

The Cape Courier

Volume 37 Number 5
Mar 27 - April 9, 2024

An Independent Not-for-Profit Newspaper
Serving Cape Elizabeth Since 1988

capecourier.com

In the Spirit of Community

News from March 11 Town Council meeting

By Hanna Gilley

Town Council Reports and Correspondence

Councilor Penny Jordan gave an update from the School Board Advisory Committee (SBAC). She said that the SBAC has "made lots of progress" which include having had three school tours in Portland, South Portland and Scarborough to see heavy renovations and new construction in similar school projects. The committee also reduced the amount of design options from seven to three. Jordan said that the SBAC will receive cost proposals for each option in an upcoming meeting on March 28. These will be shared with the public during a public forum scheduled for April 4. She shared there will also be ads run in The Cape Courier, additional "mini" forums to present in front of groups in town and a public survey. The goal, she said, is for the SBAC to have their school recommendation prepared to share on May 2.

Councilor Anderson shared an update on

the ordinance committee, saying that "due to spirited citizen participation" the pesticide use ordinance is being referred back to the ordinance committee for further review. Anderson hopes to have the pesticide use ordinance back in front of the Town Council for the April meeting.

Public Comment not on the Agenda

Cynthia Dill spoke in front of the Council to "alert any housing enthusiasts" that she is coordinating a site walk at Gull Crest on Saturday March 23 at 9 a.m. beginning at the Greenbelt Trail head on Starboard Drive. The purpose will be to see the 22 acres of land for potential affordable housing development. Dill said all are welcome to attend and that her goal is to have a "non-binding referendum question in November."

Presentation - Town Center Intersec-

-see TOWN COUNCIL page 3

Happy 100th birthday, Lucinda!



Contributed photo

A resident at The Landing at Cape Elizabeth recently celebrated her 100th birthday, and even Cape Elizabeth Police Chief Paul Fenton and Fire Chief Steve Young were in attendance. Lucinda Peiffer turned 100 years young and loved her birthday party. According to Laura Gerry, Executive Director of The Landing, "Lou is such a huge part of our community! She's full of energy and is sharp as a tack!" The Cape Courier wishes Lucinda Peiffer the happiest of birthdays! Gerry added that The Landing at Cape Elizabeth actually has a total of three residents turning 100 this year.

New skating ribbon could be the first in New England



Photo courtesy of The Chicago Tribune

Plans are underway for construction of a skating ribbon in Cape Elizabeth, similar to this established and successful venue in Chicago, Illinois.

What in the world is a skating ribbon?

The town of Cape Elizabeth is about to find out.

As the popularity of recreational skating has literally exploded in Cape Elizabeth since the construction of the skating rink several years ago, the growing numbers of skaters were frustrated this winter as the availability of ice time was limited by the warm temperatures that rendered local ponds unsafe for skating, resulting in very full schedules at the rink.

Scheduling at the ice rink has been exceptionally efficient and all attempts have been made to ensure skaters have access to sufficient ice time. However, with the myriad of skating activities, hockey practices and games, lessons, family skates, preschool skates and many others, organizers of the scheduling calendar admit it is often a nightmare trying to find enough time for everyone.

The operating committee, Cape Community Arena Group (CCAG), established in 2021, has been instrumental in not only planning, obtaining funding, and construction of the popular venue, but also has a capital campaign committee continually researching improvements and future plans as the popularity and usage increases.

Committee member Chris Gallagher recently returned from a family vacation in Chicago full of enthusiasm about an unexpected recreational opportunity that his family became obsessed with.

It was called a skating ribbon, (sometimes referred to as an ice ribbon) and similar venues are popping up around the country, including Toledo, Omaha and Sioux Falls, among other locales.

-see RIBBON page 5

THE LANDING AT CAPE ELIZABETH - INDEPENDENT & ASSISTED LIVING

Enjoy the amenities of community living + the benefits of amazing care!

Learn more about life at The Landing!
Call Margaret: 207.900.2236



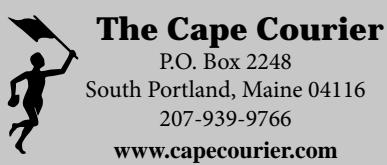
Enjoy the warmth of our community this season!



 The Landing
at CAPE ELIZABETH
Independent & Assisted Living

78 Scott Dyer Road | Cape Elizabeth, ME | TheLandingsMaine.com





OUR MISSION STATEMENT
The mission of The Cape Courier is to foster a sense of community by presenting news specific and unique to Cape Elizabeth and its residents, and, whenever possible, to promote volunteerism within our community.

BOARD OF DIRECTORS

Roger Bishop,
Debbie Butterworth, Jerry Harkavy,
James Wagner, Ed Pfueller and Peter
Carignan

Publisher: Tara Simopoulos
info@capecourier.com

Editor: Marta Girouard
editor@capecourier.com

Community Reporter: Kevin St. Jarre
community@capecourier.com

Advertising Manager: Tara Simopoulos
(Display and classified ads)
advertising@capecourier.com/207-939-9766

Bookkeeper:
billing@capecourier.com

Proofreaders:
Chuck Rzeszutko

Photo finishing: Ann Kaplan

Distribution: William Alexander

For general information:
info@capecourier.com/207-939-9766
For Advertising:
advertising@capecourier.com

Writers: Debbie Butterworth, Wendy Derzawiec, Erika Carlson Rhile, Kevin St. Jarre, Marta Girouard, Jim Rowe, Tina Fischer, E. Brooks Bornhofft, Jeff Shedd, Hanna Gilley

Photographers: Martha Agan, Joanne Lee

The Cape Courier is printed by Maine Trust for Local News in South Portland and mailed free to Cape Elizabeth residents 22 times a year. We disclaim all legal responsibility for errors, omissions or typographical errors. All reasonable care is taken to see that errors do not occur. We print corrections upon timely notification.

LETTER & SUBMISSION POLICY
Letters should not exceed 250 words. We reserve the right to refuse letters and to edit for length, accuracy, clarity and civility. We do not withhold names and writers may be limited to one letter per month. Petition-style letters will be declined. Letters reflect the opinion of the author, not The Cape Courier. Email letters to: editor@capecourier.com or mail to P.O. Box 6242, Cape Elizabeth, ME 04107. Please note: Letters will be acknowledged by email.

NEXT ISSUE: April 10
DEADLINE: Noon, Mar 29

SUBSCRIPTIONS
\$21.10/year in Maine; \$25 out of state
\$15 student (9 months)
\$12 half year
(These amounts include state sales tax, which The Cape Courier is required to charge.)

Name: _____

Address: _____

Amount enclosed: \$_____

Today's date:

Mail to:
The Cape Courier
P.O. Box 2248
South Portland, ME 04116

Boyer 'committed to representing our whole community'

I am enthusiastically voting for Michelle Boyer in the Democratic Primary on June 11. With divisive politics fracturing our society, Michelle's deep listening, critical thinking and sense of fairness will serve our community well. She is committed to representing our whole community in Augusta and would bring a fresh perspective, a love of public service and without a personal agenda.

As a small business owner Michelle understands how critical small businesses are to Maine's economy and will work to make sure Maine has the right policies to help them thrive. Michelle's broad community service includes many issues, from education to gun safety to conservation.

It's impressive that through the advocacy organization she co-founded, community organizing and working with the legislature, she successfully helped pass new laws that provide a full year of insurance coverage for the healthcare new moms and their babies need to get a healthy start. This reflects her strong work ethic, coalition building skills, quick mind and leadership. As we continue to confront climate change, the need for affordable accessible healthcare, and workforce and housing challenges, Michelle has the skills, energy and commitment to take meaningful action and help move Maine forward.

What excites me most about Michelle is her fresh take on issues, inquisitive mind, sense of optimism and her clear love of Cape Elizabeth and our state, and her fervent wish to see all of our children prosper and grow in the great state of Maine. Please vote for Michelle Boyer on June 11.

Rebecca Millett

Sheila Casey

THANK YOU!

Your donations and other contributions help keep this community newspaper coming to your mailbox.

Thank you to these recent generous contributors:

Brock & Helaine Hornby

Tony & Kathy Ornatek

Ogden & Margaret Williams

Sandy Larlee

The Justh Family

Anonymous

Checks made out to The Cape Courier may be mailed to P.O. Box 2248, South Portland, Maine, 04116. Please include a message on your correspondence if you prefer to remain anonymous.

Let us hear from you! 
We love feedback!
editor@capecourier.com

'Please be respectful'

I saw a photo of a sign on Facebook encouraging dog owners to clean up dog waste and I'm thinking I will make it into posters and put them up in front of my house. I live on a busy street in Cape. Last weekend, doing a spring clean up, we found six bags of dog waste thrown in front of our house, or hanging in tree branches in front of our house.

Yes, people actually put their dog waste in bags, but don't actually take the bags and dispose of them. Some don't even bother with the bags.

Children walk on this street every day going to and from the schools, elderly people like to walk here and get some fresh air, and with the sidewalks it is safer for them.

It is your dog, it is your responsibility to clean up after it, and that includes actually taking the bags away.

Would you like a stranger to come throw these bags in front of your home and leave them for you to clean up? Please be respectful.

Sheila Casey

If you build it, they will come

On a recent community forum on Facebook, there was a lively discussion about what \$40,000 might be used for if not put into assessing the transfer station as a healthy neighbor to low income housing. Additionally, the proposed \$2,000,000 bond to build a road to lure developers into the potential site was another amount discussed in potential benefits to the community.

What would you want our community do with that amount of funding? The majority of comments were about road safety, adding sidewalks to several of our roads so that everyone who wants to walk, run and bike to and from town center can make it home in one piece. Many roads were listed

- namely Fowler, Old Ocean House, Spurwink and Mitchell. The intersection of Rt. 77, Scott Dyer Road and Shore Road is another safety concern residents would like the town to resolve.

Interestingly enough, these investments in our town's quality of life (and accessibility) are also improvements that would make it attractive to potential development, reduce vehicle congestion, positively impact the environment and serve all ages. Let's not have the town administration toss our money into a field of dreams, but to invest in ways we can come together - safely, on sidewalks!

Eliza Matheson

Support for Monaghan

I'm excited to support my friend and sister, Kim Monaghan for State Representative, District #123.

I've known Kim and her family for years. I took care of her sister's kids and Kim's daughter Stephanie. This was when she worked for an international trade-show company, often traveling throughout the U.S. and Europe, and later, during her four terms as a State Representative. Sometimes, I'd just move into her home and run the show until her return. Kim always treated me with respect and trust and never second-guessed me. Not only did we become good friends, but I became "a sister." After all, with Kim coming from a family of nine, what's another sister?

Kim has always been a compassionate

and dedicated individual and I know she would be honored to return to the Maine Legislature once again.

Let's help Kim become Cape Elizabeth's next State Representative by voting for her on the June 11 Primary!

Meredith Young

Baseball Boosters Spring Clean-up Day

Register for Cape Baseball Boosters Spring Clean-up Day, (April 6). Hire a team of 4-5 players by the hour for \$175 first hour; \$125 each additional hour. Call/text the Boosters at 207-613-4048 or email CapeBaseballBoosters@yahoo.com to reserve your slot.

POLITICAL ADVERTISING POLICY

The Cape Courier accepts advertisements in compliance with applicable laws and the publishing industry's best practices. Maine's campaign finance laws set the basic standards for advertisements for political candidates and ballot issues. In an effort to promote public dialogue, the Courier also accepts advertisements on issues of public policy and social concern, as long as they adhere to standards of fair play and do not target individuals. The Courier requires that opinion or advocacy advertisements display the name and town of at least one member of the sponsoring group. The Courier also requires that any advertisements claiming the support of people, companies or organizations provide certification for these endorsements.

