

# The Cape Courier

Volume 37 Number 8  
May 8 - May 21, 2024

An Independent Not-for-Profit Newspaper  
Serving Cape Elizabeth Since 1988

capecourier.com

In the Spirit of Community

## News from April 16 Planning Board meeting

By Hanna Gilley

### March 19, 2024 Meeting Minutes Approval

The Planning Board asked for approval of the March 19 meeting and the April 2 workshop meeting minutes. The motion was introduced and passed unanimously by the board.

### ADU Amendments

The Cape Elizabeth Town Council referred to the Planning Board ADU amendments for zoning ordinance review. A public hearing opened and immediately closed as no members of the public were present in the chamber or online.

Maureen O'Meara summarized the amendments to the board as follows: clarification that an ADU does not have to comply with the definition of an accessory building or structure because an ADU has its own definition; an existing accessory structure can be converted to an ADU but will be subject to all ADU requirements; and a clear prohibition that ADUs cannot be operated as short

term rentals (STRs).

Chair Sahrbeck reminded the board that the STR ordinance is not a new idea, rather it's been in ordinance since around 2017. The prohibition on short term rentals in ADUs was presented to the Town Council in the proposed LD2003 amendments of which the council passed in December 2023. Four council members approved the amendments but a public hearing was not held, and that's why the amendments were put in front of the Planning Board during their April meeting. Sahrbeck also noted that the Board reviewed and discussed the amendment language during their April 2 workshop.

Al Palmer asked Maureen O'Meara a clarifying question on the "capped" square footage of an ADU. O'Meara stated that an ADU is capped at 800 square feet and the "key is to measure the exterior walls." Only the finished, living area of an ADU is counted to-

-see PLANNING BOARD page 13

## Marston wins statewide guitar competition



Contributed photo

CEHS freshman Jack Marston recently placed first in a statewide guitar competition.

The Maine Country Music Hall of Fame and Museum is pleased to announce the teen winner of its Third Annual Maine High School Student Guitar

Competition. Fourteen-year-old Jack Marston, a freshman at Cape Elizabeth

-see GUITAR page 7

## CE team qualifies, competes at Robotics World Championships

By Kevin St. Jarre



Photo by Kelly Fredricks

Cape Robotics Team 56H had a stellar season, and team members Wren Venter and Luke Fredricks qualified for and attended the Robotics World Championships in Dallas, Texas.

Cape Elizabeth Robotics team 56H, comprised of Luke Fredricks, Logan Schwartz and Wren Venter performed amazingly well this past season. At the Maine State Championships, the team

was crowned Tournament Champions, and they also won the Excellence Award, and this qualified Fredricks and Ven-

-see ROBOTICS page 8

## Town Council creates citizen data privacy advisory committee

By Tim Reiniger

At the March meeting, the Town Council approved the creation of the Ad Hoc Privacy Advisory Committee, consisting of five citizen members. The purpose of this new citizen committee is for local subject-matter experts to provide guidance to the Town Council and staff on town government data collection and handling policies (including any contemplated use of surveillance technologies) with the goal of safeguarding the information privacy rights of individuals while balancing community public interest needs.

While many communities around the country have formally created citizen data privacy advisory committees, Cape Elizabeth is now the first municipality in Maine to do so. This marks implementation of a Town Council goal that emerged last year to coincide with the 50th anniversary of the federal announcement of the Code of Fair Information Practices, which recognized the urgent need for creating citizen privacy rights with respect to computer-based record-keeping systems.

In launching the federal privacy protection effort, which was largely in response to

Watergate-related intrusions on personal privacy and use of electronic surveillance, then Secretary of Health, Education, and Welfare Elliot Richardson made a public interest determination that "there is a growing concern that automated personal data systems present a serious potential for harmful consequences, including infringement of basic liberties." In particular, this federal initiative recognized three key citizen rights: 1) knowing that records are being collected and with what information, 2) having the ability to prevent the records from being used for other purposes unless with informed and explicit consent, and 3) having the ability to correct or amend the records.

Recently, Maine has seen such personal data privacy concerns raised with the contemplated implementation of a student biometric-based tracking system in Caribou High School, which was subsequently withdrawn. And in Houlton, the installation of surveillance cameras in public places has been approved at a per person rate exceeding that of New York City.

-see COMMITTEE page 15



SPRING into our vibrant lifestyle this season!



THE LANDING AT CAPE ELIZABETH - INDEPENDENT & ASSISTED LIVING

Enjoy the amenities of community living + the benefits of amazing care!

Learn more about life at The Landing!  
Call Margaret: 207.900.2236

 **The Landing**  
at CAPE ELIZABETH  
Independent & Assisted Living

78 Scott Dyer Road | Cape Elizabeth, ME | [TheLandingsMaine.com](http://TheLandingsMaine.com)





**The Cape Courier**  
P.O. Box 2248  
South Portland, Maine 04116  
207-939-9766  
www.capecourier.com

**OUR MISSION STATEMENT**  
The mission of The Cape Courier is to foster a sense of community by presenting news specific and unique to Cape Elizabeth and its residents, and, whenever possible, to promote volunteerism within our community.

**BOARD OF DIRECTORS**  
Roger Bishop,  
Debbie Butterworth, Jerry Harkavy,  
James Wagner, Ed Pfueller and Peter Carignan

**Publisher:** Tara Simopoulos  
info@capecourier.com

**Editor:** Marta Girouard  
editor@capecourier.com

**Community Reporter:** Kevin St. Jarre  
community@capecourier.com

**Advertising Manager:** Tara Simopoulos  
(Display and classified ads)  
advertising@capecourier.com/207-939-9766

**Bookkeeper:**  
billing@capecourier.com

**Proofreaders:**  
Chuck Rzeszutko

**Photo finishing:** Ann Kaplan

**Distribution:** William Alexander

For general information:  
info@capecourier.com/207-939-9766  
For Advertising:  
advertising@capecourier.com

**Writers:** Debbie Butterworth, Wendy Derzawiec, Erika Carlson Rhile, Kevin St. Jarre, Marta Girouard, Jim Rowe, Tina Fischer, E. Brooks Bornhoff, Jeff Shedd, Hanna Gilley

**Photographers:** Martha Agan, Joanne Lee

*The Cape Courier is printed by Maine Trust for Local News in South Portland and mailed free to Cape Elizabeth residents 22 times a year. We disclaim all legal responsibility for errors, omissions or typographical errors. All reasonable care is taken to see that errors do not occur. We print corrections upon timely notification.*

**LETTER & SUBMISSION POLICY**  
Letters should not exceed 250 words. We reserve the right to refuse letters and to edit for length, accuracy, clarity and civility. We do not withhold names and writers may be limited to one letter per month. Petition-style letters will be declined. Letters reflect the opinion of the author, not The Cape Courier. Email letters to: editor@capecourier.com or mail to P.O. Box 6242, Cape Elizabeth, ME 04107. Please note: Letters will be acknowledged by email.

**NEXT ISSUE: May 22nd**  
**DEADLINE: Noon, May 10**

**SUBSCRIPTIONS**  
\$21.10/year in Maine; \$25 out of state  
\$15 student (9 months)  
\$12 half year  
*(These amounts include state sales tax, which The Cape Courier is required to charge.)*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Amount enclosed: \$ \_\_\_\_\_

Today's date: \_\_\_\_\_

Mail to:  
The Cape Courier  
P.O. Box 2248  
South Portland, ME 04116

## Kudos to the School Board

I am writing to express my sincere appreciation for the recent budget proposal presented by the Cape Elizabeth School Board to the Town Council on April 22, 2024. This budget, which boasts the lowest increase in expenditures in Cumberland County, coupled with a mere 2.51% increase in taxpayer burden, is nothing short of commendable.

Councilor Thompson, who is also the chair of the town's finance committee, praised the budget as "remarkable" given that the School Board managed to keep the tax impact on homeowners under the rate of inflation; he also noted the School Board has done a "great job" this year with the budget. The district leadership's dedication to fiscal

responsibility is evident, and it's heartening to see them prioritize the needs of our schools and students while ensuring prudent financial management.

I applaud the School Board for their diligent efforts in crafting a budget that reflects both the needs of our community and responsible stewardship of taxpayer funds. As a member of this community, I am proud to support a school district whose leadership exhibits such foresight and integrity. Let us continue to rally behind initiatives that prioritize the well-being and educational advancement of our students.

Andrew Swayze

## What has happened around Shore Road?

Full disclosure: I live on Shore Road.

Full question: What the heck has happened on and off Shore Road?

Capers continue to be astonished by a lot, including the dozens of out-of-state cars lining the road to visit the very small Sea View beach, the out-of-control monster houses being built (e.g., Smuggler's Cove Road, Lawson Road), and that 8-foot fence!

We also drive over many potholes and road fissures and are tailgated by cars that travel 40+ mph (in a 30-mph zone).

There has also been one house under con-

struction for over a year, with 5-7 trucks lining the street all day. Some Courier readers may recall a time in years past that when a newly-purchased home underwent construction, the new residents typically sent a courtesy notice to the "locals" to provide a preemptive apology for anticipated noise/disruption. Over the past few years, none of us neighbors received any such a courtesy, an amazing omission given the 4 major home renovations taking place in the neighborhood.

I KNOW I haven't turned into that old man who says "Get off my lawn." Those of you who know me understand that I love Cape and welcome everyone who drops by—from dog "parents" to tourists. I've been on the Garden Tour, volunteer at the Head Light, shop IGA, eat at Toston's and keep my property respectable.

But after living in this town for over three decades, I wonder what kind of folly is next for the various neighborhoods on/off Shore Road.

Rich West

## Boyer's M.O.? Listen. Learn. Advocate.

I first got to know Michelle Boyer while working in the schools as a volunteer. She was kind and welcoming to me as a new (and nervous) PCPA President and she was ready to jump in to help wherever she could.

Turns out, this was modus operandi for Michelle. I got to know her more and learned she had worked - as a private citizen - to fix a problem she saw in post-partum care coverage in Maine. With her passion and activism, she was instrumental in helping pass LD1357 which expanded access to critical healthcare for new mothers.

I also learned she's a small business owner, a Conservation Committee volunteer here in Cape, and is passionate about being part of the solution for issues she sees in our local and state government.

Michelle doesn't sit back and hope it works out - she listens, gathers information, speaks to those most impacted and takes action. I could not think of a better person to represent all citizens of Cape Elizabeth in the House of Representatives in Augusta. Please join me in voting for Michelle Boyer in the Democratic primary on June 11.

Eliza Matheson

**-see more LETTERS TO THE EDITOR on page 4**

**THANK YOU!**

Your donations and other contributions help keep this community

*Thank you to these recent generous contributors:*

**Heather Payson**  
**Mike & Mary Takach**  
**Kenneth & Katharine Johnson**  
**Joyce Rivers**  
**Lynne Millett**

**PLEASE CONSIDER DONATING TO YOUR LOCAL COMMUNITY NEWSPAPER**

Let us hear from you! 

We love feedback!

editor@capecourier.com

**POLITICAL ADVERTISING POLICY**

The Cape Courier accepts advertisements in compliance with applicable laws and the publishing industry's best practices. Maine's campaign finance laws set the basic standards for advertisements for political candidates and ballot issues. In an effort to promote public dialogue, the Courier also accepts advertisements on issues of public policy and social concern, as long as they adhere to standards of fair play and do not target individuals. The Courier requires that opinion or advocacy advertisements display the name and town of at least one member of the sponsoring group. The Courier also requires that any advertisements claiming the support of people, companies or organizations provide certification for these endorsements.

The Courier reserves the right to insist on modifications to draft advertisements prior to publication. It is not the Courier's intention to reject advertisements, but like all publications it reserves the right to do so at its sole discretion.

In addition, here is a link to a section of Maine law dealing with campaign advertisements: <https://legislature.maine.gov/statutes/21-A/title21-Asec1014.html>

*The Cape Courier Board of Directors*

Full Service Veterinary Center in the Heart of Cape Elizabeth

**VETERINARY AND REHABILITATION CENTER OF CAPE ELIZABETH**

Cat Friendly Practice GOLD

AAHA ACCREDITED The Standard of Veterinary Excellence

**"YOUR OTHER FAMILY DOCTOR"**



207 Ocean House Road (Route 77), Cape Elizabeth, ME 04107  
(207) 799-6952 | info@vrcce.com | www.vrcce.com

# Then and Now: A veteran remembers Fort Williams “back when”

By Jim Rowe



Contributed photo

18-year-old Cliff Eaton geared up to ship out from Fort Williams to Boston in 1946 to help quell a railroad strike.

