

The Cape Courier

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Serving Cape Elizabeth Since 1988

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In the Spirit of Community

Maxwell's Farm, the closing of a farm, and generations of tradition

By Kevin St. Jarre



Contributed by Heather Reeves

A younger Alex Reeves celebrating his haul of fresh berries.

For more than five decades, Maxwell's Farm has been synonymous with strawberries and fond family memories. Generations of Cape Elizabeth residents, and people from surrounding communities, have come to pick the sweet fruit, take photos of loved ones doing so, and collecting another round of stories to pass along. Across Cape, there is one collective voice saying, "Maxwell's- you will be missed."

Most people learned of the pending end from a post on the farm's Facebook page. It read, "To our beloved community- It is with heavy hearts and many tears that we are announcing this year, 2024, was the FINAL season of Maxwell's Strawberry Farm. Believe when we say, we feel the weight of nine generations in this decision. The lives of Ken, Elsie, Bill, Lois, Joel, and Joy have revolved around their faith, their family, and this farm. Due to growing challenges for small family farms and increasing barriers at most every turn, we've found it impossible to balance these three pillars. We have poured love, stress, sweat, sleepless nights, and so much

more into this land, this lifestyle, and this community. After years of painstaking consideration and attempts to adapt to the challenges of farming in the current landscape, we have come to the very hard decision to close Maxwell's Farm. Please understand there is no single reason we are closing, but instead a myriad of realities. There will be an understandable temptation for some to correlate this season's abrupt closure to the permanent closure of the farm. However, we can assure you this is not the case, as this decision has been growing for some time. Looking ahead, we ask you to continue your support of local farms through both patronage and legislation. We would also ask you to share in our appreciation for the generations of Rodriguez family members who have joined our community from Puerto Rico and worked at Maxwell's Farm for the past five decades. The Rodriguez/Bamford/Maxwell family could not have provided the past 51 years of sweet strawberry memories without

-see STRAWBERRIES page 10

Town Council sends two proposals to summer public hearing

By Kevin St. Jarre

At the Cape Elizabeth Town Council meeting on July 8, the topic of the proposed bond for school building replacement and improvement was, as it has been for some time, a contentious one. The Cape Elizabeth School Board, working with the recommendation from the School Building Advisory Committee, has recommended sending to the voters a proposal for a \$89 million so-called "middle ground" plan.

Previous plans called for more, and some called for less. Seven plans were winnowed to three through public meetings, multiple public surveys and a process that took months of work. From this, the SBAC eventually recommended a single option. The Cape Elizabeth School Board asked that Harriman, the architectural firm hired to come up with

proposed designs, to reduce the price tag further. The firm complied and produced the aforementioned "middle ground" plan.

When a proposal for a November referendum question was sent to the Town Council, the chair of the council, Timothy Reiniger asked that another option be included. Saying he had drawn his proposal from earlier work in the process, and that he was suggesting nothing new, he put forward a \$42 million option.

Those in support said this was a reasonable option, since they were convinced Cape voters would never approve the \$89 million bond, which would represent a 12% tax increase. Others wondered if this was a gambit by Reiniger

-see TOWN COUNCIL page 4

The Lumbery, the business that brought a site back to life, is for sale

By Kevin St. Jarre



Contributed photo

The Lumbery, pictured after it was renovated, is for sale.

After bringing a rundown corner of Cape Elizabeth back to life, overcoming many daunting challenges, and making their positive presence felt within the community, the owners of The Lumbery have decided to sell.

Owner Michael Friedland said of the

Lumbery adventure, "Our plans right from the get go were pretty spectacular. We wanted to create something new that was grounded in the local community, served a need locally, statewide and

-see LUMBERY page 8

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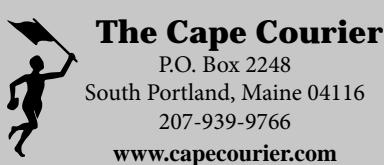


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Roger Bishop,
Debbie Butterworth, Jerry Harkavy,
James Wagner, Ed Pfueller and Peter Carignan

Publisher: Tara Simopoulos
info@capecourier.com

Editor: Marta Girouard
editor@capecourier.com

Community Reporter: Kevin St. Jarre
community@capecourier.com

Advertising Manager: Tara Simopoulos
(Display and classified ads)
advertising@capecourier.com/207-939-9766

Bookkeeper:
billing@capecourier.com

Proofreaders:
Chuck Rzeszutko

Photo finishing: Ann Kaplan

Distribution: William Alexander

For general information:
info@capecourier.com/207-939-9766
For Advertising:
advertising@capecourier.com

Writers: Debbie Butterworth, Wendy Derzawiec, Erika Carlson Rhile, Kevin St. Jarre, Marta Girouard, Jim Rowe, Tina Fischer, E. Brooks Bornhofft, Jeff Shedd, Hanna Gilley

Photographers: Martha Agan, Joanne Lee

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Letters should not exceed 250 words. We reserve the right to refuse letters and to edit for length, accuracy, clarity and civility. We do not withhold names and writers may be limited to one letter per month. Petition-style letters will be declined. Letters reflect the opinion of the author, not The Cape Courier. Email letters to: editor@capecourier.com or mail to P.O. Box 6242, Cape Elizabeth, ME 04107. Please note: Letters will be acknowledged by email.

NEXT ISSUE: Aug 6th
DEADLINE: Noon, July 26

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'Follow the real transparency'

Fellow Capers: As we head into election season, let's remember to seek our information from reputable sources. Fancy "newspapers" that end up in your mailbox purporting to be your neighbors may, in fact, be the work of a handful of well funded folks hoping to spread misinformation. Archaic looking fonts, six glossy pages of color images (at a HUGE, privately funded cost, undoubtedly), and a registered LLC with a handful of recurring names should tell us all what we already knew.

Follow the real transparency - see what has happened in the public eye. 106 public meetings, an owner's rep and highly reputable architect, multiple open forums and discussions, and a plan that both School Board members and Town Councilors alike said was promising. 100% of needs met with 0% student disruption. Come to the public hearing on July 29. Many of us who have been following this project since day one would love for you to hear exactly what we've been hearing the whole time.

Eliza Matheson

THANK YOU!

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Let us hear from you! 
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editor@capecourier.com

'Has anyone considered speed bumps?'

I walk Scott Dyer Road almost everyday, along with bikers of all ages, children of all ages, joggers, parents with strollers, etc. Sadly, it is a virtual speedway for traffic. The occasional ticket administered does not seem to have any effect.

Has anyone considered SPEED BUMPS?

I would recommend two: one at the

sign where the speed is reduced from 35 MPH to 25 and the other just over the hill before the entrances to the schools and library.

I know the Cape police do the best they can to ticket speeders, but it is a 24/7 problem.

Please consider this idea.

Ann Patch

Recent letter 'truly sad'

It was truly sad to see a recent letter printed in the Cape Courier, denigrating the local Catholic parish, St. John Paul II, ("those are who promote a myth-based, patriarchal agenda"), and the sincere charitable efforts of some in the parish to help young mothers in need. When did it become wrong to assist women who CHOOSE to carry their babies to term?

Mary Ann Lynch

Stop goldilocks-ing and start deciding

Much like the fabled, golden-haired little girl, opponents of the school project keep moving the goalposts... insisting any plan put forward must be "just right." The only problem is "just right" doesn't exist in their fairytale land.

First, they said it was too expensive. Then they said the architects weren't good enough. Then they said we needed an Owner's Rep. Then they questioned the new architects and the Owner's Rep. Then they said the tax increase must not be higher than 10%. Then they said, get it to 5-10%. Then they said the gym was too small. Then they said the gym was too big. And on and on.

There will always be plentiful excuses not to do something. Constantly changing the criteria for what is considered acceptable only delays progress and creates more obstacles...which is what the anti-school, anti-tax activists in Cape Elizabeth actually want.

After 4+ years of study and 900+ pages

of reasons why we need to address these 60+ year-old buildings, we have to accept that there will never be a "perfect" plan or project. Concessions must be made in order to move forward with a reasonable tax increase.

It's time to stop Goldilocks-ing and make a decision, lest we leave a trail of muddy footprints, empty porridge bowls, and broken furniture behind in our quest for "just right". It's time to send the project to the voters. Tell the town council at the public hearing to put the "Middle Ground" on the ballot.

Jenna Pfueller

-see more LETTERS TO THE EDITOR on page 3

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capearena.org

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 Help us repeat 350+ hours of free public skating



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The Cape Courier accepts advertisements in compliance with applicable laws and the publishing industry's best practices. Maine's campaign finance laws set the basic standards for advertisements for political candidates and ballot issues. In an effort to promote public dialogue, the Courier also accepts advertisements on issues of public policy and social concern, as long as they adhere to standards of fair play and do not target individuals. The Courier requires that opinion or advocacy advertisements display the name and town of at least one member of the sponsoring group. The Courier also requires that any advertisements claiming the support of people, companies or organizations provide certification for these endorsements.

The Courier reserves the right to insist on modifications to draft advertisements prior to publication. It is not the Courier's intention to reject advertisements, but like all publications it reserves the right to do so at its sole discretion.

In addition, here is a link to a section of Maine law dealing with campaign advertisements: <https://legislature.maine.gov/statutes/21-A/title21-Asec1014.html>

The Cape Courier Board of Directors

Client refuses to pay contractor

Reported by Debbie Butterworth

PUBLIC INFORMATION

- 6-16 An officer met with a contractor regarding a client refusing to pay for work that had been completed.
- 6-17 An officer met with a representative of a local business regarding a theft complaint.
- 6-18 An officer responded to a location on Shore Road for a well-being check.
- 6-20 An officer met with a resident of the Shore Road area regarding a criminal mischief complaint.
- 6-26 An officer met with a resident in the Shore Road area regarding a criminal mischief complaint.
- 6-30 An officer responded to a location on Shore Road to check the well being of a pedestrian.
- 6-30 An officer met with a resident of the Scott Dyer Road area regarding a criminal mischief complaint.
- 7-1 An officer received a damaged Samsung cell phone that had been found at the intersection of Ocean House Road and Spurwink Road, and had been dropped off at the police station.
- 7-4 An officer met with a resident of the Scott Dyer Road area regarding a criminal mischief complaint.

