

The Cape Courier

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In the Spirit of Community

Fully Involved: A view into CEFD, the new ladder truck

By Mara DeGeorge



Photo contributed by Robert Kamilewicz

CEFD's new ladder truck, a Quint, which has a 500 gallon water tank capable of pumping 1,500 gallons per minute.

If you ever want to see some excited firefighters, buy them a new truck. Cape Elizabeth Fire Department is pleased to announce the arrival of its new ladder truck. Talk about excitement in the fire house! For 18 months, the Department has been eagerly awaiting its new apparatus.

It started with identifying a need. The old truck was 26-years-old. It worked perfectly well and continued to be safe and effective, but was reaching the end of its useful service life. Technology has changed and Cape Elizabeth aims to keep up with the times as best they can in everything they do.

From a need, an idea was born. Chief Gleeson began the process of addressing the Town Council to authorize this Capital expense. All of the apparatuses are on a replacement schedule, and the plan assumes a 25-year normal service life. With all Capital expenses, the Town Council must approve the budget, even if it is planned. The Appara-

tus Planning Committee started the process by looking around to see what other departments were paying for a similar apparatus and added the Department's need to the Capital budget for that amount to be approved by the Council. Once approved, the apparatus was sourced.

The Committee consisted of four members: Chief Peter Gleeson, Deputy Chief Steve Young, Captain Jeff Kennedy and Captain John Vallely. They began their process by narrowing the field of possibilities to two manufacturers. They knew they wanted a single-axle chassis (for maneuverability in some of Cape Elizabeth's narrow streets and tight neighborhoods) with a 100' aerial. It was also paramount that they purchase a Quint given its increased capability. A Quint carries a full set of ground ladders, pump, hose, water, and aerial which allows the De-

-see CEFD page 13

CEHS Speech Team is Maine State Champions



Contributed photo

Cape Elizabeth High School Speech Team has won the Maine State Championship. A team effort, and coached by CEHS teacher Lisa Melanson, the winning effort was led by Marco Hansel (1sts in Poetry, Prose), Caroline Gentile (2nds in Poetry, Oratorical Declaration), Lauren Cutter (2nd in Extemp, 3rd in Original Oratory), Rayyan Hakizamana (3rd Original Works), Devan Newell (4th Original Works) and Ben Stone (4th Humorous Interpretation). This photo includes both speech and debate team members who attended. Missing from photo but at the tournament were Ben Stone, Helen Strout, Jinya Fisher-LaPlante and Will Brenneman.

CEHS student wins prestigious award, will go to Washington, D.C.

By Kevin St. Jarre

Cape Elizabeth High School student Isabel Berman has won the Maine's Prudential Spirit of Community award this year.

According to an announcement by CEHS Principal Jeffrey Shedd, Berman was recognized for an educational film she created, titled "The Truth," around the dangers of vaping.

The Prudential Spirit of Community Award is given to one high school and one middle school student from each state in the nation who has demonstrated outstanding acts of volunteerism.

The film was shown at both Cape Elizabeth Middle School, and in an evening showing at CEHS.

Shedd wrote, "The Prudential award is a big deal. Isabel will be traveling to Washington, D.C. for an awards ceremony together with award winners from all of the other states."

-see AWARD page 9



Contributed photo

CEHS senior Isabel Berman has won a prestigious award for her community service, and will travel to Washington, D.C. for the awards ceremony.

Sledding on the slopes

By Marta Girouard



Contributed photo

One of Cape Elizabeth resident Hans Hackett's winter hobbies is sledding down mountains. To date, he has organized 11 expeditions.

While many of us have fond sledding memories from childhood or enjoy visiting the local hill in town, Cape Elizabeth resident Hans Hackett has taken the pastime to a different level. He enjoys sledding down hills... really big ones.

In April 2015, a friend of Hackett's went to Mt. Washington via a Meetup group, was given a specific type of sled and experienced her first adventure sledding down the mountain. She enjoyed it so much that when she came home she told Hackett he had to try it. Two weeks later, Hackett tagged along with another Meetup group and became a sledding enthusiast.

According to Hackett, a typical sledding adventure involves leaving home at 7 a.m. and driving two hours to the Pinkham Notch Visitors Center in New Hampshire. Next is a hike up the Tuckerman Ravine trail for 2.4 miles, gaining 1,800 feet of elevation, to the

Hermit Lake caretaker's shelter. From there one sleds down the Sherburne Ski trail the 2.4 miles back to the starting point. "I would like to stress how much fun it is to hike on the Tuckerman Ravine trail. Crowds of people show up with skis, snowboards, sleds, kids, dogs. It is all so colorful, celebratory and exciting. Even if you are not sledding, come for the spectacle. It is also fun knowing you are only hiking one way and you have this super fun sled ride down for getting back. When people on the trail ask me about my sled, I tell them it's my exit strategy. The sledding experience for me is fun, fun, fun," said Hackett.

Sledding down the slopes is best in March and April, with the longer days and milder temperatures. Since the weather on Mount Washington can be extreme and changes quickly, one of the first steps for Hackett

-see SLEDDING page 10



The Cape Courier
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The 'science is clear' on immunizations

I urge you to vote No on 1 on March 3 for a single, simple reason: as Mainers, we protect each other. With Maine's school opt-out rates among the highest in the nation, our vaccination rates are below what will protect our families, our friends, our neighbors, and our communities.

In this day and age, potentially dangerous diseases such as measles, mumps, rubella, whooping cough, diphtheria and tetanus should be a thing of the past—just like smallpox—one of the greatest public health victories of our time. Unfortunately this is not the case. Our older relatives and neighbors, expecting mothers and babies, cancer patients, and others with weakened immune systems are unnecessarily put at risk.

Remember the 2014 measles outbreak that originated in Disneyland, only to be followed by a whooping cough outbreak

a year later? Closer to home, Windham and Freeport schools just recently experienced whooping cough outbreaks. Those outbreaks could have been avoided with lower levels of opt-out rates.

In 2019 a volunteer, parent-led, grassroots group helped pass LD 798, removing non-medical exemptions to school-required immunizations. Similar legislation in other states—like California in 2016--has proven to stem the tide of rising exemption rates.

The science is clear: immunizations are safe and effective. The current vaccine law upholds the right of parents to choose, and gives physicians, nurse practitioners, or physician assistants broad latitude to provide medical exemptions based on their professional judgement. Please join me in voting No on 1 on March 3!

Jo Morrissey

Calling all artists

We would like to explore the idea of reinstating the Cape Elizabeth Arts Commission, or forming a new Cape Arts Association. Our goals are to bring together a community of artists who can work together to support visual artists and promote opportunities for art-making. We'd also like to reinstate the Labor Day Art Show at Fort Williams. If you are interested in sharing ideas or learning more about ours, please send us an email at CapeArt2020@gmail.com

Marie Ahearn and Rachel Davis

Carney 'has my full support'

As a physician and environmental activist, I feel privileged to be represented in Augusta by Anne Carney. Her quiet, bipartisan, results-driven approach has been a refreshing alternative to partisan rancor and reflects both her ability and desire to serve her constituents and the State of Maine. That's why she has my full support in her campaign for the Maine Senate.

Anne sponsored LD 1539 which passed with bipartisan support and will provide affordable healthcare to children by increasing eligibility for the Children's Health Insurance Program (CHIP). She also introduced LD 1957 to improve postpartum care for Maine Care recipients. Advocating on behalf of healthy children and mothers is not only the right thing to do, but has been shown to increase educational outcomes and economic opportunity.

On the environmental front, Anne introduced legislation that became the basis for the first-in-the-nation ban on foam food containers. She has also been on the front lines of the controversy regarding above ground oil tanks and their toxic emissions right here in our back yard in South Portland. LD 2033 will tighten restrictions on oil storage tanks and require their removal when they are no longer in use.

Anne's leadership, hard work, focus on results, and willingness to collaborate in the House of Representatives have prepared her to accomplish even more on our behalf here in Cape Elizabeth/South Portland and throughout the State. I strongly encourage you to join me in supporting her campaign for the Maine State Senate.

Tony Owens

Monaghan 'is the candidate to support'

I know Kim very well. We served together in the Maine House of Representatives and were seatmates for four years.

With 151 members, being a State Representative can be like living in a big family; complete with varying characteristics, dynamics and controlled chaos. Both coming from big families, we could relate and had no problem fitting in to the Maine House.

Because of this large number, State Representatives are limited in the opportunity to be the lead sponsor of high-profile bills. Instead, they will join as co-sponsors, signing on to bills aimed to benefit constituents and the State of Maine. Maintaining respect of members in both the House and Senate Chambers, along with Committee settings, is key. It is important to listen, work together and keep an even keel under some of the most challenging situations.

I observed these traits with Kim while serving on the Judiciary Committee. The committee often dealt with sensitive issues dealing with human rights, family courts and child protection. In many situations, Kim worked in a calm demeanor with committee members to find mutual connections and compromise, even with some of the most conservative members.

Kim was always a welcomed voice and well liked in her caucus. I hope you will join others in supporting Kim and sending her back to the House on June 9, 2020.

Hon. Anne P. Graham

Millett 'is a powerhouse of a legislator'

I am writing to endorse Senator Rebecca Millett for Maine State House of Representatives District 30. Senator Millett is a powerhouse of a legislator; a person of integrity, insight, and conscience, someone we are truly fortunate to have representing us. Over the decade I have known her, I marvel at the solutions she has envisioned, developed, and sought support for on their way to effective legislation. Her bills are built to make a measurable difference in the lives of Mainers because she is out there every day working with ordinary citizens.

Whether the bill expands access to solar power, enacts safer gun laws, or tests for lead in school pipes, Senator Millett works hard to make our communities a better place. We share a vision for a clean environment, a safe and rewarding childhood, and a growing economy with better pay and conditions for workers. I am thrilled to support her candidacy for House District 30 and cannot wait to see what she will accomplish in that role for us.

Julia Bassett Schwerin

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Then and Now: "Billy"

By Jim Rowe



Drawn by Jim Rowe

"Billy," a drawing by Jim Rowe

From the time of the early European settlers in these parts, Cape Elizabeth was a pretty typical New World farming and fishing community...first at subsistence levels, and then, with the growing area population, commercially.

