

The Cape Courier

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In the Spirit of Community

Three candidates running for two seats on the CE School Board

By Kevin St. Jarre



Elizabeth Goodspeed



Karen Lechner



Julie Pelletier

There are three candidates for Cape Elizabeth School Board this year, and they are Elizabeth Goodspeed, Karen Lechner and Julie Pelletier.

All three of the candidates were provided with identical questions, the same word limit and they were given the same amount of time to respond with answers and a photo. Their responses are printed below, as The Cape Courier received them.

Courier- What would you say are a couple strengths of the Cape Elizabeth School Department that you would like to preserve and reinforce?

Goodspeed- "Until my son began kindergarten at Pond Cove, I did not fully appreciate what people meant when they spoke about the commitment of Cape Elizabeth teachers and staff. I now do. The Pond Cove principal and assistant principal know every child's name. The homeroom teachers understand the nuances of each child and ensure that they

are appropriately engaged socially and academically. The art teacher knows who gets a headache and always makes sure the window is open. The cafeteria staff know who will only eat a SunButter and jelly sandwich. The librarian knows who is looking for the latest Who Would Win? book. The counselors know which child will only walk in with which staff member at morning drop-off. What makes these examples remarkable is the attention our

-see CANDIDATES page 4

MIDTERM ELECTIONS VOTE 2026

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Biermann: affordability and long-term planning

I enthusiastically support Elizabeth Biermann for Town Council.

I first got to know Elizabeth during the school project process. What stood out to me wasn't simply her support for our schools, but the extraordinary amount of energy she devoted to plans that would preserve affordability for our community.

Elizabeth participated in hours-long discussions about ensuring the project considered the needs of those in our town who might be impacted financially by the school's long term needs. Partly as a result of those broad conversations, the town's senior tax relief program was expanded before the school project was even approved. Her work reflected an effort to balance the needs of children and families with those of retirees and other taxpayers.

Elizabeth has also advocated for long-term approaches to municipal finances and capital investment. Her priorities include planning strategically for future capital needs, carefully considering housing development in appropriate areas while preserving Cape Elizabeth's rural character, and limiting the impact of future municipal investments on taxpayers.

Our town needs thoughtful, strategic leaders like Elizabeth - leaders who are willing to do the hard work of looking beyond the immediate moment while building a stronger community for the long term.

I hope you'll join me in marking your ballot for Elizabeth Biermann and for her smart, compassionate approach to leading our town.

Kevin Justh

Carney 'is good for Cape and good for Maine'

Anne Carney is good for Cape and good for Maine. First as our Representative and now as our Senator, Anne has been a solid voice for Capers, our concerns and our values. She is a proven, effective legislator, delivering new laws to increase state support for our schools, defending Mainers' liberties through legislation that limits the Federal government's power grabs and efforts to harm the most vulnerable among us.

Anne is a leader not only for Cape, but for all of Maine. As Senate Chair of the important Judiciary Committee, she shapes our judicial system by ensuring we have good judges and by leading the legislative efforts to defend our rights against the assaults from Washington. She has also been a mentor to the next generation of Maine legislators, helping to shape our future leaders.

Anne is effective and successful because of her passion, pragmatism, ability to listen, and compassion. She is one of our neighbors and over the years, through countless discussions on a wide variety of issues, we know that Anne listens and learns and in our view consistently does the right and moral thing.

Please join me in supporting her reelection as our Senator.

Tom Murley

Thanks to Tim and Nancy for 'their commitment to Cape'

Cape Elizabeth is fortunate to have residents who quietly and generously give back to our community, and Town Councilor Tim Thompson and his wife Nancy are two of them.

Their commitment to Cape reflects something deeper than public service. It reflects their love of family, their support for our schools, and their genuine care for the people of this town.

One of the most meaningful examples is the way they honor the memory of their son Timmy. Each year, through CEEF, the Thompson Award recognizes a Cape Elizabeth teacher or staff member who goes above and beyond for students. This year's recipient is longtime middle school theater teacher Steve Price, honored after decades of helping students find their place and succeed. Congratulations to Mr. Price, another truly wonderful person.

That same love and commitment have also driven Tim and Nancy's longstanding advocacy for mental health awareness and support, both in Cape and throughout Maine.

From my years on our council, I can tell

Lechner is the real deal

I am pleased to encourage you to support Karen Lechner for School Board. Karen was the Director of Guidance at Falmouth High School while I served as the district's Superintendent. She was a calm and thoughtful presence in the lives of countless students and staff as they navigated complex school challenges and post high school opportunities. She very clearly supported rigorous, personalized academics while also balancing the social and emotional needs of the school's community as she advised both students and adults. Karen also played a key role in school accreditation reviews and thus was highly familiar with all aspects of the school's systems and practices.

Now as a Cape resident since 2015 with grandchildren in the middle school, Karen would bring an incredible depth of knowledge to the School Board. As a former member of the Cape board myself, I can attest to the combination of policy demands, fiscal priorities, and district leadership supervisory duties that are the board's purview and require thoughtful and reflective discussion and action. Karen's experience and integrity would serve her well on behalf of our community in this important position. Cape schools mean the world to me after serving in various teaching and administrative roles here for 18 years. Please vote for Karen Lechner for School Board to continue our history of excellence.

Barbara Powers

-see more LETTERS TO THE EDITOR on page 3

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A library ‘is something we build together’

By now, every Cape Elizabeth household has received the Thomas Memorial Library Foundation’s annual appeal. As the Foundation’s president, I want to share why that request matters.

Spend an afternoon at the library and you’ll see what community giving builds. Children’s programs fill the week, from baby rhymes and toddler dance parties to Saturday Family Story Time. Teens now have a soundproof, glass-walled space of their own. Adults have a full calendar: the Monday knitting group, Film School discussions, gallery shows, Death Café, songwriting workshops and Murder Mystery nights. Every card holder gets free access to the New York Times, Mango Languages, and Kanopy, plus museum and park passes to borrow. And yes, there’s a new aquarium with frogs, fish and a newt.

The Foundation raises money for one purpose: the Thomas Memorial Library. Town taxes cover the basics. Donors fund the extras that make our library special.

This year, gifts will help the library take three steps forward. Solar panels will offset up to 60 percent of the building’s electricity costs. A Native Habitat and Poetry Garden will take shape along Scott Dyer Road. And the Children’s Room will get updated furnishings for the next generation of readers.

In a town our size, a library like this isn’t a given. It’s something we build together. Gifts of any size go directly toward keeping Thomas Memorial growing for everyone.

Please make a tax-deductible gift using the envelope in that mailing or online at thomas-memorialfoundation.org.

Tyler Patterson

Goodspeed ‘is exceptionally hardworking’

Based on our six years working closely with her on the Cape Elizabeth Land Trust’s Board of Directors and Executive Committee, we wholeheartedly support Elizabeth Goodspeed’s candidacy for the Cape Elizabeth School Board.

Elizabeth is exceptionally hardworking, collaborative, respectful and honest, traits which make her a top choice for the School Board. While serving on the Executive Committee, including two years as Board President, during a busy and dynamic period, Elizabeth oversaw the procurement of four major properties, completion of a \$6M campaign, hiring of a new Executive Director and three key staff members, and renewal of the Land Trust’s accreditation. As a committed volunteer, she routinely dedicated dozens of hours per week to fill-in for staff vacancies

and ensure key deadlines were met. In chairing board meetings and workshops, Elizabeth listened carefully to all input, diplomatically asked follow-up questions and forged consensus solutions. As Board President, she ensured staff members’ needs were addressed by the board, deftly represented the organization in interactions with the Town Council and ensured required policies and procedures were in order for re-accreditation. Elizabeth Goodspeed’s proven work ethic, collaborative nature and integrity would serve her well in effectively supporting the best interests of students, staff, and residents as a new member of the School Board. Please join us in voting for her.

Wyman Briggs
Suzanne McGinn

Gorski is ‘a passionate advocate’

I will be voting for Chris Gorski in the upcoming election for Town Council, and I hope you will join me in supporting his candidacy.

I have had the opportunity to engage with Chris in recent years as a fellow citizen on a number of municipal issues. I have found him to be thoughtful, data-driven, and open to new perspectives. A passionate advocate, Chris dives deep into research to inform his ideas and shares his findings with neighbors to promote constructive discussion. He has also been a generous supporter of the arts in Cape Schools, dedicating his equipment, time, and passion to the middle school theater program. These qualities, among others, make Chris an

outstanding choice to serve on our council, offering thoughtful stewardship and a practical, back-to-basics approach.

I am confident that Chris will be a dedicated public servant if elected to the Town Council. Please join me in voting for Chris Gorski this November.

Scott Mazuzan

Pelletier is thoughtful and committed

When Julie Pelletier first told me she was running for School Board, I felt a sense of optimism and gratitude. Working alongside Julie and raising children of similar ages, I have seen firsthand the care, thoughtfulness, and judgment she would bring to this role.

I met Julie in 2020 when our children attended Appletree School. What began as conversations at pickup and school events revealed shared values and grew into a friendship. A few years later, when our Girl Scout troop needed leadership, Julie stepped forward as co-leader and helped create an inclusive environment where girls could build confidence while contributing to their community.

Julie brought creativity and intentionality to every aspect of our troop experience. She had a remarkable ability to bring the values of Girl Scouts to life in ways that resonated with the girls. Whether designing badge

work, planning experiences, or creating opportunities for the girls to make decisions together, she thoughtfully connected each activity to larger lessons about leadership, responsibility, confidence, and community.

Beyond Girl Scouts, I have seen that same thoughtfulness and commitment throughout our community. Whether at school events, on soccer sidelines, or through volunteer efforts, Julie consistently works to make our town a better place for children and families.

I have unwavering trust that Julie will bring this same commitment to the School Board. She will seek different perspectives, ask thoughtful questions, and make decisions with respect for both process and people.

Please join me in voting for Julie on November 3.

Lauren Todaro

Boyer’s ‘continued service will benefit our community’

Michelle Boyer has represented Cape Elizabeth in the Maine House of Representatives with great dedication and tangible accomplishments during her first term in office. I strongly support her re-election to a second term and urge community members to vote Michelle Boyer for State House District 123.

Michelle brought her strong work ethic, business acumen, and thoughtfulness to the State House beginning the very first day. Recognized by her leadership and peers for her sharp analytic skills and ability to work on complex issues, she was appointed to the Health Coverage and Financial Services Committee. She regularly works on complex legislation that involves healthcare providers, financial institutions and insurance companies. Every time I have been before her committee, I have been impressed by Michelle’s expertise.

I’ve also had the honoring of cosponsoring legislation proposed by Michelle. Her bill, “An Act to Require MaineCare to Reimburse for Lactation Services in the Homes of Eligible Persons” put forward a policy change that would benefit new moms and improve maternal and child health. She

worked very hard to advance her bill through the legislative process. The bill passed the House and Senate unanimously, received funding from the Appropriations Committee, was signed by the Governor and is now law. Success like this is rare for a new legislator, and demonstrates the compassion, high level of skill, and work ethic Michelle brings to the State House.

