

The Cape Courier

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In the Spirit of Community

Cape Elizabeth Police Department's Chief Williams retiring after more than four decades of service

By Kevin St. Jarre



Contributed photo

Cape Elizabeth Police Department's Chief Neil Williams has announced he will retire at the end of this year.

After serving in law enforcement for 45 years, and in Cape Elizabeth for 40 of those, Chief Neil Williams has announced his retirement, effective at the end of 2018.

Town Manager Matthew Sturgis announced Williams' intention to retire at the Town Council's meeting on September 10, and he was honored with a standing ovation by the audience.

Town Council Chair Jessica Sullivan said, "I've gotten to know Chief Williams during the past nine years while serving on the town council. Cape Elizabeth citizens have been extremely well served by Chief Williams who has always demonstrated the highest levels of professionalism, compassion, reason and leadership in law enforcement. We are incredibly fortunate to have had a police officer and police chief of his caliber all of these years." She also said there would be more opportunity for citizens to thank Williams for his service in the coming months.

Williams said, "I started February 1973 as a dispatcher here at Cape Elizabeth PD, and in March 1974, I went to Falmouth PD as a police officer. In November 1979, I came back to Cape Elizabeth PD as police officer. I worked my way up through the ranks of Cape Elizabeth PD as Detective, Sergeant, Captain and was appointed Chief of Police in June 2000."

Williams said, "I grew up in Cape Elizabeth. My family, including my father, brothers and myself were active in Engine One Fire Department. It was at Engine One Station that the dispatching for public safety was done. This seemed to spark my interest in public safety."

However, public service also ran in Williams' blood. "Two of my brothers were fulltime fire fighters, one brother was career military, my mother and sister worked at the hospital, and my father worked in the shipyards and was a part time police officer for Cape Elizabeth PD. Therefore, I was destined to work in public safety," he explained.

Grateful for the career he's had, Williams said, "I have been very happy and had a great law enforcement career. I was very fortunate to attend the FBI National Academy which allowed me the opportunity to gather new ideas and meet a whole new circle of friends. There has also been ups and downs. However, it never gets dull and the job is very challenging. Once you think you have seen it all, something happens, and you just shake your head."

Of his relationships with his fellow town employees, past and present, Williams said, "There is no question that I am going to have a hard time with missing the people I work with. I have had the pleasure of working for two great town managers, which makes coming to work very easy. The officers and staff are like family to me and the town should be proud to have such a professional staff of people working for them. Fellow department heads are the very best around and will do anything for you. Lastly, working

-see WILLIAMS page 7

CEHS athletes plogging along, a call to action

By Kevin St. Jarre



Contributed photo

From left to right Meredith Hetrick, Kelsey Kennedy, Zoe Evans, Ella Briman, Genevieve Rodda, Will Pearson and bottom right Mary Kate Hayes.

Plogging is said to be the latest in fitness trends, and one British newspaper, The Telegraph, reported in February that it "couldn't be more 2018." Thanks to a local athlete, it has found its way to Cape Elizabeth.

Zoe Evans is a sophomore at Cape Elizabeth High School and a member of the CEHS cross-country running team. "Recently I have begun a plogging initiative with the [team], with the goal of plogging spreading to the wider community. Plogging, or picking up litter while jogging, originated in Sweden and is slowly spreading across the world," she said.

Taken from the Swedish phrase "plocka upp" which means picking up, the trend has spread across the United States, Europe, China and Australia. While there have been groups in the U.S. doing something like plogging for a few years - one event in the nation's capital dating back to 2009 called itself "trash running" - it

has never really caught on like it has this year.

Evans said, "I read about plogging a couple of weeks ago after finding an article about it online and immediately started noticing the vast amount of litter in our community. I have since spread the idea to the High School XC team and just recently to the Middle School XC team. We just had our third plog. We have incorporated plogging into our workouts once a week as an easy run. There are so many problems on this earth that we can't control but cleaning up our town is something that we can do. It is our small way of changing the world."

Although the CEHS cross-country program, and especially the girls team, looks to be a favorite for a state championship, and one might think they would be all business, Coach Andrew Lupien

-see PLOGGING page 3

We asked Cape Elizabeth residents: "What is your favorite part about fall in Maine?"

By Jane Vaughan



Mae Gruen: "One of my favorite things about fall in Maine is going to the pumpkin patch and stocking up for Halloween!"



Sean O'Sullivan: "My favorite part about fall is probably apple picking."



Lauren Grey: "I love the food that fall brings. I love eating the fresh apples from the orchard and cutting into some pumpkin pie."



Andrew Hartel: "My favorite part is playing football."



The Cape Courier
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Anne Carney: 'Tenacious and fully committed'

Anne Carney, a candidate for State House Representative, is inspired by compassion and turns that into action. She has a deep capacity to listen and find common ground, divining a path forward — whether as a lawyer negotiating peaceful solutions for employees and employers throughout Maine, a pro-bono advocate for Mainer and migrant workers essential to our fish-and-farm economy or an effective board member and leader in civic, educational and environmental organizations.

I've worked closely with Anne at CELT, where she's served as board president and is a passionate steward of our incredible natural beauty: beaches and rocky coast, marshes and woods, fields and farmland. We've volunteered together at Cape's schools, and I know how hard she'll fight for school funding and quality education for all kids in Maine. We also share a

deep commitment to social equity, affordable access to health care and innovative approaches for responsible, inclusive economic development in Maine.

Anne is tenacious and fully committed when she takes on a task. She leads with heart and wisdom, and knows that in the end, we all need to live and work together and respect each other.

These attributes, combined with her demonstrated commitment to high-quality education, environmental protection, a strong economy and accessible, affordable health care, as well as her twenty-five years of legal expertise in Maine, will make Anne a fantastic, effective legislator.

Please join me in electing Anne Carney to the State House, and Rebecca Millett to the State Senate. Cape couldn't ask for better representation in Augusta.

Tricia Wasserman

Paid parking at Fort Williams

Since the paid parking issue has surfaced it saddens me to feel this beautiful piece of land in Cape Elizabeth could be subject to entrance fees. The Town Council is pushing the issue after residents have voted it down twice preferring to keep the park free to all and share as a gift.

Is this about overcrowding, too many cars or profit? Overcrowding and parking - are you kidding me! I frequent the park regularly and never felt any evidence of this. The only overcrowding is people standing in line waiting for lobster rolls. There is ample parking spots and many places to be undisturbed no matter what season or time of day. So, what is the council talking about?

Fort Williams is ninety acres, equivalent to 90 football fields - overcrowding?

Quantitatively we do not know how much activity in the park has increased because the town doesn't track the number of people who visit. Larger cruise ships with more people are arriving in Portland every year. Should we charge them an entrance fee?

I don't know why, and I guess others here in Cape are sharing this feeling too, that charging an entrance fee just takes away something. I'm not sure what it is, just one of those intangible feelings that makes the park so special.

Sheryl Constantine

Millett has a 'strong work ethic'

We are writing to endorse Rebecca Millett, a Democrat running for a fourth term in the legislature as a Senator from District 7. Rebecca has tirelessly represented Cape, South Portland and Scarborough in her role as state Senator and chair of the education and cultural affairs committee. She has impressive financial acumen, a strong work ethic and a critical ability to work across the aisle to find reasonable solutions.

Over the last six years, Rebecca has helped to improve our state's environment. As our Senator, she sponsored a bill to build more robust electric vehicle charging stations in Maine that became law. She co-sponsored legislation and

supported efforts to jump start solar energy in Maine, and other efforts that would help Maine assess and address the challenges of climate change. She supported an amendment to the Maine Metallic Mineral Mining Act that protects water quality, and supported an act that protects the water quality of Maine's lakes. She voted for an act that ensures major manufacturers report use of BPA in their food packaging.

Senator Millett understands that Maine's precious natural resources and habitats must be protected and preserved, while maintaining the economic viability of our business community. Her voting record reflects a long-term commitment to our state's greatest resources - our people, wildlife and environment. In fact, she has been endorsed by Maine Conservation Voters and the Sierra Club.

I strongly urge voters to return Rebecca Millett to the Senate so she can continue her impressive work, protecting and improving Maine's environment for future generations.

Suzanne & Neil McGinn

Field Hockey Boosters to hold annual pumpkin/bake sale on October 13

The Cape Elizabeth Field Hockey Boosters will hold its annual Pumpkin/Bake sale on Saturday, October 13 at the Community Services Parking lot from 9 a.m.- 2 p.m.

Five to vie for three Town Council seats in November 6 municipal election

Five candidates will be seeking three seats on the Town Council in the November 6 municipal election.

John C. Voltz, Jeremy A. Gabrielson, Valerie J. Deveraux, James M. "Jamie" Garvin and James C. Tasse completed nomination papers at Town Hall before the Sept. 7 deadline and will appear on the ballot.

Three seats on the School Board are also up for election. Candidates Elizabeth Scifres, Heather Altenburg and Laura DeNino had petitions verified and will appear on the ballot for School Board.

Town Council incumbents Sara Lennon and Jessica Sullivan and School Board incumbent John C. Voltz did not seek renomination.

Polls will be open from 7 a.m.-8 p.m. at Cape Elizabeth High School on Election Day, November 6.

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Cape Elizabeth Then and Now: Cape sport mascots

By Jim Rowe



Photo from the CEHS Nautilus yearbook, 1966

The Maroon Marauder, Cape Elizabeth's first mascot who revved up crowds more than half a century ago.

Congratulations to our new "Cape Elizabeth Caper" sports mascot (see September 12- September 25 Cape Courier). You are to be commended, respected and admired, whoever you are!

With apologies to the submitter, however, this is not the first mascot to ply its trade

along the sidelines of Cape Elizabeth athletic events, as was written.

More than a half century ago, Cape Elizabeth had "The Maroon Marauder," who semi-anonymously revved up the home crowd, usually at high school basketball games. "Who was that masked man?"

CEHPS monthly program will take place on October 1

The Cape Elizabeth Historical Preservation Society presents monthly programs that are free and always open to the public. The next meeting will take place on October 1 at 7:00 p.m. in the Community Services Building, located at 345 Ocean House Road.