Once the American colonies sent English troops packing in 1783, it became incumbent upon our neonatal country to establish its own economy. Success relied heavily upon developing commercial trading opportunities...intra-state, inter-state and trans-Atlantic. Water transport was deemed the most economical way to move goods over long distances. Given Maine's notoriously treacherous Atlantic coastline, merchants, shipowners and mariners all lobbied heavily for government help in ensuring the safety of their vessels. They demanded lighthouses and other navigational aids. And so our intrepid Portland Head Light commenced service on December 10, 1791.

In all, thirty-nine Head Keepers manned Portland Head Light from 1791 to 1989 (16 civilians and 23 Coast Guardsmen). No keeper surname was more familiar than Strout. Joshua Strout and his son Joseph kept the lighthouse at Portland Head for a combined 59 years from 1869 to 1928. Joseph's son John also served as an assistant keeper at Portland Head Light before becoming head keeper elsewhere.

Cape Elizabeth homes and farms have no doubt raised many amazing animals through the years. There probably have been few, if any, that could compete with the Strout family's pet African Grey parrot, "Billy." Billy was a beloved mainstay at Portland Head Light for decades. African Greys typically live between 50 and 70+ years and are among the most popu-

lar pet birds. They are intelligent. They are loyal. And they are easily trained to "talk."

Billy embraced his life at Portland Head with vigor. In fact, he would help his humans with their duties. When the time was right, he would reportedly squawk "Joe, let's start the horn...it's foggy!"

I wonder if his warning shouts ever woke a sleeping household, thereby saving boats from foundering on our rocky, murky shoreline (and lives)? We'll never know.

Judy's Food Pantry - a community feeding itself

Cape Elizabeth United Methodist Church 280 Ocean House Road Every Tuesday from 3:00-5:00 p.m., July through November. The second and fourth Tuesday, December through June.

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Our Library: Making a difference

This column by Thomas Memorial Library Foundation shares true stories from library users on how our library is making a difference to them and to the community.

A Bit of Ireland in Cape Elizabeth

Mary (Coyne) Capobianco is a Director of the Thomas Memorial Library Foundation and is Chair of the Story Telling Committee.

On a cold winter evening, one TML patron went to hear Irish music and found more than that in the comfort of the night. One never knows what one might find when you attend one of the many free library events. For this patron, she was transported home.

It was Tuesday afternoon, only three days after St. Patrick's Day when I saw the poster on the front door of the Thomas Memorial Library announcing "GLENSHARE" would be performing that night at the library. Glenshare is an Irish duo (John Nesbitt and Jean McIntosh) from Massachusetts who sing Irish songs from the heart.

So it was only a few hours later that I found myself sitting in the front row of the community room at the library facing a white-haired gentlemen in a lovely Irish sweater and cap, and a beautiful lady with red hair and a guitar. As the couple began to sing, I traveled back to my visits to Ireland. John, a wonderful storyteller, shared stories of his childhood as he and Jean sang a song that they wrote about "Saturday Night at Home in Derry" where musicians filled their own homes as youngsters. John's stories continued throughout the show regaling the patrons with funny tales of fellow Irishmen and his own run-ins with the law. Hands were clapping, feet were stomping and the crowd sang along.

What a wonderful night! I forgot that I was down in the lower level of the library and not in a pub back in Shannon. As the evening came to a close, an encore of 'ole-Irish favorites' filled the small room. As they began to sing these words:

"too-ra-loo-ra-loo-ra"

"Over in Kilarney, many years ago, me mother sang a song to me in tones so sweet and low.

Just a simple little ditty, in her good Ould Irish way,

And' I'd give the world if she could sing that song to me this day."

Tears ran down my face as I recalled my mother singing this song to me as a child. In this small library space with a quiet group of patrons, I felt my mother's arms around me again.

Thanks to Thomas Memorial Library for one of the many wonderful opportunities that they offer to our community. Check out the programs and attend an event. You might be surprised where the road may take you.

What is your story about the library? Let us know how one of the librarians or one of the programs at TML makes a difference to you. The Story-Telling Committee would love the opportunity to interview you. Send your stories or comments to Mary Capobianco, Chair of the Foundation's Story-Telling Committee at stories@tmlf@gmail.com.

CEHPS meeting is March 2

The Cape Elizabeth Historical Preservation Society will meet on Monday, March 2 at 7 p.m. in the Community Center, 345 Ocean House Road.

CEHPS will host Lee Humiston, Director/Curator of the Maine Military Museum in South Portland. Humiston will talk about military events and people from the area. Humiston served 26 years in the Air Force. If you have not been to the Military Museum, you will be surprised at how large it is and how many artifacts it contains of our military history. The Museum is open weekends from 11 a.m. until 5 p.m. All programs and meetings of the CEHPS are free and open to the public. Please join us and bring a friend.



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Update from the school board

By Heather Altenburg

It's hard to believe we are already in February and a lot is happening at the school board level. Administrators have been working on the 2020/2021 budget since October and now the discussions begin at the level of the school board. We are always impressed with the time, thoughtfulness and diligence in the initial presentation to the school board. The administrators all advocate for the needs of their department, but as we begin making challenging choices of what stays in the budget while maintaining a fiscally responsible tax implication, collaboration and cooperation is always at the center of the discussion, as is what is best for the students and district as a whole.

On Feb. 4, the Building Committee met for the fourth time. However, the beginning of this process really was two years ago when there was concern for the safety in the entryway of Pond Cove and the Middle School as well as concern for the inadequacy of the cafeterium. A thorough vetting of different firms to study our schools was completed in the summer of 2018. In June of 2019, voters approved the school budget, which gave us the green light to hire Colby Company and Scott Simon Architects to begin an extensive analysis of our schools to create a Needs Assessment. As experts in their fields, they did an excellent job, compiling multiple one to two page reports. Each report references a code for urgency, a rough cost estimate, basic specs and further helpful information to get the project off the ground.

As a result of the Needs Assessment, a Building Committee of about 40 members was formed, consisting of administrators, school board members, town council members, teachers, parents and community members, some with extensive and professional knowledge of the very issues being discussed. In the first three meetings, we listened to the architects and engineers as they presented us with information about our buildings. They presented us with the challenges of buildings close to the end of their lives, the challenges with energy and efficiency that we face and showed us comparisons with other situations and schools they have worked with. It was during these meetings that the conversation regarding new construction and new buildings began. We heard from our Facilities Manager Perry Swartz, who expressed just how challenging the maintenance of the buildings is for him on a daily basis due to the fact that the buildings are so old and the is-

sues and failings are unpredictable. Not only is maintenance unpredictable, but the cost is escalating every year and it is irresponsible to ignore it. The band aid approach is not sustainable. He compared it to the country fair game, Whack a Mole. We also heard from Town Manager Matt Sturguis about bonding capacity as well as certain bonds in the town that will be retired, helping to paint a better picture of our ability to take on debt.

Our Feb. 4 meeting was time to start processing the information. After three meetings with the engineers and architects, this meeting was just the committee. Superintendent Wolfrom began by reminding members of the committee of the Future Search that took place a year ago. It was a day and a half process to begin creating a Strategic Plan for the district. There were about 100 participants including administrators, school board members, teachers, parents, students, business owners, police officers, clerics, realtors and many more. The purpose was to generate ideas from all in order to synthesize the information into a guiding document with broad representation. Eventually, a Strategic Plan with five goals was created. Superintendent Wolfrom referred to two of these goals at the meeting. They were:

- Safe, Sustainable, and Effective Facilities - Our Schools will be safe and effective facilities. They will be updated and maintained to meet the needs of students and staff in accordance with long-term financial planning.

- Environmental responsibility - The school department will prioritize environmental responsibility, including stewardship and sustainability.

The charge of the Building Committee is to make a recommendation to the School Board regarding the condition of the three schools guided by these Strategic Goals, the will of the community as defined by the Future Search process. The committee then broke up into seven groups to discuss the following questions:

- What does safe mean?
- What does effective facilities mean?
- What is our environmental responsibility as a district?
- What is our financial responsibility to the district and the community?

After breaking up into small groups to answer the questions, the committee came together as a whole to compile one list of answers for each question. The meeting concluded with a review of four possible options

-see SCHOOL BOARD page 8

Making sure your voices are heard in Augusta

By Sen. Rebecca Millett, D-Cape Elizabeth and Rep. Anne Carney, D-Cape Elizabeth

Although the legislative session only began in January, we've gotten off to a fast start, working to make sure your voices are heard in Augusta, and fighting to support our community.

One of our priorities this session has been addressing concerns related to the petroleum storage tanks in South Portland. Area residents have long been concerned with negative effects from the facilities, but since the EPA filed a consent decree against Global LP last year, the community's concern over the fumes and emissions have only continued to grow. And this is for good reason. Everyone deserves a healthy environment to live in and clean air to breathe. No one should be left in the dark about potential threats to public health in their own community. That's why last year, Sen. Millett introduced LD 1706, An Act to Ensure Public Notification of Air Quality Violations." This new law requires the Department of Environmental Protection (DEP) to alert an effected town or city when an air quality violation has been detected. This will ensure that what happened in our community last year never happens again to anyone in our state.

Our work didn't end there. This session, Rep. Carney introduced LD 2033, "An Act To Ensure Proper Closure of Oil Terminal Facilities." A significant number of the storage tanks in South Portland and up the coast are out of service. This bill would ensure that closure of facilities all over the state is done in an environmentally conscious and financially responsible way going forward. Sen. Millett also introduced LD 1915, "Resolve, Directing the Department of Environmental Protection To Evaluate Emissions from Heated Aboveground Petroleum Storage Tanks," which would direct the DEP to study the emissions coming from petroleum storage tanks and report back to the Legislature with its findings. Together, these two bills would give our community peace of mind and the tools it needs to move forward and ensure it's a safe, healthy place to live, work and raise a family.

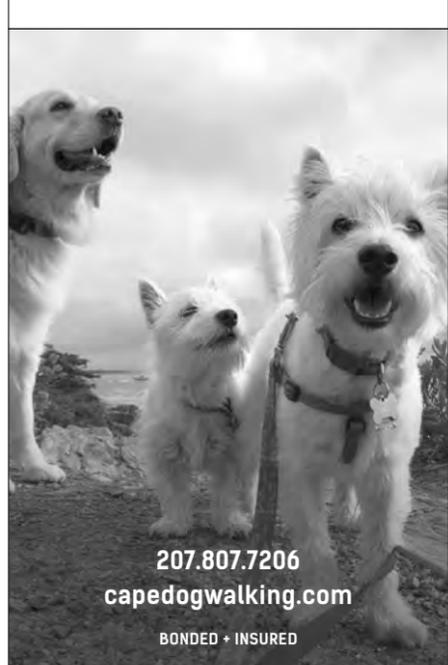
Helping and protecting the most vulnerable Mainers has also been a top priority this session. One of the most tragic

realities in our state is the waiting list for Mainers with disabilities to receive services they desperately need. There are roughly two thousand Mainers waiting for these critical services, and many of them have been waiting for years. This session, Sen. Millett introduced LD 1984, "An Act To Eliminate Waiting Lists for Home and Community-based Services for Adults with Intellectual Disabilities, Autism, Brain Injury and Other Related Conditions," which would direct the state to clear these waiting lists.