SUMMONSES

- 6-19 Scarborough resident, operating vehicle using handheld device, operating after license suspension, Scott Dyer Road, \$410
- 6-20 Cape Elizabeth resident, operating after license suspension, Ocean House Road, \$325
- 6-22 Cape Elizabeth resident, uninspected vehicle, Shore Road, \$148
- 6-24 Scarborough resident, speeding (50/30

zone), Shore Road, \$230

- 6-26 Cape Elizabeth resident, leaving the scene of an accident, Shore Road
- 6-26 Cape Elizabeth resident, uninspected vehicle, Old Ocean House Road, \$148
- 7-2 South Portland resident, speeding, Spurwink Road, \$114
- 7-3 Windham resident, operating after license suspension, Kettle Cove Road, \$325
- 7-6 South Portland resident, failure to produce insurance, operating after license suspension, Ocean House Road, \$336
- 7-6 South Portland resident, operating vehicle while using handheld device, Ocean House Road, \$85

JUVENILE SUMMONSES

- 6-24 Cape Elizabeth resident, violation of intermediate license, Ocean House Road, \$385
- 6-26 Cape Elizabeth resident, operating vehicle while using handheld device, Manter Street, \$85

ACCIDENTS

- 6-20 Michael Callahan, accident on Shore Road
- 7-3 Daniel McGovern, Susan Vire, accident on Kettle Cove Road
- 7-3 Rebecca Lomangino, Mary Ann Healy, accident on Kettle Cove Road
- 7-5 William Wickman, Joseph Menard, accident on Sawyer Road
- 7-5 Amanda Brown, accident on Old Ocean House Road

FIRE CALLS

Fire: 28; EMS 62

Scam alert bulletin board

By Jessica D. Simpson

Summertime Door-to-Door Scams

Summer is officially here, which means door-to-door sales crews are too. But buyers beware because what they're selling isn't always legit. These scams can show up in a variety of forms. Sometimes it is solar panels for your home at a can't-be-beaten price or it's a student selling magazine subscriptions to help fund their school program. Other times it's a construction worker who stopped by because they just happened to be working in the neighborhood. One thing they all have in common is pressure to sign up or pay upfront.

Any "deal" that you have to sign up for right away or that you have to pay for in advance is likely no deal at all. Your best bet is to proactively seek out the services you need. And consider making a deal with yourself to never do a deal with someone before you've had time to do your research.

The Latest in Amazon Impostor Scams

Criminals love to impersonate big businesses and the bigger the better. One of the largest targets of impostor scams last year was Amazon. According to the Federal Trade Commission, 44,000 reports about scammers using Amazon's name were filed

last year, with \$19 million reported lost. Here are two of the latest versions of an Amazon impostor scam to be on the lookout for. Complex scams that involve an Amazon impostor, a bank impostor and someone pretending to be a law enforcement investigator are trending. These scams have a heightened sense of legitimacy because the victim believes they are speaking to different independent entities who are all confirming the same threat. In reality they are talking to multiple criminals who are all part of the same scheme. False membership renewal messages are another trending form of Amazon impostor scams. Because many customers aren't aware of when their membership expires these messages can seem legitimate. The criminals also create real looking websites where you can share your payment information. Whenever doing business, renewing a membership or dealing with a suspicious charge with any retailer, it is safest to do so at their official website or through their official customer service lines. Do not rely on links or phone numbers emailed or texted to you. These run a higher risk that you'll be connected directly to a crook.

Visit aarp.org/fraudwatchnetwork or call our dedicated helpline to speak to a fraud specialist at 1-877-908-3360.

'Wish we could say the same' about a safer summer

"We'll have a safer summer" thanks the town officials for replacing a mirror on Shore Road for the safety of the citizens in those neighborhoods. I am glad they will have a safer summer.

Would that it was true for the Two Lights neighborhood.

We are a narrow, dead end street with an internationally known lighthouse, a nationally advertised restaurant and visiting tourists and locals in cars, bicycles and walking trying to negotiate the road which has no shoulders in many places for safety. The listed speed limit is 25 MPH with a warning sign and 3 speed limit signs at the top of the last long hill with a sharp blind corner at the bottom. One sign even has 2 red flags attached. There are also 18 wheeler trucks, box

trucks and numerous construction vehicles coming every day to deliver supplies. Do most cars/trucks abide by this speed? That would be a resounding no!

I have complained to the police and the public works director about speed calming options with a resounding no each time over 40+ years. No one offers to come and sit here in my driveway for a few hours on a nice day to see what we deal with day in and out.

Again I am happy for your safer summer and wish we could say the same. We are just waiting for someone to be killed.

Martha Duncan

'Every citizen should be wary'

I found it interesting and upsetting to get a very elaborate mailer from the 'Cape Neighbors Alliance' recently. A mailer like this likely cost thousands to distribute and is the first time we've heard from this 'group' since the Cape Courier stopped accepting anonymous ads.

It seems telling that for months they were happy to post scary tirades, even anti-equality messages (Cape Courier, May 10th, 2023), but when asked to show their names they wouldn't do it. Now, months later they distribute a 'newspa-

per' unbound by any ethical guidelines or transparency, something they often proclaimed as important value in their ads.

I think every citizen should be wary about taking this information seriously. Whenever someone is unwilling to put their name to something, I personally become suspicious about their motivations. Especially when they are fine spending so much money to buy that anonymity.

Chris B. Gorski

'Delighted' about compromise

I am absolutely delighted that the "Middle Ground" approach to our school crisis is being discussed with clarity and professionalism.

One of the most important aspects of this compromise is the lack of disruption to our students.

Portable classrooms are, in my mind the worst option for taxpayers and students alike. It is my firm belief that only through new construction of a middle school, can we hope to offer ourselves and our student body a place on "higher ground."

This is truly an answer we can all live with.

Kristen Bouterse

Judy's Pantry-a community feeding itself

Judy's Pantry operates at the Cape Elizabeth Methodist Church on the second and fourth Tuesdays of each month from 3 – 4:30 p.m.

Prior registration is necessary. Please contact Beth Owens: bethowens1@gmail.com.

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Town Council

Continued from page 1

and those opposed to school construction and renovation to muddy the waters, because they feared that the \$89 million would, in fact, pass in November. All of this discussion was about sending these options to a public hearing.

Given such an environment, and division among council members, one would expect some tension.

For his part, Chair Reiniger throughout the meeting kept a professional tone, and ensured that every council member had a turn. In fact, it seemed he even extended the public input by a couple speakers to make sure varying positions could be heard.

Town Counselor Susan Gillis made a motion to send the \$42 million proposal to public hearing, saying, "We know how they feel about the \$89 (million), let's see what they have to say about this." She pointed out that 62% of the community rejected the \$114 million proposal in the previous referendum on school building construction and renovation. She said, "I don't think you're going to get \$89 million passed."

Town Counselor Timothy Thompson seconded Gillis's motion.

Chair Reiniger then turned to Counselor Penny Jordan, who said she had a basic question. Jordan said what she's seen for the past couple months is political "positioning and posturing," and that the new proposal of \$42 million might be designed to cause "the proposal from the School Board (the \$89 million) to not get the attention that it should." Jordan said, "My basic question is, 'What is the endgame you're seeking?'" She continued in a very professional and measured tone, and said that if the chair has his

"four votes lined up" on the Town Council to send his \$42 million proposal to public hearing on the same night that the public would discuss the \$89 million proposal from the Cape Elizabeth School Board, Jordan said, "Then, I have a concern."

Counselor Gillis then responded, saying, "I think the end game is to get something on the November ballot that will actually pass." She said that the people she talks to "think tearing down a school is crazy." Gillis said, "I represent the 62% of people in this town. So, those are the people I talk to, those are the people I hear. If I wasn't a counselor, and getting all these emails, I wouldn't even know these people cared about that."

Jordan then asked Gillis, "What you're telling me is...\$42 million will pass?"

Gillis responded, "I don't know. Penny, just have people talk about it."

Jordan, still in a calm voice, then said, "I'll call out the elephant in the room. I believe the last three months have been positioning a referendum [question], that will be a low-ball number, that there are people that are going to move forward, who are sitting on this council."

In response to Jordan's statement, members of the audience applauded. Chair Reiniger then reminded the crowd, respectfully that "the rules don't allow for applauding or boozing."

Gillis quickly said, "It doesn't matter."

Chair Reiniger then recognized Counselor Caitlin Jordan-Harriman to speak next, and she used her turn to speak to say to Counselor Gillis, "I just want to speak about 62% of the people which you are representing. You only know about this, and the schools' needs because you're on the council. I just want to make sure I understood you right. So, I'm just saying if you're speaking to those other 62% of the people that don't

know what needs the school needs, I'm hoping that you are informing them..."

Gillis interrupted, saying, "Oh, they know what it needs."

Jordan-Harriman continued, "...instead of just listening to them complaining about having to spend money. My hope also is that while the \$114 million didn't pass last time, the amount of education and knowledge that people had then versus what they hopefully know now, having gone through the SBAC and all the studies and all the information put out there, that now they're like, '\$89 million probably isn't enough, but if that's what the school and the Town Council is putting forward then I have done my citizen due diligence followed this along because we have been talking about it for so long. So, my hope is that you are telling that to these people that you are talking to that say schools don't need to be rebuilt. That would be my hope that you are presenting to our citizenry."

