

# The Cape Courier

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An Independent Not-for-Profit Newspaper  
Serving Cape Elizabeth Since 1988

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*In the Spirit of Community*

## CEPD collaborates with St. Alban's, PCES, TML to host refugees

By Kevin St. Jarre



Photo courtesy of CEPD

Officers of the Cape Elizabeth Police Department grilled hamburgers and hot dogs for refugees in an afternoon of food, fun and laughter.

Members of the Cape Elizabeth Police Department hosted 20 refugees and several parishioners of St. Alban's Episcopal Church recently, according to an online post. The CEPD said that it was a "distinct privilege" to organize the "afternoon of food, fun and laughter."

CEPD Police Chief Paul Fenton learned that refugee families were staying at the church, and according to the CEPD statement, "The police department's core belief is that we are interwoven into the fabric of the community. Many of these individuals come from a country where police cannot be trusted and we feel it's imperative for them to know they can trust law enforcement in this community. This event was planned to welcome these families into our community by treating them to a meal and activities."

CEPD officers volunteered their time to run a cookout, including grilling hamburgers and hotdogs for the attendees. After the meal, the children were invited to explore a police car, and to see the "many gadgets and tools it contains."

The event then moved to Pond Cove Elementary School where they had the opportunity to watch a movie in Portuguese on the big screen with popcorn. The movie was provided by Cape Elizabeth's Thomas Memorial Library.

They also had the option of playing with various sports equipment in the gym. Ac-

ording to the CEPD, "It was evident that the kids had a blast playing different sports with the officers."

Chief Fenton's 15-year-old son Jack, and his friend Ben, attended the event as well. "Ben immigrated to the United States from Angola nine years ago, and unbeknownst to him, these refugee families traveled to the United States from the exact same spot. Ben was able to speak with the kids about life in the United States and answer the many questions that they had about the ongoing transition," the CEPD post read.

The CEPD thanked Officer Jordan Peters from the South Portland Police Department for joining and assisting in the event. Officer Peters is fluent in Portuguese, and was instrumental in making this a successful event.



Photo courtesy of CEPD

The Cape Elizabeth Police Department hosted an event recently, and the children, who are refugees, were invited to explore a police car, and to see the many gadgets and tools it contains.

## Strengthening tenant protections for Maine families

By Senator Anne Carney

We are all familiar with Maine's housing crisis. Our friends and family members may need to move to take a new job because their family is growing, or because their current housing is in such poor shape that it's uncomfortable or unsafe. Regardless of the reason, they are not able to find housing. Often housing is not available, and options that are available cost too much. According to a recent study from Harvard University, nearly half of all Maine tenants cannot afford their rent: 41.4 percent are cost-burdened

and 19.7 percent are severely cost-burdened. For those who aren't familiar with the term, "affordable" housing is any rental unit that costs no more than 30 percent of the tenant's gross income.

Renters in Senate District 29 have been hit hard by the housing crisis, especially when a company from Los Angeles bought Redbank Village. This neighborhood of 250 duplexes provides housing that is affordable for families with low and moderate incomes.

-see HOUSING page 16

## Cape Community Arena to host winter carnival celebration

By Kevin St. Jarre



Photo by Ang Foley

The widespread popularity of the Learn to Skate and Learn to Play programs in affiliation with the Cape Elizabeth High School Boys Hockey teams and Cape Community Services has been a fantastic success. Here, CEHS hockey player Phil Coupe teaches a youngster.

On March 3, the Cape Community Arena Group (CCAG) is inviting the public to a celebration—a festive night of skating, music and fun to cap off the Cape Ice Rink's first season and celebrate the wonderful community effort in making the rink a reality for people of all ages this winter.

The event will feature food from Cape Elizabeth's own AllGrill and Crepe Elizabeth food trucks, and open skating and a few fun surprises to help pave the way for Cape Ice Rink's 2023-24 season and beyond.

The event is free and open to the public, but donations to support the ongoing project are welcome.

The Cape Courier reached out to CCAG, and received responses from Julie Furt, the chairperson; Jay Brandeis, one of the founding members and board secretary; and Whitney Liston, a volunteer and coordinator of the March 3 event.

Asked about the rink's first year, Liston replied, "We are blown away and grateful to our community for the overwhelming support the rink has received. It is powerful and motivating to see our hard work finally pay off, and to know that people of all ages are enjoying its use. There are countless things that we hadn't anticipated! We were touched by the recent letter from a Cape Courier reader that not only the youth of the community is benefitting from the facility—that the retirement-age population is enjoying it as well. The rink is being utilized every opening hour for our middle and high school hockey teams, birthday parties, local youth hockey events, as well as adult and child skating lessons and open skate sessions. We hadn't anticipated hav-

ing the JV girls and middle school teams be able to host games on home ice for the first time ever. The widespread popularity of our Learn to Skate and Learn to Play programs in affiliation with the Cape Elizabeth High School Boys Hockey teams and Cape Community Services was also a fantastic surprise for us. Cape Elizabeth Middle School teachers are planning field trips for their classes. We have been able to host a town worker appreciation event, ongoing festive open skate events and our upcoming celebration on March 3 will cap off our successful first season!"

As for which days and times the public is normally invited for public ice time, Liston said, "The schedule changes on a regular basis, but we do tend to have recurring open skates on Friday and Saturday nights and most weekday mornings and afternoons. You can find the most up to date schedule at capecarena.org. We have dedicated Family Skate times in which no sticks and pucks are allowed, which we hope helps those just learning and of all ages to feel safe."

Chairperson Julie Furt shared her favorite story from the rink this season. She said, "One of the toddlers slept with a puck in his crib after coming last week. He had come with his parents last week and we lent him a stick. His Dad had his own stick this week, and his Mom told us about the puck and how excited he was. And my teenage son was his best friend, too cute."

For this offseason, the rink will be broken down, stored and the space will be left

-see ICE RINK page 16



**The Cape Courier**  
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 The mission of The Cape Courier is to foster a sense of community by presenting news specific and unique to Cape Elizabeth and its residents, and, whenever possible, to promote volunteerism within our community.

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 Letters should not exceed 250 words. We reserve the right to refuse letters and to edit for length, accuracy, clarity and civility. We do not withhold names and writers may be limited to one letter per month. Petition-style letters will be declined. Letters reflect the opinion of the author, not The Cape Courier. Email letters to: editor@capecourier.com or mail to P.O. Box 6242, Cape Elizabeth, ME 04107. Please note: Letters will be acknowledged by email.

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**DEADLINE: Noon, Mar 3**

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## Appreciation for Bob Ayotte

The Friends of Fort Williams Park wishes to acknowledge the significant contributions of Bob Ayotte, who is departing the board after many years of service.

Bob, who joined in 2011, is credited with helping its growth into a team of effectively functioning, well-coordinated committees; attracting energetic and capable board members; branding the organization with its logo, website and annual report; growing fundraising opportunities including the Garden Tours; hiring of the first employees; restructuring of the budget and coordination of financial records; maintaining credible and effective relations with the Fort Williams Park Committee; and, initiating the Council of

Advisors.

Further, he joined with the town's 250th Anniversary Committee to sponsor the PSO concert on Lighthouse Field, which raised several thousand dollars towards the planning and development of the Children's Garden. Serving as both President and Finance Chair over the years, Bob has led with integrity and modesty.

Fort Williams Park and the town of Cape Elizabeth have benefitted greatly from Bob's volunteerism.

**Barbara Powers, President**  
**Friends of Fort Williams Park**

## Kindergarten registration open for fall 2023

Pond Cove Elementary School is now accepting kindergarten registrations for the 2023-2024 school year. If you have a child turning five years old on or before October 15, 2023, please visit the district's website at: <https://www.cape.k12.me.us/>, choose Pond Cove, then Registration Information under Parents/Guardians to begin the process.

Once your kindergartener's pre-registration has been approved by the school, you will receive a detailed email guiding you through the enrollment process via Pow-

erSchool. Upon form completion, you will need to upload the following documentation:

1. Child's birth certificate
2. Proof of immunizations
3. Proof of residency

If you are in need of extra support throughout this process, please contact Pond Cove at pcoffice@capeelizabethschools.org or 207-799-7339.

## Praise for CEPD

I want to praise the Cape Elizabeth Police Department.

As a senior citizen, I have seen many police departments over the years. I have only lived in Maine, and Cape Elizabeth for two years, and have had a few opportunities to interact with our police department.

They are professional, smart, knowledgeable, savvy and always polite. They routinely go beyond the call of duty and obligation, and have a wonderful, genuine, strong sense of community.

We should all be very proud of them and appreciative of their efforts. They put their life on the line every day and are to be commended. Thank you for your excellent service, Cape Elizabeth Police Department.

Nancy

## Three feet is the law

In response to a letter that the Cape Courier printed in the most recent issue about pedestrian use of the roads: friendly reminder to drivers that it's the law to give cyclists, runners, walkers, pedestrians, humans a distance of three feet. And everybody needs to slow down.

Chris Lowenstein

# THANK YOU!

Your donations and other contributions help keep this community newspaper coming to your mailbox.

*Thank you to this recent generous contributor:*

*Anonymous*

Checks made out to The Cape Courier may be mailed to P.O. Box 2248, South Portland, Maine, 04116. Please include a message on your correspondence if you prefer to remain anonymous.

*Let us hear from you!*

*We love feedback!*

**editor@capecourier.com**

## High/low tide chart

Date	High Tide				Low Tide				
	AM	ft	PM	ft	AM	ft	PM	ft	
22	Wed	12:10	10.6	12:28	11.1	6:13	-1.2	6:42	-1.5
23	Thu	12:57	10.6	1:19	10.6	7:04	-1.2	7:29	-1.0
24	Fri	1:44	10.5	2:11	10.0	7:57	-0.8	8:17	-0.3
25	Sat	2:34	10.1	3:06	9.2	8:51	-0.4	9:08	0.4
26	Sun	3:26	9.7	4:05	8.5	9:49	0.1	10:02	1.0
27	Mon	4:21	9.2	5:07	8.0	10:50	0.6	11:00	1.6
28	Tue	5:21	8.8	6:12	7.6	11:55	0.9		
1	Wed	6:25	8.6	7:16	7.6	12:05	1.9	1:02	1.1
2	Thu	7:28	8.6	8:14	7.7	1:11	2.0	2:03	1.0
3	Fri	8:23	8.8	9:03	8.0	2:09	1.8	2:53	0.8
4	Sat	9:10	9.1	9:45	8.3	2:58	1.5	3:36	0.5
5	Sun	9:53	9.3	10:24	8.6	3:40	1.2	4:14	0.3
6	Mon	10:31	9.5	10:59	8.9	4:19	0.9	4:48	0.2
7	Tue	11:07	9.6	11:31	9.1	4:55	0.6	5:19	0.1
8	Wed	11:42	9.6			5:29	0.4	5:49	0.1
9	Thu	12:02	9.3	12:15	9.5	6:03	0.2	6:20	0.1
10	Fri	12:32	9.5	12:50	9.3	6:39	0.1	6:53	0.2
11	Sat	1:04	9.6	1:27	9.0	7:17	0.0	7:30	0.4
12	Sun	1:39	9.6	3:09	8.8	8:59	0.1	9:11	0.7
13	Mon	3:21	9.6	3:58	8.4	9:47	0.2	9:59	1.0
14	Tue	4:11	9.5	4:55	8.1	10:41	0.3	10:53	1.2

2023 Publication Schedule					
Issue No.	Ads/Copy Due	Issue Published	Issue No.	Ads/Copy Due	Issue Published
01	Jan 6	Jan 18	12	June 23	July 5
02	Jan 27	Feb 8	13	July 14	July 26
03	Feb 10	Feb 22	14	Aug 4	August 16
04	March 3	March 15	15	Aug 18	Aug 30
05	March 17	March 29	16	Sept 1	Sept 13
06	March 31	April 12	17	Sept 15	Sept 27
07	April 14	April 26	18	Sept 29	Oct 11
08	April 28	May 10	19	Oct 13	Oct 25
09	May 12	May 24	20	Oct 27	Nov 8
10	May 26	June 7	21	Nov 10	Nov 22
11	June 9	June 21	22	Dec 1	Dec 13

## Then and Now: Nobody remembers the runners-up except the runners-up (and maybe their friends)

By Jim Rowe

Not long ago, my friend and former classmate Steve Hill shared this article from page 14 of the April 12, 1963 Portland Press Herald. The headline blared:

“Cape Girl Wins Spelling Match.”

