A groundbreaking event took place on Wednesday, Dec. 4 for Ocean House Common, next to Town Hall at 326 Ocean House Road. Dr. David Jacobson, dentist and owner of Two Lights Dental, is the developer of the project. He has operated his dental practice in town for the last eight years. Two older sons from a previous marriage Gabe (22), Liam (19) graduated from Cape Elizabeth High School and he has an older boy. We’re looking to deepen our roots in Cape. And developing the town green and moving our office to the center of town felt like a way for us to do it,” added Phebe. Jacobson had been exploring options to move his dental practice for the last three to four years and wanted to stay in town. “We love our community, we love our business and we love being part of Cape Elizabeth,” said Jacobson. “Our son is going to go through the Cape school system as did our older boys. We’re looking to deepen our roots in Cape. And developing the town green and moving our office to the center of town felt like a way for us to do it,” added Phebe. The Jacobsons started looking at the property on Ocean House Road in September 2018 and got it under contract that fall. “It was extremely challenging finding the right location for our new building. Either the other vacant properties or buildings had some major obstacles that didn’t make it work for us or the timing was off and I didn’t have the opportunity to invest in another space,” Jacobson said.

On May 21, the Planning Board approved.

---see DEVELOPMENT page 13---

---see AUTHORS page 8---

**CEHS Mock Trial Team wins state championship**

The Cape Elizabeth High School Mock Trial team has won another state championship. This is Cape's ninth state championship in 10 years. The team is coached by local attorneys Dick O'Meara and David Hillman, and Mary Page is the CEHS faculty advisor. O’Meara has been with the team since 2004. "It was extremely challenging finding the right location for our new building. Either the other vacant properties or buildings had some major obstacles that didn’t make it work for us or the timing was off and I didn’t have the opportunity to invest in another space,” Jacobson said.

---see DEVELOPMENT page 13---

---see AUTHORS page 8---

**Holidays happenings**

On December 16, Pond Cove Principal Jason Manjourides and Assistant Principal Sarah Forrey-Pettit rewarded Pond Cove students for their generosity in donating to the Alf 4 Books fund by dressing as two beloved Frozen characters, Anna and Olaf. Check out more 'holiday happenings' on page 6.

---see DEVELOPMENT page 13---

---see AUTHORS page 8---
Let us hear from you! We love feedback! editor@capecourier.com

The Cape Courier
P.O. Box 6242
Cape Elizabeth, Maine 04107
207-838-2180
www.capecourier.com

OUR MISSION STATEMENT
The mission of The Cape Courier is to foster a sense of community by presenting news specific and unique to Cape Elizabeth and its residents, and, whenever possible, to promote volunteerism within our

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Letters should be no more than 200 words. We reserve the right to refuse letters and to edit for length, accuracy, clarity and civility. We do not withhold names and writers may be limited to one letter per month. Petition-style letters will be declined. Letters reflect the opinion of the author, not The Cape Courier. Email letters to: editor@capecourier.com or mail to P.O. Box 6242, Cape Elizabeth, ME 04107. Please note: Letters will be acknowledged by email.

NEXT ISSUE: Feb 5
DEADLINE: Noon, Jan 24

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In recognition of Pond Cove Playground Committee members

In January 2019, the committee launched its Operation Rebuild: Learn, Play, Grow Outside! campaign to fund a new playground and a nature-based playground designed for Pond Cove Elementary School.

When administrators approached par- ents, a discussion earlier that fall, I did not know if we’d receive the volunteer and response required to raise $300,000. Kristina Justh and I formed the 501(c)(3) and heard from the many people of all ages who wanted to volunteer. Impressively, we were pleased by Meredith Beaugard and Jessica Mor- rel on the Board, Lindsay Barrett as Na- tional Coordinator, and 20 other parents/ teachers.

In this ninth month, only previ- ously acquainted by a connection to the school, organized the campaign, ben- efit concert; first annual Pond Cove’s Got Talent Show, proposals to local business, foundation, government funders; parver program; individual letter program, co- ordination of $30,000+ of in-kind mate- rials/services; project management of the design/build/expenses; hands-on demo of the pond playground to reduce costs; and the public opening of the new space in September 2019.

This thank you, separate from donor and partner acknowledgments, is to my fellow committee members for your time, excellence, and (as a result) forever bond: Amy McAsliff, Andrea Klayman, Brad- ley Russell, Brooke Pidbiayceck, Eliza- beth Brownell, Erin Schwarz, Erin Taylor, Heather Kennedy, Jenny Green, Jessica Morel, John Beaugard, Julie Robbins, Kevin Justh, Kristina Justh, Lindsay Bar- rett, Meredith Beaugard, Mitch Wacks- man, Monica Eguren, Neil Martelle, Ni- cole Tammaro, Patrick Rockefeller, Sara Clsson, Sarah Saffer, Shea Cusick, Steve Green, Tara Bucci, and Todd Forsyth.

SUSAN PAYNE
Cape Elizabeth United Methodist Church will host a night of fun activities on Friday, Jan. 24 from 5:30-8:30 p.m.

Activities will include large-scale games such as Twister, Chutes & Ladders, and Jenga, crafts, and a family-friendly film. Hot dogs and popcorn will be served during the film.

This event is open to the public and children’s and parents are invited.

The church is located at 280 Ocean House Road (Route 77).

Lauren Glennon

Thank you to this recent generous contributor:

Millet ‘clear her priorities’

I am writing to support Rebecca Mil- lett, who is running for the Maine House of Representatives. I have known Rebecca as a volunteer in her previous campaign for the Maine Senate, as a constituent when she was a senator and as a fellow townsperson.

As a candidate and a state senator, she has been clear in her priorities, ready to listen to constituents’ concerns, flexible and ready to rethink her positions when new information emerges, and clear in her communications with us. She works hard for the good of her district and of the state, balancing dedication, realism, and humor. With deep experience in state government, she has worked effec- tively to improve support for education and to make our environment cleaner and more sustainable. I hope you will support her in the upcoming primary election.

SUSAN PAYNE

CE UMC C to host game night on Jan. 24

The Cape Elizabeth United Methodist Church will host a night of fun activities on Friday, Jan. 24 from 5:30-8:30 p.m.

Activities will include large-scale games such as Twister, Chutes & Ladders, and Jenga, crafts, and a family-friendly film. Hot dogs and popcorn will be served during the film.

This event is open to the public and children’s and parents are invited.

The church is located at 280 Ocean House Road (Route 77).

Thank you to this recent generous contributor:

Your voluntary subscriptions and other contributions help keep this community newspaper coming to your mailbox.

Thank you to our generous contributor:

VOLUNTEER AND BOARD MEMBER OPENINGS FOR FRIENDS OF WIGHT PARK

Are you interested in helping to keep Fort Williams Park ecologically healthy, accessible and educational? The Friends of Fort Williams Park are looking for committee volunteers, as well as a few new members for the group’s Board of Directors.

The Friends is an independent nonprofit that works to “Preserve and enhance the natural resources and visitor experience of Fort Williams Park.” In recent years, the work has resulted in the creation of native- plant landscapes and the restoration of natural areas throughout Fort Williams, including the Children’s Garden and Cliff Walk Landscape. The Friends hosts chil- dren from the Greater Portland area for educational and recreational purposes and provides adult education classes that focus on the natural resources of the Park.

Specific support needs include market- ing, legal affairs, education, and fund-rais- ing through special events; however, the most important attribute sought for volun- teers and Board members is a commitment to the preservation of the Park. Won’t you join us?

Contact Executive Director Jennifer Scarpitti-Nelson at jscarpitti@fortwilli- ams.org or call 767-3707.

WINTERFEST TO BE HELD FEB. 1

The South Portland/Cape Elizabeth Ro- tary Club, in partnership with the City of South Portland, will present the eighth annual WinterFest celebration on Feb. 1.

This year’s event is being sponsored by Fleet Feet Maine Running, South Portland’s Parks and Recreation Department, and the City of South Portland/Cape Elizabeth Rotary Club, in partnership with the City of South Portland. The event will feature a variety of activities that work to “Preserve and enhance the natural resources and visitor experience of Fort Williams Park.”

The races, now in its 39th year, have 1,000 registered runners, and anticipates close to 850 finishers. Starting and finishing at Cape Elizabeth High School, the race directors are advising some traffic delays due to runners on the road and brief road closures.

The race starts at 9:45 a.m. The intersec- tion at Route 77 will only need to be closed for probably 10 minutes at this time. The intersection of Scott Dyer Road and Spurwink Avenue will be closed until the last runner is through that intersection - approx- imately 15-25 minutes.