It will feature Jane Beckwith, whose presentation will be Handwriting Past & Present or: Confessions of an Eclectic Pen Collector. Beckwith will speak about her collection of tools and accessories used in the almost lost art of handwriting. Please join us and bring a friend or neighbor. History matters. Please support your local Historical Society.



Photo by Stephanie Drinan

At its September meeting, Louise Sullivan (above) gave an account of early European settlements at Richmond Island and along the shoreline that would eventually become the town of Cape Elizabeth.



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Plogging

Continued from page 1



Contributed photo

The Caper, Cape Elizabeth's newest sports mascot who will be making appearances at this year's home varsity football games.

was receptive to plogging. "When Zoe approached me with her idea of having the team plog a few times during the season, I was interested but skeptical. I really didn't know how the group would feel about picking up trash around town. However, the reaction from her teammates has been very positive. It's pretty funny to see them running around town with trash bags, and the pile of trash at the end of each trip has been impressive. Zoe is very enthusiastic and has done a great job with the organization. She even remembers to bring hand sanitizer to share with her teammates," Lupien said.

The need at this time of year is even more pressing. Evans said, "We are nearing the end of tourist season and there is a ton of trash out in our community. After one 30-minute plog, the CEHS XC team was able to pick up a 50-gallon bag of trash."

Evans hopes other residents will join in, saying she wants "to encourage the community to add one plog, or even a plank which is picking up litter while walking, to their weekly workout routines and help keep the community clean."

Town accepting applications for bottle-shed proceeds to benefit Cape Elizabeth youth

The Town of Cape Elizabeth is accepting applications from not-for-profit service clubs and organizations, based in Cape Elizabeth serving the town's youth, to share in proceeds from the bottle redemption building at the Recycling Center.

The distribution of funds will be awarded in November 2018.

Organizations are asked to submit an application explaining the mission of the or-

ganization and how the funds will be used. Funds will be awarded based on need and will not exceed \$2,000 per allocation.

One application per group/organization may be submitted. Applications are available on the town website or from Officer David Galvan at 207-767-3323 or email david.galvan@capeelizabeth.org.

Deadline for application is 4 p.m. Friday, October 19, 2018.



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Elisabeth Wilkins Lombardo remembered, her posthumously published novel to be celebrated

By Kevin St. Jarre



Photo provided by Lombardo family

A novel by late Cape Elizabeth resident Elisabeth Wilkins Lombardo, posthumously published, will be celebrated at Print: A Bookstore in Portland on Oct. 2, from 7 p.m. to 8 p.m.

Elisabeth Wilkins Lombardo lived with her family in Cape Elizabeth, where she wrote a novel first conceived and inspired while she lived abroad in Japan. Tragically, the 47-year old author, wife and mother died in 2015, survived by her husband, Joe, whom she met while in Japan, and by her young son, Alessandro.

Her memory and the novel, however, live on. Lombardo was one of the original Stonecoasters, an alumna of the University of Southern Maine's Stonecoast MFA program, where she earned a Master of Fine Arts degree in Creative Writing, with a concentration in fiction. Fellow Stonecoaster and author, Shonna Milliken Humphrey, became a close friend.

Humphrey said, "I was lucky to have Beth's friendship for 12 years. Some people never get that. Being part of her care team, to include staying with her as she passed, was also an honor and privilege. When her time was growing small, her friends and family members made promises to her. One of my promises was to help find her book a home."

That book, "The Afterlife of Kenzaburo

Tsuruda," now available for pre-order on Amazon.com or at a favorite local bookstore, will be celebrated with a wine and cheese reception at Print: a Portland bookstore on October 2. The evening will feature readings by friends and loved ones.

Humphrey said, "She . . . was a fine writer. Beth had an eye for detail and metaphor. I think that is clear in her novel."

Suzanne Strempek Shea, an author, journalist and professor at the Stonecoast program, was one of Lombardo's mentors and a friend. "When I began teaching at Stonecoast in 2003, Beth was in the first cohort, a memorable, dynamic and groundbreaking class in a program just getting its sea legs. Beth's spirit and talent wowed me during our work together. She was a stellar student and became a treasured friend," she said.

Of the novel, Strempek Shea said, "Publication of 'The Afterlife of Kenzaburo Tsuruda' didn't happen before Beth died, and it is one of the few things left that we can actually do for her, but it is not some kind of sweet gesture to honor a deceased loved one. This book is impressive and more than hints at a career that would have wowed us all. The book deserves and needs to be out there."

Another dear friend, and neighbor, was Terri Patterson. "She was literally one of my dearest friends and I miss her every day. Beth approached every person, every encounter and everything she did with love. She always had an uncanny ability to make you feel loved and heard. She died with the same humor and dignity that she lived her life. Her book is a remarkable legacy to her brilliance and depth as a writer," Patterson said.

Humphrey said, "Beth was naughty, too. She had the driest, most earthy kind of observational humor. I miss that. For years, we adopted personas - Mrs. Lombardo and Mrs. Humphrey - each spoken in a Katherine Hepburn/dowager countess accent. We built these personas in the spirit of imperialist bigots, and for years carried on daily text exchanges. Those are some of the pieces I miss most about Beth - the shared sense of humor, the daily exchanges and just her voice. I miss her voice."

Humphrey said, "Beth was the type of friend who knew how to really listen. With this act of listening, she made each person

around her feel heard and important. It's no wonder that about 60 of us all claim to be her closest friend."

Lombardo's novel, "The Afterlife of Kenzaburo Tsuruda," features the title character, a scientist, who must make sense of his life and confront his family's secrets in order to save his ancestors from becoming Hungry Ghosts—a Buddhist state of purgatory.

Meanwhile, his daughter, wife and sister-in-law struggle with their own loss and take turns sharing their point of view to gradually reveal their family's shameful history.

Spanning the years during the war, its horrific ending after the dropping of the atomic bomb on Hiroshima and up to Emperor Hirohito's death in 1989, the novel paints a beautiful and haunting portrait of ancient and modern Japan as seen through the eyes of one family as they reconcile loss, shame, honor, death and finally redemption.

The event will be held on Tuesday, October 2, from 7 p.m. to 8 p.m. at Print: A Bookstore located at 273 Congress Street in Portland.

Maxwell Woods trail closed until spring; alternate trail available

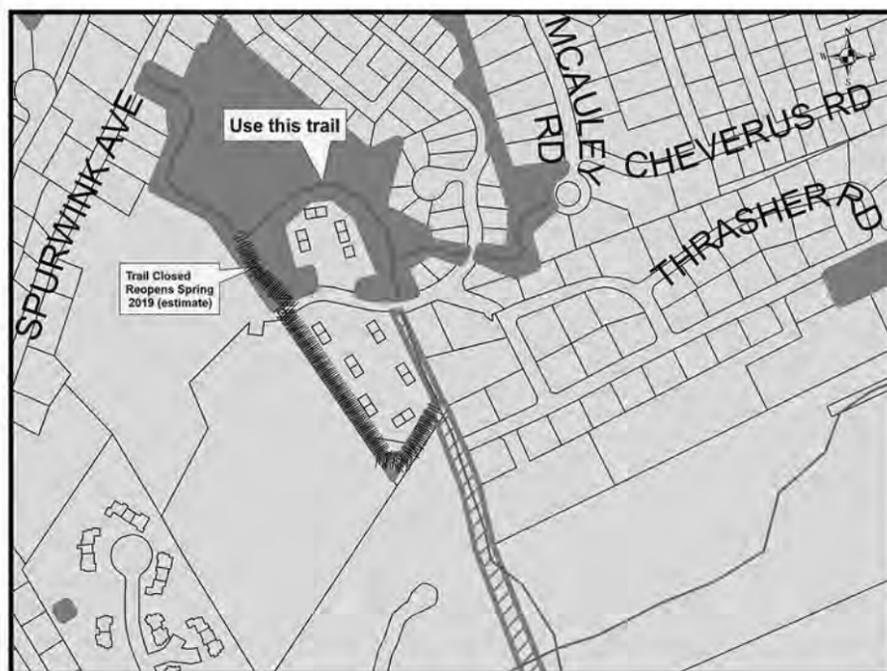


Photo from town website

Map depicting alternate trail available for use while another portion is closed

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The town has announced the temporary closure of a casual trail near Maxwell Woods due to blasting and construction activity. The trail is located west of Cottage Brook.

An alternate trail connection is open and located to the east of the Cottage Brook condos – see map above. Look for the trail to reopen again as an official town greenbelt trail in the spring of 2019.

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How to navigate the town's website

By Jane Vaughan

Assistant Town Manager and Town Clerk Debra Lane, who works in Cape Elizabeth's Town Hall, fields a lot of calls from residents about topics that are not her area of expertise. Often, these conversations necessitate her transferring callers to a different department or re-directing them to another person. The answers to most of their questions, she said, can be found on the Cape Elizabeth town website. "I know that looking up information on the website is not for everyone," Lane explained. "We recognize that. But we also recognize that a lot of people do use the web, and they would prefer that, and it gives them the ability to look up things when we're not open. So I don't look at this as 'We don't ever want people to call.' It's a resource, and it's a way to communicate with the public that a lot of people prefer and they're used to. People can still call us, they can still email us, they can still come in, but this resource we have is awesome."

Lane, who was born and raised in Cape, thinks that sometimes people assume that the information will be harder to find than it actually is. "Sometimes, folks make it more complicated than it is. They're almost like 'Oh, I thought it would have to be more complicated than that.'" However, much of the information that people call about can easily be accessed on the town's website.

She said that most of the information that people are looking for can be found under either the Home tab or the Government tab. When users first view the town's website, they are brought to the Home tab, and right in the center of the page is Latest News. Lane receives many calls about events like hazardous waste collections and safe medicine disposals, and she said that she tells them "If it's not under latest news, it's not happening. If that's happening, it would be on the website."

