

The Cape Courier

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Biz Houghton, who played for Cape Elizabeth, is 2023 inductee to Maine Sports Hall of Fame

By Kevin St. Jarre

Elizabeth "Biz" Houghton has been named a 2023 inductee of the Maine Sports Hall of Fame. She was a star basketball player for Cape Elizabeth and, according to a press release from Northeast Media Associates, she "dominated the Triple-C and was named all-state."

While playing for Cape Elizabeth from 1977 to 1981, she was a four-year varsity starter, playing in 72 games, of which the team won 52.

Houghton had a high-school career scoring average of 14.7 points per game, with a 54 field goal percentage, and in the 1981 season, she averaged 22 points per game, scoring 393 points. During that same season she averaged 12 rebounds per game and blocked 70 shots that season.

Houghton was the first Caper, among both boys and girls, to ever score 1,000 points, topping out at 1,060. She set a record in August Tournament scoring with 16 field goals and 32 points, and

tied a record of 24 field goals in three games

A dependable teammate, Houghton did not miss a single game in her career due to illness or injury. She was even selected to play in a Maine All-Star Tournament in Taiwan. She was coached by Rick Difusco.

She went on to play at Boston College, where the 6-foot, 2-inch center became the Eagles' leading scorer, rebounder and shot-blocker as a junior. Started as a freshman, scored 896 career points, made 643 career rebounds, was a member of the 500/500 club and averaged 9.0 rebounds per game—ranking 3rd all-time.

One season at B.C., Houghton had 53 blocks, a record that stood until 2022. She had 103 career blocks, highest point scorer 1982-1983 with 10.8 average, highest free throw percentage 1982-1983 with 67.2 percent and set other records.

-see HALL OF FAME page 4

News from October 17 Planning Board meeting

By Hanna Gilley

September 19 Meeting Minutes Approval

The Planning Board asked for approval of the September 19 meeting minutes. The motion was introduced and passed unanimously without discussion from the board.

14 Sunnybank Rd Private Accessway Permit

Vincent Oliviero is requesting a Private Accessway Permit to create access for a vacant lot located at 14 Sunnybank Road (U41-19), Sec. 19-7-9, Private Accessway Permit Completeness and Public Hearing.

John Mitchell of Mitchell Associates represented the applicant for the 14 Sunnybank Road private accessway permit. The road is off Tower Drive and provides access to Two Light State Park. The permit application is requesting to extend Sunnybank Road a distance of 185 feet from where it currently dead ends. This location also incorporates an emergency vehicle turnaround at the end and will

provide the required frontage for access. The applicant of the permit owns vacant lot 19 and is planning to build a home there.

Lot 19 is a nonconforming lot because it has an "intermittent drainage swale" that bisects the middle of the property and slopes down to discharge into the ocean. The applicant has provided a grading drainage and utilities plan that respects protected wetlands and that will incorporate the installation of a rain garden to assist with groundwater runoff.

The applicant is asking for a waiver on the 30-foot right of way on Sunnybank Road. Currently the road is 25 feet wide and the applicant is asking for a relief of five feet. Another waiver the applicant is requesting is for the subsurface wastewater final design form, also known as an HHE 200 form. The applicant has provided documentation of suitable soils tests for a subsurface wastewater system.

The board motioned that the application for private accessway to create frontage for the lot located at 14 Sunny

-see TOWN COUNCIL page 2

"Kid" Courier



Drawn by Eshaal

Eight-year-old Pond Cove student Eshaal, who moved to Maine this summer from Houston, Texas submitted this painting of the Portland Headlight after seeing a call in the paper for artwork/stories for the "Kid" Courier. "I love the beaches, lighthouses and the beautiful nature Maine has," Eshaal said.



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 The mission of The Cape Courier is to foster a sense of community by presenting news specific and unique to Cape Elizabeth and its residents, and, whenever possible, to promote volunteerism within our community.

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 Letters should not exceed 250 words. We reserve the right to refuse letters and to edit for length, accuracy, clarity and civility. We do not withhold names and writers may be limited to one letter per month. Petition-style letters will be declined. Letters reflect the opinion of the author, not The Cape Courier. Email letters to: editor@capecourier.com or mail to P.O. Box 6242, Cape Elizabeth, ME 04107. Please note: Letters will be acknowledged by email.

NEXT ISSUE: Nov 22
DEADLINE: Noon, Nov 10

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A way to finance our schools

There's universal agreement that outdated facilities must be addressed. Valid arguments exist for replacing old buildings with new ones OR retrofitting them at less cost. How will we pay for either alternative without significant tax hikes? The recent 5.25% tax increase and new assessments, some with whopping increases, are a wake-up call to get serious about expanding our tax base. Let's think out of the box.

I propose a new educational "campus" at Fort Williams in the park's unused north and south ends. Instead of single monolith buildings, imagine a series of dedicated buildings by subject or grade (e.g., Math and Sciences, Humanities, Grades K-2, etc.) that would pay homage to historical buildings while accommodating modern educational requirements. The Fort's center and shorefront would remain untouched, with public access to Portland Head Light, fields, trails, picnic areas and the ocean.

Current school land would be redeveloped with much-needed middle-class and townhouse-type housing, thus ex-

tending the Scot Dyer Road neighborhood. This would inspire development of the stagnating town center beyond the single dentist facility. The expanded tax base from such development would help finance new schools with fewer new taxes and without touching treasured rural areas.

Many challenges and questions remain: Where to locate athletic facilities, for example, as the park would need more room for those? The gym and pool may remain while the athletic facilities near the transfer station are expanded. Intelligent folks will have ideas for solving all of them.

Bill Kourakos

Town Council

Continued from page 1

Bank Road deemed complete. It passed unanimously by the board.

Carr Woods

Shore Road Development Partners LLC is requesting final subdivision review and a Resource Protection Permit for Carr Woods, a 16 unit condominium and 1 single family home lot located on Deep Brook Drive (U6-91, 91A, 92, 94A, 95), Sec. 16-2-4 Final Subdivision Review and Sec. 19-8- 3, Resource Protection Permit.

There was great discussion among the board, the applicant and representatives of the public regarding the proposed Carr Woods condominium project. This project has been in the application phase for nearly two years and has been in front of the board multiple times.

There were several local real estate agents that presented their opinions to the board regarding the proposed residential project. Although their attendance and opinions were seen as self-serving by some people present, their comments were presented as positive.

Kathy Duca of Advisors Living Real Estate in Cape Elizabeth said, "I believe that approving this development would be a considerable step in overcoming our housing challenges and will add to the overall quality of the neighborhood and bring significant benefits to the community."

Helen Smith, also of Advisors Living Real Estate brokerage, "urged" the board to approve the project saying, "I favor the Carr project over slower, uncontrolled development. For example selling lots over time to individuals to build any architectural style, size" and "would be free to landscape as they see fit." She continued that under that scenario there "may be limited commitment for open space or public access to Greenbelt trails."

Patrick Cooper and Allison Day, both real estate professionals of Advisors Living Real Estate brokerage, also spoke in approval of the proposed project.

Leonard White spoke on the issues still present at Casino Beach, the site where groundwater runoff of the proposed project would be directed. He said since recent tests found the water at Casino Beach to be contaminated with sewage "it's already unsafe and out of compliance" and to "knowingly add more water to the system would not only violate the towns ordinances but also multiple state and federal regulations."

Lisa Pratt, spoke on concerns for the proposed project developer, Shore Road Development Partners, now only consists of one person, Laurie Batchelder, and is unsure of her "track record of completed projects" of similar size and scope.

Attorney Maizer with Perkins Thompson law firm, represents abutters The Johansson's, also called out that "the only positive comments you've heard on this project are from realtors." He also spoke again, as he has in past meetings, on the applicant's apparent lack of financial and technical capacity, saying "it's been a moving target."

The board shared their concerns that they're "hearing cracks in the armor" over the proposed project and they want to make sure the project is on the right path. Board members then discussed potential "conditions of approval" in order to allow the project to move forward, but the board was split on their decision to do so citing that there are "unforeseen circumstances" in development projects and that "things change" with some board members saying they're "not all in favor of having the builders be under a condition of approval."

Board member Derek Lavalley said that "stuff happens" and "there's so many things involved [with a project]" citing hiring contractors and scheduling as examples that may change over time and that he "would not be in favor of making a condition for approval."

Other board members shared similar concerns and that if "the board approved contingent agreements with contractors, I think would kill our ability to work with some of the best, most professional, most in demand contractors."

The Shore Road Development Owner's Rep spoke to those concerns that "teams sometimes change in the middle of really complicated projects" and that they "don't stop to evaluate hiring someone new, we keep the ball rolling." He said that he would not be in favor of putting a condition on the application.

Because of concerns over sewage contamination and inadequate stormwater runoff systems in place at Casino Beach, along with concerns over the financial and technical capacity of Shore Road Development, the board unanimously denied their application for approval.

Project Submission Amendments

The Town Council has referred to the Planning Board development of Project Submission amendments to update submission deadlines and digital submission of materials, Sec. 19-10-3, Zoning Ordinance Amendments Public Hearing and Sec. 16-3-6(c) Amendments to the Subdivision Ordinance Public Hearing.

Town Planner O'Meara summarized the ordinance changes to include the adoption of digital submission guidelines that were utilized at the start of the pandemic to be standard practice. She said this will "reduce the paper copies that applicants are required to submit from the current 15 to 8 [pages]" and that "it does require that applicants submit digital plans." The updated standards would also reflect the newly changed 4-day work week at the town office.

This motion was passed unanimously by the board.

Home Business Amendments

The Town Council has referred to the Planning Board review of Home Busi-

-see MEETING page 3

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We love feedback!

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Theft of campaign sign reported

Reported by Debbie Butterworth

in the Spurwink Road area for a wellness check.

