

# The Cape Courier

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April 26 - May 9, 2023

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*In the Spirit of Community*

## CEHS Math Team are state champs, win first place in Class B

By Kevin St. Jarre



Contributed photo

The CEHS Math Team are Class B State Champions. Members of the winning team are Audrey Alberts, Ainsley Fremont, Neil Gabrielson, Zoe Matzkin, Trevor Oakley, Alex Scanlon, Logan Schwartz, Alex Thayer, Jack Wark and competing that day but absent from the photo above is Vio Voltz. The CEHS Math Team coaches are math teachers Sarah McKeown and Marija Randall.

The Cape Elizabeth Math Team had quite a season, culminating in winning first place in the Class B state math meet.

During regular season competitions, leading up to the championship, the CEHS team was recognized for earning the third highest score in the state, and team member Ainsley Fremont was also recognized

for being among the top 10 highest scoring students over the course of the year.

According to one of the CEHS math meet coaches, CEHS Math Teach Sarah McKeown, this year's championship math meet was the first held since 2019. No meet was held in the

-see MATH page 9

## Nick Laughlin selected as PPH's Varsity Maine boys' hockey 2023 Player of the Year

By Kevin St. Jarre



Photo by Ang Foley

Cape Elizabeth High School senior Nick Laughlin, pictured above, has been selected as the PPH's 2023 Varsity Maine boys' hockey Player of the Year.

Cape Elizabeth High School's hockey team are Class B Boys' State Champions, and one of the team's leaders, senior Nick Laughlin, is a major part of the reason for

their success. That's why the Portland Press Herald's Varsity Maine section has selected

-see HOCKEY page 4

## News from April 12 Town Council meeting

By Hanna Gilley

### Town Council Reports and Correspondence

Chair Gabrielson began the meeting by sharing news that the town received delivery of its new fire engine. He then took the opportunity to honor town fire chief Peter Gleason for "over 45 years of commitment to Cape Elizabeth beginning at Cape Cottage." Chief Gleason was presented with a plaque which will be installed on the new fire engine. The entire company of fire and EMT personnel was present to celebrate Chief Gleason.

Councilor Penny Jordan gave an update on the school board advisory committee work including having received five total RFQs for the project. That number was narrowed down to three RFQs with all three companies submitting proposals before the end of April. Additionally, there is an active RFP in search of a communications company and/or survey consultant to "take the temperature" of the community's thoughts around new school designs, budgets and other concerns.

Councilor Noonan took a moment to address ads published in the Cape Courier regarding LD 2003 and its proposed amendments saying that some of these ads had incorrect or incomplete information with some ads being "opinion-based." As an example, Cape Elizabeth current zoning for a multiplex is not limited to a duplex or triplex. An additional example provided was the incorrect statement that every lot could add two additional homes. The correct information is that each additional unit would require additional space. She urged citizens to refer to the ordinance committee and the town website for resources and accurate information.

### Finance Committee Report

Councilor Boucher reminded the Chamber that there are officially three months left of the fiscal year and that "nothing is different in the last few months." Town Manager Matt Sturgis also reminded the chamber that property taxes were due on April 18.

### Presentation - Update on Ad-Hoc Housing Diversity Study Committee Progress Status

Kevin Justh, Chair of the Housing Diversity Committee shared the work that has been done in the past three months. There have been ten public meetings that have "expanded public comment" with six of

them having been recorded. Every piece of correspondence, agendas, resources and recorded meetings are published on the town website for reference.

He also shared that data review and collection efforts are underway stating that there will be a public forum in person on May 1, in addition to an online public survey accessible to all Cape citizens. All efforts to have a full report prepared by the committee's September deadline are being worked on including continuing to meet twice per month.

Councilor Reiniger asked if there has been any interest from developers to create a large-scale 50-unit housing in the town center to which Justh replied "I haven't heard anything, no."

### Citizen Comments

Susanne McCann of 1180 Shore Road thanked the council for their volunteer service to the town and shared concerns of a comment made by the Chair of the Housing Diversity committee during its April meeting. She claimed that comments were made to consider Fort Williams as a location to develop diversity and affordable housing. She reminded the chamber that during a 2021 survey, 513 people (80% of respondents) voted "yes" for a permanent conservation easement at Fort Williams. She urged that by keeping the park as a conservation area, it would contribute to Maine's climate action plan of increasing statewide acreage of conservation land, would "preserve our town treasure" and also raise "significant funds for Cape Elizabeth." She ended her comments saying that Fort Williams park is a "town treasured resource for all people to enjoy."

### Town Manager's Monthly Report

Town Manager Sturgis shared that repair work on the Community Services building is nearing completion and will be occupied again during the month of April. Additionally, he shared that the state historical society provided relief for window replacements at the museum at Portland Headlight; that the solar project is advancing; and that the town now has two OWLs to increase access to municipal meetings.

Councilor Reiniger asked the status of the town center properties and that "people are getting restless" and want to know what's happening with the property. Sturgis said

-see TOWN Hall page 3



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**NEXT ISSUE: MAY 10**  
**DEADLINE: Noon, April 28**

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## 'Hit the nail' on the head

Jenna Pfueller's letter to the editor which appeared in the April 12 issue of the Courier absolutely hit the nail on the proverbial head. It has been the talk of several friends, many of whom have granite countertops.

Howard Feller

## Kudos to students and advisors

Kudos to Cape Elizabeth High School students and advisors for their outstanding participation and performance at the Maine State Science Fair. As someone who 60 years ago won two first place science awards in what now seems like the Dark Ages, the sophistication and creativity of their projects is remarkable and reflects on the outstanding quality of CEHS's science education.

Larry Kaplan

## Judy's Pantry- a community feeding itself

Please note that our hours of operation have changed. We operate at the Cape Elizabeth Methodist Church on the second and fourth Tuesdays of each month from 3-5 p.m. Prior registration is necessary. Please contact Beth Owens: [bethowens1@gmail.com](mailto:bethowens1@gmail.com).

# THANK YOU!

Your donations and other contributions help keep this community newspaper coming to your mailbox.

*Thank you to this recent generous contributor:*

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Let us hear from you!

We love feedback!

[editor@capecourier.com](mailto:editor@capecourier.com)

## Processes should be 'transparent'

A recent ad in this paper asked, "what is good governance?" I agree that good governance occurs when the community is heard, and processes are transparent. This holds true for our community's soccer club, Cape Elizabeth Soccer Club. A few ideas for our Board of Directors:

1. Timely posting of all board meeting minutes at [capecoccer.net](http://capecoccer.net).
2. Posting board meeting dates and

times in advance.

3. An in person, Annual General Meeting open to membership.
4. Club by-laws shared yearly with all club members.
5. Open elections.
6. Term limits for all officers.

Josh Wood

## 'An ADU is a gift of sorts'

I testified before the Joint Select Committee on Housing opposing LD214, the bill wanting to amend laws, zoning and land use restrictions to apply only to towns with a population of more than 10,000 residents. Let's stop – if this passes, it would allow over 95% of the 519 towns in Maine to evade responsibility from the intent and solutions enshrined in the housing bill passed by the Legislature a year ago. Only 22 towns or cities in Maine exceed 10,000 residents! LD214 is an underhanded way of exempting almost all of Maine from creating accessory dwelling units (ADU's), as an example, to address our housing shortage.

Living in Cape was important, because an unknown group of people emerged, Cape Neighbors Alliance, placing half-page ads in this paper touting passage of

LD214, and fighting attempts to enact the provisions for ADU's.

Are my fellow Capers afraid of who will live in an ADU? I say – it would be mostly family – either young, middle aged or older; a recent graduate in need of independence, but in need of housing; a divorced child, needing a place while life is in transition, or a parent, probably alone, who wants to be near family as they age.

An ADU is a gift of sorts, a gift of caring for each other, a gift of providing a precious resource- a home, a place to call home, for so many who are in need. We need to remember "There but for the grace of God go I."

Jessica D. Simpson

## Why would we consider putting ourselves at risk?

My response to: "Important that people understand the science of the issue."

I was diagnosed with Mantel Cell Lymphoma, which has been connected to exposure to Roundup. After six months of both out-patient and in-patient treatment, I received a stem cell transplant at Dana Farber Cancer Institute. I then had three years of "maintenance treatments" every eight weeks. My cancer will never be cured. The best I can hope for is long term remission. Why am I telling you this?

From Forbes Advisor Updated April 2023, "Monsanto has settled over 100,000 Roundup lawsuits, paying out about \$11 billion as of May 2022. There are still 30,000 lawsuits pending.

In June 2022, the Ninth Circuit filed a decision in a Roundup case. In the court's opinion urging the Environmental Protection Agency to reconsider its

conclusion that Roundup does not cause substantial harm to people or the environment. Also that month, the Supreme Court dismissed an appeal by Bayer in another Roundup case.

In July 2022, the 11th Circuit ruled that Bayer had failed to adequately warn about the risk of cancer from Roundup.

The courts and the over 100,000 lawsuits that have won might be telling us that maybe the initial science is wrong and should be fully reviewed.

Why would we even consider putting ourselves, our families, our children and grandchildren at risk, when it's documented that Roundup has the potential of causing cancer. As in my case and the 100,000 plus known cases like me, Roundup has caused cancer.

