

The Cape Courier

Volume 36 Number 11
July 5 - July 25, 2023

An Independent Not-for-Profit Newspaper
Serving Cape Elizabeth Since 1988

capecourier.com

In the Spirit of Community

Three-peat! CEHS Boys' LAX are state champs...again



Photo by Michael van Huyse

The CEHS boys' lacrosse team have won the Class A Maine State Championship, defeating South Portland 17-6. The team went undefeated this season, and this is the third season in a row that Coach Ben Raymond's team has been crowned champs. The dynasty continues, with 14 state championships for boys' lacrosse since the Maine Principals' Association first sponsored them in 1998.

Great White Shark caught near Richmond Island

By Stephen T. Lyons (Garda) and Ethan Fogg



Contributed photo

One of Dan Harriman's crewmembers pictured with the eight-foot Great White Shark that was caught recently about 600 feet from Crescent Beach State Park.

Local fishing legend Dan Harriman and his crew recently netted an eight-foot Great White Shark near Richmond Island. Their vessel was about 600 feet offshore, in 30 feet of water, off Sprague Property and Crescent Beach State Park. A crew member snapped a photo of the shark on the deck of his boat.

Even after Dan and his crew released the shark into the Gulf of Maine, as required by law, their work was not done. Next steps included extensive repairs to the crew's fishing net and a formal report to the authorities.

While the movie Jaws spurred mass ga

-see SHARK page 16

Changes coming to section of Sawyer Road

By Kevin St. Jarre

A preliminary design report was created by Acadia Civil Works, titled, "Sawyer Road Culvert Tidal Crossing Assessment" and dated December 31, 2019, and prepared for the town of Cape Elizabeth, the town of Scarborough and the Maine Coastal Program. According to the report, Acadia Civil Works was retained by the town of Cape Elizabeth, and paid for with grant monies via the Maine Coastal Program, and sourced from the National Oceanic and Atmospheric Administration.

Acadia's report lays out the issues, challenges and potential options for the improvement of the section of Sawyer Road.

According to a memo dated January 27, 2022, "The towns of Cape Elizabeth and Scarborough are collaborating on future strategies for Sawyer Road (Cape Elizabeth) and Sawyer Street (Scarborough), which includes a 1,400' long section of road crossing the Scarborough Marsh. Sawyer Street floods multiple times a year, the most recent event occurring on Monday, January 17th, 2022. The existing culvert is restricting tidal flows, resulting in scouring pools."

The January 2022 memo was sent to Cape

Elizabeth Town Manager Matthew Sturgis and Scarborough Town Manager Tom Hall, from Cape Elizabeth Town Planner Maureen O'Meara, Cape Elizabeth Public Works Director Jay Reynolds and Scarborough Sustainability Coordinator Jami Fitch.

While both the January 2022 memo and the report from Acadia Civil Works lay out options for improvement of the road, the current plan is to "discontinue" the section of Sawyer Road, and to "restore" the site to its natural state.

In a June 1, 2023 memo to the Cape Elizabeth Town Council Town Planner O'Meara wrote, "The towns of Cape Elizabeth and Scarborough have been jointly seeking grant funding to restore tidal flows on the Spurwink Marsh through removal of the portion of Sawyer Road/Street that sits in the marsh. Road removal avoids a multi-million dollar infrastructure project to replace the failing Sawyer Road/Street culvert and elevate the chronically flooding road. Staff are pursuing multiple grant opportunities and are tailoring applications to best fit grant requirements."

In an email from Town Manager Sturgis to The Cape Courier dated June 24, 2023,

-see SAWYER page 2

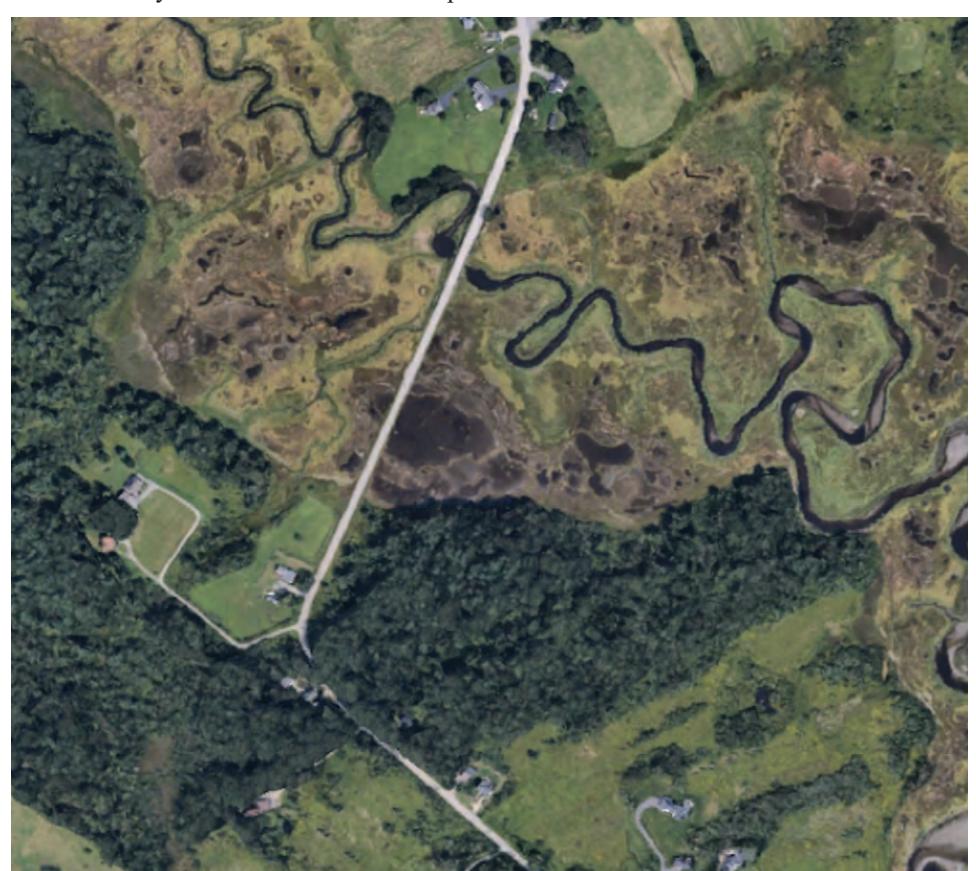


Photo from Cape Elizabeth memo, January 2022

The towns of Cape Elizabeth and Scarborough have been jointly seeking grant funding to restore tidal flows through removal of the portion of Sawyer Road/Street that sits in the marsh.



THE LANDING AT CAPE ELIZABETH - INDEPENDENT & ASSISTED LIVING



Enjoy everything life in Maine has to offer with the added benefit of a maintenance free lifestyle! Residents of The Landing at Cape Elizabeth enjoy chef-prepared meals, enriching programs, care team availability and much more!

Learn more about life at The Landing!
Call Margaret: 207.900.2236



78 Scott Dyer Road | Cape Elizabeth, ME | TheLandingsMaine.com





OUR MISSION STATEMENT

The mission of The Cape Courier is to foster a sense of community by presenting news specific and unique to Cape Elizabeth and its residents, and, whenever possible, to promote volunteerism within our community.

BOARD OF DIRECTORS

Roger Bishop,
Debbie Butterworth, Jerry Harkavy,
Heather Stone, Jim Neuger, Ed Pfueller and
Dave Herzer

Publisher: Tara Simopoulos
info@capecourier.com

Editor: Marta Girouard
editor@capecourier.com

Community Reporter: Kevin St. Jarre
community@capecourier.com

Advertising Manager: Tara Simopoulos
(Display and classified ads)
advertising@capecourier.com/207-939-9766

Bookkeeper:
billing@capecourier.com

Proofreaders:
Chuck Rzeszutko

Photo finishing: Ann Kaplan

Distribution: William Alexander

For general information:
info@capecourier.com/207-939-9766
For Advertising:
advertising@capecourier.com

Writers: Debbie Butterworth, Wendy Derzawiec, Erika Carlson Rhile, Kevin St. Jarre, Marta Girouard, Jim Rowe, Tina Fischer, E. Brooks Bornhofft, Jeff Shedd, Hanna Gilley

Photographers: Martha Agan, Joanne Lee
The Cape Courier is printed by Masthead Maine Press in South Portland and mailed free to Cape Elizabeth residents 22 times a year. We disclaim all legal responsibility for errors, omissions or typographical errors. All reasonable care is taken to see that errors do not occur. We print corrections upon timely notification.

LETTER & SUBMISSION POLICY
Letters should not exceed 250 words. We reserve the right to refuse letters and to edit for length, accuracy, clarity and civility. We do not withhold names and writers may be limited to one letter per month. Petition-style letters will be declined. Letters reflect the opinion of the author, not The Cape Courier. Email letters to: editor@capecourier.com or mail to P.O. Box 6242, Cape Elizabeth, ME 04107. Please note: Letters will be acknowledged by email.

NEXT ISSUE: July 26
DEADLINE: Noon, July 14

'We can't keep seeing things at face value'

Since the unexpected demise of one of our shared landmarks, driving by the stump that used to be a tall, proud oak tree along Scott Dyer, I've begun to see it as a symbol of a deeply rooted way of thinking in our town—particularly as it relates to the state of our elementary and middle school complex.

At first glance, they were both stately pride points of our humble town. Lovingly cared for over many years, accommodated when roads were widened, sidewalks were added, or more students demanded more space to learn and grow.

But, much like the oak tree's unseen rotten core, our schools have similarly unseen potential hazards that could just as easily put our most treasured assets at risk—our kids.

Constantly leaking ceilings, aging flat roofs that are strained under the weight of heavy snowfalls, 29 entrances over a spanning acreage of hallways and buildings pieced together over 90 years—our schools look great to the average Caper just driving by, just like that oak tree looked as healthy as ever even on the day it fell.

We can't keep seeing things at face value and assuming all is well beneath the surface.

Or else one day, on a quiet Tuesday, we could be facing news much more inconvenient than a temporary roadblock.

Heather Reeves

THANK YOU!

Your donations and other contributions help keep this community newspaper coming to your mailbox.

Thank you to this recent generous contributor:

Sawyer

Continued from page 1

he wrote: "The town is studying the issue in combination with the town of Scarborough and held a workshop on it last year with surrounding residents. Nothing is planned until at best next summer based on receiving grant funding for the work to be performed. It would entail discontinuing the road, removing the culvert and restoring to natural state."

Sturgis also wrote that it is a town road, and the section discussed is from just beyond the last residential property on Sawyer Road, after the intersection with Wells Road on the Cape Elizabeth end, and just below the last residence on the Scarborough side. "There are many details to be determined and we are currently on the discussion phase and planning phase," he wrote.

The June 2023 memo from O'Meara reads "At the joint March 16, 2022 meeting of the Cape Elizabeth and Scarborough Town Councils, both towns agreed that removal of the portion of Sawyer Road/Street that sits in the Spurwink Marsh is preferable to the infrastructure investment needed to maintain the road."

The January 2022 memo explains that Acadia Civil Works' report "includes valuable hydraulic modeling of the marsh, a range of sea level rise predictions and two scenarios to replace the culvert. Option A (80' span) has an estimated cost of \$2 - 3 million. Option B (140' span) costs range in the \$3.5 - 5.5 million. Both options would need to include an additional \$600,000 - \$900,000 in road improvement costs."

The town of Cape Elizabeth has put the report up on its website. A shortened version of the URL is this: <https://tinyurl.com/yyb>

ATTENTION READERS

The Cape Courier is nonpartisan, and the printing of a paid advertisement should not be taken as an automatic endorsement of any candidate, nor of any ad's content. The Cape Courier does continue to reserve the right to decline any advertisement, press release, or letter to the editor.

6wpw8. The January 2022 memo and Acadia's report also layout not only how much water would need to be accommodated, but also looks ahead to climate change and sea levels rising, and the potential impact of the additional water.

According to the January 2022 memo, Town Council discussion topics included accessibility to homes for nearby residents. "The municipal boundary follows the river, resulting in approximately 1,100' of the marsh portion of Sawyer Road in Scarborough and 300' in Cape Elizabeth. There are 8 homes accessing Sawyer Street on the Scarborough side and 3 homes accessing Sawyer Road on the Cape Elizabeth side. Vehicular access for all of these homes can be maintained without retaining the portion of Sawyer Street/Road located in the marsh," the 2022 memo, in part, reads.

