

The Cape Courier

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Oct 25- Nov 7, 2023

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Serving Cape Elizabeth Since 1988

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In the Spirit of Community

News from October 11 Town Council meeting

By Hanna Gilley

Town Manager's Monthly Report

Town Manager Matt Sturgis announced that property tax bills have been mailed and that payments are currently being received. The due date for the first half of taxes was due on Oct 23. There was also a notification included in the mailing regarding the delay of the town's revaluation. He also noted the senior citizen property tax relief forms are being mailed out and that applications are also online.

Sturgis discussed that the solar power installation project continues to move forward. The solar developer, Encore Renewables, has completed drone imagery of the site and is waiting for final DEP permitting approval.

Sturgis also said that he's anticipating a proposal and a presentation at the November Town Council meeting by Tilson Technology regarding the town's wireless infrastructure project that's consistent with the council's goals of improving the town's goals of communications infrastructure.

Also of note, the Community Services

"Trunk or Treat" event will be held on Friday, October 27.

Item #121-2023 Well, LLC DBA The Well at Jordan's Farm Liquor License Renewal

Councilor Penny Jordan recused herself from the motion. Councilor Caitlin Jordan moved to accept the motion to renew the liquor license for The Well at Jordan's Farm. The motion was seconded by Councilor Boucher. With no discussion, the motion passed unanimously.

Item #125-2023 Acknowledge Receipt of the Housing Diversity Study Committee Status Report July-September 2023

The council acknowledged receipt of the Housing Diversity Study Committee report from July 2023 through September 2023. The motion was moved by Councilor Boucher and seconded by Councilor Noonan. The motion passed unanimously without

-see TOWN COUNCIL page 8

CEPD implements Blue Envelope Program

By Marta Girouard



Contributed photo

After reading about the Blue Envelope Program implemented in neighboring states, Sergeant Kevin Kennedy recently brought the program to the Cape Elizabeth Police Department.

Born and raised in New Jersey, Sergeant Kevin Kennedy reads articles online to keep up with the news "from home." Earlier this year, he read an article about the Blue Envelope program which began in police departments in Connecticut in 2020 and has since made its way to police departments in New Jersey and New York. Sgt. Kennedy recently implemented the program in the Cape Elizabeth Police Department.

The Blue Envelope program is designed to enhance communication between a police officer and a driver with Autism Spectrum Disorder (ASD) or a similar diagnosis where a driver may become nonverbal and/or anxious if involved in a traffic stop or accident.

Upon contact with a police officer, the driver can hand over a Blue Envelope which on the back flap reads, "Driver Is On The Autistic Spectrum" with a check box for verbal or non verbal. Inside the envelope the officer will find photocopies of the driver's license, registration and insurance as well as emergency contact information. There is also a list of reminders for the driver, which

include keeping their hands on the steering wheel during a traffic stop or making them aware they may be seeing bright flashing lights or hearing a police radio. The back of the envelope has reminders for the officer of symptoms the driver may be exhibiting due to their diagnosis. It is suggested that the name of the driver, or how they would like to be addressed, is written on the outside of the envelope.

"This is an important program to bring to Cape Elizabeth PD to show our support and understanding to those members of the community, as well as to their loved ones, who have autism or a similar diagnosis," said Sgt. Kennedy. "All officers of CEPD receive training in working with those with autism. This will only help to make that good relationship even stronger than it already is now. I have a step grandson who has autism, and I'm a police officer. I know how important the combination is of trust and understanding."

Sgt. Kennedy worked on the program for

-see BLUE ENVELOPE page 6

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 The mission of The Cape Courier is to foster a sense of community by presenting news specific and unique to Cape Elizabeth and its residents, and, whenever possible, to promote volunteerism within our community.

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 Letters should not exceed 250 words. We reserve the right to refuse letters and to edit for length, accuracy, clarity and civility. We do not withhold names and writers may be limited to one letter per month. Petition-style letters will be declined. Letters reflect the opinion of the author, not The Cape Courier. Email letters to: editor@capecourier.com or mail to P.O. Box 6242, Cape Elizabeth, ME 04107. Please note: Letters will be acknowledged by email.

NEXT ISSUE: Nov 8
DEADLINE: Noon, Oct 27

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'Faceless organizations muddy transparent dialogue'

Full-page political editorials paid for by faceless organizations muddy transparent dialogue in our town. I suggest the Courier's Board require an individual point of contact for all paid political messages.

I highly encourage fellow citizens to pay for their Courier subscriptions so this vital non-profit institution is less dependent on advertising revenue.

Andrew Hickok

-see more
LETTERS TO THE EDITOR on
 pages 5 and 7

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Let us hear from you! 

We love feedback!
 editor@capecourier.com

'Proudly supporting' Thompson

Over the last fifteen-odd years of active involvement in a variety of capacities in this community, I've always tried my best to advocate for what I perceived to be the long-term best interests of the town as a whole.

In the process of interacting with our local government on topics ranging from short-term rentals to advocating for academic excellence in the schools to the Comprehensive Plan to the creation of the Shore Road Path, one lesson I quickly learned is that whether one agrees with a town councilor on a particular issue is of secondary importance. What matters most is that a town councilor be diligent,

smart, honest, empathetic, and willing to consider with an open mind the best interests of the entire town when making decisions.

Although I have not always agreed with Tim Thompson on all issues in town, he has always impressed me as someone who embodies each of the traits I cherish. In fact, I am hard pressed to think of anyone in town I would want on the Town Council more. For these reasons, I am proudly supporting Tim Thompson for Town Council this November.

Chris Straw

Anderson 'will be a perfect fit'

I would like to offer a letter in support of Stephanie Anderson, a long time town resident who is running for town council. As an attorney I have known her through most of our mutual careers. My firm has worked with her office on the same side for victims, and on opposite sides in criminal court.

The reason why few ran against her during her long career was because of her competence at running one of the largest law firms in the state, the office of Cumberland County District Attorney, who handles annually the bulk of criminal cases in the state of Maine. Her reputation could be described with many adjectives but the best compliment for a person who serves the public is "fair."

At a recent neighborhood get-together to talk with her she expressed the same values and concerns most of us share here in this wonderful town -an excellent school system, safe police and fire protection, conservation of open space and one of the world's finest parks, and citizen well being over profits.

Has anyone demonstrated any of these interests before on the Cape Elizabeth Town Council? Absolutely, because I have watched on television, appeared in front of, and read about ours for over 30 years! There have been so many capable and competent town councilors. She will be a perfect fit.

Ellsworth T. Rundlett III

McVeigh and Voltz have my vote

Late this summer, I was all set to run for the Cape Elizabeth School Board, that is, until I met with both Cindy Voltz and Jennifer McVeigh. As a strong supporter of our schools, students and teachers, I wanted to make sure that these open seats were filled with folks committed to the right things: meeting every student's needs and ensuring our schools have the infrastructure and support they need to provide our students with the very best.

Cindy Voltz is clearly committed to coordinating a thoughtful process around the School Building project, ensuring there is opportunity for public input as well as clear timelines and deliverables. Cindy Voltz's years of project management experience are a tremendous value-add to this process. In my opinion, it's

critical to re-elect Cindy Voltz so she continues her crucial leadership of this project.

Jennifer McVeigh is a strong supporter of every student. As a school psychologist, McVeigh understands the challenges students face and as a result is clearly committed to making tough choices in order to protect the well-being of those students. Diversity, equity and inclusion are key issues for me and I was comforted knowing they matter just as much to Jennifer McVeigh.

I believe in and trust the current School Board, so I am voting to keep our incumbents, McVeigh and Voltz, in office.

Aglae Velasco Shaw

Support for Hurder and Hews

I write in support of Arienne Hurder and Charity Hews for Cape's School Board election.

Much attention has been paid to the Town Council race, but I would like to ask residents - especially older residents concerned about dramatic escalations in property taxes - to carefully consider who they will vote for in the upcoming School Board race.

Since the defeat of the \$116 million school buildings referendum last November, another project is in the works and will soon be presented to voters. The new process is highly transparent and allows for many opportunities for citizen input, including the recent townwide survey commissioned by the School Building Advisory Committee.

Like the resounding result of the failed referendum, the results of the survey could not be more clear. Above all else, it told the

Town Council, School Board and our community that the project's excessive cost was the primary problem.

Despite tears and heartbreaking pleas from community members who were terrified of losing their homes, both incumbent School Board candidates supported that bond. Both now ask for our votes.

With respect, I believe that the incumbents had their opportunity. The \$116 million project they supported unnecessarily threatened cost-burdened Capers - and also represents nearly a million dollars wasted on a process that produced nothing for our schools and Cape's children.

Cape's children, Cape's families and Cape's community deserve fresh ideas and new School Board members. I will vote for, and wholeheartedly support, both Arienne Hurder and Charity Hews for Cape Elizabeth School Board.

Jeanette Guglielmetti



Stephanie Anderson for Town Council

On November 7, or earlier by absentee voting through the Town Hall, Cape residents will cast their vote and elect two new members to the Town Council and the School Board. This election is important and your voice matters. I hope I have earned your vote for a seat on the Town Council.

You all know that the Town Council and School Board is composed of volunteers who love this community and dedicate their time and hearts to improving our wonderful town. And there are so many other town and school organizations, committees, groups and individuals, both formal and informal, who give untold hours of their time, expertise, and passion to so many areas of our schools and town. Visitors and newcomers often remark on how lucky we are to have such citizen dedication and involvement in every aspect of this great town. So the next time you see someone volunteering—on a sports field, in a classroom, park, trail, garden, or meeting room—please give them your thanks. They help make this town the wonderful community that it is. To all volunteers, I thank you.

Below is just a partial list of the dozens of organizations fueled by generosity and talent:

Beach to Beacon Volunteers	Fort Williams Park Committee
Board of Assessment Review	Family Fun Day Volunteers
Board of Zoning Appeals	Fort Williams Park Foundation
Bottle Shed Committee	High School Parents Association
Cape Community Arena Group	Housing Diversity Study Committee
Cape Elizabeth Education Foundation	Judy's Food Pantry
Cape Elizabeth Historical Society	Middle School Parents Association
Cape Elizabeth Land Trust	Personnel Appeals Board
Cape Elizabeth Lions Club	Planning Board
Cape Elizabeth Music Boosters	Pond Cove Parents Association
Cape Elizabeth Schools Volunteers	Recycling Committee
Cape Elizabeth Sports Boosters Clubs	Riverside Cemetery Committee
Cape Elizabeth Theater Boosters	Rotary Club of South Portland-Cape Elizabeth
Community Services Committee	School Building Advisory Committee
Conservation Committee	Thomas Memorial Library Committee
Diversity, Equity and Inclusion Committee	Volunteer Coaches, preschool to 12th grade
Energy Committee	Multiple Places of Worship

Public service has been the call of my life, and I know that we can come together to address the challenging issues we face. I care about all of the issues facing Cape Elizabeth, and we have big ones: managing property tax increases, creating more diverse housing options, building school facilities that will serve our school community, supporting small businesses, fostering a vibrant town center, and continuing to protect our beautiful parks, recreational trails, open spaces, and working farms that Cape residents cherish.

I feel strongly that an elected official's role is to listen to their constituents and set priorities accordingly. I am an open-minded listener and a practical problem-solver. **I would be honored to have your vote on November 7th or earlier by absentee voting through the Town Hall.**

Sincerely, Stephanie Anderson

Capetoon: Pumpkin spies

By Jeff Mandell



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Jennifer McVeigh seeks re-election to School Board



Contributed photo

Jennifer McVeigh is seeking re-election to the Cape Elizabeth School Board.

(Press release) - Jennifer lives in Cape Elizabeth with her husband and two children. She is a school psychologist with 14+ years of experience in public education and is running for re-election to the school board because she feels her work is not yet complete. She has served on the school board for three years in the roles of finance and policy chair and as a member of various committees. Jennifer ran for public office knowing it would be an uphill battle with the COVID-19 pandemic. During that time, the district added nursing, mental health and interventionist support to student and staff needs. As with many districts, progress toward long-term goals took a back seat to address COVID necessities but is now back at the forefront.

