

# The Cape Courier

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Dec 11 - Jan 15, 2020

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*In the Spirit of Community*

## Sisters are among Capers dancing in 'A Victorian Nutcracker'

By Marta Girouard



Photo by Sara Parker

Pictured above are the Cape Elizabeth residents dancing in this year's production of "A Victorian Nutcracker." Front line from L-R: Olivia Parker, Penelope Rauscher, Clara Fournier, Clara Kerkam. Middle line from L-R: Cecily Trout, Katie Halter, Stella Moliski, Emma Halter. Back line from L-R: Helena Rieger, Kristianna Eremita, Sydney Silva, Sophia Toon, Taylor Palmore.

Thirteen students from Cape Elizabeth danced this year in the Portland Ballet's "A Victorian Nutcracker." This annual production with its timeless tale of a young girl, her Nutcracker Prince, and the Mouse King, and sets and characters inspired by Portland's Victoria Mansion returns to the stage Dec. 17-22 under Artistic Director Nell Shipman.

For the dancer performing the role of "Olivia" this year, being involved in the production is somewhat of a family affair. Emma Halter, 14, lives in Cape Elizabeth with her mother, father, younger sister and brother. She is a student at Cape Elizabeth High School and has been training at Portland School of Ballet for a decade, starting in the pre-professional CORPS-program this year. She has been performing in "A Victorian Nutcracker" for eight years and has held numerous roles. Her younger sister, Katie who is 10 years old, has also held a number of roles and this will be her fourth year dancing in the production. Their mother Julie is involved as a volunteer behind the scenes.

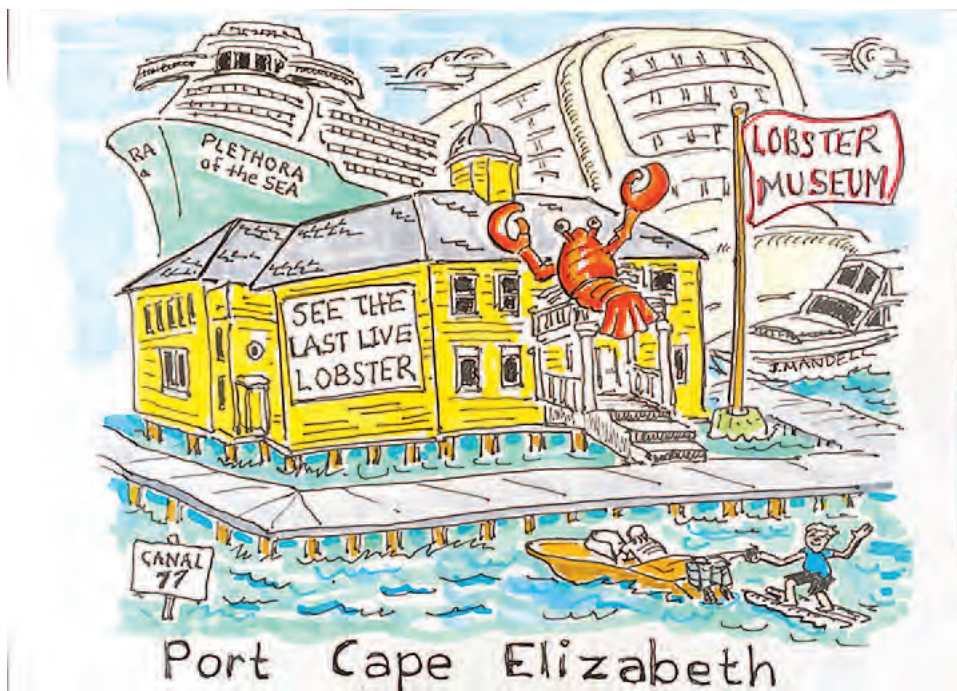
"I grew up studying classical ballet and have naturally been a supporter of the arts in the different states I've lived in. My husband and I have enjoyed Portland Ballet Company's performances even before the kids were old enough to attend themselves," said Julie. "I have enjoyed being involved in many aspects of the production, from using my limited sewing skills to enhance and alter costumes, to assisting with makeup and hair and costume changes in the kids room. This time of year is always busy! Juggling ballet classes, "VicNut" rehearsals and middle school basketball schedules (haven't yet convinced the girls' twelve-year-old brother to dance!) is a challenge, however we manage to divide and conquer. I will say that being involved in this production definitely gets our family into the holiday spirit and that makes the huge commitment all worthwhile."

Emma in on a path to dance in college and/

-see BALLET page 8

## Happy New Year 2070

By Jeff Mandell



Drawn by Jeff Mandell

## Callie Kimball, injured playwright from Cape Elizabeth, creating again, needs help

By Kevin St. Jarre



Photo by Amie Miklovich

After a freak accident last year changed Cape Elizabeth resident and playwright Callie Kimball's life, she is asking the community for help as she rebuilds her life.

A playwright from Cape Elizabeth, Callie Kimball has been writing plays for 15 years, but last year, a freak accident changed her life when she was struck in the head by a pair of heavy-duty carbon-steel shears that a handyman dropped from more than two stories above. This caused her to lose her personality, and her ability to imagine, think in metaphor or even tell jokes. "I was incredibly lucky not to have been hit by the pointy end, but the injury has completely upended my life, impacting my health and my finances in a terrible and lasting way," Kimball said.

She has slowly regained some of what she has lost, but she's struggling to come back into her writing. Kimball launched a GoFundMe account to help her get back on her feet as she prepares for her next big venture, and as she focuses her writing to help others who are struggling with traumatic brain injuries.

It's been a long road to recovery, and she is doing much better. Her personality has returned, as have her ability to imagine and visualize, her ability to hear music in her head, to think in metaphor and make jokes and to find her way around her neighborhood without GPS. Kimball said, "I no longer sob uncontrollably for days - emotional dysregulation is common in brain injuries. I still have challenges in the areas of working memory, and am coming to terms with the fact that I may always be a little different than I was

before."

She's asking for help because the effects of the injury have made for quite a struggle, as she rebuilds her life bit by bit.

"At the time of the injury, I was working on my first big-deal commercial commission to write a play for a Broadway producer. Because of the injury, I was unable to finish the project and lost out on the opportunity. The play went from 116 pages to 66 pages because I could make suggested cuts, but couldn't write new characters, scenes, or events. The good news is that a few months ago, my ability to imagine and create returned, and I have written a new play," Kimball said.

She has written a play called "Perseverance." Portland Stage commissioned it to commemorate the centennial of women getting the right to vote. It has had a reading at Portland Stage, and had another reading more recently at the Maine State Library in Augusta. "Portland Stage likely will produce the play in their 2020-21 season. That has been also incredibly meaningful, because I wasn't sure I'd be able to write again," Kimball said.

Still, she said the experience has been very isolating. "On the outside, I looked fine - no slurring or droopy face. I could smile and nod, even when I wasn't sure what the con-

-see ARTIST page 3

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a joyous holiday season!*







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**NEXT ISSUE:** Jan 15  
**DEADLINE:** Noon, Jan 3

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## Apology to runners who were on correct side of the road

As a walker, I am always worried about people in Cape Elizabeth running or walking on the incorrect side of the road. I have to apologize again to the two people running at night on Eastman Road on November 15. They were running on the correct (left) side of the road on a tricky curve, and I mistakenly thought they were running with traffic. They were correct and I was wrong. I hope they heard my apology, and if not, I hope they see this.

Thanks to those two runners, and those who understand that we must walk or run facing traffic (the left side of the road).

Richard Dana

## Reservations for Fort Williams Park 2020 season underway

Community Services began taking Fort Williams Park reservations for 2020 on Dec. 1. Cape Elizabeth residents may, for their personal use only, reserve a site or apply for a ceremony permit at that time. All other(s) reservations may be submitted beginning Jan. 1.

**THANK YOU!**

Your voluntary subscriptions and other contributions help keep this community newspaper coming to your mailbox.

*Thank you to this recent generous contributor:*

*Please see page 9*

Checks made out to The Cape Courier may be mailed to P.O. Box 6242, Cape Elizabeth, Maine, 04107. Future contributions will be acknowledged in an alphabetical format. Please include a message on your correspondence if you prefer to remain anonymous.

Let us hear from you!

We love feedback!

[editor@capecourier.com](mailto:editor@capecourier.com)

## Overnight winter parking ban in effect

Reminder: No parking on Cape Elizabeth streets between 1 and 5 a.m. from Dec. 1-April 1.

