

The Cape Courier

Volume 31 Number 16
Oct 10 - Oct 24, 2018

An Independent Not-for-Profit Newspaper
Serving Cape Elizabeth Since 1988

capecourier.com

In the Spirit of Community

A rare find at Crescent Beach

By Peter de Paolo

Walking along Crescent Beach in Cape Elizabeth, by far the longest stretch of sand in town, is a year-round habit for some, though walking there can have its challenges. In the colder months, the freshwater streams that run down the beach to the ocean can be difficult to cross, especially if your footwear isn't waterproof. And the beach is wide open to the wind off the water, and that can make conditions a lot less comfortable in the cold. Still, it's a great asset that many people use and enjoy in every season.

If you've never been, or if you tend to only walk as far as the end of the sand beach to the south, or if your only experience there is staking out a spot on the sand on a hot summer day, I'd encourage you to walk the beach as far as you can, then climb up onto the trail that continues above the rocky portion of the shoreline. You can follow this mostly flat grassy road-like pathway to the southern boundary of the park, but along the way there are several smaller paths that lead off toward

-see CRESCENT BEACH page 18

The Cape Courier supports Cape Elizabeth High School Athletes



Photo by Tara Simopoulos

From left to right John O'Connor, Natty Holmes, Andrew Miller and Alison Ingalls, members of the CEHS Super Fan Club, hold the Cape Courier banner at the Cape vs Greely game at Hannaford Field, along with CEHS students, in the student section of the stands.

Fall cleanup 2018 schedule

Disposal fees at the Recycling Center will be waived for residents transporting their own material and/or items from Oct. 13 to Oct. 29, 2018.

Fees will be waived from Saturday, October 13 through (up to including) Monday, October 29. Contractors however will be assessed fees in accordance with current regulations.

In addition to the above dates, the Recycling Center will be open four Sundays between Oct. 21 and Nov. 11 for the disposal of recyclables, leaf, yard wastes, wood waste, bulky waste and brush only. Fees will be assessed on applicable items on Nov. 4 and Nov. 11.

Items normally destined for the transfer station compactor (household refuse) will not be accepted on Sundays. For more information please contact Public Works, 207-799-4151.

FALL 2018 SCHEDULE

Sunday, Oct. 21 10:00 a.m. to 4:30 p.m.

Sunday, Oct. 28 10:00 a.m. to 4:30 p.m.

Sunday, Nov. 4 10:00 a.m. to 4:30 p.m.

Sunday, Nov. 11 10:00 a.m. to 4:30 p.m.

Garden Musings: Fall roses in bloom

By Kim Case



Photo by Kim Case

David Austin Peach Roses are the late bloomers of our garden this September. We thought we'd seen the last blooms but here we are in late September. And with them, beginning around the first of the month we've seen a small surge in honey bee activity around them and our other late flowering plants- happy to have them as they prepare for winter.

Do you have something special happening in your garden? Let us know!

CEHS students join national walkout in support of assault victims

By Kevin St. Jarre



Photo by Abby Mello

Students wearing their SafeBAE shirts, from left to right, are Lilli Frame, Grace Erskine, Bella Rodrigues, Raina Sparks, Kim Knauft, Avery Palma, Ellie Macnuff, Maddie McCormick and Anna Stevens. SafeBAE works to prevent and educate about sexual assault in middle & high school.

Some Cape Elizabeth High School students joined a national walkout recently to signal solidarity with survivors of sexual assault and Dr. Christine Blasey Ford, a college professor who accused Supreme Court nominee Brett Kavanaugh of sexually assaulting her when they were in high school.

One of the organizers was CEHS student Lillian Frame, who said, "This walkout happened because of the allegations by Dr. Christine Ford and Deborah Ramirez against the Supreme Court nominee. We have seen them ridiculed, ignored, and discounted and we refuse to accept it. Our culture has pri-

oritized perpetrators, instead of survivors of sexual assault for too long. We wanted to make it very clear that we do not agree with Kavanaugh's nomination and/or confirmation and that we, as a community, stand with survivors. This was done in collaboration with the CEHS Youth Activist Group and SafeBAE, and was announced through social media. We weren't allowed to announce this on the school loudspeakers, so we used Instagram and email primarily. It was organized Saturday night [and] Sunday and was amazingly successful given the last-minute nature."



The Cape Courier
 P.O. Box 6242
 Cape Elizabeth Maine 04107
 207-838-2180
www.capecourier.com

OUR MISSION STATEMENT
 The mission of The Cape Courier is to foster a sense of community by presenting news specific and unique to Cape Elizabeth and its residents, and, whenever possible, to promote volunteerism within our community.

BOARD OF DIRECTORS
 Roger Bishop,
 Debbie Butterworth, Kim Case,
 Jeff Mitchell, Jerry Harkavy,
 Bill Springer

Publisher: Tara Simopoulos
 info@capecourier.com

Editor: Marta Girouard
 editor@capecourier.com

Community Reporter: Kevin St. Jarre
 community@capecourier.com

Advertising Manager: Tara Simopoulos
 (Display and classified ads)
 advertising@capecourier.com/207-939-9766

Bookkeeper:
 billing@capecourier.com

Proofreaders:
 Chuck Rzeszutko, Ginny Blackwood

Webmaster: Wendy Derzawiec

Photo finishing: Ann Kaplan

Distribution: William Alexander

For general information:
 info@capecourier.com/207-838-2180

For Advertising:
 advertising@capecourier.com

Writers: Debbie Butterworth, Wendy Derzawiec, Bob Dodd, Erika Carlson Rhile, Marta Girouard

Photographers: Martha Agan, Jenny Campbell, Ann Kaplan, Joanne Lee, Katherine Urbanek

The Cape Courier is printed by Alliance Press in Brunswick and mailed free to Cape Elizabeth residents 22 times a year. We disclaim all legal responsibility for errors, omissions or typographical errors. All reasonable care is taken to see that errors do not occur. We print corrections upon timely notification.

LETTER & SUBMISSION POLICY
 Letters should not exceed 250 words. We reserve the right to refuse letters and to edit for length, accuracy, clarity and civility. We do not withhold names and writers may be limited to one letter per month. Petition-style letters will be declined. Letters reflect the opinion of the author, not The Cape Courier. Email letters to: editor@capecourier.com or mail to P.O. Box 6242, Cape Elizabeth, ME 04107. Please note: Letters will be acknowledged by email.

NEXT ISSUE: Oct 24
DEADLINE: Noon, Oct 12

SUBSCRIPTIONS
 \$21.10/year in Maine; \$25 out of state
 \$15 student (9 months)
 \$12 half year
(These amounts include state sales tax, which The Cape Courier is required to charge.)

Name: _____

Address: _____

Amount enclosed: \$ _____

Today's date: _____

Mail to:
 The Cape Courier
 P.O. Box 6242
 Cape Elizabeth, ME 04107

A candidate of 'integrity and passion' to serve our community

In less than one month many of us have the opportunity to vote for the best candidates to represent us in Maine and beyond. I'm excited to be casting my vote for Anne Carney for Representative and hope you will join me. I have lived in Cape Elizabeth for fourteen years and know the beauty and opportunity that this area can offer. I know that we need a representative who will listen to our needs and work hard to represent us in Augusta. Anne has integrity, a strong work ethic, and the passion to make our community better. I have two children in the Cape schools and I know she will fight for better funding from the state and better technology in our classrooms.

With reproductive rights in jeopardy at the federal level, she will be a strong pro-choice voice in our state. Anne Carney has worked as a lawyer representing low income Maine residents, she's served on our Land Trust, and she's raised children here in our school system. She knows our community. Anne will be a progressive ally and voice in the legislature on issues from jobs to the environment. I hope you will join me in supporting and voting for Anne Carney for the Maine House of Representatives on November 6.

Corin Swift

Rebecca Millett 'brings passion and caring to her work'

This is a letter asking for your support of Rebecca Millett for another term (her fourth) in the Maine Senate. Rebecca brings passion and caring to her work on the bills that come before the Senate. She brings a balance of concern for the financial integrity of the state and support for Maine's people. Her work on behalf for Maine citizens includes making health care accessible for all Maine's citizens and working to insure high quality education for all Maine's students which includes improving the quality of educational standards K through 12, college accessibility and financial support for post secondary students and retraining programs for people looking for improved job opportunities.

Her professional background in finance and budgeting and understanding

of the financial aspect of each legislative proposal makes her a natural person who looks to work across the aisle in a bipartisan manner. Much of the legislation she sponsors has bipartisan support.

Michael and Janet Efron

Notice about publication of letters during election season

The Cape Courier is not able to publish all letters received in support of candidates before elections. No more than one letter of support for any particular candidate, received by deadline, will be published in any single edition of The Cape Courier. Letters should be no longer than 250 words. Writers submitting significantly longer letters should expect that their letters may be edited for length if published.

The best method of letter submission is email. All letters submitted by email should be sent to the editor at: editor@capecourier.com. Letters received by the editor by email will be acknowledged by return email, usually within 24 hours. A letter that remains unacknowledged should not be assumed to have been received, but should be resubmitted or followed up with a phone call or email to The Cape Courier.

THANK YOU!

Your voluntary subscriptions and other contributions help keep this community newspaper coming to your mailbox.

Thank you to this recent generous contributor:

Mary Baxter

Checks made out to The Cape Courier may be mailed to P.O. Box 6242, Cape Elizabeth, Maine, 04107. Future contributions will be acknowledged in an alphabetical format. Please include a message on your correspondence if you prefer to remain anonymous.

Let us hear from you! 

We love feedback!
 editor@capecourier.com

Jordan's book a 'fantastic historical resource'

If you have not read William B Jordan Jr's fantastic book "A History of Cape Elizabeth Maine" please do so soon. What a fantastic historical resource!

Unfortunately it ends in the mid 60s because the book was published in 1965. I'd like to share with you what he wrote on page 164, "...Were it not for the foresight of a few dedicated individuals the shores of Cape Elizabeth would soon have been beyond the reach of all but a few members of our affluent society. Now the joys of days gone by will have some meaning for the generations yet to come." What say ye?

Chris Lowenstein

Democracy at its best

As a former Civics teacher, I am extremely pleased to have taken part in Cape Elizabeth's Town Council meeting on September 19, 2018. The Town Council has been grappling with, among other concerns, the contentious issues surrounding, "paper streets", public access to the sea, a proposed mediated agreement concerning Surf Side Ave., and their role as stewards of public assets. I witnessed democracy at its best.

Our Town Councilors seriously deliberated issues of the public's interests before a vote was taken to reject the proposed settlement between the 5 abutters to Surf Side Ave. and the Town of Cape Elizabeth. Councilors spoke to explain their positions saying, "the Principle" of public assets, and access to the sea were most important to their vote. Six councilors rejected the abutter's proposal to pay \$500,000 for Cape to give up rights to this land.

While this vote does not settle the legal quagmire concerning Surf Side Ave., it does demonstrate the people of Cape Elizabeth highly value public access to the shoreline. The people bringing this case against the town are trying to claim something that is not theirs to own, even if it does run next to their property. No one is trying to keep them off this "paper street", but they have no more claim to it than any other Cape resident since it was in the plan accepted for the development of Shore Acres back in 1911. Please keep up your support for maintaining public assets, especially concerning shore access.

Deena Mayo-Bruns

The "KID" Courier

Are you a young, aspiring writer or artist? We want to hear from you!!

We are looking for artwork or stories for our new section, The "KID" Courier.



Send submissions to: info@capecourier.com

Cape Elizabeth Then and Now: CEHS 50-year reunion

By Jim Rowe

The Purpoodock Club was the scene of the 50-Year Reunion for the Cape Elizabeth High School graduating class of 1968 on September 15. A fine turnout was on hand to share great food and

drink, the best music of all time, thoughtful memories- happy and sad- and hugs and laughs too numerous to count.



Photo courtesy of Joan Frustaci

Left to right, are reunion organizing committee members, now in their prime... Steve Hill, Tim Fitzpatrick, Jim Rowe, Bill Orcutt, Bill's wife Monica (not a class member), Joanie (Carroll) Frustaci, and Judith (Conway) Hill.



Yearbook photo

Same committee members, left to right, in their "other prime."

Town Council rejects proposed settlement for Surf Side Avenue paper street

The Town Council on September 19 voted 6-1 to reject a proposal for the town to begin vacating rights in a portion of Surf Side Avenue, an oceanfront "paper" street in Shore Acres.

The proposal would have settled a complaint from five Surf Side Avenue abutters who sued the town after the council's 2016 decision to extend the town's right to accept the street - along with 32 other paper streets - as a public way.

The proposal that arrived through court-ordered mediation would have the town vacate its right in an 800-foot portion of Surf Side Avenue abutting the plaintiff's properties. The plaintiffs would agree to allow subdivision residents to continue using their current rights of access, and to pay the town \$500,000 for acquisition of other open spaces in town.

For the councilors who voted to reject the settlement, it was a matter of principle.

"As a representative of the citizens of this town, it is important to me to insure access to the ocean for everybody," said Councilor Penny Jordan, who along with Caitlin Jordan, Valerie Randall, Jamie Garvin, Chris Straw and Chair Jessica Sullivan voted to reject the settlement.

Randall and Caitlin Jordan both said they initially supported the settlement because of its certainty, but on reflection changed their minds. "If you want to accept a settlement, this is a pretty good settlement," said Randall, adding that \$500,000 would go a long way to purchase other open space. However, after weighing public sentiment, Randall said she believed what citizens value is the principle, and the access. "If that's what you value, then the settlement is not a good deal," she said.

Sullivan, the council chair, also drew on what Cape Elizabeth citizens value. "For years, (in) survey after survey after survey ... our citizens have affirmed over

and over again that the No. 1 reason they live in Cape Elizabeth, and they want to live in Cape Elizabeth, and they love Cape Elizabeth, is open space and access to it."

Principle, Sullivan said, was the greatest reason she opposed the settlement. "I thought, would taxpayers want us to spend \$100,000 or more if that's what it took ... to permanently protect what myself and many others consider a priceless asset? And hundreds of residents are telling us that yes, they do. They do."

Councilor Sara Lennon, who opposed the motion to reject the settlement, cited the certainty of the agreement and its potential to avoid further litigation that could cost more than \$1 million. "I don't feel comfortable gambling with money that isn't mine," she said, and while she too supports open space, she said she believed Shore Acres residents are already well served. The town has other priorities, she said, including aging town and school buildings, educating children, and keeping the tax burden in check.

