A thousand pounds of pumpkins carved at annual community event

By Mara DeGeorge

Cape Elizabeth Fire Department is called for emergencies over 1,000 times annually. Seventy-five percent of emergency calls are medical in nature. The rest are directed to the Fire Companies and WETeam. Regardless of the type of call, residents can do their part to make these calls run as smoothly as possible.

A previous article featuring the Rescue Team explained the process for calling 911. Cape Elizabeth 911 dispatch is handled by Portland Regional Communications Center, which is housed in the Portland Police Department on Middle Street in Portland. It had originally been handled here in Cape Elizabeth and was transitioned approximately eight or nine years ago.

The telecommunicator is the person who answers the 911 call and speaks to the caller, gathering information to send the appropriate resources. The dispatcher sits across the room from the telecommunicator and is the one who dispatches the resources. Answering the questions of the telecommunicator does not slow down response time or deployment of resources.

Emergency Medical Dispatch (EMD) protocol dictates the questions asked. The more explicit the scenario, the fewer questions that are asked. The best thing one can do when calling 911 is to be patient. The telecommunicator has a list of questions to ask you. This is to ensure the situation is assessed effectively in order to send the appropriate resources. Modern technology allows the telecommunicator to locate the caller, but having the telecommunicator ask basic pertinent questions confirms the information received electronically. The telecommunicator dispatches the appropriate apparatus and personnel to the scene and continues communicating with the caller to assist in any care prior to the arrival of professional help.

What can you do to make things run more smoothly? Having a visible address number makes it easier for rescue personnel to make fire and rescue calls go smoothly.

Gaudrault wins individual Class B state title for cross-country

By Kevin St. Jarre

Cape Elizabeth sophomore Lila Gaudrault has won the individual Class B state title for cross-country running, with a time of 18:42.

Gaudrault said, “Overall, I’m really happy with this season. I had a tough track season, so I was looking to redeem myself and improve from my freshman year. Winning states was really exciting. It was a goal I had all season, but I knew it wouldn’t be easy because there was a lot of good competition. I put in a lot of good miles over the summer and tried to stay focused throughout the season to be able to compete at my best. I’ll be racing at the New England Championships in Manchester on November 10. Our team also had an excellent season. While we didn’t place as highly as we wanted at states, we were the runners-up at the south regional, and won the Quabacook Relay Invitation- al in September. Everyone worked really hard this season and I’m proud of how we competed.”

World War II navigator, killed in action, remembered in dedication

By Kevin St. Jarre

From left to right are Joseph Sebastian Boulos’s nephew Greg Boulos, his sister Dottie Boulos, his sister Mary Cullinan and his nephew Joe Boulos.

The Omega Mu Chapter of Phi Gamma Delta fraternity at the University of Maine has dedicated its library to Joseph Sebastian Boulos in a recent ceremony attended by over 50 people, and with leaders from the national fraternity as well as the university attending and speaking. From the Boulos family, nephews Greg Boulos of Cape Elizabeth and Joe Boulos, and sisters, both in their 90s, Dottie Boulos and Mary Cullinan attended. Like Greg Boulos, Joseph Sebastian Boulos’s sister Dottie Boulos, 93, is a long time resident of Cape Elizabeth.

Joel Gardiner, a member of the fraternity, shed some light on how this all came about.

“Our fraternity chapter house was constructed in 1925, and placed on the National Register of Historic Places in 2013. It was purpose-designed and built as a fraternity, and has been used as such since 1925 by the Omega Mu Chapter of Phi Gamma Delta fraternity at The University of Maine. The house was designed in the English Tudor style by C. Parker Crowell of Crowell and Lancaster in Bangor.”

After they received the designation to be placed on the National Register, they began planning a multi-year renovation and capital campaign. Gardiner said, “During this plan...”
New coordinator for Judy’s Pantry

Judy’s Pantry was an effort that began in 2010 by Cape Elizabeth residents Nancy Miles, Penny Jordan of Jordan’s Farm, and Ruth Morrison, former pastor of the Cape United Methodist Church. The pantry’s mission was to provide fresh, healthy, locally-grown produce to Cape residents with limited resources who were struggling to feed themselves and their families. It started serving just a few families and has grown to helping over 50 households with several thousand pounds of produce offered annually.

Miles has been the pantry coordinator from the beginning and has been instrumental in the progress and expansion of the program. She developed a special connection to the families that come each week and has created an atmosphere that is warm and friendly. During the summer, in addition to the bounty of fresh produce and non-perishable food items provided, the pantry volunteers create flower bouquets for each family. Miles has recently stepped down from her position and fellow Cape Elizabeth resident Beth Owens has graciously taken the torch as the new pantry coordinator.

Owens has been an active member of the community for many years and her several years experience with the pantry more than qualifies her for her new role. The pantry committee members include Joanne Woodward, Donna Savage, Nancy Ballis, Pam Terre, Beth Owens, Lili Acheson, Jean Hayes, Sarvi Maisak, Nancy Miles as advisor, and Casey Collins, current pastor of the United Methodist Church. Other volunteers include Margot Brill, Jane Broek, Tracy Burke, Deb Cavanaugh, Nelle Huber, Suzanne McGinn, Eileen Taft, and Mary Pelletier.

Judy’s Pantry is a year-round operation located in the United Methodist Church, that has generously been donating its space since the beginning. The pantry depends on the combined efforts and contributions of a number of Cape Elizabeth residents and organizations. Among these are the South Portland-Cape Elizabeth Rotary Club and the Lion’s Club who provide financial support. The farmers and gardeners who provide the produce include Jordan’s Farm, Green Spark Farm, Fox Run Farm, Maxwell’s Farm and the many gardeners who donate produce and flowers from Cape’s two community gardens.

The Wayside Food Program as well as the annual food drive held at the Pond Cove School also contribute and make a tremendous difference to the program.

The pantry’s efforts make a critical difference in the lives of many who suffer from food insecurity right here in Cape Elizabeth. The families that benefit from the pantry come from many different backgrounds and situations, including those who have lost their jobs, have high medical expenses, single parents with young children, and seniors or disabled households living on fixed incomes. The pantry relies on the generous and ongoing community support, including monetary funds and non-perishable food donations, to help continue this mission.