PUBLIC INFORMATION

- 10-5 An officer met with a resident of the Sawyer Road area who showed him where a vehicle had driven across and damaged his property.
- 10-7 Two officers responded to a residence in the Ocean House Road area for a domestic disturbance.
- 10-7 An officer met with a resident of the Two Lights Road area who reported an abandoned bicycle. It was transported back to the police station for safekeeping.
- 10-7 An officer met with a resident at the police station who turned in a Samsung cell phone found on Route 77 near the Spurwink River Bridge.
- 10-7 Two officers responded to a residence in the Ocean House Road area for a well-being check.
- 10-8 Two officers responded to a residence in the Ocean House Road area for a domestic disturbance.
- 10-9 Two officers responded to a residence in the Mitchell Road area for a domestic disturbance.
- 10-12 An officer responded to a residence in the Bowery Beach area for a barking dog complaint.
- 10-13 An officer met with a resident of the Shore Road area regarding a harassment complaint.
- 10-13 An officer met with a resident regarding the theft of a campaign sign.
- 10-16 An officer met with a resident of the Shore Road area regarding the possible theft of a bicycle.
- 10-17 Two officers responded to a residence in the Old Ocean House Road area for a domestic disturbance.
- 10-17 An officer met with a resident of the Ocean House Road area who reported that while she was on her laptop, she received an alert that her cell phone and computer had been hacked and was infected with a virus, and to contact Microsoft Tech Support at the number provided. They had her download "Ultraviewer" on her laptop. The victim was then instructed to withdraw all cash from an account before scammers could steal it, and send it overnight to Microsoft to an address via UPS. Several days later she realized she had been scammed and contacted the police department.
- 10-19 Two officers responded to a residence

SUMMONSES

- 10-5 South Portland resident, texting while driving, Ocean House Road, \$325
- 10-6 Worcester, Massachusetts resident, imprudent speed, Scott Dyer Road, \$134
- 10-9 Portland resident, unregistered vehicle, Route 77, \$85
- 10-9 Portland resident, operating after license suspension, Route 77
- 10-11 Auburn resident, operating after license suspension, Shore Road, \$325
- 10-12 Scarborough resident, operating vehicle using hand held device, Route 77, \$85
- 10-12 South Portland resident, uninspected vehicle, Route 77, \$148
- 10-13 Cape Elizabeth resident, operating vehicle using hand held device, Route 77, \$85
- 10-14 Cape Elizabeth resident, stop sign violation, Broad Cove Road, \$146
- 10-14 Lewiston resident, operating after license suspension, Route 77, \$325
- 10-17 South Portland resident, operating vehicle using hand held device, Shore Road, \$85
- 10-17 Pownal resident, operating under the influence of alcohol, Route 77
- 10-20 Kennebunk resident, operating vehicle using hand held device, Route 77, \$85
- 10-21 Saco resident, speeding (39 in 30 zone) Sawyer Road, \$114

JUVENILE SUMMONSES

- 10-13 Cape Elizabeth resident, operating vehicle using hand held device, Route 77, \$85
- 10-14 Cape Elizabeth resident, violation of interim license, Route 77, \$385
- 10-21 Cape Elizabeth resident, violation of interim license, Route 77, \$385

ACCIDENTS

- 10-19 Eli Morse, Elizabeth Wilk, accident on Ramble Road

FIRE/RESCUE CALLS

- FIRE 12
- EMS 56

Scam alert bulletin board

By Jessica D. Simpson

The Rise of Smishing

If you have a cell phone, you've probably noticed an increase in text messages from people you don't know. This is particularly concerning, given how effective smishing is as a scam tactic. The Federal Trade Commission reported \$330 million in losses last year to fraudulent texts. We know this is just a fraction of losses, given vast underreporting by fraud victims. With smishing scams on the rise, here's what you need to know.

Do not engage with texts from unknown people. Rather than clicking on text links, type the web address you know to be legitimate into your browser. Alternatively, call the alleged sender at a number you know to be legitimate. Also, you can filter out junk texts by updating your phone's messaging app settings, using call-blocking services through your wireless carrier, or installing call-blocking apps.

Make Your Home Cyber Safe

When we think about cybersecurity we may think about computers and smart phones. But the reality is everything from our TVs to thermostats to appliances are potentially vulnerable to hackers. In this new normal, online safety

is a must so remember - smart devices need smart security. When setting up a new web-enabled device, be sure to review the privacy and security settings to minimize who you are sharing your data with. If your new device is Wi-Fi and Bluetooth enabled, but they don't need to be, turn off those settings. Finally, make sure you change the password on your internet router when you first set it up, and regularly thereafter, using a strong and unique password each time.

Be a fraud fighter! If you can spot a scam, you can stop a scam. The AARP Fraud Watch Network is a free resource for all. Learn how to proactively spot scams or get guidance if you've been targeted.

Visit www.aarp.org/fraudwatchnetwork or call our dedicated helpline to speak to a fraud specialist at 1-877-908-3360. Need a scam prevention speaker for your group? Go to aarp.org/me or call 1-866-554-5380.

Meeting

Continued from page 2

ness Amendments, Sec. 19-10-3, Zoning Ordinance Amendments Public Hearing.

Town Planner Maureen O'Meara summarized the ordinance changes to include how residents could use an accessory structure to operate their home business or home occupation. This ordinance has been expanded so that an ADU structure on Cape Elizabeth residential property "can have a full-time employee who doesn't reside in the home where the occupation is being operated" and also updated the ordinance for the option to "increase the number of offsite employees from one to two, and it's two non-resident employees."

This motion was passed unanimously by the board.

Judy's Pantry - a community feeding itself

Judy's Pantry operates at the Cape Elizabeth Methodist Church on the second and fourth Tuesdays of each month from 3 - 4:30 p.m.

Prior registration is necessary. Please contact Beth Owens: bethowens1@gmail.com.

We are only half way to our fundraising goal for the year, with only 2 months to go!



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News from the superintendent

By Dr. Chris Record

Although the world is full of suffering, it is also full of the overcoming of it. — Helen Keller

As you know, it has been a very heart-wrenching few weeks that have negatively impacted so many of us with the tragic loss of a CEHS student, the horrific terrorist attack on innocent Israeli citizens on October 7, the terrible earthquake in Afghanistan, the ongoing war between Israel and Hamas and the escalating humanitarian crisis in Gaza.

Additionally, we are all also in the midst of coping with the all too recent soul-crushing shooting of our fellow Mainers in Lewiston and the significant stress of the manhunt.

Please know we feel for each and everyone of you that have connections to each of these incidents. I myself have been in tears more than once as I imagine the horror that so many have been through and the abject grief that so many are feeling. It leaves us to ask the question of how do we move forward, how do we cope, and how do we heal?

Our Cape schools play an essential role in helping students and adults alike grieve, heal, and move forward. Our schools are socially-emotionally safe places that foster compassion, empathy, and togetherness.

Over the past few weeks it has been very important to have students re-engage in some normalcy, connect with staff and their classmates, and engage in numerous extracurricular activities and games.

We believe our school staff plays an essential role in fostering community connectedness and helping students, even during tough times, move forward socially, emotionally, and academically. We very

much appreciate your support in making this possible by supporting our students and staff. We strive to provide the very best education for our students, as they are the leaders of tomorrow. We all will rely on them to have the skills and knowledge in order to be ready to collaborate to successfully tackle challenges we cannot even imagine.

The important work of the School Building Advisory Committee (SBAC) continues as we aim to find a palatable solution that meets our educational needs and is supported by our community.

Please join us at a “Meet the Architects & Learn About the Design Process” Public Forum on November 16 at 6 p.m. at Town Hall. The design team from Harriman will share who they are, describe the solution-oriented design process and field questions/comments from the audience.

Meanwhile, the Educational Working Group comprised of community members, Town Council members, School Board members, school staff and administrators has begun engaging in a solution-oriented school design process led by Harriman.

In closing, these are very challenging and scary times and we likely all have various opinions in our community about what is happening in Israel, Gaza, Ukraine, Russia, and so many parts of our world, as well as what is occurring in our own town, state and country. Differing opinions are ok and to be expected. I just want to remind us all, including our students, that even through differences we can still listen to each other, respect each other and learn from each other.

Thank you Veterans for your service and I hope each and every one of you has a wonderful Thanksgiving holiday break with your families and friends.

CEHS Senior-to-Senior program seeking those who need a hand

Cape Elizabeth High School’s Senior-to-Senior community service program wants all Cape Elizabeth senior citizens to know that help is available. A senior citizen feeling overwhelmed by leaves piling up, or who needs their yard done, or some heavy lifting in the house, can reach out to the CEHS Senior-to-Senior program, and they can be set up with a group of willing high

school seniors who will come over to help.

Those interested should email either: kierith.gentilini@capeelizabethschools.org or laura.giacobazzi@capeelizabethschools.org or text either: (207) 245-2797 or (207) 535-7687

Hall of fame

Continued from page 1

She played professionally in Ireland from 1986 to 1988 leading Castledermot to the Irish National Cup. Houghton was promoted from Division 2 to Division 1 on the Castledermot Basketball Team, she coached youth girls’ and boys’ teams, played in local town league and county league and won the Division 1 National Cup as underdogs 1988.

Houghton has been central to the Maine Senior Women’s Basketball League for 20 years which includes a silver-medal performance at the National Senior Games.

Her coaching includes:

1985 to 86, coaching the girls’ basketball team at Eagle Hill School in Greenwich, Connecticut to a first ever winning season 10 - 1.

2010 to present day, coach of the Pioneers, a Maine Senior Women’s Basketball team, made up of players currently in the 70 to 74 age range. Competed in four National Senior Games where they won a bronze medal in the Group 2 in Minneapolis, and a silver medal in Group 1 in Albuquerque, June 2019, only losing to one team the entire tournament.

Assistant coach to the basketball team of Princess Raiyah Al-Hussein, daughter of King Hussein and Queen Noor of Jordan, at the American School in Amman, Jordan.

Some additional highlights of Houghton’s playing and coaching include organizing and playing pick-up basketball with Queen Noor Al-Hussein in Amman, Jordan, playing basketball with Evan Ross-Naess, the youngest son of Diana Ross, and playing basketball with Brian and Ian Kagame, sons of Paul Kagame - President of Rwanda.

Houghton said, “It is a surprise and a great honor to be inducted into the Maine Sports Hall of Fame. Receiving this honor has given me the opportunity to reflect on the impact basketball has had and continues to have on my life; especially recalling all the people who have impacted my career as an athlete and supported me along the way.”



Contributed photo

Elizabeth “Biz” Houghton has been named a 2023 inductee of the Maine Sports Hall of Fame. She was a star basketball player for Cape Elizabeth, a record-setting player for Boston College, played professionally in Europe and even played a pick-up game with Queen Noor of Jordan. Since then, she’s successfully coached for years.



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The music corner

By Candice Bellinger

The simplicity of Edvard Grieg's "Lyric Pieces" for piano begs you to don your hat, throw an extra layer on, grab your earbuds and phone and walk. Walk Crescent Beach and stop at Kettle Cove to take it all in. Take in the changing of the season. The browns, yellows and hints of red peeking through. There's more to come...much more! Over two hours of solo piano to accompany you through the fall of the year. The essence of each piece fills space and time completely, and before you know it, the next has begun.