Please re-elect Michelle Boyer – her continued service will benefit our community and Mainers throughout our state.

Anne Carney

Drug Take Back event October 24

The Cape Elizabeth Police Department will be hosting a Drug Take Back event on Saturday, October 24, from 10 a.m. to 2 p.m. at the Police Department, located at 325 Ocean House Road.



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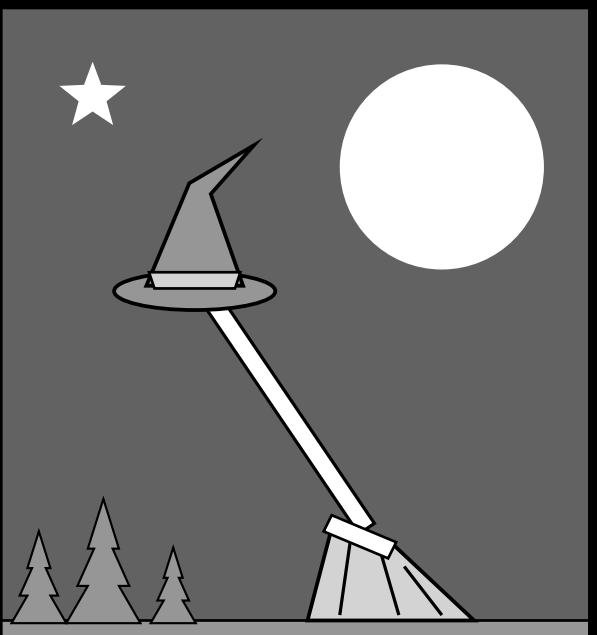


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Paid for and authorized by Chris A Gorski, 36 Cliff Ave

Candidates

Continued from page 1

students receive. Our teachers and staff care not just about students, but about individuals. This dedication sets the Cape Elizabeth School District apart and is a strength I would work hard to preserve.”

Lechner- “One strength of the CESD to preserve and reinforce is the exceptional quality of teaching and learning in our schools. I believe this is at the heart of successful schools and where the ‘magic’ happens. Attracting, supporting, and retaining high-quality staff through professional development, fair contracts, and budgets that provide adequate resources for instruction are critical. Equally important is providing students with appropriate academic challenges and the support they need to thrive academically, emotionally and socially. Another strength is the depth and breadth of the high school curriculum. It reflects the quality of academic preparation at the elementary and middle school levels, as well as a commitment to honoring students’ unique interests and abilities through extensive alternative credit pathways that allow students to personalize their academic programs.”

Pelletier- “The Cape Elizabeth School District has consistently provided strong educational opportunities. In addition to academics, the range of athletics, music and extracurriculars is robust for a district our size. Student participation is high due to the quality and culture of these extracurricular experiences. These opportunities are possible because the broader Cape Elizabeth community actively supports and engages with Cape Elizabeth youth in numerous ways, through mentoring, coaching and collaboration. Preserving these meaningful relationships benefits the entire town and the future of Cape Elizabeth.”

Courier- What would you say are a couple of areas/items within CESD that you would like to improve or address?

Goodspeed- “Maintaining excellence requires a continual review of the curriculum, teaching methods and outcomes. The district has this process in place. I believe we can address issues more promptly, despite having to operate within external laws and funding constraints. Cape’s small district size is an advantage that could allow us to more nimbly adapt when evidence indicates it is necessary. Secondly, I would address the role of technol-

ogy in education. It is imperative that there is a technology curriculum to teach digital literacy, safety and how to interact with AI. Beyond explicit instruction, our use of technology can be intentional, serve the curriculum, and be guided by research that shows it materially benefits student learning and cognitive development. The district is taking steps to address this issue - a district-wide technology audit and a new subcommittee. I hope I have the opportunity to help ensure intentional use of technology that supports education.”

Lechner- “A successful school system requires community support beyond the families of enrolled students. Our current economic climate demands vigilance in developing a thoughtful, fiscally responsible school budget while ensuring that all students receive a high-quality, equitable education that prepares them for future success. While I consider CESD one of our community’s most valuable assets, retired and working community members without family connections to the schools may not be aware of the challenges schools face in balancing these priorities or managing rising costs beyond the school department’s control. Communication from our school department to the community has been robust in recent years; however, I believe this is an area where we could do even more.”

Pelletier- “As our children grow up in a digital age, we need to thoughtfully nurture the habits of mind that allow for a mature and healthy relationship with the digital world. I recognize that the Cape Elizabeth School District must meet legislative, policy and graduation requirements to ensure computer proficiency. With this in mind, I think the Cape Elizabeth School District is dedicated to examining how and when technology is utilized in our classrooms and establishing transparent communication about tech usage. Working closely with the CESD Technology Committee and technology professionals will help provide oversight and direction on these rapidly evolving technologies. AI tools in education warrant particular attention and proactive guidance so the district can decide if, when, and how they interface with the educational experience of our children.”

Courier- Separate from buildings and facilities, are there budget items/spending that you believe should be thoroughly examined?

Goodspeed- “Routine examination of all areas of spending is crucial. As a town, we have spent several years focused on finances

for the new building. I would welcome the opportunity to focus on other aspects of the budget. Broadly, I believe the School Board should review expenditures through the lens of the questions - Is this working? Is this benefitting students? Are we getting good value from this? Those questions are applicable to all aspects of spending on the curriculum. One I believe deserves a thorough examination is the cost of education technology. Over the past several years, technology has become embedded in nearly every aspect of the curriculum through devices, software, digital curricula and classroom management systems. None of these are inexpensive. I would like to work to quantify those expenses, determine which products are being used, and most importantly, evaluate if they are providing the educational benefits we are striving for. Budget review does not necessarily mean spending more or less. It means being thoughtful about where we spend resources and making sure they support an excellent education.”

Lechner- “The budget process is among the highest priorities for schools because it directly affects their ability to fulfill their mission: providing a high-quality education that meets the needs of all students. This process continues throughout the school year and is collaboratively reviewed and refined by many stakeholders. The

CESD School Board established a primary goal of developing a fiscally responsible budget through a clear and transparent review process. Budget documents and recordings of related meetings are publicly available on the school website. As CESD lost nearly \$1 million in state funding over the past two years while salaries, health insurance, and infrastructure costs increased, the School Board worked to substantially reduce the current budget while minimizing the impact on students. I believe CESD is demonstrating that fiscal responsibility and a commitment to educational quality can—and must—go hand in hand.”

Pelletier- “In recent years, the superintendent and school board have done an incredible job delivering a lean budget while also prioritizing teacher professional development as well as student and educational needs in the schools. I would remain dedicated to the School Board and district’s goals of providing a high-quality education for all students while supporting and retaining instructional staff. Staying on budget for the middle school construction project is an essential priority. I can bring integrity, collaboration, and respect for the governance process to the School Board to help successfully navigate any budget changes as we learn how state funding formula LD2226 might impact our school district over the next several years.”

Cub Scouts collecting food for Judy’s Pantry

Cub Scout Pack 30 is collecting non-perishable food for Judy’s Pantry this November as part of Scouting for Food, and residents have two easy ways to give.

Watch Your Doorstep

On Saturday, November 7, scouts will leave paper bags at homes around town with a flyer explaining how to donate. Residents can fill the bag with non-perishable food and then place it somewhere visible outside their home by 9 a.m. on Saturday, November 14. Scouts will return that morning to pick up the bags and bring them to Judy’s Pantry.

Another Way to Give

Didn’t get a bag but want to donate? You can bring food donations to the IGA parking lot on Saturday, November 14, between 11 a.m. and 2 p.m. Scouts will be there to collect them. “Scouting for Food gives our kids a chance to see community in action,” said

Cubmaster Shawn Boucher. “They collect from their neighbors and deliver to neighbors in need, and they learn that even a small effort can make a difference.”

Scouting for Food is an annual service project held by Scouting America units nationwide. For Pack 30’s scouts, K through fifth graders, it’s a hands-on lesson in teamwork, responsibility and looking out for their own community.

The pack thanks Hannaford for donating the bags used in the drive. More information, including the full list of requested items, is at: pack30cape.org/scouting-for-food or via the QR code below.

Cub Scout Pack 30 serves boys and girls in kindergarten through fifth grade in Cape Elizabeth. The pack is chartered by the Cape Elizabeth Lions Club and is part of Pine Tree Council.

Families interested in joining can learn more at pack30cape.org.



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Reported by Debbie Butterworth

scam fraud.

PUBLIC INFORMATION

- 9-29 Officers responded to a residence in the Ocean House Road area for a well-being check.
- 9-29 An officer spoke with a resident of the Old Ocean House Road area regarding a threatening text message he had received.
- 9-29 Officers received a report of an elderly male who was believed to be lost and driving down Route 77. He was located and arrangements made to get him and his car home.
- 9-30 Officers responded to Fort Williams for a subject who accidentally fell into a vehicle while trying to control his dog. Reports were taken for documentation purposes.
- 10-1 Officers responded to a home in the Ocean House Road area for a well-being check.
- 10-2 An officer responded to the Broad Cove neighborhood for a report of a phone

JUVENILE CITATIONS

- 10-1 Cape Elizabeth resident, speeding, Ocean House Road
- 10-1 Cape Elizabeth resident, criminal mischief for destruction of property in the Mitchell Road area.

ARRESTS

- 10-3 Portland resident, operating under the influence and also under license suspension, Ocean House Road.

ACCIDENTS

- 10-1 James Williams, accident on Wells Road

FIRE CALLS

- Fire calls: 8
- EMS calls: 20

Scam alert bulletin board

By Jessica D. Simpson

Lock Down Your Data: Cybersecurity Awareness Month

October is Cybersecurity Awareness Month, a good reminder that we can make it harder for criminals to steal our personal information or take over our accounts. Scam messages often include a link or an attachment that perpetrators use to introduce malware onto your device or send you to a site that will seek to collect login or payment information. Protect all online accounts with strong, unique passwords (strongly consider using a password manager) and turn on multifactor authentication when available. Also, keep your device software updated – the updates often include important security fixes.

Medicare Open Enrollment Scams

Medicare’s annual open enrollment period runs from October 15 through December 7. As beneficiaries and new enrollees review their health and prescription drug coverage and options, criminals may pose as Medicare representatives or Medicare Advantage agents and try to steal Medicare numbers, financial or other personal information. You may, for example, receive a phone call from someone claiming to be with Medicare. They may know your personal details, like your date of birth or address.

Don’t let that convince you the caller is legitimate; scammers can easily purchase or obtain such data. Unfortunately, many people don’t realize that Medicare won’t contact you out of the blue. Victims engage with these criminals, sometimes giving away personal financial information and Medicare details.

Criminals can then use that personal information to commit identity fraud (stealing money from victims’ bank accounts, among other potential fraud crimes). They might use the stolen Medicare number to make bogus claims, typically for medical equipment, genetic testing kits, diabetic supplies or deceptive hospice enrollments. Know two things: unsolicited contact about Medicare is highly suspicious, and Medicare will never contact you out of the blue.