During the deliberation several councilors said they also hoped for a timely resolution and to bring healing to a divided neighborhood and community. Lennon said she saw the settlement as a way to do that, but, Sullivan said, "I think the best way to heal the community is for the town to lead, and for the town to stand up for its principles and to lead on principle."

The contested portion of Surf Side Avenue appears on the 1911 subdivision plan for Shore Acres but was never built or accepted by the town.

The town has the right to accept it in the future, but the complaint says that the town forfeited that right because it failed to exercise it, and because it allowed abutters to use the area as part of their back yards for more than 20 years.

We Support Anne Carney

Democrat for State Representative, District 30

- | | |
|--------------------------------------|---------------------------------------|
| Carol and Jim Atleson | Deena Mayo-Bruns and Dana Bruns |
| Bob and Linda Ayotte | Neil and Suzanne McGinn |
| Meg Baxter | Laura and Paul McGrath |
| Jeff and Kerri Berman | Thomas and Heidi McInerney |
| Rebecca Bloch and Mark Abbott | Martha Mickles and M. Calien Lewis |
| Diane D. Boas and Barry Schklair | Frank and Nancy Miles |
| Colleen and Peter Boland | Rebecca Millett and Kevin Kobel |
| Mary and Craig Brett | Jan Molleur and Gary Bickford |
| Laura and Wyman Briggs | Kim Monaghan and Stephanie Derrig |
| Trish and Tom Brigham | Alan and Jill Morris |
| David Briman and Katie Reeves | Denney and David Morton |
| Elizabeth and Jonathan Brogan | Pam and Peter Mullin |
| Madonna E. Browne | Paul and Sarah Muscat |
| Karen and Bill Burke | Tricia Naddaff and Dan Spratt |
| Natalie Burns and Jim Robbins | Bo Norris and Cathy Houlihan |
| Joe and Judy Calise | Jamie and Jamie Ortengren |
| Beth and Joe Cadena | Holly Ovenden and Steve Blumenthal |
| Austin and Mary Ellen Chadd | Tony and Beth Owens |
| John Christie and Megan McConagha | Alina Perez |
| Catherine Coughlin and Randall Weill | Nate Perry |
| Phil Coupe | Kathleen and Ken Pierce |
| Carrie Croft | Ben Raymond |
| Sarah Cummings | Ethan and Heather Reeves |
| Peter and Annie Curry | Erika and Ethan Rhile |
| Jill and Pavel Darling | Susan Richman and Mitchell Sheldon |
| Glenn Daukas | Susie and Jeff Saffer |
| Robert Dawson and Evelyn Landry | Charles Scontras |
| Lorie and Scott Dorrance | Terry Ann Scriven and Frank Governali |
| Claudia Dricot | Eric and Wendy Seltzer |
| AJ Frustaci | Beverly and David Sherman |
| Joanie Frustaci | Mohammad Nasir and Nazia Shir |
| Tom and Anne Gale | Daniel Sobel and Kira Wigoda |
| Maria Gallace and Tim Soley | Joe and Susan Spagnola |
| Dale Gavin | Jim Sparks and Kathleen Curry-Sparks |
| Lisa and Steve Gent | Betsy and Phil St. Germaine |
| Jamie and Beth Goduti | Anya Staszko |
| Elizabeth Goodspeed and Aaron Parnes | Frank and Nancy Strout |
| Blaine Grimes | Rory and Linda Strunk |
| Emmy Ham | Richard and Louise Sullivan |
| Heidi Hansen | Cri Swift and Raf Adams |
| Karen Harris | Kiyo Tabery and Becky Fernald |
| Samir and Marisa Haydar | Christopher and Colleen Taintor |
| Jean C. Hayes | Cindy and Randy Talbot |
| Jacquelyn Hedlund and Julien Murphy | Mary and Mike Takach |
| Kathleen and Herb Janick | Maryellen and Charlie Tarling |
| Ginger Browne Johnson | Hernan and Judy Tizon |
| Penelope Jordan | Suzi Van Wye and Dick Barnes |
| Eileen Kalikow | Jamie Wagner and Jennifer Bailey |
| Ann and Doug Kaplan | Meghan Wakefield |
| Candace Karu | Tricia and Jim Wasserman |
| Brigitte and Hal Kingsbury | Chris and Scottie Wellins |
| Sara and Paul Lennon | David Wennberg |
| Lynda Litchfield and Duncan Stout | Rosie Wennberg |
| Jim Lomac and Sheila Roy | Richard and Elizabeth Wexler |
| E.J. and Lynne Lovett | Hask and Shukria Wiar |
| Bill Luneburg and Pat Sudnick | Kate Williams-Hewitt |
| Sarah MacColl | |
| Christine MacKenzie | |
| Ted and Judy Malette | |
| Debbie Mann and Geoff Cummings | |

annecarney
Environment • Education • Economy

Absentee voting begins at Town Hall on Tuesday, October 9 or Vote on Election Day at CEHS Tuesday, November 6

www.anneformaine.com

Authorized and paid for by Anne Carney for Maine

Library offers an evening of lute and soprano songs, presentation on dog training tips, hosts children's musician Jeannie Mack, author event with Cape resident Michelle Patch

Planning a New Book Group for Adult Readers of YA Fiction

Are you an adult who loves to read YA fiction? So is our teen librarian! Would you like to join a group where we can chat, theorize about and fan-girl over our favorite YA characters and authors? Contact Alyssa at alapierre@thomas.lib.me.us for more information!

ADULT PROGRAMS

From Mice to Moose, Get to Know the Mammals of Maine!

Thursday, October 11
6:30-7:30 p.m.
Maine Wildlife Series

The Chewonki Foundation joins us in October with an interactive program that will introduce attendees to our Maine mammals. We'll study a mix of mounted animals to compare teeth, feet, and fur to get a better understanding of how our animal neighbors adapt to their habitat, and what role they play in the food chain. And we'll be joined by a surprise guest: a non-releasable wild mammal!

The Mysterioius Music of the 21-String Kora

Saturday, October 13
2:00-3:00 p.m.

Musician Sean Gaskell joins us to perform traditional songs on the 21-stringed West African Kora. The Kora is native to the Mande peoples who live within the countries of Gambia, Senegal, Mali, Guinea, and Guinea Bissau. Sean will feature traditional songs that are the heart and soul of



Contributed photo

Musician Sean Gaskell will perform traditional songs on the 21-stringed West African Kora on Saturday, October 13.

the Kora's musical repertoire in addition to some of his own personal compositions. All ages are welcome.

The Benefits of Eco-friendly Fall Gardening Practices

Tuesday, October 16
6:30-7:30 p.m.

What does putting your garden to bed mean to you? What practices do you employ? Are they eco-friendly? An "eco-friendly" garden or landscape is about working with nature, not against it. How and what you do in the fall to put your garden to bed impacts the health of your gardens and landscape in the following growing season. Doing a big fall clean up may not be as necessary as you once thought. You can actually do less in your yard and let nature work for you.

In this talk, Amy Witt of Cape Elizabeth business Earth Walkers, will provide eco-friendly fall gardening tips and ideas that will benefit your gardens, sustain pollinators, beneficial insects, and other critters through the colder months and help get your gardens ready for the next growing season.

Writers' Accountability Group

Wednesday, October 17
10:00-noon

TML's Writer's Accountability Group (WAG!) meets on the third Wednesday of each month from 10:00-noon. From future writers who haven't found the time to get going, to published authors looking for inspiration for their next book, to poets ready to share their insights, we're here to support you in a relaxed, safe setting. All levels of expertise and genres are welcome.

How to Get Your Poetry Published

Wednesday, October 17
12:00 -1:00 p.m.

Alice Persons is a published poet – and a publisher of poetry. Please join us to hear her story – how sometimes when you want to get something done (i.e. get your poems published), you just have to do it yourself! Alice will also read from her poetry and will host a discussion to answer questions about ways to get your poetry published.

Evening Book Group – 'MARCH, BOOK ONE' by John Lewis

Thursday, October 18



Contributed photo

Pictured above is Zack Rouda from *Rewild Maine*, who taught children how to make rope out of milkweed stems at the library's first Early Release Adventure program on September 19.

7:00-8:30 p.m.

TML's Evening Book Group meets on the 3rd Thursday of each month from 7:00 – 8:30 p.m. This month, we're discussing "March: Book 1," by John Lewis, our first graphic novel. We hope you'll join us for a great discussion! FYI: Book groups are a great way to get to know your neighbors!

An Evening of Lute and Soprano Songs of Sweden

Thursday, October 18
6:30-7:30 p.m.

We have an amazing program lined up for a cool October evening. Lutist Timothy Burris joins us, along with opera soprano Jennifer Bates to regale us with an evening of northern european music written in the mid-1600s to mid-1700s. This is a unique opportunity to time travel with two seasoned musical performers.

Write Now! Half-day Workshop to Help You Get To Your Writing

Saturday, October 20
9:30 a.m.-1:00 p.m.

Have you been trying to get something written but haven't made time? Then it's time to Write Now! Whether you've been pondering a business plan, the outline for a novel, a play, or a poem – join us for a half-day dedicated to your writing. We'll gather briefly in the conference room to meet and state what we're working on. Then we'll each find a corner or meeting room in the

library to write. We'll work until 12:30 p.m., then gather again to discuss how things went.

When you want to do something you love but can't make it a priority, it helps to carve out time and a space to get to your best work. All genres are welcome, and no experience is necessary. Please join us to write now.

Dog Training Tips from North Edge K9

Thursday, October 18
6:30-7:30 p.m.

Do you have a doggy companion who simply will not listen to you? North Edge K9 joins us this month to share their proven method to train your dog that is not stressful but is instead an enjoyable experience.

You'll learn:

- Ways to develop a proper relationship with your canine companion.
- How to develop the skills to get your dog to work with you and not against you.
- How to motivate your dog to maximize your enjoyable time together.

One of our librarians had her puppy trained at North Edge K9 and highly recommends their methods for pups of all ages.

Senior Tech Time - October

Wednesday, October 24
10:30 a.m.-12:00 p.m.

If you have tech questions, we'll help you in any way we can working together as a group and addressing individual questions. Recent questions have been about

-see LIBRARY page 5

Do you have what it takes to *care*?

Join Us for a Job Fair

Are you hardworking, compassionate, and responsible? We invite practiced healthcare professionals and people ready to jump-start their career to visit us and learn about available employment opportunities.

Learn About:

- Competitive pay
- Multiple Insurance Options (FT employees)
- Paid vacation
- On-site training
- Internal promotions
- Paid trainings and certifications
- Advancement opportunities



DATE
Wednesday, October 17

TIME
10 a.m. – 6 p.m.

LOCATION
Cape Memory Care
126 Scott Dyer Rd.
Cape Elizabeth

FOR MORE INFORMATION
Isabell Kubeck, Administrator
ikubeck@woodlandsmaine.com
or (207) 553-9616

Free and open to the public.

WoodlandsMaine.com

Vindle Builders
Ron Spidle, owner
Custom framing to fine carpentry

Where integrity means business
207-329-9017
Fully insured
vindlebuilders.com

Pauline Doane Painting

Wallpaper Removal
Light Repairs
233-3632

Frank S. Strout
Broker

1237 Shore Road, Cape Elizabeth, Maine 04107
Office: 207.799.7600 x104 Cell: 207.776.4245
Toll Free: 888.558.0558
Frankstrout@remax.net www.OceansideMaine.com

Each Office Independently Owned and Operated

Library

Continued from page 5

iPads, email, access to the internet, deleting folders. We're ready to tackle anything! Bring your curiosity and bring your devices!

Ongoing Adult Programs

Knitting Group

Meets every Monday at 1:00 p.m.

Democracy Cafe

Meets the second Tuesday of each month from 6:30-8:00 p.m.

Morning Book Group

Meets the second Wednesday of each month from 9:30-11:00 a.m. On November 14, we'll be discussing *I Was Amelia Earhart* by Jane Mendelsohn

Writers' Accountability Group

Meets the third Wednesday of each month from 10:00 a.m.-noon

Evening Book Group

Meets the third Thursday of each month from 7:00-8:30 p.m. In November, we'll be discussing "Manhattan Beach" by Jennifer Egan.

Senior Tech

Meets the fourth Wednesday of each month from 10:30 a.m.-12:00 p.m.

TEEN PROGRAMS

Anime Club

Mondays from 2:30-4:00 p.m.



Contributed photo

On Saturday, October 20 Cape Elizabeth resident Michelle Patch will share and sign copies of her picture book about a little dog, Rollie, who has an amusing encounter with a loon at the beach.

October 15 and 22
Come hang out with friends while we watch and generally geek out over all things Anime! Open to ages 13 and up.

Dungeons & Dragons Club

Tuesdays from 3:00-6:00 p.m.

October 16 and 23

Our D&D Club meets every Tuesday after school from 3-6 p.m. Open to ages 13 and up. Registration is closed, but for more information please email Alyssa at alapierre@thomas.lib.me.us

Crafternoons

Thursdays from 2:30-3:30 p.m.

October 11 and 18

Join Kiah and Alyssa for a different drop-in craft project each week! Open to ages 10 and up.

Game On

Fridays from 2:30-4:30 p.m.

October 12 and 19

Game On is back. Come to the library after school every Friday to play board games and card games or battle your friends in Super Smash Bros. on our Wii-U. All ages welcome.

CHILDREN'S PROGRAMS

Our regular weekly story times continue—please check our website for details. Below are a few special events coming up.

Musical Story Hour with Jud Caswell, for ages 3 and up

Thursday, October 11

1:00 pm - 1:45 p.m.

Singer/songwriter Jud Caswell returns for his monthly program. Sing songs, play musical games and hear stories accompanied by Jud's own original music. No registration necessary.

Not a Fright in Sight, with Jeanie Mack

Tuesday, October 16

10:30 - 11:15 a.m.

Children's musician Jeannie Mack performs the perfect combination of songs, rhymes and hand plays about pumpkins, trick-or-treating, jack-o-lanterns, tickly spiders, and silly witches to delight 2 - 6 year-olds. And what would a Halloween program be without a scary story? Jeanie's use of a pop-up book about some friendly ghosts provides just the right touch to round out the fun. Various props like puppets, a huge jack-o-lantern, a witch's cauldron, a not-too-scary witch and her cat, and even Caspar the Friendly



Contributed photo

On Tuesday, October 16, children's musician Jeannie Mack will perform a combination of songs, rhymes and hand plays about pumpkins, trick-or-treating, jack-o-lanterns, tickly spiders and silly witches to delight 2 - 6 year-olds.