Judy’s Pantry is open from 3-5 p.m. on the second and fourth Tuesdays with their winter/spring schedule that runs from January to June. The weekly schedule runs from July until Thanksgiving, always at the United Methodist Church at 280 Ocean House Road. Financial contributions are always welcome to help keep the shelves stocked for the many families who attend the pantry weekly. For more information, please contact Beth Owens at bethowens1@gmail.com. Checks made out to The Cape Courier may be mailed to P.O. Box 6242, Cape Elizabeth, ME 04107. Future contributions will be acknowledged in an alphabetical format. Please include a message on your correspondence if you prefer to remain anonymous.

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 toyForts drop-off location

Edward Jones, located at 143 Ocean House Road is serving as a drop-off location for the Toys For Tots program. New, unwrapped toys to be donated for children whose families can’t afford gifts can be dropped off anytime before the week of December 3. Donations will be picked up by the Marine Corps sometime the first week of December. To learn more about the program, visit www.toysfortots.org.
Then and Now: What Veterans Day means to me on the 100th Anniversary of the WWI Armistice

By Jim Rowe

The following excerpt is from a book entitled “A Buck Private in the Yankee Division,” written by George Ellis Harmon, my maternal grandfather. He recounts the palpable anticipation of awaiting the promised ceasefire on the eleventh hour of the eleventh day of the eleventh month, 1918. He was hunkered down with his 9th Squad, E Company, 101st Engineers, 26th (Yankee) Division, during a lull in the Meuse-Argonne Offensive, fall, 1918.

“...at 10:55, I think every man who owned a watch held it in his hand. And those who did not possess one looked over someone’s shoulder. When the minute hand crept on to 11:00, it seemed that everyone held his breath. Some, whose watches were a trifle fast, were ready to proclaim the whole [armistice] thing a fizzle...when IT HAPPENED...a great silence.”

For many years, I have read the above passage on Veterans Day.

Our Veterans Day holiday (nee Armistice Day) was created by Congress in 1938 to officially commemorate the end of World War I, which had occurred 20 years earlier. After all, that war had been tagged “The Great War”...The War to End All Wars.” Many of the soldiers who were not among the 116,516 Americans killed, still wore scars from that war...missing and damaged limbs and organs, lungs decimated by gas, minds either temporarily or forever lost to shell shock (PTSD), etc. Many municipalities across the country staged annual Armistice Day parades and solemn programs of observance. American Legion Auxiliary units passed out artificial poppy boutonnieres on street corners so that Americans wouldn’t forget. Armistice Day was a fitting tribute to the victorious end of a terrible period in American and world history.

But between Dec. 7, 1941 and Sept. 2, 1945, we were slammed with the realization that WWI was in fact only one in a continuum of horrific conflicts in which America had become and would become involved. The singular recognition of Armistice Day now seemed somehow myopic. The wars with indigenous peoples, the American Revolution, the War of 1812, the Civil War, WWII, and now WWIII (to be followed by Korea, Vietnam, the Persian Gulf, Afghanistan and Iraq, and who knows what the future holds). An ongoing litany.

In 1954, Congress renamed November 11 “Veterans Day” in order to commemorate not only those who have served in America’s wars, but those who have answered the call to military service, regardless of world geopolitics. Thanks to the efforts of Jim Murray, Jim Cox, and Jim Huebener, Cape Elizabeth effectively melds the honoring of veterans into our annual Memorial Day observance each spring. While the primary purpose of Memorial Day remains to honor our war dead, our living veterans are invited to march in our parade and receive much deserved appreciation. A roll call of current “home-grown” military personnel is read. We give thanks to all who have protected our freedoms: past and present, living and dead, combat experienced or not. It is our community at its very finest.

And so here in Cape Elizabeth we are left on November 11 with our thoughts. One modest and fitting way to observe Veterans Day might be to visit our town center “all wars” monument, located on the Scott Dyer Road at the end of Pond Cove Elementary School. It takes just a moment to read the inscriptions on the granite - front and back. Then pick a day (other than a holiday, when the building is closed) to visit Town Hall and read the Honor Roll of those Cape Elizabethans who have died in service to our country. The plaque hangs on the wall of the Town Council chambers.

And thank every veteran you know!
**Volunteer Profile:**

**George H. Meyers II**

By Jane Vaughan

For Thomas Memorial Library (TML) volunteer George H. Meyers II, spending hours in a library is not unusual. Meyers says that he “grew up with libraries” and can even remember one of the first books he ever checked out from his local library in Arlington, Virginia: “Tatanka: The White Buffalo.”

He credits much of his love of libraries and reading to his mother. “My mother loved libraries, and she loved to read right up until the time she died. And if she was sick, she’d say ‘go down to the library and pick out some books for me,’” he explained.

Meyers began working at the TML in 2004 after years of volunteering at Goodnow Library in Sudbury, Massachusetts when he lived there. When he later moved to Framingham before coming to Maine, he also volunteered in the curatorial committee for the Historical Society and ran a food cupboard.

“It meant a lot to me to be helping people. I guess that’s part of my makeup,” he explained.

Now, Meyers said, he’s happy to be living in Cape Elizabeth. “It’s worked out very well. I love it. I love this place because it’s home,” he explained. Meyers volunteers for four hours a week at the TML, and his tasks include shelving or re-shelving books, helping library patrons, straightening the new books area, evening out the books on the shelves so that all titles are visible and pushed to the front and watering the plants. He enjoys his co-workers, the patrons who visit the library and the work itself. “I have a background in libraries and books, so this is natural for me,” he said.

The only part of the job he hasn’t liked was when the new TML building was under construction and the library was housed in the smaller historic schoolhouse.

“That was a nightmarish thing,” Meyers said. “It was schlepping books back and forth and up and down.” He is proud of the new building and of the work that he does. His name is on the wall of donors in the library’s entryway because, as he said, he feels “deeply about this library.”

Perhaps unsurprisingly, Meyers enjoys reading a wide variety of books, including historical fiction, biographies and mysteries. He recently read biographies of Aretha Franklin and John McCain but said that his favorite book is “The Good Earth” by Pearl Buck. “She’d tell you how life was from a peasant’s point of view, not the empress or not the prime minister or those people,” he explained.