For helpful resources on enrollment and open season, check out medicare.gov, aarp.org/medicare or your State Health Insurance Assistance Program, a federally funded resource with trained counselors that can answer your questions in person, online or by phone. Search online for help at shiphelp.org/SHIPs or call 877-839-2675.

Learn how to spot and avoid scams with AARP Fraud Watch Network™. Suspect a scam? Call our free helpline at 877-908-3360 and talk to one of our fraud specialists about what to do next.

News from the superintendent

By Dr. Chris Record

I hope you have had a chance to enjoy the amazing fall foliage. Autumn always reminds me of what a special place Maine is to live and to raise a family.

I want to start by thanking Cindy Voltz and Jenn McVeigh for their six years of tremendous service on the School Board. They both made significant contributions to the board and will be greatly missed. Their last regular board meeting will be this November.

During her tenure, Cindy served as Board Chair, Vice-Chair, Finance Chair once, and was the Board representative on the PATHS Advisory Board, SBAC, Public Outreach Subcommittee, and several District Leadership Team hiring committees.

Meanwhile, Jenn served as Finance Chair twice, Policy Committee Chair once, and was the Board representative on the Wellness Committee, Dropout Prevention Committee, DEI committee, and Technology Committee. Jenn also participated in several negotiations with various bargaining units.

We are pleased to have three people running to fill their two seats. I encourage you to cast your vote this November.

By the time this issue is published we will have held our School Construction Groundbreaking Ceremony on October 17. We had numerous speakers at the event, including the following: School Board Chair Cindy Voltz, Town Council

Chair Elizabeth Scifres, Senator Anne Carney, Representative Michelle Boyer, CEMS Principal Sarah Rubin, CEMS Teacher Dan Eberle, Ms. Carol Anne Jordan (Class of 1970), Lorenzo Todaro (3rd grade), Pearl Rockers (4th grade), John Porensky (5th grade), Ellie Lewis (6th grade), and myself. We were also entertained by the CEMS Band. Despite the chill in the air, they played America the Beautiful, Prelude from L’Arlesienne, Chorale from Jupiter, and the Cape Elizabeth School Song. Band directors Caitlin Ramsey and Missy Chabo did a tremendous job preparing them.

For more information on the project itself, please go to <https://www.cape.k12.me.us/o/cesd/page/buildingproject>.

We also recently held an “All About Intentional Technology in Our K-12 Classrooms” Informational Night for parents/guardians and interested community members. We focused on the following three areas at this event: 1) Learning together about some of the current research on technology use in schools; 2) Sharing everyone’s insights and understandings about the topic; and 3) Sharing about our work thus far and the plan moving forward.

I hope you have an amazing fall and I look forward to seeing you at various school games, activities, and events. Thanks for your continuing support of our students, staff, and school community.

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Lobster education in Cape Elizabeth schools

By Kevin St. Jarre



Contributed photo

Guest speakers teach students in Cape Elizabeth about their work and issues involved in the lobster industry. Here Caitlin Jordan Harriman of Alewives Brook Farm speaks to 4th graders.

As is fitting for a community with a long history of working on the water, Cape Elizabeth students learn about lobster and the industry during their years in Cape schools.

Two examples include Pond Cove Elementary School 4th graders and Cape Elizabeth High School students in Government classes as well as the Maine Maritime History course.

According to Tara Bucci, a teacher at PCES, as part of their Maine Studies program they had a very special guest and friend Caitlin Jordan Harriman, from Alewives Brook Farm, in to teach about lobsters.

Bucci said, “All fourth graders went to the Cape Elizabeth fire station to hear her

speak and share photos, data and information on how to become a lobsterman, fisherman-woman, as well as the tools, traps and functions of a lobster boat. At the end students were invited to hold lobsters, band and measure live lobsters brought from the farm market. I really got into Lobster Day. We lobster, and my son is working on his commercial lobster license, so these state crustaceans are a pretty big deal in the Bucci household. A big thank you to Caitlin and Bennett! If you would like to learn more about lobsters or buy a few to eat - head over to Alewives Brook Farm.”

Caitlin Jordan Harriman explained that Alewives Brook Farm got involved when Bucci approached them with the idea of teaching her class about lobsters.

“Alewives has been doing various projects with the schools over the last few decades. From reading farm stories, to planting pumpkins in Kindergarten and harvesting them in the pumpkin patch during first grade. Field trips to the farm to harvest fall vegetables. Last year we welcomed the seventh grade twice a week for field trips and learning about vegetables and farm work while they compiled a research project and presentation in the farm of their research to their families. Alewives strongly believes in the power of community and the importance of investing in our youth. We are happy to participate in any activities that will help expand our children’s minds to the experiences of farming and fishing. These are two industries that have had such a huge impact on our community and shaping who we are as a town today,” Jordan Harriman said.

Ted Jordan, a teacher at CEHS, said that all of his Government classes for the past two years have had Curt Brown as a guest speaker where he explained lobster fishing. This included the law regarding minimum and maximum shell size, the ban on female lobsters including notching any egg-bearing lobsters and throwing back any non-egg bearing lobsters with a notched tail, the value of stewardship and research of juvenile lobsters and the unwritten law regarding lobstermen/women not fishing where there already are traps. In the past, there have been examples of friction between lobstermen including the possible severing of the rope from the buoy down to the trap, the possible emptying of an intruders’ lobster trap and possibly cutting the ropes tying a lobster boat to its wharf or, in rare circumstances, sinking an intruder’s lobster boat.

Jordan said that Brown also explained “...how he successfully advocated alongside the Maine congressional delegation to defend the Maine lobster industry against Seafood Watch/Monterey Aquarium’s claim that ME lobster gear was killing right whales in 2022, against National Marine Fisheries Service (NMFS) for selectively choosing their data on right whale mortalities in considering regulations on the industry, against Trump cutting the funding of the Maine Sea Grants following the altercation with Gov. Mills in the White House in 2025 and against Canadian tariffs on seafood in August 2026.”

Former students of Ted Jordan’s Maine Maritime History course, from the classes of 2024 and 2025, went to Ready Seafood in Saco to see how lobsters are processed.

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Cape Elizabeth filmmaker sets current project in hometown

By Kevin St. Jarre



Photo by Theo Rodrigues

Taken at the film set location, “Dirt on My Boots,” which is about James, a spoiled gay nepo baby who, after burning through his entire trust fund at age 20, is sent to his uncle’s correctional farm to learn the value of hard work, where he discovers that touching grass might be exactly what he needs.

Theo Rodrigues is a writer, director and producer from Cape Elizabeth whose current film project features his hometown. “I moved to Cape Elizabeth when I was 10, and was in school for all of middle and high School. Cape Elizabeth is still home even when I live in New York City for most of the year,” he said.

“Not only is this project a Cape Elizabeth-specific location, and written specifically with this farm in mind,” Rodrigues said, “but current high schoolers are helping out on set. I’m prioritizing giving back the experience of working on a professional film set that I never had as a high schooler.”

The title of the film is “Dirt on My Boots” and originated as work for a New York University Intermediate Production class. Rodrigues said he drew some inspiration from favorites from the early 2000s, such as “The Hannah Montana Movie,” “The Simple Life” and “Holes.”

“We are shooting October 10 to 11, so pre-production is still underway, which means we’re finalizing cast and crew, finishing paperwork, and distributing the budget accordingly,” he said.

Rodrigues said the project has local support, such as from Andy Strout, the owner of the farm and location of the shoot. He also said, “Major support by ELO teacher Lauren Tarantino who is connecting me with her extended Cape Elizabeth community.”

Those who would like offer help can support the crowdfunding to finish rais-

ing the budget of \$3000 to \$5000 dollars. A major way for the community to help will be donations and crowdfunding through the project’s GoFundMe: www.gofundme.com/f/fund-dirt-on-my-boots-theo-rodrigues-comedy-short-film

Rodrigues said, “The money raised will cover the cost of food, gear, labor, and travel from New York City to Maine. Additionally, support and sponsorships from local food vendors who are willing to cover meals for our cast and crew during our two-day shoot will save our budget immensely.”

Invasives workshop on October 24

Is This Plant Good or Bad? Asking Better Questions with Deborah Perkins
Saturday, October 24
10:00 11:30 a.m.
Fort Williams Park, 1000 Shore Road

Deborah Perkins of First Light Wildlife Habitats is a local ecologist with a passion for co-creating thriving wildlife habitats. In this thought-provoking and practical workshop, we’ll explore questions like: What are ecologically “out-of-place plants”? Which plants cause harm, which ones are beneficial, and

which ones are neutral? Why? What plants are recommended to replace harmful, out-of-place plants that build a better food web for wildlife?

If you’re contending with invasives in the spaces you tend, this workshop is for you! This event is hosted by Wild Seed Project and Friends of Ft. Williams Park.

For more information visit: <https://wildseedproject.net/events/is-this-plant-good-or-bad-asking-better-questions-with-deb-perkins>.



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DEAR event held at CEHS

By Kevin St. Jarre

Carolyn Young, the librarian and research coordinator at Cape Elizabeth High School invited classes to come to the library and read during an event known as “Drop Everything and Read” or DEAR.

She provided snacks, a large projection of an active fireplace, some light music and students came with their teachers to simply and

quietly read.

Young said of the event, “It was a success with teachers bringing students across three departments. We had 11 classes signed up over the 4 periods. I did have a few students ask if we could have another day like this on a Maroon day and the answer is yes! I hope to have another drop and read day right before Thanksgiving break so if [students] missed this one there is still a chance to participate!”



Photo by Kevin St. Jarre

Students and teachers at CEHS were invited by Librarian Carolyn Young to come in and enjoy some quiet reading time during this year’s first DEAR event.

CECS hosting Trunk or Treat on October 30

Community Services is continuing the Trunk or Treat Tradition on Friday, October 30 at the Community Center rear parking lot. We hope you can join this fun community event, along with town departments, local businesses and organizations. Decorate a vehicle, or equipment however you like and bring treats for the kids.

Trunk or Treat will take place from 5:00 - 6:00 pm. Please let us know if you plan to attend by Oct. 23 at: <https://www.capecommunityservices.org/trunk-or-treat/>

For more information call 799-2868 or email kathleen.raftice@capeelizabeth.gov with any questions.

History lesson on spinning and weaving November 10 at TML



Photo courtesy of CEHPS

19th century weaving.

A humorous and painless history lesson on spinning and weaving in New England and elsewhere will be presented to the community on November 10 by award-winning weaver and weaving historian Marjie Thompson.

Thompson’s presentation will discuss who was weaving, where, when and what they were weaving. Slides and actual textiles will be used to illustrate what was woven and a reading list for further explorations will be provided. Time will be provided for audience questions and comments.

Thompson says she enjoys being “stuck” in the pre-20th century weaving world. She has won numerous weaving awards, is past president of the New Hampshire Weavers’ Guild, is a member of several weavers’ study groups among numerous other credits.

The presentation will take place in the Community Room of the Thomas Memorial Library on Tuesday, November 10 from 6:30 - 8:00 p.m. The talk is free and open to the public. Note that this is a one-time change from the usual Town Hall location for this series of talks.

