

The Cape Courier

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Beach to Beacon turns 18; 643 of 6,597 finishers from Cape



Photo by Claudia Murray

Karen Rand McWatters, a survivor of the 2013 Boston Marathon bombing, completed the race with husband Kevin McWatters and is met at the finish line by open-armed race founder Joan Benoit Samuelson. Story and more photos inside.

A 'Night at the Light' to remember



Photo by Meghan Wakefield

The Portland Symphony Orchestra performed at Fort Williams Park for the first time since 2008 for "A Night at the Light" on July 25, part of a six-month celebration of the 250th anniversary of Cape Elizabeth's incorporation. Above, some of the appreciative crowd of more than 3,000. "I couldn't be happier with everyone's enthusiastic response," said Barbara Powers, 250th Anniversary Committee Chair. "It was amazing to be part of an audience seated by the sea listening to such great music." For more about the event, see page 15.

Gunfire is suspended at Spurwink gun club

By Elizabeth Brogan

Live gunfire at the Spurwink Rod & Gun Club was suspended on July 24, after the club firing range was deemed unsafe in a report from Rick LaRosa, the National Rifle Association-recommended, independent firing range safety evaluator hired by the town. LaRosa's report, received by the town on July 23, recommends the range discontinue use of any live fire until it can be made safe.

"While the existing range is in the process of implementing a plan of improvements," the report states, "a more comprehensive approach to containment and sustainability needs to be considered, designed, funded and implemented to provide a safe environment for users and contiguous property owners."

Specific findings include:

- *the potential for ballistics to leave the range and reach down-range users and residences;
- *lack of a containment system for accidental fire, ricochets or fragments of live fire;
- *an inadequate firing line shed;
- *an incomplete range manual;
- *inadequate security

LaRosa found "existing and proposed improvements" insufficient to assure containment, but concluded that the range "is an average facility and is located appropriately for shooting activities, once remediation has

—see GUN CLUB, page 6

Council approves recommended plan for neighborhood dispute resolution

By Bob Dodd

Town departments, including the police, will soon be trained in making referrals to existing mediation services as a step in resolving conflicts between neighbors.

This was one of the key recommendations of the Town Council's mediation goal working group. Councilors received the group's report at their July 13 meeting.

All recommendations were approved by the council.

The working group was established by the council to create a volunteer mediation program for the town to help in resolving neighbor disputes before they reached the Town Council.

The group concluded, however, that existing Portland-area mediation services should be utilized instead of creating a new program for the town. Programs offered by nonprofits such as Opportunity Alliance and Volunteers of America are available to Cape residents, usually at no cost.

Councilor Caitlin Jordan said the directors of Volunteers of America and Opportunity Alliance, Elaine Bourne and Karen Groat respectively, "enlightened us immensely as to what options were available to Cape Elizabeth citizens – that we didn't need to re-create the wheel."

The working group consisted of town

—see TOWN COUNCIL, page 6



The Cape Courier
 P.O. Box 6242
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OUR MISSION STATEMENT
 The mission of *The Cape Courier* is to foster a sense of community by presenting news specific and unique to Cape Elizabeth and its residents, and, whenever possible, to promote volunteerism within our community.

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Residents call for ‘fresh ideas’ for Town Center

We’re finding it ironic that village green and office park are always mentioned in the same breath. This juxtaposition reveals a fundamental confusion about what we want for our Town Center. Do we want an office park? Or do we want a quaint village? We can’t have both, as the latest proposed ordinance change pretends. The destruction from clear-cutting several acres and filling in a lively pond to erect four multiplex buildings plus parking lots will not be ameliorated by a lawn.

Shouldn’t a revision of our existing rules, one being created for a single project, begin with the simple question: What do the majority of citizens want? Let’s hold an informal town meeting where everyone gets to speak freely. Ask people to come prepared with fresh ideas and solutions on how to preserve

our small-town beauty while encouraging vitality. We only have one Town Center; once developed, it will never be returned to woods and wetlands, so let’s get this right.

The notion of a village green (the very name implies small-scale, doesn’t it?) appeared in the 1993 Town Center report and has been carried into every update since, so the concept is almost a quarter century old. Does the community still desire one? Did it ever? In this age of digital access, that’s an easy question to answer. Councilors, please pause on this important decision long enough to post a survey on the town website, put a questionnaire in *The Cape Courier*, and hold an open meeting. Let’s create a plan for our Town Center together.

Sara Lennon and Mary Townsend

‘Special exemption planning’ is unwanted say some residents

October, 2013: Sixty people at a town council public hearing state we don’t support recommendations to overdevelop our Town Center. Planning Board members assure us:
“Our goal is to hear the townspeople, to find out what they want, and let that direct us.”
“We’re not here to make changes. I think that’s a popular misconception. We’re not on a mission to do anything in particular.”

Spring, 2014: In opposition to the Town Center Plan draft, 150 people sign a petition protesting a proposed zoning amendment that would allow construction of a village green over Town Center wetland.

Spring, 2015: Dozens of citizens representing all demographics show up to a council workshop to oppose extreme zoning and land-use changes allowing multiplex developments cross town. In one voice, we say: No!

Summer, 2015: The Town Council resurrects the 2014 park and multiplex project. New documents inaccurately declare we’ve been clamoring for this “substantial public benefit” since 1993.

This isn’t about private property rights that follow our pro-rural laws. It’s about chronically ignoring and misrepresenting years-long public opposition to a project that will degrade our rural character by destroying wetland and clear-cutting the area between CELT and Town Hall.

Councilors: Please reject special exemption planning that substantially benefits one private developer. It sets a dangerous legal precedent. Decisively abandon projects necessitating the eradication of a beautiful, beloved parcel of land in our uniquely unspoiled Town Center. Our enduring values and earnestly expressed wishes deserve to be honored, not just heard.

Anne O’Brien, Tony Owens, Paul Seidman

Injured bike rider reminds all to follow laws

On June 30, I was riding my bicycle westbound on Sawyer street in South Portland. Upon hearing an approaching car from behind, I moved from the center of the lane to the far right (next to the white line). As the car pulled even with me, the driver continually inched over to his right – forcing me to ride up on the sidewalk, lose control of my steering, and crash into a low stone wall parallel with the sidewalk. The impact cut open my right leg.

There was no other traffic in either direc-

tion before or after this incident. At the time, I was proceeding in the right-hand lane and was wearing brightly-colored clothing as well as a green neon safety vest and gold bike helmet.

The point of this letter is to remind all of us to pay attention to what is happening on the road. Drivers, allow three feet between your car and a bicyclist. Bike riders, please obey traffic laws and stop lights as if you were driving a car. Accidents do happen.

Mary Lancey

Tierney’s dedication to CEEF appreciated

Sarah Tierney has served as administrator and most recently executive director of the Cape Elizabeth Education Foundation (CEEF), work which spanned over half of the organization’s 14 years. During her tenure she provided training, guidance and support to more than 100 board members and as many volunteers. She oversaw several major fundraising events including kitchen tours, golf tournaments and spelling bees. All were successful in large part due to Sarah’s superb organizational skills, attention to detail, persistence and hard work. Sarah handled

the myriad projects and tasks assigned to her with unfailing professionalism and integrity.

As Sarah retires from CEEF this month, we would like to thank her for her dedication, contributions and years of service. She has had an incredible impact on the organization as it evolved from a nascent volunteer group to a mature community-based organization providing in excess of \$1.2 million to the Cape Elizabeth schools.

Trish Brigham, Frank Governali, Christine Mackenzie

Correction: In the July 22 edition, The Cape Courier misstated the year of the last Portland Symphony Orchestra at Fort Williams Park. The PSO performed most recently at the fort in 2008.

