

The Cape Courier

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In the Spirit of Community

CEHS Speech Team are Maine State Champs, Debate and Congress Teams are Runners-up

By Kevin St. Jarre



Contributed photo

CEHS's Speech & Debate team has taken the Maine State Championship in Speech, and was the runners-up in both Debate and Congress. The team is led by Coach Lisa Melanson and volunteer speech coach Greg Baker.

The Speech & Debate Maine State Championship tournament was held at Bangor High School on January 21. Seventeen Maine schools were in attendance, with 120 competitors. Cape Elizabeth High School's Speech Team took first place, while teams took 2nd in Debate and Congress.

The program is led by CEHS teacher Dr. Lisa Melanson. She said that Speech and Debate team is comprised of many unique speaking events.

For example, Melanson said, "On the speech side, students performed original works, [such as] junior Hayden Marquardt-Grainer, [who] wrote and memorized a short story about the existential crisis of an individual seeking meaning and connection he titled "A Lark Ascending."

Melanson said that exchange student Zosia Kala, of Poland, read the poems of compatriot Wislawa Szymborska, and there was an informative speech by junior Trevor Oakley about student loan alternatives, known as ISAs.

Junior Laura Giacobazzi read poetry by Stanley Kunitz and Tina Chang, and freshman Matilda Gustafson read poems of Emily Dickinson.

Senior Grant LaPierre, with only 30 minutes' preparation, spoke extemporaneously on the question, "Will international pressure be sufficient to prevent the Taliban from removing rights from women?"

With those performances, CEHS's Speech Team won the Maine State Championship Speech sweepstakes, led by first-place performances from: Sonia Wold in Dramatic Interpretation, Trevor Oakley in Informative Speech and Storytelling events, Grant Lapierre in Extemporaneous, Laura Giacobazzi in Oral Interpretation of Literature, Hayden Marquardt-Grainer in Original Works and Matilda Gustafson in Poetry Reading.

The Caper had second-place finishes by: Zosia Kala in Poetry Reading and Original Works and Maddie Turgelsky in Oratorical Declamation. Turgelsky also took third place in Original Works. Other third place finishes included Saga Hart in Dramatic Interpretation and Prose Reading and Ollie

Hardin in Prose Reading.

On the debate side, Melanson said, senior public forum teammates Jack Quinn and Laurent DeVries argued deftly on either side of the topic resolution, "The United States Federal Government should increase its diplomatic efforts to peacefully resolve internal armed conflicts in West Asia."

Lincoln-Douglas debater Celeste Tourangeau won six debates on the topic, "Justice requires open borders for human migration." Melanson said that in the Congressional debates, Zoe Burgard argued against passage of the "Pyongyang Act," a bill that would give official recognition of the Democratic People's Republic of Korea.

CEHS's Debate team earned the Maine State Champions Runner-up trophy, led by Jack Quinn and Laurent DeVries, Varsity Public Forum champions; Celeste Tourangeau, Novice Lincoln-Douglas champion; Dash Young, Novice Lincoln-Douglas runner-up; Jane Curtis, fourth place in Novice Lincoln-Douglas, and Nora Lane, fifth place in Varsity Lincoln-Douglas.

Cape's Congress team, with only four members competing, also claimed the Maine State Champions Runner-up trophy, led by Tess Straw who took first place in House Chamber 2; Jack McCormick who came in third in Senate, and Zoe Burgard, coming in fifth in Senate. Straw and McCormick also qualified for the National Catholic Forensic League Grand National Tournament, to be held this year in Louisville, Kentucky. Additional students will have a chance to qualify at the Speech & Debate NCFL qualifier on February 4 at Poland Regional High School.

Melanson said, "A special thanks goes to volunteer speech coach Greg Baker for his work at weekly Tuesday night practices and his regular appearances as a judge at statewide tournaments. Greg brought to the team his experience as a high school speech competitor in Virginia and his ongoing work as a comedy writer and performer in Los Angeles and now in Portland."

Officer Galvan, Cape Elizabeth SRO, recognized as Maine SRO of the Year

By Kevin St. Jarre



Photo by Ben Davis

Cape Elizabeth School Department's School Resource Officer David Galvan has been recognized as the 2022 SRO of the Year by the Maine Association of Police. Galvan has been a member of the Cape Elizabeth Police Department since 2010, and became CESD's first school resource officer in 2018.

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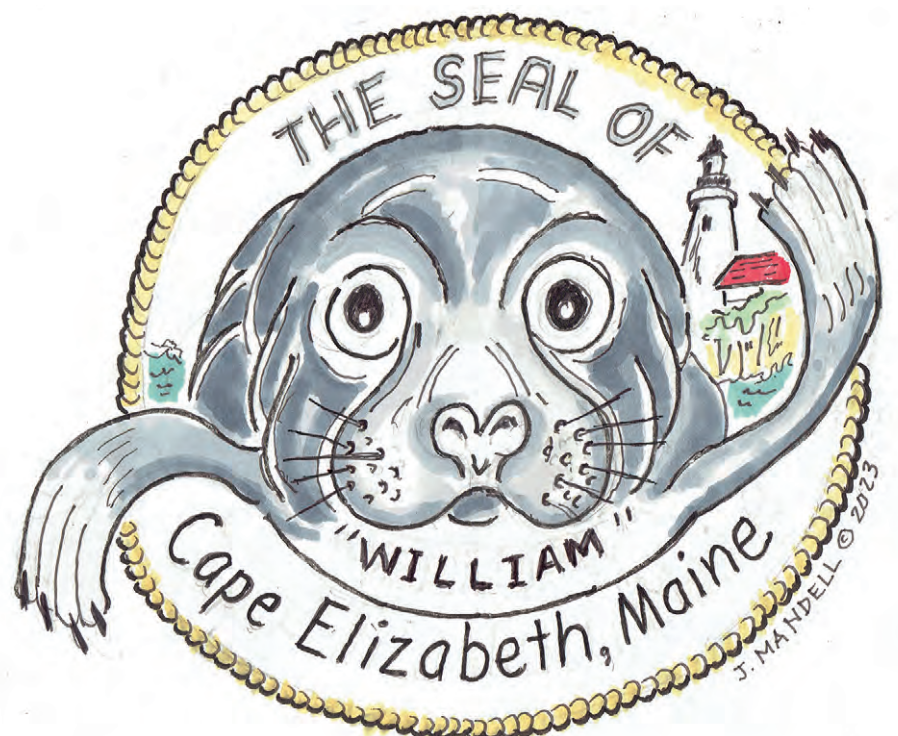
Cape Elizabeth High School Principal

John Springer said of Galvan, "Dave's ability to create positive relationships with students and families is everything a school and community needs in their SRO. In my 23 years in education, Dave is unsurpassed in the thoughtful and car-

-see AWARD page 4

Capetoon: The 101st Capetoon

By Jeff Mandell



Give me a home, where the baby seals roam.



The Cape Courier
 P.O. Box 2248
 South Portland, Maine 04116
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 The mission of The Cape Courier is to foster a sense of community by presenting news specific and unique to Cape Elizabeth and its residents, and, whenever possible, to promote volunteerism within our community.

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NEXT ISSUE: Feb 22
DEADLINE: Noon, Feb 10

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'Abundance of gratitude' for new community ice rink

Thank you to everyone who was involved in creating the new community skating rink at Gull Crest. I have an abundance of gratitude to those community members who were visionary, persistent and ambitious. This rink is a true community resource - valued by parents, children and retired empty nesters.

I have been enjoying the weekday morning open skate times, and I am impressed and thankful for all the volunteers that chip in to maintain the facility

during our crazy winter weather conditions. What I have observed of recent, is that the rink has become a healthy outdoor gathering place for older retired folks in town to get together, chit chat, get a bit of exercise, feel like a kid again, and watch the clouds roll by above us!

To all of you that have donated time, treasure and talent to the skating rink project...thank you.

Suzanne McGinn

'Only a matter of time'

I've got a bone to pick with this town. I've been noticing a lot of jaywalkers and joggers on the roads lately, not to mention the ones that saunter out into traffic like they own the place. And don't get me started on the ones that blend in with the pavement like chameleons, just waiting for some poor sap of a driver to come around the bend and almost make them into a hood ornament. It's only a matter of time before someone gets hurt.

I'm not saint behind the wheel, but I've had a couple of close calls myself with these pedestrians popping up out of nowhere. It's enough to give someone a heart attack.

It's a shame that it takes something like this to get people to wise up, but I've got personal experience with the danger of not being seen on the road at night. Someone in my family was killed when they went out in dark clothes and got hit by a car that didn't see them. It's a tragedy that could have been avoided if they had taken more care.

I'm not saying that drivers are blameless in all this, but it wouldn't hurt for folks to start wearing some bright colors or carrying a flashlight or something. And for the love of Pete, use a crosswalk or stay on the sidewalk if you're going to be out after dark. We're all in this together, and it's up to all of us to keep our roads safe.

Chris Gorski

'Get involved'

Unless citizens speak up, the character of Cape Elizabeth will be changed forever. Because of LD 2003, the Town Council is considering making changes to the Comprehensive Plan and town ordinances to allow home owners to add additional dwellings on their land, disregarding current regulation. That means

you or your neighbor can put up an out-building, another house or an apartment building ignoring current ordinances. That will mean more densely populated neighborhoods, more traffic, more noise and lower property values.

We think it is wrong to amend the rules to simply achieve a political and social objective without fully respecting the impact on our Cape neighborhoods.

Time is of the essence. Contact your town councilor today. Get involved by speaking up to keep your neighborhood from becoming more densely populated.

Sandi & Tom Dunham

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Let us hear from you!

We love feedback!

editor@capecourier.com

Public Forum on LD 2003 to be held February 9

Informational Public Form
 LD 2003 Amendments
 Thursday, February 9, 2023
 6:00 p.m. Cape Elizabeth Town Hall

Have your heard about zoning amendments required by LD 2003? What are ADUs? Why is the Town Council/Ordinance Committee working on housing amendments now? What's the difference between multifamily and multiplex? How does this relate to the Housing Diversity Study Committee work?

The Ordinance Committee will hold a special Public Forum on Thursday, February 9 beginning at 6:00 p.m. in the Cape Elizabeth Town Hall to help answer all these questions and more.

The Ordinance Committee has been working on amendments required by LD 2003, now state law, that takes effect July 1, 2023. During the process, it is apparent that members of the public need more information about the requirements of the law, the current town regulations, and how town regulations will change to comply with state

law.

The Ordinance Committee will provide a 20-30 minute informational presentation, then open up the forum for members of the public to ask questions. More information will also be posted to the town website, www.capeelizabeth.org prior to the public forum.

For more information about the forum, please contact the town planner at Maureen.omeara@capeelizabeth.org or 799-0115.