The Courier reserves the right to insist on modifications to draft advertisements prior to publication. It is not the Courier's intention to reject advertisements, but like all publications it reserves the right to do so at its sole discretion.

In addition, here is a link to a section of Maine law dealing with campaign advertisements: <https://legislature.maine.gov/statutes/21-A/title21-Asec1014.html>

The Cape Courier Board of Directors

Town Council

Continued from page 1

Tion Improvements Update

Jay Reynolds, Cape Elizabeth Public Works Director, along with Nikki Conant of Sebago Technics gave a presentation on the town center intersection improvements. This project includes a series of studies done on the intersection of Scott Dyer Road, Shore Road and Route 77 (Ocean House Road) dating back to 1990 with the most recent report done in 2020 by TY Lin.

The Town Council has had the town center intersection as one of their goals for the past three years because it is a "historically high crash location." This determination was made the Maine Department of Transportation (DOT) determined by a certain number of crashes (pedestrian, cyclist, vehicular) over a three year period.

Nikki Conant summarized the proposed design which is to essentially "square up" the intersections of Scott Dyer, Shore Road and Ocean House Road, giving more separation between them. She highlighted that vehicles would be able to pull up to the intersection at a 90 degree angle for better sight lines for both cars and pedestrians. Other benefits she noted were improvements to sidewalks including shortening the lengths from 120 feet to 65 feet on Scott Dyer Road, and from 126 feet to 75 feet on Shore Road; keeping a five foot shoulder for cyclists; incorporating areas for potential landscaping; and installing a rectangular flashing beacon for pedestrians.

Conant noted that the proposed changes would require the closure of Holman Road, but that another access road further away from the intersection would be available. And that also the entrance/exit of Cumberland Farms closest to the intersection would be converted to "right in only" to "reduce vehicular conflict points."

Town Manager Matt Sturgis shared with the council that while this is not an "inexpensive" project, there is a plan for funding. He explained that Cape Elizabeth is part of a subregion, along with Portland and South Portland, of the Portland Area Comprehensive Transportation System (PACTS). The state of Maine allocates \$1.6 million dollars to PACTS to split among its four subregions for such transportation projects. Sturgis said that \$400,000 in funds for the town center intersection project will come from available PACTS funds, while the remaining \$400,000 of the proposed \$800,000 cost will come from non utilized funds from a previous sidewalk project that came in under budget, and from the Town Center Tiff District account. Sturgis also noted that these funds would be allocated in 2025.

Jay Reynolds said the proposed project

should take two to three months from start to finish. He noted that no work would be done during Beach to Beacon week, and that during construction, one lane of traffic will be moving at all times.

Councilor Anderson asked about a traffic light or a rotary as potential alternatives for solutions. Reynolds answered that the Maine DOT determined this intersection did not meet a "signal warrant analysis" and therefore would not be eligible for a traffic light based on the 2008 study of the intersection. As for the rotary, or roundabout, option Reynolds explained that that option would require more geographic area acquired from private properties.

Multiple members of the public including John Voltz, Brian Harris, Tom Dunham, Melanie Tennyson, Mike Friedland and Mary Ann Lynch spoke on the proposed solution for the town center intersection with the majority of them asking the council to reconsider this particular design solution. Dunham said "I don't think we're accomplishing much" and Tennyson said the solution is like a "Bandaid on a wound that won't heal." Lynch shared that she appreciated that "this is still on the radar" but that it does't go far enough.

Sturgis assured that all of the feedback from public comment will be brought back to the design team adding "we have time to do this right."

Item #58-2024 Request from Councilor Anderson to Consider Amending the Town Fee Schedule for ADUs

Councilor Anderson requested that the Council to consider amending the Town Fee Schedule to reduce the building permit fee for ADUs from \$12.00/\$1,000 construction value to \$6.00/\$1,000 construction value for a period of one year.

John Voltz asked the council why they didn't propose having ADU kits. Councilor Anderson explained that just one design from one architect cost would \$35,000 and that there are only \$50,000 in funds available. Anderson also mentioned that the ADU kits would change ordinances and designs may become obsolete in the next few years.

The motion was moved by Councilor Gabrielson and seconded by Councilor Thompson. The council voted unanimously to approve the amendment. The amendment will take effect immediately until May 1, 2025.

Item #59-2024 Request from Councilor Thompson Regarding Legal Fee Reimbursement to the Lumbery

Councilor Thompson has requested that the council consider a request from Michael Friedland, owner of The Lumbery, to reimburse legal fees incurred during a recent lawsuit. Friedland's request includes legal fees of

\$9,500 and an additional \$1,500 for his time dedicated to rectifying the matter for a total request amount of \$11,000.

Mike Friedland thanked the council for considering the item during the meeting. He said one concern addressed by citizens would be that it would set a "bad precedent" if his request for reimbursement were approved. He countered that he believes the action of approving his request would send a "good message out into the world." He added that it would send a "positive message that mistakes are made, accountability does matter, and we [the town] recognize this and want to make changes and support local businesses."

John Voltz shared that by approving Friedland's request, the town is setting a precedent for others to come before the council to appeal decisions they didn't agree with that are usually determined during a settlement process. Voltz said that because the Lumbery, and Friedland, had a settlement process with the town that it's "usually the end of it."

Councilor Anderson asked the town manager if there was a settlement between the town and Mike Friedland to which Sturgis said "no, there was no settlement." He explained that the council had decided that the town manager and town attorney bring proceedings to an end and then work on finding a legislative solution locally.

Councilor Thompson added he didn't think Friedland's request for reimbursement was "unreasonable" based on comments made by Councilor Harriman during the September Town Council meeting. Thompson alleged that Harriman said the town "may even need to consider reimbursing Mr. Friedland for some of his legal fees."

Councilor Harriman said she couldn't remember making those comments and asked Thompson, who wasn't on the council at that time, if he remembered her making those comments or if he reviewed the September meeting beforehand. She apologized

for not remembering because "it was five months ago."

Councilor Anderson said that she "did review the videotape" and explained that during that meeting, Councilor Reiniger had made a motion to dismiss the lawsuit and Harriman made a motion to amend it to send to council workshop in a public mediation. Anderson quoted Harriman from the September meeting transcript has having said: "We should identify what steps need to be taken to get this resolved, identify ordinances that need to be changed, have a new site plan approved, the town would hire a mediator at the town's expense, consider the amount of money we've already collected from The Lumbery, consider waiving future costs and fees and consider reimbursement if that is necessary." Anderson agreed with Thompson that it's reasonable for Friedland to make his request for reimbursement based on the comment Harriman made back in September. Anderson also said she'd be concerned for setting a "bad precedent and might support a reimbursement if it could be proved" that the town was guilty of wrongdoing.

The council made a motion to table the issue until the June meeting, after budget season reviews. Councilors Harriman, Gabrielson and Jordan all opposed the motion, but the motion was approved on a majority vote.

Item #60-2024 Request from Chair Reiniger to Establish an Ad Hoc Privacy Committee

It was ordered that the Cape Elizabeth Town Council approve the Ad Hoc Privacy Advisory Committee charge and refer the appointments process to the Appointments Committee with recommendations to appoint committee members back to the council.

Chris Gorski, Cape Elizabeth resident,
-see MEETING page 4

DILL FOR HOUSE DISTRICT 123

It's about freedom.



"As your state representative, I can help write the next chapter of Cape Elizabeth's affordable housing story. We can grow families and our workforce locally, like we do vegetables. Imagine a new leafy neighborhood of charming, owned homes for young and old. Picture modest contemporary rental housing for the people who work here."

"The choice is ours whether to make available 22 acres of land on Gull Crest to create housing that is affordable, complies with local design standards, and keeps alive the American dream. We can choose to get a return on our public investment that will benefit the voters of our community, instead of Wall Street speculators." *Cynthia Dill, Candidate for State Representative*

Vote for a happy housing ending. Vote Dill for House District 123 on June 11th.

Full Service Veterinary Center in the Heart of Cape Elizabeth



VETERINARY AND REHABILITATION CENTER OF CAPE ELIZABETH

"YOUR OTHER FAMILY DOCTOR"






207 Ocean House Road (Route 77), Cape Elizabeth, ME 04107
(207) 799-6952 | info@vrcce.com | www.vrcce.com

Trespass complaint, ID thefts reported

By Debbie Butterworth

PUBLIC INFORMATION

- 2-27 Two officers responded to a residence in the Spurwink Avenue area for a domestic disturbance.
- 2-28 An officer met with a resident of the Spurwink Avenue area regarding a trespass complaint.
- 2-29 An officer met with a resident of the Mitchell Road area regarding a domestic situation.
- 3-4 Two officers responded to a residence in the Spurwink Avenue area for a domestic disturbance.
- 3-8 An officer met with a resident of the Old Ocean House Road area regarding an ID theft complaint.
- 3-8 An officer met with a resident of the Shore Road area regarding an ID theft complaint.
- 3-8 An officer responded to a residence in the Ocean House Road area for a well-being check

SUMMONSES

- 2-29 South Portland resident, operating vehicle using hand held device, Shore Road, \$85
- 2-29 Portland resident, operating vehicle using hand held device, Shore Road, \$85

- 3-1 Wiscasset resident, speeding (50/30 zone), Sawyer Road, \$230
- 3-2 South Portland resident, uninspected vehicle, Shore Road, \$148
- 3-5 Scarborough resident, unregistered vehicle, Route 77, \$85
- 3-9 Cape Elizabeth resident, failure to maintain control of vehicle, Scott Dyer Road, \$152
- 3-9 Portland resident, violation of conditions of release, operating after license suspension, operating under the influence of alcohol, (1 prior), Spurwink Avenue
- 3-11 Cape Elizabeth resident, failure to produce proof of insurance, Ocean House Road, \$186

JUVENILE SUMMONSES

- 3-2 Cape Elizabeth resident, uninspected vehicle, Spurwink Road, \$148

ACCIDENTS

- 3-9 Anthony Sineni, accident on Spurwink Avenue

FIRE CALLS

Fire calls: 12; EMS calls: 23

Kindergarten registration for fall 2024

Pond Cove Elementary School is now accepting kindergarten registrations for the 2024-2025 school year. If you have a child turning 5 on or before October 15, 2024, please visit the District website at: <https://www.cape.k12.me.us/>, click "Menu" at the top right, then choose "School Registration" under the Community column to begin the process.

Once your kindergartener's pre-registration has been approved by the school, you will receive a detailed email guiding you

through the enrollment process via PowerSchool. Upon form completion, you will need to upload the following documentation:

1. Child's birth certificate
2. Proof of immunizations
3. Proof of residency

If you need extra support throughout this process, please contact Pond Cove at pcoffice@capeelizabethschools.org or 207-799-7339.

Scam alert bulletin board

By Jessica D. Simpson

Fraud in 2023: By the Numbers

The Federal Trade Commission released its annual compendium of fraud reports from 2023, and the news is shocking. For the first time ever, reported theft through fraud topped \$10 billion. The total is 14% higher than what was reported in 2022 and 5 times greater than reported losses in 2019.