The article went on...

“Cape Elizabeth- Judith A. White, 14, daughter of Mr. and Mrs. Wendall C. White of 78 Ocean View Road, was declared champion speller for this town after 56 rounds of competing with Mark Ginn of Grade 6 and James Rowe, Grade 7.

“Miss White is an eighth grader at Cape Elizabeth Junior High. She will compete in the Cumberland County spelling bee sponsored by the Portland Sunday Telegram.

“James Rowe was eliminated by the incorrect spelling of ‘welfare’ and runner-up Mark Ginn was eliminated by ‘matress.’ Miss White’s final winning word was ‘niece.’

“Mrs. Virginia Wright was the bee master and judges were Mrs. Barbara Sisson and Mrs. Janet Hill.”

FYI, Mrs. Janet Hill was my friend’s mother, a beloved school teacher here in Cape Elizabeth.

There is more than a little irony in the fact that, after misspelling “welfare” as a 12-year-old, my college degree in a few years would be in Sociology with a concentration in Social Welfare!

My conundrum with the word “welfare” was: one “L” or two? I did not ask the bee master to repeat the word. I did not ask her for a definition. I did not ask for the word’s etymology. Nor did I ask her to use the word in a sentence. In retrospect, I probably should have asked her to do all of those things, and maybe also should have slipped in a request for her to please spell the word for me (hoping to catch her asleep at the wheel). But I didn’t. And thus, the judges and my fellow competitors bade me a fond farewell (with 2 “L’s”).

## The music corner

By Candice Bellinger

America at its heart; Scott Joplin’s Ragtime is here to pick us up during the cold weeks of February. Light in spirit and strong in character; “Maple Leaf Rag,” “The Entertainer” and “Original Rags” are in good company with nearly 40 other rags Joplin wrote during his short life of 48 years. “Bethena” is a sweet six minutes long and comforts on a cold night. “The Chrysanthemum” also lovely and written for his second wife, sings of a love lost. She passed away just ten weeks after they married.

“The King of Ragtime” his fame was won at the age of 30. He lived the life of a performer and lover of music. Born in Texas in 1868, his father Giles Joplin was a freed slave and his mother a freeborn African-American from Kentucky.

Both parents were musicians and performed for extra money; his father was a railroad laborer and his mother cleaned for a living. Young Scott accompanied his mother to work and was allowed to play the client’s pianos. His father wanted Scott to follow a career path with the railroad, but he had other plans and hit the road for a life of traveling and performing. He played in Missouri and Chicago where he was first recognized and began recording in New York City in 1899. “The Sting,” featuring Joplin’s ragtime and starring Robert Redford and Paul Newman won an Oscar for Best Picture in 1974. In 1976 Joplin was posthumously awarded the Pulitzer Prize for his opera “Treemonisha.”

I am a hopeless romantic and I have found the most delectable of all: Lara Downes on piano and Will Liverman on vocals perform “A Picture of Her Face.” Downes’s nimble touch and Liverman’s voice so richly tell the story of a deep love for one lost...the picture all that is left. His falsetto tears at my heart and has me transfixed to this tale of lost love. You can find this gorgeous recording on YouTube. “Lara Downes, A Picture of Her Face.”

Remember to slow down and enjoy the music. If you are “tech challenged” and

would like my assistance with finding our weekly listening, please email me at musicwam@yahoo.com. You can also find me on Facebook: Candice Bellinger.

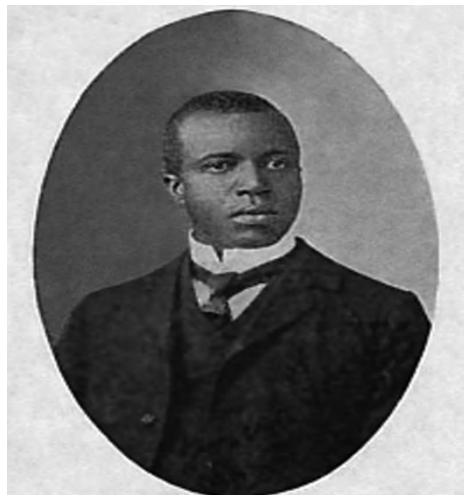


Photo credit: Encyclopedia Britannica

“The King of Ragtime,” Scott Joplin.



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## Cape students have good showing in 2023 Scholastic and Writing Awards

By Kevin St. Jarre

The names of students who have won awards in the 2023 Scholastic Art and Writing Awards have been released. Cape Elizabeth High School is well-represented, and a student from Cape Elizabeth Middle School was also recognized.

### Those receiving Art Awards include:

Senior **Cosette Spier**, who received two Gold Keys  
 Senior **Madalyn Simopoulos**, who received a Gold Key and an Honorable Mention.  
 Junior **Saga Hart**, who received a Gold Key, two Silver Keys and two Honorable Mentions  
 Junior **Lauren Steinberg**, who received a Silver Key  
 Junior **Faelen Kinsella**, who received an Honorable Mention

### Those receiving Writing Awards include:

Senior **Lydia Branson**, who received a Gold Key, three Silver Keys and two Honorable Mentions  
 Sophomore **Sage Evans**, received a Silver Key  
 Sophomore **Caroline Straw**, received a Silver Key  
 Sophomore **Jessica Thayer**, received two Gold Keys  
 Freshman **Madeleine Turgelsky**, received a Gold Key  
 Exchange student, from Ukraine, **Alla Kapushchak**, received an Honorable Mention  
 7th grader **Gideon Straw**, received an Honorable Mention

Although the Art Awards continue to be administered by Maine College of Art & Design, and thus are Maine-specific, over the last few years the Writing Awards have transitioned from being Maine-specific to a regional award, representing Maine to Washington D.C., and this year, with a further expansion, for the first time as part of the Region-at-Large East Writing region. The current region stretches from Maine to as far south as at least North Carolina, and includes any areas within this region that lack Affiliate Partners.

Despite that expansion, producing so many more entries, Cape Elizabeth students continue to win awards in writing, including multiple Gold Keys.

Recognition also goes to the Cape Elizabeth School Department faculty who supported those participating students, including CEMS teacher Alison Hawkes and CEHS teachers Lisa Melanson, Win Philips, Erin Hill and Lauren Tarantino.

## Judy’s Pantry- a community feeding itself

Please note that our hours of operation have changed.

We operate at the Cape Elizabeth Methodist Church on the second and fourth Tuesdays of each month from 3-5 p.m.

Prior registration is necessary. Please contact Beth Owens: bethowens1@gmail.com.

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# News from the School Board

By Elizabeth Scifres

The FY24 school budget was presented to the School Board on January 24, 2023. This is the beginning of the budget process at the School Board level, but it is the culmination of months of work by the Superintendent, the Business Manager, building principals and directors who build their budgets from the ground up based on the needs of our students and the goals of our district. This next phase of the process includes scrutiny of every program, position and project.

Subsequent budget workshops will include intensive Q&A, topical discussions on how/why we staff our schools the way we do, CIP and maintenance needs, updates on state funding and insurance costs.

After all updates and changes are made, the final version will go to the School Board for approval in April, to a Town Council vote in May and ultimately to the citizens of Cape Elizabeth for validation in June. Upcoming budget workshops:

- February 28 at 6:30 p.m. in the CEHS Library
- March 7, at 6:30 p.m. in the CEHS Library
- March 21, at 6:30 p.m. in the CEHS Library
- March 28 at 6:30 p.m. in the CEHS Library

All budget workshops are open to the public, recorded and posted on the school department website.

In January, the School Board and Town Council voted to establish a new School Building Advisory Committee (SBAC) – a joint ad hoc advisory committee established to assist them in their respective responsibilities for development of a school building project and funding plan.

The SBAC will be made up of two School Board members, two Town Councilors and five members of the public. The superintendent of schools and town

manager will be non-voting members and will be joined by other advisors as needed.

Next Steps: The Joint Appointments Committee – made up of three school board members and three town councilors – received twenty-six applications from community members for the five available spots on the new School Building Advisory Committee (SBAC).

Sincere thanks and appreciation are extended to everyone who took the time to meet with the Appointments Committee. There was an extraordinary range of professional and personal backgrounds reflected in the applicant group including construction, education, finance, health care and architecture. There were those whose families have lived here for generations as well as those who have moved here to put down roots within the last few years. There were parents of children not yet in school, in school and with grown children.

Every applicant brought a thoughtful and unique perspective to this process and it would have been wonderful to include and accommodate all of the knowledge, expertise and commitment to community. Our criteria for selecting this group included relevant professional expertise, communication skills, availability for the duration of the anticipated committee work, and understanding of the charge and scope of work of the new SBAC.

Ultimately, five applicants were chosen who brought a diversity of professional and personal perspectives to the next phase of this project. The hope is that the deep expertise coupled with fresh eyes on the challenges facing our school buildings will move us to a solution that a majority of the town can support. With all members in place, the initial meeting of the School Building Advisory Committee will be on Thursday, February 16

at 6:30 p.m. in the Cape Elizabeth Middle School.

# Cape Elizabeth Lions Club 2022 in review

The year 2022 saw the Cape Elizabeth Lions Club recovering from the pandemic. The club used an aggressive fund-raising schedule to allow for making up lost revenues which supports their various charitable commitments.

The only way this could be accomplished was by local community support. Here is an overview of what took place and how the money was spent.

