

# The Cape Courier

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Serving Cape Elizabeth Since 1988



## My Cape Elizabeth: A journey on the Appalachian Trail

By Marta Girouard



Contributed photo

*Elise Bridge, pictured with her husband Jim and son Finnley at the summit of Mount Katahdin. It marked the end of Bridge's hike of the entire Appalachian Trail.*

On August 21, Cape Elizabeth resident Elise Bridge summited Mount Katahdin, the end to her hike of the Appalachian Trail. It was a journey 16 years in the making.

Bridge was inspired to hike the Appalachian Trail for a number of reasons. As teenagers, she and each of her siblings had to complete an outdoor leadership experience prior to getting their licenses as their parents felt it would make them more responsible. Bridge chose to participate in Outward Bound in Maryland where she spent some time hiking part of the Appalachian Trail.

In November 2000, her then boyfriend and future husband Jim proposed to her. "I said yes, but told him that first I needed to hike the entire Appalachian Trail," said Bridge. "My mother had passed away when I was six and I felt this was the right thing to do to celebrate her." Bridge quit her job, did some training for the journey, and Jim dropped her off on Springer Mountain in Georgia in March 2001. Her goal was to do a thru-hike, which is hiking a long-distance trail end-to-end within one hiking season. The AT, as it is simply known, is about 2,200 miles long. According to the Appalachian Trail Conservancy, close to 18,000 people from all over the world have hiked the entire AT to date since the trail was completed in 1937.

A month in on the AT, Bridge started experiencing a lot of pain and was advised by a doctor to take some time off the trail. After a month's break, she went back and made it to Mount Washington in New Hampshire on September 11, 2001. "That day I hiked 28 miles and my knees were done," said Bridge. And given what happened on that fateful day, Bridge felt ready to go home.

Since then, Bridge has been section hiking the remaining 300 miles with family members. It just so happened though that Bridge was on her own the last 120 miles in the area known as the Hundred-Mile Wilderness. It is the section of the Appalachian Trail running between Abol Bridge just south of Baxter State Park and Monson in Maine. It is generally considered the wildest section of the AT, and one of the most challenging to navigate and hike through.

At the edge of the summit of Mount Katahdin, Bridge arranged to meet with her husband and 12-year-old son Finnley. "When I looked up and saw them waiting for me, I almost lost it," said Bridge. "It was so awesome to be able to share that experience together." The three met where the Abol and Hunt Trails converge and hiked up to the summit together, with Finnley conquering his fear of heights to be with his mom as she completed her journey.

Bridge was born in Cape Elizabeth and spent some of her youth here before growing up in Damariscotta. As an adult, she came back to Cape because she wanted to be close to her grandparents. Her grandmother's family had put roots down here several generations ago and her grandfather was a lobsterman instrumental in getting Hannaford's farming and lobster industry off the ground. "I love that Cape Elizabeth is so community orientated," said Bridge. My husband and I are raising our son here because we think it takes a community to raise a child and I feel like Cape has that."

With her trek complete, Bridge is thinking of setting her sights on another hiking adventure but has not set anything in stone yet.

## A small boat with a big history, Bette Davis once owned it

By Marta Girouard

If a boat could talk, there is one in town with some stories to tell. Only nine feet long and five feet wide, the Sea Star is a Turnabout sail boat built by Harold Turner of Gloucester, Mass. The original owners of the Sea Star were Hollywood movie stars Bette Davis and Gary Merrill, who bought the boat for their children and raised their family in Cape Elizabeth for close to a decade.

The Turnabout boat became popular in the 50s as a junior training boat and many of them were built from kits by "do it yourselfers" in garages or cellars. This class of sailboats can be mainly found in the Northeast. In 1972, the Turnabout's name was changed to the "National 10" or N10 class. A new mold was also designed at this time, with changes being made to resemble the original wooden design.

When the Davis/Merrill family moved away, the Sea Star was sold to Roger and

Elizabeth Peterson in town who owned it for almost 40 years. Their son Steve Peterson recalled many fun trips. "There were a lot



Courtesy Cape Elizabeth Historical Preservation Society  
*Hollywood stars Bette Davis and Gary Merrill, who lived in Cape Elizabeth for nearly a decade*

of great memories made in that boat, sailing back and forth from Portland Head Light to

-see SAILBOAT page 3



Photo by Marta Girouard

*John and Marybeth Richardson with their dog Billie, stand with the "Sea Star," a Turnabout sailboat originally owned by Hollywood movie stars Bette Davis and Gary Merrill, who raised their family in Cape Elizabeth for close to a decade. The current owners, the Richardsons, are hoping to donate the boat to a museum.*



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 P.O. Box 6242  
 Cape Elizabeth Maine 04107  
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**Community Reporter:** Marta Girouard  
 community@capecourier.com

**Advertising Manager:** Tara Simopoulos  
 (Display and classified ads)  
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**Bookkeeper:**  
 billing@capecourier.com

**Proofreaders:**  
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For general information:  
 info@capecourier.com/207-838-2180

For Advertising:  
 advertising@capecourier.com

**Writers:** Debbie Butterworth, Wendy Derzawiec, Bob Dodd, Erika Carlson Rhile, Marta Girouard

**Photographers:** Martha Agan, Jenny Campbell, Ann Kaplan, Joanne Lee, Katherine Urbaneck

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## Pedestrian fatality in the waiting

As a Cape resident who walks my dogs along Two Lights Road nearly every day I grow increasingly concerned that the stretch of road from Fessenden Road to the entrance to Two Lights State Park is a pedestrian accident/fatality in the waiting.

Lines of sight for drivers are very limited. Yet I see, every day, countless examples of out-of-state and Maine drivers exceeding the 35 m.p.h. speed limit endangering any pedestrian along the narrow path.

The simple solution is to construct a pedestrian walkway on the state land that abuts the roadway - similar to the walkway along Shore Road. No one can expect the police to monitor speeding violations every day, but I see speeders every day.

Let's get the town to build a safe path before some reckless driver causes irreversible harm.

**Jim Coakley**

## Cape farmers boxed out

I am hoping that, contrary to recent Town Council actions, Cape Elizabeth will someday view cannabis/hemp as the agricultural crop and economic development opportunity that it truly is. If Cape Elizabeth values its agricultural heritage and the economic viability of farms in town, then the ability to produce this plant for the growing fiber, medical and recreational markets in our state should be reconsidered and allowed. The ability of farms to grow and wholesale a lucrative crop should, therefore, be de-linked from decisions around retail outlets and

social clubs; these are different issues and should be handled separately. Prohibiting established farmers from producing this crop for the broader statewide market is shortsighted and boxes them out of opportunities that could make an enormous difference to a farm's bottom line.

I look forward to the day when diversified small farms in our town can choose to grow this crop, in addition to their other crops, and experience the economic benefits they deserve.

**Lisa Fernandes**

## The rock should not be for politics

For decades what used to be the high school promoting its events on "the rock" has suddenly become a political billboard. It's just ugly.

Doesn't it offend that someone can impose hideous political issues on the public like this rather than making the issue about the predictable opposition of sides?

With bumper stickers, some people like to expose their ideology on a piece of property they own...that's their prerogative. Well, the rock is not owned by them nor should it be used to impose advertising their personal political passions. Would it be okay for our town to have commercial billboard advertising along our pristine piece of Route 77. What's the difference between one or the other vision...no difference.

**Bill Daviero**

## Brogan selected by peers, named 'Best Lawyer'

Cape Elizabeth resident Jonathan W. Brogan has been selected by his peers for inclusion in the 24th Edition of "The Best Lawyers in America" for his work in Medical Malpractice Law - Defendants, and Personal Injury Litigation - Defendants.