Judy's Pantry- a community feeding itself

Please note that our hours of operation have changed. We are now operating a curbside distribution at the Cape Elizabeth Methodist Church on the second and fourth Tuesdays of each month from 3-5 p.m.

Prior registration is necessary. Please contact Beth Owens: bethowens1@gmail.com.

2023 Publication Schedule					
Issue No.	Ads/Copy Due	Issue Published	Issue No.	Ads/Copy Due	Issue Published
01	Jan 6	Jan 18	12	June 23	July 5
02	Jan 27	Feb 8	13	July 14	July 26
03	Feb 10	Feb 22	14	Aug 4	August 16
04	March 3	March 15	15	Aug 18	Aug 30
05	March 17	March 29	16	Sept 1	Sept 13
06	March 31	April 12	17	Sept 15	Sept 27
07	April 14	April 26	18	Sept 29	Oct 11
08	April 28	May 10	19	Oct 13	Oct 25
09	May 12	May 24	20	Oct 27	Nov 8
10	May 26	June 7	21	Nov 10	Nov 22
11	June 9	June 21	22	Dec 1	Dec 13

Then and Now: “Brother, can you spare a thousand bucks?”

By Jim Rowe

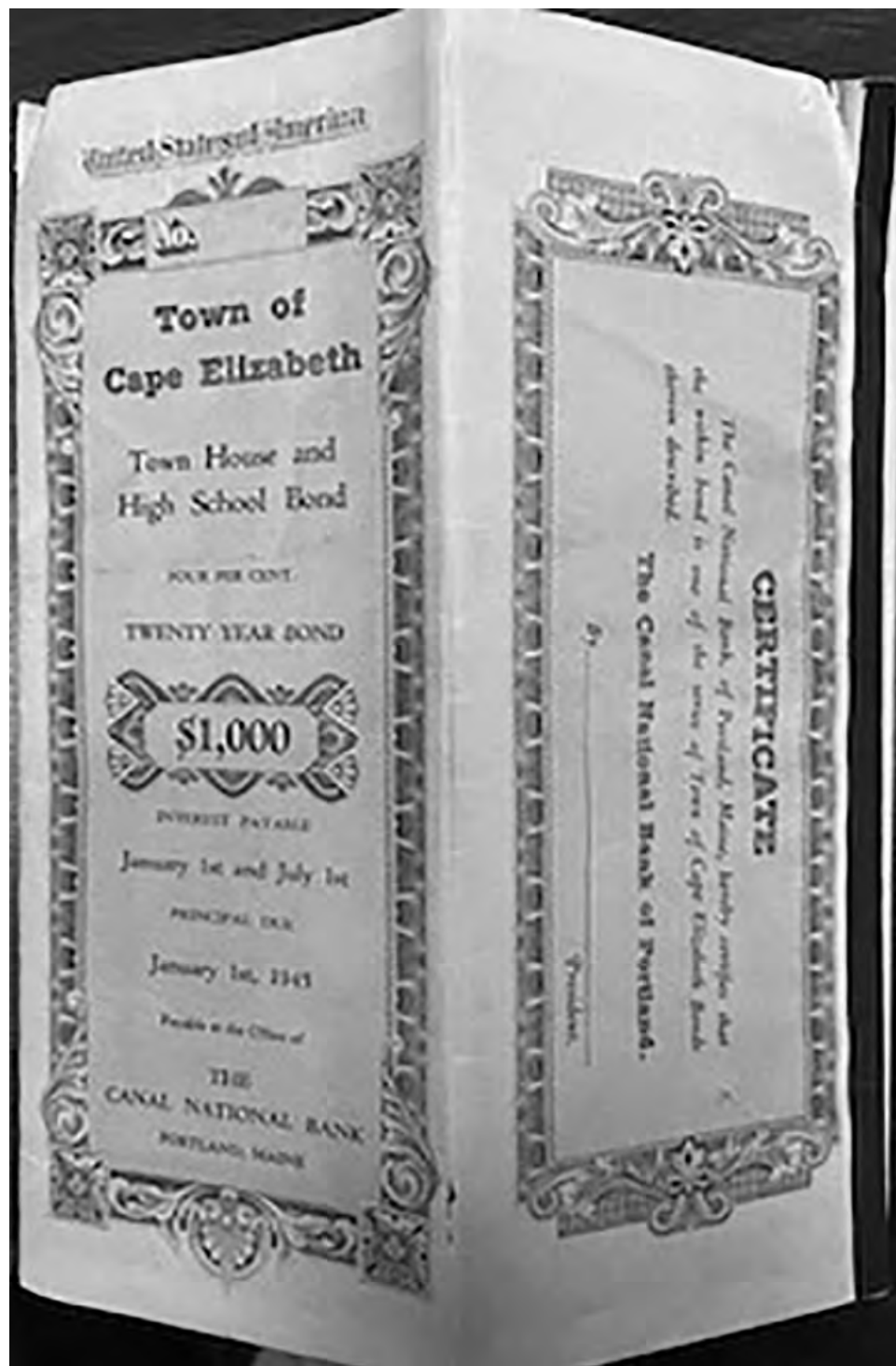


Photo courtesy of the Cape Elizabeth Historical Preservation Society

Photo of a “borrower’s copy” of a bond certificate that was issued in 1925. The \$1,000 20-year bond at 4% annual interest helped to fund the rear addition to the Cape Elizabeth Town Hall (which then included the high school).


There has been much recent discussion here in town about bonded indebtedness. It is not the intent of this article to address the impetus for that discussion—only to point out that public bonding is not new to Cape Elizabeth.

Jack Boyce at the Cape Elizabeth Historical Preservation Society recently came across a “borrower’s copy” of a bond certificate that was issued in 1925 (pictured above). The \$1,000 20-year bond at 4% annual interest helped to fund the rear addition to the Cape Elizabeth Town Hall (which then included the High School).

It is interesting to note that \$1,000 in 1925 would be the approximate equivalent of \$17,000 in today’s purchasing power. We should be careful if attempting to draw conclusions here, though. Construction costs are not always (often) in lockstep with general inflation. Also unknown is if the bond covered the entire project, or if it may have been a supplement to other sources of funding (e.g., cash on hand, other loans, etc.).

A need for funds. A willing bond holder (in this case, Canal National Bank). A printed certificate. A paper punch to record each semi-annual payment. And a

sufficient revenue stream to pay off the debt.



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Members and Chief of CEPD receive awards

By Kevin St. Jarre



Photo by Ben Davis

Members and the Chief of the Cape Elizabeth Police Department, pictured above, received awards from the Maine Association of Police at this year’s annual banquet.

Members and the Chief of the Cape Elizabeth Police Department received awards from the Maine Association of Police at this year’s annual banquet, which was held in Portland.

Sgt. Rory Benjamin received a Life-saving Award, and Officer Aaron Webster—who is now with the Westbrook Police Department—received a Heroism Award, for their actions in saving the life of a teenager who fell through the ice on Great Pond early in 2022.

The boy was out playing hockey with a few of his friends about 100 feet from shore when he went through into the freezing water beneath. His friends called 911, and the first responders ar-

rived quickly, but initial attempts to get out to the youngster were unsuccessful as would-be rescuers would fall through themselves.

When Officer Webster went out, he also fell through the ice, but fought on, willing himself to the boy whose strength was fading. Webster would later say that he felt his own strength being sapped away by the freezing cold, but he was able to push one end of a stretcher to the teenager, and the boy was rescued. It was later determined that in those 15 minutes in the water, the boy’s body tem-

-see CEREMONY page 13

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News from the superintendent

By Dr. Chris Record

Although the school year ends in June and begins in late August, a new calendar year (2023) offers us a chance to reflect on the past year and consider some hopes for the year to come.

As I think back on 2022 for Cape schools, I remain so proud of the efforts of our staff to keep our schools open, running smoothly, and focused on teaching and learning. So much of this work is unseen by the public, but oh so important for our wonderful students. We very much appreciate the support we received from parents and community members during this challenging and yet inspiring year.

As we pivot to 2023, our district wide effort to improve teaching, increase learning, and enhance the positive and welcoming climate in our schools continues. Here are a few updates on what is currently happening in our district:

Recently the School Board and Town Council held a joint workshop to discuss the creation of the 2023-2024 (FY24) school and town budgets. In this meeting the School Board articulated how we have been working on this budget since October with building administrators and program directors collaborating with staff to create their budgets line by line.

This led to each leader presenting their budget to our outstanding Business Manager Marci Weeks and myself in December. We considered every line and every position through the lens of

efficacy and efficiency. The leaders also provided their initial thinking on any new positions. The board also shared budget goals for FY24:

- Meets the academic, social-emotional, and health needs of all students
- Supports recruitment and retention of high-quality personnel
- Supports appropriate and on-going building maintenance and repair
- Supports the advancement of instructional skills of our staff
- Reflects a careful consideration of the effectiveness and efficiency of each line item and position

Cost Drivers Impacting the 2023-2024 Budget

- Increasing maintenance and repair issues for our aging schools
- Electricity and fuel costs have increased significantly
- Health insurance rates are continuing to escalate
- Overall inflation increase and supply chain issues on supply and equipment costs
- Meeting the market demands of recruiting and retaining high-quality personnel

Since the defeat of the School Project referendum in November, we have been pleased with the collaboration between the School Board and Town Council in pivoting to a new project to address our very serious building needs.

The Board and Council jointly created a School Building Advisory Committee co-chaired by a board member and a council member. The aim of the committee is to work with professionals

to assess the previous school building referendum proposal and to advise the School Board and the Town Council on a Building Plan and funding to address our school building needs. The work should develop the project concept sufficiently to propose the general project(s) solution and estimate the cost for referendum purposes.

This work will include but is not limited to the following:

- 1) Recommending a budget for this committee's work to the Town Manager;
- 2) Recommending a project plan and scope to address the school building needs to the School Board and Town Council;
- 3) Recommending a target referendum dollar range to the Town Council and School Board;
- 4) Conducting public outreach and engagement; and
- 5) Recommending a target referendum date and timeline for deliverables to meet that deadline, and report deliverable timeline back to the school board and town council.

A few items to celebrate:

Cape Elizabeth School Resource Officer David Galvan was recently recognized for being selected as the 2022 SRO of the year by the Maine Association of Police. SRO Galvan is an incredible resource for our students and staff. He is a very friendly presence and yet is very highly engaged in keeping us all safe.

We are in the final stages of receiving a PreK grant from the MDOE. This grant will allow us to collaborate with Cape Care to provide 30 preK seats for four year olds for this coming school year. Seats will be selected by a blind lottery. Much more information to come on this.

In closing, we could fill the Courier with all of the tremendous learning activities that are occurring in our classrooms and our students' accomplishments in multiple extracurricular activities. Our students would not have the opportunities they have with the hard work of our staff and without your support of our schools. Please know that it is very much appreciated. We look forward to seeing you at all of the concerts, performances, and games in the weeks and months to come.

