

The Cape Courier

Volume 32 Number 12
July 24 - Aug 13, 2019

An Independent Not-for-Profit Newspaper
Serving Cape Elizabeth Since 1988
capecourier.com

In the Spirit of Community

After 19 years, Beach to Beacon volunteer coordinator moving on

By Jane Vaughan

Some might say that Maya Cohen has always been destined to be a crucial part of the Beach to Beacon. She moved to Cape Elizabeth in 1998 on the inaugural day of the race, and she lives in the home near Fort Williams that used to belong to Joan Benoit Samuelson's grandmother.

Cohen and her husband spent their first few years in Cape volunteering as a host family for the race, but in 2001, she decided to take over as volunteer coordinator, a position she will step down from this year after 19 years in the role.

"It's been a great ride," Cohen said. "There'll be tears, I'm sure of it."

Although her professional background is as a clinical pharmacist, she said she "wanted to be more involved with the race and take on a little more responsibility. I felt like my organization skills could be useful in an event like this."

At this point, she said, "I've done this longer than I've practiced pharmacy."

When Cohen took over, the race was still in its infancy, and she said it was a lot of work to figure out how to manage it all.

Over the years, she's learned more and more about organizing such a large event, including coordinating the over 750 volunteers that keep the race running smoothly.

Most of her work entails communicating with the volunteer coordinators for the various programs, such as water, transportation and runners' gear check.

The race has grown tremendously since it began and now nearly 6,500 runners race each summer, making it the largest road race in the state.



Contributed photo

After 19 years as volunteer coordinator of the Beach to Beacon race, Cape Elizabeth resident Maya Cohen is stepping down from the role.

There are certainly aspects of race organizing that have gotten easier over the years, Cohen said, such as the transition from paper to online applications.

"As technology progresses, so does the race," Cohen said. "The one thing that hasn't changed is how supportive and giving the volunteers are of their time. The summer is a really short time. People choose to give their time to us, which is significant on an August weekend. So I'm deeply appreciative of that."

-see VOLUNTEER page 7

Manager reports 'good week' as Fort Williams Parking parking-fee program gets underway

The pay-and-display parking program underway at Fort Williams Park had a good first week. Town Manager Matthew Sturgis reported gross revenue of \$33,214 for the inaugural week of the program that began July 1. The first day was a challenge, Sturgis said, but the program soon hit its stride and was buoyed by a busy holiday weekend, exceeding projected weekly revenue by about 10 percent.

"We did install some additional meters to make it easier for people to do what they need to do, because people were cueing up to pay," Sturgis said in his monthly report to the Town Council on July 8. His personal observation however was that visitors appreciate the condition of the park and are happy to help support it.

Sturgis, who said he checks in at the park often, reported a high volume of visitors in June as well, with about 75 percent from out of state. Future reports will break parking-fee revenues down by number of seasonal passes, all-day rates and hourly rates. Free parking areas, near the playground and Children's Garden and away from the ocean, are being

used, Sturgis said, but generally visitors are choosing the premium parking areas that have pay-and-display meters.

The parking program has also prompted Cape Elizabeth residents to obtain Recycling Center decals, which exempts their vehicles from the parking fee. Decals are available at the Recycling Center and the Police Department. In other news, Sturgis reported:

- Cape police are responding to speeding and other traffic complaints as the weather improves and tourism increases.

- The town is anticipating an increase in state revenue sharing, approximately \$100,000 more than the \$475,000 budgeted for fiscal 2020, as a result of the approved state budget.

- The lawsuit against the town over the paper-street status of Surf Side Avenue is slated to go to court July 22. Sturgis, the town planner and the code-enforcement officer have been named as potential witnesses.

- The Beach to Beacon race is coming up. Drivers are urged to be cautious during the event and to check the town website for road closures.

Cape's flower fields are starting to bloom

By Tina Fischer



Photo by Tina Fischer

Flowers in bloom at Jordan's Farm.

Cape farms are known for many delicious fruits and vegetables, but at least seven farms also grow feasts for the eyes as well as the palate: cutting flowers. Some farms focus on wholesale, but two offer the opportunity to pick your own bouquets: the Wm. H. Jordan Farm on Wells Road and Norm and Greg Jordan's 'The Farm' on the corner of Ocean House and Fowler Roads.

Greg's family has grown flowers for 'u-pick' at the current location for more than 30 years; his dad started the flowers as a "hobby," Greg remembers. "In the 'old days' relatives 'from away' would congregate on Memorial Day and plant the entire flower garden in one day, then say 'good luck' weeding a football field-sized garden in the summer heat!

"Out of the need for self-preservation, the new generation has made some adaptations including: plastic 'mulch' between the rows and a high-tech watering system. No more weeding, hoeing, or rototilling, no rocks or piles of weeds to trip over, no hoses or sprin-

klers to move and watch constantly."

Another innovation is Greg's creation of a welcoming picnic area in the middle of the flower garden. "It looks like a semi-private arbor-room ... with trellised cucumbers and string beans dangling from the walls. Customers have often stopped by, to take a break or have lunch on the lawn, so why not expand that concept and offer a dedicated space for people to enjoy? This year I made it twice as big."

One thing hasn't changed at The Farm: picking and paying is still self-serve. Greg explains, "We have scissors, vases, water, rubber bands and bags, and customers use the 'honor system' mail slot to pay."

The Farm has u-pick raspberry and blackberry patches too.

At Jordan's Farm on Wells Road, the pick-your-own flower field is easy to spot; it's dead ahead of the parking area and right next to the little outdoor restaurant, The Well.

-see FLOWERS page 7

View of the top from the bottom



Portland Head Light

Photo by Diana Onacki



The Cape Courier
 P.O. Box 6242
 Cape Elizabeth Maine 04107
 207-838-2180
www.capecourier.com

OUR MISSION STATEMENT
 The mission of The Cape Courier is to foster a sense of community by presenting news specific and unique to Cape Elizabeth and its residents, and, whenever possible, to promote volunteerism within our community.

BOARD OF DIRECTORS
 Roger Bishop,
 Debbie Butterworth, Kim Case,
 Jeff Mitchell, Jerry Harkavy,
 Bill Springer

Publisher: Tara Simopoulos
info@capecourier.com

Editor: Marta Girouard
editor@capecourier.com

Community Reporter: Kevin St. Jarre
community@capecourier.com

Advertising Manager: Tara Simopoulos
 (Display and classified ads)
advertising@capecourier.com/207-939-9766

Bookkeeper:
billing@capecourier.com

Proofreaders:
 Chuck Rzeszutko, Ginny Blackwood

Webmaster: Wendy Derzawiec

Photo finishing: Ann Kaplan

Distribution: William Alexander

For general information:
info@capecourier.com/207-838-2180

For Advertising:
advertising@capecourier.com

Writers: Debbie Butterworth, Wendy Derzawiec, Bob Dodd, Erika Carlson Rhile, Marta Girouard

Photographers: Martha Agan, Jenny Campbell, Ann Kaplan, Joanne Lee, Katherine Urbanek

The Cape Courier is printed by Alliance Press in Brunswick and mailed free to Cape Elizabeth residents 22 times a year. We disclaim all legal responsibility for errors, omissions or typographical errors. All reasonable care is taken to see that errors do not occur. We print corrections upon timely notification.

LETTER & SUBMISSION POLICY
 Letters should not exceed 250 words. We reserve the right to refuse letters and to edit for length, accuracy, clarity and civility. We do not withhold names and writers may be limited to one letter per month. Petition-style letters will be declined. Letters reflect the opinion of the author, not The Cape Courier. Email letters to: editor@capecourier.com or mail to P.O. Box 6242, Cape Elizabeth, ME 04107. Please note: Letters will be acknowledged by email.

NEXT ISSUE: Aug 14
DEADLINE: Noon, Aug 2

SUBSCRIPTIONS
 \$21.10/year in Maine; \$25 out of state
 \$15 student (9 months)
 \$12 half year
(These amounts include state sales tax, which The Cape Courier is required to charge.)

Name: _____

Address: _____

Amount enclosed: \$ _____

Today's date: _____

Mail to:
 The Cape Courier
 P.O. Box 6242
 Cape Elizabeth, ME 04107

Community should have 'opportunity to vote' on dog issues

Cliffside beach, the last dog-friendly bastion in Cape Elizabeth was recently closed to dogs. So my question is this — what's up with the pervasive anti-dog sentiment in Cape?

I've been enjoying Cliffside with my dog for years without incident. I keep him on a drag leash to prevent him from disturbing other beach-goers. But in the past five years I've watched as almost every oceanside spot has been closed to dogs (including Casino Beach, where I'm a dues-paying member of the Cape Cottage Beach Association.)

Cliffside has always been a wonderfully under-the-radar spot with a mellow, relaxing "locals" vibe. It's not uncommon to see fishermen, families, college kids, and the occasional topless sunbather all comfortably co-existing alongside canine companions. But visiting the other day with my dog I was

immediately set upon by the newly self-appointed Dog Police — a shrill woman marching up and down the beach with weaponized hiking poles. I was barely off the stairs before she set upon me, informing me I was breaking the law. When I calmly informed her I'd been coming there for years with my dog, and that the new sign was obviously an elaborate prank by a hooligan sign maker, she went ballistic and threatened to call the police.

It seems ludicrous to me that on a giant peninsula surrounded by water, there's not a single place to bring an overheated pup for a quick afternoon swim. And as a community shouldn't we have the opportunity to vote on issues like this?

Jason Carreiro

Cape 'fortunate' to have access to so many trails

For the last 25 years, I have been a daily runner and dog walker at Robinson Woods. Recently I was dismayed to see that a large section of woods adjacent to the trail has been clear cut.

Evidently, what I thought was part of the Cape Elizabeth Land Trust is a private lot, an extension of the Cranbrook Estates. So apparently, someone is building a house, which by all appearances will be the closest and most visible home along the Robinson Woods and Greenbelt trails.

While saddened, I am not writing this as a letter of protest. For after further reflection, I came to a couple conclusions: First, this land owner has every right to build a house on his/her own land. Trails can be rerouted.

More importantly, I once again took time to appreciate how fortunate we are to have access to so many trails like Robinson Woods, Gull Crest, Great Pond and others in large part thanks to the Cape Elizabeth Land Trust.

I applaud the Land Trust's most recent purchase of Robinson Woods III, adding as additional 52 acres to Robinson Woods (now a total of 197 acres)!

I have been an annual donor to the Land Trust and urge other Cape residents to do the same so that we, our children and our children's children can continue enjoy and preserve the beautiful natural trails that we have right here in our own special community.

Jim Williams

Richmond Island closed August 5 through 16

The Sprague Corporation will be closing Richmond Island to the public August 5 through 16. There will be an on-duty presence on the island during that period informing visitors of the closure. During that time we will be performing maintenance on trails, campsites and fields. We thank you for your cooperation.



Pauline Doane Painting
 Wallpaper Removal
 Light Repairs
 233-3632

THANK YOU!

Your voluntary subscriptions and other contributions help keep this community newspaper coming to your mailbox.

Thank you to this recent generous contributor:

Hank & Etta Pols

Checks made out to The Cape Courier may be mailed to P.O. Box 6242, Cape Elizabeth, Maine, 04107. Future contributions will be acknowledged in an alphabetical format. Please include a message on your correspondence if you prefer to remain anonymous.

Let us hear from you!



We love feedback!
editor@capecourier.com

Help needed with short-term rental monitoring

At the July 8 Town Council meeting, we raised concerns of how short-term rentals are changing our neighborhood.

Councilors were unaware of this issue, and encouraged us to report all short-term rental violations to our Code Enforcement Officer ahead of the next council meeting in September.

We would like to extend this invitation to all of you.

If you have a short-term rental in your neighborhood that is turning over too frequently, parks too many cars, has too many guests at a time, poses safety issues, may not be properly permitted, or is a nuisance to your otherwise peaceful neighborhood, you are not alone. Please do not be shy about picking up the phone or writing to the Code Enforcement Officer EVERY TIME there is an issue. : Ben McDougal, Code Enforcement Officer; 799-1619, benjamin.mcdougal@capeelizabeth.org

If you are unaware of the rules, don't know how to monitor, or are understandably uncomfortable calling town officials to report your neighbors, you are also not alone. We're all learning. Please reach out to us with any questions or concerns, big or small, using this anonymous form: <http://bit.ly/caperentals>.

With insights from neighborhoods across Cape over the coming months, we'll undoubtedly have better conversations and land at better solutions together.

Sarah Morrisseau
 Tim Hebda

Shouldn't facilities 'be in order?'

Last week, the week of the Fourth of July, I went to Fort Williams to play tennis. I approached the upper court and found that a stump was being used to hold up the net. It was there when I visited the court three weeks earlier.

Playing on the court I found the grass surrounding the court to be two to three feet high. Balls were soon disappearing and could not be easily found.

My partner and I left to use the lower courts. There we found indications of snow melt stains still on the court, two of the wind-screens tarps were lying balled up in the corner and broken glass was in the service area of one of the two courts.

This begs the question, if the town is asking non-residents to pay a parking fee, shouldn't the facilities be in somewhat of a respectable order?

