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Pond Cove veteran a semifinalist for Teacher of the Year

By Patricia McCarthy

It only takes a short conversation with Ingrid Stressenger to realize that her enthusiasm for teaching is as strong today as when she first stepped into a classroom 27 years ago.

"One of the great joys is when you see a child experience that aha! moment – when they didn't think they could get it and then they do – and they feel so good about themselves," she said in a recent interview.

For Stressenger's students, there have surely been thousands of those aha! moments, and that's one of the main reasons the Pond Cove Elementary School fourth-grade teacher is one of six semifinalists for Maine Teacher of the Year.



'One of the most important things a teacher can do is get an understanding of who a child is.'

Parents of the children that Stressenger has led to those moments got the ball rolling for her nomination for the award. A group of parents drafted a nomination letter late last year and sent it to the state Department of Ed-

ucation, which will determine three finalists in August and then the winner in September.

"She works to find the best in every child," said Loralee Schaedel, whose son was in Stressenger's class last year. "If a child doesn't take the traditional route, she finds a way to work around it and seeks out their gifts. She really sees the *whole* child."

Anne Carney, whose three children were all taught by Stressenger, agrees, and said the thought and effort Stressenger puts into teaching are among her most impressive traits.

"The projects she assigned were interesting and meaningful," Carney said. "I think she is really passionate about teaching and has high expectations of her students. And she knows

how to help them meet those expectations."

The process for selecting Teacher of the Year is long and a bit arduous. It starts with the nomination and letters of support from parents, fellow teachers and school administrators, along with self-assessments from the nominees, all of whom were honored at an event at the Statehouse last month. Education officials then chose the semifinalists.

In the Hall of Flags, nominees set up displays to illustrate their teaching styles. Stressenger had a laptop showing photos of classroom activities and trifold presentation boards highlighting class projects and stu-

—see STRESSENGER, page 18

Superintendent candidates have April 25 deadline

By Wendy Keeler

A week and a half after the School Board reopened its superintendent search on March 24, educators were expressing plenty of interest in becoming Cape's next school chief.

"I'm pleased about the number of inquiries we have had," School Board Chair Mary Townsend said on April 5 after talking earlier in the day with superintendent-search consultant Jackie Roy of Massachusetts-based J.A. Roy & Associates, who is overseeing the search.

Candidates have until Friday, April 25, to apply. Since Superintendent Alan Hawkins stepped down on Dec. 31, former Yarmouth Superintendent Ken Murphy has served as interim school chief. Murphy is slated to serve through June 30, the day before a permanent superintendent joins the district as Cape's head of schools.

—see SCHOOLS, page 4

Cape doctor now Maine's top health official

By Patricia McCarthy

Cape Elizabeth will be losing a doctor, but the state will gain an advocate for healthy eating, exercise and "just promoting a good quality of life."

Dr. Sheila Gerry Pinette, who has operated Internal Medicine on the Cape on Spurwink Avenue since late 2003, has been named director of Maine's Center for Disease Control and Prevention.

Pinette becomes the state's top health official, responsible for an agency that oversees public health initiatives and runs programs from promoting proper nutrition for pregnant women to preventing epidemics.

Accepting the job means Pinette will have to close her solo practice in Cape Elizabeth at the end of the month, before taking over the CDC on May 2.

"It was a very difficult decision because I had built the practice from ground zero, and it's been an honor and a privilege to take care of people in our



On May 2, Dr. Sheila Gerry Pinette of Cape Elizabeth will succeed Dora Anne Mills as head of the Maine Center for Disease Control and Prevention. "I know these are big shoes to fill, and I'd like to continue a lot of the good things she did," Pinette says of Mills. First, though, Pinette will focus on getting to know the department heads of the eight divisions of the CDC that she'll direct.

Photo by Michaela Pinette

community," said Pinette. "But this is a once-in-a-lifetime opportunity to serve Maine and the country."

She said she had been under consideration for the post since November and was offered the job in early March. She said the LePage administration delayed announcing her appointment until the

end of March to give her time to notify her patients.

Pinette said she knows that almost any political appointment can be a lightning rod these days, but sees no reason why that should be the case with the CDC

—see PINETTE, page 18

Old friends unite in 'Team Cape Elizabeth' to support couple's grandson



Riley Photographic

Gathering April 1 at Portland Head Light, are, left to right, rear, Kathy Blake, Carolyn McGoldrick, Dick McGoldrick, Rosemary Townsend, Bill Riley; front, Elaine Brownell, Debbie Riley, Margaret Wilkis, Ann Oliviero, Barbara Powers and Sue Mitchell.

By Wendy Keeler

Years ago, a group of Cape moms, who had met through their young kids, banded together in a weekly "walk-and-talk" group to support a friend whose son had died.

"We wanted to offer her companionship, so we'd walk together and talk," Judy Carter, one of the women, said.

The kids are all grown up now, and some of the women, including Carter, no longer live in Cape. But the friends, who keep in close touch, still have each others' backs.

After learning that the young grandson of Judy Carter and her husband Phelps had been diagnosed with Hunter syndrome, the women and their husbands banded together in a group of 24 to form "Team Cape Elizabeth."

The team's purpose: to support Aidan, 2½, who lives in Stratham, N.H., by raising money for research into the genetic syndrome and participating in Aidan's Walk, a 5K planned for June 19 in Exeter, N.H. The event, set for 8 a.m.-2 p.m., will benefit research and will include a concert and barbecue.

'No one needs to be told that we live in an incredibly supportive community.'

— Carolyn McGoldrick

The Carters' son, Tripp, who grew up in Cape, and his wife, Jen, learned about their son's diagnosis when Aidan was 15 months old. Children with the syndrome, which occurs in one out of 170,000 boys, lack an enzyme that breaks down waste products. When the deposits accumulate, they cause disorder in every organ of the body.

Boys with the syndrome often have large heads, hernias, respiratory infections, heart disease, limited lung capacity, short stature, and limited range of motion. Two-thirds become mentally handicapped. No cure exists, and most children with the syndrome don't live past their teens.

Aidan's parents, grandparents and other family members wanted to do something.

—see TEAM CAPE, page 4



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Dill, Maietta win nominations for soon-to-be-vacant state Senate seat

By Patricia McCarthy

Cynthia Dill, a Democratic state representative from Cape Elizabeth, will face Republican Louis Maietta in a special election May 10 to fill the state Senate District 7 seat being vacated by Larry Bliss.

Maietta, of South Portland, was chosen in a Republican caucus on April 2 and Dill was nominated in a Democratic caucus on April 5 as candidates to replace Bliss, whose resignation is effective April 15.

The parties had until April 7 to select candidates for the election and submit their names to the Maine Secretary of State. Unenrolled candidates also had until April 7 to file petitions to gain a place on the ballot.

Bliss, a Democrat, stepped down to take a job with the University of California system.

District 7 encompasses all of South Portland and Cape Elizabeth and the eastern part of Scarborough.

Dill, a civil rights lawyer, has represented Cape in the state House since 2006. Maietta, a commercial property manager, served a single two-year term in the House but decided not to run for re-election in 2004.

Bliss narrowly held his seat last November, beating Republican challenger Joe Palmieri by 75 votes.

The election will not change the party control in the state Senate because Republicans hold 21 of the 35 seats in the chamber.

If Dill wins the election on May 10—which, at press time, was expected to be the same date as the referendum on the Cape Elizabeth school budget—another special election will have to be held to replace her in the House.

The secretary of state will determine the date of that election and deadlines for filing, if necessary.

Reader: Girl with CMD shows need to fund medical research

The March 30th edition of *The Cape Courier* featured an article on a courageous young woman with congenital muscular dystrophy.

The picture of Kings Floyd and her dad with a smiling Olympia Snowe struck me as out of sync with reality. The reality is that Sen. Snowe and the new Republican budget proposal would cut taxpayer funding for medical research. I hope that Sen. Snowe will do the right thing when it comes to supporting funding for medical research.

However, she knows that the Maine Tea Party will hold her accountable for resistance to cutting spending. Kings Floyd puts a face on the consequences of cutting spending on medical research.

It is a sad day when oil subsidies for companies who are enjoying record profits are considered sacred and research to help end serious disease is not.

Thomas W. Mikulka, Ph.D.

Many warm thanks for a memorable basketball season

It has been another wonderful season for the boys' basketball team. In the past four years, the Cape team has been in four Western Maine Conference championships, winning three and providing us with memories of three thrilling state championship games.

As the outgoing president, I would like to thank all the great athletes—freshmen, JVs, and varsity alike—Coach (Jim) Ray and his outstanding staff, the young future Capers who participated in our annual Shoot-A-Thon and the really cool “Super Fans.”

Lastly, a big thank you to all the booster parents who have given so much of their time, effort and commitment.

With such an outstanding group of players, coaches, parents and fans, you have all contributed to making the Cape Elizabeth Basketball program the standard which all schools in the state are striving for.

Good luck to you all and keep working on that crossover.

Cameron Brown

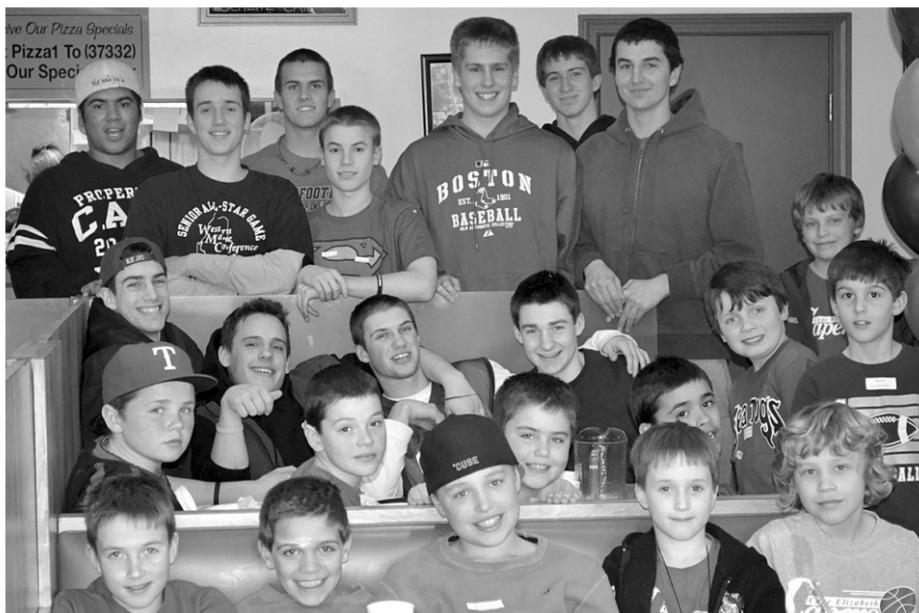


Photo by Jen Tinsman

Participants in this year's February "Shoot-A-Thon" got together at Willow's Pizza after the event, for a party with their coaches – members of Cape Elizabeth High School's varsity basketball team. The annual event raises money for the high school program. The shooters, all third-, fourth-, fifth- and sixth-graders, raised money by getting pledges for each shot made. Pictured are participants (front row, from left): Finn Bowe, David Hare, Marshall Peterson, Will Bowe, Willie Brenneman; (second row) Brendan Tinsman, Jacob Allen, Luke Stephen, Jack Aceto, Aidan Lee, Brian Ellsmore; and (behind) Andrew Brenneman. Coaches are (sitting) Cam Brown, Sam Donnelly, Joey Doane, Max Gore and (standing) Kyle Snowden, Theo Bowe, Kyle Danielson, Matty Pierce, Harrison Clarke, Henry Babcock and Chris Robicheaw.