Eastman Road and Sawyer Road will be slow as runners will be on half of the road. The intersection at Spurwink Road and Spurwink Avenue will have potential de- lays at Alfred Street and Hotchkiss Avenue will be closed until the last runner is through that intersection. The intersection of Scott Dyer Road and Spurwink Avenue will have potential de- lays at the intersection of Scott Dyer Road and Spurwink Avenue will be closed until the last runner is through that intersection. The intersection at Route 77 will only need to be closed for probably 10 minutes at this time. The intersection of Scott Dyer Road and Spurwink Avenue will be closed until the last runner is through that intersection - approx- imately 15-25 minutes.

Volunteer and board member openings for Friends of Fort Williams Park

For more specific information on the various events and their timing, go to www. southportlandwinterfest.com.
Organized Labor in Maine: War, Reaction, Then and Now: Fishermen go on strike

AFL-CIO Communications Director Andy Via his proprietor John Winter, Trelawney

Richmond Island

It’s not often that you look to a column on history to get a news scoop. But here you go…

University of Maine Bureau of Labor Education Research Associate and Historian Charles Scontras, a Cape Elizabeth resident, has worked diligently for many years to bring and keep the story of Maine’s labor movement before the public eye. His book “Organized Labor in Maine: War, Reaction, Depression, and the Rise of the CIO 1914-1943” (2002) broached a topic that had largely been ignored by historians.

Perhaps few people realize that the first union activity in “the New World” occurred right here in Cape Elizabeth in 1636 at Richmond Island.

Englishman Robert Trelawney owned Richmond Island between 1633 and 1643. Via his proprietor John Winter, Trelawney operated a fishing post here, employing between 40 and 60 fishermen, artisans and servants. The post exported dried fish, cod liver oil, pipe staves and pellets to Europe. Archaeological evidence associated with the fishing post earned Richmond Island recognition on the National Register of Historic Places in 1978.

By any day’s standards, working conditions at the fishing post were oppressive, unsustainable and unacceptable. Pay, when available at all, was meager. The compensation that was available was typically withheld to pay off debts before reaching the hands of the workers. Hours of toil were unimaginably long. Food supply and quality, as well as shelter were inconsistent. Fishing in open boats in all weather was extremely treacherous. Work at Richmond Island became synonymous with physical and mental exhaustion.

In the spring of 1636, the fishermen had had enough. They refused to work and left the island, protesting the withholding of wages and the poor working conditions. This became the first strike in what would become the United States of America. Those seeking worker dignity had spoken.

There, in a nutshell, is the beginning of the labor action at Richmond Island.

Annual notification of asbestos-containing building materials

The Cape Elizabeth School Department has inspected all school buildings for the presence of suspect asbestos-containing building materials in accordance with the Asbestos Hazard Emergency Response Act (AHERA) EPA 40 CFR 763. A written plan for the management of these materials has been maintained by Safe Environmental of South Portland.

The AHERA Management Plan is available for inspection by the general public at the Town Office of Cape Elizabeth. The plans may be inspected during normal office hours by appointment. Copies of the plans can be provided at a cost of 25 cents per page.

The Management Plan is a guidance document outlining operational procedures designed for the proper maintenance and safety of all people who work, study, or are otherwise present in any of the following facilities: Cape Elizabeth High School.

The materials are bi-annually inspected for change in condition during six month periods. Perceive这儿的材料 by Perry Schwarz, Cape Elizabeth Facilities & Transportation Director, (207) 799-9574 or pischwarz@capeelizabeth-schools.org.

Local Buzz readings at TML on Jan. 25

On Saturday, Jan. 25 from 3:00 – 4:00 p.m., the Local Buzz Reading Series resumes at Thomas Memorial Library, located at 6 Scott Dyer Road in Cape Elizabeth. The January event will welcome Brunswick area poet Gary Lawless and Cape Elizabeth author Kate Kennedy. The Local Buzz Reading Series is presented by Portland Poet Laureate Linda Aldrich and Cape Elizabeth poet Marcia Brown.

Kate Kennedy is the author of the novel, “End Over End,” two editions of short biographies entitled “Maine’s Remarkable Women,” and many short pieces of fiction and nonfiction. In the summer of 2020, Littoral Books will bring out her memoir “Skin.” Kennedy has taught writing at Portland High School, USM, and the University of Maine, and was the director of the Southern Maine Writing Project. A Maine resident since 1977, Kennedy resides with her family in Cape Elizabeth.

Gary Lawless is co-owner of Gulf of Maine Bookstore in Brunswick, and editor/publisher of Blackberry Books. He is currently the poetry editor at Portland’s monthly Anamjamo Africa, and has published 19 collection of poetry in the US and five in Italy. In 2017 he spent a month in Venice, Italy with a residency grant from the Emily Harney Foundation to continue the project “How the Stones Came to Venice.” He will return to Venice in 2020 for a six week residency at the Founders House, continuing the project. Gary and his wife Beth Leonard live in Nobleboro, caretaking Chimney Farm, the Maine home of writers Henry Beston, Eliza Beth Coatsworth and Kate Benton Barnes.

The event is free and open to the public. Writers’ books will be available for sale by Kelly’s Books to Go and light refreshments will be available. Returning audience members please note the new earlier start time of 3:00 p.m. for this and all future events.

Seasonal work scams

Scam alert bulletin board

By Jessica D. Simpson

Seasonal Work Scams

Who couldn’t use a little extra money over the holidays? As many as a half million people will take seasonal jobs during the holiday season. And scammers will be out there trying to take advantage of seasonal workers by posing as employers on third-party websites. When you apply for these job listings, you will be promoted to provide personal information such as date of birth, address and Social Security number for “verification purposes.” Scammers can then use this information to steal your identity. One big red flag to look out for is a job which offers a lot of money for very little work. If the position seems too good to be true, it is probably a scam. If you have questions about a job listing you see online, go directly to the business website or give them a call.

Gift Exchange

Gift Exchange

Whether at work or school, this is the season for gift exchanges and scammers want to get in on the action. One pyramid scam often seen around this season involves a viral social media post called “Secret Santa.” If you send one gift to a recipient, you will receive upwards of 30 gifts in return. However, these chain “gift exchanges” are a form of illegal gambling. Not only may you not receive any gifts, but you also may end up in legal trouble. With so many ways to give in real life, skip the virtual gift giving and have a safer holiday season. Be a fraud fighter! You can spot a scam, you can stop a scam.

Second annual chili cook-off is Feb. 9

The 2020 second annual Cape Elizabeth scouting chili cook-off is scheduled for Feb. 9 from 11 a.m. – 3 p.m. at St. Bart’s Church.

Teams of scouts (Boy Scouts, Girl Scouts, Cub Scouts and Brownies) will be addressed to Perry Schwarz, Cape Elizabeth Facilities & Transportation Director, (207) 799-9575 or pischwarz@capeelizabeth-schools.org.

Photo by Jim Rowe

Let us put a smile in your heart for Valentine’s Day

We’ve made a tempting menu to feed your passions and sweets that would even make cupid blush.

Delivered to your table with love and celebrating with us.

Celebrate with us Friday night, February 14th reservations only.

The Good Table Restaurant
Route 77, Cape Elizabeth
799-4663
www.thegoodtablereastaurant.net
Criminal mischief to janitorial equipment, suspicious person complaints, numerous fraud scams reported

Reported by Marta Girouard

COMPLAINTS

11-25 An officer met with a resident of the Mitchell Road area regarding a criminal threatening complaint.

11-27 Two officers responded to a local business for a suspicious person in the building.

12-1 An officer met with a resident in the Shore Road area for a well-being check.

12-2 An officer met with a resident in the Ocean House Road area regarding a criminal mischief complaint.

12-2 An officer met with a resident of the Shore Road area who received a call from a male with a foreign accent who claimed to be from Apple support regarding suspicous activity on her Apple ID. The male walked the victim through several steps so he could see what was on her computer screen and was able to get the victim to give him information regarding four bank cards used by the victim. He then advised the victim he was placing $2,000 in one of the accounts and the victim was to go to Target and buy $2,000 worth of gift cards. The victim stopped at a local bank to confirm the deposit and at that time realized this was a scam and contacted financial institutions involving the cards.

12-2 Two officers responded to a residence in the Scott Dyer Road area for a domestic disturbance.

12-3 An officer met with a resident of the Ocean House Road area who had received an e-mail from what appeared to be Apple Inc. and then had contact with a male with a foreign accent who told the victim that nine different people had compromised her Apple and i-Buy accounts. The male told the victim she needed to go and purchase a Google gift card in order to restore the situation or else she would not be able to use her computer to restart her computer. She complied and called the subject back. After giving the subject the gift card number, he asked for a credit card number as well. She then realized that she was being scammed.

12-4 An officer met with a resident of the Mitchell Road area regarding a theft complaint.

12-4 An officer met with a resident of the Ocean House Road area regarding a missing person report. Subject was later accounted for.

12-4 An officer meet with a resident of the Broad Cove area regarding an assault complaint.

