

The Cape Courier

Volume 37 Number 2
Feb 7 - Feb 20, 2024

An Independent Not-for-Profit Newspaper
Serving Cape Elizabeth Since 1988

capecourier.com

In the Spirit of Community

CEHS Speech and Congress teams are Maine State Champs, Debate team takes third

By Kevin St. Jarre



Contributed photo

In the team photo: left to right, front row: Madison Kirwan, Laura Giacobazzi, Oliver Hardin, Hayden Trevor Oakley, Hayden Marquardt-Grainer, Jack McCormick, Zoe Burgard, Ava Corbin, Mairead Lee, and Rosi Gonzalez. Back row, left to right: Greg Baker, Assistant Speech Coach and Debate Coach, Tess Straw, Story Straw, Thomas Cadigan, Saga Hart, Maddy Turgelsky, Matilda Gustafson, Norah Shroder, Celeste Tourangeau, Jane Curtis, Eve Mockler, Cece Fremont, Celia White, and Speech and Congress Coach Lisa Melanson.

Cape Elizabeth High School Speech and Congress teams are Maine State Champions, while the Debate team took third place.

The State Champion Speech team consisted of Trevor Oakley (Extemporaneous State Champion), Hayden Marquardt-Grainer (Dramatic Interpretation and Original Works State Champion), Laura Giacobazzi (Oral Interpretation of Literature State Champion), Ayla Napier (Prose Reading State Champion), Matilda Gustafson, Oliver Hardin, Maddy Turgelsky, Saga

Hart, Norah Shroder, Madison Kirwan and Thomas Cadigan.

The Congress State Championship Team was represented by Zoe Burgard, Tess Straw, Jack McCormick, Story Straw, and Henry Trowbridge. Combined Debate finished fourth among competing schools and was represented by Ava Corbin, Sage Evans, Mairead Lee, Chaya Krigman, Celeste Tourangeau, Jane Curtis, Eve Mockler, Cece Fremont, Celia White and Rosi Gonzalez.

Ensuring fairness in property valuation for Cape Elizabeth residents

By Clinton J. Swett

As the Tax Assessor for the town of Cape Elizabeth, I want to discuss a crucial aspect of our town's financial management: the re-evaluation of property values. Our community needs to understand why we are undertaking this task, the process and its impact.

Maine law requires cities and towns to complete a re-evaluation every ten years, or when assessed values are less than 70 percent of sales prices. We last conducted a "door-to-door" inspection 21 years ago, and the most recent statistical update was completed 13 years ago.

Our current property values are only 42 percent of their actual values, underscoring

the urgent need for re-evaluation.

Understanding the impact on taxes

While the valuation may double, it does not mean your taxes will double. Once municipal and school budgets are adopted, we'll be able to complete the equation and come up with an estimated tax rate. Higher town valuations will decrease the tax rate. Currently, our rate is \$22.34. The new tax rate could land between \$12 and \$15 per thousand dollars of valuation. Some people will end up paying lower taxes. Others will pay more.

-see VALUATION page 3

News from January 8 Town Council meeting

By Hanna Gilley

Town Council Reports and Correspondence

Councilor Jordan gave an update on the School Board Advisory Committee noting that on February 1, 2024, there will be a public forum to discuss preliminary options. The goal will be to go from seven options down to "three preferred options." On April 4, there will be another public forum on the three preferred options with the goal of having the one proposed option by the end of May. Jordan said to the citizens of Cape Elizabeth, "the more you can engage, the better."

Public Comment not on the Agenda

Mike Friedland, owner of The Lumbery, shared his sentiments that businesses are essential to the town and should be "taken seriously and cherished." He said there are "no systems in place to support local business," such as a Chamber of Commerce or Director of Economic Development.

Mark Mayone, President of the Spurwink

Rod and Gun Club, shared that there was a "phenomenal turnout" at the Turkey Shoot this past November. Along with donations from the entrance fees from this event, Rod and Gun Club members donated funds totaling over \$2,000 that was used to "take care of residents of [Cape Memory Care] Christmas needs."

Christina McAnaffé shared her concerns on the transparency of the re-evaluation process. She said with letters being sent out at the end of January it seemed like a "critical time for information sharing."

Tom Colcha, member of Third Act Maine, an organization of people over the age of 60 whose sole purpose is to end dependence on fossil fuels, endorsed a resolution to be placed on the March agenda for consideration to join the Fossil Fuel Nonproliferation Treaty. This resolution would complement the Paris Agreement including "halting new fossil fuel

-see TOWN COUNCIL page 5

Two storms slam Cape Elizabeth in three days, Public Works jumps into action

By Kevin St. Jarre



Contributed photo

Work shown to be underway as Cape Elizabeth Public Works, along with contractor L.P. Murray, work to open the road on the very day a powerful storm destroyed it.

Recently, a powerful storm hit Cape Elizabeth on a Wednesday, only to be followed by an even more powerful weather event the following Saturday. Many residents were stunned at the extent of the damage to local roads, especially to beloved Shore Road near Pond Cove.

Two of the three north-south roads in town were severed. On Shore Road, what had been smooth asphalt running along a pic-

turesque ocean cove was left shattered and strewn with large rocks.

Residents surveying the damage were heard to say it might be weeks before the stretch would once again be passable. Cape Elizabeth Public Works, led by Director Jay Reynolds, had something far different in mind. The road that was ruined that Satur-

-see STORM page 2



Enjoy the warmth of our community this season!

THE LANDING AT CAPE ELIZABETH - INDEPENDENT & ASSISTED LIVING

Rare Availability - Ask about our Private Studio Apartment

 **The Landing**
at CAPE ELIZABETH
Independent & Assisted Living

Learn more about life at The Landing!
Call Margaret: 207.900.2236



78 Scott Dyer Road | Cape Elizabeth, ME | TheLandingsMaine.com





The Cape Courier
 P.O. Box 2248
 South Portland, Maine 04116
 207-939-9766
 www.capecourier.com

OUR MISSION STATEMENT
 The mission of The Cape Courier is to foster a sense of community by presenting news specific and unique to Cape Elizabeth and its residents, and, whenever possible, to promote volunteerism within our community.

BOARD OF DIRECTORS
 Roger Bishop,
 Debbie Butterworth, Jerry Harkavy,
 Jim Neuger, Ed Pfueller and Peter Carignan

Publisher: Tara Simopoulos
 info@capecourier.com

Editor: Marta Girouard
 editor@capecourier.com

Community Reporter: Kevin St. Jarre
 community@capecourier.com

Advertising Manager: Tara Simopoulos
 (Display and classified ads)
 advertising@capecourier.com/207-939-9766

Bookkeeper:
 billing@capecourier.com

Proofreaders:
 Chuck Rzeszutko

Photo finishing: Ann Kaplan

Distribution: William Alexander
 For general information:
 info@capecourier.com/207-939-9766
 For Advertising:
 advertising@capecourier.com

Writers: Debbie Butterworth, Wendy Derzawiec, Erika Carlson Rhile, Kevin St. Jarre, Marta Girouard, Jim Rowe, Tina Fischer, E. Brooks Bornhofft, Jeff Shedd, Hanna Gilley

Photographers: Martha Agan, Joanne Lee

The Cape Courier is printed by Maine Trust for Local News in South Portland and mailed free to Cape Elizabeth residents 22 times a year. We disclaim all legal responsibility for errors, omissions or typographical errors. All reasonable care is taken to see that errors do not occur. We print corrections upon timely notification.

LETTER & SUBMISSION POLICY
 Letters should not exceed 250 words. We reserve the right to refuse letters and to edit for length, accuracy, clarity and civility. We do not withhold names and writers may be limited to one letter per month. Petition-style letters will be declined. Letters reflect the opinion of the author, not The Cape Courier. Email letters to: editor@capecourier.com or mail to P.O. Box 6242, Cape Elizabeth, ME 04107. Please note: Letters will be acknowledged by email.

NEXT ISSUE: Feb 21
DEADLINE: Noon, Feb 8

SUBSCRIPTIONS
 \$21.10/year in Maine; \$25 out of state
 \$15 student (9 months)
 \$12 half year
 (These amounts include state sales tax, which The Cape Courier is required to charge.)

Name: _____

Address: _____

Amount enclosed: \$ _____

Today's date: _____

Mail to:
 The Cape Courier
 P.O. Box 2248
 South Portland, ME 04116

'Heroic' WETeam

While most of us were sleeping around midnight on Friday, January 12, members of Cape Elizabeth's Water Extraction Team received an alert that a fishing vessel had run aground on Trundy Reef.

This heroic team of skilled and dedicated volunteers saved four lives that night...on the ocean...with a storm approaching...at night...in January. This same rescue team saved my life seventeen years ago. Cape Elizabeth should be proud of and grateful for the WETeam's long history of answering the call.

Curt Brown Jr.

THANK YOU!

Your donations and other contributions help keep this community newspaper coming to your mailbox.

Thank you to these recent generous contributors:

Bob Dodd & Carole Haas in Memory of Gene Miliard

Lise & David Pratt

Muffy & Craig DesLaurier

Jay Evans & Martha Pauyer

Checks made out to The Cape Courier may be mailed to P.O. Box 2248, South Portland, Maine, 04116. Please include a message on your correspondence if you prefer to remain anonymous.

Let us hear from you!



We love feedback!

editor@capecourier.com

Appreciation for 'dedicated efforts of our administrators'

I want to share my appreciation for the efforts being made by the school department to find savings where they can while still meeting the needs of our students.

At the first school budget workshop on January 23, each school department shared ways it was decreasing expenses and using those savings to fund other pressing needs, such as purchasing new math curriculum books and replacing broken whiteboards and corkboards. I was also surprised to hear how many grants contribute to funding our school needs, like the new school bus that will be reimbursed by the state in the future.

Particularly impressive is the practical approach of our technology department. Instead of replacing all outdated tablets and laptops at once, they replace them one grade

at a time as leases are paid off. This means there aren't large swings in costs but also that our students have access to the latest technology without any lagging or outdated equipment.

Anyone in the community with an interest in learning more about where our tax dollars go should watch the presentation from January 23. It's fascinating to see the dedicated efforts of our administrators to ensure the top-notch performance of schools while balancing rising operating costs. It is clear they are keenly aware and sensitive to the fact that each budget item is a cost to taxpayers. It's also good insight into the many open positions in town, particularly food service and custodian support.

Elizabeth Biermann

Storm

Continued from page 1

day was restored and reopened by 8 p.m. that very night.

Reynolds said, "Our crews typically prepare for roadway and infrastructure damage when a storm of this nature is anticipated. In recent events, we have seen Shore Road, Sawyer Road and Kettle Cove Road be our most vulnerable streets with regards to storms with ocean effects like storm surge and astronomical high tides. As such, we're ready for these situations."

As part of their readiness, Reynolds explained, the town also secures outside contractual services in advance of a storm. Along with Cape Elizabeth town crews that perform tree work, road repairs, manage road closures and more, the town also has tree care, excavating and paving companies lined up to assist if and when they are needed.

In the case of the Wednesday and Saturday storms, Reynolds said, "We assessed Shore Road and others after the tides receded. Once that occurred, it was evident that Shore Road's pavement, gravel and roadway slopes had washed away during the high tide. As town crews began restoring some of the roadway infrastructure and removing storm

debris, L.P. Murray was able to mobilize within one hour and be on site to assist with the larger restoration work."

With the roadway closed for the afternoon and evening, this allowed for several hours of roadway repairs. Reynolds said, "We were then able to complete the initial repairs to Shore Road and reopen it to two-way traffic."