Ghost, all add to the visual excitement of the program. 3:30 - 4:30 p.m.

Animal Advocates Club Returns October 16

Our popular Animal Advocates Club, offered in partnership with the Animal Refuge League of Greater Portland, returns this fall for a younger audience. Kids in grades 3 - 6 can meet with Felicia Mazzone once a month, along with a live animal friend from the shelter, to learn about shelters and what they do and work on projects to help animals. No registration is necessary. The first meeting will take place on Thursday, October 18 from

Author Event: "The Boston Terrier Who Thought He Was a Loon," with Michelle Patch

Saturday, October 20

3:00 - 3:45 p.m.

Cape resident Michelle Patch will share and sign copies of her picture book about a little dog, Rollie, who has an amusing encounter with a loon at the beach. Michelle will bring along her own Boston Terrier, Bennie, to meet everyone and get hugs and pats. Perfect for little ones 3 and up.

"ONE STOP SHOPPING"
28 Years of Experienced, SAVVY Representation.

SANTORO
REAL ESTATE

REPRESENTING RENTAL & PROPERTY OWNERS

WANT TO SELL YOUR HOME!
100% Satisfied Sellers!

207-767-4777
96 Ocean St., Ste 5 • South Portland

Louis F. Santoro
Owner
Willard Beach Resident

Michael Amegjian
Residential Sales
Commercial Brokerage

Enhancing Neighborhood Trees & Shrubs Since 1880.

- Complete Tree & Lawn Care •
- Quality Pruning & Removal • Deep-Root Fertilizations •
- Insect & Disease Management • Certified Arborists •

Call For a Free Estimate
207.828.0110
www.davey.com/portlandme

DAVEY
Proven Solutions for a Growing World

Need to lease your home or condo? Hire the best!

DRINAN
PROPERTIES

30 Years' Experience • 24/7 On-Call Service
Fully staffed office & maintenance division
Leasing more homes & condos than anyone in Greater Portland
(207) 799-0829 • www.drinanproperties.com

Mike Drinan
Realtor/Owner

Selling Cape Elizabeth for over 25+ years.
Call Elisabeth for all your real estate needs.

207-415-1383

Bostwick
REAL ESTATE & Company

www.bostwickandcompany.com

Choose Local, Choose VRCCE
10% off exams for new and referring clients

- Complete Veterinary Care
- Vaccines • Annual Exams • Surgery
- Dentistry • House Calls • Training
- Behavior • Nutrition • Acupuncture
- Rehabilitation with Underwater Treadmill

207 Ocean House Road
Cape Elizabeth, Maine
207-799-6952 • vrcce.com

AAHA
ACCREDITED
The Standard of Veterinary Excellence

VETERINARY AND REHABILITATION CENTER OF CAPE ELIZABETH

News from the School Board: September 2018

Before the first month of school passes us by, we want to keep you up to date with what has been going on and what is to come!

As of July, 1, Dr. Donna Wolfrom has officially stepped into the role of our district's new superintendent and has hit the ground running! To date, Dr. Wolfrom has had multiple meetings with staff, community members, town councilors, town manager, and has held retreats with both the administration and the School Board. Erin Tosi is the new assistant to the superintendent, and the go-to person for anyone who might want to schedule a meeting with Dr. Wolfrom.

Among other new administrators, Cape Elizabeth Middle School welcomed Kyle Morey as the new assistant principal. Mr. Morey and Principal Troy Eastman have the added advantage of successfully working together previously during their tenures at Oxford Hills. Lastly, the district welcomes Delbert ("Del") Peavey as the director of special education. Mr. Peavey's office is located in Town Hall along with Dr. Wolfrom and Cathy Stankard (director of teaching and learning). Jessica Talbot continues as the department's special services office manager.

During a special business meeting on August 28, the School Board voted unanimously to approve participating in an inter-local agreement with the Greater Sebago Education Alliance Regional Service Center. This is an alliance of 11 neighboring school districts wishing to leverage purchasing powers and be positioned to receive additional state funding through the state's Regional Service Initiative. At the November elections, Cape Elizabeth voters will be asked to vote to approve this partnership.

At the September 11 regular business meeting, the School Board voted unanimously to support Dr. Wolfrom's request to initiate the process of developing a

new strategic plan for the district. Also of note, Julia Thorek and Piper Strunk, were welcomed to the dais as the new student representatives for CEHS. We are grateful for their valuable input and look forward to their future participation.

BUDGET

As promised during the FY19 school budget process, the School Board and Town Council have commenced strategizing to form a more collaborative, efficient and pro-active budget process for FY20. On September 25, the School Board and administrators held a workshop devoted entirely to this aim. Furthermore, after a constructive meeting including Matt Sturgis (Cape Elizabeth's town manager), Dr. Wolfrom, and the School Board chair and vice chair, it was decided that the School Board and Town Council will hold a joint workshop with the help of a facilitator on Tuesday, October 23. Community members who are interested in joining the conversation and improving the process are highly encouraged to attend. Input can also be submitted via email prior to the workshop, if attendance is not possible.

POLICY

The policy committee reconvened on August 30 to continue its work reviewing and updating CESD policies. At the behest of high school nurse and athletic trainer, updates were made to the Management of Concussions and other Head Injuries policy to align with current practices. In order to reflect the current grading procedures at the high school, changes were made to High School Co-Curricular and Extra-Curricular Activities Eligibility and Code of Conduct policies. Updates were also made to the Homework policy. All three policies were brought before the School Board for a first read (public reading and discussion, no vote) at the Board's September

business meeting.

At the September 24 policy committee meeting, there was extensive discussion about the Student Wellness policy, including nutrition language updates mandated by the state. The committee thanks all three school nurses, building principals, and the director of nutrition for their work on the Wellness policy. Homework policy was discussed again but will not be brought to the Board for adoption in the near future. It was agreed that the over-arching philosophy on homework will be part of a broader community discussion during strategic planning. In the absence of an update to the Homework policy, the companion policy document titled "Homework Expectations and Guidelines," updated on June 4 of this year, provides direction to educators, students, and parents.

All policies are posted on the CESD website in the School Board section policy tab. If a policy is in process of being updated, the newest version will not appear on the website until it has been approved with a vote on a "second reading" at a School Board business meeting.

The policy committee meets monthly and is open to the public. Meetings are typically held during the last week of the month and are posted online.

FACILITIES STUDY

Although the cost of a facilities study was ultimately taken out of the this year's budget, the need and determination to improve our buildings continues. In the hopes of successfully reaching this goal, we are renewing efforts and looking to form a new committee composed of administrators, town councilors, students, and community members. Please let us know if you are interested in participating in this committee by contacting the School Board Chair, Susana Measelle Hubbs at smeasellehubbs@capeelizabethschools.org.

FUTURE DATES:

Tuesday, October 9, 2018, Regular School Board Meeting at 6:30 p.m. in

Town Hall — agenda not yet available.

Tuesday, October 23, 2018, School Board and Town Council Joint Workshop on FY20 Budget Process at 6:30PM — Cape Elizabeth Fire Station.

Tuesday, October 30, 2018, Cape Elizabeth Comprehensive Planning Committee Final Public Forum at 6:30 p.m. in Town Hall.

PCPA Scholastic Book Fair

Please join the Pond Cove Parents Association at the 2018 Scholastic Book Fair. The event takes place Wednesday October 10 through Wednesday October 17 on the stage in the Cafetorium at Pond Cove School.

The Book Fair is open to the entire Cape Elizabeth community and will have evening hours until 7 p.m. on Thursday Oct 11 and Tuesday Oct 15. Upon arrival please check in at the school front office. Proceeds from the Book Fair fund Pond Cove teacher grants.

Town accepting applications for bottled proceeds to benefit Cape youth

The Town of Cape Elizabeth is accepting applications from not-for-profit service clubs and organizations, based in Cape Elizabeth serving the town's youth, to share in proceeds from the bottle redemption building at the Recycling Center. The distribution of funds will be awarded in November 2018.

Organizations are asked to submit an application explaining the mission of the organization and how the funds will be used. Funds will be awarded based on need and will not exceed \$2,000 per allocation.

One application per group/organization may be submitted. Applications are available on the town website or from Officer David Galvan at 207-767-3323 or email david.galvan@capeelizabeth.org. Deadline for application is 4 p.m. Friday, October 19, 2018.

Thomas Memorial Library Foundation Seeks Data Administrator

The Thomas Memorial Library Foundation is looking for a Data Administrator to do part-time contract work annually peaking November through February each year.

The ideal candidate is a team player with attention to detail to record donations and manage the donor list in our fundraising software. Database management experience with Little Green Light or other donor management software is desirable but not necessary.



To apply please send a letter of interest and resume to: tmlfda@gmail.com.

To learn more about the Thomas Memorial Library Foundation please visit our website at www.thomasmemorialfoundation.org.

Kathleen O. Pierce

Realtor, SRES, ABR, Previews Specialist

Office: (207) 799-5000 ext. 116
 Cell: (207) 232-4030 Fax: (207) 799-9226
kathleen.pierce@nemoves.com



295 Ocean House Road
 Cape Elizabeth, ME 04107

Owned and Operated by NRT, LLC. An Equal Opportunity Employer.



Town of Cape Elizabeth Boards and Committees Annual Appointments Process

The Town Council Appointments Committee is accepting applications from residents to fill vacancies on the following town boards and committees:

- Community Services Committee
- Conservation Committee
- Planning Board
- Riverside Cemetery Committee
- Thomas Memorial Library Committee
- Zoning Board of Appeals

NEW! Energy Committee – The town council has established a standing seven-member energy committee. Terms will be staggered; initial appointments will be for one, two or three-year terms.

Board and committee information is available at www.capeelizabeth.com.

Questions should be directed to **Debra Lane, Town Clerk** at 799-7665 or debra.lane@capeelizabeth.org.

Applications must be submitted to Debra Lane no later than **Friday, November 2, 2018.**

New terms begin January 1, 2019.

Get to Know: The Cape Elizabeth Police Department

By Jane Vaughan

The Cape Elizabeth Police Department (CEPD) has been around, in some form or another, since the town's inception in 1765. It began with only a town constable in 1765, who was appointed as the chief law enforcement officer. In 1879, land was purchased — near the present-day South Portland City Hall — for a police station and jail. The department continued to grow and its budget increased over the years. By 1969, it contained 21 employees. In 1989, the Water Extrication Team (or WETeam) was created, and in the 90's, the department added a full-time detective.

Today, according to Police Chief Neil Williams, the department is comprised of 14 law enforcement officers, one clerk, one part-time harbor master, one part-time animal control officer and three part-time clerks. The CEPD has become more involved in community events than it originally used to be, assisting with events such as the Memorial Day Parade, Family Fun Day and Beach to Beacon.

The PD recently appointed a school resource officer (SRO), which the town has never had before. "It's been a tough road to push it forward, and I'm very happy to say we finally received one. Having an officer in the school is a change. Now, with all the upload on security, everybody's finally come on board," Chief Williams explained. The SRO, Officer David Galvan, will go wherever he is needed but will mainly be based in the high school.

In addition, the PD recently hired Officer Ryan Wagner. "To have that fourteenth officer will be a big plus for us. I'd rather be proactive than reactive, and sometimes you just can't do it if you don't have the manpower to do it," Chief Williams said.

The PD has also created a new position that Chief Williams calls the "utility officer," which will combine the work of a community liaison with other tasks, such as assisting with SRO programs, filling overtime, working with TRIAD (a community-oriented policing program geared toward older adults) and addressing the issue of speeding in town.

Looking forward, Chief Williams said that the department will be working on the arduous process of becoming state accredited, which he estimates will take about two years. He also recently announced that he will be retiring at the end of this year after 18 years as police chief.

Police Chief Neil Williams

How long have you been at the CEPD?: 39 years

What's your favorite part about working there?: "I like dealing with the people. Having grown up in Cape Elizabeth, it's been

really good where I can communicate with people. And the other thing is we have a great circle of department heads, so if I need something, it's no problem. I've really enjoyed that. And I've been really fortunate that we've had a great group of officers."

Captain Brett Sinclair

How long have you been at the CEPD?: 33 years

What's your favorite part about working there?: "What I like most about working here are the friendly people and having Fort Williams Park as a virtual office."

Sergeant Paul Fenton

How long have you been at the CEPD?: 21 years

What's your favorite part about working there?: "There's a lot of things I like about working in Cape. The first is that it's a great community. It's a cliché, but it really is. The town is easy to interact with. People are supportive. Chief Williams just runs a great department. He's been there a long time, and he's selected a great group of officers. He's a great guy to work for. It's just a nice place to work."

Sergeant Eric Fay

How long have you been at the CEPD?: 23 years

What's your favorite part about working there?: "Working at night has the benefit of some beautiful sunrises."

Sergeant Kevin Kennedy

How long have you been at the CEPD?: 30 years

What's your favorite part about working there?: "First, I feel that we have a great team of police officers who care about the job they do, and I enjoy working with all of them. Second, we are not overwhelmed with calls, but we do have our share of 'challenging' calls to answer. Our call volume is less than neighboring jurisdictions, which allows us more time to spend with a citizen on a call as well as more time on case follow-up. This, in turn, also allows one to be more proactive while carrying out patrol responsibilities. Another factor that I enjoy here is the make-up of Cape Elizabeth. It is a suburb to Portland but also has a rural character and a very picturesque coastline. The views of the sea and landscape here never get old!"

Detective Mark Dorval

How long have you been at the CEPD?: 18 years

What's your favorite part about working there?: "What I enjoy most about the job is interacting and working with the community. I enjoy putting names to faces, working together in solving cases and crime prevention and meeting the needs of everyone in the

community. Policing is a community effort, and it's very important to know your community and strengthen that partnership."

Officer Rory Benjamin

How long have you been at the CEPD?: 10 years

What's your favorite part about working there?: "My favorite part about working in Cape is being so close to the ocean. I grew up on an island in mid-coast Maine, so I love working in a community that is right on the water and feels like home."

Officer Aaron Webster

How long have you been at the CEPD?: 13 years, with some time away here and there for military service

What's your favorite part about working there?: "I enjoy the geographical variety here in town, as we have areas with a rural feel (such as the southern end of town with farm land and forest) and areas that are more urban (such as the northern end of town on Shore Road and Mitchell Road.) And of course, let's not forget the sea coast, like Fort Williams Park and Crescent Beach!"

