

The Cape Courier

Volume 35 Number 1
Jan 19 - Feb 1, 2022

An Independent Not-for-Profit Newspaper
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In the Spirit of Community

Town Council hears presentation from CCA, passes new TML policy

By Maria Skillings

The meeting began with Councilor Nicole Boucher conveying there are still openings on the Personal Appeals Board. Applications for positions are due by January 26. Boucher reported from the finance committee that, "Everything is on track. We are up in revenue sharing and down in excise tax."

Presentation from the Cape Community Arena Group

Julie Furt, Jay Brandeis and Scott Liston make a compelling presentation to the council. Jay Brandeis took the lead by saying the project is a "Group of volunteers and is a non-profit organization." The proposed open-air arena will be 100% donor funded. This group is currently responsible for the outdoor ice rink that currently resides behind Town Hall. Brandeis believes there is a strong demand for the arena. The group launched a community survey that produced "overwhelming support for the project," said Brandeis.

The idea is that this arena would alleviate the demand placed on the rinks in Portland and Falmouth. Not only to be used for athletic purposes, but the group also proposes the

arena could be an ideal venue for the Portland Symphony. The advantage to having an open-air arena would mean, use for fall and spring sports as well.

The current proposed site is adjacent to the Public Works building, within the Gull Crest Field. "We have sufficient space, it will be tight, but we feel it is available," said Brandeis. After meeting with the Cape Elizabeth Land Trust, they received positive feedback regarding the tree health and habitat. They believe there will be very minimal tree removal needed. Funding being a key element, Brandeis went on to say, "We have secured a serious interest from a donor willing to fund the entire project." Brandeis' only concern is that "Donors of this size don't wait around forever." It is the group's hope to have this arena up and running for the 2022/2023 winter season. He asked the council to consider them for the Planning Board process. Understanding there is no laid out plan for running this arena or how it will be executed, they believe they have things covered from

-see TOWN COUNCIL page 12

Anna Crowley Redding book selected as one of NYPL Best Books

By Kevin St. Jarre



Photo by Dave Dostie

Local author and award-winning investigative journalist Anna Crowley Redding's book, "Black Hole Chasers" has been selected as one of the New York Public Library's Best Books of 2021.

Local author and award-winning investigative journalist Anna Crowley Redding's book, "Black Hole Chasers," has been selected as one of the New York Public Library's Best Books of 2021.

In "Black Hole Chasers," Redding presents the riveting true story of one of the most inspiring scientific breakthroughs of our lifetime—the Event Horizon Telescope team's 2019 reveal of the

first ever image of a super massive black hole.

This accomplishment took years of hard work, innovative thinking and a level of global cooperation never seen before. The challenge was immense. The goal was impossible. They would need a telescope as big as the earth itself. The

-see AUTHOR page 8

Ring in the new year with a dip



Photo by Eileen Hetrick

The Cape Courier was proud to support this year's Project Graduation Polar Dip. The fun and well attended event raised \$1,100 for this years graduating class. Below, beloved Cape Elizabeth bus driver Mr. Brown braved the chilly water to support Project Graduation.



Photo by Eileen Hetrick

Planning Board tables Turkey Hill Farm application to February

By Maria Skillings

On December 4, a site walk was performed on the Turkey Hill Farm site. The Planning board, Cape Elizabeth Land Trust committee and one member of the public were all in attendance.

After reviewing the proposed site plan of Turkey Hill Farm, board members' main concern was the wastewater disposal and plumbing codes.

The proposed plan for Turkey Hill Farm is to host up to 12 events a year:

- Four large events with no more than 100 participants (parking provided)
- Four smaller events with no more than 50 participants (parking provided)
- Four large educational events with no more than 100 participants (will arrive by bus)

In addition to these twelve annual events, Turkey Hill is proposing the farm be used

for general organization meetings for up to 24 people at a time. Program coordinator Phillip Mathieu has also expressed a desire to use the farm to host educational events five days a week, for up to 50 students at a time. Students would be utilizing the space from September - November and April - June.

John Mitchell, one of the coordinators of this program reviewed the changes that had been made to the site.

- Length of parking spaces has been increased from 18ft to 20ft
- The loop for one way driving has been widened from 14ft to 16ft
- The two-way access drive has been widened to 18ft, per request of the fire chief
- Four handicap parking spaces have been made available, one being van accessible

-see PLANNING BOARD page 9

Voluntary subscriptions needed

By Tara Simopoulos, Publisher

As Covid numbers rise and things slowly start to shut down, advertising sales are always likely to follow. It is sadly the nature of the beast in publishing. I know from weathering many a crisis in my years working in advertising. From 9/11 to several recessions and now a worldwide pandemic.

When Covid first hit in 2020, the Cape Elizabeth community rallied around us

and helped us survive what could have been the very end of The Cape Courier. And we are so grateful to everyone that stood behind us and helped us reach our 35th year!

Sadly, it looks like we are facing some tough times again. Instead of seeking donations in the traditional sense, we are

-see VOLUNTARY SUBSCRIPTIONS page 14



The Cape Courier
 P.O. Box 2248
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OUR MISSION STATEMENT
 The mission of The Cape Courier is to foster a sense of community by presenting news specific and unique to Cape Elizabeth and its residents, and, whenever possible, to promote volunteerism within our community.

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 Letters should not exceed 250 words. We reserve the right to refuse letters and to edit for length, accuracy, clarity and civility. We do not withhold names and writers may be limited to one letter per month. Petition-style letters will be declined. Letters reflect the opinion of the author, not The Cape Courier. Email letters to: editor@capecourier.com or mail to P.O. Box 6242, Cape Elizabeth, ME 04107. Please note: Letters will be acknowledged by email.

NEXT ISSUE: Feb 2
DEADLINE: Noon, Jan 21

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Vote is an opportunity to ‘share our beautiful community’

Thanks to the recent council vote of 5-2, the referendum on affordable housing will be held on election day in November, when the largest number of people vote.

Shame on newly elected Councilors Timothy Reiniger and Susan Gillis who wanted to have the vote on March 8. Kudos to Penny Jordan for voting to wait until November for the vote and for expressing the desire for “the greatest amount of input from the greatest amount of citizens through facilitated public forums.” Meanwhile, the rest of us can prepare to vote on whether we want our community to be one of openness and non-discrimination or one of NIMBYism and “Well of course I want to help the less fortunate, but [insert privileged excuse here].”

Please be careful of assumptions and

anecdotal evidence about the effects of affordable housing. Research shows that communities with affordable housing do NOT experience negative effects on crime, property values or taxes.

I want to raise my kids in a community that is welcoming, compassionate, and full of vitality, not a place that is entitled, restrictive and small-hearted. Let’s SHARE our beautiful community. It’s not a slippery slope. We can be active in our government and make good choices like the ones we have been making to preserve green space and beautify our downtown.

On November 8, we will have an opportunity to reasonably adjust zoning laws to make our community more accessible and welcoming and vibrant. LET’S VOTE.

Rachel Weinstein

Stay tuned for ‘Plan B’

To all Cape Elizabeth citizens who circulated and signed the petition to send Dunham Court to referendum, thank you! People from all walks of life and with different political stripes came together peacefully to engage in the democratic process and we succeeded despite the slings and arrows of the often-times uninformed media and passion of housing activists.

And to our wonderful Town Clerk and dedicated staff who worked extra hard this election season without a glitch, thank you very much. I’m deeply grateful

to live here and like many others feel responsible for stewardship of this special place for future generations.

The developer forfeited under scrutiny, but the work to create real affordable housing in Cape Elizabeth continues. My belief is that policies to expand opportunity in our beautiful town should be led by community values and the interests of kids and families. Stay tuned for “Plan B.”

Happy New Year.

Cynthia A. Dill

Town should ‘lead the way’

I just want to follow up on my editorial since it seems a few folks are concerned that I want us to become a Westbrook or SoPo with the introduction of a Director of Economic Development.

I do not want this. In fact I do not think anyone wants this. I want us to become Cape Elizabeth and to this end we already have a plan in place. It is called the Comprehensive Plan that was created by the community. It is very good. Have you read it?

But ultimately a plan is simply a wishlist unless there is an individual that can navigate it towards becoming a reality. This individual is called the Director of Economic Development. Most towns have one. The business community in Cape stretches well beyond the brick and mortar facades that exist. It includes home businesses and offices, craftspeople, farmers and specialists.

The town should lead the way in developing and nurturing this community and for this we need a Director of Economic Development.

Michael Friedland

Judy’s Pantry- a community feeding itself

Please note that our hours of operation have changed. We are now operating a curbside distribution at the Cape Elizabeth Methodist Church on the second and fourth Tuesdays of each month from 3-5 p.m. Prior registration is necessary. Please contact Beth Owens: bethowens1@gmail.com.

Meeting diverse needs and managing expectations

By Cape Elizabeth Community Services

As we welcome in the new year and kick off our winter programs, we think it may be helpful to reflect on some of the challenges we here at Community Services continue to face during these ever changing times.

To give you some perspective, at the outbreak of the pandemic, our staff worked remotely for six weeks, from March 16 – April 30, 2020. We returned to the office on May 1, reopened the pool on June 8 and resumed in-person programming on June 17. To do so, we expeditiously transformed the Community Center spaces to be Covid compliant, implemented CDC safety measures, and erected outdoor spaces on the school campus and at Fort Williams Park, all to ensure the safety of participants in our summer camps and fitness classes.

When school resumed, we expanded our Cape Care offerings to include Hybrid Learning Care helping to fill the gap for working parents. We continued using outdoor spaces until the weather otherwise permitted and pivoted again to readjust our programming with respect to the limited indoor spaces available to us.

By the end of 2020, we triumphantly conducted 526 youth, adult and pool programs with over 4,700 participants, taught two preschool classes, and provided before and after school care and hybrid learning care.

We were hopeful 2021 would have us settling into familiar territory. Instead, we experienced a huge surge in online registrations and as usual the more popu-

lar programs filled first. This has always been the case and expanding them or adding more of the same program isn’t easily done. For the first half of the year we were still working with limited access to indoor space. And for the remainder of the year, we were having to work within the confines of capacity limitations and instructor availability.

Still, the programming staff worked tirelessly to re-evaluate their offerings, encourage participation and meet changing expectations.

By the end of 2021, we conducted 633 youth, adult and pool programs with over 7,700 participants, taught three preschool classes and continued providing before and after school care and hybrid learning care.

Registration for our 2022 winter programs opened on December 19 and like last year, we experienced a busy open enrollment night and as of now, we have waitlists for 23% of our programs. It may seem like there is a huge demand that is not being met, however, there are a variety of explanations. For adult programs, safety concerns have resulted in smaller class sizes. For youth programs, the popular ones remain popular. Those instructors are giving us as much as they can and their classes are still restricted by their ability to instruct and the capacity of the space they need.

