McGovern, Cape Elizabeth’s longtime leader, celebrated

By Debbie Butterworth, Wendy Derzawiec and Kevin St. Jarre

The Town Council held a public celebration of Town Manager Michael McGovern’s 38 years of service on Dec. 6 at the Purpoodock Club on Spurwink Avenue.

Several hundred friends, family, colleagues and residents representing decades of service to the community gathered to honor him.

McGovern, town manager since 1985, will retire effective Dec. 31. He began his career as an intern in 1978, then as assistant town manager before being appointed town manager.

At a Nov. 14 meeting, Patty Grennon, a member of the Town Council, invited the public to attend and honor the longtime public servant who has done so much for Cape Elizabeth and many people turned out.

As part of the evening’s program, a slideshow, compiled by Wendy Derzawiec of photos contributed by heads of town departments and the Cape Elizabeth Historical Preservation Society was shown. The background music for the slideshow was a hornpipe performed by New Time Ensemble with Cape Elizabeth High School graduate Leslie Anne Harrison on Irish flute - the thought was to add local flavor, honoring McGovern’s Irish heritage as well as Cape Elizabeth’s seafaring identity.

The slideshow can be seen online at: https://vimeo.com/194831383/e3a6b828f7

McGovern was honored for his work on the many improvements in community, including major renovations to the library and Spurwink Church, establishment of the community center, expanded public safety and public works facilities, transforming the town dump into a modern recycling center, and perhaps most of all, transforming a neglected Fort Williams into a beautiful park.

As part of a retirement gift from the town, a $3,100 contribution to Rotary’s polio eradication program with which McGovern is heavily involved as International PolioPlus Committee Chair, and for which he traveled to Pakistan earlier this year.

Dave Sherman, a former town councilor, said the money was contributed by current and former councilors. At learning this McGovern was noticeably choked up with gratitude. There were many former councilors in attendance.

See McGOVERN on page 18

Sen. Angus King speaks at annual Purpoodock Club lecture series

By Kevin St. Jarre

The launch of the annual Purpoodock Club lecture series featured Sen. Angus King.

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CEHS Mock Trial team are seven-time champs

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The CEHS Mock Trial Team won its seventh consecutive state mock trial championship on December 7. Competing against Kennebunk, the match took place in the Maine State Supreme Judicial Courtroom at the Cumberland County Courthouse, and the presiding judge was the Honorable Donald Alexander.

The team goes on to compete at the National High School Mock Trial Competition in Hartford, Conn. May 11 to 14.
No fees for Fort Williams Park

Growing up in Cape Elizabeth in the 1930s, there was no access to the Fort. When the town was able to buy it for a very reasonable price, concerts, skating and hiking began. So many improvements to the views and grounds and walks have been made. Coming back to Cape 13 years ago, I was thrilled to see it all. I now make a walk there every day - rain, snow, or sun. However, if a fee will be required for “outsiders,” I will not visit the Fort again. I’ll go to Hinkley Park and Robinson’s Woods, Willard Beach and Deerring Oaks or Bug Light.

Betty Shea

Pantry director thanks community members for generosity

In this season of both giving and receiving, Judy’s Pantry offers heartfelt thanks to many in the community who have supported the pantry in a multitude of ways to help feed Cape’s families and individuals who have limited resources. The pantry currently serves over 40 households with more than 100 family members being helped. Special thanks go to the South Portland Cape Elizabeth Rotary and Cape Lions for their generous financial support; to the Pond Cove School’s staff and families for their recent food drive; to several middle school parents who donated Hannaford gift cards to enable pantry volunteers to purchase items when donations run low; to Cape’s wonderfull farmers and community gardeners who donated over 5000 pounds of healthy produce this past growing season; to the individuals who filled the Lions Club’s box at the IGA that added to our offerings; to residents who gave their financial support; and to the children who held a neighborhood food drive and donated proceeds from their lemonade stand.

Most recently, the pantry gratefully thanks those who filled numerous Thanksgiving giving baskets that meant so much to the pantry families and enabled them to have a memorable Thanksgiving dinner. And last but not least, the pantry is greatly indebted to the Cape Elizabeth United Methodist Church that has graciously hosted the pantry for the past seven years and to its members who have generously provided both food and funds. A big “thank-you” to the Cape community!

Your voluntary subscriptions and other contributions help keep this community newspaper coming to your mailbox.

Thank you to these recent generous contributors:

Pauline O’Donnell
Cathy & Marshall Goldman
Jon & Paddy Clark

Checks made out to The Cape Courier may be mailed to P.O. Box 6242, Cape Elizabeth, Maine, 04107. Future contributions will be acknowledged in an alphabetical format. Please include a message on your correspondence if you prefer to remain anonymous.
Jamie Garvin elected to chair Town Council for 2017

The Town Council elected Jamie Garvin as chairman for 2017 at its annual caucus. Garvin, a former member and chair of the Recycling Committee, was elected to the Town Council in November 2015. In his first year on the council he served on the Appointments Committee, was liaison to the Riverside Cemetery Board of Trustees, and is currently serving as chair of the Spurwink School Committee. For the second year, the caucus also elected him as representative to the Ecomaine board, the Portland Jetport Noise Abatement Committee and the Thomas Memorial Library Foundation board.

Garvin works as a senior director at Harte Hanks, a global marketing services company. He previously held marketing positions with TD Bank and IDEXX. His wife Emily (Ornatek) grew up in Cape Elizabeth, and they have two children in the Cape schools.

A graduate of Syracuse University with a degree in broadcast journalism, Garvin is also a former board member of the Cape Cottage Beach Association, and has also given time to Little League and the schools. He served on the Solid Waste and Recycling Long Range Planning Committee.

