

The Cape Courier

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Vehicle break-ins in Cape on rise in past months

By Wendy Keeler

Cape Elizabeth is in the midst of a “storm” of car break-ins, with 30 reported in the past three months and many more unreported, Cape police officers say. Cars in Broad Cove and along the South Portland border have been hit especially, and two groups — Cape teens and criminals from outside town — are committing most of the thefts, said Cape Elizabeth Detective Paul Fenton.

‘Car shopping’

“We have a lot of Cape youths breaking into cars, and they even have a name for it: ‘car shopping,’” Fenton said. “They go out at night, usually in proximity to where the underage drinking is going on, and enter unlocked vehicles and remove items.”

Teens have been responsible for most of the Broad Cove break-ins. Out-of-town criminals tend to target areas closest to the town line, especially the Mitchell and Woodland road areas, Fenton said.

Out-of-town criminals

“The criminals from out of town who we catch say they target Cape because they know no one locks their vehicles, and people have nicer stuff in their vehicles: iPods, computers, GPS units, wallets and purses with money, transpasses, sunglasses, clothing, and L.L. Bean stuff, which they can return for cash at L.L. Bean,” Fenton said.

Police have arrested five people so far in connection with the break-ins: an adult from South Portland, two youths from Westbrook, and two teens from Cape. Two Cape teens in custody for other crimes are also suspects. Police, who are investigating another group of five Cape teens, expect to make more charges this summer, Fenton said.

Residents can take steps to help prevent break-ins, Fenton said.

Lock up cars, houses

“We’re asking people at a very minimum to remove any valuables from their vehicles and lock their vehicles. Only one of our recent breaks has been in a locked vehicle,

—see **BREAK-INS**, page 18

Victorious!



Photo by Noah Whittenburg

Victoria Poole, 82, of Cape Elizabeth, reaches out to hug race founder, Cape native and Olympic gold medalist Joan Benoit Samuelson, after completing this year’s Beach to Beacon 10K road race held on Saturday, Aug. 7. This was the 13th running of the race, which drew a record-setting 5,668 athletes from 17 countries and 41 U.S. states. Kenyan Lineth Chepkurui set a women’s course record and Gebre Gebremariam of Ethiopia took the men’s title. Kristin Barry of Scarborough and Patrick Tarcy of Yarmouth took the Maine titles. For complete race results go to coolrunning.com or beach2beacon.org. For a list of Cape Elizabeth runners and their finishing places and times, go to www.capecelizabeth.com. See more pictures from the race on pages 4 and 6.

Pay-per-throw public hearing set for Sept. 13

By Elizabeth Brogan

A public hearing on a potential pay-per-throw system of solid waste disposal is set for Monday, Sept. 13 at 7:30 p.m. at the Town Hall.

The Town Council’s August 9 vote to set the matter for a hearing followed a workshop to discuss the general concept of pay-per-throw waste disposal and its potential impact in Cape Elizabeth.

Councilors and Town Manager Mike McGovern reviewed data which showed that while Cape Elizabeth has improved its recycling rate in the last several years, it remains a significantly higher producer of solid waste than comparative communities using the ecomaine trash-to-energy plant in Portland. McGovern said Cape Elizabeth produces 43 percent more solid waste, per capita, than the mean of comparative communities.

According to McGovern’s data, Cape Elizabeth produced 596.41 tons of solid waste, or non-recycled materials, per capita in 2009-2010, compared to Cumberland’s 447.88 tons per capita and Falmouth’s 395.64 tons per capita. Both of those towns incentivize recycling with both pay-per-throw and curbside recycling.

A dramatic difference between pay-per-throw towns and non-pay-per-throw towns, including Cape Elizabeth, was noted, although it was recognized that many factors might account for the difference in recycling and solid waste rates among towns, and that more information was needed.

It was estimated that if Cape Elizabeth could improve its recycling rate from 32 percent to 50 percent, a savings of approximately \$70,000 could accrue.

Trash thrown into the hopper at the Recycling Center costs the town about \$500,000 per year, an expense carried by property taxes.

“Any revenue you get is a net against taxes,” McGovern said.

Council rules amended

The council also approved amendments to its own rules at its August 9 meeting. The

—see **TOWN COUNCIL**, page 18

Two seats to be filled on council, two on school board in upcoming municipal election

By Elizabeth Brogan

Four Cape Elizabeth municipal seats will be filled in the November election.

Town Council seats currently held by Frank Governali and Penny Jordan and School Board seats held by Linda Winker and Rebecca Millett will be filled. The seats are for three-year terms.

A five-year term on the Portland Water District Board of Trustees, currently held by John Brady, will also be filled in the election.

Nominating papers for municipal and water district seats became available on July 26 at the Town Hall office of Town Clerk Debra Lane. A municipal or water

district candidacy is open to any registered Cape Elizabeth voter with Cape residency during the term of office.

To be nominated for a municipal seat, a potential candidate must collect the signatures of between 25 and 100 registered Cape voters. A water district candidate must collect between 35 and 50 signatures from Cape Elizabeth voters and between 100 and 150 signatures from registered South Portland voters.

Completed papers must be returned to the clerk’s office by 4 p.m. Friday, Sept. 3. The nominee must appear in person, prior to the deadline, to complete the nomination papers. Water District nominees must present com-

pleted papers to both the Cape Elizabeth and South Portland municipal clerks by the Sept. 3 deadline.

As of the morning of Tuesday, Aug. 10, when this newspaper went to press, no potential candidates for either the Town Council or School Board had taken out nominating papers. One South Portland resident, John E. Brady, has taken, but had not yet returned, nominating papers for the seat on the Portland Water district Board of Trustees.

For updated information about municipal and water district candidates, go to www.capecelizabeth.com.

The election will be held Tuesday, Nov. 2, at the Cape Elizabeth High School gym. The

polls will open at 7 a.m. and close at 8 p.m. Absentee ballots for both the general and municipal elections will become available approximately 30 days before the election but may be requested now at Town Hall, by phoning the town clerk, or through the state of Maine website.

The office of the town clerk is located in Town Hall and is open on Monday from 7:30 a.m. to 5 p.m. and Tuesday through Friday from 7:30 a.m. to 4 p.m. Lane may also be reached at debralane@capecelizabeth.org or at 799-7665.

For updated election information check the town website at www.capecelizabeth.com.


The Cape Courier

P.O. Box 6242
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The mission of *The Cape Courier* is to foster a sense of community by presenting news specific and unique to Cape Elizabeth and its residents, and, whenever possible, to promote volunteerism within our community.

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LETTER & SUBMISSION POLICY

We welcome letters to the editor. Maximum length: 250 words. We reserve the right to refuse letters and do not withhold names. Letters reflect the opinion of the author, not *The Cape Courier*. E-mail letters to: editor@capecourier.com or mail to P.O. Box 6242, Cape Elizabeth, ME 04107. **Please note:** Because of possible errors in transmission, letters sent via e-mail will be acknowledged to confirm receipt. Contact us if your e-mailed letter is not acknowledged. We reserve the right to edit accepted submissions.

NEXT ISSUE: Sept. 11

DEADLINE: Noon, Aug. 31

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Big city transplants appreciate life in Cape

We recently moved here from the big bad city of New York! After figuring out who's who and what's what, we have come to realize that this decision—while difficult—was exactly what our family needed.

We're thankful for so many things in this community and we just wanted to express our appreciation in the *Courier*. Our "Top Ten" things we appreciate in Cape Elizabeth include:

1. The School System. We are so lucky to have our daughter enrolled in the best system in the state!

2. Fort Williams: This walk is one of the loveliest locations to take in the ocean's energy.

3. Fort Williams Gift Shop: What a very special group of volunteers!

4. The Homeowners: We thank all of you for having such delightful homes of all shapes and sizes (and a special thanks to the gentleman on Shore Road with the most beautiful flowers on his steps!).

5. Crescent Beach: During some of these very hot days, it's so incredible that one of

the most beautiful beaches in the region is less than 15 minutes away from our front door.

6. Lobster Shack: Well, everyone (we heard) knows that this is a treasure not repeated anywhere in New England!

7. *The Cape Courier*: "All the News That Makes us a Community."

8. Robinson Woods: Where else could a golden retriever named "Sam" and a pug named "Nacious" get together?

9. Inn by the Sea: Location, location, location. A pure indulgence for our relatives as they savored our town's ambience.

10. The People: We have made friends more quickly here in a month than we did in two years in New York City!

So, during these challenging times, we wanted to take a moment to share our joy with you all.

We are so elated to be part of this wonderful town and look forward to raising our family in this charming place we now call home.

Pat and Charlie Welty

Produce donations from Jordan's Farm help Food Cupboard with increase in need

The Food Cupboard is very fortunate to have Jordan's Farm in Cape Elizabeth donate fresh produce to us every week. To be able to offer visitors beans, peas, zucchini, cucumbers, kale, swiss chard and lettuce, just picked, is wonderful. We are also able to offer visitors recipes for these vegetables, courtesy of the University Of Maine Cooperative Extension Program.

We are seeing an extraordinary number of new families this month, a 48 percent increase over last July. Our budget is seriously strained, so the healthy produce is a gift.

The Food Cupboard has remained, and still is, 100 percent volunteer. We are not charged rent or utilities, thanks to St. John's Church, so monetary donations go to purchasing food for the Cupboard. We are very proud of our Cupboard and the many volunteers who faithfully give of their time each week.

We are overwhelmed when others generously think of our work and so generously share their bounty. Thank you, Penny!

Sybil Riemensnider
Director, The Food Cupboard

Letters continued on page 14

Clarification

A story in the July 31 issue of *The Cape Courier*, "Local Buzz will 'give back' on Monday nights," failed to attribute a quote. "Many thanks to all of you who came down to the Buzz to support the *Courier*! Be sure to stop by every Monday to see friends, chat with the weekly guest bartender, and contribute to our community's great volunteer and nonprofit organizations," should have been attributed to Town Councilor Sara Lennon.