Rare fungus story gives reader a start, then a good laugh

Once again, your wry sense of April Foolishness piqued my concern and led me down the Garden Path – your Rare Fungus story had me leaning forward in my chair.

I wonder about a group of citizen-writers and editors who somehow manage to do this to me and my unsuspecting wife (I never warn her) every year.

I worry so much that I went to your website to learn how to send in my \$20 annual subscription – a small gesture of encouragement and appreciation for the laugh you gave us on this snowy April 1.

Excellent work, as always.

Gary & Liz Weaver

THANK YOU!

... to all who have answered *The Cape Courier's* ongoing request for help in challenging economic times. We greatly appreciate your voluntary subscriptions and other contributions.

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“I want to tell you that my ad was hugely successful. Someone called the second day it was published so I found a new barn in Cape and am moving my horses April 1st.”

— email from Ann Delehanty, who placed a Classified ad in the March 16 issue

Cape composer charts her own course to success

By Patricia McCarthy

Nancy Gunn has followed a less-than-traditional path to her career as a music composer and teacher.

She had sung in choirs growing up on Long Island, N.Y., but couldn't read a note of music when she headed off to St. Lawrence University. Once there, she was drawn to the music department's piano rooms and the chance to learn to play an instrument. She started taking piano lessons, loved it, and practiced diligently.

Gunn soon realized she had uncovered a strong affinity for music.

"I decided in my sophomore year that I wanted to be a music major," she said, despite the fact that most music majors had years of experience and instruction before college. "The department was run very liberally, and it was kind of a lucky twist of fate that it was at all possible for me to do this."

For the Cape Elizabeth resident, "this" means teaching a variety of music courses at the University of Southern Maine and Southern Maine Community College, giving piano lessons to local students and regularly composing new works.

Gunn started writing music during college, after being told a performing career was unlikely given her newness to the piano. When her first composition won an award at a summer program in Aspen, Colo., she felt encouraged to take a chance – and was willing to travel a less-than-straight course to pursue her dream.

She went on to graduate school at the University of Michigan and zipped back East to pursue a Ph.D. in music composition at The City University of New York Graduate Center. After getting married and earning her doctoral degree, Gunn's life was very full. She worked in a restaurant to earn money, started a consortium of composers to produce concerts, taught courses at Hunter College and "was paid to listen to music" at New World Records, where she listened to sections of recordings to decide which ones should be included in the finished work.

Then came an offer for "my first real full-time teaching job" at Metropolitan State College in Denver, where her first child, Liam, was born.

While pregnant with her second child, Gunn composed "a celebration of motherhood" called, "You Are My One," which remains one of her favorites. It is a cantata, which combines poetry, nursery rhymes, a soprano soloist, a choir, a large orchestra and a slideshow of the performers' mothers and children.

"It was very satisfying, but I was somewhat distracted," Gunn recalls with a laugh, as Fiona came early and attended the opening performance at age 9 days old.

Gunn earned tenure in Denver, which typically keeps professors put, but she felt the East tugging her back. "It wasn't the usual course, but I didn't want my kids to grow up so far from the ocean and my brother," who lives in Farmington.

After settling in Cape Elizabeth in 2001, Gunn started teaching piano lessons and college courses here. She now has 20 piano students, and leads three courses at SMCC—including a world music class she developed—and two at USM.

Maine has proven to be a reliable muse for Gunn, with a steady flow of compositions. In 2006, she wrote "Intersection" for the Portland Youth Wind Ensemble, which premiered at Merrill Auditorium. "Driving in Maine" followed two years later, a piece



Photo by Patricia McCarthy

Composer Nancy Gunn of Cape Elizabeth says she prefers big blocks of time to write music, so months may go by between writing. And she's often inspired to compose and play the piano late at night.

which put the words of Maine poet Wesley McNair to music. "Harbor," written in 2009, combined music for piano and saxophone with more than 200 recordings of the sounds of Portland Harbor, and "Farewell to Middle School" last year marked Liam's move to high school.

The piece combines music for a concert band and sounds Gunn recorded at Cape Elizabeth Middle School, and was premiered by the school's eighth-grade band. It was an appropriate last-concert piece for band director Terry White before he retired.

Gunn's latest work, "Three Bagatelles for Violin and Piano," will premiere in a few days and marks a first for Gunn – she'll perform something she's written, on piano.

Gunn said her music draws from both contemporary and classical influences.

"It's hard to classify," she said. "It's a challenge to find a vocabulary for what you hear. It's like being asked, 'What's the difference between chicken and turkey?' You just have to taste it."

Upcoming performances:

Saturday, April 16: 7:30 p.m.

Three Bagatelles for Violin and Piano

Dara Saffer, violin; Nancy Gunn, piano
Portland Conservatory of Music
202 Woodford St., Portland

Gunn directs a student ensemble at SMCC, the Spring Point Gamelan, which uses handmade instruments and is inspired by the music of Indonesia. It will perform:

Friday, April 29: 12:30 p.m.

SMCC ArtsFest
Studio & Fish Building on campus

Friday, May 6: 6 p.m.

Opening of the SMCC Senior Art Show
Whitney Art Works,
492 Congress St., Portland,
during First Friday Art Walk



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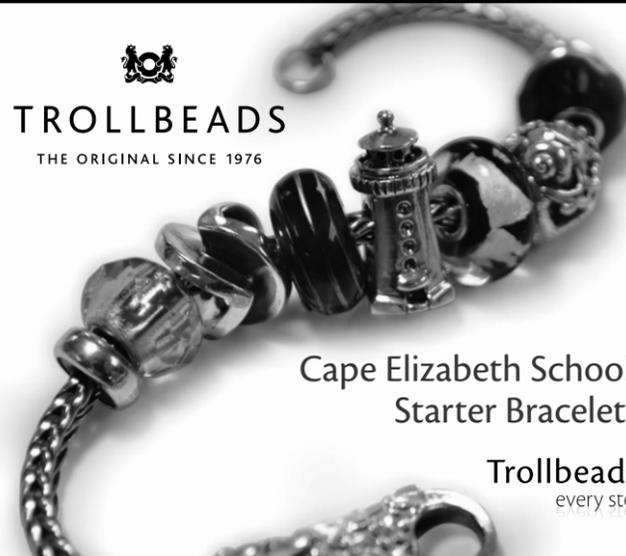
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Team Cape

Cont. from page 1

They began raising money for research. So far the group has raised \$72,000, enough to cover more than two years of research.

"It's very empowering to do this fundraising for research because there's very little else we can do. There's no cure. There's nothing we can buy," said Judy Carter, who lived in Cape for more than 30 years and now lives in Cumberland and Florida. "Our grandson is so little now that we're hoping that great strides will be made."

This winter, Carter got a wonderful surprise. Cape resident Carolyn McGoldrick invited the walk-and-talk-group women and their husbands to a party. What Carter thought would be just another fun night among the friends turned out to be more.

"Carolyn called everyone into the dining room, and then she lifted up a large symbolic check for \$1,000 that the group had raised

... from my dearest, dearest friends," Carter said. "I had no idea they were doing this."

Team Cape Elizabeth members include Carolyn McGoldrick and her husband Dick, Marcia and Dennis Wiggins, Lynn Conley, Carole McGurl, Kap and Barbara Powers, Mary Ellen Coles, Ann Fourre, Vince and Ann Oliviero, Sally Jones, Lynn Powers Harder, Martha Shur, Kathy Blake, Rosemary Townsend, Bill and Debbie Riley, Elaine Brownell, Margaret Wilkis and Sue Mitchell.

Weekly visits

Every week, Aidan's parents, who are both physicians, drive him to Waltham, Mass., where Aidan gets a three-hour infusion of the synthetic enzyme lacking in boys who have the syndrome. The drug helps prevent deposits in most organs, but "for some reason it does not cross the barrier into these kids' brains," Judy Carter said.

Aidan's IQ, which has been tested at Duke University, where Aidan is part of a

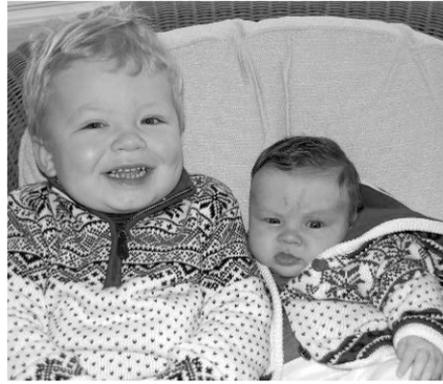


Photo by Jen Carter

Aidan Carter, 2½, and his sister Avery, 5½ months, wearing matching sweaters.

study, currently is "very high," said Judy, who hopes her grandson will be among the 25 percent of boys with the syndrome who don't become mentally handicapped. "We just have to wait to see."

The admission fee for the event is \$20 per person or \$45 for a family. Go to mpssociety.org/?option=com_yourevents&ei=29 to register for the walk.

Visit www.caringbridge.org/visit/aidanjackcarter, email aidanswalk@gmail.com, or contact McGoldrick at repooc830@gmail.com for more information. When making a donation, checks should be made out to "MPS Society - Action For Aidan," and sent to Action For Aidan, P.O. Box 553, Watertown, MA 02472.

Aidan's parents and grandparents are touched by the response so far. "We've just been overwhelmed by the outpouring of support," Tripp Carter said. "We have far exceeded our original fundraising goals, and the event is shaping up to be a really incredible event, one that we hope will continue for years to come."

Team Cape Elizabeth members are heartened by the outpouring of support from Cape residents. "No one needs to be told that we live in an incredibly supportive community," Carolyn McGoldrick said.

Schools

Cont. from page 1

During the second half of March, the School Board interviewed five people from a field of 15 candidates from nine states. Some of the 15 accepted jobs in other districts right after interviewing in Cape. Others, while highly qualified, did not fully meet the board's criteria.

In the fall and early winter, board members asked Cape citizens to name what they consider to be the most important qualities in the district's next school chief. The board held meetings with residents in addition to creating a survey that 340 citizens answered.

"Based on input from all the stake hold-

ers we heard from, the board is searching for an experienced leader with skills in every aspect of school management who will guide and inspire our students and staff. The most important attribute mentioned was leadership, so we have been looking for a visionary leader who is positive and collaborative," Townsend said on April 5.

The job is currently being advertised online on Maine School Management Association, American Association of School Administrators, Serving Schools, and Education Week websites. A print ad soon will run in *The Boston Globe*, Townsend said.

"We think we have good exposure here in Maine, and we thought we would tap into the Massachusetts market," she said.

