

# The Cape Courier

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May 10 - May 23, 2023

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*In the Spirit of Community*

## CEHS Esports Team are MPA League of Legends State Champions

By Kevin St. Jarre



Contributed photo

Coached by Jason Lund, the CEHS Esports Team are state title champs. From top left to right are Freddy Barraclough, Leo Millecchia, Eli Beber, Aman Khare and Nick Snow. At the bottom of the photo are Roan Young and Rohan Yadav.

Perhaps the fastest growing competition in high schools today is esports. While there are many different ways to define exactly, what they are is intensely competitive video gaming.

The Maine Principals Association, the body that oversees Maine school competitions, held their State Esports Tournament at Central Maine Community College recently.

After eight weeks of team competition, and beating Maine Central Institute, the number 2 seed, in the semifinal, the Cape Elizabeth High School Esports Team were the top seed going into the state title for League of Legends. The Capers took on Noble High School's varsity team, the number 4 seed, in a best of three match, but a third round was not necessary as the CEHS team won the first two.

When asked to explain the various

leagues such as Rocket League, the Super Smash Brothers Ultimate, and the League of Legends, CEHS Esports Coach Jason Lund said, "Think of esports as being like indoor track with individual events within it." Each of the leagues is like a track event. Unlike track, however, esports does not have a single, overall championship title.

The MPA has offered esports titles since the fall of 2020, starting with Rocket League. In the spring of 2021, the MPA first offered a state title in League of Legends. Cape was the runners up in that first ever title run with Mount Desert Island winning it.

In the spring of 2022, they offered the first state title in Super Smash Brothers Ultimate which CEHS won. Last fall, the Capers were the state runners up against Noble High School for League of Legends.

## News from April 18 Planning Board meeting

By Hanna Gilley

### March 21, 2023 Meeting Minutes Approval

The Planning Board asked for approval of March 21 meeting minutes.

The motion was introduced by Derek LaVallee and seconded by Jim Huebener. With no discussion from the board, the motion passed unanimously.

### Solar Array Proposal Project at Cape Elizabeth Landfill Site

ER Cape Elizabeth Solar, LLC, is requesting a site plan amendment to install a 0.9 MW solar array at the Cape Elizabeth Landfill located at 21 Dennison Drive (R05-10), Sec. 19-9, for Site Plan Completeness.

Applicant Jeff Read, P.E., with Sevee & Maher Engineers of Cumberland, presented to the board a brief summary and presentation. He was accompanied by Ralph Meima of Encore Renewable Energy, a parent company of ER Solar Cape Elizabeth, LLC, and

Vice President of Project Development.

Meima explained to the board his team's responsibilities in the project to manage the necessary soil tests, engineering studies, electric grid connectivity and other necessary permitting. Once the project gets notice to proceed, financing will begin, the procuring of materials and the planning of construction.

Meima noted that Encore Renewable Energy has become "especially focused on redeveloping brownfields, landfills and other damaged terrain." He added that the proposed project site is a "great space because it's challenged for other uses" and a "benefit to the community."

Noted details of the project include the installation of 2,796 solar panels on arrays with ballast foundations, a 6.5-acre lease on a 198-acre parcel, natural buffering for abutting lots, and the closest existing residential property sited approximately 1,600 feet from

-see PLANNING BOARD page 15

## CEFD Chief Gleeson retiring after serving Cape Elizabeth since 1976

By Kevin St. Jarre



Photo from Town Hall website

The Cape Elizabeth Town Council recently honored Fire Chief Peter Gleeson for his years of service with a plaque that will be placed on the new fire engine. The entire Fire and Rescue Department, as well as Gleeson's wife, son, and daughter were present for a surprise tribute and standing ovation to the chief.

For more than 45 years, Fire Chief Peter Gleeson has served the community of Cape Elizabeth.

He has been a member of the Cape Elizabeth Fire Department since 1976

when he started as a probationary member at Cape Cottage Station. "I had a friend who was a firefighter and he kept

-see FIRE CHIEF page 10

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## Is glyphosate 'safe?'

I challenge Ilya Fleishman's EPA-based assertion that glyphosate is "safe."

The International Agency for Research on Cancer (part of the World Health Organization of the United Nations) has classified glyphosate as "probably carcinogenic to humans (Group 2A)." Since that action in 2015, numerous cities, counties, states and countries restricted or banned glyphosate. See <https://www.wisnerbaum.com/toxic-tort-law/monsanto-roundup-lawsuit/where-is-glyphosate-banned>.

The makers of glyphosate have settled over 100,000 lawsuits by consumers linking the chemical to cancer and had paid out about \$11 billion as of May 2022. See <https://www.forbes.com/advisor/legal/product-liability/roundup-lawsuit-update/> for a more complete discussion of the legal situation.

Bayer, the current manufacturer, committed to begin replacing this year "its glyphosate-based products in the U.S. residential Lawn & Garden market with new formulations that rely on alternative active ingredients." <https://www.bayer.com/me->

[dia/en-us/bayer-provides-update-on-path-to-closure-of-roundup-litigation/](https://www.bayer.com/me-dia/en-us/bayer-provides-update-on-path-to-closure-of-roundup-litigation/).

So why did the EPA on the one hand, and the courts and IARC on the other, come to such different conclusions?

There's a simple answer: The EPA based its findings largely on studies done by the manufacturers of glyphosate. Ninety-nine percent of those studies found no issues with the chemical. The IARC based its findings mostly on peer-reviewed studies, 70% of which found evidence of carcinogenicity -- a likelihood to cause cancer. See [https://enveurope.springeropen.com/articles/10.1186/s12302-018-0184-7#auth-Charles\\_M\\_Benbrook](https://enveurope.springeropen.com/articles/10.1186/s12302-018-0184-7#auth-Charles_M_Benbrook).

I agree with Ilya Fleishman that it is important for people to understand the science of the issue they are asked to decide upon.

Please don't trust "science" coming to us and to regulatory agencies from the agrochemical industry. Please support the residential pesticide referendum in Cape.

Nancy Ross

## 'It's time to pay attention'

As major issues in Cape stir debate, it is refreshing to see concerns raised over misinformation and inaccuracy in these pages and at town hall. I encourage all in our community to note those concerns, and use them as a catalyst to examine these issues

independently. Important policy decisions are imminent. It's time to pay attention.

Perhaps the most concerning inaccuracy being propagated today relates to yet another round of zoning ordinance changes being proposed by Cape's town planner and the Ordinance Committee. As a community, we have repeatedly been assured that their proposed changes are simply to comply with state law LD2003. Unfortunately, this claim is factually incorrect. I'll share just two examples.

The first relates to ADUs. Did you know that Cape's existing zoning ordinances already allow for ADUs? In fact, our existing ADU allowance not only complies with LD2003, it significantly exceeds its requirement. Succinctly, the proposal to allow for even larger ADUs is not a required change.

Another glaring example is the proposed terminology change from "multiplex" to "multi-family." Though repeatedly sold as a minor change, our town planner and members of the committee have acknowledged that "multi-family" is a more general term that would allow more "flexibility" to property owners. Might that flexibility allow for garden style apartments in residential zones? Again, this change is demonstrably not required by LD2003.

No one wants a repeat of the last failed round of ordinance changes. Hopefully the current robust dialogue will lead us in the right direction.

Tim Dew

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## Family Fun Day is June 17

Save the date of June 17 for Cape Elizabeth Family Fun Day at Fort Williams Park. For well over 30 years, Cape Elizabeth Family Fun Day has been a Cape Elizabeth tradition. This event is sponsored by the town of Cape Elizabeth along with numerous local nonprofit organizations.

The events start off at 10 a.m. led by a parade with local Little League teams, scout troops, music, town fire and rescue vehicles, The Shriners and local celebrities and organizations. The parade ends at Fort Williams Park where the main event will kick off.

The daytime events will run from 10 a.m. until 3 p.m. We will have live music featuring local bands, carnival games, a train ride, food vendors and many other activities sponsored by local non-profit groups.

There will also be a "climbing wall," an "obstacle course" and a "bungee jump" for our more adventurous attendees. Intertwined with all the activities are several of our local artists and crafters displaying their wares.

There are still opportunities to help support the event. If you are involved with or know of a local non-profit that would like to participate, please reach out to [capeelizabethfamilyfunday@gmail.com](mailto:capeelizabethfamilyfunday@gmail.com).

Tickets for the events can be purchased on site with cash (preferred) and are usable at any of the events and activities. Credit cards will be accepted for the purchase of tickets but will have a processing fee.

Starting around 5:00 p.m., there will be an early evening concert with local musical groups Cul-De-Sax and Ocean House Road Band.

Fireworks begin at dusk. There will be a few food vendors set up along the paved road parallel to the parade grounds in Fort Williams where the events of the day took place.

Bring chairs and blankets, nothing better than fireworks at Fort Williams parade grounds!

We hope to see all of you out there. In addition to being a lot of fun for the whole family, it's a great way to support and learn about your local non-profits and what they do.

This event is generously sponsored by the town of Cape Elizabeth and all of the money earned goes to support school groups and local non-profits.

Mark your calendars for June 17 and get ready to have some fun!

2023 Publication Schedule					
Issue No.	Ads/Copy Due	Issue Published	Issue No.	Ads/Copy Due	Issue Published
01	Jan 6	Jan 18	12	June 23	July 5
02	Jan 27	Feb 8	13	July 14	July 26
03	Feb 10	Feb 22	14	Aug 4	August 16
04	March 3	March 15	15	Aug 18	Aug 30
05	March 17	March 29	16	Sept 1	Sept 13
06	March 31	April 12	17	Sept 15	Sept 27
07	April 14	April 26	18	Sept 29	Oct 11
08	April 28	May 10	19	Oct 13	Oct 25
09	May 12	May 24	20	Oct 27	Nov 8
10	May 26	June 7	21	Nov 10	Nov 22
11	June 9	June 21	22	Dec 1	Dec 13

# Then and Now: A body found

By Jim Rowe

Extra! Extra! Hear and read all about it! A Murder! A Trial! An Execution! A missing body! Futuristic technology! An unrelenting search! Get the whole story at the Thomas Memorial Library on May 16!