Letters to the editor reflect the opinions of the authors, not this newspaper.

Thank you!

Your voluntary subscriptions and other contributions help keep this community newspaper coming to your mailbox.

Thank you to these recent generous contributors:

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Library staff, trustees grateful to SoPo library

During the library's recent two-week closure, our friends and colleagues at South Portland Public Library were a tremendous help to us.

They graciously received and helped to transport our interlibrary loan deliveries – even outside of normal business hours. Our staff was given time and space to work on processing our patrons' holds and notifying them that they were available to pick up. And our children's team had a terrific time working with SPPL's fabulous youth services team to plan and conduct two wildly success-

ful programs for families during the closure period. We were so happy to see many Cape library users at SPPL during this time.

Many thanks to Library Director Kevin Davis; the youth services team of Kim Campbell, Molly Ladd, and Jess Milton; and all of SPPL's front-line staff for so graciously working with us to continue to provide excellent service to our patrons during this busy time.

Rachel Davis on behalf of TML staff and Board of Trustees

Judy's Pantry appreciates continued support

Judy's Pantry is grateful for the generous financial support from two special events organized by Cape residents to help the pantry purchase food when donations run low. In June, Maximo Kesselhaut and Cole Hoffman organized a fundraiser at Elsmere BBQ and Wood Grill with a percentage of the evening's proceeds going to the pantry. Thanks to their efforts and the restaurant's generosity, as the restaurant was full that evening, over \$200 was raised. Also in June, Dr. Colleen Monroe of Mainely Chiropractic donated the proceeds from the Bounce House at Family Fun Day and over \$350 was donated to the pantry.

The pantry appreciates the continued support from residents to help over thirty Cape families with limited resources who attend the pantry each Tuesday at the Methodist

Church from 3 to 5 p.m. The pantry offers a healthy selection of food, both produce and nonperishables. Cape's farmers, community gardeners, and other residents donate the produce. The nonperishables are provided by the pantry's participation in the Wayside Food Program as well as donations from church members and other residents who fill the Lions Club box at the IGA. If you'd like more information about the pantry, email nmiles@maine.rr.com.

On behalf of all the grateful recipients at the pantry who are able to feed themselves and their families with healthy food, I extend my thanks to the organizers and participants at these two events for their support.

**Nancy Miles
Coordinator of Judy's Pantry**

Tree Warden helps identify invasive maples

I would like to thank Mike Duffy, Tree Warden for the town of Cape Elizabeth, who identified the invasive Norway maples on my property.

This was a great help in making the best plan for the yard and much appreciated.

Anne Hill

Three seats on council and School Board open

Nominating papers for three seats on the Town Council and three seats on the School Board are available at the town clerk's office in Town Hall. The election will be held Nov. 3.

The council seats are those currently held by Jessica Sullivan, Jamie Wagner and Jim Walsh. The School Board seats are those currently held by John Christie, David Hillman and Kate Williams-Hewitt. All six seats are for three-year terms to expire Dec. 10, 2018.

A five-year term on the Portland Water District Board of Trustees, representing Cape Elizabeth and South Portland, currently held

by John Brady, is also up for election.

As of this Aug. 7, when this newspaper went to print, nominating papers for Town Council had been taken out by incumbent Jessica Sullivan of Mitchell Road, Randi Bollenbach of Belfield Road, Victoria Volent of Cottage Farms Road and James Garvin of Oakhurst Road. Nominating papers for School Board had been taken out by Elizabeth Scifres of Longfellow Drive, John Voltz of Philip Road and William Gross III of Sea View Ave.

Nominating papers are due Friday, Sept. 4.

Labor Day Art Show canceled this year

The Labor Day Art Show, long sponsored by the Cape Elizabeth Engine One Company has been canceled. The fire company announced its decision to discontinue the annual fundraiser in a statement on their website posted July 12.

"Considered by some as an annual tradition, the fundraiser consistently drew large crowds of visitors to Fort Williams Park year after year and became known as one of the premier art shows in the state," the statement said. Former Engine One Art Show administrator Mike Davis thanked the community

and its artists for over 47 years of support.

"It takes a lot of work to put on an outdoor art show and especially to deal with many artists' inquiries prior to the event," Town Manager Michael McGovern said in an Aug. 3 email to town councilors. "It also takes a considerable amount of marketing to build an audience for the show and to generate the sales which attract artists."

McGovern said that in recent years the number of participating artists and sales had declined and that the fire company had worked to find another sponsor to no avail.

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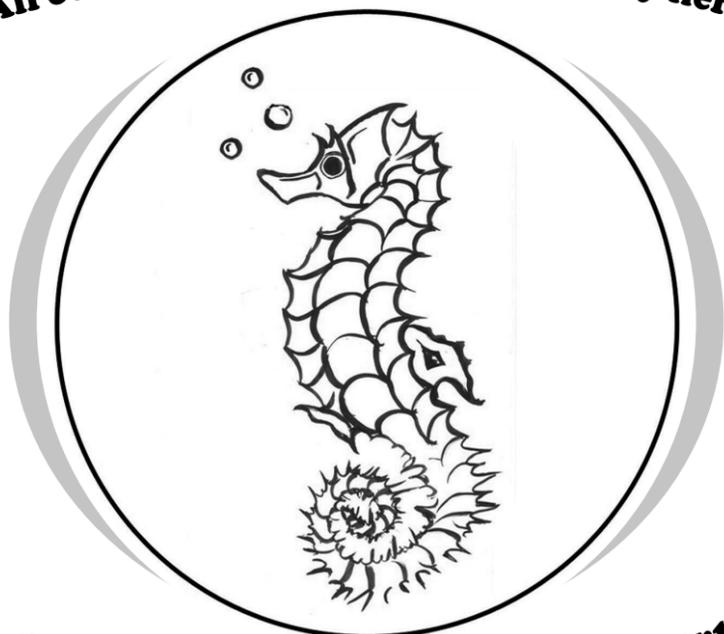
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Planning Board recommends keeping most 'paper streets'

By Wendy Derzawiec

The Planning Board is recommending that the length of Thompson Road off Shore Road remain as is – a paper street with the potential to become a public way.

The road is one of 50 paper streets recorded in town subdivisions, some as far back as 1899, but never constructed or accepted as public ways. The town has rights to potentially accept those streets, but those rights will expire in 2017 unless the town confirms its intent to keep them.

Planning Board review and recommendation on whether to keep or vacate paper streets is part of the Town Council's plan to include the public in the decision. The council was slated to hear Planning Board and Conservation Commission recommendations at its Aug. 10 meeting, before scheduling neighborhood meetings to gather more public input.

Planning Board members were set to recommend that only the paved portion of Thompson Road, which provides public access to one lot, retain its status as a paper street. But following a public hearing and discussion last month, board members said they believed the town should keep its rights in all 1,780 feet of Thompson Road.

"It seems to me kind of shortsighted to lose the rights to that road when there's a whole string of lots there," said board member Elaine Falender.

All of the lots have some frontage or abut property on Beach Bluff Terrace, which is wider and better equipped to provide access than Thompson Road, said Town Plan-

ner Maureen O'Meara. Wetland alteration would also be likely if lots were developed next to Thompson Road.

Still, board members said their recommendation would be to retain rights. "I see a very messy situation with those back lots coming in for development, and I would rather retain more, rather than fewer options for that to occur," said Falender. Carol Anne Jordan, another board member, said she would recommend retention and allow neighborhood residents to contact the Town Council, which will make the final decision.

