The Cape Courier

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In the Spirit of Community

CEEF awards
Brownell, Thompson Awards to Cape faculty

By Kevin St. Jarre

The Cape Elizabeth Education Foundation (CEEF) has once again presented the Brownell and Thompson Awards to Cape Elizabeth faculty at the back-to-school luncheon held for faculty and staff on Wednesday, August 29.

Liz McEvoy, CEEF president, said, “The annual award presentations are a highlight of our year. We are thrilled to play a role in supporting the teachers, staff and students in Cape Elizabeth, and the awards are another opportunity to showcase the amazing education offered in Cape schools.”

The Brownell Award, given in honor of long-time Cape Elizabeth mathematics teacher Elaine Brownell, is awarded to the faculty member who best implements a CEEF grant. This year’s Brownell Award was presented to the group of faculty members who brought to life CEHS-TV. Carolyn Young, Ted Jordan, Betsy Nilsen, Ginger Raspiller and Nate Carpenter. The grant brings together students and faculty with varied skills and interests, and results in stories that are relevant to the entire Cape community—wherever they may be.

According to Ted Jordan, “Clearly the inspiration and ideas for the club came from Nate. Betsy is training our reporters and filmmakers for the future in her video production classes. Carolyn and Ginger help with the hardware, the cameras, etc. I run the club.

—see AWARDS page 6

Traffic calming devices to be installed at Recycling Center

By Kevin St. Jarre

Portable speed bumps will be installed at the Recycling Center for the safety of staff and patrons accessing the stationary compactors

Portable speed bumps will be installed in each of the five lanes at the Recycling Center on Monday, September 17. This is being done for the safety of the Recycling Center staff and patrons accessing the stationary compactors. “Some motorists are transiting the lanes at a higher rate of speed than I am comfortable with, especially those who do not intend to stop at the compactors,” said Robert C. Malley, director of public works.

The devices are portable and can be removed easily for plowing and other winter-related events. “They are not aggressive, but are intended to catch motorists’ attention as they transit the lanes,” Malley said. “We just want the Recycling Center to be safe for everyone.” The $1,800 appropriation for the 10 devices was approved by the Town Council in the fiscal 2019 budget.

Vandalism reported on Gull Crest Fields

Public Works has reported three cases of vandalism in recent weeks on the Gull Crest Fields and adjacent parking lot. “Early in the morning on August 28, someone drove a vehicle onto the field, spinning the tires in a circular movement and causing extensive damage to the turf,” said Director of Public Works Robert Malley. “This is blatant destruction of public property,” he said. This is the second incident in less than a month. Anyone with any information related to these incidents should contact the Cape Elizabeth Police Department, 207-767-3323.

A monarch butterfly rests on a hydrangea tree. Known as the “king” of the butterflies, it is considered an iconic pollinator species. These butterflies are known for the incredible mass migration that brings them south to Florida and Mexico each year, while the western North American population often migrates to California. Only North American monarchs make this journey, up to 3,000 miles, and only monarchs born in late summer or early fall make the migration.

Photo by Marta Girouard

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Proposed paper street settlement is a ‘bad deal’ for Cape Elizabeth

The proposed paper street settlement is a bad deal for Cape Elizabeth. Surf Side Avenue was laid out in 1911 as part of the Shore Acres Subdivision. The town has a right to accept the paper street and defend it as a public way. The Conservation Commission proposed a walkway along the paper street. Last summer, a handful of abutters sued the town arguing the town no longer had rights to the paper street.

As a result of mediation, the Town Council is considering extinguishing the town’s rights for a payment of $500,000. This is a bad precedent and a bad deal for Cape Elizabeth, at any price.

Real estate is not fungible. The paper street is an asset to the neighborhood and the town. Public access to the coast of Maine is reduced every year by development. Here we have a unique opportunity to expand publicly accessible shore access.

I urge the council to accept the paper street and defend the lawsuit, which will provide a final resolution of the property rights in dispute. Some principles are worth fighting for, and to do otherwise is to allow a handful of rich abutters to get their way simply by the threat of litigation.

Cape Elizabeth is a desirable place to live for several reasons, not the least of which includes the walking trail system developed over the last 30 years by means that, among other things, included paper streets.

Mary Ann Lynch

Time to wear some pink

Cape Elizabeth Girls Soccer needs your help supporting our local Maine Breast Cancer Coalition (MBCC)

Cheer on your lady Capers Tuesday, September 25 as they take on Greely at Han- nah Neilson Field at 6:15 p.m. Varsity game is at 6:00 p.m. Do NOT cook dinner!

In addition to our 50/50 raffle, CEOS is donating 10 percent of concession sales to MBCC.

Cape Football Boosters invite community to Friday Night Under the Lights

Calling all Cape Elizabeth non-profit organizations and community groups. The Cape Football Boosters would like to make its Friday Night Under the Lights Home Football game a whole community event.

Friday night home games provide a safe and welcoming atmosphere for the town to come together. They also provide a great opportunity for the community’s non-profit organizations (NPO) and clubs to promote what they do for the community and even raise some funds.

The Boosters would like to invite a limited number of NPO/clubs to set up a tent or booth at one of the home games.

In the current schedule, there are four home games plus playoff games. The Cape High School Capers will kick off their home opener on September 14. Home games are also scheduled for September 27 and October 12.

The Boosters have a sign up system and requirements for table set up and what can be sold. For more details please reach out to Football Booster President, Maureen Clancy, at 207-712-0706 or moclany@maine.rr.com.

Be part of the FUN under the LIGHTS on Friday NIGHTS and cheer on your CAPERS!

Rachel Minton

LETTERS/NEWS

Support for Rebecca Millett

We are pleased to support Rebecca Millett’s candidacy for the Senate. She has proven how caring and smart she is. Of the things she supports are lowering subscription costs, keeping property taxes lower by pushing the state to fund the cost of education at 55 percent, restoring revenue sharing, voting to protect Maine citizens with preexisting health conditions, and further supporting affordable health care.

It will be a pleasure to vote for Rebecca Millett for the Maine State Senate.

Sandi and Ron Palmquist

Anne Carney has ‘demonstrated commitment’

Anne Carney has demonstrated commitment to Cape Elizabeth through her volunteer work with our schools, town boards and especially with the Cape Elizabeth Land Trust. She has sought a broader understanding of Maine through Lif360.

Anne’s way of operating is to listen, understand questions and be interested in the ways of the past. We need people in Augusta who will understand collaboration and compromise. We need people who will seek to understand the issues, won’t be party-line driven and will vote for what makes sense for our community and our state. I believe Anne is this person.

I want a person in Augusta who will think about the whole state and its interconnectedness and work together so we can leverage our assets, build off the strengths of our natural resource industries and bring economic prosperity to not just southern Maine, but also rural Maine. It will take the whole state working together to address issues such as broadband, to create an education system that allows all K-12 students to achieve, to bring funding to our community colleges and to ensure land grant schools are funded to support the needs of agriculture in our state.

I recognize that some people want a person who will focus solely on the needs of our town, but I believe a broader state-wide focus is what is needed to create a vibrant economy that leverages agriculture, fisheries and forestry. When these industries and tourism and economic development can thrive across Maine.

Join me in voting for Anne Carney!