Award

Continued from page 1

ing way he represents law enforcement in the educational setting."

Nate Carpenter, the CEHS Assistant Principal, said, "David Galvan is an excellent resource for CEHS and we are very lucky to have him. Good teaching and learning in our schools is about care, feeling safe, building relationships, staying positive and helping our students no matter the situation. David does all of these things with grace, sincerity and a smile. He is an excellent role model for our students and anyone that wears a badge."

Cape Elizabeth Middle School Assistant Principal Jake Haugevik said, "David Galvan is just a fantastic person. His presence adds so much value to our community. Whether he is taking part in restorative conversations, spending time in the lunch room, organizing seatbelt challenges, or working with our teams to look closely at safety, David is the model of professionalism. I can think of no one more deserving of this recognition. When Officer Dave is in the building, we are a better place for it."

Cape Elizabeth Police Chief Paul Fenton said, "There is no more of an ideal SRO than David Galvan...His ability to connect not only with students, but with the community, to act as a conduit between the community and the police. When we respond to a situation in a home, in the community, if we mention Officer Galvan, we have instant credibility. He's not only popular with students and the community, he's popular within the department."

Chief Fenton said he is contacted by other departments, and they ask him what the secret was to producing such a great SRO, he said, "I tell them there was no secret, it's just who Dave Galvan is. You can't train character- he is just a great person. It comes from a place of trust and compassion, with some wit and humor."

Chief Fenton also said, "Dave is a great ambassador. For example, the [graduating seniors] asked him to read the names at last graduation. He certainly deserves this award."

Attempts to reach Officer Galvan for comment on this story went unanswered, which, considering his modesty, was not really a surprise.



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Job application, Instagram scams

Reported by Debbie Butterworth

PUBLIC INFORMATION

12-30 Two officers received a Human Services referral regarding a possible child abuse case.

1-10 An officer met with a resident of the Ocean House Road area who reported that she had been applying for jobs online and had completed an interview process. After the interview she was sent a check for her computer expenses. After depositing the check, she was asked to return most of the money because the computer she would be purchasing was eventually to become her own property. It appears now that the check she had originally received was fraudulent.

1-12 An officer met with a resident of the Fowler Road area who reported that someone had reached out to him on Instagram, offering to pay the victim to talk to him. The victim received a check a short time later, followed by another check, totalling several thousand dollars. The following day, the victim started receiving threatening messages from this person and saying the money

needed to be returned via Apple Pay. Prior to the checks clearing, the victim sent some money via Apple Pay. The original checks had been fraudulent and the victim had been scammed.

1-12 Two officers responded to a residence in the Two Lights area for a well-being check.

SUMMONSES

1-16 South Portland resident, failure to produce insurance Route 77, \$186

ACCIDENTS

1-12 Graydon Stevens, John Griffith, accident on Mitchell Road

1-16 Danica Gleason, Abigail Morin, accident on Ocean House Road

FIRE CALLS

Fire calls: 8
EMS calls: 30

Scam alert bulletin board

By Jessica D. Simpson

Avoid Crypto Scams

Here's a tip we could all benefit from: be vigilant about cryptocurrency scams. According to the Federal Trade Commission, fraud involving crypto investment schemes and crypto-as-payment schemes skyrocketed in 2022, with reported losses exceeding one billion dollars.

Last year, the familiar and never-ending online romance scam arena turned into crypto "investment opportunities" – starting on such platforms as Facebook, Instagram, and LinkedIn as well as on dating sites and apps.

The target of these scams sees their assets gaining value as they continue to invest more money, only to eventually learn the crypto exchange they are on is a fake. When the victim tries cashing out, they're told they must first pay excessive fees, or the scammer cuts off communication and restricts access to their digital wallet and all funds are lost.

In the 'crypto-as-payment' schemes, criminals convince targets that some urgent matter requires quick payment and directs them to a nearby crypto-ATM machine that converts cash into electronic currency. These losses are virtually unrecoverable.

The best way to avoid these scams – really any scam – is to know about them so you can avoid engaging from the start. Seek a financial advisor's guidance on investing, and anyone pressuring you to pay by crypto to address an urgent or time-sensitive matter is a criminal.



Utility Bill Scams

Winter is upon us and with temperatures plummeting in many areas, keeping the heat on is critical — a fact that criminals try to take advantage of. They impersonate utility companies, threatening to cut off service if an immediate payment isn't made.

The goal of these crooks is to create a sense of urgency so the target acts quickly to pay the alleged past-due balance. If you get a surprise visit or call from the "utility company" this winter, hang up and don't engage.

Contact your utility company in a way you know to be legitimate (online account, app, or customer service number from a prior bill) to determine if there is a problem with your account. And know that no legitimate company will seek immediate payment for a new-to-you issue.

Be a fraud fighter! If you can spot a scam, you can stop a scam. Report scams to local law enforcement. For help from AARP, call 1-877-908-3360 or visit the AARP Fraud Watch Network at www.aarp.org/fraudwatchnetwork.

The Good Table celebrates a milestone



Photo by Lisa Kostopoulos

The Good Table was closed on January 28 to celebrate the 90th birthday of Tony Kostopoulos. Tony (left) is pictured with his grandson Peter Kostopoulos (middle) and nephew Arthur Kostopoulos. Happy 90th birthday, Tony!

News from Jan. 17 Planning Board meeting

By Hanna Gilley

Election of Planning Board Officials

The annual nomination and election of Planning Board officials began with Chair Huebner nominating Jonathan Sahrbeck to fill his role as Planning Board Chairman. Sahrbeck was nominated unanimously and officially elected into the Planning Board Chairman role. Secondly, Andrew Gilbert was nominated and unanimously elected into the Vice Chair role.

December 20, 2022, Meeting Minutes Approval

The Planning Board asked for approval of December 20 meeting minutes. The motion was introduced and passed unanimously without discussion by Chair Jonathan Sahrbeck.

Carr Woods Major Subdivision request for extension

Bill Gerrish of Northeast Civil Solutions, and on behalf of the proposed Carr Woods project, an 18-unit condominium and 1 single family lot development and Resource Protection Permit located at Deep Brook Drive, requested an extension to March 3, 2023 to submit the final approval application.

Preliminary approval for this project occurred in August with follow up discussions in Conservation Committee meetings regarding the site's proposed trails. Because of further discussion on the proposed trails and conservation efforts, Gerrish is requesting

additional time to gather all necessary materials for a complete application.

Motion passed unanimously to approve request for deadline extension to March 3, 2023 and with review during the March 20, 2023 planning board meeting.

Roots Academy Site Plan Amendment and Resource Protection Permit

Bob Metcalf from Mitchell Associates representing Jaelyn Gallo of Roots Academy, requested a site plan amendment to change the use for the first floor of the building located at 2 Davis Point Lane from office to school and a Resource Protection Permit to create a nature trail in an RPI buffer zone.

Proposed site improvements amended from the previously approved project plans include: the installation of a four-foot high wooden fence installed around the perimeter to secure the children's play area and separate it from the parking area and egresses of second floor apartments in the same building. A four-foot enclosure will also be constructed around the propane tanks located just outside the 100' setback but adjacent to the proposed nature path.

The installation of the nature trail is in an existing woodlands area at the far end of the property in question. The nature trail will not have any impact on the abutting wetlands. Proposed actions include removing invasive plant material, to construct a small outdoor classroom and a nature path for the "expe-

-see PLANNING BOARD page 15

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Pickleball champions



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Two Cape Elizabeth residents won their age/skill bracket at the USA Pickleball National Championships on November 13 in Indian Wells, California. Hans Gundersen (left, hat backwards) and Glenn Jordan won gold medals in the 55-plus/4.5 men's doubles division. In 2018, they won silver at Nationals in the 50-plus, 4.5 division.

Call for Artists: Paint for Preservation 2023



Photo courtesy of Bob Harrison

CEMS Art Teacher Marguerite Lawler-Rohner painting at Two Lights State Park during Paint for Preservation 2022.

The Cape Elizabeth Land Trust (CELT) is accepting artist submissions for Paint for Preservation 2023, the or-

ganization's 16th annual juried auction and one of Maine's premier art auction events.

Over three days on the weekend of June 23-25, selected artists will paint en plein air (outdoors) at designated public and private locations chosen to highlight Cape Elizabeth's natural beauty. All work must be done on location; no studio work is allowed. The public is welcome and encouraged to tour the public sites to watch the artists at work.

On Sunday, June 25, the newly painted artwork will be auctioned live at a tented cocktail reception at a seaside location in Cape Elizabeth. Proceeds from the auction are shared with participating artists and benefit CELT's conservation of the shore lands, marshes, farmlands and woodlands that provide scenic beauty, recreational opportunities and important wildlife habitat in Cape Elizabeth.

Interested artists are invited to submit three images of recent original plein-air paintings in any medium for juried consideration. The artist submission form and further instructions regarding submission requirements may be obtained at <http://www.capelandtrust.org/paint>.

The deadline for artists' submissions is Friday, February 24.



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CELT looking for new board members

Have you made a New Year's Resolution to become more involved in community service? Are you interested in making a difference, meeting new people, and helping to conserve and care for the special places in Cape Elizabeth that you and your family love? The Cape Elizabeth Land Trust (CELT) is seeking people to join our Board of Directors.

This year we are particularly looking for new Board members with experience in conservation/land resource management, development/fundraising, finance, and non-profit governance. We also are especially interested in hearing from individuals who have experience creating an inclusive organizational culture.

If you are interested in learning more about these opportunities, and the commitments and responsibilities of CELT Board members, please contact our Governance Chairs, Dennis Leiner, dennis@theiners.com, and Kathleen Janick, kathleenjanick@gmail.com. Or call our office at 207-767-6054. We would love to hear from you.

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Cape residents making music and having fun

By Jeffrey Shedd



Contributed photo

Members of the Ocean House Road Band, from left to right in this shot: Chuck Riz, Curt Kelly, Jim Huebener, Marc Owen, Roy Lubetkin.

Now-retired Cape resident Curt Kelly's parents bought him his first guitar in the 1960s, in the heyday of that decade's musical ferment. Kelly taught himself to play music by ear and, in junior high, organized his first band with friends. With a smile, Kelly recalled, his band established a name for itself by mastering the three-chord, Rolling Stones hit "The Last Time," which the Stones had performed in 1965 on the hit Ed Sullivan show.

Now let's skip forward 50+ years, following Kelly's retirement from a successful career in international emergency services and after a long hiatus from music. In 2019, the 50th anniversary of Woodstock, Kelly formed his latest band, the Ocean House Road Band, with fellow Cape residents Jim Huebener, Roy Lubetkin, Chuck Riz, and Marc Owens. That band is an unabashed back-to-the-60's-and-70's blues and rock band.

