

The Cape Courier

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Recognitions continue for McGovern, town council ponders welcoming resolution for all

By Bob Dodd

Michael McGovern received two special recognitions at the April 10 meeting of the Town Council.

One he knew was coming, the other he didn't.

The Town Council dedicated the council chamber in McGovern's name in recognition of his nearly 40 years of public service to the town, including over 30 years as town manager. McGovern retired as town manager in December.

A dedication plaque was presented by council chair Jamie Garvin, and will be affixed to the chamber wall.

The council also named McGovern as the 2017 recipient of the Ralph Gould Award. The award is given annually for outstanding citizenship "in the spirit of its namesake, the late Ralph T. Gould."

"This is a surprise," said McGovern.

"I've had the honor of knowing every single recipient of this award," McGovern said. "It's wonderful to be in the company of such great, great folks. So thank you very much."

Proposed resolution intended to send clear message

A citizen group, the Cape Diversity Coalition, has requested that the town enact a resolution welcoming all peoples and cultures to the community. The Town Council opted to discuss the draft resolution at a future workshop.

At its April 10 meeting, councilors all indicated their support of the intent and concept of the resolution. Several spoke to concerns they had about possible unintended consequences of some of the wording in the proposed resolution, and

over some broader issues relating to the resolution.

Representatives of the Cape Diversity Coalition, Susana Measelle Hubbs and Jim Sparks, explained to the councilors the rationale behind the resolution.

Sparks spoke of an incident involving students at a Cape high school football game that made it "crystal clear to me that the people of our town needed to gather in some way and say it was not okay for people of color, for people who are Muslim, who immigrated here from another country to be told that they did not belong."

Dr. Howard Coulter, school superintendent, provided some more insight into the incident. He said that some middle school aged students, playing a game of tag football while the high school game was going on, got into a pushing match.

He said that some "threatening and racist things" apparently were said to one of the students, and other students and adults quickly intervened, and police came to calm things down.

The incident prompted a group of residents to form the Cape Diversity Coalition to work with the schools on the message of welcome and respect for "people of every race, religion, nationality, gender, ethnicity, or sexual orientation" that is contained in the proposed resolution.

"They (CDC) have done some great work at the schools," said Councilor Sara Lennon, "and they suggested it would be great to have both the schools and the town together on this progress."

-see COUNCIL page 5

Pond Cove Elementary 1st grader has artwork selected by State of Maine; next youngest winner in 8th grade



Image made available by State of Maine DOE

"Dream," a piece of original art by Zabina Zimmerman, a student in grade 1, at Pond Cove Elementary School was selected in the Maine DOE's Screensaver Challenge. Her art will soon be viewed by more than 70,000 students.

Twenty Maine student artists will have an audience of more than 70,000 students and educators for their artwork starting this fall, and among them will be Pond Cove Elementary 1st grader Zabina Zimmerman, whose artwork titled "Dream" was among the winners.

More than 200 students submitted images to be considered for the Maine Department of Education (DOE), Maine Learning Technology Initiative (MLTI) Screensaver Challenge.

An annual tradition of the Maine DOE, students in grades K-12 can submit artwork at the beginning of the year to be selected for display. The images are scored and selected by an independent panel of three judges.

The winning student artists will have their work showcased on MLTI devices for the 2017-18 school year. In addition, the student artists will have their registration fees waived for the 2017 MLTI Student Conference, and their winning pieces will be printed and displayed at the Department of Education's Augusta offices from June 1 - August 31, 2017.

The selected students are listed below. Their artwork is available for viewing on the Maine DOE Website.

- "Griffin Vulture" Anna Labbe, Grade 10, Freeport High School
- "Abstract Ocean Life" Elizabeth Young, Grade 9, Freeport High School

- "Duck at Dawn" Bennett Hight, Grade 12, Freeport High School
- "Fallen Leaves" Zoe Fox, Grade 12, Freeport High School
- "Lights of the City" Griffin Agnese, Grade 11, Freeport High School
- "House Barn" Julian Lindholm Fiske, Grade 12, George Stevens Academy
- "Beneath the Surface" Corinne Ahearn, Grade 9, Greely High School
- "Eel Life" Maddie Hall, Grade 8, Greely Middle School
- "Knot a View" Alexis Merchant, Grade 10, Jonesport-Beals High School
- "Seeing Through" Emily Segal, Grade 7, Lincoln Middle School
- "Dandelion" Ana Rogers, Grade 9, Mount Desert Island HS
- "Scraffito" Erin Corcoran, Grade 8, Oceanside Middle School
- **"Dream" Zabina Zimmerman, Grade 1, Pond Cove Elementary School**
- "Bikes" Megan Gordon, Grade 11, Camden Hills Regional High School
- "Children's Space" Corilie Green, Grade 10, Freeport High School
- "Wolf" Grace Neal, Grade 11, George Stevens Academy
- "Hummingbird" Toni MacDonald, Grade 12, Houlton Middle/High School

-see SCREENSAVER page 3

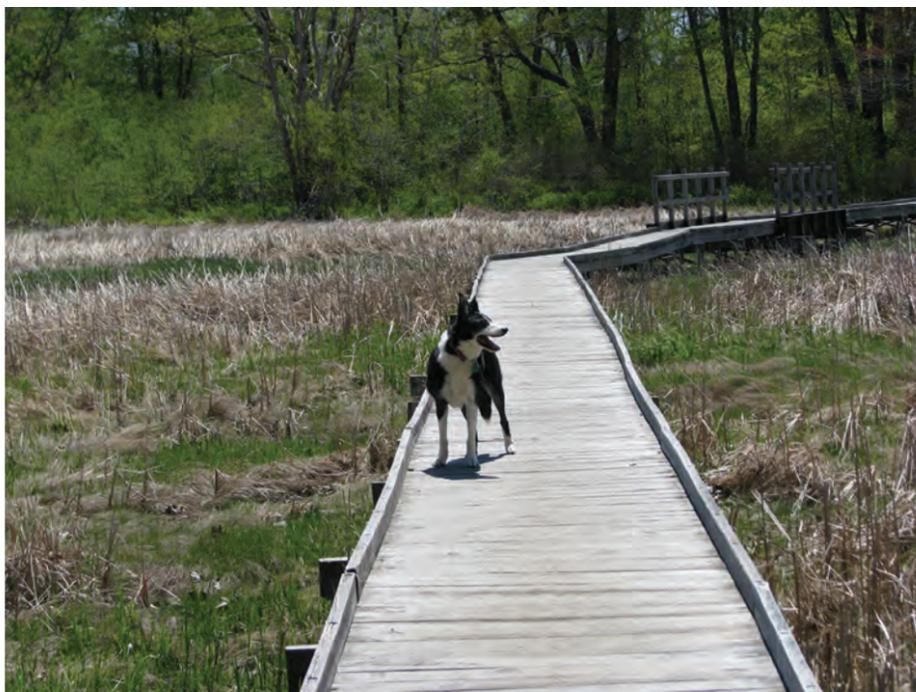


Photo by Kevin St. Jarre

The Town of Cape Elizabeth has closed its Greenbelt trails to all but pedestrian traffic. This closure is temporary, and is due to muddy conditions of the trail surface. Trails will reopen once the trail surface dries out. Check www.capeelizabeth.com for updates.

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The Cape Courier
 P.O. Box 6242
 Cape Elizabeth Maine 04107
 207-838-2180
 www.capecourier.com

OUR MISSION STATEMENT
 The mission of The Cape Courier is to foster a sense of community by presenting news specific and unique to Cape Elizabeth and its residents, and, whenever possible, to promote volunteerism within our community.