The district has a strong leadership team and is making great strides toward its strategic goals. During her term, the

district has crafted a fiscally responsible budget year after year, approved positions that promote multiple pathways to success through extended learning opportunities, successfully negotiated contracts to retain and attract quality personnel, supported the pre-kindergarten initiative and thoughtfully considered information and data presented, to inform decision-making at a high level.

Jennifer is committed to excellence in public education, ensuring students are given the education and support necessary to be successful and meet post-secondary aspirations. She offers a collaborative, solutions-focused mentality to promote and progress the high-achieving school district Cape Elizabeth expects. What makes Jennifer want to continue to serve and give more is celebrating students month after month as the board honors the many successes of students in their academics, sports and curricular and extracurricular activities.

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Letters to the Editor continued

Grymek 'deserves your vote'

As we approach the November election of Town Council members, Cape is at an inflection point in its development. Difficult issues abound for the council: school construction, affordable housing, longer term fiscal management and financial planning, and more. It is crucial that going forward the council be populated by members who are collaborative, extremely hard-working and representative of the main constituencies in town, particularly younger families with school age children. It is not a volunteer activity for the faint of heart.

I encourage Cape voters to consider carefully the candidacy of Matt Grymek, who meets these criteria perfectly. He has a

varied and valuable career and educational background, two kids in our school system and well developed views on our educational needs, a keen understanding of organizational development and management and an astonishing work ethic. He is really representative of the portion of our Cape population which is the future of our town, and which is and has been under-represented on the council. Matt will be campaigning actively, and seeks your input and ideas – give him a listen, and if you like what you hear, he deserves your support and your vote.

Peter Curry

'Your voice is needed'

Back in July, the Town Council accepted my offer to work with the town's attorney to determine what minimal changes Cape Elizabeth needs to make to its zoning laws to come into compliance with Maine's new housing law, LD 2003. Since then, I reviewed the law and discovered that it provides municipalities with a broad array of neighborhood protections and that our current ordinance in fact requires few substantive changes.

The proposal now on the table, endorsed by the Town Council's Ordinance Committee and created by the Town Planner, violates the committee's promises to limit changes to those required by the new law. It is now widely acknowledged that the committee's proposals include sweeping changes that will remove neighborhood protections and fundamentally change the character of our residential neighborhoods.

Here are just 3 examples.

First, their proposal eliminates existing multiplex (townhome) regulations to allow for much higher density apartment buildings in residential neighborhoods.

Second, their proposal allows single family homes to be torn down and replaced with four unit buildings. Neighbors to 116 properties throughout town could find themselves suddenly with large, multi-unit buildings next door.

Third, their proposal does away with site plan review requirements, which enable neighbors to have a say in what gets built next door, so as to facilitate the construction of multi-unit buildings.

None of this is required by the law. In response, I have submitted a counter proposal that is designed to best protect Cape's neighborhoods. Your voice is needed to maintain managed growth in Cape.

Timothy Reiniger

In support of pesticide ordinance

Please join me in voting yes for the Cape Elizabeth Residential Pesticide Use Ordinance on November 7th.

I worry about pesticides my grandchildren could be exposed to. They are active kids. They dance around and get down in grass and shrubbery.

Pesticides are poisons. They have long-term toxic effects on humans and other living things, including pollinators and marine and aquatic life. The EPA does not require testing for these long-term effects. Nor do they test for effects on children. Children in families that use pesticides have higher rates of cancer.

The EPA pesticide registration process is not designed to assure safety. EPA specifically prohibits claims as to the safety of a pesticide or its ingredients, whether or not used according to label instructions.

Instead, EPA balances risks against ben-

efits. And they count pesticide company profits on the benefits side.

While there are cases where benefits do outweigh risks, there is absolutely no benefit to using pesticides on home lawns and gardens – and there are many risks.

Both the US Cooperative Extension and the Maine Board of Pesticides Control promote organic home lawn care.

Residential lawns are close to each other. Pesticide application and drift expose neighbors with health and other issues. And these pesticides may be harming my sweet innocent grandchildren not just today but over their lifetimes.

I have worked in and taught environmental policy in Maine for 50 years. This is from the heart.

Please help get out the vote in support of the pesticide ordinance.

Nancy Ross

'The time is now for action'

As consultants for the state and our town pump out reports about the housing crisis, one thing we can do is build between 78 and 196 affordable new homes on the 22 acres of land that is zoned for multiplex housing at Gull Crest, nestled in woods in the heart of Cape Elizabeth.

The world is on fire. Our local battle about where lines should be drawn because of LD 2003 rages on. Passionate discussion about increasing density, tinkering with zoning, and removing regulatory barriers is happening - and that's good - but people can't live in surveys, forums, reports and "debates" on Facebook.

What will make developing a new Cape neighborhood for our workforce, kids and seniors on Gull Crest "affordable" is (1) our

unique ability to bond the cost of the road over 30 years because we own the land, and (2) the ability of the new owners/renters earning between 80% and 120% of the area median income to contribute to the cost. Financing for the development is readily available.

The next steps are simple and will be decisive. First, we need the cost of developing a road described in the Gull Crest Affordable Housing Feasibility Report to maximize density under existing law. Then, the cost of the bond to pay for the road can be put to the voters. If the bond passes, we put out an RFP for housing and get to work.

The time is now for action. Let's walk and chew gum and house people.

Cynthia Dill

Cape Elizabeth - Your VOTE is critical this November!

In Cape Elizabeth, there is no such thing as an off-year election. Every November, we elect at least two Town Councilors and two School Board members. Both the Town Council – and Cape's School Board – have had a significant impact on **each and every one of our lives** over the past few years. From extended school closures during the pandemic to arguments over paper streets... then the zoning amendments and school bond issues... there has been a clear and ongoing disconnect between the views of our community and the votes of our Town Council and School Board.

In just the past two years...

- The Town Council passed the controversial set of Town Center Ordinance Changes that were rejected by Cape's voters.
- The School Board – and the Town Council – passed the massive \$116 million school building project. That proposal too, overwhelmingly rejected by Cape's voters.
- Since learning of the town's lawsuit against the Lumberly, and in spite of widespread public support for the small business and its owner, the Town Council has now twice refused to vote to dismiss it.
- The Town Council is on the verge of passing an even more controversial and devastating set of zoning ordinance changes affecting Cape's neighborhoods, asserting each proposed change is required by state law – a demonstrably false claim.

The ongoing disconnect between our community and our elected officials is very real, and very concerning. We've helped uncover the lack of transparency in our town's decision-making (the Lumberly lawsuit was kept quiet for nearly a year!) and have not backed down from pointing out the difference between "allowed" and "required" regarding zoning changes. Yet, there are certainly still discussions behind the scenes where those who have power are making decisions that impact **YOU**.

In fact, instead of listening to our community's unambiguous feedback, many of our leaders are now actively attributing their policy failures to public relations miscues. They are now, on your dime, bringing in out-of-town public relations professionals to sell their agendas– describing it as "Twenty-first century communication." Really.

Who we elect to serve on the Town Council and School Board matters. Cape Neighbors Alliance is a very diverse group that agreed from the beginning we would not take sides when it comes to endorsing any particular candidates. But, we certainly encourage you to take time to meet with candidates to learn who believes in transparency in decision-making, and who intends to push forth an agenda based on their personal views. Please take the time to research them, and then... **VOTE!**

What is the Cape Neighbors Alliance?

We are a group of Cape citizens who believe that good governance happens when our community is heard, our government's processes are transparent, and personal agendas are set aside. We intend to stand with our neighbors and our community to ensure this vision becomes reality.

Checks stolen from local business

Reported by Marta Girouard

PUBLIC INFORMATION

- 9-25 An officer met with a resident of the Bowery Beach Road area who had found some money in the Crescent Beach area and turned it in
- 9-26 An officer met with a resident of the Shore Road area regarding a family disturbance.
- 9-27 Two officers responded to a residence in the Shore Road area for a well-being check.
- 9-27 An officer met with a resident of the Old Ocean House Road area who advised that someone had used his personal information to apply for a loan and open several accounts.
- 9-27 Two officers responded to a location in the Ocean House Road area for a well-being check.
- 9-29 An officer spoke with the owner of a local business who advised that several checks had been stolen from the business and one had been cashed, possibly by a former employee.
- 9-30 An officer met with four teenagers who turned over a damaged cellphone found at the Pond Cove Shopping Center.
- 10-1 An officer met with a resident of the Shore Acres area regarding a criminal

mischief complaint.

SUMMONSES

- 9-26 Cape Elizabeth resident, operating with an expired license, Ocean House Road, \$152
- 9-26 South Portland resident, speed (60/45 zone), Bowery Beach Road, \$170
- 9-26 South Portland resident, failure to produce insurance, Scott Dyer Road, \$186
- 9-29 South Portland resident, operating vehicle while using a handheld device, Shore Road, \$85
- 9-30 Old Orchard Beach resident, unregistered motor vehicle, Route 77, \$85

JUVENILE SUMMONSES

- 9-26 Cape Elizabeth resident, speed (47/30 zone), Mitchell Road, \$170
- 9-28 Cape Elizabeth resident, speed (59/30 zone), Shore Road, \$278

ACCIDENTS

- 9-26 Harold Young, Bella Carver Bella, Cape Elizabeth High School
- 9-26 Abraham Smith, Tully Haydar, Mitchell Road

FIRE/RESCUE CALLS

Fire calls: 5; EMS calls: 18

Blue Envelope

Continued from page 1

months by communicating with the police chief and a sergeant in the Morris Township (New Jersey) Police Department to learn more about their Blue Envelope Program. He also worked with a local printer on the design of the envelope and enclosure material so that it is unique to the Cape Elizabeth Police Department. The envelope and enclosures are available in the police department lobby and from officers on patrol as well as from the town's Community Liaison and School Resource Officers. The Blue Envelope Program is not restricted to just Cape Elizabeth residents or families; anyone is welcome to have a Blue Envelope regardless of what town they live in.

Sgt. Kennedy has been with the Cape

Elizabeth Police Department for 35 years and was hired after graduating from the University of New England. He feels that the police department's connection with the community is stronger now than it ever has been before. "How we can continuously improve is important. I also implemented the pet oxygen masks that are kept in a cruiser in case of a fire/heat or trauma emergency which I was happy to bring aboard. We are only one of a few departments in the state that carries pet oxygen masks in a cruiser. We are also, as far as I know, potentially the first police department in the state to have a Blue Envelope Program," said Sgt. Kennedy. "As I am in the twilight of my career, I can look back and think that I joined my fellow officers in bringing another good piece to the CEPD."

Scam alert bulletin board

By Jessica D. Simpson

Cyber Security Awareness Month

The month of October was declared by Congress in 2004 to be Cybersecurity Awareness Month. During each October, the public and private sectors and tribal communities work together to raise awareness about the importance of cybersecurity. Here are four important steps to staying safe online.

First, enable two-factor authentication for logins on all websites that offer it. When you sign into the website where this is enabled, you are provided a one-time passcode by text, email or phone to complete your sign in. Second, make sure your protective software and operating systems – on all your internet connected devices – remain updated (you can set updates to happen automatically as they become available). Next, understand the risk of clicking on links – any links. Many cyber-attacks start with a phishing email or text containing a malicious link. Lastly, use strong and unique passwords for each website you access and store them securely.

Medicare Data Breach

Last month Medicare announced that one

of their contractors had been hacked and the personal information of 612,000 Medicare beneficiaries was stolen. The security breach put Social Security numbers, birth dates, driver's license numbers, health insurance claims, medical history notes, prescription information and other personally identifiable information at risk. Anyone whose information was compromised in the breach will be notified by Medicare and offered two years of free credit monitoring. However, even if your data weren't stolen, this incident reminds us all of one stark reality – we have little control over much of our personal data.

