

The Cape Courier

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After intense council debate, Robinson Woods II funding intact

By Patricia McCarthy

A controversial proposal to reconsider the town's \$350,000 pledge toward the purchase of an extension of Robinson Woods failed July 11 after the Cape Elizabeth Town Council deadlocked 3-3 on the issue.

Several councilors wanted to reconsider the pledge because town officials and members of the Cape Elizabeth Land Trust – which is purchasing the roughly 63 acres of open space – have failed to reach an agreement on using part of CELT's land in the area for a portion of the Shore Road pathway project.

Councilors in favor of the reconsideration, led by Anne Swift-Kayatta, said routing the pathway through a part of Robinson Woods would preserve trees and save the town as much as \$100,000 on the cost of building the pathway.

The town is only seeking to use a "sliver" of the woods, Swift-Kayatta said, but she said some leaders of CELT were being "dogmatic" and "uncompromising" in turning down the town's proposal.

"There was no serious effort to address the town's very fair request," she said.

Swift-Kayatta dismissed CELT's argu-

ment that an easement the group had granted on the property prevented town use of the property for the path. She said her interpretation, after consulting with lawyers, was that CELT had much more latitude on allowing use of the property than the trust's officials indicated in discussions with town officials.

Swift-Kayatta also argued that much of the property that CELT was seeking to buy – referred to as Robinson Woods II – is undevelopable due to extensive wetlands. She noted that a committee of the Land for Maine's Future program recently assigned the purchase a low priority.

Councilor James Walsh also favored reconsideration and said the town had significantly cut back the amount of CELT property it is seeking to use for the path in Robinson Woods I. He said the original request two years ago sought about 7,000 square feet, and the latest proposal, discussed during a CELT-council workshop last month, asks for about 875 square feet.

But other councilors said the original measure allocating the money only asked CELT to discuss the possibility of routing

See PLEDGE, page 6

Naturally, she creates an ordered wilderness



Lifelong Cape Elizabeth resident Martha Agan has earned wildlife habitat certification for her yard on Ocean Avenue through the National Wildlife Federation by cultivating various habitats around her property. One example is a butterfly garden where she plants specific flowers and leaves food (see orange in fresh water, upper right) to encourage butterflies. The top of a birdbath (bottom right) creates a ground-bird habitat that toads, salamanders and other night creatures enjoy as well.



Photos by
Noah
Whittenburg



By Patricia McCarthy

Martha Agan knows that a beautiful landscape can be created without harming the environment in the process.

Agan, who lives on Ocean Avenue, has been putting together a yard that is inviting to wildlife and green in every sense of the word. It requires equal parts work, research and attitude.

"You can do this if you are less concerned about having a 'perfect' yard," Agan said. "I feel like coming here is

more like visiting a park than a yard."

What got Agan and her property to this point is a mixture of her background and circumstances. She earned a degree in environmental studies from the University of Vermont and worked at Acadia National Park, where she led boat cruises, mountain hikes and seashore walks. Along the way, she got interested in whales, researching their songs, and later worked at the Gulf of Maine Aquarium.

She has worked at marinas and for the

Maine Audubon Society, but four years ago, she began getting sick and suffering from seizures. The illness seemed to affect her only in the summer and she ultimately determined it was related to a product she was using on her two dogs.

That discovery led her to think about the products people use on everything, including lawns and gardens.

"I think everybody should rethink what they use," Agan said, who finally

See NATURAL, page 18

Democrats select Monaghan-Derrig to face Thompson for Dill's seat

By Patricia McCarthy

Kimberly Monaghan-Derrig has been chosen as the Democratic candidate to square off against Republican Nancy Thompson in an Aug. 16 special election for the state House seat in District 121.

Monaghan-Derrig was chosen unanimously in a party caucus on July 7, said Jamie Wagner, chair of the Cape Democrats.

The two are running to replace Cynthia Dill, a Democrat who resigned after winning a special election for state Senate District 7 in May. Dill was elected to replace Democrat Larry Bliss, who resigned in April to take a job in California.

District 121 encompasses most of Cape Elizabeth, except for the northwestern corner of the town.

Monaghan-Derrig is a Cape native and was elected to the Cape Elizabeth School Board last fall. She is a communications and marketing professional, co-chair of Cape Advocates for Public Education and a volunteer for many community organizations.

She has a bachelor's degree from the University of Maine and is working on a



Kimberly
Monaghan-Derrig

See ELECTION, page 6

Council to discuss if remaining 1993 town center goals are worth pursuing

By Patricia McCarthy

In the past 18 years, the town has added sidewalks to Route 77 and adopted design standards for the town center.

It also has revamped the flow of school traffic and highlighted the crosswalks on the main street through town.

Those are among 37 goals for the town center that were adopted in 1993, but many of the loftier goals – such as a town green and underground utility lines – were never achieved.

Now the Town Council will review those

remaining goals and try to decide whether they're still desirable or feasible.

The council last month agreed to hold a workshop on the unfulfilled goals but did not set a date. The action came after Councilor Jessica Sullivan gave her colleagues an update on the plan and pointed out what had, and hadn't, been done.

The new sidewalk along Scott Dyer Road and Ocean House Road is one of the more visible achieved goals, although Sullivan pointed out that even that represented only

a portion of a more extensive network of sidewalks that was originally envisioned.

Other goals were put off due to the cost, and a few were approved but later scuttled by subsequent councils before any work had started, Sullivan noted in a report prepared with Town Planner Maureen O'Meara.

That latter category includes goals to designate historic structures in the town center, encourage preservation, and require that outside alterations be done in a way to preserve architectural features and historic

character.

The council adopted ordinances to achieve those goals, but in 1999, another council reversed that action.

Other goals were rejected by the council before they got too far along, such as redesigning the Route 77/Scott Dyer Road/Shore Road intersection. A redesign plan was developed, but turned down by the council three years ago.

Others never seemed to get anywhere,

See GOALS, page 6



The Cape Courier
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 We welcome letters to the editor. Maximum length: 250 words. We reserve the right to refuse letters and do not withhold names. Letters reflect the opinion of the author, not *The Cape Courier*. Email letters to: *editor@capecourier.com* or mail to P.O. Box 6242, Cape Elizabeth, ME 04107. **Please note:** Because of possible errors in transmission, letters sent via email will be acknowledged to confirm receipt. Contact us if your emailed letter is not acknowledged. We reserve the right to edit accepted submissions.

NEXT ISSUE: August 3
DEADLINE: Noon, July 22

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Monaghan-Derrig ‘the right choice’ for Augusta

It is a privilege to live in a town where such talented and committed citizens consistently run for public office. On Aug. 16, we will have two such individuals running for the House District 121 seat.

Kim Monaghan-Derrig and Nancy Thompson share many qualities. They are both successful professional women (Kim in communications and marketing, Nancy in the insurance industry). They both have given countless volunteer hours to organizations that continue to make this town a place we all want to live. My family and I have benefited from their efforts, and I am proud to know both of them.

My decision to vote for Kim Monaghan-Derrig is based on the current political environment in the state and my concern that it is already negatively impacting our town. I have had enough of the “kiss my butt” lan-

guage and actions by our governor and the Republican-controlled Senate and House. The things that make this town special – high-quality education, careful use of natural resources, commitment to open space and careful planning, a consistent balance between revenue and expenditures maintained by excellent town leaders and volunteers – are threatened by the one-sided approach in Augusta.

Electing Kim Monaghan-Derrig is the right choice. She has the education and experience to work for quality public education, to support job growth and development through sound measures rather than by dismantling our environmental regulations, and to take a common sense and respectful presence to Augusta to represent our town.

Martha Palmer

Teacher/coach urges support for Thompson

It is with great pleasure I write this letter in support of Nancy Thompson. As a teacher and coach of three varsity sports at Cape Elizabeth High School, I have been fortunate to meet many great parents; Nancy Thompson is one of the best.

In my 15-plus-year relationship with Nancy, I have consistently been impressed with her level of commitment to everything she does. Everyone who knows her can testify to her professionalism, enthusiasm and total dedication to her family and the community.

Nancy has always been a strong supporter of our schools and has always wanted what was best not only for her children, but also for all children in the school system.

Nancy is an amazing woman. In 2004, her son Timmy tragically died. Nancy’s

concern for her family, Timmy’s friends and teammates and the community as a whole was one of the most amazing and selfless gestures I have ever seen. Nancy put aside her grief and pain in order to help a community and family heal. Nancy has used what she has learned through this tragedy and continues to help many others who are battling similar grief. Nancy sits on many boards and assists the police in training for its trauma intervention program.

Nancy continues to help those in need at their greatest time of need, and I strongly feel that Nancy will do the same for this district and her constituents when elected as a state representative. Please vote for Nancy Thompson on Aug. 16

Ben Raymond

Bicyclists grateful for support for Japan trek

Thank you very much for supporting our trek through Japan by following our blog and donating to Samaritan’s Purse and the American Red Cross.

Through your support, we were able to surpass our fundraising goal of \$10,000 to reach a grand total of \$13,092 (noted in the April 13 issue of *The Cape Courier*)! I am overwhelmed by your generosity.

Andrew Marston, Dylan Gunning and I thank you from the bottom of our hearts for the love you have shown the Japanese people in this difficult time.

