape Elizabeth history."

The program is supported by a grant from the Maine Humanities Council.

Although sessions are free, participants should register through Community Services, 799-2868. For more information about the series, contact Reale-Hatem at 799-2457 or realephoto@maine.rr.com.

Indoor walking to start up Oct. 6 at Community Center

Community Services' indoor walking program for senior citizens will start up again on Tuesday, Oct. 6, at the Community Center. Seniors can drop in any time between 8 and 9 a.m. to walk at any pace and for any length of time.

Although there is no fee, participants are asked to sign in at the front desk and to bring walking shoes or sneakers to change into before walking.

For more information, call Community Services at 799-2868.

Drug safety program, lunch planned Sept. 24

Physician and Cape Elizabeth resident Kevin Wallace will present an educational program about medication safety at 11:30 a.m. on Thursday, Sept. 24, at the Cape Elizabeth Community Center. Wallace, who specializes in pharmacology and toxicology, will address issues regarding the adverse effects of drugs, especially on members of the aging population, who are at the highest risk.

Terra Cotta Pasta Company in South Portland will cater the lunch. The cost per person is \$9, and reservations are required. For more information, call 799-2868.

Cape High seniors invite senior citizens to call them for free services



Photo by Jayne Hanley

Haley Thompson, right, a Cape Elizabeth High School senior last year, polishes the nails of a senior citizen at Village Crossings at a "Senior Prom" that a group of high school students helped organize for Village Crossings residents in May.

By Wendy Keeler

Cape Elizabeth senior citizens, get out the pens. It's time to start making that wish list. Members of Senior to Senior, a community service organization comprised of Cape Elizabeth High School seniors, are ready to visit, pamper, entertain, and do odd jobs for Cape's seniors, for free.

"This year is going to be better than ever," said Paula Banks of Paula Banks Consulting, an elder care company that has contributed a \$1,500 grant to the community service program this school year. "We had a great showing at our first high school senior gathering,

and we have new opportunities for the kids and elder seniors this year."

This is the third year for the program, mandatory for all CEHS seniors. In the spring of 2008, then-CEHS senior Alex McFarlane came up with the idea for Senior to Senior, which he, fellow seniors, parents, and school administrators launched in May. Since then, two classes of CEHS seniors have raked, hauled, and cleaned for Cape Elizabeth's oldest citizens, whom they have also played games with, taught computer skills to, and simply visited. In May, a group of senior citi-

—see SENIOR TO SENIOR, page 17

The Feminine Touch

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Correction: The Sept. 5 edition of *The Cape Courier* incorrectly reported when Pond Cove Parents Association meetings will be held each month. PCPA meetings will be held the third Wednesday of each month, unless otherwise noted.

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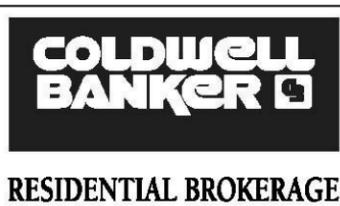
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Haunted Harvest to replace Fall Fest, set for Oct. 17

By Wendy Keeler

The Pond Cove Parents Association will hold its first Haunted Harvest, featuring games, a haunted hay ride, a costume parade, a dunk tank, food and prizes, from 11 a.m. to 7 p.m. Saturday, Oct. 17, at Turkey Hill Farm, 120 Old Ocean House Road. The event, which will be open to all ages, replaces the PCPA's Fall Fest, traditionally held at school each October and geared to kids 10 years old and younger.

Turkey Hill Farm owner Peter Eastman and Craig Lapine, the executive director of the nonprofit organization, Cultivating Community, which leases land at Turkey Hill, offered to let the PCPA hold the event at the farm.

'Wouldn't it be great to do that here?'

Inspiration to replace the indoor night event with an outdoor fall celebration came from PCPA members Impy Altnauer and Lorelee Schaedel.

"The idea for an open air fall fest was dreamed up by Impy Altnauer and myself last year, as we were planning the 13th annual Fall Fest for Pond Cove families," said Schaedel, co-chair of the PCPA. "We are both from 'away' and remember the fall festivals from our home towns of Greenwich Conn., and Massapequa, N.Y. We thought, 'Wouldn't it be great to do that here next year?'"

The two contacted Cape Farm Alliance member Penny Jordan.

"Penny ... jumped all over the idea and met with us and added her own ideas to the dream and made a key introduction for us ... to the executive director for Cultivating Community, Craig Lapine who loved the idea and introduced us to the wonderful landlord Mr. Eastman," Schaedel said.