Officer Ben Davis

How long have you been at the CEPD?: 8 years

What's your favorite part about working there?: "Cape is a great town to work for as we have a good group of guys here at the PD. The community is quite supportive of

us and many community members are quick to wave as we drive by or say 'hi' in person."

Officer David Galvan

How long have you been at the CEPD?: 8 years

What's your favorite part about working there?: "I enjoy working for a community that values its employees."

Officer Darin Estes

How long have you been at the CEPD?: 5 years

What's your favorite part about working there?: "What I like best about working in Cape Elizabeth is the great relationship our department has with residents and being able to see the ocean every day."

Officer Ryan Wagner

How long have you been at the CEPD?: 2 months

What's your favorite part about working there?: "Being a part of a community-oriented PD with a focus on being a servant leader and the professional opportunities, such as School Resource Officer, Drug Recognition Expert, EMT, Firearms Instructor, etc."

Clerk Edward Hunt

How long have you been at the CEPD?: 45 years

What's your favorite part about working there?: "Seeing people, old friends and acquaintances."

Cape Elizabeth School Department

Cape Schools Open Minds and Open Doors

SPECIAL EDUCATION AND SECTION 504 CHILD FIND NOTICE

The Cape Elizabeth School Department has a duty to locate, evaluate and identify any child between the ages of 5 and 20 who is residing/attending school in the District who qualifies for Special Education services or Section 504 accommodation or services.

Children eligible for special education include those children with disabilities who have autism, deaf-blindness, developmental delay, emotional disturbance, multiple disabilities, hearing, cognitive, orthopedic, speech or language, visual or other health impairment, specific learning disability, or traumatic brain injury and who, because of such impairment require special education services.

Children eligible for Section 504 accommodations or services include those children who have a physical or mental impairment that substantially limits a major life activity.

If you suspect your child has a disability and may require special education or Section 504 accommodations, or if you would like additional information, please contact:

Del Peavey, Director of Special Services
207.799.2217 or dpeavey@CapeElizabethSchools.org

Cape Elizabeth School Department, 320 Ocean House Road,
Cape Elizabeth, Maine 04107

HOBBS FUNERAL HOME:

Peace of mind.

Pre-planning a funeral avoids worry about arrangements or payments, and can save additional expenses later on. At the Hobbs Funeral Home, there is no cost for pre-planning a funeral. It only takes a short visit with one of our professionals — at Hobbs or in your own home. The cost of services is under YOUR control because it is based on YOUR choices. And your arrangements will be made at today's costs, protecting your family against inflation. Pre-arrangement is today's way to provide peace of mind for you and your loved ones. Hobbs Funeral Home: A family caring for families. Competent, professional, personal — and local.



HOBBS FUNERAL HOME • 230 Cottage Road • South Portland, Maine 04106 • (207) 799-4472

Wish List

HOME IMPROVEMENTS

✓ Carpentry ✓ Repairs ✓ Doors ✓ Custom Woodwork
David Thibodeau • wishlisthomeimprovements.com

Call: 874-0178

2018 BEST IN HOZZ!
www.houzz.com/pro/greathelpdave

Best of houzz 2018 SERVICE



Contributed photo

A herd of goats is making the rounds in Cape Elizabeth via SCAPEGOATS, a company that rents out and transports the herd to a property. The goats then get busy by clearing the land of unwanted vegetation while reducing regrowth potential and enriching the soil with nutrients.

Capetoon: Guide to the Ponds of Cape Elizabeth

By Jeff Mandell



Drawn by Jeff Mandell

Most Cape residents are familiar with Great Pond. But there are a great many other ponds in our town, particularly after all the rain we've recently had. Here are the Top 10 ponds in Cape Elizabeth.

1. Great Pond
2. So-So Pond – it's okay, just not great.
3. Lousy Pond - AKA Unimportant Pond, Embryonic Pond, Teeney Pond
4. Only-in-Your Driveway-for-a-Few-Hours-After-a-Deluge Pond
5. Res Pond – (we asked for more answers, but never heard back.)
6. Big-Fish-in-a-Small Pond
7. Not-Really-a-Pond-It's-Part-of-the-Ocean Pond
8. Pond Cove Shopping Center
9. Tricky Pond – (AKA Tricky Pond, fooled us, turns out it's near Sebago.)
10. Square Pond – Dug in protest by former residents who were banished from the town of Round Pond, 70 miles to the northeast.

Invisible Fence Brand

Keeping pets happy, healthy & safe @ home™

Play Safe. Worry-Free.

Invisible Fence of Southern Maine

800-585-2803

southernmaine.invisiblefence.com

©2018 Invisible Fence of Southern Maine. Invisible Fence® is a registered trademark of Invisible Fence, Inc. All rights reserved.

WEDNESDAYS AT WILLOWS

Seth Holbrook & Company

Playing the Classics every Wednesday, 6-9pm

- Dinner and drinks by the fireplace
- Plenty of free parking

207-799-7511 / 740 Broadway, SoPo

Kathleen "The Real Estate Queen" Scott and Julia M. Edwards

A 2017 Top Producer

Kathleen Scott

RESIDENTIAL BROKERAGE

Julia Edwards

Coldwell Banker Residential Brokerage

295 Ocean House Rd
Cape Elizabeth, Maine 04107

Kathleen, 207.838.7740
Julia, 207.730.6932

Brokers who go ABOVE AND BEYOND for you - help with contractors, cleaning, staging, organizing, moving, rentals, you name it.

Owned and operated by NRT, LLC

After 25 years, Dodd retires from The Cape Courier

By Kevin St. Jarre



Contributed photo

Bob Dodd, who has been a part of The Cape Courier for 25 years, is stepping down from the Board of Directors, which he served on for 19 years. He also served as editor of the paper for six years.

Robert “Bob” Dodd, has been a part of The Cape Courier for 25 years, for many of those as a member of its Board of Directors, and he has announced he is stepping away. Dodd said, “I think it is healthy for a board to be constantly refreshing itself with new blood and new ideas. I had been on the board for 19 years, interrupted by six years on staff as editor. The board and staff now consist of a wonderfully talented and caring mix of old and new blood, and the time is right, and probably overdue, to step down.”

Dodd joined the board in 1993 and stepped down to join the staff as editor from 1997 to 2003, after which he rejoined the board.

Readers may be curious as to what the board’s role is. Dodd said, “There are several important tasks the board fulfills. Maybe the most important is to assure adherence to The Cape Courier’s mission, ‘to foster a sense of community by presenting news specific and unique to Cape Elizabeth and its residents, and, whenever possible, to promote volunteerism within our community.’”

Financial oversight is another important board function, making sure the financial picture remains healthy, and that sound accounting practices are followed. Dodd said, “We have always been fortunate to have skilled board members providing this oversight. The Cape Courier faces some unique financial challenges due to its mission, particularly in ensuring the community-wide focus and free distribution of the publication.”

The Cape Courier is almost wholly dependent on advertisers for financial support, and that means maintaining high levels of readership value and trust. At times, the paper also relies on the support of residents for financial gifts, or gifts of expertise or equipment. Although the newspaper is free, many readers pay for a subscription anyway in an effort to show their ongoing support. Dodd said “... the response from the community has always been strong. Community support is not an accident, it has to be earned.”

Another key function of the board is to provide support to staff whenever and however needed, helping the publisher and editor with occasional policy and staff issues and assistance in generating story ideas. Throughout its history, the board members

have even stepped in to cover staff duties as needed.

Dodd has many memories, some sad and poignant, of his time with the Courier. “Oh, there are so many, many stories. There are three that personally most stand out: the tragic death of a Cape Elizabeth teen from an alcohol-related car accident; the profound impact of 9/11 on the community; and the challenges of covering the first-ever Beach-to-Beacon. I experienced all in a particularly vivid light since they happened when I was editor.”

In times of tragedy, Dodd felt the newspaper had a role to play. “With the tragic death of one of the community’s own teens, the staff and board worked together to cover the story from several perspectives. We felt it was important to involve the community directly in this coverage. We addressed the broader issue of teen drinking in Cape Elizabeth through a series of articles written by community members deeply involved in the issue: the chief of police, a teacher and parent, and a fellow student. It was a series written by the community about a subject that profoundly affected the community,” he said.

With a national crisis, often a small-town weekly does not quite know what to do, but Dodd saw a part for the Courier then as well. “What stands out about 9/11 is not only the stories and photos we received from Cape residents who were in New York at the time, but also the memorable series of front-line accounts and photos sent in by a Cape resident who served in the military in Iraq in the aftermath of the event,” he said.

Of course, there were stories to celebrate as well. Dodd said, “[T]hat very first Beach-to-Beacon! We had no problem attracting an army of volunteer reporters and photographers – but how to best utilize them? Joan Benoit Samuelson, and the race organizers, treated our volunteers with such deference, providing The Cape Courier with incredible race access then, and for every race since.”

In closing, Dodd said, “Our family moved to Cape Elizabeth in 1991 thinking then - and thinking still - we had moved to a little corner of paradise. How fortunate I have been to be able to give back to the community by being one part of The Cape Courier story.”

Rebecca Millett



Champion for Women’s Rights, Health, and Safety

RE-ELECT

Senator Rebecca Millett

Rebecca Millett Is a Leader for Women’s Rights

- Protected and expanded access to women’s health care
- Co-sponsored a bill to ensure equal rights for women
- Voted to make female genital mutilation a Class A crime
- Co-sponsored a bill to increase the safety of victims of domestic and sexual violence
- Endorsed by Planned Parenthood



www.RebeccaMillett.com

(207) 415-3770

millettformesenate@gmail.com

SenatorMillett

Re-elect Senator Rebecca Millett on November 6

INSPIRED, RESPECTED LEADERSHIP

Paid for by Rebecca Millett for State Senate

Friday night football scene



Photo by Sara LeTourneau

William Gray, a Cape Elizabeth fourth grader, gives a thumbs up to the camera as he waits to be announced on September 21. His team scrimmaged during halftime of the varsity game.

Gillian, Piscopo key members of talented team

By Kevin St. Jarre

Grace Gillian and Prezli Piscopo are seniors at Cape Elizabeth High School, and members of a very talented soccer team with championship hopes.

Gillian is one of the rock-solid anchors of a fierce defense, and Piscopo is one of the most feared shooters in Maine soccer, able to reliably put one in the net from anywhere within 30 yards of the goal.

These young women and their teammates, led by first-season coach Graham Forsyth, have racked up an impressive string of victories. On September 28, Gillian said, "The season has started off very strong with us holding a record of 8-0. The team connected very quickly which is a key part of why."

Piscopo agrees, saying, "It's by far our best season yet. Our team connects on and off the field and we all get along. I think that's what makes our team so special."

Of her fellow defenders, Gillian said, "We all work together really well, but everyone has to connect with a certain person more than another in order for us to play the way we want to. For instance my back line is something I wouldn't change up because we all work so well together."

As one would imagine, the young athletes

already have many years of playing experience. Piscopo has played soccer since the second grade, including Cape Travel soccer, Global Premiere Soccer (GPS), GPS Regional team and has been selected for the GPS National team two years in a row.

Gillian has also been playing since she was a little girl. "I've been playing soccer since the day my parents started bringing me to Saturday morning soccer. I immediately fell in love," she said.

Of course, to play that long, and at this level, an athlete has to love the sport. Piscopo said, "What I like most about soccer is that it's a team sport and if your team wins, it's with the help and effort from everyone."

Gillian said, "The thing I love most about this sport would have to be the fact that it's a big team sport and not an individual one, because when you get to see all your team's hard work paid off by a lovely progressed goal, through the whole team, it's honestly another feeling."

Piscopo didn't begin with soccer. She said, "The first sport I started out with was field hockey when I was really young. I went to the first practice and knew it wasn't the sport for me, so I tried out soccer and I knew instantly it was what I wanted to pursue."

This year's defense, some veterans and some younger players, has proven to be an almost insurmountable wall that has frustrated one talented offense after another. Physically talented and tough, and lightning-fast, they are clearly also very poised under pressure, and clever with a field-awareness rarely seen in players so young. Gillian said, "I ended up falling in love with this sport because my mind has always seemed to understand how the game works better than any other sport." It's obvious when one sees her, and her sister-defenders, play.

Gillian said, "The most challenging part of this sport would have to be trying to not compare your team to another. It all comes down to the actual game day and how each person gets mentally prepaid and ready to really put in the work. If we have that part down, there's no doubt in my mind that we'll win." Piscopo said, "The most challenging part about playing soccer year round for me is the commitment. I never miss a practice or a game for something else, and putting in 100 percent of your time is very challenging." The commitment has clearly paid off. There is a rise in audience excitement whenever Piscopo has the ball, especially when she goes streaking down the field with teammate Karli Chapin flying at her wing. The two combine often for goals, and Piscopo is sometimes shockingly selfless, passing to Chapin even inside the 12.

Piscopo said, "Some advice my coach last year, [it was] Craig Fannon, he told me to not be so nice and I had to develop more of a killer instinct. I took this advice and have given myself more of a game face on the field."

For her part, Gillian said of her current coach, "One thing my coach, Graham Forsyth, has always encouraged me to do is use my voice on the field. Communication is a big part of the game and is one way I can calm myself down during the game. Talking things out between teammates and making sure where to go and what to do next is understood makes the game just that much easier."

Piscopo said of soccer in general, "My favorite part about the sport is being a part of a team. It's always fun spending time with everyone and doing team bonding. It has given me lifelong relationships, and is fun to be around people who are as passionate about it

THE COMFORTS OF ASSISTED LIVING. EMPHASIS ON LIVING.

Come experience The Landing at Cape Elizabeth (Formerly Village Crossings); a beautifully-designed, private residence community created with the active senior in mind. Our 32 acre-campus features;

- Private studio, one and two-bedroom apartments
- Elegant restaurant-style dining
- Group trips and excursions
- Cafe and TV room for community gatherings
- Beautiful views of conservation land
- Assistance with daily living activities
- Medication administration
- On-site nursing supervisor
- Respite care

78 Scott Dyer Rd. Cape Elizabeth, ME 04107 P
| 207.799.7332 | ME TTD/TTY #800.457.1220
thelandingatcapeelizabeth.com



Maine Veterinary Medical Center

A Specialty Hospital and 24/7 Emergency Center in Scarborough

We treat all pet emergencies 24/7 including weekends & holidays.



