

# The Cape Courier

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## Getting doused to raise awareness of ALS, build community

The ALS Ice Bucket Challenge that has swept the world this summer made its way to Cape Elizabeth High School on Sept. 4 when 47 staff members allowed students to dump ice water on their heads at the end of the school day.

The event raised more than \$1,000 for research into amyotrophic lateral sclerosis (ALS), a neurodegenerative disease better known as Lou Gehrig's disease. Students learned about ALS and the worldwide awareness effort during first-day assemblies, says Principal Jeff Shedd.

"We've put significant emphasis on building a

strong sense of community this year. We thought this would be a great way to do that and raise money for a good cause as well," he said. "Students also learned that their staff members care about things and have a sense of humor."

*Above: The dumping of icy water begins. At right, from left: School psychologist Dr. Alina Perez, whose 45-year-old brother-in-law has ALS, looks stunned as Achievement Center Coordinator Ginger Raspiller, center, cheers and Spanish teacher Allison Gwyther is all smiles.*

—Patricia McCarthy



## Town Center Plan and TIF proposal set for public hearings Oct. 6

By Elizabeth Brogan

The Town Council has set two hot-button topics for public hearings on Oct. 6.

### Town Center Plan

The new Town Center Plan, submitted to the Town Council on June 9 and workshopped Sept. 3, stirred up controversy long before its formal presentation to the council.

Concerns have focused primarily on two areas. The recommendation for a "public village green," coupled with the recommended pursuit of "public/private partnership opportunities," and possible "alteration" of a Resource Protection 2 (RP2) wetland in the Town Center District, was met with angry letters, and a circulating petition and emails.

One much-discussed proposal was for a

one-acre green space bordering Ocean House Road in the Town Center, as presented in a concept plan by Peter Haffenreffer, the owner of a 4.5-acre parcel of land between Town Hall and the Cape Elizabeth Land Trust. The concept for the town green, which could be donated to the town or have a conservation easement placed on it, included an "alteration" of an RP2 wetland on the lot, raising questions about wetland protection and the need for such a space in that location.

Town Center Plan Committee members emphasized that the site was private property and could be developed with or without creation of a town green. Town Planner Maureen O'Meara pointed out that under current RP2 wetlands regulations, some alterations are allowed.

### TIF district

Also controversial was the recommendation for tax incremental financing, better known as TIF, to fund Town Center infrastructure such as sidewalk connections and stormwater improvements. TIF would allow the town to shelter all, or a set portion of, any new tax valuation in the designated Town Center area for up to 30 years, with that new tax revenue set aside for improvements within, or related to, the Town Center.

Early concerns about TIF focused on the impact it might have on the school budget and whether it might be related to any specific development in town. In a July 14 presentation to the Town Council, Town Manager Michael McGovern responded to these concerns, emphasizing the substantial tax shel-

ter of an estimated \$672,000 in increased property value over a ten-year period, and the resultant increase in school funding from Augusta, which could result from a TIF approved this year. Value-adding projects this year include the new Cumberland Farms and C Salt Gourmet Market. "It is not intended to give developers a tax break," McGovern said. "It would simply give the town a pool of money to be able to spend in the [Town Center]."

The council had originally planned to hold a public hearing on TIF on Sept. 8, to allow plenty of time to complete an application by the March 1 deadline. That public hearing was delayed when the town learned

—see PUBLIC HEARINGS, page 22

## Three vie for two seats on School Board, but Town Council election uncontested

By Elizabeth Brogan

Three candidates will vie for two seats on the Cape Elizabeth School Board in the upcoming Nov. 4 election. School Board incumbents Joanna Morrissey, of Old Fort Road and Elizabeth Scifres, of Longfellow Drive are running for re-election. Fox Hill Road resident Barbara Powers is also seeking election to one of two three-year terms.

The Town Council election will be uncontested. Two seats on the Town Council are up for election. Incumbent Katharine Ray of Spurwink Avenue will seek a second three-year term, and Patricia Grennon of Sea Barn Road also submitted nominating petitions. David Sherman, whose term ends after the election, is not seeking re-election.

Nominations closed Sept. 5, and signatures were verified as of Sept. 8.

Portland Water District Board of Trustees incumbent Wayne Ross of Franklin Terrace, South Portland, was the only candidate to submit petitions to represent Cape Elizabeth and South Portland. The deadline for submitting petitions to the South Portland clerk's office was Monday, Sept. 8.

The election will be held on Tuesday, Nov. 4, at the Cape Elizabeth High School gym. The polls will open at 7 a.m. and close at 8 p.m.

Absentee ballots will be available approximately 30 days before the election.

For up-to-date election news, visit the town website at [www.capeelizabeth.com](http://www.capeelizabeth.com).

## DEP approves shoreland zoning change

By Elizabeth Brogan

The Maine Department of Environmental Protection has approved the town's new definition of the "normal high water line," which serves as the boundary of the shoreland protection zone. The change to the zoning ordinance was approved on Aug. 11 by a 5-2 Town Council vote following a public hearing. The required state DEP approval came within a week, in what Town Manager Michael McGovern called, "record speed," in an Aug. 18 email.

The previous normal high water line definition required a visual inspection to determine "the apparent extreme limit of the effect of the tides." The new definition uses the highest astronomical tide, as determined by the National Ocean Service. For property adjacent to tidal waters, the normal high wa-

ter line is now located at the highest astronomical tide plus three vertical feet upland.

The definition is important because development on a property is regulated and limited within 250 feet of the boundary, and not allowed at all within 75 feet of the boundary.

### Background

The change came at the suggestion of Code Enforcement Officer Ben McDougal who found the previous definition of the normal high water line problematic. "During my first five weeks as code enforcement officer, the biggest question for me has been, 'How will I interpret the definition of Normal High Water Line of Coastal Waters?'" McDougal wrote in a memo in March 2013.

—see ZONING AMENDMENT, page 22



**The Cape Courier**  
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**DEADLINE: Noon, Sept. 19**

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## Renovated library would be 'great asset'

The brochure detailing possible plans for the Thomas Memorial Library shows a library which would be a great asset to Cape Elizabeth. I would be excited to use a library with easy accessibility and fresh new spaces. It is what I would hope for Cape Elizabeth. It is a building well designed for people of all ages addressing our needs for all kinds of resources.

A stack of books is a basic necessity at my house. Currently I spend minimal time at the Cape library due to the odor of mold/mildew which is a problem for me to breathe. I look forward to the new and renovated spaces with improved air quality.

Anne Hill

## Gun range neighbors 'suffer consequences' of town's 'inadequate noise regulation'

They were there first!  
 Yes, the gun range was in place when we built our home more than a decade ago. However, the noise was not as disturbing then as it is today. During that time shooting has increased by 300 percent (gun club estimate). The weapons owned and ammo fired by club members has also evolved. It is abundantly clear that the level of disturbance has substantially increased in the past 12 years. The range is proposing adding skeet shooting. Additionally, shotgun blasts may soon be filling the air from their elevated muzzles.

Walk in our moccasins: What if your neighbor decides to replace his current car with a muscle car. In addition to frequently coming and going from his home, he also works on his vehicle in his driveway. When

## Library is 'essential to the fabric' of town

I am writing in support of the vote on our library referendum in November. My family recently moved here from Milton, Mass., and the community of Cape Elizabeth should know how much a project like this will energize the community. Milton had many of the same difficulties with its library being an older structure and having poor access for those with disabilities. It also lacked the necessary media rooms and infrastructure to offer a fully Web-enabled experience.

Libraries are essential to the fabric of our community. Like all things we value, they must have investment to keep them fresh and vibrant places that everyone wants to go to. They must keep pace in offering other forms of learning. A new library can breathe new life into shared learning experiences,

but only if they have the facilities to do so. Although I am "from away" my great, great, great, great grandfather settled outside of Millinocket, Maine, many years ago, so in a sense my family is just coming home again. Our family includes a physically challenged daughter in a mobility device, who also happens to be an English major at High Point University in High Point, North Carolina. She works at the desk of her university library.

In the current Thomas Memorial Library, there are some areas that are inaccessible to her. I strongly urge each and every voting resident to come out in support of a new library that will accommodate all Cape residents.

Tracy Floyd

## Library staff thankful after busy summer

A total of 534 people participated in the library's summer reading programs this year, including 79 adults, 85 teens, and 370 children.

While kids either kept track of time spent reading or participated in early literacy activities with a parent or caregiver, teens kept track of the number of books read for a combined total of 353 books.

Adults who participated in the summer reading program received raffle tickets for each book read, but also for completing reading or other "challenges."

The summer was also very busy with program offerings for all ages. From July 1 to August 28, the library offered more than 80 programs, including story times, craft programs, special events, the library's two reading groups and philosophy discussion group, and evening concerts, attracting nearly 1,500 people.

On behalf of the library staff, I would like to thank the Friends of the Thomas Memorial Library for sponsoring this year's summer reading programs for pre-readers, teens, and adults, and the Thomas Memorial Library Foundation for sponsoring the final outdoor concert of the season featuring the fabulous Maine Marimba Ensemble.

The library would also like to thank the citizens of Cape Elizabeth for making use of all the library has to offer!

**Rachel Davis, Thomas Memorial Library assistant director and children's librarian**

you approach the neighbor to discuss your views, he informs you that he is about to buy a motorcycle with "straight pipes," and all of his biking buddies will be visiting frequently. Both are legal! You have rights, he has rights. You chose your home during a quieter time, as did we.

The homes in both of our neighborhoods were built in accordance with "residential zoning" rules and regulations. Should you and your neighbors suffer the consequences of what can best be described as inadequate noise regulation in a residential neighborhood?

The question is not who is right or wrong; it is where is "the line" by which the rights of one group encroach on those of another?

Ed & Ellen Nadeau

## Tax snafu costs town one resident's 'good will'

I thought your readers might be interested in how their tax dollars are being spent. In May of this year I paid \$55,000 in taxes to the town of Cape Elizabeth. In July, I received notification that, for whatever reason, \$8.62 remained unpaid and if it were not paid by July 2, 2014 a lien would be placed on my property. Being a snowbird, the notice

was not even received by me until *after* the due date, and there were no phone messages at either my Florida or Maine properties to inform me of my indiscretion.

The demand fee to collect this \$8.62 was \$3. And the mailing fee was \$6.48. In other words, the cost of collecting was more than the amount owed. It does not take a Harvard doctorate to know you do not pay more to collect less! Furthermore, during the fifteen years my partner and I owned our property, we were hosts to innumerable charities here, and a recent substantial gift to the Maine Museum in Augusta has benefitted the state as well. The thanks I get is a lien on my property over \$8.62!

The bill has now been paid, and the Town of Cape Elizabeth is \$8.62 wealthier but has lost the respect and good will of a once caring citizen.

Van Stewart

## Thank you very much!

Your voluntary subscriptions and other contributions help keep this community newspaper coming to your mailbox.

*Thank you to these recent voluntary subscribers:*

**Kate & Craig Lewis**  
**Michele Rosenfeld**

Checks made out to *The Cape Courier* may be mailed to P.O. Box 6242, Cape Elizabeth, Maine, 04107, or dropped off at *The Courier* office in the basement of Town Hall.

Future contributions will be acknowledged in an alphabetical format. Please include a message on your correspondence if you prefer to have your voluntary subscription/contribution remain anonymous.

**Classifieds in *The Cape Courier* work! See page 19 for details.**

## Want to get your submission in *The Cape Courier*?

The best way to ensure we receive your submission on time is to send it to the correct staff member.

All neighbors, school, religion and sports news should go to Wendy Keeler at *communityeditor@capcourier.com*.

General news and letters should go to Elizabeth Brogan at *editor@capecourier.com*.

Advertising questions should go to Jess LeClair at *advertising@capecourier.com*.

Thank you!

### Should town revisit sunrise-to-sunset policy?



Photo by Elizabeth Brogan

Welcome sign at main entrance to Fort Williams Park states hours during which park is open.

I am thinking that perhaps it is time to revisit the policy of locking down our wonderful park for roughly half of each 24-hour day.

I understand, reluctantly, the need to close Fort Williams at sundown each day, as a means of clearing people out and, in a variety of ways, resetting the clock on maintenance, traffic, and the ongoing dust cloud of motorized human traffic. To the extent that a sundown closing is also necessary as a means of discouraging use of the park as a place for underage drinking, that, too is understandable.

My thinking is that the park should be reopened earlier in the morning to accommodate predawn strollers who use the hilly roads as a place of exercise and ocean viewing and star watching before the hordes of tourists make their entry after sunup. Almost all of the early-morning park users are local taxpayers or photographers waiting for the first glimpses of light to the east. To walk to the park at four or five in the morning and

to find it locked up seems, to me, to be an affront to those who help support the park year after year with tax dollars and private donations.

Our police department, because of their own scheduling and patrolling demands, tends to open the park on an erratic schedule, sometimes early and other times as late as after sunrise. One can never predict when it will be open. This is especially frustrating for the many photographers who try to arrive at the park in darkness or well before dawn.