Recently, my wife and I had the pleasure of reconnecting with friends from our college years, Paul Weston (a fraternity brother at UMaine), and his wife, Bonnie Wolcott Weston. That alone would have been won-

derful. But they brought other friends. Cliff Eaton (age 96) came to share his memories and stories from his Army posting at Fort Williams between 1946 and 1948. Cliff’s son and daughter-in-law, Jim and Maggie

Eaton, also joined us. We drove to the Fort, so I could show them the home of the Cape Elizabeth Historical Preservation Society, and especially our work-in-progress (and soon to be “officially” unveiled), the Fort Williams Museum.

Cliff is sharper mentally, more spry, and more articulate than many people I know who are half his age! Almost as soon as we sat down, we were treated to a magical journey back in time...a time when an 18 year old boy from rural Vermont, fresh from basic training in Alabama, boarded a train headed for “Where am I going?...You’ll find out when you get there!” He wound up disembarking at Portland’s Union Station. Cliff Eaton’s assignment was payroll clerk at Fort Williams.

The stories flowed. Cliff has the ability to paint vivid pictures with his words, and we spent nearly two hours fully engaged in free-flowing dialogue. Cliff also brought with him several photos. While here, a life-long interest in photography was born. Cliff also had access to the Fort’s dark room, and he learned to process his own film. The result was that the CEHPS now has several of Cliff’s unique photos of “The Fort”- never before seen by the public.

And now, you can hear Cliff’s wonderful story and see these amazing photos! Join the Cape Elizabeth Historical Preservation Society on Tuesday, May 14, at 6:30 p.m. in the Community Room at the Thomas Memorial Library. It’s free!

# Get ready to ride

By Cape Elizabeth Community Services

May is the month when we celebrate National Bicycle Safety Month. The purpose is to prioritize safety while riding a bike. With this in mind, the Cape Elizabeth Police Department, Community Services and Dirty Boy Bicycle Repair have teamed up to host a Bike Rodeo on Saturday, May 18th from 3:00 - 5:30 p.m. This event will not be rescheduled in the event of rain.

We will set up in the parking lot behind the community center for this free, fun, interactive bring-your-own bike event designed to teach and encourage kids to ride bikes safely. The rodeo will include a helmet check, a bike mechanical check (conducted by Cape’s own Dirty Boy Bicycle Repair), the chance to ride in a closed traffic skills course that teaches the rules of the road and compete in a slow race for a chance to win a prize.

Did you know that registering your bike with the police department can be helpful in the event your bike is lost or stolen? Residents of all ages can register their bikes onsite (Serial Number required) on that Saturday or contact the Cape Elizabeth Police Department to register.

Participants will receive a free water bottle and a Guide to Bicycle Safety Activity Book.

Come celebrate Bike Safety Month with us on Saturday, May 18.

VOTE!

TUESDAY, JUNE 11

KIM MONAGHAN

DEMOCRAT FOR STATE REP - #123

HONORING MOTHERS AND WOMEN WARRIORS EVERYWHERE.

WWW.MONAGHANFORMAINE.COM

FACEBOOK: REP KIM MONAGHAN 2024

KMONAGHAND@GMAIL.COM

PAID FOR AND AUTHORIZED BY THE CANDIDATE

VOTE! KIM MONAGHAN FOR STATE REPRESENTATIVE TUESDAY, JUNE 11, 2024



THE PINK HATS AGAINST TRUMP MARCH



REPRODUCTIVE FREEDOM RALLY AT THE SUPREME COURT



AOC AND THE GREEN NEW DEAL



MOMS DEMAND ACTION GUN REFORM

THIS MOTHERS DAY, LET'S HONOR MOTHERS AND WOMEN WARRIORS EVERYWHERE!

Letters to the editor continued from page 2

## Dill will be a ‘thoughtful and effective advocate’

When Cynthia Dill told me that she was running for State Representative, I was delighted. She is not new to public service, having served our town on the Town Council, as State Representative, as State Senator and as the Democratic candidate for the U.S. Senate. Cynthia is a hard-working legislator who has had some big successes that changed all Mainer’s lives for the better.

Here’s one example: In 2009, while in the State House, Cynthia sponsored the law that allowed the buildout of fiber optic infrastructure in the state known as the “Three Ring Binder Project.” That law, drawing upon the research of a panel of experts she was key in establishing (Broadband Strategy Council), catapulted Maine from near-last nationwide to top of the U.S. for middle mile Internet - a huge win for University of Maine System,

schools and libraries, Maine business and residents. Cynthia saw an opportunity, wrote the legislation, lined up the votes and got it done.

Cynthia cares deeply about our community, and she is a collaborator who believes it’s essential to work “across the aisle” with Democrats, Republicans and Independents. She’ll be a thoughtful and effective advocate for Cape Elizabeth and all Mainers. For those who haven’t met Cynthia, send her a message and have a conversation with her. She will be interested to talk with you about your interests and concerns. I look forward to voting again for Cynthia Dill. I hope you’ll consider joining me in voting for Cynthia in the June 11 Primary.

**Jim MacKay**

## ‘We need your help’

Thank you Kevin St. Jarre for your informative article on April 24th about the return of the Piping Plovers to Crescent Beach! We have a great group of volunteers at Crescent Beach who are excited about nurturing a healthy breeding season for our Piping Plovers, which are listed as “Endangered” under the Maine Endangered Species Act, and as “Threatened” under the Federal Endangered Species Act.

The 2021 Beach Management Agreement among the Bureau of Parks and Lands, U.S. Fish and Wildlife, Maine Department of Inland Fisheries and Wildlife, and Maine Audubon clearly states that: “Dogs, pets, and bikes are not allowed on the beach from April 1st through September 30th.” There is signage

to that effect at each and every entrance to the beach. Leashed dogs are always welcome to walk the inland paths at Crescent Beach and Kettle Cove. Our hardworking state park rangers are entrusted with enforcement of these regulations and trained volunteers assist in reinforcing these regulations.

We need your help. Public compliance with these regulations is crucial to fostering the well-being of our shorebird friends.

Have a wonderful time at the beach this summer. We’ll see you there!

**Piping Plovers Protection Program  
Volunteers Dutch Walsh, Peter Cohen,  
Cindy Walsh, Paul Rosenberg, Patty  
Townsend**

## Monaghan’s ‘previous legislative service is an asset’

We write in support of Kim Monaghan’s candidacy for the Maine Legislature.

We are fortunate to know Kim as our long-time neighbor. We have watched her as a single mom raise her daughter with a household of adorable pets and a backyard of gardens. She knows the challenges of young parents today and has always been a wonderful neighbor to us, our son and all his neighborhood buddies. Whether we are talking about kids, community resources, education, or other issues facing Cape, Kim is always listening and engaged in creative problem solving. When a path allowing safe access in the Brentwood neighborhood was closed, Kim offered her own backyard as an alternate route for the kids, allowing us to build a path leading to Brentwood Road. This is the Kim we know, a selfless

individual who puts the needs of others first.

Kim’s previous legislative service is an asset for Cape Elizabeth, and we are fortunate that she is running. There will be no learning curve for her in Augusta. She will hit the ground running, knowing the process and the people. Just as important, Kim knows Cape Elizabeth and its people. Kim Monaghan is ready on day one to be an effective advocate for the citizens of Cape Elizabeth.

Kim is an avid skier and athlete -- she’ll bring the same level of intensity she brings to the slopes to her work in Augusta. Please join us in voting for Kim Monaghan.

**Kate and Jay Brandeis**

## TML following town policy

As with any professional organization, personnel matters in the town are confidential. However, I can share that conflation of four recent departures from the library staff as a type of protest or evidence of an underlying systemic problem is terribly misinformed.

People leave positions of employment for many reasons, some of them personal and voluntary, others at the will of the employer. The town takes personnel matters very seriously—after all it is good employees and good managers that are at the heart of all municipal operations.

If any employee has an issue with a supervisor or department head, the town has a clear, well-vetted process for that employee to file a grievance and have their concerns heard, investigated, and resolved. Additionally, the town has a Personnel Appeals Board made up of citizens appointed by the Town Council, which can be convened to hear employee

grievances should the employee feel that the standard process has not resulted in a satisfactory outcome.

In all cases, no grievances were filed—leading up to or following—any of the recent employee departures, nor were any concerns brought to my attention in an attempt to resolve whatever issues are currently being alleged.

Rest assured, any actions taken by the town in connection with any personnel matters are done in accordance with town policy, with full knowledge of the town manager, and with guidance from the town attorney. I continue to be available to any member of the community who has questions or concerns about the library.

**Rachel Davis, Director  
Thomas Memorial Library**

### 2024 Publication schedule

Issue No	Ad/Copy Due	Issue Published
01	Jan 5	Jan 17
02	Jan 26	Feb 7
03	Feb 9	Feb 21
04	March 1	March 13
05	March 15	March 27
06	March 29	April 10
07	April 12	April 24
08	April 26	May 8
09	May 10	May 22
10	May 24	June 5
11	June 7	June 19
12	June 21	July 3
13	July 5	July 17
14	July 26	August 7
15	Aug 9	August 21
16	Aug 23	Sept 4
17	Sept 6	Sept 18
18	Sept 20	Oct 2
19	Oct 11	Oct 23
20	Nov 1	Nov 13
21	Nov 15	Nov 27
22	Dec 6	Dec 18



**Kathleen O. Pierce**  
Vice President  
Real Estate Advisor

207.232.4030  
kpierce@advisorsliving.com



### Enhancing Neighborhood Trees & Shrubs Since 1880.

- Complete Tree & Lawn Care •
- Quality Pruning & Removal • Deep-Root Fertilizations •
- Insect & Disease Management • Certified Arborists •

Call For a Free Estimate  
**207.828.0110**

www.davey.com/portlandme



**Frank S. Strout**  
Broker

1237 Shore Road, Cape Elizabeth, Maine 04107  
Office: 207.799.7600 x104 Cell: 207.776.4245

FrankStrout@remax.net www.OceansideMaine.com

Each Office Independently Owned and Operated

**FIDUCIARY FINANCIAL PLANNING & INVESTMENT ADVICE**  
Individuals, Trusts & Estates

**Laongdao “Tak” Suppasettawat, CFP®, CPA**  
Maine Licensed Registered Investment Advisor

(207) 799-2010  
tak@takadvisory.com  
www.takadvisory.com

# Gold wedding band turned into PD

Reported by Debbie Butterworth

## PUBLIC INFORMATION

- 4-8 An officer met with a resident of the Ocean House Road area regarding unauthorized charges on his debit card.
- 4-9 A Cape Elizabeth Land Trust representative came to the police station and turned over a gold wedding band with inscribed initials on the inside of the band. It was found on one of the trails in January.
- 4-10 An officer spoke with a resident of the Old Ocean House Road area regarding a trespass issue.
- 4-10 Two officers responded to a residence in the Ocean House Road area for a domestic disturbance.
- 4-11 Two officers responded to a residence in the Two Lights area for a possible unattended death.
- 4-12 An officer met with a resident of the Mitchell Road area who reported that he had received an email from PayPal stating that a charge was pending on his account that he did not authorize and was asked to contact customer service at the number provided. He called the number and spoke with a male with an "Indian accent" who instructed him to install the app AnyDesk on his computer in order to facilitate a refund. He was then instructed to go to the PayPal money transfer page and enter two lines of various numbers. The victim recognized this as an attempt to buy and send cryptocurrency. He was told this was "for the refund team." The victim then ended the call. The victim then checked and found the original email was from the exact legitimate PayPal email address. He contacted PayPal and was told they were aware of criminals using their legitimate email address to contact clients and then asking victims to call them. Concerned that his computer and sensitive accounts may have been compromised, the victim changed his user name and passwords and ran a malware scan.
- 4-13 An officer responded to a residence in the Old Ocean House area for a property dispute.
- 4-16 An officer responded to a report of a large metal cylinder on the side of Ocean House Road. The officer located

the cylinder containing nitrogen and brought it to the police station for safekeeping.

- 4-18 An officer met with a resident of the Mitchell Road area regarding a civil custody concern.
- 4-18 Two officers met with a resident of the Mitchell Road area regarding a well-being check.
- 4-19 An officer met with a resident of the Oakhurst Road area who reported that a rock had been thrown through a window.
- 4-22 An officer met with a resident of the Shore Road area regarding identity theft.
- 4-22 Two officers responded to a residence in the Mitchell Road area for a domestic disturbance.