We appreciate your continued support, patience, flexibility and enthusiasm for our staff, instructors and programs. As always we continue to do our best to meet the diverse needs of our community.


THANK YOU!

Your donations and other contributions help keep this community newspaper coming to your mailbox.

Thank you to this recent generous contributor:

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Let us hear from you! 

We love feedback!

editor@capecourier.com

Then and Now: November 3, 2021 – A Sterling day

By Jim Rowe



Photo by Jim Rowe

John Sterling showing his grandson Henry (Robert Sterling's great-great-grandson) photos of "what it was like back then."

I'd like to think that as a second grader nearly 64 years ago, my first trip to the top of the lighthouse tower at Portland Head consisted of bounding up the 89 steps of the narrowing spiral staircase, reaching the top, respiration and heart rate barely elevated, where I was treated to the best views that Cape Elizabeth has to offer.

The reality was that I huffed and puffed up those stairs with my classmates, exhausted at the top, only to step through the observation deck's hatchway and be confronted by something called vertigo. Hugging the tower wall, I'm afraid I barely saw anything beyond the railing and was immensely relieved once we headed back down the "stairway from heaven."

Through the years, I've been fortunate to climb that tower many times. The 89 stairs are no less daunting today. But I'm much more comfortable with the open-air altitude and as long as my legs, lungs, and heart will allow, I will never refuse the chance to catch another exceptional glimpse of Casco Bay.

I received a phone call from my good friend and Fort Williams Park Greeter Tony Nappi. Tony invited me to join him, his wife, daughter and a few members of their extended family on a trek up the PHL tower on November 3. Extended family members included John Sterling, his wife, son and grandson.

John Sterling and I were contemporaries and "nodding acquaintances" at the University of Maine in the early 1970s. Little did either of us know back then that our paths would again cross a half century later. But such is Maine.

John Sterling is the grandson of Robert Thayer Sterling, who was the last civilian lighthouse keeper at Portland Head. The elder Sterling was assistant keeper and then head keeper at PHL from 1928-1946. Other stints in Robert Sterling's long career included Ram Island Ledge Light and Cape Elizabeth Light (Two Lights).

Following WWII, keeper duties were assumed by the U.S. Coast Guard.

John had already donated digital versions of many photos and documents from his grandfather's collection to the Cape Elizabeth Historical Preservation Society (for which we are immensely grateful). And so it was an indescribable delight to be able to accompany him, his son Tyler and grandson Henry on their first excursion up the same stairs which their ancestor had ascended so many times. Thanks to Director Jeanne Gross, we also spent time in the PHL Museum, where we could enjoy the wonderful displays depicting bygone days.

Tony Nappi, I owe you, my friend!

happy new year friends
we wish you
all good things
in the year to come

as always,
we thank you,
for your generosity,
kindness, support
and understanding
we appreciate you



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Photo by Donna Nappi, courtesy of John Sterling

Left to right: John Sterling, Henry Sterling and Tyler Sterling.

The gift of gratitude

By Elise Bridge

I apologize for seemingly falling off the face of the earth, but apparently starting a new job at this stage in life is a bit more consuming than I ever anticipated. I was quite overwhelmed at first with so many new people, applications and processes to learn but am so happy with this decision and hope that these challenges help my aging brain.

To get back to The Gift of Gratitude, the holiday season is always so humbling, as we have received home baked goods, farm fresh eggs and seasonal bulbs from our neighbors. Each of these items is a wonderful demonstration of the thought and care that they have for us. I have to admit that I am delinquent in getting our holiday treats out, but hopefully once I do, they will be appreciated as we extend the giving season.

One of my fondest memories growing up was baking and hand delivering goodies to our neighbors, who were not just next door - we had a very memorable walk down the winter lane to their homes. But I felt like doing this is kind of like being a florist, as the happiness it brings to one's face is priceless. We certainly loved the rum cake, peanut brit-

tle and buckeyes that our neighbors made for us and the cheer we had while baking our goodies in anticipation of the delivery was so heart warming.

Looking ahead to 2022, I hope to embrace this season of giving throughout the year. Our personal connections make our lives the best they can be and expanding our circle of friends can create ripples of positivity throughout the community. I will aim to increase my outreach each month through my neighbors, Cape Kindness and other charitable organizations that I am involved with. Even with all the challenges and frustrations related to the pandemic, social injustices and partisan political atmosphere, we can still make a difference by showing we care and having empathy for those around us. It can be hard to muster the time and energy to help others when we ourselves may be going through challenging times, but I believe that any compassion we show makes this world a better place.

Cheers to a healthy and happy new year to you all! And as always, I would love to hear from you - positive interactions or thoughts for positive outreach.

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News from the School Board

By Kimberly Carr

Happy New Year! 2022 is the start of a new year and a new twist on COVID-19. Many of us are exhausted and long for a break from the endless decisions and COVID-19 conversations. It is disappointing and frustrating that COVID-19 is still significantly impacting our lives; however when I reflect on how far we've come in the last year, I feel very grateful for what we have accomplished.

The goal for this school year was to bring all students and staff back to school for full-time in-person instruction in the safest way possible. Keeping our schools open has significant benefits academically, socially, and from a mental health perspective. We have been able to keep our schools open due to the incredible hard work of every single individual working in our schools and the willing cooperation of students and families in our community.

As circumstances have evolved, we have had to be nimble and adapt to changes that are at times unclear. Our District Planning Committee meets regularly to evaluate the current state of affairs with regards to the virus and our mitigation strategies. Based on the recommendation of the District Planning Committee, our schools were quick to adopt pooled testing in the fall. Now, as we are hit with increased cases due to the Omicron variant, we are fortunate that we have this system in place.

The dedication, compassion and caring regularly demonstrated in our schools is impressive. Whether it is coming into school in costumes to help our younger students feel more comfortable and at ease during in school vaccine clinics, or standing in the cold in the early hours of the morning directing countless cars to a drive through rapid test site set up on short notice, our school community gives 100%.

So here we are in January 2022. We have been through a lot in the past many months of COVID-19 and our community has adapted and persevered. It has not been perfect and there have been things to learn and improve along the way.

As we start this new year together I want to thank all of you: students, families, teachers, staff and administrators, for your part in helping us keep our schools safe, open and offering a high quality

education in a caring environment. Together we can accomplish so much.

Looking back to our last business meeting on December 14, the board was excited to welcome our newest board member Kathleen Curry-Sparks along with returning members Heather Altenburg and Elizabeth Scifres. The Building Oversight Committee presented information on the building project to the school board (see building update below).

The December meeting was full of recognition and celebration. The football, girls soccer and Mock Trial state champion teams were all recognized by the School Board as was the cast of the musical "Drowsy Chaperone." The school nurses were also present and recognized for the 2021 Distinguished Service Award by the Maine School Boards Association.

Finally, Dr. Record presented his plan for snow days for the 21/22 school year. After getting feedback from many students, he determined that we will move forward with a hybrid plan. The first three snow days will be traditional snow days with no school. Any subsequent snow days will be virtual school days.

Building Oversight Committee update

The Site Selection Committee has chosen the existing staff parking lots as the location for the new Pond Cove and Middle School building. It is a location that was chosen with tremendous thought and consideration to have minimal impact on the surrounding neighborhoods and allow for our students to continue to attend school in the current buildings without interruption for the duration of the project. The Concept Design Committee has been working to "right size" the buildings based on new enrollment projections that will allow for six flexible classrooms per grade.

The Public Outreach Committee is actively producing a video tour of the buildings for people to see the ins and outs of the schools and some of the specifics that led the Building Committee to chose to move forward with a bond for a new building.

Work is also being done to create a landing page for all the material and information collected. To help educate the public, small neighborhood gatherings (perhaps through Zoom or in person, if possible in the spring) are starting to be

organized as well as the planning for four Public Forums, led by Superintendent Record.

The dates of these forums are Thursday, February 10; Monday, March 7; Thursday, April 3 and Wednesday, May 18.

Finance Committee update

The FY 23 budget process is now underway as the School Department has been developing their budget request and the School Board review process formally began with goal setting at the January 11 regular business meeting.

The process will continue with a joint budget workshop between the Town Council and School Board on January 19, and the first School Board budget workshop will be held on January 25 where the board will hear presentations from building principals and department directors. The state has not yet released the preliminary education subsidy figures.

All budget-related materials and the review calendar can be found online at the CESD website under the Budget tab, which will be updated as materials become available.

Policy Committee update

The Policy Committee welcomes new member Kathleen Curry-Sparks and looks forward to her insight and participation. Recently, the board approved revisions to the public participation policy to improve efficiency of meetings and the safety of board members and the community.

The board also adopted a new policy to address both public and school board remote participation in School Board meetings as needed.

In the upcoming year, we will be focusing on policies that have not been reviewed in over ten years and those that required legislative changes.

We look forward to having student participation to help shape our policies to best meet their needs.

Upcoming meetings

School Concept Design Sub Committee January 20, 6:30 - 8:00 p.m.
School Board Workshop (Budget) January 25, 6:30 p.m. CEHS Library
DEI Task Force – January 27, 3:30 - 4:30 .p.m
Policy Committee – January 31, 3:30-4:30 p.m. Jordan Conference Room
District Planning Committee – February 1, 6:30 p.m. via Zoom

Cape Elizabeth Land Trust winter programs

Please register for the following program through Cape Elizabeth Community Services at www.capecommunity-services.org. Contact the Cape Elizabeth Land Trust with any questions: 767-6054.

All participants must register at least 48 hours in advance of the program to receive notification regarding Covid-19 policies and changes or cancellation.

Snow Shoe Outing in Robinson Woods

Join Cape Elizabeth Land Trust volunteer Tony Owens for a two-hour snowshoe adventure through the snow laden trail network of Robinson Woods.

This program is designed for winter outdoor enthusiasts, and we will explore the fields, woods and wetlands to gain a unique winter perspective of this wonderful property. Please bring your own equipment and dress accordingly for weather.

Outing is subject to acceptable weather conditions.

Saturday, January 22 12:30 – 2:30 p.m.

Meet at the Robinson Woods kiosk on Shore Road, \$6 per person

Robinson Woods Winter Excursion

Join CELT volunteer and Maine Master Naturalist Amy Witt on a tour of one of CELT's most popular properties, Robinson Woods.

The gentle hike will lead you through this natural habitat as Amy explains the ecology of the property, tips for identifying trees, and adaptations that plants and animals have to survive winter.

Meet in the parking lot of the Cape Elizabeth Methodist Church, 280 Ocean House Road (Route 77) to begin this program.

