

# The Cape Courier

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*In the Spirit of Community*

## Annual Strawberry Fest 10 years old and still going strong

By Jane Vaughan



Photo by Jane Vaughan

Strawberry Festival attendee Elliot Hughes drinks a strawberry smoothie, made by Kettle Cove Creamery and wears a strawberry hat made by Tara and Jed Bucci. The tenth anniversary of the two-day event was the largest it has ever been. Check out more photos on page 10.

The Cape Farm Alliance celebrated its 10th annual Strawberry Festival on June 29-30, and the two-day event was the largest it has ever been. On Friday evening, attendees enjoyed a lobster bake and pig roast dinner at Shady Oak Farm, and on Saturday, the family festival was held at Maxwell's strawberry field on Two Lights Road beneath gloriously sunny skies. With about 50 vendors, Caitlin Jordan of Alewives Brook Farm explained, "Right now, we're at the biggest and best we've ever been."

"We have more vendors than ever," she continued. "And we couldn't ask for better weather. [The Festival] has grown tremendously."

Jordan said that the Cape Farm Alliance has discussed adding other attractions to the festival, including hot air balloon rides and nighttime concerts, but the event is limited by the available space. Even without these new activities, attendees had a wide variety of attractions to choose from, including food trucks, live music, tractor rides, hula hoops, local art, lawn games, henna tattoos and more.

One of the festival's most well-known attractions is the handmade strawberry hats made by Pond Cove teachers Tara Bucci and Joanne Matusko. The hats are made of rolled brown paper bags and

then painted and decorated. Bucci — who made the hats with the help of her son Jed this year — explained that although the hats take a lot of time and effort, they "are made for the pure enjoyment to add fun to the festival. It is so wonderful to look out and see all the kids wearing hats and playing the activities." Indeed, many festival-goers strolled around Maxwell's field with large strawberry hats on their heads.

Even as the festival has continued to expand over the years, many of its attendees remain the same.

"It's our tradition. We come every year," said Courtney Joyal of Cape Elizabeth, who attended the festival with her family. Her daughter Finley explained that her "favorite part is the tractor ride and the strawberry shortcake!"

Nicole Tammaro also enjoys the festival with her family each year. "We have a local farm [Down Home Farm in Cape Elizabeth], so we support local agriculture and farming activities in Cape. The festival is local — we love it. We can't say enough about it," she said.

Maxwell's strawberry fields were also open for visitors to pick their own strawberries.

## Board tables Wells Road tower proposal to December, votes to recommend reduction in size of tower zoning district on Strout Road

By Wendy Derzawiec

### Telecommunications tower on Wells Road tabled to December

A 180-foot telecommunications tower proposed for a section of the William H. Jordan Farm on Wells Road won't be back before the Planning Board for a while.

The board on June 25 honored the request of the developer, Global Signal Acquisitions IV, LLC, to table consideration of the project until the board's December meeting.

The board has been putting off review of the plan month-by-month since January of this year, all at the request of the applicant, also known as Crown Castle.

"The reason for that has been to look at two alternate accessways (to the tower) in lieu of the one initially presented on this project for site plan review," said Victor Manougian, attorney representing Crown Castle. "After extensive investigation of the other two, we've abandoned those and we are redesigning the existing accessway as presented in the filings from the beginning."

The redesign has been a challenge and is taking longer than expected, he said, but the company does expect to be ready in six months or sooner.

The site for the proposed tower is near a pond and wetland that are protected by shoreland zoning.

### Strout Road tower area shrinkage

In other matters, the board on June 25 voted to recommend that the Town Council approve a request to reduce the size of the tower zoning district at 14 Strout Road, less than a mile from where the new Crown Castle tower is proposed.

Property owner Justin Strout, representing family owned Tower Specialists Inc., is seeking to reduce the size of the tower zoning district to just that portion of the property suited for towers.

The site has historically been the town's premier location for telecommunications towers, but the family is planning for the estate and would like the zone reduced to make room for other development possibilities.

The board is recommending the reduction in two phases: The first would allow for a "fall zone" area around a tower currently leased by Crown Castle and scheduled for removal; the second would complete the reduction provided the Crown Castle tower comes down by April 1, 2020.

The reduction in zone size requires an amendment to the town's zoning ordinance. The Town Council will hold a public hearing on the proposal on August 13.

Earlier this year the Planning Board approved Strout's plan to consolidate services on multiple towers on the property to just two 180-foot towers.

## Cape Elizabeth Girls Lacrosse team wins Class B State championship



Contributed photo

Congratulations to the Cape Elizabeth Girls Lacrosse team, who on June 16, won the Class B State championship defeating Yarmouth in overtime, 12-11. This is their first state title since 1997. The Capers defeated both York and Greely in the playoffs to reach the state championship game.



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## Another referendum is 'imperative'

I wrote recently strongly in favor of not having fees at Fort Williams Park. I also expressed dismay at the attitude that a decision should be made without another referendum.

Reading articles since then, I understand that Jim Walsh and others feels that the opinions expressed in the two former referendums no longer represent the feel-

## Support for Senator Rebecca Millett

As proud graduates of the Cape Elizabeth school system, we understand the value of a strong public education. Senator Rebecca Millett has proven time and time again to be an incredible advocate for education as both a former School Board member and current State Senator. During her three terms in office, Rebecca has been a champion for Maine public schools, successfully securing an additional \$90 million in state funding for K-12 education. Her persistent advocacy for public education earned her the "Legislator of the Year" award in 2017. Legislators like Senator Millett are the reason why public schools like Cape are able to flourish.

Beyond her advocacy for education, Senator Millett serves as an incredible role model for young leaders in the Cape Elizabeth community. As young women hoping pursue careers in politics, we're in

ings of the Cape Elizabeth public. What I hear the complete opposite - i.e., no fees is still the public opinion. I think this means that another referendum is imperative if this is an issue that is going to remain under consideration.

Jane Spencer-Sears

constant awe of her persistence and determination in Augusta and her refusal to sacrifice her role as a mother to be a working woman. She has shown us overwhelming support since we expressed our interest in politics, connecting us to invaluable resources and leading by example.

We hope you join us in support of Senator Millett and her commitment to improving the future of Cape Elizabeth this November.

Maggie Gleason & Katie Novak

## Richmond Island closed August 13 through 23

The Sprague Corporation will be closing Richmond Island to the public August 13 through August 23. There will be an on-duty presence on the island during that period informing island visitors of the closure.

During that time we will be performing maintenance on trails, campsites and fields. We thank you for your cooperation.

## Ribbon cutting ceremony to be held at Winnick Woods Trails

The Cape Elizabeth Conservation Committee will host a ribbon cutting ceremony to recognize the donations and improvements to rehabilitate the Winnick Woods Trails. The ceremony will be held on Monday, August 20 at 6 p.m. Members of the public are welcome to attend.

## Countdown to B2B begins



Photo by Ann Kaplan

The traditional countdown to the August 4 TD Beach to Beacon 10K Road Race commenced Thursday, July 5 with the placement of the Mile Markers along the coastal course in town. Cape Elizabeth Public Works employee Darren Brown (wearing cap) and public works summer intern Jack O'Kelly installed the markers along the route. This is the 21st running of the world-class road race, founded by Olympic gold medalist and Cape Elizabeth native Joan Benoit Samuelson.



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## The Courier Needs You!!

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Planning Board & Town Council Reporter's

Watch or attend regular meetings of the Planning Board or Town Council once a month, take notes and write a report for the next upcoming issue.

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# Cape Elizabeth Then and Now: The Spurwink School

By Jim Rowe



Photo courtesy of the Thomas Memorial Library Collection

Young William Widgery Thomas, Jr.

The name William Widgery Thomas, Jr. is perhaps one of the most familiar in Cape Elizabeth.

Never a long-term resident of our town himself, his footprint here has nevertheless been an indelible link between the 19th, 20th, and 21st centuries.

Mr. Thomas is best known nationally and internationally as an ambassador to Norway-Sweden during the administration of Abraham Lincoln. At the state level, he is credited with arranging for the immigration of Swedish citizens to northern Maine and for establishing the town of New Sweden (where families of Scandinavian origin flourish today). He also served as Speaker

in the Maine House of Representatives and in the Maine State Senate. In Cape Elizabeth, his name of course adorns our beloved Thomas Memorial Library.

Evolving municipal needs have clouded the connection between Mr. Thomas and the physical structure that currently bears his name. One need only look across our library's parking lot for clarification, however. See "The Spurwink School" in 1849, the front portion of the now vacant building with the distinctive two front doors (one for the boys; one for the girls) was donated to the town in 1919 by one William Widgery Thomas, Jr. "to be forever used as a public library." While still a student at Bow-

## Crescent Lodge is now in the National Register of Historic Places

On June 19 the National Park Service approved the addition of "Crescent Lodge" in Cape Elizabeth to the National Register of Historic Places.

In a letter to the Lions membership, Benson Dana, Lions Club President, stated: "The Cape Lions are pleased to announce that our clubhouse, the Bowery Beach School, also known as Crescent Lodge during the time it was owned by the Ladies Union, has been added to the National Park Service's Register of Historic Places. We will be working on acquiring a permanent plaque to be placed at the site noting this honor and listing the donors who supported the effort through donations. The opportunity to be listed on the permanent plaque will remain open for several more months. The process took 18 months and we're thrilled at the result."