In two previous Courier "Then and Nows," I have shared what it's like to be on the periphery of a manhunt...or more specifically, a body hunt of a man who died in January 1808. Cumberland County Deputy Sheriff Ebenezer Parker, late of Cape Elizabeth, was the first New England lawman to be killed in the line of duty.

This adventure all began for me with a May 17, 2019 email to the Cape Elizabeth Historical Preservation Society. In it, historian/author/detective Lori-Suzanne Dell briefly outlined what she had on the killing of Deputy Sheriff Parker. I had heard the story, but knew no details. She indicated that the location of Deputy Parker's final resting place had been lost in the mists of time.

Current Cumberland County Sheriff Kevin Joyce has made it a mission to find Parker's grave, so that his memory may be honored with the same dignity and customs with which all other law enforcement officers who have been killed in action are afforded. Ms. Dell wondered if the CEHPS had anything in its archives that might aid her search. We

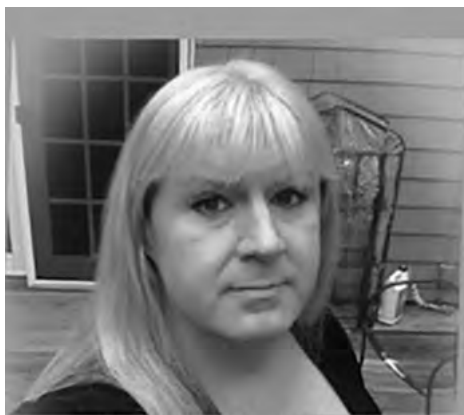


Photo courtesy of Lori-Suzanne Dell

Lori-Suzanne Dell, a historian/author/detective, has written a book about pursuing the truth of the killing of Ebenezer Parker.

had precious little to offer, other than being able to confirm Parker's murder from a vague mention in a family genealogy. There were no clues in the inventories of our local cemeteries or in birth/death/marriage records of the Cape Elizabeth Town Clerk from that era.

Thus began a semi-regular correspondence with Ms. Dell. I didn't think I was much help, offering only agreeing nods or skeptical frowns when she'd advance a theory. My nods and frowns were based on my very general knowledge of our town and the surrounding area as it would have been ca. 1800.

Over the last four years, it has been fascinating to watch hunches become possibilities become likelihood become virtual certainty (with plenty of diversions, dead ends and "re-boots" along the way). Lori-Suzanne's dogged pursuit of the truth has been as interesting to me as the story itself. We became friends along the way.

And now, you can experience firsthand the defrosting of a cold case that stumped detectives for many years. The Cape Elizabeth Historical Preservation Society and the Thomas Memorial Library are proud to co-sponsor the launch of Lori-Suzanne Dell's new book, "A Fallen Star," on Tuesday, May 16 at 6:30 p.m. in the downstairs Community Room at TML. The author will talk about her book, and autographed copies will be available at a discounted price. Come learn the whereabouts of Ebenezer Parker!

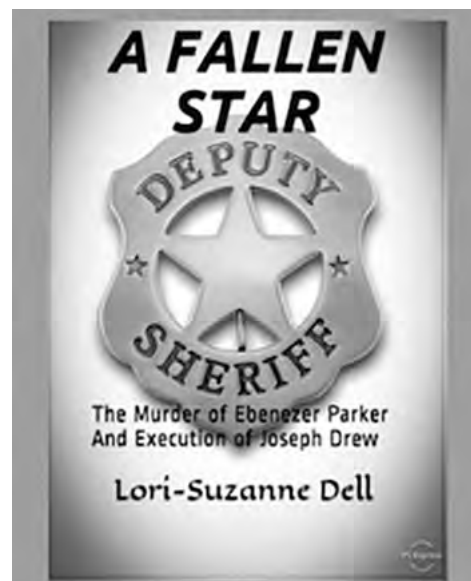


Photo courtesy of Lori-Suzanne Dell

Cover of "A Fallen Star."

# Bowery Beach School House presentation on May 16



Photo courtesy of the Brown Family Collection

CEHS student Zoe Burgard, in partnership with CEHPS and the CE Lions Club, will be presenting about the Bowery Beach School House on May 16.

Have you ever wondered about the history of the historical one room school house on the way to Two Lights State Park? The Bowery Beach School House, which the Cape Elizabeth Lions Club owns, maintains, rents for events and shares with the Cape Elizabeth Boy and Cub Scouts for their meetings is of historical significance.

Zoe Burgard, a CEHS student in partnership with the Cape Elizabeth Histori-

cal Society and the Cape Elizabeth Lions Club will be presenting a 45 minute overview of the 1800's schoolhouse history.

The Lions Club has opened this presentation on Tuesday May 16 7:15 to 8:00 p.m. up to the general public. Seating in the schoolhouse is limited to 65 people. Please reserve your seat by emailing <lionsclubce@gmail.com> or calling Collette at 233-2279.

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# News from the superintendent

By Dr. Chris Record

Happy May to all of you! As I write this, the rain is pouring down on us. I hope by the time this edition is published that we will be experiencing beautiful and sunny spring weather.

Before I dive into some updates on the 23-24 school budget and the work of the School Building Advisory Committee, I wanted to share some recent highlights for our students. In no particular order, here are some achievements that we should all celebrate and be proud of:

- NAMM Foundation has designated Cape Elizabeth as one of the “2023 Best Communities for Music Education.” We are one of two Maine school districts to be awarded the distinction and this is Cape’s eighth year in a row being designated.

The Best Communities Music Education designation is awarded to districts that demonstrate outstanding achievement in efforts to provide music access and education to all students. Districts that have been recognized by the NAMM Foundation are often held up as models for other school districts and educators looking to improve their own music education programs.

- CEHS Speech Team are State Champions.

- Logan Schwartz, a CEHS student who won every alpine race he entered this winter season.

- CEHS One Act gathered many awards at the Regional One Act Play Festival, at Yarmouth High School. Including Regional Class A Runner-Up.

- CEHS Indoor Track -Tommy Gray (shot put), Grace Gray (300m), and Emma Young (1000m) all represented Cape Elizabeth at the New England Indoor Track Championships.

- Pond Cove Chess Club - our newly formed team finished in 2nd place at the State Team Championship in Lewiston.

- Congratulate the Robotics Team for their Maine State Championship win!

- And the Swim Team for their Class B State Championship win!

- AND the Hockey Team’s State Championship win!

- Also we had multiple students participate in the MMEA D1 6th Grade Honors Band/Chorus Festival and many CEMS and CEHS Honors Jazz Band students as well.

### 2023-2024 School Budget

On April 11, the School Board unanimously approved the 2023-2024 (FY24) school budget and the Town Council will vote on the school and town budget on May 15.

Town citizens will have an opportunity to vote on the budget on June 13. We certainly appreciate the support for the school budget by the Town Council and Cape citizens.

### The School Board budget goals for FY24 are the following:

1. Meets the academic, social-emotional and health needs of all students.
2. Supports recruitment and retention of high-quality personnel.
3. Supports appropriate and on-going building maintenance and repair.
4. Supports the advancement of instructional skills of our staff.
5. Reflects a careful consideration of the effectiveness and efficiency of each line item and position.

### The cost drivers impacting the 2023-2024 School Budget are the following:

- o Increasing maintenance and repair issues for our aging schools
- o Electricity and fuel costs have increased significantly
- o Health Insurance rates are continuing to escalate (6% increase this year versus .035% last year)
- o Required retirement contributions to the state are increasing
- o The overall impact on supply/maintenance costs from inflation and supply chain issues
- o Meeting the labor market demands of recruiting and retaining high-quality personnel
- o We negotiated three contracts last year and are in the process of negotiating two more currently.

The tightening labor market, high inflation and our collective interest in recruiting and retaining high quality staff has led to higher than typical increases to our labor costs. Personnel is around 83% of our budget.

### In the Budget

- Salaries and benefits
- Facilities costs \$530,000 increase
- Contingencies \$50,000 increase
- Health insurance increase of 6%
- MainePERS increase to 4.47%
- Collective bargaining negotiations
- Pond Cove .5 Social Worker
- Pond Cove .3 World Language Teacher
- Middle School .2 World Language Teacher
- Middle School 1 Educational Technician
- High School .3 Social Studies Teacher
- High School 1 Educational Technician for Achievement Center
- Special Services .3 Academic Evaluator
- Student Pathway Coordinator (5 – 12)
- .5 English/Language Arts/Humanities Instructional Strategist K

### Out of the Budget

- Net decrease in health insurance to 6% \$150,000
- Van purchase \$50,814
- Debt service shift of payment \$95,000 to FY25
- Nutrition support \$50,000
- Extended Learning Instructional Strategist \$102,000
- Multilingual Educational Technician \$60,000
- Achievement Center Dir (now an Ed Tech) \$42,000
- National conferences for PD \$17,927
- PC/MS shared Educational Technician
- New position request for PC .2 World Language \$21,000
- PC supplies/equipment \$20,000
- Mindfulness contract shifted to Title II grant
- 10% of supply lines \$55,000
- CEMS teacher reduction \$102,000 (retirement)
- Retirement budget allocation decrease \$30,000

We are pleased that despite the inflationary pressures and significant cost drivers, our 23-24 school budget supports our students and staff.

ports our students and staff.

We recognize the projected property tax increase of 6.26% is still a challenge for Cape Elizabeth homeowners and we very much appreciate your support of our schools.

The School Building Advisory Committee (SBAC) has formed and held several very productive meetings. You can learn more about the work of this committee at [www.capeelizabeth.com/news/post/4965/](http://www.capeelizabeth.com/news/post/4965/).

As a reminder, the committee will work with professionals to assess the previous school building referendum proposal and to advise the School Board and the Town Council on a Building Plan and funding to address our school building needs.


The work should develop the project concept sufficiently to propose the general project(s) solution and estimate the cost for referendum purposes. This work will include but is not limited to the following:

- 1) Recommending a budget for this committee’s work to the Town Manager;
- 2) Recommending a project plan and scope to address the school building needs to the School Board and Town Council;
- 3) Recommending a target referendum dollar range to the Town Council and School Board;
- 4) Conducting public outreach and engagement; and
- 5) Recommending a target referendum date and timeline for deliverables to meet that deadline, and report deliverable timeline back to the school board and town council.

The committee shall consult with both bodies regarding its work and recommendations.


Final approval of any Building Plan, and of building design and construction decisions, including award of project contracts, shall be by the School Board and final approval of any referendum amount, and bond sale matters and other bond-related financial decisions shall be by Town Council. Further, approval of construction funding is subject to a referendum vote of the citizens of Cape Elizabeth.

In closing, I again want to thank all of you for your support of our students and staff and the 23-24 school budget. These are challenging times for many of us, but I see a hopeful future for our students, staff and for our community.



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# Scam alert bulletin board

By Jessica D. Simpson

## Chatbots and Voice-Cloning Fuel Rise in AI Scams

A Houston-area couple received a call last month from their adult son — or at least they thought it was him: The voice sounded exactly like him. He said he'd been in a car accident where he hit a woman who was six-months pregnant, had just been released from the hospital, and now was in the county jail about to be charged with DWI, according to a KHOU 11 News report. He needed \$5,000 to get himself out of this mess. Absolutely convinced that the caller was their child, they handed over the cash to an intermediary who came to their home pick it up.

How'd the scammers pull it off? Most likely by using artificial intelligence (AI) to clone the son's voice, said Alex Hamerstone, a cyber analyst at TrustedSec, an information security consulting company. He pointed to the case in Houston as one vivid example of how the latest generative AI technology, including voice-mimicking software, deepfake videos, and chatbots like ChatGPT can be used by bad actors.

They have the potential to level up criminals' ability to impersonate anyone — your grandchildren, police, even your spouse, Hamerstone noted.

"There are a lot of scams out there that are pretty worrisome, and I always try to kind of temper that a little bit," he said, "but this one really does scare me."

Other experts are also concerned about

AI's potential for harm. Last month, a group of tech leaders, including Elon Musk and Apple cofounder Steve Wozniak, posted an open letter online warning that "AI systems with human-competitive intelligence can pose profound risks to society and humanity," and calling for a six month pause in the training of AI systems, so experts can take time to develop and implement "a set of shared safety protocols."

## Fake barcodes on gift cards

Law enforcement agencies warn that nimble-fingered crooks affix fake barcode stickers over the real ones on the back of gift cards in stores. When you purchase the card, the cashier scans the fake barcode at checkout — directing your money into the scammer's gift card account.

How to stay safe: With some gift cards, you can make sure the number of the barcode matches the number on the packaging. Or feel or gently scratch the barcode on a gift card before buying. Don't purchase if the barcode is on a sticker, or if the package is ripped, wrinkled, bent or looks tampered with.

Be a fraud fighter. If you can spot a scam, you can stop a scam.

Visit the AARP Fraud Watch Network at [www.aarp.org/fraudwatchnetwork](http://www.aarp.org/fraudwatchnetwork) or call the AARP Fraud Watch Helpline at 1-877-908-3360.

Need a scam prevention speaker for your group? Go to [aarp.org/me](http://aarp.org/me) or call 1-866-554-5380.

# The music corner

By Candice Bellinger

It was my absolute delight to receive an email from local Cape Elizabeth resident Breda White asking if I would feature Renaissance Voices' upcoming Spring concert "Eternal Light," scheduled for Saturday, May 13 at 7:30 p.m. at St. Luke's Cathedral in Portland. Renaissance Voices is a 27-voice acapella group that performs works from the 12th century through compositions by contemporary American and European composers.

Breda and I met at C Salt Gourmet Market for a cup of coffee and good conversation. We shared childhood memories of our exposure to music, how music continues to be a constant thread of light and inspiration in our lives, particularly during the pandemic, always there, waiting to heal, waiting to uplift. This begins a series of articles featuring the renaissance; perfect for the season of spring.

I was thrilled to see that Ralph Vaughan Williams' rarely-performed motet "Valiant for Truth" is on the program. Written in 1940 war-time Britain, it is based on a passage from John Bunyan's 1678 novel "The Pilgrim's Progress." This acappella piece gloriously transcends the passage between life and death, and is a meditation on what it means to live an ethical life. I encourage you to look up and read

the lyrics while listening to The Choir of Clare College, Cambridge sing this five-minute masterwork.

The "Eternal Light" program also includes a work by William Byrd, the most influential of English Renaissance composers after Thomas Tallis. Byrd's *Justorum animae*, composed in 1605, offered solace and hope during yet another period of social and political upheaval. Sharing the limelight will be a work by another remarkable Renaissance composer, the Spanish Tomás Luis de Victoria, and a modern take on polyphony and plainchant by contemporary Italian composer Carlotta Ferrari.

Australian-American composer Melissa Dunphy will round out this concert with her acappella piece "Sailing Away," composed during the pandemic and based on a poem by the pioneering 19th century American poet Isabel Grimes Richey.

So, make the trip to St. Luke's Cathedral on May 13. Immerse yourself in music of the ages that, again and again, give voice to what it means to be human. If you are "tech challenged" and would like my assistance with finding our weekly listening, please email me at [musicwam@yahoo.com](mailto:musicwam@yahoo.com). You can also find me on Facebook @Candice Bellinger.

# Phone compromised, continuously barking dog complaint

Reported by Debbie Butterworth

## PUBLIC INFORMATION

- 4-4 An officer met with a resident of the Cross Hill area who turned in a found wallet. The owner was identified and wallet returned.
- 4-13 An officer met with a resident who turned in a found cell phone. The owner was identified and phone returned to owner.
- 4-15 Two officers responded to a residence in the Sawyer Road area for a trespass complaint.
- 4-16 Two officers responded to a residence in the Brentwood area for a well-being check.
- 4-21 An officer met with a resident of the Shore Road area regarding theft from a vehicle. A neighbor had observed the theft and took pictures of the suspect's vehicle and provided a license plate number.
- 4-21 An officer met with a resident of the Spurwink Road area who reported that her phone was not working and her debit card was declined at a local store. She went to her bank and learned that someone in New York had used a fake ID with her personal information and had withdrawn money from the account. A later attempt to withdraw more money was foiled when the suspect was unable to answer security questions. The victim believes that her phone had somehow been compromised in this transaction.
- 4-23 Two officers responded to a residence in the Ocean House Road area for a domestic disturbance.
- 4-23 An officer responded to a residence in the Shore Road area regarding a continuously barking dog. No one appeared to be home. The officer made contact with the dog's owner and reported the complaint, and reminded the owner that this was the second complaint the owner had been warned for, and any further complaints could result in a citation.
- 4-23 An officer met with a resident of the Wells Road area regarding a loose dog who had attacked his dog while walking his dog on a leash.

## SUMMONSES

- 4-14 Portland resident, operating vehicle while using hand held device, Route

- 77, \$85
- 4-14 South Portland resident, operating vehicle while using hand held device, Route 77, \$85
- 4-14 Cape Elizabeth resident, operating vehicle while using hand held device, Ocean House Road, \$85
- 4-14 Waterboro resident, operating vehicle while using hand held device, Ocean House Road, \$85
- 4-14 Scarborough resident, operating vehicle while using hand held device, Route 77, \$85
- 4-14 Portland resident, operating vehicle while using hand held device, Ocean House Road, \$85
- 4-14 South Portland resident, operating vehicle while using hand held device, Shore Road, \$85
- 4-14 New Jersey resident, operating vehicle while using hand held device, Shore Road, \$85
- 1-14 Wells resident, operating vehicle while using hand held device, Route 77, \$85
- 4-14 New Jersey resident, uninspected vehicle, Shore Road, \$148
- 4-14 Portland resident, operating vehicle while using hand held device, Route 77, \$85
- 4-16 Portland resident, speeding (54/30 zone), Mitchell Road, \$230
- 4-16 Poland resident, Unregistered vehicle, Two Lights Road, \$85
- 4-16 Portland resident, Uninspected vehicle, Route 77, \$148
- 4-20 Old Orchard Beach resident, operating after license suspension, violation of conditions of release, Old Ocean House Road
- 4-24 South Portland resident, operating under the influence of alcohol, operating possessing open container of alcohol on public way, Mitchell Road
- 4-24 Portland resident, unregistered vehicle over 150 days, Ocean House Road, \$145

## FIRE CALLS

Fire calls: 4; EMS calls: 24

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# Empowering CEHS Theatre students

By Christine Marshall



Contributed photo

Hollie Pryor talks with Cape Elizabeth High School Theatre students.

While CEHS Theatre students rehearse their upcoming production of Maine Playwright John Cariani's "Almost, Maine," they are also exploring a very new aspect of theatrical training - Intimacy Choreography.

Working with Director Christine Marshall and Intimacy Coordinator Hollie Pryor, these young actors are learning to better recognise and respect personal physical boundaries, helping them to feel safe, supported and empowered in their work.

For as long as people have been performing, actors, including those at the high school level, have often been asked to approach an intimate moment - an embrace or a kiss, for instance - without any substantial conversation about their personal physical boundaries. In many cases, this lack of attention can lead to uncomfortable, inappropriate or unsafe situations. But actors may avoid expressing their discomfort, often out of a fear of being considered "difficult" or not a "team player."

Credit the #MeToo movement with sparking this new and necessary conversation. Its ultimate goal is to help actors advocate for themselves, and avoid situations where onstage intimacy becomes an opportunity for poorly-trained actors to take advantage of their scene partner

- in many cases, with an entire audience watching.

Intimacy, just like an onstage fight, is, and should be, a choreographed moment. An onstage kiss or embrace is as technical an action as an onstage brawl. And in exactly the same way fight choreographers work to ensure that every moment is safe for all involved, Intimacy Coordinators work to ensure that each moment of personal physical contact has been agreed to by all parties, and is adhered to and respected, in every performance.

While some have argued that such specific choreography may drain a moment of its spontaneity or passion, the position of the Intimacy Coordinator is that the trust gained through this work allows intimate scenes to actually feel more authentic, because all parties feel more relaxed in what can be highly-charged moments.

For this new generation of artists, being armed with this knowledge will help them navigate the world of acting, as well as other avenues of work, with confidence.

"Almost, Maine" runs May 25 - 28 at Cape Elizabeth High School. Tickets are \$15/adults, \$5/Students and Seniors. They can be purchased at the door, or at [showtix4u.com/events/capetheater](http://showtix4u.com/events/capetheater).

# CEHS hires Peter Cekutis as new football coach

By Kevin St. Jarre



Contributed photo

The CEHS football team has a new coach, Peter Cekutis.

Peter Cekutis has been named the new head football coach for Cape Elizabeth High School.

A former high school quarterback himself, at Windham High School, Cekutis has an impressive football resume. He was an offensive coordinator for the Maine Sabres. Cekutis has coached at Windham High School for the past 14 years, with six as the offensive coordinator. He also coaches lacrosse at WHS.

According to a release from Cape Football, "The Cape community is thrilled to have such a dedicated coach leading the high school football team. We can't wait to see what Cekutis has in store for the team and are confident that he will lead them to great success both on and off the field. Welcome to the Cape, Coach Cekutis!"

The release also said that Coach Ce-

kutis is focused on building the youth football programs and creating a sustainable program for years to come. His passion for the game and teaching experience lend to his naturally being an excellent communicator. He brings strong game IQ to the game and has a clear vision for success.

Not only is Cekutis a coach, but he is also a teacher. He teaches Social Studies at Bonny Eagle Middle School, where until recently he also coached basketball.

Cekutis is a father of two young children and is committed to being an active member of the Cape Elizabeth community.

Cape Elizabeth Football registrations opened on April 10 for grades 5-12. Visit [www.cefootball.org](http://www.cefootball.org) for more information.



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# 'Run for Sal' 5K fundraiser set for May 28

By Kevin St. Jarre

A group of students, showing support for one of their own, have come up with a new fundraising event. They ask that people please save the date, register and come together as a community for an untimed 5K run/walk benefiting Andrew "Sal" Perruzzi.

Perruzzi, a Cape Elizabeth High School junior and cross-country team member, was recently diagnosed with T-cell lymphoma.

All proceeds will go directly to the Perruzzi family to offset medical expenses. This race is student led and organized by the 2023 CEHS cross-country team captains, and the Class of 2024 student council.

The race is set for May 28 at 9:00 a.m. and will start at Cape Elizabeth Middle School, following the same 5k course utilized by the Turkey Trot and Cape Challenge.

Race t-shirts will be provided to registered participants.

Those who have seen him are aware that Perruzzi is known for sporting his signature shades while running, so the organizers ask that all participants wear sunglasses.

General donations may also be made on the registration site. The student ask that the community comes together, cherishes each day, does good and Runs for Sal.

Register and/or donate at: <https://runsignup.com/Race/ME/CapeElizabeth/>



Contributed photo

Local organizations and businesses are showing their support by being Gold, Silver and Bronze sponsors.



Contributed photo

Sal Perruzzi is known for sporting his signature shades while running, so the 5K organizers ask that all participants race while wearing sunglasses. Perruzzi, a CEHS junior and cross-country team member, was recently diagnosed with T-cell lymphoma. All proceeds will go directly to the Perruzzi family to offset medical expenses.

# Cape Challenge 5K is May 21

Want to run with Sarah Rubin (CEMS Principal), Jake Haugevik (CEMS Assistant Principal), and other CESD staff in a 5K? Or try and keep up with Jeff Davis (Pond Cove Speech-Language Pathologist) in the mile? Don't forget to sign up for this year's Cape Challenge on Sunday, May 21. Registration is open at: <https://runinarace.com/CapeChallenge/>.

Sponsored by RE/MAX Oceanside and other generous local sponsors, the race will include a Fun Run for children ages 8 and under scheduled for 8:30 a.m., a 1-Mile Dash for children ages 12 and under at 9:00 a.m. and the 5K Cape Challenge at 9:30 a.m.

Proceeds from this event benefit the Cape Elizabeth Pond Cove, Middle School and High School Parents' Associations. An awards ceremony, along with a drawing for prizes for the Cape Challenge Raffle will begin at 10:15 a.m. in the Pond Cove/Middle School Cafetorium. The All Grill food truck will be offering their grilled food with a Venezuelan touch at the event.

This event would not be possible without the help of our many amazing volunteers. There are many open positions for race day and if you are able to volunteer, please visit our SignUpGenius page via the QR code on right.

Residents should note that Ocean House Road (from the high school entrance to Scott Dyer Road), Scott Dyer Road and Brent-

wood Road will be closed to all automobile traffic from 9:30-10 a.m. on Sunday, June 5 due to the race.

Follow the Cape Challenge on Facebook and on Instagram: @CapeChallenge5k. For any questions, please contact co-directors Marta Girouard and Jenn Grymek at [capechallenge5k@gmail.com](mailto:capechallenge5k@gmail.com).



QR code for volunteer sign-up for the Cape Challenge 5K.

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# Cleanup yields message in a bottle

By Joanne Woodward

Having not been to the lower part of my field that abuts the marsh in quite a while, I headed down to fetch a piece of plastic that had liberated itself from some garden covering. To my great surprise I discovered that there had been an exceedingly high king tide that floated up an abundance of marsh grass and left behind was a plethora of bits and pieces – not marsh grass.

(about the same size) 5 tennis (dog?) balls, 3 shotgun shells, various lobster trap parts, a bic lighter, plastic to-go tray, plastic hanging plant parts, potato chip bag, plastic drink bottles, a beer can, a plastic straw, sundry plastic bits, a styrofoam piece and 5 glass bottles (not shown).

But the coup de grace was an actual message in a bottle from New Year's 2022. I will contact the youngster who sent the bottle to the world.

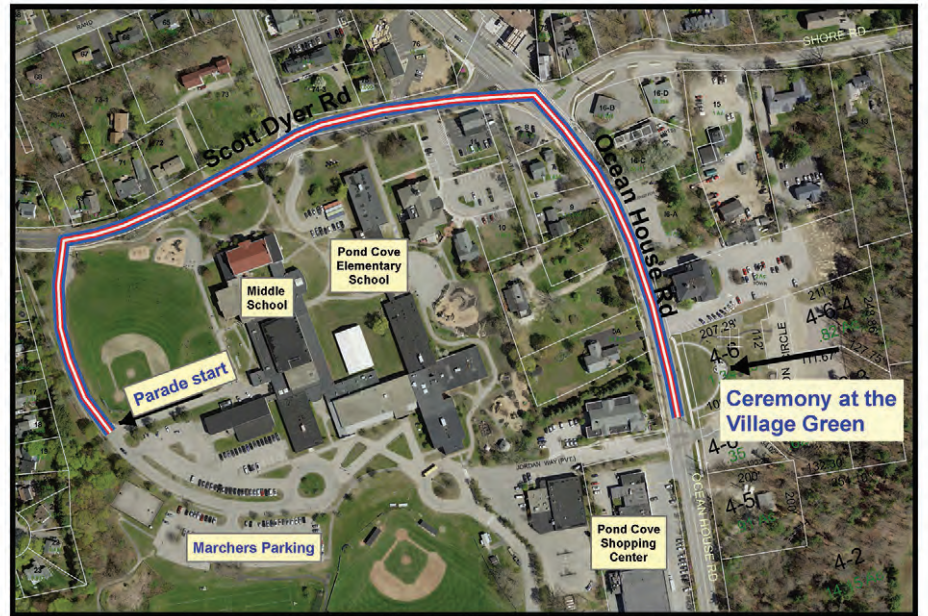
A Woman's XL croc, a Men's Teva



Photo by Joanne Woodward

While cleaning out part of her property that abuts a marsh, Caper Joanne Woodward found quite a bit of trash. Amongst the bits and pieces, she also found a message in a bottle.

# Memorial Day Parade is May 29



Prepared by the Planning Office 4-12-2022

Contributed photo

Parade route for the Cape Elizabeth Memorial Day Parade, which will be held on Monday, May 29.

Memorial Day in Cape Elizabeth will be observed with a parade on Monday, May 29, followed by a ceremony. This is an opportunity for the community to come together in remembrance of those who have died serving our nation.

The parade begins at 9:00 a.m. Parade participants are asked to gather at the Cape Elizabeth Middle School parking lot at 8:30 a.m. The parade route begins there, turns right on Scott Dyer Road, turns right onto Rt. 77, and ends at the Village Green adjacent to Town Hall. A brief ceremony and laying of the wreath will be held at the Village Green after the parade.

The parade will include members of the Cape Elizabeth police, fire and rescue departments, the Water Extrication Team,

Lions Club, Rotary Club, Middle School Marching Band, Boy Scouts and Girl Scouts.

Veterans and active-duty personnel are invited to march. We encourage anyone who has a family member on active duty in the armed services to notify Jim Huebener prior to the parade at 207.767.1754 or jhuebener56@gmail.com so they can be recognized. Groups interested in marching should also contact Jim Huebener.