We also made our cycling goal, reaching Cape Soya after biking 3,518 kilometers in 43 days. We had so many wonderful people like you praying for our safety and encouraging us along the way, so thank you

for that as well. In case you weren’t able to follow our trip blog on Andrew’s website, I encourage you to check out the daily posts at www.unframedworld.com/japan-by-bicycle. Andrew will be continuing to post interesting travel and photography material on that website as well.

Compared to camping in Japanese parks, our lives are back to somewhat normal. Andrew is back safely in Fukuoka preparing for his wedding this fall. Dylan and his wife just moved from Montreal to Ottawa. I’m back at work in Boston telling the stories of my adventure, that is beginning to feel like it was only a nice dream.

Once again, thank you all so very much for your support, and God bless you.

Scott Keenan

Reader concerned about actual number of trees to be cut for pathway

In response to concerns about changing the character of Shore Road, the Shore Road Sidewalk Committee and its proponents repeatedly stated that “only” 31 trees would be cut down over two miles.

Now 26 trees in a one-tenth-of-a-mile stretch on the Cape Elizabeth Land Trust land near Lawson Road are marked with orange surveyor tape. Granted a few of the trees grow out of a single root system and stump, but within about 1 foot of the ground, they branch out into separate trees. These trees are identified as trees most likely to be removed for construction of the sidewalk.

Do the town and the Shore Road Path Committee and its proponents really expect us to believe that only five more trees will be cut down over the remaining 1.9 miles?

Enjoy the shade of Shore Road when you walk, jog or bike because that shade won’t be there after the sidewalk is constructed.

Gail Atkins

Notice about publication of letters during election season

The Cape Courier is not able to publish all letters received in support of candidates before elections. No more than one letter of support for any particular candidate, received by deadline, will be published in any single edition of *The Cape Courier*.

Letters should be no longer than 250 words. Writers submitting significantly longer letters should expect that their letters may be edited for length if published.

The best method of letter submission is email. All letters submitted by email should be sent to the editor at: *editor@capecourier.com*. Letters received by the editor by email will be acknowledged by return email, usually within 24 hours.

A letter that remains unacknowledged should not be assumed to have been received, but should be resubmitted or followed up with a phone call or email to *The Cape Courier*.

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You've likely spotted these stenciled signs around town ...



Photo by Noah Whittenburg

Cape Elizabeth Department of Public Works employees recently painted these notices around town using stencils. The signs are part of the education component of state and federal stormwater mandates for towns, explains Town Manager Michael McGovern. The signs were painted in all areas of town that drain to Casco Bay.

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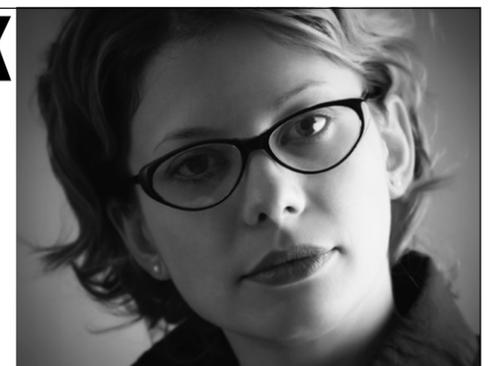
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HAPPY SUMMER!

Theft, weird squirrel, found bones: Police deal with a little of everything this summer

Reported by Debbie Butterworth

COMPLAINTS

- 6-22 An officer responded to a residence in the Eastfield Road area for complaints of a loud party with underage drinking.
- 6-22 An officer met with a resident of the Kettle Cove area about a strange-acting squirrel that had contact with the plaintiff's dogs. The squirrel was destroyed.
- 6-22 An officer met with a resident of the Scott Dyer Road area about a theft of money.
- 6-25 An officer met with a representative of a local business who turned over some used drug paraphernalia that was found on the property.
- 6-27 An officer met with a resident of the Fowler Road area about the theft of firewood.
- 6-27 An officer met with a resident of Massachusetts who reported his vehicle was vandalized while parked in the Bowery Beach Road area. Two tires were punctured and had to be replaced.
- 6-27 An officer met with a visitor at Fort Williams Park who reported finding possible human bones in the beach area. The medical examiner's office was contacted, and it was determined that the bones were nonhuman.
- 6-27 An officer met with a ranger at Fort Williams who turned over a briefcase found inside the fort. The owner was identified and contacted, and property was returned.
- 6-28 An officer responded to a residence in the Ocean House Road area for a well-being check.
- 6-29 An officer met with a resident of the Spurwink Avenue area about a burglary complaint. Nothing appeared to be missing at the time.
- 6-29 An officer met with a representative of a local business about a criminal trespass complaint.
- 6-30 An officer spoke with a resident of the

- Broad Cove area about a landlord/tenant issue.
- 6-30 Two officers responded to a residence in the Two Lights Road area for a possible attempted burglary in progress.
- 6-30 An officer met with a resident of the Scott Dyer Road area who turned over a wallet he had found on Route 77. The owner was contacted and wallet returned.

SUMMONSES

- 6-21 Portland resident, operating with suspended registration, Ocean House Road
- 6-21 Cape Elizabeth resident, cultivating marijuana, possession of drug paraphernalia, Fowler Road
- 6-21 Cape Elizabeth resident, littering from a motor vehicle, Shore Road, \$165
- 6-21 Portland resident, uninspected vehicle, failure to produce insurance, Ocean House Road, \$304
- 6-22 Cape Elizabeth resident, operating under the influence of alcohol, speeding, Spurwink Avenue
- 6-22 Auburn resident, speeding (41/30 zone) Shore Road, \$137
- 6-22 Cape Elizabeth resident, escape from custody, possession of alcohol, Eastfield Road
- 6-22 Cape Elizabeth resident, furnishing a place for minors to consume alcohol, Eastfield Road
- 6-25 Cape Elizabeth resident, domestic violence assault, Ocean House Road N.Y. resident, seatbelt violation, Route 77, \$70
- 6-27 Cape Elizabeth resident, uninspected vehicle, Wells Road, \$133
- 6-27 South Portland resident, failure to produce insurance, Route 77, \$171
- 6-28 South Portland resident, possession of alcohol by consumption, Purpodock Club
- 6-28 South Portland resident, possession of alcohol by consumption, Purpodock Club

- 6-28 South Portland resident, possession of alcohol, Purpodock Club
- 6-28 South Portland resident, possession of drug paraphernalia, Purpodock Club
- 6-28 South Portland resident, possession of alcohol by consumption, Purpodock Club
- 6-28 Portland resident, speeding (44/30 zone) Sawyer Road, \$137
- 6-28 Portland resident, operating after license suspension, Ocean House Road, \$310
- 6-29 South Portland resident, uninspected vehicle, seatbelt violation, Spurwink Avenue, \$443
- 6-29 Scarborough resident, uninspected vehicle, Ocean House Road, \$133
- 6-29 South Portland resident, failure to produce insurance, Bowery Beach Road, \$171
- 7-2 Old Orchard Beach resident, operating after license suspension, Route 77, \$310
- 7-3 California resident, uninspected vehicle, failure to produce insurance, Shore Road, \$304
- 7-4 Portland resident, speeding (61/45 zone), failure to produce insurance, Bowery Beach Road, \$356
- 7-5 Georgia resident, possession of alcohol by consumption, Patricia Drive

ACCIDENTS

- 6-23 Christopher Koerner, accident on Shore Road

ARRESTS

- 6-21 Cape Elizabeth resident, warrant, failure to appear on violation of protection orders, Mitchell Road
- 6-21 Cape Elizabeth resident, cultivating marijuana, Fowler Road
- 6-22 Cape Elizabeth resident, operating under the influence of alcohol, Spurwink Avenue
- 6-25 Cape Elizabeth resident, domestic violence assault, Ocean House Road

FIRE CALLS

- 6-24 Alewife Cove Road, fuel leak
- 6-25 South Portland Mutual Aid
- 6-25 South Portland Mutual Aid
- 6-27 Sawyer Road, brush fire
- 6-28 Mountain View Road, fire alarm
- 6-29 Cape Woods Drive, fire alarm
- 7-1 South Portland Mutual Aid
- 7-2 Shore Road, animal rescue

RESCUE CALLS

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Refinancing frees up money to acquire land

The town has refinanced bonds that were issued in 2001, cutting the interest rate by more than half.

The town refinanced the bonds, which originally were used to pay for a renovation of the Public Safety building, the Community Center and other projects, at 2.04 percent interest. The original bonds had carried an interest rate of 4.79 percent.

The interest rate cut allowed the town to

borrow \$200,000 for land acquisition without any additional debt service expense.

Town Manager Michael McGovern also said that the town's credit ratings by Moody's and Standard & Poors have been reaffirmed. Moody's gave the 2011 bond an Aa1 rating, and Standard & Poors gave it an AA+ rating. Both services also issued the same ratings for the town's \$20.2 million in outstanding debt.

Town hires new harbormaster to succeed Long

Walter Gibson took over as Cape Elizabeth's harbormaster on July 1.

Gibson, a military veteran with a Merchant Marine and U.S. Coast Guard captain's license, is from Saco. He succeeds Roger Long, the harbormaster since 2005, who has retired to sail the East Coast and contribute articles to the e-magazine, sailboatowners.com.

Gibson, whose appointment was announced by Police Chief Neil Williams,

also operates a sports fishing charter service, WickedGoodOutdoors.