David Unger

2023 Publication Schedule					
Issue No.	Ads/Copy Due	Issue Published	Issue No.	Ads/Copy Due	Issue Published
01	Jan 6	Jan 18	12	June 23	July 5
02	Jan 27	Feb 8	13	July 14	July 26
03	Feb 10	Feb 22	14	Aug 4	August 16
04	March 3	March 15	15	Aug 18	Aug 30
05	March 17	March 29	16	Sept 1	Sept 13
06	March 31	April 12	17	Sept 15	Sept 27
07	April 14	April 26	18	Sept 29	Oct 11
08	April 28	May 10	19	Oct 13	Oct 25
09	May 12	May 24	20	Oct 27	Nov 8
10	May 26	June 7	21	Nov 10	Nov 22
11	June 9	June 21	22	Dec 1	Dec 13

**Town Hall**

Continued from page 1

that a proposal for an 18-unit housing project with co-working space was presented to the Planning Board and “that’s all that we know of at this point in time.”

**Item #58-2023 Consideration of Transfers for Willow Brook Projects**

Chair Gabrielson summarized the consideration of transfers for Willow Brook projects draft motion as “taking funding from other areas where it wasn’t used to make up for what went over budget” in the Willow Brooks culvert replacement project last summer. The project was to create a wider culvert to accommodate tidal flow and a town sewer line. The reappropriation of funds would be “budget neutral.”

Reasons for why the project went over budget include the bidding and construction costs, the need for structural and civil engineers to redesign the project, and the window of time available to work at the site. The motion passed unanimously among the council.

**Item #59-2023 Opportunity for Public Comments Relating to the FY 2024 Budget**

Glenn Jordan of 6 Robinhood Road shared that he teaches pickleball courses through community services at Fort Williams park and wanted to weigh in on that portion of the budget. He said that by “turning the courts it will be better, safer and allow for more people to play.” He added that pickleball is the fastest growing sport in the country and is an “activity for all ages, residents and walks of life” and that [pickleball] is a “fun, interesting way to physically, mentally and socially bring people together.”

**Item #60-2023 Proposed Stormwater Amendments**

A draft motion for the council to set a public hearing on May 8 at 7 p.m. to “re-align and bring us into compliance.” The motion was moved by Councilor Penny Jordan, seconded by Councilor Noonan and passed unanimously in the chamber.

**Item #61-2023 LD 2003 Amendments**

A draft motion for amendments to LD 2003 designed to bring the town into compliance with state law was on the table. Chair Gabrielson recommended that the amendments be brought to a council workshop or refer to the Planning Board before hearing public comment.

Stephanie Anderson of 24 Merrimack Place shared that she thinks the council should slow down and “stick a pin” in LD 2003 because it’s “a behemoth piece of legislation.” She also shared that two recommendations didn’t make it into the statute that she believes to be valuable in increasing housing opportunities in Maine. These include the state “providing technical and financial assistance for all communities seeking support in making zoning improvements and identifying opportunities to increase affordable housing.”

Tim Doe of 56 Stonegate Drive reiterated that the ordinance committee has committed to the public that “they’re not going to go one step beyond what LD2003 requires them to do.” He asked for discussion on this as he believes the current amendments “aren’t in line with the town’s comprehensive plan.”

Tom Dunham of 11 Becky’s Cove Lane also asked the council to slow down as there’s “lots of pressure in Augusta to make changes to LD2003.” He also said

to the council that “locally, you have a responsibility in this town to maintain the values of the residential neighborhoods and if you increase the density, the values are going to drop” adding that he thinks it’s “really wrong to move ahead quickly when we have time [to slow down].”

Councilor Caitlin Jordan asked for a motion to move amendments to the Planning Board for review and was seconded by Councilor Penny Jordan. Councilor Caitlin Jordan added “we are moving slow and effectively so that we don’t have to push pause and miss the July deadline.”

Penny Jordan added similar sentiments saying, “we’ve been trying to do this slowly and with a lot of input and listening to the citizens of Cape Elizabeth as well as trying to balance a law in effect that councilors took an oath to make to ensure we are in compliance with laws.”

She also added that “there are two months ahead of us and a public discussion on schedule before it comes back to the council decision.”

Councilor Reiniger presented his own version of LD 2003 amendments to the Council for consideration. Councilors Boucher and Noonan were not comfortable voting to move Councilor Reiniger’s recommendation to the Planning Board during the current meeting.

Councilor Boucher claimed she wasn’t opposed to sending Reiniger’s recommendations; however, she didn’t have sufficient time to read through them as they were presented one hour before council convened. Councilor Noonan stated that she wasn’t comfortable “with one person sending in recommendations and circumventing an established process of the ordinance committee’s work.” Noonan also suggested to the council to consider an ADU (accessory dwelling unit) size of 1,100 square feet, the national average size of a two-bedroom apartment, and not the maximum allowed size of 1,800 square feet.

Councilor Reiniger’s motion to include his recommendations did not get seconded by the council. The original motion to refer amendments to the Planning Board was opposed by Councilors Boucher and Reiniger, and passed with support from the remaining four members.

**Item #62-2023 Request from Councilor Reiniger to Fund a Site Feasibility**

-see MEETING page 13

**Then and Now: “Follow the science,” they said**

By Jim Rowe

Several years ago, I collected short books, treatises and pamphlets having to do with local history (not just Cape Elizabeth, but southern Maine in general). Several of these were quite scholarly pieces; others, not so much. One of my favorites is a book called “John Josselyn, Colonial Traveler,” by Paul J. Lindholdt (University Press of New England, 1988).

As the title suggests, John Josselyn was a visitor to these shores during the mid-1600s. Lesser known than other New World explorers, Josselyn lived during the lead-up to the “Age of Enlightenment”- that exciting period of scientific inquiry and discovery.

Likely trained as a physician, Josselyn enthusiastically embraced the directive from the nascent Royal Society to “observe and record” his natural surroundings- not just in his native Essex, England, but especially during two extended visits across the Atlantic. For a time, he lived at the fishing station on Cape Elizabeth’s own Richmond Island.

Josselyn’s particular interests included the study of botany and the “curative” aspects of plants and other “natural” concoctions. Many of his observations were just that- absent the elements of experimentation and proof, which have come to define science as we know it. He dutifully recorded the healing means and methods of the indig-

enous peoples, as well as the homespun and often superstitious remedies of the settlers.

In his zeal to gain favorable mention at the Royal Society and in other intellectual circles), Josselyn’s reports were sometimes given to embellishment. For example, his description of a “moose-deer” that stood a full 12’ tall from hoof to shoulder, and bearing antlers 12’ across seems a bit contrived (although I was not there). As a result, his writings, while sometimes mentioned in scholarly reviews of the day, rarely drew further comment, implying a degree of skepticism.

Josselyn’s observations included the following:

- Tobacco was just the thing for colds, coughs, influenza, indigestion, gout and lice.
- Toothache? Apparently the “remédier du jour” was to press root of the white hellebore (a poisonous plant) into the tooth cavity.
- Josselyn wrote that codfish had a stomach stone that, if removed, could be ground up and drank with wine to cure kidney stones.
- Indigestion? A mix of wine and wolf dung should do the trick.
- The heart of a rattlesnake, dried and mixed with wine, was an antidote to rattlesnake venom.

As uncritical as John Josselyn was of his own writings, they were nevertheless among the earliest written records we have on New World medical practices.

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# Jet Blue scam, suspicious person complaint

Reported by Debbie Butterworth

## PUBLIC INFORMATION

- 3-28 An officer met with a resident of the Shore Road area who reported that she had received an email from a Jet Blue email address. She stated that she does not have a Jet Blue credit card, but called a number given and may have revealed some personal information. She has contacted her bank and informed them of the incident. The officer gave her an Identity Theft Recovery packet.
- 3-30 An officer spoke with a resident of Standish regarding a lost or stolen license plate.
- 3-30 An officer met with a subject regarding a possible elder abuse situation.
- 3-31 Two officers responded to a residence in the Ocean House Road area for a well-being check.
- 4-1 An officer spoke with a resident of the Shore Road area regarding a suspicious person complaint.
- 4-3 An officer met with a resident of the Cross Hill area who turned in a lost wallet. The owner was contacted and wallet returned.
- 4-5 Two officers responded to a residence in the Two Lights area for a well-being check.
- 4-5 An officer met with a resident of the Spurwink Road area regarding a criminal complaint.

- 4-9 Two officers responded to a residence in the Mitchell Road area for well-being check.
- 4-10 An officer met with a resident of the Shore Road area regarding a theft complaint.

## SUMMONSES

- 3-31 South Portland resident, speeding (35/25 zone), Scott Dyer Road, \$129
- 4-1 Cape Elizabeth resident, unregistered vehicle, Bowery Beach Road, \$85
- 4-1 Brownfield resident, speeding (50/30 zone), Sawyer Road, \$230
- 4-2 Scarborough resident, speeding (59/50 zone), Route 77, \$114
- 4-6 Cape Elizabeth resident, operating vehicle using hand held device, Ocean House Road, \$85
- 4-6 Cape Elizabeth resident, speeding (47/30 zone), Sawyer Road, \$170
- 4-7 Westbrook resident, speeding (45/30 zone), Sawyer Road, \$170
- 4-10 South Portland resident, hindering apprehension, violating conditions of release

## ARRESTS

- 4-5 Biddeford resident, warrant, Kettle Cove

## JUVENILE SUMMONSES

- 4-2 Cape Elizabeth resident, speeding (70/50 zone), Route 77, \$230
- 4-6 Cape Elizabeth resident, violation of interim license, \$385

## ACCIDENTS

- 4-4 Elizabeth Boynton, accident on Spurwink Avenue
- 4-10 Eva Lee, Jeffrey Vincent, accident on Ocean House Road

## FIRE CALLS

Fire calls: 9  
EMS calls: 27

# Scam alert bulletin board

By Jessica D. Simpson

## Student Loan Relief Scams

If there is one constant in the criminal world it's that scammers follow the news. Student loan forgiveness has been the focus of recent headlines, which has given scammers room for student-loan-related fraud.

Be wary of any unsolicited contacts from "debt relief experts" offering access to instant, easy-to-access loan forgiveness options or those mentioning the "Biden Plan." They often ask for upfront payment or for personal information such as your Social Security number or your FSA ID (the username and password on your loan account).

It is illegal for debt relief companies to collect payment from you before they get results, so upfront fees are a surefire sign of fraud. Secondly, these offers provide nothing you can't find for yourself for free by contacting your loan servicer or the U.S. Department of Education.

## Staying Safe Online

Criminals have so many ways to getting in touch with us these days. According to new data from the Federal Trade

Commission, the winning entry path in 2022 was the internet. About one fourth of fraud reports indicate the contact method was an online source (website, app, pop up add or social media) and in six out of ten cases, the victim lost money. One reason these attacks are so successful is that criminals make it very hard to tell the difference between a legitimate website and a fake one. The same goes with online ads. To avoid going to a fake website, don't click on links from emails or text messages – type the web address into your browser window yourself. And be dubious of online ads that seem too good to be true.

Oh, and the phone isn't much safer. The FTC also found that victims of phone and text scams lose more money on average than those starting on the internet.

Be a fraud fighter! If you can spot a scam, you can stop a scam.

Visit the AARP Fraud Watch Network at [www.aarp.org/fraudwatchnetwork](http://www.aarp.org/fraudwatchnetwork) or call the AARP Fraud Watch Helpline at 1-877-908-3360. Need a scam prevention speaker for your group? Go to [aarp.org/me](http://aarp.org/me) or call 1-866-554-5380.

# Hockey

Continued from page 1

Laughlin as the 2023 Varsity Maine boys' hockey Player of the Year.

The write-up explained that "Laughlin completed his senior season as the top defenseman in the state, a two-way player who led his team in scoring" and that he scored two goals and assisted with another in the Class B state championship game, to help the Capers win their first state title since 2006.

During the championship season, Laughlin scored 17 goals and assisted in 19 others.

The division's coaches selected Laughlin as Class B South Defenseman of the Year.

The PPH write-up pointed out that Laughlin is in an exclusive club of high school athletes. He has been a member of state championship teams in each season, his teams winning the Class C football title when he was a junior in 2021 and the Class A boys' lacrosse championship in 2021 and 2022. The Class B hockey championship completed the trifecta.

For his part, Laughlin said, "In every sport I've played throughout high school Cape always brings a good crowd. It's one of the best feelings being out there having your community behind you in those big games at the end of the year."

He also gave back to his community. "It was fun to help the little kids learn to skate on Saturday mornings and then see them all at our game later in the day. I think the energy from our community gives us that extra push we need to put teams away."

Laughlin continued to share his gratitude and said, "And it goes further than that, thanks to Chief Fenton after the championship, we were given an escort home with I think five or six police and fire trucks."

"This award definitely wouldn't have been possible without the team we had this year, from top to bottom everyone contributed and did their job," Laughlin said.

In the future, Laughlin intends to play football at the University of Maine.

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# News from the school board

By Elizabeth Scifres

At the School Board's April 11 business meeting the Board had the pleasure of recognizing many of our students for outstanding accomplishments.

This month showcased the amazing breadth of opportunities for our students, their hard work and perseverance, and the support from teachers and the community. These celebrations of our students and their coaches, advisors, and directors are the best parts of any meeting.

Please join us in applauding:

- The Girls and Boys Swim teams who are the Class B State Champions
- Logan Schwartz who is the Class B State Champion in Alpine Ski.
- Tommy Gray (shot put), Grace Gray (200m dash), Emma Young (800m) qualified for New England Track Championships in Boston.
- Cape Robotics teams (MS and HS) won seven awards at States and earned three spots at Worlds in Dallas, TX.
- Boys Hockey are Class B State Champions.
- CEHS One Act Play is runner up in Class A Regionals, four actors named to the All-Festival Cast: Emma Mayberry, Dylan Ludington, Hadley Johnson, and Will Bryant, and special commendation for sound design going to Zoe Matzkin and Amelia Welborn.
- Pond Cove Chess Team took second place at States.
- MMEA District 1 6th grade Honors Band and Chorus
- CEHS and CEMS All State Jazz Band.

You can bet the parking lot was packed and Town Hall had standing room only!

The School Board adopted its FY 24 school budget also during the April 11th business meeting. Faced with unusually high energy costs, exponentially expanding maintenance costs for the school buildings, and inflation-driven labor in-

crease costs, the Board adopted a budget that meets the following goals:

1. Meets the academic, social-emotional, and health needs of all students.
2. Supports recruitment and retention of high-quality personnel.
3. Supports appropriate and on-going building maintenance and repair.
4. Supports the advancement of instructional skills of our staff.
5. Reflects a careful consideration of the effectiveness and efficiency of each line item and position.

After months of study, questioning, and reflection, the Board approved a budget that maintains and expands the high level of education and supports options for alternative pathways. Concessions and cuts had to be made, including absorbing a position through retirement, reductions in proposed positions, and creative rethinking and reallocations.

Cape Elizabeth was fortunate to be on the positive end of an error made by the state when calculating the ED 279 (state funding formula).

CESD was originally notified that it would be receiving roughly \$30,000 less than last year. Our actual amount of state subsidy was announced several weeks later, giving the schools roughly \$780,000 more support.

In particular, the Board was able to avoid cutting ten current positions. The Board is grateful that this revenue error was rectified and used the proper allocation to budget for our outstanding staff and programs, as well as plan for increased energy costs and increased and unpredictable maintenance.

In our Cumberland County area market, tax impacts from school budgets are a wide range. Currently CESD is right in the middle of that range, with several higher and several lower.

## High/low tide chart

Date	High Tide			Low Tide				
	AM	ft	PM	ft	AM	ft	PM	ft
26 Wed	4:05	9.1	4:59	7.9	10:38	0.9	10:47	2.1
27 Thu	5:02	8.7	5:55	7.8	11:34	1.2	11:45	2.3
28 Fri	6:01	8.4	6:52	7.8			12:31	1.4
29 Sat	7:01	8.3	7:48	8.0	12:46	2.3	1:28	1.4
30 Sun	7:59	8.4	8:37	8.3	1:47	2.1	2:20	1.3
1 Mon	8:51	8.5	9:21	8.8	2:42	1.7	3:05	1.1
2 Tue	9:38	8.7	10:00	9.2	3:29	1.2	3:44	1.0
3 Wed	10:21	8.9	10:36	9.7	4:11	0.7	4:21	0.8
4 Thu	11:03	9.1	11:11	10.0	4:50	0.3	4:58	0.7
5 Fri	11:44	9.2	11:48	10.3	5:30	-0.2	5:36	0.6
6 Sat			12:25	9.3	6:10	-0.5	6:16	0.5
7 Sun	12:27	10.5	1:08	9.2	6:52	-0.7	6:58	0.6
8 Mon	1:09	10.6	1:53	9.2	7:37	-0.7	7:44	0.7
9 Tue	1:55	10.6	2:42	9.0	8:26	-0.6	8:34	0.8

# Join the Cape Challenge on May 21

Mark your calendars for the 2023 Cape Challenge 5K, which will be held this year on Sunday, May 21. Sign up for the race at: <https://runinarace.com/CapeChallenge/>.

Sponsored by RE/MAX Oceanside and other generous local sponsors, the race will include a Fun Run for children ages 8 and under scheduled for 8:30 a.m., a 1-Mile Dash for children ages 12 and under at 9:00 a.m. and the 5K Cape Challenge at 9:30 a.m.

Proceeds from this event benefit the Cape Elizabeth Pond Cove, Middle School and High School Parents' Associations. An awards ceremony, along with a drawing for prizes for the Cape Challenge Raffle will begin at 10:15 a.m. in the Pond Cove/Middle School Cafetorium.

This event would not be possible without the help of our many amazing volunteers. There are many open positions for race day and if you are able to volunteer, please visit our SignUpGenius page via the QR code below.

Follow the Cape Challenge on Facebook and on Instagram: @CapeChallenge5k. For any questions, please con-

tact co-directors Marta Girouard and Jenn Grymek at [capechallenge5k@gmail.com](mailto:capechallenge5k@gmail.com).



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Please Join Us for a  
**COMMUNITY FORUM**  
 on Housing Types in Cape Elizabeth

Hosted by the Housing Diversity Study Committee

**When: Monday, May 1, 2023**  
**Time: 6:30pm to 8:30pm**  
**Location: Town Council Chambers, Town Hall & Hybrid**

The Housing Diversity Study Committee will host a Community Forum on the different housing types in Cape Elizabeth. We are asking the Town Residents to come to discuss the different types of housing styles throughout the community. We will provide pictures of different styles and would love your comments.

**Come help the committee envision the future of Cape Elizabeth and have input into the town YOU want to see in the future.**

This meeting will be on CETV/Zoom but is highly recommended you come in-person to participate. Remote participation is offered as a convenience. In the event there is a disruption in service and communication can't be restored the expectation is the meeting will continue.