So many companies and government entities have our personal data and so many have been hacked in the past that the most practical thing for people to do is assume that your information is out there and take the necessary precautions. Two things you can do to protect against ID fraud are to check your credit reports regularly for suspicious activity (www.annualcreditreport.com), and be sure that you are using strong and unique passwords for all websites and storing them securely.

CEHS Senior-to-Senior program seeking those who need a hand

Cape Elizabeth High School's Senior-to-Senior community service program wants all Cape Elizabeth senior citizens to know that help is available.

A senior citizen feeling overwhelmed by leaves piling up, or who needs their yard done, or some heavy lifting in the house can reach out to the CEHS Senior-to-Senior program and they can be set up with a group of willing high school se-

niors who will come over to help.

Those interested should email either: kierith.gentilini@capeelizabeth-school.org or laura.giacobazzi@capeelizabeth-school.org or text either: (207) 245-2797 or (207) 535-7687

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Cynthia Voltz seeks re-election to School Board



Contributed photo

Cynthia Voltz is seeking re-election to the Cape Elizabeth School Board.

(Press Release) - School Board member Cynthia (Cindy) Voltz, is seeking re-election to the Cape Elizabeth School Board.

Cindy brings a wealth of experience and a deep understanding of Cape Elizabeth schools and the community to the board. She has two children who attended Cape Elizabeth schools; her youngest is currently a Senior at Cape Elizabeth High School and her

oldest is a 2019 CEHS graduate.

She has professional experience in the technology and banking industries, with expertise in risk management and a focus on thoughtful planning, clear communication and steady leadership. These skills have been an asset to the School Board over the past three years as the district built a new administrative team and navigated through the

aftermath of the Covid-19 pandemic.

During her first term on the School Board, Cindy has been an active and dedicated member, contributing her expertise to multiple board committees, including Finance Committee, Policy Committee, and Technology Advisory Committee. She also served as the Board PATHs representative, supporting the school department's work to expand educational pathways and learning opportunities for Cape Elizabeth students.

Currently, Cindy Voltz serves as co-chair of the new School Building Advisory Committee, working alongside Town Councillor Penny Jordan. In this capacity, she is dedicated to developing a plan that addresses

the aging school facilities in Cape Elizabeth while remaining sensitive to the financial impact on taxpayers. Cindy adds, "I am proud of the work of the SBAC and the partnership Penny and I have developed, which leads to a strong collaboration between the Town Council and School Board."

Cindy recognizes the importance of public education in our community and is committed to ensuring we have the resources and infrastructure required to provide an inclusive education for all students to prepare them for a successful future.

Cindy welcomes feedback and questions from the community. She can be reached via email at cindyvoltz.cesb@gmail.com.

Letters to the Editor continued

TMLF appreciates your support

In this ultra-connected world, actual human contact is dwindling. Two researchers (Viji Diane Kannan, Peter J. Veazie) have recently published a National Library of Medicine study showing the average American's time alone has increased by 17% over the last two decades. This social isolation can have profound impacts on health and longevity but finding ways to close this gap is challenging.

The Thomas Memorial Library has been growing its ability to fill this isolation gap through programs and services. During October, the library hosted on average 15 in-person programs per week. Some notables are Maine Wildlife Series, The Human Library, Journeys: Concert & Sound Bath, and the Modernistics Concert.

While the town is financially responsible for the library, many of its programs and services are supported by donations from citizens of Cape Elizabeth via the Thomas Memorial Library Foundation. The mission

of the Foundation is to raise private funds to help the library support programs, build community, encourage small businesses and provide educational opportunities for people of all ages.

Our Library Director Rachel Davis and her dedicated team are working tirelessly to help our community take advantage of all the library has to offer. We encourage our Cape citizens to visit and learn about this wonderful resource.

To learn more about the Thomas Memorial Library Foundation, follow the TML Foundation link on the library homepage. If the library is helping someone you know please consider donating to ensure these diverse programs and services continue.

Tyler Patterson
President, TMLF

Arienne Hurder for School Board

Dear Cape Friends and Neighbors, I am running for a seat on Cape's School Board this fall and would appreciate your vote. My family and I have lived in Cape Elizabeth for 10 years and I have two children in the Cape schools.



My goals and priorities as a member of the school board include:

- Ensuring that every Cape student is afforded the high quality education Cape's schools are known for.
- Participating in budget discussions for the school building renovation/rebuild project. Ensuring all Cape citizens feel represented in that conversation.
- Making parent/teacher communication a priority. Encouraging transparency and collaboration in support of students' needs.
- Making students and parents aware of all post high school paths. Discussing options beyond 4 year colleges, such as trade schools and military.
- Bringing more awareness to the issue of bullying. Ensuring that every student in the district feels safe when they come to school.
- Encouraging an ongoing dialogue around curriculum and teaching methods to ensure Cape's students benefit from the highest quality education possible.

Town Council

Continued from page 1

discussion.

Item #127-2023 Recommendation from the School Building Advisory Committee Regarding Architectural Design Services

The School Building Advisory Committee recommended the hiring of Harriman architectural firm for the design of the new school building projects. The School Building Advisory Committee met with the School Board recently to review the proposal from Harriman and the recommenda-

tion came unanimously to the council for approval. The motion was moved by Councilor Penny Jordan, seconded by Councilor Noonan and passed unanimously with no further discussion from the council.

Item #128-2023 Recommendation from the School Building Advisory Committee Regarding Communication Services

The School Building Advisory Committee recommended the hiring of CESO Communications as a consultant for the new schools project.

This recommendation to hire is to ensure

that citizens are aware on an ongoing basis of all the work the School Building Advisory Committee is doing, along with the architect firm, and the owner's representation. The need and desire for effective communication "came out loud and clear" through the town's public survey. CESO Communications will provide content and direction on all communications relating to the new schools project.

Both Councilors Gillis and Reiniger had questions relating to the need of hiring a communications consultant, with Reiniger saying he's "not a fan of spending money on a communications professional."

Councilor Boucher responded by saying it would be "irresponsible to spend \$700,000 of taxpayer money without adequately informing them" of what was happening in relation to the funds and the project. Councilor Penny Jordan, in agreement with Boucher, shared that "communication clarity is an integral part of what we do." The motion passed with a 5-2 vote.

Item #129-2023 Proposed Amendments to the Zoning Ordinance Relating to Outdoor Storage and Display

Mary Costigan, Town Attorney, shared some recommended changes relating to the Lumberly settlement discussion. She said in order for the Lumberly to move forward and get their property in compliance, it was necessary to see if the Council is amenable to proposed ordinance changes made in collaboration with the Lumberly's attorney.

Costigan shared the proposed changes as the following: an increase in the allowed outside storage from 1x the square footage of the business's property to 2x the square footage; clarifying that "storage" and "displays" are two separate concerns and have different criteria; including new language to clarify that these limitations are for outdoor storage only and does not apply to retail displays and that any displays would be additional to the square footage limitations for storage.

Mike Friedland, co-owner of The Lumberly, shared with the Council that it "relieves stress" that with these proposed changes to the ordinance he won't need to specify which items are for storage on his site plan. He suggested that there be a tool for applicants to be created that would allow for minor changes to a site plan that would have "no bearing" on other items on the site plan, stating that "applying for a site plan amendment is time consuming and expen-

sive" for applicants.

The motion to send proposed amendments to the Ordinance Committee was moved by Penny Jordan and seconded by Caitlin Jordan and was passed within the council.

Vote to Remove Item #116-2023 From the Table - Request from the Cape Arena Group Regarding Electricity Expenses

Scott Liston, representative of the Cape Arena Group, shared with the council that the Arena had 270 hours of open skate to the public last year as well as 100 hours of hockey programs for Cape Elizabeth citizens. With the rink rental fee of \$250 per hour, he said the Arena effectively "gave back to the community \$67,000" of free skate time and another \$25,000 from the hockey programs. He also shared that the two biggest expenses for the Arena are the chiller, a \$16,000 per month expense, and their electricity bill. He said that with the town's financial assistance of paying for the electricity bill will help free up funds for their next goal of purchasing a permanent chiller, eventually freeing up that \$16,000 per month expense. He said that with this assistance, it would be a "big help to focus on fundraising."

Liston also shared that Cape Arena Group has already been raising money for their next steps of improving the Arena and that a couple local businesses have already elected to sponsor a couple Friday night Open Skates for the public.

Cape residents Al Roman, Mary Ann Lynch, Jessica Sullivan and Tom Dunham agreed with each other that the town shouldn't be paying the bills of a private company and that the Arena should be asking for assistance during the regular budget season in the spring.

After some discussion between Councilor Reiniger and Councilors Penny Jordan, Caitlin Jordan and Boucher, Councilor Caitlin Jordan made a motion that Cape Elizabeth will take on the electricity component of the Arena from the supplemental appropriations funds for up to \$35,000. The motion was seconded by Councilor Penny Jordan and passed with a 6-1 vote.

It was a general consensus within the council that although the Arena is a separate non-profit organization from the town, that the Arena is providing a great service to its residents, free of charge, and not unlike other resources in town such as the pool and pickle ball courts that do charge a fee to residents.

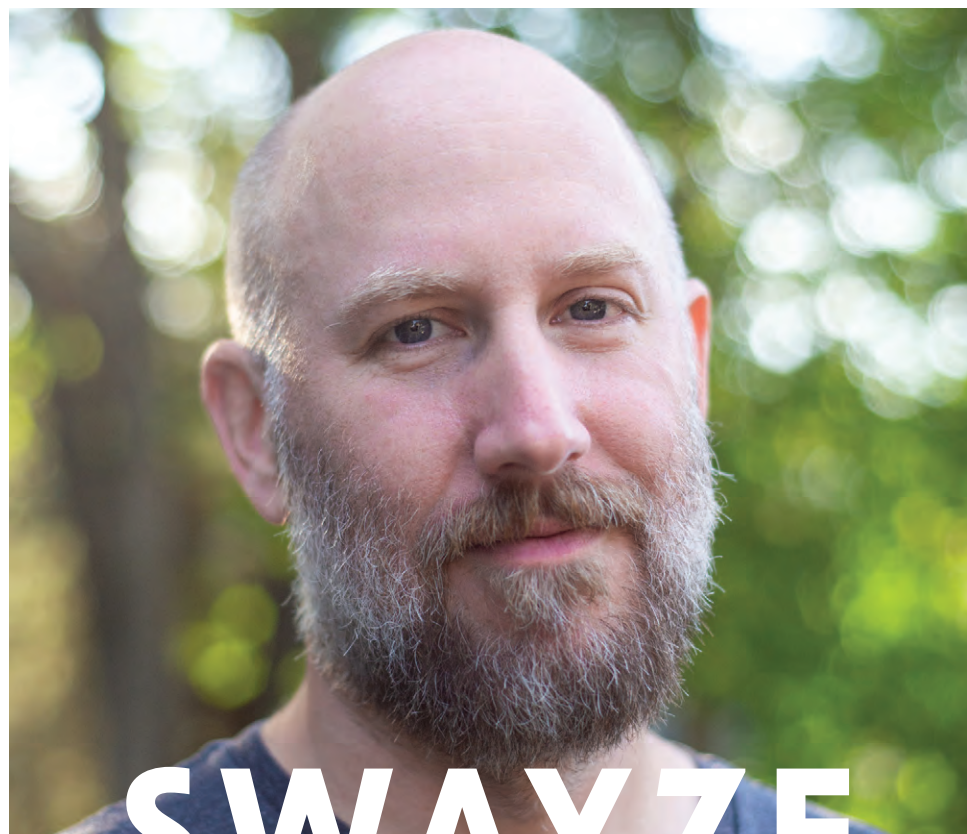
Item #130-2023 Ordinance Committee Status Report and Next Step Recommendations Relating to LD 2003

A motion was introduced to set up a Town Council workshop on November 1, and a public hearing followed by a Council vote during the November 13 Town Council meeting.