Voting against the recommendation was Jonathan Sahrbeck, who said he favored retaining Thompson Road only up to property owned by Eric Kruger and Maureen Quinlan at 33 Beach Bluff Terrace. Sahrbeck said the paper street could provide access to two lots behind their property, but not for lots beyond that. "It looks like there is no benefit of a paper street going through their property except for limiting what they can do with their property, and that's what I don't like," Sahrbeck said. "But," he added, "I think that's something that they can address with the Town Council."

In all, only three paper streets – Balsam Road, Dearborn Road (north and south) and an unnamed road off Pine Ridge Road – were recommended by both the Planning Board and the Conservation Commission for vacation. Both boards recommend keeping a pedestrian easement for the northern portion of Dearborn Road as a connector for school children crossing Scott Dyer Road from Brentwood to the school campus.

Miscellaneous zoning ordinance updates in the works

Also on July 21, the Planning Board voted to ask the Town Council for authorization to consider several miscellaneous updates to the zoning ordinance. The updates are meant to clean up or clarify parts of the ordinance, and are not intended to include major policy changes, said Town Planner O'Meara. Once authorized the process could take approximately six months, with public hearings and final recommendation to the Town Council, she said.

Private access to Shore Road lot

In other matters, the board on July 21 also approved a private access permit for a lot at 1200 Shore Road owned by the Rudolf F. Haffenreffer IV Trust. The 2.3-acre parcel will be accessed from Shore Road over an easement held by the Cape Elizabeth Land Trust, which owns the surrounding property.

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“Wild Heroes” to visit the library on Aug. 18

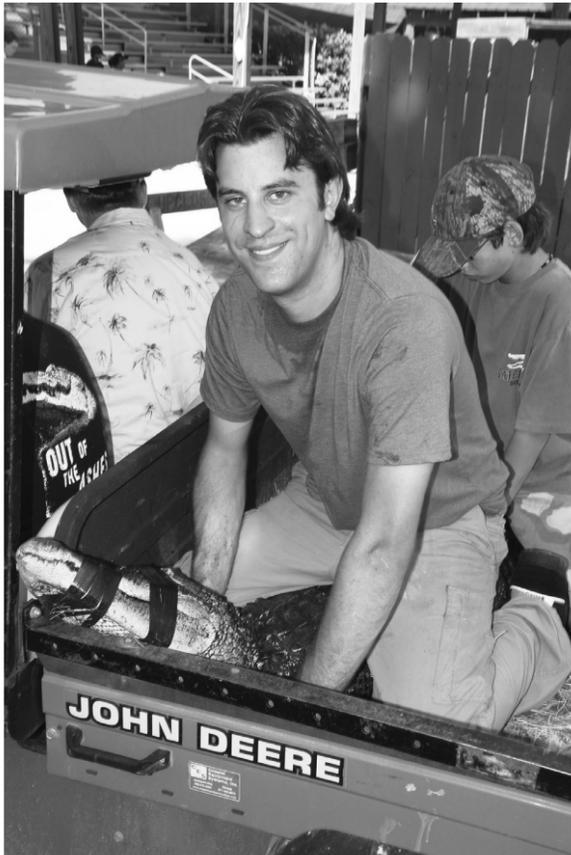


Photo courtesy of Animal World Experience

Matt Gabriel from Animal World Experience and one of his “wild heroes.”

In keeping with this year’s summer reading theme, “Every Hero Has a Story,” the library is bringing Animal World Experience to the library for a live animal show featuring nature’s “Wild Heroes.” Just as many famous superheroes have animal powers (Batman, Spiderman, Aquaman!), every animal has the power to be a superhero.

Children will have the opportunity to meet several animal friends and learn about the special abilities that make them a hero in their own way. The program, for families with children 3 and up, will take place in the children’s library from 9:30-10:30 a.m. on Tuesday, Aug. 18.

The presentation will be followed by an hour of informal “petting time” in which children will have a chance to experience the animals up close. The event is free.

Craft programs continue through August

The library rounds out its summer of craft programs for kids and teens this month. There are two sessions left in the Superhero Training Academy, on Aug. 12 and Aug. 19. The age limit for this program has been lowered to five and up in order that younger superhero-obsessed kids may participate.

Tweens and teens 10 and up can make

see-through, sparkly “Cosmic Jewelry” at 3:30 p.m. on Thursday, Aug. 13. Kids eight and up can make a “Mini-World Terrarium” on Monday, Aug. 10 or Friday, Aug. 14, and a set of cool “Storytelling Stones” on Monday, Aug. 17 or Friday, Aug. 21. Details and registration information for all of these programs can be found on the library’s website.

The library will be closed all day on Aug. 20 for the town’s annual staff development day.

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Aarrgghh, it was a pirate party!



The youth services teams from South Portland Public Library and Thomas Memorial Library pose with the pirate ship they built for a joint pirate party held July 31 in South Portland.

After-hours movie nights to begin Aug. 24

The library is starting a new series of after-hours movie nights beginning Monday, Aug. 24 from 6 to 8 p.m. The series will feature independent, foreign, and “incredibly

strange” films.

For more information, on the first film and future upcoming films, please visit the library’s website.

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Town Council

Cont. from page 1

councilors Jordan and Molly MacAuslan, and Ben McDougal, the town code enforcement officer.

The group looked at various ways to establish a neighbor-to-neighbor mediation

process that could be used by the municipal departments, public safety, and the school department.

The group then compiled its recommendations in a report presented by Jordan.

In addition to using existing mediation services, the council accepted the other recommendations of the group:

*Resources such as posters and brochures should be made available to raise awareness of mediation services and placed in key public places;

*A mediation heading should be added to the town website and contain links to Opportunity Alliance and Volunteers of America mediation services;

*VOA and OA staff should be invited to

talk to town department heads about the mediation services their organizations offer and the referral process;

*Cape police, code enforcement and other applicable departments should be asked to adopt the practice of referring neighbors to mediation services whenever these services may be of benefit.

Volunteer time at schools worth more than \$320,000 in 2014-2015

Volunteers contributed the equivalent of more than \$320,000 worth of service to Cape Elizabeth schools in 2014-15, according to a report submitted by Director of Volunteer Services Gail Schmader.

Based on minimum wage and Independent Sector value of volunteer time, the contributions equal that of 16 staff positions. "It's been a great year," Schmader told members of the School Board at their meeting June 9, 2015. "Over 1,000 volunteers supported our 1,650 students in all aspects of their education," she said.

The figure doesn't count contributions from parent and booster organizations, nor does it include the \$8,000 worth of tangible resources donated by members of the community throughout the school year. First and foremost, Schmader said, was an abundance of spent tennis balls finding new life as cushions to quiet chair and desk legs and to protect school floors. Other donated items provided rainy- (or snowy-) day activities for indoor recess, new reading material for the media center, and clothing donations for the health office, among other items. Accepting tangible resources has allowed residents who would not otherwise be involved with the schools a chance to form a connection, Schmader said.

The volunteer community rose to a new challenge this year by helping support our schools celebrate Cape Elizabeth's 250th anniversary. "These volunteers guided students on field trips around Cape, giving them the historical significance of each site," Schmader's report says. "Some spoke to the students in their classrooms about farming, fishing, lighthouses, shipwrecks, schools, recreation, and the founding of Cape Elizabeth."

A highlight of the volunteer program continues to be mentoring, which this year attracted 35 high school students to serve students at Pond Cove or the middle school.

"Mentors connect with students who are experiencing some type of challenge, academic or social/emotional, or students who just need a friend," Schmader said. Mentors, their charges, and parents alike note the growth the program has fostered for both the younger and the older student who make a mentoring connection.

The numbers

Of the 1,000 individuals who lent a volunteer hand this past school year, 60 percent were parents, 20 percent students, and 20 percent grandparents or other members of the community.