THANK YOU!

... to all who have answered *The Cape Courier's* ongoing request for help in challenging economic times. We greatly appreciate your voluntary subscriptions and other contributions. Checks made out to *The Cape Courier* may be mailed to P.O. Box 6242, Cape Elizabeth, Maine, 04107. Thank you to the following most recent newspaper supporters:

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Future contributions will be acknowledged in this alphabetical format. Please include a message on your correspondence if you prefer to have your voluntary subscription/contribution remain anonymous. Checks also may be dropped off at *The Cape Courier* office in the basement of Town Hall.

Rooster 'brouhaha' amuses one reader, prompting her to ask 'What next?'

I read with amusement, *The Cape Courier* article about the local brouhaha over roosters crowing.

Once the town ordinance committee solves this problem, I hope they'll move on to the crows that begin before dawn outside my bedroom window. And then they can tackle that pesky foghorn and the blinding light of Portland Head Light—I'm sure the residents in nearby houses will heave a huge sigh of relief.

I love that Cape Elizabeth has retained some of its rural roots. Once the roosters are silenced, what next? Would the town address issues of cows mooing too much? I grew up in California, and while one morning the whole valley would smell like strawberries, another it would smell like garlic or onions.

While I might have preferred one over another, it never occurred to me to try to control the wind or the crops for my own convenience. It is beyond governmental control—it is nature, and we are a part of it.

I try my best to teach my dog to refrain from barking, even though it is her nature—I know I can effect some change on that behavior.

I would, however, be sad if roosters stopped crowing—it would mean the sun would have stopped rising.

Karen Pride

Town growth targets will result in density, 'increasing our taxes,' and more traffic

I listened in astonishment in 2007 as our town planner stated that Maine "requires" towns to grow, and set our target at 330 new homes.

This was a miscommunication. In fact, the state has no requirements, but rather suggested guidelines. Few neighboring towns have specified development targets.

The Comprehensive Plan (CP) designates the RB district as a growth zone with incentives to developers to build there. This would permit far more development with lot sizes decreased from 30,000 to 20,000 square feet, and less wetland setback, but required open space increasing only 5 percent.

This area, containing much of our open land and farms, risks being converted to high-density housing, increasing our taxes and traffic.

Ominous language in the CP notes that fewer housing permits are anticipated by 2018 because by then there would be a "large percentage of land already developed, reduced amount of developable land available, and increasing difficulty in developing the remaining parcels," suggesting our town would be fully developed, with little space to squeeze in more houses.

Construction has begun on the 46-unit Eastman Meadows development, destroying a lovely farm and groves of 100-year-old oaks. This is the type of development the CP encourages. Instead, the goal should be to restrain development, integrate nature and neighborhoods, and preserve open space.

Please contact the Town Council urging them not to change the ordinances and to change the CP instead. Otherwise, Cape Elizabeth will become just another densely developed suburban town, losing the natural beauty that we all cherish.

Carol Hubbard

Gleaned beans



Gleaners at Jordan Farm included, from left, Amy Witt, Norm Steel, Roger Bishop, Joe Capobianco, (unidentified woman), Deb Fralich and Martha Burke.

Garden overflowing? Food pantries in need

By Tina Harnden

Local gardeners joined Amy Witt of the Cumberland County Cooperative Extension, one recent morning to help “glean” beans at the William H. Jordan Farm on Wells Road. Gleaning is an age-old practice whereby a farmer allows volunteer pickers to clean out the last of the crop, gratis, before the plants are plowed under.

The harvest—nine and a half bushels of green beans from just four long rows—was donated to Portland’s Wayside Soup Kitchen. Last year gleaners harvested 400 pounds of beans from Jordan Farm fields.

Gardeners in the 90 plots at the Cape Community Gardens participate in Plant a Row for the Hungry (organized by the Cooperative Extension Service), and have donated more than 170 pounds of organically grown produce so far this season.

If your home garden is growing more than you can eat, there are many food pantries that would love your fresh produce.

In South Portland, The Food Cupboard is in the basement of St. John’s Church, 611 Main Street, Route 1, with donations accepted on Wednesday mornings, 9 a.m. until noon. Call Sybil Riemensnider, 874-0379 for information.

The Scarborough Food Pantry accepts donations Tuesday and Thursday mornings, from 9 to 11 a.m. It’s located in the First Congregational Church Parish House, 187 Black Point Road. Call Ellen Parenteau at 883-1672 for more information. Most pantries have only canned or dry foods to offer, so fresh veggies are hugely appreciated.

Wouldn’t it be great if someone organized a weekly pickup among Cape gardeners?

Farm Alliance offers free e-newsletter

Interested in news about local agriculture and land-use issues? Want updates on what’s growing at your local farms (along with great recipes)?

Visit the website of the Cape Farm Alliance, and sign yourself up to receive their free e-newsletter, “What’s Fresh?” at www.capeelizabethfarms.com.

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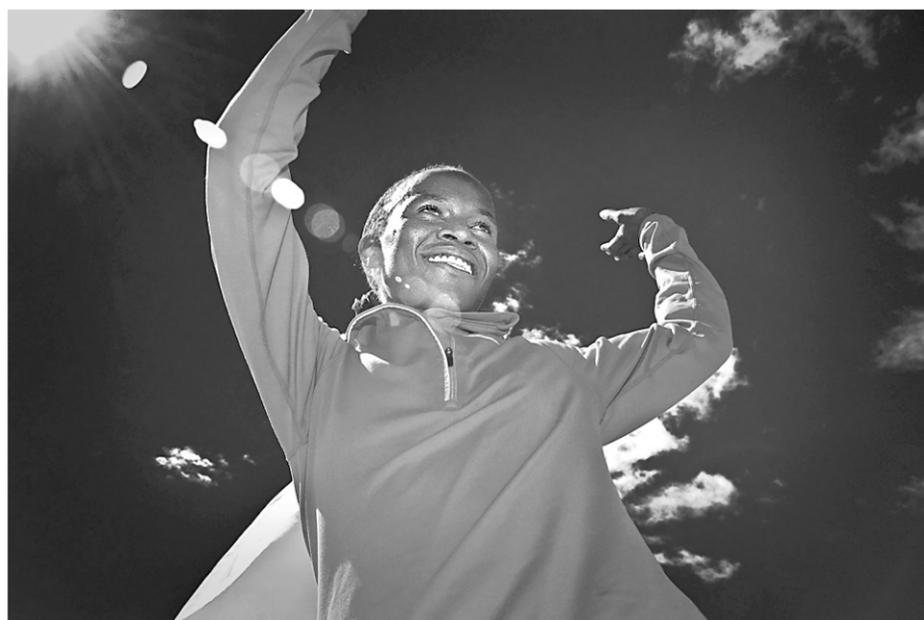
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Photos by Jenny Campbell



At top, finishers walk past the Portland Head Light and spectators after the Beach to Beacon road race. Above, women's winner Lineth Chepkurui of Kenya raises her arms in celebration after the race. At right, kids celebrate in a spray of mist at the awards ceremony at Fort Williams Park.



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SENIOR NEWS YOU CAN USE

By Peter Violette, LCSW
Owner/Licensed Clinical Social Worker



SENIOR CARE/LIVING OPTIONS

When exploring senior care and living options, there are 3 basic choices - nursing homes, assisted living facilities, and in-home, non-medical care. Some important facts to know about nursing homes are the following:

- 2009 MetLife study found average monthly costs in Southern Maine to be \$7740 (semi-private room) & \$8970 (private room)
- Services offered include room & board, 24 hour nursing care, assistance with ADLs, daily & weekly activities, transportation, laundry & light housekeeping
- Staff per resident ratio according to Maine state regulations vary from 1 staff per 5 residents to 1 staff per 15 residents, depending on the time of day

More next week...



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Maine not among 'Race to Top' finalists

Uncertainty over Cape Elizabeth's chances to share Race to the Top funds for education ended July 27 when the U.S. Department of Education announced finalists in the second round of applications for the federal funds. Maine was not among them.

Massachusetts and Rhode Island were the only New England states among those chosen to go on to compete for \$3 billion available in Race to the Top funds.

Maine was one of 35 states and the District of Columbia to submit its plan for education reform in hopes of utilizing the federal funds.

In May, Cape Elizabeth was one of the Maine school systems to submit a memorandum of understanding indicating participation in the state's Race to the Top application. Rebecca Millett, School Board chairman, said on July 28 that winning a grant might have been good for the state as a whole, but the benefits to Cape Elizabeth were uncer-

tain. Fifty percent of the grant would go to Title I schools, Millett said, referring to a set of programs that distribute funds to schools with a high percentage of students from low-income families.

In a press release, acting state Education Commissioner Angela Faherty said the news would not stop Maine from seeking funding to carry out the reforms outlined in the state's Race to the Top application. "In the areas of standards, data systems, teachers and leaders, and strategies for improving our most challenged schools, we will move forward with the improvements we outlined in our application," Faherty said.

She thanked local school boards, staff and communities for their role and support in articulating a vision for education in Maine "that incorporates the best of the work we are already doing statewide, as well as reforms for the future."

--from www.capeelizabeth.com

'Circuit Breaker' refund information available

The state of Maine has published information on its Tax and Rent Refund Program for the 2009 tax year.

Also known as the "Circuit Breaker" program, the Tax and Rent Refund will return up to \$1,600 in property taxes or rent paid during 2009 to qualifying residents:

You may qualify for a refund if:

You do not have a spouse or dependent(s) and your 2009 household income was \$64,950 or less or;

You do have a spouse or dependent(s) and

your 2009 household income was \$86,600 or less **and** your 2009 property tax was more than four percent of your 2009 household income **or**;

The rent you paid in 2009 was more than 20 percent of your 2009 household income.