12-5 An officer met with a resident of the Sparwink Avenue area regarding possible criminal mischief to a motor vehicle.

12-5 An officer met with a resident of the Shore Road area regarding a possible fraudulent business transaction.

12-5 Two officers responded to a residence in the Shore Acres area for a well-being check.

12-6 Two officers responded to a residence in the Broad Cove area for a well-being check.

12-9 An officer received a found credit card that had been turned into the Police Department. The owner was contacted and property returned.

12-13 An officer spoke with a resident of the Broad Cove area regarding an assault complaint.

12-16 An officer met with a resident of the Broad Cove area regarding a suspicious person complaint.

12-17 An officer met with a resident of the Broad Cove area who reported that someone had tried to open a PayPal account in his name.

12-17 An officer met with a resident of the Mitchell Road area regarding a suspicious person complaint.

12-18 An officer met with a resident of the Sparwink Avenue area regarding a harassment complaint.

12-19 An officer met with a resident of the Shore Road area who advised that her phone had been compromised allowing access to passwords for accounts and a social security number, hence allowing the suspect to open two credit card accounts and make withdrawals from a checking account.

12-19 An officer met with a resident of the Scott Dyer Road area regarding fraudulent activity on her bank accounts.

12-19 An officer met with a representative of the school department regarding possible criminal mischief to janitorial equipment.

12-20 An officer responded to a residence in the Sparwink Avenue area for a child custody issue.

12-21 Two officers responded to a residence in the Scott Dyer Road area regarding a domestic disturbance.

12-22 An officer met with a resident in the Bowery Beach Road area regarding a suspicious person.

12-25 A two officers responded to a residence in the Broad Cove area regarding a trespass complaint.

12-26 An officer responded to a residence in the Shore Acres area for well-being check.

12-27 An officer received a ladies wallet found by an employee of public works. The owner was contacted and wallet returned.

12-28 Two officers responded to a residence in the Shore Acres area for a suspicious person complaint.

12-28 An officer spoke with a subject regarding a local resident’s well-being.

12-29 Two officers responded to a residence in the Eastman Road area for a well-being check.

12-30 An officer met with a resident of the Fowler Road area regarding unauthorized charges on her debit card account.

1-1 An officer met with a subject in the Ocean House Road area regarding a hit and run accident.

1-3 Two officers responded to a location in the Scott Dyer Road area for an assault complaint.

1-4 An officer responded to a residence in the Mitchell Road area for a well-being check.

SUMMONS

12-5 Cape Elizabeth resident, operating under the influence, Two Lights Road.

12-7 Portland resident, with a 12-month suspension of license, Route 77, $325.

12-7 Portland resident, attaching false plates, Route 77.

12-10 South Portland resident, speeding, (70/45 zone), Route 77, $278.

12-11 Cape Elizabeth resident, operating under the influence, Scott Dyer Road.

12-13 Freeport resident, operating after suspension of license, Ocean House Road.

12-25 Cape Elizabeth resident, operating under the influence, Ocean House Road.

12-25 Cape Elizabeth resident, operating under the influence, Ocean House Road.

12-28 Biddeford resident, operating after suspension of license, Route 77.

12-31 Cape Elizabeth resident, operating under the suspension of license, Route 77.

12-31 Cape Elizabeth resident, violation of conditions of release, Route 77.

1-2 Portland resident, unregistered motor vehicle, Scott Dyer Road, $85.

1-6 Cape Elizabeth resident, speeding (43/30 zone), Sparwink Avenue, $129.

ACCIDENTS

12-03 Michael Lehm, Park Road.

12-05 Barbara Grooger, Two Lights Road.

12-08 Raymon Morin, Unknown, Shore Road.

12-11 Kyra Flahbert, Bowery Beach Road.

12-11 Jolene Talty, Scott Dyer Road.

12-13 Susan Wear, Fowler Road.

12-17 Jonathan Bergh, Ocean House Road.

12-19 Sean Hanson, Sarah Adams, Ocean House Road.

12-19 Nathan Lacourse, Sarah Adams, Shore Road.

12-21 James Walsh, Ocean House Road.

12-22 Joshua Bates, Amilcar Arvelo, Mitchell Road.

12-24 Andrew Patin, Shore Road.

12-27 Marybeth Fougere, Ocean House Road.

12-31 Robert Sigler, Christopher Mousan, Ocean House Road.

1-01 Michael Piscopo, Shirley Kelton, Ocean House Road.

1-05 Pascaline Nysta, Sparwink Avenue.

ARRESTS

1-24 Cape Elizabeth resident, operating under the influence, Cape Elizabeth.

1-28 Cape Elizabeth resident, operating under the influence, one prior, refusing to submit to arrest, Cape Elizabeth.

1-11 Cape Elizabeth resident, operating under the influence, Cape Elizabeth.

1-13 Freeport resident, operating after suspension of license, Cape Elizabeth.

1-22 Cape Elizabeth resident, operating under the influence, refusing to submit to arrest, assault on an officer, Cape Elizabeth.

1-25 Cape Elizabeth resident, operating under the influence, Cape Elizabeth.

1-4 Cape Elizabeth resident, operating under the influence, Cape Elizabeth.

FIRE CALLS

12-05 South Portland Mutual Aid.

12-05 Two Lights Road Motor Vehicle Accident.

12-08 South Portland Mutual Aid.

12-08 Longfellow Drive CO Alarm.

12-09 South Portland Mutual Aid.

12-12 South Portland Mutual Aid.

12-12 Maxwell Woods Drive Fire Alarm.

12-14 South Portland Mutual Aid.

12-17 South Portland Mutual Aid.

12-18 Davis Point Road Fire Alarm.

12-19 South Portland Mutual Aid.

12-19 South Portland Mutual Aid.

12-20 Running Tide Road Fire Alarm.

12-20 South Portland Mutual Aid.

12-20 South Portland Mutual Aid.

12-21 Kettle Cove Road Investigation.

12-21 Sparwink Avenue Investigation.

12-21 South Portland Mutual Aid.

12-22 Sparwink Avenue Public Assist.

12-24 South Portland Mutual Aid.

12-25 Elephant Rock Road Fire Alarm.

12-25 Dyer Pond Road Fire Alarm.

1-01 Ocean House Road Investigation.

1-03 Becky’s Cove Road Fire Alarm.

1-03 South Portland Mutual Aid.

1-06 South Portland Mutual Aid.

1-06 Scott Dyer Public Assist.

RESCUE CALLS

There were 52 runs to Maine Medical Center.

There were four runs to Mercy Hospital.

There were 10 patients treated by rescue personnel but not transported.
News from the Cape Elizabeth School Board

By Heather Altenburg

On behalf of the School Board I want to wish everyone a wonderful beginning to 2020. With a new year often comes changes and I am sure you all have witnessed the physical changes from the town project in the lot to the right of Town Hall as the clearing took place during December. Personally, I am excited to see how the space transforms and enhances the vibrancy of our town. A big thank you and kudos to all the folks working or meeting in town hall, as it has been difficult to work at times with all the noise and dust.

Another big change that has been long awaited is the launch of the new school website. Beta testing was to be Dec. 16-23 with a survey to follow. The website is not complete and more information will continue to be added throughout the year.

On Friday, Dec. 6, CEHS hosted a Naturalization ceremony in the HS auditorium for 45 people from 19 different countries. Carolyn Young offered tech support with volunteers that donate countless hours support- was provided by Christine Marshall. The event included speeches from CEHS teachers Sonia Medina and Aysan Simpson- naturalized American citizens, and was attended by Ted Jordan’s CP Government class, students, faculty and staff. It was a powerful event full of positivity, respect- excitement and repeated standing ovations. Although new citizens need to have a certain ability to communicate in English, fluency is not required. As a result, translators can attend multiple ceremonies. One translator mentioned to Principal Shedd that she had been to seven ceremonies and this one, in particular, was the most impressive.

Cape Elizabeth High School was announced as a Blue Ribbon recipient in the category of exemplary high performing schools by the U.S. Secretary of Education on Sept. 25. On Nov. 14 and 15, Vice Principal Carpenter and HS foreign language teacher David Peary went down to Washington, D.C. to receive the award. A Blue Ribbon is a coveted honor in which the Department of Education recognizes a school for their excellence in high standards and academic excellence. CEHS was one of three schools in Maine to receive this prestigious award. Congratulations to our students, teachers and staff who make our high school extraordinary and worthy of such an honor.

For the eighth time in nine years, our Mock Trial Team won in the final competition against Brewer. They will go on to the National Competition in Indiana in May. Tremendous thanks go out to the students for their commitment and hard work, to the volunteer – that donate countless hours support- ing and teaching these students and to HS teacher Mary Page who organizes and takes the lead for the program to run. Principal Shedd was able to let the Fire Department and Cape Rescue know about the team’s return from their final trial in Portland so they could escort them back to Cape with a well-deserved and welcoming parade.

