

The Cape Courier

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Aug 21 - Sept 4, 2024

An Independent Not-for-Profit Newspaper
Serving Cape Elizabeth Since 1988

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In the Spirit of Community

News from August 12 Town Council meeting

By Hanna Gilley

Presentations: Cape Elizabeth Police Department Accreditation

The town of Cape Elizabeth was formally recognized as having received accreditation through the Maine Law Enforcement Accreditation Program (MLEAP). Mike Tracy, Executive Director of the Maine Chiefs of Police Association presented the accreditation to Chief Paul Fenton and Sergeant Rory Benjamin on behalf of the Cape Elizabeth Police Department. Tracy said that accreditation, undertaken by less than one-quarter of Maine's 130 law enforcement agencies, is a "testament to the dedication and commitment to the highest of law enforcement standards" and "excellence and service" to the Cape community. Police Chief Fenton recognized Sergeant Benjamin as having "kept me on task" during the accreditation process and "wanted to acknowledge him and thank him for his efforts." Town Council Chair Reiniger remarked that the accreditation is an "amazing achievement for this community."

Town Council Reports and Correspondence

The Council shared that on August 21 from 6:00 - 7:30 p.m. at the library there will be a "meet and greet" with the finalists for the Cape Elizabeth Town Manager position. All are encouraged to "come by and meet the candidates" and share your thoughts. Final interviews for the Town Manager position will take place the following day with Cape Elizabeth Department heads.

Cape Elizabeth Town Clerk Angela Fraw-

ley shared information regarding the upcoming November election and absentee ballots, "strongly encouraging" residents to request ballots as early as possible. Ballots will be available starting in early October. Cape Elizabeth residents can request an absentee ballot application online on the town's website, over the phone, or in-person at Town Hall. Frawley said that absentee voting is a "safe, secure and efficient way to vote at your convenience" and that "if there's one thing we can all agree on, it's that everything on the ballot deserves consideration." Any registered voter in the state of Maine can request an absentee ballot without reason. Absentee ballots can be returned to the ballot box outside of Town Hall or in-person during normal hours by 8 p.m. on Election Day, November 5, or sent through the mail and postmarked before November 5. In-person absentee voting at Town Hall will start on October 7. Frawley reminded voters to sign the back of their absentee ballot envelopes and to return all ballot sheets even if some questions are left blank as it helps the town's accountability during the election process.

Councilor Anderson shared that there are two state statutes that allow for property tax relief. Anderson proposed changes in the criteria of one of the statutes which would become a town ordinance. The current criteria for tax relief under the statute is for property owners (of at least ten years) taking advantage of the Homestead Exemption, are aged

-see TOWN COUNCIL page 13

Sisters Straw are first all-female boat to win state of Maine Sailing Championship

By Kevin St. Jarre



Photo by Chris Straw

Caroline "Story" Straw and Tess Straw became the first Maine-based high school female skippered boat, and the first all-female boat, to win the Club 420 State of Maine Sailing Championship since its inception over 30 years ago.

A pair of Cape Elizabeth sisters have proven themselves to be a force to be reckoned with on the waves.

Caroline "Story" Straw and Tess Straw, sailing with the Portland Yacht Club (PYC) Junior Sailing Program, became the first Maine-based high school female skippered boat, and the first all-female boat, to win the Club 420 State of Maine Sailing Championship since its inception over 30 years ago.

The championship took place in Blue Hill under near-perfect conditions with steady winds between 7 and 15 knots. In their historic win, the Straw sisters dominated from the start.

Younger sister Story, who will be a senior at Cape Elizabeth High School this fall, was the skipper and Tess, a CEHS Class of 2024 graduate, was the crew. They shot out of the gate and finished first in the initial race of the 38-boat fleet.

That was just the beginning, as the Straws were impressive that entire first day, earning two firsts, two seconds and a third-place finish.

In one race, they did finish ninth after an attempt to cross the fleet on a port tack resulted in a penalty. They did not have right

of way, and forced a boat on starboard tack to change course to avoid a collision. While an aggressive decision, because they cut off the boat that had right of way, the Straws had to then perform what is known as a "penalty turn" or else risk being disqualified.

On the second day, the field of competitors knowing how formidable the Straw sisters were, tried a common tactic in competitive sailing. They forced the Straw boat out of position on the starting line, and this set them up for an uncharacteristically poor finish. Summer sailing rules, however, allow competitors to drop their worst finish from their overall score. Story and Tess Straw then adapted their strategy, and ended the regatta with a series of strong races, preserving their overall lead to win the championship.

This victory by the Straw sisters marks an historic milestone in a sport dominated by male skippers, showcasing the skill and teamwork of female sailors and inspiring future generations of girls in the sailing community.

Their triumph comes after an impressive

-see SAILING page 5

SCHOOL BUS

The start of school is quickly approaching, and the Cape School Transportation Department is busy finalizing this year's bus routes. Although our goal is to maintain existing routes, each year the arrival of new students to our schools requires some adjustments to routes and stops. The buses and drivers are ready for the start of a great new year.

Check out this year's routes at
<https://www.cape.k12.me.us/page/parent-resources>.

Students should be at the stop closest to their house five minutes before scheduled stop time. Any questions about bus routes should be directed to mcooke@capeelizabethschools.org or (207) 396-6476.

ABC 123

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OUR MISSION STATEMENT
 The mission of The Cape Courier is to foster a sense of community by presenting news specific and unique to Cape Elizabeth and its residents, and, whenever possible, to promote volunteerism within our community.

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 Letters should not exceed 250 words. We reserve the right to refuse letters and to edit for length, accuracy, clarity and civility. We do not withhold names and writers may be limited to one letter per month. Petition-style letters will be declined. Letters reflect the opinion of the author, not The Cape Courier. Email letters to: editor@capecourier.com or mail to P.O. Box 6242, Cape Elizabeth, ME 04107. Please note: Letters will be acknowledged by email.

NEXT ISSUE: Sept 4th
DEADLINE: Noon, Aug 23

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Engel ‘will work to build consensus’ ‘Your participation is crucial’

As a parent of a future Cape Elizabeth student, the makeup of the school board is important to me. This is why I write in support of P. Joy Engel for the Cape Elizabeth School Board.

Having known P. Joy for almost ten years, I can attest to her character, which is full of the traits one would want in someone making decisions for our children’s education. She is thorough, passionate and collaborative. Because of this, I have often looked to her for guidance and advice when navigating new landscapes and challenges, such as a pregnancy during the pandemic and motherhood in general.

Of late, I have sought her out as a trusted source in navigating some of Cape’s

politics, knowing that she has done her research, looked at all sides, and come to her own, well-informed conclusion. She is pragmatic and understands both the importance of addressing current situations and future needs. P. Joy is also one of the most thoughtful and kind people I know, which are qualities we need now more than ever. I know P. Joy will work to build consensus with fellow School Board members to ensure we continue to have a high performing school system that meets the needs for all of our children and our community.

Join me in putting your support and vote behind P. Joy Engel for School Board.

Heather Drake

Boyer ‘is the leader we need’

We’re supporting Michelle Boyer as our representative to the Maine House because of her knowledge of environmental and healthcare issues. We need effective leadership in the legislature to combat the climate crisis and invest in healthcare for Maine families. Michelle has experience serving on the Cape Elizabeth Conservation Committee which has been dealing with the impact of se-

vere weather on town trails. As a fellow Committee member, I (Bruce) have seen Michelle be a leader, a team player and consensus builder. She has the skills necessary to advocate for policies that protect our environment.

Michelle has been an advocate for better access to health care for Mainers and has worked with Senator Anne Carney on legislation to improve the health of Maine families. We believe Michelle is the leader we need in Augusta to address these pressing issues. Please join us in supporting Michelle to represent us in the Maine House of Representatives.

Bruce Moore
Jan Chapman

Scifres’ experience ‘will be invaluable’

It is with enthusiasm and deep gratitude that we strongly support and endorse Elizabeth Scifres in her candidacy for the Cape Elizabeth Town Council. As the current Chairperson of the School Board and over the course of her four terms, Elizabeth has demonstrated exemplary leadership, dedication and a deep commitment to our community. We are thrilled to see her willingness to continue her service to the town to address a broad range of issues.

Elizabeth’s tenure on the School Board has been marked by her thoughtful decision-making and her ability to listen to all voices. She has shown a remarkable capacity to navigate complex issues with both compassion and practicality, ensuring that the needs of our students are met while also being mindful of the concerns of taxpayers. Her collaborative approach has helped foster a positive and inclusive environment within our schools, something that will undoubtedly benefit the broader community if she is elected to

the Town Council. While she has been a consummate advocate for the well-being of our students, teachers, and families, her understanding of the wide range of unique challenges and opportunities facing our town make her an ideal candidate for the Town Council. She cares deeply about the future of our town and is someone we can trust to represent us effectively and with integrity.

We encourage all voters to support Elizabeth Scifres for Town Council. Her experience and steady approach will be invaluable at a time when those qualities are desperately needed.

Jamie and Emily Garvin

THANK YOU!

Your donations and other contributions help keep this community newspaper coming to your mailbox.

Michael Woodworth

Anonymous

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-see more LETTERS TO THE EDITOR on page 3

POLITICAL ADVERTISING POLICY

The Cape Courier accepts advertisements in compliance with applicable laws and the publishing industry’s best practices. Maine’s campaign finance laws set the basic standards for advertisements for political candidates and ballot issues. In an effort to promote public dialogue, the Courier also accepts advertisements on issues of public policy and social concern, as long as they adhere to standards of fair play and do not target individuals. The Courier requires that opinion or advocacy advertisements display the name and town of at least one member of the sponsoring group. The Courier also requires that any advertisements claiming the support of people, companies or organizations provide certification for these endorsements.

The Courier reserves the right to insist on modifications to draft advertisements prior to publication. It is not the Courier’s intention to reject advertisements, but like all publications it reserves the right to do so at its sole discretion.

In addition, here is a link to a section of Maine law dealing with campaign advertisements:
<https://legislature.maine.gov/statutes/21-A/title21-Asec1014.html>

The Cape Courier Board of Directors

Then and now: A musical homecoming

By Jim Rowe

I attended my last two years of high school at Maine Central Institute in Pittsfield. The band director there, Robert Hudson, was also conductor of the Colby College Concert Band and Orchestra. The Colby groups were shy on saxophonists at the time, and I was invited to play with them...a real hoot for a high school kid. Following rehearsals in Waterville, I would often have time to kill, waiting for a return ride to Pittsfield. I remember being captivated by a display of old instruments in the Bixler Art Building, and was surprised to learn that they had been gifted by a Cape Elizabeth neighbor, Ralph Gould.

Ralph Gould lived at 31 Forest Road, just around the corner from my boyhood home on Cottage Farms Road. He and my dad were friends. Mr. Gould was a very interesting man. Among other things, he was a successful businessman, an active participant in our community (our town's citizenship recognition is named for him), a noted philanthropist, a collector and a promoter of music. Regarding the latter, he was a member of the Portland Symphony Orchestra. He founded several local bands (among them, the Cape Elizabeth Fire Department Band). He was an advocate for youth through the medium of music, sponsoring an annual competition for area high school musicians. As a hobbyist, he collected and worked on "things," including vintage musical instruments. In the early 1960s, Mr. Gould donated his remarkable collection of two dozen antique brass and woodwind instruments to Colby College. They were a treasured museum exhibit in the Bixler Building for many years.

