

The Cape Courier

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Mar. 29 - April 11, 2017

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Frigid surf is up



Photo by Martha Agan

Spring weather in Maine is unpredictable, and can be quite different from one end of the state to the other. Madawaska, in northern Aroostook County, is regularly 20°F colder than Cape Elizabeth, and spring storms do not bring views like this one, looking out toward Two Lights.

Gun club's license temporarily extended while ordinance undergoes revisions

By Bob Dodd

The Spurwink Rod and Gun Club has been granted a 90-day extension on its license to operate.

The extension will enable the Town Council to provide a review of the club's license renewal under the town's new firing range ordinance adopted in 2014 and currently undergoing language revisions.

The action was taken at the March 13 meeting of the council.

The club's one-year license to operate granted in 2015 had inadvertently expired last October. Council Chair Jamie Garvin noted that the fault for the lapse probably lay more with the town than the club.

Town Manager Matt Sturgis proposed temporarily extending the license until mid-June to allow the council's ordinance committee time to complete revisions to the town's new firing range regulations.

He added that the club appears to be operating within state and local laws, and that no complaints had been received by the Code Office or the town police. He also noted the club had provided evidence of sufficient liability insurance coverage.

"All in all, it seems like the intensity of the interest that had been generated over the past couple of years," said Sturgis, "at this point has subsided some due to the presence of the ordinance and the changes that have been made at the club."

Councilor Caitlin Jordan wondered if the 90-day extension provided enough for the town to complete its revisions. Several councilors said they did not see a problem as the license could be extended again if needed.

The vote to extend the license for 90 days

was unanimous.

The council referred for Planning Board review two business requests for town zoning changes. In both cases, the final decision on the proposed changes will be made by the Town Council after the board's review and recommendations.

Councilors noted that the opportunity for public input will be provided at both levels of review for the two requests.

The owners of the cell tower located on the hill overlooking Jordan's Farm, near the intersection of Spurwink Ave. and Wells Road, requested a change in the town's Tower Overlay District. The change would make it possible for the tower to be moved south by about 240 feet onto the adjacent Jordan's Farm property.

Councilor Penny Jordan, an owner of the Jordan's Farm property, recused herself from the discussion and vote on the request.

Adam Barsotti, representing the tower's owner, Global Signal Acquisitions/Crown Castle, explained that the request was made in the event negotiations fall through with the property owners who lease out the land that the tower currently sits on.

Barsotti said the current lease runs out in early 2019, and that negotiations for a long-term lease renewal are at an impasse.

The Jordan family has agreed to lease part of its property that is not farmed for the relocation of the tower.

The plan as described by Barsotti would involve no interruption of service, as the proposed new slimmer cell tower would be constructed and operational before the old tower is dismantled. The cell tower is used both by commercial cell phone pro-

-see COUNCIL page 3

Destination vacation

There are plans in the works to make Cape Elizabeth more of a tourist destination than it already is.

"I was very disappointed to see that Cape didn't make the list of the Top 10 tourist destinations in New England," referring to an annual list published recently in a national tourism magazine, explained Brian Parker, head of the Advisory Commission of Tourism, one of the town's admittedly under-utilized boards. "Being 23rd on the list just isn't good enough."

Parker has submitted a proposal to expand the authority and responsibilities of the Tourism Commission to form a true Department of Tourism for the town, with the mission being to put Cape Elizabeth on the map, so to speak, so that people from other states will see our quaint, peaceful town as a destination for vacation.

"We are lucky enough to experience the uniqueness of this lovely seaside town on a

daily basis" Parker went on, "Why shouldn't we make a little money off of it?"

Building on the premise, "if we build it, they will come", Parker went on to describe his vision for making Cape Elizabeth a more desirable destination. Drawing on his experience as a tour guide at a variety of theme parks in Florida during his college days, Parker immediately dismissed any thoughts of bringing in artificial attractions, instead focusing on the natural beauty and activities already available, expanding them to allow others to enjoy what's already here.

Given the importance of a well-managed plan, the Tourism Department intends to be intricately involved with every phase of the project, both in the planning phases and the management of all the components.

"The first thing we have to consider is where will we put these visitors to ensure

-see VACATION on page 8

My Cape Elizabeth: William Holt, MD Maxwell Point Vineyard

By Marta Girouard



Contributed Photo

Dr. William Holt in his vineyard, a venture he began in his own backyard. Production has grown to 45 cases of wine.

In the early to mid 1990s, someone told Dr. William Holt that good quality wine grapes cannot be grown in Maine. "I have always enjoying gardening and growing things outside and I took that as a challenge," Holt said.

Fast forward 20 years and Holt is now producing around 45 cases of wine. He does everything himself, from growing and harvesting the grapes to bottling the wine.

Holt started growing grapes in his backyard for a couple of years and worked with standard varieties, but they did not thrive, so he started looking around for more cold hardy varieties.

Cornell University and University of Minnesota have active programs dedicated to creating these types of grapes and Holt

-see WINE page 13

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The Cape Courier

P.O. Box 6242
Cape Elizabeth Maine 04107
207-838-2180
www.capecourier.com

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The mission of The Cape Courier is to foster a sense of community by presenting news specific and unique to Cape Elizabeth and its residents, and, whenever possible, to promote volunteerism within our community.

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Letters may not exceed 250 words. We reserve the right to refuse letters and to edit for length, accuracy, clarity and civility. We do not withhold names and writers may be limited to one letter per month. Petition-style letters will be declined. Letters reflect the opinion of the author, not The Cape Courier. Email letters to: editor@capecourier.com or mail to P.O. Box 6242, Cape Elizabeth, ME 04107. Please note: Letters will be acknowledged by email.

NEXT ISSUE: April 12
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Lobstah Stew Suppah was a winnah

The Cape Farm Alliance is very grateful to all who joined us (close to 200) for our annual Lobster Stew Supper March 5th, at the beautiful Purpoodock Country Club.

The lobster for our awesome stew was donated by local fishermen Thomas Werner, Stu Jones, Ben Perry, Frank Strout, Brandon and Shawn Rideout, and Jodie and Tucker Jordan; Luke Holden helped us out with additional lobster at a generous discount.

The Good Table made amazing biscuits, and many Cape cooks baked delicious pies. Raffle items were provided by Summer House, Nina's Zumba Studio, Horse Island Camp on Peaks Island, The Farm Stand, and Trapped In Maine.

There were too many volunteers to list (and we are so appreciative of you all!), but

we must thank Kelly Strout and Bill Bamford for stirring up an outstanding stew, Harris Farm in Dayton for the milk and cream, and Legion Square Market for its donation.