Date: Saturday, February 5

Time: 10:00 a.m. - 12:00 p.m.

Location: Parking lot of the Cape Elizabeth Methodist Church, 280 Ocean House Road. Fee: \$6.00


Animal Tracking for Families

Join Cape Elizabeth Land Trust Education Coordinator Philip Mathieu at the Great Pond Fenway Road trailhead to learn common winter animal tracks and practice tracking.

Participants will receive a hand-held track guide that they will then use to identify and follow various tracks along the trail. Warm, dry clothing and footwear are a must.


Children attending should be at least six years old, and accompanied by an adult. Outing is subject to acceptable weather conditions.

Wednesday, February 23 10:00-11:30 a.m. Meet at the end of Fenway Road \$6/parent & 1 child



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Multiple fraud and theft complaints reported

Reported by Debbie Butterworth

PUBLIC INFORMATION

- 12-7 Two officers responded to a residence in the Eastman Road area for a well-being check
- 12-9 Two officers responded to a residence in the Old Ocean House Road for a well-being check
- 12-10 Two officers responded to a residence in the Old Ocean House Road area for a well-being check
- 12-11 An officer responded to a residence in the Mitchell Road area for a fraud complaint. The victim had received an email request to help a friend's niece and asked that the victim purchase an Amazon \$250 gift card and the friend would reimburse the victim later. The victim complied and then received another email asking for an additional \$250 gift card. The victim became suspicious and called her friend only to learn that the friend's email had been compromised and the requests for gift cards were bogus
- 12-15 An officer met with a public works employee who reported that someone had used green spray paint to vandalize an inside wall of a building at Fort Williams
- 12-16 An officer met with a child advocate regarding a possible child abuse case
- 12-17 An officer met with a resident of the Shore Road area regarding suspicious e-mails
- 12-20 Two officers responded to a residence in the Shore Road area for a well-being check
- 12-21 Two officers responded to a residence in the Shore Road area for a well-being check
- 12-21 An officer met with a resident of the Mitchell Road area regarding an identity theft report. Someone had used her personal information to open an account at a bank. They also had her mail forwarded. She had contacted the bank and the post office
- 12-22 An officer met with a resident of the Kettle Cove area regarding an identity theft complaint. Someone had used his personal information to open a checking account online
- 12-28 An officer met with a resident of the Spurwink Avenue area regarding a theft complaint
- 12-31 Two officers responded to a residence in the Spurwink Avenue area for a well-being check
- 12-31 An officer met with a resident at the police station who turned over an Apple watch that had been found at Fort Williams

- 12-11 Portland resident, speeding (49/35 zone), Ocean House Road, \$137
- 12-17 Cape Elizabeth resident, violation of learner's permit, Sawyer Road

ARRESTS

- 12-16 Cape Elizabeth resident, domestic assault, Two Lights Road
- 12-23 Cape Elizabeth resident, domestic assault, obstructing report of a crime, Blueberry Road

ACCIDENTS

- 12-8 Stella Martin, accident on Fowler Road
- 12-8 Benjamin Connolly, accident on Broad Cove Road
- 12-13 Amy Prescott, Grier Dienstag, accident on Ocean House Road
- 12-17 Julie Tselikis, Ray Austinb, accident on Ocean House Road
- 12-17 Hannah Maltby, accident on Bowery Beach Road
- 12-23 Emerico Palacio, Patricia Demers, accident on Ocean House Road
- 12-23 Joseph Perocier, accident on Bowery Beach Road
- 12-30 Diane Brackett, accident on Bowery Beach Road

FIRE CALLS

Fire calls: 24; EMS calls: 46

CEUMC holding Warmth Clothing Collection

The Cape Elizabeth United Church's Outreach Ministry is working on a Warmth Clothing Collection throughout January for the Preble Street Resource Center in Portland.

Donations of new men's and women's underwear, socks, sweatpants, sweatshirts, gloves, hats and boots can be dropped off at the church on Saturday and Sunday, Jan. 22-23, from 9 a.m. - noon. Adult sizes only.

If you would like to have items picked up at your home, please call the church at 799-8396 with a message including your name, address and phone number.

Members of the Outreach Ministry have been collecting items throughout January from church members.

The church is located at 280 Ocean House Road (Route 77) in Cape Elizabeth.

Scam alert bulletin board

By Jessica D. Simpson

New Year's Resolution

It's New Year's Resolution time. That means it is time to make a commitment to be fraud aware in 2022.

For the next 52 weeks, like clockwork, scammers will be on the prowl looking to steal our money or sensitive information. Fraud is at an all-time high, but we can all take steps to help prevent it from happening to us.

Follow some basic measures: only share sensitive information when needed and only with people who you know and trust; don't click on links to avoid going to a cloned website or downloading malware onto your device; use strong and unique passwords and multi-factor authentication where available; keep your operating system and device protections updated; and if someone asks you to make a payment using a gift card, it is a scam.

Tackling Debt Scams

If you're like a lot of Americans, you spent a lot of money this holiday season and you might be in the mood to tackle your debt in the new year. Getting yourself out of debt takes time and discipline. Be wary of offers of guaranteed quick fixes.

Con artists prey on consumer's frustration over finances by offering the keys to getting your finances in order. These offers usually involve up-front fees, bad advice like stopping communication with your creditors and vague details on what services they actually provide. If you need help getting out of debt, turn to an organization like the nonprofit National Foundation for Credit Counseling.

Be a fraud fighter. If you can spot a scam, you can stop a scam.

Report scams to local law enforcement. For help from AARP, call 1-877-908-3360 or visit the AARP Fraud Watch Network at www.aarp.org/fraudwatchnetwork.

Cape Robotics hoping for in-person event at CEMS

By Kevin St. Jarre

With some luck, the Cape Elizabeth Robotics Program is hoping they'll be able to host an in-person robotics event at Cape Elizabeth Middle School on January 29.

According to faculty advisor of the program, Alex Anesko, "VEX Robotics at Cape has definitely rebounded from last year, when there were no in-person events. We've got three solid high school teams competing this year, two teams of 8th graders and another team of 7th graders. In addition, about thirty 5th and 6th graders have been coming in from CEMS after school for VEX IQ and VEX VR programs."

Anesko said about 16 Cape Elizabeth High School students, and 40 students from CEMS, are participating.

Of course, a program like this needs additional help, and long-time advisor Evan Thayer, who led the program with a great deal of success, has continued on as a coach. Tom Waecker, an engineer and community volunteer, comes in weekly, Anesko said.

If the event happens, it will be spectator-free. Anesko said, "There will be a small number of volunteers at the event who will be able to see some of the competition, to be held in the CEMS gym, but we won't be

able to invite parents, family, friends as we would normally do. We plan to live stream the event."

Cape Elizabeth's program will field six teams, with each team entering its robot. Three teams from CEHS, and three more from the middle school.

The event itself is a learning opportunity, and not just a prove what has already been learned. Anesko said, "It is so important for students to compete in person. Even if the event is a little less raucous than in previous years and everyone is keeping masked and socially distant, there is no replacing the feeling of live competition. Teams, new and experienced, always pick up a ton of design and strategy tips at these competitions, and newer Cape teams learn all the intangibles about the program from the older Cape teams. Of course, this sort of learning takes place in the CEHS lab, but everything is dialed up to 11 at the real event! On the one hand, it's all about the bots and the skills, but the big picture is program continuity and the high bar Cape Robotics sets for itself."

JUVENILE SUMMONSES



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Town of Cape Elizabeth

Personnel Appeals Board

Vacancies

The Town Council's Appointments Committee is accepting applications from residents to fill two vacancies on the **Personnel Appeals Board.**

The three-member board meets if there is an appeal as provided for in the Town's Personnel Code, Chapter 3 and any collective bargaining agreement that may confer such jurisdiction.

The vacancies include terms to expire 12/31/2023 and 12/31/2024.

Residents may apply at www.capeelizabeth.com.

Questions should be directed to Debra Lane, Town Clerk at:
799-7665 or debra.lane@capeelizabeth.org

Applications must be submitted to Debra Lane no later than 4:00 p.m. Wednesday, January 26, 2022.



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WinterFest South Portland 2022

Celebrating Community Coming Together

WinterFest South Portland, an annual collaboration between the city of South Portland and The Rotary Club of South Portland-Cape Elizabeth, is back at Mill Creek Park, Saturday, January 29 from 11:00 a.m. - 3:00 p.m.

This family-friendly event is free to all! Through sponsorships, this event will raise money for projects in our communities. All the activities will be scheduled in and around the park and designed to take advantage of

ice and snow as well as many activities not dependent on winter conditions.

Saturday's events are created and offered by area organizations and youth groups this year. These will include a story walk, fun sports demonstrations, musical and theatrical presentations, s'mores and hot chocolate stations, fire pits and Touch-a-Truck. Saturday evening will feature fireworks at Fort Williams Park in Cape Elizabeth, starting around 5:30 p.m.

For more information, go to South Portland Winterfest '22 on Facebook.

Caroling by carriage



Photo by Donna Nappi

A Cape Elizabeth family brought back traditional carol singing on horse and carriage, lifting spirits of the Great Pond Neighborhood this holiday season.

Christmas caroling is an important tradition bringing families together and creating community. Holiday caroling is also healthy and reminds us of what's important in life.

The tradition of carol singing may have its origin in medieval times, when watches (which included musicians) patrolled towns in England to keep order.

Clear the streets so that the streets can be cleared

By Kevin St. Jarre

Cape Elizabeth Public Works Director Jay Reynolds would like residents and visitors to remember that there is a blanket overnight parking ban on Cape Elizabeth's streets from December 1 to April 1. Between those dates no vehicles should be parked on the streets from 11 p.m. to 5 a.m. so that Public Works can treat and plow the streets.

The ban applies regardless of what the weather forecast is.

The town also has the authority to implement a parking ban outside of those times, usually in anticipation of bad weather.

Residents should also be aware that even during the day, when a ban is not in place, Public Works crews must be able to work on the roads.

Recently, after a snow event and in the middle of the day, a resident had parked along the street, while across the same road, contractors had parked a pickup truck. The remaining space was just large enough for perhaps a typical car, but a Public Works dump truck, spreading sand and salt, could not pass through.

In a feat of impressive driving, the driver in the large truck drove in reverse for several hundred feet, where the truck then headed down another street. The driver came around the block on the next parallel road, returned to the chokepoint from the other direction, treating as much of the road as possible, and then reversed again to leave.

Shortly thereafter, a Public Works pickup truck came by, this driver assessing the situation, and within a few minutes, an officer of the Cape Elizabeth Police Department arrived to ask that the vehicles be moved.

Obviously, employees of the town, especially after a storm, have enough to do without all this extra added to their plates.