We have honored many teams and individuals this fall, and at our December board meeting we learned of the success of our very own CEHS gym teacher and volleyball coach Sarah Boeckel, who won the position as Class B coach of the year for her work with the girls volleyball team.

Dec. 6 brought Principal Eastman, Superintendant Wolfrom and art teacher Margarita Lawlor-Rohner, along with 42 middle school students to the State House Hall of Flags in Augusta to attend a recognition ceremony and exhibit opening for their art- work. The artwork was displayed through- out the walls of the DOE offices and after the ceremony, each student was guided in locating their own work. Both the principal and the superintendent mentioned how impressed they were with the students, Principal Eastman saying, “What quality kids we have here in Cape Elizabeth.”

December culminated with much celebration as parents, faculty, students and others delighted in the receiving of so many talented students in music and the performing arts. From the band concerts to the jazz concerts, to the all the Middle School music concerts and to the multiple performances of “Footloose,” our students displayed skill and dedication. Superintendent Wolfrom said the teachers and students, “We are with their talents.”

As we look towards January, the new year of 2020 and the new decade, we, as a school board, hope to support the excellence of students, programs and faculty. Creating environments where they can thrive and take their talents and skills to new levels, we hope to support them with more updated and effective facilities that can enhance their growth and not hold them back. Our work with the Building Committee continues on Jan. 7 at 6:30 p.m. in the MS Cafetorium and on Feb. 4 at 6:30 p.m. in the CEHS library. Please come join us and be a part of the conversations, the change for the better and the new beginning.

Year End Policy Update

At the Nov. 12 regular business meeting, the School Board voted to adopt revisions to policy AC-Non-Discrimination/Equal Opportunity and Affirmative Action, and policy ACAD – Hazing. The revised Policy AC now includes the term “gender identity and expression.” In the ACAD Hazing Policy, the current policy includes the statement that “Injurious hazing also includes any hazing activity that is expected of a student as a condition of joining or maintaining membership in a group that humiliates, degrades, abuses or endangers a student.” The Board voted to adopt the policy with the additional clause “regardless of the student’s willingness to participate in the activity” to this provision.

The Policy Committee met on Nov. 26 to review and discuss the following policies for Second Reading:

ACAA - R - Student Discrimination and Harassment Complaint Procedure
ACAB – R - Harassment and Sexual Harassment of School Employees

Future Dates:

Thursday, Jan. 23, Continued Budget Presentations by Administrators (if needed), 6:30-8:30 p.m., CEHS Library & Learning Commons (will be videotaped)
Tuesday, Jan. 28, Policy Meeting, 3:00-4:00 p.m, Jordan Conference Room.
Tuesday, Jan. 28, School Board Workshop.

FY 21 Budget Update

FY21 budget preparations began months ago, and soon Superintendent Wolfrom and the CESD Administrative Team will bring that budget to the School Board. Each year the Board creates goals to guide the budget process. Updated School Board budget goals will be adopted at the Jan. 14 School Board Business Meeting. As a reference, the budget goals for FY20 were: Maintaining and improving the high quality of education for every student; Careful examination of line items and consideration of the success and effectiveness of the expenditures in order to provide a fiscally responsible budget; Clear and continual communication throughout the budget process. Discussion during that same meeting will include current and projected enrollment numbers, state subsidy history, and a chart of department expenditures.

Upcoming School Board Budget Workshops:

Jan. 23, 6:30-8:30 p.m. Continued Budget Presentations by Administrators (if needed), CEHS Library & Learning Commons (will be videotaped)
Feb. 25, 6:30-8:30 p.m. School Board Budget Workshop Q & A:
State subsidy estimate (ED279) an- nouncement; intensive review and Q & A.
CEHS Library & Learning Commons (will be videotaped)

Future Dates:

Town of Cape Elizabeth Board and Committee Openings

The Town Council Appointments Committee is accepting applications from residents to fill the following vacancies.

Conservation Committee
Unexpired term until 12/31/2022
3-year term until 12/31/2022
Recycling Committee
3-year term until 12/31/2022
Residents may apply at www.capeelizabeth.com.

Questions should be directed to Debra Lane, Town Clerk at: 799-7665 or debra.lane@capeelizabeth.org.

Applications must be submitted no later than 4:00 p.m. Wednesday, January 29, 2020.
He taught you the importance of treating others with respect, and that there’s always a silver lining waiting to be found. He tucked you in at night, drove hours to help you move into your first apartment, and encouraged you when you needed it most.

Alzheimer’s doesn’t define him. He’s your father.

His today matters.

- Purposefully designed, secured, and maintained environment for living
- Carefully selected and specially trained staff
- Personalized plans of care and support

Contributed photo
Prior to the holiday break during some of the coldest recent mornings, Cape Elizabeth High School students were greeted with a smile and a cup of hot chocolate from CEHS staff and faculty members. Pictured are Ben Raymond, Assistant Principal Nate Carpenter, John Holdridge, Officer David Galvin and Kim Huchel.

Contributed photo
Pictured at the Community Services Senior Appreciation Luncheon are from left to right: Pat Williams, Karla Bystrom and Joanne Mills. The event was held at Purpoodock Club and Don Campbell was the entertainment.

Contributed photo
On Friday, Dec. 13, The Cape Courier hosted a tree lighting at Thomas Memorial Library. The Cape Elizabeth High School chorus sang holiday songs and Santa arrived on a CEFD fire truck to hand out candy canes. Thank you to our sponsors RE/MAX Oceanside, Defendify, Town of Cape Elizabeth and Thomas Memorial Library.
A salute to Cape’s gem: The Purpoodock Club

By Ellsworth “Derry” Rundlett

There is a song from the Drifters which was a hit in the early 60’s and the singer says, “Rigged stack dah in the middle of town I found a paradise that’s trouble proof.” He was talking about the roof of his building, but the golfers of Cape Elizabeth could easily say this about one of the finest golf courses in Maine, the Purpoodock Country Club.

Not only is it one of the prettiest in Maine, it is meticulously cared for, the food is wonderful, and the members are a happy, competitive but welcoming group. I have many friends who have been members over the years and it’s a great place for functions. I recall playing nighttime golf there for the Morrison Development Center fund raiser, where you play golf with lighted golf balls…what a challenge! The Rotary club meets there and I golf there for the Morrison Development fifteen seconds of golf fame at that wonderful country club.

I have many friends who have been members here for years and I am friends with Herb Ludwig, who was the founder of the law firm that represents Unum. A former favorite law professor and mentor of mine. I recall hearing a story about a guy named Jerry Perlucelli, my former favorite law professor and mentor. Jerry was kind to forgive me for my several mulligans, improved lies and not counting lost balls in my score. Another attorney friend, Jon Brogan, has won the club championship so many times you can count them on several hands.

I recall playing there with another dear friend, Herb Ludwig, who was the founder of the DeVonsquare music group and who passed away several years ago. He invited me to play a member-guest tournament and was very careful to remind me not to violate the golf rules such as moving my ball, above mentioned, for my own benefit. Another attorney friend, Jon Brogan, has won the club championship so many times you can count them on several hands.

My most favorite moment occurred in 1986, when Arnold Palmer won his next to last golf tournament, the Union Mutual Seniors Golf invitational. Palmer was playing with two other hall of fame golfers in a match that comprised the same threesome as a famous Masters final round, many years before. The threesome of Billy Casper, Gary Player, and Palmer were competing in the final Sunday round right here in Cape Elizabeth. Palmer had eagled (two under par) the 16th hole three times and there is now a plaque on that hole commemorating such an accomplishment. As he was striding along the 14th hole I was walking next to him. He glanced over with that very familiar smile he was known for. I said, “Hey, Arnie, I think you’re going to win this one!” He could have given a number of replies such as “Don’t jinx it” or even dead silence, but instead he grinned and said, “You know, I think I am.”

A year or so later I represented his law firm in a case that took place in Maine. I told them about that short but memorable moment. After a successful result in the case the referring lawyer asked if I would like a Palmer autograph. Sure enough, a few days later in the mail was a picture of Arnie hitting out of a trap, with an autograph to me. I cherish that picture as I did that very brief moment in the fall of 1986. Union Mutual became Unum and that tournament, with football hero Terry Bradshaw as a special guest, not to mention so many well known senior golfers, is now just a memory.

So, whether one plays golf there, cross country skis on the beautiful terrain, or has a meal at one of their functions, the residents of Cape Elizabeth can be proud to have such a beautiful golf course “right smack dah in the middle of town.”

Judy’s Food Pantry - a community feeding itself

Cape Elizabeth United Methodist Church 280 Ocean House Road Every Tuesday from 3:00-5:00 p.m., July through November. The second and fourth Tuesday, December through June.

New collaboration between The Farm Stand and Solo Italiano

Penny Jordan and Ben Slayton of The Farm Stand in South Portland recently announced a new partnership with Mercedes and Paolo Laboa of Solo Italiano in Portland. This partnership will expand upon the high quality local market that has existed since 2014 by offering the Laboa’s chef-inspired menu items, prepared with love, knowledge, and experience. The Farm Stand closed Jan. 15 for renovations and will re-open in mid-February as Solo Cucina Market.

Benefits of this new partnership include: Sustainably raised and harvested Maine meats and vegetables. Ready to go meals and made to order menu items, including an espresso bar and freshly made pastries.

- House made pasta and traditionally inspired Italian sauces, made with locally sourced ingredients.

“When Ben and I came together in 2014 a key part of our dream was demonstrating through prepared foods the great taste of Maine’s bounty. I am over the top excited about working with Paolo and Mercedes from Solo – the food that will come out of our new kitchen will be unique and flavorful. We can’t wait for our customers to be able to taste these high quality, locally made and sourced foods,” said Jordan.
Jane Comes Home for the Holidays

By George Morse, Thomas Memorial Library Foundation

This column by Thomas Memorial Library Foundation shares true stories from library users on how our library is making a difference to them and to the community.

Jane, a senior at a highly ranked liberal arts college, expected this reaction. Gripping her phone and trying to keep her trembling chin from showing in her voice, Jane tried to explain why she couldn’t possibly come home. She knew her mom would be disappointed that she couldn’t come home for the two week spring break, but she had to finish a research paper due after the break. If she didn’t finish the paper and get at least a pass, she might not be able to graduate in May. She was not looking forward to finishing grade, she might not be able to graduate in the remainder of the year, she might not be able to graduate in the spring, and then graduate school would be on the line.

Jane’s mom suggested she could research the paper at the Thomas Memorial Library. Jane had a pit in her stomach — she was pretty sure the small Thomas Memorial Library wouldn’t have what she needed. She searched the online articles she needed for her paper. Images of what would happen if she couldn’t finish the paper flashed through her mind. Jane was torn between visiting her family and friends and her need to finish the paper. Finally, Jane agreed to come home. She crossed her fingers, hoping she hadn’t made a bad decision.

On her first day home, Jane went to the library. She had a pit in her stomach — she was pretty sure the small Thomas Memorial Library wouldn’t have what she needed. She searched the online articles she needed for her paper. Images of what would happen if she couldn’t finish the paper flashed through her mind. Jane was torn between visiting her family and friends and her need to finish the paper. Finally, Jane agreed to come home. She crossed her fingers, hoping she hadn’t made a bad decision.

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Sari Greene announces run for Maine Senate District 29

Tech entrepreneur and South Portland resident Sari Greene officially launched her campaign to represent South Portland, Cape Elizabeth and part of Scarborough (Senate District 29) in the Maine Senate.

On Dec. 8, Greene hosted a campaign kickoff and food drive to benefit the South Portland Food Cupboard. Supporters contributed more than 200 pounds of food for holiday baskets. South Portland Food Cupboard Executive Director Dwayne Hopkins spoke about food insecurity in Cumberland County and the Food Cupboard’s mission to alleviate hunger throughout South Portland, Cape Elizabeth, Scarborough and surrounding communities. He expressed appreciation to the campaign for highlighting their work.

John Rogers, a long-time colleague, introduced Greene. “Sari is one of those rare people who not only has big ideas but also the understanding and indomitable will to plan and do the hard work of bringing them to fruition. She is truly a force of nature,” said Rogers.

Greene spoke passionately about why she is running. “I am new to politics. This is my first time running for political office. But I am not new to activism. As we focus on Maine’s future, we need legislators that bring democratic values, and entrepreneurial, leadership, public service, innovation and technology expertise to Augusta.”

An internationally recognized cybersecurity expert, Greene founded Sage Data Security in South Portland in 2002. “At Sage, we viewed our role as protecting critical infrastructure and national security as a civic duty,” Greene explained. Under Greene’s leadership, the company grew to more than 40 employees and in 2015 won the Best Places to Work in Maine award.

Building coalitions to address a common problem is one of Greene’s strengths. Recognizing that cyber-attacks were a threat to our country, Greene brought together 21 competing Maine financial institutions in a common effort to educate consumers, and to share knowledge and resources. “I am very proud of the outreach efforts of the Maine Anti-Phishing Coalition,” said Greene.

Greene spoke about the importance of community activism and involvement. “Together, we can demand that our local, state and federal officials work in concert to ensure healthy air and water quality standards, accurate monitoring and reporting, accountability, and whenever necessary, fair and comprehensive enforcement.” She continued, “Together, we can steward our planet by championing climate action and green energy initiatives, foster prosperity by expanding educational opportunities and advocating for affordable housing, and better our nation by demonstrating social responsibility.”

Active in the community and statewide, Greene currently serves on the South Portland Middle School Building Project Committee, SMCC Technology Advisory Council, Bangor Savings Bank Foundation Board, South Portland Democratic Committee and Cumberland County Democratic Committee. She is an active member of the South Portland - Cape Elizabeth Rotary Club and Congregations Bet Ha’am and Etz Chaim. In 2016, Greene was named to the Bangor Savings Bank Board of Directors and chairs the Enterprise Risk Management Committee.

Greene seeks to bring transparency to the political process by publishing a weekly campaign diary on her Facebook page, “Sari for Maine” and on her website, sari2020.com.

Friends:
Craig McEwan & Ann Beaudry
Thomas Mikulka & Melissa Beall
Emily Cooke
Mary & James Frieling
Amy & Thomas Gaudrault
Mary Conney
James & Susan Johnston
Solomon & Carole Israel
Judith McNamary
Mary & Steve Pinto
John & Patty Cash
Dede & Charles Bass
James & Nancy Martin
John McGinty
Rosemary Townsend
Susan & James Johnston
Mary Beth & Robert Benoit
Alexis Seader
Dorothea Foss
Thomas & Helma Curtis Jr.
Jodi Lerman
James & Kathleen Walsh
Christopher & Lynne Houle
Meredith Hall
Thomas & Martha Meyers
Dave & Jackie Allen
Emily Barr & Scott Kane
Paul Chamberlain
Sarah Whitney
Elizabeth & Robert Preti
Erie Grady
Pete & Marlene Bottomley
Jack & Rose Keene
Jim & Kim Swihart
Rick Sanders
Richard & Nancy Lemieux
Tyler & Terri Patterson
Donald & Suzanne Rudaveidge
Jill & Allen Morris
Ann Hecker
Carole Kainlor
Jessica Watson
Bob Dodd
Karen Harris & Bob Gips
Katie & Mike Villaincourt
Kara & Jeremy Law
Charles Binder & Nancy Shor
Phlip & Caroline Licari
Elaine Taft
Kevin & Clare Stack
Basil & Carol Brown
Mary Michals
Bruce Moore & Janice Chapman
Ann & Tom Waecker
Brigitte & Hal Kingsbury
Jill Hooper
Elizabeth & Christopher Quinn
William & Joan Schmitz
Anne Cranshaw
William Proof & Heidi Peterson
Sean & Christopher Willits

Capers:
CE Police Benevolence Assoc.
Julian Coles
Rebecca Millet
Cape Dog Walking
Janie & Barry Zimmerman
Anthony & Kathryn Ornatek
Ellen & Mark Russell
Valerie Levanso
Erin and Yona Belfort
Kenneth Swanberg & Ginger Raspiller
Joey & Grey Terry
Steven & Marilyn Clossen
Alan & Genestra Leathers
Drace Whitney
Kathleen & Ken Pierce

Capers cont.
Bev & Sherm Altenburg
Frank Strout
Michelle & Mark Boyer
Mary & Gary Lyon
Holt
Phil Villandry
Nancy Shablon
Elizabeth & James Heubener
Amy & Jeremy Lombardo
John & Nancy O’Sullivan
John Sommer
Carolyn & Douglas Davis
Theodore & Mila Butler
Thomas & Jill Emery
David & Mary Ellen Whitman
Daniel & Patricia Chase
Thomas Wescott & Joan Cirbus
Andrew & Kate Rinaldi
Daniel & Patricia Bowen
Steven Eppinger & Julie Lauk
Christina & Sean Willits
David & Elisabeth Pratt
Jody Sataloff
Amber Wilson
Stephanie Anderson
Sarah Emily Teaford
Matthew Tasker
Alden Philbrick
Heather Marston
Rosemary & Jim Cookley
Kathleen & Kevin Beatty
Henk & Etta Pols
Jennifer & Harold Caswell
Heather and Marty Mullen
Cooper Sherman
Jeffrey & Susie Saffer
Catherine & Lawrence Clough
Peter & Alice Rand
Deborah Hart & William Goodykoontz
Jesse Timberlake
Thomas & Pamela Torre

High Tide:
Michael & Mary Takach
Beverly & Sherman Altenburg
Meg Baxter
Carolyn & Matt Kesselhaut
Rich Dana
D Brock & Helaine Horbny
Suzeanne & Neil McGinn
Anne Carney and David Wenneberg
Ann Carlisle
Keith & Barbara Powers
Terry & Liz McEvoy
CELT
Lisa & Steve Gent
McFarlane Field @ Portside
Kevan & Gail Vix
Emily & Alvin Bugbee
Lee & Gina Mitung
Lynn Balleys
Erik Fiebert
Francis & Pamela Stevenson
Eric Sharpe
Cape Farm Alliance
CSalt Gourmet Market
Herbert & Kathleen Janick
Thomas & Hill Zgan
Lee McGuire & Colin Mitchell

Beacon:
Annie & Dave Norman
¡TACO ESCOBARR! & Lazzari
Kenneth Berry
Jeffrey & Ellen Van Fleet
John Norris & Catherine Houlihan

THANK YOU TO OUR 2019 SUPPORTERS

Town of Cape Elizabeth
2020 Dog Licenses Now Due!

Dogs 6 months of age are required by state law to be registered

Registration deadline is December 31, 2019. Dogs registered after January 1, 2020 must be registered at Town Hall and will be charged a $25/per dog late fee in addition to the license fee.

Current rabies and spaying/neutering certificates are required. Licenses are available at the Tax Office at Town Hall or online at www.capeelizabeth.com. Dogs registered after January 31st must be registered at Town Hall.

2020

Hound

Dogs 6 months of age are required by state law to be registered

Registration deadline is December 31, 2019. Dogs registered after January 1, 2020 must be registered at Town Hall and will be charged a $25/per dog late fee in addition to the license fee.

Current rabies and spaying/neutering certificates are required. Licenses are available at the Tax Office at Town Hall or online at www.capeelizabeth.com. Dogs registered after January 31st must be registered at Town Hall.
CEUMC invites community to help with Dress-a-Girl mission

The Cape Elizabeth United Methodist Church is inviting members of the community to participate in the Dress-a-Girl Around the World mission.

The Cape Elizabeth United Methodist Church for a sixth year will be creating dresses for girls living in poverty in this country and around the world as part of the international Dress-a-Girl Around the World mission. For the first time, the church is opening this project up to the Cape Elizabeth community.

The group will meet at the church on four consecutive Saturday mornings from 9 a.m.-noon, beginning Feb. 1. For anyone who would like to participate but has not been involved with the program in the past, a tutorial session will be held on Saturday, Jan. 25 at the church from 9 a.m.-noon.

To participate, all you will need to bring is your sewing machine. Other materials will be available at the church. You do not need to commit to being at each session; come when you are available.

Last year the Cape Elizabeth United Methodist Church contributed 295 dresses, many of which were shipped to Zimbabwe. The church is located at 280 Ocean House Road (Route 77). Please join us!

If you are interested, or know someone who would be, please contact the Cape Elizabeth United Church at 799-8396 or Judith Hill at hilljudith5@yahoo.com.

CEHS takes 49 students to meet national candidates stumping in NH

By Kevin St. Jarre

Forty-nine Cape Elizabeth High School students, members of teacher Ted Jordan’s AP Government class, recently attended College Convention 2020, hosted by New England College at the DoubleTree Inn in Manchester, New Hampshire.

According to the event’s website, “Every four years, New England College hosts the College Convention, open to students from all over the country and sometimes around the world. This once-in-a-lifetime event gives the next generation of voters the opportunity to come face-to-face with the people, issues, and process that shape presidential primary campaigns. Students experience it all. They listen to leading candidates, witness the frenzy of national and international media, engage with the media, interact with candidates, and perhaps even get hired by campaigns on the spot. The College Convention brings together students from a variety of educational backgrounds - from public, private, homeschool, and charter high schools to technical schools and college - to engage in the political process in an exciting, hands-on, and unique way.”

There were many opportunities to learn from subject matter experts directly involved in this year’s presidential election process. For example, students attended a presentation on the media and elections, hosted by a reporter from Politico, and another on campaign finance. Students attended a session on polling, led by a professional pollster and Harvard University students, and many other offerings like these.

Candidates, such as Sen. Amy Klobuchar and former Congressman Joe Walsh, and candidates’ representatives, including Dr. Jill Biden, also shared personal stories to add context to their political positions. Klobuchar spoke of meeting with parents of the victims of the Sandy Hook massacre, and Biden spoke of the loss of their son Beau, but they came back around to how those experiences informed the candidates’ work and plans. Walsh, a Republican challenging President Donald Trump for the Republican nomination, said that he is not just fighting for the presidency, but for the “heart and soul of our nation.”

Amanda Mikulka, a CEHS student, was inspired by the trip, and said, “I can’t wait for our generation to grow up and be the voice of our nation. It’s exciting.”

Classmate Jeffrey Supple said, “As a
Flower Power! An art exhibit by Cape Elizabeth painter Marie Ahearn was on view at the Stier Family Gallery for the month of December. A well-attended reception was held. Those wanting more information about the artist and her work can go to http://marieahearndesigns.com.

Birding report for late December into January

By E. Brooks Bornhoff

In the last days of December around dusk, my wife, son and I were walking along the road down to the beach parking lot within Crescent Beach State Park when we accidently flushed a raft of 20 or so American Black Ducks that had suddenly appeared out of the dense spruce understory. The sounds of the forest were filled with frantic heavy wing beating one moment then silent the next as the turkeys attempted to settle into the upper branches of trees. On more than one occasion we could hear branches snapping. A couple of days before Christmas my mother-in-law spotted a flock of Sandpipers moving at a good clip along the rocky coast of Two Lights State Park. If you see medium-sized shorebirds during the winter months in Cape Elizabeth they are most likely Sandpipers. These extreme long-distance migrants breed in the tundra of High Arctic Canadian islands and peninsulas but come winter can be found on sandy beaches across the world.

On Dec. 31 while exploring the fringes of a wintry Robinson Woods I had stopped to point out animal tracks to my son when suddenly I felt a superbly light dusting of snow tickle my face. In that same instant something caught my eye just above me in a dense conifer bough - a Golden-crowned kinglet! On New Year’s Day both male and female Pileated Woodpeckers blessed us with their presence, seen together in a crab apple tree in our yard. These mighty, monogamous forest carpenters are the seventh largest woodpecker in the world (versus hop or fly). These little wanderers’ nest in tree cavities across the remote parts at this time of year. Pipits are small, slender songbirds with grayish-brown above and varying yellowish underparts with streaking below. In general, these birds have no particularly conspicuous marking to speak of. These little wanderers’ nest in the far north on mountains tops and are of a select few American songbirds that nest in both Arctic tundra and alpine meadows.

Lastly, on the rather warm, sunny and blustery day of Jan. 11 while walking along the Kettle Cove beach my wife spotted two American Pipits. These birds are a rarity in these parts at this time of year. Pipits are small, slender songbirds with grayish-brown above and varying yellowish underparts with streaking below. In general, these birds have no particularly conspicuous marking to speak of. These little wanderers’ nest in the far north on mountains tops and are of a select few American songbirds that nest in both Arctic tundra and alpine meadows.

Capteenos: Packing for a winter vacation in Cape

By Jeff Mandell

Since then I noticed the flock has grown to as many as 12 of these smallish geese from the car. I just happened to have my binoculars sitting on the center console and I quickly got on the bird. Upon closer inspection this frigid fellow was a “Western” Palm Warbler! A tip-off to this bird’s identity was the constant tail wag coupled with its tendency to run on the ground (versus hop or fly). In Cape during spring and fall migrations we typically see the eastern subspecies “Yellow” Palm Warbler (or simply Palm Warbler). Although it is very late in the season for this little songbird to still be so far north – stragglers do exist and this particular warbler is a hardy one, breeding further north than all but one other type of warbler and wintering predominantly in the Caribbean.

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FREE Dental X-Rays ($100 value) for the first 24 patients to schedule a dental in February! FEBRUARY IS PET DENTAL HEALTH MONTH! Most dental disease occurs below the gum line where you can’t see it. Dental x-rays can be your only defense against painful dental disease. Call us today!

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- Snow Removal
- Storm Checks
- Interior Checks
- Exterior Checks

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- Waiting services (to facilitate service, repair, delivery or installation)
- Package retrieval
- Mail forwarding
- Home opening & preparation for owner or guest arrival
- Home closure after owner or guest departure
- Pre-storm preparation assistance
- Post-storm inspection
- Auto Care (vehicle battery, maintenance setups & checks)
- Grocery shopping & stocking
TML hosts authors Jack Flowers, Carol Gardner and offers workshop on intuition

Celebration for Community Art Show
Rescheduled for February 1

The library’s November centennial celebration featuring work by 114 Cape library users will be celebrated on Saturday, Feb. 13 – 3:00 p.m. (the celebration was postponed due to a snowstorm.) The celebration for all the participating artists as well as the community at large, will feature a cake and other refreshments, as well a community sing-along. Library friend, singer/songwriter Jud Caswell will lead participants in familiar folksongs, Beatles covers, and more. Come to listen, or to sing! Free copies of a booklet featuring photos of all the works in the community show will also be available to participants at the event. All are welcome.

ADULT PROGRAMS

Senior Tech
Wednesday, Jan. 22, 10:30 a.m. – noon
We’re here to help in any way we can with your tech questions. We work together as a group to answer similar questions, and break out into smaller groups to answer individual questions.

Maine’s Maritime History’s Influence on Fiction
Thursday, Jan. 23, 6:30-7:30 p.m.
Author Irene M. Drago of Bath joins us this month to discuss Bath’s maritime history and how it inspired her debut novel, “Daughters of Long Reach.” This debut novel tells the story of that family and its ancestors there in the mid-1800s. The novel deftly weaves the story of that family and its ancestors up on shore, and vividly reminds us of the dangers and joys of sailing the world on big-masted schooners, the loneliness of dear ones left on shore, and vividly reminds us of the history, “The Involuntary American: A Scot-tish Prisoner’s Journey to the New World.”

On-going Adult Programs

• Knitting Group, Every Monday at 1:00 p.m.
• Chair Yoga, Second Monday at 10:00 a.m.
• Yoga Cafe, Second Tuesday from 6:30-8:00 p.m.
• Songwriting Workshop, Fourth Tuesday from 6:15-8:15 p.m.
• Morning Book Group, Second Wednesday from 9:30-11:00 a.m.
• Writers’ Accountability Group, Third Wednesday from 10:00 a.m.

• Senior Tech, Fourth Wednesday from 10:00 a.m.-12:00 p.m.
• YA Anonymous Book Group, First Thursday from 6:30-7:30 p.m.
• Maine Wildlife Lecture Series, Second Thursday from 6:30-7:30 p.m.
• Evening Book Group, Third Thursday from 7:00-8:00 p.m.
• Chess Club, Every Saturday from 9:00-11:00 a.m.

Programs for Teens

Teen Takeover: Movie Night
Friday, Jan. 31 from 5:00-8:00 p.m.
Ring in the new year at TML with a mov-i-e! Come hang out at the library after hours to watch “Detective Pikachu!” Pizza and other refreshments will be provided. Open to teens in grades 6-12. Please register in advance on the library’s website.

D&D for Teens is BACK! *New sessions begin Tuesday, Feb. 4
We are reviving our popular Dungeons & Dragons club! There will be two sessions: Tuesdays and Thursdays from 3-5 p.m. Each session will require registration and you must NOT register for both sessions. There is limited space and we want to give everyone a chance to play. Please register in advance on the library’s website.

Programs for Children

We have 15 regular weekly programs for children at the library. Please check our website for the complete schedule. Below are some special events, monthly programs, and program changes.

New Saturday Program Schedule
Beginning on Saturday, Feb. 1, the library will be offering a rotation of different story time programs on Saturdays (following Mother Goose Time and Family Story Time) as a means of allowing families who find it difficult to visit the library during the week to get a chance to attend a variety of family programs. Yoga story time will no longer be offered every Saturday, and instead will be part of the Saturday program rotation. Beginning Feb. 1, the Saturday story time schedule will be:

9:30 - 10:00 a.m. Mother Goose Time for babies up to 18 months
10:30 - 11:00 a.m. Family Story Time for all ages
11:15 to 11:45 a.m. special story time four week rotation:

Week 1: Little Frogs Story Time, for ages 3 - 5
Week 2: Baby Doll Story Time, for ages 2 and up
Week 3: Dress Up & Dance, for ages 2 and up
Week 4: Art Adventures, for ages 3 and up
No registration is necessary for any of these programs!

Early Release Adventure: Pictur-ing the Dark with Marie Ahearn
Wednesday, Jan. 22, 2:15 - 3:15 p.m. For ages 6 and up
With short days and long nights, winter is a time of darkness. How can you capture the beauty of the night when everything is dark? Join artist Marie Ahearn for an adventure of night time scenes, and use paint, paper, pastels, and other materials to create your own nighttime art. Please register in advance on the library’s website.

Early Release Adventure: Winter Tracking with Philip Mathieu from CELT
Wednesday, Feb. 5, 2:15 - 3:15 p.m. For ages 6 and up
Join Cape Elizabeth Land Trust educator Philip Mathieu for a journey into the world of animal tracking. We will learn how to recog-nize different animals from our part of Maine, and how to unravel the stories their tracks may tell. Please register in advance on the library’s website.

Families Discover Great Artists
For ages 3 and up
Saturday, Feb. 8, 3:00 - 3:45 p.m.
Join Miss Kish for a hands-on exploration of a different artist or artistic style each month. This month: explore cave paintings! No registration necessary.

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Ask the Vet

Dr. Ginger Browne Johnson

Why am I suddenly hearing that peanut butter can be toxic to my dog?

Most pet owners are aware of common foods that can be toxic to animals, like chocolate, onions and grapes, foods that are harmless to most humans. But a less well known and even more dangerous substance, called xylitol, is finding its way into many common foods, like peanut butter, that we often share with our canine companions.

Xylitol is a widely used natural sweetener that is potentially life threatening if consumed by dogs or cats, and yet is increasingly found as a primary ingredient in many popular products. According to the Poison Pet Helpline, cases involving xylitol ingestion are increasing rapidly. In 2009, they were consulted on approximately 300 cases, while in 2015, that number increased to 2,800.

Food companies are starting to use alternative sweeteners in products like peanut butter, yogurt, ketchup, protein bars, bran cereals and ice creams in an effort to lower the sugar per serving. Unfortunately, many of these are foods we love to share with our pets.

Products labeled as “sugar-free” often contain xylitol, but be aware that some products without that label might still contain this sugar substitute. It is extremely important these days to always carefully read the entire ingredient list on any food before giving it to your dog.

Xylitol is also called “ Birch sugar” or “ sugar alcohol” . Some clues that a product might contain xylitol are if it is labeled “less sugar” or if the ingredient list has the letters “xyl” anywhere in the spelling of items.

For pets, xylitol poisoning is a major problem, according to Ahna Brutlag, DVM, MS, ABT, DABVT, Associate Director of Veterinary Services at Pet Poison Helpline. Brutlag says ingesting xylitol may cause acute hypoglycemia (low blood sugar due to rapid massive insulin release) and/or liver damage. Your pet may have acute weakness, staggering, seizures, collapse and vomiting. Within 15 to 20 minutes, they might even be comatose,” she adds. At low doses, xylitol has been shown to cause liver damage and at high enough doses pets can even experience complete liver failure leading to death. Interestingly, although it has a similar affect on cats, there have been very few reports of feline poisoning. Perhaps because cats are very particular about what they eat and don’t have a sweet tooth.

To keep your pet safe, look for peanut butters that only have peanuts and salt for ingredients and remember that alternative sweeteners can show up in foods that we don’t even realize have sweeteners added. Always read labels carefully. If a product states “ artificially sweetened”, assume it contains xylitol and avoid it. Products that most commonly contain xylitol include:

- Peanut Butter
- Toothpaste
- Mouthwash
- Chewing gum
- Baked goods
- Sugar-free candy
- Breath mints
- Fruit drinks
- Jellies and jams
- Cereals
- Puddings and Jello
- Over the counter medications
- Over the counter vitamin supplements

Vomiting is often the first symptom of toxicity, while other problems can develop within 48 hours of ingestion. The toxic dose of xylitol for dogs is 0.1 gram or more per kg of body weight.

If you think your pet has ingested something containing this or an unknown alternative sweetener, call your vet immediately. The sooner the toxicity is treated, the better.

Thank you for your wonderful questions and thank you all for being a friend to animals!

Send your questions to Ask the Vet!

Veterinary and Rehabilitation Center of Cape Elizabeth

Dr. Ginger Browne Johnson & Robin Elliott
Info@vrcme.com: attn: Ask the Vet

Development

Continued from page 1

Phase 1 of Ocean House Common. This included a 7,144-square-foot dental office building with two second-story apartments, a driveway access from Ocean House Road that turns north to the Town Hall parking lot and a 20,000 square foot village green fronting Ocean House Road. A 100-foot buffer easement that has been surveyed and marked is located on the eastern side of the property. Landscape architect John Mitchell from Mitchell and Associates assisted Jacobson in the approval process, design of the village green and engineering for the site work.

On Dec. 9, the Town Council approved three agreements to share resources and infrastructure with Ocean House Common. This included sharing ten parking spaces at the rear of Town Hall with the new development. The parking spaces are located where the former Silver recycling barrels were previously housed and according to Jacobson, he and his office staff will use them. The second was a cross-access easement which will allow pedestrian and vehicle traffic to and from Town Hall on Ocean House Common’s private road. The final approval was for a drainage easement which will allow for drainage and stormwater runoff from Town Hall to flow to infiltration basins on the Ocean House Common property. “We are excited about Dr. Jacobson’s project currently underway. The Town is proud to have Dr. Jacobson invest in the Town center and establish a long-term home for his dental practice. Further, the creation of a village green in the Town center will provide a public asset to the community that many will enjoy for years to come,” said Town Manager Matthew Sturgis.

Jacobson went back to the Planning Board on Dec. 17 to receive approval to subdivide the land into four lots. His dental office building and second-story apartments will be located on one lot. Jacobson also received approval to increase the size of the building to allow for three instead of two apartments. In addition, he donated another 17,000 square feet to the village green, bringing the total land donation to more than three-quarters of an acre. Once deeded over the town will be responsible for the maintenance of the village green.

At the Dec. 17 Planning Board meeting, a concerned resident brought up her disagreement over a vernal pool that had been removed on the property, located in the middle of what will be the town green. A report registered with the Maine Department of Inland Fisheries and Wildlife and the Maine Department of Environmental Protection and conducted by an environmental consultant, hired by Jacobson, determined there was no significant vernal pool on the property and Jacobson was given approval to move forward. “According to the town, state and after lengthy discussion with the DEP and experts in the field (again, even after I received my approvals) we didn’t have any objections to develop the property. We also looked into many different scenarios to keep as many mature healthy trees as possible but the topography and elevations of the lot created a ton of obstacles. Our team designed the best case scenario for conservation, aesthetics and within the guidelines of what the town wanted in the town center according to their plan,” said Jacobson.

Site work on the property, which is being done by LP Murray, will continue through the winter. Building of the dental office/apartments will begin in late March or early April and Jacobson hopes to move his business into the new space late next fall or early winter. The village green should be completed this coming spring. Hoping to keep the space congruent, Jacobson has hired Mark Mueller Architects, who designed C Salt Gourmet Market. Benchmark Builders will be building the dental office/apartments. The other three lots on the property have been listed for sale by Jacobson and future development of these will require separate Planning Board approvals. This will include revisiting parking, landscaping, architecture and traffic studies during the approval process.
The Cape Elizabeth Boys Hockey Team would like to thank the town of Cape Elizabeth and Al-Anon, Regular meeting 7 p.m. Thursdays, Ongoing each week, School Board Building Committee, 6:30 Tuesday, February 4, Town Council Workshop, 7 p.m., William H. Jordan Conference Room, Town Hall, Monday, February 3, School Board Policy Committee, 3 p.m., Tuesday, January 28, School Board Budget Review, 6-9 p.m., High Thursday, January 23, Cape Farm Alliance, third Tuesday, 7 p.m., Community Center, South Portland Cape Elizabeth Rotary Club, each Wednesday at 6:15 p.m. Purpoodock Country Club, Sparwink Avenue, 767-7388, Cape Elizabeth Lions Club, 6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road, Cape Town Farm Alliance, third Tuesday, 7 p.m., Cape and Thomas Hill Landscaping.

draiser. The Boys picked up over 300 trees with additional support from Bolder Stoneworks and the community for their generous support during our annual Christmas Tree Pick-Up fundraiser. Don Duffy Financial Advisor 543 Ocean House Rd Cape Elizabeth, ME 04107 706-767-4263 Edward Jones Member SIPC ©2018 Invisible Fence of Southern Maine. Invisible Fence® is a registered trademark of Invisible Fence, Inc. All rights reserved.

November 2019 Cape real estate transfers

December 2019 Cape real estate transfers
**Governmant Continued from page 10**

soon to be voter, I found the whole experience extremely valuable. Seeing these candidates and presenters— and answered tough questions, in the trivia session— and conducted themselves in a way that we can all be proud of.” Other choréophones included Ginger Raspiller and Carolyn Young.

The Don Roy Trio features Don Roy, Cindy Roy and Jay Young on fiddle, piano and bass respectively. Delivering polished, tight, pulsating sets, Don Roy is firmly rooted in the Franco-American musical tradition. They have played at Carnegie Hall, Lincoln’s Center, appeared with Garrison Keillor. Cindy and Don received a National Heritage Fellowship in 2018 – the nation’s highest honor in the folk and traditional arts— recognizing their artistic excellence and supporting their continuing contributions of our nation’s traditional arts heritage. The trio will be joined by three talented siblings: Rosicky (14), Ebite (12) and Oliver (10). Amott who were special guests at the 2017-2019 Fiddle-icious concerts.

The concert will be held at 4:00 p.m. on Sunday, Feb. 9 at First Congregational Church, 301 Cottage Road, South Portland. Tickets are $12 ahead of time; available at BrownPaperTickets.com, Noensuch Books and the church office. The cost will be $15 at the door. Tickets for children 16 and under are half price.
Cape Elizabeth residents recently got together in Puerto Rico for a destination milestone birthday party to celebrate Tom McGuire’s 70th birthday. It was organized by his wife Maggie, who is from San Juan. Pictured with the Cape Courier in Condado from left to right are: Greg Boulos, Maggie Alegria, Tom McGuire, Elisa Drake, Dave Drake, Lee McGuire, Colin Mitchell, Rose Wood, Nela Alvarez.

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Pictured holding The Cape Courier are Capers Priscilla Harrison and Peter Dixon at the Pancake Rocks on the South Island of New Zealand in late November 2019.

**Courier ‘celebrates’ with residents at destination birthday party, travels to NZ**

By Cape Elizabeth Community Services

We are excited to start off the New Year with some refreshing changes to welcome all who visit the Community Center. Whether it be for pre-school, an association meeting, Girl Scout Troop gathering, exercise class or after-school program you will notice the newly painted halls (Thank You Bernie!), updated seating areas and visiting artist works on display.

Mirrored after the Stier Family Gallery at the Thomas Memorial Library, local artists may now apply to hang their works for a season on one, two or three display areas in the Cape Community Gallery. Our first exhibit from local artist Marie Ahearn’s Salty Sea portfolio has brightened our halls with its colorful palette and whimsical style. Information on how to display your artwork may be found on our website www.capecommunityservices.org.

Another addition to our hallway is a new drinking fountain and bottle filling station. Our heartfelt thanks to Cape Elizabeth’s own Girl Scout Troop #35 who secured it on our behalf through a Portland Water District grant. The troop held a ribbon cutting ceremony late last year and since the installation, those coming and going from the Activity Room have appreciated the convenience of its location and functionality.

Along with a more welcoming appearance at the Community Center, Community Services Winter programming kicked off the New Year with nearly 250 youth, adult and senior offerings through April.

Looking through mid-February, we still have some room on our mini bus for our full dome experience exploring the “rainforests of the sea” at the Southworth Planetarium on Jan. 29, and seeing and hearing the stories of the mythical Maine town in the “Almost Maine” production at Portland Stage Company on Feb. 6. Perhaps you’re more artistic and would rather learn to blend, shade and burnish with your colored pencils…yes, we even have a two hour workshop for that (Jan 23).

If you are looking for something more active, join skilled instructors in the pool for Aqua Cardio Core and Water Works, on the mat for Essentrics or the alley for our first friendly candlepin bowling challenge. The 62 + Lunch Club will be going to Nonesuch River Brewing, Old Port Sea Grill and SMCC’s Culinary School in the coming weeks. What better way to spend a cold winter’s day than sharing a meal with fellow community members?

Parents of teenagers, The Right Choice is next offering driver’s education starting on Feb 3. Get the benefit of driving in the winter and before spring sports begin.

Snow plows, igloos, polar bears and ice dragons will be the next builds in the after school Winter Lego program offered by Brick by Brick on Tuesdays for K – 3.

Learn to play the guitar for less than half the cost of private lessons with performer, composer and instructor John Johnstone in Beginners Group Guitar on Wednesdays for 3rd – 8th graders.

And finally to you working parents out there, ice skating and tubing will be on the list of things to do during Cape Care’s Vacation Camp for K – 6th grade while Jack Duffy will be offering a gaming adventure for those 2nd – 8th grade Minecraft enthusiasts.

For additional information on these and other programs outlined in the Cape Explorer or to register for any of our programs, please call us at 799-2868.

**2020 BRINGS CLEAR VISION!!! THINKING of BUYING OR SELLING? Call ME!**

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Kathleen Pierce
Associate Broker/Realtor
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295 Ocean House Rd
Cape Elizabeth, ME 04107

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**More than appearances**

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