We also set out to protect our new families this session. Under current law, some women with low incomes are eligible for MaineCare during pregnancy and for 60 days following the birth of their child. After that, they lose coverage, and lose access to health care during an extremely vulnerable phase of their lives. To address this, Rep. Carney introduced LD 1957, "An Act To Provide Women Access to Affordable Postpartum Care." This bill extends coverage from 60 days after birth to 12 months. If enacted, this bill would benefit mothers and newborns by providing medical treatment for complications from pregnancy, difficulty breastfeeding, depression and other health conditions during the year following birth.

Finally, we wanted to remind you that 2020 is both a Census and presidential election year. The once-a-decade Census count determines Maine's share of federal funding for health care, education, transportation and other important services. Rep. Carney introduced a joint resolution to make it crystal clear that we in the Legislature support Maine's Complete Count Committee and organizations working to ensure that all Mainers are represented in the census. Sen. Millett also introduced a bill to help maintain honest and secure elections. LD 1988, "An Act To Prohibit the Distribution of Deceptive Images or Audio or Video Recordings with the Intent To Influence the Outcome of an Election," would prohibit the distribution of an altered video, image or audio recording with the intent to influence an election within 60 days of that election. New technology can easily fool us into believing that someone said or did something which in reality, they did not do, and that is a dangerous point we must not reach.

To say there's a lot going on here in Augusta would be an understatement. Your interests come first, and it is our mission to represent you in the best way we can. Feel free to contact us anytime. Sen. Millett can be reached by email at Rebecca.Millett@legislature.maine.gov, or by phone at 287-1515. Rep. Carney can be reached by email at Anne.Carney@legislature.maine.gov, or by phone at 287-1430.

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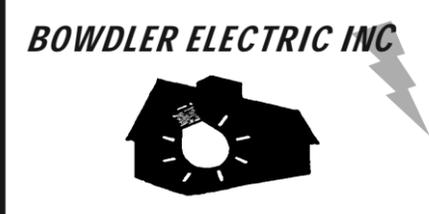
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Local Buzz readings at TML on Feb. 22

On Saturday, Feb. 22 from 3-4 p.m., the Local Buzz Readings Series continues its ninth season at the Thomas Memorial Library located at 6 Scott Dyer Road. The series will welcome poet and folklorist Margaret Yocom and biographer, Mark Griffin. The event is free and open to the public. Writers' books will be available for sale by Kelly's Books to Go and light refreshments will be available.

Margaret "Peggy" Yocom grew up in the Pennsylvania German farmland listening to her grandparents' stories. Her book "ALL KINDS OF FUR: Erasure Poems & New Translation of a Tale from the Brothers Grimm" was published by Deerbrook Editions in 2018. Her poetry has also appeared in the Beloit Poetry Journal, The Beltway Poetry Journal, the anthology The Folklore Muse: Poetry, Fiction, and Other Reflections by Folklorists, and elsewhere. She is the founder of the Folklore Studies Program of George Mason University where she taught for 36 years. Yocom has published writings on the Brothers Grimm, on the folk arts of political protest, on Inuit storytelling in north-west Alaska, on family folklore, and on the folk arts of Maine logging communities. Co-founder of the American Folklore Society's

Creative Writing and Storytelling Section, she holds a Ph.D. in English and folklore from the University of Massachusetts at Amherst. A founding member of Western Maine Storytelling and Co-organizer of the Hugh Ogden Memorial Evening of Poetry in Rangeley, she makes her home with her geologist husband John Slack, in Farmington and Rangeley.

Mark Griffin is the author of "All That Heaven Allows: A Biography of Rock Hudson," which was named one of the best non-fiction titles of 2018 by Kirkus Reviews. Universal Pictures has optioned the book and a big screen biopic is scheduled to be produced and directed by Greg Berlanti, who was responsible for the recent hit "Love, Simon" and the popular Netflix series "Riverdale." Griffin is also the author of "A Hundred or More Hidden Things: The Life and Films of Vincente Minnelli," which Library Journal named one of the best biographies of 2011. Griffin's reviews, interviews and essays have appeared in scores of publications, including the Boston Globe, Moviemaker and Genre. He recently appeared in the documentaries "Gene Kelly: To Live and Dance" and "Mythical Couples: Judy Garland and Vincente Minnelli."

Absentee voting underway

Absentee balloting is now underway for the March 3 Democratic Presidential Primary, Republican Presidential Primary and Special State Referendum elections.

Voters enrolled in the Democratic or the Republican party will vote for the candidate to represent their respective party in the November presidential election. All voters are eligible to vote on the special state referendum question to overturn Maine's vaccination law.

Absentee balloting will take place at Town Hall, 320 Ocean House Road, during business hours Mondays 7:30 a.m.-5 p.m., and Tuesday-Friday, 7:30 a.m.- 4 p.m. through Thursday, Feb. 27.

The election will be held on Tuesday, March 3, at the Cape Elizabeth High School

gym. Polls will be open at 7 a.m. and close at 8 p.m. All election activities, including voter registration, will move to the polls on Election Day. The town clerk and tax office will be closed that day so that staff may assist in the election.

Under Maine law, any registered voter may vote absentee until three business days before the election. You may do so in person at Town Hall, or request a ballot be sent to you by filling out an application. Any questions should be directed to Town Clerk Debra Lane, 207-799-7665.

For more information about voting absentee, visit: <https://www.capeelizabeth.com/news/2020/absballot20200303.html>.

Lobster Stew Supper is March 8

Ready to come out of winter hibernation, reconnect with your neighbors, and warm up with a bowl of rich, fresh lobster stew? The Lobster Stew Supper, to be held March 8, is a long-running tradition in Cape Elizabeth. Originated and hosted for decades by our volunteer fire department, this special tradition was resurrected by the Cape Farm Alliance in 2016, and continues thanks to the enthusiasm of the many residents who give of their time and pie-baking skills! The supper is a celebration of both community and of Cape Elizabeth's agricultural and fishing heritage.

Lobster for the stew is being donated by generous local dealers Ready Seafood and Luke's Lobster; 225 tender biscuits are crafted (and gifted) by the artisans at The Good Table restaurant; milk, cream and butter come

from Harris Farm in Dayton. The stew is prepared fresh the morning of the event by Kelly Strout (Shady Oak Farm) and a crew of farm alliance chefs, using their time-tested, secret recipe. Topping off the meal is a sweet selection of homemade pies, fresh from Cape kitchens.

The beautiful Purpoodock Club on Spurwink Avenue is once again host for the event, and there is a cash bar available. Doors open at 4:30 p.m., and the final seating will be at 7 p.m. Tickets can be purchased at Alewife's Brook Farm on Old Ocean House Road and online through Brown Paper Tickets; cost is \$15 for children ages 10 and under and \$25 for adults. For further details, contact Caitlin Jordan at farmer@alewivesbrookfarm or at 207-799-7743.

Email and phone scam complaints

Reported by Marta Girouard

COMPLAINTS

- 1-22 An officer met with a resident in the Spurwink Avenue area who advised she had accidentally replied to an e-mail scam. She notified her banks, credit card companies and the credit bureaus.
- 1-24 An officer met with a resident of the Fowler Road area regarding unauthorized charges on an account.
- 1-26 An officer retrieved an abandoned bike from the Sawyer Road area. The bike is described as light blue mountain bike and was returned to the Police Department for safekeeping.
- 1-27 An officer met with a resident of the Ocean House Road area who advised she had responded to a message left in her voicemail and spoke with a subject with an India accent. The subject claimed to represent the federal government and advised that a stop was being placed on her social security account and asked for personal information as well as her social security

number. Eventually she realized it was probably a scam and notified her financial institutions.

- 1-27 An officer met with a resident of the Ocean House Road area regarding a suspicious email.

SUMMONSES

- 1-24 Cape Elizabeth resident, failure to produce vehicle registration, Shore Road, \$152

ARRESTS

- 1-24 Cape Elizabeth resident, operating under the influence, Shore Road

FIRE AND RESCUE CALLS

There were 16 fire calls and 15 EMS calls

Scam alert bulletin board

By Jessica D. Simpson

Help for victims of scams and frauds

Every day, unsuspecting Americans, from border to border, are victimized by scammers -- typically working with a highly coordinated and sophisticated network of criminals. For these people, the aftermath often includes shame, loss of security and increased isolation. They feel embarrassed and guilty and don't know who to turn to, so more often than not, they don't tell a soul. But there is an excellent resource and team for you to contact. The AARP Fraud Watch Network is here for you, your friends, and your loved ones who may have experienced this violation. And they're there to tell you it's not your fault.

Trained AARP volunteer fraud fighters are there every weekday to help victims understand what happened to them, report the crime and start to put their lives back together. If you or someone you know has been the victim of a scam or

fraud, please call the AARP Fraud Watch Network Helpline at 1-877-908-3360 for support or visit www.aarp.org/fraud-watchnetwork.

When Cupid's a con artist

Along with the rise in dating website use comes a rise in online dating scams. Scammers create fake profiles, build relationships with individuals through the dating site, and then attempt to steal their money and disappear. You can spot a con artist by recognizing a few red flags: they might propose chatting offline or profess their feelings for you before getting to know you. They may offer to visit if you can help cover travel costs, and then cancel those plans at the last minute. Looking for love online works great for many people, but scammers lurk, so be cautious of what information you share, and anytime a "love interest" you've never seen in person asks for money, it's more than likely a scam.

Best Buddies art auction on Feb. 21

Cape Elizabeth High School Best Buddies will be having an art auction in the CEHS cafeteria on Feb. 21 at 6 p.m. Best Buddies brings one to one friendships to students with intellectual disabilities and neuroatypical students. All proceeds will

go towards the club traveling to Boston next year to meet Tom Brady and to fund local outings such as bowling and ice cream. Please attend on Feb. 21 for good art, refreshments and to spread friendship and acceptance.