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 Trish Brigham, Debbie Butterworth, Bob Dodd, Jerry Harkavy, Martha Kelley, Bill Springer, Beth Webster

Publisher: Kim Case
 info@capecourier.com

Editor: Kevin St. Jarre
 editor@capecourier.com

Community Reporter: Marta Girouard
 community@capecourier.com

Advertising Manager: Tara Simopoulos
 (Display and classified ads)
 advertising@capecourier.com/207-631-8414

Bookkeeper:
 billing@capecourier.com

Proofreaders:
 Samantha Lowe
 and Chuck Rzeszutko

Webmaster: Wendy Derzawiec

Photo finishing: Ann Kaplan

Cruciverbalist: Kim Case
 For general information:
 info@capecourier.com/207-838-2180

Writers: Debbie Butterworth, Wendy Derzawiec, Bob Dodd, Erika Carlson Rhile, Marta Girouard, Ellen Van Fleet

Photographers: Martha Agan, Jenny Campbell, Ann Kaplan, Joanne Lee, Katherine Urbanek

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 Letters may not exceed 250 words. We reserve the right to refuse letters and to edit for length, accuracy, clarity and civility. We do not withhold names and writers may be limited to one letter per month. Petition-style letters will be declined. Letters reflect the opinion of the author, not The Cape Courier. Email letters to: editor@capecourier.com or mail to P.O. Box 6242, Cape Elizabeth, ME 04107. Please note: Letters will be acknowledged by email.

NEXT ISSUE: May 10
DEADLINE: Noon, April 28

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Thanks to Cape Elizabeth school volunteers

In honor of National Volunteer Week, April 23 to 29, the Cape Elizabeth Schools Department of Volunteer Services would like to thank all of our parent, guardian, community and student volunteers who dedicate thousands of hours annually to make our schools wonderful places to work, learn and grow.

Thank you Volunteers. We couldn't do what we do, or be who we are, without you.

John Holdridge
 Volunteer and Extended Learning Opportunities Coordinator

She got so many...

As I am sure many readers felt, Debbie's article in the [April Fools edition of the] Cape Courier, "Destination Vacation," certainly got me fired up the more I read it ... a committee I was not even aware we had was planning to ruin EVERYTHING I love about Cape!

I made it to the second paragraph on page 8 when I couldn't read it any more, cut to the end, and was so happy to see it was the April Fools teaser.

Then I read it again, and felt it was brilliantly written capturing all things we value so much about living in Cape Elizabeth ... I don't think I have ever read another article that so well captured our environment, culture and way of life so well.

Don Kennel

THANK YOU!

Your voluntary subscriptions and other contributions help keep this community newspaper coming to your mailbox.

Thank you to these recent generous contributors:

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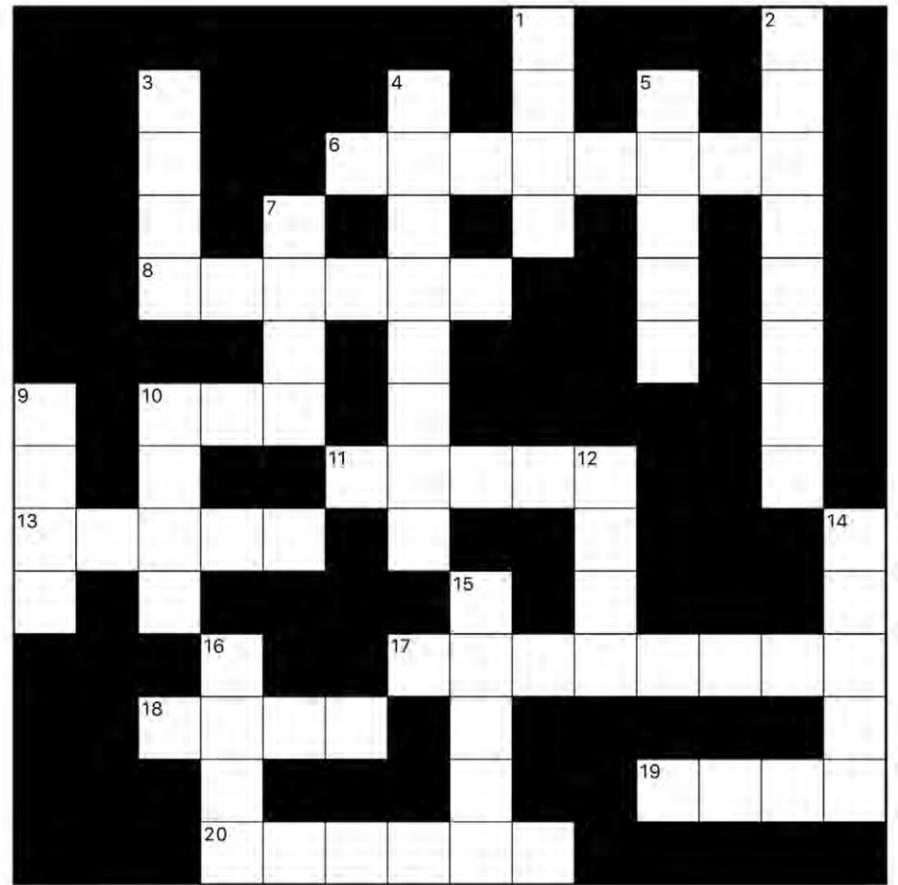
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Checks made out to The Cape Courier may be mailed to P.O. Box 6242, Cape Elizabeth, Maine, 04107. Future contributions will be acknowledged in an alphabetical format. Please include a message on your correspondence if you prefer to remain anonymous.



The Cape Cross

Across

- 6 Council's meeting place
- 8 Capers have lots of it
- 10 Single or homer
- 11 Adolescence
- 13 We have three of these houses
- 17 surfer's paradise (2 words)
- 18 The i of our masthead
- 19 What CELT conserves
- 20 Whistling beach?

Down

- 1 Like a hippie's hair
- 2 Chiefly protector
- 3 Barking pets
- 4 Woods
- 5 Kindergarten goo

- 7 Much appreciated by the Courier
- 9 Edible seaweed
- 10 Lofty
- 12 "Cool ___ Luke"
- 14 Pasture
- 15 ___ Buzz
- 16 Take a gander

Answers for The Cape Cross will appear in the next issue of the Courier on May 10th. Have a suggestion for an answer and its clue? Drop us a line at info@capecourier.com and if we like it, we will publish the contribution with a star on the hint.

WELCOME TO CAPE ELIZABETH

With many new residents moving into the area this spring, our May 24th issue will be focused on providing an overview of our town, services, and map to highlight some of the parts of our community that make it special.

If you have a business that would like to welcome new residents with a special ad, please reach out to Tara Simopoulos at the email below to make sure you're included in this issue.

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 advertising@capecourier.com

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Cape Elizabeth Then and Now: Cottage Farms School and Cottage Farms Place

By Kevin St. Jarre



Photo courtesy of Maine Historical Society



Photo by Kevin St. Jarre

Cottage Farms School, pictured left, was located on Woodland Road. It opened in Sept. 1920 with 70 students. It was purchased by Charles Sexton in 1982, who had the school renovated into eight apartments, but in Oct. 1984, a fire destroyed the building a week before it would have been ready for tenants. A new set of residences was built, called Cottage Farms Place, with construction completed in 1986.

Teacher credentialing going high tech, current paper application system being replaced at DOE

The Maine Department of Education (DOE) is in the process of building an on-line portal for a new web-based credentialing system. The new system, being put in place by Hupp Technologies, will be fully operational by the July 1 teacher, educational specialist and administrator renewal expiration date.

The online system will completely replace the Maine DOE's current paper application system. Highlights include effortlessness in account creation, electronic notifications about actionable items for both teachers and administrators, and the ability to pay fees online.

Once the new system is in place, all teachers will need to create an account. The Maine DOE's Certification team will be sending out individual notices to the email

addresses that are on file in the staff system.

Training will be made available soon for Superintendents and Support System Chairs. In addition, webinars will be available for educators to assist with account creation, and the renewal process.

It is important to note, allowances will be made if the system goes up later than expected. Current Maine State rules state that if a certificate is held up for any reason beyond the teachers' control, then the previously held certificate is still valid. This addresses the concern some may have about not being eligible to sign teacher contracts.