This presentation is part of the monthly series of history-themed talks co-sponsored by the Cape Elizabeth Historical Preservation Society and Thomas Memorial Library.



Photo courtesy of CEHPS

Marjie Thompson will present a humorous and painless history lesson on spinning and weaving in New England on November 10 at Thomas Memorial Library.

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News from October 5 Town Council meeting

By Hanna Gilley

Town Council Correspondence
Councilor Sarhbeck suggested to the other councilors to take a drive down to the Gull Crest area to “check on the parking situation.” Sahrbeck said he heard of the full parking situation during a recent planning board meeting and told the council that he thinks they will need to “address” the issue sometime soon. Cars have been parked on both sides of the access way and Sahrbeck said it “sounds like it’s been going on for a while.”

Sarhbeck said that the groundbreaking for the new middle school building will take place on October 17 at 1:00 p.m. The middle school band will be playing along with a groundbreaking ceremony.

Chair Scifres said that last week the Conservation Committee had a dedication ceremony at Pollock Brook area for a burial ground that was discovered there. Town Planner Maureen O’Meara had put in a “lot of investigation and preparation” along with the Conservation Committee and the Historical Preservation Society. Scifres added that it was an “honor to be part of that moment” and commended all those involved. There is an educational plaque pinned to a boulder that describes the history of the area.

Scifres also discussed the Cape Elizabeth Fire Department’s annual awards and recognition evening that took place last week. Scifres spoke of the “incredibly high standard of care and service” that Cape Elizabeth’s EMTs, paramedics, fire fighters, police officers and other service members provide to Cape and neighboring towns.

Town Manager’s Report

Town Manager Patrick Fox added comments about the Fire Department’s annual awards and recognition evening saying that the department “recognized years of service [in its members] and unit citations for responding to this year’s most challenging calls.” Fox said that the community relies on “dedicated individuals during our most distressing times” and that he’s sure he speaks for many as he expressed “deep gratitude for their commitment to always answering the call.”

Fox said he has been receiving many questions from the public regarding the construction taking place on Route 77 near Spurwink. Fox clarified that this work is the installation of a stormwater retrofit that will help filter stormwater before it enters Trout Brook. This work is grant funded from a “couple of years ago and is finally coming to fruition.” Fox said there’s one more week estimated of construction before its completed.

Fox said that the landfill solar project is “nearing completion” with a target of November 2026 for the solar array to be commissioned and online to generate power to the electrical grid.

Additional items that Fox mentioned during his report include: absentee voting started on Monday, October 5, and runs during regular Town Hall hours of operation until October 29, 2026; applications are now available for the senior property tax assistance program at the Assessing Office with a deadline of November 19. He added that residents need to fill out this application every year. The hazardous waste drop off coordinated by Public Works will take place on November 7 from 9am through 1pm. The clothing swap event at the library in coordination with the recycling commit-

tee will take place on October 31 from noon to 3:00 p.m.

Proclamation- Domestic Violence Awareness Month

Chair Scifres, reading aloud from the proclamation, said that domestic violence is a “serious injustice and public health concern that affects people and families of all races, ages, genders, sexual orientation and income levels.” The proclamation states that more than 1 in 3 women and 1 in 6 men experience sexual violence, physical violence or stalking by their partner in their lifetime.

Continuing from the proclamation, Scifres said, that “transsexual and binary individuals experience abuse at disproportionate rates,” and that “each year, nearly half of all homicides in Maine are related to domestic abuse and violence.” Confidential assistance, safety planning, advocacy, shelter, and other support services are available through the Maine statewide domestic violence helpline. Additionally, the proclamation states that “community members, employers, educators, public officials, and service providers all have the opportunity to support survivors and promote safety, challenge abusive behavior, and strengthen a coordinated response.” Scifres continued, “raising awareness and fostering communities that support safety, accountability, and prevention are essential to ending domestic abuse and violence.”

Councilor Anderson asked who wrote the proclamation because she was “wondering whether or not half the homicides in Maine are still related to domestic violence abuse, given our increase in homicides overall.” She suggests that number might be “a little lower because other homicides

are up” and wanted to know if “this is current information.”

Rebecca Hobbs, co-executive director at Through These Doors, spoke before the council and said that the language was specific to include “nearly half” because some years that percentage is closer to 45% which is still very close to 50% of all homicide cases. Hobbs thanked the council for considering the proclamation.

The proclamation passed unanimously with Cape Elizabeth officially recognizing October 2026 as Domestic Violence Awareness Month. Councilor Thompson was absent from the meeting and the vote.

Public Hearing- The Second Amendment to the Town Center Infrastructure Improvement Municipal Tax Increment Financing District

The Town Council is considering amendments to the town center infrastructure improvement municipal tax increment financing (TIF) district which seek to extend the term of the district for another 10 years expiring March 31, 2045. Considered amendments will also expand on uses the funds can be used for, amend project costs, and rename the district to “Town Center Downtown Omnibus TIF district.” The public hearing is a requirement prior to submission to the Maine Department of Economic and Community Development needed for state approval.

Brian Harris spoke on his initial suggestion to “dissolve” the TIF district. Harris says that there are two approved projects now in the town center district that take up three of the four available sites in town and

-see TOWN COUNCIL page 13

Dear Neighbor -

I am running for Town Council and asking for your vote.

Four years ago, I attended my first Town Council meeting - a joint meeting with the School Board about the first school building plans. Since then, I've attended dozens of town meetings, delved into our town's history, and talked to countless residents about Cape Elizabeth's strengths + challenges. With costs on the rise, and the new school bond, we need to take firm steps to secure new revenue - beyond existing taxpayers - to keep Cape Elizabeth affordable for those who want to live here.

I'd be honored to help move us forward, while protecting what makes our town so special.

Thank You - Elizabeth

Elizabeth Biermann



for Town Council

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CEEF Secret Supper brings community together



Contributed photo

Attendees at this year's Secret Supper, hosted by the Cape Elizabeth Education Foundation. The event raised more than \$30,000.

What happens when you bring together great hosts, curious guests, a little mystery, and a whole lot of Cape Elizabeth spirit? One unforgettable evening.

On October 3, more than 130 guests gathered for intimate dinners in 13 homes across town to support the Cape Elizabeth Education Foundation (CEEF). Guests didn't learn where they'd be dining until the week of the event, adding to a night of new friendships, incredible hospitality, and plenty of surprises.

No two tables were quite the same, and that was exactly the point.

Feedback has been overwhelmingly positive, with many guests enjoying the chance to meet parents, educators, and community members who care about Cape Elizabeth schools as much as they do. Our hosts went above and beyond to make everyone feel welcome, creating a night that is hard to replicate.

After dinner, the dinner guests joined oth-

er CEEF supporters at a local seaside barn for the Sweet Celebration, with dessert, conversation, a raffle, and a chance to celebrate the impact CEEF makes possible for local students and educators.

Together, CEEF's event raised more than \$30,000, with a big boost from the raffle. Those funds will go directly toward CEEF grants in the year ahead. Since 2002, thanks to events like this one and the generosity of our community, CEEF has invested more than \$1.8 million in grants that inspire creativity, support educators, and expand opportunities for students across all three Cape Elizabeth schools.

Thank you to everyone who opened their homes, bought a ticket, joined a table, donated, or volunteered. You made the magic happen and showed once again what this community can do for its schools. We're already looking forward to gathering again next year to support CEEF.

Caper recognized in three major categories at Latin Grammy Awards



Photo by Joanne Lee

Cape Elizabeth resident Brian Lee has earned three nominations for the 2026 Latin GRAMMY® Awards.

Brian Lee, mastering engineer and founder of Waygate Mastering, has earned three nominations for the 2026 Latin GRAMMY® Awards for his work on ROSALÍA's LUX. The album has been recognized in three major categories: Album of the Year, Record of the Year, and Best Engineered Album.

"I'm incredibly honored and grateful to share this news," said Lee. "Being part of such an incredible project is a dream come true. I'm deeply thankful to Rosalía for her trust in me."

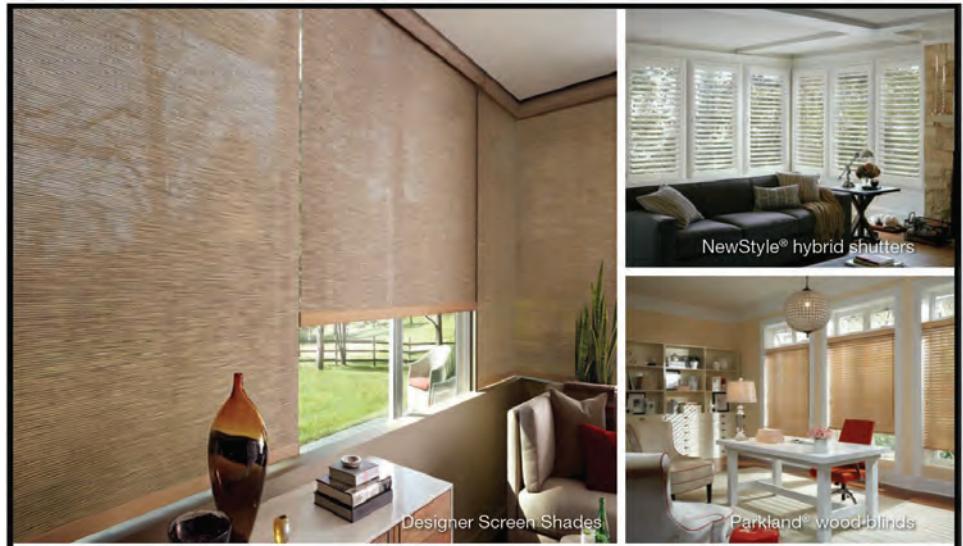
The nominations mark a significant milestone in Lee's career, which spans more than three decades in professional audio mastering. A graduate of Berklee College of Music, Lee began working at Gateway Mastering Studios in 1992, where he worked closely with renowned mastering engineer Bob Ludwig, learning the craft through years of hands-on

experience across a wide range of musical genres and recording projects.

"I owe everything to Bob and Gail Ludwig. They are family," Lee has said of the people who helped shape his career.

Following the closure of Gateway Mastering Studios in 2025 after 32 years, Lee established Waygate Mastering, along with Bob Jackson in 2024, continuing his commitment to providing artists and producers with the highest level of mastering expertise. Since its founding, Waygate Mastering has worked with an impressive roster of artists, including ROSALÍA, Bruce Springsteen, Bryan Adams, Slipknot, Ray LaMontagne, Jerry Cantrell, Wilco, and Bruce Hornsby, as well as projects such as Disney's Toy Story 5 soundtrack.

-see AWARDS page 11



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Cape author’s new novel hits bookstore shelves

Cape Elizabeth resident Kevin St. Jarre is an educator, a reporter, and a novelist. His eighth novel under his own name was released from Encircle Publications on September 23. It is titled *The Ghosts of Riddell House*, an is set in a small Maine town.