Furthermore, later on with the way now clear, a front-end loader with a plow came through scraping the road surface clean. However, at the 20-foot patch that could not be treated, the plow hit something solid, and the resultant clang could be heard indoors three blocks away.

Treating the roads might clear ice on its own, but often the purpose is the salt melts through the ice, and beneath the ice a layer of salt water forms. Instead of the ice being bonded to the road surface, it is, in essence,

floating. When the plow reached the portion that had not been treated, it reached ice which was frozen into the pores of the asphalt beneath. This is neither good for the road surface nor the equipment.

Many of the older streets in Cape Elizabeth become single lane roads when, in the winter, cars park along them. Woodland is one example. Recently, residents had parked seven cars street side during the day so that a lot could be cleared, which of course is reasonable, but the road was reduced to a single lane for perhaps 120 feet.

Full disclosure, this reporter was working on this very story when, due to household miscommunication, his Toyota was left on the side of the road during a significant snowstorm. In the morning, the plow had left a bank of snow around the car, and the CEPD had left a ticket on the windshield at 2 a.m. While the fine was a reasonable \$15, procrastination in paying the fine will double it within 30 days. Also, in red print along the bottom, it is made clear that with two or more outstanding tickets, upon the next violation, the vehicle could be towed or immobilized. A driver paying for the tow would certainly find it expensive, and even to have a vehicle set free from a boot costs \$50, a "disengagement fee."

Cheaper and simpler for everyone is to mind the ban, and to keep vehicles off Cape Elizabeth's streets as much as possible until April.



Photo by Kevin St. Jarre

A ticket issued by CEPD for violation of the overnight parking ban, 11 p.m. to 5 a.m., from December 1 to April 1.



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Wednesday, January 26 - 6:30pm

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\$150* person, includes tax and gratuity, reservations required.

Sample menu items:
Winterpoint Oyster
Scallop Ceviche
Duck
Beef Wellington
Goat Cheesecake

View the full menu at
InnbytheSea.com



Please reserve by
January 22
207.799.3134
Spacious seating with limited reservations

Cape fit bits

By Sarah MacColl



Contributed photo

Cape Nordic volunteers Tom Vaughn, Tom Brady, Mike Miller, Muzzy Barton and Carrie McCusker welcomed new friend Gretchen with a Biathlon Bib from Clare Egan's collection.

Five inches of snow changes everything. The January 9 Winter Wonderland program at Gull Crest brought Cape Nordic and CELT together to showcase fun and fitness. The sliding hill is the right size: a little exhilaration for tubers and safe wipeouts for new skiers. Mike Miller of Cape Nordic groomed the field and tracked Runaway Farm. Jeff, Milo and Sally Davis proudly wore some of Clare Egan's biathlon swag and participated in a scavenger hunt and ski games.

Many of the attendees asked about the grooming schedule. Cape Nordic volunteers groom when there is snow. If you've been to Riverside to ski, you've seen signs explaining where walkers should walk, where skiers should ski and where dogs are allowed. Most of our trails are too narrow to provide ideal

paths for all users, so please try not to walk in the ski tracks. Keep an eye on Fido and clean up if need be. Thanks.

Many families braved the wind at Fort Williams with their tubes and sleds. Bet some of you "elders" were sore afterwards. Hill bounding is a tried and true workout component for many sports. It's harder in layers of clothes and clunky boots. Think "character building."

The ice rink behind Town Hall loved that cold snap. If you are wondering who can use the ice when, visit <https://www.facebook.com/CapeCommunityArena/>. You can also book it for 30 minutes of private ice time. Please don't skate if the sign at the rink says "CLOSED."



Contributed photo

Above, Milo Davis and Sally Davis participate in some of the games at the January 9 Winter Wonderland program at Gull Crest.

Town of Cape Elizabeth 2022 Dog Licenses Now Due!

**Dogs 6 months
of age are
required by state
law to be
registered**

Registration deadline is December 31, 2021.

Dogs registered after January 31, 2022 will be charged a \$25/per dog late fee in addition to the license fee.

Current rabies and spaying/neutering certificates are required.

Dogs may be registered at the Tax Office at Town Hall or online at www.capeelizabeth.com.

(Dogs registered after 1/31/2022 must be registered at the Tax Office.)

Is the ice safe?

By Kevin St. Jarre

A sheet of ice on a pond or lake is nearly irresistible, especially to young people, but how thick is thick enough? Perhaps another issue is does anyone actually check the thickness of ice?

What might surprise many people is ice that is even 2 or 3 inches thick might not be safe, even for a single adult walking across it.

According to Meteorologist Mike Morrison of WeatherNation, when the ice is about 4 inches thick, it is safe to walk on and can support about a 200lb person. One could ice-fish, cross-country ski, or safely go for a walk.

Ice that is 5 inches thick, according to Morrison, is suitable for a snowmobile, an ATV, or approximately 800lbs.

Once the ice reaches 8 to 12 inches thick, it can support a car or small pickup truck. Other sources subtract or add an inch here or there, and of course other factors such as the nature of the ice make a difference.

Where people tend to get in trouble is instead of gauging the thickness, they use the calendar to decide when the ice is safe. However, just because everyone has always gone skating on Grammy's birthday on January 19 doesn't mean that this year it will be safe. After all, the lake has no idea who Grammy is.

Another consideration is not all lakes and ponds are the same. On one lake, the ice might be a nice, even thickness, but on a lake fed by springs in its bottom, there could be thin spots in the ice. Covered with a quarter-inch of snow, there would be no way to know that while much of the lake has 6 inches of ice, there is a 12-foot circle where the ice is less than an inch thick.

Also keep in mind that in only a couple months, the ice will begin to thin. This depends where in the state you are, of course, but at Highland Lake in Windham, the ice went out on March 26, 2021. In central Maine, on Moosehead Lake in Greenville, the ice went out on April 16, and in northern Maine, on Long Lake in St. Agatha, it was April 19.

So, state and local officials continue to urge Mainers to check the thickness of the ice, be prepared for an emergency and err on the side of safety.

Personnel Appeals Board vacancies

From Town Hall website

The Town Council's Appointments Committee is accepting applications from residents to fill two vacancies on the Personnel Appeals Board.

The three-member board meets if there is an appeal as provided for in the Town's Personnel Code, Chapter 3 and any collective bargaining agreement that may confer such jurisdiction.

The vacancies include terms to expire 12/31/2023 and 12/31/2024. Questions should be directed to Debra Lane, Town Clerk at 799-7665 or debra.lane@capeelizabeth.org.

The online application is available at: <https://www.capeelizabeth.com/application-for-boards-and-committees>.

Applications must be submitted to Debra Lane no later than 4:00 p.m. Wednesday, January 26.

Cape Schools Open Minds and Open Doors

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Superintendent
Chris Record

Building Project Public Forums

led by Superintendent Record

Thursday, February 10

Monday, March 7

Thursday, April 7

Wednesday, May 18

Stay tuned to find out the specific topics covered in each forum.

All meetings will be via Zoom and begin at 6:30pm.

The appropriate link can be found at

www.cebuildingproject.com



Cape Elizabeth School Department, 320 Ocean House Road, Cape Elizabeth, Maine 04107

COVID in Cape Elizabeth schools

By Kevin St. Jarre

The Cape Elizabeth School District has sent out more than 40 emails with the subject line reading, "Positive COVID-19 Case." These go back at least to October 2020. Unfortunately, they have become more frequent lately, and with larger numbers of cases.

Emails of this type, for the 2021-2022 school year, began with this one.

September 1, 2021 – 1 case

Dear Staff, Students, and Families,

This letter is to inform you that an individual associated with the Cape Elizabeth High School tested positive for Coronavirus Disease 2019 (COVID-19). We are informing you of this situation out of an abundance of caution.

It was more than a month before another email went out, this one dated October 5, but the next after that arrived within two weeks. There were three such updates in November 2021 alone, each announcing another single case of COVID.

In the last month of 2021, families received several more emails, and all before the winter break. Between December 1 and December 18, there were 12 electronic letters sent to students' homes, announcing 14 addition cases.

When students returned to school on January 3, 2022, a new email went out to families in the district, announcing that over the break, an additional 54 cases "associated with all three schools" tested positive. At Pond Cove Elementary School, twelve cases occurred over vacation and one positive occurred that day, with potentially two positives pending. At Cape Elizabeth Middle School, thirteen cases occurred over vacation and one positive discovered on January 3. And at Cape Elizabeth High School, twenty-eight tested positive over vacation, with no new positives on the day of return.

The very next day, January 4, 2022, the

one-day positivity rate associated with Cape schools jumped to 16, with 8 each associated with CEHS and CEMS.

A day later, there were 20 new cases, and eight more the day after that.

Following a weekend extended by a snow day, the community learned from an email dated January 10, that there 44 more people associated with the schools who had tested positive.

As has been reported elsewhere, even if schools do not "go remote" in order to stop the spread of COVID, it may well be that the spread of COVID will force schools to "go remote" as staff and faculty are impacted.

There is a serious shortage of substitute teachers, and within schools, teachers from one department are covering classes in other departments in a dogged effort by administrators and teachers to keep schools open.

Schools are also looking for volunteers for food service. Superintendent Christopher Record wrote in yet another email to parents and guardians, "In order to help keep our schools open to in-person learning we need immediate volunteer help in our kitchens and we may soon need help monitoring students in our cafeterias and on our playgrounds."

The emails from the district to families continued to stress the following:

"PLEASE open and review the symptom checklist screener. PLEASE DO NOT send your student to school with symptoms EVEN IF they had a negative test. If they are not feeling well, please help our school community by keeping them home. Please remember to complete the Covid-19 Daily Checklist prior to sending your student(s) to school each morning...Contact your school...as needed for any questions. We are counting on you to comply in order to keep our schools and community healthy and safe."

Author

Continued from page 1

technology simply didn't exist. And yet, a multi-national team of scientists was able to show the world an image of something previously unseeable.

Based off extensive research and hours of interviews with many of the team's ground-breaking scientists, physicists and mathematicians, "Black Hole Chasers" is a story of unique technological innovation and scientific breakthroughs, but more importantly, it's a story of human curiosity and triumph, written in a style that is approachable and engaging for all readers.

Redding said she was completely caught off guard, "Sometimes you get a heads up when something cool like this is happening. But that was not the case in this instance. It was a total surprise and so I was just blown away. For me, the New York Public Library is a literary mecca. When you visit the branch by Bryant Park and see the majestic lions at the entrance, that impressive staircase leading to the front door...and then think of the reading rooms inside and items in their collection like the original Winnie-the-Pooh, letters from Beatrix Potter, etc....to think that expert librarians THERE read my book and loved it enough to celebrate it on this list...I mean the words 'beyond my wildest dreams' come to mind because my dreams weren't even big enough to hold this possibility."

