

# The Cape Courier

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Aug 16 - Aug 29, 2023

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*In the Spirit of Community*

## 25th running of TD Beach to Beacon 10K race is in the books

By Kevin St. Jarre



Photo by Kevin Morris

*Kenyan Hellen Obiri finished first in the women's competition with a time of 31:37.*

The TD Beach to Beacon 10K race has seen its 25th running. Ethiopian Addisu Yihune and Kenyan Hellen Obiri proved to be fastest among men and women, respectively. Yihune's time of 27:56, averaging 4:30-minute miles, came in first overall. Obiri averaged 5:36-minute miles, coming in at 31:37.

An American, Connor Mantz of Utah, came in second among the men, with a time

of 27:58. Mantz, the early leader was joined by eventual third-place finishing Edris Muktar, 28:06, of Ethiopia, and a pack of six runners formed after the three-mile mark. Within that group was Yihune, who grabbed another gear, and pulled away at the five-mile mark, and then held the lead through the finish.

According to a press release, Yihune has



Photo by Kevin Morris

*In the men's competition, Ethiopian Addisu Yihune finished first with a time of 27:56.*

been on a roll, winning the 5000 meters at the 2022 World Athletics U20 Championships last year. He also won the 2022 Cross de San Sebastián and Campaccio cross-country races. He was ranked fourth in the world in men's cross country.

As for the women, the first half of the race was dominated by the eventual winner Obiri and Keira D'Amato of Virginia, 31:58, who

eventually finished third. By mile four, Foty-en Tesfey of Ethiopia, 31:38, passed D'Amato to move into second place. Obiri, pressured by Tesfey the rest of the way, beat her by only a second.

Obiri is the winner of this year's Boston Marathon and the New York City Half Mara-

**-see B2B page 7**

## Planning Board discusses Carr Woods project at July 18 meeting

By Hanna Gilley

### Chair Sahrbeck Recognizes Planning Board

The July meeting started with Chair Jonathan Sahrbeck recognizing the Planning Board for their service. He said, "This is a voluntary service that we all do. We take time away from families for workshops and meetings and site visits, and it's a service we do because we care about this community. I wanted to recognize everyone here and also our staff for the great job I think we all do."

### June 20, 2023 Meeting Minutes Approval

The Planning Board asked for approval of the June 20, 2023 meeting minutes. The motion was introduced by Jim Huebener. With no discussion from the board, the motion passed unanimously.

### Carr Woods

Shore Road Development Partners LLC is requesting final subdivision review and a Resource Protection Permit for Carr Woods, a 16 unit condominium

and 1 single family home lot located on Deep Brook Drive (U6-91, 91A, 92, 94A, 95), Sec. 16-2-4 Final Subdivision Public Hearing and Sec. 19-8-3, Resource Protection Permit Public Hearing.

Bill Garrish from Northeast Civil Solutions, representing co-applicants on the Carr Woods project, said that the site walk on July 5 was "productive." He shared a presentation with some changes made since the original plan submission. These include the addition of a note on the plans to the condo plat #12, the identification of units 3 and 4 as moderately affordable units, and the addition of "optional rear decks and patios to units without impacting open space or setbacks." These patios would be eight by twelve feet. He also noted a Casino Beach drainage issue, but that there are stormwater detention plans in place.

Laurie Bachelder, co-partner of Shore Road Development Partners and founder of Freedom Wealth Advisors, and co-partner and builder Ron Goddard, also spoke and introduced themselves and their role in the proposed project. Laurie and Ron are developers for this project.

The board opened up the chamber

for a public hearing where a handful of citizens spoke on the proposed project. Brandon Maizer, an attorney representing Eric and Jen Johannsen, expressed his concerns that he wants to "make sure that the town isn't left with a half-finished project." He also said it's "this board's job to make sure of their [the project applicant's] financial and technical capacity." He asked the board to "dig a little deeper" to make sure all questions are answered surrounding the project.

Elise Pratt of 32 Wood Road, an abutter to the proposed project, spoke on questions and concerns of there being too many units on this parcel. Also that units 13, 14, and 15 are non-compliant to setback ordinances. She asked for a "reduced scope of the plan" that is more "compatible and suitable for the parcel" and that removes the need for the problematic retaining wall, addresses stormwater management, the extent of blasting, and compliance with applicable standards.

Katie Blackburn of 14 Rocky Hill Road, also an abutter to the proposed project, addressed an adequate tree border for privacy, as well as ongoing con-

cerns about stormwater management on Casino beach.

Mylan Cohen of 21 Surf Road and President of the Cape Cottage Park Association thanked the Board for their service. He spoke of concerns to Casino Beach, specifically stormwater drainage concerns. He shared that the current system isn't able to handle "regular" storms, let alone additional flow. He has spoken with town engineers on this fix, proposed for construction in 2024, but has yet to see finished plans. He said, "my point is I don't know how this project can be approved when there isn't even a plan for the current issue of stormwater volume. Has there been an environmental impact study on the cove?" He asked the board for special consideration to stormwater drainage problems that this project potentially poses.

Amery Houghton, of 265 Spurwink Avenue, addressed the utilities for the proposed project saying that he hasn't heard any plans for underground or aboveground power, natural gas, gen-

**-see PLANNING BOARD page 13**



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**NEXT ISSUE: Aug 30**  
**DEADLINE: Noon, Aug 18**

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## 'Please don't confuse fear mongering for good intentions'

After repeated references to school policies related to bathrooms, in Courier ads and letters to the editor, I want to state the plainly obvious truth that a sign on a bathroom door doesn't stop a person with ill intentions from following another into that room to cause harm.

Raising vague concerns about "adult men" following "young girls" is just fear mongering. Conflating predators with folks who identify as a gender other than assigned at birth has become a harmful myth that I'm disappointed to see spread again and again in these pages. Business bathrooms all across the country have no gender signage.

Since 2015, California law has required schools K-12 to allow all students to use restrooms, locker rooms and facilities consist-

tent with their gender identity. Guess what: there is no evidence of increased predatory conduct. "Rallying" around something as trivial as where people pee isn't a civic responsibility - it would make for bogged down governance.

We should let the schools make administrative decisions freely, especially ones that are so reasonable and inclusive. We should continue to support and expand school and town policies that align with protection of individual freedoms and give space for all members of our community to feel valued, safe and able to thrive.

Please don't confuse fear mongering for good intentions.

**Elizabeth Biermann**

## Anderson 'considers all points of view'

I am enthusiastically supporting Stephanie Anderson for Town Council. I've been impressed by her professionalism, patience and extensive knowledge in her role on the Housing Diversity Study Committee. She listens intently, asks relevant questions, considers all points of view before making factual decisions that are fair to all, and without a personal agenda.

When Stephanie served as District Attorney she was often confronted with problems that had seemingly no room for a middle ground. She would meet with everyone in-

volved to forge policies that offered alternatives to a criminal conviction and incarceration, thus helping thousands of lives and unburdening the courts. Years ago, when ten Cape seniors vandalized the high school, rather than sending them to court, Stephanie offered a community service alternative to criminal charges. What emerged was a program called Senior to Senior, requiring the high school students to help senior citizens with chores, errands, shoveling, mowing—whatever they needed. It was so successful that it remains a popular program today.

Stephanie Anderson's entire career has been in public service. It's what she enjoys, and where her imagination and considerable skills have been fine-tuned to help other people. That she wishes to use her 30 years of experience for our small town is good news for us all. I will vote for Stephanie this November and hope you will too.

**Suzanne McGinn**

## Garden Club holding flower bulb sale

This fall the Cape Elizabeth Garden Club is again offering fall-planted flower bulbs for sale in order to raise funds to support the club's activities.

The club is offering 10 different flowering bulbs for sale, including daffodils, tulips, alliums and irises as well as some that are a bit more exotic.

The Garden Club has held a similar sale for the past five years, taking a break in 2022 to regroup and reorganize.

The bulbs are provided from John Scheepers/Van Engelen, a highly regarded company based in Connecticut.

Part of the profits from the sale will be used to conduct Cape Elizabeth Garden Club programs that are held at Thomas

## 'Many thanks'

I just finished reading the article headlined, "Town Council votes to work toward settlement of lawsuit against The Lumbery" by Kevin St. Jarre.

That was a fine article: clear and well written, with interesting and useful quotes and information from the important figures on both sides of the situation, and a narrative that went a long way in explaining and summarizing a complicated situation. It was really a professional piece of reporting.

A lot of work and skill went into crafting that article and many thanks to Mr. St. Jarre and the Cape Courier for it. As I read I experienced a distinct sense of gratitude that our town possesses a resource like the Courier.

**Oggie Williams**

## Clarification on Town Council article

In the last issue of the Courier you quoted me (as Tony Iris) in the July 17 Town Council meeting as saying I was not allowed to build an Adu because my property lot was too small. That is incorrect and not what I said. My property lot is plenty large enough to allow an ADU but my house is too small. Current restrictions don't allow an ADU to be built for any house smaller than 1,500 square feet. To build any ADU I would first have to enlarge my house to 1,500 sq feet, which is ridiculous.

I don't think most people really know about this unfair restriction and it needed to be changed, which is what a portion of LD 2003 did. I do understand there are other thorny aspects of LD 2003 which need due consideration but this part could have easily been changed without any delay.

**Tony Itrace**

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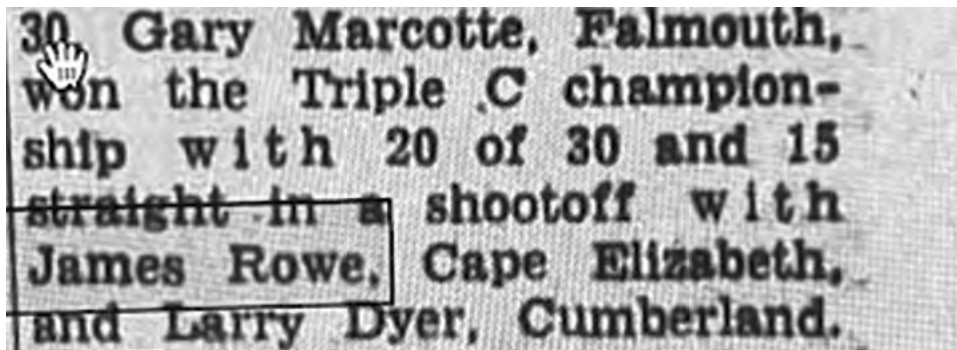
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<i>2023 Publication Schedule</i>					
Issue No.	Ads/Copy Due	Issue Published	Issue No.	Ads/Copy Due	Issue Published
01	Jan 6	Jan 18	12	June 23	July 5
02	Jan 27	Feb 8	13	July 14	July 26
03	Feb 10	Feb 22	14	Aug 4	August 16
04	March 3	March 15	15	Aug 18	Aug 30
05	March 17	March 29	16	Sept 1	Sept 13
06	March 31	April 12	17	Sept 15	Sept 27
07	April 14	April 26	18	Sept 29	Oct 11
08	April 28	May 10	19	Oct 13	Oct 25
09	May 12	May 24	20	Oct 27	Nov 8
10	May 26	June 7	21	Nov 10	Nov 22
11	June 9	June 21	22	Dec 1	Dec 13

## Then and now: ‘Two out of three ain’t bad’ – 1977 hit song by recording artist Meat Loaf

By Jim Rowe



Contributed photo

Photo of a newspaper clipping from 1964 with the results of that year’s Portland Boys Club Junior High School Foul Shooting Contest.