For more information contact Ángel Martínez Loredo at 207-624-6603 or email cert.doe@maine.gov.

Townsend Real Estate and Art Gallery holding Art Gallery Open House

Townsend Real Estate and Art Gallery is holding an Art Gallery open house on April 27 from 5:30 to 7:30 p.m. at their office, 553 Shore Rd. It will feature the work of artist Kerrin Parkinson "recent days."

Screensaver

Continued from page 1

- "Moose" Blair Tweed, Grade 11, Wells High School
- "Lost and Forgotten" Samuel Livingston, Grade 12, Wells High School
- "Umbrella" Lauren Dow, Grade 10, Wells High School

For more information about the Maine Learning Technology Initiative Screen Saver challenge visit: <http://maine.gov/doe/mlti/student/artchallenge/index.html>

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The Flying Acorn takes off in memory of Cole Amorello



Contributed photo

Cole Amorello, a talented writer, actor and speaker, is being remembered through the establishment of an award named, "The Flying Acorn Award." It will be given each year to a student who embodies those characteristics for which Amorello is best remembered.

Cape Elizabeth High School students have been instrumental in establishing a scholarship fund in honor of Cole Amorello.

Amorello, who would have graduated from CEHS this June, was tragically lost in a traffic accident a year ago.

The award, named The Flying Acorn Award, will be given annually to "a student who has brought Cole's positive spirit to CEHS's Theatre and Speech programs," according to Richard Mullen, CEHS theater director. "Amorello excelled at both," he said.

All are welcome to attend a special night to launch The Flying Acorn Award. A short film in which Amorello starred, titled "The Dishwasher," will be shown and the Flying Acorn statuette will be unveiled.

It will also be an opportunity to meet the first recipient of the annual award.

If members of the public would like to help with this project, they are asked to please contribute to the fund that will sustain Amorello's memory over future years.

Checks in any amount may be sent to the Amorello Fund at Cape Elizabeth High School, payable to CEHS.

Alternatively, all are invited to attend the special fundraising night, which will look to the future, in the CEHS Auditorium on Thursday, May 4 at 7 p.m.

Public asked to park on the asphalt, not on the grass



Photo by Kevin St. Jarre

There have been cars driving and/or parking on the athletic fields. A reminder . . . the parking lot is for parking and the athletic fields are for athletics. Motorists should not be parking anywhere on the grass, even if, like the car pictured above at Gull Crest, the car is out of bounds.

In another incident, an officer observed two vehicles operating on the athletic field at Gull Crest. He stopped the vehicles and spoke with the juvenile operators. Parents were called to the scene and Public Works were contacted to evaluate the damage.

School Board adopts \$24.9 million budget for 2017-18

The Cape Elizabeth School Board on April 10, 2017 approved a \$24.9 million budget for 2017-18, up \$591,469 over this year's, an increase of 2.4 percent, but \$122,609 short of the \$25 million the board was considering as late as last week.

A less-than-expected health insurance premium accounts for the difference, Interim Superintendent Howard Colter announced during his monthly report. The premium increase was originally budgeted at 8 percent, then reduced to 6 percent, Colter said. Last week officials learned that the increase would be 1.9 percent.

The approved budget proposes a property tax-rate increase of 4.4 percent over this year's rate of \$12.40 for school services. Without the lower insurance premium, the tax increase would have been 5 percent.

"That's not just good luck, I think our employees deserve credit for this," said Colter. "A large part of our rate is driven by experience of our employees, and again our rates are quite low and I just think it's important to thank our employees for doing what they can to be healthy," he said.

The board will present its budget to the Town Council Finance Committee at 7 p.m. Tuesday, April 25, at Town Hall. The council will hold a public hearing on the overall municipal budget, including town, school and county expenditures, on May 8; and will vote on the budget May 15.

The school budget validation vote will be held in conjunction with the state referendum election June 13.

Yet to be finalized is the \$1.8 million subsidy the board has budgeted to receive from the state. The projection, down \$800,000 from this year, is a preliminary estimate subject to Legislative approval. The proposed school budget carries \$800,000 forward from the fiscal 2016 year-end balance to help make up for the loss. At the April 10 meeting, the School Board voted to request that if any additional subsidy is appropriated, half of it go to help replenish the fund balance. Typically surplus subsidy goes to tax relief.

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CEPD hosting National Drug Take Back Day

On April 29, 2017, residents will be allowed to bring in their unused and unwanted prescriptions and over-the-counter medications to the Cape Elizabeth Police Department from 10 a.m. to 2 p.m. for disposal.

Residents should take advantage of this opportunity to clean their medicine cabinets and dispose of the unwanted medications in a safe and environmentally friendly manner.

For more information, contact Officer David Galvan at 767-3323 ext. 208.

Council

Continued from page 1

According to the town website, the council is likely to discuss the resolution at their workshop May 1.

Upcoming public hearing on FY2018 budget

The council set the expected timetable for the approval of the FY2018 school and municipal budgets.

A public hearing on the combined budget will be held on May 8 at 7 p.m. at Town Hall. On May 15, the Town Council will vote on the municipal budget and on the amount of the school budget that will be sent to voters to approve.

The town-wide school budget validation referendum is set for June 13.

Cars on Gull Crest field, assault, harrasment, \$215 speeding tickets

Reported by Debbie Butterworth

COMPLAINTS

- 3-29 An officer met with a resident of the Ocean House Road area regarding a domestic disturbance
- 3-29 Two officers responded to a residence in the Spurwink Avenue area for an assault complaint.
- 4-1 An officer met with a resident of the Mitchell Road area regarding a criminal threatening complaint.
- 4-1 An officer met with a resident of the Broad Cove area regarding a possible missing person, who was later accounted for.
- 4-3 An officer met with a resident of the Shore Road area regarding a tax fraud problem.
- 4-4 An officer met with a resident of the Sawyer Road area regarding credit card fraud.
- 4-4 An officer met with a resident of the Old Ocean House Road area regarding a domestic issue.
- 4-6 An officer spoke with Department of Human Services regarding a domestic assault complaint.
- 4-8 An officer observed two vehicles operating on the athletic field at Gull Crest. He stopped the vehicles and spoke with the juvenile operators. Parents were called to the scene. A message was left for Public Works to evaluate the damage.
- 4-9 Two officers responded to a residence in the Mitchell Road area for a report of an unwanted person refusing to leave. The subject had left before police arrived.
- 4-9 An officer responded to a location in the

- Ocean House Road area for a well-being check.
- 4-9 An officer met with a resident of the Spurwink Avenue area regarding a trespass complaint.
- 4-10 An officer met with a resident of the Ocean House Road area regarding a domestic problem.
- 4-10 An officer met with a resident of the Shore Road area regarding a harassment complaint.

ACCIDENTS

- 3-30 Timothy Madore, Deborah Patry, accident on Aster Lane
- 4-9 Caitlyn Irving, Carlos Garcia, accident on Shore Road

SUMMONSES

- 3-28 South Portland resident, uninspected vehicle, Shore Road, \$133
- 3-28 Gorham resident, failure to produce insurance, Old Ocean House Road, \$171
- 3-29 Cape Elizabeth resident, dog at large, Hemlock Hill Road
- 3-30 Portland resident, uninspected vehicle, Route 77
- 4-2 South Portland resident, uninspected vehicle, Route 77, \$133
- 4-5 South Portland resident, speeding (52/30 zone), Shore Road, \$215
- 4-5 Portland resident, speeding (36/15 zone), Scott Dyer Road, \$215
- 4-8 Portland resident, unregistered vehicle, Shore Road, \$70

- 4-9 Cape Elizabeth resident, unregistered vehicle, Scott Dyer Road, \$70
- 4-9 Westbrook resident, operating under the influence of alcohol, Shore Road

ARRESTS

- 4-3 Oxford resident, possession of scheduled drugs, operating after license revoked, Route 77
- 4-9 Westbrook resident, operating under the influence of alcohol, Shore Road

FIRE CALLS

- 3-30 South Portland Mutual Aid
- 4-1 Mitchell Road, investigation
- 4-1 Forest Road, power line down
- 4-1 Littlejohn Road, power line down
- 4-1 Spurwink Avenue, car accident
- 4-2 Portland Mutual Aid
- 4-2 Bowery Beach Road, power line down
- 4-3 Portland Mutual Aid
- 4-3 South Portland Mutual Aid
- 4-3 Portland Mutual Aid
- 4-5 Spurwink Avenue, ice water rescue
- 4-8 Kettle Cove Road, water problem
- 4-8 Deer Field Lane, cooking fire
- 4-8 Preble Street, fire alarm
- 4-10 Cooper Drive, fire alarm

RESCUE CALLS

There were 19 runs to Maine Medical Center. There were 3 patients treated by rescue personnel but not transported.