On a personal note, she adds that she wrote and researched this book as her mother was dying. "It was a very emotional time and she would have LOVED this. She would have told every single person she knew. So, it's so meaningful for me on many levels," she said.

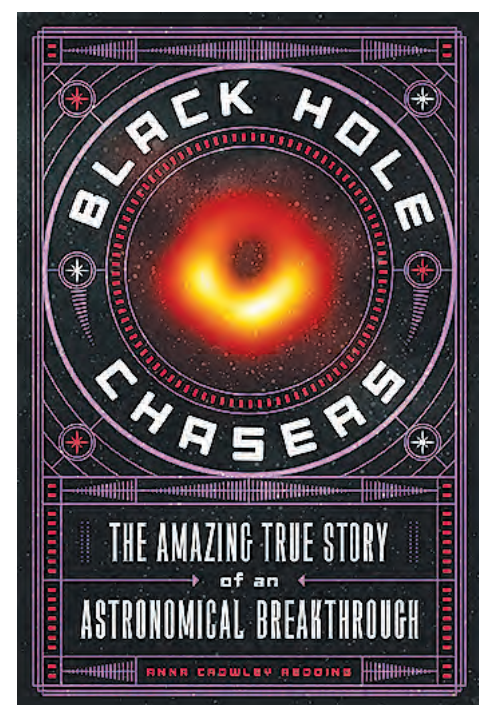
The author has another book on the way. Redding said, "I love this book, 'Courage Like Kate: The True Story of a Girl Lighthouse Keeper.' This is the true story of a girl that lived in the 1800s and began keeping a lighthouse at age twelve. She went on to save 23 lives. The bravery and selflessness of her life is so moving and she did these very difficult things at a time when girls were meant to be seen and not heard. This book is illustrated by the super talented Emily Sutton. I've seen the final art and readers are in for such a treat. The way she brings the beau-

ty of a remote, island based, existence to life is breath taking. 'Courage Like Kate' comes out this summer from Penguin Random House."

She said she is currently working on several projects including a chapter book series called "The Danger Files." "These books are so fun. They are true stories—the first one focuses on disasters. You have an edge-of-your-seat narrative BUT there are cool 'Danger Clues' and 'Fact Files' all along the way that offer the reader the chance to investigate what's going wrong and why as the story progresses. This is not a passive experience! At the end of each chapter, there is an investigative report [that] readers can fill out to record their investigative conclusions, like what stood out to them as investigators, who was at fault, lessons learned, etc. The whole series is all about kids putting on their detective hats! The investigative reporter in me LOVES this!" Redding said.

She said she wants to encourage writers in our community, both kids and adults. "This has been a complicated time to create because of enormous uncertainty brought about by the pandemic. So, keep going, the world needs to hear what you have to say."

Those wishing to learn more can go to AnnaCrowleyRedding.com.



Contributed photo

In "Black Hole Chasers," award-winning investigative journalist Anna Crowley Redding presents the riveting true story of one of the most inspiring scientific breakthroughs of our lifetime—the Event Horizon Telescope team's reveal of the first image of a super massive black hole.



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Capetoon: A new wave

By Jeff Mandell



Drawn by Jeff Mandell

For a FREE print-it-yourself version of the Official 2022 Capetoon Calendar, send an email to turkeypathpubs@gmail.com and we'll send you a PDF. Please specify color or black-and-white.

Planning board

Continued from page 1

Mitchell went on to say that they are asking for a waiver on stormwater calculation since they have in fact added impervious surface to the lot.

Lisa Gent of 1026 Sawyer Road, a land trust board member and mother of three Cape Elizabeth graduates had a few thoughts. "Education is one of the cornerstones of our mission," she said. Gent believes Turkey Hill Farm will help kids become strong community members and hopes the Planning Board will approve the application.

Patrick Babcock of 6 Phantom Farm Road had a few concerns. Babcock expressed becoming accustomed to what Turkey Hill Farm and its previous owner, Mr. Eastman did. He supports the land trust and its mission. "I chose to purchase 6 Phantom Farm for its privacy and quiet nature," he said. Babcock asked if the farm is intended to be used as a school or a day camp.

Pricilla Armstrong of 18 Avon Road is an abutter to the northern side of Turkey Hill Farm and expressed concern about event limitations. Armstrong worries the plan may limit the use of the farm by stating a fixed number of events per year. However, Armstrong expressed her support for the plan and spoke fondly of hearing children playing and being greeted each morning by the farm's rooster.

The Planning Board went on to discuss their concerns with the property being up to code with plumbing and wastewater disposal. Board member Al Palmer said, "I don't think you meet the plumbing code in regards to wastewater disposal." Board member Mary Ann Lynch agreed that the plan did not provide for adequate sewage disposal.

Board member Andrew Gilbert would like to see the application and wording to be revised before they can move forward with the approval process. Project coordinator Phillip Matheiu assured the Board that they meet "state wastewater requirements."

Mary Ann Lynch made a motion to table the application until their scheduled Planning Board meeting in February of 2022. The motion passed.

Technical Amendments

Jamie Garvin, former Town Council

Chair, asked the planning board to reconsider the language used in the amendment regarding wood storage shelters. He worries that the current language will limit wood storage for town members. Garvin reminded the Board that in recent years, this form of sustainable energy has become a main heat source for many.

Julie Armstrong of 32 Lawson Road opposes the 19-4-3 amendment, its current wording, and the potential for individuals to increase non-conformities to their properties on the shoreline.

The planning board discussed these requests and decided the changes would be substantive, rather than technical. However, the board has decided to flag them before sending them to the Town Council.

Acting Chair Jonathan Sahrbeck gave a heartfelt and appreciative farewell to Board member Carol Ann Jordan. She will be missed.

CEUMC sponsoring nature walk on Jan. 29



Contributed photo

Maine Master Naturalist and teacher Karen Bruder will be leading a nature walk in Robinson Woods on January 29 behind Cape Elizabeth United Methodist Church.

The Eco Team of the Cape Elizabeth United Methodist Church is sponsoring a nature walk to be led by Maine Master Naturalist and teacher Karen Bruder on Saturday, Jan. 29 from 10 a.m.-noon in Robinson Woods behind the church.

Individuals and families are invited to explore the beautiful trails while embracing the diversity and tranquility of the winter forest with discussions of flora and fauna, tree and plant identifications, and the scouting for animal tracks. This walk will be geared for children ages 5 and older and parents/relatives. Participants will spend the first half of the time on the trail and the second half doing organized activities. Masks will be required.

Space on the walk is limited to 16 so that everyone can hear and take part in the

discussions. Please sign up as soon as possible by calling the church at (207) 799-8396 and leaving your name, how many will be attending, your phone number and e-mail. You also can send the same information by e-mail to capeelizabethumc@gmail.com.

Karen Bruder is a lifelong resident of Cumberland, where she spent much of her childhood playing with her sisters in the woods, ponds, fields and streams in her own backyard. As a professional educator, parent and grandparent, it is her passion to awaken a curiosity about the natural world in all those she meets, regardless of age.

Please meet at the back of the church parking lot by 9:45 a.m. if you are taking part. The church is located at 280 Ocean House Road (Route 77).



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Happy
New Year



At the dawn of the new year we thought it an ideal time for a heartfelt thank you.

When we started the agency in 2006 we never expected such overwhelming support from our clients and our community.

Thank you to each and every one of you!
Jeff and Vicki Kennedy ~ Owners

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Time to get that ‘winter coat’ out



Photo by Martha Agan

Chickadee fluffing its feathers. In cold weather birds fluff up their feathers to keep warm.

January naturalist’s corner

By Erika Carlson Rhile, CELT Education Committee Chair



Photo by Erika Rhile

Spring peeper at Gull Crest.

As I write this month’s article, a rare Steller’s sea eagle was spotted in Southport, Maine. These eagles are listed as vulnerable on the IUCN Red List of Threatened Species because of their small and declining population sizes in Russia, Japan, China, and South Korea. This bird is 4,700 miles outside of its normal range, which is why this bird being in Maine is causing such hullabaloo!

As we saw with the Great Black Hawk in Deering Oaks Park in Portland, vagrants rarely survive outside of their native habitat. However, there are success stories. Maybe the Steller’s sea eagle will stick around with its much smaller cousin, the Bald Eagle? Whether or not you’re a birder, it’s a one in a million chance to see this protected species. Check Maine Audubon’s website for up to date sightings.

Recently, while cross-country skiing at

Gull Crest, I found a spring peeper in the middle of the snow covered trail. A colleague sent photos of a yellow spotted salamander in the snow. Both of these amphibians are meant to be in a state of brumation where their activity, body temperature, heart and respiratory rates drop. “Cold-blooded” animals will move on warmer winter days and find water, unlike hibernators who are in a deep sleep and do not move at all. My hypothesis is that some radical temperature swings (a high of 50°F in late December?) led to these animals stirring.

Natural events to watch for this month:

- Listen for the hooting of Great Horned Owls and Barred Owls. Great Horned Owls are nesting now, and Barred Owls are looking for potential mates.
- Expect coyotes to be more active and verbal this time of year. The alpha female of the pack has a three-week fertile window in late January/early February.

Ask the Vet

Dr. Ginger Browne Johnson



Contributed photo

Meet Marco, a recent rescue from Florida who now has a loving new home in Maine.

Winter Safety for Pets

We recently received a video of Marco, a little dog who was rescued from Florida only 5 weeks ago, racing around in the snow having the time of his life. Marco was found abandoned with a spinal injury and cannot use his hind legs, but with some special equipment and a loving new home, he is now in Maine enjoying winter with the rest of us! Because he is disabled, his mom was asking about winter safety tips, and we realized most of the hazards are the same for all pets, disabled or not.

For all its beauty, winter is not easy, and it can be especially hard on our four-legged family members. With ice, plunging temperatures and increased darkness, winter can pose serious threats to our pet’s health.

Here are a few things to remember as we head into the coldest part of the year:

Ice is as dangerous for pets as it is for us, and when a dog races off across the ice and snow at top speed, there is a lot of potential for injury.

The most common injuries we see from ice are everything from soft tissue injuries and broken nails to broken bones, torn cruciate ligaments and back injuries. It is also common for dogs to cut their paws on ice shards this time of year. Check your pet’s pads frequently for dryness, cracking and cuts. Boots can protect paws if the dog will wear them, but if that is not an option, try Musher’s Secret, a salve that Sled Dog owners use to protect their dogs’ feet. It is easy to apply and can be purchased at most pet stores.

Buy a pet safe de-icer for your home, and be very careful when walking by commer-

cial properties. Many de-icers are toxic and can burn pet’s feet. Remember to wipe down paws, legs and belly when you come in from walks to remove any toxic chemicals before they have a chance to lick them off.