Councilor Reiniger asked the other councilors to consider moving the vote to December to give more time for discussion after the November public hearing. Councilor Boucher responded by saying "there's no reason not to have it in November. Just say that you don't want the two people leaving the Council to vote on this." Councilor Penny Jordan added "I think it's time to put it to rest."

Reiniger then asked why the Greater Portland Council of Governments was paying for the communications consultant for the Cape Elizabeth public forum on the LD2003 issue, saying that he was "troubled by the appearance" of the CPCOG having an interest in the housing market and also influencing the town's "competing visions"

-see MEETING page 14



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SBAC announces public forum with Harriman architects

The School Building Advisory Committee (SBAC) of Cape Elizabeth invites residents to a “Meet the Architects” Public Forum on Thursday, November 16 at 6:00 p.m. at Town Hall. Harriman will be introduced as the architectural and design firm selected to lead Cape Elizabeth’s new school building project.

The selection of Harriman followed a two-month process which included a public request for proposals and careful consideration of firms from across New England. The SBAC was guided through the process by the owner’s representative team from Turner Townsend Heery. After narrowing the choices down to four final candidates and conducting thorough interviews with each, Harriman was unanimously recommended by the SBAC, and subsequently approved unanimously by the Town Council and School Board.

Why the SBAC Unanimously Selected Harriman

The SBAC unanimously recommended Harriman based on their extensive expertise in managing challenging building projects across Maine, especially in the educational realm. Harriman’s established history of developing functional and sustainable learning environments, along with their skill in navigating the unique challenges of local building projects, instilled confidence in the SBAC. Harriman’s commitment to transparent, collaborative processes and their ability to balance innovative design with practical, cost-effective solutions closely aligns with the SBAC’s values and aspirations for the Cape Elizabeth school projects, ensuring a partnership that prioritizes both quality and community involvement.

Meet the Architects Public Forum

What: Meet the Architects Public Forum
When: Thursday, November 16 at 6:00 p.m.

Where: Town Hall

Who: All interested Cape Elizabeth residents

A Glimpse into the Future of Cape Elizabeth’s School Buildings

Harriman will introduce the project team and detail the forthcoming process, which, over the next several months, will lead to the development of various conceptual designs, set to be shared with the public early next year.

The SBAC is deeply committed to a transparent, inclusive and collaborative design process. Therefore, following the presentation, attendees will have the opportunity to engage in a Q&A session. This forum is an excellent opportunity to gain insights, share views and ask questions directly to the team designing the future learning environments of our community.

About the Cape Elizabeth School Building Advisory Committee (SBAC)

The SBAC is a joint ad hoc advisory committee of the School Board and the Town Council, formed in March 2023. Its mission is to create a strategic, cost-effective plan to address the school building needs of Cape Elizabeth. The SBAC’s work is focused on thorough assessment, comprehensive community outreach, and the development of a plan that serves the needs of students, educators, families and the community.

For more information, please visit the committee website: <https://www.cebuildingproject.com>.

CCAG launches Friends of the Rink campaign

By Jay Brandeis
CCAG Founding Member

Town Council voted on October 11 6-1 to allow the Cape Ice Rink to be added to the town’s Municipal Power Bill. Cape Community Arena Group (CCAG), the 501(c)3 behind the Cape Ice Rink at Gull Crest last year and the rink behind Town Hall the previous two seasons, told the town that it would cost the group 4x per kWh compared to the town’s rates to procure power on it’s own. Last year the Cape Ice Rink operations were funded by a single donor and provided the community 270+ hours of open skate and 430+ hours of total community ice time in 2022-2023. The

goal for this year is to provide the rink for skating in early December 2023 and to stay open through early March 2024, weather depending.

In order to deliver another successful season, donor funding is a critical complement to expected rink revenue. As a fun and easy way to donate, CCAG recently launched its Friends of the Rink campaign, with the goal of engaging the Cape community - both individuals and businesses - in supporting open skate and other programming. Donations of any size are welcomed and greatly appreciated! If interested, please visit the following link: <https://givebutter.com/FRKpFU>.

CHARITY HEWS FOR SCHOOL BOARD



Dear Cape Residents,

My name is Charity Hews. I am running for school board and would appreciate your support in the upcoming election!

As member of the board, I pledge to:

- Be responsible with your tax dollars, while committing to maintain academic excellence
- Listen to ALL community members, and value your feedback
- Advocate for ALL students and their families
- Promote ALL pathways beyond high school equally
- Foster greater collaboration with the community

I would appreciate your vote on November 7th!

Paid for and Authorized by Charity Hews for School Board

Let's talk recycling: Hazardous and electronic waste

A feature brought to you by the Cape Elizabeth Recycling Committee. Email your questions to jay.reynolds@capeelizabeth.org.

Q. I've got old gasoline, paint and electronics to dispose of – can I bring those to the Transfer Station?

A. Some things, like paint and old electronics, can be dropped off at the Transfer Station anytime (some fees may apply). The town of Cape Elizabeth is also holding a household hazardous waste collection event on Saturday, November 4, from 9 a.m. to 1

p.m. at the Public Works Building on Dennison Drive. During this event, town residents can bring gasoline, solvents, pesticides, herbicides, kerosene, drain cleaners, lithium and Ni-Cad batteries, ammunition, fluorescent light bulbs, and pressure-treated wood and dispose of them for free. However, electronics waste will NOT be accepted at this event. You may dispose of old electronics for free during the fee-waived period, which runs from Saturday, October 21 through Saturday, November 4.

Filling stations installed at Fort Williams Park

By Jim Kerney



Photo by Jim Kerney

Riley (pictured with his owner) from North Carolina stops for a drink from one of two new water stations installed at Fort Williams Park.

In an effort to reduce global plastic pollution and to improve the health of guests at Fort Williams Park, two new water stations have been installed in the park. This is the culmination of work initiated by Kara Lavender Law when she served on the Recycling Committee, and by members of the Fort Williams Park Committee (FWPC), to provide better access to drinking water.

With the gracious help of Leland P. Murray Excavators, the first new fountains were installed in July with users lining up to use them even before the installations were complete.

The new water stations come in various configurations with traditional fountains, water bottle filling spouts and on-demand dog bubblers. Due to different demands within the park, several different concepts

are being tested. The first two stations are located at the entrance to the multi-purpose field where our athletes are already taking advantage of the refilling stations, and down by the greeters shed where many of our visitors and their four-legged friends first experience the park.

According to FWP Park Manager Chris Cutter, additional stations will be installed in 2024 pending the successful trial of the winterization and spring recommissioning processes. "They've been a big success" said Cutter, "and should help keep the park safe and clean for our guests".

Kara Lavender Law, a renowned global expert on ocean plastic pollution and professor of oceanography at Sea Education Association (Woods Hole, MA), added, "keeping our oceans clean starts with each of us committing to use less plastic. The first step we can take as individuals is to opt for reuse and refill, rather than buying single-use plastic water bottles. These new stations will enable this model and will create awareness at the individual level for our town and our many visitors."

This project was initially discussed as part of the 2021 FWP Master Plan Update and was included as the #1 priority within the Strategic Map for FWP under the "Healthy and Diverse Community" goal for the FWPC 2022 Goals and Objectives. Additional potential water filling station sites in the park include near the Pond, Children's Garden and Tennis Complex, along the Oak's Promenade and close to the Portland Headlight viewing areas.

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Capers to vote on residential pesticide ban

By Kevin St. Jarre

On Election Day Cape Elizabeth voters will decide the following local question:

Shall an ordinance entitled "Cape Elizabeth Residential Pesticide Use Ordinance," which is summarized below, be enacted?

This ordinance pertains to the pesticide use on residential property. The ordinance prohibits the use of certain pesticides on residential property in the town of Cape Elizabeth. The ordinance also lists those pest management activities and materials that are permitted for use on residential properties. The prohibition on the use of pesticides does not apply to commercial agriculture, non-residential property, interior applications, governmental property, utility rights-of-way, pet supplies, insect repellants for bodily application, rodent control, swimming pool supplies, exterior paints and stains, disinfectants and germicides, or pesticides used to target invasive insect infestations.

Residential property is defined as privately owned property with a principal use as a place of abode. While there is a list of exemptions, as mentioned in the summary above, what is generally prohibited is the use of pesticides for the maintenance of lawns or of cosmetic or ornamental landscaping upon residential properties.

The mention of pet supplies in the summary refers to products such as shampoos and tick and flea treatments, when used according to label directions.

The allowed use of pesticides specifically

targeting the control of invasive insect infestations must only be used to control those insects identified by the Maine Department of Agriculture, Conservation and Forestry, Maine Forest Service as threats to Maine's forests and trees.

There are additional exemptions, listed in detail, in the proposed ordinance which is more than 6 pages long.

At a March 13 meeting, the Cape Elizabeth Town Council referred the proposed ordinance to the Ordinance Committee for review.

The Ordinance Committee reviewed the proposed pesticide ordinance at six hearings, where there was extensive public comment at every meeting. Meeting agendas and supporting materials were posted to the town website in advance. The meetings were video recorded as well.

The committee hosted multiple informational presentations, including from State Horticulturist Gary Fish with the Maine Department of Agriculture, Conservation and Forestry, Jessie O'Brien, member of the Portland's and South Portland's Pesticide Management Advisory Committee, and Chip Osborne, Osborne Organics Inc. and former Chair of the Marblehead, Massachusetts Recreation and Parks Committee.

The Ordinance Committee then submitted the proposed ordinance back to the Town Council in August, and the council voted unanimously to send the question and summary to referendum.

half of the bills, called "transmission and distribution" rates, are what customers pay to use wires, poles and other electrical infrastructure currently owned by CMP and Versant.

In the end, the numbers depend upon whom one asks. London Economics International reported to the Maine Public Utilities Commission that the change could cost ratepayers up to \$118 million during the first decade because of the upfront costs, but LEI said that, over a 30-year period, ratepayers could save as much as \$236 million.

-see CMP page 12

Questions 1 and 3: Replace CMP and Versant with Pine Tree Power?

By Kevin St. Jarre

Voters across the state of Maine will vote on the following state referendum question:

Question 3 Citizen Initiative: "Do you want to create a new power company governed by an elected board to acquire and operate existing for-profit electricity transmission and distribution facilities in Maine?"

If Question 3 passes, it would compel Central Maine Power and Versant Power to sell their assets to a new, nonprofit utility run by an elected board, called Pine Tree Power.

Pine Tree Power take over CMP's and Versant's grids- including the wires, poles and substations. Instead of the utilities being investor-owned, the new entity would be a publicly-owned utility, run by an elected board and a panel of energy experts.

CMP and Versant, and their parent companies, are spending millions of dollars to defeat the move, stating that the costs will be much higher than proponents claim, and that the takeover is sure to get bogged down in court even if it passes.

Proponents say rates will come down, opponents say rates will go up, and the Office of the Public Advocate, a state agency intended to protect ratepayers, was not certain of the potential impact on rates.

Question 3 would have no impact on cost to generate power, which makes up about half of customers' electric bills. The other

Lions Club to host Chicken Dinner on November 11

The Cape Elizabeth Lions Club is hosting their Fall Chicken Dinner on Saturday, November 11 from 4-7 p.m. at the Lions Club, Bowery Beach Schoolhouse, 1 Wheeler Road, Cape Elizabeth.

Cost is \$18.00 for the general public and \$15.00 for all active duty and retired military service members in honor of Veterans Day. Meal includes a half chicken, baked potato, cole slaw and dessert. Non-alcoholic beverages available for those dining in. 100% of proceeds support local charitable organizations.

Meal quantities are limited so please reserve by noon on Friday, November 10 for eat-in dining or take-out by calling Liz at 207-838-6756 or ordering electronically via

lionsclubceme@gmail.com or https://lionsclub-of-cape-elizabeth-maine.square.site or the Lions Club Facebook page: www.facebook.com/capeelizabethlionsclub

Walk-ins are welcome pending availability. Cash, checks and credit cards accepted.