All who volunteer are required to attend one awareness session, which focuses on confidentiality, building evacuation, appropriate physical contact with students, and sensitivity to students with learning challenges. Most volunteers are also required to submit to a criminal background check.

Schmader retires after 23 years

It was the last volunteer services report to be delivered by Schmader, who retired in June after holding the coordinator's position since its inception in 1992. "It's been an honor and a privilege to work with each volunteer and staff member," Schmader told members of the board. "I've had a grand time. Thank you for this incredible opportunity to serve our community."

In recognition of her retirement, High School Principal Jeff Shedd pointed to the mentoring program as a particular example of Schmader's organizational skills and penchant for matching needs to resources. "The mentoring program has just been wonderful in nurturing that sense of caring and community, which is what Gail is really all about and stood for for many years at the Cape Elizabeth schools," Shedd said.

—excerpted from the town website

Gun club

Cont. from page 1

been completed."

LaRosa, an architect and principal in R DesignWorks, in Kennesaw, Georgia, claims his report is backed up by "over 10 years of national experience in gun range design and consultation," as well as his visit to the Spurwink Rod & Gun Club range in April.

Town responds

Cape Elizabeth Police Chief Neil Williams met with gun club president Tammy Walter on July 24 and informed her of the suspension. Notices of the suspension were posted at the 1250 Sawyer Road club the same day. Williams said the suspension will be in effect until the license application process is complete. The police department has authority for enforcing the town's shooting range ordinance.

In an online posting on the Portland Press Herald website, Town Manager Michael McGovern responded to online criticism of Williams and the choice of evaluator, saying that it was he, and not the chief, who hired LaRosa, and that "no other qualifications were received in answer to the bid invitation" for a range evaluator. "I chose Mr. LaRosa to do the work as he has designed dozens of firing ranges in over 20 states."

LaRosa's report came less than two weeks after the Firing Range Committee submitted its own report to the Town Council at the July 13 council meeting. The committee found, by a 3-2 vote, that when used as intended, the range "would appear to have 100 percent shot containment" and recommended, by a vote of 4-1, that the gun club's application for a license be approved.

Firing Range Committee Chair and town councilor Caitlin Jordan said she looked forward to hearing from LaRosa at the council's Aug. 10 meeting (after this newspaper went to print). "We had to make a decision with the information we had before us at the time. ... I am hoping that hearing from an expert in

the field ... will be helpful to us all."

The shooting range ordinance, which requires a licensing procedure and range safety evaluation, was unanimously adopted by the council on March 10, 2014, after a public hearing at which 32 residents spoke, and following complaints, primarily from residents of the nearby Cross Hill neighborhood, of noise and stray bullets.

Cross Hill resident Bobbie Manson said in an email to The Courier that neighbors of the gun club "have simply wanted assurance that the club is safe as bullets have struck our homes."

The gun club disputes any responsibility for bullets outside the range.

Gun club reaction and plans

"Chief Williams has been very professional through this difficult process," Club president Tammy Walter stated in a press release posted on the club's facebook page. "We respect and endorse all of Cape Elizabeth law enforcement officials and town officials."

But Walter also said she felt "blindsided" by the LaRosa report and that it was unfair. "Safety is more than infrastructure; it is a set of habits and procedures by its members," she said. "Ultimately, any club is only as safe as its members conduct themselves. The Spurwink Rod & Gun Club has a 61-year history of safety and previously-passed inspections. No organization can compare favorably when audited against an ideal." Walter said that the inspector "raised some valid concerns," but "surpassed a standard of reasonableness."

Walter also noted that LaRosa's inspection was done in April and that "as part of a major multi-year effort, the club has done much in the interim to further improve the safety of its facilities."

In a July 31 interview, Walter said that LaRosa "evaluated a range only halfway completed."

Mark Mayone, a current member and former president of the gun club, said in the same interview that the club membership voted unanimously several years ago to start a "no-blue-sky project" which would "dramatically change what the range looks like" and "prevent any shooting into sky."

"We decided to design a range that was something that Maine had never seen before," Mayone said. "Over the top safety-wise."

Mayone said the club is trying to raise \$90,000 for the range upgrades and has had a gofundme account, linked to its facebook page, for months. "We are absolutely confident," Mayone said. "We are no blue sky no matter what."

LaRosa's report does not detail costs.

Friends of NRA grant received

On Aug. 5, the club announced a \$10,000 grant awarded by the Friends of NRA. "This is huge for us," said Mayone. The funds will be used for shot containment improvements.

Meanwhile, the club remains open for archery, fishing and social activities.

Public hearing Sept. 14

A public hearing on the gun club's license application is set for Sept. 14.

The council's Aug. 10 meeting, which LaRosa was expected to attend, can be viewed on the town website and CETV. (This newspaper went to print on Aug. 7).

See aerial photo of gun club on page 18.

CAPE ELIZABETH MARKET STATISTICS: 2015 2nd QUARTER

April 1—June 30	2014	2015	% Change
# Single Family Homes Sold:	37	55	+ 48.6%
Average Sale Price:	\$414,823	\$469,794	+13.3%
Average List to Sale Price Ratio:	97.5%	98.9%	+ 1.4%
Average # Days on Market:	64	66	+ 3.1%
Median Sale Price:	\$330,000	\$422,000	+ 27.9%
Median List to Sale Price Ratio:	98.0%	98.6%	+ 0.6%
Median # of days on market:	27	17	- 37.0%
Highest/Lowest Sale Price:	\$1,250,000/\$140,000	\$1,330,000/\$189,900	N/A

(The above average and median 2015 statistics do **not** include a single home sold for \$4,478,350.)

Inventory is still very low!

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Motor vehicle and residential burglaries reported; Trek bike found

Reported by Debbie Butterworth

COMPLAINTS

- 7-7 An officer met with a resident of the Oakhurst area about a motor vehicle burglary complaint. A laptop was missing from the vehicle.
- 7-11 An officer met with a resident of the Shore Acres area about a possible theft complaint.
- 7-13 Two officers responded to Crescent Beach State Park to assist with a child reported to be out of control.
- 7-14 An officer met with a resident of the Spurwink Avenue area about a residential burglary. Missing from the residence was a watch and a MacBook Air computer.
- 7-15 An officer met with a resident of the Shore Acres area about a trespass complaint.
- 7-16 An officer met with a resident of the Spurwink Avenue area about a harassment complaint.
- 7-16 An officer responded to an address in the Sawyer Road area for a well-being check.
- 7-16 An officer met with a subject in the Scott Dyer Road area who turned over a found blue backpack that contained drug paraphernalia smelling strongly of marijuana.
- 7-17 An officer met with a subject in the Stonybrook Road area who turned over two cellphones found in the area. Owners were identified, contacted and property returned.
- 7-20 An officer met with a resident in the Scott Dyer Road area about an assault complaint.
- 7-20 An officer met with a resident in the Wells Road area about an abandoned bicycle. The bike is described as an orange Trek. The bike was returned to the police department for safekeeping.
- 7-20 Two officers responded to a residence in the Ocean House Road area for a well-being check.
- 7-23 An officer met with a resident of the Oakhurst area about an ID theft complaint.

- 7-23 An officer met with a resident of the Shore Road area about an IRS/tax fraud ID theft complaint.
- 7-23 An officer met with a resident of the Two Lights Road area about a possible theft complaint. The missing property was later accounted for.
- 7-24 An officer met with a resident of the Shore Road area about a harassment complaint.
- 7-24 Two officers responded to a residence in the Spurwink Avenue area for a domestic disturbance.
- 7-26 An officer met with a resident of the Oakhurst Road area about an IRS/tax fraud ID theft complaint.