Work continued on debris removal to open the Shore Road path and the bridge where the damage occurred.

Reynolds said, "Additionally, Kettle Cove Road experienced moderate roadway, sidewalk and slope damage. We are continuing to make necessary short-term repairs to both sites. It is our hope that we can temporarily repave the roads so that they are in a better condition to be travelled and maintained throughout the winter. This is a challenge though, as paving plants in Maine and New Hampshire close in November. We are working on getting estimates for these repairs."

Reynolds said the town is working with local and state emergency management agencies to track costs and provide damage estimates in hopes that the town may be reimbursed by the Federal Emergency Management Agency (FEMA).

Millett not seeking reelection

(Press release) - After serving Cape Elizabeth, South Portland and part of Scarborough for the last 12 years in Maine's legislature in both the Senate and House, Rep. Rebecca Millett is announcing that she will not seek reelection for House District 123, Cape Elizabeth.

"It has been an honor of a lifetime to work on behalf of my constituents in our state capitol and successfully passing legislation on issues like earned paid time off, higher starting teacher salaries, toxic emissions, lead in school drinking water and 55% state funding of the total cost of Maine public education K-12. Stepping away from the legislature

is not easy. I have loved the rewarding work of drafting and passing public policy for meaningful change in our communities and the opportunity to work and become friends with smart, hard working colleagues from all corners of the state. But it is time to create space for new energy and fresh perspectives. My deepest gratitude to the voters of Cape Elizabeth, South Portland and Scarborough who placed their trust in me all of these years. As I step back, I remain committed to community involvement and am excited about the possibilities in continuing to work for a better world and brighter future."

POLITICAL ADVERTISING POLICY

The Cape Courier accepts advertisements in compliance with applicable laws and the publishing industry's best practices. Maine's campaign finance laws set the basic standards for advertisements for political candidates and ballot issues. In an effort to promote public dialogue, the Courier also accepts advertisements on issues of public policy and social concern, as long as they adhere to standards of fair play and do not target individuals. The Courier requires that opinion or advocacy advertisements display the name and town of at least one member of the sponsoring group. The Courier also requires that any advertisements claiming the support of people, companies or organizations provide certification for these endorsements.

The Courier reserves the right to insist on modifications to draft advertisements prior to publication. It is not the Courier's intention to reject advertisements, but like all publications it reserves the right to do so at its sole discretion.

In addition, here is a link to a section of Maine law dealing with campaign advertisements:
<https://legislature.maine.gov/statutes/21-A/title21-Asec1014.html>

The Cape Courier Board of Directors

Jewelry stolen from residence

By Debbie Butterworth

PUBLIC INFORMATION

- 1-2 An officer met with a resident of the Shore Acres area regarding a criminal mischief complaint.
- 1-3 An officer met with a resident of the Ocean House Road area regarding a missing person report.
- 1-3 An officer met with a resident of the Broad Cove area who had found rental property on Craig's List, had made deposits online, only to find out the listing was fraudulent.
- 1-3 An officer met with a resident of the Shore Road area regarding a suspicious person complaint.
- 1-5 An officer met with a resident of the Fowler Road area regarding a harassment complaint.
- 1-5 An officer met with a resident of the Sawyer Road area who reported damage to his mailbox.
- 1-6 An officer met with a resident of the Broad Cove area regarding a possible missing person.
- 1-10 An officer met with a resident regarding the well-being of a person in the neighborhood.
- 1-10 An officer met with a resident in the Scott Dyer Road area regarding criminal mischief to a motor vehicle.
- 1-14 Two officers responded to a residence in the Old Ocean House Road area for a

domestic disturbance.

- 1-15 An officer met with a resident of the Shore Road area regarding the possible theft of a wallet.
- 1-15 An officer spoke with a resident in the Scott Dyer Road area regarding the theft of jewelry.
- 1-17 Two officers responded to a residence in the Ocean House Road area for a well-being check.

SUMMONSES

- 1-16 Cape Elizabeth resident, uninspected vehicle, Route 77, \$148
- 1-21 Old Orchard Beach resident, operating after license suspension, Shore Road
- 1-19 Cape Elizabeth resident, unregistered vehicle, Spurwink Road, \$85

JUVENILE SUMMONSES

- 1-6 Cape Elizabeth resident, illegal possession of alcohol

ACCIDENTS

- 1-10 Robert Huntley, accident on Sawyer Road
- 1-20 Susan Hadley, accident on Mitchell Road

FIRE CALLS

Fire calls: 32; EMS calls: 61

Scam alert bulletin board

By Jessica D. Simpson

Know Your Seller When Shopping Online

One key to shopping online is reading the fine print, including who you're actually buying from. While we often think of giant online retailers like Amazon, Walmart and Target as a store they can be more like a mall or flea market where you are buying products from a variety of sellers. However, some of those sellers are more reputable than others.

Criminals use these websites to resell stolen products or items that either don't work or contain dangerous chemicals. One easy way to protect yourself is to make sure you are buying directly from the retailer that runs the website. You can usually find the seller's name on the product page near the button for buying the item. Shipping times and return policies are another sign of who you are buying from as products from the branded retailer will often ship faster and have a clear return policy.

As of the third quarter of 2023, online shopping scams were the second highest category of fraud reported to the Federal Trade

Commission, and 51% of those reporting lost a combined \$308 million. The actual losses are likely far higher since fraud is significantly under-reported.

Utility Bill Scams

Winter is upon us and with temperatures plummeting in many areas, keeping the heat on is critical — a fact that fraud criminals try to take advantage of. Each winter, utility scams spike as scammers claiming to be from the utility company say you haven't been paying your bill and they threaten to cut off service if you don't make an immediate payment.

The goal of these crooks is to create a sense of panic — when we react first with emotion, it's hard to access logical thinking, and the criminals are adept with using this tactic. Their hope is that we stay in that state of panic long enough to complete a payment. If you get a surprise call from the "utility company" threatening to shut off your service, hang up the phone. Contact your provider using the customer service number on a recent bill (or log into their website or app if that's an option). Chances are high you will find out your payments are up to date.

Valuation

Continued from page 1

Understanding the law

Our commitment is to uphold the law and maintain fairness and transparency in our tax system.

The Maine Constitution requires cities and towns to assess properties at their "just value." Courts have interpreted just value to mean fair market value. In other words: what is your property worth if you sold it today?

Land and buildings are valued separately. A home with water frontage may be assessed significantly higher than an identical one without water frontage.

People make value

The Tax Assessor does not create value. People make value by their transactions in the marketplace. I have the legal responsibility to study those transactions and appraise your property accordingly.

To determine a property's current value, we consider historic sales ratios. These ratios help us evaluate property values by comparing them to past sales data of similar properties, ensuring that our assessments align with market realities.

We also made interior and exterior inspections of properties in town to verify physical attributes and note upgrades, such as new solar panels, and estimate physical depreciation (wear and tear).

We should have conducted this re-evaluation years ago, but we needed to put the

process on hold during the pandemic. We began again after the pandemic in 2022. The original intent was to have the new assessments in place for this past fall, but we were unsatisfied with the accuracy of the initial results. We are now working with KRT Appraisal of Haverhill, Massachusetts, which has performed at high professional standards, and will be sending out new assessed values shortly.

Where are we now?

We have informed property owners about preliminary assessed values and have held 652 informal appeal hearings. We have made 448 adjustments to individual properties.

We're still awaiting documentation from KRT regarding the details of the informal appeals as well as finalized land and building values.

New valuation letters with updated details will be mailed to property owners this February. Property owners will have the spring and summer to contact the Town Assessor's office to discuss any issues before tax bills are issued this fall.

If you have any questions or concerns about this process, including land valuations, documentation, or the new valuation letters, I'm available to provide answers.

Your input is valuable to us as we work together to ensure a fair and prosperous future for Cape Elizabeth.

In the next issue of the Courier, I will provide more details about the results of the re-evaluation.

Kindergarten registration for fall 2024

Pond Cove Elementary School is now accepting kindergarten registrations for the 2024-2025 school year. If you have a child turning 5 on or before October 15, 2024, please visit the district website at: <https://www.cape.k12.me.us/>, click "Menu" at the top right, then choose "School Registration" under the Community column to begin the process.

Once your kindergartener's pre-registration has been approved by the school, you will receive a detailed email guiding you

through the enrollment process via PowerSchool. Upon form completion, you will need to upload the following documentation:

1. Child's birth certificate
2. Proof of immunizations
3. Proof of residency

If you need extra support throughout this process, please contact Pond Cove at pcoffice@capeelizabethschools.org or 207-799-7339.



Old School Electric

Rick Romano

207-767-3866

(Be sure to leave a message)

Master Electrician (40+ years)
No job to small • Quick response time



Kathleen O. Pierce
Real Estate Advisor
Realtor

207.232.4030
kpierce@advisorsliving.com



Full Service Veterinary Center in the Heart of Cape Elizabeth






VETERINARY AND REHABILITATION CENTER OF CAPE ELIZABETH

"YOUR OTHER FAMILY DOCTOR"



207 Ocean House Road (Route 77), Cape Elizabeth, ME 04107
(207) 799-6952 | info@vrcce.com | www.vrcce.com

Enhancing Neighborhood Trees & Shrubs Since 1880.

- Complete Tree & Lawn Care •
- Quality Pruning & Removal • Deep-Root Fertilizations •
- Insect & Disease Management • Certified Arborists •

Call For a Free Estimate
207.828.0110

www.davey.com/portlandme



News from the superintendent

By Dr. Chris Record

Happy mid-winter to everyone! I hope you had a joyous holiday season and are finding some fun in the winter wonderland of Maine.

I thought I would share a few highlights from our schools before I update you on the progress of the School Building Advisory Project.

According to Principal Karnes, at Pond Cove they recently “celebrated National Sock Day with our Cozy/Silly Sock Day...we collected an incredible 350+ pairs of warm winter socks for Preble Street. The folks at Preble Street are feeling the love and extend their heartfelt thanks for your kindness.”

She also shared, “students in Mrs. G’s 2nd, 3rd, and 4th grade PeaceMakers classes recently wrapped up their emotional regulation unit. Students have been working on identifying and naming their feelings, as well as noticing when tricky feelings are growing and becoming more difficult to manage. We have been using the feelings volcano to identify when strategies are needed to manage big feelings, as well as practicing healthy coping strategies and creating a toolkit of strategies that work best for each of us.”

Additionally, she highlighted, “fourth grade had a wonderful experience with a LIVE lesson from the Maine State Museum. They met with David, a great guide and educator at the museum to learn about Ice Harvesting from the Kennebec River. Students learned that harvesting ice began with a shipwreck that was stuck in the ice. Once able to move out of the frozen river- ice was used to balance the boat- while it shipped down south to Maryland. The ice that was transported on the boat was then sold. One fact that was really amazing was that there were two harvests each year, one in December and then again in February. The ice froze in the river to be 3+ feet thick. Fourth grade

will continue with their Maine Studies and zoom live with the MSM three more times this year”.

Principal Rubin shared at CEMS, “Our 5th graders recently went to the Gulf of Maine Research Institute to learn from scientist educators. Students engaged in hands-on activities to learn about different species in the Gulf of Maine. They used microscopes to examine sea water samples and cataloged the different organisms found. Students also learned about the lobstering industry, including hearing from people from Cape Elizabeth! They worked to sort through a virtual ‘catch’ in a lobster trap and performed virtual dissections of Black Sea Bass to learn more about this new to the Gulf species. One of the highlights of the trip for most students was being able to handle and gather information from a live lobster.”

