

# The Cape Courier

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Aug. 26 - Sept. 8, 2016

An Independent Not-for-Profit Newspaper  
Serving Cape Elizabeth Since 1988

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## After 38 years of service, Town Manager McGovern submits resignation

By Kevin St. Jarre

After more than 38 years of service, including 31 years as town manager, Michael McGovern has submitted his resignation to the Town of Cape Elizabeth, effective Dec. 31, 2016.

In a letter to the Town Council dated Aug. 22, 2016, McGovern wrote, "It is a good time to leave and to feel good about where we are. It is also a good time for the town to have new leadership bringing new ideas and new approaches. I look forward to any assistance I may be able to provide as the community goes through this transition."

During McGovern's 39-year tenure, many milestones include the transformation of Fort Williams into a beautiful park, the acquisition of the Portland Head Light from the federal government, the preservation of approximately 1000 acres of land around the municipality, and the improvements to Thomas Memorial Library.

Of these, McGovern wrote, "There are

no accomplishments which are solely mine. Much of what is accomplished in Cape Elizabeth is due to a culture of integrity, transparency, planning, collective decision making and a willingness to take on difficult issues."

Molly MacAuslan, the Town Council chair, wrote in a statement, "I'm personally saddened by Mike's decision—he's been a tremendous asset to the community and it's been a privilege to work with him as town council chair this year—but I know Mike looks forward to pursuing his many personal and professional activities and commitments."

McGovern wrote that he will leave Cape Elizabeth with "good police, fire and public works facilities, exceptional ballfields, a pool and a recycling center being improved and we enjoy an expansive community center. Our schools are in good shape and school leadership has helped to keep them

among the best in Maine."

First serving as an intern for the Town of Cape Elizabeth in the summer of 1977, McGovern began full time employment as administrative assistant to the town manager in May of 1978 and was appointed town manager in May of 1985.

"My plans are to continue my volunteer work and to perhaps take on some interim assignments outside Cape Elizabeth from time to time," McGovern wrote, "In closing, I wish to thank all those who I have been privileged to work with and work for over the last 39 years."

MacAuslan's statement read, that "it will be difficult to find someone with both his operational skills and his personal and professional integrity."

The town council will meet on Aug. 29 to discuss the process for moving forward in hiring a new town manager.



Photo from capeelizabeth.com

Michael McGovern will step down at the end of the year after serving 31 years as the town manager of Cape Elizabeth.

## Fence returning to upper field at Fort Williams Park, volunteers to hold clean-up day

By Kevin St. Jarre

The temporary fence around the soccer field in the off-leash part Fort Williams Park will soon return.

"It is still our intent to install the fence within the next couple of weeks," said Robert Malley, director of Public Works.

According to Cape Elizabeth resident and professional pet sitter Theresa Fox, she learned of the return of the fence in a recent conversation with Malley.

"He emphasized the need to keep the integrity of the field in mind. The best way to manage this is a fence. A fence was up previously and it was very helpful," Fox said.

Fox also said that she learned, "An additional 'waste' station may be installed by the entrance to the field" from the large dirt lot.

Many walkers who take their dogs to that

part of the park already meet there once per year in April for a volunteer clean-up day.

In an effort to show that the vast majority of off-leash walkers continue to be "good stewards" of that area, Fox has spearheaded an additional clean-up day.

Malley said, "Additional 'Scoop the Poop' events will definitely help the situation.

To that end, Fox said a volunteer clean-up event has been scheduled at the off-leash area of Fort Williams Park for Saturday, September 3.

As always, the dog-walking public is encouraged to pick up after their pets and to maintain at least continuous line-of-sight awareness of where their dogs are and what they are doing.



Photo by Kevin St. Jarre

The fence around upper soccer field at Fort Williams Park is slated to return in the near future, according to Robert Malley, director of Public Works. Those walking dogs should refrain from bringing their animals on the upper field during the fall sports season to help with wear and cleanliness. Dog walkers are asked to continue to ensure that they and those around them pick up after their dogs.

## Police chief reminds public that Jordan Way is not the way to drop off students

By Kevin St. Jarre

The Cape Elizabeth Police Department released a letter, signed by Chief of Police Neil Williams, reminding parents and school employees that Jordan Way will not be "open to vehicular traffic to access the school complex for school drop off, parking to visit the schools, or for school employee parking."

The letter goes on to read that "the sidewalks will still be open and available for pedestrian traffic going to and from the schools."

The letter explains that the change is due to the volume of the traffic and the parking

of vehicles, in and around the Town Center Fire Station, "creating a safety issue for public safety responders coming to the station to get the equipment and for the egress of the equipment from the station."

Town ordinance specifically prohibits utilizing Jordan way for access to the school complex, according to the letter.

The letter encourages parents to have students use the school buses, but states that if parents must drop students off at school, that they should give themselves plenty of time. Traffic will be heaviest just before the start of school.



Photo by Kevin St. Jarre

Citing safety concerns and a town ordinance, the Cape Elizabeth Police Department is reminding parents and school employees that Jordan Way may not be used to access the schools.

**The Cape Courier**  
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 Letters may not exceed 250 words. We reserve the right to refuse letters and to edit for length, accuracy, clarity and civility. We do not withhold names and writers may be limited to one letter per month. Petition-style letters will be declined. Letters reflect the opinion of the author, not The Cape Courier. Email letters to: editor@capecourier.com or mail to P.O. Box 6242, Cape Elizabeth, ME 04107. Please note: Letters will be acknowledged by email.

**NEXT ISSUE: Sept. 9**  
**DEADLINE: Noon, Aug. 26**

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## Let students ride the bus

When I read the article on the closing of Jordan Way to school drop-off traffic, part of me was wistful.

It's a time-saving shortcut for parents whose children attend two or more of the Cape schools.

What parents would to subject themselves to both the Cape Elizabeth High School and the Pond Cove/Middle School traffic patterns? The congestion on Scott Dyer and Ocean House Road from 7:40 - 7:55 a.m. extends half a mile or more on any given morning.

But, if you're dreading the increased hassle with the loss of this convenient drop-off, there is a solution at hand: children in cars can opt to ride the bus.

"Ride the bus? Are you kidding? The 'Loser Cruiser'?" No other parents make their kid ride the bus." Yes, Pond Cove and CEMS students will be ready with such arguments. But parents can fire back with arguments of their own:

It fosters responsibility and independence; it offers opportunities to make new friends; it decreases traffic jams, reduces carbon emissions, and instills a lifelong appreciation for the value of public transportation. Hmm. Maybe that last item is too idealistic on my part. As soon as they get their driver's license, all bets are off.