## SUMMONSES

- 4-12 Cape Elizabeth resident, unregistered vehicle, Shore Road, \$85
- 4-17 Cornville resident, speeding (66/45 zone), Bowery Beach Road, \$230
- 4-17 South Portland resident, uninspected vehicle, Shore Road, \$148
- 4-18 Windham resident, speeding (45/30 zone), Shore Road, \$170
- 4-21 South Portland resident, uninspected vehicle, Shore Road, \$148
- 4-22 Portland resident, uninspected vehicle, Route 77, \$148

## ARRESTS

- 4-12 Cape Elizabeth resident, Operating under the influence of alcohol, violation of conditions of release, Mitchell Road
- 4-18 Cape Elizabeth resident, Operating under the influence of alcohol, Russet Lane

## ACCIDENTS

- 4-18 Thomas Allen, accident on Russet Lane.

## FIRE CALLS

- Fire calls: 15
- EMS calls: 28

# Scam alert bulletin board

By Jessica D. Simpson

## Hospice fraud

The Maine Senior Medicare Patrol (SMP) is a statewide program to educate Maine Medicare beneficiaries, their families, and caregivers about Medicare benefits and how to prevent, detect, and report health care fraud, errors, and abuse. The Maine SMP works with the Maine DHHS-Office of Aging and Disability Services, the Area Agencies on Aging (AAA's), and Legal Services for Maine Elders (LSE) and provides outreach, education, and counseling statewide.

Much like a 2021 California case, scammers enroll people who aren't terminally ill in hospice without their knowledge. The Medicare beneficiaries instead may believe they are signing up for extra benefits programs, such as home cleaning, in-home nurse visits or a shower chair. "They have a doctor that works with them and is 'diagnosing people' and sending paperwork to Medicare and claiming thousands of dollars that Medicare pays for in hospice," said Carolina Oehler, the Senior Medicare Patrol liaison for the Kern County Aging & Adult Services Department in California. The criminals receive payment from Medicare for hospice services never delivered. The Medicare beneficiary has legitimate non-hospice claims denied.

## Bogus genetic testing

Beware of phony genetic testing pitches when out and about as the weather warms up. Senior Medicare Patrol helped uncover a \$2.1 billion genetic testing scam, but phony pitches are still an issue. Someone at a health fair might offer to swab your cheek and test the sample to determine whether you have a genetic propensity for cancer. You need to give your Medicare number to cover the test, the con artist says. In reality, Medicare rarely covers genetic testing. Scammers use the ploy to get your Medicare number and make all sorts of fraudulent charges in your name. "Many times, they would not get the test [results] at all," Maria Alvarez, executive director of New York Statewide Senior Action Council, said of Medicare beneficiaries. "They [the scammers] would just discard the swabs and use the Medicare number."

If you have questions about your Medicare statement, need help with billing issues, suspect healthcare fraud, error or abuse or want to be a Senior Medicare Patrol Volunteer, contact the Maine SMP or call 877-353-3771.

Be a fraud fighter! If you can spot a scam, you can stop a scam. Report scams to local law enforcement. For help from AARP, call 1-877-908-3360 or visit the AARP Fraud Watch Network at [www.aarp.org/fraudwatchnetwork](http://www.aarp.org/fraudwatchnetwork). Remember, if you can spot a scam, you can stop a scam!

## VOTE JUNE 11, 2024 CYNTHIA DILL FOR STATE REPRESENTATIVE

A moderate Democrat.



EXPERIENCE. INTEGRITY. RESULTS.

State Senator 125th Maine Legislature  
 State Representative 123rd and 124th Maine Legislature  
 Cape Elizabeth Town Councilor 2005-2008  
 Columnist and News Analyst - Portland Press Herald, MBPN, WCSH  
 Award-Winning Civil Rights Lawyer  
 Small Business Owner  
 Podcast Host  
 Wife, Mother  
 Blessed

"Happy Mother's Day!" ~ Cynthia

Paid for and Authorized by Dill for House District 123, Tom Clarke, Treasurer  
[Dill4HouseDistrict123@gmail.com](mailto:Dill4HouseDistrict123@gmail.com)



## Old School Electric

### Rick Romano

**207-767-3866**  
 (Be sure to leave a message)

*Master Electrician (40+ years)*  
*No job to small • Quick response time*




## TOWN & SHORE REAL ESTATE

### Erin Haber

Associate Broker, Owner

207.650.7158 | [EHaber@townandshore.com](mailto:EHaber@townandshore.com)  
[www.ErinHaber.com](http://www.ErinHaber.com)

One Union Wharf, Portland, ME 04101

## TVK Construction

**ALL JOBS - Big or Small**

**Terry V. Keezer, Owner**  
*Fully Insured*

---

**207.252.7375**  
[www.TVKconstruction.com](http://www.TVKconstruction.com)



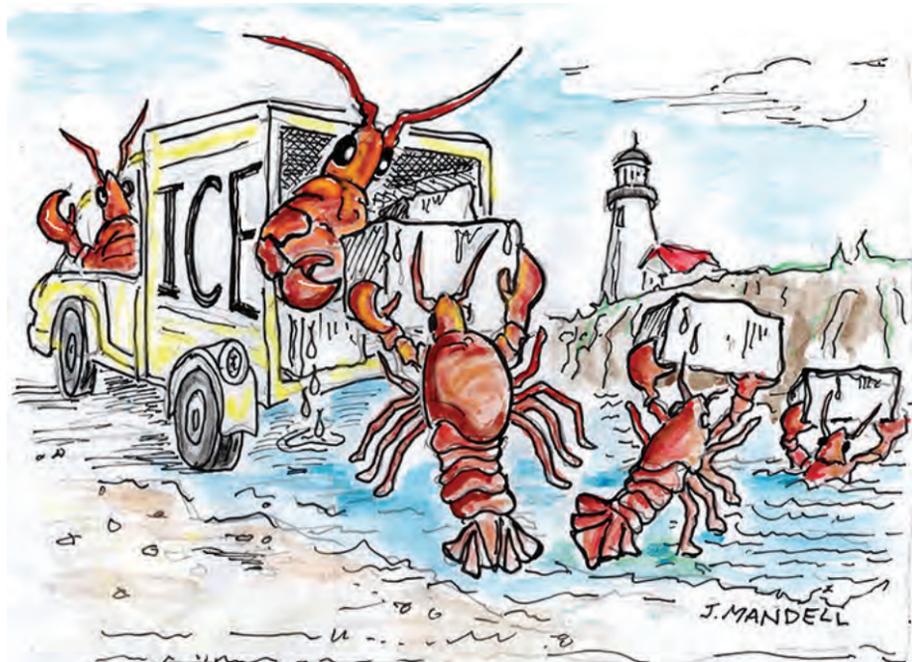
## COASTAL Plumbing & Heating

**New Construction  
 Remodeling • Service**  
*Oil • Propane • Natural Gas*

**(207) 939-5822**  
[www.coastalplumbingme.com](http://www.coastalplumbingme.com)

# Capetoon: Climate changed

By Jeff Mandell



# CELT spring/summer programs

## Vernal Pools and Amphibians Program

Join Cape Elizabeth Land Trust Education Committee members Erika Rhile and Lisa Gent to learn about vernal pools and herpetology on a guided walk through Robinson Woods. This program will highlight amphibians in Maine, as they begin to re-emerge in Cape Elizabeth after the long winter. Participants will explore amphibian habitat, observe salamander eggs, and potentially hear peepers and wood frogs on this 2 hour excursion in Robinson Woods. Participants will also learn about the unique nature of vernal pools, and some of the benefits these temporary wetlands provide. The walk will be held rain or shine, so dress appropriately with footwear for wet walking. All participants must register at least at least 48 hours in advance of the program to receive notification of changes or cancellation.

Wednesday, May 15, 7:00-9:00 p.m.

Meet at Robinson Woods Kiosk

\$6 per person

Max 10/Min 3

## Medicinal Herb Walk

Join Mischa Schuler, herbalist and owner of Wild Carrot Herbs, on a walk through Robinson Woods. As the plants reawaken to spring, we will visit with these extraordinary beings in their young stages of growth - learning to recognize their patterns across the refreshed landscape. Our evening will be rich with herbal folklore and inspired by our curiosity and imagination. All participants must register at least at least 48 hours in advance of the program to receive notification of changes or cancellation.

Thursday, May 16, 6:00 – 7:00 p.m.

Meet at Robinson Woods Kiosk

\$6 per person

Max 10/Min 3

## Birding ID Skills: Learn How to Identify Birds by Sight and Sound

Are you looking for a challenging new hobby to get you outdoors or just curious about what types of birds are singing in your backyard? The Cape Elizabeth Land Trust and Thomas Memorial Library are excited to collaborate with Cape resident and National Audubon Society scientist Carrie Gray for this informative talk. During the two-hour program, Carrie will teach you techniques to identify bird species you may encounter around town. Birds come in all shapes, sizes, and colors and we will discuss strategies for differentiating birds based on their physical appearance, as well as by the habitat they occur in, their behavior, and the time of year you see them. We will also cover simple songs and calls that will allow you to identify some birds without even seeing them.

Date: Thursday, May 30

Time: 6:30 – 8:30 p.m.

Location: Thomas Memorial Library

No registration required

## CELT's National Trails Day Cross Town Walk

Join Cape Elizabeth Land Trust Staff and Educators for the annual Spring Cross Town Walk. Beginning at Portland Head Light, located at Fort Williams, this walk will traverse 8.2 miles of trails highlighting Cape's great places; including Spurwink Marsh, Robinson Woods, and Great Pond. The walk takes approximately four hours and includes a BYO lunch stop. Hikers will meet at the Portland Head Light and will carpool (arranged prior to walk) back to Fort Williams. Snacks, drinks and lunch should be brought by each participant. Interested in joining but concerned about the length of the walk? Consider signing up for the "Second Half" option, which is listed as a separate event. All participants must register at least at least 48 hours in advance of the program to receive notification of changes or cancellation.

Saturday, June 1, 8 a.m.-1:30 p.m.

Meet at Portland Headlight near the lighthouse.

\$10 per person

Max 15 / Min 5

## CELT's National Trails Day Cross Town Walk (Second Half Option)

Interested in the Cross Town Walk, but not ready to commit to all 8.2 miles? Join Cape Elizabeth Land Trust for a half-distance (~4.5 miles) walk highlighting some of Cape's great places, including Spurwink Marsh and Great Pond. The walk takes approximately three hours and includes a BYO lunch stop. Hikers will meet at the CELT office in town center and will carpool (arranged prior to walk) back to Fort Williams after lunch. Snacks, drinks and lunch should be brought by each participant.

*Buy Mitchell's Maine*

## MITCHELL DOMAGALA

"I absolutely love the great Maine outdoors, it's where I've grown up and it's where I truly like to spend my time. I am a 7th generation Mainer and University of Maine graduate, with knowledge of, and love for the small communities that make up our unique state. I get truly excited to help new and experienced home buyers alike. As an active real estate investor myself, I understand the ins and outs of the investment world. Whether you're interested in single-family or multi-family properties, I am your agent! Filled with ambition and dedication, I am eager to help with your real estate needs. I look forward to building lasting relationships and helping you every step of the way through your big decision. *Let's get started together!*"



Mitchell Domagala  
Office (207) 799-7600  
Cell (207)460-6900  
mitchelld@remax.net

Buy Mitchell's Maine on Facebook and Instagram!  
<https://mitchelld.remax.com>

*Thank you*

# ANN WAECKER

*Volunteer Extraordinaire*

Ann Waecker and her husband Tom have contributed to the Cape community in many ways. Tom has been helping with the Robotics Team and they both support the Waecker Technology Scholarship fund.

For well over 20 years, Ann has volunteered in my classroom every week, offering to help in so many ways. A strong advocate for financial literacy, she sends me articles, buys books for scholarship winners and has contributed several items to my classroom library. Their son, Mike Waecker, graduated in 2002, but his parents' support for quality education has continued since.

Ann has been a tremendous help in my room but, more importantly, a wonderful friend! I can't thank her enough.

Betsy Nilsen, CEHS Teacher



## Cape Challenge is on May 19

Don't forget to sign up for this year's Cape Challenge event on Sunday, May 19. Registration is open at: <https://runinarace.com/CapeChallenge/>.

Sponsored by Firefly Health and multiple other generous sponsors, the race will include a Fun Run for children ages 8 and under scheduled for 8:30 a.m., a 1-Mile Dash for children ages 12 and under at 9:00 a.m. and the 5K Cape Challenge at 9:30 a.m.

