In my mind, I can still see it happening. It was the fall of 1976. I was a junior at Iowa State University in Ames, and a Resident Assistant (RA) in a 10-story dormitory (bottom three floors women, top seven floors men). The RAs met weekly on Sunday evenings to discuss things, and we established the custom that one of us would cook supper for the others for the meeting, on a rotational basis. The head RA was the only person in the entire dorm who had a kitchen or any kind of cooking facilities (pre-microwave days), so we were forced to go to her room to cook. For my first turn, I don’t remember what I cooked for the main meal that day, but I do remember for dessert I made a beautiful apple pie with a lattice top (everything was from scratch, including the crust - a work of art). As I was bringing the pie up to my room to cool, I stopped at the third floor to chat with the RA. Holding the pie pan in my hands, I was leaning against the door jamb speaking with her, I remember seeing out of the corner of my eye two women walking down the hall in my direction. When they reached me, one of them stopped, put her hand in my pie, pulled out a big hunk, and started eating it. I stared in disbelief for an instant before telling her, in no uncertain terms, what I thought of her actions (cuss words were involved). She thanked me for the taste and continued down the hall. Those readers who know Elizabeth are likely not surprised that she did this. We have been married for 39 wonderful years… but we did not hit it off on that first meeting!

Jim Huebener

As we approach Valentine’s Day, I would love to share my parents’ love story with their town. My parents, Douglas and Carolyn Davis, have been married for 54 years, a span of time that baffles their six grandchildren, who occasionally like to hear the story of my parents courtship.

My father is always quick to oblige them, telling the kids that they met in high school and that my mother invited him to a Girl Scout Dance when they were 14 years old. My father would always say to the children, “The minute your grandmother took off her glasses and kissed me that was it. I was in love.”

And thus began their romance. Several movie dates later, a snowstorm was scheduled to hit their small Massachusetts town. My brilliant grandfather called home from his office sharing the forecast and stating that there would be no school the next day. He then suggested to my father that he could swing by and pick up my mother at her house so she could come for dinner. My father thought that was a great idea, and of course later in the evening my grandfather called my mother’s father and stated that, sadly, due to the storm, he could not drive my mother home. It wouldn’t be a safe choice…. but there was plenty of room for her to stay overnight! We are not sure, but suspect, my mother’s father was aware of “the plot.” This began a snow day tradition. Mom would be invited for dinner, and encouraged to bring her toothbrush “just

after 59 years as an educator, Richard Mullins has retired. He served as a teacher and theater director at Cape Elizabeth High School for so many years and was celebrated by faculty and staff at a recent potluck. Colleagues Scott Shea and Lisa Melanson said a few words, relating stories about the enormous impact Mullins has had over the decades.

Dick Mullins was feted by colleagues on the occasion of his retirement. He is pictured here with Lisa Melanson and Joan Moriarty.

Cape Elizabeth basketball scene

Sophomore Nate Mullen drives for a layup as Cape beats Yarmouth at home 45-27 on January 21.

Richard Mullins retires after 59 years as an educator

Photo by Kevin St. Jarre

Maryellen and I met on a spring break bus trip to Daytona Beach back in 1990. I was sporting a serious mullet haircut, lugging around a beer funnel all week. How could she possibly resist.

Charlie Tarling

Cape Elizabeth basketball scene

Photo by Sara LeTourneau

Sophomore Nate Mullen drives for a layup as Cape beats Yarmouth at home 45-27 on January 21.

The Cape Courier wishes you all a Happy Valentine’s Day!

The Cape Courier wishes you all a Happy Valentine’s Day!

How could she possibly resist.

Charlie Tarling

see HOW WE MET page 14
Thank you for fixed light

Dear Town of Cape Elizabeth,

Thank you very much for fixing the blinking red light. Everyone is safer now.

Hugs and kisses XO,

Bremo D. Sims

Age 4½

Support during shutdown

If you are a Cape Elizabeth resident and have been affected by the government shutdown, please know that we are here to support you with supplemental groceries. Our next pantry dates will be on February 12 and February 26. We are open between the hours of 3 p.m. to 5 p.m. and are located in The Cape Elizabeth United Methodist Church, 280 Ocean House Road. Please bring your government ID.

Beth Owens
Coordinator for Judy’s Pantry

Thank you for supporting fundraising efforts

I would like to publicly thank Denise Goode, owner of Circuit 77, our neighborhood gym, for supporting my fundraising efforts for the Maine Cancer Foundation.

On Tuesday, December 11 riders raised money for the Maine Cancer Foundation. The class was lead by endurance coach and studio owner Denise Goode. The afternoon class was designed so that riders of all levels would be able to participate. Motivational holiday music, laughter and positive coaching made this a great class. Many first time riders are already returning for more classes. Thank you to all that Cycled for a great cause.

This years Tri For A Cure will be held on July 14 starting at Bug Light in South Portland, and bikers will be riding their second leg of the tri through Cape Elizabeth. Be sure to get out there and cheer on those athletes. Funds raised by the Tri for a Cure go to provide grants for research, education and patient support services, 100 percent of the money goes to work here in Maine.

Thank you again to Circuit 77 for supporting local community members like myself and fundraising efforts for the 2019 Maine Cancer Foundation’s Tri for a Cure. I am grateful to have such a beautiful studio to train at. From barre, circuit training, yoga fusion and of course spin classes I will be ready for my 10th Tri for a Cure.

Tara Bucci

Circuit 77

On left, Tara Bucci with Denise Goode, owner of Circuit 77.

Another successful year for Christmas Tree Pick Up fundraiser

On behalf of the Cape Boys Hockey Boosters, we would like to thank all those who participated in the Christmas Tree Pick Up fundraiser. It was another very successful year for the team. We really appreciate your support.

Steve and Cathy Murray

Cape Elizabeth boys hockey team

Checks made out to The Cape Courier may be mailed to P.O. Box 6242, Cape Elizabeth, Maine, 04107. Future contributions will be acknowledged in an alphabetical format. Please include a message on your correspondence if you prefer to remain anonymous.

Thank you to this recent generous contributor:

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Letters should not exceed 350 words. We reserve the right to refuse letters and to edit for length, accuracy, clarity and civility. We do not withhold names and writers may be limited to one letter per month. Petition-style letters will be declined. Letters reflect the opinion of the author, not The Cape Courier. Email letters to: editor@capecourier.com or mail to P.O. Box 6242, Cape Elizabeth, ME 04107. Please note: Letters will be acknowledged by email.

OUR MISSION STATEMENT

The mission of The Cape Courier is to foster a sense of community by presenting news specific and unique to Cape Elizabeth and its residents, and, whatever possible, to promote voluntarism within our community.

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Next Issue: Feb 20
Deadline: Noon, Feb 8
Cape Elizabeth Then and Now: What’s in a name?

By Jim Rowe

The Ironclad Club in 1877. Charles Conant photograph

Town Council approves senior tax-rebate program

The Town Council on Jan. 14 approved a tax-refund program that could save senior citizens up to $500 on property taxes. Councilors voted 5-1 to adopt a new ordinance creating the program, modeled after a similar program in Scarborough.

Residents 65 and older, who have lived in their residence - owned or rented - for 10 years, have a federally adjusted annual household income of less than $60,000 and receive the state’s homestead exemption can qualify.

Voting against the ordinance was Councilor Chris Straw, who said he supported the idea but not the requirement for 10-year residency. “Imagine if it instead was a program for food stamps, or a program for welfare benefits,” Straw said. Garvin, however, said he saw the ordinance as a first step. “I think that as we see what the interest is in this, and how it’s embraced and the number of people that take it up, comments like what Councilor Straw is talking about can certainly be revisited,” he said.

Councilor Valerie Randall, a member of the ordinance committee, said the residency requirement grew out of a desire to help seniors remain in the homes they’ve lived in for years.

The council’s ordinance subcommittee drafted the ordinance along with Clint Swett, town assessor. “It is a good ordinance and I think it will help a lot of people,” Swett said.

“One thing I want to stress is, tell your neighbors. Tell your friends,” Swett said. Application forms are already available at the assessor’s office at Town Hall and available for download on the Cape Elizabeth town website. “If you can’t get to Town Hall, call the office, we’ll be more than happy to throw some in an envelope and mail them out to you. But definitely take advantage of the program, I think it will help a little bit,” said Swett.

Deadline for application is Feb. 15. The current town budget includes $75,000 to fund the pilot program.

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TIPS FOR GENERATORS

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Two City Center | Portland, ME
During the December 10 Oath of Office, the School Board welcomed Laura DeNino as the newest member. Laura was elected during the November election and fills John Voltz’s vacancy. Returning mem-
bers, Heather Aletenburg and Elizabeth Sic-
ieres were re-elected to the board and also
sworn in. Heather is beginning her second
three-year term and Elizabeth is beginning
her third. The following leadership appoint-
ments were approved during the December
11 Regular Business Meeting: Susana Mea-
selle Hobbs, Chair; Heather Aletenburg &
Kimberly Carr, Co-Vice Chairs; Elizabeth Sci-
cieres, Finance Chair; and Hope Straw,
Policy Chair. Tying something new, the
board decided to select two co-vice chairs so
that growth within the board is encour-
aged and supported.