Of course, one of the bonuses of working in a library is getting the first crack at all the new books that arrive. But more than that,
Group travel: a mind-body workout

By Cape Elizabeth Community Services

Throughout the year, we work cooperatively with other local recreation departments to plan fun and engaging day long and overnight trips for adults and seniors. There are many mental, physical and emotional benefits to group travel, especially for seniors. By combining our efforts, we are able to charter a more comfortable motor coach and take advantage of group pricing. Together, we enjoy conversation, companionship and comfort that comes with traveling with others. We try to design itineraries that offer a balance between the freedom of choice during free time and some scheduled activities. This gives the chance to explore on one’s own and meet new people with whom experiences can be shared.

For seniors who want to live a healthy, active lifestyle, travel flexes your mental muscles keeping your brain active and engaged. “Travel broadens the mind, refreshes the spirit.”

Cape Elizabeth she really connected with and which recently highlighted some of the mental and physical benefits of travel.

Cape Elizabeth Community Services has placed into the ‘day’ woodwaste pile, “endless dazzling landscapes” snows and jewel-colored lakes of the Canadian Rockies on this 6-night/7-day trip. World-class resorts starting in Calgary with stays in Lake Louise, Jasper and Banff combined with breathtaking scenery from every angle. For seniors who want to live a healthy, active lifestyle, travel flexes your mental muscles keeping your brain active and engaged.

Jane Anderson, senior programming coordinator recently spoke with a woman from Gray who joined in on a trip to Rangeley in early October. She met two couples from Cape Elizabeth she really connected with and called to ask her to mail out their list so she could take advantage of future offerings.

Have your wood waste checked

If you are bringing wood waste to the Recycling Center, have it checked by staff before you leave it. Pressboard, waferboard, particleboard, any laminates, countertops and pressure-treated wood are not accepted at the biomass facility that processes the town’s wood waste. The company that grinds the waste requires these contaminants to be removed.

“The Recycling Center attendants have been trying to inspect (and re-direct) incoming loads, but these items are still being placed into the ‘day’ woodwaste pile,” said Public Works Director Robert Malley. Here is a more complete list of items that may not be left in the woodwaste pile:

- Pressboard
- Waferboard
- Particleboard
- Any Laminates
- Countertops
- Pressure-treated Wood
- Zipboard
- Azekboard
- Composite
- Wicker
- Paneling
- Pergboard

With the exception of pressure-treated wood, all of the above contaminants may be placed in the bulky waste bin. Pressure-treated wood is accepted once a year at the town’s Hazardous Household Waste/E-Waste collection, held on the second Saturday in May.

News from the School Board

The School Board held a half-day retreat on September 25 with Dr. Wolfrom, Cathy Stankard, and future School Board member, Laura DeNino. The retreat helped create a roadmap for the 2018-2019 school year. As a result, the School Board unanimously voted to adopt the following goals during the October 9 regular business meeting:

1. Develop a new strategic plan.
2. Define and implement a collaborative and proactive budget development process that includes all stakeholders such as Town Council and community members.
3. Participate with the Town Council in the formation of a committee composed of all stakeholders to fund and finalize the School Facilities Study plan.
4. Implement the findings of the plan by making strategic investments which will modernize and repair aging school buildings and grounds, as well as maximize student learning and safety.
5. Cultivate and leverage community involvement.

During the same October 9 meeting, former Maine State Senator, Justin Alfond, presented to the School Board an initiative which aims to eliminate child hunger in Maine by joining forces with the Maine non-profit organization Full Plates Full Potential. Alfond explained that providing all children with nutritious breakfasts, lunches and summer meals can be possible by accessing a network of nonprofits, coordinated efforts with USDA food programs and defraying transportation and reduced meal plans. The School Board agreed to explore this further at the next board meeting with the district’s director of nutrition, Peter Esposito.

Also of note, Hope Straw, who is the School Board representative for Portland Arts & Technology High School (PATHS), reported that the number of CEHS students accessing the wider options of courses at PATHS has increased to 16 students. PATHS has increased to 16 students. PATHS has an excellent opportunity for our high school students to dig deeper into skills, courses, and curriculums that support their passions and future endeavors. For more information, please visit https://paths.portlandschools.org

BUDGET:

On October 23, the Superintendent, School Board, Town Council and Town Manager held a joint dinner and work-shop facilitated by Craig Freshley of Good Group Decisions. With an objective of exploring the roles and responsibilities of the “One Town Concept,” the two parties shared thoughts and suggestions on how to improve the school budgeting process.

Among several points shared, there was a consensus by those present to explore the ways in which the Town Charter could support an amendment that would allow future budgets brought forth by the School Board to go, essentially, straight to the voters — as is the norm outside of Cape Elizabeth. The same group plans to hold a second workshop in the near future to discuss this and other ideas.

FACILITIES STUDY:

The School Board is in the process of composing a committee which will be charged with initiating a needs assessment through Colby Company and, ultimately, develop and fund a plan to improve school facilities. There will be four meetings between now and prior to the beginning of the school budget process. All members of the public are welcome to attend and provide input at the beginning of each meeting. The first meeting is scheduled for Wednesday, November 7 at 6:30 p.m., location TBD.

FUTURE DATES:

- Tuesday, Oct. 30, Policy Committee at 3:00 - 4:15 p.m. in the Jordan Conference Room.
- Tuesday, Oct. 30, Cape Elizabeth Comprehensive Planning Committee Final Public Forum at 7 p.m., Town Hall Chambers.
- Wednesday, Nov. 7, Needs Assessment Committee Meeting, 6:30 - 8:30 p.m., location TBD.
- Tuesday, Nov. 13, School Board Regular Business Meeting 6:30 - 8:30 p.m., Town Hall Chambers.
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Kara Leopold was the chair of the 2018 Cape Elizabeth Kitchen Tour. “The Cape Elizabeth Kitchen Tour is a unique tour of 12 gorgeous properties, featuring the work of the area’s premier kitchen designers, architects, builders and craftsmen. This year, 13 varied, stylish and innovative kitchens were part of the tour. As a bonus to the 2018 Tour, we also featured one property in the Lovett’s Field Area of South Portland. All proceeds from the Tour benefit the Cape Elizabeth Education Foundation, CEEF, which fosters excellence and innovation in Cape schools through educational grants,” Leopold said.