Recently, one of our board members in

the Cape Elizabeth Historical Preservation Society was in touch with a former classmate at South Portland High School. She is the granddaughter of Ralph Gould. Her family had recently been contacted by the folks at Colby, indicating that they wished to move the instrument collection. Would the family be interested in finding it a new home? She sought advice from her long-time friend at CEHPS. Through that contact, the historical society informed her of our own interest in housing the collection...essentially "bringing it home." Happily, the family enthusiastically agreed!

And so it was that four of us from the CEHPS traveled to Waterville, met the Gould descendants and connected with Beth Bridger from Colby College. We saw the instruments, which were meticulously labeled and packaged for transport. A document was signed, turning the collection over to the Gould descendants, who promptly gave the instruments to the CEHPS. They are currently being processed and will soon be displayed and appreciated by many in our Cape Elizabeth History Center!

I am a firm believer in kismet. The recent expansion of CEHPS into its new home at the former Bachelor Officer Quarters at Fort Williams Park allows for the acquisition and display of such remarkable items as the Ralph T. Gould Musical Instrument Collection. Shown below are two of the more interesting instruments from the collection: an "over-the-shoulder" tuba in E-flat from the 1860s being played by Mr. Gould himself in the mid-1950s and a self-explanatory "serpent," dating from ca. 1810!



Photo by Jim Rowe



Photo courtesy of CEHPS

Boniakowski is committed 'to the future of Cape'

The town of Cape Elizabeth would be well served by Chris Boniakowski's election to the School Board. Chris is intelligent, pragmatic, and works hard to get things done. He also has the time, ability and willingness to roll up his sleeves and do what's needed to ensure our schools are on the right path for the future.

Chris' professional background in digital infrastructure includes an expertise in designing, building and financing highly complex projects. Through this work, Chris has excelled at collaborating with municipal stakeholders at the local, state and national level to get these projects across the finish line. This experience will benefit the School

Board as it continues to tackle the future state of Cape Elizabeth's schools.

Chris' commitment to the future of Cape Elizabeth is easily seen around town, whether it is coaching Little League, volunteering at Pond Cove or clearing trails with CELT. On a personal level, he is a patient, honest and level-headed individual who we are fortunate to call a friend.

As the debate over school funding rolls forward, a vote for Chris Boniakowski for School Board will ensure that you will have a steady hand at the tiller.

Laena and Brendon Pomeroy

Ignoring community feedback is 'a missed opportunity'

I was disappointed to see Channel 6's July 25 report on our Town's school construction plans. The Town Council Chair defended his own \$42 million bond proposal - unsupported by the School Board and lacking a solid plan - by stating: "We'll resist and stand up to all the public pressure we're getting."

At the subsequent public hearing on the issue, over 45 people spoke in support of the School Board's \$89.9 million Middle Ground plan, which includes a new middle school. This support was echoed by a letter signed by 465 Cape residents, all dismayed and confused by Chair's \$42 million proposal. Two residents expressed support for the Chair's proposal and four at the end wanted a third option presented. Yet, at the

conclusion of the meeting, a Town Councilor audibly remarked, "so we move forward with the \$42 million."

The SBAC's town-wide survey revealed that 62% of respondents favored a plan with a new middle school, highlighting that the public's feedback is not mere "pressure" but a clear preference. Ignoring community feedback isn't just a political faux pas; it's a missed opportunity to engage with the very fabric of our community.

Whatever the issues may be, I implore our town leaders to embrace the wisdom of the community, and engage in thoughtful dialogue responsive to the opinions of the voters; and I urge you to join me in this plea.

Elizabeth Biermann

'We have common ground to stand on'

Scores of people showed up to the July 29 Town Council meeting and it felt like we were no longer alone. Scores of people stood up and showed their support for the Middle Ground school project. And perhaps most importantly, scores of people showed they're now paying attention to what this Town Council has been doing to circumvent well-established policies and practices.

People from all perspectives (parents, grandparents, teachers, people with fixed incomes, and long-time Cape residents) spoke about how they had doubts during the last referendum and how their opinion on the need for a new school has evolved since then. Thanks to an inclusive and thoughtful planning process, our community can see

and understand the need for a new middle school.

It truly feels like the community's eyes have been opened and that a sleeping giant has been awakened. There's so much good in this town and we're not alone: we have common ground to stand on.

Aglae Velasco Shaw

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Safe missing, person refuses to leave residence

Reported by Debbie Butterworth

PUBLIC INFORMATION

- 7-24 An officer responded to a residence in the Scott Dyer Road area for a person refusing to leave a residence.
- 7-26 An officer met with a representative of the high school regarding a trespass and criminal mischief complaint.
- 7-27 An officer met with a resident of the Spurwink Avenue area regarding a harassment complaint.
- 7-27 An officer met with a resident of the Maxwell Woods area regarding a theft complaint.
- 8-2 An officer met with a resident of the Old Ocean House Road area regarding the possible violation of a protection order.
- 8-2 An officer met with a resident of the Scott Dyer Road area regarding a missing safe.
- 8-3 An officer met with a resident of the Brentwood area regarding a dog bite complaint.
- 8-4 An officer met with a resident of the Shore Road area who reported she had received a call from a person claiming to be from her bank regarding some fraudulent activity on her account and asked for her account information. She called the bank the following day and learned she had been scammed. Several withdrawals had been made from her account.
- 8-5 An officer met with a subject regarding a dog bite complaint.
- 8-5 An officer met with a resident of the Shore Road area regarding a well-being check. Safe

after license suspension, Shore Road, \$325

7-29 Cape Elizabeth resident, producing evidence of insurance not in effect, \$223

JUVENILE SUMMONSES

8-5 Cape Elizabeth resident, violation of interim license, Spurwink Avenue, \$385

ARRESTS

7-24 Cape Elizabeth resident, outstanding warrant, Two Lights Road

ACCIDENTS

7-22 Ellen Hanig, Drew Johnson, accident on Shore Road

7-28 Ella Couture, accident on Shore Road

8-3 Heidi ORourke, accident on Trundy Road

FIRE CALLS

Fire: 13

Rescue: 44

Judy's Pantry- a community feeding itself

Judy's Pantry operates at the Cape Elizabeth Methodist Church on the second and fourth Tuesdays of each month from 3 - 4:30 p.m.

Prior registration is necessary. Please contact Beth Owens: bethowens1@gmail.com.

SUMMONS

7-28 South Portland resident, operating

Scam alert bulletin board

By Jessica D. Simpson

Disaster Scams

In 2023, post-disaster fraud cost Americans over \$9.3 billion, according to the National Insurance Crime Bureau (NICB). With hurricane and wildfire season in full swing, it's important to remind ourselves that when the clouds roll out and the smoke clears, criminal scammers tend to move in. Following extreme weather events, criminals impersonate government, utility, and insurance workers. They may show up at your door or call with promises of federal grants, priority repairs, or faster claim processing in exchange for a fee or up-front deposit. While actual Federal Emergency Management Agency (FEMA) agents may visit your home to assist, they will never ask for payment and will carry a government-issued laminated photo badge. A FEMA shirt or jacket is NOT proof of identity. Be cautious of door-to-door insurance and utility solicitations promising special or expedited assistance. Even if the offer appears genuine, ask for more information, and never give money on the spot. You should also contact your insurance or utility company through pre-established channels to confirm that an offer is legitimate.

Celebrity Impostor AI Scams

Artificial Intelligence (AI) has captured the world's attention, but it has also captured the attention of criminal scammers. One area

where AI scams are particularly dangerous is celebrity impostor scams. For many years, criminals have impersonated celebrities online to steal from fans. Fake celebrity profiles offer fans personal connection, investment opportunities, or the chance to support favorite charities. AI has allowed criminals to make these scams more realistic than ever with "deepfake" videos. With this technology, criminals can create videos where it looks and sounds like the celebrity is speaking, but it is in fact completely computer generated. Criminal scammers have used this technology for anything from fake product endorsements to promotions for bogus VIP ticket sales. Posting on a celebrity's social media account might be exciting, but it could put you at risk of this impostor scam. In whatever way you choose to enjoy your favorite celebs, do so recognizing that an opportunity to connect with them personally is likely a scam.

Be a fraud fighter! If you can spot a scam, you can stop a scam. AARP Fraud Watch Network™ is a free resource for all. Learn how to proactively spot scams or get guidance if you've been targeted. Visit aarp.org/fraudwatchnetwork or call our dedicated helpline to speak to a fraud specialist at 877-908-3360. Need a scam prevention speaker for your group? Click the link to fill out our online form or send an email to me@aarp.org.

Cape career coach

By Holly Smevog

To the Career Coach: Thank you for your column and most recent thoughtful tips for new graduates. I am wondering what words of wisdom you may have for a near 60 year-old, who has been out of the workforce for 2 years, on re-entry to part time working.

Thanks for your thoughts!
O.W.

Dear O.W.,

I'd be thrilled to help! Reentering the workforce after a break can be challenging, but it's always an achievable goal. The first step is turning that uncertainty into hope and excitement about your next career chapter. Here are some ideas to help you navigate this transition:

First, take a good look at your experience, skills and strengths. What tasks make you happy and what's important to you right now? Create a short list. Get crystal clear about the value you bring to the table. Before diving in, craft your elevator pitch: Who are you professionally, and what do you want to do right now? Test it out on friends or family, and revise your story until it feels natural and confident.

There's a silver lining for you in Maine's workforce shortage. Demand for labor is high and supply is low, which means employers are looking for experienced workers like you. The modern workforce has many versions of flexible jobs that might

be remote, part-time, hybrid, seasonal, etc. Highlight your extensive experience and the valuable skills you've developed over the years. Your knowledge and expertise are exactly what Maine employers need.


The quickest way to find a job that fits you best is through human connections. Grab that polished elevator pitch, spruce up your LinkedIn profile and start networking. Begin with friends and family, then branch out. Let people know what you are looking for, and always ask, "Who else should I talk to?" and try to get two more names each time. This will exponentially grow your network, leading to connections and job opportunities that aren't always advertised. Use your life experience to lean into this challenge; it's an advantage you likely have over your younger competition. It might be helpful to frame networking as setting a goal of 3 -5 weekly coffee meetings.

Stay open-minded. It's perfectly fine to explore roles that might seem beneath your potential or outside your previous industries. Sometimes, a part-time job in a new field can open doors to unexpected and fulfilling opportunities. Your skills may transfer more smoothly than you think. Staffing firms can also be a fantastic resource. They represent many employers and open positions, helping you evaluate your options. Don't overthink it—apply to a few jobs and practice your pitch.



Remember to approach your job search with a positive mindset and a solid plan. You've got this! Good luck!