Treasurer warns of suspicious, unofficial 'Unclaimed Property' websites or notices

New scams, promising to return unclaimed property for a fee, are targeting Maine residents through unofficial websites and notices in the mail.

State Treasurer Terry Hayes is warning residents to be wary of these websites and to be cautious of mailings or emails stating that you have unclaimed property with the State of Maine.

"Each year, new schemes are created that attempt to take advantage of Mainer's familiarity with our Unclaimed Property Program. While there are many differences between our program and these schemes, the easiest way to spot a scheme is if it asks for payment information," says Treasurer Hayes.

The Office of the State Treasurer does maintain a list of unclaimed property, and receives new properties each year.

However, there is no fee for you to review the list, or to claim your property. To ensure that you are obtaining the cor-

rect information for unclaimed property with the State of Maine, go to the official website <http://www.maine.gov/upsearch> or call the Treasurer's Office at (207) 624-7470.

To search for unclaimed property in other states, visit www.missingmoney.com, a nationally recognized database of

-see PROPERTY page 8

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Big surf at Pond Cove....



Photo by Kevin St. Jarre

Wild shifts in weather have brought in impressive waves lately.

and at Fort Williams Park



Photo by Kevin St. Jarre

While surfers are often spotted at Pond Cove, the rocks at Fort Williams Park would likely make it a bit too sporty.

Cybersecurity | Buzz Word or Buzz Kill?

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Cape Elizabeth Public Works' Newest "Roads Scholar"

By Robert Malley



Photo by Robert Malley

Joshua Dennison, an equipment operator with the Cape Elizabeth Public Works Department, received his "Roads Scholar" distinction at the spring meeting of the Maine Chapter of the American Public Works Association. He has over nine years of service to the community of Cape Elizabeth.

Joshua Dennison, an equipment operator with the Cape Elizabeth Public Works Department, received his "Roads Scholar" distinction at the spring meeting of the Maine Chapter of the American Public Works Association held in Waterville on April 6th.

The award is given to individuals who complete a series of required training courses put on by the Maine Local Roads Center (MLRC).

The award was presented by Peter Coughlan, head of the MLRC, a division of the Maine Department of Transportation. The MLRC provides training oppor-

tunities throughout the year to local public works employees. It is a program that the Town has participated in since its inception in 1986.

Dennison has over nine years of service with the department. He performs multiple functions throughout the year, including hauling the Transfer Trailer, operating the loader/backhoe and plowing snow.

He joins fellow employees James Green, Ken Young, Jr., Jason Emery, Todd Hubbard and Darren Brown, who have also achieved the same recognition.

Courier at base camp



Sharalyn Morrison-Andrews and her husband, David Andrews, enjoyed a two week vacation in Nepal, including a helicopter ride to the base camp of the Annapurna Mountain Range, which is part of the Himalaya Mountains. The base camp is at 13,450 ft.

"Shredding it" in Copenhagen



CEMS 7th grader Tommy Villiotte recently spent a week exploring Copenhagen with his parents, Janet and Philip. Here he shows The Courier how to "shred it" at Wonderland, an indoor/outdoor skateboard park in the Christiania section of the city.



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The press behind the paper, printing the Courier

By Marta Girouard

Once content has been laid out for an issue by The Cape Courier team, another group of people takes over to deliver the final product. "At Alliance Press it takes the combined effort of our skilled and experienced staff to process, print and distribute The Cape Courier in a timely manner with a high level of quality," said Jeff Hewett. Hewett has been at Alliance Press for 29 years and wears many hats in the company, from working in sales, customer service, production and purchasing.

Alliance Press, located in Brunswick, was originally the printing division of The Times Record, the daily newspaper for

Brunswick and Bath. The newspaper has been around for over 100 years and the printing division since the 1950s. The printers are cold-set and heat-set web printers. The web refers to a roll of paper as opposed to sheets of paper. Cold-set means the ink dries at air temperature as it comes off the press. The heat-set work has dryers incorporated in the press line.

When files are received from The Courier, they are processed through pre-flight and pagination software. There are four pages per printing plate and the pages have to be married correctly on the plate. This is so that pages are in the right order when the paper is printed and folded. Each color page has to be made with four color plates:

cyan, magenta, yellow and black (CMYK). A 16-page Courier issue with color on pages 1, 6-11 and 16 uses 13 plates. The paginated page files are sent to a plate-setter, aluminum plates are output and sent to the press.

Turnaround time is quick. Files are sent to Alliance Press on a Thursday afternoon and printed by the overnight press crew. The press run from set-up to finish takes about three hours. The papers are folded as they come off the press, and then sent to the distribution department where advertising inserts are put in if needed and then prepared for mail. The mail is delivered to the USPS Southern Maine Processing plant in Scarborough. Shortly after, the latest issue of The Courier is on its way to your mailbox.



Contributed photo

These employees of Alliance Press in Brunswick are working in the press room where The Courier and many other customers are served. The speed at which these presses run is truly impressive.



Contributed photo

Color ink tanks, part of the process for the full-color pages in The Cape Courier. All the color photos on these pages are created using only four: cyan, magenta, yellow and black.



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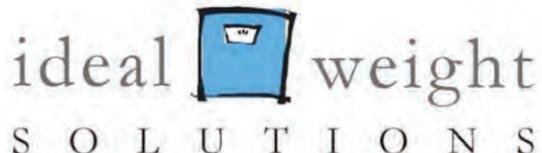

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Property

Continued from page 5

state unclaimed property programs.

Unclaimed property consists of cash and other financial assets that are considered lost or abandoned when an owner cannot be located after a specified period of time.

It includes, among other items, checking accounts, certificates of deposit, over payments, gift certificates, life insurance policies, unpaid wages, uncashed checks, death benefits, dividends, insurance payments, refunds, savings accounts, stocks and contents of safe deposit boxes.

Unclaimed property does not include real estate, animals or vehicles.

During the period from July 2016 through March 2017, over 17,000 Mainers reclaimed more than \$13 million of lost funds.

How to recycle plastic bags and plastic film

As reported in recent issues of The Cape Courier, ecomaine no longer accepts plastic bags for recycling.

However, while you can no longer put plastic bags and other plastic film into the “silver bullet” recycling units, you can recycle them at retailers such as Hannaford Supermarkets, Shaw’s, Whole Foods Market, Lowe’s, and Wal-Mart.

According to plasticfilmrecycling.org, plastic bags are made from thin flexible sheets of plastic called “film,” and most plastic films are recyclable if clean and dry. The film is made into composite lumber and a variety of other products. Below are the do’s and don’ts of plastic film recycling.

DO recycle:

- grocery bags
- produce bags
- bread bags
- newspaper bags
- dry cleaning bags
- other plastic bags labeled #2 or #4
- product wrap (such as that used on paper towels, bathroom tissue, napkins, diapers, and water bottles)
- plastic shipping materials (including Tyvek, bubble wrap, and air pillows-please remove labels and/or deflate)
- zip close food storage bags (clean and dry)
- furniture and electronic wrap

In general, if the plastic film stretches when you pull on it, you can recycle it. All plastic must be clean and dry. Please remove receipts, labels, tape, and adhesive strips.