Be seen! Short winter days mean we are often walking our dogs after dark, in fact, most pedestrian road traffic accidents occur this time of year. Collar and leash reflectors and safety lights help motorists see you and your pets.

Hypothermia - not all fur is created equal. Some breeds have 3 layers of fur which helps insulate them, but many breeds were bred to live in warmer environments with hair coats that do not keep them warm. It is a common misconception that a pet’s fur is all they need in the winter, but just like humans, dogs and cats are susceptible to frostbite and hypothermia. Wearing coats and limiting time outside when the temperature drops below freezing is as important for them as it is for us.

Clean up any anti freeze spills immediately. Antifreeze has a sweet flavor and is highly toxic to animals.

And finally, be prepared. Winter weather can cause power outages and car accidents. Remember your pets when putting together disaster and emergency kits, including food and medications they will need, and keep ID tags and microchips up to date in case you get separated.

Send your questions to :Ask the Vet!
 Veterinary and Rehabilitation Center of
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 Dr. Ginger Browne Johnson
 Info@vrce.com - attn: Ask the Vet

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Local birding report

By E. Brooks Bornhafft

On one of the last days of December while walking the back path along Crescent Beach State Park I noticed a flurry of activity around a gnarled old Pitch Pine Tree. I had assumed that this band of travelers was a mixed flock of Titmice and Chickadees until I caught a glimpse of the buttery yellow backside of a tiny creature darting into its shadowy hide-away.

I stood quietly for a moment and watched as a second bird disappeared into the same sheltered nook. Raising my binoculars to the spot in the tree where I last saw movement, I could clearly make out the rumps of six Myrtle Warblers, side-by-side roosting. The time was 4:09 p.m., which was the exact moment the sun went down.

Because the Yellow-rumped Warbler possesses elevated levels of bile salts this hardy species is able to diversify its diet and inhabit a winter range farther north than its relatives, particularly along the Atlantic Coast where Bayberry and Juniper berries are abundant.

In the first few days of January, I am thankful for Golden-crowned Kinglets and Brown Creepers, the sweet whistled Tufted Titmice notes that accompany the falling snow, the hurried winter song from the ever curious Carolina Wrens, the cheery warbler of rosy-red House Finches and the querulous chatter of five Eastern Bluebirds christening the new heated birdbath I had put out the night before.

Interestingly, male Black-capped Chickadees begin to sing in mid-January and their individual song increases in frequency as winter progresses. Females only sing occasionally.

Additionally, it was around this time last year that I had noted a consistent stream of Northern Flickers passing through our yard, practically every day from early December through the first week of January.

While this season has not been quite so productive, a single Northern Flicker did appear on our suet with a Red-bellied Woodpecker on January 8 and again on January 11.

All Flickers in the east are categorized

as “yellow shafted” because the undersides of these woodpeckers’ wings and tail are bright yellow. Other observations include American Robins passing overhead across Cape in groups ranging from a few individuals to several hundred as they wander in search of food. Also, White-throated Sparrows and Dark-eyed Juncos (referred to as ground feeders) numbers appear to be below average again for the second winter in a row.

Conversely, Mourning Dove numbers continue to increase. On the early morning of January 10 I counted thirty-one doves in our yard. Another very resilient bird, Mourning Doves are also one of the fastest flying birds. On more than one occasion I have mistaken flying Mourning Doves for falcons. The birds design features include long, pointed wings and tail which allow these close relatives of the extinct Passenger Pigeon to accelerate to speeds of up to 55mph.

Lastly, on the first day of the new year my wife, sons and I travelled to Five Islands, Maine with hopes of spotting the Steller’s Sea Eagle that has been making national headlines.

Native to northern Japan and Eastern Russia this exquisite raptor has an eight foot wingspan and on average is a foot longer and taller than an adult Bald Eagle. There are approximately 4,000 Steller’s Sea Eagles left in the wild and this is the first recorded time that a sea eagle has been in Maine.

This particular eagle was first spotted along the Denali Highway in Matanuska-Susitna County Alaska in late August. From there it flew to Texas, then to eastern Canada, down to the south shore of Massachusetts and then North to the tidal rivers and tall pines of Georgetown, Maine.

The cross continent journey of this bird is truly amazing, especially when you factor in that it is an adult and not a young bird. Scientists are just beginning to understand the tendency of raptors to wander and show up far outside their normal ranges. One theory that cannot be ignored is that this rare bird is prospecting for new territories to expand into.

Time for a snack



Photo by Martha Agan

Canada geese tip up in shallow water to reach eelgrass and large green algae. This bird is known for its signature white chinstrap mark.

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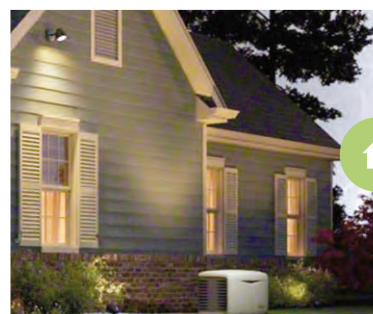


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Town Council

Continued from page 1

a financial perspective. “We are willing to raise an endowment for all of the arenas early years expenses,” said Brandeis.

Councilor Penny Jordan is a supporter of this project but is concerned about creating a business plan for the town without a proper business plan in place. “It is a business startup. The land chosen works, but the business plan is what needs more clarification,” said Jordan.

Chairman Gabrielson agreed and stated, to move forward, there needs to be an agreement giving them site control to put an application in with the Planning Board.

Councilor Boucher expressed concern regarding transportation. “It’s difficult enough finding bus drivers and now we are talking about another revenue stream without having a plan,” she said. She thinks we need to hear from the public about the use of the land before moving forward.

Julie Furt, a member of the Cape Community Arena Group spoke about their outreach to the town. She explained the connections they made through social media and local businesses like C Salt and IGA, using surveys. “Ninety percent of the 262 respondents were in support of the land being used,” said Furt.

Councilor Boucher stated there isn’t enough on the agenda for the public to comment on it. She supported her belief by sharing the lack of e-mails the council has received pertaining to this project. In her experience, that means not a lot of people know about the project.

Councilor Noonan questioned the surveys that were performed. “Where was it advertised?” she asked. Noonan had managed to track down the survey herself and said, “It wasn’t anonymous and that is disconcerting because it drives away anyone

who has something negative to say about it.”

In response, Furt explained there was an article in The Cape Courier sending people to their social media page. They also had sessions collecting information for a survey outside local businesses. “We stood in front of the IGA for a couple hours last Thursday and C Salt.” The volunteers for the group also went door to door papering.

Noonan went on to ask about the comprehensive plan and saw, “The third field at Gull Crest has never been constructed. Would it be a conflict?”

Town Manager Matthew Sturgis said he would research it and get the info back to the Council the following day.

Scott Liston, another member of the Cape Community Arena Group emphasized that the arena space would be used for field hockey, flag football and other sports outside of the winter season.

After hearing from the Cape Community Arena Group, Councilor Noonan pointed out that surveys are a great way to get feedback, but felt more direct feedback from the public is needed. She understands it is a donor project but said there is a conflict with staffing. Councilor Tim Reiniger agreed the council needs to take this through the natural process of public hearing and public comment.

Public Comment

Elisa Tarlow of 340 Ocean House Road said, “You’re likely not hearing from everyone because most people would think it’s great to add an ice arena to Cape.” She recounted the time she purchased her home in Cape Elizabeth. Tarlow said her relator conveyed that many people won’t even consider a house in Cape because there is no ice arena. Thus sending them to communities like Falmouth.

Chairman Gabrielson said they will come up with a draft agreement and talk

about it at their February 7 workshop.

Monthly report from town manager

Town Manager Matthew Sturgis announced that the short-term rental application period began on January 1 and has increased from \$500 to \$1000.

On January 19 at 6:30 p.m. the Town Council and School Board will have a joint workshop via Zoom to set goals going forward on affordable housing in the community. It is currently on the February agenda as well.

Consent Calendar

- Use of Fort Williams for Beach to Beacon
 - Acceptance of ARPA Grant for Cape Care
 - United States Tennis Association Grant
 - Appointment of fair hearing officer (Jim Walsh)
- No items were removed from the consent calendar.

Beach to Beacon 10k board member David Backer spoke in regard to using Fort Williams for the race. The way the race will be executed this year is by using a “rolling start.” “We will stage people for the time that they arrive at the starting line, and it will be over the course of 30 to 40 minutes. We will bring people by busses or people will drive themselves.”

Backer went on to thank the Sprague Corporation for the continuation of letting runners make use of their fields to park in. Backer further explained that the runners time would solely be judged by their chip time. “The time doesn’t start until they cross the starting line. You won’t have 6,500 people crowded waiting for the gun to go off,” he assured the council. With the rolling start process this will allow a safer event and will only extend their time on the roads by 30 to 40 minutes.

Town Manager Matthew Sturgis commented that the rolling start worked well for the Boston Marathon, but we would need to reach out to the public to let them know well in advance.

The council approved the use of Fort Williams for the race.

Thomas Memorial Policies

The council passed a new policy for the Thomas Memorial Library regarding petitioners and how they should present themselves, or handle issues that arise in a petitioning environment. The reason this was brought to the council is in light of recent events regarding the affordable housing petition.

Rachel Davis, the current library director said, “There were a couple of occasions where petitioners were blocking the book drop or stopping cars as they came in and interacting with people in their cars. It gave the impression they were working for the

library.” Petitioners went as far as taking the books from patrons and placing them in the book drop for them. This was unsettling for Thomas Memorial Library staff because it made it look as if the library was involved in the process. Davis wanted it to be clear that the library is neutral ground in the community.

Penny Jordan brought up an interesting question unrelated to the petitioners. “What is the rationale for excluding self-published books?” asked Jordan.

Rachel Davis explained that they are not in high demand by the public and not reviewed by industry sources they refer to. Davis also conveyed that these books are not made readily available by the vendors they buy through. However, Davis made clear that there is a local authors section in the library. The motion to approve the new policy passed.

Construction noise

There have been several complaints made over the holidays by local residents residing at Reef Road. Currently there are a significant number of permitted projects taking place at the same time.

Connie Pacillo of 3 Reef Road and 1 Reef Road said the construction has been concentrated for the past two years and there are a total of thirteen construction sites.

Councilor Noonan proposed they take the item to a workshop and councilor Jordan seconded. The item will be discussed at a workshop in March.

Cumberland County hazard mitigation plan

The purpose of adopting this plan is to ensure FEMA will help the town in a time of emergency. Flooding is always a large concern in Cape Elizabeth. Town Manager Matthew Sturgis informed the council that the culvert running under Spurwink Avenue is a concern as well as the one that runs under Hobbstone off of Mitchell road. These reasons alone would make it a wise choice to adopt the plan.