Jessica Sullivan, serving her third term on the council, was elected to head the finance committee. Sara Lennon will head the appointments subcommittee, and Patty Grennon, current chair of the appointments committee, was elected to chair the ordinance subcommittee.

Leadership for 2017 became effective upon formal vote at the first meeting of the council year Monday, Dec. 12. At that meeting councilor-elect Penny Jordan will take her oaths of office, and Councilor Caitlin Jordan will be sworn in for a third term. School Board members Susana Messele-Hubbs and Kimberly Carr will also take their oaths.

Borrowing for pool, Recycling Center projects affirms high bond ratings

As the town moves to borrow $2.1 million for work at the Richards Community Pool and the Recycling Center, two major public finance credit rating agencies have reaffirmed high ratings for Cape Elizabeth.

S&P Global Ratings, a division of Standard & Poor’s Financial Services, assigned a AAA rating to the town’s existing and new bonds, and Moody’s Investment Services continued its rating of Aa1.

“This is a pleasing outcome and these are the best ratings we could possibly obtain, reflecting Moody’s reluctance to give us an AAA rating due to our desire not to be a high growth community,” Town Manager Michael McGovern said in an email to the Town Council Dec. 8, 2016.

The bonds will go out to bid Tuesday, Dec. 13, and officials are expected to finalize and receive the proceeds Dec. 29, before the end of the calendar year, McGovern said.

Upgrades to the pool’s humidity-control and water-disinfectant systems were completed within $3,000 of the $700,000 budget, McGovern said, and bids for the Recycling Center improvements, focus of the $1.4 million referendum approved by voters in June, are due to go out in late winter. Work is expected to begin in April. Moody’s Aa1 bond rating is the second-best rating in Maine, one step below Moody’s highest rating of Aaa. Standard & Poor’s AAA is its highest rating.

Reminder: No parking on Cape Elizabeth streets between 1 a.m. and 5 a.m. from Dec. 1 to April 1

Holiday hours at the Cape Elizabeth Recycling Center

<table>
<thead>
<tr>
<th>Day</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saturday, December 24</td>
<td>8 a.m. to 3 p.m.</td>
</tr>
<tr>
<td>Sunday, December 25</td>
<td>Closed</td>
</tr>
<tr>
<td>Monday, December 26</td>
<td>10 a.m. to 7 p.m. (Regular Hours)</td>
</tr>
<tr>
<td>Saturday, December 31</td>
<td>8 a.m. to 5 p.m. (Regular Hours)</td>
</tr>
<tr>
<td>Sunday, January 1</td>
<td>Closed</td>
</tr>
<tr>
<td>Monday, January 2</td>
<td>10 a.m. to 7 p.m. (Regular Hours)</td>
</tr>
</tbody>
</table>

What to do with lobster traps in the winter? Pull them out of the water and build a backyard Christmas tree, complete with ornamental buoys. This display of ingenuity and holiday cheer can be found on Fowler Rd in Cape Elizabeth.

New Year’s Eve at The Good Table

we’re going to dress it up a bit with an inspired special menu, white linens, cold bubbly and good friends

we hope you can join us

we will reserve the entire dining room so call soon for a reservation

The Good Table Restaurant

Route 77, Cape Elizabeth

799-4663

www.thegoodtablerestaurant.net
Planning Board approves two permits
By Wendy Derzawiec

Two requests for permits to build in wetland areas were approved by the Planning Board at their November meeting.

On Nov. 18 the board approved a permit for the Portland Water District to install drainage structures around the Spurwink Avenue pump station.

The structures will drain groundwater that has been seeping below electrical gear at the southern end of the station, said Paul Rodriguez, water district senior project manager.

The board also approved a permit for the town of Cape Elizabeth to build 250 feet of boardwalk on an informal trail in the Cottage Brook open space off Spurwink Avenue.

Conservation Committee member Jeremy Gabrielson said the 4-foot-wide boardwalk would direct users along the shortest possible path over the wetland property, and will allow vegetation to regrow along the side of the planks.

це

CELT plans for trails on their new acquisition
In early August the Cape Elizabeth Land Trust (CELT) closed on a 22-acre parcel of land near Great Pond, Cape Elizabeth, Maine. Now, CELT and the Town of Cape Elizabeth's Conservation Committee are working together to provide public access and engage in stewardship efforts on the property. An improved trail network will connect the property to the Cross Town Trail at Great Pond, providing ample opportunity for hiking, snowshoeing, cross country skiing, birding, outdoor photography, and more. If you would like to volunteer to help with trail creation or stewardship, please let us know.

Generous funding for the acquisition was provided by the Town of Cape Elizabeth, individual donors, and foundation grants. Recognized as a particularly high value habitat by U.S. Fish and Wildlife Service, the property provides critical habitat for many rare or declining species of birds and fish.

For more information, please visit www.capelandtrust.org or call (207) 767-6054.

Statewide scores in math low, Cape schools still at top
Most of Maine’s students are performing at grade level in science, but far fewer are proficient in Math and English, according to new statewide assessment data.

However, some of the top-performing school districts this year were in the Portland area, including schools in Falmouth, Yarmouth and Cape Elizabeth.

Newly released numbers from the Maine Department of Education show that last year, only about 38 percent of students rated as proficient in math on Maine’s statewide assessment test.

Fifty-one percent were at or above grade level in English and 61 percent met the state benchmark in science.

On the surface, the numbers look similar to the prior year. However, state officials caution that this year’s results can’t be easily compared to the past. That is because in 2015 schools began using a new assessment called endPowerME. That replaced 2014’s Smarter Balanced test, which educators and environmental assessment organization, race organizers announced Thursday.