Crescent Lodge is a former one-room

schoolhouse that has functioned as a social clubhouse since 1931. The simple Greek Revival style building is significant under Criterion A Social History for its association with the Ladies' Union and other Cape Elizabeth organizations and clubs. After acquiring the former school in 1931, the Ladies' Union held their meetings in the lodge and rented or loaned the space to other social clubs or individuals. The property is locally significant with a period of significance from 1931 to 1968. Significance begins when the Ladies' Union began using the building and ends fifty years before the present. The Ladies' Union and other organizations have continued activities in the building to the present date. The building retains all aspects of integrity to the period of use by the Ladies' Union. The building does not retain integrity to the earlier period of educational use.



Photo by Jim Rowe

Former Spurwink School as it stands present-day

doyn College, the young Thomas had been schoolmaster at the Spurwink School during the winter term of 1857. He later harbored such fond memories of his experience there that he purchased the building and made it his enduring gift to our town.

The erstwhile school served as our free public library, in total or as a part, from 1919 to 2016.

It is perhaps only in legal argument that "forever" can lose its dictionary meaning. Today the empty building awaits a new life.

The Cape Elizabeth Historical Preservation Society hopes to make the old Spurwink

School its home. An exploratory committee has determined this to be a good and viable use, with considerable benefit to our townspeople. Discussions and negotiations are currently under way between Town and Society officials to allow this to happen. The Society believes this to be a fitting "next step" for a facility that has for its entire life served the public as a learning center. The proposed use will continue to honor the wishes of its benefactor.

More chapters to come in this book called "The Spurwink School."



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## WinterKids, the beneficiary of 2018 TD Beach To Beacon 2018

By Kevin St. Jarre

This year's beneficiary of the TD Beach to Beacon 10K is WinterKids, a Maine nonprofit that teaches Maine children to move, learn and explore in the outdoors during winter.

According to their website, since its founding in 1997, WinterKids has helped more than 100,000 Maine children to get outside and active with innovative outdoor education programs for preschools and elementary schools statewide.

This year marks the organization's 20th anniversary of WinterKids founding program, the WinterKids Passport, which has afforded thousands of Maine children the opportunity to learn to downhill and cross-country ski, ice skate, snow tube, and snowshoe at 50 participating winter sports partners across Maine.

WinterKids helps children develop healthy lifelong habits through education and fun, outdoor winter activity. The organization delivers innovative outdoor programs for families, schools and communities. For more information, visit [www.winterkids.org](http://www.winterkids.org).

"WinterKids is a fantastic organization that encourages kids and their families to get outdoors and be active, so they can enjoy our Maine weather year-round. We are excited they have been selected as this year's beneficiary," said Larry Wold, president of TD Bank in Maine.

Julie Mulkern, executive director of WinterKids, said, "Being the beneficiary of the TD Beach To Beacon 10K is a wonderful opportunity for increased awareness to a like-minded group of outdoor enthusiasts who care about, promote and model healthy, active living. This year marked the 20th anniversary of

the WinterKids Passport, which gives Maine 5th, 6th and 7th graders the opportunity to try new winter sports. In two decades, this program has served 75,000 Maine kids. The monetary gift will help WinterKids with the launch of their new WinterKids mobile app. The app will replace the Passport booklet, allowing even more families to take advantage of more outdoor opportunities together more often in winter, and all Maine seasons."

Cape Elizabeth resident Rebecca Boulos will be one of the runners representing WinterKids. Mulkern said, "She was born and raised in Cape Elizabeth. She's currently the Executive Director of the Maine Public Health Association, and I sit on the board as President. MPHA and WinterKids work closely together to promote and protect healthy Maine people and places."

Longtime WinterKids volunteer, Elise Bridge, lives in Cape and will be volunteering for the race, according to Mulkern.

There are a limited number of race bibs that are available with a \$250 fundraising commitment. Bibs are available on a first come first serve basis. If people are interested in getting a race bib, they should go online to <https://www.crowdrise.com/BeachtoBeacon2018>

Mulkern said Cape Elizabeth residents who won't be running can still help support WinterKids. "WinterKids is always seeking volunteers for events throughout the year in greater Portland and statewide. We are also still seeking volunteers for Team WinterKids at the TDB2B."

For more information about WinterKids, visit [www.winterkids.org](http://www.winterkids.org), or find WinterKids on Facebook, Twitter and YouTube.

## May 15 Planning Board decisions being appealed by Cape Elizabeth residents

By Marta Girouard

On May 15, the Cape Elizabeth Planning Board approved a plan to allow a private road to be extended 80 feet from Aster Lane and allow for access to South Street. Upon this decision, as part of the approval, a chain link fence across South Street was removed.

Spurwink Avenue residents Margaret Birllem and Noelle DeLuca submitted the application earlier this year requesting the private road extension to create frontage

for a lot they purchased at 8 Aster Lane on which they plan to build a home. Birllem stated she was confident in the Planning Board's decision because she and DeLuca had gone through a process that followed all town ordinances and rulings.

A number of residents of Stephenson and South Streets were opposed to the plan. They brought forth their concerns to the Planning Board during time set aside for public com-

-see APPEAL page 5

## Wet Paint Auction attracts sell-out crowd raising funds for land conservation



Contributed photo

Artist Carol L. Douglas, who is from Rockport and painted at Fort Williams during the event, stands next to her artwork.

The Cape Elizabeth Land Trust's 11th annual Paint for Preservation wet paint auction on July 1 benefited from a perfect summer evening at a stunning venue on Breakwater Farm Road. A sell-out crowd of more than 400 hundred friends and supporters, 30 award-winning artists, and more than 60 volunteers including the Rotary Club of South Portland-Cape Elizabeth gathered to raise critical funds toward conserving and caring for the natural lands that provide wildlife habitat, respite and recreational opportunities in Cape Elizabeth.

The artists had a beautiful - if hot - weekend to paint en plein air (outdoors) over the three days leading up to the auction of their "wet" artwork. Brett Cary's Chimney Rock Food Co. served delicious food, much of it sourced locally. Cul de Sax warmed up the audience with terrific music, before Kaja Veilleux of Thomaston Place Auction Galleries led an enthusiastic crowd in lively bidding.

Matthew Russ, who painting captured the People's Choice Award, grew up in Cape Elizabeth, and won for his painting of Richmond Island. Other participating artists from Cape Elizabeth included Cooper Dragonette and Graham Wood, from South Portland Nathaniel Meyer and MJ Benson, and from Scarborough Jacob Aguiar, along with several from Portland, southern and midcoast Maine, Massachusetts and New York.

CELT's President, Elizabeth Goodspeed, said about the event, "As in past years, we had perfect weather to enjoy a gorgeous set-

ting, a sell-out crowd of happy guests, delicious food and amazing artwork to bid on. With such talented artists who contributed one-half of their earnings and a great group of 60 or more volunteers, it added up to a terrifically successful event. We're very grateful to our hosts, Jeanette and Mark Hagen, who opened their lovely space to us that evening."

CELT greatly appreciates the amazing volunteers and generous sponsorship support from many area businesses, without which the event would not have been possible. Sponsors included Ethos, Key Bank, R.M. Davis, Inc., Eyecare Medical Group, Inn by the Sea, Nappi Distributors, Wright-Ryan Construction, Inc., 360 Uncoated, Casco Bay Frames & Gallery, Huffard House Interior Design, Maine Limousine Service, Town and Shore Associates, Veterinary & Rehabilitation Center of Cape Elizabeth, Brett Cary, Chimney Rock Food Co. and Thomaston Place Auction Galleries. Bath Savings Bank and Ocean House Gallery & Frames sponsored the People's Choice Award. We also appreciate the volunteer support from Nancy Davidson our art juror who selected the artists, and the volunteers from the Rotary Club of South Portland-Cape Elizabeth who handled the parking for hundreds of cars.

Photography was graciously provided by Bob Harrison, Dick Sawyer, and Meghan Wakefield, and can be viewed on CELT's Facebook photos page.

## Get to know your Planning Board

By Kevin St. Jarre

Cape Elizabeth's Planning Board is a seven-member, volunteer board appointed by the Town Council. Its primary duties are to review new subdivisions, site plans and resource protection permit applications for compliance with town ordinances. The board conducts all of its business in public meetings and receives both written and oral public

comments. Within the structure of local ordinances, its perspective is to make decisions in the best interest of the whole town with an eye to the future. The board also provides advice to the Town Council on ordinance amendments, zoning map amendments and other land use related issues.

Discussing issues with Planning Board members outside of public meetings can present a challenge. According to Town Planner Maureen O'Meara, who is not one of the seven members, but who works very closely with the board, "The Planning Board is a quasi-judicial board and by law refrains from making comments outside of public meetings. For this reason, even when not related to a specific project, they may be circumspect in commenting."

Any resident may apply to become a Planning Board member during the town appoint-

-see PLANNING page 5



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## Town Manager reports 10-20 percent contamination in ‘Silver Bullet’ recycling bins

Plastic bags are the most common contaminant ecomaine is finding in “Silver Bullet” recycling bins transported from behind Cape Elizabeth Town Hall, Town Manager Matthew Sturgis reported to the Town Council at their meeting July 9.

If we don’t do better, we’re going to be charged, Sturgis said. “It’s not a question of if, it’s a question of when the town may end up getting charged for that,” he said.

This spring ecomaine, the waste-management facility that processes Cape Elizabeth’s solid waste and recycling, announced it would soon enforce policies that allow charging for contaminated loads of recycling - loads that contain materials such as food, non-rigid plastics or other things that aren’t recyclable.

As a member community Cape Elizabeth has not been charged for recycling, but loads with 10 or more percent contamination could be charged as much as if it were solid waste.