Cape Elizabeth's overnight winter parking ban takes effect Dec. 1. No vehicle shall be left on the roadways from 1 a.m. to 5 a.m. from Dec. 1-April 1.

Cape Elizabeth Public Safety and Public Works may call for daytime parking bans during major snowfalls this coming winter.

## Time to move portable basketball hoops away from the roadside

Cape Elizabeth Public Works would like to remind residents that it's time to remove portable basketball hoops from the edge of the roadway.

Hoops need to be 10 feet or more from the roadway to avoid damage - to plowing equipment and to the hoops themselves.

The heavy-steel rims on basketball hoops are about the same height as the mirrors and warning lights of the town snowplows and can do substantial damage, said Public Works Director Robert Malley. In turn, the hoops can also be damaged by the plows.

Public Works is not responsible for damage to basketball hoops left in the town right-of-way, nor does the town wish to see the equipment damaged.

## Judy's Food Pantry - a community feeding itself

Cape Elizabeth United Methodist Church 280 Ocean House Road Every Tuesday from 3:00-5:00 p.m., July through November. The second and fourth Tuesday, December through June.

## Correction

In the last issue, the photo that ran in the "It's beginning to look a lot like...Christmas" article was labelled as "contributed photo." Credit for the photo goes to Tammy Walter.

## Census 2020: Answers to frequently asked questions

In 2020 Cape Elizabeth, along with the rest of the nation, will be participating in the U.S. Census. During the week of Nov. 11, local government officials met with the U.S. Census Bureau Partnership Specialists to foster a working relationship during this constitutional enumeration project. Detailed information can be found on the U.S. Census's website, [www.census.gov](http://www.census.gov).

Following are answers to frequently asked questions regarding the census:

**When will the Census be conducted?** Beginning in mid-March 2020, residents will receive a notice in the mail to complete the 2020 Census. Once you receive the mailing, you can complete the Census either online, by phone, or via the U.S. Mail. The Census questionnaire should take less than five minutes to complete.

In May 2020, for residents who have not responded, the U.S. Census Bureau will begin following-up by going to individual households to check the status of completion. A specific timeline is below:

**Dates Notification Mailed**

**March 12-20:** Invitation to complete 2020 Census

**March 16-24:** Reminder letter sent from U.S. Census Bureau

**March 26- April 3:** Reminder postcards mailed

**April 8-16:** Second reminder letter and & paper questionnaire

**April 20-27:** Final reminder postcard before in-person follow-up

**Can I refuse to answer a census question?** You can skip questions and submit an incomplete census form, and still be included in the head count. Returning a partially filled-out questionnaire may result in a follow-up phone call or visit from a census worker.

**When will the 2020 census results be released?** The Census Bureau is expected to announce the new population

-see CENSUS page 5

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Then and Now: A few words on history and the season

By Jim Rowe

JR: In 1582, Pope Gregory XIII did his best to get our world back onto an accurate solar/astronomical calendar. Sixteen centuries of using Julius Caesar’s timesheets had apparently put us 10 days out of whack with the sun. To help rectify things, Gregory may have been our first documented time traveler, unilaterally declaring that Oct. 4, 1582 would be officially followed by Oct. 15, 1582.

And whether you’re a Gregorian fan or a Julian fan, here we are in the midst of another holiday season, and an expected revenue spike for stationery shops that sell calendars.

“If you don’t know history, then you don’t know anything. You are a leaf that doesn’t know it is part of a tree.” -Michael Crichton


JR: I was not a history major in college. I was too engaged in the present and too concerned about the future to seek out the past. My mistake, the error of my ways pointed out in observations from far greater minds than mine (sprinkled in bold print throughout this article).

“The most effective way to destroy people is to deny and obliterate their own understanding of their history.” -George Orwell

JR: Somewhere along the way, my inattention to history flipped not only to awareness, but to love. History and I became the best of friends.

When I occasionally share elements of the past with school classes these days, I am struck by the realization that not one of the students I’m addressing was alive on 9/11/01...it was not a part of their lives. But the lessons are still there to be taught and learned.

“History cannot give us a program for the future, but it can give us fuller understanding of ourselves, and of our common humanity, so that we can better face the future.” -Robert Penn Warren



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Contributed photo

An annual household membership to CEHPS costs \$15 and includes a number of benefits.



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JR: One of my main interests has been local history. Perusing the archival collection boxes at the Cape Elizabeth Historical Preservation Society is like a wonderful mini-vacation for me. The people. The dates. The places. The events. The memories. Escape from the worries of today? Perhaps. But understanding what has brought us as a community to this day is more to the point.

Pride in one’s place cannot be dictated from the outside. I think it must come from within the individual. And while I cannot order anyone to love Cape Elizabeth history, I can encourage you to be open to our community’s informative and entertaining past. You won’t be disappointed. It’s a truly amazing story!

“History doesn’t repeat itself, but it does rhyme.” -Mark Twain

An annual household membership in the Cape Elizabeth Historical Preservation Society is inexpensive (\$15). Membership includes notifications of our interesting program meetings, a subscription to our amazing 3x/year newsletter, “The Keeper,” and opportunities for fellowship with like-minded history enthusiasts. Our facilities in the town center police station are open to the public on Thursday mornings from 9:00 a.m. to noon or by appointment. Below is an image of our membership application. It can be downloaded at the CEHPS website: <https://sites.google.com/site/cehistoricalpreservation/about-us>. Memberships and books from our “book-store” make great Christmas gifts!

Happy holidays, and may there not be another Pope Gregory XIII lurking...time is moving fast enough already without canceling days!



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Selection of books CEHPS has available for sale, including “Cape Elizabeth: Past to Present.”

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Artist

Continued from page 1

versation was about. I tried to stay optimistic and to keep my friendships afloat, but grew apart from many people. I couldn’t go out much, see theatre, or travel to see friends the way I normally would. My world became quite small,” Kimball said.

Still, over the past summer and fall, she worked at Fox + Doe, the consignment boutique here in Cape Elizabeth. Kimball said, “I am endlessly grateful to the former owner, Sandy Shapiro-Hurt- she has since sold the business- for letting me work there. My job brought me a sense of meaning and purpose while I was recovering, and I got to meet so many wonderful Cape residents over my six months there. Feeling useful again after struggling and feeling deeply confused for over a year was a wonderful gift, and I am grateful to Sandy and all the wonderful clients I got to know during that time.”

Kimball continues to need assistance, however. She said, “I hate that we live in a country where fundraising for medical bills is so normalized, and I resisted doing this for as long as I could, but here’s the thing, I’ve been charging my rent for this whole year. I have outstanding medical bills that I don’t know how to pay for that go into tens of thousands of dollars. Because I was unable to write to my usual ability, and because I couldn’t interview for ‘day jobs’ until the last few months, I’ve been bouncing

around retail jobs and bartending to make ends meet. At the time of the injury, I was freelancing, so I had no disability insurance to kick in. My savings are gone, and I’ve been selling my clothes, jewelry and furniture, trying to patch things together. I need help. In theory, one day there will be a check from the insurance company of the guy who dropped the tool to pay for the medical bills, but that could take years or may never materialize. My family can’t help me. I make just over the food stamp and Medicare thresholds. I can’t afford the copays for any more treatment.”

Kimball has set up a GoFundMe page at [www.gofundme.com/f/t6j4m-brain-injury-medical-bills](http://www.gofundme.com/f/t6j4m-brain-injury-medical-bills)

She said, “I know there are many worthy causes to give to. If you can spare \$5, that would make a difference.”

Kimball continues to work at her craft, with an eye to helping others. She said, “I am excited to now turn the focus of my writing to help others who are struggling with traumatic brain injuries. It wasn’t until I started connecting with other people who had brain injuries that I began to understand how to manage the emotional fallout from the decline in my cognitive abilities. I want to use my writing to try to help connect other people who are going through this.”



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## GoGo Refill's Laura Marston has tips for being green

By Kevin St. Jarre

Cape Elizabeth's Laura Marston, the owner of GoGo Refill, Maine's first plastic-free refill and reuse shop for everyone, shares four simple tips for resolving to reduce and reuse:

### 1-START SMALL

I started my whole journey with a New Year's resolution to not buy a single-use plastic water bottle ever again. Trying to take on your whole house at once will drive you crazy and make this seem impossible, so pick an area like "kitchen cleaning" or "stop using zip-lock bags" and once that change has been made, look for another. We have lots of ideas on simple places to start, organized by areas of your home at the shop.