Councilor Jordan understood that flooding is a huge issue, but believes a larger problem is the number of trees that come down during storms. These trees take down power lines, causing power outages for long periods of time. Sturgis took note and made sure to add it to the list of concerns.

CMP will be performing a more aggressive trimming of the trees near powerlines, using Lucas Tree to do most of the work in the coming year. The town is currently in search of a new tree warden.

The motion passed to adopt the hazard mitigation plan.

The next Town Council meeting will be held on February 14 at 7 p.m.

Dr. David Jacobson
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Library offers new 4th grade book club, programs on coyotes with Geri Vistein, exploring the art of sound with Dianne Ballon

PROGRAMS FOR CHILDREN

Last Pineapples Middle School Book Club

Friday, February 4, 2:45 - 3:45 p.m. via Google Meet
 Register to join TML's Middle School Book Club, The Last Pineapples on Earth, by emailing Family Engagement Librarian Megan Smith at msmith@thomas.lib.me.us.

New 4th Grade Book Club

Register to join a new group of avid readers and 4th graders by emailing Family Engagement Librarian Megan Smith at msmith@thomas.lib.me.us. We'll be meeting via Google Meet once a month to choose and discuss some great books.

Passports to Reading Challenges

The children's room is ready to help you embark on a reading adventure. Kids can stop by all month long and grab a "Reading Passport" challenge and complete it to win cool prizes. Geared toward ages 6-12.

Character of the Month for February: Peter from "The Snowy Day"

Stop by the Children's Room to discover the Character of the Month. We'll have a fresh set of activities along and crafts to explore.

Take and Makes

Looking for a crafty way to spend part of your day? Check out the latest Take and Make kit available in the children's room. Always fun, always free. (While supplies last).

Citizen Science: Check Out a Family Adventure

Did you know your library card is a ticket to explore the natural wonders of Cape? Use it to check out one of our new Audubon Nature Backpacks! There are three different themed Nature Explorer Backpacks that you can check out: each contains books, tools and activities to help you learn more about the world outside your door and become a citizen scientist. Wonder what's going on in the night sky? Have a family stargazing party by checking out our Orion StarBlast Telescope or the Night Sky Backpack kit. Find more information on our website, or by calling the main desk at 799-1720.

past, the award and the limitations imposed by the pandemic gave her the opportunity to focus on her coastal sound series at home, on the coast of Maine.

Of her coastal sound series, she writes, "The series includes my Boats Creaking at a Dock in Iceland, recorded in a tiny harbor in the northwestern fjords of Iceland. Each harbor has its own distinct sound. Rocked by the motion of water, the pull of the tide, and a variable touch of wind, the boats create a mesmerizing series of sounds. The sounds are introspective: both sharp and smooth, quiet and busy, rhythmic yet random and achingly beautiful."

In this presentation, Dianne will introduce listeners to the beauty and the richness of sound through the sound work she has recorded over the past fellowship year. She will share the stories behind the sounds, including the difficulties of field recording and the discovery of a "lost" sound. Join us for a fascinating evening that will be unlike any you've ever heard before. To experience the high fidelity of sound that will be presented: headphones or good quality speakers are highly recommended. Register for this program on the library's website.

Coyote: America's Songdog, with Geri Vistein

Tuesday, January 25, 2022, 6:30 - 7:30 p.m. via Zoom

Come join conservation biologist Geri Vistein as she takes you on a journey to discover who this important and resilient carnivore is, in a way you've never heard before. But this presentation is all about us as well, since we share the landscape and our lives with Coyote. Because life on earth is deeply interrelated and complex, this presentation is inclusive, touching upon anthropology, archaeology, prehistoric and modern history, Native American life, poetry, human psychology, human belief systems, European worldviews, wildlife science and ecology, animal husbandry, and much more.

This program will center on "Perceptions and Relationships" - Coyote and Native Americans and European Americans, Coyote's relationship with other wildlife and the ecosystem, and Coyote and us - how do we share our lives with Coyote? The presentation will give community members a chance to come together and share their own stories, ask questions they have been wanting to ask, and share a dialogue that helps us all to

understand better our very deep rooted relationships with all life, including our fellow humans. Come hear the Song Dogs Sing! Register for this program on the library's website.

Pod Complex: A TML Podcast Listening Club

First Thursday of the month, 5:00 - 7:00 p.m.
 Next meeting: February 3 via Zoom
 Love the idea of a book club, but don't have the time for all that reading? Addicted to podcasts, but wish you had someone to discuss your favorite episodes with? Join us for Pod Complex, TML's brand new Podcast Listening Club!

Each month we'll feature a different podcast to listen to and dissect together. We'll explore a wide variety of podcasts on all different topics, in all different styles and then turn a critical eye on them as we discuss each month's fresh selection.

Listen on your own time at home, or join us for the first hour as we listen together, with a lively discussion to follow in the second hour. Register for this program on the library's website.

U.F.O. Accountability Group

First Thursday of the month, 3:00 - 4:00 p.m.
 Next meeting: February 3 via Zoom
 Are you beset by U.F.O.s in your life? Tired of having to make excuses or explain about them to friends and family? Fed up with waking in the middle of the night, unable to rest because U.F.O.s are always on your mind?

Well, fear not, because TML is here to help you blast those space invaders into another dimension! Calling all crafters: Join us starting in January for this brand new monthly meetup where we can share, plan, commiserate and discuss all the Unfinished Objects in our lives. As any crafter worth their fat quarters can tell you, U.F.O.s = Unfinished Objects (of the Crafty Kind). Got more than your fair share of lingering, long-delayed craft projects you just can't ever seem to get finished? The U.F.O. Accountability Group is just what you need.

Come gather with other crafters to share your struggles, ideas and triumphs, and most

importantly, to be held accountable for actually putting some time into your crafty creations each month. All crafts and crafting abilities are welcome. Join us as we fight the never-ending battle against the U.F.O.s. Register for this program on the library's website.

New Book Group: Big Little Lit: Children's Books for Grown-Ups

Third Wednesday of the month, 11:00 a.m. - 12:00 p.m.
 Next meetings: January 19 via Zoom, February 16
 January book: "Okay for Now" by Gary D. Schmidt
 February book: TBA

Library Director Rachel Davis was TML's Children's Librarian for 27 years. Join her at this monthly book group for adults, featuring outstanding literature for children. The same qualities that make an excellent book for adults are also true for books written for children— complex, beautifully written stories that speak to the universality of human experience. The only difference is that children's literature is firmly grounded in the immediacy of the experience of childhood. We were all children once; come explore childhood again as Rachel leads a monthly discussion on some of her favorite books.

All books can be requested through Minerva, the library's online catalog. For details and to register, please visit the library's website.

ONGOING VIRTUAL PROGRAMS FOR ADULTS

Daily Fika (Coffee Break)

Mondays-Saturdays, 10:00 - 11:00 a.m.

Guerilla Poetry Whoop

Second Thursday of the month, 6:30 pm - 7:30 p.m. Next meeting: February 10

E-ldering Conversation Group

Wednesdays, 1:00 - 2:00 p.m.

-see LIBRARY page 14

PROGRAMS FOR ADULTS

The Art of Sound: Recordings on the Coast of Maine

Thursday, January 20, 2022, 6:30 - 7:30 p.m. via Zoom
 Sound artist Dianne Ballon has been working in sound for over thirty-five years. In 2021, she was awarded a Maine Artist Fellowship from the Maine Arts Commission for her work. In lieu of returning to the Arctic where she has recorded sound in the

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CAPE CALENDAR

By Wendy Derzawiec

Please see the town website, www.capeelizabeth.com for meeting locations

Wednesday, January 19

Town Council and School Board Joint Workshop 6 p.m.

Thursday, January 20

School Board Building Oversight Committee - CONCEPT DESIGN COMMITTEE 6:30 p.m.

Tuesday, January 25

School Board Workshop 6:30 p.m.
Zoning Board of Appeals 7 p.m.

Tuesday, February 1

School Board Policy Committee 5:30 p.m.
Planning Board Workshop 7 p.m.

Ongoing each week

Al-Anon, Regular meeting 7 p.m. Thursdays, at United Methodist Church, 280 Ocean House Road. Regular meeting 7 p.m. Fridays at St. Alban's Church.

Alcoholics Anonymous, 2 p.m. Saturdays, First Congregational Church, 301 Cottage Road, South Portland; 7 p.m. Wednesdays, St. Bartholomew Church; 7 p.m. Fridays, St. Alban's Church.

Cape Elizabeth Historical Preservation Society, 9 a.m.-noon Thursdays, Public Safety Building - suspended until further notice.

Cape Elizabeth Lions Club, 6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road

Cape Farm Alliance, third Tuesday, 7 p.m., Community Center

South Portland/Cape Elizabeth Rotary Club, each Wednesday at 6:15 p.m. Purpoodock Country Club, Spurwink Avenue. 767-7388.

Codependents Anonymous (CODA) group at Cape Elizabeth United Methodist Church. Regular meeting weekly on Saturdays at 10:30 a.m. Call 799-4599 FMI.

CABLE GUIDE

Subject to change. Please see ctv.capeelizabeth.org for latest program guide and video on demand.

Cape Elizabeth Church of the Nazarene
Jan. 22 - Jan. 23 -

CETV CHANNEL 1302

Jan. 29 - Jan. 30 - 9 a.m.

Voluntary subscriptions

Continued from page 1

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499 Ocean House Road (Route 77)
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www.capenazarene.org

Sunday School for all ages: 9:30 a.m.
Sunday Worship Celebration: 10:45 a.m.
Services streamed live or on demand:
watch.capenazarene.org

Cape Elizabeth United Methodist Church

280 Ocean House Road
799-8396

www.ceumc.org

Sanctuary Service: 10 a.m.
In-person Sunday services 10 a.m. with masks. For Zoom services, call 799-8396

The Church of Jesus Christ of Latter-day Saints

29 Ocean House Road
799-4321

Sacrament Meeting:
Sunday, 10 - 11:00 a.m.

Sunday School/Primary: 11:10 a.m. - 12:00 p.m.

The Church of the Second Chance

Greater Portland Christian School
1338 Broadway, South Portland
641-3253

Sunday: 10:30 a.m.-12:15 p.m.

Church of the Holy Spirit

1047 Congress Street, Portland
874-9779

www.HolySpiritPortland.org

Sunday Worship: 10:00 a.m.
Sunday Adult Bible Study: 9:00 a.m.
Sunday School for children: 10:00 a.m.
Services streamed live on Facebook
Potluck dinner every third Sunday

Congregation Bet Ha'am

81 Westbrook St., South Portland
879-0028

www.bethaam.org

Worship: Friday, 7:30 p.m.
Saturday, 10:30 a.m.
Family Shabbat Services:
Second Friday, 6:00 p.m.