Also included in the 2022 memo are ve-
-see ROAD page 9

Vote on facts not fear

In 2022, after 45 years of Roundup use, our EPA found, "No risk of concern to human health from the current use of Glyphosate, No indication children are more sensitive to Glyphosate, No evidence that Glyphosate causes cancer in humans" and "No indication that Glyphosate is an endocrine disruptor."

Pennsylvania State University explains the WHO study used as the basis for the civil court decision against Monsanto, "In 2015, the WHO's International Agency for Research on Cancer (IARC) concluded that 'Glyphosate is probably carcinogenic to humans.' The IARC's study aimed to identify hazards that can result in cancer outcomes but did not consider the risk of exposure to doses that are likely to occur in the environment. Put another way, the IARC asked, 'Can glyphosate cause cancer under any circumstance?' Based on this criteria, other probable human carcinogens include red meat, late-night work shifts and indoor emissions from burning wood."

This is not Ilya Fleishman talking. Nancy Ross wants us to distrust our government and university scientists and impose her lifestyle on everyone by enacting laws governing neighbors' behavior and property use to align with her misunderstood ideals. Her convictions, however, are entirely unsupported by thousands of hours of research and science - so she tries to scare us with doubt. I have explained our responsibility to be good environmental managers. Roundup is only applied carefully and sparingly in residential settings. Its use by you or your neighbors is of zero health consequence to anybody.

Vote against the misconceived ban.

Ilya Fleishman

2023 Publication Schedule

Issue No.	Ads/Copy Due	Issue Published	Issue No.	Ads/Copy Due	Issue Published
01	Jan 6	Jan 18	12	June 23	July 5
02	Jan 27	Feb 8	13	July 14	July 26
03	Feb 10	Feb 22	14	Aug 4	August 16
04	March 3	March 15	15	Aug 18	Aug 30
05	March 17	March 29	16	Sept 1	Sept 13
06	March 31	April 12	17	Sept 15	Sept 27
07	April 14	April 26	18	Sept 29	Oct 11
08	April 28	May 10	19	Oct 13	Oct 25
09	May 12	May 24	20	Oct 27	Nov 8
10	May 26	June 7	21	Nov 10	Nov 22
11	June 9	June 21	22	Dec 1	Dec 13

Checks made out to The Cape Courier may be mailed to P.O. Box 2248, South Portland, Maine, 04116. Please include a message on your correspondence if you prefer to remain anonymous.

Let us hear from you! 
We love feedback!
editor@capecourier.com

SUBSCRIPTIONS	
\$21.10/year in Maine; \$25 out of state	
\$15 student (9 months)	
\$12 half year	
(These amounts include state sales tax, which The Cape Courier is required to charge.)	
Name:	
Address:	
Amount enclosed:	\$_____
Today's date:	
Mail to:	
The Cape Courier	
P.O. Box 2248	
South Portland, ME 04116	

Then and Now: I wanna drive the Zamboni

By Jim Rowe

This past winter's CEHS boys ice hockey state championship and the resounding success of the new Cape Community Arena at Gull Crest got me reminiscing about outdoor skating here in town through the years. There has always been Great Pond, of course. And the lily pad pond at Fort Williams. Any number of puddle-ponds of various sizes and shapes have attracted the town's Hans Brinkers for generations. The neighborhood "rink" of my youth consisted of one small oval sheet and several roughly parallel ribbons of ice adjacent to the non-extant Cottage Farms School. Half-submerged twigs and marsh grass often made footing interesting.

There was notably a fine rink at Zeb Cove, adjacent to "Witch Way," the Cape Elizabeth home of Hollywood stars Gary Merrill and Bette Davis in the 1950s.

The Zeb Cove rink was home ice for a couple of amateur hockey teams. Among them were the Cape Elizabeth Icemen and Merrill's Marauders. These teams would typically play other "town" or "company" teams in loose-knit league competi-

tion. The quality of play was quite good, with many of the skaters having played in college. One of the opposing team's players, Bucky Benson, had even spent some time with the NHL's Chicago Black Hawks! Merrill himself was a creditable skater. Games at "The Zeb" (my name) drew spectators, and often as many "column inches" in the Portland newspaper as today's Maine Mariners.

Keeping the Zeb Cove rink playable was no easy task. It was common for games to be postponed or cancelled, due to "rough ice." In the January 30, 1956 Portland Press Herald, there was a write-up of a game between the Cape Elizabeth Icemen and Wilton (a central Maine town/mill team). The article reported that "despite the snow and rain today, playing conditions were termed 'fair.' Members of the host club had been grooming the rink for a week. They admitted an edge in knowledge of the terrain, and kept clear of a gaping ice crevice on one side of the playing surface."

Knowing where the cracks are...better than being on a power play!

High/low tide chart

Date	High Tide			Low Tide		
	AM	ft	PM	ft	AM	ft
5 Wed	12:38	11.4	1:24	9.6	7:07	-1.2
6 Thu	1:32	11.4	2:17	9.8	7:59	-1.3
7 Fri	2:27	11.1	3:12	9.9	8:52	-1.1
8 Sat	3:24	10.7	4:08	10.0	9:46	-0.8
9 Sun	4:25	10.2	5:05	10.1	10:42	-0.5
10 Mon	5:27	9.7	6:02	10.1	11:38	0.0
11 Tue	6:30	9.2	6:59	10.0	12:18	0.4
12 Wed	7:35	8.8	7:57	10.0	1:23	0.4
13 Thu	8:38	8.6	8:53	9.9	2:27	0.3
14 Fri	9:36	8.5	9:45	9.9	3:25	0.2
15 Sat	10:29	8.5	10:34	9.9	4:18	0.2
16 Sun	11:17	8.5	11:19	9.9	5:06	0.1
17 Mon			12:01	8.5	5:50	0.1
18 Tue	12:02	9.9	12:42	8.5	6:30	0.2
19 Wed	12:41	9.8	1:20	8.6	7:08	0.2
20 Thu	1:19	9.7	1:57	8.6	7:43	0.3
21 Fri	1:56	9.6	2:32	8.7	8:17	0.4
22 Sat	2:33	9.4	3:09	8.7	8:52	0.5
23 Sun	3:12	9.1	3:46	8.8	9:28	0.7
24 Mon	3:55	8.8	4:25	8.9	10:06	0.9
25 Tue	4:41	8.5	5:07	9.0	10:48	1.1
					11:22	1.3

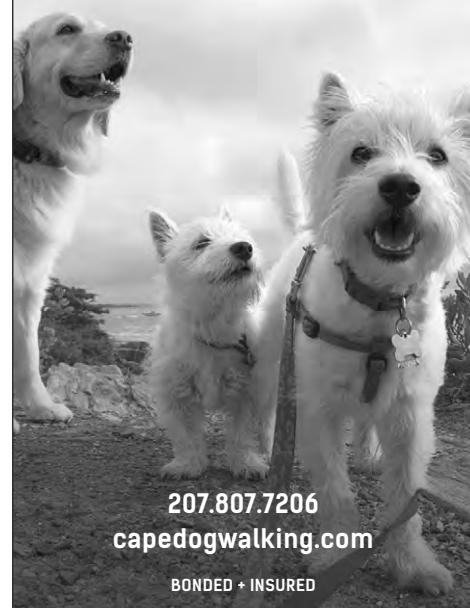
Got a story
to share?
Email us!



editor@capecourier.com

Please support your independent newspaper.

The Cape Courier is not affiliated with and does not receive funding from the town of Cape Elizabeth.



News from June 20 Planning Board meeting

By Hanna Gilley

May 16, 2023 Meeting Minutes Approval

The Planning Board asked for approval of April 18 meeting minutes. The motion was introduced by Jim Huebener. With no discussion from the Board, the motion passes unanimously.

CELT 2023 Boardwalks Resource Protection Permit

The Cape Elizabeth Land Trust is requesting a Resource Protection Permit to install boardwalks at Hobstone Woods and reconfigure boardwalks at Robinson Woods.

Ardith Dixon, the applicant representative and Stewardship Manager of Cape Elizabeth Land Trust presented to the Board the organization's project to "address muddy spots on trails." Be it noted that Hobstone Woods does not have a Wetlands delineation, but that Robinson Woods does have Wetlands delineation.

The proposed project would lengthen and widen certain existing boardwalks in Hobstone Woods where foot traffic is widening the cleared trail and creating an ecological impact. For Robinson Woods, the Land Trust proposes installing boardwalks and foot bridges to "improve water flow" and to remove boardwalks in certain areas where the Land Trust wants to reroute trails. The design of the proposed boardwalks would

be wide enough for universal access which allows wheelchairs to pass over safely.

Dixon asked the Board for application waivers that include topographic contours on one-foot intervals on labels, description of wetland soils and plants, and stormwater management plan. Chair Sahrbeck showed his support for the waivers due in large part from a letter from the town engineer citing the "low impact" this project would have.

Board member Huebener motions for the application to be deemed complete based on materials and facts presented including the requested waivers. The Board also motions and votes unanimously for the application to be passed based on its merits.

Carr Woods

For final subdivision review Gordy Smith, an attorney representing the applicants and landowners, Kristin Collins, an attorney representing Shore Road Development Partners, and Bill Gerrish, civil engineer for the project from Northeast Civil Solutions, presented their application to the Board requesting completeness.

Gerrish introduced items that were addressed from the January 2022 workshop meeting including the issue of open space and walking trails. Based on public comment and comments from the Conservation Committee, the trail networks around the

-see PLANNING BOARD page 15

Full Service Veterinary Center in the Heart of Cape Elizabeth

VETERINARY AND REHABILITATION CENTER OF CAPE ELIZABETH

"YOUR OTHER FAMILY DOCTOR"

207 Ocean House Road (Route 77), Cape Elizabeth, ME 04107
(207) 799-6952 | info@vrcce.com | www.vrcce.com

Old School Electric

Rick Romano

207-767-3866

(Be sure to leave a message)

Master Electrician (40+ years)
No job too small • Quick response time



FIDUCIARY FINANCIAL PLANNING &
INVESTMENT ADVICE
Individuals, Trusts & Estates

Laongdao "Tak" Suppasettawat, CFP®, CPA
Maine Licensed Registered Investment Advisor
(207) 799-2010
tak@takadvisory.com
www.takadvisory.com



Bank fraud reported, boat goes missing from mooring

Reported by Debbie Butterworth

PUBLIC INFORMATION

- 6-5 An officer met with a resident in the Spurwink Avenue area regarding a suspicious phone call.
- 6-6 An officer met with a resident of the Brentwood West area who turned in a found wallet. Owner was identified and wallet returned.
- 6-9 An officer met with a property representative at a residence in the Shore Road area regarding a criminal mischief complaint.
- 6-9 An officer met with a resident of the Shore Road area who reported that several unauthorized withdrawals had been made from her account. The withdrawals occurred in Massachusetts, and the bank stated that someone had used what appeared to be a legitimate Maine driver's license that contained her husband's personal information to file for, and was issued a debit card that was used to make the withdrawals.
- 6-9 An officer met with a subject in the Ocean House Road area regarding a trespass complaint.
- 6-13 An officer met with a resident of the Scott Dyer Road area regarding a criminal mischief complaint.
- 6-16 An officer responded to a residence in the Fowler Road area for a well-being check.
- 6-16 An officer, while on routine patrol, located a subject sleeping in his car in the Middle School parking lot. The subject was interviewed and moved along.
- 6-18 An officer met with a subject at Kettle

Cove who reported that his boat was missing from a friend's mooring. It appears that the rope securing the boat to the mooring had come loose. The Coast Guard and Marine Patrol were notified.

SUMMONSES

- 6-9 Cape Elizabeth resident, seatbelt violation, Ocean House Road, \$175
- 6-11 Cape Elizabeth resident, unlawful possession of scheduled drug, violation of condition of release, Two Lights Road
- 6-11 Portland resident, uninspected vehicle, Route 77, \$148
- 6-12 South Portland resident, operating vehicle while using handheld device, Ocean House Road, \$85
- 6-13 Portland resident, operating after license suspension, suspended registration, Kettle Cove Road
- 6-13 Windham resident, seatbelt violation, Route 77, \$85

ACCIDENTS

- 6-7 Julia Cole, accident on Bowery Beach Road
- 6-9 Molly Frothingham, Ann Chandler, accident on Ocean House Road
- 6-12 Dayla Davis, Paulette Park, accident on Spurwink Avenue
- 6-16 Daniel Kane, accident on Scott Dyer Road

FIRE CALLS

- Fire calls: 12
EMS calls: 28

Scam alert bulletin board

By Jessica D. Simpson

The threats behind online quizzes

Let's be honest, most of us have done it: taking one of those viral social media quizzes or threads that seem so fun and innocent. Post a picture of your first car. What cartoon princess are you? What record was number one the year you graduated high school?