Dinner events have been a historical activity for the Lions. In 2022 we hosted two chicken dinners, two spaghetti dinners and a lobster dinner. All of these dinners were sellouts. But our most successful event and largest revenue provider is Family Fun Day which the Lions have been involved in for over 20 years. Lion Mark Fleming again chaired the town organizing committee and was supported by several Lions volunteers. Mark would like to add diversity to the committee and welcomes any non-Lion members to join. If any Cape Elizabeth citizens are interested, they should contact Mark using the Lions Club Facebook page. The town of Cape Elizabeth has approved the funding for this year's Family Fun Day, to be held on June 17.

The Lions are proud of their relationship with the Cape Elizabeth/South Portland Rotary Club. The two organizations support one another throughout the year. In 2022 the Rotary sponsored a Fireworks display in February with the Lions Club providing traffic control and parking. As part of their ongoing partnership the Lions are providing breakfast for the Rotarians Winterfest celebration.

A new program for the Lions is a custom designed hat with a logo of the Fort Williams headlight designed by Cape Elizabeth artist Christine Phillips. The hats are on sale in the lobby of the IGA, Fort Williams Gift Shop and Beach to Beacon registration event. As a result of community support throughout the year, we were able to create four new scholarships for Cape Elizabeth seniors pursuing additional education in the PATH Vocational and Technical Skills program. The \$500 scholarships will be given out at the high school awards program. These are in addition to the Lions two \$1,000 scholarships for deserving Cape Elizabeth seniors pursuing four-year degrees. Students who are interested should apply at the high school counseling office.

Of the 14 charities and 6 scholarships

supported by the Lions, one of the most closely aligned to the Lions mission is "food insecurity." The Cape Lions has supported Judy's Pantry which the club provides a financial contribution and runs a food drop box in the lobby of the IGA store. The local IGA has been extremely supportive of this and many other fund-raising activities. Jordan's Farm has supported many of the dinner events by providing produce at no cost. The newest venture was teaming with the Anthem employees in support of the "Locker Project," which is part of the Alleviating Hunger Project. The local Lions received a grant from the Lions International to support this event; it was the only Lions club in Maine to receive a grant.

The Cape Lions Club House on Wheeler Road has been used by many local organizations. Boy Scouts Troop 30 and the associated Club Scouts Troop which are sponsored by the Lions use the building for their weekly meetings. During 2022, resident Susan Poulin started a Senior Exercise Class and used the club house for the program. All proceeds from that activity she donated to the Cape Lions. The building is available for rental.

Other activities included marching in the town's Memorial Day Parade displaying the regimental American flag. Many years ago the Lions club donated property that became the Lions baseball field and is now managed by the town of Cape Elizabeth and the Cape Little League organization. A 2022 activity was to replace the Lions Field sign with a new one.

This year the Cape Elizabeth Lions Club officers are: Colette Howe as Club President; Max Rea, 1st Vice President; James Hewes, 2nd Vice President; Liz Huebner, 3rd Vice President; Mark Fleming, Secretary; Richard Brooks, CPA Treasurer. Board Members at large are Rich Daniels, Charles Catroppo, Keith Rodda, Carolyn Vetro and Roger Bishop Ex-Officio past president.

Interested new members are welcome to attend a Lions meeting on the first and third Tuesday evenings of the month or see Cape Elizabeth Lions Facebook page for membership details.

If you would like to be a member of an organization whose motto is "We Serve," please contact Club Secretary Mark Fleming on their Facebook page for a membership application. It is a great way to serve the community.

## Wish List

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# Vehicle passes school bus; possible bat/human contact reported

Reported by Debbie Butterworth

### PUBLIC INFORMATION

- 1-20 Two officers responded to a residence in the Spurwink Avenue area for a harassment complaint.
- 1-25 An officer met with a family member in the Broad Cove area who was trying to purchase an item on the website Mercan (similar to E-bay). He texted the seller who asked for his home address. He was concerned about this as he was trying to purchase the item through the website rather than provide the seller with his home address. The potential buyer then asked how he was going to pay for the item if he was not connected to Mercan, and told the seller he was unable to use the payment apps suggested and apologized for wasting his time. The seller then texted that he would kill him and his family and made other threatening statements. The victim never released any identifying information to the seller but was concerned about the threats.
- 1-26 An officer met with a resident of Fowler Road who had received a delivery from a private company. The complainant reported that the driver was never seen but the package was fine. A short time later, the complainant received a threatening message from the driver and wanted to report it.
- 1-27 Two officers responded to a location in the Spurwink Avenue area for a well-being check.
- 1-30 An officer met with a school bus driver

who reported that a vehicle passed him while discharging students at the intersection of Ocean House Road and Pleasant Valley Road. He was able to obtain a license plate to help identify the driver.

- 2-3 Two officers responded to a residence in the Shore Road area for a well-being check.
- 2-5 Two officers responded to a residence in the Spurwink Avenue area for a harassment complaint.
- 2-6 An officer responded to a residence in the Shore Road area for a possible bat/human contact. The bat was transported to the state lab for testing.

### SUMMONSES

- 1-28 Auburn resident, speeding (65/45 zone), Route 77, \$230
- 1-28 Falmouth resident, inspection sticker, Route 77, \$148

### ACCIDENTS

- 1-17 Mary Peltzer, accident on Bowery Beach Road
- 1-23 Charles Catropro, Edward Simpson, accident on Ocean House Road
- 1-26 Michael Sawyer, single car accident
- 2-2 Amber Moore, accident on Ocean House Road

### FIRE CALLS

Fire calls: 27; EMS calls: 40

# Scam alert bulletin board

### ID Theft Protection Awareness

February has been designated with an "Identity Theft Awareness Week." It's a good time to think about a sobering reality: your personal information has most likely already been stolen. Many entities have our personal information – credit card and bank account numbers, Social Security numbers, and health-related information – and data breaches have exposed it. So, what can we do to protect ourselves after the fact?

Here are three steps to protecting yourself against identity fraud:

- 1) Place a security freeze on your credit accounts with the three main credit bureaus so no one can open a new credit line in your name.
- 2) Establish online access to your financial accounts and monitor them regularly; you can typically set up text alerts for activity on these accounts.
- 3) Use unique passwords for every online account; consider purchasing a password manager that creates complex passwords and stores them securely.

### The Facts on Two Factor Authentication

One way to protect yourself from identity thieves is by opting into two-factor authentication. This means that to log in to a given site, you enter your password, and then are prompted to enter an authentication code. You either receive the code via text, phone,

or email, or you use an app that generates the code. Once you enter that code, you are able to log in. This additional layer of security is meant to protect you in case a criminal has your login information. But like other protections, scammers have found a way around it. Credit reporting company Experian warns that scammers are using bots — automated programs — to convince people to share their two-factor authentication codes. The bot makes a robocall or sends a text that appears to come from a legitimate entity, like your bank. It asks you to authorize a particular charge, and if you didn't recognize the charge, to enter your authentication code. In reality, the bot is trying to log into your account, but it needs that code to break in. Two-factor authentication codes work as intended, but if a criminal is able to convince you to share it, it has no value. Anytime you are prompted by an unsolicited communication to share a recently received authentication code, it's a scam. Change your password for that account ASAP.

Report scams to local law enforcement. For help from AARP, call 1-877-908-3360 or visit the AARP Fraud Watch Network at [www.aarp.org/fraudwatchnetwork](http://www.aarp.org/fraudwatchnetwork). Be a fraud fighter! If you can spot a scam, you can stop a scam.

# Let's talk recycling

By Cape Elizabeth Recycling Committee

A monthly feature on recycling brought to you by the Cape Elizabeth Recycling Committee. Email your questions to [jay.reynolds@capeelizabeth.org](mailto:jay.reynolds@capeelizabeth.org).

### Q. What happens to the food waste that's left in the green bins at the Transfer Station?

A. A company called Agricycle picks up our food waste and uses it to generate renewable energy. Microorganisms in their anaerobic digestors break down the food waste and produce biogas, a mixture of methane and carbon dioxide. That methane can be isolated and used like natural gas. The leftover solids are used as commercial fertilizer or livestock bedding.

The town pays for this service, but because food waste is so heavy, we offset the cost by paying for fewer tons of garbage. We break even financially, but it's a net benefit for the environment – and

Cape Elizabeth residents have embraced the program. In 2022, we diverted 114 tons of food waste from the garbage stream, up from 46 tons diverted in 2019!

The EPA estimates that 40 percent of food produced for human consumption in the U.S. is wasted every year, and food waste is estimated to make up 18-25% of the total waste stream.

In addition to the food waste bins at the Transfer Station, residents can practice home composting or sign up for Garbage to Garden curbside composting. Usable food can be donated to Judy's Pantry using the collection bin at the IGA or passed to a neighbor through the town's Buy Nothing group on Facebook.

You can also learn more about food waste issues at the University of Maine's Food Rescue MAINE effort at [umaine.edu/foodrescuemaine](http://umaine.edu/foodrescuemaine).

Want more news about recycling? Follow "Cape Elizabeth Recycling Committee" on Facebook.

# AARP offering six-week virtual session 'stops'

Do you ever get the feeling that no one's really listening to you? Well, that's about to change.

As we move into this new year of 2023, AARP Maine wants to hear what you have to say about things like housing, heating and health. These, and a host of other issues and ideas, which are of import to all Mainers age 50+, are the things which are important to us.

With that in mind, beginning the evening of Monday, February 20, and continuing for the next six weeks, AARP Maine volunteers and staff will be hosting a Virtual Listening Tour. Conducted over Zoom, our virtual session "stops" range from Maine's Southern Coast to its

Northern Tip. We invite you to visit our website [www.aarp.org/me](http://www.aarp.org/me) to find when we will be visiting your area, and to register to participate.

As we collectively engage in clarifying the questions and concerns we face, and crafting creative solutions on behalf of ourselves and those we care about, we want to add your voice. To do that we must first hear and listen to what you have to say.

Come join us; let's talk, let's listen.  
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# News from the Cape Elizabeth community gardens



Contributed photo

For those interested, the Cape Elizabeth Community Gardens may have some garden plot vacancies this season.

Greetings and happy winter from the Cape Elizabeth Community Gardens at the Gull Crest Fields and Maxwell's Farm.

This upcoming 2023 garden season we possibly will have some garden plot vacancies.

If you are a Cape Elizabeth resident who is a new or experienced gardener and is interested in growing fresh organic produce at one of the beautiful Cape Elizabeth Community Garden locations, please send your name, mailing address, phone number and e-mail address to Rachel Stamieszkin at [smok77@maine.rr.com](mailto:smok77@maine.rr.com). Please also indicate if you have a preference for either the Maxwell or Gull

Crest location.

Your name will be added to the wait list in the order in which your e-mail, with complete information, is received.

Gardeners use organic methods, and in addition to tending their own plots, spend additional hours during the season on general garden duties. In each garden, vegetables are grown in several plots for the Maine Harvest for Hunger program. Produce goes to Judy's Pantry, serving Cape residents with limited resources, and named in memory of Judy Simonds, one of the garden founders.

For more information, please visit Cape Community Gardens ([google.com](http://google.com)) or call Rachel at 767-3603.



Contributed photo

The Cape Elizabeth Community Gardens at Maxwell's Farm.

