

# The Cape Courier

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An Independent Not-for-Profit Newspaper  
Serving Cape Elizabeth Since 1988

capecourier.com



Happy Halloween

## Sixth graders step back into time

By Hannah Lowenstein and Madeleine Franks



Contributed photo

Cape Elizabeth sixth graders pose next to their clay oven, which they built to learn about ancient civilizations.

Our Sixth Grade Team at Cape Elizabeth Middle School built a clay oven recently. We have been learning about Ancient Civilizations and how they transitioned from being hunter gatherers to agricultural societies. Our teachers, Mrs. Caruso and Mr. Kerr, thought that it would be a good learning experience if we made a clay oven to have some good background knowledge of how early people survived and how bread became important to these societies.

Our team received a grant from CEEF (Cape Elizabeth Education Foundation) to build the oven and bake pizza. We started by splitting into groups. The building group built the oven, the art group decorated the oven, the media group took photos of the work in progress and the community connections group contacted local news media outlets. The baking group chose the pizza dough recipe, made a shopping list and went to the IGA to purchase the ingredients, making sure that there was going to be enough pizza for everyone.

On Wednesday we started to build the oven. The first thing we did was dump perlite into the base of the oven for insulation. We mixed perlite and dry clay together, then added water slowly to the mixture. We put

that on top of the other perlite to create a base so we could carefully place firebricks for the oven floor. Mr. Kerr used a pencil attached to string to make a circle on the base of the oven. While he did that, some students mixed sand and water together, while others put the sand in the circle. They then put wet paper over the sand mound. Later that day, we built a mixture of sand, clay, and water around the sand mound to create the oven.

The next day we cut out a hole in the front of the clay oven and dug out the sand, leaving a perfect clay dome. Later that day we started making the dough. It was a very messy process because there was dough and flour everywhere.

Finally it was pizza day. The whole team was outside most of the day because we had to make with the oven really hot with wood and fire, which took about 2 hours. After the oven was hot enough, we started to make the pizza. One group at a time got their pizza cooked but it took longer than expected.

Even though it was a long week everyone had a good time making the oven and we learned a lot. We would like to thank all the parents that helped us with the oven making and CEEF.

## Friday night football scene



Photo by Sara LeTourneau

Senior tailback Zach Stewart carries the ball while Spencer Sprague and Matt Conley block. Cape Elizabeth beat York September 28 at home 33-7.

## Five candidates vie for three Town Council seats

By Kevin St. Jarre

There are five candidates running for three Town Council seats. Presented here, in alphabetical order, are the candidates and their responses to the same questions.



**Valerie J. Deveraux**

**Why are you running for Town Council?**

I greatly value our community and believe it's important to serve the common good through public service. Right now there are many important issues facing our town such as updating our comprehensive plan, paper street litigation, parking fees for Fort Williams and renovating our high school just to name a few. I have an extensive background in real estate, land use, family law and mediation as a lawyer for over 25 years. I also have experience in land conservation as the former Acting Director of the Trust for Public Land, Los Angeles Office. I have served on many boards of directors for youth organizations, non-profits, including a 4 year college and a school educational trust. I'm a strong believer in collaboration and I plan to bring fresh perspectives and ideas to the town council.

**What do you feel must be preserved in Cape Elizabeth? Why do you feel you are the best candidate to preserve that?**

It's important to preserve what makes Cape Elizabeth unique. This includes our sense of community, our exceptional schools and our dedication to our land and its history. I believe in working as a team and being accessible and open to new ideas and suggestions. I see our open spaces and our schools as some of our greatest assets. I am committed to collaborating with the school board, residents, educators and council members to strengthen and preserve our schools' and our town's exceptional qualities.

I have experience with land use and believe that my legal background will be important as a member of our town council. I am a volunteer in Cape Elizabeth schools which gives me an understanding of our schools and issues they are facing. I have experience from volunteering at other schools, teaching and being a member of boards. Also, as a parent I understand many of the issues we face and I bring an important perspective to the conversation.

**What do you feel must be changed in Cape Elizabeth? Why do you feel you are**

**the best candidate to make those changes happen?**

As a resident who loves this community, I've listened to people and become aware of areas where change could be beneficial. I want to hear what matters to you Cape residents because your ideas strengthen and shape the decisions that are made for our community. I also believe that it's important to preserve what makes Cape Elizabeth unique by working for changes within the guidelines that continue to promote our historical values. As a mediator I strongly support and encourage people to communicate and I welcome collaboration. I feel that these qualities are important in a council person and I see great value in hearing different points of view. I believe I can work effectively with residents and the other members of our town council on difficult issues and in creating positive changes.

**Is there anything you'd like to add?**

As someone who takes public service seriously, I bring extensive experience and a varied background along with fresh perspectives that I believe will benefit our community. I am deeply committed to positive changes for our town and do not take the responsibility lightly. I will work hard for you and hope to earn your vote on November 6th.



**Jeremy A. Gabrielson**

**Why are you running for Town Council?**

I am running for Town Council to be a strong voice for education and conservation. I moved to Cape Elizabeth as a high school student in the 1990s. After college, I studied community planning and worked as a regional planner in eastern Maine for seven years – helping communities with land use planning and economic development. My family move back to Cape Elizabeth five years ago. What brought us back were the same things that I valued living here as a teenager: our quality schools and access to open space.

In my current job as a conservation planner, I work with land trusts and towns to address issues of coastal access, open space conservation and to better understand the impacts of sea level rise on coastal communities.

-see ELECTION page 7



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## Millett is 'consistent and tenacious'

Rebecca Millett has done an excellent job representing Cape Elizabeth in Augusta for the past six years. We enthusiastically support her re-election for a fourth term. Having known and worked with Rebecca for many years, we are confident in her judgment, integrity, intelligence, and determination. It is these characteristics that have made her so effective in Augusta in supporting the issues we consider vital to the future of Maine – children, education, environment, and the economy.

Rebecca realizes that these issues are all interrelated and require a comprehensive approach to solving the state's toughest challenges. Quality education for all combined with a pristine environment form the foundation for strong economic growth in our state. These essential ingredients to a high quality of life are instrumental to attracting and re-

taining high quality jobs. Rebecca has been working diligently on these issues for many years, even before entering the Senate.

Rebecca's environmental leadership in the Senate has won her praise from the Maine Conservation voters. Her support of our children's education has yielded a 100% rating from the Maine Education Association. And her challenge to the retaliatory lobster tariffs reflects her support of sectors vital to the state's economy. Rebecca is consistent and tenacious in addressing key issues for Cape and Maine.

Like all Mainers, Cape residents deserve to have strong and experienced representation in our state government. Please join us in voting for Rebecca Millett for State Senate.

**Frank Governali and Terry Ann Scriven**

## Cape Elizabeth 'taught me the meaning of Dolce far Niente'

I just left visiting Cape Elizabeth and felt compelled to share my experience. I think I read too many Nicholas Spark books because I fell in love with Cape Elizabeth through my heart, not just my eyes.

The Cape spoke to me through its picturesque town. I became more attuned to 5 p.m. sunsets, so I could be tucked in by the ocean breeze in a blanket of sand. My movie each night was watching the ocean hug the sand so tightly yet, so gently. Witnessing the sun greet the moon in the most magical and breathtaking way. Listening to the seagulls poppysmic to each other.

All I could ponder in my mind is nature's life and love is not "ok" it's extraordinary! So why should we settle for anything less in our own life? "Ok" isn't

the reason you jump out of bed. "Ok" isn't passion and butterflies. "Ok" isn't how you feel about the one you love. The ocean does not promise the sand hugs nor does the moon promise to tuck the sun into bed every night that is simply, fate.

On my last walk along Crescent Beach I came across a treasured gem to Maine, a marble heart shaped rock. All I could think is penguin love. A penguin chooses the perfect pebble to give to one whom he will love a lifetime, was the Cape leaving me a sign? I certainly believed.

Cape Elizabeth taught me the meaning of Dolce far Niente, the ability to completely enjoy and savor a moment, the sweetness of doing nothing.

**Heather Clark**

## Support for Jamie Garvin

I support Jamie Garvin for re-election to the Town Council. Jamie has served the Town well. He is diligent, accessible, responsive, and a good listener. I hope you will join me in voting to re-elect Jamie.

**Mary Ann Lynch**



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We love feedback!  
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## Carney is 'intelligent, determined and thoughtful'

We first met Anne Carney and her family in 1993. Our oldest son became fast friends with Anne's youngest. Through that connection, we were fortunate to get to know Anne, to see her volunteer in the classroom, and to marvel at her ability to practice law full-time at a busy Portland firm. Like all who know Anne, we can attest to her intelligence, determination and thoughtfulness.

While in private practice, Anne represented both plaintiffs and defendants in civil rights claims. She also represented towns across the State of Maine. After 18 years in private practice, Anne entered the next phase of her legal career, donating hundreds of hours to the representation of indigent clients through Pine Tree Legal Assistance. Anne's compassion and tireless advocacy has brought much needed help to farmworkers, employees eligible for medical leave, and Mainers living in poverty who couldn't otherwise afford legal representation.

Anne's 24+ years of experience in the legal profession will enable her to be an effective representative for Cape Elizabeth. Perhaps even more important, Anne's breadth of experience will enable her to appreciate the challenges not only facing our town, but all of Maine. Anne is truly one of the most thoughtful people we know. Now more than ever, we need people like Anne in government.

Along with Dave's parents (David & Beverly Sherman) and our sons, we are proud to support Anne for the Maine House of Representatives.