Any questions or comments please email: [HDSC@capeelizabeth.org](mailto:HDSC@capeelizabeth.org)

# Wish List

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# Writer and illustrator collaborate to bring story of Higgins Beach plovers to life

By Kevin St. Jarre

Bruce Hutchison, a freelance artist and illustrator for over 40 years, and Andrew Fersch, a writer with six books now to his credit, have collaborated on a book about the piping plovers of Higgins Beach, titled “The Piping Plover.”

Fersch, a teacher by trade working with students as Pathways Coordinator at Greely High School, said he has “...been writing children’s books for the past decade, and I’m so grateful to have the opportunity to work with someone as talented and who cares

about the environment as much as Bruce does. Bruce is a RISD-trained illustrator who has worked with dozens of Maine organizations over the years.”

Hutchison explained how the two came to work together, “Andrew found my work on a website associated with RISD alumni. I was immediately hooked by his text.”

Fersch and Hutchison are also working on other projects. Fersch said, “Most recently, the piping plover has taken a great deal of our time and focus, but I’m also working on a comedy movie and am always looking to col-

laborate with the amazing artists in the area.” For his part, Hutchison said he is currently working on the logo for a restaurant in Rockland called The Dry Dock.

While Hutchison, when speaking of his artistic style said only, “I work with traditional ‘tools,’ scratchboard, pen and ink, and watercolors.” Fersch was a bit more effusive about his collaborator, saying, “Bruce’s work, to me, is some of the most recognizable in Maine. His ability to create visually stunning representations of the natural world is just amazing to me.”

About his own writing, Fersch said, “I always try to trust that young people are able to understand big concepts, and I aim to show them respect for that in the stories I write.”

A love of the area drew the two to the story. Hutchison said, “The setting of the story, Higgins Beach, is a special place for me. My wife and I, family and friends, rented a house there for 15 years in a row. The last house on the beach where the Spurwink River empties into Casco Bay. How could I not get involved with this project?”

Fersch said, “As someone who loves Higgins Beach and cares a great deal about the health and well-being of the natural world, I knew I wanted to tell the story of the plovers at Higgins to entertain but also educate. After sharing the story with Bruce, we both knew immediately that this was an important story to tell. Personally, this became something far more than a hobby or project to me when I started to bring my daughter to Higgins and was trying to explain to her what was going on with the plovers there.”

The project has certainly not been without

its challenges. Fersch said, “The most challenging part of this project is where we’re at right now, which is taking an idea that we had and then trying to turn it into something concrete that we can share with young people. It’s also an exciting part, because we are giving everyone an opportunity to be a part of helping this come to life.”

For Hutchison, the challenge was getting the project out to readers. “Honestly, the creative aspect of bringing this project to life visually, was a breeze. The challenging part was trying to find a publisher. That’s why we decided to start a Kickstarter campaign and self-publish,” he said.

Beyond the fundraising, they were asked what would success look like for this project for them. Fersch said, “Fundraising will help bring this book to fruition, but our real hope is that it inspires young people to get involved and to connect direct action to protecting the beautiful places and creatures that make Maine special.”

Hutchison said, “I’d like to think this book might inspire children, parents, and grandparents to find a cause, build a network of like-minded people, and work together for a common goal to make our world a better place!”

Those interested in learning more about the book, and to support it, is: <https://www.kickstarter.com/projects/thepenn/the-piping-plover>.

To see more of Hutchison’s work, his website is: [www.brucehutchison.com/](http://www.brucehutchison.com/).

To see more of Fersch’s work, his website is: [www.afersch.com](http://www.afersch.com).



Contributed photo

A sample of Bruce Hutchison’s distinctive art work featured in “The Piping Plover,” a new children’s book created with writer Andrew Fersch.



Contributed photo

The new children’s book “The Piping Plover” hopes to tell the story of the plovers at Higgins Beach, to entertain but also educate.

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# Project Graduation Committee holding first online auction for class of 2023

The Project Graduation Committee is producing an online auction for the first time ever to raise funds for the class of 2023's project graduation.

The concept is not novel, online auction fundraisers happen nationally, but the committee recognized the depth of creativity, quality of craftsmanship, and artistic diversity in Cape Elizabeth is unique and often goes without notice. Cape is home to painters, photographers, sculptors, jewelers, writers, chefs and designers - a quiet mecca of artisans. "It's amazing to see the work of local students, teachers, and artisans come together in one place. It's really moving. And this community has been so supportive and generous," said one auction organizer. Added Molly Holmberg Brown of Molly Maps: "Public schools provide an essential character to a sense of place and community. Graduates take that sense of place with them as they explore the larger world. I'm happy to participate to the ongoing process of positive place-making in Cape."

"I love that there have always been opportunities for Cape Elizabeth residents to share their skills, talents and gifts with the broader community at large. Having taught Improv during a number of Pond Cove Arts Days over the years, it is wonderful to be able to contribute something that will help raise money for kids at the other end of their schooling experience here in Cape," said local author Chip Brewer.

The auction will go live on May 1 and ends on May 7. It doesn't matter where in the world you are you can bid and participate in the auction. Some items must remain local such as gift certificates to local restaurants and design services, but most are able to be shipped. The auction is perfectly timed with Mother's Day, Father's Day and graduation so that buyers can buy something beautiful for the special people in their lives while supporting the graduating class who has had a rather tumultuous four years.

### PARTICIPATING:

#### Students

Dora Hurt, Hannah Lowenstein, Sidney Allen, Emily Novak, Cosette Spier, Madelyn Simopolous, Mary Pilsbury, Max Nelson

#### Local Artisans

Mary Fibich, MJ Benson, Lisa Houck, Christina Walka, Marie Ahern, Molly Maps, Suzanne Pilsbury, Coastal Carving, Pond Cove Antiques, Sarah Crawford Handcrafted, David Connor, Lisa Gent, Mary Jane Johnson, Julie Beriner, Mary Anne Carey, Little Gray Studios, Jocelyn Lee, Laura Morris, Suzanne Hellier, Mary Jane Ham, Roz Gross, and Cyndi Whalen

#### Local restaurants

SoPo Seafood, Inn by the Sea, Ben Rubin's Kinshery,

#### Local Authors

Chip Brewer, Cameron Rosenblum, Dave Patterson, Sashi Kauffman, Boo Walker

#### Local Design Services

Michelle Whitney, Whitney + Co., Kenny Moon Landscape Design

Auction items include original paintings and sculptures, photography, prints, jewelry, pottery, culinary gift certificates, designer gift certificates, wood carvings and products made with local ingredients.

To check out the auction, visit: [www.32auctions.com/capeelizabethAR-Tauction](http://www.32auctions.com/capeelizabethAR-Tauction) or scan the QR code in this article.



Contributed photo

The Project Graduation Committee is producing an online auction for the first time ever to raise funds for the class of 2023's project graduation.



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QR code for online auction.

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# Laura Marston of GoGo Refill named 2023 Maine Woman Owned Small Business of the Year

By Marta Girouard



Photo by Matt Trogner

Laura Marston, owner of GoGo Refill, has been named 2023 Maine Woman Owned Small Business of the Year. Marston opened GoGo Refill in South Portland almost four years ago and in November 2022 opened a second location in Brunswick.

Laura Marston, owner of GoGo Refill, has been named 2023 Maine Woman Owned Small Business of the Year. The annual Small Business Awards (SBA) recognize the work being done by Maine's small businesses and GoGo Refill was nominated by Sarah Guerette from the Women's Business Center at CEI. "We've participated in many programs through them, they are such an incredible resource for local woman-owned businesses," said Marston. She added, "Maine is full of inspiring businesses - we are surrounded by so many local business role-models, so being recognized feels really amazing. It's a distinct honor to be nominated by CEI."

According to the application, for the Maine Woman Owned Small Business of the Year award, "Nominee must demonstrate: Staying power; Growth in number of employees and increase in sales over 3 years (2019, 2020 and 2021); Innovativeness of product or service offered; Contributions to community-oriented projects; Response to adversity; and volunteer efforts to advance woman business interests within the community."

Marston opened GoGo Refill, located at

64 E Street in South Portland, almost four years ago after having a "plastic awakening." GoGo Refill is Maine's first plastic-free refill and reuse store; they also carry products that support a low-waste lifestyle. "Our goal all along has been to create a community hub for all things low-waste, for resources, products, conversation and camaraderie - and we are just getting started! In our first three years we helped our customers (we call them refillers) refuse over 120,000 plastic packages. And our goal is to grow our impact through refilling, one container at a time," she said. Marston is proud of the impact GoGo Refill is having and it gives her the motivation to "keep plugging away." In November 2022, she opened a second GoGo Refill located at 163 Pleasant Street in Brunswick.

Marston and GoGo Refill will be recognized at the 2023 Maine Small Business Administration Awards Ceremony on May 24 in Freeport.

For more information on GoGo Refill, visit their website: <https://www.gogorefill.com/> and follow them on Facebook and Instagram @GoGo Refill.

## March 2023 Cape Elizabeth real estate transfers

OWNER	LOCATION	SALE PRICE	USE
FRAPPIER III WILLIAM J	11 COLE FIELD	\$1,420,000	SINGLE FAMILY
SWEENEY MARISA M	175 FOWLER ROAD	\$550,000	SINGLE FAMILY
BRACKETT EMMA	7 AVON ROAD	\$1,175,000	SINGLE FAMILY
ROBBINS NATHAN P	12 TALL PINE ROAD	\$450,000	SINGLE FAMILY
RONDEAU MOLLY C	21 VERNON ROAD	\$550,000	SINGLE FAMILY
KLEINBORD BRIAN	41 BROAD COVE ROAD	\$1,211,000	SINGLE FAMILY
WELSH WHITNEY L	37 EASTMAN ROAD	\$620,000	SINGLE FAMILY
MALLORY BAIRD	89 WELLS ROAD	\$1,300,000	SINGLE FAMILY



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At Inn by the Sea



# CEHS Model UN team competes at Dartmouth, performs well

By Kevin St. Jarre



Contributed photo

The CEHS Model UN team, coached by Melissa Oliver, traveled to Dartmouth College and competed in DartMUN, with nine members winning awards.

