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Volume 22 Number 17
Nov. 14 - Nov. 27, 2009

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School Board must decide how to come up with \$590,200 this year

By Wendy Keeler

How to come up with more than a half-million dollars—that's the problem Cape Elizabeth School Board members must solve in coming weeks. When the board meets with Superintendent Alan Hawkins at 7:30 a.m. Monday, Nov. 23, in the Jordan Conference Room at Town Hall, members will discuss ways to make up for a targeted \$590,200 reduction in state education aid to Cape Elizabeth this year.

"The board needs to sit down and make some decisions," said Hawkins, adding, "I'm hoping this won't mean staff cuts."

Earlier this month, after state education officials learned that the state anticipates cutting \$38.1 million from the education budget for the current fiscal year, Department of Education Commissioner Susan Gendron sent superintendents an e-mail announcing budget reduction targets for districts, with a caveat that the figures may change.

"It is important to remember that, for now, these are only 'targets,'" Gendron's Nov. 3 e-mail states. "There are many steps to be taken before there is a final number."

After Gov. John Baldacci finalizes a proposal for a budget adjustment and sends it to the Appropriations Committee, the proposal will go to the House and Senate for approval. Districts won't learn exact reduction amounts until after the Legislature meets in December, said Hawkins, who

—see REDUCTION TARGETS, page 18

Governali, Sullivan and Walsh will join Lennon on Town Council; Christie, Hillman and Williams-Hewitt elected to School Board

By Elizabeth Brogan

Cape Elizabeth voters elected Frank Governali, Jessica Sullivan and Jim Walsh and re-elected Sara Lennon to the Town Council on Nov. 3.

Walsh received the highest number of votes, 2,858, in the five-way race for three three-year seats on the council. Lennon received 2,790 votes and Sullivan 2,463 votes to win their seats.

Kimberly Monaghan-Derrig received 2,408 votes, and Christopher Straw received 1,480 votes.

Frank Governali, who competed with Michael Jordan for an unexpired one-year council term, received 2,461 votes to Jordan's 2,027 votes.

Three new School Board members were elected to fill three three-year terms. Mary Williams-Hewitt garnered the most votes, with 2,661, followed by David Hillman, with 2,536 votes and John Christie, with 2,087 votes.

Incumbent Peter Cotter failed to be re-elected, with 1,647 votes. Cotter was followed in the tally by Richard Dunham, with 1,513 votes and Frederic Sturtevant, with 926 votes.

Cape did not favor gay-marriage repeal, otherwise followed state

Cape Elizabeth voters overwhelmingly voted no on Question 1, with 3,566 choosing not to repeal Maine's gay marriage law and 1,651 voting for repeal.

Cape voted with the state on Question 2, with 3,870 voting no to the excise tax cut



Frank Governali



Sara Lennon



Jessica Sullivan



Jim Walsh



John Christie



David Hillman



Mary Williams-Hewitt

and 1,271 voting for the cut.

Cape also voted with the state on Question 3, with 3,229 voting not to repeal the school consolidation law and 1,757 voting for the repeal.

Cape voted with the state on TABOR, Question 4, with 3,403 voting against the spending cap and 1,699 voting for it.

Cape also joined the state in its voting on Questions 5, 6, and 7 with 3,401 Capers voting to expand the medical marijuana law and 1,748 voting no; 3,842 voting yes on the transportation bond issue, and 1,221 voting

no; and 2,484 voting against a constitutional amendment to increase the time that local officials have to certify direct initiative petitions, and 2,428 voting in favor of that amendment.

Turnout of 69 percent in Cape

Voter turnout in Cape Elizabeth was high, with 5,233 state ballots returned, representing 69 percent of registered voters.

"When the final numbers are tallied," Lane said, "I anticipate Cape Elizabeth will

—see ELECTION, page 18

Girls win Class B state title; boys run to fourth



Photos by Jack Kennealy

Cape Elizabeth High School runners, left to right, Emily Attwood, Rachel Nichols, and Tom Bottomley, make their final strides before crossing the finish line in the high school state championship meet Nov. 7 at Twin Brook in Cumberland. Led by senior Attwood, far left, the girls won the Class B state championship by the biggest margin of any girls' or boys' team in any class. Attwood placed second in Class B; Nichols, a junior, took fourth; and Bottomley, who is a sophomore, was lead runner for the boys' team, which earned the No. 4 spot in the Class B boys' championship. For more pictures and details, see page 2.

H1N1 flu clinic draws big student turnout

By Wendy Keeler

A whopping 1,260 Cape students—nearly three-quarters of the school population—received the H1N1 flu vaccine at an Oct. 31 school clinic at the fire station. The high percentage of students, who received vaccines in shots or nasal sprays, far exceeded the participation rate that the Maine Center for Disease Control had predicted for school flu clinics, and surprised both school and health officials.

"We were told to expect probably 50 percent if we were lucky," Superintendent Alan Hawkins told the School Board Nov. 3, adding that members of an H1N1 prevention group he meets with weekly at Maine Medical Center were "shocked."

The high turnout at the H1N1 flu clinic—the second one in the state of Maine—also pleased middle school nurse and Flu Clinic Coordinator Cindy Tardif, who organized the district's first vaccination, for seasonal flu, on Sept. 25 at the fire station. Not quite

half of the student population—817 students of 1709—participated.

"The fact that we were able to vaccinate 75 percent of our student population in seven and a half hours in one day speaks volumes for our dedicated team and volunteers," Tardif said.

'We're actually protecting the entire community by vaccinating the kids,'
Cindy Tardif,
Flu Clinic Coordinator

At the H1N1 clinic, eight nurses from HomeHealth Visiting Nurses of Saco administered vaccines along with a retired doctor who volunteered at the day-long clinic. Cape's three school nurses also got support from volunteers who took temperatures, kept kids company, helped nurses with logistics, and made sure students stayed at the clinic for 15 minutes after they received vaccines.

'Amazing support'

"In order to do this, it has taken an enormous amount of work," Hawkins said,

—see H1N1 CLINIC, page 18



The Cape Courier

P.O. Box 6242
Cape Elizabeth Maine 04107
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OUR MISSION STATEMENT

The mission of *The Cape Courier* is to foster a sense of community by presenting news specific and unique to Cape Elizabeth and its residents, and, whenever possible, to promote volunteerism within our community.

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We print corrections if notification is received in a timely manner. Photographs will not be returned but may be picked up at our office in Cape Elizabeth Town Hall.

LETTER & SUBMISSION POLICY

We welcome letters to the editor. Maximum length: 250 words. We reserve the right to refuse letters and do not withhold names. Letters reflect the opinion of the author, not *The Cape Courier*.

E-mail letters to: editor@capecourier.com or mail to P.O. Box 6242, Cape Elizabeth, ME 04107. **Please note:** Because of possible errors in transmission, letters sent via e-mail will be acknowledged to confirm receipt. Contact us if your e-mailed letter is not acknowledged. We invite submissions and reserve the right to edit accepted submissions.

NEXT ISSUE: Nov. 28, 2009

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Noon on Tuesday, Nov. 17, 2009

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Support is appreciated by Casey family

Over the last three months, our family has been overwhelmed by the incredible outpouring of support from so many people in our community. We cannot fully express our gratitude for the volume of cards, calls, e-mails, meals, visits, and generous donations to the Center for Grieving Children and the

Boys & Girls Club of America which we've received since the passing of our son and brother, Sean Casey, in August.

It has helped make an indescribably sad and difficult time bearable for all of us. Many, many thanks.

Deb, John, and Conor Casey

Student reminds readers 'every little thing counts'

I want to raise awareness about the pressing need to be environmentally friendly.

While on a trip with eight other students who are passionate about the environment, I encountered an interesting statistic: If there are more than 350 parts per million of carbon emissions in the atmosphere for an extended period of time, life will soon be unable to sustain itself. Right now we are at 390 parts per million!

I find this terrifying! How much longer will we be able to survive on this planet? Our end could be closer than we thought. But even if the end won't be in our lifetimes, we don't have a right to leave future generations a dying world. We have a responsibility to fix this mess.

At school, we are hard at work to get the rest of the school involved. My dorm will have shower races to cut down our water usage. We take out our recycling together on Sunday nights. We compost, buy re-usable water bottles and show videos about melting ice caps and other issues related to climate change and what we can do to help.

If we work together to change small things so that we are creating less waste, we are helping to fix the mess. Every little thing counts.

For more information look up www.350.org.

Edith Iyer-Hernandez

Gratitude for 'childhood memories' of Brentwood 'ghost'

It struck me, as I watched my son conversing with the "Talking Ghost" in Brentwood, just how much a part of my children's lives this neighborhood icon has been!

I lived in Brentwood West from 1982 through 1996. My three girls, who are now in their early to late twenties, looked forward every year to seeing this fun and amazing "friend" on Halloween. We moved when my now 15-year-old son was less than two, so he never had the neighborhood fun of visiting with this round-headed wonder on Halloween night! So, this past Saturday night, with the moon at its fullest, we jumped in the car to go and see the "Talking Ghost"!

We drove up and stopped the car. It was late for Halloween night, at 7:45 p.m., so there was no one around. I encouraged Dylan to get out and go say hi, which he did. He wasn't disappointed. The ghost immediately came to life and in a loud voice, demanded to know who he was. Dylan pointed at the ghost and responded, "The question is, who are you?!" The reply came with no hesitation at all, "I am the ghost of Willie Mays! Do you want some Oxi Clean?" Perfect answer for this 15-year-old kid. Hysterical and he loved it!

All this to say, a huge THANK YOU to the family who every year takes the time to set this wonderfully fun and kind of scary apparition up. These are the things that childhood memories should be filled with, and I for one am grateful for their effort!

Betsy Brayley

Walsh promises to 'welcome open communication'

Thank you for your confidence in electing me to the Town Council. I am humbled by the turnout of voters on Nov. 3 and appreciate the trust you have placed in me.

The next few years will challenge all of us as we move forward as a community. The opportunity to represent you and to steward our town, along with my fellow councilors and members of the School Board, is a privilege.

I welcome open communication and will work towards keeping our discussions purposeful.

Jim Walsh

Friends of library make 'generous gift of books' to middle school

I wanted to publicly express my appreciation to the Friends of the Thomas Memorial Library for their very generous gift of books for our middle school students. I was invited to visit the library prior to the fall book sale and select books that would be appropriate for our classroom libraries. Consequently, over 150 books were chosen to be shared with our students and fellow teachers. There is no doubt that the value of these books, if purchased with school funds, would be well over \$500.