He was also named the Best Lawyers' 2018 Portland, Maine Personal Injury Litigation - Defendants "Lawyer of the Year."

Only a single lawyer in each practice area in each community is honored as "Lawyer of the Year."

Additionally, Brogan was named a "Super Lawyer" by the New England Super Lawyers, and Chambers USA, a leading business litigation resource, selected him as a Tier 1 "Ranked Lawyer" in Litigation-Medical Malpractice and Insurance.

**THANK YOU!**

Your voluntary subscriptions and other contributions help keep this community newspaper coming to your mailbox.

*Thank you to these recent generous contributors:*

**Anonymous**

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School's back in session...pictured are Henry (left) and Jack Glennon (right) waiting for the bus to take them to school for the first day of first grade. Pictured in the middle is Charlie, who accompanied his older brothers to the bus stop before heading off to his first day of preschool.

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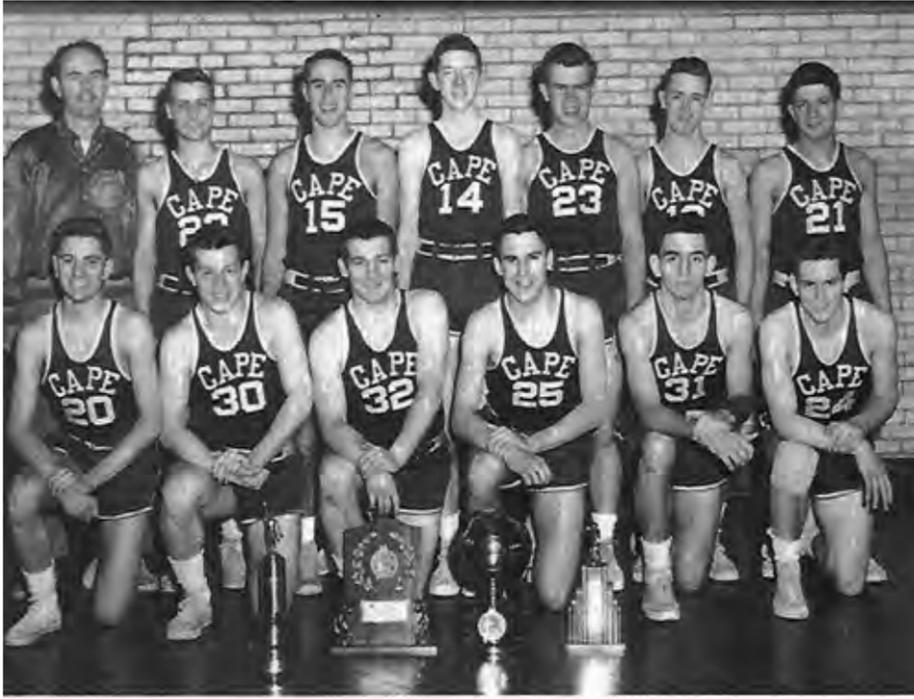
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# Cape Elizabeth Then and Now: State Champs

By Jim Rowe



First Row, Left to Right: D. Burks, A. DeSantis, W. Hoadley, F. Armstrong, E. Mandell, P. Bankson.  
Second Row: Coach Madden, L. Marshall, M. Lawrence, J. Philbrick, R. Moroug, H. Russell, H. Pachios.

Photo from the 1953 CEHS Nautilus yearbook



Photo from the 'CapeLax' Facebook page

In a recent visit to the Cape Elizabeth High School gymnasium, I once again marveled at the banners on the wall depicting state championships won by our high school's athletic teams. Most high school gyms have a handful of banners individually memorializing each conference, regional, or state championship team. In our gym, each sport has its own banner, and on each banner are the years in which CEHS has won state championships in that particular sport. I counted a total of 141 state championships in 23 sports, an average of better than 6 championships per sport. And then I noticed that these banners only go back to 1970. 141 championships in 47 years, an average of 3 per year. In fact, since 1970, it has been a rare year in which Cape Elizabeth High School has not won a state championship in something.

I also knew that CEHS had won state championships prior to 1970 (which were not represented on the banners). This spurred me to go to the Maine Principals Association website, where past state champions are listed for each sport. The earliest CEHS state championship team I could find was the 1953 boys basketball team. The most recent state championship team was this past spring's boys lacrosse team. I thought it would be fun to track down pictures of those two teams.

## Beware of scam, men posing as water district

In light of a couple incidents in York County where men posed as the local water utility to enter homes, the Portland Water District is advising Greater Portland residents to beware of anyone who claims to be a water district employee but does not have proper identification.

Portland Water District employees carry photo IDs and generally drive white vehicles with the District's name and logo clearly visible.

If you have questions about whether the Portland Water District dispatched someone to your home, please call 761-8310. If you have information about any of these cases or want to report a similar incident, please contact your local police department.

**Pauline Doane Painting**  
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## Sailboat

Continued from page 1

Richmond Island, Hannaford Cove, Two Lights, sometimes catching mackerel," said Peterson.

In the mid 1990s, Cape Elizabeth residents John and Marybeth Richardson purchased the boat from the Peterson family and with their children sailed mostly in Seal Cove between Crescent Beach and Richmond Island. The time has come

for the boat to find a new home. With its piece of Maine history, the Richardsons are hoping to donate the Sea Star to a museum.

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# Update on search for superintendent of Cape Elizabeth Schools

By Kevin St. Jarre

The Cape Elizabeth School Board is in the planning stage for the ongoing superintendent search. The upcoming search, which will be the third attempt, will be discussed this month at the board's annual goal setting meeting.

The School Board announced last April that interim Superintendent Howard Colter would stay on another year, after a second search to replace Meredith Nadeau, who left in June 2016, was unsuccessful.

The School Board announced that they unanimously agreed that "the best choice at this point is no choice," or at least to not choose someone new. Colter took over as the interim superintendent for the 2016-17 school year, and agreed to stay for the 2017-18 school year.

The latest search began in January when the Advisory Screening Committee reviewed and ranked applicants and then sent their recommendations to the School Board. The recommendations were re-

viewed and vetted by the School Board prior to holding interviews.

The Interview Committee met with five candidates in March, narrowed the field to three candidates, and the following week, the School Board met with those candidates for another round of interviews.

"We had some very qualified candidates," said Elizabeth Scifres, board chairwoman. "It wasn't that they weren't qualified or they weren't experienced."

"The role of Superintendent . . . demands a certain balance of experience, leadership and synergy that is custom to the needs of each school district. It is not a one-size-fits-all job," wrote Elizabeth Scifres, board chairwoman, "We believe we should not settle for anything less than the right match, and will continue our pursuit of excellence on behalf of our students and staff."

Cape Elizabeth is considered one of the best school districts in Maine, recently ranked No. 1 in the state by Niche.com.

# School added to Endangered list



Photo by Marta Girouard

Maine Preservation announced its 19th Most Endangered Historic Places List on September 5. Maine Preservation is the statewide, nonprofit, membership organi-

zation that promotes and preserves historic places, buildings, downtowns and neighborhoods, strengthening the cultural and eco-

-see BOWERY page 10



Howard Colter, interim superintendent of schools for Cape Elizabeth, is in his second year in the post as the School Board looks forward to a goal-setting meeting where they will discuss a third attempt to find a permanent superintendent.

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# Cape Elizabeth writers series resumes for seventh season at Local Buzz

On Saturday, September 23 from 4 to 5 p.m., Local Writers at The Local Buzz will launch its seventh season of monthly readings featuring Maine writers of prose and poetry.