The Cape Elizabeth High School Model United Nations team, coached by Social Studies Teacher Melissa Oliver, performed well and won accolades at the recent Dartmouth MUN held in New Hampshire. This continues a history of excellence for the CEHS program.

Among the Cape team, nine students were award winners this year:

**Best Position Paper: Freya Hubbs**

representing Germany in UNESCO

**Best Position Paper: Cecilia Price**

representing Brazil in WHO

**Outstanding Delegates: Jack**

**McCormick and Zoe Burgard** (double delegation) representing District 13 in Hunger Games

**Outstanding Delegate: Elena**

**Rosenberg** representing Brazil ECOFIN

**Best Delegate (Top Honors): Kierith**

**Gentilini** representing Germany WHO

**Verbal Commendations for Laurent**

**DeVries and Alex Thayer** representing Germany in the EU

**Verbal Commendation for Elsie**

**Maxwell** representing DPRK in ECOFIN

According to their website, DartMUN is run solely by Dartmouth College students, offering delegates such as the CEHS team an “unparalleled opportunity” to debate, negotiate and collaborate with other peers in advancing today’s “pivotal political, economic and cultural issues.”

# CELT executive director leaving to take on new challenge

By Kevin St. Jarre

Cindy Krum has been the executive director of Cape Elizabeth Land Trust for the past 7.5 years. She has resigned to take on a new challenge as the executive director of the Cambridge Insight Meditation Center in Massachusetts.

Liz Murley, CELT Board President, said,

“While we will miss Cindy greatly, this is also a time to celebrate all that CELT has accomplished—even through a pandemic—during her tenure with us.” Murley shared a few highlights:

- Adding 201 permanently conserved acres

-see CELT page 15

# Math

Continued from page 1

intervening years due to COVID-19 precautions. McKeown said, “[T]his was the first time that any Maine student was able to attend this event in their high school career... I am thrilled that the tides shifted enough this year to make our final competition a reality.”

The coach explained that the day began with six individual rounds. Each round consisted of students working their way independently through three problems with 12 minutes to solve. At the end of the individual rounds, CEHS students had earned 396 points. “That’s more than any other team... regardless of division,” McKeown said.

After lunch, the CEHS math team participated in two relays events. McKeown explained that during these events, each student is handed a unique set of two problems. One is worked on throughout the duration of the six-minute round, while the other must be tended to quickly so that the answer can be passed back to the team member sitting next in line. This pass-back number then contributes to the second student’s answer, which they must then pass back to the person behind them. This goes on until it reaches the last person, who ultimately records only their final answer. At the end, each student records the answer to their individual question, which they have worked on throughout the round, and also the final relay answer is recorded from all of the pass-backs. McKeown said, “As you can see, there are plenty of opportunities for mistakes to be made along

the way. It is pretty hard to get a relay question correct, but our kids were one of just a handful who were able to get at least one of the relays correct.”

The meet concluded with two team rounds, when the entire team had 12 minutes to work on eight problems from any topic in high school math, excluding calculus. This has been a strength of the team this year, and the meet was no exception.

Individual performances of note among the CEHS team members include Audrey Alberts- named among the top five highest scoring 9th graders of the day, Vio Voltz-named among the top 12 highest scoring 11th graders of the day, and Ainsley Fremont and Alex Scanlon-named among the top 15 highest scoring 12th graders of the day.

As for the overall championship, after earning 509 points, the CEHS Math Team secured first place in Class B schools for their performance. McKeown said, “I am not sure when, if ever, CEHS has won this accolade, but I can confirm that it has not occurred in at least the last 13 years of public record on the state math team website.”

The 2023 champion CEHS Math Team members are: Audrey Alberts, Ainsley Fremont, Neil Gabrielson, Zoe Matzkin, Trevor Oakley, Alex Scanlon, Logan Schwartz, Alex Thayer, Vio Voltz and Jack Wark.

The math team is also coached by McKeown’s CEHS Math Department colleague Marija Randall, and credit goes to every math teacher in the Cape Elizabeth School Department.



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# Capetoon: At the Recycling Center

By Jeff Mandell



# Nature scene around town



Photo by Amy Melissa Witt

This juvenile Sharp-shinned Hawk recently paid a visit to Cape Elizabeth resident Amy Witt's yard.



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## CELT seeking volunteers of all stripes

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The Cape Elizabeth Land Trust has volunteer opportunities for you! You can work outdoors to keep our trails in shape and promote ecosystem health. Share your knowledge of nature in our community and school programs. Use your marketing skills to help promote CELT membership and programs, or help with our annual fundraiser, Paint for Preservation.

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Contributed photo

CELT has various volunteer opportunities available for those interested in helping out.



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# Friends' news and notes: Monarch Waystation certifications

By Alex Donka and Andrea Southworth,  
Friends of Fort Williams Park Staff

The Friends are pleased to announce that three of our sites have been certified as Monarch Waystations by the organization Monarch Watch. Waystations provide the food and shelter resources that monarchs need in order to produce offspring and sustain their yearly migration.

Unfortunately, monarch butterfly populations have decreased drastically, 85% over just two decades, due to pesticide use on agricultural crops, habitat loss from urban development and climate change. In 2022, monarchs were added to the endangered species list by the International Union for Conservation of Nature, although no regulatory protection is currently provided.

To help the butterflies, the Friends have planted a variety of milkweed species such as common (*Asclepias syriaca*), butterfly (*A. tuberosa*), rose (*A. incarnata*), showy (*A. speciosa*) and poke milkweed (*A. exaltata*). Monarch caterpillars only eat milkweed; they are an obligate food source. Planting several milkweed species increases the likelihood that monarchs will have the resources that they need.

The Friends have also planted nectar-rich late season perennials like New England aster (*Aster novae-angliae*), boneset (*Eupatorium perfoliatum*) and seaside goldenrod (*Solidago sempervirens*). Once the caterpillars pupate and become adults, they need lots of nectar to fuel their fall migration.

Since March, monarch butterflies have

been traveling back from their winter habitat in the Sierra Madre mountains in Mexico; it typically takes three to four generations to reach northern New England. Incredibly, monarch adults will fly 50-100 miles a day for two to six weeks! The Friends have been getting ready for their arrival and you can, too, by creating a monarch-friendly landscape at home. Try these suggestions:

- Allow common milkweed plants to grow. They're not weeds, they're beautiful!
- Plant two or more milkweed species; consider planting easier-to-find patches.
- Add native flowering plants specifically for butterflies; aim to have multiple species in flower simultaneously throughout the growing season.
- Avoid using plants with double flowers. The extra petals block access to nectar and usually replace the pollen-producing anthers. Pollen is an important food source for other pollinators like bees, wasps and beetles.
- Limit the use of pesticides but remove invasive black swallowwort (*Cynanchum louiseae*) when possible. It's related to milkweed; however, it's severely toxic to monarch larvae.

To find out more about Monarch Waystations and monarch butterfly conservation, visit [www.monarchwatch.org](http://www.monarchwatch.org). Join the Friends this season and beyond in our mission to preserve and enhance the natural resources and visitor experience of Fort Williams Park; visit [www.fortwilliams.org](http://www.fortwilliams.org). Thank you!



Photo by Alex Donka

Monarch butterflies on butterfly milkweed in the Children's Garden last summer.

## Spring extended hours at Recycling Center

The Recycling Center will be open for the disposal of residential leaf and yard wastes on the Sundays listed below.

As a reminder, items normally destined for the Transfer Station will not be accepted.

Additionally, fees will be assessed on all applicable items.

### SPRING 2023 EXTENDED SCHEDULE

Sunday, April 30, 10:00 a.m. to 5:00 p.m.

Sunday, May 7, 10:00 a.m. to 5:00 p.m.



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# Thomas Memorial Library offers special events for children, welcomes state horticulturist Gary Fish

## Paper Dolls on Display in the Stier Family Gallery through May 31

In 2017, a group of friends who are all book artists decided to take on a new challenge—making paper dolls based on pre-selected themes. And, so, The Paper Doll Collective was born.

Drawing on their diverse artistic backgrounds, their first dolls were wildly different and inspired them to continue to explore the possibilities of interpreting a theme.

All of the dolls are assembled by hand, and each artist makes enough to share with the other six members of the collective. Other than the theme and general scale, no restrictions are placed on materials, technique or interpretation. Each doll is as unique as the woman who made it.

The work of The Paper Doll Collective is on display in the library's Stier Family Gallery through the end of May.

## Help Us Find Human Books

Do you know someone who defies a stereotype might be motivated to help challenge stigma through dialogue and personal conversations? If so, please encourage them to apply to become a Human Book at the library's Human Library® event this fall.

The Human Library® offers the opportunity for real people (Books) to share their experiences and stories as they engage with the community (Readers) in conversation. The Human Library® is a nonprofit organization that hosts conversations designed to challenge stigma and stereotypes.