The harbormaster issues mooring permits and renewals for Cape Elizabeth's waters. The position is part-time and has a stipend of \$3,305.

Williams praised Long for his work organizing and computerizing the town's mooring permit system, including establishing GPS coordinates for all moorings.

Videos promote awareness of water quality issues

A pair of videos highlighting efforts to promote better water quality are airing on the town's public access cable television channel this summer.

The videos will be shown daily on CETV, which is Channel 3 on Time Warner cable systems.

"After the Storm" is a 22-minute video about the links between water supply and its quality and economic vitality and quality of life. "Working Together for Spill Prevention" is focused on the impact of residential heating oil spills.

"After the Storm" will air at noon daily, with

an additional airing at 6 p.m. beginning Aug. 1. "Working Together" will air at 12:30 p.m., with a 6:30 p.m. airing starting in August.

Neither video will air Aug. 3, when CETV will carry a candidates' night for the state House District 121 campaign.

Both videos are provided by the Cumberland County Soil & Water Conservation District.

The channel is also airing "Ducky Devil," a 30-second spot that portrays how litter and chemicals from lawn treatments flow into the water supply. That will air at various times throughout the day.

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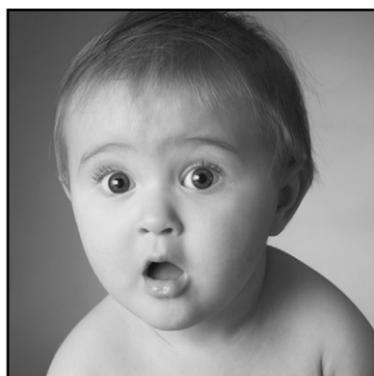
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B2B organizers: We're getting greener; we still need volunteers

Organizers of the TD Bank Beach to Beacon 10K said they're stepping up efforts to recycle and compost more of the waste generated by the Aug. 6 road race and that they'll work to reduce traffic around the event.

Last year, about 58 percent of the waste generated by the event was recycled and composted, officials said, and this year's goal is to increase that figure to 65 percent. Race organizers are working with Athletes for a Fit Planet, a provider of eco-services for athletic events in the United States and Canada.

Fairchild Semiconductor is the race's

green corporate sponsor.

Recycling will be practiced on the course, with recycling facilities and volunteers at the start, at water stations along the course, and at the finish at Fort Williams. In addition, the portable toilets available for runners and spectators will use nontoxic chemicals and recycled toilet paper, and the paint used for the start and finish lines also is nontoxic.

Race organizers this year required all runners to register online, eliminating paper registration forms and conducted most of the communications with runners via e-mail. A program using a website for runners to or-

ganize ride-sharing arrangements is back, and Nike is continuing its "Reuse-A-Shoe" program, in which old running shoes are collected at the race Expo and ground up to make tracks, playing surfaces, fields and courts.

More volunteers needed

Race officials also said volunteers still are needed to help with parking, the Kids Fun Run on Aug. 5, the clothing check program and water stations along the course.

Volunteers can sign up online at www.beach2beacon.org/VOLUNTEER.



Photo by Ann Kaplan

Cape Elizabeth Public Works department employees installed mile markers along the Beach to Beacon 10K course on July 6. The 14th annual race from Crescent Beach to Fort Williams will be run Aug. 6 this year.

Pledge

Cont. from page 1

part of the pathway through the Land Trust's property. Since those talks were not producing the outcome some councilors sought, Council Chair David Sherman said, some councilors were seeking to rewrite the deal.

"The reason why citizens are upset or accusing the council of going back on its word is because that's exactly what's happening," Sherman said, adding that the proposal to reconsider had "personally upset" him.

Sherman also turned to the town's comprehensive plan, noting that it repeatedly mentions preserving open space as a key town goal and specifically suggests a partnership with CELT to meet that goal.

Before the vote, CELT officials said they felt boxed into a corner.

Ted Darling, the Land Trust board's president, said if CELT reversed course in the face

of a threat to withdraw funding, it could destroy the organization's credibility. He said landowners who sell property to the trust often add restrictions to bar some uses, such as snowmobiling or hunting, and the organization needs to comply with those wishes.

And Chris Franklin, CELT's executive director, said he regretted that the organization's "decision to manage our properties with the conservation restrictions placed upon them has become a reason for some to consider CELT uncooperative or unreasonable."

Darling and Franklin said that CELT remains willing to continue to discuss the issue with the town.

Councilors voting to reconsider the pledge were Swift-Kayatta, Walsh and Jessica Sullivan. Voting against reconsideration were Sherman, Frank Governali and Caitlin Jordan. Councilor Sara Lennon was absent. The tie means the motion to reconsider failed, leaving the council's original decision intact.

Election

Cont. from page 1

master's degree in public policy and management from USM's Muskie School of Public Service.

"I believe the only way to stop the agenda that the (Gov. Paul) LePage administration is pushing is to elect people like myself, who are willing to challenge the misguided priorities of Gov. LePage and the current majority," Monaghan-Derrig said after receiving the nomination. "I have lived through nine Maine governors to date and I can say without a doubt that this current governor has taken our great state of Maine backwards - not forward. His administration is about pushing extreme policies based on ideology, not what is best for Maine and certainly not what is best for Cape Elizabeth."

She said her top goals are to create policies that lead to job growth, support public education, enhance the vibrancy of Cape Elizabeth and the state, and bring "common sense views" to Augusta.

Thompson has also said she would support job growth and education and called for reform of the state's tax policies to protect senior citizens.

Candidates Night

What: AP government students of Cape Elizabeth High School's Class of 2012 will put on a forum so candidates in the state House District 121 seat race can answer citizens' questions.

When: 6:30-7:30 p.m., Aug. 3

Where: Town Hall; also televised live on CETV Channel 3. Viewers may call in with questions.

"We're really excited about Kim running. She has very relevant experience in the fields of education policy and economic development," Wagner said. "She's a life-long Cape resident and knows all aspects of the community and the breadth of people here - farmers, fishermen and professionals. She knows everybody and is well suited to listening to a lot of different perspectives."

Both Monaghan-Derrig and Thompson have said they will be Maine Clean Election candidates. They'll raise a small amount of contributions and then receive state funds and abide by spending limits in the campaign.

Goals

Cont. from page 1

such as the proposal to bury utility lines. Sullivan said that was never done because of costs, apparently the same reason the goal of possibly developing a new road to "lessen the linear orientation of the town

center" never got to the level of meriting a serious discussion.

Other unaccomplished goals include an evaluation of allowing on-street parking along one side of part of Route 77 and asking the Maine Department of Transportation to reduce the speed limit through the town center on the same road.

A goal of looking at relocating the northern entrance into the Pond Cove Shopping Center from Route 77 to Jordan Way never seemed to gain any traction, along with enhancing the Fowler Road/Route 77/Old Ocean House Road intersection into a town center gateway.

Similarly, the idea of creating a town green or common space somewhere between Town Hall and the shopping center and connected to pedestrian paths was adopted as a goal but was never followed up. A separate but related goal was to look at turning the front of the shopping center into a grassy open space, probably in connection with the town green. That, too, was never done.

None of the councilors voiced an opinion on the desirability or feasibility of following through with any of the goals, especially in light of tough economic times, but they seemed to suggest that the council has an obligation to make a decision on some of the ideas, rather than leave them unresolved.

"It would be helpful for the council to put this issue to a workshop in the future to evaluate whether we ought to move forward with any of these recommendations that haven't been implemented," said Council Chairman David Sherman Jr.

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~ Jim Rowe

“I’ve known Nancy for over 20 years and worked with her on many community boards and projects. She is a consensus-builder, a tireless and passionate advocate for our youth and mental health services, and a true champion of our schools and educational excellence.”

~ Patty Grennon

“As a former Representative from Cape Elizabeth, I know what it takes to be an effective legislator. Nancy Thompson has compassion, drive, business experience and a balanced view of the issues. She clearly has what it takes.” ~ Jean Ginn MArvin

NANCY'S RECORD OF COMMUNITY SERVICE

- Cape Elizabeth Education Foundation (CEEF), Board Member (2007-2010)
- Cape Elizabeth school parent volunteer for 21 years
12 years CCD teacher, St. Bartholomew's Church
- Cape Elizabeth Soccer, Basketball and Lacrosse Boosters (1995-2009)
- Founder of the Annual CEEF Thompson Award and the CEHS Lacrosse Team Spirit Award in memory of Timmy Thompson
- Past President, Junior League of Portland. Active member for over 20 years and President's Award recipient
- Trainer, “Trauma Intervention Program Volunteers,” Portland Police Department
- Executive Board Member and Vice-President-Elect, Center for Grieving Children, five years
- Advisory Council, Maine Youth Suicide Prevention Program
- National Alliance on Mental Illness: Speakers' Bureau for “Voices of Suicide Survivors,” and Presenter for the Crisis Intervention Training for police departments throughout Maine
- Recipient of the “Volunteers of America Award,” State House, Augusta

VOTE FOR NANCY THOMPSON ON AUGUST 16!

Stepping into the Sesquicentennial



About 150 years ago, on the eve of the Civil War, the people of Cape Elizabeth were going about their daily business, unaware of the trials to come. Certainly there were signs of trouble brewing, but except for the recent election, it all must have seemed very far away. In recent months, and in the coming months, a Cape Courier series by Ellen Van Fleet follows the development of the war through the eyes of people who lived in Cape Elizabeth in 1861. Cape Elizabeth author Paul J. Ledman's

book, "A Maine Town Responds," will be the main guide. Small entries in the Courier capture the news and concerns as events unfolding outside of Cape Elizabeth thrust their way into the local consciousness.

