

The Cape Courier

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Photos by Jack Kennealy

Playing (old-style) ball...

Visitors to Fort Williams on June 30 may have felt like they took a very enjoyable step back in time. The Essex Base Ball Club of Massachusetts and the Dirigo Vintage Base Ball Club squared off for some games under 19th-century baseball rules, using old-style bats, gloves and uniforms. Players also spent some time answering questions about how the game used to be played. The free exhibition was sponsored by the Maine Historical Society, with help from Steve Bromage, the society's director and a Cape resident.

As TD Beach to Beacon 10K turns 15, two locals look back

Reflections of a streaker
By Jennifer DeSena

Being a streaker obviously means different things to different people. In terms of the TD Beach to Beacon 10K, you can call yourself a streaker if you've run each year since the race began in 1998. I have, and I can't imagine not being there the first Saturday of each August.

In the race's inaugural year, my family and I were extremely fortunate to be the host family for Catherine Ndereba, who not only was the first female finisher that year, but went on to run the race another nine times, winning five of them!

Although not as fast as Catherine (though —see B2B, page 18



Cape resident Jennifer DeSena and elite runner Catherine Ndereba, who has won the B2B five times. For more on the race, see page 18.

For new Community Services head, Cape's a Holy Grail for recreation

By Wendy Keeler

Before an opening came up in one of southern Maine's three "Holy Grail" communities, Russell Packett wasn't looking for a job. He liked his job of eight years as director of recreation and community education in Regional School District 5, which encompasses Freeport, Durham and Pownal.

Then Packett learned that Janet Hoskin, director of Cape Elizabeth Community Services, would step down in June. He took immediate action.

"For me, there have always been three communities where I would apply for a job if there was an opening: Yarmouth, Falmouth and Cape," said Packett, who will take the helm of Cape Elizabeth Community Services on July 30.

"All three of these communities have something in common. They believe in quality education for the kids. They believe in quality municipal services for their residents, and the citizens in these communities generally believe in a healthy and high-quality lifestyle. I pursued the job because of that. If it had been in another community, I probably would have let it pass."

Packett, 52, looks forward to starting the job in Cape, where he will take on new challenges. In his current post, Packett oversees adult education, recreation programming, and before- and after-school programs, as he will in Cape. In RSU 5, he has overseen a teen center and a three-classroom preschool,

—see PACKETT, page 6

On next ballot: A change to give voters more say

By Patricia McCarthy

Cape Elizabeth voters will have a say in November on whether they should have the ultimate authority on big-ticket town projects.

The Town Council on July 9 voted to put a charter change on the November ballot requiring referendum votes on capital projects costing \$1 million or more.

The proposal came up after the council voted earlier this year that it would decide whether to approve spending about \$6 million for the renovation and expansion of the Thomas Memorial Library.

One of the council's goals for the year had been to send that issue to the voters, but councilors determined that they had the authority to decide the issue and would do so this fall.

However, critics said such an expensive

—see COUNCIL, page 18

Strawberry nirvana



Photo by Ann Kaplan

From left, Audrey Marston, 5, Chelsea Chase and 1-year-old Ava Tori of Cape Elizabeth enjoy some ice cream with strawberries at the fourth annual Cape Farm Alliance Strawberry Festival on Saturday June 30. See another festival photo on page 19.

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Dear loyal readers,

We hope you are enjoying this issue of *The Cape Courier*!

Try to remember or imagine what life in town was like before *The Courier*.

Before *The Cape Courier*, you very likely would have missed the memorable looks on the faces of Cape Elizabeth High School graduates as they applauded valedictorian Ethan DiNinno.

Before *The Courier*, remembrance of our veterans on Memorial Day likely would have gone largely unnoticed.

And before *The Courier*, you almost assuredly would not have known that eighth-graders in Susan Dana's advi-

—see SUBSCRIPTIONS, page 2



The Cape Courier
 P.O. Box 6242
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OUR MISSION STATEMENT

The mission of *The Cape Courier* is to foster a sense of community by presenting news specific and unique to Cape Elizabeth and its residents, and, whenever possible, to promote volunteerism within our community.

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We welcome letters to the editor. Maximum length: 250 words. We reserve the right to refuse letters and do not withhold names. Letters reflect the opinion of the author, not *The Cape Courier*. Email letters to: editor@capecourier.com or mail to P.O. Box 6242, Cape Elizabeth, ME 04107. **Please note:** Because of possible errors in transmission, letters sent via email will be acknowledged to confirm receipt. Contact us if your emailed letter is not acknowledged. We reserve the right to edit accepted submissions.

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DEADLINE: Noon, July 27

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Cont. from page 1 _____

sory class attended the Maine Learning Technology Initiative Conference last month at the University of Maine at Orono through a grant funded by the Cape Elizabeth Education Foundation.

The Cape Courier does not make town news happen. But the *Courier* brings it all straight into your home. It helps make our town more connected and special.

More than two years ago, *The Cape Courier* took the necessary step of asking people to help us keep the newspaper alive through "voluntary subscriptions."

Since that plea, more than 400 donations – voluntary subscriptions – have been received or renewed. These donations, coupled with advertising revenue, have made possible another two years of uninterrupted publication of your community newspaper.

You can help keep *The Cape Courier* coming!

Voluntary subscriptions in any amount are very much appreciated. We hope you will take the time to take out one today. Choose your own subscription rate, whatever you feel *The Courier* is worth to you.

Donations may be made payable to *The Cape Courier* and mailed to P.O. Box 6242, Cape Elizabeth, Maine, 04107. Checks also may be dropped off at our office in the basement of Town Hall (We rent this space from the town).

We will happily acknowledge these gifts on page 2 of the following edition of the newspaper. However, if you would prefer to remain anonymous, let us know. We will gladly respect your request.

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 Thanks!

**A reminder of rules
 for happy, safe cycling**

Dear residents, tourists, new drivers, old drivers and cyclists,

Some of the best cycling on the planet is right here in our own backyard.

As an avid seasonal cyclist, I look forward to hitting the Cape Elizabeth roads in the spring, marveling at the glorious sites, breathing the clean ocean air and getting a wonderful workout.

We are right in the middle of summer biking season, and it is a good idea to review the rules of the road for bicyclists and drivers.

These come from the Bicycle Coalition of Maine. Happy cycling!

Marcia Salem

Rules for Motorists

- Watch for children
- Be careful at intersections
- Don't use your horn
- When we all ride safely and are considerate of others, it's easy to share the road!
- Expect bicyclists on the road
- Pass with care – give bikes 3 feet

Rules for Bicyclists

- Maintain your equipment
- Be visible
- Wear a helmet
- Obey the rules of the road
- Signal all turns
- Make left turns safely
- Ride with traffic

THANK YOU!

... to all who have answered *The Cape Courier's* ongoing request for help. We greatly appreciate your voluntary subscriptions and other contributions. Checks made out to *The Cape Courier* may be mailed to P.O. Box 6242, Cape Elizabeth, Maine, 04107.

Thank you to the following most recent newspaper supporters:

Henk & Etta Pols

Future contributions will be acknowledged in this alphabetical format. Please include a message on your correspondence if you prefer to have your voluntary subscription/contribution remain anonymous. Checks also may be dropped off at *The Cape Courier* office in the basement of Town Hall.

**Reader offers poem
 about unusual event
 after a passing**

Although death certainly can be a heavy topic, the "electronic surprise" described in this poem actually brought some smiles.

Yes, what a long title!

My poetry has appeared in *The Northern New England Review*, *The Christian Science Monitor*, *The Maine Organic Farmer & Gardener*, and other publications.

– Mariana S. Tupper

**This is the Guy Named
 on the Stone Bench
 at Fort Williams Park,
 Cape Elizabeth, ME**

Two weeks after my father-in-law died he was spotted mowing the lawn beside his home of 50+ years.

The camera had filmed him coming around the back side of the house, the part not particularly noticeable

unless you're driving slowly, scanning the scene like a newcomer seeking a certain address.

That we would spot him like this, trimming the lawn on a summer afternoon, seemed a gift from the Heavens:

to see one's loved one one more time despite the completeness of sudden death – and the fluke chance that one of us

would happen to consult the computer for some long-since-forgotten geographical detail. "There he is!" we shouted

as the ethereal indeed became manifest right there on the screen when we glimpsed the vision of his heartrending return via maps.google.com.

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Cape real estate transfers: April 2012

NEW OWNER	PRIOR OWNER	STREET NAME	SALE PRICE	TYPE / USE
DIAZ, BARBARA J.	DIAZ, MARCO	20 CROSS HILL ROAD	\$ 0	SINGLE FAMILY
GRIFFITH, JOHN D.	GOODGLASS, LAWRENCE B.	3 BLUEBERRY ROAD	\$ 255,000	SINGLE FAMILY
FRIBERG, MARTHA L. TRUST	FRIBERG, MARTHA	BOATHOUSE LANE	\$ 0	WATERFRONT
FRIBERG, MARTHA L. TRUST	FRIBERG, MARTHA	12 PEBBLES COVE RD	\$ 0	WATERFRONT
EGAN, GERALDINE A	ANDRADE, DEBRA	68 STARBOARD DRIVE	\$ 138,500	CONDOMINIUM
SAMUELSON, CHRISTINE S	US BANK NATIONA ASSOC.	3 WESTFIELD ROAD	\$ 171,000	SINGLE FAMILY
KAYATTA, WILLIAM J SR	HOWE, GEORGIA	2 CANTERBURY WAY	\$ 385,000	CONDOMINIUM
CATON, MATTHEW R.	BERRY, HENRY N. III ESTATE	15 HANNAFORD COVE RD	\$ 170,585	VACANT LAND
PIZZOLATO, JUSTIN M.	JWAY, LLC	46 SPURWINK AVENUE	\$ 194,900	SINGLE FAMILY
TABET, AUDE	TOLFORD, TIMOTHY W.	19 SMUGGLERS COVE RD	\$ 880,000	WATERFRONT
LOMBARDI, PAUL M.	GILLIAN, WILLIAM	72 LONG POINT LANE	\$ 290,000	SINGLE FAMILY
FOX, LOUISE	FOX, LOUISE	36 CLIFF AVENUE	\$ 0	SINGLE FAMILY
KOELBL, JAMES J.	LEWIS, AUDREY M. REV.TRUST	4 CANTERBURY WAY	\$ 395,000	CONDOMINIUM
CRONEWETH, SCOTT E.	HATHAWAY, EDWARD L. III	32 CLIFF AVENUE	\$ 360,000	SINGLE FAMILY
WILCOX, STEPHEN H.	VOELKER, MICHAEL A.	11 PLEASANT AVENUE	\$ 239,500	SINGLE FAMILY
BARBER, MARY E. TRUST	BARBER, MARY E.	4 SUNNYBANK ROAD	\$ 0	WATERFRONT
VOELKER, JANEL S.	CROUCH, WENDY D.	251 OCEAN HOUSE ROAD	\$ 297,000	SINGLE FAMILY
AUSTIN, BENJAMIN T.	DENNIS, GEOFFREY E.	28 ROCKY HILL ROAD	\$ 460,000	SINGLE FAMILY
GREENFIELD, ABIGAIL S.	GREENFIELD, ZACHARY I.	17 WOODCREST ROAD	\$ 0	SINGLE FAMILY
KAYATTA, WILLIAM J. JR	JENNESS, PETER III	STONE BRIDGE ROAD	\$ 175,000	VACANT LAND
NAROWETZ, MARINA	CUSHING, DEBORAH A.	18 CHANNEL VIEW ROAD	\$ 796,000	SINGLE FAMILY

McGovern named chair of ecomaine board

Town Manager Michael McGovern has been elected chair of the ecomaine board of directors at the organization's annual meeting in June.

McGovern replaces Michael Bobinsky, Portland's director of city services, as chair of ecomaine, which is a cooperative waste disposal and recycling facility with 44 affili-

ated communities and an annual budget of more than \$27 million.

South Portland City Manager James Gailey was elected vice chair; Portland Solid Waste Manager Troy Moon was elected treasurer and Gary Foster of Gray was elected secretary.

The offices are for two-year terms.

Grant keeps domestic violence counselor here

The Town Council in June accepted a \$50,000 federal grant to continue housing a Family Crisis Service domestic violence counselor at the Cape Elizabeth Public Safety Building.

The grant, matched with \$10,000 worth of town in-kind services, will pay the salary and travel expenses for a domestic violence victim-assistance counselor provided

by Cumberland County. The town provides office space for the counselor and also administers the grant.

The town first received a grant for the counselor's services last year, said Town Manager Michael McGovern, who told the council it is "a godsend to have this resource available locally."

Crossing guards needed for Pond Cove, CEMS

The school year may still seem quite a way off, but the Cape Elizabeth Police Department is trying to get ready by lining up crossing guards for Pond Cove Elementary School and Cape Elizabeth Middle School.

The job involves helping students cross Scott Dyer Road to the schools for an hour in the morning and 45 minutes in the afternoon.

Applications can be found on the department's website at www.capeelizabeth.com/government/departments/police/home.html or from the clerk at the police station at 325 Ocean House Road between 8 a.m. and 4 p.m. daily.

Call Police Chief Neil Williams at 767-3323 for more information.