For more information, including qualifying requirements for seniors, please see the state of Maine website, or call 207-624-7894 to ask for an application and information booklet.

--from www.capeelizabeth.com

Land-use regs, pay-per-throw, Fort Williams issues all slated for council discussion this fall

The Town Council has scheduled issues for discussion this upcoming September and October. The issues are among the council's goals for 2010.

Land-use regulations review

The Town Council will meet in a workshop session with the Planning Board on Tuesday, Sept. 7, 2010 at 7:30 p.m. to discuss the Land Use section of the Comprehensive Plan. With the recent slowdown in growth, and with two major approved subdivisions having been delayed for two years due to the economy, there is interest in re-examining some of the assumptions which led to the growth projections and recommended actions in the Comprehensive Plan.

'Pay-per-throw'

The Town Council will hold a public hearing on the "pay-per-throw" concept of trash disposal on Monday, Sept. 13, 2010 at 7:30 p.m. at the Town Hall.

See story on page one for more details about pay-per-throw.

Fort Williams Park issues remain at the forefront

The Town Council continues to review issues relating to Fort Williams Park, including capital needs and potential revenue

sources to pay for needs at the park.

The council has scheduled a workshop meeting on Fort Williams Park issues for Monday, Oct. 4, 2010 at 7:30 p.m. at the Town Hall. At the workshop, Town Manager Michael McGovern will present specific recommendations, following up on the recent capital needs report of the Fort Williams Advisory Commission. The commission will also update the council on its review of potential revenues to assist with park needs. The meeting will also discuss a recommendation made in 2006 by the Comprehensive Planning Committee that the Fort Williams Park master plan be reviewed every seven years. The current master plan was approved in 2003.

'Reinvigorated' Fort Williams foundation elects new officers, board members

The Fort Williams Charitable Foundation elected new officers at its annual meeting in June. Alice H. Rand was elected president. Stephen Bates was elected vice president. Mary Hodgkin and Lois Carlton were elected treasurer and secretary, respectively.

Also in June, Charles W. Redman, an investment counselor at UBS, and Ted Smith, owner of Ted Smith Creative Services, were elected to the board of directors.

The FWCF was established by the Town Council in 2002. Its mission is to provide funding to maintain the park's scenic, natural and historic qualities and to insure continued public access to the park.

Currently, the foundation hopes to en-

hance the experience of visitors by supporting an arboretum designed to remove invasive species (such as poison ivy) and install native plantings that will provide educational and visual appeal.

The FWCF, in conjunction with the Fort Williams Advisory Commission, is also helping to raise \$36,000 to study the feasibility of restoring the historic Battery Blair.

According to Rand, these two projects "have reinvigorated" the FWCF board "in its determination to make us all proud of the park's exceptional offerings."

Since granted 501 (3)(C) status by the IRS in 2004, the FWCF does not engage in political activities.

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Gebre Gebremariam of Ethiopia breaks the finish line tape in a course record of 27 minutes, 40.4 seconds.

Photo by Jenny Campbell



Photo by Noah Whittenburg

Race volunteer Zuzka Sladek of Cape Elizabeth collects water bottles for recycling as part of the "greening" of the race.

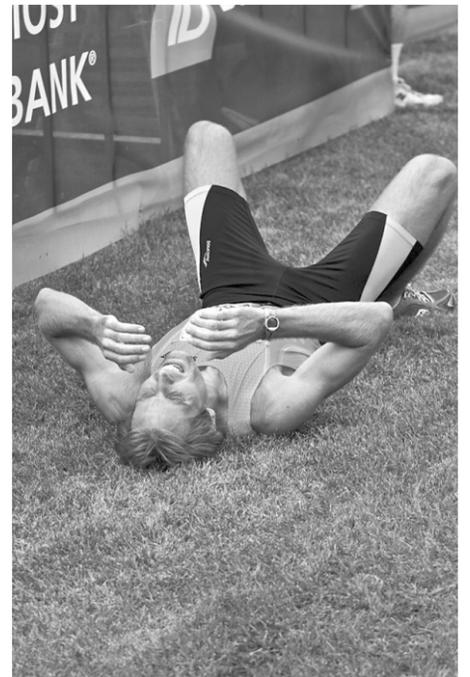


Photo by Noah Whittenburg

Nate Jenkins of Andover, Mass., takes to the ground after his race finish.

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Saturday, Sep. 11, 2010
10:00am to 4:00pm

Tickets can be purchased at Cape Elizabeth Community Services, 343 Ocean House Road or online at www.ceef.us.

Tickets cost \$20 in advance and \$25 on the day of the tour.

Pick up tour maps and guides at registration on September 11th at the Inn By The Sea, 40 Bowery Beach Rd. (Rte. 77) Cape Elizabeth.

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Cape police officers issue numerous speeding, other summonses in a busy July

Reported by Debbie Butterworth

COMPLAINTS

- 7-1 An officer met with a resident of the Ocean House Road area about a motor vehicle burglary complaint. Missing were three bottles of liquor and some money.
- 7-1 An officer responded to a residence in the Shore Road area, where he took possession of two toolboxes that contained nails, screws and bolts.
- 7-7 An officer met with a resident of the Scott Dyer Road area about a possible runaway juvenile.
- 7-8 An officer met with a resident at the police station about a domestic issue.
- 7-10 Two officers responded to a residence in the Scott Dyer Road area for an unwanted subject at the residence. The subject was removed.
- 7-10 An officer met with a resident of the Bowery Beach Road area about a motor vehicle burglary complaint. A cell phone was missing from the vehicle.
- 7-10 Two officers responded to a residence in the Ocean House Road area for a domestic disturbance.
- 7-11 An officer met with a subject from Ohio who reported a motor vehicle burglary at Fort Williams. Missing from the vehicle were a purse and a coat.
- 7-12 An officer met with a resident of the Two Lights Road area about an elderly male driving on the wrong side of the road and nearly causing an accident.
- 7-13 An officer met with a resident of the Scott Dyer Road area about a runaway juvenile.
- 7-14 An officer met with a resident of the Bowery Beach Road area about the theft of a canoe from the storage rack at Great Pond.
- 7-17 An officer met with a resident at the police station about a civil complaint over a property dispute.
- 7-17 An officer responded to a residence in the Shore Acres area for an unattended death.
- 7-18 An officer met with a resident of the Two Lights Road area about a possible harassment complaint.

SUMMONSES

- 7-7 Windham resident, speeding (51/35 zone), Ocean House Road, \$185
- 7-7 Cape Elizabeth resident, seatbelt

- 7-7 violation, Shore Road
- 7-7 Cape Elizabeth resident, speeding (38/25 zone), Scott Dyer Road, \$137
- 7-8 Biddeford resident, speeding (47/25 zone), Scott Dyer Road, \$216
- 7-8 Yarmouth resident, speeding (53/35 zone), illegal attachment of plates, Ocean House Road, \$185
- 7-9 Scarborough resident, speeding (54/45 zone), Route 77, \$119
- 7-9 Saco resident, speeding (47/30 zone), Sawyer Road, \$185
- 7-9 South Portland resident, speeding (39/30 zone), Sawyer Road, \$118
- 7-9 Poland resident, uninspected vehicle, failure to produce insurance, inadequate tires, Cottage Road, \$345
- 7-9 Westbrook resident, improper passing, Route 77, \$165
- 7-10 New York resident, operating without a license, uninspected vehicle Spurwink Avenue, \$270
- 7-10 New Zealand resident, criminal trespass, Farm Hill Road
- 7-10 Rhode Island resident, speeding (57/45 zone), Bowery Beach Road, \$137
- 7-10 Cape Elizabeth resident, domestic assault, criminal restraint
- 7-11 Cape Elizabeth resident, furnishing alcohol to a minor, Orchard Road
- 7-12 Portland resident, speeding, (54/35 zone), Ocean House Road, \$185
- 7-12 Cape Elizabeth resident, failure to produce insurance, Ocean House Road, \$171
- 7-13 Cape Elizabeth resident, failure to produce insurance, Ocean House Road, \$171
- 7-13 Cape Elizabeth resident, failure to produce insurance, Ocean House Road, \$171
- 7-13 Cape Elizabeth resident, failure to produce insurance, Ocean House Road, \$171
- 7-14 Cape Elizabeth resident, terrorizing,

- 7-15 Stonybrook Road
- 7-15 Cape Elizabeth resident, unregistered vehicle, \$70
- 7-15 South Portland resident, speeding (48/30 zone), Sawyer Road, \$185
- 7-15 Cape Elizabeth resident, failure to produce insurance, Ocean House Road, \$171
- 7-15 Cape Elizabeth resident, failure to produce insurance, Ocean House Road, \$171
- 7-16 Cape Elizabeth resident, failure to produce insurance, Ocean House Road, \$171
- 7-17 Nashua, N.H., resident, operating after license suspension, operating without a license, speeding, Shore Road
- 7-17 Cape Elizabeth resident, speeding (65/45 zone), Bowery Beach Road, \$215
- 7-17 Windham resident, speeding (44/30 zone), Sawyer Road, \$137
- 7-18 Saco resident, failure to produce insurance, unregistered vehicle, Bowery Beach Road, \$241
- 7-18 Portland resident, operating after license suspension, Kettle Cove
- 7-18 Cape Elizabeth resident, speeding (68/50 zone), Ocean House Road, \$185
- 7-19 Cape Elizabeth resident, failure to produce insurance, Spurwink Avenue, \$171
- 7-19 Cape Elizabeth resident, failure to produce insurance, Spurwink Avenue, \$171
- 7-19 Veazie resident, failure to produce insurance, Spurwink Avenue, \$171
- 7-19 Cape Elizabeth resident, speeding (54/35 zone), Spurwink Avenue, \$185
- 7-19 South Portland resident, failure to produce insurance, Ocean House Road, \$171

ARRESTS

- 7-7 South Portland resident, warrant
- 7-8 Cape Elizabeth resident, warrant, operating under the influence, exceeding speed limit by over 30 mph
- 7-10 New Zealand resident, criminal trespass, Farm Hill Road
- 7-10 Cape Elizabeth resident, domestic violence, criminal restraint
- 7-14 Cape Elizabeth resident, domestic violence assault, terrorizing
- 7-17 New Hampshire resident, operating after license suspension, operating without a license

ACCIDENTS

- 7-11 James McKinney, Maryann Griffin, accident on Route 77
- 7-14 Julie Sherburne hit a deer on Sawyer Road.
- 7-14 Howard Heller, accident on Route 77.
- 7-16 Linda Billiel, Peter Noone, accident on Shore Road
- 7-17 Brittany Fisher hit a deer on Shore Road.