Asked how the tour finds volunteers to show their kitchens, Leopold said, “Kitchens generally are found through sponsors. The Kitchen Tour Committee approached area builders, designers, architects, tile suppliers and countertop fabricators to ask if they recently completed work on a Cape Elizabeth kitchen and would like to put it forward for consideration. If the committee wants to include the kitchen and the homeowner is willing, the professional that worked on the kitchen sponsors it for the tour.”

After a hiatus, the tour was brought back this year. As one can imagine, the event requires a great deal of work to put on. “The CEEF Board looks to balance a variety of factors when considering any fundraiser. The first Kitchen Tour to benefit CEEF occurred in 2008 and was always an every-other-year event until 2014. The board knew that it was an exciting and highly-attended community event, but it required a tremendous time commitment from the volunteer board. After trying out a few other fall fundraisers, the decision was made by the board to assemble a dedicated Kitchen Tour Committee, including community members and board members, to bring it back for 2018,” Leopold said.

The decision was a good one, with all expectations surpassed. Leopold said, “The tour was a tremendous success with a record number of ticket sales. The day of the tour was sunny and beautiful, and the gorgeous Cape Elizabeth kitchens looked particularly radiant. The fantastic volunteers, talented sponsors and generous homeowners all worked together to make the day fun, seamless and memorable. At least 600 attendees went on the tour and were able to interact with the talented sponsors and inquire about the kitchens on view. Sponsors were busy answering questions throughout the tour, and tour-goers were able to get inspiration and ideas for their own projects. The tour catalgoue that each attendee received is full of pictures, articles and information and will serve as a resource for anyone looking to build or renovate.”

The money raised from the event will help fund grant monies awarded by CEEF. “All funds raised by CEEF go to support innovative educational programs within the Cape Elizabeth school system. Grant ideas are brought to CEEF by educators, students and administrators, and encompass educational efforts that fall outside of the traditional school budget. For example, the highly successful Cape Robotics program was begun with a CEEF grant. The Kitchen Tour is CEEF’s largest fundraiser,” Leopold said.

Despite the herculean effort, Leopold enjoyed bringing the tour back. “The best part of chairing this wonderful community event was being able to work with the talented and ceaselessly hardworking members of the Committee, as well as seeing the expert work

-see KITCHEN TOUR page 15

Interior design by Bronwyn Huffard

Photo by Scott Dorrance
Being a veteran
By Kevin St. J arre

Kevin St. J arre, in 1991 after having served in Desert Storm

Although my friends had, I never pledged a fraternity while I was a university student. I felt like I was already in one, representing all genders, creeds, races and ages.

There seems to exist an instant familiarity between veterans, an understanding that grows rapidly with the exchange of just a bit of information, such as branches and places served.

Recently, I heard someone say that current members of the military and veterans alike have learned a key thing - to become comfortable with being uncomfortable. In fact, what a veteran has endured is often what he or she is communicating to other veterans, usually nonverbally. We recognize it in each other, and we usually feel no need to share it with those who don't.

A memory I'll always keep was something that reached across generations of veterans. In 1991, I was a member of the 1st Armored Division and served in Desert Storm. The generation of warriors that came before us, the veterans of the Vietnam War, was determined to ensure that we would receive a better welcome than they had. They showed strong support, very early, and helped set a tone back home. As we returned from Iraq, Saudi Arabia and Kuwait, it was the Vietnam veterans who were often the first civilians to greet us. Many stopped onto bases, looked us over, and said simply, “Welcome home.” It was much more than they got.

This older generation had not only suffered the horrors of war, but the tragedy of their country's scorn when they returned. They had spent decades gone to ground, suffering in silence, but when their sons and daughters were returning from a war of their own, the veterans of the war in Vietnam stepped forward, and led the way, ensuring this could not happen again.

I often feel off-balance when someone thanks me for my service, although it is nice. However, the best part of being a veteran is the company I find myself in, and the familiarity of strangers, my brothers and sisters.
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The Cape Courier in the Azores

On Sept. 22, approximately 40 people gathered at the Manchester Grange Hall in Manchester, Maine to dedicate a historical marker to honor the memory of the Elias and Mary Taylor family, pioneer settlers of Kennebec, Cushnoc, Hallowell, Winthrop and Manchester, Maine and Patriots of the American Revolution. The historical marker was installed at the historic Annie Hill Cemetery located at the north end of Prescott Road in Manchester, Maine and near the center of the 200-acre homestead established by Elias and Mary Taylor in 1771.

The marker was sponsored by Elias and Mary Taylor descendant Timothy Lunney of Cape Elizabeth. Both Tim Lunney and his father Boyd Lunney are members of the Maine Society of the Sons of the American Revolution and are also descendants of Mayflower Pilgrims John Howland and Elizabeth Tilly. Participants in the dedication ceremony included the Manchester Historical Society, the Maine Society of the Sons of the American Revolution, the Daughters of the American Revolution, the Wintthrop Historical Society, the Pastor of the Wintthrop Congregational Church UCC and many descendants of Elias and Mary Taylor.
**CEHS Theatre Department opens season with “The Laramie Project”**

CEHS Theatre Department is proud to open their 2018-19 season with Moises Kaufman’s powerful, critically acclaimed “The Laramie Project.”

The play draws a clear and poignant picture of the citizens of Laramie, Wyoming and the surrounding area, tracing the events and aftermath of the killing of Matthew Shepard. Shepard was a young, gay college student whose death caused a national outcry and raised public awareness of the lack of hate crimes laws in many states.

Kaufman’s theatre company, The Tectonic Theatre, conducted hundreds of interviews with inhabitants of the town, and with company members’ own journal entries and published news reports, then distilled them into a mesmerizing portrait of our country and culture. It is divided into three acts, and eight actors portray more than 60 characters in a series of short scenes.

It has been 20 years since Matthew Shepard’s untimely death. This play serves as a strong and ultimately uplifting testament to the value of every life, and our responsibility as individuals to be vigilant in protecting and treasuring those lives as if they were our own.

“The Laramie Project,” November 15-17 at 7 p.m., November 18 at 1:00 p.m. Tickets available online Nov. 5 at http://www.tututix.com/cehstheatre/ or at the door. $10/ adult, $5/ senior/student. Mature theme and language may not be appropriate for all ages.