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CAPE ELIZABETH REAL ESTATE MARKET: JAN - JUNE 2012

Compared to the same time period in 2011:

- the number of single family homes sold increased by 11.8%
- average and median sale price decreased by 8.4% and 10.4%, respectively.

The number of homes sold by price range in 2012 YTD, with 2011 figures in ():

<\$200,000 - 9 (2)	\$600,000 - \$700,000 = 3 (4)
\$200,000 - \$300,000 = 10 (14)	\$800,000 - \$900,000 = 1 (1)
\$300,000 - \$400,000 = 15 (10)	\$900,000 - \$1,000,000 = 1 (1)
\$400,000 - \$500,000 = 9 (12)	\$1,000,000 - \$2,000,000 = 2 (3)

The number of homes sold by price range remained relatively stable except for a 23.5% increase in the number of homes sold below \$400,000 in 2012 vs 2011, resulting in a decrease in average and median sale price in 2012.

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Featured Cape Trail: Stonegate/Loveitt Woods

By John Planinsek
Conservation Commission member

This is the second in a series of articles on the Greenbelt system of open space and trails in Cape Elizabeth. These trails are constructed and maintained by the Cape Conservation Commission, an all-volunteer, seven-member board that reports to the Town Council and is dedicated to preserving and promoting public access to the open spaces of Cape Elizabeth.



The commission meets on the second Tuesday of each month in the Town Hall, and the public is always welcome.

The town owns more than 1,000 acres of open space. Much of this land is accessible to the public via 15 miles of Greenbelt trails. Look for town Greenbelt signs at all trailheads and throughout the system to help you navigate your way on and through the trails.

A complete description of the Greenbelt trail system, including trails description, maps and allowed uses can be found on the town website (under Most Viewed Links, to Maps, to Greenbelt Trail Maps).

Stonegate/Loveitt Woods system

The Stonegate/Loveitt Woods trail system is one of the more expansive maintained by the town, spanning more than 100 acres of land and about three miles of trails. The Conservation Commission has done extensive work on this system, building and maintaining bridges at stream crossings and installing long segments of boardwalk over wet areas. Public access to the trails can be found off Locksley Road for the Loveitt Woods portion of the trails and Shore, Dyer

Pond, Stonegate, and Rock Crest Drive for the Stonegate section of trails.

Trails in the Stonegate/Loveitt Woods system have numerous intersections, so make sure to study a trail map before entering the woods if you are unfamiliar with the area.

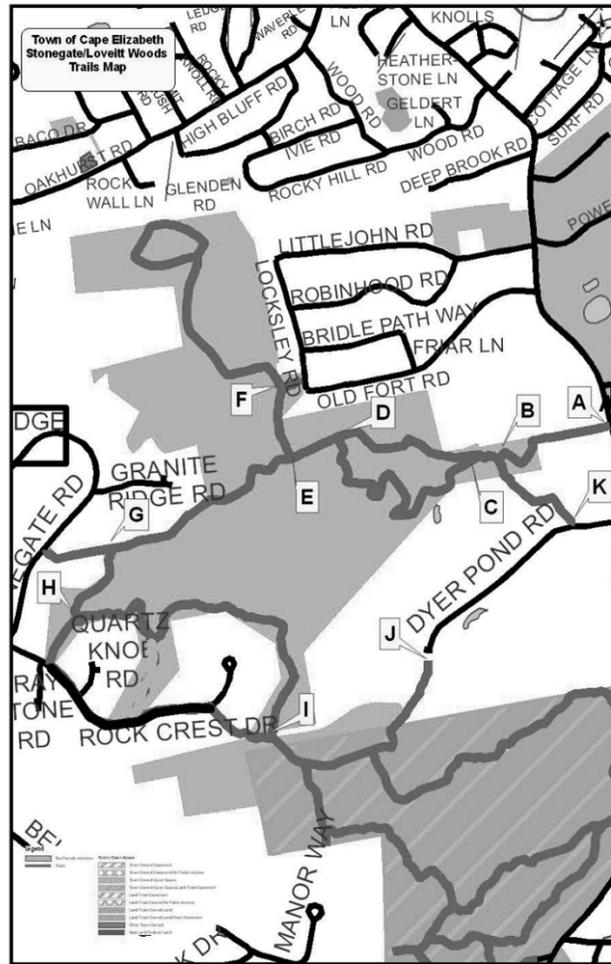
We hope the following narrative and map at right will help you navigate:

An easy way to access the trails is to start from Fort Williams. Look for the Greenbelt trailhead sign off Shore Road a few 100 feet south of the pond near the middle gate to the park. A short distance into the trail, you'll cross a stream over a bridge constructed by commission members. At the far end of the bridge (Point B on map), you can head left over several smaller bridges that span wet sections and exit at Dyer Pond Road.

Head right after crossing the stream, and you'll enter the major portion of this system. Soon after your initial stream crossing, there is a second crossing; this bridge spans the water with support of steel beams. If you take the left fork immediately after (Point C), a half-mile section of the trail takes you to your first parallel to a stream, then past some adjacent wetlands before having you climb several small hills and reconnect to the main trail (Point D). Take time to admire some of the old growth white pines in this area!

If you're looking for a more moderate stroll, stay straight on the main trail after Point C. In about a half-mile, you'll come to a major intersection marked by a small stone cairn (Point E). Go right at the fork to either exit the woods at Locksley Road or just prior to the road (Point F), head left into Loveitt Woods.

The Loveitt Woods property was acquired by the town in 2007. The trail continues north toward the Oakhurst neighborhood over extensive boardwalk and bridge work before making a loop and heading back the same way you entered.



hand fork (Point G) and then climbing a slight rise, you can exit the trail system onto a town-owned easement adjacent to 24 Stonegate Road. Continue on the main trail, and you'll cross several more boardwalks until you come upon a sturdy bridge.

At the far end of it (Point H), the right-hand fork will take you to an exit/entrance at 2 Rock Crest Drive.

The left-hand fork will take you to a recently completed half-mile section of the Greenbelt trail system that connects the Stonegate/Loveitt Woods system to trails maintained by the Cape Elizabeth Land Trust at Robinson Woods. At the next intersection (Point I), either head right to exit at 23 Rock Crest Drive, or left to head across another bridge into the Robinson Woods trail system.

From this point you can exit Robinson Woods

Head straight from the stone cairn (Point E) to cross one more bridge over a stream. The trail continues over boardwalk and open trail for a quarter mile. By taking the right-

at Dyer Pond Road (Point J), walk down the road back to the Stonegate trails (Point K), re-cross the stream to Shore Road, and head back to Fort Williams.



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Aug. 15 hearing to deal with 'growth areas'

The Future Open Space Preservation Committee is looking for public comment on likely areas of growth in Cape Elizabeth.

The committee is nearly done with its work to implement the Recreation and Open Space chapter of the town's Comprehensive Plan.

As part of its work to help preserve future open space in Cape Elizabeth, the committee needs to develop a definition of growth areas

and designate parts of town that are likely to be growth areas.

The committee would like public comment on growth areas and has scheduled a public meeting for Wednesday, Aug. 15, starting at 7 p.m. in the Jordan Conference Room at Town Hall.

For more information, contact Town Planner Maureen O'Meara at 799-0115 or maureen.omeara@capeelizabeth.org.

Planners to review rule to require surveys

A rule requiring a standard boundary survey for substantial construction or additions to homes has been sent to the Planning Board for review.

Under a proposal developed by the Town Council's ordinance subcommittee, the requirement for a survey would be triggered by construction valued at more than \$10,000 and within 5 feet of the minimum boundary setback.

The rule is intended to balance the cost of a survey with what it would cost to correct a violation of town setback requirements.

Those kinds of violations are often discovered only when a home goes up for sale and can be corrected only by tearing down the structure that violates the setback or by petitioning the Town Council for relief from the setback requirement.

The rule calling for a survey allows the code enforcement officer the discretion of requiring a survey of only the closest boundaries rather than the entire property.

The proposal was forwarded to the Planning Board by the Town Council at its meeting on July 9.

Committee to update town ordinances

A Town Council subcommittee will be updating a couple of ordinances in the next few months.

The ordinance subcommittee will review parts of the Town Ways ordinance and a portion of the Health and Safety Ordinance dealing with solid waste.

The subcommittee is considering shifting appeals on driveway permits from the council to the Zoning Board of Appeals, which councilors believe is better set up to handle

appeals.

The solid waste section of the Health and Safety Ordinance needs updated definitions, such as those for commercial haulers and recyclable material and also needs to include references to ecomaine, the regional waste management cooperative.

The update also includes adding new policies and rules for the Recycling Center to the ordinance and gives the Public Works director the authority to enforce those rules.

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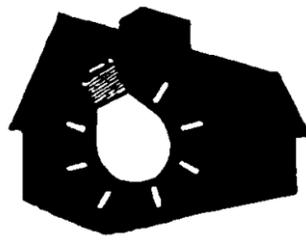
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Russell Packett, director of recreation and community education for Freeport, Durham and Pownal, spent the day in Cape on July 10 and will return for good on July 30, when he starts his job as the head of Cape Community Services.

Photos by Seth Quency



Packett

Cont. from page 1

but not a pool.

"I have never had the opportunity to work with a pool, so I'm excited about that," he said.

Packett has had a passion for community recreation programs since the late 1980s when he took his first classes in recreation at Greenfield Community College in Greenfield, Mass. After receiving an associate degree in recreation from Greenfield, he went on to get a bachelor's degree in recreation from the University of Massachusetts at Amherst.

A one-year position in the early 1990s in Rocky Hill, Conn., with the National Recreation and Park Association, a professional organization for parks and recreation profes-

sionals, brought him to Maine.

While organizing the association's regional conference in Portland, Packett worked closely with Marcia Noyes, who was then and is still director of community services in Yarmouth.

"The same week my job ended, one opened up in Yarmouth for assistant director," said Packett, who went on to spend 11 years in the post before moving to RSU 5.

'Two things I'm not'

Packett has no agenda planned at Cape Community Services, but he's not closed to the idea of making changes.

"Two things I'm not: I'm not a 'just-because-we've-always-done-it-that-way' person. Nor am I a 'I-have-the-ultimate-answer' person either," he said. "The bottom line is that the staff as a group should always be

evaluating what we're doing and making adjustments as we go forward, and those changes and adjustments will be what we collectively, and not I as a director, think is the best answer."

Packett, who lives in Harpswell with his wife, Peggy, has two sons. Sam is a graduate of Berklee College of Music in Boston, where he lives and performs with his band. His younger son, Andy Reifman-Packett, who will enter the College of Saint Rose in Albany, N.Y., this fall, is no stranger to Cape. He placed 90th overall in last year's TD Beach to Beacon 10K and plans to run in college.

Jen DeRice

Coincidentally, Packett goes back a long way with Community Services' new employee, Jen DeRice, who took over as coordinator of adult programs in June when Karen Allen retired. Packett and DeRice worked together in Yarmouth from 1996 to 2000.

"When I was assistant director, I hired Jen as the youth program coordinator," Packett said. "She works hard and does great things, and I think people in Cape Elizabeth will be very happy with her."

DeRice came to Cape from Old Orchard Beach, where she served from 2009 to 2012 as the recreation coordinator and The Ballpark general manager. Before that, from 2001-2009, she was the recreation co-

ordinator for South Portland Parks and Recreation.

During her years in South Portland she received the Maine Recreation and Park Association's 2007 "Young Professional of the Year" award, which Packett won in 2001.



Jen DeRice

Facilities and Transportation

Packett's predecessor, Janet Hoskin, who worked for Community Services for 24 years and as director since 2008, started a new job last month as administrative assistant to Facilities and Transportation Department Director Greg Marles.

That department now oversees all transportation operations, including school buses, and the scheduling of the Community Center, Fort Williams rental areas, Thomas Memorial Library's Community Room, and school facilities, including fields.

Starting Aug. 1, the department will handle the scheduling of Town Hall and Town Center Fire Station facilities.



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Reported by Debbie Butterworth

COMPLAINTS

- 6-8 An officer met with a resident of the Oakhurst area about a missing purse, which was located later by the owner.
- 6-14 An officer met with a resident of the Shore Road area about a green kayak that had washed ashore.
- 6-14 An officer met with a resident of the Sawyer Road area who reported the theft of a light green turtle figure holding a "SLOW" flag.
- 6-14 An officer met with a resident about unauthorized transactions on her debit card account.
- 6-15 An officer met with a resident of the Cross Hill area about the theft of a bicycle from the garage.
- 6-15 Two officers were dispatched for a report of a driver possibly operating under the influence on Ocean House Road. The reporting party was following the vehicle. Both vehicles were located and stopped. After conducting field sobriety tests and interviewing the subjects involved, it appeared to be a road-rage incident.
- 6-16 An officer met with a resident of the Shore Road area about a burglary in the garage where a Trek Cross Hybrid bicycle was stolen. Another bike with a flat tire was left in the garage.
- 6-18 Two officers responded to a residence in the Oakhurst area for a domestic disturbance.
- 6-19 An officer met with a resident of Portland about an alleged assault on June 7.
- 6-20 Two officers responded to residence in the Eastman Road area for a domestic disturbance.
- 6-21 An officer met with a resident of the

- 6-22 Shore Acres neighborhood about possible federal tax fraud. An officer met with a resident about missing kayak wheels. They were located and returned.
- 6-23 An officer met with a resident of the Fowler Road area about a hit-and-run accident during the night, damaging a small tree. The vehicle was identified and the owner was contacted.
- 6-23 An officer met with a resident of the Shore Road area about a possible scam. The resident said his elderly mother had attempted to send \$2,000 to subjects in Jamaica.
- 6-24 Two officers responded to Fort Williams Park for a report of a plane crash along the shore line.
- 6-25 An officer met with a resident of the Ocean View area about a motor vehicle burglary complaint. Change was missing from the vehicle.
- 6-25 An officer met with a resident who had found a marijuana plant growing in an overgrown field. The area was checked for other plants, but none was found.
- 6-29 An officer met with an employee of the Public Works Department who had located a vending machine in a grassy area in a commercial zone along Route 77. It had been pried open and did not contain any money or products.