### 2-BYO

A good overall concept to get comfortable with is to bring your own. It could be a water bottle, a travel utensil set, produce bags, or a container to bring home your leftovers - and obviously your reusable grocery bags. Being prepared with these simple items can help avoid moments where single-use plastics are the only option (e.g. a concert, road trip pit-stops, etc.)

### 3-CONSIDER THE END OF LIFE FOR A PACKAGE/PRODUCT

When considering a purchase, remember to ask yourself what will happen to the product and its packaging when you are no longer using it? Can it be recycled,

composted, reused, repurposed, or repaired? Or will it end up in a landfill? Once you add this question to your mental checklist, your purchases will inevitably veer towards low-waste.

### 4-SPEAK UP AND ASK QUESTIONS

Being upfront about not wanting plastic packaging is sometimes awkward. But don't be afraid to speak up and be clear about what you want, and don't want. When you're getting takeout ask "do you have paper or compostable packaging for that? I prefer not to have plastic." Or ask "can you put it in my own container?" - and of course "no straw, please!" If you're clear and kind I've found that most people will be happy to accommodate!

GoGo Refill provides an easy, fast way to help consumers reduce personal waste. The business was designed with the specific goal of helping consumers cut out harmful single-use plastic; the store's refill model encourages customers to bring in their own clean containers and fill them up with earth-friendly products, doing their part to reduce waste. GoGo Refill carries products that are vetted, stylish and include goods for home and body, like cleaning, kitchen, bath and beauty items, as well as simple plastic-free switches to aid in a low-waste lifestyle.

More information on GoGo Refill can be found at [www.gogorefill.com](http://www.gogorefill.com).

## School news from the superintendent

By Dr. Donna Wolfrom

Every fall the Cape Elizabeth Education Foundation (CEEF) solicits grant applications from teachers and staff for creative projects that will have a positive impact on the education of our students. Throughout the year, the Foundation participates in various fundraisers to support their grant awardees. This year, 10 grant applications were submitted and nine were funded for a total of \$30,195.00. Grants that were awarded will fund hosting a naturalization ceremony, mindfulness practice for the classroom, an artist-in-residence for middle and high school jazz bands, a 6th grade trout raising project, a community project of recording readings of picture books by Maine authors and illustrators, a 4th grade leadership project, the installation of a touchable, large world map at Pond Cove, a performance by Black Kid Joy that "expresses through songs, dance and acting, the joy, power and ongoing challenges of the African American community", and a sexual assault awareness event, SAAFE. I would like to thank the teachers who submitted applications for these projects and CEEF for their hard work and support of Cape Elizabeth teachers, staff, and students. Through the efforts of CEEF our students are able to experience learning that goes above and beyond the daily classroom offerings.

It has been a year since the Cape Elizabeth School Board voted to withdraw CEHS from the National School Lunch program due to an increasing decline in student participation and a substantial loss of revenue. I am happy to report that as of Nov. 25, 2019, we have experienced an increase of \$7,046.20 in revenue over the revenue on this date last year, and an increase in student participation in our school food programs. Our food service program has experienced an increase of 27 breakfasts and 390 lunches over last year on this date. We have been able to offer nutritious and delicious homemade soups and meals on a daily basis and a wide variety of the ever-popular bagels. Last spring Jeff Shedd, Nate Carpenter and Peter Esposito served students a variety of offerings at a special pasta bar. A sushi lunch experience was held on another day. This year there are plans formulating for

guest chefs and special meals served by administrators.

On the morning of Nov. 5, district staff from CEHS and CEMS, and several of the Pond Cove staff met to work in a future search-like format to discuss three of the new district goals around Health and Well Being, Global Competency, and Multiple Pathways and Definitions of Success. Mixed teams brainstormed what we are already doing in these areas, what we could do in the near future, and long-range plans for meeting these goals. Pond Cove staff who were working on science curriculum for the day will be meeting during the early release on Dec. 4, to add their ideas to the accumulated list. District administrators will be meeting and using these ideas to formulate the Cape Elizabeth School Department Strategic Plan, the plan that will serve as a guide for our work during the next several years. I would like to thank all the staff members who have participated in this important work!

This past weekend community members and guests were entertained by the musical, "Footloose," performed by Cape Elizabeth High School (CEHS) students and directed by CEHS's own, Christine Marshall. The students appeared to have a wonderful time singing and dancing on stage for several hours and the audience was well-entertained from the first scene to the last. This project offered many students at CEHS the experience of performing in a musical, an experience that may have expanded their comfort zones and pushed them to try new things. I personally loved hearing the songs and watching the excitement and joy that our student actors brought to the show.

I recently had the experience of witnessing a new event at the high school, an eSports event. Jason Lund, Network Systems Administrator for Cape Elizabeth School Department and Town, recently organized a group of students interested in playing eSports. This fall the Cape Elizabeth eSports Club has been participating in League of Legends competitions with schools from all over the country. The matches are available via

-see SCHOOLS page 10

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## Census

Continued from page 2

counts by Dec. 31, 2020. That's the Bureau's deadline for sending to the President numbers for the reapportionment of congressional seats, which goes into effect beginning with the 2022 elections. 2020 census data used for state and local redistricting are set to be released by March 31, 2021. The Bureau is planning to release other new census data beginning in spring 2021.

**Why is the census important?** The census is required by the Constitution, which has called for an "actual enumeration" once every decade since 1790. The 2020 population numbers will shape how political power and federal tax dollars are shared in the U.S. over the next 10 years. The number of congressional seats and Electoral College votes each state gets are determined by census numbers. They also guide how an estimated \$880 billion a year in federal funding is distributed for schools, roads, and other public services in local communities. The demographic data are used by businesses to determine, for example, where to build new supermarkets and by emergency responders to locate injured people after natural disasters.

**Are you looking for a temporary, good paying job?** The U.S. Census Team is looking for field agents, enumerators, and office staff to help with this historic task. Starting pay could be \$16 per hour or higher; a great opportunity for college students, retirees, or people looking for a second income. You can apply online at <https://2020census.gov/en/jobs.html> or call 1-855-JOB-2020 (1-855-562-2020) for more information.

U.S. Census workers will NEVER ask for the following information:

- Social Security numbers
- Bank or credit card account numbers
- Money or donations
- Anything on behalf of a political party

Cape Elizabeth residents with concerns or questions about the U.S. Census may contact any of the following:

- Clinton Swett, Cape Elizabeth Tax Assessor  
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[clinton.swett@capeelizabeth.org](mailto:clinton.swett@capeelizabeth.org)
- Mitchell Stein, Partnership Specialist  
Field Division/New York Regional Census Ctr.  
(207) 317-3831  
[mitchell.h.stein@2020census.gov](mailto:mitchell.h.stein@2020census.gov)
- Elizabeth (Betsy) Enright, Partnership Specialist  
Field Division/New York Regional Census Ctr.  
(802) 233-1548  
[elizabeth.enright@2020census.gov](mailto:elizabeth.enright@2020census.gov)

## Cape Elizabeth Education Foundation awards \$30,000 on Fall Grant Night

With the new school year underway, the Cape Elizabeth Education Foundation (CEEF) hosted its bi-annual Grant Night on Nov. 4. Teachers, staff members, and students representing all three schools presented a total of 10 exciting and innovative grants to the Board. "This fall grant cycle was yet another inspiring one for all of us at CEEF" noted Grant Committee Chair Carmensol Kesselhaut. "The approved grants include innovative learning opportunities, participation in a U.S. Government event, and exposure, awareness and education on current issues and mental health. Every grant cycle reminds us we live in a town with engaged and passionate faculty, staff and students."

- Naturalization Ceremony: Ted Jordan received a grant to fund a naturalization ceremony hosted by CEHS Government students for 50 new citizens as they take the oath of U.S. citizenship. The ceremony will be held at the CEHS auditorium. Students will plan a breakfast, interview participants, and make connections between the event and curriculum topics around immigration and policy-making.

- Mindfulness Practice for Emotional Regulation in the Classroom: Louise Lynch and Maria Rinaldi received a grant to fund mindfulness training for teachers at CEMS. As part of the CEEF/Thompson Mental Health Initiative, participating teachers will receive practical training from an expert at Wise Minds, Big Hearts to integrate mindfulness practices in their classrooms. Teachers and students will learn skills to manage stress, increase empathy and self-awareness, and monitor their own levels of worry and anxiety.