Compactors at the Recycling Center are containing less than 5 percent contaminants, Sturgis said, but the recycling bins behind Town Hall are averaging 10-20 percent. “Recent loads had shown such contaminated items as metal yard decor, tarps, and there were two wakeboards that apparently didn’t make it through the Fourth of July holiday but they made it to the silver bullets,” Sturgis said.

“So the important thing is that we all need to work on our recycling and to improve that,” Sturgis said, and he offered three bits of advice:

- If you bag up your recyclables, empty the bag into the recycling bin and throw the bag away
- Download the ecomaine recyclopedia app for your smartphone or consult the ecomaine website with questions about what can be recycled, or,
- “If you are in doubt, throw it out.”

## Hearing set on proposal to reduce size of cell-phone tower zone on Strout Road

The Town Council will hold a public hearing on Monday, August 13 on a proposal to reduce the size of the zoning district that allows telecommunications towers at 14 Strout Road. The zone covers the entire parcel at 14 Strout Road and is an overlay of the underlying residential zone.

Justin Strout, representing the family Tower Specialists Inc., is asking the size of the tower overlay zone be reduced to just that portion of the property suited for telecommunications towers.

The Planning Board on June 25 voted to recommend the zone change, after two workshops and after holding its own public hearing. “It’s important to note that it’s a two-

phased process,” said Planning Board Vice Chair Joe Chalot.

Earlier this year the board approved plans for Tower Specialists Inc. to remove five existing towers and to build a new, 180-foot tower as part of a consolidation plan. The first phase of the zone reduction leaves a fall-zone area around an existing tower currently leased by Crown Castle. The second phase further reduces the tower zone, contingent upon removal of the Crown Castle tower by April 1, 2020.

Strout has said that the family is doing estate planning and wants to reduce the tower-overlay zone to make room for possible residential development.

## Appeal

Continued from page 4

ment, stating that approval of the plan would impact traffic, storm water management, and pedestrian safety. Birlem had a traffic study conducted that she said indicated there would be minimal if any impact on the neighborhood. Her attorney, Scott Anderson, also addressed the Planning Board said the chain link fence was not in compliance with town zoning.

South Street resident Chris Munz was one of the residents who spoke at several Planning Board meetings. He and his wife Julie moved to the neighborhood in 2014 and specifically chose the location for the safety of their child who has epilepsy. They live across from the lot Birlem and DeLuca purchased. Julie Munz wrote a letter to the Planning Board in May noting the impact the removal of the gate would have on their son. “He requires 24/7 care and doesn’t understand safety at all. We brought our property for its location, a gate is in place and it’s on a private road,” she stated.

On June 13, the Munz’s appealed the May

15 Planning Board decision and filed suit in Superior Court against the town, Birlem and DeLuca, arguing that the Planning Board’s ruling did not adhere to town ordinance and denied the plaintiffs their rights to procedural due process. “My main concern is the safety of my children and the other is we would want the officials to protect our rights against the ordinances that they have written,” said Chris Munz.

Immediately after the Planning Board’s ruling in May, the gate was removed. Residents reinstalled it on June 24, but it was removed again the next day. Since then, residents of South and Stephenson streets have asked the town to take up the issue of the gate. Councilors said they were only recently made aware of the lawsuit and because the gate could be part of the discussion that would lead to a court ruling, the council did not make plans to further discuss the petition.

Town Attorney John Wall said there is a chance the parties will be able to come to an agreement before a judge hears the case but if that does not happen, briefs will likely be exchanged in the fall. Wall could not comment on the case because it was pending.

## Planning

Continued from page 4

ments process in the autumn. Terms are three years long, and Planning Board members are limited to three full terms. The Appointments Committee, a subcommittee of the Town Council, interviews applicants and then makes a recommendation to the Town Council for appointments.

O’Meara said, “In the past, the Appointments Committee has made recommendations based on a combination of the applicant as a person and skills. Attorneys, engineers, architects, real estate professionals, environmental scientists and bankers have been appointed in the past, as well as folks with no related professional background.”

Because the Planning Board is a quasi-

judicial board, residents wanting to appeal Planning Board decisions on development approvals may appeal to Superior Court.

O’Meara also said, “Advice on ordinance changes are recommended to the Town Council, which it is free to revise as they see fit. Typically, the bulk of ordinance changes are adopted by the Town Council with few revisions.”

Planning Board Member Jonathan Sahrbeck, while not commenting on any specific issue, did express why he volunteers his time and effort.

Sahrbeck said, “I wanted to serve on the Planning Board because, having grown up here, I love and care for this town. Cape

-see BOARD page 9

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# Fully Involved: A view into CEFD, community involvement

By Mara DeGeorge

The Cape Elizabeth Fire Department is committed to providing the highest level of public safety services to our community. Their mission is to protect lives and property by providing their townspeople and visitors with the best possible emergency services through fire protection, prevention, and emergency medical services (EMS). CEFD views its community participation in an active, mission-related way, involved in key decisions and supported by community leaders. Further, they view their community standing as an important element in the overall success of the organization. The Department participates in many programs and activities designed to enhance their level of involvement in the community and improve customer and firefighter safety.

Firefighters and rescue personnel line up for Memorial Day, Family Fun Day, July 4th Stonybrook, and Halloween Broad Cove parades, provide escorts to team events, sponsor the New Year's Polar Dip to benefit Project Graduation, donate an apparatus and personnel time for auction rides to school, cool off runners during the Beach to Beacon 10K, and maintain safety during races and fireworks displays. They open their doors for fire station tours and open houses, fire prevention activities, public education efforts, CPR/First Aid classes, flu shot clinics, blood drives, and opportunities for youth such as Boy Scout Troop visits and CEMS Festival of Curiosity (STEAM event) participation.

Tracy Sesselberg, a Stonybrook resident, summed up her experience and the history of the Stonybrook neighborhood July 4th Parade with incredible enthusiasm. "Fun! It's been going on for about 20 years, I believe—could be more. We always enjoy the firefighters visiting with the kids and getting to know

them. When we moved to Stonybrook in June 2007 we couldn't believe something like this existed!"

Asking Richie Miller, former Engine One Captain, garnered a similarly excited response. "I have been involved with the Stonybrook parade for about 15 years, always fun—for both the kids and also the adults. In the past I have found that initially after the parade (sometimes before) the fire trucks usually are a jungle gym for the kids getting to play on the trucks, but after the kids have their fun, it's usually followed up by the adults also looking in, peeking around at the trucks, and checking out our equipment and technology, such as thermal imaging cameras, and fire trucks that now shoot foam. It feels like a simple way of giving back to the community and neighbors and firefighters alike enjoy the event."

Rescue Captain Maryanne Denison emphasized the CPR and First Aid classes that her team offers to CEFD, CEPD, teachers, school personnel, interested laypeople, healthcare facilities staff in town, and dispatchers. The classes are taught in-house for certification typically three to four times per year, and as needed, as many times as 20 times per year. One November/December she said they taught 15 times!

Maryanne's passion was evident as she talked about how bystander CPR saves lives. "This is a skill I hope you never have to use, but you should have." She also shared that it's fun to have people take their classes who have never taken CPR before because it makes for a more interesting class with interesting questions. She said, "We just did a class for the library staff and they asked excellent questions."

Rachel Davis, assistant director/youth services librarian, explained why the library trained its staff, saying, "We had requested



Contributed photo

Birdie McAnuff peeks out from a Cape Elizabeth Fire Department fire truck she was able to check out at the July 4th Stonybrook parade in town.

this training at the library so that we could all feel empowered to not only use the library's AED if we needed to, but also so we would know what to do if someone collapsed or was choking here at the library. The library is such a hub of activity in the community, and it is important to us as a staff to feel that we now have the knowledge and training necessary to step in and help a person in distress should the need arise."

Maryanne Denison feels passionate that, "We are still trying to dispel the myth that we are a full-time dept waiting to help, but we're not. It's not just a Cape Elizabeth problem. It's nationwide; we don't have a magic pill to attract new members. It's a commitment and figuring how you can fit it in. We encourage any interested individuals to inquire. There are opportunities even for those not interested in EMS or firefighting."

John Norton, WETeam Captain also highlighted the effort to raise money for Project Graduation for several years. He says, "We always try for January 1st at 11am and we are very proud of the results each year. We hosted a Kayak Safety night for several years. This took place at Town Center Station and demos in the high school pool. We had USCG, some guides, and our own people there to talk about the Do's and Don'ts of kayaking."

provide one of the most effective opportunities for community leadership in a way that is directly connected to the fire department's mission. Programs designed to modify human behavior, and thus minimize injuries and deaths, are critical in protecting the people we serve. It is important that the lessons extend beyond fire safety and address other common causes of civilian injuries and deaths.

This approach should include the entire community, including those at highest risk, using a variety of delivery methods to reach the target audience. The key component, however, is a school-based curriculum designed to teach children appropriate behaviors to enhance fire safety.

Matt Dillenbeck, a firefighter and EMT who coordinates fire prevention and safety, says, "We've always displayed a welcoming atmosphere and encourage open doors and invite guests to come in and ask questions, see the trucks and even ask about our operations as a department. During October we receive emails from daycare centers and schools and we will put on Fire Safety and Meet the Firefighters programs. We also allow and invite scouts and other school groups in for CPR and first aid training along with adult programs that Jim Fraser and Maryanne Denison will put on. And that's just for a start..."

David Shields, Pond Cove Elementary

-see CEFD page 8

## Community Leadership

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# Capetoon: Beach to Beacon - The Early Days, 1984

By Jeff Mandell



Drawn by Jeff Mandell

Capetoon was created by Cape Elizabeth resident Jeff Mandell, who has decades of writing and drawing humorous pieces for publications throughout northern New England.