My suggestion is that the police endeavor to open, at least the walk-in gate, as close to 4 a.m. as possible, or even earlier. By limiting vehicular traffic it seems park security will be ensured and, really, we might assume that most underage drinkers are snug in bed at that hour of the morning, so that problem is eliminated.

Thank you for considering this proposal.  
Gregory Walsh

### Invasive loosestrife: 'keep this plant at bay'

It is shocking when I see that people are cultivating patches of purple loosestrife in yards and gardens. Glittering, tall and pink on its stalk, it appears suddenly in ditches and disturbed wetlands, and it is a dangerous invasive.

Quickly taking over native vegetation, it will choke waterways, starve and drive out native water birds and other animals. It grows so densely they cannot wade or navigate through it.

From my experience, it is possible to keep this plant at bay by simply digging it out whenever you see it. When it appears on your property or nearby ditch, stop what you are doing and dig it up, roots and all. If the roots aren't dug out, they will send shoots up to bloom again and spread. The flower stalks produce abundant seeds, so whole plants with roots should be carefully placed into containers or bags for destruction.

It has appeared, but not spread over my property. Six years ago, I dug up several clumps at various places along Spurwink Avenue in Cape Elizabeth south of the dump, and it hasn't come back. If everyone did this, the plant could be prevented from reaching the critical mass for taking over,



as it has done in parts of the Midwest and elsewhere. And there is no other solution for stopping it.

For more information, see <http://umaine.edu/publications/2508e/> and <http://invasivespeciesinfo.gov/aquatics/loosestrife.shtml>.

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## Green, Malley and Williams recognized for 35 years of service in Cape Elizabeth!



Photo by Debra Lane

From left, Town Manager Michael McGovern, Public Works Supervisor Jim Green, Town Council Chair Jessica Sullivan, Public Works Director Robert Malley and Police Chief Neil Williams at the town's annual employee recognition luncheon held at Fort Williams Park. Green, Malley and Williams were recognized for 35 years service.

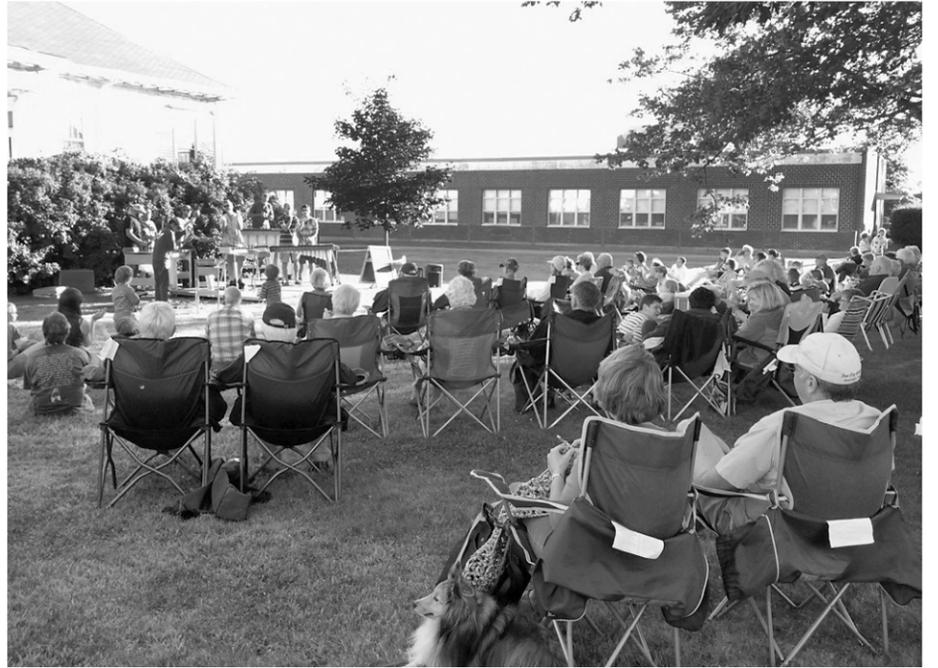
Public Works Supervisor Jim Green, Public Works Director Robert Malley, and Police Chief Neil Williams are celebrating 35 years of service in Cape Elizabeth this year.

The trio were presented with service awards at the annual employee recognition luncheon held at Fort Williams Park on Aug. 21.

Town Council Chair Jessica Sullivan presented the awards to the longtime employees at the luncheon, which was also attended by Councilor Kathy Ray.

Town Manager Michael McGovern also presented a 15-year service award to Teresa Olson, municipal agent in the tax office and 10-year awards to Wendy Derzawiec, CETV Channel 3; Janet Moran, Assessing/Codes/Planning and tax office; and Coleman Rogers, Public Works Department Parks Division.

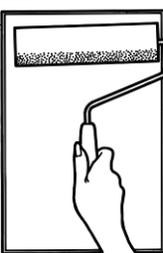
## Concert on library lawn draws crowd



Photos by Rachel Davis

About 150 people attended the library's final outdoor concert of the summer on Thursday, Aug. 28, featuring the Maine Marimba Ensemble. The concert was sponsored by the Thomas Memorial Library Foundation.





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|-----------------------------------|-----------------------|-----------------------|----------|
| # Single family homes sold:       | 63                    | 57                    | - 10.5%  |
| Average sale price:               | \$565,652             | \$465,321             | - 21.6%  |
| Average list to sale price ratio: | 97%                   | 97%                   | 0%       |
| Average # of days on market:      | 44                    | 63                    | + 30.1%  |
| Median sale price:                | \$380,000             | \$377,500             | + .7%    |
| Median list to sale price ratio:  | 97%                   | 98%                   | + 1.0%   |
| Median # of days on market:       | 17                    | 28                    | + 39.3%  |
| Highest/Lowest Sale Price:        | \$4,695,000/\$160,000 | \$2,900,000/\$140,000 | N/A      |



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# Planning Board approves higher fence for new gourmet market

By Wendy Derzawiec

The new C Salt Gourmet Market under construction at 349 Ocean House Road got approval from the Planning Board Aug. 19 for a higher fence between it and its nearest neighbor.

C Salt owner Mike Concannon asked the board, just weeks before the market is due to open, for a site-plan amendment to allow the extra buffering, and for permission to add patio improvements in a second phase of the project.

The higher fence comes at the request of neighbor Andrew Blake, 351 Ocean House Road, who said he was concerned that headlights from cars driving through the market parking lot would disturb him and his family next door.

"I'd have constant lights going through from traffic from the high school entrance, and also from any cars backing up and moving or navigating in the parking lot," Blake told members of the board. "Mike (Concannon) has been great about working with me and including me in this process, I would like to continue to work with him on a combination of fencing or deciduous trees or evergreens to provide that buffer," he said.

The board approved fencing that begins at 4 feet and rises to 7 feet, with lattice making up the top 12 inches of the fence. In addition, the board OK'd replacing four shrubs at the southwest corner of the property with three arborvitae trees, no shorter than 6 feet at the time of planting. John Mitchell, architect representing Concannon, said the trees would grow a foot a year once they were established.

Mitchell said his client is willing to revisit the buffering once the market opens.

The approved plans for the second phase of construction include a stone wall and

fencing around a patio for outdoor seating. The approval restricts outdoor table seating until the second phase is completed.

## Cardinal Lane extension, wetland alteration approved with buffer

In other matters, the board also approved a 400-foot extension of Cardinal Lane, a private gravel road off Cross Hill Road, to provide frontage for a new lot.

The approval includes a resource-protection permit to alter 4,220 square feet of wetland, a move that prompted the board to impose a buffer around remaining wetland and drainage beyond the road's extension. No removal of vegetation will be allowed in the buffer.

A buffer of 25 feet around the wetland, and 10 feet around the drainage channel beyond it, was a compromise reached by the Planning Board in response to a request from the Conservation Commission for a 50-foot buffer to protect the remaining, unaltered wetland.

In a memo to the Planning Board Aug. 13, the Conservation Commission said it was unfortunate that the presence of wetland was not documented at the beginning of development along Cardinal Lane, and that more comprehensive planning was not made around the wetland.

John Mitchell, architect representing property owner Suzanne Gabriel, said this was his client's third and final request to extend the private road. The new lot will be the fourth to be accessed from Cardinal Lane, he said. There is potential for a fifth lot on the 9.3-acre parcel between Wells and Cross Hill roads, but Mitchell said his client has no plans to create a fifth lot.

"We just feel that 50 feet is excessive and really unreasonable to ask," Mitchell said. It

would remove 39,450 square feet of upland area, nearly half of the minimum 80,000 square-foot lot size of a potential fifth lot, he said. "It's going to make this lot a lot less appealing to a buyer," he said.

Most board members agreed that 50 feet was too much. "I think it's taking of somebody's property and devaluing their property," said board member Carol Ann Jordan. Another board member, Elaine Falender, objected especially to buffering a drainage area where the wetland hadn't even been mapped.

Buffers around this classification of wetland is not required but may be applied at the board's discretion. Mitchell proposed, and

the board accepted, a compromise 25-foot buffer around the wetland and a 10-foot buffer just beyond the hammerhead turn-around of the extended Cardinal Lane. The board also agreed to reduce the buffer to 10 feet along the path that drains the wetland to the west.

## Harvest Lane private road approval extended

Lastly, the Planning Board on Aug. 19 approved a request from Nick Tammaro to extend the approval of Harvest Lane, a private road, for 90 days to complete easements required as a condition of the approval granted May 22.

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**55 Hannaford Cove Road, Cape Elizabeth**

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**221 Fickett Street, Cape Elizabeth**

This stunning shingle style home offers 4 bedrooms and 2.5 baths. It is perfectly situated on a private 2 acre lot overlooking conserved land! \$739,000



**4 Gordons Lane, Cape Elizabeth**

Nestled on a quiet cul-de-sac in the Stonegate neighborhood, this one-owner home is meticulous! You will enjoy the large kitchen, the spacious formal diningroom and fireplaced livingroom. The first floor den would make a perfect in-home office and the wonderful family room over the 2 car garage can be accessed by either of two staircases. 3 bedrooms and 2.5 baths complete this lovely home. \$569,900.



**333 Fowler Road, Cape Elizabeth**

Close to the beach or enjoy the sea breezes sitting by your private, in ground pool. This lovely home offers light-filled rooms, hardwood floors, potential for a first floor bedroom, 3 additional very spacious bedrooms, 3 baths plus a partially finished walk-out basement. A tremendous value! *New Price:* \$399,000!

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## Register for pesticide disposal by Sept. 26

The Maine Department of Agriculture, Conservation and Forestry's Board of Pesticides Control and the Maine Department of Environmental Protection is sponsoring a free collection of unwanted pesticides. The collection is set for October, but registration for the service is required by Sept. 26.

Portland is one of four collection sites statewide. This free disposal program is open to homeowners, family-owned farms and greenhouses.

Cape Elizabeth collects pesticides as part of its annual Household Hazardous Waste collection, but the next collection is not scheduled until next May.

"It's important for the protection of public, wildlife, and environmental health that these products are dealt with properly and not thrown in the trash or down the drain, where they can contaminate land and water resources, including drinking water," said Department of Agriculture, Conservation and Forestry Commissioner Walt Whitcomb. "People holding these chemicals should contact the (Board of Pesticide Control) as soon

as possible to register for the October collection."

It's not unusual for homes and farms to have unintentional hazardous waste—banned pesticides or pesticides that have become caked, frozen, or otherwise rendered unusable—sitting around in basements, garages, or barns. These chemicals can be difficult and expensive to dispose of.

The collected chemicals go to out-of-state disposal facilities licensed by the federal Environmental Protection Agency where they are incinerated or reprocessed.

To register, get details, and learn important information about the temporary storage and transportation of obsolete pesticides, go to the BPC Web site at <http://www.thinkfirst-spraylast.org>, or call 207-287-2731.

The Maine Obsolete Pesticides Collection Program, jointly sponsored by the BPC and Maine DEP, and paid for entirely through pesticide product registration fees, has kept more than 90 tons of pesticides out of the waste stream since its start in 1982.

## Paper-shredding event set for Oct. 11

The Recycling Committee will host a paper-shredding event at the Recycling Center from 9 a.m. to 1 p.m. on Saturday, Oct. 11.

The shredding will be done by Without a Trace Mobile Shredding, Inc., of Scarborough. The event is limited to Cape Elizabeth

residents, and there is a limit of four boxes per vehicle.

Members of the Recycling Committee will be on hand that day to provide promotional items and answer any questions about the town's recycling program.

## Get ready for fall cleanup: Disposal fees at Recycling Center waived Oct. 11-27

Disposal fees at the Recycling Center will be waived for residents transporting their own material and/or items for two weeks in October.

Fees will be waived from Saturday, Oct. 11, through Monday, Oct. 27. Contractors will still be assessed fees in accordance with current regulations.