- Peaceful Pond Cove – 4th grade Helpers: Presented by Tara Bucci, this grant will provide opportunities for 4th grade students to be responsible leaders for their peers and mentors for younger classmates. Through trainings led by teachers, staff members, and community helpers students will develop leadership skills with a focus on responsible student behavior. Helpers will be trained around issues of safety, being a buddy for those in need, technology assistance, playground safety, and building a healthy school community.

- Artist in Residence: Mike Scarpone and Caitlin Ramsey received a grant to bring musician Trent Austin to CEHS and

CEMS. Trent is a celebrated artist, musician, and entrepreneur who is dedicated to music and jazz education. CEHS and CEMS jazz bands and trumpet sections will work with Scarpone in three days of clinics to improve style, technique, and musicianship. Students will apply these skills and perform alongside Scarpone in their annual Jazz Cabaret.

- BLACK KID JOY Performance Ensemble: Christine Marshall received a grant to bring the BLACK KID JOY (BKJ) Performance Ensemble to CEHS. Through songs, dance, and acting, BKJ is a performance that expresses the joy, power, and ongoing challenges of the African American community. The ensemble of 40 artists will travel from Philadelphia to perform and conduct student workshops that allow students and audience members to look at cultural and social differences in a unique forum.

- Raising Trout in 6th Grade: A grant was awarded to Hannah Rohner, Josh Chase and Allison Caruso at CEMS for students to participate in the Portland Water District's TroutKids program. This grant will fund the supplies needed to raise brook trout in the classroom and test water quality for their release. This experiential learning opportunity will benefit current and future 6th-grade students through authentic learning experiences around anatomy and physiology, ecology, human impacts, water quality, watershed protection, and Maine's economy.

- A Celebration of Maine Authors and Illustrators: Aligning with Maine's Bicentennial in March 2020, a grant was awarded to Ingrid Whitaker, Cameron Rosenblum, and Tom Charltray at PCES for a community project to promote literacy for Pond Cove students. Cape Elizabeth com-

munity members will be recorded while reading picture books by Maine authors and illustrators. The goal is to create a library of 200 narrated books by members of the community that will be a resource for teachers and students at Pond Cove now and in the future.

- World Map for Pond Cove: Kate Zellers received a grant for the purchase and installation of a large world map at PCES. The map will be matte mounted so students can touch it and explore it as they walk down the hall. The map will be used for interactive lessons in geography and map reading, can help foster connections between students, and promote an understanding of our place in the community, country, and the world.

- Sexual Assault Awareness Event SAAFE: CEHS students Ella Briman, Hannah Johnson, and Genevieve Rodda received a grant to help fund a full-day event promoting sexual assault awareness at CEHS. Through a variety of discussions and speakers, this event will advance the community's knowledge around sexual assault. Discussions will focus on education, prevention, strategies, and coping, and will contribute to creating a safe environment at CEHS.

CEEF is dedicated to funding initiatives that fall outside of the school budget, partnering with the school district to help achieve its vision, and building community-wide support for the benefit of our schools. These inspiring grants would not be possible without the charitable contributions that CEEF receives each year. Donating to CEEF has a direct and positive impact on our schools and enhances the learning experience for all students. Visit [www.CEEF.us](http://www.CEEF.us) to learn more and get involved.



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# Our Library: Making a Difference

By Gregg Frame

*This column by Thomas Memorial Library Foundation shares true stories from library users on how our library is making a difference to them and to the community.*

## “Goodbye book about trucks”: A book’s journey with Norah and Wallace

Maggie Birlem pauses when asked where she grew up. “We spent time in Southwest Harbor... Veazie... North Shore of Boston... All over, I guess” is the reply after some length of silence. “But wherever we lived, my mother took me to the public library every week.”

Maggie Birlem and Noelle DeLuca have lived in Cape Elizabeth since 2011. Busy careers in pharmaceutical sales and design work/property management, as well as the rehabbing of several homes, left little time for leisure pursuits like reading. When their daughter Norah was born in 2013, Maggie’s mother, who was a Professor of Education with a focus on reading education, suggested Maggie take Norah to the local library.

Maggie’s maiden voyage to Thomas Memorial Library – the old TML – was a bust. She found the children’s space cramped with nowhere to go, and so after one visit she began taking Norah to the South Portland library on a weekly basis. When TML was reopened after the renovation, Maggie decided to give it a try, and what she found was a home.

The word “welcoming” flows freely from Maggie’s lips when describing TML. With Norah, and then three years later with the arrival of Norah’s little brother, Wallace, the family explores the library at least once

a week. The routines are as familiar to the kids as Maggie’s childhood routine was to her. The journey of a Wallace/Norah book includes a series of routines that are both whimsical and purposeful. They begin with the visit to any one of the children’s librarians, who are quick to answer Norah’s question “do you have a book about \_\_\_\_\_?” Norah finds it magical that she can think up a topic she wants to read about, and someone brings her to a book or books on that subject.

Wallace will play with toys, enjoying the large teddy bear and making sure to look for “Grumpy Fish,” as they have named one denizen of the attractive fish tank.

Maggie, like her late mother before her, allows Norah and Wallace to take out as many books as they wish, perhaps forgetting the effort it will take later to find all the books to return. And off they will go, heading home to enjoy the literary life where you are only constrained by your imagination. When the next visit comes, Maggie and Norah and Wallace will search frantically for all the books they’ve taken out, and head back to TML. The final step in the life cycle of a Wallace/Norah book is a ceremonial service at the drop box, where the kids will say their final farewells to their new friends: “Goodbye, book about trucks. I loved you. You can come back again.” Ever the discerning readers, there’s also the occasional “see you never again, worst book on the planet.” And so the circle of (book) life will begin anew as they head downstairs to visit the library and the librarians once again.

Beyond the comfort of routine, and the excitement of exploration, TML provides a place of camaraderie and community for Maggie. She describes making many new friends there, as she allows the kids to explore while she visits with other adults. In

a moment of reflection, perhaps on her own youth(!), Maggie remarks with amusement that while most places are not welcoming of middle schoolers and their presence is often met with eye rolls and sighs, she sees TML as a place that uncharacteristically embraces that age, as well as the young and old, giving her hope that Norah and Wallace’s routines will extend into their adolescent years and, if history is any indication, with their own kids.

For Maggie and Noelle, TML is critical to the livelihood of our vibrant town. Indeed, Maggie describes TML as “the center of the wheel. A library doesn’t need to have every book. It just needs to make you feel like its happy to have you there, and our library

does.” Like Maggie’s mother before her, Maggie is raising readers, and TML is happy to have folks like Maggie and Noelle and Norah and Wallace visiting and exploring and making new friends. And now that Maggie is “through the fog” of the early child-rearing years, as she describes it, she is looking forward to exploring upstairs and embarking on her own literary journey. Maggie has my list of the best books I’ve ever read, and so I fully expect her to be caught saying “goodbye book about the kindness of strangers” or “see ya, book about a man called Ove” in the coming months. Like mother, like daughter.



Contributed photo

Amongst a number of things in his weekly routine to explore Thomas Memorial Library, Wallace enjoys searching for books on specific subjects and visiting “Gumpy Fish” in the fish tank. The final step is a ceremonial service at the drop box, where he says a final farewell to “new friends.”


He taught you the importance of treating others with respect, and that there’s always a silver lining waiting to be found. He tucked you in at night, drove hours to help you move into your first apartment, and encouraged you when you needed it most.

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# Cape Elizabeth students give back



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Cape Elizabeth High School's Boys Hockey Team gave back to the community during this holiday season by helping to "Unstuff the Bus" at Preble Street with Angus King. Over 124,000 pounds of food was delivered to Preble Street.



Photo by Chris Drake

Cape Elizabeth Middle School Student Council members and advisor Allison Caruso participated again this year to help the Stuff the Bus campaign. Stuff the Bus is a food drive to support Preble Street in Portland. This year they collected a total of 1,766 food items. Pictured are the homerooms at each grade level that collected the most items: Mr. Price for 8th grade, Mrs. Kaufman for 7th grade, Mr. Chase for 6th grade and Mr. Whaley for 5th grade.



Photo by Kevin St. Jarre

Cape Elizabeth High School student Piper Strunk stands beside food collected by the Student Advisory Council to help Judy's Food Pantry. The SAC asked each student advisory group to collect nonperishable goods in spirit of the giving season.