Proceeds from this event benefit the Cape Elizabeth Pond Cove, Middle School and High School Parents' Associations. An awards ceremony will begin at 10:15 a.m. in the Pond Cove/Middle School Cafetorium. You can also support this fundraiser by purchasing raffle tickets at <https://givebutter.com/CapeChallengeRaffle>.

The Mainely Burgers food truck will be offering some breakfast and lunch items, donuts from the Cookie Jar, coffee and drinks.

This community event would not be possible without the help of volunteers. There are many open positions for race weekend. If you are able to volunteer, please visit our SignUpGenius page via

## Guitar

Continued from page 1

High School, placed first in the state-wide contest open to Maine high school teens, grades 9-12. Marston will receive the grand prize, a Martin guitar, and will perform with Hall of Fame inductees at the 47th Annual Maine Country Music Hall of Fame Induction Ceremony on Sunday, May 19 at 1 p.m. at the Silver Spur in Mechanic Falls. Marston is the son of Peter and Laura Marston.

A young, budding musician, Marston has been playing guitar since the age of ten. Marston performs with Cape Elizabeth High School's Big Band Jazz Ensemble playing both guitar and saxophone and also with a three-piece combo, under the direction of music teacher Robert Wheeler. Marston studies guitar with Lincoln Meyers at 317 Main Community Music Center in Yarmouth and plays with the Youth Ensemble at the Portland Conservatory of Music.

Marston said, "I took an interest in country music from the age of two and have been obsessed with bluegrass guitarist Doc Watson and his song "Tennessee Stud" ever since!" He often plays open mic nights with his father Pete at local establishments like The Rack at Sugarloaf and Sugar Bowl bowling alley. He has also performed at Root Wild Kombucha in Portland. When he is not on stage, Jack enjoys alpine ski racing and playing frisbee.

The Maine Country Music Hall of

the QR code below.

Residents should note that Rt. 77/Ocean House Road (from the high school entrance to Scott Dyer Road), Scott Dyer Road and Brentwood Road will be closed to all automobile traffic from 9:30-10 a.m. on Sunday, May 19 due to the race.

Follow the Cape Challenge on Facebook and on Instagram: @CapeChallenge5k.

For any questions, please contact [capechallenge5k@gmail.com](mailto:capechallenge5k@gmail.com).



Fame was founded in 1978. The Museum, established in 2008, is the only country music hall of fame museum east of Nashville. The 3,000-square foot space in the lower level of the Silver Spur is an amazing showcase for thousands of historic memorabilia accumulated over the decades, bringing to life and preserving the legacy of over 160 inductees from all over the State of Maine.

The 47th Annual Induction Ceremony & Show will take place at the Silver Spur on Sunday, May 19 at 1 p.m., at The Silver Spur, 272 Lewiston St, Mechanic Falls. Four new inductees for 2024 will be honored and a lively concert showcasing many Hall of Fame living legends and Marston, along with last year's contest winner, Maddie Yates of Greely High School, will follow.

For more information about the show and contest please call 603-553-1973 or email [mariaholloway207@gmail.com](mailto:mariaholloway207@gmail.com) or find the Maine Country Music Hall of Fame on Facebook. Tickets are \$15 at the door.

Got a story to share? Email us!



[editor@capecourier.com](mailto:editor@capecourier.com)

Book us for your next private dinner



[plaitofmaine@gmail.com](mailto:plaitofmaine@gmail.com)  
(207)699-7472

## Dogs-at-large are violation of local ordinance and Maine law

By Kevin St. Jarre

The legal definition of "dog-at-large" is a dog that is off the premises of the dog owner or keeper, not under control, and the owner or keeper is not observed to be within sight of the dog. There was a time when dog owners would simply open their doors, and dogs would roam neighborhoods, but today that is a violation of local ordinances and Maine State Law.

These ordinances and laws were developed to protect the safety of the animals primarily, but also to protect other animals, people and property.

Dogs have been observed at large near busy local streets such as Route 77, Shore Road and Mitchell Road. These roads have winding turns and blind hills where a driver may not have time to avoid hitting a dog wandering in the public way.

The Cape Elizabeth Dog-at-Large Ordinance reads:

Sec. 7-1-6. Dogs At Large. It shall be unlawful for any dog, licensed or unlicensed, to be at large, except when used for hunting. The owner of any dog found at large is subject to the penalties provided in Title 7 M.R.S.A. Chapter 719.

Those penalties laid out in Maine State Law under Title 7 M.R.S.A. Chapter 719 are:

§3915. Violation

Any person who violates this chapter commits a civil violation for which a for-

feiture of not less than \$50 nor more than \$250 may be adjudged for a first violation, and not less than \$100 nor more than \$500 for 2 or more violations.

The town of Cape Elizabeth has partnered with the city of South Portland and consolidated their Animal Control Officers. ACO Maggie Maxwell patrols and responds to calls concerning animals in Cape Elizabeth. Her duties include maintaining records of summonses, warnings, animal bites, and a record of dogs and cats taken to the animal shelter. She prepares cases for court.

ACO Maxwell is also responsible for assisting citizens with lost, sick, found or injured animals. This includes enforcing ordinances against dogs running at large.

Maxwell protects and handles all types of animals from pets to animals that live out in the wild. The ACO has a limited role when handling wild animals. The main concern with wild animals is rabies protection.

To reach support for an animal-control matter, please call the Cape Elizabeth Police Department number 207-767-3323 and press "0" to be connected to the dispatcher.

The town contracts with the Animal Refuge League in Westbrook to serve as the repository for stray and unlicensed domestic animals that are collected by the ACO.

Unclaimed animals may be adopted for a nominal fee at this location.

Vote on June 11th

# Michelle Boyer

Fresh perspective. Dedicated leadership

Like so many Maine families, we faced delays and denials from our insurance company as we sought to get necessary healthcare immediately after the birth of our youngest daughter.

I co-founded the community organization Restore the Floor and worked with our own Senator, Anne Carney, to pass a state law to make sure going forward Maine women will not have to battle to get necessary postpartum care. I am very proud of what we accomplished.

I would be honored to continue fighting for accessible and affordable healthcare for all Mainers as your Representative in the State House and tackling other critical issues facing our town and state with a fresh perspective and approach including: the climate crisis, gun safety, affordable housing, child welfare, and property tax relief.

As your State Representative, I will work in a civil and bi-partisan manner to protect our environment, invest in clean renewable energy, enhance our local schools and colleges, safe guard reproductive freedom and support small businesses, our state's economic engine.



Paid for and authorized by the candidate, Jamie Wagner Treasurer

[michelleformaine.com](http://michelleformaine.com)



### GOT PLANTS?

The Scarborough Garden Club is seeking donations of perennials & shrubs for its annual plant sale on June 1st. Club members will dig your plants. Digging will continue until May 20.

Please call: Marcia at 798-9156 or Patrice at 781-775-5256

## Robotics

Continued from page 1

ter to compete at VEX Robotics World Championships in Dallas, Texas.

Schwartz, a standout athlete in both swimming and skiing, is a member of the team, but could not fit attending competitions into his packed schedule. He was in charge of keeping what's known as "the notebook," which is a technical journal and log of the team's work. In the course of the season, it grew to nearly 90 pages long.

Venter explained that winning tournaments and qualifying for Worlds isn't simply the design and building of the robot. In addition, the team members must perform well during interviews, and also the notebook that Schwartz kept for the team is an important factor. "That's what Logan worked on," Venter said, "It shows all your design process, your ideas."

In Dallas, Fredricks and Venter took the robot they designed, built and coded and were competitive in a field of 820

high school teams from across the United States and from around the world.

Fredricks, a Cape Elizabeth High School senior, was certainly a veteran member of the team, beginning in Cape Robotics in fifth grade. For Venter however, who is a sophomore, it was her first year in the program.

Fredricks explained how a robot comes together. There are parts available to the team members, and they come up with a basic design and a first iteration of the robot. "We first identify, what do we need to do. What are the challenges we are going to face? So then, we start off with our first robot, and it's not going to be perfect, but it's good enough for a start, and then, Wren will go in and code, she's the coder," Fredricks said.

Fredricks said he's the "driver," with a remote controller. "Throughout the season, I just kept fine-tuning the robot, making it better and better, as the strategies change, and the same with Wren's code, she kept updating it, making it better, finding different ways to do things."

In this way, Fredricks was acting as the team's mechanical engineer, while

Venter was the software engineer.

Venter said she got into writing computer coding by taking the CEHS Computer Science class as a freshman, and this year she and Fredricks are both in the AP Computer Science class. "For robotics, I use Python [computer programming language], and Java is the one we use in the AP class," Venter said.

Where the software comes in during each match, Fredricks explained, is while there is a period when he is driving the robot, there is also a time when the robot must perform different challenges autonomously.

In the first 15 seconds of a two-minute competitive match, with competing robots on the field, the software must be written ahead of time to get the robot to perform tasks without being driven by a controller. In the remaining 1 minute and 45 seconds, the driver then takes over the robot. Fredricks shared an example of the sort of challenges faced by teams. He said, "There were all these green, triangular balls all over the field, and the goal was to get them over to the other side...."

There are also "Skills" challenges, also 2 minutes long, but this time a team's robot is alone on the field, attempting to accomplish goals, with 1 minute of the robot being driven by Fredricks, and 1 minute of autonomous time when the robot is controlled by the software written in advance by Venter.

Currently, there are more boys participating in Robotics than girls, and Venter thinks more girls should get involved. "It's a fun program. I learned a lot this year. There's no reason you shouldn't do it, if it's something you find interesting, which I think a lot more girls do [find it interesting] than are actually involved," Venter said.

Fredricks, who graduates in a few weeks, plans to go study aerospace engineering next year. Schwartz, who also plans to enter engineering at university, said the Robotics program is great for those considering that career path. "A lot of the designing, building and testing has motivated me to enter engineering. Mr. [Alex] Anesko [the Robotics faculty advisor] does a fantastic job. He's great at getting younger students involved," Schwartz said.

Schwartz and Fredricks also helped out when Anesko worked with younger students new to robotics.

Venter, for her part, plans to continue in the Cape Robotics program next year as a CEHS junior. She will move up from newcomer, to the veteran who qualified and competed at Worlds in Dallas, especially among the software coders.

As for the notebook that the team created, curated by Schwartz, it's now a resource to other teams online.

Fredricks modestly said, "We just had a good season." Obviously true, and of course, understated.

## Judy's Pantry- a community feeding itself

Judy's Pantry operates at the Cape Elizabeth Methodist Church on the second and fourth Tuesdays of each month from 3 – 4:30 p.m.

Prior registration is necessary. Please contact Beth Owens: bethowens1@gmail.com.



**DR. DAVID JACOBSON**

# Health Centered Dentistry. Now in the Center of Cape.

207.767.3241  
twolightsdental.com

## Portland Veterinary Emergency and Specialty Care




We provide expert **specialty and emergency care** for your pet – and peace of mind for you.



739 Warren Ave. Portland  
2255 Congress St. Portland

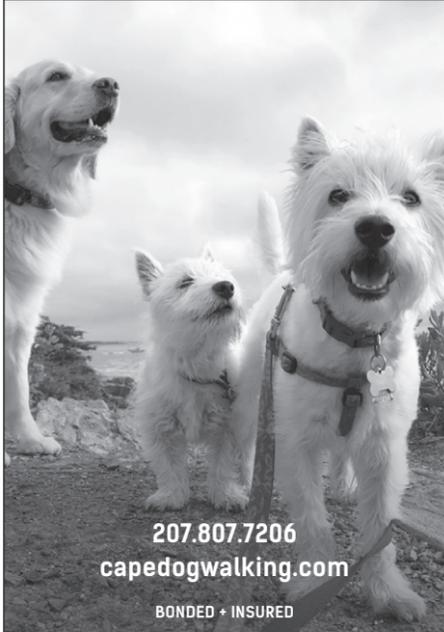
EMERGENCY COVERAGE AT WARREN AVENUE LOCATION

**Dr. Marta Agrodnia**  
DVM, DACVS-SA

pvesc.com | 207-878-3121



## CAPE DOG WALKING



207.807.7206  
capedogwalking.com

BONDED + INSURED

# News from the superintendent

By Dr. Chris Record

Wow, the school year is flying by. I hope you and your families are having a wonderful spring so far. These final weeks of the school year will be over before we know it. We are very proud of how much our students and staff have accomplished and we appreciate the community's support throughout the year. Please visit our school website for regular updates and celebrations ([www.cape.k12.me.us](http://www.cape.k12.me.us)).