The Beach to Beacon 10K road race was not always the world-famous, smooth-running event it is today.

Few remember the effort in 1984. Fledgling organizers relied on a just-released, new kind of computer program called a "word processor" for signs and race-related items.

An error dropped the "e" in Beacon, making the race the "Beach to Bacon." A spell-check error changed "10-kilometer race" to "10-meter race." When the

mistakes were noticed, it was too late to change. Confusion over the now 32-foot long race resulted in just 3 entrants at the Crescent Beach course.

A young actor on the verge of stardom, whose name coincided perfectly with the renamed event, awarded each runner a pound of the coveted maple smoked delight.

# Happy 100th Birthday!



Contributed photo

Pictured in front is Frances Banks with four generations of family. Left to Right: Sandra Jordan (niece), Ashley Tinsman (great, great niece), Patrick Tinsman (great nephew), Jake Tinsman (great, great nephew).

Cape Elizabeth resident Frances Jordan Banks celebrated her 100th birthday on July 15 surrounded by family and friends. The party was held at Purpoodock Club and organized by her nieces and nephews. July 15 also happened to be her brother Lester Jordan's 86th birthday, who was in attendance as well.

Banks grew up in Cape Elizabeth and graduated with the class of 1936. She graduated from the State Street Hospital School of Nursing in 1939 and when World War II broke out, she joined the Army as a Lieutenant. After being stationed at Fort Williams for

nine months, Banks went on to Southern California, Colorado and then India. She served with the 462nd Bombardment Group.

After the war ended, Banks came back to the United States and left the service. Under the GI Bill of Rights, she received a college education in nursing at the University of Pennsylvania. She eventually made her way back to Maine where she continued her career as a nurse, and also met and married her husband of 50 years, Athill Banks. In 2017, Banks served as a Grand Marshal in the Cape Elizabeth Memorial Day parade.

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by Dan Goggin

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# The World Food Prize selects Rohan Freedman for its internship program



Contributed photo

Rohan Freedman (right) with a graduate student in front of the Graduate School of the Chinese Academy of Agricultural Science

The World Food Prize Foundation has selected Rohan Freedman to be one of 24 high school students being sent abroad for the Borlaug-Ruan International Intern-

ship program at renowned international research centers and NGOs this summer. Freedman will be a senior at Cape Elizabeth High School in the fall.

The students hail from thirteen states across the country and will delve into issues related to global hunger and poverty during eight-week internships in Africa, Asia, and Latin America. Freedman will serve as a Borlaug-Ruan Intern in Beijing, China at the Chinese Academy of Agricultural Sciences (CAAS). You can follow the students' summer internships through the Borlaug-Ruan Intern blog at <https://medium.com/thenextnorm>.

Freedman is working on experiments as a STEM student intern in Dr. Xueyong Li's laboratory at the Institute of Crop Science at the Graduate School of the Chinese Academy of Agricultural Science (CAAS).

His project is centered around the assessment of genotypic variability for mesocotyl elongation using 600 diverse germplasm lines of rice. "The more I learned about micronutrient deficiencies and biofortification for my research project, the more interested I became in this issue," he stated. "My work as a summer intern has solidified my resolve and commitment to combating food insecurity and given me the practical experience that will guide me on my career path to agricultural research."

## CEFD

Continued from page 6

school physical education teacher was eager to share his experience. "For over 30 years, CEFD has led this very important physical education/community service unit annually in October. Many firefighters have volunteered their own time to supervise this activity. One of the favorite teaching tools is the Hazard House CEFD purchased a few years ago. It is an interactive cut-out model house that shows many different 'dangerous' scenarios the students have to identify. We also have trekked over to the station to view the equipment up close. The 'smoke trailer' rotates to us every four years. So the kids really get a different look during their five years at Pond Cove."

Jill Abrahamsen, CEMS Festival of Curiosity Coordinator, shared, "We live in a community of highly educated residents and to be able to tap into these resources for our schools is empowering. The Festival has over 70 activities and the majority of them involved community leaders/parents. It was a collective approach to make it an enriching experience and we are thrilled the Fire Department was able to participate."

The Engine, Ambulances, and WETeam boats were on-site for four hands-on activities. One activity involved complex math, which is often dry to learn, but when math is taught with a real-life scenario and extremely important usage, the numbers come alive. Students were asked to calculate appropriate usage of chemical foam to help blanket a fire.

Abrahamsen explained, "They can see how advanced math is important. The addition of that activity, next to really sizzling activities like trying on turnout gear and deploying a fire extinguisher or climbing in an ambulance and monitoring students' blood pressure and respiration rate, nicely balanced out the offering at the Festival."

### Building a Community Fire and Life Safety Infrastructure

Within the community, the Department is present and available for several functions, including fire prevention, public education, and emergency response. Fire prevention (codes) are developed and adopted to govern existing and new structures and hazardous facilities and contents as well as require built-in protection such as sprinklers. Prevention also includes fire investigation responsibilities. Public education programs are designed to teach people how to prevent harmful situations and how to survive them should they occur. Emergency response to incidents such as fires, medical emergencies, hazardous materials events, and technical rescue also includes non-emergency service requests and emergency (disaster) management.

Dillenbeck put it so well, "My cousin who is retired from Fire Services in New York said to me, 'This is a job that you never stop learning and the day you feel you know everything is the day you need to quit.' I take the learning aspect beyond to schools because fire safety is everyone's responsibility as best they can."

Customers who have received emergency services from the fire department have an interesting way of describing their experience. At some point in the discussion, many will say that the day they had to call the fire department was the worst day of their life. This describes the unique relationship the fire department has with its customers. It also describes the business they are in: the "worst day of their life" business. The Department's role is to prevent that worst day from happening through fire prevention codes and public education; to teach people how to survive should that "worst day" happen to them;

-see FULLY INVOLVED page 15

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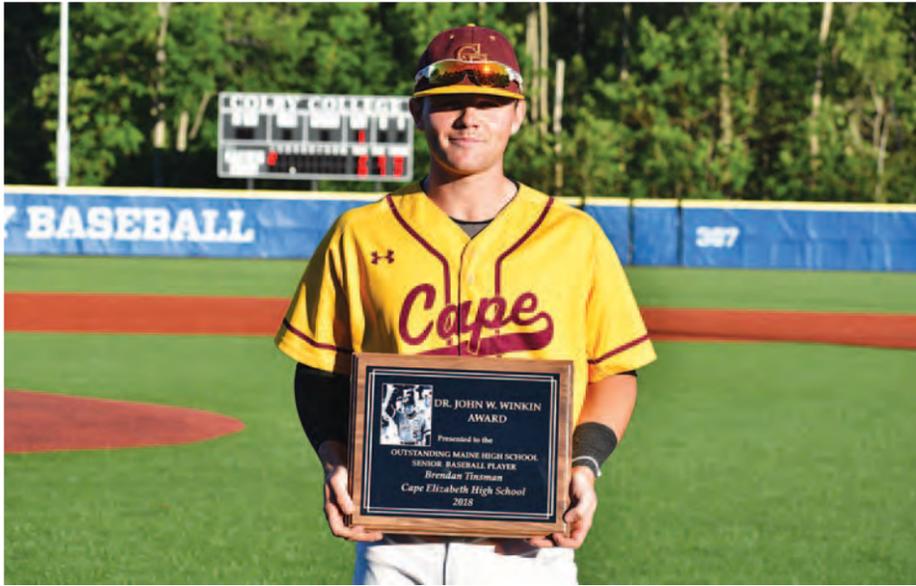
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# Tinsman named Gatorade Maine Baseball Player of the Year



Contributed photo

Brendan Tinsman holding the John Winkin award, also known as Mr. Baseball. He has recently been named 2017-18 Gatorade Maine Baseball Player of the Year. Tinsman graduated from Cape Elizabeth High School in June and will continue to play baseball while attending Wake Forest University this fall.

Brendan Tinsman of Cape Elizabeth High School has been named 2017-18 Gatorade Maine Baseball Player of the Year. The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the field, distinguishes Tinsman as Maine's best high school baseball player. Tinsman is now a finalist for the Gatorade National Baseball Player of the Year.

The 6-foot-2, 215-pound senior catcher had led the Capers to an 8-4 record at the time of his selection. Tinsman produced a .429 batting average with three home runs, 10 RBI and 13 runs scored through 12 games. He has signed a National Letter of Intent to play baseball on scholarship at Wake Forest University this fall.

Every Gatorade Player of the Year state winner receives a \$1,000 grant to donate and will have the opportunity to enter for an additional \$10,000 spotlight grant by writing a brief essay explaining why their selected organization deserves additional support. 12 spotlight grants – one for each sport – will be announced throughout the year. Tinsman chose to donate the \$1,000 to Cape Elizabeth Little League. The money is to be set aside for community members that might not have that extra money to spend on important items for baseball or softball such as a glove or cleats. This donation was presented to CELL during their graduation ceremony on June 16 at Plaisted Park.

In addition to being named 2017-2018 Gatorade Maine Baseball Player of the Year, Tinsman received the following awards this past year as a senior at CEHS:

- Dr. John Winkin "Mr. Baseball" Award winner
- USA Today Maine Player of the Year
- WMC Player of the Year
- WMC All-Star, first-team
- Senior All-Star
- Maine vs. New Hampshire Senior All-Star
- USA Today Maine team, first-team
- Rupert Johnson Award
- Cape Elizabeth male spring athlete
- Maine Sunday Telegram Baseball Player of the Year
- Maine Sunday Telegram All State selection

## Board

Continued from page 5

Elizabeth is a special place and we need to try to maintain that as best we can.