Without the chair calling on her, Gillis interjected, "Caitlin, believe me, people understand what's going on."

Jordan-Harriman then tried to continue, saying, "So then, if they do..."

Gillis said, "They understand what..."

Jordan-Harriman trying to finish that sentence, "...they will be able to take this..."

Gillis raised her voice, saying, "Do you think you can talk over me just because you've been here longer?"

Jordan-Harriman replied, "No. That's not what I'm doing."

Gillis said, "Yes, you are. I was speaking and you spoke over me."

At this point Chair Reiniger said, "Alright. If I could ask everyone...I've acknowledged from the beginning, this is a very passionate subject for everybody." The chair said he respects the hard work that the school board has done, and that he is putting forward the \$42 million option for public hearing because of the tax increase difference between what his proposal would incur, and what the school board's proposal would do.

He said, "I don't think we have to get mad at each other."

Counselor Penny Jordan said that what the town is facing is not a simply dichotomy between building and renova-

vating the schools in support of quality education, or assisting those income-challenged citizens within the town. She said, "It's not an either-or. It's a both." Jordan said "...what we have to do, as leaders, is to find that solution" that offers a balance. She said, "And that to me is the challenge that this group that sits here and makes decisions, and analyzes and develops policy, that truly, truly meets the needs of as many citizens of this town as we can."

Counselor Jordan Harriman then asked directly if the intent of the chair is to send both his new \$42 million proposal and the \$89 million proposal from the School Board to public hearing because he knows that he already has the four votes on the council necessary to advance only the \$42 million proposal to referendum in November, thereby taking the \$89 million option out of the hands of Cape Elizabeth voters. However, if only the \$89 million proposal went to public hearing, the town council would only have the option to vote yes or no on sending that proposal to referendum. Counselor Jordan-Harriman asked, "Do you have the votes, regardless of what is said on the 29th [at the public hearing], to just send the \$42 million to referendum? Otherwise, the public, everybody in town needs to know what do they have to do to get the \$89 million on the referendum. They need to know now, so they can be here, because on July 29, probably a good portion of the town has already planned a vacation or something, because it's July and we never, never in my 13 years on the council, have we tried to do anything important like this during July or August. We purposefully avoid anything big like this in the summer months. Don't shake your head, Jessica, you were on the council just as long and you knew we did not plan to do anything big like this in the summer because people weren't here to come to a [with air quotes] public hearing."

Jordan-Harriman then turned to Chair Reiniger and said, "I would like you to answer the question. Are you intending to send the \$42 million, and leaving the \$89 (million) on the table, and what is it you want from the public that would convince you that they need the \$89 million to go to referendum so that we can prove to you that the public and the town is willing to vote 'yes' for that."

The chair did not immediately respond, but instead he recognized Coun-

-see MEETING page 5

2024 Publication schedule

Issue No	Ad/Copy Due	Issue Published
01	Jan 5	Jan 17
02	Jan 26	Feb 7
03	Feb 9	Feb 21
04	March 1	March 13
05	March 15	March 27
06	March 29	April 10
07	April 12	April 24
08	April 26	May 8
09	May 10	May 22
10	May 24	June 5
11	June 7	June 19
12	June 21	July 3
13	July 5	July 17
14	July 26	August 7
15	Aug 9	August 21
16	Aug 23	Sept 4
17	Sept 6	Sept 18
18	Sept 20	Oct 2
19	Oct 11	Oct 23
20	Nov 1	Nov 13
21	Nov 15	Nov 27
22	Dec 6	Dec 18

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Meeting

Continued from page 4

selor Thompson to speak. Thompson said if there are counselors who believe that the four votes are basically set in advance, he understands why some community members are upset, and why the counselors have been receiving angry emails. Counselor Thompson assured the counsel and the public that he has not made up his mind, and that he said he would remain open-minded.

Often counted among “the four” of Reigner, Anderson, Gillis and he, Thompson’s assurance that he hasn’t made up his mind would mean that, at the very least, that there is no block of four votes in the bag for sending the \$42 million dollar option to referendum, with or without the \$89 million dollar proposal arrived at by months of work by the architectural firm, the SBAC, and the Cape Elizabeth School Board.

He said that he’s been working on this project since 2017, that he has “been in the basements of these schools,” and he agreed that “we need to get something done.” He implied that townspeople have been unnecessarily angered, and that many of the emails he’s gotten are “pretty much the same email, with different names” implying perhaps that an email was distributed for angry “parents” to send to town counselors.

Thompson said he hasn’t had a chance

to talk to Counselor Anderson, but said if people think “this is coordinated...it’s no wonder people are angry.” Thompson said he “guarantees” that he will continue to discuss the issue with the chair of the school board, and that he will continue to keep an open mind. He said he wants to study the issue a little bit more, and that there are opportunities for this to be “tweaked a little bit.” He wondered aloud if they can discuss continuing issues “without getting angry with each other? It just seems that we could dial it down a little bit...”

Things did become less heated, with Counselors Gabrielson and Anderson each expressing their concerns. Counselor Anderson was firm on her concern that she needed to be assured that the numbers were accurate, and she pointed out that with the numbers that had been shared, neither had included the \$4.8 million dollars required to simply make the 1934 building safe. Anderson also expressed concern on what the actual capital improvement set aside monies, by the Cape Elizabeth School Department, are.

In the end, the town council voted to send the \$42 million option to the public hearing by a vote of 4 to 3. Next, the council voted 4 to 3 to amend the \$89.9 million proposal to include the cost of dealing with the 1934 building, and then the town council voted unanimously to send the amended proposal to the public hearing, set for July 29.

CE School Board votes in support of ‘Middle Ground’ building project

(Press release) – At a special business meeting on July 1, the Cape Elizabeth School Board voted unanimously to approve the Middle Ground design, which includes a new middle school and necessary upgrades to the elementary and high schools at a cost of \$89.9 million.

A week prior to the vote, the school board held a public forum at which the Middle Ground design was given overwhelming support by citizens of the town.

This compromise is the culmination of over a year and a half of work to gather data and input on the best way to address the ailing school buildings and the barriers to education that they present.

With a price tag more than \$26 million lower than the previously proposed construction project in 2022, Harriman architect Lisa Sawin produced the Middle Ground design to address the highest priority needs of the schools at a cost the community has signaled it would support.

The school board noted that the facilities department will continue to address issues at the high school and elementary school that are more efficiently accomplished as single projects. “We understand we can’t do everything we need to do in one construction project,” said School Board Chair Elizabeth Scifres.

Identified jointly by Harriman, Turner & Townsend Heery, and CESD Facilities Director Dave Bagdasarian, those projects outside the bond are carefully planned to stay within the budgeted CIP and maintenance lines over the next eight years.

CESD will also apply for funding from the School Revolving Renovation Fund (SRRF), an MDOE program that offers zero interest loans that are partially forgiven (part grant) for qualifying improvements to school buildings. Cape Elizabeth has had great success in the recent past in securing these resources, but is not relying on that program to fund those projects.

Scifres went on to say, “The board wanted consensus and compromise, but would not compromise on education. This approach achieves exactly that. This is a major step forward for our schools and our town.”

After a public hearing and if approved by the town council, the referendum vote will be on November 4.

For more detailed information about the Middle Ground design and next steps, please visit the CESD website. <https://www.capec.k12.me.us>

High/low tide chart

Date	High Tide			Low Tide					
	AM	ft	PM	ft	AM	ft	PM		
17 Wed	8:31	7.7		8:38	9.3	2:19	1.3	2:16	1.9
18 Thu	9:24	7.8		9:28	9.6	3:12	1.0	3:08	1.7
19 Fri	10:14	8.1		10:17	10.0	4:01	0.6	3:58	1.4
20 Sat	11:03	8.4		11:05	10.4	4:49	0.1	4:47	1.1
21 Sun	11:50	8.8		11:54	10.8	5:36	-0.3	5:36	0.7
22 Mon				12:37	9.2	6:22	-0.7	6:26	0.3
23 Tue	12:43	11.0		1:24	9.6	7:08	-0.9	7:17	0.0
24 Wed	1:32	11.0		2:11	10.0	7:54	-1.1	8:09	-0.1
25 Thu	2:23	10.9		3:00	10.2	8:42	-1.0	9:03	-0.2
26 Fri	3:16	10.5		3:52	10.3	9:32	-0.7	10:01	-0.1
27 Sat	4:14	10.0		4:46	10.4	10:24	-0.3	11:01	0.0
28 Sun	5:15	9.5		5:42	10.3	11:19	0.2		
29 Mon	6:18	9.0		6:41	10.2	12:04	0.1	12:17	0.6
30 Tue	7:25	8.6		7:44	10.1	1:11	0.2	1:20	1.0
31 Wed	8:32	8.5		8:46	10.0	2:18	0.2	2:24	1.2
1 Thu	9:33	8.5		9:44	10.1	3:20	0.1	3:24	1.2
2 Fri	10:28	8.6		10:36	10.1	4:16	0.0	4:19	1.1
3 Sat	11:19	8.7		11:25	10.2	5:07	-0.1	5:08	1.0
4 Sun				12:04	8.8	5:53	-0.1	5:54	1.0
5 Mon	12:09	10.1		12:46	8.9	6:34	0.0	6:37	0.9
6 Tue	12:50	10.0		1:24	9.0	7:12	0.1	7:17	1.0

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DESTRUCTION of SPECIAL EDUCATION RECORDS

Notice to all persons who ever attended school at Cape Elizabeth School Department and who were born between January 1, 1996 and December 31, 1997, or to their custodial parents:

The Cape Elizabeth School Department may have educational records in its possession for those students and will destroy such records after October 31, 2024.