I want to share my deep appreciation for the literally hundreds of hours School Building Advisory Committee (SBAC) members (David Andrews, Larry Benoit, Corinne Bell, Patrick Cotter, Michael Hussey, Penny Jordan, Caitlin Sweet, Tim Thompson, and Cindy Voltz) have given to this process over the last 14 months. I also want to extend a warm thank you to their families as there are often multiple meetings per week and many of them last well into the night. Additionally I want to express my deepest gratitude for the co-chair leadership of Cindy Voltz (School Board) and Penny Jordan (Town Councilor). Their voluntary efforts to guide us have been remarkable. I also want to thank Town Manager Matt Sturgis for providing his expertise to the effort as well.

By the time you read this, SBAC will have voted on one design solution to move forward for further refinement by the Harriman architecture team. This process will involve

the School Board and school staff providing input on the design solution. The intention is for the School Board to vote on the final design on July 30 in order for the Town Council to then vote in August on putting it on the ballot in November. Please stay tuned for updates throughout the summer and visit [www.capeelizabethsbac.com](http://www.capeelizabethsbac.com) for more information as well.

I humbly ask for your support of this 2024-2025 school budget at the June 11 citizen vote. As Superintendent, I am very proud of this budget that was created by the District Leadership Team beginning in October and approved by the School Board on April 9. I believe we created a budget that is fiscally responsible for our taxpayers (2.51% tax increase) given the cost challenges we are facing, aims at meeting the School District Strategic Plan Goals and School Board budget goals, and it also moves our district forward to continue to offer excellent educational opportunities for our students. If you are interested in a detailed explanation of the budget, please watch the April 9 School Board meeting.

The School Board 2024-2025 Budget Goals included the following:

Meets the academic, social-emotional, and health needs of all students.

Supports recruitment and retention of high-quality personnel.

Supports appropriate and on-going building maintenance and repair.

Supports the advancement of instructional skills of our staff.

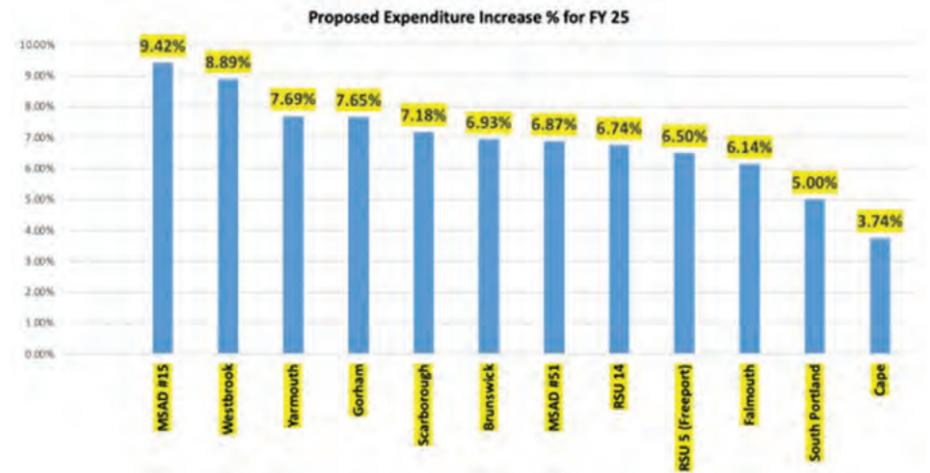
Reflects a careful consideration of the effectiveness and efficiency of each line item and position.

Strives for clear, transparent and regular communication with the public throughout the budget process.

Cape Elizabeth has the lowest proposed expenditure increase in Cumberland County (see graph below), while still meeting the learning needs of our students and the teaching

needs of our staff and moves us forward in important ways.

Every year presents different challenges in creating a budget. We are pleased for the 2024-2025 school year to have our nearly lowest percent tax increase in the last several years. This budget still meets the learning needs of our students and the teaching needs of our staff and moves us forward in important ways. In closing, thanks for your continuous support of our schools. We have so much to be proud of as a community.



Selling Cape Elizabeth for over 30+ years.  
Call Elisabeth for all your real estate needs.  
207-415-1383

**Bostwick**  
REAL ESTATE & Company

[www.bostwickandcompany.com](http://www.bostwickandcompany.com)

**OCEAN HOUSE FARM**

**OPENING MAY 1st**

- Plant & Seedling Nursery
- Cut Flower Garden (Mid-July)

359 Ocean House Rd., Cape Elizabeth

JORDAN FAMILY OWNED & OPERATED FOR OVER 100 YEARS!

**Dun Roamin' Farm**  
Opening May 10th

Enjoy hanging baskets, memorial baskets & many other annuals:

Alyssum, Calabrachea, Dusty Miller, Geraniums, Lobelia, Marigolds, Vanilla Marigolds, Pansy, Oriental Grass (Cherry Sparkler, and Rubrum Purple)

*Jim & Evelyn Cox*  
1068 Sawyer Road - Cape Elizabeth  
207-799-5910

Window fashions to match every design personality.

**HunterDouglas**

Hunter Douglas offers a wide variety of window fashions in an array of fabrics, textures and colors. Contact us today. We're the Hunter Douglas experts, guiding you in the selections that'll make your home even more beautiful—whatever your style.

**THE CURTAINSHOP OF MAINE**  
175 WESTERN AVENUE  
MON - SAT 10:00AM - 6:00PM  
SUNDAY - CLOSED  
207-773-9635  
[www.maineblindsandshades.com](http://www.maineblindsandshades.com)

**the Curtainshop** BED & BATH  
of Maine

**HunterDouglas** Gallery

©2019 Hunter Douglas. All rights reserved.  
All trademarks used herein are the property of Hunter Douglas or their respective owners.9676535

# CELT provides microscopes and water quality classes to 6th graders



Contributed photo

Above, a 6th grader from Cape Elizabeth Middle School tests water quality.

The Cape Elizabeth Land Trust recently gifted three high-quality microscopes to the 6th grade classes at Cape Elizabeth Middle School. The microscopes will replace the single 1970's model currently available to the students.

CELT was able to provide these as part of its long-running "mini-grant" program supporting teachers, along with contributions from both the Casco Bay Estuary Partnership and Yokogawa Fluid Imaging Technologies (Yokogawa) of Scarborough.

In addition to providing this equipment, CELT's education program coordinator Ali Gustavson will work with CEMS teacher Joshua Chase to provide hands-on classes about water quality at CELT's Turkey Hill Farm property later this spring.

Each year, CEMS 6th grade students participate in the Portland Water District's "Trout in the Classroom" program, in which they raise trout from eggs and release them into a local stream. The students monitor the water quality, habitat, and growth of fish in both the tank environment and the stream where the trout will be released.

Students are currently using hand lenses to observe and document the development of the trout. Last year, students borrowed a more advanced microscope from the high school, and the difference in the detail they were able to observe was described as "eye opening" by their teacher Josh Chase.

Classroom instruction will engage representatives of the Portland Water District and South Portland Water Resources for presentations about both wa-

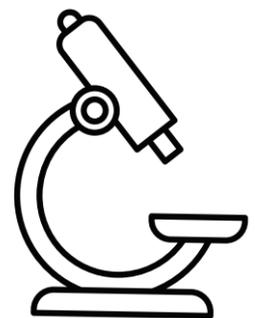
ter quality and the stream environment where they will be releasing the trout.

As part of the experiential classes at Turkey Hill, the students will first use traditional, manual testing kits contributed by the Maine Department of Inland Fisheries and Wildlife to test water quality, collect the data, and evaluate where the trout are being released.

A team of Ph.D. scientists from Yokogawa will also bring their state-of-the-art "FloCam" water quality testing system for a hands-on demonstration of how this testing is done in the industry today. CELT greatly appreciates Yokogawa's generous contribution not only for this project but for its overall education programs that reach students in grades 1-12.

By providing one of these advanced microscopes for each classroom, CELT will be helping middle schoolers for years to come to more keenly observe many wonders of the microscopic world, including trout development, water quality and cell development as well. Not only will the scientific and educational value of the classes be improved, but hopefully student interest and engagement.

For more information about this and other CELT education programs, email [info@capelandtrust.org](mailto:info@capelandtrust.org).



## IT'S ✓ SMART TO GET THE FACTS

### DID YOU KNOW...

- ✓ It will cost the average homeowner (median home valued at \$700k) approximately **\$1 more per day** to invest in a longer-term solution that **minimizes student disruption**.
- ✓ Harriman, the architect team, concluded: "The school dept. has **aging school infrastructure that is failing & affecting the safety and wellbeing of occupants** as well as weighing heavily on operating budgets".
- ✓ Tax increases for the current version of the most expensive project (\$114+ million) **peak at 14.65%** in the 3rd year of the project and decrease thereafter.
- ✓ A new middle school sets the town up for **long-term** responsible replacement of infrastructure and **avoids the risks** of unexpected and costly renovation surprises.

### GET THE FACTS



### DON'T BE MISLED BY MISINFORMATION



## GET THE FACTS NOW: [ADVANCINGCAPE.COM](http://ADVANCINGCAPE.COM)

Paid for by Advancing Cape Elizabeth Schools, Elizabeth Biermann, & Other Grassroots Supporters

# Local birding report

By E. Brooks Bornhoff

The last few nights of April saw a huge influx of northbound traffic in the night skies across the U.S. Cornell Labs BirdCast predicted upwards of 300 million birds in flight per night.

Flying at night is a risky business. One way to increase chances of success is for birds to travel in small flocks, constructively working as a team. Many songbirds including warblers, sparrows and thrushes use short, high-pitched nocturnal flight calls to communicate while on the wing. These distinct calls most likely evolved to facilitate collective decision-making, helping flocks of birds stay together and navigate in darkness.

A few observations over the last several weeks from the yard include - two continuing Pine Siskins that have hung around the feeders since late February. On most days, high up in the Oak Trees I can hear the pair's wheezy trills and "watch winding" call intermingled with the Goldfinches' twitters and warblers. Unlike the Goldfinches who, at my presence quickly scatter, these two nomadic finches will sit on perches and allow me to pass by them at close range. One late afternoon the two siskins were alone on the finch tube when four female Purple Finches appeared.

On April 25 three Pine Warblers showed up on the suet. Interestingly, two of the three warblers were almost completely devoid of yellow and identified by the presence of their two wing bars.

Additionally, on April 26 I spotted my first Palm Warbler and Blue-headed Vireo of the season. Blue-headed Vireos are a joy to come across with their moss-green body and clean white "spectacles" set off against a blueish-gray head. With a bit of patience, I was able to hear the vireo whispering its cheerful carol song. Blue-headed vireos move in a deliberate, methodical fashion, which contrasts with the lightening quick pace of wood warblers occupying the same middle elevations of mature and second growth woods.

On April 27 a friend reported large numbers of Laughing Gulls gathered in Peables Cove at the mouth of the Alewife Brook. I also spotted my first Brown Thrasher of the season crossing Two Lights Road and later that afternoon spied five Ruby-crowned Kinglets, two Savannah Sparrow, a Hermit Thrush and a single Eastern Towhee along the splendid little Greenbelt Trail tucked along the western side of the Riverside Cemetery. And as dusk arrived my wife and I watched a Great-horned Owl hunting in a field off Shore Road.

Lastly on the overcast afternoon of April 28 along the Sawyer Road section of the Spurwink River I noted twenty-one Glossy Ibis foraging, seven Greater Yellowlegs wading and two Pectoral Sandpipers probing. The Pectoral Sandpiper is a stout shorebird that is about the size of a robin and has a rather long, noticeably thick bill and long wings. Males are 50% larger than females. Adults are cloaked in brown, gold and black above with a white belly and neat dark-brown rows of "stipples" across the breast. These sandpipers will hang around only briefly before heading for the wet grassy tundras across Northern Canada to breed.

Later in the afternoon of April 28 while watching a Merlin cruising at top speed across the Spurwink Marsh, a white heron-like bird appeared in my binocs as it sailed into the saltmarsh. Upon closer inspection the bird appeared about the same size as a Snowy Egret but had a yellow bill and legs.

Most striking was the heron's golden orange feathering on its head and chest. Af-

ter spending a couple minutes in the marsh preening, the heron flew back to a nearby grassy field to forage. Two other white herons can be found this time of year, the Great Egret, which is much larger and longer and juvenile Little Blue Herons, which are very slender mostly white birds with a pale blue gray bill. What I was seeing was a Western Cattle Egret, and the first time I had seen one in Cape.

In 2023 scientists decided to split the Cattle Egret into two species, Western and Eastern. Western Cattle Egrets can be found from Africa to southern Europe and North America.