FIRE CALLS

- 7-6 Scott Dyer Road, fire alarm
- 7-7 Monastery Road, fire alarm
- 7-8 South Portland, Mutual Aid
- 7-13 Scott Dyer Road, fire alarm
- 7-14 South Portland, Mutual Aid
- 7-14 Ocean House Road, vehicle accident
- 7-14 Fowler Road, smoke investigation
- 7-15 Starboard Drive, water problem
- 7-15 Wildwood, appliance fire

RESCUE CALLS

There were 16 runs to Maine Medical Center. There was 1 run to Mercy Hospital. There was one patient treated by Rescue personnel but not transported.



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Misty moment



Photo by Wendy Keeler

Standing next to an old apple tree, a father and son take a moment to look out across a mist-covered field behind Olde Colony Lane.

Cape Elizabeth High School graduate **Corinne Earnshaw** is among 4,500 teachers selected from 46,000 applicants for Teach For America, a national corps of college graduates who commit to teach for two years in urban and rural public schools in low-income communities.

Corinne, who graduated from CEHS in 2005 and in 2010 from Brigham Young University in Provo, Utah, will teach in Washington, D.C., beginning this fall.

Cape resident **Nolan Morris**, 15, competed in the 2010 Urban Epic Triathlon in July in Portland. The sprint triathlon included a 1/2-mile swim off East End Beach, a 13-mile bike race and 4-mile run through Portland. Nolan had completed the 10-kilometer Beach to Beacon race several times, but this was his first triathlon. Nolan trained for the swim at the Cape pool and received biking tips from local cyclists. Race organizers presented an award to him for being the youngest competitor.

Katherine Alexander, a 2005 Cape Elizabeth High School alumna, graduated magna cum laude from Northeastern University in Boston with a master's degree in speech language pathology. She received two awards this year for research work while in the program: the American Speech and Hearing Association's SPARC award and the Undergraduate Speech Language Pathology and Audiology Research Award. This spring, she presented her research work to speech doctors and audiologists at the National Motor Speech Disorders Conference in March in Savannah, Ga. During her four years at Northeastern, Katherine, who was a co-captain of the 2005 CEHS women's swim team, was treasurer of the NEU club swim team while participating in meets across the country.

She has accepted a position as an outpatient speech language pathologist at Braintree Rehabilitation Hospital in Braintree, Mass., where she will work with a variety of patients developing innovative treatment care plans. She lives in Boston.



Nolan Morris

Need a new breakfast dish? Cape Elizabeth resident **Candace Karu** has come up with one that won her a blue ribbon and a feature on a website based out of Franklin, Tenn. Candace added her own touches to the traditional huevos rancheros dish and came up with a breakfast pie called, "Wavy Rancheroos." Go to www.justapinch.com and click on "July 2010" link to view her recipe.



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More Neighbors on page 20

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Program brings home some shining Cape stars

Four students with Cape ties were inducted into the second class of the Maine Medical Center-Tufts University School of Medicine Medical School Program on Aug. 2 in Portland. Each year, 20 of the program's undergraduate medical openings are reserved for Mainers, who also receive scholarship support.

Jacquelyn Crane, a 2004 Cape Elizabeth High School graduate, graduated from Dartmouth University with a degree in psychology. She has worked in research labs at Massachusetts General and Northeastern University in Boston and has several publications under review. She has done volunteer work at Dartmouth Hitchcock Hospital in Hanover, N.H., and Massachusetts General. She is passionate about returning to Maine and practicing medicine in her home state.

Chelsea Kotch, a 2005 CEHS graduate, graduated from Boston University with a degree in biology and a specialty in neuroscience. She worked throughout school to offset tuition costs, and also played intramural soccer and conducted electrophysiology research in BU's Department of Pharmacology and Experimental Therapeutics. In the fall of 2009, she traveled to Bolivia as a volunteer with Child Family Health International's Pediatric Health program. She hopes

to practice as a pediatric neurologist providing care for underserved populations.

Bethany Roy, a 2005 CEHS graduate, received a degree in religion from Yale University. While at Yale, she worked as an elementary school tutor and as president of Operation Smile. She has completed research with the Royal College of Surgeons in Ireland as well as with Yale-New Haven Hospital's pediatric emergency department. Experiences in Ghana cemented her desire to assist rural populations in Maine.

Lynsey Waite, who attended Phillips Exeter Academy in Exeter, N.H., graduated from Middlebury College with a degree in history. After college, she worked in the advertising field for several years, but personal health experiences drew her to medicine. She has worked as a chemistry tutor at University of Southern Maine, a pediatrics tutor at Barbara Bush Children's Hospital, and a teacher of English as a Second Language. She is dedicated to Maine.

"I understand the challenges implicit in practicing medicine in Maine, but those are the same reasons I want to become a doctor," she said.



Photo by John Lamb

Left to right, Bethany Roy, Chelsea Kotch, Lynsey Waite and Jacquelyn Crane, all of whom grew up in Cape Elizabeth or whose families live here, were inducted into the second class of the Maine Medical Center-Tufts University School of Medicine Medical School Program on Aug. 2 in Portland.

Maine Rep. **Cynthia Dill** attended the National Conference of State Legislatures' Legislative Summit in Louisville, Ky., July 25-28, which more than 5,000 people attended from the U.S. and other countries. Appointed by the Speaker of the Maine House to represent Maine on the Executive Committee Task Force on State and Local Taxation of Telecommunications and Electronic Commerce, Cynthia was asked by NCSL to speak on a panel about Net neutrality.

Earlier in July, she served on a panel at the New England Cable and Telecommunications Association convention in Newport, R.I. The topic was "Women in Cable Television."

"We discussed how broadband and social media affect our work, families, and daily lives," she said.

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(Left to Right) Skip Lucarelli, Rachel Lucarelli, John Bostwick, Elisabeth Bostwick, Casey Pearson, Pamela Popp

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CAPE CALENDAR

By Wendy Derzawiec
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Thursday, August 19

Fort Williams Advisory Commission, 7 p.m., Public Works

Saturday, August 21

Cape Field Hockey Bottle Drive, 9 a.m.-noon. FMI 232-5323

Tuesday, August 24

School Board Finance Committee, 6:30 p.m., high school library

Zoning Board of Appeals, 7 p.m., Town Hall chamber

School Board Business Meeting, 7:30 p.m., high school library

Wednesday, August 25

Community Services Advisory Commission, 7 p.m., Community Center

Thursday, August 26

Town Employee Training and Recognition
Town Hall offices, Public Works and Thomas Memorial Library closed

Recycling Committee, 7 p.m., Public Works

Sunday, September 5

Engine One Labor Day Art Show, 10 a.m.-4 p.m., Fort Williams. Rain date Sept. 6

Tuesday, September 7

Planning Board workshop, 7 p.m., Town Hall

Town Council workshop, 7:30 p.m., Town Hall

Saturday, September 11

Cape Kitchen Tour, 10 a.m.-4 p.m., to benefit Cape Elizabeth Education Foundation. FMI www.ceef.us

Ongoing each week

Al-Anon, Newcomers' meeting, 6:15 p.m.,

regular meeting 7:30 p.m. Thursdays, at United Methodist Church, 280 Ocean House Road (Route 77). Regular meeting 7 p.m. Fridays at St. Alban's Episcopal Church, 885 Shore Road.

Alcoholics Anonymous, 2 p.m. Saturdays, First Congregational Church, 301 Cottage Road, So. Port.; 7 p.m. Wednesdays, St. Bartholomew Church, 8 Two Lights Road; 7 p.m. Fridays, St. Alban's Church, 885 Shore Road.

Cape Elizabeth Historical Preservation Society, 9 a.m.-noon Thursdays, except holidays, storm days, Thomas Memorial Library, 6 Scott Dyer Road. Volunteers assist with information searches. Public welcome.

Cape Elizabeth Lions Club, 6:39 p.m., first and third Tuesdays (except July and August) at the Bowery Beach Schoolhouse, head of Two Lights Road. For more information about the club, contact Kim Brooks, 767-2733, or Bruce Balfour, 799-4221.

Fire-Police meetings, 7 p.m. third Thursday of each month except July and August at the Cape Elizabeth Police Station, 325 Ocean House Road.

The South Portland/Cape Elizabeth Rotary Club, each Wednesday at 6:15 p.m. at the Purpooock Country Club on Spurwink Road in Cape Elizabeth. Contact John LoBosco, club president, 799-1842 for more information.

American Legion, 7 p.m. second Monday of each month, Cape Elizabeth United Methodist Church, 280 Ocean House Road. For more information contact Deb Schneider, 767-6109.

'Suessical the Musical' features five Capers



Photo by Woody Leland

Cape actors, front, Daniel Howard, and, rear, left to right, Shannon Howard, Griffin Carpenter, Samantha Feenstra and Colleen Howard will perform in the Portland Players' "Suessical the Musical," which will open on Sept. 10.

"Suessical the Musical," which will open Sept. 10 at Lyric Music Theater in South Portland, will feature a Cape-rich cast. Dan Howard; his sisters Colleen and Shannon; Griffin Carpenter; and Samantha Feenstra are among the Cape Elizabeth actors in the show, which will run through Sept. 26.