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# Kimberly Monaghan announces candidacy for election to 2020 Legislature

Former Democratic State Representative Kimberly Monaghan has announced her candidacy for election to the 2020 Legislature.

Monaghan, an operations director for an online news service and part-time professor at the University of Southern Maine, will be running for her former seat in House District 30, which covers most of Cape Elizabeth.

A long-time resident of Cape Elizabeth, Monaghan attended Cape Elizabeth schools and graduated from the University of Maine with a degree in broadcast journalism. She also holds a Masters Degree in Public Policy and Management from the University of Southern Maine's Muskie School of Public Service.

Monaghan was a four-term State Representative from 2011 to 2018, serving on four Legislative Committees: Judiciary, Veterans & Legal Affairs, Workforce & Economic Future and Marijuana Implementation.

She is currently Chair of the Cape Elizabeth Democrats and is a member of the Maine Democratic Party's Platform Committee. She previously served on the Cape Elizabeth School Board.

"I've spent many years in public service; it's been a major purpose in my life and it has been an honor serving the Cape Elizabeth community," said Monaghan.



Contributed photo

Former Democratic State Representative Kimberly Monaghan has announced her candidacy for election to the 2020 Legislature.

"Helping people by extending opportunities, promoting social change, protecting our children, our individual rights and our environment are so important. I hope to continue my service in Augusta; I promise to listen and work effectively with all members of the Maine Legislature."

Happy Holidays to all in our wonderful community!  
It has been my pleasure working with many of you this year!  
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# Local residents dance in Maine State Ballet's 'The Nutcracker'



Photo Courtesy of Maine State Ballet

Pictured above, Cape Elizabeth residents who danced in Maine State Ballet's "The Nutcracker" this year, which ran from Nov. 29 to Dec. 8. Under the direction of Artistic Director Linda MacArthur Miele, Maine State Ballet's "The Nutcracker" featured choreography, sets and costumes by Associate Director Gail Csoboth and live music by the Maine State Ballet Orchestra and Chorus conducted by Karla M. Kelley Brenner. Front row (left to right): Abby Proctor, Avery Kleeman, Rosie Blouin, Hailey Fallon. Back row: Lucy Shaw, Claire Gaudrault, Isabelle Bam.

## Ballet

Continued from page 1

or professionally. She loves the arts, from dance and music to painting/drawing and writing and sees herself working in these fields in the future. Her sister Katie enjoys ballet and is developing her technique to hopefully be involved in musical theatre one day.

Portland Ballet has 13 professional company dancers and for "A Victorian Nutcracker," children as young as seven years old audition to be a part of the production. They then spend every weekend from mid-September through the shows rehearsing. "A special moment for me is when I catch the eyes of the youngest cast members sparkling, as they watch their older peers and professionals dance. That, in a sense, represents what the Nutcracker story is all about: Childhood dreams and hints of magic, and our memories of such during the holiday season," said Milena Hartog, Assistant to the Director (and company dancer), Portland Ballet.

Performances of "A Victorian Nutcracker" will be held Dec. 17 at 7:30 p.m. at Merrill Auditorium with the Portland Ballet Orchestra. At Westbrook Performing Arts Center on Dec. 21 at 2:00 p.m. & 7:30 p.m., and Dec.

22 at 2:00 p.m. A Meet & Greet with the Characters will follow the matinee shows at WPAC. All tickets are available through Port-Tix: <https://boxoffice.porttix.com/overview/vicnut/> or 207.842.0800. Discounted tickets available for children, students, and seniors. For more information, visit: [www.portland-ballet.org](http://www.portland-ballet.org).



Photo by Sara Parker

Emma Halter (left) with her sister, Katie Halter. Emma will be performing the role of "Olivia" and Katie will be performing as a Polichinelle and soldier this year.

## New pastor at First Baptist Church



Contributed photo

Pastor Zachary Stephenson with his family.

On Oct. 27, First Baptist Church in South Portland installed Pastor Zachary Stephenson to be their full time pastor.

Pastor Zachary has a B.A. in Christian ministry from Leavell College, did some of his graduate work at Beeson Divinity School, and will soon (December 2019) have his Master's of Divinity from New Orleans Baptist Theological Seminary. He and his wife Elizabeth and their two sons are from Birmingham, Alabama and currently reside in South Portland.

They invite you to join them for Sunday service at 9:30 a.m. at 879 Sawyer Street. For more information call the church office at 799-4565 or visit their website: [spfbc.com](http://spfbc.com).

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# Game on



Contributed photo  
Pictured is the Cape Elizabeth High School-South Portland-Waynflete Girls Hockey team at their game opener in Falmouth Ice Center on Nov. 23. They played Greely and won 8-1.

## Cape Elizabeth student musicians selected for Honors Festivals

Cape Elizabeth will be well represented at the 2020 Maine Music Educators Association District 1 honors festivals with multiple musicians from the high school and middle schools being selected by audition to participate in the festivals. Additionally, nine Cape Elizabeth students received the top scores in the district for their sections.

The following high school students earned spots in the Honors Jazz Festival: Alex Hansen (piano), Alex Ecker (trumpet), Jack Sands (trombone), Zach Merrill (trombone), and Kathryn Clay (tenor sax). These students will perform April 2 and 3 at Old Orchard Beach High School.

Additionally, 10 musicians were selected for the High School Honors Festival: Including instrumentalists Heath Kennedy (tuba), who earned the top score in the district, Alex Ecker (trumpet), Sydney McFarland (flute), Marco Hansel (horn), and Luke O’Kelly (horn). Vocalists Lydia Branson, Emma Frothingham, Olivia Ouellette, and Abigail Scifres were chosen for the Mixed Choir. Sage Maxwell, Emma Ouellette, Laura Ryer, and Ella Stanley were selected for the Treble

Choir. The High School Honors Festival will take place on January 17 and 18 at York High School.

An impressive 30 7/8th grade chorus and band students were accepted into the Southern Maine Middle School Honors Festival. Flute: Sophia Toon (top score), Ava Corbin, Sage Evans; Clarinet: Luc Francis (top score), Nikolas Moliski, Luciana Esch Levanos; Alto saxophone: Weston Lowe; Trumpet: Hadley Johnson, Grant Leopold; Horn: Zoe Dinnerstein, Atticus Richard; Trombone: Sebastian Hesser (top score); Euphonium: Tess Straw; Tuba: Simon Skyka-Brown (top score); and Percussion: Graham Plourde (top score), Declan Scifres, Lucy Shaw, and Zoe Burgard. Chorus students include sopranos Bella Carver, Mimi McCarley, Molly McKibben, Piper Rickman, and Olive Weyrens; baritone Charlie Reiniger (top score); and altos Eliza Green and Alden Hughes (top scores), Astrid Akerman, Brooke Giroux, Saga Hart, and Abbie Woolls. The Middle School Festival takes place on February 28 and 29 at Memorial Middle School in South Portland.



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## Quick action minimizes damage from fire



Photo by Jeff Mandell

A fire broke out at 2 Algonquin Road in Cape Elizabeth on Nov. 26. Fire departments from Cape Elizabeth, Scarborough, South Portland, and Portland responded. The quick action helped to minimize the damage. According to Cape Elizabeth Fire Chief Peter Gleeson, the cause of the fire is under investigation. There were no injuries.

## Schools

Continued from page 4

video on demand and are also live streamed on CETV. Audiences are invited to watch the games live in the Achievement Center at Cape Elizabeth High School. The students are impressive as they are watching, and reacting to, the fast-moving characters on their screens in their various areas, coaching each other on, and planning next steps to defeat their opponents. Many thanks to Jason Lund for organizing this team and offering CEHS students yet another opportunity to explore their interests and use their talents.

Cape Elizabeth Schools offer many varied opportunities for our students to experience success, and with the focus on one of our five new district goals - our schools will value,

promote, and celebrate multiple pathways and definitions of success - we will work to increase our awareness and recognition of those successes. From theater experiences, to speech and debate opportunities, from robotics and beekeeping to band, chorus, and Model United Nations, to name just a few, our students are offered opportunities to explore their various interests and build new skills. As we continue to provide, celebrate, recognize, and expand the multiple pathways available to our students, we work toward the realization of our new district goals and increased opportunities for the recognition and successes of our students.