The Local Buzz café and wine bar will host acclaimed Maine writer, Kate Flora reading from her fiction and nonfiction, and Westbrook poet Anna Wrobel reading from her poetry. Located at 327 Ocean House Road in Cape Elizabeth, The Local Buzz events for the 2017-2018 season will be co-hosted by poets Marcia F. Brown and Linda Aldrich.

Author Kate Flora grew up on a chicken farm in Maine. As a lawyer, she previously worked in the Maine attorney general's office where she "learned all a crime writer needs to know about the human propensity to commit horrible acts."

Flora's fifteen books include seven Thea Kozak mysteries, four gritty Joe Burgess police procedurals, a suspense thriller (written as Katharine Clark), and two true crime books, "Death Dealer" and "Finding Amy" (co-written with Joseph Loughlin, a Portland, Maine Deputy Police Chief).

"Finding Amy" was a 2007 Edgar nominee, a Maine Literary Award finalist, and has been optioned for a movie.

In April 2016, she published the co-written memoir of retired Maine game warden Roger Guay, "A Good Man with a Dog: A Retired Warden's 25 Years in the Maine Woods." In the fall of 2016, she published the fifth book in her Joe Burgess police procedural series, "Led Astray."

Poet Anna Wrobel is an historian, teacher and poet. Her poetry collection, "Marengo Street," was published 2012 by Moon Pie Press, and a second collection is due in 2018. She is a contributing writer for Jewish Currents journal, and has published work in several journals including Cafe Review, Off the Coast and Lilith.

She has been a participant in the University of Maine at Augusta's Holocaust Human Rights Center art/poetry exhibit, "Dilemma of Memory," and an advocate for historically driven poems being used in history and English classes in several U.S. states, Poland, Germany and the Middle East.

The event is free and open to the public. Audience members may enjoy The Local Buzz menu of teas and coffees, wine or cocktails and locally sourced food during the readings. More information at [www.capelocalbuzz.com](http://www.capelocalbuzz.com).

# Home repair fraud, backpack with five pairs of binoculars found, improper passing of emergency vehicle earns \$311 fine

Reported by Debbie Butterworth

## COMPLAINTS

- 8-8 An officer met with a resident of the Cross Hill area regarding an ID theft. Someone had opened a credit card in the victim's name and had tried to open three other cards but was unsuccessful.
- 8-9 An officer met with a resident of the Oakhurst area regarding a home repair fraud.
- 8-9 An officer met with an employee of the Public Works Dept who turned over a passport and Visa card found at the transfer station. Owner was contacted, property returned.
- 8-9 An officer spoke with a resident of the Spurwink Avenue area regarding a missing iPad.
- 8-9 An officer received a purse found at Fort Williams. Owner contacted, property returned.
- 8-9 Two officers responded to a residence in the Fowler Road area for an unattended death.
- 8-10 An officer met with a resident of Gorham regarding an assault complaint.
- 8-10 Two officers responded to a residence in the Scott Dyer Road area for a well-being check
- 8-14 An officer met with a resident in the Mitchell Road area regarding a harassment complaint.
- 8-14 An officer met with a resident of the Scott Dyer Road area regarding an assault.
- 8-15 An officer met with a subject at Kettle Cove who pointed out a raincoat and backpack left behind. The raincoat and backpack, containing five binoculars, was brought to the police station for safekeeping.
- 8-15 Two officers responded to a residence in the Shore Road area for a well-being check
- 8-17 An officer met with a resident of the Shore Road area who showed him that his car's mirror had been smashed by a car while parked on the side of the street.
- 8-17 An officer met with a resident of the Oakhurst area regarding a possible missing person.
- 8-18 An officer met with a ranger at Fort Williams regarding criminal mischief. Four tables had been destroyed and beer bottles had been smashed.
- 8-18 An officer met with a resident of the Ocean House Road area regarding a trespass complaint.
- 8-18 Two officers responded to a residence in the Ocean House Road area for a domestic disturbance.
- 8-21 An officer met with a resident of Fowler Road area to show where a vehicle had struck his mailbox.

8-21 An officer met with a resident of the Ocean House Road area regarding a well-being check.

## SUMMONSES

- 8-9 New Sharon resident, failure to produce insurance, Route 77, \$171
- 8-10 Portland resident, speeding (49/30 zone), Sawyer Road, \$185
- 8-11 Hollis resident, violation of conditions of release, operating after license suspension, Broad Cove Road
- 8-11 Hollis resident, unregistered vehicle, Route 77, \$70
- 8-12 Brewer resident, operating after license suspension, Route 77
- 8-12 Mexico resident, operating after license suspension, expired license, Shore Road
- 8-12 Portland resident, improper passing of emergency vehicle, Ocean House Road, \$311
- 8-13 Portland resident, unregistered vehicle, operating after license suspension, Crescent Beach
- 8-14 Cape Elizabeth resident, violation of conditions of release, Ocean House Road
- 8-16 Westbrook resident, operating after license suspension
- 8-17 Cumberland resident, unlawful possession of scheduled drug, Scott Dyer Road
- 8-18 Cape Elizabeth resident, telephone harassment, Gladys Road
- 8-19 Portland resident, operating after license suspension, Shore Road
- 8-19 Westbrook resident, uninspected vehicle, Bowery Beach Road, \$133
- 8-20 Portland resident, speeding (39/30 zone), Shore Road, \$119
- 8-21 Portland resident, operating after license suspension, Route 77, \$310

## ACCIDENTS

- 8-15 Ian Stuart, Sairah Shir, accident on Ocean House Road
- 8-10 Martha Stenstrom, David Stenstrom, accident on Old Ocean House Road

- 8-13 Barbara Jordan, accident on Starboard Drive
- 8-16 Owen Doherty, accident on Oakhurst Road
- 8-16 Melinda Lorrens, accident on Bowery Beach Road
- 8-19 Steven Fulton, Rebecca Brosnan, accident on Ocean House Road
- 8-20 Joanne Elltiott, Stephen Mcelwain, accident on Route 77

## ARRESTS

- 8-11 Standish resident, operating after license suspension, violation of conditions of release, Broad Cove Road
- 8-12 Mexico resident, operating after license suspension, expired license over 90 days, Shore Road
- 8-13 Portland resident, operating after license suspension, unregistered vehicle, Crescent Beach
- 8-14 Cape Elizabeth resident, violation of conditions of release
- 8-16 Westbrook resident, operating under the influence of alcohol
- 8-20 New Hampshire resident, operating under the influence of alcohol, Shore Road
- 8-21 Portland resident, warrant, Ocean House Road

## FIRE CALLS

- 8-9 Kettle Cove Water rescue
- 8-9 South Portland Mutual Aid
- 8-10 Scott Dyer Road, fire alarm
- 8-10 Ocean House Road, car accident
- 8-11 Leighton Farm Road, fire alarm
- 8-11 Birch Knolls, investigation
- 8-14 Ocean House Road, fire alarm
- 8-15 Ocean House Road, fire alarm
- 8-16 Humphrey's Road, fire alarm
- 8-18 Spurwink Avenue, power lines down

## RESCUE CALLS

There were 28 runs to Maine Medical Center. There were five patients treated by rescue personnel but not transported.

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# New view from the Inn by the Sea



Pictured is a view from one of Inn by the Sea's 12 newly constructed two-bedroom suites that opened to guests in July. The suites replaced 12 two-bedroom cottage style suites, and were built with visiting families in mind each with two bedrooms, full kitchens, dining and living rooms with fireplaces and furnished outdoor decks.



Pictured looking over his shoulder while boarding the bus for his first day of second grade is Ryan Tammaro. Students have returned to school and drivers are asked to slow down, pay attention and reminded to never pass a stopped school bus. Little ones can appear suddenly from around any corner.