Fred Thompson

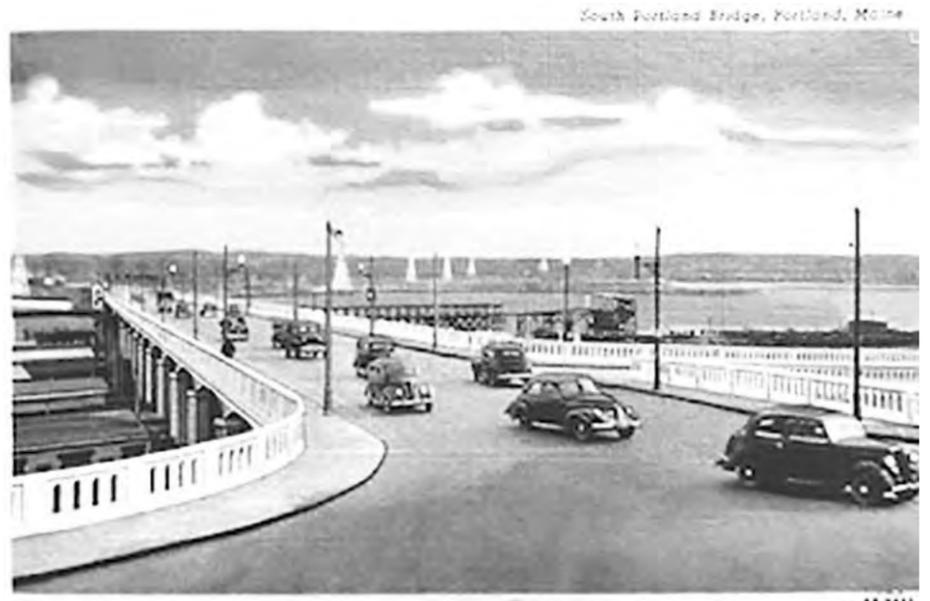
Chad's Computer Consulting



Mac or PC, jobs Big or Small
 I can help.
 Office Networks or Home Computers
 207.228.4131
chad@chadbraley.com

Then and Now: Getting from he-ah to they-ah...and back again

By Jim Rowe



Circa 1920 and 1950 postcard images of The Million Dollar Bridge.

Postcard images on left and right courtesy of Jim Rowe

Impatient Cape Elizabethans complain about the time it takes to get into Portland. Various traffic lights conspire to keep us on the southern banks of the Fore River f-o-r-e-v-e-r. And heaven forbid that the bridge might be up!

The same complaint has existed since the arrival of Europeans on these shores... not the traffic lights or bridge openings, perhaps, but the inconvenience.

The earliest English settlers were left to their own devices to cross the not-so-mighty Fore River. They used canoes and bateaux, but could also travel "upriver" far enough so that their horses could negotiate narrower and shallower fords.

Then a succession of ferrymen ran commercial operations, mostly from the foot of Sawyer Street (then Cape Elizabeth) to the piers on Fore Street (Commercial Street was not built until 1850).

Service was apparently erratic at best. Boats ran on no set schedule, but rather at the whim of the operator(s). So it was entirely possible to arrive at the dock at "Ferry Village," and then grow old waiting for service across the harbor. Fares were also inconsistent.

A demanding public brought the ultimate demise of Portland-Cape Elizabeth ferry service with the construction of the first Fore River Bridge in 1822. Tolls were collected (\$.02/pedestrian; \$.06/horse). The bridge was doctored several times over the ensuing decades, earning the sobriquet "gridiron of death," due to its confusing, and at times treacherous landing at the Portland end.

In 1916, "The Million Dollar Bridge" was born- a state-of-the-art span with aesthetically pleasing concrete support arches and railings. The drawbridge ini-

tially connected Ocean Street, South Portland with Brackett Street and State Street (both then two-way) in Portland.

In the early 1970s, Waterman Drive was built to improve traffic flow to and from the Million Dollar Bridge. The move was not without economic repercussions, however. The once bustling Knightville neighborhood evolved from thoroughfare to destination, with some businesses suffering. Thankfully, entrepreneurs have brought welcome revival.

Late-century, things began to crumble- figuratively and literally. Moderate tanker and freighter traffic to the "upriver" side of the bridge caused frequent draw openings, which became a real nuisance to those who were stuck trying to make an "X o'clock" appointment in Portland while watching a tanker inch past at "X

o'clock minus five minutes." Also, occasional falling bits of crumbling concrete became a worry.

Finally, after much debate and a lot more money (\$130,000,000), today's mid-level Casco Bay Bridge was opened in 1997. The bridge's intersection with Broadway at Waterman Drive became the new main ingress/egress point between Portland and South Portland/Cape Elizabeth.

The blood pressure of motorists still occasionally races the rising draw skyward, but the bridge's increased elevation and declining oil tanker activity make openings far less frequent today than with the old Million Dollar Bridge.

Scam alert bulletin board

By Jessica D. Simpson

Peer-to-peer payment apps

With new technologies come new ways scammers are trying to steal our money. Peer-to-Peer (P2P) money sending apps – Zelle, Venmo, PayPal and the like – are popular ways for friends to send money back and forth.

Unfortunately, scammers are using the same technology to receive payment from individuals they deceive into believing they owe money. These platforms have fewer consumer protections than other forms of payment. Use caution when sending money to people you do not know and watch out if a stranger insists on paying you via P2P apps.

Be a fraud fighter! If you can spot a scam, you can stop a scam.

Door-to-door scams

Warm weather brings out the door-to-door solicitations. Be cautious anytime a stranger comes knocking unsolicited, especially if the visitor is trying to sell you goods or services.

To avoid door-to-door scams, refuse to do business right on the spot. Always ask for credentials and check with an objective third party to verify someone's identity.

Never pay for services in cash and be wary of paying upfront for a product or service that will be delivered at a later date. A receipt is worth nothing unless the business is valid and reputable. Be sure you read and understand any agreements or contracts you sign. Don't be afraid to offend someone by not doing business with them.

Judy's Food Pantry - a community feeding itself

Cape Elizabeth United Methodist Church 280 Ocean House Road Every Tuesday from 3:00-5:00 p.m., July through November The second and fourth Tuesday, December through June.



Need to lease your home or condo? Hire the best!

DRINAN PROPERTIES

30 Years' Experience • 24/7 On-Call Service
Fully staffed office & maintenance division

Leasing more homes & condos than anyone in Greater Portland
(207) 799-0829 • www.drinanproperties.com

Complete Veterinary Care

- In the Heart of Cape
- Vaccines • Annual Exams • Surgery
- Dentistry • House Calls • Training
- Behavior • Nutrition • Acupuncture
- Rehabilitation with Underwater Treadmill

**207 Ocean House Road
Cape Elizabeth, Maine
207-799-6952 • vrccce.com**






Selling Cape Elizabeth for over 25+ years.
Call Elisabeth for all your real estate needs.

207-415-1383

Bostwick
REAL ESTATE & Company

www.bostwickandcompany.com

Efficiency Maine
QUALIFIED PARTNERS

ANGIE'S LIST
SUPER SERVICE AWARD

BBB
A+ rating

BAUMAN ELECTRIC
Incorporated

Ensure your swimming pool is electrically safe.

All pumps must be plugged into proper GFCI protection. Proper distances to electrical receptacles and switches must be maintained.

There are many NEC codes associated with the various types of swimming pools.
Water and electricity don't mix!
Call your Electrician for details.

SAFETY TIPS

SWIMMING POOLS

24 Hour Service
Senior/Veteran Discounts on Service Calls
baumanvolts@yahoo.com

www.trustthisbiz.com/bauman_electric Phone 207-571-4607

Fully Involved: A View Into CEFD, volunteer to career

By Mara DeGeorge

The Cape Elizabeth Fire Department has approximately 60 members on the roster across five companies; two fire companies, ambulance company, WETeam, and fire police. Only two members, Chief Peter Gleeson and Captain Maryanne Denison, are regularly scheduled employees of the Department. All others are either paid-on-call members or per diem part-time employees.

Paid-on-call firefighters break away from what they are doing to answer emergency calls. They are residents of Cape Elizabeth or South Portland who, just like you, have an interest in helping his or her neighbors whenever a fire, accident or other natural disaster strikes. As a paid-on-call department, the Cape Elizabeth Fire Department depends upon the timely and determined response of these citizen members who selflessly serve their community when the alarm sounds.

Under the general direction of the fire chief, a paid-on-call firefighter or EMS personnel is responsible for answering calls, and extinguishing fires, protecting life and property, operating and maintaining fire equipment, apparatus and quarters, and providing patient care and transport to area hospitals. The position requires extensive training in the use of apparatus, tools, and equipment and the performance of hazardous tasks under emergency conditions. At times this may require strenuous exertion under such handicaps as smoke and cramped surroundings, and in the inspections of buildings for fire hazards to prevent fires from starting.

Per diem employees are part-time employees who take daily shifts in the fire station to cover both the ambulance and engine for immediate readiness upon dispatch.

Per diem employees are scheduled for twelve hour ambulance and engine shifts. They are stationed at Town Center Station,

ready for immediate deployment when an emergency call is dispatched. Depending on what type of manpower or equipment is needed, paid-on-call (POC) members either respond to the station to hop on a truck, or respond directly to the emergency scene. POC members are paid for each call they respond to and training exercises.

The Cape Elizabeth Fire Department is one of the last, full Call Companies in the Metro Portland area that does not have full-time staff beyond its Chief and Administrative Staff. All other departments have transitioned to be full-time departments. Member Liam Keating says, "Cape Elizabeth has a strong Call Company. We work well together on large-scale incidents as well as with other departments [mutual aid]."

Chief Peter Gleeson has been a member of CEFD since 1976. In the first Fully Involved edition, he shared, "There are many members who have served for 30+ years, but that model is unsustainable. It's becoming harder and harder to attract Cape residents. The Department needs new members, and I'd obviously like more Cape residents to join, but I recognize the intense training commitment against many residents' already busy work and family commitments is a challenge." People also may hold a false belief that they can't possibly have "what it takes" to be a firefighter or rescue worker. Chief Gleeson points out that nothing could be further from the truth. He says, "The most important qualifications above all else include a strong desire to help people and give back to the community. If somebody has that, they could be a good fit for the department. We can provide the training and the gear."

Some new members come to the department by way of the Student Program. Historically, CEFD has participated in an annual high school career day to recruit student members, and adult members come by way of word of mouth. New members must be a minimum of 16-years-old, and are limited on functions until they graduate from high school, including no burning buildings or medical calls with trauma. Interest and numbers have declined in recent years. Some presume this to be a result of increasingly busy personal lives and demanding work schedules, but this is potentially more due to residents' lack of knowledge of the department and its need for new members.

For many POC members, their on-call

work has evolved from volunteer to career. Many members who started out in the student program or as POC members have transitioned to full-time employees in other departments.

Having the experience as a POC member gives people an opportunity to try out firefighting and/or EMS with little risk to see if an individual is interested in that career. There is still an investment in time, effort, commitment and training, but not as fully as joining a full-time department. Being a POC member does not need to turn into a career. Instead, it can be used as a supplement to another career and an opportunity to serve one's community. However, if one is interested, volunteer experience can lead to a long-term career in the Fire Service.

The Cape Elizabeth Fire Department has at least 14 members who have made the leap from volunteer to career. Many members feel that they would not have made it to career firefighting if it hadn't been for their membership in the Call Company. Here, we feature five of these fine firefighters/EMTs who still contribute significantly to the Cape Elizabeth Fire Department, either on the Call Company or as per diem employees.

Austin Cantara, Portland Fire Department

Lieutenant Austin Cantara started out in the student program because his buddies were doing it and he thought it seemed interesting and fun. He described peer pressure to join his friends. After high school, he continued with the Call Company. "I would go on calls when I wasn't in school. With more and more experience, I found myself wanting to do more. EMS/healthcare had always interested me and so I decided to get my EMT license. I wanted to do more than put the wet stuff on the hot stuff!"

With more experience, Cantara wanted to advance his EMS license. Having gone to school for business, he realized office work and its environment, combined with a regular nine-to-five schedule, weren't for him.

He described his recent experience joining the Portland Fire Department. "This makes sense. I'm new to Portland. I just finished the nine week drill school consisting of a Firefighter 1&2 review compressed into nine weeks, plus department orientation and PT. It is hard work, but enjoyable and rewarding."

Cantara was promoted to lieutenant in the Call Company in 2015. With it came increased responsibility and management of crews and scenes at incidents. He will continue to contribute to the Call Company as he works full-time in Portland.

Chief Steve Young, Portland Fire Department (Retired)

Deputy Chief Steve Young joined the Cape Elizabeth Fire Department when he was 16-years-old. He recalls his beginning saying, "I still showed up. I don't remember if we could go interior, but we would do grass fires, etc. I didn't even have my driver's license, so my mother or father had to drive me to calls. My brother was in the department already. I went on a waiting list for the regular company for two years till I became 18 to be on provisional list. The members voted to immediately put me in an officer position. Becoming an officer so young was unheard of around here because it was mostly the old guys."

At the time, there were 30 regular members and the number was capped. In order for Young to participate, someone needed to leave, move or die. He shared, "I got interested in the fire service because I had family here in the department. I don't remember exactly how it went, but the older relatives encouraged me and I didn't know anything else that I'd do except become a fireman."

Out of high school, Young enrolled in the Fire Science program at SMCC. From that program, 22 were hired in Portland, and he was lucky to be one of them. He went through drill school, started his full-time career, but continued to stay active in Cape Elizabeth as much as he could for the next 30+ years.

"Years ago, I was a lieutenant on Engine Two, but I stepped down when we had a child and just came to meetings. I felt loyalty to stay active out here where I got my start." Clearly he has enjoyed it. He said, "A few of us have never left."