Judy's Pantry- a community feeding itself

Judy's Pantry operates at the Cape Elizabeth Methodist Church on the second and fourth Tuesdays of each month from 3 - 4:30 p.m. Prior registration is necessary. Please contact Beth Owens: bethowens1@gmail.com.

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Excellent schools, Fort Williams Park (home to the most photographed lighthouse in the country), Crescent Beach State Park, Kettle Cove, large agricultural farms, fresh lobsters sold year round and so much more!

The real estate market continues to evolve with changes for buyers and sellers. I look forward assisting clients in either category.

My career spans over 38+ years and to be at RE/MAX Oceanside is truly like coming home.



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Cape Elizabeth Residential Pesticide Use Ordinance

Join Neighbors, Parents, Grandparents, Beekeepers, Pet Owners, Gardeners, Doctors, Farmers, Fishermen, Lawyers, Environment and Policy Professionals, Cancer Survivors, and Other Community Members

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- Carola Airaghi
- Janet Anker
- Lynn Bailets
- Sarah Bischoff
- Benjamin Bornstein
- Jeremy Bowman
- Tom Brady
- Kate Brandeis
- Richard (Nick) Bryant
- Michelle Buckley
- Anne Carney
- Christopher W Cary MD
- Mary Anne Cary
- Deborah Cavanaugh
- Austin Chadd
- Mary Ellen Chadd
- Jan Chapman
- Anne Coates
- Scott Collins
- Jeff Davis
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- Janet Eckler
- Paul Eckler
- Stephen Eppinger
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- Rebecca Obenhaus
- Stacy Obenhaus



- Beth Owens
- Tony Owens
- Susan Payne
- Deborah Peck
- Alina Perez
- Rachel Perry
- Vera Pevny
- Nancy Rallis
- Doreen Rockstrom
- Megan Rogers
- Jessica Rosenthal
- Nancy Ross
- Jeff Saffer
- Susan Saffer
- Doug Sargent
- Marilyn Sargent
- Doug Sawyer
- Louise Sullivan
- Dr. Richard Sullivan
- Martha Sutro
- Jonathan Swartz
- Jim Toulouse
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- George Viles
- Jim Wasserman
- Tricia Wasserman
- David Wennberg
- Ashley Wernher-Collins
- Nancy Witwicki
- Tom Witwicki
- Bruce Zimmerman



HEALTHY YARDS - HEALTHY CAPE

CMP

Continued from page 11

Other estimates say that ratepayers would actually save more than \$850 million over that 30-year period.

However, CMP parent company Avangrid, hired Concentric Energy Advisors for a cost analysis, and they reported it would not save, but cost, ratepayers \$4.7 billion over those 30 years.

How much will the actual takeover cost? Pine Tree Power has around \$5 billion, but opponents say it'll run \$13.5 billion or more.

Governor Janet Mills has stepped into the fray, which she usually does not, saying in a podcast that she is "pretty concerned about Question 3..."

Mills said that the move "will cost Maine people as much as \$13.5 billion in borrowed money. That's more than the entire biennial budget for the State of Maine. And can you imagine the interest payments on \$13.5 billion?"

She also pointed to "independent analyses" that "the cost of electricity would likely increase in the short-term and another increase in rates is not what we need."

Mills also said, "...Question 3 creates a governing board of elected individuals - in other words, politicians, with no particular credentials. Electing people only injects a level of politics and partisanship into the delivery of our electricity. That's the last thing we need, and, hey, I'm talking as a politician."

The third concern that Mills said she had was, "Because Question 3 is a hostile takeover of our utilities with eminent domain, we are guaranteed to go to court and to be tied up in litigation for years, if not decades... [and] threatens to set back the progress we are making in modernizing the electric grid to achieve clean energy goals and address climate change."

Maine State Senator Rick Bennett, who represents western Maine, says he will vote "yes" to have Pine Tree Power take over from CMP and Versant. He said, "As a Maine business owner for over 30 years, I'm very worried about our electric grid being owned by foreign governments..."

CMP, according to an ad featuring the senator, is owned by a Spanish company, and Versant is owned by the city of Calgary in Canada. He went on to say that CMP and Versant are raising rates, year after year, and "the service keeps getting worse. Pine Tree Power will save us \$9 billion over the next 30 years. It's time to bring our power back home."

In a related question, voters will decide whether or not, even if Question 3 passes, that the newly created Pine Tree Power would have to seek voter approval, with yet another vote, before borrowing \$1 billion or more to achieve what would essentially be a hostile takeover of CMP and Versant.

Question 1 Citizen Initiative: "Do you want to bar some quasi-governmental entities and all consumer-owned electric utilities from taking on more than \$1 billion in debt unless they get statewide voter approval?"

Proponents of Question 1 say that it creates a "safety valve," so that if Question 3 does pass, Pine Tree Power doesn't have a blank check to borrow and proceed. Opponents says that Question 1 was put on the ballot by CMP's corporate owner, Avangrid, as one more hurdle.

If Question 3 fails, Question 1 won't matter. If Question 3 passes, and Question 1 passes, Pine Tree Power will be formed, but will have to go to voters again before borrowing \$1 billion or more. If Question 3 passes, and Question 1 fails, Pine Tree Power will be formed and will be able to borrow without asking voters for additional approval.

Cape Elizabeth's polls open at 7:00 a.m. and close at 8:00 p.m. at Cape Elizabeth High School gymnasium on November 7.

ADVERTISEMENT

Voltz has 'Proven Experience' on Cape Elizabeth School Board

Serving on Cape Elizabeth's School Board requires striking a careful balance between the needs of the over 1,500 kids who attend our schools, the desires of thousands of parents who send their kids to learn and be safe, and the staff who dedicate their careers to educate our kids. This is difficult work, and Cynthia (Cindy) Voltz has proven experience dedicating her time, energy, and thoughtfulness to ensuring this balance continues to be met.

Cindy Voltz's current School Board experience includes attracting exceptional leadership to Cape schools, while also fostering a high performing, sustainable school system that meets the needs of the broader community in a fiscally responsible manner.

One of the School Board's primary duties is to attract and retain an outstanding leader. Cindy showcased her leadership during the hiring of our first long-term superintendent in years, a dynamic leader who has had an immediate, positive impact on our community. She continues to put in the hard work by co-chairing the School Building Advisory Committee, which is working to find solutions for our aging school buildings. Cindy Voltz has gone above and beyond for our children and our community. We are fortunate she is stepping up to serve again, and I hope you'll join me in voting to re-elect her to the School Board.

Kevin Justh

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MUSIC LESSONS

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Piano lessons for all ages. Beginners through advanced. Sandi Palmquist: 329-8345.

Piano, Voice, Guitar, Ukulele lessons for all ages. Beginner through intermediate. Carey Rasco: 232-7015

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Library

Continued from page 13

Thursday, October 26, 6:30 - 8:30 p.m.

In person at the library

Saturday, October 28, 10:30 - 12:30 p.m.

In person at the library

Local artist Marie Ahearn will help participants craft lanterns from wire, reeds, paper and other materials. All materials will be provided. No experience necessary, just a desire to have fun.

This workshop is offered as part of our grant-funded Community Art Box project. We are planning to have a Lantern Festival on Thursday, November 9 to celebrate the installation of our mini-galleries around the town center. Participants in this workshop are invited to bring their lantern to the festival, share it with others or just keep it at home. This workshop is primarily for adults, but older focused and motivated children and teens are welcome to attend as well. Please register on our website.

NOTE: These are two separate complete workshops. Participants need only attend one session.

Die Well Death Education Session Two: The Normal Process of Dying, with Leona Oceania of Die Well Death Education

Tuesday, November 7, 6:30 - 8:00 p.m.

In-person at the library

In this session we'll be watching and discussing a film that addresses the normal dying process, from months before death through the actual moment of death. It is not necessary to have attended the first session of this series in order to participate.

Individually wrapped, homemade skull cakelets will be provided. Registration is not necessary.

Cape Elizabeth Historical Preservation Society Presents: The Sinking of the USS Eagle 56, with maritime historian Paul Lawton

Tuesday, November 14, 6:30 - 8:00 p.m.

In-person at the library

The longest and most deadly and destructive naval battle in history raged across the Atlantic Ocean for more than five years, from 1939 through May of 1945, with the loss of more than 3,000 Allied and Axis merchant ships, warships and submarines and more than 80,000 lives.

The very last chapter of the epic Battle of the Atlantic took place just off the Cape Elizabeth coast, resulting in the loss of the last U.S. Navy warship, the last German U-boat and the last American flagged merchant ship to be lost in the Eastern Sea Frontier during the war.

Join us as we welcome maritime historian Paul Lawton, who will discuss the secret history behind the sinking of the USS Eagle 56, including how his research resulted in the belated issuance of 51 Purple Heart medals, 49 posthumously, to the officers and crewmen killed and injured aboard the ship off the Cape Elizabeth coast in 1945. All are welcome.

Cape Elizabeth Garden Club Presents: Edible Landscape Design, with Barbara Emerson

Thursday, November 16, 6:30 - 8:00 p.m.

In person at the library

Starting with a brief history of food gardening, Barbara will cover the concepts to consider when integrating edible plants in your ornamental garden, or edible flowers into your vegetable garden.

Her goal is to help you have fun and enjoy the process of growing your own, healthy food. She will show how the height, shape, texture, fragrance and color of edibles can make your garden look and taste wonderful next summer. Short on space? Barbara will show how creative container combinations can help anyone with a patch of sun grow their own delicious food and have a beautiful space at the same time. All are welcome.

Maine referendum Question 4 is about so-called right-to-repair

By Kevin St. Jarre

Question 4: Citizen's Initiative: Do you want to require vehicle manufacturers to standardize on-board diagnostic systems and provide remote access to those systems and mechanical data to owners and independent repair facilities?

According to the 2023 Maine Citizen's Guide to the Referendum Election, this initiated bill requires manufacturers of certain motor vehicles to standardize the vehicle on-board diagnostic systems and make those systems accessible to owners and independent repair facilities.

It requires the Attorney General to designate an independent entity to administer the accessibility of vehicle on-board diagnostic systems by adopting standards and developing policies. The initiated bill requires the release of certain diagnostic repair tools, parts, software and components depending on model year of the motor vehicle.

It also requires certain motor vehicles

to be equipped with a standard access platform and provides exclusions for information otherwise required to be shared with owners or independent repair shops if that information is necessary for immobilizer systems or security-related modules. The initiated bill provides for enforcement by civil action of the provisions related to access and information sharing and provides the available damages.

It also requires that the Attorney General establish a notice relating to motor vehicle telematics systems and requires dealers of certain motor vehicles to provide that notice to potential owners of motor vehicles, and it provides for an administrative consequence if a dealer does not comply.



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The Good Table sold, new owners promise to carry on 'legacy'

By Kevin St. Jarre



Photo courtesy of the Prentice Hospitality Group

The Good Table restaurant, a beloved gathering place in Cape Elizabeth for nearly 40 years, has been sold to The Prentice Hospitality Group. Pictured from left to right: Alexander Wolf, Casey Prentice, Lisa Kostopoulos, Jessica Kostopoulos, Tony Kostopoulos and Chef Matt Ginn.

The Prentice Hospitality Group has announced the purchase of The Good Table restaurant, a beloved landmark in Cape Elizabeth for nearly 40 years. According to Lisa Kostopoulos, an owner-partner from the beginning, "We opened The Good Table in October 1986, on Columbus Day weekend," as Indigenous Peoples' Day was known then.

"My father, Tony, and I were partners from the beginning. My mother, Sylvia, had a lot to do with the name, concept and culture. We opened on Sunday for brunch, with no advertising; it was very busy. We were not prepared—every family member or friend who walked through the doors was put to work, either pouring coffee, bussing tables or pricing

menus. My parents were in the back, and I was in the front with one other waitress. We had hired a cook but he quit before ever making it through the doors. So, the pivoting that always comes in the restaurant business began on day one," Kostopoulos said.