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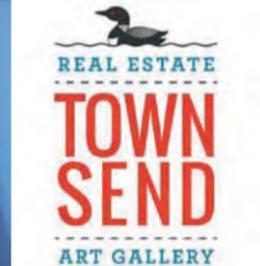




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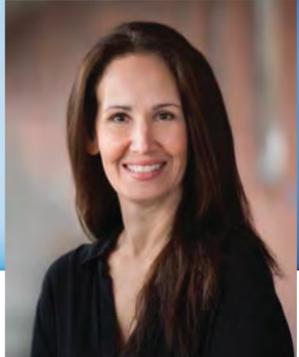
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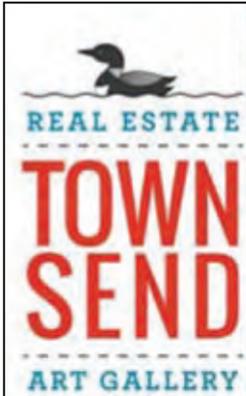


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**October 19 ~ 6-8pm**  
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40 Bowery Beach Road | Cape Elizabeth, ME 04107 | InnbytheSea.com




# CELT to hold Harvest Party



Join the Cape Elizabeth Land Trust for the annual Harvest Party celebrating the community, CELT's volunteers and more than 30 years of conserving Cape Elizabeth's treasured places. Bring your family and friends -- and a picnic blanket if you wish -- to the Fort Williams Park Picnic Shelter in Cape Elizabeth on Sunday, Sept. 17, from 4 to 6:30 p.m. Enjoy a barbecue featuring local foods, live music by the Earth Tone String Band, (pictured above) lots of activities for the kids, a pie competition with ice cream, and more. Admission is free. CELT is actively seeking volunteers and pie bakers -- if interested, call or email Patty at (207) 767-6054 or [Patty@capelandtrust.org](mailto:Patty@capelandtrust.org).

# Enjoying the Outdoors: Trundy Point

By Marta Girouard



Photo courtesy of Cape Elizabeth Land Trust

Trundy Point is known for its signature stone outcropping extending 100 yards out into the water.

The property features a sheltered pocket beach ideal for picnicking and swimming and provides expansive views of Casco Bay. On a clear day, one has the opportunity to view five lighthouses from Trundy Point. The area also provides safe habitat

for animals like the eider, which is a sea duck that visits the protected cove each spring.

Access to Trundy Point is available off Reef Road in the Shore Acres neighborhood. Limited parking is allowed on Reef Road and cars must not block driveways, mailboxes, or park on blind corners.

Send your favorite nature photos, taken in Cape Elizabeth, to [editor@capecourier.com](mailto:editor@capecourier.com). Identify where you took the photo and the name of the photographer. It might be selected to run in our Nature section.

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# CEEF presents annual Brownell and Thompson Awards at luncheon

The Cape Elizabeth Education Foundation (CEEF) was excited to help kick-off the school year by presenting its annual awards during the district's August 30 welcome back staff luncheon. The annual Brownell and Thompson awards honor Cape faculty and staff and highlight the dedication and innovation of Cape's teachers.

The Brownell Award, named in honor of retired CEHS mathematics teacher Elaine Brownell, recognizes a CEEF grant from the previous calendar year that made a significant impact. This year's recipient was the Sexual Assault Awareness for Everyone (SAAFE) grant, a day-long student driven project created "to provide tools for all students on a sensitive and crucial topic" noted Brownell during the presentation. Brownell also expressed her hope that "this award will courage others to come forward with ideas" and award recipients expressed their desire to see the event happen again for the junior and senior classes at CEHS.

The Thompson Award, established in memory of Timmy Thompson, son of Tim and Nancy Thompson, recognizes a teacher or staff member who goes above and beyond the norm, reaching out and mentoring students. Ted Jordan, a CEHS social studies teacher, was this year's recipient for being an educator who "continually provides new experiences and opportunities to CEHS students." As presenter Nancy Thompson noted, Jordan's dedication to students is unmatched and his ability "to instill creativity and independent thinking is a monumental testament to his work ethic and love of the profession."

CEEF congratulates this year's Thompson and Brownell award winners who demonstrate the dedication and passion of Cape Elizabeth teachers. As always, CEEF strives to support the Cape Elizabeth school district by providing grants for innovative and impactful projects across the district with support of the Cape community.



Contributed photo

Brownell Award awardees and presenter, from left to right: Jeff Shedd, Sarah Harrington, Elizabeth Thomas, Elaine Brownell, Christie Gillies, Brandy LaPointe, Kim Gillies  
Not pictured but honored: Stephen Bennett, Natalie Gale, Maggie Gleason, Caroline Lengyel and Lily Mackenzie



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Contributed photo

Ted Jordan, winner of the Thompson Award shown at center between Nancy and Tim Thompson

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# A celebration of the artwork of Dorothy Jensen

By Marta Girouard

During the month of September, the artwork of the late Dorothy Jensen is being featured in the Stier Family Gallery at Thomas Memorial Library. The exhibit was the collaborative effort of Nancy Ricker, a close friend of Jensen's who was also profoundly impacted by her work and Jensen's daughter-in-law Laurie Jensen.

Dorothy Jensen grew up in Cape Elizabeth and received a degree in art from Smith College. She and her husband Ray moved back to Cape after Dorothy's father passed away. Jensen took courses at MECA, worked at the Children's Museum in Portland, and was well known in town for her art and gardening. She passed away in 1999.



Photo courtesy of Nancy Ricker

Pictured left is artist Dorothy Jensen and Nancy Ricker on right.

"Dorothy was an incredible artist. She was first and foremost a wonderful water colorist. She also made exceptionally fine and creative pottery," stated Nancy Ricker. Ricker first met Jensen when she moved into her neighborhood as a little girl. "She immediately took me under her wing," said Ricker. It was the beginning of a friendship that would last many decades. Ricker enjoyed watching Jensen create pottery and some years later she began to have an interest in "throwing pots." Jensen actively encouraged Ricker in her art and craft skills. From the artists doing a couple of art shows together to the two families vacationing several times in St. Thomas, Ricker recalls many wonderful memories made over the years. "She truly made a difference in my life in every way," said Ricker. "She was like no other."

The exhibit will be up for viewing at the library for the month of September.



Photo by Marta Girouard

For the month of September, the artwork of the late Dorothy Jensen is being featured in the Stier Family Gallery at Thomas Memorial Library.

# Shoreline Access Survey open until Sept. 15

The Harbors Committee will accept responses to its online Cape Elizabeth Shoreline Access Survey until Sept. 15. As of August more than 370 responses have been received. The input will help the committee, an ad hoc group appointed by the Town Council, develop recommendations for public access, mooring availability and other areas related to the town's coastal waters.

You can take the survey at: [www.surveymonkey.com/r/Harbors](http://www.surveymonkey.com/r/Harbors)



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## Lunch & Learn with TRIAD

Join the South Portland/Cape Elizabeth TRIAD for lunch and a Medicare Open Enrollment Workshop for seniors, presented by the Southern Maine Area on Aging. There is no charge for this event, but you must pre-register by Monday, September 25. To register, contact South Portland Officer Bob Libby (207) 799-5511 ext. 7422 or CEPD Officer David Galvan (207) 767-3323 ext. 208.