July 20, 1861 – The body of a man was found floating near the Cape Lights by a pleasure party, last Friday. It is supposed to be one of the two men who left Saco some time since on an excursion, and have not since been heard from. Mr. Chamberlain, of the Ocean House, took charge of the body and gave it burial. [Portland Transcript]

It is estimated that over a thousand horses will leave the State of Maine for

the war. The average price paid for them has been about \$110. [Portland Transcript]

First Regiment – Last advice from Washington states that the First Maine Regiment was paid off on the 12th. A detachment of the Regiment was guarding the house of Mrs. French, on Georgetown Heights, whose husband is connected with the rebels. [Portland Transcript]

The third Maine Regiment forms

the extreme left wing of Gen. McDowell's command. It was stationed last week about two miles from Alexandria, on the road to Mt. Vernon. [Portland Transcript]

Most of the regiments at Washington have been paid off, and the soldiers are sending money home to their friends by express. From 20 to 25 thousand dollars are distributed to each regiment, some of them however, receiving much more. [Portland Transcript]

Wife of Professor Longfellow Burned to Death – At Cambridge, on the 9th inst., Mrs. Longfellow, wife of the poet was using sealing wax to seal some letters, when she dropped a bit of lighted wax on her dress, which caught fire, and before it could be extinguished she was terribly burned... She died at 11 a.m. on the 10th inst... Mr. Longfellow, in endeavoring to extinguish the flames was himself badly burned on the face and hands. [Portland Transcript]

The Victories in Virginia – Gen. McClellan's late victories in Virginia have diffused the greatest joy over the whole country. A renewed confidence is felt in the ability of the government to suppress the insurrection. [Portland Transcript]

July 21, 1861 - The Union Army under Gen. Irvin McDowell suffers a defeat at Bull Run 25 miles southwest of Washington. Confederate Gen. Thomas J. Jackson earns the nickname "Stonewall," as his brigade resists Union attacks. Union troops fall back to Washington. President Lincoln realizes the war will be long. "It's damned bad," he comments. [historyplace.com]

July 27, 1861 - President Lincoln appoints George B. McClellan as commander of the Department of the Potomac, replacing

McDowell. [historyplace.com]

July 27, 1861 - *The Augusta Age* thinks the hanging of one or two of those Maine men who are serving in Jeff Davis's private ships, would be a capital thing. We think so too. [Portland Transcript]

Gen. McClellan's victory at Rich Mountain resulted in the seizure of eight cannon, 800 horses, 2000 muskets, 800 tents and 200 wagons from the enemy. [Portland Transcript]

A Bad Strike – The Birmingham (England) whip-makers have struck against the initiation of women into the art and mystery of whip-making. This striking at women is not very creditable to the craft. [Portland Transcript]

The Three Months Men – The three-month regiments are now about returning from the seat of war, having served out their time. [Portland Transcript]

In the great battle at Bull Run, 35,000 troops were opposed to 80,000 rebels [Portland Transcript]

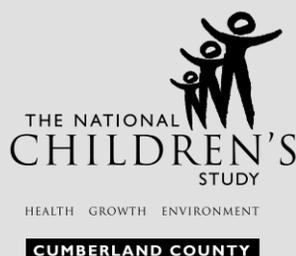
Volunteer regiments

End of July, 1861: A total of 32 men had joined the volunteer regiments from Cape Elizabeth. These men were predominantly young, with an average age of 22.8 years; single and most likely to have earned their living from the sea. Twelve were sailors, seven were farmers, five were skilled artisans, two carpenters, a cooper, a woodcarver and a shoemaker. There was also a clerk, a gardener and a laborer. ["A Maine Town Responds"]



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Coastal Rehab, LLC, recently opened an outpatient clinic at 2 Davis Point Lane in Cape Elizabeth, in the grey building located behind Rudy's. The company, owned by Scarborough resident Nathalie Descheneaux and comprised of physical, occupational and speech therapists, serves the geriatric population. Coastal Rehab formerly provided only at-home services.



Nathalie Descheneaux

Cape resident **Beth Harris-Hess** recently joined Portland-based Solstice Corp. as marketing director. She works out of the firm's Mill Creek office in South Portland. The company makes radiologic imaging markers for the national radiology market. Harris-Hess, who holds degrees in public relations and industrial marketing, manages national branding for Solstice, including sales, public relations, marketing, corporate content and design, public relations, market research and account management.

She lives with her two sons in the Oakhurst neighborhood, where she has an art and photography business, **Wings Rest Studio**.

Randall B. Hobbs, a 2008 Cape Elizabeth High School graduate and a junior at Roger Williams University in Providence, R.I., was inducted into the Beta Gamma Sigma Honor Society for business schools that are accredited by the Association to Advance Collegiate Schools of Business. Fewer than 10 percent of business institutions worldwide have attained the standard of accreditation, and only 10 percent of juniors and seniors from AACSB schools are invited to join the fraternity. Randall was named to the dean's list at Roger Williams for both the fall 2010 and spring 2011 semesters.

Liam Thomas Kelley, the son of Brendan and Samantha Kelley of Denver, Colo., was born on June 16 in Denver. At birth, he weighed 7.01 pounds and was 19.5 inches long.

The baby's grandparents are **Thomas Saturley** and **Ellie Baker** of Cape Elizabeth, Ellen Rome of Portland, and Thomas Kelley and Lucinda White of Freeport.

His aunts are **Hannah Saturley** of Cape Elizabeth and Hannah Kelley. His great-grandparents are Geraldine and Howard Saturley of Concord, N.H. and Jean Chapman of Falmouth.



Liam Thomas Kelley

Cape resident **Kathleen Cramer-Howe**, an agent at the Coldwell Banker Residential Brokerage office on Baxter Boulevard in Portland, has been awarded the National Association of Realtors' "Green Designation" after completing an 18-hour class. The course is designed to give realtors training that will enable them to help clients evaluate the cost and benefit of green building features and practices, distinguish between industry rating and classification systems, list and market green homes and buildings, discuss financial grants and incentives available to homeowners, and help consumers see a property's green potential.

Summertime science



Cape engineering majors are busy this summer: At left, Katie Takach, who is majoring in biomedical engineering at Johns Hopkins University in Baltimore, is studying how a high-fat diet may lead to complications related to diabetes and cardiovascular disease, in a Maine Medical Center internship. At right, Hannah Doss, center, a chemical engineering major at Northeastern University in Boston, and other Maine student interns are working in a laboratory at the University of New England in Biddeford, where treatments for neurological and psychiatric disorders are being developed. Takach and Doss are Cape Elizabeth High School graduates.

Eight students at the University of New Hampshire were named to the dean's list for the spring semester. **Elizabeth Hobbs, Hannah Johnson, Kelley Murphy** and **Jillian Smith** earned highest honors. **Andrew Gibson** and **Sawyer Theriault** earned high honors. **Emily Croft** and **Sierra Rintel** earned honors.

Correction: The July 3 issue of *The Cape Courier* incorrectly stated that Hanna Gillies had recently graduated from college. Gillies graduated in spring 2010 from Champlain College in Burlington, Vt., with a bachelor of science degree in social work. Since the fall, she has been the manager of Hollister, a clothing store in Burlington.

More Neighbors on page 20

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Once obtained, the exemption continues as long as you remain a resident-owner living in the same home. If you sell your home and move to another, you need to reapply. Homeowners can apply at the assessor's office on or before April 1 to be eligible for the coming year.

If you would like a copy of the Homestead Exemption application, please call me, or visit <http://www.maine.gov/revenue/forms/property/apps/homesteadapp.pdf>.

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CAPE CALENDAR

By Wendy Derzawiec
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Thursday, July 21

Thomas Memorial Library Board of Trustees, 6:30 p.m., Thomas Memorial Library

Fort Williams Advisory Commission, 6:30 p.m., Public Works

Tuesday, July 26

Zoning Board of Appeals, 7 p.m., Town Hall chamber

Tuesday, August 2

Planning Board Workshop, 7 p.m., William H. Jordan Conference Room, Town Hall

Wednesday, August 3

House District 121 Candidates Night, 6:30 p.m., Town Hall chamber. Sponsored by the Cape Elizabeth High School advanced-placement government class

Ongoing each week

Al-Anon, Newcomers' meeting, 6:15 p.m., regular meeting 7:30 p.m. **Thursdays**, at United Methodist Church, 280 Ocean House Road (Route 77). Regular meeting 7 p.m. **Fridays** at St. Alban's Episcopal Church, 885 Shore Road.

Alcoholics Anonymous, 2 p.m. **Saturdays**,

First Congregational Church, 301 Cottage Road, South Portland; 7 p.m. **Wednesdays**, St. Bartholomew Church, 8 Two Lights Road; 7 p.m. **Fridays**, St. Alban's Church, 885 Shore Road.

Cape Elizabeth Historical Preservation Society, 9 a.m.-noon **Thursdays**, except holidays, storm days, Thomas Memorial Library, 6 Scott Dyer Road. Volunteers assist with info searches. Public welcome.