Lisa Melanson

## Call to vote on Nov. 8 and for support for State Senator Rebecca Millet

We have supported State Senator Rebecca Millet over the years for many reasons, but given our current political climate, her ability to work across the aisle should be held as an example that our government can work for the people, even under divisive conditions.

Senator Millet's first two terms as our senator served as an exercise in bipartisanship and consensus-building. She has tenaciously worked hard to reach out across the aisle to pass our state's bud-

# Speak Out

Each issue, The Cape Courier provides a topic and invites readers to share their opinions. Those who respond must choose one side or the other, and make a well-reasoned case for their position. One submission from each side will be selected and printed here in the next issue. It is our hope that these dialogues will be thought-provoking. This week's topic is:

### "National chain restaurants should be encouraged to open in Cape Elizabeth."

**Editor's note:**

The intent of 'Speak Out' is to create dialogue around a particular issue of interest to residents of Cape Elizabeth. The selected topic concerning national chain restaurants drew only responses on a single side of the topic. It is completely contrary to the intent of 'Speak Out' to put forth only a single side, and therefore the responses will not appear in this issue. We thank all of those who took the time to share their opinions and we hope they will continue to do so in the future.

**Topic for the August 26 issue:**

**"There are enough places in Cape Elizabeth where dog owners may walk their dogs off-leash."**

Email your submissions to editor@capecourier.com with "Speak Out" in the subject line. The deadline for the next issue is August 19, 2016. You must include an email address or phone number. Suggestions for future topics are welcomed. We reserve the right to refuse any or all submissions and to edit for length, accuracy, clarity and civility. We do not withhold names. Submissions to Speak Out reflect the opinion of the author, not The Cape Courier. Our selection of topic is no indicator of any position taken by The Cape Courier.

get, to override a record number of vetoes from the Governor that would have hurt Maine people, and to develop a strategic vision for strengthening public education for our students. At every turn, she has respectfully put aside party politics to work for the good of all Maine people.

Over these past four years, Senator Millet has been a tireless advocate for our district and state in very challenging times. Rebecca Millet has gained considerable experience, knowledge along with

building effective relationships that will keep our district and the state of Maine moving forward for all of us. On November 8, we will be voting for Rebecca Millet as our State Senator and we encourage you to join us in that vote of support for her continuing excellence and dedicated service to our community and our state.

Dieter & Karen Hessel



Photo by Kevin St. Jarre

A couple of boards lay in the sand at Kettle Cove.

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*Thank you to this recent generous contributor:*

**Anonymous**

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# Public hearing on town's 50 paper streets set for Sept. 12

By Bob Dodd

The Town Council set a date for a public hearing on recommendations on dealing with about 50 so-called 'paper streets' identified across the community.

The action came during the council's unusually brief Aug. 8 meeting that began at 7 p.m.

"Can I just say it's 8:01," said council chair, Molly MacAuslan, looking down at her clock. "This is the earliest I think I have ever been out of a council meeting."

Paper streets are roadways that have appeared in development plans over the years and that were never built.

The council has proposed a list of recommendations for all but five of the 50 or so paper streets within the town. Recommendations include vacating some paper street rights and extending or accepting rights for some of the streets.

The full list is available on the town's website. Those interested should go to [www.capeelizabeth.com/home/topics/paper\\_streets/home.html](http://www.capeelizabeth.com/home/topics/paper_streets/home.html) and click on the link called 'recommendations.'

The lists of recommendations include a brief statement behind the recommendation to vacate, extend or accept the town's rights to each paper street listed. A more detailed report behind each of the recommendations is also available for public review.

In 1997, the town extended its rights to paper streets for 20 years, as allowed by state law. The extension expires in 2017, prompting the council to act now on the various recommendations.

## Other actions

The council has proposed establishing a comprehensive planning committee in 2017 to review the town's 2007 Comprehensive Plan. Councilors voted to refer a draft charge for the proposed committee to a future workshop.

The council reviewed and gratefully accepted plans to enhance the landscaping around the picnic shelter at Fort Williams Park. The plans were presented by the Rotary Club of South Portland-Cape Elizabeth, and the costs of the enhancements will be donated by the club. The picnic shelter was originally designed and built in the early 1980s with donations from the local Rotary chapter.

As one of its goals for 2016, the council sought to take a comprehensive look at potential new revenue sources for the town other than property taxes. A preliminary report developed by Councilor Jessica Sullivan and Town Manager Mike McGovern was referred to a future council workshop. The report lists five conclusions including that the council should discuss whether or not property tax relief may be accomplished through other revenue sources and two potential revenue sources are Fort Williams Park parking fees and pay-per-throw for refuse disposal.

The council also referred to workshop the question of periodic citizen surveys that will benchmark responses from other communities with Cape Elizabeth's responses.



Photo by Kim Case

Parking fees at Fort Williams Park are on the list of potential revenue sources.

# My Cape Elizabeth: For Mark Pendarvis, road to Kettle Cove passed through the Asia, Europe, North America

By Marta Girouard

"A love for learning and adventure." This is Mark Pendarvis's motto for life, and one he has embraced fully.

Born and raised in the Philippines, he moved to Oregon with his family when he was 14 years old. While living abroad he traveled extensively, from Hong Kong every summer to places such as Saigon and Tahiti, to name a few. "Coming back to live in a rural town was very different for me after having been abroad for most of my childhood," said Pendarvis. "I knew I wanted to see what else the world had to offer as soon as I could." His senior year in high school, Pendarvis was granted an AFS scholarship to study in Moss, Norway.

After graduating high school, Pendarvis came back to the US to study at Whitman College in Walla Walla, Washington. Before long, the itch for adventure struck again. He worked in a meat factory to purchase a round trip ticket to England. While waiting to hear news of his admission to study at the University of Norway in Bergen, he also explored Greece, Ireland, Northern Ireland, Spain, and Amsterdam.

After two and a half years in Norway, Pendarvis came back to Walla Walla and soon headed south to Guadalajara, Mexico where he audited classes for four months. He then moved to Oregon and began working in a ministry. The job took him to various states, including Maine, where he was offered a permanent position. He also taught Spanish and ESL in the Freeport school system.

In 1998, Pendarvis was looking for a job in Portland when he was approached to start a foreign language program for elementary schools in the area. After helping run the initiative for a couple of years, he accepted a full-time position teaching Spanish at Cape Elizabeth High School, where he has been for the past 15 years. "I enjoy teaching students life lessons in between the curriculum, such as impressing on them to never give up exploring and being fascinated by things — big and little," said Pendarvis.

You may run into Mark at Kettle Cove Creamery and Cafe, which he purchased with his wife in 2005. "My favorite part of this business is the kids who work for me and the customers," Pendarvis said. "I especially love seeing the joy on the faces of the

youngest ones enjoying ice cream."