# CEEF grant sparks hope at CEMS



Contributed photo

Through a CEEF student-led grant, Rachel and Ryan Adams joined forces with the students at CEMS to create an original mural at Cape Elizabeth Middle School.



Contributed photo

The CEEF student-led grant was originally the idea of then 8th graders Addison Young and Oliver Ames.

CEEF student-led grants are always impressive, but one in particular brought joy and the inspiration of art to the entire middle school. Originally the idea of then 8th graders Addison Young and Oliver Ames along with art teacher Marguerite Lawler-Rohner, acclaimed artists Rachel and Ryan Adams joined forces with the students at CEMS to create an original mural which brought energy and creativity to the walls of the middle school. The mural was intended to bring art into the lives of students and the school in a meaningful and enduring way.

Rachel and Ryan Adams came to CEMS for two weeks before painting the mural, working directly with students in 5th through 8th-grade art classes. Working with the artists was a wonderful experience for teachers and students. Rachel and Ryan hit it off with the students immediately, engaging in a friendly and meaningful way about the creative process as well as diversity and minority representation in art. Middle schoolers

were able to get first-hand experience with the entire design process for the project. Students learned that the art processes they learn in school are the same as used by a working artist, and how important concepts from science and math are to the creation of art.

The final design for the mural, an abstraction with the hidden letters CEMS, was the culmination of collaborative art-making and conversations with students. Josh Chase, 6th-grade teacher, saw the benefits of student involvement in the design process. "I think it is important for students to experience how artists started and developed their project, from brainstorming to completion. Working with the artists and seeing them work daily made the experience more intimate. Students and teachers would sit and watch the artists paint. It was amazing!"

The creation of the mural has had an incredibly positive impact on the school community as a whole, fostering connections, brightening spirits, and creating a bright spot (pun intended) at CEMS. The artists were available at all times, and students and staff saw professionals working first-hand. The fifth graders even serenaded the artists with songs while they painted. 7th-grade student Alex Zintchenko noted, "I think it was cool that we got to see professional artists give our school a splash of color. I liked the way it made everyone happy, and they were all excited to see it."

When asked about the project and its impact on the schools, Ms. Lawler-Rohner shared, "It was very exciting for me to see how receptive the whole school was to the experience... This project was more ambitious than anything else we have experienced before. The project lifted the whole school out of the malaise of post-Covid life. The experience infused the school with lightness and happiness that we all needed... The mural gave us all hope."

The creativity of our students, educators, and community is truly inspiring, and we at CEEF are proud to help fund innovative grants that support Cape teachers and students. Funding these grants would not be possible without the charitable contributions that CEEF receives each year. Visit [www.CEEF.us](http://www.CEEF.us) to learn more, donate, and get involved.



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# Local business spotlight: Nicole Elise Jewelry

By Marta Girouard



Contributed photo

Nicole Souter with her daughter Elise. After almost 20 years of working in the jewelry industry, Souter started her own jewelry business in 2021, Nicole Elise Jewelry.

Cape Elizabeth resident Nicole Souter is the owner of Nicole Elise Jewelry, which offers a unique selection of antique, vintage, upcycled and custom jewelry.

Souter got her first taste of working in the jewelry industry at 18 years old. She accepted a job at an antique store in the Old Port that had a small jewelry section. “What really drew me into the business was the historical aspect...seeing the influences of what was happening in the world and how that directly affected fashion and jewelry. The craftsmanship is incredible and almost like a lost art. I did not come across two pieces that were

identical and that sucked me in.”

Eventually, Souter accepted a position at a jewelry store on Exchange Street, where she worked for 14 years. Here she got her hands on books and read as much as she could about antique pieces. “Being in that store, I was able to sit down and identify what they were based on what I learned,” she said. “You can tell if something is antique once you’ve been exposed to it for a while.” In addition to immersing herself in the jewelry business, Souter met Paul Duchesne, who

she considers a mentor and friend to this day. She credits Duchesne with introducing her to the back end of the business and supporting her through every step of her career in the jewelry business. Souter completed her certification to become a GIA (Gemological Institute of America) Diamond graduate in 2009.

In 2019 Souter gave birth to her third child, Elise, and after her maternity leave felt she needed a change. She left her current position and started working from home editing websites. Then Covid happened. Out of the blue, Souter began receiving phone calls from former customers. She started creating custom engagement rings as a side business and from there, realized that this was maybe something she could do on her own. “I love working with my clients, meeting new people. I love listening to their wants and needs; it’s what feeds my soul,” said Souter. In July 2021, she transitioned to fully focus on Nicole Elise Jewelry and in the past year and a half, her business has taken off. “One of my favorite things about doing this on my own is that I get to call the shots. I’ve made mistakes but I’m learning and I get to decide how to handle it.”

Souter has an Etsy shop, <https://www.etsy.com/shop/NicoleEliseJewelry>, but she primarily sells jewelry through so-

cial media, specifically on Instagram: @nicoleelisejewelry. According to her, this is a newer but evolving business model approach in Maine. She hopes to have her own website up and running within the next year and Souter’s five-year vision for her business is to have a small office space where customers can come in, look around and try pieces on.

In addition to creating custom pieces, Souter upcycles and converts vintage or antique pieces such as brooches or stick pins by turning them into pendants or rings. She also does sizing and repair work. The biggest challenge of being in the business, according to Souter, is bringing the ideas she’s created in her mind to reality. Once a week she travels to Boston to work with bench jewelers who help bring these designs to life.

As a second generation Capers, and as a mom of three, “Cape is home,” Souter said. “What’s not to love? I love our proximity to everything.” One way she incorporates these strong local ties is by posting a picture each day to her Instagram page which she calls “a daily dose of Maine.” Whether it’s a picture of one of the many scenic spots in town, or an ocean shot contributed by her partner, who is a fisherman, it’s her way of blending her love of jewelry with her love for Maine.



Contributed photo

A collection of antique rings offered by Nicole Elise Jewelry. Jewelry has to be 100 years or older to be considered antique.

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# CEHS seniors named candidates in U.S. Presidential Scholars Program

Charlotte DeGeorge and Ainsley Fremont, graduating seniors at Cape Elizabeth High School, have been named as two of more than 5,000 candidates in the 2023 U.S. Presidential Scholars Program. These candidates were selected from nearly 3.6 million students expected to graduate from U.S. high schools in the year 2023.

Inclusion in the U.S. Presidential Scholars Program is one of the highest honors bestowed upon graduating high school seniors.

Scholars are selected on the basis of superior academic and artistic achievements, leadership qualities, strong character and involvement in community and school activities.

The U.S. Presidential Scholars Program was established in 1964 by Executive Order of the President to recognize some of our nation's most distinguished graduating seniors for their accomplishments in many areas: academic success, leadership, and service to school and community.

It was expanded in 1979 to recognize students demonstrating exceptional scholarship and talent in the visual, creative, and performing arts. In 2015, the program was expanded once again to recognize students who demonstrate ability and accomplishment in career

and technical fields.

Annually, up to 161 U.S. Presidential Scholars are chosen from among that year's senior class, representing excellence in education and the promise of greatness in America's youth.

A distinguished panel of educators will review these submissions and select approximately 600 semifinalists in early April. The Commission on Presidential Scholars, a group of up to 32 eminent citizens appointed by the President, will select the finalists and the U.S. Department of Education will announce the Scholars in May.

U.S. Presidential Scholars are honored for their accomplishments during the National Recognition Program each June. To commemorate their achievement, the Scholars are awarded the Presidential Scholars Medallion.

Charlotte DeGeorge is the daughter of Mara DeGeorge and Alan DeGeorge, and Ainsley Fremont is the daughter of Kerriann and Oliver Fremont, all of Cape Elizabeth.

For more information about the U.S. Presidential Scholars Program, parents and students can email the U.S. Presidential Scholars Office at [PSP@scholarshipamerica.org](mailto:PSP@scholarshipamerica.org) or call 507.931.8345.



Contributed photo

Charlotte DeGeorge



Contributed photo

Ainsley Fremont



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**Tuesday, February 28 - Maine Restaurant Week Kick Breakfast Cook Off Fundraiser**  
Chef Brown joins Maine's breakfast champions to cook up a Sea Glass breakfast favorite in this fundraiser for Preble Street. Held at Sea Dogs Brewing Co., South Portland, 7am-9am. Tickets available at: [MaineRestaurantWeek.com/events](http://MaineRestaurantWeek.com/events)

**March 1-12 - Maine Restaurant Week**  
Chef Brown's delectable three-course dinner. \$55.00 per person. View the entire menu at: [SeaglassMaine.com/dining-menus](http://SeaglassMaine.com/dining-menus)

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# Local author pens latest novel, titled ‘The First Wife’

By Kevin St. Jarre

Cape Elizabeth resident and author Muna Shehadi, has written a new standalone novel titled “The First Wife.” Shehadi said she has a published series of books, a trilogy called “Fortune’s Daughters,” about three daughters of a famous movie star, who find out twenty years after her death that she couldn’t have children. However, “The First Wife” is about a woman who attends the funeral of her beloved ex-husband, convinced he’s still alive.

Shehadi said, “All my ideas start the same way, with an out-of-the-blue ‘Hey, what if . . .’ that gradually expands into a book.”

When asked who her intended audience is for the new book, she said, “Anyone who loves to read stories with lots of emotion, humor, a bit of mystery and which won’t make them want to hang themselves.”

As for how Shehadi found herself writing books, she said, “I trained to be a classical soprano. But I got my start writing romance at age thirty-five when I was bored staying home with my firstborn. I published quite a few novels—about three dozen—for Harlequin under a pseudonym. It was a huge gift being paid while I wrote and wrote and kept learning. Eventually, other types of stories started calling me, and I left the romance genre in 2016 and haven’t looked back.”

She writes with a strong voice. Shehadi said, “Friends who read my books are always amused at how much they sound like me, which shouldn’t be that surprising, given that I wrote them. Humor, certainly—mine tends toward wry sarcasm. I often use sentences that forgo strict rules of structure in order to reflect the mood or emotion of the moment. That sort of thing. Nothing I invented.”

When the writer was asked about authors she admires, she said, “I read so much that I very seldom am able to read the same writer more than once, so I’m not sure I can give that a fair answer. Geraldine Brooks springs to mind. I’ve read a few of hers. I’m reading “Cloud Cuckoo Land” right now, by Anthony Doerr, and it’s brilliant. But there are so many things to admire in so many authors, a different day would give you a different answer. My brain is very bad at what’s-your-favorite questions. It doesn’t seem to work that way.”

Shehadi said she writes at home in her upstairs office at an antique slant-top writing desk passed down through her mother’s family. “If I’m really stuck and can’t just

walk away from the problem to let it work itself out, changing rooms can help. No idea why. Knock wood, that rarely happens,” she said.

Asked about her characters, and if there was a favorite supporting character in her novels, she said, “[M]y favorite non-protagonist characters are usually the ones who are the most outspoken, and who tend to put people off, but at crucial moments reveal that they’re not all bad, maybe just self-centered, a bit clueless, or protecting themselves behind an armor of don’t-touch-me bravado. It’s a really fun balance to portray.”