Key takeaways from the report include: More money, \$4.6 billion, was stolen through investment scams than any other type of fraud. Many of the investment scams were tied to cryptocurrency where consumers reported \$1.4 billion stolen. The most frequently reported scams were impostor scams, where the criminal pretends to be a person, company or government agency that you trust. The average victim of an impostor scam had a staggering \$7,000 stolen from them, according to the report. Lastly, the most popular method for criminals to reach their victims in 2023 was email, surpassing text messages and phone calls which led in previous years. While all these numbers are eye opening the sad reality is that we are only

seeing the tip of the iceberg because the vast majority of fraud goes unreported.

Peer-to-Peer Scams

Many of us have used a peer-to-peer (P2P) payment app to split a bill or send money to a friend, and some people even use them for traditional shopping. However, there are inherent risks that exist on these payment apps that everyone should know about. First and foremost, because they're as fast and convenient for criminals as they are for consumers, P2P apps — like Zelle, Venmo and Cash App — are favorite tools for modern-day scammers. Even though they may be associated with your bank account, no fraud protections exist on P2P apps.

The keys to staying safe when sending money this way is to avoid out of the blue requests for money and make sure you know the person on the other end. Think of P2P apps as cash. So remember, before you hand over cash that you will never get back you always want to know exactly who you are giving it to.

Meeting

Continued from page 3

said that he was "excited" to see that this idea for a Privacy Committee has "evolved" and that it's come a long way from previous iterations. Gorski shared that it's a great idea to address the issue of privacy but that "these are things professionals should be doing, not volunteered citizens" involved with the IT sector. Gorski did add he would support a volunteer committee for "scams of privacy practices" as scams have become more prevalent. Gorski suggested the council get more input from the public and experts and to not vote on the issue at that present time.

Councilor Gillis made the motion to establish the Ad Hoc Privacy Committee adding, "I do this because what was happening up in Houlton, Maine, with all the cameras out there. They're spying on people." Councilor Thompson seconded the motion.

Chair Reiniger shared that this has been on the council's goals since 2022 and therefore isn't a new issue. Reiniger said the "first misconception here has been that this is about IT; it's about privacy." He added "it's about giving the citizens a privacy lens on the tech being used for capturing citizen information and how that information is being used and shared" adding that privacy has "become a public safety issue."

The Ad Hoc Privacy Committee would not be to "promote the use of surveillance," Rei-

niger said, but "it's meant to be a committee of civil rights conscious people, privacy experts, looking to provide safeguards for the public around their personal information.

Councilor Jordan shared that "it's naive to think that even though we have extremely intelligent people in this community," that experts are needed to guide the process. Jordan added that there's no budget associated with this committee, which would be used to bring in subject matter experts.

Jordan and Harriman shared concerns on the staffing of the committee and the types of information members of the committee would have access to, and suggested that this might be the first committee that would need background checks of its staff. Jordan said that she didn't find citizens untrustworthy but that "you want to make sure you're not creating exposure through the committee itself."

Chair Reiniger explained that this committee would be charged with reviewing any policies in place, not individual or citizen data.

Councilor Harriman asked to amend the motion to include a budget of \$20,000 based on the suggested starting amount given by Manager Sturgis. Councilors Gabrielson and Jordan opposed the amendment, but it passed with a majority vote. The council voted on the motion with Councilors Harriman and Jordon opposed. The motion passed with majority vote.

The Cape Carpenter

carpentry • custom decks • interior/exterior painting
tile work • kitchens • bathrooms • create your own to-do list
remodeling • finish basements • clean-up garage & attics

**Dependable, Honest, Affordable, Fully Insured,
Excellent References, Cape Elizabeth Resident**

FREE ESTIMATES Dan Tardy 767-5032



RE/MAX
OCEANSIDE

Frank S. Strout
Broker

1237 Shore Road, Cape Elizabeth, Maine 04107
Office: 207.799.7600 x104 Cell: 207.776.4245

FrankStrout@remax.net www.OceansideMaine.com

Each Office Independently Owned and Operated






**FIDUCIARY FINANCIAL PLANNING &
INVESTMENT ADVICE**

Individuals, Trusts & Estates

Laongdao "Tak" Suppasettawat, CFP®, CPA
Maine Licensed Registered Investment Advisor

(207) 799-2010
tak@takadvisory.com
www.takadvisory.com

TAK
FINANCIAL
ADVISORY



Ribbon

Continued from page 1

are also underway to move the refrigeration unit from where it currently stands on a platform of sand (disassembled and reassembled for each season) to more permanent housing on a concrete pad.

"Clearly, it's a no-brainer," explained another committee member. "A substantial part of the cost for the ribbon would be the acquisition of materials and construction vehicles, and we've already contracted for those for the roof and pad, so that part's done."

A big decision is obviously design, although location is necessary to be adjacent to the ice rink for shared mechanics, utilities, concessions, skate rentals and parking.

Preliminary plans call for multiple entrances and exits from the ribbon, overhead bistro lighting and a high-quality sound system for continual music. Every attempt will be made to keep the impact of the winding path to the nearby athletic fields minimal and the committee has confidence in the landscape architects hired to make it all work.

Frequent resurfacing would be accomplished by the large, already well-trained CCAG Zamboni team and the purchase of a scaled-down version of the machine already in use.

"Phase Two, perhaps a bit too aggressive for this first year" explained Gallagher, "includes consideration for a transition to roller skating, skateboarding and rollerblading (no ramps) during the warmer months to keep the revenues rolling in." He went on to say "This additional amenity was actually the brainchild of a local middle schooler, as teenage enthusiasts have been proposing a skateboard park for years and this might fit the bill for now." Pausing to envision this multi-use facility with a smile on his face, he went on to say "This has been done at some other ribbon locations, but the logistics of a two season skating surface is more than we can even think of right now."

The committee plans to hold a series of meetings, some open to the public for comment, to iron out many unanswered details, and will publish meeting times and agendas on the Cape Elizabeth town website. Some topics already proposed for the next meeting include: aggressive fundraising, naming rights for the ribbon (dependent on contribution and volunteer levels), athletic field encroachment and hiring of additional staff. The next meeting will be held on April 1, 2024 at the Public Safety Building.

Or not.

Debbie Butterworth

CEHS teacher writes on importance of Personal Finance

By Kevin St. Jarre

Veteran Cape Elizabeth High School Teacher Betsy Nilsen has penned an article featured in the online blog budgetchallenge.com.

Tim Lambrecht, director of education for the Budget Challenge Financial Capability Program said that Nilsen "is doing



Contributed photo

Veteran CEHS teacher Betsy Nilsen has written a guest article for the blog BudgetChallenge.com

some innovative things and really making a difference."

In her article, Nilsen in part, wrote, "In 2008, I piloted a one-semester course in Personal Finance and it has been a popular elective choice ever since. The course is offered to students in grades 10-12 with preference given to upperclassmen. I started using Budget Challenge in 2014. I love that the program has been modified and updated over the years. It is an exciting way to engage students in real-world decisions and problem-solving."

Nilsen writes, "All of the elements of Budget Challenge are beneficial to my students. I particularly like the 'unexpected events' which do happen in real life. Students have to pivot and reassess what they can do with that paycheck and still meet all of their obligations. This simulation mimics the lives of so many people today living paycheck to paycheck. The struggles associated with limited funds help them understand the benefits of saving and setting that as a priority. Even though they don't like the 'average American' charges on their

-see FINANCE page 11

CEMS Drama Club to perform Matilda, The Musical Jr.

The cast and crew of this year's CEMS spring production, Roald Dahl's "Matilda, The Musical Jr." have been rehearsing since late January and are getting excited to perform for our community soon.

Based on the beloved book "Matilda" by Roald Dahl, and adapted from the award-winning full-length musical, the show tells the story of an extraordinary girl who, armed with a vivid imagination and a sharp mind, dares to take a stand and change her own destiny. Along the way she captures the attention of Miss Honey, a kind teacher, and the two form a wonderful friendship. Unfortunately, the school is ruled by a tempestuous and mean headmistress named Miss Trunchbull, who hates children and delivers cruel and un-

just punishments to all her charges. Matilda is determined to change her story, but will her cleverness and courage be enough to withstand the reign of Miss Trunchbull?

Opening night of the production is Friday, April 5, at 7 p.m., and there will be two more performances on Saturday, April 6, at 2 p.m. and 7 p.m., and one on Sunday, April 7, at 2 p.m. The show runs a little over an hour. Tickets are \$5 for students and \$10 for adults and will be available at the door prior to each performance.

We hope that you can make plans today to attend a performance of "Matilda, The Musical Jr." and celebrate spring by supporting another of our community's wonderful performing arts offerings. See you at the show!

The music corner

By Candice Bellinger

Let us take the month of March to tune our ears to Caroline Shaw: composer, singer and violinist who knocked me off of my feet while I was doing research for this article. "And So" and "By and By" written for voice and string quartet are my two favorites so far. "A Winter Carol" is quite stunning as well. Open your heart and ears for something refreshingly new because Caroline's compositions are anything but ordinary. She sings along with the Attacca Quartet with a combination of such unabashed clarity and contemporary bliss it's hard to not get lost in her music. There is so much more. This is just a glimpse into all she has to offer us for exploring the wonder of our tonal system and all it has to offer our imaginations.

Do you find peace in the little bits of quiet you find each day? It may only be a moment in an otherwise hectic day. You may even find refreshment in the quiet. "Entr'acte" by Caroline Shaw offers that space amidst enchanting melodies, grabbing your attention to pull you back from

that peace.

She currently teaches at NYU and is a Creative Associate at the Juilliard School. She was the youngest recipient of the Pulitzer Prize for Music in 2013, and has produced for Kanye West and Nas, worked with Renée Fleming, the LA Philharmonic...and, well, let's just say she's been very busy! I will be sure to keep a close eye on her and let the community know when she will be performing within close range of our ears.

In keeping with women's history month, let us not forget this power house: Doris M. Akers(1923-1995), affectionately known as "Miss Gospel Music." Amongst many of her compositions were "Lead Me, Guide Me," "I Cannot Fail The Lord," "You Can't Beat God Giving," and "Sweet, Sweet Spirit." She was inducted into the Gospel Music Hall of Fame in 2001 and the Southern Gospel Music Hall of Fame in 2011.

With our busy lives we must remember to slow down and enjoy the music. Please email me at musicwam@yahoo.com or find me on facebook with your thoughts.



Old School Electric
Rick Romano
207-767-3866
(Be sure to leave a message)

*Master Electrician (40+ years)
 No job too small • Quick response time*



**TOWN & SHORE
REAL ESTATE**
Erin Haber
 Associate Broker, Owner
 207.650.7158 | EHaber@townandshore.com
www.ErinHaber.com
 One Union Wharf, Portland, ME 04101



TVK Construction
 ALL JOBS - Big or Small
Terry V. Keezer, Owner
 Fully Insured
 207.252.7375
www.TVKconstruction.com



COASTAL
 Plumbing & Heating
 New Construction
 Remodeling • Service
 Oil • Propane • Natural Gas
 (207) 939-5822
www.coastalplumbingme.com



Kathleen O. Pierce
*Real Estate Advisor
 Realtor*
 207.232.4030
kpierce@advisorsliving.com

Enhancing Neighborhood Trees & Shrubs Since 1880.