Go to YouTube and type in "Grieg: Complete Lyric Pieces." Choose the performance by Håkon Austbø. This collection of 66 pieces for piano was written in 10 volumes from 1867 to 1901. A cup of tea and a comfortable rocking chair with a view would also be the perfect venue for this spectacular concert.

If you are "tech challenged" and would like my assistance with finding "Lyric Pieces" by Edvard Grieg, please message me at musicwam@yahoo.com. You can also find me on Facebook.



Courtesy of Britannica

Edvard Grieg

August and September real estate transfers

| NEW OWNER | LOCATION | SALE PRICE | USE |
|--------------------------------|------------------------------|-------------|---------------|
| ANDREW DAVIS & MEGHAN CONNELLY | 8 LYDON LANE | \$1,395,000 | SINGLE FAMILY |
| CHARLES & LINDA COLLINS | 9 HEADLAND LANE | \$933,000 | CONDOMINIUM |
| CHARLES W & CARL F MULLER | 116 OAKHURST ROAD | \$890,000 | SINGLE FAMILY |
| COLIN B LAMB | 32 ROCKY HILL ROAD | \$832,000 | SINGLE FAMILY |
| ELIZABETH L PEOPLES | 51 WOODLAND ROAD UNIT 4 | \$475,000 | CONDOMINIUM |
| JENNIFER & KATELYN BOLTON | 180 SPURWINK AVENUE | \$660,000 | SINGLE FAMILY |
| KAITLIN & NICHOLAS BEVINS | 20 RAMBLE ROAD | \$800,000 | SINGLE FAMILY |
| THOMAS & JOYLN MCLAUGHLIN | 3 BRADFORD ROAD | \$510,000 | SINGLE FAMILY |
| THOMAS MCCOY RODRIGUEZ & | 37 STARBOARD DRIVE | \$360,000 | CONDOMINIUM |
| TIMOTHY & BARBARA CASE | 6 MEADOWVIEW LANE | \$950,000 | SINGLE FAMILY |
| BISOONI JARED JOHN | 22 WOOD ROAD | \$1,100,000 | SINGLE FAMILY |
| DEVENISH ROBERT & ELEANORA V | 48 RESOLUTION PLACE | \$550,000 | CONDOMINIUM |
| ANKER JANET R | 4 WOODS KNOLL DRIVE | \$1,415,000 | SINGLE FAMILY |
| ECKHARDT HENRY | 1168 SHORE ROAD | \$2,825,000 | SINGLE FAMILY |
| BROWN SCOTT C | 31 ASTER LANE | \$775,000 | SINGLE FAMILY |
| MEGAFFIN SCOTT T | 57 RESOLUTION PLACE | \$645,000 | CONDOMINIUM |
| SAUCIER HILLARY WEIMONT | 23 BRENTWOOD ROAD | \$785,000 | SINGLE FAMILY |
| SCHWARZ ERIN | 345 MITCHELL ROAD | \$930,000 | SINGLE FAMILY |
| NANCY SAVIGNANO MARION | FAMILY TRUST 6 WINSLOW PLACE | \$428,000 | CONDOMINIUM |
| IRWIN CAROLINE | 1 WABUN ROAD | \$1,500,000 | SINGLE FAMILY |
| 91 OLD OCEAN HOUSE ROAD LLC | 3 WESTFIELD ROAD | \$485,000 | SINGLE FAMILY |
| NEWTON ZACHARY J | 5 ROCK CREST DRIVE | \$1,510,000 | SINGLE FAMILY |
| KNIGHT MARIE | 1120 SHORE ROAD | \$999,000 | SINGLE FAMILY |
| GOTTUMUKKALA VIJAYA | 8 LIGHTHOUSE POINT ROAD | \$1,350,000 | SINGLE FAMILY |
| KEVIN & JANET ANDERSON | 5 CAPE WOODS DRIVE | \$615,000 | CONDOMINIUM |
| ANDERSON EDDIE R | 31 CONCORD PLACE | \$437,500 | CONDOMINIUM |
| TURKANIS TRUST 12-31-2011 | 7 DEARBORN DRIVE | \$550,000 | SINGLE FAMILY |
| FRENCH ELSIE P | 41 MAXWELL WOODS DRIVE | \$1,100,000 | CONDOMINIUM |
| COLIN B LAMB | 32 ROCKY HILL ROAD | \$823,000 | RESIDENTIAL |
| COVE KIDS LLC | 25 PEABBLES COVE ROAD | \$93,500 | SEASONAL |
| NELSON EMILY C | 74 HUNTS POINT ROAD | \$562,400 | SINGLE FAMILY |
| CUMMINGS SMITH ALICIA | 2 OCEAN AVENUE | \$335,600 | SINGLE FAMILY |
| DOROTHY SUZI OSHER FOUNDATION | 220 SPURWINK AVENUE | \$240,900 | SINGLE FAMILY |

Veterans are all around us

By Kevin St. Jarre

Veterans Day is a day to honor all who served, including peacetime. The most recent U.S. Census numbers reveal that in Maine, there are 126,842 veterans, and 6.4 percent of those are female. The unemployment rate in this state for veterans is 5 percent, and 152 are listed as "homeless."

The report states that the median household income, in 2014 dollars, was \$55,814, and there are 15,816 veteran-owned businesses in Maine.

The largest percentage among our veterans are those who served in Vietnam, representing a little more than 35 percent, a group that still outnumbers all those who served in peacetime.

This is in line with the ages of Maine veterans, with the number of those 65 years old and older being twice as many as the next largest group, those 55 to 64.

While there is a slight increase lately, the number of veterans serving in Congress has fallen dramatically. Taking the U.S. Senate, for example, in 1975, of the 100 Senators, 81 were veterans. In 1993, there were 70 Senators who had served in the military. By 2002, the number of Senators who were veterans had dropped to 37, and today there are 17 members of the U.S. Senate who are veterans.

Of course, luckily, there has not been a military draft in decades, and this explains the drop in the number of veterans within sample groups, such as the U.S. Senate, and it also explains why so many veterans in Maine are retirement age or older. Young people obviously still serve, but Maine's veterans, younger than age 29 represent about 4 percent of the total.

It is true, regardless of age, or where they served and in what capacity, they are all around us.

SBAC to host public forum Nov. 16

The School Building Advisory Committee (SBAC) of Cape Elizabeth invites residents to a "Meet the Architects" Public Forum on Thursday, November 16 at 6:00 p.m. at Town Hall. Harriman will be introduced as the architectural and design firm selected to lead Cape Elizabeth's new school building project.

The selection of Harriman followed a two-month process which included a public request for proposals and careful consideration of firms from across New England. The SBAC was guided through the process by the owner's representative team from Turner Townsend Heery. After narrowing the choices down to four final candidates and conducting thorough interviews with each, Harriman was unanimously recommended by the SBAC, and subsequently approved unanimously by the Town Council and School Board.

Why the SBAC Unanimously Selected Harriman

The SBAC unanimously recommended Harriman based on their extensive expertise in managing challenging building projects across Maine, especially in the educational realm. Harriman's established history of developing functional and sustainable learning environments, along with their skill in navigating the unique challenges of local building projects, instilled confidence in the SBAC. Harriman's commitment to transparent, collaborative processes and their ability to balance innovative design with practical, cost-effective solutions closely aligns with the SBAC's values and aspirations for the Cape Elizabeth school projects, ensuring a partnership that prioritizes both quality and community involvement.

Meet the Architects Public Forum

What: Meet the Architects Public Forum
When: Thursday, November 16, at 6:00 p.m.

Where: Town Hall

Who: All interested Cape Elizabeth residents

A Glimpse into the Future of Cape Elizabeth's School Buildings

Harriman will introduce the project team and detail the forthcoming process, which, over the next several months, will lead to the development of various conceptual designs, set to be shared with the public early next year.

The SBAC is deeply committed to a transparent, inclusive, and collaborative design process. Therefore, following the presentation, attendees will have the opportunity to engage in a Q&A session. This forum is an excellent opportunity to gain insights, share views, and ask questions directly to the team designing the future learning environments of our community.

About the Cape Elizabeth School Building Advisory Committee (SBAC)

The SBAC is a joint ad hoc advisory committee of the School Board and the Town Council, formed in March 2023. Its mission is to create a strategic, cost-effective plan to address the school building needs of Cape Elizabeth. The SBAC's work is focused on thorough assessment, comprehensive community outreach, and the development of a plan that serves the needs of students, educators, families, and the community.

For more information, please visit the committee website: <https://www.cebuildproject.com>

Lions Club to host Chicken Dinner Nov. 11

The Cape Elizabeth Lions Club is hosting their Fall Chicken Dinner on Saturday, November 11 from 4-7 p.m. at the Lions Club, Bowery Beach Schoolhouse, 1 Wheeler Road, Cape Elizabeth.

Cost is \$18.00 for the general public and \$15.00 for all active duty and retired military service members in honor of Veterans Day. Meal includes a half chicken, baked potato, cole slaw, and dessert. Non-alcoholic beverages available for those dining in. 100% of

proceeds support local charitable organizations. Meal quantities are limited so please reserve by noon on Friday, November 10 for eat-in dining or take-out by calling Liz at 207-838-6756 or ordering electronically via lionsclubceme@gmail.com or <https://lionsclub-of-cape-elizabeth-maine.square.site> or the Lions Club Facebook page: www.facebook.com/capeelizabethlionsclub.

Walk-ins are welcome pending availability. Cash, checks and credit cards accepted.




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SERVICE

CEHS Women's Leadership Academy members spend time at Acadia National Park

By Kevin St. Jarre



Contributed photo

The CEHS Women's Leadership Academy recently took a trip to Acadia National Park, which included a Carriage Road bike tour. Pictured are Lulu Esch Levanos, Kayla Brennan, WLA Teacher Elaine Brassard, Ashley Dreyer, Adelaide Mazzeo, Emma Young, Lyla Whitney, Alemnesh Sesselberg, Chaya Krigman, WLA Teacher Carolyn Young, Chaperone Teacher Colleen Currier.

Recently, nine student members of the Women's Leadership Academy at Cape Elizabeth High School from the school's Women's Leadership Academy left CEHS behind for a week and traveled to Acadia National Park where they participated in Acadia-sponsored activities.