Cape Elizabeth Lions Club, 6:39 p.m., **first and third Tuesdays** (except July and August) at the Bowery Beach Schoolhouse, head of Two Lights Road. For more information about the club, contact president Steve Hayes, 799-4610, or Bruce Balfour, 831-0166.

Fire-Police meetings, 7 p.m. **third Thursday** of each month except July and August at the Cape Elizabeth Police Station, 325 Ocean House Road.

The South Portland/Cape Elizabeth Rotary Club, each **Wednesday** at 6:15 p.m. at the Purpoodock Country Club on Spurwink Road in Cape Elizabeth. Contact Joan Frustaci club president, 767-2490, for more information.

Land Trust's first annual Tri for Preservation Triathlon and Aquabike planned August 21

Cape Elizabeth Land Trust plans its first annual Tri for Preservation Sprint Triathlon and Aquabike on Sunday, Aug. 21. The fundraiser, which will benefit land conservation in Cape Elizabeth, will start at Crescent Beach State Park and will feature an ocean swim in Kettle Cove. Presented by Noyes, Hall & Allen Insurance, the triathlon will build upon the former CELT Challenge Triathlon, traditionally held at the end of September.

"We are really excited about the August date and venue for the Tri for Preservation," CELT Executive Director Chris Franklin said. "Crescent Beach is absolutely gorgeous, and with an ocean start, we do not have the same limitations of a pool swim. We have also renamed the event the 'Tri for Preservation' to reflect our land conservation mission."

The triathlon will include a 500-yard ocean swim along the cove of Crescent Beach, for which wet suits are recommended. Participants then will transition to a 14-mile bike course, concluding with a 3.1-mile run on a fire road along the shore of Crescent Beach toward Kettle Cove and back along Route 77.

Race options

People who want to compete but not run can participate in the Aquabike, which will

feature the same swim and bike course as the triathlon but will conclude after the bike leg of the race. People also have the option to form a team to compete with friends and family. Organizers have set aside a number of slots for triathlon teams this year, including a family-relay competition.

Pancake breakfast

Following the race, CELT will host a beachside pancake breakfast for all athletes, followed by an awards ceremony. The breakfast, sponsored by Hannaford, will be free to participants and available to spectators at the price of \$5, proceeds from which will be split between CELT and the Cape Elizabeth Lions Club, which will serve the breakfast.

The Tri for Preservation triathlon also will serve as a state-qualifying event for the national Maine Senior Games competition in 2013. Athletes who will be at least 50 years old as of Dec. 31, 2010, are eligible.

Race registration will include the race entry fee, breakfast, the choice of a race beach towel or T-shirt, and park access for the day. Go to www.capeandtrust.org/triathlon/2011/ to register.

The nonprofit CELT is committed to conservation and stewardship of lands cherished by the Cape Elizabeth community.

SAT preparation class to begin on July 25

Cape Community Services will offer an eight-session, 16-hour SAT preparation course taught by Maine Prep teacher Kathryn Toppan, starting July 25. The class, which will be held on Mondays and Thursdays from 6:30 to 8:30 p.m. at Cape Elizabeth High School, will run through August 18.

The course is designed to teach students strategies to use in the math, writing and reading sections of the SAT to prepare high school seniors for the Oct. 1 SAT and juniors for the PSAT.

Call Community Services at 799-2868 to register or for more information.

CABLE GUIDE

CHANNEL 3

Planning Board replay
July 20 & 21 - 2 p.m. & 8 p.m.
July 23 - 9 a.m.

Senior Transition Project Presentations replay
Daily at 5:30 p.m.

After the Storm
Daily at noon
Daily at 6 p.m. beginning Aug. 1 (except Aug. 3)

Working Together for Spill Prevention
Daily at 12:30 p.m.
Daily at 6:30 p.m. beginning Aug. 1 (except Aug. 3)

Words of Peace
Saturdays and Sundays, 1 & 7 p.m.

Zoning Board of Appeals (live)
July 26 - 7 p.m.

Zoning Board replay
July 27 & 28 - 2 p.m. & 8 p.m.
July 30 - 9 a.m.

State House District 121 Candidates Night (live)
Aug. 3 - 6:30 p.m.

Candidates Night replay
Aug. 4-Aug. 16 - TBD.

*Schedule subject to change.
Please check Channel 3 for up-to-date listing*

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Duo to perform July 30 at Local Buzz

Folk Ragout, a duo made up of flutist Leslie Ann Harrison, a 2003 Cape Elizabeth High School graduate, and French guitar player Frédéric Pouille, will perform at 7 p.m. on Saturday, July 30, at the Local Buzz. Admission will be free, but donations will be welcome.

The duo, which performs folk music from around the world, will play music from their first album, which was just released. The album includes music from Ireland, France, Scotland and the Americas.

Harrison, a recently returned Cape resident who holds a master's degree in classical flute from New York University, formed Folk Ragout with Pouille last year while the two were studying Irish traditional music at the University of Limerick in Ireland. They also perform and record with New Time Ensemble, an acoustic folk quartet comprised of



Leslie Anne Harrison and Frédéric Pouille

fiddle, flute, cello and guitar.

Contact Leslie Anne Harrison at leslieanneharrison@gmail.com for more information about the concert or the CD.

Class of 1991 to hold 20th reunion August 6

Members of Cape Elizabeth High School's Class of 1991 will celebrate their 20th reunion on Saturday, August 6, at Brian Boru in Portland.

"We are looking for former classmates to join us for an informal time of fun. Please arrive anytime after 5 p.m.," class member

Ellie (McKinney) Espling wrote in an email to *The Cape Courier*. "If you are a former classmate or you know someone who graduated in 1991, please let them know about this event."

Email Espling at espling2@securespeed.us for more information.

Class of 1986 reunion planned on July 23 at Joe's Dockhouse

Members of Cape Elizabeth High School's Class of 1986 will hold their 25th reunion on Saturday, July 23.

A family picnic is planned from 11 a.m. to 2 p.m. at Crescent Beach. A party that will include appetizers and drinks is planned at 7 p.m. at Joe's Dockhouse in South Portland. The cost for the event, which will include a cash bar, will be \$25. Contact Susan Lambert at susan.lambert@verizon.net for more information.

Girls' soccer boosters plan July 23 car washes

Members of Cape Elizabeth High School's girls' soccer teams and the Cape girls' soccer boosters will hold two car-wash fundraisers on Saturday, July 23, both from 8 a.m. to 2 p.m.

One is planned at Freshies on Route 77 near the intersection of Shore and Scott Dyer roads, and the other at the Irving station at 560 Shore Road.

Both will raise money for the CEHS girls' soccer program. Contact Steve Lyons at molsey@maine.rr.com for more information.

Cape Garden Club to hold August 2 meeting

Members of the Cape Elizabeth Garden Club will hold a 1 p.m. meeting on Tuesday, August 2, at the Shore Acres home of member Ginny Camp. All who attend should bring a flower container and garden flowers to the gathering, where florist Hilda Lewis will assist fellow members in creating their own floral arrangements.

CECG members care for the gardens at

Thomas Memorial Library and at Portland Head Light. Club members also published a cookbook, which is available for purchase at the Portland Head Light Museum and Gift Shop at Fort Williams or by contacting club member Carol Christ at 767 3410.

Contact Betty Montpelier at 799 0229 for more information about the club and membership opportunities.



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Belfast Brogue is next in Summer Concert Series on July 26

The first concert in the library's Outdoor Summer Concert Series drew more than 130 people to hear the lively sounds of the Tricky Britches bluegrass band.

The second concert in the series will feature Belfast Brogue, pub-style Irish music, at 6:30 p.m. Tuesday, July 26, at the library.

Multiple award-winning singer/songwriter Jud Caswell and accomplished percussionist Alfred Lund, both from the Brunswick area, bring their own unique style to traditional Irish tunes. The duo uses a variety of instruments, including banjo, cittern, mandolin, whistles, ashiko and cajon.

People are invited to bring a picnic dinner and blankets or lawn chairs to sit on to enjoy the music. In case of rain, an indoor backup space will be announced. For complete details on the concert series and to watch video clips of the bands in action, please visit the library's website at: www.thomasmemorial-library.org.

The concert series is sponsored by the Thomas Memorial Library Foundation, and made possible through contributions to the TMLF's Annual Fund.

Catch 'Fantasia,' then 'Roger Rabbit' July 22 and July 29

The Cape Elizabeth Arts Commission will present its first Sunset Cinema Series this summer on the Thomas Memorial Library lawn.

The CEAC will screen two family-friendly movies, "Fantasia" and "Who Framed Roger Rabbit" on Friday, July 22 and Friday, July 29, respectively. Movies will be shown, free of charge, on a 9-by-13 screen, from 7:30 to 9:30 p.m. Guests are encouraged to bring blankets, lawn chairs and picnic dinners.

"Fantasia" is a 1940 animated film produced by Walt Disney. The third feature in the Walt Disney Animated Classics series, the film has eight animated segments set to pieces of classical music conducted by Leopold Stokowski, seven of which are performed by the Philadelphia Orchestra. Music critic and composer Deems Taylor introduces each segment in live-action intermittent scenes.

"Who Framed Roger Rabbit" is a 1988 American fantasy-comedy-noir film. The film combines live action and animation, and is based on Gary K. Wolf's novel "Who Censored Roger Rabbit?," which depicts a world in which cartoon characters interact directly with human beings.