“...but it ain’t that great, either.”- Jim Rowe, 1964.

On a Sunday maybe 25-30 years ago, my friend Tony Nappi and I entered the Cape Elizabeth Middle School gym for an afternoon of pickup basketball with some other “old-timers.” Tony discreetly slipped me a small rectangle of yellowed newsprint from the February 23, 1964 Portland Press Herald. On it were the results of that year’s Portland Boys Club Junior High School Foul Shooting Contest. He (St. Dominic’s) and I (Cape Elizabeth Jr. High) were two of perhaps a couple of dozen boys representing their respective schools in that contest.

The thing is, I wasn’t even a player on the Cape Elizabeth Jr. High School team. Like Bill Russell (probably the only experience we had in common), I had been (wrongly) cut from tryouts a year earlier in 7th grade. But I loved the game. So I volunteered to be the team manager. That’s where I still found myself a year later, reluctant to face the possible humil-

iation of another tryout failure. The 8th grade coach, Don Richards, held a team shoot-off to determine who would represent Cape at the Boys Club. The results were embarrassing. None of the players made even half of their shots. Coach’s desperation was palpable. He looked at me. I looked at him. He handed me a ball. I easily bested all the players. So I drew a uniform and headed in to Cumberland Avenue...a scrawny bespectacled kid whose name at that time had not even appeared in a basketball scorebook.

Shooting free throws is not that difficult. Like so many things in sports, success involves practice and muscle memory. A couple of times I’d gone 50 for 50 on the hoop in my driveway (admittedly without pressure or distraction). But the rims at the Boys Club were bolted a lot tighter to their backboards than the one at my “home court,” making them much

-see THEN AND NOW page 10

## The music corner

By Candice Bellinger

Do you remember the first time you heard music composed by John Williams? The awe and wonder of his music have touched all of our lives. This week I will share with you my favorites.

It was 1982. I was 10 years old, sitting on the floor at the front of the old Wolfeboro movie theater. We were a-buzz with excitement; butterflies in our stomachs as we anxiously waited for “ET” to begin. The grandeur of the “Flying Scene” traveled beyond our galaxy to a world unknown. With tears in our eyes, we wished we could fly home with ET, keep him safe and explore his magical world. We would pretend to fly on our bikes that summer, nothing could hold us back!

One of the world’s most epic movie series with not just one trilogy, but two, began in 1993: “Jurassic Park.” Full of hope and the grace of what could be; the brilliance of science recreated the age of the dinosaurs. No one was prepared for the great danger accompanying this amazing new world.

Born in 1932, to say his life has been full of music is an understatement. Twenty-five Grammys and countless more awards, 75 movie soundtracks, and 53 Academy Awards he is the most nominated individual behind Walt Disney. He is always striving to be better. When asked to write the movie soundtrack for “Schindler’s List” he told Steven Spielberg he really needed to hire a more skilled composer and Spielberg’s response was, “I know, but they’re all dead!”

World-acclaimed violinist Anne-

Sophie Mutter, a huge fan of Williams, asked him to compose even just 10 measures of music for her, which of course blossomed into the album; “Across the Stars.” My recommendation for listening is this beautiful album with Williams’ famous melodies recreated for Mutter, a beautiful compilation of his work mixed with her 1710 Lord Dunn-Raven Stradivarius. An extraordinary walk down memory lane with the hauntingly beautiful tone of a 300-year-old instrument will be the highlight of your week. “May the force be with you!”

If you are “tech-challenged” and would like my assistance with finding our weekly listening, please email me at musicwam@yahoo.com.

You can also find me on Facebook @ Candice Bellinger. This week’s listening: Anne-Sophie Mutter, John Williams “Across the Stars.”



Photo courtesy of biography.com

Born in 1932, composer John Williams has won countless awards and is the most nominated individual behind Walt Disney.



## Stephanie Anderson

Dear Cape Elizabeth Residents,

I am running for Town Council. I have lived in Cape Elizabeth for 23 years and I love it here. As the former Cumberland County District Attorney, I have 28 of experience addressing and solving difficult problems, while responsibly managing limited resources and competing needs. I’m independent: I listen and make decisions based on reliable information and facts. My experience would be an asset to this town. Public service has

been the call of my life, and I know that we can come together to address the challenging issues we face.

Over the next two months, I want to connect with as many of you as possible. I want to know your concerns and where you want to see this town go. I will listen to you, set priorities accordingly, and work hard for you. It would be a privilege and an honor to serve you, and I humbly ask for your vote on November 7th.

Thank you, Stephanie Anderson

# for Town Council

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# Missing juvenile located, puppy sale scam reported

Reported by Debbie Butterworth

## PUBLIC INFORMATION

- 7-10 An officer met with a resident of the Ocean House Road area who attempted to buy concert tickets on Twitter and found tickets selling for less than the Ticket Master price. The victim was instructed to Venmo the money. After getting a run-around on the tickets, the victim found the same tickets being sold on a second Twitter account and at that time realized it had been a scam and exposed the fraud on a Twitter account.
- 7-12 An officer met with a resident of the Fowler Road area who wanted to turn in a piece of U.S. currency he had found on school property.
- 7-12 Two officers responded to a residence in the Two Lights area for a well-being check.
- 7-12 Two officers responded to Crescent Beach State Park for a report of a missing juvenile. After a quick assessment, assistance was requested from other agencies, including Scarborough Police, South Portland Police, SMR SWAT Team, Cape Elizabeth Fire Department, Cape Elizabeth WETeam, and the Marine Warden Service. Missing juvenile was located approximately 45 minutes after the call was received.
- 7-14 An officer met with a resident of the Sawyer Road area who reported seeing an ad on Facebook for Corgi puppies for sale for \$800. The seller was contacted and they agreed on \$300 to reserve one of the puppies. Later the seller contacted the victim claiming to be out of town and would be giving the puppy to a delivery agency, but that would require an extra payment. The victim did not agree to this and contacted the police. Preliminary investigation confirmed it had been a scam.
- 7-15 Two officers responded to a residence in the Shore Road area for a domestic dispute.
- 7-15 An officer responded to a residence in the Ocean House Road area for a well-being check.
- 7-16 An officer met with a resident who had received a suspicious email trying to scam the recipient. The resident recognized it as a scam and wanted to report it.
- 7-19 An officer met with a resident in the Ocean House Road area regarding an issue with a contractor.
- 7-20 Two officers responded to a domestic disturbance in a residence near Ocean House Road and Fox Hill Road.

- 7-21 An officer spoke with a resident of the Shore Road area who reported that she had contacted someone who had items listed for sale on the seller's FaceBook page. The victim placed a \$300 deposit on an item via Venmo. The victim called the seller again regarding another item for sale and was told to make a payment to a different Venmo account. She became suspicious and drove to the address on the FaceBook page, and learned that the FaceBook page had been hacked and several people may have been scammed.
- 7-24 An officer met with a subject in the Sawyer Road area regarding a suspicious item in the roadside vegetation. It was a piece of a firework.
- 7-24 An officer met with a resident of the Ocean House Road area who reported that his American Airlines account had been compromised and someone had redeemed his frequent flyer miles to buy a ticket.
- 7-28 An officer responded to a residence in the Brentwood area for a bat inside the residence. Whereas there was possible human contact, the bat was transported for rabies testing.
- 7-29 An officer met with a resident in the Spurwink Road area in reference to criminal mischief to a vehicle.
- 7-29 An officer responded to a location in the Ocean House Road area for a suspicious person complaint.
- 7-31 An officer met with a resident of the Shore Road area regarding a harassment complaint.

## SUMMONSES

- 7-11 West Bath resident, imprudent speed, Route 77, \$134
- 7-12 Scarborough resident, speeding (44/30 zone), Sawyer Road, \$129
- 7-13 Portland resident, operating without a license, Route 77
- 7-13 Portland resident, seatbelt violation, Route 77, \$85
- 7-13 Portland resident, operating vehicle using hand held device, Route 77, \$85
- 7-19 Westbrook resident, seatbelt violation, Spurwink Avenue, \$85
- 7-19 South Portland resident, seatbelt violation, Route 77, \$85
- 7-20 Delaware resident, seatbelt violation, Shore Road, \$85
- 7-20 Cape Elizabeth resident, seatbelt violation, Route 77, \$85
- 7-21 Cape Elizabeth resident, speeding (44/35 zone), Bowery Beach Road, \$114
- 7-21 South Portland resident, Operating

- after license suspension, Ocean House Road
- 7-23 Cape Elizabeth resident, leaving the scene of an accident, failure to notice accident by quickest means, Charles Road
- 7-24 Portland resident, seatbelt violation,, Shore Road, \$85
- 7-24 Sabattus resident, seatbelt violation, Shore Road, \$85
- 7-24 New Orleans resident, operating vehicle while using hand held device, Shore Road, \$85
- 7-24 Florida resident, operating vehicle while using hand held device, Shore Road, \$85
- 7-25 Kennebunk resident, operating vehicle while using hand held device, Shore Road, \$85
- 7-26 Sanford resident, seatbelt violation, Route 77, \$85
- 7-26 Scarborough resident, seatbelt violation, Shore Road, \$85
- 7-26 Saco resident, seatbelt violation, Route 77, \$85
- 7-26 South Portland resident, seatbelt violation, Route 77, \$85
- 7-26 Cape Elizabeth resident, seatbelt violation, Route 77, \$85
- 7-26 Cape Elizabeth resident, seatbelt violation, Route 77, \$85
- 7-28 Vassalboro resident, violation of conditions of release, Route 77
- 7-29 Portland resident, unregistered vehicle, Scott Dyer Road, \$85
- 7-31 Otisfield resident, speeding (44/35 zone) Bowery Beach Road, \$114
- 7-31 Cape Elizabeth resident, uninspected vehicle, Old Ocean House Road, \$148

## JUVENILE SUMMONSES

- 7-12 Cape Elizabeth resident, violation of interim license, Scott Dyer Road, \$385

## ACCIDENTS

- 7-11 Josh Trachimowicz, accident on Charles E Jordan Road
- 7-13 Alison Jacoby, Marie Myers, accident on Bowery Beach Road
- 7-19 William Enman, Lisa Nashawaty, accident on Ocean Road
- 7-23 Ian Haines, accident on Charles Road
- 7-24 John Bates, Benjamin Henning, accident on Mitchell Road
- 7-26 Richard Brown, Samantha Olsen, accident on Birch Knolls Road
- 7-26 Paul Wilson, accident on Ocean House Road
- 7-29 Gisella Romeo, John Frederick, accident on Ocean Road
- 7-30 David Lourie, Rodney Durgin, accident on Spurwink Avenue

## ARRESTS

- 7-11 Osprey Florida, resident, operating under the influence of alcohol, Spurwink Avenue
- 7-19 South Portland resident, outstanding warrant, Ocean House Road

## FIRE CALLS

Fire calls: 25  
EMS calls: 54

# Scam alert bulletin board

By Jessica D. Simpson

## Natural Disaster Scams

It seems like natural disaster season is never ending these days. As wildfire season moves closer to hurricane season, now is a good time to remind ourselves that after Mother Nature moves out the criminal scammers tend to move in.