The musical, based on stories by beloved children's author, Dr. Suess, will include Suess characters such as the Cat in the Hat, Horton the Elephant, the Grinch, Yertle the

Turtle, Mayzie La Bird, General Gengus Khan Schmitz, the Who family, and Gertrude McFuzz. Jamie Lupien directs.

Show times will be at 8 p.m. Fridays and Saturdays, and 2:30 p.m. Sundays. Tickets are \$20 for adults, \$18 for seniors, and \$15 for students and college students with ID.

Call 799-7337, e-mail info@portland-players.org, or visit www.portlandplayers.org, to reserve tickets. The theater is located at 420 Cottage Road.

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Cape residents can sell used sports equipment, outerwear at Sept. 25 sale at Community Center

The annual Escapade consignment sports-equipment sale will be held from 8:30 a.m. to noon on Saturday, Sept. 25, rain or shine, at the Cape Elizabeth Community Center parking lot. Anyone with used sports equipment or seasonal outerwear in good condition can donate it or sell it at a 50-percent consignment rate. Sale items can be dropped off between now and Sept. 18 at the Community Center from 8 a.m. to 4:30 p.m., Monday, Tuesday and Thursday; from 8 a.m. to 6 p.m. Wednesday; and from 8 a.m. to 3 p.m. Friday.

Sale items include, but are not limited to, skis, ice skates, hockey equipment, roller blades, basketballs, soccer balls, cleats, shin and knee pads, baseball gloves and bats, and lacrosse and football equipment. Jackets, sweaters, snow pants, vests, boots, gloves and

mitten in good condition will also be sold.

A name, phone number, and suggested sale price should be attached to all clothing and equipment dropped off at the Community Center. Consignors should contact Community Services after the sale to find out whether their items were purchased or if arrangements need to be made for pickup. Tax receipts will be given.

Proceeds will benefit Escapade, a program that provides high school and adult mentors to children with special needs so they can successfully participate in after-school and community programs with their peers. Money earned from the sports sale will help support the program's mentoring groups and activities.

Contact Community Services at 799-2868 for more information about the sale.

Cape Garden Club to visit Laudholm Farm in Wells on Sept. 1

Cape Elizabeth Garden Club members will meet on Wednesday, Sept. 1, for a trip to Laudholm Farm in Wells. Club members will gather at the parking lot at Saint Bartholomew Roman Catholic Church at 9:30 a.m. in order to arrange car pooling. Members should bring their own lunches, but drinks will be provided.

The club's Aug. 1 meeting was held at the home of Nona Geyerhahn, with 23 members attending. Botanical samples provided by attendees were shared with the group and discussed. Club members continue to care for the gardens at Fort Williams and Thomas Memorial Library.

Three new members have recently joined the club: Suzan Mistler-Belcher, Kristine Blaisdell and Francis Silcock.

Please contact membership chairperson Betty Montpelier at 799-0229 for information about joining the club.

Kitchen showcase planned on Sept. 11

The 2010 *Maine Home + Design* Kitchen Tour, which will showcase 12 Cape Elizabeth homes, is set for 10 a.m. to 4 p.m. on Saturday, Sept. 11. The tour, presented by Legacy Properties, Sotheby's International Realty, will benefit the nonprofit Cape Elizabeth Education Foundation, which seeks to fund innovative programs in the Cape schools.

Go to www.ceef.us or call 767-2333 for information about tickets and sale locations.

Springvale author to speak on Sept. 4 to genealogical society

A genealogist from Springvale will speak about the settlement of the town of Waterboro, Maine, at the Greater Portland Chapter of the Maine Genealogical Society's 1 p.m. meeting Saturday, Sept. 4, at the Church of Jesus Christ of Latter Day Saints, 29 Ocean House Road. All are invited to arrive at 12:30 p.m. for socializing before the discussion.

Fred Boyle, who taught for 20 years at Lexington High School in Massachusetts before he retired to Maine, will present a lecture, "Waterborough, Maine: The Influences of Brentwood, N.H., and Berwick, Maine, on the Early Settlement of the Town."

Since retiring, Boyle has developed a second career as a genealogist and has published four books about "early families" in Sanford, Shapleigh, Acton, and Alfred. He plans to publish a fifth, focusing on early families in Waterboro, in 2011.

Meetings are free and open to all. Call Linda Aaskov at 490-5709, or go to the chapter's website, www.rootsweb.ancestry.com/~megpcmg, for more information.

'Celebrating Community History' exhibit displayed on second floor at Community Center



Photo by Jan Reale

Albert Cardente, a Town of Cape Elizabeth Maintenance Department employee, hangs the Cape Elizabeth Historical Preservation Society's "Celebrating Community History" exhibit at the Cape Elizabeth Community Center last month.

Capers who didn't see the Cape Elizabeth Historical Preservation Society's "Celebrating Community History" exhibit in March at Thomas Memorial Library, take heart.

Most of the exhibit is now displayed on the second floor at the Community Center, 343 Ocean House Drive, where viewers can get an even better perspective.

"Because of space constrictions at the library, some photos and maps were hung too high in the first exhibit," CEHPS President Ellen Van Fleet said. "At the Community Center, pieces are more easily seen."

At the show, viewers get a two-fer. "I Remember Cape Elizabeth: Senior Stories, Extraordinary Memories," an exhibit of memories from, and photos of, local resi-

dents, is part of the ongoing photo documentary work of Cape photographer and writer Janice Reale. "Mapping Cape Elizabeth's Historic Photos" is an interactive exhibit by Van Fleet and CEHPS member and Cape native, Norman Jordan.

"There are wonderful memories from our senior citizens of a bygone Cape Elizabeth, as well as a great selection of historic photos of long-gone mansions, trolleys, farms, and gravel roads," Van Fleet said.

The Community Center's hours are 8 a.m. to 3 p.m., Monday through Friday. The center will be closed Aug. 20-25. After it re-opens, the center's hours will be 7:25 a.m. to 5 p.m. Monday through Friday.

Longtime swim coach Don Richards plans clinic

Former Cape Elizabeth High School swim coach Don Richards, whose teams won 11 state titles, will offer a swim-stroke clinic from 5:45 to 7 a.m. Aug. 30-Sept. 17

at the pool named after him. The cost is \$50 for residents. Register at the Community Center, 343 Ocean House Road or call 799-2868 for information.

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CELT Challenge triathlon/duathlon is Sept. 26

The 6th annual Noyes Hall & Allen CELT Challenge Sprint Triathlon and Duathlon, Cape Elizabeth's only triathlon, will take place on Sunday, Sept. 26 at 9 a.m. at Cape Elizabeth High School.

The CELT Challenge features a triathlon (swim-bike-run) and a duathlon (run-bike-run). The triathlon consists of a 425-yard pool swim, a 14-mile bike ride and 3-mile cross-country trail run, while the duathlon replaces the swim with an additional 1.5-mile trail run, followed by the bike and the run. Teams of two or three people may also sign up and compete in either the triathlon or the duathlon.

Registration

Both seasoned and aspiring athletes who are interested in participating in the triathlon or duathlon may register at capelandtrust.org/triathlon/2009. The triathlon is limited to the first 156 registrants, while the duathlon is open to all interested participants.

Volunteers needed

CELT is also seeking volunteers who would like to assist the race organizers and athletes participating in the event. Though dozens of volunteers have already committed their time and energy to coordinate the daylong event, dozens more are needed to

assist with day-of-event activities. Community-minded volunteers interested in committing a couple of hours of their time in the morning on Sept. 26 to help make the event a success are encouraged to contact Lisa Flaim at CELT by calling 767-6054 or sending an e-mail to admin@capelandtrust.org.

Sponsors

Noyes, Hall & Allen, a locally owned, independent insurance company with a long family history of serving the Greater Portland community, is the named sponsor for the event, which attracts more than 250 athletes from across Southern Maine and New England.

Additional strong sponsorship support for the CELT Challenge has been received by the following:

OA Centers for Orthopaedics, the premier orthopedic practice in Maine, returns as CELT Challenge medical sponsor. Cycle Mania of Portland returns as equipment sponsor, providing on-site mechanical services for triathlon participants the day of the race. Tri-Maine serves as the race organizer. Tri-Maine Productions is an experientially-based, entrepreneurial company located in Portland, formed in response to the growing demand for high-quality multisport events in Maine.



A Mark Hagen painting to be exhibited at Ram Island Farm

Exhibit at Ram Island Farm set for Aug. 20-29

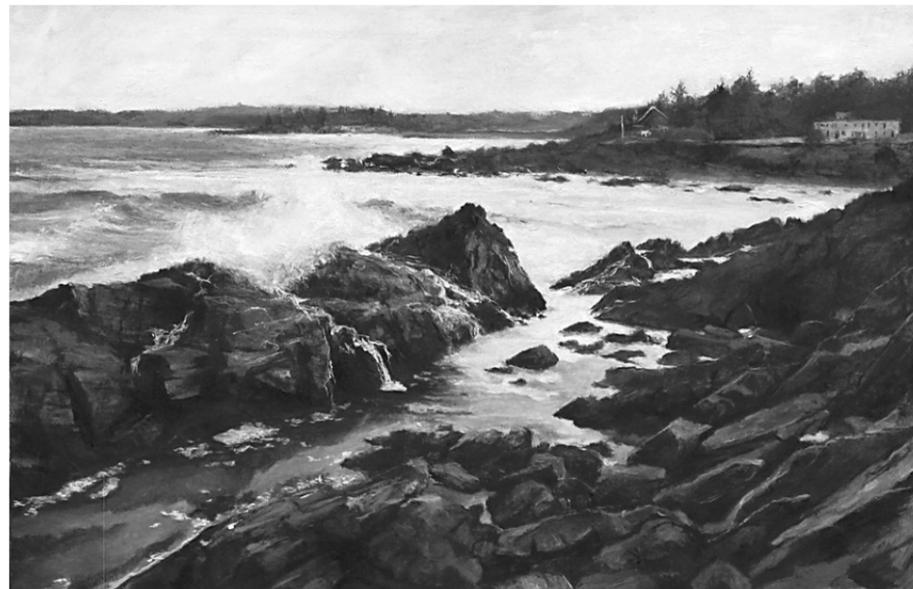
Cape artists Mark Hagen and Mark Haltof will exhibit their work at an Aug. 20-29 show on Ram Island Farm. For 30 years the artists and friends have lived, worked, and been inspired by the natural beauty of Maine, particularly Ram Island Farm and surrounding areas.

"My father was an accomplished architectural engineer who was rarely without a drawing pad in hand. He shared his enthusiasm for detailed, technical drawings as well as art as mood and whimsy. This led me into a lifelong commitment to the visual

arts," said Hagen, who has shown his work in group and one-person shows in Maine and Massachusetts.

"I paint from life; I paint what I see," Haltof said. "Life doesn't stand still; it is in a constant state of change. I can go to a location, look at a face or an object over a period of time. Each time it is the same, but at the same time different. My paintings record many moments, each one telling you more about that person, place or thing."

Haltof has exhibited his works in galleries in New York and New England.



A Mark Haltof painting to be exhibited at Ram Island Farm

CELT 'Wet Paint Auction' exceeds expectations

On the evening of July 18 more than 300 attendees to the Cape Elizabeth Land Trust's Paint for Preservation 2010 event engaged in what was described as "spirited bidding" on twenty-nine paintings created earlier in the day.

The event, which included both the Wet Paint Auction and a raffle, raised nearly \$36,000 for the Land Trust's Saving Cape's Great Places initiative.

remarking on the success of the event, CELT Executive Director Chris Franklin noted, "The quality of artwork at this year's event, coupled with strong support from our sponsors, strong ticket sales, and the world's best volunteers really made this a night to remember."

Samples of the paintings are available for viewing on the Land Trust website www.capelandtrust.org.

The Land Trust would specifically like to thank the sponsors for the event including media sponsors, *Maine Home + Design* and

Maine Magazine; conservation sponsors, Ethos Marketing and Design, Goduti Building Company, Nappi Distributors, *The Portland Press Herald/Maine Sunday Telegram*, Ram Island Home & Grounds, R.M. Davis, Inc. and Town & Shore Associates; and stewardship sponsors, Casco Bay Frames and Gallery, Castle Kitchens, Inn by the Sea, Pierce Atwood, Skillins Greenhouses, Van Dam Architecture and Design and White Rock Distilleries. Catering for the event was donated by CVC Catering Group, transportation was provided by Maine Limousine Service and auction services were provided by Tom Saturley of Tranzon Auction Properties.

The Paint for Preservation 2010 event featured the work of twenty-nine regional artists chosen by jury to paint at public and private locations selected to highlight Cape Elizabeth's natural beauty. A catered reception and live auction hosted by Mark and Jeanette Hagen followed the same evening at Breakwater Farm.

Fall foliage trip to Vermont planned Oct. 18-20

Community Services will offer a three-day fall foliage trip to Vermont from Oct. 18 to Oct. 20. The group will stay in the Killington/Rutland area and sightsee during the day.

Go to the Community Services office at the Community Center, 343 Ocean House Road, for a trip itinerary or call 799-2868 for more information.

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At 'meet-ups,' Cape parents discuss teen safety

By Wendy Keeler

Helping kids get through their teenage years safely can be a challenging task, but some Cape parents who have met recently in small groups called "parent meet-ups" say they now feel less alone in the task.

At meet-ups, Cape parents get together in small groups to discuss substance abuse, drinking, and how to keep their kids safe. At each gathering parents are free to take the discussion wherever they want, but a trained facilitator helps guide the meet-ups, which are organized at the request of parents through the People's Regional Opportunity Program's Communities Promoting Health Coalition.

Parents' influence

Parents play a major part in their kids' decisions about drinking and doing drugs, according to studies done in recent years. Maine kids who believe their parents think it is wrong for them to drink are almost three times less likely to drink, according to the Maine Youth Drug and Alcohol Use Survey that Maine seventh- to 12th-graders took in 2008. Youth who learn about the risks of drugs from their parents are as much as 50 percent less likely to use drugs, according to a 2005 Partnership Attitude Tracking Study.

Often parents of kids who are connected through friendship, age, neighborhood or grade will gather at a meet-up.

"The one I went to was really helpful," said the father of a 17-year-old who went to a May meet-up that included 12 parents whose kids are friends. "What struck me was how concerned we all are, even though we may be very different as parents."

At that meet-up, parents exchanged cell phone numbers in order to be able to text each other to make sure their kids are where they say they are, or that a parent is at home. Parents at the meet-up also shared whether or not they want people to call them with stories they hear about their child. Group members also shared information about curfew times, and some of the parents not only decided on the same curfew but also agreed they would continue to check in with each other.

'Easier for parents and kids'

"With everyone communicating, we were able to establish some guidelines of behavior, which makes it easier for both the kids and the parents," the father said.

Parents at other meet-ups choose to discuss different topics, however.

"Topics have ranged from new research on brain development and the effect of alcohol on the teen brain, to how and when to start a conversation with your kid about substance abuse, to how to encourage kids to take healthy rather than dangerous risks," said Cape resident Kim Gillies, who has participated in meet-ups as both a parent and a trained facilitator.

Meet-ups ideally include no fewer than six parents and no more than 12. To set one up, parents should contact someone at PROP, who will find a facilitator for the group. Some parents have meet-ups in their homes. Others have held them at the Cape Elizabeth Community Center.

The idea

Cape's Healthy Outreach for Prevention and Education, a community action team that seeks to promote candid conversation about drug and alcohol use and abuse in Cape, hatched the idea of parent meet-ups.

"The mission of HOPE from the beginning has been to facilitate discussion within the Cape community about the problem of substance abuse," said Liz Blackwell-Moore of PROP's Communities Promoting Health Coalition. "HOPE wanted some way of helping parents deal with the difficulty of talking about substance abuse with their kids and asked us if we could help figure out a model for facilitating the discussion."

Since the first meet-ups were held in Cape less than a year ago, parents in other towns have held their own, and PROP has now trained 13 people to be facilitators.

Parents who have attended the meetings have said they really help, Blackwell-Moore said.

"The main purpose is for parents to learn

about the latest information about underage drinking and substance abuse, and to connect parents with each other to share about the challenges and successes in communicating and setting limits with their teens," she said. "This can feel like a lot of pressure and can be very difficult without the support of other parents."

Substance abuse is bigger than individuals and families, Blackwell-Moore said.

"The whole community influences substance abuse. Community norms, enforcement of laws, policies, and peer influence also play a role," she said. "Having parents meet to talk about these influences on their teens and how they can work together to keep their teens safe will impact the whole community and hopefully keep youth safer."

Who to call about meet-ups

Contact Liz Blackwell-Moore at CPHC at 553-5867 or www.wherepeoplecomefirst.org, or Kim Gillies at gillies.me@gmail.com or 767-2734.

School bus schedules to be available at latest by Aug. 23

School bus schedules for Pond Cove School, Cape Elizabeth Middle School and Cape Elizabeth High School for the 2010-2011 school year will be available at the latest by Monday, Aug. 23. Go to the town website, www.capeelizabeth.com, and click on "schools" in the column on the left, to view the schedules online.

Schedules also will be available at all three schools and at the Community Services office at the Community Center. Contact Pat Fowler at 799-2868 for more information.

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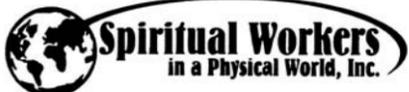
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Songs, stories and movement for toddlers 18 to 36 months. **Wednesdays and Thursdays, 9:30-10 a.m.**

Story Garden

Songs, stories & movement for pre-schoolers 3 to 5 years. **Tuesdays and Fridays, 10:30-11:15 a.m.**

Family Story Time

Songs, stories & movement for toddlers & preschoolers. **Saturdays, 10:30-11 a.m.**

The Fall Children's Program will begin the week of Sept. 5

Donations of books, audiobooks and music to the Friends of Thomas Memorial Library are accepted year-round at the library. Donations may be placed in a drop-box in the library entryway. Childrens' books are especially desired for the upcoming Fall Book and Bake Sale!

Library Hours

Monday, Wednesday, Friday.....9 a.m. to 5 p.m.
Tuesday & Thursday.....9 a.m. to 8:30 p.m.
Saturday9 a.m. to 1 p.m.
Sunday.....Closed

After Labor Day, regular library hours will resume, with the library open from 9 a.m. to 5 p.m. on Saturdays.

Proposed zoning changes threaten 'rural character,' 'top planning priority'

On Sept. 7, there will be an important public hearing to review proposed zoning ordinances affecting new development and growth in Cape Elizabeth, which we should all try to attend.

I'm concerned that the changes put forth could have a significant impact on our town's rural character, natural areas, and farmland in a manner that is inconsistent with the type of 20-year growth we as a community found acceptable and reasonable in the latest Comprehensive Plan.

A full 83 percent of us cited the "protection and preservation of wetlands, ponds and wooded areas and preserving the rural character" as the TOP planning priority for our town. While the goal of the proposed zoning changes is laudable—to accommodate growth on the smallest possible footprint—the means proposed appears to inadvertently

open a new door to development that in fact compromises some of the open spaces and farmlands that we cherish the most. Several of the areas targeted for compact growth are, in fact, forested and agricultural lands that should probably be highly prioritized for preservation, as identified using newly available multilayered natural-resource-mapping tools.

Meanwhile, existing zoning laws amply accommodate current and long-term concentrated growth in Cape Elizabeth. Therefore, I see no pressing need to push through changes that could very well compromise our community's top shared goal—preserving our greatest natural assets. Perhaps on Sept. 7 we could all agree on a long-term strategy for protecting our remaining agricultural and natural areas.

Tricia Wasserman

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Lady Gaga: inspiration for 2010-2011 musical 'Cinderella,' at CEHS

Audiences at Cape Elizabeth High School's 2010-2011 musical, "Cinderella," will have songstress Lady Gaga to thank after performances of the show, which will open in mid-November and run through Thanksgiving Eve.

"Why 'Cinderella'?" Cape Elizabeth High School Theater Director Richard Mullen said. "Lady Gaga drove me to it."

Mullen will direct the Rodgers and Hammerstein musical, and Flash Allen will provide musical direction. The CEHS Theater Council under the direction of CEHS senior Kelsey Krull will produce the show. Pond Cove students will join the cast with the help of Pond Cove music teacher Judy Ferrante.

"Cinderella" audiences can expect "elegance, beauty and romance," Mullen said. "The music is great, too. There's more than meets the eye."

Past Cape theater musicals, which drew full houses, included last year's "Oliver," "Beauty and the Beast," which CEHS brought to fans in 2008, and "Annie," the 2007 musical.

CEEF staff awards to be presented Aug. 31

The Cape Elizabeth Education Foundation will welcome back school staff members on Tuesday, Aug. 31, their first morning at school, by presenting two staff awards. The presentation, the fifth since CEEF started the awards in 2006, is set for 8 a.m. in the Cape Elizabeth High School cafeteria, and all in the community are invited.

The Tim Thompson Award, established by Cape residents Nancy and Tim Thompson in memory of their son, Timmy, who passed away in the summer of 2004 after graduating from CEHS, goes to a staff member in a mentoring position who has made a difference in the lives of students during the past school year.

The second award, named in honor of longtime CEHS math teacher, Elaine Brownell, goes annually to a staff member for outstanding implementation of a CEEF grant.

Both awards include a \$2,000 cash gift and a glass apple. CEEF is an independent, nonprofit organization committed to fostering innovation and excellence in Cape Elizabeth schools. Go to www.ceef.us for more information.

Mums can be ordered in MSPA fundraiser through Sept. 13

The Cape Elizabeth Middle School Parents Association's annual chrysanthemum fundraiser, which features mums in four colors, is underway through Tuesday, Sept. 13. White, yellow, burgundy, and bronze mums in 8.5-inch pots are available for \$8 apiece, or \$6 apiece for purchases of six or more plants. The MSPA will deliver orders of six or more mums free of charge.

Order forms will be available at the CEMS front office at the start of school, Sept. 1, or through Judi Logue at 541-9236 or jmlogue@maine.rr.com.

Cash or checks made out to "MSPA" should be placed with order forms in envelopes marked, "MSPA Mums" or stapled to forms and returned to the CEMS front office. Forms and checks can also be mailed to MSPA, Cape Elizabeth Middle School, 14 Scott Dyer Road, Cape Elizabeth, ME 04107.

Pickup will be from 2 to 6 p.m. Tuesday, Sept. 21, at the Community Center. All proceeds will fund teacher grants at CEMS.

CEHS teacher returns from South Korea

Cape Elizabeth High School social studies teacher Gretchen McNulty recently returned from South Korea, where she participated in a fellowship for American educators sponsored by The Korea Society in New York City.

McNulty was selected from a nationwide pool of applicants for the fellowship, which included seminars and workshops at Korea University, as well as visits to South Korea's most important cultural and historical sites.

In addition to attending university lectures, the teachers conducted fieldwork at a Confucian academy active in Korea's Choson era, a mountain grotto thought to have protected travelers navigating the Silk Road, and an ancient Buddhist temple. Teachers also visited Pugil High School and Daeil Foreign Language High School, where they observed classes and conferred with Korean colleagues.

The Korea Society is a private, nonprofit, nonpartisan organization dedicated to fostering greater awareness, understanding and cooperation between the peoples of the United States and Korea.

School supply collection for shelter continues

The Pond Cove Parents Association is holding its second annual collection of school supplies for the Family Shelter on Chestnut Street in Portland. Backpacks, notebooks, folders, crayons, and other supplies are needed. Items can be dropped off in boxes at Thomas Memorial Library and the Pond Cove School lobby. Contact Amy Lombardo at ajlombardo44@yahoo.com or 767-4044 for more information.

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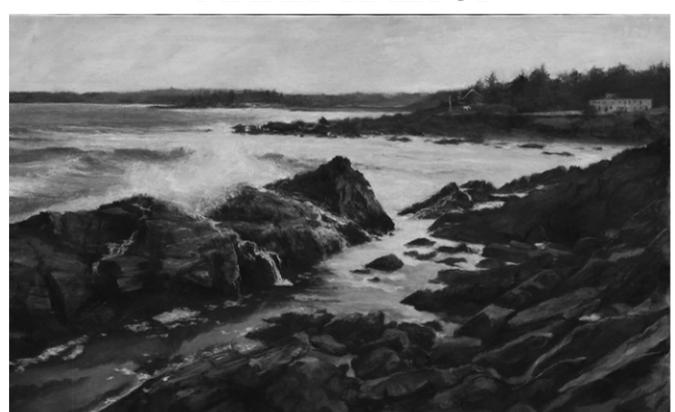
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Six Capers compete in Ironman



Cape Elizabeth triathletes, left to right, Carrie McCusker, Stacy Cimino and Erin Cooke-McCallister share a happy moment at the Ford Ironman Triathlon on July 25 in Lake Placid, N.Y.

Cape Elizabeth made a strong showing in the Ford Ironman Triathlon held July 25 in Lake Placid, N.Y.

Six Capers — Carrie McCusker, Stacy Cimino, Erin Cooke-McCallister, Martha Fanning, Bill Herbert and Denise Goode — trained for, competed in and completed the event, which comprised a 2.4-mile swim in 74-degree Mirror Lake, 112 miles on a hilly two-loop bike course, and 26.2 miles on a moderate two-loop run course.

“The weather cooperated, with overcast skies most of the morning and unusually cool temperatures, considering the trend for the month of July,” said McCusker, a two-time triathlete, whose performance at the event qualified her to compete in the World Championship in Kona in October.

Instead of doing the Kona event, McCusker will compete in the Ironman World Championships in Clearwater, Fla., in November.



Stacy Cimino and Martha Fanning



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Tenth annual Kevin Brady Alumni Soccer Game to include new activities, players of all ages

In celebration of the 10th anniversary of the annual Kevin Brady Memorial Alumni Soccer Game, organizers plan special additions this year to the event, which will be held Saturday, Aug. 28, at Hannaford Field.

Once again, the Cape Elizabeth High School girls' varsity team will take on CEHS alumni to kick off the event. A veteran group of alumni women, including a number of collegiate stars, will challenge this year's varsity squad starting at 4 p.m., said girls' varsity Coach Gary Newell, who is organizing the girls' game.

This year for the first time, a "Parade of Future High School Stars," including all girls' youth teams in the Cape Elizabeth Soccer Club, will enter the field at halftime of the girls' game.

The boys' game, which will begin at 7 p.m., will include players from CEHS graduating classes of the 1970s through 2010. The men's alumni team will include some high school All-Americans, former and current college players, and a few players with professional experience.

The contests will not be "exhibition" games. Teams will play to win at the event, which boys' varsity Coach Ben Raymond considers the "perfect opportunity for a final warmup" for his team's upcoming season.

Parade of Stars

Other additions will include a second "Parade of Future High School Stars," featuring more than 250 boys and girls who are CESC players, right after the end of the girls' game, at about 5:30 p.m. Following the parade, small-sided games organized by CESC President Tom Caswell will be played all over Hannaford Field, showcasing the skills of young Cape athletes.

'Huge' group photo

Right before the boys' alumni kickoff, a

"huge" group photo will be taken, said organizer John Brady. Girls and boys alumni, high school players, and all CESC players will gather in the field for what "promises to be a great photo opportunity highlighting the tremendous history, as well as the future, of soccer in Cape Elizabeth," Brady said.

Halftime shootout

A Major League Soccer-style shootout is planned at halftime of the boys' game. A selected representative from each CESC team will attempt to beat either a high school or alumni goalkeeper.

The drawing of a 50/50 winner will also be announced at halftime.

The event, sponsored by the Cape soccer boosters, is the primary fundraiser for the Kevin Brady Spirit Award and Scholarship.

Kevin Brady Spirit Award

The award and scholarship are given each year in memory of Cape Elizabeth High School soccer player, Kevin Brady, a member of the CEHS Class of 2001 who passed away the summer after he graduated. Annual recipients include a boy and girl player who exemplify the spirit with which Brady played the game.

Donations collected at the game and all proceeds from the snack bar and 50/50 drawing will go to the Kevin Brady Fund. To date, more than \$20,000 in scholarships have been given to graduating CEHS girls and boys. The Kevin Brady Fund was also a major contributor to the construction of Hannaford Field.

New website

Alumni players who want to play or anyone wishing to make a donation may contact John Brady at 233-7300 or john@thebayagency.com. Visit the new website, www.kevinbradyspiritaward.org, which goes live on Aug. 14, for more information.

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Sanctuary Service: 10 a.m.

Child care: 10 a.m. service

Audio tapes of services available.

Cape Shore Assembly of God

536 Cottage Road, South Portland

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Family Bible Studies: Wednesday: 7 p.m.

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29 Ocean House Road

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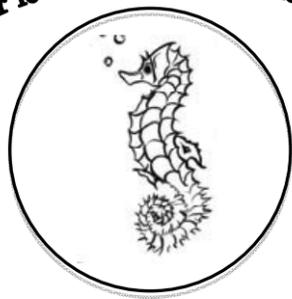
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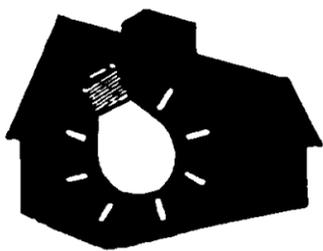
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 MAKING SENSE OF INVESTING

Break-ins

Cont. from page 1

making all of the others misdemeanors," Fenton said. "It's only a felony if someone breaks into a locked vehicle."

Residents should also lock their houses, because the number of home thefts is on the rise too. Unfortunately, many people have no idea they have been robbed.

"In the majority of these residential breaks, people don't even know they are victims. I'm telling them that their homes have been broken into and that they are victims," said Fenton, emphasizing the importance of recording serial numbers of all electronic items.

"Criminals will eventually try to pawn this stuff, and when we have the serial numbers we can track the stuff back. Also, if I recover stuff I can look at the serial number and find out who owns it. As an investigator, if I can't link an item back to somebody, a victim, it's difficult to prosecute. I can't prove that a suspect is not supposed to have the item."

Report crimes immediately

Reporting thefts immediately is crucial. "You have to call us right away, because then we can come and catch people either actively breaking into cars or in possession of stolen property, rather than the next day when it's almost too late. Plus, it allows us to ID them and they can become someone we're looking into. We can find out who they

are, a starting point for an investigation."

Great place to steal

Cape residents need to be aware that the town is a paradise for thieves.

"Sometimes people in town are under the false assumption that there's some draw-bridge that we put up at night so the bad guys can't get in, but criminals move around, and like an animal that goes to where the food is, criminals go to where the valuables are, and the valuables are in Cape Elizabeth, and we're easy prey because we don't lock our vehicles," Fenton said.

Cape's nighttime conditions also make the town an easier place to commit a crime.

"Other places are lit up at night, but in Cape Elizabeth, houses are spread farther apart, so it's darker, so criminals can see headlights and duck. It's also so quiet that they can hear cars coming, and the odds are that if it's 3 a.m. and a car's coming, it's probably going to be the cops," Fenton said. "Police have a disadvantage in a quiet community. It's hard for us to catch people."

Cape teen break-ins

Drinking contributes to many of the break-ins committed by Cape youths.

"The majority of the kids who have done this have consumed alcohol, another consequence of underage drinking. The kids aren't mature enough to have good judgment when they drink," Fenton said.

Many of the teens are seeking the thrill of

stealing more than stolen goods.

"They can trade stolen stuff and have it sold, but often they're just doing it for the excitement. A lot of times they just destroy stuff, like this Dell computer I just got, which these kids just smashed and left."

All too often kids don't connect what they do to the consequences.

"They don't realize the irreplaceability of some of the items that they take—cameras, for example. One couple lost pictures of their trip to London for their 20th anniversary. A grandmother lost pictures of her grandchild and a mother had her daughter's graduation photos in a camera that was stolen," Fenton said. "Those are moments you can't get back. You can replace the camera but you can't replace those pictures."

Nor do the youths committing the crimes consider the risks they face.

"In two recent residential breaks, kids stole alcohol," Fenton said. "That's crazy. They're risking getting shot by a homeowner."

Thieves' connections to victims

Teens often break into houses of families they know, houses they have entered in the past.

"In both of the recent housebreaks, where the doors were unlocked, there were connections between the kids and the houses," Fenton said.

Unfortunately, other kids sometimes get in trouble. "How many kids are getting blamed for alcohol missing from their houses because other kids are doing it? Tommy's not doing it. It's his friend from three years ago who he no longer hangs out with."

Town Council

Cont. from page 1

rules provide an opportunity for public input during workshop meetings, similar to that already provided for at regular council meetings, within specified parameters.

Fort Williams

McGovern reviewed a "broad view" of Fort Williams Park presented to residents in a report now posted on the town's website.

McGovern said that his report outlines the needs of the park, including an update of the park's master plan, last done in 2003. "Lots of revenue suggestions are being kicked around," McGovern said, which require a

review of the park and where, for instance, various money-generating concessions could potentially be located.

McGovern recommends the active promotion of fundraising; more flexibility and speed with regard to approval of park rentals for weddings and other events; and the funding and prioritization of capital needs of the park, including maintenance of buildings, stone walls, athletic fields, the picnic shelter, playgrounds and walkways. These needs are illustrated by photographs in the online report.

He said that the town needs to "come to grips with the realities" with regard to lack of funding for restoration of the Goddard Mansion and the bleachers.

McGovern noted that the 50th anniversary of the town's acquisition of the park will be marked Dec. 1, 2014.

Roosters and trees

The council, having recently referred the topic of rooster regulation to the Ordinance Committee, voted that the issue also be referred to the Planning Board.

A public hearing on the Tree Ordinance was also scheduled for Monday, Sept. 13 at 7:30 p.m. at Town Hall

See page 4 of this newspaper for a review of additional matters to be considered by the Town Council this fall.

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FOUND

Youth baseball bat at Fort Williams field, near playground. Found July 26. Call Aaron at 899-2376 to identify.

SEEKING

Responsible 23-year-old wants after-school/tutoring job for upcoming school year. Have a car, can provide references. Please call 318-9317.



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**The Cape Elizabeth
School Department**

Special Education Record Destruction

The Cape Elizabeth School Department plans to destroy special education records for former students whose birthdates are between January 1, 1983 and December 31, 1983. Parents/guardians and/or former students may obtain their records before October 31, 2010. Proper identification will be required in order to obtain these records.



For more information please feel free to contact:

The Cape Elizabeth School Department
Office of Special Services
at 799-3987

The Rev. James Courtney King recently celebrated his 20th anniversary at Church of the Holy Spirit, 1047 Congress Street, Portland. The celebration included a guest speaker from The Netherlands, Truss Vanderhadgen.

James is a founding member of Central African Vision, a Portland-based nonprofit cofounded by members of the Banyamalenge Tutsi community in Maine and Africa to help support victims of genocide, ethnic wars, and HIV/AIDS in Rwanda, Burundi, and the Democratic Republic of Congo. He has done work with numerous programs, including The Root Cellar, Young Life, Prison Fellowship, Marriage Matters, Holy Grounds Coffeehouse, and other missionary outreaches. James also has served as a seminary instructor with the Charismatic Episcopal Church.



The Rev. James King

Diane Churchill has joined Paragon Commercial Real Estate in Portland, where her focus is office management brokerage support and marketing of the company and its clients.

A licensed broker, she previously worked for four years as marketing director for Weichert, Realtors-Watertlen Group in Portland. Before that, Diane was a marketing executive at Shaw's Supermarkets.



Diane Churchill

Sixteen-year-old Cape resident **Gabe Brewington** recently attended Pine Tree Camp, a summer camp for Maine children and adults with disabilities, located in Rome, Maine. For the past four summers, Gabe, who has Down syndrome, has attended the program, which is run by the Pine Tree Society, a statewide organization committed to helping Maine people with disabilities lead richer, more socially connected lives.

"Camp really gives both Gabe and the rest of our family something to look forward to in the summer," Gabe's mother, **Charlotte Brewington** said. "Every year he comes back dirty and tired and happy, just like any other kid who goes to camp."



Gabe Brewington

Kendall Cooper, the daughter of **Jennifer and Craig Cooper** made the spring-semester dean's list at Syracuse University in Syracuse, N.Y., where she is studying visual and performing arts.

She will continue her studies at the Globe Theatre in London this fall through a Syracuse program.

Sage Hunt, a member of the class of 2012 at Phillips Academy in Andover, Mass., was named to the spring-semester honor roll.

The Purpoodock Club has added three employees to its management team.

Robyn Violette of Portland, the new clubhouse manager, has worked in the hospitality industry for 22 years and is a member of both the New England Club Manager's Association and the Club Manager's Association of America. A member of the board of the South Portland-Cape Elizabeth Community Chamber, she is also a notary public.

Craig Ashman, the club's new executive chef, graduated with a degree in culinary arts from Johnson and Wales University in Providence, R.I., and was recently employed as a general manager and executive chef for Compass Group.

Heather Dusty, who has joined Purpoodock as office administrator, is responsible for all member-related business and event planning. Previously, she worked at the Portland Country Club.



Heather Dusty, Craig Ashman, and Robyn Violette

Conor Dodd, a member of the Class of 2011 at Union College in Schenectady, N.Y., has been awarded membership in Tau Beta Pi, the only national engineering honor society that serves all branches of engineering and related sciences. Membership in the society signifies academic achievement and good character. Conor is majoring in mechanical engineering.

Cape Elizabeth resident **Dov Markowitz** received a juris doctor degree in May from New York Law School in New York City.

Cape resident John Noonan, Jr., 33, competed in the Nautica New York City Triathlon on July 18, raising \$14,000 in the process. John took on the challenge of the triathlon, his third, in memory of his sister Margaret Noonan, 35, a brain cancer patient who died earlier this year.

In addition to physical training, John, a survivor of testicular cancer, joined the American Cancer Society's "DetermiNation" program, a fundraising effort focused on endurance events. He was the top fundraiser of a team of 70 DetermiNation participants, who together raised \$200,000 for cancer research and advocacy, and direct services for cancer patients and their families.

More than 80 family members and friends from as far away as North Carolina and Georgia cheered John on through the 1500-meter swim, 40-kilometer bike ride, and 10-kilometer run in grueling heat. He placed 384th out of nearly 3,500 competitors, with a time of 2:30:28.



Gretchen and John Noonan

Mary-Katharine Huebener, the daughter of **James and Elizabeth Huebener**, graduated in May from Ithaca College's School of Music in Ithaca, N.Y. with a bachelor of music degree.

More Neighbors on pages 8, 9

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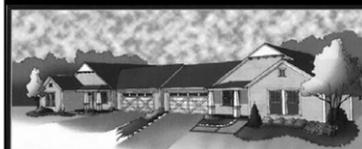
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