Pendarvis has lived in Cape Elizabeth for over 20 years with his wife Loretta, who worked for a number of years at the Governor Baxter School for the Deaf. He has two grown daughters. Linda helps him manage Kettle Cove Creamery and Café, and Paige is a case manager for the deaf and hard of



Photo by Marta Girouard

Mark Pendarvis standing outside Kettle Cove Creamery and Cafe, a popular place to get ice cream after coming off the local beaches.

hearing at Maine Behavioral Health. "Life is so rich," Pendarvis said. His most recent adventure was a trip to Ireland. A few years ago he received his scuba diving certification and you can find him most afternoons snorkeling in Kettle Cove.

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# Farm Camp offers life in 'low key, natural' way

By Kevin St. Jarre

Farm Camp was established in 2005 by several families who were looking for a farm-based experience for their own chil-



Contributed photo

A young camper holds a bunny.

dren. In Cape Elizabeth, Farm Camp is on a small, organic farm called Turkey Hill Farm.

Farm Camp is owned and directed by Kevin Brewster and Holly Sheehan. Brewster is a kindergarten teacher-leader at Portland's Reiche School, with 22 years experience. Holly is a former science



Contributed photo

A chick gets a shoulder ride.

teacher at Portland's King Middle School. She created and ran the educational programs at Wolfe's Neck Farm for six years.

The historic farm house, barn and 25 acres are owned by the Eastman family. Peter Eastman and his son John are managing the Cape Elizabeth property as a community resource, and in 2009, they placed the property with the Cape Elizabeth Land Trust under a conservation easement. Sheehan said, "I would encourage the community to join in whenever there are community work days and events and to contact me if folks would like to get more involved. We have space for garden plots."



Contributed photo

Clucking along with the hens

Farm Camp at Turkey Hill Farm serves children ages 4 to 10.

Sheehan said, "The best things about Farm Camp are that kids play and explore in natural habitats - woods, pond, fields - and develop a love of Maine and sense of place."

In a world where screen-time multi-tasking is using up more and more of young people's days, campers are get outside and slow down to a pace many of their parents and grandparents remember.

Sheehan said campers get to "experience life science in a hands on, low key, natural way. For example, the life cycles

of frogs, characteristics of mammals and what plants need to grow."

In addition to unplugging, campers pick up information that might inform their lifelong choices.

"They discover a deeper connection to healthy, local foods - for example we grow, harvest, cook and eat kale chips, potatoes, raspberries, zucchini bread," Sheehan said.

Sheehan and Brewster strive to bring discovery into the lives of the campers



Contributed photo

Enjoying the frog pond

while always keeping some sense of familiarity and safety in mind. To this end, there is always be a staff person on site trained and certified in Wilderness First Aid. Many of the camp counselors return each summer, bringing their trustworthy experience and their friendly, familiar faces for both new and returning campers.

Sheehan said that weather can be a challenge, such as "a rainy day when we are forced indoors. This was not an issue this summer!" She went on to say, "It's been a wonderful summer and Farm Camp staff have enjoyed meeting so many families and awesome kids."

To learn more about Farm Camp at Turkey Hill Farm, go to their website at [www.farmcampkids.com/turkeyHillFarm.shtml](http://www.farmcampkids.com/turkeyHillFarm.shtml)

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# Identification theft, report of suspicious person, cat medicine missing, beer taken, white canvas bag held for safe-keeping

By Debbie Butterworth

### COMPLAINTS

- 7-19 An officer met with a resident of the Two Lights Road area regarding a possible theft of jewelry
- 7-25 An officer met with a resident of the Shore Acres area regarding a suspicious person complaint.
- 7-26 An officer met with a resident of the Shore Road area regarding an ID theft complaint. A credit card had arrived in the mail that had not been applied for and he also received a letter from a bank denying a money transfer.
- 7-26 An officer met with a resident of the Shore Road area regarding a harassment complaint.
- 7-27 An officer met with a resident of the Shore Road area regarding missing jewelry. The items were later accounted for.
- 7-29 An officer retrieved a white canvas bag from the tennis courts area of the Middle School. The bag contains miscellaneous items and was brought to the PD for safe-keeping.
- 7-29 An officer met with a resident of the Broad Cove area who advised that his phone number was ringing to another phone. He contacted his phone carrier and was advised that his number had been accessed and was being forwarded to another number. His carrier removed the forwarding and the victim changed the password.
- 7-29 An officer met with a resident of the Woodland Road area regarding a possible theft. Missing from the residence is some cat medication and a money card.
- 7-30 An officer responded to a residence in the Fowler Road area for a domestic disturbance.
- 8-1 An officer met with a resident of the Shore Acres area regarding a residential burglary. Beer was taken from the residence.

### ACCIDENTS

- 7-26 Leo Watson, unknown second driver, accident on Ocean House Road
- 7-27 Sigrid Austin, Emily Cole, accident on Spurwink Avenue

### SUMMONSES

- 7-27 Brunswick resident, uninspected vehicle, Sawyer Road, \$133
- 7-27 Cape Elizabeth resident, failure to yield right of way, Spurwink Avenue, \$139
- 7-28 South Portland resident, unregistered vehicle, Route 77, \$70
- 7-29 South Portland resident, speeding (44/35 zone), Route 77, \$119
- 7-29 CT resident, speeding (48/40 zone), Shore Road, \$185
- 7-29 Westbrook resident, uninspected vehicle, Scott Dyer Road, \$133
- 7-29 Scarborough resident, failure to produce insurance, Shore Road, \$171
- 7-30 Portland resident, speeding (53/35 zone), Spurwink Avenue, \$185
- 8-1 Kentucky resident, speeding (63/45 zone), Route 77, \$185

### ARRESTS

- 7-31 Cape Elizabeth resident, warrant, Spurwink Avenue

### FIRE CALLS

- 7-26 Fox Hill Road, investigation
- 7-26 Arrow Point, fire alarm
- 7-27 South Portland Mutual Aid
- 7-29 South Portland Mutual Aid
- 7-30 Thrasher Road, CO alarm
- 7-30 Hannaford Cove Road, investigation
- 7-31 South Portland Mutual Aid
- 8-1 South Portland Mutual Aid
- 8-1 Scott Dyer Road, fire alarm
- 8-1 Scott Dyer Road, fire alarm

### RESCUE CALLS

There were 11 runs to Maine Medical Center. There were 3 patients treated by rescue personnel but not transported.

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The Thomas Jordan Trust is providing scholarship opportunities based on income eligibility for two full days of preschool for children attending kindergarten in the fall of 2017.