Puppeteer to entertain kids Aug. 2 at library

Puppeteer Lindsay Bezich, from New Hampshire's Seacoast, will bring her large collection of hand-crafted, life-sized hand puppets and marionettes to the Thomas Memorial Library from 10:30 to 11:30 a.m. Tuesday, August 2.

Bezich's characters will come alive with a wacky array of unique voices. Children ages 3 and up are invited to join her for a selection of charming original stories and folk tales full of audience participation and humor.

The program will take place in the library's Community Room.



For further details, please visit the library's website at www.thomasmemorial-library.org.

LIBRARY SCHEDULE	799-1720 (for more info) rdavis@thomas.lib.me.us ThomasMemorialLibrary.org
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<p>Mother Goose Story Time Rhymes, songs and finger plays for babies up to 18 months. Wednesdays, 11-11:30 a.m.</p> <p>Tales for Tots Songs, stories & movement for 18-36 months. Wednesdays & Thursdays, 9:30-10 a.m.</p> <p>Story Garden Songs, stories & movement for pre-schoolers 3 to 5 years. Fridays, 10:30-11:15 a.m.</p> <p>Family Story Time Songs, stories & movement for toddlers & preschoolers. Saturdays, 10:30-11 a.m.</p>	<p>World Tales Story/Craft Program Ages 5-8. Wednesdays, 2-3 p.m. No program July 27. Preregistration required.</p> <p>Summer Story Time Themes for Tales for Tots & Story Garden <i>July 17-23: Stories from Asia</i> <i>July 24-30: No children's programs</i> <i>July 31-Aug. 6: Stories from Africa</i></p> <p>Library Hours Monday, Wednesday, Friday.....9 a.m. to 5 p.m. Tuesday & Thursday.....9 a.m. to 8:30 p.m. Saturday.....9 a.m. to 1 p.m. Sunday..... Closed.</p>
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Chef's Garden Dinner Party *by the sea*

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Longtime fitness teacher to teach yoga classes for seniors

Patty Medina, who has taught fitness classes for senior citizens for more than 15 years, just earned her yoga instruction certification and will launch a yoga class for senior citizens on Thursday mornings starting Sept. 22.

The specialized program, which will include the use of a chair as the primary piece of equipment and exercises modified for seniors, is designed to help seniors realize the benefits of a yoga practice: improved balance, breathing techniques, joint and bone health, spiritual and emotional wellness, and relief for people with arthritis and back issues.

Medina will continue to teach her "Fit to Live" class for seniors on Tuesday mornings at the Community Center, where her yoga class also will be taught. More details will be available in Community Services' fall brochure, which will be published at the end of August.

Cape Memory Care 'Strawberry Fest'



Cape Memory Care Assisted Living center residents and staff members celebrate the beginning of summer at a "Strawberry Fest" held on a field at Maxwell's Farm that the Maxwell family opened just for the event. At left, resident Nancy Bennington takes a break from picking. At right, Cape Memory Care staff member Ashlee Johnson helps resident Maureen Locke, left, harvest berries. Later, residents had a barbecue, complete with strawberry shortcake, at the assisted living center, which serves people with Alzheimer's and memory impairments.

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Completion of driver safety class earns older drivers insurance discounts

A driver-safety class for people 50 years and older will be offered from 9 a.m. to 1:30 p.m. on Thursday, August 4, at AARP's office at 1685 Congress St., Portland.

The AARP course, the nation's first and largest driving program designed for older people, offers information about defensive driving, new traffic laws, rules of the road

and how older drivers can adjust to age-related changes in vision, hearing and reaction time. Insurance companies in Maine give three-year discounts to drivers 55 years and older each time they complete the class.

The class is \$12 for AARP members and \$14 for others. Call volunteer instructor John Hammon at 655-4943 to register.

Because class size is limited, registration no later than July 30 is advised.

Formerly called the American Association of Retired Persons, AARP is a nonprofit, nonpartisan membership organization for people age 50 and older, which is dedicated to enhancing quality of life for people as they age.

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Sat, July 23
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Cape Elizabeth High School grads to enter college, military; take gap year

The following members of the Class of 2011 have announced their postgraduate plans.

Abby Armstrong, daughter of Julie and Tony Armstrong, will attend Hamilton College in Clinton, N.Y.

Ryan Ayers, son of Cindy and Mark Ayers, will attend St. Michael's College in Colchester, Vt.

Sydney Banks, daughter of Paula Banks and Dana Banks, will attend Northeastern University in Boston.

Jack Barber, son of Dorie and David Barber, will attend Boston College in Chestnut Hill, Mass.

Kelsey Barton, daughter of Karen Lowell and Bill Barton, will attend Washington University of St. Louis, Mo.

Karyn Barrett, daughter of Debbie and Dan Barrett, will attend Trinity College in Hartford, Conn.

Ben Berman, son of Kerri and Jeff Berman, will attend Tufts University in Medford, Mass.

Lydia Berman, daughter of Theresa and Richard Berman, will attend the University of Rochester in Rochester, N.Y.

Will Bollenbach, son of Randi and Bolle Bollenbach, will attend Dartmouth College in Hanover, N.H.

Olivia Bornick, daughter of Jennifer Bornick and Steve Bornick, will take a gap year to volunteer and work abroad in South Africa, Fiji and Australia, before attending High Point University in High Point, N.C.

Theo Bowe, son of Stephanie and Christopher Bowe, will attend Northeastern University in Boston.

Ally Boyington, daughter of Jody and Roger Boyington, will attend Dickinson

College in Carlisle, Pa.

Camille Braun, daughter of Margaret and Mark Braun, will take a gap year through Council on International Educational Exchange in Portland, attending a high school in Alicante, Spain. In the fall of 2012, she will attend Carleton College in Northfield, Minn.

Anna Britton, daughter of Julie and Russell Britton, will attend the honors college of the School of Nursing at the University of Maine in Orono.

Cameron Brown, son of Leslie and Cameron Brown, will attend Holy Cross College in Worcester, Mass.

Zack Bruzgo, son of Gail and Dan Bruzgo, will attend Dean College in Franklin, Mass.

Austin Cantara, son of Bridget Geary and Christopher Cantara, will attend Embry-Riddle Aeronautical University in Daytona Beach, Fla.

Lena Castro, daughter of Audrey and Byron Castro, will attend St. Mary's College in St. Mary's City, Md.

Alana Cooper, daughter of Jennifer and Craig Cooper, will attend Bennington College in Bennington, Vt.

Sarah Cummings, daughter of Debbie Mann and Geoff Cummings, will attend Colgate University in Hamilton, N.Y.

Will Daly, son of Joan and Bob Daly, will attend Middlebury College in Middlebury, Vt.

Kyle Danielson, son of Alicia and Bob Danielson, will attend Dickinson College in Carlisle, Pa.

Anna Darling, daughter of Alison and Ted Darling, will attend the University of New Hampshire, in Durham, N.H.

Vincenzo Anthony Dell'Aquila, son of Kelly and Anthony Dell'Aquila will attend Bentley University in Waltham, Mass.

Alexander Diaz, son of Barbi and Marco Diaz, will attend Massachusetts Institute of Technology in Cambridge, Mass.

Brad Dickinson, son of Diane and Mark Dickinson, will attend the University of New Hampshire in Durham.

Joey Doane, son of Pauline and Joe Doane, will attend Saint Joseph's College in Standish.

Matthew Donovan, son of Shirley and Jay Mark Donovan, will attend Concordia University in Montreal.

Reid Douty, son of Dore and Bayard Douty, will attend Wharton School, University of Pennsylvania in Philadelphia, Pa.

Skyler Dunfey, daughter of Theo and Peter Dunfey, will attend Wheaton College in Norton, Mass.

Tory Etzel, daughter of Beth Etzel and Steve Etzel, will attend Northeastern University in Boston.

Angelo Garcia, son of Debbie and Carlos Garcia, will attend Vermont Technical College in Randolph Center, Vt.

Nona Gillis, daughter of Susan and Peter Gillis, will attend St. Anselm College in Manchester, N.H.

Lindsey Goodykoontz, daughter of Deb Hart and Bill Goodykoontz, will attend the University of Southern Maine in Gorham.

Peter Governali, son of Terry Ann Scriven and Frank Governali, will attend Dartmouth College in Hanover.

Brittany Gregory, daughter of Melinda and Michael Gregory, will attend Southern Maine Community College in South Portland.

Drew Grennon, son of Patty and Chris

Grennon, will attend St. Lawrence University in Canton, N.Y.

Christopher Haller, son of Sharon Elizabeth and James Haller Sr., will serve his country as a sailor in the U.S. Navy.

Josh Harper, son of Sue and Tim Harper, will attend Saint Joseph's College in Standish.

Kelsey Harrington, daughter of Kim Ottensen and Jeff Harrington, will attend Elmira College, in Elmira, N.Y.

Rebecca Kate Hayes, daughter of Katie and Steve Hayes, will attend the University of Massachusetts in Amherst.

Chase Hewitt, son of Joni and Bill Hewitt, will attend Plymouth State University, in Plymouth, N.H.

Lucy Hewitt, daughter of Kate Williams Hewitt and Jonathan Hewitt, will attend the University of Notre Dame in Notre Dame, Ill.

Emily Hollyday, daughter of Lauren and Matt Hollyday, will attend College of the Atlantic in Bar Harbor.