These events create "a safe space for dialogue where topics are discussed openly" and "where difficult questions are expected, appreciated and answered." Human Library® events have been organized in 85 countries worldwide since 2000.

The library is partnering with the Town's DEI Committee on this project. Please visit the library's website for complete details.

## PROGRAMS FOR CHILDREN:

For more information and to register

for all library events, visit our online events calendar at the following link: <https://www.thomasmemoriallibrary.org/events>

## Character of the Month

You still have time to honor an environmental icon, The Lorax, and discover fun activities throughout the month like our popular scavenger hunt. Starting in May, stop by the children's room to celebrate the beloved sibling duo of Max and Ruby and try out a new scavenger hunt.

Join us for a kick-off story time on Friday, May 5 at 10:30 a.m. followed by a special craft.

## Read To a Dog

Children in grades K – 6, especially struggling or less-than-confident readers, are invited to sign up for 15-minute time slots to read with a certified therapy dog.

Check out the sign-up sheet in the children's room for appointment availability and to "meet" our dogs, or call the children's room for more information.

## Special Events

Friday, April 28 - Saturday, April 29 at 10:30 a.m.

Do you have a stuffy that you think needs to make some new friends? Do you just know it would love the library? Good news! Our children's room mascot, Belinda, is hosting a Stuffed Animal Sleepover at the library.

## How it works:

- Register on the event page of our website.
- Drop off your stuffy between 10:00 a.m. and 5:00 p.m., Friday April 28
- Pick up your stuffy at our special Stuffy Dance Party Finale, Saturday April 29, 10:30-11:00 a.m.

We'll make sure to take lots of photos of all the fun Belinda and the stuffed animals have overnight, and we'll have a slideshow to share with you so you can relive all of their adventures.

## Papermaking with EcoMaine

Monday, May 1, 3:30 - 4:30 p.m. Ages 6+. Join Katrina from EcoMaine

who will walk us through how to turn recycled paper into colorful new sheets of paper for cards, gift tags, book covers and more.

## Family Story Time with Help Me Grow Maine

Friday, May 12, 10:30 - 11:45 a.m.

Join us for a special story time and opportunity to meet the Help Me Grow Maine team, followed by freeplay and an opportunity to complete a free developmental screening for your child.

## Gnome Story Time & Forest Frolic Dance

Friday, May 19, 10:30 a.m.

Join us for a special story time, followed by a craft to get ready for the SpringFest event at Millcreek Park in South Portland (Ms. Jess from South Portland Public Library and Ms. Megan will be in attendance on Saturday, May 20th—come find our table).

## Weekly Programming Messy Minis! Process Art for Curious Kids

Mondays, 10:30 a.m. (Ages 2-5)

Let your imagination run wild and join us for Messy Minis time in the Community Room. Let's paint, color, cut, and paste together to make magic.

Each week we'll have different supplies out for you to be creative with. Some supplies may be limited, so be ready with your flexible and creative muscles. We can't wait to see what you make! For budding artists ages 2-5 and their caregivers.

## Dress Up and Dance

Tuesdays, 10:30 a.m. (Ages 2-5)

Join us for 30 minutes of moving and grooving to our favorite playlist, special dress-up costumes, and everybody's favorite bubble song. For dancing enthusiasts ages 2-5.

## Play Date at the Library

Wednesdays, 10:30 a.m.-12:00 p.m. (All ages)

Drop-in playtime session for children and their caregivers. This informal program is a fun and engaging way to explore literacy practices along with social and imaginative play. Through play, young children learn about their world. With this knowledge, they can understand books and stories once they begin

to read.

The Community Room is open for exploration during this time, with special toys and stations while you visit with friends.

## Ready for Reading Club

Wednesday, 1:30-2:00 p.m. (Ages 4+)

A special storytime program for children ages four and up. Join Miss Martha to enjoy longer stories, fun with music, and a variety of simple early learning games and activities.

## Tiny Tunes

Thursdays, 10:30 a.m. (Ages 1-3)

This inclusive program is for children who are not quite ready for a traditional story time, but love to have fun with friends.

Join us for a movement-based program that's a gentle introduction to the routines, songs and props we use for storytimes, but without the books. Great for curious, wandering wigglers, ages 1-3 and their caregivers.

## Traditional Story Time

Fridays, 10:30 a.m. (Ages 3+)

Join us in the Community Room for songs and stories, bubbles, and Belinda the Bear. Geared toward ages 3-5 or anyone who enjoys listening to a solid two stories.

## School-Age Programs Lego Club (Ages 5-12)

First Tuesday of each Month, 3:30-4:30 p.m. (Community Room) April 2

Come create with Legos at TML's LEGO Club. The library will provide the Legos, you provide the imagination. Come free build or pick up a challenge card to try something new.

Masterpieces will be put on display until the next Lego Club meets. There is no registration for this program, children 10 and under must have an adult present.

## T(w)een Crafternoon Club

Thursdays 3:15-4:15 p.m.

Drop-in for social time for tweens and a creative activity, for ages 11 - 13. April 4th - May 4th/Star Wars day. Lightsaber bookmarks 11th - Stretchy bookmarks

-see LIBRARY page 13



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## Library

Continued from page 12

18th - Duct tape flower pens  
25th - Bottle cap magnets

### #LibrarySquad

Bi-Weekly: First and Third Fridays of each Month, 2:45-3:45 p.m.  
April 7 and 21

Library Squad is a community of library-loving middle schoolers that meets monthly, and whose opinions, ideas, and help form the foundation of our programming. Library Squad meets after school on the first Friday of each month from 2:45 - 3:45 p.m. at the library.

### Middle School Book Club

Bi-Weekly: Second and Fourth Fri days of each Month, 2:45-3:45 p.m.

April 14: Bring your own book. We discuss whatever we are currently reading.

28: Group pick and discussion. Find out the current title & register by emailing Family Engagement Librarian Megan Smith at msmith@thomas.lib.me.us.

### PROGRAMS FOR ADULTS:

For more information and to register for all library events, visit our online events calendar at the following link: <https://www.thomasmemoriallibrary.org/events/>.

### Creative Nonfiction Writing Workshop, with Kevin St. Jarre

Four Saturdays in May, 11:00 a.m. - 1:00 p.m. in person at the library  
First session: Saturday, May 6, 11:00 a.m. - 1:00 p.m.

Creative nonfiction writing is different from other types of writing. It gives us a unique chance to, "Dive into the dark, and swim away from the light." What is totally familiar to us in our writing is often not as interesting to others as we might think. Readers of creative nonfiction want to go along with writers as they explore, whether it's exploring their surroundings, their memories, or new ideas.

The goal of this workshop will be to generate writing that penetrates the obvious and reveals something to ourselves and our readers. Not necessarily the exposure of secrets, but the uncovering of feelings, observations and micro-cultures. These are the raw ingredients we'll each bring, then we'll work on the cooking together.

Join Thomas Memorial Library and Pushcart-nominated novelist, essayist and educator Kevin St. Jarre for this four-week creative nonfiction writing workshop. All levels of writing experience are welcome. Register for this program on the library's website.

### Intro to Nature Photography Workshop, with Seacoast Photography School

Saturday, May 6, 2:00 - 4:00 p.m. in person at the library

Come learn the "fun"amentals of nature photography with Seacoast Photography School founder and lead instructor David Mazur.

Open to beginner and intermediate photographers, this two-hour workshop will be a hands-on lesson covering the basics of focus, exposure and composi-

tion techniques to enhance your photography skills. This is an ideal opportunity for nature lovers to capture the wonders of nature using their camera or smartphone. All are welcome. Register for this program on the library's website.

### Pod Complex: A TML Podcast Listening Club

First Thursday of the month, 5:00 - 7:00 p.m.

Next meeting: May 4 via Zoom

Love the idea of a book club, but don't have the time for all that reading? Addicted to podcasts, but wish you had someone to discuss your favorite episodes with? Join us for Pod Complex, TML's brand new Podcast Listening Club.

Each month we'll feature a different podcast to listen to and dissect together. We'll explore a wide variety of podcasts on all different topics, in all different styles and then turn a critical eye on them as we discuss each month's fresh selection.

Listen on your own time at home, or join us for the first hour as we listen together, with a lively discussion to follow in the second hour. Register for this program on the library's website.

### Cape Elizabeth Garden Club Presents: Pollination Nation

Thursday, May 18, 6:30 - 8:00 p.m. in person at the library

This month, Cape Elizabeth Garden Club welcomes Gary Fish, State Horticulturist at the Maine Department of Agriculture, Conservation and Forestry, who will offer tips and ideas for developing gardens that benefit birds and bees.

### ONGOING PROGRAMS FOR ADULTS:

#### Daily Fika (Coffee Break)

Wednesdays-Saturdays, 10:00 - 11:00 a.m. via Zoom

#### Guerilla Poetry Whoop

Second Thursday of the month, 6:30 pm - 7:30 p.m.

Next meeting: May 11 via Zoom

#### E-ldering Conversation Group

Wednesdays, 1:00 - 2:00 p.m.  
In person AND via Zoom

-see TML page 15

## Meeting

Continued from page 3

### Study for Affordable Housing Development Purposes at Gull Crest

A request from Councilor Reiniger to fund a site feasibility study for affordable housing development purposes at the town-owned Gull Crest property located on the side across from Colonial Village with funding not to exceed \$100,000 out of current year budget was brought before the Council.

Cynthia Dill of 1227 Shore Road shared that she was in favor of this item and that "it's an idea that a lot of people are excited about." She added that the study will give the town clarity on if it's feasible to create housing at Gull Crest.