The group included students Emma Young, Adelaide Mazzeo, Lyla Whitney, Alemnesh Sesselberg, Marta Sanchez, Chaya Krigman, Luciana Esch Levanos, Ashley Dreyer and Kayla Brennan, along with co-teachers Elaine Brassard and Carolyn Young along, and chaperone and History teacher Colleen Currier.

As an extension of Brassard's summer as an Acadia Teacher Fellow, the Cape Elizabeth students had the opportunity to bike the Carriage Roads with a Park Ranger Interpreter, hike to the top of Gorham Mountain via Cadillac Cliffs, and take a naturalist-lead boat cruise to the national park museum and fishing communities of The Cranberry Islands.

Women's Leadership Academy, a high school elective in its 3rd year focuses on developing student's "Values, Vision and Voice" as they study women in leadership.

This year, the class received grant funds and support from the Cape Elizabeth Education Foundation, Friends of Acadia and Acadia National Park. Senior teacher assistant

in the class Chaya Krigman helped co-write the CEEF grant to make it possible. The partnership provided participants with a unique place-based learning opportunity. Students learned about conservation, habitat changes and the importance of balance in healthy ecosystems, and related that to the social, emotional and educational balance students can create in their own lives.

Students also learned about prominent women in Acadia's history and discussed, around an evening campfire, different ways and opportunities to lead in their own lives, not only as people but as women.

They planned the meals, learned how to campfire cook, assemble tents and gear, established clean-up crews and even lit fires. The hope was that they gained confidence and pride in themselves.

According to participants, arguably the most memorable moments of the field trip happened in the hushed teacher-led conversations around campfires, in which students spoke about how they have been a leader in their own lives, and how they could continue to do so. In just three days, students were not only able to create friendships, but also create a community of young women who learned to support each other and help each other perpetuate balance and leadership in their lives.

On the road with Capers

By Sarah MacColl

Capers go places.

Jean Ginn, CEHS '77 and Joanie Benoit, CEHS '75 ran into each other in Hawaii about 20 years ago. I got on the bus at Logan at 11 p.m. last fall and there was Mike McGovern, returning from another overseas trip stomping out polio. (Thanks for the ride home, Mike.) You'll likely meet another Capers coming up Katahdin's Saddle Trail as you pick your way through those loose rocks. Look up occasionally.

The Courier has published scores of pictures of us in faraway lands, holding up our favorite newspaper. We Mainers travel a lot. I've always wondered how we compare to other states. And is it the journey or the destination that we crave or is it the coming home? Maybe Maine, or Cape in particular is such a fine place to live that we leave to celebrate our return.

This new column may inspire you to visit a place a neighbor has been, but I hope to understand some of what the journey means to the traveler. Here's my own recent experience.

The North Maine Woods is a vast forested region owned mostly by lumber companies. The state of Maine works with these private landowners to manage public use of the land. As we drove northeast from Greenville towards Allagash Lake I reminisced about a 1977 rafting trip with my mother down the West Branch of the Penobscot. When my

parents divorced in 1973 her tearful comment was that she didn't know if she'd ever get to go fishing on Nesowadnehunk Stream in Baxter State Park again. Her ashes are in that stream. I put them there in 2008. She had never been back until then.

After a steep hike up Allagash Mountain and a lovely talk with 30 year-old Ranger Alyssa at the Allagash Lake Ranger Station, I hopped out of the canoe into the shallow brook trickling towards Poland Pond and caught a 12 inch brook trout on the first cast. My dad taught six-year-old me to fish but it took me 55 years to get back to it.

Tom hopped out of the boat and threw a line upstream. "There's a 9-incher in there," he murmured as he waded back down to my shady pool. (I got that one, too.)

We saw 11 moose, 4 otters swimming together, a huge Great Blue Heron nest, a pair of noisy loons, 7 Canada Geese, an eagle and a seagull. A new pile of bear scat rounded out the Wild Kingdom experience. Tom suggested an idea for a children's book in which a young creature—maybe a frisky little otter?—shows her world to a young girl or boy, and then the child shows the otter hers. We figured it's been done, but we sat watching the sunset musing about how the story would go.

The moon rose, the bugs came out and it got dark. Early to bed. Same story for five wonderful days in the North Maine Woods.

Halloween scene around town



Photo by Martha Agan

Halloween decoration on Bowery Beach Road.



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Nancy and Debra, Puzzled Sisters, launch new venture

By Kevin St. Jarre



Contributed photo

Nancy Mandell and her sister, Debra Merrill use photos of flowers to create jigsaw puzzles, which are available at Jordan's Farm, or online at puzzledsisters.com.

Cape Elizabeth resident Nancy Mandell and her sister Debra Merrill from Windham have launched a new venture, Puzzled Sisters, to create and sell jigsaw puzzles.

The puzzles are based on photos taken by Mandell at Jordan's Farm in Cape Elizabeth, where she works raising and tending flowers that she turns into bouquets. Merrill is a former flower shop owner who never lost her love of flowers.

The idea for Puzzled Sisters came when Merrill, a jigsaw puzzle aficionado, got Mandell interested in the pastime. However, when they searched for puzzles featuring flowers, they realized that Mandell's photos would make great subjects. It was in this way that Puzzled Sisters came into being.

Asked about the process, Mandell said, "We search for photos with good colors, textures and enough contrast and focal

points to make an interesting and challenging puzzle."

Mandell said her favorite part is "choosing the photos, [and] then getting a box design from the manufacturer for approval, then making a test puzzle of each design to see how it looks completed and expanded to 16 x 20 inches."

They currently offer 12 puzzles, which are 16 inches x 20 inches, each with 504 pieces. The images depict seasonal flowers and scenes of life at the local landmark farm.

Mandell said, "We now have our website and we're hoping to get a little name recognition, and keep going with more seasonal photos and maybe different size formats."

The puzzles are available at the farmstand at Jordan's farm, and online at puzzledsisters.com.



Contributed photo

Cape Elizabeth's Nancy Mandell and her sister Debra Merrill, as "Puzzled Sisters," create and sell jigsaw puzzles. The puzzles are based on photos taken by Mandell at Jordan's Farm in Cape Elizabeth.

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Town of Cape Elizabeth

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Thomas Memorial Library
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AT THIS WORKSHOP :

- Learn how climate change is impacting the people and places in Cape Elizabeth
- Have your concerns, priorities, experiences, and ideas heard as part of a Climate Action Plan process that's being convened by the Town of Cape Elizabeth
- Know what opportunities exist to stay involved in the future

All those who live, work, go to school, own a business or property in town are encouraged to participate!

What is a Climate Action Plan?

A plan to address impacts from climate change and build a more sustainable Cape Elizabeth

Local business spotlight: Maine & Loire

By Marta Girouard



Photo by Orenda Hale

Maine & Loire, located at 59 Washington Avenue in Portland is a wine shop and bar that focuses on natural wine.



Photo by Greta Rybus

Maine & Loire owners Peter and Orenda Hale wanted to open a wine shop in a community where they could grow roots.

When Peter and Orenda Hale got married, they decided on a few things: they wanted to move out of New York City, start a family and open a wine shop in a community where they could grow roots. Portland was an attractive option to the Hales for its thriving hospitality industry and the proximity to Peter's parents.

In 2015, they moved to Portland and opened Maine & Loire on 59 Washington Avenue. "The city, itself, actually made it possible for us to open. By working with an advisor at the Small Business Development Center we were able to apply for a small business loan with the city of Portland, said Orenda. "The goal was to bring the wines we love to our new neighbors in Portland and surroundings."

Maine & Loire is a nod to an area dear to Peter and Orenda. In France, there is a place known as Maine-et-Loire in the Loire Valley and this stretch of land is home to some of their favorite producers. The Hales had both worked in restaurants since they were teenagers and connected with wine, particularly natural wine, which is the focus of their shop. "To us, natural wine is a community (often at odds with itself, it's true) of growers and drinkers who believe in regenerative agriculture, slow and patient wine making, and a broad spectrum of flavors and textures which, ironically, are impossible to achieve using the tricks of commercial industrial wine making," said Peter.

By nature of their backgrounds, taste and the history of natural wine, Maine & Loire features more heavily on the growers of Europe, France in particular. Having said that, the Hales are open to producers from anywhere and enjoy the process of learning more, tasting, writing and sharing what they have discovered.

Everything the Hales sell is farmed organically and is harvested by hand and by people who are fairly compensated for their work. Each bottle of wine has been fermented with its own natural yeasts and has no: added enzymes, added colors, added acids, de-acidification, chaptalization (adding sugar to boost alcohol levels), reverse osmosis (to lower alcohol levels), wood chips, artificial flavors or aromas. Staffed only by Peter and Oren-

da, Maine & Loire is a true "mom n' pop wine shop."

"We want to get folks asking questions, developing their own palates and learning what makes them happy when it comes to wine," Orenda said. To that end, Maine & Loire offers a monthly "Wine Share" that features two bottles (dealer's choice) and includes write-ups on the grower, region, history and winemaking along with pairing suggestions and other context.

The shop offers a 10% discount on mixed cases (12+ bottles) in the shop and a 10% discount for online orders of \$200+. Their website hosts Maine & Loire's entire inventory and customers can find notes about each and every bottle. "Online ordering is easy for quick in-store pick-ups and volume discounts, as well as online-only sales and other offers," said Peter. "Unfortunately the state doesn't let Maine retailers ship wine so all online orders are for local pickup. We are also happy to coordinate local delivery exclusive to our Cape neighbors. Just reach out to us to inquire." Maine & Loire also has a rewards membership program and offers in-store tastings that are free and open to the public. The best way to stay in the loop for wine tastings and other events is to follow the shop on Instagram or sign up for their email newsletter through their website.

When asked what is the most challenging part of running the shop, the Hales replied, "As the only employees if we can't be at the shop, the shop can't be open. We aim to keep as consistent hours as possible for our customers but also are trying to balance being present parents to our three kids." The Hales love the space they are in as well as their customers and are not in any rush to make big changes. "Our work is very physical, so we'll continue to fine tune the space to keep the operation sustainable. We would hope, sincerely, that more and more people find us and make the effort to buy wine from us - we respect that it takes intention to make the trek to the East End," said Orenda.

When not working at the shop, Peter and Orenda love nothing more than spending time with their kids. After renting in Portland for three years, they moved to Cape Elizabeth in 2018. "We feel so fortunate to have our kids grow up in this community," they said. Luca (8) and Lola (6) are students at Pond Cove and Poppy (4) will be starting Kindergarten there next year. Some treasured family adventures include spending time at the beach, going on walks, traveling and going out to eat at their favorite restaurants in town.

