The Cape Courter

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In the Spirit of Community

Long-term survival of The Cape Courier in question; a call for support from community

By Kevin St. Jarre

With each issue, The Cape Courier reaches 4,800 homes in Cape Elizabeth. Since 1988, this not-for-profit publication has endeavored to live up to our mission of fostering a sense of community by presenting news, specific and unique to Cape Elizabeth, and promoting volunteerism within the community.

Despite rising costs, we continue to work hard, and are launching a much-improved web version of the Courier to augment our paper edition, along with a more dynamic and user-friendly Classified Ads section.

The newspaper is not, we want to emphasize, in danger of a shutdown in the near future, but we have experienced a slow but obvious trend - namely a decline in donations.

While we are immensely grateful to our advertisers, we are also dependent on the generosity of wonderful donors, and there have been many over the years. In the past, even though the newspaper appears for free in every mailbox in Cape Elizabeth, some people have decided to "subscribe" and pay the modest fee, as a show of support. Others have donated their time for free as volunteers, and continue to do so...writing, taking photos, creating crosswords and cartoons, delivering the paper and in many other ways. The Cape Courier is always looking for volunteers and it is another great way to help.

However, for our long-term survival, erosity in our pages.

the trend of declining donations will need to be reversed. Many small newspapers like the Courier have been swallowed up by larger publications, sometimes turning their focus away from the communities they serve, and other times closing them down to eliminate the competition.

The Cape Courier is announcing a new initiative, creating an opportunity for people and entities who appreciate what we do to provide support, and to be celebrated publicly for it.

Beginning immediately, supporters are invited to make contributions, at whatever amount is comfortable, with an ultimate target of \$10,000 by the end of 2019. They will be recognized in in print, with their names listed within one of four tiers of supporters.

Amount of donation	Tiers
\$50 or less	Friends
\$51 to \$100	Capers
\$101 to \$500	High Tide
\$501 or more	Beacon

Again, contributors should know we at the Courier are grateful for whatever level of involvement. Those wishing to provide support should contact Tara Simopoulos, publisher of The Cape Courier, at info@ capecourier.com or (207) 939-9766.

The Cape Courier will continue to be about and for Cape Elizabeth, we thank you in advance for your contributions, and we look forward to celebrating your generosity in our pages.

It's a bird...it's a bug...it's a Hummingbird Hawk-Moth!



Photo by Francis Rankii

Cape Elizabeth resident Francis Rankin spotted a rare treat in his backyard recently, a Hummingbird Hawk-Moth. Often mistaken for the hummingbird, this garden visitor is actually an insect and part of the moth family.

Cape Elizabeth resident Francis Rankin was in for a treat when out having his coffee and looking at his flowers one recent morning.

He caught sight of what he thought was a hummingbird collecting nectar. It didn't look just right as it seemed to have feathers protruding from its head so he grabbed his camera and started snapping away.

Afterwards, he concluded it was a Hummingbird Hawk-Moth, a species of the hummingbird moth which is the common name used for this insect.

The hummingbird moth can often be mistaken for a hummingbird because it flies and moves just like one.

Like hummingbirds, they can remain

suspended in the air in front of a flower while they sip nectar. They even emit an audible hum like hummingbirds with their rapid wingbeat, which can be up to 70 beats per second.

Instead of a beak like a hummingbird, the hummingbird moth has a long tubular mouthpart called a proboscis that rolls out of its coiled tube to reach the nectar deep inside flowers. This appendage is about double the length of the moth's body.

The hummingbird moth has large, menacing eyes that appear to warn predators to keep their distance. Another way it is protected from potential predators is its close resemblance to a bird rather than a bug.

Applications available for 2020 senior tax relief program

The Town of Cape Elizabeth is once again offering the Senior Tax Relief Program to qualifying seniors.

If you participated in the program last year, you will be mailed a new 2020 application. If you wish to apply for the first time, applications are available in the Assessing Office (second floor in Town Hall) and on the following website: https://www.capeelizabeth.

com/government/rules_regs/forms/asses-sapps/APPLICATION-cape-eliz.pdf.

Last year, the first time the program was offered, the town issued \$64,407 in rebates to 132 seniors who qualified.

Applications for the fiscal 2020 program are due before Nov. 15, 2019. For more information please contact Assessor Clinton Swett, 207-799-1619.

Soaking up final days of summer



Contributed photo

Toddler Kennson Porter soaking up the sun, sand and waves on Labor Day weekend at the family friendly Kettle Cove.

The Cape Courier has a new website!

Check us out at www.capecourier.com



DIGITAL IMPULSE Thank you to the generosity of Digital Impulse!



The Cape Courier

P.O. Box 6242 Cape Elizabeth Maine 04107 207-838-2180 www.capecourier.com

OUR MISSION STATEMENT

The mission of The Cape Courier is to foster a sense of community by presenting news specific and unique to Cape Elizabeth and its residents, and, whenever possible, to promote volunteerism within our community.

BOARD OF DIRECTORS

Roger Bishop, Debbie Butterworth, Kim Case, Jeff Mitchell, Jerry Harkavy, Bill Springer

Publisher: Tara Simopoulos info@capecourier.com

Editor: Marta Girouard editor@capecourier.com

Community Reporter: Kevin St. Jarre community@capecourier.com

Advertising Manager: Tara Simopoulos (Display and classified ads) advertising@capecourier.com/207-939-9766

Bookkeeper:

billing@capecourier.com

Proofreaders:

Chuck Rzeszutko, Ginny Blackwood

Webmaster: Wendy Derzawiec

Photo finishing: Ann Kaplan

Distribution: William Alexander

For general information: info@capecourier.com/207-838-2180

For Advertising: advertising@capecourier.com

Writers: Debbie Butterworth, Wendy Derzawiec, Bob Dodd, Erika Carlson Rhile, Marta Girouard

Photographers: Martha Agan, Jenny Campbell, Ann Kaplan, Joanne Lee, Katherine Urbanek

The Cape Courier is printed by Alliance Press in Brunswick and mailed free to Cape Elizabeth residents 22 times a year. We disclaim all legal responsibility for errors, omissions or typographical errors. All reasonable care is taken to see that errors $do\ not\ occur.\ We\ print\ corrections\ upon$ timely notification.

LETTER & SUBMISSION POLICY

Letters should not exceed 250 words. We reserve the right to refuse letters and to edit for length, accuracy, clarity and civility. We do not withhold names and writers may be limited to one letter per month. Petitionstyle letters will be declined. Letters reflect the opinion of the author, not The Cape Courier. Email letters to: editor@capecourier. com or mail to P.O. Box 6242, Cape Elizabeth, ME 04107. Please note: Letters will be acknowledged by email.

NEXT ISSUE: Sept 25 **DEADLINE:** Noon, Sept 13

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\$21.10/year in Maine; \$25 out of state \$15 student (9 months) \$12 half year

(These amounts include state sales tax, which The Cape Courier is required to charge.)

Amount enclosed: \$______

Today's date:

Mail to:

The Cape Courier P.O. Box 6242 Cape Elizabeth, ME 04107

With policy amended, employees of town/school department now eligible for committees

By Kevin St. Jarre

In October 2018, an employee of the Cape Elizabeth School Department expressed an interest in serving on a committee, but was excluded, because of the Statement of Policy for Appointment to Boards and Committees.

Town Clerk Debra Lane, following the wording of the policy at the time, sent this explanation:

"Thank you for your interest in a town board/committee.

The application asks whether the applicant is employed by the Town because there is a prohibition of employees serving on boards/committees. I have provided the link from the town's website from the Statement of Policy #9.

Thank you again for your interest."

In Oct. 2018, that policy read, "Employees of the Town of Cape Elizabeth may not serve on standing boards and committees, except by ex-officio appointment. This limitation does not apply to individuals who are hired by the Town to serve as temporary election workers or wardens, occasional instructors in the Community Services programs, or volunteer fire, rescue, and fire-police personnel. Such individuals may serve on a board or committee unrelated to their work for the town."

The school employee voiced dissatisfaction with the policy, wondering why a teacher might not be able to serve on the Conservation Committee, for example, since that body has nothing to do with

When newly elected Town Councilor Chris Straw was sworn in, he took up the cause, writing, "I understand that you disagree with the Town Council's current policy barring appointment of Town employees to advisory committees. Once the new Town Council is sworn in, I am going to request that the Town Council review the policy and consider whether we should adopt a less rigid approach."

school policy or personnel decisions.