In other action this month, the School Board voted 5-0 on April 5 to support legislation that allows districts to put health care coverage of their employees out to bid.

The board sent a letter supporting the legislation to the Maine Legislature's Joint Committee on Insurance and Financial Services on April 5.



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Budgets take shape, public review set

Cape Elizabeth's town and school budgets are both moving forward.

The Town Council this week was expected to set a public hearing for April 25 on the \$8.9 million municipal budget and a May 10 referendum on the \$21.1 million school budget. That's the same date as the special election to fill the state Senate seat of Larry Bliss, who resigned.

Neither budget contains dramatic new initiatives or substantial cuts. The school budget would eliminate 1.5 teaching positions at Pond Cove School and the town plans to eliminate a half-time position in the tax office.

School officials also said they had reached a tentative agreement on a new contract with teachers. They told the Town Council's Finance Committee, which reviewed the school budget April 6, that the new terms were "very conservative," but said details would be withheld until teachers vote on ratifying the deal.

The committee voted unanimously to send the school and Community Services budgets to the full council, along with budgets for nine "funds," such as the Rescue fund, the Portland Head Light Fund, and the Spurwink Church fund.

If approved, the budgets for schools, town services, Community Services and the funds will total \$31,393,109, Town Manager Mike McGovern said. Of that, nearly \$25 million will be covered by taxes and the rest will be town fees, state and federal aid, and other revenues.

McGovern said the tax rate would increase by 42 cents per \$1,000 of assessed value, if the budgets are approved by the

council and voters. The school budget would add \$85 to the bill for a median-valued home assessed at \$254,000 and the municipal budget would add \$12.70 to the bill.

Population falls slightly; may affect redistricting

Cape Elizabeth's population has dipped slightly, but it still has more residents than anticipated. The U.S. Census Bureau said Cape Elizabeth's population on April 1, 2010, was 9,015, down 53 from a decade ago.

The Maine State Planning Office said it estimated Cape's population at 8,805 as of July 1, 2009.

Even though that means the town's population is higher than the estimate just two years ago, the difference is expected to have little effect. One impact could be on legislative districts — depending on population growth and shifts in neighboring towns, Cape Elizabeth's districts in the state House could change when legislators reapportion the seats, sometime in the next few years.

Recycling Center open three upcoming Sundays

Spring cleanup applies outside as well as inside, so the Recycling Center will be open three more Sundays this month and next for leaf and yard waste disposal.

The center, which will also be open for those looking to use the recycling containers, will be open April 17 and May 1 and 8. The center will be closed April 24 for Easter.

Regular household waste will not be accepted on Sundays and the transfer station compactor will not be accessible to those visiting the center.

Sunday hours will be 10 a.m. to 5 p.m.

For more information, call the town's Public Works department at 799-4151.

Town offices, library closed on Patriot's Day

Schools, town offices and Thomas Memorial Library all will be closed for Patriot's Day on April 18.

For schools, it's the start of a weeklong spring break.

The Recycling Center will be open for its regular Monday hours, 10 a.m. to 7 p.m.

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Stepping into the Sesquicentennial



About 150 years ago, on the eve of the Civil War, the people of Cape Elizabeth were going about their daily business, unaware of the trials to come. Certainly there were signs of trouble brewing, but except for the recent election, it all must have seemed very far away. In coming months, a Cape Courier series by Ellen Van Fleet follows the development of the war through the eyes of people who lived in Cape Elizabeth in 1861. Cape Elizabeth author Paul

J. Ledman's book, "A Maine Town Responds," will be the main guide. Small entries in the Courier will capture the news and concerns as events unfolding outside of Cape Elizabeth thrust their way into the local consciousness.

April 12, 1861: South Carolina Fires Shots at Fort Sumter! President Lincoln "notified the governor of South Carolina last week that he intended to resupply Maj. Anderson's garrison in Fort Sumter with provisions, although not with men or ammunition." ["A Maine Town Responds," Paul Ledman]

☞ Rise, Patriots, and attend the upcoming meetings to be held in Portland and throughout the loyal states to condemn the attack and to support the Union! [Portland Transcript]

April 13, 1861: Fort Sumter Fallen! Treason Triumphant! The gallant Maj. Anderson has at last been compelled to pull down the stars and stripes and surrender Fort Sumter to the Confederate forces of the South. The rebels are jubilant and the friends of the Union sorrowful and indignant. [Portland Transcript]

☞ The great question now is: Will kerosene oil explode? It is said to have done so in two instances, and the matter needs investigation. [Portland Transcript]

☞ The Advertiser intimates that the following appointments will be made for the light houses in Cape Elizabeth. For keeper of the Outer Light, Mr. Marriner, of Westbrook; for the Inner Light, Mr. Elder M. Jordan of Cape Elizabeth; for the Breakwater Light, Mr. William Walton, of Cape Elizabeth. [Portland Transcript]

April 15, 1861: President Abraham Lincoln is calling for 75,000 militia men to enter Federal Service for 90 days to put down the rebellion. Men are flocking to the colors in an outpouring of untempered enthusiasm. [Ledman p. 77]

April 17, 1861: Republicans ... have now involved the country in a war with untold horrors in prospect. Now let them fight it out. Conservative Union men desire to have no part or lot with them in such a conflict of brother against brother. It is the misfortune of Union men that they will have to pay their part of the penalty of lunatic folly. [Portland's Eastern Argus editorial]

April 19, 1861: President Lincoln issues a Proclamation of Blockade against Southern ports. [www.historyplace.com]

April 20, 1861: Robert E. Lee resigns his commission in the United States Army and states, "I cannot raise my hand against my birthplace, my home, my children." [www.historyplace.com]

☞ Gov. Washburn has issued a proclamation calling an extra session of the Legislature on Monday, April 22, to respond to the President's call for troops. Maine's quota will be required at their rendezvous by the 25th of May. From present appearances volunteers enough will offer. [Portland Transcript]

☞ Maine's quota of the troops called for by the President is one regiment, consisting of 780 officers and men. The



Photo courtesy of Maine State Archives
After representing Maine in the U.S. House from 1851 to 1861, Israel Washburn, Jr., served as the governor of Maine from 1860-1863.

men to be not over 45 nor under 18 years of age, and in physical strength and vigor. [Portland Transcript]

☞ Arizona has seceded. [Portland Transcript]

☞ The capitalists of Portland have tendered \$50,000 to the Governor to aid in equipping the troops.

The Rifle Guards have offered their services, in answer to the requisition of the President — thus securing the honor of be-

ing the first company in the State to volunteer. [Portland Transcript]

April 27, 1861: The inhabitants of Cape Elizabeth hereby warn all persons not to trespass on their premises of any kind, nor to do any damage to fences, nor other property, nor shoot, nor otherwise destroy birds, nor their nests, nor young, for they will be prosecuted there for according to the law. [Portland Transcript]

☞ **ORDERS TO MARCH!** The 1st Maine Regiment, composed of the five Portland companies, two from Lewiston, and one each from Norway, Kittery and Auburn has been ordered to hold itself in readiness to March to Boston on Monday next. Now [all must] set to work to see that they have everything needed for their comfort. [Portland Transcript]

William Knowlton, age 31, is in command of the unit with a total of 779 soldiers. Knowlton, who is a mason by trade, has served as a Lieutenant of the Lewiston Light Infantry. [Maine State Archives] Seventeen men from Cape Elizabeth have joined the 1st Maine for its 90-day commitment. [Ledman p. 80]

April 29, 1861: John Wilkes Booth, who has performed to admiring crowds in this city for five weeks, left town immediately after the firing on Fort Sumter.

In his haste, however, he left without paying for some of his debts — be it advised: "...when J. Wilkes Booth may appear on the boards in their vicinity, the advance principle is the safest to adopt when making contracts with him." [Maine State Archives]

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Well-being checks, fraud investigations occupy time of Cape police

Reported by Debbie Butterworth

COMPLAINTS

- 3-17 An officer met with a Brentwood area resident about a burglary complaint. Taken from the residence was a 46-inch flat-screen television and an iMac computer and modem.
- 3-17 An officer met with a resident of the Scott Dyer Road area about fraudulent charges on a credit card.
- 3-18 An officer met with a resident of Scarborough who reported losing a wallet, possibly while at the Pond Cove Shopping Center.
- 3-20 An officer responded to a residence in the Two Lights Road area for a well-being check.
- 3-21 An officer met with a resident of the Shore Road area about a civil dispute with a fuel delivery company.
- 3-21 An officer met with a resident of the Sawyer Road area about fraudulent use of the plaintiff's debit-card account.
- 3-23 An officer met with a resident in the Bowery Beach Road area about a well-being check.
- 3-23 An officer responded to a residence in the Wells Road area for a well-being check.
- 3-25 An officer met with a resident of the Broad Cove area about a criminal

mischief/theft complaint. A tree had been cut down and partially removed.

SUMMONSES

- 3-15 Cape Elizabeth resident, failure to produce insurance, Shore Road, \$171
- 3-15 Montana resident, failure to produce insurance, Shore Road, \$171
- 3-16 Cape Elizabeth resident, failure to stop for a stop sign, Scott Dyer Road, \$131
- 3-16 South Portland resident, possession of drug paraphernalia, Sawyer Road
- 3-16 Cape Elizabeth resident, uninspected vehicle, \$133
- 3-17 Standish resident, operating after license suspension, habitual offender, Sawyer Road
- 3-18 Cape Elizabeth resident, uninspected vehicle, Ocean House Road, \$133
- 3-19 Cape Elizabeth resident, operating after license suspension, Orchard Road, \$310
- 3-20 Florida resident, failure to produce insurance, Ocean House Road, \$171
- 3-22 Cape Elizabeth resident, speeding (50/35 zone), Spurwink Avenue, \$185
- 3-22 Cape Elizabeth resident, failure to produce insurance, Ocean House Road, \$171
- 3-23 Yarmouth resident, failure to produce insurance, Scott Dyer Road, \$171
- 3-24 Portland resident, operating after license suspension, uninspected vehicle, Spurwink Avenue, \$443

- 3-25 Buxton resident, operating after license suspension, Scott Dyer Road, \$310
- 3-26 Cape Elizabeth resident, speeding (60/45 zone), Route 77, \$185
- 3-26 Farmington resident, possession of marijuana, uninspected vehicle, Route 77
- 3-26 Cape Elizabeth resident, operating after license suspension, Shore Road, \$310
- 3-28 Cumberland resident, speeding (69/45 zone), Bowery Beach Road, \$215

ARRESTS

- 3-17 Standish resident, operating after license suspension, habitual offender
- 3-27 Cape Elizabeth resident, operating under the influence of alcohol, Route 77

FIRE CALLS

- 3-24 Wildwood, carbon monoxide alarm
- 3-28 Reef Road, fire alarm

RESCUE CALLS

There were 13 runs to Maine Medical Center. There was 1 run to Mercy Hospital.

ACCIDENTS

- 3-17 John Schrank, accident on Route 77

Drug Take Back Day is set for April 30

Residents can take unused and unwanted prescriptions to the Cape Elizabeth Police station from 10 a.m. to 2 p.m. April 30.