James Martin, South Portland Fire Department

James Martin started in 2008 as a junior in high school and had his driver's license. He wanted to leave class if there was a call. He described the early part of his career saying, "I didn't think I wanted to be a firefighter as a career. I went to flight school for a year and realized I didn't want to do that, but the year away made me realize I did want to do this. So I went to SMCC for Fire Science. I went on to work full-time in Wells as a firefighter for five years. It is a smaller department, running approximately 1500 calls per year, but I eventually wanted something bigger. I knew how South Portland operated and wanted to go there."

Martin describes having a lot of fun times participating in the department efforts such as the Labor Day Art Show. Being involved was exciting for him and felt good. He shared that it was a great way for guys to get together, but it was a lot of hard work.

Martin is no longer on the Call Company because he lives too far away, but he feels a strong affinity to be part of the Department, which is why he still takes per diem shifts here. He said, "I earned my EMT, FF1&2, and hose testing here. All the training I needed to get me to where I am today I got through Cape. I do not feel this department owes me anything. I don't know how many other per diem fire departments I pass on the way here, but I don't stop at any of them. I came back here. I've turned down other jobs to take shifts here and I continue to encour-

-see CEFD page 13

TVK Construction
ALL JOBS - Big or Small
Terry V. Keezer, Owner
Fully Insured

207.252.7375
www.TVKconstruction.com

Enhancing Neighborhood Trees & Shrubs Since 1880.

- Complete Tree & Lawn Care •
- Quality Pruning & Removal • Deep-Root Fertilizations •
- Insect & Disease Management • Certified Arborists •

Call For a Free Estimate
207.828.0110
www.davey.com/portlandme

DAVEY 
Proven Solutions for a Growing World

 **Wish List**
HOME IMPROVEMENTS
 ✓ Carpentry ✓ Repairs ✓ Doors ✓ Custom Woodwork

David Thibodeau
Email: wishlisthome@gmail.com / Call: 874-0178

Best of houzz 2019 SERVICE

Find me on **HOZZ.COM**
www.houzz.com/pro/greathelpdave


Spiritual Workers
in a Physical World, Inc.

Be kind to people, animals, and the earth!

spiritualworkers.com


RE/MAX OCEANSIDE

Frank S. Strout
 Broker

1237 Shore Road, Cape Elizabeth, Maine 04107
Office: 207.799.7600 x104 Cell: 207.776.4245
Toll Free: 888.558.0558
Frankstrout@remax.net www.OceansideMaine.com



Each Office Independently Owned and Operated

Local businesses scammed, cleaning company cleans wrong house

Reported by Marta Girouard

COMPLAINTS

- 6-18 An officer met with a resident of the Scott Dyer Road area regarding an assault complaint.
- 6-19 An officer met with a ranger at Fort Williams who turned over a wallet found in the fort. Owner was contacted and property returned.
- 6-19 An officer met with a resident in the Shore Road area who had returned home and found that someone had been in his residence and had done housework. While speaking with him a representative of a cleaning company came to the residence and advised that her crew had accidentally gone to the wrong house and cleaned.
- 6-19 An officer met with a resident of the Ocean House Road area regarding a fraud complaint. Someone had purchased a new phone and added phone lines and charged them to the victim's account.
- 6-20 An officer responded to a residence in the Mitchell Road area for a well-being check.
- 6-21 Two officers responded to a residence in the Mitchell Rd area for a possible burglary. After search of the residence and a check of the suspected point of entry it appears that a screen was not secure and had simply fallen, giving the appearance of a possible illegal entry.
- 6-22 An officer met with a resident of the Shore Road area who had found an unwanted firearm while cleaning out her parents home and wanted to dispose of it.
- 6-22 An officer met with representatives of two local businesses who advised that both business had been scammed by a pushy overweight white male, average height, red/blond mullet hair style and red/blond moustache wearing a dark ball cap, jeans, black Bruin's t-shirt and walked with a limp. He claimed to have purchased food a couple of weeks ago and the food was moldy and wanted a refund.
- 6-23 Two officers responded to the area of Wabun Road for report of a suspicious male. Subject was located and lost. Eventually officers were able to locate the house he was visiting.
- 6-27 Two officers responded to a residence in the Mitchell Road area for a domestic disturbance.
- 6-27 Two officers responded to Bowery Beach and Fowler for report of a bicycle accident. A large group of cyclists were traveling east when one lost control due to a mechanical problem and fell into several other cyclists.
- 6-27 An officer met with a resident of the Ocean House Road area regarding a possible theft of prescription medication.
- 6-27 Two officers responded to a residence in the Ocean House Road area for a domestic disturbance.
- 6-28 Two officers responded to a residence in the Ocean House for a domestic disturbance.
- 6-28 An officer met with a resident in the Woodland Road area regarding a possible theft complaint.
- 6-29 A resident of the Scott Dyer Road area found a phone at the Middle School and turned it in at the police station. The owner was contacted and property returned.
- 7-1 An officer met a resident of the Ocean House Road area regarding a home repair fraud complaint.
- 7-2 Two officers responded to a residence in the Scott Dyer Road area for a domestic

- 7-4 An officer met with a resident of the Shore Road area who had posted a dress for sale on Poshmark for \$40. A perspective buyer e-mailed the seller and made arrangements and then sent another e-mail stating the "secretary" may have sent a check for too much and asked the seller to send her back the difference with the dress. The complainant received the check which was fraudulent and contacted the police department.
- 7-5 An officer met with a resident of the Ocean House Road area regarding an assault complaint.
- 7-5 An officer responded to Fort Williams where a mower threw a rock striking a window of a car.
- 7-5 An officer met with a resident of the Cross Hill area who had received a call from her bank regarding two withdrawals from her account from an ATM in Florida.
- 7-6 An officer met with a resident of the Mitchell Road area regarding a criminal mischief complaint.
- 7-6 An officer met with a tourist at Fort Williams Park regarding a motor vehicle burglary complaint. Taken from the car was a purse containing an iPad and personal ID.
- 7-6 An officer met with a subject in the Scott Dyer Road area regarding an unauthorized use of a motor vehicle complaint.
- 7-7 Two officers responded to a residence in the Shore Road area for a domestic disturbance.
- 7-7 An officer met with a resident of the Old Ocean House Road area regarding a trespass issue.

SUMMONSES

- 6-20 Lewiston resident, operating with a suspended registration, Littlejohn Road
- 6-22 Texas resident, failure to yield, Shore Road, \$154
- 6-26 Pennsylvania resident, speeding, (47/35 zone), Two Lights Road, \$129
- 6-26 Standish resident, speeding, (50/35 zone), Two Lights Road, \$170
- 6-27 North Carolina resident, speeding (50/35 zone), Two Lights Road, \$170
- 6-27 Cape Elizabeth resident, dog disturbing the peace, Salt Spray Lane
- 6-29 Portland resident, speeding, (44/35 zone), Two Lights Road, \$114
- 7-1 South Portland resident, possession of drug paraphernalia, Ocean House Road
- 7-1 Cape Elizabeth resident, speeding, (54/35 zone), Ocean House Road, \$170
- 7-3 Raymond resident, speeding, (40/35 zone), Two Lights Road, \$114
- 7-3 Pennsylvania resident, speeding (70/50 zone), Ocean House Road
- 7-5 South Portland resident, speeding (53/35 zone), Two Lights Road, \$170
- 7-5 Pennsylvania resident, imprudent speed,



COASTAL

Plumbing & Heating

New Construction
Remodeling • Service

Oil • Propane • Natural Gas

(207) 939-5822

www.coastalplumbingme.com

- Two Lights Road
- JUVENILE SUMMONSES**
- 6-25 Cape Elizabeth resident, possession of marijuana
- 7-4 Cape Elizabeth resident, towing unregistered trailer, Shore Road, \$208
- 7-7 South Portland resident, violation of interim license, Spurwink Avenue

ACCIDENTS

- 06-22 Valarie Manning, Kathy Macvane, Shore Road
- 07-07 Richard Bacher, Thomas Jones, Fort Williams
- 07-07 Unknown, Catherin Whalen, Two Lights Road

ARRESTS

- 7-6 Waterford resident, warrant, Kettle Cove

FIRE CALLS

- 06-18 South Portland Mutual Aid
- 06-18 Masefield Terrace Fire Alarm
- 06-18 South Portland Mutual Aid
- 06-19 Peppergrass Fuel Leak
- 06-19 Shore Road Grass Fire
- 06-20 Farms Edge Rd Investigation
- 06-20 South Portland Mutual Aid
- 06-21 Park Circle Fire Alarm
- 06-21 Meadow Way Fire Alarm
- 06-22 South Portland Mutual Aid
- 06-24 Ocean House Road Transformer Fire
- 06-25 Oakview Drive Investigation
- 06-27 Ocean House and Fowler Motor Vehicle Accident
- 06-29 Hannaford Cove Road Fire Alarm
- 06-29 Ocean House Road Lightning Strike
- 06-30 Old Ocean House Road Investigation
- 06-30 South Portland Mutual Aid
- 07-01 Wildwood Investigation
- 07-02 Cape Woods Drive Investigation
- 07-03 Salt Spray Lane CO Alarm

- 07-04 Mitchell Road Fuel Leak
- 07-06 Shore Road Lightning Strike
- 07-07 Portland Mutual Aid
- 07-07 Delano Park Utility Lines Down
- 07-08 Shore Road Fire Alarm

RESCUE CALLS

There were 26 runs to Maine Medical Center
There was one run to Mercy Hospital
There were 7 patients treated by rescue personnel but not transported.

School Board invites community to public stakeholder meeting

Needs Assessment Study Update from School Board

The voter approval of the School Board FY20 Budget in June cleared the way for an extensive Needs Assessment Study to begin. In June, Colby Company and Scott Simon Architects held their first set of stakeholder meetings with teachers and staff from all three schools.

A public stakeholder meeting will take place on Tuesday, August 6 from 4:30 to 7:30 p.m. in Town Hall. This meeting will provide all community stakeholders an opportunity to speak directly to Colby Company and Scott Simon Architects about their experiences with the schools regarding the facilities. All community members are encouraged to attend and voice their opinions on what improvements and updates should be considered.

Anyone unable to attend, should feel free to forward their input to the Cape Elizabeth School Board: cesb@capeelizabetschools.org.



CAPE DOG WALKING



RELIABLE &
DEPENDABLE
PET CARE

207.807.7206
capedogwalking.com

BONDED + INSURED



the blues are here

blueberry glaze pie,
beloved blueberry salad,
blueberry glazed cheesecake,
blueberry martinis, blueberry
soda, blueberry pancakes
& blueberry muffins

the good table
restaurant

Route 77, Cape Elizabeth
799-4663
www.thegoodtablerestaurant.net

The Cape Carpenter

carpentry • custom decks • interior/exterior painting
tile work • kitchens • bathrooms • create your own to-do list
remodeling • finish basements • clean-up garage & attics

Dependable, Honest, Affordable, Fully Insured,
Excellent References, Cape Elizabeth Resident

FREE ESTIMATES Dan Tardy 767-5032



SANTORINO

REAL ESTATE

Sales &
Rentals

ONE STOP SHOPPING
SALES / RENTALS
28 Years Experience
Let experience work for you



Louis F. Santoro
Owner

207-767-4777

96 Ocean St., Ste 5 • South Portland



Michael Amergian
Residential Sales
Commercial Brokerage

Cape resident brings home silver



Contributed photo

Left to right: Derry Rundlett, Jan Cucera, David Wells, Bill Spirdione

Cape Elizabeth resident, Ellsworth “Derry” Rundlett recently returned from his 9th National Senior Games, held in Albuquerque, New Mexico, with a silver medal as the anchorman/captain of the 4 x 100 relay in his age group, 70 to 74.

Rundlett also competed in the 100, 200 and 400 meter events after qualifying in those races last year in the Maine senior games. He has been the state champion or medalist in those events since 2001.

The irony of this accomplishment is that his teammate, William Spirdione of New Hampshire, has beaten Rundlett in the 100 and 200 in the past several seasons at the Maine senior games. “I went to New Hampshire several years ago for the New Hampshire senior games and won the 200 meter dash by just 1/100 of a second, Bill taking second. He then came to Maine for the same event and has beaten me every time since then,” Rundlett said. The other two teammates were

Dave Wells of New Hampshire and Jan Cucera of California. Rundlett and Spirdione also took a silver medal in the 2017 National Games in Birmingham, and a 4th place in the 2011 games in Houston.

Marilyn Rundlett also competed in the national senior games taking 19th in the 1500 power walk. Notables at the all sport event, which had 14,000 athletes, were singer Pat Boone who was playing basketball at the age of 85 and a 103 year old woman who ran the 100 meter dash. “She was actually running,” Rundlett said, “and was an inspiration to everyone there. If I had raced against her I wouldn’t have been too far ahead, even though I am 30 years her junior.”

The Maine senior games has events going on this summer, including the state senior games track meet to be held on July 27 in Scarborough.

Cape Elizabeth Land Trust announces Eric Hopkins’ exhibitions



Contributed photo

Suzanne McGinn, CELT Board Member; Eric Hopkins (holding painting, Casco Bay from Back Bay to the Cape), and Greg Altnauer, CELT Lands Committee member, at time of painting’s receipt.