She also emphasized, “Outside of the classroom, we also see our students settling into the year and thoroughly enjoying all that CEMS has to offer. Almost every CEMS student participates in at least one co-curricular activities which range from traditional winter sports, to performances like the Variety Show to activities like robotics, math team, debate team, and even an after school ping pong club. During the school day, students are exploring options for recess that include yoga, knitting, board games, a Dungeons and Dragons club, in addition to playing with friends outside. They are also participating in leadership opportunities like CEMS Student Council, the CEMS Civil Rights Team, and the CEMS Environmental Club.”

She also highlighted, “CEMS and district staff have been working hard this year to develop programming aimed at supporting our parent community by bringing parents and guardians together to learn more about topics related to our students. We are calling this

series CE Parent University. We are very excited to continue to grow this programming and to eventually get feedback from all of you around topics.”

At the high school, Principal Springer noted, “The Students Council has been meeting with administration about a number of initiatives around student-lead assemblies, student free periods and engagement with hiring practices. Furthermore, administration has had an initial meeting with Challenge Success out of Stanford to look at what resources are available through their organization to support student’s health and stress.

Our Student Pathways Coordinator and Extended Learning Opportunities teacher have also been hard at work building community partnerships. These collaborations take many forms, with a common theme of our partners connecting with our schools and supporting our students and teachers in learning beyond the walls of our schools. We would like to publicly thank the dozens of community partners for their willingness to support our students’ learning opportunities.

We hope you were able to attend or watch the recent School Building Advisory Com-

mittee (SBAC) Public Forum on February 1. Seven preliminary design options for our schools were presented. SBAC votes on February 15 on 3 options for Harriman architecture firm to develop further.

Save the dates for these additional public forums to review design options (both to be held at Town Hall):

Thursday, April 4, 6 p.m. - Presentation of 3 preferred options (public feedback period to follow before SBAC votes on April 25 on 1 supported option to develop further)

Thursday, June 6, 6 p.m. - Presentation of the final supported option to be recommended to the School Board and Town Council, for a November 2024 referendum.

If you are unable to attend the forums, you can watch the livestream on Zoom or via CETV.

For more information, visit: <http://www.capeelizabethsbac.com/>

In closing, despite differences of opinion on a number of topics in this community, I am hopeful 2024 will bring thoughtful discourse, mutual respect and kindness. Thank you for your support of our schools.

Cape boys’ basketball narrowly defeats Leavitt 59-55

By Cooper Sherman

It was a close victory in Leavitt on January 20 as the CEHS boys’ varsity basketball team won their third game of the year behind Eli Smith’s 23 points.

Cape trailed Leavitt 11-9 at the end of the first quarter but at the end of the first half, it was tied at 26. Cape had a big third quarter, scoring 20 points to Leavitt’s 11 to lead 46-37. Leavitt would bounce back in the fourth quarter though, outscoring Cape 18-13. However, it would not be enough as the Capers held on to win 59-55.

Nine of Eli Smith’s 23 points came behind the three-point line. He also knocked down six free throws. Smith is on a nice run for this team as he also scored 17 points in a loss against Greely. Alex Van Huystee scored 14 points and drained four three-pointers. Gabe Berman added 11 points including three three-pointers. These three guys accounted for most of the scoring. The other five players scored just 11 combined points. This game was a case of feeding the hot hands of Smith, Van Huystee and Berman. The Capers were

feeling it from three-point range as 33 of their 59 points came from deep.

This is a much different Cape team this season. All five starters from last season graduated so it’s been a matter of getting guys who haven’t had much experience in the past up to speed. Senior Alex Van Huystee is the only returner who had significant playing time. Because of this big roster change, this team has struggled so far this season, sitting at 3-10 currently.

In an interview with the Forecaster, head coach Jeff Mitchell said, “It’s a very coachable group. It’s just a case of getting experience.” The Capers are averaging 52 points per game this season, with their high being 84 in a win against Poland on January 11. Coach Mitchell thinks that they’re a better shooting team this season so they’ll be looking to bump up those scoring numbers and get some more results in the win column. The continued success of Smith, Van Huystee and Berman will be huge and if other players can help with the scoring, this could be a very different team upcoming.

2024 Publication schedule

Issue No	Ad/Copy Due	Issue Published
01	Jan 5	Jan 17
02	Jan 26	Feb 7
03	Feb 9	Feb 21
04	March 1	March 13
05	March 15	March 27
06	March 29	April 10
07	April 12	April 24
08	April 26	May 8
09	May 10	May 22
10	May 24	June 5
11	June 7	June 19
12	June 21	July 3
13	July 5	July 17
14	July 26	August 7
15	Aug 9	August 21
16	Aug 23	Sept 4
17	Sept 6	Sept 18
18	Sept 20	Oct 2
19	Oct 11	Oct 23
20	Nov 1	Nov 13
21	Nov 15	Nov 27
22	Dec 6	Dec 18



QUALIFIED PARTNERS



ANGIE'S LIST
SUPER SERVICE AWARD



BBB
ACCREDITED BUSINESS



A+
rating



BAUMAN ELECTRIC
Incorporated

Angie's List Super Service Award Winner.

Through our hard work we were able to achieve and maintain a superior service rating. Thank you for your business and the referrals. Looking forward to servicing your electrical needs.




SUPER SERVICE!

24 Hour Service
Senior/Veteran Discounts on Service Calls
Contact Bob: baumanvolts@yahoo.com

www.trustthisbiz.com/bauman_electric

Phone 207-571-4607






RE/MAX
OCEANSIDE

Frank S. Strout
Broker

1237 Shore Road, Cape Elizabeth, Maine 04107
Office: 207.799.7600 x104 Cell: 207.776.4245

FrankStrout@remax.net www.OceansideMaine.com

Each Office Independently Owned and Operated



FIDUCIARY FINANCIAL PLANNING & INVESTMENT ADVICE

Individuals, Trusts & Estates

Laongdao “Tak” Suppasettawat, CFP®, CPA
Maine Licensed Registered Investment Advisor

(207) 799-2010
tak@takadvisory.com
www.takadvisory.com




Town Council

Continued from page 1

projects and chart an equitable transition to alternative energy.”

Virginia Weiss also shared her thoughts on the community joining the Fossil Fuel Nonproliferation Treaty. She provided the Council with 506 citizen signatures in support of this initiative that were collected on voting day. She said “we’re concerned about the current timeline” on voting for the resolution, “if voted on at all.” She said this is an “urgent and relevant issue and the sooner we endorse, the more impact our endorsement will have.”

Town Manager’s Report

Town Manager Sturgis shared an upcoming event on Saturday, February 5, 2024 from 10 a.m.-noon. Hosted by the Cape Elizabeth DEI Committee along with Cape Elizabeth Best Buddies and Cape Arena will be an “Inclusion One Hour Skate” with the goal to “increase access to ice skating and winter activities” and for those in our with Intellectual Developmental Disabilities (IDD) to help form friendships. In addition to open skate time there will be a trail walk, coloring, face painting and hot chocolate being offered. The registration link for this event is on the town website for those who wish to attend.

Items #33-2024 through #35-2023

John Voltz and Joy Engel shared concerns about consent items #33-35-2024 and urged the council to pull items from the agenda in order to have separate discussions on the items. Voltz shared that “these [items] don’t require just a council vote, these are individual items that have significance on their own.” Engel said that it was “preposterous to slip [items] under the radar” when the issue of transparency was a theme in which councilors ran campaigns and were elected on being held to.

Councilor Penny Jordan asked to pull item #34-2024 Consider Referral to the Ordinance Committee Relation to Information Governance Goals from the agenda. She said the council should “step back” and send these items to Council Workshop for consideration. The motion was seconded by Councilor Anderson and approved by the council.

Motion to Take Off the Table from December 11, 2023 - Public Hearing and Item #28-2024 Proposed Amendments to Chapter 19 Zoning Ordinance Relating to Home Business Amendments

Councilor Jordan made the motion, which was seconded by Councilor Anderson, to take proposed amendments to Chapter 19 Zoning Ordinances relating to home busi-

ness amendments off the table. The motion was unanimously approved by the council.

Item #36-2024 Property Tax Assistance Program Report

Town Assessor Clinton Swett presented a report on the Property Tax Assistance Program. He shared that in the sixth year doing the program, there were 183 applicants of which only five were denied. Those reasons included exceeding income restrictions and not meeting the 10-year requirement for residency. Those who were denied will receive an application again next year for submission.

Councilor Gabrielson asked if there were any limitations by state law to increase the benefit amount or adjust the eligibility requirements for Cape Elizabeth applicants. Currently applicants must be aged 65 or older and the benefit amount is \$500. State law requires applicants to be at least aged 62 and the maximum benefit amount be \$750.

Town Manager Sturgis told the council that it’s a good time to start having the conversation on possibly changing eligibility requirements ahead of the town’s budget season. Sturgis and Swett will work together to present options and recommendations to the council.

Item #37-2024 Acknowledge Receipt of the Report from the Ad-Hoc Housing Diversity Study Committee

Kevin Justh of the Housing Diversity Committee shared that there are over 60 recommendations in the Ad-Hoc Housing Diversity Study Committee and would be an “18-24 month process to make everything happen.”

Councilor Gabrielson said that beyond accepting receipt of the report, the council “should take some time to go through this in a workshop” to determine “which items we’ll prioritize for the ordinance committee and the council.”

Councilor Anderson moved to acknowledge receipt of the report and move to Council Workshop, seconded by Councilor Jordan. The workshop will take place on February 5, 2024 in addition to the already scheduled agenda item of the pesticide use ordinance.

Item #38-2024 Consideration of a Resolution to Join the Community Resilience Partnership

Vince Ferrity, a representative of the Town’s Energy Committee, shared insight on what joining this partnership could mean for the Cape community. With the help of Greater Portland Council of Governments (GPCOG) the energy committee has started the application process which would allow

-see MEETING page 7

Spurwink Rod & Gun Club gives back to the community

By Tammy Walter

In November, the Spurwink Rod & Gun Club held its annual Turkey Shoot (and no, we don’t shoot real turkeys)! Club membership voted to donate the proceeds from the Turkey Shoot to a worthy cause in our town. Town Counselor Stephanie Anderson and Town Manager Matt Sturgis shared with us a great need that existed at Cape Memory Care. Turns out, they have a “Giving Tree” which is where the residents can fill out a card and put it on the home’s Christmas Tree, indicating what they would want for Christmas. We’re told that many of the residents don’t have anyone in their lives that gift them at Christmas.

This meant that Memory Care employees, caring townspeople and some local organizations have been generously giving to the Giving Tree to make these wishes come true. Most often, the residents are just looking for socks, slippers and candy.

Thanks to the generosity of our club (our members donated approximately an additional \$1,500.00 - bringing the total to almost \$2,000.00), we were able to help spread Christmas Cheer and were Santa Clause to four Memory Care residents. Our club donations purchased all the gifts those four wanted for Christmas. Club members also bought stocking stuffers for

all of the 68 residents. Stocking stuffers included 68 pairs of socks, 68 lip care products, 68 lotions, tons of candy and a giant tub of peppermints. We also bought snuggly stuffed animals for 16 residents that requested them. One of the residents wanted flowers, which were delivered on Christmas Eve!

When our President Mark Mayone and VP Tammy Walter delivered the gifts, the staff was astonished at the amount of giving from our club and were overjoyed, saying that they had never received such an amazing Christmas gift as this.