Cape police say that National Drug Take Back Day is a good opportunity to clean out medicine cabinets and dispose of unwanted medications in a safe and environmentally friendly manner.

Contact Officer Mark Dorval at 767-3323 for more information.

South Portland joins Cape dispatch system

Cape Elizabeth and Portland have completed consolidating South Portland into the communities' emergency communications system.

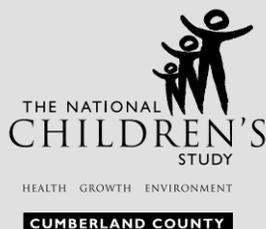
Incoming calls for emergency help and outgoing communications to direct police, fire and ambulance units for the three communities are being handled in one centralized location in Portland. South Portland has been working to integrate its system into this one for about three years.



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Upcoming Cape Courier Deadlines:

April 22 for May 4 Issue
May 6 for May 18 Issue
May 20 for June 1 Issue
June 3 for June 15 Issue



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'The Art of Letting Go'



Landscapes by Cape oil painter Ann Marie Rosenfield will be on display in her exhibit, "The Art of Letting Go," at running with scissors gallery, 54 Cove St. in Portland. The show will open with a 5-8 p.m. reception on Friday, May 6, and run through May 28. The paintings feature southern Maine landscapes. A fine arts major at the University of Maine, Rosenfield went on to study graphic design at Massachusetts College of Art in Boston. Call 272-8499 for more information about the show.

Open soccer for adults planned Sunday nights

Community Services will offer open soccer for adults from 6 to 7:30 p.m. on three Sundays – April 24, May 1 and May 8 – in the Cape Elizabeth High School gym.

The fee for each session will be \$5, payable at the door. Call 799-2868 for more information.



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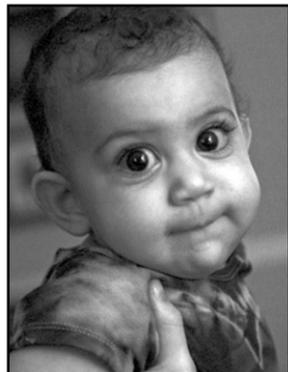
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Community Garden has limited plots for residents; registration ends April 30

Cape residents thinking about spring and wishing they had a place to grow their own vegetables and flowers can join the gardens at the Cape Community Gardens.

There are a few available plots for the upcoming season, and registration will be open until April 30 for Cape residents only. After that date, Cape residents can add their names to the garden waiting list for next year.

There are two garden locations on Spurrink Avenue: one at Gull Crest next to the Recycling Center/Transfer Station that will be starting its 10th season and a second at Maxwell's Farm behind the Ocean House

Development Center that will be starting its third year.

Both gardens set aside several plots to grow produce to donate to Cape's own produce pantry for those with limited resources who are trying to feed their families with healthy food. Judy's Produce Pantry will be open for several hours each Tuesday starting the third week in June and running through October.

Please contact Nancy Miles at nmiles@maine.rr.com to sign up for a garden plot or for more information about Judy's Produce Pantry.

Class of '71 seeks classmates, plans Aug. 20 reunion

Cape Elizabeth High School's Class of 1971 will hold a class reunion from 6 to 11 p.m. Friday, Aug. 20, at the Falmouth Country Club, 1 Congressional Drive, Falmouth.

Organizers seek information about the following classmates: Roberta Bartlett, Dave Bruce, Russell Bryant, Richard Cembalisky, Vicky Churchill, Katherine Clough, Sue Dobbin, Kent Ellis, Richard Ellis, Elizabeth Ely, Judy Fairweather, Julie Fink, Jacquelyn Fitzpatrick, Jeanne Fitzpatrick, Sandra Gagne, Diane-Kay George, Robert Gill, Kenwood Gordon, Charles Himes, Cynthia Jennsen, Christine Jordan, Bill Joyce, Rob-

ert King, Mike Kinney, Robin Liller, Jessie McGee, Beth Malcolm, Nancy Marshall, John Maxwell, Christopher Mundy, Barbara Nelson, Rebecca Peace, Erik Persson, John Pinette, Nancy Potter, Gayle Ridlon, Tom Seader, Karen Simpson, Greg Slack, Debbie Small, Paul Spencer, Katherine Tetreau, Betsey Ulatowski, Lyn Wallace, Carol Watts, Colleen Wiley, Cynthia Wilfert and Lucinda Wood.

Contact Steve Hughes at flyingpond@aol.com with information about the whereabouts of these classmates or for more information about the reunion.

Raffle to support CELT under way



The Cape Elizabeth Land Trust has begun selling raffle tickets for an original painting by Don Stone, in conjunction with its fourth annual Paint for Preservation 2011 Wet Paint event on July 17.

"Near the Point," an oil on canvas valued at \$10,000, measures 23-by-27 inches framed. The painting can be seen at Gleason Fine Art Gallery, 545 Congress St., Portland. Images of the painting can be viewed at the CELT office, 330 Ocean House Road, or online at www.capeandtrust.org/paintfor-preservation/2011.

Raffle tickets are \$50 or 3 for \$125 and are available through the CELT website, at

the CELT office, at Gleason Gallery, or by phone at 767-6054. The drawing will be held July 17 and the winner need not be present to win. Proceeds will support the CELT's Saving Cape's Great Places initiative to preserve local strategic conservation lands.

Although Don Stone has painted in watercolor and egg tempera in the past, for the last 20 years he has primarily used oils. He is best known for his paintings of fishermen and the sea, but his subject matter also includes New England landscapes.

Founded in 1985, the CELT has permanently protected nearly 600 acres in Cape Elizabeth.

This spring, why not call a Cape Courier advertiser for help with your home or business needs? Many are local residents and neighbors!



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CALENDAR

Reported by Wendy Derzawiec

Thursday, April 14

School Board Policy Committee, 8:30 a.m., William H. Jordan Conference Room, Town Hall

Family Fun Day Volunteers, 7 p.m., location TBD.

Monday, April 18

Patriots Day Holiday, Town Hall, Thomas Memorial Library closed. Recycling Center open 10 a.m.-7 p.m. Pool, Fitness Center hours TBD.

Thursday, April 21

Thomas Memorial Library Board of Trustees, 6:30 p.m., Thomas Memorial Library

Monday, April 25

Town Council Budget Public Hearing and Adoption, 7:30 p.m., Town Hall chamber

Tuesday, April 26

Thomas Memorial Library Board of Trustees, 3 p.m.-5 p.m., Thomas Memorial Library. Meeting with architects.

Thomas Memorial Library Board of Trustees, 6:30 p.m.-8:30 p.m., Thomas Memorial Library. Meeting with architects.

Open Space and Greenbelt Management Plan Committee, 7 p.m., Assessing/Codes/Planning Conference Room, second floor Town Hall

Zoning Board of Appeals, 7 p.m., Town Hall chamber

School Board workshop, 7:30 p.m., High school library

Wednesday, April 27

Town Council Ordinance Committee, 8 a.m., Town Hall

Planning Board (rescheduled), 7 p.m., Town Hall chamber

Thursday, April 28

Fort Williams Advisory Commission rescheduled, 6:30 p.m., Public Works Recycling Committee, 7 p.m., Public Works

Monday, May 2

Town Council Workshop, 7:30 p.m., William H. Jordan Conference Room, Town Hall, 320 Ocean House Road

Tuesday, May 3

Future Open Space Preservation Committee, 9 a.m., William H. Jordan Conference Room, Town Hall

School Board Wellness/Coord School Health Committee, 3:15 p.m., location TBD.

Planning Board Workshop, 7 p.m., William H. Jordan Conference Room, Town Hall

Wednesday, May 4

Community Services Advisory Commission, 7 p.m., Cape Elizabeth Community Center

Ongoing each week

Al-Anon, Newcomers' meeting, 6:15 p.m., regular meeting 7:30 p.m. **Thursdays**, at United Methodist Church, 280 Ocean House Road (Route 77). Regular meeting 7 p.m. **Fridays** at St. Alban's Episcopal Church, 885 Shore Road.

Alcoholics Anonymous, 2 p.m. **Saturdays**, First Congregational Church, 301 Cottage Road, South Portland; 7 p.m. **Wednesdays**, St. Bartholomew Church, 8 Two Lights Road; 7 p.m. **Fridays**, St. Alban's Church, 885 Shore Road.

Cape Elizabeth Historical Preservation Society, 9 a.m.-noon **Thursdays**, except holidays, storm days, Thomas Memorial Library, 6 Scott Dyer Road. Volunteers assist with information searches. Public welcome.

Cape Elizabeth Lions Club, 6:39 p.m., **first and third Tuesdays** (except July and August) at the Bowery Beach Schoolhouse, head of Two Lights Road. For more information about the club, contact president, Steve Hayes, 799-4610, or Bruce Balfour, 831-0166.

Fire-Police meetings, 7 p.m. **third Thursday** of each month except July and August at the Cape Elizabeth Police Station, 325 Ocean House Road.

The South Portland/Cape Elizabeth Rotary Club, each **Wednesday** at 6:15 p.m. at the Purpoodock Country Club on Spurwink Road in Cape Elizabeth. Contact John LoBosco, club president, 799-1842 for more information.

American Legion, 7 p.m. **second Monday** of each month, Cape Elizabeth United Methodist Church, 280 Ocean House Road. For more information contact Deb Schneider, 767-6109.

Two Maine authors to read, speak on April 13 at free events at Cape Elizabeth High School

Maine authors Kate Braestrup and Paul Doiron will read from their work and speak in the Cape Elizabeth High School library on Wednesday, April 13, at free events that are open to the public.

Doiron, the award-winning editor of *Down East* magazine and Down East Books, will read and speak from 10:55 to 11:50 a.m. His novel, "The Poacher's Son," has been nominated for Edgar and Barry awards for

best first mystery novel. "Trespasser," the second book in Doiron's Mike Bowditch series, will be published in June.

Braestrup, author of the best-selling memoir, "Here If You Need Me," will speak from 12:25 to 1:20 p.m. In the book, Braestrup, chaplain for the Maine Warden Service, tells the story of the death of her husband, a state trooper, in a car accident and her life as a single parent to four children. This past spring, Braestrup published a second book, "Marriage and Other Acts of Charity."

Local authors are visiting Cape Elizabeth High School as part of Teen Read Week, which 10 CEHS teachers have organized.

Coastal Wellness plans egg hunt on April 16

Coastal Wellness Family Chiropractic will hold its third annual Easter Egg Hunt at noon on Saturday, April 16, at 1231 Shore Rd.

All ages will be welcome at the free event. Call 799-9399 for more information.

Class gives seniors eligibility for reduction in car insurance

Cape Elizabeth/South Portland TRIAD will host a driving class for senior citizens from 9 a.m. to 1:30 p.m. Monday, April 25, at the Cape Elizabeth Fire Department, 2 Jordan Way. Seniors who complete the class will be eligible for reduced car insurance. People who took the class more than three years ago must take it again to be eligible.