- Complete Tree & Lawn Care •
- Quality Pruning & Removal • Deep-Root Fertilizations •
- Insect & Disease Management • Certified Arborists •

Call For a Free Estimate
207.828.0110
www.davey.com/portlandme



SBAC shares Cape Elizabeth's schools' educational and infrastructure needs

(Press Release) - **Introduction to Cape Elizabeth's School Educational & Infrastructure Needs**

The Cape Elizabeth School Building Advisory Committee (SBAC), working with designers from Harriman architects and owner's project managers from Turner & Townsend Heery has conducted a thorough assessment of the town's school buildings, identifying critical areas in need of improvement. Safety and security enhancements top the list, but the SBAC also emphasizes the importance of modernizing classrooms, improving traffic flow, streamlining operations, and upgrading technology and mechanical systems. Their findings highlight the need for a comprehensive plan to address these infrastructure concerns and create a learning environment that supports the success of all students for years to come.

The SBAC is reviewing three design proposals to meet the outlined needs. These proposals are undergoing revisions and will be showcased at a public forum on April 4. This event aligns with a town-wide survey aimed at gathering community input on the options. The SBAC plans to choose a final design in early May. Upon approval by both the School Board and Town Council, the selected option will be presented for funding through a referendum on the November ballot.

Enhancing Safety & Security

Student safety is a paramount concern for the SBAC and was rated the most important issue in the town-wide survey conducted in July 2023. While the town has invested in significant security upgrades since a 2016 security incident, the committee has identified areas where further improvement is crucial.

- **Visitor Management:** Currently, the location of main offices doesn't allow for direct visual oversight of who enters and exits school buildings. Repositioning these offices closer to entrances would give staff a clearer view, helping them monitor visitors and identify potential security concerns promptly.

- **Emergency Response:** In the event of a crisis, every second counts. By having the main offices adjacent to entrances, staff would have faster access to communication systems and be able to coordinate emergency responses with greater speed and efficiency.

- **Secure Vestibule:** Our schools are not

currently designed with a secure, locked vestibule where visitors can interact with the admin reception in a controlled space before being allowed into the school.

Improving Vehicular & Pedestrian Circulation

Navigating the current school campus can be hazardous for students, especially during drop-off and pick-up times.

- **Student Safety:** The primary goal is to minimize the risk of accidents involving students and vehicles. Dedicated pedestrian paths would separate students from cars, buses, and other traffic, creating a much safer environment.
- **Clear Crossings:** Well-marked crossings with appropriate signage would increase driver awareness of students and help prevent accidents at these critical points.

- **Increased Pickup Queuing:** Currently, cars lined up for parent drop off and pick up can back all the way to Scott Dyer Road and cause traffic congestion. Increasing the capacity for queuing will alleviate this congestion.

Modernizing Classrooms for Contemporary Teaching

The SBAC understands the traditional classroom model, with rows of desks facing a teacher at the front, doesn't always meet the needs of today's learners or teaching methods.

- **Flexibility is Key:** Classrooms should be adaptable to different activities. This means furniture that can be easily rearranged for group work, individual study, presentations, and more. This flexibility allows teachers to tailor the space to best suit the lesson of the day.

- **Accommodating Diverse Learning:** Every student learns differently. Modernized classrooms might have designated quiet zones for focused work, collaborative areas for group projects, and comfortable spaces for reading or reflection. This variety gives students options and supports diverse learning styles.

- **Dedicated Space for STEM & Special-**

ized Support Needs: Modern classrooms should include dedicated spaces designed specifically for STEM (Science, Technology, Engineering, and Math) activities. They should also incorporate areas tailored for specialized support, such as small group instruction outside the traditional classroom.

- **Technology as a Tool:** Technology should be seamlessly integrated into the classroom, not as a distraction, but as an essential tool for learning. This could include interactive whiteboards, laptops or tablets for students, and spaces designed for presentations and digital projects.

Addressing Sprawling Layout

The SBAC has identified that our schools' sprawling layout creates several logistical challenges:

- **Lost Learning Time:** Students spending excessive time traveling between classes means less time for instruction. This can significantly reduce the amount of learning time available each day.

- The current logistics for deliveries to the school and cafeteria create an ongoing safety hazard. Currently, deliveries of food and supplies come in through a side entrance of the middle school, and traverse across student areas multiple times daily. The SBAC's design plans all consider designated delivery zones and revised routes to minimize disruptions to learning and enhancing overall campus safety.

- **Hampering a Collaborative School Culture:** The spread out nature of the school does not naturally facilitate teachers collaborating with other teachers and staff during their short breaks as a more compact design would. The long, spread out wings keep teachers and students isolated in their own areas.

- **Creating Difficult Safety Conditions:** The sprawling nature of the buildings is not easy to defend or lock down in an emergency situation. Students are located very far and isolated from admin staff and the main entry.

Goals of new construction and/or renovation options

- **Maximizing Instructional Time:** Redesigning for proximity means students get to

class faster and learning begins sooner. Over a school year, this can recover a significant amount of instructional time.

- **Student Focus and Energy:** Shorter walks between classes conserve student energy, allowing them to arrive at lessons feeling more alert and ready to learn.

- **Building a Stronger Community:** A more compact, functional layout can create a more welcoming and connected school atmosphere, where students and staff feel a greater sense of belonging.

Locating Main Offices for Better Oversight

The SBAC sees the centralization of administrative offices as a multi-faceted improvement for the schools:

- **Enhanced Oversight:** A centralized location would give school administrators a better vantage point for overseeing daily operations. This would improve their ability to address potential issues quickly, provide timely support where needed, and ensure the overall smooth functioning of the school.

- **Visible Leadership:** School leaders play a vital role in setting the tone and creating a sense of community. Having their offices in a centralized, accessible location sends a message that they are actively engaged, available to students and staff and invested in the daily life of the school.

- **Improved Efficiency:** Centralizing the main offices can reduce wasted time and resources. Staff would be better able to collaborate on tasks, share information and streamline processes because they are working in closer proximity.

Providing Separate Cafeterias

The SBAC recognizes that the current cafeteria presents several challenges:

- **Scheduling Conflicts:** A single cafeteria serving all grade levels creates significant logistical issues. With lunches starting as early as 10 a.m. and continuing until 1:30 p.m., some students experience excessively long waits for lunch. Eating at these extreme ends of the schedule can lead to hunger-related distractions, undermining focus and learning. Additionally, it results in overcrowded, rushed mealtimes, particularly stressful for younger students.

- **Noise and Chaos:** A large, crowded cafeteria can be incredibly noisy and overwhelming. This can hinder conversation, make it difficult for students to unwind, and add to the stress of their day.

- **Limited Socialization:** With tight schedules and a chaotic atmosphere, students may not have adequate opportunities to connect with their peers during lunchtime, a crucial social aspect of the school day.

Benefits of Separate Cafeterias include:

- **Improved Scheduling:** Separate cafeterias would allow for staggered lunch periods, giving each grade level more time to eat, reducing stress and streamlining the entire lunch process.

- **Age-Appropriate Atmosphere:** Creating designated spaces for different grade levels would make the cafeteria experience more comfortable for everyone. Younger students wouldn't feel overwhelmed by older students, and socializing within peer groups would be

-see SBAC page 9

DR. DAVID JACOBSON

Health Centered Dentistry. Now in the Center of Cape.

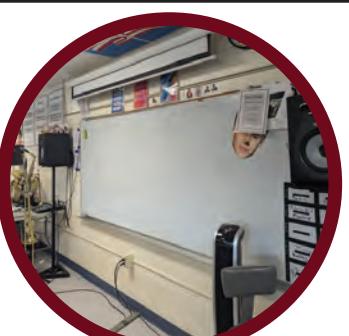


207.767.3241
twolightsdental.com



WHY IS A SCHOOL PROJECT NEEDED?

BARRIERS TO EDUCATION IN OUR EXISTING SCHOOLS

 <p>SAFETY & SECURITY CONCERN</p> <p>Our schools do not currently meet modern safety and security standards, underscoring an urgent need for improvements that integrate layers of security throughout the buildings.</p>	 <p>INADEQUATE VEHICULAR & PEDESTRIAN SITE CIRCULATION</p> <p>The current site layout presents safety and traffic challenges, with insufficient sight lines from the main office to monitor visitors effectively.</p>	 <p>OUTDATED CLASSROOMS, LIMITING EDUCATIONAL METHODS</p> <p>The size, age, and design of many classrooms do not support contemporary teaching & learning styles, such as collaborative, project-based & hands-on learning.</p>	 <p>PCES/CEMS SPRAWLING LAYOUT & LONG TRAVEL DISTANCES</p> <p>Piecemeal expansions over 70 years have led to sprawl that complicates navigation, diminishes collaboration, and results in loss of instructional time due to long travel distances.</p>
 <p>INEFFECTIVE OVERSIGHT FROM MAIN OFFICES</p> <p>The current PCES & CEMS main offices lack direct connection to secure entry vestibules, presenting significant challenges in visitor management and compromising school safety.</p>	 <p>NURSE'S OFFICE LIMITATIONS</p> <p>The Nurse's Office functionality is hindered by a lack of privacy, inadequate exam rooms & storage, absence of natural light, difficult ambulance access, and distance from some grades.</p>	 <p>DEFICIENCY OF NATURAL LIGHT</p> <p>Several hallways and classrooms are devoid of natural light, which is crucial for creating effective learning environments and positively influencing the school's climate and culture.</p>	 <p>COMPLICATIONS FROM SHARED CAFETERIA</p> <p>The 'cafetorium' shared by PCES & CEMS complicates scheduling (meal times run from 10:30AM-1:30PM). Kitchen deliveries must use CEMS' student/staff corridors, posing safety concerns.</p>
 <p>INADEQUATE STORAGE FACILITIES</p> <p>Storage has had to overtake mechanical rooms and other spaces within building, which is a safety concern. Adequate storage near the staff who utilize it is essential for efficient workflow.</p>	 <p>NEED FOR TECHNOLOGY UPGRADES</p> <p>Current technology and network infrastructure falls short in supporting modern education, hindering the development of skills in inquiry, analysis, collaboration, creativity, and communication.</p>	 <p>OUTDATED & INEFFICIENT MECHANICAL SYSTEMS</p> <p>Outdated & excessively loud HVAC systems compromise the learning & well-being of students/staff, due to age & inefficiency. Upgrading to modern, efficient systems can reduce long-term costs.</p>	 <p>INADEQUATE PERFORMING ARTS SPACES</p> <p>Existing band program space is undersized & lacks adequate acoustic control. Insufficient performance & rehearsal space creates scheduling conflicts and limits practice time.</p>

WHERE ARE WE IN THE PROCESS?



UPCOMING MEETINGS & EVENTS

COMMUNITY FORUM: THE 3 OPTIONS

APRIL 4, 2024 AT 6PM | TOWN HALL & ZOOM

COMMUNITY FEEDBACK PERIOD

APRIL 4-24, 2024 | CHECK YOUR MAILBOXES FOR A NEW SURVEY
CONDUCTED BY PORTLAND RESEARCH GROUP

EXISTING SCHOOL TOURS: PCES & CEMS

SATURDAY, APRIL 6, 2024 AT 9AM

LEARN MORE



EMAIL QUESTIONS & COMMENTS TO:
CESBAC@CapeElizabethSchools.org

VISIT THE PROJECT WEBSITE
via the link below or QR code at left

www.CapeElizabethSBAC.com

Cape Challenge 5K is May 19

Mark your calendars for the 2024 Cape Challenge 5K, which will be held this year on Sunday, May 19. Sign up for the race at: <https://runinarace.com/CapeChallenge/>.

Sponsored by Firefly Health and multiple other generous sponsors, the race will include a Fun Run for children ages 8 and under scheduled for 8:30 a.m., a 1-Mile Dash for children ages 12 and under at 9:00 a.m. and the 5K Cape Challenge at 9:30 a.m.