The Evergreen Certification from the Council for Responsible Sport followed a rigorous review of the TD Beach to Beacon’s environmental and social sustainability programs at the 2016 race in August, which ranged from comprehensive recycling to measuring and reducing carbon emissions to raising money for charities and leaving a positive legacy in the community.

“This is truly a shining achievement for the TD Beach to Beacon,” said race founder and running icon Joan Benoit Samuelson, a lifelong Mainer and committed environmentalist who won gold at the 1984 Olympics. “Achieving evergreen status is a testament to the dedication of our race Organizing Committee plus the hard work of Bruce Rayner and his team at our sustainability consulting partner, Athletics for a Fit Planet. The TD Beach to Beacon has built a reputation as an event that cares about the planet and about each other – it’s so rewarding to see those efforts affirmed.”

The non-profit, Oregon-based Council for Responsible Sport, founded in 2007, provides objective, independent verification of the socially and environmentally responsible work event organizers are doing nationwide.

The process is meticulous as event organizers are required to provide a detailed measurement and documentation of sustainability efforts and outcomes.

The TD Beach to Beacon achieved Silver Certification in 2012 and Gold Certification in 2014 before reaching the Evergreen level this year by implementing 57 of 61 best practices, according to Shelby Villalobos, Managing Director at the Council for Responsible Sport.

The certification is valid for two years.

“The TD Beach to Beacon’s achievement is proof of its enduring commitment to host a world-class, elite athletic competition responsibly, serving the community and leading by example,” Villalobos said. “The aim is to reduce the environmental impact of the race as well as actively including community members to make it an inclusive event. The TD Beach to Beacon race achieved both results and the Council commends these efforts and encourages other events to take notes from this race in an example of how to host a responsibly produced event.”

Villalobos highlighted five areas of achievement at the 2016 TD Beach to Beacon that stood out to the Council:
• Qualifying as a ‘zero waste’ event by diverting 90 percent of all waste generated from going to the landfill through compost and recycling efforts.
• Offset the 5.6 ton ‘carbon footprint’ of event operations through Native Energy, making the event carbon neutral (not including participant travel).
• Redeemable bottles were sorted separately and sent to CLYNK for recycling, sending the proceeds from the deposits redemption to the 2016 race charity, My Place Teen Center.
• 240 participants, volunteers and spectators utilized a bike valet service stationed at the finish area. Runners who used the service were provided with a shuttle to the start of the race.
• Finishing t-shirts provided by Nike were made from polyester made from recycled bottles.

For more information, please visit www.coldwellbanker.com or call (207) 767-6054.

In this season of thanks, I would like to express my gratitude to all my past, present, and future clients for putting your trust in me!

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295 Ocean House Road, Cape Elizabeth
King tides and weather lead to flooding

At the Rachel Carson Wildlife Refuge on Sawyer Road, king tide and wet weather combined to cause flooding across the pavement.

Photo by Martha Agan

At the Rachel Carson Wildlife Refuge on Sawyer Road, king tide and wet weather combined to cause flooding across the pavement.

Photo by Martha Agan

Forest service wants help tracking winter moths

Anyone driving down Mitchell Road on one of the unusually warm December evenings has seen them.

Hundreds of small tan moths flitting in the beams of headlights. The winter moth have been along Maine’s southern coast for a few years.

Maine Forest Service entomologists now suspect they are spreading slowly but surely across the state. They are asking residents to use an online survey to report moth sightings. Winter moths can strip trees bare of their leaves and kill them.

Believed to be transported on nursery stock or in the soil carried with it, the moths in the last decade have spread through much of coastal New England.

The moths originated in Europe. In Maine, they are mostly found on hardwoods such as oaks, maples, ashes, cherries and apple trees. They are also found on blueberry bushes.

The moths can be seen flying around in winter, but the damage is done in the spring, when the eggs laid on the trunks of trees hatch. The caterpillars can be present before the leaves even emerge. After they strip the leaves, the caterpillars move below the surface of the soil and emerge as moths in early winter.

Nearly 5,200 acres in Maine were defoliated this past spring by winter moths, according to the Forest Service. Damage was moderate to heavy in scattered locations from Cape Elizabeth, Peaks Island and Harpswell in Cumberland County.

Parasitic flies, which feed only on winter moths, have been released in Cape Elizabeth and elsewhere to try to control the moth population. The flies, Cyzenis albicans, have been used successfully in Canada.

However, the moths number in the millions and only 1,500 parasitic flies have been released. It could be a decade before there is a real impact on the moth population.

Maine residents who observe the moths flying or clustered around lights during the months of December and January can report it using the Forest Service online survey at http://www.maine.gov/dacf/msf/forest_health/invasive_threats/winter_moth_survey.htm.
The Cape Elizabeth Historical Preservation Society is open to the public on Thursdays from 9 a.m. to noon. It is located across from Town Hall in a portion of the Police Station.

The public is always welcome to visit to conduct research and conversation with knowledgeable volunteer staff. There are many archives.

The Cape Elizabeth Historical Preservation Society was established in November 1986 by the late Dr. Constance Murray, Ph.D., a local preservationist and retired teacher from the Lexington Public School System, Mass. Dr. Murray was born and raised in Cape Elizabeth and retained a love for the community and its history even as she moved across the country pursuing her education and teaching career. Returning to Cape Elizabeth following her retirement in the late 1970s, she began to form a local organization composed of concerned citizens dedicated to locating, researching and preserving local items of historic value.