The Cape Elizabeth Land Trust (CELT) announced on July 10 that it will exhibit and subsequently auction an original watercolor by Maine artist Eric Hopkins to raise funds for its land conservation, stewardship and education work. The painting, Casco Bay from Back Bay to the Cape, was generously donated by Hopkins, and will be auctioned by Thomaston Place Auction Galleries, a long-time CELT partner and supporter, in its Summer Auction on August 23-25.

In the interim, local residents and others will have the opportunity to view the painting, which is now on exhibit at Inn by the Sea until August 8.

The painting will also be featured in a one-day only show of Eric Hopkins’ broader work at a community open house hosted by Ocean House Gallery & Frame in Cape Elizabeth (299 Ocean House Road) on Saturday, August 10 from 1:00 to 4:00 p.m. Hopkins will be present at the community open house to answer questions and discuss his work. Beverages and snacks will be provided. All are welcome.

One of Maine’s most celebrated and well-known artists, Eric Hopkins has been a supporter of Maine lands trusts for decades. Hopkins is a pure artist of multiple mediums (watercolor, oil, glass, wood cut-outs, etc.). His most powerful tools are his paint, his palette, his ideas and his spirit. He donated the watercolor to support CELT’s conservation and care of local lands, as well as the organization’s educational programs. As is true for many of Hopkins’ paintings, Casco Bay from Back Cove to the Cape provides perspectives of the earth from the sky, which

Hopkins believes is needed to encourage deeper contemplation and reverence for earth. “I’m an earthling,” says Hopkins, “my passion isn’t really painting or art, it’s life on The Home Planet.”

The exhibition of the painting at Inn by the Sea reinforces another long-term partnership, as the Inn has been an annual sponsor of CELT’s Paint for Preservation auction benefit since 2010. Michael Briggs, the Inn’s General Manager expressed his support: “Inn by the Sea feels privileged to have the opportunity to briefly host this wonderful Eric Hopkins painting of a very local, coastal scene for the Cape Elizabeth Land Trust. Eric Hopkins perfectly captures the essence of the Maine coast in this aerial view of the Cape Elizabeth area. We do hope the painting will generate a great deal of interest for CELT and help support their important conservation work. We welcome all those dropping in at the Inn to view the painting to enjoy the Inn’s permanent installation of regional art, including another Hopkins.”

Graham Wood, the founder and owner of Ocean House Gallery & Frame, is also a dedicated CELT supporter. The gallery and frame shop has been a sponsor of Paint for Preservation from 2015 through 2018. Graham, himself an artist, has been a participating painter in the Paint for Preservation event from 2017 through 2019. Speaking about the community open house, Wood said “For decades, Eric Hopkins’ aerial views of coastal Maine have charmed and challenged us to enlarge our appreciation and co-existence with the earth. His exuberant blues and greens accentuate the urgency essential to protect land and sea everywhere. We are pleased to host this one-day show, which will exhibit the painting to be subsequently auctioned. The show will also include other Hopkins’ work for sale and proceeds will be shared among the artist, CELT and Ocean House Gallery.”

Interested parties may bid on the painting on site at Thomaston Place Auction Galleries or may register for online bidding. The full catalog, schedule, auction rules and registration details will be available at www.thomastonauction.com on August 1.

“This collaboration unites many of CELT’s partners from different perspectives,” said CELT Board President, Elizabeth Goodspeed. “We are grateful to Eric Hopkins and Thomaston Place owner Kaja Veilleux for making the auction of this painting possible and to Inn by the Sea and Ocean House Gallery & Frame for their promotional exhibitions.”



Painting Sale From Estate of Gizela Gawronski

Gizela Gawronski’s work is currently on display at the Thomas Memorial Library for the month of July. Gizela was a long time resident of Cape Elizabeth.

Saturday Afternoon - August 3rd, 1:00 – 6:00 PM
at Purpoodock Club

Please RSVP via email to etrawicki@yahoo.com

* 50% of proceeds to charities*

THE COMFORTS OF ASSISTED LIVING. EMPHASIS ON LIVING.

Come experience The Landing at Cape Elizabeth (Formerly Village Crossings); a beautifully-designed, private residence community created with the active senior in mind. Our 32 acre-campus features;

- Private studio, one and two-bedroom apartments
- Elegant restaurant-style dining
- Group trips and excursions
- Cafe and TV room for community gatherings
- Beautiful views of conservation land
- Assistance with daily living activities
- Medication administration
- On-site nursing supervisor
- Respite care

78 Scott Dyer Rd. Cape Elizabeth, ME 04107 P
| 207.799.7332 | ME TTD/TTY #800.457.1220
thelandingatcapeelizabeth.com



Volunteer

Continued from page 1

She is also proud of how the race's many programs have evolved over the years, how its green/sustainability program has grown and how strong the transportation shuttle program has become.

The work it takes to run the race is nearly year-round. After each year's race, the organizing committee creates post-race reports about what went well and what could be improved upon in the future. After a few months of break, Cohen then begins working on the next year's race in December.

Despite all the work and busyness that are required in her position, she said she has "really enjoyed the camaraderie of working with people on the committee, and I've just enjoyed feeling like I've made a difference in someone's experience."

She felt that this year was "a good time" for her to step down from her role.

"It was time for someone else to come in and bring a new energy, a new perspective. It's ultimately really healthy for an organization to have that," she explained.

Chandra Leister, who is currently on the race's board of directors, will soon take over for Cohen.

Looking forward, Cohen said she's not sure what's ahead for her: "I have 19 years of experience in volunteering. It would be nice to share that information with other people. I don't really know yet, but I've got time to think about it."

She'll still be helping out on August 3, but this time as a program volunteer.

One thing Cohen has never done is run the Beach to Beacon, because, as she explained, "I have never really felt that I could run the race because my responsibility was to the race."

Flowers

Continued from page 1

Penny Jordan says the family has planted flowers, at least 15 varieties, for more than 20 years. Zinnias and snapdragons have long been customer favorites. The flowers were brother Bib's idea.

"Bib starts them in the greenhouse in the spring and our wonderful team from Puerto Rico plants them. They always chuckle at me because it's like I'm arranging furniture; I try to visualize what it will look like when the flowers are in full bloom. It's a fun project."

Penny says the cold, wet spring has set the season back a bit, but she expects the

field will be ready very soon. Picking is available whenever the farm stand is open, 9 a.m. - 6 p.m., every day. She recommends calling ahead this month to be sure the flowers are ready, 767-2740.

Jordan's also offers pick-your-own strawberries, high-bush blueberries and peas.

Both Jordan's and The Farm offer pre-cut bouquets for sale too, and Alewife's Brook Farm on Old Ocean House Road also sells bouquets, grown by two other farms in town. There's no shortage of local blooms on the Cape!



Photo by Tina Fischer

In the early days of The Farm, Dorothy Jordan (shown in the photo above) grew gladiolas, which were a customer favorite.



All American Summer BBQ

Saturday, July 27, Noon-3pm

Gather family & friends for a relaxed summer afternoon on the seaside lawn. Enjoy a BBQ with all the traditional fare & lawn games for the whole family.

- | | |
|--------------------|------------------------------|
| Tomato and Burrata | Grilled Vegetable Salad |
| Warm Potato Salad | House-Made Chips |
| Grilled Burgers | Grilled Chicken |
| Hotdogs | Brownies, Blondies & Cookies |
| And More | |

Please call 207.799.3134

For more information, please visit InnbytheSea.com

40 Bowery Beach Road | Cape Elizabeth, ME 04107 | InnbytheSea.com

Adults \$30
Children 5 to 12 \$20
Reservations required
(inside if inclement weather)



Restaurant open to the public
Gift certificates available

Many at Woodland South Apartments caught by surprise by eviction notices

By Kevin St. Jarre

In mid-June, at least 14 residents of the Woodland South Apartments, near the corner of Woodland and Mitchell Road, received a letter which read, across the top and in all uppercase, "THIRTY (30) DAY NOTICE OF TERMINATION AND NOTICE TO QUIT."

Tenants served in this way shared they were stunned, and the scramble to find new places to live in the tough housing market began. Perhaps especially difficult for some was the fact that children who had been attending Cape Elizabeth schools suddenly faced the prospect of not returning in the fall.

The letters, dated on or about June 15, 2019, read, in part:

"Dear [Tenant's name],

As you may already know, the Woodland South Apartment Complex is under contract and due to transfer ownership in the coming days.

As per Section 10 of your lease, referenced below, this letter shall serve as formal notice that your lease is hereby terminated upon thirty (30) days' notice from the date of service of this notice upon you."

The letter goes on to read, "...and you are further notified that you are to vacate said premises by no later than thirty (30) days from the date of service of this notice upon you."

The letter is signed by Karen Twohig, owner and manager of Commercial Properties Management, representing Cape Venture, LLC, the owner before the sale, doing business as Woodland South Apartments. Twohig's letter indicates that tenants with questions may contact her, or that they "may contact Kyle Frazier, pro-

spective ownership representative."

A multi-year tenant who received such a letter, asking his name be withheld, said, "I received the notice to quit on June 17" and said he had no indication that the notices were coming until they received them. He said that "rumors began circulating during the winter of a potential sale [but] we had no indication whatsoever that the new owners would be trying to push people out."

The stress comes not only from the short time period, according to the tenant, but also because "the cost of housing in the Portland area is absurd; many apartments' rent are more than mortgage payments. Finding housing on such short notice is nearly impossible. One neighbor moved out with tears in her eyes last Sunday; she had nowhere to go, her grandmother took her in. I am only off the street due to the kindness of a friend."

Another tenant who received a notice, also asking that her name be withheld, said she enjoyed living in the apartments for more than a year. She said, "The best part of living here are all the wonderful neighbors, always very kind!"

While she does not have children in Cape schools, she said, "[M]any of the residents that received the notice to quit do have children in Cape schools. One of which will be graduating next year...they don't want to pull her out in her last year at CEHS."

She agrees that finding another place is difficult. "It is impossible to find a new place to live in this area! Most folks here live week to week with no savings. So, no

-see APARTMENTS page 10



AIN'T MISBEHAVIN' AUGUST 6—SEPTEMBER 1
The Fats Waller Musical Show

SHOW SPONSOR:



MSMT
MAINE STATE MUSIC THEATRE EST. 1959

PORTLANDSTAGE
The Theater of Maine

TICKETS: portlandstage.org | 207-774-0465

All performances held at Portland Stage,
25A Forest Ave, Portland, Maine

Our Library: Making a difference

This column by Thomas Memorial Library Foundation shares true stories from library users on how our library is making a difference to them and to the community.

Grannie, Can We Go to the Library?

By Mary Capobianco
Chair of the Thomas Memorial Library Foundation Story Committee



Contributed photo

Elizabeth and Anna Capobianco in the kitchen play area of the children's section at the Thomas Memorial Library

August is the month that all of my grandchildren come to visit and enjoy Maine's beautiful summers.

Last year the week following the Beach to Beacon was exceptionally hot and humid. My five little granddaughters, two years to eight years of age, spent many hours looking for hermit crabs and sea glass along the shore at Crescent Beach. The youngest would search the shore

squealing as she lifted little hermit crabs up on her plastic shovel and dropped them into sand pails.

By lunch time, they all were tired and ready for a cool, outdoor shower followed by lunch. As the summer humidity continued to increase, their Mom suggested that maybe they would stay home from the beach and stay out of the sun for the day. Loudly, I could hear all the girls

complaining that it was not too hot, and they wanted to find the hermit crabs again.

Quickly I checked the Cape Courier for the Thomas Memorial Library schedule for the week. "Girls," I yelled up to them. "Let's get dressed and go to story hour today at the library. It is air-conditioned, and we can play with the new toys that the Thomas Memorial Library Foundation helped purchase in the children's section."

Within a few minutes, we were at the library and sitting crossed legged on the floor listening to fun stories by Rachel Davis, the children's librarian.

When the Mother Goose program ended, all five girls ran into the children's section and right to the kitchen-center filled with pots, pans and plastic food. As I sat in air-conditioned comfort, all of the girls concocted desserts and fancy coffees for me.

Next, we put puzzles together and played with puppets as they retold stories they had heard that morning. When I looked at my watch, it was past lunch so we chose some books for bedtime reading and headed home.

The next day the hot, humid weather had subsided and again I could hear their Mom encouraging them to get their bathing suits on so we could get to the beach to see who could find the most sea glass.

But instead of the usual flurry of little legs into polkadot swim suits followed by the lathering of sunscreen, I heard instead a chorus of voices, "No, can we go to the library? I want to play with the puppets; I want to bring back my books and get another piggy book and Grandma needs her cappuccino!"

Maine might offer great beaches, hermit crabs, sea glass and sand castles but the Thomas Memorial Library offers a wonderland of books, toys and puzzles for young minds.

As a grandparent of nine little ones, I am so grateful for the opportunities that the library provides to children. As one of my grandchildren told me, "This place is cool, Grandma."

Many children have played with the toys purchased through funding from the Thomas Memorial Library Foundation. While the toys and story hour make the library "cool," the children also learn to love reading and develop new skills that will benefit them throughout their lives.