During these tight budget times, this gift is particularly appreciated. I wanted to be sure that the community at large was aware of the time and effort that goes into organizing and planning these book sales and further that this spirit of "community cooperation" was so beautifully demonstrated by this generous invitation.

Thanks so very much to the Friends of Thomas Memorial Library for their kind invitation and generous donation to our classroom libraries.

Kathy Walsh

Undefeated season!



Photo by Derek Veilleux



Photos by Jack Kennealy

At top, members of the Cape girls' undefeated cross country team pose with Coach Mary Ann Doss, center, and their Class B regional trophy Oct. 31 at Twin Brook: left to right, juniors Kelsey Barton and Rachel Nichols, seniors Emily Attwood and Hannah Doss, freshman Emma Inhorn, and sophomore Catherine Tierney. Far left, Barton runs to the finish to place ninth in the state championship Nov. 7 at Twin Brook. At left, Inhorn finishes 20th at the state meet. Except for Cape, which had three runners in the top 10, no other team had more than one runner place among the first 10. For more about the state championship, see page 1.

Note about letters

The Cape Courier published 70 letters in its three October issues, most of these election-related.

While we hoped to publish all properly submitted letters, we regret that a few letters submitted on time were missed in e-mail spam folders. Other letters were sent after our deadline and were not published because of space constraints.

Because of the volume of letters received, we have reconsidered our letters policy. In future election seasons, *The Cape Courier* will limit publication of endorsement letters by candidate, rather than attempting to publish all letters received.

As always, letter writers are encouraged to review our submission guidelines, included on page 2 of each issue and on our Web site, to ensure that letters are sent to the correct mailbox and by deadline. Every letter received via e-mail will be acknowledged as confirmation of receipt.

Exit polling suggests most residents are satisfied with local government

By Elizabeth Brogan

Government and American history students at Cape Elizabeth High School were hard at work exit polling Cape residents outside of the voting area on Nov. 3.

The survey was created by students in teacher Ted Jordan's Advanced Placement Government class with the assistance of Jake Koelker, Cape Elizabeth High School tech coordinator, and was administered by several of Jordan's classes.

Voters participating in the exit polling totaled 285. Each survey was completed on a laptop and computed electronically.

Koelker "has been a great teacher and a great tech support person in all that we have done on this survey," Jordan said. "I witnessed some very nice moments where older voters, especially, had the satisfaction of working with these young people and learning how to operate [a laptop computer]."

Respondents were almost exactly evenly divided by gender, with 141 men and 144 women participating in the survey. Ages ranged from 18 to 89-plus, with most respondents in the middle-aged ranges. All household income levels were represented, from under \$15,000 annually to over \$200,000.

More Democrats and Independents than Republicans participated, with 118 respondents aligning themselves with the Democratic party, 75 with the Independent Party, and 66 with the Republican party. Another 20 respondents identified with no party, the Green Party, or another party.

Asked how satisfied were they with the work of state government, on a scale of 1 to

5, with a 1 being "very unsatisfied" and a 5 being "very satisfied," the largest group of 105 respondents gave a 3. An equal number of respondents, 51, gave the state a 2 or a 4. The very unsatisfied numbered 30, and the very satisfied numbered just 5.

Local Cape Elizabeth government fared somewhat better, with the largest group of 106 respondents giving local government a 4 and the second-largest group of 95 respondents giving local government a 3. Only five respondents gave Cape a score of 1, being very unsatisfied, with 19 giving local government a 2. Sixteen respondents gave a "very satisfied" score of 5.

Asked whether they favored charging a nonresident fee for entrance to Fort Williams, 130 respondents, or 53 percent, said yes, while 117, or 47 percent, said no.

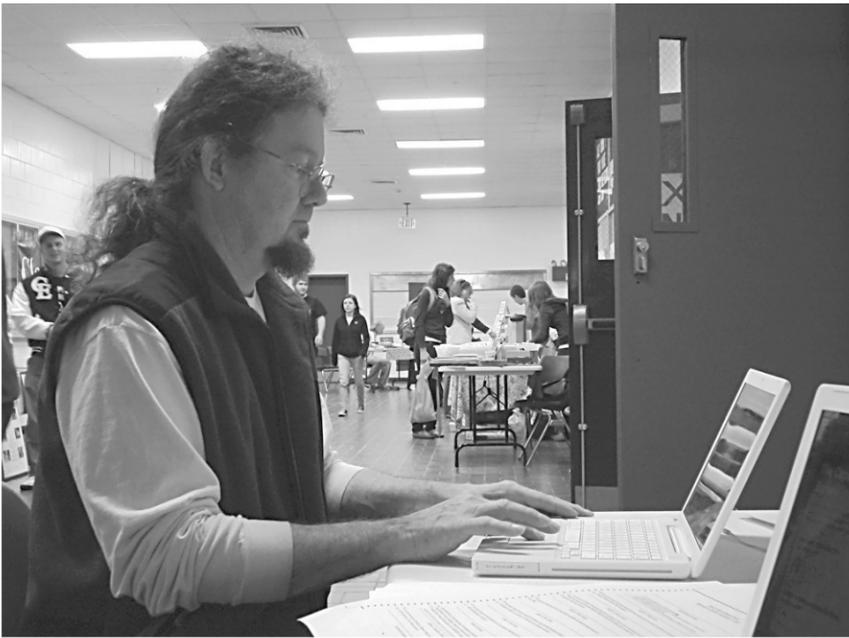
Asked to identify their sources for local news, 181 respondents, or 75 percent, identified *The Cape Courier*, closely followed by the *Portland Press Herald*, with 174 respondents selecting that newspaper. The *Current* (88), *Forecaster* (86), and *Sentry* (63) and MPBN radio (99) and local television news reporting (109) also were identified as news sources.

Just over a third of respondents, 85, indicated that they either attended a Candidates' Night event or watched one on CETV.

Complete survey results, as well as photographs and a short video, can be viewed by linking to a Web site from Jordan's high school Web page at http://capedistrict.learningnetworks.com/Pages/HS_Teachers/Web-site_TeJo/index.



Voters are intent on their exit polling surveys at the high school on Nov. 3.



A voter takes the exit polling survey at the high school on Nov. 3, away from the election activity behind him.

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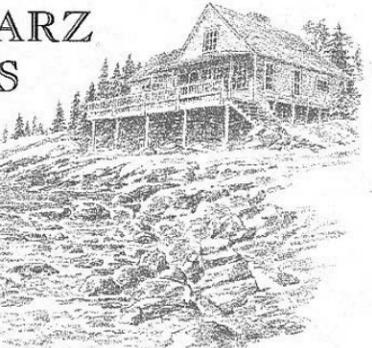
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Lifelong Cape hunter talks trapping, 'coonies,' and skunk fur coats, which smelled in rain

This is one of a periodic series, "Historical Snippets," offering readers a glimpse into Cape's past. Anyone wishing to share information about Cape Elizabeth history or their experiences growing up in Cape Elizabeth may contact Ellen Van Fleet through The Cape Courier.

By Ellen Van Fleet

You know you are talking to a real sportsman when he tells you that hunting is fun because of all the days you don't get anything.

"That is part of the fun," says Lester Lombard, a 96-year-old, lifelong hunter and trapper, who likens memories of days when you get lots of game to those of special days spent at Old Orchard Beach.

"You'd get sick of shootin' if you got something every day," he says. "There are lots of other days ... cold, hungry... you don't remember those. It's just three or four days you remember."

Born July 15, 1913, Lombard moved to the house at the sharp bend in Mitchell Road when he was 1 year old. He now lives just across the yard in a home he and his wife,

Henrietta, built in 1941. A mound of decoys, a wall of traps and a bench with shotgun shell reloaders in his garage attest to Lombard's passion as an outdoorsman. He started hunting when he was 8 or 9 years old.

"Nothing else to do," he says.

It cost Lombard 25 cents to buy a hunting license for the rest of his life. From September into winter he would be out hunting and trapping just about anything that moved: skunk, fox, rabbits, wood ducks, pheasant, partridge, woodcock, deer, saltwater birds like coots and eider ducks.

For a month in the spring he trapped muskrat; they were the most valuable. He'd get \$2 per pelt and could trap a couple hundred per season. Muskrats were plentiful in Cape and Scarborough marshes. "Used to be everywhere you saw cattails, you'd see their houses," he says of muskrats, his big "money-maker. They paid for my taxes and [heating] oil."

Lombard got \$20 for fox pelts, but one time he got \$179 for a fisher, which usually fetched \$100 a pelt. In his lifetime, he got a total of about 60 fishers. Lombard also



Photo courtesy of Lester Lombard

Lester Lombard poses with fox, mink, and muskrat pelts in this photo taken in the 1950s.

trapped otter and mink and sold to buyers from out of state.

"Fur coats went for \$150 at that time,"

says Lombard, who even trapped 10-15 skunk, as people used to make coats from the skunk pelt. However, the coats would smell when it rained, Lombard mischievously reports.

Lombard also bought foxhounds to use during fox-hunting season from mid-September to February. Using one dog over a period of 10 years, he shot 100 foxes. Lombard had different dogs to hunt different animals: fox, rabbit and birds. He also hunted 'coons at night with his dogs.

"Right now there's hardly any coons here, and five or six years ago we'd see quite a few," Lombard says. "They just disappeared. It is just a low cycle."

Duck hunting season started Sept. 15, and the Dunstan Marsh in Scarborough was a favorite place to set up a blind. At that time there were tide gates in the railroad causeway separating the marsh from the ocean, which kept the saltwater out so that Dunstan was primarily a freshwater marsh, which made it one of the best duck-hunting areas in the state.

Lombard remembers wood ducks attracted to the wild rice that someone planted there. A lot of the ducks are gone now, Lombard says.

Then there were the salt-water birds: eider ducks, coots and drakes. Lombard remembers his first eider kill at Prouts Neck because they hadn't been seen in the area before. Now they are common. Although Lombard remembers lots of white-wing coots, he hasn't seen any in years. And golden-eye whistlers can't be hunted anymore because of depleted populations.

Rabbit hunting was done in the winter when there was snow.

"When I was a kid growing up, there was no white rabbits, snowshoes, anywhere around here, but the little brown rabbits, coonie rabbits we called them, they was everywhere. They were so prevalent during the Depression that the meat shop would pay a quarter apiece," Lombard says. "Then through the years the white rabbits came back, and they wiped the coonies out. The snowshoes are almost extinct around here now... Nothin' killed them. They just took care of themselves."