Kostopoulos said she has worn many hats at the restaurant. "When we first opened the only experience I had, besides growing up in my parents' restaurants and throwing good dinner parties, was being a server. I had a lot to learn. We had many good cooks in those beginning years who were my teachers. I loved

-see GOOD TABLE page 16

Meeting

Continued from page 8

on housing ordinances.

Councilor Penny Jordan responded strongly by saying that "there's no collusion, if that's what you're implying" but only "the pure intent of hoping that through this approach that the ordinance committee is using for communication that we can create a model that works for other issues that we deal with."

She continued by saying "we're being asked by our community to communicate better" and that "citizens don't fully understand what the issues are." She said that "Cape Elizabeth does not have a

communications staff member and since we pay dues into GPCOG, why shouldn't we leverage part of their services to the communities in order to truly bring their communication into the 21st century."

Chair Gabrielson chimed in to say that since GPCOG is a member-owned organization and that Cape Elizabeth is a member, he "did not see a conflict between the communications services (of the GPCOG) and advocating on a suite of other issues that members like us have asked of them to do." The motion then passed unanimously with a Town Council Workshop on November 1 and a public forum on November 13 followed by a vote from the council.



Household Hazardous Waste Collection Day

**Saturday, November 4, 2023
9AM – 1PM**

Public Works Facility at: 10 Cooper Drive
(Adjacent to the Recycling Center)

What to Bring:

From the Yard - Pesticides, Insecticides, Fertilizer, Herbicides, Insect Sprays, Pelletized Rodent Killers, Ant Traps, Acids, No-Pest Strips, & Pool Chemicals.

From the Garage/Storage - Antifreeze, Brake Fluid, Degreasers, Carburetor Cleaner, Creosote, Fuel Stabilizer, Gasoline, Kerosene, Lighter Fluid, Lamp/Torch Oil, Paint Thinner, Solvents, Resins, Marine Flares, Ammunition and Fireworks.

From the House - Fluorescent Ballasts, Drain Cleaners, Furniture Polish, Metal Polish, Moth Balls, Upholstery Cleaners, Photo Chemicals, Floor Cleaners, Bleach, Spot Remover, Old Chemistry Sets, Mercury and Mercury Thermometers, Thermostats.

From the Workbench - Aerosols, Wood Preservatives, Wood Strippers, Paint Thinners, Mineral Spirits, Oil-Based and Lead-Based Solvents, Deck Cleaners, Degreasers, Sealants, Epoxies, Glues, Adhesives, and Pressure-Treated Wood.

Provisions:

- Drop-off limited to Cape Elizabeth residents: proof of residency will need to be provided (resident sticker, driver's license, utility bill, vehicle registration).
- Tighten caps and lids and leave materials in their original containers.
- Pack containers in sturdy upright boxes and pad with newspaper. Do not use garbage bags.
- Follow signage to the drop-off area and please stay in your vehicle.
- Only household quantities or numbers of items will be accepted.
- Material will not be accepted from businesses and/or commercial haulers.

What Not to Bring to the HHW Day Event:

Including, but not limited to: Asbestos and/or Asbestos Products/Material, Medical Waste, Items Containing Freon, Radioactive Waste, Commercial Waste, Explosives.

Recyclable at the Recycling Center year-round (free disposal for all items between October 23rd and November 6th): **Electronics, TV's, Computer Monitors/CPU's/peripherals, Compact/U-shaped/ tubular Light bulbs, Latex/Oil/Lead Paints, Rust Inhibitors, Shellacs/Lacquers/Varnishes/Urethanes, Wood Stains, Smoke Detectors, Propane Cylinders, Button/Lithium/Alkaline/Lead Acid/Ni-Cad Rechargeable Batteries, Car Batteries, Tires, Motor/Hydraulic Oil.**

Still have some questions? Call us at Public Works at 799-4151 or email: al.ward@capeelizabeth.org

Holly Daze Bazaar

First Congregational Church,
301 Cottage Rd.

Saturday, December 2

9 am - 2 pm
Brunch 9 to 12



Holiday Craft Show

South Portland High School

Saturday, November 4 from 9am – 4pm

Sunday, November 5 from 10am – 3pm

Featuring: Photography, Pottery, Needle-craft, Maine Foods, Fine Art, Soaps, Jewelry, and much more!

Free Admission!

Thomas Memorial Library hosts The Modernistics, offers fall clothing swap, program on edible landscape design

Thomas Memorial Library Foundation Presents: Celebrating George and Ira Gershwin, with The Modernistics, a special after-hours event

Saturday, October 28
6:30 - 7:30 p.m.

In the library's Community Room

The Thomas Memorial Library Foundation welcomes The Modernistics for a special after hours event to thank the community for their ongoing support of TMLF and the library.

The Modernistics are the acclaimed singing and tap-dancing team of Ted and Pamela Powers, with virtuoso jazz musicians Peter H. Bloom on flute, Mark Leighton on guitar, and Dave Zox on double-bass. They will celebrate George and Ira Gershwin with songs, tap-dance numbers, and jazz instrumentals like "Slap That Bass," "Nice Work If You Can Get It," "Oh Lady Be Good, I've Got a Crush on You," "A Foggy Day," "I Got Rhythm," and other treasures by the Gershwin brothers.

Please join us for this rollicking good time! Light refreshments will be served. Space is limited: advance reservations are required. Please visit the library's website to reserve your spot.

Fall Clothing Swap Scheduled for November 4

After a successful clothing swap in the spring, the library is once again partnering with the town's Recycling Committee to organize another clothing swap.

The event will take place in the library's Community Room on Saturday, November 4 from 12:00 to 3:00 p.m. Donations of washed, gently used clothing, shoes, boots and other apparel items will be accepted from October 25 - November 2.

When you drop off a bag of clothing, you will receive a ticket for entry into the event which is good for a whole family. If you would like to volunteer to help organize and sort donations, you will be able to "shop" early—please visit the library's website to sign up! If you would like to "shop" at the event and haven't donated, please stop by the library's front desk for a ticket which

will allow you entry starting at 2:00 p.m.

For complete details, please visit the library's website.

My Climate Future: High-Schoolers Picture Their World To Come

What will Cape Elizabeth look like in future decades, given predictions of substantial climate change? The November exhibit in the library's Stier Family Gallery may provide some answers.

Greta Thunberg aside, the views of young people—who did not cause the problem yet have the most skin in the game—have been largely absent from conversations on this topic. And so a local nonprofit in partnership with Cape Elizabeth High School plans to leverage the visual expression of the hopes and fears of teens about Cape in particular to amplify the views of high-schoolers nationally.

The mission of Seeing for Ourselves lies in equipping and training marginalized individuals to take control of their own public narrative by documenting their lives photographically. The exhibit of students' photographs will be on display throughout the month of November.

Entries Accepted in the Two Sentence Horror Story Contest Until Halloween

Submit your two most sinister sentences on the library's or at any TML circulation desk by midnight, October 31! All ages welcome, winners will be chosen from each category as follows: ages 11 and under, high school, and adult. Stop by the library or check our website for more details.

For details on regular weekly and recurring programs, including story times and book groups, please visit the library's website.

For more information and to register for all library events, visit our online events calendar at the following link: <https://www.thomasmemorallibrary.org/events/>.

CHILDREN'S PROGRAMS

Free Halloween Costume Swap for

Children throughout October!

Children and their families are invited to visit the children's room during the library's regular operating hours in October to select a "new-to-you" Halloween costume and accessories.

Children can take a costume without swapping or can bring in gently used children's Halloween costumes and accessories to exchange. The Children's Halloween Costume swap is free and open to all children who visit the library.

Please donate only items in clean, gently used condition that will fit sizes infant through tween.

Sewing Adventure: Stuff & Doll Accessories (ages 8-14)

Friday, October 27, 10:00-11:30 a.m.
Library Conference Room

For ages 8-14. Accessorize your favorite stuffy or doll with a backpack or a beret + more. In this workshop sewists will bring a favorite stuffy or doll to the workshop, and use fabrics, embroidery, applique, and simple patterning skills to make accessories for our favorite stuffies and dolls. Choose to make a backpack or beret or design your own accessory.

Beginning sewists welcome. No prior experience necessary* but complete beginners must be accompanied by their adult to work one on one in learning basic skills of threading a needle and tying a knot for their

first few meetings. All materials provided. Registration required, sign up on our website.

Stuffy Fashion Show

Friday, October 27, 11:30 a.m.
Library Community Room

Dress up your stuffy and show off their unique fashion (kids can dress up fancy, too). You can walk them on the runway yourself or have a librarian help. Registration required; sign up on our website.

Not-So-Scary Family Story Time

Friday, October 27, 10:30 a.m.

For ages 3-5. Just us for some not-so-terrible tales, boo bubbles, dancing and a costume parade. Dress up and practice trick or treating at either library desk afterward. Great practice for littles!

Not-So-Scary Dress Up and Dance

Tuesday, October 31, 10:30 a.m.

Wear your Halloween costume and join us for 30 minutes of moving and grooving to our favorite haunted playlist and more boo bubbles. For dancing enthusiasts ages 2-5.

PROGRAMS FOR ADULTS:

Sculptural Lantern Workshops

-see LIBRARY page 13



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Local birding report

By E. Brooks Bornhoff

October is a relatively busy month for birds across Cape Elizabeth. Winter backyard residents such as the White-throated Sparrow and Dark-eyed Junco are arriving, migrant songbirds and shorebirds are still trickling through from further north, ocean birds like Scoters, Red-throated Loons and Black Guillemots are settling in off our shorelines and off course birds from outside their normal range, referred to as accidentals or vagrants may show up.

As for limited observations over the last two weeks, favorable weather conditions and no shortage of fall inchworms starting on October 4 brought a steady stream of Wood Warblers, Vireo's, Flycatchers and Kinglets to my backyard. Of note, a Least Flycatcher and Eastern Wood-Pee-wee were gleaning insects in an old crab apple tree as an Eastern Towhee called from within the surrounding thickets. A very large sparrow-like ground nesting bird from the finch family, the Eastern Towhee is a bird of special concern in Maine, and over the last fifty years the species' population has seen an alarming decline. On this same day I spotted numerous Blackpoll Warblers, several Cape May and Northern Parula Warblers, a pair of Nashville Warblers and a single female Blackburnian Warbler.

The following day I was traversing through a boggy piece of our property when I heard what I would describe as a chattering, bubbly cry. My eyes were drawn to an old snag protruding from the swampland where a lonesome Rusty Blackbird bird was perched about thirty feet up, singing a creaky chorus that sounded like little ungreased wheels spin-

ning rapidly. In the broad light of autumn, I could clearly make out the bird's rusty coloring and pale eye. Slightly smaller than a robin but of similar shape, these birds typically depart northern boreal forests where they breed by mid-September, spending about a month resting and feeding at stopover sites before arriving on their wintering grounds in the lower Mississippi Alluvial Valley and the south-eastern Coastal Plain of the Carolinas and Georgia by late November. Rusty Blackbirds are uncommon breeders in bogs and other wetlands in deeply wooded areas of Northern Maine. Over the last four decades this boreal blackbird's population has decreased faster than almost any other bird in North America and scientists are still not sure exactly why. According to recent studies, the greatest threat to Rusty Blackbirds may be habitat loss and degradation on their stopover sites and on wintering grounds. From my own records in Cape, I last spotted two males in the fall of 2022, a single female Rusty Blackbird in my backyard in the fall of 2018 and before that a single male in 2016.

Additionally, on October 8 a south-bound male Wilson's Warbler and a female Black-throated Blue Warbler passed through my yard. Unlike many warblers that prefer to lurk within the understory or change into drab fall plumages, both the male and female Wilson's warbler retain their bright yellow below and yellowish olive above with a jet-black cap appearance year-round. One of the smallest warblers in the U.S., this bird is a pure treat to come across as it exudes charm with its spritely little dances and excessive somewhat circular tail-wagging.