The Town Council agreed on Jan. 14 to review the rules that prohibited town employees from serving on town boards or committees, and referred the review, requested by Councilor Straw, to future

On April 8, the Town Council approved a new version of the town's Statement of Policy for Appointment to Boards and Committees, striking the provision barring all but a few part-time volunteers or employees from serving on a town board or committee.

As a result, town employees may now serve on town boards or committees, provided the committee is unrelated to their

The new wording reads, "Employees of the Town of Cape Elizabeth may serve on standing boards and committees unrelated to their work for the town except those boards which are quasi-judicial."

Examples of quasi-judicial boards are those such as the Planning Board or Board of Zoning Appeals.

The work to strike a balance between service and conflict-of-interest continues, and recently the ACLU of Maine filed a lawsuit in U.S. District Court in Portland arguing that a change in Yarmouth's charter, approved by voters and which prohibits municipal or school employees from being elected to the Town Council, runs counter to established precedent that protects the right of individuals "to campaign for public office, to serve in public office, and to vote for one's preferred candidate."

'Concerned' with experimental oyster farm on **Spurwink River**

I recently happened upon a state of Maine site report for an experimental oyster farm lease area on the Spurwink River (the applicant is the Portland Oys-

The lease area would be located along the Spurwink River between the Rt. 77 bridge and Higgins Beach. The proposed lease is approximately 1,725' long and would have bottom oyster cages measuring 4' L X 3' W X 1' H deployed along the length of the lease. While the cages would be submerged, "cages resting on the river bottom will be exposed" in portions of the lease area during low tide.

While I support oyster farming, I am concerned with the proposed location of this lease area.

The Spurwink River between Rt. 77 and Higgins Beach is very popular for kayaking, canoeing, and paddle boarding. Families from Cape Elizabeth and surrounding areas have been enjoying this stretch of river for many years. On weekends, the parking area near the bridge is often overflowing, with many vehicles parked along Rt 77.

Placing concrete blocks, rope, and oyster cages along the river seems like not only a navigational hazard, but also a safety hazard. Because of the recreational use of this river, I think that the location of the planned oyster farm should be reconsidered.

Jay Weiss

Correction

In the Aug. 28 issue of The Cape Courier, Portrush Golf Club was published as being located in Ireland but it is in North-

THANK YOU!

Your voluntary subscriptions and other contributions help keep this community newspaper coming to your mailbox.

> Thank you to this recent generous contributor:

> > Dan & Sara **Boxer**

Checks made out to The Cape Courier may be mailed to P.O. Box 6242, Cape Elizabeth, Maine, 04107. Future contributions will be acknowledged in an alphabetical format. Please include a message on your correspondence if you prefer to remain anonymous.

Let us hear from you!



We love feedback! editor@capecourier.com



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Then and Now: The USS Eagle

By Jim Rowe

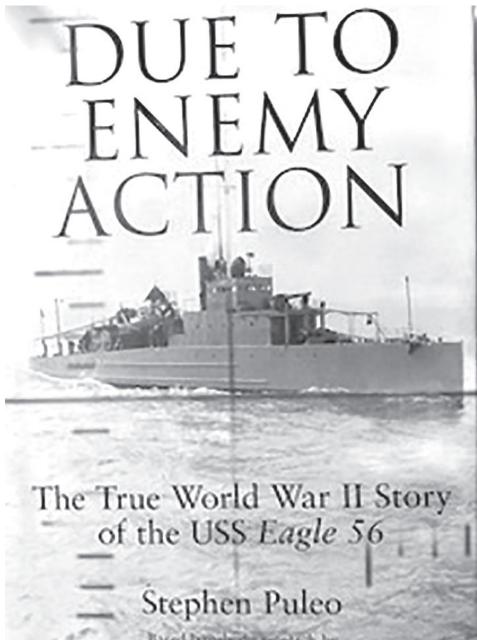


Photo of book jacket to Stephen Puleo's "Due to Enemy Action" by Jim Rowe

The story of the USS Eagle (PE-56) is now complete. A definitive epilogue has been written. And the souls of 49 sailors who lost their lives in what may have been the last sinking of a U.S. warship by Germany in WWII may at last rest in peace.

And that drama all unfolded just five miles offshore from Cape Elizabeth!

The Eagle was a WWI vintage Navy submarine chaser that had been repurposed to haul targets out to sea for dive bomber practice late in World War II.

The ship was performing this task on April 23, 1945 when it mysteriously blew up, sending a column of steam and smoke skyward. The blast could easily be heard at Fort Williams.

The boat's loss was at first rather perfunctorily attributed to a "boiler explosion."

This determination didn't ring true for the 13 survivors of the blast, however. Some of these survivors reported having seen the conning tower of a nearby submarine around the time of the sinking. This testimony was not included in the initial incident report, however.

Working in conjunction with these survivors, Massachusetts attorney Paul Lawton researched the loss, and eventually accumulated enough evidence (on both sides of the Atlantic) to convince the Department of the

Navy to revisit the sinking, and ultimately to change its story.

The boat was the victim of a torpedo strike from German submarine U-853.

According to Stephen Puleo's book "Due to Enemy Action" (based largely on Lawton's research), those lost and wounded sailors had been denied honors that are typically bestowed upon those killed and wounded in combat. A ceremony to rectify the situation and to honor those individuals was finally conducted on June 8, 2002 aboard the USS Salem in Quincy, Massachusetts.

As compelling as Lawton's research was, one piece of key evidence remained elusive-the ship itself - until this past July, that is. A specialist in undersea searches, Garry Kozak, and diver Ryan King finally located the Eagle in about 300 feet of water. Video footage confirmed the ship's identity. As reported by the wreck's survivors and confirmed by video, the blast had split the hull in two. And the boiler was intact, irrefutable proof that the sinking of the USS Eagle was not due to boiler malfunction.

Under maritime law, the wreck is considered a grave and cannot be tampered with.

Sources for this article and recommended reading are "Due to Enemy Action," by Stephen Puleo, The Lyons Press, 2005, and the Navytimes.com internet website.

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Maine State Poet Laureate and local novelist kick off ninth season of Local Writers series at TML

On Saturday, September 28 from 3:00 – 4:00 p.m., the Local Writers monthly reading series returns for its ninth season featuring Maine writers of prose and poetry at the Thomas Memorial Library located at 6 Scott Dyer Road in Cape Elizabeth.

The series will welcome Maine State Poet Laureate, Stuart Kestenbaum, together with Cape Elizabeth novelist, Dave Patterson.

The Local Writers events are co-hosted by Portland Poet Laureate, Linda Aldrich and Cape Elizabeth poet, Marcia F. Brown.

Stuart Kestenbaum was appointed Maine State Poet Laureate in 2016. He is the author of five collections of poems, most recently "How to Start Over" (Deerbrook Editions 2019), and a collection of essays "The View from Here" (Brynmorgen Press).

Kestenbaum is the host of the Maine Public Radio program "Poems from Here" and the host/curator of the podcast Make/ Time.

The director of the Haystack Mountain School of Crafts from 1988 until 2015, he has written and spoken widely on craft making and creativity, and his poems and writing have appeared in numerous small press publications and magazines including Tikkun, the Sun, the Beloit Poetry Journal, and on NPR's Writer's Almanac and American Life in Poetry.

Former U.S. Poet Laureate Ted Kooser has written "Stuart Kestenbaum writes the kind of poems I love to read, heartfelt responses to the privilege of having been given a life. No hidden agendas here, no

theories to espouse, nothing but life, pure life, set down with craft and love."

Dave Patterson is a novelist, musician and beer critic. A graduate of St. Michael's College, Dave holds an M.A. from the Bread Loaf School of English and an M.F.A. from the University of Southern Maine's Stonecoast program.

Patterson's short fiction has appeared in Slice Magazine, Hot Metal Bridge and The Apple Valley Review, among other literary magazines. His short story "The Day the Cats Leave" was a finalist for a 2019 Maine Literary Award.

In April, Patterson's debut novel, "Soon the Light Will be Perfect," was released from Hanover Square Press, an imprint of Harper Collins.

Novelist Richard Russo writes "'Soon The Light Will Be Perfect' is so deeply moving because it is so achingly true. You will not soon forget these people, this place." The New York Post called the novel a "stunning debut."

Patterson lives in Cape Elizabeth with his wife and two children, and their dog.

The event is free and open to the public. Writers' books will be available for sale by Kelly's Books to Go and light refreshments will be available.

*Returning audience members PLEASE NOTE the new earlier start time of 3:00 p.m. for this and all future events.