## Many hands do good work

By Beth Owens  
Coordinator for Judy's Pantry



Contributed photo

Above, volunteers at Judy's Pantry 2019 Thanksgiving basket distribution.

Judy's Pantry continues to help Cape residents with limited resources to feed themselves with healthy food. With the growing season coming to a close, we are still able to offer limited vegetables and fruits from our Cape farmers and from purchased foods.

We are fortunate to have had Cape farmers, individual gardeners, and produce from community gardeners. Our to-

tals for the year, thus far, exceeded 3,000 pounds!

Along with produce, we offer canned goods and frozen meats through The Wayside Food Program. Several food drives from the schools and the Lions Club's drop off box at the IGA help to keep our shelves stocked. Scratch Bakery has been a big supporter.

In addition to "basics," one of our wonderful volunteers has been baking treats for our clients and we have donated books from library donations.

In November, under the leadership of Amy Lombardo and Jen Tinsman, we were again able to provide 48 bountiful baskets packed with holiday food.

These baskets are provided by Cape families who have been incredibly generous with their offerings: candles, festive paper goods, sparkling ciders, and gift cards are often part of that basket offering.

Delicious dessert breads baked by the Cape Elizabeth United Methodist Church community are included. Jordan's Farm generously provides us with discounted produce to make a holiday meal. Our volunteer group is dedicated to our mission to help Cape families in need.

Judy's Pantry is open year round. Our winter hours are Dec. 17 and 31. Thereafter, beginning in January, we will be open on the second and fourth Tuesdays of each month from 3-5 p.m.

Thanks to one and all who support the pantry with food and financial donations. We are grateful to the generous residents of Cape Elizabeth.

For more information, please contact Beth Owens : [bethowens1@gmail.com](mailto:bethowens1@gmail.com)  
Checks to Judy's pantry can be mailed to:

Judy's Pantry  
C/O: Cape Elizabeth United Methodist Church  
280 Ocean House Road  
Cape Elizabeth, ME 04107



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## December naturalist's corner

By Erika Carlson Rhile  
CELT Education Committee Chair

- Dec. 12, 12:12 a.m. - Full Cold Moon
- Dec. 13/14 - Peak of the Geminids Meteor Shower - although the full moon will block out all but the brightest meteors, the Geminids can produce up to 120 multi-colored shooting stars in an hour. Worth trying to see after midnight.

- Dec. 21, 11:19 p.m. - December Solstice - the Northern Hemisphere welcomes winter!

In the snow, the bright red berries of native “swamp holly” stand out. Winterberry is nature’s way of decorating for the holiday, and is an ecological gift: its persistent fruit clings through freeze/thaw cycles to be enjoyed by almost 50 species of birds, as well as many mammals. In late winter my Farmer’s Market winterberry wreath becomes a ring of robins as the birds enjoy the low-fat fruits. Ilex verticillata is an excellent choice for landscaping with native plants, but be sure to buy both male and female plants - after pollination, only female winterberry shrubs have fruit.

This December, be inspired to decorate with and for nature. String a popcorn and cranberry garland for the birds, create a twig star tree-topper or feed the (rein) deer with a carrot-ice wreath.

## Scam alert bulletin board

By Jessica D. Simpson

### Pet Scams

The holidays are a popular time to add a new furry member to the family, but choosing a pet – especially online – can be tricky and sometimes dangerous. A national survey found that more than 80% of sponsored search sites offering pets for sale were fraudulent in 2017. The websites look legit and the “sellers” will ask you typical adoption questions, but the adorable photos you are falling in love with are stolen from legitimate sites. Once you start paying these scammers, the charges start to pile up for things like last minute medical needs or travel expenses, and the pet you’ve fallen in love with never shows up.

Thoroughly vet any online offering from breeders, shelters or rescue organizations. Better yet, consider adopting locally.

### Cyber Monday Scams

Everyone is on the lookout for the best Cyber Monday deal, which means scammers are on the lookout for you. Reported scams from fake shopping websites increased by 30% in 2017, according to Experian.

Be suspicious of any discounts larger than 55% off. Irregular contact information, such as a Yahoo or Gmail address instead of a corporate account is another red flag. Web addresses that are overly complex, don’t include the corporate name or don’t start with https: are also indicators that your data and your money may not be safe.

Be a fraud fighter! If you can spot a scam, you can stop a scam. Call the AARP Fraud Watch Network Helpline at 1-877-908-3360 to report a scam or get help if you’ve fallen victim.

## Cape Elizabeth birding report

By E. Brooks Bornhoff

Every fall for the last 20 or so years two Ontario field ornithologists put together a “Winter Finch Forecast” predicting which boreal birds will likely “irrupt,” dispersing south in mass searching for reliable sources of food. Because this season’s spruce cone, birch, alders and other native conifers seeds were excellent, the East is not predicted to have an irregularly strong year for spotting Northern seed eating birds. That said, the wintery weather during first few days of December set the stage nicely for the arrival of one type of winter finch from the coniferous forests far north. During the first two days of December we had at least two visits from small flocks (2-3) of Pine Siskins. These very active little birds are similar in size and shape to that of a Goldfinch, but their bills are longer and slimmer. A Siskin’s body and head are also distinctly streaked. On one occasion I watched a Siskin hang upside down and pester a Goldfinch until it had had enough, at which point the Siskin assumed its choice perch on the niger tube. One of my favorite things about

these birds is their unique humming, buzzing, “zzz-ing” calls that fill the air as a flock springs out from a sheltered nook, swirling back and forth and round-about.

In the last days of November there were a few reports of Snow Buntings in Cape Elizabeth. Another winter visitor from northern latitudes, aka the Arctic Tundra, these chunky ground-dwelling birds feed mostly in fields and farmyards. Bluebird in size, their snow-white underparts contrast with black wing tips and rufous overtones. Speaking of Bluebirds, small flocks of these birds can still be found at this time of year roaming our countryside. And as of early December, we have a record high of five Bluebirds still keeping careful watch over our mealworm lodge. Last winter we had three Bluebirds stay through the winter. These three birds roosted in a woodpecker cavity on the backside of our house! This small stocky thrush is a delight to observe, playful and chatty. The male retains its deep, vivid blue coloring all year long and against a snowy backdrop this bird is a dazzler.

In other bird related news, a PLOS ONE

study published in November sheds new light on a mystery that has remained largely unresolved. In ancient Egyptian catacombs, scientists had found millions of African sacred Ibises mummified as an offering to Thoth, god of magic, writing and wisdom. Up until now the general consensus of scientists was that given the sheer number of mummified birds (rooms filled floor to ceiling), that the Egyptians had to have had large scale Ibis farms - breeding and raising domesticated birds for sacrifice. This hypothesis was galvanized by ancient texts that seem to refer to these farms. Typically, domesticated birds (chickens for example) part of large scale operations do not have a lot of DNA variation. What recent DNA analysis on these mummified birds discovered was that there was a great deal of variation – in fact about the same amount of variation as we see in today’s populations across Africa (except of course Egypt where they are extinct). This information has led scientists to believe that there must have been millions of wild Ibises caught in Egypt rather than bred and domesticated.

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*Happy Holidays*

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# Library offers presentation on genealogy, memoir writing workshop and meet a Great Horned Owl

The library will be closed for Christmas on Wednesday, Dec. 25.

## ADULT PROGRAMS

### Morning Book Group

Wednesday, Dec. 11, 9:30-11:00 a.m.

Our morning book group meets on the second Wednesday of each month. This month, we'll be discussing "The Stow-away: A Young Man's Extraordinary Adventure to Antarctica," by Laurie Gwen Shapiro. All are welcome.

### Maine Wildlife Series: Bats! Friends of the Night Sky

Thursday, Dec. 12, 6:30-7:30 p.m.

Who is the only flying mammal that uses sonar technology similar to a submarine, eats 1,000 mosquitoes in one hour, and whose cousins help to plant and pollinate the tropical rainforest? Maine's big brown bat! There are over 1,500 species of bats in the world, each helping to balance the ecosystem where they live. Learn about these gentle creatures and discover their natural history, importance to the ecosystem and planet, current challenges, and tangible actions that we can take to protect these allies in the night. This program is appropriate for all ages; families are welcome.

### Songwriting Workshop

Tuesday, Dec. 17, 6:15-8:15 p.m.