Jonathan Maberry, a New York Times bestselling author and six-time Bram Stoker Award winner said, “*The Ghosts of Riddell House* is a wonderfully creepy thriller packed with complex characters and ghostly twist you won’t see coming. Highly entertaining!”

The Ghosts of Riddell House is the story of a woman, Tanya Libby, who was born with a gift, and can communicate with the dead, but she rejects using that ability to conduct seances, and to be a medium-for-hire. She’d much rather spend time with her horses and her husband.

On the other hand, Burch Kinney, recently divorced, has no problem charging people to conduct sessions in their homes where they can talk to their dearly departed. The one problem, however, is Burch has no such ability, and instead sees it as a form of theater that often leaves people feeling better about their loss, and he gets a bit of money out of it.

These two go about their lives as they’ve chosen to live them until *Psychic Eyes*, an online video channel claiming to do paranormal investigations, invites them to a particular haunted house. Tanya, reluctant to do the work, and Burch, jealous of the limelight, end up in a séance, in front of cameras, that no one will forget...not even those who survive it.

St. Jarre grew up in the northernmost town in Maine, where the international border was simply the river that ran through the community, and the paper mill was where everyone worked.

He said, “For all of my life, I’ve been writing stories. I wanted to try something different—a ghost story. I grew up in an environment where ghosts, psychics, and healers were just part of the social landscape, so I thought it would be fun to put together a few what-if questions into a book.”

St. Jarre teaches at Cape Elizabeth High School and at the University of Southern Maine. He’s a reporter for *The Cape Courier*. His undergrad degree is in English and he has an MFA in Creative Writing from University of Southern Maine’s Stonecoast program. He’s a published poet, an essayist—including a piece in the anthology *Breaking Bread* from Beacon Press, and his Pushcart-nominated short fiction has appeared in journals such as *Story* and *Solstice Literary Magazine*. He’s a member of the International Thriller Writers.

The Ghosts of Riddell House can be order online, or found in your favorite local bookstore and library. For more information, go to KevinStJarre.com

Awards

Continued from page 10

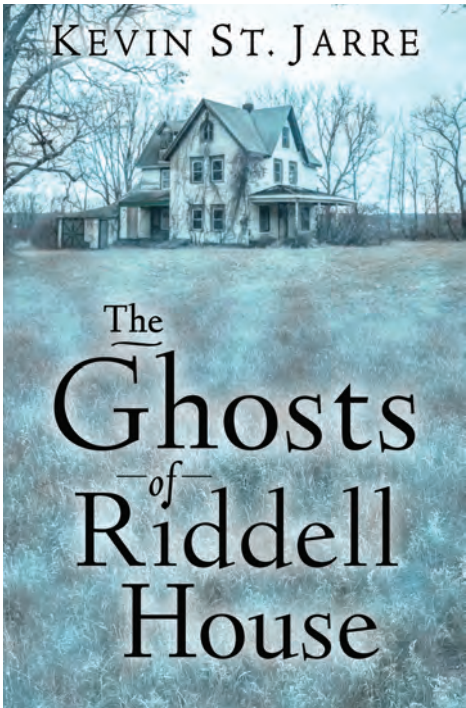
Throughout his career, Lee has contributed to projects spanning rock, pop, country, Latin music, and more, working with artists including Rush, Nirvana, Gloria Estefan, The Bee Gees, Janet Jackson, Kenny Chesney, Alejandro Fernández, and many others.

The 2026 Latin GRAMMY Awards will take place November 12 in Las Vegas, bringing together leading artists and professionals from across the Latin music industry to celebrate outstanding musical achievements.

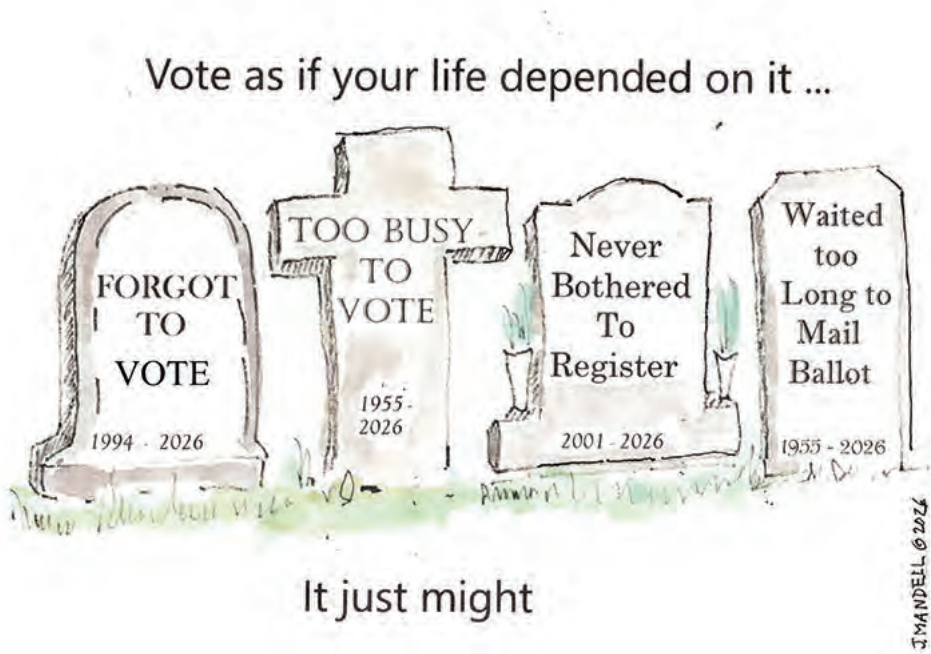
For Lee, the nominations recognize not only an extraordinary project, but also a career built on collaboration, technical excellence, and a deep respect for the artists and music entrusted to his care.

Capetoon: Election 2026

Drawn by Jeff Mandell



Cover of ‘The Ghosts of Riddell House.’



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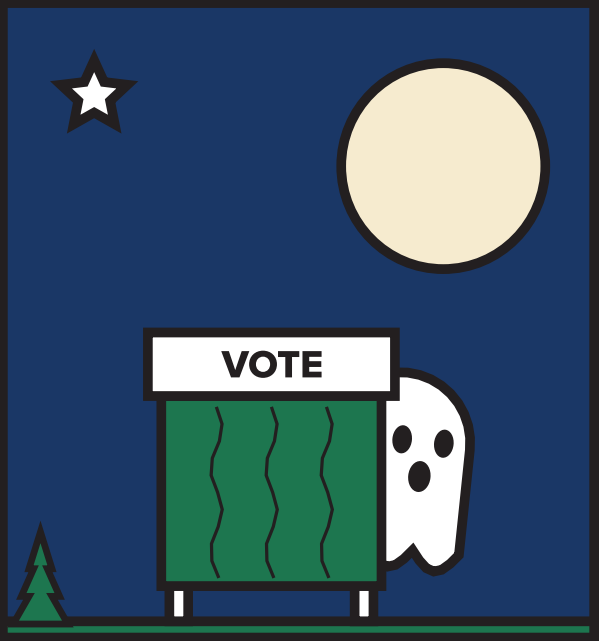
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EMERGENCY COVERAGE AT WARREN AVENUE LOCATION

Know what’s scary?

Not voting.



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GORSKI
for Cape Elizabeth
Town Council

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ELECTION DAY at Cape Elizabeth High School
Tue, Nov 3 · 7 am–8 pm

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TML offers senior/student crafting hour, fall clothing swap

Fireside Writing Return Tuesdays from 5:30 - 6:30 p.m. in the library

The winds have shifted and the air is getting chilly once again...which means it's time to settle in by the fire and write that novel! TML, with the help of Amanda Avallone, is happy to offer another season of Fireside Writing, a weekly gathering for anyone who writes—at any stage of the journey, in any genre, for any intended audience. Come join us by the fire on a drop-in basis. Based on the group's interests, we may share a bit about our projects and processes, offer tips on making space for writing in our lives, or—just maybe—share a little bit of our work with another. For the most part, however, this will be a space to work while in the company of creative others. No registration required.

Senior/Student Crafting Hour
Wednesday, October 23, 1:00 - 2:00 p.m.

Older adults are invited to join us each week for Senior Social Hour, an opportunity to connect with others, participate in informational sessions and workshops, and share stories from their own lives. Every now and then we feature special visitors, and this week, we are delighted to welcome the middle school art club, Art for a Cause, back to Senior Social Hour. This time, everyone is invited to make miniature sculptures to decorate the Children's Room for fall. We'll have tons of air-dry clay for you to make mushrooms, leaves, acorns, pumpkins, or anything else your heart desires. No artistic experience necessary; the students would love to see you there!

Film School: Jordan Peele's 'NOPE'
Thursday, October 29, 5:00 - 7:30 p.m.

Join us for October's spooky film school, where we honor all monster movies with a screening and discussion of Jordan Peele's "NOPE" (2021). Inspired by classics like "King Kong," "Jurassic Park," and "Close Encounters of the Third Kind," "NOPE" is a modern science fiction horror with a profound love and fear of the cinematic spectacle. As always, snacks are welcome and popcorn is provided.

Fall Clothing Swap
Saturday, October 31, 12:00 - 3:00 p.m.

It's time for the Fall Clothing Swap! Offered in partnership with the town of Cape Elizabeth Recycling Committee, twice a year the library hosts a chance for folks to both clean out their closets and find treasures from our neighbors. Here's how to participate:

- **Donate items in advance:** Receive a ticket for entry starting at 12:00 p.m. on the day of the swap. Donate clothes at the library beginning as early as October 19. (Note: Donations will not be accepted past Wednesday, October 28. This way Snoop, our trusty bug-sniffing dog, has time to examine each and every item and make sure it is ready to be worn).
- **Don't donate at all:** Enter and "shop" at 2:00 p.m.
- **Volunteer to help set-up, run, or take-down the event:** Receive extra early preview "shopping" privileges. Fill out the volunteer registration form here if interested in helping out.

Clothes for all ages and genders will be accepted and available. Please wash your donated clothes ahead of time. In a change from previous years, no same-day donations will be accepted. Thank you for donating and shopping for recycled clothing. We hope to see you there.

Printmaking with Dave Connor
Saturday, November 7, 2:00 - 4:30 p.m.

Have you ever been interested in printmaking? Do you know the differences between intaglio, collagraph or relief printing? If you have some curiosity around any of these mediums and think you'd like to try one yourself, then come join artist Dave Connor for an afternoon of playing with one or more of these printmaking techniques.

Registrants are encouraged to bring a hardcopy image(s) of something you think you'd like to try turning into a print. Pets, architecture, faces, food all make good studies. Something with strong contrasts and in the neighborhood of 6x6 inches or smaller will yield the best results. If you have your own carving tools, please bring them but if not, all the materials you'll need will be supplied.

Dave Connor is a local artist and high school teacher from Cape Elizabeth. He has done commissions for Bissell Brothers, Terlingua, Maine Surfers Union, the band Moe and numerous others. These days, Dave balances his art primarily between printmaking and painting. He teaches a printmaking class at school and loves introducing others to the magic of the medium.

CEHPS Presents: A History of Weaving with Marjie Thompson
Tuesday, November 10, 6:30 - 8:00 p.m.