Native to Africa, the "cow crane" or "hipopotamus egret" prefers drier upland areas like fields to stock prey versus other species of white herons who prefer to wade. Western Cattle Egrets arrived in the United States in 1941 and according to Peter Vickery's Birds of Maine, the egrets have been occasional

-see BIRDING REPORT page 15

# Nature scene around town



Photo by Amy Melissa Witt

A red headed woodpecker hanging out at Fort Williams.

**FAMILY FUN DAY**  
**Saturday, June 8th**

**Join us at Fort Williams for some good old-fashioned fun!**

Daytime events 10am-3pm, Evening events 5pm to dusk, Fireworks at dusk

*This is how we do summer!*

Cape Elizabeth Family Fun Day benefits local non-profits and school groups while celebrating our community.

**MAINE VETERINARY MEDICAL CENTER**  
**MVMC**  
Scarborough Maine

**ADVANCED AND COMPASSIONATE CARE FOR YOUR PET**

**OPEN 24/7**

We're pleased to offer our patients a wide variety of veterinary services!

- Internal Medicine
- Sports Medicine & Rehabilitation
- Neurology
- Emergency & Critical Care
- Oncology
- Cardiology
- Surgery

RECEPTION@MVMC.VET | 207-885-1290 | MVMC.VET | 1500 TECHNOLOGY WAY SCARBOROUGH, ME

# Library offers youth writing contest, program on plastic film recycling

## Library Closing Early On May 10

The library will close at 1:00 p.m. on Friday, May 10 so that staff may attend an afternoon retreat. Regular hours will resume on Saturday, May 11 at 10:00 a.m.

## Newest Youth Writing Contest

It's time for TML's newest youth writing contest, "Wild Wonders of the Woods." This month, we're looking for stories and poems about all things enchanted and untamed. Fantastical worlds full of fairies, elves, moss and magic may fill your mystical tales. Little folk, witches and wizards are welcome. Imagine all the unseen elements of a forest, myths in the mushrooms, stories of the swamps.

Send us 200 words or less for your chance to win a bundle of prizes. Submissions are open to anyone 18 or under on the library's website until Friday, May 31. Happy writing!

## Scribble and Scribble Kids Open for Submissions

TML's new youth literary magazines are now accepting submissions. Writers and artists 18 and under are invited to submit their writing or artwork through a form on the library's website.

The submission guidelines and complete information can be found by following the Scribble link on the library's homepage.

## PROGRAMS FOR CHILDREN

### Character of the Month

In May we're celebrating Eric Carle's "Very Hungry Caterpillar." We'll have a scavenger hunt for the caterpillar's favorite foods, and you can try your hand at drawing your caterpillar or butterfly and sharing your drawing with the TML librarians, who will put it on display.

### Read To a Dog

Children in grades K - 6, especially struggling or less-than-confident readers, are invited to sign up for 15-minute time slots to read with a certified therapy dog. Check out the sign-up sheet in the children's room for appointment availability and to

"meet" our dogs, or call the children's room for more information.

## Weekly Programs

### Messy Minis! Process Art for Curious Kids

Mondays, 10:30 a.m. (Ages 2-5)

Let your imagination run wild and join us for Messy Minis time in the Community Room. Let's paint, color, cut and paste together to make magic. Each week we'll have different supplies out for you to be creative with. Some supplies may be limited, so be ready with your flexible and creative muscles. We can't wait to see what you make. For budding artists ages 2-5 and their caregivers.

### Dress Up and Dance

Tuesdays, 10:30 a.m. (Ages 2-5)

Join us for 30 minutes of moving and grooving to our favorite playlist, special dress-up costumes and everybody's favorite bubble song. For dancing enthusiasts ages 2-5.

### Tiny Tunes + Playtime

Thursdays, 10:30 a.m. (Ages 1-3)

This short and sweet program is for young children who are not quite ready for a traditional story time, but love to have fun with friends. Join the circle for a gentle introduction to the routines, songs and props we use for storytimes but without the books. Great for curious, wandering wigglers, ages 1-3, and their caregivers.

### Traditional Story Time

Fridays, 10:30 a.m. (Ages 3+)

Join us in the Community Room for songs and stories, bubbles and Belinda the Bear. Geared toward ages 3-5 or anyone who enjoys listening to a solid two stories.

### Saturday Family Story Time

Saturdays, 10:30 a.m. (Ages 3+)

Join us for a special weekend edition of Story Time. It will feature all our favorites: songs and stories, bubbles and Belinda the Bear. Geared toward ages 3-5 or anyone who enjoys listening to a solid two stories.

## Lego Club (Ages 5-12)

First Tuesday of each Month, 3:30-4:30 p.m. (Community Room)

Come create with Legos at TML's LEGO Club. The library will provide the Legos; you provide the imagination. Come free build or pick up a challenge card to try something new. Masterpieces will be put on display until the next Lego Club meets. There is no registration for this program. Children 10 and under must have an adult present. Upcoming dates are: May 7, June 4.

## FOR TWEENS & TEENS

### Dungeons & Dragons

Every other Thursday, 3:00 - 5:00 p.m. (Ages 11+)

Calling all wizards, warlocks, rangers and rogues! TML's Dungeons and Dragons campaign is open to teens and tweens who want to explore their character through interactive storytelling. This group meets every other Thursday from 3 to 5 p.m. Upcoming dates are as follows: May 9, May 23, June 6, June 20 and June 27. Register on the TML website.

### Young Writers at TML (Ages 11-13)

First Thursday of the month at 3:30 - 4:30 p.m.

Are you a young writer looking for a way to practice your craft? Join us at TML for our own budding writers group. Designed for students between the ages of 10-12, this group will focus on exploring the imagination through fiction, poetry and creative nonfiction. With monthly meetings on the first Thursday afternoon of the month, this program is full of fun journal prompts and creative group exercises. Upcoming dates are as follows: May 2, June 6. Register on our website.

### #LibrarySquad

First Friday of each Month, 2:45-3:45 p.m. (Ages 11-13)

Library Squad is a community of library-loving middle schoolers that meets monthly, and whose opinions, ideas and help form the foundation of our programming. Li-

brary Squad meets after school on the first Friday of each month from 2:45 - 3:45 p.m. Upcoming dates are May 3, June 7. Stop by the children's desk for an application to join this advisory group.

## TML Teen Writing Group

Second Saturday of Each Month, 3:00 - 4:00 p.m. (Ages 14+)

Are you a teen who loves writing? Or are you someone who just loves to read, and feels like trying your hand at creative writing that isn't for school? In either case, our teen writing program is for you. Join us for monthly meetings where we explore different styles of writing and work on the projects you're most passionate about. Upcoming dates are: May 11, June 8. Register on our website.

## TLC: Teen Leadership Council

Last Friday of Each Month, 2:45-3:45 p.m. (Ages 14+)

The Teen Leadership Council (TLC) is a group of young people who want to take a more active role in our library community. TLC makes book and informational displays, provides feedback on the direction of the Teen Space within the library, and even gets the chance to design and lead special programs.

Monthly meetings include snacks, social time, and fun. If you're interested in joining, stop by the downstairs desk and ask for an application. The date this month is May 31.

## FOR ADULTS

### Fireside Writing @ TML

Thursdays, 5:30 - 6:30 p.m.

Is writing more one of your goals for the new year? Looking for a comfortable and cozy spot to join other writers? Come to TML's brand new Fireside Writing program! Fireside Writing gives you the space and opportunity to work alongside fellow writers and reach your writing goals.

Bring your laptop or your favorite notebook and join us by the fire for tea and quiet writing time. Meets weekly on Thursday

-see LIBRARY page 13

## Tamarro Landscaping & Property Services

### Winter Services

With not much snow out there this year it allows us to continue with the following services:

*Brush Clearing • Fallen Tree & Limb Clean-up*

*• Pruning*

**Call for your FREE ESTIMATE: 831-8535**

**Currently scheduling spring landscaping projects**

539 Ocean House Road • Cape Elizabeth, ME



**Efficiency Maine  
QUALIFIED PARTNERS**



**ANGIE'S LIST  
SUPER SERVICE AWARD**



**BBB  
A+ rating**

## BAUMAN ELECTRIC

Incorporated

### Angie's List Super Service Award Winner.

Through our hard work we were able to achieve and maintain a superior service rating. Thank you for your business and the referrals. Looking forward to servicing your electrical needs.

## SUPER SERVICE!

24 Hour Service  
Senior/Veteran Discounts on Service Calls  
Contact Bob: baumanvolts@yahoo.com

www.trustthisbiz.com/bauman\_electric

Phone 207.571.4607





**TOWN & SHORE**  
REAL ESTATE

**STEVE PARKHURST**  
Broker/Owner  
232-4444  
sparkhurst@townandshore.com

One Union Wharf, Portland, ME 04101 / 207.773.0262



# Wish List

## HOME IMPROVEMENTS

✓ Carpentry ✓ Repairs ✓ Doors ✓ Custom Woodwork

**David Thibodeau**  
Email: wishlisthome@gmail.com / Call: 874-0178

Find me on HOZZ.COM  
[www.houzz.com/pro/greathelpdave](http://www.houzz.com/pro/greathelpdave)

Best of

**houzz**

2019

SERVICE

## Library

Continued from page 12

evenings from 5:30-6:30 p.m. All are welcome.

### Intro to Plastic Film Recycling with Jess Proctor, Stephanie Austin and Kara Lavender Law

Thursday, May 9, 6:30 - 7:30 p.m.

The library is excited to partner with the Cape Elizabeth Recycling Committee and community members as the pilot drop-off location for the town's effort to keep 1,000 pounds of plastic film from the waste stream.

Come learn about this effort, and how to identify what can and can't be recycled. You'll also have a chance to learn about other recycling efforts and some volunteer opportunities at the library that will help our community further its sustainability goals. No registration required.

### Paper Flowers "Learn Along"

Workshop, with Marie Ahearn and Rachel Davis

Saturday, May 11, 11:30 a.m. - 1:00 p.m.

Join local artist Marie Ahearn and Library Director Rachel Davis for a workshop in which we all learn and experiment together in different techniques for making flowers and plants out of paper. We will have a variety of different types of paper available—crepe paper, tissue paper, scrapbook paper, old discard book pages, etc.—for us to experiment with, as well as a variety of templates and instructional resources on hand.

Participants are also invited to share their own tips and experiences with this art form, so if this is something you have done, please come along and help us learn. This workshop is part of our Community Art Box project, and is intended primarily for adults and older teens, but motivated younger people are welcome to attend with adult accompaniment. Please register on our website.

### Cape Elizabeth Historical Preservation Society Presents:

When the Fort Was Still a Fort: A Cape Veteran's Story of Fort Williams, 1946-1948

Tuesday, May 14, 6:30 - 8:00 p.m.

This month, CEHPS welcomes 96-year-old Cliff Eaton to the library. Cliff will share memories of his life as an 18-year-old Army enlistee, whose only station during his military service was at Fort Williams between 1946 and 1948. Cliff's interesting story is told with clarity, humor and perhaps best of all, with original pics that he took (and processed) while exercising his new-found hobby in photography.

You will be among the very first members of the public to see these marvelous shots from when The Fort was still a fort. All are welcome.

### Cape Elizabeth Garden Club Presents:

Dazzling Daylilies, with Tina White  
Thursday, May 16, 6:30 - 8:00 p.m.

CE Garden Club welcomes Tina White to the library this month. Tina, from Tina's Daylilies in Jefferson will share insights and recommendations about the care and prolongation of daylilies in Maine. Tina's garden is an official display garden for the American Daylily Society and a designated historical garden. Tina's Daylilies is also a member of the Maine Landscape and Nursery Association. All are welcome.

Free Blood Pressure and Blood Sugar Screening, with Members of the Cape

### Elizabeth Fire & Rescue Dept.

Wednesday, May 22, 11:30 a.m. - 12:30 p.m.

Drop in to the library for a free blood pressure and/or blood sugar screening, conducted by members of the CE Fire & Rescue Department. Please register on the library's website; drop-ins are also welcome. (This opportunity will be offered monthly on the fourth Wednesday of the month; the date for next month is June 27).

### Yardscaping: From Lawns to Landscapes with Ali Clift

Thursday, May 23, 6:30 - 8:30 p.m.

Are you enjoying your yard as much as you'd like too? Create wildlife habitat, grow food for your family, and protect your local waterways while improving the appearance and functionality of your yard.

This workshop will provide you with ways to reduce your lawn and associated maintenance by swapping it for pollinator gardens, edible landscapes, rain gardens, vegetative buffers, groundcovers, wildflower meadows, and other natural landscapes you can pick and choose from to make your yard work for you. Please register in advance on our website.