SUMMONSES

- 6-12 South Portland resident, uninspected vehicle, Ocean House Road, \$133
- 6-12 Cape Elizabeth resident, uninspected vehicle, Two Lights Road, \$133
- 6-13 South Portland resident, uninspected vehicle, failure to produce insurance, Ocean House Road, \$304
- 6-13 Cape Elizabeth resident, speed (44/35 zone), failure to produce insurance,

- 6-14 Spurwink Avenue, \$290
- 6-14 Cape Elizabeth resident, uninspected vehicle, Ocean House Road, \$133
- 6-15 Cape Elizabeth resident, criminal trespass, violation of conditions of release, Shore Road
- 6-15 Cape Elizabeth resident, speed (74/45 zone) Route 77, \$263
- 6-16 South Portland resident, speed (60/35 zone), Ocean House Road, \$263
- 6-19 Cape Elizabeth resident, uninspected vehicle, inadequate tail light, Ocean House Road, \$270
- 6-20 South Portland resident, improper left turn on a two-way road, Sawyer Road, \$137
- 6-20 Mason Township resident, operating with an expired license, Bowery Beach Road
- 6-20 South Portland resident, uninspected vehicle, Shore Road, \$133
- 6-20 South Portland resident, uninspected vehicle, Route 77, \$133
- 6-21 Cape Elizabeth resident, possession of alcohol by consumption, Scott Dyer Road
- 6-22 Portland resident, uninspected vehicle, Route 77, \$133
- 6-22 Randolph resident, uninspected vehicle, Bowery Beach Road, \$133
- 6-22 Yarmouth resident, uninspected vehicle, Ocean House Road, \$133
- 6-22 South Portland resident, operating under the influence of alcohol, Edgewood Road
- 6-23 New Hampshire resident, operating under the influence of alcohol, Route 77
- 6-25 Portland resident, speeding (45/35 zone), Route 77
- 6-25 Cape Elizabeth resident, domestic violence assault, Longfellow Drive
- 6-26 Three Scarborough residents, possession of alcohol by consumption, Littlejohn Road
- 6-27 Portland resident, operating after license suspension
- 6-28 Raymond resident, uninspected vehicle, Route 77, \$133
- 6-28 Cape Elizabeth resident, speeding (49/35 zone), Spurwink Avenue, \$137
- 7-1 Standish resident, operating after license suspension, failure to produce insurance, operating with suspended registration Shore Road, \$171

ARRESTS

- 6-14 Cape Elizabeth resident, criminal trespass, violation of conditions of release, Fort Williams
- 6-22 South Portland resident, operating under the influence of alcohol, Edgewood Road
- 6-23 New Hampshire resident, operating under the influence of alcohol, Bowery Beach Road
- 6-25 Cape Elizabeth resident, domestic violence assault, Longfellow Drive

JUVENILE SUMMONSES

- 6-13 South Portland resident, uninspected vehicle, Bowery Beach Road, \$133
- 6-13 South Portland resident, possession of drug paraphernalia
- 6-13 Cape Elizabeth resident, leaving the

- 6-13 scene of an accident
- 6-13 Cape Elizabeth resident, violation of conditions of release
- 6-15 Two Cape Elizabeth residents, operating bicycle without lights, Shore Road
- 6-19 Cape Elizabeth resident, burglary
- 6-21 Cape Elizabeth resident, possession of alcohol by consumption
- 7-2 South Portland resident, operating vehicle with inadequate tail lights, Route 77, \$137
- 7-2 South Portland resident, possession of drug paraphernalia

ACCIDENTS

- 6-13 Nicole Delong, Charles Laprade, accident on Ocean House Road
- 6-14 Robert Hartford, Paula Christiansen, accident on Route 77
- 6-15 Derek Mathieu, Stephen Lewis, accident on Westminster Terrace
- 6-16 Dennis Worrall, Romesh McCullough, accident at Fort Williams
- 6-17 Kenny Kendall, Alan Long, accident on Cottage Farms Road
- 6-21 Chester Billings, Susan Morgan, accident on Route 77
- 6-22 Major Kooner, accident on Charles Road
- 6-22 Curtis Campbell, Graham Deniso, accident on Reef Road
- 6-22 David Sherman, John Shylock, accident on Route 77
- 6-22 Sandra Graham, accident on Valley Road
- 6-24 Mark Maloney, Virginia Pescosolido, accident on Spurwink Avenue
- 6-24 Corinna Chevalier, Jonathan Yalmokas, accident at Crescent Beach State Park
- 6-26 Patrick Perkins, accident on Route 77
- 6-28 Catherine Macdonald, Ryan Hatch, accident on Oakhurst Road
- 7-1 Rosemarie Wolfe, Chris Robichaud, accident on Spurwink Avenue

FIRE CALLS

- 6-14 South Street, fire alarm
- 6-14 Ocean House Road, smoke investigation
- 6-16 Brentwood Road, carbon monoxide alarm
- 6-18 South Portland, mutual aid
- 6-18 Autumn Tides Road, fire alarm
- 6-19 Wood Road, gas leak
- 6-20 Fort Williams, shoreline rescue
- 6-21 Bowery Beach Road, motor vehicle accident
- 6-22 Peppergrass Road, gas alarm
- 6-22 Peppergrass Road, fire alarm
- 6-22 Ocean House Road, fire alarm
- 6-24 Shore Road, arcing power line
- 6-24 Shore Road, water rescue
- 6-24 South Portland, mutual aid
- 6-25 South Portland, mutual aid
- 6-27 Charles Road, fire alarm
- 6-30 Ocean House Road, investigation
- 6-30 Maple Lane, investigation
- 7-2 Ocean House Road, investigation

RESCUE CALLS

There were 34 runs to Maine Medical Center. There were 2 runs to Mercy Hospital. There were 5 patients treated by rescue personnel but not transported.





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Stepping into the Sesquicentennial



Edward I. Woodbury

A 2011-2012 Cape Courier series by Ellen Van Fleet follows the development of the Civil War through the eyes of people who lived in Cape Elizabeth 150 years ago. Cape Elizabeth author Paul J. Ledman's book, "A Maine Town Responds," is the main guide. Small entries in the Courier capture the news and concerns as events unfolding outside of Cape Elizabeth thrust their way into the local consciousness. News items from the Portland Transcript are printed verbatim.

July 20, 1862 – Mr. Editor, An incident of late occurrence has so strengthened my impressions of the necessity of a reform school for girls in this city. Look at the little girls about the streets, children of destitute, and perhaps even worse, intemperate parents, with their swill buckets, or beggar's baskets, upon their arms, traveling the streets day after day, with no gentle, devoting home influence to teach them to shun the temptations of sin, which lay constantly before them. – Annie [Portland Transcript]

A pension of \$8 per month is now granted to all privates disabled in this war. [Portland Transcript]

Haying – There was a good deal of grass cut in the fields around the city last week. Mowing machines have been introduced to some extent, and they make quick work in the hay field, cutting and spreading the grass at one operation, and leave the field very smoothly shaven. But they have nearly destroyed the poetry of haymaking. We do not see now the sturdy mowers swing the scythe or stopping to wipe the sweat from their brows, or sharpening their instruments, or taking their lunch in a picturesque group beneath the elms. Nevertheless, the mowing machine is a great institution. [Portland Transcript]

There are now 200 men now at work on Fort Gorges, in our harbor. The foundations of the fort are completed to the height of 17 feet above the ledge, and five or six feet above the high water, and the first tier of casemates is now in course of construction. [Portland Transcript]

July 21, 1862 – Town Meeting: Cape Elizabeth voted to pay \$100 to 35 men who would enlist under the town quota. This sum was in addition to the bounties offered by Maine or the Federal Government. To raise the money, authorization was granted to issue scrip on 10 years with semi-annual coupons attached to the amount of \$3,500. ["A Maine Town Responds"]

July 26, 1862 – Gov. Washburn has increased the bounty to recruits enlisting in new regiments to \$45, and to recruits for old regiments to \$55, to be paid before leaving the State. This, with the bounty offered by the towns, makes a large inducement to enlist. [Portland Transcript]

Members of the Maine regiment at New Orleans have sent home \$40,000 of their pay. [Portland Transcript]

A statement from an official source estimates our losses in the battles before Richmond at 1,585 killed, 7,701

wounded and 5,958 missing, totaling 15,224. [Portland Transcript]

The slaves have become so independent in the Northern part of Virginia that their masters are obliged to pay them wages! [Portland Transcript]

Joseph W. Dyer is building for a Boston party, on the Cape Elizabeth side, a steamer of 500 tons, to be called the *Harvest Moon*. She will probably be put on the Kennebec or Bangor route. [Portland Transcript]

The pupils of the Boys' and Girls' High Schools had their annual examinations, exhibitions and festivities last week, everything passing off very pleasantly. Seven boys graduate; 14 girls listed. [Portland Transcript]

Capt Benj. Willard, while on a cruise with a party, on Saturday, had his usual good luck in the horse mackerel line. He harpooned a fine specimen, weighting about 900 pounds, and a lady passenger put in the lance. The fish didn't succumb until he had towed the yacht about three hours. [Portland Transcript]

David J. True & Co. have for sale an ingenious instrument for washing windows. It is pole, syringe and sponge, all in one. [Portland Transcript]

July 1862 – By the end of the month the Town of Cape Elizabeth with a total population 3,273 (of which 1,730 are men), had enlisted 72 men since the beginning of the war. ["A Maine Town Responds"]

August 2, 1862 – *The Machias Union* says that the same stage line that carried seven skeddaddlers fleeing from the draft into New Brunswick brought back seven volunteers from New Brunswick for McClellan's army. We'll agree to send the New Brunswickers all our skeddaddlers if they will send us good men in return – in fact, they may take them at any price. Maine disowns them. [Portland Transcript]

We learn from the *St. Augustine Examiner*, that private Wm. M. Lunt of the 9th Maine Regiment, found guilty of desertion, has been sentenced 'to be shot to death at such time and place as the commanding general may direct.' [Portland Transcript]

Our navy now consists of 300 vessels, mostly propelled by steam, and among them are two iron-clad frigates and 23 iron-clad gunboats. We shall soon have a larger number of iron-clad vessels that England and France combined. [Portland Transcript]

Gov. Washburn had appointed men in each county to hunt up deserters and officers and soldiers absent from their regiments. [Portland Transcript]

A detachment of the U.S. 17th Infantry marched through our streets one day last week, with advance guard and skirmishers thrown out, going through the movements of firing on the enemy and retreating on the double quick, at the sound of the bugle. The display gave our citizens some idea of the movements of an army on the march. [Portland Transcript]

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During the war, the town of Cape Elizabeth issued soldiers "scrip," promissory notes in lieu of cash. In 1862, the town issued scrip totaling \$9,500.

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Debra Brucker, a Cape Elizabeth resident, was recently appointed to the Governor's Commission on Disability and Employment in Maine. The commission provides guidance to the legislative and executive branches of Maine government on disability and employment policy.

Brucker has a master's degree in public administration from the University of Delaware in Newark, a doctorate in urban planning and public policy from Rutgers University in New Brunswick, N.J., and more than 15 years of experience in applied public policy research. She is currently employed as a researcher with the Institute on Disability at the University of New Hampshire and as a lecturer in the online graduate public policy and predictive analytics programs at Northeastern University in Boston.

Five Cape Elizabeth students were named to the dean's list at Northeastern University in Boston, Mass. **Sydney Banks** is majoring in business administration. **Theodore Bowe** is majoring in behavioral neuroscience. **Hannah Doss** is majoring in chemical engineering. **Jacqueline Fabricius** is majoring in biology. **Timothy Takach** is majoring in pharmacy.

Cape Elizabeth soprano **Lauren Yokabaskas** recently won a \$1,000 college scholarship from the Portland Rossini Club after competing in the club's annual scholarship competition. Yokabaskas, a Cape Elizabeth High School graduate, is majoring in vocal performance at the State University of New York in Purchase. The Portland Rossini Club is a group of southern Maine musicians who perform regularly at St. Luke's Cathedral in Portland.

Violinist **Kelsey Blumenthal**, the daughter of **Steven Blumenthal** and **Holly Ovensden**, is one of 19 artists selected to attend the Taos School of Music in New Mexico this summer. Blumenthal, 22, earned a bachelor of music degree this spring from the Colburn School in Los Angeles after graduating in 2008 from Cape Elizabeth High School and attending the pre-college program at the Juilliard School in New York City.

A guest artist at the 2011 Laguna Beach Music Festival in California, Blumenthal plans a career in performance. Following the eight weeks of chamber music training and concert performance in Taos, she will enter the New England Conservatory, where she will study for a master's degree in performance.