**Dave Sherman**  
**Moey Burchenal**

## Mills 'understands the link between opioid crisis and education'

I have been a teacher in Maine for 30 years, advocating for children and families. In my school community I am seeing more and more families affected by the opioid epidemic. Janet Mills understands that universal Pre K and crucial school programs like aftercare, fully-funded social workers and vocational programs, make more engaged students. These students who have connections in school, then allow their families the ability to get back into the job force consistently. Families who work have decreased risks associated with the spiraling cycle of addiction that poverty can bring.

Vote for Janet Mills in November. She understands the link between the opioid crisis and education. There's never been a more important time in Maine to vote.

**Kate Williams-Hewitt**



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# Then and Now: Cape Elizabeth waterfront, private or public (1902 style)

By Jim Rowe



Photo courtesy of Cape Elizabeth Land Trust

## Great Pond

With the continuing controversy over shore access here in town, it is interesting to note that disagreement on public access to waterfront property is by no means a new phenomenon.

In 1902, passions became so enflamed that gunshots ensued and charges of assault with a deadly weapon were filed. The subject waterfront in that dispute was not the Atlantic shoreline, but rather, Great Pond.

For two and a half centuries, local freshwater fishermen and fowling had been partaking of the bounty that Great Pond had to offer. And then, a Portland sporting club acquired either through outright deed transfer or right-of-way- all of the land surrounding Great Pond, thus creating what it hoped would be a private game preserve and retreat for the sole benefit of its members.

Cape fowling took exception and forced the issue by continuing to hunt at the small

lake. The Portland sporting club hired security and tried to expel the perceived interlopers.

A pair of Cape Elizabeth hunters reportedly fired two rounds of bird shot, one of which applied non-lethal but stinging wounds to one of the security team members. The gunmen maintained that the security man had accidentally intercepted a shot that was intended for a duck.

Enter the lawyers, and the legal wrangling was soon under way at the local and county levels- not only about the shooting, but about the pond access issue. Eventually, the matter reached the docket of the Maine Supreme Judicial Court. There being no recent precedent upon which to rely, the court went back to a 1641 statute of the General Court of Massachusetts, which asserted that public access to any pond of over ten acres shall be "free and equal." The in-town interests had prevailed.

## CEHPS to host Crystal Ponti on November 5

The Cape Elizabeth Historical Preservation Society will meet Monday November 5, at 7 p.m. in the Community Services Building, located at 345 Ocean House Rd. Crystal Ponti, freelance journalist and host of one of the top history podcasts of 2018, *Historium Uneathia* will be the evening's guest. Ponti's work has appeared in many national and international publications as well as appear-

ances on NPR and the BBC. Join her for an interactive conversation that will challenge all of us to evaluate our relationship with history and how podcasting is reviving our past in new and colorful ways.

History matters. Please support your local historical society. Events are always free and open to the public.

## DEA National Drug Take Back Day October 27

On October 27, residents will be allowed to bring in their unused and unwanted prescriptions and over-the-counter medications to the Cape Elizabeth Police Department from 10:00 a.m.-2:00 p.m. for disposal. Residents should take advantage of this opportunity to clean their medicine cabinets and dispose of the unwanted medications in a safe and environmentally friendly manner. For more information contact Officer Darin Estes at 767-3323.

## League of Women Voters offering free presentation on Ranked Choice Voting

The League of Women Voters of Maine is offering a free presentation on Ranked Choice Voting and how it will be used on the November 2018 ballot. If your community group, church, school, or other organization would like to schedule a presentation email [sarah@mainerankedchoice.vote](mailto:sarah@mainerankedchoice.vote) or visit <https://mainerankedchoice.vote>.

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Democrat for State Representative, District 30

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Absentee voting begins at Town Hall on Tuesday, October 9  
Vote on Election Day at CEHS on Tuesday, November 6

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## School news from the superintendent

By Donna H. Wolfrom

Many exciting things are taking place in the Cape Elizabeth Schools this year. Cape Elizabeth Middle School (CEMS) is implementing a grant from the generous Cape Elizabeth Education Foundation (CEEF) in order to promote mental health awareness and help parents and students navigate mental health during adolescence. This year-round effort, "You Will Be Found @ CEMS," began in September with a parent meeting and an all school assembly facilitated by the group No Stigmas. The activity for October will be the planting of over 600 yellow tulip bulbs throughout the campus as a reminder of the importance of mental health awareness, in coordination with the Yellow Tulip Project.

On November 1, CEMS will host "Media Moms and Digital Dads-Parenting in the Digital Age" in the Cape Elizabeth High School Library. The event is funded by a grant through the Cape Elizabeth Education Foundation.

A group of 7th graders at CEMS recently completed a unit that culminated with a theater production entitled Galileo's Crime. This offered students the opportunity to study some of Galileo's work, to write poetry which became part of the production, and to practice their speaking skills as they offered four viewings of the play.

Pond Cove Elementary School (PCES) staff and students have been busy implementing new positive behavior and social skills expectations, including expectations for appropriate bus behaviors. The PCES students and staff have been working with Transportation Department Scheduler Pat Fowler and

the Cape Elizabeth bus drivers to practice appropriate behavior on the bus. Buses have been visible at the school at odd times during the day as bus drivers work with students, teachers, and administrators to promote positive bus behavior. In addition, rubrics for behavior expectations have been created for areas such as hallways, the cafeteria, and the playground. "Peaceful Pond Cove" expectations are having a positive impact on students in the school.

In addition to attending classes, Cape Elizabeth High School (CEHS) students have been busy participating in the many co- and extracurricular activities that are available such as soccer, volleyball, football, golf, tennis, cross-country and field hockey. Students who are involved in theater are involved in rehearsals for the Moises Kaufman production, The Laramie Project that will be presented Thursday-Sunday, November 15-18. Students from CEHS's AP Government class will host two candidates' nights. On October 24, they will provide a forum for candidates running to represent Cape Elizabeth in the Maine Senate and House of Representatives.

In addition to student participation in these many activities, we are happy to announce that we have 17 CEHS students who are attending Portland Arts and Technology High School this year. These students select specific programs to study such as Dance, Music, Welding, Plumbing, Commercial Art, Culinary, and the list goes on. These programs offer our students opportunities to earn certifications and to receive pre-college experiences in their fields of interest.

The Cape Elizabeth School Board has started work on the budget process early this year in hopes of providing opportunities to build communication with the Town Council as we all work to identify educational needs in our "one town" concept. Building this communication was identified by the School

Board as a goal for the 2018-2019 school year. Towards this effort, budget updates will be provided to the public following every Cape Elizabeth School Board budget meeting. The update from the first meeting, a budget workshop, is as follows:

### Budget Update #1: September 29, 2018

The FY20 Cape Elizabeth School Department budget development season began on Tuesday, September 25 at the workshop meeting of the Cape Elizabeth School Board. The meeting was divided into two parts.

First, the School Board focused on strategies used to develop the FY19 budget that were identified as effective and plans for improving the budget development process this year. Strategies that were identified as successful included evaluating programs and positions that had been added to the budget the previous year, spending a half day on administrative presentations, inviting a Town Council member to attend budget meetings, and explaining constraints and staffing that impacted the budget. Strategies to improve on when developing the FY20 process will be offering more information on the costs of providing a good education and comparisons with other school districts, ensuring consistent communication with the community throughout the budget development process, and explaining constraints and the impact of the EPS funding formula. The School Board also developed a list of things to do during the FY20 budget development process in order to provide community members with insight into, and information about, factors that are considered during the budget development process.

The second half of the September 25th workshop focused on the development of School Board goals for the 2018-2019 school year. The goals will be voted on by the Board at the October 9 regular business meeting. Once adopted, the goals will be used as a guide throughout the year in the budget development process, as a focus for School Board workshops, and to direct decisions made by the School Board.

Budget updates will be provided to the community after every School Board budget meeting in order to inform the citizens of Cape Elizabeth about the status of the FY20 budget development process. These updates will be available on the district website and Facebook page, in school newsletters, and hopefully, in local newspapers. In addition, videos

of the budget development process will be available on the Internet. Agendas for Cape Elizabeth School Board meetings are published prior to each meeting, and I would urge the citizens of Cape Elizabeth to attend these meetings. There are opportunities for citizen comments at each School Board Regular Business Meetings and Workshops.

## Cape Elizabeth Lions Club announces its 2018-2019 event schedule

The Cape Elizabeth Lions Club has a long-standing tradition of hosting breakfasts and dinners throughout the course of their fiscal year. They have recently announced their new schedule. The funds for these events are used to support various non-profit organizations throughout our community. The activities will also be posted on the CETV channel as the event date nears.

Mark your calendars and bring your friends and family to enjoy some wonderful Cape Elizabeth Community spirit. All events will be held at the Lions Clubhouse, located at 1 Wheeler Road.

### Saturday, November 17

Bean Supper, 5 to 7:30 p.m.

### Sunday, January 13

Pancake Breakfast, 7:30 to 11 a.m.

### Saturday, January 19

Spaghetti Dinner, 5 to 7:30 p.m.

### Sunday, February 10

Pancake Breakfast, 7:30 to 11 a.m.

### Saturday, February 16

Spaghetti Dinner, 5 to 7:30 p.m.

### Sunday, March 10

Pancake Breakfast, 7:30 to 11 a.m.

### Saturday, March 16

Spaghetti Dinner, 5 to 7:30 p.m.

### Sunday, April 14

Pancake Breakfast, 7:30 to 11 a.m.

### Sunday, May 12

Mother's Day Pancake Breakfast, 7:30 to 11 a.m.



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## Voters to consider 5 referendum questions

By Kevin St. Jarre

On Election Day, Nov. 6, voters will vote on five referendum questions. Four of them are bond issues, and the fifth is a citizen initiative that concerns a targeted tax increase intended to pay for the creation of a Universal Home Care Program.