On January 8, during the most recent
regular school board business meeting, the
board discussed setting goals for the upcom-
ing FY20 budget season with the idea that all budgeting decisions would lean on these
goals as guides for budgeting decisions.

1. Maintaining and improving the high
quality of education for every student.

2. Careful examination of line items and
consideration of the success and effective-
ness of the expenditures in order to provide a
fiscally responsible budget.

3. Clear and continual communication
about the budget process.

Live coverage and recordings of school
board regular business meetings can be
viewed at www.ccv.capeelizabeth.org.

BUDGET:

On December 18 the School Board and
Town Council held a second joint work-
shop to continue conversations on ways to
improve the school budget process. The
meeting produced a healthy exchange of
questions and suggestions. Beginning with a question from a community mem-
ber on whether the superintendent builds the
budget assuming $0 in subsidies from the state? Dr. Wolfrom answered that the
approach to building the budget begins by
looking at staffing, person by person, con-
sidering retirements and whether or not
these positions need to be replaced. From
there, the process moves by looking at each
and every line item. The “original request
budget,” developed after numerous meet-
ings with all department heads, is then
 calculated with no assumption of revenues
 included. Councilor Penny Jordan pointed
out the importance of marketing the budget-
ning process to the community so that they
are fully aware of the needs and rationale.
Town Council Finance Chair, Chris Straw,
shared that more pressure should be put on
our local representatives to stand firm on
behalf of our town. Town Council Chair,
Jamie Garvin, reinforced the value of provid-
ing comparisons with neighboring school
districts. Finally, the joint committee fully
agreed that it would be prudent to continue
conversations within the context of a sub-
committee made up of the Town Manager,
Town Council Chair, Town Council Finance
Chair, the Superintendent, School Board,
School Board Finance Chair and the Business Manager.

Hence, the newly formed sub-committee
met on January 24 to begin examining the
budget schedule; the anticipated timing
of state subsidies being announced (early February); the status of the upcoming mu-
icipal budget; as well as the details of the
school budget. Currently, the total percent-
age increase for only — staff, benefits, and
retirements (without any additions) — is
4.33 percent. While this percentage may
change, it is important to clarify that it does
not represent any other additional expenses,
such as supplies or a possible Needs Assess-
ment, nor does it include an estimate of any
revenues. As the board moves forward with
this very important work, every effort will
be made to provide as much communication,
transparency, and clarity as possible. As
always, the public is encouraged to attend
meetings and workshops and/or send ques-
tions directly to the School Board.

All budget-related materials and sched-
ules can be found on the CES website (www.capc.k12.me.us) under the FY 2018-
19 tab as they become available.

FACILITIES STUDY:
The Needs Assessment Committee met a third
time on December 5 at the CHES li-
brary and toured six different areas within
the school (excluding athletics) that have been identified as needing improvement. High school students Joe Clancy, Liv Co-
chran, Aidan Lee, Max Patterson, Piper Strunk, and Julia Thoreck guided groups
from each station to the next. The following
areas were discussed: CHES main entrance;
Science classrooms 319 & 320; Cafeteria &
Kitchen; Auditorium/Stage Entrance; Life
Skills and Special Services Classroom; and
the Library. Some of the items identified as
needed included: proper safety mea-
sures, equipment, and spacing within one
of the chemistry labs; and the need for new
curtains for the theater that are not torn and
are fire compliant. For a complete review of
the concerns and needs, please review the
Minutes from the entire meeting and the
video of the tour under the Facilities Needs
Assessment Committee tab on the school
website (www.cape.k12.me.us).

On January 9, the committee met for a
fourth and final time to fulfill its charge of
determining whether or not a needs assess-
ment should be recommended to the School
Board for the FY20 budget. Prior to voting, a
slide show comparing neighboring dis-
tricts was presented. With over six neighbor-
sing school districts compared to Cape Eliz-
beth, the slides highlighted a stark contrast
between the conditions of Cape Elizabeth’s
buildings to those of our neighbors. Also
included in this presentation was a histori-
ocal look at renovations and bonding. The
show was also located on the Facilities Needs
Assessment Committee tab.

Colby Company Engineers provided a
presentation of a Needs Assessment Study
Proposal (which is also posted online) in the
amount of $189,000 (roughly $60K less
than the Facilities Study proposed last year,
but eventually removed from the budget).

While the Needs Assessment study would
not include various things such as concep-
tual renderings and PE/RA stamped con-
structions drawings, it would provide the
district with a comprehensive field inves-
tigation and reports; categorized project-
specific reports sorted by priority levels;
and multiple stakeholder interviews and
presentations.

In the end, after significant discussion
of options to increase the speed of progress,
the committee voted unanimously to make
the recommendation to the School Board
at the next regular school board business
Meeting on Tuesday, February 12. The
School Board, at the January 22 workshop,
indicated via straw poll that the recom-
endation will be approved.

POLICY:
The policy committee met on January 3
to discuss a second reading the follow-
ning policies:

JHBD: Athletic Policy - Sanctioning of
Sports;

EBCC: Bomb Threat;

BCC: Nepotism;

BBA: School Board Powers & Respon-
sibilities;

JJIAB: Private Schools Access to Pub-
lic School Co-Curricular, Interscholastic &
Extracurricular activities

No comments or requests for changes were received from the School Board, Ad-
ministration or community members. As
such, the above listed policies were ap-
proved-as-is at the January School Board Regular Business Meeting.

The following policies were reviewed for a first reading at the January 3 Policy
Committee Meeting:

KF: Community Use of School Facili-
ties;

EB: Integrated Pest Management;

EEAEEE: Drug and Alcohol Testing for
School Bus Drivers; and

IHOA: Field Trips

There was extensive discussion around the policy KF: Community Use of School
Facilities. The committee determined

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www.capeelizabethsoccerclub.org

CAPE ELIZABETH YOUTH SOCCER CLUB

WoodlandsMaine.com
Gardens plot vacancies for 2019

Greetings and happy winter from the Cape Elizabeth Community Gardens at Gull Crest and Maxwell’s Farm. This upcoming 2019 garden season we have some garden plot vacancies. If you are a Cape Elizabeth resident who is a new or experienced gardener and is interested in growing fresh organic produce at one of the beautiful Cape Elizabeth Community Garden locations, please send your name, mailing address, phone number and e-mail address to Rachel Stamieszki at smzk7@maine.rr.com. Please also indicate if you have a preference for either the Maxwell or Gull Crest location. Your name will be added to the wait list in the order in which your e-mail is received. Gardeners use organic methods, and in addition to tending their own plots, spend additional hours during the season on general garden duties. In each garden, vegetables are grown in several plots for the Maine Harvest for Hunger program. Proceeds go to Judy’s Pantry, serving Cape residents with limited resources, and named in memory of Judy Simonds, one of the garden founders. For more information, please visit www.capegarden.org or call Rachel at 767-3603.

New executive director at The Landing

The Landing at Cape Elizabeth and Next Step Healthcare is excited to announce the appointment of Lee Freitag as executive director. Freitag is a licensed residential care administrator, bringing six years of senior living and over 30 years of leadership experience to Cape Elizabeth. Prior to The Landing, he served as administrator of two community centers in the Westbrook area. He resides in Tops- sham, Maine.

South Portland Adult Education

CLASSES OFFERED Winter/Spring 2019

For detailed information, please visit www.southportland.maineadulted.org

Dates for ELL and HiSET classes: Tuesdays and Thursdays, January 15-May 9
HiSET Graduation: May 7, 2019, SPHS Auditorium

COL-9 Driver Preparation Class
This class will prepare students to pass the written and driving portions of the Commercial Driver’s License test as well as prepare them for their School Bus Driver endorsement.

Dates: Monday through Thursday, April 22-25
Times: 6:00-8:30 p.m.
Cost: FREE

HiSET/Accuplacer Preparation Class
If you did not earn your high school diploma, the HiSET (High School Equiva-

Math Lab for HiSET/Accuplacer
Students who take this class will strengthen their Math skills to put themselves in a position to pass the Math portion of the HiSET and/or the Accuplacer exam.

Travel Spanish
Spanish is one of the world’s most popular languages. Tuesdays, February 26-April 9
Times: 6:30-8:30 p.m.
Cost: $69

Fiction on the Fly: The Flash Fiction Workshop
Spend 10 thrilling weeks learning the methods, patterns, and characteristics professional storytellers use to create classic tales of fiction. This is one of our most popular classes.

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Time: 6:30-8:30 p.m.
Cost: $85

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South Portland High School, 637 Highland Avenue, South Portland, Maine

Scan alert bulletin board

Reported by J. Jessica D. Simpson

W-2 and Tax Aid Scams
As the tax season approaches, individuals as well as small businesses need to be cau-
tious of identity theft. Identity thefts use stolen Employer Identification Numbers to create fake W-2 Forms to file with fraudulent individual tax returns. Fraudsters also used these open new lines of credit or obtain credit cards. Now, they are using company names to file fraudulent returns. Employers are warned to look out for emails asking for sensitive W-2 information. If you believe you might be targeted by a tax scammer, you can report it to dataloss@irs.gov and StateAlert@acadmin.org.