Admission to the event, which will be held rain or shine, will be \$ 10 per family or \$2 per person. All activities and games will require separate tickets.

All interested in volunteering time or talent can contact Eileen Hetrick at eyeball26@gmail.com or Karen Holmes at sholmes3@maine.rr.com. Anyone interested in making a monetary donation can contact co-chairs Lorelee Schaedel at lischaedel@gmail.com or 767-1792, Janelle Deschino at deschino@qwest.nete or Impy Altnauer ialtz@yahoo.com.

The Cape Elizabeth Lions Club and the Spirit Shop of South Portland also contributed to the event.

PCPA's Halloween Costume Swap planned Oct. 1

The Pond Cove Parents Association will present its first ever Halloween Costume Swap fundraiser from 3 to 6 p.m. on Thursday, Oct. 1, in the Pond Cove Cafetorium.

All who drop off gently used kids' and adult costumes at the Pond Cove lobby before the event will get free admission to the event, where people will swap old costumes for recycled get-ups.

For more information about the event, please contact co-chairs Terri Patterson at terrinpatterson@gmail.com or Cindy Whalen at cwhalen@maine.rr.com. All interested in volunteering can contact Amy Lombardo at ajlombardo44@yahoo.com.

Group seeks to update outdated textbooks at middle school

An anonymous group of donors will match contributions of \$100 or more, up to a total of \$20,000, to help buy new textbooks for Cape Elizabeth Middle School.

The Cape Elizabeth school district has committed \$60,000 to modernize the school's textbook collection.

But a total \$120,000 is needed "to get us back on track," School Board and Text We Can member Rebecca Millett said in June.

Once the group raises \$60,000, Text We Can will disband.

"This is a one-time deal," Millett said. "We're trying to jump-start the ... textbook replacement cycle to get it back on track."

Donations, which are tax deductible, can be mailed to Text We Can, Cape Elizabeth Middle School, 14 Dyer Road, Cape Elizabeth 04107.

For more information, go to www.capempa.org/textwecan, or e-mail textwecan@gmail.com.

To volunteer in school, adults must attend awareness session

Anyone wanting to volunteer in the Cape schools or accompany students on a school field trip must attend one school department volunteer-awareness session.

Attendance is required at only one session during a volunteering "career" in the Cape schools. The session focuses on the rights and safety of students.

Awareness sessions are scheduled from 9:15 to 10 a.m. Monday, Sept. 21; and Tuesday, Sept. 29. Both sessions will be held in the Pond Cove/Middle School cafetorium. If necessary, parents may bring children. For more information, contact Volunteer Services Director Gail Schmader at 799-7339.

School faces

Some bright new faces shine on Cape Elizabeth students this year in hallways, classrooms, and kitchens, and around the campuses.

A sampling: Cape Elizabeth Middle School has a new nurse, Cynthia Tardif, who comes from Thornton Academy in Saco, where she worked as a nurse for eight years. Peter Esposito, the school district's new nutrition director, most recently served as food service manager for the South Portland School Department's central kitchen.

Cape Elizabeth High School students are now learning Mandarin from Cape Elizabeth resident Viveca Kwan, who holds a one-fifth-time position. Heather Jones-Kennedy, who previously worked at Greely Middle School and Greely High School in Cumberland, joins Pond Cove as a half-time health educator. James Siegel, who formerly taught in Brunswick and Portland, has a one-year position at CEHS teaching English. Among other new employees are technology integrators at each school who will help staff integrate technology into curriculum.

Jon Delisle, who worked as an educational technician at CEMS last year, is now a behavioral consultant teacher at CEMS. David Croft, who formerly worked at Pond Cove as an educational technician in Instructional Support, is Pond Cove's Life Skills teacher.

Some educational techs have moved to different positions this year, and some former staff members have come back as ed techs.

Through federal stimulus package money, the school department's Instructional Support Department—formerly "Special Education"—was able to hire additional educational techs this year.



Photos by Wendy Keeler

Cape resident Suzanne Pillsbury is Community Services' Extended School Care Coordinator, a position she started last year. A former co-owner of On Our Planet preschool, Pillsbury has also worked as an adjunct professor of early childhood at Southern Maine Community College.



Limington resident Peter Esposito is the district's new nutrition director. Previously he worked as food service manager of the South Portland School Department's central kitchen.