**Question 1, the citizen initiative, will appear on the ballot like this:**

“Do you want to create the Universal Home Care Program to provide home-based assistance to people with disabilities and senior citizens, regardless of income, funded by a new 3.8% tax on individuals and families with Maine wage and adjusted gross income above the amount subject to Social Security taxes, which is \$128,400 in 2018?”

**Question 2 is a bond issue that concerns water treatment infrastructure:**

“Do you favor a \$30,000,000 bond issue to improve water quality, support the planning and construction of wastewater treatment facilities and assist homeowners whose homes are served by substandard or malfunctioning wastewater treatment systems? Total estimated life time cost is \$38,250,000 representing \$30,000,000 in principal and \$8,250,000 in interest (assuming interest at 5.0% over 10 years).”

**Question 3 is a bond issue borrowing money to improve transportation infrastructure, and reads:**

“Do you favor a \$160,000,000 bond issue, including \$101,000,000 for construction, reconstruction and rehabilitation of highways and bridges and for facilities and equipment related to ports, piers, harbors, marine transportation, freight and passenger railroads, aviation, transit and bicycle and pedestrian trails, to be used to match an estimated \$137,000,000 in federal and other funds, and \$5,000,000 for the upgrade of municipal culverts at stream crossings? Total estimated life time cost is \$135,150,000 representing \$106,000,000 in principal and \$29,150,000 in interest (assuming interest at 5.0% over 10 years).”

**Question 4 is a bond issue concerning Maine’s public universities and will appear like this:**

“Do you favor a \$49,000,000 bond issue to be matched by at least \$49,000,000 in private and public funds to modernize and improve the facilities and infrastructure of Maine’s public

universities in order to expand workforce development capacity and to attract and retain students to strengthen Maine’s economy and future workforce? Total estimated life time cost is \$62,475,000 representing \$49,000,000 in principal and \$13,475,000 in interest (assuming interest at 5.0% over 10 years).”

**Question 5 is another bond issue; this one is focused on improvements to all 7 of Maine’s community college campuses:**

“Do you favor a \$15,000,000 bond issue to improve educational programs by upgrading facilities at all 7 of Maine’s community colleges in order to provide Maine people with access to high-skill, low-cost technical and career education? Total estimated life time cost is \$19,125,000 representing \$15,000,000 in principal and \$4,125,000 in interest (assuming interest at 5.0% over 10 years).”

## Solution to October 10 Cape Crostic

Many small towns I know in Maine are as tight-knit and interdependent as those I associate with rural communities in India or China; with deep roots and old loyalties, skeptical of authority, they are proud and inflexibly territorial. Paul Theroux, “The Wicked Coast.”

- A. PORTLAND
- B. ASTRA
- C. UNDER KEY
- D. LEWISTON
- E. THE MAINE MALL
- F. HINTS
- G. EASTPORT
- H. RAYTHEON
- I. OLDS SEDAN
- J. UNLIST
- K. XACTO
- L. THIN
- M. HAIRIEST
- N. ENTITIES
- O. WINTRY WEATHER
- P. IDI AMIN
- Q. CAPE COURIER
- R. KATYDID
- S. EWING OIL
- T. DAFFODIL LILY
- U. CARIBOU
- V. ORONO
- W. ANTI
- X. SKIN
- Y. TOPSHAM MAINE

## Letters continued from page 2

### Thoughts on Robinson Woods trail

It had been many years since I last visited the Robinson Woods trail, but recently with my daughter and her family, I did. The beauty of the turning leaves and the nicely maintained trails and information boards were a tribute to all the volunteers who have put in their time and energy to improve this wonderful town resource.

My only regret was the surprising difference in the ponds which are being overgrown by vegetation and are virtually disappearing further into the trail. 15 years ago the view of water from the footbridge in both directions

was lovely. Now it is a tangle of cattails, fallen trees and rotten logs.

In Portland at Capisic Pond the same condition existed until recently when a major clean up took place. Now the water is again visible because the marsh growth has been eradicated or cut back. This same condition I see taking over the pond at Fort Williams. As an artist not an ecologist I don’t have any answers, just regret to see it happening.

Edward Materson

### Support for Jon Sahrbeck

I am a Democrat, but in the race for District Attorney for Cumberland County I find myself enthusiastically supporting an Independent candidate, Jon Sahrbeck. I ask that all Cape Elizabeth residents do the same, regardless of party affiliation, because Jon, who grew up and lives in Cape, is easily the best candidate.

First, as an attorney, I can confidently say Jon is easily the most experienced candidate. For virtually all of his legal career, Jon has been a prosecutor. For five years in Massachusetts, Jon prosecuted hundreds of complicated criminal matters, including drug trafficking, violent domestic matters, human trafficking, serious juvenile matters, and attempted murder. In 2012, Jon returned home to Maine to prosecute equally complex and varied criminal cases. Jon has also supervised

an eight-prosecutor branch of a District Attorney’s office. The other candidates do not have Jon’s level of trial and supervisory experience.

Second, Jon is intelligent, compassionate, and dedicated. I know this because Jon and I have worked together for many years as assistant coaches for Cape’s successful high school mock trial team.

Finally, Jon understands what society needs in a prosecutor. Obtaining a conviction in an appropriate case is important, but only if in doing so the goal is to obtain justice not to maintain an arbitrary high conviction rate. Jon has said it best “...it is my duty to strive for justice but act with compassion. I need to distinguish a good person who made a mistake from a bad person who got caught.”

David C. Hillman

### St. Bartholomew Church to host Father Brian Wayne

The Roman Catholic parishes of South Portland, Scarborough and Cape Elizabeth invite you to three evenings of fellowship and spiritual enrichment, “This Mission Is For You - Jesus in Our World.” Father Brian Wayne, director of campus ministry of Millersville University and director of vocations, diocese of Harrisburg, Pennsylvania will

be our guest speaker. The sessions will be held at St. Bartholomew Church from Sunday, October 28 through Tuesday, October 30, 7-8:30p.m. Mini sessions will be offered on Monday and Tuesday at 9:00 am. Opportunities for Reconciliation and Eucharistic Adoration will be available. For more information, go to: [www.saintbarts.com](http://www.saintbarts.com).

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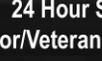


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# Where Are They Now?

By Makena Deveraux



Preston Stewart graduated from CEHS in 2018 and is now attending Harvard University. He's really enjoying his college experience so far and the hardest thing he's found with the college transition has been getting used to being away from home.

When he started high school, Preston was very interested in STEM and thought he wanted to pursue it in college. However, during his time in high school he realized his heart was in the humanities. At Harvard, he's decided to study government with a focus in international relations. International relations really piqued his interest in particular because he wants a job that involves traveling around the world. Even though his academic interests haven't changed since being at college, his extracurricular focus has. In high school, he spent most of his time doing performance-based activities like theatre, improv, and speech club. Now he finds himself now more

invested in community service. He said, "The community service options are more diverse at college than they were in high school, so there are opportunities I can take advantage of now that I wasn't able to in the past."

Stewart is really thankful for the strong foundation CEHS has laid for him in his education that will allow him to build off of as he progresses through college. He wants to grow "into a more independent and mature person who takes advantage of the opportunities around [him]," he said. After college, Stewart hopes to work for an NGO group such as Human Rights Watch, or Amnesty International, where he can make a lasting impact in the world around him.

## Scouting for Food to be held November 3

Please join the Boy Scouts in their annual food drive to support local families. They will be collecting donations on November 3 from 10 a.m. - 2 p.m. at the Cape Elizabeth Recycling Center and Pond Cove IGA

All donations stay within the community to help families who need a helping hand this holiday season. Please bring non-perishable food items or funds to purchase these items. Cape Elizabeth Lions and Scouts will deliver all collected food.

The Boy Scouts challenge you to make this the best food drive of all time. Please help us give these families a memorable holiday.

# CEHS Coach Boeckel to be inducted into Hall of Fame

By Kevin St. Jarre



Contributed photo

Cape Elizabeth High School teacher and volleyball coach, Sarah Boeckel, will soon be inducted as a member of the Stony Brook University Hall of Fame. She is pictured here with her brother and mother.

Stony Brook University has announced that Cape Elizabeth High School teacher and volleyball coach, Sarah Boeckel, will soon be inducted as a member of the Stony Brook University Hall of Fame. Boeckel was a standout student athlete in the same sport she now coaches.

Boeckel is in her 11th year of teaching at CEHS, and for nearly that entire time, she's been involved in the highly successful volleyball program. She said, "This is my 6th year as the varsity volleyball coach, and I coached junior varsity for 3 years" previously.

The coaching did not begin in Cape Elizabeth however. Boeckel said, "I've been coaching in some way since I was 16. I've coached volleyball camps, coached all levels at the national club volleyball, 12U to 18U, and was the assistant volleyball coach at

Canisius College prior to moving to Maine. Basically volleyball has been a major part of my life since the age of 12."

When asked about her best memories of playing at Stony Brook University, she said, "It was an exciting time for Stony Brook, they were making the move from Division II to Division I. It was fun being apart of the process, watching SB volleyball grow as a program. Being a collegiate athlete is an honor, and a responsibility. We were a great team, and a close team."

As a coach herself, Boeckel remembers those who coached her, saying, "I've been very lucky with the coaches I've had. I've been blessed to play for one of the greatest coaches ever, Sally Kus, she was my middle school PE teacher and in 6th grade told me I

-see Hall of Fame page 9

### Erin Grady, Broker

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- Work to keep our natural resources safe

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## Election

Continued from page 1

I hope to bring that perspective to my role on the Town Council.