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Scam alert bulletin board

By Jessica D. Simpson

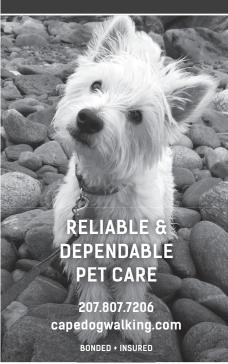
Do me a favor scam

We all want to please our bosses, especially when they need help. This fact is not lost to some scammers who have started sending fake boss messages asking employees for a favor.

Several reports have emerged this summer of employees getting texts or emails from their "boss" asking them to purchase gift cards and send the account numbers. The supposed boss might be traveling or claim they are too busy to take care of the task. But once the gift cards are purchased and the information sent, the money is gone.

Because scammers are so good at spoofing email addresses and phone numbers, you don't always know when your boss really is your boss. However, whenever you are asked to purchase a gift card and give out the card information by phone or email, it is most likely a scam.

CAPE DOG WALKING



College scholarship scam

It's back to school season and for many parents and grandparents of college students, and that may mean looking for ways to help pay for school.

Please beware of scholarship, financial aid and government grant scams. Fraudsters guarantee to award a scholarship as long as you pay an upfront processing fee for their services, but then you never see any scholarship money.

To apply for true federal student aid, use the FAFSA, the official online form which is free to submit. Save your money and put it towards education instead.

Be a fraud fighter. If you can spot a scam, you can stop a scam.

Cape Elizabeth residents direct, star in musical "Brigadoon" with shows running through Sept. 15

Cape Elizabeth resident Janie Downey Maxwell is directing the musical "Brigadoon" at the Freeport Performing Arts Center with shows running through September 15. Friday and Saturday shows are at 7:30 p.m.; Sunday matinees are at 2:00 p.m.

Quinn Malter, one of the leads, is a Cape Elizabeth High School graduate. Tickets are available online at www. fcponline.org, or at the door.



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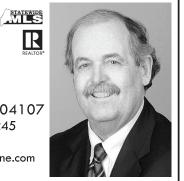
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Best of houzz 2019

Upcoming CELT programs

CELT Mushroom program in Robinson Woods

Join mushroom expert Dan Agro of AgroMyco on this CELT sponsored event about edible and medicinal mushrooms.

Topics for discussion are the best times of the year to find local medicinal and culinary mushrooms, ideal growing environments and what to look for in the forest, safe and thorough species identification and how to preserve and/or cook your mushrooms.

There will not be any foraging during the program; rather, it is an educational program to learn about these fascinating organisms.

Date: Saturday September 14 Time: 9:00 a.m.-12:00 p.m.

Location: Robinson Woods Kiosk Shore Road

Cost: \$10 per person

CELT's Paddling Great Pond

Join Nancy Zane, of Northstar Adventures on a two hour guided paddle of Great Pond.

This CELT sponsored event will allow participants to learn more about kayaking while exploring Great Pond.

Participants are encouraged to wear appropriate clothing for kayaking, and the program is designed for people ages 8 and up. Kayaks and life preservers will be provided. If participants choose to pack a lunch, they may join Nancy after the program for a picnic on the shores of Great Pond.

For more information about Northstar Adventures visit www.northstaradventures.me.

Date: Saturday, September 21

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tues to fri: 11 am ~ 9 pm sat: 8 am ~ 9 pm sun: 8 am ~ 2 pm

the good table restaurant

Route 77, Cape Elizabeth 799-4663 www.thegoodtablerestaurant.net Time: 10:00 a.m. – 12:00 p.m. Location: Great Pond: Fenway Road entrance

Cost: \$20

CELT's LITTLE EXPLORERS Nature Series (ages 3-5 years with an Adult)

Join CELT educators as we explore four different Land Trust properties over four weeks in October.

Children and caregivers will spend an hour exploring the natural wonders of Maine with Cape Elizabeth Land Trust educators.

During these CELT sponsored events we'll take a gentle hike through one of our properties where we will explore the habitat around us while we search for birds, reptiles, amphibians, mammals, ocean life, and plant life. Lots of handson explorations and games included!

Please dress in comfortable clothes and bring a water bottle. Participants registering at least 48 hours in advance of the program will ensure they will receive notification of changes or cancellation.

Dates: Fridays, October 4, October 11, October 18, October 25

Time: 9:00 - 10:00 a.m.

Location: Trundy Point (10/4), Robinson Woods (10/11), Great Pond – Kettle Cove Creamery Entrance (10/18), Robinson Woods (10/25)

Cost: \$20 per parent & child, each additional child \$10

Please register for these programs through Cape Elizabeth Community Services. www.capecommunityservices.org. Please call The Cape Elizabeth Land Trust with any questions. 767-6054.

Participants registering at least 48 hours in advance of the program will ensure they will receive notification of changes or cancellation.

Bean supper on Sept. 21 at Peoples United Methodist Church

Peoples United Methodist Church, 310 Broadway, South Portland is holding a Bean Supper on Saturday, September 21, from 5-6 p.m.

Oven baked beans, delicious casseroles, home made desserts will be available. Cost is \$8.00 each for adults and \$2.00 for each child under age 12.



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Credit card fraud, traffic cones and street signs stolen, theft of registration stickers from license plates reported

Reported by Marta Girouard

COMPLAINTS

- An officer met with a resident in the Shore Road area regarding a trespass complaint.
- An officer met with a local business representative regarding a bad check complaint.
- An officer met with a local business representative regarding a bad check
- Two officers responded to a residence in the Scott Dyer Road area for a wellbeing check.
- An officer met with a resident of the Oakhurst area regarding a lost or stolen license plate.
- Two officers responded to the Cross Hill area for a suspicious person complaint. Subject was located and checked out ok.
- An officer met with a subject who turned in a firearm for disposal that the family no longer wanted.
- An officer met with a subject who had found an Anker portable charger on Woodland Road near Mitchell Road.
- An officer met with a resident of the Spurwink Avenue area regarding a scam call from a man with a foreign accent claiming to be from Publisher's Clearing House and promising a new car and \$5,000 a week for life.
- Two officers responded to a residence in the Eastman Road area for a domestic
- Two officers responded to a residence in the Mitchell Road area for a well-being
- 8-15 An officer met with a resident of the Mitchell Road area regarding who advised his credit card information had been stolen and several thousand dollars of purchases were made in a short period of time.
- 8-15 An officer met with a subject in the Scott Dyer Road area who reported her vehicle being struck in an apparent hit and run accident.
- Two officers responded to a residence in the Spurwink Avenue area for report of a party with underage drinking.
- An officer responded to a residence in the Scott Dyer Road area for well-being
- An officer responded to a residence in the Shore Road area for a barking dog complaint.

- Two officers responded to residence in the Mitchell Road area for wellbeing
- An officer met with a resident of the Two Lights Road area regarding the theft of traffic cones.
- An officer met with a resident of the Bowery Beach Road area who turned over a black Panasonic telephone receiver found on Bowery Beach Road.
- An officer met with a resident of the Bowery Beach Road area regarding a theft of a traffic cone.
- Two officers responded to a residence in the Shore Road area for a domestic disturbance.
- 8-20 An officer met with a resident of the Shore Road area regarding a possible missing person complaint.
- In response to a report from a citizen, an officer checked some bushes on Oakhurst Road and located two street signs and an advisory sign. They were returned to the station for public works.
- An officer met with a personal representative of an estate regarding a theft complaint.
- An officer met with a resident of the Old Ocean House Road area regarding the theft of registration stickers from the license plates on the victim's car.
- An officer responded to a residence in the Ocean House Road area for wellbeing check.
- 8-23 An officer responded to a residence in the Stonybrook Road area for found backpack. The backpack contaa ined a towel and drug paraphernalia. The items were returned to the station.
- An officer met with a subject who had parked his truck on Beach Bluff Terrace during the afternoon hours and upon returning discovered his truck had been
- An officer met with a resident of the Scott Dyer Road area who reported that someone had obtained her personal information and had opened two credit cards in the victim's name. The victim had contacted the fraud departments of
- An officer met with a resident of the Broad Cove area who advised that she had been contacted that someone had obtained the victim's personal information and opened a credit card and made purchases.
- An officer met with a resident of the Shore Road area regarding a harassment

- An officer responded to a residence in the Shore Road area where a found driver's license was turned over. Attempts to contact the person have been unsuccessful. The license will be mailed to BMV in Augusta.
- An officer met with a resident of the Spurwink Avenue area regarding a littering complaint.