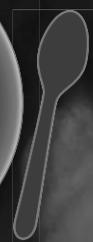
Lombard stopped trapping when "there was no money in it. ... Fur prices went down. Right now they aren't getting much more for fur than I did when I was a kid. That's how bad fur is now."

Lombard has always made his own shotgun shells; he has eight shell-making reloaders. He puts powder and equalizer and shot in the empty shells "and you add primer," he says. "That is what fires it. When you

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Arts Commission grant program needs artists

The Cape Elizabeth Arts Commission is currently seeking submissions from Cape Elizabeth artists and/or art organizations looking for an opportunity to expand or perfect their artistic skills. The grant program was created to help artists more fully realize their creative goals through individualized funding support. The money is used to fund projects that promote excellence and diversity in the arts community. Those applying must be Cape residents or groups that primarily serve the Cape Elizabeth community. Applicants must be 18 or be represented by an adult. The application deadline is Dec. 8, 2009.

The commission highly encourages grant proposal submissions from all types of artists, including musicians, dancers, writers,

designers, visual artists, and musical theater, film and video producers.

Recent award winners include grants to a photographer to document a family farm in Cape Elizabeth over the course of a year, and to a playwright to present an original work.

Applications for the grant program are available at the Thomas Memorial Library on Scott Dyer Road in Cape Elizabeth. The forms are also available online at www.capeelizabeth.com (see Forms & Applications).

The Arts Commission is also looking for artists who would like to display their work in the Thomas Memorial Library. The display is changed monthly and can include artists from outside Cape Elizabeth. Applications are available at the Thomas Memorial Library.

Town seeking bids on Gull Crest trail upgrade

The Conservation Commission is seeking bids to construct a fabric and gravel upgrade to several sections of the Inner Loop trail at Gull Crest.

The bids are due Dec. 1, 2009. The commission will review the bids at their Dec. 8 meeting, to be held at 7 p.m. in the Assessing, Codes, Planning conference room, on the second floor of the Town Hall, 320 Ocean House Road.

Conservation Commission representatives will be meeting on Thursday, Nov. 12, at 9 a.m. at the Cape Elizabeth Public Works Building on Cooper Drive to conduct a site inspection for interested parties.

For the full text of the request for bids, go to the town Web site at www.capeelizabeth.com. The request can be downloaded in pdf format.

--from the town Web site
www.capeelizabeth.com

HELP WANTED

Camera Operator

CETV, Cape Elizabeth's public access station, is seeking a camera operator to broadcast and record evening public meetings. The position requires approximately 10 hours per month. High School diploma required. Training provided.

Please submit a letter of interest to:

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Community gardeners persevere, donate hundreds of pounds of vegetables

By Rachel Stamieszkin

Despite rain, cold temperatures, mud, blight, huge numbers of snails and slugs, the community gardeners of Cape Elizabeth persisted and grew!

Most notable was the establishment of a new community garden on Spurwink Avenue developed on land generously donated by the Maxwell family. Master gardener and dedicated volunteer, Nancy Miles, led the effort with the help of the Maxwell Garden Committee: Marybeth Richardson, Wendy Garland, Melissa Kelly, Deb Cavanaugh, Alice Grant, and Lynne Holland. Once the 54 new plots were mapped out last spring, they were quickly reserved by interested gardeners who all pitched in to get the plots ready for planting.

In the meantime, the existing Cape Community Garden at Gull Crest continued to provide 38 plots to Cape residents, accommodating seven new gardeners this season.

Plots in both the Gull Crest and Maxwell gardens were dedicated to growing food for the Plant-a-Row-for-the-Hungry program. Food produced in these plots was donated to food pantries in Portland, South Portland, and Scarborough. In two plots at Maxwell's, coordinated by Marybeth Richardson and Wendy Garland, 89 pounds of fresh

vegetables were produced and donated, including 56 pounds of tomatoes alone! At the Gull Crest garden, Judy Simonds and Rachel Stamieszkin coordinated four plots, with the help of many volunteers, which produced 175 pounds of vegetables which were donated to the Scarborough Food Pantry.

The Plant-a-Row-for-the-Hungry project, active at the Gull Crest Community Garden since 2003, and at Maxwell's beginning just this year, is a nationwide effort, developed by the Garden Writers Association to encourage gardeners to grow a little extra food and donate it to local food banks that serve the homeless and the hungry in local communities. Since 2003, the Cape Community Gardens have donated over 2,000 pounds of fresh vegetables to local food pantries.

Participating in the Plant-a-Row-for-the-Hungry program is a very rewarding experience and gives the community gardeners another opportunity to commiserate about garden problems such as blight, squash beetles, snails and slugs. They enjoy the camaraderie and make new friends while watching the progress of new families of killdeer nesting in the garden, and blue birds in nearby boxes each year.



Harvesting tomatoes for canning

From field to table: Cape Farm Alliance teams up with Community Services

By Louise Sullivan

For many, the thought of "putting up a can of tomatoes" is a daunting prospect. Master preserver Beth Richardson and master farmer Penny Jordan from the Cape Farm Alliance are not daunted. The pair teamed up with Community Services After School Adventures to offer a three-week class for 7- to 12-year olds, teaching some basics about harvesting produce and the home-canning method. Ten enthusiastic girls signed up for the adventure.

Some, like Rosie Stevens, already have an interest in cooking and are baking at home with help. Rosie was very glad to have the chance to expand her skills. "I wanted to take this class when I was in fifth grade, so I was excited that I could sign up now that I'm in sixth."

In September, on successive Wednesday afternoons, the girls met at Jordan's Farm after school to harvest fresh vegetables. Jasmine Haines, who comes from a farming family in the County, walked the girls out into the field with their "chopping lists." They learned how to spot and pick ripe tomatoes, the difference between parsley and basil, and how to harvest beets, carrots, onions, and eggplant. They also picked flowers and spotted butterflies.

Meanwhile, Beth Richardson picked up a canner donated to the project by the Maine Cooperative Extension Master Preservers and readied the Community Services kitchen to accommodate the 10 chefs who would meet on Friday after school to chop, mix, cook and can their harvest. Beth says it was great to watch the girls sample unfamiliar vegetables, like beets, and discover that they loved them.

On the last Friday, Rosie and her sister Anna had just finished canning pizza topping, while Brittney Newman and Lily Mackenzie were sampling tangy salsa. They said they chopped and squished "tons of tomatoes" as the main ingredient and were happy that "it actually tastes good!" Taylor Young and Midori Kwan had used the extra tomatoes to make tomato juice.

The class was a big hit! Parents have been asking Beth for the recipes, which will be posted on the Cape Farm Alliance Web site. Penny and Beth are both happy that young Cape residents have had an opportunity to explore one of our oldest farms and to experience the thrill of bringing the fruits of the field directly to their dinner tables. Beth will teach one more class in December to learn about making jams and jellies from blueberries, strawberries and other fruits.



Photo by Steve Simonds

From left, Steve Parkhurst, Judy Simonds, Tina Harnden and Rachel Stamieszkin pose together by the Brussels sprouts about to be harvested for a local food pantry, just before putting the gardens to bed for the season.



Participants in the canning class show obvious pride in their product.



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Reported by Debbie Butterworth

COMPLAINTS

- 10-2 An officer met with a resident of the Scott Dyer Road area about the actions and speed of a motorist.
- 10-10 Three officers responded to the Transfer Station when a car owner refused to move an illegally parked car.
- 10-12 An officer met with a resident of the Two Lights Road area about a possible harassment complaint. A suspect was identified. The case is being investigated.
- 10-12 Two officers met with an employee of a local business about a suspicious person and possible theft complaint.
- 10-14 An officer met with a resident of the Scott Dyer Road area regarding a stolen bicycle. The bike was later located.
- 10-15 An officer met with a resident of the Scott Dyer Road area about the theft of a registration decal from the plaintiff's trailer plate.
- 10-17 An officer met with a resident of the Old Ocean House Road area regarding a criminal mischief complaint. Damage was done to a mailbox, a lamppost and decorative pumpkins.
- 10-17 Two officers responded to a domestic disturbance in the Bowery Beach Road area.
- 10-18 An officer met with a resident of the Spurwink Avenue area who reported that a dog had tried to bite him. The dog was tethered and on private property. The dog's owner was notified.
- 10-18 An officer spoke with a resident of the Mitchell Road area about the theft of a lawnmower. Taken was a Poulan black and yellow push mower.
- 10-19 An officer met with a resident of the Shore Acres area about a harassment complaint.
- 10-19 An officer met with a resident of the Scott Dyer road area about toys in the yard being damaged.
- 10-20 An officer met with a resident of the Scott Dyer Road area about a harassment complaint.
- 10-21 Two officers responded to the Kettle Cove parking area for a well-being check of a subject in a motor vehicle. Arrangements were made for further assistance.
- 10-22 An officer responded to the Shore Acres area for report of several subjects in the roadway, one of whom, a juvenile, had discharged some type of firearm. The firearm was a CO2 BB handgun. The item was confiscated, and a parent was contacted.

- 10-22 An officer met with a resident of the Scott Dyer Road area about a possible harassment complaint.
- 10-24 An officer spoke with a resident of the Spurwink Avenue area about the possible theft of a musical instrument.
- 10-24 An officer on routine patrol discovered a vehicle parked in front of the closed gate on Dennison Drive that leads to the Transfer Station. He made contact with a Portland resident who admitted to removing items from the Swap Shop. Transfer Station buildings were checked, the property was returned, and the subject was warned for trespassing.
- 10-26 An officer met with a resident of the Spurwink Avenue area about a harassment complaint.