They may seem like harmless fun, but the Better Business Bureau and digital-security companies warn that criminals sometimes use quizzes to pry loose personal data. Launching a quiz app may give its creators permission to pull information from your profile, offering hackers an opening to steal your online identity.

Here are three social media scams to avoid. Avoid queries about innocent-sounding things like your high school mascot or first car that might be linked to common security questions that banks and financial firms use to protect accounts. Be suspicious of any personal messages appearing to come from celebrities you follow. Criminals often impersonate celebrities online and offer special access for a price or ask for help with a new investment or charitable contributions. Another classic social media scam involves a direct message from one of your personal contacts asking "is this a picture of you" with a link to click on. Clicking the link takes you to a site that mimics one of the popular social networks and prompts you to log in, a ploy for hackers to get your credentials and access your account.

Amazon tricks customers into Prime, FTC Says

It's awfully easy to sign up for Amazon Prime with a free 30-day trial: Just click link, sign in or register and add your credit card info, if you haven't done so already. But millions of people subscribed to the \$139-a-year service without realizing they'd done so, according to a complaint filed by the Federal Trade Commission (FTC).

The company "used manipulative, coercive, or deceptive user-interface designs known as 'dark patterns'" to get consumers to enroll in automatically renewing Prime subscriptions, alleges the complaint filed June 21 in U.S. District

Court for the Western District of Washington (Amazon is based in Seattle).

It notes that during the checkout process, for example, the button presented to consumers to complete their transaction sometimes didn't make it clear that clicking that option meant they were agreeing to sign up for Prime. Such practices are "not only frustrating" for users, they "also [cost] them significant money," says FTC Chair Lina M. Khan.

Additionally, The FTC says Amazon "knowingly" makes it difficult for customers to cancel their subscriptions to Prime, which has about 168 million members in the U.S., according to a 2022 Consumer Intelligence Research Partners (CIRP) report. The difficulty with canceling was quite intentional; the FTC notes how Amazon code-named the multistep cancellation process "Iliad Flow," a reference to the epic Greek poem about the "long, arduous Trojan War." But, according to the FTC, Amazon simplified its cancellation process "for at least some subscribers" when it found out the FTC was investigating. AARP reached out to Amazon for comment, but at time of publication had not heard back.

The FTC issued a consumer alert on the issue. It includes: Watch what goes into your cart. Even if you empty it and leave the site without completing your purchase, you still could have been enrolled in a subscription service. Watch for pre-checked boxes. They may sign you up for a product or service. Make sure you didn't get charged for something you don't want. Check your order confirmation to see. If you did get charged, contact the company to cancel and get a refund. Get and keep the written confirmation. Watch your bank or credit card statements. If you've tried to cancel a subscription and the company won't stop charging your account, dispute it with your credit or debit card issuer. Look for auto-renewals. Unless you cancel, you'll continue to be charged.

Be a fraud fighter! If you can spot a scam, you can stop a scam. Visit the AARP Fraud Watch Network at www.aarp.org/fraudwatchnetwork or call the AARP Fraud Watch Helpline at 1-877-908-3360.

May 2023 Cape Elizabeth real estate transfers

NEW OWNER	LOCATION	SALE PRICE	USE
AMATO JAMES M & TERRI L	29 EASTMAN ROAD	\$640,000	SINGLE FAMILY
AUSTIN JULIE A	5 MAXWELL WOODS DRIVE	\$875,000	CONDOMINIUM
BLACKBURN KATHLEEN	10 GLADYS ROAD	\$550,000	SINGLE FAMILY
BOXER ANDREW C	7 WINDING WAY	\$1,400,000	SINGLE FAMILY
BUSHEY MARGARET R	19 LINWOOD STREET	\$350,000	SINGLE FAMILY
FOOS GREGORY HARKINS & EMMA 7 PENWOOD CIRCLE	25 PHOEBES WAY	\$761,100	SINGLE FAMILY
GIVEN JOHN P & NANCY COTTON	16 OAKVIEW DRIVE	\$335,000	CONDOMINIUM
HEARD WILLIAM & CLINTON SARAH	198 OCEAN HOUSE ROAD	\$370,000	SINGLE FAMILY
MARGARET K HILLMAN LIV TRUST	25 PHOEBES WAY	\$812,000	CONDOMINIUM
SILVIS GEOFFREY & MOLLY	15 ROBINHOOD ROAD	\$775,000	SINGLE FAMILY
WILLIAMS ERIC & CASEY	33 ASTER LANE	\$980,000	SINGLE FAMILY
KELLER LATROPE & WHITNEY	1183 SHORE ROAD	\$1,165,000	SINGLE FAMILY
QUIGLEY ANN & MATTHEW SPILLANE	12 ORCHARD ROAD	\$465,000	SINGLE FAMILY
OBSIDIAN ML 7 LLC	298 OCEAN HOUSE ROAD	\$3,436,392	VARIETY STORE



Selling Cape Elizabeth for over 25+ years.

Call Elisabeth for all your real estate needs.

207-415-1383

Bostwick
REAL ESTATE & Company

www.bostwickandcompany.com

Ready for fresh garden ideas?

Create a vegetable garden or add native Maine plants!

Whatever your garden goals, Earth Walkers is your perfect garden coach.



Schedule your consultation today!

207-615-5956
amyearthwalkers@gmail.com
www.earthwalkers.me

Judy's Pantry-a community feeding itself

Please note that our hours of operation have changed.

We operate at the Cape Elizabeth Methodist Church on the second and fourth Tuesdays of each month from 3-5 p.m.

Prior registration is necessary. Please contact Beth Owens: bethowens1@gmail.com.



RE/MAX OCEANSIDE

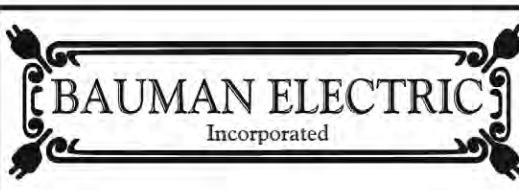


Frank S. Strout Broker

1237 Shore Road, Cape Elizabeth, Maine 04107
Office: 207.799.7600 x104 Cell: 207.776.4245

FrankStrout@remax.net www.OceansideMaine.com

Each Office Independently Owned and Operated



We now have a bucket truck! Call us about:

- > Holiday/festival lighting
- > Flood light installations
- > Service wire repairs
- > Commercial Parking lot lighting repair and installations.



"High Hopes?"

Visit www.BaumanElectricMaine.com, and see what we can do for you!
Contact Bob: Baumanvolts@yahoo.com

24 Hour Service (207)-571-4607
Senior/Veteran Discounts on Service Calls

News from the Superintendent

By Dr. Chris Record

Wow, another school year has successfully come to a close with us celebrating our 125 CEHS graduates. We wish them the very best in their future endeavors. It seems like just days ago we were welcoming our eager students back to school.

Cape community, I thank you from the bottom of my heart for your incredible support of our students, staff and of our schools this year. We very much appreciate your recent passage of our school budget.

Every year will offer different fiscal challenges and cost drivers. We recognize the 23-24 budget has a higher % tax increase than the 22-23 budget did.

As a reminder, the 22-23 school budget ranked 13th in Cumberland County for expenditure increase, but we could not match that this time due to the significant cost drivers that have been mentioned previously. It is my earnest hope, pending many unknown factors at this point, that the 24-25 budget will more closely match the 22-23 % increase.

We will continue to do our very best to educate the students of Cape as we recognize their success is truly an investment in the future of our community, our state and our nation.

Student and staff highlights from 2022 - 2023...Wow!

- Officer Dave Galvan - Maine School Resource Officer of the Year 2022 (ME Association of Police)
- Sailing Team - Double Handed Sailing Championship
- CEMS Music Dept - Maine Music Educators Association District I - ½ Honors Festival
- CEHS Music Dept - Maine Music Educators Association District I - Honors Ensembles
- Golf Team - State Runner-ups
- Girls & Boys Swim Team - Class B State Championships
- Logan Schwartz - Class B Alpine

State Championships

- Tommy Gray, Grace Gray, Emma Young - Qualifiers - New England Indoor Track Championships
- Cape Robotics Teams - earned 7 awards at Maine State Championships, and 3 spots at Worlds in Dallas
- Boys Ice Hockey - Class B State Championships
- One Act Play - Runner Up - Regional Class A Festival
- Pond Cove Chess Team - State Championships - Second place
- MMEA District 1 - 6th Grade Honors Band/Chorus
- CEMS & CEHS Honors Jazz Band
- Speech & Debate Team - State Championship
- Math Team - State Championship
- Science Bowl Team - First Place - Regional Competition -
- Esports Team - League of Legends State Championship
- MMEA All-State Band, Orchestra and Chorus
- Boys Tennis - 2023 Sportsmanship Award
- Boys Lacrosse - Class B State Championship

I am very pleased to announce that the following new administrators have been approved by the School Board for this coming school year.

I hope we collectively will welcome them to the community and offer them grace, patience, and support as they learn from students, staff, parents and community members.

We believe they each will communicate well with all stakeholders, be open to hearing from all voices, provide instructional leadership across all grades and content areas, enhance the culture/climate through presence, visibility and clarity of student and staff expectations, and will be able to see the big picture in order to lead strategically with data-driven decision-making.

• Ms. Tiffany Karnes as our Pond Cove Principal. The Interview Committee, comprised of teachers, ed techs, admin assistant, parents, School Board members, administrators and myself endorsed her after a thorough three round interview process that included more students, parents, and staff and reference checks.

We also sent an eight person visiting team to her current elementary school to speak with staff, students, parents and administrators. The Interview Committee believes she is well-prepared for the principalship because of her significant successful prior principal experience in Oxford Hills and Houlton.

- Mr. Ryan Fairchild as our Special Services (Special Education) Director. The Interview Committee, comprised of teachers, ed techs, admin assistant, parents, a School Board member, administrators and myself endorsed him after a thorough three round interview process that included more parents and staff and reference checks.

The Interview Committee believes he is prepared for the directorship because of his significant successful prior director experience in Wells, Auburn and Sacopee Valley.

- Ms. Monica Cooke as our Director of Transportation. The Interview Commit-

tee, comprised of bus drivers, an admin assistant and myself endorsed her after an interview and reference checks.

The Interview Committee believes she is prepared for the directorship because of her successful experience as a bus driver trainer and bus driver in Cape Elizabeth and her prior experience as a Director of Transportation in Rangeley.

The School Building Advisory Committee (SBAC) continues to meet every other Thursday at 6:30 p.m. at Town Hall. The Town Council and School Board recently endorsed CBRE/Heery as our owner's rep to guide our work and Portland Research Group to conduct a survey of all voters in Cape Elizabeth this summer.

Please be on the lookout for a survey coming to you in the mail in July. There will be a paper version and also an electronic option. You can learn more about the work of this committee at www.capecooperatives.com/news/post/4965/

I wish you all a wonderful summer and I very much appreciate your support of me as I conclude my second year as Superintendent. I personally cannot wait for the students and building staff to return for 2023-2024.



Contributed photo

Word cloud from a parent/guardian appreciation survey about our Cape Elizabeth teachers.



Contributed photo

2023 Cape Elizabeth High School graduates throwing their caps into the air at this year's ceremony.

TVK Construction

ALL JOBS - Big or Small

Terry V. Keezer, Owner
Fully Insured

207.252.7375

www.TVKconstruction.com

COASTAL Plumbing & Heating

New Construction
Remodeling • Service
Oil • Propane • Natural Gas

(207) 939-5822

www.coastalplumbingme.com



TOWN & SHORE
REAL ESTATE

Erin Haber

Associate Broker, Owner

207.650.7158 | Ehaber@townandshore.com
www.ErinHaber.com

One Union Wharf, Portland, ME 04101

Wish List

HOME IMPROVEMENTS

✓ Carpentry ✓ Repairs ✓ Doors ✓ Custom Woodwork

David Thibodeau

Email: wishlisthome@gmail.com / Call: 874-0178

Find me on HOUZZ.COM
www.houzz.com/pro/greathelpdave



Capetoons: 5 Years of Capetoons

By Jeff Mandell



No matter where they come from, visitors to Two Lights State Park expect to see two lighthouses, much to the chagrin of the rangers.