**Date & Time:** Wednesday, September 27, 12:00 - 1:00pm

**Fee:** Free

**Registration Deadline:** Monday, September 25

**Location:** The Fireside Room at Thornton Heights United Methodist Church, 100 Westbrook St., South Portland.

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# Thomas Memorial Library to host author, music historian, live opossum and to explore legacy of Judy Garland

## Learn About Unusual Fall Bulbs

Lisa Colburn, author of "The Maine Garden Journal: Insider Secrets for People Who Love to Put Their Hands in the Dirt," will speak about unusual bulbs you can plant in the fall for spring bloom. The program, offered in partnership with the Cape Elizabeth Garden Club, will take place on Tuesday, September 26. Coffee served at 6:00 p.m., and the program begins at 6:30 p.m.

## Explore the Legacy of Judy Garland

Award-winning music producer, critic and translator Lawrence Schulman, who lives on Mount Desert Island, will give a talk on Judy Garland, entitled "Moments of Magic," at the Thomas Memorial Library on Thursday, September 28, 2017 at 6:30 P.M. The one-and-a-quarter hour talk will examine Garland's life and career, and feature nine audio-video clips, to be followed by a question and answer session. Schulman will endeavor to answer the question: "If I had about one hour to convince you of Judy Garland's place in classic American popular music, what film and television performances would I choose?"

## Meet a Live Opossum

In the October entry in the library's Maine Wildlife Lecture Series, Katie Brodeur, Environmental Educator from the Center for Wildlife, will discuss the importance of opossums to Maine's ecosys-

tem, as well as their unique characteristics. She will be joined by Wilbur, a live opossum Ambassador from the center. Discover why opossums are creatures you should want to have as residents in your backyard! The talk will take place on Thursday, October 5 at 6:30 p.m. In November, wild-life biologist Deborah Perkins will be on hand to discuss Maine's bears.

## Music Historian Returns to Discuss the Music of Star Wars and the Beatles

Aaron Krerowicz delivered two popular multimedia programs last year at the library focusing on the music of the Beatles. He returns this year on October 14 for two more fascinating presentations. At 2 p.m., Krerowicz will explore the music of Star Wars. Often called a "space opera", one aspect of the Star Wars films that helped make them such a pop culture phenomenon was composer John Williams' iconic music.

This 60-minute multimedia presentation showcases music from all seven movies. Then, in a special after-hours presentation, at 7 p.m., Krerowicz will return to the Beatles, this time in a presentation entitled, "From the Shadow of JFK: The Rise of Beatlemania in America." Many Beatles authors have cited John F. Kennedy's assassination on November 22, 1963 as a cause of the Beatles' sudden popularity in the United States in early 1964.

Their logic: Kennedy's assassination

made America sad, then the Beatles made America happy again. But this commonly accepted answer is overly simplistic. The real answer is that Kennedy's life and death inadvertently primed the nation for the Beatles' arrival and success. This multimedia program will explain how and why. All are welcome.

## Bowery

Continued from page 6  
 nomic vitality of Maine communities. The Most Endangered Historic Places List began in 1996 for the purpose of identifying and

raising public awareness of preserving endangered and threatened historic properties and materials. Since that time 144 places have been included on the list of which 53 have been saved, 26 are in motion and 17 have been lost.

New to the list this year was Bowery Beach School House in town. Built in 1865, the building was initially used as a schoolhouse and converted to the Ladies Union in 1931. The property is currently used as a meeting place for the Cape Elizabeth Lions, support groups and the local Boy Scouts. According to a press release from Maine Preservation, there may not be funds in the near to continue maintenance and ownership of the building for a number of reasons. This includes declining membership, a limited operating structure, and a recent professional building inspection that revealed a need for significant repairs.



Committee members Andie Mahoney, Marissa Haydar, Tara Simopoulos and Susan Frost paint the rock for the upcoming Tri by the Sea Youth Triathlon which will be held in Cape on September 17.



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# Grant-funded study follows complaints of excessive speed in four Cape neighborhoods

As students and their families look to the start of a new school year, those driving in the Broad Cove subdivision are also being reminded to stay within the posted speed limit.

The reminder is associated not so much with back-to-school as it is with a years-long neighborhood concern about speeding.

Broad Cove Road, specifically near the first bend entering the subdivision, was one of four areas studied by VHB Engineering Consultants in June 2017. The study was part of the town's response to complaints about excessive speed in Broad Cove and on Fowler Road (at Fenway Road), Mitchell Road (at Meadowview Lane) and Shore Road (at Ocean View Road).

Data collected between June 15-21 indicated weekday drivers were speeding at all four locations on average, but not

enough to trigger action by the town.

"The average 24-hour speeds on all four of the study-area roadways did not exceed the posted speed limit by more than 5 mph," said Tony Grande, director of transportation engineering with VBH, at the Aug. 14 meeting of the Town Council. "Based on the town's traffic-calming policy, (the data) suggest that Shore Road, Fowler Road and Mitchell Road are not eligible for passive control measures," Grande said.

All three are considered connector roads - intended to move traffic efficiently - and are therefore eligible for only "passive controls," such as speed-notification sign boards and neighborhood mailings and only if average speeding is more than 5 mph over the limit.

Broad Cove Road, however, is readily eligible for passive measures as outlined in the policy.

For now, those measures include a letter sent to residents in mid-August, said Town Manager Matthew Sturgis.

"As you recall from the (June 5) workshop with the residents, the primary source of speeding within Broad Cove is Broad Cove residents," Sturgis told members of the council. "We sent a letter to all the residents in Broad Cove this week just reminding them to be safe and to stay within the speed limit," he said.

Speed-recording devices were placed on the roads as near the areas of complaint as possible, but not so near natural turns where drivers tend to slow, Grande said. Average-speed calculations included data collected from Tuesday through Thursday during the test period.

At the council's Aug. 14 meeting, Shore Road resident Chris Straw said that calculations should have included data from

weekends, when he said cars speed to Fort Williams Park.

A grant from the Portland Area Comprehensive Transportation System provided \$4,000 of the \$5,000 cost of the VHB study. Sturgis, in an email after the meeting, said the Town Council's consensus at their June workshop was to pursue the PACTS grant. "The thought of having a third party perform the study was considered a good approach as the Police Department had historically done their own studies in the past," Sturgis said. "This analysis confirmed much of what the Cape PD had found previously."

The town has implemented passive traffic-calming measures, such as increased police patrols, since the policy's adoption in 2007, but Sturgis said he believed this was the first execution of a neighborhood mailing.



Photo by Kevin St. Jarre

Four different areas were studied for excessive speed leading to the determination that only the Broad Cove area qualified for "passive control measures." The neighborhood has many signs asking drivers to "Drive like your kids live here."



The Ultimate Frisbee National Championships were held in Minnesota in August and Maine Ultimate sent four teams to participate in the three-day tournament: Mixed, U20 Boys, U17 Boys and U17 Girls. The team rosters had players from throughout the state. Pictured here from the U17 Girls team are Cape Elizabeth residents Coach Jackie Pierce, CEHS Juniors Katie Ledoux and Maggie Pierce, and CEHS Sophomore Karli Chapin. The Maine U17 Girls team went undefeated in pool play and tournament play, making it to the championship game on the final day. The sidelines were a sea of red uniforms as the other Maine teams cheered the girls on. Maine was well represented, and are proud of their Silver Medalists.

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## IT'S FALL YARD CLEANUP TIME

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## Residents urged to register in advance for free disposal of unusable pesticides

This October, the Maine Department of Agriculture, Conservation and Forestry's (DACF) Board of Pesticides Control (BPC) will team up with the Maine Department of Environmental Protection (DEP) to help Mainers dispose of unusable and waste pesticides.

The Obsolete Pesticides Collection Program, jointly sponsored by the BPC and DEP, and funded through pesticide product registration fees, has kept more than 99 tons of pesticides out of the waste stream since its start in 1982.