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Courier Community Reporter signs book deal

By Marta Girouard



Contributed photo

Cape Courier Community Reporter Kevin St. Jarre has signed a book deal with Encircle Publications to publish his novel "Aliens, Drywall, and a Unicycle." set to come out late fall 2020.

Congratulations are in order to Kevin St. Jarre, The Cape Courier's Community Reporter, who recently signed a book deal with publisher Encircle Publications. St. Jarre's novel "Aliens, Drywall, and a Unicycle" is scheduled for publication in late fall of 2020.

St. Jarre primarily writes historical and thriller fiction but having just spent a year writing a historical novel set in the 1st century, he decided to do something different with his next project. "When I finished writing that historical fiction, I began "Aliens, Drywall, and a Unicycle" and went a bit crazy. It's about the craziest people in the seedier part of a small New Hampshire college town, the people that a society tends to pretend isn't there. It's not really about visitors from space, construction, or single-wheeled cycles. It's about people, and what it means to be crazy, to stray from what I call the "social ok," how those people coalesce and depend on one another, and how maybe the introduction of a stranger might throw off that karmic balance. The audience is certainly different than the one for whom I usually write."

Those who have influenced St. Jarre's writing include Chuck Palahniuk, Michael Chabon, Joseph Heller and John Irving. He said, "their use of language, dark humor, and absurdity gives a vehicle to examine what we're doing, what we're about, and what's important to us and why." In his writing, St. Jarre strives to capture human interactions in a candid way and over time, the author's style of writing has changed. "My writing used to be much more plot-driven, following the hero's journey and hitting the marks, with a ton of concern about pacing. It's changed in that I take the time to let the characters think about their situation and goals, and of course I bring the reader into that," said St. Jarre.

One thing St. Jarre feels would help him with his writing is having more time. "I'm acutely aware of Keat's fear that I'll likely not live long enough to get all the stories down. When I was in my 20s, I wanted more money. In my 50s, I'd gladly trade what money I can for more time," he said. St. Jarre has traveled to various places to dedicate blocks of time to his writing, with the last couple of summers having been spent in Europe, specifically Lisbon and Prague. This summer, he hopes to spend time on Squam Lake in New Hampshire, where his girlfriend Nylah grew up (and where the movie "On Golden Pond was filmed). But St. Jarre's absolute favorite place to write is home on a summer morning, about 5:30 a.m. on his front porch. "The shrubs screen the porch from the street, the porch roof keeps the weather off, but a breeze blows through," he said.

While some may not care about or find the business side of things stressful, St. Jarre enjoys it just as much as the writing process. He said, "I write because I always have, and love to build these stories, but I find the chase in the business side of things to be exciting as well. The business of writing influences my writing usually only in the revision part, when an editor asks for additional development or clarity, or for the deletion of some portion of a story, and then I have decisions to make."

"Aliens, Drywall, and a Unicorn" will be in bookstores later this year, and St. Jarre is currently working on a novel about a haunting in the Portuguese town of Sintra. Those wishing to know when "Aliens, Drywall, and a Unicorn" will be available for pre-order, or to follow along for more information on this and future books, can follow the author on twitter at @kstjarre or www.facebook.com/kstjarre.

	<p>Erin Grady, Broker eringrady207@gmail.com</p>
<p>Cell: 207.650.4458 Office: 207.767.2224 x3 299 Ocean House Rd., Cape Elizabeth, ME 04107 www.bostwickandcompany.com</p>	
	<p>Working with buyers & sellers for over 25 years in our community. Please contact me for all of your real estate needs. I would love to work with you!</p>

Registration for the 2019 Cape Elizabeth Little League season is open for most divisions at www.cape-ll.com through Friday, March 21st.

CELL provides T-ball, softball and baseball opportunities to Cape children, ages 4-14.



Assessments are planned in mid-March, and team practices begin in April. Opening ceremonies are planned for May 2nd. The season will run through June. Go to www.cape-ll.com or email: president@cape-ll.com for more information.

Volunteer coaches and team administrators are needed for the season. If you're interested, please indicate it on the registration. Also, we are in need of Board members. If you're interested in becoming a Board member, please email: president@cape-ll.com

Rotary Club: Seventh year helping Maine veterans



Photo by Rotarian Dan Davidson

VOA Director Michael Merrill speaks to the SP/CE Rotary Club about the needs of Maine veterans and the computer Rotary's donation purchased.

The South Portland/Cape Elizabeth Rotary Club, with an emphasis on helping Maine's veterans, has provided assistance in the first half of this Rotary year to Huot House in Saco and Veteran Career House in Biddeford. The Club has donated \$2,500.

Operated by Volunteers of America, these Maine facilities provide transitional housing for veterans who are rebuilding their lives and will be looking for employment and eventually permanent housing.

The Rotary's donation has allowed the facilities to purchase a computer the veterans can use for job hunting and housing searches and for maintaining contact with family and friends. The money also purchased four new beds for the facilities.

Veterans there have said, "Support from donors has helped me with bus passes so I can attend daily clinic appointments and maintain my sobriety." Donations have helped with furniture, items for daily living, clothing, etc. One veteran there has said, "This is the best thing that has happened to me."

The SP/CE Rotary Club's donations to assist Maine veterans over the past seven years has thus far exceeded \$ 37,000.00.

Many of Maine's homeless veterans have difficulty getting to medical appointments, job interviews, and other obligations due to lack of transportation and money. And many who may be moving to their own transitional or permanent housing may be in need of rental deposits, beds, essential household items and other moving expenses.

The Rotary Club of South Portland/Cape Elizabeth's president David Lourie said, "We feel privileged to be partnered with these organizations to help Maine's homeless veterans. This is a significant need, and these men and women who have served our country deserve all the help we can offer."

For more information, or to donate to Maine veterans through the Rotary Club, please contact the Rotary Club's Maine veterans chair Dan Davidson at danpro@gwi.net or 767-4682.

Capetoons: Cape Elizagift presents lobscent™

By Jeff Mandell

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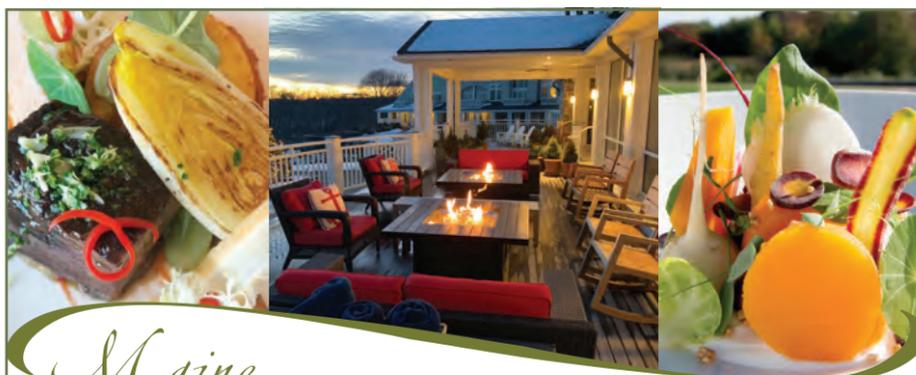


We are proud to announce that Kathleen Scott and Julia Edwards are our **Top Producing Team for 2019.** Congratulations on another fabulous year! Please contact Kathleen or Julia for all your real estate needs
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Lawmakers, including Maine Senate President, visit CEHS

By Kevin St. Jarre



Photo by Kevin St. Jarre

A number of Maine lawmakers recently visited Cape Elizabeth High School to speak with students, amongst them Maine Senate President Troy Jackson.

Maine Senate President Troy Jackson, Senator Rebecca Millett and political commentator and former Senator Phil Harriman recently visited Social Studies classes at Cape Elizabeth High School and spoke to students.

President Jackson spoke to two classes about the budget process, the coming legislative schedule and explained how he went from working in the woods as a logger to rising to the second highest elected office in the state. Maine does not have a Lieutenant Governor. In the event the Governor cannot serve, the President of the Maine Senate is next in line to fill the vacancy.

Jackson told students how before he ever considered running for office, he and others who worked in Maine northernmost forests lodged over two hundred formal complaints about international labor issues with state authorities and elected officials. Still, Jackson said, nothing happened.

In an act of civil disobedience designed to get the attention of those in power, Jackson and other loggers blocked international ports of entry along the Maine-Canadian border. Canadian workers would attempt

to cross in another location, and the Maine men would deploy to block that entry point as well. This went on until, Jackson said, law enforcement was involved, but eventually meetings between the workers and officials did occur.

However, it was during this period that Jackson learned that sometimes even when laws exist, they won't matter unless those entrusted to enforce them do so. Jackson decided to run for office, and has held several. Sharing his story with students, he encouraged them, regardless of party, to seek to get involved and perhaps run for office themselves.

Since then, he's worked to sponsor many bills, including lowering prescription costs, and gained some prominence in his clashes with Maine's previous governor, Paul LePage. One might expect Jackson to be a contentious politician, but instead he struck a different tone with the students. He encouraged them to listen and work with those with whom they do not initially agree. Jackson said it was only through first getting involved, and then trying to find common ground, that things get accomplished.

School board

Continued from page 4

developed by the engineers and architects and review of future meetings. Option 1: Phased Lower School and Middle School Building Replacement. Option 2: Concurrent Lower School and Middle School Building Replacement. Option 3: Frame-Off Restoration and Renovation of the existing Lower and Middle Schools. Option 4: Security and Cafetorium Upgrades. These options are by no means the only options, but a place to begin the conversation. They will be discussed in the upcoming meeting on Wednesday, March 4 at 6:30 p.m. in the high school library. All are welcome and it will be televised.

Finance update

On Jan. 21, auditors from Runyon Kersteen Ouellette (RKO) presented the annual audit of the school and municipal budgets for the fiscal year that ended on June 20, 2019. Thanks to the diligence of our new Business Manager Marcia Weeks, and the town's new Finance Director John Quartararo, the reports were brief and positive.

Back in July 2019, the Maine Department of Education announced that it would be accepting applications for the State Revolving Renovations Fund, with a deadline of Sept. 20. We were lucky to have the newly completed Needs Assessment, produced by Colby Company Engineers and Scott Simonds Architects. Our twelve project applications were taken directly from the list of urgent or "red" priority issues identified in the Needs Assessment, and totaled just shy of \$1M.

