

The Cape Courier

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July 21 - Aug 10, 2021

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In the Spirit of Community

First Lady visits Fort Williams



Contributed photo

Cape Elizabeth resident Emily Garvin meets First Lady Dr. Jill Biden, who visited Fort Williams Park on July 3 while in Portland as part of the Administration's nationwide "America's Back Together" tour.

Maggie Cochran named Gatorade Maine Girls Soccer Player of the Year

By Kevin St. Jarre



Contributed photo

Maggie Cochran of Cape Elizabeth High School has been selected as the 2020-21 Gatorade Maine Girls Soccer Player of the Year. In the photo are her CEHS coach Graham Forsyth, teammates Emily Supple and Ellie Gagne, and Cochran.

Gatorade, in its 36th year of honoring the nation's best high school athletes, announced that Maggie Cochran of Cape Elizabeth High School has been selected as the 2020-21 Gatorade Maine Girls Soccer Player of the Year. Cochran is the second Gatorade Maine Girls Soccer Player of the Year to be chosen from Cape Elizabeth High School.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the field, distinguishes Cochran as Maine's best high school girls' soccer player.

The 5-foot-8 junior midfielder led the Capers to a 7-0 record this past season. Cochran recorded 12 goals and eight assists, producing multiple points in all seven games. A 2020 United Soccer Coaches High School All-American and a three-time First Team All-State honoree, Cochran scored 32 goals as a sophomore in 2019, leading the Capers

to the Class B state title. She concluded her junior year with 56 goals and 32 assists in her prep soccer career.

Cochran has volunteered locally as a peer helper at Cape Elizabeth High and has donated her time as a youth soccer coach. She has maintained an A average in the classroom. She has made a verbal commitment to play soccer on scholarship at Northeastern University beginning in the fall of 2022.

Graham Forsyth, the head coach of the CEHS girls' soccer program, said, "If you look at the criteria for this prestigious award, Maggie checks all the boxes with ease. She leads by example on and off the field, has had three stellar years- so far- and thoroughly deserves the recognition she is receiving. Her personality, level headed approach to the game and confidence in her ability, makes her a joy to work with and I'm proud to say I've

-see SOCCER page 9

Anna Cornell named Gatorade Maine Softball Player of the Year

By Kevin St. Jarre



Contributed photo

Anna Cornell is the first softball player from CEHS to be honored as the Gatorade Maine Softball Player of the Year.

For the first time in the 36-year history of honoring the nation's best high school athletes, the Gatorade Maine Softball Player of the Year is a player from Cape Elizabeth High School. Cornell has dominated from the pitcher's mound as her team went on to win the state championship this year.

The 5-foot-9 senior right-handed pitcher had led the Capers (19-0) to the Class B state semifinals at the time of her selection. Cornell compiled a 14-0 record with a 0.19 ERA through 19 games, allowing just 30 hits and seven walks in 74 innings pitched, while striking out 136 batters.

A three-time All-Western Maine Conference selection, she also batted .571 with two home runs, 29 RBI and a 1.506 OPS. She only added to these impressive stats on their run to the earning the state title, improving her record with five wins in the post-season and 16-0 overall, while striking out another five batters in the final game. Cornell pitched all five innings of the state championship game which was called early because of the 12-run mercy rule.

Cornell joins recent Gatorade Maine Softball Players of the Year Bella Dickinson (2019-20, Scarborough High School), Abby Orso (2018-19, York High School), Grace McGouldrick (2017-18, Gorham High School), and Jessica Brown (2016-17, Portland High School), among the state's list of former award winners.

Opposing coaches were impressed. "Anna Cornell was far and away the best player we faced, both in the circle and at the plate," said Kevin Giannino, head coach at York High. "She's a fierce competitor, but she's also gracious and someone you find yourself rooting for."

Her own coach, CEHS Coach Kristen Duross said, "I am beyond proud of Anna for receiving this award. She is more than deserving of it. She's hard working, an elite pitcher, humble and you would never know she's the best pitcher in the state without actually seeing her pitch. She is a real class act and I couldn't be more excited for what lies ahead of her at Ithaca College academically and athletically."

Of winning the award, Cornell said, "I was

excited to hear that I was nominated earlier this spring. There are a lot of really hardworking and dedicated players in the state that also play year-round softball, so I was surprised to be named the finalist for the award. I am very proud to be the first softball player to bring this award to Cape Elizabeth High School."

Cornell has served as a peer tutor and has volunteered locally on behalf of her school's Best Buddies program and the American Red Cross. Cornell has maintained an A average in the classroom. She will attend Ithaca College this fall, where she will play softball.

The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the field, distinguishes Cornell as Maine's best high school softball player. Now a finalist for the prestigious Gatorade National Softball Player of the Year award to be announced in June, Cornell joins an elite alumni association of state award-winners in 12 sports, including Cat Osterman (2000-01, Cy Spring High School, Texas), Kelsey Stewart (2009-10, Arkansas City High School, Kansas), Carley Hoover (2012-13, D.W. Daniel High School, South Carolina), Jenna Lilley (2012-13, Hoover High School, Ohio), Morgan Zerkle (2012-13, Cabell Midland High School, West Virginia), and Rachel Garcia (2014-15, Highland High School, California).

The Gatorade Player of the Year program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls volleyball, boys and girls cross country, boys and girls basketball, boys and girls soccer, baseball, softball, and boys and girls track & field, and awards one National Player of the Year in each sport. The selection process is administered by the Gatorade Player of the Year Selection Committee, which works with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

Through Gatorade's cause marketing platform "Play it Forward," Cornell has the op-

-see SOFTBALL page 9



The Cape Courier
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 The mission of The Cape Courier is to foster a sense of community by presenting news specific and unique to Cape Elizabeth and its residents, and, whenever possible, to promote volunteerism within our community.

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Support for DEI Task Force

In the wake of the murders of Breonna Taylor and George Floyd in the spring of 2020, the Cape Elizabeth community and educators rallied around a commitment to antiracist and racial equity education at the individual, institutional and community level. On July 20, the Town Council approved the formation of an Ad Hoc Civil Rights Committee and on September 8, the School Board created a Diversity, Equity, and Inclusion (DEI) Task Force.

We, the undersigned members of the Cape Elizabeth community, including citizens, educators, and alumnae/i, would like to reaffirm and reiterate our support for these efforts. At a time when education identifying and combating systemic racism is being challenged across the country, we believe this community-wide commitment is more important than ever.

Understanding the historical and current context of white resistance is one piece of

Richards 'part of a great generation of teachers'

I recently saw notice that Don Richards, former swim coach and math teacher at Cape Elizabeth High School, passed away.

As a former student of Don's, I want to maybe add a little emphasis to his skills as a teacher, without detracting from his John Wooden like skills as a coach. Don - or Mr. Richards, as we would have referred to him directly - put in a lot more effort into his teaching than many may be aware. He spent as much time with the kids who were struggling, but needed the grades and the skills to get into college or get the leg up they needed to do well in life, as he did with the kids who came by mathematics easily. In fact he tailored his classes for every part of the bell curve, helping all of us learn as much as we could, as quickly as we were able. He was part of a great generation of teachers at CEHS, and deserves at least as much praise for his teaching skill as for his ability to drive perfor-

our effort. We recognize that racism is bound to all systems of oppression that continue to reinforce marginalization and discrimination against entire groups of people. As we do this work, we know that it requires neither shying away from topics that may cause discomfort nor avoiding information that corrects formerly entrenched views. We support the critical work of the DEI Task Force, our administrators, and our educators as they grow their curricula to make it increasingly historically accurate, rooted in facts.

There are currently 150+ community members who have signed this statement. Visit here to add your name: https://bit.ly/CESD_DEI_AffirmingOurCommitment

Thank you for your time and advocacy in this important matter.

Eliza Matheson, co-drafter

mance in the swim lanes.

To the Richards family, I offer my sincere condolences, and I'm certainly going to take some time out in the next few days to thoughtfully reflect on a great teacher and a great member of the community who unfortunately is no longer with us.

Peter Freiling, CEHS Class of 1991

Proposed project 'needs to go to referendum'

I oppose the Szanton Project for numerous reasons. It is nothing like the original proposal that promised retail space, a low density of units and affordable housing. The so-called traffic study (one day for two hours in May of 2019) is useless for assessing future village center traffic impact in 2021. The Town Council should follow recommendation #83 from the 2019 Comprehensive Plan and convene a committee to study this issue, and it needs to go to referendum before moving forward.

Steve Underwood

Voicing support for proposed project

I am writing to voice my support for the Szanton Company proposal to build affordable housing. In 1992 the town of Cape Elizabeth adopted "Mandatory Affordable Housing Requirements" and the 2019 Comprehensive Plan laid out the issues of housing affordability and a road map to resolve some of the barriers.

Anyone who thinks the process is moving too fast is not paying attention, nor are they sensitive to the needs of many people who may work in town but are unable to afford the high-ticket price to live here. Do we really expect that residents must have a six-figure income in order to live here? The average price of a home in Cape Elizabeth today is \$600,000 dollars. With a 30-year mortgage that is likely around a \$3,000 monthly expense.

Personally, I would like the people who serve our community and don't make \$100,000 dollars a year to "Live and Work In Cape Elizabeth."

Tracy Floyd

'It has been a great honor'

Dear Parents and Community Members,
 I am writing to thank you for your support over my career as CEHS principal. It has been a great honor to serve in this role, and it has been a thrill to get to know so many CEHS students over the years. They are smart, kind, respectful and talented.

Parents and the community have been incredibly supportive.

It has been a joy to work with such a skilled and dedicated staff.

I want to say a special thank you to parents and community members who contributed to the very generous retirement gifts I recently received. They are much appreciated.

Best wishes to John Springer as my successor, and the entire CEHS community has my best wishes for a more normal 2021-2022.

Jeffrey Shedd

more LETTERS TO THE EDITOR on page 4

THANK YOU!

Your donations and other contributions help keep this community newspaper coming to your mailbox.

Thank you to this recent generous contributor:

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Then and Now: Don Richards, a legacy of love

By Jim Rowe



Photo courtesy of Jim Rowe

Don Richards following breakfast at Becky's Diner on Commercial Street, August, 2020

Celebration of this Fourth of July weekend was dampened as I learned of the passing of friend (and to many like me, mentor), Don Richards.