The 2023 Memorial Day Parade Grand Marshal is Fred Prince, a Navy veteran.

The event will be canceled only in the event of heavy rain. The cancellation will be announced on the Cape Elizabeth town website by 7:00 a.m. on the day of the parade. No alternate location has been set.



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# CESD music program again one of ‘Best Communities for Music Education’

By Kevin St. Jarre

The National Association of Music Merchants (NAMM) Foundation’s list of Best Communities for Music Education is now in its 24th year. The 2023 Best Communities for Music Education program recognizes 830 school districts and 78 schools across 43 states for the outstanding efforts by teachers, administrators, parents, students and community leaders and their support for music education as part of a well-rounded education for all children.

For the eighth year in a row, the Cape Elizabeth School Department has been honored with the Best Communities for Music Education designation for its outstanding commitment to music education. Districts that have been recognized by the NAMM Foundation are often held up as models for other school districts and educators looking to improve their own music education programs.

Dozens of CESD students have been accepted to the 2022-2023 Honors Festival in various categories, and they are:

### Maine Music Educators Association (MMEA) All-State Music Festival

- Sage Evans, flute
- Ava Corbin, flute
- Sebastian Hesser, trombone
- Tess Straw, euphonium
- Story Straw, alto saxophone
- Laura Leighton, violin
- Declan Scifres, voice

### MMEA District I High School Honors

### Festival

#### Chorus

- Bella Carver
- Sage Maxwell
- Emma Young
- Addison Young
- Amelia McCarley
- Noemi Marquardt-Grainer
- Olive Weyrens
- Brooke Giroux
- Emma Gebhart

#### Band

- Sage Evans, flute
- Owen King, clarinet
- Story Straw, alto sax
- Alex Kang, alto sax
- Hadley Johnson, trumpet
- Sebastian Hesser, trombone
- Tess Straw, Euphonium

### MMEA District I 6th Grade North Honors Festival

#### Band

- Anika Wark, alto saxophone
- Hailey Fontaine, bari saxophone
- Alynn Wallent, bass clarinet
- Sophie Rughani, bass clarinet
- Noelle Tadema-Wielandt, clarinet
- Elijah Doody, clarinet
- Clara Kerkam, flute
- Ben Foley, percussion
- Alex Markott, percussion
- Bennett Kang, trombone
- Ryan Green, trumpet
- Sophie Brown, trumpet
- Patrick Rolfé, tuba

Mikaela Furt, horn

#### Chorus

- Mary Mahoney
- Lily Walsh
- Molly Brownell
- Alexa Mallory
- Corin Brosnan
- Charlie DeBruyn
- Bronwyn Roberts
- Emily Reyes

### MMEA District 1 7/8 Honors Festival

#### Band

- Claire Gaudrault, flute
- Phoebe Evans, flute
- Finn Gilbert, flute
- Caitlyn Eaton, flute
- Katherine Halter, clarinet
- Chloe Blackstone, clarinet
- Liisi Kuhrt, clarinet
- Theodore Brennan, bass clarinet
- Ayden Diamond, bass clarinet
- Kelsie Law, tenor sax

- Isabelle Bam, trumpet
- Gideon Straw, trumpet
- Reagan Gajan, trumpet
- Chase Dyer-Payne, trombone
- Ayla Napier, euphonium
- Erik Frey, tuba
- Miles Vettese, tuba
- Shyla McVeigh, percussion
- Noah Scott, percussion
- Evan Franks, percussion

#### Chorus

- Lilly Northup
- Elana Hill
- Shiloh Doody
- Logan Knightly

### MMEA District I Honors Jazz Festival High School Jazz Band

- Story Straw, alto saxophone
- Sebastian Hesser, trombone
- Hadley Johnson, trumpet

-see MUSIC page 15



Contributed photo

The CEMS 7th and 8th grade honors band students were accepted into the 2022-2023 Honors Festival.



Contributed photo

The CEHS honors chorus students were accepted into the MMEA District I High School Honors Festival.

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# Capetoon: Experimental Farm

By Jeff Mandell



## Fire chief

Continued from page 1

asking me to join, he was pretty persistent so I finally decided to give it a try," he said.

According to the chief, the changes in firefighting have been "enormous" since he first started.

"Safety has become a top priority in how we go about our job. When I started we rode on the tailboard of the truck to calls and now we have to be seated and belted or alarms go off in the truck. Because of the materials used in construction and home furnishings fires now burn hotter and faster than they did when I started. As fires have changed so has the protective equipment we wear and we have become much more aware of the health hazards such as cancer that can occur from the materials that are burned at a fire. It used to be that if your fire gear was dirty and smelled like smoke it showed that you were a good firefighter. Now the opposite is true. We promptly wash our gear after every fire in an effort to reduce our exposure

to harmful chemicals. We have become an all hazards agency as opposed to just responding to fires. Also, the majority of our calls are now EMS as opposed to when I started fire calls were in the majority," Gleeson said.

There is a strong demand for people in all the jobs in the public safety field. The biggest surprise for people coming into firefighting is, according to Gleeson, the amount of training required to be a member of the department. He said, "We require that everyone complete a Firefighter 1&2 class, which is 150 hours of training, and they also have to complete an emergency vehicle operator's class before they can drive the firetrucks. If they want to do EMS, that is a full semester class at the community college."

When asked what draws people to serving this way, Gleeson said, "I think most of us do this job to help people who might be having the worst day of their lives. The challenges we face give you the ability to develop great problem-solving skills, and you get to work with a great group of people."

The demands of being the fire chief are certainly different than being a younger firefighter. He explained, "The young firefighter's focus is the task in front of him, while the chief is always looking at the big picture. Are the firefighters operating safely on scene, do we have sufficient resources on scene, are we equipped to solve the problem in front of us? There are many thoughts that go through your mind when you are the incident commander, particularly when conditions keep changing."

Chief Gleeson added, "I am very happy that I listened to my friend and joined the fire department. It has been a career that has been more fun than work, and I have made many great friends that are in the fire service. Also, I have to thank the people that talked me into applying for the chief's job. I am extremely grateful for the support I have had from my wife, without which I could not have done this job."

## Wellness walk at Fort Williams on May 17

Does gardening or a hike in the woods bring you joy and clear your mind? Join the Friends of Fort Williams Park for a nature walk that's focused on well-being through connections to trees, shrubs and wildflowers.

Horticultural Therapists Colleen Griffin and Laura Simonds-Rumpf will lead participants on a guided sensory tour of the spring landscape with pauses along the way for observations, reflections and a cup of herbal tea.

All abilities are welcome; participants should meet at the stone gazebo in the Children's Garden at Fort Williams Park. Date: May 17 (rain date May 18); time: 10:00 to 11:30 a.m.

For more information and to register, visit [www.fortwilliams.org](http://www.fortwilliams.org).



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## Local birding report

By E. Brooks Bornhoff

The unsettled weather that continued through much of April and into the first week of May seemed to have slowed the northbound journey of many migrating songbirds. By the first day in May last year Gray Catbirds had already arrived as had Blue-headed Vireos, Blue Gray Gnatcatchers, Rose-breasted Grosbeaks, Indigo Buntings and Barn Swallows. As unpredictable as the weather may be during springtime, birds are driven by a sense of urgency to get to their territories and find a mate. And with over 100 species of breeding migratory birds in the state of Maine, the next couple weeks leading up to peak songbird migration between May 15-21 will be a whirlwind of activity.

As for early April, a few mentionables from the yard and field include, on the afternoon of April 5 I was listening to the wind among the pine trees in Robinson Woods III when the wild warbler of a Winter Wren briefly rang out somewhere deep within the tangles of fallen timber. Few sounds bring as much joy to my heart as the melodious song of this little forest dweller whose song is his supreme charm. Over the course of the last month the songs from the Winter Wrens of Robinson Woods have become noticeably longer and fuller of babbling and rippling trill notes.

Naturalist John Burroughs once described the experience as “a wild, sweet rhythmical cadence that holds you entranced.” In our latitudes Winter Wrens first start arriving in early to mid-April through mid-May. Slightly smaller than a House Wren and less hardy than its cousin the Carolina Wren, this absurd little creature habitually holds its stubby tail straight up while darting to and fro. Pioneering ornithologist Florence Merriam Bailey wrote after first hearing the song of a Winter Wren that it was “the event of the summer in the woods. Full of trills, runs and grace notes, it was a tinkling, rippling roundelay.”

On April 7 along the Spurwink Marsh I was admiring a large flock of foraging Glossy Ibis when I noticed one of the birds did not have a long, curved bill. Upon closer inspection this purplish maroon wader was a Little Blue Heron. An uncommon migrant along the southern Maine coast in spring through summer, the Little Blue Heron is a rare breeder on Stratton Island in Casco Bay.

On April 11 I heard my first Pine Warbler of the season, and the following day our yard was visited by both a female Pine Warbler and a male Palm Warbler. Female and immature Pine Warblers lack the significant amount of yellow coloration present in the male. The Pine War-

bler that showed up in our yard was completely devoid of yellow and identified by the presence of two wing bars.

Also, on the late afternoon of April 19 I was replenishing one of my backyard seed feeders when a small bird caught my eye. Unlike the House Finches, titmice and nuthatches that took flight upon my presence, this bird lingered curiously before flying to a nearby tree branch. Shortly thereafter I noticed the distinct facial markings and whitish eyebrow of Haemorhous purpureus, the first female Purple Finch that I had seen on our property since last Spring! The following morning, I awoke to find six Purple Finches, including three glowing bright reddish-pink males, foraging for seed on the ground. Amazingly it was back in April 20 of 2021 that five Purple Finches last visited our feeders.