If you would like to have these records rather than having them destroyed, please contact the Special Education Office, 320 Ocean House Road, 207-799-2217 or via email at: mnichols@capeelizabethschools.org.

The School Department shall maintain permanently a record of a student's name, address, phone number, grades, attendance record, classes attended, grade level completed, and year completed.

Cape Elizabeth School Department, 320 Ocean House Road,
Cape Elizabeth, Maine 04107

CEHS Speech & Debate Team participate in NCFL Grand National Tournament

The CEHS Speech & Debate Team capped off their successful season with a trip to the NCFL Grand National Tournament, held in Chicago over the Memorial Day weekend. Thirteen students qualified to participate, with Jack McCormick achieving distinction as a finalist in Congressional Debate. The team is the grateful recipient of a Bottle Shed grant, and contributions to the team in memory of Richard Mullen, who coached the team in two different eras, from

the 1980s through the 1990s and again from 2008-2019.

In addition, Hayden Marquardt-Grainer was the recipient of the Richard Mullen Finding Your Voice Award, for achievement in Speech and beyond, with notable roles in CEHS theatre productions. And, the National Speech & Debate Association recognized four of our students with All-American honors: Zoe Burgard, Trevor Oakley, Story Straw, and Tess Straw.



Contributed photo

Team photo taken in Chicago: back row: Teddy Brennan, middle row: Hayden Marquardt-Grainer, coaches Greg Baker and Lisa Melanson, Celeste Tourangeau, Cece Fremont, Ayla Napier, Noémi Marquardt-Grainer, Eve Mockler; front row: Oliver Hardin, Jack McCormick, Laura Giacobazzi, Madeleine Turgelsky, Madison Kirwan, and Matilda Gustafson.



Jack McCormick fielding questions from fellow senators in the final round of Congressional Debate.



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Cape author pens life philosophy book

By Kevin St. Jarre



Contributed photo

Cape Elizabeth author Aron Glennon has written a life philosophy book that he hopes will help readers, including his children, someday lead thoughtful and considered lives.

Aron Glennon, who holds a Ph.D. from New York University, in his creative endeavors has historically been a songwriter, but he recently wrote a book. "I released a life philosophy book called 'A Flashlight in the Fog in May.' I have since gone back to writing music," he said.

He said he wrote the book primarily for his three sons, who are currently at Cape Elizabeth Middle School. "The idea was to finish it by the time they were young adults, so that they could read it as they entered adulthood. The book outlines my personal perspective on how to live well, not because I believe my perspective should necessarily apply in some general way, but because I think there is tremendous value in taking the time to consciously develop such a perspective. In essence, the goal of the book is to motivate my kids, when they are older, to deeply consider how they want to live. The content of the book references a fair amount of his-

torical philosophy, science, and my own personal history in constructing a narrative on how best to live," Glennon said.

He said he was drawn to writing a book when he turned 40 years old at the height of the pandemic. The combination of that milestone with the increased uncertainty of what the future would look like due to COVID-19 led him to deeply consider how he wanted to live in the future, he said, irrespective of the constraints that a pandemic may place on what it could look like. "And there was another important effect these two events had on me that led to the fundamental goal of the book: they made me nervous that I might die before ever having really been able to communicate my internal state to my kids, so that they might be able to know me as well as I'd like them to. With these two motivations in mind, I began writing," said Glennon.

His writing style is said to be very readable, without a lot of "flowery language." The author half-jokes that he doesn't have a tremendous vocabulary, so in some ways is only able to write in simple terms. Glennon said, "I do cover a fair amount of what might be considered dense content, including topics in neuroscience, evolutionary biology, and machine learning, but try to do so in a way that allows a non-technical reader to understand what I'm getting at. I happen to also use endnotes much in the same way David Foster Wallace did in 'Infinite Jest' - to keep the narrative of the main text clear while still allowing myself space to expand on my reasoning and touch upon tangential material. While one can read the book without perusing the endnotes, I personally think they add quite a bit to the book."

When asked if he had any advice for writers just starting out, he said, "My advice to new writers is the same advice I would give to anyone starting in on any new creative endeavor: there should be no barrier to creativity, no standard by which you measure yourself. Just create. It's a fundamental aspect of what it means to be human. And always remember, your last output was just practice for your next; while artifacts provide stakes in the ground, I believe the process is where you'll find the most value."

-see AUTHOR page 9

Feels like coming home

My family and I have been residents of Cape Elizabeth since 1980 and we have enjoyed everything that Cape Elizabeth has to offer:

Excellent schools, Fort Williams Park (home to the most photographed lighthouse in the country), Crescent Beach State Park, Kettle Cove, large agricultural farms, fresh lobsters sold year round and so much more!

My career spans over 38+ years and to be at RE/MAX Oceanside is truly like coming home.



Local business spotlight: Molly Angie

By Marta Girouard



Contributed photo

Molly Angie's passion for sewing from the age of 12 eventually led her to start her own business, Molly Angie.

Molly Angie learned how to sew from her mom when she was 12 years old. She explained, "What I love most about it is how you start with something so simple, like a piece of fabric, and step by step you cut it into carefully planned pieces and sew them back together one at a time to create a totally new finished product. It's very satisfying! It's a super creative process which results in something functional."

Angie moved to Maine in 2005 after obtaining a BFA in Graphic Design from SUNY Oswego in New York. After contemplating between a computer or a good sewing machine as a graduation gift to her daughter, Angie's mom chose to go with a Pfaff sewing machine. Angie went on to work various jobs in graphic design, restaurants and a clothing company called Rogue Gallery but was always drawn back to creating pieces through sewing. She began offering her sewing services to the community through work like altering clothing, making curtains, patching jeans as well as doing piecework for other small businesses.

These jobs eventually evolved into Angie working for herself and selling her own designs. She started her business Molly Angie in 2007, initially designing women's clothing and then transitioned to baby booties and clothing. Her initials "ma," which are positioned above a set of newborn baby footprints serve as the logo she created for her products.

Angie's best sellers are her baby booties. She sources her fabrics from a few different companies and strives to use all natural and organic fabrics. The booties, for example, are made from a linen/cotton blend as well as an organic cotton fleece which is made in the U.S. Once she has the fabrics, Angie washes and dries them and begins the process of cutting out the pieces. Each pair of booties, which have snap closures, consists of 14 pieces of fabric, two pieces of elastic and two 'ma' tags.

When asked what is the greatest reward of running her own business, Angie replied that it is the ability to work from home while she and her husband Chriss raise their three children. She said, "It's allowed me to be just BE with them more. Despite working nights and weekends often, it's something that I wouldn't change." The biggest challenge for Angie is pricing. Accessibility is very important to her and finding the right price to sell products so that they are attainable to others while also being able to pay the bills is a tough balance.

Design-wise, Angie is always full of new ideas. She would love to offer her children's drawings as designs which would be screen

printed onto the baby booties and she also has ideas for more baby clothing pieces and women's clothing. "I have visions of expanding my business if I could do it in a way which challenged the current model of factory manufacturing. Almost always the people who do the actual sewing of products are underpaid, underappreciated and exploited. If I were to involve others in the production of my products I would want the business model to be that of a worker owned co-op. I've yet to take the leap of exploring this avenue, but maybe it will be a part of my business' future," Angie said.

In her spare time, Angie loves to garden, play music with family and friends, and eat delicious food. Angie and her family moved to Cape Elizabeth in 2017 from South Portland. She said, "We pinch ourselves every time we are exploring the shores of Two Lights and Kettle Cove. With kids at Pond Cove, Cape Middle School, Cape High School and a husband who teaches at the middle school, we are very psyched to be a part of the Cape Elizabeth community."

Angie's products are for sale online at her Etsy shop, in various stores around Maine and beyond and in person at various craft fairs. Visit her website www.mollyangie.com for more information or follow her on Instagram @mollyroseangie.



Contributed photo

Molly Angie's baby booties are her best-selling product.

Class of 1959 celebrates 65th reunion



Photo by Fran Weatherbie

The Cape Elizabeth High School Class of 1959 recently gathered to celebrate their 65th high school reunion. Sue Cluckey made the banner for the event. Pictured front left to right: David Howe, Warren Kessler, Becky Boudreau, Fran Hewins and George Stone. Back left to right: Liz Wood, Sue Cluckey, Nancy DiMatteo Hall, Jessie Timberlake, Donna Kessler and Bill Weatherbie.



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Lumbery

Continued from page 1



Contributed photo

The Lumbery, pictured before its renovation. The building was a former Cumberland Farms that had gone untouched for 8 years.

beyond while having a positive impact socially and environmentally...and cover expenses. Not an easy task at all."

Friedland said that renovating the old Cumberland Farms was a "supreme joy," and that there is great satisfaction in taking something old and discarded and breathing new life into it. "The difficult part for us was navigating the town approval processes and the effects of the pandemic at the same time. We purchased the building in December of 2019. Fortunately for us we didn't know what was to come," he said.

Prior to the purchase, the site had been abandoned for 8 years. "A little paint and a new roof alone would have done wonders, but we decided to go all in. We completely redid the interior and exterior of the site, and as a finishing touch, added a beautiful metal tree, crafted by Cape's own Sean Campbell, in the heart of the store," Friedland said.

He said, "Another goal, which I had when I convinced John Naylor of Rosemont to purchase the first-floor unit of my old building across from the Cookie Jar, was to establish a business that has the potential to enhance the everyday lives of the residents of Cape. These are called in-and-out businesses."

Friedland said the potential for The Lumbery location is nearly limitless. He suggested a yoga studio, a bike shop, an art gallery or a book store as possibilities. He said, "Plus, we are currently working with the DEP to receive conditional ap-

roval to develop residential units, which would help with the housing crunch in the town center. Our corner lot is almost one full acre and could handle, according to the Code, up to 13 units. I could imagine a great balanced residential/commercial development ideally with other in-and-out businesses."

When asked why they were selling, Friedland replied, "We are selling because, now that our issues with the town are resolved and our business is comfortably solvent and established, we find ourselves at a crossroad. Do we continue as is? Do we bring in financial partners in order to expand operations and fully develop the lot? Or do we sell and allow a new owner to expand upon what we have built or develop their own dreams? We are listing our business and property for sale because having options is not a bad thing, especially when all the options are good options."

Asked about his plans, he said, "For me, the best part of going on vacation is not knowing what the next day will hold. I am confident that myself, my partners, and my staff will all do well whatever we do, and I cannot wait to find out what that will be."

Friedland said, "I would like to add that starting this store with my partners, Jennifer Friedland-Stora and Ryan Holland, plus my good friend Alex Bettigole, has possibly been the greatest thing I have ever done in my life. It is an idea come to life. And that is not an easy thing to accomplish."

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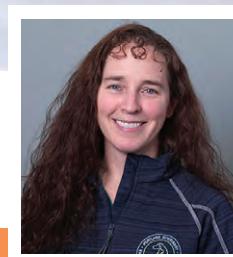
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EMERGENCY COVERAGE AT WARREN AVENUE LOCATION

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Dr. Marta Agrodnia
DVM, DACVS-SA

Capetoons: Standoff at bench 3

By Jeff Mandell



SP/CE Rotary elects new president and board

The South Portland/Cape Elizabeth Rotary has elected Nancy Irving of Cape Elizabeth as its president for 2023–2024. Irving will preside over a very active Rotary group that in the previous year raised and donated \$110,000 to a wide variety of charitable organizations and activities, in both the local and international communities.

The following members compose the board of Officers & Directors: President-Nancy Irving, President Elect- Peter Bennett, Vice President -Chuck Redman, Treasurer Marge Dugan, Secretary Kathy Cotter, Club Administration Bev Altenburg, Community Service- Sari Greene, International Service-Hannah Olshansky, Membership- Brent Wilson, Youth Services -Ray Healey.

Founded in 1961, the Rotary Club of South Portland and Cape Elizabeth (SP/CE Rotary) is a community service, leadership institute, and fellowship organization committed to both local and international service through projects and fundraising. The club actively supports efforts to stem food insecurity, veteran assistance, access to clean water, youth literacy, substance use disorder, and the on-

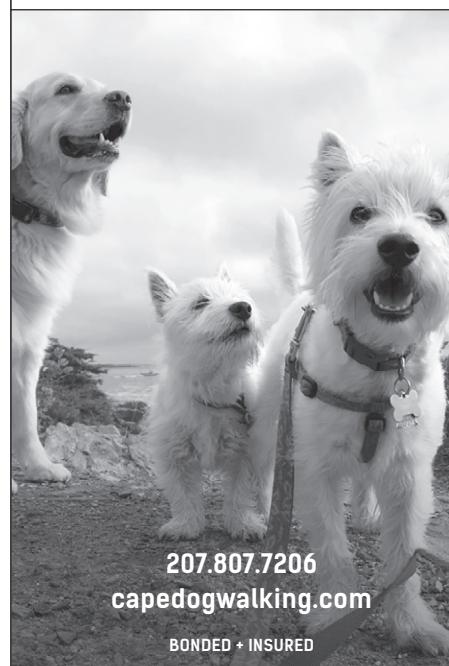
going effort to eradicate polio world-wide, as well as a wide variety of community projects to benefit South Portland and Cape Elizabeth residents. For more information about SP/CE Rotary and its works, please visit: www.spce-rotary.org.



Nancy Irving of Cape Elizabeth has been elected president of the South Portland/Cape Elizabeth Rotary for 2023-24.



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Maine State Parks Lifeguard Academy...it's not Baywatch

By Stephen T. Lyons (Garda)

Every summer, after accepting their employment, Maine State Park lifeguards must undergo extensive training before beginning their work. It was about this Lifeguard Academy that I connected with Maine State Park Manager Kurt Shoener and Lifeguard Training Coordinator Sean Vaillancourt.

All the lifeguards in the cohort are certified. What most folks don't know is that they must complete an additional physical assessment including a 1.5-mile timed run, 500-meter timed swim, and a 500-meter timed paddle on a lifeguard rescue paddle board. After they meet these endurance qualifications, they must pass a skills assessment on first aid, CPR and other life-saving techniques before they can work as a Maine State Park lifeguard.

In addition to the required certifications, endurance and knowledge, the academy exercises include random scenarios, presentations and demonstrations from Maine Inland Fisheries and Wildlife Dive Team and the National Weather Service, focusing on everything from severe weather, rip currents, sun protection, to full-scenario water rescues enabled by jet-ski.

As a Registered Maine Guide, I can empathize with the demands made on these young professionals' bodies and minds. A guardian never stops learning how to better serve those in their care, and as part of being a guide, I'm always working to improve my skills in the field. With support from Hannaford and the state parks in Cape Elizabeth, I was able to stage an all-you-can-eat cookout for the two dozen lifeguards,

rangers and guest presenters involved in the academy. Classic summer fare that's easy to prepare practically anywhere, I barbequed chicken and cheeseburgers, paired with corn on the cob and fresh potato salad.

After lunch, I put on my wetsuit and headed into the Atlantic Ocean to play the role of victim for these bright and capable lifeguards. The waves were high, and the water temperature was below 60, but these intrepid lifeguards were able to bring me to shore safely, time and time again.

Few people understand the depth of investment made by lifeguards – or the parks system – in protecting people and property in our community. I am inspired by the Maine State Parks Lifeguard Academy, and grateful for the opportunity to be of service to all those involved in this year's exercises.

Photo top right:

Lifeguard Training Coordinator Sean Vaillancourt stands with lifeguards at Crescent Beach State Park.

Photo bottom right:

Training rescue procedure at Crescent Beach Maine State Park.

Photos by Kurt Shoener.



Author

Continued from page 6

Those interested in learning more can buy Glennon's new book on Amazon.com, and listen to his music, under the moniker lifecycles, on Spotify. Those interested can email Glennon at aronglennon@gmail.com to learn more about him and his work.

A FLASHLIGHT
IN THE FOG

A.P. GLENNON

Contributed photo

Author Aron Glennon said he hopes readers of his new book will "deeply consider how they want to live. The content of the book references a fair amount of historical philosophy, science, and my own personal history in constructing a narrative on how best to live."

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Strawberries

Continued from page 1



Contributed by Heather Reeves

Isabelle Reeves, ten years ago, finds a large, juicy strawberry.



Contributed by Michelle J. Fournier

A strawberry tart that Michelle Fournier said she makes every year from Maxwell's Farm berries.

you...and for that, we thank you. Maxwell's Farm merchandise can still be purchased at www.maxwellsfarm.com/merchandise. We invite you to share your photos and memories of Maxwell's farm with posts and messages on our social media page."

Those who went to the webpage in search of a t-shirt or a ballcap soon learned that the stock was going quickly.

Bill Bamford and Lois (née Maxwell) Bamford, along with two of their children, Joy and Joel, are the ninth generation running the farm, along with the help of three generations of the Rodriguez family members, who have come from Puerto Rico for decades to help with the arduous work. Those who have grown strawberries and harvested them know that while the rewards can be great, the investment of time and labor, for what is a short season, can be certainly daunting.

Heather Reeves is a resident of Cape Elizabeth, and she and her family have been enjoying Maxwell's for years. She said, "Picking strawberries in Maxwell's Farm field has begun our every summer since we came to Cape. It's a core memory for our kids. They will be sorely missed."

Michelle J. Fournier, of Falmouth, said, "I was heartbroken to learn of the permanent closing of Maxwell's Farm. As an avid jam maker, every year I call the 'Strawberry Hotline' to find out when I can go pick. I then make 'Same Day Strawberry' and always, a strawberry tart. My memories of Maxwell's go back to when I was a kid in the 1970s and 80s, picking with my mom and dad. My mom would always make jam and a pie. We would always try to get there early to beat the crowds. I took my own kids there when I became a parent myself. As an adult, I always tried to time my visit for the morning after the berries had a 'rest day' for optimum picking. It is a sad commentary on our society that small, family-owned farms face such struggles. In a world where things seem to be getting bigger and more impersonal, the friendly family touch of Maxwell's was particularly welcome and I was always delighted to support them. I cannot imagine how lost I will feel next June when I can no longer make the drive out to Cape Elizabeth for my annual picking among the ocean breezes and the squeals of children when they find a particularly big, juicy strawberry. Maxwell's has been a staple of my life for decades and I will miss them terribly."

To Capers, farming is a huge part of the town's identity. Almost half the land in Cape Elizabeth is greenspace, with Cape Elizabeth Land Trust's ongoing efforts to preserve those areas, and the rich farmland the community has been known for since its founding. It was the desire to maintain that quality that, in part, distinguished what remained of Cape Elizabeth after South Portland broke away to form its own municipality.

Maine Farmland Trust has endeavored statewide to help hold farms as farmland in the face of great pressure for development into hotels, industrial sites and other corporate uses. In the past, the Maxwell family entered into a conservation agreement made possible by Maine Farmland Trust and CELT to preserve another piece of farmland they owned. While the future of this particular portion of the land, so beloved for generations of strawberry picking, is yet publicly uncertain, the family's earlier foresight guaranteed that those acres in Cape Elizabeth will be preserved for generations to come. While Cape Elizabeth waits to see what might become of Maxwell's Farm land, the warm memories and stories will live on.

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Contributed by Heather Reeves

Heather Reeves said, "Picking strawberries in Maxwell's Farm field has begun our every summer since we came to Cape. It's a core memory for our kids. They will be sorely missed."