SUMMONSES

- 10-13 Cape Elizabeth resident, harassment by phone, false public alarm
- 10-13 Cape Elizabeth resident, fugitive from justice, Ridge Road
- 10-13 Portland resident, possession of cocaine, Ocean House Road
- 10-13 Windham resident, possession of cocaine, Ocean House Road
- 10-14 Otisfield resident, operating after license suspension, Cottage Road
- 10-15 Portland resident, speeding (38/30 zone) Sawyer Road, \$119
- 10-15 Cape Elizabeth resident, speeding (45/30 zone) Shore Road, \$185
- 10-17 Cape Elizabeth resident, speeding (64/50 zone) Route 77, \$119
- 10-17 Cape Elizabeth resident, operating under the influence of alcohol, leaving the scene of an accident, violation of conditions of release, failure to report an accident, operating without a driver's license, Fowler Road
- 10-17 Cape Elizabeth resident, hindering apprehension, Vernon Road
- 10-17 Cape Elizabeth resident, hindering apprehension, Vernon Road
- 10-20 Cape Elizabeth resident, failure to produce insurance, Route 77, \$171
- 10-21 Cape Elizabeth resident, failure to

- produce insurance, Route 77, \$171
- 10-23 Cape Elizabeth resident, failure to produce insurance, Route 77, \$171
- 10-24 Cape Elizabeth resident, operating under the influence of alcohol, Linwood Street
- 10-24 South Portland resident, operating after license suspension, Shore Road
- 10-25 Waterboro resident, speeding (39/25 zone) Scott Dyer Road, \$137

JUVENILE SUMMONSES

- 10-18 Possession of tobacco, Bayberry Lane

ARRESTS

- 10-13 Windham resident, possession of cocaine
- 10-13 Portland resident, possession of cocaine
- 10-13 Portland resident, probation hold
- 10-13 Cape Elizabeth resident, fugitive from justice, possession of a controlled substance with intent to sell
- 10-24 Cape Elizabeth resident, operating under

the influence of alcohol, Linwood Street

ACCIDENTS

- 10-14 Robert Schaedel, hit a deer on Spurwink Avenue
- 10-17 Kenneth LaFlamme, accident on Fowler Road
- 10-22 Nancy Strout, accident on Scott Dyer Road

FIRE CALLS

- 10-13 Fuel leak, Hawthorne Road
- 10-17 Gas leak, Preble Street
- 10-20 Fieldstone Road, fire alarm
- 10-20 Wells Road, fire alarm
- 10-21 South Portland Mutual Aid
- 10-24 Woodland Road, carbon monoxide alarm

RESCUE CALLS

There were 7 runs to Maine Medical Center. There was 1 run to Mercy Hospital. There were 4 patients treated by Rescue personnel but not transported.

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The Cape Elizabeth Soccer Club's 2009 Board of Directors:

Matt Bates	Dan Flaherty	Colleen Taintor
Ann Bosworth	Susan Haversat	Jeff Thoreck
Harold Caswell	Steve Lavallee	Sarah Tierney
Tom Caswell	Carrie McCusker	Mike Wood
Janelle Deschino	Geoff Pellechia	

would like to thank the following dedicated parents for their generous contribution of time and talent, making this soccer season a success for our players:

Ben Huffard	Scott Forrey	Chris Grey
Holly Aceto	Cory Morrissey	James Haller
Blaine Riggie	Wendy Garland	Mike O'Connor
Greg Miller	Ron Spidle	Wyman Briggs
Mark Membrino	Steve Brock	Ray Haversat
Molly Dall	Stephen Allen	Allison Landes
Bruce Wood	Stephen Spencer	Foster Stewart
Todd Friberg	MaryEllen Kennedy	Jon Fiutak
Charlie Carroll	Sarah Lennon	Bob Raffice
Tim Concannon	Kevin Bosworth	Chris Taintor
Bobby Dall	Eric Hansen	Gary Newell
Aaron Agrodnia	Tim Queeney	
Mary Brett	Ben Raymond	

Our Board of Directors would also like to thank the following students and community members for their hard work and spirit, training and practicing as referees for our club this season:

Abigail Armstrong	Chris Gallant	Brett Parker
Matthew Barksdale	Courtney Guerrette	Chad Peterson
Karyn Barrett	Adam Haversat	Luke Pfeifle
Ben Brewster	Forest Hewitt	Benjamin Richardson
Allison Briggs	Thomas Janick	Jack Queeney
Alex Bornick	Patrick Kelley	Maddie Riker
Sara Bosworth	Wilson Laprade	Richard Riker
Dylan Bruns	Stefan LaRose	Alex Silva
Jason Buxbaum	Katie Lavallee	Teddy Smith
Cam Caswell	Tim Lavallee	Emily Spidle
Sandy Cole	Andrew Lynch	Macklin Sweeney
Alex Cooley	Robert Macdonald	Kisa Tabery
Sarah Cummings	Ian McInerney	Emily Taintor
Kevin Flathers	Isabella Narvaez	Colleen Thibeault

Cape-MVHS football film to be screened Nov. 18

"Rivals," the award-winning documentary about the competition between the Cape Elizabeth and Mountain Valley High School football teams by Cape Elizabeth filmmaker, Kirk Wolfinger, and his company Lone Wolf Documentary Group in South Portland, will be screened Wednesday, Nov. 18, at the Portland Phoenix Short Film Festival at One Longfellow Square in Portland.

The film took top honors this summer at

the Maine International Film Festival and will make its television premiere on the Smithsonian Channel in 2010.

The last film to be shown at the festival, which will begin at 6:30 p.m. and feature six short films, "Rivals" should begin at about 8:30 p.m., organizers say.

There are no tickets for the event, but there is a \$5 cover charge. Doors will open at 6:15 p.m. Call 761-1757 for more details.

Miklavic, Allen win sportsmanship awards; Taintor wins soccer club's volunteer award



Photo by Colleen Taintor

Cape Elizabeth Soccer Club players, second from left, Katie Miklavic, and, third from right, David Allen, stand with CESC President Matt Bates, center, and their parents, left to right, Kirk Miklavic, Beth O'Hara-Miklavic, and Steve and Debbie Allen on Oct. 29 at the high school after Bates awarded the two with CESC's annual Jamie Higgins Awards for sportsmanship. The award is named in honor of Cape Elizabeth soccer player Jamie Higgins, who passed away when he was 11 years old. In their final year of the soccer program, players on both the girls' and boys' under-14 year-old teams are asked to vote for a teammate who displays sportsmanship on and off the field, as Jamie Higgins did.



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Photo by Susan Haversat

Colleen Taintor, who served on the Cape Elizabeth Soccer Club board for nine years, received the 2009 Skip Houghton Award for outstanding service to the club from CESC President Matt Bates at soccer recognition night on Oct. 29 at Cape Elizabeth High School.

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Young Cape musicians in USM youth ensembles to perform Nov. 19 at Merrill

Twelve young Cape Elizabeth musicians and other outstanding youth musicians from Maine will perform in a fall concert at 7:30 p.m. Thursday, Nov. 19, at Merrill Auditorium.

Members of the University of Southern Maine's four instrumental youth ensembles, Cape musicians, Elisabeth Brewington, William Britton, Nathan Brown, Helen Gray-Bauer, Kate Hansen, Julia Hintlian, Madeline Kraft, Anastasia Kouros, Aubrey Landsfeld, Evan Long, Hazel Pine, Charlotte Ruty, and Mary-Elizabeth Simms rehearse weekly at the University of Southern Maine School of Music on the Gorham campus.

The program will open with the Portland

Youth Wind Ensemble. Next to take the stage will be the Portland Young People's String Consort, now in its 31st year, which includes the youngest players.

Following the PYPSC, the Portland Youth Junior Orchestra will play. The Portland Youth Symphony Orchestra will close the evening's program. One of the oldest youth orchestras in the entire country, the PYSO was formed in 1942.

There is a suggested \$6 donation for the general public and \$3 for children. Seating is unreserved. Call 780-5555 for more information. The Merrill Auditorium is located at 20 Myrtle St. in Portland. The program is supported by the Sam L. Cohen Foundation.



Photo by Jenny Campbell

Oliver! cast and crew members painted "the Rock" on Route 77 in anticipation of the musical's Nov. 13 to 25 run at Cape Elizabeth High School.

'Oliver!' to run through Nov. 25

Cape Elizabeth High School's "Oliver!" a musical based on Charles Dickens' 1837 novel, "Oliver Twist," will run through Sunday, Nov. 25, in the high school auditorium.

Peter Campbell plays Oliver, and his brother Tom Campbell plays Fagin. Cyrus Wolfinger is The Artful Dodger, Emily Ham is Nancy, and A.J. Frustaci plays Mr. Bumble. Elliot Cohn, a recent Cape graduate who performed in many CEHS shows, stars as Bill Sykes. The show also features Cape children in grades 1-5 and even Cape High School

teachers.

The show, which opened Friday, Nov. 13, will run through Wednesday, Nov. 25, Thanksgiving Eve. Shows will be at 2 p.m. on Sundays, Nov. 15 and 22, and at 7:30 p.m. on Friday, Nov. 20; Saturday, Nov. 21; Tuesday, Nov. 24; and Wednesday, Nov. 25.

Tickets are \$8 for adults and \$5 for students and senior citizens. All tickets will be sold at the door. The auditorium will open a half-hour before curtain. The show is appropriate for all ages.

Middle school's 'A Christmas Carol' to run through Sunday, Nov. 15

The Cape Elizabeth Middle School Drama Club will perform "A Christmas Carol," on Nov. 13, 14, and 15 in the middle school auditorium.

This version, which offers a modern twist to Charles Dickens' classic holiday tale, is told from the perspective of a young boy's grandmother. The boy, Thomas, enjoys spending time with his grandmother but has trouble understanding why she and his grandfather would give their hard-earned money to the poor. This gives his grandmother the

opportunity to tell the story of Ebenezer Scrooge as she recalls it, and a traditional retelling of "A Christmas Carol" comes to life onstage as a play within a play.

In this adaptation, audiences will encounter the classic Dickens characters, including Jacob Marley, Ebenezer Scrooge, Tiny Tim, and the spirits of Christmas past, present and future.

Shows will be at 7 p.m. Friday and Saturday, Nov. 13 and 14; and at 2 p.m. Sunday, Nov. 15. Admission is \$3 at the door.

'Bubble in Paradise' at St. Alban's Nov. 14

"Bubble in Paradise," a two-act musical, will be performed at 7:30 p.m. Saturday, Nov. 14, in St. Alban's Episcopal Church's Bonoff Hall.

The musical revolves around Cordelia who learns that her husband George has been declared legally dead. Then Cordelia, meets Mal. Matters become complicated when the "deceased" husband returns suffering from amnesia, and ends up working for Mal.

All are invited to the show, a fundraiser for Saint Alban's. A \$10 donation is suggested. Contact Lancey at rodmarel@myfairpoint.net or 799-4802 for more information.

'High School Musical' to run Nov. 20-29 at Lyric Theater

"Disney's High School Musical On Stage!" will run from Nov. 20 to Nov. 29 at Lyric Music Theater, 176 Sawyer St., South Portland.

Adapted from the Disney movie, "High School Musical," the play chronicles the trials and tribulations of life and love in high school.

Performances will be at 8 p.m. on Fridays and Saturdays and 2:30 p.m. Sundays. Contact Brian McAloon at lyricmusictheater@gmail.com for more information.

Three from Cape in Nov. 15 Rossini Club concert

Cape Elizabeth residents Mark Braun, Seth Blank, and Eric Kawamoto will perform in a Rossini Club concert at 3 p.m. Sunday, Nov. 15, at the Cathedral of St. Luke, 143 State St., Portland.