Caitlin Kane, daughter of Kathy and Peter Kane, will attend High Point University in High Point, N.C.

Patrick Kelley, son of Martha and Chip Kelley, will attend Dalhousie University in Halifax, Nova Scotia.

Sarah Klopp, daughter of Susan and Mark Klopp, will attend Husson University in Bangor.

Kelsey Krull, daughter of Edna and Richard Krull, will attend New York University in New York City.

Dana Lambert, daughter of Lisa Derman and David Lambert, will attend the University of Maine at Orono.

Aubrey Landsfeld, daughter of Heather



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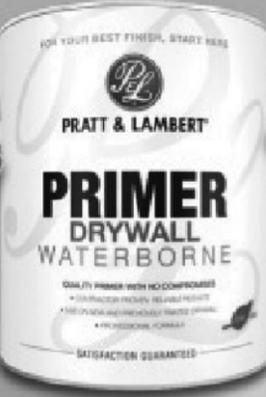
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Landsfeld, will attend Ithaca College in Ithaca, N.Y.

Rachel LaPlante, daughter of Lauren and Steven LaPlante, will attend Salve Regina University, in Newport, R.I.

Wilson Laprade, son of Sara Laprade and the late Tom Laprade, will attend Trinity College in Hartford.

Leo Ledman, son of Colleen Myers and Paul Ledman, will attend the University of New Hampshire in Durham.

Joseph Long, son of Susan LoGuidice and Roger Long, will attend Colby College in Waterville.

Andrew Lynch, son of Laura and Chris Lynch, will attend Elon University in Elon, N.C.

Robert Macdonald, son of Cynthia and Robert Macdonald, will attend Harvard University in Cambridge, Mass.

Kelsey Maguire, daughter of Gwyneth and Rich Maguire, will attend Bowdoin College in Brunswick.

Donnie Martin, son of Gayle and Don Martin, will attend the Florida Institute of Technology in Melbourne, Fl.

Robbie Martin, son of Kelly and Jay Phinney, enlisted in the U.S. Army and started boot camp on June 28 at Fort Benning in Columbus, Ga.

Connor McAleney, son of Jeanie and Ed McAleney, will attend Bridgton Academy in North Bridgton.

Jack McDonald, son of Ariette Scott and Paul McDonald and Kelly McDonald, will attend Kenyon College in Gambier, Ohio.

Julian McGinn, son of Suzanne and Neil McGinn, will attend Colorado College in Colorado Springs, Colo.

Matthew Miklavic, son of Beth O'Hara-Miklavic and Kirk Miklavic, will attend the University of Notre Dame in Notre Dame, Ind.

Ben Morse, son of Sue Miesfeldt and Jim Morse, will attend Elon University in Elon, N.C.

Annie Murphy, daughter of Patty McCarthy and Ed Murphy, will attend Maryland Institute College of Art in Baltimore, Md.

Isabella Narvaez, daughter of Lisa Fisher and the late Guillermo Narvaez, will attend the University of Southern California in Los Angeles, Calif.

John Philip Nelson, son of Michele Levesque and Lawrence Nelson, will attend New England College in Henniker, N.H.

Rachel Nichols, daughter of Maura and Bob Nichols, will attend Virginia Polytechnic Institute and State University in Blacksburg, Va.

Lauren Nicholson, daughter of Diane and B.J. Nicholson, will attend Salve Regina University in Newport.

Ben Norris, son of Cathy Houlihan and Bo Norris, will attend the University of Vermont in Burlington, Vt.

Casey O'Donovan, son of Rita and Kevin O'Donovan, will attend Bryant Uni-

versity in Smithfield, R.I.

Alexia Pappas, daughter of Kathy and John Pappas, will attend McGill University in Montreal.

Lauren Perrino, daughter of Ann and Phil Perrino, will attend The College of Wooster in Wooster, Ohio.

Katherine Quatrano, daughter of Jennifer and John Quatrano, will attend the University of Maine at Orono.

Jack Queeney, son of Wendy Keeler and Tim Queeney, will attend Massachusetts Institute of Technology in Cambridge.

Lindsay Rand, daughter of Beth and Jeff Rand, will attend Denison University in Granville, Ohio.

Delaney Ratner, daughter of Cindy and Jim Ratner, will take a gap year to pursue an athletic endeavor, then will attend the University of Massachusetts Amherst in Amherst.

Wesley Richards, son of Pam and Scott Richards, will attend the University of New Hampshire in Durham.

Ben Richardson, son of Marybeth and John Richardson, will attend American University in Washington, D.C.

Jack Roos, son of Helen and Warren Roos, will attend Colorado College in Colorado Springs.

Alexander Jacob Rosenfield, son of Ann Marie and Gary Rosenfield, will attend Southern Maine Community College in Portland.

Julie Salerno, daughter of Chris and Alison Salerno will attend the University of Maine in Orono.

Ross Sherman, son of Moey Burchenal and David Sherman, will attend Colorado College in Colorado Springs.

Sam Spicer, son of Betsy Winslow and Doug Spicer, will attend Bates College in Lewiston.

Teddy Smith, son of Barbara and Graham Smith, will attend High Point University in High Point, N.C.

Brendan Stewart, son of Wong Lai Jan and Timothy Stewart, will fulfill a mandatory two-year conscription in Singapore, then attend Columbia University in New York City.

Rebecca Strout, daughter of Kelly and Andy Strout, will attend Colby-Sawyer College in New London, N.H.

Katherine Sullivan, daughter of Denise and Bill Sullivan, will attend McGill University in Montreal.

Jacob Swain, son of Laurie Swain and John Swain, will attend the University of Southern Maine in Gorham.

Emily Taintor, daughter of Colleen and Chris Taintor, will attend Tufts University in Medford.

Timothy Takach, son of Mary and Mike Takach, will attend Northeastern University in Boston.

Sean Sullivan Thomas, son of Jayne M.

and Kevin E. Thomas, will attend Savannah College of Art and Design in Savannah, Ga.

Nate Tomczyk, son of Mary DeLano and Tom Tomczyk, will attend Montana State University in Bozeman, Mont.

Patrick Tyler, son of Ann and Michael Tyler, will attend Assumption College in Worcester, Mass.

Hannah Wallace, daughter of Marialice and Kevin Wallace, will attend Butler University in Indianapolis, Ind.

Alexandra Weatherbie, daughter of Tracey and Dave Weatherbie, will attend St. Lawrence University in Canton, N.Y.

Paul Wennberg, son of Anne Carney and David Wennberg, will attend Colby College in Waterville.

Nicholas Wilson, son of Regina and Richard Wilson, will attend The University of New England in Biddeford.

Cyrus Wolfinger, son of Lisa and Kirk Wolfinger, will attend Hobart College in Geneva, N.Y.

Nicole Yim, daughter of Josephine and Sylvester Yim, will attend Maine Maritime Academy in Castine.

Cheverus High School honor roll for second semester

Seniors

High honors – Jack Terwilliger
Honors – Marina Phillipps

Sophomores

High honors – Andrew Cloutier

Freshmen

Honors – Sydney Hallowell, Sterling Weatherbie

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All Stars!



Members of Cape Elizabeth Little League's Majors 9- and 10-year-old All-Star softball team gather on July 7 at Scarborough High School after finishing their run for the 9-10 championship: left to right, front row, Abbey Charles, Hannah Babcock, Caleigh Campbell, Maddie Gillespie, Saylor Wood, Katie Ledeaux, Katie Bozek, Prezli Piscopo; back row: Anna Torre, Jessie Robicheaw, and coaches John Robicheaw, Eric Charles and Gari Piscopo. The team went all the way to the District 6 tournament, but lost the final game to Scarborough.

Runner named Gatorade Athlete of Year for Maine in boys' track and field

Cape Elizabeth resident Jack Terwilliger, who recently graduated from Cheverus High School in Portland, was named the 2010-2011 Gatorade Maine Boys Track & Field Athlete of the Year last month. The award recognizes not only outstanding athletic excellence but also high standards of academic achievement and exemplary character demonstrated on and off the track.

This spring, Terwilliger won three Class A state championships, earning 30 of his team's 52 points at the state meet. The Southern Maine Activities Association's Boys' Track Athlete of the Year, Terwilliger won the 800-meter run with a time of 1:59.03, captured the 1600-meter run in 4:17.04 and placed first in the 3200-meter run in 9:39.06. At the New England Interscholastic Track & Field Outdoor Championship in June in Burlington, Vt., Terwilliger finished eighth in the 1600 with a time of 4:19.18.

In each of his first three seasons at the Class A state meet, Terwilliger ran a leg for Cheverus' winning 4x800-meter relay quartet. He also won the 3200 at the 2009 Class A state meet as a sophomore. Terwilliger will continue to run at Dartmouth College in Hanover, N.H., which he will enter in September.

"Jack has distinguished himself as a big meet runner, always seeming to peak and perform under pressure at the largest meets beginning as a freshman," said his Cheverus coach, Steve Virgilio. "He was undefeated in the 2011 indoor and outdoor track seasons. Jack has faced adversity throughout his ca-



Jack Terwilliger

reer with several injuries and always maintained his composure and dedication to regain his fitness to compete when it mattered most. He is a selfless leader whose stoicism, courage and will to compete are an example to us all."