A humorous and painless history lesson on spinning and weaving in New England and elsewhere will be presented to the community on November 10 by award-winning weaver and weaving historian, Marjie Thompson. Thompson's presentation will discuss who was weaving, where, when, and what they were weaving. Thompson says she enjoys being "stuck" in the pre-20th century weaving world. She has won numerous weaving awards, is past president of the New Hampshire Weavers' Guild, is a member of several weavers' study groups among numerous other credits. Slides and actual textiles will be used to illustrate what was woven and a reading list for further explorations will be provided. There will be time for audience questions and comments. Registration required.

The presentation will take place in the Community Room of the Thomas Memorial Library on Tuesday, November 10 from 6:30-8:00 p.m. The talk is free and open to the public. Note that this is a one-time change from

the new Town Hall location for this series of talks. This presentation is part of the monthly series of history-themed talks co-sponsored by the Cape Elizabeth Historical Preservation Society and Thomas Memorial Library.

Book Discussions:
Cozy Mystery Book Club
Saturday, November 14, 3:30 - 4:30 p.m.
"The Man Who Died Twice," by Richard Osman

Afternoon Book Group
Thursday, November 19, 3:00 - 4:00 p.m.
"A Streetcar Named Desire," by Tennessee Williams

REGULAR PROGRAMS

Senior Social Hour
Every Wednesday from 1-2 p.m.

Fireside Writing
Every Tuesday from 5:30 - 6:30 p.m.

Death Cafe, with Davinica Nemtzw
Third Saturday of each month, 10:30 a.m. - 12:00 p.m.

Songwriting Workshop, with Jud Caswell
First Thursday of each month, 6-8 p.m.

Youth Services Recurring Programs: Fall

Messy Minis: Mondays @ 10:30 - 11:00 a.m.
Let your imagination run wild and join us for Messy Minis time in the Community Room. Let's color, cut and paste together to make magic. For budding artists ages 2-5 or anyone who enjoys creative play.

Baby Storytime: Tuesdays from 12:00 - 1:00 p.m.
This program is designed for infants and toddlers from birth - 18 months old and their caregivers. Join us for 15 minutes of short stories, finger plays, rhymes, songs, and movements followed by 45 minutes of free time to play and chat. Capacity: 25 people. No prior registration required.

Play Group: Wednesdays @ 10:30 - 11:30 a.m.
Join us for this drop-in play session for children and their caregivers. The Community Room is open for exploration during this time, with special toys and stations while you visit with friends. Capacity: 25 people. No prior registration required.

Toddler Story Time: Thursdays from 10:30 - 11:00 a.m.
Great for children who have transitioned to one nap per day and are alert in the mornings. This storytime is designed for children ages 18 months to 3 years old and their caregivers. Join us for one picture book, songs, finger rhymes, felt board stories and board book read-alongs. Capacity: 30 people. No prior registration required.

Venture Club: Wednesdays from 2:45 - 4:30 p.m.

-see LIBRARY page 19



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Tue, Nov 3 · 7 am-8 pm

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Town Council

Continued from page 9

that “limits new development in the town center.” Harris says that the TIF district allows the community to retain new tax revenue generated from the TIF which results in diverted property tax revenue that could have been used for general purposes. Harris concluded that he encourages the council to “treat the funds with reverence” and that they should “be given the same scrutiny as general funds” because they [essentially] are general funds that have just been diverted into a different fund that has limitations on their uses.

The council approved the scheduling of the vote on the TIF amendments to take place during the regular town council meeting on October 19, 2026.

Public Hearing- General Assistance Ordinance

The council approved to schedule a vote during the regular town council meeting on October 19, 2026, on the topic of the general assistance ordinance and appendices amendments discussed in previous meetings.

Special Use Permit- Gull Crest Food Truck

The Cape Community Arena (CCA) requested a special use permit for food trucks at Gull Crest during the 2026 - 2027 season. The permit application has been reviewed by the police and fire departments, and the code enforcement office, with no concerns and a recommendation that the permit be approved as written.

Kaitlyn Weidenbach, who helps to coordinate the scheduling for the food trucks during the season for the CCA, said that “food trucks have been at the rink for the last three or four years and they’ve been very popular.” Weidenbach added that she appreciates the council voting on the permit application. The council voted unanimously in favor of approving the special use permit for the 2026-2027 season at the community ice arena.

Library Community Spotlight Selection Policy- proposed changes

The Thomas Memorial Library staff is proposing changes to its community spotlight selection policy. The changes reference the removal of specific dates and will allow for greater flexibility for library staff to publish and plan their annual summer reading program which includes the governing of the selection of a community spotlight organization. Library director Rachel Davis said that removing the specific dates on the policy will give the library staff “more time to publicize earlier, get applicants earlier, and move forward with plans earlier” in regards to the community spotlight selection. The council voted to approve the policy changes.

Paper Reduction Amendments to Chapter 16 & 19- Schedule a Public Hearing for October 19, 2026

At the August 10, 2026, town council meeting, councilors voted to refer amendments to the ordinance committee that were recommended by the planning board. These amendments aim to reduce paper submissions made by the public to the planning board. A public hearing is scheduled during the regular town council meeting on October 19, 2026.

Historical Society Request for use of Town Copyright Material

The town of Cape Elizabeth is the copyright owner for an activity book called Fort Williams Centennial Celebration Historical Coloring Book. The Cape Elizabeth Historical Preservation Society is requesting permission to print additional copies to hand out to children’s groups visiting Fort Williams. The council voted to approve the request.

Appointment of Registration Appeals Board Chair

The state requires municipalities with a population of 5,000 or more to have a Registration Appeals Board to hear appeals of persons aggrieved by a decision of the registrar to remove a name or refuse to place a name on the voting list. Town Clerk Melissa Newsome nominated Anne Swift-Kayatta to continue to serve as Registration Appeals Board Chair until October 5, 2030 and until a successor is sworn. The nomination was approved unanimously by the council.

Council Communication (email) Guideline

The Communications Working Group drafted guidelines for council emails and communications with residents “with the intention to guide town councilors with respect to their rights and responsibilities in responding to resident emails.” The group consists of Councilors Andersona and Jordan and Chair Scifres.

Councilor Sahrbeck said he thinks the provision that states “a councilor will ‘Cc’ the Chair” in email responses to residents should be eliminated from the guide. Sahrbeck said that should be up to the councilor’s discretion. He added that the councilors are all “adults” and is considering sensitive issues that may come up where it may not be appropriate to include the Chair in the communication.

Chair Scifres said that the working group talked at length on this provision, and suggested changing the phrasing from “will” to “may” include the Chair in email communications with residents. Councilor Jordan added that “we’re all adults here to serve citizens in town and to make choices based on the fact that we were elected as individuals” also adding that this provision “most debated” in the working group committee.

Counselor Anderson added that “by

doing that you might as well eliminate the whole provision,” adding “because certainly any time we respond to an email we may ‘Cc’ other councilors just the Chair or whoever we want so then what’s the purpose” of the provision?

Councilors Harriman and Swayze, along with Sahrbeck, Jordan, and Chair Scifres, showed their support for amending the language to “may” include the Chair in email correspondence. Swayze added “this does clearly say it’s a guide, not rules, not requirements” and that councilors should “use your best judgment.”

Anderson said her perspective comes from that of the Chair, not as a councilor, and that it would be helpful for the Chair to know when other town councilors have responded so they would not be “blindsided, surprised, or unable to intelligently respond to citizen comments coming in.” She added that she’s “not gonna go along with” the language changing from “will” to “may” and asked again “what’s the point of having it in” the provision if it’s changed.

Harriman added that “that’s why it’s a guide, not a rule. You don’t have to do any of it. We’re not making rules.” Chair Scifres called the vote in order to move on. The council voted to approve the communication guidelines as drafted with Councilor Anderson in opposition.



RECYCLING CENTER KEY FALL DATES

Document Shredding Services: The Town’s annual document shredding services day is **Saturday, October 24th**. The contracted service will take place from **9:00 am to 1:00 pm**, just outside the entrance to the Recycling Center.

Clothing Swap: The Town of Cape Elizabeth Recycling Committee and the Thomas Memorial Library will be hosting another Clothing Swap on **Saturday, October 31st from 12 PM to 3 PM** at the library. Donate clean, gently-used apparel for kids and adults from **October 19-28**.

Fall Extended Hours: The Recycling Center will be open on the following Sundays for the disposal of leaf/yard waste, wood waste, and brush only. Fees will be assessed for all items on Sunday, November 22nd. As a reminder, no household refuse and/or recyclables will be accepted on the Sundays listed below:

Sunday, November 8th 10:00 AM to 4:00 PM

Sunday, November 15th 10:00 AM to 4:00 PM

Sunday, November 22nd 10:00 AM to 4:00 PM

Waiver of Fees: Disposal Fees at the Recycling Center will be waived for residents transporting their own material and/or items from **Saturday, October 24th through Saturday, November 7th**.

Commercial haulers will still be assessed fees in accordance with current regulations.

Household Hazardous Waste Day: The town of Cape Elizabeth will be hosting its annual Household Hazardous Waste Day on **Saturday November 7th**. The event will take place from 9:00 AM to 1:00 PM at the Public Works facility at 10 Cooper Drive. Please visit the Town’s Household Hazardous Waste Day website for more details.



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Maine elections remain safe and secure

By Sen. Anne Carney

Fall is flying by, and Election Day is quickly approaching. I always find a certain excitement in the ritual of our democratic process, casting my ballot to contribute my voice to the greater conversation on change in our community, state and nation.

Of course, voting is, and always has been, fraught. It is both a heavy and hopeful task to reckon with our values, confront the ways in which our current world falls short of realizing them and envision a path towards positive change. The big questions at the ballot box have never been simple but, year after year, answering them to the best of our ability remains our right as Americans and, arguably, our responsibility.

The past year has shown that the right to vote cannot be taken for granted. That right was born from the tireless fight of suffrage and civil rights advocates and, to preserve it, we must continue that fight in the face of the federal government’s systematic efforts to disenfranchise entire communities by sowing fear and raising barriers at the ballot box.

This year, Maine has taken on the fight to protect safe, free and secure elections, and we’ve seen overwhelming success. We protected Mainers’ privacy by refusing to turn over voter rolls with sensitive personal information to the federal government, and the courts stood by us. We blocked the Trump Administration’s efforts to restrict voting by mail, preserving secure ballot access for the hundreds of thousands of Mainers who choose to vote absentee. Our state laws and election officials are poised and ready to prevent unlawful voter intimidation, including the deployment of federal agents at polling places. None of

the threats to elections proposed in President Trump’s Executive Orders will be implemented for this November’s elections.

In Maine, voting will proceed just as it has in prior years, with fine-tuned procedures in place to ensure ballots are securely cast and accurately counted. If you vote absentee, your Town Clerk must receive your completed ballot by 8 p.m. on Election Day, Tuesday, Nov. 3. Mail completed absentee ballots to your Clerk’s Office no later than Oct. 27 to allow enough time for delivery. You can also return your completed absentee ballot in person at the Town Hall’s absentee ballot drop box.