The program will include the Brahms horn trio; a string quartet by Mendelssohn; arias for voice by Bizet, Bach and Handel; and piano music by Chopin.

Braun, a physician, is a pianist. Blank, who is also a doctor, plays the French horn. Kawamoto, a scientist, is a tenor.

There is a suggested donation of \$10 for the general public, and \$5 for seniors. Students' admission is free. Parking behind the church is accessed from Park Street.

Contact Phyllis Leeke at 773-2523 or phyllis@phyllisleeke.com.

Cape resident to direct jazz concert at USM

Cape Elizabeth resident Chris Oberholtzer will direct the University of Southern Maine Jazz Ensemble in an evening concert featuring traditional and contemporary tunes for big band at 7:30 p.m., Thursday, Dec. 3, in Corthell Concert Hall on the USM Gorham campus.

The concert is one of many student ensemble concerts and recitals at USM in the final weeks of the fall semester.

Admission for the event will be \$6 for the general public, and \$3 for seniors and students. Call 780-5555 for information about USM concerts.

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New play to be read by local playwright

A new play, "Time Downeast: A Play in Two Acts," by Cape playwright Clare Melley Smith, will be read at The Portland Players, 420 Cottage Road in South Portland, at 7:30 p.m., Monday, Nov. 16.

Melley Smith is grateful to the Cape

Elizabeth Arts Commission for a grant that supported the writing of the play, and to the Portland Players for the donation of their space for this reading.

The play reading is free and open to the public.

CAPE CALENDAR

By Wendy Derzawiec, 767-4074
(E-mail: derzawie@maine.rr.com)

Agendas for town and School Board meetings are available online at: www.capeelizabeth.com

Saturday, Nov. 14

Lions Club Lobster Dinner, 5-6 p.m., Bowery Beach Schoolhouse, Two Lights and Wheeler roads. Reservations call 767-2733

'A Christmas Carol', 7-8:30 p.m., Cape Elizabeth Middle School, 14 Scott Dyer Road

'Bubble in Paradise', 7:30 p.m., St. Albans Church, 885 Shore Road

Sunday, Nov. 15

'Oliver', 2 p.m., Cape Elizabeth High School, 345 Ocean House Road

'A Christmas Carol', 2-4 p.m., Cape Elizabeth Middle School, 14 Scott Dyer Road

Tuesday, Nov. 17

Cape Elizabeth Education Foundation Spelling Bee, 7 p.m., Middle School cafeteria, 14 Scott Dyer Road

Planning Board, 7 p.m., Town Hall chamber, 320 Ocean House Road

Wednesday, Nov. 18

School Board Policy Committee, 12:15 p.m., William H. Jordan Conference Room, Town Hall, 320 Ocean House Road

Middle School Holiday Craft Fair, 4-8 p.m., middle school cafeteria, 14 Scott Dyer Road

Thursday, Nov. 19

Thomas Memorial Library Board of Trustees, 6:30 p.m., Thomas Memorial Library, 6 Scott Dyer Road

Recycling Committee, 7 p.m., Public Works, Cooper Drive

Fort Williams Advisory Commission, 7 p.m., Public Works, Cooper Drive

Health Insurance Review Committee, 7 p.m., William H. Jordan Conference Room, Town Hall, 320 Ocean House Road

Saturday, Nov. 21

'Oliver', 7:30 p.m., Cape Elizabeth High School, 345 Ocean House Road

Sunday, Nov. 22

'Oliver', 2 p.m., Cape Elizabeth High School, 345 Ocean House Road

Tuesday, Nov. 24

Cape Republican Town Committee, 7 p.m., Community Center, 343 Ocean House Road. Guest speaker: Les Otten

Zoning Board of Appeals, 7 p.m., Town Hall chamber, 320 Ocean House Road

'Oliver', 7:30 p.m., Cape Elizabeth High School, 345 Ocean House Road

Wednesday, Nov. 25

'Oliver', 7:30 p.m., Cape Elizabeth High School, 345 Ocean House Road

Thursday, Nov. 26

Thanksgiving Holiday, Town Hall, Thomas Memorial Library closed. Recycling Center regular Thursday closure.

Friday, Nov. 27

Thanksgiving Holiday, Town Hall, Thomas Memorial Library closed. Recycling Center open 8 a.m.-5 p.m.

Ongoing each week

Al-Anon, Newcomers' meeting, 6:15 p.m., regular meeting 7:30 p.m. **Thursdays**, at United Methodist Church, 280 Ocean House Road (Route 77). Regular meeting 7 p.m. **Fridays** at St. Alban's Episcopal Church, 885 Shore Road.

Alcoholics Anonymous, 2 p.m. **Saturdays**, First Congregational Church, 301 Cottage Rd., So. Port.; 7 p.m. **Wednesdays**, St. Bartholomew Church, 8 Two Lights Rd.; 7 p.m. **Fridays**, St. Alban's Church, 885 Shore Road.

Cape Elizabeth Historical Preservation Society, 9 a.m.-noon **Thursdays**, except for holidays, storm days, Thomas Memorial Library, 6 Scott Dyer Road. Volunteers assist with information searches. Public welcome. Meetings are **first Monday** of the month, 7 p.m., at the library.

Cape Elizabeth Lions Club, 6:39 p.m., **first and third Tuesdays** (except July and August) at the Bowery Beach Schoolhouse, head of Two Lights Road. For more information about the Club, contact Kim Brooks, 767-2733, or Bruce Balfour, 799-4221.

Fire-Police meetings, 7 p.m. **third Thursday** of each month except July and August at the Cape Elizabeth Police Station, 325 Ocean House Road.

Scrapbooking Sessions, 9 a.m.-4 p.m. **first Saturdays** except July and August, Bowery Beach Schoolhouse, Two Lights and Wheeler roads. Cost is \$15, to benefit Cape Elizabeth Lions local and international activities. Participants should bring own supplies. For more information call Kim Brooks, Lions president, 767-2733.

The South Portland/Cape Elizabeth Rotary Club, each **Wednesday** at 6:15 p.m. at the Purpoedock Country Club on Spurwink Road in Cape Elizabeth. For more information on the SP/CE Rotary Club, contact club president Joan Frustaci, 767-2490.

American Legion, 7 p.m. **second Monday** of each month, Cape Elizabeth United Methodist Church, 280 Ocean House Road. For more information contact Deb Schneider, 767-6109.

Local artists' silent auction, holiday sale to benefit community members in need



Cape and South Portland artists from Artascope Studios in South Portland raised \$1,190 last year for community members in need at a silent auction of their works, similar to one that will open for bids on Nov. 21. All proceeds will benefit the Community Crisis Ministries Fund.

Handmade items from Cape and South Portland artists from Artascope Studios soon will be up for bid in a silent auction that will benefit the Community Crisis Ministries Fund of South Portland and Cape Elizabeth. Auction items, which will include paintings, handbags, silver jewelry, place mats, gift certificates, batik, fiber arts and more, will open for bids Saturday, Nov. 21, at the Holly Daze Fair at the First Congregational Church in South Portland. The following day, the auction will move across the street to Artascope Studios, 352 Cottage Road.

Auction items also will be displayed during Artascope's fourth annual Holiday Sale, which will run from Thursday, Dec. 10, to Wednesday, Dec. 30. Bids can be placed at Artascope until Dec. 20.

All proceeds will benefit the Community Crisis Ministries Fund which is administered by the First Congregational Church on

Cottage Road. The fund helps struggling community members pay for basic needs such as housing, food, health care, and clothing.

This is the fourth year that Artascope has organized a fundraising effort benefiting the fund, which was started 10 years ago with an anonymous donation and a stipulation that all the money be given to individuals, not charities. In the past four years, CCMF has assisted more than 430 families. Last year, Artascope contributed \$1,190 raised from the contributions of local artisans.

"Gathering donations of unique handmade work from local artists is an effective way for us to give back to our community," said Artascope Manager Suzanne Kiertianis.

"This auction really reflects our mission of 'Helping people connect through creativity.'"

Contact Kiertianis at 799-5154 or e-mail suzannek@artascope.com.

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Planning Board (live)
Nov. 17 - 7 p.m.
Planning Board replay
Nov. 18 & 19 - 2 p.m. & 8 p.m.

Zoning Board of Appeals (live)
Nov. 24 - 7 p.m.
Zoning Board replay
Nov. 25 & 26 - 2 p.m. & 8 p.m.

Schedule is subject to change. See program guide on Channel 3 for updated listing.

Lobster dinner Nov. 14

The Cape Elizabeth Lions will host a lobster dinner from 5 to 6 p.m. Saturday, Nov. 14, at the Bowery Beach Schoolhouse, located at Two Lights and Wheeler roads.

The dinner will feature lobster, baked potato, corn and dessert. The cost is \$12 for one lobster or \$18 for two. Eat in or take out.

Call 767-2733 for information.

Education Foundation spelling bee on Nov. 17

The Cape Elizabeth Education Foundation will hold its biennial community spelling bee on Tuesday, Nov. 17, in the Pond Cove cafetorium.

The contest will be organized into rounds, with teams of three adult or student members competing in each. The bee will air on CETV. Check calendar for times. Contact CEEF at 799-2333 or info@ceef.us for more information.

Cool Cape to discuss climate change Nov. 18

The Cool Cape group invites the public to catch up on current developments in climate change politics and advocacy with Joan Saxe from the Sierra Club Climate Recovery Committee at 6:30 p.m. Wednesday, Nov. 18, at Cape Elizabeth United Methodist Church, 280 Ocean House Road. Saxe will attend the Climate Change Summit in Copenhagen in December as a Sierra Club delegate.

The group will discuss how community members can work on climate change through movements such as www.350.org. Contact Carol Hubbard at 662-1693 for more information.

Art for Dog Sake show and sale set for Nov. 22

Artists from around the state, including Cape Elizabeth, will hold their fifth annual Art for Dog Sake show and sale from 10 a.m. to 4 p.m. on Sunday, Nov. 22, at Sprague Hall.

A \$2 donation at the door will go to Maine-based Dogs Deserve Better, a nonprofit rescue organization dedicated to freeing chained dogs and putting them into homes and families. Calendars, posters, lamps, ornaments, dog toys, hand-dipped truffles, and spa and skin products will also be sold.

E-mail festivefish@aol.com and visit www.dogsdeservebetter.org for information.