With the help of the town’s Board of Historic Preservation Advisers, the town provided space in the basement of the Thomas Memorial Library to preserve and display old town records, maps, photographs, family collections and historic letters. Volunteers meet weekly each Thursday morning from 9 a.m. to 12 p.m. to identify, collect and preserve items of local historic significance.

In November of 2014, in preparation for a major renovation of the Thomas Memorial Library, CEHPS was relocated to the Cape Elizabeth Public Safety Building.

Two current projects that members are working on this year are digitizing the collections and advocating a move from the current location to the Spurwink School Building that has been vacated due to the renovation of the town’s library.

The Cape Elizabeth Historical Preservation Society is no longer located at the library. CEHPS is now located at the Public Safety Building at 325 Ocean House Road, in the former dispatch area.
Donuts in field, eggs in screen, dog bite, ride-and-dash from cab

Reported By Debbie Butterworth

COMPLAINTS

11-15 An officer met with a resident of the Oakhurst area regarding damage to a stone wall, possibly caused by a white or grey KIA.

11-15 Two officers responded to a field in the Charles E Jordan Road area for a report of a trespass by a motor vehicle, and subsequent criminal mischief. The property manager reported that the vehicle was doing “donuts” in the field. Parents were contacted.

11-17 An officer met with a resident of Massachusetts regarding a possible missing person.

11-18 An officer met with a resident of the Oakhurst area with a harassment complaint.

11-19 An officer spoke with a resident of the Fowler Road area regarding criminal mischief complaint, eggs were thrown at a residence, damaging a screen.

11-19 An officer responded to Shore Road for an abandoned bike. It was a small child’s bike and was red, brought to the police station for safekeeping.

11-19 Two officers responded to a residence in the Mitchell Road area for a well-being check.

11-20 Two officers responded to a residence in the Scott Dyer Road area for a dispute between tenants.

11-22 An officer met with a resident of the Mitchell Road area regarding a dog at large biting incident.

11-24 Two officers responded to a residence in the Shore Road area for a complaint from a cab driver that his passenger had run from the cab without paying. Contact was made at the residence and cab driver was paid.

11-25 Two officers responded to a residence in the Starboard Drive area for a well-being check.

11-25 Two officers responded to a residence in the Sparrowink Avenue area for a well-being check.

11-27 An officer met with a resident of the Old Ocean House Road area regarding the theft of stakes and No Trespassing signs.

11-27 An officer met with a resident of the Two Lights area where someone had removed the protective covering off a door.

11-27 An officer met with a resident of the Fowler Road area regarding an attempted burglary. Someone had tampered with the door lock but failed to make entry.

COMPLAINTS

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SUMMONSES

11-18 South Portland resident, operating after license suspension, Route 77, $310

11-19 Cape Elizabeth resident, possession of drug paraphernalia, Sawyer Road, $137

11-19 Cape Elizabeth resident, operating under the influence of alcohol, Mitchell Road

11-22 Cape Elizabeth resident, speeding (65/45 zone), Howery Beach Road, $215

11-23 Cape Elizabeth resident, failure to stop at stop light, Ocean House Road, $131.

11-23 South Portland resident, possession of alcohol, Shoe Road

11-28 Scarborough resident, speeding (60/40 zone), Route 77, $215

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11-19 Cape Elizabeth resident, operating under the influence of alcohol, Mitchell Road

FIRE CALLS

11-21 Cape Woods Drive, investigation

11-24 Zeb Cove Road, fire alarm

11-25 Starboard Drive, investigation

11-26 South Portland Mutual Aid

11-28 Ocean House Road, fire alarm

RESCUE CALLS

There were 15 runs to Maine Medical Center. There were 4 patients treated by rescue personnel but not transported.

JUVENILE SUMMONS

11-19 Cape Elizabeth resident, possession of marijuana

ARRESTS

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Joy to all!

Coastal Rehab
2016 Cape Elizabeth High School football program celebrates season

The members of the 2016 Cape Elizabeth High School football team, their families and coaches gathered at Camp Ketcha on Sunday, Dec. 4 to celebrate the team’s memorable 10-1 season which saw the team outscore its opponents by a margin of 436-79.

Head coach Aaron Filieo commended the team for its extraordinary success before presenting each player with a participation certificate and varsity letter to the players who earned their first varsity letter this season. During his comments, Filieo also expressed his appreciation on behalf of the entire coaching staff to the players’ families for their support of the players and the team’s goals during the long preseason, regular season and playoffs, which often included weeks in which the players had team commitments seven days of the week.

Finally, Filieo recognized the critical role Cape Football Boosters plays in the team’s success and thanked all of those who volunteered time and effort this year.

Boosters President Ann Convey conveyed the organization’s appreciation to everyone who helped make this season such a success.

Special recognition was given to the following individuals:
- Mickey Maher Volunteer Award: Phil Laughlin and Jim, Kate and Abby Ekedahl
- Kyle Toot Award: Brett McAlister
- Donnie Martin Brother Award: Roman Cloutier and Gustav Sonnesson

Coaches’ Award: Camden Turner

Comeback Player of the Year: Max Woods

Unsung Hero Award: Nat Jordan

Golden Foot Award: Marshall Peterson

Most Improved Offensive Player: Jeb Boeschenstein

Most Improved Defensive Player: Nat Spicer

Paul Lavallee Lineman of the Year: Jacob Jordan

Most Valuable Offensive Player: Peyton Weatherbie

Most Valuable Defensive Player: Ryan Weare

Most Valuable Overall Player: Ben Ekedahl

Braveheart Awards:
- Freshman – Matt Laughlin
- Sophomore – Bear Huffard
- Junior – Jack Glanville
- Senior – Alex Depke

The following players were selected for the 2016 Campbell Conference All-Star Team: Jeb Boeschenstein, Ben Ekedahl, Jacob Jordan, Brett McAlister, Camden Turner, Peyton Weatherbie, Ryan Weare and Max Woods. Honorable Mention recipients were Nat Jordan and Marshall Peterson.