Cape resident Joni Hewitt, left, the district's new English Language Learner teacher, will work with students at all three schools. The former owner and director of Ledgemere Country Day School in Cape Elizabeth, Hewitt taught kindergarten in South Portland last year. South Portland resident Talya Edlund, formerly a second grade teacher at Pond Cove, returns to school as a part-time literacy specialist after a one-year leave of absence. An elementary school teacher in Brooklyn, N.Y., Edlund has also taught at Southern Maine Community College.

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CAPE CONNECTION

Systemwide

Getting involved:

- Volunteers are needed to take part in Cape Elizabeth's community effort to contribute to the statewide effort to provide influenza vaccinations to our children. Volunteers of all kinds—health care workers and people to help with registration, entertainment, and traffic flow—are needed to help in the first clinic on Friday, Sept. 25, during any time slot, from 7 a.m. to 4 p.m. People qualified to administer immunizations also are sought.

Pond Cove School

Getting involved:

Volunteers are needed to assist in the Pond Cove Media Center from 12:40 to 2:30 p.m. one Friday each month. Assistance will include checking out books and helping children select books.

Tangible resources needed:

- A stepstool to help smaller students reach the sink in the art room
- Twenty yoga mats, and green cleaning material for mats
- A two-step stool made out of sturdy wood. Measurements will be provided if someone would like to make one.

Middle School

Getting involved:

- A large bank of literacy volunteers is needed to work in language arts classrooms doing one-on-one and small-group reading and writing conferences with students. No experience is necessary; teachers will provide direction for each session. No regular commitment is necessary; volunteers can come in once a year, once a trimester, once a month, once a week, or whatever fits their schedule. Teachers will e-mail requests to the whole "bank" requesting help whenever they need it; volunteers can respond when they are available.

Tangible resources needed:

- New or used MP3 player
- New radio with CD player, or one in very good condition
- New portable Discman, or one in very good condition
- Educational software games for kindergarten to grade 1 level, which are OS-X • Digital cameras in good working order

High School

Getting involved:

- High school Volunteer Club advisor, Courtney Ferrell, is looking for a parent to serve as co-advisor. The club primarily focuses on sharing information about volunteer opportunities that are available by having guest speakers come in to describe what their various organizations are seeking. The advisor then helps students apply to hospitals, schools, museums, etc. The club also does some group volunteering with local organizations. The role of the parent volunteer would be to help mostly with these group volunteer opportunities.
- Volunteers are needed to cover and label library books, shelve books and magazines, and to assist with displays and bulletin boards.
- A volunteer is needed to put together 17 binders. The job requires putting pages in page protectors, labeling dividers, and putting pages into the appropriate sections—probably a 10-hour project all together.

Tangible resources needed:

- The junior class is in need of used or unwanted Halloween decorations. They can be dropped off in the high school main office.
- A clean couch or comfy chair, preferably not fabric but covered so it can be easily cleaned for the health office
- A small bookshelf

Contact Gail Schmader, director of school volunteer services, at 799-7339, ext. 334, or at gail_schmader@cape.k12.me.

Fifty Cape Elizabeth High School students receive Advanced Placement Scholar Awards

Fifty Cape Elizabeth High School students have earned Advanced Placement Scholar Awards in recognition of their exceptional achievement on AP Exams, which students take after completing challenging college-level courses at their high schools. The College Board recognizes several levels of achievement based on the number of full-year courses and exams taken.

At Cape Elizabeth High School, four students, Jonathan Aronson, Rachel Muscat, Evan Negele, and Michael Taintor, qualified for the National AP Scholar Award by earning an average grade of 4 or higher on a five-point scale on all AP Exams taken, and grades of 4 or higher on eight or more of these exams.

Fourteen students qualified for the AP Scholar with Distinction Award by earning an average grade of at least 3.5 on all AP Exams taken, and grades of 3 or higher on five or more of these exams. The students are Jonathan Aronson, Elizabeth Briggs, Luc Cary, William Denison, Olivia Earnshaw, Stephen Janick, Jozef Jurkiewicz, Thomas Lishness, Emily MacDuffie, Rachel Muscat, Evan Negele, Andrew Pezzullo, Caitlin Pomeroy and Michael Taintor.