Given notice of the severity of Don's illness, his death was not a surprise. But the quickness with which the end came was surprising, at least to me. Earlier in the week, Coach Richards was inducted into the Maine Sports Hall of Fame, perhaps the first ever via Zoom. The ceremony was bittersweet. It was wonderful to see him alert and appreciative of the honor which he so richly deserved. It was very moving to watch MSHoF Executive Director Bill Green make the presentation. The organization could not have a better presenter. Don's acceptance speech was equally impressive. And it was very emotional to watch a representation of his colleagues and proteges describe what Don Richards meant to them.

Don's enormous accomplishments as a swimming coach are the stuff of legends—both here in Cape Elizabeth and in Tampa, Florida, where he finished his coaching career. The wins, the championships, the all-star swimmers coached, the accolades (including our municipal natatorium bearing his name) are well documented.

But his positive influence on people— not just on the pool deck, but across life— are what places him in a pantheon of humanity. As a teacher, role model, confidant, and friend Don Richards was without peer.

So if July Fourth is a symbol of freedom, then perhaps it makes sense that he should be relieved of the burdens of a terrible illness on that day.

Thank you, Coach, and Godspeed!

Judy's Pantry- a community feeding itself

Judy's Pantry is open on the second and fourth Tuesday of each month from 3-5 p.m.

We have resumed our in-house attendance. Pre-registration is required. Please contact bethowens1@gmail.com.

Feed your soul and your neighbors

In conjunction with Sounds by the Sea summer concert series, the South Portland-Cape Elizabeth Rotary will conduct a food drive during each of the six performances. Look for the South Portland Food Cupboard van in the vicinity of each performance location within Fort Williams Park to drop off your dry good(s) from 5:00 – 7:00 p.m.

Donations will benefit both the South Portland Food Cupboard and Judy's Pantry serving those who may be experiencing food insecurity. A suggested list of donation items can be found on our website <http://www.capecommunityservices.org/sounds-by-the-sea/>.

Volunteer drivers and greeters from all three organizations will be there to receive your donations.

Rotary members volunteer and host fundraisers throughout the year to support their community service work. "Everything raised

goes back into our community and supports Rotary International efforts globally" says Rotary President Michael Geneseo.

The South Portland Food Cupboard organizes volunteers who are committed to the acquisition and distribution of food to hungry people throughout South Portland, Cape Elizabeth, Scarborough and surrounding communities.

Judy's Pantry was started in memory of Cape Elizabeth resident Judy Simonds whose passion was the Cape Community Garden's plots to benefit Maine Harvest for Hunger. Judy's Pantry is currently housed at the Cape Elizabeth United Methodist Church.

Community Services is grateful to the Rotary for being an event sponsor and a partner in this food drive outreach effort to benefit the South Portland Food Cupboard and Judy's Pantry.

Cape fit bits

By Sarah MacColl

Just starting to get fit after a year of Covid eating? Lila Gaudrault's performance at The Pineland Trail Festival on May 29 might make you crazy, in comparison to your own efforts. Don't despair. She is 18, just graduated with the Cape Elizabeth High School Class of 2021.

Lila ran the 50K race, finishing in 4:31:58. She was 5th overall, the first female. Thirty-one miles of hills and knolls over uneven terrain eats your quads and challenges your will. She notes that every course is different, so she tries not to think too much about pace. She calls narrow, rooty courses "technical," a term we can all incorporate into our own perceptions and reports of our excursions.

We all need to think positive as we get fit, and the excuses we pull out have their place. Lila has bad days when her "legs just don't want to move." She finds she runs best in the early morning, and you've likely seen her sprint by. She says there's a saying in running that "it never gets easier, you just get faster."

And faster she got, as she ran track and cross country.

Her training is a lot different now than it was in high school. Instead of high intensity workouts to improve her speed, she is running slow and long, covering about 60 miles weekly. She likes these better than those track workouts. She's living in Ossipee, New Hampshire this summer and thus runs hills almost every day. Her work as an intern on an organic farm makes her feel like she's working out all day. Lucky she runs first thing.

Lila won't be competing on any NCAA teams in college—she'll attend UMass Amherst in the fall, majoring in Sustainable Food and Farming—but she'll look for a training group to keep her motivated. She usually runs alone and lets her mind wander, but sticks to a goal she's set for the day. A daily goal is good advice, and here's another adage: "Don't quit on a bad day." A friend heard about a 15-year-old who hiked the Appalachian Trail. He said someone told him that. Stay tuned for hiking stories next time.

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'Wrong development' for town center

I'm writing to join my neighbors, including five members of the 2019 Comprehensive Planning Committee, in opposition to the 49 unit apartment complex on our town green.

My objections have been made by others, but they are so important I have to add my voice.

* Significant costs to be borne by the Town, including schools, fire and safety, the TIF giveaway, and the land giveaway;

* The traffic impact at the busy, and dangerous, intersection of Scott Dyer Road, Route 77, and Shore Road;

* Forty-one of 49 units are single bedroom units, precluding families from having the opportunity to rent there;

* The disregard for the 2014 Town Center Master Plan which calls for "an identifiable, vibrant Town Center that includes mixed retail (not allowed in the proposed project) for residents and visitors, [and] a safe and inviting pedestrian and bicycle environment..."

* The disregard for the 2019 Comprehen-

sive Plan, which calls for:

* [development] of strategies to start and promote small businesses that serve residents and visitors;

* [creating] a village green (not destroying it);

* [making] specific improvements on existing pedestrian and bicycle infrastructure in safety-challenged areas;

* [improving] safety of the Route 77/Shore Rd/Scott Dyer Rd intersection;

* The disregard for the 2007 Comprehensive Plan that calls for preservation of 45% of open space in new developments and preservation of blocks of open space over narrow strips.

This is clearly the wrong development for the middle of Town, and clearly one that the people of Cape Elizabeth don't want or support. I urge the Town Council to reject the project.

Rich Dana

'Hopeful' that project moves forward

I am writing in support of the Dunham Court project. I believe that this project will bring much needed affordable housing to our town. And with that affordable housing comes more diversity. Certainly diversity of income and thought at the very least.

When three-bedroom and 1.5 bath houses are going for \$500K, there is no way a single person or a couple early in their careers can afford to live in this beautiful town. I see that we are looking to hire two new police officers. If that police officer wants to live in town, where can she live? This would be a viable option for a police officer, teacher and other professionals we will need to attract to Cape Elizabeth in the coming years.

We all want a vibrant downtown and one of the keys to a vibrant downtown is foot traffic. Maybe Ocean House Pizza or The Local Buzz would have made it if there were 10-15 more customers that could actually walk across the street for a drink or a bite to eat.

I am hopeful that we can come to some compromises that allows this affordable

housing project to move forward. I fear that if we turn away a well respected company like this, no other developer will want to build on this piece of property for fear that some citizens will fight any development in the center of town that brings change to the town.

Tim Concannon

'Warm thank you' to community

A warm thank you to the High School Parents Association and families of Cape Elizabeth High School for contributing towards my retirement gifts.

Living in Cape Elizabeth and working at Cape Elizabeth High School is a blessing and I will always cherish it. Your thoughtfulness is much appreciated.

Joan Moriarty, former Administrative Assistant, Main Office, Cape Elizabeth High School

Objection to spending increases

I have been following various dialogs about the real estate reassessments that have been done in Portland and South Portland and people are justifiably concerned. The reassessments are mandated by state law, so there isn't much we can do about them. Those whose houses have increased in value above average will be paying more in real estate taxes. Period.

The thing I object to is the increase in town expenditures for services at the same time. Some things will cost more; I know that. I'd just like to reign in the spending for the town

where spending increases are unwarranted. It is an historical fact that municipalities tend to push for more spending, sometimes when residents believe it isn't necessary. When my personal expenses go up more than my income, I cut back my spending. Why can't this concept seep into the minds of those making budget decisions when they spend other people's money?

Is there any movement in Cape Elizabeth that has been started or established to address this?

Jeanne Munger

Project should 'not be approved' as proposed

There are a number of issues regarding the development of a multi-unit apartment building behind Town Hall that have not been adequately answered by the town or the developer.

Firstly; the proposal requires a number of town ordinances and guidelines to be waived, or ignored. It begs the question, "why have town ordinances if developers can easily bypass them?". And lets not forget that the developer has already violated state environmental laws by filling in vernal pools that previously existed on the property.

Secondly; the developer wants an \$800,000 subsidy from the town in the form of tax relief. In addition the developer wants

the town to provide more space behind Town Hall for parking. This also has a cost, so in all the developer is looking for close to \$1 million from the town to make this project viable. Nice for the developer, not so much for Cape Elizabeth.

Thirdly; it is absurd to believe that families with schoolchildren are going to live in the one bedroom apartments being proposed.

As proposed this project does not seem realistic or viable on its own merits and should not be approved without significant change and improvement.

Alastair Macvicar

Cape must help end Maine's housing crisis

Growing up in an inland and rural section of Lincoln County, I remembered family members, friends and neighbors commuting to jobs mostly located in affluent areas along the coastline. Because of prohibitive coastal housing costs, however, few of these workers could relocate closer to their jobs.

Dynamics of spatial inequality define southern Maine too. Restrictive zoning in affluent suburbs constrain regional housing supply, inflating prices and rents. In turn, these same locales have built few subsidized, rent-restricted units to house lower-income families, largely leaving Portland to pick up the slack. Intentions notwithstanding, communities like Cape Elizabeth and Falmouth have become islands of exclusion.

Cape Elizabeth now has an opportunity to chart an alternative path forward. The Dunham Court affordable housing project will

allow working families, seniors and younger adults to reside in the center of Cape Elizabeth, within walking distance to excellent public schools, grocery stores and services. Constructing multifamily affordable housing within high-amenity neighborhoods is crucial to both break patterns of segregation and encourage car-lite, ecological lifestyles. I urge the Cape Elizabeth Town Council to approve this development. But Dunham Court should only be the beginning. Cape Elizabeth ought to explore housing options offering even deeper affordability than Dunham Court.

I understand Cape Elizabeth to be a bastion of liberal politics. Unfortunately, in wealthy, suburban contexts, liberalism tends to devolve into conservatism whenever change is proposed in one's own backyard. I am confident Cape Elizabeth can buck this trend.