Penelope Jordan

LETTERS/NEWS

Let us hear from you!

We love feedback!

editor@capecourier.com
Then and Now: Cape Elizabeth past to present

By Jim Rowe

Cover art of “Cape Elizabeth - Past to Present”

Cape Elizabeth Historical Preservation Society’s publication “Cape Elizabeth: Past to Present” will soon be part of the regular curriculum at Cape Elizabeth Middle School. Following an inquiry on the book’s availability from teacher Sashi Kaufman, the Society enthusiastically donated 25 copies of the book to the school. “Cape Elizabeth: Past to Present” is a compendium of articles, photos and miscellany that takes the reader through the community’s long and storied past. The book first went to press in 1991, and a revised edition was published to help commemorate the town’s 250th year of incorporation in 2015. “One of our goals at the Historical Society is to engage our young people and to provide awareness of the rich heritage of their town,” Society President Jim Rowe said. “We have put on programs at Pond Cove School and at the high school, and now to have the middle school using ‘Past to Present’ as a text is pretty neat.”

For those not lucky enough to be in the middle school, the book is for sale at the Society’s office in the Public Safety Building on Thursday mornings from 9:00-noon. Cost is $20.

Annual Community flu clinic to be held on October 6

The annual community flu clinic is scheduled for October 6 from 2:30-4:30 p.m. at the Cape Elizabeth Fire Department.

Open to the public for those three years of age and up, the flu clinic is provided by MaineHealth. Vaccines only will be available (no Flu Mist will be available). Insurances that will be accepted: Medicare, Medicare Advantage plans (except for Humana), Anthem, Aetna, Harvard Pilgrim, Martins Point, Cigna, UnitedHealthcare, Bacharach, and Medicare.

For the first time in history, Cape Elizabeth has a mascot. The Cape Elizabeth Caper’s debut was at the August 21 football exhibition game, and he will be working the crowd at each of the varsity home games this year. Games are September 14, 21, 28 and October 12 at 7 p.m. at Hannaford Field. A seventh grader at Cape Elizabeth Middle School, The Caper loves to perform and get the crowd going. Look for The Caper and some fun contests and halftime activities, and come cheer on our football players.

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Proven Solutions for a Growing World
Prevention programs, low loss net $15,383 worker’s compensation dividend for town

Cape Elizabeth has received a $15,383 dividend check from the Maine Municipal Association (MMA) Worker’s Compensation fund as a result of the town’s good loss experience and loss-prevention programs.

In a news release, Michelle Pelletier, director of risk management services for MMA, said more than 79 percent of program participants received a dividend this year for their good risk management practices and favorable loss experience.


The programs are overseen by governing boards of elected and appointed municipal officials. At its May meeting, the board approved another dividend distribution. Actual allocation and eligibility is based on the individual member’s own loss experience.

This year the Workers Compensation Fund has distributed almost $650,000 in dividends to participants and the Property and Casualty Pool has paid dividends of nearly $600,000, for total payments of just over $1.2 million returned directly to MMA members.

Maine Municipal Association has been paying dividends since 1997; the two programs have returned over $22 million to participating members. For more information about any of the MMA Risk Management Services programs, including online training programs and other services, check the offerings on their website at www.memun.org and click on the Risk Management Services link, or call 1-800-590-5583.

SOS
Save Our Shoreline Access Coalition

The Fight to Preserve Access to Our Shoreline is not over.

The voices of 1400 petition signers and attendees at countless Town Council Meetings have not moved some members of our Town Council to act for the benefit of all Cape Citizens.

What can you do?

- **REJECT** the Precedent Setting Settlement Sell Out that will Block Public Shoreline Access Forever
- **SIGN** the NEW Save Our Shoreline (SOS) Citizen’s Initiative to preserve access to our shoreline
- **SUPPORT** SOS’s Go Fund Me @ gofundme.com/save-our-shore-cape-elizabeth
- **STAY INFORMED** by checking the Town’s website for upcoming meetings on this issue. Attend. Fill the Room.
- **VOICE** your concerns CALL, E-MAIL, TEXT Cape Elizabeth Town Council Members

**Your Voices & Votes Count**

Know where our November Candidates stand, and support those who will work on behalf of all Cape Citizens.

- Vote for forward thinking candidates who will Accept Our Rights over Shore line Access Paper Streets to protect & preserve these valuable assets now, and for future generations
- Vote for Candidates who listen to the people they serve
- Stay Informed, See upcoming Courier Candidate Interviews, and Contact Candidates Directly
- Attend Candidate’s Night. Come armed with your questions and demand clear answers.
- Stay Tuned...FMI Contact SOS @ sosprotectourshorelineaccess@gmail.com

Thank You!
Unsung heroes of Cape: Rey Moulton
By Tara Simopoulos

Cape Elizabeth has been home to many un-sung community heroes over the years, peo-
ple who have done great deeds for this town with little to no recognition. And in some ca-
es, they prefer it this way, helping their com-
munity without expecting gratitude simply
because they love their town. Over the next
year, the Cape Courier would like to spotlight
these individuals in a new segment called Un-
sung Heroes of Cape. If you know of a
community member who has gone above and
beyond for their beloved town, please let us
know at info@capecourier.com.

Have you ever wondered why the Middle
School playground is called Rey Moulton
Field? Or did you notice the plaque at Han-
aford Field that reads “Rey Moulton, Jr.”?
The lights shine on this field due to Rey’s gen-
erosity and his love of Cape Elizabeth. Who
was this man that left such a lasting legacy on
our town?

Rey Moulton was born in 1938 and grew
from Dartmouth University. According to his
sister Jessie, Rey credited his scholastic and
athletic success to his Cape Elizabeth com-
munity, his teachers and his coaches.

After university, Rey became very success-
ful in the insurance industry and eventually
settled in MA. But he never forgot his be-
ed Cape Elizabeth and continued to help
his community when they needed him. Rey
donated to Gulf Crest Field and CEEF and
was the first and primary donor to the night
lights at Hannaford Field. He also started the
Rey Moulton Scholar/Athlete scholarship in
2000 which is awarded to a graduating Cape
High School senior every year. The 2018 re-
cipient was David Hare. Since its inception,
the Rey Moulton Scholar/Athlete scholarship
has raised a total of $28,000. Perhaps you
know someone who has won this award?

While it was cancer that took his arm when
he was 5, it was also sadly cancer that took
Rey’s life on March 5, 2006 at the age of
68. Two months before he passed, he further
endowed the Rey Moulton Scholar/Athlete
scholarship so that it would continue forever.

--MOULTON page 15

The Cape Carpenter

carpentry • custom decks • interior/exterior painting
tile work • kitchens • bathrooms • create your own to-do list
remodeling • finish basements • clean-up garage & attics

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Graham Forsyth is new CEHS girls’ varsity soccer coach

By Kevin St. Jarre

Cape Elizabeth High School has hired a former professional soccer player, Graham Forsyth, to coach its girls’ varsity soccer team. He moved to the United States to work for Global Premier Soccer (GPS) Maine in May 2016. Forsyth said, “I have been working as the Premier Director, managing all the GPS teams and have loved every minute of it. I coach our elite girls teams throughout summer soccer and pre-season.”