### What do you feel must be preserved in Cape Elizabeth? Why do you feel you are the best candidate to preserve that?

Our two strongest assets in Cape Elizabeth are our schools and our open space. As a graduate of CEHS and the father of two current CEMS students, supporting public education in Cape Elizabeth is important to me. That means ensuring that our students have access to a safe, modern, well-designed learning environment. As the Town considers renovations to the schools, the Council has an important role to play. I hope to work with the School Board to make sure that renovations are in line with our students' needs and what the Town can afford. It will take careful consideration, but I think we can achieve both aims.

My experience on the Town's Conservation Committee has strengthened my commitment to protecting open space for all users. Our trails, parks and beaches are an asset for all residents. I firmly believe that the town should maintain public access to the coast. Where there are concerns, the Council should be pro-active both in maintaining the public's rights, and in addressing negative impacts that public access sometimes has on abutters.

### What do you feel must be changed in Cape Elizabeth? Why do you feel you are the best candidate to make those changes happen?

I see two areas where the Town should make changes to ensure that Cape Elizabeth continues to be a great place to live: transportation and resilience to climate change. Our transportation infrastructure is well designed to meet the mobility needs of motorists; however, we can do a better job meeting the needs of bicyclists and pedestrians. The Shore Path and improved sidewalks on Scott Dyer Rd

are steps in the right direction, but there is more to do.

Similarly, the new Energy Committee is a step in the right direction toward community resilience. However, we should also plan now for investments in infrastructure (roads, sewer, water) that will be impacted by sea level rise. My experience working with other communities to address similar issues makes me the right candidate for this role.

### Is there anything you'd like to add?

I would be honored to serve with any of the candidates in this race. They are all good people with the best interests of the Town at heart.



**James M. Garvin**

### Why are you running for Town Council?

I'm running for Town Council because I want to continue to serve the citizens by providing effective leadership, applying my experience, and bringing a pragmatic and common sense approach to the issues and decisions that are important to our community.

It has been a privilege and honor to serve on the Town Council for the last three years. During my term, I have listened intently to citizens' needs and concerns, introduced new ideas and approaches, and worked collaboratively with fellow councilors, town administrators, the school board, and others to make

decisions and implement policies that I feel are in the best interests of the town.

### What do you feel must be preserved in Cape Elizabeth? Why do you feel you are the best candidate to preserve that?

Like so many others, my family chose to live in Cape Elizabeth because of its incredible sense of community and small town feel; its mix of younger families and those who've raised their kids and remain here; its outstanding school system; and its natural beauty and access to open space. These are the essential qualities of Cape Elizabeth that we need to constantly work to support and preserve.

Through my advocacy, both during and before my time on the town council, along with a consistent track record when voting on issues related to these characteristics, I have demonstrated in my approach and actions an unwavering commitment to ensuring that Cape Elizabeth remains the amazing place that we all love and cherish.

### What do you feel must be changed in Cape Elizabeth? What do you feel you are the best candidate to make those changes happen?

I've been vocal during recent budget cycles about the need to change our approach to how we develop the annual budget. I have worked closely with the town manager to start planning for the next fiscal year budget earlier than we have in the past. And I've been asking questions that challenge some of the assumptions we've always operated under to see if there isn't a different approach we can take as we look to balance needs with anticipated yet limited sources of revenues, while also working more collaboratively with the school board and other stakeholders towards our common goals of providing the services the community needs while minimizing the property tax burden as much as possible. A very respected citizen addressed the council in the spring during one of our budget meetings imploring us to take a longer range view rather than the year over year approach that

we take today. I couldn't agree more, and hope to have the opportunity to work towards that goal with the next council.

Another thing that is likely to change in the relatively near future is how we staff our fire and rescue services. During my term, we've discussed with Chief Gleason the trends and challenges he sees today (and is forecasting for the future) with the current volunteer/per diem model that is employed to provide these critical services. My experience with this issue, as well as my often stated interest in exploring any cooperative or regional solutions, makes me well qualified to address this anticipated change.

### Is there anything you'd like to add?

I sincerely thank the community for the chance to serve, and hope to continue for another term.



**James C. Tasse**

### Why are you running for Town Council?

I am seeking office because I think I can have a positive impact on town government, and because I think town government can have a positive impact on our community.

I will bring a balanced, collaborative and positive perspective to the council. In my professional life, I have worked with towns across the state, and I have a good insight

-see TOWN COUNCIL page 9

# Senator Rebecca Millett believes every Mainer should have access to affordable health care.



## Rebecca Millett is working for a healthier Maine.

Rebecca has been a tireless advocate for improving the health of Maine citizens. She knows that Mainers are paying too much for health care. That's why as our state senator, she has worked across party lines to:

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- ◆ Push for paid sick leave
- ◆ Fight for lead-free water in our public schools

ON NOVEMBER 6, RE-ELECT

# State Senator Rebecca Millett

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# Capetoon: Autumn Migration

By Jeff Mandell



Drawn by Jeff Mandell

After the last leaves fall from the trees, the annual autumn migration of the Leaf Peepers has Cape residents looking to the skies.

## Garden Club to hold bulb-planting program on November 6

The Cape Elizabeth Garden Club will be holding a program in which participants plant flower bulbs for their own winter enjoyment at 6:30 p.m. Nov. 6 at the Thomas Memorial Library. The program, including the flower bulbs, is free. The event will give people a way to fill in their time from when they voted in the midterm election and the results start coming in. It will be pleasant to think about something else for a few hours.

The bulb-planting program will be similar to one held last year, with a few improvements. Because last year bulbs ran out toward

the end of the program, the Garden Club has ordered twice as many paper-white narcissus bulbs for this year. And because some people are genetically disposed to disliking the aroma from paperwhites, the club will also have some hyacinth bulbs available for forcing.

Participants should bring their own containers for the bulbs. Containers should be about two inches deep and at least at least three inches in diameter. For information, contact Tom Atwell at tomatwell@me.com or 767-2297.

# Exterior painting and restoration work completed on Lions Clubhouse

By Roger Bishop



Contributed photo

Part of the Lions members finishing the painting; others were on each side of the building.

After two years of painstaking work on replacing wood siding, scraping, priming and painting the Lions Clubhouse on Wheeler Road has been completed. This building was recently placed on the National Park Service's Register of Historic Places. Locally it is sometimes referred to as the Bowery Beach School or Crescent Lodge. As a way of maximizing their charitable funding the Lions decided to restore the exterior surface using "Lion Power" for the tasks. Several Lion members donated significant time and labor. Among those leading the way were Bill Stressenger, Dana Bruns, Carl Stephenson, Mark Fleming and Benson Dana.

In addition to the Lion members, several community organizations lent their support. Among those were Maine Paint in South Portland who donated paint, and the Anthem Foundation provided a generous cash dona-

tion. Cape Elizabeth businesses are pitching in as well. Tamaro Landscaping & Property Services are grading the parking area and L.P Murray is providing the crush stone to finish the parking lot.

The Cape Elizabeth Lions pride themselves in giving to the community. However, without the generosity of Cape Elizabeth and surrounding communities, from citizens and businesses, that goal would be near impossible to achieve. Thank you to all of you. Remember, building rental is available for private events. Check out the Lions Facebook page.

The final push for completion took place on September 29th with over two dozen Lions finishing the final coat of paint and landscaping chores. At noon the group celebrated with a BBQ hosted by the Club President Denna Mayo Bruns.

## RE-ELECT

# JAMIE GARVIN

## CAPE ELIZABETH TOWN COUNCIL

It has been a privilege and honor to serve this community on the town council for the last three years. I hope that the results that I've helped to achieve, the collaborative approach that I've taken, and the unwavering commitment that I've shown will earn me the opportunity to continue to work for common sense solutions on the issues that are important to our town. I would be honored by your support and your vote.



**Vote Jamie Garvin  
November 6th**

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- Town Council Chairman (2017)
- Finance Committee Chairman (2018)
- ecomaine Board Member

### ENGAGED

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### EFFECTIVE

Collaborative, results-driven, committed to making fact-based decisions



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## Town Council

Continued from page 7

into how public processes can most effectively work. I believe I can work with the other members of the council to achieve the sensible compromises that are at the core of the representative democratic system. I am open-minded, willing to be persuaded with reason and data, and committed to working to improve the quality of life for the residents of Cape Elizabeth.

I feel I have in some measure already been working to improve the quality of life for the people of Cape Elizabeth by serving on the Conservation Committee to manage, maintain and improve our great Greenbelt system. This summer, I was the lead on creating the new, smooth trails in the Winnick Woods area, and on replacing the steps at Seaview Beach. I am interested in expanding my role in helping to keep Cape Elizabeth a great place to live, work and play.

### What do you feel must be preserved in Cape Elizabeth? Why do you feel you are the best candidate to preserve that?

I feel that the town must maintain its traditional commitment to preserving public access to places where the public has rights. In my work with the Cape Elizabeth Conservation Committee, I have been seeing an increasing number of efforts to restrict public access to historic open spaces. I believe that we need to work together to make sure that all residents of Cape Elizabeth have the ability to access the spaces that the public has rights to use, and not to give up those rights lightly or cheaply. I am the best candidate to address this issue because I have already been a leader on public access, and I have considerable experience with open space management.

### What do you feel must be changed in Cape Elizabeth? Why do you feel you are the best candidate to make those changes happen?

I think that Cape Elizabeth needs to become a more walkable and bikeable community. Roads often lack shoulders or sidewalks, leaving pedestrians, bicycle riders and other vulnerable users at risk of being hit by motor

vehicles. The current town comp plan mentions the need to improve bicycle and pedestrian conditions in town, but little has been done to implement the recommendations. The new draft plan doesn't place enough emphasis on the need to improve the ability of people to use Cape Elizabeth's public streets without a car. Providing safe walking and bicycling conditions will improve quality of life in town, and encourage people to explore alternatives to driving for every short trip, reducing congestion. This kind of work is largely what I do for a living, and there are few people more qualified to lead such conversations than me in Maine.