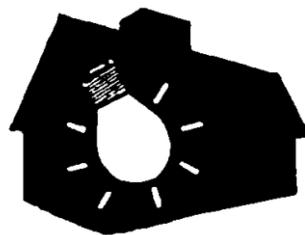
In addition to the above dates, the Recycling Center will be open four Sundays

between Oct. 19 and Nov. 9 from 10 a.m. to 4:30 p.m. for the disposal of recyclables, leaves, yard wastes, wood waste, bulky waste and brush only. Fees will be assessed on applicable items on Nov. 2 and Nov. 9.

Items normally destined for the transfer station compactor (household refuse) will not be accepted on Sundays.

For more information please contact Public Works, 207-799-4151.

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NATURAL HAPPENINGS

## Much to observe as autumn comes to Cape Elizabeth

By Erika Carlson Rhile,  
Cape Elizabeth Land Trust  
Education Committee chair

Did you see the full “Corn Moon” earlier this month? Here is what you may have noticed and what there still is to watch for in September in Cape Elizabeth:

**Sept. 8:** Moon at perigee. The high tides were higher than usual, as the full moon affects the tides more profoundly when at or near perigee.

**Sept. 9:** Full moon – Native Americans called this the Corn Moon since

corn is harvested at this time of year. This year, this was also the Harvest Moon since it was the closest full moon to the equinox.

**Sept. 22:** Summer is officially over. Autumnal Equinox is at 10:29 p.m.

**Sept. 26-27:** Great Maine Outdoor Weekend!

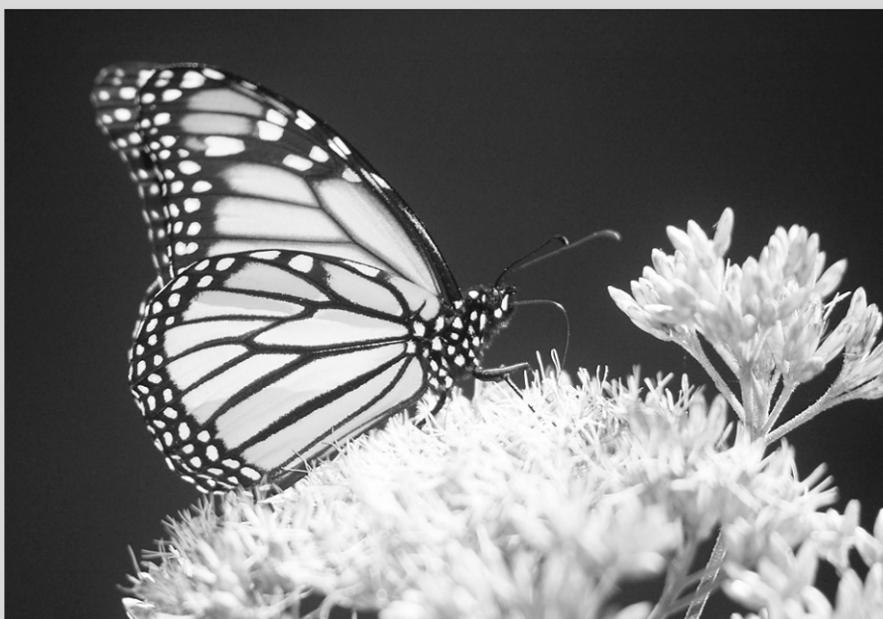
**Watch for milkweed seeds** in the wind. More milkweed will hopefully mean more monarchs!

**Crows collect** and hide acorns; **catbirds** are fattening up on berries before migrating as far as Costa Rica.



Monarch caterpillar on milkweed.

Photo by Erika Carlson Rhile



Monarch butterfly on joe-pye weed.

Photo by Martha Agan

## BARBARA POWERS *for* School Board

*“These complex times in public education require wisdom and experience. I would offer knowledge and insight as a member of the Cape Elizabeth School Board.”*



- **I’ve lived in this community since 1980** and raised two children who attended the Cape schools.

- **During my 18 years in Cape Schools**

I served as the Assistant Principal of the High School, Principal of Pond Cove, and a classroom teacher in grades 3 through 5 for several years.

- **In my 16 years in the Falmouth Schools as a principal, assistant superintendant and superintendant, my work included:**

Managing a budget of \$30M.

Nurturing educational innovation and faculty morale.

Cultivating trust and cooperation among a myriad of stakeholders.

Leading the work of the district’s teacher leaders in curriculum redesign and instructional practice.

In 2011, during my tenure as Falmouth Superintendent, *Forbes Magazine* and *Great Schools* awarded our district a ranking of #1 in the nation for achievement by a public school.

- **Currently,** I am a part-time consultant in educational leadership and Chair of Cape Elizabeth’s 250th Anniversary Committee.

- **As a member of the school board, I will:**

Support a positive culture in the schools and larger community.

Endorse a transparent and prioritized budget process.

Ensure that all students have the opportunity to reach their full potential.

*“Having been an educator for my professional life, I am now interested in serving my community to the best of my ability.”*

Visit Powers for Cape Elizabeth School Board on **Facebook**.

## Grant approved to update stormwater plan

The Maine Department of Agriculture, Conservation and Forestry has approved a \$16,500 grant for the town to update its stormwater management plan for the Town Center.

Town Manager Michael McGovern announced the funding in an email to town councilors. The Coastal Community Grant for \$22,000, matched by \$5,500 in town funds and staff time, will continue the work of the 1995 Town Center Stormwater Management Program.

“The Town Center Stormwater Management Program has actually done a lot of good things,” McGovern said at the July 2014 meeting of the Town Council. “It improved a lot of the drainage along this

[Route 77] corridor, and it took and developed a stormwater management plan for the schoolgrounds, including some detention basins and some other work,” he said.

The update, one of seven recommendations of the recently completed Town Center Plan, will prepare a blueprint for build-out of the stormwater infrastructure in the town center, employing “low impact development” techniques—preserving natural vegetation and minimizing impervious surface as appropriate.

The grant application focuses on the Town Center’s location as a trailhead to the Spurwink Marsh and its proximity to the Atlantic Ocean.

—from the town website

## Popular lot at old park entrance off limits



Photo by Elizabeth Brogan

The newly barricaded old entrance to Fort Williams Park.

By Elizabeth Brogan

Some regular visitors to Fort Williams Park are having to change their parking habits. In August, the town installed a new set of “no parking” signs and barricades at the old entrance to Fort Williams Park. The entrance, south of the main entrance on Shore Road and close to the pond, is popular with dog walkers and other locals who prefer the easy in and out along Shore Road.

Town Manager Michael McGovern explained the enhanced signage and stricter enforcement in an Aug. 25 email to town councilors.

According to McGovern, parking is not allowed at the former entrance because it is a fire lane and vehicles parked there violate several sections of the traffic regulations. In recent years, violations have increased along with increased use of the unleashed-dog area and the small ballfield nearby, he said.

McGovern said that the stricter enforcement does not represent a change in policy, and that the old entrance was designated a fire lane in 1978 when the gate at that entrance was closed to regular traffic. “We are simply enhancing signage to ensure compliance with policies that have been in place for decades.”

Traffic regulations also prohibit parking on a sidewalk, in front of a public or private driveway, and on either side of Shore Road from the Chapel Road entrance of Fort Williams Park to Dyer Pond Road. The regulations also prohibit standing or parking a motor vehicle within Fort Williams Park except in a designated parking lot or marked parking space.

“Some may debate that this is not within Fort Williams Park, but if not, then the [other regulations] would also prohibit parking in this area,” McGovern said.

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# Motor vehicle burglaries continue through summer at popular town spots

Reported by Debbie Butterworth

## COMPLAINTS

- 8-10 An officer met with a resident in the Shore Road area about a trespass complaint.
- 8-12 An officer met with a resident in the Spurwink Avenue area about an account being opened in the victim's name.
- 8-12 An officer met with a resident in the Shore Acres area about a trespass complaint.
- 8-12 Two officers responded to Fort Williams Park for a complaint of an older male taking photographs of a partially clad female. Subjects were located and removed from the park.
- 8-12 An officer spoke with a resident of the Shore Acres area about a trespass complaint.
- 8-12 An officer met with a subject about a domestic issue.
- 6-15 An officer met with a resident of the Mitchell Road area about a criminal threatening complaint.
- 8-18 An officer met with a resident of the Shore Road area about the theft of jewelry.
- 8-24 An officer met with a resident about what the resident felt was a suspicious vehicle at Fort Williams. The area was checked with negative contact.
- 8-25 An officer met with a resident in the Scott Dyer Road area about possible missing medication.
- 8-19 An officer responded to Fort Williams for an abandoned bicycle. The bike was black and red and returned to the police station for safe keeping.
- 8-20 An officer met with a visitor about a motor vehicle burglary at Fort Williams. The vehicle was locked but a window was partially opened. Missing from the car was a bag containing personal ID, maps and a camera.
- 8-22 An officer met with a resident about a trespass complaint in the Old Ocean House Road area.
- 8-24 Two officers responded to a residence in the Scott Dyer Road area for a well-

- being check.
- 8-24 Two officers responded to a residence in the Shore Road area for a well-being check.
- 8-26 An officer met with a ranger at Fort Williams, who turned in a found girl's wallet containing some money and a Toys R Us card.
- 8-27 An officer met with a resident of the Shore Road area about a private contractor who had started work, been paid, and never returned to complete the job.
- 8-27 An officer met with a resident of the Broad Cove area about a loose dog complaint.
- 8-28 An officer met with a resident of the Fowler Road area about unauthorized charges to the victim's debit card.
- 8-30 An officer met a resident of the Shore Acres area about an abandoned orange mountain bike.
- 8-30 An officer met with a resident of Portland who had been riding his bike on the trails in Robinson Woods when he was bitten by two dogs. The owner was identified and contacted.
- 8-31 An officer met with a resident of the Two Lights area about a harassment complaint.
- 8-31 An officer met with a resident of the Shore Road area about the possible violation of the town's new short-term rental property ordinance.
- 9-1 An officer met with a resident about a motor vehicle burglary that occurred while parked at the entrance of Robinson Woods on Shore Road. Missing from the vehicle was an iPhone.

## ARRESTS

- 8-12 Portland resident, outstanding warrant
- 8-20 Cape Elizabeth resident, operating under the influence of alcohol, failure to report an accident, leaving the scene of an accident., Route 77
- 8-22 Cape Elizabeth resident, operating without a license, Route 77
- 8-23 Hampton, N.H., resident, operating under the influence of alcohol
- 8-24 Cape Elizabeth resident, outstanding

- warrant, Ocean House Road
- 8-29 Cape Elizabeth resident, outstanding warrant, Ocean House Road

## JUVENILE SUMMONSES

- 8-20 Cape Elizabeth resident, speeding (39/30 zone), Sawyer Road \$119

## SUMMONSES

- 8-14 South Portland resident, speeding (51/35 zone), Spurwink Road, \$185
- 8-14 South Portland resident, possession of drug paraphernalia, Sawyer Road
- 8-18 Gorham resident, failure to produce insurance, Ocean House Road, \$171
- 8-19 South Portland resident, speeding (57/35 zone), Spurwink Road, \$215
- 8-19 Lewiston resident, speeding (53/30 zone), Sawyer Road, \$215
- 8-19 Saco resident, speeding (61/45 zone), Route 77, \$185
- 8-20 Cape Elizabeth resident, possession of alcohol, Route 77
- 8-20 Cape Elizabeth resident, possession of alcohol by consumption, Route 77
- 8-20 Cape Elizabeth resident, operating under the influence of alcohol, failure to report an accident, leaving the scene of an accident, Route 77
- 8-20 Portland resident, speeding (73/45 zone), Route 77, \$263
- 8-20 Cape Elizabeth resident, speeding (39/30 zone), Sawyer Road, \$119
- 8-21 Scarborough resident, speeding (44/35 zone), Spurwink Road, \$119
- 8-21 Cape Elizabeth resident, speeding (41/30 zone), Shore Road, \$137
- 8-22 Cape Elizabeth resident, operating without a license, Route 77
- 8-22 Cape Elizabeth resident, speeding (63/45 zone), Route 77, \$185
- 8-23 South Portland resident, speeding (44/30 zone), Shore Road, \$137
- 8-24 Cape Elizabeth resident, operating after license suspension, Ocean House Road
- 8-24 Scarborough resident, speeding (54/35 zone), Spurwink Road, \$185
- 8-26 Portland resident, possession of marijuana, Fort Williams
- 8-27 Cape Elizabeth resident, speeding

- (39/30 zone), Fowler Road, \$119
- 8-30 Cape Elizabeth resident, operating after license suspension, Shore Road
- 8-30 Sanford resident, violation of conditions of release, operating after license suspension, Ocean House Road
- 9-1 Portland resident, operating with expired license, Ocean House Road, \$137

## ACCIDENTS

- 8-13 Jadir Barcellos, accident on Mitchell Road
- 8-14 Robert Sellin, Lois Morrill, accident in Fort Williams Park
- 8-14 Caelan Houle, accident on Two Lights Road
- 8-20 Richard Boucher, Randall Bowman, accident on Two Lights Road
- 8-22 Joel Anderson, Pamela Davis, accident on Wildwood Drive
- 8-26 Janet McCaa, accident on Wood Road
- 8-27 Robinson Rich, Jan Scherma, accident on Scott Dyer Road

## FIRE CALLS

- 8-12 Fire alarm, Scott Dyer Road
- 8-13 Fire alarm, Ocean House Road
- 8-13 Mutual Aid, South Portland
- 8-14 Water problem, Scott Dyer Road
- 8-14 Water problem, Sea Barn Road
- 8-14 Mutual Aid, Scarborough
- 8-14 Mutual Aid, South Portland
- 8-15 Coast Guard assistance, Atlantic Ocean
- 8-22 Appliance fire, Mitchell Road
- 8-25 South Portland Mutual Aid
- 8-27 South Portland Mutual Aid
- 8-27 Scott Dyer Road, investigation
- 8-28 South Portland Mutual Aid
- 8-28 Cranbrook Drive, fire alarm
- 8-28 Ocean House Road, fuel spill
- 8-28 Cranbrook Drive, power line down
- 8-31 Farm Hill Road, fire alarm
- 8-31 Shore Road, car accident
- 9-1 Katahdin Road, fire alarm

## RESCUE CALLS

There were 36 runs to Maine Medical Center. There were two runs to Mercy Hospital. There were five patients treated by rescue personnel but not transported.