Solution to July 3 Cape Crostic

I have been immeasurably honored to serve the people of Maine for nearly forty-two years in public office and for the past seventeen years in the United States Senate. It was incredibly difficult deciding that I would not seek a fourth term in the Senate. *Olympia Snowe, "Washington Post"*

- A. ONE THOUSAND
- B. LIFE IN PRISON
- C. YESTERDAY
- D. MCKERNAN
- E. PRESIDENT
- F. IDENTITY THEFT
- G. AVAILABLE AT
- H. SUFFERABLE
- I. NOVEMBER
- J. OBEDIENT
- K. WESTERN
- L. EFFICIENCY
- M. WOODWARD
- N. AMERICA
- O. SENATE
- P. HOUSE
- Q. I FEEL SHEEPISH
- R. NAVAL
- S. GATHERER
- T. TUSHY
- U. OR FICTION
- V. NOODLE
- W. PUTTY
- X. OUTFIT
- Y. SMITH
- Z. TETE

Coffee with a cop

Join your neighbors and police officers for relaxed conversation over coffee on Friday, July 26, 9:00 a.m. at CSalt.

No agendas or speeches, just an opportunity to ask questions, voice concerns and get to know the officers in Cape Elizabeth.

At this session, the Cape Elizabeth Police Department would like everyone to meet their new Officer Tammy Schafran.

United Maine Craftsmen's 3rd Annual FLAHERTY FAMILY FARM ARTS & CRAFTS SHOW





August 9th - 11th

Friday - Saturday 10am-4pm
Sunday 10am-3pm

Buy local...made in Maine
Delicious Food, Free Parking
Rain or Shine

Admission \$3, kids under 12 free

Flaherty Family Farm
123 Payne Rd., Scarborough

CELEBRATING 50 YEARS!

UNITED MAINE CRAFTSMEN

unitedmainecraftsmen.com
207621-2818

www.unitedmainecraftsmen.com
UMC is a non-profit organization



Wm H Jordan Farm 21 Wells Road



JORDAN'S FARM

CORN SEASON

COMING SOON

Call 767-2740 for updates or check out Jordan's Farm on Facebook

FARM STAND OPEN DAILY 9:00 – 6:00

Lettuce, Beet Greens, Kale, Cucumbers, Spring Onions, Carrots, Beets, New Potatoes, Pastured Meats and Poultry, Sweetcream Dairy Ice Cream and more!

SOIL PRODUCTS & AGGREGATES

Monday – Saturday 8:00 – 5:00 Sunday 9:00 – 4:00

FOR THE GARDEN & LAWN
Compost ~ Screened Topsoil
Straw ~ Wood Chips

~~~~~

**BARK MULCH**  
Pine Spruce Mix  
Dark Mix ~ Natural Cedar

~~~~~

FOR THE HARDSCAPE PROJECT
Pro-Base ~ Screened Sand
Crushed Stone ~ Stone Dust

www.jordansfarm.com

Pick-up or Delivery
807-1761



Support Your Local Farms

Jordan's Farm

Cape Elizabeth author, Anna Crowley Redding, pens book on Elon Musk

By Kevin St. Jarre

Before diving into the deep end of writing for younger readers, Cape Elizabeth resident Anna Crowley Redding's first career was as an Emmy-award winning investigative television reporter, anchor and journalist. The recipient of multiple Edward R. Murrow awards and recognized by the Associated Press for her reporting, Anna now focuses her stealthy detective skills on digging up great stories for young readers. "Google It: A History of Google" received a starred review from Booklist and was recognized by the National Science Teacher's Association as a best STEM book of 2019.

Her latest book, "Elon Musk: A Mission to Save the World," is a riveting YA biography that shows how a once-bullied school boy became an iconic visionary who the New York Times described as "arguably the most important and successful entrepreneur in the world."

Elon Musk is the visionary behind SpaceX and CEO of the electric car company Tesla. He is working on unique and daring improvements to both public transit and solar energy. And then, there's his highly-publicized plans for colonizing Mars...

But behind the mind-blowing headlines and legendary drive is the story of a bullied and beaten school boy, who through creativity and determination decided to rewrite his story and find his own way to make the world a better place. And to do so with a sense of fun and style.

From hosting raves to pay for college to re-writing the rules on space travel, Elon Musk has always gone his own way. In her book, Crowley Redding leads a well-researched trip through Musk's life and accomplishments.

Crowley Redding is not sitting back and simply enjoying her latest success. She remains hard at work. "I'm excited to have multiple projects underway right now! My debut picture book will hit book stores this spring. It's the true story of a forgotten hero who saved the Declaration of Independence and all of America's founding documents from British torches during the War of 1812. What I love about that book, is what this everyday hero did to save the words that built this country. And yet his story is completely unknown. I can't wait for readers to learn this part of American history," she said.

Crowley Redding's focus turns closer to home as well, which seems light-hearted until one realizes that some people still tragically ruin their clam chowder. She said, "And super fun for Maine, I have a nonfiction picture book coming out about the Maine state lawmaker who tried to make it illegal to put tomatoes in clam chowder! The punishment? Digging a barrel of clams at high tide. This set off a nationwide food fight—tomato vs. no tomato! When I discovered this story, I fell in love! Islandport Press will publish 'Chowder Rules!' in October 2020. I imagine when the book comes out, we'll have a chowder cook-off! The illustrator, Vita Lane, is hard at work as we speak. I can't wait to have a sneak peek."

Her intent, she says, is to make her works enjoyable as well as informative. "For me,

it's all about storytelling. I don't want a book about history, science, math, engineering and technology to be a bear to read. It should be fun, riveting, smart, intense and even silly. And to achieve that, you really just have to dig into the human stories behind technology, etc. And that part of the research is usually so fascinating. As we celebrate the moon landing anniversary this summer, we aren't as focused on the excruciating detail of how the rocket was constructed. Instead, what moves us is the very human story that made the mission possible: bravery, visionary thinking, and problem solving and enormous pride. What isn't exciting about that? So, whether I'm writing about history or science, I want to put the reader firmly in the action so they can feel the story and relate to it in a human way. At the same time, when you are writing about emerging technology, you have to make sure it's accessible. If it feels like a dry text book, then I've failed. Period," she said.

The author's style of writing has changed through the years, as her audience has changed. Crowley Redding said, "I started out as a TV news reporter. And that writing is super-fast and to the point. The story structure in TV news is designed so that people can quickly understand what's happening while they are busy doing other things like making dinner or helping with homework. Learning how to write that way and under deadline is a lot of fun. Writing books, and especially for younger readers, requires a different mindset. It's all about drawing readers in, from one page to the next so that they can fall in love with the very things that captured your interest about the story. And it's great to have the space to do that in a book! At the same time, having years under my belt of writing under deadline pressure helps a ton with self-discipline and actually getting a book written. I always chuckle when I walk into a coffee shop, you can spot us writers easily... laptop open as we stare out the window completely lost in daydreams. So that deadline pressure of TV news truly helps me reign it in and get the job done."

The business of art influences her creative work in that getting a book out to market is a team effort. "Writing books is a very collaborative process, which I love. It starts with a rough draft or an idea. Then I take it to my



Contributed photo

Author Anna Crowley Redding, who says, "I don't want a book about history, science, math, engineering and technology to be a bear to read. It should be fun, riveting, smart, intense and even silly."

Maine-based critique group. We share our writing and offer feedback which jump starts the revision, editing or shaping. Once I have taken a manuscript as far as I can, I send it to my agent who is amazing with editorial feedback and also knows when a story is ready to go out on submission. Then it goes out to editors who either make an offer or ask for a revision. Even when they reject a project, the critical feedback is helpful in reshaping or reimagining a book. Once a book is sold, then you go through revisions with your editor and I love that process. The end result is so much better than what any one part of the team could have come up with alone. Watching a book take on a life of its own is exciting," she said.

As far as influences, Crowley Redding says she loves the work of Mary Roach. "Her take on nonfiction is so fun and accessible and smart. Can't recommend her enough. And P.G. Wodehouse is one of my favorites. When you read his work, you are treated to the absolute joy of writing. Every sentence is a feast of humor and description that makes you feel like you are wrapped up in a sweater, by a fire, belly laughing with best friends! Both of these authors keep their work square-

ly focused on the reader and the reader's experience. They are not trying to impress us, though they do, but they are just trying to tell us a great story and do so masterfully. That's what I am always chasing," she said.

Many YA books have a crossover appeal, and many adults now read these books. While Crowley Redding writes for younger readers, the appeal extends well-beyond. "I write for readers ages 3 to teen. And the biggest surprise with my first book is how many older adults were reading it. We took that into account when writing about Elon Musk," she said.

You'll find the author writing in coffee shops. "The din of chatter and people coming and going reminds me of newsrooms and helps me focus," she said.

If someone were to send her someplace to focus solely on her writing for a month, she says she would choose Italy or Scotland, and then added, "But honestly, I'd miss Maine after three days."

Those who want to dive into Crowley Redding's work can find her books wherever fine books are sold. "Elon Musk: A Mission

-see AUTHOR page 15

Maine Veterinary Medical Center

A Specialty Hospital and 24/7 Emergency Center in Scarborough

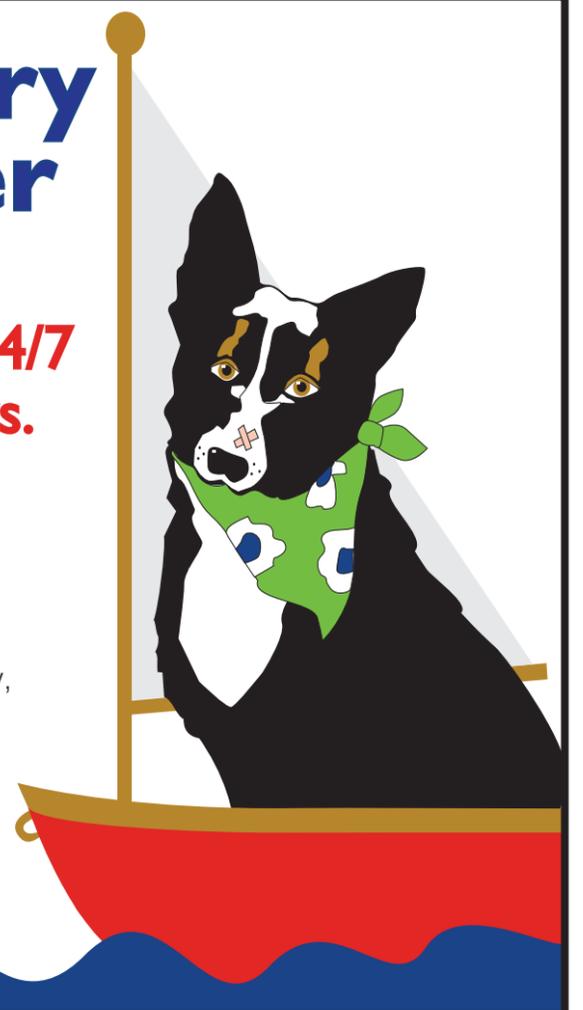
We treat all pet emergencies 24/7 including weekends & holidays.



We offer specialty care including neurology, surgery, internal medicine, oncology, ophthalmology, critical care and rehabilitation.

207.885.1290 • mvmc.vet

Located at 1500 Technology Way in the Enterprise Business Park Route 1



STATEWIDE SURVEYS, INC.
 A LOCAL COMPANY SPECIALIZING IN:
 BOUNDARY & TOPOGRAPHIC SURVEYS
 FLOOD CERTIFICATES
 WETLAND DELINEATIONS
 RESOURCE PROTECTION
 SOIL SURVEYS & GPS
 SURVEYING CAPE SINCE 2004
 207 767 4200 OR
 STATEWIDESURVEYS.COM

Rotary Club youth literacy program donates language shelves



Contributed photo

Two parents and their children congregate around the new language book shelves at the South Portland Public Library.

The Rotary Club of South Portland/Cape Elizabeth has donated more than \$1000 to the South Portland Public Library for special shelving for language studies. The Club began this ongoing youth literacy program in 2007.

The youth librarian, in thanking Rotary, says, "The kids and adults are always hovering near these shelves looking for language books. The interest has burgeoned since we now have shelving that is visible and accessible. Young readers seem much more interested in languages now."

The Rotary donations enable the local libraries to provide additional materials

to enhance youth literacy that the libraries would otherwise not be able to purchase through normal funding.

The Rotary Club also uses this program to recognize its weekly speakers by having them sign a bookplate that goes into one of the purchased books and symbolizes a donation of that book to youth literacy by the speaker.

Rotary Club president Fran Bagdasarian says, "For 13 years we have made these donations to help increase interest in reading and education among our local students. It is part of our Rotary club's service to our communities' youth and our commitment to literacy initiatives."

Apartments

Continued from page 7

means to move," she said.

She also said she didn't know the apartments were in the process of being sold. "We just signed our new lease in April. We had absolutely no idea the property was for sale," she said.

She says she reached out to the representative of the prospective owners, and she said, "When I called the new manager he told me [that they] don't want to kick anyone out, [they] just want fair market value. I asked how much more. He said over 40% increase. Which for us would be \$420 more per month."

She said, "This has caused a major panic for all involved! Folks can't sleep, folks don't have anywhere to go!"

Twohig, reached for comment, wrote, "We really don't have anything to add . . . other than confirmation that only 15 of the 54 residents at Woodland South were sent notices from this office as part of the closing requirements for the sale of the property. These notices were allowed under the lease.

We really cannot comment on anything other than that. Everything else must be addressed by the new owner."

Attempts to reach the representation of the new owner were unsuccessful at the time of printing.