SUMMONSES

- 8-14 Cape Elizabeth resident, unregistered motor vehicle, Shore Road, \$85
- 8-16 Connecticut resident, unregistered motor vehicle, Shore Road, \$85
- 8-16 New Gloucester resident, operating after license suspension, Route 77 New Gloucester resident, operating
- motor vehicle with expired Maine license for greater than 90 days, Route
- 8-17 Massachusetts residents, speed (42/30 zone), Fowler Road, \$129
- Hollis Center resident, leaving the scene of an accident, Scott Dyer Road
- Cape Elizabeth resident, failure to
- produce insurance, Sawyer Road, \$186 South Portland resident, speed (45/30
- zone), Sawyer Road, \$170 8-26
- Freeport resident, failure to produce insurance, Route 77, \$186

JUVENILE SUMMONSES

- 8-18 Operating without a license, Fort
- South Portland resident, speed (65/50 zone), Route 77, \$170

ACCIDENTS

- 08-15 Jeffrey Gittleman, Ocean House Road
- Adam White, James Lacortiglia, Tower
- Jordan Tallman, Adilson Vidal, Fort Williams Park
- 08-20 Gary Berenson, Ocean House

08-20 Joseph Derby, Laura Crockett, Bowery Beach Road

FIRE CALLS

- 08-13 South Portland Mutual Aid
- 08-13 Salt Spray Lane Investigation
- 08-14 South Portland Mutual Aid
- 08-16 Cross Hill Road Fire Alarm
- 08-16 South Portland Mutual Aid
- 08-16 Scott Dyer Fire Alarm
- South Portland Mutual Aid
- Mitchell Investigation
- Portland Mutual Aid
- 08-18 South Portland Mutual Aid
- 08-19 South Portland Mutual Aid
- 08-20 Scott Dyer Road Investigation Kettle Cove Water Rescue
- Old Ocean House Investigation
- 08-22 South Portland Mutual Aid
- 08-19 Avon Road Fire Alarm
- 08-22 Bowery Beach Road Utility Lines Down
- Spurwink Avenue Fire Alarm
- Singles Road Fire Alarm
- South Portland Mutual Aid
- Channel View Fire Alarm
- South Portland Mutual Aid

RESCUE CALLS

There were 11 runs to Maine Medical Center There were two runs to Mercy Hospital There were three patients treated by rescue personnel but not transported.

Judy's Food Pantry - a community feeding itself

Cape Elizabeth United Methodist Church 280 Ocean House Road Every Tuesday from 3:00-5:00 p.m., July through November. The second and fourth Tuesday, December through June.



Handyman Services

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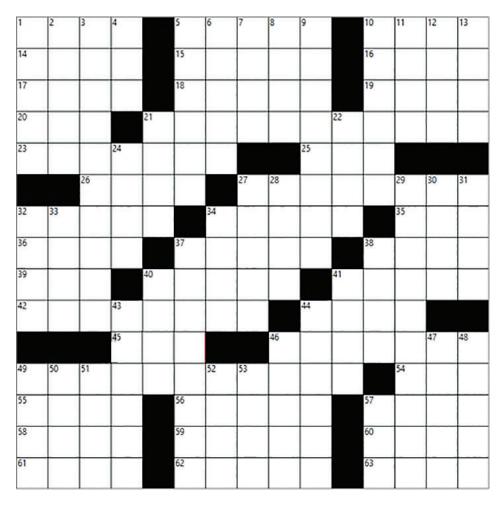
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Cape Cross

Created by Rich Dana



ACROSS

- 1. Gillette razor, ____ II
- 5. Swashbuckler Flynn
- 10. Nuclear ant movie of 1954
- 14. Queens stadium name
- 15. Certain dialect spoken by Japanese women in the 14th and 15th century; or the New York Office of Bridge Operations (abbr.)
- 16. Refuse, in a way
- 17. "Goldmember" doctor
- 18. "People" cover, perhaps
- 19. To laugh at the Louvre!
- 20. Bisphenol A, dangerous plastic additive
 - 21. Proverbial places of kids' dreams
 - 23. Wisconsin city, B'gosh
 - 25. Also
 - 26. Your (Ger.)

27. Delicious delicacies often served at a bake

- 32. One often referred to by the Church Lady
- 34. What children should not be, according to an old saying
- 35. Not do well
- 36. Tase
- 37. Sharks and Jets, for two
- 38. Backward geometric path?
- 39. Nickname for grandma
- 40. They can be vocal
- 41. Delectable, or an adjective to describe the puzzle's theme
- 42. Delicious delicacies often served broiled with lemon
 - 44. Used to be
 - 45. Assist
- 46. Boxer, or his actor son who played Jethro Bodine
- 49. Delicious delicacy often served as a sandwich
 - 54. Progressive person
 - 55. When Laertes and Ophelia appear
 - 56. Shoot for
 - 57. Play with candlepins
- 58. Controversial joint in NFL news
- 59. Playground staple
- 60. Wyoming is the largest U.S. producer of this
 - 61. Screams when seeing mice
- 62. Delicious baby delicacy often served in Asia
- 63. Really cool brand name

DOWN

- 1. Martial arts fitness regimen
- 2. Says yes, or no
- 3. Delicious delicacy often served at sushi bars
 - 4. Disney collectible
 - 5. Wrap protectively
- 6. NE town that serves a lot of the puzzle's theme, and has the longest stretch of coastline it its state
- 7. Pretzel brand ____ Gold

- 8. Word rarely found in modern wedding ceremonies
- 9. Delicious delicacies often served with melted butter
 - 10. Den
 - 11. Prince, often
 - 12. To be (Fr.)
 - 13. Simpsons tavern
- 21. "Children of the _____," Stephen King short story
- 22. One of the main characters in "The Wind in the Willows"
- Wind in the Willows"

 24. Wrathful "Star Trek" foe
 - 27. Elates
 - 28. Names on Facebook
- 29. If the puzzle had a sponsor, this might be its slogan
 - 30. Laugh-a-minute
 - 31. Vanquish, as a dragon
 - 32. Important IDs
- 33. British spy device at risk in the 1981 James Bond film, "For Your Eyes Only"
 - 34. Heavenly instrument
 - 37. A lawyer wants to have this
 - 38. You could get hooked on it
 - 40. Advertising award
 - 41. English book
- 43. "____ and gentlemen..."
 - 44. Newsman Cronkite
- 46. Maryland fort named for the General of the Army of the Potomac
- 47. Gridiron great John
- 48. The delicious delicacies in 9 Down are often served in these
- 49. Delicious delicacy often substituted for the delicacy in 49 Across
 - 50. Spots
- 51. BlackBerry smartphone model series
- 52. Another word for 31 Down
- 53. Super Bowl XXXVIII was held in this year
- 57. Abbreviation used to describe the years prior to the first century

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CEEF awards Brownell, Thompson Awards to Cape faculty



Contributed photo

Left to right: Tim Thompson, Amanda Marsden, Nancy Thompson. Marsden received the Thompson Award, named in honor of Cape Elizabeth graduate Timmy Thompson. It highlights a faculty member who has gone above and beyond in their role and been a lasting influence on Cape students.



Left to right: Courtney Ferrell, Elaine Brownell, Joyce Nadeau. The Brownell Award for 2019 went to Joyce Nadeau and Courtney Ferrell for a "Summer Exploration" grant.

The Cape Elizabeth Education Foundation (CEEF) was thrilled to present the 2019 Brownell and Thompson Awards on August 28 at the district back-to-school luncheon.

The annual awards were a chance to highlight a few of the amazing educators in the Cape Elizabeth school district. The Brownell Award for 2019 went to Joyce Nadeau and Courtney Ferrell for a "Summer Exploration" grant. The Brownell Award, named for retired teacher Elaine Brownell, is awarded to a CEEF grant that has a significant and meaningful impact on Cape students.

The Thompson Award, named in honor of Cape graduate Timmy Thompson, and presented by Nancy and Tim Thompson, highlights a faculty member who has gone above and beyond in their role and been a lasting influence on Cape students. This year's Thompson awardee, Pond Cove Kindergarten teacher Amanda Marsden, fit that description as was outlined in the many nominations received from her peers, parents and the community. Nominations noted that Marsden stands out "as a teacher that cares deeply for her students, and the staff that works with and around her," and that Marsden "builds a community of caring, confident and interested learners."

CEEF Executive Director Liz McEvoy commented that "CEEF is thrilled to be part of the 'back to school' tradition and help honor Cape educators. Cape is fortunate to have faculty and staff who consistently apply for innovative grants and who make Cape schools a special place for their students." Visit www.ceef.us to learn more about the awards and CEEF grants.