The cost is \$12 for AARP members, who must show their AARP cards at the class, and \$14 for nonmembers. The class size will be limited to 20 students. Refreshments will be provided.

Contact Cape Police Officer Mark Dorval at 767-3323 or South Portland Police Officer Robert Libby at 799-5511 to register.

Bird walk May 7 at Turkey Hill Farm

Cape Elizabeth Land Trust member Bob Cash will offer town residents an opportunity to learn more about Cape's natural habitats and unique flora and fauna when he leads a migratory bird walk from 9 a.m. to 11 a.m. on Saturday, May 7, at Turkey Hill Farm.

Participants, who will meet rain or shine, should dress appropriately, with footwear for wet walking. The fee is \$6 per person or \$12 per family, and space is limited.

Register at Community Services' office at the Community Center, 343 Ocean House Road. Call 799-2868 for more information.

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 April 16 - 9 a.m.
 April 26 & 27 - 2 p.m.
School Board replay
 April 15 & 16 - 2 p.m. & 8 p.m.
 April 17 - 9 a.m.
Words of Peace
 April 16 & 17 - 1 p.m. & 7 p.m.
 April 23 & 24 - 1 p.m. & 7 p.m.

Town Council (live)
 April 25 - 7:30 p.m.
Zoning Board of Appeals (live)
 April 26 - 7 p.m.
Planning Board (live)
 April 27 - 7 p.m.

Schedule subject to change. Please check Channel 3 for up-to-date listing

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Lilac Festival trip planned on May 26

Community Services plans a trip to the Lilac Festival at the McLaughlin Gardens in South Paris on Thursday, May 26. Derrick Daly, the head gardener at Inn by the Sea, will accompany the group, sharing his knowledge throughout the day. The outing also will include lunch at Maurice's Restaurant before the garden tour.

Travel will be by school bus, and the group will depart at 9:30 a.m. from the back of the Community Center. The \$48 fee for the trip will include transportation, admission to the gardens and lunch. Registrations can be made online at <http://activenet17.active.com/cecommunityservices/> or in person at the Community Center. Call 799-2868 for more information.

Community Services to offer three sessions of driver's education

Community Services will offer three driver's education sessions in the coming months. Tim O'Carroll, the owner and director of the Right Choice Driving School, will teach the classes, which are open to students who have turned 15 by the start of the first class, in Room 307 at Cape Elizabeth High School.

In the first session, which will run from May 16 to June 2, classes will be held from 6 to 8:30 p.m., Monday-Thursday. Classes in the second session, which will start June 20 and end on July 8, will run from 8:30 to 11 a.m. Monday-Thursday. No class will be held on July 4. The third session will go from July 25 to Aug. 11, and classes will run from 6 to 8:30 p.m. Monday-Thursday.

The cost for each session is \$475, which includes the driver's permit fee. Students must bring their social security number and a copy of their birth certificate to the first class.

Register at the Community Services office at the Community Center, 343 Ocean House Road, or go to <http://www.cape.k12.me.us/commserv.htm>, and click on the blue ActiveNet.com box, to register online. Contact Community Services at 799-2868 for more information.

Bill Burke, co-author of autobiography by CNN's Ted Turner, to speak at CELT event



Bill Burke

Cape resident Bill Burke, who CNN founder and conservationist Ted Turner handpicked to co-author his autobiography, "Call Me Ted," will speak at 7 p.m. Thursday, April 28, at Inn by the Sea. The event, part of an ongoing speaker series presented by the Cape Elizabeth Land Trust for its members, will open with a social hour at 6 p.m. The series aims to give Cape residents a wider cultural and historical view of land use and conservation issues.

While working closely with Turner over a two-year period, Burke gained insight into strategies Turner employed in business and land conservation ventures. For decades, Turner, one of the single largest landowners in the U.S., has supported conservation and restoration projects. Drawing from his conversations with Turner about conservation, Burke will share lessons he learned from Turner and answer questions.

There will be no admission fee for the event, and a cash bar will be available. Contact CELT at 767-6054 or info@capelandtrust.org or go to www.capelandtrust.org for more information about the event or about becoming a CELT member.

CELT permanently conserves and provides stewardship for lands cherished by the community, for the education, use and enjoyment of present and future generations.

Rotarians thank Public Works employees

The South Portland-Cape Elizabeth Rotary Club honored Cape and South Portland public works employees at a March 18 luncheon at the South Portland Community Center. On behalf of the Rotary Club, Rotarian Dan Davidson thanked the more than 40 men and women who attended for keeping the communities in good shape.

The luncheon, held annually since 1999, is a way "to recognize these unsung heroes for all they do," Rotarian Adrienne Murphy said. Snowplow drivers received gifts of candy as a special treat "after the extremely snowy winter," she said.



Historical bus tour planned on May 14

Cape Elizabeth Historical Preservation Society members Wayne Brooking and Norm Jordan will share stories about Cape history and about familiar and not-so-familiar places around town during a bus tour planned for 9:30 a.m. on Saturday, May 14.

The Cape natives will touch on noteworthy historical sites and relate tales about early Cape times and places.

Register online at <http://activenet17.active.com/cecommunityservices/> or in person at the Community Center. Call 799-2868 for more information.

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Wednesdays and Thursdays, 9:30-10 a.m.

**** Please note: No Tales for Tots on Thursday, April 28.**

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Story Time Themes

April 10-16: Just Ducky!

Stories & songs about loveable ducks!

April 17-23: Froggy Tales

Books about frogs and toads

April 24-30: It's Spring!

Stories and songs about flowers, baby animals, and mud season for spring!

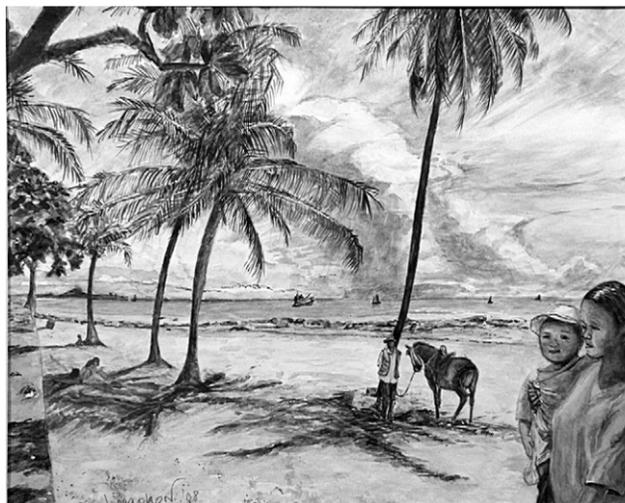
May 1-7: Celebrate Moms

In honor of Mother's Day, we'll hear stories about Moms and all they do.

Library Hours

Monday, Wednesday, Friday.. 9 a.m. to 5 p.m.
Tuesday & Thursday 9 a.m. to 8:30 p.m.
Saturday 9 a.m. to 5 p.m.
Sunday Closed

'Seascapes' is May library exhibit



"Hua Hin Beach, Thailand" is among the watercolor paintings in Etsuko Leeaphon's exhibit on display May 2-31.

Cape Elizabeth painter Etsuko Leeaphon will present "Seascapes from Japan, Thailand and Maine" at the Thomas Memorial Library May 2-31.

An opening reception will be held at the library from 5:30 to 7:30 p.m. Friday, May 6. The event is open to the public.

The show, featuring all new watercolor paintings, presents Leeaphon's favorite

beaches of three countries—where she spent her childhood in Japan, her youth in Thailand and her retirement in Maine. The series was inspired during her return visits to Thailand in 2007 and to Japan in 2008. Leeaphon said she delights in observing and capturing people's joy on beaches everywhere.

The library art gallery is curated by the Cape Elizabeth Arts Commission.

April 28 student poetry reading open to public

Selected student poets will take part in this year's Gabriel A. Zimpritch Poetry Symposium, followed by a public reading of their work on April 28 at the library.

The students, to be selected by Lisa Melanson, a teacher in the English department at Cape Elizabeth High School, will work on their poetry with Betsy Sholl, whose five-year term as Maine's poet laureate just expired.

The public is invited to a public reading of the students' poetry at 6:30 p.m. in the library's Community Room.

The symposium is held each year as a memorial to Zimpritch, a Cape Elizabeth High School student who died suddenly in 1995. His family and friends have established the Gabriel A. Zimpritch Library Fund to support the library's poetry collection and the symposium.

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Rose Kennealy exhibit continues through April

"Serenity," a 20- by 24-inch original acrylic painting, is included in a Thomas Memorial Library exhibit called "Contemplative Spaces" by Cape Elizabeth artist Rose Kennealy. Most of the works in the exhibit are exterior landscapes of places, many in Cape, which "hold the power to induce moments of stillness and internal reflection," explains Kennealy. The exhibit can be seen through April 30.

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Sunday Worship Celebration: 10:45 a.m.
Evening Prayer: Wednesday: 7 p.m.
Sermon recordings available to download.

Cape Elizabeth United Methodist Church
280 Ocean House Road
799-8396

Chapel Service: 8 a.m.
Sanctuary Service: 10 a.m.
Child care: 10 a.m. service
Audio tapes of services available.

Cape Shore Assembly of God
536 Cottage Road, South Portland
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Sunday Prayer & Intercession: 9:30 a.m.
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29 Ocean House Road
767-5000

Sacrament Meeting: Sunday 9-10:10 a.m.
Sunday School: 10:15-11 a.m.
Primary: 10:15 a.m.-noon
Relief Society, Priesthood: 11 a.m.-noon

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81 Westbrook St., South Portland
879-0028

www.bethaam.org
Worship: Friday: 7:30 p.m.
Saturday: 10 a.m.
Family Shabbat services:
Second Friday: 6:30 p.m.

First Baptist Church of South Portland
879 Sawyer St., South Portland
799-4565

www.spfbc.com
Sunday Morning Worship: 9:30 a.m.
Awana Clubs (Grades 3-8) Tuesday 6:20 p.m.

First Congregational Church United Church of Christ
301 Cottage Road, South Portland
799-3361

www.fccucc.org
Sanctuary Service: 9:30 a.m.
Preschool Childcare: 9:30 a.m.

Saint Alban's Episcopal Church
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799-4014

www.stalbansmaine.org
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Rite I: Sunday: 8 a.m.
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Cape Elizabeth Middle School honor roll for the second trimester

Eighth grade

High honors – Mathias Barth, Sierra Bates, Haley Bauman, Eva Brydson, Aaron Dobieski, Hayley Doss, Katherine Ewald, Emily Faria, Rhoen Fiutak, Caroline Garfield, Rachel Garrity, Julia Ginder, Thomas Gleason, Walker Grimes, Robert Harrison, Taylor Herrera, Hunter Kent, Emma Landes, Rachel Lockwood, Devin Maguire, Daniel Menz, Ethan Murphy, Elizabeth O'Brien, Wyatt Page, Mila Phelps-Friedl, Michaela Pinette, Hannah Preble, Maci Russell, Hannah Saturley, Hannah Sawyer, Acadia Stewart, Andrew Thomas, Ashley Tinsman, Claire Zimmerman, Sarah Zucchero

Honors – Madison Botelho, Timothy Brigham, Drew Bruns, Paul Calande, Cole Caswell, Matthew Chipman, Kathryn Clark, Isabel Clarke, Alicia Davis, Anthony DeMarco, Jack Demeter, Matthew Denison, Emma Dineen, Parker Dinsmore, Mary DiPietro, Owen Doherty, Jacob Downer, Jack Drinan, Benjamin Duddy, Edward Galvin, Luke Gilman, Thomas Gleason, Adam Godfrey, Curtis Guimond, Andrew Harrington, Maygan Hatt, Noah Haversat, Yodit Hermann, Barrett Hess, Lily Jordan, Caroline Kelley, Eamon Kelley, Kyle Kennedy, Thomas Lalouche, Brette Lennon, Sarah Loring, Samuel Macduffie, Olivia Mantsch, Jonathan Merritt, Mitchell Morris, Amelia Morrissey, Nicholas Pellechia, Monica Planinsek, Noah Robinson, Kirsten Rudberg, Melissa Rudberg, Hayley Saari, Benjamin Stanley, Lindsay Stewart, Sadie Stiles, Conner Sullivan, Rebecca Tarling, Zachary Vaughan, Andrew Volent, Hayley Walsh, Andrew Whynot, John Williams, Leo Wing, Noah Wolfinger

Seventh grade

High honors – Rachel Epstein, Haley Fawcett, Samantha Feenstra, Matthew Fishbein, Chloe Gillian, Hannah Glazier, Taylor Hansen, Ryan Harvey, Lauren Holmes, Nathaniel Ingalls, Joseph Inhorn, Madeleine Murphy, Sarah O'Connor, Harry Queeney, Allison Stewart, McKenna Wood

Honors – Sierra Aceto, Kelsey Allan, Alexandria Bakke, Anna Ball, James Bottomley, Madeleine Bowe, Montana Braxton, Katherine Breed, Lydia Brenneman, Thomas Buonaiuto, Phoebe Coburn, Katherine Connelly, Madolyn Connolly, Brayden Crosta, Alexandra Demeter, Victoria Diaz, Remy Dickinson, Eden Divney, Anna Doherty, Marcus Donnelly, Miles Dorrance, Dana Dufresne

Bonoff, Jared Duperre, Emma Dvorozniak, Megan Ellsmore, Alexis Farrell, Jahanara Freedman, Federico Giovine, Tessa Goldstein, Adara Graessle, Lauren Grey, Teresa Haller, Logan Hansen, Carter Harvey, Bryce Hewitt, Sophie Hewitt, Olivia Hintlian, Gabe Jacobson, Anya Kohan, Maureen Lavallee, Gabrielle Lawrence, Brandon Ledoux, Roman Medina, Sarah Merriam, Isaac Messerschmidt, Noah Messerschmidt, Michael Mills, Eileen Misterovich, Andrew Mitchell,

Ali Mohamedi, Reilly Morin, Alexander Mukai, Guillermo Narvaez, Wyatt Newhall, Brittney Newman, Megan Nicholson, Kathleen Oberholtzer, Catherine Pellegrini, Hazel Pine, Gabrielle Raymond, Matthew Riggle, James Salerno, Erin Sewall, Cooper Siepert, William Steidl, Rosalie Stevens, Megann Sullivan, Vincent Tarpo, Natasha Thomes, Natalie Vaughan, Nikita Wallace, Hannah Walsh, Erin Whitcomb, Morgan Wight, Portia Wilson, Randy Zhou

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FIT program to run from May 3-June 2; Pond Cove 5K set for Sunday, June 5

The Pond Cove Parents Association and Community Services will offer a training program this spring for Pond Cove students planning to run in the 13th annual Pond Cove 5K Challenge road race on Sunday, June 5.

Participants in the Friends in Training program will meet at Pond Cove from 3 to 3:55 p.m. on Tuesdays and Thursdays from May 3 through June 2.

FIT registration

Starting this year, parents must register students for FIT through Community Services, and the FIT registration fee includes the cost of race registration. Kids who will run the 5K pay \$19. Pond Cove students who will run in the One-Mile Dash event pay \$13.

Register in person at Community Services' office at the Community Center, 343 Ocean House Road, or go to <http://www.cape.k12.me.us/commserv.htm> and click on the blue ActiveNet.com box, to register online. Contact Community Services at 799-2868 for more information.

To maintain a safe ratio of runners to trainers, the program size will be capped based on the number of parent volunteers. Contact

Deb Braxton at dkbraxt@gmail.com or 423-5071 to volunteer.

Legacy Properties sponsor of this year's 5K Challenge

The biggest PCPA fundraiser of the year, the 5K Challenge course starts and ends at Pond Cove. This year, Legacy Properties Sotheby's International Realty is the race sponsor.

A Fun Run for kids 8 years old and younger, which requires no registration, will begin at 8 a.m. The 5K race will start at 9 a.m., and the One-Mile Dash will follow at 10 a.m. An award ceremony is planned at 10:30 a.m.

The race registration fee is \$15, and families pay \$50. The fee for the One-Mile Dash is \$10. Register in person at the front offices at Pond Cove or Cape Elizabeth Middle School, or go to www.cape.k12.me.us/commserv.htm, and click on the blue ActiveNet.com box, to register online. Pre-registration forms are available at www.pcpa.org.

The PCPA seeks additional corporate sponsorship for the 5K. Contact Katie Gillespie at kgillespiecpa@gmail.com or 767-5846 for more information.

PCPA Bingo on April 29; raffle tickets on sale

The Pond Cove Parents Association plans a Mardi Gras-themed Family Bingo night from 5:15 to 7:30 p.m. on Friday, April 29, in the Pond Cove/Middle School Cafetorium.

Bingo players are invited to dress up in beads, feathers, masks or other Mardi Gras attire, but dressing up is optional.

Each bingo board will be \$1, and \$5 will buy six boards. Pizza, drinks and popcorn will be for sale at the event.

Contact Erin O'Connell-Taylor at erin9213@hotmail.com or 518-9037, or Janelle Deschino at jdeschino@gmail.com for more information about the event, or to sign up to volunteer.

The PCPA is selling tickets to its annual

spring raffle. This year, raffle items include an iPod touch, chances to be "Pond Cove Principal for the Day" and "Pond Cove Gym Teacher for the Day," entry to the Pond Cove 5K Challenge road race on June 5, a ride to school in a Cape fire truck, a \$50 gift certificate to Flatbread in Portland, a private tour of the Portland Head Light, and more.

One raffle ticket a day will be drawn April 25, 27 and 29, and final drawings will be held at the end of Bingo Night.

Tickets are \$1 apiece, \$10 for 12, and \$25 for 30. Go to www.capepcpa.org to print off ticket sheets or contact Kim Shur at kimshurpcpa@gmail.com to buy tickets. Tickets also will be available at the Bingo event.

Aucocisco talks address bullying, Internet safety

Cape Elizabeth Police Office Mark Dorval talks to Aucocisco School students last month about Internet safety and bullying awareness. The roundtable discussion was part of a month-long focus on safety issues that students face at school, on the Internet and with cell phones. Aucocisco is private school on Spurwink Avenue.



MSPA organizes online exchange of equipment for sixth-graders going to Chewonki program

Cape Elizabeth Middle School sixth-graders, who spend five days every May in Wiscasset at the Chewonki Foundation's outdoor education program, are always in need of camping equipment for the program: rain gear, frame backpacks, sleeping bags and headlamps. The Middle School Parents Association has organized an online exchange to connect sixth-grade families with

community members who have equipment to donate, sell, loan or swap.

Go to www.capemspa.org/who-we-are/chewonki-equipment-exchange to view lists of items that are needed and items that are available. Contact Suzanne McGinn at smcginn1@maine.rr.com for more information.

Sixth-grade parents and the MSPA fund the Chewonki program.



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High school seniors, would you like your postgraduate plans included with other seniors' plans in a June issue of the *The Cape Courier*?

Please send the senior's name, parents' names, and the senior's plans, including the location of the college or postgrad activity, to Debbie Butterworth at dbutterw@maine.rr.com or 21 McAuley Road, Cape Elizabeth 04107. Only seniors and parents can send this information.

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Students: Work involved in Odyssey of Mind 'totally worth it'



Pond Cove students, left to right, Aidan Hubbs, Damien Oliver Royer, and Jacob Membrino put on a skit during the Odyssey of the Mind state tournament March 27 in Sanford.

By Christine Iyer

Sean O'Sullivan, one of 12 Pond Cove students who competed in the Odyssey of the Mind state tournament March 27 in Sanford, described the competition as "an around the world educational program." In the program, students are presented with creative problem-solving opportunities. To prepare for the competition, three parent coaches met with 18 students after school to solve problems. The Pond Cove Parents Association, Community Services, and Pond Cove staff supported the program.

Hands-on to verbal

Students tackled problems ranging from the strictly hands-on — groups of six kids received a sheet of newspaper, toothpicks, rubber bands, paper clips, and straws and had to build a ranch and invent its history in six minutes — to the strictly verbal: students had to use a word to make a name and relate the name to an occupation.

At the competition, teams were required to participate in a spontaneous problem, in which they used skills they acquired from practicing throughout the year. Another component of the competition required teams to

prepare a creative solution to a long-term problem. Selecting one of five problems they were offered, every team prepared an eight-minute solution and staged it at the event.

'Moneymaking character'

A kindergarten to second-grade team had to come up with four ideas for making money and then demonstrate them in a skit with a moneymaking character, one or more customers, and a commercial. A team that included Wyatt Stoughton,

Carter Merriam, Quinn Gordon, Ellie Gagne, Will Clancy and Jenny Rasco wrote a skit in which Rasco, the moneymaker, came up with ideas, which customers tried out. A butter-vending machine spit out pants. Because Gagne played a hungry cat, the moneymaker created a "clapper" for the refrigerator so the cat could clap to get cheese.

'Hilarious'

The competition judges called the team's tag line, "The Clapper, so easy even a cat can do it," "hilarious," and also liked the team's use of an actor to play the cheese.

A fourth-grade team comprised of O'Sullivan, Ben Harrington, Aidan Hubbs, Jacob Membrino, Katie-Beth Dunham, and

'Odyssey of the Mind pushed us in a fun way.'
— Damien Oliver Royer

Damien Oliver Royer selected a challenge called "As good as Gold ... berg" in which students were challenged to build a Rube Goldberg apparatus that would accomplish a simple, everyday task inefficiently.

"We wanted to get into the tournament and finish on time, so we spent many hours working on a pegboard to finish this invention, an elaborate two-track marble run that used a mousetrap, dominos, and ... a Hot Wheels car to get toothpaste onto a toothbrush," Harrington said.

Mr. Slimy Dentures

The students had to market the device and created a skit that featured two exasperated dentist/inventors and three buyers: a billionaire, a boy with green slimy teeth, and Mr. Shiny Dentures, a man who team members said "lost all his teeth because brushing was so boring in the old days."