On the left side of the home page is the Meetings Calendar, which displays the meeting dates and times for groups like the Planning Board, the Zoning Board and the Recycling Committee. Lane encourages residents to look at this calendar in case they notice a group they might be interested in joining.

Furthermore, viewers can click on each meeting time and be brought to the group's website, which displays information such as agendas, meeting minutes and meeting materials. "It's all right there," Lane said.

On the right side of the home page are the Most Viewed Links and the Most Frequent Downloads. Lane receives many calls about issues like property tax information and assessing information, both of which can be found here. "That's a great resource for people to know. It really is that easy. For the property tax information, I come into work early each morning, and I post any payments from the day before. We're trying to instill trust in folks that yes, it is updated," she explained.

Lane also recommended that viewers check out the Government tab, where they

can access information about elected officials, boards and committees, departments and rules and regulations. There are many departments, and each specializes in a specific area.

Assessing, for example, is located in Town Hall and is grouped with the Code Enforcement and Planning departments to create a single department called ACP. This office, Lane explained, is for people who are buying or selling property, getting a building permit or looking for information about homestead exemptions, for instance. Anyone with questions about these issues can visit or contact that office, which also has a lot of information on the website.

The Town Clerk department, comprised of Lane and Deputy Kathy Maxwell, handles elections, voting, marriage licenses, absentee ballots and voter registration, among other things. "A lot of people think the town clerk does the vehicles and whatnot, and in some small towns they do, but here we're more departmentalized," Lane said. In Cape Elizabeth, the Tax Office, which is located in Town Hall, handles vehicle registrations as well as property taxes, hunting and fishing licenses and job licenses, among other matters.

Other departments include Community Services, Facilities, Fire & Rescue, Library, the Town Manager, Police, Public Information, Public Works and Schools. Each of these departments has information under the Government tab, and Lane added that they also display their staff's emails and phone numbers as well. The Town Hall building also houses the town manager, the school central office and the superintendent.

Lane noted the information that can be found under Rules and Regulations on the Government tab. She gets many calls about the budget and various ordinances, which are located here.

She also highlighted that the website is constantly updated and the town, especially webmaster Wendy Derzawiec, is working hard to ensure that it remains relevant and up-to-date. "A lot of people are relying on web-based information. We've revamped our website over the years to make it more user-friendly so people can hopefully find what they need a little easier. We're keeping up with it, doing our best to keep them informed of the latest and greatest information," she explained.

Lane understands that not everyone prefers to get their information via websites and said that residents are still welcome to email, call or visit. However, she also emphasized that the website is an extremely helpful, and easy to use, resource for the town.

"Everything's right there. If folks haven't had the time to look around [at the website], I think they'll be surprised and pleased by what's out there at their fingertips. We don't want to say that this machine has totally taken over the personal touch or the calls with folks, but it absolutely enhances our ability to get information out to the public and for them to be able to look at it at their leisure," she said.

Draft tax-relief ordinance sent to committee

The Town Council's ordinance subcommittee will soon review a proposal for a property tax relief program for senior citizens. Town councilors referred the proposal, presented by Town Assessor Clint Swett, to committee at their meeting on September 10.

The 2018-19 budget approved by the council in May includes \$75,000 to fund the program. Under the proposal, qualifying seniors age 65 and older may receive up to \$500 in property tax relief if they have owned their Cape Elizabeth property for 10 years or more,

earn \$60,000 or less (federal adjusted gross income) and their tax bill exceeds five percent of that income. Applicants must also be receiving the state's Homestead Exemption to qualify, according to the proposal.

Tax relief for seniors is a Town Council goal for 2018, and councilors hope to review and implement the program in time for the second half of fiscal year 2018-19.

Swett encouraged seniors, or anyone who knows of a senior, with questions to contact him by email or by phone, 207-799-1619.

Work on Cliff Walk Landscape starts challenge-grant fundraiser

Work on the Cliff Walk Landscape at Fort Williams Park has inspired the Jeffrey Armstrong Memorial Fund and two anonymous donors – both from the Cape community and park supporters – to start a challenge-grant fundraiser for the project. One of the anonymous donors is from the Cape community and a loyal supporter of Fort Williams projects.

Any donations made by Sept. 30 to the Fort Williams Park Foundation, up to \$15,000, will be matched under the challenge grant.

Earlier this year the foundation made significant progress in clearing large areas of invasive plants along and above the Cliff Walk and installed a network of trails and overlooks which provides better access throughout the

site. This work is part of a multiyear project of the Fort Williams Park Foundation, called the Cliff Walk Landscape project.

With basic site work complete, the focus over the next few years will be the continued rehabilitation of the site's ecology.

Donations as part of the Challenge Grant can be made in several ways – by visiting the Donate page at fortwilliams.org, calling the Fort Williams Park Foundation office at 207-767-3707 to donate by credit card or mailing a check to the Fort Williams Park Foundation at PO Box 6260, Cape Elizabeth, ME 04107 and mentioning the Cliff Walk Landscape.

Community fundraiser set for September 30

Cape Elizabeth resident Patty Morris, mom to James (CEHS 2003), Ali (2006) and Gabrielle (2010) Donahue, is running with Team Boomer Esiason in the 2018 NYC Marathon to help support people with cystic fibrosis. Morris's daughter Ali has cystic fibrosis.

To support her marathon run, Morris is raising funds through community efforts. On Sunday, September 30, from 12:30-6:00 p.m., she will host a Community BBQ and Games at Sprague Hall, 1 Charles E Jordan Road. The family oriented event will include:

- Patriots vs Dolphins TV den (live game broadcast and football pool)
- Cornhole Tourney
- Basketball foul shoot, horse and other competitions
- Wheel of (Mis)Fortune, a game for the whole family with prizes
- Prizes from local businesses, including Drillen Hardware, C Salt, Jordan's Farm, Terra

Cotta Pasta Company, Seacoast Vision, Dirty Boy Bicycle Repair, Belissimo Hair Salon, Nonesuch Books, Shaw's, Dick's and Target • Auction, including a signed Boomer Esiason football, Prada sunglasses, diamond ring and works from Maine artists

Proceeds will go to the Boomer Esiason Foundation, a 501(c)(3) nonprofit supporting cystic fibrosis research, education, scholarships and transplant grants.

Space is limited, so order tickets ahead or try your luck at the door: \$10 (\$5 under 12 years). One can order tickets by donating at www.teamboomerusa.org/PattyMorris and indicating the number of tickets in Display Name box. Bringing cash or check for games, raffles, auction and donations. Venmo or PayPal are also accepted. Admission includes food, beverage and children's activities. Contact Patty with any questions at CFWeCanCureIt@yahoo.com.



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“Where Are They Now?”

By Makena Deveraux



Contributed photo

CEHS alumna Christine Marshall '82 discovered a love of performing arts when she was five years old. She is the new theatre director at CEHS.

CEHS alumna Christine Marshall '82 graduated from Skidmore College in 1986 with a degree in theatre. She initially discovered her love of performing arts when she started ballet at five years old. However, she uncovered an unequivocal passion for theatre at CEHS and learned a lot about the discipline of the art from theatre teacher Richard Mullen.

Returning to CEHS as the theatre director, Marshall feels incredibly humbled and is “excited and hopeful” to be back in such a wonderful place. As the new director, she wants students in the theatre program, and CEHS students in general, to not be afraid.

“Put yourself out there, whether it’s on stage or in any aspect of your life. Fear is natural, it’s to be expected...don’t walk past the auditorium door, or the door to any group this school has to offer, if you actually want to go in,” said Marshall.

Fully Involved: a view Into CEFD, smoke detectors and carbon monoxide detectors

By Mara DeGeorge

What is a smoke detector?

A smoke detector is a sensor that detects smoke as a primary indication of fire. It provides a signal to a fire alarm system in a large building or produces an audible and visual signal locally in a room or a home. It detects smoke optically or by physical process; detectors may use either, or both, method.

What is a carbon monoxide detector?

A carbon monoxide detector, or CO detector, is a device that detects the presence of the carbon monoxide gas in order to prevent carbon monoxide poisoning. Carbon monoxide detectors are a lot like smoke detectors, but instead of looking for signs of fire, they detect levels of carbon monoxide, an odorless, colorless and tasteless gas that is near impossible to identify without a proper detector.

It is important to follow the instructions that come with your smoke detector and carbon monoxide detector. Cleaning them regularly and changing their batteries are the most important maintenance aspects to follow.

These days, 10-year detectors are recommended. They require no battery change. They are sealed and can simply be replaced every ten years. The upfront cost is greater, but there are no interim costs and require less effort for maintaining them.

National Fire Protection Agency (NFPA) Recommendations

Installing your smoke alarms correctly and making sure they are in working order is

an important step to making your home and family safer from fire. It’s important to have enough smoke alarms in your home. Fire research has demonstrated that with today’s modern furnishings, fires can spread much more rapidly than in the past when more natural materials were used. Because of this, having a sufficient number of properly located smoke alarms is essential to maximize the amount of available escape time. For many years NFPA 72, National Fire Alarm and Signaling Code, has required as a minimum that smoke alarms be installed inside every sleep room (even for existing homes) in addition to requiring them outside each sleeping area and on every level of the home. (Additional smoke alarms are required for larger homes.) Homes built to earlier standards often don’t meet these minimum requirements. Homeowners and enforcement authorities should recognize that detection needs have changed over the years and take proactive steps to make sure that every home has a sufficient complement of smoke alarms.