Cape Elizabeth voters can vote early in person at the Town Hall Council Chambers through October 29, open Monday from 7:30 a.m. to 4:30 p.m., and Tuesday through Thursday, from 7:30 a.m. to 4 p.m. Otherwise, head to Cape Elizabeth High School between 7 a.m. and 8 p.m. on Nov. 3 to register to vote and cast your ballot. Please reach out to the Clerk’s Office at (207) 799-7141 with any questions about elections and voting in Cape Elizabeth. Voters in other municipalities can contact their Town Clerk’s office for more information about in-person absentee voting.

Our democracy rests on fair, secure and accessible elections, and that principle must transcend political division. I am proud to see Maine fight to ensure that our rights and democracy hold strong this election season, and I hope you will cast your vote in turn to make your voice heard in the worthwhile debate, both heavy and hopeful, on our shared future.

As always, you can contact me at Anne.Carney@legislature.maine.gov or (207) 287-1515 for help navigating state services or to share questions, comments and concerns.

The “KID” Courier



Contributed photo

In September, Daisy Troop 1894 held a troop meeting at Fort Williams to earn their Good Neighbor Badge. The girls learned what it means to be part of a community and discussed ways they can make a positive impact on the communities they belong to. As part of the meeting, the troop talked about The Cape Courier and how it helps keep residents in Cape Elizabeth informed and connected. Troop members also drew pictures of some of their favorite places in Cape Elizabeth (pictured above).

Judy’s Food Pantry

Judy’s Pantry is open for clients to shop for produce, protein and nonperishables at the Cape Elizabeth Methodist Church (280 Ocean House Road) on the 2nd and 4th Tuesdays of every month from 3:00 to 5:00 p.m.

Registration is available on-site for new clients. For more information, please contact: cejudyspantry@gmail.com

Please consider a non-perishable donation to the IGA drop box.

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KAREN LECHNER



JULIE PELLETIER

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- Support for great teachers
- Thoughtful use of technology that supports learning

Karen & Julie Will

- Be present and accessible to families
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Endorsed by Cindy and John Voltz, Jennifer McVeigh, Kathleen Curry-Sparks, Brandon Sweet, Eliza Matheson, Scott Mazuzan, Kevin and Kristina Justh, Rob Krauser, Nicole Boucher, and Phil Saucier.

Pink flamingos take flight in town

Nature scene around town

By Jess Proctor



Contributed photo

Poppy, Banks and Hadley Holden were recently some of the unsuspecting recipients of a flock of flamingos.

This fall, neighbors across Cape Elizabeth woke up to a surprise: a front yard full of pink flamingos. It was the inaugural “Flocking” fundraiser for Cape Elizabeth Field Hockey, and the community embraced it with more enthusiasm than we ever could have predicted.

The idea was simple. For a \$20 donation, anyone could “flock” a friend, sending a flamboyant flock and a cheerful yard sign to land overnight on a lawn of their choosing. After 24 hours, the flamingos migrated to the next family, moved along by our players and their carpool crews. Sign-ups kept coming, so the flamingos kept flying.

The response was wonderful. Longtime friends and neighbors we had never met flocked teammates, coaches and a few unsuspecting parents. We heard from households who were delighted, amused and generous.

Behind the fun was a serious purpose. Every dollar raised supported our players and

program throughout the season, helping keep participation strong and the Cape Elizabeth field hockey tradition vital.

We are especially grateful to Kirsten Goethert, who brought the idea to life and wrangled the flock; to Coaches JoElle Stoecklein, Kelly Hoffman, and Tom Marlow, and our players, who delivered flamingos with great cheer; to Ryan Jackson and MPX for helping with our yard signs; and to everyone who flocked a friend. We are so grateful for your support, and we are already dreaming up next year’s migration.

And, if you haven’t heard, the team is off to their strongest season in recent years with a 7-2 record, outscoring opponents 40-8 as of the start of October. Don’t miss an opportunity to see this talented group in late season action. Playoffs begin at press time. The full game schedule can be found on <https://www.arbiterlive.com/>. Go Capers!



Photo by Martha Agan

Over the summer, Martha Agan snapped this photo of a Monarch Butterfly on a Mexican Sunflower.



Photo by Martha Agan

A Greater Yellowlegs bathing in the Rachel Carson National Wildlife Refuge.

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- ✓ **Social Security Fairness Act.** Susan authored the law that provides full Social Security benefits to more than 25,000 retired Maine teachers, law enforcement, and firefighters.
- ✓ **Protecting Medicaid and Investing in Rural Health Care.** Susan secured more than \$190 million this year alone to maintain & improve access to quality healthcare and she was named a “Medicaid Champion.”
- ✓ **Paycheck Protection Program.** During the pandemic, Susan wrote the law that saved more than 250,000 Maine jobs and small businesses.

Susan Collins’ experience and leadership are making a difference for Maine.



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Cape Elizabeth farm news

Cape Elizabeth is a farming community. Our proud farming heritage dates back roughly 400 years. Farming has helped preserve Cape Elizabeth’s unique rural character and provide our town with a rich bounty of produce, lobster and livestock at our doorsteps. The Cape Elizabeth Farm Alliance provides a directory of our farms at capefarmalliance.org.

Farm spotlight: Down Home Farm

By Curt Kelly



Photo by Curt Kelly

Down Home Farm, located at 2 Harvest Lane was started by Nick Tammaro in 2009.

Down Home Farm is a relatively new farm, but its story is closely tied to the much older farming tradition of Cape Elizabeth and the Maxwell family farm. Down Home Farm was started by Nick Tammaro in 2009 when he purchased 3 acres of land, adjoining the Maxwell Farm from Nate Maxwell. A great friendship quickly developed between Nick and Nate Maxwell that

has only become stronger over the years. Based only on a hand-shake agreement 17 years ago, Nick began raising livestock and Nate handled the hay operation on the surrounding land. Today, the annual hay harvest will feed the cows all year. I recently met with Nick at his farm where he explained to me that an “animal” farm is different than a “crop” farm.

While both require hours of hard work, raising livestock has a steady, rigorous routine, that must be followed every day of the year. Animals need to be cared for, watered and fed, stalls cleaned and more, every morning and evening. It is this life-style that helps make the Tammaro family so close. He proudly explained how involved and helpful his wife Sarah and their 3 children have been and how much he appreciates their hard work and dedication. “The family knows we all have chores to do in the morning and evening, every day. These chores may take an hour or sometimes last late into the evening depending on the circumstances.” The birth of a calf requires “all hands on deck” and can last for hours. Nick spoke fondly of the special

friendship that has grown over the years between his family and Nate and Kathy Maxwell. “It all started with a handshake 17 years ago.” Down Home Farm is about friends and family. It is a special place. For the livestock, it is a happy place. They are well-cared for and fed. The family has pet names for just about all of them and they receive a lot of personal attention. The farm stand at Down Home Farm is open to the public and has a great farm-to-neighbor character. It features an excellent selection of their beef and pork. I picked up some bacon, sausage and amazing ribeye. The taste far-surpasses anything I have found at our local grocers. I highly recommend a visit to Down Home Farm, 2 Harvest Lane in Cape Elizabeth.

October farm news

October is a very busy month for farmers in Cape Elizabeth. They are hustling to get the last tender crops harvested before our first freeze. Tomatoes, peppers, beans, squash and other frost-sensitive crops must be harvested to avoid frost damage. They also must prepare their fields for winter. This includes clearing spent crop, testing the soil and fertilizing, turning the soil and covering perennials to protect them from the winter elements. Some farmers are planting in October,

particularly garlic and certain other cold hardy crops specifically to overwinter and produce early spring crops. So, October is harvesting time but it also the beginning of a whole new cycle. Now is the time to hit the farmstands. Get the last of the fresh corn, and this is the season for amazing apple cider. None fresher than right here in our town. Visit our local farms and take it all in. There is something special about being on a farm during the harvest.

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Dana Kirby

This ad was crowdfunded by the above names, organized by Rob Krauser, 30 Rocky Hill Rd.



Cape Elizabeth farm news

Forgotten ponds

By Kevin Jordan

A stubborn drought began in Maine in July of 1947 and endured through 1950. It led to the Great Fires of 1947 that burned over 200,000 acres across southern and coastal regions of the state, and it created serious challenges for local farmers. Prior to this event, farms in Cape Elizabeth relied primarily upon natural rain for irrigation. Some use was made of other irrigation methods, but those methods usually depended upon the public water utility which was an expensive irrigation resource.

According to Lester Jordan who was born in the 1930s and grew up living and working on his family’s Two Lights Road farm, the drought of 1947 prompted some local farmers to begin considering other solutions for watering their crops. For example, farmers with land bordering Great Pond and Alewife Brook banded together and built a dam at the head of the brook. Another dam was constructed near the mouth of the brook close to Alewife Cove. The designs for these dams included culverts with gates enabling the water levels of Great Pond and Alewife Brook to be controlled, greatly improving their reliability as sources of irrigation water across the whole growing season.

Evidently beavers residing in the brook had a different plan for the upstream dam, however. Lester remembers that almost as soon as construction of the dam at the head of the brook completed,

beavers carefully selected a dry log with a diameter very slightly less than that of the culvert, they managed to slip it into the culvert, and they held it there long enough to allow for the water to swell it into a tightly jammed plug, rendering the gate useless. Considerable time and effort then needed to be invested by the farmers to clear the beaver-created problem and make the gate functional again.

Farmers elsewhere in town pursued a different solution. They dug irrigation ponds at strategic locations on their farmland, and these tended to be filled by natural springs from the water table. You might have encountered some of these while walking Cape Elizabeth Land Trust or Green Belt trails, or you might have noticed some alongside public roads.

You might have assumed these were natural features of the landscape because many of them are now surrounded by forest. Most, however, were dug originally in open fields. Something else Lester remembers is that, through the 1950s, students attending elementary school at the current Town Hall building had an unobstructed view of Portland Head Light, and students attending high school at the current “1930s Building” had an unobstructed view of Richmond Island and Two Lights. What is now forested was then open farmland, and some of that farmland was dotted with freshly dug irrigation ponds.

For example, if you walk the Green Belt trail from the Apple Tree School on Two Lights Road toward the Broad

Cove neighborhood, you’ll pass at least two of these ponds. Another one can be found alongside Jordan Farm Road. Another small one can be found beside the CELT Great Pond trail just before it joins the Green Belt trail near the Kettle Cove Creamery. A small number of the original ponds are still in the open, and some of those even continue to be used for irrigation, but most of the irrigation ponds created after the 1947 drought have faded into the forest.

The next time you’re walking a CELT or Green Belt trail, and you encounter a small pond in the woods along the way, consider its origin. It might look scenic and natural, but there’s a good chance it’s not. It might have been created by local farmers about eighty years ago to hedge against another stubborn drought.