Kelsey Blumenthal

Three Cape Elizabeth residents were named to the dean's list for the spring semester at the University of Vermont in Burlington: **Sasha C. Bridger**, a film and television studies major; **David M. Luongo**, who is majoring in theater; and **Colleen Whitcomb**, who is majoring in environmental studies.

Three Cape Elizabeth High School graduates were named to the spring-semester dean's list at Colby College in Waterville. **Rosalie B. Wennberg**, a member of the Class of 2013, is the daughter of **David Wennberg** and **Anne Carney**. **Joseph E. Long**, a member of the Class of 2015, is the son of **Susan LoGiudice** and **Roger Long**. **Catherine W. Powell**, who is also a member of the Class of 2015, is the daughter of **Gregory** and **Amy Powell**.

Megan Lubetkin, the daughter of **Roy and Beth Lubetkin**, graduated this spring from Choate Rosemary Hall in Wallingford, Conn. She received the Choate Rosemary Hall Award for outstanding dedication to science and the Choate Rosemary Hall Award for outstanding accomplishment in biology and environmental science. She was named to the dean's list for the spring semester. She will attend Bates College in Lewiston.

Cape resident **Wyatt Morin** graduated in Loudonville, N.Y. from Siena College in May. Morin earned a degree in environmental studies.

Gregory LaTorre was named to the dean's list for the spring semester at Providence College in Rhode Island, where he is a member of the Class of 2014.

Nine Cape Elizabeth students were named to the dean's list for the spring semester at the University of New Hampshire in Durham. **Emily Croft** earned highest honors. **Katherine Hall** earned high honors. **Elizabeth Hobbs** earned high honors. **Hannah Johnson** earned honors. **Holly Register** earned high honors. **Sierra Rintel** earned honors. **Edward Smith** earned high honors. **Jillian Smith** earned highest honors. **Sawyer Theriault** earned honors.

A portion of proceeds from a "Beach to Beacon" bead for sale at **Ann Veronica** on Shore Road will go to the Center for Grieving Children in Portland, the charity that this year's 10-kilometer race, set for August 4 in Cape Elizabeth, will benefit. The sterling silver version of the bead, specially designed for this year's race, costs \$86, \$30 of which will go to the nonprofit organization. The center serves more than 4,000 grieving children, teens, families and young adults each year through peer support, outreach and education.

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CAPE CALENDAR

By Wendy Derzawiec
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Paint for Preservation Wet Paint Auction July 22

The Cape Elizabeth Land Trust will hold its fifth annual Paint for Preservation Wet Paint Auction fundraiser on Sunday, July 22.

That day, from 8:30 a.m. to 3 p.m., the public will be welcome to observe juried artists painting at designated public and private places chosen to highlight Cape Elizabeth's natural beauty.

In the evening, the newly created artwork will be auctioned live at a reception hosted by Mark and Jeanette Hagen at Breakwater Farm, which overlooks Richmond Island.

Cape Elizabeth artists Holly Ready, Bill Barton and Cooper Dragonette are among the 30 artists who will paint this year. The other artists come from 17 towns in seven Maine counties, and from Delaware, Maryland, Massachusetts, New Hampshire, New Jersey and New York. Dennis and Marty Gleason of Gleason Fine Art Galleries in Portland and Boothbay Harbor conducted the juried selection of the artists.

The artists will paint at these locations: Leon Anderson at Fort Williams, 1000 Shore Road; Martha Baum at 39 Old Mill Road, Paul Black at Trundy Point, Reef Road; Paul Bonneau at Pulpit Rock, 401 Pulpit Rock Road; Lee Boynton at Kettle Cove; Catherine Breer at Jordan Farm, 21 Wells Road; Marsha Donahue at Pulpit Rock; Cooper Dragonette at Two Lights State Park; Philip Frey at Old Farm Christmas Place, 1148 Sawyer Road; Roberta Gorschke at Spurwink Church, corner of Spurwink Avenue and Bowery Beach Road; Bruce Habowski at Turkey Hill Farm, 120 Old Ocean House Road; John Knight at Pond Cove, Shore Road; Marianne Kuhn

at Autumn Tides Road off Wells Road; Mike Marks at Kettle Cove; Kevin Mizner at Jordan Farm; Pratima Rao at Fort Williams; Holly Ready at Zeb Cove, end of Zeb Cove Road; Edgar Reims at Fort Williams; Patricia Ritzo at Pond Cove; John Santoro at Robinson Woods, Shore Road; Caleb Stone at Boathouse Cove, end of Two Lights Road; Janet Sutherland at Spurwink River, Spurwink Road and Route 77; Michael Vermette, Two Lights Park; Debra Yoo at Zeb Cove.

Go to www.capelandtrust.org or the CELT office at 330 Ocean House Road the week before the event for a map of the artists' painting locations. Go to www.capelandtrust.org/paintforpreservation/2012 to see samples of the artists' work.

Cape Elizabeth residents Mary Anne Cary, an artist, and Claudia Dricot, a photographer, who are co-chairing the 2012 Paint for Preservation Committee, are excited about the event.

"The Wet Paint event is the perfect marriage of land conservation and art," Cary said. "The artists are representing the very types of lands that the Land Trust seeks to protect."

Proceeds from the event will benefit the nonprofit CELT, which is committed to conservation and stewardship of lands cherished by the Cape Elizabeth community.

Tickets for the reception and auction are limited and reservations are required. Visit the CELT office at 330 Ocean House Road, go to www.capelandtrust.org/paintforpreservation/2012, or call 767-6054 to make reservations or to buy raffle tickets to win an oil painting by artist Andrea Peters.

Thursday, July 19

Thomas Memorial Library Board of Trustees, 6:30 p.m., at the library

Tuesday, July 24

Zoning Board of Appeals, 7 p.m., Town Hall

Sunday, July 22

Cape Elizabeth Land Trust Paint for Preservation, 5 p.m., Breakwater Farm

Tuesday, July 31

Town Council Ordinance Committee, 8 a.m., Town Center Fire Station

Thursday, August 2

Recycling Committee, 7 p.m., Public Works

Saturday, August 4

Beach to Beacon 10K, 8 a.m.

Ongoing each week

Al-Anon, Newcomers' meeting, 6:15 p.m., regular meeting 7:30 p.m. **Thursdays**, at United Methodist Church, 280 Ocean House Road (Route 77). Regular meeting 7 p.m.

Fridays at St. Alban's Episcopal Church, 885 Shore Road.

Alcoholics Anonymous, 2 p.m.

Saturdays, First Congregational Church, 301 Cottage Road, South Portland; 7 p.m. **Wednesdays**, St. Bartholomew Church, 8 Two Lights Road; 7 p.m. **Fridays**, St. Alban's Church, 885 Shore Road.

Cape Elizabeth Historical Preservation Society, 9 a.m.-noon

Thursdays, except holidays, storm days, Thomas Memorial Library, 6 Scott Dyer Road.

Cape Elizabeth Lions Club, 6:39 p.m., **first and third Tuesdays** at the Bowery Beach Schoolhouse, Two Lights Road. Contact Mark, 899-3654, or Bruce, 831-0166.

The South Portland/Cape Elizabeth Rotary Club, each **Wednesday** at 6:15 p.m. at Purpoodock Country Club on Spurwink Avenue. 838-8129.

CABLE GUIDE

CHANNEL 3

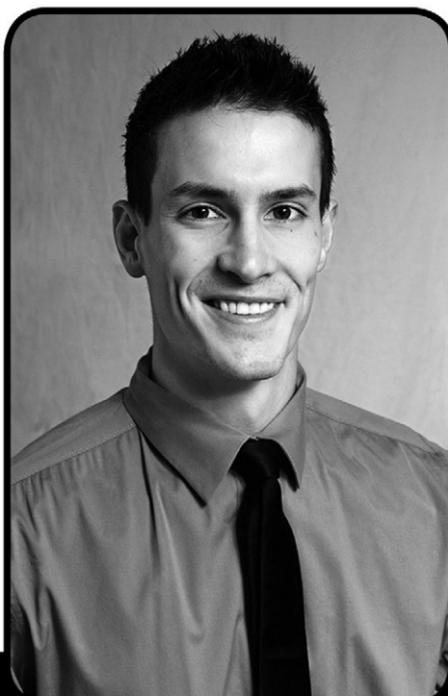
Zoning Board of Appeals (Live)
July 24 - 7 p.m.

Words of Peace
July 21 & 22 - 1 & 7 p.m.

July 28 & 29 - 1 & 7 p.m.
Aug. 4 & 5 - 1 & 7 p.m.

Schedule subject to change. Please check Channel 3 for up-to-date listings.

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Arboretum workdays on July 19, 28; Aug. 16

Members of the Arboretum at Fort Williams Committee, who are working to install a series of garden landscapes at the Fort, will hold volunteer work sessions from 9 a.m. to noon Thursday, July 19; Saturday, July 28; and Thursday, Aug. 16. The group will do weeding and clearing.

Volunteers should bring gloves, garden tools and water but leave children and dogs

at home. Work clothes are recommended. The sessions will be held rain or shine but not if weather conditions are severe. The group will meet at the Cliffside site, located at the head off the Cliff Walk path opposite the park's parade grounds parking area.

Contact volunteer coordinator Janet Villotte at volunteer@arboretumatfortwilliams.com for more information.

Cape Business Alliance to collect donations of food, money for Judy's Produce Pantry

Members of the Cape Business Alliance, which includes 30 businesses in town, will collect both nonperishable food items and monetary donations for Judy's Produce Pantry during the month of August.

The pantry, run by Cape Elizabeth resident Nancy Miles, provides fresh, locally grown produce free of charge to Cape residents with limited resources who want to eat healthy food. The pantry is a cooperative effort of the Cape Elizabeth United Methodist Church, Jordan's Farm, Maxwell's Farm and two Cape Elizabeth community gardens.

"The pantry is grateful for the many local farmers and families that donate fresh produce, but there is a great need for monetary and non-perishable food donations," a CBA press release states.

People who want to make donations can drop them off at the following businesses: Alewives Farm, Ann Veronica, Apple Tree

School, Coldwell Banker Residential Brokerage, Cape Dental Associates, Coastal Rehab, Coastal Wellness, Cynthia Dill Law Office, Funny Farm, Inn By The Sea, Jordan's Farm, Kettle Cove Take Out, Key Bank, Leslie Girmscheid, L.P. Murray and Sons, Maine Lobster Boys, Paula Banks Consulting, Polly's Hair Care Center, Purpoodock Club, RE/MAX Oceanside, Shore Things, Tara Gifts, Ted Smith Creative Services, the Cookie Jar, the Lobster Shack, the Local Buzz, Village Crossings, Two Lights Home Care, Visionary Vessels From Maine, Woodlands Assisted Living/ Cape Memory Care.

Checks should be made out to "Judy's Produce Pantry."

CBA, which formed in 2010, seeks to promote Cape Elizabeth businesses and encourage new business endeavors in town.

Call Kathy Duca at Coldwell Banker Residential Brokerage, 799-5000 for information.

Cape Garden Club's next meeting on Aug. 8

The Cape Elizabeth Garden Club will hold its next monthly meeting at 1 p.m. on Wednesday, Aug. 8, at the Shore Road home of member Sandra Keenan.

Group members will tour Keenan's gardens, and Garden Club member and professional florist Hilda Lewis will demonstrate how to create a terrarium.

Club members continue to be involved with the upkeep of the gardens at Portland Head Light and at Thomas Memorial library.

New members are welcome. Contact Membership Chair Betty Montpelier at 799-0229 for more information.

Tri for Preservation to be held Aug. 19

The Cape Elizabeth Land Trust's second annual Tri for Preservation is set for Sunday, Aug. 19. The event, which will benefit land conservation in Cape Elizabeth, will begin at 7:30 a.m. at Crescent Beach State Park.

"Last year, we attracted over 300 participants and twice as many spectators and volunteers to the Tri for Preservation," CELT Executive Director Chris Franklin said. "In the process of becoming a premier Maine triathlon event, we increased awareness of the importance of land preservation in Cape Elizabeth and raised over \$20,000 for CELT's ongoing 'Saving Cape's Great Places' initiative."

Options

The triathlon will include a 500-yard ocean swim along the cove of Crescent Beach. Participants then will compete in a 14.5-mile bike course, followed by a 3.1-mile run on a fire road along the shore of Crescent Beach toward Kettle Cove. Racers then will run back along Route 77.

People who do not want to run can participate in the aqua-bike competition, which will feature the same swim and bike course as the triathlon but will conclude after the bike leg of the race. People also have the option of forming teams with friends and family to compete in the races.

This year's event will also offer a duath-

lon - a run-bike-run race. The duathlon will feature a 1.5-mile run on the hard-packed dirt fire road along Crescent Beach, a 14.5-mile bike and a 3-mile finishing run to the finish line.

The triathlon also will serve as a state-qualifying event for the 2013 National Senior Games competition, which will be held in Toledo, Ohio, next summer. Athletes who turned 50 years old by Dec. 31, 2011, are eligible.

Pancake breakfast

After the race, CELT and the Cape Elizabeth Lions Club will co-host a beachside pancake breakfast for all athletes, followed by an awards ceremony. The breakfast, sponsored by Hannaford, will be free to participants and available to spectators for \$5. Proceeds will be split between the Land Trust and the Cape Lions, who will serve breakfast.