Currently, Forsyth lives in Cape Elizabeth with a host family, the Duryees. “They’ve taken me in and made me part of the family and I have loved every minute of it. The job was always going to be a great challenge to take, following on from Craig Fannan who was my old boss at GPS Maine before he moved to Ottawa,” he said.

When asked what he likes most about coaching in general, and why soccer is special for him, Forsyth said, “Soccer in Scotland is a lifestyle; you’re brought up by it and it’s part of the culture – I’ve played it since I was three years old and it was, and still is, my first love. I got a bad injury to my right knee and then pursued something else. Forsyth said, “To be honest, I invest all my time away from Cape Elizabeth into GPS Maine; it’s a full time job and I have become a lifestyle for me. When I do have some down time I like to go to the gym, movies or go for food somewhere.”

Looking ahead at the coming season, Forsyth said, “We’ve worked really hard throughout summer soccer and pre-season. The fitness testing was high intensity, and the girls gave me everything they had, so fitness won’t be a concern in games. In terms of the shape and on the ball, we’ll be good; we’re going to look to dominate games with possession and look to be clinical in the final third.”

Forsyth shoots high, even in the short term, which is understandable with such a strong team this year. Forsyth said, “Short term goal is to win States this year – Yarmouth, rightly so, are the team to beat in my opinion after going 18-0, so it’s up to us to change that mentality and challenge them this year. However, if not this year, we have to be aiming for a State Championship within five years; but if I can develop the players and bring a feel-good factor to Cape, that’s a bonus.”

The new coach sums it up liked this: “I have a simple message to our team this year: take care of our own performances and we’ll be successful this year. If we start concerning ourselves with the opposition’s approach, we can get lost and caught up – let’s go!”

Community involvement includes Chris Hayden who had instructed students on the brass tacks of filming as well as giving them suggestions on writing an outline of their story before they interview anyone. Members of the club sign up for their beats at the start of the year. The leaders have been Libby Palanra and Sam Whitney. They both are reliable and skilled filmmakers; Sam is, in fact, gifted. He’s won awards the past two years for his original short films.”

Current stories produced by CEHS TV can be found online at https://www.youtube.com/channel/UCVP9SyzDQA2fjFLSTL0-L-5OA.

The second award of the afternoon, the Thompson Award, was presented by Nancy and Tim Thompson in honor of their son Timmy, a CEHS graduate. The annual award recognizes a faculty member who has gone above and beyond in mentoring and supporting students while making a lasting impression on the Cape community.

This year’s winner, CEHS teacher Tom Lizotte, was moved by the peer-and-parent nominated award. Nancy Thompson noted that the numerous nominations spoke of Lizotte’s high expectations for students and his “vision to see the hope in every student’s future, and the vastness of their potential.”

Thompson, joined by her husband Tim, daughter Molly and new grandson Gavin, praised Lizotte for creating “a meaningful high school experience” for each of his students and thanked all Cape faculty for “working tirelessly to help mold students and prepare them for the future.”

Lizotte said this about receiving the Thompson award: “This is my proudest moment as a teacher. The award is the highest honor a Cape Elizabeth teacher can receive. It is one thing to have one’s work as a teacher recognized, but to be honored as a mentor to kids is something even more special. In recent years, I have come to believe that teach-
First crop of hops ready for harvest at Seal Cove Farm

By Marta Girouard

By day, Cape Elizabeth resident Kevin Jordan is CTO of Software Architecture at PTC, a Boston-headquartered software company with an office in Portland. Outside of the office, you can usually find him on his farm named Seal Cove Farm, tending to the fruits, vegetables and flowers he grows.

Two years ago, Jordan became interested in adding a new crop to his farm after a business trip to Germany. “I saw several hop yards and that raised my curiosity about growing hops in Maine. The hop yards in Bavaria tended to be acres in size, populated by what looked like telephone poles serving as a framework for tall trellises. The hops were growing on these trellises, reaching nearly 30 feet tall,” Jordan said.

Upon coming back to Maine, Jordan did a little research and found that hops are pretty tolerant of cold climates, so he decided to give it a shot. The hop plant is a perennial and has done both. The plants grow rapidly in the middle of the season, even several inches a day, and can grow up to 30 feet tall if they are on trellises tall enough. By the third season, the plants should be producing at their maximum capacity. Harvest is typically in late August or early September, and Jordan will be picking his first harvest this year.

Jordan was excited to take on growing something new. “Hops are one of those things that were common on farms many years ago but fell out of favor,” he said. With micro-breweries becoming more popular these days and folks even brewing their own beer, it’s becoming a big thing again. Since growing hops is a new experience for Jordan, he’s learned a lot along the way. Last winter he ordered some plants and assumed they would be shipped to him after the last frost but he received them right away and was faced with the challenge of keeping them dormant. “I kept them in the basement and kept them moist. Then I put them in a greenhouse and by February or March they were quite large and in April, I transplanted them into the ground,” Jordan said.

Although growing hops may be a new hobby, farming runs in Jordan’s blood. He grew up in Cape Elizabeth and graduated with the class of 1974. He went to school in Western Massachusetts and moved to Minnesota, where he lived for 22 years. He moved back to Maine in 2010 and now lives feet from where he farmed with his grandfather. Most of the original house and barn complex still stands and is located at the junction of Two Lights and Jordan Farm Roads. “My parents were farmers too, and my siblings, a couple of cousins and I continue to grow veggies on some of the property that my parents farmed,” said Jordan. “I’ve always loved farming and I like to think I’ve come back to my roots.”

Jordan currently grows seven varieties of hops: Alpharoma, Brewers Gold, Cascade, Columbus, Fuggle, Liberty and Perle. He estimates his hop plants will be able to produce about 500 gallons of beer. His goal is to sell the hops and while it’s not enough for large-scale breweries, it is the right market for smaller breweries or those who brew beer for a hobby. He may also sell his hops at Ale-wife’s Farmer’s Market, where he currently collaborates with his first cousin Jodie Jordan to sell the surplus of fruits, vegetables and flowers that he grows.

“Jodie has been very generous about accepting some of our produce, and he has also been very generous about helping us sell the hops. We’re very thankful for this. Our operation is quite small compared to his, so the modest amount we supply to him is a drop in the bucket compared to what he produces himself. Nevertheless, he helps to make us feel like ‘real’ farmers,” Jordan said.

For those interested in learning more about Seal Cove Farm, please email Kevin Jordan at: kej@kyrafre.com.
Volunteer Profile: Beth and Tony Owens

By Jane Vaughan

Beth and Tony Owens look actively for ways to give back to the Cape Elizabeth community from volunteering in the school system to CELT to Judy’s Produce Pantry.

Beth and Tony Owens hope that when their grandchildren grow up, what they’ll remember most about visiting their grandparents is picking blueberries, exploring beehives, visiting the Audubon and spending time outside. “I just want so much for kids to get off on the right foot with stewardship, appreciating things, slowing down, taking time. We just really really want that for the next generation and hope it isn’t going to slip away,” Beth explained.

The Owens have a history of stewardship in Cape Elizabeth, from the school system to the Land Trust to Judy’s Produce Pantry. “We’ve really felt that we’re fortunate to live in such a great community that’s been supportive of us and our children and provided us many opportunities. We looked actively for ways to give back,” Tony said.