Following extreme weather events, dubious contractors and outright scammers descend on affected communities, offering quick, cheap fixes. They canvas neighborhoods in search of "work" that they may or may not even attempt to do. Many will specifically target older homeowners who they perceive as more likely to have savings.

It's safest to only trust contractors that you proactively reach out to. Also, regardless of who you are talking to, get written estimates and compare bids from multiple contractors before starting any work. Finally, pay no more than a third of the total cost prior to the work beginning – and then only when materials arrive.

## IRS Refund Scam

Criminals use a lot of different tactics to steal money from consumers, and one of those tactics is the promise of free money.


This summer the Internal Revenue Service (IRS) is warning taxpayers to be on the lookout for a new scam mailing that tries to mislead people into believing the IRS owes them a refund.

The new scheme involves a mailing that comes in a cardboard envelope from a delivery service. The enclosed letter includes the IRS masthead and wording that the notice is "in relation to your unclaimed refund." The mailing asks recipients to call a number and includes a request for a long list of personal information including photos of their driver's license, Social Security number and bank routing numbers. (We hear that driver's licenses are now the hottest commodity on the Dark Web).

The IRS warns against sharing your driver's license or other personal information that criminals can use to file for a tax refund in your name. They also pointed out that the letter contains a variety of warning signs, including odd punctuation and a mixture of fonts and other inaccuracies.

Be a fraud fighter! If you can spot a scam, you can stop a scam. Visit the AARP Fraud Watch Network at [www.aarp.org/fraudwatchnetwork](http://www.aarp.org/fraudwatchnetwork) or call the AARP Fraud Watch Helpline at 1-877-908-3360.

Need a scam prevention speaker for your group? Go to [aarp.org/me](http://aarp.org/me) or call 1-866-554-5380.




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# Cape Elizabeth solar field frequently asked questions

By Richard A. Parker  
Cape Elizabeth Energy Committee

### BACKGROUND

In 2019 the Town Council instructed the newly created Energy Committee (EC) to explore and recommend options for the installation of a solar field on the existing landfill adjacent to the current recycling center. The EC solicited and reviewed more than 25 proposals from seven vendors before recommending that the town enter into an agreement with Encore to provide and operate a solar field. Encore is a Vermont based company with solar experience throughout New England. Issues caused by the pandemic, the supply chain, equipment costs and the everchanging electricity regulation landscape delayed implementation of the contract until last year. The field is now scheduled for completion in about a year. In addition to mitigating ever increasing town energy costs, this field is part of our ongoing responsibility to address climate change by reducing the town's carbon footprint.

### HOW MUCH WILL THE TOWN SAVE IN ELECTRIC ENERGY COSTS?

Total savings will be approximately \$127,000 per year. This includes \$123,000 in electricity costs and \$4,000 from Encore for leasing the land. Electricity savings assume an annual increase of 2% in the market price of electricity. Should the annual market price increase more than 2% per year, the savings will be greater.

### WHAT IS THE PROJECT STATUS AND WHEN WILL THE SAVINGS START?

Notice to Proceed (NTP) is expected this October. Construction will start sometime after this date. Completion and connection to the grid will be no more than one year after NTP. Savings will start then.

### HOW DOES THE TOWN GET PAID?

CMP's monthly electric bill to the town is reduced by the amount of electricity generated by the field at the NEB (Net Energy Billing) rate established by the Maine PUC. This rate is the PUC standard offer service rate plus 75% of the transmission and distribution rate. The town then pays Encore for the electricity generated by their field at the rate agreed to in our contract. Currently this rate is about 40% less than the CMP rate.

### WHO OWNS, OPERATES AND MAINTAINS THE FIELD?

Encore owns, operates and maintains the

field. The land is leased to Encore for the duration of the contract.

### WHAT COSTS HAS THE TOWN INCURRED TO BRING THE PROJECT TO FRUITION?

Other than professional services for contract review and oversight by town personnel, the town has not incurred any costs. Net return on this investment essentially starts immediately after startup.

### DOES THE TOWN HAVE ANY ANNUAL COSTS ASSOCIATED WITH THE FIELD?

No. Operation and maintenance is the responsibility of Encore. This includes equipment repair and replacement as well as any necessary landscaping.

### HOW MUCH ENERGY WILL THE FIELD GENERATE?

Field generating capacity is determined by the available acreage as well as system design and efficiency. The field will initially generate 1.59 MWh per year. The amount gradually decreases overtime as the capacity of the solar panels decreases by about 0.5% per year. This initial amount is approximately 74% of the total amount of electricity currently consumed by the town (schools and government).

### WILL THE FIELD GENERATE ANY OTHER REVENUE FOR THE TOWN?

No. Saving in electricity costs is the only revenue.

### ARE THERE PLANS TO SAVE MONEY ON THE PORTION OF ENERGY NOT COVERED BY THE FIELD?

Yes. The town is actively pursuing supplemental offers to offset more of our usage. Additionally, there are other opportunities for cost savings that should be included in future town plans.

### WHERE DOES THE FIELD CONNECT TO THE ELECTRICITY GRID?

It will tie into the grid near the substation located on Spurwink Avenue.

### WHAT IS THE STATUS OF REQUIRED APPROVALS?

The Town Planning Board approved the project in May. This was followed by Town Council approval. Maine DEP approval for the landfill cap amendment is pending but is expected in the next few weeks. Building and electric permits from the town are pending. CMP approval of Portland cluster

-see SOLAR page 6

# Revaluation update and related assessing topics

By Clinton J. Swett

There are five topics I'd like to update you on:

- Status of the Town-wide Revaluation
- Status of LD290 Senior Tax Freeze Program
- Two Senior programs from the state (Property Tax Fairness Credit and Tax Deferral Program)
- Status of the Senior Tax Relief Program (up to \$500 refund, if qualified)

### TOWN-WIDE REVALUATION UPDATE

The revaluation is a little behind schedule with the field-work by the appraisers having just been completed. Now, the sales analysis is being conducted that will result in updated LAND and BUILDING cost tables.

Initially, in the time-line we were supposed to have new Valuation Letters distributed by early July, but we are now looking at August before the numbers will be ready. This, unfortunately, will result in a later tax commitment date; instead of early August, we are looking after Labor Day (September '23) to commit.

We are also providing a period for "informal appeals" with the assessor and the people assisting with our revaluation, KRT Appraisal. Those dates will be in August as well.

### LD290 SENIOR TAX FREEZE PROGRAM

I'm going to provide a detailed explanation of what's happened to this program at the end of this report, but below are the bullet points, in an effort to keep it short.

- LD290 was repealed and replaced by the Maine Legislature on July 6, 2023
- Taxes for the 2023/2024 fiscal year WILL BE FROZEN at the 2022/2023 amount
- There will be NO RE-APPLICATION

for this program, as it is now gone.

• Two current programs will be expanded (Property Tax Fairness Credit and the Property Tax Deferral Program). BOTH of these programs are administered by the state of Maine and not locally at the town of Cape Elizabeth.

### PROPERTY TAX FAIRNESS CREDIT

- Eligible Mainers can take a credit of up to \$2,000
- MUST file form 1040ME and schedule PTFC/STFC for the tax year in which taxes were paid
- Available to both renters and property tax payers
- Administered by the State of Maine, call 207-624-9784 for details

### STATE PROPERTY TAX DEFERRAL PROGRAM

- Must be 65 years or older to qualify
- Lifeline loan that covers the annual property tax
- Income limit of below \$80,000 to qualify
- Applications must be filed between January 1 and April 1 each year
- Administered by the state of Maine, call 207-624-5600 for details

### SENIOR TAX RELIEF PROGRAM

- SAME program as in years past, no changes
- Assessor will mail out the applications in September with a due date of November 15
- Qualifying seniors can receive up to \$500 rebate, delivered the end of January '24

If there are any questions regarding my update today, please feel free to reach out to me via email, give our office a call or stop by in person.



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# Stephanie Anderson running for Cape Elizabeth Town Council



Stephanie Anderson, long time Cape Elizabeth resident and former District Attorney, has submitted nomination papers to run for Cape Elizabeth Town Council. The election is November 7.

Stephanie grew up in Eliot, Maine, graduated from Marshwood High School, the University of Maine at Orono and the Maine Law School. In 1990 she ran for Cumberland County District Attorney and was elected to that position 7 times and served for 28 years.

During that time, Stephanie established the first Juvenile and Domestic Violence units in Maine, and Maine's first Human Trafficking initiative. Stephanie also collaboratively developed programs that diverted thousands of offenders from traditional criminal case processing to treatment, rehabilitation and restitution. She obtained a federal grant and brought multiple and diverse interests together to establish Maine's first Drug Court, now a staple of the justice landscape throughout the state.

Stephanie served as a director of the National District Attorney's Association and as President of the Maine Prosecutor's Association for many years.

Her current public service work includes being a member of the Maine State Parole Board, the Board of Bar Overseers Grievance Commission, the Portland Recovery Community Center fundraising committee and the Cape Elizabeth Housing Diversity Study Committee.

When she took out papers, Anderson said, "I am an independent thinker and I base decisions on facts and data. My experience would be an asset to the Cape Elizabeth Town Council, its government and its people. Public service has been the call of my life. I love Cape Elizabeth and I want to see us come together to address the challenging issues we face. It would be a privilege to serve the people of Cape Elizabeth as one of its Town Councilors."

Stephanie Anderson has announced she is running for Town Council. Contributed photo

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Dr. Marta Agrodnia, DVM, DACVS

## Solar

Continued from page 5

interconnection agreement is pending and scheduled for September.

### WILL THE LANDFILL BE AFFECTED?

No. The solar panel supports will be weighted ballasts that rest on top of the soil. The integrity of the landfill will be maintained. The location of solar fields on top of landfills is a common practice throughout Maine and is a practical use for otherwise limited value space.

### IS THE FIELD SAFE?

The field will be enclosed in an eight foot high fence. The system will meet all required construction and electric codes.

### WHAT IS THE DURATION OF OUR SOLAR GENERATION AGREEMENT WITH ENCORE?

The contract with Encore is for 20 years.

### WHAT HAPPENS TO THE FIELD AT THE END OF THE LEASE?

The agreement calls for Encore to remove all existing structures and equipment and return the site to its original state. However, there are options that the town should consider for its continued use after the end of the current agreement.

### HOW LONG WILL THE FIELD LAST?

After 20 years, the field can still generate at 90% of its original capacity. Future use and viability will need to be evaluated at that time based on economic considerations, system condition, regulations and available technology.

### WHO OWNS THE RECs (Renewable Energy Certificates)?

Encore owns the RECs.

### WHY DIDN'T THE TOWN KEEP THE RECs?

The town was able to negotiate a better price for electricity by not retaining the RECs. Further, the town is not staffed, nor does it have the expertise, to manage and market the RECs.

### WHO SHOULD I CONTACT IF I HAVE ADDITIONAL QUESTIONS?

You can contact the Town Manager.

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**B2B**

Continued from page 1



Photo by Kevin Morris

There were 6,537 runners who crossed the finish line in this year's TD Beach to Beacon 10K, the 25th anniversary of the road race.

thon and is the only woman to have won titles in indoor track, outdoor track and cross country. She took silver in the 5000 meters at the 2016 and 2020 Olympics, and currently ranks world number two in road running.