Photo by Kevin St. Jarre

Another school year has begun for Cape Elizabeth students - welcome back! Above, students walk into school on the first day at Cape Elizabeth High School on September 3.

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CEHS boys' and girls' soccer preview 2019

By Kevin St. Jarre

For a school accustomed to winning championships at a rate rarely seen in the state, Cape Elizabeth High School looks to perform well once again this fall.

Here is a preview of the soccer teams; look for other fall sports to be featured in subsequent issues.

CEHS Boys' Soccer will be led once again by veteran coach Ben Raymond, who also coaches the school's champion swim and boys' lacrosse programs. He is in his 14th year, and has coached the boys' team to 116 wins. Last year, the team went 9-5-3, losing to Freeport 3-2 in the Class B South Final.

Coming back are senior goalkeeper Andrew Carroll, defenders Charlie Dall (Senior), Max Patterson (Senior) and Gavin Simopoulos (Junior) who will present a formidable wall for opposing offenses to climb.

Also returning are talented goal-scorers Killian Lathrop (Senior) and Archie McEvoy (Junior). Many midfields will be dominated by Jack Dresser (Senior), Jonas Moon (Senior) and Nick Clifford (Junior).

The boys first played at home hosting Yarmouth on Sept. 10.

CEHS Girls' Soccer has a tough act to follow...themselves. After posting a perfect season culminating in a state championship won in overtime against Presque Isle, Coach Graham Forsyth looks to his sophomore year with the program never having tasted defeat.

Karli Chapin, a senior, and perhaps the sport's most humble legend after not only scoring the winning goal in the soccer championship but also the winning goal in the lacrosse state championship, will still be a force to be reckoned with.

Although she lost her partner in scoring, Prezli Piscopo, to graduation last year (the two had played together so long they appeared telepathic), the team is loaded with other talent too including Sophomore phenom Maggie Cochran.

Returning Junior Laura Ryer, and Caroline Gentile, a new student at CEHS, will be firing away. There are few who can dribble and pass like sneaky Sophomore Emily Supple, and middie Liv Cochran (Senior) has terrific field vision and nerve, and will be a force. The fearless and nearly peerless defense of Abbey Agrodnia (Junior) and Sami Olsen (Junior), in front of Elise Branch (Sophomore), a goalkeeper who as a Freshman won a state championship, will be tough to defeat.

The girls hosted Greely on Sept. 7 at their first home game.





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CEHS cross country fall preview 2019

By Kevin St. Jarre



Contributed photo

Zoe Evans will be a member of the girls' team in the hunt this season.



Contributed photo

Owen Patry is a Sophomore who will play a bigger role on the XC team this year.

Coach Andrew Lupien returns for his sixth year coaching the girls' cross country running team, and the fourth year coaching the boys' team, for Cape Elizabeth High School. The boys came in fourth place at the Class B State Meet last year, while the girls placed fifth.

The boys returning are Jack Bassett (Senior), Ricky Perruzzi (Junior), Vaughn Lindenau (Sophomore) and Owen Patry (Sophomore), while the girls see the return of Genevieve Depke (Senior), Zoe Evans (Junior) and Lila Gaudrault (Junior).

When asked what the team's greatest strength is this season, he said, "I think our biggest strength is the size of our team. We have about 27 boys and 27 girls who push each other each day to be at their best. No matter the speed, each member of the team has someone near them at practice, pushing them each and every day. It's also really fun

to have a big team. The practices, the team dinners, and even the bus rides are fun with 50+ athletes in attendance."

The coach is also a math teacher at CEHS, and says his favorite part of coaching "is the relationships formed with the athletes. Cross country is different from many sports because of the amount of time I can spend interacting with my athletes. When we go out for a 5 or 6 mile run together, there is nothing to do but talk. Many of these talks are about training and racing, but sometimes we end up talking about silly things like fantasy football and favorite shows on Netflix."

The boys' team looks to be one of the favorites to win the championship meets, with Bassett a favorite to win the Class B boys' individual cross country title. On the girls' side Lila Gaudrault was the Class B girls' individual champ last year, and is a threat to repeat.



Capetoons: Vacation reading

By Jeff Mandell



Drawn by Jeff Mandell

Cape Elizabeth High School Class of '59 celebrates 60th reunion



ontributed photo

The rock painted to celebrate the CEHS Class of '59 60th reunion.

New roof up at CEMS



Photo by Kevin St. Jarre

Employees of B.R.C. Roofing are seen installing a new roof on Cape Elizabeth Middle School. According to a foreman, they stripped the entire roof of the old shingles and made it tight to the weather the previous day, and then the new shingles go on in the second day. A couple hours after this photo was taken, in fact, nearly all the new shingles were installed on the large and steep roof.



Contributed photo

Members of the CEHS Class of '59 gathered recently to celebrate their 60th reunion. Pictured are: Liz Brydon Wood, Dottie Stone, (back) George Stone, Edith Anne Sewall Thompson, (back) Father Sam Henderson, Beverly Faunce White, (back in green) Mike True, Jessie Moulton Timberlake, (back) David Howe, Karen Hardy, (front seated) Donna Skillings Kessler, Warren Kessker, Charlotte Fox Dolan, (back) Nancy DiMatteo Hall, Bill Weatherbie, Don Tash, Sue Hartford Clukey, Alec Cooke, Terry Burks, Phil Sweetsir.

Solution to Aug. 28 Cape Cross

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4-H clubs offer a range of fun learning opportunities

By Tina Fischer



Contributed photo

Ben Tammaro this past spring, showing the bull calf he raised.



Contributed photo

Ryan Tammaro after winning "first solace" with his heifer calf at the 2018 Fryeburg



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September marks the start of Maine's agricultural fair season. For Nick and Nicole Tammaro's two sons, fair season means lots of fun - and lots of hard work too, because the boys will show the livestock they've been raising as part of their participation in 4-H. Ryan and Ben have each been grooming and training both a pig and two beef cows. The boys show at several fairs, starting with the Cumberland Fair, September 22 - 28.

Now aged nine and seven, the brothers joined 4-H at the age of six. Having grown up on their farm here in Cape Elizabeth, where the family raises 26 cows, six pigs, 10 chickens and three goats, working with animals is second-nature to them. Father Nick was involved in 4-H as a boy and encouraged his sons to join. "Once they joined, they made so many friends, and they truly love the activities. It's an amazing family activity, year-round. It also teaches respect, accountability, responsibility and so much more.

"The fairs are only for a few days but their animals need care every day. As the boys prep for the fairs and school gets underway, it becomes pretty hectic; time management is really important. At around 6:30 each morning, the boys go out to the barn to feed their animals, before they eat their own breakfast. After school they complete their homework, then they get an hour of play time. After that it's onto chores, walking cows, practicing show ring edict, working to build trust with their animals, cleaning pens, giving fresh water, and feeding. On weekends we spend two hours each day working with animals."

When asked about their involvement with 4-H, the brothers don't mention the hard work or the long hours. Ryan says, "I love racing my pig, showing my cows, and seeing my farm friends." Younger brother Ben loves, "showing cows and getting ribbons."

Animal husbandry is just one of 22 programs offered through Cumberland



-see 4-H page 13

Community gardens in bloom; late summer beach days



In the Cape Elizabeth Community Gardens, sunflowers and milkweed frame corn with tassels as August makes way for September. Northern Maine has already had its first frost warnings, students are returning to studies and sports, and fall harvest is fast approaching.

Cape birding report for late August through Labor Day

By E. Brooks Bornhofft

In last days of August across the upper canopies of our wooded habitat one could still hear the rich, whistling song of the Baltimore Oriole and the super sweet rolling warble of the Rose-breasted Gros-

On August 23 an adult male Baltimore Oriole lingered along Shore Road. His fiery orange plumage and rather late in the season Cape spotting leads me to believe that this bird is closer to three years of age or older. First year and even second year Baltimore Oriole's typically leave for their winter grounds by mid to late July. It is interesting to imagine that this particular bird might have started its southbound run in New Brunswick or Quebec, yet still has plenty of ground to cover before arriving in the tropics. On the morning of August 27 my wife texted me to let me know that a male Rosebreasted Grosbeak was present on our feeder. Both songsters nest in Cape every

Somewhere between dusk and dark on August 27 I heard separate Barred owls calling and/or caterwauling within Robinson II, Maxwell and Stonegate woods. Earlier in the day I saw two juvenile Red-bellied woodpeckers in a crab apple tree on our property. I also came across mother and daughter Common yellow throat's (wood warblers) along the Canter Lane Trail Easement. Later that same day I spotted a female American Goldfinch with nesting material. This was curious as it seemed too late in the season to just be putting the finishing touches on a nest.