We are proud and humbled by the generosity of our membership toward people that they don’t know, but understand have a great need.

At our club’s last meeting, Spurwink Rod & Gun Club decided to assemble a committee for charitable giving. We look forward to working with our community to find those in need, not just during the holiday season but throughout the year.

Please reach out to us with comments, suggestions and thoughts on how we might be of service to our community.

You can reach us on our Facebook page, or you can contact President Mark Mayone at 207-805-4691, Vice President Tammy Walter at 207-807-6686 or Public Affairs Officer Pete Frye at 207-420-1941.



Town of Cape Elizabeth Boards and Committees Vacancies

The Town Council’s Appointments Committee is accepting applications from residents to fill unexpired vacancies on the following boards and committees:

Board of Assessment Review
Unexpired term until 12/31/2026

Diversity, Equity and Inclusion Committee
Unexpired term until 12/31/2026

Residents may apply at www.capeelizabeth.com.

Questions should be directed to **Debra Lane, Assistant Town Manager at 799-7665 or debra.lane@capeelizabeth.org**.

*Applications must be submitted no later than 4:30 p.m.
Thursday, February 22, 2024*




TOWN & SHORE
REAL ESTATE

Erin Haber
Associate Broker, Owner

207.650.7158 | EHaber@townandshore.com
www.ErinHaber.com

One Union Wharf, Portland, ME 04101



TVK Construction

ALL JOBS - Big or Small

Terry V. Keezer, Owner
Fully Insured



207.252.7375
www.TVKconstruction.com



COASTAL
Plumbing & Heating

New Construction
Remodeling • Service
Oil • Propane • Natural Gas

(207) 939-5822
www.coastalplumbingme.com



Wish List

HOME IMPROVEMENTS

✓ Carpentry ✓ Repairs ✓ Doors ✓ Custom Woodwork

David Thibodeau
Email: wishlisthome@gmail.com / Call: 874-0178

Find me on HOZZ.COM
www.houzz.com/pro/greathelpdave



Michelle Boyer announces bid for Maine House of Representatives



Contributed photo

Cape Elizabeth resident Michelle Boyer has announced that she will run for the Maine House of Representatives seat after Rebecca Millett announced that she will not seek re-election.

(Press release) - Michelle Boyer has announced that she will run for the Maine House of Representatives seat after Rebecca Millett announced that she will not seek re-election.

“Cape Elizabeth is a special place and I feel fortunate to raise my daughters here with my husband Mark. I’m motivated to dig in on the issues facing our community and state. You can count on me to work hard to find solutions and create bipartisan support for them.”

The founder and owner of a small, Maine-based business, Boyer has built networks and relationships within the Maine community to support other small-business owners, advance the health of women and establish partnerships for economic and environmental improvement.

“I am most proud of the impact that our local community organization, Restore the Floor, made for all women in Maine. As co-chair, I worked directly with Senator Carney to draft and pass LD1357, a bill that expanded postpartum health care coverage for women to a full year. This was a proud moment for me – to see the impact that each

of us can have, at the local level, to make big improvements for all Mainers.” Boyer also provided testimony in support of legislation that expanded Maine’s Children’s Health Insurance Program to take full advantage of federal health care dollars and in support of a full 12 months of coverage under MaineCare for postpartum women.

As a leader in the community, Boyer has been involved with the Cape Elizabeth Parents’ Associations for nearly a decade, and currently is secretary for the Cape Elizabeth High School Parents’ Association. She is the past Co-Chair for Restore the Floor, from 2018-2022, which is a community focused organization prioritizing women’s health. Boyer is committed to the preservation and conservation of the environment, serving as a member of the Cape Elizabeth Conservation Committee.

“As a Representative, I plan to bring my professional experience as a small business owner to the state house, which combined with my love for our state and my ingrained work ethic, collaborative nature and strong communication skills will be put to the test to help us reach our shared goals.”

Capers named as candidates for 2024 Presidential Scholars Program

By Kevin St. Jarre

Six young Cape Elizabeth residents have been named as candidates in the 2024 U.S. Presidential Scholars Program. Cape Elizabeth High School seniors Zoe Burgard, Tess Straw, Trevor Oakley and Neil Gabrielson, and Isabella Ferriter, who attends Baxter Academy for Technology and Sciences, and Noah Abbott, who attends Waynflete School, have been named as six of 80 candidates from Maine, and of more than 5,000 nationwide.

The candidates were selected from nearly 3.6 million students expected to graduate from U.S. high schools in the year 2024. Scholars are selected on the basis of superior academic and artistic achievements, leadership qualities, strong character and involvement in community and school activities.

The U.S. Presidential Scholars Program was established in 1964 by Executive Order of the President to recognize some of our nation’s most distinguished graduating seniors

for their accomplishments in many areas: academic success, leadership, and service to school and community. It was expanded in 1979 to recognize students demonstrating exceptional scholarship and talent in the visual, creative and performing arts. In 2015, the program was expanded once again to recognize students who demonstrate ability and accomplishment in career and technical fields.

A distinguished panel of educators will review these submissions and select approximately 600 semifinalists in early April. The Commission on Presidential Scholars, a group of up to 32 eminent citizens appointed by the President, will select the finalists, and the U.S. Department of Education will announce the Scholars in May.

U.S. Presidential Scholars are honored for their accomplishments during the National Recognition Program each June. To commemorate their achievement, the Scholars are awarded the Presidential Scholars Medallion.

Selling Cape Elizabeth for over 30+ years.
Call Elisabeth for all your real estate needs.
207-415-1383

Bostwick
REAL ESTATE & Company

www.bostwickandcompany.com

Two Lights Dental

DR. DAVID JACOBSON

**Health Centered Dentistry.
Now in the Center of Cape.**

207.767.3241
twolightsdental.com

CAPE DOG WALKING

207.807.7206
capedogwalking.com

BONDED + INSURED

“Make This Year Historic” campaign launched

Make this year an historic one for Cape Elizabeth.

The Cape Elizabeth Historical Preservation Society (CEHPS) has launched its “Make This Year Historic” fundraising campaign for 2024 to support several special new projects.

An ad in this issue lists some of important projects CEHPS hopes to fund this year - projects such as the professional restoration and preservation of a recently gifted original 1670 beautifully handwritten will of early settler Rev. Robert Jordan; the professional restoration of a fragile, recently acquired logbook of ships entering and leaving Portland harbor that may be the only record in existence due to the Portland fire of 1866; the opening of the new Fort Williams Museum in the spring; and exterior signage for our new home.

The recent move by CEHPS to the former Bachelor Officers’ Quarters at Fort Williams makes it possible for CEHPS, founded in 1979, to expand its work to digitize, catalogue and safely preserve and properly store its large and ever-growing archives of official town records, historical photos, artifacts and other notable historic items.

The CEHPS digital collection is now

available to the public online at cehistory.org.

The move to its Fort Williams home has provided CEHPS the opportunity to exhibit portions of its collection through informative displays intended for residents and visitors of all ages.

The shipping, farming, coastal life-saving, military harbor defense and recreational offerings of this small seaside community have occupied a notable place in Maine history since colonial times. So have the tales passed along by generations of the town’s marvelous characters and storytellers.

CEHPS is an all-volunteer non-profit organization dedicated to preserving Cape Elizabeth’s past. It is committed to educating all to the town’s rich history.

Financial support and volunteer time from the community makes possible CEHPS’s on-going work and special projects.

Further information on current CEHPS projects and how the community can help support them can be found in the ad in this issue, on the CEHPS website at www.cehistory.org or by emailing inquiries to cehps@capeelizabeth.org.



Contributed photo

William Dyer with what may be a flounder. Written on back of the picture, “Hurry up, Etta, she’s slipping.” Gifts to CEHPS help acquire and preserve such gems from the town’s history.

Meeting

Continued from page 5

Cape Elizabeth to be eligible for grant funds. These funds would stem from the state and the Governor’s office for “policy innovation” and “help climate action planning and resilience” for the future. To date, there has been a dispersal of \$2 Million dollars among 50 communities in the state that have received grant funds for their local climate resilience plans. Ferrity encouraged citizens to provide their feedback via a survey on the web-

site: www.capeclimateaction.com

Councilor Thompson shared that joining this partnership will help Cape Elizabeth receive funds to “reduce the cost of enhancements we want to make” and he endorsed the approval of the resolution to join the Community Resilience Partnership. Councilor Gabrielson moved to approve the resolution which was seconded by Councilor Jordan and approved unanimously by the Council.

MAKE THIS YEAR HISTORIC ~

Be a part of Cape Elizabeth Historical Preservation Society’s Annual Fundraising Appeal

History is made every day - your donation helps preserve it.

This year we need funds to:

- Open the new *Fort Williams Museum* this spring
- Obtain signage for our new home
- Restore and conserve
 - 1670 handwritten will of Rev. Robert Jordan
 - 1847 log book of Portland Harbor vessell traffic and cargo
- Keep our holdings online and accessible. (cehistory.catalogaccess.com)

You can make this happen by donating generously.

Credit cards may be used online at CEHistory.org/donate. OR

Mail completed form with check made to CEHPS to: CEHPS, 1000 Shore Road, Cape Elizabeth, ME 04107

Name: _____

Address: _____

Telephone: _____ Email: _____

Amount enclosed: _____



Donations of \$25 or more include one-year membership in CEHPS.

Visit us online at CEHistory.org. ~ CEHPS is a 501(c)(3)



Project Graduation 2024 kicks off fundraising with February restaurant night and raffle

The Project Graduation 2024 Committee is kicking off community fundraising with two February events. The events will be a restaurant night in conjunction with Burano's Wood-Fired Pizzeria in Scarborough on February 12 from 5-8 p.m. and a raffle drawing for a two-night stay and a breakfast for two at the renowned Cape Elizabeth Inn By the Sea on February 29.

The events are part of the Project Graduation Committee's efforts to cover the costs of a fun-filled evening for the 146 graduates of the Class of 2024 as an alternative to drinking and driving during and after graduation celebrations.

"The people of Cape Elizabeth have been so generous and supportive of our fundraising and Project Graduation event in the past," said Greg Gordon, co-chair of the Project Graduation 2024 Committee. "We are fortunate to live in a community that values the safety of our students and town while appreciating the importance of having a big celebration after such an achievement. We thank our business partners like Burano's and Inn By The Sea as well of all who take advantage of these neat opportunities."

How The Community Can Help

Burano's will provide 10% of the evening's sales to Project Graduation from 5-8 p.m. on Monday, February 12. Customers when placing takeout orders or dining in only need to mention Project Graduation 2024. Burano's is at 246 US-1, Suite 1 in Scarborough.

Raffle tickets for the two night stay and breakfast for two at the Inn by the Sea are now available to purchase for \$24 by dropping off or mailing a check at the CEHS front office. Address the check to CEHS, Treasurer PG 2024, 345 Ocean House Road, Cape Elizabeth, ME 04107. Checks should be received by February 29, the same day of the raffle. Additional ways to purchase will soon be posted on the CAPE POD Facebook page.

The committee, more than 20 parents of this year's seniors, plans to have more raffles, including a "Pot of Gold" high-odds win raffle with a cash prize of up

to \$7,500 on March 17. Also, anyone can enjoy a meal at local restaurants, Chipotle on March 9 and Tostones on April 1 where a percentage of the proceeds will go to Project Graduation 2024. Other fundraising efforts will be publicized on Facebook and through school newsletters.