Five players were also named to the Campbell Conference All-Academic Team: Jacob Jordan, Nat Jordan, Nat Spicer, Peyton Weatherbie and Max Woods.

In addition, Aaron Filieo was selected as the Campbell Conference’s Head Coach of the Year, and Chris Mims received the Conference’s Assistant Coach of the Year award.

Senior Ben Ekedahl was also named Campbell Conference Co-Player of the Year and is a semi-finalist for the James J. Fitzpatrick Trophy, presented annually since 1971 to the top Senior high school football player in Maine.

Seniors Jacob Jordan and Nat Jordan have been nominated by the team for the Frank J. Gaziano Offensive and Defensive Lineman Awards. Finalists for that award will be announced in mid-January.

The entire CEHS football family expressed its heartfelt appreciation and thanks to the town of Cape Elizabeth for its support of the team during this very special season – the large, enthusiastic crowds filling the stands at Hannaford Field make the team’s every home game an amazing experience.

They also conveyed their gratitude to the CEHS student Superfans for their efforts in cheering the team on to victory.

Despite the 2016 season being over, the team members and coaches are already looking ahead to next year – the team’s offseason weight training sessions have begun.
CEHS girls’ basketball team to hold bottle drive on Jan. 2

The Cape Elizabeth High School boys’ hockey team will collect discarded Christmas trees in a fundraiser on Sunday Jan. 8, with snow date Sat. Jan. 14. Donations resulting from this annual fundraiser help defray costs for the season, including expenses for ice time and equipment. Call 272-6604 or email CEHSHockey@gmail.com to request a pickup.

Call for Christmas tree pickup by boys’ hockey

This year’s girls’ ice hockey team is well-positioned for a great season with nine returning seniors. Senior Captains are Hannah Bosworth, Kate Ginder & Eliza Connolly.

Photo by Casey Kelly

CEHS girls’ basketball bottle drive will be on Jan. 2. Contact Cindy O’Rourke, 767-3781, cjourrk3@mainesrr.com. This year’s team back row, left to right: Coach Chris Casterella, Elise Mullen, Brooke Harvey, Sammi Guarente, Meghan Gerety, Alison Ingalls, Lillian Frame, Grace Carignan, Jessi Robichaud, Asst. Coach Tom Robinson, Saylor Wood, Isabel Berman, Karli Chapin, Erin O’Rourke, Katie Manning, Kelly O’Sullivan, Zoe Preble, Eliza Hilde.

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Cape Elizabeth lights up the night, one
front yard at a time

HOLIDAY LIGHTS

Cape Elizabeth lights up the night, one front yard at a time

HAPPY HOLIDAYS!

Vicki Kennedy  Jeff Kennedy

Steve Seabury  Lisa Jesmain  Frank Strout  Doug Schauf  Guy Gledhill  Rusty Pillsbury  Mike Faulkingham

207-799-7600
1237 Shore Road
Cape Elizabeth
www.OceansideMaine.com
During the winter months, cattail foliage dies, and the leaves and stalks turn brown and dry in the cold, but deep beneath the mud, cattail roots are alive and dormant, waiting to emerge anew and green in the spring.

A pair of Canadian geese look like four when reflected in the still waters of the marshes. These geese are likely part of the last few headed south as the weather gets colder.

### LIVING A FULL LIFE WITH CONGESTIVE HEART FAILURE (CHF)

Are you seeking peace of mind with your diagnosis? Our CHF Program reduces hospital re-admissions for residents and enhances quality of life.

Our CHF Program was created to restore quality of life for our residents. We have achieved this by combining the talents and experience of our licensed nurses and our residents’ own primary care physicians and cardiologists.

We’re proud of our success in achieving a landmark “zero returns” in 2015, which means residents who participated in our CHF Program learned to cope with their limitations and have a more productive life without having to be re-admitted to a hospital.

Whether you’re here for a short-term respite stay to manage your condition or for an extended stay as a resident, we make living (and even thriving) with CHF possible.

---

Avoid any sudden or excessive actions while steering, braking or accelerating so you don’t lose control.

Stopping on snow or ice without skidding requires extra time and distance. Drive slowly – below posted speed limits - so you can adjust to the conditions. This is especially true at intersections, off ramps, bridges and shady areas where black ice can form without being noticed.

Four-wheel drive may help you get going faster but it doesn’t help you stop sooner or maintain control better once you lose traction. Take it slow!

Longer stopping distances and extra time are required during winter conditions to avoid chain reaction crashes.

Don’t take chances when pulling out in front of approaching vehicles. Avoid using cruise control. You need to be in full control when road conditions are wet or icy. Don’t let your cruise control make a bad decision for you.

Brake early, brake slowly, brake correctly and never slam on the brakes.

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Maine DOT winter driving tips

Avoid any sudden or excessive actions while steering, braking or accelerating so you don’t lose control.

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Meet Cape Elizabeth’s Cooper Dragonette, landscape painter

By Kevin St. Jarre

Cooper Dragonette, a landscape painter living and working in Cape Elizabeth, is trying to get as much work in before the weather makes it too unpleasant.

He said, “I’m trying to get out and paint in the field as often as I can before the weather makes it too unpleasant.”