Our songwriting workshop meets on the fourth Tuesday of each month. Whether you are a new writer, experienced writer, or want-to-be-a-writer writer, we hope you'll join us each month to bring in your work and get expert advice from award-winning songwriter, Jud Caswell. Participants in this workshop rave about Jud and about how much his advice is helping shape and

improve their writing.

The goal of the workshop is to provide a safe place for songwriters to share and learn. Songwriters of all levels and abilities are welcome.

### Writers' Accountability Group

Wednesday, Dec. 18, 10:00 a.m.-12:00 p.m.

TML's Writer's Accountability Group (WAG!) meets on the third Wednesday of each month from 10:00 a.m.-noon. All levels of expertise and genres are welcome as we:

- Share ideas about writing, editing and publishing.
- Share snippets of our work in a creative, supportive group setting.
- Connect with other writers who are as passionate about the craft as we are.
- Give ourselves a deadline each month to show up with our latest work.
- Have fun!

We hope you'll join us to help get your WAG going!

### Evening Book Group

Thursday, Dec. 19, 7:00-8:30 p.m.

TML's Evening Book Group meets on the third Thursday of each month. At our next gathering, we'll be discussing "Enjoying Maine" by Bill Caldwell. New members are always welcome.

### Genealogy 101

Thursday, Dec. 19, 6:30-8:00 p.m.

We are excited to have BJ Jamieson from the Maine State Library join us this month to share her best tips and tricks for working on your genealogy. Jamieson brings us a world of knowledge, expertise, and pure passion for the fun adventure of

finding out more about your own history. Whether you're a seasoned researcher or are just getting started, Jamieson can help take you back in time to discover roots you may not know you have.

### Cape Elizabeth Garden Club

Tuesday, Jan. 7, 6:30-8:00 p.m.

The Cape Garden Club gathers again on Tuesday, Jan. 7. Topic TBD; please check our website. You do not need to be a member to attend. All are welcome.

### Morning Book Group

Wednesday, Jan. 8, 9:30-11:00 a.m.

Our morning book group meets on the second Wednesday of each month. This month, we'll be discussing "Before We Were Yours," by Lisa Wingate. We hope you'll join us to read and discuss. New members are always welcome.

### Maine Wildlife Series: Meet a Great Horned Owl

Thursday, Jan. 9, 6:30-7:30 p.m.

Join us this month to meet a live, Great Horned Owl raptor ambassador from the Maine Wildlife Center. Come and learn more about our amazing wild neighbors and how we can help protect them and their habitat. This talk is appropriate for all ages. Families are welcome.

### Memoir Writing Workshop

Saturday, Jan. 11, 1:00-3:00 p.m.

Author and teacher Catharine Murray joins us for a special Saturday memoir writing workshop. No prior experience or registration is necessary to attend and enjoy. Just bring something to write on and to write with.

### Democracy Café

Tuesday, Jan. 14, 6:30-8:00 p.m.

The Democracy Cafe meets on the second Tuesday of each month to talk about all-things-Democracy. We hope you'll join us this month for another great discussion

with this thoughtful group. All are welcome.

### Writers' Accountability Group

Wednesday, Jan. 15, 10:00 a.m.-12:00 p.m.

TML's Writer's Accountability Group (WAG!) meets on the third Wednesday of each month from 10:00 a.m.-noon. All levels of expertise and genres are welcome as we:

- Share ideas about writing, editing and publishing.
- Share snippets of our work in a creative, supportive group setting.
- Connect with other writers who are as passionate about the craft as we are.
- Give ourselves a deadline each month to show up with our latest work.
- Have fun!

We hope you'll join us to help get your WAG going!

## ONGOING ADULT PROGRAMS

- Knitting Group – Every Monday at 1:00 p.m.
- Chair Yoga – Second Monday at 11:30 a.m.
- Democracy Cafe – Second Tuesday from 6:30-8:00 p.m.
- Songwriting Workshop – Fourth Tuesday from 6:15-8:15 p.m.
- Eldering – First Wednesday, 1-2:30 p.m.
- Morning Book Group – Second Wednesday from 9:30-11:00 a.m.
- Writers' Accountability Group – Third Wednesday from 10:00 a.m.-noon
- Senior Tech – Fourth Wednesday from 10:30 a.m.-12:00 p.m.
- YA Anonymous Book Group – First-Thursday from 6:30-7:30 p.m.
- Maine Wildlife Lecture Series – Second Thursday from 6:30-7:30 p.m.

-see LIBRARY page 16

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# Signs vandalized, FedEx packages stolen, second floor window of a home shot out with a pellet gun

Reported by Marta Girouard

## COMPLAINTS

- 11-3 An officer met with a resident of the Old Ocean House Road area regarding a trespass complaint. Subjects were located and issued warnings.
- 11-5 An officer responded to a residence in the Scott Dyer Road area for a possible domestic disturbance.
- 11-6 At 0021 hrs an officer observed a blue gas can outside Fort Williams. Can is scuffed up and appears to have fallen off a vehicle and was returned to the station.
- 11-6 An officer received some paper money that had been found in the area of the town center. The money has been secured in the evidence room.
- 11-6 An officer met with a resident regarding a suspicious person complaint.
- 11-7 An officer met with a resident of South Portland regarding a hit and run accident that happened in Cape Elizabeth.
- 11-9 An officer met with a resident of the Broad Cove area regarding a trespass complaint
- 11-10 Two officers responded to a residence in the Shore Acres area for a well-being check.
- 11-11 Two officers responded to a residence in the Mitchell Road area for a domestic disturbance.
- 11-11 Two officers responded to a residence in the Mitchell Road area for a well-being check.
- 11-11 Two officers responded to Kettle Cove area for a report of a domestic disturbance.
- 11-12 An officer responded to a residence in the Shore Road area for a well-being check.
- 11-14 A resident of the Two Lights Road area brought in a pair of sunglasses found on Crescent Beach.
- 11-14 An officer found an abandoned bike on Charles Road and was returned to the station for safe-keeping. The bike is described as a dark blue 10 speed.
- 11-14 An officer met with a resident of the Shore Road area regarding a harassment complaint.
- 11-14 An officer made contact with a resident in the Spurwink Avenue area regarding a well-being check request.
- 11-14 An officer met with a resident of the Spurwink Avenue area regarding a harassment complaint.
- 11-16 An officer met with a subject in the Brentwood area regarding disposal of some old military ammunition. The ammunition was returned to the Police Department for disposal.
- 11-18 An officer met with a resident of the Old Ocean House Road area regarding vandalism to some signs.
- 11-20 An officer met with a resident of the Mitchell Road area regarding vandalism to a realty sign.
- 11-22 An officer met with a resident of the Ocean House Road area who turned over a Samsung phone found in the Winnick Woods.
- 11-22 An officer met with a subject regarding a harassment complaint.
- 11-22 An officer met with a resident of the Sherwood Forest area regarding a theft of Fedex packages.
- 11-25 Two officers responded to a residence in the Shore Acres area for an unwanted subject in the residence.
- 11-25 An officer met with a school bus driver regarding a vehicle that had passed his bus while he was stopped picking up students.
- 11-25 An officer met with a resident of the

- Ocean House Road area regarding a criminal mischief complaint.
- 11-25 An officer met with a resident of the Wells Road area regarding a harassment complaint.
- 11-28 An officer met with a resident of the Ocean House Road area regarding a criminal mischief complaint. A second floor window had been shot out with a pellet gun.
- 11-28 An officer met with a subject in the Scott Dyer Road area regarding an assault complaint.
- 11-29 An officer met with a resident of the Shore Road area who turned over a found wallet that belongs to a Portland resident.