This free annual program is open to homeowners, family-owned farms and greenhouses. The nearest collection point for Cape Elizabeth residents will occur in Portland.

Participants must pre-register by September 29. Drop-ins are not permitted. The collected chemicals will be taken to out-of-state disposal facilities licensed by the federal Environmental Protection Agency where they are incinerated or reprocessed.

Pesticides may become unusable due to age, freezing or evaporation, or because their legal registration changes. It is important to remember that the term "pesticides" includes not only insecticides, but also herbicides, fungicides and rodenticides.

Past participants in the program have reported finding obsolete pesticides in barns of inherited properties, garages of newly purchased homes and other unexpected places.

Governor Paul R. LePage is urging Mainers to take advantage of this opportunity to protect the environment and save money through this once a year collection event that highlights cooperation between

government agencies.

"This is an opportunity for Mainers to dispose of unusable pesticides properly and at no expense," said Governor LePage. "Through consolidated collections at four central locations and the use of in-house resources and expertise, disposal costs are reduced to about \$2 per pound. That is a great value for Maine taxpayers lowers costs and helps protect the environment."

DACF Commissioner Walt Whitcomb is encouraging Mainers to seize this free opportunity for pesticide disposal.

"This program provides essential protection of the public, wildlife, and environment. Pesticides thrown in the trash or poured down the drain contaminate drinking water and cause environmental damage," said Commissioner Whitcomb. "I urge people storing these products to contact the BPC and register as soon as possible for the October program."

"Providing Maine residents with a free and easy solution to properly dispose of pesticides gives everyone an opportunity to make a positive impact on our environment and public health," said Paul Mercer, DEP commissioner.

To register, get details and learn important information about the temporary storage and transportation of obsolete pesticides, go to the BPC Web site at [thinkfirstspraylast.org](http://thinkfirstspraylast.org), or call 207-287-2731.

•For more information on the Maine Board of Pesticides Control, go to: [thinkfirstspraylast.org](http://thinkfirstspraylast.org).

•For more information on the Maine Department of Environmental Protection, go to: [maine.gov/dep](http://maine.gov/dep)

## New fall schedule at St. Alban's Episcopal Church

St. Alban's Episcopal Church has begun a vibrant, new fall schedule. All are welcome.

Three distinctive services are offered every Sunday; a reflective 8 a.m. service is followed by a 9:30 a.m. service for families with organ and choir. Celtic Eventide, a candle-lit contemplative gathering with music and reflections is at 5:30 p.m.

Nursery care for infants and toddlers, and Christian education programs for children and youth, are offered during the 9:30 a.m. service. In Godly Play, children entering kindergarten in September 2012 and 2013 learn the church year and the significance of religious holidays through guided play. In Our PLACE, children in grades one through four rotate through three classrooms during a three-week period, learning through crafts, storytelling, films and acting in the drama studio.

For fifth grade through High School youth, St. Alban's has designed new programs starting this fall. Fifth and sixth graders will have an opportunity to participate in Connect, which will provide a setting for connecting with each other as well as helping them link major themes found throughout scripture. For seventh and eighth graders, Rite 13 is a program focuses on the major questions young people face growing up today.

The St. Alban's High School youth group will meet for fellowship twice a month in a low-stress environment. The focus of this group will be to support Greater Portland area youth as they manage their high-pressured lives. Retreats, social service opportunities, and a mission trip will also be part of this program.

And for adults, numerous continuing and formation offerings are planned for the fall.

## St. Bartholomew Church offering two groups

### "Be Fit to Serve As God Intended"

A faith-based group led by Nicolaus Bloom, Health Coach, providing a support system to define and implement healthy lifestyle changes. Learn the fundamentals of healthy nutrition and discover the tools that help you overcome the challenges of living a healthy lifestyle. The fellowship of this group will help you live more vibrantly, healthfully and faithfully. The group will meet Thursdays at 3:00pm at St. Bartholomew Church, 8 Two Lights Rd in Cape Elizabeth beginning Sept. 27th through Nov. 16th (for eight weeks). The cost is \$10 for materials. All are welcome. Registration is required and class size is limited. For more information, please call 799-2447.

### "Are you facing cancer or other serious illness? Join HealingStrong!"

Connect with others who are interested in learning more about natural strategies that help to heal strong and stay strong. We will cover topics on nutrition and lifestyle, the role of faith in the healing process, emotional health and de-stressing our lives. This support group is open to people of all faiths and there is no cost to participate. We will meet the last Wednesday of every month Sept-June at 3:00PM at St. Bartholomew Church, 8 Two Lights Road in Cape Elizabeth. To learn more about the group's purpose, please visit [www.healingstrong.org](http://www.healingstrong.org). To register call 799-2447.

## Cape Elizabeth Church of the Nazarene celebrating 50th Anniversary

Members of the Cape Elizabeth Church of the Nazarene will hold the church's 50th annual Homecoming Weekend on Sept. 16-17. A picnic is planned from noon to 3pm on Saturday, Sept. 16, at the picnic pavilion at Two Lights State Park. On Sunday at 9:30am, the celebration will continue with an informal continental breakfast at the church.

The 50th anniversary celebration will conclude with a worship service at 10:45am. Pastor Brent Neely, called to serve the church in November 2016, will lead the

service. All current and former church members, friends, and community members are invited to attend any and all events. It will be a time to share memories, renew old friendships, and make new ones. For more information, please go to [www.capenazarene.org](http://www.capenazarene.org). You may also contact Pastor Brent at 799-3692 or at [pastorbrent@capenazarene.org](mailto:pastorbrent@capenazarene.org).

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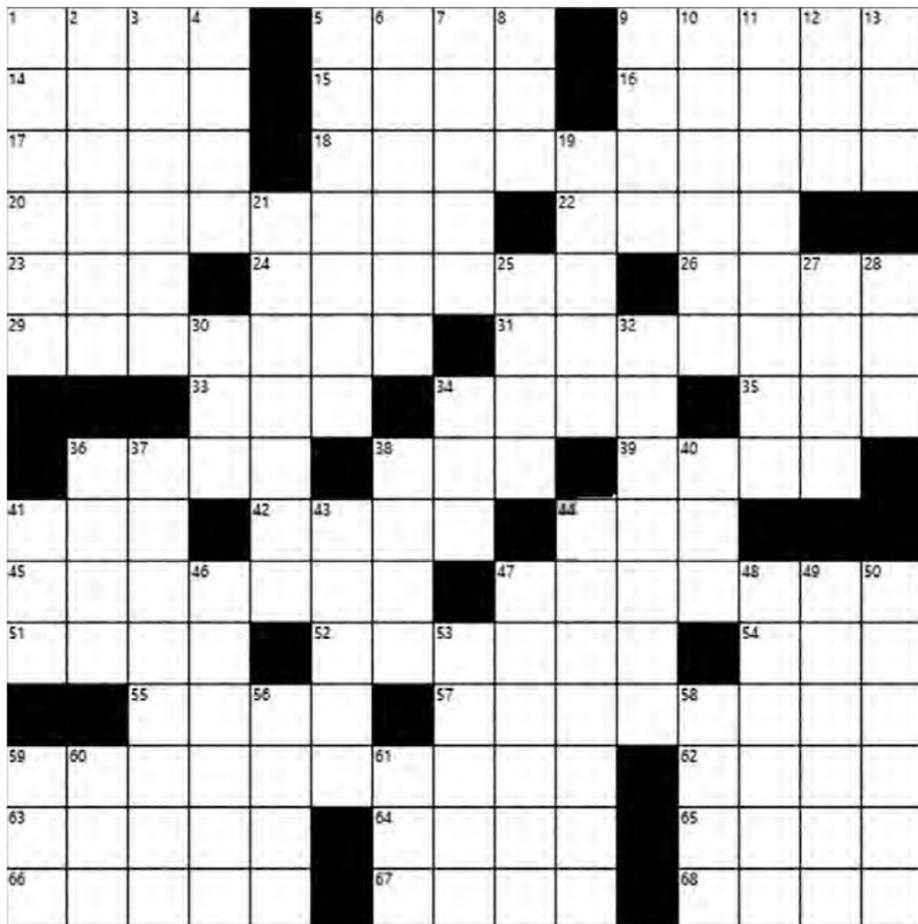
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# The Cape Cross