As for the issue of students being displaced from Cape Elizabeth schools, Superintendent of Schools Donna Wolfram, when asked for comment wrote on July 8, "I just learned about the Woodlawn

Apartments situation at a department meeting an hour ago. One of the things I will be doing today is researching how many of our students are impacted by this. From the explanation we were just given by Matt Sturgis, the new owners are within their rights for this action. I have not been contacted by any of the parents, so far. If students/families are considered homeless as of the first day of school they will need to work with Cathy Stankard, our McKinney-Vento liaison to make arrangements for attending school and transportation, either in our district or where they are located at the time. They can contact Cathy at Central Office. If families find housing in other districts, they should enroll their students in those districts. Parents/guardians of students who live outside the district but wish to attend Cape Elizabeth Schools need to contact the Superintendent of Schools in the district where they are residing and request a Superintendent Agreement. Both Superintendents must agree to this. Parents who have secured temporary housing but plan to move back to Cape Elizabeth should also request a Superintendent Agreement from the Superintendent of their temporary location. I realize that this is a difficult and stressful situation for parents, and I would be happy to answer questions and work with individual families to assist them in the process of fall enrollment. They can reach me by calling Central Office: 799-2217."

Sell-out crowd at wet paint auction raises funds for land conservation

Perhaps energized by the lightning, thunder and torrential downpours, guests at the Cape Elizabeth Land Trust's 12th annual Paint for Preservation wet paint auction on June 30 bid enthusiastically in support of protecting Cape's special places. A sell-out crowd of more than 400 friends and supporters braved the elements at the seaside estate of the Holden Family at Garrison Field. They were rewarded not only with stunning artwork by 30 award-winning artists, fine food and drink, but finally, with a double rainbow over Pulpit Rock.

More than 70 volunteers gave their time to the event, many of whom carried their umbrellas while on the job. But the hardest had

to be those from the Rotary Club of South Portland-Cape Elizabeth, who gave their time to park hundreds of cars in the open field for several hours.

"Thankfully, the artists ended up with fine Maine weather to paint en plein air (outdoors) on Friday and Saturday," noted event founder and chair, Claudia Dricot. "That was most important to ensure that the artwork being auctioned on Sunday was of the highest interest and quality." The accomplished artists are juried to participate, and donate 50% of the sales to benefit the land trust. Anne Zill donated her time as the juror to select the artists. Auctioneer Kaja Veilleux of Thomaston Place Auction Galleries was charged with facilitating the bidding in several quite animated volleys as guests kept prices rising.

CELT Board President Elizabeth Goodspeed made special note of the Holden Family for sharing their lovely home with the crowd. "Jeff did a lot of work to prepare the site before the event, as did Frank Strout and Jim Cox in providing the parking space next door, without which this event could not have happened."

CELT also greatly appreciates the generous sponsorship support from many area businesses, including ETHOS, Key Bank, R.M. Davis, Inc., 360 Uncoated, Eyecare Medical Group, Inn by the Sea, Oak Hill Beverages, Town and Shore Associates, Wright-Ryan Construction, Inc., Casco Bay Frames & Gallery, The Marc Gup Realty Group of Keller Williams Realty, Huffard House Interior Design, Knickerbocker Group, Maine Limousine Service, Two Lights Dental, Veterinary & Rehabilitation Center of Cape Elizabeth, and Thomaston Place Auction Galleries. Geary Brewing Co. and Lone Pine Brewing Co. provided the beverages. Photography was graciously provided by Bob Harrison, Dick Sawyer, and Meghan Wakefield, and can be viewed on CELT's website and Facebook photos page.



**FEE-ONLY FINANCIAL PLANNING
INVESTMENT MANAGEMENT SERVICES
FOR INDIVIDUALS, TRUSTEES &
CONSERVATORS**

Laongdao "Tak" Suppasettawat, CFP®, CPA
Maine Licensed Registered Investment Advisor

(207) 799-2010
tak@takadvisory.com
www.takadvisory.com






**COMPASSIONATE CARE
24 HOURS A DAY
7 DAYS A WEEK**





**Dr. Marta Agrodnia,
DVM, DACVS**




207 878 3121 | 739 Warren Avenue, Portland | AnimalEmergencySpecialtyCare.com

Cape Elizabeth birding observations for early July

By E. Brooks Bornhofft

This time of year, there are many stellar birds to be spotted and heard across Cape. The last days of June through the 15th of July yielded good numbers of Baltimore Orioles – both juvenile and older – and many great looks at molting adults and begging young. It ceases to amaze me that long distance neotropical migrants like Baltimore Orioles choose to give birth and raise their young (albeit very briefly) in Cape. Younger birds (under two years of age and/or don't have young to raise) will soon begin their three-month migration south to the tropics.

Early July yielded some rather oppressive days to be deep in the woods, alas from the depths of Robinson Woods II & III I heard and saw encouraging numbers of Black-throated Green Warblers. Common Yellowthroats were entirely common too. Amidst the whining masses of mosquitoes, I was pleasantly surprised to hear the song of Pine Warblers along the banks of Pond Cove, high within the stands of old white pines. I also could hear at least one Black and White Warbler. Rose-breasted Grosbeaks have made a good showing across Cape and although harder to see this time of year, one can definitely hear them singing high above in the canopy. Additionally, this is the first year that we have had consistent male and female grosbeaks at our feeders, including one juvenile female. Great crested Flycatchers are still making their presence known as well. Listen for a loud, whistled, buzzy wheeps echoing through the woods.

A pair of Brown Thrashers were seen comingling along the fringes of the soccer fields bordering the Gull crest trails. Tangled masses of shrubbery make this area an excellent possible nesting place for Thrashers.

On July 10 a single Eastern Towhee was heard along the back of the Transfer site of the Gull Crest trails thick undergrowth. This was the first Towhee I have heard this season. Populations of this bird in the Northeast have declined seriously in recent decades. One thing that this secretive creature does not have going for it is that Towhee nests on or very near to the ground. The breezy ethereal song of the Veery can be still be heard from dawn to dusk, as can the Hermit Thrush's wavering pitch and prominent overtones.

On a related note, our local male House

Wren seems to have given me the slip. I have three house wren boxes on the property and all three have nests built in them however as of July 15 they appeared to be abandoned. Apparently, the male wren often makes "dummy nests" within their territory and boy was I fooled. Male House Wrens want to give the female some choices... that is if a female shows up at all, and she may choose an entirely different nook for nesting. I have heard males calling well into July (unsuccessfully) before they move along or disappear.

Ruby throated Hummingbirds are consistent and widespread across Cape right now as well. As of July 7, an Eastern Phoebe has been singing outside our window every morning starting around dawn. This bird is most likely looking to start a second brood.

Other mentionables include: A female Common Eider teaching a gaggle of chicks to dive for crustaceans, several Swamp Sparrow fledglings - a Red bellied Woodpecker with three young continuing to devour our suet and Song Sparrow, Titmice and Chickadee fledglings are out and about as well. Chimney Swifts, Tree Swallows and Barn Swallows dart gracefully over our meadows and farmyards.



Photo by Scott Akerman

Cape Elizabeth resident Scott Akerman recently spotted a juvenile summer tanager, a very special migrant as these birds typically don't come up much past Delaware.



Photo by Diana Onacki

A bird greets the morning sun at Fort Williams.

A berry good time had by all



Contributed photo

It was a spectacular summer day recently when Maxwell's Farm employee Kendra Pearson welcomed a group from Atria Scarborough. "The aroma of the ocean air paired with the earth and ripened strawberries was pure heaven!" residents said. Atria's seniors used their pickings to create a sweet dish and couldn't stop talking about how wonderful the staff at Maxwell's was. From left to right: Helen Leblanc, Doris Grosz, Bunny Douglass, Imogene Welton, Sally Lamontagne, Gerry Lamontagne and Kendra Pearson.

CELT Tuesday Stewardship Nights

For the remaining weeks of the summer, CELT is running weekly volunteer groups every Tuesday evening for some trail maintenance and invasive species removal.

Join your friends and neighbors from 5:30-7:30 p.m. at various CELT Properties (weather permitting). We will provide tools and gloves but feel free to bring your own.

Please dress appropriately - we recommend long pants, a long sleeve shirt, a hat, and work shoes. Please bring water and bug spray.

Contact summer intern Maddie Stephens at mstephen@capelandtrust.org to sign up and see where we'll be every week. You can also check the CELT Facebook page for updates.

	<p>Erin Grady, Broker eringrady207@gmail.com</p>
	<p>Cell: 207.650.4458 Office: 207.767.2224 x3 299 Ocean House Rd., Cape Elizabeth, ME 04107 www.bostwickandcompany.com</p>
<p>Working with buyers & sellers for over 30 years in our community. Please contact me for all of your real estate needs. I would love to work with you!</p>	

www.OceansideMaine.com
207-799-7600

RE/MAX
OCEANSIDE

Celebrating our
12th year
~ For all your real estate needs ~

Library continues summer outdoor concert series, offers program on Monarch butterflies, presents Cape Con 2019

ADULT PROGRAMS

The library will be closed on Thursday, Aug. 15, for a town-wide Employee Appreciation Day. All regularly scheduled programs have been moved or are cancelled.

Senior Tech

Wednesday, July 24, 10:30 a.m. – noon
Senior Tech meets on the fourth Wednesday of each month. We're here to help in any way we can with your tech questions. We work together as a group to answer similar questions, and break out into smaller groups to answer individual questions. You wouldn't believe some of the things we've been able to help solve.

Summer Outdoor Concert: The Modernistics

Thursday, 7/25, 6:00-7:30 p.m.
We're excited to bring you the toe-tapping excellence of Music and Dance from the Great American Songbook presented by The Modernistics. This stellar jazz ensemble from Boston performs hits by Irving Berlin, Harold Arlen, Duke Ellington and other master tunesmiths.

Our Summer Concerts are a wonderful outdoor gathering for patrons of all ages. Bring a blanket to picnic, or chairs to sit on under a canopy of trees. We'll have cookies and lemonade available for purchase as we enjoy great music on a delightful summer evening. In the event of rain, the show still goes on – the fun just moves inside. This event is generously sponsored by the TML Foundation.

Summer Outdoor Concert: Jud Caswell

Tuesday, Aug. 6, 6:15-7:45 p.m.
TML favorite Jud Caswell, often called a "one-man folk festival," and cellist April Reed-Cox are stopping by in August for an outdoor lawn concert. Jud's songs draw on a long musical history and wide-ranging influences from jazz and Piedmont blues to contemporary folk and rock. Jud promises to fill the air with banjo picking, guitar riffs, and beautiful cello/guitar melodies.

Our Summer Outdoor Concerts are a great place for friends and family to gather to hear great music in a relaxed setting. Feel free

to bring a picnic, blankets, and lawn chairs. Jud's music is suitable for all ages. In the event of rain, we'll move the concert inside. Thanks to the Library Foundation for helping us bring you this outdoor concert series.

Maine Wildlife Series: Monarch Butterflies

Thursday, Aug. 8, 6:30-7:30 p.m.
Audubon staff naturalist, Doug Hitchcox, joins us in August as part of our Maine Wildlife Series. Doug promises an informative and interactive talk about Monarch butterflies with a focus on conservation issues and concerns surrounding this iconic North American species. Doug will also discuss the Monarch life cycle and natural history, current challenges Monarchs face in Maine and beyond, and what you can do to help conserve Monarchs. We are delighted to learn more from Doug and welcome the wonderful Maine Audubon Society to TML.

Chair Yoga

Monday, Aug. 12, 11:30 a.m.–12:30 p.m.
No prior experience is needed for this experience of gentle, mindful movement and deep breathing to calm the nervous system and focus the mind. You'll stretch and move while sitting in your chair with a handful of standing and balancing postures accessible to all. We'll finish with a guided body scan that invites you to relax into the present moment, that place where true power lies. When you tap into this ancient practice you'll learn many ways to find a more peaceful, powerful you. No mats or towels are needed. Just wear comfortable clothing, sneakers or flat shoes, and bring water to drink.

Democracy Café

Tuesday, Aug. 13, 6:30-8:00 p.m.
Where do you get your news? Are stories related to democratic ideals jumping out at you these days? In August, we'll center our discussion on the latest headlines. Does what we read about in the news deserve more time and thought? You bet it does! The Democracy Cafe meets on the second Tuesday of each month. We hope you'll join us this month for another great discussion. All are welcome.

Morning Book Group – "Little Fires Everywhere"

Wednesday, Aug. 14, 9:30 a.m.-11:00 a.m.

Our morning book group meets on the 2nd Wednesday of each month. In July, we'll be discussing "Little Fires Everywhere," by Celeste Ng. We hope you'll join us to read and discuss. New members are always welcome.

Summer Outdoor Concert: Folk Duo Rianne & Mark

Tuesday, Aug. 20, 6:30-7:30 p.m.
We close out our Summer Concert Series with the wonderful music of folk artists Rianne Richards and Mark Mandeville. These artists blend their distinctive voices with rich tantalizing harmonies and a wide range of accompaniment (guitar, harmonica, ukulele, clarinet, penny whistle, electric bass) featuring original and traditional acoustic Folk/Americana songwriting.