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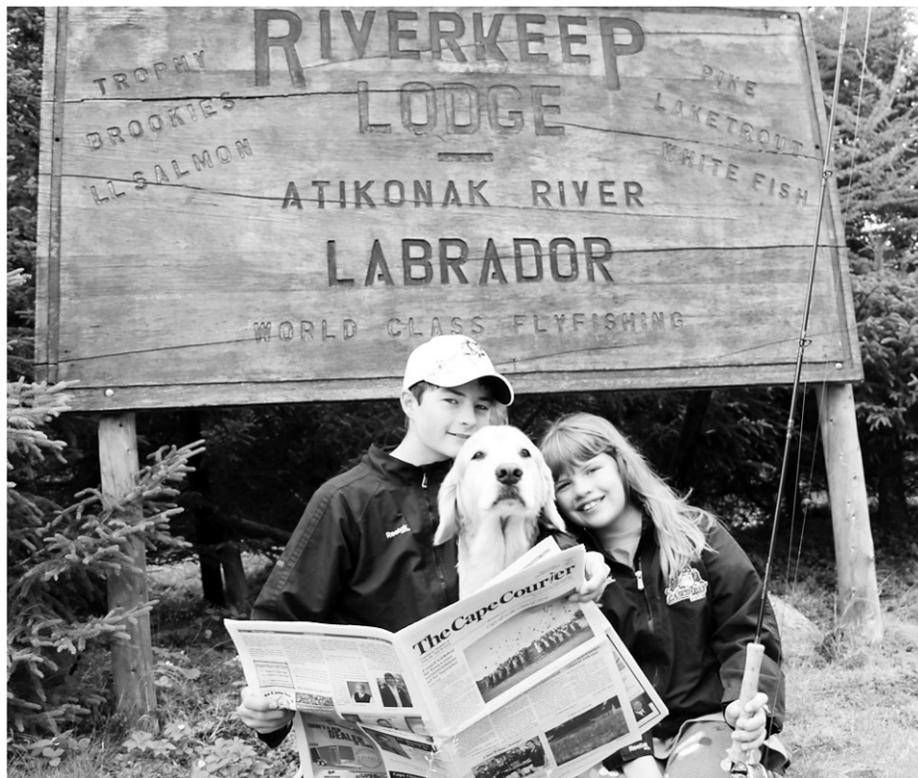
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Reading *The Courier* in Labrador with a golden



Cape Elizabeth residents Stephen and Lydia Murray, with their golden retriever, Hunter, display *The Cape Courier* at Riverkeep, the fishing lodge their family owns in Labrador, Canada, where they spent four weeks this summer helping their parents, Steve and Cathy Murray, run the lodge. Guests from all over the world visit Riverkeep each summer for a week of fly-fishing, and this summer the Murrays hosted the crew for the television show, "Brotherhood Outdoors," which will air on the Sportsman Channel in January 2015.

Chris Makrides will start a job in October as a field engineer geophysicist for Schlumberger. Chris will be based out of Houston, London and Abu Dhabi.

The son of Carol and John Makrides and a 2010 graduate of Cape Elizabeth High School, he earned a Bachelor of Science degree in physics and theater, with a concentration in math, this spring from Bates College in Lewiston.

Three Cape Elizabeth lawyers from Ver-rill Dana in Portland were chosen by their peers for inclusion in 2015 edition of *The Best Lawyers in America*.

Harold J. Friedman was named in the areas of bet-the-company litigation, commercial litigation, personal injury litigation and product liability litigation. Kenneth F. Ginder and Gregg H. Ginn were named for employee benefits.



*Courier* hops ride to China on birthday trip

Cape Elizabeth residents Randy and Isabel Richard took *The Cape Courier* along on their summer trip to China, where, in addition to visiting the Great Wall, they went to Shanghai, Wuhan, Chongqing, Xi'an and Beijing. On their adventure, a trip celebrating Randy's 50th birthday, the couple "learned so many interesting things about the Chinese culture, including how to do Tai Chi!" Isabel wrote to *The Cape Courier*.



*Courier* golfs in Scotland

Salt Spray Lane residents Jay and Darlene Davison display the *Courier* on the Swilcan Bridge on the 18th hole of the Old Course in St. Andrews during a recent trip to Scotland.

More Neighbors on pages 11 and 24



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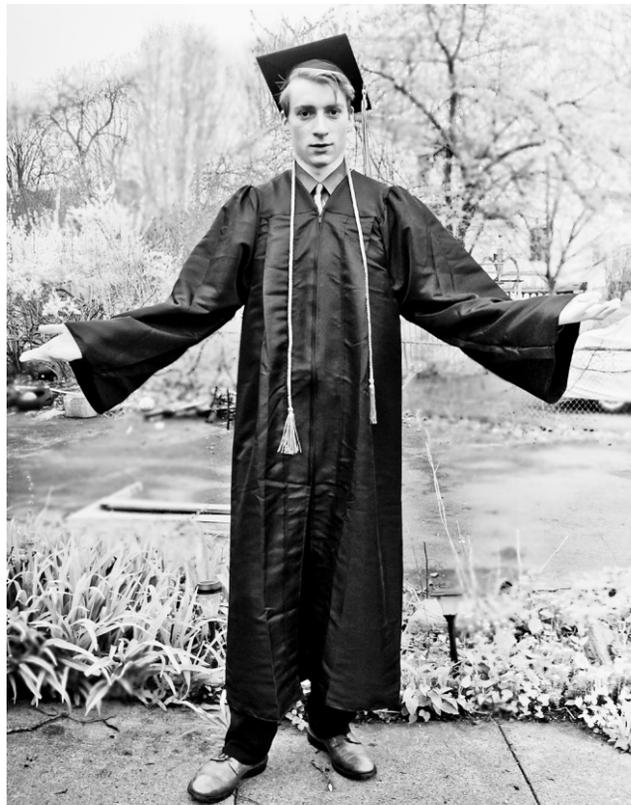
www.townandshore.com

**Leah Jessica Ridge**, the daughter of Cape Elizabeth residents **John Ridge** and **Christina Aspinall**, was born April 2 at Maine Medical Center, weighing 7 pounds, 12 ounces, and 19¾ inches long.

Leah's grandparents are **Joe and Kathy Bettencourt** of Cape Elizabeth, Lloyd and Linda Aspinall of South Portland, and Lynne Ridge of Poland, Maine.



Leah Jessica Ridge



## Graduated

**Thomas Campbell**, the son of **Douglas** and **Jenny Campbell** of Cape Elizabeth, graduated with honors this spring from the University of Southern Maine in Gorham. A 2010 Cape Elizabeth High School graduate, he received a Bachelor of Arts in theater.



Jess Brakeley LeClair

**Jessica Re Brakeley LeClair** received a Master of Fine Arts degree in intermedia in August from the University of Maine at Orono.

Her thesis project is on display with work from other members of her graduating class in a show called "desire lines" at the Lord Hall Gallery at UMO. The show is free and open to the public through Friday, Sept. 19.

Jess lives with her husband Matt and daughter Gwen in Bangor. A 1996 Cape Elizabeth High School graduate and the daughter of **Chuck** and **Diane Brakeley** of Cape Elizabeth, Jess received a Bachelor of Arts degree in visual art in 2000 from Brown University in Providence, R.I. She is the advertising manager for *The Cape Courier*.

## Multitextured summer



**Paige Riddell**, a Cape Elizabeth High School senior, stands with the sculpture she made and exhibited this summer at the Maryland Institute College of Art in Baltimore, where she attended a precollege residency program.

**Jonathan Brogan**, a partner at the Portland law firm of Norman, Hanson, DeTroy in Portland has been selected by his peers for inclusion in the 21st edition of *The Best Lawyers in America* in the areas of medical malpractice law and personal injury litigation.

He also was named the *Best Lawyers' 2014-15 Portland, Maine*, "Lawyer of the Year" in personal injury litigation. One lawyer in each practice area in each community is named each year.

Seven Cape Elizabeth attorneys from Preti Flaherty in Portland were included in the 2015 edition of *The Best Lawyers in America*. Lawyers are chosen by their peers.

**Geoffrey K. Cummings** was named in employment law and **Gregory P. Hansel** in commercial litigation and mass tort litigation/class actions. **Susan E. LoGuidice** was selected for corporate law and **Michael G. Messerschmidt** for employment law, labor law, and employment litigation. **Harold C. Pachios** was selected for corporate law; **Daniel Rapaport** for mediation, medical malpractice law and personal injury litigation; and **Randall B. Weill** for antitrust law, commercial litigation and antitrust litigation.

*Best Lawyers* named Hansel "Lawyer of the Year" for mass tort litigation/class actions, and Rapaport "Lawyer of the Year" for mediation. One attorney in each practice area in each community is named yearly.

Two Cape Elizabeth students earned high honors this spring at Phillips Exeter Academy in Exeter, N.H.

**John Kennealy**, the son of **Jack** and **Rose Kennealy**, is now a freshman at Bowdoin College in Brunswick. **Sterling Weatherbie**, the son of **David** and **Tracey Weatherbie**, is now a senior at Exeter.

Students at **Ocean House at the Farm** preschool recently showed their appreciation to Dayton resident Nick Wilson for his 10 years at the preschool, where he teaches and is assistant director.

"I like the way Nick reads – loudly!" one student said. "He keeps me and my friends safe," said another.

"He gives me high fives," one preschooler said. "Nick is a good friend," said another.

**Randall B. Hobbs** has been hired by Hobbs Funeral Home in South Portland as a practitioner trainee. His father, Cape Elizabeth resident **Jeffrey Hobbs**, is president and owner, and Randall is the grandson of the founder.

Randall is working full time and pursuing a degree in funeral service at Mount Ida College in Boston. After he graduates, he will complete his apprenticeship and take state and federal certification board examinations.

A 2008 Cape Elizabeth High School graduate, Randall graduated magna cum laude in 2012 from Roger Williams University in Bristol, R.I., where he received a bachelor's degree in management and minored in psychology.

In college, he was inducted into the International Honors Society.

He currently lives in South Portland



Randall Hobbs

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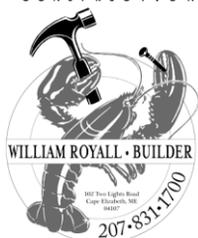
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 All proceeds support Cape Elizabeth Education Foundation

## Cape Nordic plans trail clearing on Oct. 4

Cape Nordic needs at least 20 volunteers to help clear Gull Crest trails from 9 a.m. to noon on Saturday, Oct. 4, Prudential Global Volunteer Day, in order to qualify for a \$1,000 grant. The funds would help the organization fulfill its mission to support Nordic skiing in the schools and the community, and maintain and groom trails for use by all community members.

Volunteers, who will meet at the Gull Crest trailhead located near the Cape Eliza-

beth Transfer Station, are advised to wear long pants, long-sleeved shirts and gloves that cover the wrists and protect the arms during the cutting of brambles. Volunteers are also asked to bring clearing tools if they have them.

Prudential Global Volunteer Day T-shirts will be given to volunteers, and homemade cookies and lemonade will be served. Contact Colette Howe at colettehowe17@gmail.com for more information.

## CAPE CALENDAR

By Wendy Derzawiec

### Thursday, Sept. 18

**Thomas Memorial Library Board of Trustees**, 6:30 p.m., Thomas Memorial Library

**Fort Williams Advisory Commission**, 7 p.m., Public Works

### Saturday, Sept. 20

**Cape Elizabeth Lions Lobster Dinner**, 5-7 p.m., Bowery Beach Schoolhouse, Two Lights and Wheeler roads

### Tuesday, Sept. 23

**School Board Workshop**, 6:30 p.m., High School Library and Learning Commons

**Zoning Board of Appeals**, 7 p.m., Town Hall chamber

**Cape Elizabeth 250th Anniversary Committee**, 7 p.m., location TBD

**School Board Finance Committee**, 8 p.m., High School Library and Learning Commons

### Saturday, Sept. 27

**National Drug Take-Back Day**, 10 a.m.-2 p.m.

### Tuesday, Sept. 30

**Senior Citizen Advisory Commission**, 11 a.m., William H. Jordan Conference Room, Town Hall

### Ongoing each week

**Al-Anon**, Regular meeting 7:30 p.m. Thursdays, at United Methodist Church, 280 Ocean House Road. Regular meeting 7 p.m. Fridays at St. Alban's Church.

**Alcoholics Anonymous**, 2 p.m. Saturdays, First Congregational Church, 301 Cottage Road, South Portland; 7 p.m. Wednesdays, St. Bartholomew Church; 7 p.m. Fridays, St. Alban's Church.

**Cape Elizabeth Historical Preservation Society**, 9 a.m.-noon Thursdays. Thomas Memorial Library.

**Cape Elizabeth Lions Club**, 6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road

**South Portland/Cape Elizabeth Rotary Club**, each Wednesday at 6:15 p.m. Purpodock Country Club, Spurwink Avenue. 767-7388.

## CABLE GUIDE

## CHANNEL 3

### Planning Board replay

Sept. 17 & 18 - 2 p.m. & 8 p.m.

Sept. 20 - 9 a.m.

### Words of Peace

Sept. 20, 21, 27 & 28 - 1 p.m. & 7 p.m.

### Church of the Nazarene

Sept. 20, 21, 27 & 28 - 11:30 a.m.

### Zoning Board of Appeals (live)

Sept. 23 - 7 p.m.

### Zoning Board of Appeals replay

Sept. 24 & 25 - 2 p.m. & 8 p.m. Sept. 27 - 9 a.m.

## More Events & Organizations on pages 11, 13, 14

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## Flu clinic planned on Sept. 23 at fire station

The Cape Elizabeth school district will hold its annual community flu clinic from 2:30 to 4:30 p.m. on Tuesday, Sept. 23, in the conference room at the Town Center Fire Station.

The walk-in clinic will be open to all community members 18 and older and to

Cape Elizabeth school and town employees, but not to children.

Vaccines, \$30 apiece, will be covered by most health insurance.

Contact Pond Cove School nurse Erin Taylor at [etaylor@capeelizabethschools.org](mailto:etaylor@capeelizabethschools.org) or 799-7339 for more information.

## 'Les Miserables' musical to open on Sept. 26



"Les Miserables," which stars, from left, Brie Roche, Mark Dils, Zack Handlen, Michelle Perry, Evelyn McGirr, David Aaron Van Duyne and Rachel Henry, will open on Friday, Sept. 26, at the Portland Players in South Portland.

The musical "Les Misérables" will open on Friday, Sept. 26, and run through Sunday, Oct. 19, at the Portland Players.

Based on the novel of the same name by French novelist Victor Hugo, the play, set in early 19th-century France, centers around the struggles and triumphs of Jean Valjean, a French peasant, and his quest for redemption. After serving 19 years in jail for stealing a loaf of bread for his starving sister's child, Valjean decides to break his parole and start his life anew after a kindly bishop inspires him by a tremendous act of mercy. He is relentlessly tracked down by a police inspector named Javert and, along the way, Valjean and a host of other characters are swept into a revolutionary period when young idealists make their last stand at a street barricade. The show has been in production around the globe since 1980.

Michael Donovan and David Delano direct. The show stars Zach Handlen, Brie

Roche, Mark Dils, Michelle Perry, Evelyn McGirr, David Aaron Van Duyne and Rachel Henry. Cape Elizabeth cast members are Janie Downey Maxwell and Johnny Speckman.

Tickets are \$20 for adults, \$18 for senior citizens, and \$15 for students with identification.

Go to [www.portlandplayers.org](http://www.portlandplayers.org), or call the box office at 799-7337 to buy tickets. Starting Sept. 25 and through Oct. 19, the box office will be open from 6 to 7:30 p.m. Thursdays through Saturdays, and from 1 to 2:30 p.m. on Sundays.

The theater is located at 420 Cottage Road in South Portland.

## Pianist and Cape graduate Henry Kramer to play Sept. 30 at PSO's opening night



Cape Elizabeth High School graduate Henry Kramer will be the featured pianist at the Portland Symphony Orchestra's opening concert on Sept. 30 at Merrill Auditorium.

By Wendy Keeler

Pianist Henry Kramer, who has earned honors around the world since graduating from Cape Elizabeth High School in 2005, will perform in the Portland Symphony Orchestra's 90th season opening concert at 7:30 p.m. on Tuesday, Sept. 30, at Merrill Auditorium in Portland.

A top prizewinner in 2012 at the sixth annual China Shanghai International Piano Competition, in 2011 at the Montreal International Music Competition, and in 2010 at the eighth National Chopin Competition, Kramer also received the 2014 Harvard Musical Association's Arthur Foote Award and was a winner of the 2014 Astral Artists National Auditions.

He has performed as a soloist with the Shanghai Philharmonic, the Bilkent Symphony Orchestra in Ankara, Turkey, the Orchestre Métropolitain du Montreal, and the Yale Philharmonia. This season he will perform Rachmaninov's *Second Concerto* with the Eastern Connecticut Symphony and Toshi Shimada.

Kramer didn't start his musical career with tremendous enthusiasm. When his mother arranged for him to begin lessons at the age of 11, he was opposed.

"I begged her not to. I hated piano, thought it was stupid, and thought there was nothing

more boring to listen to than classical music," he told producers of the National Public Radio show, "From the Top," in 2005 when he was 17 and a student at CEHS.

He also shrugged off the idea that he was gifted musically.

"I think everyone's musical, but some are just more aware of it than others. I think I just sort of stumbled upon it," he said in 2005.

In the spring of 2012 Kramer made his European debut in a solo recital at the Concertgebouw in Amsterdam. He has also been featured in Weill Hall at Carnegie Hall, the He Luting Concert Hall in Shanghai, the Reduta Bratislava Concert Hall in Bratislava, Slovakia, and at Montreal's Place des Arts. His performances have been broadcast on National Public Radio.

Kramer is currently pursuing doctoral studies at the Yale School of Music in New Haven, Conn., and holds undergraduate and graduate degrees from The Juilliard School in New York City.

At CEHS and Cape Elizabeth Middle School, Kramer played marimba in the regular band and piano in school jazz bands.

Go to [tickets.porttix.com/public/](http://tickets.porttix.com/public/), call 842-0800, or go to the box office at 20 Myrtle Street in Portland to buy tickets. Visit [www.portlandsymphony.org](http://www.portlandsymphony.org) for more information.

[www.capecourier.com](http://www.capecourier.com)

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## Cape Lions to hold lobster dinner on Sept. 20

The Cape Elizabeth Lions Club will hold a lobster dinner from 5 to 7 p.m. on Saturday, Sept. 20, at the Lions' clubhouse, located at the corner of Two Lights and Wheeler roads.

The meal will include lobster, corn, baked potato and blueberry cake. A meal with one lobster costs \$13, and a two-lobster dinner costs \$19.

Diners can eat at the clubhouse or take out their meals. Call Sonja Ney at 767-2079 by Sept. 16 to reserve lobsters.

At a lobster and steak cookout last month, the Cape Elizabeth Lions inducted their 2014-2015 officers. John Ney is president. Lee Taylor is the editor of the Lions bulletin. Dana Bruns is first vice president, and Rich Brooks is treasurer. Sonja Orff Ney is second vice president, Benson Dana the third vice president, Deena Bruns is the club secretary, and Paul Gentilini is the membership chair.

The club is always looking for new members. Contact Gentilini at 470-7353 to join or for more information about the club.

## CEEF kitchen tour fundraiser set for Sept. 20

The Cape Elizabeth Education Foundation will hold its fourth biennial kitchen tour fundraiser on Saturday, Sept. 20, from 10 a.m. to 4 p.m.

Registration for the tour, which will feature 12 kitchens around Cape Elizabeth, will be at C Salt, 349 Ocean House Road.

The cost for the tour is \$20 in advance and \$25 the day of the tour. Tickets are

available at [www.ceef.us](http://www.ceef.us) and at the Cape Elizabeth Community Services office at the Cape Elizabeth Community Center, 343 Ocean House Road.

The nonprofit CEEF has a mission of funding innovative school programs not covered by the Cape Elizabeth school budget.

Go to [www.ceef.us](http://www.ceef.us) for more information.

## 'Avenue Q' musical comedy now at Lyric Theater

"Avenue Q," a puppet-filled musical comedy, will run through Saturday, Oct. 4, at Lyric Music Theater in South Portland.

The show, the winner of the Tony Awards' "triple crown" for best musical, score and book, tells the story of a recent college graduate named "Princeton" who moves into a shabby New York apartment all the way out on Avenue Q. There he meets Kate, the girl next door, and other colorful friends who

help him finally discover his purpose in life. The musical is directed by Jonathan Carr.

Performances are scheduled at 8 p.m. on Fridays and Saturdays, and at 2:30 p.m. on Sundays.

Call 799-1421, go to [www.lyricmusictheater.org](http://www.lyricmusictheater.org), or email [ticketlyric@gmail.com](mailto:ticketlyric@gmail.com) to buy tickets.

The theater is located at 176 Sawyer St. in South Portland.

## Maine writers to read works on Sept. 27

Three Maine writers – a poet, a nonfiction writer and a fiction writer – will read from their own works from 4 to 5 p.m. on Saturday, Sept. 27, at The Local Buzz coffee house and wine bar. The event, which will be free and open to the public, will kick off the third season of a monthly series sponsored by the Local Writers at The Local Buzz group. At the events, cohosted by Cape Elizabeth writer Marcia F. Brown, who is the Portland Poet Laureate, and Linda Aldrich, a Portland poet and board secretary of the Maine Writers and Publishers Alliance, Maine writers read from original fiction, nonfiction and poetry.

The Sept. 27 event will feature Debra Spark of North Yarmouth, the author of four books of fiction, including "The Pretty Girl: Novella and Stories" and the novels, "Good for the Jews" and "Coconuts for the Saint." A professor at Colby College in Waterville and the Master of Fine Arts program at Warren Wilson College in Asheville, N.C., Spark is a graduate of Yale University and the Iowa Writers' Workshop. Her work has appeared widely in such publications as *Esquire*, *the New York Times*, *the Washington Post* and *Food and Wine* magazine.

Colin Sargent is the founding editor and publisher of *Portland Magazine*. He is the

author of the novel, "Museum of Human Beings" and four books of poetry: *Luftwaffe Snowshoes*, *Blush*, *Undertow*, and a newly published cycle of poems set in India, *The Black Taj*. Sargent won the Maine Arts Commission's Individual Artist Fellowship in Literature in poetry and the Maine Playwrights Festival for his play, "100 Percent American Girl." He holds an MFA in creative writing from the University of Southern Maine's Stonecoast program and a doctorate in creative writing from Lancaster University in the United Kingdom.

Bruce Spang served as Portland Poet Laureate from 2011-2013. A former English teacher at Scarborough High School, he has just published his first novel with Piscataqua Press. His latest book of poems, *Boy at the Screen Door*, was published this year by Moon Pie Press. He is the editor of the anthology, *Passion and Pride: Poets in Support of Equality*, and the author of four other poetry collections, an anthology of high school poetry, and the libretto for a musical drama. He lives in Falmouth with his husband Myles and their two labs, Midnight and Play.

The Local Buzz is located at 327 Ocean House Road. Go to [www.localbuzzcafe.com](http://www.localbuzzcafe.com) for more information.

## CELT plans three walks, jam-making workshop

The Cape Elizabeth Land Trust has three programs planned in the next few weeks.

Cape Elizabeth resident and master food preserver Anne Carney will lead a workshop on the basics of making berry jam from 8:45 to 11:15 a.m. Friday, Sept. 26, in the Cape Elizabeth Community Center kitchen. Materials will be provided, and participants will take the jam home. The cost is \$20.

CELT volunteer Lisa Gent will lead a group of three- to five-year-olds, each accompanied by an adult, on a walk through Robinson Woods from 9 to 10 a.m. on Wednesday, Sept. 24.

The group will explore the woods' habitat and search for birds, reptiles, amphibians, mammals and plant life. Hands-on explorations and games will be included. The fee is

\$10 per person.

CELT Director Chris Franklin will lead a seven-mile crosstown walk on Saturday, Oct. 4. The aim of the walk will be to offer an overview of various ecosystems, including Spurwink Marsh, Robinson Woods and Great Pond. The group will meet at 8 a.m. at Portland Head Light in the dirt parking lot closest to the lighthouse. After a three-and-a-half-hour walk and a picnic lunch at Kettle Cove, walkers will be shuttled back to Fort Williams at about 1:30 p.m. A \$10 fee will include lunch, snacks and drinks.

Register through Cape Elizabeth Community Services, 343 Ocean House Road. Call 767-6054 or go to [www.capelandtrust.org](http://www.capelandtrust.org).

The nonprofit CELT seeks to permanently conserve and provide stewardship for lands cherished by Cape Elizabeth residents.

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**Kate Kennedy, MD**, is board-certified in internal medicine and board-eligible in gastroenterology. She graduated from Williams College and Tufts University School of Medicine, both in Massachusetts. Dr. Kennedy completed her internal medicine internship and residency at the University of Colorado School of Medicine in Denver. She spent one year after residency working as a clinical hospitalist in Littleton, Colorado. She then returned to training and completed a fellowship in gastroenterology and hepatology at Strong Memorial Hospital in Rochester, New York. Dr. Kennedy practices general gastroenterology and hepatology with special clinical interests in inflammatory bowel disease and quality measures in colonoscopy. In her free time, she enjoys getting outside as much as she can to participate in a variety of activities including hiking and skiing. Originally from New Hampshire, Dr. Kennedy is happy to have returned to New England to begin her GI practice.



**Karen Stoughton, MSN, FNP-C**, is a board-certified family nurse practitioner. She graduated from the University of Connecticut with a bachelor of science in nursing degree. Prior to attending graduate school, Karen worked for over six years in gastroenterology as an endoscopy nurse and in medical-surgical hospital nursing. In May of 2014, she completed a master of science in nursing from the University of Southern Maine. Karen is a Sigma Theta Tau International Honor Society of Nursing inductee, and a member of the American Academy of Nurse Practitioners and the Maine Nurse Practitioner's Association. For relaxation, Karen enjoys time with her family, swimming, and gardening.



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# Stepping into the Sesquicentennial



Edward I. Woodbury

A Cape Courier series by Cape Elizabeth resident Ellen Van Fleet follows the Civil War through the eyes of people who lived in Cape Elizabeth 150 years ago, when the Civil War was in its third year. Using Portland author Paul Ledman's book, "A Maine Town Responds," as the main guide, the series includes both short entries from the Portland Transcript, a newspaper, and letters from a local soldier who served on the western front. Items from the Portland Transcript and from soldiers' letters are reported verbatim.

**Sept. 17, 1864** – Terrible incidents are given of the Indian war in the West. This outbreak, there can be little doubt, arises from the long continued injustice of our government and the rascally traders and agents, in their dealings with the red men. [Portland Transcript]

A large audience gathered in City Hall on Sunday evening at the meeting on behalf of the Freedmen. The beautiful white children present, who were once slaves, gave a striking illustration of the workings of the peculiar institution. [Portland Transcript]

**Sept. 24, 1864** – The amendment to the Constitution, allowing soldiers in the field to vote, is adopted by a very large majority. Under its provisions the soldiers, when they vote for President and Vice President next November, will also vote for Governor, Representatives to Congress, and county officers – but not for representatives to the Legislature. [Portland Transcript]

script]

For want of horses and mules the rebels at Petersburg harness Negroes to their supply teams. [Portland Transcript]

There are 17,000 Indians in Minnesota, including 3500 warriors, of whom 1800 are now actively hostile. [Portland Transcript]

Washington Territory is now in direct telegraphic communication with Washington City. [Portland Transcript]

The rebels have sent the 35,000 Federal prisoners at Andersonville, Ga., to Savannah and Augusta. It is to be hoped their condition will be improved by the change. [Portland Transcript]

Messrs. Rumery and Burnham, who do a large business in hermetically sealed provisions, will put up this year

200,000 cans of green corn. They keep in employment 100 men and girls. [Portland Transcript] [Editor's note: When the company was dissolved after 15 years, Samuel Rumery partnered with James P. Baxter to form Portland Packing Co., and George Burnham established "Burnham and Morrill" with Morrill, a former employee of Rumery and Burnham. B&M Beans continues today. The process of canning corn was perfected in Portland.]

Editor's note: From 1847 to 1853, Cape Elizabeth resident Scott D. Jordan was a mariner, plying trade routes in New England, England, the West Indies, the Caribbean, and the southern coast of the United States. In 1863, he left his wife Judith and their three children to serve as a naval ensign in the Civil War. After the war, he farmed and served for a while as the superintendent of Cape Elizabeth Poor Farm.

He sent his wife the following letters in September 1864:

U.S. Steamer Carondelet  
Sept. 18, 1864  
Dear Wife,

We have a Gentleman boarder in the Ward Room and have had for the last 18 days. His name is Mr. Cook and belongs in the vicinity of Fort Pillow and is about my age. Three weeks ago, a Rebel Colonel by the name of Harding came to his house

with three other Rebels for the purpose of conscripting him.

And as he was opposed to fighting on that side, he refused to join them under any circumstances, but the Col. was determined to take him or kill him, so he fired two shots at him with his Revolver, both of which missed him, and came very near shooting his wife. He happened to have a fowling piece at hand, took that and shot the Col. Dead on the spot, then took the Col's Revolver which still had four charges left in it and cleared the house of the other three.

He then took his wife and came down to our Ship for protection, knowing the Rebs would be there in large number for him as soon as they learned the particulars. The Capt. sent his wife down the Memphis where she is boarding among some of her friends. As soon as he can settle up his business about here, he will send for his wife and go farther North for safety.

He is a first rate man. He will lose everything he had except \$1,500 which he received for some cotton he had growing on his farm.

This is one of the thousand instances of the kind happening up and down this river many of which I have known. It is exceedingly unpleasant to a family when

–see SESQUICENTENNIAL, page 17

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## Christine Morgan exhibits in September



Christine Morgan stands before one of her abstract pieces.

This month, the Thomas Memorial Library Gallery will feature a collection of original abstracts and commissioned pet portraits by Cape Elizabeth artist Christine Morgan.

A graduate of UMass Dartmouth, with formal training in Fine Arts and Visual Arts, Christine believes “everyday life is a colorful palette, waiting to be expressed on canvas through expressionistic, bold brushstrokes.”

Her paintings have been exhibited at a number of galleries in Maine, including the Lewis Gallery in Portland and Wing Spread

Gallery in Southwest Harbor.

One of Morgan’s favorite activities is going on beach walks in Cape Elizabeth at sunset with her husband and two miniature American Eskimo puppies. Most recently, she has delighted in immortalizing her love of Maine’s beaches in abstract seascapes painted with oils on wood panel.

The exhibit can be seen through September. A reception, open to the public, will be held from 6 to 8 p.m. on Thursday, Sept. 25. Most works are for sale.

## Danny Lion returns to library Oct. 4

On Saturday, Oct. 4, the library welcomes back children’s performer Danny Lion, a.k.a. Dan Flannery, for a 10:30 a.m. performance. Danny Lion last delighted families with his original songs in an outdoor evening concert in July.

Flannery will also be the special resource professional for the final session of the library’s five-week Parent-Child Workshop on Oct. 3; fifteen families with children one to three years old have been participating in the workshop, joined by a different professional consultant each week to answer questions about child development. Flannery holds a master’s degree in Child Development, and has years of experience working as a preschool teacher and music teacher for young children. He has been recording music for children since 2007, when he formed “The Flannery Brothers” with his brother Mike. He currently performs and records as Danny Lion.

Old fans and newcomers are sure to have a fabulous time singing and dancing with Danny Lion. Visit the library’s website for more information about Danny Lion and to watch some of his fantastic videos. The concert is free and open to everyone.

## Musical story hours return this fall!

Rob Duquette returns on Thursday, Sept. 18, for his monthly World Music program for kids. Jud Caswell returned earlier this month for his regular monthly Musical Story Hour for kids. His next program will be at 10:30 Thursday, Oct. 2.

Neither program requires registration, and all are welcome!

**Classifieds in  
The Cape Courier work!  
See page 19 for details.**

## LIBRARY-SCHEDULE

799-1720 (for more info)  
rdavis@thomas.lib.me.us  
ThomasMemorialLibrary.org

### FOR BABIES

**Mother Goose Time with Rachel**  
Rhymes, songs and finger plays for babies up to 18 months.  
Wednesdays, 11-11:30 a.m.

### FOR TODDLERS

**Tales for Tots with Rachel**  
Songs, stories and movement for toddlers 18 months to age 3.  
Wednesdays 9:30-10 a.m.

### FOR YOUNG CHILDREN

**Story Soup with Rick**  
For ages 3-5  
Stories, crafts & games  
Tuesdays, 10:30-11:15 a.m.

### FOR NOT-SO YOUNG KIDS

**Adventurers Club with Rick**  
For ages 6-9.  
Fridays, 3:15-4 p.m.

### FOR ALL AGES

**Family Story Time with Rachel**  
Songs, stories and movement for all ages.  
Thursdays, 9:30-10 a.m.  
Saturdays, 10:30-11 a.m.

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Monday, Wednesday, Friday, Saturday:  
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### NOTE!

No story times from Oct. 6 - 18 due to the Friends of the Thomas Memorial Library’s Fall Book & bake Sale.

**Regular library hours have resumed!**

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Details are forthcoming on this family friendly activity so **Stay Tuned!**

For more information, contact Janet Villiotte, Education Coordinator, at leapyear72@mac.com

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## Free Oct. 24 health fair for Cape senior citizens to offer ‘opportunity’ to mingle and learn’

Cape Elizabeth Community Services has organized a free health fair for senior citizens from 9 a.m. to noon on Friday, Oct. 24, in the Cape Elizabeth High School cafeteria.

At the event, more than 20 organizations and businesses will have booths where Cape Elizabeth senior citizens and their caregivers can speak with representatives from assisted living residences, visiting nurse and home care agencies, medical services organizations, real estate companies Community Services, and more. Elder law attorneys, chiropractors and members of

the Senior Citizens Advisory Commission, a group that advises the Cape Elizabeth Town Council on issues facing Cape residents who are 60 years and older, also will have booths at the fair.

The event, which will include door prizes and free coffee, juice and muffins, will offer senior citizens “an opportunity to mingle and learn,” said Jen DeRice, coordinator of adult programming for Community Services. Contact DeRice at 799-2826 or [jderice@capeelizabetschools.org](mailto:jderice@capeelizabetschools.org) for more information.

## Sesquicentennial

Cont. from page 15

obliged to leave their home and property, at a moment’s notice, and seek protection of a naval vessel but in this part of the country instances of this kind occur daily.

Sept. 23

... We have changed our place twice, every 24 hours since I wrote you last, and probably shall continue to. At every place we stop at the people come down to the river to trade

with us. We have one boat that attends to market. I think I have never seen women in any place where I have ever been so perfectly miserable as they are in Tennessee & Arkansas. It is very seldom we see one dressed half as well as the Paupers dress in the North. And they all chew snuff & Tobacco.

And they have not got refinement enough to keep their faces and hands clean or hair combed, and there is but a small proportion of them that can read or write. What few rich there are here are a little further advanced in civilization & dress better...

## Commission seeks input about care needs of Cape residents 60 years and older

By Wendy Keeler

Members of the Senior Citizens Advisory Commission, a group that advises the Town Council on issues facing Cape Elizabeth citizens 60 years and older, want to hear from residents in that age group.

The SCAC, which formed in early 2014, invites residents 60 years and older to talk about their needs – transportation, health care, housing, town services, recreation and more – at three “public listening sessions” set for 11 a.m.- 1 p.m. on Tuesdays, Sept. 30, Oct. 14 and Oct. 28, in the Jordan Conference Room at the Cape Elizabeth Town Hall.

“At these public listening sessions, we hope to find out what issues are most important to residents who are 60 years and over, what town services they most frequently use, what services they wish were here, and what services are needed,” SCAC Chairman Brett Seekins said. “We want to hear what’s convenient about living here and what’s not convenient about living here in terms of shopping, health care, schools, family, library,” and more.’

Senior citizens will be invited to fill out a survey asking them to name the issues most

important to them and then rank them in order of importance.

At recent SCAC meetings, which are open to all and are held from 11 a.m. to 1 p.m. every Thursday in the Jordan Conference Room, members have heard from representatives of several organizations.

A speaker from AARP did a presentation on livable communities. Representatives of the IRIS foundation discussed vision issues affecting people 60 and older. The group has also heard from Maine Sen. Rebecca Millett and Maine Rep. Kim Monaghan-Derrig.

Future speakers will include an elder abuse attorney and a representative from the Volunteers of America.

“We learn from them, and they learn from us,” Seekins said about the groups and experts who present at SCAC meetings. “They learn from us about things missing from our community, and maybe they can come in and help fill the gap. We’re building a community bridge.”

Contact Cape Elizabeth Town Assessor Matt Sturgis, the staff liaison to the commission, at [tmatthew.sturgis@capeelizabeth.org](mailto:tmatthew.sturgis@capeelizabeth.org) for information about the SCAC. He then will contact commission members.



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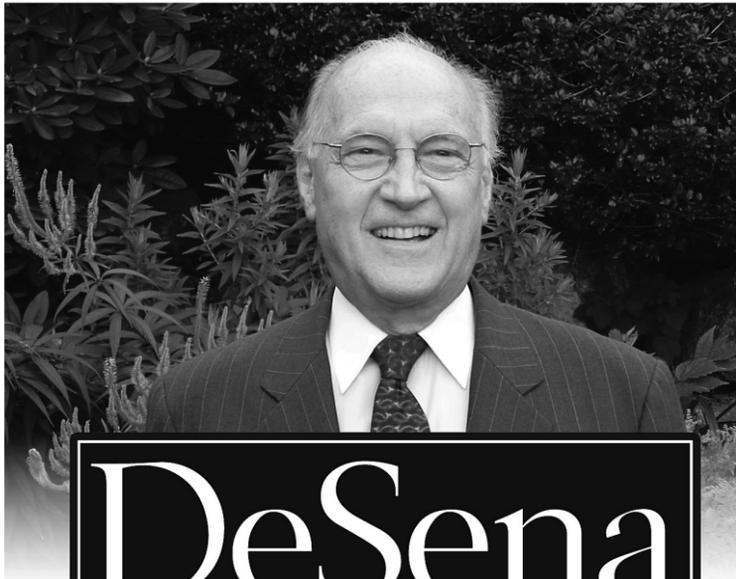
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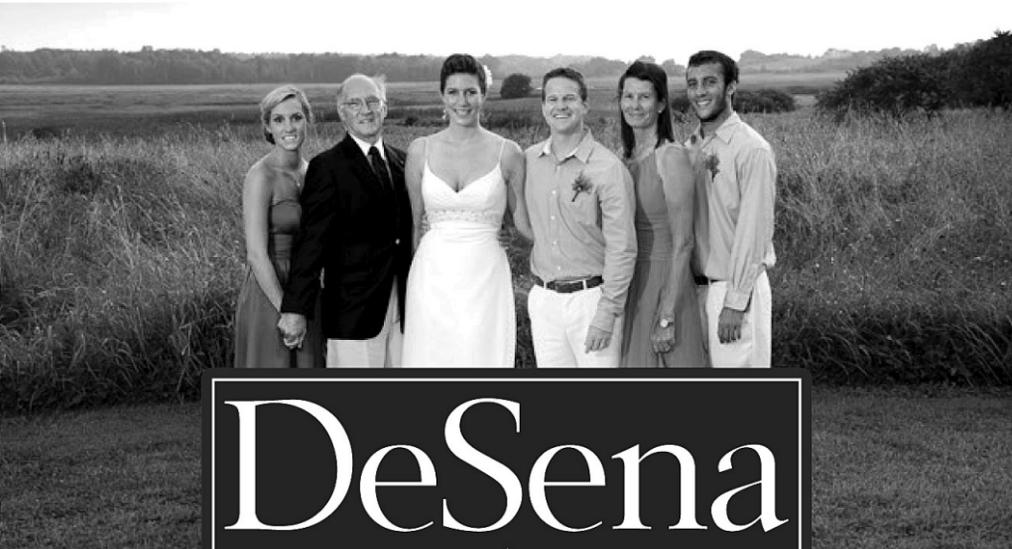
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- Married to Dena; 3 children, 2 grandchildren, 1 dog

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## Four Cape residents attending freshman year of college have National Merit Scholarships

Three 2014 Cape Elizabeth High School graduates and a Cape Elizabeth graduate of Phillips Exeter Academy in Exeter, N.H., received \$2,500 National Merit Scholarships for college this year.

CEHS graduate John H. Hall, who is a freshman at the University of Georgia in Athens, plans to study finance. CEHS graduate Kevin C. Hare plans to major in statistics at the University of Virginia in Charlottesville, where he is a freshman. John Kennealy, who graduated this spring from Exeter, is a freshman studying molecular biology at Bowdoin College in Brunswick. Matthew Reale-Hatem, a CEHS graduate now attending Pomona College in Claremont, Calif., plans to pursue a career in foreign service.

The competition began in October 2012 when the four, along with fellow high school juniors across the country, took the PSAT, the preliminary SAT. In September 2013, the highest-scoring participants in each state were named semifinalists.

To select scholarship winners, a committee of educators appraised information submitted by finalists and their high schools,

including academic records, with the difficulty level of subjects studied, and grades; standardized test scores; contributions and leadership in school and community activities; an essay; and a recommendation written by a high school faculty member.

## Close Buy fundraiser runs through Sept. 26

Cape Elizabeth Middle School students will be selling New England-made products from the Close Buy catalog through Friday, Sept. 26, during an annual Middle School Parents Association fundraiser.

Products in the catalogue range from jewelry and home goods to skin products, specialty food items, and products for children, pets and outdoors.

Orders will be delivered by the December holidays.

Proceeds will benefit the middle school's outdoor education programs, including the sixth-graders' annual four nights at the Chewonki Foundation Environmental Education Center in Wiscasset.

Contact Pam Torre at [patorre@aol.com](mailto:patorre@aol.com) or 799-7379 for more information.

## CAPE CONNECTION

### Pond Cove School

#### Tangible resources needed:

- Tennis balls. Contact [gscnmader@capeelizabetschools.org](mailto:gscnmader@capeelizabetschools.org) or drop balls off at the Pond Cove front office.
- Board games such as Sorry, Clue, Connect Four and Trouble, or any other games appropriate for fourth-graders to use during indoor recess. Contact Christine Tweedie, [ctweedie@capeelizabetschools.org](mailto:ctweedie@capeelizabetschools.org).

### Middle School

#### Tangible resources needed:

- Tennis balls. Contact [gscnmader@capeelizabetschools.org](mailto:gscnmader@capeelizabetschools.org) or drop balls off at the Cape Elizabeth Middle School front office.
- Bean bag filler. Contact Carrie Newton at [cnewton@capeelizabetschools.org](mailto:cnewton@capeelizabetschools.org)
- Rugs and chairs for a reading center. All need to be "California fire retardant." Contact Tabitha Eastman at [teastman@capeelizabetschools.org](mailto:teastman@capeelizabetschools.org).

Contact Gail Schmader, director of school volunteer services for Cape Elizabeth, at 799-7339, extension 334, or [schmader@capeelizabetschools.org](mailto:schmader@capeelizabetschools.org).

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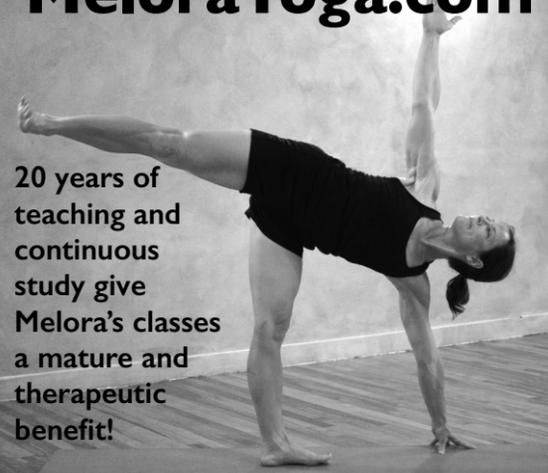
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## Shea, Nilsen win CEEF teacher awards

By Wendy Keeler

To the applause of their colleagues, two Cape Elizabeth teachers received awards their first morning back on the job after summer break.

At an all-staff meeting on Aug. 28, Cape Elizabeth High School physical education and health teacher Scott Shea and CEHS technology teacher Betsy Nilsen won awards from the Cape Elizabeth Education Foundation, which has honored school employees since 2006 on the staff's first day back at school.

Shea, 45, a Freeport resident who has taught physical education and health at CEHS for 22 years, received the nonprofit charitable organization's 2014 Tim Thompson Award for "going above and beyond the call of duty in reaching out to and mentoring students." Cape Elizabeth residents Nancy and Tim Thompson established the honor in memory of their son, Timmy, who died 10 years ago during the summer after his graduation from CEHS.

Nilsen, 61, a Portland resident who has taught at CEHS for 25 years, won CEEF's 2014 Elaine Brownell Award for her use of CEEF grant money to organize the first full-day TEDx event at a Maine high school in December 2012 at CEHS.

### Scott Shea

"When we think of this amazing role model, our first thought is 'quiet and humble,' 'someone who uses his skills and talents in ways that benefit his students and colleagues' - all with a smile on his face and an enthusiastic helping hand," Nancy Thompson said before presenting the award to Shea.

Shea's commitment to CEHS students extends way beyond classroom hours, even into summer break, Thompson said. Then she shared a quote about Shea from one of

his CEHS colleagues.

"Outside of the parameters of the school day, he organizes hiking trips. Just this past month, he took a group of students for an overnight camping trip to Mt. Blue State Park followed by a wet and soggy hike up Tumbledown Mountain. This is another example of his willingness to spend time with teens, and in doing so, impact their lives in immeasurable ways."

At the podium, Shea talked about what inspires him as an educator, giving a fresh definition to a phrase that has become one of the most controversial educational topics today: the "common core," which usually refers to learning standards that must be met by school districts.

"The real common core is the need to matter, the need to love and be loved, the need to be heard, the need to have a purpose. The real common core is the need to belong and the need to be cared for. As educators, we have the same needs within our teams/departments/schools, community, and our families," Shea told his colleagues. "We must all realize it is this common core that leads us to success and happiness, and it is this common core that will do the same for our students."

### Betsy Nilsen

Had someone told Nilsen 25 years ago that she would be receiving an award at CEHS two and a half decades later, she would not have believed them.

"I came to Cape to fill in for a teacher on sabbatical in 1990 and intended to be here for that one year. Somehow, I never left," said Nilsen, who previously taught at the University of New England.

A teacher of digital design, image management, video production, keyboarding/word processing and personal finance at



Photo Beth Harris Hess

Cape Elizabeth High School teachers, third from left, Betsy Nilsen, and, second from right, Scott Shea, pictured with, from left, CEHS Achievement Center Coordinator Ginger Raspiller, Cape Elizabeth Education Foundation Vice President Jim Britt, Cape resident Nancy Thompson, and CEEF Co-president Mike Wood, won CEEF teacher awards on Aug. 28.

CEHS, Nilsen has been teaching students about computers since the 1980s.

"She is an educator who embraces change and welcomes new ideas, supporting both with strong organizational and technological skills and with her time and energy," CEHS Achievement Center Coordinator Ginger Raspiller said before presenting the award to

Nilsen. "So it was no surprise when [Cape Elizabeth residents and CEHS parents] Mary Townsend and Sara Lennon first pitched the idea of a TEDx event at CEHS ... and our recipient answered the call and volunteered to lead the steering committee."

-see CEEF AWARDS, page 20





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[www.capecommunityservices.org](http://www.capecommunityservices.org)

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**Please go to our website to download the registration form**

For more information please contact Kelly Phinney at 799-2868 or email [kphinney@capeelizabethschools.org](mailto:kphinney@capeelizabethschools.org).

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For more information contact **Kelly Phinney: [kphinney@capeelizabethschool.org](mailto:kphinney@capeelizabethschool.org)**

## After program gets 'extremely positive' feedback, district plans to expand 'Open Door Studios'

By Wendy Keeler

After getting positive feedback about the Cape Elizabeth schools' newly launched summer program, "Open Door Studios," the school district plans to expand the program designed for students who have demonstrated they could benefit from additional work in math and literacy over the summer break.

This summer, 10 teachers, who received three days of training in advance, taught more than 100 students in the multi-age program, which started July 8 and ran three days a week for four weeks.

"The purpose of the program was to provide additional academic support for students in a hands-on learning environment," said Ruth Ellen Vaughn, the district's director of instruction. "While some instruction did take place in the classroom, the goal was to integrate subjects and allow students to use skills in an engaging way that more closely mirrors 'real world' application wherever possible. We wanted students to be moving, to get out-

side, and to explore the subjects they were studying."

Students worked on different projects, depending on their ages and grades. Over the month, Cape students did everything from writing personal narratives, poems and journal entries to creating magazine-style booklets about animals and field guides for Maine Audubon. A group of older students got an introduction to robotics and surveying, and even created video games.

The program has gotten high marks.

"Parent and student feedback on the program has been extremely positive," Vaughn said.

"It's such a critical advance for our district in addressing summer slide and improving students' engagement in their work year round," School Board Chair John Christie said.

The school district plans to include more students next summer in the district-funded program, Vaughn said.

## Field hockey team bottle drive set for Sept. 20

Cape Elizabeth High School field hockey players will canvas Cape neighborhoods from 8 a.m. to noon on Saturday, Sept. 20, during the team's annual bottle drive.

Money raised through the drive will help fund costs not covered by the school budget, including pay for an assistant varsity coach and expenses for goal repair and goalie

equipment.

Residents are asked to leave their bottles bagged for pickup at the end of their drive-ways by 8 a.m. or drop them off at the parking lot behind the Cape Elizabeth Community Center between 8 a.m. and noon.