DO NOT recycle:

- candy wrappers
- chip bags
- six-pack rings
- flower bouquet wrap
- degradable/compostable bags (Why? Because recyclers don’t want the products they are making to degrade)
- frozen food bags (Why? Because these bags contain barrier polymers or other additives that recyclers don’t want)
- pre-washed salad bags
- thicker, stiff plastic such as pet food bags or bedding bags

In general, if the plastic film is thick, crinkles loudly, or tears like paper, you cannot recycle it.

Visit plasticfilmrecycling.org to learn more and to find drop off locations near you.

Recycling Center to be open for yard wastes, recyclables on certain Sundays

The Cape Elizabeth Recycling Center will be open for the disposal of leaf, yard wastes and recyclables on the Sundays listed below.

As a reminder, items normally destined for the Transfer Station Compactor (household refuse) will not be accepted.

Fees will be assessed on all applicable items.

SPRING 2017 SCHEDULE

Sunday, April 30
10 a.m. to 5 p.m.

Sunday, May 7
10 a.m. to 5 p.m.

Sunday, May 14
10 a.m. to 5 p.m.

Swinging into spring



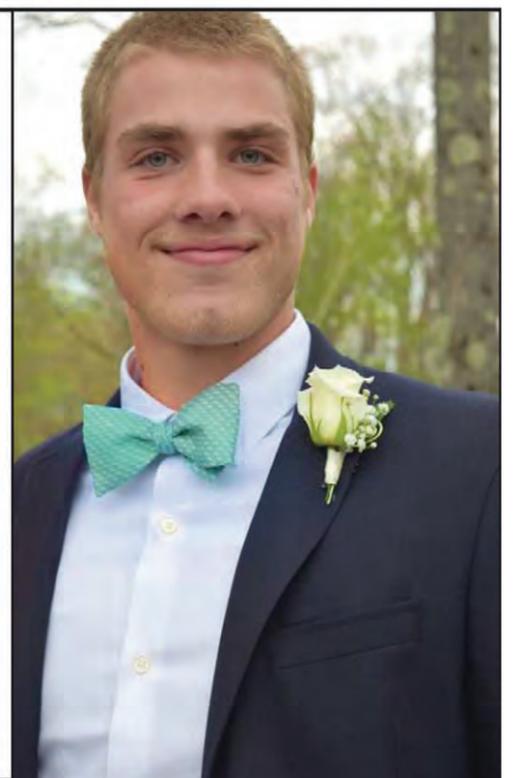
Green Spark Farm grows greens year round in unheated tunnels (left) over the soil, so they are already harvesting fresh scallions, radishes, lettuce, salad greens, spinach, arugula, collards, kale and rainbow Swiss chard. The farm is filling up their first field outdoors with more vegetables and cut flowers and the seedling house is bursting with verdant starts in preparation for their sixth annual organic plant sale in May. Jordan’s Farm (center and right) is busy making compost, selling soil products and mulch. Seedlings are sprouting in the greenhouse in preparation for transplanting late May or early June and fields are being prepped for peas.



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Gannon Stewart, an 8th grader at Cape Elizabeth Middle School, earned first place in the United States of America Snowboard and Free Ski Association Junior Nationals Skier Cross competition at Copper Mountain Colorado on April 12th. This is Stewart's 2nd consecutive year of winning his age group in National competition. Stewart was also awarded the prize for fastest time trial of any age group competing that day, which included over 120 skier athletes.

7th year for CEHS girls LAX mattress fundraiser



Cape Elizabeth High School girls lacrosse team at their 7th Annual Mattress Sale which is their biggest fundraiser of the year. The athletes could be seen on the sidewalks near Cape Elizabeth Middle School, excitedly waving their mattress sale signs

Cape Elizabeth named a Best Community for music



Cape Elizabeth School Department has been honored with the Best Communities for Education designation for its outstanding commitment to efforts to provide music access and education to all students.

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The Cape Elizabeth School Department has been honored with the Best Communities for Education designation from the National Association of Music Merchants (NAMM) Foundation for its outstanding commitment to music education.

Cape Elizabeth joins 527 districts across the country in receiving the prestigious award in 2017.

The Best Communities Music Education designation is awarded to districts that demonstrate outstanding achievement in efforts to provide music access and education to all students.

Districts that have been recognized by the NAMM Foundation are often held up as models for other educators looking to boost their own music education programs.

To qualify for the Best Communities designation, Cape Elizabeth Schools answered detailed questions about funding, graduation requirements, music class participation, instruction time, facilities, support for the music program and community music-making programs.

Responses were verified with school officials and reviewed by The Music Research Institute at the University of Kansas.



Coldwell Banker Residential Brokerage Cape Elizabeth Office announces **Mary Walker** March 2017 Broker of the Month

Kathy Duca, Vice President/Managing Broker, is pleased to announce that **Mary Walker** has been named **Broker of the Month for March 2017** for superior sales.

Mary has been a Licensed Broker since 1982. She is an International Sterling Society Agent, CBRB Accredited Real Estate Professional, Affinity Relocation & Departure Specialist, USAA Certified Agent, Accredited Buyer Representative, Senior Real Estate Specialist and Accredited Staging Professional Realtor. She was awarded the CBRB International Sterling Society Designation for 2016. **Mary** was previously employed by the Maine State Housing Authority and Management Resources, Inc. and held the Certified Property Management Designation.

Mary brings a wealth of experience to every transaction says Duca. She is an outstanding agent and gives her clients truly remarkable customer service.

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Thank You

CAPE ELIZABETH SCHOOL VOLUNTEERS

In honor of **National Volunteer Week, April 23-29**, the Cape Elizabeth Schools Department of Volunteer Services, PCPA, MSPA, and HSPA would like to thank all of our parent, guardian, community, and student volunteers who dedicate thousands of hours annually to make our schools wonderful places to work, learn, and grow.

Thank you Volunteers. We couldn't do what we do or be who we are without YOU!

Cape Elizabeth Garden Club presents container planting with Carolyn Snell



Contributed photo

Carolyn Snell, of Snell Family Farm in Bar Mills, will be speaking and demonstrating how to plant containers at Thomas Memorial Library on May 2, at 7 p.m. Cape Elizabeth Garden Club is sponsoring the event. The event is free and open to the public, although the club will be accepting free-will donations toward the Garden Club Scholarship Fund.

MJ Benson exhibit at library



Carolyn Snell, of Snell Family Farm in Bar Mills, will be speaking and demonstrating how to plant containers at Thomas Memorial Library on May 2, 7 p.m. Cape Elizabeth Garden Club is sponsoring the event.

Snell presented a container-planting program last year for the garden club, and it was so popular with members and the general public that the club has asked her back for this growing season. Carolyn will plant containers of flowers, herbs and vegetables. She will bring with her a selection of plants she considers ideal for container planting. The planted containers as well as other plants will be sold at the end of the meeting.

The event is free and open to the public, although the club will be accepting free-will donations toward the Garden Club Scholarship Fund, which provides a scholarship to a graduating senior at Cape Elizabeth High School.

In past years, the scholarship has been financed by a plant sale held every year in June. Club members have determined that because of the town's infestation by the winter moth, it would be unethical to hold plant sales until such time as the winter moth is brought under control. The winter moth caterpillar has been stripping leaves from hardwoods in town during May and June for several years, and is spread largely by people moving plants that contain eggs that have been laid in soil by the moths in early winter. During a garden-club-sponsored talk last year, Charlene Donahue, entomologist for the Maine Department of Forestry, urged that clubs in any area affected by the pest to cease plant sales, and the local garden club has agreed.

M.J. Benson will be exhibiting recent paintings at the Thomas Memorial Library through April 29. Benson lives and works on the coast of Maine, painting in an abstract style, inspired by the wild and moody ocean and coastal weather. Her work, including photography, has been exhibited nationally. She has a BFA from the School of the Museum of Fine Arts, Boston, and an EdM from Harvard University. For more information, visit: www.mjbenson.com.