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**Cape Robotics Team hosting annual Vex Robotics tournament on November 17**

The Cape Robotics Team is hosting its annual Vex Robotics tournament on Nov. 17 in the Cape Elizabeth Middle School gym. Qualifying matches begin at 9 a.m. The final elimination matches begin around 2 p.m. and are an exciting part of the day.

The game is called “Turning Point” and robots are being designed to flip caps and shoot balls to score points. Points can also be earned by parking on a platform, but the robots need to take care as opponents can push them off. This season the Cape Robotics lab completed a full upgrade to the new V5 equipment and 12 teams are registered to compete in either league play or the statewide tournaments. Over 50 students are actively building, coding and competing in the program. As always, the Robotics Team invites our community to join us for this free event on Nov. 17 in the middle school gym.

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**Brunch with Santa by the Sea**

Saturday, December 1 - Buffet Brunch with Santa

The perfect kick-off to the holiday season! Santa makes a special visit to Inn by the Sea for our annual Brunch Buffet with Santa.

Two seatings: 10am and 2:30pm

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Boat washes ashore after nor'easter

A boat that washed ashore at Crescent Beach after the nor’easter on Oct. 27 unfortunately had to be demolished the following morning.

Contributed photo

CELT meeting to explore dark skies with Irwin Gratz

Dark matter, dark energy, dark skies. Astronomers can prove the first two exist, but worries about the third.

At CELT’s Annual Meeting on Nov. 18, Maine Public Radio news anchor (and space buff) Irwin Gratz will talk about efforts to preserve our views of the heavens. He’ll also talk about what’s up there, both naturally occurring, and increasingly, created by humans. In addition to being an accomplished journalist, Gratz indulges his interest in astronomy as an occasional show presenter at the Southworth Planetarium in Portland.

CELT Board President Elizabeth Goodspeed and Executive Director Cindy Krum will also report on the land trust’s accomplishments in this past year, including the most recent conservation property on Spurwink Avenue and the pending purchase of 52 acres adjacent to Robinson Woods.

There is no charge to attend. The event is open to the public, and the Patriots have the weekend off. All are welcome. Many thanks to Noyes, Hall & Allen and Purdy Powers, our event sponsors, whose generous support make this event possible.

Bring your questions about the universe to the Purpoodock Club on Nov. 18, from 3–5:30 p.m. RSVPs required; email info@capelandtrust.org or call 207.767.6054.

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Birding report for last two weeks of October

By E. Brooks Bornhofft

Across parts of the northern boreal forests this year happens to be a less than robust year for coniferous cone and birch seeds. When this happens many of the birds that depend on the seeds will up and leave come late fall, travelling south in search of better, more reliable food sources.

What this means is that Cape Elizabeth has a better chance of seeing many of the spectacular more northerly “winter” finches that often elude us down here in our neck of the woods. With November upon us the increased number of red-breasted nuthatches and slight uptick in purple finches is perhaps a harbinger of what is yet to come.

In my mind the most spectacular of these winter finches is the Evening Grosbeak and it would be a real treat to see a flock of these elegantly heavy-set wanderers in Cape Elizabeth this winter. Other possible “snowbirds” include pine grosbeaks, pine siskin, redpolls, and both red and white-winged crossbills.

Our yard hosted the first dark-eyed Junco’s of the season on Oct. 24. There are significant geographic range differences between the fifteen different races of junco. The “slate-colored” dark-eyed junco is one of the two most widespread forms, and the one found in our backyards starting around this time every year.

Late season lingerers – There was a report of a yellow-breasted chat in Two Lights State Park on Sunday, Oct. 28. Yellow-breasted Chats are the masters of skulking amongst the deep dense thickets and I have yet to catch a glimpse of one. In the springtime the male will expose its location by performing a cascade of cackles, whistles, gurgles and chuckles.

Just as I had hoped, golden-crowned and ruby crowned kinglets are taking their time migrating south. The fall migration is especially conducive to viewing these tiny sprites given that they often flit and forage about very low in the woods and brush.

Bean supper on November 17

The Peoples United Methodist Church, located at 310 Broadway, South Portland will hold a bean supper on Saturday, Nov. 17 from 5-6 p.m. Oven baked beans, delicious casseroles and home made desserts will be available. Cost is $8.00 each and $17.00 family.

The pileated woodpecker is the largest woodpecker in North America (except for the ivory-bill, which is possibly extinct) and leaves characteristic rectangular holes in dead trees. The species became rare in eastern North America with the clearing of forests but since about 1900, has made a gradual comeback. “Pileated” refers to the bird’s prominent red crest.

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ADULT PROGRAMS

Maine Wildlife Series: Meet a Falcon
Thursday, Nov. 8
6:30-7:30 p.m.
Do you think the fastest animal on earth is the cheetah? Would you be surprised to hear that the answer is a falcon? Falcons are powerful and impressive members of the raptor family that have awed and inspired humans for as long as we have existed. Join us this month to learn about these fascinating birds and answer questions about falcons. Our falcon experts will be on hand to answer your questions.lighting ideas to be part of this dy-

Meet Somali Author Abdi Nor Iftin
Thursday, Nov. 15
6:30-7:30 p.m.
Somali author and Maine resident Abdi Nor Iftin has an incredible story to tell. As a young refugee, he asks his family and friends to “Call Me American,” and went about learning English by watching seven American films over and over. When NPR heard about his English-speaking skills, they signed him on to report about what was happening behind-the-scenes in Somalia. That’s how the BBC heard about him, which lead to a featured piece on Ira Glass’s “This American Life.” And that’s how his publisher, Penguin Random House, came to ask him out to write his memoir, Call Me American.

This could be a fairytale story if it didn’t include so much loss and struggle. But Abdi tells his story with charm and humor – about what it was like to survive in Somalia at a time of intense unrest. And what it’s like now as he continues to adjust to the realities of the new life he dreamed of in America.

Thursday Night Book Group
Thursday, Nov. 15
7:00-8:30 p.m.
The Thomas Memorial Library Evening Book Group meets on the third Thursday of each month from 7:00 to 8:30 p.m. Please join us in November to discuss Jennifer Egan’s novel Manhattan Beach.