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For more information, contact **Kelly:**  
**[kellyphinney@capeelizabeth.org](mailto:kellyphinney@capeelizabeth.org) or 799-2868**

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# CAPE CALENDAR By Wendy Derzawiec

**Monday, August 29**  
Town Council Workshop, 7 p.m., Town Hall

**Tuesday, August 30**  
School Board (tentative) 6:30 p.m., CEHS library

**Thursday, September 1**  
Recycling committee, 7 p.m., Public Works:

**Monday, September 5**  
Labor Day Holiday, Town Hall, library, recycling center closed. Recycling center open Tuesday, September 6.

**Tuesday, September 6**  
Planning Board workshop, 7 p.m., William H. Jordan Conference Room, Town Hall.

**Wednesday, September 7**  
Town Council workshop, 7 p.m., William H. Jordan Conference Room, Town Hall:

**Ongoing each week**

**Al-Anon**, Regular meeting 7 p.m., Thursdays at United Methodist Church, 280 Ocean House Road. Regular meeting 7 p.m., Fridays at St. Alban's Church.

**Alcoholics Anonymous**, 2 p.m., Saturdays First Congregational Church; 7 p.m., Wednesdays, St. Bartholomew Church; 7p.m. Fridays, St. Alban's Church.

**Cape Elizabeth Historical Preservation Society**, 9 a.m.-noon, Thursdays, public safety building

**Cape Elizabeth Lions Club**, 6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road

**Cape Farm Alliance**, third Wednesday, 7p.m., Community Center

**South Portland/Cape Elizabeth Rotary Club**, Wednesdays at 6:15 p.m. Purpoodock Club, Spurwink Avenue. 767-7388.

| CABLE GUIDE   |  | CHANNEL 3 |  |
|---|--|-----------|--|
| Cape Elizabeth Church of the Nazarene<br>Aug. 27 & 28; Sept. 3 & 4 - 9 a.m. | Zoning Board replay<br>Aug 27 - 10:30 a.m. |           |  |

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## Citizens' Round Table will help develop Town Council goals

The Cape Elizabeth Town Council will host a Citizens' Round Table from 7 p.m. to 8:30 p.m. on Monday, Sept. 19, 2016, at the Middle School cafeteria.

Doors will open at 6:30 p.m. for sign-in and light refreshments.

The event provides an opportunity for the Town Council to reach out to citizens, to obtain feedback and to encourage public participation as the council forms its goals for 2017.

The forum is the second held by the council this year, and the second consecutive year a forum has been used to gather citizen input for goal-setting.

"We're looking for everybody to give us some feedback on our goals," said Councilor Patty Grennon, one of three working on a subcommittee for community outreach. "It will be only one piece of a multi-prong (goal-setting) process, but what we're hoping for is for a great event with broad participation and representation from the community and as well from the Town Council," Grennon said.

Participants will break into groups to develop ideas and report back to the larger group. There will also be time for questions and answers from town officials and staff.

## Town employees celebrated for years of service

Debra Lane, town clerk and assistant town manager, was recognized for 30 years of service at the annual employee recognition luncheon Aug. 18, 2016.

Lane, a Cape Elizabeth native and graduate of Cape Elizabeth High School, led the list of eight employees recognized for years of service at the annual luncheon, held this year at Easy Day in South Portland.

Town Council Chair Molly MacAuslan presented the awards. Councilors Kathy Ray and Jamie Garvin also attended.

Also presented with awards for years of service were:

Matthew Sturgis, tax assessor; and Jeanne Gross, Museum at Portland Head Light director, 15 years.

Sean McCue, Public Works garage foreman; and Frederick Schussler, Fort Williams Park ranger, 10 years.

Ben Davis, police officer; Aiden Skiffington, Recycling Center attendant; Kathy Raftice, Community Services adult program coordinator and office manager, 5 years.



Photo by Jamie Garvin  
Town Clerk and Assistant Town Manager Debra Lane, left, is recognized for 30 years of service by Town Council Chair Molly MacAuslan, center, and Town Manager Michael McGovern

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## Cape Elizabeth novelist Richard Cass working on follow-up project

By Kevin St. Jarre

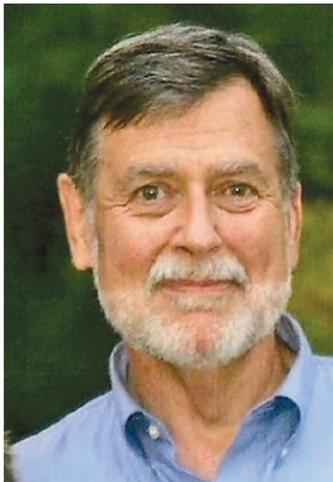
Richard Cass is a novelist working on his next project, a crime novel about a bar owner in Boston who gets embroiled in the Boston Olympic bid, several murders, and a dicey relationship with a sociopathic female thief.

"It's a follow-up to my first published mystery *Solo Act*," Cass said.

He describes his style as realistic and straightforward. "I'm more interested in telling the stories than in verbal pyrotechnics. My goal is that the reader doesn't even notice the writing," he said.

The publishing landscape has undergone some fairly dramatic transformations in recent years. Cass finds reason to be optimistic despite some of the challenges.

"Book publishing has been going through some of the same growing pains as the music world did earlier: proliferation of online



Contributed photo

Richard Cass is a novelist from Cape Elizabeth, working on a second mystery novel

but there is such a round ton of good crime writing here that it's almost not fair to pick out one writer."

Cass said his favorite places to enjoy the work of other novelists include Longfellow Books and Gulf of Maine Books in Brunswick. Portland Public Library has a great series promoting Maine writers.

As far as seeking inspiration, Cass said, "I think I'm less an inspiration writer than a kind of peasant word-farmer. I get up in the morning, go to my desk, dig through the compost, and try and grow something out of whatever's there. I hike a lot, spend time on and in the

water, and generally try and keep my brain quiet enough that when something good sneaks in I recognize it."

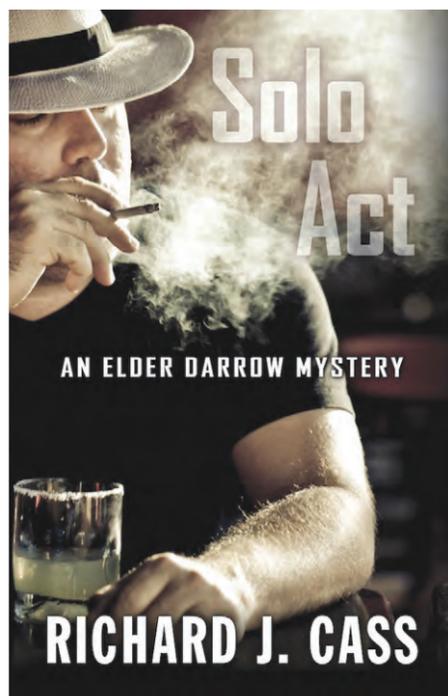
Cass said he wishes he knew when to "... stop pushing on something—an idea, a sentence, a piece—and let it rest if it needs to."