2024 Publication schedule

Issue No	Ad/Copy Due	Issue Published
01	Jan 5	Jan 17
02	Jan 26	Feb 7
03	Feb 9	Feb 21
04	March 1	March 13
05	March 15	March 27
06	March 29	April 10
07	April 12	April 24
08	April 26	May 8
09	May 10	May 22
10	May 24	June 5
11	June 7	June 19
12	June 21	July 3
13	July 5	July 17
14	July 26	August 7
15	Aug 9	August 21
16	Aug 23	Sept 4
17	Sept 6	Sept 18
18	Sept 20	Oct 2
19	Oct 11	Oct 23
20	Nov 1	Nov 13
21	Nov 15	Nov 27
22	Dec 6	Dec 18



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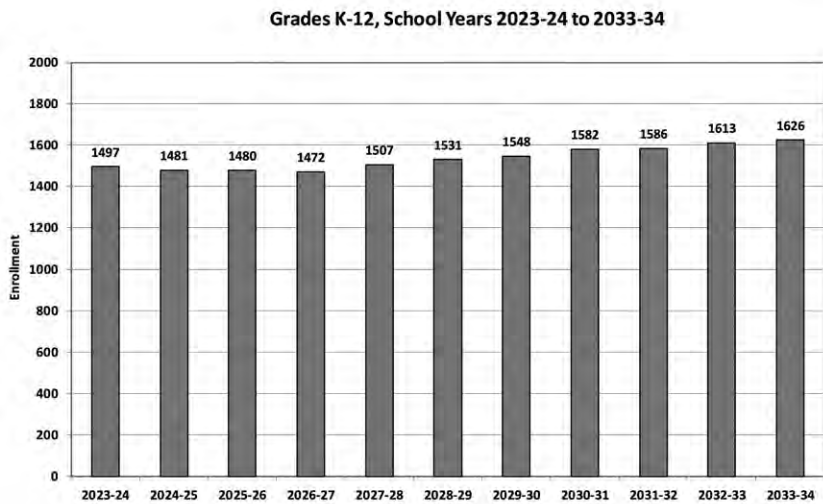
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CESD projected student enrollment

By Kevin St. Jarre



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Source: Cape Elizabeth, Maine, Enrollment Projections report, Feb. 8, 2024, New England School Development Council

While a report by NESDEC projects Cape Elizabeth's total K-12 enrollment to decline by 9 students, and be down to 1,472 students, by the 2026-2027 school year, it forecasts that enrollment to be at 1,626 by the 2033-2034 school year, an increase of 154 students.

There has been much discussion about student enrollment numbers with the Cape Elizabeth School Department in coming years. The New England School Development Council, or NESDEC, was asked to prepare a report summarizing the Cape Elizabeth projected student enrollment numbers, including its process in developing the report, methodology and reliability.

That report, dated February 2024, is almost 20 pages long and is available on the town of Cape Elizabeth's website.

It lays out in detail factors such as the ratio of births in town to kindergarten enrollment, considering student migration of families moving in and out of the district, and students moving to and from private schools while residing in Cape Elizabeth, Housing and Urban Development (HUD) single-family and multi-unit residential building permits and more.

The report also lays out the track record of student enrollment forecasts in the past, which supports the new numbers being reliable.

What the NESDEC report predicts is that while the two years after the coming school year will see a slight decline in enrollment K-12, a total reduction of 9 students school district wide from now until the school year 2026-2027, the forecast is for growth in the following years.

From school year 2026-2027 to school year 2027-2028, the report forecasts that student enrollment will increase by 35 students. The following school year would have an additional 24 students, and the forecasted trend shows likely growth over the next ten years by 154 students.

While NESDEC projects CESD's total K-12 enrollment to be 1,472 in the 2026-2027 school year, it forecasts that enrollment to be at 1,626 by the 2033-2034 school year.

If a new Cape Elizabeth Middle School were to be built, and Pond Cove Elementary School to be renovated, in time for the fall of 2027-2028 school year, that would be exactly timed for the beginning of the surge in growth in student numbers.

gion from the Dakotas to Virginia to Maine, the Lawrence White National Invitational at the U.S. Coast Guard Academy, the New England Co-ed Fleet Racing Championship, the New England Girls' Fleet Racing Championship and the New England Team Racing Championship.

This week, the sisters and two additional crew members are representing Area A region, comprised all of New England except Connecticut, at U.S. Sailing's 2024 Chubb U.S. Youth Triplehanded Championship for the Sears Cup in J/22s in San Diego, California.

Sailing

Continued from page 1

career for Tess Straw, the 2022 Maine State Girls Doublehanded Sailing Champion skipper, including what many consider the best season ever for a Maine high school team skippered exclusively by girls. While sailing out of SailMaine for Cape Elizabeth High School, the sisters, who skipper separately during the school year, helped the Capers earn berths in multiple prestigious events over the last two years, including: the Atlantic Coast Championship, which covers the re-

Fireworks rules in Cape Elizabeth

By Kevin St. Jarre

Cape Elizabeth Fire Chief Steve Young clarified the issue of fireworks in the community, saying, "Currently, the town of Cape Elizabeth, by ordinance, has a ban on Consumer Fireworks, unlike some other towns in the area that allow use on certain holidays, i.e. the 4th of July, or New Year's Eve. There are no exceptions in Cape Elizabeth."

A quick check of local ordinances proves the chief correct. Laid out in Cape Elizabeth municipal ordinances, Chapter 12, Article V, addresses Consumer Fireworks Regulations.

First, the local ordinance relies on the federal definition of what Consumer Fireworks are.

Those federal explosives regulations put out by the Bureau of Alcohol, Tobacco, Firearms and Explosives (ATF) define two categories of fireworks: there are Display Fireworks and there are Consumer Fireworks.

Display Fireworks are the larger fireworks used in shows, usually under the supervision of a trained pyrotechnician. The federal regulations require that any person engaging in the business of importing, manufacturing, dealing in, or otherwise receiving Display Fireworks must first obtain a Federal explosives license or permit from ATF for the specific activity.

Consumer Fireworks that the local Cape ordinance references are the smaller fireworks sold at stores and stands around the 4th of July. The ATF does not regulate the importation, distribution or storage of completed Consumer Fireworks, but the Cape Elizabeth ordinance does regulate these items.

However, because Consumer Fireworks contain pyrotechnic compositions classified by ATF as explosive materials, the manufacturing of consumer fireworks requires a Federal explosives license from ATF.

The Cape ordinance, Sec. 12-5-2, is titled, "Consumer Fireworks Prohibited" and reads, "No person shall use, possess with the intent to use, sell, possess with the intent to sell or offer for sale Consumer Fireworks within the Town of Cape Elizabeth. This section does not apply to a person issued a fireworks display permit by the Town of Cape Elizabeth and/or by the State of Maine pursuant to 8 M.R.S.A. §227-A."

The local ordinance goes on to say

that the category "Consumer Fireworks" does not include missile-type rockets, helicopter and aerial spinners, all as defined by the Maine State Fire Marshal by rule. "Nor does the definition of Consumer Fireworks include sky rockets and bottle rockets which, for purposes of this section, are defined as cylindrical tubes containing not more than 20 grams of chemical composition as defined by the State Fire Marshal by rule."

The town of Cape Elizabeth can seize fireworks that are in violation of the local ordinance. In Sec. 12-5-3. Seizure and Disposal of Fireworks, the Cape ordinance reads that "The Town may seize Consumer Fireworks that the Town has probable cause to believe are used, possessed or sold in violation of this Article and shall forfeit seized consumer fireworks to the State of Maine for disposal."

The ordinance also lays out penalties for violators. In Sec. 12-5-4. Penalties, it reads:

(a) Any person who uses Consumer Fireworks or possesses Consumer Fireworks with the intent for use in the Town of Cape Elizabeth shall be punished by a fine of not less than Two Hundred Dollars (\$200.00) and not more than Four Hundred Dollars (\$400.00) plus costs. For second and subsequent offenses, a fine of not less than Three Hundred Dollars (\$300.00) and not more than Six Hundred Dollars (\$600.00) per violation plus costs shall be imposed.

(b) Any person who sells Consumer Fireworks or possesses Consumer Fireworks with the intent to sell in the Town of Cape Elizabeth shall be punished by a fine of not less than Five Hundred Dollars (\$500.00) plus costs. For second and subsequent offenses, a fine of not less than One Thousand Dollars (\$1000.00) per violation plus costs shall be imposed.

Even with the permitted use of small missile-type rockets, helicopter and aerial spinners, and bottle rockets, or any other devices which causes loud noises, neighbors are urged to be considerate. While many find their use fun, Capers should be mindful of each other's livestock, pets and even human beings sensitive to loud bangs, and perhaps the odor of explosives. Of course, care should be taken, as every year, emergency rooms see hand and face injuries related to fireworks accidents.



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Annie Christy announces candidacy for District 123



Photo by Joanne Lee

(Press release) - Annie Christy, a lifelong advocate for children and families, has announced her candidacy for State Representative for District 123 in Cape Elizabeth.

Annie knows you deserve a community and state that puts you first – Not unproven du jour ideologies that hurt our families, seniors and businesses. Her only agenda is to fairly represent her constituents. She’s a moderate republican, an independent thinker and a good listener.

She also knows that our children and teachers need to be in a clean and safe school environment that contributes to the growth and progress of both teachers and students.

Annie is a champion of women’s rights, and supports our farmers and fishermen/women. With costs continually rising and availability decreasing in affordable housing, Annie will work to remove existing regulations that drive costs up and create incentives for builders to construct new homes for families and local employees that serve our community.

Onerous taxes and policies are making it difficult for families, seniors and businesses to thrive. She’ll work to reduce excessive government spending and pursue sensible energy policies to help combat inflation to assist families and businesses.

Annie is originally from California and made Cape Elizabeth her home 7 years ago. She holds advanced degrees in Psychology and English and has two additional years of

graduate study in business. Annie also studied at Sorbonne University in Paris, France.

Annie has extensive experience and a proven track record working on legislative issues and has spearheaded campaigns for the betterment of children, families and seniors.

She has also collaborated with law enforcement, the Los Angeles District Attorney’s office, the Department of Children and Family Services, the Governor, and the Interagency on Child/Senior abuse prevention and on domestic violence prevention programs that culminated in new laws to protect victims.

She also successfully advocated for tax incentives to fund early childhood health and education programs. This was accomplished by increasing taxes on tobacco distributors.

Annie also worked with multiple ad-hoc committees, schools, the private and non-profit sector to address the needs of communities. Additionally, she spearheaded projects that educated physicians, lawyers, therapists, teachers and nurses on how to best serve children and families.

Annie is a member of the Lion’s Club, volunteers at Beach to Beacon, works with teens at Preble Street and volunteers for other organizations. In her free time, you’ll find her spinning and lifting weights at Kettle Cove Gym, hiking with her dog named Love, reading a good book or doing yoga.

For clean elections donations and more info see: www.AnnieChristy4House.com.

Local business spotlight: Bright Eyes Early Learning Center

By Marta Girouard



Contributed photo

After a rewarding career in research and academia, Gisela Reed returned to teaching and in 2023, opened Bright Eyes Early Learning Center. Bright Eyes is a Montessori inspired facility located at 280 Ocean House Road.

Gisela Reed is a biologist with advanced degrees in biochemistry (MSc) and biomedicine (PhD). She is a native of Bogotá, Colombia, where she taught Biology for 4 years. Reed moved to Barcelona, Spain to finish her master and Phd degrees and then decided to move to the United States in 2013 to further her research career. “Eventually, I found myself in the beautiful state of Maine where I met my partner, we got married and we had our beautiful daughter,” Reed said.