Purple Finches are melodious songsters but often challenging to see. A key to identifying this bird is to recognize and differentiate between the song of House Finches, which has a shorter, chirpier quality and alternates between high and low notes. The Purple Finches song is full of gentle warbling calls that are noticeably longer in duration. Purple Finches can imitate songs from Barn Swallows, Goldfinches, Towhees and even Cowbirds. Unfortunately, this boreal species has been driven deeper into the woods by the introduction of the more aggressive House Finch in 1939 and its population throughout southern Maine is in a slow decline.

Additionally, on the afternoon of April 21 three adult male Bald Eagles flew over our house and on the evening of April 26, I stepped outside to listen for owls and instead heard the ahr-ahr-ahroulit of Long-tailed Ducks yodeling. Most vocal of the sea ducks, male Long-tailed Ducks call can be heard from long distances and are known to yodel both during the day and when migrating at night. The Long-taileds I was hearing were gathering in large flocks off our rocky shorelines before departing in the wee hours to their northern breeding grounds.

And lastly on April 28 along the fringes of the Spurwink Cemetery I came across a single “Ipswich” Savannah Sparrow and separately two Savannah Sparrows. The Ipswich variety of Savannah Sparrow is always a thrill to encounter along its journey to Sable Island, a thin crescent shaped island of sand located in the middle of the ocean, 180 miles off the coast of Nova Scotia, and the only place in the world where this special species breeds. The following day two Broad-winged Hawks circled high above our house while two Red-breasted nuthatches went about their business in an old crab apple tree.

## Nature scene around town



Photo by Martha Agan

Laughing gulls at Kettle Cove State Park. Named for its laugh-like call, the laughing gull is a medium-sized gull with a thin and slightly drooping bill.

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# TML offers programs on dreaming, spring mushroom hunting

## Parents, Partners, and Relatives Can Be Human Books, Too

If you are a parent, partner or family member of someone who faces stigma or prejudice, you can help foster understanding and acceptance by applying to become a Human Book at the library's event this fall.

Human Books will go through online training with the Human Library® Organization in Denmark, and ultimately make themselves available for one-on-one or small group conversations for one day during the library's Human Library® event in October.

The Human Library® is a nonprofit organization that hosts conversations designed to challenge stigma and stereotypes. These events create "a safe space for dialogue where topics are discussed openly" and "where difficult questions are expected, appreciated and answered." Human Library® events have been organized in 85 countries worldwide since 2000.

The library is partnering with the town's DEI Committee on this project. If you or someone you know might be interested in becoming a Human Book, whether as themselves or as a close relation of someone facing discrimination, please visit the library's website to learn more about the project and to fill out an application form.

## PROGRAMS FOR CHILDREN:

For more information and to register for all library events, visit our online events calendar at the following link: <https://www.thomasmemoriamlibrary.org/events>

## Character of the Month

Stop by the children's room to celebrate the beloved sibling duo of Max and Ruby and discover fun activities throughout the month like our popular scavenger hunt.

## Read To a Dog

Children in grades K – 6, especially struggling or less-than-confident readers, are invited to sign up for 15-minute time slots to read with a certified therapy dog. Check out the sign-up sheet in the children's room for appointment availability and to "meet" our dogs, or call the children's room for more information.

## Special Events

### Family Story Time with Help Me Grow Maine

Friday, May 12, 10:30 - 11:45 a.m.

Join us for a special story time and opportunity to meet the Help Me Grow Maine team, followed by freeplay and an opportunity to complete a free developmental screening for your child.

### Gnome Story Time & Forest Frolic Dance

Friday, May 19, 10:30 a.m.

Join us for a special story time, followed by a craft to get ready for the SpringFest event at Millcreek Park in South Portland. (Ms. Jess from South Portland Public Library and Ms. Megan will be in attendance on Saturday, May 20—come find our table!)

## Weekly Programming

### Messy Minis! Process Art for Curious Kids

Mondays, 10:30 a.m. (Ages 2-5)

Let your imagination run wild and join us for Messy Minis time in the Community Room. Each week we'll have different supplies out for you to be creative with. Some supplies may be limited, so be ready with your flexible and creative muscles. For budding artists ages 2-5 and their caregivers.

### Dress Up and Dance

Tuesdays, 10:30 a.m. (Ages 2-5)

Join us for 30 minutes of moving and

grooving to our favorite playlist, special dress-up costumes, and everybody's favorite bubble song. For dancing enthusiasts ages 2-5.

## Play Date at the Library

Wednesdays, 10:30 a.m. - 12:00 p.m. (All ages)

Drop-in playtime session for children and their caregivers. This informal program is a fun and engaging way to explore literacy practices along with social and imaginative play.

Through play, young children learn about their world. With this knowledge, they can understand books and stories once they begin to read. The Community Room is open for exploration during this time, with special toys and stations while you visit with friends.

## Ready for Reading Club

Wednesday, 1:30-2:00 p.m. (Ages 4+)

A special storytime program for children ages 4 and up. Join Miss Martha to enjoy longer stories, fun with music, and a variety of simple early learning games and activities.

## Tiny Tunes

Thursdays, 10:30 a.m. (Ages 1-3)

This inclusive program is for children who are not quite ready for a traditional story time, but love to have fun with friends. Join us for a movement-based program that's a gentle introduction to the routines, songs, and props we use for storytimes, but without the books. Great for curious, wandering wigglers, ages 1-3, and their caregivers.

## Traditional Story Time

Fridays, 10:30 a.m. (Ages 3+)

Join us in the Community Room for songs and stories, bubbles and Belinda the Bear! Geared toward ages 3-5 or anyone who enjoys listening to a solid two stories.

## School-Age Programs

### Lego Club (Ages 5-12)

First Tuesday of each Month, 3:30-4:30 p.m. (Community Room)

May 2

Come create with Legos at TML's LEGO Club. The library will provide the Legos; you provide the imagination. Come free build or pick up a challenge card to try something new. Masterpieces will be put on display until the next Lego Club meets. There is no registration for this program, children 10 and under must have an adult present.

## T(w)een Crafternoon Club

Thursdays 3:15-4:15 p.m.

Drop-in for social time for tweens and a creative activity, for ages 11 - 13

May 11 - Stretchy bookmarks

May 18 - Duct tape flower pens

May 25 - Bottle cap magnets

## #LibrarySquad

Bi-Weekly: First and Third Fridays of each Month, 2:45-3:45 p.m.

May 19

Library Squad is a community of library-loving middle schoolers that meets monthly, and whose opinions, ideas and help form the foundation of our programming. Library Squad meets after school on the first Friday of each month from 2:45 - 3:45 p.m. at the library.

## Middle School Book Club

Bi-Weekly: Second and Fourth Fridays of each Month, 2:45-3:45 p.m.

May 12: Bring your own book. We discuss whatever we are currently reading and hand out the books for our May 26 meeting.

May 26: Group pick and discussion. Find out the current title & register by emailing Family Engagement Librarian Megan Smith at [msmith@thomas.lib.me.us](mailto:msmith@thomas.lib.me.us).

## PROGRAMS FOR ADULTS:

For more information and to register for all library events, visit our online events calendar at the following link: <https://www.thomasmemoriamlibrary.org/events/>

## Creative Nonfiction Writing Workshop, with Kevin St. Jarre

Four Saturdays in May, 11:00 a.m. - 1:00 p.m. in person at the library

First session: Saturday, May 6, 11:00 a.m. - 1:00 p.m.

Creative nonfiction writing is different from other types of writing. It gives us a unique chance to, "Dive into the dark, and swim away from the light." What is totally familiar to us in our writing is often not as interesting to others as we might think. Readers of creative nonfiction want to go along with writers as they explore, whether it's exploring their surroundings, their memories or new ideas.

The goal of this workshop will be to generate writing that penetrates the obvious and reveals something to ourselves and our readers. Not necessarily the exposure of secrets, but the uncovering of feelings, observations and micro-cultures. These are the raw ingredients we'll each bring, then we'll work on the cooking together.

Join Thomas Memorial Library and Push-

-see LIBRARY page 13

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## Library

Continued from page 12

cart-nominated novelist, essayist and educator Kevin St. Jarre for this four-week creative nonfiction writing workshop. All levels of writing experience are welcome. Register for this program on the library's website.

### Paper Doll Workshop, with The Paper Doll Collective

New Date: Saturday, May 13, 10:30 a.m. - 12:30 p.m. in person at the library

Over the past five years, The Paper Doll Collective has met quarterly to design paper dolls based on the various themes they've selected, from Famous Women to Self Portraits. They've had (and continue to have) a great deal of fun making these artsy paper dolls and sharing them with one another. This month, these artists invite you to share in the fun of creating paper dolls.

All tools and supplies (including some things to add a little bling) will be provided, as well as some basic instruction and expert guidance. This workshop is primarily for adults, but older focused and motivated children and teens are welcome to attend as well. At the request of the presenters, please wear a mask at this workshop.

### Cape Elizabeth Historical Preservation Society presents: A Fallen Star: The Search for Deputy Ebenezer Parker

Tuesday, May 16, 6:30 - 8:00 p.m. in person at the library

If you like puzzles, real-life mysteries, top-notch detective work and Cape Elizabeth history, you won't want to miss this fascinating reading and talk by Lori-Suzanne Dell, author of the forthcoming book, "A Fallen Star: The Murder of Ebenezer Parker and Execution of Joseph Drew."

"A Fallen Star" chronicles the murder of Cumberland County Deputy Sheriff (and Cape Elizabeth resident) Ebenezer Parker and the subsequent search for his final resting place. In 1808, when the United States was in its infancy, and before Maine became a state, the murder of Deputy Ebenezer Parker saw two men jailed and tried for the capital offense. In the end, one man was acquitted, one was convicted and an execution took place. This is a story of two men, forever linked in history, and the modern day examination to solve a complex and tangled mystery, uncover the enigmatic life of Deputy Ebenezer Parker, and explain the surprising effort to spare the life of Blacksmith Joseph Drew.