Just Send the Money - Advance Fee Scams

New college students are receiving ad-
missions letters and scholarships this time of year. Among the letters from universities, many students may also receive offers for al-
leged student loans, scholarships, financial aid, and job offers. Some will charge a fee for things you could do by yourself, like fill-
ing out college applications, writing college essays, filling out the FAFSA (financial aid) form, or filling out job applications. Wheth-
er they end up providing the service once you’ve paid up is unsure, in many cases. If you hear any promotion of “just give us mon-
ey and we’ll do the rest,” know that this is likely a scam. While some of the forms and applications can be difficult to get through, it is best to protect your personal information and fill them out yourself or with someone representing a reputable company.

McCain resigns as executive director of Fort Williams Park

The Friends of Fort Williams Park announce that James McCain has resigned as its executive director. McCain has been the face of the organization since June 2013, first as arborist director and later execu-
tive director.

In his resignation, McCain said he wants to revamp his landscape design business, which he let go dormant while he developed the gardens at Fort Williams Park. McCain told board members that developing the plan for the Children’s Garden at Fort Wil-
liams and seeing that garden come to frui-
tion in 2016 made him realize how much he missed designing and planting sustainable landscapes.

Board members praised McCain’s work in improving the ecology and beauty of the park, creating sustainable gardens around Portland HeadLight, along the Cliff Walk and in the Children’s Garden.

To provide a seamless transition in the Friends’ operations, the Board of Directors will divide the duties that McCain has been doing into two part-time positions — with the salaries of the two positions not to exceed the current salary of executive director.

One part-time position will be manager of the ecology project, overseeing the long-
term, park-wide effort to improve the eco-
ological health and sustainability of Fort Wil-
liams Park. The second will be executive director, who will oversee operations of the organization, lead fund-raising activities and other events, manage staff and be the organization’s prime contact with the public.

As a first step, the board of directors has selected Andrea Southworth as temporary ecology project manager. Southworth, who is a member of the Friends’ Board of Direc-
tors and chair of its Education Committee, is an instructor at Maine College of Art and Southern Maine Community College, teaching botany, biology, urban ecology, invasive species and scientific method. She has a B.S. in biology, M.S. in botany and has 100 hours toward a Ph.D. in entomology. The Board of Directors is initiating a search for a qualified person to fill the pos-
tion of executive director, with the inten-
tion of filling the post within the next few months.

Anyone interested in applying should contact Dianne Manning, dmanning@ fortwilliams.org, 207-767-3707.

In appreciation of the Maine School Management Association’s sample policy on use of school facilities would provide more con-
cise clarity on the use of school facilities. The existing policy, however, reflects the unique shared use of Cape Elizabeth town facilities among the school district and town. As such, the existing policy will be retained with some modifications as regu-
lations applicable to the use of facilities.

The director of facilities recommended that in order to more closely meet regula-
tory requirements, policy ECB: Integrat-
ed Pest Management be revised to more closely reflect the Maine School Manage-
ment Association’s sample policy.

HIOA: Field Trips policy was dis-
cussed extensively. The policy committee and administration determined that many details contained in the Field Trips policy are more closely related to a transporta-
tion policy. The committee determined that moving the transportation related de-
tails out of the Field Trips policy and into a separate transportation policy would be appropriate.

All three policies were brought before the School Board for a first read (public reading and discussion, no vote) at the Board’s January business meeting.

On the agenda for the January 3 Policy Committee meeting, but not discussed due to time constraints:

DN: School Properties Dispositions; GCFB: Recruiting & Hiring of Adminis-
trative Staff; and

JRA: Student Education Records and Information.

All policies are posted on the CESD website (www.cape.k12.me.us) under the School Board/Policy tab.

FUTURE DATES:

• Thursday, Feb 7, Policy Committee, 3-

p.m., Jordan Conference Room.

• Tuesday, Feb 12, Regular School Board Business Meeting, 6:30 - 8:30 p.m.,

Town Hall Chambers.

• Tuesday, February 26, Budget Work-
shop Q&A, 6:30 - 8:30 p.m., CEHS Li-
brary. State subsidy (ED279) estimate will be announced and School Board will begin intensive review of the budget with Q&A from all department heads.

• Tuesday, March 5, Budget Workshop

Q&A, 6:30 - 8:30 p.m., Town Hall Cham-
bers.

School Board
Continued from page 4

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News

The Cape Courier • Page 5

Feb 6 - Feb 19, 2019

NEWS
Middle School Celebration of Learning
By Evelyn Agrodnia, Grade 7 and Sophia Toon, Grade 7

Hello. I'm Evelyn Agrodnia. Sophia Toon and I participated in a Celebration of Learning at the Middle School before the holidays. It was quite the experience. We faced our fears of presenting in front of people we didn’t know while learning to speak and look at the people we are presenting to at the same time.

Our class was given the assignment to choose from a list of historic Cape Elizabeth people, structures/buildings, or events. Our objective was to research the topic we chose and create a slideshow, poster, or model. Some of the topics were: Two Lights State Park, Portland Head Light, shipwrecks, Goddard Mansion, Town Hall, Beckett's Castle, etc.

I chose Two Lights. We found reliable resources that gave valuable information to put into our project. We used websites, books, interviews and videos. We found a lot of information and then we had to edit the project to be able to present it. We chose what format we wanted to use. I chose to do a slideshow because they look neat and organized. We found pictures of our topics to put into our projects as visuals.

For some topics, it was harder to find information. My teacher allowed us to work independently. However, she did check on our projects every once in a while and made sure we were taking notes. She had us turn in our projects before the presentations so she could tell us what needed to be fixed. We presented in front of our class first to practice so we wouldn’t be too nervous. Making sure you knew your topic was a big thing. You didn’t want to be reading off your project. You want to know what you’re talking about. Some people memorized a script to talk without looking at their project. However, I didn’t. Before we presented, I had looked at my slides and knew what I wanted to say about each one. The public presentation was postponed twice due to bad weather. The first time it was postponed, there was a sigh of relief from the majority of us. Anyhow, the second time we just wanted to get it over with. The more we thought about presenting in front of people, the tenser we got. I wasn’t sure what the audience would be like. It was a crowded room. For some people, it was hard to present in the somewhat organized chaos. For others, it didn’t matter. We learned many things while creating our projects: we learned a lot about our topic; we learned how to present in front of people without looking at a piece of paper or screen; we learned how to cite our sources and pictures correctly; and we learned how to find reliable resources with valuable information.

Hi, I’m Sophia Toon, a 7th grader at Cape Elizabeth Middle School. The Celebration of Learning was...well...there is no other way to put it...interesting. I had mixed feelings about the ordeal. I thought it was really cool to learn about Cape Elizabeth. As Evelyn explained above, we had to choose a topic related to Cape and present it in some way or another. I did the Cape Cottage Casino. I chose to do the Casino because I was really interested in its history.

When I think of casinos, I think of Las Vegas and crowded rooms. I thought it was kind of weird that there was a casino in Cape. I learned that the Cape Cottage Casino was not only a casino, but also a theatre, café, and dance hall as well. A representative from the Maine Memory Network came and talked to our team about the resources on Maine Memory Network’s website. She was really nice and helped us to get better information on our topics. I chose to do a slideshow because I like the neatness of it and it makes me feel professional. I think that it was a challenge to do this project because of all the steps involved. But at the same time, I wasn’t too flustered or stressed about it. But how did I feel about the public presentations? I was TERRIFIED!!!!!! I am not a big fan of talking in front of people. I get all stressed and tense when I am talking and I start to feel cold inside. I learned about the history of Cape Elizabeth, not only from my project, but from listening to others as well. I learned about citing my sources and paraphrasing.

However, I think the most important thing I learned was that it’s okay to be scared and it’s okay to be nervous about talking to people. But if you just sit there and shy away from it, you’re never going to get over your fear. And chances are that whatever you are in life probably requires talking in front of people you either know or don’t. Sometimes that can be scary and that’s okay.

We both agree that we glad the assignment is over, but we are happy that we had the experience.

Pittsburgh shooting
By Elena Rosenberg, Grade 6

As I was sitting in temple on a recent Saturday morning, I prayed for the people who were killed in the Pittsburgh shooting on October 27, 2018. I thought about the victims, and how they had been saying the same prayers, and singing the same songs that I was reciting that day. The morning after the shooting, when I arrived at Hebrew school, there were police officers and police cars parked outside the temple. Although I was grateful for their presence, I was also aware that I was thinking that something bad could happen at any given moment. Even though I had heard about other mass shootings in America, the Pittsburgh shooting hit particularly close to home.

In this case, 11 people were killed and many others wounded because they were Jewish. I’m Jewish. On any normal day when I wake up I don’t usually worry about being shot because of my religion, but on this day I was reminded that sometimes being different can be dangerous.

Unfortunately, hatred of those who are different is a repeating occurrence throughout history. Previously I’ve only experienced such hatred through reading about it in history books. Now, in 2018 I’m experiencing it myself. Unfortunately, I’m reminded that the work of combating hate, and anti-Semitism and prejudice is not over.