After achieving significant research and academia milestones, Reed embarked on a new chapter in her professional career by returning to teaching. She was motivated by a commitment to her daughter’s early education and wanted to spend more time with her. In June 2023, Reed opened Bright Eyes Early Learning Center (BEE-LC), located at 280 Ocean House Road. Bright Eyes is a small Montessori inspired facility that offers a unique and enriching education experience for young children ages 18 months to 5 years old. “It’s been an incredibly rewarding journey,

combining my passion for education with the joy of raising our daughter in such a wonderful community,” said Reed.

According to Reed, the curriculum at Bright Eyes is tailored to meet the needs of each individual child and includes a wide range of activities from practical life skills and sensory activities to language, mathematics and cultural studies. Classrooms are equipped with natural materials and Montessori-specific learning tools and outdoor spaces are designed to support physical development and a connection with nature. “The Montessori approach emphasizes hands-on, child-centered learning, where students are encouraged to explore and discover at their own pace,” Reed said. “This method has been proven to develop critical thinking, problem-solving skills and social-emotional growth.”

Reed is the director at Bright Eyes and her staff includes 4 toddler teachers and 2 floaters. She also has a professional classical musician who is in charge of the music and movement classes. When asked what is the most rewarding part of running her own business, Reed replied that it is witnessing the children’s growth and development. “Every day, I have the privilege of seeing them acquire new skills, developing social skills or simply expressing their creativity. The relationships I build with the children and their families create a warm, supportive community that makes all the hard work worthwhile. Knowing that my efforts positively impact these young lives brings immense personal satisfaction.”

In her spare time, Reed loves going to the beach, boating, and going to festivals or events with her family. “I absolutely love Cape Elizabeth,” she said. “Its natural beauty and coastal charm captivated me every time I visited and having my own center located in this beautiful town is just a pleasure.” In the winter, Reed loves to travel with her family and visit relatives in Colombia.

For more information about Bright Eyes Early Learning Center, visit www.brighteyeselc.org, contact (617) 513-8070 or email brighteyes.gisela@gmail.com. Follow Bright Eyes on Facebook @ Bright Eyes Early Learning Center.



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Spurwink Farm hosts annual fly-in and pancake breakfast

By Stephen T. Lyons (Garda)



Photo by Dan Gray

Pilot Paul Belanger EEA Chapter 141 and Stephen T. Lyons after flight and ready for pancakes.

The Downeaster Experimental Aircraft Association (EAA) Chapter 141 once again hosted the 27th Annual Spurwink Farm International Fly - In and Pancake Breakfast on Sunday, July 7, at Spurwink Farm.

The EAA Chapter 141, located in Limington, hosts the Annual Spurwink Farm Fly - In and Pancake Breakfast at the farm's grass strip at Spurwink Farm. The Spurwink Farm is owned by the Sprague Family who partners with EAA each year for this fun summer event. This was the 27th year the fly-in has taken place. The EAA boasts this as the best pancake breakfast in the Northeast. Many of the planes arriving are modified or built from scratch, while others are antiques (Military and Civilian), or come from a variety of aviation and aeronautics. As an added bonus many antique vehicles show up as well.

Spurwink Farm owners Mary Louise (Mary Lou) Thomas Sprague and her husband Phineas (Phin) Sprague Sr., who passed away in 2019, have hosted the Downeaster (EAA) Chapter 141 at its annual Spurwink Farm Fly-in for 27 years. This annual non profit fund raiser helps pay for the group's airport hanger and public outreach programs.

Phin was a recreational pilot who was accustomed to flying-in and out on Spurwink Farm. When he was unable to fly solo anymore, Mary Lou reached out to some of Phin's fellow recreational pilots and asked if they would fly-in to celebrate his birthday. The fly-in turned out to be such a great event that the EAA and the Sprague Family decided to make it an annual event.

In past years the fly-in has seen upwards of 70 unique aircraft providing a personal transformation for many of days gone by. I have attended the fly-in for years and always marvel at this nostalgic event. One can watch the antique

planes land and take off, while enjoying a pancake breakfast. As I listen to the pilots talk among themselves, it is clear they have a passion for flight.

This year I took it up a notch and went flight-seeing with EAA 141 Pilot Paul Belanger. Belanger, an experienced and knowledgeable pilot of almost 60 years, has a "Aeronca Champion" or otherwise known as the "Champ" built in 1946. This was the same plane and pilot who brought Phin on his last flight to see Cape Elizabeth and the Gulf of Maine shoreline.

"Champ" is a single-engine light airplane with a high wing, generally configured with fixed conventional landing gear and tandem seating for two occupants. Designed for flight training and personal use, it entered production in the United States in 1945, and is said to be the most popular and longest-produced light airplane model in the world.

I held off on eating my pancakes as Belanger needed to unload fuel to off set our weight and get off the ground. It was a tight fit as I found my way into the one



Photo by Stephen T. Lyons

View of Richmond Island from "Champ" on July 7.

passenger plane. I strapped on my shoulder harness and seat belt and put on an interactive headset to communicate with Belanger. Once the pre-flight check was complete, we rolled onto the farm field for take off on the 1,700 foot farm field. As the air strip ended, we lifted over a rocky cliff to the Gulf of Maine to explore uncharted territory for most. As the plane was accelerating down the runway past cows and horses, it was a sight seldom seen by those in commercial flight. The close view of the ocean and farmland was stunning!

As we flew over Richmond Island, I was taken back by the beautiful landscape along Maine's coast, a coastline longer than the entire east coast of the United States. The view was awe-inspiring, showing Maine's sandy beaches, rocky shores, islands, rivers and marshes. The view from the air gave me a sense of freedom and a new appreciation of Cape Elizabeth and Casco Bay from the air.

Upon making our final approach to the farm, we again flew over Richmond Island (home to 50-60 Ram Sheep) off

the coast of Crescent Beach State Park. Belanger expertly adjusted the plane for wind and altitude as we slowly drifted in-between the wooden farmland field with a smooth landing for our pancake breakfast. It was another great day in Cape Elizabeth.

Once on the ground, I spoke with Bunk Chase, EAA member and one of the organizers of the Spurwink Farm Fly-in. Bunk said the event is a celebration for both aviation and pancake lovers alike and he loves the camaraderie he has with his fellow pilots. He also operates the Limington Airport, and pilots from all over, including major airlines such as Delta would radio down and give Bunk a friendly greeting while flying over the airport.

The next tentative scheduled Annual Spurwink Farm Fly In and Pancake Breakfast is Sunday, July 6, 2025, between 8:00 and 11:00 a.m. at Spurwink Farm. Hope to see you next year at the farm!

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2024 TD Beach to Beacon 10k road race another success

By Kevin St. Jarre



Photo by Joanne Lee

Faith Chepkoech of Nairobi, who came in at 32:05, was the women's winner at the 2024 TD Beach to Beacon 10K Road Race.

And another successful TD Beach to Beacon 10k Road Race is in the books. With a day of beautiful, bright weather...or perhaps not. The runners gathered in pouring rain, and even the fastest of them could not outrun the wet conditions.

Severe weather overnight and into the morning delayed the race for an hour, but the rain let up moments before the race started. Maine's largest road race included more than 6,000 runners, including elite runners from around the world.

There were impressive finishes despite the weather.

Gabresilase Tadese Worku of Ethiopia, with a time of 28:12, and Faith Chepkoech of Nairobi, who came in at 32:05, were the winners.

In the men's race, a pack of four runners including Worku ran side by side until the 5k mark. Worku gradually pulled away from the pack and finished thirteen seconds ahead of Peter Mwaniki Aila of Kenya (28:25). Matthew Kimelli, also of Kenya (28:31) finished third. Worku finished third in the 5,000 meters at the FBK games in the Netherlands last month and sixth in the 10k at the Ethiopian Trials in June.

As for the women, a pack of eight runners

remained bunched together at the 5K mark after Portland native Emily Durgin (32:31) who now lives in Arizona took the early lead. A group of four runners then separated from the pack before Chepkoech pulled away in the final mile. Kenyans swept the top three positions with Enda Kiplagat (32:17) finishing second and Cintia Chepngeno (32:20) taking third.

Durgin finished fifth overall, with Susana Sullivan of Reston, Virginia (32:22) coming in as the top American, and fourth overall. The 2024 TD Beach to Beacon 10K was only Chepkoech's second race ever in the United States. She won a 10k road race earlier this year in Spain, running a personal best time of 29:50.

As for the Maine finishers, Veronica Graziano of Falmouth (35:51) was the top female. Alexis Wilbert of Cumberland (36:02) finished eleven seconds behind in second. Ruth White of Orono (36:06) rounded out the top three. The 18-year-old won the Maine Women's Division race last year, however her time this year is 50 seconds faster than in 2023.

In the Maine men's race, Luke Marsans-

-see B2B page 9

Over 600 Capers participate in TD Beach to Beacon 10k road race

By Kevin St. Jarre

Cape Elizabeth residents once again made their presence felt at the venerable TD Beach to Beacon 10k road race, representing about 10 percent of the runners participating.

The fastest Cape Elizabeth runner was Jack Bassett. He finished 103rd out of more than 6,000 runners, came in 89th among the men, and was 20th in his 20-24 age group, with a time of 35:33.

Coming in behind Bassett were Capers Finn Morris (38:04), Amit Oza (38:50), Ricky Perruzzi (39:08), and Liam Nudd (39:22) to round out the top 5 Cape Elizabeth runners.

In the age group 01-14, the fastest Capers were Asher Gurr (41:49), who came in 4th overall among runner in that age group. Gurr was followed by fellow Capers Leo Ferrey (46:32), Carter Washburn (46:36) and Jonah Milton. The fast female Caper in the age group was Azara Govind (52:49).

The aforementioned Finn Morris was fastest Caper in the 15-19 age group, followed by Nudd. The fastest female Caper in that age group was Emma Young (44:40).

Of course, Bassett who was fastest Caper overall was also the fastest in his 20-24 age group among Cape Elizabeth runners, and Perruzzi was next. Gavin Simopoulos (41:04) was third in the age group, and the fastest female Caper in the age group was Meghan Gerety (50:02).

Among the Capers aged 25-29, Nathaniel Jordan was the fastest (39:34), with the fastest female Caper in that age group, Samantha Feenstra, coming in at 39:58.

The fastest Cape Elizabeth resident in the 30-34 age group was a woman, Erin Hatton (40:55), more than a minute faster than the next runner in that age group, Cory Ransom (42:07).

In the 35-39 age group, Alex Moran was the fastest Caper, running the race in 40:23. Coming in next we Benjamin Sampson (41:28) and the fastest Cape woman in that age group, Clare Egan (41:39).

Oza, who as mentioned above was the third fastest Caper overall, was also the fastest in his age group of 40-44. Robin Fernald (41:00) was second, and the fastest Cape Elizabeth woman in that age group was Jill Darling (46:14). Right behind Darling was The

Cape Courier's own Marta Girouard, the second fastest female Caper in that group (46:49).

It was Michael Cwiklinski (39:42) who came in first among Capers in the 45-49 age group, with another Michael only 1 second behind, Michael Riegelman (39:43). The fastest female Cape running in that age group was Erin Cooke McAllister (47:04).

The top two finishers among Capers, who are 50-54 years old, were Garth Altenburg (41:33) and Carry Oostveen (45:54).

In the 55-59 age group, Bill Palmore (42:21) had the best time among Capers, and was 6th overall for the Beach to Beacon 10k in that age group. Mark Hare (47:34) was next in that age group, and the fastest time by a female Caper in that group was turned in by Cynthia Dill (58:53).

Among Cape Elizabeth residents, ages 60-64, the fastest runner was a woman, Erin Chalot, who came in at 45:36. Not a surprise she was first among Capers in that group, since she was first among all Beach to Beacon runners in that age group. She finished 182nd among all women running, regardless of age. The best male time in the age group among Capers was turned in by Michael Gordon (48:28).

Finishing 4th overall in his age group, and first among Capers ages 65-69, was Andrew Mancall (48:06), followed by Edward MacColl (51:30) in that age group. The fastest Cape Elizabeth woman in that age group was Sarah MacColl (58:07).

Coming in at 1:10:53 was Bill Phillips, the fastest Caper in the 70-74 age group. David Vickrey (1:05:38) in that Cape age group, then Robert Ayotte (1:10:24), Steev Sutton (1:12:24), and the fastest female Caper in that age group, Patricia Zimdahl (1:13:41).

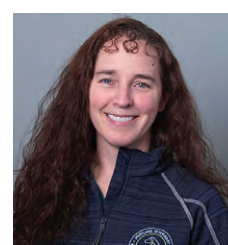
Among the 75-79 year-olds running the TD Beach to Beacon 10k, a Caper took 2nd place, Jose Faria (53:21). He was obviously also first among his fellow Cape residents in that age group, followed by Jim Toulouse (57:26), fastest Cape woman in the age group Michelle Flynn (1:04:59), Douglas Cranshaw (1:06:44) and Tom Waecker (1:06:50).

Many thanks go to Angie Helton, founder of Northeast Media Associates, a multimedia public relations firm in South Portland, who helped by providing the data on locals who participated in the race. The response was as quick as anyone who raced that day.

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By Cape Elizabeth Community Services

Cape Elizabeth High School alum and St. Lawrence University graduate Dana Hatton joined Community Services in January as the Youth Sports Program Coordinator, freeing up Susan Frost to focus on all other youth programs.

Youth Sports Program Coordinator Dana Hatton is preparing for the upcoming basketball season, which officially begins in November. Community Services provides seven different basketball programs for kids aged four through high school. These programs cover a range of skills, from basic to advanced, and include opportunities to compete in local and travel leagues.

Starting in September, CEHS Coach Jeff Mitchell will offer girls in grades 6 through 8 the chance to participate in pick-up style basketball and 5 vs 5 full-court games on Friday afternoons as a pre-season opportunity.

Travel League (Boys Grades 3 – 8/ Girls Grades 5 – 8)

Registration for the Southern Maine Hoops League travel team is approaching. The registration deadline for boys in grades 3 - 8 and girls in grades 5 - 8 is September 20. If necessary, tryouts will be conducted after the deadline, and players will be assigned to teams. Uniforms will be ordered, gym time will be scheduled, and parent volunteer coaches will be recruited and confirmed. All this needs to be done and ready by November 1 when the final roster is submitted to the league. Registrations received after September 20 will be subject to a late fee of \$25, and no registrations will be accepted after October 11.

Recreation League (Boys Grades 7 – 12)

This winter, high school boys who are not part of the school team will have the chance to join a competitive league in

South Portland. The league will be held in South Portland and will compete against teams from neighboring towns on Tuesday nights from January to mid-March. A less formal league will also be available for 7th and 8th-grade boys, offering them the opportunity to stay active through games and scrimmages in January and February. The registration deadline for both programs is November 20.

Skills Programs (Age 4 – Grade 2/ Grades 3 - 6)

Parent volunteer coaches will lead a basketball skills program for boys and girls aged 4 through 2nd grade on the weekends, starting in January. High school varsity coaches and players will run a Saturday morning basketball clinic for students in grades 3rd through 6th, starting in December.

Registration for these programs opens on Sunday, August 25 at 8 p.m. online and on Monday, August 26 at 8 a.m. by phone/in person. Upon registration, parents will be asked if they are available to coach. Without parent volunteers, these programs will not be possible.

House League (Grades 3 – 5)

Registration for winter programs, including a House League for 3rd to 5th-grade boys and girls, will open in December. The House League will follow the travel basketball season starting in February and will provide younger players with the opportunity to develop their skills and extend their playing season.

Last season, nearly 300 Cape Elizabeth boys and girls participated in these basketball programs. It is an all-consuming season that involves countless hours of planning, scheduling, and coordinating on the part of staff, coaches, parents, and players.

Please contact Dana at dana.hatton@capeelizabeth.org if you have any questions or are interested in coaching.



Contributed photo

Cape Elizabeth High School alum and St. Lawrence University graduate Dana Hatton joined Community Services in January as the Youth Sports Program Coordinator.



B2B

Continued from page 8

kis of Cumberland (29:12) brought home top local honors, finishing more than two minutes ahead of the second-place runner, Ryan Jara of Gorham (31:24). Matt Rand of Portland (31:26) came in third.

In the Men's Wheelchair Division Jeyna Senbeta of Chicago, Illinois (24:40) finished twenty seconds ahead of two-time defending champion Hermin Garic of Utica, New York (25:00). Twelve-time race champion Tony Nogueira of Glen Ridge, New Jersey (27:15) came in third.

In the Women's Wheelchair Division Hannah Babalola of Chicago, Illinois (29:43) led the way. Hoda Elshorbagy of Urbana, Illinois (29:49) came in second, six seconds behind. Yen Hoang of Champaign, Illinois (30:35) finished third.

In the Men's Masters Division, Lamont Marshall of Jamaica (32:52) finished first.

Justin Freeman of Hanover, New Hampshire (33:10) came in second. Rob Gomez of Porter (33:14) finished as the top Mainer and came in third overall.

In the Women's Masters Division, 44-year-old Edna Kiplagat (32:17) who finished second in the women's race overall, won the Masters division. Christie Lambrew of Hampton, New Hampshire (36:28) came in second, while Heather Gallant of Wayne (37:53) finished third. Kiplagat's time was 35 seconds faster than the winner of the Men's Masters Division.

In the Senior Men's Division, Rico Portatatin of Milo (35:21) finished at the top of the men's race, ahead of Robert Ashby of Brunswick (36:11) and Matthew Sawyer of Eliot (36:58).

Christie Lambrew of Hampton, New Hampshire (36:28) took home top honors in the Senior Women's Division. Sheri Piers of Falmouth (37:57) and Karolyn Bowley of Middletown, Rhode Island (39:11) rounded out the top three.



Photo by Joanne Lee

Gabresilase Tadese Worku of Ethiopia, with a time of 28:12, was the men's winner at the 2024 TD Beach to Beacon 10K Road Race.



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HunterDouglas

HunterDouglas Gallery

Capetoon: Caution, they're wild

By Jeff Mandell



Garden Club selling flower bulbs

The Cape Elizabeth Garden Club is holding a sale of fall-planted flower bulbs to help finance the club's annual scholarship to a graduating Cape Elizabeth High School senior. The proceeds also help finance programs that are open to the public at Thomas Memorial Library.

Twelve bulb varieties are offered for sale this year, including daffodils, tulips, allium, crocus, irises and muscari. The bulbs are purchased from Van Engelen/John Scheepers,

a longtime New England-based bulb wholesaler.

This year for the second time buyers will be able to order their bulbs online at <https://bit.ly/CE-bulbs>, but people who prefer can place their orders with Garden Club members.

The deadline for placing orders is Sept. 22, but quantities are limited. Ordering early will ensure people get the bulbs they want. Delivery of the bulbs is scheduled for mid-October.

CELT fall programs

ADULT

CELT Mushroom Program

Join mushroom expert Dan Agro of AgroMyco on this CELT sponsored event about edible and medicinal mushrooms.

Topics for discussion are the best times of year to find local medicinal and culinary mushrooms, ideal growing environments and what to look for in the forest. Safe and thorough species identification and how to preserve and/or cook your mushrooms will also be discussed.

There will not be any foraging during the program, rather it is an educational program to learn about these fascinating organisms.

Participants registering at least 48 hours in advance of the program will ensure they will receive notification of changes or cancellation.

Date: Saturday, September 14

Time: 9:00 a.m.-12:00 p.m.

Location: Robinson Woods Kiosk, Shore Road

Cost: \$10 per person

Min/Max: 3/15

CELT New England Cottontails program: In the Thick of It

Join Sarah Dudek from the Maine Department of Inland Fisheries and Wildlife for a 1.5 hour walk at Runaway Farm. Participants of this Cape Elizabeth Land Trust sponsored event will enjoy learning about the state-endangered New England Cottontail, the conservation effort taking place to recover the species here in southern Maine, and what you can do to help.

Cape Elizabeth is home to the largest known population of New England cottontails in Maine. The cottontails' range has declined by 86% over the past 50 years due to loss of large thicket and young forest habitats. Come learn about where they live, why other animals also need these thickets, and what we are doing to help the cottontails rebound in Maine. All proceeds go to CELT.

Participants registering at least 48 hours in advance of the program will ensure they will receive notification of changes or cancellation.

Date: Sunday, October 27

Time: 2:00 -3:30 p.m.

Location: Runaway Farm.

Meet at the parking lot by the fields at Gull Crest.

CELT's Cross Town Walk

Join Cape Elizabeth Land Trust staff and volunteers for the annual Fall Cross Town Walk. Beginning at the Portland Head Light at Fort Williams Park, this CELT sponsored walk will traverse 8.6 miles of the town of Cape Elizabeth and CELT trails, highlighting some of Cape's great places. This walk offers a unique overview of Cape Elizabeth's diverse ecosystems including Spurwink Marsh, Robinson Woods and Great Pond. The program takes approximately five and a half hours.

Hikers will meet at the Portland Head Light and will carpool (arranged prior to walk) back to Fort Williams after a picnic at Kettle Cove. Snacks, drinks and lunch should be brought by each participant. Participants should be 12 years or older; please call about younger ages.

All participants must register at least 48 hours in advance of the program and will receive notification of changes or cancellation.

Date: Saturday October 5

Time: 8:00 a.m.-1:30 p.m.

Location: Meet at Portland Headlight in the dirt parking lot closest to the lighthouse.

CELT's Cross Town Walk (Second Half Option)

Interested in the Cross Town Walk but not ready to commit to all 8.2 miles? Join Cape Elizabeth Land Trust for a half-distance (roughly 4.5 miles) walk highlighting some of Cape's great places, including Spurwink Marsh and Great Pond. The walk takes approximately three hours.

Hikers will meet at the CELT office in Town Center and will carpool (arranged prior to walk) back to the CELT office after a picnic at Kettle Cove. Snacks, drinks and lunch should be brought by each participant.

All participants must register at least 48 hours in advance of the program to receive notification of changes or cancellation.

Date: Saturday October 5

Time: 10:30 a.m.-1:30 p.m.