For Planning Board Member Andrew Gilbert, his work sort of led him to public service. He said, "I got interested more broadly with spatial planning for some work I've been doing involved with offshore marine spatial planning and more specifically in the town planning board and process after having attended a series of planning board meetings for a recent planning board application in my neighborhood. Recently I moved to Cape with my family and was interested in being more closely involved in the town in some way and I thought I could add a unique skill set to the board with my wildlife background. I'm a wildlife biologist at a small wildlife conservation organization in Portland."

When asked what the best part of serving on the board has been, Sahrbeck said, "The best part of the Planning Board has been working with my fellow members, town staff who work extremely hard and do their jobs very well, [and with] applicants and the public to put together plans that work."

"The most challenging part of the Planning

Board is explaining the decision-making process to those who ask why and how we make our decisions. We cannot have private discussion regarding these plans so it can sometimes be difficult to have people understand," Sahrbeck said.

When asked what advice Sahrbeck might have for those considering applying to serve on the Planning Board, he said, "Before people apply for the Planning Board, I would ask people to consider the time commitment that is involved and to consider that you are going to have to make decisions that will not please everybody."

O'Meara, also speaking to the issue pleasing everybody, said, "The Planning Board does not have the authority to deny a development proposal just because the neighbors want the land to stay the way it is. If a property owner makes a proposal that meets the ordinance standards, the Planning Board should approve the plan." She points out that the Planning Board does seriously consider all public comments.

In addition to Gilbert and Sahrbeck, members of the Planning Board are Carol Anne Jordan- Chair, Josef Chalat- Vice Chair, Victoria Volent, James H. Huebener and Peter L. Curry.



Photo by Kelly Orzel

Strawberry Festival attendees enjoyed a tractor ride around Maxwell's strawberry field on Two Lights Road on Saturday, June 30, where the family festival was held. Over 50 vendors participated in the festival and other attractions included food trucks, live music, tractor rides, hula hoops, local art, lawn games, henna tattoos and more.



Photo by Kelly Orzel

A traditional lobster bake and pig roast kicked off the 2018 Strawberry Festival. Held at Shady Oak Farm on Friday, June 29, the evening also included live music, cash bar, and a silent auction.



Photo courtesy of Fort Williams Park Foundation

On Saturday, July 14, the Fort Williams Park Foundation held its 8th Annual Cape Elizabeth Garden Tour. Participants toured nine private gardens in Cape Elizabeth and South Portland, in addition to docent-led tours of the Children's Garden and Cliff Walk Landscape in Fort Williams Park. Above left is a view from a garden facing the ocean and on right, a sunflower on display with its golden yellow hues.



Photo courtesy of Fort Williams Park Foundation

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# Cape Elizabeth birding report for June 26 through July 15

By E. Brooks Bornhoff

This time of year, there are many stellar birds to be spotted and heard across Cape Elizabeth. The last week of June into the 4th of July yielded good numbers of Baltimore Orioles – both young and older – and many good looks at molting adults. Long distance neotropical migrants like Baltimore Orioles molt twice a year and the younger birds have already begun to migrate south to the tropics (arrival is still three or so months out from now).

The 4th of July was a rather oppressive day to be deep in the woods. Alas from the depths of Robinson Woods 2, I heard and saw encouraging numbers of Black-throated Green Warblers - Common Yellowthroats

were entirely common too. Amidst the whining masses of mosquitoes, I was pleasantly surprised to hear the song of Pine warblers. I also spotted a Rose-breasted Grosbeak with what appeared to be a fledgling high above in the canopy. A second, separate female Grosbeak appeared on one of our hummingbird feeders around 7:45 a.m. on July 4. Great crested Flycatchers are still making their presence known as well.

A pair of Brown Thrashers were seen comingling along the fringes of the soccer fields bordering the Gull crest trails. Tangled masses of shrubbery make this area an excellent possible nesting place for Thrashers.

On July 8 a single Eastern Towhee was heard along the back of the Transfer site of the Gull Crest trails thick undergrowth. This

was the first Towhee I have come across since May. Populations of this bird in the Northeast have declined seriously in recent decades. One thing that this secretive creature does not have going for it is that Towhee nests on or very near to the ground. The breezy ethereal song of the Veery can be still be heard from dawn to dusk.

Ruby throated Hummingbirds have been consistent and always a welcome site. An Eastern Phoebe has been waking me up every morning, starting around dawn.

Lastly – as we move into the latter part of

July we should see shorebirds beginning to migrate. Black-bellied Plovers, Piping Plovers, Sandpipers, Lesser and Greater Yellow Legs have all been spotted.

Other mentionable include: Common and Least Terns patrolling the coastlines. A female Common Eider teaching a gaggle of chicks to dive for crustaceans, several Swamp Sparrow fledglings - Song Sparrow and Chickadee fledglings are out and about as well. Chimney swifts, Tree Swallows and Barn Swallows dart gracefully over our meadows and farmyards.

## Spotlight on invasive plant species

With summertime here, plants of all kinds are blossoming across Cape Elizabeth. Unfortunately, this includes invasive plant species.

Cape Elizabeth Land Trust has been tirelessly working to control invasives for a number of years. These plants compete with native species and limit both plant and animal biodiversity.

In recent years, students and volunteers have spent time removing plants in Robinson Woods. This year, CELT has also turned their attention to Trundy Point Preserve and Great Pond Preserve. If you're walking to Great Pond from Route 77, you'll see carpet that was laid by eighth-graders this year to control Japanese knotweed, a strategy that's been effective in controlling this terribly invasive plant.

At Trundy Point, CELT has had teams cutting and pulling several species, including black swallow-wort, oriental bittersweet, multiflora rose, autumn olive, and honeysuckle. Students and mentors from the NorthStar Youth Mentoring Program in Bethel worked a day of their April vacation, and a Stewardship Com-

mittee work gathering was held on May 13. CELT stewardship volunteers Mike Hankes and Andrea Southworth, summer student volunteer intern Caroline Campbell, and Cape Elizabeth Senior Transition Project student Ryan Collins later coordinated a controlled burn of the debris.

When visiting any of these properties, look for our signs that explain our management methods for that location. If you haven't yet seen the gorgeous views this work opened up, CELT encourages you to head over to Trundy Point.



Contributed photo

NorthStar students working at Trundy Point

## Blazing Star in bloom



Photo by Marta Girouard

Pictured above is *Liatris spicata* or Blazing Star in bloom at the Children's Garden in Fort William Park. It is native to the eastern United States and is a great perennial plant for birds and butterflies. It likes full-sun and moist, well-drained soils.



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## Thomas Memorial Library presents final concerts of summer music series, hosts author Elizabeth Berg, meet Henry the Porcupine and discover aboriginal art

**Note:** The library will be closed all day on Thursday, August 16 so that staff may attend the Town's annual staff development day.

### ADULT PROGRAMS

#### Senior Tech – At a New Time

Wednesday, July 25  
6:00 – 8:00 p.m.

Senior Tech is moving to a new day! Starting in July, we'll be meeting on the 4th Wednesday of each month. If you have tech questions, we're here to help you in any way we can. Bring your devices. Bring your curiosity. And let's see how we can help you.

#### Summer Music Series – The Wiyos

Thursday, July 26  
6:00 – 8:00 p.m.

Please join us on the Library Lawn for another great summer music concert! This month, we present The Wiyos! They were one of the first "old-timey" bands to emerge on the national scene in the first wave of acoustic bands riding the renewed popularity of early swing jazz, rural folk, old-time blues and Appalachian music. Bring your lawn chairs and a picnic if you like to enjoy a Maine summer evening listening to great, outdoor music. This program is generously supported by the Thomas Memorial Library Foundation.

#### Summer Art Workshops for Adults – Collage

Saturday, July 28  
3:00 – 4:30 p.m.

Join librarian and artist-extraordinaire Kiah throughout the summer to try your hand at a mix of art mediums. In this session, Kiah will explore the creative world of collage. We hope you'll join us to help find your inner artist. We will provide all necessary supplies. No registration is necessary.

#### Meet Henry the Porcupine

Thursday, August 2  
6:30-7:30 p.m.

##### MAINE WILDLIFE SERIES

Henry came to live at the Center for Wildlife (CFW) in 2014 after being mistaken for an orphaned "porcupette". His rescuers found him hiding at the base of a tree (porcupettes hide while their mothers forage for food nearby), took him home, and attempted to raise

him. Despite their best intentions, Henry became habituated to human contact and does not have the natural fear of predators and other instincts he would need to survive in the wild. He will live at the CFW in sanctuary for the rest of his life, helping to education our community about the amazing North American porcupine!

And that's just what he'll be doing at the library on August 2. Come meet him! He is a charmer and the CFW folks say you will fall in love with him. This talk is brought to you with the generous support of the Thomas Memorial Library Foundation.

#### Morning Book Group

Wednesday, August 8  
9:30-11:00 a.m.

Our morning book group meets on the second Wednesday of each month from 9:30-11:00 a.m. This month, we will be discussing "Lillian Boxfish Takes a Walk," by Kathleen Rooney. All are welcome to attend.

#### Summer Music Series – Travis James Humphrey & the Honky Tonk Love Machine

Thursday, August 9  
6:00 – 8:00 p.m.