Many authors long for a writing retreat, a place to get away and have the time and space to create. For Shehadi, she said, “If I went anywhere wonderful, the last thing I’d want to do is work! I suppose someplace beautiful but boring, like a deserted beach somewhere not too hot. I hate heat! A cabin in the mountains might work, but then I’d want to go hiking.”

If offered a magic wand to solve writing challenges, Shehadi said, “. . .my biggest weakness is description—of houses, rooms, furniture, and character actions. Like how do you succinctly describe that thing someone does where they put out their hands to the side with their palms up, elbows bent and make this noise that sounds sort of like a raspberry but isn’t . . . you get the idea. Dialog comes easiest to me, which is probably why my books have lots of talking. Unfortunately, if the hard parts were filled in by magic, I’d probably just feel lazy and guilty. That’s sort of sad.”

Of living in the community, Shehadi added, “My husband and I moved to Cape Elizabeth last June from Wisconsin and are utterly besotted with this place. My family has owned property Downeast since the 1950s, so I’ve always loved that part of Maine, and always wanted to live closer, but we’re really thrilled to be in the Portland area.”

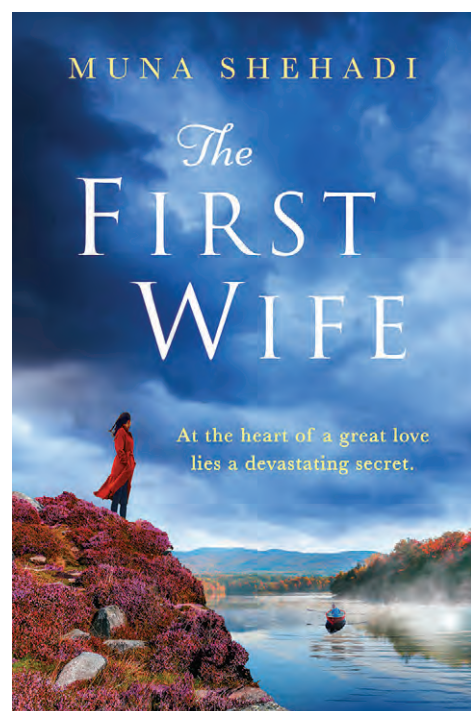
Shehadi’s latest book, “The First Wife,” is in all the local bookstores. It is also available, along with the “Fortune’s Daughters” trilogy, online.

The author’s website is [www.MunaShehadi.com](http://www.MunaShehadi.com), and she can be followed on Facebook, Instagram and Twitter, as MunaShehadi, where, she said, “I post truly boring things whenever I remember.”



Contributed photo

Cape Elizabeth resident and author Muna Shehadi has written a new standalone novel titled “The First Wife.”



Contributed photo

“The First Wife” is about a woman who attends the funeral of her beloved ex-husband, convinced he’s still alive.

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# Capetoon: Rink conditions

By Jeff Mandell



# Garden Tour to be held on July 15



Photo by Stephanie Taylor

Bright perennials at a private residence featured on the 2021 Garden Tour.

The 11th Cape Elizabeth Garden Tour featuring ocean views, pollinator gardens, beautiful stonework and more will be held this year on July 15.

Proceeds benefit the Friends of Fort Wil-

liams Park, a 501(c)(3) nonprofit whose work preserves and enhances the natural resources and visitor experience of the park through the Ecology Project. The Friends' ongoing stewardship includes the maintenance of the Children's Garden and other sites, tree and shrub plantings along the Cliff Walk, and increasing the diversity of native plants.

Tickets will be available for sale in early spring. Sponsorship and advertising opportunities are available; please contact Jennifer ([jscarpitti@fortwilliams.org](mailto:jscarpitti@fortwilliams.org)) for more information. If you are interested in volunteering, please contact the Friends at [gardentour@fortwilliams.org](mailto:gardentour@fortwilliams.org).

The Friends invite you to visit, tour and enjoy wonderful landscapes offered for viewing by generous residents in the community. Mark your calendars for July 15!

## Crosstown winter walk with CELT

Join CELT education team member and Maine Master Naturalist Amy Witt and CELT Stewardship Committee member Hans Hackett for our winter Crosstown Walk.

Beginning at Kettle Cove State Park, this walk will traverse over seven miles of both town of Cape Elizabeth and CELT trails highlighting Cape's great places. The walk takes approximately four hours and includes a BYO lunch stop with hot beverages at the CELT Office. Hikers will meet at Fort Williams Park and carpool to Kettle Cove.

Participants should be 12 years or older; please call CELT about younger ages. Please make sure to register at least 48 hours in advance so we can inform you about any trail conditions or weather changes. This trail can be icy this time of year, so please be prepared with ice traction.

Date: Saturday March 4 10:00 a.m. - 2:00 p.m.

Fee: \$6 per person

Location: Meet at Fort Williams (the tour bus parking lot)

Register with Cape Community Services Program # 233-156 at [www.capecommunityservices.org](http://www.capecommunityservices.org)



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# Local birding report

By E. Brooks Bornhofft

On the coldest day of February I went searching for Snow Buntings, Horned Larks and elusive Lapland Longspurs. Far from the treeless arctic habitats from which these ground dwellers call home, all three “open-country” species can be found in Cape during the winter months but are incredibly easy to overlook as they forage for grass and flowering-plant seeds in open fields, shorelines, roadsides, and plowed croplands. Although I did not find any arctic wanderers that day, I did spot an adult Bald Eagle soaring along Crescent Beach State Park and a single Common Raven headed out to hunker down on Richmond Island for the night.

Additional notes from the last two weeks include: on February 5 while walking along Jordan Farm Road I heard a Great-horned Owl calling briefly from somewhere within the evergreen forest along Hannaford Cove Road. The owl’s call was more of a soft cooing sound, quite similar to that of a Mourning Dove.

On this same day within Kettle Cove a solitary Northern Mockingbird was guarding his Winterberry throne and as the sun was setting I spotted six Brants foraging on the falling tide for eelgrass and aquatic vegetation. These handsome mid-sized, short-legged geese are long distance migrants down from their breeding grounds in the central Canadian arctic. This small flocks guttural crrronk and ruk-ruk calls caught my ear and for a moment my mind wandered to a wilder place far from here. No other goose breeds further north than the Brant.

Also, on February 11 I caught sight of two male Northern Flickers in my backyard engaged in a ritualized dance display which included bill “fencing,” loud “wicka wicka” calls and flicking and flashing of wings and tails which exposed their exquisite yellow flight feathers. I also recently learned that the northern flicker has an oversized tongue that can extent up to two inches past the tip of the bird’s beak. Later on that day I spotted my first Common Grackle of the season perched atop a Maple tree in Gull Crest.

The following day in Two Lights State Park I came across a Hermit Thrush in one of the denser thicket areas and observed three Harlequin Ducks working the rough water along the rocky coastline. Just offshore I spied several Buffleheads, a Horned Grebe and a deep diving Black Guillemot. Red-

breasted Nuthatches, Golden-crowned Kinglets and Brown Creepers were abundant in the park’s forested sections.

In other related news, a bird that has been lost to science since 1882 was recently rediscovered by the Search for Lost Birds expedition team on Fergusson Island within the Papua New Guinea archipelagos. The team spent a month searching for the bird on an extremely rugged and densely covered geothermal island. The team leveraged indigenous hunters’ historic knowledge of the bird and also deployed camera traps. On the second to last day before scientists were scheduled to depart the island, a Black-naped Pheasant Pigeon was caught on one of the remote cameras walking around and fanning its tail. As this bird has significant cultural importance to the indigenous peoples of the island, their discovery of it was very important. Scientists plan to return to the island to try to better understand how many Pheasant Pigeons still exist and what role this bird plays in the island’s ecosystem.

Speaking of pheasants, growing up in New England I fondly recall hearing the rooster like crowing of Ringed-neck Pheasants at dusk. According to Peter Vickery’s Birds of Maine, the first pheasants likely appeared in southern Maine in the late 1800s from release sites in Massachusetts. Native to East Asia, this species was first introduced into the state in 1930 by Maine Department of Inland Fisheries & Wildlife and have not been able to establish breeding populations in Maine due to the increase pressures of predation, scarcity of standing grain crops for winter foraging and winter cold and snow cover. Ring-necked Pheasants prefer agricultural fields and early succession forests or “open woods.” Vickery goes on to say that “areas with sustained populations of Ring-necked Pheasants tend to be offshore islands with limited terrestrial predators and repeated stocking efforts such as on Monhegan Island.” In 2022 there were thirteen sites across Maine stocked with Pheasants for hunting, the closest locations being in Scarborough and Gorham. Each site receives about thirty pheasants, and they stock these sites several times each in the early fall. In 2021 there were three more sites that have since been removed from the state list due to land acquisition and subsequent development.

# Nature scene around town

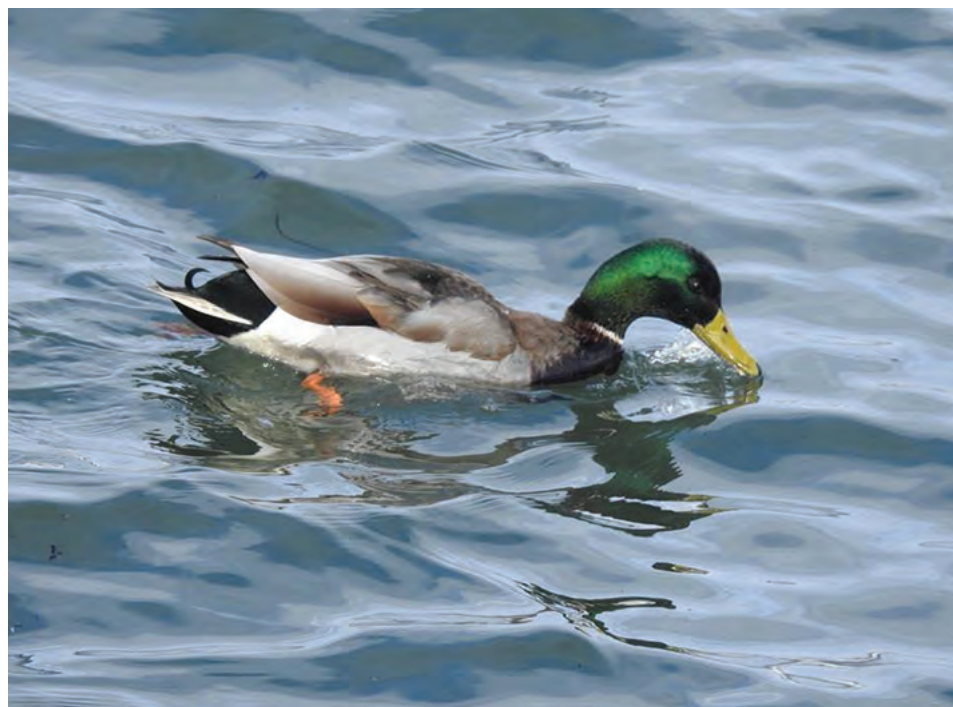


Photo by Martha Agan

Mallard duck, perhaps looking for its next meal.