Installing smoke alarms

- Choose smoke alarms that have the label of a recognized testing laboratory.
- Install smoke alarms inside each bedroom, outside each sleeping area and on every level of the home, including the basement.
- On levels without bedrooms, install alarms in the living room (or den or family room) or near the stairway to the upper level, or in both locations.
- Smoke alarms installed in the basement should be installed on the ceiling at the bottom of the stairs leading to the next level.
- Smoke alarms should be installed at least

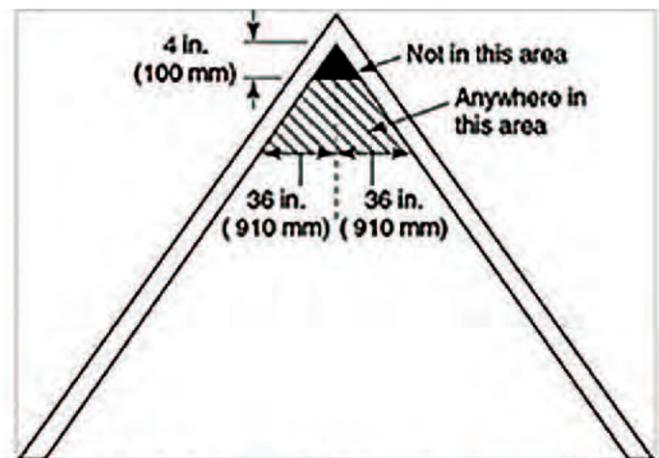


Diagram depicting proper installation of smoke alarm

Contributed photo

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10 feet (three meters) from a cooking appliance to minimize false alarms when cooking.

- Mount smoke alarms high on walls or ceilings (remember, smoke rises.) Wall-mounted alarms should be installed not more than 12 inches away from the ceiling (to the top of the alarm).
- If you have ceilings that are pitched, install the alarm within three feet of the peak but not within the apex of the peak (four inches down from the peak).
- Don’t install smoke alarms near windows, doors or ducts where drafts might interfere with their operation.
- Never paint smoke alarms. Paint, stickers or other decorations could keep the alarms from working.
- For the best protection, interconnect all smoke alarms. When one smoke alarm sounds, they all sound. Interconnection can be done using hard-wiring or wireless technology.
- When interconnected smoke alarms are installed, it is important that all of the alarms are from the same manufacturer. If the alarms are not compatible, they may not sound.

-see CEFD page 14

Football season kicks off



Photo by Sara LeTourneau

Senior running back Jack Tower breaks a tackle on Friday, August 31 in the first game of the season against Lake Region. Cape Elizabeth beat Lake Region 47-16.

Cape Elizabeth Middle School receives donation from CEHPS



Contributed photo

Recently the Cape Elizabeth Historical Society made a donation of 26 copies of its book "Cape Elizabeth: Past to Present" to Cape Elizabeth Middle School. Sashi Kaufman, Joanna Payne and Deb Casey will use these books as part of a seventh grade social studies unit on Cape Elizabeth history. "We are very excited by this donation and can't wait to get started sharing them with our students," said Kaufman.

Williams

Continued from page 1

with the employees in the other departments is what has made the job fun.

Robert Malley, the director of Cape Elizabeth Public Works, agreed, saying, "Neil and I came to work full-time for the Town in the same year. I started in September of 1979 and he came in November so we go back a long ways. We have both been fortunate to work in the community on many common endeavors over that time period. The department heads of the town, both past and present, work together in a very cooperative and supportive fashion. Neil has been a vital part of that team during his tenure and I wish him the best in the years ahead."

Michael McGovern, who began working for the town in 1978, and served as town manager from 1985 until his retirement in 2017, remembers working with Williams fondly. "Neil has been a great chief of police for Cape Elizabeth. He has built a strong department with exceptional police officers and services. As he grew up in Cape Elizabeth, he seemed to understand the community better than anyone. This helped to ensure that the department was attuned to its citizens expectations. He was also always fun to be around and this enabled a strong camaraderie among all the department heads," he said.

When asked if he had advice for young men and women considering entering the field of law enforcement, Williams said, "Think twice about it! The job is very demanding. It puts a lot of strain on the family life. You work shift work, holidays and get forced to work when times are tough. If you answered those questions, and you are satisfied with your answers, then welcome to one of the best professions there is. Make your decisions for the community, and your fellow officers, and not for what benefits you."

He points out that career preparation is different today. "The amount of training required for a police officer nowadays is very demanding for the officer, as well as the department. There is much more equipment at the officer's disposal, which again requires additional training," he said.

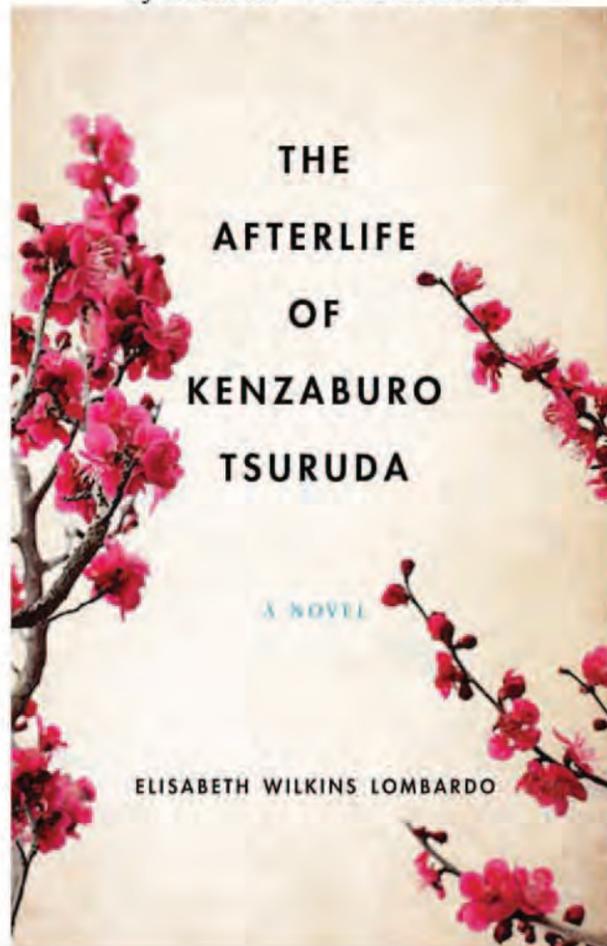
Williams is a graduate of Cape Elizabeth High School and received an associate degree in law enforcement from Southern Maine Vocational Technical Institute and a bachelor's degree from the University of Southern Maine. He also graduated from the FBI National Academy in 1994. In 2015, Williams was recognized by the Maine Association of Police, receiving the David W. Pickering Award as the "Chief of the Year."

As far as his future plans are concerned, Williams said, "I will be taking some time

off and then looking for a part-time job in some different profession."

In closing, Chief Williams said, "I would like to thank the community for allowing me the opportunity to serve them for these many years. It has been a pleasure. Please be safe."

The Afterlife of Kenzaburo Tsuruda by Elisabeth Wilkins Lombardo



When Beth first told me about her book idea, we were walking together at the Tōdai-ji temple in Nara, Japan. It was April, and people all around us were celebrating hanami, the custom of viewing the cherry blossoms. Beth and I, two ex-patriates living in Kobe, noticed plates of special foods left at Tōdai-ji. She said the offerings reminded her of Obon.

Obon is a weeklong Japanese summer holiday when families anticipate the return of their ancestors' spirits—sort of Memorial Day and Thanksgiving mixed with Mexico's Day of the Dead. Beth said she wanted to write a novel about Obon but told from the perspective of someone who had recently died.

I remember that spring day at Tōdai-ji because the idea of Obon written from a dead person's

perspective interested me. It felt unique and exactly like something my wife would imagine.

At the time, she hosted a Japanese radio show. She was also featured as a television and print advertising spokesmodel—a Midwestern native from Illinois dressed in full kimono and selling Japanese products like tea, candy, and pudding. You can probably still hear her voice on the train to Kansai Airport, welcoming passengers to the terminal.

She lived such a creative life, I was not surprised that one of her goals was to write a novel. When we eventually returned to the United States, she completed a graduate degree in fiction writing, and the idea she once shared with me beside the Tōdai-ji cherry trees became a manuscript that quickly won a PEN/New England Award for new writers.

And then she died.

Beth wrote a novel about the delicate veil between life and death—and now she is, herself, dead. Beth would see humor in that. She loved to laugh.

During the last awful week of Beth's cancer, her friends and I promised to find her novel an audience. Thanks to you, reader, we are keeping that promise.

Beth believed in an afterlife, and through her story of a complex Japanese family—both living and dead—I can see, smell, hear, and taste exactly how that afterlife existed in her mind. Those descriptions comfort me, as well as the other people who knew her best.

Just like the Tsuruda family she created in these pages, I believe Beth's spirit will find her way home.

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Joe Lombardo

Cape Elizabeth Volunteer Profile: Lisa Gent

By Jane Vaughan



Contributed photo

Cape Elizabeth resident Lisa Gent joined the Cape Elizabeth Land Trust 15 years ago and has been actively involved in the development of environmental education programs in the community

Lisa Gent first joined the Cape Elizabeth Land Trust nearly 15 years ago when she was in a period of transition in her life. Her youngest son had just been born, so she left her job at the Audubon to be at home. Having worked as an environmental educator for many years, she thought that she could give back to the Cape schools through work in the classrooms.

Since then, Gent has dedicated herself to environmental education in a variety of ways. When her children were younger,

she volunteered in their classrooms. She and Suzanne McGinn also co-chaired the Education Committee for 10 years.

“We developed almost all of the programs that are currently in place in the schools. We really started with the premise of never going in and developing a program and saying ‘Here’s what we think you should be doing.’ That never really works. So we would often go in and really just avail ourselves and say ‘Hey, we’re here. What do you need? How

can we help you? What holes do you have that we can help with?’” she said.

The first group of teachers that reached out wanting to integrate Land Trust programming into its curriculum was the fourth grade teachers. “I wrote the whole curriculum for the fourth grade walks. Fourth graders would come out to Robinson Woods three times a year, focusing on all the plant and animal adaptations and how you survive in Maine. So that was a big hit. They’re actually still doing that currently,” Gent said.

The programming expanded from there and included a program for kindergarteners about trees, a first grade program at Great Pond, a second grade program about plantings and a third grade program about aquatic life. Gent still volunteers to lead walks for the first, third and fourth graders.

“I love working with kids, particularly younger kids. I love being able to give back to them. I love their ability to just absorb and soak up information. I also love being outdoors. I personally find it good for my soul, very soothing,” she explained.