Robert Gorrill

'So fortunate' for the CEPD

On July 6 I got a call from Sgt. Kevin Kennedy from the Cape Elizabeth Police Department. He was at my house where my cat had just been hit by a car.

I arrived home a few seconds later in an extremely distraught state. Sergeant Kennedy was amazing and compassionate in a terrible situation. The driver of the car that struck my cat was also very upset. Sergeant Kennedy

handled me, my husband, the driver and my cat with a skill beyond the call of duty.

I will forever be grateful to him for making a horrible day in my life more bearable. I want to publicly thank him for his kindness and professionalism.

We are so fortunate to have such a wonderful police force in our town.

Tammy Walter



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Subject stashes fireworks in Kettle Cove area, Snapchat, insurance, condo rental scams reported

Reported by Debbie Butterworth

COMPLAINTS

- 6-15 An officer spoke with a resident of the Fowler Road area regarding an unemployment fraud complaint.
- 6-15 A South Portland resident turned in a leaf blower he found on the roadside.
- 6-17 An officer received a referral from the Cumberland County District Attorney's office regarding a possible child abuse case.
- 6-18 Two officers conducted a well-being check at a residence on Mitchell Road.
- 6-20 An officer met with a resident of the Shore Road area who turned over two boxes of Ramset powder charges for Ramset tools for disposal.
- 6-21 An officer met with a resident regarding a civil custody issue.
- 6-21 An officer met with a resident of the Ocean House Road area regarding a hit and run property damage accident.
- 6-22 An officer met with a property owner in the Shore Road area regarding a criminal threatening complaint.
- 6-28 Two officers responded to a residence in the Scott Dyer Road area for a domestic disturbance.
- 6-25 An officer met with a juvenile resident who had communicated with an unknown subject on Snapchat. This unknown person e-mailed a check to the juvenile for no apparent reason. I advised the subject and parent that this is probably a scam attempt.
- 6-27 Two officers responded to a residence in the Scott Dyer Road area for a well-being check.
- 6-27 An officer met with a subject at Cumberland Farms who reported that a vehicle backed into his parked car and then drove off. A plate number was obtained and case is under further investigation.
- 6-28 An officer met with a resident of the Mitchell Road area who reported that sometime during the night, a vehicle struck and totally destroyed his mailbox, leaving behind some pieces of the vehicle.
- 6-28 An officer met with a subject at the police station who was experiencing some memory loss and needed assistance.
- 6-28 An officer responded to a location on Shore Road for report of an abandoned backpack. Owner was identified and contacted.
- 6-30 Two officers responded to a residence in the Ocean House Road area for an unattended death.
- 6-30 Two officers responded to a local business for a disorderly person.
- 7-1 An officer met with a resident of the Shore Road area regarding a possible insurance scam.

- 7-1 An officer responded to a residence in the Shore Road area for a report that two large mixed breed dogs had damaged a chicken coop and killed some chickens.
- 7-2 An officer spoke with a subject who advised that she had found a condo for rent on a realtor web site, she called the number provided and was told to send a check and a key would be mailed to her. When she asked to view the condo before sending the check, the contact person did not acknowledge her request, provided several excuses, and advised her not to call the realtor listed. The potential victim did contact the listed realtor and found that the condo was under contract for sale.
- 7-2 An officer met with a resident of the Shore Road area regarding an unemployment fraud complaint.
- 7-3 An officer met with a resident of the Shore Road area who advised he had received a call from someone claiming to be from his bank and that his account had been hacked and a purchase had been made from Amazon. The female caller then asked a series of questions that in retrospect gave her access to his account. Several hours later he checked his account and discovered that a large purchase had been made at a Best Buy in California. He contacted his bank who froze his account and was asked to go to a local branch on Tuesday and open a new account.
- 7-4 Two officers responded to a residence in the Ocean House Road area for a domestic disturbance.
- 7-4 An officer met with a subject in the Kettle Cove area who reported someone on the beach was seen stashing a large amount of fireworks. The officer located the fireworks and approached an individual who denied any knowledge of the fireworks. The fireworks were confiscated and returned to the police department for disposal.
- 7-5 An officer met with a resident of the Mitchell Road area who reported receiving a phone call claiming that his computer had been hacked but could be repaired remotely if the resident obtained a gift card from Target and provided the caller with the card and access numbers. The resident then received another call from the same person stating that the card had been hacked and the resident needed to obtain another card. At this time the resident realized it had been a scam.

SUMMONSES

- 6-18 Cape Elizabeth resident, unregistered vehicle, Mitchell Road
- 6-25 South Portland resident, speeding (67/50 zone), Route 77, \$170
- 6-30 South Portland resident, speeding (74/45 zone), Route 77, \$278

- 7-1 Portland resident, damage to livestock or pets by animals, Beach Bluff Terrace
- 7-5 Buxton resident, failure to produce insurance, Shore Road, \$86

ARRESTS

- 6-28 Cape Elizabeth resident, aggravated domestic violence, Woodland Road
- 6-30 Cape Elizabeth resident, outstanding warrant, Kettle Cove Road
- 7-1 Portland resident, violation of bail conditions, Woodland Road

ACCIDENTS

- 6-17 Piper Strunk, Michael Fogarty, accident on Two Lights Road
- 6-18 Ann Rasmussen, accident on Shore Road
- 6-25 Owen Thoreck, Merlin Leary, accident on Humphries Road
- 6-25 Joel Bamford, accident on Ocean House Road

FIRE/RESCUE CALLS

Fire calls: 22; EMS calls: 44

Rotary Club awards scholarships

For over 30 years, the South Portland/Cape Elizabeth Rotary Club has awarded \$1,000 each to students who demonstrate exceptional service both in their school and community. The name of the scholarship is the Rotary Club of South Portland/Cape Elizabeth Service Above Self Scholarship, which has a long standing mission to acknowledge good character.

This year's recipients in Cape Elizabeth are Julia Torre, Swetha Palaniappan, Hannah Liess, Finn McQueeney, Lila Gaudrault and Jinya Fisher-LaPlante. The South Portland recipients are Connor Dobson, Fiona Stawarz and Kyle Rand. Also included is Sasha Garland-DoreMaine from Connections Academy. Sasha is a resident of Cape Elizabeth.

Scam alert bulletin board

By Jessica D. Simpson

Door to door scams

Warm weather is here which means door-to-door sales crews are here, too. But what they're selling isn't always legit.

Be cautious anytime a stranger comes knocking, especially if the visitor is trying to sell you goods or services. Be wary of contractors who say they stopped by because they just happened to be in the neighborhood. The good ones are usually too busy to roam around in search of work. Also be on guard for high pressure tactics to make a quick decision for a steep discount, and requests for payment upfront. Your best bet is to proactively seek out services if you need them, versus reacting to an unexpected sales pitch. It's always okay to explain you don't do business at your front door (or to not answer when strangers knock).

Protect your device, protect yourself

Many scams originate right at your fingertips through your computer or smartphone. The good news is the way to block them is also within your grasp. Here are three tips to keep your devices safe from criminals.

Make sure your devices' operating systems are up to date; you should be able to set an auto-update feature that downloads the latest software when available. Next, make sure to change the password on your Wi-Fi router so it's different from the password it came with. If you have a lot of devices connected to it, they could be vulnerable if the router is compromised. Lastly, a password manager is a great way to create unique and hard-to-guess passwords for all of your online accounts and apps.

Be a fraud fighter! If you can spot a scam, you can stop a scam.

Report scams to local law enforcement. For help from AARP, call 1-877-908-3360 or visit the AARP Fraud Watch Network at www.aarp.org/fraudwatchnetwork.



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Reverend Priscilla Dreyman recipient of 2021 eco-Excellence Award



Contributed photo

The Rev. Priscilla Dreyman (right) receives a 2021 eco-Excellence Award from ecomaine Communications Manager Matt Grodin (left).

The Reverend Priscilla Dreyman of the Cape Elizabeth United Methodist Church is one of eight recipients to receive a 2021 eco-Excellence Award from ecomaine, a non-profit recycling and waste-to-energy organization.

The awards were presented on June 17 at ecomaine's annual meeting at Thompson's Point in Portland.

Pastor Dreyman's award recognized her dream to create an environmental ministry and an Eco Team within the CEUMC congregation that would focus on recycling and establishing a greater awareness of the wonders of nature in Robinson Woods in which

the church is partially located.

Through Pastor Dreyman's leadership, the church's Eco Team has been working on programs and presentations to help church members and the community better understand the issues of climate change and the challenges it presents for current and future generations.

Over the next year, the CEUMC Eco Team will be hosting a variety of nature walks and presentations led by environmental experts from around the state. These events will be open to the Cape community with dates being announced in this newspaper and on the church's web and Facebook pages.

Former CEHS swimmers share memories with Donald Richards via Zoom event

By Jim Hewes

Beloved coach Donald Richards passed away on July 4, 2021. The Cape Elizabeth swimming pool is named for him and is considered one of the premier swimming venues in Maine. He coached CEHS swim teams from 1961 to 1991 and his teams won numerous state championships. In 1991 he relocated to Florida where he taught and coached at Tampa Preparatory School and Tampa Yacht and Country Club which led to their swimming excellence. He touched the lives of thousands of students and swimmers.

Coach Richards was to be inducted into the Maine Sports Hall of Fame in September. Due to his health situation, shortly before his passing Coach Richards was inducted into the Maine Sports Hall of Fame by video, in large part to the efforts of Jim Rowe. It was hosted by Bill Green and witnessed by numerous people from all over the country, including his wife Irma, children James and Julie. Among the Cape swimmers that movingly spoke about Coach at the induction ceremony were Monique Legere Crane, Kristin Legere Moreau, Marc Greenberg and Lauren Hill.

On June 14, CEHS swimmers that he coached met with him on Zoom and reminisced about their time swimming at CEHS under him. Each person shared their varied experiences on the swim team with Coach and their life after CEHS. They all movingly expressed their deep gratitude for the enduring positive impact he made on their lives. Coach had a unique ability to motivate and get the best out of his swimmers, promote team unity and in the process have fun.