Photo by Martha Agan

Deer foraging under the snow.



Erin Haber

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# TML offers sculptural lantern workshop, nature programs

## Library and Town DEI Committee Seek Volunteers to be Human Books

The Thomas Memorial Library and the Town's Diversity, Equity, and Inclusion Committee are partnering to offer a Human Library® event this fall, at which library visitors will have the opportunity to read a Human Book.

The Human Library Organisation, a non-profit founded in 2000 in Copenhagen, Denmark, provides a safe framework for personal conversations that can help to challenge prejudice, reduce discrimination, prevent conflicts and contribute to greater human cohesion across social, religious and ethnic divisions. The Human Library is based on the idea that we all carry prejudices and that we all judge. A Human Library event offers people the opportunity to have a conversation with someone who belongs to a group in society that has experienced stigma, stereotyping, or prejudices.

For the planned fall event, the Thomas Memorial Library will transform its Community Room for one day into a special dialogue room, where taboo topics can be discussed openly and without condemnation—a place where people who would otherwise never talk find room for conversation. Real people from Cape Elizabeth and beyond will be available as Human Books to engage in a 30 minute one-on-one or small group for conversation within the library.

If you feel you belong to a group in society that has experienced stigma, stereotyping, or prejudices, the library and DEI Committee invite you to learn more about the project and consider applying to become a Human Book. The topics relevant for publication include but are not limited to ethnicity, religious belief, gender, mental and physical health, lifestyle, disability, and traumatic experiences. The Human Library® also publish topics subject to heavy taboos, including victims of incest, sexual abuse, domestic violence, or grief-related topics. Human Books will undergo online training with the Human Library Organisation in Denmark and receive support from library staff and DEI Committee members before and during the event. If you think you might be interested in becoming

a Human Book, please visit the library's website to find out more information and fill out an online application.

## Photographs by Claudia Dricot on Display

"In Celebration of Film," currently on the display in the Stier Family Gallery on the library's lower level, features photographs by Claudia Dricot. Although thoroughly immersed in the world of digital photography, Dricot decided to show some of her work of a type that is rarely seen these days: all the photographs in her show have been made on either color transparency (slide) film or black and white negative film. No image has been digitally altered or enhanced; there has been no scanning, and no Photoshop. The black and white photographs are hand-printed silver gelatin prints created in the darkroom, using traditional darkroom techniques. The color photographs are Cibachrome prints—the only process for producing photographic prints directly from color transparency film. You can view the exhibit in the Stier Family Gallery through March.

## PROGRAMS FOR CHILDREN:

For more information and to register for all library events, visit our online events calendar at the following link: <https://www.thomasmemoriallibrary.org/events>.

## Character of the Month

Stop by the children's room to celebrate one groovy feline, Pete the Cat, and discover fun activities throughout the month like our popular scavenger hunt.

Join us for a kick-off story time on Friday, March 3 at 10:30 a.m. followed by a special Pete the Cat craft. Don't forget your white shoes and groovy buttons!

## Read To a Dog

Children in grades K – 6, especially struggling or less-than-confident readers, are invited to sign up for 15-minute time slots to read with a certified therapy dog. Check out the sign-up sheet in the children's room for appointment availability and to "meet" our dogs, or call the children's room for more in-

formation.

## Pete the Cat Story Time

Friday, March 3, 10:30 a.m. (Community Room)

A special storytime celebrating our friend Pete the Cat. We're celebrating him all month long as our special character of the month. Join us for a kick-off story time followed by a special Pete the Cat craft. Don't forget your white shoes and groovy buttons!

## Slime Time Lab @ the Library

Friday, March 10, 1:00-2:00 p.m. (Community Room)

For ages 8+. Who loves slime? We all love slime! Come mix up some gooeey, glittery slime with us and take home a goopy souvenir on this no school day. We'll provide the materials. Register on our website.

## Henna Tattoos

Monday, March 10, 2:45-4:00 p.m. (Children's Room)

What could be more fun than your own unique henna temporary tattoo? They are painless, intricate, and oh-so-cool. Call the children's room to make a reservation, or come by to save a spot on the sign up sheet. Space is limited.

## Dungeons and Dragons Campaign

Wednesdays in March: 1, 8, 15, 22, 29  
2:30-4:00 p.m.

For ages 12+. Adventurers! Meet up and flex your minds and storytelling skills while exploring magical lands and building friendships. This is an on-going, peer led campaign. Sessions will take place every Wednesday during March from 2:30-4:00 p.m. This is a great group for beginners. Rules will be explained as the game is played and character creation workshops will help you connect your character to the world. Spots are limited and registration is required on the event listing on our website.

## School-Age Programs

### Hot Cocoa Club

Mondays in March, 2:30-3:30 p.m. (Big Kid Chill Zone)  
March 6, 13, 20, 27

Come for the Hot Chocolate, stay for the games, read-alouds, and activities. It's something different to kick off each week on a positive note. For tweens ages 11+ and up.

### Lego Club (Ages 5-12)

First Tuesday of each Month, 3:30-4:30 p.m. (Community Room)  
March 7

Come create with Legos at TML's LEGO Club. The library will provide the Legos, you

provide the imagination. Come free build or pick up a challenge card to try something new. Masterpieces will be put on display until the next Lego Club meets. There is no registration for this program; children 10 and under must have an adult present.

## T(w)een Crafternoon Club

Thursdays 3:15-4:15 p.m.

Drop-in for social time for tweens and a creative activity, for ages 11 - 13.

## February

23 - DIY Library Book Tote

## March

2 - Pom pom creatures keychains

9 - Felt pencil toppers

16 - Cat garden terrarium

23 - Button making

30 - Rock and wire photo holder

## #LibrarySquad

Bi-Weekly: First and Third Fridays of each Month, 2:45-3:45 p.m.

March 3, 17

Library Squad is a community of library-loving middle schoolers that meets monthly, and whose opinions, ideas, and help form the foundation of our programming. Library Squad meets after school on the first Friday of each month from 2:45 - 3:45 p.m. at the library.

## Middle School Book Club

Bi-Weekly: Second and Fourth Fridays of each Month, 2:45-3:45 p.m.

March 10: Bring your own book. We discuss whatever we are currently reading.

March 24: Group pick and discussion. Find out the current title & register by emailing Family Engagement Librarian Megan Smith at [msmith@thomas.lib.me.us](mailto:msmith@thomas.lib.me.us).

March 31: Bring your own book. We discuss whatever we are currently reading at this bonus meeting.

## Weekly Programs for the Rest of February

### Art Adventures

Mondays at 10:30 a.m.

Join Kiah for an art activity to kick off your week. For ages 2-5.

### Dress Up and Dance

Tuesdays at 10:30 a.m.

Join us for 30 minutes of moving and grooving to our favorite playlist, special dress-up costumes, and everybody's favorite

-see LIBRARY page 13

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# Library

Continued from 12

bubble song. For ages 2-5.

### Family Story Time

Fun for ages 2 - 5  
Wednesday, Thursday, and Fridays at 10:30 a.m.

Join us for songs and stories, bubbles, and Belinda the Bear.

### Messy Minis! Process Art for Curious Kids

Mondays, 10:30 a.m. (Community Room)  
Let your imagination run wild and join us for Messy Minis time in the Community Room. Let's paint, color, cut, and paste together to make magic. Each week we'll have different supplies out for you to be creative with. Some supplies may be limited, so be ready with your flexible and creative muscles. We can't wait to see what you make! For budding artists ages 2-4 and their caregivers.

### Dress Up and Dance

Tuesdays, 10:30 a.m. (Community Room)  
Join us for 30 minutes of moving and grooving to our favorite playlist, special dress-up costumes, and everybody's favorite bubble song. For dancing enthusiasts ages 2-5.

### Play Date at the Library

Wednesdays, 10:30 a.m.-12:00 p.m. (Community Room)  
Drop-in playtime session for children and their caregivers. This informal program is a fun and engaging way to explore literacy practices along with social and imaginative play. Through play, young children learn about their world. With this knowledge, they can understand books and stories once they begin to read. The Community Room is open for exploration during this time, with special toys and stations while you visit with friends.

### Ready for Reading Club

Wednesday, 1:30-2:00 p.m. (Community Room)  
A special storytime program for children ages 4 and up. Join Miss Martha to enjoy longer stories, fun with music, and a variety of simple early learning games and activities.

### Tiny Tunes

Thursdays, 10:30a.m. (Community Room)  
This inclusive program is for children who are not quite ready for a traditional story time, but love to have fun with friends. Join us for a movement-based program that's a gentle introduction to the routines, songs, and props we use for storytimes, but without the books. Great for curious, wandering wigglers, ages 1-3, and their caregivers.

### Traditional Story Time

Fridays, 10:30 a.m. (Community Room)  
Join us in the Community Room for songs and stories, bubbles, and Belinda the Bear. Geared toward ages 3-5.

### PROGRAMS FOR ADULTS:

For more information and to register for all library events, visit our online events calendar at the following link: <https://www.thomasmemoriallibrary.org/events/>.

### Intuitive and Mindful Eating, with Jill Patterson, RDN

Thursday, February 23, 6:30 - 7:30 p.m. via Zoom  
With all of the diets on the market, it can

be hard to determine what plan is best for you. Learn the principles of intuitive eating, where we let our body be our guide in knowing what types of foods to eat and how much to eat for optimal health and well-being. Join us as we welcome Jill Patterson, RDN, a national speaker and award-winning registered dietitian nutritionist, certified personal trainer and group fitness instructor who specializes in providing wellness education programs that inspire individuals to implement healthy habits. Register for this program on the library's website.

### Sculptural Lantern Workshop, with Marie Ahearn

Saturday, February 25, 10:00 a.m. - 12:00 p.m. in person at the library  
Local artist Marie Ahearn will help participants craft lanterns from wire, reeds, paper and other materials. All materials will be provided. No experience necessary, just a desire to have fun. This workshop is offered as part of our grant-funded Community Art Box project. We are planning to have a Lantern Festival to celebrate the installation of our mini-galleries around the Town Center. Participants in this workshop are invited to bring their lantern to the festival, share it with others, or just keep it at home. This workshop is primarily for adults, but older focused and motivated children and teens are welcome to attend as well. Register for this program on the library's website.

### Nature as My Muse, with Center for Wildlife

Tuesday, February 28, 6:00 - 7:30 p.m. in person at the library and streamed simultaneously via Zoom  
Throughout history, humans have been inspired by nature. This month's Maine Wildlife program offers the opportunity to use the Center for Wildlife's live animal ambassadors as the inspiration for your own creative expression. We'll explore concepts of camouflage and biomimicry and the history of how humans have been inspired by nature. We'll take a look at how to start nature journaling and you'll have the opportunity to start the drawing process right away. Join us as we welcome educators from the Center for Wildlife in Cape Neddick and their fascinating and lovable animal ambassadors who will help us explore the vast variety of wildlife in our state. Register for this program on the library's website.