Girl Scouts collect items to send to U.S. troops

Girl Scout Troop No. 2222 is collecting items to send in care packages to U.S. troops in Afghanistan. The fifth-graders seek toiletries, travel-size games, snack foods, reading material, and donations to help buy more items and ship packages.

Items can be dropped off at Cape Elizabeth Middle School from 4 p.m. to 8 p.m. Nov. 18 during the school's Holiday Fair. For information, please e-mail cdmac@mindspring.com.

Otten to speak to Cape Republicans

Maine gubernatorial candidate Les Otten will be the guest speaker at the Cape Elizabeth Republican Town Committee's 7 p.m. meeting on Tuesday, Nov. 24, in the Community Center.

Otten is a former owner of Sunday River Ski Resort and former part owner of the Boston Red Sox. Republicans from Cape, South Portland and Scarborough are welcome to attend. Call 318-5001 for more information.

Fall Astronomy Night planned Nov. 17

Fall Astronomy Night, planned from 7 p.m. to 8:30 p.m. Tuesday, Nov. 17, by the Cape Elizabeth Land Trust and the Southern Maine Astronomers Organization, will offer community members an introduction to the Maine winter sky.

Using telescopes, star finders, binoculars and the naked eye, participants will learn about and view the moon, constellations, planets, and stars.

The program will begin with a brief introduction inside the Land Trust office, 330

Ocean House Road. Participants then will carpool to one or two sites such as Kettle Cove or Gullcrest Field to stargaze away from the lights of town.

Participants should dress warmly and appropriately for the weather and bring a flashlight. Rain dates for the event, which requires a clear night, are Nov. 18 or 19.

The cost is \$6 per person, or \$12 per family. Register at the Community Services office at the Community Center, 343 Ocean House Road.

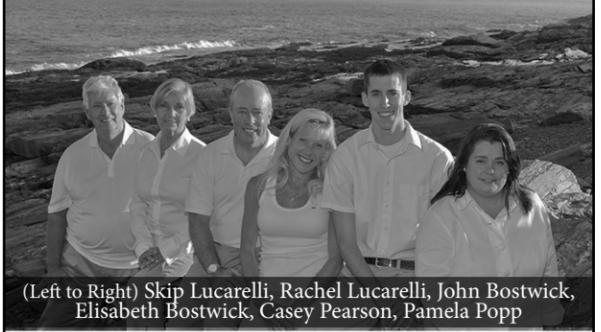


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June Torrey and Norm Jordan discuss "Grandma's Nut Bread," the dish Jordan brought to the party.

Cookbook celebration



Photos by Jan Reale-Hatem

Jane Beckwith, far left, editor of the Cape Elizabeth Historical Preservation Society's new cookbook "A Culinary History of Cape Elizabeth," points out a recipe to some friends at an Oct. 26 party at Thomas Memorial Library, where society members celebrated the publication of the book and honored Beckwith.



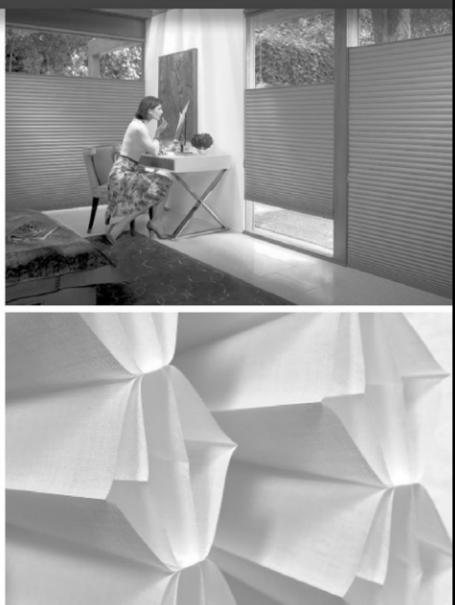
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Lester Jordan, who is featured on the cover of the Cape Elizabeth Historical Preservation Society's new cookbook, talks with Elizabeth Peterson, editor of the society's previously published book, "Cape Elizabeth: Past and Present," as Audrey Jordan looks on. CEHPS Secretary Lois Morrill checks out a recipe. The books are available for \$20 Thursdays from 9 a.m. to noon in the society's offices at the library.



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Beverly and Wayne Brooking man the cookbook table.



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Signing in at the library



Cape Elizabeth Garden Club members, left to right, Fran Mitchell, Beverly Beedle, Carol Christ and President Jane Zimmerman, erected a sign describing the club's connection to the library garden on Oct. 12 at Thomas Memorial Library. At a 12:30 p.m. meeting Friday, Dec. 4, at the Community Center, members will make centerpieces for a senior luncheon to be held later in December at the center. Members who wish to create arrangements for themselves should bring containers and greens. Club members care for the gardens at both the library and the Portland Head Light keeper's house. Please contact Betty Montpelier at 799-0229 or Barbara Anderson, at andersoncape@aol.com to find out about joining the club.

Senior to Senior's 'Glamour Gals' set for Nov. 15

Senior to Senior, a community services group made up of Cape Elizabeth High School seniors, will present "Glamour Gals" for women who want to get free facials or makeovers or have their nails done. The event, set for 3-4:30 p.m. Sunday, Nov. 15, will happen at Village Crossings, 78 Scott Dyer Road.

Volunteers also visit senior citizens regu-

larly, for whom they provide companionship and friendship and help with small but important tasks. Special assistance, such as going to the grocery store or running small errands, can also be arranged.

Call Jayne Hanley at 232-2029 or Shannon Saxby at 799-4465 for more information, or visit the Senior to Senior Web site, www.capeseniors.org.



Photo by Wendy Keeler

Among the 18 senior citizens who enjoyed lunch made with ingredients supplied by Whole Foods Market in Portland on Oct. 27 in the Cape High School cafeteria were, left to right, Dick Banks, Priscilla Schwartz, Lou Peiffer, Gerry Leeman, and Marylyn Sherrard.

Not your mother's high school cafeteria food

By Wendy Keeler

Many adults facing the prospect of eating school cafeteria food would run the other way. But the 18 senior citizens who dined in the Cape Elizabeth High School cafeteria Oct. 27 by no means ran. They, along with CEHS students and teachers, gobbled a lunch made from ingredients from Whole Foods Market in Portland and prepared by the cafeteria staff.

"The food was delicious, and they put on such a good lunch that I didn't have to cook a big supper," said widower Dick Banks, a regular at the Chef of the Month lunches the CEHS Wellness Committee sponsors in a program partly by the Cape Elizabeth Education Foundation.

Every month, when a chef or guest visits the cafeteria, students get recipes, watch demonstrations, and enjoy the guest's dishes,

prepared by the staff.

Last year five Cape Elizabeth lobstermen brought crustaceans to the cafeteria. After dining on lobster stew, students got a hands-on lobster lesson from one of the lobstermen.

Kettle Cove Ice Cream, Inn by the Sea, and Jordan's Farm, have also participated in the monthly lunches.

At next month's Chef of the Month, planned for Wednesday, Dec. 2, diners will be treated to pizza by

Flatbread Company.

Count on Dick Banks being there with his cadre of women friends.

"I have a group of widows that I go out to lunch with, and as a matter of fact, everyone at that table [this month and last] was a widow, but I'm not advertising," Banks said laughing.

Contact Community Services at 799-2816 for information or to make a reservation.

'Everyone at that table was a widow, but I'm not advertising,' Cape resident Dick Banks

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Cape makes the grade in "Maine 101"

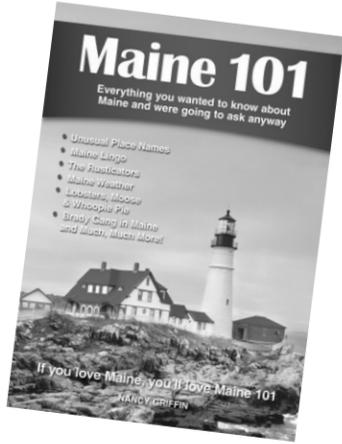
By Elizabeth Brogan

A new stocking-stuffer-sized book, "Maine 101," is "everything you wanted to know about Maine and were going to ask anyway."

Portland Head Light is featured on the cover of the book, written by Nancy Griffin of Thomaston, but Cape Elizabeth also appears in several sections of the book, which is full of bite-sized lists, profiles and statistics.

Two Lights State Park is among the top five state parks detailed, and the Lobster Shack at Two Lights among the five "scenic lobster pounds."

A "Did you know..." section of the book details the life of acclaimed film director John Ford, born in Cape Elizabeth in 1894 to Irish immigrant parents. Yes, the statue of Ford is over the bridge in Portland, where he attended high school, but Cape can claim him as its own by birth.



"Maine 101" book cover.

The book, which has been the bestselling Maine local title since its release in July, according to Nielsen BookScan, is available in paperback at local bookstores.

Library offers new museum passes

For several years, through the generosity of the Cape Elizabeth Arts Commission (CEAC,) the library has lent out passes to the Portland Museum of Art, which may be used by one family per day (two adults and up to six- children from the same family.).

This year, CEAC has provided funding for two new museum passes. A pass to Victoria Mansion in Portland is good for free admission for two adults on a single day. A pass to the Maine Historical Society Museum and

Longfellow House allows free entry for two adults and up to four children (ages 17 and under) per day.

In addition, Coastal Maine Botanical Gardens in Boothbay has donated free passes to Maine public libraries for use by library patrons. The library has two passes to the Botanical Gardens, each allowing for free admission for one person.

All of these passes may be signed out at the main library reference desk.

FALL LIBRARY SCHEDULE

For more information call 799-1720
E-mail: rdavis@thomas.lib.me.us
Visit the library online at: www.ThomasMemorialLibrary.org

Mother Goose Story Time

Rhymes, songs and finger plays for babies up to 18 months.

Wednesdays, 11:00-11:30 a.m.

Tales for Tots

Songs, stories and movement for toddlers 18 to 36 months.

Wednesdays, 9:30-10:00 a.m.

Thursdays, 9:30-10:00 a.m.

Fridays, 9:30-10:00 a.m.

Story Garden

Songs, stories and movement for preschoolers 3 to 5 years.

Tuesdays, 10:30-11:15 a.m.

Fridays, 10:30-11:15 a.m.

Family Story Time

Songs, stories and movement for toddlers and preschoolers.

Saturdays, 10:30-11:00 a.m.

Themes

Nov. 15-21:

Space Flight

This week, we'll read all about the moon, stars, planets, and space travel.

Nov. 22-28:

What's Cookin'?

Get ready for Thanksgiving with stories about food and cooking

The library will be closed Thursday and Friday, Nov. 26-27 for Thanksgiving.