He said a pet peeve of his is when novelists pick platform over art. "The belief that building a brand and making your name familiar somehow trumps doing good work," Cass said.

If he could go anywhere to focus solely on your writing for a month, he said he would choose the Metolius River in central Oregon.

Those wishing to read more of Cass's work can find *Solo Act*, his jazz mystery novel, available from Longfellow Books and other independents in hardback, as well as from Amazon and Barnes & Noble. An eBook version is also available from Amazon. His short story collection *Gleam of Bone* is out of print but may be available from Alibris or other secondhand sellers

He will be doing events around Maine and New Hampshire in the fall and can be contacted by email at [dick@casscomminc.com](mailto:dick@casscomminc.com), through Facebook at Richard Cass – Writer or on Twitter at @DickCass.



Contributed image

"Solo Act" by Richard Cass is available in bookstores now.

media, democratization of publishing tools and processes, emphasis on social media and building a brand over doing your best work. The bright spot is that, though it's harder to find the best writing in a world where anyone with a laptop can publish a book, there is still fine vibrant writing to be found coming from both traditional and nontraditional sources. There's more stuff, in other words, but there's also more good stuff. It's somewhat harder to find, is all."

When asked if the business of writing impacts his art, Cass said, "As little as possible, by design. I feel fortunate that I'm not trying to make a living as a writer because I tell myself I can then write whatever I want. On the other hand, like any writer, I want people to read my work. So I participate in the business side at the same time I try to keep a wall between that and my actual work."

Cass said his art has been influenced by Elmore Leonard, George V. Higgins and Robert Parker. He also admires the work of Megan Abbott.

Cass said, "[She] is probably beyond upcoming at this point but she's a terrific noir writer. Maine, of course, has a number of crime writers I admire. One who's writing some terrific thrillers is Chris Holm

## Artist Jim Williams capturing a breed in acrylic on canvas

By Kevin St. Jarre

Cape Elizabeth resident Jim Williams of Mainely Labs Studio is currently working on a large 36-inch by 48-inch painting of colorful labrador retrievers titled "Dancing Under the Stars"

His style is instantly recognizable, featuring bold-colored graphic images of labrador retrievers.

"A minimalist, pop-art style – very graphic quality," Williams said.

Despite changes in the art world, Williams said, "I believe that my paintings have pretty much stayed the same from my very first 'Lab Art' painting through the most current ones."

He said his work has been influenced by Henri Matisse and Carole LaRoche, a Santa Fe artist who paints a lot of colorful wolves.

Williams said he enjoys seeing the work of other in various museums of modern art. He finds inspiration just by observing the dogs themselves.

"It's not hard to go very far without seeing labrador retrievers romping, swimming, playing, etc. Labrador retrievers continue to be the most popular dog in the country and the most popular dog in ev-

—see Mainely labs, page 8



Contributed photo

Jim Williams is a Cape Elizabeth painter working primarily in acrylics on canvas.

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# Mainly labs

Continued from page 7

ery single state in the country," he said.

Williams wishes he could reach a larger audience across the country, and despite his

focus on labrador retrievers, his first sale was a painting of a completely different breed.

He said, "Believe it or not the first painting I ever sold was a painting of a pug. This was long before I was even painting Labra-

dor Retrievers. A friend of a friend had seen one of my painting of something else and asked if I would do a painting of her pug. I did it for \$100."

Given the chance to work anywhere, Williams said he would prefer to stay locally. "I like it fine right here in Maine," he said.

Williams has a Gallery/Studio in Knightville (South Portland) at 81 Ocean Street, suite #1, right across from CIA café.

His work can also be viewed at [www.mainlylabs.com](http://www.mainlylabs.com) and he has upcoming shows at:

- Aug. 20**  
Brunswick Outdoor Arts Festival
- Aug. 27**  
WCSH Sidewalk Arts Festival
- Oct. 1 & 2**  
Freeport Fall Festival



## Cape Elizabeth's Third Thursday Art Walk

Cape Elizabeth's first ever Third Thursday Art Walk was held Aug. 18. The progressive walk started at Ocean House Gallery and Frame and then went on to Ocean House Real Estate and other Cape Elizabeth establishments displaying artwork from local artists.



Thirst, by Jim Williams. Acrylic on canvas.



Photo by Martha Agan

John Holdridge and Jennifer DeSena enjoy paintings at Ocean House Real Estate during Cape Elizabeth's Third Thursday Art Walk.



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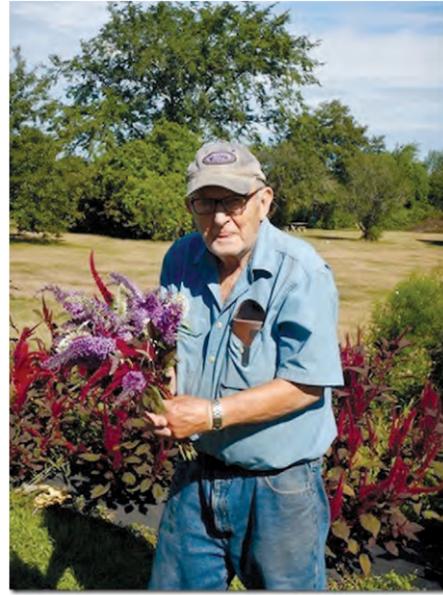
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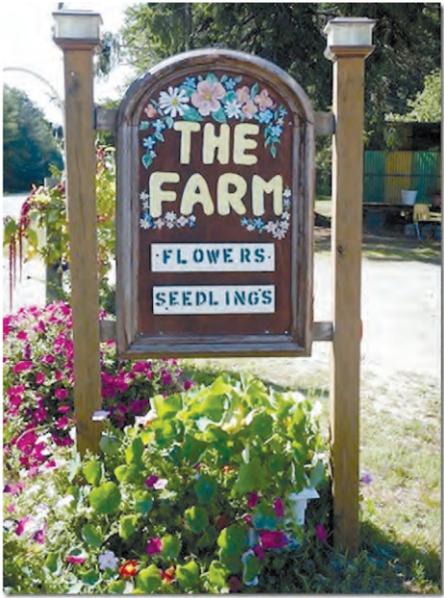
Alewife's Brook Farm, Old Ocean House Rd.