Many of the discussions that I have heard about the Pittsburgh shooting are diff erent is a repeating occurrence throughout history. Previously I’ve only experienced such hatred through reading about it in history books. Now, in 2018 I’m experiencing it myself. Unfortunately, I’m reminded that the work of combating hate, and anti-Semitism and prejudice is not over.

The Pond Cove Elementary School playground needs your help
By Claire G., Grade 4

Hello. I’m Claire G. and I’m a 4th grader at Pond Cove Elementary School. I have many hopes. I would like a structure (a safe one), new slides, nature land really being a NATURE LAND not a rock land, being safe, and most importantly, having fun. Thank you, everyone who read and listens to this. WE NEED A NEW PLAYGROUND! Thank you!

We need a new playground and nature land. I hope you can help. These are reasons why.

One reason why is because our gazebo is breaking apart. The reason why is because it is old and it can give you splinters. And if that’s not enough we have benches that are sagging. It’s a sad sight. We need our gazebo and benches better!!

Another reason why we need a new playground is we don’t have safe swings! Our swings is a big problem. We need to move them away from the wooden fence that is bigger than a teacher! The swings are also so old that they are falling apart. It’s a horrible place to swing.

We really need your help. I hope you can help us raise money to make our recess BETTER!!

Dear Community,

Here at Pond Cove school we need a new playground. I have many hopes for our new playground. We need more play options. Right now we either play on the structures, play a game, play in snow (when there is snow), play in Natureland, or we simply talk. On our new playground it would be nice to see more games, or new and interesting structures. Two: we need more space for games, etc. During games, I have seen tag games on the same field as football and other safety issues due to this problem. Tying in with this problem, we need more space in general. We need a field for playing, just playing in grass or making a snowman in snow. We only have tiny patches of land, near a brick wall, or the library. Three: We need safety to be first. There are many broken things on our current playground. Missing ladder steps, pulled up gravel, rocks in fields. In school they say safety comes first. That should be the rule on our playground too. For a new playground, I have
Legislature session highlights from Sen. Millett and Rep. Carney

By Senator Rebecca Millett and Representative Anne Carney

Maine’s State House is buzzing with activity. Though the 129th Legislature has just begun, bills are being printed and public hearings scheduled. Here are some early session highlights.

Senator Millett is again Chair of the Education and Cultural Affairs Committee, which oversees the education of our children from early childhood through higher education, school finances, cultural affairs and historic preservation, and many related issues. She is also a member of the newly formed Innovation, Development, Economic and Business Committee.

Representative Carney serves on the Labor and Housing Committee. The committee hears bills related to wages and public employee benefits, workplace safety, affordable housing, landlord/tenant law, homelessness, and housing safety. We are excited and grateful to be appointed to these committees that will review bills advancing policies important for the future of Maine, and that tackle issues we are passionate about solving.

We are working together on several bills. We have teamed up on “An Act To Prohibit the Possession and Use of Electronic Smoking Devices on School Grounds” (sponsor Sen. Millett, lead co-sponsor Rep. Carney), which will add electronic smoking devices, also known as e-cigarettes, to the list of tobacco products prohibited in Maine schools. E-cigarettes present a huge health risk to our children and keeping them out of our schools is one step toward curbing youth addiction.

We are also both working on “An Act To Protect Adults 66 Years of Age and Older from Financial and Other Types of Exploitation through Theft by Deception” (sponsor Rep. Carney, co-sponsor Sen. Millett), which addresses concerns we heard from Cape residents about phone scams targeting Maine’s vulnerable seniors.

We have sponsored many important bills that will head to committees for hearing. “An Act To Support Healthy Workplaces and Healthy Families by Providing Earned Paid Sick Leave to Certain Employees” (Sen. Millett) seeks to expand employees’ access to earned paid sick leave. This would allow hard working Mainers to take time off to get better, decrease the spread of contagious illnesses in the workplace, and increase workplace productivity.

A bill to provide pregnant women reasonable accommodations at work (Rep. Carney) aims to ensure that Maine women can continue to work during their pregnancies without putting their own or their baby’s health at risk.

Another priority bill seeks to extend health care coverage to Maine children by expanding Children’s Health Insurance Program (CHIP) eligibility (Rep. Carney). Maine currently has the highest rate of uninsured children in New England, and the ninth highest in the nation. States throughout the country are using federal CHIP funds to deliver better health care. Maine’s children and our state as a whole will benefit from affordable health care for kids.

To learn more about these bills and other legislation we are sponsoring please visit: http://www.mainelegislature.org/legis/bills/bills_129th/bill-texts/. You can also find the committee hearing schedules and live committee audio at http://legislature.maine.gov/Calendar/#PHWS/.

It is our honor to serve you in Augusta. If you have questions or comments, please let us know. You can e-mail Senator Millett at senrebeccamillett@gmail.com and Representative Carney at anne.carney@legislature.maine.gov.

The 129th Legislature at Maine’s State House has begun and Cape Elizabeth’s Senator Rebecca Millett and Representative Anne Carney are busy serving on committees and working on bills. Sen. Millett is serving her fourth term in office while Rep. Carney is serving her first.

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<th>BONNIE WRIGHT</th>
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<td>Associate Broker 523-8103</td>
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<td>Contact <a href="mailto:steve@sparkhurstatownandshore.com">steve@sparkhurstatownandshore.com</a></td>
<td>townandshoreassociatesllc.com</td>
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February 11, 2019, 7:00

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Paid for and authorized by the SOS Coalition, Treasurer, Michael Thorne
CEHS art class undertakes project to connect with Syrian children

By Kevin St. Jarre

Cape Elizabeth high school students in Janna DeWan’s Art Fundamentals class have undertaken a project which uses art to connect the CEHS students with Syrian children who have been displaced by the terrible Syrian civil war.

Student Isaac Dinnerstein explains, “We are painting Syrian children; each [Cape] student paints a corresponding child. This will, hopefully, give a light in their life where not much in their life is going right for them as they have to worry about their safety on a daily basis.”

Student Riley Knupp said, “We painted Syrian refugee kids who have lost so much within their lives. We did it, simply, to make them smile and laugh and bring joy to their lives.”

“We’re painting some Syrian children for a project that sends the paintings back to them,” said Salvatore Deschino.

DeWan gives some background, saying, “Years ago, The Memory Project sent a postcard to me and I tacked it on my wall in my classroom. Someday I want to do that project, I thought, but I was too anxious to try it! What if the portraits didn’t come out as well as I hoped? This year my goal was to take risks and expose my students to different cultures and ways of creating art. The Memory Project seemed like the perfect undertaking.”

Student Isabelle O’Grady said, “Painting the portrait of another individual, especially one of child, was very impactful. It made me really want to try and succeed in painting the child accurately. And knowing that we would be sending these portraits to the children, made it more meaningful, I didn’t want to mess up. It was also very honoring knowing that I had the ability to create something that would cause the child so much joy. This project has made me realize that art can have a purpose and can create joy in another’s life. Additionally, it made me take art more seriously knowing it could have an impact. I have also gained a lot more respect for artists in general.”

“This project was important because it helped to expand our worldview. I think it did two classes of high school students from Maine a lot of good to paint children halfway across the world living a very different life than we are. Before this project, I was already convinced that art had a lot of power, but the fact that our paintings might be something to Jana is six years old, and her portrait was done by student-artist Ally Lynch. Acrylic on Canvas 2019.

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Coastal Maine Aquatics shares space with competitor after fire

By Kevin St. Jarre

Coastal Maine Aquatics, a community-based swimming club, has been sharing its pool space at two of their locations with a competitor, the Westbrook Seals, since a fire left the Seals’ facilities damaged. CMA operates out of the South Portland Community Center as well as the Cape Elizabeth Community Pool.

Marcel De Ponte, CMA’s head coach, first learned about the fire in real time. “I heard about the fire as it was happening. I had received a phone call from John Smith who is the head coach of the Westbrook Seals Swim Team,” De Ponte said.

It didn’t take long for the two coaches to identify the need and begin working on a solution. De Ponte said, “During that conversation, John and I considered that we would need, at the very least and immediately, a place for all the Seals kids to practice [swim].”

It’s just the right thing to do!”, De Ponte said.

Although we are obviously dealing with a lot of crazy because everyone has just rallied since the fire occurred. I, John, all the assistant coaches, the parents and the two Boards of Directors, both the South Portland Community Center as well as the Cape Elizabeth Community Services have been very receptive to helping CMA accommodate the extra swimmer numbers. They’ve been great!” he said.

“We have been taking it week by week and my initial understanding is that the Seals will be out of a pool for six to eight weeks. We have not received any confirmation on this timeline as of yet,” De Ponte said.

De Ponte said, “I just think that this has been a great opportunity in terms of building relationships with the swimming community in the greater Portland area, the local governments, as well as the communities at large. It’s just the right thing to do.”

Wolf encounter at the police station

By Jim Rowe

In the early evening hours of Jan 14, the Cape Elizabeth Historical Preservation Society had a wolf encounter at its office in the Public Safety Building! (Cape Elizabeth Cub Scout Pack 30, Wolves Den came to visit). The scouts (and Moms) dropped by to learn a little about the Society and about their town’s proud heritage. Pictured left to right are: Paddy Rolfe, Elliot Hughes, Jim Rowe, and Bennett Kang. At the end of the visit, Rowe earned a merit badge for standing up from a kneeling position without a hand hold! Wolves are pretty nice animals after all.