Hope Community Church

879 Sawyer Street South Portland
799-4565

www.hopesopo.com

www.facebook.com/hopesopo

Sunday Morning Worship at 10 a.m.
Kid's Church for ages 4 through grade 5
Service videos available on our website

Promised Land World Reach Center

536 Cottage Road, South Portland

799-3152

Sunday Prayer & Intercession: 9:30 a.m.
Sunday Worship: 10 a.m.
Family Bible Studies: Wednesday, 7 p.m.
Sermon recordings available to download

Saint Alban's Episcopal Church

885 Shore Road

799-4014

www.stalbansmaine.org

Sunday Services:

Rite 1 with Holy Eucharist 8:00 a.m.
Rite 2 with Holy Eucharist 9:30 a.m.
Live Streaming on YouTube (stalban-schannel)

Children's Programs 9:30 a.m.

Eventide 5:30 p.m.

Room for all

St John Paul II Parish

St Bartholomew Roman Catholic Church

8 Two Lights Road

207-883-0443

JP2me@portlanddiocese.org

Website: www.JP2me.org

Sunday Mass: 9 a.m.

Monday Mass: 8 a.m.

First Congregational Church United Church of Christ

301 Cottage Road, South Portland

799-3361

www.fccucc.org

Sunday Worship: 8:30 a.m., 10:00 a.m.

Sunday School: 10:00 a.m.

Preschool Child Care: 10:00 a.m.

Game Room

First Congregational Church of Scarborough

167 Black Point Road, Scarborough

883-2342

www.fccscarborough.com

Sunday Morning Worship: 9:30 a.m.

Sunday School & Nursery Care



Library

Continued from page 13

AKME Chats, with the Anchorage Public Library

Wednesdays, 3:00 - 4:30 p.m.

Songwriting Workshop (with Jud Caswell)

First Tuesday of the month, 6:30-8:00 p.m.

Next meeting: February 1

Adult Book Group

Third Thursday of the month, 3:00-4:00 p.m.

Next meetings: January 20, February 17

January book: "Squirrel Seeks Chipmunk" by David Sedaris

February book: TBA



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ELDER ROOTS - Need assist for homemaking, meal prep, errands, companion? **Contact ElderRootsME@gmail.com** or 207-712-2665 for in-home, non-medical support. Locally owned and insured.

MUSIC LESSONS

Flute lessons: For beginners and intermediates of all ages. Call Kris: 767-3712.

Piano lessons for all ages. Beginners through advanced. Sandi Palmquist: 329-8345.

Guitar Lessons: All ages and abilities. Travel to you. Call Richard Corson: 207-400-0484

FOR SALE /RENT

Enjoy Cape Elizabeth photo note cards by naturalist Martha Agan magan@maine.rr.com. Card assortments available at Ocean House Gallery near the library parking area.

CEEF Red Apple Success

A huge thank you for another great Red Apple turnout this holiday season!

This year CEEF gave a small gift to each of the 300+ employees in the Cape Elizabeth Schools as a way to show our gratitude for all of their hard work in keeping our students learning and safe this year.

In addition, community members gave 234 Red Apple Awards in appreciation of Cape School District employees."

Are you interested in learning more about CEEF grants and opportunities? Visit www.ceef.us or contact us at info@ceef.us to give, learn more and get involved.



Contributed photo

Dean's list announcements

Erin O'Rourke, a senior at George Washington University in Washington, D.C., was recently named to the fall 2021 Dean's List.

Eric Barber of Cape Elizabeth has earned the spring 2021 Dean's Award with Distinction at Colgate University in Hamilton, New York. Barber is a Environmental Biology major.

Gannon Stewart of Cape Elizabeth has been named to the President's List for the fall 2021 semester at Plymouth State University in Plymouth, New Hampshire.

Prezli Piscopo of Cape Elizabeth has been named to the fall 2021 dean's list at Southern New Hampshire University's in Manchester, New Hampshire.

FOR SALE /RENT

Cape Elizabeth United Methodist Church is looking for a part time custodian for 5 hours a week. The job entails light to moderate cleaning of bathroom, sanctuary, classrooms, etc. Hours are flexible. Contact Bruce at campinglind@gmail.com.

ANNOUNCEMENTS

Schwerin appointed to Board of Directors of the Maine Association of REALTORS®



Contributed photo

Julia Bassett Schwerin

The President of the Greater Portland Board of REALTORS® has appointed Julia Bassett Schwerin to represent them on the Maine Association of REALTORS® Board of Directors in 2022.

The Greater Portland Board of REALTORS® also elected Schwerin to a second term on its Board of Directors at their annual meeting in November.

Ms. Schwerin has been a Broker with Coldwell Banker Realty since 2005 and is based in the Cape Elizabeth office. She serves as Secretary of the Sustainability Advisory Group to the Greater Portland Board of REALTORS® and is a Green Broker designated by the National Association of REALTORS®.

Kathy Duca, VP/Managing Broker, praised Schwerin's dedication to her clients and added, "Julia is influential in the movement to reduce the carbon footprint of buildings to net zero and we are very proud of her efforts." Schwerin has consistently been one of the top producers in the Cape Elizabeth office.

The following students were named to the dean's list for the spring 2021 semester at the University of Vermont in Burlington, Vermont:

Isabel Berman, Neuroscience major, College of Arts and Sciences

William Concannon, Business Administration major, Grossman School of Business

Susannah Graham, Business Administration major, Grossman School of Business

Benjamin Payson, Mechanical Engineering major, College of Engineering and Mathematical Sciences

Have a Classified Ad, Announcement or Event?

Go to www.capecourier.com
Or contact Tara Simopoulos at: advertising@capecourier.com

Have something to sell? Having a yard sale? Want to spread the word about a new business or service? **Tell them here!** Classifieds in The Courier work!

December 2021 Cape Elizabeth real estate transfers

NEW OWNER	LOCATION	SALE PRICE	USE
CARAMANTE AMY C	44 EASTMAN ROAD	\$390,000	SINGLE FAMILY
CHAPMAN FRANCINA M	33 STARBOARD DRIVE	\$325,000	CONDOMINIUM
JARRETT JEFFREY R	500 OCEAN HOUSE ROAD	\$995,000	SINGLE FAMILY
STEPHANO OLIVER A	1165 SAWYER ROAD	\$411,000	SINGLE FAMILY
MORAN SARAH GREENE	29 ROCKY HILL ROAD	\$750,000	SINGLE FAMILY
KUNIEGA ROBERT J	16 MURRAY DRIVE	\$575,000	SINGLE FAMILY
VAN DE GRAAF JULIE L	32 KETTLE COVE ROAD	\$930,000	SINGLE FAMILY
MAZZEO ERICA T	12 CAPE WOODS DRIVE	\$489,000	CONDOMINIUM
WALKER III LEMUEL H	588 SHORE ROAD	\$925,000	SINGLE FAMILY
NEWMAN LIVING TRUST (THE)	21 MAXWELL WOODS DRIVE	\$811,218	CONDOMINIUM
GILL RUPINDER S	24 COLUMBUS ROAD	\$540,000	SINGLE FAMILY
CAVALLARO DAVID	145 MITCHELL ROAD	\$394,000	SINGLE FAMILY
REYES SEBASTIAN G	4 ROBINHOOD ROAD	\$765,000	RESIDENTIAL
SIMPSON PRISCILLA M	60 STARBOARD DRIVE	\$375,000	CONDOMINIUM
GENDRON CHARLES	14 WINSLOW PLACE	\$480,000	CONDOMINIUM
MALDONADO SHANA	18 COTTAGE LANE	\$6,032,000	TWO FAMILY

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Jordan's Farm works with over 10 Maine farms to bring a mix of Maine raised foods to our customers. Your purchases support all our farm partners and helps to build a resilient food system for Maine.

IT TAKES A COMMUNITY TO KEEP FOOD GROWING

A view of Portland Head Light by land...and by air



Photo by Matt Grymek

Portland Head Light with its holiday wreath lit up for the season.



Photo by Malcolm Toon

Malcolm Toon took this picture of Fort Williams on December 9 while piloting his 1955 deHavilland Beaver plane.

Nature scene around town



Photo by Martha Agan

The junco is a medium-sized sparrow that can be found around woodland edges and suburban yards, feeding on the ground.



Photo by Martha Agan

Sunset at Kettle Cove on December 26.

Planning a trip in the future? Next time you travel somewhere special remember to bring along your copy of the Cape Courier and snap a pic. We would love see how far the

Cape Courier can travel once this pandemic is over. We are looking forward to the future! Email us at: editor@capecourier.com

The Cape Courier

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An Independent Not-for-Profit Newspaper
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Did you know that The Cape Courier is one of the last not for profit FREE newspapers in the country? That is a very rare thing! As we enter into our 35th year of publishing, we are looking to our community to help us achieve another 35 years!

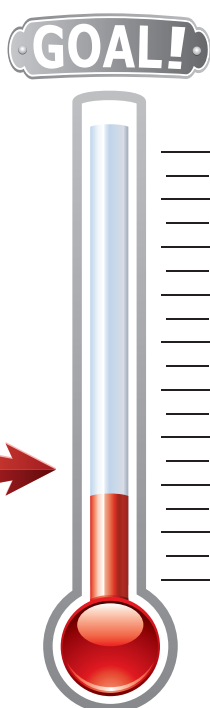
VOLUNTARY SUBSCRIPTION DRIVE

There are approximately 4,800 households in Cape Elizabeth and each one recieved a free copy of the Cape Courier. If 1/4 of those households paid for a voluntary subscription of \$21 a year (.95 cents an issue) it would pay for postage fees for the year.

Follow us on our journey to reach 1/4!

To make a voluntary subscription, please visit capecourier.com and hit the "SUBSCRIBE" button.

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PROVIDING ALCOHOL & MARIJUANA TO MINORS OR OFFERING A SPACE FOR YOUNG PEOPLE TO USE

— IS RISKY FOR YOU & THEM.

What can you do?

Set expectations of no use. Young people whose parents disapprove of them using substances are less likely to do so.

Keep tabs on your alcohol & know who can access it. Young people are less likely to use substances when they have less access.

Young people are influenced by ALL the adults in their life. By making sure young people are not using substances at your house, you are giving them a safe place to hang out. You are also supporting other parents in their effort to keep their kids from using substances until they are older.

Choosing to be reliable means that you won't need to worry about being held liable.



Maine Center for Disease Control & Prevention
Department of Health and Human Services