Photos by Martha Agan



Green Spark Farm, Fowler Rd.



The Farm, corner of Route 77 & Fowler Rd.

With the summer growing season in full swing, despite the unusually dry summer, these photos remind that Cape Elizabeth is still a farming community at heart. Since 1892 when northern Cape Elizabeth broke away and became South Portland in order to position itself for industrialization, and the remaining farmlands and coastline became what we now know as Cape Elizabeth, the residents, municipal government, and local organizations have worked hard to preserve the pastoral nature of the community.

Norm Jordan will still cut you a bouquet of flowers at The Farm on the corner of Rt. 77 and Fowler Road, or you can pick your own and, if you like, you can also get a bit of a local history lesson in the form of an entertaining story.

Cape Elizabeth has the longest growing season in Maine. Residents enjoy fresh produce and the fruits of home gardens for a month after people in The County have finished canning.



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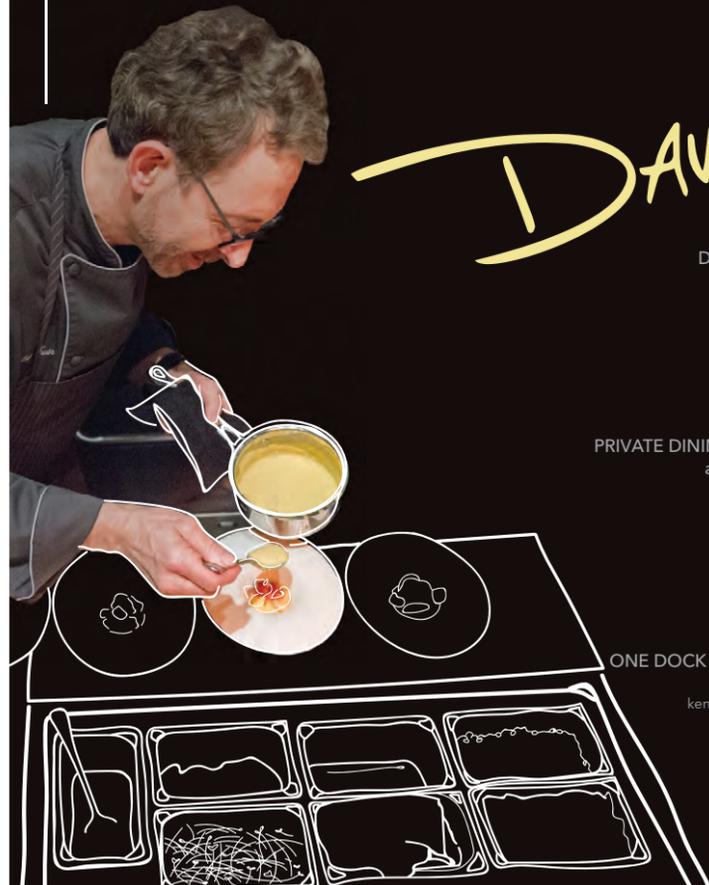
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Photos of moths by Martha Agan

Buzzing about the garden in August are the hummingbird clearwing moth (above) with an olive-colored back and a brown abdomen, and the snowberry clearwing moth (below) with a yellow back with black in its abdomen, resembling a big bumblebee. They are about one half the size of the common ruby-throated hummingbird.



Photo by Martha Agan

Sara Gray of Falmouth out at 6 a.m. painting at Kettle Cove.



Photo by Lynne Lovett

An unusual fog formation at the top of the hill facing McKinney Point in Two Lights State Park.

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## Coming events at Thomas Memorial Library

### Cape Residents to talk about visiting Cuba postponed

A talk scheduled for Tuesday, August 30 from 6:30 p.m. to 7:30 p.m., at the library titled, "Cuba: Two Perspectives" has been postponed until later this year.

Mary Page, a social studies teacher at CEHS has recently visited Cuba, touring historical sites as well as meeting farmers, doctors and high school students at several cities in Cuba.

Local photographer Ann Kaplan also recently toured Cuba. The two will talk about their experiences in Cuba as well as present a slideshow of photographs from their trips at a new date to be announced.

### Library to present talks on current issues and events

The library is offering a three-part series of programs through the Maine Humanities Council program, "The World in Your Library."

The first program will take place on Thursday, Sept. 8 at 6 p.m. Dr. Hong Zhang will discuss "Women's Rights and Women's Legal Aid NGO's in China."

Zhang obtained her Ph.D. in Anthropology from Columbia University and is a recipient of Fulbright Senior Scholar Research Award. She is currently Associate Professor and Department Chair of East Asian Studies at Colby College, where she teaches both Chinese language and Chinese culture courses.

The second program in the series, "Oil, Islam, and the Arab Spring" with speaker Scott Erb, will take place on September 22, followed by "Mediated Perceptions of Land Use Change: Seeking the Good Life in Maine and Beyond," with James Spartz on Oct. 13.

All of the programs are free.

### Fall hours resume on September 10, story times resume September 13

Beginning Saturday, September 10, the library will be open from 9:00 a.m. - 5:00 p.m. on Saturdays.

All other hours remain the same. The library's fall schedule of children's programs will begin September 12. Details can be found on the library's website.

## Library provides media lab for filmmakers

Thomas Memorial Library offers a media lab equipped with a green screen wall, a MacBook Pro computer, Final Cut Pro video editing software, a GoPro camera and a microphone for creative types out there who need a place to make their masterpiece.

Booking the lab is easy. Those interested can reserve the room on the library's website or simply ask a member of staff.

When working on a longer project or a project that will require multiple visits, individuals will receive a unique username for the Mac Pro so their progress will carry over safely and confidentially between sessions.

Once finished using the room, users are asked to visit a member of the library staff so they can lock up.

If one is new to Final Cut Pro software, users are urged to check out the official guide from Apple, which includes everything needed to get started making high quality videos.

## Library offers free delivery of materials

The library offers free delivery of materials to patrons who are ill or unable to get to the library. A librarian can bring specific materials, or a selection of materials in a particular genre or area of interest. If you are interesting in using this service, please call Kevin Goody at the library at 799-1720.

## Library offers pass to Portland Museum of Art

The library offers a pass to the Portland Museum of Art, made possible through the generosity of the Cape Elizabeth Arts Commission. The pass may be used by one family per day (two adults and up to 6 children from the same family.) For more information, to check on availability, or reserve the pass in advance, please call the library at 799-1720.