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Lathrop three burning up the slopes

By Kevin St. Jarre

Cape Elizabeth High School boasts three brothers, Devon, Killian and Tiernan Lathrop, who are doing great things on the ski slopes. The CEHS Alpine Ski Team is coached by Jeff Davis.

Davis said, “They are great to coach. Devon has added lots to our team this year after missing out last year due to a knee injury. He was our strength coach in the gym during our preseason helping others learn how to work out and planning workouts for the team. After tearing his ACL last year, he has been a little frustrated with the setback the injury caused for his racing, but the competition amongst his brothers is motivating him to improve. Killian has always been a reliable and quiet leader. He’s super consistent in finishing races and is a model for others on how to remain focused on race day. Tiernan has been a great addition this year. He has that freshman energy and excitement which has been refreshing. After one of seniors last year and gained two very talented freshman. Having Devon back from a year off with an ACL injury is definitely helping the team out.”

Devon, the eldest, is a senior this year. He races alpine, in addition to playing varsity lacrosse in the spring. He is excited about how the ski team is doing this year. “The team is doing unreal! We have won every meet so far. We have by far the best boys team in the state in my opinion. We have our whole team finishes top 15 if everyone shows up and finishes,” he said. Labonty is a freshman stand-out in his own right.

Killian, a junior who also plays lacrosse and soccer, echoes his brother’s feelings about the team, saying, “We only lost a couple of seniors last year and gained two very talented freshman. Having Devon back from a year off with an ACL injury is definitely helping the team out.”

Tiernan, who with Labonty is the other freshman Killian mentioned, also played varsity soccer last fall. He said of racing on the same team with his brothers, “I’ve personally enjoyed it. They push me to improve and catch up to them. We’ve lately had a lot of family competition because of the last few race results, but we like to focus on the Lathrop name as a whole.”

Killian agreed, “It’s very competitive and fun. We are always competing for that top spot in the Lathrop house with lots of trash talk being thrown around.” Devon laughs about the competition, and said, “It sucks when my younger brothers both beat me. Especially at the beginning of the season because I had to take last season off due to ACL reconstruction knee surgery and I lost a lot of confidence and skill. In the end, we all want each other to succeed. As long as it’s a Lathrop on top, I’m happy.”

For all three young men, the adrenaline is a huge part of their love for the sport. Devon said, “I love going fast, I love the adrenaline rush and I love the friends I have made from ski racing. I live for the adrenaline rush. I love going fast, so fast that I don’t know if I can even stay on my feet. I also love the social aspect of it. Some of my closest friends have come from skiing. My buddy Gibson Scott skiing for Falmouth, I met way back when I first started racing and my best friend Quinn Richards from Framingham, MA. On powder days these are the first guys I contact to go shred.”

Tiernan said, “I love the adrenaline you get from that 30 seconds of racing. All the stress you’ve had and work you’ve put in all comes out in that run and when you finish that run you feel amazing. And a bonus was all the medals and trophies.” For Killian, the adrenaline is also key, and he said he loves pushing himself. “The feeling of trying to go faster and faster. I’ve learned that you always have more in your tank then...”
Ski team
Continued from page 10

you think,” he said.

While their reasons for loving the sport are similar, the parts they find most chal-

lenging are less so. For the youngest, Tiernan, it is the psychological challenge. He

said, “The mind games. I’ve had trouble with that. I stress out and over-

think everything so being at the top of a course waiting for your run doesn’t help.

You have to be confident and feel amaz-

ing to have a good run. The slightest bit

of fear and stress can affect your run dra-

matically.” Devon’s take is somewhat like

Tiernan’s. “The mental part, because not

every race goes your way. Every day is dif-

ferent, you can be the best skier on the

mountain but if you make one mistake it
could bring you from first to twenty-first.

Training days also take a toll on your men-

tal state, if you have a bad training day it

affects your confidence and can carry over
to race day,” he said. But for Killian, the
biggest challenge is more physical, saying,
“The most challenging part of ski racing is
the cold. I hate the cold. It’s hard to move

with all the layers that you’re wearing and it’s hard to have fun when you’re freez-

ing.”

In addition to Coach Davis, the boys have had other coaches through the years, and when asked what they took

away from the variety of instruction, they

shared some thoughts. Killian said, “I’ve

always been a better skier in training than racing but my coach at Sugarloaf, Dave

Kearing, tells me, ‘Ski the top, race the

bottom’ which has really helped my per-

formance on race day.” Devon said of a

former coach, Jimmy Myrick, “I just re-

member him telling me to ‘ride the bull

through the flush,’ ‘pole plant’ and ‘stay

forward.’” Tiernan has had several coaches, including Scott Cushing, John Wagner

and Craig Marshall, and he said “they’

re tough on me in training but they know

what I can do and give me confidence for

my races. I get told a lot to stay forward

and pole plant consistently and to always

look for the ‘next gear.’”

Tiernan credits Devon with getting him

into racing. “My parents introduced us to

the sport. My father wanted us to be mo-
gul skiers but Devon decided to try racing.
So, I give credit to Devon, the oldest, for

introducing us. Once Devon started to en-
joy it, we all tried it and fell in love with

it.”

The brothers combine to provide some

advice for younger racers coming up:

*Join a ski group program on the week-

ends, and make friends who love to ski as

much as you do.

*Push yourself, do your drills to im-

prove, and just have fun.

*Watch videos of your favorite skiers.

*Play other sports as well.

*Don’t overthink and just enjoy the life-

style of being a skier.

While the two younger Lathrops say
they’d like to race in college, and maybe in

the World Cup, Devon, perhaps sounding a bit less formal about it, said, “I hope to ski

after high school and do more backcountry

and free-skiing out west, and maybe make

some trips internationally in the future.”

Solution to Jan.
Continued from page 10

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The Cape Courier • Page 11

Capetoons: Big Mouth of Maine

By Jeff Mandell

The Northwest has its Big Foot. But it’s no match for the Big Mouth of Maine. These ma-
rading potholes appear each winter. They are intelligent, aggressive, and hungry. Tales go
back generations of roaming bands of chuckholes able to change size and location at will. A
car disappeared in Cape Elizabeth in 1967 only to be spotted at Cape Ellis after a nor’easter
in 2019. It seemed unchanged other than a “Muskie for President” bumper sticker.

The Cape Courier • Page 11

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Registration for the 2019 Cape Elizabeth Little League season is open at www.cape-ll.com through Friday, March 1st.

CELL provides T-ball, softball and baseball opportunities to Cape children, ages 4-14. Late fees will be charged after March 1st.

Assessments are planned in mid-March, and team practices begin in April. Opening ceremonies are planned for April 27th. The season will run through June. Go to www.cape-ll.com or email: president@cape-ll.com for more information.

Volunteer coaches and team administrators are needed for the season. If you’re interested, please indicate it on the registration. Also, we are in need of Board members. If you’re interested in becoming a Board member, please email: president@cape-ll.com
Driftwood Barn Band, composed of seven locals whose ages span five decades, to make OLS debut

By Kevin St. Jarre

The Driftwood Barn Band will soon venture out beyond a local barn, and will be making their Portland debut at One Longfellow Square. The band is comprised of Capers who range widely in age, bringing a broad perspective to their music.

Samantha Lowe, who works on lights and sound, and acting as sort of their publicist, said, “The band ranges in age from 20’s to the low 60’s with at least one member representing each decade. Five of the seven are graduates of Cape Elizabeth High School; the other two raised families in Cape and have two children each that are also graduates of CEHS.”

Jo Carpenito plays lead guitar, vocals and is a songwriter, and Mike Foley is one of the lead vocalists, and plays bass in the band. He is also a songwriter and a good guitar player in his own right. Nick Freed plays rhythm guitar in the band. All three are graduates of CEHS.

Joe Guerrette plays drums in the band; his wife is a Cape graduate and their two children graduated from CEHS recently. Jack Lowe is the band’s founder, owner of the barn and does sound, lights, plays acoustic guitar, percussion and is a 1980 graduate of CEHS.

Lauren Steidl is the female lead vocalist, was All-American Lacrosse, and was a member of a vocal group at Princeton University. She is the youngest member, and the daughter of Scott Steidl, who plays keyboards and provides background vocals. Scott has his Doctorate from the Juilliard School of Music and is also a songwriter.

Of venues played thus far, Sam Lowe said, “To date, the Driftwood Barn Band hasn’t ventured beyond its practice setting very often. Instead, they mostly entertain family, friends and neighbors at the place for which they’re named and where this group of seven musicians, all with strong roots in Cape Elizabeth, formed some-See BAND page 14
I arrived in Hallowell on Halloween. I posted on Facebook, “I’ve discovered the cutest town in Maine!!” I spent the week in a 200 year old, beautiful, creepy bed and breakfast that was formerly a funeral home - interesting week. Anyway, a friend replied to my post: “You should meet my friend Mark Wiesendanger for a beer - you’ll be fast friends!” Mark was living in Hallowell, so I reached out and we met for a beer later in the week.