Donations of any amount are always welcomed and those interested in getting involved can contact Greg Gordon at greggordol@gmail.com. Meetings are the first Thursday of each month in the HS Cafeteria at 7 p.m.

"During their school years, the Class of 2024 has excelled in all areas," said Jea Chung, co-chair of Project Graduation. "The Committee is passionate about planning and fundraising for a safe and unforgettable night to acknowledge the seniors' school achievements and graduation."

Background of Project Graduation

Project Graduation is a time-honored tradition that began 40 years ago. Sadly, because of seven alcohol and drug-related teen deaths during the commencement season in 1979, the town of Oxford Hills organized the first Project Graduation event in 1980.

The intent of Project Graduation is to provide an environment where high school seniors do not have to deal with the peer pressure on graduation night for consuming alcohol and drugs or riding with a driver who is under the influence. Instead they are whisked away from near sundown to sunup to a location unknown to them filled with food, exciting activities and entertainment with all their graduating classmates.



Cameron Rosenblum nominated for prestigious Edgar Award

By Kevin St. Jarre



Photo by Maryjane Johnston

Cameron Rosenblum's second novel has been nominated for a prestigious Edgar Award, and can be found in bookstores and online.

Author Cameron Rosenblum's novel, "The Sharp Edge of Silence," has been nominated for an Edgar Allan Poe Award, popularly called the Edgars, which are presented every year by the Mystery Writers of America.

Rosenblum said the nomination was a surprise. She said, "It's the best kind of thrill: totally unexpected! I really wrestled with the plotting of 'The Sharp Edge of Silence,' unlike my debut 'The Stepping Off Place,' which is much more a character-driven novel. I wanted 'Sharp Edge' to be pacy and tense with surprising twists, which is much harder for me than creating characters. Being recognized by none other than The Mystery Writers of America for the final product fills me with gratitude."

About the novel itself, Rosenblum said, "The story is narrated by three very different students at elite Lycroft Phelps, a fictitious New Hampshire boarding school replete with tradition and famous alumni. I wanted to tell the story of a #MeToo-aware girl com-

ing to terms with an assault for which she has no legal or even social recourse. Quinn is a multi-generational legacy, and refuses to give up her spot at the school. Without any proof or witnesses to back her up, Quinn's story festers in silence until she vows her own revenge: Colin Pearce must die. No spoilers, but Quinn's misguided quest to reclaim her power is the thriller element to the novel. I also really wanted to write in a nuanced way about teen 'toxic masculinity' and how, to me, it's an avoidable social contagion if we have good conversations with kids. So, the plotline for the second narrator, Max, explores losing your integrity and rediscovering it, too. Finally, Charlotte's is a more traditional coming-of-age story, where her friend's trauma forces her to question everything, including her first love."

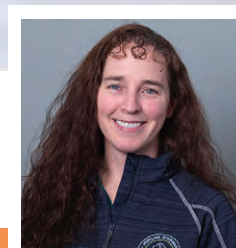
Rosenblum added, "Ultimately, I hope the plights of all three characters challenge readers to imagine what they would do in similar, and hopefully less harrowing, circumstances in real life. The school's slogan, 'Who will

-see AWARD page 15

Portland Veterinary Emergency and Specialty Care



We provide expert specialty and emergency care for your pet – and peace of mind for you.



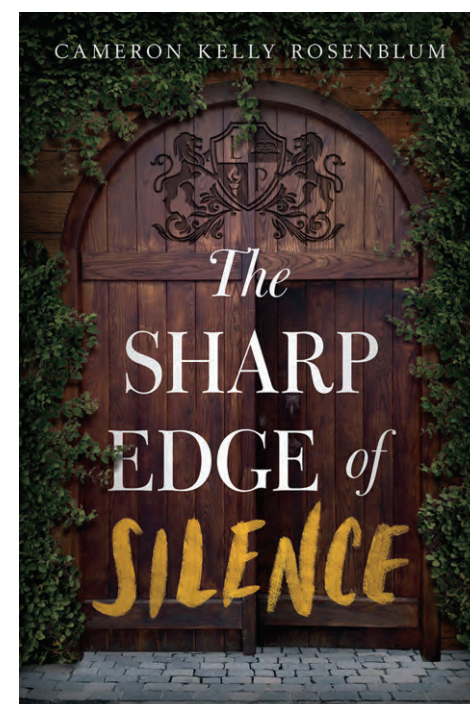
Dr. Marta Agrodnia
DVM, DACVS-SA

pvesc.com | 207-878-3121

739 Warren Ave.
Portland

2255 Congress St.
Portland

EMERGENCY COVERAGE AT WARREN AVENUE LOCATION



Contributed photo

"The Sharper Edge of Silence," by Cameron Rosenblum features a young survivor of sexual assault who vows revenge.

Rebecca Millett champions climate resolution

By Virginia Weiss

On the floor of the Maine State House, Representative Millett introduced a resolution by quoting Saint John Paul II: “In our day there is a growing awareness that world peace is threatened not only by the arms race... but also by a lack of due respect for nature, by the plundering of natural resources, and by the progressive decline in the quality of life. Faced with the widespread destruction of the environment, people everywhere are coming to understand that we can not use the goods of the earth as we have in the past.”

The resolution, called the Fossil Fuel Nonproliferation Treaty, calls on the United Nations to limit the production of fossil fuels. To effectively fight global warming, there is a growing consensus that fossil fuel production must match up with climate goals. If we aim to use less fossil fuels, we shouldn't be creating more fos-

sil fuel infrastructure. Unfortunately, the opposite is happening and fossil fuel production is expanding, despite the looming threat of climate change.

Thanks to Representative Millett's hard work, Maine is now one of a growing number of governments demanding action from the United Nations. After the House passed the resolution on Jan 18, it passed the Senate on Jan 23 with Senator Anne Carney's support. Maine is now an official part of this larger movement, and the more it grows, the closer we get to a responsible, forward-looking economy.

I would like to join Third Act Maine, an organization advocating for a divestment from fossil fuels, in expressing our thanks to both Representative Millett and Senator Carney. We appreciate how they not only made our cause their own, but delivered on results, and we admire their dedication to creating a better future for Maine.

CELT to construct universal access trail

In keeping with the Cape Elizabeth Land Trust's mission to conserve and care for Cape Elizabeth's lands for the enjoyment of all people, CELT is now embarking on an ambitious new project: to build a trail that is universally accessible to all, regardless of physical ability.

Said David Briman, Executive Director, “We're very excited to be starting out on this project. We want to make sure that someone who might not ordinarily be able to go out in the woods with their kids in a stroller, or who are unsteady on their feet, walk with a cane or are in a wheelchair, will be able to go out and interact with the natural world in a way not previously available to them.”

With initial support from a few highly committed donors, and a grant from LL.Bean through the LL.Bean Maine Land Trust Grant Program administered by Maine Coast Heritage Trust, CELT will begin this spring with the planning, design and permitting of a new parking area with accessible spots at its flagship Robinson Woods Preserve on Shore Road.

CELT began exploring this universal access trail two years ago. A citizens advisory committee met several times and identified the preferred design and location at Robinson Woods. This is CELT's largest and most popular preserve at nearly 200 acres, with a variety of trails that could be readily upgraded to accommodate a wider range of users. The planned route of the trail will connect Shore Road to the beautiful pond, allowing for wheelchair passage and frequent rest stops along the way.

The key first step is to ensure safe and accessible parking spots, the design and permitting of which will begin this spring. Once the parking lot is approved, the trail design can be drafted and go through a similar permitting process with the town of Cape Elizabeth and the State of Maine. CELT hopes construction of the trail itself will begin in 2025.

Briman estimates the full cost will be about \$360,000 and take a few years to complete.



Indulge in a *lifestyle* of a *lifetime*

2024 Inn Memberships Available!

The Inn by the Sea is offering residents year-round access to our resort.

Members have exclusive access to resort facilities and a full schedule of events, priority booking for dining reservations/special events, as well as other exclusive social events, special discounts & more.

Amenities include:

- The Spa • Fitness Center • Beach
- Private Cabanas • Resort Activities



40 Bowery Beach Rd | Cape Elizabeth | InnbytheSea.com

Please call
207.799.3134
x 856
for inquires or
an application

VOCA funding supports essential services

By Anne Carney

The second legislative session is back in full swing, and I am excited about the work I'll conduct as Senate Chair of Judiciary Committee this year. A large focus of my work this session is addressing the shortfall in the funding Maine receives through the federal formula-based Victims of Crime Act (VOCA).

VOCA is a federal program that helps to fund a broad range of services for crime victims and survivors in Maine. VOCA funds support Maine's Children's Advocacy Centers, which work with child victims of sexual abuse, and our Victim Witness Advocate programs, which provide support in court and beyond for the families of homicide victims. These funds also help Mainers access critical civil legal protections for survivors of abuse and violence through Pine Tree Legal Assistance and Legal Services for the Elderly. Suffice to say that these services are essential to crime prevention, to Maine's civil and criminal justice systems, as well as to the individuals and families who need these services to receive justice and recover from trauma.

As a volunteer lawyer, I provided pro-bono legal representation with Pine Tree Legal Assistance for eight years. I saw first-hand how essential VOCA is for the countless Mainers and their families as they recover from personal tragedy and require the assistance made possible by VOCA funds. Imagining these victims of domestic, child sexual abuse and elder abuse without the legal assistance provided by Pine Tree Legal and Maine's network of service providers causes me great concern.

This session I am honored to be working with this network of service providers and a bipartisan group of legislators to seek state solutions to the shortfall in federal funding, while also advocating for restoration of federal funds. Federal funding for VOCA has decreased dramatically over the last five years, and Maine is projected to see \$5 million shortfall in the upcoming federal fiscal year. Mainers rely on these services – many of these dedicated service providers responded to the Lewiston mass shooting and continue to work at the Maine Resiliency Center in Lewiston. That's why we're taking an “all hands on deck” approach to avoid cuts to these essential services this legislative session.

LD 2084, “An Act to Provide Funding for Essential Services for Victims of Crimes,” proposes to allocate \$6 million in ongoing funding for crime victim services typically funded through the VOCA program while solutions to the federal funding issue are sought. These funds will go toward a variety of resources, including Maine's Sexual Assault Support Centers, Victim Witness Advocates, Domestic Violence Resource Centers, Human Trafficking Shelter & Fund, Legal Services for the Elderly, Elder Abuse Institute of Maine as well as the Children's Advocacy Center's. These are just a few of the VOCA-funded programs LD 2084 aims to protect.

If you have any questions or concerns, please reach out to me by email at Anne.Carney@legislature.maine.gov or call my Senate office at 207-287-1515. I look forward to hearing from you.



Duette® Architella® India Silk fabric is luxuriously woven, featuring a subtle texture and slight shimmer. And, the beauty of Architella is also in its exclusive, energy-efficient honeycomb design.