The Ocean House Road Band, Kelly said, "brings me back to the little boy I was." "There's nothing more fun than standing up with a group of friends, playing music we like." And because "life has been good to us," the band donates all proceeds raised at its concerts to charity, including over \$12,000 last year to assist Ukrainian families in the Portland area whose husbands and fathers are fighting back home.

For Kelly, it is still, many years later, an "amazing feeling as a group is working on a song and it's coming together. To this day I get goose bumps." It is, he said, "almost therapy."

While the Ocean House Road band is a small ensemble not currently seeking new members, there are many opportunities in the region for musicians, former musicians, and wannabe musicians to find groups to play with that are suited to their experience and ability level. There are Cape connections to many of these nearby bands.

Regardless of the group, participants in these bands use similar words as Kelly in describing their experiences in music. Cape resident Mary Pinto, recently retired from her position as finance director of the Hospice of Southern Maine, described her experience with the Maine Pops Band as "pure joy." "What happy people," she said, "bound by a love of music." Fellow Cape resident Joe Bettencourt, a 42-year music technician and educational representative for Eastern Music (now Music and Arts) and a thirty-year member of the Maine Pops band, encouraged Pinto to join the band when Pinto brought her flute for him to repair. According to Bettencourt, "Playing music is food for the soul. You don't think about anything else. That's my therapy. When a rehearsal is over, that's the best you'll feel all day."

The Maine Pops band is a no-audition-required band in which there are only two criteria to join, according to band president and retired data scientist and computer programmer Bob Swerdlow: the ability to read music and a Covid vaccination (as well as having an instrument to play, unless you happen to be a percussionist).

Like Pinto and Kelly, Swerdlow first took up music in 5th grade. When his instrument choice came down to clarinet or trumpet, his mother's preference for clarinet (because trumpet was louder) won out, and Swerdlow's main instrument has been clarinet ever since. Notwithstanding its no-audition nature, the 80-member Maine Pops band plays a more challenging repertoire than many community bands. Swerdlow, like Kelly, loves the process of a piece of music coming together in rehearsal; he describes a "moment of mindfulness" that involves a "complete focus on listening and making music." He loves being part of a group that's cooperatively working towards a common goal. "It's just fun," he said.

Playing perhaps the most challenging repertoire of all community bands in the area, the Casco Bay Wind Symphony (CBWS) also does not require auditions. According to current CEHS math teacher and CEWS alto saxophonist Sarah McKeown, however, there are waiting lists of people interested in joining the band. Once or twice per year, the

band invites folks on the waiting list to sit in on a rehearsal, allowing the guest to get to know the band and vice versa. Then, if the fit seems right and there is an opening, an invitation to join is extended.

McKeown's story of her involvement in music started in 5th grade, just as it did for Swerdlow and many others. Looking back, McKeown recalled that her primary motivation for joining the band at the time was to get out of class (perhaps some irony there for a current teacher!) As she became involved in music, however, she found she loved it. In high school, when she was considering going to college to study music, her father pointed out to her that most schools had just one music teacher. Sarah was pretty good in math, too, and most schools, her dad said, have multiple math teachers. Sarah saw her dad's logic. She majored in math in college, with a music minor.

Unlike some, however, McKeown never gave up playing her instrument for an extended period. In fact, her move to the Portland area from central Maine, where she got her first teaching job, was prompted partly by the availability of greater opportunities in this area to be involved in music. Now she is a hard-working math teacher who always makes time for the CBWS. And why? She loves both music and, like Swerdlow, the idea of being part of a collective working towards a common goal.

Recently, McKeown ran into her old band director. He was thrilled she continues to make music an important part of her life. Knowing that she at one point was considering a career in music, he shared this insight: "Music is never going to be a job for you, Sarah. It's great that you still love it and do it." Despite her busy schedule, McKeown agrees with her old mentor: "Music for me is never work."

Another nearby band with a Cape connection is the Alumni Band in Biddeford. Originally composed of alumni of the Biddeford and Saco schools, it now welcomes all comers. Tom Lizotte, long-time CEHS band director, plays trumpet in the Alumni Band, which is about 40-45 members strong. For seven years in the early 2000's, Lizotte conducted the Alumni Band. Why does Lizotte make the band a priority? "Because it's a way to give back to the community and keep

alive musically." He also pointed to the social, mental, physical, and neural health benefits of adult band membership. "I look at every rehearsal," he said, "as an opportunity to stay sharp mentally as well as musically."

And Lizotte, a huge sports (particularly Red Sox) fan, draws this comparison. "As much as I love sports, you don't see many 70-year olds athletes. As a 70-year old musician, you might have another twenty years of activity. When I first started to conduct the [Alumni] band in 2001, one of our clarinet players—present and prepared every week—was 92 years old. Benny Carter, the great alto sax player, recorded in eight decades and played professionally until he was 94." "If you use it, he said of music, "most often you don't lose it."

Sue Niemoller, born in Ohio but a resident of Biddeford since 2000, is a member of both the Alumni Band and the Maine Pops band. Her initial foray at college was to major in music therapy. Before she could complete her degree, however, life took her in other directions. This past fall, more than 30 years later, she received her music degree, proudly walking across the stage and chatting with professors as well as the president of Mount St. Joseph University of Cincinnati, Ohio. Speaking of what motivates her to pursue music after she had mostly given it up for many years, Niemoller said, "Money can never buy" what she gets out of being part of music. She loves the social aspect and loves the confidence that comes with mastering a challenging piece—and with earning her degree many years later!

Maine has nearly 40 community bands. The great age of community band formation, according to Swerdlow, was the post-Civil War era, with soldiers who had been involved in music during their military service looking for a way to continue their participation.

Many of Maine's community bands come together on the last Saturday in June during R.B. Hall Day, a day of celebrating music. The day is named after Mainer Robert Browne Hall (of Bowdoinham), considered in his day the greatest of American march composers (a contemporary of his was the now better known John Philip Sousa). Dur-

-see BANDS page 16

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- Audre Lorde

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Exchange students at CEHS, here to experience, here to share

By Kevin St. Jarre



Contributed photo

Pictured are Heather Reeves, Alla Kapushchak who is an exchange student from Ukraine, Ethan Reeves, Alex Reeves and Isabelle Reeves.

Cape Elizabeth High School is once again welcoming several exchange students from other countries, including Poland, Spain, the Czech Republic, and Ukraine, and local host families make these opportunities possible.

The Reeves family is hosting Alla Kapushchak from Ivano-Frankivsk, Ukraine.

Heather Reeves said that her family has long wanted to get involved with a student exchange program. "We'd always thought it would be fun to host an exchange student, sharing cultures, food, languages, but the

kids were always too young to add a teen to the mix before now," she said.

For her part, Alla said, "I was obsessed with the thought of America and all what involved America in it! Like you know all these American movies about high school..." she laughs, "...the USA is really idealized outside of America. Also, all of that happened was sooo random. I texted my best friend that I will miss him when he will go to America for an exchange year. And he asked me if I want to try; I was so excited. And I passed the English level test

and then it seemed impossible to prepare all the documents less than in a month. But we did this!"

There was some preparation for Alla's arrival in Cape Elizabeth. Heather said, "We FaceTimed, and messaged back and forth, for months! On our end, we prepped a spare bedroom for a teenager who wouldn't be able to bring more than one suitcase from home, making sure that she had everything that she would need for a space to call her own."

Alla had some steps to follow as well. "So many documents! And also, I moved to Ireland in the week before I had to go to the USA. That wasn't easy at all. We bought new tickets and the night before my flight, my mom asked me if I really want to leave. She said that here in Ireland is English school, all the things I will have in America. That was really challenging, and I had a thought to stay there, but then I realized how I will regret it," she said.

When asked what it was like when she first arrived, Alla said, "Honestly it was really tiring, I flew 7 hours and that was awful, and then Heather and Belle met me in the airport- that wasn't easy either," and she laughed. "When I first came in their house, it felt so unfamiliar, and a second feeling I can't even explain- it was really close to realization that I will spend 1 year in this house."

The first day of school was also a bit daunting. Alla said, "It was soooo scary, all new people, new language and new system. I remember at lunch I sat alone, some people were looking at me because, of course, I'm a new person, but then one awesome girl came to me and said how pretty I looked and asked if I want to sit with her. First month at school it felt like I don't belong here, but in the same way everything seemed so cool and new."

Alla was transitioning from her life in

Ukraine. "I lived in Ivano-Frankivsk, which is really close to the mountains," she said, "My family consists of my mom, dad, younger sister and the cutest little dog, Lord. My parents and I have super close relationships and they always support me in everything I do. And honestly that's really difficult part of being an exchange student when you need support, no one will support you better than your parents, but they aren't with you right now. Sofia is my younger sister, she is 11. We also have really close relationship, even though we have [such] different personalities. I lived in an apartment located in the very center of the city. I had my room, and my parents allowed [me] to design my room as I wanted. It was really fun! Also as [I mentioned], I lived really close to the mountains- usually on weekends we drove there. And we were skiing, swimming in the pool, and the most fun thing you can do in the Carpathians, by the way that's also the reason why a really big amount of foreigners come to Ukraine, [we] have the thing that we call 'chan,' and this is literally an extremely large iron pot that sits on firewood. When you light the firewood, the water begins to [heat] and people lie down or sit down there and probably after 3 to 5 minutes you will get out and quickly fall either into the winter river or into the snow. This is super fun and especially healthy! When my sister and I got out from the hot water, we were playing snowballs!"

When it comes to differences between high school in Cape Elizabeth and Alla's previous school, she said, "All the things are different, we have 16 different classes in a week. And that's awful when it's the week of midterms or final week, here you have about 5 to 7 midterms, but can you imagine Ukrainian students in the week of midterm? Also, we don't have this thing as 'pass' exam in the school and our grades are from 0 to 12. During the class you aren't communicating with other people, that's what I have difficulties with here, because for me class is something where you need to pay attention, and not discuss topics with your neighbors. We have 8 classes in a day, every day see different classes, and their duration is 45 minutes. Every break lasts 10 minutes and lunch break is about 15 minutes. Oh! I remember when 2 years in a row, teachers turned on music on the speakers and we were dancing!"

Of course, every exchange student has an impact in the host home, with the host family. Heather Reeves said, "On our side, we've loved it! Alla and our daughter Belle are just 3 months apart in age, and have developed a wonderful friendship. Alex, our 13-year-old son, thinks of Alla as another big sister to tease. It's been fun showing her all things American- Cumberland County Fair, Red Sox game, concerts, Christmas, an upcoming trip to Florida, ballet, the Mall, not to mention the joys of American cuisine-the good, bad, and ugly. She fits in beautifully, winning over our pets, and securing a place in our hearts."