Location: Meet at CELT Office - 330 Ocean House Road

YOUTH

CELT Fall Hike Club (Gr. 3 & 4)

Join Cape Elizabeth Land Trust's education program coordinator Ali Gustavson for fresh air and outdoor exercise. Enjoy the beauty of our hometown while hiking sections of the Land Trust and Green Belt Trails. Each hike will be roughly two miles covering different terrain and habitats. Bring a snack, water bottle and good walking shoes (possibly boots).

Hikers will be bused to the chosen trail of the day. Parents must pick up hiker at the specified trail each week. *Emails will be sent each week on location of pick up.

Time: 3:00-5:00p.m.

Dates: Meets weekly on Thursdays, September 12 - October 3

Max 10 participants

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Local birding report

By E. Brooks Bornhoff

Cygnus the Swan constellation of stars flies high along the Milky Way in August and somewhere between the treetops and the cloud bottoms a buzzy tseep call drips down out of the darkness to call my attention to the fact that fall migration for some songbirds has already begun.

Throughout August the dreamy tune of Eastern Wood Peewees can still be heard among treetops deep within our woodlands. While flycatchers are not considered songbirds, this dusky haunter of tall shady trees sings a song of three sliding notes that is simple and true. If you find yourself in the woods around sundown listen for their whistled twilight song.

How fortunate I consider myself to see Bald Eagles with such clarity and regularity across Cape Elizabeth. In late July while traversing the sunny upland pastures of Richmond Island I spotted a single eagle heading towards the mainland and in early August just after sunset I came across a single adult perched high up in an old snag along the Pond Cove Brook Corridor section of Robinson Woods III. I happened upon a third, younger eagle while gazing out a skylight on my porch. Naturalist Henry David Thoreau once wrote this enriching passage in his Journal I: 1837-1846 "we who live this plodding life here below never know how many eagles fly over us. They are concealed in the empyrean."

In the spring of 1854 Thoreau travelled on foot from Concord to Boston to purchase a telescope for bird viewing. Thoreau later noted in his journal that, "I bought me a spy-glass some weeks since. I buy but few things and those not till long after I begin to want them, so that when I do get them, I am prepared to make perfect use of them and extract their whole sweet." About two weeks later Thoreau captured his first encounter viewing a Bald Eagle with his telescope. "Saw my white-headed eagle again...Lying on the ground with my glass, I would watch him very easily, and by turns he gave me all possible views of himself" and later, "He rose very high at last, till I almost lost him in the clouds,

circling or rather looping along the westward, high over the river and wood and farm, effectually concealed in the sky." Thoreau went on to say, "I think I have got the worth of my glass now that it has revealed to me the white-headed eagle. Now I see him edgewise like a black ripple in the air, his white head still as ever turned to earth, and now he turns under side to me and I behold the full breadth of his broad black wings, somewhat ragged at the edges"

A few other mentionables from the yard and field over the last several weeks include – On the evening of August 1 I was beckoned to the dark fringes of my property to listen to the rasping, hissing noises coming from three almost adult sized Barred Owls. Additionally on August 4 I noted hearing three different Buteo's, a Red-tailed Hawk, a Broad-winged Hawk and a Red-shouldered Hawk respectively. Distinguishing the vocal differences between these three Birds of Prey requires minimal effort. The Red-tailed Hawk's raspy scream is often used in movies to represent hawks, eagles and just about any bird of prey, The Broad-winged Hawk's call is a two-part, high, thin pitched whistle that sound like "pee-weee" and is almost always heard coming from somewhere high in the sky. The Red-shouldered Hawk calls both when perched and while in flight. The noise is a loud, repeated "kee-aah" that can often be heard from miles away.

Additionally, on the morning of August 10 along the Sawyer Road stretch of the Spurwink River I noted five Great Egrets, seven Snowy Egrets and one Little Blue Heron. Never particularly common, these elegant little herons appear during the hot days of August. The Little Blue is similar in stature to that of a Snowy Egret but has a dark slaty-blue body and eggplant colored head and neck that appear to glow under the right lighting. The first confirmed breeding in Maine of a Little Blue Heron was not until 1971 and yearly surveys taken on Stratton Island report having no more than three pairs breeding in most years.

of the changing season with age-appropriate games and activities. Please dress in comfortable clothes and bring a water bottle. Participants registering at least 48 hours in advance of the program will ensure they will receive notification of changes or cancellation.

Date: Thursday, October 10
Time: 9:00 - 10:00 a.m.
Location: Robinson Woods Kiosk (off of Shore Road)
Cost: \$6 per parent & child, each additional child \$3
Min/Max: 2/5

CELT

Continued from page 10

CELT's LITTLE EXPLORERS (ages 3-5 yrs with an Adult)

Join CELT as we explore Robinson Woods in October. Children and caregivers will spend an hour exploring the natural wonders of Maine with Cape Elizabeth Land Trust educator Lisa Gent.

During this CELT sponsored event we'll take a gentle hike through Robinson Woods, where we will explore the habitat around us and search for signs

Catching up on Cape news



Contributed photo

Young Cape Elizabeth resident Nomi Millard looks forward to each issue of The Cape Courier! Nomi is the daughter of Emma Millard and Ross Millard.

Movie night at the Fort

The Cape Elizabeth Police Department will be hosting a free movie night at Fort Williams Park on Friday, August 30 at 7:45 p.m. with a rain date of Saturday, August 31 at 7:45 p.m. The screen will be set up near the tennis courts with free popcorn and free

drinks. We will be showing the recently released movie "IF." The film is rated PG. For more information contact Cape Elizabeth Community Services or Officer Darin Estes at darin.estes@capeelizabeth.org.

READY TO LISTEN

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Thomas Memorial Library to host a community conversation

Library Closed on Labor Day

The library will be closed on Monday, September 2 for Labor Day.

Deep Space Photographs by Ara Jerahian in the Stier Family Gallery

This month's exhibit, called "Star Stuff," features photographs by Cape resident Ara Jerahian. Jerahian is an active member of the Southern Maine Astronomers group, and in recent years has focused his limited spare time on astrophotography and the artistic rendition of the wonders of our night sky. The images in the exhibit are all shot from his personal observatory in Cape Elizabeth, named ara ad astra (Latin for "Altar to the Stars"). "Each photograph," said Jerahian, "is a testament to the intricate dance of light and time, revealing the awe-inspiring wonders of the cosmos. These images, taken with meticulous care and precision, showcase the ethereal beauty of nebulae, galaxies, and star clusters, reminding us that every atom in our bodies was forged in the heart of a distant star." The exhibit can be viewed in the Stier Family Gallery until August 31.

Save the Date: Community Conversation About the Library on September 19

The library is embarking on the process to develop a five-year strategic plan. To begin the process, the library will host a Community Conversation to gain input from the public about the role of the library in Cape Elizabeth. The event, which will take place on Thursday, September 19 at 6:30 p.m., will be facilitated by strategic planning consultant Will Plumley. The Strategic Planning Working Group, which is made up of members from the TML Committee, the TML Foundation and the library staff is inviting the public to not only

attend this kick-off event but also to fill out a brief survey, which can be accessed in the library or on the library's website. The Strategic Planning Working Group will be meeting monthly beginning in September, and hopes to have a draft Strategic Plan developed in the spring of 2025, at which point the public will be able to provide additional input.

New Faces, New Roles at the Library

The library has recently welcomed four new staff members in the adult and children's departments. Michelle Leier is the new Access Services Assistant working at the library's main desk on the upper level. Sasha Kohan, who had been a Family Engagement Assistant in the children's room, is now the library's Community Engagement Librarian, developing programs for adults and collaborating on programs for teens, children, and all ages. Sarah Gabrielson and Sara Linhart joined the children's team as Family Engagement Assistants, and Allyson Frick is the new Family Engagement Manager. We'll feature profiles of the new staff members in the next issue of the Courier, but in the meantime, you can get to know them all by visiting the library!

Senior Social Hour: New Weekly Program for Seniors

Beginning in September, the library will replace its longstanding Eldering Discussion Group with a new weekly program called Senior Social Hour. Seniors are invited to attend this program every Wednesday from 1:00 - 2:00 p.m. for a chance to connect with others, participate in informational sessions and workshops, and craft and share stories from their own lives. Each week will offer a different opportunity, but the overall goal is to meet

the needs of our senior community members by creating a space for social connection, meaningful conversation, and useful information or workshops on topics ranging from health and wellness to financial planning and independent living to personal safety and civic engagement. Access Services Librarian Kevin Goody and Community Engagement Librarian Sasha Kohan have teamed up to offer this new ongoing weekly opportunity. No registration is necessary.

PROGRAMS FOR CHILDREN

Summer "Drive-In" Saturday Matinée

Saturday, August 24, 3:00 - 5:00 p.m.
Join the fun as we present a Disney classic under our galaxy lights. You can even recreate the old school drive-in feel by bringing in your own cardboard "car" for your youngest audience members! Register online or stop by the library to pick up a kit containing wheels and steering wheel so you can build the car of your little one's dreams. Don't be late for this very important date!

RECURRING PROGRAMS FOR CHILDREN

Read To a Dog

Children in grades K - 6, especially struggling or less-than-confident readers, are invited to sign up for 15-minute time slots to read with a certified therapy dog. Check out the sign-up sheet in the children's room for appointment availability and to "meet" our dogs, or call the children's room for more information.

Messy Minis! Process Art for Curious Kids

Mondays, 10:30 a.m. (Ages 2-5)
Let your imagination run wild and join us for Messy Minis time in the Community Room. Let's paint, color, cut, and paste together to make magic! Each week we'll have different supplies out for you to be creative with. Some supplies may be limited, so be ready with your flexible and creative muscles. We can't wait to see what you make. For budding artists ages 2-5 and their caregivers.

Dress Up and Dance

Tuesdays, 10:30 a.m. (Ages 2-5)
Join us for 30 minutes of moving and grooving to our favorite playlist, special dress-up costumes and everybody's favorite bubble song. For dancing enthusiasts ages 2-5.

Tiny Tunes

Thursdays, 10:30 a.m. (Ages 1-3)
This short and sweet program is for young children who are not quite ready for a traditional story time, but love to have fun with friends. Join the circle for a gentle introduction to the routines, songs, and props we use

for storytimes, but without the books. Great for curious, wandering wigglers, ages 1-3, and their caregivers.

Traditional Story Time

Fridays, 10:30 a.m. (Ages 3+)
Join us in the Community Room for songs and stories, bubbles and Belinda the Bear! Geared toward ages 3-5 or anyone who enjoys listening to a solid two stories.

Saturday Family Story Time

Saturdays, 10:30 a.m. (Ages 3+)
Join us for a special weekend edition of Story Time. It will feature all our favorites: songs and stories, bubbles, and Belinda the Bear! Geared toward ages 3-5 or anyone who enjoys listening to a solid two stories.

FOR TWEENS & TEENS

TML Teen Writing Group

Second Saturday of Each Month, 3:00 - 4:00 p.m. (Ages 14+)
Are you a teen who loves writing? Or are you someone who just loves to read, and feels like trying your hand at creative writing that isn't for school? In either case, our teen writing program is for you! Join us for monthly meetings where we explore different styles of writing and work on the projects you're most passionate about. Upcoming date: August 10. Register on our website.