This was a true "community supper" in every sense of the word. Our goal was to bring people together to enjoy the bounty of Maine's ocean and farms, and the funds raised help us to continue to create visibility for our farms and fisherman, and to connect with our schools.

We look forward to sharing with you all at our next event, our annual Strawberry Fest, June 23 & 24.

**The Cape Farm Alliance
Nick Tammaro, President**



Lobster Stew Dinner volunteer servers- From left to right, Joy Bamford, MaryEllen Chadd and Angela Volger

BOARD MEMBER POSITIONS OPEN

The Cape Courier Board will be holding sessions in the coming week to meet with candidates for two open board seats. Applicants must be a resident of Cape Elizabeth, but otherwise anyone over the age of 18 may apply who has an interest in our dual-missions of journalism and community volunteerism. Regularly scheduled meetings are held quarterly.

Be in touch and help shape the future of The Cape Courier!

E-mail:

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Subject line: Board

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Ann & Tom Waecker

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Photo by Ted Jordan

Students from CEHS's AP Government class are on a trip to Washington, D.C. this week. Here the students wait in line to listen to arguments at the U.S. Supreme Court, in the case of County of Los Angeles v. Mendez. The students and the chaperones also planned to visit the Holocaust Museum, a U.S. Senate committee hearing, get tours of the Capitol, and maybe even meet with Sen. Angus King.

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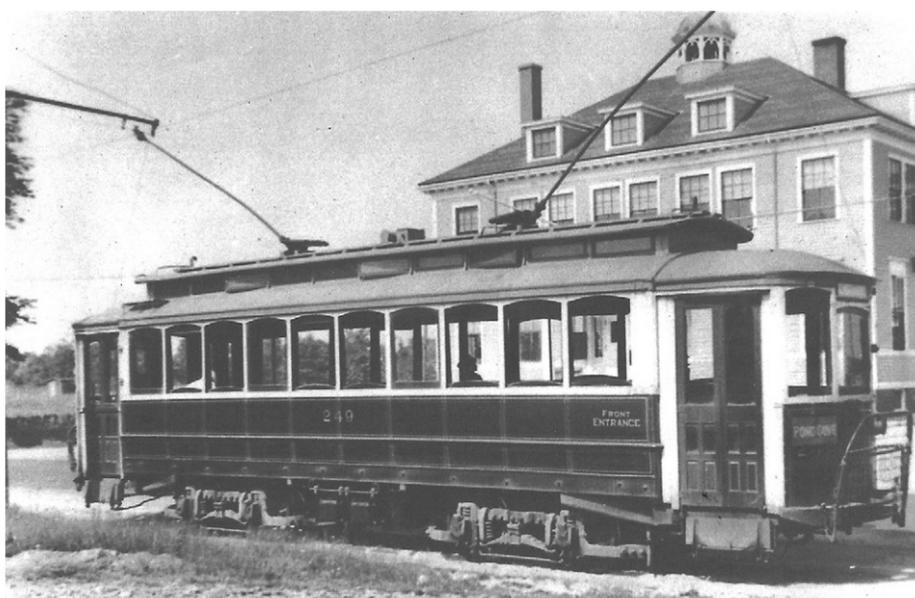
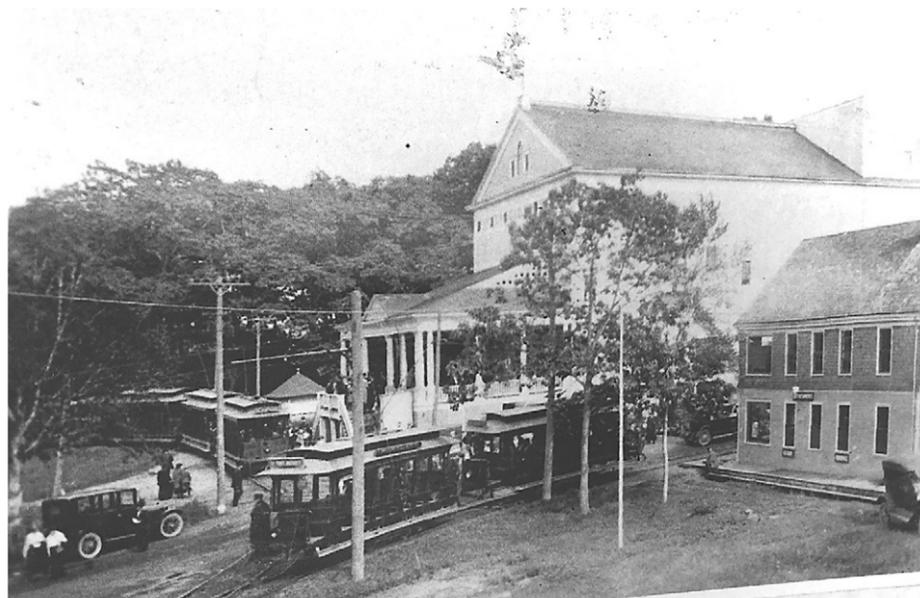
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Then and Now: Cape Elizabeth trolleys

By Marta Girouard



Photos courtesy of the Cape Elizabeth Historical Preservation Society

In this issue, the Courier takes a look into the past at the Cape Elizabeth trolleys.

The Cape Elizabeth Shore Railroad Company was established in 1889, but it wasn't until 1898 that service was extended to the Cape Cottage section of Cape Elizabeth.

Track routing was heavily influenced by the advent of trolley parks, beautiful facilities where patrons could travel and enjoy food and entertainment. One of these was located at the brand new Cape Cottage Casino/Cape Cottage Theatre in Cape Elizabeth. In 1909, a second trolley route was built, which ended at Town Hall. The trolleys never traveled beyond Fort Williams or Town Hall.

The photo on the left is from between 1910 and 1920 and depicts trolleys around Armstrong's Store (featured in a previous Then and Now) and the Cape Cottage Theatre on Shore Road. The photo on the right shows a trolley in front of Town Hall from between the late 1920s to early 1930s. With the gradual rise in use of automobiles, trucks, and buses, trolley ridership decreased. By 1940, the Greater Portland electric railway network was history.

The following account is from former Cape Elizabeth resident Norris "Deacon" Adams. "Deac" Adams and Edward "Doc" Hill are the "boys" referred to in the recollection. Both lived in the area now known as Cape Elizabeth's town center: "Regarding the trolley, sometimes, the local boys would hitch a ride into town by pulling on the trolley arm that connected the trolley to the electric cable in order to break the flow of current which would cause the trolley to stop. While the conductor was trying to re-connect the trolley arm, the boys would use the distraction to try to sneak onto the trolley for a ride to town. Sometimes they would be able to climb onto the 'cow catcher' in the back of the trolley, where the conductor had a difficult time seeing them."