Created by Rich Dana

## ACROSS

- 1. Scott \_\_\_\_\_ Road
- 5. Genre of painting
- 9. Apexes
- 14. Give in
- 15. Hydrocarbon suffixes
- 16. Its capital is Accra
- 17. One of the "Property Brothers"
- 18. More than 325 million Americans can't claim this title
- 20. Wyatt Earp and Doc Holliday were there
- 22. Just
- 23. Like most springs in Cape Elizabeth
- 24. Nor' \_\_\_\_\_, 23 Across kind of storm
- 26. It has a Retina
- 29. \_\_\_\_\_ Thruway, 496 mile stretch from The Bronx to PA
- 31. Certain payments
- 33. Shipyard output
- 34. Fred and Wilma's playful pet
- 35. Long, narrow inlet
- 36. IOU, perhaps

- 38. "Grease" tune, "Look at Me, I'm Sandra \_\_\_\_\_"
- 39. Level
- 41. With 30 Down, a fruity potable
- 42. Disney snowman
- 44. The twelfth mo.
- 45. "\_\_\_\_\_ the window"
- 47. With 63 Across, our "Maine" drag
- 51. Prior (abbr.)
- 52. Blue water?
- 54. Org. for some grads of UNE
- 55. Suf- suffix
- 57. Local avenue and river
- 59. Undercooked, maybe
- 62. Bic pen
- 63. See 47 Across
- 64. Memo header
- 65. Radius, for one
- 66. Insurance fraud
- 67. Oxford button down collar (abbr.)
- 68. Maine's Queen City (abbr.)

## DOWN

- 1. Washington nickname

- 2. Red Sox address, 4 \_\_\_\_\_ Way
- 3. Sends packing
- 4. Town in "Sister Act"
- 5. Tell the story
- 6. Not a comfortable feeling
- 7. Sent cards?
- 8. Frequent class for newcomers
- 9. Renowned Cape Courier photographer, Martha \_\_\_\_\_
- 10. Long-time mall area restaurant
- 11. Common birthday wish
- 12. Dir. from Cape Elizabeth to Bar Harbor
- 13. Student Aid Report received after filing your FAFSA
- 19. "Happy Days" actress Erin
- 21. Dealer for the house?
- 25. At the end of 29 Across
- 27. Mideast ruler (var.)
- 28. Jeff. Davis was its pres.
- 30. See 41 Across
- 32. Without exception
- 34. \_\_\_\_\_ Leppard, "Rock of Ages" band
- 36. "It Must Be Him" singer Vikki
- 37. LG and Samsung products
- 38. "Star Trek" commander
- 40. It's common in 44 Across
- 41. Stylist's challenge
- 43. Heavily loaded
- 44. Premiered
- 46. A clip sent in email, maybe
- 47. Outstanding
- 48. Attach firmly
- 49. Working out at Anytime Fitness
- 50. Non-stop blabber
- 53. Justin Timberlake played in it
- 56. Southernmost N.E. state
- 58. Station founded by the Univ. of Maine, Colby, Bates, and Bowdoin colleges
- 59. Edw. Snowdon worked there
- 60. "Spangled" contraction
- 61. Part of a barnyard refrain

## Solution for Aug 30, The Cape Cross



## Garden Club to host author

Lisa Colburn, the author of the Maine Garden Journal, will speak about unusual fall-planted flower bulbs at 6:30 p.m. Sept. 26 at the Thomas Memorial Library. The presentation is sponsored by the Cape Elizabeth Garden Club and is open to the public. Coffee and other beverages will be served at 6 p.m.

In connection with the program, the Garden Club this fall will be selling flower bulbs as a project to fund the scholarship the club gives annually to a Cape Elizabeth High School graduate.

The club in past years has raised money for the scholarship by holding a plant sale in the spring. But due to the winter moth infestation in town, a pest that in its caterpillar form decimates hardwood trees and spreads by people digging up plants and moving them to new locations, the club decided it was unethical to sell infested plants and canceled its plant sale.

The deadline for ordering bulbs will be Oct. 3, and order forms can be obtained by contacting Tom or Nancy Atwell at 21 Scott Dyer Road, 767-2297, atwelln@aol.com or from any other garden club member



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# CAPE CALENDAR

By Wendy Derzawiec

## Monday, September 18

Town Council and Fort Williams Park Committee, 7 p.m., Town Hall chamber

## Tuesday, September 19

Planning Board, 7 p.m., Town Hall chamber

## Wednesday, September 20

Comprehensive Plan 2019 Committee, 7 p.m., Town Hall

## Thursday, September 21

Thomas Memorial Library Committee, 6:30 p.m., Thomas Memorial Library  
Fort Williams Park Committee, 7 p.m., Public Works

## Tuesday, September 26

School Board Finance Committee and Workshop, 6:30 p.m., High School Library and Learning Commons  
Board of Zoning Appeals, 7 p.m., Town Hall chamber

## Ongoing each week

**Al-Anon**, Regular meeting 7 p.m. Thursdays, at United Methodist Church, 280 Ocean House Road. Regular meeting 7 p.m. Fridays at St. Alban's Church.

**Alcoholics Anonymous**, 2 p.m. Saturdays, First Congregational Church, 301 Cottage Road, South Portland; 7 p.m. Wednesdays, St. Bartholomew Church; 7 p.m. Fridays, St. Alban's Church.

**Cape Elizabeth Historical Preservation Society**, 9 a.m.-noon Thursdays, Public Safety Building

**Cape Elizabeth Lions Club**, 6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road

**Cape Farm Alliance**, third Wednesday, 7 p.m., Community Center

**South Portland/Cape Elizabeth Rotary Club**, each Wednesday at 6:15 p.m. Purpoodock Country Club, Spurwink Avenue. 767-7388.

**Codependents Anonymous (CODA)** group at Cape Elizabeth United Methodist Church. Regular meeting weekly on Saturdays at 10:30 a.m. Call 799-4599 FMI.

# SERVICES

## Cape Elizabeth Church of the Nazarene

499 Ocean House Road (Route 77)  
799-3692

[www.capenazarene.org](http://www.capenazarene.org)

Sunday School for all ages: 9:30 a.m.  
Sunday Worship Celebration: 10:45 a.m.  
Services streamed live or on demand:  
[watch.capenazarene.org](http://watch.capenazarene.org)

## Cape Elizabeth United Methodist Church

280 Ocean House Road  
799-8396

[www.ceumc.org](http://www.ceumc.org)

Chapel Service: 8 a.m.  
Sanctuary Service: 10 a.m.  
Child care & Sunday School: 10 a.m.  
Adult Sunday School: 9 a.m.

## The Church of Jesus Christ of Latter-day Saints

29 Ocean House Road  
767-5000

Sacrament Meeting:  
Sunday, 9-10:10 a.m.  
Sunday School: 10:15-11 a.m.  
Primary: 10:15 a.m.-noon  
Relief Society, Priesthood: 11 a.m.-noon

## The Church of the Second Chance

Greater Portland Christian School  
1338 Broadway, South Portland  
641-3253

Sunday: 10:30 a.m.-12:15 p.m.