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Thomas Memorial Library offers poetry symposium, container gardening, Mexican music, dog training talk, Orwell discussion

Annual Gabriel A. Zimpritch Poetry Symposium

A group of high school students will be working with poet Kathy Mangan on Thursday, April 27 in the library's annual Gabriel A. Zimpritch Poetry Symposium. Mangan is Professor of English at McDaniel College in Maryland, where she

has taught for more than three decades. Her poems have been published in some of the nation's most prestigious literary journals, and her work has been included in numerous anthologies. She will be joined by CEHS student poets in a public poetry reading on the evening of April 27 at 7:00 p.m. All are welcome to attend.



Contributed photo

Dog trainer Nicholas Shrewsbury and his dog Kona. Shrewsbury will present a talk on dog training on May 11 at the library.

introduces us to this important species, and ways we can coexist with beavers without conflict. The talk will take place on Thursday, May 4 at 6:30 p.m.

Parent-Child Book Discussion to Take Place

The April Fool's Day snowstorm caused the library's book event focused on *Wonder*, by R. J. Palacio to be delayed until May 6. There is still time for parents and children 8 - 12 to read the book and participate in the discussion (and pizza party,) which is being led by members of the nonprofit group Facing Maine. Details and registration information can be found on the library's website.

May "Lincoln Center Local" Screening Celebrates Mexico Through Music

The library's upcoming screening, in partnership with Lincoln Center Local, features a one-of-a-kind indie music experience. Torrelanca is a Mexican indie band known for its unique, fresh sound that folds in the members' diverse musical backgrounds and its collaborative spirit. Their guest, Ulalume and Carlo Nicolau, is an avant-garde, New York-based ensemble consisting of violin, keyboards and vocals that evokes an obscure cabaret atmosphere, expressionist landscapes, and a journey through a non-specific time period. The hour-long concert will be screened on Saturday, May 6 from 2:00 - 3:00 p.m. Free popcorn and beverages will be provided.

Explore the Benefits of Scientific Research with Dr. Linda Silka

Science and the opinions of scientists are increasingly under attack. Why is this, and what can we learn from the public perception of science and scientific research? How do our attitudes toward change inform our understanding of science progress, and the scientific method of inquiry? Dr. Linda Silka, from the Senator George

J. Mitchell Center for Sustainability Solutions, will explore these questions and address the crucial link between policy decision-making and scientific research. The talk, entitled "Science... What Is It Good For?" will take place on Tuesday, May 9 at 6:30 p.m. A discussion and Q & A will follow.

Have Dog Behavior Issues? Find Solutions at the Library

Nick Shrewsbury, of North by East Training, will discuss his unique approach to dog-training, communication, and leadership in a talk entitled, "The Way of the Dog, The Way of the Leader." Topics will include, the way of a leader in human and canine worlds; lessons and stories from wolves and sled dogs; understanding body language; essentials for canine well-being; and fundamentals for resolving problem behaviors. There will be Q and A time to address specific issues. The talk will take place on Thursday, May 11 at 6:30 p.m. *Please do not bring a dog to the talk.*

Attend a Community Book Discussion of Orwell's "1984"

Orwell's classic dystopian work has experienced a resurgence in popularity since the 2016 election. The library is offering a community discussion of the book led by Professor Matthew Anderson from the University of New England. Professor Anderson with participants will explore how Orwell's text informs our understanding of current events and our expectations for the future. There is no need to register--just read the book beforehand and come prepared to listen or participate in the discussion. The library has more than ten copies of the book available for borrowing, and can also acquire additional copies through interlibrary loan. The discussion will take place on Tuesday, May 16 at 6:30 p.m. in the library's Community Room.

Cape Challenge race set for June 4

The Cape Challenge is set for Sunday, June 4th. The race, sponsored by Spectrum OA Centers for Orthopedics, will include:

- Fun Run for children 8 and under, starting at 8:30 a.m.
- 1-Mile Dash for children 12 and under, starting at 9 a.m.
- 5K Cape Challenge which will begin at 9:30 a.m.

An awards ceremony will begin at 10:15 a.m.

Registration is now open at <http://runinarace.com/CapeChallenge/>. The deadline to order a technical t-shirt is May 16.

Race training programs for kindergartners through fourth-graders will start April 27th. Call 799-2868 or go to www.capecommunityservices.org to register for these programs.

Proceeds from the race will help fund programs at the three Cape Elizabeth schools. Organizers are seeking sponsors and volunteers. Contact Jamyn Moony at jamynj@yahoo.com about sponsorship and Jessica Govind at jmooney555@hotmail.com to volunteer.

CEHPS hosts annual potluck dinner

Join Cape Elizabeth Historical Preservation Society for their annual potluck dinner on Monday, May 1, 6 p.m. at St. Albans Episcopal Church.

If you are not a member, this is a perfect time to become one. Bring a dish to share and join your friends and neighbors for a delicious meal. A short meeting will provide an update on future CEHPS plans.

This is an exciting time for the Historical Society and they would love to have anyone interested be a part of it.

TIM SAMPLE LIVE IN CAPE!



May 6th at 7pm
St. Alban's Church
Tickets: \$20 or \$25 at the door

For more information about this charitable event, please call St. Alban's at: 799-4014 or Lisa at: 741-2755

*Wine and cheese served at intermission

Learn about Gardening in Containers

Carolyn Snell of Snell Family Farm will present tips and tricks for creating container gardens, as well as a demonstration, on Tuesday, May 2 at 7:00 p.m. This program is presented in partnership with the Cape Elizabeth Garden Club.

Talk on Beavers

The beaver is the animal generating the most nuisance wildlife complaints at the office of Inland Fisheries & Wildlife here in Maine, but beavers also create quality wildlife habitat for other species. Scott Lindsay, Regional Wildlife Biologist with Maine IF&W, has a particular interest in developing solutions to resolve human/beaver conflicts. This month's entry in library's Maine Wildlife Lecture Series in-

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Cape Elizabeth School District budget facts and frequently asked questions

FACTS

• Cape Elizabeth Schools are considered to be among the top in the state of Maine. Our town expects continued excellence of our schools.

• We have an obligation to educate all students who reside in our town, meeting their physical, social-emotional, and academic needs.

• Our per-pupil spending rate is one of the lowest in our area. Listed lowest to highest: Scarborough, Cape Elizabeth, Yarmouth, South Portland, Falmouth, MSAD 51. (Source: Maine Department of Education)

• The average increase to the school budget over the past four years is 2.8%. This year it is 2.4%.

• The state provides revenue to public schools to help fund the education of Maine's children. Each school district gets a different amount, as determined by the EPS (Essential Programs and Services) formula. There are many factors used in the state EPS formula including the number of students enrolled and property value in the district. This formula has been re-configured and changed many times over the years.

• Last year the state cut our funding by approximately \$780,000. This year our projected cut is \$800,000. That is a combined \$1.6 M cut over two years. This drastic cut in funds forces the revenue burden onto local taxpayers.

FAQs

Q. *Why does the budget go up even if enrollment has been slightly declining for the past several years?*

A. This school year we have approximately eleven fewer students than last year, scattered throughout the three K-12 schools. As such, it is impossible to reduce staff or lower facilities costs (cleaning, maintenance, lights, heat). At the same time, educating students has become increasingly more complex.

Q. *How much will my taxes increase as a result of the FY 2018 School Budget?*

A. At this time, the tax impact is 4.4%, or \$172.70 for a home valued at \$314,000. That number is likely to change, more likely to decrease, as there are still unknowns – including our state revenue.

Q. *I don't have children attending Cape Elizabeth Schools. What benefit do I get for the taxes I pay?*

A. The quality of our schools directly impacts the resale value of your home, for the better. The most often cited reason people give for moving to Cape Elizabeth is the excellence of our schools. In order to remain desirable and competitive, our schools must meet the needs of all our students, continu-

ally evolve, and stay abreast of modern educational practices. Also, high quality education is an investment in the future of our town, our state, our country.