Council

Continued from page 1

viders and by the town's public safety departments.

The second zoning change request was made by Anything Goes owner, Bradley Pearson.

Anything Goes, was originally a Cape Elizabeth property management business founded by his parents, Carl and Angela Pearson. For the past two years, the business has operated out of South Portland.

The request involves rezoning the Pearson property at 27 Fowler Road to be included in the Town Center zone, allowing Anything Goes to move back to the site.

Some councilors expressed concern that the property, located adjacent to the L.P. Murray and Sons gravel pit, could be problematic. Councilor Jessica Sullivan noted that the L.P. Murray site has been a source of neighbor complaints regarding truck traffic in the past.

Pearson explained that Anything Goes currently operates about 8-10 small pick-up trucks that go off to work sites in the morning and usually do not return until the end of the day. He said that the property at 27 Fowler allows parking for employees and overnight for the company's trucks that cannot be seen from the road.

Mark your calendars for Fort Williams events

At its February meeting, the council ap-

proved the following dates for upcoming events at Fort Williams Park:

*Cape Elizabeth Little League, March to July (athletic field usage)

*CEHS Class of 2017, June 7 to June 9, and June 11 (commencement exercises)

*Family Fun Day, June 17 (rain date June 18)

*Making Strides Against Breast Cancer 5K Walk, Oct. 15

The Council also voted at its February meeting to extend the moratorium on the sale of marijuana for non-medical uses an additional 180 days, effective March 12.

The vote follows the narrow passage of a statewide referendum in November legalizing the retail sale of the drug for recreational use. Cape voters narrowly supported the referendum by 3,327 to 3,166.

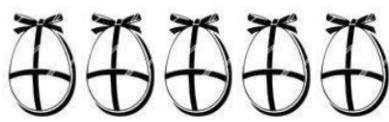
The resulting state legislation authorizes towns to regulate marijuana businesses or to prohibit them. The extended moratorium gives town officials and residents a chance to better understand the new law and its potential impact.

CEHPS presents "Antiques Roadshow"

The Cape Elizabeth Historical Preservation Society presents Cape Elizabeth's own "Antiques Roadshow" on Monday, April 3, at 7 p.m. in the Community Center at 345 Ocean House Road.

Bring your family treasures (three items max) for insight and evaluation by Jack Boyce, CEHPS Vice President and antiques expert.

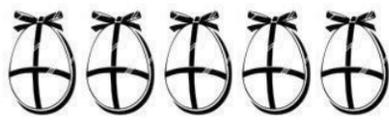
A freewill donation of \$5.00 is suggested. Please join Cape Elizabeth friends and neighbors for this popular and enjoyable program. All programs are free and open to the public. Also, save the date for the Annual Meeting and Pot Luck Supper on Monday, May 1 at St. Alban's Church.



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Kindred Living at Village Crossings Receives 'Deficiency Free' Report in Annual Survey



The staff at Kindred Living at Village Crossings, where they just earned a "deficiency free" report on its 2017 survey by the Maine Department of Health, its fourth such top-rated survey in the past decade of bi-annual surveys. The survey evaluates assisted living facilities on areas such as safety, resident rights, food service and administration.

Kindred Living at Village Crossings recently received a "deficiency free" report on its 2017 survey by the Maine Department of Health, its fourth such top-rated survey in the past decade of bi-annual surveys.

"Achieving a deficiency-free survey is an outstanding accomplishment by our staff, and a testament to their compassion and hard work on behalf of our residents," said Karen Swasey, Executive Director of Kindred Living at Village Crossings. "We are very proud that Village Crossings has once again achieved a deficiency-free report and are thankful that we continue to exceed expectations in the care and quality service we provide."

A press release from Kindred Living states that the survey evaluates assisted living facilities on areas such as safety, resident rights, food service and administration. Each state conducts these unan-

nounced, onsite inspections to determine whether its assisted living communities meet the minimum quality and performance standards, with "deficiency-free" being the best result possible. The state of Maine typically deploys a surveyor to conduct the evaluations of each community every other year.

In addition to attaining deficiency-free surveys in 2007, 2011, 2013 and 2017, Kindred Living at Village Crossing earned the American Health Care Association (AHCA)/National Center for Assisted Living (NCAL) Silver – Achievement in Quality Award in 2016 and the Maine Health Care Association's (MHCA) 2016 Celebrating Excellence in Quality Award.

For additional information about its deficiency-free survey, contact Karen Swasey, Executive Director, at 207.799.7332.

Ed Carbone to speak at Purpoodock Club

Purpoodock Club is pleased to announce Ed Carbone as its Spring 2017 speaker. His talk, titled "Hosting a Major Golf Championship – The Things My Mother Never Told Me," will be held at Purpoodock Club on Thursday, April 6 at 6 p.m.

Carbone currently serves as the Executive Director for the US Senior Open, which will be held at Salem Country Club in June. He previously served as the Executive Director for the World Golf Championships at the Doral Resort and Spa. Carbone received his BA from the University of Massachusetts (Amherst) and later earned his MBA at the University of Texas. He has worked in the golf industry for more than twenty years, and is a former Executive Director of the New England PGA and the South Florida Golf Foundation.

Purpoodock Club looks forward to kicking off the golf season with what they anticipate will be a lively and entertaining event. The lecture is open to club members and to the public at no charge. Cocktails and dinner will also be available for purchase. Buffet dinner seatings will take place at 5 p.m. and 7 p.m.

Reservations for the lecture and for the dinner are required. To reserve seats, please call Purpoodock Club at (207) 799-2273.



Contributed photo

Ed Carbone's presentation titled "Hosting a Major Golf Championship – The Things My Mother Never Told Me," will be held at Purpoodock Club on Thursday, April 6 at 6 p.m.

Help your pet deal with fear

As part of their ongoing lecture series, the Veterinary and Rehabilitation Center of Cape Elizabeth is hosting a talk focusing on taking the fear out of stressful situations in your pet's life on Thursday, March 30, 6:30 p.m. to 7:30 p.m. at 207 Ocean House Road, Cape Elizabeth.

Led by Nancy Freedman-Smith and Dr. Ginger Browne Johnson, the talk will focus on Fear-Free tips and training tools to help ease stressful situations for cats and dogs. Great for anyone who is interested in adopting a new pet, works with rescue groups, has a dog or cat that is fearful of vet visits or travel, or wants to generally make life easier for their pet.