Seventeen students qualified for the AP Scholar with Honor Award by earning an average grade of at least 3.25 on all AP Exams

taken, and grades of 3 or higher on four or more of these exams: Alexander Armstrong, Devon Bottomley, Zachary Breed, Nora Daly, Una Donegan, Graham Findlay, Sether Hanson, Laura Hayes, Lisa Kaplan, Katherine Lavallee, Katherine Mowles, Bradley Page, Ross Phillipps, Meredith Sells, Kathleen Takach, Patricia Thibodeau and Rosalie Wennberg.

Nineteen students qualified for the AP Scholar Award by completing three or more AP Exams with grades of 3 or higher: Joseph Atkins, Niles Bond, Peter Brigham, Gabrielle Donahue, Maria Doudakis, Samuel Eisenberg, Sara Friedman, James Haller, Rebecca Manning, John Menz, Kathleen Mitchell, William Pierce, Grace Stack, Marita Stres-senger, Marisa Turesky, Bridget Walsh, Shea Watson, Timothy Williamson and Joseph Wolanski.

Twelve of these students are current seniors at Cape Elizabeth High School and have one more year in which to complete college-level work and possibly earn a higher-level AP Scholar Award: Niles Bond, Devon Bottomley, Elizabeth Briggs, Peter Brigham, Gabrielle Donahue, Samuel Eisenberg, Graham Findlay, James Haller, Katherine Lavallee, Rebecca Manning, John Menz and William Pierce.

Sally Foster fundraiser runs through Oct. 2

Cape Elizabeth Middle School students will go door to door from Sept. 8 to Oct. 2 selling wrapping paper, ribbons, stationery, cards, and specialty gift items such as chocolates and candles in the Middle School Parents Association's largest fundraiser, the Sally Foster sale.

Proceeds will benefit Cape Elizabeth sixth-graders' five days at the Chewonki Foundation's Environmental Education Center in Wiscasset, where students each May participate in group challenges and decision-making activities.

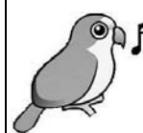
Because of school budget cuts, outdoor adventure programs for students in fifth, seventh, and eighth grades have been eliminated. Until last year, the school budget provided about \$10,000 for outdoor adventures. The money covered transportation to and from programs, student hardship requests, stipends for teachers staying at Chewonki, and pay for substitutes to cover those teachers.

Current sixth-grade parents have organized a bottle-collection fundraiser for Chewonki through Hannaford's Clynk program. Community members can help send

sixth-graders to Chewonki by donating returnables to Hannaford's Mill Creek store in South Portland. Bottles must be returned in pre-labeled bags which CEMS parents Trudi Bakke and Anna O'Connor will deliver to people's houses. To get bags, contact Bakke at tbakke@maine.rr.com or 799-9160, or O'Connor at annacon@maine.rr.com or 767-5860. The bags are not available at the store.

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Kyle S. Benner, OD

Dr. Benner received his doctor of optometry degree from the NOVA Southeastern University College of Optometry in Florida, and is an honors graduate of the University of Massachusetts, Amherst, with a bachelor of science in microbiology. He is a member and former board member of the International Optometric Honor Society, Beta Sigma Kappa, and received the Millroy Optometric Scholarship Award for excellence in primary care. Dr. Benner looks forward to meeting new patients at our offices in Portland's West End, at 770 Congress Street; and in Scarborough across from Dunkin' Donuts, at 201 U.S. Route One.

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SERVICES

Cape Elizabeth Church of the Nazarene
499 Ocean House Road (Route 77)
207-799-3692www.capenazarene.org

Sunday School for all ages: 9:30 a.m.
 Sunday Worship Celebration: 10:45 a.m.
 Evening Prayer: Wednesday 7:00 p.m.
 Sermon recordings available to download

Cape Elizabeth United Methodist Church
280 Ocean House Road
207-799-8396

Chapel Service: 8:15 a.m.
 Sanctuary Service: 10:00 a.m.
 Sunday School: 10:00 a.m. service
 Child care: 10:00 a.m. service
 Audio tapes of services available

Cape Shore Assembly of God
536 Cottage Road, South Portland
207-799-3152

Sunday Prayer & Intercession: 9:30 a.m.
 Sunday Worship: 10:00 a.m.
 Family Bible Studies: Wednesday 7:00 p.m.
 Sermon recordings available to download

The Church of Jesus Christ of Latter-day Saints29 Ocean House Road
207-767-5000

Sacrament Meeting: Sunday 9-10:10 a.m.
 Sunday School: 10:15-11 a.m.
 Primary: 10:15 a.m.-noon
 Relief Society, Priesthood: 11 a.m.-noon

Congregation Bet Ha'am81 Westbrook Street, South Portland
207-879-0028www.bethaam.org

Worship: Friday 7:30 p.m.
 Saturday 10:00 a.m.
 Family Shabbat services:
 Second Friday 6:30 p.m.