Contributed by Michelle J. Fournier

Michelle Fournier of Falmouth said, "Every year I make, 'Same Day Strawberry' jam - I pick the berries in the morning and then make the jam the same day. It doesn't get any fresher than that!"



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THE 'MIDDLE GROUND' IS THE ✓ SMART CHOICE

On July 1, the School Board unanimously approved the **\$89.95 million** "middle ground" school construction project.

✓ 106 Meetings

Number of public School Building Advisory Committee meetings since Jan 1, 2023

✓ 80+ Projects

Number of PreK–12 school studies completed by Harriman, the "Middle Ground" architects

✓ 62% Support

Of the 1,077 citizens surveyed in April, 62% selected a new middle school as their top design concept

✓ \$2.47 per day

Estimated max daily tax increase for the median home (\$720k) in Cape Elizabeth

✓ 10 Yrs + 100% Needs

Creates a 10-year plan to meet all critical and educational needs without more construction bonds

ATTEND THE PUBLIC HEARING

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Tell the Town Council to not spend any more time or money "studying"... **send the middle ground to voters!**



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Thomas Memorial Library offers programs on adult forest bathing, nature journaling and bird drawing

PROGRAMS FOR CHILDREN

Stories for International Moon Day

Saturday, July 20, 2024, 10:30 - 11:00 a.m.

Join us for a special family story time celebrating the moon and space travel. We'll have stories, songs, activities, and a make-a-take craft to do at home. No registration necessary.

RECURRING PROGRAMS FOR CHILDREN

Read To a Dog

Children in grades K – 6, especially struggling or less-than-confident readers, are invited to sign up for 15-minute time slots to read with a certified therapy dog. Check out the sign-up sheet in the children's room for appointment availability and to "meet" our dogs, or call the children's room for more information.

Messy Minis! Process Art for Curious Kids

Mondays, 10:30 a.m. (Ages 2-5)

Let your imagination run wild and join us for Messy Minis time in the Community Room. Let's paint, color, cut and paste together to make magic. Each week we'll have different supplies out for you to be creative with. Some supplies may be limited, so be ready with your flexible and creative muscles. We can't wait to see what you make. For budding artists ages 2-5 and their caregivers.

Dress Up and Dance

Tuesdays, 10:30 a.m. (Ages 2-5)

Join us for 30 minutes of moving and grooving to our favorite playlist, special dress-up costumes, and everybody's favorite bubble song. For dancing enthusiasts ages 2-5.

Tiny Tunes

Thursdays, 10:30 a.m. (Ages 1-3)

This short and sweet program is for young children who are not quite ready for a traditional story time, but love to have fun with friends. Join the circle for a gentle introduction to the routines, songs and props we use for storytimes, but without the books. Great for curious, wandering wiggles, ages 1-3, and their caregivers.

Traditional Story Time

Fridays, 10:30 a.m. (Ages 3+)

Join us in the Community Room for

songs and stories, bubbles and Belinda the Bear. Geared toward ages 3-5 or anyone who enjoys listening to a solid two stories.

Saturday Family Story Time

Saturdays, 10:30 a.m. (Ages 3+)

Join us for a special weekend edition of Story Time. It will feature all our favorites: songs and stories, bubbles and Belinda the Bear. Geared toward ages 3-5 or anyone who enjoys listening to a solid two stories.

FOR TWEENS & TEENS

Dungeons & Dragons

Dates TBD (Ages 11+)

Calling all wizards, warlocks, rangers and rogues! TML's Dungeons and Dragons campaign is open to teens and tweens who want to explore their character through interactive storytelling. Please visit the library's website for updated dates and times, and to register.

Young Writers at TML (Ages 11-13)

First Thursday of the month at 3:30 - 4:30 p.m.

Are you a young writer looking for a way to practice your craft? Join us at TML for our own budding writers group. Designed for students between the ages of 10-12, this group will focus on exploring the imagination through fiction, poetry, and creative nonfiction.

With monthly meetings on the first Thursday afternoons, this program is full of fun journal prompts and creative group exercises. Upcoming date: July 11 (one week late due to July 4 holiday). Register on our website.

TML Teen Writing Group

Second Saturday of Each Month, 3:00 - 4:00 p.m. (Ages 14+)

Are you a teen who loves writing? Or are you someone who just loves to read, and feels like trying your hand at creative writing that isn't for school? In either case, our teen writing program is for you. Join us for monthly meetings where we explore different styles of writing and work on the projects you're most passionate about. Upcoming date: July 13. Register on our website.

FOR ADULTS

125 Years of the Portland Camera Club, with Richard Sawyer

Thursday, July 18, 6:30 - 7:30 p.m.

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In conjunction with the July exhibit in the Stier Family Gallery, Richard Sawyer, current president of the Portland Camera Club, will discuss the 125 year history and share images representing members' styles and techniques since the founding of the club in 1899. The club was one of the earliest in the country and it was one of the few to encourage women to join.

He will also be discussing "Seeking the Magic Light-A Chronicle of the First 100 Years of the Portland Maine Camera Club," a book written by the late David Kirkwood and long time member of the club. The exhibit is dedicated to Kirkwood. Anyone with an interest in photography or Maine history will enjoy learning more about the exhibit and the Portland Camera Club. All are welcome.

Allagash-New England's Wild River with Tim Caverly

Friday, July 19, 3:00 - 4:00 p.m.

Narrated by retired supervisor of the Allagash Wilderness Waterway Tim Caverly, this program will bring the audience on a virtual adventure canoeing the 92-mile Allagash River. Join us for this thrilling ride and learn about the wonder of this magnificent river along with the lore and legends of Maine's wilderness.

Tim Caverly began working as a ranger at Sebago Lake State Park for the State Parks and Recreation Commission in college. After Sebago, he continued his employment with the Department of Conservation with assignments as a manager of Aroostook and Cobscook Bay State Parks as well as a regional supervisor of the Allagash Region, which included the Allagash Wilderness Waterway and the Penobscot River Corridor. Anyone interested in exploring our beautiful state will enjoy this presentation.

Adult Forest Bathing, with Davinica Nemtzow from Kaneel

Saturday, July 20 at the Robinson Woods Pond Trail, 11:00 a.m. to 12:30 p.m.

Join Davinica Nemtzow and Kaneel for an amble through the woods. Through this slow and mindful practice, you'll deepen your relationship with yourself and the land you inhabit. After some guided breathing and gentle movement, we'll amble along the trail, engaging our curiosity, awakening our senses, and enjoying the serenity of Robinson Woods.

What is forest bathing? Forest bathing comes from the Japanese term, Shinrin-yoku. The phrase simply means "taking in the forest atmosphere." The modern tech-

niques of forest bathing as a preventative medicine were developed in Japan in the 1980s, though they were developed from the ancient arts of mindfulness and meditation. No previous meditation experience is necessary; all are welcome. Please register in advance on the library's website.

Free Blood Pressure and Blood Sugar Screening, with Members of the Cape Elizabeth Fire & Rescue Dept.

Wednesday, July 25, 11:30 a.m. - 12:30 p.m.

Drop in to the library for a free blood pressure and/or blood sugar screening, conducted by members of the Cape Elizabeth Fire & Rescue Department. Please register on the library's website; drop-ins are also welcome. This opportunity is offered monthly on the fourth Wednesday of the month; the date for next month is August 23.

Nature Journaling and Bird Drawing, Rebekah Lowell

Saturday August 3, 1:00 - 3:00 p.m.

Join local author and illustrator Rebekah Lowell as she gives us a special lesson in nature journaling and bird drawing. This program will start with a demo by Rebekah, followed by guided lessons in both drawing and journaling. Natural materials will be provided for inspiration, as well as some art supplies. Participants are encouraged to bring their favorite sketching tools, be it paper, pencils, charcoal or watercolors. This program will highlight our ability to use what we already have to make great art and capture the natural beauty of the world. Please register on the library's website.

Understanding Cape's New Pesticide Ordinance, with Cape Elizabeth Officer Jake Deslandes

Thursday, August 8, 6:30 - 7:30 p.m., (in person and via Zoom)

Do you have questions about what the town's new pesticide ordinance means for you and your neighbors? Join Cape Elizabeth's Assistant Code Enforcement Officer Jake Deslandes for an overview of the ordinance and how it is being enforced, followed by a Q&A. This event will be offered both in person and via Zoom. Please register on the library's website.

ONGOING PROGRAMS FOR ADULTS:

-see LIBRARY page 15

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CCAG raising funds for permanent structure

By CCAG

Since 2021, the Cape Community Arena Group ('CCAG') has been building on their vision to provide a space where people can gather and enjoy the outdoors, regardless of the time of year. As the non-profit enters its 4th winter of operations, the goal has never been more clear and the members of the board are determined to see it through.

For those who have been on the ice or part of the project, it's easy to see how far things have progressed in a few short years, but also how much more it can be. "We've come a long way from slamming rebar into the ground to support the plywood boards where the plastic liner would hold the (mostly) frozen water. To look back at this past season and see the chiller in place for the ice, lights and scoreboard lit up, 2 tents for changing, a Zamboni, tournaments and regular events, and the outpouring of support from the community, the town, and our sponsors - it's been fun to watch," said Crosley Jackson, Revenue Lead.

CCAG now wants to take the rink to the next level and a community survey conducted in early 2024 showed strong support for this vision with 91% in favor of a permanent facility. "The reality is, we can be more efficient. Our chiller did all it could do, but mother nature still wins when it comes to the sun and rain. A roof would make a world of difference," says Mike Backman, Rink Management. The goal is to provide more consistent access to the ice from December into March, but post-season analysis showed that the rink wasn't able to operate a full week uninterrupted until February this past winter.

The group has worked with multiple consultants who all agree that a permanent slab where the coolant lines would be buried would be step one in making operations easier. Next would be to cover the slab with a roof and ultimately add structures like viewing areas, changing rooms, bathrooms and concessions. With that, the fundraising effort has been crucial.