Cape Elizabeth farm calendar

- October 1-30: Pumpkin Patch by The Sea at Alewife’s Brook Farm4:30-5:30 p.m.
- November 22: Christmas Tree cutting begins at The Old Farm Christmas Place, 1148 Sawyer Road
- October 27: Cape Farm Alliance Meeting, Thomas Memorial Library,

Produce at the farm stands - October

- APPLES!
Apple Cider
Arugula
Beans
Beets
Broccoli
Brussel sprouts
Cabbage
Carrots
Cauliflower
Cilantro
Corn
- Gourds
Herbs
Lettuce
Potatoes
Snap Peas, just harvested but limited
Spinach
Squash
Sweet Potatoes
Tomatoes
Turnip Rutabaga
Zucchini
PUMPKINS!

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Rob Krauser & Natalie Hoch

This ad crowdfunded by the above names, organized by Rob Krauser, 30 Rocky Hill Rd

CAPE CALENDAR

By Wendy Derzawiec

Instructions for joining videoconference meetings listed below will be posted on the town website, www.capeelizabeth.gov.

Monday, October 26

Ad Hoc 1934 Building Committee, Jordan Conference Room, Town Hall, 6 p.m.

Tuesday, October 27

School Board Retreat, Town Hall, 5 p.m.

Zoning Board of Appeals, Council Chamber, Town Hall, 7 p.m.

Thursday, October 29

Riverside Cemetery Committee, Town Hall, 10 a.m.

Monday, November 2

Town Council Workshop, Council Chamber, Town Hall, 6 p.m.

Town Council Meeting, Council Chamber, Town Hall, 7 p.m.

Tuesday, November 3

Planning Board Workshop, Jordan Conference Room, Town Hall, 7 p.m.

Wednesday, November 4

SB School Building Cmte, Town Center Fire Station Community Room 2, 5 p.m.

Recycling Committee, Public Works Building, 6 p.m.

Monday, November 9

Accessibility & Inclusion Committee, Thomas Memorial Library, 5 p.m.

Tuesday, November 10

School Board Regular Business, Coun-

cil Chamber, Town Hall, 6:30 p.m.
Conservation Committee, Council Chamber, Town Hall, 7 p.m.

Ongoing each week

Al-Anon, 7 p.m. Fridays, First Congregational Church, 301 Cottage Road, South Portland. Parking in rear.

Alcoholics Anonymous, 2 p.m. Saturdays, First Congregational Church, 301 Cottage Road, South Portland; 7 p.m. Wednesdays, St. Bartholomew Church; 7 p.m. Fridays, St. Alban's Church.

Cape Elizabeth Historical Preservation Society, 9 a.m.-noon Thursdays (archives and museum), Fort Williams, in the brick building closest to Shore Road (ring the doorbell).

Cape Elizabeth Lions Club, 6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road

Cape Elizabeth Republican Town Committee, 6-8:30 p.m. second Tuesday of the month, Spurwink Rod & Gun Club, 1250 Sawyer Road. Contact: ccrcme.com for Cape information.

South Portland/Cape Elizabeth Rotary Club, 6:15 p.m. Wednesdays at 107 Preble Hall, Southern Maine Community College, 2 Fort Road, South Portland. sp-ce-rotary.org.

CABLE GUIDE

CETV CHANNEL 1302

Please see cetv.capeelizabeth.org for latest program guide and video on demand.

Cape Elizabeth Historical Preservation Society

Sept. 17 - 6:30 pm

Town Council Workshop & Meeting

Sept. 21 - 7 pm

Zoning Board of Appeals

Sept. 22 - 7 pm

SERVICES

Cape Elizabeth Church
of the Nazarene

499 Ocean House Road (Route 77)

747-1113

www.capenazarene.org

Sunday School for all ages: 9:30 a.m.

Sunday Worship Celebration: 10:45 a.m.

Services streamed live or on demand:

watch.capenazarene.org

Cape Elizabeth
United Methodist Church

280 Ocean House Road

799-8396

www.ceumc.org

Sanctuary Service: 10:00 a.m.

In-person Sunday services 10:00 a.m. For

Zoom services, call 799-8396

The Church of Jesus Christ
of Latter-day Saints

29 Ocean House Road

799-4321

Sacrament Meeting:

Sunday, 10 - 11:00 a.m.

Sunday School/Primary: 11:10 a.m.-12 p.m.

The Church of the Second Chance

Greater Portland Christian School

1338 Broadway, South Portland

641-3253

Sunday: 10:30 a.m.-12:15 p.m.

Rise Church

1047 Congress Street, Portland

874-9779

<https://www.riseportland.church>

Sunday Worship: 10:00 a.m.

Sunday Adult Bible Study: 9:00 a.m.

Sunday School for children: 10:00 a.m.

Services streamed live on Facebook

Congregation Bet Ha'am

81 Westbrook St., South Portland

879-0028

www.bethaam.org

Worship: Friday, 7:30 p.m.

Saturday, 10:30 a.m.

Family Shabbat Services:

Second Friday, 6:00 p.m.

Hope Community Church

879 Sawyer Street South Portland

799-4565

www.hopesopo.com

www.facebook.com/hopesopo

Sunday Morning Worship at 10 a.m.

Kid's Church for ages 4 through grade 5
Service videos available on our website

Promised Land World Reach Center

536 Cottage Road, South Portland

799-3152

Sunday Prayer & Intercession: 9:30 a.m.

Sunday Worship: 10 a.m.

Family Bible Studies: Wednesday, 7 p.m.

Sermon recordings available to download

Redeemer Lutheran Church - LCMS

410 Main Street, Gorham

839-7100

www.RedeemerMaine.org

Sunday Bible Class for all ages: 9:00 a.m.

Sunday Worship Service: 10:15 a.m.

Services are in person and streamed on Facebook and YouTube

Saint Alban's Episcopal Church

885 Shore Road

799-4014

www.stalbansmaine.org

Sunday Services:

Rite 1 with Holy Eucharist 8:00 a.m.

Rite 2 with Holy Eucharist 9:30 a.m.

Live Streaming on YouTube (stalbanschannel)

Children's Programs 9:30 a.m.

Celtic Eventide 5:30 p.m.

Room for all

St Bartholomew Catholic Church
of Saint John Paul II Parish

8 Two Lights Road, 207-883-0334

Website: www.JP2me.org

Sunday Mass: 9 a.m.

Daily Mass: Mon. and Wed. 8 a.m.

Sacrament of Confession: Mon. 8:30-9 a.m.

Additional Mass times in Scarborough
& South Portland listed on website

First Congregational Church
United Church of Christ

301 Cottage Road, South Portland

799-3361

www.fccucc.org

Sunday Worship: 10:00 a.m. in person and
streamed on Facebook & YouTube

First Congregational Church
of Scarborough

167 Black Point Road, Scarborough

883-2342

www.fccscarborough.com

Sunday Morning Worship: 9:30 a.m.

Sunday School & Nursery Care



Contact Us (207) 831-8535

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MUSIC LESSONS

Flute lessons: For beginners and intermediates of all ages. Call Kris: 767-3712.

Piano, Voice, Guitar, Ukulele lessons for all ages. Beginner through intermediate. Carey Rasco: 232-7015

Piano Lessons. All ages, all levels. Call Ora: 207-899-3014

Drum Lessons: Any age/level. Flow technique, reading not required. Frank, 603.285.3032.

BUSINESSES/SERVICES

EXTREMELY CLEAN - Deep Cleaning Services. The Way Cleaning Should Be! References/Insured 25+years of experiences
Luz Carpenter - 207-329-3757

Paint Services offered. Indoor or outside. \$45 an hour. Happy to help. David Shields. Email: ds8031@yahoo.com

Test Prep & Math Tutoring, online. Cape native. Recent students: +210 SAT, 26 to 34 ACT, AP Calc 5. Zale Rasco: 773-802-2681, rascotutoring.com

Library

Continued from page 12

Venture Club is a teen-led board/card game and D&D club for teens 13 and up, with an emphasis on board games. We'll try to play new games every week. No prior gaming experience is needed. Snacks will be provided!

CardBoard Club: First and Third Fridays from September - June from 2:45 - 4:00 p.m.

Welcome to CardBoard Club, a club dedicated to card and board games. On the first and third Fridays of each month, we'll gather to play games of all kinds. Stop in to play with your friends, learn new games, and take part in special RPG (role-playing game) workshops, like D&D. Beginners welcome. Snacks provided. For ages 10-13. No registration necessary.

Youth Services Special Programs

1-2-3 Grow with Me!: Every Friday in October from 10:30 - 11:30 a.m.

REGISTER at <https://www.thomasmemoriallibrary.org/events/> to hold your spot!

Children 0-5 years & caregivers are welcome to participate in a series of special play dates in the Library Community Room. You will have the opportunity to interact informally with community resource professionals on a range of important topics for child development. Come to play and leave with tips and resources. Capacity: 13 children & their caregivers.

- OCT 23 - Literacy - Pam Leo (Family Literacy Activist and Author @ The Book Fairy Pantry Project)
- OCT 30 - Music & Movement - Jud Caswell (Award-winning songwriter and multi-instrumentalist)

Family Yoga at the Library: First Saturday of the month October - December from 10:30 - 11:30 a.m.

Join us in Family Yoga at the library with Heidi Whelan of Balance and Bloom Mindfulness. Heidi will lead families through a fun interactive program that includes breath work, yoga poses, partner poses, discussion time, and an art project related to that month's lesson. We will have mats available to use. No

experience necessary. Come as you are. Register for 1, 2 or all 3. For caregivers + their children ages 7 - 12. Registration Required.

Intro to Jamming: Third Tuesday from September - December from 3:30 - 4:15 p.m.

What does it feel like to be in a real band? Come find out! We'll explore ukuleles, percussion, electronic instruments, beat-making tools, and other fun ways to create music as a group. No experience needed. Classes led by Carly S. Cheriff, board-certified music therapist of EcoTones Music Therapy. For ages 8 - 11. Registration required.

Blunt Youth Radio Pop-Up: First Monday of the Month from 2:30 - 4:00 p.m.

Come by the teen space to have your voice heard. WMPG's Blunt Youth Radio will be set up in the teen area upstairs to interview youth and share the power of stories. Swing by to chat with them on the show and learn more about the impact you could have in media and journalism. Hosted by local teens of Blunt Youth Radio. No registration necessary.

Special Storytime: Animal Tales with Lani Peterson: October 22 from 10:30 - 11:15 a.m.

Storyteller, Lani Peterson, will engage little ones in interactive animal folktales and simple songs. Bring your young ones to come sit, listen, sing, perhaps even dance, as Lani spins traditional tales through this age old oral tradition. For ages 3 - 6 though

younger and older ones invited. Please note, capacity for this program is 30 people. No prior registration required.

Interactive Art: Pop-Ups Saturday, October 24 from 1:00 - 3:30 p.m.

Amp up your art with Andi Saturn as you learn the basics of pop-up paper mechanics. This class will take you step-by-step through three simple ways to create popups, with plenty of time to experiment and troubleshoot your own designs. Andi Saturn (they/them) is an artist, teacher and performer in Portland. As a self taught artist, they know how intimidating it can be to pick up new mediums and they're passionate about bringing fun back into the learning process. No previous art experience required.



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