The Land Trust also developed other resources for the school system, including the Environmental Resource Center, which is located in the Media Center in Pond Cove Elementary School. The center, Gent explained, is a lending library for educators that offers materials related to environmental education, natural history and science-based learning, among other topics.

Another resource is Nature Land, a natural playspace at Pond Cove School. “We were looking for an alternative playspace. This is a more exploratory area and all

nature-themed. Plus, teachers can come outside and use it as an outdoor classroom,” Gent said.

“If you really want people to grow up and be conservationists or stewards of the land, you really have to appreciate it, and to be able to appreciate it you have to understand it, and to understand it you have to be aware of it. So that’s sort of our long-term goal: to create awareness, understanding, appreciation and therefore long-term stewardship,” she continued.

Gent is currently on the board for the Land Trust and is an active member of the Education Committee. In addition, she leads nature walks for guests at the Inn by the Sea, with whom the Land Trust has a community partnership.

Although she grew up outside Chicago, she has lived in Maine for 30 years and said she is still impressed by the strength of the Land Trust, especially the fact that all Land Trust programming is free for residents of Cape Elizabeth.

“We are incredibly fortunate. Our Land Trust, in particular, is incredibly strong and vibrant for the size of our town, and everybody in that organization gives their time, their energy, their knowledge and their resources. We’re really lucky to have the amount of conserved land that we do, and that’s in perpetuity,” she said.

Gent also emphasized the importance of environmental education on a broader scale. “It is a connection. By all means, there are terrible things happening in the world and important things: hunger, genocide, horrible things that need our attention. If we don’t have an Earth to live on, we don’t have anything. It’s just so people have a connection to their surroundings and understanding what our impact is on everything. We are all connected. We’re all connected, and our actions do matter, and we need to pay attention,” she said.

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Upcoming CELT programs

Great Maine Outdoor Weekend Cross Town Walk

Join Cape Elizabeth Land Trust (CELT) Executive Director Cindy Krum, a representative from the town of Cape Elizabeth Conservation Commission and CELT past board president Kathleen Janick for the annual Fall Cross Town Walk. Beginning at Portland Head Light, located at Fort Williams, this walk will traverse over seven miles of both town of Cape Elizabeth and CELT trails, highlighting Cape's great places. This walk offers a unique overview of Cape's diverse ecosystems including Spurwink Marsh, Robinson Woods and Great Pond.

The walk takes approximately three and one half hours and includes a picnic lunch at Kettle Cove. Hikers will meet at the Portland Head Light and will carpool (arranged prior to walk) back to Fort Williams after the picnic. Snacks, drinks and lunch provided. Participants should be 12 years or older; please call about younger ages.

Date: Saturday, September 29
Time: 8 a.m.-1:30 p.m.

Location: Meet at Portland Head Light in the dirt parking lot closest to the light-house.

Cost: \$10 per person

In the Thick of It; Maine's New England Cottontails

Come celebrate Great Maine Outdoor Weekend with Andrew Johnson, Young Forest Habitat Specialist and Wildlife Biologist for a one and a half hour walk at Kettle Cove State Park on Sunday, September 23 from 2:00 p.m.-3:30 p.m. Participants of this Cape Elizabeth Land Trust sponsored event will enjoy learning about the state-endangered New England Cottontail, the conservation effort taking place to recover the species here in southern Maine and what you can do to help.

Cape Elizabeth is home to the largest known population of New England cottontails in Maine. The cottontails' range has declined by 86 percent over the past 50 years due to loss of large thicket and young forest habitats. Come learn about where they live, why other animals also need these thickets and what we are doing to help cottontails rebound in Maine. All

proceeds go to CELT.

Date: Sunday, September 23
Time: 2:00 p.m.-3:30 p.m.
Location: Kettle Cove State Park
Cost: \$6

LITTLE EXPLORERS (ages 3-5 yrs with an adult)

Children and caregivers will spend an hour exploring the natural wonders of the Maine woods in fall with Cape Elizabeth Land Trust volunteer Lisa Gent. We'll take a gentle hike through Robinson Woods where we will explore the habitat around us while we search for birds, reptiles, amphibians, mammals and plant life. Lots of hands on explorations and games included! Please dress in comfortable clothes and bring a water bottle.

Date: Wednesday, October 3
Time: 9:00 -10:00 a.m.

Location: Robinson Woods Kiosk Shore Road

Cost: \$6 per parent and child, each additional child \$3

GOOD NIGHT, CAPE ELIZABETH Children (ages 2-6 with an adult)

Children ages 2-6 (with an adult) are invited to the CELT office to enjoy a Bat themed bedtime hour centered around Melissa Kim's "A Little Brown Bat Story." This Cape Elizabeth Land Trust event is a great opportunity for little ones to learn these nocturnal animals. Join author and CELT volunteer, Melissa Kim, librarian Rachel Davis, and CELT volunteer Jill Darling for stories, a craft and a brief visit outdoors. Come in your pajamas, and bring a snack. Parents/guardians must be present.

Date: Wednesday, October 10
Time: 6:00 - 7:00 p.m.

Location: CELT office: 330 Ocean House Road, Cape Elizabeth

Cost: \$6/parent and 1 child. Each additional child \$3.

Please register for the above programs through Cape Elizabeth Community Services: <http://www.capecommunityservices.org/>. All proceeds for these programs go to CELT, and please call the CELT office with any questions: 767-6054.

Golden hues of fall



Photo by Kim Case

Fog and fall against gold topped corn in the farm field off of Route 77, just west of Inn by the Sea.

From Farm to Forest: Capturing Natural Cape

Do you have a fantastic photo of your family fishing or a fox frolicking on Land Trust property? Send it to CELT! Enter CELT's From Farm to Forest: Capturing Natural Cape photo contest for a chance to have your image printed on photo notecards and featured on the CELT website and social media.

Email up to five images depicting the natural beauty of Cape Elizabeth by October 18 to info@capelandtrust.org. Three winning photographs will be selected by our judges by mid-November. For submission guidelines and more info see capelandtrust.org. Give us your best shots!

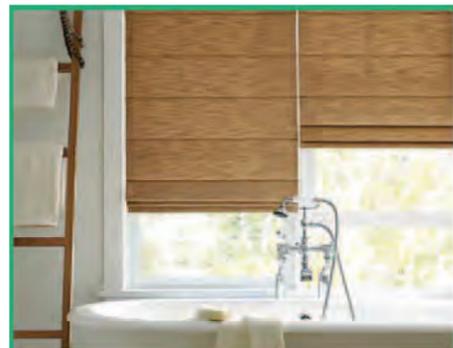


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By Jeff Mandell



Drawn by Jeff Mandell

Capetoons is created by Cape Elizabeth resident Jeff Mandell, who has decades of experience writing and drawing humorous pieces for publications throughout northern New England.

Artists join together to create inaugural Cape Elizabeth Art Studio Tour



Contributed photo

"Summer Island," an oil painting by Cape Elizabeth resident and artist Kim Case, who will be participating in the town's first Art Studio Tour

A group of local artists have joined together to establish the first annual Cape Elizabeth Art Studio Tour, which will

be held on Saturday, September 29 from 11:00 a.m. – 5:00 p.m.

The free art tour will provide a rare opportunity to meet some of Cape's finest artists, who will open their doors and invite the public into their personal spaces to share their working environs and answer questions about their creative process. Art will be on exhibit and for sale in each studio.

The inaugural tour includes six artists at five locations throughout Cape. Visitors can easily drive or bicycle to the different venues.

"We're fortunate to live in an area that embraces the arts and provides many opportunities like First Friday to exhibit work by local artists," said Kim Case, one of the organizers of the art tour. "However, nothing can compare to visiting artists in their own studio and seeing where they make their art. It's very exciting to see how artists set up their workspace to inspire creativity. And every artist is different so it's fun to visit all of the studios."

While some artists rent professional studio space, most artists work out of their homes, which is why it's special to be able to tour their private spaces. Artists say that buyers really enjoy making the personal connection because it makes the art more meaningful to them.

Participating artists include:

- Kim Case, oil paintings, at 11 Bellfield Road
- Graham Wood, paintings, at 299 Ocean House Road
- Marci Spier, oil and acrylic paintings, at 2 Roundabout Lane
- Amanda Edwards, stained glass mosaics, Crescent View Ave
- Julie Laukkanen, abstract artist and photographer, at 13 Ocean Ave
- Lynn Bailets, wood sculpture, also at 13 Ocean Ave

Cape Elizabeth attracts many artists for its uniquely Maine natural beauty including a jagged rocky coast, the sandy shores of Crescent Beach State Park, green fields and forests and farms. Its proximity to Portland is another asset.

For more information go to www.CapeElizabethArt.com

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Courier reaches the summit of Mt. Katahdin...climbs The Great Wall



Contributed photo

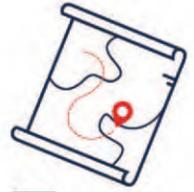
Cape Elizabeth residents Andrés Vera Martínez, Na Liu, Mei Lan Martínez and Pablo Andrés Martínez went to China in August to travel and visit family and took The Cape Courier along on The Great Wall.



Contributed photo

Braving 60 mph winds and rain, Cape Elizabeth residents Chris, Jack, Sawyer and Julie Munz hiked to the top of Mt. Katahdin for Jack's 12th birthday on August 28. It was Jack's second summit and Sawyer's first.

Cape Elizabeth Art Studio Tour



Saturday, Sept. 29, 2018 11 - 5

First Annual Cape Elizabeth Art Studio Tour!
free!

For one day a year, some of Cape's finest artists will open their doors to invite you into their personal spaces. Come see their working environs and ask questions about their creative process.

This is a completely free event, so bring your friends and family to enjoy a day visiting all of these artists. Just use the simple map below to guide your way to some of the best art Cape Elizabeth has to offer!