First Baptist Church of South Portland
879 Sawyer Street, South Portland
207-799-4565www.spfbc.com

Sunday Morning Worship: 9:30 a.m.
 Awana Clubs (grades 3-8) Tuesday 6:20 p.m.

First Congregational Church United Church of Christ301 Cottage Road, South Portland
207-799-3361www.fccucc.org

Sanctuary Service: 9:30 a.m.
 Preschool Childcare: 9:30 a.m.

Saint Alban's Episcopal Church
885 Shore Road
207-799-4014www.stalbansmaine.org

Rite I: Wednesday 8:30 a.m.
 Rite I: Sunday 8:00 a.m.
 Rite II: Sunday 9:30 a.m.
 Children's Christian Education: Sunday
 Preschool-6th grade: 9:30 a.m.
 Grades 6-8 (J2A): 9:30 a.m.
 Nursery available: 9:30 a.m.

Saint Bartholomew Roman Catholic Church8 Two Lights Road
207-799-5528www.saintbarts.com

Sunday Mass: 9:00 a.m. and 11:00 a.m.
 Weekday Masses:
 Tuesday & Thursday 9:00 a.m.
 Eucharistic Service:
 Monday, Wednesday, Friday 9:00 a.m.

Saint Alban's offers three adult classes this fall

Saint Alban's Episcopal Church will offer three classes for adults this fall. The classes are open to all.

Participants in "The Faith of our Fathers and Mothers," which the Rev. James Adams will lead from 7 to 9 p.m. on Mondays, Sept. 21 and Sept. 28, will explore the religious beliefs of famous men and women. Discussions will include the following questions: When George Washington knelt beside his bed at night, what prayer did he pray? How did Thomas Jefferson's faith journey shape the Declaration of Independence? Why did Gen. Douglas MacArthur claim to "adhere entirely" to the teachings of Christianity but refuse to go to church? How did anthropologist Margaret Meade find religion through the family maids? For more information, call Saint Alban's parish office at 799-4014 or e-mail stalbands@stalbandsmaine.org.

The Rev. John Balicki will lead two adult classes this fall. "How did we get here from

there?" will offer participants a tour through church history. The class, which will be held from 9:30 to 11:30 a.m. on six Thursdays, Sept. 17 to Oct. 22, will focus on key events and people in the history of the church as well as guiding principles and figures who kept the faith of the church alive in difficult times.

"Seeing with the Eyes of Christ," which Balicki will lead from 7 to 9 p.m. on Tuesdays, Oct. 6 and 13, will explore how people choose to see the world, perspective, and how perspective influences vision. In the class, which will include a mixture of video, presentation, and group discussion, participants will watch the films of DeWitt Jones, "Celebrate What's Right with the World" and "Everyday Creativity."

For more information about "How did we get here from there?" and "Seeing with the Eyes of Christ," please contact Balicki at johnb@stalbandsmaine.org or 799-4014.

Senior to Senior

Cont. from page 14

zens even put on a "Senior Prom" for residents at Village Crossings at Cape Elizabeth, an assisted living center for senior citizens.

New Senior to Senior programs this year will include fall and spring pickups of heavy items for senior citizens, similar to the town-wide pickups that Cape Elizabeth Public Works conducted before the service was cut from the town budget.

"The kids are doing this because of town cutbacks. Aren't they awesome?" said

Banks. "The first will be on Nov. 7, and we'll be calling all trucks."

Senior to Senior also plans a men's night of poker, Scrabble, and cribbage at the high school, "Glamour Gals Spa Days," visits to people's homes and elder care facilities, computer education services, and a second annual Senior Prom. This year, senior citizens who want to attend sports events at CEHS will be able to get paired up with a "sports buddy," Banks said.

Senior citizens interested in making an appointment should call Jayne Hanley at 232-2029.

Cape Methodist plans 'Heirloom Bean Suppers'

Cape Elizabeth United Methodist Church will host a public supper from 4:30 to 6:30 p.m. on Saturday, Oct. 3. The supper will feature food with ingredients purchased from local growers.

The church is working with the Maine Council of Churches on what will be called "Heirloom Bean Suppers." Members of the congregation are being asked to prepare baked beans, casseroles and salads with products from local farms.