At the beginning of February, the school department found out that the State of Maine approved six of the applications that CESD submitted, totaling \$390,429. The Cape Elizabeth School Department will receive funding for those projects at a 0% interest rate, with a payback period of five years, with 30% of the total forgiven. So, the school department will only have to pay back \$273,300. Per require-

ments of the DOE program, the projects are discrete, targeted improvements that are considered high priority and can be completed in a relatively short amount of time.

More good news: The state has released its preliminary education subsidy figures, and Cape Elizabeth is projected to receive \$36,000 more than it did last year. Last year was the first year Cape Elizabeth received an increase in subsidy, following three straight years of significant, unsustainable cuts. This year CESD will also receive \$44,000 for its continued participation in a regional cost-sharing center, the Greater Sebago Education Alliance.

The FY21 school budget review process is well underway, following the first, extended budget workshop. Building principals and department directors have presented their information, and now it's time for the School Board's intensive Question & Answer period.

Upcoming budget workshops:

Tuesday, Feb. 25 at 6:30 p.m., CEHS Library and Learning Commons

Tuesday, March 3 at 6:30 p.m., Town Council Chambers

All School Board budget workshops are open to the public, videotaped, and posted online.

The next policy meeting is scheduled for Feb. 25 at 3:00 p.m. in the Jordan Conference Room. Policy committee meetings are open to the public, including students.

Upcoming meetings

Tuesday, Feb. 25 at 3:00 p.m., Policy Meeting, Jordan Conference Room

Tuesday, Feb. 25 at 6:30 p.m., Budget Meeting, CEHS Library and Learning Commons

Tuesday March 3 at 6:30 p.m., Budget Meeting, Town Council Chambers

Wednesday, March 4 at 6:30 p.m., Building Committee Meeting, CEHS Library and Learning Commons

Tuesday, March 10 at 6:30 p.m., Regular Business Meeting, Town Council Chambers

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Driving to the basket



Photo by Sara LeTourneau Conley

Alison Gerety, a Cape Elizabeth High School junior, drives and scores a layup in a recent game against Wells. She finished with 9 points.

Award

Continued from page 1

As for the filmmaker herself, Berman said, "I made 'The Truth' to educate our community about the consequences of vaping. I initially began the project because the increase of vaping in locker rooms, school bathrooms and even in class, troubled me. The addictions took over the lives of many students, and vaping started to become a norm. I didn't want to be a bystander and watch my peers become victims of the tobacco companies."

Berman said it was quite challenging to create a video that would be relatable and interesting for middle school students. "I wanted them to feel supported while being educated about vaping. I ended up interviewing a teen in recovery from nicotine addiction. Her story became the introduction to my video. In addition to providing education about e-cigarette use, I included information

about the fragile nature of the juvenile brain, how to handle peer pressure, and resources to get help. I absolutely had mentors who I would reach out to for advice and guidance, but the scripting, filming, acting, editing and interviewing was done by me," she said.

Berman learned from a letter in the mail that she had been chosen as Maine's high school nominee for the Prudential Spirit of Community Awards. Her trip to the nation's capital will be in early May.

She said, "I am so excited and think it will be a truly remarkable experience. I can't wait to hear the inspirational stories from the other 101 nominees. I feel very honored to have been chosen for this award. I couldn't have done it without the unconditional support from the community, my peers, mentors and family."

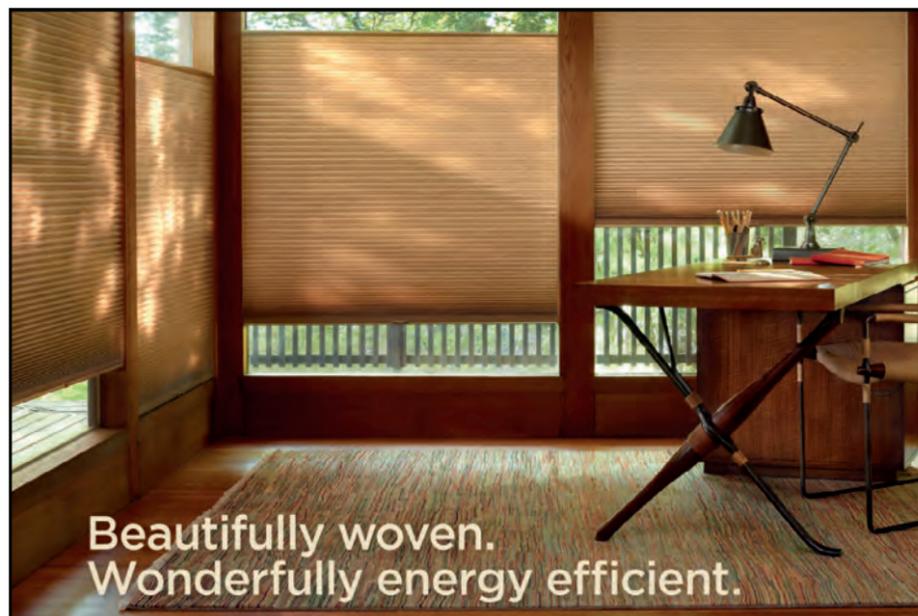


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If you would like to nominate someone for this award, please visit our website for the application, www.ceef.us/alumni-award and submit your nomination by Friday, February 28th.

Sledding

Continued from page 1

in planning a sledding trip is watching the forecast. He said: "On Mt Washington you have to be prepared for extreme fluctuations in weather so wicking layers of clothing are key. Besides warm clothing, my go to gear are micro spikes, which are a type of ice traction for your boots, gaiters to keep the snow out of your boots and hiking poles for getting your upper body involved in the hike up."

Hackett uses a specific sled called a Zipfy. The handle along with a series of ridges on the bottom of the sled allows one to steer and stop the sled, important for sledding down a mountain. It can hold up to 250 pounds and weighs 3.5 pounds so it is lightweight for the hike up. Over time, Hackett has collected additional sleds at the Swap Shop, Goodwill and yard sales. With his fleet of sleds, he has organized eleven sledding expeditions to date, with the largest being eight people. "These trips are so much fun for me and sharing the experience is part of that fun," Hackett said. "Everybody sleds down wearing a big smile and I feel like a kid when I'm on my sled. Every trip to the mountain is unique in its own

way and getting the weather right for some views is always a nice bonus."

In addition to sledding, Hackett's other hobbies include walking, hiking, biking, snow shoeing, cross country skiing and kayaking. "I am a big fan of the Cape Elizabeth Land Trust trails. My wife and I have been in Cape Elizabeth for twenty years and I love all the opportunities for getting into natural places. I call it, access to beauty."

Hackett will be giving a presentation about his sledding expeditions on Wednesday, March 4, 7 p.m. at the Maine Outdoor Adventure Club monthly meeting, at the Allen Avenue Unitarian Universalist Church, 524 Allen Ave, Portland. For those interested in more information, please visit the Maine Outdoor Adventure Club website: <https://moac.org/>.



Contributed photo

Hackett and his Zipfy sled.

Call for artists: Paint for Preservation 2020



Painting by Michael Vermette

Zeb Cove Point by Michael Vermette 2019.

The Cape Elizabeth Land Trust (CELT) is now accepting artist entries for Paint for Preservation 2020, the organization's 13th annual juried Wet Paint Auction and one of Maine's premier art auction events. Artist entries will

be juried by Ruth Greene-McNally, Curator of American Art from the Ogunquit Museum.

The Wet Paint Auction will be held on Sunday, June 28. Over three days on the weekend of the event, selected artists will paint en plein air (outdoors) at designated public and private locations chosen to highlight Cape Elizabeth's natural beauty. On Sunday afternoon, the newly painted artwork will be auctioned live at a tented cocktail reception in Cape Elizabeth. The action attracts about 400 people each year. Proceeds from the auction are shared with participating artists and benefit CELT's conservation of the shore lands, marshes, farmlands and woodlands that provide scenic beauty, recreational opportunities and important wildlife habitat in Cape Elizabeth.

Interested artists are invited to submit three images of original plein-air paintings in any medium for juried consideration. Samples must be submitted as digital images via email. The artist submission form and further instructions regarding submission requirements may be obtained at www.capelandtrust.org.

The deadline for artists' submissions is Friday, March 13.

Community garden plots available

This upcoming 2020 garden season, vacant garden plots will be available in both garden locations. If you are a Cape Elizabeth resident who is a new or experienced gardener, and interested in growing fresh organic produce at one of the beautiful Cape Elizabeth Community Garden locations, please send your name, mailing address, phone number, e-mail address and location preference (if you have one) to Rachel Stamieszkin at smok77@maine.rr.com.

Your name will be added to the wait list in the order in which your e-mail is received. Gardeners use organic methods; in addition to tending their own plots, gardeners spend additional hours during the season on general garden duties. In each garden, vegetables are grown in several plots for the Maine Harvest for Hunger program. Produce goes to Judy's Pantry, serving Cape residents with food insecurity, and named in memory of Judy Simonds, one of the garden founders. For more information, please visit www.capegardener.org or call Rachel at 767-3603.



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Nature scenes around town



Photo by Kevin St. Jarre

A recent ice storm left behind sparkling nature scenes in town.



Photo by Diane E. Hamlin

A female goldfinch molting to her breeding plumage of bright yellow. Male goldfinches have a black cap.

Birding notes from the dead of winter

By E. Brooks Bornhoff

The decently moonlit, windless and almost snowless conditions during the last days of January through early February make it a good time to catch owls doing the courtship dance.

On the evening of the last day in January I was lucky enough to find two of Maine's smallest owls, Northern Sawwhets, not far from where the Gull Crest trails meet the Spurwink river crossing boardwalk.

What initially caught my ear that night was not the tell-tale too-too-too song (which Audubon described as "faint tones of a distant bell") but rather a once every thirty seconds, high-pitched bark followed by several squeaky whines. These secretive and highly nocturnal forest elves are master ventriloquists and notoriously tricky to spot. With that in mind I felt fortunate enough to be in their presence and catching the shadowy silhouette of one owl taking off from a branch was quiet a treat. Perhaps a field mouse was somewhere below.

The following evening along Shore Road, relatively close to town center, I heard two Great-horned Owls (later saw one of the two) engaged in a quite a chatter. As the breeding season heats up so does the regularity of this sort of back-and-forth that includes weird sounding screams and squawks.

Later in the week around 10:00pm I could faintly make out the rolling hoots of a single Great-horned somewhere deep

within Robinson Woods. That same evening, I caught wind of not one but two skunks, a delicacy for this owl.

In the first few days of February an elusive drake King Eider was spotted by a few birders between the rocky coastline of Two Lights State Park and Dyer Point. While wandering the park the low gurgling croak of a Raven could be heard echoing through the pine forest.