Coach Richards emphasized setting specific goals and working hard to achieve

those goals as crucial for success in swimming and in life. Coach Richards never cut anyone from his swim teams. Among the memories shared were early morning swim practices, double practices, pre-meet dinners at Coach's home, breakfasts at IHOP after Saturday morning practices, pre-swim meet motivational speeches, painting "the rock" after winning another state championship, and bus trips to swim meets around Maine that involved questionable youthful behavior by certain swimmers.

The event was organized by Michael Klein. Former swimmers participated from all over Maine and the country and included the following people: Coach Richards, Nancy Hewes Barry (1973), Ralph Mahoney (1974), Billy Shafter (1974), Jon Chapman (1975), Susie Williamson (1975), Jenzie Leavitt (1975), Michael Klein (1976), Sandy Prince (1976), Cyndie Bowie (1976), Cheryl Crockett (1976), Hilary MacComb Nangle (1976), Jim Hewes (1976), Bob Perkins (1977), Ann Marie Chandler (1977), Alicia Madalenni (1977), Mark Brown (1978), Anne Hewes (1979), Mark Chandler (1979), Greg Madaleni (1981), Monique Legere Crane (1982), Kristin Legere Moreau (1984), Bernadette Sweeney Shaw (1994 with one year old son, class of 2038), and Kerry Kertes, who succeeded Donald as CEHS coach.

Coach Richard's license plate of many years reflects two of his other passions, "Fish'n Golf." Coach was active in the Cape community including the Purpoodock Club and Lions Club. Coach was married to his wife Irma for over 60 years. Thanks for the memories Coach and long may you swim, fish and golf.

CEHS announces recipients of 2021 College Book Awards

Cape Elizabeth High School is happy to announce the recipients of the 2021 College Book Awards, a time honored tradition that typically happens each spring. These awards are sponsored by a specific alumnus of a college or by the school's Alumni Association and are presented to juniors who have demonstrated great academic achievement, leadership, service and character. Congratulations to the following members of the Class of

2022.

- Bates College Stephanie te Boekhorst
- Brandeis University Emily Supple
- Brown University Claire McDonald
- Bausch & Lomb Honorary Science Award Virginia Weiss
- College of the Atlantic Zophia Leary-Forrey

-see BOOK AWARDS page 15

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Little lending libraries

By Kevin St. Jarre

For her birthday, Jenny Hall's husband Bill surprised her with two little libraries. At Bill's request, friends and family donated books to start the collection.

Both libraries were custom built—one named "Jenny's Book Box" was designed and built by a neighbor, Gary Kokx and "The Little Library on Crescent Green" was designed and built by dear friends of the Hall's, Colleen and Charlie DiPierro and Colleen's brother, Shawn Jennings.

Jenny Hall said, "My sister Jean hand painted the sign and sent it from Colorado. They are located on the corner of Ottawa and Crescent Roads in front of our house."

She received 70 books from college friends, her kids, her sisters and local friends, she said.

Their three sons graduated from Cape Elizabeth High School. "My oldest son, Will, selected 'Ice Magic' by Matt Christopher—the book he wrote his first book report about in 3rd grade. Jack selected 'The Talented Mr. Ripley' as a nod to a trip we had taken together in Italy, where the book takes place, and my youngest son, Ted selected 'Frog and Toad are Friends'—a bedtime story favorite of mine when he was little. I was delighted to open each book and see what friends and family selected for my new little libraries," Jenny Hall said.

The intent was that the books in her libraries would be read and brought back to the same little library box for others to enjoy. When asked if all the books are being returned, it turns out that this has been a bit of a challenge. Jenny Hall said that it may be that some borrowers might not understand that the books are to be brought back.

"My hope was to build a rotating collection of mostly new and some gently used books for neighbors and community members to borrow and return them after they have enjoyed them, for others to enjoy. I especially love quality children's books, so I have purchased over 55 new children's books for the collection. I have included a bookplate inside each book and also put a sticker on the outside cover to encourage readers to return the books, she said.

The books have flown off the shelves but, to her surprise, are not being re-



Contributed photo

When Jenny Hall's husband presented her with two small lending libraries, and family and friends donated books, she was thrilled. She said she loves watching families stop to look over the titles.

turned. Around Christmas she included bookmarks, and notes at Easter time, asking borrowers to return the books. But they continued to disappear. In their place, readers have sometimes left older, worn books, and even an old dictionary.

This spring, a generous neighbor learned of the books not being returned and donated \$100 to buy some new books. She selected seven new beautiful children's books and they disappeared immediately, and never came back.

"I love seeing families taking a walk and stopping by the libraries to select a book. I hope that people bring the books back after they enjoy them. I hope to continue to fill it with great books," Jenny Hall said.

She recently added a sitting rock in front of the libraries so children can sit there and read a book, and she plans to do some landscaping over the summer.

Training at Two Lights

By Stephen T. Lyons



Photo by Stephen T. Lyons

Pictured above (left to right, back to front) by a 1929 Ford Model A truck are: Madeline McGlynn, Betsy Appleton, Michael Redman, Michael Korycansky, Grayson Smith, K. Thomas Shoener, Ron Ahlquist, Richard Earle, Gretchen Langner, Kathleen Filippo, Sharon Mullen-Campbell, Delaney Darling, Caelyn Smith, Sophie Sweet, Molly Sweet, Ellie Krigman.

On June 19, the Maine State Park Rangers and lifeguards attended training at the picnic shelter at Two Lights State Park. Cape Elizabeth has three Maine State Parks: Two Lights State Park, Kettle Cove State Park and Crescent Beach State Park. Park Manager Kurt Shoener, expects a busy summer and looks forward to opening the parks after a season of reduced capacity due to COVID protocol.

Maine has 48 State Parks and Historic Sites; they promote health and nature appreciation through outdoor recreation events and programs. Cape Elizabeth is fortunate to have three of these State Parks. Park Rangers and lifeguards work tirelessly day and evening, seven days a week and holidays, so all that live in and visit Maine can enjoy it's beauty. New volunteers are always welcome.

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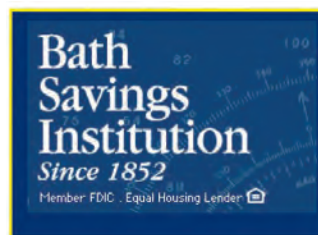
These generous companies contributed to the January 2021 Winterfest, the annual event that provides fun outdoor activities free of charge to area families. Due to the pandemic, the event was canceled and their contributions went to local support during this year of extreme needs. Here are some of the many worthy causes the South Portland Cape Elizabeth Rotary Club worked to assist:



- Funding and PPEs for area food pantries and other non-profits
- Bus passes for people in need to interview, work and shop
 - Gift cards and vouchers for families in need
- School and family backpacks for those without housing
- Networking support for immigrant families • Veteran housing and special needs • Support for families with addicted members
 - Various area emergency shelters • Recovery facilities
 - Community tree lighting and concert series support
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Soccer

Continued from page 1

been involved with her soccer development!"

Opposing coaches certainly respect her as well. "Maggie played the wing for them and was constantly a threat beating players off the dribble," said Mike Farley, head coach of Scarborough High. "I've never seen a player in Maine that you literally had to defend the full width of the field and around 40 yards out from goal."

Cochran said of the award, "I feel so honored to be recognized by such a cool brand as Gatorade, it's always nice to be recognized especially after such a fun three years playing for CEGS! Soccer has always been a huge part of my life, I started playing when I was around four or five years old and I instantly fell in love with it. I've had really cool life experiences while playing and I've made the most amazing friends. I think my favorite part about the sport is the bond that is created amongst the team. I've had the most incredible team over the years at CEHS as well as great relationships made from my club programs."

Soccer has always been a huge commitment for her, but she said the life experiences and lessons she's learned go well beyond just the game.

"Over the years I've had so many people that have helped me get to where I am today. My coaches, Graham Forsyth for CEGS and Graeme Blackman for my club program, and also my dad who has really been my coach since I was four, have had a tremendous impact on me and have truly helped me become the player I am today. Similarly, my mom has been and will always be my biggest supporter and my favorite fan. I would also definitely have to give a big shout out to my brother and sister. I was so lucky to play the last two years on CEGS with Liv and, whether he likes it or not, Sam is always out on the turf kicking around with me. Lastly, a huge shout-out to my best friends- my teammates- for being the most amazing people on and off the field. It is especially special to play with one of my closest friends, Emily Supple, who has been my partner in crime since day one, and I'm so excited to be co-captains for our senior year."

Cochran joins recent Gatorade Maine Girls Soccer Players of the Year Kristina Kelly (2019-20 & 2018-19, Camden Hills Regional High School), and Sara D'Appolonia (2017-18 & 2016-17, Yarmouth High School), among the state's list of former award winners.

Now a finalist for the prestigious Gatorade National Girls Soccer Player of the Year

Softball

Continued from page 1

portunity to award a \$1,000 grant to a local or national youth sports organization of their choosing. Cornell is also eligible to submit a 30-second video explaining why the organization they chose is deserving of one of twelve \$10,000 spotlight grants, which will be announced throughout the year. To date, Gatorade Player of the Year winners' grants have totaled more than \$2.7 million across 1,117 organizations.

Since the program's inception in 1985, Gatorade Player of the Year award recipients have won hundreds of professional and college championships, and many have also turned into pillars in their communities, becoming coaches, business owners and educators.

To learn more about the Gatorade Player of the Year program, check out past winners or to nominate student-athletes, visit playerofttheyear.gatorade.com, on Facebook at facebook.com/GatoradePOY or follow us on Twitter at twitter.com/Gatorade.

award to be announced in June, Cochran joins an elite alumni association of state award-winners in 12 sports, including Alexi Lalas (1987-88, Cranbrook High School, Michigan), Steve Cherundolo (1996-97, Mt. Carmel High School, California), Abby Wambach (1997-98, Our Lady of Mercy School of Young Women, New York), Heather O'Reilly (2001-02 & 2002-03, East Brunswick High School, New Jersey), Matt Besler (2004-05, Blue Valley West High School, Kansas), Jack Harrison (2013-14, Berkshire High School, Massachusetts) and Mallory Pugh (2014-15, Mountain Vista High School, Colorado).

The Gatorade Player of the Year program annually recognizes one winner in the District of Columbia and each of the 50 states that sanction high school football, girls' volleyball, boys' and girls' cross country, boys' and girls' basketball, boys' and girls' soccer, baseball, softball, and boys' and girls' track & field, and awards one National Player of the Year in each sport.