Race registration will include the race entry fee, breakfast, the choice of a race beach towel or T-shirt, park access for the day, and sponsor gifts. Go to www.cape-landtrust.org/triathlon to register.

Noyes, Hall & Allen Insurance is the leading sponsor for the event.

Contact Chris Franklin at 767-6054 or chris@capelandtrust.org, or Ted Darling at 671-9638 or tdarling@ethos-marketing.com for more information.

Cape's Class of 1982 plans 30th reunion Sept. 1

Members of Cape Elizabeth High School's class of 1982 plan a 30th reunion on Saturday, Sept. 1, at Bubba's Sulky Lounge, 92 Portland St., Portland. Bubba's will be closed to all but CEHS reunion guests that night. Friends of 1982 grads, teachers and classmates from other years will be wel-

come, but will need to reserve and purchase tickets in advance.

Contact class member Inger Pols at ingerpols@gmail.com or 899-7939 for more information. A Facebook page devoted to the reunion, which will include ticket information, will be created this summer.



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& post your name, email & class year (optional)

OR

Log onto CEEF's website: www.ceef.us
& visit the Alumni Resources page

As alumni, your interest and participation help continue a tradition of excellence in Cape Elizabeth schools!



'Awesome Aliens' and apple shrunken heads classes still have room

There are still some spaces left in two upcoming craft programs at the library.

Kids ages 5-8 can register for a story and craft program on "Awesome Aliens" on Wednesday, July 25 at 3 p.m.

Kids ages 9-12 can make spooky shrunken heads out of apples at 3 p.m. Wednesday, Aug. 1. Details and an online registration form can be found on the library's website at www.ThomasMemorialLibrary.org or by stopping in at the library.

Mad Science returns to library on Aug. 8

The popular science-education group, Mad Science, will present a "Dream Big with Science" show at 3 p.m. Wednesday, Aug. 8.

This interactive presentation of cool demonstrations and eye-opening experiments is designed to encourage children to discover the amazing career paths that begin with science. Chemists to firefighters to engineers to architects, and so many more careers, start with science and the dream to change the world.

Children and families will enjoy this unique show! Registration is not necessary.

Local watercolor artist Cottrell's works on view through July at TML

Cape Elizabeth watercolor illustrator Cheri Cottrell's original paintings are on view through July at Thomas Memorial Library.

Cottrell's paintings explore and illustrate the world of characters Hammy and Pammy, a pair of hamsters who live a cozy, simple life at Kettle Cove. Go to www.chericottrell.com for more information about Cottrell and her work.



Books come alive with July 26 magic show

Carroll Chapman, a.k.a. Conjuring Carroll, will present "Books, Dreams, and Magic," an enjoyable magic show themed toward the magic of reading, believing in your dreams, and all the fun that can be had at the library, at 3 p.m. July 26.

Comedy, audience participation and a surprise finale will have kids and families laughing and wondering "How did he do that?"

Puppet show, teen workshop set for Aug. 2

Puppeteer Nicola McEldowney will present a puppet show based on a classic tale by James Thurber at 11 a.m. on August 2 at the library.

"Many Moons" tells the story of the Princess Lenore, who falls ill from a surfeit of raspberry tarts and can only get better if somebody brings her the moon. The king is determined to get her the moon with the "help" of his royal wise men and a certain court jester.

That same afternoon from 2:30 to 4:30 p.m., McEldowney will offer a puppet theater workshop in which participants will design, build and bring to life their own puppets. The group will choose a story and each participant will pick a character. Participants will create their own puppets, from initial design sketches to the final stages of construction.

The second part of the workshop will be devoted to putting on a small show with the puppets that participants have created. Puppet-making materials will be provided, but participants are encouraged to bring their own, too, to add to the creative possibili-



Nicola McEldowney will present a puppet show for young children and a workshop for teens on Thursday, August 2, at the library.

ties. Teens can register for the program by phone, in person, or on the library's website at www.ThomasMemorialLibrary.org. Families with young children are invited to watch the brief show at 4:15 p.m. in the Community Room.

'Keep Your Dreams in Sight' music show is Aug. 9

Musical storyteller Jennifer Armstrong will lead families and young children in singing and dreaming together, guaranteed to "put a smile on your face and a tap in your toe!"

Armstrong's program, "Keep Your Dreams In Sight," features music and stories that celebrate joyful dreaming with bagpipe,

fiddle, banjo and dancing puppets.

The program will take place at 11 a.m. on Thursday, Aug. 9 in the library's Community Room. If the weather is pleasant, the program will take place in the library's backyard, which can be accessed through the Community Room.

Registration is not necessary.

LIBRARY SCHEDULE	799-1720 (for more info) rdavis@thomas.lib.me.us ThomasMemorialLibrary.org
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<p>MOTHER GOOSE STORY TIME Rhymes, songs & finger plays for babies up to 18 months. Wednesdays, 11-11:30 a.m.</p> <p>TALES FOR TOTS Songs, stories and movement for toddlers 18-36 months. Wednesdays, 9:30-10 a.m.</p> <p>STORY GARDEN Songs, stories & movement for pre-schoolers 3-5 years. Tuesdays & Fridays, 10:30-11:15 a.m.</p> <p>FAMILY STORY TIME Songs, stories & movement for toddlers & preschoolers. Saturdays, 10:30-11 a.m.</p> <p>LIBRARY HOURS Monday, Wednesday, Friday 9 a.m. to 5 p.m. Tuesday & Thursday..... 9 a.m. to 8:30 p.m. Saturday 9 a.m. to 1 p.m. Sunday Closed</p>	<p>STORY TIME THEMES <i>In keeping with the library's summer reading program themes, story times will explore nighttime and dreams.</i></p> <p>Week of July 15-21 <i>Night Worries!</i> Strange shadows and sounds can make nighttime seem scary. We'll hear reassuring stories about nighttime fears.</p> <p>Week of July 22-28 <i>Who's In It?</i> Owls, of course!</p> <p>Week of July 29-Aug. 4 <i>Meow!</i> Cats love the nighttime. Let's celebrate cats!</p> <p>Week of Aug. 5-11 <i>Bedtime Stories</i> Cozy, familiar fairy tales and folk tales.</p>
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For program details: ThomasMemorialLibrary.org

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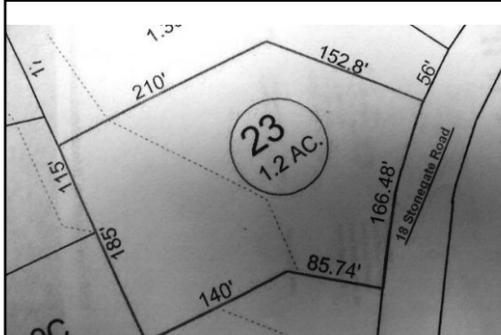
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2012 Cape Elizabeth High School Awards

- Kevin Brady Spirit Award:** Blake Barritt, Sasha Lennon
- Billy Brown Sports Award:** Kayla Raftice
- Cape Elizabeth Girls' Basketball Boosters:** Sarah Gleeson, Caroline Kelly, Kayla Raftice
- Cape Elizabeth Field Hockey Boosters:** Summer Pillsbury
- Cape Elizabeth Fire Department:** Sarah Gleeson, Michael Gregory
- Cape Elizabeth Football Boosters:** William Brooks, Donald Clark
- Cape Elizabeth Garden Club:** Nathan Botelho
- Cape Elizabeth Girls' Volleyball Scholarship:** Vanessa Blair-Glantz, Kathryn Cavanaugh, Olivia Cooper, Margaret Jacobson, Colby Marvin, Emily Mitchell
- Cape Elizabeth Grange:** Margaret Jacobson
- Cape Elizabeth High School Parents Association:** Alexis Johnson, Heather Kraft, Kelsey McIntyre, Georgia Morris, Matthew Propp, Derek Roberts, Elin Sonesson, Noelle Webster
- Cape Elizabeth Lions Club:** Jessica Allen, Timothy Stack
- Cape Elizabeth Music Boosters:** Ethan DiNinno, Lauren Gamble
- Cape Elizabeth Student Advisory Council:** Madeline Kraft
- College Club of Portland:** Alexandra Lengyel
- Joseph Doane Cross Country Award:** Thomas Bottomley, Victoria Brigham
- Buddy Earle Award:** Anna Pezzullo
- Wentworth Files Memorial:** Maxwell Gore
- Hedy Hansen Memorial:** Thomas Robinson
- Kenneth Jordan Higgins Memorial:** Kathryn Cavanaugh, Olivia Cooper, Forest Hewitt, Zoë Johnston, Maria Morris
- Fred Hilse Memorial:** Julia Hintlian
- Andrew Ward Holland Memorial:** Christopher Frank
- Durward Holman Memorial:** Maggie Rabasca
- Melissa Hyland Memorial:** Austin Shields
- Marian P. Johnson Memorial:** Sara Macdonald
- Pomeroy Wells Jordan Memorial:** William LeBlond
- Betty King Memorial:** Shannon Sockalexis
- Joshua Kuck Memorial:** Theodore Farnsworth
- Michelle Legere Memorial:** Tara Pinette, Lindsay Stephen, Lyndsey Tanabe, Catherine Tierney
- Maine Principals' Scholarship:** Vanessa Blair-Glantz
- Sen. George Mitchell Institute:** Melissa Stewart
- Reynold E. Moulton Student/Athlete Award:** Brian Brett, Victoria Brigham, Donald Clark, Timothy Lavallee
- Pomarico Memorial:** Kevin Flathers
- Project Graduation Scholarship:** Lane Parrish, Cassandra Quimby
- Inez Raymond Memorial:** Molly Harmon
- Roy E. Raymond Memorial:** Brian Mowles
- South Portland/Cape Elizabeth Rotary Club:** Caroline Kelly, Victoria Russell
- Keith Sleeper Memorial:** Sasha Kohan, Emily Muscat
- Jim Spaulding Memorial:** Matthew Pierce
- Phineas W. Sprague Promise Award:** William Alexander, Samuel Barber, Samuel Donnelly, Alexander Enna, Paul Hamerski, John Harrison, Thomas Janick, William McCarthy, Emily Mitchell, Katherine Page, Jonathan Rice
- Phineas W. Sprague Scholars:** Max Aronson, Noah Backer, Rebecca Eisenberg, Gregory Howard, Ian McInerney, Edward Melanson, Claire Muscat, William Norris, Luke Sisselman, Jacob Wasserman
- Timberlake/Sherman Scholarship:** Ziana Merlim
- United Way's Kenneth Jordan Higgins Award:** Vanessa Blair-Glantz, Zoë Johnston
- Unsung Hero:** Emily Ham
- Waecker Technology Scholarship:** Christopher Frank
- John Wilbur Memorial:** Kirby Saari
- Woman's Literary Union:** Charlotte Rutty

Two CEMS students win 2012 citizenship awards

By Seth Queeney

Two Cape Elizabeth Middle School students won citizenship awards on June 13, the last day of school.

Maine Secretary of State's Eighth-Grade Citizenship Award

Mo Lavallee, who will enter Cape Elizabeth High School in September, received the Maine Secretary of State's 2012 Eighth Grade Citizenship Award, given every year to an eighth-grader in each Maine middle school to honor "outstanding citizenship, scholarship and leadership in school and community."



Mo Lavallee

Maine Rep. Jane Amero, one of two presenters of Lavallee's award, praised her work ethic, enthusiasm for learning, kindness to fellow students, cooperative spirit, and for having the strength to follow her own principles. At CEMS, Lavallee organized numerous activities, including a canned food drive, a toy and clothing collection for disadvantaged Portland families, and social events for

students.

Teased by some students for watching monthly Cape Elizabeth School Board meetings on CETV, Lavallee, who wants to be a teacher, told other students she found the meetings "cool" and "interesting," and stimulated student discussions about the School Board's role, said Maine Rep. Kim Monaghan-Derrig, the other presenter.

"She stands out as a committed, caring student who has the intrinsic values of a teacher," Monaghan-Derrig said. "She has a vision, sets goals, looks beyond herself, motivates and guides others along the way, and maintains the perseverance to realize her goals."

CAPER Award

Patrick Macdonald, who will enter eighth grade in September, won the 2012 CAPER Student of the Year award.



Patrick Macdonald

Each year, seventh-graders vote on a classmate who possesses the following qualities of a C-A-P-E-R: "commitment and citizenship, achieving academic potential, positive attitude, effort and excellence, and respect."



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Cape Elizabeth High School Citizenship Awards

Cape Elizabeth High School's Citizenship Awards honor students who demonstrate outstanding behavior and accomplishment most closely tied to our school mission. While academic excellence is a factor in determining some of these awards, these awards are designed to think about the whole person we are educating – about their character, their contributions to community, about the growth they have demonstrated and the challenges they have overcome. The citizenship awards are the highest and most important bestowed by the school. Candidates are nominated by students and faculty. A faculty committee makes final award decisions.

There is no money associated with these awards, but they are the awards that best reflect and are tied to our school mission. Citizenship awards for students in grades 9-12 were presented this year at the underclassmen awards ceremony on May 30. Citizenship awards to seniors were presented at graduation on June 10. What follows are texts from the presentations of these awards.