As for the coastline there were forty or more Common Eiders working the exposed, rough conditions, a couple pairs of Buffleheads, a single Surf Scoter, three Long-tailed Ducks, two Black Guillemots, and four Harlequin Ducks. This last sea duck, the hardy Harlequin, is a dazzler with its blue, chestnut and white feathers. Arriving for the winter from far-away places like Greenland, our Maine coast is estimated to hold more than half of the eastern population in winter.

In other birding news, new research from the Journal of Applied Ecology from the University of Connecticut discovered that the seasonal feeding (live mealworms were used) of Eastern Bluebirds in our backyards during breeding season increases young birds immune response to a type of parasitic fly larvae that feed on the blood of the bluebird nestlings. In summary seasonal food supplementation was shown to dramatically increase young bluebird's antibody response to parasites, essentially giving them the nutrients needed to kill off the fly larvae in the nest.



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Library holds send-off party for Janie Downey Maxwell, hosts artist Molly Holmberg Brown, offers presentation on winter feeding of birds

A Send-Off for Janie Downey Maxwell

Friday, Feb. 21, 1:30 - 2:30 p.m.
It's Janie's last day before she goes off on new adventures. Please stop by and wish her well in the library's Community Room, and say hello to Megan Smith, who will be taking on Janie's role at the library. All are welcome. Refreshments will be served.

March Gallery Exhibit features Works by Molly Holmberg Brown

We are excited to announce the March exhibit in the Stier Family Gallery: "The Vast Pelagic: works from an artist-at-sea." Cape Elizabeth artist Molly Holmberg Brown (also of MollyMaps) is exhibiting the acrylic, watercolor and collage pieces she created while on board the R/V Falkor during its two week voyage across the Pacific from Samoa to Hawaii. As an 'artist-at-sea' with the Schmidt Ocean Institute, Molly looked to design work that expressed both the intricacies of current deep-sea mapping technologies and the timeless experience of the open ocean. A reception will be held on Thursday, March 5, from 5:00 - 7:30 pm. Children are welcome.

ADULT PROGRAMS

Writers' Accountability Group

Wednesday, 2/19, 10:00 a.m.-12:00 p.m.
TML's Writer's Accountability Group (WAG!) meets on the third Wednesday of each month from 10:00 a.m.-noon. All levels of expertise and genres are welcome as we:

- Share ideas about writing, editing, and publishing.
- Share snippets of our work in a creative, supportive group setting.
- Connect with other writers who are as passionate about the craft as we are.
- Give ourselves a deadline each month to show up with our latest work.
- Have fun!

We hope you'll join us to help get your WAG going.

Garden Club: Winter Feeding of Birds

Thursday, 2/20, 6:30-8:00 p.m.
Nick Lund from Maine Audubon Society returns to talk about winter feeding of birds: what you might need as a feeder and food and what you might plant to feed birds in the winter. Lund was a crowd pleaser in 2018 when he spoke to us about bird houses and attracting birds to our yards. His presentation will begin at 6:30 p.m. You do not need to be a member of the Garden Club to attend. All are welcome.

Evening Book Group

Thursday, 2/20, 7:00-8:30 p.m.
Our evening book group meets on the third Thursday of each month. This month, we'll be discussing "Leadership in Turbulent Times" by Doris Kearns Goodwin. New members are always welcome.

Songwriting Workshop

Tuesday, 2/25, 6:15-8:15 p.m.
Our songwriting workshop meets on the fourth Tuesday of each month. Whether you are a new writer, experienced writer, or want-to-be-a-writer writer, we hope you'll join us each month to bring in your work and get expert advice from award-winning songwriter, Jud Caswell. Participants in this workshop rave about Jud and about how much his advice is helping shape and improve their writing.

The goal of the workshop is to provide a safe place for songwriters to share and learn. Songwriters of all levels and abilities are welcome.

Senior Tech

Wednesday, 2/26, 10:30 a.m. - 12:00 p.m.
Senior Tech meets on the fourth Wednesday of each month. We're here to help in any way we can with your tech questions. We work together as a group to answer similar questions, and break out into smaller groups to answer individual questions. If you have a question, we will help you find an answer. You wouldn't believe some of the things we've been able to help solve!

Involuntary Americans: Scottish Prisoners in Early Colonial Maine

Thursday, 2/27, 6:30-8:00 p.m.
Not all of Maine's earliest European settlers came voluntarily. Carol Gardner will deliver a talk entitled "Involuntary Americans: Scottish Prisoners in Early Colonial Maine," discussing the more than 400 prisoners of war who were brought to Maine, New Hampshire and Massachusetts against their wills in 1650-1651. Dr. Gardner is the author of a recently published narrative history, "The Involuntary American: A Scottish Prisoner's Journey to the New World." Please join us to learn more on this interesting topic.

Local Buzz – Writers Read

Saturday, 2/29, 3:00-4:00 p.m.
This month Folklorist Margaret Yocom and Biographer Mark Griffin join us. This event is free and open to the public. Writers' books will be available for sale by Kelly's Books to Go and light refreshments will be available. Returning audience members Please note the new earlier start time of 3:00 p.m. for this and all future events.

Garden Club: Houseplants

Thursday, 3/3, 6:30-8:00 p.m.
This month, The Cape Elizabeth Garden Club presents Bill Kinney, from Allen, Sterling and Lothrop, Falmouth, will speak about "Houseplants" – what makes a good plant and what to do if your plant isn't good. If you want, Kinney will examine your "problem" houseplant and make suggestions for improvement. He will bring houseplants with him for examples and to sell at the end of the meeting. This presentation will begin at 6:30 p.m. with refreshments available after the talk. You do not need to be a member of the Garden Club to attend; all are welcome.

Eldering Discussion Group

Wednesday, 3/4, 1:00-2:30 p.m.
Please join us for our new discussion group. While aging is familiar to us, the concept of "Eldering" may be new. Our Eldering group is a place to talk, to share, or to just listen to what neighbors, friends, and members of our community have to say about their experiences as we grow older. This month we'll talk about unexpected moments in your life. You can choose to share, or just come listen. This group meets on the first Wednesday of the month from 1:00-2:30 p.m. All are welcome. We hope you'll join us for a great conversation.

Help Save Our Ash Trees

Thursday, 3/5, 6:30-7:30 p.m.
Adult emerald ash borers eat ash tree leaves. Larvae feed on the nutrient-rich tissue just under the ash tree's bark, forming S-shaped lines in the tree. This feeding process disrupts the trees' ability to move food and

water from its roots to its leaves, eventually killing the tree. The Town of Cape Elizabeth needs your help to control these new pests. Town Tree Warden Todd Robbins joins us this month to talk about the arrival of Emerald Ash Borer to Maine, and specifically the Portland area.

Chair Yoga

Monday, 3/9, 11:30 a.m.-12:30 p.m.
No prior experience is needed for this experience with instructor Martha Williams of gentle, mindful movement and deep breathing to calm the nervous system and focus the mind. You'll stretch and move while sitting in your chair with a handful of standing and balancing postures accessible to all. We'll finish with a guided body scan that invites you to relax into the present moment, that place where true power lies.

Democracy Café

Tuesday, 3/10, 6:30-8:00 p.m.
The Democracy Café meets on the second Tuesday of each month to talk about all-things-Democracy. We hope you'll join us this month for another great discussion with this thoughtful group. All are welcome.

Morning Book Group

Wednesday, 3/11, 9:30-11:00 a.m.
Our morning book group meets on the second Wednesday of each month. This month, we'll be discussing "Eleanor Oliphant is Completely Fine," by Gail Honeyman. We hope you'll join us to read and discuss. New members are always welcome.

Maine Wildlife Series: Meet a Crow!

Thursday, 3/12, 6:30-7:30 p.m.
Please join us this month to meet a Crow Ambassador from the Center for Wildlife. This is a great family event – all ages are welcome.

ONGOING ADULT PROGRAMS

- Knitting Group – Every Monday at 1:00 p.m.
- Chair Yoga – second Monday at 11:30 a.m.
- Democracy Cafe – second Tuesday from 6:30-8:00 p.m.
- Songwriting Workshop – fourth Tuesday from 6:15-8:15 p.m.
- Eldering – first Wednesday, 1-2:30 p.m.
- Morning Book Group – second Wednesday from 9:30-11:00 a.m.
- Writers' Accountability Group – third-Wednesday from 10:00 a.m.-noon
- Senior Tech – fourth Wednesday from 10:30 a.m.-12:00 p.m.
- YA Anonymous Book Group – first-Thursday from 6:30-7:30 p.m.

-see LIBRARY page 16



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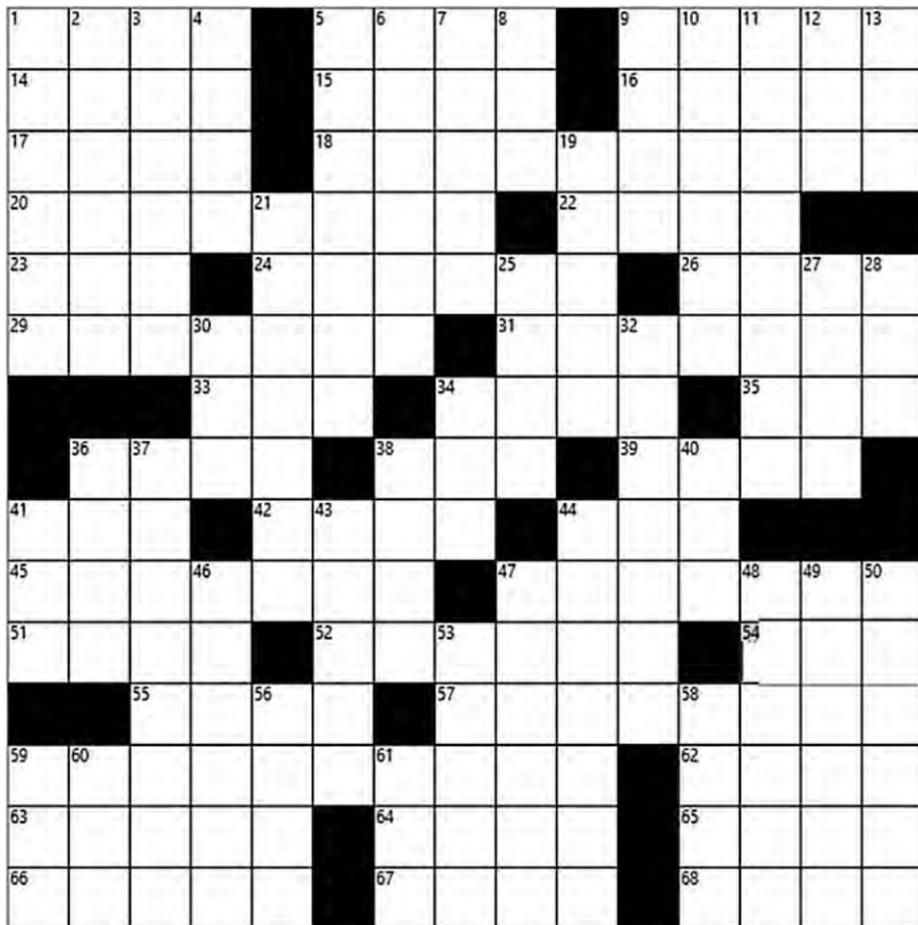