## Congregation Bet Ha'am

81 Westbrook St., South Portland  
879-0028

[www.bethaam.org](http://www.bethaam.org)

Worship: Friday, 7:30 p.m.  
Saturday, 10 a.m.  
Family Shabbat Services:  
Second Friday, 6:30 p.m.

## First Baptist Church of South Portland

879 Sawyer St., South Portland  
799-4565

[www.spfbc.com](http://www.spfbc.com)

Sunday Morning Worship: 9:30 a.m.  
Awana Clubs (Grades 3-8): Tuesday, 6:20 p.m.

## Promised Land World Reach Center

536 Cottage Road, South Portland  
799-3152

Sunday Prayer & Intercession: 9:30 a.m.  
Sunday Worship: 10 a.m.  
Family Bible Studies: Wednesday, 7 p.m.  
Sermon recordings available to download

## Saint Alban's Episcopal Church

885 Shore Road  
799-4014

[www.stalbansmaine.org](http://www.stalbansmaine.org)

Sundays: 8 a.m., 9:30 a.m.  
Celtic Service: Sunday, 5:30 p.m.  
Nursery: Sundays, 9:30 a.m.

## Saint Bartholomew Roman Catholic Church

8 Two Lights Road  
799-5528

[www.saintbarts.com](http://www.saintbarts.com)

Sunday Mass: 9 a.m. and 11 a.m.  
Monday & Tuesday Masses: 8 a.m.

## First Congregational Church

## United Church of Christ

301 Cottage Road, South Portland  
799-3361

[www.fccucc.org](http://www.fccucc.org)

Worship: 8:30 a.m., 10 a.m.  
Sunday School: 10 a.m.  
Preschool Child Care: 10 a.m.  
Note: As of Sunday, June 18, we will have only one worship service at 9:30 a.m.  
Childcare will be provided.

# CABLE GUIDE

# CHANNEL 3

### Town Council replay

Sept. 13 & 14 - 2 p.m. & 8 p.m.  
Sept. 16 - 10:30 a.m.

### School Board replay

Sept. 15 & 16 - 2 p.m. & 8 p.m.  
Sept. 17 - 10:30 a.m.

### Cape Elizabeth Church of the Nazarene

Sept. 16, 17, 23 & 24 - 9 a.m.

### Planning Board (live)

Sept. 19 - 7 p.m.

### Planning Board replay

Sept. 20 & 21 - 2 p.m. & 8 p.m.  
Sept. 23 - 10:30 a.m.

### Board of Zoning Appeals (live)

Sept. 26 - 7:00 pm

### Zoning Board replay

Sept. 27 & 28 - 2 p.m. & 8 p.m.

# Cape Elizabeth Land Trust programs in September

## Mushrooming in Robinson Woods

Join mushroom expert Dan Agro of Agro-Mycology on an edible and medicinal mushroom foraging walk. Topics for discussion are the best times of the year to find local medicinal and culinary mushrooms, ideal growing environments and what to look for in the forest, safe and thorough species identifica-

tion and how to preserve and/or cook your mushrooms.

Date: Saturday September 16

Time: 9am-12pm

Location: Robinson Woods Kiosk Shore Road

Cost: \$10 per person

## In the Thick of It; Maine's New England Cottontails

Join Andrew Johnson, Young Forest Habitat Specialist from Natural Resources Conservation Service for a 1.5 hour walk at Kettle Cove State Park on Sunday September 25 from 2:00-3:30 pm. Participants of this Cape Elizabeth Land Trust sponsored

event will enjoy learning about the state-endangered New England Cottontail, and hope to see some.

Cape Elizabeth is home to the largest known core area of New England cottontails in Maine. The cottontails range has declined by 86% over the past 50 years due to loss of large thicket and young forest habitats. Come learn about where they live, what other animals also need these thickets, and what we are doing to help cottontails rebound in Maine.

Date: Sunday, September 24

Time: 2:00-3:30 pm.

Location: Kettle Cove State Park

Cost: \$6

## Spicy Habanero Jelly Workshop

Peppers are plentiful in the fall, and terrific for making unique and delicious Habanero Jelly. Enjoy the wonderful taste of jelly made from local ingredients as we learn the basics of food preservation. Master Food Preserver Anne Carney will teach the preservation techniques and safety principles common to most canning recipes in

-see CELT page 15



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**CELT**

Continued from page 14

this workshop. Materials are provided and the participants will take home the jam we make.

Date: Wednesday September 28  
Time: 8:45-11:15 am.

Location: Community Services Kitchen  
Cost \$15 per person

**Fall Cross Town Walk**

Join Cape Elizabeth Land Trust's (CELT) Executive Director, Cindy Krum, a representative from the Town of Cape Elizabeth Conservation Commission, and CELT past board president, Kathleen Janick for the annual Fall Cross Town Walk. Beginning at Portland Head Light, located at Fort Williams, this walk will traverse over seven miles of both Town of Cape Elizabeth and CELT trails highlighting Cape's great places. This walk offers a unique overview of Cape's diverse ecosystems including Spur-

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**Bean supper at Methodist Church**

Bean Supper, Saturday, September 16, 5 to 6 p.m. at Peoples United Methodist Church, 310 Broadway, South Portland. Baked beans, casseroles, homemade pies, and Live music and Mini Fair.

wink Marsh, Robinson Woods and Great Pond. The walk takes approximately three and one half hours and includes a picnic lunch at Kettle Cove. Hikers will meet at the Portland Head Light and will carpool (arranged prior to walk) back to Fort Williams after the picnic. Snacks, drinks and lunch provided.

Date: Saturday September 30  
Time: 8:00-1:30pm

Location: Portland Headlight in the dirt parking lot closest to the lighthouse.

Cost: \$10 per person

Register for these Cape Elizabeth Land Trust sponsored programs through Cape Elizabeth Community Services. www.capecommunityservices.org. Please contact The Cape Elizabeth Land Trust with any questions. 767-6054

Next deadline: Sept 15 For Issue Date: Sept 27

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On Saturday, September 23, at 7 p.m., the Cape Elizabeth United Methodist Church (280 Ocean House Road) will present Duo Terlano, in a recital of crowd-pleasing music for violin and cello, including a Duo Terlano-commissioned piece by Richard Pearson Thomas, whose works have been heard across the world from Lincoln Center to Wigmore Hall, and a piano trio with guest artist, pianist Mark Braun. The concert is free and open to the public.



South Portland-Cape Elizabeth Rotary Club recently donated \$750 to CELT in support of the 2017 Paint for Preservation fundraiser. In photo-left to right: Bill Anderson; Sue Sturtevant (Rotary President); Tom Wagner; Philip Dube; Bob Knupp; Cynthia Krum (CELT ED); Nancy Irving; Tom Meyers; Scott Irving

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## Moe's BBQ to cater church fundraiser

The First Congregational Church of Scarborough will offer a public dinner catered by Moe's Famous Bar-B-Q on Saturday, Sept. 23, from 5 to 6 p.m. The church is located on Black Point Road in Scarborough.

The meal will include pulled pork, chicken, coleslaw, baked beans, cornbread, potato salad, cucumber/tomato salad, dessert and coffee. For those who wish, food can be boxed "to go" and picked up.

The dinner is a fundraiser sponsored by the church's Men's Fellowship.

Cost will be \$10 for adults; \$8 for children under 13.

Tickets will be available at the Church Office at 161 Black Point Road in Scarborough (phone: 883-2342).

Tickets will be held for you and paid at the event if a reservation has been made in advance by calling the church office, 883-2342. Limited tickets may be available at the event if food supply permits.

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