On Aug. 31 I found a Yellow-bellied Flycatcher deep within Robinson Woods III. Spotting this bird can be devilishly difficult. The damp northern forests and dark, green and cool spruce bogs is where this bird has journeyed from. The Yellowbellied does not linger long on its summer breeding grounds of boreal Canada. Its summer stay is one of the shortest of the Neotropical birds that visit the northern part of the continent for nesting, often less than 70 days. On the first day of September I heard the echoing calls of a Great-crested Flycatcher along Dyer

Pond Road.

Another noteworthy mentioning on September 1 included, discovering a Carolina Wren's nest under my canoe alongside our house (with four newly hatched young). I had seen a wren periodically coming and going from the general area of the nest but never considered the possibility of such a late season brood. When I first caught wind of the nest one of the parents darted out and landed on a nearby branch, arched it head slightly back and broke into a lovely Blue Jay call imita-

On September 2 there were still five or more Ruby-throated Hummingbirds visiting our yard feeders. Also, several Great Egrets dotted the estuary across Rachel Carson National Wildlife Refuge while four tiny prancers with golden boots (Snowy Egrets) herded their prey and a dozen semipalmated plovers sat on watching.



Photo by Marta Girouard

Sea turtle sand sculpture at Crescent Beach State Park on Labor Day weekend.

September naturalist's corner

By Erika Carlson Rhile CELT Education Committee Chair

September 14 Full Corn Moon/Harvest Moon: Native American Tribes harvested corn this time of year. The Harvest Moon is the full moon closest to the Autumnal Equinox. September 23 Autumnal Equinox: As of 3:50 a.m., Happy Fall! The sun shines directly on the equator and there are nearly equal amounts of day and night throughout the world. It's the vernal/spring equinox in the Southern Hemisphere.

Maybe you've heard that we have a "polar coaster" of a winter ahead? Wooly Bear Caterpillars' stripes reputably predict winter weather to come: the wider the orange section, the milder winter will be; the more black the more severe weather. We recently found

an all black wooly bear caterpillar--yikes! Truly, most scientists agree that the idea of using caterpillars to predict winter weather is much like depending on a groundhog to fore-

Have you noticed all the turkey poults? Not so small anymore, since most are almost three quarters the size of mom, but they tend to travel in large packs with hens.

Fall is usually a mushroom hunter's bounty. When puffballs are creamy white, they are edible and delicious. Once they start to brown, they're more fun to stomp on. Keep you eyes out for the sulfur shelf mushroom. Otherwise known as "chicken of the woods," these are a beautiful bright orange. Want to learn more about identifying fungi? Sign up for the CELT Mushroom walk on September 14.



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Library offers night sky binoculars for circulation, plans exhibit to celebrate 100 years, reading dogs return

Library Offers Night Sky Binoculars for Circulation

Since September of last year, the library has been circulating its Orion Starblast Telescope to library users for one week at a time in partnership with Cornerstones of Science. Since the program began, the telescope has been borrowed 21 times. Now the library has added a night sky viewing kit which includes a pair of 7x50 Celestron binoculars, a constellation finder, a red and white light headlamp, and four books, two for adults, and two for kids on constellations and the night sky. With binoculars, you can see more objects in the night sky than you might think and they're easy for all ages to use, so if you are not sure about borrowing the telescope, you might want to give them a try. Like the telescope, the binoculars kit may be borrowed for one week at at time. Stop by the library's main desk for more information.

Library Plans Community Art Exhibit to Celebrate 100 Years

This year marks Thomas Memorial Library's 100 year anniversary, and in celebration, the library is hoping library users of all ages will contribute art work to the library's "ArtCentennial Celebration," which is sponsored by the TML Foundation and community donors. The exhibit will feature up to 200 works of art by community members on square wood panels that expresses each artist's feelings for the library. No experience is necessary to participate. Beginning next month, the library will be offering a series of workshops by local artists to help you get started on your project. If you would like to contribute to the exhibit, please drop by the library to register and pick up an art panel. The exhibit will be hung in the Stier Family Art Gallery through the month of November, and a commemorative booklet of the exhibit will be available in December; each participant will receive a free copy. For more information visit the library's website, or stop by the library to register.





PROGRAMS FOR **ADULTS**

Morning Book Group

Wednesday, Sept. 11, 9:30-11:00 a.m. Our morning book group meets on the second Wednesday of each month. This month, we'll be discussing "Killers of the Flower Moon: The Osage Murders and the Birth of the FBI," by David Grann. We hope you'll join us to read and discuss. New members are always welcome.

Maine Wildlife Series: Lichens – **Pioneering Giants**

Thursday, Sept. 12, 6:30-7:30 p.m. Maine Master Naturalist Grace Bartlett joins us to tell us about the fascinating world of lichens. In addition to her talk and slides, Grace will bring her lichen collection and hopes to do a demonstration with a dry desiccated lichen that springs back to life with a little water.

At this talk, you'll learn about:

- Lichen beginnings and adaptive
- Where lichens are found today
- The anatomy of a lichen
- Functions of lichens

And, of course, we'll have plenty of time for questions and answers. We hope you'll join us for another great talk in this lecture series.

Sockalexis

Tuesday, Sept. 17, 6:30-7:30 p.m.

The story of Louis Sockalexis is the perfect marriage of Maine history and baseball. In this talk, Ed Rice will take us on a trip back in time to the early years of college and professional baseball to meet a fascinating Native American, Louis Sockalexis, whose talent helped him blaze a unique trail to the top. This program comes to us highly recommended by other libraries who said, "Ed tells this story with compassion and sensitivity as his expert knowledge of Louis Sockalexis shines through." We hope you'll join us to learn more about Louis Sockalexis, a Maine baseball legend.

Writers' Accountability Group

Wednesday, Sept. 18, 10:00 a.m. -12:00 p.m.

TML's Writer's Accountability Group (WAG!) meets on the third Wednesday of each month from 10:00 a.m. - noon. All levels of expertise and genres are welcome as we:

- Share ideas about writing, editing, and publishing.
- Share snippets of our work in a cre ative, supportive group setting.
- · Connect with other writers who are as passionate about the craft as we are.
- Give ourselves a deadline each month to show up with our latest work.
- Have fun!

We hope you'll join us to help get your WAG going.

Talk & Walk Series: Exploring **Invasive Species**

Thursday, Sept. 19, 1:00-3:00 p.m. We continue our Talk & Walk series with Mike Hanks from CELT. At 1:00 p.m., Mike will join us at the library to talk about:

- WHAT invasive plants are
- WHAT they look like
- WHERE they come from
- WHY they're a problem

Mike will have plenty of examples of cuttings on hand for hands-on identifying

At 2:00 p.m., Mike will lead a walk at Gull Crest Field (near the parking area closest to the entrance) to identify invasive plants in our environment, and he'll discuss how to eradicate them. Please wear long pants and bug repellent for ticks and mosquitoes if you are joining us on the walk. No registration is required for this talk and walk, and you can come to either or both parts of the session.

Author Reading: "The Red Ribbon" by Nancy Freund Bills

Thursday, Sept. 19, 6:30-7:30 p.m.

"Memoirs of loss and survival are rather common, but what sets this one apart is Bills' extraordinary perceptiveness and writing talent. . . . A keeper of a book by a talented author."—Kirkus Reviews, starred review

In the summer of 1994, a freak lightning and thunder storm explodes on the southern coast of Maine, killing Bills's husband and critically wounding her younger son. She promises her late husband that she will write their family's story and bind it with a red ribbon of love and courage. Insightful, moving, and full of intelligence and humanity, The Red Ribbon is a story of surviving the many and often devastating lightning strikes of life. And it's a gift of compassion and wisdom for readers who are struggling with their own losses.

Evening Book Group

Thursday, Sept. 19, 7:00-8:30 p.m.

TML's Evening Book Group meets on the third Thursday of each month. At our next gathering, we'll discuss "Among the Shadows" by Bruce Robert Coffin - a retired Portland Homicide Detective. New members are always welcome.

Songwriting Workshop

Tuesday, Sept. 24, 6:15-8:15 p.m.

Our songwriting workshop meets on the fourth Tuesday of each month. Whether you are a new writer, experienced writer, or want-to-be-a-writer writer, we hope you'll join us each month to bring in your work and get expert advice from awardwinning songwriter, Jud Caswell. Participants in this workshop rave about Jud and about how much his advice is helping shape and improve their writing.