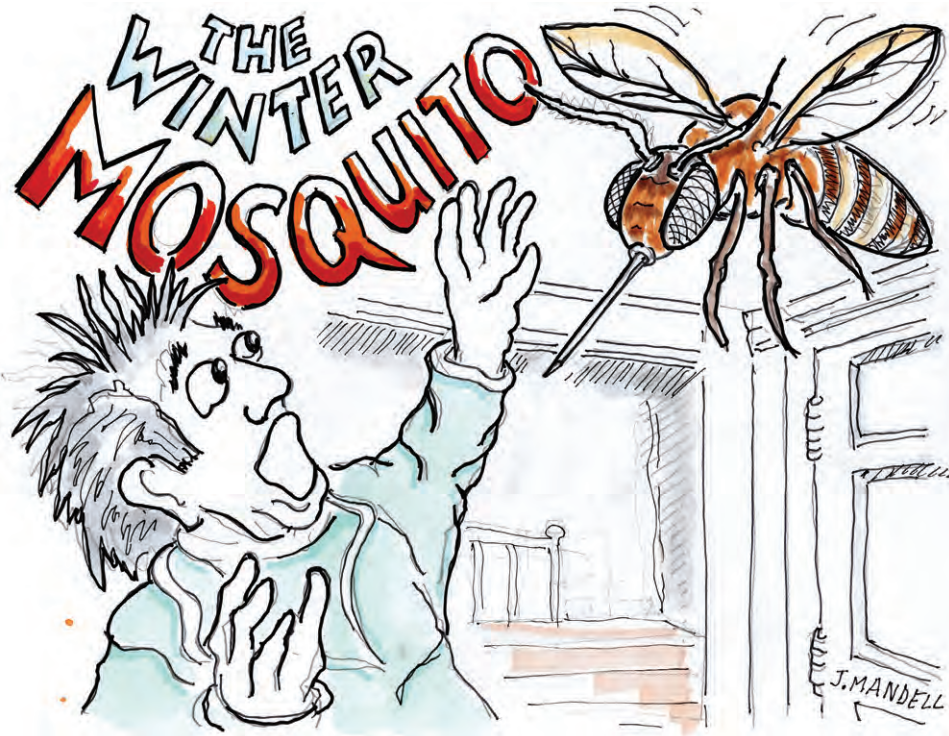
THE CURTAINSHOP OF MAINE

175 WESTERN AVE
SOUTH PORTLAND, ME
MONDAY - SATURDAY 10:00 AM - 6:00 PM
SUNDAY CLOSED
207-773-9635
www.maineblindsandshades.com



Capetoon: How did it survive?

By Jeff Mandell



CELT winter programs

Please register for the following programs through Cape Elizabeth Community Services, <http://www.capecommunityservices.org/> and contact the Cape Elizabeth Land Trust with any questions at 207-767-6054.

All participants must register at least 48 hours in advance of the program to receive notification regarding changes or cancellation. Each program is \$6.

CELT's Crosstown Winter Walk

Join Cape Elizabeth Land Trust (CELT) member and Maine Master Naturalist Amy Witt and CELT Stewardship Committee member Hans Hackett for our winter Crosstown Walk.

Beginning at Kettle Cove State Park, this walk will traverse over eight miles of both town of Cape Elizabeth and CELT trails highlighting Cape's great places. The walk takes approximately four hours and includes a BYO lunch stop with hot

beverages at the CELT Office. Hikers will meet at Fort Williams Park and carpool to Kettle Cove.

Participants should be 12 years or older; please call about younger ages. This trail can be icy this time of year; be prepared with ice traction.

Saturday, February 17, 10:00 a.m. – 2:00 p.m. Meet at Fort Williams Park (the plowed parking lot closest to the lighthouse)

Animal Tracking for Families

Join Cape Elizabeth Land Trust Education Coordinator Ali Gustavson at the Great Pond Fenway Road trailhead to learn common winter animal tracks and practice tracking.

Participants will receive a hand-held track guide that they will then use to identify and follow various tracks along the trail. Warm, dry clothing and footwear are a must.

Children attending should be at least 6 years old, and accompanied by an adult. Outing is subject to acceptable weather conditions.

Wednesday, February 21 10:00-11:30 a.m.

Meet at the end of Fenway Road
\$6/parent & 1 child

Amphibian "Big Night" Program

The Cape Elizabeth Land Trust and Thomas Memorial Library are excited to collaborate on a program from Greg LeClair about Maine's Big Night.

LeClair is a winner of the National Conservation Young Leader Award from the National Wildlife Federation. He also started Maine's Big Night program - a Community Science initiative to protect amphibians.

The program encourages citizens to collect data on migrating frogs and salamanders during the rainy spring season. LeClair is currently studying Ecology and Environmental Sciences at the University of Maine, while also promoting many issues regarding wildlife conservation in the state.

Come learn about Maine's Big Night and how you can participate during late April or early May when the amphibians emerge again.

Date: Thursday, March 28

Time: 6:30 p.m.

Thomas Memorial Library

No registration required

Judy's Pantry- a community feeding itself

Judy's Pantry operates at the Cape Elizabeth Methodist Church on the second and fourth Tuesdays of each month from 3 – 4:30 p.m.

Prior registration is necessary. Please contact Beth Owens: bethowens1@gmail.com.

RE/MAX OCEANSIDE

Celebrating 18 Years

A huge thank you to the community, our family, and our agents for the tremendous support over the years.

Owners - Vicki & Jeff Kennedy

1237 Shore Road, Cape Elizabeth • 207.799.7600 • www.OceansideMaine.com
Locally Owned and Operated

ADVANCED AND COMPASSIONATE CARE FOR YOUR PET

OPEN 24/7

We're pleased to offer our patients a wide variety of veterinary services!

- Internal Medicine
- Neurology
- Oncology
- Surgery
- Sports Medicine & Rehabilitation
- Emergency & Critical Care
- Cardiology

RECEPTION@MVMC.VET

207-885-1290

MVMC.VET

1500 TECHNOLOGY WAY
SCARBOROUGH, ME

Vindle Builders

Ron Spidle, owner
Custom framing to fine carpentry

Where integrity means business
207-329-9017
Fully insured
vindlebuilders.com

Local birding report

By E. Brooks Bornhofft

One of the things I enjoy about birding is the year-round opportunity presented to reflect on my own appreciation for nature's power to remind and reframe my mood - in small, yet significant ways. The joy of being pulled from my desk to the window by an ever so slight movement to spy on a Golden-crowned Kinglet flitting about in a snow draped Hemlock with his flashy lemon-yellow crown. Or stepping outside on a bright, February morning to be greeted by the chattering of a Carolina Wren while the trilled bzzee whistles of Cedar Waxing's ebb and flow across the leafless upper canopies. Or even the arrival of an unexpected traveler to the backyard feeders. There is always something of interest to see or hear and it is just a matter of tuning in.

Notes from the yard and field over the last several weeks include: after the snowstorm in early January there were widespread and noticeable movements of White-throated Sparrows and Dark-eyed Juncos across Cape. As of January 7 our yard consistently has twenty or more of both species along with a steadily increasing charm of twenty-six hungry Goldfinches. According to eBird, over the last two weeks of January across Cape only small handful of Snow Bunting and Horned Lark sightings were reported.

On January 19 a flock of at least thirty Cedar Waxwings made a brief stopover in an old Red Oak Tree behind our house. Additionally, on January 20 my son and I were making our way towards the very end of Dyer Point's rocky headland when my eye caught the brief flutter of a bird on the rocks ahead. Upon closer inspection I could make out three robin-sized shorebirds huddled together, all with round bellies, short legs and

rather long drooping bills. These hearty Purple Sandpipers are mouse-gray above, mostly whitish below and they choose to winter farther north on the Atlantic coast than any other shorebird. On a related note, on January 27 I saw a flock of nearly forty Purple Sandpipers off Ferry Rock in Scarborough, reveling in the commotion of the wintry sea. On this same outing I noted seventeen Common Loons, six Long-tailed Ducks a lone Horned Grebe and a single Sanderling foraging at the icy water's edge. According to Peter Vickery's "Birds of Maine," small numbers of these plump little sandpipers regularly winter in Southern Maine.

Later on in the day along Sawyer Road and the Spurwink Marsh I spotted my first of the year Hooded Mergansers. Always a thrill to see, adult males have a flamboyant oversized head with a large white patch contrasted with a black "hood" and bright yellow eyes. The male and female communicate through a range of rough frog-like grunting noises and guttural chattering cries. Similar to the Wood Duck, these dabbling ducks nest in hollow trees which are often very high above the ground and the young in many cases jump from the nest when they are just one day old.

And on January 27 as snow swept across the saltmarsh a Northern Harrier drifted across the land while two male Common Goldeneyes led six females as they dove and foraged upstream from the Spurwink River Crossing. Also, around dusk I watched a female Cooper's Hawk giving chase to a Carolina Wren. The futile pursuit included the accipiter briefly getting entangled in a pricker bush and then foolishly following the wren through and under an old fallen log.

Lastly, on the gray afternoon of January 28 a single blackbird appeared in a tree in the

backyard. At this time of year it is not uncommon for European Starlings to drop in however this bird didn't have the intricate purplish green iridescent pattern or spots I was accustomed to seeing on a Starling. The bird spent several minutes at the same perch, flirting its tail while observing the feeders before flying off. The bird was roughly the same size as a Robin with mottled rusty brown and blackish plumage and a black bill and feet. I could also make out its fading black face mask which highlighted its pale eyebrows and straw-colored eyes. Named for its winter plumage the uncommon Rusty Blackbird is not a bird

that typically sticks around this far north during the winter months. Rusty Blackbirds that nest in the bogs and wetlands of wooded areas in Northern Maine and boreal forests migrate predominantly to the lower Mississippi Alluvial Valley and the southeastern Coastal Plain of Georgia and the Carolinas. An opportunistic omnivore, seeds and berries make up a larger part of their diet while on their wintering haunts and they have been observed feeding on acorn fragments. Seeing this bird made me wonder how many times an uncommon or even rare bird had gone unnoticed in my own backyard.

February naturalist's corner

By Erika Carlson Rhile
CELT Education Committee Chair

February 2: Groundhog's Day. If the groundhog sees his shadow, six more weeks of winter lay ahead, right? Punxatawny Phil has been predicting the weather since 1887, and statistically he's only been right 39% of the time. Maybe we should listen to Shubenacadie Sam of Nova Scotia. Since he's in the Atlantic Time Zone, he is the first groundhog in North America to make his prediction, and he's accurate 45% of the time.

February 24, 7:30 a.m.: Full Snow Moon. This moon has also been known by some Native American tribes as the Hunger Moon, since the harsh weather made hunting difficult.

Love is in the air?! Smelling a "skunky" odor this time of year is most likely the perfumed urine of red foxes, especially intense during their mating season. They use both

urine and feces to communicate their presence, dominance and sexual status. Foxes will urinate up to 70 times per hour!

Take a moment to consider how tough Maine's state bird is: Chickadees have the ability to go into regulated hypothermia enabling them to lower body temperatures to about 12-15 degrees F below their normal daytime temperature. This allows the bird to conserve almost 25% of its hourly metabolic expenditure when the outside temperature is freezing. The lower the outside temperature, the more energy chickadees conserve. Chickadees gain an additional 10% or more of their body weight each day. They then go into hypothermia to reduce their metabolism and use up excess body fat to shiver all night to keep warm. The human equivalent of this would be a 165 lb man spending a frigid night outside and emerging 15 lbs lighter in the morning!

Rundlett and Baldacci Report

CHANNEL 5



Don't Miss Cape Resident Rod McConnell, 100 plus Years On This Planet on the Rundlett and Baldacci Report

With T.V. Journalists Derry Rundlett and Robert Baldacci

Wednesdays at 8pm and other times! CHANNEL 5!

or Google "Rundlett and Baldacci Report"

"We've recently had Senator George Mitchell, Defense Secretary Bill Coiben, two movie stars, three yesteryear mobsters, Joe Kennedy, and the Temptations. but Rod is the most exceptional guest we have ever had. The Mitchell, the Cohen, and this interview should be watched, each man reaching the absolute pinnacle of success."