He describes his work as a blending and growth process. “I think most any artist’s style is borne out of some sort of natural evolution, like your speaking voice or the way you walk. I feel like my best work comes when the subject I’ve chosen matches my strengths. I try to achieve a certain level of realism in my work, but I try to err on the side of impressionism. I’d rather the viewer see the finished piece as something from a memory or a dream, rather than a photograph.”

His art, like the world, continues to change. He said, “The internet has changed everything, not only in my art world, but the art world in general. I still wish I had a studio in a building full of studios, but in many ways, the internet has been that building for me. I can ‘knock’ on the door of any artist I like, day or night to ask them a question or ask for help. It’s been an invaluable resource in that sense. What hasn’t changed for me, and I’m sure this is true for most any pursuit, is that the only way to get better at painting is to do it everyday.”

When as if the business of art influences the creative work, Dragonette said, “The short answer is that I paint for myself, but the business of art filters in. It has to. If I didn’t sell my paintings, I couldn’t continue to be a painter. I want to paint for myself above everything, but if I’m honest, the audience creeps in here and there.”

Of influences, he said, “George Burke was my painting and drawing professor at school. His approach to painting brought it down to a manageable process for me. His paintings were all on plywood or mat board, and small. And his alla prima painting style really drew me in. Nowadays I am heavily influenced by a number of favorites, but California painter Tim Horn is always at the back of my mind. I often think to myself when I’m making a painting, ‘What would Tim Horn do here?’

He jokes when asked if there are young upcoming artists he is keeping an eye on, saying, “Aren’t I a young, upcoming artist? No? Oh well. Again, the internet has exposed me to lots of plein air painters who I may otherwise have missed out on, like Southwest artists Joshua Claire and Bryan Mark Taylor—both are fantastic, young landscape painters.”

He finds comrades in his art. “One of the nicest things about making the kind of work I do, is that it’s not unusual to go out painting in the field with other artists. It’s a great learning opportunity to stand side by side with painting friends to see their work develop and talk about the process. It’s a bit like standing next to magicians while they explain to you how they’re doing the trick you’re seeing unfold right in front of your eyes,” he said.

“The light in Maine is great this time of year. I have two boys in school and I can generally only get out midday, but in the fall it makes for great shadows and lots of warm light,” he said.

Like most artists, he is a tough self-critic. “I tend to see all the mistakes and faults in my own work, but if I could wave a magic wand to see what I need to do to make each painting become what it’s supposed to be, that would be hugely helpful,” he said.

He describes his work as a blending and growth process. “I think most any artist’s style is borne out of some sort of natural evolution, like your speaking voice or the way you walk. I feel like my best work comes when the subject I’ve chosen matches my strengths. I try to achieve a certain level of realism in my work, but I try to err on the side of impressionism. I’d rather the viewer see the finished piece as something from a memory or a dream, rather than a photograph.”

Cooper Dragonette, landscape painter

Dragonette’s painting, Lobsterman Shacks, 12” x 16”, Oil on Panel

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Cooper Dragonette, landscape painter

Western Sea, 18” x 24”, Oil on Panel, is an example of Dragonette’s work, which he says achieves “a certain level of realism in my work, but I try to err on the side of impressionism.”
School Board Policy Committee, 6:30 p.m., Town Hall chamber
School Board Policy Committee, 6:30 p.m., High School Library and Learning Commons
School Board Policy Committee, 6:30 p.m.-7:30 p.m., Town Hall Lower Level Conference Room

Marie Ahearn, Cape painter, has art on display at library

Pond Cove School accepting kindergarten registrations for 2017-18

Parents planning to send their children to kindergarten at Pond Cove School are asked to call the office, 207-799-7339 to register. Children who will be 5 years old on Oct. 15, 2017 are eligible. A copy of a birth certificate, immunization records and proof of residency such as a utility bill are required at registration.

Town of Cape Elizabeth

The Town Council Committees are accepting applications from residents to fill vacancies on town boards and committees. Applications are also being accepted for the

Comprehensive Plan Committee
Applicants may apply online at www.capeelizabeth.com Questions should be directed to Debra Lane, Town Clerk at 799-7665 or debra.lane@capeelizabeth.org

Applications must be submitted to Debra Lane no later than Friday, November 4, 2016. Please check www.capeelizabeth.com for updates.

Comprehensive Plan Committee
Fort Williams Park Committee
Planning Board
Thomas Memorial Library Committee

New terms begin January 1, 2017.

Dog licenses expire on Dec. 31; register before end of January to avoid late fees

Dogs may now be registered for the new year online at Maine.gov or in person at Town Hall. A current rabies certificate for all dogs and proof of spaying or neutering for new dogs is required. Maine law requires all dogs to be licensed each year.

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Parents of children attending kindergarten at Pond Cove School are asked to call the office, 207-799-7339 to register. Children who will be 5 years old on Oct. 15, 2017 are eligible.

A copy of a birth certificate, immunization records and proof of residency such as a utility bill are required at registration.

Early registration will help the school to plan for the incoming kindergarten class. More information is available at the above number, or by email, pcoffice@capeelizabethschools.org. Parents of children attending kindergarten at other schools also should notify the office if their children will attend first grade in the Cape schools next year.

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Learn about Maine’s owls

In the fourth installment in the library’s monthly Maine Wildlife Series, Cape resident and wildlife research biologist Rick Gray returns to discuss Maine’s owls, including Snowy Owls and the Northern and Saw Whet Owl. The talk will take place on Thursday, January 5 at 6:30 p.m. In February, biologist Christine Maher will discuss the “Social Lives of Woodchucks,” Carrie Gray will discuss loons in March; Andrew Johnson will discuss Cotton-tail Rabbitts in April; Scott Lindsay will discuss beavers in May, and James Sulkowski will discuss sharks in June. Adults and curious younger budding naturalists are welcome!