Out of the top 300 finishers, of more than 6,500 runners, were Cape Elizabeth residents 26-year-old Mitch Morris came in 49th overall, with a time of 32:45. Owen Patry, 19, came in 109th at 35:03, Ryan McCalmon, 47, came in 145th at 35:51, Amit Oza, 41, came in 189th at 36:58, Ricky Perruzzi, 20, came in 220th at 37:43, Kelsey Kennedy, 22, came in 268th at 38:30, Michael Riegelman, 44, came in 272nd at 38:36, Samantha Feenstra, 25, came in 274th at 38:38, Finn Morris, 17, came in 278th at 38:40, Martin Duval, 33, came in 282nd at 38:44 and Benjamin Payson, 21, came in 294th at 38:57.

As for the Maine finishers, 17-year-old Ruth White of Orono, 34:56, brought home top honors. Alexis Wilbert of Cumberland Center, 35:46, finished second, and Veronica Graziano of Falmouth, 36:15, came in third.

White is a senior at Orono High School where she is a member of the track and cross-country teams. She finished 18th in last year's TD Beach to Beacon and 17th this year. She is the Maine State Gatorade Player of the Year in both track and cross-country and won the New England Championships in cross-country and the 3200 meters.

In the Maine men's race Matt Rand of Portland, 30:41, won by a fairly comfortable eleven second margin over Grady Satterfield of Bowdoinham, 30:52, who came in second. Ryan Jara of Gorham, 30:55, rounded out the top three.

The Wheelchair Division saw repeat winners from 2022 in both the men's and women's race. Herman Garic of Utica, New York, 23:25, and Yen Hoang of Champaign, Illinois, 28:35, dominated each race to bring home the gold. Christina Kouros of Lewiston, 41:37, was the top Mainer, finishing third.

Prescott Leach of Waltham, Massachusetts, 32:03, took the title in the Men's Masters division, beating out two Mainers, Rob Gomez of Biddeford, 32:38, and Erik McCarthy of Orono, 33:20,

In the Women's Masters division, Edna

Kiplaget of Longmont, Colorado, 32:23, finished first. Michelle Lillenthal of Portland, 37:34, was the top Maine finisher in third place.

In the Seniors Division, Rico Portalatin, 35:14, crossed the finish line first for the men. The women's race was won by Karolyn Bowley of Middleton, Rhode Island, 38:05. Sheri Piers of Falmouth, 38:10, was the top Mainer, finishing second.

The professional athletes win more than \$90,000 in prize money. The winners in the men's and women's open races each receive \$10,000 and there are awards for the top 10 runners overall, courtesy of title sponsor TD Bank. Also included is a \$23,000 purse for American men and women, sponsored by Dunkin Donuts, split evenly among the top five American men and women, with a \$5,000 top prize.

In 2022, the 24th running of the TD Beach to Beacon 10K included 5,346 runners from nine countries, 42 states, and almost 260 Maine cities and towns. Thousands of spectators cheered runners along the route and at the finish, and more than 800 volunteers helped ensure a smooth operation. In 2021, more than 2,000 runners participated in the race's only Virtual TD Beach to Beacon 10K. The race debuted in 1998 with 2,408 runners crossing the finish line.

With its combined focus on sustainability and charitable donations, the TDB2B10K exemplifies TD Bank's longstanding commitment to community enrichment through The Ready Commitment, a multi-year platform that actively promotes inclusivity, economic vitality, environmental well-being, and health, and increases opportunities for people of all backgrounds to succeed in a rapidly changing world.

For additional information about the race, visit [www.beach2beacon.org](http://www.beach2beacon.org), and find the TD Beach to Beacon 10K on Facebook, Twitter and Instagram.

## SP/CE Rotary contributes \$95,000, dedicates hundreds of hours of volunteerism

For over six decades, the South Portland Cape Elizabeth Rotary (Rotary) has been a beacon of hope, compassion and service in the community. Through a commitment to positively impacting the lives of those in need, the Rotary has announced contributions totaling \$95,000 to various local organizations and initiatives.

Additionally, the Rotary members have dedicated countless hours of volunteerism, offering their time, skills and support to create lasting change and uplift the community they serve.

The beneficiaries of the Rotary's funding during the fiscal year ending June 30, 2023 include a wide range of organizations that cater to diverse needs within the community. Among the recipients are:

1. SOPO Unite
2. Cape Elizabeth Historical Preservation Society
3. Habitat for Humanity
4. Cape Robotics
5. Cape Little League
6. Connections for Kids
7. SP High School Homeless Assistance
8. SP High School Football Hall of Fame
9. Learning Works
10. Sounds by the Sea
11. Partners for World Health
12. PolioPlus
13. Rotary Foundation
14. Shelter Box
15. Cape Courier
16. Boys and Girls Club - South Portland Clubhouse
17. Opportunity Alliance
18. PSL Strive
19. Rotary Youth Leadership
20. South Portland and Cape Elizabeth High School, and SMCC student scholarships

"Our annual Christmas Tree Sale and SpringFest events have allowed us to raise funds to support these exceptional organizations that are making a real difference in our community," said Jim Britt, 2022-2023 President of South Portland Cape Elizabeth Rotary. "Our commitment to service is unwavering, and we are thrilled to be able to offer our support to these outstanding causes."

The contributions from the Rotary will serve a myriad of purposes, from provid-

ing healthy meals and snacks to children at the Boys and Girls Club - South Portland Clubhouse during the summer to supporting students with emotional and behavioral challenges at Connections for Kids' Special Purpose Private School.

The Rotary is also empowering young individuals through Learning Works' YouthBuild program, helping them complete their high school equivalency requirements and providing vocational training for brighter futures.

Furthermore, the Rotary is significantly impacting homelessness in South Portland by providing essential support and resources to the South Portland High School Homeless Assistance program.

Beyond the local community, the Rotary's reach extends to indigenous people through the Wabanaki WayZ Summer Camp Program and the Aquaponics program in Medellin, fostering connections and promoting understanding across cultures.

"Our dedication to service is not just limited to our immediate community; we believe in making a positive impact wherever we can," added Britt. "Through our actions, we aim to inspire others to join us in serving others and building a better future for all."

As Britt passes the torch to Dan McDonald, the incoming President, he emphasizes the importance of continuing the Rotary's legacy of compassion and selflessness. "I have been honored and privileged to lead this organization, and I have no doubt that Dan will continue to uphold our values and lead us toward greater heights," he said.

The South Portland Cape Elizabeth Rotary is a shining example of the power of individuals coming together to effect change. Their dedication to service continues to transform lives, leaving a lasting impact on the community they serve.

For more information about the South Portland Cape Elizabeth Rotary and its ongoing initiatives, please visit [www.sp-ce-rotary.org](http://www.sp-ce-rotary.org), email membership director Matt McAleney, or contact us using the information request form: <https://www.sp-ce-rotary.org/>.

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## SP/CE Rotary Club elects new president and board

The South Portland/Cape Elizabeth Rotary Club has elected Dan McDonald of Portland as its president for 2023–24. McDonald will preside over a very active Rotary club that in the previous year raised and donated \$95,000 to a wide variety of charitable organizations and activities.

The following members compose the board of Officers and Directors:

President Dan McDonald, Pres Elect and Interim Treasurer Nancy Irving, Secretary Kathy Cotter, Immediate Past President Jim Britt, Administration Mike Tranfaglia, Community Service Sari Greene, International Service Hannah Olshansky Membership Matt McAleney, Youth Services Kiley Wilkins-O'Brien.

About the Rotary Club of South Portland & Cape Elizabeth:

Founded in 1961, the Rotary Club of South Portland and Cape Elizabeth (SP/CE Rotary) is a community service, leadership institute and fellowship organization committed to both local and international service through projects and fundraising. The club actively supports efforts to stem food insecurity, access to clean water, youth literacy, substance use disorder, and the ongoing effort to eradicate polio world-wide, as well as a wide variety of community projects to benefit South Portland and Cape Elizabeth residents. For more information about SP/CE Rotary and its works, please visit [www.sp-ce-rotary.org](http://www.sp-ce-rotary.org).



Contributed photo

The South Portland/Cape Elizabeth Rotary Club has elected Dan McDonald, pictured above, of Portland as its president for 2023–24.

## The Cape Elizabeth Kitchen Tour returns



Contributed photo

The Cape Elizabeth Education Foundation (CEEF) is bringing back the Cape Elizabeth Kitchen Tour, which will be held on Saturday, September 23.

After a five-year hiatus, the Cape Elizabeth Education Foundation (CEEF) is bringing back one of its most popular events - the Cape Elizabeth Kitchen Tour on Saturday, September 23.

Presented by Legacy Properties - Sotheby's International Realty, the tour will run from 10 a.m. – 4 p.m., allowing attendees time to enjoy the 10 beautiful kitchens throughout Cape Elizabeth. Builders, designers and local professionals will be on-hand to discuss their work and attendees can see the latest ideas in kitchen design, flooring, sustainability and more.

"We're excited to bring back an event

that, thanks to the generosity of our homeowners and sponsors, truly showcases and brings together our community. So many volunteers participate and we love to see all the family and friends who make a day out of it," noted Mika Reynolds, Chair of the Kitchen Tour and CEEF Board Member. Best of all, the tour raises funds for CEEF to further its mission of funding innovative projects that fall outside of the school budget for faculty and students across the Cape Elizabeth School District.

For more information, to purchase tickets or volunteer for the tour, visit [ceef.us/kitchen-tour](http://ceef.us/kitchen-tour).

## Local student represents Maine at American Legion Auxiliary Girls Nation

Theresa Straw of Cape Elizabeth was one of 94 high school seniors selected to attend American Legion Auxiliary (ALA) Girls Nation July 22-29 in Washington, D.C. The weeklong program, founded in 1947, has provided exceptional civic education to thousands of students, teaching them about how the federal government works.

Straw was one of two participants who represented Maine as a "senator" at ALA Girls Nation. Two delegates from each ALA Girls State program are chosen to represent their state after participating in an ALA state-level program held across the country. At ALA Girls Nation, senators participate in mock Senate sessions complete with caucuses and debating bills that range from personal to political interests.

Other activities on the agenda include a visit to Arlington National Cemetery where they place a wreath at the Tomb of the Unknown Soldier, a visit to Capitol Hill to meet with real-life U.S. senators from their state, and a tour of D.C. monuments.