SUMMONSES

- 7-14 Scarborough resident, speeding (59/45 zone), Route 77, \$137
- 7-16 Cape Elizabeth resident, unregistered vehicle, Shore Road, \$70
- 7-17 Portland resident, operating after license suspension, Route 77
- 7-17 Winthrop resident, uninspected vehicle, Shore Road, \$133
- 7-17 Portland resident, speeding (52/30 zone), Shore Road, \$215
- 7-18 Topsham resident, failure to produce insurance, Route 77, \$171
- 7-18 South Portland resident, failure to produce insurance, Route 77, \$171
- 7-19 Cape Elizabeth resident, speeding (67/45 zone), Route 77, \$215
- 7-21 Gray resident, speeding (44/30 zone), Fowler Road, \$137
- 7-21 South Portland resident, uninspected vehicle, Shore Road, \$133
- 7-23 Cape Elizabeth resident, possession of alcohol by consumption, Gull Crest Field
- 7-24 Portland resident, possession of open container of alcohol, Route 77, \$165
- 7-26 Cape Elizabeth resident, dog at large, Columbus Road
- 7-26 Portland resident, unregistered vehicle, more than 150 days, altered license plates, Shore Road
- 7-26 South Portland resident, possession of marijuana, Shore Road

JUVENILE SUMMONS

- 7-14 Cape Elizabeth resident, possession of alcohol by consumption

ARRESTS

- 7-17 Portland resident, operating after license suspension, Ocean House Road

ACCIDENTS

- 7-14 Deborah Braxton, accident on Route 77
- 7-23 Thomas Werner, William Noyes, accident on Stonybrook Road
- 7-24 Gus Barber, accident on Route 77

FIRE CALLS

- 7-7 Breakwater Farm Road, fire alarm
- 7-11 Fowler Road, investigation
- 7-12 South Portland Mutual Aid
- 7-22 South Portland Mutual Aid
- 7-23 Scott Dyer Road, fire alarm
- 7-24 Ram Light Lane, fire alarm

- 7-24 Spurwink Avenue, fire alarm
- 7-25 South Portland Mutual Aid
- 7-25 South Portland Mutual Aid

RESCUE CALLS

There were 28 runs to Maine Medical Center. There were 7 patients treated by rescue personnel but not transported.

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The Courier's great panda adventure



Cape Elizabeth resident Viveca Kwan reads *The Cape Courier* this summer in front of a baby giant panda at the Chengdu Research Base of Giant Panda Breeding in the Sichuan Province of the People's Republic of China. "There I saw many adorable giant pandas ranging from newborns to adults as well as the red panda," Viveca wrote in an email to *The Cape Courier*.

The next **Courier** deadline is **Friday, Aug. 14.**

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Married

Sabrina Martin and Matthew Unger were married at the Prospect Park Boat-house in Brooklyn, N.Y., on Apr. 11.

The groom's cousin officiated at the ceremony. The bride's best friend, Lesley Smith of Chicago, Ill., was matron of honor, and the groom's brother, Justin Unger, of Boston, was best man.

The daughter of Curt and Sheri Patterson and John Martin of Lady Lake, Fla., Sabrina is a 2009 graduate of Southern Illinois University in Carbondale, Ill. She earned a master's degree from DePaul University in Chicago in 2011 and works as a senior research analyst for Clarion Partners, a real estate private equity firm in New York City.

The groom, the son of Lynne and David Unger of Cape Elizabeth, is a 2002 graduate of Cape Elizabeth High School. He graduated in 2007 from Syracuse University in Syracuse, N.Y., and works in wealth management as an assistant vice



Matthew and Sabrina Unger

president at Bank of America, Merrill Lynch in New York City.

The couple lives in Brooklyn.

Brenden Shields was named to the spring-semester dean's list at Massachusetts College of Pharmacy and Health Sciences (MCPHS University) in Boston. A 2010 Cape Elizabeth High School graduate, he is pursuing a doctoral degree in pharmacy and is expected to graduate in 2016.

Sasha K. Kohan, a member of Cape Elizabeth High School's Class of 2012, received second honors on the dean's list at Clark University in Worcester, Mass. To be eligible for second honors, students must have a grade point average of 3.5 or higher out of maximum 4.3.

Jessica Stowell joined Inn by the Sea last month as director of sales and marketing. Stowell's 12 years of experience in hospitality includes corporate sales positions at the Sheraton Harborside Hotel and Hilton Garden Inn in Portsmouth, and regional sales director for Colwen Hotels in Portsmouth, where she oversaw 12 properties. A resident of

Somerset, N.H., she graduated from Southern New Hampshire University in Hoosket with a Bachelor of Science degree in hospital-administration.



Jessica Stowell



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How birds see Community Gardens at Maxwell's



Photos by Ann Kaplan

Cape Elizabeth photographer Ann Kaplan's drone recently captured aerial views of the Cape Elizabeth Community Gardens at Maxwell's Farm. At left, in the patchwork area are more than 50 plots that Cape Elizabeth residents Dan and Imelda Maxwell open up to community members for organic gardening. At right, the blue building, far left, is Ocean House Child Development Center, formerly Maxwell's Farm Market. The long white structure is a greenhouse where the Maxwells grow produce for their organic farm. Cape Elizabeth residents also farm plots at the Cape Elizabeth Community Gardens at Gull Crest.

Deven J. D. Roberts, a 2014 graduate of Cape Elizabeth High School, received faculty honors for the spring semester at Trinity College in Hartford, Conn.

Cape Elizabeth resident **Laongdao Supasettawat** of **TAK Advisory LLC** in Cape Elizabeth was recently accepted for membership in the Chicago-based National Association of Personal Financial Advisors. Members of the professional organization are required to receive compensation directly from their clients, act in clients' fiduciary interests at all times and provide comprehensive planning services. They also must receive special education and training.

Lyndsey Kiana Tanabe was named to the spring-semester dean's list at Dickinson College in Carlisle, Pa. A biology and environmental science major and a 2012 graduate of Cape Elizabeth High School, she is the daughter of **Keith and Lynda Tanabe**.

Bradley Rau, who graduated from Cape Elizabeth High School in 1997, recently published his first novel, "The Ghost, Josephine." Set in the midcoast region of Maine, the book weaves elements from across the literary spectrum into a traditional ghost story and explores themes that include grief, mental illness and social isolation.

A lifelong resident of Maine who now lives in South Portland, Rau holds two degrees in writing and has spent 20 years honing his craft. The book is available for order at area book stores as well as from Amazon.



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Susan,

I just wanted to let you know my parents absolutely loved the floral basket I brought over to them today. I must say it is absolutely the most beautiful arrangement I've ever seen. You most definitely speak the language of flowers! Thank you so much for helping to make my parents anniversary special.

- Beth Flathers

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Sailing back in time

The Parade of Tall Ships Portland 2015 rounded Portland Head Light with what photographer and experienced sailor Martha Agan described as “following seas and a moderate breeze” before making its way into Portland Harbor on Saturday, July 18. Residents and visitors thronged to oceanside lawns, beaches and Fort Williams Park.

At top right the Oliver Hazard Perry, from Newport, RI, passes Portland Head Light. As an ocean-going full-rigged ship it carries 7 miles of line and 14,000 square feet of sail, according to Agan, who photographed the ships from “a little bumpy boat.”

At bottom right, nearest Ram Island Ledge Light, is El Galeon Andalucia, a replica of a 16th- and 17th-century galleon. The galleons of that era were used as warships and later to establish trade routes between Spain and the coast of America, said Agan. The Picton Castle, shown far right in the photograph, is a three-masted barque out of Nova Scotia. It has circumnavigated the world six times, and according to Agan, its deckhands are sail trainees “learning the ropes” of a traditional square-rigged ship.