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ACROSS

- 1. "_____ that special?"
- 5. Popular ballpark song
- 9. Sappy tree
- 14. Text-speak for "the group finds it very funny"
- 15. Sushi delicacies sought by Cape Elizabeth's Keith Jordan
- 16. Fully committed, as to a poker game
- 17. A certain cut of meat
- 18. Broadway hit
- 20. The Prairie State*
- 22. Bar
- 23. Born (Fr.)
- 24. Actor Borgnine of "The Poseidon Adventure"
- 26. The Beehive State*
- 29. The Hoosier State*
- 31. The Treasure State*
- 33. NASA probe currently orbiting the moon (abbr.)
- 34. "Cops" slang
- 35. Uber drivers' dirs.
- 36. Another name for Jamaican tangelo
- 38. One of three on a tripod

- 39. Head of France
- 41. Suffix with mod and caps
- 42. Brewer, e.g.
- 44. One-time White House correspondent Donaldson
- 45. The Peach State*
- 47. Capital of 66 Across and city in all the starred clues
- 51. Wife and sister of Zeus
- 52. Brand of Lego-centric military kits
- 54. Kitchen cooker
- 55. Brisbane greeting
- 57. Most dweeb-like
- 59. Really impress
- 62. Grp. devoted to Madness
- 63. "Action News" vehicle, perhaps
- 64. _____ & Chandon, fine Champagne
- 65. The Badger St.*
- 66. The Pine Tree State*
- 67. "No ifs, _____, or...."
- 68. City or sports, for example

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CEFD

Continued from page 1

DOWN

- 1. The Fighting _____, team of the University of 20 Across
- 2. Like bases or kisses
- 3. Aced
- 4. Singer Tennille or Braxton
- 5. Type of question
- 6. Certain people of Madagascar
- 7. Around
- 8. Jerk
- 9. Ingredient in beer and milk balls
- 10. Fully committed, as to war
- 11. Sound of a breakfast pastry falling into water?
- 12. Actress Lucy
- 13. Tolkien creation
- 19. Bar, legally
- 21. Getting 7 Down
- 25. Bad air
- 27. It usually comes before 16 Across
- 28. Owns
- 30. Under the weather
- 32. Like some wine or cheese
- 34. According to
- 36. Peter Fonda title role
- 37. Father of Queen Elizabeth II, for whose ancestor 45 Across was named
- 38. Table accessory
- 40. Liberty Mutual bird
- 41. "Gross!"
- 43. Belonging to actress Tomlin
- 44. Brand of lozenges
- 46. 180 degrees divided by π , or about 57.2958 degrees
- 47. "Roses _____..."
- 48. Coin
- 49. Infinitive for backtalk
- 50. Charge
- 53. Soup or salad ingredient
- 56. Granddaughter of 37 Down
- 58. One way to look (abbr.)
- 59. Casino offering
- 60. The Mountain St.*
- 61. Home to Homers in 66 Across' lgst. city

partment to perform more functions with a single vehicle and limited manpower. Choosing these features made their decision easy.

They chose and committed to the E-ONE HP100. It has the same 100' ladder as the old truck, as well as being the same overall length. This Quint has a pump that is capable of pumping 1,500 gallons per minute and holds 500 gallons of water. The old truck is not capable of either of these functions. If the new truck is first on scene, it will be able to do everything for which two trucks were historically required.

It took a sales trip and design meeting for Pre-Build, with several follow up meetings to perfect the blue prints. Once the contract was signed and blue prints finalized, it took 90 working days once they started building. Production began in July 2018, with regular updates and small modifications along the way. Delivery was expected in July 2019. However, with unanticipated E-ONE delays, delivery was pushed to December 2019.

Cape Elizabeth's New E-ONE HP100 was completed in December 2019, driven up from Florida, lettered and striped at the dealership in Brunswick before delivery, and delivered to the Department in late December. The Department began in-service training and then driver training in January. They anticipate training to be completed in February and the truck to be put in service in early March. In the meantime, the old ladder truck will be sold.

It's not just the excitement of something new. This new ladder truck is better. E-ONE's website calls it "The combination of versatility and reach." Chief Gleeson said, "Everyone's excited about it because it's shiny and new. 26 years newer. It is the top of the line technology, which is unmatched."

Look forward to Fully Involved: A View Into CEFD next time, as we feature the SMCC Fire Science and Paramedic Students working per diem and the mutual benefits for CEFD and the students.

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CAPE CALENDAR

By Wendy Derzawiec

Wednesday, February 19

Community Services Committee, 5:30 p.m., Cape Elizabeth Community Center

Thursday, February 20

Energy Committee, 6:30 p.m., William H. Jordan Conference Room, Town Hall
Thomas Memorial Library Committee, 6:30 p.m., Thomas Memorial Library

Monday, February 24

Planning Board, 7 p.m., Town Hall chamber

Tuesday, February 25

School Board Policy Committee, 3 p.m., William H. Jordan Conference Room, Town Hall
School Board Budget Workshop, 6:30 p.m., High School Library and Learning Commons
Board of Zoning Appeals, 7 p.m., Town Hall chamber
Conservation Committee, 7 p.m., William H. Jordan Conference Room, Town Hall

Tuesday, March 3

Election Day, 7 a.m. - 8 p.m.,
School Board Budget Workshop, 6:30 p.m.-8:30 p.m., Town Hall chamber
Planning Board Workshop, 7 p.m., William H. Jordan Conference Room, Town Hall

Wednesday, March 4

School Board Building Committee, 6:30 p.m., High School Library and Learning Commons

Thursday, March 5

Recycling Committee, 7 p.m., Public Works

Monday, March 9

Town Council, 7:00 p.m., Town Hall chamber

Tuesday, March 10

School Board, 6:30 p.m., Town Hall chamber
Conservation Committee, 7 pm, William H. Jordan Conference Room, Town Hall

Ongoing each week

Al-Anon, Regular meeting 7 p.m. Thursdays, at United Methodist Church, 280 Ocean House Road. Regular meeting 7 p.m. Fridays at St. Alban's Church.
Alcoholics Anonymous, 2 p.m. Saturdays, First Congregational Church, 301 Cottage Road, South Portland; 7 p.m. Wednesdays, St. Bartholomew Church; 7 p.m. Fridays, St. Alban's Church.
Cape Elizabeth Historical Preservation Society, 9 a.m.-noon Thursdays, Public Safety Building
Cape Elizabeth Lions Club, 6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road
Cape Farm Alliance, third Tuesday, 7 p.m., Community Center
South Portland/Cape Elizabeth Rotary Club, each Wednesday at 6:15 p.m. Purpoodock Country Club, Spurwink Avenue. 767-7388.
Codependents Anonymous (CODA) group at Cape Elizabeth United Methodist Church
Regular meeting weekly on Saturdays at 10:30 a.m. Call 799-4599 FMI.

SERVICES

Cape Elizabeth Church of the Nazarene

499 Ocean House Road (Route 77)
747-1113

www.capenazarene.org

Sunday School for all ages: 9:30 a.m.
Sunday Worship Celebration: 10:45 a.m.
Services streamed live or on demand:
watch.capenazarene.org

Cape Elizabeth United Methodist Church

280 Ocean House Road
799-8396

www.ceumc.org

Sanctuary Service: 10 a.m.
Child Care & Sunday School: 10 a.m.
Adult Sunday School: 9 a.m.

The Church of Jesus Christ of Latter-day Saints

29 Ocean House Road
799-4321

Sacrament Meeting:
Sunday, 10 - 11:00 a.m.

Sunday School/Primary: 11:10 a.m. - 12:00 p.m.

The Church of the Second Chance

Greater Portland Christian School
1338 Broadway, South Portland
641-3253

Sunday: 10:30 a.m.-12:15 p.m.

Congregation Bet Ha'am

81 Westbrook St., South Portland
879-0028

www.bethaam.org

Worship: Friday, 7:30 p.m.
Saturday, 10:30 a.m.
Family Shabbat Services:
Second Friday, 6:00 p.m.

First Baptist Church of South Portland

879 Sawyer Street South Portland,
799-4565

www.spfbc.co

Sunday Morning Worship: 9:30 a.m.
Coffee Time is at 10:45 a.m.

Sunday School is at 11:15 a.m.
Sermon audio is available on our website

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799-3152

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Sunday Worship: 10 a.m.
Family Bible Studies: Wednesday, 7 p.m.
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Monday & Tuesday Masses: 8 a.m.

First Congregational Church United Church of Christ

301 Cottage Road, South Portland
799-3361

www.fccucc.org

Sunday Worship: 8:30 a.m., 10:00 a.m.
Sunday School: 10:00 a.m.
Preschool Child Care: 10:00 a.m.
Game Room

First Congregational Church of Scarborough

167 Black Point Road, Scarborough
883-2342

www.fccscarborough.com

Sunday Morning Worship: 9:30 a.m.
Sunday School & Nursery Care

CABLE GUIDE

Cape Elizabeth Church of the Nazarene

Feb. 22, 23 & 29; March 1, 7 & 8 - 9 a.m.

Planning Board (live)

Feb. 24 - 7 p.m.

Board of Zoning Appeals (live)

Feb. 25 - 7 p.m.

Planning Board replay

Feb. 26 & 27 - 2 p.m. & 8 p.m.

Feb. 29 - 10:30 a.m.

CETV CHANNEL 1302

Board of Zoning Appeals replay

Feb. 28 & 29 - 2 & 8 p.m.

March 1 - 10:30 am

School Board Budget Workshop (live)

March 3 - 6:30 p.m.