### Is there anything you'd like to add? Vote for Tasse!



John C. Voltz

### Why are you running for Town Council?

Community involvement and service has always been something I admired in others. Recently, I have had the pleasure of serving as a member of the Cape Elizabeth School Board for the last three years, including the most recent year as the Finance Chair. At this point, I feel like I can make a greater contribution on the Town Council. I see the position as one of listening, guiding, and enabling the Town staff to excel. Town Councilors should lead through vision, collaboration and fact-based deliberation. I think during my time on the School Board, I have demonstrated that I will bring those skills to being a Town

Councilor.

### What do you feel must be preserved in Cape Elizabeth? Why do you feel you are the best candidate to preserve that?

I feel there is a lot in Cape Elizabeth that needs to be preserved – stewardship is a critical role for town leaders. Specifically, some items that I think merit careful stewardship to preserve them are: the strong sense of community and cooperation in Cape Elizabeth, open spaces including Fort Williams, and our schools. I believe I am a good candidate for the Council because I am a long-term strategic thinker, a collaborative colleague, and a data driven decision maker. These skills are critical to good stewardship.

### What do you feel must be changed in Cape Elizabeth? Why do you feel you are the best candidate to make those changes happen?

While there is much to preserve in Cape Elizabeth, there is certainly much that can be improved. A few areas where that I feel merit attention include financial reporting and communication. I would like to see Cape Elizabeth pursue the best practice budgeting standards like those set forth by the Government Finance Officers Association. I would like to see the Town take a broad and deep look at its existing revenues sources and possible new revenue sources, and develop more transparent long-term planning, especially financial planning. Lastly, I would like to see a more proactive effort by the town to foster an even greater sense of community and participation.

With my finance and budget background and my history of community and school involvement, I feel like I am well positioned to help guide the town toward these sorts of improvements.

### Is there anything you'd like to add?

If elected, I will try to live by a piece of advice, that had its origins in the Harvard Negotiation Project, and was passed along to me by my father: "Be hard on the problem and soft on the person."

## Hall of Fame

Continued from page 7

should play volleyball, and it was the greatest gift she could have done for me. Volleyball has helped pave many roads in my life. She was/is a phenomenal coach. Rick Cole was my club coach in high school, and was one of the most technical, fundamental coaches I've had. Those two are major influences in the way I coach and teach. Teri Tiso was my coach at Stony Brook, another great coach, and role model."

Boeckel obviously still loves the sport itself. "I love that it's a true team sport, you need all six of you on the court working together. It's fast-paced, technical, and physically and mentally demanding. It's been awesome to be apart of the growth of volleyball in Maine. I love hearing people say, 'I had no idea volleyball was so exciting and hard,'" she said.

Boeckel says the keys to winning volleyball are teamwork, unselfish play, hard work, discipline and athleticism.

Of being chosen for the induction, Boeckel said, "I was inducted with my high school team in our Sweet Home High School Hall of Fame in 2012 and that was an amazing honor; being inducted to the Stony Brook Hall of Fame as an individual is an incredible humbling honor. I wouldn't be inducted without the support of my teammates, and them making me look good on the court."

Boeckel credits support off the court as well. She spoke of family, saying, "We lost our mom 2 years ago this month, and she was provided incredible support, encouragement, and guidance for me. She taught my brother and me to work hard, don't be afraid to fail, and to get back up if you get knocked down. She would be so proud of me and would love nothing more than to be sitting front row at the ceremony."

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Town of Cape Elizabeth Comprehensive Plan 2019

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# October 30, 2018

## Public Workshop

Public Workshop

Tuesday, October 30, 2018

At 7:00 pm

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[maureen.omeara@capeelizabeth.org](mailto:maureen.omeara@capeelizabeth.org)

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- *How should the town regulate land use?*
- *What types of housing do we want to see?*
- *How can the town protect existing open space?*

Your input is essential to ensure that the plan represents all the citizens of Cape Elizabeth.

## Cape Elizabeth birding report: October 1-15

By E. Brooks Bornhofft

Notable mentioning's over the first two weeks of October include a close encounter between a Pileated Woodpecker and a Belted Kingfisher within "Robinson Woods III", a Barred Owl calling before dusk almost every night in Robinson Woods I, a slight uptick in Red-breasted Nuthatches and Blackpoll Warblers high and low.

During the first week of October Cape experienced huge numbers of migrating Yellow Rumped (Myrtle) Warblers. Often times it was futile to even try to count them. There has also been a very impressive inundation of White-throated Sparrows, many of which will stick around until next Spring.

On October 8th I came across a Ruffed Grouse along outskirts of the Gull Crest trails. We have two types of Grouse in Maine however only Ruffed Grouse inhabit Cape. The bird approached me and might have even given me a peck had I not shooed it off. Upon further investigation I learned that there is in fact something called the "tame" grouse phe-

nomenon. The two most plausible theories explaining this strange behavior are - one, that tame grouse are not tame at all, rather they are crazy territorial (I did flush a second grouse not far from this bird). If this theory holds weight than I suppose that this bird was not being friendly. I also read that you can test this theory by reaching for the bird. If you reach for it, it will try to attack you... and it did. The tame-grouse phenomenon is usually short-lived and occurs mostly in the spring and fall, when hormones are all in a flux. Once the hormones settle down and the day length shortens, the tame grouse will vanish back into the woods.

The second tame grouse theory is that the birds are "a genetic throwback" to grouse, pre-European colonization, where the Ruffed Grouse was considered very foolish and could be knocked from a tree branch with ease, hence the old nickname "fool hens". Anyhow, most modern-day Ruffed Grouse

-see Bird report page 11

## Artist Margaret Gill's work on exhibition at Thomas Memorial Library

By Kevin St. Jarre



Contributed photo

Visual artist Margaret Gill's work is currently on display at Thomas Memorial Library

Margaret Gill is a visual artist working in various media, including oil on canvas, pastels, conte pencil and shadow boxes. Her work is currently on display at Thomas Memorial Library. Gill said, "I am so pleased to have the opportunity to introduce myself and my work to the Cape Elizabeth community.

This exhibition demonstrates two aspects of my creative life- crafting and painting. The catalyst for my shadow boxes was a trove of cards left to me by my mother. To preserve these beautiful cards, I decided to incorporate them into the boxes you see here. In turn, the boxes gradually became like small stage sets. Their theatricality appeals to my love of miniatures, an enthusiasm shared by many. I call the results 'forever greeting cards.' I hope you enjoy them."

In addition to creating the shadow boxes, Gill is a painter. "The second part of the exhibition is my professional work. I have been painting all my adult life. The primary source of my imagery is the Fox Islands of Penobscot Bay. Their beaches, woods, farms, and fields are a never-ending display of beauty. The paintings are, first and foremost, a way for me to apprehend reality. In turn the canvases become, I hope, a vehicle for reflection by the viewer," she said.

Her paintings are a way of capturing the transitory; they give the viewer time to contemplate how temporary everything around us is. Gill said, "A cliff face is seemingly solid until part of it erodes and tumbles to the shore. The resulting boulders and beach stones feel solid to the touch but give way to the relentless pounding of surf. The resulting sand forms beaches that may be configured one way today and another way tomorrow. Time and tide indeed wait for no one as they make their inexorable journeys. What is it about beach stones that so beguiles us? We pick them up, hold them, admire their design. Then we bring them home and set them on a shelf as a reminder of our beach experience.

-see GILL page 11

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**Gill**

Continued from page 10

Now we must go deeper in reflecting on reality. Climate change and, concomitantly, rising sea levels are intruding on that plane of thought. I record the shoreline as it is now, a testament of its fragility. There may not always be stones on the beach.”

Gill tries to put in time at her easel every day, in a time that is also transitory for the arts. She said, “The ‘art world’ in general has been radically altered by the Internet. Artists are no longer wholly dependent on be represented by a commercial gallery. We can be vendors, as well as the producers. But, it’s not easy to argue into this dual role. What has remained constant is the need to record what I see. This is not a unique attribute. It is described by both artist and art historians as the ‘need to make sense of experience.’ How I experience the world. Do you, as the viewer, share that?”

When asked for the names of artists who have inspire her, Gill said, “Winslow Homer. John Singer Sargent. William Merrit Chase. Well, their sheer dazzling brilliance. Not only their technical virtuosity, but what they had to say about the world. One can only aspire to their level. And fall short. But, keep trying. I am [also] a big fan of my contemporary, Eric Hopkins.”

Her favorite place to view art is in the Metropolitan Museum, and she has a particular place where she finds inspiration. “I spend several weeks each fall on North Haven in Penobscot Bay. It’s the source of my imagery. I never tire of looking at its beauty. I cannot help now but dwell on its fragility. Climate change and rising sea levels will have a terrible impact on our islands,” she said.

Gill graduated from Cornell University with a BFA in painting and from the University of Delaware with a graduate degree in the History of Art. Her art will be on display at the Thomas Memorial Library until Oct. 30.

**Local Writers at The Busy Bee**

On Saturday, October 27, from 4–5 p.m., Local Writers at THE BUSY BEE (formerly The Local Buzz) will host the award-winning Maine fiction author, Lewis Robinson, and former Portland Poet Laureate, Gibson Fay-LeBlanc. Located at 327 Ocean House Road, the event is free and open to the public.

Lewis Robinson is the author of the novel Water Dogs and the story collection Officer Friendly and Other Stories, both published by Random House. A winner of a Whiting Award, his short fiction and essays have appeared in Tin House, The Baffler, Sports Illustrated, The New York Times Book Review and on NPR’s Selected Shorts. He has taught fiction writing at the University of Iowa, Colby College, the University of Maine at Farmington, and Stanford University’s Continuing Studies program.