We offer specialty care including neurology, surgery, internal medicine, oncology, ophthalmology, critical care and rehabilitation.

207.885.1290 • mvmc.vet

Located at 1500 Technology Way in the Enterprise Business Park Route 1



Soccer

Continued from page 10



Contributed photo

as I am.”

Gillian said she loves athletics in general because “having competition in sports can make things difficult, but it’s what makes people grow and helps us learn how to deal with things when they don’t turn out the way we would’ve liked them to. Not only that, but I love the way it’s a connection for people all around the world.”

When asked for advice for younger players who will someday wear Gillian’s #12 and Piscopo’s #10, Gillian said:

- Don’t let one mistake change the way you play the rest of the game. It happened- now move on to the next play and have an impact.
- Encourage your teammates; don’t get discouraged when things aren’t going the way you think they should be. Take a step back and see how you can make the situation better.
- Enjoy playing the game, and have fun with it. Piscopo echoes much of her teammate’s advice, and adds something more:
 - Always be there to encourage your teammates.
 - Keep your head up when you make a mistake and learn from it.
 - Play in every game like it’s your last.

When asked what they would play if they could not play soccer, both girls chose another team at CEHS on a potential champion-

ship run- volleyball.

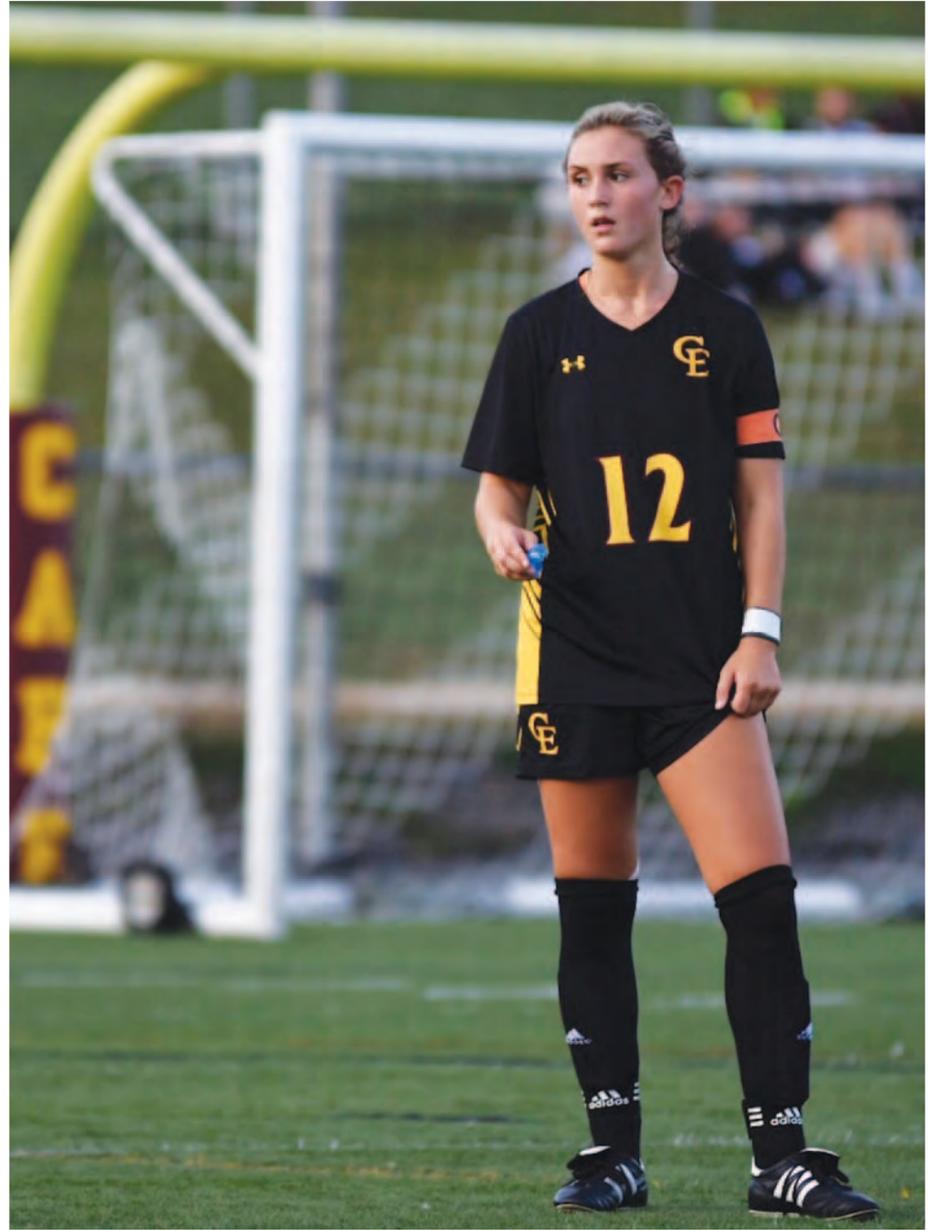
Gillian said, “I’ve always wanted to play volleyball but it just works out that they’re played during the same season, so if I got the chance to take a break from soccer I’d definitely take up volleyball. The way I see the volleyball team work together is truly incredible. That is another great team sport.”

Piscopo said, “If I weren’t playing soccer I would definitely choose volleyball because it seems like a really thrilling sport. If volleyball weren’t in the fall, it would definitely be a top choice.”

Gillian said she would love to play soccer at the college level. “I love the sport too much to stop playing anytime soon,” she said.

Piscopo already has plans to play beyond high school, saying, “It has always been a dream of mine to play soccer in college, ever since I started playing. I have worked hard and given up a lot to play and it finally paid off. In April of my junior year, I committed to play soccer at Southern New Hampshire University.”

The CEHS girls’ soccer team is sure to go deep into the postseason, and will certainly host some of those games. It is shaping up to be a special season, and it is definitely a team worth going to see.



Contributed photo

Pictured above is Grace Gillian, a cornerstone of the fearsome defense Coach Graham Forsyth has put together.

On left, Prezli Piscopo is the tip of the spear for an extremely talented CEHS girls’ soccer team this season.



Erin Grady, Broker

eringrady207@gmail.com

Cell: 207.650.4458 Office: 207.767.2224 x3
299 Ocean House Rd., Cape Elizabeth, ME 04107

www.bostwickandcompany.com

Working with buyers & sellers for over 25 years in our community. Please contact me for all of your real estate needs. I would love to work with you!



Drop in for a spell Pumpkin Carving

Tuesday, October 23, 2:30pm-5:30pm

Bring your goblins dressed in the spirit of Halloween and we’ll supply the pumpkins for festive Jack o’ Lantern carving, and complimentary refreshments.

While the kids are having fun, tour the Inn’s beautiful gardens and public spaces.






Rain date Oct. 24
Reserve your pumpkin by Oct. 19
Please call Derrick Daly at 207.799.3134
40 Bowery Beach Road | Cape Elizabeth, ME 04107 | InnbytheSea.com

Tammy
WALTER
for State Rep.



I would be proud to serve you in District 32!

BORN & RAISED IN MAINE

By keeping Maine’s slogan in mind, ‘Maine, the way-life-should be’ I will:

- Work to bring a Mainers-working-together mindset to Augusta
- Work to return the power to Maine’s people
- Work to make Maine financially sustainable
- Work to keep our natural resources safe

Paid for and authorized by Tammy Walter

Scenes of fall around town

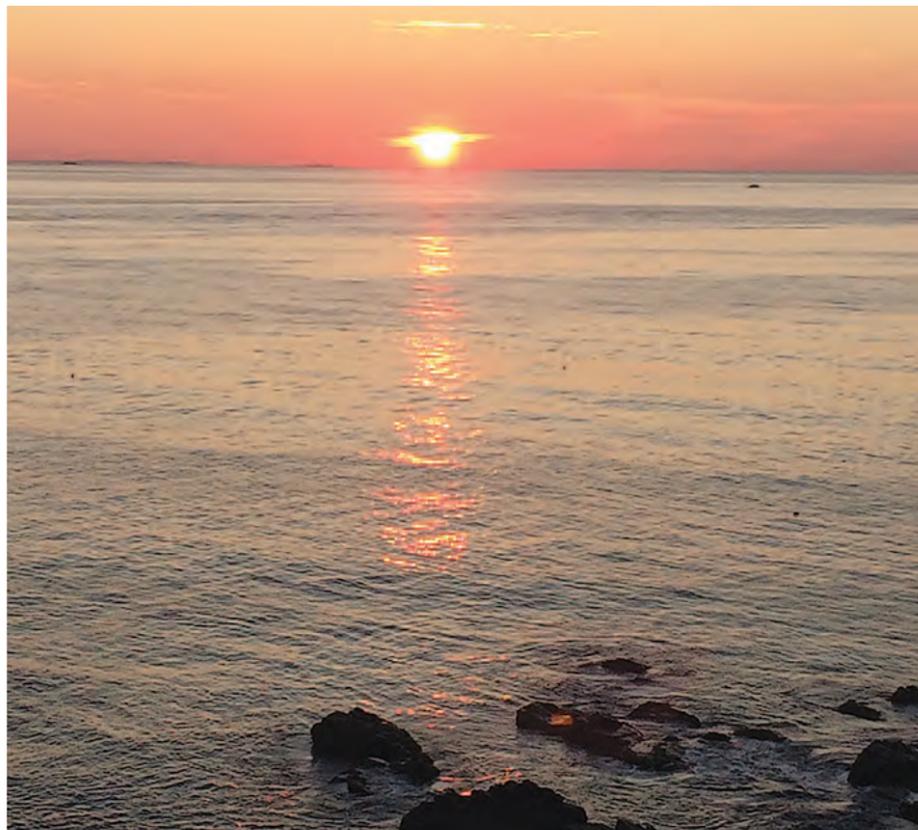


Photo by Kevin St. Jarre

The sun rises over the water at Fort Williams.



Photo courtesy of Jordan's Farm

The flower field (pick-your-own) at Jordan's Farm has burst into a field of colors and textures.

October Naturalist's Corner

By Erika Carlson Rhile

"I'm so glad I live in a world where there are Octobers." -L.M. Montgomery, "Anne of Green Gables"

To rake or not to rake? Think of fallen leaves as natural fertilizer for your yard. Trees are sucking the nutrients out and then composting them. It's why the deciduous biome has fertile soil.

"Boom and doom": Our family counted

104 dead squirrels between Brunswick and home last weekend. An excellent mast year for acorns and good snow cover in 2017 led to a baby boom for the squirrel population this year. The young are expanding their territory, and becoming roadkill in the process.

Puffball stomping is really fun right now, and helps the mushroom release its millions of spores.

Almost in time for Halloween, watch for the October 24 Full Hunter's Moon.



**FEE-ONLY FINANCIAL PLANNING
INVESTMENT MANAGEMENT SERVICES
FOR INDIVIDUALS, TRUSTEES &
CONSERVATORS**

Laongdao "Tak" Suppasettawat, CFP®, CPA
Maine Licensed Registered Investment Advisor

(207) 799-2010
tak@takadvisory.com
www.takadvisory.com





Photo by Nylah Lyman

The CAT Ferry makes its way past Portland Head Light




**COMPASSIONATE CARE
24 HOURS A DAY
7 DAYS A WEEK**



Dr. Marta Agrodnia,
DVM, DACVS




207 878 3121 | 739 Warren Avenue, Portland | AnimalEmergencySpecialtyCare.com

you know what they say about apples...

hot apple pie with cinnamon ice cream, macintosh apple martinis, apple pie salad, butternut squash and apple galette, caramel apple belgium waffle...



the good table restaurant

Route 77, Cape Elizabeth
799-4663
www.thegoodtablerestaurant.net

Scenes of fall around town



Photo courtesy of Jordan's Farm

Pumpkins aplenty at Jordan's Farm; time to get those jack o' lanterns carved. The largest pumpkin ever grown in North America was recently presented at the Deerfield Fair in New Hampshire. It tipped the scales at 2,528 pounds and the owner took home \$6,000 in prize money.

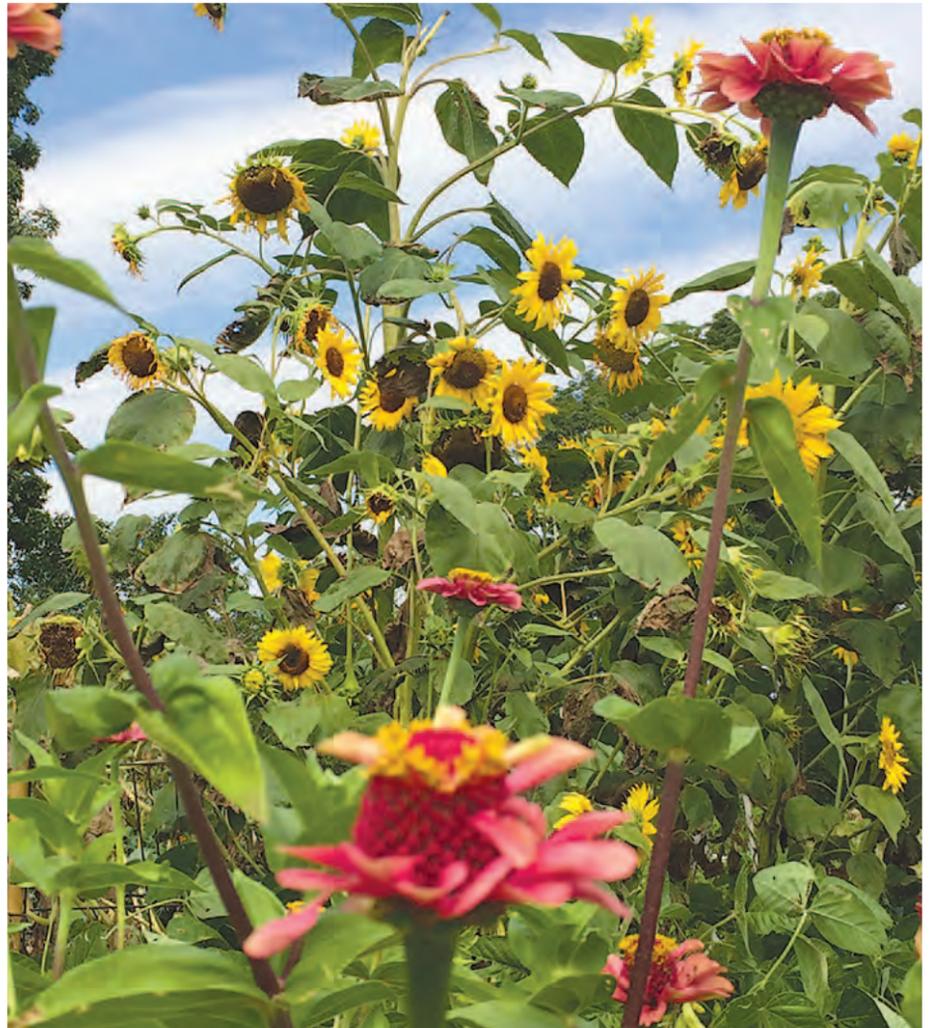


Photo by Kevin St. Jarre

Sunflowers in bloom at Gull Crest Fields

WE LIVE HERE, WE WORK HERE WE'RE HERE FOR YOU

If you are thinking about making a move, give us a call.
Let us show you the way home!