The selection process is administered by the Gatorade Player of the Year Selection Committee, which works with top sport-specific experts and a media advisory board of accomplished, veteran prep sports journalists to determine the state winners in each sport.

Through Gatorade's cause marketing platform "Play it Forward," Cochran has the opportunity to award a \$1,000 grant to a local or national youth sports organization of their choosing. Cochran is also eligible to submit a 30-second video explaining why the organization they chose is deserving of one of twelve \$10,000 spotlight grants, which will be announced throughout the year. To date, Gatorade Player of the Year winners' grants have totaled more than \$2.7 million across 1,117 organizations.

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Students named to all-star teams

The following Cape Elizabeth High school students were named to postseason all-star teams for the spring sports season:

Baseball

In the Western Maine Conference, in the Cumberland County division, Cape Elizabeth junior first baseman Colin Smith, Cape Elizabeth junior pitcher Hayden Webber and Cape Elizabeth freshman shortstop Gabe Harmon were all named all-stars.

Softball

In Western Maine Conference softball, Class B champion Cape Elizabeth placed four standouts, senior pitcher/first baseman Anna Cornell, senior shortstop Julia Torre, junior catcher/pitcher Kathryne Clay and junior outfielder Dana Schwartz, on the Cumberland County division all-star team.

Boys' lacrosse

The Western Maine Conference was home to all three boys' lacrosse championship teams this season with Cape Elizabeth being one of them.

The Class A/B first-team included Cape Elizabeth senior attack Archie McEvoy, junior midfielders Nic Boudreau, Colin Campbell and Tiernan Lathrop, senior defensemen Dylan Hewitt and Gavin Simopolous, senior faceoff specialist Gus Huffard and senior goalie Charlie Whitney.

The second-team featured Cape Elizabeth freshman attack Keegan Lathrop and sophomore longstick middle Nate Patterson.

Girls' lacrosse

The second-team included Cape Elizabeth senior Charlotte Graham.

The WMC All-Academic team included Cape Elizabeth's Ann Guimond, Hannah

Johnson, Hannah Liess, Sami Olsen and Tatum Strunk.

Boys' outdoor track

In the WMC, the Division I first-team featured Cape Elizabeth's Owen Patry (two-mile).

Second-team qualifiers included Cape Elizabeth's Keegan O'Grady (400).

The WMC All-Academic team included Cape Elizabeth's Keegan O'Grady.

Girls' outdoor track

In the WMC, the Division I first-team featured Cape Elizabeth's Hadley Mahoney (mile and two-mile) and Tori Hews (100 and 200).

Cape Elizabeth's Zoe Evans and Isabelle O'Grady qualified for the WMC All-Academic team.

Boys' tennis

The Western Maine Conference first-team boys' singles team included Cape Elizabeth's Eben Harrison.

Cape Elizabeth's Gabe Berman and Jack Carignan made the WMC doubles all-star team.

The WMC All-Academic team included Cape Elizabeth's Joey Labrie and Tyler Rodenberger.

Girls' tennis

Caroline Gentile and Blair Hollyday of conference champion Cape Elizabeth made the WMC singles first-team.

The WMC doubles all-star team consisted of Cape Elizabeth's Isa Kesselhaut and Aurora Milton.

The WMC All-Academic team included Cape Elizabeth's Alison Gerety.



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Cape Elizabeth native starts alternative opera company



Photo by Mikaela King Photography

Left to right, Aaren Rivard, Sable Strout and Lauren Yokabaskas, who recently started up Opera in the Pines.

Cape Elizabeth native Lauren Yokabaskas, along with fellow Maine natives Aaren Rivard and Sable Strout have formed Opera in the Pines, an alternative opera company committed to reinventing the opera experience. The new company's goal is to provide other Maine based artists with the opportunity to showcase their talents, utilize unconventional

spaces, and deliver intimate performances for both seasoned opera lovers and new audiences alike.

Opera in the Pines is presenting a Grand Opening Concert, an inaugural fundraising event, this August at Trine Events at Grace, formerly Chestnut Street Church, in Portland.

The evening will feature exclusively Maine raised voices who have made their mark on the community, and far beyond: Ashley Emerson (Metropolitan Opera, Kentucky Opera, Opera Omaha, Opera Theatre of St. Louis), Abi Levis (Deutsche Oper Berlin, Wolf Trap Opera, Opera Philadelphia, Dallas Opera), Aaren Rivard (Pensacola Opera, Opera Colorado, Central City Opera, Des Moines Metro Opera), and Nate Menifield (Classical Uprising, Amethyst Chamber Ensemble, Choral Art Society, Portland Symphony Orchestra), accompanied by Emily Baltzer (Utah Festival Opera, In Series Opera, Portland Opera, Fort Worth Opera) and an ensemble of local young artists. The event will be August 20, at 7:30 p.m., doors open at 7:00. Light refreshments will be served, cash bar available, and featured cocktails by Bluet, Maine's wild blueberry sparkling wine, founded by Michael Terrien, another Caper and opera lover.

To view a short video about Opera in the Pines, check out: <https://youtu.be/bh7w6jmdGeo>. For more information on Opera in the Pines, including ticket purchasing information, visit: <https://www.operainthepines.com/>.

Artist Weekend kicks off 14th Annual Paint for Preservation

From Friday, August 13 through Sunday August 15, thirty-one award winning plein air artists will disperse across Cape Elizabeth to paint sites highlighting its natural beauty.

Plein air artists paint entirely outdoors, with no studio time, overcoming challenges such as weather, bugs and onlookers to produce stunning landscapes in little time. Most painting locations are open to the public to meet the artists and watch them at work. (A list of artist locations will be available on the Cape Elizabeth Land Trust website by August 11).

This Artist Weekend starts off the Cape Elizabeth Land Trust's 14th Annual Paint for Preservation art auction. For 12 years before the pandemic, Paint for Preservation spanned only one three-day weekend, culminating on Sunday afternoon with a gala "Wet Paint Auction" of the newly created pieces. For the second year, the auction portion will be held online two weeks later.

In the meantime, staff and volunteers will be photographing the newly painted pieces and loading those images onto a dedicated internet auction platform. The images, along with information about the artists, will be posted and available for preview online from August 21-29.

The auction itself will be open online from 8:00 a.m. Saturday August 28 through 9:00 p.m. Sunday, August 29.

(There is no registration fee to participate – watch the CELT website www.capelandtrust.org for details) Event guidelines require a minimum painting size of 16"x16," with a maximum 48"x48." In addition to the larger pieces up for bid, smaller pieces by the artists can be purchased outright in the Mystery Box Sale. These 12"x12" black boxes tied in ribbon are unlabeled – buyers purchase them sight-unseen for only \$250 and they go like hotcakes.

A new feature this year in lieu of the traditional gala will be the opportunity for the public to view the completed artworks in an outdoor setting at Turkey Hill Farm August 28-29. The suggested donation to attend the preview is \$25, and registration is required through the CELT website by August 20.

CELT greatly appreciates the artists who donate a portion of art sales, and the many business sponsors who contribute to the organization's only fundraiser in support of its conservation, stewardship and community education programs.

Sponsors include Ethos, Key Bank, RM Davis, Inn By the Sea, Town & Shore Associates LLC, Wright-Ryan Homes, Casco Bay Frames, Tammaro Landscaping, and the Veterinary and Rehabilitation Center of Cape Elizabeth. Companies interested in additional sponsorship opportunities should contact CELT at 207-767-6054.

Watch for postings on CELT's website, Facebook and Instagram in the coming weeks to learn more about Paint for Preservation.

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Dr. Marta Agrodnia, DVM, DACVS

Local birding report

By E. Brooks Bornhoff

As the birding doldrums of early summer settle in across Cape, there is still always something of interest to see or hear and it is just a matter of being out in the field to chance upon it. That said, on one of the last days of June, I spotted a large, dark-backed flycatcher sallying out to catch insects high above the pond in Robinson Woods III.

Visibly smaller than a Robin but bigger than an Eastern Phoebe, the Eastern Kingbird prefers to breed at the intersection of overgrown meadows, forest edges and ponds. Interestingly, I recently learned that Kingbirds have a crown of red, orange, or yellow feathers on their head. The displaying of the crown is reserved for potential predators and is otherwise concealed. Also, during one of the last days of June, at dusk along Charles E. Jordan Road I heard the unmistakable hissing of two youngsters and one hooting adult Great Horned Owl. Within a half hour time span I also heard five different types of thrushes singing - Eastern Bluebird, Veery, Hermit Thrush, Wood Thrush and American Robin.

On July 2 within the Rachael Carson National Wildlife Refuge along Sawyer Road I observed a territorial Willet driving a Kingbird from its metal pole perch. I also was able to view four different types of Swallows - Barn, Tree, Northern-rough Winged and Bank.

As for identification of the latter three, Tree Swallows are a good default for comparison with other swallows. Both adult and juvenile Tree Swallows have clean white throats, while the Northern-rough Winged's throat and breast are visibly dingy brown. I had forgotten how adult female Tree Swallows are often brownish above with limited

hints of blue and first year birds are especially brown (not blue). Bank and Northern Rough Winged Swallows are similar in size and can be tricky to differentiate between however the Bank Swallow's slightly forked tail is often visible as is a brown band along its chest. Unfortunately, Bank Swallows populations in southern Maine have declined more than any other aerial insectivore and are currently estimated to be at less than 1% of its 1966 population. One additional notable was a single Saltmarsh Sparrow that popped into view while I was watching the swallows and Least Terns dip and dive; its orangish eyebrow and 'stash' were aglow.