## SERVICES

### Cape Elizabeth Church of the Nazarene

499 Ocean House Road (Route 77)  
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[www.capenazarene.org](http://www.capenazarene.org)

Sunday School for all ages: 9:30 a.m.  
Sunday Worship Celebration: 10:45 a.m.  
Services streamed live or on demand:  
[watch.capenazarene.org](http://watch.capenazarene.org)

### Cape Elizabeth United Methodist Church

280 Ocean House Road  
799-8396

[www.ceumc.org](http://www.ceumc.org)

Chapel Service: 8 a.m.  
Sanctuary Service: 10 a.m.  
Child care & Sunday School: 10 a.m.  
Adult Sunday School: 9 a.m.

### The Church of Jesus Christ of Latter-day Saints

29 Ocean House Road  
767-5000

Sacrament Meeting:

Sunday, 9-10:10 a.m.

Sunday School: 10:15-11 a.m.

Primary: 10:15 a.m.-noon

Relief Society, Priesthood: 11 a.m.-noon

### The Church of the Second Chance

Greater Portland Christian School  
1338 Broadway, South Portland  
641-3253

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[www.bethaam.org](http://www.bethaam.org)

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Saturday, 10 a.m.

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### First Baptist Church of South Portland

879 Sawyer St., South Portland  
799-4565

[www.spfbc.com](http://www.spfbc.com)

Sunday Morning Worship: 9:30 a.m.  
Awana Clubs (Grades 3-8): Tuesday,  
6:20 p.m.

### First Congregational Church United Church of Christ

301 Cottage Road, South Portland  
799-3361

[www.fccucc.org](http://www.fccucc.org)

Worship: 9:30 a.m.

Sunday School: 10 a.m.

Preschool Child Care: 10 a.m.

### Promised Land World Reach Center

536 Cottage Road, South Portland  
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Sunday Prayer & Intercession: 9:30 a.m.

Sunday Worship: 10 a.m.

Family Bible Studies: Wednesday, 7 p.m.

Sermon recordings available to download

### Saint Alban's Episcopal Church

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[www.stalbansmaine.org](http://www.stalbansmaine.org)

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Celtic Service: Sunday, 5:30 p.m.

Nursery: Sundays, 9:30 a.m.

### Saint Bartholomew Roman Catholic Church

8 Two Lights Road

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[www.saintbarts.com](http://www.saintbarts.com)

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Monday & Tuesday Masses: 8 a.m.





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## Maine Prep's SAT classes set to begin

### Last chance to enroll for the October SAT fee-based course

Maine Prep's SAT prep classes for Cape Elizabeth, Scarborough and South Portland area high school students will meet from 6:30 to 8:30 p.m. every Wednesday and Sunday evening, Aug. 31 through Sept. 28, at Maine Prep South, 778 Main Street, South Portland.

Classes, designed to teach students strategies to use in the math, writing and reading sections of the SAT, prepare students for the October SAT and PSAT. The curriculum consists of real SATs and Maine Prep's TEN FOR TEN curricular materials.

The eight-session SAT prep course is specially designed to prepare high school students who plan to apply to college early decision. For seniors, the October SAT is the last chance to improve SAT scores before early decision application deadlines.

Maine Prep, Maine's largest test prep company, says they have helped thousands of Maine students raise their SAT scores, boost their admissions chances, and qualify for merit scholarships.

For further information about all South Portland area SAT prep classes plus private tutoring, call Maine Prep at 798-5690 or email maineprep@gmail.com. The web address is www.maineprep.com.

## Mushrooming in Robinson Woods

Join mushroom expert Dan Agro of AgroMyco on an edible and medicinal mushroom foraging walk.

Topics for discussion include the best times of the year to find local medicinal and culinary mushrooms, ideal growing environments and what to look for in the forest, safe and thorough species identification and how to preserve and/or cook your mushrooms.

Register through Cape Elizabeth Com-

munity Services, www.capecommunityservices.org.

The walk will take place on Saturday, Sept. 17 from 9 a.m. to 12 p.m., beginning at Robinson Woods Kiosk on Shore Road. The cost will be \$10 per person.

## Lions Club installs new officers, announces upcoming events

New officers officially took office in July with Benson Dana becoming the new president. They were inducted on August 13 with District Governor Michelle Crocker performing the ceremony.

Other officers inducted were 2nd Vice-president, Max Rea; Secretary, Deena Mayo Bruns; Treasurer, Richard Brooks; Lion Tamer, Bob Beith; Tail Twister, Bill Stressenger; and Directors: Dana Bruns, Steve Fox, Marc Owen and Judy Shedd.

### Tag sale Sept. 3

A tag sale is scheduled for Sept. 3 at the clubhouse from 8 a.m. to 3 p.m.

### Two lobster dinners this fall

The club is planning one or two lobster dinners this fall with the first one on Sept. 24.

### Collecting IGA food donations

Rich Brooks will soon start collecting the IGA food donations for the club's food baskets for the Thanksgiving and Christmas seasons.

### Hosting Joseph Souza, Maine horror and crime writer

The club is planning on having more speakers at meetings this year, and the speaker at the Sept. 6 meeting will be Joseph Souza, Maine horror and crime writer. See the author's website at www.josephsouza.net.

### Hosting Tori Lambert, RN, Partners for World Health

The speaker at the Sept. 20 meeting will be Tori Lambert, RN, Program Manager, Distribution Center, Partners for World Health.

The Lions Club is always looking for new members who are willing to volunteer their

skills and time to help with various service projects. Interested individuals should contact Benson Dana at 232-3931 for more information. He can also email an informational sheet to prospective members about the Cape Elizabeth Lions Club by contact him at benson.dana@gmail.com. The club has a busy year ahead and is looking forward to welcoming new members.

The club has an active Facebook page, - www.facebook.com/capeelizabethlionsclub. The page will be kept current with scheduled events and information.

Their full calendar is also online at: www.brownbears.com/cal/celions

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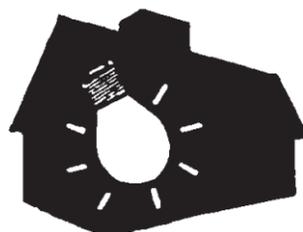


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# Cape Elizabeth High School varsity coaches give preview of fall season

By Kevin St. Jarre

## Boys soccer

Ben Raymond has been coaching soccer at Cape Elizabeth High School since 1994.

In the coming fall season, he is looking forward to a rematch in the first game against Yarmouth at Yarmouth.

Raymond said, "Losing to them in the playoffs last year left us all looking forward to the next time. We played well but in the end didn't have enough. This season we should have enough."

Another game he is looking forward to is the last home game of the regular season, known as "senior night." "It is always special to see the seniors and their parents recognized for their efforts over their long careers as Capers. It is always one of my favorite games," Raymond said.