Also, in the second week of October I

noted a few Yellow-bellied Sapsuckers (woodpeckers) in orchard and Maple trees around town. This nifty robin sized bird excavates neat rows of shallow holes in live trees called sap wells and laps up the leaking sap and any trapped insects with its crafty, brush-tipped tongue. These woodpeckers are the only fully migratory woodpecker in eastern North America. Interestingly, in boreal forests north of here the Ruby-throated Hummingbirds rely so much on woodpecker's sap wells that they time their spring migration with the arrival of sapsuckers.

Lastly, as the leaves turned red and golden, Yellow-rumped Warblers again arrived en force along our coastlines with many thousands of these tiny gems blanketing our neighborhoods and woodlands in pursuit of prey. I recently learned that when foraging amongst other warbler species Yellow-rumped warblers generally let Magnolia, Black-throated Green and Palm Warblers do as they wish, however with Blackburnian and Pine Warblers their behavior is more assertive. Ornithologist Edward Forbush once wrote that "they feed diligently until the insects are gone, when they take wing again and wend their southward way, clothed now in modest vesture, each little bird retaining, however, a yellow spot just above the upper tail-coverts, by which, whenever his wings are spread or lowered, he discovers his identity to those who know his secret."

Good Table

Continued from page 14

the kitchen, I loved cooking, building recipes and menus. I worked 'the line' as needed but it was never my main job. I hosted most nights and was able to grow the culture of great hospitality along with our top rate front of the house staff. The months before we closed have been like a big tsunami of love; I'm not sure I really understood how many people we had touched. It was breathtaking. We all

felt the love," Kostopoulos said.

She said The Good Table has meant everything to her. Kostopoulos said, "I've been lucky to have a job that was my passion. I have been devoted to feeding people, offering comfort, getting to know so many families and friends for the last 38 years. I have also been lucky enough to work beside some outstanding people. All my nieces and nephews have come to work with us and even some great-nieces. Being able to work with high schoolers and young people just starting their journeys has been the best."

Family member Jessica Kostopoulos became a partner, and The Good Table's chef, in 2018.

Lisa Kostopoulos said, "The Good Table also offered the ability to be charitable on a bigger scale, that always made me happy and proud."

She said it would be great if The Good Table continued to be a comfortable place for the neighborhood to call home. "Good, honest food— my hope is that," Kostopoulos said.

When asked what advice she would give someone wanting to go into the restaurant business, Kostopoulos said, "Have lots of passion. Treat your coworkers like family. Be honorable. When you can give, do."

She said her hope is to take a year off. "I have known many restaurateurs and slowing down is hard, but I think I'll be really good at it. I'd like to volunteer, spend more time with family that doesn't include work, learn how to cook small portions of food. Then maybe a new business somewhere in my future, who knows?"

Kostopoulos closed by saying, "Cape Elizabeth has been the best place to have a restaurant. The community here has been the most extraordinary cheerleaders, friends, family, guests. As everyone was saying, 'We will miss you so much,' we kept saying, 'We will miss you too.' I will miss Cape and the community."

The Prentice Hospitality Group operates EVO Kitchen+Bar, the Chebeague Island Inn, Twelve and the 58 Culinary catering business.

Please Join

The Housing Diversity Study Committee

For a discussion on the

Housing Diversity Public Opinion Survey Results

on

November 6, 2023,

in Council Chambers at 7 PM.



Other Upcoming Meetings:

Time: 6:30pm to 8:30pm

Location: Town Council Chambers, Town Hall & Hybrid

October 30th
November 20th
December 4th & 18th



Any questions or comments please email:
HDSC@capeelizabeth.org

View all previous materials and upcoming information:
<https://www.capeelizabeth.com/HousingDiversityStudyCommittee>



Town of Cape Elizabeth Boards and Committees Annual Appointments Process

The Town Council's Appointments Committee is accepting applications from residents to fill anticipated vacancies on the following boards and committees.

Community Services Committee – 3 openings (one of the openings is to fill an unexpired term until 12/31/2025)

Diversity, Equity and Inclusion Committee – 3 openings (one of the openings is to fill an unexpired term until 12/31/2025)

Energy Committee – 1 opening

Fort Williams Park Committee – 2 openings

Personnel Appeals Board – 1 opening

Recycling Committee – 1 opening

Riverside Cemetery Committee – 1 opening

Thomas Memorial Library Committee – 2 openings

Residents may apply at www.capeelizabeth.com.

Questions should be directed to **Debra Lane, Town Clerk**
at 799-7665 or debra.lane@capeelizabeth.org.

Applications must be submitted no later than 4:30 p.m.

Wednesday, November 1, 2023.

New terms begin January 1, 2024.

Terms are 3 years, unless otherwise noted.

CAPE CALENDAR

By Wendy Derzawiec

Please see the town website, www.capeelizabeth.com for meeting locations

Instructions for joining videoconference meetings listed below will be posted on the town website, www.capeelizabeth.com.

Wednesday, October 25

Town Council Ordinance Committee, Jordan Conference Room, Town Hall, 7 p.m.

Thursday, October 26

School Board Workshop, Cape Elizabeth High School Library, 6:30 p.m.

Monday, October 30

Housing Diversity Study Committee Meeting, Town Hall, 6:30 p.m.

Thursday, November 2

School Building Advisory Committee, Town Hall, 6:30 p.m.

Recycling Committee, Public Works Department, 7 p.m.

Monday, November 6

Housing Diversity Study Committee Meeting, Town Hall, 6:30 p.m.

Tuesday, November 7

Planning Board Workshop - RESCHEDULED, Jordan Conference Room, Town Hall, 7 p.m.

Ongoing each week

Al-Anon, 7 p.m. Fridays, First

Congregational Church, 301 Cottage Road, South Portland. Parking in rear.
 Alcoholics Anonymous, 2 p.m. Saturdays, First Congregational Church, 301 Cottage Road, South Portland; 7 p.m. Wednesdays, St. Bartholomew Church; 7 p.m. Fridays, St. Alban's Church.
 Cape Elizabeth Historical Preservation Society, 9 a.m.-noon Mondays and Thursdays when "Open" sign displayed, Fort Williams, in the brick building closest to Shore Road (ring the doorbell).
 Cape Elizabeth Lions Club, 6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road
 Cape Elizabeth Republican Town Committee, 6-8:30 p.m. first Wednesday of the month, Cape Elizabeth Community Center. Contact: ccrcme.com for Cape information.
 South Portland/Cape Elizabeth Rotary Club, 6:15 p.m. Wednesdays at 107 Preble Hall, Southern Maine Community College, 2 Fort Road, South Portland. sp-ce-rotary.org.
 Codependents Anonymous (CODA) group at Cape Elizabeth United Methodist Church. Regular meeting weekly on Saturdays at 10:30 a.m. Call 799-4599 FMI.

SERVICES

Cape Elizabeth Church of the Nazarene

499 Ocean House Road (Route 77)
747-1113
www.capenazarene.org
 Sunday School for all ages: 9:30 a.m.
 Sunday Worship Celebration: 10:45 a.m.
 Services streamed live or on demand: watch.capenazarene.org

Cape Elizabeth United Methodist Church

280 Ocean House Road
799-8396
www.ceumc.org
 Sanctuary Service: 10 a.m.
 In-person Sunday services 10 a.m. For Zoom services, call 799-8396

The Church of Jesus Christ of Latter-day Saints

29 Ocean House Road
799-4321
 Sacrament Meeting: Sunday, 10 - 11:00 a.m.
 Sunday School/Primary: 11:10 a.m.-12 p.m.

The Church of the Second Chance

Greater Portland Christian School
 1338 Broadway, South Portland
641-3253
 Sunday: 10:30 a.m.-12:15 p.m.

Church of the Holy Spirit

1047 Congress Street, Portland
874-9779
www.HolySpiritPortland.org
 Sunday Worship: 10:00 a.m.
 Sunday Adult Bible Study: 9:00 a.m.
 Sunday School for children: 10:00 a.m.
 Services streamed live on Facebook
 Potluck dinner every third Sunday

Congregation Bet Ha'am

81 Westbrook St., South Portland
879-0028
www.bethaam.org
 Worship: Friday, 7:30 p.m.
 Saturday, 10:30 a.m.
 Family Shabbat Services: Second Friday, 6:00 p.m.

Hope Community Church

879 Sawyer Street South Portland
799-4565
www.hopesopo.com
www.facebook.com/hopesopo
 Sunday Morning Worship at 10 a.m.
 Kid's Church for ages 4 through grade 5

Service videos available on our website

Promised Land World Reach Center

536 Cottage Road, South Portland
799-3152
 Sunday Prayer & Intercession: 9:30 a.m.
 Sunday Worship: 10 a.m.
 Family Bible Studies: Wednesday, 7 p.m.
 Sermon recordings available to download

Redeemer Lutheran Church - LCMS

410 Main Street, Gorham
839-7100
www.RedeemerMaine.org
 1st Saturday of the month 10:00 a.m. with masks
 Sunday Bible Class 9:00 a.m.
 Sunday Service: 10:15 a.m.
 Wednesday Vespers: 6:30 p.m.
 Sunday and Wednesday services are in person and streamed on Facebook

Saint Alban's Episcopal Church

885 Shore Road
799-4014
www.stalbansmaine.org
 Sunday Services:
 Rite 1 with Holy Eucharist 8:00 a.m.
 Rite 2 with Holy Eucharist 9:30 a.m.
 Live Streaming on YouTube (stalbanschannel)
 Children's Programs 9:30 a.m.
 Celtic Eventide 5:30 p.m.
 Room for all

St Bartholomew Catholic Church of Saint John Paul II Parish

8 Two Lights Road, 207-883-0334
 Website: www.JP2me.org
 Sunday Mass: 9 a.m.
 Daily Mass: Mon. and Wed. 8 a.m.
 Sacrament of Confession: Mon. 8:30-9 a.m.
 Additional Mass times in Scarborough & South Portland listed on website

First Congregational Church United Church of Christ

301 Cottage Road, South Portland
 799-3361
www.fccucc.org
 Sunday Worship: 10:00 a.m. in person and streamed on Facebook & YouTube

First Congregational Church of Scarborough

167 Black Point Road, Scarborough
 883-2342
www.fccscarborough.com
 Sunday Morning Worship: 9:30 a.m.
 Sunday School & Nursery Care

CABLE GUIDE

Subject to change. Please see cetv.capeelizabeth.org for latest program guide and video on demand.

Church of the Nazarene
 Oct. 28, Oct. 29, Nov. 4,

CETV CHANNEL 1302

Nov. 5 - 9 a.m.
Housing Diversity Study Committee
 Oct. 30 - 6:30 p.m.

CEUMC to host Halloween Walk on October 31

The Cape Elizabeth United Methodist Church invites all children and adults for a Halloween Walk along the hallowed Chapel Woods trail of Robinson Woods on Tuesday, October 31 from 3:30-5:30 p.m.

Walk the trail to the Outdoor Chapel, decorated with the many sites of Halloween and inhabited by some fun and welcoming characters of the holiday. This will be a

family event opened to all.
 At the end of the trail, collect candy and others treats from members of the church.
 Meet at the end of the church parking lot by the kiosk to begin your Halloween adventure.
 The church is located at 280 Ocean House Road (Route 77).



YOUR PLACE FOR LOCAL FARM STAND

OPEN DAILY 10:00 - 6:00
(soil product hours differ see below)

Fresh Veggies, Meats, Chicken, Sausage, Cheeses, Eggs, and more!

CARVING PUMPKINS
EDIBLE PUMPKINS
GOURDS ~ MINI PUMPKINS
CORN STALKS



October 31st

The lighting of our annual luminary

f Jordan's Farm

@jordans_farm

www.jordansfarm.com

SOIL PRODUCTS & AGGREGATES

Monday - Saturday 8:00 - 5:00

FOR THE GARDEN & LAWN
 Compost ~ Screened Topsoil
 Straw ~ Wood Chips
BARK MULCH
 Pine Spruce Mix ~
 Dark Mix ~ Natural Cedar

FOR THE HARDSCAPE PROJECT
 Gravel ~ Screened Sand ~
 Crushed Stone ~ Stone Dust

Pick-up or Delivery
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Referendum question 6: A 'Yes' vote would remove restrictions on printing certain parts of the Maine State Constitution

By Kevin St. Jarre

Question 6: Constitutional Amendment: Do you favor amending the Constitution of Maine to require that all of the provisions of the Constitution be included in the official printed copies of the Constitution prepared by the Secretary of State?