Stephanie Anderson shared that Gull Crest consists of 265 acres not in conservation, that are "unencumbered, used for multi purpose, including the transfer station, athletic fields, community gardens, and the skating rink." She believes that a feasibility study to find out how much land, if any, could be used is a "significant opportunity to provide housing that this town needs."

Tom Dunham added that this study is "time sensitive" because of the short availability window for scientists to assess vernal pools in the state. He added "if there are vernal pools, that would impact the development significantly."

Penny Jordan said that prior to the evening's meeting she wasn't in favor of the study but now "I don't see what we have to lose, but I see that there's potential to gain." Councilor Caitlin Jordan agreed that she wasn't sold on the idea previously but now "we should understand what the options are."

Town Manager Sturgis shared some of what would be performed a feasibility study including soils testing, utility connections, topography, setbacks and zoning standards, what is physically and legally permissible,

as well as what area geographically in the proposed lot would be compatible for development. Additional concerns to consider are the costs associated with bringing in sewer, water, utilities, and the construction of roads. Sturgis told the council that he would reach out to Sebago Technics right away to get the ball rolling.

Councilor Reiniger made a motion to proceed with developing a feasibility study for Gull Crest. This motion was seconded by Caitlin Jordan and passed unanimously by the council.

### Item #63-2023 School Budget Validation Referendum Warrant

The draft motion for the school budget validation referendum warrant was presented in anticipation of the June 13 upcoming election to approve the school budget. Further details to come after the April 24 hearing from the School Board. Councilor Noonan made a motion, seconded by Councilor Caitlin Jordan and passed unanimously by the Council.

## CEUMC hosting presentation on plant-based meals

The Cape Elizabeth United Methodist Church's Eco Team is hosting a presentation on plant-based meals on Sunday, May 7, at 1 p.m. at the church.

Sharalyn Morrison-Andrews will provide resources and answer your questions about this human healthy, climate healthy diet.

Please call the church at 799-8396 and leave your name, phone number, e-mail address and how many will be attending.

The church is located at 280 Ocean House Road (Route 77) in Cape Elizabeth.



**Kathleen O. Pierce**  
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207.232.4030  
kpierce@advisorsliving.com



## SPRING Clean Up Saturday, May 6

The Cape Elizabeth High School baseball team, in partnership with Hemlock Ridge Landscaping, is offering spring clean ups as a team fundraiser

### Services include:

- General yardwork
- Debris removal

\$175 for the first hour and \$100 for each additional hour.  
Price includes 4 players and 1 parent supervisor.



Call or text Mike Hollowell to schedule or find out more (230) 767-1566

Got a story  
to share?  
Email us!



editor@capecourier.com

# CAPE CALENDAR

By Wendy Derzawiec

Please see the town website, [www.capeelizabeth.com](http://www.capeelizabeth.com) for meeting locations  
 Instructions for joining videoconference meetings listed below will be posted on the town website, [www.capeelizabeth.com](http://www.capeelizabeth.com).

## Wednesday, April 26

Board of Zoning Appeals - CANCELED, Town Hall, 7 p.m.

## Thursday, April 27

School Building Advisory Committee, Town Hall, 6:30 p.m.  
 Thomas Memorial Library Committee, 6:30 p.m.

## Monday, May 1

Housing Diversity Study Committee Meeting, Town Hall, 6:30 p.m.

## Tuesday, May 2

Planning Board Workshop, Jordan Conference Room, Town Hall, 7 p.m.

## Wednesday, May 3

Town Council Workshop, Jordan Conference Room, Town Hall, 7 p.m.

## Thursday, May 4

School Building Advisory Committee, Town Hall, 6:30 p.m.  
 Recycling Committee, Public Works Department, 7 p.m.

## Monday, May 8

Town Council, Town Hall, 7 p.m.

## Tuesday, May 9

School Board Meeting, Town Hall, 6:30 p.m.  
 Conservation Committee, Town Hall, 7 p.m.

## Ongoing each week

Al-Anon, Regular meeting 7 p.m. Thursdays, at United Methodist Church, 280 Ocean House Road. Regular meeting 7 p.m. Fridays at St. Alban's Church.

Alcoholics Anonymous, 2 p.m. Saturdays, First Congregational Church, 301 Cottage Road, South Portland; 7 p.m. Wednesdays, St. Bartholomew Church; 7 p.m. Fridays, St. Alban's Church.

Cape Elizabeth Historical Preservation Society, 9 a.m.-noon Mondays and Thursdays when "Open" sign displayed, Fort Williams, in the brick building closest to Shore Road (ring the doorbell).

Cape Elizabeth Lions Club, 6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road

South Portland/Cape Elizabeth Rotary Club, 6:15 p.m. Wednesdays at 107 Preble Hall, Southern Maine Community College, 2 Fort Road, South Portland. [sp-ce-rotary.org](http://sp-ce-rotary.org).

Codependents Anonymous (CODA) group at Cape Elizabeth United Methodist Church. Regular meeting weekly on Saturdays at 10:30 a.m. Call 799-4599 FMI.

# SERVICES

## Cape Elizabeth Church of the Nazarene

499 Ocean House Road (Route 77)  
**747-1113**

[www.capenazarene.org](http://www.capenazarene.org)

Sunday School for all ages: 9:30 a.m.  
 Sunday Worship Celebration: 10:45 a.m.  
 Services streamed live or on demand:  
[watch.capenazarene.org](http://watch.capenazarene.org)

## Cape Elizabeth United Methodist Church

280 Ocean House Road  
**799-8396**

[www.ceumc.org](http://www.ceumc.org)

Sanctuary Service: 10 a.m.  
 In-person Sunday services 10 a.m. For Zoom services, call 799-8396

## The Church of Jesus Christ of Latter-day Saints

29 Ocean House Road  
**799-4321**

Sacrament Meeting:  
 Sunday, 10 - 11:00 a.m.

Sunday School/Primary: 11:10 a.m.-12 p.m.

## The Church of the Second Chance

Greater Portland Christian School  
 1338 Broadway, South Portland  
**641-3253**

Sunday: 10:30 a.m.-12:15 p.m.

## Church of the Holy Spirit

1047 Congress Street, Portland  
**874-9779**

[www.HolySpiritPortland.org](http://www.HolySpiritPortland.org)

Sunday Worship: 10:00 a.m.  
 Sunday Adult Bible Study: 9:00 a.m.  
 Sunday School for children: 10:00 a.m.  
 Services streamed live on Facebook  
 Potluck dinner every third Sunday

## Congregation Bet Ha'am

81 Westbrook St., South Portland  
**879-0028**

[www.bethaam.org](http://www.bethaam.org)

Worship: Friday, 7:30 p.m.  
 Saturday, 10:30 a.m.  
 Family Shabbat Services:  
 Second Friday, 6:00 p.m.

## Hope Community Church

879 Sawyer Street South Portland  
**799-4565**

[www.hopesopo.com](http://www.hopesopo.com)

[www.facebook.com/hopesopo](http://www.facebook.com/hopesopo)  
 Sunday Morning Worship at 10 a.m.  
 Kid's Church for ages 4 through grade 5

Service videos available on our website

## Promised Land World Reach Center

536 Cottage Road, South Portland  
**799-3152**

Sunday Prayer & Intercession: 9:30 a.m.  
 Sunday Worship: 10 a.m.  
 Family Bible Studies: Wednesday, 7 p.m.  
 Sermon recordings available to download

## Redeemer Lutheran Church - LCMS

410 Main Street, Gorham  
**839-7100**

[www.RedeemerMaine.org](http://www.RedeemerMaine.org)

1st Saturday of the month 10:00 a.m. with masks  
 Sunday Bible Class 9:00 a.m.  
 Sunday Service: 10:15 a.m.  
 Wednesday Vespers: 6:30 p.m.  
 Sunday and Wednesday services are in person and streamed on Facebook

## Saint Alban's Episcopal Church

885 Shore Road  
**799-4014**

[www.stalbansmaine.org](http://www.stalbansmaine.org)  
 Sunday Services:

Rite 1 with Holy Eucharist 8:00 a.m.  
 Rite 2 with Holy Eucharist 9:30 a.m.  
 Live Streaming on YouTube ([stalbanschannel](http://stalbanschannel))  
 Children's Programs 9:30 a.m.  
 Celtic Eventide 5:30 p.m.  
 Room for all

## St John Paul II Parish

## St Bartholomew Roman Catholic Church

8 Two Lights Road  
**207-883-0443**

[JP2me@portlanddiocese.org](mailto:JP2me@portlanddiocese.org)

Website: [www.JP2me.org](http://www.JP2me.org)

Sunday Mass: 9 a.m.

Monday Mass: 8 a.m.

## First Congregational Church United Church of Christ

301 Cottage Road, South Portland  
 799-3361

[www.fccucc.org](http://www.fccucc.org)

Sunday Worship: 10:00 a.m. in person and streamed on Facebook & YouTube

## First Congregational Church of Scarborough

167 Black Point Road, Scarborough  
 883-2342

[www.fccscarborough.com](http://www.fccscarborough.com)

Sunday Morning Worship: 9:30 a.m.  
 Sunday School & Nursery Care

## CABLE GUIDE

Subject to change. Please see [cetv.capeelizabeth.org](http://cetv.capeelizabeth.org) for latest program guide and video on demand.