Writers’ Accountability Group
Wednesday, Nov. 21
10:00 a.m.-12:00 p.m.
TML’s Writer’s Accountability Group (WAG) meets on the third Wednesday of each month from 10:00 a.m.-noon. All levels of expertise and genres are welcome. We hope you’ll join us this month for a great discussion.

Scam Alert Bulletin Board
Reported by Jessica D. Simpson
Is a friend really paying you a compliment?
In a recent cyber security scam, smart-phone users receive a text from an unknown number with a message claiming a friend has written a compliment about them in a new app. The text message contains a link that prompts them to download the specific app on their phone. Online there may even be hundreds of glowing reviews for the app. But beware. In the fine print, downloading the app automatically grants it access to your contacts and all of your saved numbers. The app then perpetrates its number trolling activity by sending all of your contacts the same compliment?

CHILDREN’S PROGRAMS

Our regular weekly story times continue -please check our website for details. Below are a few special events coming up.

Musical Story Hour with Jud Caswell
for ages 3 and up
Thursday, Nov. 8
1:00 - 1:45 p.m.
Singer/songwriter Jud Caswell returns for his monthly program. Sing songs, play musical games, and hear stories accompanied by Jud’s original music. No registration necessary.

Animal Advocates Club
Thursday, Nov. 15
3:30 - 4:30 p.m.
Our popular Animal Advocates Club, offered in partnership with the Animal Refuge League of Greater Portland, meets monthly. Kids in grades 3 - 6 join Felicia Mazzone from ARGLP and a live animal friend from the shelter, to learn about shelters and what they do, and work on projects to help animals. No registration is necessary.
Fraudulent charges on debit card, criminal mischief complaints reported

Reported by Marta Girouard

COMPLAINTS
10-8 An officer responded to a residence in the Woodland Road area for well-being check.
10-10 An officer met with a resident of the Bridle Cove area regarding fraudulent charges on a debit card.
10-12 An officer met with a resident of the Bridle Cove area regarding a civil custody issue.
10-12 Two officers responded to a residence in the Woodland Road area for a well-being check.
10-14 An officer responded to a residence in the Shore Road area regarding a theft complaint.
10-16 Two officers responded to a residence in the Woodland Road area for a well-being check.
10-17 Two officers responded to a residence in the Ketole Cove area for a domestic disturbance.
10-17 An officer responded to a residence in the Mitchell Road area for a barking dog complaint.
10-17 Two officers responded to a residence in the Ocean House Road area for a well-being check.

SUMMONSES
10-10 South Portland resident, failure to produce insurance, Route 77, $186
10-13 Massachusetts resident, speeding (40/25 zone), Scott Dyer Road, $170
10-13 Cape Elizabeth resident, speeding (40/25 zone), Route 77, $278
10-16 Virginia resident, speeding (53/30 zone), Shore Road, $250
10-16 Cape Elizabeth resident, failure to produce insurance, Mitchell Road, $186
10-19 South Portland resident, speeding (54/35 zone), Ocean House Road, $170
10-20 Cape Elizabeth resident, speeding (56/30 zone), Sowery Road, $278

ACCIDENTS
10-09 Case Collins, Adam Loranger, Fort Nathanael Greene, age 77, is a retired land.
10-10 Two officers responded to a residence in the Woodland Road area for well-being check.
10-10 An officer met with a resident of the Scott Dyer Road area regarding an assault complaint.
10-17 An officer met with a resident of the Shore Road area regarding a criminal mischief complaint.

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Ron Spidle, Owner
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vindllebuilders.com

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Bos/Realtor
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Toll Free: 888.558.0558
Frankstrout@remax.net www.OceansideMaine.com

Kathleen O. Pierce
Realtor, SRES, ABR, Previews Specialist
Office: (207) 799-5000 ext. 4252
Cell: (207) 232-4030 Fax: (207) 799-9226
kathleen.pierce@removes.com
295 Ocean House Road
Cape Elizabeth, ME 04107

The Cape Courier • Page 13

Nurturing a healthier generation

By Cape Elizabeth Community Services

Patty Medina’s Fit to Live Tuesday Morning Class

Nurturing a healthier generation of older adults by offering programs to improve overall physical activity engagement among participants results in observable improvements in physical function as well as social and mental health. Adult Program Coordinator Linda Strunk attributes the rising attendance in fitness and movement classes by seniors to the many quality instructors and wide range of programs we offer. For example, Body Dynamics, Fit to Live and NIA classes promote stretching and strengthening, stability and flexibility. Instructors Elaine Taley, Patty Medina and Erin Curren represent some of the best instructors in aerobics, yoga and martial arts. The knowledge and experience they bring to their fitness classes is particularly geared towards working aging bodies in a safe and beneficial way. Collectively, their half dozen classes attract both men and women who range in age from early 50s to late 70s although younger and older individuals participate as well.

Walk-ins are invited and encouraged either to try a class before committing or to attend only as schedules allow. The benefit of pre-registering is to both ensure our instructor’s enrollment goals are met and to take advantage of the Town of Cape Elizabeth’s taxpayer discount of 20 percent offered exclusively to residents ages 62 and older. This discount applies to many programs offered by Community Services with the exception of programs specifically designed and priced for seniors or unless otherwise noted.

Nathanael Greene, age 77, is a retired land-

Be kind to people, animals, and the earth!
spiritualworkers.com
**CAPE CALENDAR**

By Wendy Derzawiec

**Wednesday, November 7**
- Town Council Appointments Committee, 5 p.m., William H. Jordan Conference Room, Town Hall
- Veterans Day Holiday; Town Hall, Thomas Memorial Library closed. Recycling Center open 10 a.m.-7 p.m.