Meet us outside on the lawn as we celebrate our final summer outdoor concert. Bring lawn chairs or a blanket and picnic if you like. The Foundation will be selling pizza by the slice along with cool, bottled water. If the weather doesn't cooperate, the fun moves inside.

We hope you and the whole family will join us as we relax to the contemporary, rock-in' music of this local band featuring Cape Elizabeth natives Justin Maxwell and Per Hanson along with lead singer Travis James Humphrey. This concert is brought to you with the generous support of the Thomas Memorial Library Foundation.

#### Best-selling Author Elizabeth Berg

Saturday, August 11  
2:00 – 3:00 p.m.

We are delighted that Elizabeth Berg has included the Thomas Memorial Library in her August tour of New England libraries! She will talk to us about the writing process, will read from a couple of her books, and will be available afterwards to sign books.

Elizabeth is the best-selling author of more than 30 books, including novels, two short story collections, two Facebook compilations, a manual on writing, "Escaping Into the Open," and a stage adaptation of her book, "The Pull of the Moon." Her books have been translated into 37 languages and three were turned into television movies. "Open House" was an Oprah Winfrey Book Club selection, and she appeared on Oprah with "Talk Before Sleep" and "Family Traditions." She received the New England Booksellers

Association award for her body of work, The American Library Association's Book of the Year, and was nominated for an ABBY, an award for bookseller's favorite books. Elizabeth has been honored by both the Boston and Chicago Public Libraries and is a popular and entertaining public speaker.

#### Democracy Cafe

Tuesday, August 14  
6:30 – 8:00 p.m.

After a heated, and vitally important discussion in July about America's role as a leader in world democracy, in August we're going to shift gears and talk about the role of the free press in a democracy.

Up for discussion:

- The role of fake news and what we can do about it
- How free is our "freedom of the press"?
- What's wrong with the news that trust for the press is at an all-time low?
- Are things worse now that they were 30 years ago – or is the news just more pessimistic?
- What measures can the press take to go deeper into important news versus covering news that creates strong ratings?

We guarantee another great discussion. We hope you'll join us in a place where all opinions are respected, and all voices are heard.

#### Writers' Accountability Group

Wednesday, August 15  
10:00 a.m.-noon

TML's Writer's Accountability Group (WAG!) meets on the 3rd Wednesday of each month from 10:00 a.m.-noon. From future writers who haven't found the time to get going, to published authors looking for inspiration for their next book, to poets ready to share their insights, we're here to support you in a relaxed, safe setting. All levels of expertise and genres are welcome.

### Ongoing Adult Programs

#### Morning Book Group

Meets the 2nd Wednesday of each month from 9:30-11:00 a.m.

#### Evening Book Group

Meets the 3rd Thursday of each month from 7:00-8:30 p.m.

#### Knitting Group

Meets every Monday at 1:00 p.m.

#### Democracy Cafe

Meets the 2nd Tuesday of each month from 6:30-8:00 p.m.

#### Senior Tech Time

Meets the 4th Wednesday of each month from 10:45 a.m.-12:00 p.m.

### PROGRAMS FOR TEENS AND TWEENS



Contributed photo

Performer Dan Flannery, also known as Danny Lion, is back for another family concert on August 11.

#### Anime Club

7/30 and 8/6 from 2:30-4:30 p.m.

Come hang out with friends while we watch, craft, and generally geek out over all things Anime and Manga! Open to ages 13 and up. No registration required.

#### Teen Film Club

7/31 and 8/14 from 5:30-8 p.m.

Teens who enjoy viewing and discussing films can join our Summer Film Club! We'll be covering Phase One of the Marvel Cinematic Universe. Open to ages 13 and up. No registration required. Snacks will be provided!

#### Crafternoon Workshop: Henna Body Art

7/26 from 2:30-3:30 p.m.

Create temporary body art using natural henna dyes. Open to ages 13 and up. No registration required.

#### Fandom Fridays

Every Friday from 3-4 p.m.

Teens can make crafts, get their snack on, and talk fandoms with friends! We'll feature a new fandom each month. Open to ages 12 and up.

### PROGRAMS FOR CHILDREN

In addition to our weekly story times, we have the following special events coming up:

#### Improv Theater Workshop

Friday, July 27, 1:30 - 2:30 p.m.

Kids 8 - 11 years old will have fun with improvisational games, and putting on theatrical scenes on the fly. No experience or registration necessary!

#### Stuffed Animal Sleepover and Story Time

Thursday, August 2, 6:00 - 6:30 p.m.

Bring a special stuffed animal for a pa-

-see LIBRARY page 13

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## Library

Continued from page 12

jama story time, and let your special friend spend the night at the library. We will document all the animals adventures in a special slideshow so everyone can see all the fun and mischief they had. No registration necessary. (Note: the program time has changed--we moved it to a 6:00 p.m. start time in case families want to attend the porcupine program, which begins at 6:30 p.m. on the same night.)

### Families Discover Great Artists: Aboriginal Art

Saturday, August 4, 3:00 - 4:00 p.m.  
Families with children 4 and up will learn about the designs and symbols used in aboriginal art, and then make their own paintings inspired by aboriginal designs. No registration necessary!

### Mount Doom Diorama Workshop, for ages 8 - 12

Wednesday, August 8, 1:30 - 2:30 p.m.  
Make a model of the volcano from Lord of the Rings known as Mount Doom. Mr. Rick will share his extraordinary model-making secrets with you! Space is limited--please register in advance on the library's website.

### Danny Lion in Concert

Saturday, August 11, 10:30 - 11:15 a.m.  
One of our favorite performers, Dan Flannery--a.k.a. Danny Lion--is back for another fun-filled family concert. For families with little ones. No registration necessary!

### Musical Story Hour with Jud Caswell

Thursday, August 9, 1:00 - 1:45 p.m.  
Singer/songwriter Jud Caswell leads families in songs and musical games, and reads stories along with his own musical accompaniment. Best for ages 3 and up. No registration necessary!

### Boats from Found Materials, for ages 7 - 12

Monday, August 20, 1:30 - 2:15 p.m.  
Join Ann in this creative workshop in which participants will create boats from leaves, bark, foil, and other materials, and then see if they will actually float! No registration necessary!

### Marble Games Challenge, for ages 7 - 12

Wednesday, August 22, 1:30-2:30 p.m.  
Learn how to play marbles with Mr. Rick, and then see how you do in marble tournament! No registration necessary. If the weather is nice, the program will take place outside.

### Earth Jams! Family Concert with Matt Loosigian

Friday, August 24, 10:30 - 11:15 a.m.  
Matt Loosigian seamlessly weaves messages of environmental stewardship, peace, and compassion with humor and silliness through his music and songs. Join Matt for a special family concert! No registration necessary.

## Criminal mischief, thefts reported, two burglaries are interrupted by homeowners

Reported by Debbie Butterworth

### COMPLAINTS

- 6-25 An officer met with a resident in the Spurwink Avenue area concerning a civil property dispute.
- 6-25 An officer met with a resident of the Spurwink Avenue area regarding the theft of electronics.
- 6-26 An officer met with a resident of the Mitchell Road area regarding an ID theft complaint. Someone had attempted to open a credit card using the complainant's information.
- 6-26 Two officers responded to a residence in the Shore Acres area for a well-being check.
- 6-26 An officer met with a resident of the Shore Road area regarding the theft of a laptop.
- 6-29 An officer met with a resident of the Shore Road area regarding criminal mischief to a motor vehicle.
- 6-29 An officer met with a resident of the Spurwink Avenue area regarding criminal mischief to a motor vehicle.
- 6-29 An officer met with a person in the Ocean House Road area regarding a bicycle theft.
- 6-29 An officer met with a resident in the Cross Hill area regarding a motor vehicle burglary.
- 6-29 Two officers responded to a residence in the Scott Dyer Road area for a domestic disturbance.
- 7-1 An officer met with a resident of the Broad Cove area regarding a harassment complaint.
- 7-1 An officer responded to a location in the Sawyer Road area for a noise complaint.
- 7-2 Two officers responded to a residence in the Oakhurst Road area for a burglary that had just occurred while the residents were sleeping, awoke, and the suspect fled.
- 7-2 Two officers responded to a residence in the Shore Acres area for a well-being check.
- 7-1 An officer met with a resident of Shore Road regarding criminal mischief to a vehicle.
- 7-5 Two officers responded to a residence in the Oakhurst area for a reported burglary that was interrupted by a family member returning home.
- 7-5 An officer met with a resident of the Shore Road area regarding the theft of a lobster trap.
- 7-5 An officer met with a resident of the Broad Cove area regarding the possible theft of pool equipment.
- 7-6 Two officers responded to a residence in the Fowler Road area for a well-being check.
- 7-6 Two officers responded to a residence in the Broad Cove area for a report of two male subjects on a back porch with flashlights. Subjects were located, one

- 7-7 Two officers responded to a residence in the Sawyer Road area for a domestic disturbance.
- 7-7 Two officers responded to a residence in the Broad Cove area for a domestic disturbance.
- 7-8 An officer responded to a location in the Sawyer Road area for a noise complaint.
- 7-9 An officer met with a resident of the Scott Dyer Road area who reported a vehicle burglary. Missing from the vehicle is a purse and contents.