Raymond said he continues to coach boys' soccer at CEHS because he still enjoys it. Raymond said, "I continue to enjoy all of it: practices, games, planning and most importantly interacting with the players and seeing them grow. I have known many of the boys

since they began to walk and have coached them for many years as well. I feel lucky to have been part of their soccer and athletic journeys."

When asked, Raymond had some advice to a coach in her or his first varsity soccer season. "My advice would be to focus on the little things, small incremental goals along the way. Focus on player development and becoming great teammates. If you do that, then your season will be successful," Raymond said.

## Boys and girls cross-country running

Andrew Lupien, who will coach the girls' cross-country running team at CEHS for a 3rd season this fall, will add the boys' team to his coaching load.

The girls placed 5th in the Class B state meet last year, while the boys came in 6th.

Lupien is looking forward to the Festival of Champions. Lupien said, "The FOC is the one chance we get to run against all of the teams in the state of Maine and beyond re-

gardless of class. It is a great chance to see how you stack up with the best of the best."

Lupien, of course, is looking forward to a return to the state championship meet. "For all the teams that qualify for the state meet, this is one final opportunity to cap off the season with a personal best time and a strong team finish," Lupien said.

Lupien loves to see the growth in his athletes. He said, "I love to see the improvement that the athletes make over the course of the season. This is truly a sport where the effort given over the course of the season will impact the results. Over the next 10 weeks these young men and women will grow as athletes and will learn that hard work and discipline will take them a long way. Also... we have a lot of fun! This is one of the most entertaining group of student athletes that you will ever meet."

When asked, Lupien's advice to a coach in her or his first varsity cross-country season. Lupien said, "Encourage everyone to come out and give cross country a try...you never know who will become a good runner after a

few years of training!"

## Field hockey

The coming season will be Maura Bisogni's second coaching field hockey at CEHS.

She looking forward to their first game and getting the season started.

Bisogni said, "I am looking forward to our home opener against Freeport because I think that's a game we will succeed in and start this season on a positive note. I'm also looking forward to Kennebunk as it's somewhat of a rivalry, and the girls always get pretty excited and heighten their play for it."

Bisogni echoes many coaches when she explains that it's the students who keep her coaching.

"This is only my second year at Cape, but I love that you get to have a multiyear relationship with your players. I love watching students grow up, set goals and succeed."

Bisogni said, "Their resiliency and willingness to work hard and take risks is inspiring and I'm excited to be on this journey with them. I also love the game of field hockey and am excited to share that with these kids."

When asked, Bisogni gave some advice to anyone coaching their first varsity field hockey team. She said, "There are no weak teams in this league, which is great- field hockey is alive and well in Maine! I would also just say enjoy and trust your students. My team has proven time and time again that they always exceed my expectations."

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## Local student named to Curry College Dean's List

Curry College is proud to announce that Sarah Hagos of Cape Elizabeth been named to the Dean's List for the Spring 2016 semester. To qualify for the Dean's List, students must earn a 3.30 GPA, have no incompletes, and have no grade lower than a "C" for the semester. Full-time students must carry 12 or more graded credits for the semester.

Founded in 1879, Curry College is a private, four-year, liberal arts-based institution located on 131 acres in Milton, MA.

Curry extends its educational programs to a continuing education branch campus in Plymouth, MA. Curry offers 22 undergraduate majors, as well as graduate degrees in business, education, criminal justice and nursing, with a combined enrollment of over 3,700 students. The student body consists of over 2,000 traditional undergraduate students, approximately 1,400 continuing education and over 300 graduate students.

Approximately 1,525 of its students reside on the Curry campus.

The largest majors are business management, communication, nursing, criminal justice and education. The College offers a wide array of extra-curricular activities ranging from 14 NCAA division III athletic teams to an outstanding theatre program.

Visit Curry on the web at [www.curry.edu](http://www.curry.edu).

## Emily Spidle named to Union College Dean's List

Emily Spidle, of Cape Elizabeth, ME, was named to the 2016 Dean's List at Union College.

Spidle is a member of the Class of 2017, majoring in Political Science.

To be named to the Dean's List, Union students must have a grade point average of 3.5 for the entire year and meet certain other requirements.

Union College, founded in 1795 as the first college chartered by the New York State Board of Regents, offers programs in the liberal arts and engineering to 2,100 undergraduates of high academic promise and strong personal motivation. Union, with its long

history of blending disciplines, is a leader in educating students to be engaged, innovative and ethical contributors to an increasingly diverse, global and technologically complex society.

## University of New Hampshire's Dean's List includes two from Cape Elizabeth

The following students have been named to the Dean's List at the University of New Hampshire for the spring semester of the 2015-2016 academic year.

Emily Ham of Cape Elizabeth earned Highest Honors

Rachel Seekins of Cape Elizabeth earned Honors

Students named to the Dean's List at the University of New Hampshire are students who have earned recognition through their superior scholastic performance. Highest honors are awarded to students who earn a semester grade point average of 3.85 or better out of a possible 4.0. Students with a 3.65 to 3.84 average are awarded high honors and students whose grade point average is 3.5 through 3.64 are awarded honors.

The University of New Hampshire, founded in 1866, is a world-class public research university with the feel of a New England liberal arts college. A land, sea, and space-grant university, UNH is the state's flagship public institution, enrolling 13,000 undergraduate and 2,500 graduate students across three campuses.

## Cape Elizabeth resident named 'Lawyer of the Year'

Jonathan W. Brogan, resident of Cape Elizabeth and chair of the Norman, Hanson and DeTroy litigation department, has been named by his peers to The Best Lawyers in America in the fields of Medical Malpractice Law - Defendants and Personal Injury Litigation - Defendants. Brogan was also chosen Portland's medical malpractice "Lawyer of the Year." Only a single lawyer in each practice area in each community is honored as the "Lawyer of the Year."

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Contributed photo

Henrietta Bradley 92, finally took a vacation after 20+ years! She spent time traveling for over a month with her daughter and son-in-law, Tom and Judy Commeau. They traveled through Vermont, New York, Pennsylvania and Virginia. One of the highlights of her trip was Williamsburg, Va. touring the historic triangle. This photo was taken in front of the Magazine at Colonial Williamsburg with an outdoor market crafts girl.

Other highlights from the trip were the glass blowing, artisan cheese shops and the sugar shacks in Vermont. During the vacation she also got to visit her grandson and great granddaughter, Brad and Harmony Commeau in Pennsylvania.



Contributed photo

Cape Elizabeth resident Kaela Hoss while on vacation in Iceland. Kaela went horseback riding in Hveragerdi, Iceland for three days as a birthday present from her parents and her sister, Quinn. She tolled (a unique gait performed by Icelandic horses) and galloped up mountains to natural hot springs, through plains, and along river deltas.

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