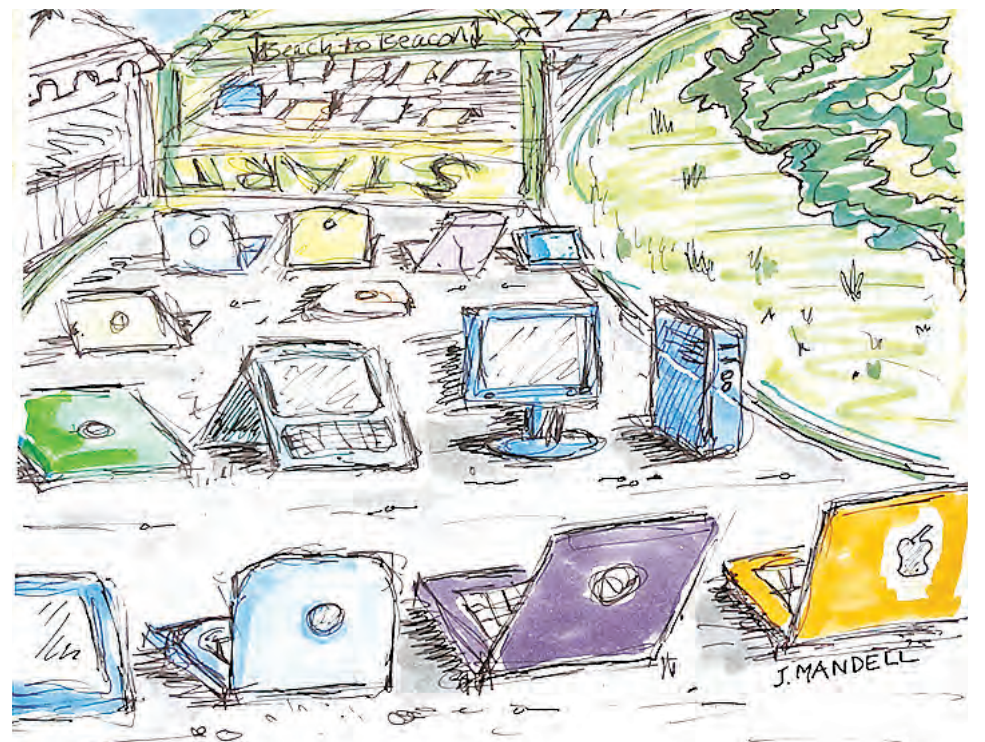
On the morning of July 3 five fledgling Baltimore Orioles and a Red-breasted Nuthatch managed to find room on our suet cage and were surrounded by an entourage of crying young - in particular, Red-bellied and Hairy Woodpeckers, Blue Jays and Tufted Titmice. A family of Common Grackles also showed up. Later that afternoon my wife, son and I took a trip down to the Kennebunk Plains Preserve which is a spectacular grassland and pine barren ecosystem. There we were treated to our first of the year Grasshopper Sparrows, Vesper Sparrows, Eastern Meadowlarks, Prairie Warblers galore and a singing male Scarlet Tanager.

Additional mentionings include, on July 10, to our delight a Roseate Tern dove within close range as my son and I were taking a late afternoon dip in the ocean at Kettle Cove. The easiest way to tell the difference between Roseate and Common Terns during breeding season is to look at the terns bill. Roseate Terns have a thinner dark bill with noticeably less red in it than the Com-

-see BIRDING REPORT page 15

Capetoons: B2B goes virtual for 2021

By Jeff Mandell



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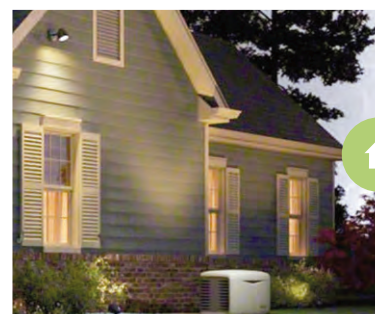


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Three steps to rewild your yard

By Carrie McCusker

"In nature nothing exists alone" Rachel Carson, Silent Spring

Rewilding is a process of welcoming life into our landscapes through the addition of native plants and reduction in harmful chemicals. It's a little bit of letting go, but also a lot of getting back, and it starts by understanding the large impact small actions can have on the well-being of our ecosystems.

The term rewilding doesn't mean just leaving a landscape to grow back to its natural state; rather it is a way of creating an environment that suits everyone's needs, including the animals and plants that share our space.

"We need to practice conservation where we live, where we work, and where we farm because humans now occupy or have seriously altered nearly all of the spaces outside of our parks and preserves," wrote Douglas Tallamy in his 2019 book, "Nature's Best Hope." Tallamy explains that habitat fragmentation — when we leave only small, separated blocks of land for preservation — can destroy the breeding and survival patterns of other species.

According to Tallamy, "The built landscapes between habitat fragments must be ecologically enriched to the point where they can sustainably support entire life-cycles of local biodiversity." In brief, that means human-dominated landscapes that separate habitats should be restored to their full, healthy state. Imagine it from a bird's eye view — land is contiguous and environments overlap — property lines don't apply to a migrating bird.

Fortunately, backyard conservation has economic benefits too. It means less resource consumption like water and fertilizer and more visits from birds and butterflies as well as a host of interesting insects and animals. It means reduced time mowing and trimming. The reward is harmony between human development and the natural ecosystems that draw so many of us to the beauty of Maine's coast.

Step One: Add Native Plants

The first step to change is adding native plants to your yard. "Plants are the base level of the terrestrial ecosystem," explained Heather McCargo of the Wild

Seed Project, a nonprofit based in Portland. "As such, they make their own food with sun, water and micronutrients and pass it onto the rest of the terrestrial land." Most insects will only consume the vegetation they co-evolved with. Most birds in turn will only consume the insects and plant matter they are adapted to eat.

This means that native plants that thrive on the coastal lands we call home are necessary for the ongoing reproduction of migrating birds and other animals that feed upon them and their consumers. Plants selected for appeal or ease of maintenance that come from nurseries are not.

The irony in choosing horticulturally developed plant hybrids over those that have grown naturally is that natives are easier to manage and require less care to thrive. "Native plants are beautiful," Heather pointed out, "and they're crucial to our region's ecosystem function."

Starting can be as simple as leaving an unmowed area for Swamp or Rose milkweed, *Asclepias incarnata*, which does well in regular soil. Like all milkweeds in New England it is a host plant for monarch butterfly caterpillars as well as swallowtails and a variety of beneficial beetles. The plant has beautiful pink to purple flowers and plays host to entire ecosystems of spiders, bees and ants. ("Native Plants for New England Gardens." M. Richardson and Dan Jaffe)

Another easily grown option is the New England aster, *Symphotrichum novae-angliae*, a fall blooming meadow plant that has bright pink or purple flowers with yellow centers and can grow up to five feet offering abundant nectar for late season bees and butterflies.

Heather noted that native plants need to be grown from seeds, not from the cloning process. "Just like humans, a plant is the result of sexual reproduction," she explained. Therefore, genetic variations exist, and those differences are necessary for the species survival. Natural mutations are normal. "Don't buy native plants from a nursery unless you can confirm they are grown from seed," she warned.

In southern Maine, the Gisland Farm campus of the Audubon Society offers a native plant sale seasonally starting in June. (<https://shop.mainenativeplants.org/>) The Wild Seed Project (<https://shop.wildseedproject.net/>) offers a variety of seed options too as well as an enormous number of resources including plant descriptions and information about gardening. For more information, a recent discussion about landscaping with native plants sponsored by Green & Healthy Maine can be found at: https://www.youtube.com/watch?v=_4djEc8FZgc.

For urban settings that include a porch, balcony or even a window, containers make a great spot for native plants. There is information from the Wildseed Project at: <https://wildseedproject.net/2016/01/balcony-gardens-natives-in-pots-for-urbanites-and-people-on-the-move/>. Raised beds are another option that makes planting simple requiring just a small amount of space, some bags of organic soil and seeds. The local Lumberly is building raised garden boxes that serve this purpose.

Step 2: Reduce Chemical Use

Owen Wormser, in his 2020 book "Lawns into Meadows, Growing a Regenerative Landscape" wrote "A fresh, green, perfect-looking lawn is not as healthy as it appears." Topical fertilizer, applied to these lawns means the roots will remain shallow and are less likely to reach water, requiring abundant watering sessions. Chemical additives also harm the microbial life therefore locking the lawn into a cycle that requires more water and chemicals to help the turf stay alive.

Fertilizers commonly applied to lawns contain two of the major nutrients, nitrogen and phosphorus, which contribute to water quality degradation in surface waters like ponds, lakes and streams (Guillard and Kopp 2004). They have potential to contaminate groundwater and are a major contributor to non-point source pollution, when chemicals seep from diffuse sources. (Frank et al. 2006)

In the U.S., around 32 million acres of land are tied up in turf grass lawn (Milesi et al. 2005) and homeowners spend an estimated \$40 billion per year on its care (Steinberg 2006). In Maine, where 94% of land is in private ownership, the lack of regulation on chemical use (Guerro 1990) allows homeowners to embrace the green standard of a well-tended lawn.

According to the U.S. Fish and Wildlife Service, pollinators are under threat due in part to the improper use of pesticides.

Pesticides include products such as insecticides that target insects and other animals and weed killers like the ones used to keep lawns weed free. "By their very nature most pesticides pose some risk of harm to humans, animals or the environment because they are designed to kill or adversely affect living organisms."

Pollinators are vital to crop success. They are also an essential part of the food web that includes birds and other insects. Information from Portland Pollinator includes a guide as well as a number of links to resources including a map of pollinator gardens in Portland that are available to the public.

LD155, Amendment B a bill to prohibit the residential use of chemical products containing dinotefuran, clothianidin, imidacloprid or thiamethoxam which are a threat to bees and other pollinators was proposed in the Maine legislature on January 21, 2021. Make a difference by writing to state legislators and by saying no to chemicals in your yard.

Step 3: Reduce Lawn Size

An easy step that can accomplish big gains is to reduce your lawn size. Eric Topper, Education Director at the Maine Audubon, Gisland Farm campus suggests thinking about your yard in terms of use and style and then combine those goals with environmentally impactful strategies.


A wild yard can have some lawn for kids and pets and managed areas for vegetables and favorite flowers, but it can also have the dramatic show of unique and easy to care for native plants.

If a yard comprises mostly mown, chemically treated grass that isn't being used, consider replacing some of it with native trees, shrubs and flowers that will invite native wildlife. A winding path bordered by a mixture of flowers and ending in a garden bench brings more activity, color and anticipation to your garden as it changes with the seasons.

A meadow of native flowers will morph through the warmer months to feed various species of migrating bird populations with insects and seeds. The cheery yellow goldfinch loves the late season seeds from *Daucus carota* known as Wild Carrot or Queen Anne's Lace. Black-eyed Susan, *Rudbeckia* spp. thrives in New England weather extremes and will self-seed offering a beautiful, easy to care for garden that helps restore soil, attract bees and butterflies and provides flowers all season long.