Town Council (live)

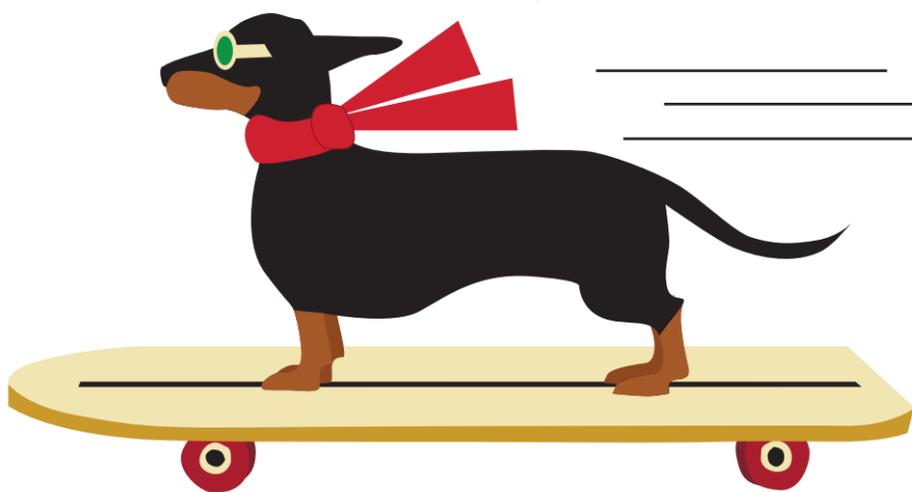
March 9 - 7:00 p.m.

School Board (live)

March 10 - 6:30 p.m.

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Friends of Fort Williams looking for volunteers

How would you like to help protect the future of one of Maine's most visited and historic places in Maine? Over the years,

Friends of Fort Williams Park (formerly known as Fort Williams Foundation) has worked to preserve and enhance the natural resources and visitor experience of Fort Williams Park. Friends relies on dedicated volunteers to enhance projects that support the Park's ecology, accessibility and open space. Recent work areas include the Children's Garden and area along the Cliff Walk.

We are looking for interested volunteers. Opportunities to volunteer include but are not limited to committee activities, workdays in the Park, board level opportunities or work on our popular Garden Tour held in July.

For more information about Friends and how you can help, join Friends of Fort Williams Park on Feb. 27 from 6:30 - 8 p.m. at the Thomas Memorial Library for an informal information session. For more information contact Executive Director Jennifer Scarpitti-Nelson at jscarpitti@fortwilliams.org or call 767-3707.

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FOR SALE /RENT

Enjoy Cape Elizabeth photo note cards by naturalist Martha Agan magan@maine.rr.com. Card assortments available at Ocean House Gallery near the library parking area.

Dean's list announcements

Justin Guerette, a 2016 graduate of Cape Elizabeth High School, was recently named to the dean's list for the fall semester at Babson College in Wellesley, Massachusetts. Guerette is the son of Sue and Joe Guerette of Cape Elizabeth.

The following students from Cape Elizabeth were named to the dean's list for the fall semester at the University of Rhode Island in Kingston, Rhode Island:
 Blaze Engelman of Cape Elizabeth
 Ellie Hilse of Cape Elizabeth

The following Cape Elizabeth residents were named to the dean's list for the fall semester at Colby College in Waterville:

Katherine M. Briggs, a member of the Class of 2020, daughter of Wyman and Laura Briggs of Cape Elizabeth

Henry J. Menz, a member of the Class of 2022, son of John and Elizabeth Menz of Cape Elizabeth

Hunter Stephenson, a junior at American University in Washington, DC. was recently named to the dean's list for the fall semester. Stephenson is a Justice and Law Major.

Abbey Charles, daughter of Eric and Mindy Charles of Cape Elizabeth, was named to the dean's list for the fall semester at Merrimack College in North Andover, Massachusetts.

OBITUARIES

Eleanor Louise Whitaker (nee Böthel)
 August 17, 1926 – February 5, 2020



Eleanor Whitaker died at home in Hudson, NH, surrounded by family, on February 5, 2020 after a brief illness. Eleanor was born in Portland, Maine and raised in South Portland and on Scott Dyer Road, Cape Elizabeth by her parents, Herman Böthel and Marjorie Böthel (nee Peabbles). She graduated at the top of her Cape Elizabeth High School class in 1943. Upon graduation, Eleanor worked at the telephone company. She left work to care for her mother Marjorie, who died in 1953 of ALS. Following her mother's death, Eleanor worked at Maine's WCSH Radio and TV station (Channel 6) as the commercial content coordinator. There she met, fell in love, and married Norm, who was a broadcast engineer. Norm and Eleanor lived in New Hampshire while keeping a home in Cape Elizabeth.

Eleanor was an enthusiastic and devoted mother of five, grandmother of thirteen, and great-grandmother of three. Eleanor was deeply loved and will be missed by her husband of 65 years, Norman, her daughter and son-in-law Nancy and James Hile of Deerfield IL, and three sons and their wives: Norman and Mari Whitaker of Bellevue WA, Kenneth and Frances Whitaker of Manchester NH, and Andrew and Kathy Whitaker of Hollis NH. She was predeceased by beloved son Eric.

A reception of remembrance for family and friends will be held at the Dumont-Sullivan Funeral Home, 50 Ferry Street, Hudson, NH on **Monday, February 10th from 11:30am – 2:00pm.**

Donations in Eleanor's memory may be made to the ALS Therapy Development Institute at www.als.net or (617) 441-7200 or End Brain Cancer at www.endbraincancer.org or (425) 444-2215.

To share an online message of condolence or more information, please visit www.dumontsullivan.com

THE DUMONT-SULLIVAN FUNERAL HOME IN HUDSON, NH IS IN CHARGE OF ARRANGEMENTS.



Next deadline: Feb 28th For Issue Date: Mar 11th

Have a Classified Ad, Announcement or Event?



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Todaro elected to partner at Verrill



Contributed photo

Cape Elizabeth resident Mathew Todaro has been elected to partner at Verrill. Todaro advises clients facing an array of regulatory compliance challenges. He has a strong record of success in defending clients facing inspections and enforcement proceedings from administrative agencies specifically concerning federal regulatory matters. He defends and negotiates on behalf of his cli-

ents under statutes like the Clean Water Act and with a particular focus on Section 112(r) of the Clean Air Act. He also represents clients in complex, multi-party CERCLA matters for sites listed on the U.S. Environmental Protection Agency's National Priorities List, as well as private and agency-supervised environmental remediations. Todaro also advises clients engaged in the wastewater treatment and waste disposal industries and assists clients with OSHA compliance concerning Environment, Health and Safety programs.

Todaro's experience includes clerkships with the U.S. Department of Justice's Environment and Natural Resources Division and as a Rappaport Fellow within the Office of General Counsel of the Massachusetts Department of Environmental Protection. Prior to law school, Todaro was the International Policy Director for one of the nation's largest environmental policy networks. Todaro received his bachelor's degree from The George Washington University, magna cum laude, and earned his law degree from Boston College Law School.



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Library

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- Maine Wildlife Lecture Series – second Thursday from 6:30-7:30 p.m.
- Evening Book Group – third Thursday from 7:00-8:30 p.m.
- Chess Club – Every Saturday from 9:00-11:00 a.m.

TEEN PROGRAMS

D&D for Teens is BACK!

*New session begins Tuesday, Feb. 4!
We are reviving our popular Dungeons & Dragons club. *Registration for the current session is closed. Please check back for future opportunities to play.

Anime Club

Fridays after school from 2:30-3:30 p.m. in the Community Room. Come hangout with friends while we watch and generally geek out over all things Anime and Manga. Open to teens in grades 6-12.

PROGRAMS FOR CHILDREN

We have fifteen regular weekly programs for children at the library. Please check our website for the complete schedule. Below are some special events, monthly programs, and program changes.

February Vacation Week Programs

In addition to our regular morning story times, we are offering the following programs for school-aged kids.

Kindess Rocks, with Megan

For ages 5 and up
Wednesday, Feb. 19, 1:30 - 2:15 p.m.
Decorate rocks with beautiful images and kind messages and leave them out in the world to spread joy and happiness. No registration necessary.

Cupcake with a Cop

for ages 5 to 9
Thursday, Feb. 20, 1:30 - 2:15 p.m.

Come hear a story and share some sweets with police officers from the Cape Elizabeth Police Department. No registration necessary.

Felted Soap Making with Kiah

For ages 8 and up
Thursday, Feb. 20, 3:00 - 4:00 p.m.
Felt colorful wool roving around bars of scented soap to use in the bath or shower, or to give as a gift. Please register in advance to make sure we have enough supplies for everyone.

Special Saturday Program: Art Adventures

for ages 3 and up
Saturday, Feb. 22, 11:15 - 11:45 a.m.
Join Miss Kiah for process-based art activities for kids. No registration necessary.

Special Saturday Program: Little Frogs Yoga Story Time

for ages 3 and up
Saturday, Feb. 29, 11:15 - 11:45 a.m.
Join Miss Rachel for stories featuring

yoga poses, mindfulness practice, and relaxation.

Special Saturday Program: Baby Doll Story Time

for ages 2 and up
Saturday, March 7, 11:15 - 11:45 a.m.
Bring a baby doll or stuffy, or borrow one of ours, for songs, games and a story. No registration necessary.

Families Discover Great Artists

For ages 3 and up
Saturday, March 7, 3:00 - 3:45 p.m.
Join Miss Kiah for a hands-on exploration of a different artist or artistic style each month. This month: explore American sculptor Augusta Savage and make your own clay sculptures. No registration necessary.



Art by Molly Holmberg Brown

“Among Full Circles, a piece of art by Molly Holmberg Brown, whose work will be exhibited in the Stier Family Gallery at Thomas Memorial Library for the month of March.

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Vote for Anne Carney Maine Senate District 29 Democratic Primary Election on June 9th

Thanks to your support, I have had the honor of serving Cape Elizabeth in the Maine House of Representatives. I'm pleased to announce my candidacy to be your new Maine State Senator. The priorities of our community are at the heart of my work: protecting our environment, making health care affordable, advocating for public education, and promoting economic opportunity and security for our people and our state. We need experienced leaders who can pass effective laws and restore respect and decency to our politics. I ask you to help me continue this important work by supporting my campaign to serve you in the Maine Senate. Let's build Maine's future together.



Anne Carney for Maine Senate District 29
South Portland, Cape Elizabeth, and part of Scarborough

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