Proceeds from this event benefit the Cape Elizabeth Pond Cove, Middle School and High School Parents' Associations. An awards ceremony will begin at 10:15 a.m. in the Pond Cove/Middle School Cafetorium.

You can also support this fundraiser by purchasing raffle tickets at <https://givebutter.com/CapeChallengeRaffle>.

Follow the Cape Challenge on Facebook/Instagram @CapeChallenge5k. For any questions, or if you are interested in volunteering, please reach out to capechallenge5k@gmail.com.



Compass

CONCIERGE AND COMPANIONS

Compass Concierge and Companions, LLC provides quality personal care, concierge and companion services throughout Southern Maine. Our highly vetted companions provide exceptional care to our clients using dignity, discretion and respect.

Call us today!

Quality Home Care You Can Trust

(207) 415-8990

info@compassconciergeandcompanions.com
www.compassconciergeandcompanions.com

Now Hiring!

Compass is accepting applications from experienced, compassionate and reliable caregivers to provide outstanding personal care and companion services to our clients. Above average pay and benefits! Contact us for more information!

Portland Veterinary Emergency and Specialty Care



We provide expert specialty and emergency care for your pet – and peace of mind for you.



pvesc.com | 207-878-3121

739 Warren Ave.
Portland

2255 Congress St.
Portland

EMERGENCY COVERAGE AT WARREN AVENUE LOCATION

The Good Table is opening on March 28

By Marta Girouard



Contributed photo

The Good Table is set to open on March 28 with a new look and an updated menu. The restaurant will be open Wednesday through Sunday from 5:00 – 9:00 p.m., with plans to open for brunch and lunch in the coming weeks. Above, one of the offerings on the menu: local organic half chicken with farro, parmesan and broccolini.

The Good Table will be opening on Thursday, March 28 with a new look and an updated menu. In October of 2023, Prentice Hospitality Group purchased the restaurant from Tony and Lisa Kostopoulos, who originally opened The Good Table in 1986. The Prentice Hospitality Group operates EVO Kitchen+Bar, the Chebeague Island Inn, Twelve and the 58 Culinary catering business.

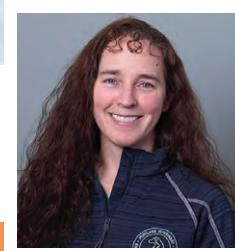
Alex Wolf, VP of Prentice Hospitality Group, led the design charge for renovating the restaurant with help and input from Shelby Burgau and Sydney Osgood. While the Good Table has a new look, diners will notice some familiar touches, such as the framed photos which were part of the original space. “We wanted the space to feel a lot like a welcoming

house, a place you can settle in for a bit and enjoy time with loved ones,” said Charlotte Ix, Director of Communications at the Prentice Organization.

The new team at The Good Table consists of about 35 people (and growing), with Jim Stein as Executive Chef and Georgia Macon as Corporate Executive Pastry Chef. Macon is also the pastry chef at Twelve and recently won a Rising Star award from Starchefs. Cape native Matt Ginn will be the Corporate Executive Chef, overseeing operations at The Good Table, in addition to EVO Kitchen+Bar in Portland and the Chebeague Island Inn. “I’ve always wanted to open a place on this side of the bridge. I am from Cape Elizabeth; it’s where I am raising my family and The Good Table felt like a natural fit to us. They were a family run business for almost 40 years, beloved community members. I can’t wait to carry on that tradition,” said Ginn.

The updated menu consists of a mix of family favorites such as burgers, mac and cheese, roast half chicken with some slightly elevated fare such as halibut and schnitzel. Macon’s dessert menu features childhood favorites, including ice cream sundaes and pudding pies. For the time being, The Good Table will be open Wednesday through Sunday from 5:00 – 9:00 p.m., with plans to open for brunch and lunch in the coming weeks.

For more information, visit their website: <https://www.thegoodtablerestaurant.com/> or follow The Good Table on Instagram/Facebook @thegoodtablerestaurant. “We can’t wait to welcome everybody into our home! We’ve worked long and hard to make sure The Good Table feels both new and old, familiar and exciting. We are walking into some big shoes knowing how beloved the previous iteration of the space was and we are honored to be able to carry on that tradition,” said Ix.



Dr. Marta Agrodnia
DVM, DACVS-SA

SBAC

Continued from page 6

easier.

- **Calmer Environment:** Smaller, separate spaces would naturally reduce noise levels, creating a more peaceful setting where students can relax and recharge mid-day.

Improving Performing Arts Spaces

The SBAC recognizes the excellence of Cape Elizabeth Middle School's performing arts programs and the widespread student participation. However, they've also identified that the existing facilities are hindering the program's full potential.

- **Undersized Spaces:** Overcrowding is a serious issue. Rooms designed for smaller groups cannot adequately accommodate the large numbers of students interested in band, chorus and other performance arts. This limits what students can achieve and may even discourage some students from participating.

- **Lack of Dedicated Areas:** Performing arts often get relegated to makeshift spaces or share rooms with other activities. This lack of dedicated performance and rehearsal areas creates scheduling conflicts and limits practice time.

- **Inadequate Acoustics:** The current spaces may not be designed with the acoustical needs of music and performance in mind. Additionally, they lack appropriate equipment storage, specialized lighting, and other resources that contribute to high-quality instruction and performance.

Benefits of improved performing arts spaces:

- **Supporting Student Growth:** Expanding and improving performance spaces would allow the program to flourish and encourage even more students to explore their musical and theatrical talents.

- **Enhancing Learning and Performance:** Acoustically designed spaces, appropriate equipment and technology, and specialized features would significantly improve students' learning experience and elevate the quality of their productions.

- **Reflecting Program Excellence:** Investing in top-notch performing arts facilities sends a message about the district's commitment to this vital part of a well-rounded

education, matching the space to the caliber of the program.

Modifications to Nurses' Office

Health and well-being are paramount, and the current nurse's office at Pond Cove Elementary School is severely lacking. Its small size, lack of natural light, and isolation from central offices hinder its ability to effectively serve students and staff.

Proposed redesigns aim to create a more connected and accessible space, focusing on the following:

- **Addressing Space Constraints:** An undersized nurse's office limits the ability to provide adequate care, especially during busy periods. Expanding the space is vital to improving functionality.

- **Prioritizing Privacy:** Students often need confidential care. The redesign must create private areas for comfortable assessment and treatment.

- **Harnessing Natural Light:** Adding natural light will transform the current space into a more welcoming and healing environment.

- **Enhancing Emergency Preparedness:** Better connectivity to communication systems is essential for fast, coordinated responses in health crises.

- **Direct access to the outside:** In the event that students need to be picked up by a parent or transported by an ambulance, a door connecting the nurse's office to the exterior helps to reduce interruption to the school and gets students needing extra medical attention out of the building quickly.

Technology Upgrades

To prepare students for a world driven by technology, significant infrastructure improvements are needed:

- **Robust Network:** A high-speed, reliable network backbone is essential for modern education. It should be able to handle a large volume of devices as well as support demanding applications. The current network has significant challenges.

- **Expanded Wireless Access:** Seamless Wi-Fi coverage across the entire school would allow students and teachers to access digital resources and collaborate from anywhere in the building.

Updated, Efficient Mechanical Systems

The SBAC understands that outdated heating and cooling systems can create a host of problems within a school. Here's how these upgrades will address them:

Issues with Old Systems:

- **Inconsistent Temperatures:** Older systems struggle to maintain comfortable temperatures throughout the building, leading to hot or cold spots that distract students and make learning more difficult.

- **Noise and Disruption:** Outdated systems can be loud and distracting, interfering with lessons and making it difficult for students to concentrate.

- **High Energy Costs:** Inefficient systems waste energy, driving up operational costs and unnecessarily straining the school's budget.

Benefits of Upgraded Systems:

- **Improved Comfort:** Modern systems are quieter and are designed to provide consistent temperatures and better air quality, creating a more comfortable and conducive learning environment year-round.

- **Cost Savings:** Energy-efficient systems lower utility bills, freeing funds to be invested back into the educational experience.

- **Environmental Responsibility:** Replacing wasteful systems demonstrates a

commitment to sustainability and helps reduce the school's carbon footprint.

- **Improved Health Benefits:** Modern ventilation systems help to reduce sick days for students and staff. Displacement ventilation, which is proposed in the new additions, supplies fresh air low, drawing exhaust air up and out, greatly reducing the germ count being circulated in the classrooms.

Providing Natural Light for Effective Learning Environments

The SBAC understands the significant impact natural light can have on student well-being and academic success.

- **Improved Focus and Alertness:** Research shows that natural light helps regulate our circadian rhythms, promoting wakefulness during the day. This can lead to students feeling more alert, focused and ready to learn.

- **Reduced Stress and Better Mood:** Exposure to natural light and direct views to nature can boost mood and reduce feelings of stress and anxiety. A brighter, more cheerful environment contributes to a positive mindset that supports learning.

- **Enhanced Academic Performance:** Studies link classrooms with ample natural light to higher test scores, improved reading and math skills, and overall better academic achievement.

Improved Storage

- Reimagined storage solutions will maximize space, reduce clutter, and create well-organized areas for essential supplies and resources.

- These improvements will streamline daily school operations, allowing staff to focus on their primary roles and boost overall school productivity.



Duette® Honeycomb Shades with LightLock™

Finally. Achieve 100% Total Darkness.

Hunter Douglas Duette® Honeycomb Shades with the LightLock™ System feature innovative, light-blocking channels that eliminate light gaps and ensure total darkness. Ask for details today.



THE CURTAINSHOP OF MAINE
175 WESTERN AVENUE SOUTH PORTLAND
MON - SAT 10:00AM - 6:00PM
SUNDAY - CLOSED
207-773-9635
www.maineblindsandshades.com

HunterDouglas Gallery

©2019 Hunter Douglas. All rights reserved. All trademarks used herein are the property of Hunter Douglas or their respective owners. 18DULLNP4C2



CAPE DOG WALKING



207.807.7206
capedogwalking.com
BONDED + INSURED

Capetoons: Spring planting

By Jeff Mandell



Cape Elizabeth Experimental Farm

CEUMC completes month-long mission



Contributed photo

Women and friends from the Cape Elizabeth United Methodist Church completed a month-long mission in March of creating dresses for young girls living in poverty through the Dress-a-Girl Around the World network.

The women gathered at the church on four Saturday mornings and completed 346 dresses. On March 2, the dresses were blessed by coordinator Judith Hill and then packed in suitcases for distribution throughout the world. The church has been involved with this mission since 2016 and in the nine years since they have finished 2,883 dresses. Pictured above are women at the dress blessing.

If you are interested in participating in this mission work, the women will be gathering again in February 2025. Contact Judith Hill at the church for more information.

CELT winter programs

Register for the following programs through Cape Elizabeth Community Services, <http://www.capecommunityservices.org/> and contact the Cape Elizabeth Land Trust with any questions at 207-767-6054. All participants must register at least 48 hours in advance of the program to receive notification regarding changes or cancellation. Each program is \$6.

Amphibian ‘Big Night’ Program

The Cape Elizabeth Land Trust and Thomas Memorial Library are excited to collaborate on a program from Greg LeClair about Maine’s Big Night. LeClair started Maine’s Big Night program - a Community Science initiative to protect amphibians. The program encourages citizens to collect data on migrating frogs and salamanders during the rainy spring season. Come learn how you can participate during late April or early May when the amphibians emerge again.

Date: Thursday, March 28, 6:30 p.m.

Thomas Memorial Library

No registration required.

StoryWalk at FW April 4-11

Maiden Cove Children’s Center and the Friends of Fort Williams Park are pleased to announce the first StoryWalk throughout the Children’s Garden in honor of the Week of the Young Child. From April 4-11, the pages of “Halfway Wild” by Maine author, Laura Freudig will be on display throughout the Children’s Garden.

A StoryWalk® is a fun activity that engages families in literacy and getting active. Pages from a children’s book are printed and placed in displays along a walkable path. Families have fun reading aloud together and building children’s interest in reading while enjoying the health benefits of exercise. The StoryWalk project was created by Anne Ferguson of Montpelier, Vermont. We invite the community to join us in celebrating young children with this fun and family-friendly activity.

207-799-7600 / 1237 Shore Road, Cape Elizabeth / OceansideMaine.com

Locally owned and operated

RE/MAX
OCEANSIDE

ADVANCED AND COMPASSIONATE
CARE FOR YOUR PET

OPEN 24/7

We’re pleased to offer our patients a wide variety of veterinary services!

- Internal Medicine
- Neurology
- Oncology
- Surgery
- Sports Medicine & Rehabilitation
- Emergency & Critical Care
- Cardiology

RECEPTION@MVMC.VET

207-885-1290

MVMC.VET

1500 TECHNOLOGY WAY
SCARBOROUGH, ME



Vindle Builders

Ron Spidle, owner
Custom framing to fine carpentry

Where integrity means business

207-329-9017

Fully insured

vindlebuilders.com



Local birding report

By E. Brooks Bornhoff

With a change of season upon us my mind often drifts to birds I hope to come across this spring in Cape Elizabeth such as the Blue-winged and Golden-Winged Warbler, the Connecticut Warbler and the elusive Wilson's Snipe. As for the three warblers, I've seen each of them only once in Cape over the last seven years. The previous spring I came across my first Connecticut Warbler singing within the deepest tangles of Gull Crest. Because of this bird's stealthy ways and skulking behavior, the Connecticut is among the least studied of all American songbirds.

To date only one study of a nesting pair has been published and this was back in 1961. During the spring of 2022 I happened upon a lemon-yellow colored Blue-winged Warbler below the Spurwink Church Cemetery, foraging where the forest edge meets the marsh. As for the Golden Winged Warbler, this bird showed up on the fringes of my neighbor's property in May of 2021. The second I heard this warbler's buzzy melody I knew it was something extra special. And then there is the Wilson's Snipe. Despite the fact that this medium-sized shorebird breeds in Cumberland County and is thought of as somewhat common, I have still yet to lay eyes on one in Cape. Snipes are very secretive and cryptically colored. When compared to an American Woodcock, snipes have longer necks and legs and a white belly, not cinnamon.

A harbinger of the coming spring, I am thankful for the Song Sparrows that arrive in greater numbers every day now. This shy but not retiring, medium-sized sparrow with a particular fondness for moist woodland thickets can be found just about everywhere, from backyard bird feeders to our tidal marshes. Over the next month Song Sparrows will be carving out territories before engaging in the pleasantries of courtship. The male uses its song to attract mates as well as defend its turf. And what this streaky brown sparrow lacks in beauty it abundantly makes up with in song. Its three short, undulating phrases followed by a varied trilling

is described by Neljte Blanchan in her 1899 publication, "Bird Neighbors" as "irrepressible vivacity"... "delicious and ecstatic, a simple, homely, sweet melody."

Other limited notes from the last several weeks in the yard and field include, on March 1 a Raven was croaking from atop the Gull Crest telecommunications tower as my first of season Turkey Vulture soared northward overhead. On March 8 around dusk my son and I heard our first American Woodcock's nasal peent call from behind the turf field.

And on March 9 along the section of Sawyer Road that crosses the Spurwink River, I spotted one female Hooded Merganser and a pair of Common Mergansers feeding in a shallow salt-water pool as the rattling calling from a nearby Pileated Woodpecker carried across the marsh. It has been said more than once that few New England ducks are handsomer than the male Common Merganser. In breeding plumage males have crisp white bodies, an iridescent green shiny head and a narrow orange-red, serrated bill which is used for catching fish. The female dons a noticeably shaggy rusty-colored crest and a white chin patch to boot. These adaptable mergansers are mainly found on freshwater rivers and lakes or during migration in salt-water estuaries and backwaters where the tide runs in and out.

Additionally on March 13 northbound travelers visiting our backyard included a Red-winged Blackbird, a Common Grackle and four Brown-headed Cowbirds. Later in the afternoon two Pine Siskins stopped in and joined seventeen molting Goldfinches on the finch tube.

And one final note about owls. March through May is the "calling season" for Great-horned, Barred and Northern Saw-whet Owls. In most cases only the wind and precipitation will inhibit owls from vocalizing. Specific to the smallest of these three owls, *Aegolius acadicus*, I've heard more squawks, high-pitched barks and meows from Northern Saw-whets during this past, largely snowless winter than the last several including from my own backyard, Two Lights State Park, Robinson Woods

and Crescent Beach State Park. Consequently, Eastern U.S. populations show a population cycle in which Saw-whet numbers generally peak every four years. This peak is closely tied to the small rodent populations which also peak in high mast years such as this past year. The milder winter may have kept more saw-whet owls from migrating further south as well; however, the population density at various times of the year is still virtually unknown.

Of note, just before sunset on February 19 and March 12 a male saw-whet was calling in the woods behind my house. Typical singing of males occurs at its peak, two hours after sunset and can continue throughout the night. In both occurrences it was not quite dark out when I heard the saw-whet's whistles and that made me wonder whether this tiny owl was purposely trying to stay under

the radar of surrounding Great-horned and Barred Owls by calling earlier rather than later.

Upon further research I came across Ann B. Swengel's published extract, "Detecting Northern Saw-Whet Owls" (1986) where the author notes that "through pellet collection, sightings and vocalization of the various owls, we have noted a fair amount of overlap in land use between Saw-whet's and larger owls like Great-horned and Barred," leading to her theory that "larger owls do not repel Saw-whet Owls strongly despite the fact that they may on occasion prey on them." I also came across two other studies where Saw-whets have continued to call after a Great-horned Owls vocalized and saw-whets reported singing just after Barred Owls had called in the immediate vicinity.

Finance

Continued from page 5

credit card, which are dictated in the Simulation, it helps them understand how easy it is to swipe your way into debt. I actually get excited when they say, 'I wouldn't buy that!'

Students don't have any experience managing their finances, Nilsen wrote, and the simulation presents an opportunity to discuss the different options and their impact.

Nilsen writes that no matter the outcome in the simulation, the students develop new skills and experience to help them make good decisions. "They have learned from poor choices. Watching their progress nationally is also a great incentive. Who doesn't like a little friendly competition? It's fun to watch their standing change from week to week," according to Nilsen.

Nilsen said, "Teaching Personal Finance has been a highlight of my career at Cape Elizabeth High School. It is rewarding to watch students gain confidence in their

financial skills and, more importantly, in themselves as they look ahead to life after high school. Having a program like the Budget Challenge to supplement the curriculum has made a significant difference."

A bill making its way through the Maine State Legislature, LD1284, was titled "An Act to Require Personal Finance to be Taught as a Separate Course to Obtain a High School Diploma" but that bill was replaced with a resolve "Directing the Commissioner of Education to Review the Placement of Personal Finance in the System of Learning Results" directing the commissioner to consider the inclusion of personal finance in content areas other than Social Studies in the system of Learning Results when conducting the commissioner's next regular review of the content standards and performance indicators."

For those who would like to read Nilsen's entire article, the link to the blog post is: <https://www.budgetchallenge.com/blog/teacher-spotlight-betsy-nilsen.aspx>.

Selling Cape Elizabeth for over 30+ years.
Call Elisabeth for all your real estate needs.
207-415-1383
Bostwick
REAL ESTATE & Company

www.bostwickandcompany.com

monica dambach
Partner & Broker
Residential Real Estate

Waypoint
BROKERS COLLECTIVE

BuySellMaine@Gmail.com
(207) 749-4170
Selling Vacationland!

Musical Theater Coaching

1 on 1 Virtual Coaching

- Voice Lessons
- Acting Lessons
- Audition Prep

Brooke Cottrell, a Cape Elizabeth graduate in 2018 & recent graduate from Boston Conservatory at Berklee College of Music 2022. Brooke has received her BFA in Musical Theater & currently works professionally as an actor, singer, & dancer in New York City.

Credits include: Disney Plus, Regional tours, Off-Broadway Musicals in NYC & more. Brooke has trained in various acting techniques as well as vocal pedagogy.

Brooke is happy to express she is looking for new clients for the 2024 season. All ages and experiences welcome.

brooketcottrell@gmail.com

Illustrations by Andrés Vera Martínez on display in Stier Family Gallery, TML to offer free eclipse glasses

IN THE STIER FAMILY GALLERY
April 1 - 30

Courage to Dream: Illustrations by Andrés Vera Martínez

Andrés Vera Martínez, a comics artist and illustrator, and Cape Elizabeth resident, will display original sketches and finished illustrations for the graphic novel, "Courage to Dream: Tales of Hope in the Holocaust," written by National Book Award winning author Neal Shusterman. The book, published in October of 2023, is a Sydney Taylor Honor Award winner and National Jewish Book Award finalist. A starred review in Publisher's Weekly described said of Andrés' artwork: "Bursts with fierce energy, and foregrounds the characters' agency in overcoming an apparent hopeless situation, visual drama and effective tension-building, portrayed in a comics style reminiscent of the 1950s, teeming with fantastical elements."

Martínez is also the co-author of the graphic memoir, "Little White Duck: A Childhood in China," with his wife Na Liu, as well as the forthcoming middle grade graphic novel series "Monster Locker," with Jorge Aguirre; and a forthcoming graphic novel adaptation of the novel "Esperanza Rising," by Pam Muñoz Ryan. Martínez's work has been recognized by The Society of Illustrators, American Illustration, 3x3, Junior Library Guild, Slaty Cartoonist Studio, School Library Journal, Horn Book Magazine, NPR and the New York Times. Martínez's books can be borrowed from the

library; the display of his illustrations can be viewed in the Stier Family Gallery throughout the month of April.

Free Eclipse Glasses Available at the Library

Through its participation in the Space Science Institute's SEAL (Solar Eclipse Activities for Libraries) Program, Thomas Memorial Library is once again distributing free eclipse glasses for library visitors. Beginning March 22, the library will be handing out free glasses at library programs and at the library's main desk (limit of five pairs per family.) You can also learn all about the solar eclipse through a variety of library programs in the weeks leading up to the total solar eclipse on Monday, April 8. You'll find some of the events listed below, and the full schedule on the library's website.

FEATURED PROGRAMS FOR CHILDREN

Please visit the library's website for information about all of our regular weekly and monthly programs.

DIY Eclipse Glasses Holder (Ages 5+)

Friday, April 5, 3:30 - 4:15 p.m.

Make a personalized protective case to keep eclipse glasses safe. All bedazzling supplies provided. Attendees will receive a free pair of glasses. Register on our website.

NEW PROGRAM! Tinker Tuesdays @ TML

Tuesday, April 9 from 3:30 - 4:30 p.m.: Popsicle Stick Catapult

Tuesday, April 23 from 3:30 - 4:30 p.m.: Slime Lab!

Tinker, Create and Imagine! Join us twice a month in our Maker Lab and get your creativity on. We will have a designated project every Tuesday the program is held. Join your fellow tinkers and tinker away. For ages 7-12. Register on our website.

For Tweens/Teens

LGBTQ+ Teen Movie Night and Caregivers' Social with OUT Maine

With partners from OUT Maine, Cumberland County Public Health and Portland Public Health

Friday, April 5, 6:00 – 8:00 p.m.

Join us for a social gathering for parents/caregivers to connect with and enjoy the company of others, while providing their LGBTQ+ youth, ages 12 – 18, with a safe and affirming place to connect with and support other queer youth. While adults attend an OUTMaine-facilitated discussion, youth are invited to attend a free movie night with pizza, popcorn and drinks. Movie night will be co-hosted with Cape Elizabeth High School's GSTA Club and library staff. Register on the library's website to reserve your spot.

WRITTEN IN THE STARS: A Short Story Contest

Get ready for the eclipse with our next writing challenge! In 200 words or less, write a very short story or poem about the night, destiny or the dead of winter. Imagine celestial bodies, the follies of fate and cold winter nights. Your very short story could be about any of the above. Maybe it's your brief take on a doomed romance like Romeo and Juliet, or a sci-fi short about an astronaut caught in the evening sky. Think astronomy, astrology,

dark and stormy nights. Let your imagination take you into the hours of darkness and starlight, into realms of fantastical fates or wintry worlds.

Submit your very short story on our website by March 29 for your chance to win a prize and have your work displayed at the library and on our website. This contest is open to all ages under 18 years.

Make Your Own Eclipse T-Shirt (Teens and Tweens)

Friday, March 29, 3:30-4:30 p.m.

Get ready for the total eclipse by making a cool DIY t-shirt. Register on our website.

Common Vibes

Thursdays, 3:00 - 4:00 p.m.

Community, conversation, creativity. If you're a teen looking for any of the above, join us at Common Vibes, a new weekly meeting at TML just for people like you! Whether you're in it for the crafts, the snacks, the experiences, or simply the chance to vent about whatever's on your mind, Common Vibes is a place and time where you can be yourself. Drop in on Thursdays from 3-4 p.m. upstairs in the teen section to see what you can do at your local library.

TLC: Teen Leadership Council

Last Friday of each month, 2:45-3:45 p.m.
March 29

The Teen Leadership Council (TLC) is a group of young people who want to take a more active role in our library community. TLC makes book and informational displays, provides feedback on the direction of the Teen Space within the library, and even gets the chance to design and lead special programs. Monthly meetings include snacks, social time and fun. If you're interested in joining

-see LIBRARY page 13

Angie's List Super Service Award Winner.

Through our hard work we were able to achieve and maintain a superior service rating. Thank you for your business and the referrals. Looking forward to servicing your electrical needs.

www.trustthisbiz.com/bauman_electric Phone 207-571-4607

Tammaro Landscaping & Property Services

Winter Services

With not much snow out there this year it allows us to continue with the following services:

- Brush Clearing • Fallen Tree & Limb Clean-up
- Pruning

Call for your FREE ESTIMATE: 831-8535
Currently scheduling spring landscaping projects
539 Ocean House Road • Cape Elizabeth, ME



TOWN & SHORE
REAL ESTATE

STEVE PARKHURST

Broker/Owner
232-4444

sparkhurst@townandshore.com

One Union Wharf, Portland, ME 04101 / 207.773.0262

Wish List

HOME IMPROVEMENTS

✓ Carpentry ✓ Repairs ✓ Doors ✓ Custom Woodwork

David Thibodeau
Email: wishlisthome@gmail.com / Call: 874-0178

Find me on HOUZZ.COM
www.houzz.com/pro/greathelpdave

HOBBS FUNERAL HOME:

A family caring for families.

"Locally-owned" is important to many people. The Hobbs Funeral Home was founded by Frank and Betty Hobbs more than 50 years ago, and has been a family business, independently owned and operated by the Hobbs family ever since.

We believe Maine people prefer a locally-owned funeral home, offering highly personalized, caring service during an extremely difficult time.

From the first call through the last detail, our professional staff is there to help you - 24 hours a day. Professional, personal, caring - and local.



Library

Continued from page 12

ing, email Megan Smith, msmith@thomas.lib.me.us, or stop by the downstairs desk and ask for an application.

Silent Book Club (Teens only!)

Last Saturday of Each Month, 3:00-4:00 p.m.

March 30: Come meet new people and then ignore them. Welcome to the Silent Book Club, a cozy place where all you need is a book to read. Any book, any format, any chapter. No discussions, no suffering "that" book, no worries about not having enough copies for everyone. Bring your own book or find one while you're here. We will have a few minutes of low-key social time, and then silent reading time accompanied by coloring and light snacks. Past participation is not required for this once-a-month book club and all teens are welcome.

FEATURED PROGRAMS FOR ADULTS

Please visit the library's website for information about all of our regular weekly and monthly programs.

Fireside Reading @ TML

Tuesdays, 5:30 - 6:30 p.m. in-person at the library

Come sit around the library's fireplace among fellow-readers and enjoy some tea and quiet, dedicated reading time, free of the distractions of home. Bring a book, or come early and find one to borrow from our shelves. We'll meet weekly on Tuesday evenings from 5:30-6:30 p.m. throughout the winter. All are welcome.

Fireside Writing @ TML

Thursdays, 5:30 - 6:30 p.m. in-person at the library

Is writing more one of your goals for the new year? Looking for a comfortable and cozy spot to join other writers? Come to TML's brand new Fireside Writing program. Fireside Writing gives you the space and opportunity to work alongside fellow writers and reach your writing goals. Bring your laptop or your favorite notebook and join us by the fire for tea and quiet writing time. All are welcome.

Free Blood Pressure and Blood Sugar Screening, with Members of the Cape Elizabeth Fire & Rescue Dept.

Wednesday, March 27, 2:30 - 4:30 p.m. in-person at the library

Drop in to the library for a free blood pressure and/or blood sugar screening, conducted by members of the CE Fire & Rescue Department. No appointment necessary.

Maine's Big Night: Amphibians, the Library, and You!

Thursday, March 28, 6:30 - 8:00 p.m. in-person at the library

Maine's Big Night program is a community science initiative to protect amphibians. The program encourages everyday citizens to collect data on migrating frogs during the rainy spring season. The Cape Elizabeth Land Trust and Thomas Memorial Library are excited to welcome Greg LeClair from Maine's Big Night who will tell us all about the initiative and how you can participate during late April or early May when the amphibians emerge again. No registration necessary.

Die Well Death Education Session Seven: Film: In the Parlor: The Final Goodbye, with Leona Oceania of Die Well Death Education

Tuesday, April 2, 6:30 - 8:00 p.m. in-person at the library

We are pleased to offer a year-long Death Education series facilitated by Cape resident Leona Oceania. This is a topic-driven discussion that tackles a different aspect of death each month. In this sixth session we'll watch and discuss the film "In the Parlor: The Final Goodbye."

"In the Parlor shares" an intimate story of three individuals who, with the support and guidance of their families and communities, were cared for after their deaths at home. Both a critical look at the American relationship with death and an inquiry into the home death care movement, "In the Parlor" takes viewers on a journey where very few have gone, and challenges us to reflect on this uncomfortable subject, which so often is hidden away and ignored.

What is AI and How Do We Use it for Good?, with Dr. Raj Saha

Wednesday, April 3, 6:30pm - 8:00 p.m. via Zoom

This event will explore Artificial Intelligence in its historical and current contexts and examine the scope of how AI could change society.

Dr. Raj Saha is a research manager at the New York Times and a lecturer in data sci-

ence and AI at The Roux Institute at Northeastern University. He is passionate about the democratization of data and technology and how they could be thoughtfully utilized toward building sustainable solutions. This MECollab event is offered in partnership with Prince Memorial Library, Falmouth Memorial Library and Scarborough Public Library. The program will take place on Zoom. All are welcome. Registration is required.

Become a Citizen Scientist during the Eclipse, with Terence Finnegan from the Gulf of Maine Research Institute

Thursday, April 4, 6:30 - 7:30 p.m.

During the 2017 total solar eclipse more than 10,000 observers helped scientists collect over 20,000 cloud observations with 60,000 photos and 80,000 air temperature measurements. These observations were uploaded using the GLOBE Observer app. Join Terence Finnegan from the Gulf of Maine Research Institute for an overview of the GLOBE Eclipse project, and information about how you and your family can participate, no matter where you are along the path of totality on April 8. Terence will also demonstrate some simple science experiments

you can do to understand what is going on during a solar eclipse. Register on our website.

Cape Elizabeth Historical**Preservation Society Presents: From Trolley Park to Seaside Neighborhood: Harry E. Baker and the Development of Cape Cottage Park**

Tuesday, April 9, 6:30 - 8:00 p.m. in-person at the library

Come hear the fascinating and nostalgic story of the Cape Cottage Casino area and its transition from trolley park to waterfront neighborhood. The tale starts with the construction of the Casino in 1898 and continues to 1942 and the beginning of World War II. Presenter Chuck Drake will show vintage photos of the Casino and the houses subsequently built on the property, and share a short biography of Harry E. Baker, Cape's first town wide real estate developer and the driving force behind the transformation of the Casino property into the attractive neighborhood it is today. All are welcome.

Pond Cove Death Cafe, with Leona Oceania

-see EVENTS page 15



SPRING IS HERE!

CALL TODAY FOR A FREE ESTIMATE ON A PROJECT YOU HAVE BEEN DREAMING OF.

CAPE LANDSCAPES

NOW BOOKING

Spring Cleanups

Landscape Installations

Hardscape Installations

Garden Care & Mulching

207.749.9468

Do YOU HAVE AN ESTATE PLAN?

MORE AFFORDABLE THAN YOU THINK

MORE IMPORTANT THAN YOU REALIZE

WE CAN HELP!



Maryellen Sullivan, Esq.

info@portcitylegal.com 207-210-6559

PORT CITY LEGAL

CAPE CALENDAR

By Wendy Derzawiec

Please see the town website, www.caapeelizabeth.com for meeting locations

Instructions for joining videoconference meetings listed below will be posted on the town website, www.caapeelizabeth.com.

Thursday, March 28

SBAC Subcommittee - COMMUNICATIONS, 8:30 a.m.
School Building Advisory Committee, 6:30 p.m.

Tuesday, April 2

School Board Budget Workshop Q & A, Cape Elizabeth High School Library, 6:30 p.m.
Planning Board Workshop, Jordan Conference Room, Town Hall, 7 p.m.

Thursday, April 4

SBAC Subcommittee - COMMUNICATIONS, 8:30 a.m.
School Building Advisory Committee - PUBLIC FORUM, Town Hall, 6:30 p.m.
Recycling Committee, Public Works Department, 7 p.m.

Monday, April 8

Town Council, Town Hall, 7 p.m.

Tuesday, April 9

School Board Meeting, Town Hall, 6:30 p.m.
Conservation Committee, Town Hall, 7 p.m.

CABLE GUIDE**CETV CHANNEL 1302**

Subject to change. Please see cetv.caapeelizabeth.org for latest program guide and video on demand.

School Building Advisory Committee
March 28 - 6:30 p.m.

Football info night April 9

On Tuesday, April 9, Cape Elizabeth football coach Peter Cekutis and his full staff will hold an info and registration night at 6:30 p.m. at the high school cafeteria.