Their commitment to volunteering really began in 2007 when Tony switched to part-time work at Maine Medical Center. While the couple had always been involved in volunteering in some capacity - Beth was the president of the Parents’ Association, and Tony had volunteered for various non-profits - it was hard to fit in much time for volunteering between jobs and kids. When Tony went part-time and their children grew older, they had more free time to dedicate to the causes they cared about.

Tony began by building the raised beds and outdoor classroom at Pond Cove Elementary School, a project that came to fruition through the combined efforts of the Cape Elizabeth Land Trust and the Cape Elizabeth School System. Beth, a master gardener, began visiting classrooms in the elementary school to teach children about gardening and various plants and help them grow produce.

Beth and Tony’s love of the outdoors also inspires them to lead walks through Robinson Woods. Beth takes groups of elementary schoolers through the woods multiple times a year, while Tony leads a wildflower walk and an owl program for the Land Trust each year. “Beth’s work in the schools and the things that I do focus really on trying to bring in knowledge and love and respect for the environment for the next generation of people who, we hope, will continue to carry that banner,” Tony said.

Beth has also been involved with Judy’s Produce Pantry, a food pantry that is open on Tuesdays at Cape Elizabeth United Methodist Church. “Every Tuesday, we have an open pantry, and we have produce and also a lot of other grocery items. We couldn’t do it without the great farms that we have here,” Beth explained.

While Beth often works with younger children, Tony prefers working with high schoolers or young adults and with many non-profits in Maine, including The Nature Conservancy. He currently works with the Natural Resources Council, which advocates for good environmental policy at the Maine State House in Augusta. “I’ve always tried to take a high school or middle school child up with me to sort of see how that process works to help further their capacity as an advocate. That’s always fun. The power of a young person before an austere committee is always so much greater than an old geezer like me saying the same thing. I think it empowers the message more,” Tony said.

While Beth was raised in Massachusetts, ploring the outdoors with my husband and children,” she said.

As one would expect, deVries also loves to teach. “I like working with teenagers because they are passionate and open to new ideas as they are trying to find their place in the world. I specifically like teaching science because it is the basis for understanding everything around us, and it is fun,” she said.

Amy deVries is a newly hired science teacher at CEHS. She’s pictured here with her children Meadow and Finn.

Amy deVries is a newly hired science teacher at CEHS. She’s pictured here with her children Meadow and Finn.
Cape Elizabeth artist inspired by landscapes, clouds

By Kevin St. Jarre

Holly Ready, a resident of Cape Elizabeth, is a painter working in oils and in gouache who said she is continuing her work on translating light through the landscape. She said, “I’ve lived in Cape Elizabeth for most of my life and can’t think of a better place to live and paint.”

“The subject matter in my paintings is light unique to certain times of day and season. There’s a strong emphasis on color in creating these paintings that evoke an emotional response,” she explained. People seeing her work have said, “That’s a Holly Ready sunset,” so perhaps right now she’s recognized by her sunsets and clouds.

When asked if her style has changed over the years, Ready said, “I’ve always been interested in the landscape/seascape in particular the Maine landscape and that has remained a good part of my paintings from day one. After graduating from Maine College of Art in 1994, my work involved more color and color relationships than my earlier work. I’ve continued on this path of conveying emotional awakenings through color and light. I like to feel I’m always evolving.”

Like many artists, the business of art influences her creative work more when she was younger. “Early on I was very affected by what sold and what did not, and found myself judging my work on what other people desired. After art school and many years of painting, the business of art influences my work very little. I find that I have to like the work in order for it to be successful, and I won’t put a piece out there until I feel it represents what I want it to. I work well under pressure and probably having to meet a deadline for a show or doing a commission piece influences how much time I put in every day, but once the paint hits the canvas, creativity takes over, and I’m only concentrating on the intuitive dance between shape, value and color,” Ready said.

Her early influences were family, and later her professors. She said, “Early on, my grandmother influenced me to want to paint. Both she and my uncle were artists, and I was in awe of their work. My grandmother encouraged me to paint from an early age and I’m so glad she did. I would have to say that I had wonderful art professors at Maine College of Art. When I think back on my experience and education there, Johnnie Ross and Glenn Renell stand out.”

Ready said she has many favorite venues for viewing art. “To be honest, I love seeing paintings just about anywhere. I love watching a plein air artist try to capture a fleeting moment, to browse galleries and artist studios to see what my contemporaries are working on, and the magnificent art museums all over the world that offer insight into renowned work and art movements that have happened over time,” she said.

Her inspiration comes from all around her. Ready said, “I am so inspired by this beautiful seaside town and the great state we live in, the changing tides, approaching storms, vivid sunsets, patterned skies. Right now I would probably say that my head is in the clouds. I’m so attracted to the abstract shapes of the clouds, the light that reflects off them and through them and the spaces in between.”

She remembers when she first sold her artwork. “I believe it was when I entered the Prouts Neck Women’s Auxiliary Show back in the early 1980s. A friend who entered the show every year encouraged me to submit a couple pieces and they sold! A great feeling,” she said.

There are some things artists should guard against. Ready said, “Probably a feeling of self-importance that some artists have. Also those that feel there’s a right or wrong way of doing paintings. I don’t feel there’s any wrong way in creativity.”

Were she given a free trip to go anywhere and focus on her art, Ready said she would be able to work anywhere where she can devote her attention to the work. “I would be happy being anywhere where I could focus solely on my painting. Twelve and thirteen years ago, I spent a month at an artist retreat in Costa Rica, and it was delightful to do nothing but concentrate on my work,” she said.
Capoon: Pier 77

By Jeff Mandell

When parking in Portland becomes as hard for ships as it is for cars, and Bar Har- 
capetoons is created by Cape Elizabeth resident Jeff Mandell, who has decades of 
ern New England.
experience writing and drawing humorous pieces for publications throughout north-
boration is full, where might the giant liners look next?

Upcoming CELT programs

Mushrooming in Robinson Woods

Join mushroom expert Dan Agro of Agro-
Myco on an edible and medicinal mushroom 
foraging walk. Topics for discussion are the 
best times of the year to find local medicinal 
and culinary mushrooms, ideal growing en-
vironments and what to look for in the forest,
safe and thorough species identification and 
how to preserve and/or cook your mushrooms.

Date: Saturday September 15 
Time: 9 a.m.-12 p.m.
Location: Robinson Woods Kiosk Shore Road
Cost: $10 per person
NOTE: A wait list is available for this walk. Please register with Cape Community Services.

Great Maine Outdoor Weekend 
Cross Town Walk

Join Cape Elizabeth Land Trust’s (CELT) 
Executive Director Cindy Krum, a representa-
tive from the Town of Cape Elizabeth Con-
servation Commission, and CELT past Board 
President Kathleen Janick for the annual Fall 
Cross Town Walk. Beginning at Portland 
Head Light, located at Fort Williams, this 
walk will traverse over seven miles of both 
town of Cape Elizabeth and CELT trails high-
lighting Cape’s great places. This walk offers 
a unique overview of Cape’s diverse ecosys-
tems including Spurwink Marsh, Robinson 
Woods and Great Pond.