- 6-28 South Portland mutual aid
- 6-28 Lawson Road, cooking fire
- 6-28 Olde Colony Lane, fire alarm
- 6-29 Ocean View Road, fire alarm
- 6-29 Meadow Way, fire alarm
- 6-29 Woodland Road, fire alarm
- 6-30 South Portland mutual aid
- 6-30 South Portland mutual aid
- 6-30 Portland mutual aid
- 7-1 Woodcrest Road, fire alarm
- 7-1 South Portland mutual aid
- 7-3 Fieldstone Road, fire alarm
- 7-3 Stonybrook Road, investigation
- 7-3 South Portland mutual aid
- 7-9 Fowler Road, investigation
- 7-7 Pleasant Valley Road, fire alarm
- 7-9 South Portland mutual aid

### SUMMONSES

- 6-26 South Portland resident, uninspected vehicle, Route 77, \$148
- 6-26 Saco resident, unregistered vehicle, Route 77, \$85
- 6-26 Portland resident, attaching false plates, Route 77
- 6-27 Cape Elizabeth resident, speeding (55/35 zone), Spurwink Avenue, \$230
- 6-27 Cape Elizabeth resident, uninspected vehicle, Mitchell Road, \$148
- 6-27 Indiana resident, speeding (64/45 zone), Route 77, \$200
- 6-27 Massachusetts resident, speeding (49/35 zone), Spurwink Avenue, \$152
- 6-28 Canadian resident, operating without lights, failure to produce insurance, Shore Road, \$337
- 6-28 Portland resident, uninspected vehicle, Two Lights Road, \$148
- 6-30 Scarborough resident, imprudent speed, Spurwink Avenue, \$134
- 7-2 South Portland resident, uninspected vehicle, Shore Road, \$148
- 7-5 Pennsylvania resident, speeding (47/35 zone), Ocean House Road, \$152

### JUVENILE SUMMONSES

- 6-27 17 year old, speeding (51/30 zone), Sawyer Road, \$230
- 7-5 South Portland resident, speeding (57/45 zone), Bowery Beach Road, \$152

### ACCIDENTS

- 7-1 Riley Olmstead, Sarah Waite, accident on Shore Road

### ARRESTS

- 7-3 North Yarmouth resident, warrant, Ocean House Road

### FIRE CALLS

- 6-27 Two Lights Road, lines down

### RESCUE CALLS

There were 19 runs to Maine Medical Center. There were 5 runs to Mercy Hospital. There were 10 patients treated by rescue personnel but not transported.

## Lock your homes, cars just to be on safe side

By Kevin St. Jarre

The Cape Elizabeth Police Department is investigating burglaries, resulting in thefts both from homes and cars.

In two nighttime burglaries that took place in early July, in the Oakhurst neighborhood, Police Chief Neil Williams said, "We do believe they are related." CEPD is looking for a suspect who is described as 5-foot-9-inches tall wearing dark clothing.

There was also a burglary of a motor vehicle, but it was not parked near the homes that were robbed.

Chief Williams said there was "no forced entry" in these cases, and so police are urging residents to lock doors to their homes and vehicles, and to activate security lighting. When asked if these occurrences seemed more common in the summers, Chief Williams said, "It appears these are seasonal and dictated by warm weather and people being off for the summer."

The CEPD is asking for residents to report any suspicious activity and if they have any information concerning these cases, to please call 207-767-3323.



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# CAPE CALENDAR

By Wendy Derzawiec

## Thursday, August 2

Comprehensive Plan 2019 Committee, 7 p.m., Town Hall  
 Recycling Committee, 7 p.m., Public Works

## Saturday, August 4

TD Beach to Beacon 10K, 8 a.m., Crescent Beach State Park to Portland Head Light

## Tuesday, August 7

Fort Williams Park Committee, 6 p.m., Cape Elizabeth Community Center  
 Planning Board Workshop, 7 p.m., William H. Jordan Conference Room, Town Hall

## Monday, August 13

Town Council, 7 p.m., Town Hall chamber

## Tuesday, August 14

Conservation Committee, 7 p.m., Town Hall Lower Level Conference Room

## Ongoing each week

Al-Anon, Regular meeting 7 p.m. Thursdays, at United Methodist Church, 280 Ocean House Road. Regular meeting 7 p.m. Fridays at St. Alban's Church.

Alcoholics Anonymous, 2 p.m. Saturdays, First Congregational Church, 301 Cottage Road, South Portland; 7 p.m. Wednesdays, St. Bartholomew Church; 7 p.m. Fridays, St. Alban's Church.

Cape Elizabeth Historical Preservation Society, 9 a.m.-noon Thursdays, Public Safety Building

Cape Elizabeth Lions Club, 6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road

Cape Farm Alliance, third Wednesday, 7 p.m., Community Center

South Portland/Cape Elizabeth Rotary Club, each Wednesday at 6:15 p.m. Purpoodock Country Club, Spurwink Avenue. 767-7388.

Codependents Anonymous (CODA) group at Cape Elizabeth United Methodist Church  
 Regular meeting weekly on Saturdays at 10:30 a.m. Call 799-4599 FMI.

# CABLE GUIDE

# CHANNEL 3

**Cape Elizabeth Church of the Nazarene**  
 July 28 & 29; Aug. 4, 5, 11 & 12 - 9 a.m.  
**Town Council (live)**  
 Aug. 13 - 7 p.m.

**Town Council replay**  
 Aug. 14 & 15 - 2 p.m. & 8 p.m.

# Scam Alert Bulletin Board

Reported by Jessica D. Simpson

## Summer rental scam alert

Summer is a time for vacation, but as you book a rental property for your trip, be sure to use trusted websites.

A rental owner may offer a discount if you pay outside of the official website to avoid certain fees, but it is not worth it. Scammers can send links to fake websites for payment, and only on check-in day do renters discover they've been scammed.

Official rental websites can ensure your rental agreement and protect your money in these cases, but only if communication and payment happen through the official website.

Exercise caution when booking your trips to ensure that you have the fun and relaxing experience you deserve.

## Wi-Fi alert

As you travel this summer, it may be tempting to search out free Wi-Fi to access the internet.

Please remember that free or public Wi-Fi does not guarantee a secure internet connection. On an open and unprotected network, online actions are not secure and can be tracked by hackers to steal personal information, login credentials, and even credit card information.

In an effort to trick you, scammers may also create fake networks that appear authentic. If you are at a location that offers free Wi-Fi, verify with an employee that you are on the correct network, especially if there are multiple network options that look legitimate.

Please don't share sensitive information while using these unprotected connections.

# SERVICES

## Cape Elizabeth Church of the Nazarene

499 Ocean House Road (Route 77)  
**799-3692**

[www.capenazarene.org](http://www.capenazarene.org)

Sunday School for all ages: 9:30 a.m.  
 Sunday Worship Celebration: 10:45 a.m.  
 Services streamed live or on demand:  
[watch.capenazarene.org](http://watch.capenazarene.org)

## Cape Elizabeth United Methodist Church

280 Ocean House Road  
**799-8396**

[www.ceumc.org](http://www.ceumc.org)

Open Church, Thursday: 5:30 p.m.  
 Sanctuary Service: 10 a.m.  
 Child Care & Sunday School: 10 a.m.  
 Adult Sunday School: 9 a.m.

## The Church of Jesus Christ of Latter-day Saints

29 Ocean House Road  
**799-4321**

Sacrament Meeting:  
 Sunday, 10-11:10 a.m.  
 Sunday School: 11:15 a.m.-12 p.m.  
 Primary: 11:15 a.m.-1:00 p.m.  
 Relief Society, Priesthood:  
 12:00 -1:00 p.m.

## The Church of the Second Chance

Greater Portland Christian School  
 1338 Broadway, South Portland  
**641-3253**

Sunday: 10:30 a.m.-12:15 p.m.

## Congregation Bet Ha'am

81 Westbrook St., South Portland  
**879-0028**

[www.bethaam.org](http://www.bethaam.org)

Worship: Friday, 7:30 p.m.  
 Saturday, 10 a.m.  
 Family Shabbat Services:  
 Second Friday, 6:30 p.m.

## First Baptist Church of South Portland

879 Sawyer St., South Portland

**799-4565**

[www.spfbc.com](http://www.spfbc.com)

Sunday Morning Worship: 9:30 a.m.  
 Coffee Time is at 10:45 a.m.  
 Sunday School is at 11:15 a.m.  
 Sermon audio is available on our website

## Promised Land World Reach Center

536 Cottage Road, South Portland  
**799-3152**

Sunday Prayer & Intercession: 9:30 a.m.  
 Sunday Worship: 10 a.m.  
 Family Bible Studies: Wednesday, 7 p.m.  
 Sermon recordings available to download

## Saint Alban's Episcopal Church

885 Shore Road  
**799-4014**

[www.stalbansmaine.org](http://www.stalbansmaine.org)

Sundays: 8 a.m., 9:30 a.m.  
 Celtic Service: Sunday, 5:30 p.m.  
 Nursery: Sundays, 9:30 a.m.

## Saint Bartholomew Roman Catholic Church

8 Two Lights Road  
**799-5528**

[www.saintbarts.com](http://www.saintbarts.com)

Sunday Mass: 9 a.m. and 11 a.m.  
 Monday & Tuesday Masses: 8 a.m.