We were married two years to the day that we met. We met November 3, 2016 and were married this past November 3, 2018. Our wedding also happened to be 83 years to the day of my grandparent’s wedding (we didn’t know this when we planned the wedding). I had Mark’s wedding ring engraved: “Fast Friends 11/3/2018.” Our lives are filled with love. We’re so lucky. I will say to anyone who fears they won’t find the right person - be patient. It was worth the wait for us and we never, ever settled.

Nicole Petit Wiesendanger

**Band**

Continued from page 13

**Developments in clergy and staff team at St. Albans’**

St. Albans’ Episcopal Church is pleased to announce two significant developments in our clergy and staff team.

The Rev. Holly Hoffmann (formerly Clark) has been promoted to the position of associate rector of St. Albans’. Of course, Holly is not a stranger to us, having served first as our dynamic summer priest, pastor, preacher and teacher. And her fresh commitment reflects her love of St. Albans’.

Holly is the new director of children’s formation. She is bringing all of her invaluable experience, the camaraderie it creates and the pure sense of live music, both in its original and secondhand forms, to the band.

The band has driven me to strive at becoming useful to the band’s purpose . . . never to be the most demanding and serious too.”

Mike Foley said that humor can even be found during gigs. “Having played for the runners of the last two Beach to Beacon races, along the route at Driftwood Lane, we sometimes joke how we’ve already performed for international audiences of over six thousand people, without leaving Driftwood.”

He has been driven by our passion of music, the camaraderie it creates and the pure fun of it,” said Jack Lowe. “We continue to appreciate all of the local support and positive feedback the band has received.”

Sam Lowe said, “We love to donate time and efforts entertaining our local community. To date, we’re rarely paid; we’re not in it for the money but like to raise money for a good, local cause. We play for the love of music, gatherings and the friendships developed within the group.”

On Friday, March 1, the Driftwood Barn Band will be making that debut in Portland at One Longfellow Square at 8 p.m. Tickets are available online at onelongfellowsquare.com, and at the door on the night of the event. The Driftwood Barn Band can be found on Facebook and Instagram or contacted via email at driftwoodbarnband@gmail.com.
FRAUDulent charges to credit cards, Lyft driver drops off intoxicated passenger off at wrong destination

Reported by Marta Girouard

COMPLAINTS

12-31 An officer met with a resident of the Mitchell Road area regarding an assault complaint.

1-19 Two officers responded to a residence in the Shore Road area for a domestic disturbance.

1-18 An officer responded to CEHS for an unauthorized purchase on his debit card.

1-15 An officer met with a resident of Ocean House Road area regarding a landlord/tenant issue.

1-10 An officer met with a local business representative who advised that someone had used his personal information to open a credit card in his name.

1-10 An officer met with a representative at CEHS who had found a wheelchair and several cans of beer in a snow bank. The owner of the wheelchair was identified and contacted. The owner advised the wheelchair was old and could be discarded.

1-12 Two officers responded to a residence in the Woodland Road area for a well being check.

1-12 An officer responded to a residence in the Mitchell Road area for report of a dog outside in the extreme cold with no shelter and barking.

1-14 An officer met with a resident of the Shore Acres area regarding a theft of an Amazon package from the front steps. The officer advised the resident of the Mitchell Road area regarding an assault complaint.

1-15 An officer met with a resident of Ocean House Road area regarding a criminal mischief to a motor vehicle complaint.

1-15 An officer met with a resident of the Mitchell Road area regarding unauthorized charges to her debit card.

1-17 An officer met with a resident of the Oakhurst area regarding fraudulent credit charges.

1-18 An officer responded to CEHS for an accident. The damage was minor and did not require a formal accident report. Operators exchanged information.

1-19 Two officers responded to a residence in the Stonewater area for a reported possible burglary in progress. Subject was located and extremely intoxicated and believed he was in Falmouth. He had come from the Old Port and got into the wrong Lyft and passed out and got dropped off at the wrong destination. Arrangements were made to get him home.

1-19 An officer responded to a residence in the Sawyer Road area for a loose dog complaint. Officer made contact with the dog’s owner who reported having problems with the electric fence/collar and had just purchased new batteries for the collar.

1-20 An officer took a complaint from a resident of the Sawyer Road area who advised her email and credit card information had been compromised.

SUMMONSES

1-1 Brunswick resident, operating after suspended license, Route 1.

1-3 Cape Elizabeth resident, failure to report accident, Valley Road.

1-3 Cape Elizabeth resident, leaving the scene of an accident, Valley Road.

1-4 Cape Elizabeth resident, possession of drug paraphernalia, Spurwink Avenue.

1-5 Windham resident, failure to produce insurance, Mitchell Road, $186.

1-10 South Portland resident, violating conditions of release, Route 77.

1-11 Portland resident, operating after suspended license, Route 77, $325.

1-12 Portland resident, uninspected motor vehicle, Route 77, $148.

1-15 Connecticut resident, uninspected motor vehicle, Shore Road, $148.

1-15 Old Orchard Beach resident, speeding (47/30 zone), Mitchell Road, $170.

1-17 Cape Elizabeth resident, uninspected motor vehicle, Route 77, $148.

1-18 Portland resident, speeding (49/30 zone), Sawyer Road, $170.

1-18 South Portland resident, failure to produce insurance, Route 77, $186.

ACCIDENTS

1-03 Joseph Labrie, Mitchell Road.

1-02 Erin Taylor, Scott Dyer Road.

1-03 Sulayman Shire, Valley Road.

1-05 Allison Stewart, Anders Newberg, Shore Road.

1-08 Jessica Reynolds, Spurwink Avenue.

1-10 Thomas Whitcomb, Valley Road.

1-14 Ian Haines, Corina Pag, Ocean House Road.

1-14 John Eason, Old Ocean House Road.

1-15 Ruth Morales, Jeffrey Berman, Ocean House Road.

1-20 Adam Beckworth, Ocean House Road.

ARRESTS

1-7 Transient, probation violation, Woodland Road.

WINTER Lunch & Learn Senior Series

Enjoy a light lunch in the company of others along with a variety of interactive learning opportunities meant to engage, enlighten and entertain. Advanced reservations required and may be made by calling Community Services at 799-2868. Cape Elizabeth resident Ray Shevellen presents the screening of “The Home Road” documenting his 188-mile trek from Quebec to Bideford, retracing his great-great-grandfather’s pioneering journey from Compton, Quebec to Bridgerton in 1845. “Layered over this adventure are narratives, interviews, archive photos and film, and stories; exploring the themes of migration, movement and home,” said Shevellen’s daughter, filmmaker Tonya Shevellen. The screening will be held on Tuesday, Feb 19 from 11:30 a.m. – 1:00 p.m at the Cape Elizabeth High School Cafeteria. Cost is $10 per person.

Cape Care offers vacation camps during February and April school vacation weeks. A variety of indoor and outdoor activities, healthy snacks and an experienced staff all without breaking the bank.

February vacation camp runs Tuesday through Friday (February 19 – 22) from 8:00 a.m. – 4:00 p.m. Daily excursions include ice-skating, swimming, snow tubing, and roller-skating. Activities surround “Slippery Stuff.”

April vacation camp runs Tuesday through Friday (April 16 – 19) from 8:00 a.m. – 4:00 p.m. Daily excursions include bounce park, pottery painting, and swimming. Activities surround “Goin’ Green” theme.

Want to know more about school vacation camps? Contact Community Services at 799-2868.

CECS school vacation camps for Kindergarten through 6th Grade

Kids in Kindergarten through 6th grade can pack their winter and spring breaks full of games, exploring, crafts, fresh air, good friends and more.

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ADULT PROGRAMS

CEO Roundtable: Monthly Meeting of Entrepreneurs
Thursday, Feb. 7, 6:30-8:00 p.m.
If you’re an entrepreneur or have your heart set on starting your own business, please join us in February for a new, monthly gathering of kindred souls. At our CEO (Cape Elizabeth Opportunity) Roundtable, you’ll share the opportunity to share ideas, get advice, and talk shop. We’re going to meet on the first Thursday of each month with speakers most months to help you learn ways to grow your business.

YA Anonymous Book Club
Thursday, Feb. 7, 6:30 - 8:00 p.m.
Are you an adult who reads YA books? Have you ever wanted to meet other readers who share your affinity for YA? Do you need an outlet for gushing about your favorite YA characters and authors? Welcome to YA Anonymous! We meet on the first Thursday of each month to discuss our favorite YA titles. For more information, please contact Alyssa at alapierre@thomas.lib.me.us.

Democracy Cafe
Tuesday, Feb. 12, 6:30-8:00 p.m.
Our Democracy Cafe meets on the second Tuesday of each month. In February, we’re going to discuss how freedom of religion and freedom from religion are two sides of the same coin. We welcome Tom Waddell from the Maine Chapter of the Freedom From Religion Foundation this month to help lead the discussion. We hope you’ll join us for another great gathering. All are welcome.

Morning Book Group
Wednesday, Feb. 13, 9:30-11:00 a.m.
Please join us this month to discuss Homing the by Yaa Gyasi. New members are always welcome.