Library Hours

Monday, Wednesday, Friday.....9 a.m. to 5 p.m.
Tuesday & Thursday..... 9 a.m. to 8:30 p.m.
Saturday9 a.m. to 5 p.m.
Sunday.....Closed

Rebecca Jane Hawkes exhibits this month

Rebecca Jane Hawkes of Cape Elizabeth and Sebago Lake will continue to display oils and several mixed-media works at the Thomas Memorial Library through the month of November.

A graduate of the art program at Gorham State College, Hawkes taught at Westbrook High School from 1966 to1982 and at Nathan Clifford School in Portland from 1988 to 1994.

She was a student of the late Roger Deering of Portland and Kennebunkport and Alfred Chadbourne of Yarmouth and completed courses at Westbrook Junior College, the Rockland Museum and the Portland School of Art.

"My spirit finds peace in nature, and it is there I emotionally connect with a multitude of subject possibilities and conditions waiting to be explored," Hawkes said.

"Old Bridge," at right, is among the works by Rebecca Jane Hawkes to be exhibited in November.



The Cape Courier

Planning ahead for late fall and holiday advertising? We're here to help.

These are the remaining deadlines and issue dates to remember:

Deadline	Issue Date
Nov. 17	Nov. 28
Dec. 8	Dec. 19
Jan. 5	Jan.16



Waynflete Admission Events

Admission Open House

LOWER SCHOOL
Sunday, November 15 from 2:00 to 4:00 p.m.

Admission Reception

MIDDLE AND UPPER SCHOOLS
Thursday, December 3 from 6:00 to 8:00 p.m.

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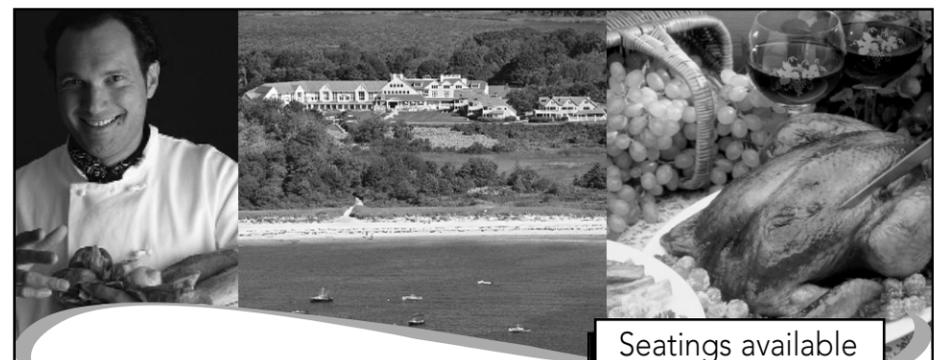
LOWER, MIDDLE, AND UPPER SCHOOLS
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Junior class holds calendar fundraiser

Cape Elizabeth High School's junior class is selling two 2010 art calendars to raise money for the class.

The Beth Rand calendar, which features photographs, comes in a larger size for walls for \$28 and a smaller desk size, which costs \$15.

Kate Libby calendars and frames are also for sale. The larger calendar costs \$28, and the smaller desk size goes for \$15. Three frame types are available: 11-by-14-inch for \$9, 5-by-7-inch desk frames for \$4.50, and 5-by-7-inch magnetic frames for \$4.50.

The calendars can be bought at the front offices at CEHS, Cape Elizabeth Middle School and Community Services.

Proceeds will benefit the junior class. Contact Class Advisor Joan Moriarty at joan_moriarty@cape.k12.me.us for information.

CEMS holiday craft fair planned Nov. 18

The Cape Elizabeth Middle School Parents Association will hold a "Holiday Market Place/Craft Fair" from 4 p.m. to 8 p.m. Wednesday, Nov. 18, in the Pond Cove School gym and the CEMS cafeteria.

Jewelry, ornaments, household decorations, cards, candles, and more will be for sale. The event will also include dinner and a bake sale, and baby sitting for a minimal fee. Contact co-chair Judi Logue at 541-9236 or jmlouge@maine.rr.com for more information.

Alcohol awareness topic of Dec. 1 meeting for parents

Alcohol awareness will be the topic of a program for parents of middle and high school students planned for 7 p.m. Tuesday, Dec. 1, in the Cape Elizabeth Middle School library.

Three organizations, Healthy Maine Partnerships, the 21 Reasons Coalition, and People's Regional Opportunities Program, will present an alcohol awareness interactive activity they created to help parents prepare for the challenges alcohol presents to children.

Contact Cape Elizabeth Middle School Guidance Counselor Gretchen McCloy at gretchen_mccloy@cape.k12.me.us for more information.

Class of 2011 sells cookies home-baked at Cape family business

Cape Elizabeth High School's junior class will sell JulChris cookies, baked at a family business in Cape Elizabeth, through Friday, Dec. 18. The cookies, which come in 11 varieties, cost \$2.50 apiece.

They can be ordered on Mondays and picked up by Wednesday or Thursday in the CEHS main office.

Order forms are available at the high school, middle school, and Community Services offices. All proceeds will benefit the Class of 2011. Contact Joan Moriarty at joan_moriarty@cape.k12.me.us for more information.



A Pond Cove student, two years ago, rides a horse named Kayley at Riding to the Top Therapeutic Riding Center in Windham. Through a \$400 CEEF grant, seven Pond Cove students with special needs will be able to participate in the program this year.

Cape Education Foundation awards grants totaling more than \$40K to Cape schools

The nonprofit Cape Elizabeth Education Foundation, which funds programs and initiatives that fall outside the Cape Elizabeth school budget, recently awarded \$40,444 in grants to the three schools.

Founded in 2001, the organization responded this year to the school district's efforts to increase access to new technology, support off-campus learning experiences, and create new opportunities for achievement across curriculum.

Pond Cove

At Pond Cove, \$15,000 will purchase "Smartboards," interactive white boards connected to computers, and digital projector technology for classrooms. Additionally, CEEF gave a \$400 grant to the therapeutic horseback riding program for special-needs students.

The Education Foundation also awarded \$1,000 to fund the creation of a resource library for use by teachers who want to in-

tegrate English Language Learners more effectively into classes.

Cape Elizabeth Middle School

Cape Elizabeth Middle School received \$11,500 to outfit every science classroom with high-tech equipment, including Smartboards and projectors. The grant will also buy a mobile set of instant-feedback "clickers," hand-held remote control devices that enable students to respond to teachers' questions by putting their answers on a screen. Through a \$1,000 grant, CEMS will purchase "Kindles"—electronic reading devices—for groups of students who have special needs or who are struggling. The foundation also awarded \$1,651 to outfit a podcast production room for the sixth grade.

With a \$2,414 grant, CEEF will help fund a cross-curricular seventh-grade visit to the Museum of Fine Arts in Boston. CEEF also awarded money—\$3,333 each year for the next three years—to the four-night outdoor experience program for sixth-graders at the Chewonki Foundation in Wiscasset.

A 10-month program at the middle school devoted to promoting various aspects of wellness will be funded for \$1,000. And with an \$882 grant, the CEMS world language department will be able to continue its popular "Global Connections" program, which brings together Maine immigrants for public panel discussions.

The high school

At the high school, \$413 will fund copies of Vergil's "Aeneid" for intermediate Latin students. The high school's engineering program was awarded \$1,850 for hands-on study of the combustion engine, guest speakers in various subjects, and construction and lab equipment to study wind velocity and heat transfer.

The total, \$40,444, increases the amount in grants awarded since CEEF's inception in 2001 to more than \$728,000. Visit www.ceef.us for more information on the grants.



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The Cape Courier



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Cape Elizabeth United Methodist Church
280 Ocean House Road
207-799-8396

Chapel Service: 8:15 a.m.
Sanctuary Service: 10:00 a.m.
Sunday School: 10:00 a.m. service
Child care: 10:00 a.m. service
Audio tapes of services available

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536 Cottage Road, South Portland
207-799-3152

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Sunday Worship: 10:00 a.m.
Family Bible Studies: Wednesday 7:00 p.m.
Sermon recordings available to download

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207-767-5000

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Sunday School: 10:15-11 a.m.
Primary: 10:15 a.m.-noon
Relief Society, Priesthood: 11 a.m.-noon

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81 Westbrook Street, South Portland
207-879-0028

www.bethaam.org
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Saturday 10:00 a.m.
Family Shabbat services:
Second Friday 6:30 p.m.

First Baptist Church of South Portland
879 Sawyer Street, South Portland
207-799-4565

www.spfbc.com

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301 Cottage Road, South Portland
207-799-3361

www.fccucc.org

Sanctuary Service: 9:30 a.m.
Preschool Childcare: 9:30 a.m.

Saint Alban's Episcopal Church
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207-799-4014

www.stalbansmaine.org

Rite I: Wednesday 9:00 a.m.
Rite I: Sunday 8:00 a.m.
Rite II: Sunday 9:30 a.m.
Children's Christian Education: Sunday
Preschool-6th grade: 9:30 a.m.
Grades 6-8 (J2A): 9:30 a.m.
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Saint Bartholomew Roman Catholic Church
8 Two Lights Road
207-799-5528

www.saintbarts.com

Sunday Mass: 9:00 a.m. and 11:00 a.m.
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Eucharistic Service:
Monday, Wednesday, Friday 8:30 a.m.

Crafters invited to sell at Christmas fair at St. Bartholomew

St. Bartholomew Roman Catholic Parish invites crafters to participate in the church's second "Christmas Prelude Fair," from 9 a.m. to 3 p.m. on Saturday, Dec. 5, at the church.

A \$50 fee includes both the rental of a 6-foot by 2.5-foot table, and lunch. Crafters are expected to contribute an item for a church raffle.

Contact Gail Atkins at gail.atkins@portlanddiocese.org or 799-5528 for application and raffle donation forms.

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Lester Lombard

Cont. from page 4

are out hunting it ain't nothing to go through 50 shells."

At 96, Lombard still hunts. He plans to shoot crows at Jordan's Farm this fall, as the crows get in the fields and eat the crops. He uses crow decoys and a gizmo with a microphone that makes crow calls.

"Because I loved hunting, fishing and any

outdoor sport, I vacationed with everybody, because everyone wanted to vacation with me because I had all the equipment you need," Lombard says. "This guy has a vacation, I go with him. The guy out here has a vacation, he goes with me."

Then he sheepishly admits, "A lot of times Henrietta was work'n and I was play'n. I always said, 'Anybody can work.' Don't tell me about work; anyone can work. It's the play'n I want to hear about."