COMPASSIONATE CARE
24 HOURS A DAY, 7 DAYS A WEEK

Animal Emergency & Specialty Care
and
Portland Veterinary Specialists
have teamed up to become
**Portland Veterinary
Emergency &
Specialty Care**

207 878 3121 739 Warren Avenue, Portland PVESC.com





Dr. Marta Agrodnia, DVM, DACVS

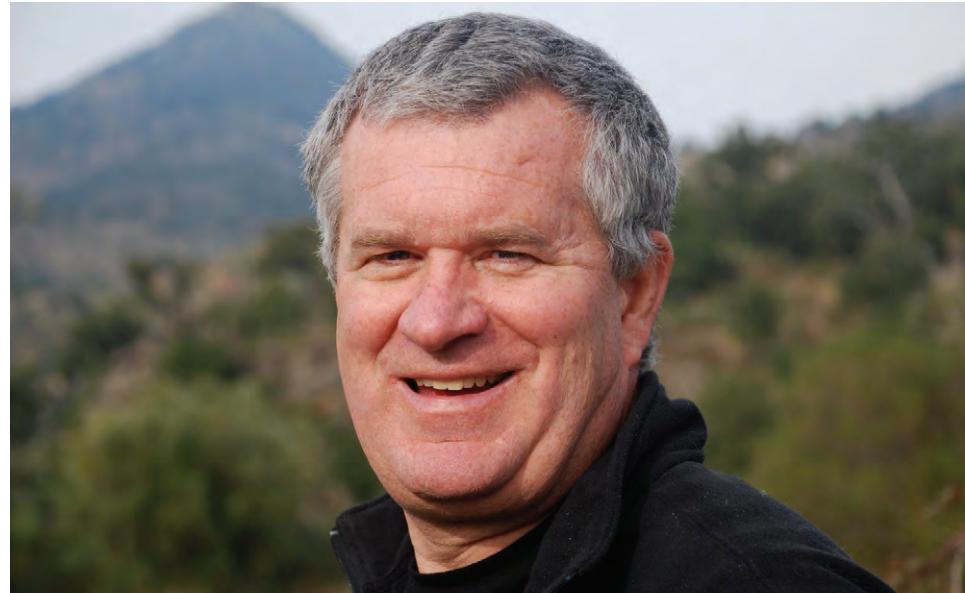
DR. DAVID JACOBSON

Health Centered Dentistry. Now in the Center of Cape.

207.767.3241
twolightsdental.com

Cape author Scot Lehigh, columnist for Boston Globe, has new novel set in Maine

By Kevin St. Jarre



Contributed photo

Cape Elizabeth novelist Scot Lehigh, who is also a columnist for the Boston Globe, writes novels which can be called “fast-paced literary fiction.” His latest novel is titled “Just East of Nowhere.”

Cape Elizabeth novelist Scot Lehigh, who is also a columnist for the Boston Globe, writes novels which can be called “fast-paced literary fiction.” His latest novel is titled “Just East of Nowhere,” and was brought out this month by Islandport Press, the well-known Maine publisher located in Yarmouth.

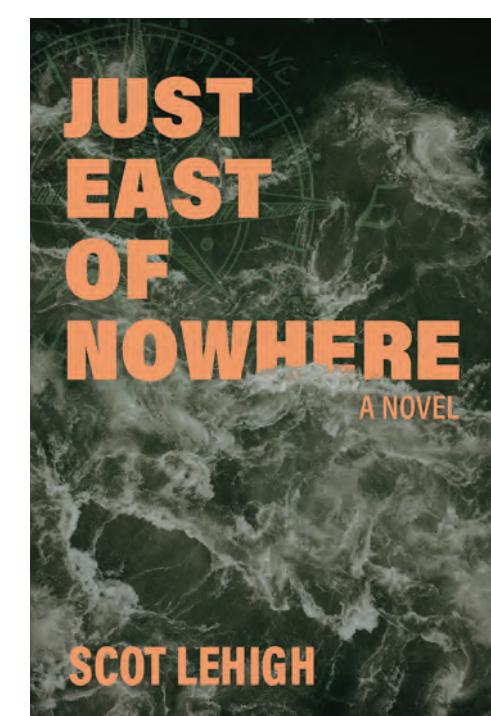
Lehigh said of his newest book, “It is a dark coming-of-age story set in Eastport, Maine. My family moved there from upstate Idaho when I was about to start eighth grade. I’ve also lived in Deer Isle- twice, Waterville- during college, Brunswick, and now Cape Elizabeth, where my wife and I have been for five years.”

Other authors will sometimes write statements for a new book when it comes out, known within publishing as blurbs. Here are a couple for “Just East of Nowhere.”

New York Times bestselling author Richard North Patterson wrote:

“From its absorbing first pages, ‘Just East of Nowhere’ is a fast-paced literary page-turner that will keep you guessing until the very last page.”

-see AUTHOR page 7



Contributed photo

Author Scot Lehigh says that his new novel, “Just East of Nowhere,” is a work of small-town literary fiction that has “both an action-driven narrative and psychological epiphany. The novel is about the search for identity of three small-town kids...”

Cape Elizabeth muralist turns interior walls into art

By Kevin St. Jarre



Contributed photo

Muralist Erin Gajan recently completed a custom navy pineapple wall for a repeat-client's home.

Cape Elizabeth artist Erin Gajan, her surname is pronounced like “guy-in,” paints interior walls with custom colors and designs. She said that people could imagine it’s like wallpaper, but it’s been hand-painted onto the wall itself. Of course, there is more versatility in such a wall-treatment since it is custom.

She recently completed a custom navy pineapple wall for a repeat-client’s home.

Gajan said, “I think the concept of hand-painted, repetitive patterns, resembling wallpaper, versus large scale murals, is relatively unique and offers homeowners an easy way to really personalize a space. All of the spaces I’ve painted are very much custom, and while they vary according to the client’s taste, they all bring the same warmth and personalization to a room.”

She says her creative work has changed over the years. Gajan said, “I’m more willing to try more challenging and complicated patterns, but overall I still rely on coastal tiebacks, timeless patterns and classic, relatively traditional colors.”

She added, “I really enjoy bringing other people’s visions to life. It pushes the boundaries of my creativity.”

When asked who she would say influenced her creative work, she said, “My two girls, Reagan and Wynnne. Being home with them has given me the freedom and opportunity to explore my creative side.”

Asked if there are certain walls, rooms or types of buildings that are her favorite, Gajan replied, “I do find myself painting a lot of bathrooms, and while crouching behind a toilet can be fun, I definitely prefer the creativity involved in doing a kid’s room. They’re always bright and impactful and super custom.”

For creative professionals, having people know about your work is always a challenge. If there was one thing that would help her most in her work, she said it would be expanding beyond word of mouth.

When it comes to inspiration, she

-see MURALIST page 10



Contributed photo

Cape Elizabeth artist Erin Gajan paints interior walls with custom colors and designs. She said that people can imagine it’s like wallpaper, but it’s been custom, hand-painted onto the wall itself.

Author

Continued from page 6

East of Nowhere is fast-paced and tautly written, with the atmospheric pungency of hardscrabble Maine. Better yet is its narrative of complex characters trapped in a chain of miscalculation, mischance, and fateful silences, headed by a sensitive but troubled young man whose search for a father reveals a terrible secret. This is a terrific novel.”

Carolyn Chute, author of “*The Beans of Egypt, Maine*,” had this to say:

“Every page of ‘Just East of Nowhere’ is a big surprise. There’s no predicting what anyone will do because there are no black or white hats. Everyone is a wriggling, writhing critter of complexity and life is a full-blown storm at sea.”

Lehigh said, “I am now working on a second novel about a Boston radio reporter who, while out covering issues on the presidential campaign, goes on a quest to locate a troubled young woman he saved from drowning when she was a toddler.”

The author said that his new novel is a work of small-town literary fiction that has “both an action-driven narrative and psychological epiphany. The novel is about the search for identity of three small-town kids, one of whom is growing up in straitened circumstances, fatherless, and with intense outbursts of uncontrollable anger. Another has been bullied and taunted and thus has become a loner. One mocking encounter leads to a violent clash – and makes the two bitter enemies. The third is a young woman who, at different points in the story, is romantically involved with each of them.”

Writers are always refining their craft, and Lehigh said he’s still developing as well. He said, “As a fiction writer, I’ve learned that fictive dialogue represents speech, but isn’t intended to replicate conversation exactly or at the same length or with the same quirks and quiddities. And that when it comes to character development, it’s almost always better to show than tell.”

Lehigh describes his fiction becoming more economical as well. “[M]

y first novel, written many years ago, ran more than 1,000 pages, with many detours and digressions. Several rejecting editors observed that it was not just exceedingly long, but unnecessarily so. I’ve since learned to boil a tale down closer to its essence. “Just East of Nowhere” weighs in at 246 pages,” he said.

When asked who influenced him and his writing, Lehigh said, “I’m a huge fan of Alice Munro because of the way she layers psychological insights so subtly into her work that they sometimes only fully settle in a few days or weeks after you’ve finished the story. I also appreciate Sue Miller for the way she puts her characters in complex emotional situations. And I love the droll, deadpan wit of Charles Portis.”

Lehigh shared his favorite place to write. He said, “Out on the deck in the tranquil cool of the morning, with a cup of hot coffee, savoring the quiet – until our two-member cat pack comes up the steps, demanding treats and door service.”

As for inspirational locations, he said that for “Just East of Nowhere,” it was its setting, Eastport, “which is as far northeast as you can go on the Maine coast and some 30 miles from the nearest traffic light. For my second novel, which is now in first-draft form, it’s my travels on the presidential campaign trail and my experience as a journalist in Boston.”

If he could wave a magic wand for the one thing that would help him most in his writing, he said, “A door that opened itself automatically upon a cat’s approach. No, just kidding. Probably the discipline to follow Graham Greene’s injunction to religiously write 300 words each day, no matter what the other demands of the day.”

While it’s sometimes unclear how far north southern Mainers think northern Maine woods are, Lehigh said he would relish time to write in “a rustic cabin on a remote, jet-ski-free lake in the northern Maine woods, with the lovely smell of pine trees and a screen porch to ward off the black flies.”

Those interested in learning more can go online to ScotLehigh.com for upcoming book events, and people can also on his Facebook page. Many of his Boston Globe columns are available online.

Weekly Trash & Recycling Pickup Starting as low as \$9 per Week



www.MainelyTrash.com

Found art: Spirit in the sky



Photo by Jeff Mandell

Caper Jeff Mandell spotted this cable spool near Kettle Cove recently that looked like a face. He titled this piece of "found art" as "Spirit in the sky."

Reminder: New operating hours begin July 1

A reminder that new operating hours went into effect beginning July 1.

Town Hall Hours: Mondays 7:30 a.m. - 5:00 p.m.; Tuesdays - Thursdays 7:30 a.m. - 4:30 p.m.; CLOSED Fridays

Public Works: Mondays - Thursdays 6:30 a.m. - 4:30 p.m.; CLOSED Fridays

Recycling Center: Tuesdays 10:00 a.m. - 7:00 p.m.; Wednesdays 8:00 a.m. - 5:00 p.m.; Fridays - Saturdays 8:00 a.m. - 5:00 p.m.



Duette® Architella® India Silk fabric is luxuriously woven, featuring a subtle texture and slight shimmer. And, the beauty of Architella is also in its exclusive, energy-efficient honeycomb design.



THE CURTAINSHOP OF MAINE
175 WESTERN AVE
SOUTH PORTLAND, ME
MONDAY - SATURDAY 10:00 AM - 6:00 PM
SUNDAY CLOSED
207-773-9635
www.maineblindsandshades.com



HunterDouglas Gallery

©2019 Hunter Douglas. All rights reserved. All trademarks used herein are the property of Hunter Douglas or their respective

The "KID" Courier

CEMS eighth graders connect with immigrants

By Luca Tadema-Wieland
Class of 2027

Ms. Briggs' 8th-grade class at Cape Elizabeth Middle School has been interviewing immigrants to Maine over the past few weeks.

These immigrants come from all over the world from countries such as Iraq, Nigeria, Brazil, Afghanistan, Kosovo, and the Democratic Republic of Congo, as well as many other places.

The students' assignment was to write around 20-30 questions for the immigrants they were interviewing and then to go to their workplace and interview them. The students recorded the interview and then they each wrote an eth-

nography about their immigrant's life and the journey that they took to the United States and, eventually, Maine. Students also made projects that ranged from slide shows to posters to maps of their journeys. One group even created a museum and made artifacts that are significant to their immigrant's life and journey to the United States.

The 8th graders presented these projects to parents, mentors and other members of the community on Wednesday, June 14 from 7-8 p.m. Over 80 people attended the Celebration of Learning, which included food from the immigrants' countries of origin and dishes reflecting the students' ethnic heritage.



Contributed photo

Eighth graders Ava Lewis and Olive Blouin with Claudette Ndayiniahze, founder and Executive Director of In Her Presence.



Contributed photo

Eighth grader Duke Lawler, together with three generations of his family who came to see the project that he and fellow eighth grader Abdulhalim Hakizimana did on Portland City Councilor Pious Ali.



Erin Grady, Broker
eringrady207@gmail.com

Cell: 207.650.4458 Office: 207.767.2224 x3
299 Ocean House Rd., Cape Elizabeth, ME 04107
www.bostwickandcompany.com

Working with buyers & sellers for over 30 years in our community. Please contact me for all of your real estate needs. I would love to work with you!



CEHS boys' tennis team honored with MPA Sportsmanship Award



Contributed photo

The Cape Elizabeth Boys Varsity Tennis Team were honored with the MPA Sportsmanship Award 2023 at APEX on Monday, June 5, prior to the MPA Regional Tennis Finals.

The #4 Cape Elizabeth Boys Tennis Team made it to the Regional Semi-Finals against #1 Yarmouth (Finalist).

Players pictured left to right are: Theo Rodrigues, Gabe Berman, Owen Bromage, Andy Strout (Coach), Finn Brucker, Hunter Colpits, Luke Fredericks. Not pictured: Eben Harrison.

Retirees recognized by CESD School Board

By Kevin St. Jarre

The Cape Elizabeth School Board recently recognized 14 staff members who are departing Cape Elizabeth School Department. School Board Chair Elizabeth Scifres said, "Every year, this is a hard time, because it's wonderful and celebratory, but it's so hard to say goodbye to these wonderful people in our district...." She then introduced the first in a series of speakers who relayed how much each of those departing has meant and contributed to Cape schools over their years of service. Those leaving include:

Marie Cross- Cape Elizabeth High School Registrar

Michael Evans- Custodian

Alison Hawkes- Cape Elizabeth Middle School Grade 7 Teacher

Beth Mylroie- CEHS Special Education Teacher

Julie Robbins- Pond Cove Elementary School Grade 2 Teacher

Angela Schipani- CEHS Spanish Teacher

Kim Sturgeon- CEMS School Counselor

Andrea Theriault- Special Education Ed. Tech III

Laura Trippe- CEMS World Language Teacher

Ingrid Whitaker- PCES Grade 4 Teacher

Betsy Goldstein- Special Education Ed. Tech

Fran Vita-Taylor- PCES Grade 3 Teacher

Janet Perry- PCES Kindergarten Teacher

Del Peavey- Director of Special Services

Steve Young- Director of Transportation

(the new Fire Chief at Cape Elizabeth Fire Department)

When the warm remarks had concluded, and the group had their photo taken with the school board members, business paused while all were invited for refreshments.

Community members who would like to see the video of the school board meeting may go to:

<https://cetv.capecitizen.org/Cablecast-PublicSite/show/1067>

Good times at Family Fun Day



Contributed photo

Callie McCarley trying out the bungee jump at Family Fun Day.

Road

Continued from page 9

hicular traffic statistics, with average annual daily traffic volumes, which appear to suggest a downward trend. The memo shows that the AADT for 2013 was 1,110, in 2016 it was 1,080 and in 2019 it was 820 vehicles.

The town of Cape Elizabeth is pursuing grants, and the June 2023 memo from Town Planner O'Meara reads, "Staff are recommending that an application also be submitted to the Maine Natural Resource Conservation Program (MNRCP). Cape Elizabeth received funding from MNRCP to replace the Willow Brook Culvert, completed in 2022. The MNRCP program allocates funds from in-lieu fees paid for wetland impacts. There is about \$4 million available this year for southern Maine and the emphasis for funding is wetland restoration. The Sawyer Road removal project estimates 93 acres of restored wet-

lands, and a grant application is expected to be very competitive. MNRCP funding must be used for implementation, which can include planning and design. For this reason, the scope of the grant application will be adjusted to include design and removal of Sawyer Street, plus restoration of the marsh. The Spurwink Ave culvert design and Route 77 bridge assessment will not be included. Like the NFWF process, a letter of intent must be submitted, after which a full application may be submitted by invitation only. For the letter of intent phase, the project cost has been estimated at \$1,550,200. To be competitive, a minimum cash match of 20%-25% should be provided, with equal portions from the two towns. If invited to submit a full application, the project cost will be refined."

This would mean a match around \$310,000, split between Cape Elizabeth and Scarborough.



Town of Cape Elizabeth Change of Hours

Town Hall, Recycling Center and Public Works Department

**Effective July 1, 2023
Hours of Operation:**

Town Hall:

Monday 7:30 a.m. – 5:00 p.m.,
Tuesday – Thursday 7:30 a.m. – 4:30 p.m.
Closed Fridays

Recycling Center:

Tuesday 10:00 a.m. – 7:00 p.m., Wednesday 8:00 a.m. – 5:00 p.m.
Friday & Saturday 8:00 a.m. – 5:00 p.m.
Closed Sunday, Monday & Thursday

Public Works Department

Monday – Thursday 6:30 a.m. – 4:30 p.m.
Closed Fridays

Operating hours for the Thomas Memorial Library, Community Services, Donald L. Richards Community Pool & Fitness Center will remain unchanged.

Online services are available at:

<https://www.capecitizen.com/OnlineServices>

Please support your independent newspaper.

The Cape Courier is not affiliated with and does not receive funding from the town of Cape Elizabeth.

**the beloved
has arrived**

pies, salads, mojitos,
lemonade and cheesecakes

oh my



The Good Table Restaurant

Route 77, Cape Elizabeth

799-4663

www.thegoodtablerestaurant.com

Greenbelt Gazette

By Maureen O'Meara

Multi-user Mantras

- Stop Rogue Trail building. No one should be building trails on property they do not own without the permission of the property owner. The town has been working with private property owners to close trails cleared by unknown persons in the Cross Hill/Winnick Woods area. Please consider not only the disrespect to property owners, but also the diversion of resources to close trails that otherwise can be directed to trail improvements. If you have an idea for a trail on town property, consider attending a Conservation Committee meeting to talk about your project, and learn what is already underway. (For more information, contact the town planner at 799-0115).

- Community Boat available for reservation. Would you like to paddle around on Great Pond? Don't have a boat or a storage slot? Call the Town Hall at 799-1619 to reserve (free!) the community boat, stored on the Great Pond racks and outfitted with oars and life vests.

What's Happening?

Gull Crest Trail rerouting. If you're an explorer on the Gull Crest Trails, then you know that over time some trails are now chronically wet and with significant tree

root exposure. In two locations, trails will be rerouted to higher ground, both to improve the trail experience and to allow the lower trail locations to recover. Please DO NOT reopen closed trails. (Closed trails will be clearly marked) Try the new route, send us a picture and let us know what you think. New trail rerouting will be occurring on the Outer Loop trail adjacent to the Fowler Road Connector and at the eastern edge of the trail.

- Open Space event programming. The Conservation Committee has approved the following events on town open space for the 2023 season.

NEMBA Mountain biking rides: Annual event, Wednesdays 5:30 -7:30 p.m., limited to 25 riders per event, includes NEMBA guide and cancelled in wet conditions: April 26, May 10, May 24, June 7, June 21, July 19, August 2, August 16, August 30, September 6, September 20.

Tiny Trails 5k run: The race will be held at Gull Crest on August 12, beginning at 9:00 a.m. and limited to 100 participants.

Maine Pops Village Green Concert: This is the second year the Maine Pops Concert Band will perform at the Village Green in the Town Center. The 1 ½ hour concert will be held August 16, starting at 7:00 p.m. Free and open to all.



2022 Maine Pops Concert on the Village Green.

Contributed photo

Tickets on sale for 11th Cape Elizabeth Garden Tour



Photo by Walter Brooks

Join the Friends of Fort Williams Park on July 15 for the 11th Cape Elizabeth Garden Tour. Enjoy gardens with ocean views, beautiful stonework, amazing plant choices and pollinators galore. Buy your tickets today: [www.https://fortwilliams.org/](https://fortwilliams.org/).

July naturalist's corner

By Erika Carlson Rhile
CELT Education Committee Chair

July 3, 7:39 a.m. is the Full Buck Moon. Named by Native American tribes since male deer begin to grow their antlers this time of year. This is the first of four Supermoons in 2023.

Female Snapping Turtles are digging holes in sandy soil and depositing up to 80 eggs before covering them up and returning to their ponds.

The sex of the baby turtles is determined by the temperature of the eggs during their incubation. Low temperatures (72°F or lower) produce females, whereas eggs incubated at higher temperatures (82°F and above) produce males. There is only a small range of temperatures that permits both males and females to hatch from the same brood of eggs.

Will our cooler spring temperatures

result in more females? We'll have to wait for the turtles' hatching come September.

The Lion's Mane is the largest jellyfish in the world. The largest-ever specimen found in the Gulf of Maine was 8 feet across with 200-foot tentacles--longer than a blue whale!

The Lion's Mane delivers a painful sting. If you have an unfortunate encounter with a "smack of jellyfish"--the collective noun for a swarm of them--rinse the sting with saltwater to neutralize the cnidocytes (the barbed cells the jelly leaves behind). Peeing on a jellyfish sting is pure fiction; the freshwater content of urine only increases the stinging power of the cnidocytes.

Mark your calendars: August 1 is the Full Sturgeon [Super]moon and August 31 will be a Super Blue moon.

Muralist

Continued from page 7

said, "I'm obsessed with looking at old wallpaper. Recently I accompanied my youngest on a field trip to the Longfellow House and couldn't get enough of the wallpaper. I suppose I would most love to travel somewhere where I could find homes covered in vintage wallpaper. Wherever that might be."

Gajan also said that living in Cape has her "always drawn to patterns related to the sea."

Those interested in learning more about her and her art can find her on Instagram at @edesignsmaine.



WE'RE HERE WHEN YOU NEED US MOST

**Emergency & Specialty Veterinary
Care Services in Scarborough**

- NEUROLOGY
- INTERNAL MEDICINE
- ONCOLOGY
- OPHTHALMOLOGY
- EMERGENCY CARE
- SURGERY
- REHABILITATION
- ACUPUNCTURE
- RADIOLOGY
- CRITICAL CARE

(207) 885-1290 MVMC.VET

Vindle Builders

Ron Spidle, owner

Custom framing to fine carpentry

Where integrity means business

207-329-9017

Fully insured

vindlebuilders.com



Local birding report

By E. Brooks Bornhoff

Early to late July for me is the time of year where I can set out to look and listen for specific species I may have missed during spring migration like the Warbling Vireo with its rambling song, or uncommonly seen shorebirds like the American Oystercatcher, or different types of terns like the Arctic and Roseate, and elusive birds like the American Bittern, Wilson's Snipe and Virginia Rail.

Over the last two weeks one of the most active places to be before dusk is where the woods meet the upper wetland sections of Pond Cove Brook Corridor. The chorus at sundown includes Common Yellowthroats and Yellow Warblers, American Redstarts, Great-crested Flycatchers, Eastern Wood-Pewees and Red-winged Blackbirds. A mother Wood Duck who sensed my presence one evening let out a "oo-eek" to alert her clutch of seven ducklings.

On a separate occasion, from somewhere in the wetlands, three Glossy Ibis took to the wing, flying with neck and feet outstretched towards their nighttime roosting spot on an island somewhere in Casco Bay. Stepping deeper into the shadowy forest, the pulsing songs from Ovenbirds intertwine with the delicate notes of a Hermit Thrush and several Veeries. Our summer resident upper canopy dwellers including the Black-throated Green Warbler sings its buzzy ringing "trees, trees I love trees" and from the heights of an old stand of White Pines emanates the steady trilling song of the Pine Warbler.