Coach Cekutis is entering his second year with Cape football, and is excited to discuss his coaching philosophy, the growth of the program and the equipment improvements that are being made at all levels. For-

mer NFL player Quentin Porter will also be on hand to talk about the return of 5th/6th tackle football in Cape.

All parents and interested players are welcome – flag, youth, middle school and high school. Please join us for a fun night of football, complete with food and drink, in-person registration and free swag giveaways.



21 Wells Road, CE

Spring is here!!

Soil Products
OPENING April 8th
Pickup or Delivery



Mon - Sat
8:00 - 5:00
Sun
9:00 - 4:00

Maine Farms First!**Farm Stand**

OPEN Fridays & Saturdays

10:00 - 5:30 

It's All About Maine!

Potatoes, Carrots, Parsnips, Beets, Kale, Greens, Apples, Organic Chicken, Meats, Farmer's Gate Sausage and Pork, Eggs, Cheeses, Harris Farm Milk, and more
“The nation that destroys its soil, destroys itself.” — Franklin Roosevelt

Community Supported Agriculture (CSA)

Buy into the season's bounty at a discount and provide dollars for season startup. Keep local farms working! **FMI: www.jordansfarm.com**



f Jordan's Farm **Instagram:** @jordans_farm **www.jordansfarm.com**

IT TAKES A COMMUNITY TO KEEP FOOD GROWING

SERVICES**Cape Elizabeth Church of the Nazarene**

499 Ocean House Road (Route 77)

747-1113

www.capenazarene.org

Sunday School for all ages: 9:30 a.m.

Sunday Worship Celebration: 10:45 a.m.

Services streamed live or on demand:
watch.capenazarene.org

Service videos available on our website

Promised Land World Reach Center

536 Cottage Road, South Portland

799-3152

Sunday Prayer & Intercession: 9:30 a.m.

Sunday Worship: 10 a.m.

Family Bible Studies: Wednesday, 7 p.m.
Sermon recordings available to download

Redeemer Lutheran Church - LCMS

410 Main Street, Gorham

839-7100

www.RedeemerMaine.org

1st Saturday of the month 10:00 a.m. with masks

Sunday Bible Class 9:00 a.m.

Sunday Service: 10:15 a.m.

Wednesday Vespers: 6:30 p.m.

Sunday and Wednesday services are in person and streamed on Facebook

Saint Alban's Episcopal Church

885 Shore Road

799-4014

www.stalbansmaine.org

Sunday Services:

Rite 1 with Holy Eucharist 8:00 a.m.

Rite 2 with Holy Eucharist 9:30 a.m.

Live Streaming on YouTube (stalbanschannel)

Children's Programs 9:30 a.m.

Celtic Eventide 5:30 p.m.

Room for all

St Bartholomew Catholic Church of Saint John Paul II Parish

8 Two Lights Road, **207-883-0334**

Website: www.JP2me.org

Sunday Mass: 9 a.m.

Daily Mass: Mon. and Wed. 8 a.m.

Sacrament of Confession: Mon. 8:30-9 a.m.

Additional Mass times in Scarborough & South Portland listed on website

First Congregational Church United Church of Christ

301 Cottage Road, South Portland

799-3361

www.fccucc.org

Sunday Worship: 10:00 a.m. in person and streamed on Facebook & YouTube

First Congregational Church of Scarborough

167 Black Point Road, Scarborough

883-2342

www.fccscarborough.com

Sunday Morning Worship: 9:30 a.m.

Sunday School & Nursery Care

Hope Community Church

879 Sawyer Street South Portland

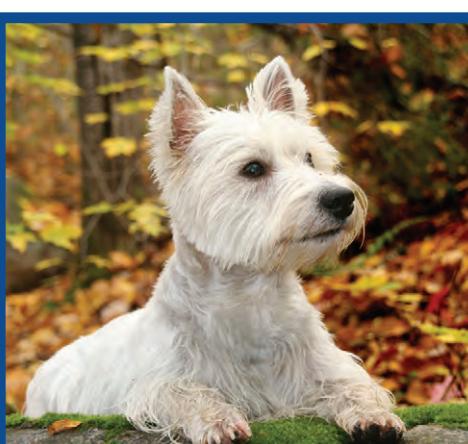
799-4565

www.hopesopo.com

www.facebook.com/hopesopo

Sunday Morning Worship at 10 a.m.

Kid's Church for ages 4 through grade 5

**Invisible Fence® Brand**

Keeping pets happy, healthy & safe @ home™

Play Safe. Worry-Free.**Invisible Fence of Southern Maine**

800-585-2803

southernmaine.invisiblefence.com

©2018 Invisible Fence of Southern Maine. Invisible Fence® is a registered trademark of Invisible Fence, Inc. All rights reserved.

BUSINESSES/SERVICES

In home dog sitting and boarding in Cape Elizabeth. Large fenced in yard. Insured and Pet CPR and first aid certified.

Call or text 207-329-0628

EXTREMELY CLEAN - Deep Cleaning Services. The Way Cleaning Should Be! References/Insured 25+years of experiences Luz Carpenter - 207-329-3757

MUSIC LESSONS

Flute lessons: For beginners and intermediates of all ages. Call Kris: 767-3712.

Piano lessons for all ages. Beginners through advanced. Sandi Palmquist: 329-8345.

Piano, Voice, Guitar, Ukulele lessons for all ages. Beginner through intermediate. Carey Rasco: 232-7015

Events

Continued from page 13

mania of Die Well Death Education

Tuesday, April 16, 6:30 - 8:00 p.m.
in-person at the library

A group-directed conversation about death with no agenda, objectives, or themes (it is not a grief support or counseling session).

**Cape Elizabeth Garden Club Presents:
Every Little Sting is Gonna Bee Alright!**

Thursday, April 18, 6:30 - 8:00 p.m.
in person at the library

Join Jennifer Lund, Maine State Apriarist with the Department of Agriculture, Conservation and Forestry to the library, for a discussion about the various types of wild bees found in Maine, including their biology, foraging preferences and nesting requirements. All are welcome.

**ONGOING PROGRAMS FOR
ADULTS:**

Daily Fika (Coffee Break)
Wednesdays-Saturdays, 10:00 - 11:00 a.m.
via Zoom

**Pod Complex: A TML Podcast
Listening Club**
First Thursday of the month, 5:00 - 7:00
p.m. via Zoom. Next meeting: 4/4

Songwriting Workshop (with Jud Caswell)
First Tuesday of the month, 6:30 - 8:00 p.m.
in person. Next meeting: April 2

**Big Little Lit: Children's Books for
Grown-ups**
Third Wednesday of the month, 11:00 a.m.
- 12:00 p.m. in person AND via Zoom
Next meeting: April 17
Next book: "The Courage to Dream," by
Neal Shusterman & Andres Vera Martinez

Guerilla Poetry Whoop
Second Thursday of the month, 6:30 - 7:30
p.m. via Zoom. Next meeting: April 11

E-ldeering Conversation Group
Wednesdays
1:00 - 2:00 p.m. in person AND via Zoom

Adult Book Group
Third Thursday of the month, 3:00-4:00
p.m. in person AND via Zoom
Next meeting: April 18
Next book: "Amnesty," by Aravind Adiga

Gregory (Gregg) Adam Gabrielson

Gregory (Gregg) Adam Gabrielson (37) of Wales, Wisconsin passed away unexpectedly on Friday, February 16 at Aurora St. Luke's Medical Center from complications of emergency cardiac surgery. Gregg was the youngest son of Linda and Jeff Gabrielson of Cape Elizabeth.

Gregg was born on July 15, 1986, in Providence, Rhode Island and spent his youth in Rhode Island, Virginia, and Maine following his father's various U.S. Coast Guard assignments. He graduated from Cape Elizabeth High School where he was a four-year member of the school's swim team. He was an active member of Cape Elizabeth's Boy Scout Troop 30 attaining the rank of Life Scout. Gregg studied fire science at Southern Maine Community College and Allan Hancock College (in California). He earned a Bachelor of Science degree in Fire Engineering and a Master of Science in Safety, Security, and Emergency Management from Eastern Kentucky University (graduating with honors). He held the Certified Safety Professional (CSP) certification and was completing his doctoral studies in Organizational Psychology from Grand Canyon State University at the time of his passing.

Gregg was a junior and then volunteer firefighter in Cape Elizabeth for four years through his teens, and later a wildfire firefighter with Cal Fire in California. He was a member of Cape Elizabeth's Water Extraction Team (WET) and a certified EMT. Gregg dedicated his life to helping people, so it was natural for him to progress in his career from firefighting to being a safety professional. He worked in the aerospace, energy, technology, and semiconductor industries; most recently with Generac Corporation where he was the Senior Manager of Corporate Safety. He could be counted on to help anyone in need - stopping to render first aid at many an accident site.

Gregg met the love of his life, Zaneta Delgadillo, while they were both students at Allan Hancock College, and quickly realized they were each other's missing half. They were married for 13 years, filling those years with adventure and travel. Gregg was born with what he saw as the gift of dyslexic thinking and was proud of the fact that his dyslexia gave him an advantage to creatively solve problems and retain vast amounts of knowledge. He had an infectious laugh that would light up a room. He was a gentle giant who made this world a better place. Gregg's loves were his family, faith in God, basenjis, Legos, and being in the outdoors.

Gregg is survived by his wife, Zaneta Delgadillo Gabrielson; siblings, Jeremy Gabrielson and Erin Valentine; brothers-in-law, Paul Valentine, Nathan Delgadillo, Gabriel Delgadillo (and his wife, Charlotte); sister-in-law, Sarah Gabrielson; nieces, Emma Moran, Keilani Delgadillo, and Willow Valentine; nephews, J.P. Moran, Zachary Delgadillo, Neil and Ezra Gabrielson; many aunts, uncles, and cousins; and his parents, Jeff and Linda Gabrielson and parents-in-law, William and Genevieve Delgadillo.

In lieu of flowers the family requests donations to Basengi Rescue, the American Heart Association, or the Cape Elizabeth Fire Department. Celebrations of life are scheduled in March in California and April in Cape Elizabeth.

Got a story
to share?
Email us!



editor@capecourier.com

Have a Classified Ad,
Announcement or Event?



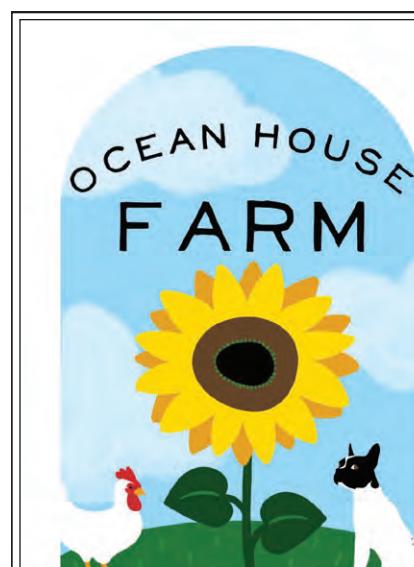
Go to www.capecourier.com
Or contact Tara Simopoulos at:
advertising@capecourier.com

**HAVE AN OLD
LAPTOP TO DONATE?**



CONTACT US

cehswce@gmail.com



**OPENING
MAY 1st**

- Plant & Seedling Nursery
- Cut Flower Garden (Mid-July)

359 Ocean House Rd., Cape Elizabeth

JORDAN FAMILY OWNED &
OPERATED FOR OVER 100
YEARS!

COLORING CONTEST

An Easter coloring contest! When you have finished coloring, please take a picture and send it to advertising@capecourier.com. Deadline is April 10!