Free and open to the public, this lecture series is intended to help build the bonds of understanding between humans and animals.

Request an absentee ballot for June 13 election

Applications for absentee ballots for the June 13, 2017 state referendum, Portland Water District trustee election, and school budget validation are now available.

You may download, fill out and print a paper application and return it to town hall, or request a ballot online.

Absentee balloting is expected to begin Tuesday, May 16 - after the Town Council approves the 2017-18 school budget.

As of March 20, two South Portland residents have taken out nominating papers for the Portland Water Trustee seat representing South Portland and Cape Elizabeth. They are:

- Matthew D. Beck
9 Stone Drive South Portland
- Seth E. Lockman
66 Brigham Street South Portland

If you have any questions, contact Town Clerk Debra Lane, 207-799-7665.

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Tax files hacked, fraudulent IRS filing, burglary report, misuse of 911 system

Reported by Debbie Butterworth

COMPLAINTS

- 2-27 An officer responded to a residence in the Shore Road area for a well-being check.
- 2-28 An officer met with a resident of the Fowler Road area who reported that when he opened his computer he received a message from Microsoft that his computer had been hacked. Upon checking, he found that his tax files were gone.
- 3-3 Two officers responded to a residence in the Ocean House Road area for report of a violation of a protection order.
- 3-4 An officer met with a resident of the Shore Acres area who reported that he had had a telephone conversation with a man with an Indian accent who claimed to work for a computer company who had been hired to monitor security threats and clean the victim's computer. He also said the victim was due a refund. The subject was allowed to take control of the victim's computer and it appeared that he was making a direct deposit to the victim's account, he then stated he had made a mistake and wanted the victim to wire the surplus back to him. At this time, a scam was suspected and connections were terminated.
- 3-4 An officer responded to the Scott Dyer Road area for a reported abandoned bicycle. Owner was identified and property returned.
- 3-4 An officer met with a subject in the area of Shore and Julie Ann Lane for a report of a hit and run accident.
- 3-5 An officer met with a resident of the Ocean House Road area who had received letter from the Internal Revenue Service reporting that a fraudulent tax return had been filed in his name and he would have to submit his return in paper form.
- 3-5 An officer met with a resident of the Old Ocean House Road area for a residential burglary report.
- 3-9 An officer responded to a residence in the Fowler Road area regarding a harassment complaint.

3-10 An officer met with a resident in the Old Ocean House Road area regarding a criminal threatening complaint.

ACCIDENTS

- 3-2 Jessica Proctor, Barbara Smith, accident on Hampton Road
- 3-4 Melissa Skinner, unknown second driver, accident on Julie Ann Lane
- 3-13 David Hare, Richard Gray, accident on Scott Dyer Road

SUMMONSES

- 3-4 Portland resident, speeding (44/30 zone, Sawyer Road, \$137
- 3-4 South Portland resident, operating with expired license, Shore Road, \$137
- 3-5 Windham resident, criminal trespass, unauthorized use of property, violating conditions of release, Sawyer Road
- 3-6 Portland resident, operating after license suspension, Route 77
- 3-9 Cape Elizabeth resident, misuse of 911 system,

ARRESTS

- 3-5 Windham resident, criminal trespass, unauthorized use of property, violating conditions of release, Sawyer Road
- 3-6 Portland resident, operating after license suspension, Route 77

FIRE CALLS

- 3-1 Portland Mutual Aid
- 3-3 Stonybrook Road, fire alarm
- 3-4 McKenney Point Road, fire alarm
- 3-7 South Portland Mutual Aid
- 3-8 South Portland Mutual Aid
- 3-10 Woodcrest Road, carbon monoxide alarm
- 3-11 Orchard Road, furnace problem
- 3-11 Ocean House Road, water problem

RESCUE CALLS

There were 18 runs to Maine Medical Center. There were 5 patients treated by rescue personnel but not transported.

TD Beach to Beacon organizers address registration issues

Following review and discussion of the issues with registration, organizers of the TD Beach to Beacon 10K announced that all runners who entered the lottery by 7:30 a.m. on Friday (March 10) will be granted confirmed entry into the 2017 race.

This group will be determined using the official timestamp on their lottery registration submission. For the remaining individuals who are entered in the lottery, the

lottery on March 21 will be conducted in the same manner as in previous years. Organizers state those individuals will retain good odds for getting into the 2017 race.

This decision followed the race organizers' announcement on Friday, March 10 that the Lottery Processing Fee would be refunded to all who entered the lottery before noon on March 10.



Contributed photo

Steve Lyons sharing the story of Marine Sgt Kevin B. Balduf, whose stone he carried on an honor hike. Lyons was part of a group that carried the stones on a six mile round-trip walk on the Shore Road path from the library to Fort Williams Park. See the related story on page 10.



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Four Alpine skiers from Cape Elizabeth qualified for the U14 Alpine Eastern Championships this year. Out of 2000 skiers in the East, in this age group, only 14 skiers qualified from Maine, four from Cape Elizabeth. Pictured left to right: Cody LaBonty, Adeline McGrath, Tiernan Lathrop, Ian Geikie



The Cape Elizabeth Middle School girls' ski team recently placed second at the state championships.

Middle schoolers take home plaque at Francis Piche Invitational Championships



Photo by Tom Knobloch

From left to right, Anya Monson (6th Grade, 2nd Year U12), Logan Schwartz (5th Grade, 1st Year U12), Keegan Lathrop (5th Grade, 1st Year U12) and Sam Black (6th Grade, 2nd Year U12)

Four Cape Elizabeth Middle School student-athletes' hard work, day and night long training hours, great runs and qualifying finishes through the 2016-2017 USSA alpine race season earned themselves a spot on the Maine Team (MARA) at the 2017 Francis Piche Invitational Championships at Gunstock Mountain Resort in Gilford, New Hampshire. On the weekend of March 18th, these racers represented their seasonal

race teams of Sunday River/Gould Academy, Sugarloaf/Carrabassett Valley Academy and Shawnee Peak Race Team.

The weekend started out cold with firm snow, but turned in to two, bluebird days of racing for both the Giant Slalom and Slalom events. Out of 11 states racing, Team Maine took home the 2nd place plaque in the championships.

CEHS Alpine Ski team competes at states



Contributed photos

From left to right front row are Devon Lathrop, Class A giant slalom (gs) winner, runner up in slalom (sl), Killian Lathrop 10th in gs, 7th in sl, Caroline Paclat, 4th in gs, and Jon Elias Fiutak, 14th in slalom. In the back row is coach Jeff Davis.