The goal of the workshop is to provide a safe place for songwriters to share and learn. Songwriters of all levels and abilities are welcome.

Senior Tech Help

Wednesday, Sept. 25, 10:30 a.m. -12:00 p.m.

Senior Tech meets on the fourth Wednesday of each month. We're here to help in any way we can with your tech questions. We work together as a group to answer similar questions and break out into smaller groups to answer individual questions. If you have a question, we will help you find an answer. You wouldn't believe some of the things we've been able to help solve.

What is Shamanism and What Might it Offer Me?

Thursday, Sept. 26, 6:30-8:00 p.m.

Shamanism is a thousands-year old wisdom practice, older than most religions, that has had a strong resurgence in modern day life as many seek a deeper connection to the natural and spirit world and to self. In this talk, Cape Elizabeth resident Martha Williams, shamanic

-see LIBRARY page 13



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Library

Continued from page 12

practitioner and yoga teacher, will talk about the benefits of shamanic healing and ways it has helped clients she has worked with. And we'll learn more about how shamanic practices can be integrated into day-to-day life.

During this talk, Martha will lead us through an optional guided meditation exercise engaging in the shamanic ritual of calling in the directions to create sacred space and receive healing energy. And, of course, there will time for discussion, questions, and answers.

We hope you'll join us to learn more about this ancient practice.

ONGOING ADULT PROGRAMS

- Knitting Group Every Monday at 1:00 p.m.
- Chair Yoga second Monday at 11:30 a.m.
- Democracy Cafe second Tuesday from 6:30-8:00 p.m.
- Songwriting Workshop fourth Tuesday from 6:15-8:15 p.m.
- Morning Book Group second Wednesday from 9:30-11:00 a.m.
- Writers' Accountability Group third-Wednesday from 10:00 a.m.-noon
- Senior Tech fourth Wednesday from 10:30 a.m.-12:00 p.m.
- YA Anonymous Book Group first Thursday from 6:30-7:30 p.m.
- Maine Wildlife Lecture Series second Thursday from 6:30-7:30 p.m.
- Evening Book Group third Thursday from 7:00-8:30 p.m.
- Chess Club Every Saturday from 9:00-11:00 a.m.

PROGRAMS FOR TEENS

CHECK OUT OUR NEW TEEN SPACE!

Our Teen Space is moving. The YA collection will slowly be moving into our new Teen Space in the back left corner of the library (*previously the adult reading corner). We will gradually be making this space more comfortable for teens in grades 7 and up to hang out in with new seating, teen projects, books and other materials. Stay tuned.

*Alyssa will be on vacation from Sept.

23-27 so there will be no programming this week. The Teen Space will still be open after school*

Weekly:

Tabletop Club

*Tuesdays 2:30-4:30 p.m. starting Sept.

Come in to the library every Tuesday from 2-6 p.m. to play some of our table-top game! We have Betrayal at House on the Hill, Sherlock Holmes: Consulting Detective, Pandemic, Catan, and more! Feel free to bring your own games as well! Open to teens ages 12 and up. For more information, contact Alyssa at alapierre@thomas.lib.me.us.

PROGRAMS FOR CHILDREN

Our weekly story times continue (please see our website for the complete schedule,) with some monthly programs and new programs listed below.

After School Chess Club

For ages 5 and up

Tuesdays, 3:30 - 4:30 p.m.

Do you play chess? Would you like to learn? Join CEHS student Isaac Dinnerstein for instruction and play time every Tuesday afternoon. No registration necessary.

Musical Story Hour with Jud Caswell, for ages 3 and up

Thursday, September 12 1:00 - 1:45 p.m.

Singer/songwriter Jud Caswell entertains with songs, musical games, and stories with his own original musical accompaniment. No registration necessary.

Early Release Adventure: Papermaking with Katrina Venhuizen from EcoMaine

For elementary and middle school students

Wednesday, September 18

2:15 - 3:15 p.m.

For elementary and middle school students

Learn about recycling and reuse of paper products and make your own paper from recycled materials with our special guest from EcoMaine. Please register in advance on the library website.

Lil' Dragons Martial Arts Workshop

For ages 3 - 5



Town of Cape Elizabeth Board Vacancy

The Town Council's Appointments Committee is seeking applications for an unexpired term on the **Energy Committee**.

The term expires December 31, 2020. Applicants are asked to apply online at www.capeelizabeth.com.

The deadline to submit applications is 4:00 p.m. Friday, September 20, 2019.

For more information please contact **Debra Lane**, **Town Clerk at** debra.lane@capeelizabeth.org or 799-7665.

Friday, September 20

10:00 - 10:30 a.m. (in place of Little Frogs Yoga Story Time)

Join staff from Riverview Martial Arts for an introduction to martial arts in this fun-filled, fast-paced class designed just for your little one! Riverview Lil' Dragon's kids martial arts class promotes inner strength while increasing confidence in physical and social abilities! We wil be offering this parent interactive program for ages 3 - 5 in place of Little Frogs Yoga Story Time on the third Friday of each month. Although no registration is required for yoga story time, space is limited for Lil' Dragons and advance registration is required. You can register on the library's website.

Reading Dogs Return

The library's two therapy dogs are coming back to work after their summer vacation. Maury, a yellow lab, will return on September 16, and will be at the library most Mondays from 3:30 - 4:30 p.m. Ollie, a mini poodle, will return to work on September 26, and will be at the library most Thursdays from 3:30 - 4:30 p.m. Advance registration for both dogs is required, and may be done in person at the library or by phone at 799-1720.

Teen Reading Buddies Continue Through the School Year

Three of the library's summer Teen Reading Buddies will be continue to take bookings with kids for after school and Saturday reading time at the library. Our reading buddies will read to pre-readers, or help beginning readers with their reading skills for 30-minute appointments. Visit the Teen Reading Buddies page on the library's website for more information or to register.

4-H

Continued from page 10_

County 4-H, but it's one of the more popular activities for the 300-plus youth who participate, and there are clubs for kids interested in horses, goats, poultry, rabbits, birds, sheep, and dogs. Other clubs focus on teen leadership, robotics, outdoor adventures, science, and arts and crafts. Cumberland County hosts the largest 4-H program in the state, according to coordinator Sara Conant.

"We're also always looking to expand our programs ... to anything that youth are interested in, really the sky's the limit. We also offer special interest clubs during the summer and other programs throughout the year that are open to 4-H or non-4-H members and are typically free or very low cost." The short-term and school enrichment offerings have included over 3,000 kids in Cumberland County alone.

"4-H is generally free," Sara notes. "Clubs may choose to charge dues on a meeting-by-meeting basis or annually, but generally shouldn't exceed \$20 for the year. We pride ourselves on being accessible to all and don't want money to be a barrier to participation."

Sara says children can join anytime, but generally fall is optimal. There's a role for adults too, to lead the clubs. "We currently have a need for more clubs in the Lakes Region, Brunswick, and Cape Elizabeth."

Find more details on the University of Maine Cooperative Extension website and Facebook page. An Information Night for new 4-H families is scheduled for Tuesday, October 15 at 6:30 p.m. at the Windham Public Library. Sara Conant is available at 781-6099, or at sara.conant@maine.edu.



Prizes include: Inn By The Sea Spa • David's Restaurant • Elsmere Wood Grill & BBQ • Easy Day • Cinamagic • Apple Store • Up to \$600 Professional tooth whitening or anti grinding night guard • Cheese Iron • C Salt Gift Card • Cape Whoopies • Cookie Jar • Rosemont Bakery Gift Card • Fiddleheads Flowers & Vintage Chic Gifts • Urban Air • Tropical Smoothie • Scales Restaurant • Flat Bread Pizza • Scratch Bakery • Maine Mariners 2019-2020 tickets • Cape Gold honey • The Farm Stand in SoPo • Jordan's Farm in Cape • MEN Nordica Skis size 179 with Marker bindings \$500 est value • Dick's Sporting Goods • WOMEN Nordica Skis size 158 with Marker bindings \$500 est value • Igloo 3.2 cubic foot refrigerator with freezer • Buffalo Wild Wings • Otto's Pizza • Drillen True Value • Tuscan Table Restaurant • Scarborough Hair & Day Spa

CAPE CALENDAR

By Wendy Derzawiec

Tuesday, September 17

Planning Board, 7 p.m., Town Hall chamber

Wednesday, September 18

Conservation Committee, 7 p.m., Town Hall Lower Level Conference Room

Thursday, September 19

Thomas Memorial Library Committee, 6:30 p.m., Thomas Memorial Library Fort Williams Park Committee, 7 p.m., Cape Elizabeth Community Center

Tuesday, September 24

Riverside Cemetery Committee, 10 a.m., William H. Jordan Conference Room, Town

School Board Workshop, 6:30 p.m., High School Library and Learning Commons Board of Zoning Appeals, 7 p.m., Town Hall

Ongoing each week

Al-Anon, Regular meeting 7 p.m. Thursdays, at United Methodist Church, 280 Ocean House

Road. Regular meeting 7 p.m. Fridays at St. Alban's Church.