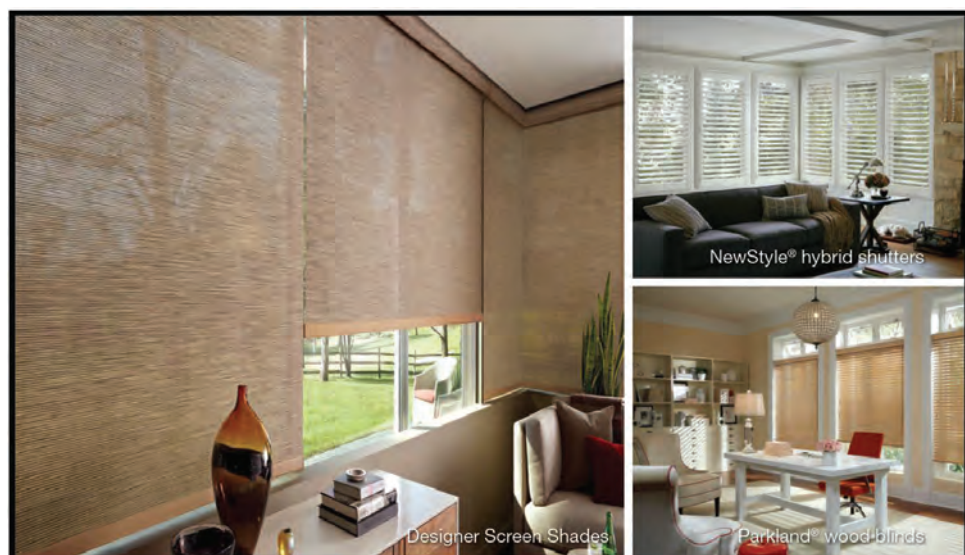
Straw, a rising senior at Cape Elizabeth High School, was active in many ways during her week at ALA Maine Girls State. She also participates in many activities in her school and community. Some of her activities include National Speech and Debate (NSDA) All-American, Cape Elizabeth High School Sailing Team, U.S. Sailing National Championship, SailMaine community sailing volunteer, 2023 Maine All-State Concert Band, 2023 Maine State Science Fair, Scholastic Art & Writing National Best in Grade awardee, Student Editor for

Bartleby Literary Magazine, and she is a member of Girl Scout Troop 284.

"ALA Girls Nation is a once-in-a-lifetime opportunity for our nation's future leaders to learn about the inner workings of the federal government before they are of voting age," said Donna Dillard, ALA Girls Nation Committee chair. "After attending their local ALA Girls State program and then ALA Girls Nation, the participants return home ready to be engaged citizens at all levels of government."

Students leave the program with increased confidence and leadership skills for college and in their future career paths. Some participants of the program go on to have careers in public service at the local, state and national levels. No matter what their future holds, all leave with a better understanding of civic responsibilities.

The American Legion Auxiliary (ALA) is a community of volunteers serving veterans, military and their families. Our members also support the mission of The American Legion in improving the quality of life for our nation's veterans. Proud sponsor of ALA Girls Nation, National Poppy Day® and recognized for advocating for veterans on Capitol Hill, the more than 550,000 ALA members across the country volunteer millions of hours annually and raise millions of dollars in service to veterans, military, and their families. Founded in 1919, the ALA is one of the oldest patriotic membership organizations in the U.S.A. To learn more and to volunteer, join and donate visit [www.ALAforVeterans.org](http://www.ALAforVeterans.org).



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HunterDouglas Gallery



# Capers turn beach pebbles and driftwood into art

By Kevin St. Jarre



Contributed photo

Using pebbles from local coves and wood repurposed from old barns, fences, or other old, weathered wooden structures, the Marchewkas produce art with themes of landscapes and animals, and even custom work.

Sherry and John Marchewka are local artists who use local materials to create framed mosaics from beach pebbles. The subjects are coastal, outdoor and animal themes, but they also do custom orders. John said, "The pebbles are from local coves and the wood [for frames] is repurposed from old barns, fences, or other old, weathered wooden structures."

Recently completed projects include mosaics featuring a lighthouse, a cow and its calf, and a wedding scene on the coast, John said. They are currently working on the depiction of a bear and her cub.

Asked about their style, John said, "We've been told that the simplicity, texture and depth, and natural look of the work draws and holds one's attention. No two are exactly alike and they are all handmade."

John also said, "The natural sourcing of our materials and the care taken to make each piece has stayed the same. We started about a year ago, and the detail, intricacy of design, and efficiency has evolved over time."

They strive to continue to be creative and quality-forward and focused. John said, "We share the business responsibilities, but so far, it's been very manageable."

As for the choice of materials, John said, "Pebbles are our favorite, as it provides the most flexibility with design. Larger rocks for example can make nice moons and suns, and sometimes we mix with other natural things, such as driftwood to ground the work."

They have received positive feedback, and they are inspired by it. People see their work at shows, on their website and on Instagram.



Contributed photo

Sherry and John Marchewka are artists who use local materials to create framed mosaics from beach pebbles. People can learn more about their art at their web site <https://www.coastalartco.com>.

John said people say, "[W]e've never seen anything like your work, it stands out and is beautiful."

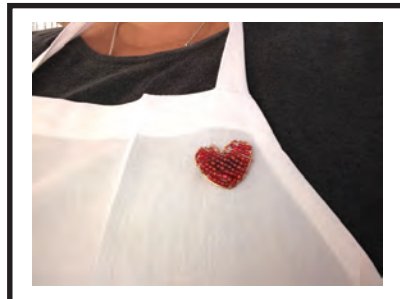
John said the couple talks about how much they "enjoy their work, but always have an eye to the future, getting our work recognized, creating large pieces, continuing to develop our skills in that light."

When asked where they would like to go to find additional information, John said, "A beautiful rocky coast somewhere! How about this place called Maine!"

People can learn more about their art at their web site <https://www.coastalartco.com/>, or their Instagram page <https://www.instagram.com/coastalartcomaine/>.

John said, "We will be at the Art in the Park show in South Portland on Saturday, August 12. Makers on Main in Freeport, next to Heirloom Antiques on Main Street on Saturday, September 2, and the three-day Freeport Fall Festival, next to the LL Bean Home Store, October 6, 7 and 8."

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# Fall program preview

By Cape Elizabeth Community Services

Have you received your copy of the Cape Explorer filled with all the exciting programs we have lined up for the last quarter of this year? If not, you may pick one up at the community center or view the digital copy online at [www.capecommunityservices.org](http://www.capecommunityservices.org).

This 28-page issue of our triannual publication includes over 120 unique adult, aquatic and youth programs we have planned from September through December.

As you will see in the Outings and Entertainment Section, about once a week, we plan an outing for up to fourteen folks, board our minibus and head off on an excursion. This fall, we will go on a whale watch in Gloucester, Massachusetts, tour the factory that makes Maine's iconic hunting boot, attend a private wine tasting on a New Hampshire vineyard, go to the Fryeburg Fair and Freeport Festival, see the plays "Tootsie" and "Sound of Music," go on a ghost walk in Kennebunkport, and visit the Maine Holocaust and Human Rights Center in Augusta.

We have another 20-day and evening programs which will take place here at the Community Center listed in the Adult Art & Enrichment Section. Want to learn to paint, play a musical instrument, or speak a foreign language? Sign up for a one-day or weekly class like Brooke Lambert's linocut printmaking workshop or Marty Clark's watercolor painting class. ReWild Maine will teach you how to weave a basket, eat acorns, and darn and mend your clothing (not all in the same workshop). Check out the catalog for more opportunities ranging from improving your brain health to determining what colors look best on you.

Your favorite adult fitness classes are back, as are your favorite fitness instructors, and we are excited to welcome Fae Spath as a new instructor offering a Non-Impact Aerobics (NIA) class on Fridays. We have more than a dozen instructors teaching almost 30 exercise classes. Get your muscles moving and your heart pumping by enrolling

in an aerobics, strength training, or dance class; enhance your stability and balance by practicing yoga, Tai Chi, or Qigong; hit the courts and play pickleball, tennis, volleyball, or basketball. If you prefer to do your own thing, consider using the pool and fitness center by paying the daily walk-in fee or becoming a member.

With the start of the school year, so too do our after-school and weekend sports programs begin. We offer more than 35 elementary and middle school-age programs. Choices range from performing arts and ball sports to stem programs and swimming and chess clubs. We are excited to offer two new Toddler/Care Giver programs, Learning Spanish with Yaya on Tuesdays and Music Time with Candice on Wednesdays.

When can you sign up for all these great programs? Registration opens for residents online at 8:00 p.m. on Sunday, August 27, and in person or over the phone at 8:00 a.m. on Monday, August 28. If you plan to sign up online, remember to use ActiveNet's Wishlist Feature, which will go live at 8:00 p.m. on Sunday, August 13. To learn more about using this time-saving feature, refer to the How Do I? tab at [www.capecommunityservices.org](http://www.capecommunityservices.org) and click View Wishlist Feature Tutorials. Please check your login information before registration and verify your household's profile information.

Let's talk about winter for a moment. The Pleasant Mountain (formerly Shawnee Peak) Ski/Ride Program for 3rd thru 8th graders will start after the first of the year. Beginning on January 11, we will depart the school at 3:00 p.m. for six consecutive Thursdays with a weather make-up on February 29 (if needed). Starting this year, we will have a separate registration date for the ski/ride program in November. Again this year, space is limited to 100 kids (50 per bus).

Upon leafing through the fall Cape Explorer, we at Community Services hope we have inspired you to take a trip with us, sign up for an exercise class with one of our experienced instructors or challenge yourself or your child to learn or play something new.

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# August naturalist's corner

By Erika Carlson Rhile  
 CELT Education Committee Chair

## August 12-13, Peak of the Perseid Meteor Shower:

The Perseids are famous for producing a large number of bright meteors. The shower runs annually from July 17 to August 24, and peaks this year on the night of August 12/the morning of August 13. The crescent moon will allow skies to be dark enough for a good show. Best viewing will be from a dark location after midnight. Expect up to 100 shooting stars an hour.

## August 31, 9:36 p.m. Full Moon/Supermoon/Blue Moon:

The end-of-August supermoon will be the biggest and brightest of 2023 because the moon will be "exceptionally close" to Earth at 222,043 miles, nearly 17,000 miles closer than average. Look for this rare Super Blue Moon rising in the east around 7:30 p.m. You won't get the chance to see this again until 2032.

Ever see an eft? Eastern Newts have an unusual three-part life cycle. It begins

life as a fully aquatic creature with visible gills, then enters a terrestrial bright orange stage called a "Red Eft," and finally returns to the water as an adult. The bright coloration of red efts clearly warns potential predators to leave them alone. To pass through these stages successfully, the Eastern Newt needs wetlands that are adjacent to forests. You'll often encounter efts on trails, especially after a lot of rain.

We've noticed our local coyote pack often starts howling after hearing emergency vehicle sirens. According to research done in Minnesota, the main pulse in the frequency range of a siren is exactly the same as the pulse of coyote calls. It's speculated that the coyotes think the sirens are another pack, and often communicate back to let the perceived trespassers know that this territory is already occupied. Wildlife biologists even use handheld sirens to get coyotes and wolves to vocalize for them.

# Friends' news and notes: Thank you for a great tour

By Friends of Fort Williams Park staff



Photo by Walter Brooks

Attendees enjoyed a wide variety of garden landscapes at the 11th Cape Elizabeth Garden Tour held on July 15.

The Friends would like to thank everyone for making the 11th Cape Elizabeth Garden Tour a huge success. With the second-highest ticket sales in the tour's history, attendees enjoyed a wide variety of garden landscapes on July 15.

Such a turnout would not have been possible without volunteers who served as garden docents, parking attendants and registration coordinators on the day of the event. We wish to express our gratitude to the homeowners of the nine gardens featured on the tour and the tour's sponsors.

This year, the properties included a 19th-century farmstead with formal terraces, a seaside home with habitats for endangered New England cottontails and other unique settings in and around the community. Gar-

dens featured stone walls, seating areas and a variety of plants that support pollinators and wildlife.

The Friends of Fort Williams Park is a 501(c)(3) nonprofit organization and the Cape Elizabeth Garden Tour is our main fundraising event. Proceeds from the tour help finance the Ecology Project, the Friends' long-term, park-wide effort to improve the ecological health and sustainability of Fort Williams Park, resulting in a greater variety and abundance of birds, pollinators, and other wildlife, increased natural beauty, and a heightened sense of exploration and discovery for people.