Marci Spier



Amanda Edwards



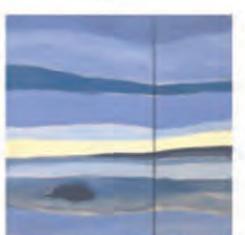
Lynn Baillets



Kim Case



Julie Laukkanen



Graham Wood

- 1 Kim Case**
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11 Belfield Road
207-747-2998
- 2 Graham Wood**
Paintings
299 Ocean House Road
207-956-7422
- 3 Marci Spier**
Oil and Acrylic Paintings
2 Roundabout Lane
650-740-1708
- 4 Amanda Edwards**
Stained Glass Mosaics
Crescent View Ave
207-807-9287
- 5a Julie Laukkanen**
Abstract Paintings and Photos
13 Ocean Avenue
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ADULT PROGRAMS

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Wednesday, September 26
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"A Life Well-Lived"; An Interactive Evening with Author John Eric Baugher, PhD.

Thursday, September 27
6:30-8 p.m.

We hope you'll join us for this talk designed to evoke wonder about the possibilities of the human spirit and the meaning of a life well-lived. The evening will include stories from Dr. Baugher's forthcoming book: *Contemplative Caregiving: Finding Healing, Compassion, and Spiritual Growth through End-of-Life Care* (Shambhala Publications 2019), as well as a guided meditation and group discussion.

CircleSinging Workshop

Saturday, September 29
2:00-3:30 p.m.

CircleSinging was originated and cultivated by the renowned improvisational vocalist and jazz master Bobby McFerrin. In this workshop, musician and singer Kathy Slack will help build jazz pieces "in the moment" using exercises and games designed to inspire vocal creativity. The beautiful, clear tones of quartz singing bowls will transport you to places unknown. Open to all ages and levels of singers – and to anyone who just wants to listen to the sound of these magical

bowls.

Learning the Lessons of Showing Up

Thursday, October 4
6:30 – 7:30 p.m.

Artist Joanne Arnold has photographed at first light for nearly a decade. Her images of shadow and light, of pattern and starkness, of contrast and reflection speak to the beauty and simplicity of a world that's right in front of us but that we often don't see. Seen through Joanne's lens, nothing is random. And everything, even if it appears to be abandoned or blown about, has a place. As Joanne would say, when you show up in a state of surprise you never know what mystery will unfold in front of you. We hope you'll join us to see Joanne's amazing work and to hear her stories.

Democracy Cafe

Tuesday, October 9
6:30-8 p.m.

After a lively discussion a few months back, one of our regular Democracy Cafe attendees asked if we could discuss what the role of government could, and should, be in healthcare and education. Are these institutions best regulated at a federal, state, local or personal level?

The Democracy Cafe is a great place to share ideas, to listen and to ponder. We hope you'll join us this month in a place where all opinions are respected and all voices are heard.

From Mice to Moose, Get to Know the Mammals of Maine!

Thursday, October 11
6:30-7:30 p.m.

Maine Wildlife Series

The Chewonki Foundation joins us in

October with an interactive program that will introduce attendees to our Maine Mammals. We'll study a mix of mounted animals to compare teeth, feet and fur to get a better understanding of how our animal neighbors adapt to their habitat, and what role they play in the food chain. And we'll be joined by a surprise guest: a non-releasable wild mammal!

Ongoing Adult Programs

Knitting Group

Meets every Monday at 1:00 p.m.

Democracy Cafe

Meets the second Tuesday of each month from 6:30-8 p.m.

Morning Book Group

Meets the second Wednesday of each month from 9:30-11 a.m. On October 10, we'll be discussing "The History of Love" by Nicole Krauss

Writers' Accountability Group

Meets the third Wednesday of each month from 10:00 a.m.-noon

Evening Book Group

Meets the third Thursday of each month from 7:00-8:30 p.m.

Senior Tech

Meets the fourth Wednesday of each month from 10:30 a.m.-12 p.m.

Teen Programs

Senior Night: College Planning Workshop

Tuesday, October 2
6:30-7:30 p.m.

HIGH SCHOOL SENIORS AND PARENTS: Do you have questions about the college application process? Have you filled out your FAFSA yet?

Gary Canter, owner of College Placement Services in Portland, will discuss how to research your options after graduation, application strategies, financial aid advice and the newly released FAFSA and CSS PROFILE forms at this college planning workshop designed to jumpstart your college selection and application process. This workshop is

geared toward high school seniors and their parents.

Mr. Canter will be presenting a three part series of workshops in early 2019 for juniors and sophomores on all aspects of the college process. Stay tuned for more information.

T.A.G.: Teen Advisory Group

Wednesday, October 3
4-5 p.m.

Middle and high school students who are interested in making a difference at the Thomas Memorial Library should consider joining T.A.G.! Our #1 goal is to make the library a welcoming place for teens. We'll meet once a month to talk about program ideas, materials for the collection, volunteer opportunities and more. Big changes are coming to the teen space, so don't miss out.

Recurring Teen Programs:

Anime Club

Mondays from 2:30-4 p.m.
October 15 and 22

Come hang out with friends while we watch and generally geek out over all things anime. Open to ages 13 and up.

Dungeons & Dragons Club

Tuesdays from 3-6 p.m.
September 2 and 9

Our D&D Club meets every Tuesday after school from 3-6p.m. Open to ages 13 and up. Registration is closed, but for more information please email Alyssa at alapiere@thomas.lib.me.us.

Crafternoons

Thursdays from 2:30-3:30 p.m.
September 27 and October 4

Join Kiah and Alyssa for a different drop-in craft project each week! Open to ages 10 and up.

Game On

Fridays from 2:30-4:30 p.m.
September 28 and October 5

Game On is back! Come to the library after school every Friday to play board games and card games or battle your friends in Super Smash Bros. on our Wii-U. All ages welcome.

Children's Programs

Therapy Dogs Return in October, and Teen Reading Buddies Continue

The library's two therapy dogs, Ollie and Maury, are returning to work in October. Children may sign up for 15 minute sessions to read to one of the dogs. Ollie will return to visit the library on Thursdays from 3:30-4:30 p.m. beginning October 4. Maury will return to visit the library on Mondays from 3:30-4:30 p.m. beginning October 15. Register in advance in the library, or by calling the library at 799-1720.

In addition to reading to our therapy dogs,

-see LIBRARY page 13



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Library

Continued from page 12

children can practice their reading skills, or (for pre-readers) have a personal one-on-one story time with one for our Teen Reading Buddies. Visit our website to view our Reading Buddies' calendars and make an appointment to read with them.

Program Schedule

Our regular weekly story times continue; please check our website for details. Below are a few special events coming up.

Family Concert with Rob Duquette - new date

Thursday, September 27
10:30 - 11:15 a.m.

Rob Duquette, one of our favorite performers, returns for a fun family concert featuring lots of audience participation! (This event was previously scheduled for one week earlier, but was postponed until this date.)

Rainbow Fish Party, for ages 3 - 7

Thursday, September 27
3:30 - 4:15 p.m.

Get ready for the Portland Ovations production of "The Rainbow Fish" with this party featuring crafts, snacks and a ticket giveaway. No registration necessary.

Stuffed Animal Adoption with ARLGP, for ages 3 - 7

Saturday, September 29
10:30 - 11:15 a.m.

Felicia Mazzone from the Animal Refuge League of Greater Portland will teach kids about animal adoption. Learn about the needs and personalities of a variety of stuffed animals, and adopt one to take home. Advanced registration required.

Early Release Adventures: Bundle Bows, for ages 6 - 12

Presented by Rewild Maine
Wednesday, October 3
2:15 - 4:15 p.m.

Humans have been hunting with bows and arrows for at least 60,000 years - six times longer than we have been building cities. Archery is surely a [nearly] global ancient human skill, and humans have made bows out of wood, bamboo, horn and other materials throughout the years.

Learn to make a bundle bow. The bundle bow is a useful quick bow that can be made largely without the use of knives. Bundle bows can be made to be very strong and accurate! Everyone will make an effective bundle bow to take home. We will not be making arrows. Advance registration required.

Families Discover Great Artists, for families with children ages 4 and up

Saturday, October 6
3 p.m. - 4 p.m.

Families with children ages 4 and up (older children and teens welcome!) are invited to join Kiah on the first Saturday of each month for a hands-on family program exploring the ways great artists create their works. Learn about a famous artist, and

work on art projects based on that artist's distinctive style. No registration necessary! This month: Create whimsical polka-dot art inspired by Japanese artist Kayoi Kusama.

Musical Story Hour with Jud Caswell, for ages 3 and up

Thursday, October 11
1:00 - 1:45 p.m.

Singer/songwriter Jud Caswell returns for his monthly program. Sing songs, play musical games and hear stories accompanied by Jud's own original music. No registration necessary.

Scam Alert Bulletin Board

Reported by Jessica D. Simpson

Dog adoption scam

A new scam is preying on pet lovers. A social media post claims a dog or other animal is in need of a good home usually due to sad or unfortunate circumstances, such as its owner passed away or can't afford to care for the animal anymore. The pet may be up for a reasonable adoption price, or free to a good home if you pay for it to be shipped to you.

However, once the pet is paid for, it never makes its way to its forever home because there was never a pet for sale in the first place. If you are in the market for a new pet, consider going to your local animal shelter to find a new best friend. The shelter will make sure the pet you get is healthy and up to date on its veterinary care, and you can rest assured you're giving a good home to a real dog in need.

Utility Caller Scam

Recently, people have been receiving phone calls from representatives claiming to be from their utility company. They claim the customer's bill is overdue and that their power will be shut off immediately unless they pay the bill. The truth is that these "representatives" are just scammers trying to scare unsuspecting folks into paying fake bills through prepaid gift cards over the phone.

If you get a call like this, please hang up and call the number you have on file for your utilities company. Your true provider would never call and threaten to shut off your power without having mailed multiple notices in advance, and they will only ever ask you to pay your bill in traditional ways, not through gift cards or other gimmicks.