It's ok to start small and add to the landscape rather than trying to dramatically remove what is already there. Over time, native plants will take root and flourish requiring very little time or money.

The important thing to remember is that rewilding is good for everyone. By using less (chemicals, non-native grass and water) you can have more time to enjoy the kaleidoscope of color and vibrant activity that is your yard.



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Library brings back use of public computers and study rooms, offers program on Fort Williams, adult and teen summer reading programs

July has brought the return of some library services and features that haven't been available since the beginning of the pandemic. This month we have brought back the use of our public computers and study rooms, and returned our comfortable seating to both the upper and lower levels of the library. We will hold off on resuming in-person programs and bringing back early literacy toys until the fall.

PROGRAMS FOR CHILDREN

Book Voyage: An Epic Read Around the Globe

Are you ready to go on an unforgettable journey from the comfort of your favorite reading spot? We're calling the 2021 children's reading challenge Book Voyage: Read Around the Globe because you'll get to experience every continent and the vastly different landscapes and amazing cultures that make up our beautiful planet. The Family Engagement staff is ready to be your travel guides as we read around the globe to discover how we are all connected. Starting July 1 you can sign up in the children's room and start your fantastic adventures while earning some cool prizes along the way. More information can be found at www.thomasmemoriallibrary.org/srp.

Travelling Journals

This month in the children's room at TML we are introducing Travelling Journals. These are blank journals that kids and families can check-out and add their own thoughts and ideas to on four different themes: animals and nature, enchantment and magic, travel, and a continuous community story.

By the end of the year our hope is to have a collection of stories, memories and artwork created by the community that can be checked out and read. Think of it as a community record of all the creativity of Cape kids. Stop by the children's room to check one of these journals out. The guidelines are simple: Enjoy the pages that are already filled out. Start on the first blank page you come to. You can write, draw, or collage your entry. Limit yourself to three to five pages. All pages must be kid-friendly, G rated, and kind or they will be removed.

Take It Outside!

During July and August, we will have fun outdoor activities including Under Construction Day, Dress Up and Draw (outside),

and guided animal yoga signage on the front lawn. Check our website and newsletter for details on days and times.

STEM Take and Makes

Prepare for tornado warnings as home-made twisters land in the children's room. Starting July 1, stop by for a free take-home STEM activity: tornado in a bottle! We supply everything but the H2O. Assemble and explore centripetal force: something that acts on a body moving in a circular motion. How fast can you create a tornado? Try it and find out. Supplies are limited, touch down in the children's room to take one home with you.

PROGRAMS FOR ADULTS

Adult & Teen Summer Reading 2021

The 10th Annual Adult & Teen Summer Reading Program runs throughout July and August. Stop into the library anytime to register. Drawings for gift cards to local businesses are held each week. A Grand Prize drawing will be held at the end of the summer. Drawings take place at 3 p.m. on Saturdays, so be sure to get your weekly raffle ticket in before then.

Fort Williams: A Deeper Look, with Bob Dodd and Jim Rowe of CEHPS

Thursday, July 22, 6:30 - 7:30 p.m. via Zoom

If you live in Cape Elizabeth, chances are you've spent some serious time exploring and enjoying around Fort Williams Park. But did you know that in addition to the lighthouse, picnic grove, playground, Children's Garden and pickleball courts that we associate with the park today, there is a deep and fascinating history to this special spot from its time as a bustling military fort?

Join us as we welcome Bob Dodd and Jim Rowe, current and former presidents of the Cape Elizabeth Historic Preservation Society, for this presentation about the heyday of Fort Williams, its rise and fall, and how it transformed from an important military installation into the beloved park we know today. You'll see rare photos from the Fort's past and hear stories of those who

were stationed there during the first half of the twentieth century.

In addition, Bob Dodd will give a behind the scenes look at how he researched and created his stunning scale model version of Fort Williams that is currently on display at the library. You don't want to miss this special evening - you'll never see Fort Williams Park the same way again.

Bats: Friends in the Night Sky, with the Center for Wildlife

Tuesday, July 27, 6:30 -- 7:30 p.m. via Zoom

Who is the only flying mammal that uses sonar technology similar to a submarine, eats hundreds mosquitoes in one hour, and whose cousins help to plant and pollinate the Tropical Rainforest? Maine's big brown bat! Join Thomas Memorial Library and Center for Wildlife via Zoom to learn about one of our most mysterious and misunderstood wild neighbors, the big brown bat. Discover their natural history, importance to the ecosystem and planet, current challenges that they face, and tangible actions that we can take to protect these allies in the night.

ONGOING VIRTUAL PROGRAMS FOR ADULTS

(Chair Yoga and Cultivating Mindfulness are on hiatus)

Daily Fika (Coffee Break)

Mondays-Saturdays, 10:00 - 11:00 a.m.

Guerilla Poetry Whoop

NEW DAY: Second Thursday of the month, 6:30 - 7:30 p.m.

Next meeting: August 12

E-ldering Conversation Group

Wednesdays, 1:00 - 2:00 p.m.

AKME Chats, with the Anchor-age Public Library

Wednesdays, 3:00 - 4:30 p.m.

Songwriting Workshop (with Jud Caswell)

First Tuesday of the month, 6:30-8:00 p.m.

Next meeting: August 17 (meeting is on

the third Tuesday this month)

Adult Book Group

Third Thursday of the month, 3:00-4:00 p.m.

Next meeting: August 12 (meeting is on the second Thursday this month)

Next book: "Sense of an Ending," by Julian Barnes

CEEF grants roll on

The Cape Elizabeth Education Foundation (CEEF) would like to thank the incredible teachers and staff in the Cape district for continuing to inspire and imagine this past year.

Despite the challenges that the last school year held, educators from all three schools developed and applied for, and CEEF was proud to award eight grants totaling \$17,478 for the '20 - '21 school year.

Grants included virtual field trips, a new twist on the beloved Coder Express, and even a new student-led outdoor classroom area. In order to accommodate teachers in an unpredictable year, CEEF switched to a rolling grants model rather than its traditional spring and fall cycles which allowed teachers to adapt grants as needed. In order to accommodate educators during the transition back this fall, CEEF will continue the rolling grants model through December 2021. "We know Cape educators never stop innovating for their students, and we hope to see even more applications in the coming year" commented CEEF's Executive Director Liz McEvoy. "We invite all educators to talk to us and even apply for grants over the summer to get new programs up and running. We heard that the flexibility of a rolling grant cycle helped this year, and we want to continue to help educators with the transition back to school this fall."

Educators can read more about CEEF grants at ceef.us/apply-for-a-grant, or reach out at info@ceef.us for more information or help with the process. CEEF exists to fund projects that fall outside of the school budget, and is excited to support the long-standing tradition of innovation in Cape schools.



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CAPE CALENDAR

By Wendy Derzawiec

Please see the town website, www.capeelizabeth.com for meeting locations

Tuesday, July 27

Board of Zoning Appeals 7 p.m.

Tuesday, August 3

Planning Board Workshop 7 p.m.

Thursday, August 5

Recycling Committee 7 p.m.

Monday, August 9

Town Council 7 p.m.

Tuesday, August 10

School Board Meeting 6:30 p.m.

Conservation Committee 7 p.m.

Ongoing each week

Al-Anon, Regular meeting 7 p.m. Thursdays, at United Methodist Church, 280 Ocean House Road. Regular meeting 7 p.m. Fridays at St. Alban's Church.

Alcoholics Anonymous, 2 p.m. Saturdays, First

Congregational Church, 301 Cottage Road, South Portland; 7 p.m. Wednesdays, St. Bartholomew Church; 7 p.m. Fridays, St. Alban's Church.

Cape Elizabeth Historical Preservation Society, 9 a.m.-noon Thursdays, Public Safety Building - suspended until further notice.

Cape Elizabeth Lions Club, 6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road

Cape Farm Alliance, third Tuesday, 7 p.m., Community Center

South Portland/Cape Elizabeth Rotary Club, each Wednesday at 6:15 p.m. Purpodock Country Club, Spurwink Avenue. 767-7388.

Codependents Anonymous (CODA) group at Cape Elizabeth United Methodist Church Regular meeting weekly on Saturdays at 10:30 a.m. Call 799-4599 FMI.

CABLE GUIDE

Subject to change. Please see cetv.capeelizabeth.org for latest program guide and video on demand.

Board of Zoning Appeals replay

July 28 - 8 p.m.
July 29 - 2 p.m., 8 p.m.
July 30 - 2 p.m.
July 31 - 11 a.m.

CETV CHANNEL 1302

Cape Elizabeth Church of the Nazarene

Aug. 1 - Aug. 7 - Aug. 8 - July 24 - July 25 - July 31 - 9 a.m.

Planning Board replay

July 21 - 5 p.m.
July 22 - 9 a.m., 5 p.m., 8 p.m.
July 23 - 12 p.m.
July 24 - 1 p.m.

CELT's summer programs

Please register for the following programs through Cape Elizabeth Community Services: www.capecommunityservices.org. If you have any questions, please contact the Cape Elizabeth Land Trust at 767-6054. Participants who register at least 48 hours in advance will receive notice of changes or cancellation.

CELT's Wetland Science at Robinson Woods

July 10, 10 a.m. -12 p.m., Robinson Woods

Join retired wetland scientist Jim Teaford for an expert's view of the Robinson Woods wetland complex. A Professional Wetland

Scientist and a Certified Wildlife Biologist, Jim has taught over 100 wetland delineation courses throughout the country. He has taught and/or delineated wetlands from Alaska to Puerto Rico and from New England to California. While this might seem like a technical topic, no prior knowledge or experience is necessary - this will be an approachable program for all.

Cost: \$10

CELT's Beach Ecology at Trundy Point

July 22, 5 - 6:30 p.m., Trundy Point

-see CELT page 16

SERVICES

Cape Elizabeth Church of the Nazarene

499 Ocean House Road (Route 77)
747-1113

www.capenazarene.org

Sunday School for all ages: 9:30 a.m.
Sunday Worship Celebration: 10:45 a.m.
Services streamed live or on demand:
watch.capenazarene.org

Cape Elizabeth United Methodist Church

280 Ocean House Road
799-8396

www.ceumc.org

Sanctuary Service: 10 a.m.
Child Care & Sunday School: 10 a.m.
Adult Sunday School: 9 a.m.