—Jeff Shedd, Cape Elizabeth High School Principal

Character and Leadership Award

The Citizenship Award for Character and Leadership is presented to students who through their force of character have led by example. These individuals not only know what is in the best interest of themselves and the school community but also have the courage to act on their convictions regardless of what others may think.

Brian Brett, Class of 2012

This year's recipient of the Character and Leadership Award is known throughout the school for his positive energy, strong work ethic, and compassion. In the classroom, he takes the most challenging set of classes and applies every ounce of his enthusiasm and intellectual energy to master the material in those classes. His



Brian Brett

Spanish teacher states about him, "This student is highly motivated and focused. He is very bright and loves to learn and responds positively to feedback, always seeking better ways of mastering the language." His compassion led to his selection in his freshman year as a Natural Helper – a student selected for his openness to listen to others and extend a helping hand. His experience as a Natural Helper has been transformative in terms of the way he sees himself and the world around him. He is a student whom Mr. Henninger and I can, and have, turned to when another student is isolated and needs a positive role model and friend. He is a highly regarded camp counselor and peer coach who is looked up to by younger students in this community and elsewhere. Yet he knows how to – and does frequently – laugh at himself.

On the playing field, our recipient's combination of drive, competitiveness and compassion are on display every day. Probably not the most gifted athlete on any team he has been a part of, nobody has worked harder to improve himself as an athlete. That effort has resulted in his recognition as captain of both the soccer and lacrosse teams. He plays with a physical abandon that must sometimes make his parents cringe, yet he is the first to extend a helping hand to an opponent who has landed on the turf or to a referee at the end of a game.

For his compassion, work ethic, leadership and character, we are delighted to present the Citizenship Award for Character and Leadership to Brian Brett.

Sasha Lennon, Class of 2012

This year's recipient of the Character and Leadership Award is known throughout the school for her many areas of passion, including the environment, the outdoors, and art; her kindness to everybody; and her endlessly positive attitude. Interestingly, her initial introduction to high school academic life was not perfectly smooth. The step-up in terms of academic expectations was a

big one. Yet she never gave up. She rallied and over the next year pushed herself to the point that she now excels academically and challenges herself to take the most challenging classes.

In class, she asks questions others have on their minds, yet are reluctant to ask. That's leadership – just another dimension of the leadership that has led to her selection as captain of the soccer and lacrosse teams.

Her compassion and willingness to do what's right is well known. As a sophomore, she befriended a student who needed a visible friend, and she has eaten lunch with that student regularly for three years. She was one of the founding members of SEED, a group determined to find positive outlets for social energies. She is a busy babysitter who has probably funded at least her college textbooks if not a good deal more through many evenings caring for children. She has served as a mentor for Pond Cove students.

Perhaps her can-do spirit is nowhere better demonstrated than by the artful, lovely, unique, large floor numbers she painted in CEHS's stairwells to help visitors to our school with three ground floors find their way! When she sees a problem, her reaction is not, "Whose fault is it?" It is, "What can I do to help solve the problem?"

For her energy, her contagious enthusiasm, her intelligence and her compassion, we are delighted to award the Citizenship Award for Character and Leadership to Sasha Lennon.

Commitment to Excellence Award

The Citizenship Award for Commitment to Excellence is presented to students who have demonstrated a passion for a subject, sport or activity that has resulted in their achieving a level of excellence that is widely recognized by others. These individuals are the standards against which others will be measured for years to come in the classroom, playing field, stage, or community.

Lauren Steidl, Class of 2013

On the field, on the stage, in the classroom – take your pick. The recipient of this year's Excellence Award has distinguished herself in all of these arenas. Her passion, motivation, integrity and incredible work ethic have earned her awards and accolades across the board. This National Honor Society student challenges herself with a rigorous load of AP classes and academic electives while serving on student council and competing with the math team. She has an obvious passion, though, for theater. From



Sasha Lennon



Lauren Steidl

her portrayal of Eva Peron in the 2010 ... production of "Evita" to Vera's mother in Cape's one-act play "Find Me," which was runner-up in the state festival this year, she shines onstage. Beyond that, she has become a top scoring competitor on the speech team and was recognized as a finalist at the 2011 National Speech Competition. But this young woman is probably most known as a "scoring force" on the lacrosse field. While limited to nine games and restricted playing time last year due to an ankle injury, she still managed to end the season with 22 goals and eight assists and helped her team get to the Western Maine Class B finals. This year she has been back in force: she is the hands-down state female leader in lacrosse with 45 goals, and she is the only young woman from Maine on ESPN's 2013 Girls' Lacrosse Watch List. In all of these activities, she exhibits grace, leadership, humility and a smile.

Noelle Webster, Class of 2012

The recipient of this year's award for Commitment to Excellence meets these criteria so well that I have but to mention a one-word descriptor and all mystery regarding the recipient of this year's Award for Excellence will be gone.

Since the tender age of 10, this young artist's work has been featured in South Portland's summer "Art in the Park" program.

The recognition of her talents at CEHS began in her freshman year with numerous awards. In her sophomore year, her reputation went regional with her receipt of the Scholastic Art Award's "Gold Key" award. In her junior year her work was appearing in the *Portland Press Herald* and the *Lewiston Sun Journal*. And finally, at the end of her junior year she traveled to Carnegie Hall in New York City to be honored as the National American Vision Medal recipient for Maine.

Those of you are fortunate enough to know this year's recipient also know and appreciate the source of her amazing talent. This young artist combines a core of pure kindness and compassion for all with a sense of optimism and a dash of pure fun. She brings out the best in others, both in her life and in her work.

May she continue to help us see the beauty in others and the beauty in our world.

Good Samaritan Award

The Good Samaritan Award is presented to students who personify the values and characteristics of the Good Samaritan, who recognizes as a friend anyone in need. The Good Samaritan is dedicated to service to others either within the school community, or the greater Portland area, not because of the plaudits that good deeds may bring but

because of the intrinsic value of offering a helping hand.

Max Gore, Class of 2012

The outstanding student and dedicated athlete who meets these criteria is a person whom peers, administrators, teachers, coaches, employers and adults in the community hold in the highest regard. Adults who know him talk about what a kind and gentle man he is; that he shows kindness and compassion toward the young children he coaches; that he is sensitive and caring to the needs of the young people in the Cape Elizabeth community; that he has a heart of gold – so accepting and nonjudgmental. Yet what truly stands out about this person is how his peers feel about him. In the nominating process,



Max Gore

these were some of the thoughtful comments that were written about him: "He is the nicest and most genuine person I know"; "he is one of the few people that everyone considers a sincere, friendly and truly selfless individual"; "his lessons, though not intentionally taught, will stay with all whom he meets throughout his life"; "he is an all-around good guy!"

Whether mentoring students at lunch, or leading a biology study group in the Achievement Center, or teaching and coaching young players about the sports he loves, or volunteering at the soup kitchen, or helping to raise money for Hope for Haiti, or working as a counselor in training at Community Services' summer day camp, or using his Natural Helper skills, or just being the best friend, teammate, son and big brother he can be, this young man is so deserving of the award.

Emily Mitchell, Class of 2012

Our recipient of the Good Samaritan Award this year is passionate about people. The most effective way she has found to channel the stress and challenges of life is to reach out a helping hand. Whether it's raising money for Hope Village; supporting her teammates on the volleyball, ski or tennis teams; or serving as a member of the youth ministry at her church, our recipient is always looking out for others.



Emily Mitchell

Yet it is for her volunteer work since freshman year at Piper Shores Retirement Community where her caring heart has combined with her leadership to multiply her own efforts by attracting others to Piper Shores. For years, our recipient has worked three hours each week at Piper Shores helping in any way she could, whether in activities like singing or special parties like Halloween or Christmas, or just sitting and talking with the residents. The residents love her and the staff members rave about her. This year, she participated in two additional Senior-to-Senior activities at Piper Shores, accumulating over 50 volunteer hours for herself, but also bringing 11 different students with her. When totaled, she was responsible for 84 volunteer hours in the service of our senior citizens.

Her kindness, sincerity and generosity of heart are why we recognize this year's recipient of the Good Samaritan Citizenship Award, Emily Mitchell.

Katie Lisa Award for Determination and Achievement

The Citizenship Award for Determination and Achievement, named in honor of Katie Lisa, a longtime social worker at Cape Elizabeth High School, is awarded to students who have achieved much, overcoming obstacles along the way. Benjamin Franklin, in an attempt to motivate his countrymen in the struggle to establish a new nation, noted, "Nothing good comes easy." Nike shortened the thought to "No pain, no gain."

Donald Clarke, Class of 2012

This year's recipient of the Determination and Achievement Award never gets down for long. As a student, he comes for extra help, asks questions and constantly digs deeper. His academic work ethic and resilience will take him far. In his own words, he has learned "If you rewrite a paper three times, it will be good, but if you rewrite it ten times, it will be great." The fact that he works hard for everything explains in part why other students look up to him. As a freshman, he was selected as a Natural Helper. Ms. Cayer says about him: "He has an interesting personality. He has a quick wit, often lending humor to situations. Quietly, without notice or fanfare, he can become very thoughtful and serious, lending depth and purpose to a situation."

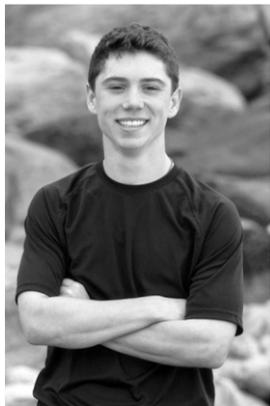
Yet it is on the football field and on the ice where this year's recipient is publicly visible to people as what he truly is: 140 pounds of pure heart.

Watch him take the ball as a running back and slash his way through defenses, nearly all of which feature defensive players more than 100 pounds heavier. He was a finalist for the Fitzpatrick award, Maine's highest football award. On the ice, he is equally tenacious, battling for the puck in the corners, making the unheralded pass down the ice to a streaking teammate who gets the glory.

For his tenacity, his resilience, and his unwillingness to accept limitations that would hold back others, we are delighted to award this year's Citizenship Award for Determination and Achievement to Donald Clark.

Clarice Diebold, Class of 2013

Art teacher Mary Hart notes that this student "brings determination, a cheerful attitude and intelligence to everything she takes on." And she takes on a lot, both in school and the community. Her work has been recognized in many arenas, including local and national competitions. When complimented on her extraordinary organizational skills, she responded, "I have to be this organized because I'm out so much and have so little time to get things done." Significant health issues have kept her from being in school every day. However, they have not kept her from achieving at the highest level.



Donald Clarke



Clarice Diebold displays her award.

She has at times been frustrated, discouraged and exhausted. But she never gives up. She has always been resolute in her desire to learn, to grow, to create and to enjoy.

She has shared her personal strength and concern for others as a Natural Helper. Described as "one of the most compassionate and caring people I know," she is profoundly kind.

We admire her for her determination to fully use her gifts, despite adversity that would have discouraged those with less heart. And we thank her for the generosity of her spirit.

Please join me in congratulating the determination and achievement of Clarice Diebold.

Phoenix Award

The Phoenix Award is an award the principal and assistant principal alone judge, based on a student's positive growth over four years—or in this case three. Being chosen as the recipient of this award does not necessarily mean that the selected student worked his or her way up from the bottom or faced incredible personal hardship, although this has been true of certain of our past recipients. What we look for is a student who has grown through high school, no matter what the starting point.

Logan Jones, Class of 2013

As a ninth grader, this young man would find his way to Mr. Henninger's office so frequently the secretaries knew his schedule better than he did. This young man had a reason for every missed class, every missed assignment, and every tardy—and the reasons were comical and at times very creative. Then, all of a sudden in eleventh grade, the missed classes and tardies declined. The decline was so dramatic that Mr. Henninger had to go looking for this young man to see if he was still attending school. He was; he was in the library. And then it happened; his grades improved dramatically, and his desire to be successful in school became paramount and clear. His social studies teacher describes him as "incredibly conscientious and genuinely interested in academics, with a positive attitude and a great sense of humor."

His English teacher says, "he's done a great job. He takes his work very seriously, and he knows when to ask for help. He's awesome." This young man is on track and with a clear path to where he is going—and he will succeed. And Mr. Henninger will know where to look for him from now on.

With this Phoenix Award, we proudly acknowledge the growth of Logan Jones.

School Spirit Award

The Citizenship Award for School Spirit recognizes students who are widely seen as making our school a better place through their enthusiasm, attitude, ideas, and actions. School spirit may manifest itself in any number of places, including the classroom, hallways, playing fields, sidelines, on stage and in the audience.

Noah Backer, Class of 2012

This year, referees and visitors to our football games from other towns commented on how positively spirited our fans were. When they asked the secret, we invariably mentioned this student's name, as well as that of his partner Sam Donnelly. We described the paint they brought to paint fan's faces. We described the tailgate parties in

the senior parking lot they organized. We described the bonfire they organized. I have watched in awe as this young man banged his plastic pail, fired up the crowd, and led cheers. How frequently did he come up to Mr. Henninger and me during football games, shaking our hands and asking: "How are we doing? Is it positive?" Always our answer was "yes."

Selected to be a Natural Helper in 11th grade, our recipient was recognized for his ability to listen to and support others, and that role has encouraged him to redouble his efforts to bring energy and supportiveness to others in each of his endeavors. At swim meets, for example, this young man gives his best for himself and the school. He is often seen with his arms around other swimmers encouraging them or congratulating them for their performances.