Derry Rundlett

Next training session is
March 2024



CASA

Court Appointed Special Advocates FOR CHILDREN

MAINE JUDICIAL BRANCH FAMILY DIVISION

207.213.2865 | casa@courts.maine.gov | casaofmaine.org

Thomas Memorial Library offers all-ages board game night, programs on Cape's wandering schoolhouses, native seed sowing

IN THE STIER FAMILY GALLERY (February & March)

From Ashes to Beauty: The Transformation of Frederick Ndabaramiye and the Healing Power of Art

The loss of Frederick Ndabaramiye's hands to a machete blade during the Rwandan Genocide was intended to take his life, but instead led to a life of unimaginable possibilities. Losing his hands required Frederick to begin his life again and to re-learn all of the things that had once been so easy for him. When first re-learning to hold a pencil with both arms, Frederick drew a butterfly, which became the springboard that began his love of painting.

Now an accomplished artist, Frederick has shared his artwork around the world. In his own words, "My heart's desire is to be an example to all people of the healing power of art and to demonstrate how beauty can rise from the ashes of tragedy. My life's story is a story of what happens when tragedy spurs determination, empathy, creativity and inspiration on the canvas of the human heart."

You can view Frederick's vibrant, color-soaked paintings of daily Rwandan life throughout February and March in TML's Stier Family Art Gallery. On Thursday, February 22 at 6:30 p.m., we'll be welcoming Frederick in person to TML, where he will share his incredible and inspirational story with us. Once you've met him and seen his art, you won't soon forget Frederick and his amazing life story.

FOR ALL AGES

First Friday All-Ages Board Game Night @ TML

Friday, March 1, 5:30 - 7:30 p.m.

Enjoy an afterhours evening of retro gaming at the library. Come in from the cold and get to know someone new, build community, foster relationships and enjoy friendly competition while playing some board games. We'll break out our collection of board games, puzzles and

playing cards but participants are also welcome to bring a favorite. Spread out in the library and play with your friends, or challenge the people next to you. The library will provide drinks and snacks. Game Night is for all ages. Children must be accompanied by a parent or guardian. Register on our website.

CHILDREN'S SPECIAL EVENTS

For information about our weekly story times and other recurring programs, please visit the library's website.

Beep, Boop... Robot! A Family Discovery Time for All Things Robotic

Saturday, February 10, 1:00-2:30 p.m.

For ages 4-12. We are celebrating all things robotic with our friends from South Portland Library. Beep Boop! Enjoy creating and experimenting with activities for everyone. We'll have a short story time and dance party, crafts and robotic experiments, as well as robot snacks.

Sewing Adventures: Sew Your Own Stuffie

Saturday, February 10, 1:00-2:30 p.m.

Ages 8+. Show your love for stuffies or make a stuffie for someone you love.

This workshop combines illustration and sewing. Sewists will draw a favorite animal, character or creature with colorful fabric markers on cotton muslin, then sew a backing with fabric, felt or fleece and fill it with stuffing. Sewists can choose hand sewing or machine sewing. Make it small or make it large. Add felt or button eyes or draw the details. Anyway you design your stuffie, you are sure to make a lovable memorable creature.

Beginning sewists welcome. No prior experience necessary but complete beginners must be accompanied by their adult to work one on one in learning basic skills of threading a needle and tying a knot for their first few meetings. All materials provided. Registration required; visit the library's website.

FebruBEARy Tea Party Story Time with Belinda the Bear

Friday, February 23, 10:30 a.m.

Celebrate Belinda, our Story Time Mascot, at this special tea party story time for stuffies. You can register them for our stuffie sleepover and leave them for a very fun adventure at the library (see more details on our website).

Spectacular stuffie Sleepover 2024

February 23-24

Do you have a stuffie that you think needs to make some new friends? Do you just know it would love the library? Good news! Our children's room mascot, Belinda, is hosting a Stuffed Animal Sleepover at the library on Friday, February 19.

Register your stuffie on our website

and drop them off anytime on Friday before 5:00, and you'll pick them up on Saturday morning. We'll make sure to take lots of photos of all the fun Belinda and the stuffed animals have overnight, and we'll have a slideshow to share with you so you can relive all of their adventures.

For Tweens/Teens

Valencrimes After Hours Party @ TML

Thursday, February 15, 5:30-7:30 p.m.

Cosplay, murder, mayhem – it's all waiting for you and your friends. Teens registered for this event will receive a character assignment via email. You can bring your character to life with a costume and some basic acting skills.

All characters will go through a script trying to solve the mystery. There will be prizes for whoever guesses the identity of the murderer AND pizza will be served. This program is for teens ages 13-18. Register on our website.

Amulet #9 Release Party!

Friday, February 9, 3:30-4:30 p.m.

Are you a fan of the Amulet graphic novel series? Celebrate the release of Kazu Kibuishi's *Waverider*, the long-awaited finale to the popular series.

Create your own wire wrapped or beaded amulet and enjoy themed snacks in celebration of this beloved book series. Register on our website.

Common Vibes

Thursdays, 3:00 - 4:00 p.m.

Community, conversation, creativity. If you're a teen looking for any of the above, join us at Common Vibes, a new weekly meeting at TML just for people like you.

Whether you're in it for the crafts, the snacks, the experiences, or simply the chance to vent about whatever's on your mind, Common Vibes is a place and time where you can be yourself. Drop in on Thursdays from 3-4 p.m. upstairs in the teen section to see what you can do at your local library.

February 8 Experience: Teen Paint Night with Sasha

February 15 Craft: DIY Art Mugs with Sierra

February 22 Experience: Learn about tarot and oracle decks

February 29 Craft: Design your own Tarot deck

TML Teen Writing Group

Second Saturday of Each Month, 3:00 - 4:00 p.m.

February 10

Are you a teen who loves writing? Or are you someone who just loves to read, and feels like trying your hand at creative writing that isn't for school? In either case, our teen writing program is for you.

Join us for monthly meetings where we explore different styles of writing and work on the projects you're most passionate about. Register on our website.

TLC: Teen Leadership Council

Last Friday of Each Month, 2:45-3:45 p.m.

February 23

The Teen Leadership Council (TLC) is a group of young people who want to take a more active role in our library community. TLC makes book and informational displays, provides feedback on the direction of the Teen Space within the library, and even gets the chance to design and lead special programs. Monthly meetings include snacks, social time and fun. If you're interested in joining, email Megan Smith, msmith@thomas.lib.me.us, or stop by the downstairs desk and ask for an application

Silent Book Club (Teens only)

Last Saturday of Each Month, 3:00-4:00 p.m.

February 24

Come meet new people and then ignore them. Welcome to the Silent Book Club, a cozy place where all you need is a book to read. Any book, any format, any chapter. No discussions, no suffering "that" book, no worries about not having enough copies for everyone.

With this book club there's no pressure to finish an assigned book or have intellectual conversation. Bring your own book or find one while you're here. We will have a few minutes of low-key social time, and then silent reading time accompanied by coloring and light snacks.

Past participation is not required for this once-a-month book club and all teens are welcome.

HIGHLIGHTED PROGRAMS FOR ADULTS

For information about all of our recurring programs for adults, please visit the library's website

Fireside Reading

Tuesdays, 5:30 - 6:30 p.m.

Come sit around the library's fireplace among fellow-readers and enjoy some tea and dedicated reading time free of the distractions of home. Bring a book with you, or come early and find one to borrow from the library. No registration necessary.

Fireside Writing @ TML

Thursdays in February: 1, 8, 15, 22, 29; 5:30 - 6:30 p.m. in-person at the library

Is writing more one of your goals for the new year? Looking for a comfortable and cozy spot to join other writers?

-see LIBRARY page 13

Please support your independent newspaper.

The Cape Courier is not affiliated with and does not receive funding from the town of Cape Elizabeth.



TOWN & SHORE
REAL ESTATE

STEVE PARKHURST

Broker/Owner

232-4444

sparkhurst@townandshore.com

One Union Wharf, Portland, ME 04101 / 207.773.0262

The Cape Carpenter

carpentry • custom decks • interior/exterior painting
tile work • kitchens • bathrooms • create your own to-do list
remodeling • finish basements • clean-up garage & attics

Dependable, Honest, Affordable, Fully Insured,
Excellent References, Cape Elizabeth Resident

FREE ESTIMATES Dan Tardy 767-5032

CAPE CALENDAR

By Wendy Derzawiec

Please see the town website, www.capeelizabeth.com for meeting locations
 Instructions for joining videoconference meetings listed below will be posted on the town website, www.capeelizabeth.com.

Wednesday, February 7

Town Councils of Cape Elizabeth and Scarborough Joint Workshop, Scarborough Municipal Building, 259 U.S. Route 1, Scarborough; 5:30 p.m.

Thursday, February 8

School Building Advisory Committee, Town Hall, 6:30 p.m.
 SBAC Subcommittee - COMMUNICATIONS, 8:30 a.m.

Monday, February 12

Town Council, Town Hall, 7 p.m.

Tuesday, February 13

School Board Meeting, Town Hall, 6:30 p.m.
 Conservation Committee, Town Hall, 7 pm

Wednesday, February 14

Community Services Committee, Community Center, 5:30 p.m.
 Diversity, Equity, and Inclusion Committee, Thomas Memorial Library, 6 p.m.

Thursday, February 15

Fort Williams Park Committee, 6 p.m.
 Energy Committee, Jordan Conference Room, Town Hall, 7 p.m.
 SBAC Subcommittee - COMMUNICATIONS, 8:30 a.m.

Tuesday, February 20

Planning Board, Town Hall, 7 p.m.

Ongoing each week

Al-Anon, 7 p.m. Fridays, First Congregational Church, 301 Cottage Road, South Portland. Parking in rear.
 Alcoholics Anonymous, 2 p.m. Saturdays, First Congregational Church, 301 Cottage Road, South Portland; 7 p.m. Wednesdays, St. Bartholomew Church; 7 p.m. Fridays, St. Alban's Church.
 Cape Elizabeth Historical Preservation Society, 9 a.m.-noon Mondays and Thursdays when "Open" sign displayed, Fort Williams, in the brick building closest to Shore Road (ring the doorbell).
 Cape Elizabeth Lions Club, 6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road
 Cape Elizabeth Republican Town Committee, 6-8:30 p.m. first Wednesday of the month, Cape Elizabeth Community Center. Contact: cercme.com for Cape information.
 South Portland/Cape Elizabeth Rotary Club, 6:15 p.m. Wednesdays at 107 Preble Hall, Southern Maine Community College, 2 Fort Road, South Portland. sp-ce-rotary.org.
 Codependents Anonymous (CODA) group at Cape Elizabeth United Methodist Church. Regular meeting weekly on Saturdays at 10:30 a.m. Call 799-4599 FMI.

CABLE GUIDE

CETV CHANNEL 1302

Subject to change. Please see cetv.capeelizabeth.org for latest program guide and video on demand.

Nothing scheduled for Feb. 7-20

CEUMC annual Jazz Sunday is February 11

The Cape Elizabeth United Methodist Church will hold its annual Jazz Sunday on Feb. 11 at 10 a.m., featuring live Mardi Gras-style music throughout the service. Jazz Sunday is always held on the Sunday before Ash Wednesday and the beginning

of Lent. A pancake breakfast will be held in Fellowship Hall following the service. The public is welcome to attend. The church is located at 280 Ocean House Road (Route 77).