"We've been very fortunate to have the support from the community and businesses so that we can bootstrap the project (raise all funds annually to support operations) - the challenge is, ice isn't cheap," said Jackson. "We budget \$250,000 annually to operate; the chiller alone costs \$16,000 a month to lease. Luckily, 100% of the labor to operate the rink comes from our volunteers, everyone down to our zamboni drivers."

A capital fundraising campaign known as "Raise the Roof" was kicked off earlier this year with the goal being simple; raise \$5 million dollars to build an open air arena that provides year round access for a multitude of activities. While the primary focus is to bring a regulation size sheet of ice to Cape, the group wants to architect and build the venue so it can be utilized year round - lacrosse, soccer,

field hockey, yoga, community gatherings, year-round bathroom facilities for existing Gull Crest activities, and yes, of course, skating and hockey.

Board member Whitney Liston, who is charged with Fundraising and Events, is bullish on early fundraising efforts: "We kicked off the capital campaign to 'Raise the Roof' by fundraising from within our own board. The board has 100% participation, raising more than \$115,000. With 750+ private donors to date with the project and broad community support, we are confident that the community can come together to make this project a reality."

So why now? Board Chair Julie Furt has held close the importance of the project and what has motivated everyone involved - "CCAG is a testament to what a tight knit community can achieve. What started as an idea on how to get kids outside during the pandemic has evolved into a community-run organization with over 200 volunteers logging thousands of hours each year, programming for all ages and abilities, while still providing 350+ hours (more than 50% of the available ice time) to the public to get outside and enjoy fresh air during colder months of the year." Liston wants supporters to know that the time is now. "If you've been thinking about supporting our efforts to make this a permanent fixture in our community, and want to help it thrive in the upcoming phases, now is the time to contribute. The earlier we have funds, the better we can ensure the project's success, smooth operations and timely progress. We want the community to know that there are ways to support the project at all levels. Right now, you can donate to our 'Raise the Roof' campaign through our website, you can claim a spot on our advertising wall for next season, or you can contact us directly to explore naming opportunities for our permanent structure to show your support in perpetuity."

The group remains enthusiastic and excited about the prospect of donating the arena to the town. "The end goal remains to stand up the rink, operationalize it, and leave it to the town for the community to use for years to come," said Furt. "We've thoroughly enjoyed this project, and loved seeing and hearing the joy it's brought for all. Come see us in December!"

To learn more on how you can help go to capearena.org/support or email info@capearena.org.

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Local birding report

By E. Brooks Bornhoff

Considered one of the most widespread breeding warblers in Maine, the Black-throated Green Warbler is an agile upper canopy dweller with a delightfully persistent song. Slightly smaller than a Tufted Titmouse, the Black-throated Green is more often heard than seen, especially at this time of year given its preference for sunlit tops of White Pine and other conifers. Fortunately, like most wood warblers, the Black-throated Green is fond of bathing.

On one occasion during the first week of July I had stopped to quickly scan the little brook that runs through the fringes of my property, when my eyes fell upon a dapper male. His bright greenish olive back, yellow cheeks and black throat gleamed in the late afternoon sun. Disregarding my presence, the warbler hopped down into the streamlet and proceeded to bathe, throwing off sparkling drops in little showers.

In the first two weeks of July, Robinson Woods, Gull Crest, Winnick Woods and along the Cross Hill Trail/Marsh Trail property teemed with Black-throated Greens.

Fortunately, these warblers sing a lot later into the summer than most other warblers do. Pioneering Maine ornithologist Cordelia J. Standwood adeptly captured the experience of being in the woods and hearing this bird singing when she wrote "his voice is suggestive of drowsy summer days, the languor of the breeze dreamily swaying the pines, spruce, firs and hemlocks. It recalls the incense of evergreens, the fragrance of the wild strawberry, the delicate perfume of the Linnaea. No other bird voice is so potent to evoke that particular spell of the northern woods."

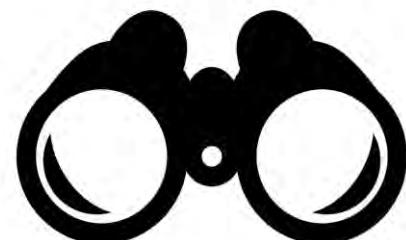
Other noteworthy mentionings from the yard and field include - on the first day of July, three young, Red-breasted Nuthatches that had been regulars on our suet for the last two months moved on. And on July 2, my son and I came across an adult Willet with three fledglings

crossing the Sawyer Road section of the Spurwink Marsh as dozens of Barn Swallows darted and dove above us. I am also thankful for the Wood Thrush that continues to sing past dusk somewhere in the woods behind our house.

Lastly, on the evening of July 7 I was travelling along Scott-Dyer Road when a small owl flew across the road. Immediately recognizing that this was not a Barred or Great Horned Owl I slowed down and hoped to see or hear something that would confirm my suspicions.

As I fought off mosquitos, three more little owls flew to a nearby power line perch. With a waning crescent moon in the background a fifth owl flew across the road and disappeared into the depths of an Oak Tree. The three little owls perched on the power line started making a racket. This included various trilling whines and hissing sounds. Shortly thereafter the other two nearby owls joined in the strange chorus.

This was the first time I have seen or heard Megascops asio in Cape Elizabeth since moving here almost a decade ago. Reports of Eastern Screech Owls breeding anywhere in Maine are rare. Interestingly, over the last decade Cornell's eBird data revealed only a small handful of (single bird) confirmed sightings each year in Southern Maine and islands. The two most recent reports being in June on Long Island and a continuing owl in the Canco Woods section of Portland. Perhaps these offspring screech owls are part of a larger movement to extend this species' regular breeding range northward!



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CAPE CALENDAR

By Wendy Derzawiec

Please see the town website, www.caapeelizabeth.com for meeting locations

Instructions for joining videoconference meetings listed below will be posted on the town website, www.caapeelizabeth.com.

Tuesday, July 16

Planning Board, Town Hall, 7 p.m.
Town Council Workshop, Lower Conference Room, Town Hall, 7 p.m.

Wednesday, July 17

Riverside Cemetery Committee, Jordan Conference Room, Town Hall, 4 p.m.

Thursday, July 18

Fort Williams Park Committee, 6 p.m.
Energy Committee, Jordan Conference Room, Town Hall, 7 p.m.
Privacy Advisory Committee - Ad Hoc, Jordan Conference Room, Town Hall, 7 p.m.

Tuesday, July 23

Board of Zoning Appeals, Town Hall, 7 p.m.

Tuesday, July 30

School Board Special Meeting, Town Hall, 6:30 p.m.

Thursday, August 1

Recycling Committee, Public Works Department, 7 p.m.

Ongoing each week

Al-Anon, 7 p.m. Fridays, First Congregational Church, 301 Cot-

CABLE GUIDE**CETV CHANNEL 1302**

Subject to change. Please see cetv.caapeelizabeth.org for latest program guide and video on demand.

Nothing scheduled for July 17 - Aug 6



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SERVICES

Cape Elizabeth Church of the Nazarene
499 Ocean House Road (Route 77)
747-1113

www.capenazarene.org
Sunday School for all ages: 9:30 a.m.
Sunday Worship Celebration: 10:45 a.m.
Services streamed live or on demand:
watch.capenazarene.org

Cape Elizabeth United Methodist Church
280 Ocean House Road
799-8396

www.ceumc.org
Sanctuary Service: 10 a.m.
In-person Sunday services 10 a.m. For Zoom services, call 799-8396

The Church of Jesus Christ of Latter-day Saints
29 Ocean House Road
799-4321

Sacrament Meeting:
Sunday, 10 - 11:00 a.m.
Sunday School/Primary: 11:10 a.m.-12 p.m.

The Church of the Second Chance
Greater Portland Christian School
1338 Broadway, South Portland
641-3253

Sunday: 10:30 a.m.-12:15 p.m.

Church of the Holy Spirit

1047 Congress Street, Portland
874-9779

www.HolySpiritPortland.org
Sunday Worship: 10:00 a.m.

Sunday Adult Bible Study: 9:00 a.m.
Sunday School for children: 10:00 a.m.
Services streamed live on Facebook Potluck dinner every third Sunday

Congregation Bet Ha'am
81 Westbrook St., South Portland
879-0028

www.bethahaam.org
Worship: Friday, 7:30 p.m.
Saturday, 10:30 a.m.
Family Shabbat Services:
Second Friday, 6:00 p.m.

Hope Community Church

879 Sawyer Street South Portland
799-4565

www.hopesopo.com
facebook.com/hopesopo

Sunday Morning Worship at 10 a.m.
Kid's Church for ages 4 through grade 5

Service videos available on our website

Promised Land World Reach Center
536 Cottage Road, South Portland
799-3152

Sunday Prayer & Intercession: 9:30 a.m.
Sunday Worship: 10 a.m.
Family Bible Studies: Wednesday, 7 p.m.
Sermon recordings available to download

Redeemer Lutheran Church - LCMS
410 Main Street, Gorham
839-7100

www.RedemeerMaine.org
Sunday Bible Class for all ages: 9:00 a.m.
Sunday Worship Service: 10:15 a.m.
Services are in person and streamed on Facebook and YouTube

Saint Alban's Episcopal Church
885 Shore Road
799-4014

www.stalbansmaine.org
Sunday Services:
Rite 1 with Holy Eucharist 8:00 a.m.
Rite 2 with Holy Eucharist 9:30 a.m.
Live Streaming on YouTube (stalbanschannel)
Children's Programs 9:30 a.m.
Celtic Eventide 5:30 p.m.
Room for all

St Bartholomew Catholic Church of Saint John Paul II Parish
8 Two Lights Road, **207-883-0334**

Website: www.JP2me.org
Sunday Mass: 9 a.m.
Daily Mass: Mon. and Wed. 8 a.m.
Sacrament of Confession: Mon. 8:30-9 a.m.
Additional Mass times in Scarborough & South Portland listed on website

First Congregational Church United Church of Christ
301 Cottage Road, South Portland
799-3361

www.fccucc.org
Sunday Worship: 10:00 a.m. in person and streamed on Facebook & YouTube

First Congregational Church of Scarborough

167 Black Point Road, Scarborough
883-2342

www.fccscarborough.com
Sunday Morning Worship: 9:30 a.m.
Sunday School & Nursery Care

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Library

Continued from page 12

Songwriting Workshop (with Jud Caswell)

First Tuesday of the month, 6:30 - 8:00 p.m.
In person
Next meeting: August 6

Eldering Conversation Group

Wednesdays
1:00 - 2:00 p.m.
In person AND via Zoom

Writing Hive

Thursdays, 5:30 - 6:30 p.m.
Bring your laptop or your favorite notebook and join us for tea and quiet writing time. Meets weekly on Thursday evenings from 5:30-6:30 p.m. All are welcome. Register on our website to receive reminders.