In addition to all his other accomplishments, this year's recipient of the School Spirit award is the founder and chief engine behind the CEHS Ultimate Frisbee team, which this year took second place in the state.

Sam Donnelly, Class of 2012

This year, referees and visitors to our football games from other towns commented on how positively spirited our fans were. When they asked the secret, we invariably mentioned this student's name, as well as that of his similarly unitard-clad sidekick Noah. We described the paint they brought to paint fan's faces. We described the tailgate parties in the senior parking lot that he organized. We described the bonfire featuring him standing on a car telling a campfire story to younger students who were enthralled.

On the basketball court, our recipient is the most unlikely looking point guard you would ever want to see. Yet he uses his court smarts to outrace physically faster opponents and to defensively annoy those who think he looks like an easy target. Most of all, he just seems to have fun playing. It's hard to see through his lacrosse helmet to witness the gleam in his eye when he steals a pass defensively. But you don't have to see it to know it's there!

Picture, if you will, a rapidly moving tornado of spinning ideas entering the main office seeking out the administration to sell his new, well-thought-out plan, like a skillful

used car salesman dressed in a Goodwill-purchased plain coat. Yes, he does own that coat. In all seriousness, he is enthusiastic, intelligent, and dedicated to his class, school, and community. This young man has informed Mr. Henninger many times that he will become a vice principal of a school someday—ideally this one!

Chelsey Whynot, Class of 2013

At CEHS, we, individually and collectively, take great pride in our academic accomplishments. And, this year's recipient of the School Spirit Award is appropriately serious about her academics.

However, the characteristic that truly defines this year's recipient of the School Spirit Award is her passionate desire to

simply make Cape High School a better place for all students. And, CEHS is indeed a better place because of her passion. This student has shown an unlimited supply of time, energy, creativity and enthusiasm, working with others to create schoolwide events enjoyed by all, including Winterfest, Spirit Week, and Prom. She has made a similar commitment to a host of other activities that also help to enhance the reputation and culture of CEHS, including Natural Helpers, the Volunteer Club, Siddhartha, and Mock Trial.

Further, for the past two years, she has expanded her passion for making CEHS a better place, to that of making all schools in Maine better places. For the past two years our recipient has given students across Maine a voice at the state level of our government as a representative to the Maine State Board of Education.



Chelsey Whynot



Noah Backer



Logan Jones



Sam Donnelly

CEHS student named Maine winner in essay contest

Matt Gilman, who will be a senior at Cape Elizabeth High School this fall, is the state winner of the United States Institute of Peace's 25th annual National Peace Essay Contest. Gilman will receive a \$1,000 academic scholarship for his research on the issue of the impact of new media on peacebuilding and conflict management.

Gilman represented Maine last month in a five-day conference in Washington, D.C., where state winners participated in a simulation and met with senior U.S. government and foreign embassy officials, members of Congress, and other experts involved in American foreign policy.

Gilman learned about the essay contest through his participation as a delegate in model United Nations conferences for high school students. A member of Cape Elizabeth High School's World Affairs Council, he has received honors for preparation and deliberation at several conferences.

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Deadline extended for submissions of graduates' plans

Recent high school graduates and parents who want to run postgraduate plans in the Aug. 8 issue of *The Cape Courier* should send the graduate's name, parents' names, and the graduate's plans, including the location of the college or postgraduate activity, to Wendy Keeler at communityeditor@capecourier.com.

Only information sent by seniors or their parents will be accepted.

Cape Elizabeth High School honor roll for the fourth quarter

Grade 12

High honors – Ethan DiNinno, Lauren Gamble, William McCarthy

Honors – William Alexander, Jessica Allen, Max Aronson, Noah Backer, Samuel Barber, Vanessa Blair-Glantz, Nicholas Breed, William Brooks, Kathryn Cavanaugh, Olivia Cooper, Alexandra Dunton, Rebecca Eisenberg, Alexander Enna, Theodore Farnsworth, Kevin Flathers, Chase Gaston, Sarah Gleeson, Maxwell Gore, Emily Ham, Paul Hamerski, John Harrison, Forest Hewitt, Julia Hintlian, Kelsey Jackson, Thomas Janick, Zoe Johnston, Caroline Kelly, Heather Kraft, Madeline Kraft, Timothy Lavallee, Alexandra Lengyel, Sasha

Lennon, Alonso Lizano, Connor Logan, Ziana Merlim, Emily Mitchell, Maria Morris, William Norris, Matthew Pierce, Tara Pinette, Matthew Propp, Maggie Rabasca, Kayla Raftice, Jonathan Rice, Derek Roberts, Thomas Robinson, Charlotte Ruty, Charles Salerno, Elin Sonesson, Timothy Stack, Lindsay Stephen, Melissa Stewart, Lyndsey Tanabe, Ruby Taylor, Catherine Tierney, Jacob Wasserman, Noelle Webster

Grade 11

High honors – Ian Andolsek, Josephine Barth, Allison Briggs, Moriah Brown, Abigail Buhman, Travis DeLano, Daniel Epstein, Matthew Gilman, Francesca Governali, Emma Inhorn, Brett Parker, Samuel Sherman, Alex Silva

Honors – Hannah Allen, Ryan Allmendinger, Julianne Ayers, Max Barber, Clifton Bauman, Jacob Brady, Anna Brogan, Griffin Carpenter, Justin Cary, Cameron Caswell, Harper Chalot, Nolan Chase, Calvin Chen, Harrison Clarke, Meghan Clifford, Jane Coffrin, Elizabeth Coughlin, Zachary Culver, Deirdre Curran, Samuel Davis, Marlo Dell'Aquila, Clarice Diebold, Seth Dobieski, Abigail Donnelly, Glenn Findlay, Robert Freccero, Madeline Gears, Sydney Glazier, Caroline Gleason, Courtney Guerrette, Adam Haversat, Abby Hunter, Anastasia Kouros, Jeanette Lalouche, Stefan LaRose, Jonathan Lynch, Connor Maguire,

Ali Mohamedi, Meaghan Monaghan, Jessica Morgan, Nolan Morris, Ariana Mortello, Mireia Odlin, Talley Perkins, Peter Pfister, Madelaine Riker, Charlotte Sawyer, Douglas Sewall, Emily Spidle, Rohit Srungavarapu, Brent Staples, Lauren Steidl, Kisa Tabery, Emily Tall, Natalie Underdown, Chelsea Whynot, Cameron Wilson

Grade 10

High honors – Daniel Brett, Trevor Ewald, Trevor Gale, Jordan Greer, Kevin Hare, Caroline Herriman, Emma O'Rourke, Deven Roberts, Jane Vaughan, Addison Wood

Honors – David Allen, Julian Andrews, Allison Bowe, William Britton, Heather Chase, Elizabeth Cloutier, Gavin Cottrell, Ethan Duperre, Lucas Dvorozniak, Samuel Earnshaw, Dylan Egeland, Sarah Flaherty, Elise Flathers, Henry Gent, Zoe Gillies, Anna Goldstein, Audrey Grey, Mae Gruen, John Hall, Andrew Hollyday, Shannon Howard, Dorothy Janick, Montserrat Kwan, Mackenzie Leighton, Abigail McInerney, Katherine Miklavic, Sophie Moore, Kayne Munson, Hannah Newhall, Matthew Oberholtzer, Rebecca O'Neill, Hailey Petsinger, Katie Rabasca, Elizabeth Raftice, Natalie Rand, Matthew Reale-Hatem, Nathan Rose, Anne Russell, Stuart Ruty, Ian Schrank, Friederike Selbach, Nicholas Shedd, Phoebe Shields, Liam Simpson,

Sarah Stacki, Brian Taintor, Jack Tierney, Melanie Vangel, Emily Wasserman

Grade 9

High honors – Kathryn Clark, Rhoen Fiutak, Caroline Garfield, Thomas Gleason, Brette Lennon, Samuel MacDuffie, Aphrodite Makrides, Daniel Menz, Hannah Preble, Benjamin Stanley, Acadia Stewart

Honors – Holden Amorello, Talus Andolsek, Mathias Barth, Sierra Bates, Matthew Chipman, Isabel Clarke, Mark Coleman, Parker Dinsmore, Mary DiPietro, Aaron Dobieski, Jack Drinan, Katherine Ewald, Emily Faria, Luke Gilman, Julia Ginder, Thomas Gleeson, Adam Godfrey, Walker Grimes, Sarah Hagos, Andrew Harrington, Luke Harrison, Robert Harrison, Noah Haversat, Taylor Herrera, Lily Jordan, Caroline Kelley, Andrew Kelly, Kyle Kennedy, Emma Landes, Rachel Lockwood, Sarah Loring, Emily Lynch, Robert MacKay, George Mackenzie, Devin Maguire, Ethan Murphy, Wyatt Page, Nicholas Pellechia, Michaela Pinette, Kirsten Rudberg, Melissa Rudberg, Maci Russell, Hayley Saari, Hannah Saturley, Hannah Sawyer, Rachel Seekins, Sairah Shir, Lindsay Stewart, Conner Sullivan, Andrew Thomas, Ashley Tinsman, Zachary Vaughan, Andrew Volent, Andrew Whynot, Leo Wing, Claire Zimmerman, Sarah Zucchero



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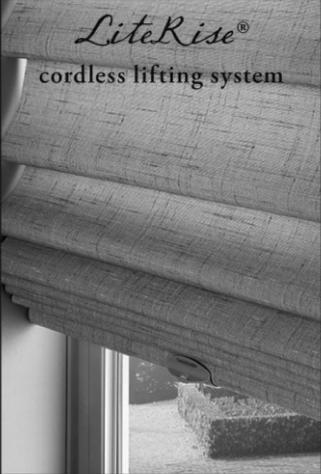
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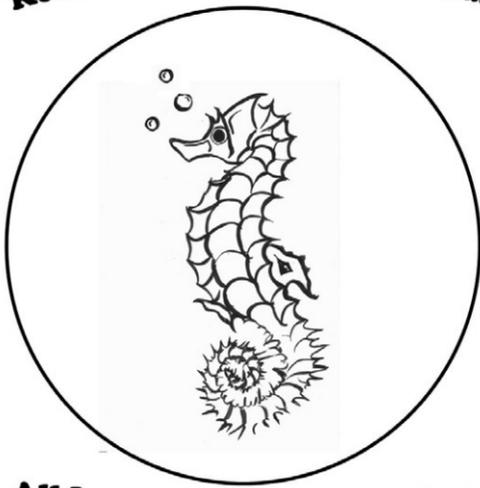
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www.capenazarene.org

Sunday School for all ages: 9:30 a.m.
Sunday Worship Celebration: 10:45 a.m.
Evening Prayer: Wednesday: 7 p.m.
Sermon recordings available to download.

Cape Elizabeth United Methodist Church

280 Ocean House Road
799-8396

www.ceumc.org

Chapel Service: 8 a.m.
Sanctuary Service: 10 a.m.
Child care: 10 a.m. service
Audio tapes of services available.

Cape Shore Assembly of God

536 Cottage Road, South Portland
799-3152

Sunday Prayer & Intercession: 9:30 a.m.
Sunday Worship: 10 a.m.
Family Bible Studies:
Wednesday: 7 p.m.
Sermon recordings available to download.

The Church of Jesus Christ of Latter-day Saints

29 Ocean House Road
767-5000

Sacrament Meeting:
Sunday 9-10:10 a.m.
Sunday School: 10:15-11 a.m.
Primary: 10:15 a.m.-noon
Relief Society, Priesthood: 11 a.m.-noon

Congregation Bet Ha'am

81 Westbrook St., South Portland
879-0028

www.bethaam.org

Worship: Friday: 7:30 p.m.
Saturday: 10 a.m.
Family Shabbat services:
Second Friday: 6:30 p.m.

First Baptist Church of South Portland

879 Sawyer St., South Portland
799-4565

www.spfbc.com

Sunday Morning Worship: 9:30 a.m.
Awana Clubs (Grades 3-8) Tuesday 6:20 p.m.

First Congregational Church United Church of Christ

301 Cottage Road, South Portland
799-3361

www.fccucc.org

Sanctuary Service: 9:30 am.
Childcare: Nursery through age 5

Saint Alban's Episcopal Church

885 Shore Road
799-4014

www.stalbansmaine.org

Rite I: Wednesday: 9 a.m.
Rite I: Sunday: 8 a.m.
Rite II: Sunday: 9:30 a.m., 5:30 p.m.
Children's summer program:
4-11 years old: 9:30 a.m.
Nursery available: 9:30 a.m.

Saint Bartholomew Roman Catholic Church

8 Two Lights Road
799-5528

www.saintbarts.com

Sunday Mass: 9 a.m. and 11 a.m.
Weekday Masses:
Tuesday & Thursday 8:30 a.m.

Peaks Island retreat, book talk planned

St. Bartholomew Parish, along with Roman Catholic parishes in Scarborough and South Portland, plans a retreat and breakfast book discussion in coming weeks.

A retreat for adults is planned from 9 a.m. to 3 p.m. Saturday, July 21, on Peaks Island. Participants will be accompanied by a visiting seminarian and Kathy Williamson, pastoral life coordinator for the parishes.