So, it seemed Heather would recommend more families host international students. She said, "This is a wonderful experience for us. Opening your home to a student from another culture is fun, exciting, educational and a bit heartbreaking. I'd recommend it highly!"

Those interested can contact greenheart-exchange.org for more information, and Heather said that those who are considering hosting can contact her directly at hreeves.

-see EXCHANGE STUDENT page 13

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SEAL team rescue in Cape Elizabeth

By Kevin St. Jarre



Photo courtesy of Marine Mammals of Maine

This young grey seal was rescued, both dehydrated and undernourished, from a Cape Elizabeth neighborhood by members of CEPD, community members and ultimately by Marine Mammals of Maine. The animal is recovering at MMoME.

At about 1:30 a.m. on January 23, a young grey seal was discovered by Cape Elizabeth Public Works snowplow crews in the Oakhurst Road neighborhood, about a quarter of a mile from the ocean. An officer from the Cape Elizabeth Police Department responded, and located the animal in the roadway.

While it is always best to call in experts, such as Marine Mammals of Maine, at such an hour and with the clear and present danger to the animal in a snowstorm with trucks actively plowing, the police made a "risk vs. reward" decision to attempt to return the seal to the sea.

The officer captured the seal, and brought it to Fort Williams Park, releasing it back into the ocean. However, another call came in that the seal was spotted once more, this time moving along Shore Road. A different CEPD officer, with the help of a community member, captured the seal once more, and was released again at Fort William Park. About an hour later, the seal was found exploring Fort Williams Park. It was returned to the ocean by a police officer and some volunteers.

That same day, Marine Mammals of Maine did get involved; they collected the seal and brought him to their rehab center for a full evaluation. According to MMoME, his exam indicated he had been recently weaned from his mother and, unfortunately, had been having a tough time on his own. He was underweight, and MMoME reports that he will remain at their hospital for much-needed nutrition and care until ready for release. He

spent the entire first day sleeping and sucking his flippers.

According to the most recent update from Lynda Ada Doughty of MMoME, "He is still doing well right now, but is not eating fish on his own quite yet."

The seal will require extensive support, according to MMoME, to get him back to the wild again, but they are committed to getting him home. To join his community of supporters, visit their Amazon wish list to send much-needed items directly to their hospital, or donate to their Facebook fundraiser that will help feed him, and their other current patients. The goal is \$5,000 to cover the cost of their upcoming fish order. Any help is much appreciated, by their team and their patients.

Amazon wish list link: <https://www.amazon.com/hz/wishlist/ls/P5BQS0KFTBUF..>

For more information: <https://www.facebook.com/MarineMammalsofME/>

Marine Mammals of Maine is a 501(c)3 non-profit that responds to stranded marine mammals and sea turtles from Kittery to Rockland, provides triage and rehabilitative care to pinnipeds, and conducts research and education to promote marine conservation.

Cape Elizabeth Land Trust February events

Join Stanley Sampson, Cape Elizabeth Land Trust Education Program Coordinator, at the Great Pond Fenway Road trailhead to learn common winter animal tracks and practice tracking.

Participants will receive a hand-held track guide that they will then use to identify various tracks along the trail. Warm, dry clothing and footwear are a must.

Children attending should be at least 6 years old and accompanied by an adult. The outing is subject to acceptable weather conditions.

Date: Wednesday, February 22
Time: 10:00 – 11:30 a.m.

Location: Meet at the end of Fenway Road.



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\$5.00 entry donation - 100% donated to Full Plates Full Potential.

Tuesday, February 28 - Maine Restaurant Week Kick Off Fundraiser

The Incredible Breakfast Cook Off where Chef Brown will join Maine's breakfast champions to cook up a Sea Glass breakfast favorite in this fundraiser for Preble Street. Event held at Sea Dogs Brewing Co., South Portland, 7am-9am. Tickets available at: MaineRestaurantWeek.com/events

March 1-12 - Maine Restaurant Week

Chef Brown's delectable three-course dinner.

Sample Items:

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| Chicken Liver Mousse | Crab & English Pea Tart |
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\$55.00 per person - View the entire menu at: SeaglassMaine.com/dining-menus

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Jazz Sunday service at CEUMC on Feb. 19



Contributed photo

Trumpet player Ray Sapperstein during the 2020 Jazz Sunday service.

On Sunday, February 19, the Cape Elizabeth United Methodist Church will hold a Jazz Sunday service at 10 a.m., the last Sunday before Ash Wednesday and the beginning of Lent.

Jazz musicians will play Mardi-Gras

style music throughout the service, including "Swing Low Sweet Chariot," "O Happy Days," "Amazing Grace," and of course, "When the Saints Go Marching In".

The church is located at 280 Ocean House Road (Route 77). All are welcome.

Friends' news and notes: Trees in winter

By Andrea Southworth
Ecology Project Manager, Friends of Fort Williams Park



Photo by Amy Melissa Witt

A tree limb with orange lichen. Lichen are long-lived, help to cycle nutrients, and provide nesting material for wildlife.

The next time you are on an outdoor adventure, take a few moments to look at the trees around you. Even though they

may be dormant in winter, they are very much alive and interesting to observe. Central to our landscapes, trees define the terrain with beauty and form and help to shape our sense of place. At Fort Williams Park, notice the tall and stately oaks, the gnarled limbs of apple, and the pyramid-like framework of spruce and fir.

With fewer leaves in the winter months, it's easier to notice the characteristics of tree trunks and the life that they support. Many trees have identifiable bark features such as deep furrows, checkerboard patterns, or smooth surfaces; paper and river birch trees have exfoliating bark. Most trees are home to lichens and moss. Both are beautiful to behold and are often intensely colored. Lichens in our area have shrub-like (fruticose), leaf-like (foliose), or crust-like (crustose) configurations; they are long-lived, help to cycle nutrients, and provide nesting material for wildlife. Moss plants are habitats for thousands of tiny insects, water bears and other microscopic life. When studying a clump of moss, notice if it is smooth or branched, hard or spongy.

Upon closer observation, there's much more to see. Each tree stem will have at least one bud; buds can be found at the stem's tip or along the stem in the axils of lateral shoots. Buds can be conical or rounded, smooth or fuzzy, and their scales can be overlapped or stalked. Bud scales protect immature leaves, stems or flowers; the scales will fall off once the growing season begins again in spring or summer. Even at this time of year, needle evergreen trees continue to conduct photosynthesis. Notice the little white lines underneath the needles. These are actually sunken channels of stomata, small pores that allow carbon dioxide to diffuse into the leaves and oxygen and water vapor to diffuse out.

No matter the path that you choose, wonder and delight can be found among the trees in winter. Exploring a tree-filled landscape can connect you with nature and perhaps lift your spirits, too. See you at the park!



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Local birding report

By E. Brooks Bornhoff

The last several weeks of January brought both mild temperatures and our first significant snowfall of the year. On January 13 I observed two lingering male Belted Kingfishers, one at the Spurwink River Crossing perched on a high snag and a second one along the portion of Sawyer Road that traverses the Spurwink Marsh. Small numbers of Kingfishers will stick around as coastal winter residents, only moving further south if available estuary streams and open bodies of water freeze over. The larger percentage of Kingfishers have already departed for more southernly haunts. Migrating Kingfishers travel solo and do not aggregate into flocks like many other bird species. Additionally, it is the males that typically travels shorter distances to migrate than the females.

Other mentionings from both the field and yard include my only winter finch sighting of the month on January 13, a single Pine Siskin that showed up to our thistle feeder amongst a company of American Goldfinches. These zippy boreal finches are slightly smaller than Goldfinches and have bold streaking on their breast and back. Additionally, Goldfinches in their winter plumage lack the subtle yellow edging on the wings and tail that Pine Siskins have. Unfortunately, these birds are in steep decline, having lost a cumulative 69% of its population between 1966 and 2019.

Additionally, on January 22 my wife alerted me to a thrush in the lower wet area of our property. When I caught up with the bird it was perched contently high up in a tangle of Multiflora Rose and Greenbrair bushes which overhangs a small but currently active stream. A good tangle of invasives near a stream is always an ideal spot from a Hermit Thrush's perspective. From these wet thickets the bird is afforded concealment, shelter and food. Every winter some Hermit Thrushes linger in Cape through February and beyond. As the bird sat curiously watching me my mind wandered back to warm summer days just before dusk in Robinson Woods III where the haunting songs of Hermit Thrush-

es fill the still air. As it is wintering thrushes never sing; however, they do give a characteristic, soft "tuck" note which I was fortunate to hear before the bird slipped away.

The following day, January 23, in Robinson Woods I counted six Golden-crowned Kinglets and was surprised to find two Swamp Sparrows along the Pond Cove brook corridor. On the afternoon of January 29 my son and I traversed the rocky headland from Dyer Point to the edge of Two Lights State Park. Along our travels we spotted nine species of sea ducks including all three scoter species: Harlequin, Common Goldeneye and Long-tailed Ducks as well as Red-breasted Mergansers and Buffaloheads. I also noted a single Red-necked Grebe, a Red-throated Loon and two Great Cormorants that flew past us at close range. Although we did not see it, a King Eider female (hen) had been previously reported in the vicinity as well.

Worth mentioning was the rather fleeting views I had of a bird I rarely see, the Razorbill. The hardy Razorbill is an open ocean, crow-sized seabird that prefers to forage in cold waters less than 200' deep and commonly found in winter off our offshore ledges and shoals. Razorbills mostly pursue crustaceans and small fish such as sand lance, herring and young cod. Adults in breeding plumage are white below, jet black above and have a robust hatchet-shaped "razor" bill with a white stripe, a short neck, a large head. Interestingly, the inside of this bird's mouth is bright yellow. At this time of year when the bird is not breeding, the side of the Razorbill's face and throat are white versus black.

The Razorbill population decreased significantly in the late 1800s to early 1900s due largely to human hunting of the bird and its eggs. From a bit of subsequent research, it seemed that the Razorbill's eggs were more desirable than the bird itself. However, I found one reference to what this seabird

-see BIRDING REPORT page 14



Photo by Amy Melissa Witt

A bluebird at Runaway Farm.

February naturalist's corner

By Erika Carlson Rhile
 CELT Education Committee Chair

February 2 - Candlemas/ Groundhog Day - Punxsutawney Phil has predicted six more weeks of winter.

February 5, 1:30 p.m. - 'Full Snow Moon'
 Maine has three seal species seen in the winter. Two species are migratory visitors: Harp seals spend the majority of the year in more northern latitudes and rely extensively on snow and ice for all aspects of their life. January through April, a portion of their population moves south to winter here in the Gulf of Maine. Hooded seals are visitors from the far northern Atlantic. Males have two large, inflatable pouches on their faces. The "hood" sits above the eyes. When inflated, it's used to make sounds to guard territory and help the seal navigate while swimming. The second pouch is made of nasal tissue, and is inflated through the nostril. This pouch looks like a large red balloon bobbing up and down from the seal's nose. It's used to catch the at-

tention of females and to show dominance to other males. Hooded seals have the shortest lactation period of any mammal: pups are weaned after only four days! During this time the pup doubles in size, gaining around 15 lbs each day.