**Thursday, November 8**
- CAHILL EDWIN W 7 SINGLES ROAD SINGLE FAMILY $2,600,000
- SULLIVAN JAMES D 52 STARBOARD DRIVE CONDOMINIUM $194,000
- SMITH PETER C 51 STARBOARD DRIVE CONDOMINIUM $218,000
- FITZPATRICK MARGARET A 4 CANTERBURY WAY CONDOMINIUM $500,000
- HALLEE LISA 14 DAVCARLEY ROAD SINGLE FAMILY $459,900
- PERWIN NOAH MCLELLAN 3 JEWETT ROAD SINGLE FAMILY $353,850
- ROSS SPENCER E 293 FOWLER ROAD SINGLE FAMILY $342,500
- RYDER JON S 56 CROSS HILL ROAD SINGLE FAMILY $700,000
- DENNETT DANIEL 35 LITTLEJOHN ROAD SINGLE FAMILY $830,000
- DAMBACH MONICA A 19 CRANBROOK DRIVE SINGLE FAMILY $546,000
- MCDONALD TIMOTHY J 57 ZEB COVE ROAD SINGLE FAMILY $1,450,000
- BOWNS JR JOHN L 28 STONE DRIVE SINGLE FAMILY $325,000
- KTO LLC 4 BRADFORD ROAD SINGLE FAMILY $235,500
- KGM LLC 81 FOWLER ROAD SINGLE FAMILY $95,000
- ROSS SPENCER E 293 FOWLER ROAD SINGLE FAMILY $342,500

**Wednesday, November 14**
- Town Council Appointments Committee, 5 p.m., William H. Jordan Conference Room, Town Hall
- Town Council, 7 p.m., Town Hall chamber

**Thursday, November 15**
- Fort Williams Park Committee, 6 p.m., Cape Elizabeth Community Center
- Thomas Memorial Library Committee, 6:30 p.m., Thomas Memorial Library
- Scott Dyer Road Improvements Phase II Informational Meeting, 7 p.m., Town Hall

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**CAFE CALENDAR**

By Wendy Derzawiec

**Wednesday, November 7**
- School Board, 6:30 p.m., Town Hall chamber
- Town Council Annual Caucus, 7 p.m., Town Hall
- Conservation Committee, 7 p.m., Town Hall

**Friday, November 9**
- School Board replay
- Planning Board (live)
- Planning Board replay

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**Thursday, November 15**
- Cape Elizabeth United Methodist Church
- Saint Alban’s Episcopal Church
- St. Bartholomew Church; 7 p.m. Fridays, St. Alban’s Church

**Sunday, November 18**
- Sunday Worship: 10:30 a.m. and 5:30 p.m.
- St. Alban’s Church: 5:30 p.m. Family Bible Studies: Wednesday, 7 p.m. Sermon recordings available to download

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**Friday, November 23**
- Cape Elizabeth United Methodist Church
- Saint Alban’s Episcopal Church
- St. Bartholomew Church; 7 p.m. Fridays, St. Alban’s Church

**Sunday, November 25**
- Sunday Worship: 10:30 a.m. and 5:30 p.m.
- St. Alban’s Church: 5:30 p.m. Family Bible Studies: Wednesday, 7 p.m. Sermon recordings available to download

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**Saturday, November 30**
- Cape Elizabeth United Methodist Church
- Saint Alban’s Episcopal Church
- St. Bartholomew Church; 7 p.m. Fridays, St. Alban’s Church

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**DIRECTIONS TO CHURCHES**

- Saint Alban’s Episcopal Church
- St. Bartholomew Church
- Saint Edward’s Parish
- Saint Margaret/Alban’s Church
- Saint Patrick’s Church
- United Church of Christ
- United Church of God
- Unitarian Universalist Church
- United Methodist Church

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**SUNDAY SCHOOL**

- Saint Alban’s Episcopal Church: 9 a.m.
- Saint Edward’s Parish: 9:15 a.m.
- Saint Margaret/Alban’s Church: 9:30 a.m.
- United Church of Christ: 10 a.m.
- Unitarian Universalist Church: 10:30 a.m.
- United Methodist Church: 11:00 a.m.

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**HOURS OF CHURCH OFFICE**

- Saint Alban’s Episcopal Church: 9 a.m.– noon Thursdays, Public Safety Building
- Saint Margaret/Alban’s Church: 9 a.m.– noon Thursdays, Public Safety Building

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**COMMUNITY SERVICES**

- Cape Elizabeth United Methodist Church
- Saint Alban’s Episcopal Church
- St. Bartholomew Church
- Saint Edward’s Parish
- Saint Margaret/Alban’s Church
- United Church of Christ
- Unitarian Universalist Church
- United Methodist Church

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**LONG JOHNS FOR WINTER WARMTH**

- Judy’s Food Pantry: A community feeding itself
- Cape Elizabeth United Methodist Church
- 280 Ocean House Road
- Nov. 6 and 20 and Dec. 4 and 18 3:5 p.m.

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**Dr. Marta Agrodzia, DVM, DACVS**

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**SERVICES**

- Cape Elizabeth Church of the Nazarene
- 499 Ocean House Road (Route 77)
- 799-3692
- www.capeenazarene.org
- Sunday School for all ages: 9:30 a.m.
- Sunday Worship Celebration: 10:45 a.m.
- Services streamed live or on demand: watch.capeenazarene.org

- Cape Elizabeth United Methodist Church
- 280 Ocean House Road
- 799-8396
- www.umecc.org
- Open Church, Thursday: 5:30 p.m.
- Sanctuary Service: 10 a.m.
- Child Care & Sunday School: 10 a.m.
- Adult Sunday School: 9 a.m.

- The Church of Jesus Christ of Latter-day Saints
- 29 Ocean House Road
- 799-4321
- Sacrament Meeting: Sunday, 10:10 a.m.
- Young Women’s: Sunday School: 11:15 a.m.–12 p.m.
- Primary: 11:15 a.m.–1:00 p.m.
- Relief Society, Priesthood: 12:00–1:00 p.m.

- The Church of the Second Chance
- Greater Portland Christian School
- 1338 Broadway, South Portland
- 641-3235
- Sunday: 10:30 a.m.–12:15 p.m.

- Congregation Bet Ha’Am
- 81 Westbrook St., South Portland
- 879-0028
- www.bethaam.org
- Worship: Friday, 7:30 p.m.
- Sunday School: 10 a.m.

- Cape Farm Alliance
- South Portland/Cape Elizabeth Rotary Club
- 499 Ocean House Road (Route 77)
- Cape Farm Alliance, third Wednesday, 7 p.m.

- Cape Town Council
- 499 Ocean House Road (Route 77)
- Cape Town Council, second Wednesday of each month from 7 p.m.

- Cape Farms Alliance
- Cape Farm Alliance, third Wednesday, 7 p.m.