### Cape Elizabeth Garden Club presents: The Birds & the Bees

Thursday, May 18, 6:30 - 8:00 p.m. in person at the library

Join us as the Cape Elizabeth Garden Club welcomes Gary Fish, State Horticulturist at Maine Department of Agriculture, Conservation and Forestry. Fish will be presenting a brand new program about how you can develop a garden that will benefit birds and bees. We've been hearing a lot of buzz and are all aflutter about this presentation—you won't want to miss it.

### I Wish I Knew How to Quiz You: Wild life Trivia, with Center for Wildlife

Tuesday, May 23, 6:30 - 8:00 p.m. via Zoom

Think you know Maine Wildlife? Then it's time to put your money where your snout is. Come test your knowledge with the Center

for Wildlife at a very special trivia edition of our monthly Maine Wildlife series. Bragging rights are on the line, so we hope you've been paying attention! And since we all know who the real stars of our wildlife programs are, there will of course be special guest appearances by Center for Wildlife's non-releasable ambassador animals throughout the evening. Come for the four-leggeds, stay for the trivia.

### Pod Complex: A TML Podcast Listening Club

First Thursday of the month, 5:00 - 7:00 p.m.

Next meeting: June 1 via Zoom

Love the idea of a book club, but don't have the time for all that reading? Addicted to podcasts, but wish you had someone to discuss your favorite episodes with? Join us for Pod Complex, TML's brand new Podcast Listening Club.

Each month we'll feature a different podcast to listen to and dissect together. We'll explore a wide variety of podcasts on all different topics, in all different styles and then turn a critical eye on them as we discuss each month's fresh selection. Listen on your own time at home, or join us for the first hour as we listen together, with a lively discussion to follow in the second hour. Register for this program on the library's website.

### Spring Mushroom Hunting in Maine, with The Mushroom Hunting Foundation

Friday, June 2, 6:30 - 8:00 p.m. in person at the library and streamed simultaneously via Zoom

There are many types of mushrooms in our region. Some are poisonous, but their ecology is interesting...and others are simply delicious.

Join us and learn about all of them from Ryan and Emily Bouchard of The Mushroom Hunting Foundation, New England's leading mushroom hunting teachers. Using a slideshow of their own incredible all-local photography, Ryan and Emily will explain the basics of wild mushroom science and safety, and will focus on the local spring species that are considered "safe for beginners" to cook with. This class will show you how to go inside a whole world of adventure that most people overlook. All are welcome. Register for this program on the library's website.

### Spring Mushroom Hunting Walk, with The Mushroom Hunting Foundation

Saturday, June 3, 10:00 a.m. - 12:00 p.m. in person (meet at the library and we will pro-

ceed outdoors to Robinson Woods)

- The walk will not be difficult, but don't wear your best shoes and clothes.
- Attendees are encouraged to bring their cameras or phones.
- Anyone under 18 must be accompanied by a guardian.
- It is recommended to attend the previous slideshow class if possible.

In our region, the spring season brings out many amazing mushroom species. Ryan Bouchard and Emily Schmidt, founding instructors at The Mushroom Hunting Foundation, will lead us into the forest for a close look at local fungi in their natural habitats. In addition to learning about the fascinating science of mushroom identification, you'll hear great tips on mushroom photography, and see firsthand how the collecting tools are used. All are welcome. Register for this program on the library's website.

### How We Dream: The Science, History & Future of Dreaming, with Sidarta Ribeiro

Tuesday, June 6, 6:30 - 8:00 p.m. via Zoom

We spend years of our lives moving through our dreams, a phenomenon that has puzzled humans since the time our Paleolithic ancestors were falling asleep, nestled in caves beneath the stars.

In this presentation by neuroscientist and author Sidarta Ribeiro, we'll explore dreaming from a variety of perspectives; diving into the past and tracing its evolution, and understanding how it came to play a central role in human history and psychology.

We'll look at the dreams that mark major life transitions in the human experience, and examine our contemporary understanding of what happens to our memories when we dream, drawing from biology, chemistry, psychoanalysis, philosophy and personal narratives. The next time you lay your head down on your pillow, you'll have a deeper

understanding of what dreams are and how they've shaped our world today, as well as new tools to examine your own dreams in relation to your waking life. All are welcome. Register for this program on the library's website.

### ONGOING PROGRAMS FOR ADULTS:

Daily Fika (Coffee Break)  
Wednesdays-Saturdays, 10:00 - 11:00 a.m. via Zoom

### Guerilla Poetry Whoop

Second Thursday of the month, 6:30 - 7:30 p.m.  
Next meeting: May 11 via Zoom

### E-ldering Conversation Group

Wednesdays, 1:00 - 2:00 p.m.  
In person AND via Zoom

### Songwriting Workshop (with Jud Caswell)

First Tuesday of the month, 6:30-8:00 p.m.  
Next meeting: June 6  
In person at the library

### Big Little Lit Book Group

Third Wednesday of the month, 11:00 a.m.-12:00 p.m.  
Next meetings: May 17  
May book: "Bud, Not Buddy," by Christopher Paul Curtis  
in person at the library and streamed simultaneously via Zoom

### Adult Book Group

Third Thursday of the month, 3:00-4:00 p.m.  
Next meeting: May 18  
May book: "Nomadland: Surviving America In The Twenty-First Century," by Jessica Bruder  
In person at the library and streamed simultaneously via Zoom



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# CAPE CALENDAR

By Wendy Derzawiec

Please see the town website, [www.capeelizabeth.com](http://www.capeelizabeth.com) for meeting locations

Instructions for joining videoconference meetings listed below will be posted on the town website, [www.capeelizabeth.com](http://www.capeelizabeth.com).

## Wednesday, May 10

Community Services Committee, Community Center, 5:30 p.m.  
Diversity, Equity, and Inclusion Committee, Thomas Memorial Library, 6 p.m.

## Monday, May 15

Housing Diversity Study Committee Meeting, Jordan Conference Room, Town Hall, 6:30 p.m.  
Town Council Special Meeting, Town Hall, 7 p.m.

## Tuesday, May 16

Planning Board, Town Hall, 7 p.m.

## Thursday, May 18

Fort Williams Park Committee, 6 pm  
School Building Advisory Committee, Town Hall, 6:30 p.m.  
Energy Committee, Jordan Conference Room, Town Hall, 7 p.m.

## Tuesday, May 23

Board of Zoning Appeals, Town Hall, 7 p.m.

## Ongoing each week

Al-Anon, Regular meeting 7 p.m. Thursdays, at United Methodist Church, 280 Ocean House Road. Regular meeting 7 p.m. Fridays at St. Alban's Church.

Alcoholics Anonymous, 2 p.m. Saturdays, First Congregational Church, 301 Cottage Road, South Portland; 7 p.m. Wednesdays, St. Bartholomew Church; 7 p.m. Fridays, St. Alban's Church.

Cape Elizabeth Historical Preservation Society, 9 a.m.-noon Mondays and Thursdays when "Open" sign displayed, Fort Williams, in the brick building closest to Shore Road (ring the doorbell).

Cape Elizabeth Lions Club, 6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road

South Portland/Cape Elizabeth Rotary Club, 6:15 p.m. Wednesdays at 107 Preble Hall, Southern Maine Community College, 2 Fort Road, South Portland. [sp-ce-rotary.org](http://sp-ce-rotary.org).

Codependents Anonymous (CODA) group at Cape Elizabeth United Methodist Church. Regular meeting weekly on Saturdays at 10:30 a.m. Call 799-4599 FMI.

# SERVICES

## Cape Elizabeth Church of the Nazarene

499 Ocean House Road (Route 77)  
747-1113  
[www.capenazarene.org](http://www.capenazarene.org)  
Sunday School for all ages: 9:30 a.m.  
Sunday Worship Celebration: 10:45 a.m.  
Services streamed live or on demand: [watch.capenazarene.org](http://watch.capenazarene.org)

## Cape Elizabeth United Methodist Church

280 Ocean House Road  
799-8396  
[www.ceumc.org](http://www.ceumc.org)  
Sanctuary Service: 10 a.m.  
In-person Sunday services 10 a.m. For Zoom services, call 799-8396

## The Church of Jesus Christ of Latter-day Saints

29 Ocean House Road  
799-4321  
Sacrament Meeting: Sunday, 10 - 11:00 a.m.  
Sunday School/Primary: 11:10 a.m.-12 p.m.

## The Church of the Second Chance

Greater Portland Christian School  
1338 Broadway, South Portland  
641-3253  
Sunday: 10:30 a.m.-12:15 p.m.

## Church of the Holy Spirit

1047 Congress Street, Portland  
874-9779  
[www.HolySpiritPortland.org](http://www.HolySpiritPortland.org)  
Sunday Worship: 10:00 a.m.  
Sunday Adult Bible Study: 9:00 a.m.  
Sunday School for children: 10:00 a.m.  
Services streamed live on Facebook  
Potluck dinner every third Sunday

## Congregation Bet Ha'am

81 Westbrook St., South Portland  
879-0028  
[www.bethaam.org](http://www.bethaam.org)  
Worship: Friday, 7:30 p.m.  
Saturday, 10:30 a.m.  
Family Shabbat Services: Second Friday, 6:00 p.m.