Listening for birds can often be easier than seeing them as their voices carry for great distances and can indicate so much about the bird and its surroundings. Our woodland songbirds have a repertoire of songs and calls used to indicate subtle signals, such as whether the bird is looking to impress upon a mate, defend itself on a territory or warn of a nearby predator.

Now with Cornell Lab of Ornithology's Merlin Bird ID app "Sound ID" it is entirely possible to identify individual bird sounds even when multiple birds are singing at the same time. This is accomplished by leveraging over 1.5 million birdsong recordings to capture live audio in the field and identify species in real time using machine learning.

Not only has the app helped me learn and relearn the sounds of both local and migratory songbirds, but it has also helped me find birds that I had overlooked before and has added a totally new dimension to my appreciation of the natural world surrounding me.

One bird in particular whose prefer-

ence for treetops makes it almost impossible to spot (much easier to identify by voice) is the tireless Warbling Vireo. Far from flashy, this vireo is gray-olive above and whitish below with hints of yellow. Fortunately, they are remarkably persistent singers. On June 12 and June 26 I heard a Warbling Vireo singing high up in an Oak Tree in our back yard and on June 16 my son and I listened to this bird's tender, liquid strains of music as we fished along the fringes of Great Pond.

In contrast to the more flowy song of the Warbling Vireo is the abrupt, jerky and at times taunting "look at me, here I am" notes of the Red-eyed Vireo. This vireo's song is a broken series of slurred notes, each phrase ending in either an upswing or a down slur, as if the bird asks itself a question, then answers and repeats. Red-eyed Vireos can be heard singing in our woodlands all summer long. Of note, Peter Vickery's sites a study in "Birds of Maine" that for every forty Red-eyed Vireos in a defined tract there is typically only one Warbling Vireo. That said Red-eyed Vireos are the most widespread and abundant breeding vireos in Maine.

Recently I stumbled across a character by the name of Elliot Coues. Born in 1842 in Portsmouth, New Hampshire, Elliot went on to become a Union Army surgeon, Theosophist and Ornithologist. In 1878 while working on his "Key to North American Birds," Elliot wrote of the Warbling Vireo, "these urbane birds move in a quiet circle of their own, in slight contact with the less polished members of society" and "we seldom see them, indeed; they are oftener a voice than a visible presence – just a ripple of melody, threading its way through the mazes of verdure, now flowing released on its grateful mission."

And Elliot goes on to write "from the grand old halls of the stately oak to the canopied shade weaving elm, and the redolent depths of magnolia – issues all summer long the same exquisite refrain while the singers glide through their hermitage unseen. Who would know these spirituelle musicians better must be quick to catch a glimpse of a very small sober-colored bird whose tints are those of its leafy home, and whose course in the heart of the trees is as devious as the play of the sunbeam itself."

Also worth mentioning, the male Warbling Vireo is a model husband and provider. He relieves the female on the nest, feeds her while she is occupied and even sings while taking his turn on the nest.

Nature scene around town



Photo by Martha Agan

Martha Agan captured this action shot of a Snowy Egret "resembling a ghost or turkey." The snowy egret is a small white heron; adult Snowy Egrets are all white with a black bill, black legs and yellow feet.



Photo by Amy Melissa Witt

Amy Melissa Witt took this photo of one of the largest gray treefrogs she has ever seen (about 2" long) lounging in one of her White Pine trees.

Charitable Yard Sale
To Benefit: Cape Historical Society

Sat. & Sun. July 15-16 – 8am
Ocean View Rd., Cape Elizabeth

Antique * Vintage * Collectable * Household
Good Furniture * Fiberglass Canoe * Fishing
Tools * Cape Eliz. Items * Electronics * Books
China * Glass * Ephemera * Prints
Many eBay & Internet Sale Lots

Much, much more!

Proceeds Benefit
Cape Elizabeth Historical
Preservation Society

Tammaro Landscaping

Lawn Renovation

Remove your old lawn and start from scratch
Call to schedule a lawn renovation estimate now!

831-8535

**539 Ocean House Road
Cape Elizabeth, ME**

TML offers Ikebana workshop, Press Herald photographs and sculptural pottery in display in Stier Family Gallery

Adult Summer Reading Program Runs Through July and August

Our annual Adult Summer Reading program returns to Thomas Memorial Library and will run throughout July and August. Challenges, prizes and a whole summer's worth of reading fun are just a library visit away.

Stop by the library beginning July 1 for more details about how you can take part and win fabulous weekly prizes. And don't forget to pick up your free Summer Reading giveaways, just for signing up, while supplies last!

And for all the little ones looking for something to OCTOPI themselves with: summer reading for babies, kids and tweens is already underway! Stop by the children's room downstairs to register.

Press Herald Photographs and Sculptural Pottery on Display in the Stier Family Gallery

The Portland Press Herald's 2022 Photographs of the Year will be on display in the Stier Family Gallery during the month of July.

Also on display in the gallery's display cases, as well as on the bookshelves of the children's room, are large sculptural ceramic works created by CEHS students with ceramics teacher Jana DeWan; the students were tasked with capturing a special childhood memory in creating the work. The sculptures will be on display through the summer.

PROGRAMS FOR CHILDREN:

For more information and to register

for all library events, visit our online events calendar at the following link: <https://www.thomasmemoriallibrary.org/events>

Character of the Month

Stop by the children's room to celebrate a very special Big Red Dog: Clifford! We'll have fun activities throughout the month like our popular scavenger hunt.

Read To a Dog

Children in grades K – 6, especially struggling or less-than-confident readers, are invited to sign up for 15-minute time slots to read with a certified therapy dog. Check out the sign-up sheet in the children's room for appointment availability and to "meet" our dogs, or call the children's room for more information.

Weekly Programming

Messy Minis! Process Art for Curious Kids

Mondays, 10:30 a.m. (Ages 2-5)

Let your imagination run wild and join us for Messy Minis time in the Community Room. Let's paint, color, cut and paste together to make magic. Each week we'll have different supplies out for you to be creative with. Some supplies may be limited, so be ready with your flexible and creative muscles. We can't wait to see what you make! For budding artists ages 2-5 and their caregivers.

Dress Up and Dance

Tuesdays, 10:30 a.m. (Ages 2-5)

Join us for 30 minutes of moving and grooving to our favorite playlist, special

dress-up costumes and everybody's favorite bubble song. For dancing enthusiasts ages 2-5.

Play Date at the Library

Wednesdays, 10:30-12:00 p.m. (All ages)

Drop-in playtime session for children and their caregivers. This informal program is a fun and engaging way to explore literacy practices along with social and imaginative play. Through play, young children learn about their world. With this knowledge, they can understand books and stories once they begin to read. The Community Room is open for exploration during this time, with special toys and stations while you visit with friends.

Ready for Reading Club

Wednesday, 1:30-2:00 p.m. (Ages 4+)

A special storytime program for children ages 4 and up. Join Miss Martha to enjoy longer stories, fun with music, and a variety of simple early learning games and activities.

Tiny Tunes

Thursdays, 10:30 a.m. (Ages 1-3)

This inclusive program is for children who are not quite ready for a traditional story time, but love to have fun with friends. Join us for a movement-based program that's a gentle introduction to the routines, songs and props we use for storytimes, but without the books. Great for curious, wandering wiggles, ages 1-3, and their caregivers.

Bébés en Plein Air

Thursdays at 10:30 a.m. (Ages 0-1)
Outside in the Children's Garden, weather permitting

Bring your baby and a blanket to join us in the children's garden (aka "Bébés en Plein Air"), weather permitting. The sunshade provides a nice cover and it's a perfect time to enjoy a snack, play and let the littles interact while caregivers connect. Librarians will drop in from time to time to teach a fun rhyme or song. Stay for a just a few minutes or for the hour. This event is intended for babies 0-1 and their families.

School-Age Programs

Lego Club (Ages 5-12)

First Tuesday of each Month, 3:30-4:30 p.m. (Community Room)

Make up date: **July 11** (Library closed on July 4)

Come create with Legos at TML's LEGO Club! The library will provide the Legos, you provide the imagination. Come free build or pick up a challenge card to try something new. Masterpieces will be put on display until the next Lego Club meets. There is no registration for this program; children 10 and under must have an adult present.

Summer Scoops: Middle School Book Club

Wednesdays, 3:00 - 4:00 p.m.

Bring your own book. We discuss whatever we are currently reading and enjoy popsicles with friends. Outdoors as weather permits in the children's garden. No reg-

-see LIBRARY page 13

State Delays Housing Law Compliance Deadline to December 31

Cape Rushes Ahead, Schedules Public Hearing at Town Hall July 10th!

The Ordinance Committee's controversial set of zoning ordinance amendments— purported to only include changes required by the new state law LD 2003—has been advanced to a **Public Hearing at Town Hall on July 10th at 7pm**.

Despite repeated assurances to the contrary, their proposal includes amendments that go well beyond the requirements of LD 2003, and will negatively impact Cape forever.

What are some of the significant changes that go beyond the requirements of state law?

- A voluntary increase in the allowed accessory dwelling unit (ADU) size from 600 sf to 1100 sf—which is the size of many single family homes in Cape! Cape's current allowance of 600 sf already significantly exceeds LD 2003's requirement.
- Allowing small apartment buildings to be built on current single-family lots in residential zones by abandoning Cape's current multiplex requirement, which already complies with LD 2003. Voluntarily striking the term "multiplex" in favor of the much broader term "multi-family" effectively clears the way for apartments.

What are the other major concerns?

Should property owners in residential neighborhoods be allowed to **tear down existing single-family homes and replace them with 4-unit buildings?** LD 2003 requires municipalities to decide. Other surrounding towns, including Cumberland, have said NO! But Cape's Town Planner and Ordinance Committee say YES! If implemented, massive financial incentives will be unleashed that will spur developers to buy up and tear down every single-family home they can—replacing them with highly profitable 4-unit apartments. Neighborhoods in growth zones will be at immediate risk, including **Oakhurst, Sherwood Forest, Brentwood, Cottage Farms, and more.** Why have Cape's Town Planner and Ordinance Committee made the conscious decision to allow this? Where are their priorities?

Further, since LD 2003 severely restricts towns from requiring parking accommodations, where will all the extra vehicles go? What about infrastructure concerns? What are the environmental concerns? What about the additional traffic? Have these issues been studied?

How can you help?

If you are concerned about Cape's future, **please attend the Public Hearing on July 10th and question every time a Town Official says their amendments "comply with" or "are allowed by" or "are consistent with" state law LD 2003.** These are lawyerly ways to admit that a change isn't in fact **required**. Please consider speaking up, and ask the Council to (1) honor their word and remove all amendments that are not specifically **required** by LD 2003, (2) include a provision that will prohibit single-family homes from being torn down and replaced with multi-unit structures, and (3) slow down the process to match the state's extended deadline!

Library

Continued from page 12

istration required.

Open Chess Play for Kids

Wednesdays, 2:30 - 4:00 p.m.

Conference Room

Learn to play chess or find a friend and play a game during this drop-in time designed for elementary-age children. Boards are provided but we also encourage you to bring your own. Join us for some heated—but very friendly—competition in the very cool Conference Room downstairs in the library this summer.

Young Writers at TML

The first Thursday of the month at 3:30

- 4:30 p.m.

July 6

Are you a young writer looking for a way to practice your craft? Join us at TML for our own budding writers group. Designed for students between the ages of 10-12, this group will focus on exploring the imagination through fiction, poetry, and creative nonfiction.

With monthly meetings on the first Thursday afternoons starting on June 1, this program will be full of fun journal prompts and creative group exercises. Email Sasha at skohan@thomas.lib.me.us to sign up.

TML Teen Writing

Saturdays at 2:00 - 3:00 p.m.

Are you a teen who loves writing? Join us at TML for our very own teen writing group. With weekly drop-in sessions and monthly genre workshops, we'll go over basics like voice, plot, style and form, with a multitude of writing prompts and the opportunity to give and receive feedback.

Come to the downstairs conference room on Saturdays at 2 p.m. starting June 3 for a rad, rollicking, good writing time! Email Sasha at skohan@thomas.lib.me.us to sign up.

PROGRAMS FOR ADULTS:

For more information and to register for all library events, visit our online events calendar at the following link: <https://www.thomasmemoriallibrary.org/events/>.