Agan once spent three months at sea aboard a 144-foot barquentine, the RV Regina Maris, as a deckhand and student research assistant recording humpback whales 300 miles offshore from Baja. “My favorite place was 100 feet aloft watching the whales,” she said.

— Elizabeth Brogan



Photographs by Martha Agan

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Photo by Martha Agan

Wet-paint benefit raises \$31,000, breaking record

At top, Westborough, Mass. artist Martha Gerding paints the Spurwink River near the Town Farm on July 12 during the Cape Elizabeth Land Trust's eighth annual Paint for Preservation benefit. At left, Camden artist Colin Page paints at Kettle Cove. During the day, 30 artists painted at public and private spots in town, and that evening the new paintings were auctioned off at a reception hosted by Cape Elizabeth resident Van Stewart at Garrison Field. The event raised a record-breaking \$31,000 for the nonprofit organization. Gerding's and Page's paintings tied for the highest bid in the history of the wet-paint auction. Gerding and Page also won the "People's Choice Award."



Photo by Bob Harrison

Sixth annual Cape Lawn Olympics



Photos by Jane Vaughan

At top, athletes who competed in the sixth annual Cape Lawn Olympics at the home of event co-founder AJ Frustaci, rear row, fourth from right, include, from left, front row, Connor Vincent, Sam Rhys; middle row, Jenny Roberts, Danielle Duperry, Kathryn Clark, Ziana Merlim; rear row, Ryan Kennedy, Donald Clark, Cyrus Wolfinger, Laura MacKay, Noah Wolfinger, Hannah Bosworth, Max Gore, Frustaci, Claire Muscat, Emmy Ham and, far right, co-founder Nick Rhys. Eight teams of one male and one female compete in a series of lawn games. At bottom right, Frustaci and Claire Muscat show off their Spirit-Award-winning costumes. Frustaci and Rhys founded the event one summer in high school because they were bored, said Frustaci, a 2010 Cape Elizabeth High School graduate. "What amazes me most is how we continue to do it even though most of us have graduated college or moved across the country. It keeps us in touch."



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Runners, walkers, wheelers make their mark at the 18th Beach to Beacon

By Elizabeth Brogan

The 18th TD Beach to Beacon 10K was held on a steamy Aug 1, with 643 Cape Elizabeth residents among the 6,597 competitors to finish the race.

Stephen Koskei Kibet of Kenya finished first with a net time of 28:28. Wude Ayalew of Ethiopia finished first among women with a net time of 31:55.

The top finisher among Cape Elizabeth-registered men was 28-year-old Eric Maughan, with a net time of 35:42, closely followed by 53-year-old Peter Bottomly with a 35:49 time.

Twenty-five-year-old Erin Hatton was the top Cape-registered woman with a net time of 39:31. Erin Chalet, 54, was the second fastest woman from Cape at 41:58.

Christina Kouros of Cape Elizabeth was again the top female finisher in the wheelchair division with a time of 39:39 (picture

at top left of opposite page).

Emotional highlights of the race included finishes by two women, 90-year old Dottie Gray of Kirkwood, Missouri (shown at lower left on opposite page), and Boston Marathon bombing survivor Karen Rand McWatters (picture on page 1). The two started the race together at 7 a.m., one hour ahead of the rest of the competition. Race founder Joan Benoit Samuelson announced the honorary start time – a first for the Beach to Beacon – at a press conference held the day before the race.

McWatters lost the lower portion of her left leg in the 2013 bombing and was the honorary starter of the Beach to Beacon that year and a volunteer at the race in 2014.

Gray has been a Beach to Beach participant for 15 years. She was a repeat winner of the Johnny Kelly Award, given to the oldest finisher.



Photo by Joanne Lee

Joni Hewitt of Cape Elizabeth is exuberant after crossing finish line.

For a complete listing of Cape Elizabeth runners and their times, please visit www.capeelizabeth.com



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Photo by Claudia Murray

Above, Christina Kouros of Cape Elizabeth crosses the finish line as top female in wheelchair division. Below, 90-year old Dottie Gray takes Johnny Kelley award as oldest finisher.

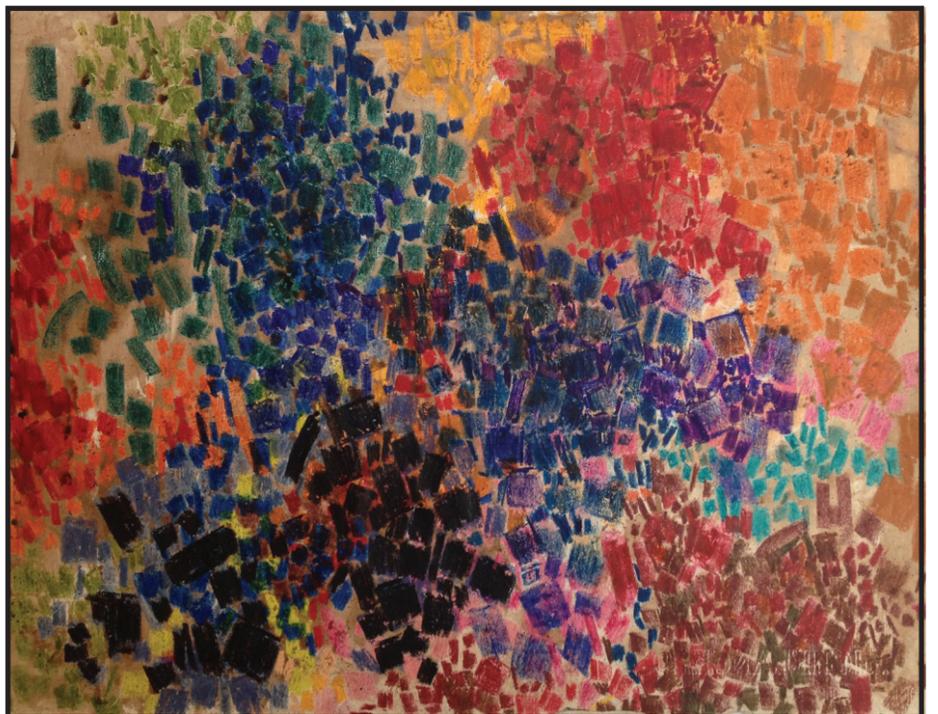


Photo by Joanne Lee

Above, the Cape Elizabeth High School football team approaches finish line, with clapping by Justin Guerrette at center.



Photo by Ann Kaplan



Lynne Drexler: *In Shore*

August 6 - August 26, 2015



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CAPE CALENDAR

By Wendy Derzawiec

Wednesday, August 12

Solid Waste and Recycling Long Range Planning Committee, 2 p.m., Public Works

Saturday, August 15

Conservation Commission Trail Work Event, 8 a.m.-noon, Winnick Woods,
Tuesday, August 18

Planning Board, 7 p.m., Town Hall chamber

Wednesday, August 19

Solid Waste and Recycling Long Range Planning Committee, 2 p.m., Public Works

Tuesday, August 25

School Board Meeting and Finance Committee, 6:30 p.m., High School Library and Learning Commons

Zoning Board of Appeals, 7 p.m., Town Hall chamber

CABLE GUIDE

CHANNEL 3

Town Council Replay
Aug. 12 & 13 - 2 p.m. & 8 p.m.
Aug. 15 - 9 a.m.
CE Church of the Nazarene
Aug. 15, 16, 22 & 23 - 11:30 a.m.
Planning Board (Live)
Aug. 18 - 7 p.m.