FOR ADULTS

Protecting Maine's Loons, with Maine Audubon's Ethan Daly

Thursday August 22, 6:30-8:00 p.m.
Many of us grew up hearing the mystical wail of the Common Loon across lakes and ponds in New England (or maybe as far away as Montana). But how many of us know about the lifecycle of the common loon, the threats it faces and how conservation organizations throughout North America have been working to help them? Come learn about Common Loons, a waterbird that calls Maine's lakes, ponds, rivers and coastline home. Find out why conservation work is so important for these species, and how we can best live in loon territory. No registration necessary.

Free Blood Pressure and Blood Sugar Screening, with Members of the Cape Elizabeth Fire & Rescue Dept.

Wednesday, August 28, 11:30 a.m. - 12:30 p.m.
Drop in to the library for a free blood pressure and/or blood sugar screening, conducted by members of the CE Fire & Rescue Department. Please register on the library's website;

-see LIBRARY page 15

H-Beams	Goldstein Steel	Rerod
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Town Council

Continued from page 1

65 years or older, and have a household income of \$60,000 or less and with a maximum benefit of \$500. Anderson's proposal would amend the criteria for Cape Elizabeth property owners (of at least ten years) to those aged 62 years or older, with a household income of \$70,000 or less, and a maximum benefit of \$1,500. She is also proposing a "three tier system" which would disperse a \$1,500, \$1,000 or \$750 tax benefit based on income level. For example, households with incomes of \$30,000 or less would be eligible for the highest benefit of \$1,500 dollars. Anderson asked the Chair to consider the topic for the September meeting agenda with a public hearing.

Anderson also shared that on July 10, the Diversity Equity and Inclusion (DEI) Committee had a workshop with all town councilors and department heads to "increase communication and understanding." The committee is asking the council to choose a liaison to work with the DEI Committee to advance its goals.

Anderson also shared that town officials are working on improvements to communicate the pesticide ordinance, working to put together more "user friendly" information so that residents can more easily determine locally available products that are safe to use and which to avoid.

Interim Town Manager Michael McGovern shared that gas testing results from the former landfill site on the Gull Crest "were for the most part negative" and that gases will not cause an indoor air quality problem. Further testing results on the site, such as PFAs, are still not yet available.

Town Manager's Monthly Report

McGovern provided an update on the property revaluation with residents anticipated to receive their tax bills with their new values around September 1. McGovern shared that the Town Assessor met with 500 individuals to discuss the different valuations and that the entire process, which started in 2019 and was due to be done in early 2020, is "99.9% complete."

Introduction to Item #128A-2024 & #128B-2024, Item #129A-2024 & #129B-2024, Item #130A-2024 & #130B-2024

Bond Counsel Jim Saffian, from law firm Pierce Atwood, introduced the evening's procedure on the school bond issues that were up for discussion and vote for referendum for the November election. He was present through the meeting duration to assist the Council with legal questions and procedure.

Councilor Gillis, seconded by Anderson, made a motion to vote on Item #128A-2024 and #128B-2024 which in effect opened public comment. The draft motion is to authorize by vote "expenditures of up to \$94,700,000 (plus bond premium and investment earnings) for a critically needed new middle school and for other critically needed building repairs, renovations, and safety upgrades to Pond Cove Elementary School and Cape Elizabeth High School." The vote would also include \$4,800,000 million dollars over what the \$89,900,000 that the School Board recommended, to be spent on the 1934 Building on the Middle School Campus. These funds notably do not have a defined project scope and many residents showed concern that it is a "blank check" added to the referendum item by the Town Council.

The chambers were filled throughout the evening with residents and citizens waiting to share their concerns on the school project issue.

Terry Garmy said that for 35 years the town has "kicked the can" on school renovations and that "anything not initiated by the school board is not bondable." This sentiment was shared with many citizens including Sarah Merrill, who said that it was "fiscally irresponsible on an undefined bond that has not been researched by the school board."

Other citizens cited their concerns of "breaches of trust" and "lack of transparency" for not following process as the \$4.8 million dollars would be added to the referendum without any committee research or due diligence. Several citizens urged the council to "decouple" the funds intended for the 1934 school building, with many urging the council with comments such as "you haven't even asked us what we want with the building" and "we haven't even talked about what we want to use the building as yet."

If the referendum were to be voted through, funding would be approved, but construction to the school buildings would not begin for another three years, another reason why citizens didn't want additional bond money for an undefined project.

The council began their discussion with Councilor Penny Jordan saying that although the 1934 school building was important to her, she "truly believes" it needs to be separated from the \$89.9 million funds that the school board put forward. Councilor Caitlin Harriman motioned to amend the draft motion to remove the \$4.8 million dollars intended for the 1934 school building. It was seconded by Councilor Jordan.

Councilor Tim Thompson said that the \$4.8 million would be "very specifically under the control of the Town Council" and "not a blank check," encouraging the council that "if we're ever going to fund this, now is the time."

Councilor Harriman suggested that would be "taking out money we don't need" and that a defined project should be decided first and then put to referendum later.

Councilor Anderson said that "should the bond pass in November, we can set up committees to look at what we should do with the building." She added that any remaining funds from the \$4.8 million allocation could be "used to turn down the debt" and that she didn't understand "why people are so adamant against this."

Councilor Gabrielson said that if the town voted the referendum through that the council could "probably figure out" a path forward with the funds but that "it doesn't seem like good financial sense" since there has been no financial research or defined project scope. Chair Reiniger shared that it was his "view from the beginning" that the role of the council as fiduciaries is to "vet the costs," and that it was the school board's "burden to have all these questions (about the 1934 building) answered."

A roll call vote on the amendment to remove the \$4.8 million from the referendum did not pass among the council. Councilors Anderson, Gillis, Thompson and Reiniger voted "no" and Councilors Gabrielson, Harriman and Jordan voted "yes." This resulted in the council voting on the original draft motion to put forth the \$94.7 million dollar price tag on the school project referendum question for the November ballot.

During discussion with Bond Counsel Saffian, it was noted that if the referendum passed, the funds would be "preauthorized" and available when needed to start a project and usually "rolled out in phases." Councilor Harriman made the clarification, "I don't think it's been made clear" (to the public) that "we don't have to take the money."

The council voted unanimously to approve the original draft motion to put forth a school project referendum with a price tag of \$94.7 million dollars. Notably, many people in the chamber left after this roll call vote.

The councilors then voted to establish their recommendation which will appear beneath the referendum language on November ballots. Councilor Gabrielson put forth an amendment that would display the council's vote margin on the council recommendation on the referendum language. The council voted unanimously to send to referendum as amended with the council recommendation vote margin being displayed.

Item #129A-2024 - Project Order Draft Motion

The council moved on to vote on the authorization of expenditures of up \$42,000,000 for critically needed repairs, renovations and safety upgrades to Pond Cove Elementary School, Cape Elizabeth Middle School and High School.

Residents again spoke on the lack of transparency for this bond measure citing they didn't understand where the figure of \$42.2 million came from and that the referendum question hasn't been researched or fully vetted like the \$89.9 million was vetted and recommended by the school board. One resident said that the anonymous mailers residents have been receiving are trying to influence people a certain way, but "the voters have influence too and you'll see it in November."

Chair Reiniger shared that he's "disappointed" in the school board for staying silent when "they know fully well this is fully vetted." He explained that \$42.2 million was based on prior needs statements. He said the \$42.2 million is a "safety net proposal."

The council had a roll vote to approve the \$42.2 million proposal to referendum. The motion did not pass. Councilors Anderson, Gabrielson, Harriman and Jordan voted "no" and Councilors Gillis, Thompson and Reiniger voted "yes."

Item #130A-2024 and Item #130B-2024 Proposed Solar Panel Project to Enhance the New Cape Elizabeth Middle School and Submitting to Referendum \$1.65M

Richard Parker from the Cape Energy Committee and fellow resident David Hughes spoke on environmental considerations of solar panels on school campuses

and town property. Hughes noted that PFAs "leeches off solar panels and into the environment" cautioning the town on the "potential environmental impacts" solar panels will have on "roofs of their buildings."

Parker said that he "welcomes money to reduce [the town's] carbon footprint" but he encouraged the motion to amend that the \$1.65 million dollars in funds be available for any town solar project and not just for the middle school campus.

With a roll call vote, the council voted unanimously to approve a referendum for \$1.65million in a proposed solar panel project to enhance Cape Elizabeth Middle School.

Item #131-2024 Consideration of a Memorandum of Understanding with the Cape Community Arena Group for the Hockey Rink at Gull Crest

The Cape Elizabeth Town Council authorized unanimously by vote that Interim Town Manager Michael McGovern to sign a proposed Memorandum of Agreement with the Cape Community Arena Group to supersede the prior MOU entered into on September 28, 2022.

Item #132-2024 Consider Referring to the Planning Board Requested Zoning Ordinance Amendments to the Town Center

Bob Goodrow of Harpswell shared to the council that he has a purchase and sale agreement on lots 3 & 4 on Ocean Common Way and he intends to erect a 55+ senior community on the lots.

John Mitchell of Mitchell and Associates, spoke on behalf of Goodrow and his proposal. The 55+ senior community would comprise 33 residential apartment units with a "central connector" connecting the two separate buildings. In order for the project to be viable, Mitchell and Goodrow asked the council to refer their six zoning amendments to the Planning Board.

Councilor Harriman made the motion to approve, with Councilor Jordan seconding the motion. The motion was carried unanimously and will be referred to the Planning Board and subsequently straight to the Ordinance Committee.

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CAPE CALENDAR

By Wendy Derzawiec

Please see the town website, www.capeelizabeth.com for meeting locations
Instructions for joining videoconference meetings listed below will be posted on the town website, www.capeelizabeth.com.

Wednesday, August 21

Town Council Public Meet & Greet
Town Manager Finalists, Thomas Memorial Library, 6 p.m.
Sebago Technics Public Forum on Town Intersection, Lower Conference Room, Town Hall, 7 p.m.

Thursday, August 22

Finalists Interviews with Town Council - EXECUTIVE SESSION, Jordan Conference Room, Town Hall, 6 p.m.
Fort Williams Park Committee, Community Center, 6 p.m.

Tuesday, August 27

School Board Meeting, Cape Elizabeth High School Library, 6:30 p.m.
Board of Zoning Appeals, Town Hall, 7 pm

Tuesday, September 3

Planning Board Workshop, Jordan Conference Room, Town Hall, 7 p.m.

Ongoing each week

Al-Anon, 7 p.m. Fridays, First Congregational Church, 301

Cottage Road, South Portland.
Parking in rear.

Alcoholics Anonymous, 2 p.m.
Saturdays, First Congregational Church, 301 Cottage Road, South Portland; 7 p.m. Wednesdays, St. Bartholomew Church; 7 p.m. Fridays, St. Alban's Church.

Cape Elizabeth Historical Preservation Society, 9 a.m.-noon Mondays and Thursdays; and 10 a.m.- 2 p.m. Saturdays and Sundays - when "Open" sign displayed, Fort Williams, in the brick building closest to Shore Road (ring the doorbell).

Cape Elizabeth Lions Club, 6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road

Cape Elizabeth Republican Town Committee, 6-8:30 p.m. first Wednesday of the month, Cape Elizabeth Community Center. Contact: cercme.com for Cape information.