Understanding Gender & Sexuality Today, with Christine Caulfield

Three part series:

Thursday, July 6, 6:30 - 8:00 p.m. in-person and via Zoom

In a time of rapid change and controversy concerning gender and sexuality, this workshop series aims to demystify and clarify these timely topics.

Over the course of three sessions, we'll learn basic terminology to clarify your un-

derstanding of gender and sexual identities and the different perceptions and origins of these identities. We'll explore and discuss sources and impacts of discrimination against gender non-conforming people, especially within the younger population, and we'll also learn how to understand and improve one's role as an ally of those within the LGBTQ+ community.

These workshops will include presentations and discussions, some exercises, and no quizzes or homework! We'll also provide print and online references and a reading list for those who wish to develop an even broader understanding of what is covered. All are welcome. Please register for this program on the library's website.

Ikebana Workshop, with Sachiko Clough

Tuesday, July 18, 2:00 - 4:00 p.m. in-person at the library

Join us for an introduction to the Japanese art of flower arranging with Sachiko Clough. Originally from Osaka, Sachiko is a certified Japanese language teacher and also holds licenses in Ikebana and Japanese tea ceremony.

Ikebana is a meditative art form, in which the consideration of lines, dimension, order and precision inform the arrangement of flowers and plants.

All materials will be provided, but participants are encouraged to bring any flowers or greenery they'd like to use, especially peonies, lilies, hostas, and other plants with thick, sturdy stems. Attendance is limited and advance registration is required. Please visit the library's website for more details and to register.

"A Breath of Life" documentary film screening and discussion

Tuesday, July 18, 6:30 - 8:00 p.m. via Zoom

Join us for this special virtual screening of the Italian documentary film "A Breath of Life."

The film tells the story of Lucy, a 95-year-old survivor of the Dachau concentration camp, and the oldest living trans woman in Italy. Despite her age, Lucy is still lucid, sassy and always ready with a comeback. Her life offers the opportunity to reflect on gender identity and a host of other vibrant, ongoing debates. The film retraces the phases of Lucy's life: from an abused child to a homosexual boy and a transvestite, from a rudimentary hormone therapy to gender reassignment surgery. Lucy's story represents the history of the 1900s. Her stormy life events are a metaphor for a humanity that does not give up and that treasures memory as the most important gift of history and an invaluable starting point for understanding.

We'll be joined by special guests following the screening for a brief panel dis-

cussion and Q&A about the film, our local trans community, and current issues facing trans people in Maine. All are welcome. Please visit the library's website for more details and to register.

TML Night at The Portland Observatory, with Greater Portland Landmarks

Thursday, July 20, 6:00 - 8:00 p.m. in-person at Portland Observatory

Rain Date: Thursday, July 27, 6:00 - 8:00 p.m.

Join us on the other side of the bridge for this unique evening at one of Portland's most interesting spots. We're partnering with our friends at Greater Portland Landmarks for this special night at the Observatory.

The building will be open for TML patrons only tonight, and guided tours with GPM's knowledgeable docents will take place on a staggered basis throughout the evening.

Come for the fascinating history of the only remaining historic maritime signal station in the United States, stay for the stunning views from the top. The Observatory, which celebrated its 200th anniversary in 2007, was added to the National Register of Historic Places in 1972, became a National Historic Landmark in 2006, and was named a National Civil Engineering Landmark in 2006.

If you've never visited this incredible local gem before, tonight is the perfect opportunity. All are welcome, but climbing is required to reach the top. Please visit the library's website for more details and to register.

Coastal Birds Project, with Maine Audubon

Tuesday, July 25, 6:30 - 8:00 p.m. in-person at the library

Each spring, endangered Piping Plovers and Least Terns return to nest and raise their young on southern Maine beaches.

Over time, the development and construction of seawalls, jetties, piers, homes, parking lots and other structures has significantly reduced the available shoreline

habitat for these two species of birds. The increase in Maine's beachfront population has also brought more people and their pets to nesting beaches. This can keep adult plovers from tending to their eggs and chicks, which leaves the nests vulnerable to predators and the elements.

For more than 35 years, Maine Audubon and their partners have worked with local residents, landowners, and visitors to ensure that endangered birds, wildlife, and people can safely share the beach. Join us at the library as we welcome Maine Audubon and learn about the work biologists are doing to save Maine's endangered Piping Plovers and Least Terns from extinction. You'll discover the many ways in which all members of our community can contribute to the conservation efforts of these unique local birds. Please visit the library's website for more details and to register.

The Modern Pop Art Experience: A Workshop with Michael Albert

Saturday, July 29, 10:30 a.m. - 12:30 p.m. in-person at the library

Explore Pop Art with cereal boxes! New York-based artist Michael Albert will discuss his work and guide participants as they create their own collages using the same materials he uses to create his own works of art.

The workshop will conclude with a free poster giveaway and signing as a special gift to participants. All materials will be provided. Please visit the library's website for more details and to register.

ONGOING PROGRAMS FOR ADULTS:

Daily Fika (Coffee Break)

Wednesdays-Saturdays, 10:00 - 11:00 a.m. via Zoom

Pod Complex: A TML Podcast Listening Club

(Normally) First Thursday of the month, 5:00 - 7:00 p.m.

Next meeting: July 11 (second Tuesday

-see EVENTS page 15

Kathleen O. Pierce

Real Estate Advisor
Realtor

207.232.4030

kpierce@advisorsliving.com



Enhancing Neighborhood Trees & Shrubs Since 1880.

- Complete Tree & Lawn Care •
- Quality Pruning & Removal • Deep-Root Fertilizations •
- Insect & Disease Management • Certified Arborists •

Call For a Free Estimate

207.828.0110

www.davey.com/portlandme



STEVE PARKHURST

Broker/Owner

232-4444

sparkhurst@townandshore.com

One Union Wharf, Portland, ME 04101 / 207.773.0262

Designing, installing, and maintaining gardens that are individual and artful.



Native Plant Specialist • Owner, Mike Moran
Cape Elizabeth • (207) 838-4070
Fully insured • folkloregardening.com

CAPE CALENDAR

By Wendy Derzawiec

Please see the town website, www.caapeelizabeth.com for meeting locations

Instructions for joining videoconference meetings listed below will be posted on the town website, www.caapeelizabeth.com.

Thursday, July 6

Recycling Committee, Public Works Department, 7 p.m.

Monday, July 10

Town Council, Town Hall, 7 p.m.

Tuesday, July 11

Conservation Committee, Town Hall, 7 p.m.

Wednesday, July 12

Diversity, Equity, and Inclusion Committee, Thomas Memorial Library, 6 p.m.

Monday, July 17

Housing Diversity Study Committee Meeting, Town Hall, 6:30 p.m.

Tuesday, July 18

Planning Board, Town Hall, 7 p.m.

Thursday, July 20

Energy Committee, Jordan Conference Room, Town Hall, 7 p.m.

Tuesday, July 25

Board of Zoning Appeals, Town Hall, 7 p.m.

CABLE GUIDE

Subject to change. Please see cetv.caapeelizabeth.org for latest program guide and video on demand.

Cape Elizabeth Church of the Nazarene

July 15, July 16, July 22, July 23,

CTV CHANNEL 1302

July 8, July 9 - 9 a.m.

Housing Diversity Study Committee

July 17 - 6:30 p.m.

Dean's list announcements

Eva Kathryn Morris has been named to the dean's list for the Spring 2023 semester at the University of Vermont in Burlington, Vermont. Morris is majoring in Plant Biology.

Elizabeth Shablon has been named to the winter 2023 President's List at Southern New Hampshire University in Manchester, New Hampshire.

Benjamin Dodge has been named to the university's dean's list for the spring 2023 semester at Worcester Polytechnic Institute in Worcester, Massachusetts. Dodge, a member of the class of 2024, is majoring in Electrical and Computer Engineering.

Erin A. Volent has been named to second honors on the spring 2023 dean's list at Clark University in Worcester, Massachusetts.



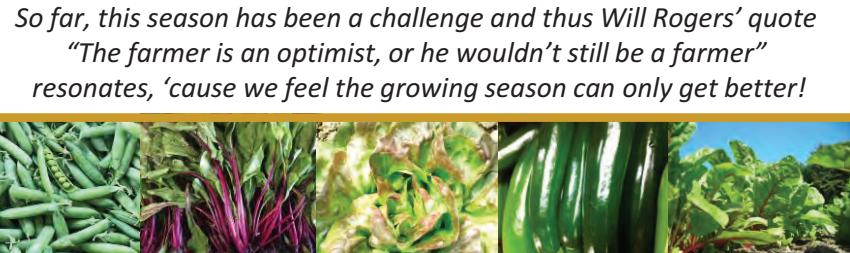
21 Wells Road, CE
207.671.5341

YOUR PLACE FOR LOCAL

FARM STAND

OPEN DAILY 10:00 – 6:00
(soil product hours differ see below)

Fresh Veggies, Meats, Chicken, Sausage, Cheeses, Eggs, and more!



[f Jordan's Farm](#) [@jordans_farm](#) www.jordansfarm.com

SOIL PRODUCTS & AGGREGATES

Monday – Saturday 8:00 – 5:00

FOR THE GARDEN & LAWN

Compost ~ Screened Topsoil

Straw ~ Wood Chips

BARK MULCH

Pine Spruce Mix ~

Dark Mix ~ Natural Cedar



FOR THE HARDCAPE PROJECT

Gravel ~ Screened Sand ~

Crushed Stone ~ Stone Dust

Pick-up or Delivery

807-1761

IT TAKES A COMMUNITY TO KEEP FOOD GROWING

RELIGION/EVENTS

SERVICES

Cape Elizabeth Church of the Nazarene

499 Ocean House Road (Route 77)

747-1113

www.caopenazarene.org

Sunday School for all ages: 9:30 a.m.

Sunday Worship Celebration: 10:45 a.m.

Services streamed live or on demand:

watch.caopenazarene.org

Cape Elizabeth United Methodist Church

280 Ocean House Road

799-8396

www.ceumc.org

Sanctuary Service: 10 a.m.

In-person Sunday services 10 a.m. For Zoom services, call 799-8396

The Church of Jesus Christ of Latter-day Saints

29 Ocean House Road

799-4321

Sacrament Meeting:

Sunday, 10 - 11:00 a.m.

Sunday School/Primary: 11:10 a.m.-12 p.m.

The Church of the Second Chance

Greater Portland Christian School

1338 Broadway, South Portland

641-3253

Sunday: 10:30 a.m.-12:15 p.m.

Church of the Holy Spirit

1047 Congress Street, Portland

874-9779

www.HolySpiritPortland.org

Sunday Worship: 10:00 a.m.

Sunday Adult Bible Study: 9:00 a.m.

Sunday School for children: 10:00 a.m.

Services streamed live on Facebook

Potluck dinner every third Sunday

Congregation Bet Ha'am

81 Westbrook St., South Portland

879-0028

www.bethahaam.org

Worship: Friday, 7:30 p.m.

Saturday, 10:30 a.m.

Family Shabbat Services:

Second Friday, 6:00 p.m.

Hope Community Church

879 Sawyer Street South Portland

799-4565

www.hopesopo.com

www.facebook.com/hopesopo

Sunday Morning Worship at 10 a.m.

Kid's Church for ages 4 through grade 5

Service videos available on our website

Promised Land World Reach Center

536 Cottage Road, South Portland

799-3152

Sunday Prayer & Intercession: 9:30 a.m.

Sunday Worship: 10 a.m.

Family Bible Studies: Wednesday, 7 p.m.

Sermon recordings available to download

Redeemer Lutheran Church - LCMS

410 Main Street, Gorham

839-7100

www.RedeemerMaine.org

1st Saturday of the month 10:00 a.m. with masks

Sunday Bible Class 9:00 a.m.

Sunday Service: 10:15 a.m.

Wednesday Vespers: 6:30 p.m.

Sunday and Wednesday services are in person and streamed on Facebook

Saint Alban's Episcopal Church

885 Shore Road

799-4014

www.stalbansmaine.org

Sunday Services:

Rite 1 with Holy Eucharist 8:00 a.m.

Rite 2 with Holy Eucharist 9:30 a.m.

Live Streaming on YouTube (stalbanschan nel)

Children's Programs 9:30 a.m.

Celtic Eventide 5:30 p.m.

Room for all

St John Paul II Parish

St Bartholomew Roman Catholic Church

8 Two Lights Road

207-883-0443

JP2me@portlanddiocese.org

Website: www.JP2me.org

Sunday Mass: 9 a.m.