### ONGOING PROGRAMS FOR ADULTS:

#### Songwriting Workshop (with Jud Caswell)

First Tuesday of the month, 6:30 - 8:00 p.m.

In person

Next meeting: June 4

#### Big Little Lit: Children's Books for Grown-ups

Third Wednesday of the month, 11:00 a.m. - 12:00 p.m.

In person AND via Zoom

Next meeting: May 15

Next book: "Riding Freedom," by Pam Muñoz Ryan

#### Eldering Conversation Group

Wednesdays

1:00 - 2:00 p.m.

In person AND via Zoom

#### Adult Book Group

Third Thursday of the month, 3:00-4:00 p.m.

In person AND via Zoom

Next meeting: May 16

Next book: "The White Darkness," by David Grann

## Planning Board

Continued from page 1

ward the 800 square feet.

The motion to pass the amendments was introduced by Derek LaVallee and seconded by Dan Bodenski. The motion passed unanimously by the board.

### Outdoor Storage Amendments

The Town Council has referred to the Planning Board amendments to the Zoning Ordinance regulating outdoor storage in the Town Center and Business A Districts as developed with Mary Costigan, Town Attorney, and the business owner at The Lumbery.

There have been two workshops on these amendments and they have been in front of the Ordinance Committee and the Town Council. A public hearing was opened and closed as there were no members of the public in attendance in-person or online.

Proposed amendments are to address the capped square footage for outdoor storage. The proposed language also differentiates outdoor storage from outdoor display, and the board separated the outdoor storage and outdoor display into two separate sections in the ordinance language. The proposed amendments are for a business to have the ability to increase their outdoor storage size up to twice the size of their property's finished "floor" or

square foot area.

The board "refined" further stating that for a structure up to 2,000 square feet would have the ability to have outdoor storage two times their floor size, but for a structure with more than 2,000 feet "the standard does not change" and would be limited to 1x the floor area of their structure.

Chair Sahrbeck shared that "spot zoning" or making decisions catered to one individual or one lot is one of the "no-nos" in creating ordinances. He also shared his opinion that he feels these proposed amendments are "to comply with one business owner." Sahrbeck said that there are only 6 properties in the town center that would be under 2,000 square feet and that the board "hasn't heard anything saying they're in support of the amendments." Sahrbeck added that "we're not the policy makers, we really look at prospective changes to zoning ordinance. Ultimately the Town Council will be the ones to decide." His opinion of spot zoning was shared among the board with Al Palmer saying, "bending an ordinance for specific users is going a bit too far."

Chair Sahrbeck made the motion not to recommend the proposed ordinance changes to the Town Council. The motion was seconded by Palmer and passed 4-1 with Matt Caton as the sole nay vote.

# SUMMER VOICE LESSONS

## MID-MAY - MID-AUGUST 2024



- CEHS GRADUATE
- UNH STUDENT
- NATIONAL SCHOOL CHORAL AWARD
- NATIONAL ANTHEM SINGER AT UNH HOCKEY, B2B RACE, TRI FOR A CURE

SEND INQUIRIES TO [SAGEMAXWELL@ICLOUD.COM](mailto:SAGEMAXWELL@ICLOUD.COM)

# Do YOU HAVE AN ESTATE PLAN?

**MORE AFFORDABLE THAN YOU THINK**

**MORE IMPORTANT THAN YOU REALIZE**

## WE CAN HELP!



Maryellen Sullivan, Esq.

[info@portcitylegal.com](mailto:info@portcitylegal.com) 207-210-6559



# CAPE CALENDAR

By Wendy Derzawiec

Please see the town website, [www.capeelizabeth.com](http://www.capeelizabeth.com) for meeting locations

Instructions for joining videoconference meetings listed below will be posted on the town website, [www.capeelizabeth.com](http://www.capeelizabeth.com).

## Wednesday, May 8

Community Services Committee, Community Center, 5:30 p.m.  
Diversity, Equity, and Inclusion Committee, Thomas Memorial Library, 6 p.m.  
Town Council Workshop, Jordan Conference Room, Town Hall, 7 p.m.

## Thursday, May 9

School Building Advisory Committee, Town Hall, 6 p.m.  
SBAC Subcommittee - COMMUNICATIONS, 8:30 a.m.

## Monday, May 13

Conservation Committee, Town Hall, 7 p.m.  
Town Council - Regular Meeting and Vote on FY25 Budget, Town Hall, 7 p.m.

## Tuesday, May 14

School Board Meeting, Town Hall, 6:30 p.m.

## Thursday, May 16

Fort Williams Park Committee, 6 p.m.  
Energy Committee, Jordan Conference Room, Town Hall, 7 p.m.

SBAC Subcommittee - COMMUNICATIONS, 8:30 a.m.

## Tuesday, May 21

Planning Board, Town Hall, 7 pm

## Ongoing each week

Al-Anon, 7 p.m. Fridays, First Congregational Church, 301 Cottage Road, South Portland. Parking in rear.  
Alcoholics Anonymous, 2 p.m. Saturdays, First Congregational Church, 301 Cottage Road, South Portland; 7 p.m. Wednesdays, St. Bartholomew Church; 7 p.m. Fridays, St. Alban's Church.  
Cape Elizabeth Historical Preservation Society, 9 a.m.-noon Mondays and Thursdays when "Open" sign displayed, Fort Williams, in the brick building closest to Shore Road (ring the doorbell).  
Cape Elizabeth Lions Club, 6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road  
Cape Elizabeth Republican Town Committee, 6-8:30 p.m. first Wednesday of the month, Cape Elizabeth Community Center. Contact: [cercme.com](http://cercme.com) for Cape information.  
South Portland/Cape Elizabeth Rotary Club, 6:15 p.m. Wednesdays at 107 Preble Hall, Southern Maine Community College, 2 Fort Road, South Portland. [sp-ce-rotary.org](http://sp-ce-rotary.org).

## CABLE GUIDE

## CETV CHANNEL 1302

Subject to change. Please see [cetv.capeelizabeth.org](http://cetv.capeelizabeth.org) for latest program guide and video on demand.

No programming scheduled

# CEUMC to host photo/nature walk

The Cape Elizabeth United Methodist Church's Eco team will host a Photo/Nature Walk in Robinson Woods on Saturday, May 18, beginning at 9 a.m.

Church members Ted Haider and Mark Braun, who frequently explore the woods in search of nature scenes from many angles, will talk about what to look for during the walk through the lens of a camera or camera phone.

Participants will be invited to share their

images after the walk to be compiled for a Facebook presentation. Robinson Woods is rich in its ecology and unique landscape and the Eco Team looks forward to what everyone discovers through their photo images and creativity. Picture-takers of all abilities are invited.

Meet at the far end of the church parking lot at 8:45 a.m. The walk will begin at 9 a.m.

The church is located at 280 Ocean House Road (Route 77).

# SERVICES

## Cape Elizabeth Church of the Nazarene

499 Ocean House Road (Route 77)  
747-1113

[www.capenazarene.org](http://www.capenazarene.org)

Sunday School for all ages: 9:30 a.m.  
Sunday Worship Celebration: 10:45 a.m.  
Services streamed live or on demand: [watch.capenazarene.org](http://watch.capenazarene.org)

## Cape Elizabeth United Methodist Church

280 Ocean House Road  
799-8396

[www.ceumc.org](http://www.ceumc.org)

Sanctuary Service: 10 a.m.  
In-person Sunday services 10 a.m. For Zoom services, call 799-8396

## The Church of Jesus Christ of Latter-day Saints

29 Ocean House Road  
799-4321

Sacrament Meeting:

Sunday, 10 - 11:00 a.m.

Sunday School/Primary: 11:10 a.m.-12 p.m.

## The Church of the Second Chance

Greater Portland Christian School  
1338 Broadway, South Portland  
641-3253

Sunday: 10:30 a.m.-12:15 p.m.

## Church of the Holy Spirit

1047 Congress Street, Portland  
874-9779

[www.HolySpiritPortland.org](http://www.HolySpiritPortland.org)

Sunday Worship: 10:00 a.m.  
Sunday Adult Bible Study: 9:00 a.m.  
Sunday School for children: 10:00 a.m.  
Services streamed live on Facebook  
Potluck dinner every third Sunday

## Congregation Bet Ha'am

81 Westbrook St., South Portland  
879-0028

[www.bethaam.org](http://www.bethaam.org)

Worship: Friday, 7:30 p.m.

Saturday, 10:30 a.m.

Family Shabbat Services:

Second Friday, 6:00 p.m.

## Hope Community Church

879 Sawyer Street South Portland  
799-4565

[www.hopesopo.com](http://www.hopesopo.com)

[www.facebook.com/hopesopo](http://www.facebook.com/hopesopo)

Sunday Morning Worship at 10 a.m.

Kid's Church for ages 4 through grade 5

Service videos available on our website

## Promised Land World Reach Center

536 Cottage Road, South Portland

799-3152

Sunday Prayer & Intercession: 9:30 a.m.

Sunday Worship: 10 a.m.

Family Bible Studies: Wednesday, 7 p.m.

Sermon recordings available to download

## Redeemer Lutheran Church - LCMS

410 Main Street, Gorham

839-7100

[www.RedeemerMaine.org](http://www.RedeemerMaine.org)

1st Saturday of the month 10:00 a.m. with masks

Sunday Bible Class 9:00 a.m.

Sunday Service: 10:15 a.m.

Wednesday Vespers: 6:30 p.m.

Sunday and Wednesday services are in person and streamed on Facebook

## Saint Alban's Episcopal Church

885 Shore Road

799-4014

[www.stalbansmaine.org](http://www.stalbansmaine.org)

Sunday Services:

Rite 1 with Holy Eucharist 8:00 a.m.

Rite 2 with Holy Eucharist 9:30 a.m.

Live Streaming on YouTube ([stalbanschannel](http://stalbanschannel))

Children's Programs 9:30 a.m.

Celtic Eventide 5:30 p.m.

Room for all

## St Bartholomew Catholic Church of Saint John Paul II Parish

8 Two Lights Road, 207-883-0334

Website: [www.JP2me.org](http://www.JP2me.org)

Sunday Mass: 9 a.m.

Daily Mass: Mon. and Wed. 8 a.m.

Sacrament of Confession: Mon. 8:30-9 a.m.

Additional Mass times in Scarborough & South Portland listed on website

## First Congregational Church United Church of Christ

301 Cottage Road, South Portland  
799-3361

[www.fccucc.org](http://www.fccucc.org)

Sunday Worship: 10:00 a.m. in person and streamed on Facebook & YouTube

## First Congregational Church of Scarborough

167 Black Point Road, Scarborough  
883-2342

[www.fccscarborough.com](http://www.fccscarborough.com)

Sunday Morning Worship: 9:30 a.m.

Sunday School & Nursery Care



# Invisible Fence Brand

Keeping pets happy, healthy & safe @ home™

## Play Safe. Worry-Free.

# Invisible Fence of Southern Maine

## 800-585-2803

[southernmaine.invisiblefence.com](http://southernmaine.invisiblefence.com)

©2018 Invisible Fence of Southern Maine. Invisible Fence® is a registered trademark of Invisible Fence, Inc. All rights reserved.



## YOUR PLACE FOR LOCAL



Mom, wishing you a happy Mother's Day!

"A mother's hug lasts long after she lets go." - Unknown



## Farm Stand

10:00 - 6:00 Tuesday - Saturday  
(soil product hours differ see below)



Spring Greens, Spring Parsnips, Kale, Carrots, Beets, Meats, Sausage, Cheeses, Eggs, & more!



Annuals and veggie seedlings!

Coming Soon

Fiddleheads

Asparagus

YEA!!!!

[www.jordansfarm.com](http://www.jordansfarm.com)

## SOIL PRODUCTS & AGGREGATES - OPEN

Monday - Saturday 8:00 - 5:00 Sunday 9:00 - 4:00

FOR THE GARDEN & LAWN  
Compost ~ Screened Topsoil  
Straw ~ Wood Chips



FOR THE HARDSCAPE PROJECT  
Gravel ~ Screened Sand ~ Crushed Stone ~ Stone Dust

## BARK MULCH

Pine Spruce Mix ~

Dark Mix ~ Natural Cedar

Pick-up or Delivery  
807-1761

IT TAKES A COMMUNITY TO KEEP FOOD GROWING

**BUSINESSES/SERVICES**

In home dog sitting and boarding in Cape Elizabeth. Large fenced in yard. Insured and Pet CPR and first aid certified.