"We will help you to relax and delve into deep prayer and communion with our Lord Jesus Christ through meditation on what difference our faith makes in our lives," Williamson said.

A \$25 registration fee will cover the cost of a round-trip ferry ticket and lunch. The cost for seniors and neophytes is \$20.

The parishes also plan a breakfast book discussion Saturday, August 25, from 8:30 to 10:30 a.m. on the grassy knoll at Kettle Cove. The group will read the Rev. James Martin's book, "Between Heaven and Mirth: Why Joy, Humor, and Laughter are at the Heart of the Spiritual Life."

The book is available through Amazon and The Abbey book shop in Scarborough. If the weather is rainy, the event will be held at St. Bartholomew.

Registration for both events is required. Contact Williamson at 799-5528, extension 102, or Kathy.Williamson@portlanddiocese.org to register, or register online at www.saintbarts.com.

St. Bartholomew to hold Bible camp

St. Bartholomew Roman Catholic Parish will host a children's Bible camp, "Sky: Everything is Possible with God," from Monday, Aug. 6, through Friday, Aug. 10.

The camp, which will run from 8:45 to 11:45 a.m., will include Bible-learning activities, singing, treats, and teamwork-building games. Kids will get to test out science gizmos, which they will keep after the end of camp.

Each day, the group will look for evidence of God, and every day will conclude with a "Fly Away Finale," to which family and friends will be invited at 11:45 a.m.

The camp is for children of all Christian faiths entering kindergarten to fifth grade. Kids entering grades 6-8 can participate as junior counselors. Call the parish office at 799-5528 or go to www.saintbarts.com to download registration forms or to get more information.

Cape football team to hold clinics

The Cape Elizabeth High School football team plans four clinics for players entering grades 4-8.

The clinics will focus on basic football fundamentals, including stance, alignment, blocking, throwing, receiving, running, punting and kicking. Special attention will be given to proper technique for safe and effective tackling. Other topics will include player safety, nutrition and proper stretching and training.

Clinics are planned from 9 a.m. to noon on Saturdays, July 21 and Aug. 25; from 4 to 7 p.m. on Monday, Sept. 10; and from 9 a.m. to noon, Monday, Oct. 8.

The cost is \$100 for all four sessions, and drop-in sessions are \$30. The fee includes a T-shirt.

Go to www.capefootball.com to register and for more information about the clinics. Contact CEHS football coach Aaron Filieo at capeelizabethfootball@gmail.com for more information.

Perfect season!



Photo by Jennifer Tinsman

The Cape Elizabeth Little League majors team, the Yankees, won the CELL championship this spring after an undefeated season in which the team won all of its 16 games. Team members are, left to right, front row, Cullen Sullivan, Jake Tinsman, Alec Riggle, Sam Roberts; back row, coach Scott Holmes, coach Mike O'Connor, Chris Laprade, John O'Connor, Brendan Tinsman, Natty Holmes, Henry Menz, Ben Lualdi, Ryan Weare and coach Blaine Riggle.

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TD Beach to Beacon 10K 2012: Thousands of Cape residents will take part again

Once again, thousands of feet will pound the pavement in Cape Elizabeth in early August, and for more than a few of the runners, the route from Crescent Beach State Park to Fort Williams will be very familiar territory.

For the 15th running of the TD Beach to Beacon 10K Road Race on Aug. 4, roughly 860 of the 6,000 participants registered are from Cape Elizabeth.

Residents also make up a significant number of the volunteers for the event; some families host the elite international runners and the town provides a multitude of services to make sure the race goes smoothly.

"The community support here is just phenomenal. The volunteers and the entire community of Cape Elizabeth – police, fire, town officials, residents, runners, volunteers, even the kids – all come together for this event, and that's what makes it a success year after year," said Race Director Dave McGillivray of DMSE Sports.

Residents take pride in the fact that the race has become a premier running event, which last year drew runners from 12 countries and 43 states.

"It truly is an international event, but the fact that this race is held in Cape Elizabeth makes it all that much more special," said volunteer race president Dave Weatherbie of Cape Elizabeth.

Last year, 166 Cape Elizabeth residents volunteered to help with a variety of race-related events and the 2011 Volunteer of the Year award went to the town's Berman family – Jeff and Kerri and their three children, Ben, Jackson and Sam.

"It's committed volunteers like the Bermans who make this race what it is – and they have fun doing it," said Cape resident Maya Cohen, the volunteer coordinator for



the Beach to Beacon 10K.

Jeff Berman is one of 139 legacy, or streak, runners who have run in each of the B2B races since they began in 1998. In all, 33 Cape residents are legacy runners.

The race was begun by Olympic gold medal marathoner Joan Benoit Samuelson, who grew up in Cape Elizabeth and, while running through town, thought it would be a great place for a road race.

"This being the 15th year of the race – which has grown each year in stature and popularity – makes me very proud to be from Cape Elizabeth," Samuelson said. "It's exceeded my wildest dreams, and most of that is due to the Cape Elizabeth community and it makes me happy knowing how many charities have benefited from the race and its generous sponsors and participants."

This year's race beneficiary is the Center for Grieving Children, a Portland-based nonprofit that supports bereaved children and families. The center will receive a \$30,000 donation from the TD Charitable



Photo by Ann Kaplan

Jason Emery and Darren Brown of the Cape Elizabeth Public Works Department place new mile-marker signs along the TD Beach to Beacon course on July 5.

Foundation and also benefit from fundraising activities and publicity.

Road closings

The following roads will be closed on the morning of Aug. 4 because of the race:

- Route 77, from Sprague Hall to Kettle Cove Road, from 6 to 10 a.m.
- The entrance to Crescent Beach State Park, from 7:30 to 8:30 a.m.

- Route 77, from Kettle Cove Road to Old Ocean House Road, from 7:30 to 10 a.m.

- All of Old Ocean House Road, from 7:30 to 10 a.m.

- All of Shore Road, from Key Bank to Fort Williams, from 7:30 to 11 a.m.

- All of Fowler Road, from 7:15 to 10 a.m., except for shuttle buses.

- Scott Dyer Road eastbound, from 6:45 to 8 a.m.

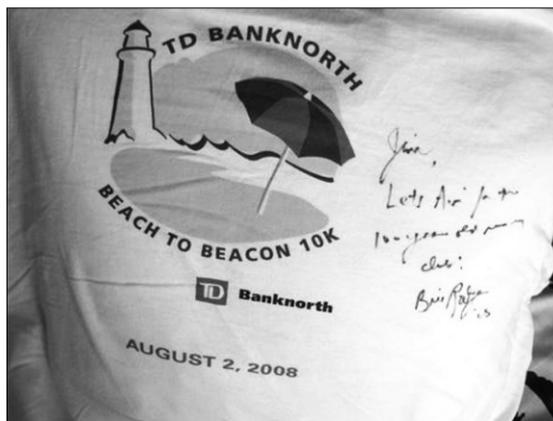
B2B

Cont. from page 1

my fastest is within 10 minutes of her fastest time), I have run all 14 races to date, and am planning on No. 15 on August 4!

My feelings about the race have slowly changed over the years. In the beginning, I was a "serious" runner, actually placing in my age group a few times and receiving a couple of L.L. Bean canvas bags stating my age group placement and the year of the race.

In 2005 my focus for the race changed dramatically. That spring a good friend and fellow streaker had been diagnosed with breast cancer. At the same time, I was suffering from severe anemia. We decided that we still needed to run the race, with the goal of breaking an hour. Feeling our "racing" was behind us, we set out to just have fun ... and we have never raced it since. Now we simply participate in the event, preferring to fully enjoy the fellow runners, the crowds, and the experience of a first-class



The unwashed shirt that marathon runner and author Bill Rodgers signed for Cape resident Jim Cusack before the 2008 TD Beach to Beacon 10K road race. This year's world-class race will be run Aug. 4.

event right here in Cape Elizabeth!

Except ... the race in 2014 will be on my 60th birthday... and I am planning once again on placing in my age group!

Why am I running the B2B?

By Jim Cusack

Bill Rodgers asked me that in 2008 during the prelims of the that year's B2B, as he was here to have his books on running

signed and sold. Rodgers has four wins each in the New York and Boston marathons and has written extensively on the subject.

I told him that I wanted to live to 100. Without batting an eyelash, he said, "Why stop there?" I responded, "Then let's start a Centenarians Runners Club." He signed my B2B T shirt to document the occasion. I won't be washing that T-shirt!

Now I find that over 10 percent of the

residents of Cape Elizabeth are directly involved in either running or participating in the event, thanks to Cape native Joan Benoit Samuelson and her great accomplishment of winning the first women's marathon in the 1984 Olympics.

Always loving the opportunity to participate in sports has kept the interest high in my extended family; realizing the need for physical training has piqued the desire to do the right things. Recognizing that the HEART is the most important muscle in the body has shifted the emphasis of activity, as certain parts of the body tend to deteriorate over time.

Focusing on the types of activities – running, swimming, biking and regular use of the elliptical training machine for a sustained period of at least 30 minutes two or three times a week – is essential to preserving the body, in my opinion.

P.S. As I write this, only one Cape resident OLDER than I had a better time in the last B2B race. (I'm 76.)

Council

Cont. from page 1

project should be an issue for the voters to decide, and the council eventually backtracked and approved sending it out for a referendum vote after all.

That led to a discussion of having some guiding principle on which items should go to a referendum and which the council could tackle.

The council eventually decided to use \$1 million as the figure that would trigger a vote.

"It's partly a logistical issue," said Council Chair Sara Lennon, who noted that referendums cost money and it usually takes more time for a public vote on a matter than it would be for a council vote. And, she said, \$1 million is a round number that's easy for people to grasp.

The figure also relates to a provision in the charter that gives citizens the right to reject a council vote on an expensive project and force a referendum if they can gather enough signatures on petitions.

The provision says voters can object to items that cost more than .05 of 1 percent of the total value of town property. Currently,

that works out to about \$850,000, but Town Manager Michael McGovern said the figure was close to \$1 million in 2008 before property values started to fall.

Only Councilors David Sherman and Kathy Ray voted against the charter amendment. Sherman, who had been the leading advocate of the council deciding the library issue, said he didn't see the logic of setting a threshold that differs from the provision on a citizen-initiated referendum.

Ray didn't explain her opposition to the charter amendment.

The council also took up the volatile issue of regulating short-term rentals of homes in

the town.

Some residents say the rentals bring in groups interested in partying, disturbing the quiet of neighborhoods. But some property owners say they should be able to rent out the houses they have bought.

The Planning Board worked on the proposal and came up with regulations that would limit the number of tenants and guests in properties that are rented for 30 days or less and ban short-term rentals by the night or weekend – the minimum rental period would be seven days.

The council decided to refer the proposal to an Aug. 6 workshop.

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Happy Birthday, Anita! Where would we be without you?! Thank you for all you do for *The Cape Courier!* Love, *The Courier* crew!

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Members of the Cape Farm Alliance, from left, Tina Harn-den, Nancy Miles, Louise Sullivan and Bethany Angle have fun at the June 30 Strawberry Festival.

Photo by Ann Kaplan

Next deadline: July 27

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The Cape Courier
2012 Calendar

UPCOMING ISSUE DATES:

Deadline	Issue Date
July 27	Aug. 8
Aug. 10	Aug. 22
Sept. 7	Sept. 19

For the complete 2012 calendar, please visit www.capecourier.com.

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Cape Elizabeth resident **Doreen Hunt** received a master of science degree in nursing this spring from Saint Joseph's College of Maine in Standish.

Elizabeth C. Cummings received a bachelor of arts degree with distinction and graduated with Phi Beta Kappa honors from Stanford University in Palo Alto, Calif., on June 17. A 2008 graduate of Cape Elizabeth High School, she is the daughter of **Debbie Mann** and **Geoff Cummings**.

Meghan Miklavic graduated this spring from Lafayette College in Easton, Pa., where she earned a bachelor of arts degree in psychology and art, with honors in art.

Cape Elizabeth resident **Nora Bran-nelly Sweeney** graduated this spring from Stonehill College in Easton, Mass., with a bachelor of arts degree.

Maria Cook was named to the dean's list for the spring semester at the University of Hartford in West Hartford, Conn.

Three Cape Elizabeth residents graduated this spring from Boston College in Boston, Mass. **Abigail Attwood** received a bachelor of arts degree in economics. **Adam Danielson** earned a bachelor of science degree in marketing, management and leadership. **Ian Wallace** also received a bachelor of arts degree in economics.

Caroline Grace LaTorre graduated magna cum laude with a bachelor of arts degree from Wagner College in Staten Island, N.Y. LaTorre also made the dean's list for the spring semester.

Max Foner earned a degree in biology this spring from Susquehanna University in Selinsgrove, Pa., where he was named to the dean's list for the spring semester. A 2008 graduate of Cape Elizabeth High School, he is the son of Martha Lippa.

Randall Hobbs was named to the spring semester dean's list at Roger Williams University in Bristol, R.I., where he is majoring in management.

Engaged!



David Downing, left, the son of Thomas and Donna Downing of Cape Elizabeth, is engaged to Emilie Ross, right. Downing graduated from Cape Elizabeth High School in 2001, and both he and Ross graduated in 2007 from Northeastern University with business degrees. They currently work and live in Boston. A 2013 spring wedding is planned.

More Neighbors on page 9

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