## First Congregational Church United Church of Christ

301 Cottage Road, South Portland  
**799-3361**

[www.fccucc.org](http://www.fccucc.org)

Worship 9:30 a.m..  
 Children's Game Room and  
 Nursery will be available

## First Congregational Church of Scarborough

167 Black Point Road, Scarborough  
 883-2342

[www.fccscarborough.com](http://www.fccscarborough.com)

Sunday Morning Worship: 9:30 a.m.  
 Sunday School & Nursery Care

# May 2018 Cape real estate transfer transactions

NEW OWNER	LOCATION	SALE PRICE	USE
GRAHAM & JOCELYN DICKSON	26 ALGONQUIN ROAD	\$555,000	SINGLE FAMILY
PATRICIA ZIMDAHL	5 BAYBERRY LANE	\$500,000	SINGLE FAMILY
RYAN M & PHAEDRA SCHMIDT	20 BELFIELD ROAD	\$622,500	SINGLE FAMILY
JEROME & NANCY KAUFMAN	10 BROAD COVE ROAD	\$750,000	SINGLE FAMILY
IAN & GENA DOYLE	11 COLE FIELD	\$730,000	SINGLE FAMILY
PALKA TAMARA	38 CRANBROOK DRIVE	\$498,600	SINGLE FAMILY
ALDRICH JONATHAN	41 OAKHURST ROAD	\$504,600	SINGLE FAMILY
MICHELLE THAM	116 OCEAN HOUSE ROAD	\$362,000	TWO FAMILY
JOHN J & GRETCHEN NOONAN	152 OCEAN HOUSE ROAD	\$295,000	SINGLE FAMILY
ROBERT E BOLSTER	505 OCEAN HOUSE ROAD	\$250,000	SINGLE FAMILY
EDWARD & KIM SZE	11 OLD SEA POINT ROAD	\$950,000	SINGLE FAMILY
JOHN K & DEBORAH FRANTA	13 OLDE COLONY LANE	\$450,000	SINGLE FAMILY
OTIS GRAHAM III & BRNT GRAHAM	21 ORCHARD ROAD	\$255,000	SINGLE FAMILY
KEVIN G & MARCI A SPIER	2 ROUNDABOUT LANE	\$570,000	SINGLE FAMILY
RICHARD D MCGINLEY	537 SHORE ROAD UNIT 2	\$175,000	CONDO
RICHARD BORTS & PAULETTE YORK	18 STONEGATE ROAD	\$235,000	RESIDENTIAL
JEAN W BROWN	75 TWO LIGHTS ROAD	\$683,000	SINGLE FAMILY
WALTER & GERRIE KUPPER	51 WILDWOOD DRIVE	\$410,000	CONDO

## Carpenter named to High Honors list

Blair Carpenter of Cape Elizabeth, was named to the Spring 2018 High Honors list at Pomfret School in Pomfret, Connecticut.

## Tarling named to Dean's List

Rebecca Tarling of Cape Elizabeth, has been named to the Dean's List at Plymouth State University in Plymouth, New Hampshire for the Spring 2018 semester. Tarling is a Music, Theatre, and Dance major.

-NEIGHBORS continued on page 15, 16

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**Fully Involved**

Continued from page 8

and to respond quickly and skillfully and in a way that demonstrates a caring attitude when a customer calls 911 for help. These services, along with necessary support elements, represent investments in people-investments that save people's lives. It seems that everyone, the Department and the Town, enjoys CEFD's community involvement. It feels good, serves a purpose and need, and we all reap its benefits.

Many residents don't interact much with the Fire Department. Those who do, and for these special community events have a positive outlook on the Department's participation and involvement. Sounds like it's working.

Look forward to Fully Involved: A View Into CEFD next time, as we feature the Fire Police.

**CEFD Fully Involved Fun Facts:**

Members: 60+ across five companies: 2 Fire Companies (TCS & CCS), Rescue Company, WET Team, and Fire Police

Apparatuses: 3 engines (pumpers) Engine 1 @ CCS, Engines 2 & 3 @ TCS, 2 ambulances, 1 ladder truck, WET Team Command Van, WET Team Boat, Service Truck, Air Trailer

Calls: 1110 calls annually, 75% medical. All types of Medical; Fire: CO, vehicle fires, wires down, boat fires, house fires, grass/woods fires; WET: Surface Water Rescue, Swift Water Rescue, Ocean Rescue, High Angle Rescue

Dispatch: Portland Regional Communications Center (busiest 911 center in the State of Maine)

Community Involvement: Parades, Escorts to Team Events, New Year's Polar Dip, Auction Rides to School, B2B Cooling Off Hose, Fireworks Details

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**MUSIC LESSONS**

**Flute lessons:** For beginners and intermediates of all ages. Call Kris: 767-3712.

**Piano lessons for all ages.** Beginners through advanced. Sandi Palmquist: 329-8345.

**Dean's List Announcements**

The following local students were named to the Dean's List at Muhlenberg College in Allentown, Pennsylvania for the Spring 2018 semester:

Melissa Rudberg of Cape Elizabeth  
 Faith Buckley of Cape Elizabeth

The University of Maine in Orono has named the following Cape Elizabeth residents to the Dean's List for the Spring 2018 semester: Anthony Castro, Katherine Connelly, Christopher Grennon, Audrey Grey, Sydney Hallowell, Gwyneth Roberts, Erin Sewall, John Williams, Austin Wojchowski

The following students have been named to the Dean's List at the University of New Hampshire, in Durham, New Hampshire for the spring 2018 semester:

Rachel Seekins of Cape Elizabeth, with Highest Honors; Eleonora Giovine of Cape Elizabeth, with High Honors; Colby Harvey of Cape Elizabeth, with Honors

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**Hannah Bosworth named to Dean's List**

Hannah V. Bosworth of Cape Elizabeth has been named to the Dean's List at St. Lawrence University in Canton, New York. Bosworth is a member of the Class of 2021.

**Kate Bosworth selected for internship**

Kate Winship Bosworth of Cape Elizabeth has been selected for a summer 2018 St. Lawrence University Internship Fellowship. Bosworth is a member of the Class of 2019 and is majoring in economics. Bosworth attended Cape Elizabeth High School. Bosworth received the Stewart's Shops and Dake Family Internship Fellowship Fund and will intern with Mercy Hospital in Portland.

**Russell graduates from Loyola University**

Anne Russell, of Cape Elizabeth, received a BBA degree in Accounting at Loyola University Maryland in Baltimore, Maryland in May.

**Kwan graduates from Vassar College**

Montserrat Kirina Kwan, of Cape Elizabeth, received a bachelor of arts degree in Biology from Vassar College in Poughkeepsie, NY in May.

**Parker graduates from USM**

Aaron Parker, son of Mark and Laura Parker, has graduated from the University of Southern Maine with a degree in Geography/Anthropology.



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## Courier sails to sea



Contributed photo

Dylan Roberts, 3/c Cadet at the United States Coast Guard Academy, sailed on the USCG Barque Eagle in the Caribbean for his six week summer assignment during June and July. The Eagle had port calls in San Juan, Puerto Rico; Roatán, Honduras; Cartagena, Columbia; Curacao; and Miami, Florida. He is pictured here reading "The Cape Courier" on a pier in Cartagena, Columbia.

## Chase receives degree from RIT

Nolan Chase, of Cape Elizabeth, graduated from Rochester Institute of Technology in Rochester, New York in May with a Bachelor of Science in chemical engineering. Chase was also named to the Dean's List for the spring semester at Rochester Institute of Technology.

## O'Rourke graduates from Providence College

Emma O'Rourke, daughter of Jim and Cindy O'Rourke, and CEHS class of 2014, recently received a bachelor of arts degree from Providence College in Providence, Rhode Island. O'Rourke, a Global Studies and French major, graduated Summa Cum Laude.

## Zerner receives national award from SCAN



Contributed photo

Pictured is Meridan (Davidson) Zerner receiving her award at the ceremony.

Meridan (Davidson) Zerner, a 1988 graduate of Cape Elizabeth High School, has won the 2018 national "Excellence in Practice Award" from the Sports, Cardiovascular, and Wellness Nutrition (SCAN) practice group of the prestigious Academy of Nutrition and Dietetics.

The award is for innovation and expertise in the areas of sports nutrition and cardiovascular health. Most recent recipients have national reputations in their specialties. Criteria included visibility of practice, professional accomplishments demonstrated to advance and impact the profession, outstanding leadership/service to the profession.

Zerner is employed as a nutrition and fitness specialist at the Cooper Clinic in Dallas, Texas, where she also uses her broadcast skills to represent the clinic regularly on lo-

cal television to inform and advise viewers on numerous nutrition issues.

Zerner received her bachelor's degree in broadcasting from the Newhouse School of Broadcast Journalism at Syracuse University and later earned her master's degree in nutritional science (emphasis in health promotion) from Oklahoma University. Subsequently she has also earned the following credentials in her field: Registered Dietitian Nutritionist (RDN); Certified Specialist in Sports Dietetics (CSSD); Licensed Dietitian (LD); Certified Wellness Coach (CWC).

Zerner is the daughter of Edie and Dan Davidson of Cape Elizabeth and daughter-in-law of Dr. John and Libby Zerner of Little Diamond Island. Her husband, Dr. Jay Zerner, graduated from Deering High School and is currently a radiologist in Dallas.



**The Cape Lions are pleased to announce that on June 19, 2018, our clubhouse, the Bowery Beach School was added to the National Park Service's Register of Historic Places.**



The Cape Lions are working on acquiring a permanent plaque to be placed at the site noting this honor.

Please consider being a donor and have your name listed on the plaque for generations to see your support!

**\$2,500 and over - Community Leaders**

**\$1,000 to \$2,499 - Gold Level Donors**

**\$500 to \$999 - Silver Level Donors**

**\$250 - \$499 - Bronze Level donors**

**\$100 to \$249 - Honorary Member - Cape Elizabeth Lion Club**

If you wish to take advantage of this unique opportunity, please contact: Cape Elizabeth Lions, PO Box 6302, Cape Elizabeth, ME 04107. Make sure to provide the name you would like placed on the plaque.

Checks should be made payable to The Bowery Beach School Building Maintenance Trust.