For more information on Maine & Loire, visit their website at: www.maineandloire.com and find them at Instagram @Maine & Loire. The shop is open Tuesday through Saturday from 12-6 p.m. with bar service on Saturdays.



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Cape Elizabeth hockey players' co-op teams expanding

By Kevin St. Jarre



Photo by Nicole Steinhagen

For the past several years, the CEHS girls' hockey program has partnered with South Portland and Waynflete in order to put together a team. For the coming season, two additional schools will be joining the cooperative team—Portland High School and Deering High School, and the new team will be known as The Beacons.

Kierith Gentilini is a Cape Elizabeth High School senior, returning to ice hockey this year, and even with considerable changes, she's looking forward to it.

For the past several years, the CEHS girls' hockey program has partnered with South Portland and Waynflete in order to put together a full contingent of players. For the coming season, two additional schools will be joining the cooperative team.

Gentilini said the co-op between CEHS, South Portland HS, and Waynflete School will add Portland High School and Deering High School, and the new team will be known as The Beacons.

"The name mirrors the boy's Portland, Deering and South Portland co-op who are also going to be called The Beacons this year," she said.

This will be Gentilini's fourth season playing with the team, and being coached by Bob Mills. She said, "I have played center, left-wing and most recently, defense."

Gentilini said she is really excited for this season. "[I]t's looking like we are going to be a competitive team. We are going to have about 30 players with a really wide mix of experience levels. There are a lot of girls on the

team this year who have never played hockey before and some who have been playing for many years."

Gentilini said they are already talking about different group bonding activities they can do together, which she says is going to be really fun.

"At our information meeting this week, everyone was introducing themselves and starting to get to know one another," she said.

The new team had its first practice on Monday, November 6, and Gentilini was really looking forward to getting back on the ice with everyone.

Gentilini said, "It's hard to pick just one favorite thing about girl's hockey because it really is a combination. First of all, the sport itself is a lot of fun to play. There is always constant action and movement, and I love that when you are on the ice in a game, you're never just standing around and everyone on the ice is working together at a very fast pace. I also love that it is a sport with so many different components. Between skating, puck

-see HOCKEY page 14

November naturalist's corner

By Erika Carlson Rhile
CELT Education Committee Chair



Photo by Erika Carlson Rhile

A fairy ring in the woods; legend warns against stepping into one on Halloween.

November 5: 2:00 a.m. Daylight Saving Time ends

Although the "Sunshine Protection Act" passed in the Senate in 2022, the bill never got a vote in the House of Representatives and died there before that session of Congress ended. So Maine will 'fall back' on November 5 despite its residents being "tired of 4 p.m. sunsets and time-change whiplash that throw[s] our collective routines out of whack," according to Senator Angus King.

November 27, 4:16 a.m. Full Beaver Moon

Why the Beaver Moon? This is the time of year when beavers begin to take shelter in their lodges, having laid up sufficient stores of food for the long winter ahead. During the time of the fur trade in North America, it was also the season to trap beavers for their thick pelts. The Abenaki tribe of Maine called the November moon *mzatanos* which meant "freezing river maker moon." With climate change, icing over tends to occur much later.

In a field of grass, Very lightly step around, Tiptoe as you pass; Last night fairies frolicked there, And they're sleeping somewhere near. Have you stumbled across

any fairy rings? I have found two rings of sweetbread mushrooms recently, one in the woods and one under our bird feeder where a birch tree fell. These mushrooms are a network of underground filaments that spread out in a ring. The fungi emit enzymes which dissolve organic matter in the soil, which the fungi then feed upon. The ring consists of one organism which spreads out uniformly in all directions. One of the largest rings ever found is in northeastern France; it is about 980 ft in diameter and over 700 years old!

There are two meteor showers that peak in November: the Taurids on November 4-5 and the Leonids on November 17-18. Maine is the least light-polluted state on the East Coast, but Cape Elizabeth's skies are affected by nearby Portland's bright lights. Light pollution has been attributed to the decline of lightning bugs and the disruption of nocturnally migrating bird populations. It also has implications on human health; consider the role light has in circadian sleep rhythms. You can help by turning off unnecessary lights on your property or joining a citizen science project measuring light pollution.

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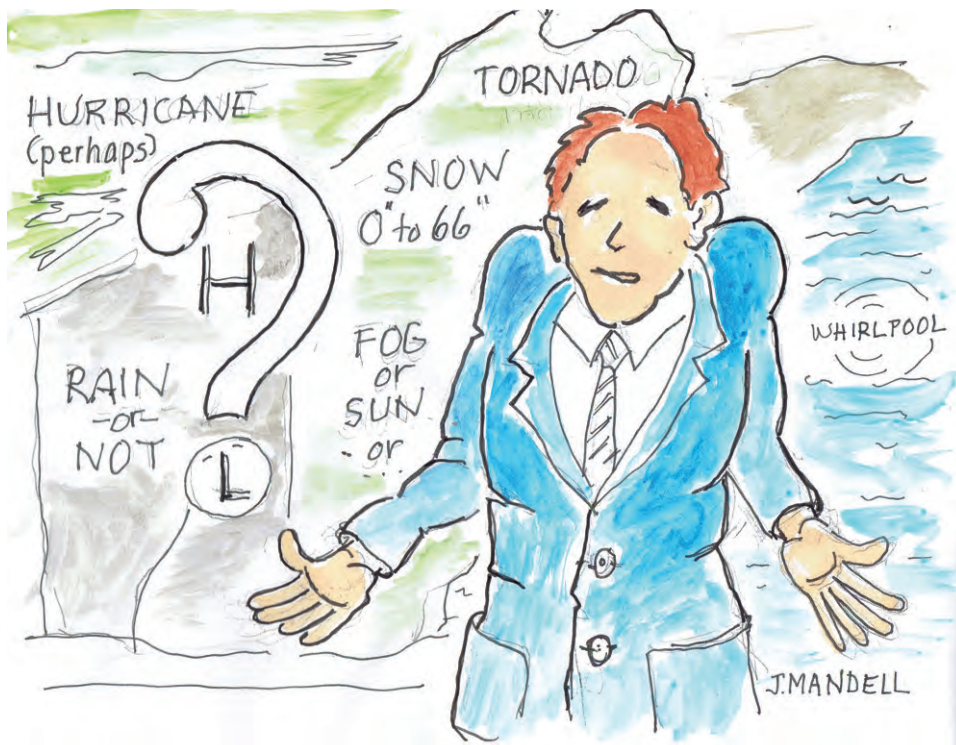
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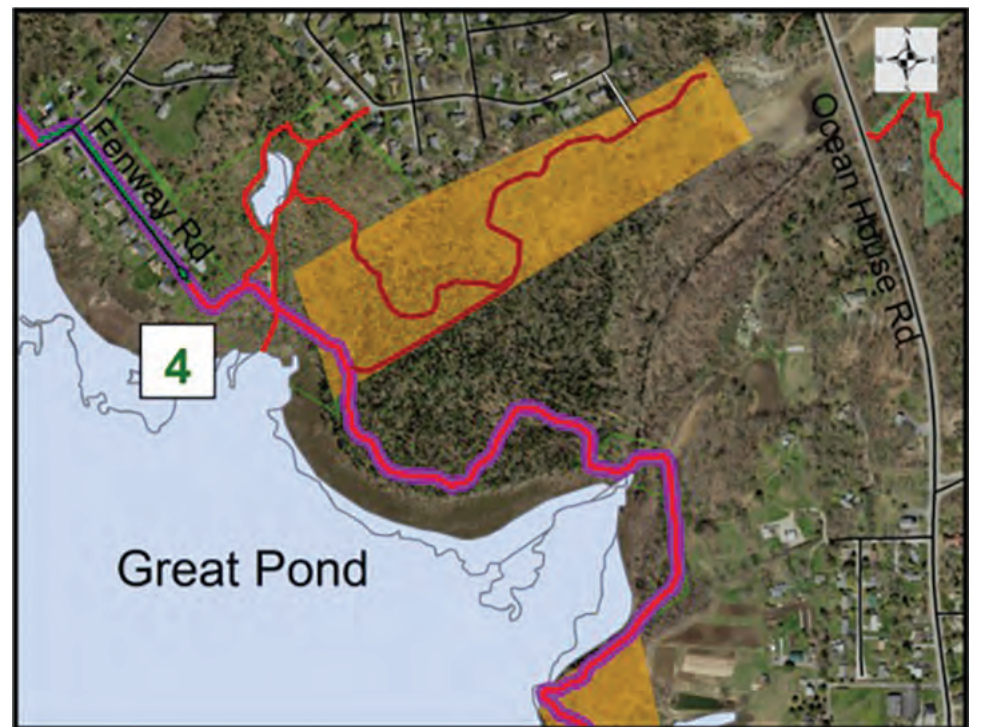
Capetoon: Weather foreguss

By Jeff Mandell



Greenbelt Gazette

By Maureen O'Meara



CEUMC to host Gratitude Walk on Nov. 18

The Cape Elizabeth United Methodist Church will hold a Gratitude Walk on Saturday, Nov. 18, at 10 a.m. in Chapel Woods.

Be inspired by this quiet time in the woods, listening to the many sounds of nature, feeling the breezes, smelling the scents of fall while joining others to appreciate what we are all thankful for on

the weekend before Thanksgiving.

This event, sponsored by the church's Eco Team, will take place rain or shine. Bring family and friends. All are welcome.

The church is located at 280 Ocean House Road (Route 77). Meet at the far end of the church parking lot by the kiosk to join the walk.

Coyote trapping is happening next to Great Pond Trails. Trail users should respect private property owners by staying on greenbelt marked trails. This includes pets.

Multi-user Mantras

- No motorized vehicles on town trails. Trail users are reminded that ATVs are prohibited by town ordinance on town greenbelt trails.

- Hunting Season.

While deer hunting season is the most well known, there are a variety of hunting seasons underway as regulated by state law. On the town's more remote open spaces, such as Winnick Woods and Gull Crest, hunting is allowed (per state law).

Trail users in these areas should consider wearing blaze orange, and stay on the trails. Anyone who wants to erect a deer stand on town open space is required to obtain a permit from the police department. A stand must be set back a minimum of 10 yards from a marked greenbelt trail.

- Great Pond joyrides.

Permit holders please note that there have been a few instances of unknown

persons removing boats from the Great Pond boat racks and failing to replace them on the racks. The terms of the town easement that permits the boat racks also requires that boats must only be stored on the racks. Please also note that the all boats must be removed from the racks by December 3, 2023.