Adult Book Group

Third Thursday of the month, 3:00-4:00 p.m.
In person AND via Zoom
Next meeting: July 18
This month's book: "More Than Petticoats," by Cape author Kate Kennedy

Dean's list announcements

Quinn Collins, social welfare undergraduate, has been named to the dean's list for the spring 2024 semester at the University of Wisconsin-Milwaukee in Milwaukee, Wisconsin.

The following students were named to the dean's list for the winter 2024 semester at Bates College in Lewiston:

Nick Clifford
Jack Hagan
Miryam Keller
Cayden Royall

Ethan Coronite was named to the President's List (honors) for the spring 2024 semester at Nichols College in Dudley, Massachusetts.

The following students have been named to the dean's list for the 2024 spring semester at the University of New England in Biddeford:

Lila Gaudrault
Ann Guimond
Andrew Miller

Brendan Connolly has been named to the dean's list for the spring 2024 semester at the University of Hartford in West Hartford, Connecticut.

Greta Frankwicz was named to the spring 2024 dean's list at the College of Our Lady of the Elms in Chicopee, Massachusetts.

The following students were named to the spring 2024 dean's list at Roger Williams University in Bristol, Rhode Island:

Karli Chapin
Ella Membrino
Nate Mullen

Dana Schwartz has been named to the spring 2024 dean's list at Hamilton College in Clinton, New York. Schwartz is majoring in neuroscience.

Got a story to share?
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monica dambach

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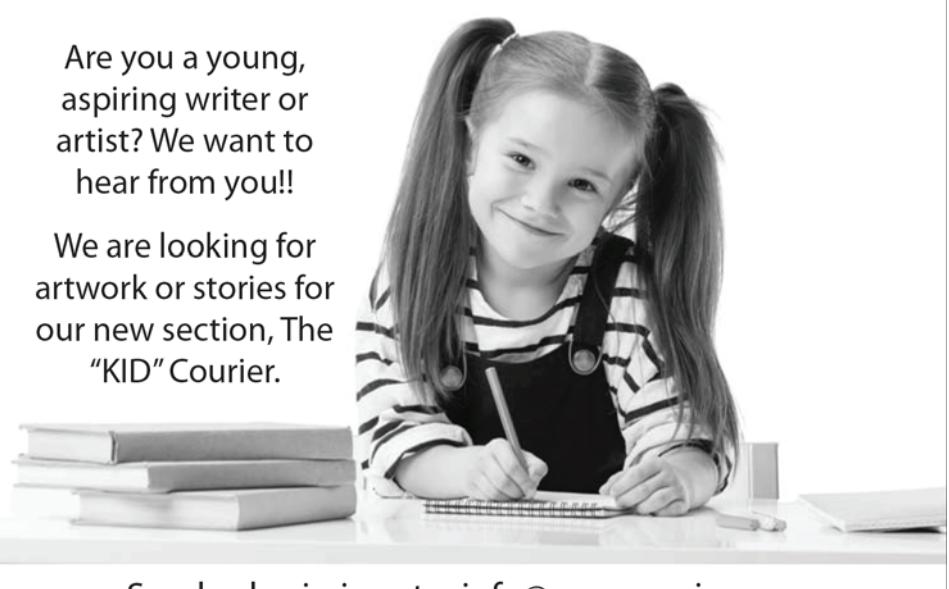
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PLEASE ATTEND THE PUBLIC HEARING ON 7/29

"THE MIDDLE GROUND" SCHOOL DESIGN CONCEPT

RECENT MEETINGS



JULY 1 SCHOOL BOARD MEETING

The Board voted unanimously to support the \$89.9M 'Middle Ground Concept' and recommended that Town Council send it to a November Referendum.



JULY 8 TOWN COUNCIL MEETING

Council voted unanimously to send the \$89.9M 'Middle Ground Concept' to Public Hearing, with an amendment to discuss future use of the 1934 building.

A \$42M option, proposed by the Town Council Chair, was supported by a 4-3 vote to go to Public Hearing as well. This proposal had not been voted on by the School Board and would address only facility repairs and security renovations.

UPCOMING PUBLIC MEETINGS & MILESTONES



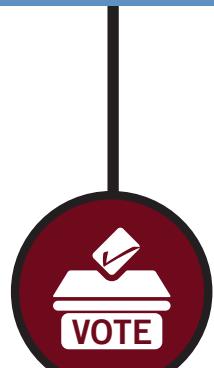
JULY 29 PUBLIC HEARING

[Attend the Public Hearing](#) on the \$89.9M 'Middle Ground Concept' and discussion of future use of the 1934 building, and the \$42M repairs option proposed by the Council Chair.



AUGUST 12 TOWN COUNCIL MEETING

Council votes on bond language for the November 5 Referendum.



NOVEMBER 5 REFERENDUM

The public votes on the proposed concept.

WHAT QUESTIONS ARE WE HEARING IN THE COMMUNITY?

WHAT IS IN THE BOND?

The bond includes up to \$89.9M to address educational and facility needs at all three schools as follows:

- To construct and equip a new middle school,
- To renovate, repair, and expand Pond Cove Elementary School; and
- To repair Cape Elizabeth High School

As well as additional expenditures of up to \$1,625,000 in the form of pledges, gifts, grants and other donations to pay for a solar array on the roof of the new middle school.

WHAT HAPPENS TO REPAIR ITEMS NOT INCLUDED IN THE 'MIDDLE GROUND CONCEPT'? WE HAVE A PLAN!

CESD CIP/MAINTENANCE/REPAIR PROJECTIONS OVER AN 8-YEAR PERIOD

\$9,251,694 in Repairs Items Over 8 Years

In this year's budget we have \$1.3M allocated for CIP, Repairs and Maintenance. This same amount will be budgeted every year going forward with a 2% inflationary factor. The plan utilizes \$1.1M to address the \$9.2M in repairs over 8 years. This leaves a remaining \$200,000 in the yearly budget for Repair & Maintenance Contingency Items. **This is why it's budget neutral.**

CIP

\$700,000 in Current 2024-25 Budget

MAINTENANCE & REPAIRS

\$600,000 in Current 2024-25 Budget

WHAT WILL HAPPEN TO THE 1934 BUILDING?

- Conceptual design for an alternative use of the 1934 building does not fall within the scope of work for the school design team.
- The use of the building is still being determined.
- The bond addresses removing the MS additions that are connected to the 1934 building and making the 1934 building weather-tight.
- The plan allows for future parking at the 1934 building for a variety of potential uses.
- Cost will vary based on determined use, however, the Owners Project Manager (OPM) has provided a Rough Order of Magnitude Estimate of \$4.8M for reuse of the 1934 building for continuous, but separate, use as a municipal building. Cost includes new standalone utility services, new HVAC, electrical systems, reconfiguration, and fresh paint. This cost is not included in the \$89.9M.

ESTIMATED TOTAL PROJECT COST: \$89.9M +/-

(does not include estimated savings of \$800K+ in Efficiency Maine Incentives)

KEY TAKE AWAY: THIS WILL WORK WITHIN OUR BUDGET!

CESD can complete all CIP/Maintenance/Repair Items in 8 years, utilizing our school budget, with only a 2% inflation factor for these budget lines.

YEAR	CIP AND REPAIR & MAINTENANCE	DECREASE EACH YEAR FROM TOTAL
		\$9,251,694
2025	\$1,100,000	\$8,151,694
2026	\$1,122,000	\$7,029,694
2027	\$1,144,440	\$5,885,254
2028	\$1,167,329	\$4,717,925
2029	\$1,190,675	\$3,527,250
2030	\$1,214,489	\$2,312,761
2031	\$1,238,779	\$1,073,982
2032	\$1,263,554	\$(189,572)

COMMUNITY-DEVELOPED DESIGN STATEMENT:

"A secure and nurturing community hub that fosters a joy of learning and collaboration by supporting students' discovery of their full potential."

NEW MIDDLE SCHOOL

PRELIMINARY RENDERING ('MIDDLE GROUND CONCEPT')



0% STUDENT DISRUPTION DUE TO CONSTRUCTION



LEARN MORE: www.capec.k12.me.us

Refer to the July 1, 2024 School Board Presentation by Harriman for other questions and responses we have heard and addressed.

Email CESB@capeelizabethschools.org with additional questions!

Calculations completed by Joseph Cuetara,
Moors & Cabot, Inc.

Assumptions for tax rate projections:

- Percentages rounded to the nearest tenth value
- 3.75% interest rate (current market rate)
- .5% projected annual increase in town assessed valuation
- Total project cost of \$89,900,000