Election

Cont. from page 1

exceed the statewide turnout."

"This election certainly surprised everyone as the state issues brought out far more voters than anticipated. Election officials learned quickly that this 'off year' election would break records."

Those voting by absentee ballot during the 30 days prior to the election totaled 2,239, or 43 percent of voters, according to Town Clerk Debra Lane.

Praising residents of Cape Elizabeth for a "continued commitment to speaking your voice," Lane also said "the town must hire additional election clerks to assist with the process" of absentee voting. "While absentee balloting is convenient for voters, it does place a burden on municipal staff. There is a constant struggle to balance the election and our day-to-day responsibilities."

Lane said that while "proud of the service it provides to residents," municipal staff is required to work nights and weekends in the month before the election to handle the volume of absentee balloting.

Lane said she was grateful to Town

Manager Michael McGovern for his support and assistance and to the many other municipal workers who "sacrifice personal and family time to commit to the process."

Specifically, Lane recognized Jackie Coy, Deputy Town Clerk; April Cohen Tracy, Assistant Clerk; Teresa Olsen and Deborah Bump, Election Assistants; Sherri Gower, Election Warden; and Election Clerks, Lillian Bates, Scott Berry, Beverly Brooking, Margaret Davenport, Audrey Fatulo, Marguerite Hallowell, Janet Hannigan, Jane Harley, Audrey Jordan, Carol Ann Jordan, Janet Moran, Carol Murray, Kris Murray, Matthew Sturgis, Alberta Unger, Norma Wadman and William Wadman; the Assessing, Codes, Planning, Police and Public Works Departments; school custodial staff; facilities management staff and Superintendent of Schools Alan Hawkins.

On behalf of the municipal and election staff, Lane also recognized the late Barbara Adams, who served as an election clerk for 25 years. "Barbara was with us at every election and the weeks prior assisting with absentee ballots. Our thoughts and prayers go to her husband, Henry. Barbara passed away on Oct. 3, 2009. She will be missed."

Reduction targets

Cont. from page 1

froze school spending on non-payroll items in October.

Before coming up with a plan, the board must consider financial commitments the district has to meet this fiscal year.

Unknown expenses

"We're seeing an increase in legal costs this year around special education, and there's a possibility that a student may have to go into outside placement, which is pretty expensive and was not built into the budget," said Hawkins.

How many staff members will retire at the end of the school year is another consideration.

"Every teacher and administrator who retires gets a stipend, so I need to know the number so we can know what we will owe."

Hawkins and the board will also consider money not spent in last year's budget.

"We do have some unexpended balances that we need to look at, which we always do at the end of every year," he said. "I am working on those figures now to present to the School Board on Nov. 23."

Federal stimulus money

Whether or not school districts will be able to use federal stimulus money targeted

for the 2010-2011 school year during the current school year hasn't been decided.

"We don't know if the governor will release some of that money now to help make up the loss," Hawkins said.

Last year the district used federal stimulus money targeted for the 2008-2009 and 2009-2010 school years to offset the district's mid-year cut in state education aid of more than \$421,000.

"Part of that money, which is to help manage budget shortfalls, the governor paid forward to the 2008-2009 budget to help us

reduce the midyear cut," Hawkins said.

Answers to these questions will determine the outcome of the specter that many in the school community most fear: staff and program cuts.

"I'm hoping we

can find other ways," Hawkins said.

Next year

The picture for the next school year is even bleaker.

"Please do not forget, as you make plans for these FY 10 reductions, that the reductions for FY 2011 will be even more significant," Gendron states, going on to say that statewide subsidies to Maine school districts next year may be "\$92 million less" than this year's subsidies.

'The reductions for FY 2011 will be even more significant,' Susan Gendron, Commissioner, Department of Education

H1N1 clinic

Cont. from page 1

thanking school nurses and administrators, parent volunteers, and HomeHealth nurses. "I cannot tell you what amazing support we had from everyone who was there, from parent volunteers to nurses to doctors," Hawkins said.

Waving a long list of the names of clinic volunteers before the board, the superintendent praised Cape Elizabeth community members' remarkable response to calls for volunteers.

"They do come, and they do work closely with us, and I truly, truly appreciate that," he said.

School-day clinics

Scheduling the clinic during a school day most likely increased turnout, said Hawkins.

"I would not do this for a lot of vaccines, but we have a life and death situation here. If you do it on a Saturday, if you do it in the evening, you won't get the same number of people there," said Hawkins, who has met with a group of school administrators, nurses,

and other staff members every Friday morning since school started to plan and monitor H1N1 prevention efforts in the schools.

Follow-up clinic

On Friday, Nov. 13, three days after *The Cape Courier* went to press, an H1N1 clinic was to be held for kids who were absent Oct. 30 or whose parents changed their minds

about their kids getting the vaccine.

A follow-up clinic will be held the afternoon of Wednesday, Dec. 9, an early-release day, for students younger than 10 years old, who received a first H1N1 dose at the Oct. 30 clinic but who require a second because of their age. Pond Cove

School will notify parents of the times for the five grades.

Benefit to community

Vaccinating Cape's children doesn't only benefit the kids, Tardif said.

"Kids are the heart of our community. They have the most opportunity to spread the virus to the most people, so we're actually protecting the entire community by vaccinating the kids," Tardif said.

'We were told to expect probably 50 percent if we were lucky,' Superintendent Alan Hawkins



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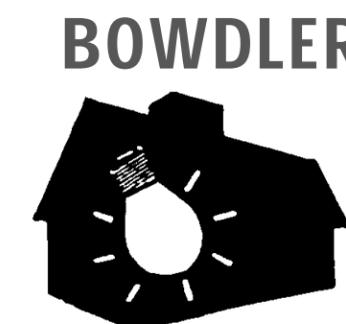
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Happy 97!



Madeline B. "Maddy" Russ, a 62-year resident of Cape Elizabeth, celebrated her 97th birthday with loved ones on Oct. 15 at Village Crossings Assisted Living Center. The Cape Elizabeth school nurse from 1968-1973, Maddy was feted by her family, including her three sons and their wives, her five grandchildren and their spouses and significant others, and three great-grandchildren, one of whom is Maddy's namesake, Madelene Victoria "Maddy" Russ. In 2008, Maddy received the Maine Cancer Foundation's Lifetime Achievement Award after surviving cancer for 40 years and founding the first Reach to Recovery chapter in Maine.

Cape Elizabeth resident **Fritz Maddrell** is the recipient of the Industrial Fabric Foundation's 2010 Fabric Graphics Association Membership Scholarship. A 2008 Cape Elizabeth High School graduate, Fritz is pursuing a degree in international business at Champlain College in Burlington, Vt., where he is a sophomore. Scholarship recipients are selected on the basis of academic achievement, community service, financial need and interest in a future career in the specialty fabrics industry. To qualify for the award, applicants must be employed by or related to an employee of a company that is a member of the FGA. Fritz's father **Paul** is creative director at Portland Color.



Fritz Maddrell

Five Preti Flaherty lawyers from Cape Elizabeth have been named to the 2009 "New England Super Lawyers" list: **Gregory P. Hansel** for business litigation; **Susan E. LoGiudice** for business and corporate law; **Michael E. Messerschmidt** for employment and labor law; **Harold C. Pachios** for business and corporate law; and **Daniel Rapaport** for personal injury plaintiff law. Compiled by *Super Lawyers* magazine, the list includes lawyers in each state recognized through peers and third-party research in their fields.

Amanda Slack, a student at Hobart and William Smith Colleges in Geneva, N.Y., is currently studying at the University of Auckland in Auckland, New Zealand. Twin sister **Melissa**, who also attends the college, is studying in Carmarthen, Wales.

Legacy Properties Sotheby's International Realty, a luxury real estate firm owned by Cape resident **Chris Lynch**, who is also president, recently participated in the 5th annual Sotheby's International Realty Leadership Forum, held over three days at the Hyatt Regency on New York's Hudson River. At the forum, Lynch and professionals from around the world shared best practices and networked. Legacy has offices in Kennebunk, Portland, Brunswick and Camden.

Christine Catsos, who graduated from the College of the Holy Cross in Worcester, Mass., in May, is pursuing a graduate degree in special education at Providence College, in Providence, R.I. Christy earned a bachelor's degree in history and was named to the dean's list for eight consecutive semesters. She is employed at Coyle and Cassidy High School in Taunton, Mass., as a 9th- and 10th-grade history and math teacher. Her parents are **Paul and Patsy Catsos**.



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The Cape Courier sightsees in Armenia, takes a boat ride in Italy



The Cape Courier made appearances in southern Europe and Eurasia in October. At top, Cape siblings, left to right, Julie, Kathy and David Barber, hold their Courier in front of Khor Virap, an Armenian monastery, with Mount Ararat behind them. The three attended a dedication of a forest planted in honor of their father, the late Cape resident Gus Barber, who supported the Armenia Tree Project, which provides fruit and nut trees to rural Armenians. At right, Peg Aikman, owner of the Cape-based company Travel Experts, catches up on hometown news while boating on the Cavata River in Sermoneta, Italy.



Gardiner Jackson graduated in May from the University of Maine at Orono with a bachelor of arts degree in anthropology and more recently from the Via Lingua School for English as a Second Language in Chania, Crete. Gardiner is now teaching English for the British Cultural Language School in Manisa, Turkey. A 2005 Cape Elizabeth High School graduate, he is the son of **Deborah and Robert Tuminski** of Vinalhaven, Maine, and **Kelley Jackson** of Minnetonka Beach, Minn.

Cape lawyer **Jonathan Shapiro**, regional managing partner of Fisher & Phillips LLP in Portland, was named to the "New England Super Lawyers" list for his work in labor and employment law for the third year in a row. Compiled annually by *Super Lawyers* magazine, the list features attorneys in each state recognized through peers and third-party research as being among the best in their fields.

Cape resident **Leslie Girmscheid** has opened a massage therapy practice on Apple Tree Lane. A licensed internal medicine doctor, Girmscheid practiced as an internist for 15 years in Pennsylvania, California, and Kansas before pursuing studies at the Massage Therapy Training Institute in Kansas City, Mo. After graduating and moving back to the East Coast, she practiced as a massage therapist for seven years in Needham, Mass. Girmscheid integrates neuromuscular therapy, orthopedic frictioning techniques, trigger point therapy, myofascial release, and deep tissue bodywork with Swedish massage, therapies used to treat pain from old injuries, overuse syndromes, postural strain, headaches, TMJ pain, plantar fasciitis, whiplash, fibromyalgia, sciatica, prenatal or postpartum discomfort, and stress.

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