Andrew Carr, Realtor
207.653.8353

A Top Producer 2017
www.welcometomaine.com
carr@welcometomaine.com

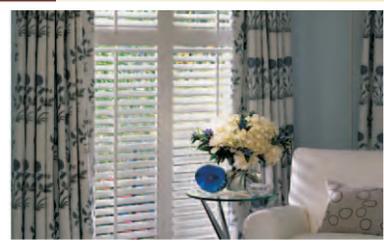


RESIDENTIAL BROKERAGE
Owned and operated by NRT, LLC



Debbie Carr, Realtor
207.653.2116

The Hunter Douglas Custom Shutter Collection offers a full spectrum of shutter types to fit any style, any room, anywhere.



We offer three Hunter Douglas shutter products to choose from: Heritage® Hardwood Shutters, Palm Beach™ Polysatin Shutters and NewStyle® Hybrid Shutters, with more than 750 design options between them to customize your home.



HunterDouglas
CUSTOM SHUTTER COLLECTION



We specialize in custom design consultations at your home or in-store.

Shop At Home Sales Advice • Measurements
Call 1-800-888-0663

SO. PORTLAND • 773-9635 175 WESTERN AVENUE MON-SAT 9:30AM-7PM • SUN 11AM-5PM	BANGOR • 947-8100 102 HASKELL ROAD MON-SAT 9:30AM-7PM • SUN 11AM-5PM	WATERVILLE • 872-5634 251 KENNEDY MEMORIAL DR. MON-SAT 9:30AM-6PM • SUN 11AM-5PM
---	---	---

www.maineblindsandshades.com

Your Place for Local

JORDAN'S FARM



Wells Road Market

~ PUMPKINS ~

Time to capture that
Fall spirit and decorate!
It's All About Maine

21 Wells Road
www.jordansfarm.com

Call 767-2740 or check out
Jordan's Farm on FB

Farm Stand Open Daily 9:00 – 6:00

Corn, Kale, Lettuce, Squash, Onions,
Broccoli, Carrots, Apples, Pastured Meats
And Poultry, Eggs, Prepared foods and more!

TIME to put your GARDENS TO BED!!!

LAWN & GARDEN: Clean Earth Compost ~ Screened Topsoil
Surf n' Turf Compost ~ Wood Chips ~ Bark Mulch

HARDSCAPE PRODUCTS: Pro-Base ~ Screened Sand ~ Crushed Stone ~ Stone Dust

Monday – Saturday 8am – 5pm Sunday 9am - 4pm

Pickup or Delivery Call 807-1761

Producers of Clean Earth Compost and Healthy Food!

CAPE CALENDAR By Wendy Derzawiec

Wednesday, October 10

Town Council, 7 p.m., Town Hall chamber

Thursday, October 11

Recycling Committee, 7 p.m., Public Works

Tuesday, October 16

Planning Board, 7 p.m., Town Hall chamber

Wednesday, October 17

High School Government Class Candidate's Night, 7 p.m., Town Hall chamber

Thursday, October 18

Fort Williams Park Committee, 6 p.m., Cape Elizabeth Community Center
Thomas Memorial Library Committee, 6:30 p.m., Thomas Memorial Library

Tuesday, October 23

School Board Workshop, 6:30 p.m., Town Center Fire Station

Board of Zoning Appeals, 7 p.m., Town Hall chamber

Ongoing each week

Al-Anon, Regular meeting 7 p.m. Thursdays, at United Methodist Church, 280 Ocean House Road. Regular meeting 7 p.m. Fridays at St. Alban's Church.

Alcoholics Anonymous, 2 p.m. Saturdays, First Congregational Church, 301 Cottage Road, South Portland; 7 p.m. Wednesdays, St. Bartholomew Church; 7 p.m. Fridays, St. Alban's Church.

CABLE GUIDE

Town Council replay
Oct. 12 - 2 pm and 8 p.m.
Oct. 13 - 10:30 a.m.

School Board replay
Oct. 13 & 14 - 2 pm & 8 p.m.
Oct. 14 - 10:30 a.m.

Cape Elizabeth Church of the Nazarene
Oct. 13, 14, 20 & 21 - 9 a.m.

Planning Board (live)
Oct. 16 - 7 p.m.

Planning Board replay
Oct. 17 & 18 - 2 p.m. & 8 p.m.

CHANNEL 3

Oct. 20 - 10:30 a.m.

Government Class Candidate's Nights (live)
Oct. 17 & 24 - 7 p.m.

Government Class Candidate's Nights Replay
Oct. 19 - 2 & 8 p.m.
Oct. 20 & 21 - 8 p.m.
Oct. 26 - 2 pm & 8 pm

Board of Zoning Appeals (live)
Oct. 23 - 7 p.m.

Board of Zoning Appeals replay
Oct. 24 & 25 - 2 p.m. and 8 p.m.

Cape Crostic

Created by Rich Dana

Each letter in the puzzle appears in two places: once in the grid and once in one of the clue answers. Work back and forth between the grid and clues to complete the puzzle. The completed grid will reveal a quotation. Reading the first letters (literally, an acrostic) will reveal the author and source of the quotation. The grid consists of sequentially numbered cells with the individual words separated by blocks. Words can wrap from row to row. Each cell in the grid contains a number and a small letter. The letter indicates in which clue answer the number appears. Transpose letters from the grid to the appropriately numbered spot in the clues. Similarly, enter letters from clues into the corresponding numbered spot in the grid.

A. Largest city in the place described in the quote, near and dear to us

116 11 79 36 192 66 173 99

B. _____ - Zeneca, big pharmaceutical company

144 136 120 28 101

C. _____ lock and _____; secure (2 wds.)

88 38 127 74 185 16 47 156

D. Second largest city in the place described in the quote

180 50 19 15 94 141 118 170

E. Large shopping area near (A.) (3 wds.)

157 105 162 87 131 71 42 163 22 148 145 126

F. Clues

61 97 13 182 137

G. Smallest city in the place described in the quote

114 7 59 77 164 129 184 187

H. Defense contractor based in Waltham, Mass.

81 191 130 155 112 159 18 53

I. Former type of vehicle (2 wds.)

188 175 124 67 5 139 43 161 21

J. Go private, as a telephone number

167 98 132 76 31 150

K. Knife brand commonly used in crafting (hyph.)

177 2 104 133 69

L. Like the air at high altitude

10 158 110 25

M. Most hirsute

151 72 142 165 100 29 14 60

N. Corporations, partnerships, and proprietorships, for example

64 123 32 186 91 20 135 63

O. Familiar phenomenon for people living in the place described by the quote (2 wds.)

12 178 45 73 103 4 109 93 122 40 78 183 153

P. Brutal Ugandan dictator (2 wds.)

90 171 134 82 6 95 107

Q. The best hometown newspaper (2 wds.)

84 41 140 26 70 146 149 189 172 55 162

R. Type of grasshopper

138 108 111 181 49 44 113

Long coiled up cords act as a resistor and heat up to dangerous levels





Cord hazards

Visit www.BaumanElectricMaine.com, and see what we can do for you!
Contact Bob@baumanelectricmaine.com

24 Hour Service (207)-571-4607
Senior/Veteran Discounts on Service Calls

Tamarro Landscaping

More than just lawns!

Small Engine Repair

Fall Hours:
Monday thru Friday 8 AM to 4 PM.
We offer Pickup & Delivery for an additional cost.

831-8535

539 Ocean House Road
Cape Elizabeth, ME



CAPE DOG WALKING



RELIABLE & DEPENDABLE PET CARE

207.807.7206 | capedogwalking.com
BONDED • INSURED

CLEAN HOME, HAPPY HOME!
WE DO IT FOR YOU, AS WE DO IT FOR US.

All Effective natural cleaning products are included. Experienced. References available upon request.
Right here in Cape Elizabeth!

Contact Lucia & Tito for a free estimate.
207-303-7703/lucivillalobos15@gmail.com

BOWDLER ELECTRIC INC



207-799-5828
All Calls Returned

Mark Bowdler
Master Electrician
Residential & Commercial

www.BowdlerElectric.com
We do it all!

GENERATORS
• KOHLER Automatic Systems
• HONDA's with Electric Start

S. Corporation presided over at various times by Jock, J.R., Bobby, and Cliff Barnes (2 wds.)

85 117 125 17 62

W. Opposed

169 96 57 24

X. Largest human organ, with a total area of about 20 square feet

68 37 33 56

Y. Town in Sagadahoc County in that reveals the puzzle's theme (2 wds.)

46 166 51 121 35 58 1 86 23 190 3 115

52 75 154 89 34 152 92 9

T. Two flowers often seen in springtime (2 wds.)

54 30 147 174 119 168 106 83 8 65 128 160

U. Northernmost city in the place described in the quote

143 27 48 39 179 102 80

V. Flagship campus of the university in the place described in the quote

1,Y	2,K	3,Y	4,O	5,I	6,P	7,G	8,T	9,S	10,L	11,A	12,O	13,F	14,M	15,D	16,C	17,V	18,H	19,D	20,N	21,I	
22,E	23,Y	24,W	25,L	26,Q	27,U	28,B	29,M	30,T	31,J	32,N	33,X	34,S	35,Y	36,A	37,X	38,C	39,U	40,O	41,Q	42,E	43,I
44,R	45,O	46,Y	47,C	48,U	49,R	50,D	51,Y	52,S	53,H	54,T	55,Q	56,X	57,W	58,Y	59,G	60,M	61,F	62,V	63,N	64,N	65,T
66,A	67,I	68,X	69,K	70,Q	71,E	72,M	73,O	74,C	75,S	76,J	77,G	78,O	79,A	80,U	81,H	82,P	83,T	84,Q	85,V	86,Y	87,E
88,C	89,S	90,P	91,N	92,S	93,O	94,D	95,P	96,W	97,F	98,J	99,A	100,M	101,B	102,U	103,O	104,K	105,E	106,T	107,P	108,R	
109,O	110,L	111,R	112,H	113,R	114,G	115,Y	116,A	117,V	118,D	119,T	120,B	121,Y	122,O	123,N	124,W	125,V	126,E	127,C	128,T	129,G	
130,H	131,E	132,J	133,K	134,P	135,N	136,B	137,F	138,R	139,I	140,Q	141,D	142,M	143,U	144,B	145,E	146,Q	147,T	148,E	149,Q	150,J	151,M
152,S	153,O	154,S	155,H	156,C	157,E	158,L	159,H	160,T	161,I	162,Q	163,E	164,G	165,M	166,Y	167,J	168,T	169,W	170,D	171,P	172,Q	
173,A	174,T	175,I	176,E	177,K	178,O	179,U	180,D	181,R	182,F	183,O	184,G	185,C	186,N	187,G	188,I	189,Q	190,Y	191,H	192,A		

SOS SAVE OUR SHORELINE ACCESS COALITION

The Fight to Preserve Access to our Shoreline is not over.

We're pleased that the Town Council rejected the proposed settlement agreement for the Surfside Avenue paper street. Now the Council needs to Accept the paper streets providing public access to our shoreline.

What can you do?

- Sign the NEW Save Our Shoreline (SOS) Citizen's Initiative to create a town ordinance to preserve access to our shoreline.
- Volunteer to help SOS. Email us at: sosprotectourshorelineaccess@gmail.com
- Stay informed by checking the Town's website for upcoming meetings on this issue. Attend. Fill the Room.
- Voice your concerns CALL, E-MAIL, WRITE Cape Elizabeth Town Council Members
- Attend Candidate's Night. Come armed with your questions and demand clear answers.
- Support SOS's Go Fund Me @ gofundme.com/save-our-shore-cape-elizabeth

Remember in November

VOTE for Town Council candidates who support accepting the shoreline paper streets to preserve public access for us and for future generations. SOS endorses these three candidates for Town Council:

Valerie A. Devereaux • Jeremy A. Gabrielson • James M. Tasse

Ranked choice voting used for the mid-term election

By Roger Bishop

There are still hundreds of our neighbors across our community who don't know that they will be using ranked choice voting in the November 6 general election for U.S. Senate and U.S. House of Representatives. Several organizations are taking steps to educate them in some unique ways. One of those is a "beer elections" held at various brew pubs. The event is supported by the Chamberlain Project Foundation, providing a statewide education initiative.

The "beer elections" are to demonstrate how ranked choice voting works. Here's a list of upcoming beer election locations:

Brewery	Location	Date	Time
Flight Deck Brewing	Brunswick	Oct. 10th	5:30 PM
Lone Pine Brewing	Portland	Oct. 11th	5:30 PM
Rock Harbor Brewing Co.	Rockland	Oct. 12th	5:30 PM
Woodland Farms Brewery	Kittery	Oct. 16th	5:30 PM
Cushnoc Brewing	Augusta	Oct. 18th	5:30 PM
Strong Brewing	Sedgwick	Oct. 19th	5:30 PM
Black Bear Brewery	Bangor	Oct. 20th	5:30 PM
Gneiss Brewing Co.	Umerick	Oct. 26th	5:30 PM
Dirigo Brewing	Biddeford	Oct. 27th	5:30 PM
2 Feet Brewing	Bangor	Oct. 30th	5:30 PM
Urban Farm Fermentory	Portland	Nov. 2nd	5:30 PM

Contributed photo

Ranked choice voting was first used in our most recent primary elections. In the Democratic Primary, the use of the system was critical in the selection of a candidate as there was no clear-cut winner. In contrast to the Republican Primary where the winner had over 50 percent of the votes in the first round. The design of the system is to ensure that candidates with the most votes and broadest

support win. Candidates who are opposed by a majority of voters can never win.