Socrates Cafe to meet

The library’s monthly philosophy discussion group will meet again on Tuesday, January 6 from 6:30 - 8 p.m. in the adult reading area. No advance registration, reading, or specialized knowledge is required. All are welcome!

Holiday Hours

The library will be closed on Saturday, December 24 and Monday, December 26 for Christmas. The library will also be closed on Monday, January 2 for New Years, and Monday, January 16 for Martin Luther King, Jr. Day.

Winter concert for little ones

Ann Sparling, “The Music Lady,” returns on Thursday, December 22 at 10:30 a.m. for a winter concert for toddlers and preschoolers. Older children and families attended her Halloween concert in October. This month, she’ll sing songs celebrating winter and winter holidays. All are welcome!

Hanukkah program features author Heidi Smith Hyde

Author Heidi Smith Hyde will visit the library on Wednesday, December 28 at 6:30 - 7:30 p.m. (snow date: Thursday, December 29 at the same time) to share her Hanukkah picture book, “Emanuel and the Hanukkah Rescue.” This historical fiction tale tells the story of Emanuel, a Jewish boy living in the whaling town of New Bedford, Massachusetts in the 18th century. Emanuel pleads with his father to celebrate Hanukkah by placing the menorah lights on the window sill, but his father is afraid of persecution. When Emanuel decides to stow away on a whaling ship and become a strong, brave whaler, he shows his father the true meaning of freedom and miracles. The program is most appropriate for families with children ages 4 - 8; adults are welcome as well. Heidi Smith Hyde is the director of education of Temple Sinai in Brookline, Massachusetts. Her other books include “Feivel’s Flying Horses”, a National Jewish Book Award Finalist, and Mendel’s Accordion, winner of the Sugarman Award.

Banjoist Peter Mezoian Performs “From Plunk to Funk”

“The American Song Book” gets updated and the banjo becomes outrageous when plunk meets funk. The roots of the banjo are in American popular and jazz music from the early 1900s, but unlike many banjoists, Peter Mezoian decided that those syncopated infectious rhythms and melodies could transfer to other genres and generations of music: where Cole Porter crosses Paul Simon and Broadway intersects with the Beatles, and where the Roaring 20s catch up with the psychedelic 60s. This funny and engaging performer will keep you wondering what he will play next. His performance at the library three years ago drew a fantastically enthusiastic audience. Peter has spent years taking the banjo across the world as a feature act on theater and nightclub stages in America, England, and Japan, music festivals and more than 50 different cruise ships.

Peter’s jazz folk style is steered by Steve Martin-influenced, donut-eating, espresso-drinking, half-Armenian, half-Greek four string banjoist. All this and he’s only 5 feet 3 inches tall. You’ll be wondering just how outrageous one banjoist can be! The concert will take place on Saturday, January 8 at 2:30 p.m. All are welcome!

De-stress, Re-energize in a Free Qigong Workshop

Martial arts instructors and practitioners Paul and Rosalie DiCriscenzo presented an introduction to Tai Chi in September. They return in January to lead a free two-hour workshop for adults in the Tortoise Qigong form from the Wudang Five Animals Qigong set. Qigong involves the integration of physical postures, breathing techniques, controlled movement, and focused intention, and is energizing and restorative. The gentle, rhythmic movements of Qigong help to reduce stress, build stamina, increase vitality, and enhance the immune system.

It has also been found to improve cardiovascular, respiratory, circulatory, lymphatic and digestive functions. Those who maintain a consistent practice of Qigong find that it helps one regain a youthful vitality, maintain health even into old age and helps speed recovery from illness. The workshop will take place on Thursday, January 12 from 6 - 8 p.m. in the library’s Community Room. No registration is necessary.

Children’s Programs Continue

The library’s special children’s programs continue through December. There will be a short break in programs, with the new weekly program schedule beginning again during the week of January 9. Please check the library’s website for details.

Banjoist Peter Mezoian has spent years taking the banjo across the world as a feature act on theater and nightclub stages in America, England, and Japan, music festivals and more than 50 different cruise ships. He will appear at Thomas Memorial Library Jan. 8 at 2:30 p.m. The show promises to push the banjo to “where Cole Porter crosses Paul Simon and Broadway intersects with the Beatles, and where the Roaring 20s catch up with the psychedelic 60s.”
The combined CEMS and CEHS robotics teams enjoyed much success at a VEX Robotics tournament at Hall-Dale High School. The high school team 56C, whose roster includes Nate Lahrie, Caleb Weinstein-Zenner (pictured above on ends), Ryan Collins, and Matthew Yim, went 6-1-0 through the morning’s qualification rounds, where teams are allied repeatedly with and play against different teams. The middle school team 56E—Joe Jacobson, Joey Labrie and Madi McCarthy (pictured above, middle) went 7-0-0. The two teams allied together, along with York High School Team 5156B, for the afternoon’s elimination rounds. They competed successfully through quarterfinals, semifinals and finals so 56E and 56C were tournament champions. They have both now qualified for the state championships in February.

The Kevin Brady Spirit and Scholarship award has been presented to soccer players Mariah Deschino, Connor Thoreck and Wesley Parker, pictured with Mr. Brady. The Kevin Brady Memorial Fund was established to honor Kevin’s memory and celebrate the qualities with which Kevin approached the game of soccer and life. Kevin will be remembered for his unmistakable presence, creative sense of humor, and free spirit. The fund provides support towards a post-secondary education to one male and one female member of the graduating class at Cape Elizabeth High School who participated in the school’s soccer program.