Monday Mass: 8 a.m.

First Congregational Church

United Church of Christ

301 Cottage Road, South Portland

799-3361

www.fccucc.org

Sunday Worship: 10:00 a.m. in person and streamed on Facebook & YouTube

First Congregational Church of Scarborough

167 Black Point Road, Scarborough

883-2342

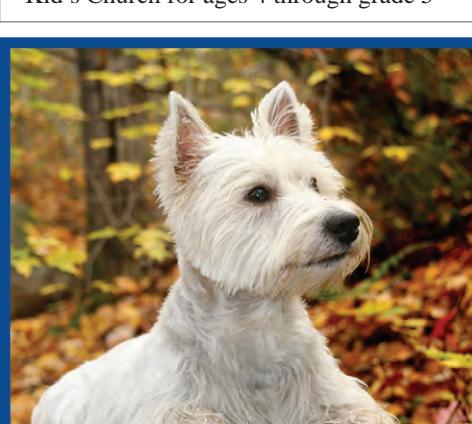
[www.fccscarborough.com](http://fccscarborough.com)

Sunday Morning Worship: 9:30 a.m.

Sunday School & Nursery Care

Invisible Fence® Brand

Keeping pets happy, healthy & safe @ home™



Play Safe. Worry-Free.

Invisible Fence of Southern Maine

800-585-2803

southernmaine.invisiblefence.com

©2018 Invisible Fence of Southern Maine. Invisible Fence® is a registered trademark of Invisible Fence, Inc. All rights reserved.

BUSINESSES/SERVICES

EXTREMELY CLEAN - Deep Cleaning Services. The Way Cleaning Should Be! References/Insured 25+years of experiences Luz Carpenter - 207-329-3757

MAKE YOUR OUTDOOR SPACE WORK FOR YOU! Basement, Attic, Garage, Yard, Apartment Clean-out Special - \$100 for 10 Cubic Yards. See Website For Details:

www.swartzenterprises.net ...

Swartz Enterprises - Tim Swartz, Owner Cell (207) 809-9735 - Household Trash Removal, Recycling, Composting, Sustainability, Debris Disposal, Landscaping & Tree Care swartzentoffice@gmail.com Like Us On Our Facebook Page!

Math Tutor - Summer math refresher for students entering Algebra 1, Algebra 2, Geometry, or PreCalculus. Flexible schedule, individual or small group. jonesgirlcourtney@gmail.com

Happy Birthday To Our Exceptional Grandson



Love Grandma &
Pop-Pop Schmitz

Planning Board

Continued from page 3

perimeter of the property will be eliminated in order to avoid "minor wetland impacts." The open space plan would also be changed by removing a duplex unit and the tightening of the grading of certain open space areas in order to increase the amount of usable open space. The proposed changes would raise the usable square footage of open space to 76% where the required amount is 33% usable space.

Brandon Mazer, an attorney at Perkins Thompson representing abutters Eric and Jennifer Johnson, stated to the Board that the application packet for this project is "lacking" specifically in terms of financial and technical capacity. Mazer's main concerns included the addition of a new co-applicant on May 15, 2023, the lender not being local but located in Boca Raton, Florida, and the presales of homes to subsidize construction costs not counting towards the applicant's financial capacity. He asked the Board to deem the application incomplete because the "applicants have had every opportunity over the last two and half years to get this right and have failed to do so." Collins rebutted by saying that pre sales of homes do help with financial security from a lender standpoint and that much of the documentation in the planning process are "soft commitments" and not executed contracts.

There was public comment from Richard Blake, Elise Pratt, and Sheila

MUSIC LESSONS

Flute lessons: For beginners and intermediates of all ages. Call Kris: 767-3712.

Suzuki violin lessons and group classes available. Ages 5+. Please contact Laura Warren at Suzuki Stringers 207-245-5863 or email ljwarren88@yahoo.com

Piano lessons for all ages. Beginners through advanced. Sandi Palmquist: 329-8345.

Piano, Voice, Guitar, Ukulele lessons for all ages. Beginner through intermediate. Carey Rasco: 232-7015

Wellehan, with concerns of the full identity of every applicant, the applicant's financial capacity, and the applicant's authoring their own letter of assertion on financial and technical capability. Pratt shared that many people in the community have concerns about the project and that their "nightmare scenario [of the project] gets as close to [land] clearing and then goes sideways with the developers abandoning the project leaving a tragic environmental mess behind."

Wellehan urged the Board to deem the application complete once there was a binding contract in place between applicant and lender, referencing there was once a contract in place in 2021 when the application was first submitted. Gordy Smith clarified that there never was a binding contract between applicant and lender, only a purchase and sale agreement. He also said that there wouldn't be a contract at this stage in the process, only an intent for funds, which is standard.

The Board motioned for the application to be deemed complete with a site walk proposed for Thursday, June 29 at 5pm. This was passed unanimously. The Board also motioned to table further discussions on the Carr Woods project to public hearing during the next Planning Board meeting on July 18. The motion passed and the Board adjourned.

**Support of our advertisers
supports this newspaper.**

207-939-9766 • advertising@capecourier.com

Events

Continued from page 13

this month) via Zoom

Songwriting Workshop (with Jud Caswell)

(Normally) First Tuesday of the month, 6:30 - 8:00 p.m.

Next meeting: July 11 (second Tuesday this month)

In person at the library

Guerilla Poetry Whoop

Second Thursday of the month, 6:30 - 7:30 p.m. Next meeting: July 13 via Zoom

Eldering Conversation Group

Wednesdays, 1:00 - 2:00 p.m.

In person AND via Zoom

Adult Book Group

Third Thursday of the month, 3:00-4:00 p.m. Next meeting: July 20

July book: "Their Eyes Were Watching God," by Zora Neale Hurston

In person at the library and streamed simultaneously via Zoom

FAB FILM MUSIC

A concert of the greatest music in film history

MERRILL AUDITORIUM Saturday, July 15, 7 pm | ON-DEMAND RELEASE July 22

James Kennerley

Get your tickets at PortTIX.com or call 207-842-0800

KOTZSCHMAR Organ



Happy 4th
of July!

RE/MAX
OCEANSIDE

Scottish Black Faced Ram on the lam finally reunited with his fam

By Stephen T. Lyons (Garda) and Ethan Fogg



Photo by Stephen T. Lyons (Garda)

Bandit, the run away Scottish Black Face Ram, at Crescent Beach State Park.

Cape Elizabeth residents were on the look out for an escaped masked bandit during the month of June. The masked bandit, a Scottish Black-Faced Ram, normally resides on Richmond Island off the coast of Crescent Beach State Park and Ram Island Farm in Cape Elizabeth. The ram escaped from its temporary lodging while visiting Ram Island Farm on the mainland.

Richmond Island, a 226 acre island off the coast of Cape Elizabeth, is owned by Black Point Corporation. The Sprague Family also owns 2,500 acres on the mainland directly across from Richmond Island. Ram Island Farm is located on the mainland.

The Sprague family maintains a flock of about 60 Scottish Black-Faced Sheep who roam the Richmond Island freely all year long. The sheep graze there, which helps prevent overgrowth of the Island's vegetation.

I came across the escaped ram crossing

the roadway inside Two Lights State Park. The park visitors thought they were seeing a dog with antlers, much like reindeer preparing to pull Santa's sled.

Trevor McCourt, property manager of the Sprague Corporation, said the sheep on Richmond Island are well cared for and each year they have their woolen fleece sheared. This year it was decided to have the two rams brought to the mainland farm to regulate the breeding of the herd. While one male was on the mainland it escaped. McCourt said the ram is independent and will avoid humans. If it feels threatened it will attempt to escape or defend itself.

McCourt said he is working with a host of professionals and local authorities to round up the ram and return him back to the farm.

Update: The ram was caught on June 25 in the Two Lights area and returned to his family.

Please Join The Housing Diversity Study Committee at Their Upcoming Meetings.



All Meetings will be:

Time: 6:30pm to 8:30pm

Location: Town Council Chambers, Town Hall & Hybrid

Monday, July 17th
Monday, August 7th
Monday August 28th
Monday, September 18th
Monday, September 25th

Scan Me With Camera on Phone to Access HDSC's Loomio Discussion Forum on Housing:



or visit: <https://www.loomio.com/g/jyrlGJ28>

BE ON THE LOOK OUT FOR WRITTEN, ELECTRONIC SURVEY COMING OUT LATER THIS SUMMER.

Any questions or comments please email: HDSC@capeelizabeth.org
View all previous materials and upcoming information:
<https://www.capeelizabeth.com/HousingDiversityStudyCommittee>

Shark

Continued from page 1

leophobia (irrational fear of sharks) after its release in 1975, swimmers off the coast of Maine should exercise caution. A woman was killed in a shark attack off Bailey Island in 2020.

As part of routine shark surveillance, Maine Department of Marine Resources maintains a network of acoustic receivers at strategic locations along the coast. These receivers detect acoustic transmitters tagged to about 250 white sharks in New England, and each winter scientists at the DMR download data from the receivers to assess the previous year's shark activity. One of these receivers is located offshore, near Cape Elizabeth.

Kurt Shoener, Manager of Two Lights, Kettle Cove and Crescent Beach State Parks, explained some of the state's protocol regarding shark sightings. Lifeguards are trained to recognize sharks common to coastal Maine and behaviors that may be considered threatening. Fin identification, shark identification and behavior assessment training are conducted at each year's Lifeguard Academy. Know that different types of sharks seek different types of prey, resulting in various outcomes. Sharks that primarily hunt seals, for example, kill through a violent primary bite, resulting in massive blood loss. Sharks that prey on fish attack with a rapid chase and quick bite, resulting in puncture wounds or lacerations.

Not all sightings are treated equally. An Unconfirmed Sighting is one made by an individual who is not trained in the identification of marine life and who cannot provide photographic or video evidence. Animals misidentified as sharks can include small whales, porpoises, ocean sunfish, seals and ducks.

A confirmed sighting is a visual observation by an individual trained in the identification of sharks. These include lifeguards, Park Rangers and other officials from U.S. Coast Guard, Department of Marine Resources, etc. Notification from a real-time acoustic receiver also constitutes a confirmed sighting.

Visual confirmation is often a fin observed in the water by a lifeguard.

In the event of a confirmed sighting, available details may compel authorities to close swimming beaches in the affected area and notify relevant park, public safety and government officials as well as the media. Protocols for evacuating bathers and safeguarding the area include a purple Shark Flag, an audible horn or whistle and the assignment of a spotter to track the shark as best as possible.

After no less than an hour following the latest confirmed shark sighting, authorities may lower the purple shark flag and allow swimming and other water sports to resume. In addition to these very public procedures, there are numerous reporting and assessment steps executed by park, public safety and other professionals.

In the rare event of an actual shark attack on a human being, the swimming area is closed as described, and EMS and other first responders are engaged. If during a normal water rescue a determination is made that a shark is responsible for the injuries, all swimmers are evacuated from the water immediately.

Lifeguards responding to a shark attack are not allowed to enter the water unless it is deemed safe to do so. If the injured party is more than 300 feet from shore, they are required to approach by boat. What's more, if a shark is spotted during a rescue attempt, lifeguards must return to shore and wait until the situation is again declared safe.

The affected swimming area and incident scene remain closed for the remainder of the day or until it is declared safe by authorities. Park entrances will also be closed during rescue and incident investigation.

Shark attacks are unlikely, but not impossible. Fewer than 70 are reported each year worldwide. Regardless, reports of sightings are taken seriously and lifeguards and other professionals are trained to respond immediately and professionally. Consumers are reminded to swim in supervised areas only and to abide by the purple flag, the audible warnings and instructions of lifeguards and other staff on duty.

Cape Elizabeth Community Services

presents



July 10 / Sonja and Good Friends / Bandstand

July 17 / Pan Fried Steel / Picnic Shelter

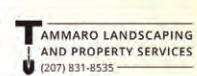
July 24 / Joe Boucher / Bandstand

July 31 / Ocean House Road Band / Picnic Shelter

August 7 / World Famous Grassholes / Bandstand

August 14 / Pine State Pitches / Picnic Shelter

We gratefully acknowledge our event sponsors



Bring a donation for the South Portland Cape Elizabeth Rotary Food Drive to benefit the South Portland Food Cupboard and Judy's Pantry.