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**CABLE GUIDE**

- Cape Elizabeth Church of the Nazarene
- Nov. 10, 11, 17 & 18 - 9 a.m.
- School Board (live)
- Nov. 13 - 6:30 p.m.
- Council (live)
- Nov. 14 - 7:00 p.m.
- Town Council replay
- Nov. 15 & 16 - 2 p.m. & 8 p.m.

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**CHANNEL 3**

- Cape Elizabeth Church of the Nazarene
- Nov. 17 - 10:30 a.m.
- School Board replay
- Nov. 17 - 18 & 2 - 8 & 9 p.m.
- Planning Board (live)
- Planning Board replay
- Nov. 20 - 7:00 p.m.

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**SEPTEMBER 2018 REAL ESTATE TRANSACTIONS**

- 879 Sawyer Street South Portland
- Greater Portland Christian School
- 879-0028

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**COMMUNITY SMALL BUSINESSES**

- Animal Emergency Special Care, 739 Warren Avenue, Portland
- Dr. Marta Agrodzia, DVM, DACVS, 799-8396
- Judy’s Food Pantry: Community feeding itself, Cape Elizabeth United Methodist Church, 280 Ocean House Road
- Dr. Marta Agrodzia, DVM, DACVS, 799-8396

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**COMPASSIONATE CARE**

- 24 HOURS A DAY
- 7 DAYS A WEEK
- 207 878 3121
- www.animalemergencyspecialcare.com

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**EVENTS/NEWS**

- Cape Elizabeth Church of the Nazarene
- 499 Ocean House Road (Route 77)
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- 1338 Broadway, South Portland
- 641-3235
- Sunday: 10:30 a.m.–12:15 p.m.

- Congregation Bet Ha’Am
- 81 Westbrook St., South Portland
- 879-0028
- www.bethaam.org
- Worship: Friday, 7:30 p.m.
- Sunday School: 10 a.m.
- Game Room

- First Congregational Church
- United Church of Christ
- 301 Cottage Road, South Portland
- 799-3361
- www.fccucc.org
- Worship: 8:30 a.m., 10 a.m.
- Sunday School: 10 a.m.
- Preschool Child Care: 10 a.m.
- Game Room

- First Congregational Church
- United Church of Christ
- 167 Black Point Road, Scarborough
- 883-2342
- www.fccscarborough.com
- Sunday Morning Worship: 9:30 a.m.
- Sunday School & Nursery Care
**CLASSIFIEDS/CONTINUED**

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**CLASSIFIED AD RATES**

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767-8176 or 329-8122

**MUSIC LESSONS**

Flute lessons: For beginners and intermediates of all ages. Call Kris: 767-3712.


**LONG JOHNS**

Continued from page 14

with donated funds. This year they hope to increase that number by inviting the wider community to participate in this project helping those in need.

This winter may be a challenge for people accustomed to Maine winters, but imagine what a Maine winter for new immigrants and refugees coming here from warm climates is like. Frigid, bitter and raw, and all they may own is light-weight clothing.

New long johns for men, women, and children will be collected at St. Alban’s until Dec. 2. There is a chest for the donations of long johns in the main church hall at St. Alban’s Episcopal Church, located at the corner of Oakhurst Road at 885 Shore Road in Cape Elizabeth. The church hall is open Monday through Thursday, from 10 a.m. to 2 p.m. and on Sundays during the time services are held. If you have any questions, please call the church office at (207) 799-4014.

If you would rather write a check for the purchase of long johns, mail it to St. Alban’s Episcopal Church, 885 Shore Road, Cape Elizabeth, Maine 04107. Please write “long underwear drive” on the Memo line.

Thank you for your help with this important project which seeks to improve the daily lives of new Mainers and those in need living in our greater community this winter.

**ELDER CARE SERVICE**

Call Diane 207-671-6966

**FOR SALE**

Get ready for winter! Ariens “624E” (Model 920001, 6hp, 24 inch dual stage, electric start) Snow Blower for sale. Excellent condition, serviced. $350. Call 385-7155 or 767-9893.

Enjoy Cape Elizabeth photo note cards by naturalist Martha Agan magan@maine.rr.com. Card assortments available at Ocean House Gallery near the library parking area.

**SENIOR CARE**

**CAKE SNOW PLOWING**

767-8176 or 329-8122

**KITCHEN TOUR**

Continued from page 6

of the local designers, builders, architects and craftspeople. Their skill and craftsmanship was clearly evident, but so to was their kindness, work ethic and generosity. Above all, we are indebted to the gracious homeowners who loaned us their beautiful properties and welcomed attendees from all over New England and beyond. We are so grateful to every advertiser, sponsor, photographer, ticket purchaser, volunteer and homeowner. Without their civic-mindedness and commitment to local education, this tour would never have happened,” she said.

Mary Walker and Helen Smith
Selling in Cape Elizabeth, South Portland, Scarborough and beyond

Our professional broker services include:
- Presales consult
- Professional home staging
- Professional photography
- Referrals for quality cleaning & home project professionals

Coldwell Banker Residential Brokerage
295 Ocean House Rd.
Cape Elizabeth, Maine 04107

Mary Walker
207.831.7291
Mary.Walker@NEMoves.com

Helen Smith
207.318.1765
Helen.Smith@NEMoves.com

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Coldwell Banker Residential Brokerage
295 Ocean House Rd.
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Mary Walker
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Helen Smith
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Mary Walker and Helen Smith
Selling in Cape Elizabeth, South Portland, Scarborough and beyond

Our professional broker services include:
- Presales consult
- Professional home staging
- Professional photography
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scaper, gardener and arborist who just signed up for his second session of Fit to Live Yoga with Patty Medina. He has long known of the benefits of yoga as both his wife and daughter have been taking yoga classes for years. When he read the description that started, “Attention adults age 60+” he said to himself, “that’s me, I can do this.” The stretching techniques I’m learning are “helping me to loosen up and straighten up,” said Greene. He recently told Medina, “I thank you and my family thanks you.”

“We pride ourselves on offering fitness programs that are not only fun, but effective in improving the overall health and wellness of those who participate, regardless of age,” says Strunk. We challenge you to improve your overall wellness by stretching on a mat, balancing in a pose, dancing to the music or working your muscles in the pool. For additional information on classes for all ages and fitness levels, from spinning to weight lifting, ballroom to tap, and basketball to endurance swimming, log onto www.capecommunity-services.org.