### The Wonder of Maine's Wildlife, with Ed Robinson

Tuesday, March 14, 6:30 - 8:00 p.m. in person at the library and streamed simultaneously via Zoom  
Join us for an evening of education and celebration featuring some of Maine's iconic and beautiful wildlife. Ed Robinson, avid outdoorsman and writer, returns to the library to deliver his latest presentation featuring stunning images, animal calls, facts and anecdotes about a wide variety of species that make Maine such a special place. If you caught either of Ed's previous programs at TML, you know you're in for a fascinating, fun, and informative evening! Register for this program on the library's website.

### Make Mine a Hypertufa, with Cape Elizabeth Garden Club

Tuesday, March 16, 6:30 - 8:00 p.m. in person at the library  
Spring is (almost) in the air, and the CE Garden Club returns to the library for their monthly speaker series. This month's guest speaker, Marianne Dodge, former president of St. Mary's Garden Club in Falmouth, will present a program on plants to select and grow in hypertufa or other outdoor containers. And if hypertufa planters aren't for you, Marianne will also be speaking about un-

-see EVENTS page 15



Photo by Claudia Dricot

"In Celebration of Film," currently on the display in the Stier Family Gallery on the library's lower level, features photographs by Claudia Dricot.

## // LIVE AND CODE IN MAINE

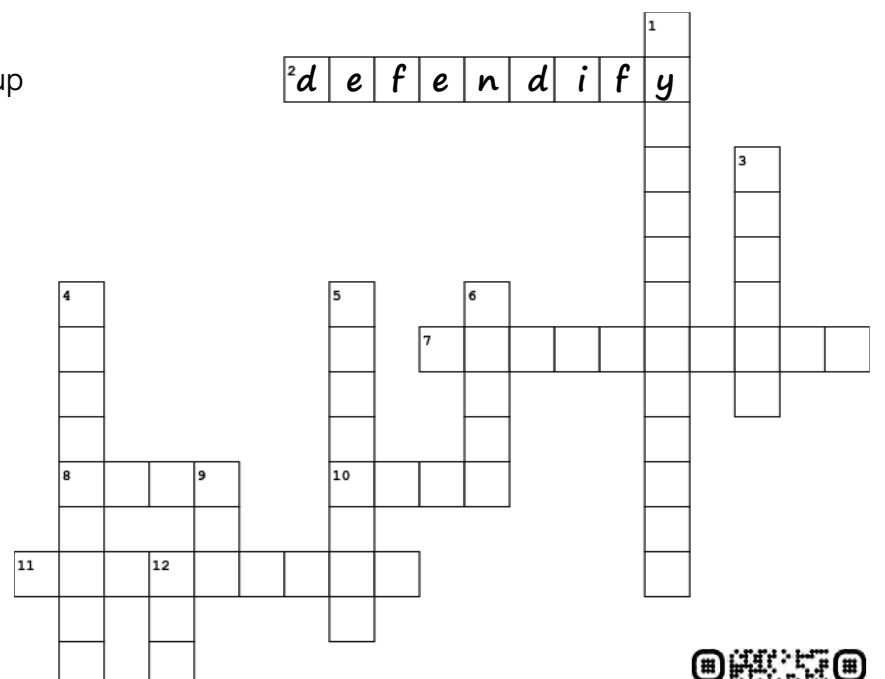
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### Across

2. Award-winning cybersecurity startup headquartered in Portland, ME and currently hiring software engineers
7. Vanilla flavored programming language of choice
8. AKA Software as a Service
10. Modern runtime environment, rhymes with "code"
11. Of type, relational or document

### Down

1. Exciting tech and security sector, directly impacts all businesses
3. Today's flexible workforce; preferred by many
4. \_\_\_\_\_ developer, front to back
5. Software \_\_\_\_\_, solver of problems
6. A great place to live and work
9. AKA Small and Midsized Businesses
12. AKA Application Programming Interface



// ANSWER KEY & TO APPLY

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# CAPE CALENDAR

By Wendy Derzawiec

Please see the town website, [www.capeelizabeth.com](http://www.capeelizabeth.com) for meeting locations

Instructions for joining videoconference meetings listed below will be posted on the town website, [www.capeelizabeth.com](http://www.capeelizabeth.com).

## Monday, February 27

Housing Diversity Study Committee Meeting, 6:30 p.m.

## Tuesday, February 28

School Board Budget Workshop Q & A, Cape Elizabeth High School Library, 6:30 p.m.  
Board of Zoning Appeals, Town Hall, 7 p.m.

## Thursday, March 2

School Building Advisory Committee, 6:30 p.m.  
Recycling Committee, Public Works Department, 7 p.m.  
Organizational Meeting: School Building Advisory Committee, Jordan Conference Room, Town Hall, 8 am

## Monday, March 6

Housing Diversity Study Committee Meeting, 6:30 p.m.

## Tuesday, March 7

School Board Budget Workshop Q & A, Cape Elizabeth High School Library, 6:30 p.m.  
Planning Board Workshop, Jordan Conference Room, Town Hall, 7 p.m.

## Wednesday, March 8

Community Services Committee, Community Center, 5:30 pm

Diversity, Equity, and Inclusion Committee, Thomas Memorial Library, 6 p.m.

## Monday, March 13

Town Council, Town Hall, 7 p.m.

## Tuesday, March 14

School Board Meeting, Town Hall, 6:30 p.m.  
Conservation Committee, Town Hall, 7 p.m.

## Ongoing each week

Al-Anon, Regular meeting 7 p.m. Thursdays, at United Methodist Church, 280 Ocean House Road. Regular meeting 7 p.m. Fridays at St. Alban's Church.  
Alcoholics Anonymous, 2 p.m. Saturdays, First Congregational Church, 301 Cottage Road, South Portland; 7 p.m. Wednesdays, St. Bartholomew Church; 7 p.m. Fridays, St. Alban's Church.  
Cape Elizabeth Historical Preservation Society, 9 a.m.–noon Thursdays, Public Safety Building – when “open” sign is on display.  
Cape Elizabeth Lions Club, 6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road  
South Portland/Cape Elizabeth Rotary Club, each Wednesday at 6:15 p.m. Purpoodock Country Club, Spurwink Avenue. 767-7388.  
Codependents Anonymous (CODA) group at Cape Elizabeth United Methodist Church. Regular meeting weekly on Saturdays at 10:30 a.m. Call 799-4599 FMI.

# SERVICES

## Cape Elizabeth Church of the Nazarene

499 Ocean House Road (Route 77)  
747-1113

[www.capenazarene.org](http://www.capenazarene.org)

Sunday School for all ages: 9:30 a.m.  
Sunday Worship Celebration: 10:45 a.m.  
Services streamed live on demand: [watch.capenazarene.org](http://watch.capenazarene.org)

## Cape Elizabeth United Methodist Church

280 Ocean House Road  
799-8396

[www.ceumc.org](http://www.ceumc.org)

Sanctuary Service: 10 a.m.  
In-person Sunday services 10 a.m. For Zoom services, call 799-8396

## The Church of Jesus Christ of Latter-day Saints

29 Ocean House Road  
799-4321

Sacrament Meeting:

Sunday, 10 - 11:00 a.m.

Sunday School/Primary: 11:10 a.m.-12 p.m.

## The Church of the Second Chance

Greater Portland Christian School  
1338 Broadway, South Portland  
641-3253

Sunday: 10:30 a.m.-12:15 p.m.

## Church of the Holy Spirit

1047 Congress Street, Portland  
874-9779

[www.HolySpiritPortland.org](http://www.HolySpiritPortland.org)

Sunday Worship: 10:00 a.m.

Sunday Adult Bible Study: 9:00 a.m.

Sunday School for children: 10:00 a.m.

Services streamed live on Facebook

Potluck dinner every third Sunday

## Congregation Bet Ha'am

81 Westbrook St., South Portland  
879-0028

[www.bethaam.org](http://www.bethaam.org)

Worship: Friday, 7:30 p.m.

Saturday, 10:30 a.m.

Family Shabbat Services:

Second Friday, 6:00 p.m.

## Hope Community Church

879 Sawyer Street South Portland  
799-4565

[www.hopesopo.com](http://www.hopesopo.com)

[www.facebook.com/hopesopo](http://www.facebook.com/hopesopo)

Sunday Morning Worship at 10 a.m.

Kid's Church for ages 4 through grade 5

Service videos available on our website

## Promised Land World Reach Center

536 Cottage Road, South Portland  
799-3152

Sunday Prayer & Intercession: 9:30 a.m.  
Sunday Worship: 10 a.m.  
Family Bible Studies: Wednesday, 7 p.m.  
Sermon recordings available to download

## Redeemer Lutheran Church - LCMS

410 Main Street, Gorham  
839-7100

[www.RedeemerMaine.org](http://www.RedeemerMaine.org)

1st Saturday of the month 10:00 a.m. with masks

Sunday Bible Class 9:00 a.m.

Sunday Service: 10:15 a.m.

Wednesday Vespers: 6:30 p.m.

Sunday and Wednesday services are in person and streamed on Facebook

## Saint Alban's Episcopal Church

885 Shore Road  
799-4014

[www.stalbansmaine.org](http://www.stalbansmaine.org)

Sunday Services:

Rite 1 with Holy Eucharist 8:00 a.m.

Rite 2 with Holy Eucharist 9:30 a.m.

Live Streaming on YouTube ([stalbanschannel](http://stalbanschannel))

Children's Programs 9:30 a.m.

Celtic Eventide 5:30 p.m.

Room for all

## St John Paul II Parish

## St Bartholomew Roman Catholic Church

8 Two Lights Road  
207-883-0443

[JP2me@portlanddiocese.org](mailto:JP2me@portlanddiocese.org)

Website: [www.JP2me.org](http://www.JP2me.org)

Sunday Mass: 9 a.m.

Monday Mass: 8 a.m.

## First Congregational Church

United Church of Christ  
301 Cottage Road, South Portland  
799-3361

[www.fccucc.org](http://www.fccucc.org)

Sunday Worship: 10:00 a.m. in person and streamed on Facebook & YouTube

## First Congregational Church of Scarborough

167 Black Point Road, Scarborough  
883-2342

[www.fccscarborough.com](http://www.fccscarborough.com)

Sunday Morning Worship: 9:30 a.m.

Sunday School & Nursery Care

## CABLE GUIDE

Subject to change. Please see [cetv.capeelizabeth.org](http://cetv.capeelizabeth.org) for latest program guide and video on demand.

Board of Zoning Appeals  
Feb. 28 - 7 p.m.

Cape Elizabeth Church of the Nazarene  
Feb. 25, Feb. 26, March 11, March 12,

## CETV CHANNEL 1302

March 4, March 5 - 9 a.m.  
Housing Diversity Study Committee  
Feb. 27 - 6:30 p.m.

Housing Diversity Study Committee  
March 6 - 6:30 p.m.