Alcoholics Anonymous, 2 p.m. Saturdays, First Congregational Church, 301 Cottage Road, South Portland; 7 p.m. Wednesdays, St. Bartholomew Church; 7 p.m. Fridays, St. Alban's Church.

Cape Elizabeth Historical Preservation Society, 9 a.m.-noon Thursdays, Public Safety Building

Cape Elizabeth Lions Club, 6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road

Cape Farm Alliance, third Tuesday, 7 p.m., Community Center

South Portland/Cape Elizabeth Rotary Club, each Wednesday at 6:15 p.m. Purpoodock Country Club, Spurwink Avenue. 767-7388.

Codependents Anonymous (CODA) group at Cape Elizabeth United Methodist Church

Regular meeting weekly on Saturdays at 10:30 a.m. Call 799-4599 FMI.

CABLE GUIDE

Cape Elizabeth Church of the Nazarene

Sept. 14, 15, 21 & 22 - 9 a.m.

Town Council replay

Sept. 11 & 12 - 2 p.m. & 8 p.m. Sept. 14 - 10:30 a.m.

School Board replay

Sept. 13 & 14 - 2 p.m. & 8 p.m. Sept. 15 - 10:30 a.m.

Planning Board (live)

Sept. 17 - 7 p.m.

CHANNEL 3

Planning Board replay

Sept. 18 & 19 - 2 p.m. & 8 p.m. Sept. 21 - 10:30 a.m.

Board of Zoning Appeals (live) Sept. 24 - 7 p.m.

Board of Zoning Appeals replay

Sept. 25 & 26 - 2 p.m. & 8 p.m. Sept. 28 - 10:30 a.m.



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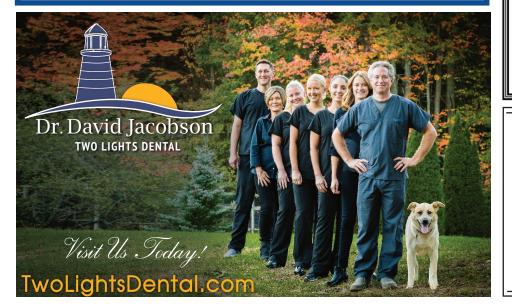
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SERVICES

Cape Elizabeth Church of the Nazarene 499 Ocean House Road (Route 77)

747-1113

www.capenazarene.org Sunday School for all ages: 9:30 a.m. Sunday Worship Celebration: 10:45 a.m. Services streamed live or on demand: watch.capenazarene.org

Cape Elizabeth **United Methodist Church**

280 Ocean House Road 799-8396

www.ceumc.org Sanctuary Service: 10 a.m. Child Care & Sunday School: 10 a.m. Adult Sunday School: 9 a.m.

The Church of Jesus Christ of Latter-day Saints 29 Ocean House Road

799-4321

Sacrament Meeting: Sunday, 10 - 11:00 a.m. Sunday School: 11:10 a.m. – 12:00 p.m. Primary: 11:10 a.m.-12:00 p.m. Relief Society, Priesthood: 12:00 -1:00 p.m.

The Church of the Second Chance

Greater Portland Christian School 1338 Broadway, South Portland 641-3253

Sunday: 10:30 a.m.-12:15 p.m.

Congregation Bet Ha'am 81 Westbrook St., South Portland 879-0028

www.bethaam.org Worship: Friday, 7:30 p.m. Saturday, 10:30 a.m. Family Shabbat Services: Second Friday, 6:00 p.m.

First Baptist Church of South Portland

879 Sawyer Street South Portland, 799-4565

www.spfbc.com Sunday Morning Worship: 9:30 a.m.

Coffee Time is at 10:45 a.m. Sunday School is at 11:15 a.m. Sermon audio is available on our website

Promised Land World Reach Center

536 Cottage Road, South Portland 799-3152

Sunday Prayer & Intercession: 9:30 a.m. Sunday Worship: 10 a.m. Family Bible Studies: Wednesday, 7 p.m. Sermon recordings available to download

Saint Alban's Episcopal Church 885 Shore Road 799-4014

www.stalbansmaine.org Sundays: 8 a.m., 9:30 a.m. Celtic Service: Sunday, 5:30 p.m. Nursery: Sundays, 9:30 a.m.

Saint Bartholomew Roman Catholic Church

8 Two Lights Road 799-5528

www.saintbarts.com Sunday Mass: 9 a.m. and 11 a.m. Monday & Tuesday Masses: 8 a.m.

First Congregational Church **United Church of Christ**

301 Cottage Road, South Portland 799-3361 www.fccucc.org Worship: 9:30 a.m. Preschool Child Care: 9:30 a.m. Game Room

First Congregational Church of Scarborough

167 Black Point Road, Scarborough 883-2342 www.fccscarborough.com

Sunday Morning Worship: 9:30 a.m. Sunday School & Nursery Care



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FOR SALE /RENT

Enjoy Cape Elizabeth photo note cards by naturalist Martha Agan magan@maine.rr.com. Card assortments available at Ocean House Gallery near the library parking area.

ANNOUNCEMENTS



Molly Ham and Andrew Turkanis were married July 20 at Tupper Manor in Beverly, Massachusetts

Both are Cape Elizabeth High School graduates, classes of 2010 and 2007. They now live in Miami Beach, Florida.

Their parents are Mary Jane and Jeff Ham and Harriet and Michael Turkanis of Cape Elizabeth.

Chipman named to **Dean's List**

Samuel Barnes Chipman of Cape Elizabeth has been named to the Dean's List at Western New England University in Springfield, Massachusetts for the spring semester 2019.

Chipman is working toward a BA in Communication/Media Theory & Prod Concentration.

HAVE AN ANNOUNCEMENT YOU WOULD LIKE TO SHARE? DROP US A LINE AT: INFO@CAPECOURIER.COM

ANNOUNCEMENTS



Alexandra (Lexi) Weatherbie, daughter of David and Tracey Weatherbie of Cape Elizabeth, was married to Paul John **(PJ)** Massey III, son of Paul and Gretchen Massey Jr on June 8, 2019 at St. Alban's Episcopal Church, in Cape Eizabeth. The reception was held at the Wentworth Lodge in Cape Elizabeth. Kyle Plimpton was the Maid of Honor. Allie Walton, Laura Topf, Caroline Fleishauer, Sarah Massey and Greta Massey were bridesmaids. Cam Pano was the best man. Graham Robertson, Michael McNeil, Jack Flanagan, Sterling Weatherbie and Peyton Weatherbie were groomsmen.

Lexi is a 2011 graduate of Cape Elizabeth High School and a 2015 graduate of St. Lawrence University in Canton, New York. PJ is a 2008 graduate of Mamaroneck Union High School and a 2012 graduate of St. Lawrence University. Lexi works in the admissions office of the Convent of the Sacred Heart school and PJ is a Leasing associate at Brookfield Properties, both are in Manhattan, New York. Mr. and Mrs Massey honeymooned in Croatia and are residing in Larchmont, New York.

Next deadline: Sept 13th For Issue Date: Sept 25th

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Cape Elizabeth

ART STUDIO TOUR

Saturday, October 5th, 2019 11am - 5pm

The 2nd Annual Cape Elizabeth Art Studio Tour is coming!

8 artists will be at 6 locations, ready to answer your questions and share their art. The tour is FREE - use the map on our website to find each studio and enjoy an art-filled excursion.

Paintings - Sculptures - Ceramics













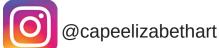




www.CapeElizabethArt.com

for map and details!







Contributed photo

Pictured with The Cape Courier on summer vacation is Reilly McGovern-Pizzi at the Rosie the Riveter World War II Home Front National Historical Park. The park is located in Richmond, California and preserves and interprets the efforts and sacrifices of American civilians on the home front during World War II. In particular, it explores and honors the role of women and African-Americans in war industries.



Contributed photo

Pictured are Susan Dana, Spanish teacher at Cape Middle School, and Jack Quinn, a former student at the Fiesta de Magdalena in Anguiano, La Roija, Spain during a visit Senora Dana made to Jack's host family.