The skit also featured large, exaggerated dental tools, an original piano and dental drill composition by Royer, and team T-shirts featuring Hubbs' design, a colorful drawing of jelly beans running away from a authoritarian toothbrush.

"The toothbrush is a defender of the tooth and wants to kill the jelly beans because they ruin kids' teeth," Hubbs explained.

Perfect score in 'complexity'

Team members said they were proudest of achieving a nearly perfect score in the "complexity" category and "actually remembering all of our lines."

Because of a \$145 budget restriction, "we tried not to buy anything and tried to reuse and recycle," O'Sullivan said.

When the team first received the five-page problem, team members did a lot of eye-rolling and said, "Oh, come on." But Royer, who admitted he initially felt "uncomfortable about doing all that work," ultimately said it was "totally worth it."

Membrino felt "nervous, confused, and awkward" before the competition, but later relaxed and even hammed it up at the event.

'Six minds and bribes of candy'

After the competition, the students agreed with Royer's analysis of the group's hard work during the process: The victory "would not have been possible without six minds and bribes with candy," he said.

Football registration for players of all ages to be held April 28

Registration for Cape Elizabeth youth, middle school and high school players will be held from 6 to 8 p.m. on Thursday, April 28, in the Cape Elizabeth High School cafeteria. The Cape Football Boosters' fee will be \$135 until July 2, when it will increase to \$150.

At the registration, a representative from a company that specializes in sports equipment will size shoulder pads and helmets for players who want to place orders. Payment for equipment must be made that night. The high school program also has equipment available for players to use.

Go to <http://www.capeelizabethfootball.com> to print registration forms or for more information, or call Gayle Martin at 767-6134 for information.

Boys' lacrosse dance, auction on May 6 at Joe's Dockhouse

The Cape Elizabeth High School boys' lacrosse boosters will hold a dance and silent auction from 7 to 11 p.m. on Friday, May 6, at Joe's Dockhouse in South Portland. Proceeds from the event will benefit the boys' team, the defending state champions.

Auction items include a summer getaway week at the Jordan Grand Hotel at Sunday River, golf outings, lacrosse equipment, massages, designer bags, clothing and more.

"Community support of this event will preserve our high-quality program that consistently turns out state champions by raising funds for extra coaching staff, equipment, scrimmage opportunities, etc., that our cash-strapped town could not afford," said Mary Takach, a booster.

Joe's Dockhouse is located across the parking lot from Joe's Boathouse Restaurant at Spring Point Marina. Tickets, which are \$15, can be bought now or reserved. Contact Beth Goduti at jgoduti@maine.rr.com or 799-3105 or Jean Lavallee at slavallee@maine.rr.com or 767-3516 for tickets or more information.

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Kouros makes history; Cape athletes make All-Star, All-Academic teams

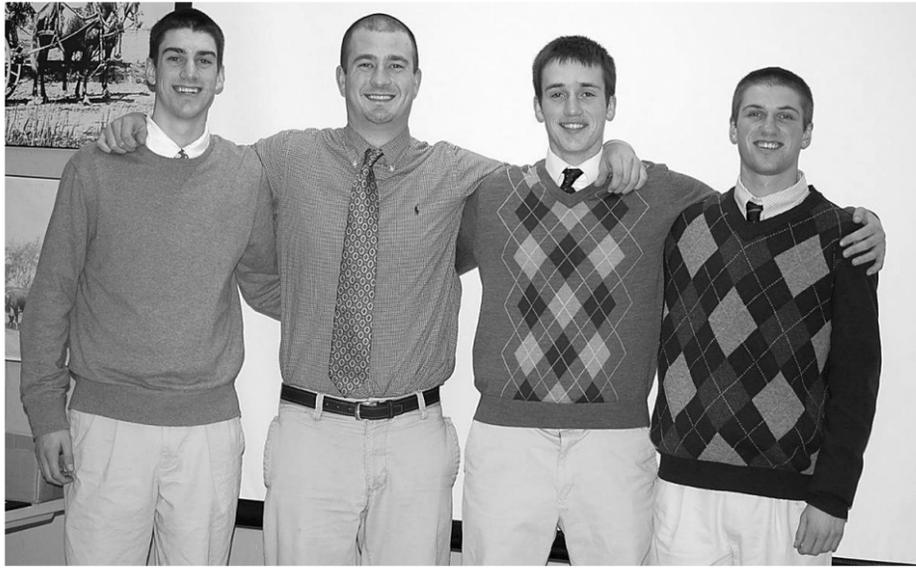


Photo by Pauline Doane

Cape Elizabeth High School senior basketball players, far left, Cam Brown, and third and fourth from right, Theo Bowe and Joey Doane, share a proud moment in March with assistant varsity basketball coach, Aaron Spaulding, who also played at CEHS, after all three seniors won the Jim Spaulding Scholarship Award, presented to a Cape senior boy who exemplifies character, commitment and leadership. The award honors Aaron's father, a longtime Cape basketball supporter, youth coach and booster, who passed away in 2004.

By Wendy Keeler

Cape Elizabeth High School athletes now have their minds on spring sports, but many recently earned athletic and academic honors for their performance this winter.

A CEHS athlete made Nordic history this year as the first sit-skier ever to compete in the regional northeastern Nordic championship. Cape fans also got a thrill when the boys' basketball team won the Western Maine Conference Class B championship and made it to the state final. The CEHS boys' swimming team also pumped up fans. The team placed second at the Class A state meet in February, two swimmers captured two state titles apiece, and a boys' relay team broke a Cape record set by one of their coaches. Nineteen senior athletes made All-Academic teams.

Alpine skiing

Alpine racers and first cousins, Jack Barber and Sam Barber, made the Western Maine Conference All-Star team, and skier Peter Governali was named to the WMC All-Academic Alpine team.



New England Nordic Ski Association

Christina Kouros

Basketball

The boys' basketball team received many honors. Theo Bowe won the WMC Class B Pierre Harnois Award for outstanding play and sportsmanship. A member of the WMC All-Academic team, Bowe also made the WMC Class B All-Conference first team and was a Robert E. Butler Award finalist and a semifinalist for the Maine Association of Basketball Coaches' Mr. Basketball Award.

Cam Brown was named to the All-Conference second team. Bowe, Brown and Joey Doane were selected to play in the Western Maine Conference All-Star game March 8 at Southern Maine Community College in South Portland and in the Maine McDonald's All-Star Game March 12 at Husson College in Bangor.

Girls' basketball player Emily Donovan, who was named to the WMC All-Conference first team, was invited to play in the Western Maine Conference All-Star game March 8 at SMCC and the Maine McDonald's All-Star Game March 12 in Bangor.

Ice hockey

Four boys' hockey players were named to Class B West All-Star teams: Nick Breed to the first team, Vinny Dell'Aquila and Wilson Laprade to the second team, and Kirby Saari to the All-Rookie Team. Laprade was the second-highest scoring WMC defenseman, and among WMC forwards, Breed had the third highest and Dell'Aquila the fourth highest scoring records. Jake Rosenfield finished third in saves among WMC goaltenders. Will Bollenbach made the All-Academic team.

Cape sophomore Hannah Dineen, a forward on the combined Cape-Waynflete ice hockey team, made the All-West first team.

Nordic skiing

Two Cape Nordic skiers, Lexi Weatherbie and Dana Hatton, were named to the WMC All-Star team, and Skyler Dunfey made the WMC Nordic All-Academic team.

Christina Kouros made history twice in mid-March at the Eastern High School Nordic Championships at Black Mountain in Rumford. She is the first sit-skier ever to compete in the championships, in which top teams from the Northeast compete, and she also was crowned champion in the EHSC's first ever sit-ski event.

'Vote for Christina!'

Kouros has been making headlines online, too. After her siblings Alex and Anastasia posted a homemade video about her on www.highschoolsports.net, a website for high school athletes, Christina was selected as one of nine "Ultimate Athlete" finalists. In

—see ALL-STARS, page 17

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Alpine duo among top five

Cape Alpine skiers Devon Lathrop, left, and Madison Sarka, posing March 19 during the Francis Piche Invitational Championship at Gunstock Mountain in New Hampshire, finished the season in the top five of Maine 9-11-year-old skiers. Madison, a Cape Middle School fifth-grader, came in fourth among girls, and Devon, a Pond Cove fourth-grader, ranked fifth among Maine boys.



Travel soccer registration runs through May 1

The Cape Elizabeth Soccer Club will hold online registration for boys' and girls' fall travel soccer April 11-May 1. The program is open to 8- to 14-year-old players. Practices begin in August, and practices and games, which usually total three or four days a week, continue through October. Teams are divided by age, not grade. Players must turn 8 before Aug. 1, 2011. Go to the CESC website, www.capeelizabetsoccerclub.org to learn about age brackets.

A \$150 registration fee covers players' uniforms, field and referee costs, and tournament fees. The club will hold assessments in May to form teams; details will be announced after registration has closed. Late registrations will be taken if rosters are not full, but there is a \$35 late fee. Register on the CESC website.

Contact Mike O'Connor at 767-5860 or president@capeelizabetsoccerclub.org for information.

All-Stars

Cont. from page 16

the past two weeks, hundreds of emails with the subject line, "Vote for Christina!" have been sent around town. One Cape sixth-grader voted 2,000 times in one day for Kouros.

The athlete with the highest number of online votes wins. Go to www.highschoolsports.net/month/cape-elizabeth-cape-elizabeth-christina, click on 1 for "Girl Sports Month Vote," and then click on Christina's video to vote. People can vote as often as they want throughout April. If Kouros wins, Maine's Nordic program will receive funds to make sit-skis available to every high school in the state.

Swimming

The boys' swim team finished second in the state in Class A on Feb. 22 at Bowdoin College, where Marcus Cloutier won state titles in the 200 individual medley and 100 freestyle, and Evan Long captured the 50 and 200 free titles. The two, along with Paul Wennberg and Wes Richards, a first-time CEHS swimmer this winter, broke a

school record in the 200-free relay that assistant swim coach Dave Croft set during his years swimming for CEHS.

Cloutier was named to the Maine Swimming League's All-State Swim team in the 200 individual medley, the 100 freestyle, and the 400 free relay. Long was named to the team in the 200 medley relay, the 200 freestyle, the 50 freestyle and the 200 free relay, and Kevin Flathers made the All-State diving team.

In the Southwesterns-North meet on Feb. 12 in Westbrook, Abby Armstrong won a swimming award and scholarship from the Southern Maine Swim Officials Association. Armstrong also was named to the WMC All-Academic team along with Wennberg, Tory Etzel, Lindsay Rand, Brendan Stewart and Tim Takach.

Indoor track

In indoor track, the WMC girls' All-Star second team included Kelsey Barton in the 1 mile and Rachel Nichols in the 2 mile. Nichols, Barton, Karyn Barrett, Allyson Boyington, Kelsey Maguire, Joe Long, Jack McDonald, Matt Miklavic and Jack Queeney made the WMC All-Academic team.

Sterling Weatherbie's team wins nationals!