According to Maine Citizen's Guide to the Referendum Election, the intent of this proposed amendment to the Maine Constitution

is to require inclusion, in the official printing of the Maine Constitution, of three provisions that are already part of the Constitution but, under current law, cannot be included in its official printings.

The proposed amendment would accomplish this purpose by repealing article X, section 7, of the Maine Constitution. That section requires sections 1, 2, and 5, of article X to be omitted in copies of the Maine Constitution that appear in printings of the laws of

Maine. That section also contains language ensuring that the omitted provisions have the same legal effect as if they were printed.

A brief description of each currently omitted provision follows:

* Section 1 of article X contains a schedule for the election and convening of the first Maine Legislature in 1821. It also established initial electoral districts for the Maine House of Representatives and Maine Senate.

* Section 2 of article X established special terms of office for officials elected in the 1821 election.

* Section 5 of article X reprints and incorporates into the Maine Constitution provisions of the 1819 Massachusetts law authorizing the separation of Maine from Massachusetts. These provisions are known as the Articles of Separation. There are nine Articles. The Articles describe rights and obligations of Maine and Massachusetts relating to separation, including division of property and assets, the assignment of certain Massachusetts obligations to Maine, and the treatment of certain public lands.

Section 5 in particular also included language pertaining to the Indian Treaty Obligations of Maine, and is required by law to be omitted from printed copies of the Maine State Constitution.

Governor Janet Mills opposes Question 6, according to Ballotpedia.org. In testimony to the Maine State Legislature, Gerald D. Reid, chief legal counsel of the governor's office, said, in part, that anything "...that could be interpreted as invoking ancient treaties as the

legal basis for modern obligations would be confusing and potentially destabilizing."

Supporters of the amendment, also according to Ballotpedia.org include Maine Secretary of State Shenna Bellows, Maine Attorney General Aaron Frey, and the Wabanaki Alliance, a coalition representing tribes in Maine, which include Mi'kmaq Nation, Houlton Band of Maliseet Indians, Passamaquoddy Tribe and Penobscot Nation. In support of the amendment, Secretary Bellows said that the entire Maine Constitution should be printed and accessible to the public. Bellows said, "It is imperative to a fair and free democracy that our Constitution be printed in its entirety. To have any provision of the Constitution not printed but in full legal effect is antithetical to the entire premise of a transparent government. Making our state records, including the entire Maine Constitution, more easily accessible to the public and the people we serve is a cornerstone for an open and credible democracy. The Constitution is the bedrock upon which all Maine's laws are built. No part of that Constitution should be hidden from the Mainers whose lives it affects every single day."

If the proposed constitutional amendment is approved, the Chief Justice of the Supreme Judicial Court, who is responsible for periodically arranging the Maine Constitution, could include these previously omitted provisions in the next official arrangement of the Constitution. Once approved by the Legislature, such an arrangement could lawfully be printed by the Secretary of State.

Information Session & Parent Forum



NOV. 8TH @ 6:30 PM THE HUB (IGA PLAZA)

John Alexander
Evidence Based Reading Instructor
& Reading Advocate

Michelle McClellan
Assistant Superintendent &
Curriculum Director of
Cape Elizabeth Schools

Tiffany Karnes
Pond Cove Principal



Hosted by Cape Elizabeth Parents for Reading Reform

Thanksgiving to go or dine by the Sea



Chef David Brown's Thanksgiving Dinner To Go

Sample Holiday Features:

- Kale Salad
- 14 LB Ready to Roast Whole Turkey
- Shallot & Thyme Infused Potato Purée
- Maple Glazed Sweet Potatoes
- Classic Green Bean Casserole
- Apple & Sausage Stuffing
- House-Made Cranberry Sauce
- Traditional Giblet Gravy
- Parker House Rolls
- Apple or Pumpkin Pie

Reserve on or before November 16th

\$275 + tax & 18% gratuity
Additional Sides \$12
Additional Pies \$20

The Inn's Annual Thanksgiving Pre-Fixe Dinner

Three-Course Prix Fixe Sample Items:

- Small Bites For The Table
- N.E. Clam Chowder
- Mixed Baby Lettuce
- Kale Salad
- Butternut & Apple Bisque
- Slow Roasted Turkey
- Roasted Haddock
- Oven Roasted Seitan
- Pumpkin Pie
- Apple Pie

Seatings available from 1pm-7pm

\$85 Adult
\$32 Children (4-12)



At Inn by the Sea

Complete details & menus at InnbytheSea.com
207.799.3134 | 40 Bowery Beach Road | Cape Elizabeth

Please join us on Nov. 7th in voting for collaborative, forward thinking leadership.

Cape Elizabeth School Board



Jennifer McVeigh



Cynthia Voltz

Cape Elizabeth Town Council



Matt Grymek



Andrew Swayze

Lindsay + Andrew Barrett
Katherine Kerkam
Kevin and Kristina Justh
Cherie Gustafson
Elizabeth Biermann
Sam + Becky Brosnan
John Voltz
Erin Plummer
Katie Reeves
Heather Bryant
Jennifer Evans
Rob + Joy Knott
Jill Darling

Laura O'Donnell
Eliza Matheson
Melanie Thomas
Bradley Russell
Rob Krauser
Aaron Mosher
Eric + Melanie Tennyson
Jennifer Bodenrader
Caitlin Sweet
Heather + Ethan Reeves
M. Rock
Joy Engel
Scott Mazuzan
Amanda Rurak

Eliza Rauscher
Emily Mavodones
Marianne Schuman
Andrea Atwood
Claire + Daniel Joyce
Marisa Ihara
Michele Pezzuti-Morse
Emily Day
Kathleen Curry-Sparks
Tracy + Ronnie Northup
Walter Morse
Kelin Welborn
Lucy Beirne
Hannah Plummer

Dheeraj Khare
Randy Shurpin
Sarah Yantakosol Gayer
Kate Saucier
Christopher Kleeman
Meg Rogers
Angela Meyer
Elly Pepper + Jay Tansey
Shannon Wilk
Aglae + Andrew Shaw
Amber + Chris Gorski
Jon Dienstag
Erin Feller
Anonymous (16)

Referendum questions 2, 5, 7 and 8 concern elections in Maine

By Kevin St. Jarre

Maine State referendum question 2, 5, 7 and 8 all concern different facets of elections. Questions 7 and 8 remove language from the Maine Constitution which have been made unenforceable by federal court rulings. Here are the questions:

Question 2: Citizen’s Initiative: Do you want to ban foreign governments and entities that they own, control, or influence from making campaign contributions or financing communications for or against candidates or ballot questions?

According to the 2023 Maine Citizens Guide to the Referendum Election, among other measures, if it passes it would prohibit a foreign government-influenced entity from making, directly or indirectly, a contribution, expenditure, independent expenditure, electioneering communication or any other donation or disbursement of funds to influence the nomination or election of a candidate or the initiation or approval of a referendum. It prohibits a person from knowingly or recklessly providing substantial assistance, with or without compensation, in the making of an expenditure, independent expenditure, electioneering communication or disbursement in violation of this prohibition. It prohibits a person from knowingly soliciting, accepting or receiving a contribution or donation in violation of this prohibition and prohibits a person from knowingly or recklessly providing substantial assistance, with or without compensation, in the making, solicitation, acceptance or receipt of a contribution or donation in violation of this prohibition.

It directs each television or radio broad-

casting station, provider of cable or satellite television, print news outlet and Internet platform to establish due diligence policies to prevent the distribution of communications for which foreign government-influenced entities have made prohibited expenditures, independent expenditures, electioneering communications or disbursements and further directs an Internet platform to, upon discovery, immediately remove any such communications from its platform.

It provides for a penalty of not more than \$5,000 or double the amount of the contribution, expenditure, independent expenditure, electioneering communication, donation or disbursement involved in the violation, whichever is greater, for a violation of the initiated bill.

Question 5: Constitutional Amendment: Do you favor amending the Constitution of Maine to change the time period for judicial review of the validity of written petitions from within 100 days from the date of filing to within 100 business days from the date of filing of a written petition in the office of the Secretary of State, with an exception for petitions filed within 30 calendar days before or after a general election?

According to the 2023 Maine Citizens Guide, under the proposed amendment, the Legislature would be permitted to extend the deadlines for Secretary of State and judicial review, so that they collectively add up to 100 business days instead of 100 calendar days. Such an expansion would add approximately 40 calendar days to the maximum permitted review period. The Legislature could, through implementing legislation, allocate these extra days to the

Secretary of State, the Superior Court, and the Maine Supreme Judicial Court as it saw fit.

Question 7: Constitutional Amendment: Do you favor amending the Constitution of Maine to remove a provision requiring a circulator of a citizen’s initiative or people’s veto petition to be a resident of Maine and a registered voter in Maine, requirements that have been ruled unconstitutional in federal court?

The intent of this proposed amendment to the Maine Constitution, according to the 2023 Maine Citizens Guide, is to remove a provision that can no longer be enforced due to an injunction issued by a federal court.

The Maine Constitution currently provides in article IV, part third, section 20, that individuals who gather signatures for petitions for citizens’ initiatives or people’s vetoes must be Maine residents registered to vote in their town of residence. In 2020, a group of plaintiffs in a federal lawsuit, We the People PAC v. Bellows, No. 1:20-cv-00489, claimed that these requirements violated their First Amendment rights under the United States Constitution. After proceedings in the United States District Court for the District of Maine and the First Circuit Court of Appeals, the District Court entered a permanent injunction prohibiting the Maine Secretary of State from enforcing the circulator residency and registration requirements.

The proposed constitutional amendment would remove from the Maine Constitution these now-unenforceable requirements.

Question 8: Constitutional Amendment: Do you favor amending the Con-

stitution of Maine to remove a provision prohibiting a person under guardianship for reasons of mental illness from voting for Governor, Senators and Representatives, which the United States District Court for the District of Maine found violates the United States Constitution and federal law?

According to the 2023 Maine Citizens Guide, the intent of this proposed amendment to the Maine Constitution is to remove a provision that a federal court determined violates the United States Constitution and federal law.

The Maine Constitution currently provides in article II, section 1, that persons who are “under guardianship for reasons of mental illness” are not qualified to vote for Governor, State Representative, or State Senator. In 2000, a group of plaintiffs filed a federal lawsuit, Doe v. Rowe, No. 00-cv-206, in the United States District Court for the District of Maine claiming that this restriction violated their rights under the due process and equal protection provisions of the United States Constitution as well as under the federal Americans with Disabilities Act (ADA). In a 2001 decision, the District Court agreed with the plaintiffs, ruling that this restriction on voting was facially unconstitutional and violated the ADA. As a result of the ruling, the State no longer enforces this restriction.

The proposed constitutional amendment would remove from the Maine Constitution this now-unenforceable restriction.

Cape Elizabeth’s polls open at 7:00 a.m. and close at 8:00 p.m. at Cape Elizabeth High School gymnasium, on November 7.

Tim Thompson for Cape Elizabeth Town Council Caring, Community, Leader



Ralph T. Gould Award, shared with wife, Nancy, for outstanding citizenship and service to Cape Elizabeth

- Support zoning efforts that are fair, preserve the character of our town - and honor the commitment not to go beyond what state law requires.
- End the lawsuit against the Lumbery – Working together toward a fairer planning process that encourages our locally-owned businesses is the right path forward.
- Honor the community’s concerns in regard to controlling the costs of the school building project.

“Listening, building consensus, and focusing on fairness will be my mission. We can have great schools, a thriving local economy, and affordability. I’d be honored to earn your vote for Town Council!” – Tim