For more information on the Friends of Fort Williams Park, visit <https://fortwilliams.org/>.

## Judy's Pantry- a community feeding itself

Judy's Pantry operates at the Cape Elizabeth Methodist Church on the second and fourth Tuesdays of each month from 3-5 p.m. Prior registration is necessary. Please contact Beth Owens: [bethowens1@gmail.com](mailto:bethowens1@gmail.com).

## Then and now

Continued from page 3

less forgiving. Any balls even touching iron were as likely to rattle out as they were to rattle down through the net. Luck of the draw made me one of the last shooters to step to the line. I got off to an abominable start, missing 7 of my first 10 shots. That era's "WTF" rattled in my brain, but never left my lips. I finally settled into a rhythm and wound up making 20 of the allotted 30 shots (not very good). I was very disappointed, but thankful it was over...I thought.

Moments after sinking shot #30, it was announced that I was in a 3-way tie for the Cumberland County Conference Championship. The tight rims were not welcoming to the other guys, either, I guess. I eventually came in second to a boy from Falmouth who made all 15 of his shots in the extra shoot-off...back when junior high school free throw contests were newsworthy.



## High/low tide chart

High Tide				Low Tide					
	AM	ft	PM	ft	AM	ft	PM	ft	
16	Wed			12:16	8.7	6:06	0.3	6:06	1.1
17	Thu	12:19	9.8	12:51	8.8	6:40	0.3	6:42	1.1
18	Fri	12:55	9.7	1:24	8.9	7:11	0.3	7:18	1.0
19	Sat	1:29	9.5	1:56	9.0	7:42	0.4	7:53	1.0
20	Sun	2:04	9.3	2:28	9.1	8:14	0.5	8:31	0.9
21	Mon	2:40	9.1	3:02	9.2	8:48	0.7	9:11	0.9
22	Tue	3:20	8.8	3:40	9.2	9:26	1.0	9:56	1.0
23	Wed	4:05	8.5	4:23	9.3	10:08	1.2	10:45	1.0
24	Thu	4:55	8.2	5:13	9.3	10:56	1.4	11:40	1.0
25	Fri	5:52	8.0	6:08	9.4	11:50	1.5		
26	Sat	6:54	8.0	7:11	9.7	12:41	0.9	12:50	1.4
27	Sun	8:01	8.2	8:17	10.1	1:47	0.6	1:55	1.2
28	Mon	9:05	8.6	9:19	10.6	2:51	0.1	2:59	0.7
29	Tue	10:04	9.2	10:18	11.0	3:50	-0.4	3:59	0.2
30	Wed	10:58	9.8	11:14	11.4	4:44	-0.9	4:55	-0.4
31	Thu	11:50	10.3			5:36	-1.3	5:50	-0.8



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# Local birding report

By E. Brooks Bornhoff

Cygnus the Swan constellation of stars flies high along the Milky Way in August and somewhere between the treetops and the cloud bottoms a buzzy *tseep* call drips down out of the darkness to call my attention to the fact that fall migration for some songbirds has already begun.

Throughout August the dreamy tune of Eastern Wood Peewees can still be heard among treetops deep within Robinson Woods. While flycatchers are not considered songbirds, this dusky haunter of tall shady trees sings a song of three sliding notes that is simple and true. If you find yourself in the woods after sun-down listen for their whistled twilight song.

A few mentionables from the field and yard in early August include, on the morning of August 2 while exploring Trundy Point my son and I were met with the bright, good cheer of a male Yellow Warbler singing, sweet, sweet, sweet, sweetie – reminding me that summer days are far from over. Habitually this tiny gem keeps to the shrubbery and is likely the most common nesting wood warbler across Cape besides the Common Yellowthroat.

At dusk on August 3 I flushed a Great Horned Owl from its hunting perch along the fringes of the overgrown field in Robinson Woods. Interestingly, this is the third time this year I have come across “old Bubo” (scientific name is *Bubo virginianus*) in the exact same location and at roughly the same time of day. With a few stiff, silent wingbeats the large owl glided across the field and disappeared into the dark forest.

Later that same evening I heard a Barred Owl calling from the upper portion of the Pond Cove Brook Corridor and not all that far from where I had seen the Great Horned earlier. Barred Owls are slightly smaller and less aggressive than Great Horned Owls. And, although the two species often live and hunt in the same general area, Barred Owls will move to another part of its territory when a Great Horned is present. The Great Horned Owl is the most serious predatory threat to Barred Owls. In fact, there are accounts of Great Horned Owls attacking and eating Barred Owls.

On August 4 I was called from my house by a sound I had not heard that often this summer. I eagerly made my way outside and soon found a female Eastern Towhee. The bird sprang from the brushy undergrowth, hopped to the top of a habitat pile and, with the sun’s rays acting as a spotlight, uttered her two-parted, rising “chewink” calls. In the days of Henry David Thoreau Eastern Towhees were simply referred to as “Chewink” birds after the sound of its call note. Of note, both

males and females make this sound. I had made the habitat pile by stacking up a pile of cut tree limbs, boughs and dead branches. Habitat piles attract birds and become valuable natural features over the long term in your yard.

The following afternoon I heard the shrill, rapidly repeated whistle call of an Osprey high overhead. The bird was soaring and swooping at such an elevation that it was barely visible. Perhaps this was a juvenile bird testing its wings, mastering the intricate problem of flight? Or maybe this “Fish hawk” as they were once called was frustrated over dropping its catch. Early in the summer my son found a dead Blueback Herring in our yard. The markings on the fish seemed to indicate that it had been in the talons of a large raptor and, from time-to-time Osprey have been known to lose their grip on struggling fish as they fly. Of note, Osprey can also travel significant distances (up to twelve miles) to and from the nest location and are very fast fliers, capable of speeds of up to 80mph.

The following day, August 5 along Sawyer Road I spotted nine Least Sandpipers and a single Pectoral Sandpiper. The latter sandpiper is a medium-sized, stout shorebird that is about the size of a robin and has a rather long, noticeably thick bill and long wings. Adults are cloaked in brown, gold and black above with a white belly and neat dark-brown rows of “stipples” across the breast. Males are a striking 50% larger than females.

Pectoral Sandpipers are long distance migrants that nest in the wet grassy tundras across Alaska and into Northern Canada. And even though the majority of Pectoral Sandpipers migrate across North America via the Central Flyway (versus the Atlantic Flyway) they are spotted with some frequency in Cape starting in late July through early October.

On this same outing I saw and heard two Nelson’s Sparrows and one Saltmarsh Sparrow. The two were once thought to be a single species, the “Sharp-tailed Sparrow” until The American Ornithologist’s Union formally split the species in 1995 based upon habitat and song. The Saltmarsh Sparrow’s whisper-like song trills, buzzes and even gurgles. Although quite close in sound, it is distinguishable from that of the Nelson’s Sparrow, which is a louder hissing buzz followed by a buzzy chip.

Lastly, on August 6 a male Baltimore Oriole, two Grey Catbirds and two Red-breasted Nuthatches dined together on suet in my backyard while the chattering silhouettes of Chimney Swifts crisscrossed the open sky.

# Capetoon: Signs of summer

By Jeff Mandell



# House on the move



Photo by Dana Wiggins

A few weeks ago, Cape Elizabeth residents may have seen a different sort of mobile home. A house was transported by Bad Apple Lift, a firm with more than 25 years experience, to a new location. The work involved Eastfield Road and Highview Road. According to Jay Reynold, Cape Elizabeth Public Works Director, the department was contacted regarding the moving of the house, and the need for some street tree branches to be removed in order to facilitate the move.

	<p><b>Erin Grady, Broker</b> eringrady207@gmail.com</p>
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## Thomas Memorial Library offers immigration and innovation walk, reading programs continue through August

The library will be closed all day on **Thursday, August 17** for the town's annual **Staff Development and Appreciation Day**.

### Adult Summer Reading Program Runs Through July and August

Our annual Adult Summer Reading program returns to Thomas Memorial Library and will run throughout July and August. Challenges, prizes and a whole summer's worth of reading fun are just a library visit away.

Stop by the library beginning July 1 for more details about how you can take part and win fabulous weekly prizes. And don't forget to pick up your free Summer Reading giveaways, just for signing up, while supplies last.

And for all the little ones looking for something to OCTOPI themselves with: summer reading for babies, kids and tweens is already underway. Stop by the children's room downstairs to register.

### PROGRAMS FOR CHILDREN:

For more information and to register for all library events, visit our online events calendar at the following link: <https://www.thomasmemoriallibrary.org/events>.

### Character of the Month

Stop by the children's room to celebrate Jory John's Food Group, including the Bad Seed, the Good Egg, the Sour Grape and more. We'll have fun activities throughout the month of August, like our popular scavenger hunt.

### Read To a Dog

Children in grades K – 6, especially struggling or less-than-confident readers, are invited to sign up for 15-minute time slots to read with a certified therapy dog.

Check out the sign-up sheet in the children's room for appointment availability and to "meet" our dogs, or call the children's room for more information.

### Weekly Programming

#### Messy Minis! Process Art for Curious Kids

Mondays, 10:30 a.m. (Ages 2-5)

Let your imagination run wild and join us for Messy Minis time in the Community Room. Let's paint, color, cut and paste together to make magic.

Each week we'll have different supplies out for you to be creative with. Some supplies may be limited, so be ready with your flexible and creative muscles. We can't wait to see what you make. For budding artists ages 2-5 and their caregivers.

#### Dress Up and Dance

Tuesdays, 10:30 a.m. (Ages 2-5)

Join us for 30 minutes of moving and grooving to our favorite playlist, special dress-up costumes, and everybody's favorite bubble song. For dancing enthusiasts ages 2-5.

#### Play Date at the Library

Wednesdays, 10:30 a.m.-12:00 p.m.

(All ages)

Drop-in playtime session for children and their caregivers. This informal program is a fun and engaging way to ex-

plore literacy practices along with social and imaginative play. Through play, young children learn about their world. With this knowledge, they can understand books and stories once they begin to read. The Community Room is open for exploration during this time, with special toys and stations while you visit with friends.

#### Ready for Reading Club

Wednesday, 1:30-2:00 p.m. (Ages 4+)

A special storytime program for children ages 4 and up. Join Miss Martha to enjoy longer stories, fun with music and a variety of simple early learning games and activities.

#### Tiny Tunes

Thursdays, 10:30 a.m. (Ages 1-3)

This inclusive program is for children who are not quite ready for a traditional story time, but love to have fun with friends.

Join us for a movement-based program that's a gentle introduction to the routines, songs and props we use for storytimes, but without the books. Great for curious, wandering wigglers, ages 1-3 and their caregivers.

#### Bébés en Plein Air

Thursdays at 10:30 a.m. (Ages 0-1)

Outside in the Children's Garden, weather permitting

Bring your baby and a blanket to join us in the children's garden (aka "Bébés en Plein Air"), weather permitting! The sunshade provides a nice cover and it's a perfect time to enjoy a snack, play and let the littles interact while caregivers con-

nect. Librarians will drop in from time to time to teach a fun rhyme or song. Stay for a just a few minutes or for the hour. This event is intended for babies 0-1 and their families.