In addition to being a cross-country athlete and a trombone player, Terwilliger maintained a 3.87 grade point average at Cheverus, where he was a member of the National Honor Society.

What's news in your sport?

Student athletes, coaches, parents, boosters, and fans, send us your sports news! No time to write an article about your favorite team? Just send us a photo with caption information.

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Cape Elizabeth United Methodist Church
280 Ocean House Road
799-8396

Chapel Service: 8 a.m.
Sanctuary Service: 10 a.m.
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Audio tapes of services available.

Cape Shore Assembly of God
536 Cottage Road, South Portland
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Sunday Prayer & Intercession: 9:30 a.m.
Sunday Worship: 10 a.m.
Family Bible Studies: Wednesday: 7 p.m.
Sermon recordings available to download.

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Sacrament Meeting: Sunday 9-10:10 a.m.
Sunday School: 10:15-11 a.m.
Primary: 10:15 a.m.-noon
Relief Society, Priesthood: 11 a.m.-noon

Congregation Bet Ha'am
81 Westbrook St., South Portland
879-0028
www.bethaam.org
Worship: Friday: 7:30 p.m.

Saturday: 10 a.m.
Family Shabbat services:
Second Friday: 6:30 p.m.

First Baptist Church of South Portland
879 Sawyer St., South Portland
799-4565
www.spfbc.com

Sunday Morning Worship: 9:30 a.m.
Awana Clubs (Grades 3-8) Tuesday 6:20 p.m.

First Congregational Church United Church of Christ
301 Cottage Road, South Portland
799-3361
www.fccucc.org

Sanctuary Service: 9:30 am.
Preschool Childcare: 9:30 a.m.

Saint Alban's Episcopal Church
885 Shore Road
799-4014
www.stalbansmaine.org

Rite II: Sunday: 9:30 a.m.
Sunday Summer Fun Days:
4-11 years old: 9:30 a.m.
Nursery available: 9:30 a.m.

Saint Bartholomew Roman Catholic Church
8 Two Lights Road
799-5528
www.saintbarts.com

Sunday Mass: 9 a.m. and 11 a.m.
Weekday Masses:
Tuesday & Thursday 8:30 a.m.
Eucharistic Service:
Monday, Wednesday, Friday 9 a.m.

Six days in 'Midwest's entertainment capital' planned next spring

Community Services, in conjunction with Collette vacations, plans a six-day musical getaway next spring to Branson, Mo., known as the "Midwest's entertainment capital." Nonstop entertainment will be offered, including shows by the Twelve Irish Tenors, Yakov Smimoff and the Hughes Brothers, and trips to the Titanic Museum and The Dutton Family Theater.

Community Services will present an interactive slide presentation about the trip at 6 p.m., Tuesday, Oct. 4, and 2:45 p.m., Wednesday, Oct. 12, in the Living Room at the Community Center. Trip flyers are also available at Community Services' office in the Community Center.

Reservations are required for the slide shows. Call 799-2868 to reserve a seat at one of the slide shows, specifying which date.

Trip to 'Music Man' scheduled on August 17

Community Services will take a group of Cape residents to a performance of the Broadway musical, "The Music Man," at the Ogunquit Playhouse on Wednesday, August 17.

The cost for the excursion, \$71, will include the price of the theater ticket and transportation by bus. The group will leave from behind the Community Center at 10:30 a.m. Call 799-2868 to make reservations.

'Outdoor Trifecta' has new starting time

The starting time for fitness instructor Susan Janosik's program, Outdoor Trifecta, held Tuesdays and Thursdays from August 2-18 at Fort Williams, has been changed to 5:30-6:30 p.m.

The class still has openings, and registrations are being accepted online or at the Community Services' office at the Cape Elizabeth Community Center.

Go to www.cape.k12.me.us/ and click on the Community Services link to register. To learn more about the class, view Community Services' summer catalog online or pick one up at the office. Call 799-2868 for more information.

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Photo by Martha Agan



Photo by Noah Whittenburg



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At left, a pileated woodpecker does its work in early June on a maple tree in Martha Agan's yard on Ocean Avenue. The bird came to her house twice a day for five weeks, eating the larvae of an insect in the tree but leaving once the insect hatched and could sting! The middle photo shows the woodpecker's handiwork and resulting woodchips. At right, a flowering crabapple tree in Agan's Peace & Quiet Butterfly Garden.

Natural

Cont. from page 1

has recovered and also survived a malignant sarcoma on her neck last fall. "If you can't pronounce the name of the ingredient – in anything – there's a good chance it could be bad for you. Look for natural products instead."

Instead of fertilizer, for instance, Agan uses a peat moss, lime and lobster shell compost that enriches the soil without polluting nearby streams.

Agan, 55, goes well beyond merely switching fertilizer, however. She has created a "Peace & Quiet Butterfly Garden," named for her late father, who often voiced his desire for those things while raising "four spirited kids." The space provides nourishment and a favorable habitat for butterflies as they develop from caterpillars.

It takes simple steps – all designed to attract butterflies: Agan situated this space where the winds are light. She planted parsley as caterpillar food, and provides water by using a broken pot from the Swap Shop set into the ground to which she adds a piece of orange.

Agan's natural approach doesn't mean the ornamental part of landscaping is forgotten. In the center of her fenced-off butterfly haven, she planted a flowering crabapple tree and laid out woodchips around it in an attractive circular pattern. Tiles she found at the transfer station are stepping stones.

Agan said she has loved bugs since she was 2 and doesn't agree with using chemicals to eliminate them. Working with insects, instead of against them, can actually be better – for gardeners, the garden, and animals that feed on insects, she believes.

Agan said she snips off blossoms from plants and places them on the ground under the leaves. Since bugs most likely are after that part of the plant, they'll eat it and, she hopes, not bother the leaves.

"With so many people, they see a bug and want to squish it or spray it, but worms and bugs are actually good for the soil and your gardens," she said. "If you put down a prod-

uct to get rid of bugs, you're harming the soil and yourself."

In another part of her yard, Agan created a habitat for ground-feeding birds and "things that move in the night" by placing the bowl of a birdbath under a Montauk daisy bush. Green metal fencing keeps larger animals, such as cats, out of the area.

Agan has created zones around the yard with different groupings of plants, always keeping animals and birds in mind. A hummingbird feeder is near a stand of trees, and some black-eyed Susans that the birds like grow nearby.

A horse chestnut tree has become a home for raccoons, squirrels and chipmunks, and Agan and her husband, Jay Madden, have a substantial vegetable and herb garden.

The couple's green approach is evident elsewhere. They heat their home with wood only. And Agan has started selling an organic coffee, fortified with antioxidants, which she

discovered on a recent trip to Hawaii.

All of Agan's work is obviously a hit with the local creatures. Among her visitors have been moose, porcupines and hedgehogs. To go along with that unofficial stamp of approval, Agan's yard also has been certified as a wildlife habitat by the National Wildlife Federation.

"I'd like people to realize that they can create more wildlife habitat in their own yards," she said. "People go away to get to nature and sterilize their yards, but you actually can have nature without going away."

As the garden and grounds thrive, Madden has discovered a side benefit.

"Jay says, 'Oh shoot, now I have less area to mow,'" Agan said, laughing.

Agan welcomes emails (magan@maine.rr.com) with questions about her approach or to arrange a visit to her yard. For more information on green growing techniques, go to safelawns.org, and to nwf.org/backyard to find out how to make certified habi-

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Dear Debbie B, Here's hoping you have a speedy
recovery and can get back on your feet soon!

Thank you, Katie Held, for all the extra stuff
you do for this paper!

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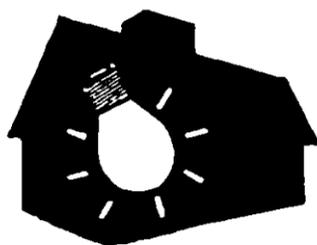
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Farewell



Cape resident and recent Navy retiree, Commander Craig Munson, far right, stands with retired Commander George Rothweiler, left, and Capt. Will Fitzgerald, commanding officer of the Naval Air Station in Brunswick, on May 31 during a ceremony celebrating the closing of the air station after 69 years and its transition to a civilian commercial center. The three men are former members of Brunswick's Patrol Squadron Ten, VP-10. Nearly 1,000 people attended the ceremony.

Engaged!



Michael Irace of Alexandria, Va., the son of Cape residents Anthony and Mary Irace, is engaged to Laura Hainline of Mystic, Conn., the daughter of Amy Hunsinger of Mystic and the late John Hainline. Michael, who holds a degree in electrical engineering from Worcester Polytechnic Institute in Worcester, Mass., works as a patent examiner for the U.S. Patent Office in Alexandria. Laura, who received undergraduate and master's degrees in math education from the University of Connecticut at Storrs, is a math teacher in Groton, Conn. A July 2012 wedding is planned at the Branford Mansion on Avery Point in Connecticut.

More Neighbors on page 9

Cape resident **Lewis Gillies** received a bachelor of science degree in show production in June from Full Sail University in Winter Park, Fla.

John A. Kennealy earned highest honors for the spring term at Phillips Exeter Academy in Exeter, N.H., where he just completed ninth grade. His parents are **Rose and Jack Kennealy**.

Kayla Munson, the daughter of **Dawn and Craig Munson**, was named to the spring-semester dean's list at Liberty University in Lynchburg, Va. Kayla is a 2009 Cape Elizabeth High School graduate.



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