Date: Saturday September 29 
Time: 8 a.m.-1:30 p.m.
Location: Meet at Portland Headlight in the dirt parking lot closest to the lighthouse.
Cost: $10 per person

In the Thick of It: Maine’s New 
England Cottontails

Come celebrate Great Maine Outdoor 
Weekend with Andrew Johnson, young forest 
habitat specialist and wildlife biologist for a 
one and a half hour walk at Kettle Cove State 
park on Sunday, September 23 from 2:00-
3:30 p.m. Participants of this Cape Elizabeth 
Land Trust sponsored event will enjoy learn-
ing about the state-endangered New England 
cottontail, the conservation effort taking 
place to recover the species here in southern 
Maine and what you can do to help.

Cape Elizabeth is home to the largest 
known population of New England cottontails in Maine. The cottontails’ range has de-
clined by 86 percent over the past 50 years 
due to loss of large thicket and young forest 
habitats. Come learn about where they live, 
why other animals also need these thickets 
and what we are doing to help cottontails re-
bound in Maine. All proceeds go to CELT.

Location: Kettle Cove State Park 
Date: Sunday, September 23
Time: 2:00-3:30 p.m.
Cost: $6

LITTLE EXPLORERS (ages 3-5 
yrs with an adult)

Children and caregivers will spend an hour 
exploring the natural wonders of the Maine woods in fall with Cape Elizabeth Land Trust volunteer Lisa Gent. We’ll take a gentle hike 
through Robinson Woods where we will ex-

plore the habitat around us while we search 
for birds, reptiles, amphibians, mammals and 
plant life. Lots of hands on explorations and 
games included! Please dress in comfortable 
clothes and bring a water bottle.

Date: Wednesday, October 3 
Time: 9:00-10:00 a.m.
Fee: $6 per parent and child, each addi-
tional child $3

Location: Robinson Woods Kiosk Shore Road

GOOD NIGHT, CAPE 
ELIZABETH Children ages 2-6 
(with an adult)

Children ages 2-6 (with an adult) are invit-
ed to the CELT office to enjoy a bat-themed bedtime hour centered around Melissa Kim’s “A Little Brown Bat Story.” This Cape Eliza-
abeth Land Trust event is a great opportunity 
for little ones to learn about these nocturnal 
animals. Join author and CELT volunteer Me-

lissa Kim, librarian Rachel Davis, and CELT 
volunteer Jill Darling for stories, a craft and 

a brief visit outdoors. Come in your pajamas, 
and bring a snack. Parents/guardians must be 

present.

Date: Wednesday, October 10 
Time: 6:00 – 7:00 p.m.
Fee: $6/parent and 1 child. Each additional 
child $3.

Location: CELT office: 330 Ocean House 
Road, Cape Elizabeth

Please register for the above programs 
through Cape Elizabeth Community Ser-

org/. All proceeds for these programs go to 
CELT, and please call the CELT office 
with any questions: 767-6054.
Live music, local foods and traditional pie contest at CELT’s Harvest Festival

Bring your family, bring a friend to this free, family-friendly community celebration on Saturday, September 22 from 4:00 to 6:00 p.m. at the pavilion at Fort Williams. This annual gathering is the Cape Elizabeth Land Trust’s gift to the community and features local foods served sizzling hot, live bluegrass music by the Earth Tone String Band, a pie contest and engaging activities for kids. Special recognition will be given to the many volunteers who work hard to make the Land Trust so successful every day. Rain date is Sunday, September 23.

CEL T appreciates the generous support of key community sponsors who make this fun-filled evening possible — The Landing at Cape Elizabeth, Saco Biddeford Savings, and Frank Strout Real Max Oceanside.

Calling Pie Bakers of All Ages!

The traditional Pie Contest is a friendly competition determined by popular vote. Our newest category is for Young Chefs - kids of all ages are invited to bring a baked good they helped make. We’re sure these desserts will be delicious; so all Young Chefs will be recognized with an award sticker.

Other judged categories are:

- Best Fruit Pie
- Prettiest Pie
- Best Chocolate or Cream Pie
- People’s Choice

CEL T is looking for pie baked by all ages for the Pie Contest to be held at their September 22. Above, a blueberry pie from last year’s celebration.

Birding report for last week of August through Labor Day

By E. Brooks Bornhoff

Good numbers of fledging white-breasted nuthatches, tufted titmice and American goldfinches have been frequenting our feeders. A young female Carolina wren briefly made herself known within the thickets of Pond Cove. Seeing and hearing this immature Carolina wren is a wonderful sign that wren populations are starting to push back into their northern ranges.

As we slip into September the loud, rolling rattle of northern flickers (yellow shafted) is heard throughout the mixed woodlands of Cape Elizabeth. This bird’s call is very similar to that of the piliated woodpecker. We have also had good looks at immature American redstarts (warbler) both in the yard and across the Gulf Crest trail system.

A common night hawk was seen around sunset migrating south across the Spurwink Trail Greenbelt property along Scarborough Marsh. Two types of flycatchers, eastern phoebe and eastern kingbird were also seen in this area on September 2.

Strangeuly one of the first sightings I have had in some time, on Labor Day there was a male belted kingfisher perched on a snag along the Spurwink River. Females typically make the move south sooner than males, and they have a tell-tale chestnut band across their breast (one of the few bird species where the female is more brightly colored than the male.) Additionally, although kingfishers are most often spotted along streams and shorelines, they can also be seen and heard making long commuting flights far from water, over forests and fields.

Pies are very popular, so please consider entering a pie or two this year. Send your pie entry details to info@capelandtrust.org and bring your pie or Young Chef baked good to the Harvest Festival between 3:30 and 4:30 p.m. Include your name, your pie or baked good’s name and a list of ingredients on a note card or piece of paper when you drop off your pie or baked good. Pie bakers and Young Chefs will be recognized at approximately 5:30 p.m. For information call 767-6054 or email info@capelandtrust.org.

Local Writers Series kicks off eighth season at The Busy Bee

On Saturday, September 22, from 4-5 p.m., Local Writers at The Busy Bee Café and Design Studio (formerly The Local Buzz) will launch its eighth season of monthly readings featuring Maine writers of prose and poetry. The event is free and open to the public.

The newly revamped café and design studio, located at 327 Ocean House Road, will host acclaimed Maine writer, Laurel Davis Huber, author of the award-winning novel, “The Velveteen Daughter,” and Portland poet Mike Bove.

Local Writers at The Busy Bee events for the 2018-2019 season will be co-hosted by newly appointed Portland Poet Laureate Linda Aldrich and Cape Elizabeth writer Marcia F. Brown.

“There was a lot of disappointment when The Local Buzz closed its doors last April and we had to suspend our series,” said Brown, who is the series founder. “Linda and I are thrilled that Solapix owner Paul Ramsden and his associates will be opening their doors to us again this fall. The new space is stunning and I know our audience and the community is going to love our newly refurbished home at The Busy Bee.”

Mike Bove is the author of the newly released poetry collection “Big Little City” (Moon Pie Press 2018). Bove earned his B.A. and M.A. from the University of New Hampshire and is currently a faculty member in the English Department at Southern Maine Community College.