Gray seals live in Maine year-round, but give birth to pups during the winter months. We tend to see juveniles of this species resting on shore. Two gray seal pups stranded in Cape Elizabeth in January: one estimated to be two weeks old was still covered in her white lanugo (birth) fur. The other was a male who still had lanugo on his rear flippers, which indicates he was probably around 4 weeks old, and recently weaned from mom. Both seals continue to do well at Marine Mammals of Maine's rehab facility.

We can observe these species safely (and legally) from 150 feet away. All seals are protected by the Marine Mammal Protection Act. If you see a stranded marine mammal you can report it by calling 1-800-532-9551.

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TML presents Wings of Fire Graphic Gala, photographs by Claudia Dricot on display in Stier Family Gallery

Photographs by Claudia Dricot on Display

"In Celebration of Film," currently on the display in the Stier Family Gallery on the library's lower level, features photographs by Claudia Dricot.

Although thoroughly immersed in the world of digital photography, Dricot decided to show some of her work of a type that is rarely seen these days: all the photographs in her show have been made on either color transparency (slide) film or black & white negative film. No image has been digitally altered or enhanced; there has been no scanning, and no Photoshop. The black & white photographs are hand-printed silver gelatin prints created in the darkroom, using traditional darkroom techniques. The color photographs are Cibachrome prints - the only process for producing photographic prints directly from color transparency film.

You can view the exhibit in the Stier Family Gallery through March.

PROGRAMS FOR CHILDREN:

For more information and to register for all library events, visit our online events calendar at the following link: <https://www.thomasmemoriallibrary.org/events>

Character of the Month

Stop by the children's room to celebrate our beloved story time mascot, Belinda the Bear, and discover fun activities throughout the month.

Read To a Dog

Children in grades K - 6, especially struggling or less-than-confident readers, are invited to sign up for 15-minute time slots to read with a certified therapy dog.

Check out the sign-up sheet in the children's room for appointment avail-

ability and to "meet" our dogs, or call the children's room for more information.

Special Events

FebruBEARy Story Bash

Friday, February 10, 10:30-11:30 a.m.
Bring your stuffed bears (or other stuffies) and join Ms. Martha and Ms. Megan to celebrate our story time mascot, Belinda, in a special bear themed story time!

Enjoy bear books and songs, a bear parade, a fun craft and a bear hunt in the children's room.

Wings of Fire Graphic Gala

Friday, February 10, 2:45 - 4:00 p.m.
For ages 9-12+. The graphic novel version of the 6th book, "Moon Rising," was released in December.

Join us for some dragon-themed snacks, activities, and then create your own dragon eye ring.

Dungeons and Dragons Character Creation Workshop

Monday, February 13 2:30-4:00 p.m.
For ages 12+. Join other D&D players to create a character and paint a figure. Figures, paint, and snacks provided.

Spots are limited and registration is required on the event listing on our website.

Dungeons and Dragons Campaign

Wednesdays in March: 1, 8, 15, 22, 29 2:30-4:00 p.m.
For ages 12+. Adventurers! Meet up and flex your minds and storytelling skills while exploring magical lands and building friendships.

This is an on-going, peer led campaign. Sessions will take place every Wednesday during March from 2:30-4:00 p.m. This is a great group for beginners. Rules will be explained as the game is played and character creation workshops will help you connect your character to the world.

Spots are limited and registration is required on the event listing on our website.

Sewing Adventure: Badges & Mini Stuffies (ages 8-14)

Saturday, February 18, 1:00-2:30 p.m.
Library Community Room

For ages 8-14. A sewing workshop celebrating your personal symbolism and hand sewing in a group. For makers, textile lovers and curious kids.

Come express yourself by drawing with thread to embroider a personal badge of a favorite symbol such as an animal or hobby, or sew a back on it to make a mini stuffie or squishy pin. We will begin by sketching our ideas, choosing colors of thread and felt, and learn a few basic embroidery stitches. Beginning sewists welcome!

No prior experience necessary. All materials provided. Register on our website.

Weekly Programs

Art Adventures

Mondays at 10:30 a.m.
Join Kiah for an art activity to kick off your week. For ages 2-5.

Dress Up and Dance

Tuesdays at 10:30 a.m.
Join us for 30 minutes of moving and grooving to our favorite playlist, special dress-up costumes, and everybody's favorite bubble song. For ages 2-5.

Family Story Time

Fun for ages 2 - 5
Wednesday, Thursday, and Fridays at 10:30 a.m.
Join us for songs and stories, bubbles, and Belinda the Bear!

School-Age Programs

T(w)een Crafternoon Club

Thursdays 3:15-4:15 p.m.
Drop-in for social time for tweens and a creative activity, for ages 11 - 13.

February

2nd - Pencil holder
9th - Altoid shrine to the object of your affection
16th - Matchbox diorama
23rd - Library Tote

#LibrarySquad

Bi-Weekly: First and Third Fridays of each Month, 2:45-3:45 p.m.
February 3, 17
Library Squad is a community of library-loving middle schoolers that meets monthly, and whose opinions,

ideas, and help form the foundation of our programming.

Library Squad meets after school on the first Friday of each month from 2:45 - 3:45 p.m. at the library.

Middle School Book Club

Bi-Weekly: Second and Fourth Friday days of each Month, 2:45 - 3:45 p.m.
February 10, 24

Register to join TML's Middle School Book Club, The Last Pineapples on Earth, by emailing Family Engagement Librarian Megan Smith at msmith@thomas.lib.me.us and find out what the next read is!

Lego Club (for ages 5-12)

First Tuesday of each Month, 3:30-4:30 p.m. February 7

Come create with Legos at TML's Lego Club. The library will provide the Legos, you provide the imagination. Come free build or pick up a challenge card to try something new. Masterpieces will be put on display until the next Lego Club meet.

There is no registration for this program, children 10 and under must have an adult present.

PROGRAMS FOR ADULTS:

For more information and to register for all library events, visit our online events calendar at the following link: <https://www.thomasmemoriallibrary.org/events/>

Learning to Speak Bird, with Dan Gardoqui

Thursday, February 16, 6:30 - 8:00 p.m. in person AND via Zoom

Would you like to be able to understand what the birds are telling you or are saying about you? Did you know that we're the only species not tuned into wild conversations happening in your own backyard?

Join bird language expert and bird mimic Dan Gardoqui for an engaging presentation that will give you the tools to decode nature's language. You'll learn how to shift your mindset, tune in your senses, understand the five voices of backyard birds and much more. Come learn to speak bird!

-see LIBRARY page 13

Got a story to share?
Email us!
editor@capecourier.com




Kathleen O. Pierce

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Library

Continued from page 12

Working Like a Dog: Mission Working Dogs, with Christy Gardner

Saturday, February 18, 2:00 - 3:00 p.m. in person at the library

Christy Gardner, founder and president of Mission Working Dogs, has been training service dogs and therapy dogs for the past nine years but wanted to grow that dream to help more Mainers in need.

Mission Working Dogs was founded in July 2020 as a local non-profit to do just that. The organization serves to train service dogs and therapy dogs for the local community and provides a wide range of assistance, from individual service animals to therapy dogs, who are specifically trained to provide comfort and love in community settings such as hospitals, nursing homes and schools.

Join us for this special afternoon presentation as we welcome Christy, some of MWD's dogs, and their handlers to learn about the organization's history and goals and the experience of training purpose-bred dogs to aid individuals with disabilities in living a more independent life.

Intuitive and Mindful Eating, with Jill Patterson, RDN

Thursday, February 23, 6:30 - 7:30 p.m. via Zoom

With all of the diets on the market, it can be hard to determine what plan is best for you. Learn the principles of intuitive eating, where we let our body be our guide in knowing what types of foods to eat and how much to eat for optimal health and well-being.

Join us as we welcome Jill Patterson, RDN, a national speaker and award-winning registered dietitian nutritionist, certified personal trainer and group fitness instructor who specializes in providing wellness education programs that inspire individuals to implement healthy habits.

Nature as My Muse, with Center for Wildlife

Tuesday, February 28, 6:00 - 7:00 p.m. in person at the library and streamed simultaneously via Zoom

Throughout history, humans have been inspired by nature. This month's Maine Wildlife program offers the opportunity to use the Center for Wildlife's live animal ambassadors as the inspiration for your own creative expression.

We'll explore concepts of camouflage and biomimicry and the history of how humans have been inspired by nature. We'll take a look at how to start nature journaling and you'll have the opportunity to start the drawing process right away.

Join us as we welcome educators from the Center for Wildlife in Cape Neddick and their fascinating and lovable animal ambassadors who will help us explore the vast variety of wildlife in our state.

Pod Complex: A TML Podcast Listening Club

First Thursday of the month, 5:00 - 7:00 p.m.

Next meeting: March 2 via Zoom

Love the idea of a book club, but don't have the time for all that reading? Addicted to podcasts, but wish you had someone to discuss your favorite episodes with?

Join us for Pod Complex, TML's

brand new Podcast Listening Club. Each month we'll feature a different podcast to listen to and dissect together.

We'll explore a wide variety of podcasts on all different topics, in all different styles and then turn a critical eye on them as we discuss each month's fresh selection.

Listen on your own time at home, or join us for the first hour as we listen together, with a lively discussion to follow in the second hour.

Register for this program on the library's website.

ONGOING PROGRAMS FOR ADULTS:

Daily Fika (Coffee Break)

Wednesdays-Saturdays, 10:00 - 11:00 a.m. via Zoom

Guerilla Poetry Whoop

Second Thursday of the month, 6:30 - 7:30 p.m.

Next meeting: February 9 via Zoom

E-ldering Conversation Group

Wednesdays

1:00 - 2:00 p.m.

In person AND via Zoom

Songwriting Workshop (with Jud Caswell)

First Tuesday of the month, 6:30-8:00 p.m.

Next meeting: March 7

In person at the library

Adult Book Group

Third Thursday of the month, 3:00-4:00 p.m.

Next meeting: February 16

February book: "Learning to Talk," by Hilary Mantel

In person at the library and streamed simultaneously via Zoom

Big Little Lit Book Group

Third Wednesday of the month, 11:00 a.m. - 12:00 p.m.

Next meeting: February 15

February books: "Smile" and "Sisters," by Raina Telgemeier

In person at the library and streamed simultaneously via Zoom

Ceremony

Continued from page 3

perature had dropped to 92°F. It's clear that the boy was saved by those responding, and especially by Webster who put his life and limbs at considerable personal risk to make the rescue.