Rock thrown at vehicle, theft of money from farm stand, hunters located on marsh

Reported by Marta Girouard

COMPLAINTS

- 8-26 An officer met with a resident of the Sawyer Road area who reported that someone had stolen about 1/8 of a cord of wood from the backyard.
- 8-27 Two officers responded to a residence in the Woodland Road area for a well-being check.
- 8-28 An officer met with a resident of the Wells Road area regarding unauthorized purchases on his credit card.
- 8-28 An officer met with a resident of the Fowler Road area regarding a trespass complaint.
- 8-29 An officer responded to a residence in the Ocean House Road area for a domestic disturbance.
- 8-30 An officer met with a resident of the Shore Road area who reported that while traveling on Fowler Road near Sweetsir, it appeared someone threw a rock at her vehicle and shattered the sunroof on her vehicle.
- 8-31 An officer met with an operator of a local farm stand who reported a theft of money.
- 8-31 An officer met with a resident of the Shore Acres area regarding a theft of two bicycles described as a green and white road bike and a black mountain bike.
- 9-2 Two officers responded to a residence in the Mitchell Road area for a well-being check.
- 9-2 An officer met with a resident of the Spurwink Avenue area regarding gunshot in the area. Several hunters were located on the marsh.
- 9-4 Two officers responded to a residence in the Oakhurst Road area for a well-being check.
- 9-5 An officer met with a resident of the Old Ocean House Road regarding a harassment complaint.
- 9-6 An officer responded to a residence in the Mitchell Road area for a domestic disturbance.
- 9-8 An officer met with a resident of the Wells Road area regarding a harassment complaint.
- 9-8 An officer met with a resident of the Beacon Lane area regarding an abandoned motor vehicle.
- 9-9 Two officers met with a resident of Scarborough regarding a possible indecent exposure complaint.
- 9-10 An officer met with a resident of the Ocean House Road area regarding a criminal mischief complaint.

SUMMONSES

- 8-30 New Hampshire resident, speeding (48/35 zone), Two Lights Road, \$129
- 8-31 Falmouth resident, speeding (49/35 zone), Two Lights Road, \$129

- 9-2 Auburn resident, speeding (49/35 zone), Two Lights Road, \$129
- 9-2 Portland resident, failure to register motor vehicle, Wells Road, \$85
- 9-2 Portland resident, failure to register motor vehicle, Spurwink Avenue, \$85
- 9-2 Georgia resident, criminal speed 30+, Route 77
- 9-4 Cape Elizabeth resident, imprudent speed, Route 77, \$134
- 9-4 Portland resident, imprudent speed, Route 77
- 9-7 Portland resident, failure to produce insurance, Ocean House Road, \$186

ACCIDENTS

- 8-28 Unknown, Shore Road
- 8-30 Eric Vanasse, Fowler Road
- 8-31 Michael Leary, Pamela Bosco, Shore Road
- 9-01 Samuel Root, Sawyer Road
- 9-06 Andrei Tutunary, Fowler Road

ARRESTS

- 9-5 South Portland resident, warrant, Route 77

FIRE CALLS

- 8-28 Shore Road Wire Down
- 8-29 Avon Road Fire Alarm
- 8-31 Bowery Beach Road Fire Alarm
- 9-1 South Portland Mutual Aid
- 9-2 Cragmoor Fire Alarm
- 9-2 Peabbles Cove Road Fire Alarm
- 9-2 Old Sea Point Fire Alarm
- 9-3 Bowery Beach Road Fire Alarm
- 9-3 South Portland Mutual Aid
- 9-4 Woodland Road Fire Alarm
- 9-4 South Portland Mutual Aid
- 9-4 South Portland Mutual Aid
- 9-4 Ocean House Road Vehicle Fire
- 9-4 Singles Road CO Alarm
- 9-5 South Portland Mutual Aid
- 9-6 South Portland Mutual Aid
- 9-7 South Portland Mutual Aid
- 9-8 Angel Point Road CO Alarm
- 9-9 Hillcrest Drive Fire Alarm
- 9-10 Bowery Beach Road Fire Alarm
- 9-10 South Portland Mutual Aid

RESCUE CALLS

There were 17 runs to Maine Medical Center. There was one run to Mercy Hospital. There were eight patients treated by rescue personnel but not transported.

— Tuesday Night —
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— Wednesday Night —
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— Friday Night —
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CAPE CALENDAR

By Wendy Derzawiec

Tuesday, October 2

Town Council Workshop, 7 p.m., William H. Jordan Conference Room, Town Hall
 Planning Board Workshop, 7 p.m., William H. Jordan Conference Room, Town Hall

Thursday, October 4

Comprehensive Plan 2019 Committee, 7 p.m., Town Hall
 Recycling Committee, 7 p.m., Public Works

Monday, October 8

Columbus Day Holiday. Town Hall, Thomas Memorial Library closed. Recycling Center open 10 a.m.-7 p.m.

Tuesday, October 9

School Board, 6:30 p.m., Town Hall chamber
 Conservation Committee, 7 p.m., Town Hall Lower Level Conference Room

Wednesday, October 10

Town Council, 7 p.m., Town Hall chamber

Ongoing each week

Al-Anon, Regular meeting 7 p.m. Thursdays, at

United Methodist Church, 280 Ocean House Road. Regular meeting 7 p.m. Fridays at St. Alban's Church.

Alcoholics Anonymous, 2 p.m. Saturdays, First Congregational Church, 301 Cottage Road, South Portland; 7 p.m. Wednesdays, St. Bartholomew Church; 7 p.m. Fridays, St. Alban's Church.

Cape Elizabeth Historical Preservation Society, 9 a.m.-noon Thursdays, Public Safety Building

Cape Elizabeth Lions Club, 6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road.

Cape Farm Alliance, third Wednesday, 7 p.m., Community Center

South Portland/Cape Elizabeth Rotary Club, each Wednesday at 6:15 p.m. Purpoodock Country Club, Spurwink Avenue. 767-7388.

Codependents Anonymous (CODA) group at Cape Elizabeth United Methodist Church.

Regular meeting weekly on Saturdays at 10:30 a.m. Call 799-4599 FMI.

CABLE GUIDE

Cape Elizabeth Church of the Nazarene
 Sept. 29 & 30; Oct 6 & 7 - 9 a.m.
School Board (live)
 Oct. 9 - 6:30 p.m.

CHANNEL 3

Town Council (live)
 Oct. 10 - 7 p.m.

CEFD

Continued from page 6

- There are two types of smoke alarms – ionization and photoelectric. An ionization smoke alarm is generally more responsive to flaming fires, and a photoelectric smoke alarm is generally more responsive to smoldering fires. For the best protection, both types of alarms or combination ionization-photoelectric alarms, also known as dual sensor smoke alarms, are recommended.
- Keep manufacturer's instructions for reference.

Testing smoke alarms

- Smoke alarms should be maintained according to manufacturer's instructions.
- Test smoke alarms at least once a month using the test button.
- Make sure everyone in the home understands the sound of the smoke alarm and knows how to respond.
- Follow manufacturer's instructions for cleaning to keep smoke alarms working well. The instructions are included in the package or can be found on the internet.

- Smoke alarms with non-replaceable 10-year batteries are designed to remain effective for up to 10 years. If the alarm chirps, warning that the battery is low, replace the entire smoke alarm right away.

- Smoke alarms with any other type of battery need a new battery at least once a year. If that alarm chirps, warning the battery is low, replace the battery right away.

- When replacing a battery, follow the manufacturer's list of batteries on the back of the alarm or in the manufacturer's instructions. Manufacturer's instructions are specific to the batteries (brand and model) that must be used. The smoke alarm may not work properly if a different kind of battery is used.

If any resident can not afford a smoke detector or is physically unable to install one, The American Red Cross offers a program to assist. Please visit: <https://americanredcross.wufoo.com/forms/s1vykeok1kxtkif/> to request one, or call (207) 874-1192 extension 113 for more information

As an additional plug for Fire Safety, the department recommends a few more points for consideration. During all seasons, be mindful and pay close attention to the fire risk

SERVICES

Cape Elizabeth Church of the Nazarene

499 Ocean House Road (Route 77)
799-3692

www.capenazarene.org

Sunday School for all ages: 9:30 a.m.
 Sunday Worship Celebration: 10:45 a.m.
 Services streamed live or on demand:
watch.capenazarene.org

Cape Elizabeth United Methodist Church

280 Ocean House Road
799-8396

www.ceumc.org

Open Church, Thursday: 5:30 p.m.
 Sanctuary Service: 10 a.m.
 Child Care & Sunday School: 10 a.m.
 Adult Sunday School: 9 a.m.

The Church of Jesus Christ of Latter-day Saints

29 Ocean House Road
799-4321

Sacrament Meeting:
 Sunday, 10-11:10 a.m.
 Sunday School: 11:15 a.m.-12 p.m.
 Primary: 11:15 a.m.-1:00 p.m.
 Relief Society, Priesthood:
 12:00 -1:00 p.m.

The Church of the Second Chance

Greater Portland Christian School
 1338 Broadway, South Portland
641-3253

Sunday: 10:30 a.m.-12:15 p.m.

Congregation Bet Ha'am

81 Westbrook St., South Portland
879-0028

www.bethaam.org

Worship: Friday, 7:30 p.m.
 Saturday, 10 a.m.
 Family Shabbat Services:
 Second Friday, 6:30 p.m.

First Baptist Church of South Portland

879 Sawyer St., South Portland

799-4565

www.spfbc.com

Sunday Morning Worship: 9:30 a.m.
 Coffee Time is at 10:45 a.m.
 Sunday School is at 11:15 a.m.
 Sermon audio is available on our website

Promised Land World Reach Center

536 Cottage Road, South Portland
799-3152

Sunday Prayer & Intercession: 9:30 a.m.
 Sunday Worship: 10 a.m.
 Family Bible Studies: Wednesday, 7 p.m.
 Sermon recordings available to download

Saint Alban's Episcopal Church

885 Shore Road
799-4014

www.stalbansmaine.org

Sundays: 8 a.m., 9:30 a.m.
 Celtic Service: Sunday, 5:30 p.m.
 Nursery: Sundays, 9:30 a.m.