"This idea is designed to build communities, to support local agriculture, and to recognize the importance of good food in our lives," said Stephen Bither, who is organizing the event for the Cape church.

"What better way to accomplish these goals than with the families, friends, and the fun of a good, old-fashioned United Methodist Church bean supper."

The Council of Churches is working with local growers to purchase beans for use at suppers at four or five churches in Cumberland County, including the Cape UMC. This is a pilot program that will be expanded to other churches in the future.

The cost of the dinner will be \$7 for adults, \$3 for children and \$20 for families (two parents and children). For this event, \$1 from each adult ticket will be donated to a local food pantry.

The Cape UMC suppers are held on the first Saturday of each month at the church, located at 280 Ocean House Road.

For more information, go to the church Web site at www.ceumc.org.

—Ted Haider

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Flu vaccination

Cont. from page 1

flu shot before getting the H1N1 vaccine, which may require two doses, Hawkins said. If two doses are needed, the H1N1 vaccines will be given 21 days apart. The CDC anticipates the H1N1 vaccine will be available in mid-October.

Clinics will be open only to students who attend Cape district schools. State officials predict that 40 percent of Maine students will participate in the vaccination program.

Opposition

Some Cape parents have expressed concern about the school's plan to vaccinate children.

"I am very much concerned about the school district giving out a blanket recommendation to give our kids the swine flu vaccination," Elizabeth Menz stated in a Sept. 8 e-mail to the superintendent. "Do you know what's in these vaccinations? Do you know if these are live viruses? Has the school board/district studied the safety of these vaccinations?"

Menz encouraged school officials and parents to learn more about vaccines.

"Our children's generation has a toxic viral, bacterial, yeast, chemical, and heavy metal load. I believe it is all of our responsibility to know exactly what we are injecting, or at least recommending injecting, into our children," Menz wrote, encouraging officials to attend a program

entitled, "The Virus and The Mass Vaccination Campaign," planned from 4 to 6 p.m., Sunday, Sept. 20, at Curtis Memorial Library in Brunswick.

Hawkins immediately forwarded the e-mail and information about the Brunswick program to the Maine CDC and to Maine's Public Health Director Dora Mills.

"There are groups out there, as there are with everything we do, that are fighting this, and I turned that information over to CDC because I'm not a medical person and I'm not going to argue with people about what might occur because of the shots," Hawkins said Sept. 11. "CDC and Dr. Dora Mills are dealing with that, and people I'm working with at Maine Medical Center have also responded and will be attending public meetings organized by people who want to keep [vaccinations] out of the schools."

Weekly meetings

Although school systems do not have to take part in inoculation efforts, more than 720 Maine school districts—the majority—plan to offer flu vaccines to students, said Hawkins, who meets weekly with a 15-member team that includes the school physician, district nurses and school administrators.

Every Friday, the group reviews the latest flu information and fine-tunes Cape's flu prevention plan. Hawkins also meets every Tuesday at Maine Medical Center with fellow members of a Cumberland County planning group preparing for H1N1.

When the *Courier* went to press Sept. 15, school officials were discussing how to

handle school staff vaccinations.

"We are working on that process," Hawkins said. "Our first goal is to make sure we cover students."

Cost and legal questions

The Maine DOE and Maine CDC will cover costs of vaccines, but HomeHealth Visiting Nurses charges a \$10 per-student administrative fee to cover such costs as labor, refrigeration and transportation.

Parents can send in a \$10 check or cash with consent forms or have their children bring money to the Sept. 25 clinic.

Some insurance companies may cover the \$10 fee. Consent forms ask parents to fill in insurance information. The school will return checks and cash to parents whose insurance covers the fee, school officials said.

Students who have no insurance or whose insurance will not cover the fee, and whose parents cannot afford to pay the \$10 fee, will not be turned away at the clinic, officials said.

How the school system will handle flu-related absences of faculty and students remains to be answered, Hawkins said.

"We have an attorney who is working with Maine School Management to decide how we manage teachers who are out for a long period of time and, vice versa, students who are out for a long time. How do we manage the work load?"

Clinic volunteers needed

The School Department seeks volunteers "of all kinds" to help at the first clinic Sept. 25 during any time slot, from 7 a.m. to 4 p.m.

"We have a job for everyone!" Gail Schmader, the district's director of volunteer services, states in a list of school volunteer needs posted on the town Web site. "Volunteers are needed [for] registration, entertainment, and traffic flow. We can also utilize anyone who is qualified to administer immunizations. Volunteers with a medical background who are qualified to give shots will be welcomed, in addition to people willing to help with registration and record keeping." All who volunteer will receive mandatory training.