## Cape Elizabeth Church of the Nazarene

April 29, April 30, May 6,

## CETV CHANNEL 1302

May 7 - 9 a.m.  
**Zoning Board of Appeals**  
 April 26 - 7 p.m.

# Dean's list/grad announcements

**Greta Frankwicz** was named to the the fall 2022 dean's list at the College of Our Lady of the Elms in Chicopee, Massachusetts.

**Miryam Keller** was named to the dean's list at Bates College in Lewiston for the fall 2022 semester.

**Marianna Godfrey** graduated summa cum laude from Georgia Institute of Technology in Atlanta, Georgia with a Bachelor of Science degree in Architecture in December of 2022.



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FMI [www.jordansfarm.com](http://www.jordansfarm.com)

CSA - Community Supported Agriculture

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**Swartz Enterprises** - Tim Swartz, Owner Cell (207) 809-9735 - Household Trash Removal, Recycling, Composting, Sustainability, Debris Disposal, Landscaping & Tree Care [swartzentoffice@gmail.com](mailto:swartzentoffice@gmail.com) Like Us On Our Facebook Page!

**MUSIC LESSONS**

**Flute lessons:** For beginners and intermediates of all ages. Call Kris: 767-3712.

**Suzuki violin lessons** and group classes available. Ages 5+. Please contact Laura Warren at Suzuki Stringers 207-245-5863 or email [ljwarren88@yahoo.com](mailto:ljwarren88@yahoo.com)

**Piano lessons for all ages.** Beginners through advanced. Sandi Palmquist: 329-8345.

**Piano, Voice, Guitar, Ukulele lessons for all ages.** Beginner through intermediate. Carey Rasco: 232-7015

**TML**

Continued from page 13

**Songwriting Workshop (with Jud Caswell)**

First Tuesday of the month, 6:30-8:00 p.m. Next meeting: May 2 In person at the library

**Big Little Lit Book Group**

Third Wednesday of the month, 11:00 a.m. - 12:00 p.m. Next meeting: May 17 May book: TBD In person at the library and streamed simultaneously via Zoom

**Adult Book Group**

Third Thursday of the month, 3:00-4:00 p.m. Next meeting: May 18 May book: "Nomadland: Surviving America In The Twenty-First Century," by Jessica Bruder In person at the library and streamed simultaneously via Zoom

**Happy Easter Grandsons**



**Love, Grandma & Pop-pop Schmitz**



Contributed photo

Artistic paper dolls by The Paper Doll Collective will be on display in the Stier Family Gallery at Thomas Memorial Library through May.

**CELT**

Continued from page 9

to the 665 CELT held back in 2015, an increase of 30%

- Finalizing the permanent conservation of the Cross Town Trail
- Accepting Peter Eastman's generous donation of Turkey Hill Farm and beginning to build the future of the farm through our partnership with the Wild Seed Project
- Expanding our education programs, particularly with the 7th and 8th-grade place-based curriculum at Turkey Hill Farm that is now in its second year
- Growing in effectiveness and efficiency as a land trust accredited by the national Land Trust Alliance
- Completing a \$7.5M comprehensive campaign that allowed us to conserve four new properties, while also building CELT's endowment funds to enable us to care for all of our properties forever.

"Cindy, we wish you every success for the future, we thank you and we know that CELT and its mission will remain dear to your heart," Murley said.

For her part, Cindy Krum penned this to CELT's members and friends, and it was shared with *The Cape Courier*:

"I want to offer a heartfelt thanks to the en-


tire CELT community. While I won't have a chance to speak with all of you before my departure, I want you to know how much I have loved working with all of you to advance CELT's important mission. This is truly a community land trust, and each of you are a critical part of that community.

"We have done some important work together over the last seven years and these successes will only expand and continue due to the commitment of this community. I am happy that I am making this transition at a time when CELT is in such a strong position for continued growth in its land conservation, stewardship and education programs.

"I am grateful to our exceptional board of directors for working to ensure a smooth transition. This community and these lands will always hold a special place in my heart. Since my new position will be a hybrid work arrangement, I will be staying in Maine, so I hope to see you on the CELT trails!"

CELT also announced that the board of directors has hired David Briman as CELT's interim executive director. Briman has been a member of CELT's board for the past six years, as well as serving on the executive committee and chairing the lands committee. CELT will announce more about the search process for Krum's permanent successor in the coming weeks and months.

**Calling all Class of 2023 parents!**



**SENIOR SHOUT OUTS**  
Do you have a Senior you would like to celebrate?

The Cape Courier is offering a special advertising opportunity for you to give a "Shout Out" to the Senior in your life, while supporting your local newspaper.

All ads are \$25 including a picture!

Deadline is May 26th for the June 7th issue.

Contact Tara Simopoulos at: [advertising@capecourier.com](mailto:advertising@capecourier.com) for more info.



**RECYCLING CENTER  
SPRING EXTENDED HOURS**


**Spring Is Finally Here!  
Time to Clean Up the Yard!**

The Recycling Center will be open for the disposal of residential leaf and yard wastes on the Sundays listed below.

As a reminder, items normally destined for the Transfer Station will not be accepted.

Additionally, fees will be assessed on all applicable items.

**Sunday, April 23rd 10:00 AM to 5:00 PM**  
**Sunday, April 30th 10:00 AM to 5:00 PM**  
**Sunday, May 7th 10:00 AM to 5:00 PM**



**Town of Cape Elizabeth  
Seasonal Grounds Maintainer**

**The Town of Cape Elizabeth has an immediate opening for the position of Seasonal Grounds Maintainer.**

Do you like working outdoors? Are you looking for a summer job? The Town of Cape Elizabeth is seeking to fill seasonal Parks staff positions. Seasonal grounds maintenance employees assist with grounds keeping, lawn care, and general maintenance. These seasonal positions work Monday through Friday, 40 hours per week. These seasonal positions can be flexible with your hire date and end-date, and can run from May to November. The ideal candidate will be at least 18 years old and have basic knowledge of maintenance equipment. A valid Class C license with a good driving record is required.

Please contact **Public Works** at 799-4151 for more information. Additionally, applications are available at the Public Works Facility at 10 Cooper Drive.

*The Town of Cape Elizabeth is an EEOC.*

# Searching for sweet surprises



Contributed photo

Kids, grandkids and kids at heart strolled the Shore Acres neighborhood hunting for Easter Treats inside neighbor's mailboxes. This family wants to say, surprise Grammie and Grandpa!

# Controlled burn on Richmond Island



Photo by Charlie DeBruyn

Cape Elizabeth Middle School sixth grader and aspiring photographer Charlie DeBruyn took this photo of the controlled burn on Richmond Island on April 14.

# Courier soaks up the sun in Negril



Contributed photo

Cape Elizabeth residents David and Diane Vickrey (fifth and sixth from left) along with their extended family (Andrew, Amanda, Evaline and Louisa Vickrey of Berwyn, Pennsylvania, and Cliff Vickrey and Lindsay Larsen of Portland) took The Cape Courier on a recent trip to Negril, Jamaica where they enjoyed the warm Caribbean water. Eight-year-old Louisa Vickrey is holding The Cape Courier.

## What Good Governance Can Look Like

By unanimous vote at the April 10th meeting, Cape's Town Council approved a feasibility study to determine the potential for building housing on town-owned land at Gull Crest. To be clear, this vote was not an endorsement nor vindication of the citizen-led Plan B that was circulated as a petition last year, but it does represent a vital step toward gathering information. It also acknowledges that voters throughout Cape want to know what that large parcel of land has to offer. Please join us in thanking the council, and encouraging them to continue setting aside politics and personal agendas in favor of finding facts.

## Still... The Ominous Impacts of LD 2003 Loom

The Maine Municipal Association has requested that compliance with LD 2003 – the law that bans single-family zoning and encourages population density – be delayed until 2025 instead of July 1, 2023. A law in flux, the rules for LD 2003 were still in public comment period through March 13, 2023, as noted by the Southern Maine Planning and Development Commission.

Delaying implementation makes good sense. Why then is Cape's town planner, and several of our councilors, rushing to implement new town-wide ordinance changes that in-fact **EXCEED** those required by this untested law? They have repeatedly promised that their work is simply to comply with LD 2003, and that their proposed changes will not go beyond what's required. Will they honor that commitment to our community?

## Are Developers and Politicians Exploiting the Concept of Affordable Housing?

"I want to make sure Cape Elizabeth stays the way it's supposed to be – a small, rural town focused on farming and fishing." This isn't a quote from some reactionary NIMBY. In fact, it was stated as the top priority of one of our current Town Councilors as she ran for office. By setting Cape Elizabeth up as a test case though, developers will salivate at new incentives to level existing single-family homes. Those homes will be replaced with dense, high-end units to attract out-of-staters, and even more dense and highly-profitable government-subsidized apartment buildings. **Greedy developers will profit greatly, at the expense of maintaining the rural character of our town that is regularly listed as a top priority for Cape residents.**

## What Can You Do?

- Contact Cape's Town Council (cetowncouncil@capeelizabeth.org). Ask them to set aside ordinance changes that are not required by LD 2003, and ask them to urge the state to delay the implementation of the law.
- Contact our state reps (Rebecca.Millett@legislature.maine.gov and Anne.Carney@legislature@maine.gov). Urge them to postpone the LD 2003 compliance deadline until 2025 as requested by the Maine Municipal Association.

## What is the Cape Neighbors Alliance?

We are a group of citizens who believe that good governance happens when our community is heard, processes are transparent, and personal agendas are set aside. We intend to stand with our neighbors and our community to ensure this vision becomes reality.