Call or text 207-329-0628

**EXTREMELY CLEAN** - Deep Cleaning Services. The Way Cleaning Should Be! References/Insured 25+years of experiences Luz Carpenter - 207-329-3757

**MUSIC LESSONS**

**Flute lessons:** For beginners and intermediates of all ages. Call Kris: 767-3712.

**Piano, Voice, Guitar, Ukulele lessons for all ages.** Beginner through intermediate. Carey Rasco: 232-7015

**IN SEARCH OF**

**Driver needed** for female adult with intellectual disabilities, to McDonald's in millcreek (one way). Both Monday and Friday or either day at 12pm. Can negotiate pay

call Michele 207-939-4693

**FOR RENT/SALE**

**For Rent** Three bedroom 2.5 Shore Ro. Home, June 30-July 21, If interested call or text (207) 650-3488

2009 Toyota Prius for sale. 160K miles, good shape. Asking \$5,900. (508) 254 1134

**Birding report**

Continued from page 11

spring visitors to Maine's coastlines and agricultural fields since 1950s.

The first nesting pair was recorded in Maine on Stratton Island in 1974. Western Cattle Egrets successfully have bred in southern Maine up until the early 1990s. Since then, breeding populations in Maine have dwindled significantly despite an otherwise remarkable range expansion across North America. The primary breeding challenges in Southern Maine for Western Cattle Egrets include, habitat preference of field over stream, nesting sites which is limited to a few coastal islands, and competition from other bird species vying for nesting sights or resources.

**Committee**

Continued from page 1

In our region, finding a balance between safeguarding individual privacy rights and promoting service delivery efficiencies will be at the forefront in debating greater Portland area goals of adopting 'smart city' technologies. The drive to 'smart cities' will necessarily involve implementation of large scale automated personal data systems. So, individual privacy and digital rights safeguarding policies will be needed.

The town is now in the process of interviewing applicants for the committee. Whether or not a committee member, all Cape Elizabeth residents with privacy law and policy expertise are encouraged to engage in the committee's activities.

**CELT**

Continued from page 6

All participants must register at least at least 48 hours in advance of the program to receive notification of changes or cancellation.

Saturday, June 1, 10:30 a.m. - 1:30 p.m.  
Meet at CELT Office  
\$10 per person  
Max 15 / No Min

**Invasive Plants Nature Walk**

Join Mike Hankes, a member of Cape Elizabeth Land Trust's Stewardship Committee, at Runaway Farm to learn about invasive plants found in Cape Elizabeth. During this CELT sponsored event you can expect to learn how to identify specific invasive plant species, eradication strategies and why invasive species pose a threat to an ecosystem. Participants should meet at the upper parking lot at Gull Crest field off of Spurwink Avenue and be prepared to go on a gentle hike, rain or shine. All participants must register at least at least 48 hours in advance of the program to receive notification of changes or cancellation.

Wed June 5th 6:00 - 7:30 p.m.  
Runaway Farm: 498 Spurwink Avenue  
\$6 per person  
Max 10/Min 3

**Tidepooling the Rocky Shore**

Explore the rocky intertidal zone of Maine and see what kinds of plant and animal critters thrive in this special habitat. Join Cape Elizabeth Land Trust Education Program Coordinator Ali Gustavson on this summer program to earch for crabs, snails and other marine life. Each family will receive a visual identification guide to some of Cape's most common organisms. It is recommended that participants wear closed-toed shoes that can get soaking wet. The program will take place on Kettle Cove Beach. (Note: This program is oriented towards families, but all ages are welcome.) All participants must register at least at least 48 hours in advance of the program to receive notification of changes or cancellation.

Friday, July 19, 3:00 -5:00 p.m.  
Kettle Cove Beach, \$10/ family  
Max 10 families/ Min 2 families

**YOUTH SPRING PROGRAMS  
CELT's Little Explorers (ages 3-5 with an adult)**

Children and caregivers will spend an hour exploring the natural wonders of the Maine woods in spring during this Cape Elizabeth Land Trust event. Join CELT volunteer, Lisa Gent on a gentle hike through Robinson Woods where we will explore the habitat around us while we search for birds, reptiles, amphibians, mammals and plant life. Lots of hands-on explorations and games included! Please dress in comfortable clothes and bring a water bottle. All participants must register at least at least 48 hours in advance of the program to receive notification of changes or cancellation.

Wednesday, May, 9:00 -10:00 a.m.  
Meet at Robinson Woods parking lot, Shore Rd.  
\$6/family. Min 3/Max 5

**Vindle Builders**  
Ron Spidle, owner  
Custom framing to fine carpentry  
*Where integrity means business*  
**207-329-9017**  
Fully insured  
vindlebuilders.com

**HAVE AN OLD LAPTOP TO DONATE?**



**CONTACT US**

HAPPY  
**MOTHER'S DAY**

*Our Thirteenth Annual*  
**Organic Plant Sale**  
Order Online May - Mid-June  
www.greensparkfarm.com  
Open for walk-in shoppers at 316 Fowler Rd  
9am-1pm on Saturdays:  
May 11th, 18th, 25th and June 1st  
**Grown in Cape Elizabeth**

Ready to Plant: Vegetable Seedlings, Flowers, Herbs, Pollinator Plants & Perennials!

All our products are certified organic by MOFGA Certification Services, LLC.




www.greensparkfarm.com

# Local CEHS students take a turn as historians

By Kevin St. Jarre

Cape Elizabeth High School teachers Michael Young and Ted Jordan enlisted their students in a project to capture local history, and that work is being published as an anthology of historical interviews.

“Hometown Heroes” is a collection of 15 histories as told by local veterans to CEHS U.S. History students.

According to Young, “The idea for this book came from a publication done at a previous school where I taught in Illinois, at Greenville High School, in which students interviewed World War II veterans for a local history project. This book was so popular with the veterans and the community that a second volume was published to add even more stories of military service by local veterans.”

The students reached out to local veterans and met in person or over Zoom, Young explained. They conducted the interviews, transcribed the audio/video recordings word-for-word and wrote them into narratives for publication.

“We also had a student, Luc Francis, that designed and created a website for the recordings to be heard in their original form with the accompanying narrative. My role was to match up students with the local veterans, follow-up on their work to make sure it was completed, edit each of the narratives, communicate and confirm approval with each of the veterans and work with our publisher Encircle Publications to create a finished product,” according to Young.

He said that veteran CEHS Teacher Ted Jordan was also instrumental in getting the preliminary list of interested veterans, as

well as having his U.S. History students conduct many of the interviews as well.

“The students learned how to conduct an oral interview, transcribe and create an historical narrative. In other words, they learned how to do history,” Young said.

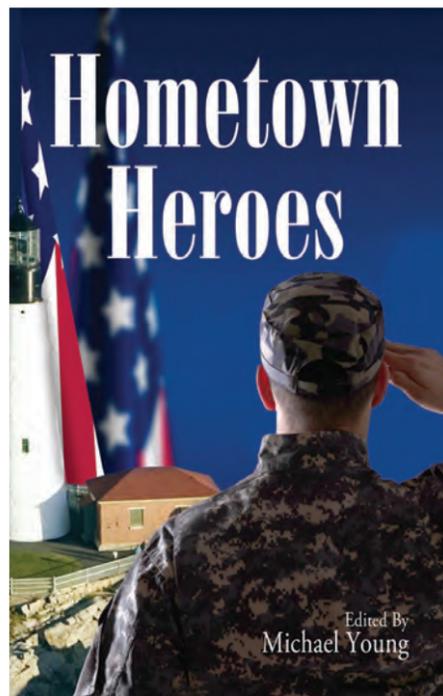
Students also learned how to make connections with community members of previous generations, he said, opening them to a perspective that may be new to them, while also giving them an appreciation for what service and sacrifice means for veterans and their families. “Finally, they learned about the wars of our past from the people who actually served, giving them a first-hand account to supplement what we’ve studied in class,” Young said.

Those involved with the project hope that this book will be a valuable record of the service and sacrifice made by generations of our community members. Young said, “For their families and the community to hear their stories, in their own words, and for their legacies to be passed on for posterity. It would be great for the citizens of Cape Elizabeth to know the stories of the neighbors they are honoring at our local Memorial Day and Veterans Day celebrations, and to understand why we honor them and all the others in our community that have served in uniform.”

For those interested getting a copy of the book, it is currently in the final stage of publication, Young said, so it is not available yet, but it will be available for purchase at local businesses, the Cape Elizabeth Historical Society at Fort Williams, local bookstores, on Amazon, and at events like Family Fun Day. All proceeds of the sales will go to local veterans’ organizations.

Young said, “This project would not have been possible without the generous support of the Cape Elizabeth Education Foundation (CEEF), who provided the grant money for this idea to become a reality.”

While the book is not available yet, the website with each recording and narrative can be accessed at: <https://cehs-veteran-interviews.netlify.app/>.



Contributed photo

U.S. History students at CEHS have collected the personal histories of local veterans into an anthology, soon to be available online and in the community.

# Lions Club upcoming events

## May 18 BBQ Chicken Dinner

Your Cape Elizabeth Lions Club will be hosting the last BBQ Chicken Dinner before autumn on Saturday May 18 from 5 to 7:30 p.m. It will be first come first served for this eat in or take out meal consisting of ½ BBQ chicken, baked potato, coleslaw and desert, beverage for eat in and BYOB.

Cost is \$18.00 per person. Cash, check or credit card accepted will be accepted at the event. The club house is located at 1 Wheeler Road. No reservations required, 70 dinners available to first come, first served. Questions can be directed to the CE Lions Club at [lionsclubceme@gmail.com](mailto:lionsclubceme@gmail.com).

## May 21 Pickle Ball Talk by Glenn Jordan, Champion Pickle Baller

Cape Elizabeth resident Glenn Jordan, Sportswriter for the Portland Press Herald, has a passion for pickle ball. Jordan will chat with us about his experiences as an International Federation of Pickleball (IFP) certified instructor and a level 2 USA PB referee. Jordan has been a competitive player since 2013 and is a 2022 national doubles champion. This talk follows our regular Lions member meeting and dinner, which will conclude at 7:00 p.m.

A max of 65 attendees is allowed per fire code in our club house at 1 Wheeler Road. No reservations, first come, first seated. Doors will close at max capacity with doors opening at 7:00 p.m. for the 7:15 -8:00 p.m. Pickle Ball chat with Jordan. Questions can be directed to CE Lions Club email at [lionsclubceme@gmail.com](mailto:lionsclubceme@gmail.com).



## IMPORTANT DATES FOR THE SCHOOL BUILDING PROJECT

JOIN THE SCHOOL BUILDING ADVISORY COMMITTEE (SBAC) & TOWN REPRESENTATIVES AS WE WORK TOWARD DEVELOPING A SUPPORTED SCHOOL SOLUTION TO GO BEFORE VOTERS IN NOVEMBER!



**MAY 1 & 2**

**SBAC MEETINGS**  
DISCUSSION OF PUBLIC FEEDBACK ON 3 CONCEPTS



**MAY 23**

**SBAC MEETING**  
PROGRESS UPDATE ON DEVELOPMENT OF 1 CONCEPT



**JUNE 6**

**SBAC MEETING**  
COMMITTEE CHECK IN



**JUNE 17**

**TOWN COUNCIL MEETING**  
PROGRESS UPDATE ON FINAL SCHEMATIC CONCEPT



**JULY 18 or 25**

**JOINT SBAC/ SCHOOL BOARD/ TOWN COUNCIL MEETING**  
PRESENTATION OF FINAL SCHEMATIC CONCEPT



**AUGUST 12**

**TOWN COUNCIL PUBLIC HEARING**  
ON THE WARRANT



**MAY 9**

**SBAC VOTES**  
1 SUPPORTED CONCEPT



**JUNE 13**

**COMMUNITY FORUM #5**  
FINAL CONCEPT



**JUNE 27**

**SBAC MEETING**  
PROGRESS UPDATE ON DEVELOPMENT OF FINAL SCHEMATIC CONCEPT



**JULY 30**

**SCHOOL BOARD VOTES**  
ON SENDING FINAL DESIGN TO TOWN COUNCIL



**AUGUST 19**

**TOWN COUNCIL VOTES**  
ON SENDING THE WARRANT TO VOTERS

### LEARN MORE!

Visit the project website to learn more about how the School Building Advisory Committee (SBAC) has worked from 7 initial options toward the ultimate goal of developing 1 supported solution to go before voters November 7, 2024!

[www.CapeElizabethSBAC.com](http://www.CapeElizabethSBAC.com)

**NOVEMBER 7**  
**ANTICIPATED**  
**REFERENDUM**