Our summer concerts are a wonderful outdoor event for patrons of all ages. Bring a blanket to picnic, or chairs to sit on under a canopy of trees. We'll have cookies and lemonade available for purchase as we enjoy great music on a delightful summer evening. In the event of rain, the show still goes on – we'll move inside. This event is generously sponsored by the TML Foundation

ONGOING ADULT PROGRAMS

- Knitting Group – every Monday at 1:00 pm
- Chair Yoga – second Monday at 11:30 a.m.
- Democracy Cafe – second Tuesday from 6:30-8:00 p.m.
- Songwriting Workshop – fourth Tuesday from 6:15-8:15 p.m.
- Morning Book Group – second Wednesday from 9:30-11:00 a.m.
- Writers' Accountability Group – third Wednesdays from 10:00 a.m.-noon
- Senior Tech – fourth Wednesday from 10:30 am-12:00 p.m.
- Cape Entrepreneurs– ON HIATUS TILL 2020
- YA Anonymous Book Group – first Thursday from 6:30-7:30 p.m.
- Maine Wildlife Lecture Series – second Thursday from 6:30-7:30 p.m.
- Evening Book Group – third Thursday from 7:00-8:30 p.m.
- Chess Club – every Saturday from 9:00-11:00 a.m.

PROGRAMS FOR TEENS

Weekly

Tabletop Club (Tuesdays from 2-6 p.m.)

Come in to the library every Tuesday from 2-6 p.m. to play some of our tabletop games. We have Betrayal at House on the Hill, Sher-

lock Holmes: Consulting Detective, Pandemic, Catan, and more! Feel free to bring your own games as well. Open to teens ages 12 and up. For more information, contact Alyssa at alapierre@thomas.lib.me.us.

Monthly

Crafternoon Summer Workshop: Squirtgun Painting

Thursday, July 25 from 2:30-3:30 p.m.
Join Kiah and Alyssa for a different craft project each month. This month we will be painting with squirt guns outside on our patio. We will provide the materials, including a canvas for you to paint. Open to ages 11 and up. No registration required.

Teen Takeover: Ice Cream Social

Friday, July 26 from 5:30-8 p.m.
Come hang out at the library after hours. We will be having an ice cream social to beat the heat, along with a movie. Movie TBD, but will be "space" themed. Open to ages 12 and up. Registration is REQUIRED, so please visit our website for more information.

Cape Con 2019

Saturday, Aug. 24 from 12-4 p.m.
Join us for our second-annual Cape Con. We will have free buttons, gaming stations, local illustrators and drawing tutorials, a cosplay contest judged by professional cosplayers, and much more! Don't forget to dress up in your best cosplay; we will be giving out prizes to the best-dressed. All ages welcome.

PROGRAMS FOR CHILDREN

Our regular story time schedule continues with weekly programs for babies, toddlers, preschoolers, and families, with the addition of a couple of new programs beginning in July (see our complete schedule on the library's website.) We also have some special events and monthly programs coming up.

Summer reading program continues all summer long

This year's summer reading program, Destination TML: A Universe of Stories, features a bingo game for kids, teens, and adults, as well as a set of early literacy activities for babies and toddlers. Registration began on June 17, and continues all summer long. Stop by to sign up and win some prizes.

New Times for Tiny Tunes and Story Explorers on Fridays

We continue to offer our Tiny Tunes music and movement program for babies toddlers and preschoolers on Thursdays at 10:30. Our Friday session, however, will be run from 9:15 - 9:45 in order to allow some transition time between it and our new Little Frogs Yoga Story Time program. Our regular Story Explorers program will begin 15 minutes later, from 10:45 - 11:15 on Fridays.

-see LIBRARY page 13

Are you paying too much for Oil?

Tired of paying too much for heating oil? Join the **Cape Elizabeth Buying Group** with Irving Energy and save! This buying group was established for local residents by a local resident who was tired of paying too much.



Contact Myndilee at: myndilee@me.com

Please put Irving in the subject line. This buying group closes on August 31st.

*even if you're already an Irving customer, this price is below their regular residential rate?



STEVE PARKHURST

Broker/Owner 523-8102

BONNIE WRIGHT

Associate Broker 523-8103

Contact Steve at sparkhurst@townandshore.com



One Union Wharf
Portland, ME 04101
207.773.0262

BOWDLER ELECTRIC INC



207-799-5828

All Calls Returned

Mark Bowdler

Master Electrician

Residential & Commercial

www.BowdlerElectric.com

We do it all!

GENERATORS

• KOHLER Automatic Systems
• HONDA's with Electric Start

Vindle Builders

Ron Spidle, owner

Custom framing to fine carpentry

Where integrity means business

207-329-9017

Fully insured

vindlebuilders.com



Library

Continued from page 12

New Program: Unplugged Play

for ages 5 - 9
Wednesdays, 3:30 - 4:30 p.m.
Join Rick weekly for crafts and games that use good old-fashioned technology--marbles, paper airplanes, bottle rockets, and more! No registration necessary.

New Program: Dress Up and Dance!

for ages 2 - 6
Thursdays, 11:15 - 11:45 a.m.
Do you have a child who loves to dance? Come to this weekly program to give children an opportunity to dress up with sparkles, boas, and bowties and dance to their heart's content. Kids can wear their own fancy dance costumes, or borrow some of ours. We'll play a variety of styles of music and kids can show off their favorite dance moves in this program designed to encourage free play and creative movement. No registration necessary.

New Program: Little Frogs Yoga Story Time

for ages 5 - 7
Fridays, 10:00 - 10:30 a.m.
Join Miss Rachel for stories and music featuring yoga poses and mindfulness practice. Have children dress in comfortable clothing to allow for movement. Parents can join in as well. Bring a yoga mat if you like (we will have child-sized yoga mats available.) No registration necessary.

New Program for August: Intro to Chess

for ages 5 and up
Tuesdays, 3:30 - 4:30 p.m.
Join chess enthusiast Isaac Dinnerstein, a CEHS student, for some introductory chess lessons and time to play. No registration necessary.

Families Discover Great Artists

for families with children 3 and up
Saturday, Aug. 3
3:00 - 4:00 p.m.
Join Miss Kiah for her monthly family art program. Each month, families learn about a famous artist, and then create art inspired by his or her work. This month, create foil-embellished collages inspired by the work of Gustav Klimt. No registration necessary.

Make Space for Pollinators

with Jerry Schneider
for ages 5 and up
Tuesday, July 30
2:00 - 2:45 p.m.
Jerry Schneider, creator of the award winning Butterfly Game, will talk about native pollinators: butterflies, bees, and bats. These important critters help pollinate our orchards, backyard gardens, and our forests. Audiences will learn how to build and maintain habitats that help our pollinator populations, what time of year to mow fields to be most beneficial to pollinators, and what flowers to grow in our gardens to attract butterflies and bees. After the slide show, children will create pollinator tee shirts, using a combination of fabric dye sprays, plants, and butterfly, bat and dragonfly cut outs. **Bring a plain white or light-colored t-shirt, or you can purchase

heavy cotton (Gildan) tee shirts for \$4.00 cash at the program.**

Stay, Play & Learn

for families with children 0 - 5
Tuesday, August 13: Speech & Hearing
9:30 - 11:00 a.m.

During several sessions of our regular Stay & Play program this summer the library will be featuring special guests who will share their expertise with parents in an informal way while children play. On August 13, Speech Pathologist Laurie Mack will join us to answer questions about your child's speech development and hearing. No registration necessary.

Musical Story Hour with Jud Caswell, for ages 3 and up

Thursday, Aug. 8
1:00 - 1:45 p.m.
Singer/songwriter Jud Caswell entertains with songs, musical games, and stories with his own original musical accompaniment. No registration necessary.

Earth Jams! Family Concert with Matt Loosigian

Tuesday, Aug. 20
10:30 - 11:15 a.m.
Matt Loosigian seamlessly weaves messages of environmental stewardship, peace, and compassion with humor and silliness through his music and songs. Join Matt for a special family concert. No registration necessary.

CEFD

Continued from page 4

age others to come work here. I've had a very positive experience and have made life-long friends. I have had opportunities to learn from my mistakes and then move forward. Next time the bells go off, it's go time again."

Joshua Dell'Aquila, South Portland Fire Department

"I did not do the student program, unfortunately," says Lieutenant Josh Dell'Aquila about his experience getting started in the fire service. "I was always jealous of the guys whose pagers would go off and they'd run out. I didn't think I had an interest until I went to Maine Maritime Academy and was forced to do firefighting and realized I loved it. I liked girls too much and didn't care about making money so I left MMA and went to SMCC for Fire Science hoping/planning to do full-time firefighting. I realized there was a lot that had to be done to even be considered for a full-time spot." Josh went to SMCC first, then joined Cape Elizabeth Engine One right after starting the Fire Science program, where James Martin was his mentor in the department.

Josh shared, "I got a job in dispatch which reinforced my desire to be a full-time firefighter. It motivated me to do what it took to get a full-time job. I learned so much about the officer side of incidents, size-ups, resources, and more. I have 22 years ahead of me!"

There will be lots in between now and 22 years, but it's clear that Josh loves what he does and feels like he landed in the right spot in South Portland. How he carries himself, it's obvious when he says, "I'm really happy. I have an awesome crew. I care about people and making everyone better. I bring my knowledge from SoPo back to Cape and it makes my job here more enjoyable. My favorite thing to do around here is to have you guys make me proud. It makes my whole day better. I want to get this feeling more."

Cody Munson, Sanford Fire Department

Cody Munson describes his experience growing up, saying, "I knew I wanted to become a public servant of some sort. I figured I'd become a police officer. I didn't know anyone in the Fire Service."

Munson attended Husson University for Criminal Justice and after two years realized it wasn't for him. He says of his experience, "I grasped the concept of what it is, but realized I didn't want to deal with people at their worst, so I switched to Business. Then I realized school wasn't for me. I moved home and got a job at the South Portland Public Works Department since I was used to being around machines all the time. I spent three and a half years in public works before I found out about the fire industry through a colleague on the Call Company in SoPo, and it opened my eyes to it."

Munson started his Fire Service career by earning his EMT license at SMCC through his public works job. There, he was exposed to Fire Rescue while at SMCC and fell in love through that class.

He shared, "I am able to help people at their worst and can help immediately make a positive impact on their life. Having direct contact with people to make a positive impact had a big effect on me. I joined the Call Company in Cape and got into FF1&2, and I continued to work per diem on the Rescue while at public works."

After completing his board certification firefighting training, Munson was hired as a full-time firefighter in Sanford. There, in order to begin employment, he took the Comprehensive Written Exam (like the Civil Servant Exam in Portland), the Certified Physical Agility Test (CPAT, which is described as making or breaking a lot of people, designed

to mimic what a firefighter will experience under stress), Oral Board Test, and lastly a Skills Day, the final step in the hiring process, involving testing on a house: throwing ladders, search and rescue under smoke conditions, and ventilation.

Munson says, "I am still taking per diem shifts in Cape Elizabeth because I love Cape. I moved out of town to buy a house, and am no longer close enough to serve on the Call Company, but I really love the people. It is a core group of great employees and colleagues. Once you find good people, you don't want to let that go."

Long-term dedication of veteran members, new members, consistent training, rich history, strong community involvement, and members' great sense of pride in the department and the town make the Cape Elizabeth Fire Department what it is today. Joining a paid-on-call department of volunteers is a perfect way to test out one's interest in the Fire Service, whether it's Portland, South Portland or New York City. It is a relatively easy way to test out if it's a good career path to pursue. Citizens interested in learning more about joining the Department are encouraged to visit cefrd.org or call 207-799-6409.

Look forward to Fully Involved: A View Into CEFD next time, as we feature summer safety.

CEFD Fully Involved Fun Facts:

Members: 60+ across five companies: 2 Fire Companies (TCS & CCS), Rescue Company, WETeam, and Fire/Police

Apparatuses: 3 engines (pumpers) Engine 1 @ CCS, Engines 2 & 3 @ TCS, 2 ambulances, 1 ladder truck, WETeam Command Van, WETeam Boat, Service Truck, Air Trailer

Calls: 1110 calls annually, 75% medical. All types of Medical; Fire: CO, vehicle fires, wires down, boat fires, house fires, grass/woods fires; WET: Surface Water Rescue, Swift Water Rescue, Ocean Rescue, High Angle Rescue

Dispatch: Portland Regional Communications Center (busiest 911 center in the State of Maine)

Community Involvement: Parades, Escorts to Team Events, New Year's Polar Dip, Auction Rides to School, B2B Cooling Off Hose, Fireworks Details

town & shore
ASSOCIATES LLC
CINDY LANDRIGAN, Broker
Town & Shore Associates, LLC
One Union Wharf | Portland, Maine 04101
clandrigan@townandshore.com | 207.831.9084
www.townandshore.com

HOBBS FUNERAL HOME:
A family caring for families.
"Locally-owned" is important to many people. The Hobbs Funeral Home was founded by Frank and Betty Hobbs more than 50 years ago, and has been a family business, independently owned and operated by the Hobbs family ever since.
We believe Maine people prefer a locally-owned funeral home, offering highly personalized, caring service during an extremely difficult time.
From the first call through the last detail, our professional staff is there to help you - 24 hours a day. Professional, personal, caring - and local.