Benjamin also received another Life-saving Award for his actions in locating and saving the life of a person who was experiencing a mental health crisis. There is no question that this event would have had a tragic outcome had Sgt. Benjamin not gone the extra mile. In early morning hours while on patrol, Benjamin was on patrol when he noticed a parked car. While many would have assumed it was empty, or even abandoned, Benjamin decided to check it out. He discovered a person sitting inside, with a hose running from the exhaust pipe, and into the vehicle. Benjamin quickly removed the person from the vehicle, into the fresh air. Benjamin's instinct and training played a major part in saving the life of this person.

Chief Paul Fenton received the David W. Pickering Chiefs Award. This award is named after former Cape Elizabeth Police Chief David W. Pickering who sadly passed away in 2000. Chief Fenton's exceptional transformational leadership style has paved the way for the success of the CEPD. Despite a series of outside challenges, Chief Fenton has fostered a culture that not only embraces change, but also aligns with community expectations. As a leader who cares about his team, Chief Fenton pioneered a program that focuses on the mental health of the officers at Cape Elizabeth PD. This program encourages officers to speak with a culturally competent mental health professional annually. As a testament to his leadership, 11 of the 12 officers from the department attended the banquet in support of their chief and colleagues, and the twelfth officer could not attend only because at least one officer must remain on patrol in the community.

School Resource Officer David Galvan received the 2022 School Resource Officer of the Year Award at the same banquet. See the related story in this issue of The Cape Courier on page 1.

Exchange student

Continued from page 8

mspa@gmail if you would like to chat.

Heather offered this advice. "Hosting a 15 or 16-yr-old is challenging, in the best way. They come to you hoping for the best, but not quite sure what to expect. Remember that they are teenagers, they need your help and guidance, but may have different ideas of the way that things are 'supposed' to be. And I think it's VERY helpful to have kids going through, or alumni of, CEHS. The scariest part of leaving everything you know-family, friends, language- is not knowing how to navigate your new school and family," she said.

As for the current turmoil in her home country since the invasion by the Russians, Alla said, "I just really want to ask everyone who will read this- Please don't be silent about what's going on in my country. I know how difficult it is to understand this pain that every Ukrainian is feeling right now, but please share posts about Ukraine in social media, talk about it and if you have opportunity, donate for Ukrainian army. Also, if you meet Ukrainians, ask more about their country, culture, please show support because usually Ukrainians are here not because they really want to be here- they don't really have a choice. Maybe their house is destroyed, or Russians killed their relatives. When I was in Ireland, I met a lot of Ukrainians, they were telling their stories about war. You can't imagine how scary they were. No one deserves to feel what all my nation is feeling right now."

According to Greenheart Exchange, "Families who host international high school students often tell us about the joy of experiencing another culture while sharing the American way of life. Cultural exchange experiences can be life-changing for the high schooler AND for the host family. Host Families often develop long-lasting relationships with their foreign exchange students and their families. Open your heart and home to an international exchange student and perhaps you will find yourself halfway around the globe celebrating with them and their family in the years that follow your hosting experience."

// LIVE AND CODE IN MAINE

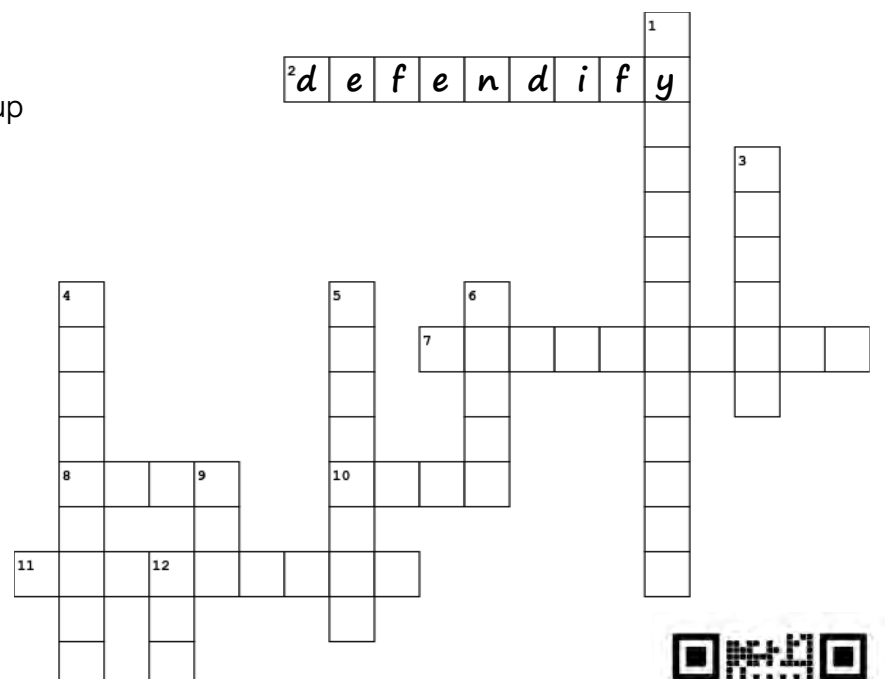
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- AKA Software as a Service
- Modern runtime environment, rhymes with "code"
- Of type, relational or document

Down

- Exciting tech and security sector, directly impacts all businesses
- Today's flexible workforce; preferred by many
- _____ developer, front to back
- Software _____, solver of problems
- A great place to live and work
- AKA Small and Midsized Businesses
- AKA Application Programming Interface



LEARN MORE

CAPE CALENDAR

By Wendy Derzawiec

Please see the town website, www.capeelizabeth.com for meeting locations
 Instructions for joining videoconference meetings listed below will be posted on the town website, www.capeelizabeth.com.

Wednesday, February 8

Community Services Committee, Community Center, 5:30 p.m.
 Conservation Committee, Jordan Conference Room, Town Hall, 7 p.m.

Thursday, February 9

Joint Appointments Committee: School Board & Town Council, Jordan Conference Room, Town Hall, 6 p.m.
 Town Council Ordinance Committee - PUBLIC FORUM, Town Hall, 6 p.m.

Monday, February 13

Town Council, Town Hall, 7 p.m.

Tuesday, February 14

School Board Meeting, Town Hall, 6:30 p.m.

Wednesday, February 15

School Board Policy Committee, Jordan Conference Room, Town Hall, 4 p.m.

Thursday, February 16

Fort Williams Park Committee, 6 p.m.
 Thomas Memorial Library Committee,

Thomas Memorial Library, 6:30 p.m.

Tuesday, February 21

Planning Board, Town Hall, 7 p.m.

Ongoing each week

Al-Anon, Regular meeting 7 p.m. Thursdays, at United Methodist Church, 280 Ocean House Road. Regular meeting 7 p.m. Fridays at St. Alban's Church.

Alcoholics Anonymous, 2 p.m. Saturdays, First Congregational Church, 301 Cottage Road, South Portland; 7 p.m. Wednesdays, St. Bartholomew Church; 7 p.m. Fridays, St. Alban's Church.

Cape Elizabeth Historical Preservation Society, 9 a.m.-noon Thursdays, Public Safety Building - suspended until further notice.

Cape Elizabeth Lions Club, 6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road

South Portland/Cape Elizabeth Rotary Club, each Wednesday at 6:15 p.m. Purpoodock Country Club, Spurwink Avenue. 767-7388.

Codependents Anonymous (CODA) group at Cape Elizabeth United Methodist Church. Regular meeting weekly on Saturdays at 10:30 a.m. Call 799-4599 FMI.

CABLE GUIDE

Subject to change. Please see cetv.capeelizabeth.org for latest program guide and video on demand.

Cape Elizabeth Church of the Nazarene

CETV CHANNEL 1302

Feb. 11, Feb. 12, Feb. 18 & Feb. 19 - 9 a.m.

Birding report

Continued from page 11

might have tasted like. John J. Audubon had been on an expedition to study Razorbills (then called the Razor-billed Auk) breeding on a rugged island in the gulf of St. Lawrence when he wrote, "Their flesh is by the fisherman considered good, and I found it tolerable, when well stewed, although it is very dark and therefore not prepossessing." The bird's near threatened status in Maine has improved since then though, with popula-

tions rebounding along Maine's central and eastern coastal islands since 1970.

Often when exploring Dyer Point my mind drifts to a fascinating occurrence that happened several years back. In the late fall of 2018 two accomplished birders reported a Burrowing Owl that had quickly flown past them on Dyer Point. Unfortunately, with lack of photographic evidence this sighting has yet to be accepted by the Maine Bird Records Committee. The state of Maine has had only two other confirmed Burrowing Owl records.

SERVICES

Cape Elizabeth Church of the Nazarene

499 Ocean House Road (Route 77) 747-1113

www.capenazarene.org

Sunday School for all ages: 9:30 a.m.
 Sunday Worship Celebration: 10:45 a.m.
 Services streamed live or on demand: watch.capenazarene.org

Cape Elizabeth United Methodist Church

280 Ocean House Road 799-8396

www.ceumc.org

Sanctuary Service: 10 a.m.
 In-person Sunday services 10 a.m. For Zoom services, call 799-8396

The Church of Jesus Christ of Latter-day Saints

29 Ocean House Road 799-4321

Sacrament Meeting: Sunday, 10 - 11:00 a.m.

Sunday School/Primary: 11:10 a.m. - 12:00 p.m.

The Church of the Second Chance

Greater Portland Christian School 1338 Broadway, South Portland 641-3253

Sunday: 10:30 a.m.-12:15 p.m.

Church of the Holy Spirit

1047 Congress Street, Portland 874-9779

www.HolySpiritPortland.org

Sunday Worship: 10:00 a.m.
 Sunday Adult Bible Study: 9:00 a.m.
 Sunday School for children: 10:00 a.m.
 Services streamed live on Facebook
 Potluck dinner every third Sunday

Congregation Bet Ha'am

81 Westbrook St., South Portland 879-0028

www.bethaam.org

Worship: Friday, 7:30 p.m.
 Saturday, 10:30 a.m.
 Family Shabbat Services: Second Friday, 6:00 p.m.

Hope Community Church

879 Sawyer Street South Portland 799-4565

www.hopesopo.com

www.facebook.com/hopesopo

Sunday Morning Worship at 10 a.m. Kid's Church for ages 4 through grade 5
 Service videos available on our website

Promised Land World Reach Center

536 Cottage Road, South Portland 799-3152

Sunday Prayer & Intercession: 9:30 a.m.
 Sunday Worship: 10 a.m.
 Family Bible Studies: Wednesday, 7 p.m.
 Sermon recordings available to download

Saint Alban's Episcopal Church

885 Shore Road 799-4014

www.stalbansmaine.org

Sunday Services:
 Rite 1 with Holy Eucharist 8:00 a.m.
 Rite 2 with Holy Eucharist 9:30 a.m.
 Live Streaming on YouTube (stalban-schannel)

Children's Programs 9:30 a.m.
 Celtic Eventide 5:30 p.m.
 Room for all

St John Paul II Parish

St Bartholomew Roman Catholic Church

8 Two Lights Road 207-883-0443

JP2me@portlanddiocese.org

Website: www.JP2me.org

Sunday Mass: 9 a.m.