Email [cefieldhockey@gmail.com](mailto:cefieldhockey@gmail.com) or call Beth Pellegrini 671-9151 for information.

## Breast Cancer walk Oct. 19 at Fort Williams

For the second year in a row, the Portland chapter of the American Cancer Society will hold its annual Making Strides against Breast Cancer Walk at Fort Williams Park. The 5-kilometer walk, set for 10 a.m. Sunday, Oct. 19, will include three trips around the fort. The walk will start at the parade grounds.

There is no fee but participants must register by going to [makingstrides.acevents.org](http://makingstrides.acevents.org) and entering "04107," or at 8:30 a.m. before the race. Donations will be welcomed.

Participants can walk alone or in teams. Cape Elizabeth Middle School seventh-grader Elena Keller, who is the captain of the team, "Elena Cares," encourages other young people to participate in the walk. They can join her team on the Making Strides against Breast Cancer website or start a team of their own.

Contact Jessica Laliberte at [portland-mestrides@cancer.org](mailto:portland-mestrides@cancer.org) or 373-3719 for more information.

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## CEEF Awards

Cont. from page 19

TED conferences, in which speakers share ideas and stories in talks of no longer than 12 minutes, had been happening for 27 years in 2011 when Nilsen began organizing the TED conference at CEHS, but no Maine high school had ever held one.

The nonprofit TED has specific guidelines for conferences, and organizers have to get permission for conferences from the national organization, which requires working with TEDxDirigo, the TED organization in Maine. Organizers then have to come up with a theme for the conference, and invite and sometimes coach speakers for the talks, which are not only heard at the event, but are shared online by TED.

The 12 speakers at the 2012 TED conference at CEHS included the founder of the Portland-based Catalyst for Peace, the chief innovation officer for the Gulf of Maine Research Institute in Portland, a circus performer who created a popular Mentos/cola YouTube video, and a CEHS student with dyslexia, whose CEHS TED talk went viral.

Nilsen spent her time at the podium thanking the other people involved in organizing the first TED event at CEHS.

"I thank CEEF for selecting me for this award and thereby recognizing the efforts of so many others," she said.

"This feels like the TEDxYouth MVP award; but we all know it takes a whole team to win the Super Bowl. I am grateful to my teammates," said Nilsen, who is busy organizing a second TEDxYouth@CEHS this December.



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## Psyched!



Cape Elizabeth Middle School sixth-grader Lucy Keniston rejoices on Sept. 6 after completing the 40-mile leg of the Eastern Trail Alliance Maine Lighthouse Ride with her father Patrick, a 1982 Cape Elizabeth High School graduate, on a tandem bike. The ride, which started at Southern Maine Community College, went out the Eastern Trail into Scarborough and came back via Ferry Beach, Prouts Neck, Higgins Beach, Kettle Cove, Two Lights, and Fort Williams before finishing back at SMCC.

## Cape Methodist plans 'Blessing of Animals' on Sunday, Oct. 5

The Cape Elizabeth United Methodist Church will host its 10th annual Blessing of the Animals on Sunday, Oct. 5, at 2 p.m. in the church's outdoor chapel.

Cape Methodist always conducts the blessing the first weekend of October to celebrate the Feast of St. Francis of Assisi, the patron saint of animals and the environment.

In most years, the blessings have been primarily for dogs, but last year a cat, goat, rabbit and even a goldfish were included.

The blessing is open to the public, and the church invites people to bring any animals they want. The Rev. Ruth Morrison will conduct the blessings.

The entrance to the trail leading to the outdoor chapel is located at the far end of the church parking lot. If it rains, Cape Methodist will hold the ceremony in the church, 280 Ocean House Road. Go to [www.ceumc.org](http://www.ceumc.org) for more information.

## Heirloom Supper Oct. 4 at Methodist Church

Cape Elizabeth United Methodist Church will host its annual Heirloom Public Supper on Saturday, Oct. 4 from 4:30 to 6 p.m.

The supper will feature dishes made from locally grown produce and ingredients, including casseroles, beans salads and breads. As always, pie will be dessert.

Prices will be \$8 for adults, \$5 for children and \$20 for families – or two adults and children. Takeout also will be available.

Go to [www.ceumc.org](http://www.ceumc.org) for more information about the church. The church is located at 280 Ocean House Road

## SERVICES

### Cape Elizabeth Church of the Nazarene

499 Ocean House Road (Route 77)  
799-3692

[www.capenazarene.org](http://www.capenazarene.org)

Sunday School for all ages: 9:30 a.m.  
Sunday Worship Celebration: 10:45 a.m.  
Services streamed live or on demand at:  
[watch.capenazarene.org](http://watch.capenazarene.org)

### Cape Elizabeth United Methodist Church

280 Ocean House Road  
799-8396

[www.ceumc.org](http://www.ceumc.org)

Chapel Service: 8 a.m.  
Sanctuary Service: 10 a.m.  
Child care & Sunday school: 10 a.m.  
Adult Sunday School: 9 a.m.

### The Church of Jesus Christ of Latter-day Saints

29 Ocean House Road  
767-5000

Sacrament Meeting:  
Sunday 9-10:10 a.m.

Sunday School: 10:15-11 a.m.

Primary: 10:15 a.m.-noon

Relief Society, Priesthood: 11 a.m.-noon

### The Church of the Second Chance

2 Farm Hill Road  
641-3253

Sunday: 10:30 a.m -12:30 p.m.  
Cape Elizabeth High School cafeteria  
345 Ocean House Road

### Congregation Bet Ha'am

81 Westbrook St., South Portland  
879-0028

[www.bethaam.org](http://www.bethaam.org)

Worship: Friday: 7:30 p.m.

Saturday: 10 a.m.

Family Shabbat services:

Second Friday: 6:30 p.m.

### First Baptist Church of South Portland

879 Sawyer St., South Portland

799-4565

[www.spfbc.com](http://www.spfbc.com)

Sunday Morning Worship: 9:30 a.m.  
Awana Clubs (Grades 3-8): Tuesday 6:20 p.m.

### First Congregational Church United Church of Christ

301 Cottage Road, South Portland

799-3361

[www.fccucc.org](http://www.fccucc.org)

Chapel worship: 8:30 a.m.  
Sanctuary worship: 10 a.m.  
Sunday school/preschool childcare: 10 a.m.  
[www.fccucc.org](http://www.fccucc.org)

### Promised Land World Reach Center

536 Cottage Road, South Portland

799-3152

Sunday Prayer & Intercession: 9:30 a.m.  
Sunday Worship: 10 a.m.  
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### Saint Alban's Episcopal Church

885 Shore Road

799-4014

[www.stalbansmaine.org](http://www.stalbansmaine.org)

Wednesdays: 9 a.m. Holy Communion  
Sundays: 8:30 a.m., 9:30 a.m. & 5:30 p.m.  
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### Saint Bartholomew Roman Catholic Church

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799-5528

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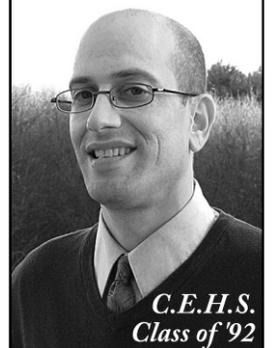
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## Zoning amendment

Cont. from page 1

“The past practice of the code enforcement officer making this subjective determination on a case-by-case basis exposes the town to litigation,” McDougal said. “I would recommend ... a definition that enables land-use professionals to determine the line based on objective and scientifically sound criteria.”

Town Manager Michael McGovern said that the town was paying legal fees to defend its definition, which had not been reviewed since the early 1980s, and to his knowledge, was not used by any other coastal Maine community.

McDougal suggested using the highest annual tide, as used by the state, but in March the Planning Board recommended the astronomical high tide with three feet added to account for rising sea levels and storm surge. The Planning Board recommendation was accepted by the Town Council Ordinance Committee in June.

### Public concerns

A dozen residents spoke at the Aug. 11 public hearing, with most concerned with how the new definition would affect their property rights.

“If it’s going to take my property rights or diminish them in any way, then I object,” said Bill DeSena of Wainwright Drive, in a comment echoed by subsequent speakers.

David Wennberg of Angell Point Road specifically opposed the addition of three feet to the line, which he said represented a

departure from a standard that has “a lot of science behind it.” He said the change would substantially reduce the buildable land on his property.

Roy Strunk of Tides Edge Road was against a “one-size-fits-all solution.”

### Council discussion and vote

The council heard a presentation from Town Planner Maureen O’Meara, who said the new definition would provide more consistency.

However, in response to a question from Councilor David Sherman, O’Meara acknowledged that the town did not have the type of townwide data that would allow her to predict how the new definition might affect individual properties. O’Meara said that typically, when proposing an amendment, “you want to know where and what the change will be,” an impossibility and “the biggest struggle” in this instance. “That has been the issue the code officer has had and why he came to you in the beginning and said he’d like something clearer.”

While Councilor Kathy Ray said that most of the low-lying coastal properties were already affected by the town’s wetland ordinances, this was rebutted by Councilor Caitlin Jordan, who was concerned that the additional three feet in the amendment could result in the taking of property and questioned how many other properties might be similarly affected.

Councilor Jordan and Councilor Jamie Wagner, who shared her concerns, voted against the amendment, which passed by a 5-2 vote.

## Public hearings

Cont. from page 1

that a TIF application could not be submitted unless and until a new Town Center Plan is adopted.

Public comment on the Town Center Plan as a whole, and the TIF district proposal in particular, will be taken at the 7 p.m., Oct. 6 Town Council meeting.

For up-to-date information about these topics, visit the town website.

## Humming along



Female ruby-throated hummingbird.

Photo by Martha Agan

Anzhela Cox

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**Married**



*Paula Banks and James Theofilos of Cape Elizabeth were married May 31 surrounded by family and friends. The wedding ceremony – officiated by Paula’s brother Tim Neelon – and reception were held at DiMillo’s on the Water in Portland. Paula is a longtime geriatric care manager in Cape Elizabeth. James is an information technology consultant. The couple honeymooned in Canada and northern Maine.*

Cape Elizabeth resident **Sasha Bridger**, 25, recently completed a five-week wilderness expedition, traveling by foot in Patagonia with the National Outdoor Leadership School. During the course, students have no access to modern conveniences and carry all of their gear and rations.

Along with 11 students and three instructors, Sasha explored the Southern Patagonian Ice Field in Chilean Patagonia. Highlights of the course included peak ascents, students leading travel on glaciers, and ice climbing. Overall, the group traveled 70 miles and gained 24,000 feet of elevation.

Sasha holds a Bachelor of Arts degree in film and television studies from the University of Vermont in Burlington, Vt.

**Kelsey Harrington**, a member of the Class of 2015 at Elmira College in Elmira, N.Y., recently attended the 2014 Southampton Writers Conference at Stony Brook University in Stony Brook, N.Y. There she presented her fiction to a panel of writers and got to interact with and attend readings given by writers that included Billy Collins, Terrance Hayes and Julia Glass.

The conference was “one of the best experiences of my life,” Kelsey said. “I have a long list of books to read and an even longer list of friends that I met, and we promised to keep in contact to bounce ideas off each other.”

A 2011 Cape Elizabeth High School graduate, Kelsey is studying English literature and sociology/anthropology at Elmira.

**Campbell brothers sweep film festival again**



*Brothers Peter, left, and Thomas Campbell, pictured in this screen shot from their film, “Subcontractors,” which won five awards at the 2014 Portland 48-Hour Film Festival.*

Cape Elizabeth’s filmmaking brothers Thomas Campbell, 22 and Peter Campbell, 20, and their film company, 8mufnz, have racked up yet more filmmaking honors.

Their seven-and-a-half-minute science fiction film, “Subcontractors,” won five awards this summer at the 2014 Portland 48-Hour Film Festival: best directing, best cinematography, best special effects, best editing and the audience award. Teams are given several required elements to include in their films, which the filmmakers have 48 hours to write, shoot, produce and submit on a flash drive.

At the same festival last year, their film “Crá Croi” won six awards. Their films also have won honors at the Film Chowdah festival, open to college students in Maine.

Peter is a music major at the University of Southern Maine in Gorham, where Thomas received a degree this spring (see page 11). The brothers started making movies when Peter was 11, and in 2009, the Campbells created 8mufnz and began uploading their films onto a youtube site.

Go to [www.youtube.com/user/8mufnz](http://www.youtube.com/user/8mufnz) and to “Subcontractors” to watch the film.

– Wendy Keeler

Three Cape Elizabeth lawyers from Bernstein Shur’s Portland office were selected by their peers for inclusion in the 2015 edition of *The Best Lawyers in America*. **Glenn Israel** was chosen for employment law. **Robert F. Macdonald, Jr.**, was named in the area of franchise law, and **Paul McDonald** for bankruptcy law.

Cape Elizabeth resident **Dave Scheffler** was named “Broker of the Month” for superior sales at the **Coldwell Banker Residential Brokerage** in Cape Elizabeth. He has worked in real estate for 29 years.

**More Neighbors on pages 10, 11**

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