Cape hockey player Sterling Weatherbie displays the USA Youth Hockey Tier II trophy that his Casco Bay bantam U14 team, the Casco Bay Mariners won on April 3 in Williamsville, N.Y. The team scored 45 goals and let in only one in six games at the tournament, held March 30 through April 3. Sterling's father, Dave Weatherbie, right, is one of the team's coaches.

Cape Elizabeth hockey player Sterling Weatherbie and his bantam Casco Bay Hockey team won the USA Youth Hockey Tier II national tournament for boys 14 and under on April 3 in Williamsville, N.Y. Weatherbie's team scored 45 goals and let in only one during six games in the tournament, held March 30 to April 3.

Weatherbie was the tournament's sec-

ond highest scorer, with 10 goals and 10 assists.

In addition to playing hockey, Weatherbie, a freshman at Cheverus High School in Portland, plays soccer year round through Seacoast United U.S. Soccer Developmental Academy in Hampton, N.H. Three nights a week, he practices with his Seacoast teammates in Epping, N.H.

Babe Ruth baseball registration set for April 25

Registration for Cape Elizabeth's Babe Ruth baseball league will be held from 6 to 7 p.m. Monday, April 25, at the Community Center. Cape kids born between May 1, 1995, and April 30, 1998, are eligible.

A completed registration form, a \$100 registration fee, and a copy of the player's birth certificate will be required at registration. Contact Dan Sullivan at sull@maine.rr.com for more information.

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www.capeelizabetsoccerclub.org

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Please note that registrations received after May 1, 2011 will be subject to a late fee and availability

Stressenger

Cont. from page 1

dent achievements.

Next up? A team of judges will visit Pond Cove, where Stressenger has taught for 26 years, to observe her in the classroom, tour the school and meet with teachers, administrators and members of the community. The process wraps up with Stressenger and the other semifinalists making oral presentations before a review panel. Three finalists will be named in August and further interviewed, and the winner will be announced at a surprise school assembly in September.

Preparing all of the materials has been time-consuming, but Stressenger has embraced the experience, considering it, in part, a valuable professional development opportunity.

"It's good to reflect on my teaching, and it seems like a great time to take stock of what this has meant to me all of these years," she said. "I'm enjoying the process of reflecting and where it might lead me - where it might impact my teaching in the future."

For the winner, the work isn't over after the presentation of the award. The Teacher of the Year needs a platform, and Stressenger said she's ready with hers: judging how well a child is learning doesn't begin and end with the score on a standardized test.

"In the process of academic testing that has been increasingly present in public schools, we're losing sight of what makes a well-educated person," she said. "I don't feel that can be measured by a multiple-choice test."

Stressenger has a bachelor's degree from Tufts University's Eliot Pearson Department of Child Study and began at Cape Elizabeth as



Ingrid Stressenger with a display of Pond Cove projects that she presented as part of a recognition event for Teacher of the Year nominees last month in the Hall of Flags in Augusta.

Photo by Bill Stressenger

a kindergarten teacher. That education and experience suggests to her that many people take too narrow a view of what school is all about.

"We're not just educating the intellect," she said, "we're also helping kids along the path of emotional and social development - and I fear we are shortchanging kids in this area."

Making a personal connection with a student is key, she said. "One of the most important things a teacher can do is get an understanding of who a child is, what makes him tick, and really be able to tap into that. It makes a student more willing to partner with you in learning and feel that they can do things! I want them to suspend the disbelief in themselves and to be patient with themselves."

Another important quality in a good teacher, said Stressenger, is being able "to teach something in more than one way, to recognize that if one way isn't working then you have to find another and then find another and maybe another. The way people learn is fascinating, and I like a good intellectual challenge, so this has always worked for me."

Pinette

Cont. from page 1

post. When she agreed to take the job, she told state officials, "I'm not political. I want to be a good medical advisor."

Pinette's initial career in medicine was as a physician's assistant. In 1996, she felt that she was in a position to go to medical school to fulfill her dream of becoming a doctor. She and her husband, Dr. Michael Pinette, a 1975 graduate of Cape Elizabeth High School, had three children and were expecting a fourth at the time.

Pinette had her fifth child during her last year of residency at Maine Medical Center and said that becoming a doctor made any difficulties in getting there well worth it.

"It was very challenging," she admits, "but I love being a doctor, and I'm really glad I went back to school."

Pinette has lots of experience with balancing a challenging work life and bringing up a family—she has worked full time while being a mom to five kids.

Initially, she will work five days a week in Augusta but hopes that soon she will be able to work at least a couple of days a week in a CDC office in Portland. She noted that a big part of the job involves meeting with federal health officials, and since those meetings often take place in Portland, using the office nearer her home will be more productive as well as more convenient.

Pinette also plans to be able to work as a consulting clinician one day a week at Maine Med, where her husband runs the Maternal Fetal Medicine division.

Until then, her focus will be on the Maine CDC.

"I'm excited about the opportunity, and I hope I can serve all the constituents of Maine in a good manner," she said.

A teacher's adaptability has to extend beyond the classroom, Stressenger added, with the recognition that childhood today is very different from a generation ago.

"I don't want to be a teacher who throws her hands up and says, 'Kids these days, this and that,' in frustration," she said. "I think you have to embrace the fact that things are going to change and evolve. The digital age, for example, is here to stay. So it becomes an interesting challenge to work with that and find a way to provide balance."

If that approach helps lead to Stressenger's being named Maine's top teacher, winning such a prestigious award won't be a novelty for her. In 2000 she was honored with a Presidential Award for Excellence in Mathematics and Science Teaching. That kind of recognition has a value to her that's deeper than a title and a plaque for the wall.

"The nomination, in and of itself, is a huge gift. It allowed me the opportunity to hear from a variety of people about the impact I've had on them as a teacher, a parent, student and colleague," she said. "It's just literally brought tears to my eyes - it's a tremendous gift. And if it ends there, it will have been enough. I've been tremendously touched by all this."

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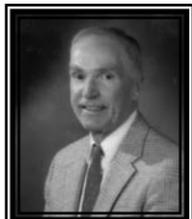
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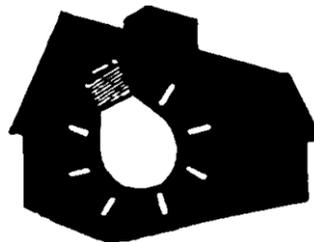
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Cape Eagle Scouts to raise money for Japan on bike trip



Scott Keenan, left, and Andy Marston take a break at Sunday River last winter.

Scott Keenan and Andy Marston, who grew up in Cape and attended Greater Portland Christian School, are about to embark on a 45-day bicycle tour of Japan. The two Eagle Scouts, who will bike with another friend, hope to raise \$10,000 on the trip to donate to the relief efforts of the American Red Cross and Samaritan's Purse in Japan.

"Right now our goal is to raise \$1 per kilometer," Scott said. "The three of us are covering the cost of the ride completely on our own, so 100 percent of all donations will go directly toward the relief efforts."

Keenan, 25, a graduate of Hillsdale College in Hillsdale, Mich., now lives in Cambridge, Mass., where he is an environmental consultant. Marston, 24, who graduated from Taylor College in Upland, Ind., has spent the past two years teaching in Japan, but will return to the U.S. in the summer to marry and start a career in photography and web design.

Go to www.unframedworld.com/category/japan-by-bicycle/ for daily updates on the trip, or to make a donation.

—Wendy Keeler

Cape resident **Lisa Fernandes** recently won an "eco-Excellence Award" from ecomaine, a nonprofit municipally-owned recycling and waste-to-energy operation, for creating Portland Maine Permaculture, a group at www.meetup.com/portland-permaculture that has grown from seven members to 1,000 in three years. "Permaculture is the harmonious integration of the landscape with people providing their food, energy, shelter, and other material and nonmaterial needs in a sustainable way," said Susannah Sanfilippo, one of the people who nominated Fernandes. Twenty-one communities, including Cape Elizabeth, own ecomaine.



Cape Elizabeth resident Lisa Fernandes

Samuel Eisenberg and **Samuel Naseef** were named to the fall dean's list at Worcester Polytechnic Institute in Worcester, Mass., where they are freshman.

Cape photographer **Joanne Lee** will host a pet-portrait fundraiser benefiting the nonprofit organization, Lucky Pup Rescue, from 10 a.m. to 2 p.m. on Saturday, April 30, at her studio, 91 Ocean St., in South Portland. Dog owners who pay \$25 will get a 5-by-7-inch portrait of their dog after a 15-minute photo session.

Lee recently won the 2011 Maine Photographers' Association's Judges Award for her work, "Faithful Companions," which features two German shorthaired pointers. A former music teacher, Lee has been a full-time photographer for six years.



Joanne Lee

Coldwell Banker Residential Brokerage real estate agents **Bruce Balfour**, a Cape resident, and **Mary Walker**, a South Portland resident, recently completed a certification course offered through Cartus, Inc., an international services company that specializes in employee relocation.

Portland resident Lisa Flaim recently joined **Coldwell Banker Residential Brokerage** in Cape as a sales agent.

Ryan Thomas Churchill Green, the son of **Jenny** and **Steve Green**, was born Jan. 26 at Maine Medical Center in Portland. Ryan's maternal grandparents are John and Elizabeth Boggs of Lexington, Ky., and his paternal grandmother is Pauline Green of Nottingham, England.



Ryan Thomas Churchill Green

Scott Lamer, a 1998 graduate of Cape Elizabeth High School, will participate in Climate Ride 2011 on May 13. With more than 100 other participants, Scott will pedal his bicycle 300 miles from New York City to the steps of the U.S. Capitol in Washington, D.C., over the course of five days to raise money for nine green organizations, increase climate change awareness, and showcase the latest innovations in clean, renewable energy.

Go to <http://climateride.donordrive.com/participant/scottlamer> for more information about the fundraiser, or to donate.

Megan Lubetkin was named to the winter-term dean's list at Choate Rosemary Hall in Wallingford, Conn.

Cape resident **Una Donegan** was named to the fall-semester dean's list at Tufts University in Medford, Mass. She is a 2009 graduate of Cape Elizabeth High School.

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THE 3.8% TAX ON HOME SALES

There has been a lot of talk lately about a new 3.8% tax on home sales. Effective January 1, 2013, a 3.8% tax on income from *all* interest, dividends, rents (less expenses), and capital gains (less capital losses), is intended to help fund health care. Therefore, there is the *potential* a 3.8% tax will be imposed on *some* income generated from *some* homes sales.

For this tax to affect the sale of your personal residence, in which you have lived at least 2 out of the 5 years prior to its sale, you must:

- have a yearly income of in excess of \$200,000 as an individual or \$250,000 as a couple; *and*
- realize a gain on the home's sale in excess of the capital gains exclusion, currently \$250,000 for individual taxpayers or \$500,000 for couples.

Only the amount in *excess* of the capital gains exclusion may be subject to this 3.8% tax, *not* the entire sales price of the home.

Please seek the advice of your attorney and/or accountant.

JENNIFER DeSENA
CRS, ABR, SRES
Associate Broker, Realtor

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