For more information and greater detail, go to www.cape.k12.me.us and click on the 2017-2018 School Budget link at the top.

Submitted by Elizabeth Scifres, the chair of the Cape Elizabeth School Board, on behalf of the board.

Fort Williams has something for everyone this spring

Fort Williams: First Person, an Oral History Retrospective. Multimedia exhibit at Thomas Memorial Library, on display in the gallery for the month of May. Opening reception Friday, May 5, 5:30-7:30 pm, TML community room. Free and open to the public. Light refreshments will be served.

Springtime Fairy House Building at the Children's Garden. Sunday, May 7, 1-3 PM, ages 3 and up. Cost is \$5 per family and children must be accompanied by a responsible adult. Register through CE Community Services: <http://capecommunityservices.org>

Migratory Bird Walk with Doug Hitchcox, Maine Audubon Naturalist. Monday, May 22, 7-9 AM, rain or shine. Some binoculars will be provided, but bring your own if you have them. Plan to meet at the cliff walk to the right of the lighthouse. There's no registration required, but a \$5.00 donation to the Audubon Society is requested, payable at the event.

Molly Maps Cartography Workshops at Thomas Memorial Library: Theme is Fort Williams. Thursday, May 25, children ages 8-12 at 3:15 PM, adults at 6:30 PM. Free and register through TML: <http://thomasmemoriallibrary.org>. Space is limited.

Native and Invasive Plant Guided Walk at Fort Williams Park with Kelly Corbin of the Wild Seed Project. Saturday, June 10, 9:30-11:00 AM. Cost is \$5. Register through Wild Seed Project: <http://wildseedproject.net>

It's Just a Walk in the Park: Fort Williams-focused history walking tour with Jim Rowe Friday, June 23 at 8:30 AM. Free and register through CE Community Services: <http://capecommunityservices.org>

Questions? Contact us at <http://fortwilliams.org>

Todd Robbins appointed town tree warden

Todd M. Robbins, assistant property manager for the Sprague Corporation, has been appointed the town's new tree warden. Robbins replaces Mike Duddy, who resigned his position to become a district court judge.

A resident of Portland, Robbins has worked under Sprague Property Manager John Greene since 2012, helping oversee more than 2,000 acres owned by the corporation, including Richmond Island. He also oversees a landscape company owned by the Sprague Corporation.

Robbins is a licensed arborist in the state of Maine, and has put on workshops for the Fort Williams Park Foundation as a member of the arboretum committee. He has also

assisted Duddy on projects such as the removal of vegetation to enhance the sight distance at the Spurwink Church intersection.

Robbins is currently pursuing his associates degree in horticulture at Southern Maine Community College while working full-time and raising a family.

"Todd will be the sixth tree warden that I have worked with during my tenure with the town," Malley said. "Ed Cooper, Roy Maddocks, Richard Churchill, Thomas Nee and Mike (Duddy) all served with distinction in that position." Duddy, also a former chairman of the Conservation Commission, hopes to help out as a volunteer in the future, Malley said.

Cape Elizabeth Community Services gets senior minibus



Contributed photo

Cape Elizabeth Community Services took delivery of a 14-passenger minibus on April 10. The minibus will be used for transportation to senior activities, eliminating the need for seniors to ride school buses.

The vehicle will have its premier outing on April 26 when seniors will travel to Windham for lunch and a performance by the Windham Center Stage Theater, according to Kathy Raftice, coordinator of adult programming.

The Town Council approved funding for the minibus at the end of last year. Now, Cape Elizabeth joins many of its surrounding communities in offering dedicated transportation for senior citizens.

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CAPE CALENDAR By Wendy Derzawiec

Wednesday, April 26

Conservation Committee Trail Visit, 5:30 p.m.
Town Council Budget Workshop, 7 p.m., Town Hall Lower Level Conference Room
School Board Negotiations Committee, 7 p.m., William H. Jordan Conference Room, Town Hall

Thursday, April 27

Harbors Committee, 6:15 p.m., Town Hall Lower Level Conference Room
Fort Williams Park Committee, 7 p.m., Public Works

Saturday, April 29

Drug Take Back, 10 a.m.-2 p.m., Public Safety Building

Monday, May 1

Town Council Workshop, 7 p.m., William H. Jordan Conference Room, Town Hall

Tuesday, May 2

School Board Policy Committee, 6:30-7:30 p.m., Town Hall Lower Level Conference Room
Planning Board Workshop, 7 p.m., William H. Jordan Conference Room, Town Hall

Wednesday, May 3

School Board Negotiations Committee, 7 p.m., William H. Jordan Conference Room, Town Hall

Monday, May 8

Family Fun Day Volunteers, 6:30 p.m., Cape Elizabeth Community Center
Town Council, 7 p.m. Town Hall chamber

Tuesday, May 9

School Board Executive Session, 6-7 p.m., William H. Jordan Conference Room, Town Hall
School Board, 7 p.m., Town Hall chamber
Conservation Committee, 7 p.m., Town Hall Lower Level Conference Room

Ongoing each week

Al-Anon, Regular meeting
7 p.m. Thursdays, at United Methodist Church, 280 Ocean House Road. Regular meeting 7 p.m. Fridays at St. Alban's Church.

Alcoholics Anonymous
2 p.m. Saturdays, First Congregational Church, 301 Cottage Road, South Portland; 7 p.m. Wednesdays, St. Bartholomew Church; 7 p.m. Fridays, St. Alban's Church.

Cape Elizabeth Historical Preservation Society
9 a.m.-noon Thursdays, Public Safety Building

Cape Elizabeth Lions Club
6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road

Cape Farm Alliance
third Wednesday, 7 p.m., Community Center

South Portland/Cape Elizabeth Rotary Club
each Wednesday at 6:15 p.m. Purpoodock Country Club, Spurwink Avenue. 767-7388.

CHANNEL 3	CABLE GUIDE
<p>Town Council School Budget Workshop replay April 26 & 27 - 2 p.m. & 8 p.m. April 29 - 10:30 a.m.</p> <p>Planning Board replay April 28 & 29 - 2 p.m. & 8 p.m. April 30 - 10:30 a.m.</p> <p>Cape Elizabeth Church of the Nazarene April 29 & 30, May 6 & 7 - 9 a.m.</p>	<p>Town Council (live) May 8 - 7:00 pm</p> <p>School Board (live) May 9 - 7:00 pm</p> <p>Town Council replay May 10 & 11 - 2 p.m. & 8 p.m.</p>

Cape Elizabeth United Methodist Church to host public supper

The Cape Elizabeth United Methodist Church, located at 280 Ocean House Road, will host a public supper on Saturday, May 6 from 4:30-6 p.m., featuring casseroles, baked beans, meat loaf, salads, breads and pies.

Prices for the supper will be \$8 for adults, \$5 for children and \$20 for families. Take-out will be available. This will be the church's last public supper until October 7.

Free cyber security seminar for small businesses

Sixty percent of small businesses that suffer a cyber attack go out of business within 6 months. Cyber attacks on businesses are on the rise here in Maine.

Business owners, and anyone else interested in cyber security, are invited to stop by The Local Buzz on Wednesday, May 3, 7 p.m. to 8 p.m. to learn more about cyber security for small businesses.

This is a free educational opportunity for local residents.

First Congregational Church to host David Mallett

With 17-albums, singer-songwriter David Mallett has been at it since the '70's. Mallett penned the folk classic "Garden Song," and his most recent record is last year's "Celebration." Besides being a well-respected performer in his own right, Mal-

SERVICES

Cape Elizabeth Church of the Nazarene
499 Ocean House Road (Route 77)
799-3692
www.capenazarene.org
Sunday School for all ages: 9:30 a.m.
Sunday Worship Celebration: 10:45 a.m.
Services streamed live or on demand:
watch.capenazarene.org

Cape Elizabeth United Methodist Church
280 Ocean House Road
799-8396
www.ceumc.org
Chapel Service: 8 a.m.
Sanctuary Service: 10 a.m.
Child care & Sunday School: 10 a.m.
Adult Sunday School: 9 a.m.