The system allows the voter the freedom to vote for the candidate they like the best without worrying that you will help to elect the candidate they like the least. It has been suggested that this form of voting system levels the playing field for all candidates and encourages candidates to take their case directly to the voter with a focus on the issues. The anticipated result is that it reduces negative campaigning. Candidates can be encouraged to seek second choice rankings from voters whose favorite candidate is somebody else. Voters tend to be less likely to rank as their second choice a candidate who has issued personal attacks against their favorite candidate.

Ranked Choice Voting

	1st	2nd	3rd
Yellow Candidate	●	○	○
Purple Candidate	○	○	●
Orange Candidate	○	●	○

Contributed photo

Table depicting how to rank candidates

Keep in mind that a voter does not have to rank all candidates, only the ones they find acceptable. So, voters can rank as many or as few candidates as they prefer.

Most importantly make sure to VOTE on November 6.

National Cybersecurity Awareness Month

Did you know that October is National Cybersecurity Awareness Month? Keeping the internet safer and more secure is everyone's responsibility, and there are many things that you can do to protect yourself at home and at work. To start, follow these three tips:

1. Move from Password to Passphrase: A longer phrase or string of words, ideally with a few added numbers and symbols, makes a much stronger password than just one word. Example: "jack-0-lanterns R or@nge"

2. Don't Connect to Public Wi-Fi: Using public Wi-Fi can be risky, as it can be intercepted and can have vulnerabilities. Instead, use the personal hotspot feature on your smartphone when on-the-go.

3. Update Devices and Software: Install software updates on your computer,

phone, and applications as soon as they are available. Updates often fix critical security issues that can be exploited by cybercriminals.

Cybersecurity can seem complicated, but there are many resources available to help keep you cyber-safe. This month, follow National Cybersecurity Awareness Month (NCSAM) on social media through the official hashtag, #CyberAware. Visit the National Cyber Security Alliance online at staysafeonline.org for more information on NCSAM and for cybersecurity resources all year round. You can also check out the Defendify blog at Defendify.co for more actionable cybersecurity tips and tricks.

Stay aware and stay safe this October, and all year round!

Crosswalk sign struck, No Trespass order issued, criminal mischief to trailer reported

Reported by Marta Girouard

COMPLAINTS

- 9-11 An officer met with a resident who had been inside Fort Williams who had heard a loud crash on Shore Road and upon investigating observed that the flashing crosswalk sign near the southernmost walk-in gate had been struck and a dark colored Jeep Grand Cherokee with a flat tire was operating north on Shore Road.
- 9-11 Two officers responded to a residence in the Woodland Road area for a well-being check.
- 9-12 An officer, while leaving CEPW, observed a male subject urinating behind his car while he was parked at Gullcrest. The officer made contact with the subject and advised him there were porta potties just down the parking lot and issued him a six month No Trespass order.
- 9-13 An officer met with a resident of the Oakhurst area regarding a scam phone call he had received stating he had four pending criminal charges and would be arrested by local police.
- 9-14 Two officers responded to a residence in the Starboard Drive area for a well-being check.
- 9-14 An officer responded to a residence in the Mitchell Road area regarding a harassment complaint.
- 9-15 An officer met with a resident of the Bowery Beach Road area who advised that her computer locked up and a pop-up advised her to call 800-527-7310. She made the call and a "technician" was allowed to take control of her computer and allegedly fixed it. She provided personal information and checking account information for payment. She was able to stop payment on the electronic check and has taken steps to freeze her credit.
- 9-15 Two officers responded to residence in the Spurwink Avenue area for a dispute involving a contractor and residents.
- 9-15 Three officers responded to a residence in the Old Ocean House Road area regarding a possible violation of bail conditions.
- 9-16 An officer met with a resident of Peaks Island regarding criminal mischief to a trailer he had been keeping on private property.
- 9-17 An officer met with a resident of the Ocean House Road area regarding a domestic issue.
- 9-17 An officer responded to a residence in the Scott Dyer Road area to keep the peace while an occupant gathered his/her belongings to move out.
- 9-18 An officer met with a resident of the Scott Dyer Road area regarding the location of some possible stolen property.
- 9-18 An officer met with a resident regarding a DHHS referral.
- 9-18 An officer met with a resident of the Shore Road area regarding a hit and run accident report. Parts of the offending vehicle were brought back to the PD to help identify the year, make, and model of that vehicle.
- 9-19 An officer met with a resident of the Oakhurst area regarding a possible

burglary complaint. Owners found evidence of someone being inside the house while they were out, however nothing appeared missing or disturbed.

- 9-22 An officer met with a resident of Indiana who reported a motor vehicle burglary that occurred while she was parked at Kettle Cove. Missing from the vehicle was a black purse and contents.
- 9-23 An officer met with a resident of the Broad Cove area regarding a dog at large complaint.

SUMMONSES

- 9-15 South Portland resident, failure to produce insurance, Sawyer Road, \$185
- 9-15 Portland resident, imprudent speed, Shore Road, \$134
- 9-18 Cape Elizabeth resident, violation of conditions of release, Woodland Road
- 9-18 Cape Elizabeth resident, leaving the scene of an accident, Woodland Road
- 9-18 Cape Elizabeth resident, failure to report and accident, Woodland Road
- 9-19 Cape Elizabeth resident, barking/howling dog disturbing the peace, Charles Road
- 9-21 Cape Elizabeth resident, failure to produce insurance, Broad Cove, \$186
- 9-22 Portland resident, uninspected motor vehicle, Shore Road, \$148

ACCIDENTS

- 09-18 Cale Grant, Dean Whitney, Ocean House Road
- 09-18 Karen Doughty, John Kelley, Woodland Road

FIRE CALLS

- 9-11 Charles Road Fire Alarm
- 9-12 Arlington Lane Investigation
- 9-13 Old Sea Point Fire Alarm
- 9-15 Jewett Road Investigation
- 9-16 Shore Road Investigation
- 9-17 Scott Dyer Road Fire Alarm
- 9-17 Cape Woods Drive Fire Alarm
- 9-18 Ocean House Road Motor Vehicle Accident
- 9-18 Portland Mutual Aid
- 9-18 South Portland Mutual Aid
- 9-19 South Portland Mutual Aid
- 9-20 Preble Street Fire Alarm
- 9-21 Shore Road Structure Fire
- 9-21 South Portland Mutual Aid
- 9-21 South Portland Mutual Aid
- 9-22 Broad Cove Road
- 9-22 Fieldways Lane Fire Alarm
- 9-22 Breakwater Farm Road Fire Alarm
- 9-22 South Portland Mutual Aid
- 9-22 Murray Drive Investigation
- 9-24 South Portland Mutual Aid

RESCUE CALLS

There were 16 runs to Maine Medical Center. There was three runs to Mercy Hospital. There were 11 patients treated by rescue personnel but not transported.

The Cape Carpenter

carpentry • custom decks • interior/exterior painting
tile work • kitchens • bathrooms • create your own to-do list
remodeling • finish basements • clean-up garage & attics

**Dependable, Honest, Affordable, Fully Insured,
Excellent References, Cape Elizabeth Resident**

FREE ESTIMATES Dan Tardy 767-5032



STEVE PARKHURST
Broker/Owner 523-8102



BONNIE WRIGHT
Associate Broker 523-8103

Contact Steve at sparkhurst@townandshore.com



One Union Wharf
Portland, ME 04101
207.773.0262



COASTAL
Plumbing & Heating

**New Construction
Remodeling • Service**
Oil • Propane • Natural Gas

(207) 939-5822
www.coastalplumbingme.com

Brahms Electric



For All Your Residential Electrical Needs
(Repairs/Remodels and New Construction)

Dependable and Affordable!
Call: (207) 749-1343

SERVICES

Cape Elizabeth Church of the Nazarene

499 Ocean House Road (Route 77)
799-3692

www.capenazarene.org

Sunday School for all ages: 9:30 a.m.
Sunday Worship Celebration: 10:45 a.m.
Services streamed live or on demand:
watch.capenazarene.org

Cape Elizabeth United Methodist Church

280 Ocean House Road
799-8396

www.ceumc.org

Open Church, Thursday: 5:30 p.m.
Sanctuary Service: 10 a.m.
Child Care & Sunday School: 10 a.m.
Adult Sunday School: 9 a.m.

The Church of Jesus Christ of Latter-day Saints

29 Ocean House Road
799-4321

Sacrament Meeting:
Sunday, 10-11:10 a.m.

Sunday School: 11:15 a.m.-12 p.m.
Primary: 11:15 a.m.-1:00 p.m.
Relief Society, Priesthood:
12:00 -1:00 p.m.

The Church of the Second Chance

Greater Portland Christian School
1338 Broadway, South Portland
641-3253

Sunday: 10:30 a.m.-12:15 p.m.

Congregation Bet Ha'am

81 Westbrook St., South Portland
879-0028

www.bethaam.org

Worship: Friday, 7:30 p.m.
Saturday, 10 a.m.
Family Shabbat Services:
Second Friday, 6:30 p.m.

First Baptist Church of South Portland

879 Sawyer St., South Portland

799-4565

www.spfbc.com

Sunday Morning Worship: 9:30 a.m.
Coffee Time is at 10:45 a.m.
Sunday School is at 11:15 a.m.
Sermon audio is available on our website

Promised Land World Reach Center

536 Cottage Road, South Portland
799-3152

Sunday Prayer & Intercession: 9:30 a.m.
Sunday Worship: 10 a.m.
Family Bible Studies: Wednesday, 7 p.m.
Sermon recordings available to download

Saint Alban's Episcopal Church

885 Shore Road
799-4014

www.stalbansmaine.org

Sundays: 8 a.m., 9:30 a.m.
Celtic Service: Sunday, 5:30 p.m.
Nursery: Sundays, 9:30 a.m.

Saint Bartholomew Roman Catholic Church

8 Two Lights Road
799-5528

www.saintbarts.com

Sunday Mass: 9 a.m. and 11 a.m.
Monday & Tuesday Masses: 8 a.m.

First Congregational Church United Church of Christ

301 Cottage Road, South Portland
799-3361

www.fccucc.org

Worship: 8:30 a.m., 10 a.m.
Sunday School: 10 a.m.
Preschool Child Care: 10 a.m.
Game Room

First Congregational Church of Scarborough

167 Black Point Road, Scarborough
883-2342

www.fccscarborough.com

Sunday Morning Worship: 9:30 a.m.
Sunday School & Nursery Care

Third annual Tri-by-the Sea draws competitors from throughout New England



Contributed photo

Participants compete in the swim portion of the 3rd annual Tri-by-the Sea youth triathlon, which took place September 30.

The 3rd Annual Tri-by-the Sea youth triathlon took place Sunday, September 30. While more than half of the triathletes were Capers, others traveled from as far north as Brewer, Maine and as far south as Forestdale, Massachusetts to compete in this year's event. The events steering committee focused on promoting the event to swim and track clubs around New England as well as cross promoting with other youth triathlon groups. "The result, we had 15 Maine towns represented and three states," said Steering Committee Member Todd Larlee.

Oscar Herrera (14) of Brunswick, Maine won the mid distance course with a time of 0:27:25.2. Ian Frost (10) of Cape Elizabeth, Maine won the short course with a time of 0:12:42.9. And Colin Lannon (11), Max Neuner (13) and Charlie Jacques (13) of Port-

land, Maine won the relay with a time of 0:31:46.7.

Among the nearly 60 volunteers, we had many who returned to help including members of the CEHS Football Team as well as other CEHS students and new this year-volunteers from Massachusetts who travelled up to watch their children race!

This year's benefactor is Good Shepherd Food Bank and was chosen in part because of its work to end child food insecurity and child poverty in Maine. The event relies heavily on volunteers, most of whom are parents. "As parent's ourselves, we wanted to choose an organization that spoke to us all," said Steering Committee Member Andie Mahoney.

Next year's Tri-by-the-Sea is tentatively scheduled for Sunday, September 29, 2019.

Women in Harmony at First Congregational Church

Meetinghouse Concerts is pleased to announce its next concert on Saturday, November 3 at 7:30 p.m. Women in Harmony will be singing songs of resilience and hope in the church sanctuary. This fine chorus has a passion for excellence in vocal performance, the desire to make a positive impact on the world and a belief that music is the most effective way to inspire others to do the same. Tickets are \$12 ahead of time and \$15 on the day of the concert (available at Nonesuch Books, Church office, and Brownpapertickets.

Proceeds of the concert will support Sexual Response Services of Southern Maine and the work of the church. Don't miss this show!

Bean supper on October 20

Peoples United Methodist Church, 310 Broadway, South Portland will host a bean supper on October 20 from 5-6 p.m. Oven baked beans, home made casseroles and desserts will be available.

Scam Alert Bulletin Board

Reported by by Jessica D. Simpson

Social Media Scam from a "Friend"

You get a message through social media from a friend who you've known for years. After saying "hi" they ask if you have heard about a new type of benefit. After replying, they say they already received a six-figure sum and you can too. Or, they say that you're the winner of a fabulous prize, and you only need to pay taxes and fees on a website before you receive the money, vacation or other unbelievable prize. Please be careful! If you pay the money, you'll never receive the prize. If someone who is your friend in real life sends you a message like that over the internet, try to reach out another way, such as calling and ask if they are the one truly sending the messages. Most likely their account was compromised and scammers are trying to con you and many of their other friends. By contacting your friend directly, you can ensure they are aware of the problem and hopefully prevent others from being the targets of

scams. And, you can report the imposter to the social media authorities who will delete the second account.