### School-Age Programs

#### Lego Club (Ages 5-12)

First Tuesday of each Month, 3:30-4:30 p.m. (Community Room)

August 1

Come create with Legos at TML's LEGO Club. The library will provide the Legos; you provide the imagination. Come free build or pick up a challenge card to try something new. Masterpieces will be put on display until the next Lego Club meets.

There is no registration for this program; children 10 and under must have an adult present.

#### Summer Scoops: Middle School Book Club

Wednesdays, 3:00 - 4:00 p.m.

Bring your own book! We discuss whatever we are currently reading and enjoy popsicles with friends. Outdoors as weather permits in the children's garden. No registration required.

#### Open Chess Play for Kids

Wednesdays, 2:30 - 4:00 p.m.

Conference Room

Learn to play chess or find a friend and play a game during this drop-in time designed for elementary-age children. Boards are provided but we also encour-

-see LIBRARY page 13

## A Message of Thanks from the Cape Neighbor's Alliance

Over the past several months, the Cape Neighbors Alliance (CNA) is proud to have shed light on several local issues, and we are committed to carrying that torch going forward.

We want to pause for a moment though to say THANK YOU, to you, our community. Good governance cannot happen when no one is paying attention. You have stepped up, and Cape is better for it.

Your overwhelming and enthusiastic responses have truly been incredible. Who would have imagined a packed Town Hall – in JULY! We were so grateful to see the tremendous turnout. Our community's thoughtful yet firm pushback against the town's overreach on both the Lumbery lawsuit and the zoning ordinance changes was heard loud and clear.

A thank you is due to our Town Council as well, who at that meeting took steps to: (1) consult with Cape's town attorney to honor the Ordinance Committee's repeated promises to not go beyond LD 2003's requirements; and (2) have the town attorney work with the Lumbery instead of against the Lumbery. Both were small steps. Both were in the right direction.

As we move forward, CNA will continue to monitor and inform on the major issues being debated at Town Hall. We encourage you to stay engaged and informed as well. Most town meetings are recorded and available at CETV – simply search for Cape Elizabeth CETV and you'll find the site.

If you would like to donate to help fund our ads, or perhaps blow the whistle on an issue you've identified, please feel free to drop us a line at the email below.

### What is the Cape Neighbors Alliance?

We are a group of Cape citizens who believe that good governance happens when our community is heard, our government's processes are transparent, and personal agendas are set aside. We intend to stand with our neighbors and our community to ensure this vision becomes reality.

## Library

Continued from page 12

age you to bring your own. Join us for some heated—but very friendly—competition in the very cool Conference Room downstairs in the library this summer.

### Young Writers at TML

The first Thursday of the month at 3:30 - 4:30 p.m.

August 3

Are you a young writer looking for a way to practice your craft? Join us at TML for our own budding writers group.

Designed for students between the ages of 10-12, this group will focus on exploring the imagination through fiction, poetry, and creative nonfiction. With monthly meetings on the first Thursday afternoons starting on June 1, this program will be full of fun journal prompts and creative group exercises.

Email Sasha at [skohan@thomas.lib.me.us](mailto:skohan@thomas.lib.me.us) to sign up.

### TML Teen Writing

Saturdays at 2:00 - 3:00 p.m.

Are you a teen who loves writing? Join us at TML for our very own teen writing group. With weekly drop-in sessions and monthly genre workshops, we'll go over basics like voice, plot, style and form, with a multitude of writing prompts and the opportunity to give and receive feedback. Come to the downstairs conference room on Saturdays at 2 p.m. starting June 3 for a rad, rollicking, good writing time. Email Sasha at [skohan@thomas.lib.me.us](mailto:skohan@thomas.lib.me.us) to sign up.

### PROGRAMS FOR ADULTS:

For more information and to register for all library events, visit our online events calendar at the following link: <https://www.thosasmemoriallibrary.org/events/>.

### Botanical Printing: Art from Your Own Backyard, with Marie Ahearn and Rachel Davis

Saturday, August 26, 10:30 a.m. - 12:30 p.m. in-person at the library

Learn how to make beautiful prints from real plants and flowers, and color them with watercolor paints. No experience necessary.

All materials will be provided, but participants are encouraged to gather leaves and flowers from home to use for prints. We'll also have an opportunity to go outside to gather plants from the library grounds.

Please visit the library's website for more details and to register.

### India Street: Immigration & Inno-

### vation Walk, with Greater Portland Landmarks

Saturday, September 9, 10:00 a.m. - 12:00 p.m. in person: Meet at Intersection of Congress and India Streets in Portland

This tour through Portland's oldest neighborhood encompasses the full sweep of the city's fascinating history, from busy seaport to railroad and industrial center, to today's dining and tourist destination.

The tour focuses on the heyday of the neighborhood, the mid-19th to early 20th century, when it was home to a diverse population of Irish, Italian and Jewish immigrants and one of the nation's oldest free black communities – all living next to the wharves, train yards and factories that were the city's economic engine. Walk with us through a compact urban neighborhood that has reinvented itself many times over.

### ONGOING PROGRAMS FOR ADULTS:

Daily Fika (Coffee Break)

ON HIATUS: **JULY 29 – SEPTEMBER 6**

Wednesdays-Saturdays, 10:00 - 11:00 a.m.

Via Zoom

### Pod Complex: A TML Podcast Listening Club

ON HIATUS IN AUGUST

First Thursday of the month, 5:00 - 7:00 p.m.

Via Zoom

### Songwriting Workshop (with Jud Caswell)

First Tuesday of the month, 6:30 - 8:00 p.m.

Next meeting: September 5

In person at the library

### Guerilla Poetry Whoop

ON HIATUS IN AUGUST

Second Thursday of the month, 6:30 - 7:30 p.m.

Via Zoom

### E-ldering Conversation Group

Wednesdays

1:00 - 2:00 p.m.

In person AND via Zoom

### Adult Book Group

Third Thursday of the month, 3:00-4:00 p.m.

Next meeting: September 21

August book: "Down The Road A Piece," by John McDonald

In person at the library and streamed simultaneously via Zoom

## Planning Board

Continued from page 1

erators, street lights, etc. He also shared his concern for "cutting down all these heritage trees" and that "this town has cut down an ample amount of trees, we need to be saving these trees. Let's consider the neighbors and the forest." He said this study for the project has been generalized and he'd like to see more information.

Sheila Wellehan, of 24 Rocky Hill Road, spoke on a prior project last year at Caden's Way where the developer had damaged wetlands. She said that was only one house but this project proposes 16 units on "a complicated site with steep slopes and ledge." She asked what the applicants were going to do to ensure there won't be similar problems that occurred at Caden's Way.

Al Palmer of the Planning Board also spoke on tree clearing and the buffering zone and "may or may not be further enhanced." He's asking for a proactive approach and not a reactive approach to tree buffering. The board spoke on these concerns and referred back to Maxwell Woods where too many trees were cut and the developer had to revisit the site to replant trees.

They also spoke on stormwater management concerns relating to the project and peak flow and erosion of Casino Beach. Town Planner Maureen O'Meara shared that the stormwater management on Casino Beach has been in the works since pre-COVID and is still being worked on by the town engineer.

Al Palmer also spoke on affordable housing requirements. He said there's only one line in the application that indicates two units would be conveyed under the affordable housing requirements, but that it "should be reinforced in findings and conditions so that it's clear what the requirements are."

Chair Sahrbeck said that he thinks this project has come a long way in regards to scaling down from where it started and that the applicants have made steps

to limit the impact on the abutters. He said because "there were a few questions tonight about the deeds, pedestrian crosswalk, stormwater, buffering and tree removal, and the financial aspects of the project." He wants more information and he's not ready to act on conditional approval this evening. The board unilaterally supported a motion to table the application approval to the August Planning Board meeting.

### 4 Balsam Rd Resource Protection Permit

David and Stacy Calabrese are requesting a Resource Protection Permit to alter 3,965 square feet of RP2 wetland to construct a single family home located at 4 Balsam Road, Sec. 19-8-3, Resource Protection Permit completeness.

Peter Beagle, site planner and landscape architect of Land Design Solutions represented the applicants. The applicants proposed the initial project to the board back in February and needed an Army Corps of Engineers permit to address a vernal pool study. That study was done back in April and came back favorable. Beagle met with the Public Works Director and discussed options for the parcel's driveway, agreeing to convey an easement to the town for snow plowing and maintenance.

The applicants are proposing an inline drain and underdrain that leads back to a proposed rain garden with the purpose of addressing drainage concerns and potential impact on the parcel's wetlands.

Jim Huebener presented a motion for the applicant's permit to be deemed complete seconded by Derek LaVallee. The board agreed unanimously and declined the need for a site walk. A public hearing will be tabled to the August Planning board meeting and the board adjourned.



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# CAPE CALENDAR

By Wendy Derzawiec

Please see the town website, [www.capeelizabeth.com](http://www.capeelizabeth.com) for meeting locations

Instructions for joining videoconference meetings listed below will be posted on the town website, [www.capeelizabeth.com](http://www.capeelizabeth.com).

## Thursday, August 17

School Building Advisory Committee, Town Hall, 6:30 p.m.

Energy Committee, Jordan Conference Room, Town Hall, 7 p.m.

## Tuesday, August 22

Board of Zoning Appeals, Town Hall, 7 p.m.

## Monday, August 28

Housing Diversity Study Committee Meeting, Town Hall, 6:30 p.m.

## Ongoing each week

Al-Anon, 7 p.m. Fridays, First Congregational Church, 301 Cottage Road, South Portland. Parking in rear.  
Alcoholics Anonymous, 2 p.m. Saturdays, First Congregational Church, 301 Cottage

Road, South Portland; 7 p.m. Wednesdays, St. Bartholomew Church; 7 p.m. Fridays, St. Alban's Church.

Cape Elizabeth Historical Preservation Society, 9 a.m.-noon Mondays and Thursdays when "Open" sign displayed, Fort Williams, in the brick building closest to Shore Road (ring the doorbell).

Cape Elizabeth Lions Club, 6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road

Cape Elizabeth Republican Town Committee, 6-8:30 p.m. first Wednesday of the month, Cape Elizabeth Community Center. Contact: [ccrcme.com](http://ccrcme.com) for Cape information.

South Portland/Cape Elizabeth Rotary Club, 6:15 p.m. Wednesdays at 107 Preble Hall, Southern Maine Community College, 2 Fort Road, South Portland. [sp-ce-rotary.org](http://sp-ce-rotary.org).

Codependents Anonymous (CODA) group at Cape Elizabeth United Methodist Church. Regular meeting weekly on Saturdays at 10:30 a.m. Call 799-4599 FMI.

## CABLE GUIDE

Subject to change. Please see [cetv.capeelizabeth.org](http://cetv.capeelizabeth.org) for latest program guide and video on demand.

**Board of Zoning Appeals**  
Aug. 22 - 7 p.m.  
**Church of the Nazarene**

## CETV CHANNEL 1302

Aug. 26, Aug. 27 - 9 a.m.  
**Housing Diversity Study Committee**  
Aug. 28 - 6:30 p.m.  
**School Building Advisory Committee**  
Aug. 17 - 6:30 p.m.

# Dean's list announcements

**Damien Royer** of Cape Elizabeth has been named to dean's list for the spring 2023 semester at Champlain College in Burlington, Vermont.