- Events on town open space.

Do you have an idea for a great community event that you want to hold on town open space? Contact the town planner, Maureen.omeara@capeelizabeth.org, for information on how to obtain approval from the Conservation Committee for your event.

What's Happening?

- Coyote trapping next to Great Pond Trails.

Greenbelt trails often abut or are hosted on private property and trail users should respect private property owners by staying on greenbelt marked trails. This includes pets.

In particular on Great Pond trails, trail users and their pets should stay on the trail, as the abutting property owner will be trapping coyotes. If your pet cannot stay on the trail, it should be on a leash.

- Updated Town Greenbelt Trails map. Months in the making, the Conservation Committee is releasing an updated Greenbelt trails map in November.

Updates include better mapping in Winnick Woods/Cross Hill, and Gull Crest, and new information from CELT. Maps will be available in the ACP Office, Town Hall. Mapping posted to the town website will also be updated. Updated signage will also be installed at Winnick Woods/Gull Crest.

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Senior Photos



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Local birding report

By E. Brooks Bornhoff

As the days grow shorter and neotropical migrants are well on their way to wintering haunts, birders begin to eagerly anticipate a report issued every autumn for the last twenty-three years called the Winter Finch Forecast.

According to the 2023-2024 report, this fall and winter look to be a promising flight year for one boreal finch in particular, the Pine Siskins. The research states that due to a poor White Spruce crop in much of the boreal forests, large numbers of Pine Siskins have been heading southward. At migration monitoring stations in Tadoussac, Quebec there were daily reports of thousands of siskins passing through starting in mid-September.

A goldfinch in disguise, the constantly atwitter *Spinus pinus* is similar in size and shape to that of our resident American Goldfinch but its bill is longer and slimmer. A siskin's body and head are distinctly streaked much like a sparrow – capped off with subtle golden colored edgings running wingtip to tail. Listen for these nomadic finches in your local patch of pine trees - their wheezy, whispering trills fill the air as a flock springs out from a sheltered nook, swirling back and forth and round-about.

As for my own historical sightings in Cape, in January of this year I had a single bird mixed in with a flock of Goldfinches in our yard and last year I found a small band of siskins within the old pine grove within Runaway Farm. In early November of 2020 a flock of thirty Pine Siskins stuck around our tube feeder for nearly two weeks.

According to this forecast Red Crossbills are also expected to turn up in widespread areas across the east this winter. Males are brick-red and females are mostly yellowish olive. Both have unique twisted bills that cross when closed. Their specialized bills give these boreal finches an advantage over other finches when it comes to breaking into unopened seed cones.

Interestingly, the distinct regional differences between Red Crossbills such as flight calls and bill shapes have resulted in ornithologists rethinking these different groups as "types" rather than subspecies. In most cases Crossbills will only breed with their own type, a term scientists call assortative mating. To date, ten North American and more than a dozen Eurasian types of Red Crossbills have been identified and it is possible that we will see more types recognized as full species soon. The most often heard calls from Crossbills come while in flight. Listen for their short, dry jip and slower, richer toop calls. Interestingly, according to my records, over the last five years I have not yet seen or heard a Red-crossbill in Cape Elizabeth.

On a related note, I had been wondering how the wildfires from this past summer had impacted boreal birds. The author of the report Tyler Hoard made comment that the effects were minimal because much of the conifers that burned had experienced a

significant cone crop the year prior to the wildfires. Because bumper crops do not occur every year for the same tree, the overall impact that the fires had on food sources was limited.

Additional notes from the yard and field include, on the morning of October 27 I was lured to the bedroom window by a peculiar call described by some as a loud "puckering kiss." As I waited patiently, a rich yellow-green warbler with a glossy blue-black crown spot emerged from the lower section of an overgrown Lilac bush and perched perfectly still on a branch no more than three feet from where I was positioned. The black cap atop this little fellow's head was the giveaway, a Wilson's Warbler and a late in the season traveler at that. Although Wilson's Warblers rarely sing during migration this bird, who is characteristically full of perky restlessness and song, launched into a hurried Goldfinch like trill followed by a slightly harsh, low-toned chut.

According to Peter Vickery's "Birds of Maine," the Wilson's Warbler is fairly a common but never numerous warbler who mostly breeds in northern and down-eastern parts of the state and is seen only on occasion in late October into November.

I was again drawn to my bedroom later that morning, this time by an odd scratching noise. Upon entering the room, I immediately noticed that there was a Carolina Wren sitting atop the lampshade on my bedside table! The bird must have come through a slightly ajar window in the bathroom. Carolina Wrens are ever curious characters who love to explore. Although I did not want to deprive this little fellow of his adventures, I opened the window and, with a cock of its tail the wren went flew out and was on its merry way.

The following morning of October 28 along Crescent Beach State Park I noted lingering Yellow-rumped Warblers and secretly singing White-throated Sparrows along with two Immature Bonaparte's Gulls and a pair of Red-necked Grebes off Richmond Island. There was also a report on this day of a female Indigo Bunting discovered within Two Lights State Park.

At about this time every year my mind starts to drift to thoughts of one my favorite owls, the Short-eared Owl. For me, the

buoyant, mothlike flight of a hunting short-eared Owl exemplifies the poetry of motion. Listed as threatened in Maine, this diurnal owl that is about the same size as an American Crow, nests on the ground and is an uncommon to rare breeder across open habitats in Northern and Eastern Maine. Short-eareds are most often seen between October and late December with small numbers of these owls wintering along our coastal plains.

One of the most widely distributed owls in the world, this bird can travel long distances over vast expanses of open ocean. In fact, I have seen the Hawaiian version of this owl, called a Pueo on Maui and on the Azorean Island of Sao Miguel. Locally I last saw this owl on the Portland International Jetport in 2021 and along the Scarborough marsh in December of 2018.



A male Wilson's Warbler.

Photo by E. Brooks Bornhoff



A Bluebird stopping for a dip in a bath.

Photo by Martha Agan



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Thomas Memorial Library offers programs on climate action, the amazing wildlife of Ecuador

Holiday Closures

The library will be closed on Saturday, November 11 for Veterans Day. It will also be closed on Thursday, November 23 and Friday, November 24 for Thanksgiving.

My Climate Future: High-Schoolers Picture Their World To Come

What will Cape Elizabeth look like in future decades, given predictions of substantial climate change? The November exhibit in the library's Stier Family Gallery may provide some answers.

Greta Thunberg aside, the views of young people—who did not cause the problem yet have the most skin in the game—have been largely absent from conversations on this topic. And so a local nonprofit in partnership with Cape Elizabeth High School plans to leverage the visual expression of the hopes and fears of teens about Cape in particular to amplify the views of high-schoolers nationally. The mission of "Seeing for Ourselves" lies in equipping and training marginalized individuals to take control of their own public narrative by documenting their lives photographically. The exhibit of students' photographs will be on display throughout the month of November.

CHILDREN'S PROGRAMS

Character of the Month

It's DINOvember at the library and we're planning a RARWsome good time. We'll have fun activities throughout the month of October, like our popular scavenger hunt!

Read To a Dog

Children in grades K – 6, especially

struggling or less-than-confident readers, are invited to sign up for 15-minute time slots to read with a certified therapy dog. Check out the sign-up sheet in the children's room for appointment availability and to "meet" our dogs, or call the children's room for more information.

Special Events

Elephant & Piggie Party

Friday, November 11, 10:30 a.m.

Join us for a special story time starring Mo Willems' characters Elephant and Piggie. We'll read stories, sing songs and make a special craft.

DINOvember Story Stomp!

Friday, November 18, 10:30 a.m.

Join us for a fun, dinosaur-themed family storytime. Stomp, roar and chomp along with us while we read some dino-mite stories. A dinosaur-themed craft will immediately follow storytime. In case you're asking, "What is "DINOvember?" It's a month-long celebration of dinosaurs and the children (and adults) who are obsessed with them. It was inspired by Refe and Susan Tume, authors of the "What the Dinosaurs Did" picture book series and instigators of this "month-long imagination invasion."

Sewing Adventures: Mini Animals & Pet Toys

Saturday, November 18, 1:00-2:30 p.m.

Library Conference Room

For ages 8-14. Sew your own pet toy or miniature animal. Make a cat, a rat, a mouse or a fish for your pet, or as soft sculpture. In this workshop, sewists will design a

miniature animal and sew it to life with fabric, felt and stitches. Beginning sewists welcome. No prior experience necessary but complete beginners must be accompanied by their adult to work one on one in learning basic skills of threading a needle and tying a knot for their first few meetings. All materials provided. Registration required, sign up on our website.

Weekly Programs

Messy Minis! Process Art for Curious Kids

Mondays, 10:30 a.m. (Ages 2-5)

Let your imagination run wild and join us for Messy Minis time in the Community Room. Let's paint, color, cut and paste together to make magic! Each week we'll have different supplies out for you to be creative with. Some supplies may be limited, so be ready with your flexible and creative muscles. We can't wait to see what you make. For budding artists ages 2-5 and their caregivers.

Dress Up and Dance

Tuesdays, 10:30 a.m. (Ages 2-5)

Join us for 30 minutes of moving and grooving to our favorite playlist, special dress-up costumes and everybody's favorite bubble song. For dancing enthusiasts ages 2-5.

Play Date at the Library

Wednesdays, 10:30 a.m. -12:00 p.m. (Ages 0-5)

Drop-in playtime session for children and their caregivers. This informal program is a fun and engaging way to explore liter-

acy practices along with social and imaginative play. Through play, young children learn about their world. With this knowledge, they can understand books and stories once they begin to read. The Community Room is open for exploration during this time, with special toys and stations while you visit with friends.

Ready for Reading Club

Wednesday, 1:30-2:00 p.m. (Ages 4+)

A special storytime program for children ages 4 and up. Join us for longer stories, fun with music, and a variety of simple early learning games and activities.

Tiny Tunes

Thursdays, 10:30 a.m. (Ages 1-3)

This inclusive program is for children who are not quite ready for a traditional story time, but love to have fun with friends. Join us for a movement-based program that's a gentle introduction to the routines, songs and props we use for storytimes, but without the books. Great for curious, wandering wigglers, ages 1-3 and their caregivers.

Traditional Story Time

Fridays, 10:30 a.m. (Ages 3+)

Join us in the Community Room for songs and stories, bubbles, and Belinda the Bear. Geared toward ages 3-5 or anyone who enjoys listening to a solid two stories.