This ski season, the Cape Elizabeth High School ski team had a second place finish at the Class A state championships at Mt. Abrams.

They competed against over 100 male and 100 female racers from twenty-six Class A schools.

Based on their top 15 finishes at states, these four athletes qualified and competed at Shoot Outs at Black

Mountain in Rumford.

This qualifier determined the top 12 boys and top 12 girls in the state to comprise the Maine State Team to compete at Eastern High School Championships at Attitash Mountain in New Hampshire.

Devon Lathrop qualified for the Maine team and competed for Team Maine.

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CEHS Hockey players honored at banquet



Four CEHS hockey players were honored recently as All Conference selections at the Maine Class B South Hockey Banquet. Pictured above from left to right: Junion Peter Haber Junior Alex Glidden, and Sophomore Phillip Tarling. Not pictured is Senior Ben Ekedahl, who also won the Class B South Defensemen of the Year Award.

In addition, three Seniors were invited to play in the Class B Senior All Star Game. Pictured below are 2017 Senior All Stars Peyton Weatherbie and Jeb Boeschstein. Missing is Ben Ekedahl.



CEHS boys basketball celebrate season



David Hare, Finn Bowe, Quinn Hewitt, Coach Jim Ray, Marshall Peterson and Andrew Hartel.

The Cape Elizabeth High School basketball awards banquet took place on March 15.

Junior Captain Finn Bowe received the Most Valuable Player Award, Junior David Hare received the Coaches Award, Senior Captain Quinn Hewitt received the Kevin Brady Award, Sophomore Varsity player Andrew Hartel received the Most Improved Player Award, and Senior captains Marshall Peterson and Quinn Hewitt received the Jim Spaulding Scholarship Award.

Quinn Hewitt and Finn Bowe made

the Western Maine Conference second team and Senior Nat Spicer made the all-academic Western Maine Conference team.

The newly created Bill Hogan Contributor Award went to community member Creed Ray for his years of dedication to Cape Elizabeth boys basketball from announcing at home game to driving the team bus.

The Boosters wish thank their many super-fans in Cape Elizabeth for enthusiastically supporting the teams this year at home and away games.



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Vacation

Continued from page 1

they (and their dollars) will stay right in town and not cross the bridge to spend money in neighboring areas?" he wondered. "We definitely do not want to be known as a 'drive-through' vacation spot!"

Phase one of the comprehensive plan will include plans for one or two hotels. "We were very specific about town zoning requirements and physical structure covenants in keeping with the Village Center concept developed by the town several years ago when we solicited bids from developers" explained Parker. "The end result was a variety of very interesting, creatively themed proposals."

The most important consideration by far is environmentally focused. "We will protect our fragile seaside ecology and scenic views to the best of our ability" confirmed committee member Ed Johnson, who brings expertise in this area from his experiences with the National Park Service. "We will do our best to be respectful of local residents' needs, all the while keeping a balance between happy neighbors and increased revenue in both the private and public sectors. The town may also seek National Park designations that would expand our abilities to bring in additional venues and possibly lift some of the confining restrictions in the future if the need arises."

The committee was also impressed by the proposals submitted by potential restaurateurs. "Our criteria definitely discourages chains of any kind, and encourages inclusion of locally sourced food, especially from local agricultural farms as well as local seafood. "If the local guys can't supply the quantities needed at the low prices we need to turn a profit, we will have to go with national distributors, but I hope that doesn't

become a necessity," explained Sara Allan, another member of the commission. "We actually have a fair number of well-known chefs living right in town" she went on to say, "so with that kind of local talent, why should residents and tourists alike go into Portland to enjoy fine dining? We can have it right here!"

Locations for the new hospitality venues have yet to be determined but officials are coming to the end of their extensive surveying and site explorations. "We were kind of surprised to see how much undeveloped land there is here in Cape" remarked Parker. "This place is a treasure trove for just the right establishments."

Once visitors are enticed to visit because of the comfortable lodging and dining opportunities, as advertised through multiple social media outlets as well as printed publications, the next phase will be to develop family-friendly activities so that the visitors can have a true Maine experience.

For the time being, plans will focus on summer attractions, but long-range plans include winter time fun as well, including expansion of cross country/snowshoeing trails, and the development of Great Pond for pay-as-you-play skating and hockey. "Some of this stuff we just take for granted," said Allen. "But think of the families from away who would love to spend time sledding at Fort Williams, skating at Great Pond... a real Maine winter experience!"

The commission's list of possible enhanced summer activity spots is exhaustive. "My mind is just racing with all the possibilities!" exclaimed Parker. "My wife has to continually rein me in and remind me that we have to respect and maintain status quo (for the most part) for local residents who



The committee is also recommending the creation of a Visitors Center, providing a centralized location for visitors to pick up printed information, coordinate tours, and get directions.

moved here for just the quality of life aspects that we want to share with the world!"

Preliminary plans do include local commercial outfitters to offer guided kayak and paddleboard experiences on both river and ocean locales, parking passes and free admissions at Kettle Cove and Crescent Beach and the availability of bike rentals. Referring to data from previous seasons, the committee has determined how many of the beach passes to distribute so as to minimize the impact on resident beach-goers. Of course, it will mean more people and kids at the beaches, and residents might have to seek alternative parking, but in the end, it will help make Cape Elizabeth a premiere vacation spot.

The committee is also recommending the creation of a Visitors Center, providing a centralized location for visitors to pick up printed information, coordinate tours, and get directions. "Another perfect opportunity," remarked Parker. "We have several vacant spaces right near the town center, on a major road, with ample parking that we might be able to tap into to provide these services to visitors."

Funding and expected revenues obviously have to be a big part of the equation. The committee has incurred expenses for the surveys and site explorations, but were able to have those costs underwritten by a corporation out of Chicago, who coincidentally has submitted bids for some of the hospitality venues. "When we can be designated as an official town Department, we will be eligible for taxpayer funding as well as tax-free status" explained Allen, "but until that time, we will continue to accept donations from interested parties. Eventually, of course, we expect revenues from the trolley, venue fees, and the gift shops to more than offset the costs, resulting in a financial windfall for the town."

The committee is actively seeking input from interested residents, as well as accepting applications for prospective committee members. To that end, residents are cordially invited to an informational meeting at Town Hall on April 1 at 7 PM. Unless, of course, you recognize the significance of the date.....

By Debbie Butterworth





Easter Brunch *by the sea*

On Sunday, April 16, enjoy a sumptuous brunch complete with spectacular ocean views.

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Scouting Quebec...