HOBBS FUNERAL HOME • 230 Cottage Road • South Portland, Maine 04106 • (207) 799-4472

Kathleen O. Pierce
Realtor, SRES, ABR, Previews Specialist
Office: (207) 799-5000 ext. 4252
Cell: (207) 232-4030 Fax: (207) 799-9226
kathleen.pierce@nemoves.com

COLDWELL BANKER
RESIDENTIAL BROKERAGE
295 Ocean House Road
Cape Elizabeth, ME 04107
Owned and Operated by NRT, LLC. An Equal Opportunity Employer

CAPE CALENDAR

By Wendy Derzawiec

Thursday, July 25

Energy Committee, 6:30 p.m., William H. Jordan Conference Room, Town Hall

Thursday, August 1

Recycling Committee, 7 p.m., Public Works

Saturday, August 3

TD Beach to Beacon 10K, 8 a.m. Library open at 10:20 a.m., Fitness Center and Richards Pool open at noon

Tuesday, August 6

Planning Board Workshop, 7 p.m., William H. Jordan Conference Room, Town Hall

Monday, August 12

Town Council, 7 p.m., Town Hall chamber

Tuesday, August 13

Conservation Committee, 7 p.m., Town Hall Lower Level Conference Room

Ongoing each week

Al-Anon, Regular meeting 7 p.m. Thursdays, at United Methodist Church, 280 Ocean House Road. Regular meeting 7 p.m. Fridays at St. Alban's Church.

Alcoholics Anonymous, 2 p.m. Saturdays, First Congregational Church, 301 Cottage Road, South Portland; 7 p.m. Wednesdays, St. Bartholomew Church; 7 p.m. Fridays, St. Alban's Church.

Cape Elizabeth Historical Preservation Society, 9 a.m.-noon Thursdays, Public Safety Building

Cape Elizabeth Lions Club, 6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road

Cape Farm Alliance, third Wednesday, 7 p.m., Community Center

South Portland/Cape Elizabeth Rotary Club, each Wednesday at 6:15 p.m. Purpoodock Country Club, Spurwink Avenue. 767-7388.

Codependents Anonymous (CODA) group at Cape Elizabeth United Methodist Church

Regular meeting weekly on Saturdays at 10:30 a.m. Call 799-4599 FMI.

CABLE GUIDE

Board of Zoning Appeals replay

July 24 & 25 - 2 & 8 p.m.
July 27 - 10:30 a.m.

Cape Elizabeth Church of the Nazarene

July 27 & 28; Aug. 3, 4, 10 & 11 - 9 a.m.

CHANNEL 3

Town Council (live)

Aug. 12 - 7 p.m.

Town Council replay

Aug. 13 & 14 - 2 p.m. & 8 p.m.

Blue Hill Bach to perform at St. Alban's

On Monday, July 29, at 7 p.m., Blue Hill Bach, one of the foremost summer music festivals in Maine, will present a special post-season concert for the whole family at St. Alban's Episcopal Church, 885 Shore Road, in Cape Elizabeth.

The group, which celebrates the music of the Baroque era with period instruments, will perform Vivaldi's "The Four Seasons," with the wonderfully talented violin soloists, Lisa Rautenberg, Jude Ziliak, Anatole Wieck and the 2019 Young Artist Fellow YuEun Kim. They will be joined by Mark Vogelzang, CEO and president of Maine

Public, who will read English translations of the short sonnets Vivaldi published to accompany the set of four concertos.

Tickets for the concert are \$30 for adults, \$10 for students, and children under 18 are free. To obtain tickets, please go to bluehillbach.org, reserve by email at events@stalbansmaine, or call 207-799-4014. A dessert reception will follow the concert.

This concert is part of The Spirit of Music, St Alban's Concerts for the Community. Proceeds from the performance will support the health and helping ministries of the church.

SERVICES

Cape Elizabeth Church of the Nazarene

499 Ocean House Road (Route 77)
747-1113

www.capenazarene.org

Sunday School for all ages: 9:30 a.m.
Sunday Worship Celebration: 10:45 a.m.
Services streamed live or on demand:
watch.capenazarene.org

Cape Elizabeth United Methodist Church

280 Ocean House Road
799-8396

www.ceumc.org

Sanctuary Service: 10 a.m.
Child Care & Sunday School: 10 a.m.
Adult Sunday School: 9 a.m.

The Church of Jesus Christ of Latter-day Saints

29 Ocean House Road
799-4321

Sacrament Meeting:

Sunday, 10 - 11:00 a.m.

Sunday School: 11:10 a.m. - 12:00 p.m.

Primary: 11:10 a.m.-12:00 p.m.

Relief Society, Priesthood:

12:00 -1:00 p.m.

The Church of the Second Chance

Greater Portland Christian School
1338 Broadway, South Portland
641-3253

Sunday: 10:30 a.m.-12:15 p.m.

Congregation Bet Ha'am

81 Westbrook St., South Portland
879-0028

www.bethaam.org

Worship: Friday, 7:30 p.m.

Saturday, 10 a.m.

Family Shabbat Services:

Second Friday, 6:30 p.m.

First Baptist Church of South Portland

879 Sawyer Street South Portland,
799-4565

www.spfbc.com

Sunday Morning Worship: 9:30 a.m.

Coffee Time is at 10:45 a.m.
Sunday School is at 11:15 a.m.
Sermon audio is available on our website

Promised Land World Reach Center

536 Cottage Road, South Portland

799-3152

Sunday Prayer & Intercession: 9:30 a.m.
Sunday Worship: 10 a.m.

Family Bible Studies: Wednesday, 7 p.m.
Sermon recordings available to download

Saint Alban's Episcopal Church

885 Shore Road

799-4014

www.stalbansmaine.org

Sundays: 8 a.m., 9:30 a.m.

Celtic Service: Sunday, 5:30 p.m.

Nursery: Sundays, 9:30 a.m.

Saint Bartholomew Roman Catholic Church

8 Two Lights Road

799-5528

www.saintbarts.com

Sunday Mass: 9 a.m. and 11 a.m.
Monday & Tuesday Masses: 8 a.m.

First Congregational Church United Church of Christ

301 Cottage Road, South Portland

799-3361

www.fccucc.org

Worship: 9:30 a.m.

Preschool Child Care: 9:30 a.m.

Game Room

First Congregational Church of Scarborough

167 Black Point Road, Scarborough

883-2342

www.fccscarborough.com

Sunday Morning Worship: 9:30 a.m.

Sunday School & Nursery Care

Yard sale on July 27 at Peoples United Methodist Church

Peoples United Methodist Church, located at 310 Broadway, South Portland will hold a yard sale on Saturday, July 27 from 8 a.m. to 1 p.m. rain or shine. There will be something for everyone: clothes, household items, books and more.



Free summer concert at Cape Memory Care

Cape Memory Care, a Maine-based, family owned and operated senior living community, will host free live music concerts every other Friday throughout the summer. Live music begins at 6 p.m., and refreshments will be available for purchase with all proceeds supporting the Alzheimer's Association, Maine Chapter.

WHEN: August 14: Falmouth Flukes Ukulele Group
TIME: 6 p.m.
WHERE: Cape Memory Care, 126 Scott Dyer Road, Cape Elizabeth
COST: FREE



Invisible Fence Brand

Keeping pets happy, healthy & safe @ home™

Play Safe. Worry-Free.

Invisible Fence of Southern Maine

800-585-2803

southernmaine.invisiblefence.com

©2018 Invisible Fence of Southern Maine. Invisible Fence® is a registered trademark of Invisible Fence, Inc. All rights reserved.

Dr. David Jacobson
TWO LIGHTS DENTAL

Visit Us Today!
TwoLightsDental.com

BUSINESSES/SERVICES

ALWAYS BUYING ANTIQUES & COLLECTIBLES
Also Buying Paintings & Prints
G L Smith 671-2595

WISH LIST HOME IMPROVEMENTS

Fine woodworking, general carpentry and repairs. Call Dave at 874-0178.

ALL JOBS BIG OR SMALL

TVK Construction. Fully insured. Call owner Terry Keezer for a free estimate: 252-7375.

MUSIC LESSONS

Flute lessons: For beginners and intermediates of all ages. Call Kris: 767-3712.

Piano lessons for all ages. Beginners through advanced. Sandi Palmquist: 329-8345.

Guitar Lessons: All ages and abilities. Travel to you. Call Richard Corson: 207-400-0484

Graduations and dean's list announcements

The following local residents were named to the dean's list for the spring 2019 semester at Worcester Polytechnic Institute (WPI) in Worcester, Massachusetts: **Zachary Vaughan** of Cape Elizabeth, is a member of the class of 2019 majoring in computer science. **Sophie Chase** of Cape Elizabeth, is a member of the class of 2022 majoring in chemical engineering.

Henry J. Menz of Cape Elizabeth was recently named to the dean's list at Colby College in Waterville, for the 2019 spring semester. Menz is the son of John and Elizabeth Menz of Cape Elizabeth.

The following local residents were named to the dean's list for the spring 2019 semester at Muhlenberg College in Allentown, Pennsylvania: **Faith Buckley** of Cape Elizabeth, **Melissa Rudberg** of Cape Elizabeth.

The following were named to the dean's list for the spring 2019 semester at The University of Maine in Orono: **Michaela Arsenault**, **Connor Flaherty**, **Ethan Gillespie**, **Sydney Hallowell**, **Ryan Harvey**, **Quinn Jones**, **Erin Sewall**, **Mookie Williams**.

Lindsay Stewart of Cape Elizabeth graduated from Bates College in Lewiston with a major in politics. Stewart is the child of Foster A. Stewart Jr. of Cape Elizabeth.

HELP WANTED

Help in beautiful perennial garden CE Reliable. Flexible hours. Weekly. Call: (20) 712--1835

FOR SALE /RENT

Enjoy Cape Elizabeth photo note cards by naturalist Martha Agan magan@maine.rr.com. Card assortments available at Ocean House Gallery near the library parking area.

Responsible, fit horsewoman seeks apartment for herself and stalls for 2 equines in exchange for some combination of rent, board and/or help with your property. References available. Please leave message at 410-490-4347.

House to Share. furnished, non-smoker. \$650/mo. Security deposit req. Call (207) 415-2741

Pinette graduates from Bates College



Contributed photo

Michaela Pinette graduated from Bates College in Lewiston, Maine on May 26 with a dual major in Biology and Economics. She is the daughter of Drs. Michael and Sheila Pinette of Cape Elizabeth and a 2015 graduate of Cape Elizabeth High School. Michaela was inducted as a member of Sigma Xi, an honor society that recognizes excellence in scientific research. She presented her student thesis research entitled "The Effect of Chronic Hyperoxia on Somatic Growth and Thermoregulation" at the 18th Mount David Summit. Michaela also worked closely on research projects with Dr. Ryan Bavis and Dr. Helen Papaioanou, Bates professors of the biologic sciences.

Next deadline: Aug 2nd For Issue Date: Aug 14th

CLASSIFIED AD RATES

\$5/line
Checks, PayPal (credit cards)
Minimum credit card order: \$12

MAIL WITH PAYMENT TO:
The Cape Courier
P.O. Box 6242, Cape Elizabeth, ME 04107

NAME	PHONE	EMAIL	
ADDRESS	ZIP Code	START DATE	**No. of ISSUES

PLEASE MAIL or EMAIL THIS FORM!
Please don't leave it at our office if no one is there.



Have something to sell?
Having a yard sale? Want to spread the word about a new business or service?

Tell them here!
Classifieds in The Courier work!

Author

Continued from page 9

to Save the World" is also available in audio. Signed copies are on sale at Portland's Print: A Bookstore, where the author will soon appear. She said, "I'll be there on August 4 at 4 p.m. for a super fun conversation with sci-fi adventure author Katie Slivensky—I'm such a fan of Slivensky's work. We'll both talk about our books and the super cool symbiosis between nonfiction and science-fiction. We'll sign books as well. Can't wait for that!"

People can preorder the book at www.printbookstore.com/preorder/crowley-redding and can learn more about the author at annacrowleyredding.com.

Please support your independent newspaper.

The Cape Courier is not affiliated with and does not receive funding from the town of Cape Elizabeth.



Duette® Architella® Trielle™ Honeycomb Shades Provide Energy Efficiency in Every Climate, Every Season.

80%
SUMMER BENEFIT
Architella® Trielle™ semi-opaque shades can reduce unwanted heat through windows by up to 80%.

40%
WINTER BENEFIT
Architella Trielle semi-opaque shades can reduce heat loss through windows by up to 40%.



THE CURTAINSHOP OF MAINE

175 WESTERN AVENUE
SOUTH PORTLAND
MON - SAT 9:30AM - 6:00PM
SUNDAY 11:00AM - 5:00PM
207-773-9635
www.maineblindsandshades.com



RESIDENTIAL BROKERAGE

Hire the Balfour's and start packing

There is a Difference in Real Estate Services
Call for a FREE Opinion of Value



Bruce 831-0166 or Raye 318-1661
799-5000 x 114 Office
www.balfoursellshomes.com



Capetoon: Hard rock surfers at Pond Cove

By Jeff Mandell



Drawn by Jeff Mandell



Contributed photo

Above, Cape Elizabeth resident Dan Fishbein catches up on *The Cape Courier* on a recent trip to Hong Kong, with Hong Kong Harbor in the background.



Contributed photo

Pictured above are Joe and Cass Wright the first day of their river Cruise to Zurich. Joe grew up in Cape Elizabeth and graduated with the CEHS class of 1958. After Colby College he attended USAF pilot training. After tours in Vietnam he moved his family of four back to Cape Elizabeth in 1970. He retired after flying for 33 years. The Wrights live in Orono, and stay in touch with several Cape classmates.

Alzheimer's disease is not something families plan for. We get that.

If you need us, we're *here*.

- Specialized assisted living community for people living with Alzheimer's disease and related memory impairments
- Carefully selected and specially trained staff
- Personalized plans of care and support

 **CAPE MEMORY CARE**
A WOODLANDS SENIOR LIVING COMMUNITY