School-Age Programs

D&D Social (Ages 11-13)

Third Tuesday of each Month, 3:30-4:30

-see LIBRARY page 13

Town Council To Vote On Overreaching Housing Zoning Amendments

One year ago, 62% of Cape's voters soundly rejected a \$116 Million bond for new school buildings. A week later, concerning musings arose at a joint meeting of Cape's Town Council and School Board. **Instead of taking the clear result of the referendum to heart, the bond's defeat was openly attributed to a shortcoming in marketing and communication.**

Are we to believe that one of the most highly educated and school-supporting electorates in Maine couldn't figure out that a massive bond and its 22-24% tax increase was simply too much? The blatant refusal to accept Cape's election results may be reflective of a simple arrogance. Nonetheless, it certainly represents an **ongoing and unhealthy disconnect** between those leaders and their community.

That same disconnect has now been extended to the zoning amendments process. The Town Planner and each member of the Ordinance Committee have repeatedly stated in public that their proposed zoning amendments are only those mandated by the new state law LD 2003. They have insisted that any change beyond what's required would be explored by Cape's ad-hoc Housing Diversity Study Committee (HDSC).

However, hidden behind cleverly opaque language are many changes that are demonstrably not required by the law – **changes that will have permanent and devastating impacts on our community.** Accessory Dwelling Units (ADUs) would now be 1,100 sf houses instead of Cape's current cap at 600 sf! Single-family homes could be torn down and replaced with large, four-unit apartment buildings – in residential neighborhoods! Site-plan review has even been removed! And there's more, much of which has been exposed in these pages throughout the year.

But instead of changing course and honoring their oft-made assurances, the committee chose to spend \$4,700 of your property tax dollars to hire out-of-town consultants to help market their controversial proposal. For reference, please go to CETV online (Cape Elizabeth Television) and pull up the October 16th Ordinance Committee Public Forum. You will see their paid consultant introduce the meeting, then walk around the sparsely attended forum... talk-show style. **The chair of that committee calls the expenditure "21st century communication." We call it "Wrong."**

On November 13th, the Town Council will in fact take up the slate of housing ordinance changes. Given their expenditure to "educate" our community on their controversial plan – a plan that hasn't materially changed in many, many months – it seems the disconnect will persist. We'll be following their vote, and hope you will be, too.

What is the Cape Neighbors Alliance?

We are a group of Cape citizens who believe that good governance happens when our community is heard, our government's processes are transparent, and personal agendas are set aside. We intend to stand with our neighbors and our community to ensure this vision becomes reality.

Library

Continued from page 12

p.m. (Conference Room)

November 21

Looking for an adventure? Travel no further as your next journey awaits within the D&D Enthusiasts Club at the library. A group for Dungeons & Dragons players and enthusiasts ages 11 - 13. Meet other local players interested in this awesome role playing game: share experiences, inspire and encourage each other. Note: this is not a campaign, just a time to socialize and plan your own sessions with new friends. There is no registration for this program, children 10 and under must have an adult present.

Kid's Open Chess (Ages 8+)

Wednesdays 3:30 - 4:30 p.m.
(Conference Room)

For ages 8+. Find a friend and play a game during this drop-in time designed for elementary-age children who wish to practice their chess skills. Boards are provided but we also encourage you to bring your own. There is no registration for this program; children 10 and under must have an adult present.

Book Club: Grades 7 & 8

Last Monday of each Month, 2:45-3:45 p.m.
November 27

Register on our website or stop by the children's desk to see what we're reading next.

For Teens

TML Teen Writing Group

Saturdays at 2:00 - 3:00 p.m.

Are you a teen who loves writing? Join us at TML for our very own teen writing group. With weekly drop-in sessions and monthly genre workshops, we'll go over basics like voice, plot, style and form, with a multitude of writing prompts and the opportunity to give and receive feedback. Register on our website.

PROGRAMS FOR ADULTS:

Cape Elizabeth Historical Preservation Society Presents: The Sinking of the USS Eagle 56, with maritime historian Paul Lawton

Tuesday, November 14, 6:30 - 8:00 p.m.
In-person at the library

The longest and most deadly and destructive naval battle in history raged across the Atlantic Ocean for more than five years, from 1939 through May of 1945, with the loss of more than 3,000 Allied and Axis merchant ships, warships and submarines, and more than 80,000 lives. The very last chapter of the epic Battle of the Atlantic took place just off the Cape Elizabeth coast, resulting in the loss of the

last U.S. Navy warship, the last German U-boat, and the last American flagged merchant ship to be lost in the Eastern Sea Frontier during the war. Join us as we welcome maritime historian Paul Lawton, who will discuss the secret history behind the sinking of the USS Eagle 56, including how his research resulted in the belated issuance of 51 Purple Heart medals, 49 posthumously, to the officers and crewmen killed and injured aboard the ship off the Cape Elizabeth coast in 1945. All are welcome.

Cape Elizabeth Garden Club Presents: Edible Landscape Design, with Barbara Emerson

Thursday, November 16, 6:30 - 8:00 p.m.
In person at the library

Starting with a brief history of food gardening, Barbara will cover the concepts to consider when integrating edible plants in your ornamental garden, or edible flowers into your vegetable garden. Her goal is to help you have fun and enjoy the process of growing your own, healthy food. She will show how the height, shape, texture, fragrance and color of edibles can make your garden look and taste wonderful next summer.

Short on space? Barbara will show how creative container combinations can help anyone with a patch of sun grow their own delicious food and have a beautiful space at the same time. All are welcome.

Pond Cove Death Cafe, with Leona Oceania of Die Well Death Education

Tuesday, November 21, 6:30 - 8:00 p.m.
In-person at the library

A group-directed conversation about death with no agenda, objectives or themes - with cake! (it is not a grief support or counseling session.) Registration is not necessary, but if you register, you can receive reminders and updates about recommended resources, or weather cancellations.

The Amazing Wildlife of Ecuador: The Andes, the Amazon, and the Galapagos Islands, with Ed Robinson

Tuesday, November 28, 6:30 - 8:00 p.m.
In-person and streamed simultaneously via Zoom

Enjoy this photographic tour of the lofty Andes mountains, mid-elevation cloud forests, the Amazon Basin and the storied Galapagos Islands. The talk chronicles a three-week trip to some of the most diverse and unspoiled habitats on Earth, opening the door to the vast array of wild creatures that live there.

Writer and photographer Ed Robinson of Orr's Island is a widely traveled naturalist and will share his knowledge of the region and its beautiful creatures. The presentation will entertain and educate using 150 stunning photos, biological facts and stories with a Q&A session to follow. All

are welcome.

Town of Cape Elizabeth Climate Action Workshop, with the Cape Elizabeth Energy Committee

Thursday, November 30, 6:30 - 8:00 p.m.

In-person

Get involved with climate action in Cape Elizabeth! All those who live, work, go to school, own a business or property in town are encouraged to participate. At this workshop:

- Learn how climate change is impacting the people and places in Cape Elizabeth

- Have your concerns, priorities, experiences and ideas heard as part of a Climate Action Plan process that's being convened by the town of Cape Elizabeth

- Know what opportunities exist to stay involved in the future

What is a Climate Action Plan? It's a plan to address impacts from climate change and build a more sustainable Cape Elizabeth. The Greater Portland Council of Governments (GPCOG) has been contracted to lead the town of Cape Elizabeth through a Climate Action Planning process, providing support, guidance, and technical assistance to create a plan that is aligned with the State of Maine's "Maine Won't Wait" Climate Action Plan. Please join us to learn how you can make a difference in shaping the future of Cape Elizabeth.

Die Well Death Education Session Three: The Importance of Legacy Work: What to Do, and Where to Start, with Leona Oceania of Die Well Death Education

Tuesday, December 5, 6:30 - 8:00 p.m.
in-person at the library

One of the library's goals is to connect people with each other around topics of importance to their lives as individuals and as members of our community. One of the most vital, and often avoided topics, is death. We are pleased to offer a year-long Death Education series facilitated by Cape resident Leona Oceania.

This is a topic-driven discussion that tackles a different aspect of death each month. It takes place on the first Tuesday of every month at 6:30 p.m. In this third session we'll be talking about the importance of doing legacy work. Legacy work is not about dying and death, it is about life and living; and creating your own legacy for your family, friends, and loved ones... and yourself. Only you can tell your story, expound upon your personal wisdom, and express your feelings to and about others

that are important to you. It is ideal to start this sooner than later; preferably before you are actively dying. We will discuss different methods of documenting your legacy, including several prompt questions.

All are welcome and individually wrapped, homemade skull cakelets will be provided. Registration is not necessary, but if you register, you can receive reminders and updates about recommended resources, or weather cancellations.

ONGOING PROGRAMS FOR ADULTS:

Daily Fika (Coffee Break)

Wednesdays-Saturdays, 10:00 - 11:00 a.m.
Via Zoom

Pod Complex: A TML Podcast Listening Club

First Thursday of the month, 5:00 - 7:00 p.m.
Via Zoom
Next meeting: December 7

Songwriting Workshop (with Jud Caswell)

First Tuesday of the month, 6:30 - 8:00 p.m.
In person
Next meeting: December 5

Big Little Lit: Children's Books for Grown-ups

Third Wednesday of the month, 11:00 a.m. - 12:00 p.m.
In person AND via Zoom
Next meeting: November 15
Next book: "The Murderer's Ape," by

Guerilla Poetry Whoop

Second Thursday of the month, 6:30 - 7:30 p.m.
Via Zoom
Next meeting: November 9

E-ldering Conversation Group

Wednesdays
1:00 - 2:00 p.m.
In person AND via Zoom

Adult Book Group

Third Thursday of the month, 3:00-4:00pm
In person AND via Zoom
Next meeting: November 16
Next book: "The Measure of a Man," by Sidney Poitier

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CAPE CALENDAR

By Wendy Derzawiec

Please see the town website, www.capeelizabeth.com for meeting locations

Instructions for joining videoconference meetings listed below will be posted on the town website, www.capeelizabeth.com.

Wednesday, November 8

Community Services Committee, Community Center, 5:30 p.m.
Diversity, Equity, and Inclusion Committee, Thomas Memorial Library, 6 p.m.
Planning Board Workshop, Lower Conference Room, Town Hall, 7 p.m.

Monday, November 13

Town Council, Town Hall, 7 p.m.

Tuesday, November 14

School Board Meeting, Town Hall, 6:30 p.m.
Conservation Committee, Town Hall, 7 p.m.
Town Council Caucus Workshop, Lower Conference Room, Town Hall, 7 p.m.