Bove’s poems have appeared in a variety of publications including Rattle, The Cape Review and the Lewiston Sun Journal. He was a 2015 Pushcart Prize nominee, and he also plays guitar in a local cover band made up of college professors called The ProfTones. Bove was born and raised in Portland, where he continues to reside with his wife and two sons.

Laurel Davis Huber is the author of “The Velveteen Daughter,” based on the true story, never before told, of Pamela Bice, a world-famous child prodigy artist, and her mother Margery Williams, author of the beloved children’s literature classic “The Velveteen Rabbit.”

Huber’s fictional biography won the 2017 David Langum Prize for American Historical Fiction. Hailed as a remarkable debut novel, “The Velveteen Daughter” has been highly praised by critics — called a “masterpiece” by Library Journal, “brilliant” by Kirkus Reviews and “a virtuoso performance” by The Portland Press Herald.

Huber grew up in Rhode Island and Oklahoma and is a graduate of Smith College. She has worked as a corporate newsletter editor, communications director for a botanical garden, high school English teacher and senior development officer for both New Canaan Country School and Amherst College. Huber and her husband divide their time between New Jersey and Maine.

September Naturalist’s Corner

By Erika Carlson Rhile

- September 23 is Autumnal Equinox
- September 24 is the Full Harvest Moon (the Harvest Moon is the full moon closest to the equinox.)
- It’s mushroom foraging season! Positively identifying mushrooms is key to deciding whether to harvest them for dinner or leave them in the ground. September’s smorgasbord includes chanterelles, black trumpets, puffballs and lobster mushrooms.

Learn more about mushrooms by joining an expert on a foraging walk (see CELT’s offerings.)

- The acorn is one of the most valuable food resources available for wildlife. One hundred U.S. vertebrate species eat acorns including blue jays, turkeys, deer and crows.
- In colder months, the acorn is the “cheeseburger of the forest ecosystem.”
- Groundhogs are fattening up for hibernation, almost doubling in weight. The fat on the woodland chow, the more likely it will survive the winter. Maybe we can forgive their garden rampages? By the end of winter, a woodchuck has lost one-third of his body weight.

Kathleen “The Real Estate Queen” Scott and Julia M. Edwards

A 2017 Top Producer

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Cape Elizabeth, Maine
04107

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Coldwell Banker Residential Brokerage

Located and operated by WEIC LLC
Library begins telescope lending program, offers presentation on global fisheries crisis, CircleSinging workshop, preschool yoga

Library Begins Telescope Lending Program
The library has recently partnered with the nonprofit organization Cornerstones of Science to begin a telescope lending program. The library now owns an Orion Star Blast 4.5 Telescope, which may be borrowed by library cardholders for one week at a time.

In order to borrow the telescope, you must be at least 18 years old, have a library card in good standing and have a valid Maine driver’s license or government ID. The check-out process includes a signed lending agreement and a brief training session. If you are interested in borrowing the telescope, please stop by or call the library at 799-1720 to make an appointment to come in.

PROGRAMS FOR ADULTS
September is Mindfulness Month at TML! Many of the programs focus on ways you can integrate mindfulness into your life for health and wellbeing. “When you change yourself you change the world.”

Meet Ruby, the Red-tailed Hawk
Thursday, September 13
6:30 - 7:30 p.m.
It is migration season and that means the hawks are on the move! Have you ever watched hawk migration from the many amazing vantage points in Maine? It is a sight to behold. Hawks are some of our most common neighbors, often sighted on fence posts or soaring on the thermals. Come and learn more about your amazing wild neighbors! There are so many ways we can help our wild neighbors, from not using rodenticide to not tossing food out of our windows while driving. Come learn about all the ways you can make a difference and connect with Ruby, a red-tailed hawk.

Fall Into Healthy Eating Habits
Tuesday, September 18
6:30 - 7:30 p.m.
After a long summer of grilling out, drinking and vacation eating — and before holiday eating starts — why not take an hour to concentrate on healthy eating? In this September Mindfulness talk, certified nutritionist Sara Sullivan will talk about how developing healthy snacking habits can make you feel more energized and how healthy snacking can support your overall health.

Sullivan’s talk will include ideas for:
- Quick and easy breakfast options
- Healthy snacking
- Batch cooking

20-minute dinners

 Writers’ Accountability Group
Wednesday, September 19
10:00 a.m. - 12:00 p.m.

Chair Yoga — September
Thursday, September 20
10:30 - 11:30 a.m.
We hope you’ll join us for our final session of Chair Yoga with yoga expert Martha Williams.

In Chair Yoga, you’ll experience gentle, mindful movement and deep breathing that will help you calm your nervous system and focus your mind. You’ll stretch and move while sitting in your chair with a handful of standing and balancing postures accessible to all. We’ll finish with a guided body scan that invites you to relax into the present moment, that place where true power lies.

Shamanism Workshop: What is Shamanism, and What Might it Offer Me?
Thursday, September 20
6:30 - 8:00 p.m.
Shamanism is a thousands year old wisdom practice, older than most religions, that has been a strong resurgence in today’s fast-paced world. In this talk, you’ll hear from Martha Williams, Cape Elizabeth resident, shamanic practitioner and yoga teacher, about the benefits of shamanic healing and the ways it has helped her clients. In this workshop, you’ll engage in the shamanic ritual of calling in the directions to create sacred space. And, if you’d like, you’ll receive healing energy shared during a guided meditation.

Learn how shamanic practices can be integrated into your day-to-day life, bringing you a deeper connection to the natural and spiritual world and to yourself. We’ll leave plenty of time for discussion, questions and answers.

The Global Fisheries Crisis and What You Can Do About It
Saturday, September 22
2:00 - 3:00 p.m.
The health of the global ocean should concern everyone. Oceans create half of the oxygen we breathe and provide a key source of protein and jobs for billions of people around the world. As we wrap up a month of Mindful Presentations this September, Adam Baske from the International Line & Pole Fishing Foundations joins us to talk not just about the health of the earth, but also about what we can do to help make the earth a better place to live.

In this talk, Baske’s will focus on:
- The most pressing threats to our oceans — overfishing, pollution and climate change.
- The important role fisheries play in the context of environmental and social responsibility.
- Examples of his work with coastal communities and markets around the world to drive positive outcomes of the ocean as well as communities.

We’ll end this discussion with ideas for how consumers can be proactive on these issues with the choices they make at the grocery store and at restaurants. We hope you’ll join us to learn more about this interesting and timely topic!

Finding Your Creative Self
Tuesday, September 25
6:30 - 8:00 p.m.
Have you wanted to explore your creative potential or take it to the next level? Join artist Valerie Deveraux as she discusses the powerful tools used to uncover your creativity as outlined in Julia Cameron’s groundbreaking book “The Artist’s Way.” In this presentation you will learn about the process that millions of people have used to discover and recover their creative self. Valerie Deveraux facilitates Artist Way Workshops through an engaging process of discussion, exercises and guided visualization. She makes her home in Cape Elizabeth.

Senior Tech Time
Wednesday, September 26
10:30 a.m. - 12:00 p.m.
We hope you’ll join us for our final Wednesday Tech Time session of September. Adam Baske from the International Line & Pole Fishing Foundations joins us to talk not just about the health of the earth, but also about what we can do to help make the earth a better place to live.