Monday Mass: 8 a.m.

First Congregational Church United Church of Christ

301 Cottage Road, South Portland 799-3361

www.fccucc.org

Sunday Worship: 10:00 a.m. in person and streamed on Facebook & YouTube

First Congregational Church of Scarborough

167 Black Point Road, Scarborough 883-2342

www.fccscarborough.com

Sunday Morning Worship: 9:30 a.m.
 Sunday School & Nursery Care



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www.swartzenterprises.net ...

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MUSIC LESSONS

Flute lessons: For beginners and intermediates of all ages. Call Kris: 767-3712.

Suzuki violin lessons and group classes available. Ages 5+. Please contact Laura Warren at Suzuki Stringers 207-245-5863 or email ljwarren88@yahoo.com

Piano lessons for all ages. Beginners through advanced. Sandi Palmquist: 329-8345.

Piano, Voice, Guitar, Ukulele lessons for all ages. Beginner through intermediate. Carey Rasco: 232-7015

ENGAGEMENTS



Erin Marie Lyons, the daughter of Stephen and Nancy Lyons of Cape Elizabeth, is engaged to be married to Derek Miller, the son of Nathan Miller and Lorraine Wunder.

Erin is a graduate of Cape Elizabeth High School and the University of Maine.

Derek is a graduate of Hebron Academy/Edward Little High School and Tufts University.

Erin and Derek both live and work in Portland, Maine.

Graduation Announcement

Katie Ledoux, CEHS Class of 2019, graduated early from college with the University of Maine Class of 2022.

Ledoux received a degree in Psychology and Political Science.

Dean's list announcements

Cape Elizabeth Haley McIntyre was recently named to the dean's list for the fall semester at Thomas College in Waterville, Maine.

OBITUARIES

Judy Hetzler Shedd



Judy Hetzler Shedd
1946 – 2023

I have had an adventurous and diverse life, and was fortunate enough to spend my life with my Angel daughter and grandson. I have celebrated many years of love, support and happiness in marriage and friendship, living a life of love and compassion, with no regret. (Any sharing of happy stories should be with Anna Rose Shedd – who will miss me desperately.) Online condolences may be shared at www.hobbsfuneral-home.com.

Elizabeth Butterfield Webster



February 7, 1956 - January 7, 2023

Loving Mother to Andrew & Noelle
Wife of William Russell Webster

Always in our hearts,
Audrey, Chris B. & families

Dean's list announcements

The following students were named to the dean's list for the fall semester at Bucknell University in Lewisburg, Pennsylvania:

Violet Grimsley, 2024, Psychology
Allie Lynch, 2024, Finance

Springfield College has named **Enrico Perruzzi** has been named to the dean's list for the fall semester at Springfield College in Springfield, Massachusetts. Perruzzi has a primary major of Education.

Planning Board

Continued from page 5

rential learning of nature program." When future funding allows, Gallow would like to replace the invasive plant material with native plant material.

Finding of facts include the following: Jaclyn Gallow requested amendments to first floor use and to alter a 1000' wetlands buffer for a nature path; the site plan previously approved is found to be in compliance; current application deemed complete; access to the development will not be on roads that can't support traffic generated by the development; access into and within the site will be safe and parking will be provided; the development will provide adequate sewage disposal; there will be a vegetative buffer around the development site; there will be adequate exterior lighting but without excessive illumination; the development will not increase noise levels or cause discomfort; the applicant is proven to have technical and financial capability to complete the project; the nature

trail will not obstruct surface or subsurface water to the area and will not cause flooding to adjacent properties, the nature trail will not cause harm to any spawning grounds or wildlife habitats and will maintain ecological and aesthetic value.

The board unanimously approved the motion to amendments of the application of Jaclyn Gallow of Roots Academy, and be deemed complete.

Lumberly Site Plan Amendments

Michael Friedland had withdrawn for this meeting his request to site plan amendments to increase outdoor storage, increase signage and expand approved uses to add classroom instruction for the property located at 287 Ocean House Road (U22-76), Sec. 19-9, Site Plan Completeness.

The Planning Board is anticipating this application for amendments to be submitted to the board again in the near future.

Town of Cape Elizabeth
ACP Secretary – full time
Minutes Secretary – part time

The Town of Cape Elizabeth is seeking applicants to fill the following positions:

ACP Secretary: This is a full-time (40 hours per week) position providing staff support to the Assessing, Codes and Planning Office, with opportunity for advancement. Duties include processing applications, operation of code enforcement, property record and computerized mapping software, extensive interaction with the public and general office scheduling and document management. Desired skills include proficiency, or a willingness to become proficient in, word processing, excel and database programs, customer relations and cash management. Hours are Monday 7:30 am-5:00 pm, Tuesday – Friday 7:30 am-4:00 pm. This position includes a comprehensive benefits package including health insurance, a 401k defined contribution retirement plan, paid holidays, and sick and vacation leave, with compensation starting at \$23/hour or commensurate with experience.

Minutes Secretary: This is a part-time position to attend evening meetings and subsequently prepare meeting minutes. There is an immediate opening for a Planning Board minutes secretary. The Planning Board meets the third Tuesday of the month at 7:00 p.m. to approximately 9:30 p.m. in the Cape Elizabeth Town Hall. The successful candidate may also be offered additional meeting minute coverage. The Minutes Secretary should be able to listen to the meeting and then provide an accurate, grammatically correct, synopsis. This is an hourly position, with a starting rate of \$20.00/hour or commensurate with experience.

Job description and employment application available at <https://www.capeelizabeth.com/JobPostings>

Please submit a letter of interest, application and writing sample by Friday, February 17, 2023 to:

Aniko Varadi, ACP Office Manager
ACP Office, Town Hall
320 Ocean House Ave
Cape Elizabeth, Maine 04107

For more information, please contact: Maureen O'Meara, Town Planner, 799-0115 or Maureen.omeara@capeelizabeth.org.

Bands

Continued from page 7

ing R.B. Hall Day, all the community bands get to show off their stuff to one another.

Perhaps you, too, whether you are young or young at heart, have an old guitar in your closet and, like Curt Kelly, want to form your own band. Kelly said, "I loved my job. Being involved in the Ocean House Road band is another thing I love."

Or maybe you wish to explore community bands in the area. Either way, there are ways to continue your love of making music after high school or after college. Here are details about some of the bands discussed in this article—plus a couple of others.

Maine Pops Band. Open to any in high school or beyond in the region who can read music and are Covid vaccinated. Approximately 80 members (typically 60-65 are able to make concerts). No auditions required. Rehearse at Scarborough High School Wednesday evenings, 7:00-9:00 p.m. If interested, contact band president Bob Swerdlow, email address president@mainepops.org.

Casco Bay Wind Symphony. Describes itself as "A premiere northern New England wind ensemble performing top wind ensemble and concert band music." Approximately 60-70 members. Waiting list to join, and membership is by invitation. If interested, there is a statement of interest form to complete on the band's website. Rehearses Monday nights at Gorham High School, 7:00-9:15 p.m.

Biddeford Alumni Band. Approximately 40-50 members. Open to all. Rehearses Tuesday evenings, 6:30-8:30 p.m., Biddeford High School. If interested in learning more or joining, contact Jennifer Preble, email jennpreble@gmail.com.

Portland Community Orchestra (Mary Pinto is a member of this, too!). Ap-

proximately 25-30 members. Open to all orchestral instrument players. Rehearses Tuesday evenings from 5:30-7:30 p.m. at Trinity Church on Forest Avenue in Portland.

And for those who have a band instrument and would like to learn to play it, this band is for you:

Southern Maine New Horizons Band. Approximately 20-30 members. Rehearsal time on the group's website described as "weekly on Wednesday afternoons at St. Ansgar's Church Fellowship Hall, 515 Woodfords Street, Portland. Contact information: Nina Andersen, email nina.andersen.458@gmail.com.

If you are looking for other community bands nearby, there are opportunities in Cumberland, Freeport and Westbrook. Check out those bands' web pages.

[Note: Jeffrey Shedd, the article's author, plays in the Maine Pops Band.]



Contributed photo

Curt Kelly of the Ocean House Road Band on guitar and vocal.

A chess tournament is born

By Cape Elizabeth Community Services



Contributed photo

David Cimato, who leads the popular Chess Club classes offered by Community Services, recently hosted the first Pond Cove Chess Tournament in Cape Elizabeth.

David Cimato has been leading the weekly meeting of our popular Chess Club for first through eighth graders since 2021. A couple of months ago, he had the idea of hosting the first Pond Cove Chess Tournament in town. Cimato worked with Youth Program Coordinator Susan Frost at Community Services to secure the space and help promote the tournament.

This U.S. Chess Rated and Scholastic Grand Prix was held on Saturday, January 14 in the cafetorium at Pond Cove School. The Pond Cove Chess Tournament was a four round Swiss tournament which includes players competing in each of four rounds. The player with the most points at the end of the tournament determines the winner.

This tournament included three divisions; U800, U1400 and an Open section. The first two are for rated players to compete with others with similar ability. The latter is for more experienced chess players.

Cimato described the tournament as a

"huge success." There were 47 chess players from fourteen different schools competing across the three sections. Nine Pond Cove students played in the U800 Section with some exciting results. Silvio Cimato and Theo Reichl finished tied for 2nd place with 3 out of 4 points. Holton Kang, Jack Mavodones, and Charlie Glennon tied for 9th place with 2 out of 4 points. Adrian Reichl and Miles Rossi-Febbraro scored their first victory in a chess tournament. Gunnar Johannson and Maxim O'Hagan both scored a draw. In the Open Section, Parker Merriam represented Cape Elizabeth High School and scored an impressive draw in his first ever tournament!

In the meantime, participation donations and concessions generated some monies for the club. They are hoping to use some of the funds for "team swag" to wear at the State Championship in March. We wish all the players good luck as they vie for the championship title.

Registration for the 2023 Cape Elizabeth Little League season is open at www.cape-ll.com through Friday, February 17th.

CELL provides T-ball, softball and baseball opportunities to Cape children, ages 4-14.



Assessments are planned for mid to early March with teams starting practices beginning in April. The season will run through June. If you are new to the area or to baseball we encourage you to come out!

Please go to www.cape-ll.com or email: president@cape-ll.com for more information.

Volunteer coaches and team administrators are needed for the season. If you're interested, please indicate it on the registration.