Photo by Christine Mackenzie

Girl Scout Troop 2222 holds the Courier on a recent senior girls' trip to Quebec, where they stopped at the Hotel de Glace, a hotel made of ice outside Quebec City. This group has been active in scouting since kindergarten, and are graduating this year from Cape Elizabeth High School.

...and reading in Venice



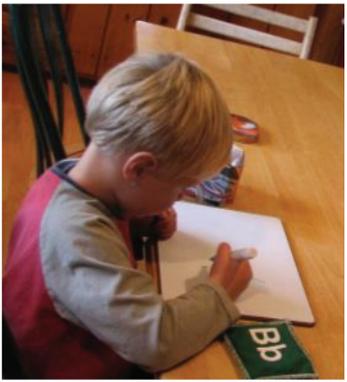
Cape Elizabeth resident Jeff Badger holds the Courier on a recent trip to Venice, Italy, where he taught a Study Abroad course on Italian Renaissance Art & Architecture. Badger serves as the Fine Arts Department Co-Chair and Director of the Global Studies Center at Southern Maine Community College.

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Stones from the Honor Case make trek around Cape Elizabeth in brutal cold



Contributed photo

The Honor Hikers carried stones from an Honor Case, to give tribute to fallen soldiers. The wind was intensely cold, and the hike took two-and-a-half hours.

Nine Cape Elizabeth residents, and two The Summit Project supporters from other towns, braved a -9°F wind chill on Saturday, March 11 to hike with stones from the Honor Case that has been on display at Thomas Memorial Library.

The group carried the stones on the six mile round trip walk on the Shore Road path from the library to Fort Williams.

They intended to have a sharing circle at the gazebo telling the stories of the fallen soldiers whose stones they carried, but due to the icy wind, they gathered underneath the gazebo instead.

The hike took two and a half hours, and the group returned to hot beverages, cookies, and fresh fruit at the library.

Cyrus Wolfinger, commissioned in U.S. Navy, sworn in by Connor McAleney; childhood friends are military officers



Contributed photo

Cyrus Wolfinger, CEHS Class of 2011 graduate and son of Cape Elizabeth residents Kirk and Lisa Wolfinger graduated from Naval Officer Candidate School in Newport Rhode Island on March 10th. OCS is a rigorous physical and academic training course lasting three months. Upon graduation Wolfinger was commissioned as an Ensign in the US Navy. Following temporary duty assignment at the recruiting station in Scarborough, Maine, Wolfinger will begin flight training in Pensacola, Florida as a Naval Aviation Cadet.

Connor McAleney, also CEHS Class of 2011 graduate and a 2nd Lt. in the US Army, administered the oath commissioning Cyrus Wolfinger as a US Naval Ensign. Wolfinger and McAleney have been friends since first grade.



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'I am not a weasel,' said the mink



Photo by Sarah Choi

This mink was spotted in the Spurwink River near Starboard Drive. After posing for a moment, it dove into the water and swam away. The American mink is a carnivore which feeds on rodents, fish, crustaceans, frogs, and birds.



Photo by Martha Agan

Atlantic brant are a member of the goose family. Brant typically weighing 3 lbs. or less, much smaller than their close cousins the Canada goose



Photo by Martha Agan

There were Cape residents walking around in January complaining that there was not enough snow. Problem solved.

Friberg inducted into Roll of Honor



Photo by John Holdridge

CEHS senior Anna Friberg was recently inducted into the Young Maine Volunteer Roll of Honor by the Main Commission for Community Service. The Roll of Honor recognizes Maine youth for serving their community through volunteerism. Young Volunteers must have at least 50 documented volunteer hours in the year. Anna served her volunteer hours with the CEHS Mentor Program, Make it Happen, and at Village Crossing.

Anna received an honor roll certificate and three tickets to the Red Claws game on Sunday March 26th where she and other inductees will receive medals and be publicly recognized.

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# SCOTUS, children's book discussion, talks on terrorism on tap at Thomas Memorial Library

## Learn about Civil Liberties and the Supreme Court

The Warren Court did much to expand the power of the 14th Amendment and of the national government in the areas of civil rights, voting/districting, and rights of those accused of or convicted of crimes. Professor Jim Melcher will discuss how the impact from this court era is still with us today in a free talk on Thursday, March 30 at 6:30 p.m. in the library's Community Room.

## Parent-Child Book Discussion Explores the Book "Wonder"

A movie based on the best-selling book "Wonder," by R.J. Palacio, about a boy with a serious facial condition, is coming out on April 7. The library is partnering with the nonprofit organization Facing Maine to host a parent-child book discussion on Saturday, April 1 from 11:30 a.m. to 12:30 p.m. Facing Maine connects, supports, builds awareness, and advocates for individuals, children, and families

affected by cleft and craniofacial conditions living in Maine. The event will include a discussion led by members of Facing Maine, as well as a pizza party. The event is for parents and children ages 8 to 12 years old. If you and your child are interested in participating, please register on the library's website. Copies of the book will be made available to participants either through the library's own collection or through interlibrary loan.

## Series of Screenings of Lincoln Center Performances Continues with Sweeney Todd

The library's new partnership with Lincoln Center Local brings exclusive free screenings of Lincoln Center's finest performances directly to audiences in local communities. The library monthly screenings continue in April with a screening of Sweeney Todd: The Demon Barber of Fleet Street, which was performed at Avery Fisher Hall on March 5, 2014. Murder, mayhem, and the ultimate revenge... Stephen Sondheim's musical masterpiece returns to life in a bold new performance by The New York Philharmonic, starring Bryn Terfel and Emma Thompson. (Note: This program contains language or scenes that some may find objectionable. Viewer discretion is advised.) The screening will take place in the library's Community Room on Saturday, April 1 from 2 p.m. to 4 p.m. Popcorn and beverages will be provided.

## Learn about the Endangered New England Cottontail Rabbit

In the mid-1900s the New England cottontail rabbit was common in Maine. They could be found in nine Maine counties, a regular

sight feeding along field edges or hopping among the shrubs of abandoned agricultural lands. Now our state's only native rabbit is endangered and can only be found in pockets of two counties: Cumberland and York. What happened to the rabbits? What is being done to help them? And what can you do to help? In the April entry in the library's Maine Wildlife Lecture Series, join wildlife biologist Andrew Johnson to learn about Maine's disappearing rabbit and the work being done in our local communities and across New England to recover the species. The talk will take place on Thursday, April 6 at 6:30 p.m.