South Portland/Cape Elizabeth Rotary Club, 6:15 p.m. Wednesdays at 107 Preble Hall, Southern Maine Community College, 2 Fort Road, South Portland. sp-ce-rotary.org.

SERVICES

Cape Elizabeth Church of the Nazarene

499 Ocean House Road (Route 77)
747-1113

www.capenazarene.org

Sunday School for all ages: 9:30 a.m.
Sunday Worship Celebration: 10:45 a.m.
Services streamed live or on demand: watch.capenazarene.org

Cape Elizabeth United Methodist Church

280 Ocean House Road
799-8396

www.ceumc.org

Sanctuary Service: 10 a.m.
In-person Sunday services 10 a.m. For Zoom services, call 799-8396

The Church of Jesus Christ of Latter-day Saints

29 Ocean House Road
799-4321

Sacrament Meeting:
Sunday, 10 - 11:00 a.m.

Sunday School/Primary: 11:10 a.m.-12 p.m.

The Church of the Second Chance

Greater Portland Christian School
1338 Broadway, South Portland
641-3253

Sunday: 10:30 a.m.-12:15 p.m.

Church of the Holy Spirit

1047 Congress Street, Portland
874-9779

www.HolySpiritPortland.org

Sunday Worship: 10:00 a.m.
Sunday Adult Bible Study: 9:00 a.m.
Sunday School for children: 10:00 a.m.
Services streamed live on Facebook
Potluck dinner every third Sunday

Congregation Bet Ha'am

81 Westbrook St., South Portland
879-0028

www.bethaam.org

Worship: Friday, 7:30 p.m.
Saturday, 10:30 a.m.
Family Shabbat Services:
Second Friday, 6:00 p.m.

Hope Community Church

879 Sawyer Street South Portland
799-4565

www.hopesopo.com

www.facebook.com/hopesopo
Sunday Morning Worship at 10 a.m.
Kid's Church for ages 4 through grade 5

Service videos available on our website

Promised Land World Reach Center

536 Cottage Road, South Portland
799-3152

Sunday Prayer & Intercession: 9:30 a.m.
Sunday Worship: 10 a.m.
Family Bible Studies: Wednesday, 7 p.m.
Sermon recordings available to download

Redeemer Lutheran Church - LCMS

410 Main Street, Gorham
839-7100

www.RedeemerMaine.org

Sunday Bible Class for all ages: 9:00 a.m.
Sunday Worship Service: 10:15 a.m.
Services are in person and streamed on Facebook and YouTube

Saint Alban's Episcopal Church

885 Shore Road
799-4014

www.stalbansmaine.org
Sunday Services:

Rite 1 with Holy Eucharist 8:00 a.m.
Rite 2 with Holy Eucharist 9:30 a.m.
Live Streaming on YouTube (stalbanschannel)
Children's Programs 9:30 a.m.
Celtic Eventide 5:30 p.m.
Room for all

St Bartholomew Catholic Church of Saint John Paul II Parish

8 Two Lights Road, 207-883-0334

Website: www.JP2me.org

Sunday Mass: 9 a.m.
Daily Mass: Mon. and Wed. 8 a.m.
Sacrament of Confession: Mon. 8:30-9 a.m.
Additional Mass times in Scarborough & South Portland listed on website

First Congregational Church United Church of Christ

301 Cottage Road, South Portland
799-3361

www.fccucc.org

Sunday Worship: 10:00 a.m. in person and streamed on Facebook & YouTube

First Congregational Church of Scarborough

167 Black Point Road, Scarborough
883-2342

www.fccscarborough.com

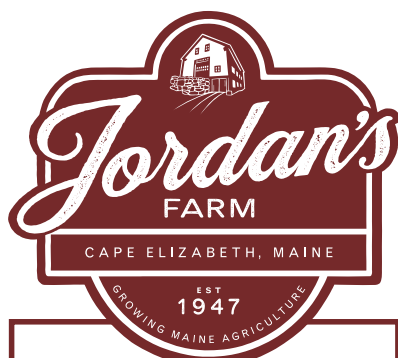
Sunday Morning Worship: 9:30 a.m.
Sunday School & Nursery Care

CABLE GUIDE

CETV CHANNEL 1302

Subject to change. Please see cetv.capeelizabeth.org for latest program guide and video on demand.

Board of Zoning Appeals
Aug. 27 - 7 p.m.



21 Wells Road
Cape Elizabeth
Maine 04107



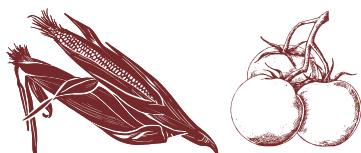
Facebook: Jordan's Farm
Instagram: @jordans_farm
www.jordansfarm.com

Follow us on Instagram and Facebook for the latest news & veggies

We are hiring for the fall harvest season - wash prep area, front of house and field workers. Great for gap year kids, parents with kids in school. Contact Penny at: pennyjordan@jordansfarm.com

FARM STAND

OPEN DAILY 10-5 767-2740
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Lettuce, Cucumbers, Beans, Broccoli, Cabbage, Leeks, Onions, Potatoes, Kale, Meats, Chicken, Sausage, Cheese, Harris Farm Milk, Eggs, Ice Cream, Two Fat Cats' Pies, Yummy wine selection & more!

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OPEN MON-SAT 8:00 - 5:00
pick-up or delivery 807-1761

GARDEN & LAWN:

Compost, Screened Topsoil, Straw, Wood Chips

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Pine Spruce Mix, Dark Mix, Natural Cedar

HARDSCAPE PROJECTS:

Gravel, Screened Sand, Crushed Stone, Stone Dust



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BUSINESSES/SERVICES

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EXTREMELY CLEAN - Deep Cleaning Services. The Way Cleaning Should Be! References/Insured 25+years of experiences Luz Carpenter - 207-329-3757

Interior House Painter, Local resident 35+ years experience, References available, Paul Devine 207-899-9400

MUSIC LESSONS

Flute lessons: For beginners and intermediates of all ages. Call Kris: 767-3712.

Piano, Voice, Guitar, Ukulele lessons for all ages. Beginner through intermediate. Carey Rasco: 232-7015

Piano Lessons. All ages, all levels. Call Ora: 207-899-3014

Library

Continued from page 12

drop-ins are also welcome. (This opportunity is offered monthly on the fourth Wednesday of the month; the date for next month is September 26).

Senior Social Hour

Wednesday, September 4, 1:00 - 2:00 p.m.

Join us for our first Senior Social Hour! Join other older adults for coffee, tea, cookies, and conversation. Senior Social Hour takes place every Wednesday from 1:00 - 2:00 p.m. Some weeks will feature speakers, workshops, or presentations (check our website for details). No registration necessary.

Death Café, with Davinica Nemtzow

Thursday, September 5, 6:30 - 8:00 p.m.

Join us for this monthly discussion group facilitated by Davinica Nemtzow of Kanneel. At a Death Café people, often strangers, gather to eat cake, drink tea and discuss death. The objective is "to increase awareness of death with a view to helping people make the most of their (finite) lives." A Death Café is a group directed discussion of death with no agenda, objectives or themes. It is a discussion group rather than a grief support or counseling session. No registration is required. TML's Death Café will take place on the first Thursday of every month.


Have a Classified Ad, Announcement or Event?



Go to www.capecourier.com
Or contact Tara Simopoulos at: advertising@capecourier.com

SEPTMBER CLASS SCHOOL TEACHER PENCIL LESSON WORKSHEET BOOK

P	R	E	H	C	A	E	T	E
W	O	R	K	S	H	E	E	T
S	E	P	T	E	M	B	E	R
L	T	P	U	W	A	D	N	L
E	C	O	E	G	V	I	N	O
S	L	K	Y	N	H	T	R	O
S	A	N	O	I	C	K	G	H
O	S	P	N	O	U	I	D	C
N	S	O	W	E	B	R	L	S



HAVE AN OLD LAPTOP TO DONATE?



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www.greatamericanbasketcompany.com

The "KID" Courier

Are you a young, aspiring writer or artist? We want to hear from you!!

We are looking for artwork or stories for our new section, The "KID" Courier.



Send submissions to: info@capecourier.com

CE WHY THE “MIDDLE GROUND” SCHOOL DESIGN MATTERS TO STUDENTS, TEACHERS, FAMILIES... & HOPEFULLY YOU TOO

In a recent survey, we asked Cape Elizabeth Middle School students, teachers, and parents/guardians about their *Satisfaction with the Quality and Comfort of the Middle School.*

Key Takeaways from Current Condition of CEMS:

- The top driver of student dissatisfaction
- Is significantly driving down teacher satisfaction



STUDENT RESPONSE

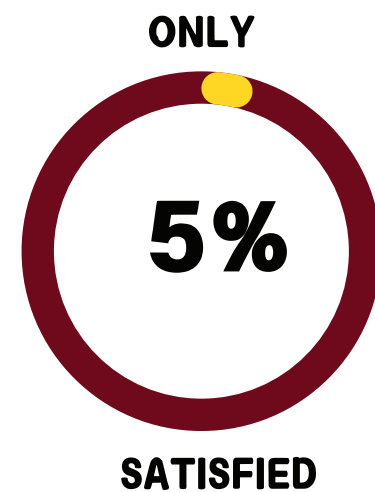
“The building is falling down and some spots are unsafe.”
~ Student

“The overall care of the school--it’s falling apart and needs to be fixed. Just for an example, when it rains, it leaks everywhere!” ~ Student

“I don’t really like this school to be honest. It seems unfinished and extremely old. Some of the buildings were made in the 1930s.” ~ Student

TEACHER RESPONSE

“The current design of CEMS hinders teachers’ ability to offer programming and provide a safe environment to students on a daily basis. We are constantly jumping through logistical hurdles for events, collaborations, and daily teaching - it is truly draining. We work so hard to make the best of what we have, but we spend so much time, effort trying to fit our programming into a building that is simply not built for it. We’ve reached the breaking point where our facilities are negatively impacting students’ education on a daily basis.” ~ Teacher

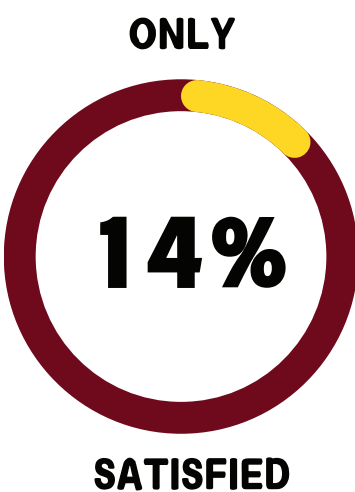


PARENT/GUARDIAN RESPONSE

“The building itself is disgraceful and falling apart. It does a disservice to the children and everyone who works in it.”
~Parent/Guardian

“Build a new school that would be much more responsive to teaching and learning in today’s world and not limit educational methods, and that would meet federal guideline standards for both regular and special education.”
~Parent/Guardian

“The school buildings are in bad shape and it impacts my child’s learning. The cafeteria does not allow enough time to eat and is over crowded. And I’m nervous about the security.”
~Parent/Guardian



LEARN MORE: www.cape.k12.me.us

Email CESB@capeelizabethschools.org with additional questions!