Saint Bartholomew Roman Catholic Church

8 Two Lights Road
799-5528

www.saintbarts.com

Sunday Mass: 9 a.m. and 11 a.m.
 Monday & Tuesday Masses: 8 a.m.

First Congregational Church United Church of Christ

301 Cottage Road, South Portland
799-3361

www.fccucc.org

Worship: 8:30 a.m., 10 a.m.
 Sunday School: 10 a.m.
 Preschool Child Care: 10 a.m.
 Game Room

First Congregational Church of Scarborough

167 Black Point Road, Scarborough
883-2342

www.fccscarborough.com

Sunday Morning Worship: 9:30 a.m.
 Sunday School & Nursery Care

dangers for your local and State Forestry Services. This will help reduce the risks of potential forest and brush fires which have become prevalent in recent years. In addition to the fire risk dangers, the department requests that people obtain the proper burn permits for their areas. This helps with safer burn times during the dry seasons and also helps limit potential hazards in the area.

October is Fire Prevention Month. As children are returning to school, safety must also be continuously thought about. Be mindful that school buses and children will be out and about, whether on the road or crossing the local street to get to school or home. Follow school zone speed limits and be aware that children and adults may be crossing the street more often.

Put together and practice a "Family Escape Plan," a map of how you and your family would exit a potentially hazardous situation in a safe and efficient way.

These considerations, in addition to installing and maintaining smoke detectors and carbon monoxide detectors, are intended to keep residents safe.

A very popular saying in the Fire Service is "smoke detectors save lives." Do your part.

Look forward to Fully Involved: A View Into CEFD next time as we feature steps you can take to make fire and rescue calls go more smoothly for all involved.

CEFD Fully Involved Fun Facts:

Members: 60+ across five companies: 2 Fire Companies (TCS & CCS), Rescue Company, WET Team, and Fire/Police Apparatuses: 3 engines (pumpers) Engine 1 @ CCS, Engines 2 & 3 @ TCS, 2 ambulances, 1 ladder truck, WET Team Command Van, WET Team Boat, Service Truck, Air Trailer

Calls: 1110 calls annually, 75% medical. All types of Medical; Fire: CO, vehicle fires, wires down, boat fires, house fires, grass/woods fires; WET: Surface Water Rescue, Swift Water Rescue, Ocean Rescue, High Angle Rescue

Dispatch: Portland Regional Communications Center (busiest 911 center in the State of Maine)

Community Involvement: Parades, Escorts to Team Events, New Year's Polar Dip, Auction Rides to School, B2B Cooling Off Hose, Fireworks Details



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Answers to
September 12
Cape Cross



Cape Elizabeth United Methodist Church
to host two events in October with emphasis
on family and teens

The Cape Elizabeth United Methodist Church will host two events in October with an emphasis on family and teens. On Saturday, Oct. 13, Family Fall Fun Day will be held at the church from 2-6 p.m. featuring games and crafts, a movie and refreshments. This event is free and open to the public. Games will include giant Pick-up Sticks, over-sized kids' bowling, giant Jenga, giant Connect 4 and giant Twister. Crafts will include metal and leather stamping. The movie, weather-permitting, will be the 2018 release of "Peter Rabbit" and it will be shown on a 16-foot screen. Pop-

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Piano lessons for all ages. Beginners through advanced. Sandi Palmquist: 329-8345.
Guitar lessons. All ages and abilities. Travel to you. Call Richard Corson 207-400-0484

SERVICES

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Blessing of Animals to
be held October 7

Continuing a tradition that began in 2005, the Cape Elizabeth United Methodist Church will hold a Blessing of Animals on Sunday, October 7 at 2 p.m., the Feast of St. Francis of Assisi, patron saint of animals and the environment.

The public is invited to attend and to bring their pets. While dogs have dominated this blessing in past years, participants also have included cats, rabbits, goats and even goldfish. Please bring leashes or carriers to keep your pets from too much interaction.

The blessing will be held in the church's Outdoor Chapel. Follow the trail at the far left corner of the church parking lot to the trail. In the event of rain, the blessing will be held in the church's Fellowship Hall. The Rev. Casey Collins will be doing the blessing. Cape Elizabeth United Methodist Church is located at 280 Ocean House Road (Route 77.)

corn will be available during the movie and hot dogs and chips will be served afterward, all free.

The second event will be First Friday Flicks on October 5, beginning at 5 p.m. A variety of teen crafts will be offered along with hot dogs for \$5 per participant. The 2018 movie "I Can Only Imagine" will be shown at 6:30 p.m. The movie will be free for anyone who wants to skip the crafts.

First Friday Flicks will be held at the church on the first Friday of every month. The church is located at 280 Ocean House Road.

Next deadline: Sept 28 For Issue Date: Oct 10

CLASSIFIED AD RATES

\$5/line Checks, PayPal (credit cards) Minimum credit card order: \$12		MAIL WITH PAYMENT TO: <i>The Cape Courier</i> P.O. Box 6242, Cape Elizabeth, ME 04107	
NAME	PHONE	EMAIL	
ADDRESS	ZIP Code	START DATE	**No. of ISSUES

PLEASE MAIL or EMAIL THIS FORM!
 Please don't leave it at our office if no one is there.

August 2018 Cape real estate transfer transactions

NEW OWNER	LOCATION	SALE PRICE	USE
ROSEN SHARON L	2 ALBION ROAD	\$605,000	SINGLE FAMILY
FELTON MEAGHAN KELLY	6 BRIDLEPATH WAY	\$509,000	SINGLE FAMILY
CHRISTY ANNIE	2 BROWNSTONE LANE	\$549,500	SINGLE FAMILY
O'MEARA SAMUELA	27 CHEVERUS ROAD	\$496,000	SINGLE FAMILY
SACCANI DAMIEN J	10 CRAGMOOR	\$435,000	RESIDENTIAL
SACCANI DAMIEN J	12 CRAGMOOR	\$1,219,000	SINGLE FAMILY
CARMELLINI JOHN F	43 CRANBROOK DRIVE	\$700,000	SINGLE FAMILY
SALISBURY JOSEPH H	6 EASTFIELD ROAD	\$385,000	SINGLE FAMILY
K & L PROPERTIES LLC	543 OCEAN HOUSE ROAD	\$390,000	SINGLE FAMILY
BJB REALTY LLC	596 PREBLE STREET	\$1,050,000	MULTI FAMILY
LINNELL MARGARET M	56 RESOLUTION PLACE	\$260,000	CONDOMINIUM
BOWDLER MARK	7 RUSSET LANE	\$205,000	SINGLE FAMILY
MURDOCK KELLY	1 SALT SPRAY LANE	\$815,000	SINGLE FAMILY
ABRAMSON BRUCE E	57 STARBOARD DRIVE	\$221,500	CONDOMINIUM
SCHATZLE GAIL	2 TANAGER LANE	\$462,500	CONDOMINIUM
GELLER ASHLEY	16 WHALE BACK WAY	\$1,060,000	SINGLE FAMILY
GUILLAUME MAXIME P	17 WOODCREST ROAD	\$534,000	SINGLE FAMILY

Annual Community
Flu Clinic to be held
October 3 *please
note date change*

The annual community flu clinic is scheduled for October 3 from 2:30-4:30 p.m. at the Cape Elizabeth Fire Department. Open to the public for those three years of age and up, the flu clinic is provided by MaineHealth. Vaccines only will be available (no Flu Mist will be available.)

- Insurances that will be accepted:
- Medicare
 - Medicare Advantage plans (except for Humana)
 - Anthem
 - Aetna
 - Harvard Pilgrim
 - Martins Point, Champus
 - TriCare
 - Cigna
 - United Healthcare

Harvest Public
Supper on October 6

The Cape Elizabeth United Methodist Church will host an Harvest Public Supper on Saturday, October 6 at the church from 4:30-6 p.m., featuring dishes with home-grown or farm stand ingredients.

Offerings will include casseroles, beans, salads, breads and pie. Prices will be \$8 for adults, \$5 for children and \$20 for families. The church is located at 280 Ocean House Road (Route 77.)

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Contributed photo

Rosie Stevens (CEHS Class of 2015) is pictured in Rome with The Cape Courier. Stevens traveled there in August as part of a study abroad program with Roger Williams University.



Contributed photo

Cape Elizabeth resident Emma Mayberry holds The Cape Courier in front of the Sydney Opera House on a recent trip to Australia.



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Roberts graduates from Ranger School

On July 20, Derek Roberts of Cape Elizabeth, a member of the 1st Battalion, 75th Ranger Regiment, graduated from Ranger School as a "Charlie Company" member of the Class 07-18 at Victory Pond, Camp Rogers, Fort Benning, Georgia. In addition to completing Ranger School and receiving the Ranger Tab, Roberts was the recipient of the Corporal Glen M. Hall Award and the Colonel Ralph Puckett Award. These awards are given to the enlisted honor graduate who meets all of the following requirements: must pass all critical and basic skill events with no retests, must pass all graded leadership positions, receiving no negative marks from any of his instructors, must pass all peer reports with high marks and does not recycle any phase of the course. The last time these awards were presented to a Ranger School graduate was in 2015. Brigadier General David M. Hodne, Commandant, Infantry School Commandant, U.S. Army Maneuver

Center of Excellence presented Derek with the awards and the commemorative plaque donated by the National Rangers Association during the graduation.

Ranger School is a strenuous 61-day course consisting of an average of 20+ hours of training each day, seven days a week. The emphasis during the course is on practical, realistic and strenuous fieldwork based on current combat doctrine. "Three months of intense sleep deprivation, hallucinations, starvation, and mental and physical pain, 174 Rangers out of the original 359 that started the course graduated, earning the 'coveted' Ranger Tab. Not only was it a privilege to earn the tab, it was also extremely humbling to be named the Honor Graduate of Ranger School Class 7-18 at Victory Pond," stated Derek after graduation. Derek is a 2012 graduate of Cape Elizabeth High School, a 2016 graduate of Maine Maritime Academy and the son of Daniel and Laurie Roberts of Cape Elizabeth.

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Derek Roberts with Brigadier General David M. Hodne