## SUMMONSES

- 11-19 Cape Elizabeth resident, speeding, Sawyer Road
- 11-22 Augusta resident, speeding, Route 77
- 11-22 Baxter resident, inspection sticker, Route 77
- 11-22 Falmouth resident, speeding, Route 77
- 11-22 Cape Elizabeth resident, falsifying physical evidence, Vernon Road
- 11-27 South Portland resident, passing emergency vehicle using lights, Ocean House Road, \$325
- 11-29 Cape Elizabeth resident, violation of conditions of release, Woodland Road

## ACCIDENTS

- 11-06 James Wood, Daniel Pouli, Ocean House Road
- 11-07 Mary Hayes, Unknown, Ocean House Road
- 11-14 Maria Ditzel, Ocean House Road
- 11-20 Laura Sullivan, Bowery Beach Road
- 11-21 Callum Maccrimmon, Michael Vaillancourt, Shore Road
- 11-24 Gannon Stewart, Daniel Sullivan, Ocean House Road
- 11-28 Nancy Wentworth, Mitchell Road

## ARRESTS

- 11-6 Cape Elizabeth resident, operating under the influence, violation of conditions of release, Cape Elizabeth
- 11-8 Cape Elizabeth resident, unlawful possession of methamphetamine, violation of conditions of release, Cape Elizabeth
- 11-12 Cape Elizabeth resident, operating under the influence, Cape Elizabeth
- 11-25 Biddeford resident, warrant, Cape Elizabeth

- 12-1 Bangor resident, warrant, violation of conditions of release, Cape Elizabeth

## FIRE CALLS

- 11-05 Shore Road Fire Alarm
- 11-05 South Portland Mutual Aid
- 11-06 Ocean House Road Motor Vehicle Accident
- 11-06 Ocean House Fire Alarm
- 11-07 Cooper Drive Fire Alarm
- 11-07 Heritage Court Fire Alarm
- 11-08 South Portland Mutual Aid
- 11-12 Brownstone Lane System Monitor Alarm
- 11-12 Cooper Drive Fire Alarm
- 11-13 South Portland Mutual Aid
- 11-13 South Portland Mutual Aid
- 11-14 South Portland Mutual Aid
- 11-14 Two Lights Road Fire Alarm
- 11-14 South Portland Mutual Aid
- 11-15 Delano Park Investigation
- 11-15 Cape Woods Drive Fuel Leak
- 11-15 Ocean House Road Fire Alarm
- 11-16 Two Lights Road Fire Alarm

- 11-17 Hannaford Cove Road Fire Alarm
- 11-18 South Portland Mutual Aid
- 11-18 South Portland Mutual Aid
- 11-20 Shore Road Fire Alarm
- 11-20 Spurwink Avenue Fire Alarm
- 11-21 Portland Mutual Aid
- 11-21 Salt Spray Lane Structure Fire
- 11-21 Cottage Motor Vehicle Accident
- 11-21 Mitchell Road Investigation
- 11-23 Scott Dyer Road Fire Alarm
- 11-24 Ocean House Road Fire Alarm
- 11-24 South Portland Mutual Aid
- 11-25 South Portland Mutual Aid
- 11-26 Two Lights Road Fire Alarm
- 11-26 Algonquin Road Structure Fire
- 11-28 South Portland Mutual Aid
- 12-01 Mckenney Point Road Fuel Leak

## RESCUE CALLS

There were 22 runs to Maine Medical Center. There was one run to Mercy Hospital. There were eight patients treated by rescue personnel but not transported.

## New Year's Eve at The Good Table

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**Advent and Christmas services schedule at St. Alban’s**

Welcome, friends, to this rich season of anticipation, wonder and joy. Please notice all the times of our gathering together. Your prayers and presence will add so very much.

**December Sundays**  
Our doors are open to you for the season we call Advent as we anticipate the arrival of something new...the great story of Christmas made fresh. See the listings for each Sunday of December. All are welcome.

The Reverend Timothy Boggs, Rector, Saint Alban’s Episcopal Church, 885 Shore Road, Cape Elizabeth. For more information, visit: [www.stalbansmaine.org](http://www.stalbansmaine.org).

**Dec. 8**  
8:00 a.m. - Holy Communion  
9:30 a.m. - Holy Communion  
5:30 p.m. - Celtic Eventide

**Dec. 15**  
8:00 a.m. - Holy Communion  
9:30 a.m. - Christmas Pageant Joy  
5:30 p.m. - Celtic Eventide

**Christmas Pageant**  
Delight in this much-loved telling of the Christmas Story 9:30 a.m. - Dec. 15

**Dec. 22**  
8:00 a.m. - Holy Communion  
9:30 a.m. - Holy Communion  
5:30 p.m. - Celtic Eventide Evening Prayer

**Dec. 24**  
  
4:00 p.m. - Family Christmas Eve  
6:30 p.m. - Celtic Christmas  
10:00 p.m. - Christmas Eve Festive Choral


**Celtic Christmas**  
Music, wonder, candlelight and open hearts, 6:30 p.m. - Dec. 24

**Dec. 25**  
10:00 a.m. - Holy Communion with carols

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**Edward Jones office of Don Duffy serving as drop off location for Toys for Tots**

The Edward Jones office of Don Duffy is a Drop Off location for the Marine Corps Toys for Tots Campaign.

The goal of the program is “Through the gift of a new toy, to help bring the joy of Christmas and send a message of hope to America’s less fortunate children.”


New, unwrapped toys can be dropped of at 343 Ocean House Road, next to the Community Center. Phone: 767-4263.

The Marines will pick up and distribute the toys prior to the week of Christmas.



**Next deadline: Jan 3rd For Issue Date: Jan 15th**

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**Have something to sell?**  
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**Classifieds in The Courier work!**

**Gingerbread house decorating Dec. 21**

The Cape Elizabeth Church of the Nazarene invites all in the community to a fun family event decorating gingerbread houses with your children and/or grandchildren.

This free event will be held on Saturday, Dec. 21 from 10:00 a.m. - 12:00 p.m. at the church, located at 499 Ocean House Road.

The gingerbread houses will be pre-constructed with candy provided.

Please bring your own frosting to attach the candy pieces to the home.

Your children will hear the Christmas story and enjoy decorating and eating their gingerbread houses!

For more information, feel free to contact the church office at [office@capenazarene.org](mailto:office@capenazarene.org) or 207-747-1113.

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## Courier visits Machu Picchu



Contributed photo

Pictured with *The Cape Courier* are Cape Elizabeth residents Tom and Liz Murley at Machu Picchu earlier this year.

## Munson aboard USS Russell



U.S. Navy photo by Mass Communication Specialist 3rd Class Sean Lynch

Ensign Kayne Munson, from Cape Elizabeth, looks through binoculars on the bridge of the Arleigh Burke-class guided-missile destroyer USS Russell (DDG 59) on Nov. 20. Russell is underway conducting routine training in the Eastern Pacific Ocean.

## Deschino plays in semifinals of NCAA Division III Women's Soccer Championship

Mariah Deschino of Cape Elizabeth was among 32 members of the William Smith College soccer team headed to Greensboro, North Carolina for the semifinal round of the NCAA Division III Women's Soccer Championship. The Herons were 20-1-1 overall on the season and were making their 11th trip to the national semifinals. William Smith took on Pomona-Pitzer on Friday, Dec. 6 (after this issue went to print).

Deschino (a graduate of CEHS) played

in all 22 games this season, starting 14. She had nine points on four goals and an assist this season. Deschino scored a goal in William Smith's 2-0 win over St. Lawrence in the semifinals of the Liberty League tournament. She also notched goals in wins over Skidmore, Clarkson and Vassar.

A psychology major, Deschino has played in 59 career games, starting 15. She has five goals and two assists for 12 points.

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## Library

Continued from page 12

- Evening Book Group – Third Thursday from 7:00-8:30 p.m.
- Chess Club – Every Saturday from 9:00-11:00 a.m.

## PROGRAMS FOR CHILDREN

We have 15 regular weekly programs for children at the library. Please check our website for the complete schedule. Below are some special events and monthly programs.

### Early Release Adventure: Calendar Weaving with Eco Maine

Wednesday, Jan. 8, 2:15 - 3:15 p.m.

For ages 6 and up

Don't throw out your 2019 calendar! Bring it with you to this fun after school program and turn it into art (if you don't have one, no worries—we'll have plenty of materials to use). Join Katrina Venhuizen from EcoMaine to learn how to weave old calendars and other magazines into something new.

### Families Discover Great Artists

For ages 3 and up

Saturday, Jan. 3, 3:00 – 3:45 p.m.

Join Miss Kiah for a hands-on exploration of a different artist each month. Please check our website for details. No registration necessary.

### Musical Story Hour with Jud Caswell

For ages 3 and up

Thursday, Jan. 9, 1:00 - 1:45 p.m.

Singer/songwriter Jud Caswell entertains with songs, musical games, and stories with his own original musical accompaniment. No registration necessary.

# The Cape Courier presents:

## Holiday Tree Lighting

## Friday, December 13th

## 6pm ~ 7pm

## at Thomas Memorial Library

Join us for hot chocolate, carols and holiday cheer!  
Special guest appearance by Santa himself!

Thank you to our sponsors: