

The Cape Courier

Volume 32 Number 22
Jan 22 - Feb 4, 2020

An Independent Not-for-Profit Newspaper
Serving Cape Elizabeth Since 1988
capecourier.com

In the Spirit of Community

Development underway of Ocean House Common

By Marta Girouard



Photo by Caffeine Creative

Pictured at the groundbreaking ceremony for Ocean House Common from left to right are: Mark Mueller from Mark Mueller Architects, Maureen O'Meara, Town Planner; Dr. David Jacobson, Greg Shinberg from Shinberg Consulting, John Mitchell from Mitchell and Associates, Kevin Reilley from Benchmark Builders. Not pictured: Skip Murray from LP Murray and Bob Danielson from The Law Offices of Bob Danielson.

A groundbreaking event took place on Wednesday, Dec. 4 for Ocean House Common, a mixed-use office, residential and village green development being constructed next to Town Hall at 326 Ocean House Road.

Dr. David Jacobson, dentist and owner of Two Lights Dental in Cape Elizabeth, is the developer of the project. He has operated his dental practice in town for the last eight years and been a resident of Cape Elizabeth for 12 years. Two older sons from a previous marriage Gabe (22), Liam (19) graduated from Cape Elizabeth High School and he has an almost two-year-old son with his wife Phebe, who works as an office coordinator at Two Lights Dental.

Jacobson had been exploring options to move his dental practice for the last three to four years and wanted to stay in town. "We love our community, we love our busi-

ness and we love being part of Cape Elizabeth," said Jacobson. "Our son is going to go through the Cape school system as did our older boys. We're looking to deepen our roots in Cape. And developing the town green and moving our office to the center of town felt like a way for us to do it," added Phebe.

The Jacobsons started looking at the property on Ocean House Road in September 2018 and got it under contract that fall. "It was extremely challenging finding the right location for our new building. Either the other vacant properties or buildings had some major obstacles that didn't make it work for us or the timing was off and I didn't have the opportunity to invest in another space," Jacobson said.

On May 21, the Planning Board approved

-see DEVELOPMENT page 13

CEHS Mock Trial Team wins state championship



Contributed photo

Congratulations to the CEHS Mock Trial team, who recently won their ninth state championship in 10 years.

The Cape Elizabeth High School Mock Trial team has won another state championship. This is the Capers ninth state championship in 10 years. The team is coached by local attorneys Dick O'Meara and David Hillman, and Mary Page is the CEHS faculty advisor. O'Meara has been with the team since 2004 and will be retiring from CEHS Mock Trial after they return from the trip to the national competition, which will be held in Evansville, Indiana in May. The team beaten by CEHS in the state final match was from Brewer High

School. The team members are: Seniors- Lilia Membrino, Keiana Alabre, Lauren Cutter. Juniors- Zoe Evans, Swetha Palaniappan, Marco Hansel, Izabella Rodrigues, Rishi Yadav, Hannah Liess. Sophomores- Matthew Leighton, Evan Gebhart, Dana Schwartz, Emma McCarley, Hannah Mosher, Ryan Strack, Hunter Cintron, Gracyn Erskine. Freshmen- Rohan Yadav, Ella Membrino, Thomas Leopold, Lexi Pilk, Sonia Wold, Charlotte DeGeorge, Josh Lench.

Cape Elizabeth author wins international award for memoir

By Kevin St. Jarre



Contributed photo

Mark Diehl has been homeless in Japan, practiced law with a major multinational firm in Chicago, studied in Singapore, fled South Korea as a fugitive and been stranded in Hong Kong. After spending most of his youth running around with hoods and thugs, he eventually earned his doctorate in law at the University of Iowa and did graduate work in creative writing at the University of Chicago. He currently lives and writes in Cape Elizabeth.

Cape Elizabeth resident and author Mark Diehl's memoir, "Stealing Cinderella: How I Became an International Fugitive For Love" has just won another accolade, this time an international literary award. The annual Best Indie Book Award™ recognizes independent authors in 12 major genres.

In his memoir, the dystopian novelist brings us the astounding story of what he learned, and what he endured, to be with the South Korean woman he loves.

Imagine living in a country where the same word means both "different" and "wrong."

Where daughters are molded by parents into candidates for a prestigious marriage, sons are beaten into compliance, and men believe that any woman who goes out with an American should be sexually assaulted because she has become dirty.

This is the climate Diehl encountered when he arrived in South Korea in 1993 unschooled in the nuances of adapting respectfully to a foreign culture—and fell in love.

A recent college grad estranged from most of his own family, Diehl went to South Korea with \$20 in his pocket to teach English to adults in the city of Taegu. It didn't take long for him to realize that in those times—the early 1990s—much of Korea was insular and foreigner-phobic, leery of foreigners after 5,000 years of hostile invasions.

Then he met Jennifer—the wickedly smart, fiercely independent second daughter of one of Korea's most influential families. She had always been a silent outlier in Korean society, reading translations of foreign classics and dreaming of a life where she had some choice.

As their love blossomed, Diehl learned that interracial romance, particularly with Americans, was vehemently condemned. Locals viewed him as stealing one of "their" women. Jennifer's family saw him as interfering with plans to marry her well and increase their societal status. Soon both

-see AUTHOR page 8

Holidays happenings



Contributed photo

On December 16, Pond Cove Principal Jason Manjourides and Assistant Principal Sarah Forrey-Pettit rewarded Pond Cove students for their generosity in donating to the All 4 Books fund by dressing as two beloved Frozen characters, Anna and Olaf. Check out more 'holiday happenings' on page 6.



The Cape Courier
P.O. Box 6242
Cape Elizabeth Maine 04107
207-838-2180
www.capecourier.com

OUR MISSION STATEMENT
The mission of The Cape Courier is to foster a sense of community by presenting news specific and unique to Cape Elizabeth and its residents, and, whenever possible, to promote volunteerism within our community.

BOARD OF DIRECTORS
Roger Bishop,
Debbie Butterworth, Kim Case,
Jeff Mitchell, Jerry Harkavy,
Bill Springer

Publisher: Tara Simopoulos
info@capecourier.com

Editor: Marta Girouard
editor@capecourier.com

Community Reporter: Kevin St. Jarre
community@capecourier.com

Advertising Manager: Tara Simopoulos
(Display and classified ads)
advertising@capecourier.com/207-939-9766

Bookkeeper:
billing@capecourier.com

Proofreaders:
Chuck Rzeszutko, Ginny Blackwood

Webmaster: Wendy Derzawiec

Photo finishing: Ann Kaplan

Distribution: William Alexander

For general information:
info@capecourier.com/207-838-2180

For Advertising:
advertising@capecourier.com

Writers: Debbie Butterworth, Wendy Derzawiec, Bob Dodd, Erika Carlson Rhile, Marta Girouard

Photographers: Martha Agan, Jenny Campbell, Ann Kaplan, Joanne Lee, Katherine Urbanek

The Cape Courier is printed by Alliance Press in Brunswick and mailed free to Cape Elizabeth residents 22 times a year. We disclaim all legal responsibility for errors, omissions or typographical errors. All reasonable care is taken to see that errors do not occur. We print corrections upon timely notification.

LETTER & SUBMISSION POLICY
Letters should not exceed 250 words. We reserve the right to refuse letters and to edit for length, accuracy, clarity and civility. We do not withhold names and writers may be limited to one letter per month. Petition-style letters will be declined. Letters reflect the opinion of the author, not The Cape Courier. Email letters to: editor@capecourier.com or mail to P.O. Box 6242, Cape Elizabeth, ME 04107. Please note: Letters will be acknowledged by email.

NEXT ISSUE: Feb 5
DEADLINE: Noon, Jan 24

SUBSCRIPTIONS
\$21.10/year in Maine; \$25 out of state
\$15 student (9 months)
\$12 half year
(These amounts include state sales tax, which The Cape Courier is required to charge.)

Name: _____

Address: _____

Amount enclosed: \$ _____

Today's date: _____

Mail to:
The Cape Courier
P.O. Box 6242
Cape Elizabeth, ME 04107

Millett 'clear in her priorities'

I am writing to support Rebecca Millett, who is running for the Maine House of Representatives. I have known Rebecca as a volunteer in her previous campaign for the Maine Senate, as a constituent when she was a senator and as a fellow townsman.

As a candidate and a state senator, she has been clear in her priorities, ready to listen to constituents' concerns, flexible and ready to rethink her positions when new information emerges, and clear in her communications with us. She works hard for the good of her district and of the state, balancing dedication, realism, and humor. With deep experience in state government, she has worked effectively to improve support for education and to make our environment cleaner and more sustainable. I hope you will support her in the upcoming primary election.

Susan Payne

CEUMC to host game night on Jan. 24

The Cape Elizabeth United Methodist Church will host a night of fun activities on Friday, Jan. 24 from 5:30-8:30 p.m.

Activities will include large-scale games such as Twister, Chutes & Ladders, and Jenga, crafts, and a family-friendly film. Hot dogs and popcorn will be served during the film.

This event is open to the public and children and their parents are invited. The church is located at 280 Ocean House Road (Route 77).

THANK YOU!

Your voluntary subscriptions and other contributions help keep this community newspaper coming to your mailbox.

Thank you to this recent generous contributor:

Please see page 9

Let us hear from you!



We love feedback!

editor@capecourier.com

In recognition of Pond Cove Playground Committee members

In January 2019, the committee launched its Operation Rebuild: Learn, Play, Grow Outside! campaign to fund a new outdoor classroom and nature-based playground designed for Pond Cove Elementary School.

When administrators approached parents to fundraise earlier that fall, I didn't know if we'd receive the volunteer response required to raise \$300,000. Kristina Justh and I formed the 501(c)3 and held our breath sending the all-call for volunteers. Impressively, we were joined by Meredith Beauregard and Jessica Morel on the Board, Lindsay Barrett as Natureland coordinator, and 20 other parents/teachers.

In nine months this group, only previously acquainted by a connection to the school, organized: the campaign, benefit concert; first annual Pond Cove's Got Talent Show, proposals to local business, foundation, government funders; paver program; individual letter program; co-

ordination of \$30,000+ of in-kind materials/services; project management of the design/build/expenses; hands-on demo of the prior playground to reduce costs; and the public opening of the new space in September 2019.

This thank you, separate from donor and partner acknowledgements, is to my fellow committee members for your time, excellence, and (as a result) forever bond: Amy McAuliffe, Andrea Klayman, Bradley Russell, Brooke Pidhajecky, Elizabeth Brownell, Erin Schwarz, Erin Taylor, Heather Kennedy, Jenny Green, Jessica Morel, John Beauregard, Julie Robbins, Kevin Justh, Kristina Justh, Lindsay Barrett, Meredith Beauregard, Mitch Wackman, Monica Eguren, Neil Martelle, Nicole Tammaro, Patrick Rockefeller, Sara Closson, Sarah Saffer, Shea Cusick, Steve Green, Tara Bucci, and Todd Forsyth.

Lauren Glennon

Road closures on Feb. 2 for Mid Winter Classic 10 Mile Race

The Maine Track Club 2020 Mid Winter Classic 10 Mile Race, presented by Fleet Feet Maine Running will be Sunday, Feb. 2. The race, now in its 39th year, has 1,000 registered runners, and anticipates close to 850 finishers. Starting and finishing at Cape Elizabeth High School, the race directors are advising some traffic delays due to runners on the road and brief road closures.

The course map is here: <http://www.usatf.org/routes/view.asp?rID=1226>.

The race starts at 9:45 a.m. The intersection at Route 77 will only need to be closed for probably 10 minutes at this time. The intersection of Scott Dyer Road and Spurwink Avenue will be closed until the last runner is through that intersection - approximately 15-25 minutes.

Eastman Road and Sawyer Road will be slow as runners will be on half of the road. The intersection at Spurwink Road and Spurwink Avenue will have potential de-

lays from 10:15-11:15 a.m. Bowery Beach Road (Route 77) will have a runner lane from 10:00 a.m. through noon or later, depending on when the last finisher completes the 10 miles.

One hundred volunteers will be on hand to assist at water stops, traffic marshals and the finish line. Anyone with questions should contact Race Co-Director Chandra Leister at chandra@midwinterclassic10miler.com.

The 2020 race beneficiary continues to be local highschool running teams. A total of \$11,500 was donated in 2019 to 20 area high school cross country, winter and spring track programs.

Race directors and the Maine Track Club are working closely with Captain Sinclair to ensure safe runners, spectators, volunteers and drivers.

More information is available at <http://www.midwinterclassic10miler.com/>

Volunteer and board member openings for Friends of Fort Williams Park

Are you interested in helping to keep Fort Williams Park ecologically healthy, accessible and educational? The Friends of Fort Williams Park are looking for committee volunteers, as well as a few new members for the group's Board of Directors.

The Friends is an independent nonprofit that works to "Preserve and enhance the natural resources and visitor experience of Fort Williams Park." In recent years, the work has resulted in the creation of native-plant landscapes and the restoration of natural areas throughout Fort Williams, including the Children's Garden and Cliff

Walk Landscape. The Friends hosts children from the Greater Portland area for educational and recreational purposes and provides adult education classes that focus on the natural resources of the Park.

Specific support needs include marketing, legal affairs, education, and fund-raising through special events; however, the most important attribute sought for volunteers and Board members is a commitment to the preservation of the Park. Won't you join us?

Contact Executive Director Jennifer Scarpitti-Nelson at jscarpitti@fortwilliams.org or call 767-3707.

WinterFest to be held Feb. 1

The South Portland/Cape Elizabeth Rotary Club, in partnership with the City of South Portland, will present the eighth annual WinterFest celebration on Feb. 1.

This signature event features free family outdoor activities designed to promote healthy winter recreation at city facilities. South Portland's Parks and Recreation Department is providing the facilities and organizing the events.

On Saturday, Feb. 1, there will be activities at Wainwright Field, Mill Creek Pond, Hinkley Park and the South Portland Golf

Course with many events for children and adults alike. Many local businesses will be sponsoring these events. Any proceeds will be used by Rotary to help feed the hungry, assist Maine's homeless veterans, provide scholarships, sponsor youth leadership training and many other charitable projects in our local communities.

For more specific information on the various events and their timing, go to www.sopoparksrec.com or [Facebook.com/southportlandwinterfest](https://www.facebook.com/southportlandwinterfest).

Then and Now: Fishermen go on strike (1636)

By Jim Rowe



Photo by Jim Rowe

Richmond Island

It's not often that you look to a column on history to get a news scoop. But here you go...

University of Maine Bureau of Labor Education Research Associate and Historian Charles Scontras, a Cape Elizabeth resident, has worked diligently for many years to bring and keep the story of Maine's labor movement before the public eye. His book "Organized Labor in Maine: War, Reaction, Depression, and the Rise of the CIO 1914-1943" (2002) broached a topic that had largely been ignored by historians.

Perhaps few people realize that the first union activity in "the New World" occurred right here in Cape Elizabeth in 1636 at Richmond Island.

Englishman Robert Trelawney owned Richmond Island between 1633 and 1643. Via his proprietor John Winter, Trelawney operated a fishing post here, employing between 40 and 60 fishermen, artisans and servants. The post exported dried fish, cod liver oil, pipe staves and pelts to Europe.

Archaeological evidence associated with the fishing post earned Richmond Island recognition on the National Register of Historic Places in 1978.

By any day's standards, working conditions at the fishing post were oppressive, unsustainable and unacceptable. Pay, when available at all, was meager. The compensation that was available was typically withheld to pay off debts before reaching the hands of the workers. Hours of toil were unimaginably long. Food supply and quality, as well as shelter were inconsistent. Fishing in open boats in all weather was extremely treacherous. Work at Richmond Island became synonymous with physical and mental exhaustion.

In the spring of 1636, the fishermen had had enough. They refused to work and left the island, protesting the withholding of wages and the poor working conditions. This became the first strike in what would become the United States of America. Those seeking worker dignity had spoken!

There, in a nutshell, is the beginning of the story...So where's the news?

Thanks to the efforts of Charles Scontras, working in conjunction with Maine AFL-CIO Communications Director Andy O'Brien, a proposed resolution will soon be put before our State Legislature to formally recognize the labor action at Richmond Is-

land as the first organized work stoppage on our continent. It is also the hope of Mistery Scontras and O'Brien to have appropriate recognition of the event erected at Crescent Beach State Park, where it may be viewed by the many thousands of visitors each year as they look across at beautiful Richmond Island.

Annual notification of asbestos-containing building materials

The Cape Elizabeth School Department has inspected all school buildings for the presence of suspect asbestos-containing building materials in accordance with the Asbestos Hazard Emergency Response Act (AHERA) EPA 40 CFR 763. A written plan for the management of these materials has been maintained by Safe Environmental of South Portland.

The AHERA Management Plan is available for inspection by the general public at the Town Office of Cape Elizabeth. The plans may be inspected during normal office hours by appointment. Copies of the plans can be provided at a cost of 25 cents per page.

The Management Plan is a guidance document outlining operational procedures designed for the proper maintenance and safety of all people who work, study, or are otherwise present in any of the following facilities:

Cape Elizabeth High School

The materials are bi-annually inspected for change in condition during six month periodic surveillances conducted in December and June. Any questions or concerns should be addressed to Perry Schwarz, Cape Elizabeth Facilities & Transportation Director, (207) 799-9574 or pschwarz@capeelizabethschools.org

Local Buzz readings at TML on Jan. 25

On Saturday, Jan. 25 from 3:00 -4:00 p.m., the Local Buzz Reading Series resumes at Thomas Memorial Library, located at 6 Scott Dyer Road in Cape Elizabeth. The January event will welcome Brunswick area poet Gary Lawless and Cape Elizabeth author Kate Kennedy. The Local Buzz Readings are co-hosted by Portland Poet Laureate Linda Aldrich and Cape Elizabeth poet Marcia Brown.

Kate Kennedy is the author of the novel, "End Over End," two editions of short biographies entitled "Maine's Remarkable Women," and many short pieces of fiction and nonfiction. In the summer of 2020 Littoral Books will bring out her memoir "Skin." Kennedy has taught writing at Portland High School, USM, and the University of Maine, and was the director of the Southern Maine Writing Project. A Maine resident since 1977, Kennedy resides with her family in Cape Elizabeth.

Gary Lawless is co-owner of Gulf of

Maine Bookstore in Brunswick, and editor/publisher of Blackberry Books. He is currently the poetry editor of Portland's monthly Amjambo Africa, and has published 19 collection of poetry in the US and five in Italy. In 2017 he spent a month in Venice, Italy with a residency grant from the Emily Harvey Foundation to work on a project called "How the Stones Came to Venice." He will return to Venice in 2020 for a six week residency at the Foundation to continue the project. Gary and his wife Beth Leonard live in Nobleboro, caretaking Chimney Farm, the Maine home of writers Henry Beston, Elizabeth Coatsworth and Kate Beston Barnes.

The event is free and open to the public. Writers' books will be available for sale by Kelly's Books to Go and light refreshments will be available. Returning audience members please note the new earlier start time of 3:00 p.m. for this and all future events.

Scam alert bulletin board

By Jessica D. Simpson

Seasonal Work Scams

Who couldn't use a little extra money over the holidays? As many as a half million people will take seasonal jobs during the holiday season. And scammers will be out there trying to take advantage of seasonal workers by posing as employers on third-party websites. When you apply for these job listings, you will be promoted to provide personal information such as date of birth, address and Social Security number for "verification purposes." Scammers can then use this information to steal your identity. One big red flag to look out for is a job which offers a lot of money for very little work. If the position seems too good to be true, it is probably a scam. If you have questions about a job listing you see online, go directly to the business website

or give them a call.

Gift Exchange

Whether at work or school, this is the season for gift exchanges and scammers want to get in on the action. One pyramid scam often seen around this season involves a viral social media post about joining in a Secret Holiday gift exchange. It promises that if you send one gift to a recipient, you will receive upwards of 30 gifts in return. However, these chain "gift exchanges" are a form of illegal gambling. Not only may you not receive any gifts, but you also may end up in legal trouble. With so many ways to give in real life, skip the virtual gift giving and have a safer holiday season.

Be a fraud fighter! If you can spot a scam, you can stop a scam.

Second annual chili cook-off is Feb. 9

The 2020 second annual Cape Elizabeth scouting chili cook-off is scheduled for Feb. 9 from 11a.m. - 3 p.m. at St. Bart's Church.

Teams of scouts (Boy Scouts, Girl Scouts, Cub Scouts and Brownies) will be competing with each other to be named the Best Overall, Most Creative and "Best Name(d)" entries. We have a panel of local "celebrity judges" to pick the winners. The event is a fund raiser for the Scouts and in addition donations of new socks or new underwear are to be collected for

Preble Street Resource Center.

Our soon-to-be famous 'bottomless bowl of chili' will be available for purchase for \$5.00 so that community members can taste the delicious entries. There will be a bake sale as well. Please contact Todd Ketcham at trketcham@gmail.com or 207-318-8963 with any questions.



Need to lease your home or condo? Hire the best!

DRINAN

★ PROPERTIES ★

30 Years' Experience • 24/7 On-Call Service
Fully staffed office & maintenance division

Leasing more homes & condos than anyone in Greater Portland
(207) 799-0829 • www.drinanproperties.com



COASTAL

Plumbing & Heating

**New Construction
Remodeling • Service**
Oil • Propane • Natural Gas

(207) 939-5822
www.coastalplumbingme.com

The Cape Carpenter

carpentry • custom decks • interior/exterior painting
tile work • kitchens • bathrooms • create your own to-do list
remodeling • finish basements • clean-up garage & attics

**Dependable, Honest, Affordable, Fully Insured,
Excellent References, Cape Elizabeth Resident**

FREE ESTIMATES Dan Tardy 767-5032

let us put a smile
in your heart
for valentine's



we've made a tempting menu
to feed your passions and
sweets that would even
make cupid blush

delivered to your table with love

celebrate with us

friday night, february 14th
reservations only

The Good Table Restaurant
Route 77, Cape Elizabeth
799-4663
www.thegoodtablerestaurant.net

Criminal mischief to janitorial equipment, suspicious person complaints, numerous fraud scams reported

Reported by Marta Girouard

COMPLAINTS

- 11-25 An officer met with a resident of the Mitchell Road area regarding a criminal threatening complaint.
- 11-27 Two officers responded to a local business for a suspicious person in the building.
- 12-1 Two officers responded to a residence in the Shore Road area for a well-being check.
- 12-2 An officer met with a resident in the Ocean House Road area regarding a criminal mischief complaint.
- 12-2 An officer met with a resident of the Shore Road area who received a call from a male with a foreign accent who claimed to be from Apple support regarding suspicious activity on her Apple ID. The male walked the victim through several steps so he could see what was on her computer screen and was able to get the victim to give him information regarding four bank cards used by the victim. He then advised the victim he was placing \$2,000 in one of the accounts and the victim was to go to Target and buy \$2,000 worth of gift cards. The victim stopped at a local bank to confirm the deposit and at that time realized this was a scam and contacted financial institutions involving the cards.
- 12-2 Two officers responded to a residence in the Scott Dyer Road area for a domestic disturbance.
- 12-3 An officer met with a resident of the Ocean House Road area who had received an e-mail from what appeared to be Apple Inc and then had contact with a male with a foreign accent who told the victim that nine different people had compromised her Apple and E-bay accounts. The male told the victim that she needed to go and purchase a Google gift card in order to remedy the situation or else she would not be able to use her phone/computer until it was fixed. She complied and called the subject back. After giving the subject the gift card number, he asked for a credit card number as well. She then realized that she was being scammed.
- 12-4 An officer met with a resident of the Cross Hill area regarding a theft complaint.
- 12-4 An officer met with a resident of the Ocean House Road area regarding a missing person report. Subject was later accounted for.
- 12-4 An officer met with a resident of the Broad Cove area regarding an assault complaint.

- 12-5 An officer met with a resident of the Spurwink Avenue area regarding possible criminal mischief to a motor vehicle.
- 12-5 An officer met with a resident of the Shore Road area regarding a possible fraudulent business transaction.
- 12-5 Two officers responded to a residence in the Shore Acres area for a well-being check.
- 12-6 Two officers responded to a residence in the Broad Cove area for a well-being check.
- 12-9 An officer received a found credit card that had been turned into to the Police Department. The owner was contacted and property returned.
- 12-13 An officer spoke with a resident of the Cross Hill area regarding an assault complaint.
- 12-16 An officer met with a resident of the Broad Cove area regarding a suspicious person complaint.
- 12-17 An officer met with a resident of the Broad Cove area who reported that someone had tried to open a PayPal account in his name.
- 12-17 An officer met with a resident of the Mitchell Road area regarding a suspicious person complaint.
- 12-18 An officer met with a resident of the Spurwink Avenue area regarding a harassment complaint.
- 12-18 An officer met with a resident of the Shore Road area who advised that her phone had been compromised allowing access to passwords for accounts and a social security number, hence allowing the suspect to open two credit card accounts and make withdrawals from a checking account.
- 12-19 An officer met with a resident of the Scott Dyer Road area regarding fraudulent activity on her bank accounts.
- 12-19 An officer met with a representative of the school department regarding possible criminal mischief to janitorial equipment.
- 12-20 An officer responded to a residence in the Spurwink Avenue area for a child custody issue.
- 12-21 Two officers responded to a residence in the Scott Dyer Road area regarding a domestic disturbance.
- 12-22 An officer met with a resident in the Bowery Beach Road area regarding a suspicious person.
- 12-25 An officer met with a resident of the Shore Acres area regarding a trespass complaint.
- 12-26 An officer responded to a residence in the Shore Acres area for well-being

- check.
- 12-27 An officer received a ladies wallet found by an employee of public works. The owner was contacted and wallet returned.
- 12-28 Two officers responded to a residence in the Shore Acres area for a suspicious person complaint.
- 12-28 An officer spoke with a subject regarding a local resident's well-being.
- 12-29 Two officers responded to a residence in the Eastman Road area for a well-being check.
- 12-30 An officer met with a resident of the Fowler Road area regarding unauthorized charges on her debit card account.
- 1-1 An officer met with a subject in the Ocean House Road area regarding a hit and run accident.
- 1-3 Two officers responded to a location in the Scott Dyer Road area for an assault complaint.
- 1-4 An officer responded to a residence in the Mitchell Road area for well-being check.

SUMMONSES

- 12-5 Cape Elizabeth resident, operating under the influence, Two Lights Road
- 12-7 Portland resident, operating after suspension of license, Route 77, \$325
- 12-7 Portland resident, attaching false plates, Route 77
- 12-10 South Portland resident, speeding, (70/45 zone), Route 77, \$278
- 12-11 Cape Elizabeth resident, operating under the influence, Scott Dyer Road
- 12-13 Freeport resident, operating after suspension of license, Ocean House Road
- 12-25 Cape Elizabeth resident, operating under the influence, Ocean House Road
- 12-28 Biddeford resident, operating after suspension of license, Route 77
- 12-31 Cape Elizabeth resident, operating after suspension of license, Route 77
- 12-31 Cape Elizabeth resident, violation of conditions of release, Route 77
- 1-2 Portland resident, unregistered motor vehicle, Scott Dyer Road, \$85
- 1-6 Cape Elizabeth resident, speeding (43/30 zone), Spurwink Avenue, \$129

ACCIDENTS

- 12-03 Michael Lehman, Park Road
- 12-05 Barbara Groeger, Two Lights Road
- 12-08 Raymon Morin, Unknown, Shore Road
- 12-11 Kyra Flahertt, Bowery Beach Road
- 12-11 Jolene Talty, Scott Dyer Road
- 12-13 Susan Wear, Fowler Road
- 12-17 Jonathan Bergh, Ocean House Road
- 12-19 Sean Hanson, Sarah Adams, Ocean House Road
- 12-19 Nathan Lacourse, Sarah Adams, Shore Road
- 12-21 James Walsh, Ocean House Road

- 12-22 Joshua Bates, Amilcar Arvelo, Mitchell Road
- 12-24 Andrew Patin, Shore Road
- 12-27 Marybeth Fougere, Ocean House Road
- 12-31 Robert Sigler, Christopher Mosonic, Ocean House Road
- 01-02 Michael Piscopo, Shirley Kelton, Ocean House Road
- 01-05 Pascaline Nyota, Spurwink Avenue

ARRESTS

- 12-4 Cape Elizabeth resident, operating under the influence, Cape Elizabeth
- 12-8 Cape Elizabeth resident, operating under the influence, one prior, refusing to submit to arrest, Cape Elizabeth
- 12-11 Cape Elizabeth resident, operating under the influence, Cape Elizabeth
- 12-13 Freeport resident, operating after suspension of license, Cape Elizabeth
- 12-22 Cape Elizabeth resident, operating under the influence, refusing to submit to arrest, assault on an officer, Cape Elizabeth
- 12-25 Cape Elizabeth resident, operating under the influence, Cape Elizabeth
- 1-4 Cape Elizabeth resident, operating under the influence, Cape Elizabeth

FIRE CALLS

- 12-05 South Portland Mutual Aid
- 12-05 Two Lights Road Motor Vehicle Accident
- 12-08 South Portland Mutual Aid
- 12-08 Longfellow Drive CO Alarm
- 12-09 South Portland Mutual Aid
- 12-12 South Portland Mutual Aid
- 12-12 Maxwell Woods Drive Fire Alarm
- 12-14 South Portland Mutual Aid
- 12-17 South Portland Mutual Aid
- 12-18 Davis Point Road Fire Alarm
- 12-19 South Portland Mutual Aid
- 12-19 South Portland Mutual Aid
- 12-20 Running Tide Road Fire Alarm
- 12-20 South Portland Mutual Aid
- 12-20 South Portland Mutual Aid
- 12-21 Kettle Cove Road Investigation
- 12-21 Spurwink Avenue Investigation
- 12-21 South Portland Mutual Aid
- 12-23 Spurwink Avenue Public Assist
- 12-24 South Portland Mutual Aid
- 12-25 Elephant Rock Road Fire Alarm
- 12-25 Dyer Pond Road Fire Alarm
- 01-02 Ocean House Road Investigation
- 01-03 Becky's Cove Road Fire Alarm
- 01-03 South Portland Mutual Aid
- 01-06 South Portland Mutual Aid
- 01-06 Scott Dyer Public Assist

RESCUE CALLS

There were 52 runs to Maine Medical Center
 There were four runs to Mercy Hospital
 There were 10 patients treated by rescue personnel but not transported.

town & shore
 ASSOCIATES LLC
CINDY LANDRIGAN, Broker
 Town & Shore Associates, LLC
 One Union Wharf | Portland, Maine 04101
 clandrigan@townandshore.com | 207.831.9084
 www.townandshore.com

Wish List
 HOME IMPROVEMENTS
 ✓ Carpentry ✓ Repairs ✓ Doors ✓ Custom Woodwork

David Thibodeau
 Email: wishlisthome@gmail.com / Call: 874-0178

Find me on **HOZZ.COM**
www.houzz.com/pro/greathelpdave

Best of houzz 2019 SERVICE

Enhancing Neighborhood Trees & Shrubs Since 1880.

- Complete Tree & Lawn Care •
- Quality Pruning & Removal • Deep-Root Fertilizations •
- Insect & Disease Management • Certified Arborists •

Call For a Free Estimate
207.828.0110
www.davey.com/portlandme

DAVEY
 Proven Solutions for a Growing World

Selling Cape Elizabeth for over 25+ years.
 Call Elisabeth for all your real estate needs.

207-415-1383

Bostwick
 REAL ESTATE & Company

www.bostwickandcompany.com

News from the Cape Elizabeth School Board

By Heather Altenburg

On behalf of the School Board I want to wish everyone a wonderful beginning to 2020. With a new year often comes changes and I am sure you all have witnessed the physical changes from the town project in the lot to the right of Town Hall as the clearing took place during December. Personally, I am excited to see how the space transforms and enhances the vibrancy of our town. A big thank you and kudos to all the folks working or meeting in town hall, as it has been difficult to work at times with all the noise and disruption.

Another big change that has been long awaited is the launch of the new school website. Beta testing was to be Dec. 16-23 with a survey to follow. The website is not complete and more information will continue to be added throughout the year.

On Friday, Dec. 6, CEHS hosted a Naturalization ceremony in the HS auditorium for 45 people from 19 different countries. Carolyn Young offered tech support with a last minute video, and behind the scenes support was provided by Christine Marshall. The event included speeches from CEHS teachers Sonia Medina and Aysun Simpson, naturalized American citizens, and was attended by Ted Jordan's CP Government class, students, faculty and staff. It was a powerful event full of positivity, respect, excitement and repeated standing ovations. Although new citizens need to have a certain ability to communicate in English, fluency is not required. As a result, translators can attend multiple ceremonies. One translator mentioned to Principal Shedd that she had been to seven ceremonies and this one, in particular, was the most impressive.

Cape Elizabeth High School was announced as a Blue Ribbon recipient in the category of exemplary high performing schools by the U.S. Secretary of Education on Sept. 25. On Nov. 14 and 15, Vice Principal Carpenter and HS foreign language teacher David Peary went down to Washington, D.C. to receive the award. A Blue Ribbon school is a coveted honor in which the Department of Education recognizes a school for their excellence in high standards and academic excellence. CEHS was one of three schools in Maine in 2019 to receive this prestigious award. Congratulations to our students, teachers and staff who make our high school extraordinary and worthy of such an honor.

For the eighth time in nine years, our Mock Trial Team won in the final competition against Brewer. They will go on to the National Competition in Indiana in May. Tremendous thanks go out to the students for their commitment and hard work, to the volunteers that donate countless hours supporting and teaching these students and to HS teacher Mary Page who organizes and takes the lead for the program to run. Principal

Shedd was able to let the Fire Department and Cape Rescue know about the team's return from their final trial in Portland so they could escort them back to Cape with a well-deserved and welcoming parade.

We have honored many teams and individuals this fall, and at our December board meeting we learned of the success of our very own CEHS gym teacher and volleyball coach Sarah Boeckel, who won the position as Class B coach of the year for her work with the girls volleyball team.

Dec. 6 brought Principal Eastman, Superintendent Wolfrom and art teacher Margarete Lawlor-Rohner, along with 42 middle school students to the State House Hall of Flags in Augusta to attend a recognition ceremony and exhibit opening for their artwork. The artwork was displayed throughout the walls of the DOE offices and after the ceremony, each student was guided in locating their own work. Both the principal and the superintendent mentioned how impressed they were with the students, Principal Eastman saying, "What quality kids we have here in Cape Elizabeth."

December culminated with much celebration as parents, faculty, students and others delighted in the receiving of so many talented students in music and the performing arts. From the band concerts to the jazz concerts, to the all the Middle School music concerts and to the multiple performances of "Footloose," our students displayed skill and dedication. Superintendent Wolfrom said the teachers and students, "awe us with their talents."

As we look towards January, the new year of 2020 and the new decade, we, as a school board, hope to support the excellence of students, programs and faculty. Creating environments where they can thrive and take their talents and skills to new levels, we hope to support them with more updated and effective facilities that can enhance their growth and not hold them back. Our work with the Building Committee continues on Jan. 7 at 6:30 p.m. in the MS Cafetorium and on Feb. 4 at 6:30 p.m. in the CEHS library. Please come join us and be a part of the conversation, the change for the better and the new beginning.

Year End Policy Update

At the Nov. 12 regular business meeting, the School Board voted to adopt revisions to policy AC-Non-Discrimination/Equal Opportunity and Affirmative Action, and policy ACAD - Hazing. The revised Policy

AC now includes the term "gender identity and expression." In the ACAD Hazing Policy, the current policy includes the statement that "Injurious hazing also includes any hazing activity that is expected of a student as a condition of joining or maintaining membership in a group that humiliates, degrades, abuses or endangers a student." The Board voted to adopt the policy with the additional clause "regardless of the student's willingness to participate in the activity" to this provision.

The Policy Committee met on Nov. 26 to review and discuss the following policies for Second Reading:

ACAA - Harassment and Sexual Harassment of Students

ACAA- R - Student Discrimination and Harassment Complaint Procedure

ACAB - Harassment and Sexual Harassment of School Employees

ACAB -R - Harassment and Sexual Harassment of School Employee Complaint Procedure

JLF - Child Abuse and Neglect Reporting
JLFA - Child Sexual Abuse Prevention and Response

JLF-R - Child Abuse and Neglect Reporting - Administrative Procedure

Due to the need for further discussion and review, none of the above mentioned policies were brought before the School Board at the Dec. 10 regular business meeting. The Policy Committee did not hold a December meeting due to weather cancellations.

All policies are posted on the CESD website in the School Board section policy tab.

Policy committee meetings are open to the public, including students. The next policy meeting is scheduled for Jan. 28 at 3:00 p.m. in the Jordan Conference Room.

FY21 Budget Update

FY21 budget preparations began months ago, and soon Superintendent Wolfrom and the CESD Administrative Team will bring that budget to the School Board. Each year the Board creates goals to guide the budget process.

Updated School Board budget goals will be adopted at the Jan. 14 School Board Business Meeting. As a reference, the budget goals for FY20 were: Maintaining and improving the high quality of education for every student; Careful examination of line items and consideration of the success and effectiveness of the expenditures in order to provide a fiscally responsible budget; Clear and continual communication throughout the budget process. Discussion during that same meeting will include current and projected enrollment numbers, state subsidy history, and a chart of department expenditures.

Upcoming School Board Budget Schedule Dates:

Jan. 23, 6:30-8:30 p.m. Continued Budget Presentations by Administrators (if needed) CEHS Library & Learning Commons (will be videotaped)

Feb. 25, 6:30- 8:30 p.m. School Board Budget Workshop Q & A:

State subsidy estimate (ED279) announcement; intensive review and Q & A.

CEHS Library & Learning Commons (will be videotaped)

Future Dates:

Thursday, Jan. 23, Continued Budget Presentations by Administrators (if needed), 6:30-8:30 p.m., CEHS Library & Learning Commons (will be videotaped)

Tuesday, Jan. 28, Policy Meeting, 3:00-4:00 p.m., Jordan Conference Room

Tuesday, Jan. 28, School Board Workshop



BAUMAN ELECTRIC
Incorporated



If you are looking for a trustworthy and experienced Electrician... Look Here!

- > Residential and commercial
- > We troubleshoot any electrical issues
- > Email BAUMANVOLTS@YAHOO.COM

Now online!
Visit www.BaumanElectricMaine.com,
and learn about what we can do for you!







24 Hour Service (207)-571-4607
Senior/Veteran Discounts on Service Calls



CAPE DOG WALKING



207.807.7206
capedogwalking.com
BONDED • INSURED

BOWDLER ELECTRIC INC



207-799-5828
All Calls Returned

Mark Bowdler
Master Electrician
Residential & Commercial

www.BowdlerElectric.com
We do it all!

GENERATORS
• KOHLER Automatic Systems
• HONDA's with Electric Start



Town of Cape Elizabeth
Board and Committee
Openings

The Town Council Appointments Committee is accepting applications from residents to fill the following vacancies.

Conservation Committee
Unexpired term until 12/31/2020
3-year term until 12/31/2022

Recycling Committee
3-year term until 12/31/2022

Residents may apply at www.capeelizabeth.com.

Questions should be directed to **Debra Lane, Town Clerk at:**
799-7665 or debra.lane@capeelizabeth.org

Applications must be submitted no later than 4:00 p.m.
Wednesday, January 29, 2020.



Contributed photo

Prior to the holiday break during some of the coldest recent mornings, Cape Elizabeth High School students were greeted with a smile and a cup of hot chocolate from CEHS staff and faculty members. Pictured are Ben Raymond, Assistant Principal Nate Carpenter, John Holdridge, Officer David Galvin and Kim Huchel.



Contributed photo

Pictured at the Community Services Senior Appreciation Luncheon are from left to right: Pat Williams, Karla Bystrom and Joanne Mills. The event was held at Purpoodock Club and Don Campbell was the entertainment.



Photo by Kim Case

On Friday, Dec. 13, The Cape Courier hosted a tree lighting at Thomas Memorial Library. The Cape Elizabeth High School chorus sang holiday songs and Santa arrived on a CEFD fire truck to hand out candy canes. Thank you to our sponsors RE/MAX Oceanside, Defendify, Town of Cape Elizabeth and Thomas Memorial Library.

He taught you the importance of treating others with respect, and that there's always a silver lining waiting to be found. He tucked you in at night, drove hours to help you move into your first apartment, and encouraged you when you needed it most.

Alzheimer's doesn't define him. He's your father.

His *today* matters.

- Purposefully designed, secured, and maintained environment for living
- Carefully selected and specially trained staff
- Personalized plans of care and support

MAINE-BASED, FAMILY-OWNED PROVIDER OF SPECIALIZED MEMORY CARE.

CAPE MEMORY CARE
 A WOODLANDS SENIOR LIVING COMMUNITY

A salute to Cape's gem: The Purpoodock Club

By Ellsworth "Derry" Rundlett

There is a song from the Drifters which was a hit in the early 60's, and the singer says, "Right smack dab in the middle of town I found a paradise that's trouble proof." He was talking about the roof of his building, but the golfers of Cape Elizabeth could easily say this about one of the finest golf courses in Maine, the Purpoodock Country Club.

Not only is it one of the prettiest in Maine, it is meticulously cared for, the food is wonderful, and the members are a happy, competitive but welcoming group. I have many friends who have been members over the years and it's a great place for functions. I recall playing nighttime golf there for the Morrison Development Center fund raiser, where you play golf with lighted golf balls...what a challenge! The Rotary club meets there and I have been to several wedding receptions, not to mention a number of rounds with good friends like Gerry Petrucelli, my former favorite law professor and mentor. Gerry is kind to forgive me for my several mulligans, improved lies and not counting lost balls in my score. Another attorney friend, Jon Brogan, has won the club championship so many times you can count them on several hands.

I recall playing there with another dear friend, Herb Ludwig, who was the founder of the Devonsquare music group and who passed away several years ago. He invited me to play a member-guest tournament and was very careful to remind me not to violate the golf rules such as moving my ball, above mentioned, for this match. I certainly complied and after breaking 100 I was proud to learn we had taken second place in our flight group. I couldn't wait to see my name in the sports news the next day in the newspaper under the golf results section. Well, the Purpoodock results were there but my name was nowhere to be found. Instead of my name next to Herb's there was a name no one would recognize: "Jerry Rudnick." I thought, "Should I send a correction?" Instead, I accepted my fate and I now have a clipping of Rudnick's fifteen seconds of golf fame at that wonderful country club.

My most favorite moment occurred in 1986, when Arnold Palmer won his next to last golf tournament, the Union Mutual Seniors Golf invitational. Palmer was playing with two other hall of fame golfers in a match that comprised the same threesome as a famous Masters final round, many years before. The threesome of Billy Casper, Gary Player, and Palmer were competing in the final Sunday round right here in Cape Elizabeth. Palmer had eagled (two under par) the 16th hole three times and there is now a plaque on that hole commemorating such an accomplishment. As he was striding along the 14th hole I was walking next to him. He glanced over with that very familiar smile he was known for. I said, "Hey, Arnie, I think you're going to win this one!" He could have given a number of replies such as "Don't jinx it" or even dead silence, but instead he grinned and said, "You know, I think I am."

A year or so later I represented his law firm in a case that took place in Maine. I told them about that short but memorable moment. After a successful result in the case the referring lawyer asked if I would like a Palmer autograph. Sure enough, a few days later in the mail was a picture of Arnie hitting out of a trap, with an autograph to me. I cherish that picture as I did that very brief moment in the fall of 1986. Union Mutual became Unum and that tournament, with football hero Terry Bradshaw as a special guest, not to mention so many well known senior golfers, is now just a memory.

So, whether one plays golf there, cross country skis on the beautiful terrain, or has a meal at one of their functions, the residents of Cape Elizabeth can be proud to have such a beautiful golf course "right smack dab in the middle of town."

Judy's Food Pantry - a community feeding itself

Cape Elizabeth United Methodist Church 280 Ocean House Road Every Tuesday from 3:00-5:00 p.m., July through November. The second and fourth Tuesday, December through June.

New collaboration between The Farm Stand and Solo Italiano



Contributed photo

The Farm Stand and Solo Italiano have announced a new partnership, Solo Cucina Market.

Penny Jordan and Ben Slayton of The Farm Stand in South Portland recently announced a new partnership with Mercedes and Paolo Laboa of Solo Italiano in Portland. This partnership will expand upon the high quality local market that has existed since 2014 by offering the Laboas' chef-inspired menu items, prepared with love, knowledge, and experience. The Farm Stand closed Jan. 15 for renovations and will re-open in mid-February as Solo Cucina Market.

Benefits of this new partnership include:

- Sustainably raised and harvested Maine meats and vegetables.
- Ready to go meals and made to order

menu items, including an espresso bar and freshly made pastries.

- House made pasta and traditionally inspired Italian sauces, made with locally sourced ingredients.

"When Ben and I came together in 2014 a key part of our dream was demonstrating through prepared foods the great taste of Maine's bounty. I am over the top excited about working with Paolo and Mercedes from Solo – the food that will come out of our new kitchen will be unique and flavorful. We can't wait for our customers to be able to taste these high quality, locally made and sourced foods," said Jordan.



Erin Grady, Broker

eringrady207@gmail.com

Cell: 207.650.4458 Office: 207.767.2224 x3
299 Ocean House Rd., Cape Elizabeth, ME 04107

www.bostwickandcompany.com



Working with buyers & sellers for over 25 years in our community. Please contact me for all of your real estate needs. I would love to work with you!



Treat Yourself by the sea

Winter Weekly Specials Through April

Taco Tuesdays

Two tacos and one side for \$12.

Wednesdays

Ramen Bowls for \$15.

Thursdays

Burgers & Brews. Unique burgers & 3 beer varieties each week. 6 oz. burgers \$14. & beer \$6.

A unique offering every week in Sea Glass or by the fire in the lounge.

Feb. 28 - March 1
Immerse yourself in our wellness retreat weekend. Workshops, yoga & more. Day passes available.

SEA glass
At Inn by the Sea

Please call 207.799.3134 for reservations

40 Bowery Beach Road | Cape Elizabeth, ME 04107 | InnbytheSea.com



Window fashions to match every design personality.

HunterDouglas

Hunter Douglas offers a wide variety of window fashions in an array of fabrics, textures and colors. Contact us today. We're the Hunter Douglas experts, guiding you in the selections that'll make your home even more beautiful—whatever your style.

THE CURTAINSHOP OF MAINE

175 WESTERN AVENUE

MON - SAT 9:30AM - 6:00PM

SUNDAY 11:00AM - 5:00PM

207-773-9635

www.maineblindsandshades.com



HunterDouglas Gallery

©2019 Hunter Douglas. All rights reserved. All trademarks used herein are the property of Hunter Douglas or their respective owners.9676535

Our Library: Making a Difference

Jane Comes Home for the Holidays

By George Morse, Thomas Memorial Library Foundation

This column by Thomas Memorial Library Foundation shares true stories from library users on how our library is making a difference to them and to the community.

Jane, a senior at a highly ranked liberal arts college, expected this reaction. Gripping her phone and trying to keep her trembling chin from showing in her voice, Jane tried to explain why she couldn't possibly come home. She knew her Mom would be disappointed that she couldn't come home for the two week spring break, but she had to finish a research paper due after the break. If she didn't finish the paper and get at least a passing grade, she might not be able to graduate in the spring, and then graduate school would be on the line.

Jane's mom suggested she could research the paper at the Thomas Memorial Library. Jane had a pit in her stomach – she was pretty sure the small Thomas Memorial Library wouldn't have the research books and journal articles she needed for her paper. Images of what would happen if she couldn't finish the paper flashed through her mind. Jane was torn between visiting her family and friends and her need to finish the paper. Finally, Jane agreed to come home. She crossed her fingers, hoping she hadn't made a bad decision.

On her first day home, Jane went to the library to do a literature search for the journal articles and books on her topic. After four hours, she came up with very little she could access through the Thomas Memorial Library. She had even checked the interlibrary loan system (MaineCat) with its access to over six million library items from over 80 libraries, including public libraries, the University of Maine, Bates, Bowdoin, and Colby libraries, but she had no luck and was pretty discouraged.

As Jane was about to leave, Kyle Neugebauer, the Library Director, asked if she had been able to find everything she needed. "No, but I didn't really expect to," Jane replied, dejectedly. After a little discussion, Kyle offered to see what he could get her via a special interlibrary loan system with access to more materials in other states.

In three days, Jane got an email from Kyle that her books had arrived from an out-of-state university.

While Jane had to spend a lot of time on her research paper during the remainder of the break, she also got a chance to see high school friends and family. Both Jane and her parents were thrilled she came home and was able to complete her paper, thanks to the library.

This story illustrates one way that the library helps to strengthen communities, in this case both within Jane's family and with Jane's high school friends. In addition, it is an example of how the librarians help individuals find materials. For example, on average in 2016, TML librarians helped patrons locate difficult to find materials over 550 times a month! While most of us are not scrambling to complete term papers, it is reassuring to know we can access almost any material that we want from almost anywhere in the world. The library helped Jane with her college project and allowed her to visit families and friends.

George Morse authored this true story after interviewing Jane's mother who completed an online survey about the story. While this is a true story, Jane's Mom asked that we use a made-up name to protect her daughter's privacy. What is your story about the library? Let us know how one of the librarians or one of the programs at TML makes a difference to you. The Story-Telling Committee would love the opportunity to interview you. Send your stories or comments to Mary Capobianco, Chair of the Foundation's Story-Telling Committee at stories@tmlf@gmail.com.

Senator Rebecca Millett announces bid for Cape Elizabeth House Seat



Contributed photo

Senator Rebecca Millett has announced her bid for House District 30 representing Cape Elizabeth.

State Senator Rebecca Millett is excited to announce her bid for election for House District 30 representing Cape Elizabeth.

"It has been an honor to serve as State Senator for the past seven years for South Portland, Cape Elizabeth and part of Scarborough," said Millett. "While we made good progress last year in expanding MaineCare, fighting big Pharma and getting solar back on track for our state, there remains a lot of issues that I feel compelled to continue to work on including affordable childcare, paid family leave, keeping our air and water clean, and gun safety. It would be a privilege to continue my work for the people of this district."

As a senior senator, Millett has been a vocal advocate for the educational needs of Maine children fighting to increase the state's contribution to the cost of education, advancing public pre k for more of our families, and increasing our teachers minimum starting salary from \$30,000 to \$40,000.

Among the many bills that Millett successfully championed are a first in the nation paid time-off policy which supports 85% of Maine's workers, prohibition of e cigarettes on school grounds, requirement for the Department of Environmental Protection to notify municipalities of air quality violations, statewide testing by all schools for lead contamination in drinking water, increase Maine's state higher education scholarship amount, GMO Right to Know Labeling law and

strengthen families' access to behavior therapy sessions for children with disruptive disorders.

Senator Millett has received recognition for her work in the legislature by the Maine Education Association, Maine Coalition for Gun Safety, Maine Chapter of the American Academy of Pediatrics, Maine Public Health Association, Maine People's Alliance and Maine Association for the Education of Young Children.

Prior to being elected to the State Senate, Millett served on the Cape Elizabeth School Board for six and a half years.

As a graduate of the Portland public schools, Millett left Maine in the early 1980s to attend American University where she received a Bachelor of Arts in International Relations and a Bachelor of Science in Business Administration. In 1989, Millett was awarded an MBA from the University of Chicago.

Senator Millett's work experience includes nonprofit consulting, project management and business management for nonprofits, and banking.

She and her husband Kevin have lived in Cape Elizabeth for nearly 20 years raising their twin son and daughter. "We feel so fortunate to have raised our children in Maine where we can share our love for the outdoors and natural beauty of Maine and raise them in a safe and close knit community."

Millett said she hopes to have the opportunity to continue advancing Maine's investment in public schools, making healthcare more affordable and protecting our environment as District 30's State Representative.

"During my time as State Senator, we made progress in getting the state closer to funding 55% of education costs," said Millett, "but we are not there yet. There must be a consistent voice advocating for our schools and students. As a Representative in the House, I will continue to work hard, so Maine remains a place we are all proud to call 'home.'"

Author

Continued from page 1 _____

Diehl and Jennifer became the targets of merciless beatings and other vicious attempts to put an end to their relationship.

Told in the hallucinogenic style of a twenty-something falling in love for the first time in a surveillance state, "Stealing Cinderella" asks its audience to consider the lengths they're willing to go to for love and to remain true to themselves despite societal pressures. It demonstrates how a shared experience—like surviving abusive families—can bond two people more tightly than race, religion or culture.

Mark Diehl and Jennifer live in Cape Elizabeth, and have been married for 20 years.

Julie Sheehan
Associate Broker

Call or email Julie for all your real estate needs!

Cell: 207.730.1991 / Email: Julie@fobailey.com
183 US-1 Falmouth, ME 207.781.1111

ANIMAL EMERGENCY AND SPECIALTY CARE

COMPASSIONATE CARE
24 HOURS A DAY
7 DAYS A WEEK

207 878 3121 | 739 Warren Avenue, Portland | AnimalEmergencySpecialtyCare.com

STATEWIDE SURVEYS, INC.

A LOCAL COMPANY SPECIALIZING IN:

- BOUNDARY & TOPOGRAPHIC SURVEYS
- FLOOD CERTIFICATES
- WETLAND DELINEATIONS
- RESOURCE PROTECTION
- SOIL SURVEYS & GPS

SURVEYING CAPE SINCE 2004
207 767 4200 OR
STATEWIDESURVEYS.COM

Sari Greene announces run for Maine Senate District 29



Contributed photo

Sari Greene officially launched her campaign to represent South Portland, Cape Elizabeth and part of Scarborough (Senate District 29) in the Maine Senate.

Tech entrepreneur and South Portland resident Sari Greene officially launched her campaign to represent South Portland, Cape Elizabeth and part of Scarborough (Senate District 29) in the Maine Senate.

On Dec. 8, Greene hosted a campaign kickoff and food drive to benefit the South Portland Food Cupboard. Supporters contributed more than 200 pounds of food for holiday baskets. South Portland Food Cupboard Executive Director Dwayne Hopkins spoke about food insecurity in Cumberland County and the Food Cupboard's mission to alleviate hunger throughout South Portland, Cape Elizabeth, Scarborough and surrounding communities. He expressed appreciation to the campaign for highlighting their work.

John Rogers, a long-time colleague, introduced Greene. "Sari is one of those rare people who not only has big ideas but also the understanding and indomitable will to plan and do the hard work of bringing them to fruition. She is truly a force of nature," said Rogers.

Greene spoke passionately about why she is running. "I am new to politics. This is my first time running for political office. But I am not new to activism. As we focus on Maine's future, we need legislators that bring democratic values, and entrepreneurial, leadership, public service, innovation and technology expertise to Augusta."

An internationally recognized cybersecurity expert, Greene founded Sage Data Security in South Portland in 2002. "At Sage, we viewed our role in protecting critical infrastructure and national security as a civic duty," Greene explained. Under Greene's

leadership, the company grew to more than 40 employees and in 2015 won the Best Places to Work in Maine award.

Building coalitions to address a common problem is one of Greene's strengths. Recognizing that cyber-attacks were a threat to our country, Greene brought together 21 competing Maine financial institutions in a common effort to educate consumers, and to share knowledge and resources. "I am very proud of the outreach efforts of the Maine Anti-Phishing Coalition," said Greene.

Greene spoke about the importance of community activism and involvement. "Together, we can demand that our local, state and federal officials work in concert to ensure healthy air and water quality standards, accurate monitoring and reporting, accountability, and whenever necessary, fair and comprehensive enforcement." She continued, "Together, we can steward our planet by championing climate action and green energy initiatives, foster prosperity by expanding educational opportunities and advocating for affordable housing, and better our nation by demonstrating social responsibility."

Active in the community and statewide, Greene currently serves on the South Portland Middle School Building Project Committee, SMCC Technology Advisory Council, Bangor Savings Bank Foundation Board, South Portland Democratic Committee and Cumberland County Democratic Committee. She is an active member of the South Portland - Cape Elizabeth Rotary Club and Congregations Bet Ha'am and Etz Chaim. In 2016, Greene was named to the Bangor Savings Bank Board of Directors and chairs the Enterprise Risk Management Committee.

Greene seeks to bring transparency to the political process by publishing a weekly campaign diary on her Facebook page, "Sari for Maine" and on her website, sari2020.com.



Town of Cape Elizabeth

2020 Dog Licenses

Now Due!

Dogs 6 months of age are required by state law to be registered

Registration deadline is December 31, 2019. Dogs registered after January 31, 2020 must be registered at Town Hall and will be charged a \$25/per dog late fee in addition to the license fee.

Current rabies and spaying/neutering certificates are required.

Licenses are available at the Tax Office at Town Hall or online at www.capeelizabeth.com. Dogs registered after January 31st must be registered at Town Hall.

THANK YOU TO OUR 2019 SUPPORTERS

Friends:

Craig McEwan & Ann Beaudry
 Thomas Mikulka & Melissa Beall
 Emily Cooke
 Mary & James Frielinger
 Amy & Thomas Gaudrault
 Mary Conney
 James & Susan Johnston
 Solomon & Carole Israel
 Judith McNamany
 Mary & Steve Pinto
 John & Patty Clark
 Dede & Charles Bass
 James & Nancy Martin
 John McGinty
 Rosemary Townsend
 Susan & James Johnston
 Mary Beth & Robert Benoit
 Alexis Seader
 Dorothea Foss
 Thomas & Helma Curtiss Jr.
 Jodi Lerman
 James & Kathleen Walsh
 Christopher & Lynne Houle
 Meredith Hall
 Thomas & Martha Meyers
 David & Jackie Allen
 Emily Barr & Scott Kane
 Paul Chamberlain
 Sarah Whitney
 Elizabeth & Robert Preti
 Erin Grady
 Pete & Marlene Bottomley
 Jack & Rose Kennealy
 Jim & Kim Swihart
 Rick Sandler
 Richard & Nancy Lemieux
 Tyler & Terri Patterson
 Donald & Suzanne Rudalevige
 Jill & Allen Morris
 Ann Hecker
 Carole Kainlor
 Jessica Watson
 Bob Dodd
 Karen Harris & Rob Gips
 Katie & Mike Villaincourt
 Kara & Jeremy Law
 Charles Binder & Nancy Shor
 Pilip & Caroline Licari
 Elaine Taft
 Kevin & Clare Stack
 Basil & Carol Brown
 Mary Michals
 Bruce Moore & Janice Chapman
 Ann & Tom Waecker
 Brigitte & Hal Kingsbury
 Jill Hooper
 Elizabeth & Christopher Quinn
 William & Joan Schmitz
 Anne Cranshaw
 William Proof & Heidi Peterson
 Sean & Christopher Willitts

Capers:

CE Police Benevolence Assoc.
 Julian Coles
 Rebecca Millet
 Cape Dog Walking
 Janie & Barry Zimmerman
 Anthony & Kathryn Ornatek
 Ellen & Mark Russell
 Valerie Levanos
 Erin and Yona Belfort
 Kenneth Swanberg & Ginger Raspiller
 Joey & Grey Terry
 Steven & Marilyn Clossen
 Alan & Genesta Leathers
 Drake Whitney
 Kathleen & Ken Pierce

Capers cont.

Bev & Sherm Altenburg
 Frank Strout
 Michelle & Mark Boyer
 Mary & William Holt
 Philip Villandry
 Nancy Shablom
 Elizabeth & James Heubener
 Amy & Jeremy Lombardo
 John & Nancy O'Sullivan
 John Sommer
 Carolyn & Douglas Davis
 Theodore & Mila Butler
 Thomas & Jill Emery
 David & Mary Ellen Whitman
 Daniel & Patricia Chase
 Thomas Wescott & Joan Cirbus
 Andrew & Kate Rinaldi
 Daniel & Patricia Bowen
 Steven Eppinger & Julie Laukkanen
 Christina & Sean Willits
 David & Elisabeth Pratt
 Jody Sataloff
 Amber Wilson
 Stephanie Anderson
 Sarah Emily Teaford
 Matthew Tasker
 Alden Philbrick
 Heather Payson
 Rosemary & Jim Coakley
 Kathleen & Kevin Beatty
 Henk & Etta Pols
 Jennifer & Harold Caswell
 Heather and Marty Mullen
 Cooper Sherman
 Jeffrey & Susie Saffer
 Catherine & Lawrence Clough
 Peter & Alice Rand
 Deborah Hart & William Goodykoontz
 Jessie Timberlake
 Thomas & Pamela Torre

High Tide:

Michael & Mary Takach
 Beverly & Sherman Altenburg
 Meg Baxter
 Carmensol & Matt Kesselhaut
 Rich Dana
 D Brock & Helaine Hornby
 Suzanne & Neil McGinn
 Anne Carney and David Wennberg
 Ann Carlisle
 Keith & Barbara Powers
 Terry & Liz McEvoy
 CELT
 Lisa & Steve Gent
 McFarlane Field @ Portside
 Kevan & Gail Vick
 Emily & Alvin Bugbee
 Lee & Gina Mitgang
 Lynn Baillets
 Erik Fiebert
 Francis & Pamela Stevenson
 Eric Sharpe
 Cape Farm Alliance
 CSalt Gourmet Market
 Herbert & Kathleen Janick
 Thomas & Hillary Egan
 Lee McGuire & Colin Mitchell

Beacon:

Annie & Dave Norman
 TACO ESCOBARR! & Lazzari
 Kenneth Berry
 Jeffrey & Ellen Van Fleet
 John Norris & Catherine Houlihan

CEUMC invites community to help with Dress-a-Girl mission



Contributed photo

The Cape Elizabeth United Methodist Church is inviting members of the community to participate in the Dress-a-Girl Around the World mission.

The Cape Elizabeth United Methodist Church for a sixth year will be creating dresses for girls living in poverty in this country and around the world as part of the international Dress-a-Girl Around the World mission. For the first time, the church is opening this project up to the Cape Elizabeth community.

The group will meet at the church on four consecutive Saturday mornings from 9 a.m.-noon, beginning Feb. 1. For anyone who would like to participate but has not been involved with the program in the past, a tutorial session will be held on Saturday, Jan. 25 at the church from 9 a.m.-noon.

If you are interested, or know someone who would be, please contact the Cape Elizabeth United Methodist Church at 799-8396 or Judith Hill at hilljudith5@yahoo.com.

To participate, all you will need to bring is your sewing machine. Other materials will be available at the church. You do not need to commit to being at each session; come when you are available.

Last year the Cape Elizabeth United Methodist Church contributed 295 dresses, many of which were shipped to Zimbabwe.

The church is located at 280 Ocean House Road (Route 77). Please join us!

CEHS takes 49 students to meet national candidates stumping in NH

By Kevin St. Jarre



Photo by Kevin St. Jarre

CEHS student Eric Barber asks a challenging question at one of the presentations by presidential candidates and their representatives.

Forty-nine Cape Elizabeth High School students, members of teacher Ted Jordan's AP Government class, recently attended College Convention 2020, hosted by New England College at the DoubleTree Inn in Manchester, New Hampshire.

According to the event's website, "Every four years, New England College hosts the College Convention, open to students from

all over the country and sometimes around the world. This once-in-a-lifetime event gives the next generation of voters the opportunity to come face-to-face with the people, issues, and process that shape presidential primary campaigns. Students experience it all. They listen to leading candidates, witness the frenzy of national and international media, engage with the media, interact with candidates, and perhaps even get hired by campaigns on the spot. The College Convention brings together students from a variety of educational backgrounds - from public, private, homeschool, and charter high schools to technical schools and college - to engage in the political process in an exciting, hands-on, and unique way."

There were many opportunities to learn from subject matter experts directly involved in this year's presidential election process. For example, students attended a presentation on the media and elections, hosted by a reporter from Politico, and another on campaign finance. Students attended a session on polling, led by a professional pollster and Harvard University students, and many other offerings like these.

Candidates, such as Sen. Amy Klobuchar and former Congressman Joe Walsh, and candidates' representatives, including Dr. Jill Biden, also shared personal stories to add context to their political positions. Klobuchar spoke of meeting with parents of the victims of the Sandy Hook massacre, and Biden spoke of the loss of their son Beau, but they came back around to how those experiences informed the candidates' work and plans. Walsh, a Republican challenging President Donald Trump for the Republican nomination, said that he is not just fighting for the presidency, but for the "heart and soul of our nation."

Amanda Mikulka, a CEHS student, was inspired by the trip, and said, "I can't wait for our generation to grow up and be the voice of our nation. It's exciting."

Classmate Jeffrey Supple said, "As a

-see GOVERNMENT page 15

Happy New Year

We would like to thank the amazing community of Cape Elizabeth for a great 2019! Questions about real estate? Call us!

207-799-7600
1237 Shore Road
Cape Elizabeth
OceansideMaine.com

RE/MAX
OCEANSIDE

THE COMFORTS OF ASSISTED LIVING. EMPHASIS ON LIVING.

Come experience The Landing at Cape Elizabeth (Formerly Village Crossings); a beautifully-designed, private residence community created with the active senior in mind. Our 32 acre-campus features;

- Private studio, one and two-bedroom apartments
- Elegant restaurant-style dining
- Group trips and excursions
- Cafe and TV room for community gatherings
- Beautiful views of conservation land
- Assistance with daily living activities
- Medication administration
- On-site nursing supervisor
- Respite care

78 Scott Dyer Rd. Cape Elizabeth, ME 04107 P
| 207.799.7332 | ME TTD/TTY #800.457.1220
thelandingatcapeelizabeth.com

Be kind to people, animals, and the earth!

spiritualworkers.com

Flower power



Photo by Kevin St. Jarre

Flower Power! An art exhibit by Cape Elizabeth painter Marie Ahearn was on view at the Stier Family Gallery for the month of December. A well-attended reception was held. Those wanting more information about the artist and her work can go to <http://marieahearndesigns.com>.

Birding report for late December into January

By E. Brooks Bornhofft

In the last days of December around dusk, my wife, son and I were walking along the road down to the beach parking lot within Crescent Beach State Park when we accidentally flushed a raft of 20 or so American Turkeys that had suddenly appeared out of the dense spruce understory. The sounds of the forest were filled with frantic heavy wing beating one moment then silent the next as the turkeys attempted to settle into the upper branches of trees. On more than one occasion we could hear branches snapping. A couple of days before Christmas my mother-in-law spotted a flock of Sanderlings moving at a good clip along the rocky coast of Two Lights State Park. If you see medium-sized shorebirds during the winter months in Cape Elizabeth they are most likely Sanderlings. These extreme long-distance migrants breed in the tundra of High Arctic Canadian islands and peninsulas but come winter can be found on sandy beaches across the world.

On Dec. 31 while exploring the fringes of a wintery Robinson Woods I had stopped to point out animal tracks to my son when suddenly I felt a superbly light dusting of snow tickle my face. In that same instant something caught my eye just above me in a dense conifer bough - a Golden-crowned kinglet!

On New Year's Day both male and female Pileated Woodpeckers blessed us with their presence, seen together in a crab apple tree in our yard. These mighty, monogamous forest carpenters are the seventh largest woodpecker in the world (out of 220 species) and largest in North America - assuming the Ivory-billed Woodpecker is extinct of course.

Other noteworthy mentionings include on Jan. 2 two Barrow's Goldeneye sea ducks off Trundy Point. From the diving duck bunch, Barrow's have bright yellow eyes and a white crescent moon shape between their eye and bill. These wild birds of northwestern landscapes nest in tree cavities across the remote boreal and montane forests. On Jan. 3 six Brant geese were visible off of Kettle Cove. Since then I noticed the flock has grown to as many as 12 of these smallish geese from the Arctic tundra.

Saving the best for last, on Jan. 5 my wife and I were pulling out of the garage when a little bird appeared not but a few feet from the car. I just happened to have my binoculars sitting on the center console and I quickly got on the bird. Upon closer inspection this frigid fellow was a "Western" Palm Warbler! A tip

off to this bird's identity was the constant tail wag coupled with its tendency to run on the ground (versus hop or fly). In Cape during spring and fall migrations we typically see the eastern subspecies "Yellow" Palm Warbler (or simply Palm Warbler). Although it is very late in the season for this little songbird to still be so far north - stragglers do exist and this particular warbler is a hardy one, breeding further north than all but one other type of warbler and wintering predominantly in the Caribbean.

Lastly, on the rather warm, sunny and blustery day of Jan. 11 while walking along the Kettle Cove beach my wife spotted two American Pipits. These birds are a rarity in these parts at this time of year. Pipits are small, slender songbirds with grayish-brown above and varying yellowish underparts with streaking below. In general, these birds have no particularly conspicuous marking to speak of. These little wanderers' nest in the far north on mountain tops and are of a select few American songbirds that nest in both Arctic tundra and alpine meadows.

Capetoon: Packing for a winter vacation in Cape

By Jeff Mandell



Drawn by Jeff Mandell

FEBRUARY IS PET DENTAL HEALTH MONTH!

FREE Dental X-Rays
(\$100 value) for the first 24 patients to schedule a dental in February!



Most dental disease occurs below the gum line where you can't see it. Dental x-rays can be your only defense against painful dental disease.

Call us today!

207 OCEAN HOUSE ROAD, CAPE ELIZABETH, ME
207.799.6952 • WWW.VRCCE.COM



LESLIE YOUNG
PROPERTY MANAGER

207-835-9495

HILLWAY.MGMT@GMAIL.COM

8 GOLDEN RIDGE LANE,
CAPE ELIZABETH, ME 04107

[f HILL-WAY-PROPERTY-MANAGEMENTHOUSE-WATCH](https://www.facebook.com/HILL-WAY-PROPERTY-MANAGEMENTHOUSE-WATCH)

HOME WATCH and PEACE OF MIND

Services for:

- ▶ Snowbirds
- ▶ Travelers
- ▶ Cottage Owners
- ▶ Vacant Homes
- ▶ Homes for Sale
- ▶ Second Homes
- ▶ House Sitting
- ▶ AirBnb Rentals

Services Include:

- ▶ Property Management
- ▶ Maintenance Management
- ▶ Winterizations & De-winterizations
- ▶ Snow Removal
- ▶ Storm Checks
- ▶ Interior Checks
- ▶ Exterior Checks

Concierge Services:

- ▶ Repairs or Maintenance Coordination
- ▶ Providing access to vendors/service providers
- ▶ Waiting services (to facilitate service, repair, delivery or installation)
- ▶ Package retrieval
- ▶ Mail forwarding
- ▶ Home opening & preparation for owner or guest arrival
- ▶ Home closure after owner or guest departure
- ▶ Pre-storm preparation assistance
- ▶ Post-storm inspection
- ▶ Auto Care (vehicle battery, maintenance setups & checks)
- ▶ Grocery shopping & stocking

TML hosts authors Jack Flowers, Carol Gardner and offers workshop on intuition

Celebration for Community Art Show Rescheduled for February 1

The library's November centennial art show featuring work by 114 Cape library users will be celebrated on Saturday, Feb. from 1:30 - 3:00 p.m. (the celebration was postponed due to a snowstorm.) The celebration, for all the participating artists as well as the community at large, will feature a cake and other refreshments, as well as a community singing-along. Library friend, singer/songwriter Jud Caswell will lead participants in familiar folksongs, Beatles covers, and more. Come to listen, or to sing! Free copies of a booklet featuring photos of all the works in the community show will also be available to participants at the event. All are welcome.

ADULT PROGRAMS

Senior Tech

Wednesday, Jan. 22, 10:30 a.m. – noon
We're here to help in any way we can with your tech questions. We work together as a group to answer similar questions, and break out into smaller groups to answer individual questions.

Maine's Maritime History's Influence on Fiction

Thursday, Jan. 23, 6:30-7:30 p.m.
Author Irene M. Drago of Bath joins us this month to discuss Bath's maritime history and how it inspired her debut novel, "Daughters of Long Reach." This debut novel tells the story of a present day family that buys a historic home in Bath and then learns about the prominent shipbuilding family that lived there in the mid-1800s. The novel deftly weaves the story of that family and its ancestors with the present-day one. It elucidates the dangers and joys of sailing the world on big-masted schooners, the loneliness of dear ones left on shore, and vividly reminds us of the ties that connect three generations, separated by 150 years, with their coastal heritage.
Ms. Drago's talk will be illustrated by

historical photos. Following the presentation she will take questions from the audience and sign copies of her book, which will be for sale.

Astronomy Event: Star Party!

Saturday, Jan. 25, 7:00 - 8:30 p.m.
Participants will meet at the Thomas Memorial Library to go over the basics of reading star charts before heading to Gull Crest Field for observation with binoculars, telescopes, and the naked eye. Depending on visibility, we may be able to see planets up close, explore craters on the moon, and view galaxies many light years away. All ages welcome. Follow the event on Facebook or register through Cape Community Services to receive updates, Sponsored by CELT and TML.

Songwriting Workshop

Tuesday, Jan. 28, 6:15-8:15 p.m.
Whether you are a new writer, experienced writer, or want-to-be-a-writer writer, we hope you'll join us each month to bring in your work and get expert advice from award-winning songwriter Jud Caswell. Participants in this workshop rave about Jud and about how much his advice is helping shape and improve their writing. The goal of the workshop is to provide a safe place for songwriters to share and learn. Songwriters of all levels and abilities are welcome.

How to Access Your Intuition Workshop

Tuesday, Feb. 4, 6:30-8:00 p.m.
In this workshop, offered by Rachel Horton White of Soulful Work Intuitive Consulting, we will talk about how you can develop your intuition you help guide you in any area of your life. Learning to distinguish between doubt and your quiet, inner voice can bring comfort, hope and even transformation as you learn to trust yourself in deep ways. Learning to listen to our feelings is the gateway to trusting ourselves. We will cover how mindfulness meditation helps you open your

intuition, and how you can learn to notice little messages in your daily life (in the car, around the house, even at work). Please bring a pen and a journal or paper to write on.

Eldering Discussion Group

Wednesday, Feb. 5, 1:00-2:30pm
While aging is familiar to us, the concept of "Eldering" may be new. Our Eldering group is a place to talk, to share, or to just listen to what neighbors, friends, and members of our community have to say about their experiences as we grow older. The group has already come up with a great list of resources.

Involuntary Americans: Scottish Prisoners in Early Colonial Maine

Thursday, Feb. 6, 6:30-8:00 p.m.
Carol Gardner will deliver a talk entitled "Involuntary Americans: Scottish Prisoners in Early Colonial Maine," discussing the more than 400 prisoners of war who were brought to Maine, New Hampshire and Massachusetts against their wills in 1650-1651. Dr. Gardner is the author of a recently published narrative history, "The Involuntary American: A Scottish Prisoner's Journey to the New World."

ONGOING ADULT PROGRAMS

- Knitting Group, Every Monday at 1:00 p.m.
- Chair Yoga, Second Monday at 11:30 a.m.
- Democracy Cafe, Second Tuesday from 6:30-8:00 p.m.
- Songwriting Workshop, Fourth Tuesday from 6:15-8:15 p.m.
- Eldering, First Wednesday, 1-2:30 p.m.
- Morning Book Group, Second Wednesday from 9:30-11:00 a.m.
- Writers' Accountability Group, Third Wednesday from 10:00 a.m.-noon
- Senior Tech, Fourth Wednesday from 10:30 a.m.-12:00 p.m.
- YA Anonymous Book Group, First Thursday from 6:30-7:30 p.m.
- Maine Wildlife Lecture Series, Second Thursday from 6:30-7:30 p.m.
- Evening Book Group, Third Thursday from 7:00-8:30 p.m.
- Chess Club, Every Saturday from 9:00-11:00 a.m.

PROGRAMS FOR TEENS

Teen Takeover: Movie Night

Friday, Jan. 31 from 5:30-8 p.m.
Ring in the new year at TML with a movie! Come hang out at the library after hours to watch "Detective Pikachu!" Pizza and other refreshments will be provided. Open to teens in grades 6-12. Please register in advance on the library's website.

D&D for Teens is BACK! *New

sessions begin Tuesday, Feb. 4

We are reviving our popular Dungeons & Dragons club! There will be two sessions: Tuesdays and Thursdays from 3-5 p.m. Each session will require registration and you may NOT register for both sessions. There is limited space and we want to give everyone a chance to play. Please register in advance on the library's website.

PROGRAMS FOR CHILDREN

We have 15 regular weekly programs for children at the library. Please check our website for the complete schedule. Below are some special events, monthly programs, and program changes.

New Saturday Program Schedule

Beginning on Saturday, Feb. 1, the library will be offering a rotation of different story time programs on Saturdays (following Mother Goose Time and Family Story Time) as a means of allowing families who find it difficult to visit the library during the week to get a chance to attend a variety of family programs. Yoga story time will no longer be offered every Saturday, and instead will be part of the Saturday program rotation. Beginning Feb. 1, the Saturday story time schedule will be:

- 9:30 - 10:00 a.m. Mother Goose Time for babies up to 18 months
 - 10:30 - 11:00 a.m. Family Story Time for all ages
 - 11:15 to 11:45 a.m. special story time four week rotation:
 - Week 1: Little Frogs Story Time Yoga, for ages 3 - 5
 - Week 2: Baby Doll Story Time, for ages 2 and up
 - Week 3: Dress Up & Dance, for ages 2 and up
 - Week 4: Art Adventures, for ages 3 and up
- No registration is necessary for any of these programs!

Early Release Adventure: Picturing the Dark with Marie Ahearn

Wednesday, Jan. 22, 2:15 - 3:15 p.m.
For ages 6 and up
With short days and long nights, winter is a time of darkness. How can you capture the beauty of the night when everything is dark? Join artist Marie Ahearn for an exploration of night time scenes, and use paint, paper, pastels, and other materials to create your own nighttime art. Please register in advance on the library's website.

Early Release Adventure: Winter Tracking with Philip Mathieu from CELT

Wednesday, Feb. 5, 2:15 - 3:15 p.m.
For ages 6 and up
Join Cape Elizabeth Land Trust educator Philip Mathieu for a journey into the world of animal tracking. We will learn how to recognize different animals from our part of Maine, and how to unravel the stories their tracks may tell. Please register in advance on the library's website.

Families Discover Great Artists

For ages 3 and up
Saturday, Feb. 8, 3:00 - 3:45 p.m.
Join Miss Kiah for a hands-on exploration of a different artist or artistic style each month. This month: explore cave paintings! No registration necessary.

Dr. David Jacobson
TWO LIGHTS DENTAL

Visit Us Today!
TwolightsDental.com

HOBBS FUNERAL HOME:
A family caring for families.

"Locally-owned" is important to many people. The Hobbs Funeral Home was founded by Frank and Betty Hobbs more than 50 years ago, and has been a family business, independently owned and operated by the Hobbs family ever since.
We believe Maine people prefer a locally-owned funeral home, offering highly personalized, caring service during an extremely difficult time.
From the first call through the last detail, our professional staff is there to help you - 24 hours a day. Professional, personal, caring - and local.

HOBBS FUNERAL HOME • 230 Cottage Road • South Portland, Maine 04106 • (207) 799-4472

Vindle Builders
Ron Spidle, owner
Custom framing to fine carpentry
Where integrity means business
207-329-9017
Fully insured
vindlebuilders.com

TVK Construction
ALL JOBS - Big or Small
Terry V. Keezer, Owner
Fully Insured
207.252.7375
www.TVKconstruction.com

Pauline Doane Painting
Wallpaper Removal
Light Repairs
233-3632

Ask the Vet

Dr. Ginger Browne Johnson

Why am I suddenly hearing that peanut butter can be toxic to my dog?

Most pet owners are aware of common foods that can be toxic to animals, like chocolate, onions and grapes, foods that are harmless to most humans. But a less well known and even more dangerous substance, called xylitol, is finding its way into many common foods, like peanut butter, that we often share with our canine companions.

Xylitol is a widely used natural sweetener that is potentially life threatening if consumed by dogs or cats, and yet is increasingly found as a primary ingredient in many popular products. According to the Poison Pet Helpline, cases involving xylitol ingestion are increasing rapidly. In 2009, they were consulted on approximately 300 cases, while in 2015, that number increased to 2,800.

Food companies are starting to use alternative sweeteners in products like peanut butter, yogurt, ketchup, protein bars, bran cereals and ice creams in an effort to lower the sugar per serving. Unfortunately, many of these are foods we love to share with our pets.

Products labeled as “sugar-free” often contain xylitol, but be aware that some products without that label might still contain this sugar substitute. It is extremely important these days to always carefully read the entire ingredient list on any food before giving it to your dog.

Xylitol is also called “birch sugar” or it can be listed on the nutritional information as a “sugar alcohol”. Some clues that a product might contain xylitol are if it is labeled “less sugar” or if the ingredient list has the letters “xyl” anywhere in the spelling of items.

For pets, xylitol poisoning is a major problem, according to Ahna Brutlag, DVM, MS, ABT, DABVT, Associate Director of Veterinary Services at Pet Poison Helpline. Brutlag says ingesting xylitol may cause acute hypoglycemia (low blood sugar due to rapid massive insulin release) and/or liver damage. Your pet may have acute weakness, staggering, seizures, collapse and vomiting. “Within 15 to 20 minutes, they might even be comatose,” she adds. At low doses, xylitol

has been shown to cause liver damage and at high enough doses pets can even experience complete liver failure leading to death. Interestingly, although it has a similar affect on cats, there have been very few reports of feline poisoning. Perhaps because cats are very particular about what they eat and don’t have a sweet tooth.

To keep your pet safe, look for peanut butters that only have peanuts and salt for ingredients and remember that alternative sweeteners can show up in foods that we don’t even realize have sweeteners added. Always read labels carefully. If a product states ‘artificially sweetened’, assume it contains xylitol and avoid it. Products that most commonly contain xylitol include:

- Peanut Butter
- Toothpaste
- Mouthwash
- Chewing gum
- Baked goods
- Sugar-free candy
- Breath mints
- Fruit drinks
- Jellies and jams
- Cereals
- Puddings and Jello
- Over the counter medicines
- Over the counter vitamin supplements

Vomiting is often the first symptom of toxicity, while other problems can develop within 48 hours of ingestion. The toxic dose of xylitol for dogs is 0.1 gram or more per kg of body weight.

If you think your pet has ingested something containing this or an unknown alternative sweetener, call your vet immediately. The sooner the toxicity is treated, the better.

Thank you for your wonderful questions and thank you all for being a friend to animals!

Send your questions to Ask the Vet!

Veterinary and Rehabilitation Center of Cape Elizabeth

Dr. Ginger Browne Johnson & Robin Elliott

Info@vrce.com - attn: Ask the Vet

Development

Continued from page 1

Phase I of Ocean House Common. This included a 7,144-square-foot dental office building with two second-story apartments, a driveway access from Ocean House Road that turns north to the Town Hall parking lot and a 20,000 square foot village green fronting Ocean House Road. A 100-foot buffer easement that has been surveyed and marked is located on the eastern side of the property. Landscape architect John Mitchell from Mitchell and Associates assisted Jacobson in the approval process, design of the village green and engineering for the site work.

On Dec. 9, the Town Council approved three agreements to share resources and infrastructure with Ocean House Common. This included sharing ten parking spaces at the rear of Town Hall with the new development. The parking spaces are located where the former silver recycling bullets were previously housed and according to Jacobson, he and his office staff will use them. The second was a cross-access easement which will allow pedestrian and vehicle traffic to and from Town Hall on Ocean House Common’s private road. The final approval was for a drainage easement which will allow for drainage and stormwater runoff from Town Hall to flow to infiltration basins on the Ocean House Common property. “We are excited about Dr. Jacobson’s project currently underway. The Town is proud to have Dr. Jacobson invest in the Town center and establish a long-term home for his dental practice. Further, the creation of a village green in the Town center will provide a public asset to the community that many will enjoy for years to come,” said Town Manager Matthew Sturgis.

Jacobson went back to the Planning Board on Dec. 17 to receive approval to subdivide the land into four lots. His dental office building and second-story apartments will be located on one lot. Jacobson also received approval to increase the size of the building to allow for three instead of two apartments. In addition, he donated another 17,000 square feet to the village green

space, bringing the total land donation to more than three-quarters of an acre. Once decided over the town will be responsible for the maintenance of the village green.

At the Dec. 17 Planning Board meeting, a concerned resident brought up her disappointment over a vernal pool that had been removed on the property, located in the middle of what will be the town green. A report registered with the Maine Department of Inland Fisheries and Wildlife and the Maine Department of Environmental Protection and conducted by an environmental consultant, hired by Jacobson, determined there was no significant vernal pool on the property and Jacobson was given approval to move forward. “According to the town, state and after lengthy discussion with the DEP and experts in the field (again, even after I received my approvals) we didn’t have any objections to develop the property. We also looked into many different scenarios to keep as many mature healthy trees as possible but the topography and elevations of the lot created a ton of obstacles. Our team designed the best case scenario for conservation, esthetics and within the guidelines of what the town wanted in the town center according to their plan,” said Jacobson.

Site work on the property, which is being done by LP Murray, will continue through the winter. Building of the dental office/apartments will begin in late March or early April and Jacobson hopes to move his business into the new space late next fall or early winter. The village green should be completed this coming spring. Hoping to keep the space congruent, Jacobson has hired Mark Mueller Architects, who designed C Salt Gourmet Market. Benchmark Builders will be building the dental office/apartments. The other three lots on the property have been listed for sale by Jacobson and future development of these will require separate Planning Board approvals. This will include revisiting parking, landscaping, architecture and traffic studies during the approval process.

Chad's Computer Consulting

Mac or PC, jobs Big or Small
I can help.
Office Networks or Home Computers
207.228.4131
chad@chadbraley.com

SANTORORO
REAL ESTATE

Sales & Rentals

ONE STOP SHOPPING
SALES / RENTALS
28 Years Experience
Let experience work for you

207-767-4777

96 Ocean St., Ste 5 • South Portland

Louis F. Santoro
Owner

Michael Amergian
*Residential Sales
Commercial Brokerage*

RE/MAX
OCEANSIDE

Frank S. Strout
Broker

1237 Shore Road, Cape Elizabeth, Maine 04107
Office: 207.799.7600 x104 Cell: 207.776.4245
Toll Free: 888.558.0558
Frankstrout@remax.net www.OceansideMaine.com

Each Office Independently Owned and Operated

TAMMARO

LANDSCAPING & PROPERTY SERVICES, INC.

Think of us for:

Stone Work ♦ Paver Walkways

Rock Walls ♦ Stone Fences

Patios ♦ Outdoor Living Areas

Call to set up a FREE consultation!

831-8535

CAPE CALENDAR

By Wendy Derzawiec

Thursday, January 23

School Board Budget Review, 6-9 p.m., High School Library and Learning Commons

Tuesday, January 28

School Board Policy Committee, 3 p.m., William H. Jordan Conference Room, Town Hall

Board of Zoning Appeals, 7 p.m., Town Hall chamber

Monday, February 3

Town Council Workshop, 7 p.m., William H. Jordan Conference Room, Town Hall

Tuesday, February 4

School Board Building Committee, 6:30 p.m., High School Library and Learning Commons

Planning Board Workshop, 7 p.m., William H. Jordan Conference Room, Town Hall

Ongoing each week

Al-Anon, Regular meeting 7 p.m. Thursdays, at United Methodist Church, 280 Ocean

House Road. Regular meeting 7 p.m. Fridays at St. Alban's Church.

Alcoholics Anonymous, 2 p.m. Saturdays, First Congregational Church, 301 Cottage Road, South Portland; 7 p.m. Wednesdays, St. Bartholomew Church; 7 p.m. Fridays, St. Alban's Church.

Cape Elizabeth Historical Preservation Society, 9 a.m.-noon Thursdays, Public Safety Building

Cape Elizabeth Lions Club, 6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road

Cape Farm Alliance, third Tuesday, 7 p.m., Community Center

South Portland/Cape Elizabeth Rotary Club, each Wednesday at 6:15 p.m. Purpoodock Country Club, Spurwink Avenue. 767-7388.

Codependents Anonymous (CODA) group at Cape Elizabeth United Methodist Church Regular meeting weekly on Saturdays at 10:30 a.m. Call 799-4599 FMI.

CABLE GUIDE

Town Council replay

Jan. 15 & 16 - 2 p.m. & 8 p.m.
Jan. 18 - 10:30 a.m.

School Board replay

Jan. 17 & 18 - 2 p.m. & 8 p.m.
Jan. 19 - 10:30 a.m.

Cape Elizabeth Church of the Nazarene

Jan. 18, 19, 25, 26, Feb 1 & 2 - 9 a.m.

CETV CHANNEL 1302

Planning Board (live)

Jan. 21 - 7 p.m.

Planning Board replay

Jan. 22 & 23 - 2 p.m. & 8 p.m.
Jan. 25 - 10:30 am.

Board of Zoning Appeals (live)

Jan. 28 - 7 p.m.

Board of Zoning Appeals replay

Jan. 29 & 30 - 2 p.m. & 8 p.m.
Feb. 1 - 10:30 a.m.

Hockey team picks up over 300 trees



Contributed photo

The Cape Elizabeth Boys Hockey Team would like to thank the town of Cape Elizabeth and the community for their generous support during our annual Christmas Tree Pick - Up fundraiser. The Boys picked up over 300 trees with additional support from Bolder Stoneworks and Thomas Hill Landscaping.



Invisible Fence Brand

Keeping pets happy, healthy & safe @ home™

Play Safe. Worry-Free.

Invisible Fence of Southern Maine

800-585-2803

southernmaine.invisiblefence.com

©2018 Invisible Fence of Southern Maine. Invisible Fence® is a registered trademark of Invisible Fence, Inc. All rights reserved.

SERVICES

Cape Elizabeth Church of the Nazarene

499 Ocean House Road (Route 77)
747-1113

www.capenazarene.org

Sunday School for all ages: 9:30 a.m.
Sunday Worship Celebration: 10:45 a.m.
Services streamed live or on demand:
watch.capenazarene.org

Cape Elizabeth United Methodist Church

280 Ocean House Road
799-8396

www.ceumc.org

Sanctuary Service: 10 a.m.
Child Care & Sunday School: 10 a.m.
Adult Sunday School: 9 a.m.

The Church of Jesus Christ of Latter-day Saints

29 Ocean House Road
799-4321

Sacrament Meeting:
Sunday, 10 - 11:00 a.m.

Sunday School: 11:10 a.m. - 12:00 p.m.
Primary: 11:10 a.m.-12:00 p.m.
Relief Society, Priesthood:
12:00 -1:00 p.m.

The Church of the Second Chance

Greater Portland Christian School
1338 Broadway, South Portland
641-3253

Sunday: 10:30 a.m.-12:15 p.m.

Congregation Bet Ha'am

81 Westbrook St., South Portland
879-0028

www.bethaam.org

Worship: Friday, 7:30 p.m.
Saturday, 10:30 a.m.
Family Shabbat Services:
Second Friday, 6:00 p.m.

First Baptist Church of South Portland

879 Sawyer Street South Portland,
799-4565

www.spfbc.co

Sunday Morning Worship: 9:30 a.m.

Coffee Time is at 10:45 a.m.
Sunday School is at 11:15 a.m.
Sermon audio is available on our website

Promised Land World Reach Center

536 Cottage Road, South Portland

799-3152

Sunday Prayer & Intercession: 9:30 a.m.
Sunday Worship: 10 a.m.
Family Bible Studies: Wednesday, 7 p.m.
Sermon recordings available to download

Saint Alban's Episcopal Church

885 Shore Road

799-4014

www.stalbansmaine.org

Sundays: 8 a.m., 9:30 a.m.
Celtic Service: Sunday, 5:30 p.m.
Nursery & Children's Programs
Sundays, 9:30 a.m.

Listen to our Podcast "A Nourishing Word"

We have room for all

Saint Bartholomew Roman Catholic Church

8 Two Lights Road

799-5528

www.saintbarts.com

Sunday Mass: 9 a.m. and 11 a.m.
Monday & Tuesday Masses: 8 a.m.

First Congregational Church United Church of Christ

301 Cottage Road, South Portland
799-3361

www.fccucc.org

Sunday Worship: 8:30 a.m., 10:00 a.m.
Sunday School: 10:00 a.m.
Preschool Child Care: 10:00 a.m.
Game Room

First Congregational Church of Scarborough

167 Black Point Road, Scarborough
883-2342

www.fccscarborough.com

Sunday Morning Worship: 9:30 a.m.
Sunday School & Nursery Care

December 2019 Cape real estate transfers

NEW OWNER	LOCATION	SALE PRICE	USE
EWING LANA M	276 FOWLER ROAD	\$345,000	SINGLE FAMILY
BOWDLER LIANA M	16 JEWETT ROAD	\$300,000	SINGLE FAMILY
DONAHUE MCKINLEY K	88 SCOTT DYER ROAD	\$340,000	SINGLE FAMILY
SAWICKI SUSAN M	17 WILDWOOD DRIVE	\$335,000	CONDOMINIUM
QUIMBY HANNAH	20 HARRIMAN FARM ROAD	\$1,019,000	SINGLE FAMILY
PULSIFER MARTHA J	1175 SAWYER ROAD	\$337,000	SINGLE FAMILY
KENNEDY-SMITH RACHEL	15 STARBOARD DRIVE	\$215,000	CONDOMINIUM
16 RUNNING TIDE LLC	1 HUNTS POINT ROAD	\$2,800,000	SINGLE FAMILY
BLACK MEGAN L	25 RIDGE ROAD	\$336,000	SINGLE FAMILY
ODENWALD PETER	17 BEACON LANE	\$535,000	SINGLE FAMILY
SCHNEIDER VICKIE	3 MEADOW WAY	\$275,000	SINGLE FAMILY
GILLESPIE JAMES	4 ERIE ROAD	\$343,000	SINGLE FAMILY
TANSEY III JOSEPH L	29 ROCKY HILL ROAD	\$540,000	SINGLE FAMILY
WEIDNER GERALD W	16 PILOT POINT ROAD	\$460,000	SINGLE FAMILY
YAM YAMS LLC	287 OCEAN HOUSE ROAD	\$385,000	COMMERCIAL
NORTHERN PORPOISE LLC	535 SHORE ROAD	\$525,000	MERC/RET/APT

Dreaming Up the Ideal Retirement Is Your Job. Helping You Get There Is Ours.

To learn more about why Edward Jones makes sense for you, call or visit a financial advisor today.



Don Duffy

Financial Advisor

343 Ocean House Rd
Cape Elizabeth, ME 04107
207-767-4263

edwardjones.com
Member SIPC

Edward Jones
MAKING SENSE OF INVESTING

BUSINESSES/SERVICES

ALWAYS BUYING
ANTIQUES & COLLECTIBLES
 Also Buying Paintings & Prints
G L Smith 671-2595

WISH LIST HOME
IMPROVEMENTS

Fine woodworking, general carpentry and repairs. Call Dave at 874-0178.

MUSIC LESSONS

Flute lessons: For beginners and intermediates of all ages. Call Kris: 767-3712.

Piano lessons for all ages. Beginners through advanced. Sandi Palmquist: 329-8345.

Guitar Lessons: All ages and abilities. Travel to you. Call Richard Corson: 207-400-0484

FOR SALE /RENT

Enjoy Cape Elizabeth photo note cards by naturalist Martha Agan magan@maine.rr.com. Card assortments available at Ocean House Gallery near the library parking area.

Thibodeau earns Ph.D from The College of William & Mary



Contributed photo

Patricia S. Thibodeau at her oral defense of her Ph.D in Marine Science held on the campus of the Virginia Institute of Marine Science (VIMS).

Patricia S. Thibodeau recently earned her Ph.D. in marine science from The College of William & Mary, School of Marine Science at the Virginia Institute of Marine Science.

Dr. Thibodeau's dissertation focused on studying the ecology and physiology of pteropods (open ocean snails) along the Western Antarctic Peninsula, one of the most rapidly warming regions on the planet. Tricia spent eight months at sea over five years participating in the annual Palmer Antarctica Long Term Ecological Research cruise along the Antarctic Peninsula. She also developed and was the instructor of record for two courses at William & Mary called Ocean Acidification and Exploring Marine Science Through Film.

Thibodeau's academic advisor, Deborah Steinberg, said upon introducing her to the audience attending her oral arguments, "She's been a star student here at VIMS, receiving a number of awards and fellowships and already has one chapter from her thesis published with three more close to submission. It has been such a pleasure to have Tricia in our lab over these years, in addition to the exciting science she has produced, she is simply lot of fun to be around, she has an ability to bring people together, her resourcefulness and organizational skills helped many of us."

Thibodeau will begin a position as a Postdoctoral Researcher at the University of Rhode Island analyzing a 50 year plankton time series from Narragansett Bay in January.

Thibodeau is the daughter of Margaret and John Thibodeau of Cape Elizabeth.

IN SEARCH OF

Looking for a **full time Nanny** position. Over 8 years of experience with ages newborn to school age children. Fun and reliable with a clean driving record. References and Resume available upon request. Text: Sam 207-318-5360

Government

Continued from page 10

soon to be voter, I found the whole experience extremely valuable. Seeing these candidates on the news or on the debate stage can make the whole process seem intimidating, so it was really refreshing to meet them in a smaller setting. It has truly inspired me to become more informed on the country's issue, so when the next election rolls around I will be prepared to participate in our democratic process."

Max Patterson had a preference. "My favorite part of this was Amy Klobuchar's speech. She showed her knowledge and how relatable she is. It was a very fun and beneficial experience," he said.

Genevieve Depke said, "One of the most interesting parts of the trip was learning about the dark horse candidates. We met three of these candidates and they all seemingly had extreme opinions but very unique backgrounds. One woman even came up to us at dinner, sat at our table, and gave us her book."

Seamus Healy said, "My experience at the college convention was very fun and interesting" and Finn Wolf added, "I enjoyed being with and near the candidates. So much of the news is skewed and it was a pleasant change to be able to see the candidates in a much more personal and pure light. Those who could make it to the conference generally seemed confident in reading their prepared speeches, but when they were asked on-the-spot questions they seemed to scramble in a comical way. Overall, the experience was very worthwhile and it was something that I hope the school continues with in the future."

Jordan, the organizer of the trip, said, "Our students asked good questions to the candidates and presenters - and answered tough questions, in the trivia session - and conducted themselves in a way that we can all be proud of." Other chaperones included Ginger Raspiller and Carolyn Young.

Next deadline: Jan 24th For Issue Date: Feb 5th

Have a Classified Ad, Announcement or Event?



Go to www.capecourier.com

Or contact Tara Simopoulos at: advertising@capecourier.com



Have something to sell? Having a yard sale? Want to spread the word about a new business or service?

Tell them here!
Classifieds in The Courier work!

Don Roy Trio concert at FCC on Feb. 9

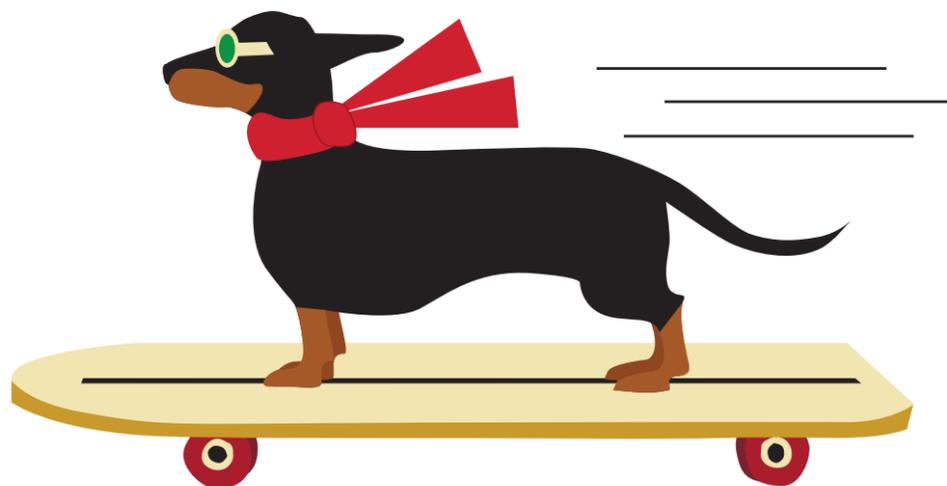
The Don Roy Trio features Don Roy, Cindy Roy and Jay Young on fiddle, piano and bass respectively. Delivering polished, tight, pulsating sets, Don Roy is firmly rooted in the Franco-American musical tradition. They have played at Carnegie Hall, Lincoln Center, appeared with Garrison Keillor. Cindy and Don received a National Heritage Fellowship in 2018 - the nation's highest honor in the folk and traditional arts - recognizing their artistic excellence and supporting their continuing contributions of our nation's traditional

arts heritage. The trio will be joined by three talented siblings: Rossby (14), Elsie (12) and Oliver (10) Arnott who were special guests at the 2017-2019 Fiddle-icious concerts.

The concert will be held at 4:00 p.m. on Sunday, Feb. 9 at First Congregational Church, 301 Cottage Road, South Portland. Tickets are \$12 ahead of time; available at BrownPaperTickets.com, Nonesuch Books and the church office. The cost will be \$15 at the door. Tickets for children 16 and under are half price.

Maine Veterinary Medical Center

A Specialty Hospital and 24/7 Emergency Center in Scarborough



We treat all pet emergencies 24/7 including weekends & holidays.



We offer specialty care including neurology, surgery, internal medicine, oncology, ophthalmology, critical care, rehabilitation and behavioral appointments.

207.885.1290 • mvmc.vet

Located at 1500 Technology Way • Enterprise Business Park off Route 1 • Scarborough

Courier ‘celebrates’ with residents at destination birthday party, travels to NZ



Contributed photo

Cape Elizabeth residents recently got together in Puerto Rico for a destination milestone birthday party to celebrate Tom McGuire’s 70th birthday. It was organized by his wife Maggie, who is from San Juan. Pictured with the Cape Courier in Condado from left to right are: Greg Boulos, Maggie Alegria, Tom McGuire, Elisa Drake, Dave Drake, Lee McGuire, Colin Mitchell, Rose Wood, Nela Alvarez.



Contributed photo

Pictured holding The Cape Courier are Capers Priscilla Harrison and Peter Dixon at the Pancake Rocks on the South Island of New Zealand in late November 2019.

More than appearances

By Cape Elizabeth Community Services

We are excited to start off the New Year with some refreshing changes to welcome all who visit the Community Center. Whether it be for pre-school, an association meeting, Girl Scout Troop gathering, exercise class or after-school program you will notice the newly painted halls (Thank You Bernie!), updated seating areas and visiting artist works on display.

Mirrored after the Stier Family Gallery at the Thomas Memorial Library, local artists may now apply to hang their works for a season on one, two or three display areas in the Cape Community Gallery. Our first exhibit from local artist Marie Ahearn’s Salty Sea portfolio has brightened our halls with its colorful palette and whimsical style. Information on how to display your artwork may be found on our web site www.capecommunityservices.org.

Another addition to our hallway is a new drinking fountain and bottle filling station. Our heartfelt thanks to Cape Elizabeth’s own Girl Scout Troop #35 who secured it on our behalf through a Portland Water District grant. The troop held a ribbon cutting ceremony late last year and since the installation, those coming and going from the Activity Room have appreciated the convenience of its location and functionality.

Along with a more welcoming appearance at the Community Center, Community Services Winter programming kicked off the New Year with nearly 250 youth, adult and senior offerings through April.

Looking through mid-February, we still have some room on our mini bus for our full dome experience exploring the “rainforests of the sea” at the Southworth Planetarium on Jan. 29, and seeing and hearing the stories of the mythical Maine town in the “Almost

Maine” production at Portland Stage Company on Feb. 6. Perhaps you’re more artistic and would rather learn to blend, shade and burnish with your colored pencils... yes, we even have a two hour workshop for that (Jan 23).

If you are looking for something more active, join skilled instructors in the pool for Aqua Cardio Core and Water Works, on the mat for Essentric or the alley for our first friendly candlepin bowling challenge.

The 62 + Lunch Club will be going to Nonesuch River Brewing, Old Port Sea Grill and SMCC’s Culinary School in the coming weeks. What better way to spend a cold winter’s day than sharing a meal with fellow community members?

Parents of teenagers, The Right Choice is next offering driver’s education starting on Feb 3. Get the benefit of driving in the winter and before spring sports begin.

Snow plows, igloos, polar bears and ice dragons will be the next builds in the after school Winter Lego program offered by Brick by Brick on Tuesdays for K – 3.

Learn to play the guitar for less than half the cost of private lessons with performer, composer and instructor John Johnstone in Beginners Group Guitar on Wednesdays for 3rd – 8th graders.

And finally to you working parents out there, ice skating and tubing will be on the list of things to do during Cape Care’s Vacation Camp for K – 6th grade while Jack Duffy will be offering a gaming adventure for those 2nd – 8th grade Minecraft enthusiasts.

For additional information on these and other programs outlined in the Cape Explorer or to register for any of our programs, please call us at 799-2868.

2020 BRINGS CLEAR VISION!!!
THINKING of BUYING OR SELLING? Call ME!



5 Rock Crest Dr. &970,000



9 Smugglers Cove Rd. \$900,000



8 Stonybrook Rd. \$759,900



970 Shore Rd. U-2 \$290,000



47 Resolution Pl. \$325,000



10 Winslow Pl. \$270,000



37 Stonybrook Rd. \$520,000



16 Pilot Point Rd. \$460,000



3 Headland Ln. U-11 \$518,990

COLDWELL BANKER
RESIDENTIAL BROKERAGE

Kathleen Pierce
Associate Broker/Realtor
(207) 232-4030

Kathleen.Pierce@NEMoves.com
295 Ocean House Rd
Cape Elizabeth, ME 04107



Owned & Operated by NRT