Planning Board replay
Aug. 19 & 20 - 2 p.m. & 8 p.m.
Aug. 22 - 9 a.m.
Zoning Board of Appeals (live)
Aug. 25 - 7 p.m.
Zoning Board of Appeals replay
Aug. 26 & 27 - 2 p.m. & 8 p.m.
Aug. 29 - 9 a.m.

Inn plans one more free summer jazz concert

The New England Quintet will perform at a free concert on the lawn at the Inn by the Sea at 5 p.m. Monday, Sept. 7. A rain date is scheduled at the same time Thursday, Sept. 10.

People are encouraged to bring beach chairs but cannot bring alcohol. The inn will have a cash bar and sell grilled food.

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Contest photos to be accepted through Aug. 15



Matt Kesselhaut's photo of Jordan's Farm earned second place in a 2010 Cape Elizabeth Land Trust photo contest. For this year's contest, the nonprofit seeks images that "represent natural areas, agricultural lands, and preserved lands in Cape Elizabeth," CELT's website states. The deadline for submissions is Aug. 15, and winners will be announced in late August. Go to capelandtrust.org for information.

Register online for fall programs starting Aug. 23

Cape Elizabeth Community Services will mail its brochure about fall programs to Cape Elizabeth residents on Wednesday, Aug. 19.

The booklet will include information about programs offered between the last week of August and the end of December.

Online registration for the programs will open at 8 p.m. on Sunday, Aug. 23, at capecommunityservices.org. Registration will open at 8 a.m. Monday, Aug. 24, for people registering at the office, 343 Ocean House Road, or by phone at 799-2868.

Call 799-2868 for more information.

Mushroom walk in Robinson Woods on Sept. 12

Mushroom expert Dan Agro will lead a Robinson Woods walk focused on the foraging of edible and medicinal mushrooms from 9 a.m. to noon on Saturday, Sept. 12, in Robinson Woods.

Agro will talk about the best times of year to find medicinal and culinary mushrooms, ideal growing environments and what to look for in the forest, safe and thorough species identification, and how to pre-

serve and cook mushrooms.

Participants will meet at the Robinson Woods kiosk on Shore Road. The cost is \$10 per person. Register online at capecommunityservices.org beginning at 8 p.m. on Sunday, Aug. 23.

Register at the Community Services office at 343 Ocean House Road, or by calling 799-2868 starting at 8 a.m. on Monday, Aug. 24.

Free balance screening for senior citizens planned

Cape Elizabeth Community Services will offer a free balance screening for senior citizens at 11:30 a.m. on Tuesday, Sept. 29, at the Cape Elizabeth Community Center.

Coastal Rehab of Cape Elizabeth will conduct the screening, designed for seniors who are fearful about falling, feeling un-

steady or unsafe, recovering from an illness or trauma, or using a new assistive device. The screenings, which run 10 to 15 minutes, will be offered on an appointment basis and registration is required.

Online registration at capecommunityservices.org will open at 8 p.m. Sunday, Aug. 23. Register at the Community Services' offices 343 Ocean House Road, or by phone, 799-2868, starting at 8 a.m. on Monday, Aug. 24.

Call 799-2868 for more information.

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CELT plans free family event at Turkey Hill to celebrate organization's 30th anniversary

The nonprofit Cape Elizabeth Land Trust will celebrate its 30th anniversary with a free family event, open to all Cape Elizabeth residents, from 4 to 7:30 p.m. on Saturday, Aug. 29, at Turkey Hill Farm. The celebration will include live music, a pie contest, children's activities and a barbecue.

The event, to be sponsored by ReVision Energy, also will mark the conclusion of a summerlong membership drive to enroll 300 new, renewing or returning members.

People interested in attending the event are encouraged to bring family members and friends but are asked to RSVP and carpool. Contact Willa at the CELT office at 767-6054 or email her at info@cape-landtrust.org.

A handful of residents interested in identifying and preserving important habitat and recreational trails founded CELT in 1985. Since then, the nonprofit has preserved 29 properties totaling more than 660 acres of land, roughly seven percent of the total land in Cape Elizabeth, CELT Director Chris Franklin stated in a press release.

History

Run largely as an all-volunteer organization for the first 15 years, CELT is still

largely dependent upon volunteers, who serve on the organization's board of directors, coordinate education programs, draft management plans, and work with landowners interested in seeing their property preserved rather than developed.

The organization now employs two full-time employees at its 330 Ocean House Road building. Franklin, who has been with CELT since 2003, believes the most important work is still ahead.

"We have been exceedingly fortunate to have preserved some of the town's most iconic and most loved properties," he said. "The challenge now is to connect these individual properties with other town-owned properties so that, collectively, they not only provide a townwide trail network, but they also provide wildlife corridors and link together different habitat areas."

Over the years, CELT also has invested in education programs for Cape Elizabeth students and opportunities for community members to help care for and maintain protected properties. Additionally, the organization works with the town's agricultural community on efforts to ensure that productive use of farmland continues to be a vital part of the community.

First 'It's Just a Walk in the Park' on Sept. 18

Longtime Cape Elizabeth resident and Cape Elizabeth Historical Preservation Society member Jim Rowe will lead two "It's Just a Walk in the Park" historical walks through Fort Williams Park.

The free walks, which will focus on the history of Fort Williams, the history of the Portland Head Light and the history of the Goddard Mansion, will run from 8:30 to

10:30 a.m. on Friday, Sept. 18, and Friday, Oct. 16.

Registration is required. Register online at capecommunityservices.org beginning at 8 p.m. on Sunday, Aug. 23. In-person registration at the office, 343 Ocean House Road, or by phone, 799-2868, will begin at 8 a.m. on Monday, Aug. 24.

Call 799-2868 for more information.

Musical comedy, 'The Addams Family,' to open Lyric Music Theater's 2015-2016 season

Lyric Music Theater will open its 63rd season with the musical, "The Addams Family," on Friday, Sept. 11. The comedy will run through Saturday, Sept. 26, at the theater, 176 Sawyer St. in South Portland.

Don Smith is the show director, and Gail Parker is the musical director.

Showtimes are at 8 p.m. Thursday through

Saturday, and at 2:30 p.m. on Sunday.

Call 799-1421, email ticketslyric@gmail.com, or go to www.lyricmusictheater.org to buy tickets or for more information.

Other shows planned for the 2015-2016 season are "The Music Man," "Sweeney Todd, the Demon Barber of Fleet Street," "The Secret Garden," and "Spamalot."

'Strut your Mutt' dog show planned on Aug. 29

Kindred Assisted Living - Village Crossings invites community members to enter their dogs in the annual "Strut your Mutt" dog show, set for 10 a.m.-noon, Saturday, Aug. 29. At the fundraiser, which will benefit the Animal Refuge League, dogs will be judged in many categories, and prizes will be given to all participants. The event will include live music and refreshments.

No registration fee is required, but organizers invite donations of items to the Animal Rescue League, including non-clumping and unscented clay cat litter, cat beds, cat toys, cat brushes and combs; and, for dogs, Kongs, Nylabones in medium and large sizes, toys, and grain-free treats and grain-free dry food made by Natural Balance, Canidae, or Wellness. Up-to-date vaccination records for all dogs will be required.

Village Crossings is located at 78 Scott Dyer Road. Call Anna Guest at 799-7332 to register or get more information.



A resident at Kindred Health Care - Village Crossings gets affectionate with a dog at a past Strut your Mutt show at the assisted living center for senior citizens.