Anyone interested in volunteering at the Sept. 25 clinic or at a subsequent clinic, should contact Schmader at 799-7339 or gail_schmader@cape.k12.me.us.

Hawkins, who told School Board members Sept. 8, "This process is nothing I was ever trained to do," feels confident about how the district will handle student immunization efforts. "I think we will have one of the best organized and planned programs for this process."

Flu-immunization consent forms, details about the Sept. 25 clinic, and information about live and inactivated flu vaccines are available to download off the school Web site, www.capeelizabeth.com.

As more details become available, they will be posted on the "Superintendent's Blog" section of the School Department Web site, www.cape.k12.me.us.

'I think we will have one of the best organized and planned programs for this [vaccination] process.'
—Alan Hawkins

Hearings

Cont. from page 1

of work. The study for an off-road path on Shore Road, to be designed with sensitivity to the character of the road and in collaboration with abutting property owners, was a high-priority recommendation in the town's comprehensive plan, adopted in the fall of 2007. The road was specifically recognized as unsafe for pedestrians and hazardous for drivers.

The council also adopted separate motions, by the same 6-1 vote, to: adopt the committee's purpose statement, with minor modification; to support the committee's recommended principles of path design; to allow the path project to be done in phases, based on the availability of funds; to authorize the town manager to proceed with surveying, permitting and final design work, not to include construction, and contingent upon funding; and to authorize town staff to discuss with the Cape Elizabeth Land Trust the possibility of connecting the path with existing trails and to apply for grants, with any grant application to be authorized by the Town Council.

A motion to authorize spending of up to \$110,000 from available sidewalk funds and 2008 bond money also was approved, by a 4-3 vote, for surveying, permitting and final design work. The 2008 bond money is earmarked for infrastructure and Town Center improvements.

Councilors Swift-Kayatta, Sherman and McKenney emphasized that the tax burden would not be increased and that funds to begin the project were available.

"The town is in very good shape financially," McKenney said. "We're in much better shape than most people realize."

Councilors Rowe, Jordan and Backer voted against authorizing the initial outlay of town funds in advance of fundraising efforts.

Funding from outside sources is anticipated to cover much of the project cost.

Goddard Mansion to be fenced, but not yet dismantled

Eleven residents, as well as a representative of Greater Portland Landmarks, spoke passionately on behalf of preserving, or at least not dismantling, the Goddard Mansion ruins in Fort Williams Park.

Several residents spoke of fundraising efforts under way.

After very little deliberation, the council

unanimously adopted only the short-term recommendation of the commission to allocate \$6,000 from the Fort Williams Capital Fund to fence off the most dangerous parts of the ruins, and the connecting and carriage house walls. The council made no decision about the long-term future of the mansion.

A determination of the fate of the Goddard Mansion was included among Town Council goals for 2009. The interior of the mansion, with loose and deteriorating stonework, has been closed off to the public in recent years for safety reasons.

An April 2009 report of the Fort Williams Advisory Commission recommended that the ruins be fenced off in the short term, and partially dismantled in the long term, with walls reduced to the height of the first-floor windowsills, a grass interior planted, and possibly a braced, but preserved, front entrance. This plan had an estimated price tag of \$100,000.

Other options, preferred by the majority of speakers but not discussed by council members at the hearing, included completing emergency repairs only, at an estimated cost of \$65,000; fencing around the main house and connector with repair of most critical areas at the carriage house only, at an estimated cost of \$25,000; and fencing only, at an estimated cost of \$10,000. Each of these options would leave open the possibility of future preservation.

Shoreland zoning changes approved

Updates to the town's shoreland zoning ordinance and zoning map were unanimously approved by the council following a public hearing at which several residents questioned the restrictiveness of Cape's current ordinance with regard to wetlands.

Town Planner Maureen O'Meara said that in her opinion the proposed changes would not create any additional restriction on homeowners near the wetlands areas on the town map. According to O'Meara, proposed changes to the ordinance and zoning map were minimal, but mandatory to be consistent with new state standards.

Although some map changes were made in areas around Olde Colony Lane, Cross Hill, Great Pond and Crescent Beach, O'Meara said resource protection boundary lines will be "field verified," giving the town a "common sense" approach and "flexibility."

According to O'Meara the town should have been in compliance with the state by July 2009 and would have state standards imposed if it failed to update.