**Brendan Connolly** of Cape Elizabeth has been named to the dean's list for the spring 2023 semester at the University of Hartford in West Hartford, Connecticut.

**Will Brenneman** of Cape Elizabeth was named to the 2022-23 dean's list at Lawrence University in Appleton, Wisconsin. Brenneman was also the recipient of the Christine Gerdes Award in Anthropology at Lawrence University, presented to an outstanding junior who excels in the study of anthropology.

# SERVICES

## Cape Elizabeth Church of the Nazarene

499 Ocean House Road (Route 77)  
747-1113

[www.capenazarene.org](http://www.capenazarene.org)

Sunday School for all ages: 9:30 a.m.  
Sunday Worship Celebration: 10:45 a.m.  
Services streamed live or on demand:  
[watch.capenazarene.org](http://watch.capenazarene.org)

## Cape Elizabeth United Methodist Church

280 Ocean House Road  
799-8396

[www.ceumc.org](http://www.ceumc.org)

Sanctuary Service: 10 a.m.  
In-person Sunday services 10 a.m. For Zoom services, call 799-8396

## The Church of Jesus Christ of Latter-day Saints

29 Ocean House Road  
799-4321

Sacrament Meeting:  
Sunday, 10 - 11:00 a.m.

Sunday School/Primary: 11:10 a.m.-12 p.m.

## The Church of the Second Chance

Greater Portland Christian School  
1338 Broadway, South Portland  
641-3253

Sunday: 10:30 a.m.-12:15 p.m.

## Church of the Holy Spirit

1047 Congress Street, Portland  
874-9779

[www.HolySpiritPortland.org](http://www.HolySpiritPortland.org)

Sunday Worship: 10:00 a.m.  
Sunday Adult Bible Study: 9:00 a.m.  
Sunday School for children: 10:00 a.m.  
Services streamed live on Facebook  
Potluck dinner every third Sunday

## Congregation Bet Ha'am

81 Westbrook St., South Portland  
879-0028

[www.bethaam.org](http://www.bethaam.org)

Worship: Friday, 7:30 p.m.  
Saturday, 10:30 a.m.  
Family Shabbat Services:  
Second Friday, 6:00 p.m.

## Hope Community Church

879 Sawyer Street South Portland  
799-4565

[www.hopesopo.com](http://www.hopesopo.com)

[www.facebook.com/hopesopo](http://www.facebook.com/hopesopo)  
Sunday Morning Worship at 10 a.m.  
Kid's Church for ages 4 through grade 5

Service videos available on our website

## Promised Land World Reach Center

536 Cottage Road, South Portland  
799-3152

Sunday Prayer & Intercession: 9:30 a.m.  
Sunday Worship: 10 a.m.  
Family Bible Studies: Wednesday, 7 p.m.  
Sermon recordings available to download

## Redeemer Lutheran Church - LCMS

410 Main Street, Gorham  
839-7100

[www.RedeemerMaine.org](http://www.RedeemerMaine.org)

1st Saturday of the month 10:00 a.m. with masks  
Sunday Bible Class 9:00 a.m.  
Sunday Service: 10:15 a.m.  
Wednesday Vespers: 6:30 p.m.  
Sunday and Wednesday services are in person and streamed on Facebook

## Saint Alban's Episcopal Church

885 Shore Road  
799-4014

[www.stalbansmaine.org](http://www.stalbansmaine.org)  
Sunday Services:

Rite 1 with Holy Eucharist 8:00 a.m.  
Rite 2 with Holy Eucharist 9:30 a.m.  
Live Streaming on YouTube ([stalbanschannel](http://stalbanschannel))  
Children's Programs 9:30 a.m.  
Celtic Eventide 5:30 p.m.  
Room for all

## St John Paul II Parish St Bartholomew Roman Catholic Church

8 Two Lights Road  
207-883-0443

[JP2me@portlanddiocese.org](mailto:JP2me@portlanddiocese.org)

Website: [www.JP2me.org](http://www.JP2me.org)

Sunday Mass: 9 a.m.

Monday Mass: 8 a.m.

## First Congregational Church United Church of Christ

301 Cottage Road, South Portland  
799-3361

[www.fccucc.org](http://www.fccucc.org)

Sunday Worship: 10:00 a.m. in person and streamed on Facebook & YouTube

## First Congregational Church of Scarborough

167 Black Point Road, Scarborough  
883-2342

[www.fccscarborough.com](http://www.fccscarborough.com)

Sunday Morning Worship: 9:30 a.m.  
Sunday School & Nursery Care



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**Piano lessons for all ages.** Beginners through advanced. Sandi Palmquist: 329-8345.

**Piano, Voice, Guitar, Ukulele lessons for all ages.** Beginner through intermediate. Carey Rasco: 232-7015

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vice academies. It educates and graduates licensed Merchant Marine officers to serve the nation during peace and war. In addition to the rigorous academic and physical requirements for admission, applicants must be nominated by their Congressman or Senator. Huffard was nominated by Senators Angus King and Susan Collins and Congresswoman Chellie Pingree. As part of his four year education, Huffard (pictured on below) spent one year training as a cadet aboard ocean going vessels.

**Huffard graduates from U.S. Merchant Marine Academy**

J. Edward Huffard of Cape Elizabeth recently graduated from the United States Merchant Marine Academy (USMMA) at Kings Point, New York. Huffard earned a Bachelor of Science degree and a commission in the U. S. armed forces. He also earned a Merchant Marine officer license, qualifying him to serve as an officer on any ship in the U.S. flag merchant marine.

The United States Merchant Marine Academy is one of five U.S. federal ser-



Contributed photo

**New bike owners grateful for donations**

By Piotrek Stamieszkin



Contributed photo

Tom Mikulka has been collecting bikes for new immigrants in need and Piotrek Stamieszkin recently led a group of teenagers for a short bike trip on the Eastern Trail.

In the last issue of the Cape Courier there was a picture of Tom Mikulka with bikes and their new owners. Tom renovates bikes and provides them to people who need them, often asylum seekers. The bikes provide basic transportation and, importantly, the freedom to enjoy exploring new parts of their new home. Recently, because of Tom's generosity, I was able to lead a group of teenagers for a short bike trip on the Eastern Trail, ending at Bug Light. Currently these teens and their families are housed by Greater Portland Family Promise in the basement of a downtown church in Portland. They have very limited capability to travel outside their immediate congested downtown area. Here is what they had to say about our "adventure:"

*"I am on the bike, I feel free, I feel myself," Manace, DRC*

*"When I ride the bike, my concentration improves so it helps me focus. It was a relaxing trip, and it was the first time I saw the ocean in Portland," Rachel, DRC*

*"Having a bike is helpful for transportation and to make appointments. During the trip I liked seeing new places," Joao, Angola*

Tom is working hard on collecting and repairing bikes, and occasionally picking up helmets at the swap shop. If you have a bicycle you are not using, an extra helmet, spare tubes/tires, a bike pump or a lock, please consider donating these items so they can be put to good use. Tom can be reached at: (207) 653-9777.

*"Everything in the United States is new for us so we are a little stressed (...), but when*

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# Local business spotlight: ChappyWrap

By Marta Girouard



Photo by Winky Lewis

Christina Livada, President at ChappyWrap, and her husband Drake Livada, Director of Sales and Operations, are pictured above with their kids Ella and Griffin. Christina's all-time favorite ChappyWrap is the Captain's Classic dark blue.

Christina Livada has fond memories of a family blanket that was passed down to her and her brother by their mom Beth LaSala. "No matter how many other blankets were in the house, we were all always fighting over that blanket and it really became everyone's definition of home and comfort," Livada said. That blanket inspired LaSala to found ChappyWrap, a blanket business, in 2006 with a former business partner. The business grew through word of mouth and in-person sales at events in the Boston and greater New England area.

In 2018 LaSala's former business partner was ready to retire but LaSala and Livada felt they could work together and bring ChappyWrap to the next level. So Livada decided to quit her job as a speech-language pathologist and joined ChappyWrap full-time. The mother and daughter team spent a full year rebranding the business by building and designing a new website as well as working on marketing, partnerships and creating a presence on social media. The hard work paid off and ChappyWrap experienced a great amount of growth and success after the launch of the rebrand. Today, Livada is President of the company and her husband Drake, a Cape Elizabeth native, is also on board full time as Director of Sales and Operations. They oversee day to day operations of the business, which has grown to a team of 8, from their home in Cape Elizabeth. "It has been a huge learning curve to run a growing business, but every day is different and there is truly never a dull moment," said Livada.

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ChappyWrap blankets are made from a high-quality cotton blend (58% natural cotton, 35% acrylic, 7% polyester). This makes them plush and soft; they are also machine washable and dryable. Livada works closely with Director of Product Emma Hanson Puritz (who grew up in Cape Elizabeth) to come up with concepts for new product collections and launches. Their goal is to launch at least one collection per month. "Once we have a concept, we work with our design team to come up with the SKU assortment that will make up the collection. We send the designs to our mill, who creates them into CAD files that are compatible with our manufacturing machines, sample the products to ensure the designs translate how we want them to, and from there, place our orders and move into production," Livada said. It takes about six months from start to finish and while the blankets are being produced the sales and marketing strategy for the collection is formed. ChappyWrap relies primarily on email newsletter subscribers, social media, digital ads and retail partners throughout the country to promote product launches.

When asked what is the biggest challenge of running the company, Livada said that as a fast-growing small business, they are a scrappy and small but mighty team. "We all wear a lot of hats and are pulled in lots of different directions each day. But honestly that is also the most rewarding part – our whole team works so hard to learn and grow along with the business and we have so much fun doing it."

Long-term, Livada sees ChappyWrap continuing its growth into more homes across the country. Blankets will always remain the company's core product but ChappyWrap launched a line of candles for the first time last year and Livada looks forward to expanding into new categories in the home space. "And we've always had brick and mortar aspirations, so I definitely wouldn't count that out."

ChappyWrap blankets are carried locally

at CSalt and the Purpoodock Club Pro Shop. They can also be found online at <https://chappywrap.com/>. For those interested in following ChappyWrap on social media, you can find them on Facebook, Instagram and Pinterest @ChappyWrap.



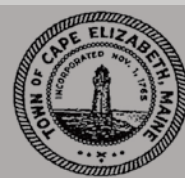
Photo by Julia D'Agostino

ChappyWrap's mission is to "provide comfort to everyone, everywhere with the best blankets in the world." To learn more, visit their website at: <https://chappywrap.com/>.

## Senior Photos



Joanne Lee Photography  
207.450.9641



## Calling All Residents! Surveys Now Available

Residents of Cape Elizabeth are invited and encouraged to participate in two surveys that are now available.

These are important opportunities to make your voice heard.

The School Building Advisory Committee and Housing Diversity Study Committee are seeking your thoughts, concerns and ideas. The surveys are one of the tools used by the committees to seek input as they move towards their recommendations for further community review and deliberation.

### School Building Advisory Committee Survey – Deadline August 22, 2023

Surveys were mailed to residents. The questionnaire can also be completed online at:

<https://www.portlandresearch.com/CapeSBACSurvey/>.

### Housing Diversity Study Committee Survey – Deadline September 15, 2023

Please look for a postcard reminder with a link to the survey. Surveys will be mailed to every household in Cape Elizabeth and may also be completed via phone interviews.

Thank you for taking the time to complete these surveys.

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