The Church of Jesus Christ of Latter-day Saints

29 Ocean House Road
799-4321

Sacrament Meeting:
Sunday, 10 - 11:00 a.m.

Sunday School/Primary: 11:10 a.m. - 12:00 p.m.

The Church of the Second Chance

Greater Portland Christian School
1338 Broadway, South Portland
641-3253

Sunday: 10:30 a.m.-12:15 p.m.

Church of the Holy Spirit

1047 Congress Street, Portland
874-9779

www.HolySpiritPortland.org

Sunday Worship: 10:00 a.m.
Sunday Adult Bible Study: 9:00 a.m.
Sunday School for children: 10:00 a.m.
Services streamed live on Facebook
Potluck dinner every third Sunday

Congregation Bet Ha'am

81 Westbrook St., South Portland
879-0028

www.bethaam.org

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Saturday, 10:30 a.m.
Family Shabbat Services:
Second Friday, 6:00 p.m.

Hope Community Church

879 Sawyer Street South Portland
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www.hopesopo.com

www.facebook.com/hopesopo

Sunday Morning Worship at 10 a.m.
Kid's Church for ages 4 through grade 5
Service videos available on our website

Promised Land World Reach Center

536 Cottage Road, South Portland
799-3152

Sunday Prayer & Intercession: 9:30 a.m.
Sunday Worship: 10 a.m.
Family Bible Studies: Wednesday, 7 p.m.
Sermon recordings available to download

Saint Alban's Episcopal Church

885 Shore Road
799-4014

www.stalbansmaine.org

Sundays: Holy Eucharist 9:30 a.m. In-person and Zoom services.
Children's Programs 10:30 a.m. via Zoom

Celtic Eventide 5:30 p.m. In-person and Zoom services
Room for all

St John Paul II Parish

St Bartholomew Roman Catholic Church
8 Two Lights Road
207-883-0443

JP2me@portlanddiocese.org

Website: www.JP2me.org

Sunday Mass: 9 a.m.

Monday Mass: 8 a.m.

First Congregational Church United Church of Christ

301 Cottage Road, South Portland
799-3361

www.fccucc.org

Sunday Worship: 8:30 a.m., 10:00 a.m.

Sunday School: 10:00 a.m.

Preschool Child Care: 10:00 a.m.

Game Room

First Congregational Church of Scarborough

167 Black Point Road, Scarborough
883-2342

www.fccscarborough.com

Sunday Morning Worship: 9:30 a.m.

Sunday School & Nursery Care





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Hansen awarded two master's degrees



Reid Hansen

Contributed photo

Reid Hansen, son of Brian Hansen and the late Hedy Hansen, and a 2005 graduate of Cape Elizabeth High School, was recently awarded two master's degrees from Dartmouth College in Hanover, New Hampshire.

He is also a 2009 graduate of Middlebury College.

Hansen earned an MBA degree from Dartmouth's Tuck School of Business and a Master's in Public Health degree from the Geisel School Of Medicine.

Hansen and his wife Thea Francel reside in the Waltham, Massachusetts area. Hansen will be working at a medical services company in Greater Boston, where he will be the Clinical Operations Manager.

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Birding report

Continued from page 11

mon Tern. Also, on July 11 within Robinson Woods I and II the following birds were observed or heard: Belted Kingfisher, Northern Flicker, Great Crested Flycatcher, Common Yellowthroat, Pine and Black-throated Green Warblers were all singing.

Lastly, on July 12 while exploring the more forested and wet section of Two Lights State Park with my wife and son we spotted what first appeared to be three juvenile night herons, however as we crept closer for better looks it soon became apparent that we were looking at a total of four American Bitterns, one adult female and three young. According to Peter Vickery, Bitterns are rarely seen in numbers greater than two. Although American Bitterns are fairly common in Maine's wetlands, there are remarkably few confirmed nesting records statewide. This is primarily because of its cryptic coloration and elusive, solitary demeanor. Known by some as "thunder pumper," this striking bird has experienced a remarkable 43% decline between 1966-2015 across the Northeast.

In other bird related news the American Ornithological Society (AOS) announced recently that it will be forming an ad hoc committee tasked with developing recommendations to identify and change "harmful English bird names." Specifically, some birds are named after people who have been associated with racism, slavery and white supremacy - Townsend's warbler, Hammond's Flycatcher and McCown's longspur to name a few.

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Book awards

Continued from page 6

- Columbia University Esme Song
- Dartmouth College Sabine Spier
- Harvard College Sarah Hagan Mount
- Holyoke College Eva Morris
- Phi Beta Kappa Caroline Gentile
- Rensselaer Medal Marcella Hesser

- Smith College Helena Reiger
- St. Michael's College Colin Campbell
- St. Michael's College Dana Schwartz
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- Wesleyan University Isa Kesselhaut
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Kennealy studio clearance event

By Kevin St. Jarre



Contributed by Kennealy Photo

An example of the fine art to be found at the Kennealy studio.

Almost one year ago, Cape Elizabeth lost a beloved and renowned artist, Jack Kennealy. His wife, Rose, has announced a studio clearance event the weekend of July 23 to July 25.

Kennealy was also a photographer for The Cape Courier for many years and a beloved provider of portraits—families, businesses, pre-schools and sports teams. He created fine art images, and provided instruction on photographic composition and the use of Photoshop through Cape Elizabeth Community Services for many residents.

Rose Kennealy said that fine art images of coastal Maine grace many Cape Elizabeth homes and businesses, such as IGA, have been given as retirement gifts by the Cape Elizabeth School Department, and greet many residents as they arrive for medical visits to Intermed and Mercy Hospital.

“Jack and I have made many portraits of Cape families, graduating seniors, made sweet ‘school pictures’ for nearly all the pre-schools in town, and photographed the Cape Elizabeth Middle School football teams, their

cheerleaders and the CEHS boys’ basketball teams. In a special project with CEHS, Jack photographed a series of farmers in town and their life-size portraits were hung in the CEHS cafeteria,” Rose Kennealy said.

In addition to working for The Cape Courier, Jack photographed events for the Cape Elizabeth Land Trust, the TD Beach to Beacon 10K Road Race and for the South Portland/Cape Elizabeth Rotary Club.

Rose Kennealy said, “The studio clearance event will take place at 16 High View Road. The intent is to give his art and equipment useful new homes.”

Kennealy Photo’s studio clearance event will feature deep discounts on framed, matted, and sleeved fine art prints, cameras and lenses, tripods, lights, and stands, softboxes, diffusers and reflectors, Halliburton and Pelican cases, photo bags and antique cameras, filters and accessories and a studio backdrop system.

Those who would like more information can call (207) 799-1674.

Kathleen Decker Szakas new part-time minister at CEUMC



Contributed photo

Kathleen Decker Szakas recently became Cape Elizabeth United Methodist Church’s new part-time minister.

On July 1, Kathleen Decker Szakas became the new part-time minister at the Cape Elizabeth United Methodist Church, joining Pastor Priscilla Dreyman as co-ministers.

Pastor Decker Szakas was appointed to the Cape church by the United Methodist New England Conference after serving as a full-time minister at the Highland Avenue UMC in Gardiner. She also has served as a Local Licensed Pastor in both East Pittston and Dresden Richmond.

Prior to becoming a minister, Decker Szakas was a 20-plus year veteran in the Air Force after graduating from the United States Air Force Academy and beginning work as an Imagery Intelligence Officer. The Air Force later sent her to earn a Master’s Degree from Ohio State University in Geotetic Science and she became a Mapping, Charting and Geodesy Officer. She spent 10

years on active duty, 10 years in the reserves and retired as a lieutenant colonel in 2011, having served at bases around the country and in Korea.

A year after her retirement from the Air Force, Decker Szakas entered the Boston School of Theology. “Much to my surprise,” she said, “I got a clear and mystical call to ordained ministry in the UMC. It has been an amazing way to live as a ‘professional Christian’ and minister. Thanks be to God every step of the way.” She began serving the Highland Avenue church in 2016 and continued there until last month.

The Rev. Decker Szakas lives in Winthrop with her husband Joe and three teenage children. Her husband is the Provost/Vice President for Academic Affairs at the University of Maine at Augusta.

CELT

Continued from page 14

Rocky beaches are an iconic feature of the Maine coastline. On this walk, CELT Education Coordinator Philip Mathieu will introduce the geology, biology and hydrology that make this ecosystem special. Please wear shoes that are comfortable for walking on rocks. Cost: \$10

CELT’s Tidepooling the Rocky Shore

August 5, 5 - 6:30 p.m., Kettle Cove

Explore the rocky intertidal zone of Maine and see what kinds of plant and animal critters thrive in this special habitat. Join Philip

Mathieu of the Cape Elizabeth Land Trust on this summer evening to search for crabs, snails, and other marine life. Each family will receive a visual identification guide to some of Cape’s most common organisms. It is recommended that participants wear lace-up footwear, closed-toed shoes that can get soaking wet. The program will take place on the Kettle Cove Beach.

Cost: \$10

CELT’s Summer Cross Town Walk

August 21, 10 a.m.- 3 p.m., CELT Office (330 Ocean House Road)

Join Cape Elizabeth Land Trust staff and volunteers for the annual fall Cross Town Walk. Beginning at Portland Head Light, located at Fort Williams, this CELT sponsored walk will traverse over seven miles of both town of Cape Elizabeth and CELT trails highlighting Cape’s great places. This walk offers a unique overview of Cape’s diverse ecosystems including Spurwink Marsh, Robinson Woods and Great Pond. The walk takes approximately three and one half hours. Hikers will meet at the Portland Head Light and will carpool (arranged prior to walk) back to Fort Williams after a picnic at Kettle Cove that each participant brings for her/himself. Snacks, drinks and lunch should be brought by each participant. Participants should be 12 years or older; please call about younger ages. For the first time, we are also allowing a half-length option for folks that can’t sign up for the full distance. We will leave our cars at the CELT office in town center to allow participants to depart after our halfway lunch break if you so choose. This will also be the backup plan if summer weather makes completing the walk impossible.

Cost: \$10

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