In this talk, Baske’s will focus on:
- The most pressing threats to our oceans — overfishing, pollution and climate change.
- The important role fisheries play in the context of environmental and social responsibility.
- Examples of his work with coastal communities and markets around the world to drive positive outcomes of the ocean as well as communities.

We’ll end this discussion with ideas for how consumers can be proactive on these issues with the choices they make at the grocery store and at restaurants. We hope you’ll join us to learn more about this interesting and timely topic!

“Life Well Lived”: An Interactive Evening with Author John Eric Sullivan
Thursday, September 27
6:30 - 8:00 p.m.
We all wish to live a happy, and in contemporary culture, be bombarded with so many messages telling us that happiness is about feeling good, acquiring things, being young and wrinkle-free. But true happiness, what the ancient Greeks called eudaimonia, results from engaging life with meaning and purpose. How is it that turning toward death and grief can enrich our lives with meaning?

Come join us for this interactive talk, offered as part of the September 2018 Mindfulness Month at the Thomas Memorial Library, which is designed to evoke wonder about the possibilities of the human spirit and the meaning of a life well-lived. The evening will include stories shared from Dr. Baugher’s forthcoming book “Contemplative Caregiving: Finding Healing, Compassion, and Spiritual Growth through End-of-Life Care” (Shambhala Publications, 2019), as well as a guided meditation and group discussion.

CircleSinging Workshop
Saturday, September 29
2:00 - 3:30 p.m.
Vocal music, will, without a doubt, transport you to places unknown. Vocal music, will, without a doubt, transport you to places unknown. In Chair Yoga, you’ll experience gentle, mindful movement and deep breathing that will help you calm your nervous system and focus your mind. You’ll stretch and move while sitting in your chair with a handful of standing and balancing postures accessible to all. We’ll finish with a guided body scan that invites you to relax into the present moment, that place where true power lies.

Ongoing Adult Programs

Morning Book Group
Meets the second Wednesday of each month from 9:30-11:00 a.m.

Evening Book Group
Meets the third Thursday of each month from 7:00-8:30 p.m.

Knitting Group
Meets every Monday at 1:00 p.m.

Democracy Cafe
Meets the second Tuesday of each month from 6:30-8:00 p.m.

Maine Wildlife Lecture Series
Meets the second Thursday of each month.

Writer’s Accountability Group
Meets the third Wednesday of each month from 10:00 a.m.-12:00 p.m.

Senior Tech Time
Meets the fourth Wednesday of each month from 10:30 a.m.-12:00 p.m.

PROGRAMS FOR TEENS AND TWEENS
Recurring Programs

Anime Club
Mondays from 2:30-4:00 p.m.
September 17 and 24
Come hang out with friends while we watch and generally geek out over all things Anime! Open to ages 13 and up.

Dungeons & Dragons Club
Tuesdays from 3:00-6:00 p.m.
September 18 and 25
Our D&D Club meets every Tuesday after school from 3-6 p.m. Open to ages 13 and up.

Crafternoons
Thursdays from 2:30-3:30 p.m.
-see LIBRARY page 13
Criminal mischief at Gullcrest, subject confronted for taking pictures of female teenagers

Reported by Marga Giroud

COMPLAINTS
8-14 An officer met with a representative of public works regarding criminal mischief to the athletic fields at Gullcrest. Someone has been driving on the fields and spiking brodies.
8-14 An officer met with a resident of the Welh Road area regarding a harassment complaint.
8-16 An officer met with an employee at Crescent Beach State Park who reported that a male subject was observed taking pictures of female teenagers on the beach. Subject was confronted by parents and staff and left the area. They provided several pictures of the suspect and his vehicle.
8-20 An officer met with a resident of South Portland regarding a possible fraudulent ad on Craig's List for a rental in Cape Elizabeth. Officer contacted the town assessor's office to confirm the name of the owner and contacted the owner who advised he had already contacted Craig's List and it had been removed.
8-21 An officer met with a resident of the Eastman Road area who reported that he had a stack of maple in two to five feet lengths near the end of this driveway and that it had been stolen during the day. A neighbor provided a description of the truck involved.
8-22 Two officers responded to a location in the Spurwink Avenue area for report of a verbal altercation between neighbors in the street.
8-23 A resident in the Broad Cove area called to report an abandoned bike. It was described as a blue lady's hybrid 18 spd. Bike was returned to the PD for safekeeping.
8-24 An officer met with a resident of the Shore Road area regarding a domestic issue.
8-25 Two officers responded to a residence in the Spurwink Avenue area for report of a verbal altercation between neighbors.
8-25 Two officers responded to a residence in the Old Ocean House Road area for a well-being check.
8-27 An officer met with a resident of the Cottage Farms Road area regarding a motor vehicle burglary complaint. Some money was missing from the vehicle.
8-28 An officer met with a resident of the Mitchell Road area regarding a suspicious post on Snapchat.

SUMMONSES
8-14 Biddleford resident, speeding (44/35 zone), Route 77, $14
8-14 New Gloucester resident, operating under influence, Cottage Road, South Portland
8-15 South Portland resident, theft of services, Shore Road
8-16 Cape Elizabeth resident, speeding (48/30), Sawyer Road, $170
8-16 Portland resident, uninsured motor vehicle, Route 77, $148
8-19 Portland resident, improper passing, Shore Road
8-20 Buxton resident, failure to produce insurance, Route 77, $186
8-20 Cumberland resident, uninsured motor vehicle, Sawyer Road, $85
8-25 Saco resident, operating after license suspension, Route 77
8-25 Cape Elizabeth resident, operating after license suspension, Shore Road
8-25 South Portland resident, failure to
**Financial Aid scams**

Al-Anon, Regular meeting 7 p.m. Thursdays, at School Board Finance Committee, 6:30 p.m., Thomas Memorial Library Committee, 6:30 Thursday, September 20

Saturday, September 22 - 10:30 a.m. Family Shabbat Services: Second Friday, 6:30 p.m.

**CHAPTER 3**

**CABLE GUIDE**

Town Council replay
- Sept. 12 & 13 - 2 p.m. & 8 p.m.
- Sept. 15 - 10:30 a.m.
- School Board replay
- Sept. 14 & 15 - 2 p.m. & 8 p.m.
- Sept. 16 - 10:30 a.m.
- Cape Elizabeth Church of the Nazarene
  - Sept. 15, 16, 22 & 23 - 9 a.m.
  - Planning Board (live)

**SCAM ALERT BULLETIN BOARD**

Reported by Jessica D. Simpson

Too Good to Be True

As summer ends, many companies have end of season sales with amazing deals. But if a sale looks too good to be true, it probably is. Beware of websites that sell high-end name brand products at a fraction of the retail price. Through these fake websites, scammers can sell knock-off products to unknowing consumers, or worse, take your credit card information and never send the items you purchased. Please be vigilant in scoping out only true online sales, and ensure the bargains you find are the real deal.

**SERVICES**

**CAPE CALENDAR**

**Monday, September 17**

Town Council Workshop, 7 p.m., William H. Jordan Conference Room, Town Hall.

Fort Williams Park Committee, 7 p.m., William H. Jordan Conference Room, Town Hall (immediately following Town Council Workshop).