Meet Byron, the Barred Owl
Thursday, Feb. 14, 6:30-7:30 p.m.
MAINE WILDLIFE SERIES: The Center For Wildlife joins us again this month — this time with Byron, the Barred Owl. Come meet this wild ambassador and learn more about his ecology, adaptations, and his history with the Center for Wildlife as a “foster parent” to orphaned barred owlets. Our Maine Wildlife Series is great for all ages. This talk is brought to you with the generous support of the Thomas Memorial Library Foundation: www.ThomasMemorialFoundation.org.

Meet Maine Author Philip Moss
Tuesday, Feb. 19, 6:30-7:30 p.m.
Philip J. Moss is the author of eight novellas and several collections of short stories, mostly set in Maine. We’re delighted he will be joining us this month to talk about the difference between writing fiction and non-fiction, what constitutes a “good turn of phrase,” and other related topics.

Writers’ Accountability Group
Wednesday, Feb. 20, 10:00 a.m.-noon
TML’s Writer’s Accountability Group (WAG!) meets on the third Wednesday of each month from 10:00 a.m. - noon. All levels of expertise and genres are welcome. We hope you’ll join us to help get your WAG going.

Getting to the Core of Who You Are
Thursday, Feb. 21, 6:30-8:00 p.m.
Your core beliefs influence everything. They are a guiding force in your life and are the key to creating change, both internally and externally. When your external world matches up with your core beliefs, you can achieve what you want to achieve. When your external world is out of sync with your core beliefs, it’s easy to get off-track. So how do you get to, or get back to the essence of who you are? Dr. Kimble Greene joins us this month to talk about her Monarch Method that gives you tools and practices to help get you back to your core self and bring more joy and less struggle into your life.

Evening Book Group
Thursday, Feb. 21, 7:00-8:30 p.m.
Please join us this month to discuss “The Soul of America; The Battle for Our Better Angels” by Jon Meacham. New members are always welcome.

Ongoing Adult Programs

• Knitting Group – Every Monday at 1:00 p.m.
• Democracy Cafe – Second Tuesday from 6:30-8:00 p.m.
• “Morning Book Group – Second Wednesday from 9:30-11:00 a.m.
• Writers’ Accountability Group – Third Wednesday from 10:00 a.m.-noon

New Program: TEEN LOUNGE
Come play board and card games, take a turn on the Wii, color in one of our adult coloring books, or do an easy craft every Friday after school from 2:30-4:30 p.m. in our Community Room. Open to teens in grades 6 and up. No registration required.

Diversions Board Game Contest Kick-Off Party
Saturday, Feb. 16, 12:00-1:00 p.m.
Have you always wanted to create your own board game? Join us in collaboration with Diversions Puzzles and Games in South Portland for our first Diversions Board Game Contest! Team up with friends to create a playable board game and win prizes! The kick-off event is MANDATORY for all participants wishing to enter their board game into the competition. The rules and regulations will be explained and the mystery “mechanic” that you will need to include in your submission will be revealed, so it is very important that you attend this event.

Open to ages 10 and up. Teams may be no less than two people and no more than six people. No previous experience required! Game construction will take place during the week of February vacation and submission of the games to the judges will take place on Saturday, Feb 23rd at our “Closing Ceremony.” Please register in advance on the library’s website.

Teen Programs (Weekly)

Our Dungeons & Dragons Club meets every Tuesday from 3-6 p.m. in the library’s conference room downstairs. Open to tweens and teens ages 11 and up. *This session is currently full. If you’d like to be put on the waiting list, please email Alyssa at alapierre@thomas.lib.me.us.

Join us for Crafternoons at the library after school every Thursday from 2:30-3:30 play. Kiah and Alyssa will be making a new drop-in craft each week in the Children’s Room.

New Program: TEEN LOUNGE
Come play board and card games, take a turn on the Wii, color in one of our adult coloring books, or do an easy craft every Friday after school from 2:30-4:30 p.m. in our Community Room. Open to teens in grades 6 and up. No registration required.

PROGRAMS FOR CHILDREN

Our regular story time schedule continues with weekly programs for babies, toddlers, preschoolers, and families (see our complete schedule on the library’s website). We also have some special events for school vacation week, and some monthly events coming up.

Musical Story Hour with Jud Caswell
Thursday, Feb. 14, 1:00 - 1:45 p.m.
Singer/songwriter Jud Caswell entertains with songs, musical games, and stories with his own original musical accompaniment. No registration necessary.

Animal Advocates Club, for kids in grades 3 - 6
Thursday, Feb. 14, 3:30 - 4:30 p.m.
Kids meet monthly with Felicia Mazzone from the Animal Refuge League of Greater Portland, along with a live animal friend from the shelter. Learn about the work that the shelter does, and work on projects to benefit shelter animals. This month, some make Valentine’s Day treats for pets. No registration necessary.

Introduction to Chess, for ages 5 and up
Tuesday, Feb. 19
1:00 - 2:00 p.m. and Thursday, Feb. 21
1:00 - 2:00 p.m.
Kids as young as five are invited to join chess enthusiast Isaac Dinnerstein for two introductory classes to learn how to play chess. Come to one or both classes to get started, and get some practice. Older kids and teens who have always wanted to learn chess are welcome to attend as well. Please register in advance on the library’s website.

Mad Inventor’s Workshop, for ages 6 and up
Wednesday, Feb. 20, 2:00 - 2:45 p.m.
Come see what you can make out of buttons, balls, clips, geets and all kinds of doodads as you let your imagination and creative spirit run wild! No registration necessary.

Special Story Time Event for ages 3 to 7: “The Yin Yang Sisters and the Dragon Frightful,” by Nancy Tupper Ling
Thursday, Feb. 21, 3:00 - 3:45 p.m.
Join us for a fun story time event featuring two clever sisters who figure out a way to lure the Dragon Frightful away from the village bridge with yummy steamed buns. Kids will be able to lure our own big dragon away from the bridge by making their own paper buns, and then take turns flying the dragon around the room. No registration necessary!
December 2018 real estate transfers

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<td>Schubert-Gilbert Pamela</td>
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<td>Kavanagh Patrick J</td>
<td>2 Rand Road</td>
<td>$390,000</td>
<td>Single Family</td>
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Flood protection assistance available

The Code Enforcement Officer is available to provide information and technical assistance about flood protection to interested property owners. This assistance includes providing historical information on the property, review and critique of retrofitting plans, and site visits to advise property owners of appropriate protection measures.

The Thomas Memorial Library is your source for flood plain management information.

For more information:
- Benjamin McDougall
  Town of Cape Elizabeth
  320 Ocean House Road, P.O. Box 6260
  Cape Elizabeth, ME 04107
  207-799-1619

Birding report for mid-January

By E. Brooks Bornhoft

In the late afternoon of January 12 a Northern Harrier, aka “Marsh Hawk” was spotted hunting along the fringes of the Sprunkwirk River. On this same day there was Rough-legged Hawk along Black Point Road in Scarborough. A cold climate hawk, Rough-legged’s nest and rear young in the tundra regions north of the boreal forest. In the early morning hours of Jan 17 a very cold looking Hermit Thrush was seen in a Winterberry bush along Shore Road.

The hoop season - on the evening of Jan 18 (Super Blood Wolf Moon) was on Jan 20 I had just arrived home from work and was standing in our front hallway when all of a sudden I thought I heard hooting. Seconds later there it was again, the evenly spaced, low pitched, deep but seemingly distant booming sound of a male Great Horned Owl. Stepping outside to further investigate the matter, I was treated to the higher and husker hoot notes of the female as well.

The last time that I heard Great Horned Owls calling from our property was February 2017. During January and February these owls become vocal. Later in the year the birds are less vocal, but now and then, especially in autumn, their hooting may be heard. As many folks may know, the Great Horned Owl is a very early nester, often with young in the nest long before the snow has left us for the season. In “Birds of Massachusetts and other New England States” (1927) Edward Howe Forbush describes the nest of a Great Horned as “well lined with a handsome, yellow mass of warm feathers from the mothers breast which seemed analogous to the downy lining of a ducks nest.” Another important factor contributing to the nest to need early is that this is a large raptor that takes longer to grow and mature to a point where the bird (known to some as the Tiger owl) can master complex hunting maneuvers.

Additional and perhaps somewhat noteworthy mentionings - There is a Baltimore Oriole’s nest hanging over the road, (close to the intersection Scott Dyer Road and Shore Road). Brown creepers can still be found quietly going about their business in the summer to eating mostly fruit in the fall and winter time. Lastly, we are still seeing good numbers of Pine Siskins on our Nyjer tube. One Pine Finch sat on a snack a few feet from my head and waited for me to refill the seed tube. It is very likely that these birds are less cautious of humans because they don’t encounter us very often in the isolated conifer groves of the northern forests.

Searching for the Best Possible Nursing Care for Mom or Dad?

Holbrook Health Center, Maine's first CARF–CCAC accredited nursing center. Holbrook’s PersonFirst® approach to care focuses on meeting the individual needs of each and every resident, so your parents will feel like they’re right at home.

- All private rooms, 24-hour personalized care, as well as physical, occupational, speech, IV and aquatic therapies.
- Recognized by CARF–CCAC as Exemplary for highly personalized care programs that encourage an active lifestyle in a compassionate and respectful environment.