## Two Talks on Terrorism Explore Global Threats and Local Issues

On Saturday, April 8 at 2 p.m., **Professor Michael Kamorski from Husson University will discuss global and domestic terrorist threats, and the challenges faced in preventing and countering future attacks.** Professor Kamorski is a retired US Air Force Lieutenant Colonel with 24 years of active duty service, including a combat tour in Afghanistan as the lead investigator for the 82nd Airborne Inspector General, and 4 years at the Pentagon where his duties included working as the Chief of Counter Weapons of Mass Destruction, and preparing Congressional testimony for the US Air Force Director of Operations. He has served on faculty at the US Air Force Academy, the University of Virginia, Liberty University, James Madison University, and Piedmont Virginia Community College.

The following week, on Saturday, April 15 at 2:00 p.m., **Cape resident Chet Lunner, who recently spoke at the library about "fake news" and journalism today, will discuss terrorist threats here in Maine.** In addition to his journalism background, Lunner is a retired member of the federal Senior Executive Services. As a former national news correspondent, he served in senior positions in Congress, the

U.S. Department of Transportation and the Department of Homeland Security. He was one of the key players who responded to the 9/11 terrorist attacks on the United States. Lunner retired in 2010 as the deputy undersecretary of Homeland Security in the Department of Homeland Security's (DHS) Office of Intelligence and Analysis. In this position, he participated in a wide array of strategic policy discussions involving domestic counterterrorism issues. Both talks will be followed by a Q&A.

## US Foreign Relations with Russia - Laura Henry

Relations between the US and Russia have recently returned to the headlines, but interactions between these two nations has long been newsworthy. On Tuesday, April 11 at 6:30 p.m., Dr. Laura Henry will discuss the current relations between the two nations while providing historical context. Dr. Henry has a PhD in political science from the University of California, Berkeley, and is the author of "Red to Green: Environmental Activism in Post-Soviet Russia" (Cornell 2010) and the co-editor of "Russian Civil Society: A Critical Assessment" (M.E. Sharpe 2006). She has been a Fulbright scholar and a U.S. Embassy Policy Specialist in Russia. Dr. Henry's current research examines how Russia and other emerging regional powers respond to global governance on environmental and human rights issues. Library to Show Oscar-Nominated Documentary "13th" on April 13

## The library will present a free screening of Ava Duvernay's documentary "13th"

On Thursday, April 13 at 6:30 p.m. the film, which gets its title from the 13th Amendment to the Constitution prohibiting slavery, presents an in-depth look at the prison system in the United States and how it

-see LIBRARY on page 13

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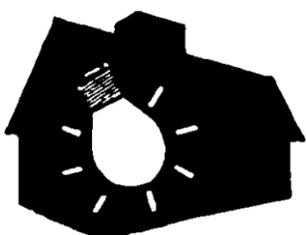


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## Library

Continued from page 12

reveals the nation's history of racial inequality. The film will be complemented by a talk later in the month, on Tuesday, April 25 at 6:30 p.m., with Professor Leroy Rowe on "Race and Justice in America."

### Nature Writing Workshop for Middle Schoolers

A nature writing workshop for grades 5-8, originally scheduled just before February school vacation, has been rescheduled to Thursday, April 13 from 12 p.m. to 4 p.m., an early release day just before April school vacation. The workshop, facilitated by instructors from Unwritten Roads, a writing academy, will lead kids on a walk on the Greenbelt Trail as they record their observations in a field notebook. Students will then return to the library for refreshments and writing activities. The workshop is free, but attendance is limited and pre-registration is required. Parents can register their kids on the library's website.

## Cape Elizabeth community garden plots available for the 2017 season; get on waiting list

There are a few vacancies in the Cape Elizabeth Community Gardens this coming garden season. Both gardens are on Spurwink Road, and are strictly organic. One is located at the Gull Crest Fields near the Recycling Center, and the other is at the Maxwell Farm behind the childcare center near route 77.

We do not know exactly where we will ultimately have vacancies but both gardens offer a plot for a fee of \$25 to \$35 depending on the plot size, have water, tools and supplies on hand, require up-keep of individual plots and pitching in on community garden chores.

You can learn more about the gardens by visiting [www.capegardener.org](http://www.capegardener.org), or by contacting Roger Bishop at [roger@rogerabishop.com](mailto:roger@rogerabishop.com) or Rachel Stamieszkin at [smok77@maine.rr.com](mailto:smok77@maine.rr.com).

If one is interested in a plot and one would like to be put on the waiting list, please send an e-mail to Rachel Stamieszkin at [smok77@maine.rr.com](mailto:smok77@maine.rr.com) with your name, address, phone number and e-mail address. Please also specify whether you have a particular garden location preference.

## Cape Memory Care Brunch & Learn

Cape Memory Care has announced its monthly Brunch & Learn seminar for April. The topic, "Understanding and Responding to Dementia-Related Behavior," is designed to help family members, providers and medical professionals learn more about assisting families with deciphering behaviors and learning how to best respond.

Attendees will learn about how to decode behavioral messages, how to identify common behavior triggers, and strategies to help intervene with some of the most common behavioral challenges of Alzheimer's Disease.

This presentation is part of a monthly series. The April Brunch & Learn will take place at 10 a.m. on Friday, April 21 at Cape Memory Care, 126 Scott Dyer Road, in Cape Elizabeth. Admission is free and brunch will be served, although space is limited. Those interested should RSVP to Woodlands Administrator Albert L'Etoile at [aletoile@woodlandsalf.com](mailto:aletoile@woodlandsalf.com) or 207.553.9616.

## Wine

Continued from page 1

has experimented with many varieties over the years. He experimented with location as well. "I think salt winds and the north breezes were negative factors for the vines," said Holt. And after noticing that temperatures were warmer half a mile away in the upper part of his field, sometimes by as much as ten degrees, he moved his vines there from his backyard.

In 2000, Holt felt the wine he was producing was good enough to enjoy with friends and family. In 2012, he retired from his ophthalmology practice and had more time to dedicate to his hobby.

He enlarged and licensed the vineyard and it has grown to about 900 plants. Around 500 of them produce wine and he experiments with the rest. He was able to offer his first wine to the public in 2014. The Cape Red is a blend of Frontenac, Marquette, and Foch grapes. The Two Lights White is a blend of Seyval, LaCrescent, LaCrosse, Frontenac Gris, and Frontenac Blanc grapes. South Portland Wine Company distributes his wines as the vineyard is a home business and cannot accept visitors or sell retail.