The Church of Jesus Christ of Latter-day Saints
29 Ocean House Road
767-5000
Sacrament Meeting: Sunday, 9-10:10 a.m.
Sunday School: 10:15-11 a.m.
Primary: 10:15 a.m.-noon
Relief Society, Priesthood: 11 a.m.-noon

The Church of the Second Chance
Greater Portland Christian School
1338 Broadway, South Portland
641-3253
Sunday: 10:30 a.m.-12:15 p.m.

Congregation Bet Ha'am
81 Westbrook St., South Portland
879-0028
www.bethaam.org
Worship: Friday, 7:30 p.m.
Saturday, 10 a.m.
Family Shabbat Services: Second Friday, 6:30 p.m.

First Baptist Church of South Portland
879 Sawyer St., South Portland
799-4565
www.spfbc.com
Sunday Morning Worship: 9:30 a.m.
Awana Clubs (Grades 3-8): Tuesday, 6:20 p.m.

Promised Land World Reach Center
536 Cottage Road, South Portland
799-3152
Sunday Prayer & Intercession: 9:30 a.m.
Sunday Worship: 10 a.m.
Family Bible Studies: Wednesday, 7 p.m.
Sermon recordings available to download

Saint Alban's Episcopal Church
885 Shore Road
799-4014
www.stalbansmaine.org
Sundays: 8 a.m., 9:30 a.m.
Celtic Service: Sunday, 5:30 p.m.
Nursery: Sundays, 9:30 a.m.

Saint Bartholomew Roman Catholic Church
8 Two Lights Road
799-5528
www.saintbarts.com
Sunday Mass: 9 a.m. and 11 a.m.
Monday & Tuesday Masses: 8 a.m.

First Congregational Church United Church of Christ
301 Cottage Road, South Portland
799-3361
www.fccucc.org
Worship: 8:30 a.m., 10 a.m.
Sunday School: 10 a.m.
Preschool Child Care: 10 a.m.

let's songs have been covered by countless other artists, including Alison Krauss, Pete Seeger, Hal Ketchum, John Denver and Emmylou Harris.

First Congregational Church, 301 Cottage Road, South Portland.
7:30 p.m. Saturday, May 13.
\$22 in advance, \$25 at the door (kids 6 to 12, \$16).

Community screening of new film on addiction

The Health Ministry of St. Alban's Episcopal Church Cape Elizabeth is pleased to invite the entire community to a film screening of: The Hungry Heart, a new compelling documentary film on the prescription drug addiction and recovery.

All are invited for the film, lunch and discussion with

- Dr. Christopher Pezzullo, Maine State Health Officer, and
 - Matthew Braun, Community Advocate
- April 30, 11 a.m. to 1:30 p.m. at St.

Alban's Episcopal Church, 885 Shore Road
Lunch and conversation will follow the film

A follow-up conversation with recovery professionals will be held: St. Alban's Health Chat, May 7 at 11 a.m.

Watch for visitors

Local residents have begun keeping a sharp lookout for returning friends and newcomers to Cape Elizabeth, Fort Williams Park, the local beaches and other attractions.

Sometimes less familiar with the area, or just wanting to get a photo of the stunning views in Cape, they are known to stop suddenly, park in unexpected places or turn without warning. While this can be a bit annoying at times, Cape residents do remember that their daily commute is a dream vacation to others. Some visitors have never even seen the ocean before, or they are overwhelmed by the beauty that residents get to enjoy everyday.

As a community, Cape Elizabeth will continue to be known as a beautiful place with welcoming and generous locals.

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CELT offers medicinal herb walk in Robinson Woods

Join Mischa Schuler, owner of Wild Carrot Herbs on a walk through Robinson Woods. As the plants reawaken to spring, we will visit with these extraordinary beings in their young stages of growth - learning to recognize their patterns across the refreshed landscape.

The evening will be rich with herbal folklore and inspired by the moon and setting sun.

Tuesday, May 30 from 6:30 - 8:00pm
Meet at Robinson Woods Kiosk
\$6 per person



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MUSIC LESSONS

Flute lessons: For beginners and intermediates of all ages. Call Kris: 767-3712.

Piano lessons for all ages. Beginners through advanced. Sandi Palmquist: 329-8345.

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Next deadline: April 28 For Issue Date: May 10

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\$4/line Checks, cash, PayPal (credit cards) Minimum credit-card order: \$12		MAIL WITH PAYMENT TO: <i>The Cape Courier</i> P.O. Box 6242, Cape Elizabeth, ME 04107	
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CELT programs in May include nature walk, little explorers

Nature Walk— Vernal Pools and Wild Flowers in Robinson Woods

Learn more about Capes' natural habitats and their unique flora and fauna from Cape naturalist Tony Owens. Sponsored by the Cape Elizabeth Land Trust, this walk will increase your awareness and appreciation of the varied opens spaces here in Cape Elizabeth. Walk will be held rain or shine so dress appropriately with footwear for wet walking. Group size is limited.

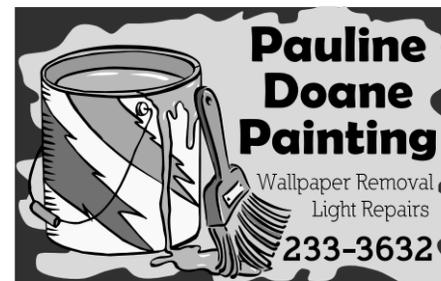
Tuesday May 16 9 a.m. to 11 am
Meet at Robinson Woods kiosk
\$6 per person

Little Explorers (ages 3-5 with an adult)

Children and caregivers will spend an hour exploring the natural wonders of the Maine woods in spring during this Cape Elizabeth Land Trust event. Join CELT

volunteer, Lisa Gent on a gentle hike through Robinson Woods where we will explore the habitat around us while we search for birds, reptiles and amphibians, mammals and plant life. Lots of hands on explorations and games included! Please dress in comfortable clothes and bring a water bottle.

Thursday, May 25 9 a.m. to 10 a.m.
Meet at Robinson Woods parking lot Shore Rd.
\$6/family



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Contributed photo

In January, Lisa Bridge-Koenigsberg traveled to Haiti for a second year to participate in a medical mission providing primary care to several orphanages and to rural mountainous villages. Bridge-Koenigsberg would like to thank Dr. David Jacobson and the staff at Two Lights Dental for a second year of donations of 500 toothbrushes and toothpaste. "The folks we serve have very limited resources so these donations are extremely helpful. Our group very much appreciates Dr. Jacobson's kind assistance," said Bridge-Koenigsberg.



Contributed photo

Amber and Dr. Zev Myerowitz recently commenced groundbreaking of their new development located at 12-15 Hill Way. The lot will include two buildings that will expand their integrative healthcare practice as well as offer 10 townhouse apartments. Completion is expected prior to year-end.

Wm H Jordan Farm Spring is in the air!!

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Jones initiated into Phi Kappa Phi

Cape Elizabeth resident Charles Jones V was recently initiated into The Honor Society of Phi Kappa Phi, the nation's oldest and most selective all-discipline collegiate honor society. Jones was initiated at University of Maine.

Riddell set to graduate

Ian Charles Campbell Riddell (CEHS 2013) will graduate from Saint Joseph's College with a degree in Psychology, and a minor in Theology in May 2017.

At graduation, he will also be inducted into the Psi Chi, International Honor Society of Psychology. He plans to live and work in Portland, where he has a job with a social service agency.

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Mother's Day Brunch by the sea

On Sunday, May 16, enjoy a sumptuous brunch complete with spectacular ocean views. 10:30am-3pm.

Three-Course Prix Fixe Sample Items
Braised Pork Belly
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