Whether it’s long-term nursing, short-term rehabilitation, or respite care—consider Holbrook Health Center, Maine’s first CARF-CCAC accredited nursing center. Holbrook’s PersonFirst® approach to care focuses on meeting the individual needs of each and every resident, so your parents will feel like they’re right at home.
Vegatation management work completed at Fort Williams Park

Visitors recently found signs indicating vegetation management work in progress at Ft. Williams Park. The work has since been completed. According to Public Works Director Robert Malley, no pesticides were used in the off-leash section of the park, and all the clearing was done by hand or mechanically. The photo shows a portion of the park, just below the sports field and within view of the lighthouse, where once there was a thick stand of trees and shrubs covering the slope and almost obscuring the steps. It is now open, with room to grow for the remaining, carefully selected trees.

Upcoming CELT programs

What’s the Buzz About Bees?

What types of bees are found in Maine? Why are some bee species in decline? What can we do to protect bee populations in Maine? What plants encourage bees into our landscapes? Jennifer Lund, Maine State Apiarist, will answer these and many other questions about the bees in our landscape. Join her for a rich presentation and discussion at the Cape Elizabeth Land Trust Office about bees in Maine, and their importance.

Tuesday, February 19
7:00 – 8:30 p.m.
CELT office: 330 Ocean House Road, Cape Elizabeth $6/person

Good Night, Cape Elizabeth: Winter

Children ages 2-6 (with an adult) are invited to the CELT office to enjoy a bedtime hour about the snowy owl, our “cold-weather friends.” Join Children’s author Melissa Kim, and CELT volunteer Jill Darling for stories, a craft, and a brief visit outdoors, as we learn about owls in Maine. Come in your pajamas, and bring a snack. Parents/guardians must be present.

Monday, February 11
6:00-7:00 p.m.
CELT office: 330 Ocean House Road, Cape Elizabeth $6/person

Animal Tracking for Families

Join Cape Elizabeth Land Trust Education Coordinator Natasha Rathlev at the Great Pond Fenway Road trailhead to learn common winter animal tracks and practice tracking. Participants will receive a hand-held track guide that they will then use to identify and follow various tracks along the trail. Warm, dry clothing and footwear are a must. Children attending should be at least six years old, and accompanied by an adult. Outing is subject to acceptable weather conditions.

Wednesday, February 20
9:30-10:30 a.m.
Meet at the end of Fenway Road $6/parent and 1 child

Please register for the above programs through Cape Elizabeth Community Services. http://www.capecommunity-services.org/. Participants who register at least 48 hours in advance will receive notice of cancellation. All proceeds for these programs go to CELT, and please call the CELT office with any questions. 767-6054.

Erin Grady, Broker
eringrady207@gmail.com
Cell: 207.650.4458  Office: 207.767.2224 x3
299 Ocean House Rd., Cape Elizabeth, ME 04107
www.bostwickandcompany.com

Working with buyers & sellers for over 25 years in our community. Please contact me for all of your real estate needs. I would love to work with you!

Valentine's Day

A Perfect Day to Surprise

Breakfast

FLOWER ARRANGEMENT

SNACK BOX

EXTREME-PARTY@HOTMAIL.COM
CALL OR TEXT: (786) 626-2385
Dean’s List announcements

Suesann Graham has been named to the dean’s list for the fall 2018 semester at the University of Vermont. Graham, from Cape Elizabeth, is majoring in Business Administration in the Grossman School of Business.

Sophie Chase of Cape Elizabeth, a member of the class of 2022 majoring in chemical engineering, was named to the dean’s list for the fall 2018 semester at Worcester Polytechnic Institute in Worcester, Massachusetts.

Rebecca Tarling of Cape Elizabeth has been named to the Plymouth State University President’s List for the fall 2018 semester. Tarling is a Music Education (K-12) major at Plymouth State, located in Plymouth, New Hampshire.

Teresa Haller of Cape Elizabeth has been named to the dean’s list at Assumption College in Worcester, Massachusetts.

Grady McCormick of Cape Elizabeth has been named to the dean’s list at The University of Rhode Island in Kingston, Rhode Island.

Albert Leblond of Cape Elizabeth has achieved Dean’s High Honors for the fall 2018 semester at Nichols College in Dudley, Massachusetts.

The following Cape Elizabeth residents were named to the fall dean’s list at Muhlenberg College in Allentown, Pennsylvania: Futh Buckley, Melissa Rudberg.

UNH announces dean’s list

The following students have been named to the dean’s list for the fall 2018 semester at the University of New Hampshire in Durham, New Hampshire:

- Andrew Kelly, with Honors
- Rachel Seekins, with Highest Honors
- Eleonora Giovine, with High Honors
- Hannah Walsh, with High Honors

Meredith and Ken Young are proud to announce that their daughter, Alex Young, was placed on the Dean’s List of Southern Maine Community College for the fall of 2018 semester. The Dean’s List honors those that receive a grade point average of 3.0 or more.

Elise Maxwell turned 90 years young on Dec. 2, but celebrated for the whole month, ending with a splash party after Christmas. Family members from New Hampshire, Missouri, Pennsylvania and even Japan joined her in the pool and returned to the farm for dinner & cake.

Elise Maxwell turned 90 years young on Dec. 2, but celebrated for the whole month, ending with a splash party after Christmas. Family members from New Hampshire, Missouri, Pennsylvania and even Japan joined her in the pool and returned to the farm for dinner & cake.

Have an announcement you would like in the paper? Email us at: advertising@capecourier.com
The Comforts of Assisted Living.

Come experience The Landing at Cape Elizabeth (Formerly Village Crossings), a beautifully-designed, private residence community created with the active senior in mind. Our 32 acre-campus features:

- Private studio, one and two-bedroom apartments
- Elegant restaurant-style dining
- Group trips and excursions
- Cafe and TV room for community gatherings
- Beautiful views of conservation land
- Assistance with daily living activities
- Medication administration
- On-site nursing supervisor
- Respite care

Emphasis on Living.

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thelandingatcapeelizabeth.com

Frost earns spot at the USA Climbing National Championship

Cape Elizabeth resident Ian Frost has earned a spot at the USA Climbing National Championship held in Redmond, Oregon from Feb 8-10.

Ian, a 10-year old based in Scarborough, has qualified through stellar performances in the local, regional, and divisional stages. He is currently ranked second in his division.

“I’m very excited that Ian will have an opportunity to compete at Nationals and represent Team Salt Pump,” said Rufus Frost, Ian’s father. “It’s been amazing for us to see Ian reach this level and the entire team’s progress this season under the exceptional coaching of Michaela and Assistant Coach Alison.”

Cheer Ian on by tuning into the USA Climbing webcast, starting Friday Feb 8: http://www.usaclimbing.org/Nationals_Information/Bouldering_Nationals/Bouldering_Nationals/Youth_Nationals/Youth_Broadcast_Information.htm.

Frost earns spot at the USA Climbing National Championship

Each time you love, love as deeply as if it were forever.

- Audre Lorde

Let us help you find your forever home.

Happy Valentine’s Day from all of us at RE/MAX Oceanside.

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1237 Shore Road
Cape Elizabeth
OceansideMaine.com

Mary Ann Lynch joins Mitchell Tardy Jackson

Mary Ann Lynch has joined Mitchell Tardy Jackson, a government relations firm.

Mary Ann Lynch has joined the lobby team. “Mary Ann is highly respected throughout state government,” said founding member Jim Mitchell. “Her in-depth policy knowledge and skill at drafting and negotiating legislation add tremendous depth to our team. We’re absolutely delighted to have her on board.”

An attorney, Ms. Lynch most recently served as the government and media counsel for the Maine Judicial Branch where she was responsible for public and government affairs for the Maine court system. In this position she was chief liaison for the Maine Judicial Branch to the executive and legislative branches of state government; she further worked with county and local governments on state courthouse construction projects and served as the primary public spokesperson for the court system.

Ms. Lynch also brings private sector experience to the table, specifically in the energy sector. As vice president of law and Government Affairs for Maine Yankee Atomic Power Company, she successfully handled complex public policy and legal issues throughout decommissioning of the power plant.

Early in her career, Ms. Lynch served as assistant to Governor Joseph Brennan, coordinating gubernatorial appointments and lobbying for the Governor’s legislative priorities. Active in her community, Ms. Lynch was a member of the Cape Elizabeth Town Council from 2001 – 2008; she served as Chair for two terms.

Mary Ann Lynch and her husband, Gregg Ginn reside in Cape Elizabeth.

Labrie named to dean’s list

Nathan Labrie, son of John and Samantha Labrie, was named to the fall 2018 Dean’s High Honors list at Case Western Reserve University in Cleveland, Ohio. Labrie, CEHS Class of 2018, is majoring in Mechanical Engineering with a minor in Biomedical Engineering.

Let us help you find your forever home.

Happy Valentine’s Day from all of us at RE/MAX Oceanside.

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Cape Elizabeth
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Mitchell Tardy Jackson

“Each time you love, love as deeply as if it were forever.”

- Audre Lorde

Let us help you find your forever home.

Happy Valentine’s Day from all of us at RE/MAX Oceanside.