Caught Speeding by Police Camera Scam

In a new scam, fraudsters may send an email that appears to be from a legitimate police department. The email claims that the recipient was caught speeding on a speed camera, and contains a link to pay the fine online. However, these emails and speeding fines are fake and scammers just use this as a way to steal unsuspecting, law abiding citizens' money or gather personal information to later steal an identity or hack a computer. Remember, many police departments still send citations through the mail, not through email, and many do not accept payment online. If you receive a fine you think is illegitimate, contact your local police department, or search for the supposed police department's real contact information online, to verify if a citation is fake.

town&shore
ASSOCIATES LLC

CINDY LANDRIGAN, Broker/Owner
Town & Shore Associates, LLC
One Union Wharf | Portland, Maine 04101
clandrigan@townandshore.com | 207.831.9084
www.townandshore.com

Leading REAL ESTATE COMPANY OF THE WORLD
LUXURY PORTFOLIO INTERNATIONAL

Judy's Food Pantry: a Community Feeding Itself

Where: Cape Elizabeth United Methodist Church
280 Ocean House Road
When: Every Tuesday from 3:00-5:00 p.m., July through November
The 2nd and 4th Tuesday, December through June

TVK Construction
ALL JOBS - Big or Small
Terry V. Keezer, Owner
Fully Insured

207.252.7375
www.TVKconstruction.com

Dr. David Jacobson
TWO LIGHTS DENTAL

Visit Us Today!
TwoLightsDental.com

Crescent Beach

Continued from page 1

the water. Some lead to rocky sections, others to smaller beaches that have formed over time. Down the last path before the park boundary is a pocket beach that runs for 100 yards or so. There you'll find some of the most colorful sand you may have seen - garnet sand. Some online research, and especially a paper written by Arthur Hussey and published by the Maine Geological Survey in 1981 ("The Geology of the Two Lights and Crescent Beach State Parks Area, Cape Elizabeth, Maine"), helped shed some light on how these deposits originated.

There are localities around the world known for the color and purity of their sands. The black volcanic sands of Hawaii and the white gypsum sands of New Mexico are a couple of examples. Garnet sands occur throughout the world as well and can vary in color depending upon the chemical composition of the garnets present. Garnet, a semi-precious stone that is often made into jewelry when found in larger size crystals, is a "heavy" mineral, so called because of its high density. This gives it a hardness and durability that resists fracture and erosion. Because of these characteristics garnet sand is mined in some areas for use as an abrasive in products like sandpaper. These same qualities are what have allowed the garnet sand to accumulate in this small cove and not be broken down or washed away.

Seen from a distance, the Crescent Beach garnet sand is a dark pink. The garnets may be almandine, one of the more com-

mon types. When wet, the sand takes on an even darker red color. Wet or dry, it's quite a change from the sand that makes up the main beach at the park, though traces of the garnet sand can be seen in lesser amounts throughout the main beach area. On the beach at the southern boundary of the park, the garnets predominate and make for a striking contrast to the surrounding rock. When viewed close up with the naked eye, and especially through a 10x magnifier, it's quite pretty. At first glance, it's hard to imagine where the sand comes from, as there aren't any rocks of that color nearby.

The source of the sand is close by but not readily apparent. The rocks along the shore in the area are from what geologists have named the Scarborough Formation. They are metamorphic rocks, originally sediments (sand, silt, and clay), that were later buried at great depth and subjected to high pressures and temperatures. These forces not only fused the individual sediment grains into solid rock but also caused recrystallization of secondary minerals, in this case garnets, that were not originally present. Garnet, though it occurs in igneous rocks as well, is often produced in this way.

The Scarborough Formation is mostly made up of phyllite, a metamorphic rock derived from very fine-grained sedimentary rock like shale. After being buried for millions of years, the rock was thrust back up toward the surface through tectonic forces. And while the rocks may have rested below the surface of the land even after being uplifted, folded, and/or faulted, erosional forces, mainly glacial here in Maine, uncovered them as gla-



Photo by Peter de Paolo

Visitors to Crescent Beach can expect to find some very colorful sand on one of its paths, different than the sand that makes up the main beach.

ciers moved across the landscape, scouring out great quantities of material as they went. Eventually, the phyllite of the Scarborough Formation ended up in its current position at the margin of the Atlantic, worn down over time by the action of waves and tides.

The garnets held in the bedrock can be hard to find unless you're willing to get up close to the mostly gray and black rocks that dominate the shore. And the iron staining that covers some of the surface of the rock make it even more difficult. I didn't have any luck finding any in the bedrock, but did find several small pebbles on the beach with garnets clearly visible under a 10x lens. As this type of pebble continues to erode, the garnets are freed up. The other softer lighter components are broken down into small enough

particles that they filter down below the surface or are carried out to sea. What's left are the pink garnets along with a mix of other harder, heavier mineral grains: the blacks, greens, and browns that give the sand its characteristic color.

While a trip to check out this geological oddity may not be the most exciting one you've ever taken, it's worth your time to take a look. A lot of forces have come into play over hundreds of millions of years to create this rare type of sand. But in case you're tempted to grab a few bucketfuls for your Zen garden, there are state park rules that strictly prohibit your doing so. Appreciate this little treasure where it sits. And enjoy your walk.

September Birding Report

By E. Brooks Bornhofft

One reason that I like the autumn bird migration is that it lasts longer than the spring migration. Some birds maintain their breeding plumage well into early September, many do not though, and this is what makes identification this time of year tricky. Additionally, most of the action happens at night.

During the first two weeks of September I saw good numbers of Black-throated Green Warblers and American Redstarts. Also, Red-eyed Vireos and Red-breasted Nuthatches visited our backyard patch on multiple occasions. I also found Ovenbirds hiding in the Pond Cove tangles above the rocky beach. The area surrounding Pond Cove is a honeypot for passerines and a very good place to find migrant birds in the fall. One reason is that many songbirds choose to migrate via inland routes during the spring and take coastal routes during their southbound journeys. This also makes the task of finding and identifying birds easier because there are not as many trees in full foliage.

On September 13 I flushed two Woodcocks. One within the Gulf Crest Trail system and one out by the Spurwink trail. The second of the two Timberdoodles I saw flew up into the dusky sky and I caught its silhouette against the waning crescent moon! Later in the week we had a single male Rose-breasted Grosbeak visit our feeders briefly in the early morning hours.

On September 19 Ruby-throated hummingbirds were still visiting our feeders. For the record we had our last resident Ruby throated leave our feeders on September 22. I also spotted a new yard bird, a Peregrine Falcon (the 109th unique bird I have seen on our property).

On September 28 a Great Blue Heron was spied stocking its next victim along the emergent wetlands of Robinson Woods II. On September 29 my wife called my attention to

October 3 - 28

"A beautiful, eloquent, dazzlingly inventive show about the wonders of life."
- EVENING STANDARD (London)

Directed by Brian P. Allen

THE CURIOUS INCIDENT OF THE DOG IN THE NIGHT-TIME

Based on the novel by Mark Haddon
Adapted by Simon Stephens

www.goodtheater.com

good theater

Starring
Rob Cameron
Griffin Carpenter
Janice Gardner
Chris Holt
Meredith Lamothe
Allison McCall
Jared Mongeau
Amy Roche

WINNER of 5 TONY AWARDS INCLUDING BEST PLAY

Tickets: (835-0895) Online: (goodtheater.com)
Wed/Thu 7:00, Fri 7:30, Sat 3:00 & 7:30, Sun 2:00
In Residence: **St. Lawrence Arts**, 76 Congress St. Portland

Gorham Savings Bank
Banking is believing™

Season Sponsors

Coast 93.1

98.9 WCLZ
Different is Good

Show Sponsors

The Park Danforth
THE RIGHT PLACE. THE RIGHT CHOICE.

the Rooms
HOTELS & RESTAURANTS

ATLANTIC HARDWOODS
"Keeping Conversation in Mind"

KATIE BROOKE
VITALIUS REAL ESTATE GROUP

Mary Walker
207.831.7291
Mary.Walker@NEMoves.com

Mary Walker and Helen Smith
Selling in Cape Elizabeth, South Portland,
Scarborough and beyond

Helen Smith
207.318.1765
Helen.Smith@NEMoves.com

Our professional broker services include:

- Presales consult
- Professional home staging
- Professional photography
- Referrals for quality cleaning & home project professionals

Call today for a free Competitive Market Analysis for your home!

Coldwell Banker Residential Brokerage
295 Ocean House Rd.
Cape Elizabeth, Maine 04107

Owned and operated by NRT, LLC

BUSINESSES/SERVICES

**ALWAYS BUYING
ANTIQUES & COLLECTIBLES**
Also Buying Paintings & Prints
G L Smith 671-2595

**WISH LIST HOME
IMPROVEMENTS**
Fine woodworking, general carpentry
and repairs. Call Dave at 874-0178.

ALL JOBS BIG OR SMALL
TVK Construction. Fully insured. Call
owner Terry Keezer for a free estimate:
252-7375.

HANDYMAN SERVICES
Repairs* Refinishing
*Project Completion
Call Scott 207-808-3403

CAPE SNOW PLOWING
767-8176 or 329-8122

FOR SALE / RENT

For Rent in Cape Elizabeth. 3 bed-
room, 1 full bath Cape Style Home on
Shore Road. \$2000/month plus Utilities.
Call Frank Strout at 207-776-4245

**Enjoy Cape Elizabeth photo note
cards** by naturalist Martha Agan
magan@maine.rr.com. Card assort-
ments available at Ocean House Gallery
near the library parking area.

MUSIC LESSONS

Flute lessons: For beginners and in-
termediates of all ages. Call Kris:
767-3712.

Piano lessons for all ages. Beginners
through advanced. Sandi Palmquist:
329-8345.

Guitar lessons. All ages and abilities.
Travel to you. Call Richard Corson 207-
400-0484

Bird report

Continued from page 18

an albino bird on our property. The bird was
identified as an Albino Chipping Sparrow.
To my delight a pair of resident bluebirds
with their new son dropped in to teach the
young bird how to navigate a suet cage.

In the early morning hours of September
30 my mother-in-law Judy Calise spotted a
Barred owl along Two Lights Road boarding
the backside of Two Lights State Park.

On the last day of September I heard
the husky chatter of the Blue-headed Vireo.
Blue-headed Vireos prefer mixed woodlands
of conifer and deciduous. This particular
vireo migrates later in the fall, primarily be-
cause it doesn't have to travel as far south as
other vireos in its range. This bird is much
easier to ID because it moves among the mid-
canopy levels rather deliberately (versus most
warblers and other vireo species, who move
very fast, flitting among the underbrush and
upper canopies in dense woods).

Other notables include: Surf and White-
winged Scoters have arrived just offshore, a
Yellow-bellied Sapsucker, two Northern Pa-
rula's and a female Nashville Warbler play-
ing hide-and-go-seek, and one of my most
favorite adaptable dwellers of our forestlands
a single chattering Carolina wren.

SENIOR CARE

ELDER CARE SERVICE
All aspects of care. Gentle, kind, com-
passionate care for your loved one.
Dependable and responsible, daytime or
overnight excellent refs. Please call
Diane 207-671-6966

SERVICES

Great Cleaner with great refer-
ences looking to clean your house
your way. Call Rhea 207-939-4278.

ENGAGEMENTS



Mr. and Mrs. Paul McDonald and Ms.
Ariette Scott announce the engagement
of their daughter, Jean Marie McDon-
ald, to Michael Brunson, son of John
and Jane Brunson of Flagstaff Arizona.
Jean is a graduate of Cape Elizabeth
High School and met Michael while
working in North Conway, New Hamp-
shire. They will reside in Manhattan,
Kansas where Jean is an elementary
school teacher and Michael is working
towards his PhD. A wedding is planned
for December of this year.

Next deadline: Oct 12th For Issue Date: Oct 24rd

CLASSIFIED AD RATES

\$5/line
Checks, PayPal (credit cards)
Minimum credit card order: \$12

MAIL WITH PAYMENT TO:
The Cape Courier
P.O. Box 6242, Cape Elizabeth, ME 04107

NAME	PHONE	EMAIL	
ADDRESS	ZIP Code	START DATE	**No. of ISSUES

PLEASE MAIL or EMAIL THIS FORM!
Please don't leave it at our office if no one is there.

Have a family
announcement you would
like to share?

- Birth
- Engagement
- Anniversary etc...

All Announcements are \$20, including a picture!
Email: advertising@capecourier.com

**Fellowship and spiritual enrichment evenings
at St. Bartholomew Church**

The Roman Catholic parishes of South
Portland, Scarborough and Cape Elizabeth
invite you to three evenings of fellowship
and spiritual enrichment, "This Mission
Is For You - Jesus in Our World." Father
Brian Wayne, director of campus ministry
of Millersville University and director of
vocations, diocese of Harrisburg, Pennsylva-

nia will be our guest speaker. The sessions
will be held at St. Bartholomew Church
from Sunday, October 28 through Tuesday,
October 30, 7-8:30p.m. Mini sessions will be
offered on Monday and Tuesday at 9:00 am.
Opportunities for Reconciliation and Eucha-
ristic Adoration will be available. For more
information, go to: www.saintbarts.com

Fundraiser at First Congregational Church

Daytime Players present a fundraiser
for the First Congregational Church of
South Portland on Sunday October 21, at

3 p.m. at Wright Pavilion. Admission by
donation.
Come enjoy family friendly entertain-

ment including skits, music, Billy Shake-
speare and stand-up comedy.

www.OceansideMaine.com
207-799-7600

RE/MAX
OCEANSIDE

Celebrating our
12th year
~ For all your real estate needs ~

Courier travels to South Korea



Contributed photo

On a recent family trip, Cape Elizabeth resident Barton Pinansky holds *The Cape Courier* at a Buddhist temple in Seoul, Korea. Barton is wearing hanbok, traditional Korean clothes.

Author talk at St. Alban's on November 3



Photo by Danielle Libine

Author Samuel Harrington, MD, practiced internal medicine and gastroenterology for more than 30 years before retiring to Maine in 2013. He has served on several hospital, hospice and nursing home boards, and is currently a board member of Island Nursing Home in Deer Isle.

Most people say they would like to die quietly at home. But the majority of older Americans spend their last days undergoing aggressive medical procedures instead of having the peaceful death they desire.

How this can happen, and strategies to avoid it, will be addressed in an author talk sponsored by St. Alban's Episcopal Church, 885 Shore Rd., on Saturday, November 3 at 7 p.m. Dr. Samuel Harrington, a medical doctor, hospice specialist and patient advocate, will discuss his book, "At Peace: Choosing a Good Death After a Long Life," and take questions during this hour-long community event. Topics will include recognizing a terminal

diagnosis, minimizing painful treatments, engaging in end-of-life conversations, creating clear advance directives and knowing when to seek hospice care.

"Whether you are caring for aging parents, still rearing children, or approaching the end of your own life, we hope Dr. Harrington's talk will open lines of communication on important issues that face us all," said the Rev. Timothy Boggs, St. Alban's rector.

Light refreshments will be served and books may be purchased following the talk. All are welcome. For more information online, visit stalbanmaine.org

Alzheimer's disease is not something families plan for. We get that.

If you need us, we're *here*.

- Specialized assisted living community for people living with Alzheimer's disease and related memory impairments
- Carefully selected and specially trained staff
- Personalized plans of care and support