Thursday, November 16

Fort Williams Park Committee, 6 p.m.
School Building Advisory Committee - PUBLIC FORUM, Town Hall, 6:30 p.m.
Energy Committee, Jordan Conference Room, Town Hall, 7 p.m.

Monday, November 20

Housing Diversity Study Committee Meeting, Town Hall, 6:30 p.m.

Tuesday, November 21

Planning Board, Town Hall, 7 p.m.

Ongoing each week

Al-Anon, 7 p.m. Fridays, First Congregational Church, 301 Cottage Road, South Portland. Parking in rear.
Alcoholics Anonymous, 2 p.m. Saturdays, First Congregational Church, 301 Cottage Road, South Portland; 7 p.m. Wednesdays, St. Bartholomew Church; 7 p.m. Fridays, St. Alban's Church.
Cape Elizabeth Historical Preservation Society, 9 a.m.-noon Mondays and Thursdays when "Open" sign displayed, Fort Williams, in the brick building closest to Shore Road (ring the doorbell).
Cape Elizabeth Lions Club, 6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road
Cape Elizabeth Republican Town Committee, 6-8:30 p.m. first Wednesday of the month, Cape Elizabeth Community Center. Contact: cercme.com for Cape information.
South Portland/Cape Elizabeth Rotary Club, 6:15 p.m. Wednesdays at 107 Preble Hall, Southern Maine Community College, 2 Fort Road, South Portland. sp-ce-rotary.org.
Codependents Anonymous (CODA) group at Cape Elizabeth United Methodist Church. Regular meeting weekly on Saturdays at 10:30 a.m. Call 799-4599 FMI.

CABLE GUIDE

Subject to change. Please see cstv.capeelizabeth.org for latest program guide and video on demand.

LD2003 Podcast - October 5, 2023

CETV CHANNEL 1302

Nov. 8 - 9 a.m., 5 p.m.
Nov. 9 - 9 a.m., 5 p.m.
Nov. 10 - 9 a.m., 5 p.m.
Nov. 11 - 1 p.m., 5 p.m.
Nov. 12 - 11 a.m., 5 p.m.

Hockey

Continued from page 9

handling, and shooting there are always ways to improve your game and challenge yourself to grow as a player. Overall, I have loved being a part of the team itself and have had a really positive experience. I would really encourage any girl interested in playing to sign up and try it out!"

She said she loves playing on a co-op

team, where there is a mix of girls from different schools. "It's a great opportunity to meet new people, and we all have a lot of fun together. Everyone gets along really well, and I think if someone who didn't know us were to walk into our locker room or see us on the ice, they wouldn't be able to distinguish who goes to what school because when we are all together, everyone is just friends with everyone," Gentilini said.



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SERVICES

Cape Elizabeth Church of the Nazarene

499 Ocean House Road (Route 77)
747-1113
www.capenazarene.org
Sunday School for all ages: 9:30 a.m.
Sunday Worship Celebration: 10:45 a.m.
Services streamed live or on demand:
watch.capenazarene.org

Cape Elizabeth United Methodist Church

280 Ocean House Road
799-8396
www.ceumc.org
Sanctuary Service: 10 a.m.
In-person Sunday services 10 a.m. For Zoom services, call 799-8396

The Church of Jesus Christ of Latter-day Saints

29 Ocean House Road
799-4321
Sacrament Meeting:
Sunday, 10 - 11:00 a.m.
Sunday School/Primary: 11:10 a.m.-12 p.m.

The Church of the Second Chance

Greater Portland Christian School
1338 Broadway, South Portland
641-3253
Sunday: 10:30 a.m.-12:15 p.m.

Church of the Holy Spirit

1047 Congress Street, Portland
874-9779
www.HolySpiritPortland.org
Sunday Worship: 10:00 a.m.
Sunday Adult Bible Study: 9:00 a.m.
Sunday School for children: 10:00 a.m.
Services streamed live on Facebook
Potluck dinner every third Sunday

Congregation Bet Ha'am

81 Westbrook St., South Portland
879-0028
www.bethaam.org
Worship: Friday, 7:30 p.m.
Saturday, 10:30 a.m.
Family Shabbat Services:
Second Friday, 6:00 p.m.

Hope Community Church

879 Sawyer Street South Portland
799-4565
www.hopesopo.com
www.facebook.com/hopesopo
Sunday Morning Worship at 10 a.m.
Kid's Church for ages 4 through grade 5

Service videos available on our website

Promised Land World Reach Center

536 Cottage Road, South Portland
799-3152
Sunday Prayer & Intercession: 9:30 a.m.
Sunday Worship: 10 a.m.
Family Bible Studies: Wednesday, 7 p.m.
Sermon recordings available to download

Redeemer Lutheran Church - LCMS

410 Main Street, Gorham
839-7100
www.RedeemerMaine.org
1st Saturday of the month 10:00 a.m. with masks
Sunday Bible Class 9:00 a.m.
Sunday Service: 10:15 a.m.
Wednesday Vespers: 6:30 p.m.
Sunday and Wednesday services are in person and streamed on Facebook

Saint Alban's Episcopal Church

885 Shore Road
799-4014
www.stalbansmaine.org
Sunday Services:
Rite 1 with Holy Eucharist 8:00 a.m.
Rite 2 with Holy Eucharist 9:30 a.m.
Live Streaming on YouTube ([stalbanschannel](https://www.youtube.com/channel/UCstalbanschannel))
Children's Programs 9:30 a.m.
Celtic Eventide 5:30 p.m.
Room for all

St Bartholomew Catholic Church of Saint John Paul II Parish

8 Two Lights Road, 207-883-0334
Website: www.JP2me.org
Sunday Mass: 9 a.m.
Daily Mass: Mon. and Wed. 8 a.m.
Sacrament of Confession: Mon. 8:30-9 a.m.
Additional Mass times in Scarborough & South Portland listed on website

First Congregational Church United Church of Christ

301 Cottage Road, South Portland
799-3361
www.fccucc.org
Sunday Worship: 10:00 a.m. in person and streamed on Facebook & YouTube

First Congregational Church of Scarborough

167 Black Point Road, Scarborough
883-2342
www.fccscarborough.com
Sunday Morning Worship: 9:30 a.m.
Sunday School & Nursery Care



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FOR RENT

Two-bedroom Snowbrook condo for rent on school vacation weeks, if interested call Sara at 207-415-1973

Looking for a new way to teach reading, meeting set for Nov. 8

By Kevin St. Jarre

A local group calling itself, “Cape Parents for Reading Reform” will host an informational meeting in Cape Elizabeth.

Cape parent Amy Vaz said the group formed last spring after another parent, Abbey Forcier and Vaz realized that they shared a common passion for reading reform.

Vaz pointed to news coverage, and almost weekly columns, in the New York Times, and recently in The Boston Globe that covered “the need for change in reading curriculums across the nation.”

Vaz said, “We have a core group of parents who have formed Cape Parents for Reading Reform and are actively engaging with Cape Elizabeth School District administrators to advocate for change [away] from our current Balanced Literacy curriculum, to one based on evidence-based research on how to best teach all children to read.”

She went on to say that the purpose of the meeting is to discuss the science of reading with local reading advocate John Alexander, and that CESD administrators “...Michelle McClellan and Pond Cove Principal Tiffany Karnes will be present to take questions.”

The meeting will take place on November 8, at The Hub at 327 Ocean House Road at 6:30 p.m.

Have a Classified Ad, Announcement or Event?



Go to www.capecourier.com

The “KID” Courier

Are you a young, aspiring writer or artist? We want to hear from you!!

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High/low tide chart

| Date | High Tide | | | | Low Tide | | | | |
|------|-----------|-------|------|-------|----------|-------|-----|-------|------|
| | AM | ft | PM | ft | AM | ft | PM | ft | |
| 8 | Wed | 7:23 | 8.5 | 7:39 | 8.6 | 1:07 | 1.3 | 1:30 | 1.6 |
| 9 | Thu | 8:07 | 8.9 | 8:26 | 8.7 | 1:52 | 1.2 | 2:17 | 1.2 |
| 10 | Fri | 8:46 | 9.2 | 9:08 | 8.9 | 2:32 | 1.0 | 2:59 | 0.8 |
| 11 | Sat | 9:22 | 9.6 | 9:49 | 9.0 | 3:08 | 0.9 | 3:37 | 0.4 |
| 12 | Sun | 9:56 | 9.9 | 10:28 | 9.0 | 3:43 | 0.8 | 4:15 | 0.0 |
| 13 | Mon | 10:31 | 10.1 | 11:07 | 9.0 | 4:19 | 0.8 | 4:53 | -0.2 |
| 14 | Tue | 11:08 | 10.3 | 11:47 | 9.0 | 4:57 | 0.8 | 5:32 | -0.4 |
| 15 | Wed | 11:48 | 10.3 | | | 5:37 | 0.8 | 6:14 | -0.4 |
| 16 | Thu | 12:29 | 8.9 | 12:31 | 10.3 | 6:20 | 0.8 | 7:00 | -0.4 |
| 17 | Fri | 1:15 | 8.8 | 1:18 | 10.2 | 7:07 | 0.9 | 7:50 | -0.2 |
| 18 | Sat | 2:06 | 8.6 | 2:12 | 10.0 | 7:59 | 1.1 | 8:45 | 0.0 |
| 19 | Sun | 3:05 | 8.6 | 3:13 | 9.8 | 8:58 | 1.2 | 9:45 | 0.1 |
| 20 | Mon | 4:07 | 8.7 | 4:19 | 9.6 | 10:03 | 1.2 | 10:46 | 0.2 |
| 21 | Tue | 5:11 | 8.9 | 5:27 | 9.5 | 11:11 | 1.0 | 11:48 | 0.2 |
| 22 | Wed | 6:13 | 9.3 | 6:35 | 9.5 | | | 12:20 | 0.7 |

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Contributed photo

Caper Lucia Hoyt (1) catches up on the Cape Courier in Mexico City.



Photo by Tim Dew

Cape Elizabeth resident Ernest Pevny, pictured on October 19 at the corner of Stonegate of Mitchell Roads, captures the town's gorgeous fall foliage onto his canvas.



Photo by Tara Simopoulos

With the temperature hovering around 80 degrees, it felt more like summer on October 28 and beachgoers at Crescent Beach State Park took advantage of the beautiful weather.

SAVE THE DATE!

The Cape Courier presents:
4th Annual Holiday Tree Lighting

Friday, December 8th (6:00 - 7:00) on the Town Green