SERVICES

Cape Elizabeth Church of the Nazarene

499 Ocean House Road (Route 77)
 747-1113

www.capenazarene.org

Sunday School for all ages: 9:30 a.m.
 Sunday Worship Celebration: 10:45 a.m.
 Services streamed live or on demand: watch.capenazarene.org

Cape Elizabeth United Methodist Church

280 Ocean House Road
 799-8396

www.ceumc.org

Sanctuary Service: 10 a.m.
 In-person Sunday services 10 a.m. For Zoom services, call 799-8396

The Church of Jesus Christ of Latter-day Saints

29 Ocean House Road
 799-4321

Sacrament Meeting: Sunday, 10 - 11:00 a.m.

Sunday School/Primary: 11:10 a.m.-12 p.m.

The Church of the Second Chance

Greater Portland Christian School
 1338 Broadway, South Portland
 641-3253

Sunday: 10:30 a.m.-12:15 p.m.

Church of the Holy Spirit

1047 Congress Street, Portland
 874-9779

www.HolySpiritPortland.org

Sunday Worship: 10:00 a.m.
 Sunday Adult Bible Study: 9:00 a.m.
 Sunday School for children: 10:00 a.m.
 Services streamed live on Facebook
 Potluck dinner every third Sunday

Congregation Bet Ha'am

81 Westbrook St., South Portland
 879-0028

www.bethaam.org

Worship: Friday, 7:30 p.m.
 Saturday, 10:30 a.m.
 Family Shabbat Services: Second Friday, 6:00 p.m.

Hope Community Church

879 Sawyer Street South Portland
 799-4565

www.hopesopo.com

www.facebook.com/hopesopo
 Sunday Morning Worship at 10 a.m.
 Kid's Church for ages 4 through grade 5

Service videos available on our website

Promised Land World Reach Center

536 Cottage Road, South Portland
 799-3152

Sunday Prayer & Intercession: 9:30 a.m.
 Sunday Worship: 10 a.m.
 Family Bible Studies: Wednesday, 7 p.m.
 Sermon recordings available to download

Redeemer Lutheran Church - LCMS

410 Main Street, Gorham
 839-7100

www.RedeemerMaine.org

1st Saturday of the month 10:00 a.m. with masks
 Sunday Bible Class 9:00 a.m.
 Sunday Service: 10:15 a.m.
 Wednesday Vespers: 6:30 p.m.
 Sunday and Wednesday services are in person and streamed on Facebook

Saint Alban's Episcopal Church

885 Shore Road
 799-4014

www.stalbansmaine.org
 Sunday Services:

Rite 1 with Holy Eucharist 8:00 a.m.
 Rite 2 with Holy Eucharist 9:30 a.m.
 Live Streaming on YouTube (stalbanschannel)
 Children's Programs 9:30 a.m.
 Celtic Eventide 5:30 p.m.
 Room for all

St Bartholomew Catholic Church of Saint John Paul II Parish

8 Two Lights Road, 207-883-0334

Website: www.JP2me.org
 Sunday Mass: 9 a.m.

Daily Mass: Mon. and Wed. 8 a.m.
 Sacrament of Confession: Mon. 8:30-9 a.m.
 Additional Mass times in Scarborough & South Portland listed on website

First Congregational Church United Church of Christ

301 Cottage Road, South Portland
 799-3361

www.fccucc.org

Sunday Worship: 10:00 a.m. in person and streamed on Facebook & YouTube

First Congregational Church of Scarborough

167 Black Point Road, Scarborough
 883-2342

www.fccscarborough.com

Sunday Morning Worship: 9:30 a.m.
 Sunday School & Nursery Care



21 Wells Road
 207.767.2740

Maine Farms First!

Farm Stand

OPEN Fridays & Saturdays
 10:00 - 5:30
 throughout the winter.

Jordan's Farm
 We Love our Veggie's

It's All About Maine

Potatoes, Squash, Carrots, Parsnips, Beets, Kale, Chard, Greens, Apples, Chicken, Meats, Farmer's Gate Sausage, Eggs, Cheese, Ice Cream, Yogurt

"It's only cold if you're standing still", unknown

Time to Sign-up for Your CSA

CSA - Community Supported Agriculture

Customers buy into the season at a discount and support their local farm. FMI: www.jordansfarm.com



[f Jordan's Farm](https://www.facebook.com/jordansfarm) [@jordans_farm](https://www.instagram.com/jordans_farm) www.jordansfarm.com

IT TAKES A COMMUNITY TO KEEP FOOD GROWING



Invisible Fence Brand

Keeping pets happy, healthy & safe @ home™

Play Safe. Worry-Free.

Invisible Fence of Southern Maine

800-585-2803

southernmaine.invisiblefence.com

BUSINESSES/SERVICES

In home dog sitting and boarding in Cape Elizabeth. Large fenced in yard. Insured and Pet CPR and first aid certified.

Call or text 207-329-0628

MUSIC LESSONS

Flute lessons: For beginners and intermediates of all ages. Call Kris: 767-3712.

Piano lessons for all ages. Beginners through advanced. Sandi Palmquist: 329-8345.

Piano, Voice, Guitar, Ukulele lessons for all ages. Beginner through intermediate. Carey Rasco: 232-7015

Happy Birthday to our Grandson



Love, Grandma & Pop-pop Schmitz

Award

Continued from page 8

you be at Lycroft Phelps?' is ironic in the context of the story, but also asks readers to define their stances on important questions about loyalty, peer influence, and bodily autonomy. The title really does say it all; not talking about it rarely, [if ever], solves anything. Parents, have the conversations! Go there! Use a book as a launching pad. Don't let the internet steal your job."

Readers ask Rosenblum if Quinn's story is based on her own experience, to which she answers "yes and no." Rosenblum said, "I did experience a sexual assault as a teen, which I decided to share in the author's note. I did not vow to kill my assaulter. Well, in any literal way. I wasn't sure if I'd overshared; my point was to show young readers that we can heal and carry on after bad things happen. Now, I'm glad I shared that. I've received many messages of appreciation from readers who have experienced sexual violence, and while their stories sadden me, they remind me of how healing it is to simply talk about it with a safe someone."

Rosenblum is already working on the next book. "I can't say much, but another reason I'm excited about the Edgar nomination is the new one is also a mystery-thriller. I think it will appeal to Boston history fans," she said.

Those interested can find both of her novels at Nonesuch Books, or any other favorite bookstore, and of course online at Amazon and Barnes & Noble. Rosenblum said, "A shout out for the audio version! It has a cast of narrators instead of only one, which suits the story and brings it to life. That's available at indies and on Audible."

Follow Rosenblum on Instagram for updates @ckellyrosebooks.

FOR RENT

Two-bedroom Snowbrook condo for rent on school vacation weeks, if interested call Sara at 207-415-1973

OBITUARIES

David Nelson Morton



David Nelson Morton of Cape Elizabeth, passed away peacefully on November 24, 2023, at the age of 86. A man noted for his gentleness, David was born in 1937 in Drexel Hill, Pennsylvania, to Dorothy Bell Morton and Fredrick William Morton, and graduated from the Lenox School for Boys, the Wharton School of the University of Pennsylvania, and the Pittsburgh Theological Seminary.

After ministering together with his wife, Elisabeth (Betsy) Strawbridge Lingelbach of Chestnut Hill, PA (deceased 1991) in several small communities of Pennsylvania, they joined the Institute of Cultural Affairs in 1967. In 1978 David moved with his family to NH, and built their home on Squam Lake, where he worked for the local planning commission. Interested in conservation, he served as President of the board at the Squam Lakes Science Center and was active in local conservation groups until Betsy's death in 1990.

David and Walden (Denney) Semmes Randall Morton married 1992 and together moved to Cape Elizabeth, Maine where he worked for several years as a TQM consultant. David also served as president of the Spring Point Museum on the South Portland waterfront.

After retirement, David taught at Osher Lifelong Learning Institute (OLLI) where he taught over 30 courses, and spoke of his time teaching there as 'a tremendous gift' to himself. David and his students set out to explore ideas no less than consciousness and the meaning of life.

David enjoyed his time with six grandkids and many grand nieces and nephews, many of who joined his children in support of their blended family in this time of loss.



Got a story to share? Email us! editor@capecourier.com

Have a Classified Ad, Announcement or Event?

Go to www.capecourier.com
Or contact Tara Simopoulos at: advertising@capecourier.com

HAVE AN OLD LAPTOP TO DONATE?

CONTACT US
cehswce@gmail.com

The "KID" Courier
Are you a young, aspiring writer or artist? We want to hear from you!!
We are looking for artwork or stories for our new section, The "KID" Courier.

Send submissions to: info@capecourier.com

Nature scene around town



Photo by Debra Brucker

Debra Brucker snapped this picture of a coyote off of Route 77 in town on the morning of January 30.



Photo by Martha Agan

An icy scene after a recent storm.

The "KID" Courier



Drawn by Henry Fisher

Henry Fisher (2nd grader at Pond Cove Elementary School) created this drawing based on a dream. "There is a big stone Chameleon head with its mouth open like a cave. The path goes into the cave and has a fence. Two ants are walking along the path."

Greenbelt Gazette

By Maureen O'Meara

Multi-user Mantras

•Nordic Trails grooming. If we get snow, and if the snow is groomed for Nordic skiing at Gull Crest, we ask trail users and their pets to walk on the edge of the trail so that the grooming is preserved for skiers. The Nordic trail is located at Gull Crest.

Nordic trail grooming is done by a donated and aging snowmachine, and the Nordic group would be happy to accept a donation of a newer model snowmachine.

What's Happening?

•Town Farm Trail Rerouting. Have you been walking on the Town Farm Trail and found muddy and icy conditions? The Conservation Committee visited the site and will be relocating the trail about 75' upland to drier ground.

The rerouting (scheduled for next spring) will allow the impacted area to naturally revegetate and avoid adding boardwalk to the open expanse of the Town Farm field.



Wonderful Winter Events by the sea

Reservations requested 207.799.3134 or Innbythesea.com

Feb. 9, 10 & Feb. 14 - Valentine's Day Features

Celebrate love with Chef Brown's romantic additions to the Sea Glass menu.

Feb. 22, 23 & Feb. 24 - Ice Bar & Annual Seafood Celebration

Ice cold hot spot! Enjoy chilled & grilled fresh Maine seafood with featured bubbles.

Sample à la carte items:

- Selection of ME Oysters
- Shrimp Cocktail
- Smoked Salmon
- Grilled Half Lobster
- Crab Cakes
- Bangs Island Mussels

\$25.00 entry donation - 100% donated to Full Plates Full Potential.

Tuesday, February 29 - Maine Restaurant Week Kick Off Fundraiser

The Incredible Breakfast Cook Off where Chef Brown will join Maine's breakfast champions to cook up a Sea Glass breakfast favorite (Lobster Kolaches - A Czech pastry similar to Brioche) in this fundraiser for Preble Street. Event held at Sea Dogs Brewing Co., South Portland, 7am-9am. Tickets available at: MaineRestaurantWeek.com/events

March 1-12 - Maine Restaurant Week

Chef Brown's delectable three-course dinner.

Sample items:

- Beef Tartare
- Butternut Cavatelli
- Lamb Wellington
- Affogato
- Pan-Seared Sole
- Chocolate Spiced Crème Brûlée

\$55.00 per person

View the entire menu at: SeaglassMaine.com/dining-menus



40 Bowery Beach Road | Cape Elizabeth, ME

HAPPY Valentine's DAY