Concert puts garden closer to funding target



Photo by Sarah Beard Buckley

Convening at the July 25 "Night at the Light" Portland Symphony Orchestra concert at Fort Williams Park are planning committee members, from left, Catherine Adams, Kara Leopold, Emily Garvin, Margaret Wilkis, Bob Ayotte, Barbara Powers, Mika Reynolds, and Sandi Dunham. Part of a six-month celebration of the town's 250th anniversary, the event was a joint effort of the town's 250th anniversary committee and the Fort Williams Park Foundation and benefited the Children's Garden at Fort Williams. As of the concert, money raised for the garden is within 10 percent of the funding target, putting construction on track to begin in spring 2016, a planning committee release states. See page 1 for information and a concert photo.

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Group wants input about pickleball, tennis on fort courts

The Fort Williams Advisory Commission seeks input from residents about their experiences this summer on Fort Williams Park courts used for both tennis and pickleball.

Pickleball lines were added to all three tennis courts at Fort Williams this year, so either sport can be played on them. Each tennis court is divided into two pickleball courts.

"We are also interested in any comments or suggestions you might have about opportunities or the need for more courts in town to accommodate players of both sports," Fort Williams Advisory Commission member Lise Pratt said.

Submit input to Cape Elizabeth Public Works Director Bob Malley at robert.malley@capeelizabeth.org. Malley will forward emails to members of the commission.

Residents also can use the comment cards and suggestion box recently installed at the courts by the pond at Fort Williams Park.

The fastest growing sport in the country, pickleball is often described as combination of table tennis, tennis and badminton. Players use a baseball-sized plastic ball and a paddle similar to one used for table tennis.

Little League player pitches perfect game in all-star event



Curtis Sullivan, a member of the Cape Elizabeth Little League 9-10 baseball all-star team, pitched a perfect game against Freeport in a Little League all-star tournament game in Freeport last month. Cape finished the game 5-0, and Sullivan retired all 18 batters he faced with eight strikeouts.

Maine Senior Games Hall of Famer wins golds in Maine Senior Games, competes nationally



Littlejohn Road resident Derry Rundlett, one of three athletes in the first class of Maine Senior Games Hall of Fame inductees, is pictured this spring with his grandsons, left, Nicholas Thompson and Jack Thompson of Scarborough, at a ceremony held at the Fireside Inn in Portland.

By Wendy Keeler

For the past 15 years, Littlejohn Road resident Derry Rundlett has racked up the track honors, and he doesn't seem to be slowing down any.

One of three athletes inducted this spring into the first class of the Maine Senior Games Hall of Fame, Rundlett, 69, won gold medals in the 65-69 age division in the 50-, 100-, 200- and 400-meter events at the 2015 Maine Senior Games on Aug. 1 after competing in July at the National Senior Games in Minneapolis.

A partner in the law firm, Childs, Rundlett, Fifield and Altshuler in Portland, Rundlett has medaled or won a state championship in every Maine Senior Games since 2000.

Rundlett came in 12th in the 200-meter event and 14th in the 400-meter event in July in his seventh National Senior Games — the first one in which he hasn't placed in the top eighth at the national competition.

But next year? Watch out. In this year's nationals, Rundlett was on the older end of his age division, which won't be the case next year.

"I'm 69, at the top of my age group, competing against these younger guys who are 65 and 66, and at our age, every year counts when you're in your late 60s," he said.

Rundlett has captured state championships at the New Hampshire Masters Games and at the Maine Corporate Track Association championship. He also has brought home gold and silver medals from the State Games of America, the National Corporate Track Association championship, and the Huntsman World Senior Games.

He is a lifelong runner.

At Orono High School, he was captain of both the track and cross-country teams. Rundlett also ran for Bowdoin College in Brunswick, but in those days, Rundlett was a distance runner.

"When I was 55 years old, I decided I wanted to feel what it was like to be a sprinter. I had seen Michael Johnson, the great runner, run in the Olympics and I wanted to feel what he felt," said Rundlett, who "hired a trainer who helped me make the transition."

Rundlett is modest about his track successes.

"My friends joke that many of my competitors have died off," he said.

Track is not Rundlett's only passion. In addition to being an award-winning Elvis impersonator, he is the author of "Full Circle: A Father's Journey with a Transgender Child," published in May.

Rundlett will be featured in an upcoming "Cape profile," one of an ongoing series of features about Cape Elizabeth residents and their lives.

Graduates' news

Ethan Murphy, who graduated this spring from Cape Elizabeth High School, will attend will attend the University of Miami in Coral Gables, Fla. He is the son of Julien Murphy and Jacquelyn Hedlund.

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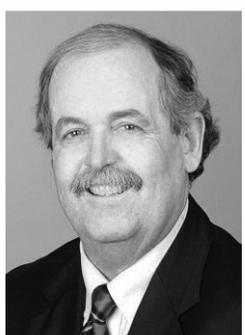
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Father and son's weekly winding of fire bell



Photo courtesy of Cape Elizabeth Historical Preservation Society

This photograph, donated to the Cape Elizabeth Historical Preservation Society by Emma Murray, shows the Cape Elizabeth Town Hall in 1931 when it housed the town fire department.

By Ellen Van Fleet
Cape Elizabeth
Historical Preservation Society

When Cape Elizabeth resident Gerry Murray's father William D. Murray was fire captain in the 1930s, he climbed to the top of the Cape Elizabeth Town Hall every week to wind the fire bell.

Gerry Murray often accompanied his dad as he climbed up to the attic and then into a narrow area between the old roof and the new roof of the building. The bell worked much like a grandfather clock, but instead of a chain and weights, the bell had a long heavy metal rod for weight. The rod would drop one notch for each strike of the bell, and after about 100 chimes the rod would have slid to the bottom of the roof. Gerry's dad would shimmy up between the roofs, pushing the rod back to the top. Afterward, the two would often go through a hatch to see the view from the top of the roof.

How often one had to wind the bell depended on how many times it rang. The bell rang two times every noon so that the volunteer firefighters could coordinate their watches and farmers would know it was time for lunch. The bell also rang two sets

of three dings to announce that there would be no school. Most importantly, it rang to announce fires. During "grass season" – or spring – when there was a higher incidence of fires, the Murrays might have had to climb to the roof twice a week.

The town then was divided into regions, each having a number. For fires in Pond Cove – No. 6 – the bell would ring six times. For fires in the area of Mitchell Road at Ocean House – No. 56 – the bell would ring five times, pause, and then ring six times. This was done two times.

When the fire was under control, or "all out," the bell would ring again, two times. The town used this system from 1924, when a new addition was added to the Town Hall, until 1952 when the fire department moved across the street and began using air alarms.

The fire trucks were stored in the basement of town hall, roaring out the back, up a ramp to the parking lot area, and off to the fire. The hose tower at the back of Town Hall is still used to dry hoses. This was critical when the hoses were cotton, which would mold if they stayed wet.

The bell was moved to the Spurwink Church in 1970.

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 Adult Sunday School: 9 a.m.

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As the crow flies ... over Spurwink Rod & Gun Club



Photo by Ann Kaplan

Cape photographer Ann Kaplan took this aerial photograph from a quadcopter sent above the shooting range at the Spurwink Rod & Gun Club on Aug. 5. The clubhouse and shooting range, located at 1250 Sawyer Road, is identified above as "club facility." The photo was taken at 400 feet, the highest altitude allowed by the Federal Aviation Administration for an unmanned system. "The camera field of view at 140 degrees is somewhat distorted," Kaplan said about the photo, taken with her DJI Phantom 2 camera. "The obvious curve on the top of the photo has not been corrected in this image." This photo is used only for general interest and to show the location of the 18-acre gun club property between Sawyer and Wells Roads. Additional aerial photos by Kaplan, taken at the Community Garden on Spurwink Avenue, appear on page 9. The Courier hopes to showcase these bird's-eye views of places of interest or in the news in Cape Elizabeth through the year.

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