Gibson Fay-LeBlanc served as the City of Portland’s fifth Poet Laureate. His first collection of poems, Death of a Ventriloquist, was chosen by Lisa Russ Spaar for the Vassar Miller Prize and published in 2012. Gibson’s poems have appeared in magazines including Guernica, The New Republic, and Tin House, on the PBS NewsHour Art Beat, and recently in jubilat, Slice, FIELD, and The Literary Review. He has taught writing at conferences, schools and universities around the country and including Columbia University, Haystack, and University of Southern Maine, and helped lead community arts organizations including The Telling Room, SPACE Gallery, and Hewnoaks Artist Colony. Gibson edits the weekly “Deep Water” poetry column for the Portland Press Herald and is now the Associate Director at Maine Writers & Publishers Alliance.

**Double win for Hankes at Harvest Party**



Contributed photo

Pictured is Grace Hankes with Anne Carney, who won not only the Young Chef’s pie contest but also the overall People’s Choice recently at CELT’s annual Harvest Party. Hankes’s friend Maddie Berman (not pictured) helped in the baking.

**Bird report**

Continued from page 10

have been “educated” generation after generation over the past several hundred years into a healthy fearfulness of us humans.

Additionally, Brown Creepers and Ruby Crowned Kinglets have been wonderfully abundant. Both species seem to take their time on Fall migrations which is more than fine by me as I will miss their rollicking songs that intertwine and echo from our beloved forests.

**Structures and equipment available for best offer**

The Cape Elizabeth Land Trust has purchased an old farm property that has some structures and equipment available for best offer. Included are a large greenhouse, manure spreader, hay rake, tiller, and others. Photos available upon request. Offers will be entertained until November 7. Please plan to remove everything by the beginning of December. For more information, contact the CELT office at [stewardship@capelandtrust.org](mailto:stewardship@capelandtrust.org).

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# Library hosts columnist Lew-Ellyn Hughes, playwright Bess Wheldon, offers presentation on falcons and plans to host Harry Potter Quidditch tournament

**Notice:** The Library Will Be Closed Monday, November 12 in Observance of Veterans Day.

## Library Plans Harry Potter Quidditch Tournament for Election Day

Ever wonder what it's like to play Quidditch? Now is your chance! Join us on November 6th from 11am-12pm for a backyard pick-up Quidditch game! Don't forget to wear your Quidditch robes! Teams will be decided the day of the event. Brooms and other Quidditch equipment will be provided. Please register for this event on our website at [thomasmemorial.org](http://thomasmemorial.org)

## ADULT PROGRAMS

### Senior Tech Time - October

Wednesday, October 24  
10:30 a.m. - noon  
If you have tech questions, we'll help you in any way we can working together as a group and addressing individual questions. Recent questions have been about iPads, email, access to the Internet, deleting folders. We're ready to tackle anything! Bring your curiosity and bring your devices!

### Investing in your Children's Future

Thursday, October 25  
6:30-7:30 p.m.  
Tak Suppasettawat, CPA, CFP, joins us again this month to talk about efficient and affordable ways to save for your child's education. She'll help us understand various grants and incentives that are unique to Maine residents. The format will be somewhat informal. Tak will update us on the latest in financial planning around kids, then will open up the floor for questions and answers. Parents and grandparents can learn from this session!

### Mystery Making – How the Stories Get Told

Tuesday, October 30  
6:30-8:00 p.m.  
Do you have what it takes to solve a

good mystery? If so, you don't want to miss working with mystery writers Barbara Ross, Brenda Buchanan, and Richard Cass to help solve a mystery on the fly. This esteemed panel of authors will draw facts for a mystery to be solved, then, with intense help from the audience, they'll open up about how they make decisions when they create their books. The panel has done this program at other libraries and hilarity generally ensues.

### An Evening of Storytelling with Award-winning Columnist Lew-Ellyn Hughes

Thursday, November 1  
6:30-7:30 p.m.  
Join us for an evening of stories about love, parenting, grand-parenting, aging, and family with award-winning columnist Lew-Ellyn Hughes. Weaving a love of words with a love of history, Lew-Ellyn will share humorous, insightful stories about Maine and its people from her book, *Maine Stories*.

### Portland Stage Talk-Back Series: Refuge Malja

Saturday, November 3  
1:00-2:00 p.m.  
We are excited to have Portland Stage join us for a series of "talk-backs" about each of their upcoming shows. In November, Bess Welden, playwright of *Refuge Malja*, will join us to talk about this exciting new work. She'll answer questions about the writing process, and about what it was like to be part of this production.

### Garden Club Workshop: Paperwhite and Hyacinths

Tuesday, November 6  
6:00-8:00 p.m.  
Paperwhites and hyacinths require little more than to be potted and watered to produce clusters of fragrant blooms to cheer up your winter household. In this workshop, hosted by The Cape Elizabeth Garden Club, we'll show you how to grow these gorgeous bloomers with nothing more than water and

stones or pebbles. Please bring your own watertight container with sides about three to four inches high to contain the bulbs. Rock chips and bulbs will be provided. The workshop will start at 6:30. Please join us for coffee and snacks beginning at 6 p.m. After we get our bulbs potted, we'll share ideas for new gardening related books for holiday giving. This event is open to the public. You don't have to be a member of the Garden Club to attend!

### Maine Wildlife Series: Meet a Falcon

Thursday, November 8  
6:30-7:30 p.m.  
Do you think the fastest animal on earth is the cheetah? Would you be surprised to hear that the answer is a falcon? Falcons are powerful and impressive members of the raptor family that have awed and inspired humans for as long as we have existed. Join us this month to learn about these fascinating birds as we continue with our Maine Wildlife Series. At this talk, you'll meet one of the Center for Wildlife's impressive non-releasable falcon education ambassadors, Freyja or Perry, and Maeve, their Merlin.

### Ongoing Adult Programs

- **Knitting Group** – Meets every Monday at 1:00 p.m.
- **Democracy Cafe** – Meets the second Tuesday of each month from 6:30-8:00 p.m.
- **Morning Book Group** – Meets the second Wednesday of each month from 9:30-11:00 a.m. On 11/14, we'll be discussing *I Was Amelia Earhart* by Jane Mendelsohn
- **Writers' Accountability Group** – Meets the third Wednesday of each month from 10:00 a.m.-noon
- **Evening Book Group** – Meets the third Thursday of each month from 7:00-8:30 p.m.. On 11/18, we'll be discussing *Manhattan Beach* by Jennifer Egan.
- **Senior Tech** – Meets the fourth Wednesday of each month from 10:30 a.m.-noon

### TEEN PROGRAMS

#### Anime Club

Mondays from 2:30-4:00 p.m.  
November 5 and 19  
Come hang out with friends while we watch and generally geek out over all things Anime! Open to ages 13 and up.

### Dungeons & Dragons Club

Tuesdays from 3:00-6:00 p.m.  
October 30 and November 6  
Our D&D Club meets every Tuesday after school from 3-6pm. Open to ages 13 and up. Registration is closed, but for more information please email Alyssa at [alapiere@thomaslib.me.us](mailto:alapiere@thomaslib.me.us)

### Crafternoons

Thursdays from 2:30-3:30 p.m.  
October 25 and November 1  
Join Kiah and Alyssa for a different drop-in craft project each week! Open to ages 10 and up.

### Game On

Fridays from 2:30-4:30 p.m.  
October 26 and November 2  
Game On is back! Come to the library after school every Friday to play board games and card games or battle your friends in Super Smash Bros. on our Wii-U! All ages welcome.

### Quidditch Tournament

Tuesday, November 6  
11:00 a.m. - 12:00 p.m. on the library's front lawn  
Join us to play Quidditch! Teams will be decided the day of the event. Brooms and other Quidditch equipment will be provided. Please register for this event on our website at [thomasmemorial.org](http://thomasmemorial.org)

## CHILDREN'S PROGRAMS

Our regular weekly story times continue—please check our website for details. Below are a few special events coming up!

### Families Discover Great Artists, for families with children ages 4 and up

Saturday, November 3  
3:00 pm - 4:00 p.m.  
Families with children ages 4 and up (older children and teens welcome!) are invited to join Kiah on the first Saturday of each month for a hands-on family program exploring the ways great artists create their work. Learn about a famous artist, and work on art projects based on that artist's distinctive style. No registration necessary! This month: Create art inspired by the work of Georgia O'Keefe.

### Rag Doll Workshop, for all ages

Tuesday, November 6  
1:30 - 2:30 p.m.  
Kids out of school today? Bring them to

-see LIBRARY page 13



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## Library

Continued from page 12

this fun workshop with Karen Richards Toothaker. Kids will make and decorate their own adorable rag doll to take home and love. All materials will be provided. No registration necessary.

### Musical Story Hour with Jud Caswell, for ages 3 and up

Thursday, November 8  
1:00 pm - 1:45 p.m.

Singer/songwriter Jud Caswell returns for his monthly program. Sing songs, play musical games, and hear stories accompanied by Jud's own original music. No registration necessary.

## “At Peace” Author Talk at St. Alban’s on November 3

Most people say they would like to die quietly at home. But the majority of older Americans spend their last days undergoing aggressive medical procedures instead of having the peaceful death they desire.

How this can happen, and strategies to avoid it, will be addressed in an author talk sponsored by St. Alban’s Episcopal Church, 885 Shore Rd., on Saturday, November 3 at 7 p.m.