Real Estate Auction 09-107 Classic Maine Summer Cottage on Casco Bay 12 Tides Edge Road Cape Elizabeth, Maine Friday, October 16, 2009 at 1PM



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Quilted queen pillowtop mattress set. Factory sealed. \$250. Call 899-8853.

3-piece king mattress & boxspring. Never used. \$210. Must sell. 396-5661.

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5-piece living room set, including recliner. All new. Will take \$595. Call to see: 396-5661.

Wrought-iron bed w/mattress set. Still boxed. \$220. Call 899-8853.

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Piano lessons. Cape teacher now scheduling for fall. Accepting new students. All ages & abilities welcome. Call Melody at 799-9466.

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Piano Lessons, all levels, all ages. Call Kathy at 510-1563 for a brochure.

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For math or science tutoring at the right price, call Jack Queeney, a Cape Elizabeth High School student with a passion for both, at 650-6570.

Piano Lessons - All ages. Beginner through advanced. Sandi Palmquist. 799-1761.

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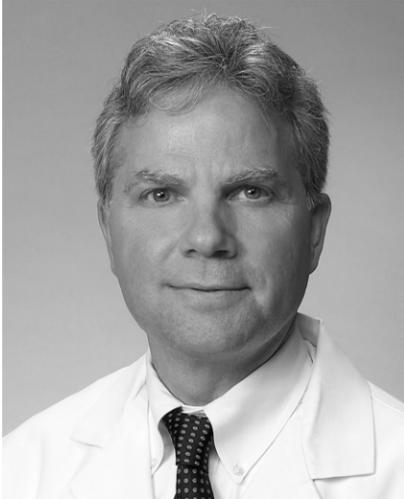
What have YOU recycled today?



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Cape Elizabeth physician **Stephen “Steppe” Mette** has been appointed Maine Medical Center’s new chief of Critical Care.

Mette, who joined MMC in 1995, has served as director of the Division of Pulmonary and Critical Care Medicine at MMC since 1997. In October of 2007, he was named president of the medical staff. He is a clinical associate professor of medicine at the Tufts University School of Medicine and has also received numerous teaching awards during his tenure at MMC.



Steppe Mette

Reid Hansen, a 2005 graduate of Cape Elizabeth High School, graduated magna cum laude with a degree in American literature from Middlebury College in Middlebury, Vt. While there, he was involved in the jazz program and Relay for Life, a fundraising event striving for a cure for cancer. He spent the month of July as a Spanish councilor at Middlebury’s language immersion camp for high school students. He will return to Middlebury for the 2009-10 academic year as residential advisor working with the residential life staff of Brainard Commons. He is the son of **Brian Hansen** and the late **Hedy Hansen**.

Cape Elizabeth resident **Michael Moore** has joined the board of trustees at the Center for Grieving Children, which offers support to grieving children, teens and families in Maine. **Burr Duryee** and **Nancy Thompson** also serve on the board of the organization, which is located in Portland.

Cape resident and business owner **Peg Aikman** of Travel Experts will attend the PURE Life Experience Luxury Global Trade Show in Morocco, which will focus on luxury travel. Attendance, by invitation only, is limited to 250 travel counselors in the U.S. Aikman will meet with travel providers from around the world. In addition to attending the show, she will travel for six days in Morocco.

Cape-reared singer to perform Sept. 20 in Portland



Rachel Efron, a San Francisco-based singer-songwriter and 1997 graduate of Cape Elizabeth High School, will perform at 7 p.m. Sunday, Sept. 20, at One Longfellow Square in Portland. Efron, who released her second album, “4 AM,” in August, has been teaching, writing music and performing in the Bay Area since 2001. “Maine expat Rachel Efron combines a light, gentle touch on the piano with the eye and the voice of a poet to make some of the loveliest music one has heard—soft, intimate, ethereal, and strikingly genuine,” a San Francisco Examiner reviewer wrote about Efron, whose parents are Cape residents Michael and Janet Efron. To reserve tickets, which are \$12, call 761-1757 or visit www.longfellowsquare.com.

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Gathering with supplies donated this summer in a school-supply drive for the Family Center Shelter on Chestnut Street in Portland are, left to right, Addie Whalen, Jacqueline Lombardo, Max and Nate Patterson, and Sam Lombardo, whose mothers, Pond Cove Parents Association members Terri Patterson, Cyndi Whalen and Amy Lombardo, organized the collection.

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