## Hope Community Church

879 Sawyer Street South Portland  
799-4565  
[www.hopesopo.com](http://www.hopesopo.com)  
[www.facebook.com/hopesopo](http://www.facebook.com/hopesopo)  
Sunday Morning Worship at 10 a.m.  
Kid's Church for ages 4 through grade 5

Service videos available on our website

## Promised Land World Reach Center

536 Cottage Road, South Portland  
799-3152  
Sunday Prayer & Intercession: 9:30 a.m.  
Sunday Worship: 10 a.m.  
Family Bible Studies: Wednesday, 7 p.m.  
Sermon recordings available to download

## Redeemer Lutheran Church - LCMS

410 Main Street, Gorham  
839-7100  
[www.RedeemerMaine.org](http://www.RedeemerMaine.org)  
1st Saturday of the month 10:00 a.m. with masks  
Sunday Bible Class 9:00 a.m.  
Sunday Service: 10:15 a.m.  
Wednesday Vespers: 6:30 p.m.  
Sunday and Wednesday services are in person and streamed on Facebook

## Saint Alban's Episcopal Church

885 Shore Road  
799-4014  
[www.stalbansmaine.org](http://www.stalbansmaine.org)  
Sunday Services:  
Rite 1 with Holy Eucharist 8:00 a.m.  
Rite 2 with Holy Eucharist 9:30 a.m.  
Live Streaming on YouTube ([stalbanschannel](http://stalbanschannel))  
Children's Programs 9:30 a.m.  
Celtic Eventide 5:30 p.m.  
Room for all

## St John Paul II Parish

St Bartholomew Roman Catholic Church  
8 Two Lights Road  
207-883-0443  
[JP2me@portlanddiocese.org](mailto:JP2me@portlanddiocese.org)  
Website: [www.JP2me.org](http://www.JP2me.org)  
Sunday Mass: 9 a.m.  
Monday Mass: 8 a.m.

## First Congregational Church

United Church of Christ  
301 Cottage Road, South Portland  
799-3361  
[www.fccucc.org](http://www.fccucc.org)  
Sunday Worship: 10:00 a.m. in person and streamed on Facebook & YouTube

## First Congregational Church of Scarborough

167 Black Point Road, Scarborough  
883-2342  
[www.fccscarborough.com](http://www.fccscarborough.com)  
Sunday Morning Worship: 9:30 a.m.  
Sunday School & Nursery Care

## CABLE GUIDE

Subject to change. Please see [cvtv.capeelizabeth.org](http://cvtv.capeelizabeth.org) for latest program guide and video on demand.

### Cape Elizabeth Church of the Nazarene

May 13, May 14, May 20,

## CETV CHANNEL 1302

May 21 - 9 a.m.

### Planning Board Meeting

May 16 - 7 p.m.

### Town Council Special Meeting

May 15 - 7 p.m.

# Dean's list announcements

The University of Hartford in West Hartford, Connecticut is pleased to announce **Brendan Connolly** of Cape Elizabeth has been named to its President's Honors List for fall 2022.

**Damien Royer** has been named to the Champlain College dean's List for the fall 2022 semester at Champlain College in Burlington, Vermont.



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**Music**

Continued from page 9

- Tess Straw, bass
- Middle School Jazz Band
- Kelsie Law, tenor sax
- Finnegan Ketcham, trombone
- Domenic Linnell, euphonium
- Liam O'Brien, bass
- Jack Marston, guitar
- Liisi Kuhrt, clarinet
- Isabelle Bam, trumpet

Cape Elizabeth's music educators are:

**Planning board**

Continued from page 1

the proposed project site. Meima and Read have received feedback from the conservation committee, staff review and engineering peer reviews from the Sebago Technics firm.

Jim Huebener mentioned a recent Portland Press Herald article discussing connectivity and unexpected expense issues with solar projects and asked Meima for his thoughts. Meima made clear that ER Cape Elizabeth Landfill LLC will take care of all operation and maintenance expenses related to the project.

He said there is some uncertainty around the cost of panels and steel, noting the "volatility over the past few years" with construction materials due to supply chain issues from the pandemic. He added "none of that risk would ever be passed onto the town in any way."

Meima did discuss one other uncertainty relating to the cost of connectivity to the electric grid. He stated that they're working with CMP now on the poles and wires design of the interconnection site, but 25% of the estimate provided by CMP has already been paid by ER Cape Elizabeth Landfill, LLC.

Also discussed was the project timeline which Meima described as "a little squishy." This is because of the unknowns regarding approval of applicable permits. Meima said the longest cycle of permitting is with the DEP cap amendment permit, which he thinks could be issued in May or June of this year. He estimated the project to be operational by the middle of 2024.

Huebener motioned the board to approve the application for site plan completeness and was seconded by Derek LaVallee. The board passed the motion unanimously and scheduled a site walk with the project applicants for Monday, April 24 at 4:30 p.m.

The board motioned for site plan amendments to install solar array be tabled to the regular Planning Board meeting on May 16 at which time a public hearing will be held. This motion passed unanimously with no discussion from the board.

**MUSIC LESSONS**

**Flute lessons:** For beginners and intermediates of all ages. Call Kris: 767-3712.

**Suzuki violin lessons** and group classes available. Ages 5+. Please contact Laura Warren at Suzuki Stringers 207-245-5863 or email ljwarren88@yahoo.com

**Piano lessons for all ages.** Beginners through advanced. Sandi Palmquist: 329-8345.

**Piano, Voice, Guitar, Ukulele lessons for all ages.** Beginner through intermediate. Carey Rasco: 232-7015

- Rebecca Bean, PCES Music Teacher
- Caitlin Ramsey, CEMS Band Director
- Missy Shabo, CEMS Band Director
- Will Sawyer, CEMS Interim Music Teacher/Chorus Director
- Rob Wheeler, CEHS Band Director
- Joanne Lee, CEHS Chorus Director

The NAMM Foundation is a nonprofit supported in part by the National Association of Music Merchants and its approximately 15,000 members around the world. The foundation advances active participation in music making across the lifespan by supporting scientific research, philanthropic giving and public service programs.

**Public Comment**

Cynthia Dill of 1227 Shore Road made a comment that the Cape Elizabeth Town Council has authorized a feasibility study on the same proposed parcel of land as the ER Cape Elizabeth Landfill LLC solar array project. She added that Sebago Technics is looking into where the site is suitable for multiplex housing projects that would assist in the town being compliant with LD2003 housing density regulations. Dill suggested that the site could resemble Colonial Village with updated, affordable housing for seniors looking to downsize their homes, single family residences, and multiplex housing.

LaVallee motioned the board to adjourn, seconded by Alton Palmer. The board approved motion unanimously and adjourned.

**MENTAL HEALTH AWARENESS MONTH**  
MAY

**MENTAL HEALTH AWARENESS MONTH**

**Calling all Class of 2023 parents!**

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The Cape Courier is offering a special advertising opportunity for you to give a "Shout Out" to the Senior in your life, while supporting your local newspaper.

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## First place win for Brucker in powerlifting competition



Contributed photo

Sixteen-year-old Cape Elizabeth resident Finn Brucker recently placed first in the teen category at a USA Powerlifting event held in Wilton. This was the first competition he has ever entered and the total amount of weight he lifted in the three events qualified him to compete nationally. Coaching Finn to success at the event were his brothers Mac (who also competed for the first time) and Theo. From left to right above are Mac, Theo and Finn.

## Courier goes on spring break



Contributed photo

Pictured Jack (9) on left and Gus (6) Pfueller who took The Cape Courier to the Top of the Rock with them on their spring break trip to NYC.



Contributed photo

Carter and Miles Washburn pictured with The Cape Courier at the beach on the northwest side of Puerto Rico, which they visited over school break.

### Who Watches Out for You?

The Cape Neighbors Alliance is not a cabal. We are a bipartisan group of neighbors looking after neighbors. Some of us favor affordable housing projects while others believe real estate everywhere is a function of supply and demand. Some of us favor new school construction while others favor renovation. Some have children in school, others are retired and still others have time commitments that conflict when town and school meetings are held. But, there's one thing we all agree on: good governance comes through transparency and open discussion – not when people who have more time or interest in an issue obtain positions of power and seek to ram through their personal or political agenda.

### Why We Started Our Group

Remember when... real estate developer Szanton Co. told us the Town Center affordable housing project would help attract young teachers and police officers to live in Cape? Then, one of our Cape neighbors did the math and discovered teachers and police officers made too much money to qualify. That led to more questions, and ultimately a citizen-led petition to overturn the misguided ordinance changes meant to accommodate the proposal. Like a Scooby Doo episode where the villain is unmasked, Szanton withdrew their proposal. Listen close and you might still hear them muttering, "And we would have gotten away with it if it wasn't for you meddling kids..." every time they mention Cape affordable housing.

### Who Else Needs to Be Unmasked?

In April, several concerned parents brought to our attention a message sent to Cape High School students. The message informs students **"Everyone will be able to use either second floor restroom regardless of gender or gender identity."** Our Alliance takes no stance regarding gender issues. We take issue with process. We are not aware of any notification sent to parents – only to students returning from spring break. **Whose decision was it to NOT notify parents?** We are not aware of any effort by school administrators to solicit or include widespread student, parent, or community engagement on the issue. We are not aware of any requirement or ordinance to make restrooms mixed-gender. Nor are we aware of any reason for making this decision – other than **people who have more time or interest in an issue obtaining positions of power and seeking to ram through their personal or political agenda.**

This isn't about accommodating for gender! Accommodating for gender can be accomplished by renovating one bathroom to create single-access, single occupancy facilities. This would not only protect the privacy of each student, but would not force any student to publicly declare their position on gender! A visit to the Foulmouth Brewery in South Portland would provide an excellent example of how to create gender-neutral restroom facilities (and tasty beverages). **But this decision is about someone's goal to advance a political agenda of mixing genders in public restroom facilities with vulnerable teenage students.**

### What Should Be Done?

Any major new policy - regardless of good intentions - deserves widespread opportunity for community input rather than being presented as "fait accompli." Public input creates public trust in the process to create new policies. Why would any public official exclude the very people they are supposed to serve?

### What is the Cape Neighbors Alliance?

We are a group of citizens who believe that good governance happens when our community is heard, processes are transparent, and personal agendas are set aside. We intend to stand with our neighbors and our community to ensure this vision becomes reality.