Dr. Samuel Harrington, a medical doctor, hospice specialist and patient advocate, will discuss his book, “At Peace: Choosing a Good Death After a Long Life,” and take questions during this hour-long community event. Topics will include recognizing a terminal diagnosis, minimizing painful treatments, engaging in end-of-life conversations, creating clear advance directives and knowing when to seek hospice care. “Whether you are caring for aging parents, still rearing children, or approaching the end of your own life, we hope Dr. Harrington’s talk will open lines of communication on important issues that face us all,” said the Rev. Timothy Boggs, St. Alban’s rector.

Light refreshments will be served and books may be purchased following the talk. All are welcome. For more information online, visit stalbanmaine.org.

## Missing person, theft of jewelry, suspicious post on social media

Reported by Marta Girouard

### COMPLAINTS

- 9-25 Two officers responded to a residence in the Woodland Rd area for a well-being check.
- 9-26 An officer met with a resident of the Mitchell Rd area for a missing person report.
- 9-27 An officer received 2 credit cards from a park ranger at Fort Williams. Owner was identified and contacted and cards returned.
- 9-28 Two officers responded to a residence in the Shore Rd area for a domestic disturbance.
- 9-28 Two officers responded to a residence in the Spurwink Ave area for a domestic disturbance.
- 9-28 An officer met with a resident of the Shore Acres area regarding harassment complaint.
- 9-29 An officer met with a resident of the Mitchell Rd area regarding a trespass complaint.
- 9-30 An officer met with a resident in the Kettle Cove Rd area regarding a missing person report.
- 9-30 Two officers responded to a residence in the Mitchell Rd area for wellbeing check.
- 9-30 An officer responded to a residence in the Scott Dyer Rd area for an assault complaint.
- 10-1 Two officers responded to a residence in the Shore Rd area for wellbeing check.
- 10-3 An officer met with a resident of the Shore Rd area concerning a suspicious post on social media.
- 10-3 An officer met with a resident of the Mitchell Rd area regarding a lost or stolen temporary license plate.
- 10-3 An officer met with a resident of the Mitchell Rd area regarding a scam e-mail received on the complainant’s computer.
- 10-3 An officer met with a resident of the Starboard Dr area regarding a theft of jewelry.
- 10-4 An officer responded to a residence in the Woodland RD area for a well-being check.
- 10-5 An officer met with a resident in the Shore Rd area regarding damage that had been done to her lawn.
- 10-5 An officer met with a resident of the Shore Rd area who had found a rental in Portland on Craig’s List and had sent a MoneyGram and then learned it was a scam.
- 10-6 An officer met with a Massachusetts resident at the Lobster Shack where he showed the officer where someone had done minor damage to his vehicle and wanted to report it.

10-7 An officer responded to a residence in the Ocean House Road area for a well-being check.

10-03 Shore Road CO Alarm  
10-05 South Portland Mutual Aid  
10-05 South Portland Mutual Aid

### SUMMONSES

- 9-26 Scarborough resident, speeding (44/35 zone), Two Lights Road, \$114
- 9-28 Cape Elizabeth resident, violation of conditions of release, Beach Bluff Terrace
- 9-30 Cape Elizabeth resident, uninspected motor vehicle, Sawyer Road, \$148
- 9-28 South Portland resident, uninspected motor vehicle, Route 77, \$148
- 9-28 South Portland resident, displaying fictitious inspection sticker, Route 77
- 10-4 South Portland resident, speeding (41/30 zone), Sawyer Road, \$137
- 10-4 Massachusetts resident, speeding (39/30 zone), Sawyer Road, \$114
- 10-5 Saco resident, operating after suspended license, Route 77

### ACCIDENTS

- 09-26 Tamara Schwartz, Henry Smith Ocean House Road
- 10-04 Debra Laplante, Barbara Wallace Ocean House Road

### ARRESTS

- 9-28 Cape Elizabeth resident, violation of conditions of release, unlawful possession of scheduled drugs, Beach Bluff Terrace
- 10-5 Saco resident, operating after suspended license, Ocean House Road

### FIRE CALLS

- 09-25 South Portland Mutual Aid
- 09-26 South Portland Mutual Aid
- 09-27 South Portland Mutual Aid
- 09-28 South Portland Mutual Aid
- 09-28 Shore Road Fire Alarm
- 09-29 Portland Mutual Aid
- 09-29 Ocean House Road Fire Alarm
- 09-29 Portland Mutual Aid
- 09-29 Portland Mutual Aid
- 09-29 Star Road Investigation
- 09-30 Longfellow Drive Investigation
- 09-30 US Coast Guard Mutual Aid
- 10-01 Shore Road Utility Pole Fire
- 10-01 Shore Road Fire Alarm
- 10-02 South Portland Mutual Aid

### RESCUE CALLS

There were 16 runs to Maine Medical Center  
There were 2 runs to Mercy Hospital  
There were 8 patients treated by rescue personnel but not transported.

## Fall Cleanup 2018 Schedule

Disposal fees at the Recycling Center will be waived for residents transporting their own material and/or items from Oct. 13 to Oct. 29, 2018.

Fees will be waived from Saturday, Oct. 13 through (up to including) Monday, Oct. 29. Contractors however will be assessed fees in accordance with current regulations.

In addition to the above dates, the Recycling Center will be open four Sundays between Oct. 21 and Nov. 11 for the disposal of recyclables, leaf, yard wastes, wood waste, bulky waste and brush only. Fees will be assessed on applicable items on Nov. 4 and Nov. 11.

Items normally destined for the transfer station compactor (household refuse) will not be accepted on Sundays.

For more information please contact Public Works, 207-799-4151.

### FALL 2018 SCHEDULE

- Sunday, Oct. 21 10:00 a.m. to 4:30 p.m.
- Sunday, Oct. 28 10:00 a.m. to 4:30 p.m.
- Sunday, Nov. 4 10:00 a.m. to 4:30 p.m.
- Sunday, Nov. 11 10:00 a.m. to 4:30 p.m.

## Judy’s Food Pantry: a community feeding itself

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## Town of Cape Elizabeth

### Boards and Committees

### Annual Appointments Process

The Town Council Appointments Committee is accepting applications from residents to fill vacancies on the following town boards and committees:

**Community Services Committee**

**Conservation Committee**

**Planning Board**

**Riverside Cemetery Committee**

**Thomas Memorial Library Committee**

**Zoning Board of Appeals**

**NEW! Energy Committee** – The town council has established a standing seven-member energy committee. Terms will be staggered; initial appointments will be for one, two or three-year terms.

Board and committee information is available at [www.capeelizabeth.com](http://www.capeelizabeth.com).

Questions should be directed to **Debra Lane, Town Clerk** at **799-7665** or **debra.lane@capeelizabeth.org**.

Applications must be submitted to Debra Lane no later than **Friday, November 2, 2018**.

*New terms begin January 1, 2019.*

# CAPE CALENDAR

By Wendy Derzawiec

## Wednesday, October 24

Government Class Candidate's Night - State Legislature, 7 p.m., Town Hall chamber

## Friday, October 26

Bottle Shed Committee, 9 a.m., Public Safety Building

## Tuesday, October 30

School Board Policy Committee, 3-4:15 p.m., William H. Jordan Conference Room, Town Hall

## Thursday, November 1

Recycling Committee, 7 p.m., Public Works

## Monday, November 5

Planning Board Workshop, 7 p.m., William H. Jordan Conference Room, Town Hall

## Wednesday, November 7

Town Council Appointments Committee, 5 p.m., William H. Jordan Conference Room, Town Hall

## Ongoing each week

Al-Anon, Regular meeting 7 p.m. Thursdays, at

United Methodist Church, 280 Ocean House Road. Regular meeting 7 p.m. Fridays at St. Alban's Church.

Alcoholics Anonymous, 2 p.m. Saturdays, First Congregational Church, 301 Cottage Road, South Portland; 7 p.m. Wednesdays, St. Bartholomew Church; 7 p.m. Fridays, St. Alban's Church.

Cape Elizabeth Historical Preservation Society, 9 a.m.-noon Thursdays, Public Safety Building

Cape Elizabeth Lions Club, 6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road

Cape Farm Alliance, third Wednesday, 7 p.m., Community Center

South Portland/Cape Elizabeth Rotary Club, each Wednesday at 6:15 p.m. Purpoodock Country Club, Spurwink Avenue. 767-7388.

Codependents Anonymous (CODA) group at Cape Elizabeth United Methodist Church Regular meeting weekly on Saturdays at 10:30 a.m. Call 799-4599 FMI.

## CABLE GUIDE

Board of Zoning Appeals replay  
Oct. 24 & 25 - 2 p.m. & 7 p.m.  
Oct. 27 - 10:30 a.m.  
State Legislature Candidates Night (live)  
Oct. 24 - 7 p.m.  
State Legislature Candidates Night

## CHANNEL 3

replay  
Oct. 26 - 2 p.m. & 8 p.m.  
Oct. 27 & 28 - 8 pm  
Cape Elizabeth Church of the Nazarene  
Oct. 27 & 28; Nov. 3 & 4 - 9 a.m.

## CEUMC to host First Friday Flicks

The Cape Elizabeth United Methodist Church will host its monthly First Friday Flicks on Friday, November 2. It will begin at 5 p.m. will be held at the church, located at 280 Ocean House Road.

A variety of games will be offered, including Giant Twister, Giant Chutes and Ladders, Giant Pick-up Sticks, over-sized kids' bowling, Giant Jenga, and Giant Connect 4. The games will be either out-

side or inside, depending on the weather.

Double-feature Halloween movies will be shown at 6:30 p.m. on an inflatable 16-foot screen. Hot dogs and popcorn will be available during the movies.

This event is free and open to the public. First Friday Flicks will be held at the church on the first Friday of every month.