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Jamie Higgins Award recipients

Each year, the Cape Elizabeth Soccer Club awards an 8th grade boy and girl the Jamie Higgins Award for outstanding sportsmanship. Sportsmanship has been defined as “exhibiting the qualities and character of fairness, courtesy, and good temper, especially by one participating in a sport.”

This award is voted on by both players and coaches of the U14 teams. This years recipients are Gavin Simopoulos and Nicolette Coop.

Jamie Higgins possessed an unusual number of wonderful qualities for a young boy. He was hard working, extremely coachable, even-tempered, courteous, and above all, fair to those whom he played—teammates and opponents alike.

It is because of Jamie’s outstanding sportsmanship that the CESC has established an annual sportsmanship award in his name.
Molly MacAuslan, outgoing chair of the Town Council said, “It’s been an honor to work with Mike as Council chair this year. The great turnout at the party reflected the fact that so many people who’ve worked with Mike — former Councilors, members of MMA and ICMA, and of course folks from Rotary— feel the same way. On a lighter note, folks really enjoyed the slide show presentation Wendy Derzawiec put together with photos going back four decades. It was fun to see so many familiar faces and to see the pictures of so many of Michael’s accomplishments here in Cape.”

In his remarks, McGovern told the story of when he was a student at UMaine in Orono, he was called over the intercom to the phone at the front desk. At the other end of the line was Henry Adams, who was a Town Councilor at the time. He asked if McGovern would be willing to fill in as a temporary interim Town Manager, following his successful term as an intern in the manager’s office. McGovern agreed, and as they say, the rest is history.

The range of speakers during the hour-long presentation was representative of the impact McGovern has had on the town: town councilors, town employees and department heads, members of Rotary International and the Maine Municipal Association.

For his part, McGovern said, “I was overwhelmed by the turnout and with the decision of the present and past councilors to personally donate some funds in my honor to the effort to eradicate polio.”

“One good thing about giving a couple months notice to the council is that I have enjoyed hearing from and seeing so many friends whom I have worked with on projects and on committees over the last nearly 40 years. There has not been a day that there is not a surprise visit or a call from the past.

“When I first began working here in 1978, I never dreamed that I would stay longer than a few years. It has been a good run and I look forward to the transition and to congratulating my successor and wishing that person all the best.”

McGovern has agreed to work as a consultant to the town for six months after his resignation takes effect.

“With my resignation, I’m not saying goodbye to the town. I’ll be available to them however they need me,” McGovern said.

A subscription to The Cape Courier makes a great holiday gift for that Caper who now lives away!
Please mail or email this form! Please don’t leave it at our office if no one is there.

BUSINESSES/SERVICES

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WANTED! Also buying paintings & prints
G.L. Smith Books & Collectibles
97 Ocean St., South Portland; 799-7060.

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To declutter, organize and downsize, call Leslie at 272-6027 for a free evaluation. Get ready for the holidays! www.SanctuaryHomeOrganizing.com

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Fine woodworking, general carpentry and repairs. Call Dave at 974-0178.

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With Swartz Enterprises curbside trash removal services starting at $10/week, other discounts apply. CLYNK returnables collected.
Contact Tim Swartz, 809-9735. See our display ad in this issue. www.swartzenterprises.net
Email: tim@swartzenterprises.net

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CAPE LAWN MOWING & SNOWPLOWING - 767-8176.

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Professional painting, kitchen/bath remodeling, handyman services, fully insured. Excellent refs. 216-3131/freshstartpaintservice@yahoo.com

CANINE CARE
Walks, feeding, check-ins and play. Ask about an overnight stay. Local references available. Accepting new applications.
Nylah at 210-5774
Email: nylah74@gmail.com

MUSIC LESSONS
Flute lessons: For beginners and intermediates of all ages. Call Kris: 767-3712.

SEEKING
WANTED: WINTER GARAGE.
Looking for a garage for a VW bug car for the winter. Preferably in Cape Elizabeth. Please call 767-7477.

HOUSE SITTER AVAILABLE JANUARY 1st. Experienced, references, water plants. David Cohen: 671-9239

HELP WANTED
LOOKING FOR YOUR YOUTH.
The Good Table is looking for dishwashers and bussers. After school hours. Please call Kaylin or Jessica or stop by.
799-4663

HELP WANTED
PART-TIME AD MANAGER.
The Cape Courier is hiring! Are you an organized and outgoing individual with good computer skills? We are looking for upbeat personality to organize our advertising chain and help maintain community relationships. Please email info@capecourier.com

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Hannah Newhall sets sail across Atlantic

Hannah Newhall, a member of the Class of 2018 at Colby College, recently embarked upon the 134-foot brigantine SSV Corwith Cramer, with other upper-level science students, to sail across the Atlantic Ocean. Their goal is to investigate one of the foremost scientific challenges of their generation: global climate change.

Through SEA Semester: Oceans & Climate, a study-abroad program offered by Sea Education Association (SEA), these students will examine firsthand the ocean’s role in the global carbon cycle and climate dynamics and apply their knowledge to pressing public policy questions.

The students began the program in September at Woods Hole for six weeks of intensive scientific and policy coursework. In November, they met the SSV Corwith Cramer in the Canary Islands before embarking on a six-week transatlantic voyage to St. Croix in the Caribbean. The students will become working members of the ship’s crew and use advanced oceanographic instruments to research diverse marine ecosystems in the Atlantic Ocean. They will implement their experimental design, analyze their collected data, and present their scientific findings in peer-reviewed poster sessions at the end of the program.

Newhall, a biology major with a concentration on ecology and evolution, is the daughter of Sally and Thomas Newhall of Cape Elizabeth and attended Cape Elizabeth High School.