**Tuesday, September 18**

Planning Board, 7 p.m., Town Hall chamber.

**Thursday, September 20**

Thomas Memorial Library Committee, 6:30 p.m., Thomas Memorial Library.

**Tuesday, September 25**

School Board Finance Committee, 6:30 p.m., High School Library and Learning Commons School Board Workshop, 6:30 p.m., High School Library and Learning Commons Board of Zoning Appeals, 7 p.m., Town Hall chamber.

Ongoing each week:

- Al-Anon, Regular meeting 7 p.m. Thursdays, at United Methodist Church, 280 Ocean House

**Homecoming Weekend at Church of the Nazarene**

The Cape Elizabeth Church of the Nazarene will be celebrating its 51st annual Homecoming Weekend beginning on September 15.

The weekend kicks off with a picnic at noon on Saturday at the Two Lights State Park picnic pavilion. All in the community are invited to attend and share in food, fun and fellowship. There will be hamburgers, hot dogs, corn and side dishes, so come hungry.

The weekend concludes on Sunday, September 16 with a 10:45 a.m. worship celebration at the church, located at 499 Ocean House Road. Dr. Stephen Dillman, the superintendent of the Maine District of the Church of the Nazarene, will be the guest preacher. Feel free to bring family and friends to one or both events.

**CEEF**

Continued from page 6

ers can have a life-long impact on students, a much greater impact than I had ever thought possible. To us, that effort to treat our subject matter as a means rather than the end. The means is powerful, but the end - understanding that there is a child behind every book and music instrument and that the total child is paramount - for me now is the ultimate goal. Those students have fears, hopes and aspirations far beyond the subject matter. We need to be aware of, and listen to, these. As I always say to my students, “You might not play an instrument forever, but if you live your life the right way, you will be a learner forever.” For me to be the best teacher I can be, lifelong learning and the whole child must be my focus.”

On taking his role of teacher beyond the subject matter, Laiole said, “Our influence on the total child is critical. Our interest in the non-academic parts of the student’s life and what makes that student tick are central to our effectiveness with the ‘academic’ student. Everything else has its importance, but in a secondary way. That view of teaching motivates me and gives richness to my experience with kids. When former and present students continue to seek advice, you understand that their lives have been impacted in a significant way. The fact they value your opinion means that you value you. That is joyful. The possibility of having a lasting teaching legacy, and Tim Thompson’s spirit, fuels what I try to do.”

I am blessed.”

**Erin Grady, Broker**

erinrgady207@gmail.com

Cell: 207.650.4458  Office: 207.767.2224 x3
299 Ocean House Rd., Cape Elizabeth, ME 04107

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Working with buyers & sellers for over 25 years in our community. Please contact me for all of your real estate needs. I would love to work with you!

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Ron Spidle, owner

Custom framing to fine carpentry

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**CAPE ELIZABETH CHURCH OF THE NAZARENE**

499 Ocean House Road (Route 77)

www.capecnazarene.org

Sunday School for all ages: 9:30 a.m.

Sunday Worship Celebration: 10:45 a.m.

Services streamed live or on demand: watch.capecnazarene.org

**Services**

- Cape Elizabeth United Methodist Church: 280 Ocean House Road.
- Cape Elizabeth United Methodist Church: 321 Ocean Park Road.
- Cape Elizabeth United Methodist Church: 209 Ocean House Road.
- Cape Elizabeth United Methodist Church: 205 Ocean House Road.
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- Cape Elizabeth United Methodist Church: 5 Ocean House Road.
- Cape Elizabeth United Methodist Church: 1 Ocean House Road.

**CEEF**

Continued from page 6

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School is back in session...

Mr. Carrol and Mr. Doane welcome back students at Cape Elizabeth Middle School on the first day of school.

J July 2018 Cape Elizabeth real estate transfer transactions

NEW OWNER

LOCATION

SALE PRICE

FRANK & MAJORIE FORELL

FRANK & MAJORIE FORELL

$595,000

$760,000

$520,000

$400,000

$445,000

$175,000

$375,000

$480,000

$185,000

$325,000

$525,000

$775,000

$249,900

$450,000

$320,000

Peoples United Methodist Church to hold Bean Supper

The Peoples United Methodist Church, located at 310 Broadway in South Portland, will hold a Bean Supper on Saturday, September 15 from 5-6 p.m. Home baked beans, casseroles and wonderful pies and desserts will be available.

Moulton

Continued from page 5

Rey faced many challenges in his life but never let it stop him from accomplishing his goals. He is truly someone to admire. While there are plaques to commemorate people like Rey, it is important for us as a community to truly recognize those who have come before us. Cape Elizabeth is made better by those who have invested so much into this place we call home. So the next time you are playing baseball on Rey Moulton Field, stop and take a moment to thank the unsung heroes of Cape Elizabeth, like Rey.

Bozek graduates from Rollins College

Nicholas Bozek, son of Jane and Chris Bozek (brother of Katie and Alex Bozek), graduated in May 2018 from Rollins College (Winter Park, Florida) with a degree in Economics & International Business. Nicholas is working at Timberland in Stratham, New Hampshire.

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Be kind to people, animals, and the earth! spiritualworkers.com

The Cape Courier - Page 15
Alzheimer's disease is not something families plan for. We get that.

If you need us, we’re here.

Family owned and operated, we care for residents as we would care for our own family.

- Specialized assisted living community for people living with Alzheimer's disease or related memory impairments
- Carefully selected and specially trained staff
- Personalized plans of care and support

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CEHS alumna Jessie Morgan '13 graduated from Boston University in 2017 with a degree in English, a minor in American Sign Language and a desire to immerse herself in "the farthest thing from a 9-5 job." So, she scoured the internet to find just that. Eventually, her long-time love and fascination with animals, elephants in particular, brought her to the Wildlife Friends Foundation Thailand (WFFT), which operates many projects, of which the Elephant Refuge and Education Centre intrigued her the most.

Morgan set off to Thailand for two months to experience what it's like working with these impressive animals and to immerse herself in Thai culture. "The sanctuary shifted my brain toward the conservation of animals and nature in general," she said. After learning about animal tourism in exotic places such as Thailand, she realized how much people don’t know about the suffering that animals can experience moments before you sit with them for a picture. She hopes to educate people to do more research on animal tourism business before their travels. Morgan plans to return to Thailand and Southeast Asia soon to get her divemasters certification to become a professional scuba diver and to become more involved in ocean conservation.

Where are they now?

By Makena Deveraux

Ryan O’Hare (South Portland), Charlie Whitney (Cape Elizabeth), Zach Merrill (Cape Elizabeth), Jack Sands (Cape Elizabeth), Ben Payson (Cape Elizabeth), Ben Dodge (Cape Elizabeth) and Sam Whitney (Cape Elizabeth) traveled to Northern Ireland as part of St. Alban’s Youth Group Pilgrimage. They are pictured here on Rathlin Island, a day trip they took as part of their travels to Corrymeela, which is Northern Ireland’s oldest peace and reconciliation organization. Prior to the Pilgrimage, the group met with Former Senator George Mitchell to learn about his experience and role in the Northern Ireland peace process, which led to the Belfast Peace Agreement on Good Friday 1998, referred to as the "Good Friday Agreement."