"It is a lot of work and a lot of art," said Holt. What he enjoys most about winemaking is growing the grapes and nursing the vines along to harvest time. In addition to pruning the vines and keeping them disease free, he tests them for sugar content to determine the right time to pick the grapes. When harvest time arrives, there must be a good balance of acidity and sugar. Growing grapes in the Northeast is much different than in other parts of the country. For example, Holt spaces his rows seven and a half feet apart, and along a given row individual vines are seven feet apart, whereas

a winemaker in California spaces vines much closer, perhaps four to five feet. "Cold hardy hybrids are very aggressive growers and need to 'spread their wings,'" said Holt. Spacing vines farther apart lets in more sunlight as well, which is lower in this part of the country.

Holt grew up in Auburn, Maine and went to Bates College and Harvard Medical School. He was an Army doctor and served in Vietnam. In 1975, he set up an ophthalmology practice in Portland. He and his wife Jean have resided in Cape Elizabeth for 45 years and will be celebrating their 52 wedding anniversary this year. The land on which Holt and his wife built a home and raised five children was purchased from Arlene Maxwell Jordan, who was their children's kindergarten teacher. The property also provides beautiful views of Maxwell Point, which is how the vineyard got its name.

## CEHS to hold Jazz Cabaret

The Cape Elizabeth High School award-winning jazz program presents its annual Jazz Cabaret on Friday, March 31 at 6:30 p.m. in the CEHS Cafeteria. For the evening, the Cafeteria is transformed into an intimate jazz club featuring two big bands and four combos from Cape Elizabeth High School. The evening starts with a performance by the Cape Elizabeth Middle School Jazz Band. There will also be a special guest performance by Cape Elizabeth graduate Mike Beling on piano.

Join us for one set or stay for them all! Tickets, which are available at the door, are Adult: \$8; Student: \$3; Senior: \$5; Family: \$20. Light dinner and desserts will be available for purchase.

## Another Model UN Conference is in the books; CEHS with another strong showing



Contributed photo

Cape Elizabeth High School's contingent to the Model United Nations Conference once again made a good showing. Kinnon McGrath won an Honorable Mention for her portrayal of Kenneth Clarke in the British Parliament, Ted Hall won Outstanding Delegate honors for his portrayal of Warren Buffett in the Wall Street Board of Executives, and Raina Sparks won Best Delegate honors representing The Philippines in the IAEA.

In addition to these stellar individual performances, the combined efforts of Calvin Barber, Eric Barber, Ted Hall, Chris Kobel, Hannah Kobel, Ellie McAnuff, Kinnon McGrath, Henry Menz, Sophie Miller, Maggie Pierce, Raina Sparks and Erin Thibeault collectively earned Outstanding Small Delegation honors for Cape Elizabeth.

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**FOR SALE**

**Enjoy Cape Elizabeth photo note cards** by naturalist Martha Agan magan@maine.rr.com. Card assortments available at Ocean House Gallery near the library parking area.

**MOVING SALE -**

Saturday, April 1st  
Rain date April 2nd (Rain or Shine)  
8AM to Noon  
9 Ivie Road, Cape Elizabeth  
Furniture, Tools, Household Items

**MUSIC LESSONS**

**Flute lessons:** For beginners and intermediates of all ages. Call Kris: 767-3712.

**Piano lessons for all ages.** Beginners through advanced. Sandi Palmquist: 329-8345.



Please recycle this newspaper

**Spring thaw - Time for cleaning up and picking up**

Director of Public Works Robert Malley is asking residents to manage yard waste in a responsible manner as spring cleaning begins. The best options for handling yard waste such as leaves, brush, clippings, or grass include:

1. Take it to the Recycling Center for composting

2. Compost it yourself. Compost bins are on sale from Public Works through April 24. Check out the Cape Recycling Center website for more details.

If residents have small quantities, they can also burn it, but must first obtain a permit at the Public Safety Building.

As part of a Clean Water Act permit, the stormwater team at Public Works has been doing a lot of inspections and maintenance work on the storm drain system around town. The crew has observed that many residents are dumping yard waste in large quantities in ditches and streambed areas.

In the natural environment, leaves and fallen branches will break down over time, but large piles of yard waste will quickly overwhelm the natural system. Last year crews had to remove grass clippings and other debris from the storm drain system.

People may not realize that yard waste can plug areas and cause flooding. That deposit area may also be someone else's property, which is another reason to dispose of it responsibly.

The inspections also show pet waste is also still an issue in a few areas of town. Fort Williams Park has baggie dispensers for owners to collect and remove pet

waste from the park. There are also bag dispensers and containers at the Gull Crest and Winnock Woods parking lots.

Please help keep water clean by managing your pet and yard wastes responsibly.



*"Popcorn" Mahoney wants to thank everyone for picking up and disposing of pet waste properly. Those who live and visit here in Cape Elizabeth are lucky enough to have some of the nicest places in the country to walk dogs. For the most part, people are conscientious about picking up. If someone sees another person not picking up, they should simply offer them a bag as a way of reminding them.*

Next deadline: March 3 For Issue Date: March 15

**CLASSIFIED AD RATES**

|                                     |                 |                                         |                        |
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| <b>\$4/line</b>                     |                 | <b>MAIL WITH PAYMENT TO:</b>            |                        |
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**PLEASE MAIL or EMAIL THIS FORM**  
Please don't leave it at our office if no one is there.



Have something to sell?  
Having a yard sale? Want to spread the word about a new business or service?

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**Classifieds in The Courier work!**

**WANTED**

Aliens. No, aliens from space. Need not be bipedal, but must be vegetarian. No time travel experience required. Will train. Please send resume to Earth, c/o our leader. Please seal envelope with a kiss so that we might ascertain risk level.

**Thank you!**

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## Reading to penguins, running marathons, in Antarctica



Cape Elizabeth residents Philip and Janet Villiotte read the Courier to penguins on a recent trip to Antarctica, where Janet also completed the Antarctica Marathon.

## The Courier, the Morris brothers on Irish cliffs



On a recent trip to celebrate their grandparents 50th wedding anniversary, Cape Elizabeth brothers Finn and Aidan Morris visited the Cliffs of Moher on the west coast of Ireland. The cliffs rise 700 feet from the sea, and the winds were gusting to 50 mph on the day of their visit.

## Guerrette makes dean's list at University of Virginia

Courtney Guerette, graduate of the Cape Elizabeth High School class of 2013, and daughter of Joe and Sue Guerette, made the fall dean's list at the University of Virginia in Charlottesville, Virginia.

She will be graduating in May with a double major in Foreign Policy and Spanish.



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**Saturday, April 8, 2017**

RE/MAX Oceanside – 1237 Shore Road,  
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Driveway entrance is off Shore Road

**8:00am - 11:00am**

Coffee and donuts will be provided



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