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## SERVICES

### Cape Elizabeth Church of the Nazarene

499 Ocean House Road (Route 77)  
799-3692

www.capenazarene.org

Sunday School for all ages: 9:30 a.m.  
Sunday Worship Celebration: 10:45 a.m.  
Services streamed live or on demand:  
watch.capenazarene.org

### Cape Elizabeth United Methodist Church

280 Ocean House Road  
799-8396

www.ceumc.org

Open Church, Thursday: 5:30 p.m.  
Sanctuary Service: 10 a.m.  
Child Care & Sunday School: 10 a.m.  
Adult Sunday School: 9 a.m.

### The Church of Jesus Christ of Latter-day Saints

29 Ocean House Road  
799-4321

Sacrament Meeting:  
Sunday, 10-11:10 a.m.  
Sunday School: 11:15 a.m.-12 p.m.  
Primary: 11:15 a.m.-1:00 p.m.  
Relief Society, Priesthood:  
12:00 -1:00 p.m.

### The Church of the Second Chance

Greater Portland Christian School  
1338 Broadway, South Portland  
641-3253

Sunday: 10:30 a.m.-12:15 p.m.

### Congregation Bet Ha'am

81 Westbrook St., South Portland  
879-0028

www.bethaam.org

Worship: Friday, 7:30 p.m.  
Saturday, 10 a.m.  
Family Shabbat Services:  
Second Friday, 6:30 p.m.

### First Baptist Church of South Portland

879 Sawyer St., South Portland

799-4565

www.spfbc.com

Sunday Morning Worship: 9:30 a.m.  
Coffee Time is at 10:45 a.m.  
Sunday School is at 11:15 a.m.  
Sermon audio is available on our website

### Promised Land World Reach Center

536 Cottage Road, South Portland

799-3152

Sunday Prayer & Intercession: 9:30 a.m.  
Sunday Worship: 10 a.m.  
Family Bible Studies: Wednesday, 7 p.m.  
Sermon recordings available to download

### Saint Alban's Episcopal Church

885 Shore Road

799-4014

www.stalbansmaine.org

Sundays: 8 a.m., 9:30 a.m.  
Celtic Service: Sunday, 5:30 p.m.  
Nursery: Sundays, 9:30 a.m.

### Saint Bartholomew Roman Catholic Church

8 Two Lights Road

799-5528

www.saintbarts.com

Sunday Mass: 9 a.m. and 11 a.m.  
Monday & Tuesday Masses: 8 a.m.

### First Congregational Church United Church of Christ

301 Cottage Road, South Portland  
799-3361

www.fccucc.org

Worship: 8:30 a.m., 10 a.m.  
Sunday School: 10 a.m.  
Preschool Child Care: 10 a.m.  
Game Room

### First Congregational Church of Scarborough

167 Black Point Road, Scarborough  
883-2342

www.fccscarborough.com

Sunday Morning Worship: 9:30 a.m.  
Sunday School & Nursery Care

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**WEDDINGS**



Zach Hanna, owner of Cape Landscapes, married his longtime girlfriend Elizabeth Rogers on September 22. The ceremony was performed by the groom's brother, Troy Hanna, by a waterfall in Deboullie in the northern woods of Maine. Flower girl was Addison Myers, niece of the groom. In attendance were Rockland Ray Hanna, infant son of the couple; parents Chip and Deb Hanna and Tony and Cindy Rogers; sister of the groom Heidi Myers; brother and sister in law of the bride Tony and Adina Rogers, and the couple's beloved springer spaniel, Bailey.

After a delightful stay at the log cabins in Red River, the couple and family members returned to civilization and enjoyed a celebration for close friends on the Bay Mist cruising around the Casco Bay Islands. The newlywed couple and their son will reside in Cape Elizabeth and continue to run Cape Landscapes.



Alexander Peter Harper and Elizabeth Ann Harnois were married on September 21 at St. Christopher Church on Peaks Island. A reception followed at The Inn on Peaks Island. Harper, the son of Cape Elizabeth residents Tim and Sue Harper, graduated in 2013 from Cape Elizabeth High School, and received a degree in Exercise Science in 2017 from St. Joseph's College, Maine. Harnois, the daughter of Steven and Nancy Harnois of Sun City, Florida, graduated from Catherine McCauley in 2010 and received a degree in Dental Hygiene in 2015 from the University of New England. Harper is employed by Maine Medical Center, and Harnois is employed by Preble Street. The couple lives in Westbrook, Maine.

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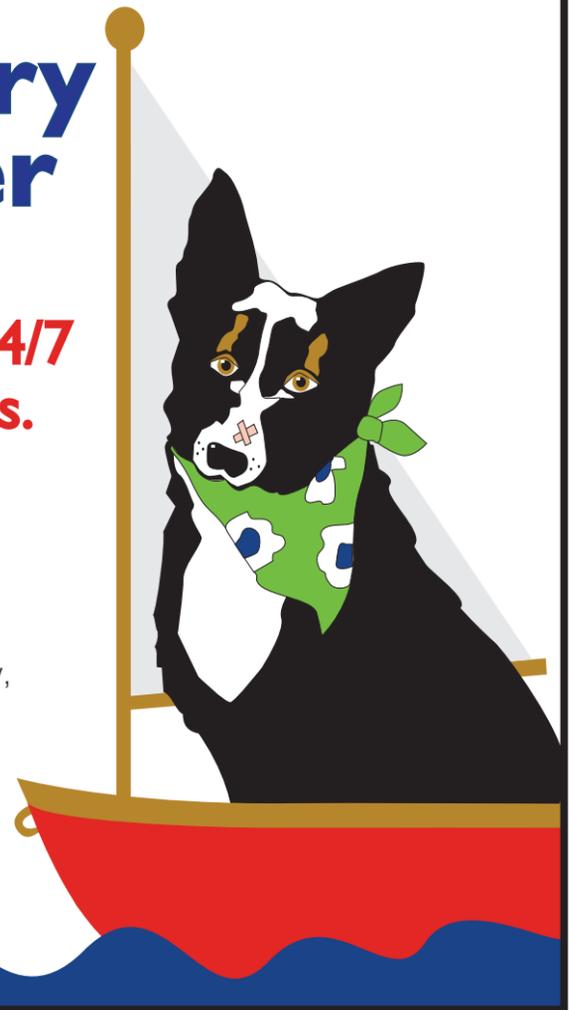
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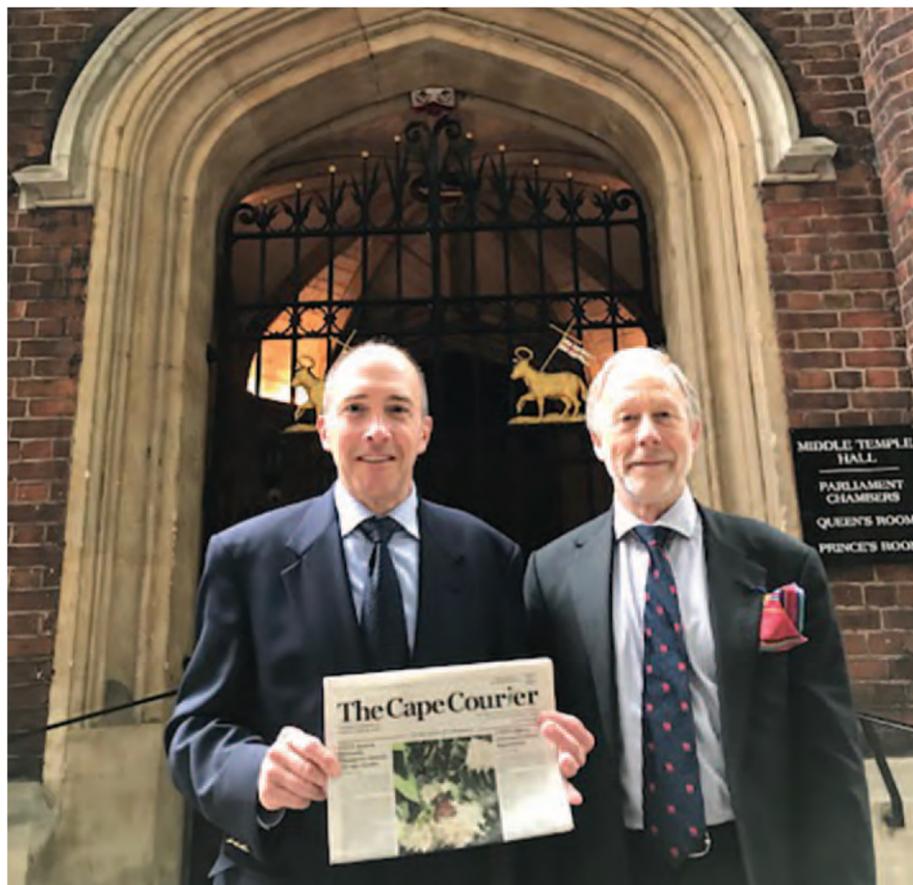


# Courier visits the Grand Canyon then goes across the pond



Contributed photo

Cape Elizabeth residents Thomas Hennessey and his grandfather David Aldrich are pictured with *The Cape Courier* on a recent trip to the Grand Canyon.



Contributed photo

On a recent business trip, Cape Elizabeth resident Tim Reiniger (left) holds *The Cape Courier* during a visit with Barrister Stephen Mason at Middle Temple Hall in London. The visit commemorated the impact on Maine history of Bartholomew Gosnold, a Middle Temple member, whose 1602 voyage and landfall at Cape Elizabeth advanced the vision of Queen Elizabeth I of Richmond Palace to create an English presence in North America.

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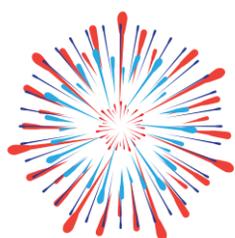
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