## Maine Farms First!

### Jordan's Farm

**Farmstand OPEN**  
**Saturdays 10:00 – 4:30**  
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21 Wells Road  
207.767.2740

## CSA – Community Supported Agriculture

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**FMI & to Signup Go To [www.jordansfarm.com](http://www.jordansfarm.com)**

### Jordan's Farm Online – Check it out!

Order from Saturday at 6:00 pm until Tuesday at 6:00/pm and pickup Saturday 10:00 – 4:30

### Participating farms include

Abraham's Creamery, Alewife's Brook Farm, Attwood Farm and Kitchen, Jordan's Farm, and Winter Hill Farm

**FMI Go To [www.jordansfarm.com](http://www.jordansfarm.com)**

[f Jordan's Farm](https://www.facebook.com/jordansfarm) [@jordans\\_farm](https://www.instagram.com/jordans_farm) [www.jordansfarm.com](http://www.jordansfarm.com)

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[southernmaine.invisiblefence.com](http://southernmaine.invisiblefence.com)

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**MUSIC LESSONS**

**Flute lessons:** For beginners and intermediates of all ages. Call Kris: 767-3712.

**Suzuki violin lessons** and group classes available. Ages 5+. Please contact Laura Warren at Suzuki Stringers 207-245-5863 or email ljwarren88@yahoo.com

**Piano lessons for all ages.** Beginners through advanced. Sandi Palmquist: 329-8345.

**Piano, Voice, Guitar, Ukulele lessons for all ages.** Beginner through intermediate. Carey Rasco: 232-7015

**Events**

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usual plants that do well in different types of outside containers. All are welcome.

**Truth Tellers documentary film screening and Q&A with artist Robert Shetterly and director Richard Kane**

Thursday, March 23, 6:30 - 8:00 p.m. in person at the library

Join us in person at the library for a special screening of this brand new film. "Truth Tellers" is a documentary film chronicling the lives of courageous Americans fighting for racial equity, climate justice and indigenous rights as seen through the eyes of Robert Shetterly, a longtime activist, artist and Maine resident. The film explores the intersection of these issues, stressing the urgency of coming together to confront them and gal-

vanizing our resolve to uphold our country's founding ideals. The film will be followed by a conversation and Q&A with Robert Shetterly and film director Richard Kane. Register for this program on the library's website. All are welcome.

**Pod Complex: A TML Podcast Listening Club**

First Thursday of the month, 5:00 - 7:00 p.m.

Next meeting: March 2 via Zoom

Love the idea of a book club, but don't have the time for all that reading? Addicted to podcasts, but wish you had someone to discuss your favorite episodes with? Join us for Pod Complex, TML's brand new Podcast Listening Club. Each month we'll feature a different podcast to listen to and dissect together. We'll explore a wide variety of podcasts on all different topics, in all different styles and then turn a critical eye on them as we discuss each month's fresh selection. Listen on your own time at home, or join us for the first hour as we listen together, with a lively discussion to follow in the second hour. Register for this program on the library's website.

**ONGOING PROGRAMS FOR ADULTS:**

**Daily Fika (Coffee Break)**

Wednesdays-Saturdays, 10:00 - 11:00 a.m. via Zoom

**Guerilla Poetry Whoop**

Second Thursday of the month, 6:30 - 7:30 p.m. Next meeting: March 9 via Zoom

**E-ldering Conversation Group**

Wednesdays  
1:00 - 2:00 p.m. in person AND via Zoom

**Songwriting Workshop (with Jud Caswell)**

First Tuesday of the month, 6:30-8:00 p.m. Next meeting: March 7 in person at TML

**Adult Book Group**

Third Thursday of the month, 3:00-4:00 p.m. Next meeting: March 16  
March book: "Mother Tongue: English And How It Got That Way," by Bill Bryson  
In person at the library and streamed simultaneously via Zoom

**Big Little Lit Book Group**

Third Wednesday of the month, 11:00 a.m.-12:00 p.m. Next meeting: March 15  
March book: TBD  
In person at the library and streamed simultaneously via Zoom

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Go to [www.capecourier.com](http://www.capecourier.com)  
Or contact Tara Simopoulos at: [advertising@capecourier.com](mailto:advertising@capecourier.com)

**Lenten Recital Series**

St. Alban's Episcopal Church in Cape Elizabeth is excited to announce its 2023 Lenten Recital Series. This series of six 30-minute recitals will take place every Tuesday evening during Lent at 6:00 p.m. in the Sanctuary. Offerings will include a harpsichord recital, three organ recitals, a program with arias from Bach's Passions, and will culminate in a program of music for cello and organ. All are invited to attend; admission is free but free-will donations are encouraged. A reception will follow each event.

For more information, please visit [www.stalbansmaine.org/music](http://www.stalbansmaine.org/music), or contact the Di-

rector of Music Ministries, Dr. Hentus van Rooyen at [hentus@stalbanmaine.org](mailto:hentus@stalbanmaine.org).

February 28: Harpsichord Recital; Christina Edelen

March 7: Arias from Bach Passions; Rachel Keller, Robert Stoddard, Jonathan Scott, Hentus van Rooyen

March 14: Organ Recital; Hentus van Rooyen

March 21: Organ Recital; Randy Mullin

March 28: Organ Recital; Harold Stover

April 4: Crucifixus: Music for cello and organ; Fred Edelen, Hentus van Rooyen

*Please Join Us for...*

**Housing Diversity Study Committee's  
February 27<sup>th</sup> & March 6<sup>th</sup>  
Meetings**



**Date:** February 27 and March 6, 2023  
**Time:** 6:30 pm to 8:30 pm  
**Location:** Town Hall, Council Chambers  
**Questions?** [HDSC@capeelizabeth.org](mailto:HDSC@capeelizabeth.org)



**Please attend to provide input on ways to create diverse housing for potential groups like downsizing seniors, young families, workers, and others in need of housing in Cape Elizabeth.**

**Cape Schools Open Minds and Open Doors**  
Community • Academics • Passion • Ethics

**NOW HIRING**

The Cape Elizabeth School Department is hiring **food services workers**. Will train 25-30 hrs a week. Must be CHRC certified.

Interested applicants can fill out an application on the Cape Elizabeth School Department Website : <https://www.cape.k12.me.us/>

Cape Elizabeth School Department, 320 Ocean House Road, Cape Elizabeth, Maine 04107

### Housing

Continued from page 1

Beyond that, Redbank Village is special because it surrounds a community center with a gym and basketball court, a teen center where high school students can gather to do homework and a sports field used by soccer teams of all ages.

In the spring of 2022, many tenants received unusual rent increase notices. They had a couple of weeks to agree to a rent increase. If they didn't accept, the increase would be hundreds of dollars more per month at the end of the 45 day notice required by law. Even though the 45 day notice law says "A written or oral waiver of this requirement is against public policy and is void," there was no protection for tenants who face eviction for asserting their rights. I've been working to improve laws that prevent unfair evictions. As we push for more housing to be built, we should also help Mainers remain in their homes.

LD 45, "An Act to Prevent Retaliatory Evictions," is one bill I've sponsored that would keep people housed during this crisis. The bill would protect tenants when a landlord tries to raise rent in violation of Maine's 45 day notice law or a municipal ordinance.

It would also protect tenants when landlords violate the current law prohibiting raising rent when housing is uninhabitable. The bill adds to existing protections against retaliation found in Maine law.

Eviction often has long-term and devastating consequences for Maine families. When a family loses a home due to eviction, the family typically loses furniture, clothing, books, toys and many household goods because there is no place to keep them. Once a judgment of eviction is entered, it appears on a tenant's rental history report and limits or eliminates their options for renting a safe and secure home in the future.

If you are interested in this issue, you can listen to or watch a recording of the public hearing for LD 45 at legislature.maine.gov/Audio/#48. Once there, select the "Feb 3 - Feb 10, 2023" date range. Below that, look for LD 45 at 1:00 p.m. on Feb. 9, 2023. When you click the play button on the upper right, the audio and visual player will start.

If you have thoughts on this bill, or any others, please let me know. Throughout the lawmaking process, public input is critical. You can call my legislative office at (207) 287-1515 or send me an email directly at Anne.Carney@legislature.maine.gov.

### Great Pond boat storage applications open

The town has begun accepting applications for seasonal boat storage at Great Pond.

An online application form is available on the town website. All applications must be submitted by March 20, 2023. Only 1 application per household may be submitted.

The Conservation Committee Boat storage slots will be assigned using a lottery system. Any town resident who would like to store a boat at Great Pond should submit an application online or mailed to the Town Hall ACP Office by March 20 to the Office Manager Aniko Varadi. Those who received a permit for the 2022 season and did not store

a boat will only be eligible for a boat slot if supply exceeds demands.

The lottery will be held on Tuesday, March 21, at 9:00 a.m., in the ACP Office Conference Room, Town Hall where 32 applications will be drawn. The lucky winners will be notified and will have until March 31 to mail in payment for their 2023 Boat Storage Permit (\$20). Any permits remaining after that date will be distributed in a second lottery drawing from the original application pool. Permit holders can start storing a boat by the last Saturday in March (March 25).

### Ice rink

Continued from page 1

as grass until next fall when they expect to repeat the outdoor ice rink, with minor upgrades.

Liston said, "In the future, we are planning to build a covered arena that will be a four-seasons facility for a number of activities. There is large demand for a covered outdoor facility - things preliminarily discussed have been pickleball, soccer, lacrosse, field hockey, flag football, and many other sports, as well as summer camp use, art, music, and theater programming to name a few things. Stay tuned for more exciting updates!"

The permanent project that Liston is referring to, and CCAG is pursuing, is a multi-use covered arena with all of the infrastructure needed to support it. Examples of infrastructure could be locker room facilities, bathroom facilities, a warming room and viewing areas.

Liston added, "We are also in need of a roof to prevent melting in the longer afternoons of late winter and to avoid constantly battling mother nature's precipitation. We are always considering our environmental impact, and we hope for this to be a carbon-neutral facility. We are targeting completion

for the 2024-25 season."

While the March 3 event is free, donations to support the ongoing project are certainly welcome. Liston said, "We are raising funds to keep our ice frozen, our lights on, for small upgrades [such as] better viewing, skater benches, upgraded warming hut, etc. for the 2023-24 season, and to plan ahead for the permanent arena."

CCAG's original preliminary budget for a permanent arena was ~\$5.5 million. This number is still significant yet fluid at the moment, according to Brandeis.

Liston said, "We want to thank those who have supported us so far, especially those that have donated, our amazing advertising sponsors—check out our wall and website—town workers who have collaborated with us on the project, and to the dozens of volunteers who are critical for operations to continue. We are so appreciative of all sizes of donations, however large or small. Every donation truly makes a difference."

Cape Community Arena Group is currently accepting donations via their website <https://capearena.org/donations/> or their venmo account @CapeCommunityArenaGroup, or by check mailed to:

40 Cross Hill Rd, Cape Elizabeth, ME.



Photo by Ang Foley

The Cape Ice Rink has made it possible for local teams to host home games for the first time.

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